

**OSIELSKO - MISTRZOSTWA POLSKI NORDIC WALKING - 10KM**

 Organizator: PFNW  
 Data: 2015-08-08  
 Miejsce: Osielsko  
 Dystans: 10 km  
 Klasyfikacja wg czasów netto.

**OSIELSKO - MISTRZOSTWA POLSKI NORDIC WALKING - 10KM, OPEN**

| M-ce | Nazwisko i imię           | Nr  | Klub                                   | M-scowość            | Kraj | Kat.    | M. kat | K/M | Żół. kartki | Czer. kartki | 5km      | Netto    | min/km | km/h |
|------|---------------------------|-----|--|----------------------|------|---------|--------|-----|-------------|--------------|----------|----------|--------|------|
| 1    | BIŁEK ARTUR               | 507 | NW LUBLINIEC                           | LUBLINIEC            | POL  | M 30-39 | 1      | 0   |             |              | 00:31:47 | 01:04:56 | 6:29   | 9.2  |
| 2    | STILLER KAROL             | 594 | REGATTA NORDIC TEAM<br>CZĘSTOCHOWA     | KUSIĘTA              | POL  | M 30-39 | 2      | 0   |             |              | 00:31:50 | 01:05:13 | 6:31   | 9.2  |
| 3    | SIWAK PIOTR               | 385 | KGHM METRACO POLKOWICE                 | RUDNA                | POL  | M 50-59 | 1      | 0   |             |              | 00:31:43 | 01:05:35 | 6:33   | 9.1  |
| 4    | WOROCZ ROMAN              | 611 | KGHM METRACO POLKOWICE                 | DOPIEWO              | POL  | M 50-59 | 2      | 0   |             |              | 00:31:43 | 01:05:37 | 6:33   | 9.1  |
| 5    | ANACZKOWSKI MIROSŁAW      | 501 | LKS ZANTYR SZTUM                       | SZTUM                | POL  | M 50-59 | 3      | 0   |             |              | 00:31:49 | 01:05:42 | 6:34   | 9.1  |
| 6    | CYRUS BOGDAN              | 350 |  | STRZEBIŃ             | POL  | M 40-49 | 1      | 0   |             |              | 00:31:48 | 01:06:43 | 6:40   | 9    |
| 7    | PUSZKIEL LESZEK           | 581 | GREEN TEAM ZIELONA GÓRA                | ZIELONA GÓRA         | POL  | M 50-59 | 4      | 0   |             |              | 00:32:34 | 01:08:33 | 6:51   | 8.8  |
| 8    | RACZYŃSKI KAZIMIERZ       | 582 | PTTK KOSZALIN                          | KOSZALIN             | POL  | M 30-39 | 3      | 0   |             |              | 00:34:26 | 01:10:10 | 7:01   | 8.6  |
| 9    | CIEŚLAK ROMAN             | 515 | FOREVER YOUNG ŁÓDŹ                     | ŁÓDŹ                 | POL  | M 50-59 | 5      | 0   |             |              | 00:34:09 | 01:10:40 | 7:04   | 8.5  |
| 10   | ANTOSZEWSKI PIOTR         | 502 | DĄBROWA NORDIC TEAM                    | GNIEZNO              | POL  | M 40-49 | 2      | 0   |             |              | 00:35:05 | 01:10:45 | 7:04   | 8.5  |
| 11   | BREWKA JOACHIM            | 510 | NW LUBLINIEC                           | LUBLINIEC            | POL  | M 50-59 | 6      | 0   |             |              | 00:34:32 | 01:10:57 | 7:05   | 8.5  |
| 12   | PSUT ROBERT               | 578 | FOREVER YOUNG ŁÓDŹ                     | ŁÓDŹ                 | POL  | M 18-29 | 1      | 0   |             |              | 00:35:10 | 01:10:59 | 7:05   | 8.5  |
| 13   | PUSZKIEL ADRIAN           | 580 | GREEN TEAM ZIELONA GÓRA                | ZIELONA GÓRA         | POL  | M 18-29 | 2      | 0   |             |              | 00:36:01 | 01:11:02 | 7:06   | 8.4  |
