

II OTWARTE MISTRZOSTWA KOSZALINA W BIEGU NA 5 KM

 Organizator: TKKF Koszalin
 Data: 2017-09-21
 Miejsce: Koszalin
 Dystans: 5 km
 Klasyfikacja wg czasów brutto.

II OTWARTE MISTRZOSTWA KOSZALINA W BIEGU NA 5 KM, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	3km	3.4km	3.8km	4.2km	4.6km	Netto	Brutto	min/km	km/h
1	GAWRON PIOTR	912	ULKS TALEX BORZYTUCHOM	BOROWY MŁYN	POL	2 SERIA	1	M 1	00:10:07	00:11:31	00:12:56	00:14:18	00:15:39	00:16:55.85	00:16:55.85	3:23	17.7
2	WRÓBEL JAKUB	967	KL BAŁTYK	KOSZALIN	POL	2 SERIA	2	M 2	00:10:08	00:11:32	00:12:56	00:14:22	00:15:48	00:17:20.20	00:17:20.20	3:28	17.3
3	KASPROWICZ ADAM	966	KL BAŁTYK	KOSZALIN	POL	2 SERIA	3	M 3	00:10:07	00:11:31	00:12:56	00:14:22	00:15:48	00:17:20.60	00:17:20.60	3:28	17.3
4	KĘPKA ADRIAN	928	WIEKOWO	KOSZALIN	POL	2 SERIA	4	M 4	00:10:31	00:11:59	00:13:27	00:14:54	00:16:21	00:17:29.35	00:17:29.35	3:29	17.2
5	KOZAK ARKADIUSZ	984	TKKF KOSZALIN	BONIN	POL	2 SERIA	5	M 5	00:10:31	00:11:59	00:13:27	00:14:55	00:16:21	00:17:29.80	00:17:29.80	3:29	17.2
6	GARSKI KRYSPIŃ	911	ŚWIAT PŁYTEK U KRYSPIŃ	BYTÓW	POL	2 SERIA	6	M 6	00:11:24	00:12:55	00:14:25	00:15:55	00:17:27	00:18:51.40	00:18:51.40	3:46	15.9
7	JAŻWIŃSKI DAWID	925	TKKF KOSZALIN	KOSZALIN	POL	2 SERIA	7	M 7	00:11:24	00:12:58	00:14:41	00:16:19	00:17:53	00:19:11.30	00:19:11.30	3:50	15.6
8	ROKOSZ RADOŚLAW	948	JW 1223	KOSZALIN	POL	2 SERIA	8	M 8	00:11:35	00:13:10	00:14:47	00:16:22	00:17:58	00:19:17.35	00:19:17.35	3:51	15.6
9	KOŚCIELNIAK ROBERT	932	TKKF KOSZALIN	KOSZALIN	POL	2 SERIA	9	M 9	00:11:37	00:13:13	00:14:49	00:16:23	00:17:59	00:19:18.80	00:19:18.80	3:51	15.5
10	ZUKAL PIOTR	962	KOSZALIN	KOSZALIN	POL	2 SERIA	10	M 10	00:11:51	00:13:25	00:15:00	00:16:34	00:18:10	00:19:38.95	00:19:38.95	3:55	15.3
11	ZWOLIŃSKI JAN	963	TKKF KOSZALIN	WIERCISZEWO	POL	2 SERIA	11	M 11	00:11:54	00:13:31	00:15:08	00:16:46	00:18:22	00:19:52.45	00:19:52.45	3:58	15.1
12	SZULC AREK	955	ROZBIEGANY KOSZALIN	KOSZALIN	POL	2 SERIA	12	M 12	00:12:14	00:13:52	00:15:26	00:17:01	00:18:30	00:19:56.05	00:19:56.05	3:59	15.1
13	JAROSZ JAKUB	923	TKKF KOSZALIN	SUCHA KOSZALIŃSKA	POL	2 SERIA	13	M 13	00:12:17	00:13:55	00:15:31	00:17:05	00:18:35	00:19:57.40	00:19:57.40	3:59	15
