

## BIEG 5.6KM

Organizator: Gmina Nieporęt  
Data: 2025-11-11  
Miejsce: Nieporęt  
Dystans: 5.6 km  
Klasyfikacja wg czasów brutto.



### BIEG 5.6KM, OPEN

| M-ce | Nazwisko i imię        | Nr  | Klub | M-scowość            | Kraj | Kat.   | M. kat | K/M  | Netto       | Brutto      | min/km | km/h |
|------|------------------------|-----|------|----------------------|------|--------|--------|------|-------------|-------------|--------|------|
| 1    | TOMCZAK MARCIN         | 427 |      |                      |      | OPEN M | 1      | M 1  | 00:23:23.00 | 00:23:25.00 | 4:10   | 14.4 |
| 2    | DEPUT PIOTR            | 187 |      | JÓZEFÓW              | POL  | OPEN M | 2      | M 2  | 00:23:51.65 | 00:24:03.00 | 4:15   | 14.1 |
| 3    | JANKOWSKI PAWEŁ        | 367 |      |                      |      | OPEN M | 3      | M 3  | 00:24:14.10 | 00:24:16.45 | 60:35  | 1    |
| 4    | JUTKIEWICZ MARCIN      | 210 |      | WARSZAWA             | POL  | OPEN M | 4      | M 4  | 00:24:41.15 | 00:24:44.85 | 4:24   | 13.6 |
| 5    | SZYMAŃSKI CEZARY       | 174 |      | NIEPORĘT             | POL  | OPEN M | 5      | M 5  | 00:25:24.35 | 00:25:26.25 | 4:32   | 13.2 |
| 6    | SKIBOWSKI JAKUB        | 149 |      | RADZYMIN             | POL  | OPEN M | 6      | M 6  | 00:25:35.20 | 00:25:38.90 | 4:34   | 13.1 |
| 7    | SZCZEPANKOWSKI PIOTR   | 143 |      | RADZYMIN             | POL  | OPEN M | 7      | M 7  | 00:25:52.35 | 00:25:55.70 | 4:37   | 13   |
| 8    | WAWER DANIEL           | 159 |      | WARSZAWA             | POL  | OPEN M | 8      | M 8  | 00:26:17.00 | 00:26:25.75 | 4:41   | 12.8 |
| 9    | DETTLAFF ALEKSANDER    | 130 |      | NOWA IWICZNA         | POL  | OPEN M | 9      | M 9  | 00:26:21.00 | 00:26:28.00 | 4:42   | 12.8 |
| 10   | ŁOBEJKO WIESŁAW        | 175 |      | STANISŁAWÓW DRUGI    | POL  | OPEN M | 10     | M 10 | 00:26:29.85 | 00:26:33.20 | 4:43   | 12.7 |
| 11   | PACZKOWSKI PIOTR       | 206 |      | LEGIONOWO            | POL  | OPEN M | 11     | M 11 | 00:26:33.70 | 00:26:37.75 | 4:44   | 12.7 |
| 12   | WARDAKOWSKA ANNA       | 200 |      | RADZYMIN             | POL  | OPEN K | 1      | K 1  | 00:26:36.30 | 00:26:40.60 | 4:45   | 12.6 |
| 13   | GRABOWSKI ARTUR        | 428 |      |                      |      | OPEN M | 12     | M 12 | 00:26:55.05 | 00:26:59.05 | 4:48   | 12.5 |
| 14   | BEDNARSKA MARTA        | 178 |      | WÓŁKA RADZYMIŃSKA    | POL  | OPEN K | 2      | K 2  | 00:27:32.00 | 00:27:34.95 | 4:55   | 12.2 |
| 15   | BOREK ŁUKASZ           | 185 |      | STANISŁAWÓW DRUGI    | POL  | OPEN M | 13     | M 13 | 00:27:41.85 | 00:27:54.30 | 4:56   | 12.1 |
| 16   | LESIAK KATARZYNA       | 203 |      | RADZYMIN             | POL  | OPEN K | 3      | K 3  | 00:27:55.95 | 00:28:01.35 | 4:59   | 12   |