| 14   | LIPKO ADRIANNA            | 552 | PENDOLINO                              | GDYNIA               | POL  | K 18-29 | 1      | 0   |             |              | 00:35:00 | 01:11:06 | 7:06   | 8.4  |
| 15   | SPYCHAŁA MARZENA          | 590 | WESOŁY BORSUK TEAM                     | BIAŁA                | POL  | K 40-49 | 1      | 0   |             |              | 00:35:17 | 01:11:21 | 7:08   | 8.4  |
| 16   | JĘDRASIAK RENATA          | 538 | KGHM METRACO POLKOWICE                 | POLKOWICE            | POL  | K 50-59 | 1      | 0   |             |              | 00:35:01 | 01:11:51 | 7:11   | 8.4  |
| 17   | NOWROTEK MONIKA           | 569 | MOKATE TEAM                            | CIESZYŃ              | POL  | K 18-29 | 2      | 0   |             |              | 00:35:13 | 01:11:58 | 7:11   | 8.3  |
| 18   | KULIG HENRYK              | 546 | KS ELBLĄSKIE WŁÓCZY-KIJE               | ELBLĄG               | POL  | M 60-69 | 1      | 0   |             |              | 00:35:32 | 01:12:03 | 7:12   | 8.3  |
| 19   | RAJEWSKI SEBASTIAN        | 583 | JEZIORKI - AKTYWNA WIEŚ                | PIŁA                 | POL  | M 40-49 | 3      | 0   |             |              | 00:35:43 | 01:12:06 | 7:12   | 8.3  |
| 20   | PANCEWICZ- KOSNO KAROLINA | 571 | SILESIA NORDIC TEAM                    | SOSNOWIEC            | POL  | K 30-39 | 1      | 0   |             |              | 00:35:24 | 01:12:28 | 7:14   | 8.3  |
| 21   | REJ ANNA                  | 584 |  | HAJNÓWKA             | POL  | K 30-39 | 2      | 0   | 1           |              | 00:35:57 | 01:12:38 | 7:15   | 8.3  |
| 22   | SZCZEBAK JACEK            | 596 | TARNÓW                                 | TARNÓW               | POL  | M 40-49 | 4      | 0   |             |              | 00:35:54 | 01:12:57 | 7:17   | 8.2  |
| 23   | KOLENKIEWICZ DARIUSZ      | 540 | KS ELBLĄSKIE WŁÓCZY-KIJE               | ELBLĄG               | POL  | M 50-59 | 7      | 0   |             |              | 00:35:46 | 01:12:58 | 7:17   | 8.2  |
| 24   | BERESZKO WALDEMAR         | 617 | CZELADŹ                                | CZELADŹ              | POL  | M 60-69 | 2      | 0   | 1           |              | 00:36:01 | 01:13:06 | 7:18   | 8.2  |
| 25   | KOŁPAK JAN                | 409 | LKS ZANTYR SZTUM                       | SZTUM                | POL  | M 60-69 | 3      | 0   |             |              | 00:35:35 | 01:13:08 | 7:18   | 8.2  |
| 26   | PARAFINIUK KRZYSZTOFA     | 572 | LKS ZANTYR SZTUM                       | SZTUM                | POL  | K 30-39 | 3      | 0   |             |              | 00:35:36 | 01:13:11 | 7:19   | 8.2  |
| 27   | FELIS PAWEŁ               | 523 |  | BOBROWIEC            | POL  | M 40-49 | 5      | 0   |             |              | 00:35:54 | 01:13:20 | 7:20   | 8.2  |
| 28   | DEŁĄG JÓZEF               | 519 | PIOTRKOWSKI KLUB BIEGACZA<br>ENDORFINA | PIOTRKÓW TRYBUNALSKI | POL  | M 50-59 | 8      | 0   |             |              | 00:35:12 | 01:13:33 | 7:21   | 8.2  |
| 29   | CUDAK ZBIGNIEW            | 516 | REGATTA NORDIC TEAM<br>CZĘSTOCHOWA     | BOROWNO KOLONIA      | POL  | M 40-49 | 6      | 0   |             |              | 00:37:02 | 01:13:45 | 7:22   | 8.1  |
| 30   | SMUL ANDRZEJ              | 588 | GREEN TEAM ZIELONA GÓRA                | ZIELONA GÓRA         | POL  | M 50-59 | 9      | 0   |             |              | 00:35:39 | 01:14:01 | 7:24   | 8.1  |