14	BARANOWSKI PIOTR	901		SKWIERZYŃKA	POL	2 SERIA	14	M 14	00:12:11	00:13:48	00:15:25	00:17:00	00:18:35	00:20:01.85	00:20:01.85	4:00	15
15	HUBERT ŁUKASZ	915	WILKI KOSZALIN	KOSZALIN	POL	2 SERIA	15	M 15	00:12:11	00:13:48	00:15:25	00:17:00	00:18:35	00:20:02.05	00:20:02.05	4:00	15
16	MAZUR EMILIUSZ	937	ŻYJ Z ENERGIĄ	DARŁOWO	POL	2 SERIA	16	M 16	00:12:01	00:13:40	00:15:19	00:16:57	00:18:34	00:20:02.95	00:20:02.95	4:00	15
17	CICHOSZ MATEUSZ	906	ŚWIAT PŁYTEK U KRYSPIŃ	BYTÓW	POL	2 SERIA	17	M 17	00:11:55	00:13:33	00:15:15	00:16:55	00:18:32	00:20:07.65	00:20:07.65	4:01	14.9
18	JANKOWSKI GRZEGORZ	919	ŚWIAT PŁYTEK U KRYSPIŃ	BYTÓW	POL	2 SERIA	18	M 18	00:11:54	00:13:33	00:15:15	00:16:56	00:18:36	00:20:10.80	00:20:10.80	4:02	14.9
19	FRONTCZAK IZABELA	909		SZCZECINEK	POL	1 SERIA	1	K 1	00:12:01	00:13:41	00:15:22	00:17:04	00:18:46	00:20:19.00	00:20:19.00	4:03	14.8
20	KONKEL AGA	930		KOSZALIN	POL	1 SERIA	2	K 2	00:12:00	00:13:40	00:15:21	00:17:03	00:18:45	00:20:20.05	00:20:20.05	4:04	14.8
21	JAROSZ DARIUSZ	922	TKKF KOSZALIN	SUCHA KOSZALIŃSKA	POL	2 SERIA	19	M 19	00:12:22	00:14:01	00:15:40	00:17:18	00:18:54	00:20:24.50	00:20:24.50	4:04	14.7
22	WÓJCİK DAMIAN	959		DARŁOWO	POL	2 SERIA	20	M 20	00:12:13	00:13:56	00:15:38	00:17:20	00:19:03	00:20:41.65	00:20:41.65	4:08	14.5
23	RUSINEK ARTUR	950		KOSZALIN	POL	2 SERIA	21	M 21	00:12:19	00:14:04	00:15:48	00:17:35	00:19:18	00:20:45.95	00:20:45.95	4:09	14.5
24	SZYMCZAK MICHAŁ	956		SZCZECIN	POL	2 SERIA	22	M 22	00:12:28	00:14:11	00:15:52	00:17:35	00:19:19	00:20:51.50	00:20:51.50	4:10	14.4
25	JANKOWSKI SŁAWOMIR	920	ŚWIAT PŁYTEK U KRYSPIŃ	BYTÓW	GBR	2 SERIA	23	M 23	00:12:18	00:14:04	00:15:49	00:17:33	00:19:14	00:20:53.35	00:20:53.35	4:10	14.4
26	CHOŁUJ JAROSŁAW	904	ROZBIEGANY KOSZALIN	KOSZALIN	POL	2 SERIA	24	M 24	00:12:17	00:13:57	00:15:47	00:17:37	00:19:21	00:20:55.05	00:20:55.05	4:11	14.3
27	WOŁOWIEC PRZEMEK	958		KOSZALIN	POL	2 SERIA	25	M 25	00:13:03	00:14:43	00:16:26	00:18:05	00:19:48	00:21:23.20	00:21:23.20	4:16	14
28	KAJKOWSKI RAFAŁ	926	CENTRUM SZKOLENIA SIŁ POWIETRZNYCH KOSZALIN	KOSZALIN	POL	2 SERIA	26	M 26	00:12:49	00:14:34	00:16:20	00:18:04	00:19:47	00:21:27.05	00:21:27.05	4:17	14