| 17   | NOWAK ANNA             | 36  |      | RADZYMIN             | POL  | OPEN K | 4      | K 4  | 00:27:56.85 | 00:28:01.70 | 2:47   | 21.5 |
| 18   | AUGUSTYNIAK MARIUSZ    | 192 |      | MARKI                | POL  | OPEN M | 14     | M 14 | 00:27:57.70 | 00:28:06.05 | 4:59   | 12   |
| 19   | WODZYŃSKI ANDRZEJ      | 186 |      | KĄTY WĘGIERSKIE      | POL  | OPEN M | 15     | M 15 | 00:28:17.90 | 00:28:22.80 | 5:03   | 11.9 |
| 20   | JASIŃSKI MATEUSZ       | 136 |      | NIEPORĘT             | POL  | OPEN M | 16     | M 16 | 00:28:20.45 | 00:28:27.05 | 5:03   | 11.9 |
| 21   | WRZOSEK SEBASTIAN      | 255 |      | STANISŁAWÓW PIERWSZY | POL  | OPEN M | 17     | M 17 | 00:28:27.50 | 00:28:33.50 | 5:04   | 11.8 |
| 22   | GMITRZUK PAWEŁ         | 231 |      | LEGIONOWO            | POL  | OPEN M | 18     | M 18 | 00:28:35.35 | 00:28:40.15 | 5:06   | 11.8 |
| 23   | KRASUSKA MAJA          | 211 |      | JÓZEFÓW              | POL  | OPEN K | 5      | K 5  | 00:29:01.30 | 00:29:04.30 | 5:10   | 11.6 |
| 24   | CHOŁUJ AGATA           | 181 |      | MARKI                | POL  | OPEN K | 6      | K 6  | 00:29:04.50 | 00:29:13.25 | 5:11   | 11.6 |
| 25   | KARAŚ-GMITRZUK MARZENA | 167 |      | LEGIONOWO            | POL  | OPEN K | 7      | K 7  | 00:29:16.85 | 00:29:21.15 | 5:13   | 11.5 |
| 26   | DULĘBA MARCIN          | 218 |      | NIEPORĘT             | POL  | OPEN M | 19     | M 19 | 00:29:15.90 | 00:29:22.35 | 5:13   | 11.5 |
| 27   | MADEJ WOJCIECH         | 151 |      | ALEKSANDRÓW          | POL  | OPEN M | 20     | M 20 | 00:29:21.25 | 00:29:25.10 | 5:14   | 11.4 |
| 28   | WILK MALWINA           | 152 |      | NIEPORĘT             | POL  | OPEN K | 8      | K 8  | 00:29:23.60 | 00:29:30.95 | 5:14   | 11.4 |
| 29   | WILK RAFAŁ             | 153 |      | NIEPORĘT             | POL  | OPEN M | 21     | M 21 | 00:29:23.15 | 00:29:31.00 | 5:14   | 11.4 |
| 30   | SZYMAŃSKA DOROTA       | 225 |      | WARSZAWA             | POL  | OPEN K | 9      | K 9  | 00:30:04.50 | 00:30:12.85 | 5:22   | 11.2 |
| 31   | PIETRUCHA BARTOSZ      | 169 |      | NIEPORĘT             | POL  | OPEN M | 22     | M 22 | 00:30:24.90 | 00:30:26.70 | 5:25   | 11.1 |
| 32   | NOWICKA URSZULA        | 157 |      | WARSZAWA             | POL  | OPEN K | 10     | K 10 | 00:30:28.05 | 00:30:33.45 | 5:26   | 11   |
| 33   | KRASUSKA AGATA         | 194 |      | JÓZEFÓW              | POL  | OPEN K | 11     | K 11 | 00:30:33.30 | 00:30:37.00 | 5:27   | 11   |
| 34   | SWORST JAKUB           | 148 |      | STANISŁAWÓW PIERWSZY | POL  | OPEN M | 23     | M 23 | 00:30:39.55 | 00:30:43.70 | 5:28   | 11   |
| 35   | CACKOWSKA HALSZKA      | 329 |      | SIERAKÓW             |      | OPEN K | 12     | K 12 | 00:31:00.15 | 00:31:08.30 | 77:30  | 0.8  |