| 31   | GRUSZKA MICHAŁ            | 531 | NW LUBLINIEC                           | LUBLINIEC            | POL  | M 40-49 | 7      | 0   |             |              | 00:35:50 | 01:14:14 | 7:25   | 8.1  |
| 32   | ŚWIĄTEK JOANNA            | 603 | MARSZPOZDROWIE                         | POZNAŃ               | POL  | K 30-39 | 4      | 0   |             |              | 00:36:18 | 01:14:14 | 7:25   | 8.1  |
| 33   | BOCZAR BEATA              | 508 | GREEN TEAM ZIELONA GÓRA                | ZIELONA GÓRA         | POL  | K 50-59 | 2      | 0   |             |              | 00:36:12 | 01:14:56 | 7:29   | 8    |
| 34   | KUREK EDWARD              | 549 | MOSIR CZELADZ                          | KATOWICE             | POL  | M 70+   | 1      | 0   |             |              | 00:37:16 | 01:14:57 | 7:29   | 8    |
| 35   | PAKOSZ PIOTR              | 616 | LKS GÓRNIK JANUSZKOWICE                | JANUSZKOWICE         | POL  | M 60-69 | 4      | 0   |             |              | 00:36:34 | 01:15:07 | 7:30   | 8    |
| 36   | BYTNIIEWSKI MIECZYSLAW    | 511 | BIAŁA BIEGA                            | BIAŁA PODLASKA       | POL  | M 70+   | 2      | 0   |             |              | 00:36:56 | 01:15:15 | 7:31   | 8    |
| 37   | KRZYŻANOWSKI ROBERT       | 545 | GOSIR OSIELSKO                         | OSIELSKO             | POL  | M 40-49 | 8      | 0   |             |              | 00:35:34 | 01:15:27 | 7:32   | 8    |
| 38   | MACHOLC PIOTR             | 622 | DĄBROWA NORDIC TEAM                    | DĄBROWA GÓRNICZA     | POL  | M 50-59 | 10     | 0   | 1           |              | 00:37:24 | 01:15:28 | 7:32   | 8    |
| 39   | KRUSZKA ARLETA            | 404 | MARSZPOZDROWIE                         | POZNAŃ               | POL  | K 50-59 | 3      | 0   |             |              | 00:37:27 | 01:15:32 | 7:33   | 7.9  |
| 40   | KOSICKI DARIUSZ           | 542 |  | ROKIETNICA           | POL  | M 40-49 | 9      | 0   |             |              | 00:38:22 | 01:15:38 | 7:33   | 7.9  |
| 41   | WARCZAŁSKA TERESA         | 608 | STADION ŚLĄSKI                         | KATOWICE             | POL  | K 60-69 | 1      | 0   |             |              | 00:36:28 | 01:15:43 | 7:34   | 7.9  |
| 42   | KURZAWSKA JOLANTA         | 550 | KGHM METRACO POLKOWICE                 | LUBIN                | POL  | K 60-69 | 2      | 0   |             |              | 00:37:04 | 01:15:53 | 7:35   | 7.9  |
| 43   | JEZIORNY RYSZARD          | 535 |  | WIELUŃ               | POL  | M 50-59 | 11     | 0   |             |              | 00:36:45 | 01:15:55 | 7:35   | 7.9  |

**OSIELSKO - MISTRZOSTWA POLSKI NORDIC WALKING - 10KM, OPEN c.d.**

| M-ce | Nazwisko i imię          | Nr  | Klub                               | M-scowość          | Kraj | Kat.    | M. kat | K/M | Żół. kartki | Czer. kartki | 5km      | Netto    | min/km | km/h |
|------|--------------------------|-----|------------------------------------|--------------------|------|---------|--------|-----|-------------|--------------|----------|----------|--------|------|
| 44   | MIERNICKI MARIUSZ        | 564 |                                    | DZIERŻONIÓW        | POL  | M 50-59 | 12     | 0   |             |              | 00:37:22 | 01:15:59 | 7:35   | 7.9  |