29	RUTKOWSKI ARTUR	951	RUTKOWSKI TEAM	KOSZALIN	POL	2 SERIA	27	M 27	00:12:46	00:14:37	00:16:26	00:18:13	00:19:59	00:21:34.85	00:21:34.85	4:18	13.9
30	JAMNIAK BARTOSZ	918	MTS HAMER MIASTKO	MIASTKO	POL	2 SERIA	28	M 28	00:12:41	00:14:31	00:16:24	00:18:12	00:20:00	00:21:35.80	00:21:35.80	4:19	13.9
31	SZABLA EWELINA	954	TKKF KOSZALIN	KOSZALIN	POL	1 SERIA	3	K 3	00:12:53	00:14:39	00:16:24	00:18:10	00:19:57	00:21:37.70	00:21:37.70	4:19	13.9
32	PICK TOMASZ	944	MK KOSZALIN	KOSZALIN	POL	2 SERIA	29	M 29	00:12:53	00:14:39	00:16:25	00:18:11	00:19:56	00:21:40.30	00:21:40.30	4:20	13.8
33	RÓG MICHAŁ	949		STARE BIELICE	POL	2 SERIA	30	M 30	00:13:16	00:15:05	00:16:54	00:18:42	00:20:30	00:22:07.70	00:22:07.70	4:25	13.6
34	WRÓBLEWSKI JACEK	960	TKKF KOSZALIN	KOSZALIN	POL	2 SERIA	31	M 31	00:13:11	00:15:06	00:17:01	00:18:52	00:20:40	00:22:15.75	00:22:15.75	4:27	13.5
35	OTTO MICHAŁ	941		BONIN	POL	2 SERIA	32	M 32	00:13:16	00:15:05	00:16:55	00:18:43	00:20:33	00:22:19.70	00:22:19.70	4:27	13.4

II OTWARTE MISTRZOSTWA KOSZALINA W BIEGU NA 5 KM, 2 Seria c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	3km	3.4km	3.8km	4.2km	4.6km	Netto	Brutto	min/km	km/h
5	KOZAK ARKADIUSZ	984	TKKF KOSZALIN	BONIN	POL	2 SERIA	5	M 5	00:10:31	00:11:59	00:13:27	00:14:55	00:16:21	00:17:29.80	00:17:29.80	3:29	17.2
6	GARSKI KRYSPIŃ	911	ŚWIAT PŁYTEK U KRYSPIŃA	BYTÓW	POL	2 SERIA	6	M 6	00:11:24	00:12:55	00:14:25	00:15:55	00:17:27	00:18:51.40	00:18:51.40	3:46	15.9
7	JAŻWIŃSKI DAWID	925	TKKF KOSZALIN	KOSZALIN	POL	2 SERIA	7	M 7	00:11:24	00:12:58	00:14:41	00:16:19	00:17:53	00:19:11.30	00:19:11.30	3:50	15.6
8	ROKOSZ RADOŚLAW	948	JW 1223	KOSZALIN	POL	2 SERIA	8	M 8	00:11:35	00:13:10	00:14:47	00:16:22	00:17:58	00:19:17.35	00:19:17.35	3:51	15.6
9	KOŚCIELNIAK ROBERT	932	TKKF KOSZALIN	KOSZALIN	POL	2 SERIA	9	M 9	00:11:37	00:13:13	00:14:49	00:16:23	00:17:59	00:19:18.80	00:19:18.80	3:51	15.5
10	ZUKAL PIOTR	962		KOSZALIN	POL	2 SERIA	10	M 10	00:11:51	00:13:25	00:15:00	00:16:34	00:18:10	00:19:38.95	00:19:38.95	3:55	15.3
11	ZWOLIŃSKI JAN	963	TKKF KOSZALIN	WIERCISZEWO	POL	2 SERIA	11	M 11	00:11:54	00:13:31	00:15:08	00:16:46	00:18:22	00:19:52.45	00:19:52.45	3:58	15.1