| 36   | CZYŻAK RADOSŁAW        | 196 |      | STANISŁAWÓW PIERWSZY | POL  | OPEN M | 24     | M 24 | 00:31:33.20 | 00:31:40.95 | 5:38   | 10.6 |
| 37   | KOWALCZYK ROBERT       | 380 |      | JÓZEFÓW              |      | OPEN M | 25     | M 25 | 00:31:35.15 | 00:31:47.00 | 5:38   | 10.6 |
| 38   | MAJEWSKA HANNA         | 142 |      | WARSZAWA             | POL  | OPEN K | 13     | K 13 | 00:31:48.40 | 00:31:50.30 | 5:40   | 10.6 |
| 39   | PIETRUCHA PIOTR        | 134 |      | STANISŁAWÓW PIERWSZY | POL  | OPEN M | 26     | M 26 | 00:31:49.15 | 00:31:51.05 | 5:40   | 10.6 |
| 40   | JASTRZĘBSKI ADAM       | 227 |      | WARSZAWA             | POL  | OPEN M | 27     | M 27 | 00:31:46.45 | 00:31:55.05 | 5:40   | 10.6 |
| 41   | SIERADZKI PRZEMYSŁAW   | 229 |      | STANISŁAW PIERWSZY   | POL  | OPEN M | 28     | M 28 | 00:31:55.20 | 00:31:57.20 | 5:41   | 10.5 |
| 42   | KRASUSKI JACEK         | 215 |      | JÓZEFÓW              | POL  | OPEN M | 29     | M 29 | 00:32:03.25 | 00:32:13.10 | 5:43   | 10.5 |
| 43   | OLECHOWSKI KACPER      | 217 |      | STANISŁAWÓW PIERWSZY | POL  | OPEN M | 30     | M 30 | 00:32:05.60 | 00:32:16.25 | 5:43   | 10.5 |
| 44   | DZIK TOMASZ            | 158 |      | WARSZAWA             | POL  | OPEN M | 31     | M 31 | 00:32:18.35 | 00:32:24.05 | 5:46   | 10.4 |
| 45   | PIETRUCHA KRZYSZTOF    | 168 |      | NIEPORĘT             | POL  | OPEN M | 32     | M 32 | 00:32:39.30 | 00:32:42.00 | 5:49   | 10.3 |
| 46   | STRUPIECHOWSKI ADAM    | 154 |      | ŁĄKI                 | POL  | OPEN M | 33     | M 33 | 00:32:53.85 | 00:32:59.45 | 5:52   | 10.2 |

**BIEG 5.6KM, OPEN c.d.**

| M-ce | Nazwisko i imię        | Nr  | Klub | M-scowość            | Kraj | Kat.   | M. kat | K/M  | Netto       | Brutto      | min/km | km/h |
|------|------------------------|-----|------|----------------------|------|--------|--------|------|-------------|-------------|--------|------|
| 47   | FICOŃ MONIKA           | 193 |      | WARSZAWA             | POL  | OPEN K | 14     | K 14 | 00:32:48.70 | 00:32:59.75 | 5:51   | 10.2 |
| 48   | MICHNOWSKA ADRIANA     | 138 |      | WARSZAWA             | POL  | OPEN K | 15     | K 15 | 00:33:06.50 | 00:33:12.20 | 5:54   | 10.2 |
| 49   | MACIEJEWSKI JAN        | 309 |      | WARSZAWA             |      | OPEN M | 34     | M 34 | 00:33:09.40 | 00:33:16.95 | 82:52  | 0.7  |
| 50   | JAGŁO (REMISZ) ANNA    | 260 |      | WÓŁKA RADZYMIŃSKA    | POL  | OPEN K | 16     | K 16 | 00:33:20.70 | 00:33:24.25 | 5:57   | 10.1 |
| 51   | RĘBELSKI ANTONI        | 362 |      | IZABELIN             |      | OPEN M | 35     | M 35 | 00:33:18.60 | 00:33:26.55 | 83:15  | 0.7  |
| 52   | DULĘBA EWA             | 208 |      | NIEPORĘT             | POL  | OPEN K | 17     | K 17 | 00:33:32.60 | 00:33:39.25 | 5:59   | 10   |