| 45   | STEMPNIAK BOGDAN         | 592 |                                    | SŁUPSK             | POL  | M 50-59 | 13     | 0   |             |              | 00:37:28 | 01:16:00 | 7:36   | 7.9  |
| 46   | SŁUSARCZYK GRZEGORZ      | 602 | WESOŁY BORSUK TEAM                 | PRUDNIK            | POL  | M 40-49 | 10     | 0   |             |              | 00:38:07 | 01:16:10 | 7:37   | 7.9  |
| 47   | KRZANOWSKI BARTŁOMIEJ    | 544 | SAMOTNI WĘDROWCY                   | WĘGLÓWKA           | POL  | M 40-49 | 11     | 0   |             |              | 00:37:37 | 01:16:15 | 7:37   | 7.9  |
| 48   | BUDZYŃ ANNA              | 624 | SPEED TEAM                         | MAKÓW PODCHALAŃSKI | POL  | K 40-49 | 2      | 0   |             |              | 00:37:21 | 01:16:22 | 7:38   | 7.9  |
| 49   | MITURA-ZIELONKA PAWEŁ    | 565 | SILESIA NORDIC TEAM SPACERMISTRZ   | RYBNIK             | POL  | M 30-39 | 4      | 0   |             |              | 00:36:09 | 01:16:23 | 7:38   | 7.9  |
| 50   | SŁUSARCZYK ANDRZEJ       | 601 | WESOŁY BORSUK TEAM                 | PRUDNIK            | POL  | M 60-69 | 5      | 0   |             |              | 00:37:24 | 01:16:48 | 7:40   | 7.8  |
| 51   | BALCERAK-KOLASA JOANNA   | 504 | FIZJO-PLUS TEAM                    | ŁÓDŹ               | POL  | K 40-49 | 3      | 0   |             |              | 00:37:29 | 01:17:20 | 7:44   | 7.8  |
| 52   | ADAMOWSKI JACEK          | 500 | ZAKĄTEK21                          | GLIWICE            | POL  | M 30-39 | 5      | 0   |             |              | 00:37:50 | 01:17:21 | 7:44   | 7.8  |
| 53   | SZULC JAREK              | 384 | MARSZPOZDROWIE                     | BYDGOSZCZ          | POL  | M 50-59 | 14     | 0   |             |              | 00:37:11 | 01:17:23 | 7:44   | 7.8  |
| 54   | KORDECKA HENRYKA         | 541 | KS ELBLĄSKIE WŁÓCZY-KIJE           | ELBLĄG             | POL  | K 50-59 | 4      | 0   |             |              | 00:38:45 | 01:18:00 | 7:48   | 7.7  |
| 55   | JANKOWSKI MARCIN         | 533 | KS ELBLĄSKIE WŁÓCZY-KIJE           | ELBLĄG             | POL  | M 30-39 | 6      | 0   |             |              | 00:37:55 | 01:18:28 | 7:50   | 7.6  |
| 56   | KOZŁOWSKA SABINA         | 379 | DĄBROWA NORDIC TEAM                | BIELSKO BIAŁA      | POL  | K 30-39 | 5      | 0   |             |              | 00:38:54 | 01:18:55 | 7:53   | 7.6  |
| 57   | PTAŚ AGNIESZKA           | 579 | TKKF MOSIR CZELADŹ                 | CZELADŹ            | POL  | K 18-29 | 3      | 0   |             |              | 00:38:19 | 01:19:00 | 7:54   | 7.6  |
| 58   | JARZYŃSKA MAŁGORZATA     | 534 |                                    | SOBÓTKA            | POL  | K 50-59 | 5      | 0   |             |              | 00:38:35 | 01:19:17 | 7:55   | 7.6  |
| 59   | MOTOCZYŃSKI KRZYSZTOF    | 567 |                                    | BYDGOSZCZ          | POL  | M 60-69 | 6      | 0   |             |              | 00:37:47 | 01:19:26 | 7:56   | 7.6  |
| 60   | MARONDEL KATARZYNA       | 560 | SILESIA NORDIC TEAM                | BYTOM              | POL  | K 18-29 | 4      | 0   |             |              | 00:39:02 | 01:19:30 | 7:57   | 7.5  |
| 61   | ŁUKASZEWICZ JOANNA       | 556 | GREEN TEAM ZIELONA GÓRA            | ZIELONA GÓRA       | POL  | K 40-49 | 4      | 0   |             |              | 00:39:10 | 01:20:18 | 8:01   | 7.5  |