12	SZULC AREK	955	ROZBIEGANY KOSZALIN	KOSZALIN	POL	2 SERIA	12	M 12	00:12:14	00:13:52	00:15:26	00:17:01	00:18:30	00:19:56.05	00:19:56.05	3:59	15.1
13	JAROSZ JAKUB	923	TKKF KOSZALIN	SUCHA KOSZALIŃSKA	POL	2 SERIA	13	M 13	00:12:17	00:13:55	00:15:31	00:17:05	00:18:35	00:19:57.40	00:19:57.40	3:59	15
14	BARANOWSKI PIOTR	901		SKWIERZYŃKA	POL	2 SERIA	14	M 14	00:12:11	00:13:48	00:15:25	00:17:00	00:18:35	00:20:01.85	00:20:01.85	4:00	15
15	HUBERT ŁUKASZ	915	WILKI KOSZALIN	KOSZALIN	POL	2 SERIA	15	M 15	00:12:11	00:13:48	00:15:25	00:17:00	00:18:35	00:20:02.05	00:20:02.05	4:00	15
16	MAZUR EMILIUSZ	937	ŻYJ Z ENERGIA	DARŁOWO	POL	2 SERIA	16	M 16	00:12:01	00:13:40	00:15:19	00:16:57	00:18:34	00:20:02.95	00:20:02.95	4:00	15
17	CICHOSZ MATEUSZ	906	ŚWIAT PŁYTEK U KRYSPIŃA BYTÓW	BYTÓW	POL	2 SERIA	17	M 17	00:11:55	00:13:33	00:15:15	00:16:55	00:18:32	00:20:07.65	00:20:07.65	4:01	14.9
18	JANKOWSKI GRZEGORZ	919	ŚWIAT PŁYTEK U KRYSPIŃA	BYTÓW	POL	2 SERIA	18	M 18	00:11:54	00:13:33	00:15:15	00:16:56	00:18:36	00:20:10.80	00:20:10.80	4:02	14.9
19	JAROSZ DARIUSZ	922	TKKF KOSZALIN	SUCHA KOSZALIŃSKA	POL	2 SERIA	19	M 19	00:12:22	00:14:01	00:15:40	00:17:18	00:18:54	00:20:24.50	00:20:24.50	4:04	14.7
20	WÓJCİK DAMIAN	959		DARŁOWO	POL	2 SERIA	20	M 20	00:12:13	00:13:56	00:15:38	00:17:20	00:19:03	00:20:41.65	00:20:41.65	4:08	14.5
21	RUSINEK ARTUR	950		KOSZALIN	POL	2 SERIA	21	M 21	00:12:19	00:14:04	00:15:48	00:17:35	00:19:18	00:20:45.95	00:20:45.95	4:09	14.5
22	SZYMCZAK MICHAŁ	956		SZCZECIN	POL	2 SERIA	22	M 22	00:12:28	00:14:11	00:15:52	00:17:35	00:19:19	00:20:51.50	00:20:51.50	4:10	14.4
23	JANKOWSKI SŁAWOMIR	920	ŚWIAT PŁYTEK U KRYSPIŃA BYTÓW	BYTÓW	GBR	2 SERIA	23	M 23	00:12:18	00:14:04	00:15:49	00:17:33	00:19:14	00:20:53.35	00:20:53.35	4:10	14.4
24	CHOŁUJ JAROSŁAW	904	ROZBIEGANY KOSZALIN	KOSZALIN	POL	2 SERIA	24	M 24	00:12:17	00:13:57	00:15:47	00:17:37	00:19:21	00:20:55.05	00:20:55.05	4:11	14.3
25	WOŁOWIEC PRZEMEK	958		KOSZALIN	POL	2 SERIA	25	M 25	00:13:03	00:14:43	00:16:26	00:18:05	00:19:48	00:21:23.20	00:21:23.20	4:16	14
26	KAJKOWSKI RAFAŁ	926	CENTRUM SZKOLENIA SIŁ POWIETRZNYCH KOSZALIN	KOSZALIN	POL	2 SERIA	26	M 26	00:12:49	00:14:34	00:16:20	00:18:04	00:19:47	00:21:27.05	00:21:27.05	4:17	14