| 53   | KANIA KAMILA           | 216 |      | STANISŁAWÓW PIERWSZY | POL  | OPEN K | 18     | K 18 | 00:33:29.35 | 00:33:39.70 | 5:58   | 10   |
| 54   | DULĘBA MONIKA          | 207 |      | NIEPORĘT             | POL  | OPEN K | 19     | K 19 | 00:33:35.15 | 00:33:41.35 | 5:59   | 10   |
| 55   | DULĘBA ŁUKASZ          | 209 |      | NIEPORĘT             | POL  | OPEN M | 36     | M 36 | 00:33:35.25 | 00:33:41.55 | 5:59   | 10   |
| 56   | OWCZARCZYK EDYTA       | 141 |      | STANISŁAWÓW PIERWSZY | POL  | OPEN K | 20     | K 20 | 00:33:43.35 | 00:33:55.00 | 6:01   | 10   |
| 57   | OWCZARCZYK PAWEŁ       | 144 |      | STANISŁAWÓW PIERWSZY | POL  | OPEN M | 37     | M 37 | 00:33:43.70 | 00:33:55.60 | 6:01   | 10   |
| 58   | NOWIK MARLENA          | 160 |      | STANISŁAWÓW PIERWSZY | POL  | OPEN K | 21     | K 21 | 00:34:43.10 | 00:34:45.80 | 6:11   | 9.7  |
| 59   | KOSEWSKI KRZYSZTOF     | 212 |      | ŁĄJSKI               | POL  | OPEN M | 38     | M 38 | 00:34:53.65 | 00:35:03.65 | 6:13   | 9.6  |
| 60   | SURDYK JOANNA          | 219 |      | NOWE ZAŁUBICE        | POL  | OPEN K | 22     | K 22 | 00:35:13.60 | 00:35:24.55 | 6:17   | 9.5  |
| 61   | OWCZARCZYK BOŻENA      | 150 |      | WARSZAWA             | POL  | OPEN K | 23     | K 23 | 00:35:18.35 | 00:35:30.25 | 6:18   | 9.5  |
| 62   | MAJEWSKI DANIEL        | 156 |      | WARSZAWA             | POL  | OPEN M | 39     | M 39 | 00:35:30.75 | 00:35:34.00 | 6:20   | 9.5  |
| 63   | KOSTRZEWA KLAUDIA      | 213 |      | NIEPORĘT             | POL  | OPEN K | 24     | K 24 | 00:35:32.35 | 00:35:38.20 | 6:20   | 9.5  |
| 64   | KOSTRZEWA MARIUSZ      | 214 |      | NIEPORĘT             | POL  | OPEN M | 40     | M 40 | 00:35:32.30 | 00:35:38.30 | 6:20   | 9.5  |
| 65   | MICHALAK PATRYCJA      | 228 |      | LEGIONOWO            | POL  | OPEN K | 25     | K 25 | 00:36:18.40 | 00:36:25.50 | 3:37   | 16.5 |
| 66   | CHMIEL KAROL           | 182 |      | NIEPORĘT             | POL  | OPEN M | 41     | M 41 | 00:36:19.80 | 00:36:25.85 | 6:29   | 9.3  |
| 67   | KUCHARSKA POLA         | 346 |      | WOLA ALEKSANDRA      |      | OPEN K | 26     | K 26 | 00:36:51.95 | 00:37:00.85 | 92:07  | 0.7  |
| 68   | JABŁOŃSKA IZABELA      | 135 |      | PRUSZKÓW             | POL  | OPEN K | 27     | K 27 | 00:36:59.70 | 00:37:09.70 | 6:36   | 9.1  |
| 69   | OLESIAK SYLWIA         | 180 |      | WARSZAWA             | POL  | OPEN K | 28     | K 28 | 00:37:02.15 | 00:37:10.30 | 6:36   | 9.1  |
| 70   | GAĞOLEWSKA JOANNA      | 137 |      | OLSZEWNICA STARA     | POL  | OPEN K | 29     | K 29 | 00:37:14.60 | 00:37:21.65 | 6:38   | 9    |
| 71   | DĘBOWSKI ADAM          | 147 |      | STANISŁAWÓW PIERWSZY | POL  | OPEN M | 42     | M 42 | 00:37:11.75 | 00:37:24.80 | 6:38   | 9    |