| 62   | RECZULSKI MIKOŁAJ        | 618 | REGATTA NORDIC TEAM<br>CZĘSTOCHOWA | CZĘSTOCHOWA        | POL  | M 18-29 | 3      | 0   |             |              | 00:39:58 | 01:20:23 | 8:02   | 7.5  |
| 63   | MAJCHROWSKA IZABELA      | 558 | FOREVER YOUNG ŁÓDŹ                 | ŁÓDŹ               | POL  | K 30-39 | 6      | 0   |             |              | 00:40:03 | 01:21:12 | 8:07   | 7.4  |
| 64   | KOBIELA DARIA            | 630 | BŁĘKITNI NW DZIEMIANY              | DZIEMIANY          | POL  | K 18-29 | 5      | 0   |             |              | 00:40:40 | 01:21:17 | 8:07   | 7.4  |
| 65   | SZNAJDER ZENON           | 405 |                                    | RYBNIK             | POL  | M 60-69 | 7      | 0   |             |              | 00:40:31 | 01:21:37 | 8:09   | 7.4  |
| 66   | WAŁECKA KRYSZYNA         | 607 |                                    | BRANIEWO           | POL  | K 60-69 | 3      | 0   |             |              | 00:39:51 | 01:21:47 | 8:10   | 7.3  |
| 67   | NAMSÓŁEK FELIKS          | 568 |                                    | GDYNIA             | POL  | M 70+   | 3      | 0   |             |              | 00:39:25 | 01:21:54 | 8:11   | 7.3  |
| 68   | ZAJĄC ELŻBIETA           | 614 | SPOMLEK                            | RADZYŃ PODLASKI    | POL  | K 40-49 | 5      | 0   |             |              | 00:39:47 | 01:21:55 | 8:11   | 7.3  |
| 69   | PASZKIEWICZ-KĘSIAK ANITA | 573 | FOREVER YOUNG ŁÓDŹ                 | ŁÓDŹ               | POL  | K 60-69 | 4      | 0   |             |              | 00:39:57 | 01:21:55 | 8:11   | 7.3  |
| 70   | JERECZEK KRZYSZTOF       | 93  | BŁĘKITNI NW DZIEMIANY              | DZIEMIANY          | POL  | M 30-39 | 7      | 0   |             |              | 00:40:01 | 01:22:19 | 8:13   | 7.3  |
| 71   | TRUCHAN-BAJER BOŻENA     | 605 |                                    | FROMBORK           | POL  | K 50-59 | 6      | 0   |             |              | 00:39:39 | 01:22:36 | 8:15   | 7.3  |
| 72   | MARCINKOWSKI WOJCIECH    | 559 | NORDIC WALKING LUBLINIEC           | LUBLINIEC          | POL  | M 40-49 | 12     | 0   |             |              | 00:39:29 | 01:22:50 | 8:17   | 7.2  |
| 73   | APPEL JERZY              | 503 | GOSIR OSIELSKO                     | BYDGOSZCZ          | POL  | M 60-69 | 8      | 0   |             |              | 00:39:22 | 01:23:17 | 8:19   | 7.2  |
| 74   | ŚCIBISZ BOGDAN           | 599 | TKKF SATURN CZELADZ                | SOSNOWIEC          | POL  | M 70+   | 4      | 0   |             |              | 00:39:23 | 01:23:27 | 8:20   | 7.2  |
| 75   | GALIŃSKI LESZEK          | 524 | DĄBROWA NORDIC TEAM                | ZAWIERCIE          | POL  | M 60-69 | 9      | 0   |             |              | 00:41:03 | 01:23:31 | 8:21   | 7.2  |
| 76   | TOMASZEWSKI ROMAN        | 604 |                                    | GRUDZIĄDZ          | POL  | M 50-59 | 15     | 0   |             |              | 00:41:41 | 01:24:03 | 8:24   | 7.1  |
| 77   | DĘBSKI SŁAWOMIR          | 401 |                                    | GRUDZIĄDZ          |      | M 50-59 | 16     | 0   |             |              | 00:41:40 | 01:25:12 | 8:31   | 7    |
| 78   | LISIKIEWICZ AGNIESZKA    | 553 | GREEN TEAM ZIELONA GÓRA            | ZIELONA GÓRA       | POL  | K 40-49 | 6      | 0   |             |              | 00:39:52 | 01:25:16 | 8:31   | 7    |