27	RUTKOWSKI ARTUR	951	RUTKOWSKI TEAM	KOSZALIN	POL	2 SERIA	27	M 27	00:12:46	00:14:37	00:16:26	00:18:13	00:19:59	00:21:34.85	00:21:34.85	4:18	13.9
28	JAMNIAK BARTOSZ	918	MTS HAMER MIASTKO	MIASTKO	POL	2 SERIA	28	M 28	00:12:41	00:14:31	00:16:24	00:18:12	00:20:00	00:21:35.80	00:21:35.80	4:19	13.9
29	PICK TOMASZ	944	MK KOSZALIN	KOSZALIN	POL	2 SERIA	29	M 29	00:12:53	00:14:39	00:16:25	00:18:11	00:19:56	00:21:40.30	00:21:40.30	4:20	13.8
30	RÓG MICHAŁ	949		STARE BIELICE	POL	2 SERIA	30	M 30	00:13:16	00:15:05	00:16:54	00:18:42	00:20:30	00:22:07.70	00:22:07.70	4:25	13.6
31	WRÓBLEWSKI JACEK	960	TKKF KOSZALIN	KOSZALIN	POL	2 SERIA	31	M 31	00:13:11	00:15:06	00:17:01	00:18:52	00:20:40	00:22:15.75	00:22:15.75	4:27	13.5
32	OTTO MICHAŁ	941		BONIN	POL	2 SERIA	32	M 32	00:13:16	00:15:05	00:16:55	00:18:43	00:20:33	00:22:19.70	00:22:19.70	4:27	13.4
33	KONKEL ŁUKASZ	931		KOSZALIN	POL	2 SERIA	33	M 33	00:13:18	00:15:11	00:17:03	00:18:56	00:20:47	00:22:29.80	00:22:29.80	4:29	13.3
34	DUDZIAK PIOTR	907		KOSZALIN	POL	2 SERIA	34	M 34	00:13:16	00:15:09	00:17:03	00:18:57	00:20:39	00:22:37.65	00:22:37.65	4:31	13.3
35	MICERSKI TOMASZ	938	TKKF KOSZALIN	KOSZALIN	POL	2 SERIA	35	M 37	00:13:50	00:15:42	00:17:38	00:19:30	00:21:21	00:23:04.35	00:23:04.35	4:36	13
36	BASSEL MARCIN	903		KOSZALIN	POL	2 SERIA	36	M 38	00:13:40	00:15:37	00:17:38	00:19:42	00:21:43	00:23:27.35	00:23:27.35	4:41	12.8
37	ROGALSKI ROBERT	947	TKKF KOSZALIN	KOSZALIN	POL	2 SERIA	37	M 39	00:14:18	00:16:23	00:18:23	00:20:28	00:22:37	00:24:19.75	00:24:19.75	4:51	12.3
38	JASIŃSKI CEZARY	924	MNBC	KOSZALIN	POL	2 SERIA	38	M 40	00:14:33	00:16:35	00:18:35	00:20:36	00:22:38	00:24:30.10	00:24:30.10	4:54	12.2
39	MRUGALSKI STANISŁAW	939		MIASTKO	POL	2 SERIA	39	M 43	00:15:29	00:17:32	00:19:33	00:21:31	00:23:30	00:25:21.05	00:25:21.05	5:04	11.8
40	PACAN BARTOSZ	943	ŚWIAT PŁYTEK U KRYSPIŃA	BYTÓW	POL	2 SERIA	40	M 44	00:14:59	00:17:10	00:19:21	00:21:33	00:23:28	00:25:23.00	00:25:23.00	5:04	11.8
41	SKRZYPCZAK BOGUSŁAW	952		KOSZALIN	POL	2 SERIA	41	M 45	00:15:23	00:17:24	00:19:27	00:21:30	00:23:32	00:25:26.85	00:25:26.85	5:05	11.8
42	PRADUŃ MICHAŁ	945		KOSZALIN	POL	2 SERIA	42	M 48	00:15:11	00:17:26	00:19:41	00:21:57	00:24:13	00:26:10.65	00:26:10.65	5:14	11.5