| 72   | MARASZEK IRENA         | 191 |      | NIEPORĘT             | POL  | OPEN K | 30     | K 30 | 00:37:44.50 | 00:37:50.85 | 6:44   | 8.9  |
| 73   | KUSIAKOWSKA ALEKSANDRA | 198 |      | WARSZAWA             | POL  | OPEN K | 31     | K 31 | 00:38:02.05 | 00:38:07.15 | 6:47   | 8.8  |
| 74   | MARKIEWICZ TOMASZ      | 197 |      | WARSZAWA             | POL  | OPEN M | 43     | M 43 | 00:38:03.35 | 00:38:08.50 | 6:47   | 8.8  |
| 75   | JASINSKI MAREK         | 165 |      | NIEPORĘT             | POL  | OPEN M | 44     | M 44 | 00:38:08.20 | 00:38:15.45 | 6:48   | 8.8  |
| 76   | JASIŃSKA LENA          | 161 |      | NIEPORĘT             | POL  | OPEN K | 32     | K 32 | 00:38:08.60 | 00:38:15.60 | 6:48   | 8.8  |
| 77   | NOWIŃSKA ANNA          | 220 |      | RADZYMIN             | POL  | OPEN K | 33     | K 33 | 00:38:13.55 | 00:38:18.75 | 6:49   | 8.8  |
| 78   | SKÓRKOWSKA NATALIA     | 176 |      | NIEPORĘT             | POL  | OPEN K | 34     | K 34 | 00:38:09.10 | 00:38:19.70 | 6:48   | 8.8  |
| 79   | MARASZEK WIKTORIA      | 188 |      | NIEPORĘT             | POL  | OPEN K | 35     | K 35 | 00:38:11.00 | 00:38:20.05 | 6:49   | 8.8  |
| 80   | WYSOKIŃSKA WERONIKA    | 170 |      | ALEKSANDRÓW          | POL  | OPEN K | 36     | K 36 | 00:38:12.40 | 00:38:22.10 | 6:49   | 8.8  |
| 81   | ŻUCHOWSKI ARTUR        | 222 |      | LEGIONOWO            | POL  | OPEN M | 45     | M 45 | 00:38:24.55 | 00:38:27.50 | 6:51   | 8.8  |
| 82   | WRONKA MARIANA         | 81  |      | WOŁOMIN              | POL  | OPEN K | 37     | K 37 | 00:38:21.45 | 00:38:27.75 | 6:50   | 8.8  |
| 83   | PIETRZAK KACPER        | 145 |      | WARSZAWA             | POL  | OPEN M | 46     | M 46 | 00:38:23.80 | 00:38:33.15 | 6:51   | 8.8  |
| 84   | PYRA DOROTA            | 155 |      | JÓZEFOW              | POL  | OPEN K | 38     | K 38 | 00:38:23.80 | 00:38:33.35 | 6:51   | 8.8  |
| 85   | OLESIAK ARKADIUSZ      | 179 |      | WARSZAWA             | POL  | OPEN M | 47     | M 47 | 00:39:28.55 | 00:39:36.75 | 7:02   | 8.5  |
| 86   | NOWAK EWA              | 184 |      | NIEPORĘT             | POL  | OPEN K | 39     | K 39 | 00:39:32.65 | 00:39:43.75 | 7:03   | 8.5  |
| 87   | NOWAK MARTA            | 242 |      | NIEPORĘT             |      | OPEN K | 40     | K 40 | 00:39:34.85 | 00:39:44.85 | 7:03   | 8.5  |
| 88   | NOWAK ANNA             | 183 |      | NIEPORĘT             | POL  | OPEN K | 41     | K 41 | 00:39:36.50 | 00:39:46.80 | 7:04   | 8.5  |
| 89   | MACHNACKI PAWEŁ        | 140 |      | LEGIONOWO            | POL  | OPEN M | 48     | M 48 | 00:40:12.45 | 00:40:20.30 | 7:10   | 8.4  |
| 90   | KLIMKIEWICZ HELENA     | 365 |      | RADZYMIN             |      | OPEN K | 42     | K 42 | 00:47:15.95 | 00:47:25.00 | 118:07 | 0.5  |