| 79   | KOTAS BRYGIDA            | 360 | DĄBROWA NORDIC TEAM                | DĄBROWA GÓRNICZA   | POL  | K 50-59 | 7      | 0   |             |              | 00:40:54 | 01:25:18 | 8:31   | 7    |
| 80   | CHOLEWIŃSKA LONGINA      | 512 |                                    | WOJNOWO            | POL  | K 40-49 | 7      | 0   |             |              | 00:41:55 | 01:25:44 | 8:34   | 7    |
| 81   | MICHALAK ELŻBIETA        | 561 | SPOMLEK                            | RADZYŃ PODLASKI    | POL  | K 50-59 | 8      | 0   |             |              | 00:41:49 | 01:25:45 | 8:34   | 7    |
| 82   | STEFAŃSKI ANDRZEJ        | 773 | FACE NORDIC WALKING TEAM           | MOTARZYNO          | POL  | M 50-59 | 17     | 0   |             |              | 00:42:23 | 01:26:07 | 8:36   | 7    |
| 83   | ROZMUS SYLWESTER         | 585 | NORDIC ACTIVE                      | TARNOBRZEG         | POL  | M 30-39 | 8      | 0   |             |              | 00:39:41 | 01:26:18 | 8:37   | 7    |
| 84   | OMARSKA GRAŻYNA          | 570 | PASJA NORDIC WALKING               | WARSZAWA           | POL  | K 50-59 | 9      | 0   |             |              | 00:42:33 | 01:26:38 | 8:39   | 6.9  |
| 85   | WOŹNIAK BARTŁOMIEJ       | 612 | PODWÓJNY UŚMIECH                   | TOSZEK             | POL  | M 30-39 | 9      | 0   |             |              | 00:40:30 | 01:26:47 | 8:40   | 6.9  |
| 86   | WALASEK JULITTA          | 606 |                                    | POBIEDZISKA        | POL  | K 40-49 | 8      | 0   |             |              | 00:42:45 | 01:26:51 | 8:41   | 6.9  |
| 87   | PIEKARSKA MAGDALENA      | 575 | GOSIR OSIELSKO                     | NIEMCZ             | POL  | K 18-29 | 6      | 0   |             |              | 00:41:28 | 01:27:22 | 8:44   | 6.9  |
| 88   | JURCZYK ARTUR            | 721 | RUN BYDGOSZCZ                      | BYDGOSZCZ          | POL  | M 40-49 | 13     | 0   |             |              | 00:43:53 | 01:27:44 | 8:46   | 6.8  |
| 89   | LEHMANN TERESA           | 551 | BŁĘKITNI NW DZIEMIANY              | DZIEMIANY          | POL  | K 50-59 | 10     | 0   |             |              | 00:42:59 | 01:27:50 | 8:47   | 6.8  |
| 90   | LORENS KAZIMIERZ         | 555 | JURAJSKI KLUB NORDIC WALKING       | MYSZKÓW            | POL  | M 50-59 | 18     | 0   |             |              | 00:45:01 | 01:28:14 | 8:49   | 6.8  |
| 91   | GRUBICKA-STUSIK ESTERA   | 280 |                                    | SOŚNO              | POL  | K 30-39 | 7      | 0   |             |              | 00:43:48 | 01:28:30 | 8:51   | 6.8  |
| 92   | WASIELA BEATA            | 609 | FACE NORDIC WALKING TEAM           | NOWY SUMIN         | POL  | K 40-49 | 9      | 0   |             |              | 00:42:35 | 01:28:36 | 8:51   | 6.8  |
| 93   | SZYMANOWSKA-PAWLAK EWA   | 597 | GOSIR OSIELSKO                     | NIEMCZ             | POL  | K 40-49 | 10     | 0   |             |              | 00:42:16 | 01:28:55 | 8:53   | 6.7  |
| 94   | CZYŻ EWELINA             | 518 | GOSIR OSIELSKO                     | OSIELSKO           | POL  | K 18-29 | 7      | 0   |             |              | 00:42:54 | 01:29:17 | 8:55   | 6.7  |
| 95   | CHYLEWSKA MAŁGORZATA     | 514 |                                    | MUROWANIEC         | POL  | K 50-59 | 11     | 0   |             |              | 00:44:54 | 01:29:39 | 8:57   | 6.7  |
| 96   | SMARUJ - SADOWSKA JANINA | 587 |                                    | BYDGOSZCZ          | POL  | K 60-69 | 5      | 0   |             |              | 00:43:19 | 01:29:47 | 8:58   | 6.7  |
| 97   | WYŁUPSKA KRYSZYNA        | 613 | PATYCZAKI                          | GRUDZIĄDZ          | POL  | K 60-69 | 6      | 0   |             |              | 00:43:38 | 01:29:59 | 8:59   | 6.7  |
| 98   | WORONKO ZACZYŃSKA JANINA | 397 | KGHM METRACO POLKOWICE             | POLKOWICE          | POL  | K 60-69 | 7      | 0   |             |              | 00:43:21 | 01:30:24 | 9:02   | 6.6  |
| 99   | DYLEWSKA BARBARA         | 522 | DĄBROWA NORDIC TEAM                | DĄBROWA GÓRNICZA   | POL  | K 60-69 | 8      | 0   |             |              | 00:44:20 | 01:30:28 | 9:02   | 6.6  |

**OSIELSKO - MISTRZOSTWA POLSKI NORDIC WALKING - 10KM, OPEN c.d.**

| M-ce | Nazwisko i imię        | Nr  | Klub                          | M-scowość          | Kraj | Kat.    | M. kat | K/M | Żół. kartki | Czer. kartki | 5km      | Netto      | min/km | km/h |
|------|------------------------|-----|-------------------------------|--------------------|------|---------|--------|-----|-------------|--------------|----------|------------|--------|------|
| 100  | CHRAPEK URSZULA        | 513 |                               | RUDZICA            | POL  | K 18-29 | 8      | 0   |             |              | 00:44:43 | 01:32:44   | 9:16   | 6.5  |
| 101  | JÓZWIAK DOMINIK        | 626 | WTW WŁOCŁAWEK                 | WŁOCŁAWEK          | POL  | M 18-29 | 4      | 0   |             |              | 00:44:45 | 01:33:01   | 9:18   | 6.5  |
| 102  | BIERNAT LUCYNA         | 506 | FACE NORDIC WALKING TEAM      | DĄBROWA CHEŁMIŃSKA | POL  | K 40-49 | 11     | 0   |             |              | 00:46:07 | 01:33:15   | 9:19   | 6.4  |
| 103  | DROŻYŃSKA MARLENA      | 521 | GOSIR OSIELSKO                | OSIELSKO           | POL  | K 50-59 | 12     | 0   |             |              | 00:45:07 | 01:33:21   | 9:20   | 6.4  |
| 104  | GIERSZENDORF MONIKA    | 527 | KB KATORŻNIK MUROWANA GOŚLINA | MUROWANA GOŚLINA   | POL  | K 40-49 | 12     | 0   |             |              | 00:47:45 | 01:34:09   | 9:24   | 6.4  |
| 105  | DRON AGNIESZKA         | 712 | DZIARSKIE TEAM                | GDAŃSK             | POL  | K 30-39 | 8      | 0   |             |              | 00:47:04 | 01:34:18   | 9:25   | 6.4  |
| 106  | PIECZKA MONIKA         | 574 | FACE NORDIC WALKING TEAM      | TUCHOLA            | POL  | K 30-39 | 9      | 0   |             |              | 00:47:42 | 01:35:08   | 9:30   | 6.3  |
| 107  | KRYGIEL MARIA          | 543 | GOSIR OSIELSKO                | OSIELSKO           | POL  | K 40-49 | 13     | 0   |             |              | 00:46:29 | 01:35:43   | 9:34   | 6.3  |
| 108  | KUNDE JOLANTA          | 548 |                               | LIPNIKI            | POL  | K 50-59 | 13     | 0   |             |              | 00:47:14 | 01:36:35   | 9:39   | 6.2  |
| 109  | GĘBSKA ELŻBIETA        | 526 | DĄBROWA NORDIC TEAM           | BĘDZIN             | POL  | K 50-59 | 14     | 0   |             |              | 00:46:23 | 01:36:43   | 9:40   | 6.2  |
| 110  | BLUM DOROTA            | 509 | FACE NORDIC WALKING TEAM      | GDAŃSK             | POL  | K 30-39 | 10     | 0   |             |              | 00:49:25 | 01:38:52   | 9:53   | 6.1  |
| 111  | SMACZYŃSKA KRYSZYNA    | 380 | DĄBROWA NORDIC TEAM           | DĄBROWA GÓRNICZA   | POL  | K 70+   | 1      | 0   |             |              | 00:48:44 | 01:40:40   | 10:04  | 6    |
| 112  | MOTOCZYŃSKA ALEKSANDRA | 566 |                               | BYDGOSZCZ          | POL  | K 50-59 | 15     | 0   |             |              | 00:48:59 | 01:41:49   | 10:10  | 5.9  |
| 113  | NAWROCKA DANUTA        | 381 | DĄBROWA NORDIC TEAM           | DĄBROWA GÓRNICZA   | POL  | K 70+   | 2      | 0   |             |              | 00:52:02 | 01:45:34   | 10:33  | 5.7  |
| 114  | MICHTA ZOFIA           | 562 |                               | MUROWANIEC         | POL  | K 60-69 | 9      | 0   |             |              |          |            |        |      |
| DQ   | KĘPA ANDRZEJ           | 537 | SKI FAMILY TEAM               | KOSZALIN           | POL  | M 60-69 | DQ     | DQ  |             |              | 00:35:59 | 2015-08-08 | -      | -    |
|      |                        |     |                               |                    |      |         |        |     |             |              | DQ       | DQ         |        |      |
| DQ   | CZEKAJŁO FRANCISZEK    | 359 |                               | DREZDENKO          | POL  | M 60-69 | DQ     | DQ  |             |              | 00:35:31 | 2015-08-08 | -      | -    |
|      |                        |     |                               |                    |      |         |        |     |             |              | DQ       | DQ         |        |      |
| DQ   | HAAPALEHTO TIMO        | 532 | NORDIC WALKING HELSINKI       | HELSINKI           | FIN  | M 50-59 | DQ     | DQ  | 1           |              | 00:39:41 | DQ         | -      | -    |
|      |                        |     |                               |                    |      |         |        |     |             |              | DQ       | DQ         |        |      |
|      | CZYCZ KAZIMIERZ        | 517 | GREEN TEAM ZIELONA GÓRA       | ZIELONA GÓRA       | POL  | M 60-69 |        |     |             |              | 00:44:19 | DNF        | -      | -    |
|      |                        |     |                               |                    |      |         |        |     |             |              | DNF      | DNF        |        |      |
|      | SĄŁAGA JOANNA          | 363 |                               | STOCZEK            | POL  | K 40-49 |        |     |             |              | 00:44:55 | DNF        | -      | -    |
|      |                        |     |                               |                    |      |         |        |     |             |              | DNF      | DNF        |        |      |
|      | GÓRSKA MONIKA          | 528 | GOSIR OSIELSKO                | OSIELSKO           | POL  | K 18-29 |        |     |             |              | 00:49:20 | DNF        | -      | -    |
|      |                        |     |                               |                    |      |         |        |     |             |              | DNF      | DNF        |        |      |
|      | STAWNIAK KAROL         | 591 | UTW ŻNIN                      | ŻNIN               | POL  | M 60-69 |        |     |             |              | DNF      | DNF        | -      | -    |