

GLIWICKA DYCHA

Organizator: Fundacja Bieg Rzeźnika

Data: 2017-10-22

Miejsce: Gliwice

Dystans: 10 km

Klasyfikacja wg czasów netto.

W klasyfikacji open pierwsze 2000 miejsc wg czasu brutto

GLIWICKA DYCHA, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.3km	6km	Kar/Bon	Netto	Brutto	min/km	km/h
1	FORMICKI RAFAŁ	2461	CKS BUDOWLANI CZĘSTOCHOWA	ZAWIERCIE	POL	M-20	1	M 1	00:13:57	00:19:34		00:37:11.15	00:37:12.65	3:43	16.1
2	JARCO DOMINIK	2234	ALPIN SPORT TEAM	PIETRZYKOWICE	POL	M-20	2	M 2	00:14:08	00:20:01	00:03:33	00:37:13.05	00:37:13.95	3:22	17.8
3	ROSIŃSKI ARTUR	2354	PARKRUN KATOWICE	RUDA ŚLĄSKA	POL	M-20	3	M 3	00:15:19	00:20:58	00:03:33	00:37:18.35	00:37:19.25	3:22	17.8
4	WOJDYŁA MATEUSZ	2313	GINA STRZELCE OPOLSKIE	KALINOWICE	POL	M-30	1	M 4	00:14:25	00:20:22	00:03:33	00:37:30.30	00:37:32.90	3:23	17.7
5	WINKLER TOMASZ	2470		MARKLOWICE	POL	M-30	2	M 5	00:15:18	00:20:58	00:03:33	00:37:44.15	00:37:45.10	3:25	17.5
6	SLADEK DOMINIK	2205	NIEZRZESZONY	ZABRZE	POL	M-20	4	M 6	00:15:25	00:21:48		00:38:16.10	00:38:17.35	3:49	15.7
7	PSTRAŚ LESZEK	2085	PARKRUN KATOWICE	KATOWICE	POL	M-30	3	M 7	00:16:00	00:22:20		00:38:23.90	00:38:23.90	3:50	15.6
8	WYSOCKI MARIUSZ	2352	LECZYMY DURŚ	PIEKARY ŚLĄSKIE	POL	M-40	1	M 8	00:16:18	00:22:38		00:38:28.50	00:38:36.85	3:50	15.6
9	BUJNOWSKI ARTUR	2044	SOKÓŁ / ENDURANCE KNURÓW	KNURÓW	POL	M-30	4	M 9	00:15:58	00:22:21		00:38:53.10	00:38:55.75	3:53	15.4
10	CZERWIŃSKI MICHAŁ	2540	SBD ENERGETYK RYBNIK	RYBNIK	POL	M-30	5	M 10	00:15:55	00:22:27		00:38:57.05	00:38:58.90	3:53	15.4
11	JUCHA PRZEMYSŁAW	2524	ANTONTEM		POL	M-30	6	M 11	00:16:55	00:23:39		00:39:49.85	00:39:52.90	3:58	15.1
12	KAUF DAMIAN	2446		ZABRZE	POL	M-30	7	M 12	00:16:16	00:22:57		00:39:57.05	00:40:01.05	3:59	15
13	BŁASZCZYK DOMINIK	2401	NIGHT RUNNERS	KALETY	POL	M-20	5	M 13	00:16:38	00:23:13		00:40:10.05	00:40:12.50	4:01	14.9
14	OCHMAN PAWEŁ	2431	FUTURE PROCESSING RUNNING TEAM	GLIWICE	POL	M-30	8	M 14	00:16:59	00:23:40		00:40:15.05	00:40:19.05	4:01	14.9
15	PRZEŹDZIAK ZYGMUNT	2323	KRONOSPAN STRZELCE OPOLSKIE	STRZELCE OPOLSKIE	POL	M-40	2	M 15	00:16:51	00:23:34		00:40:21.85	00:40:26.45	4:02	14.9
16	PIOTROWSKI ŁUKASZ	2210		RUDA ŚLĄSKA	POL	M-30	9	M 16	00:16:29	00:23:16		00:40:38.55	00:40:40.05	4:03	14.8
17	WISZYŃSKI DAMIAN	2357		CHORZÓW	POL	M-30	10	M 17	00:16:57	00:23:46		00:40:41.35	00:40:44.15	4:04	14.7
18	LAMPARSKI ŁUKASZ	2063		GÓRKI WIELKIE	POL	M-20	6	M 18	00:16:43	00:23:38		00:40:59.95	00:41:01.70	4:06	14.6
19	RAJWA MARCIN	2375		RADLIN	POL	M-20	7	M 19	00:16:09	00:23:09		00:41:06.30	00:41:09.40	4:06	14.6
20	CIECIAK GRZEGORZ	2480	MEGWAT RUNNING TEAM	ŻORY	POL	M-40	3	M 20	00:17:04	00:23:52		00:41:07.15	00:41:15.80	4:06	14.6
21	GOLBA KASJA	2543	1SECOND TEAM		POL	K-20	1	K 1	00:16:52	00:23:55		00:41:22.65	00:41:25.30	4:08	14.5
22	SZABELSKI KRZYSZTOF	2397	FUTURE PROCESSING RUNNING TEAM	GLIWICE	POL	M-30	11	M 21	00:16:47	00:23:41		00:41:26.65	00:41:32.85	4:08	14.5
23	GRAMATYKA JAN	2399	FUTURE PROCESSING RUNNING TEAM	GLIWICE	POL	M-30	12	M 22	00:16:48	00:23:42		00:41:27.05	00:41:32.85	4:08	14.5
24	LEWICKA ELŻBIETA	2149	NIEZRZESZONA	KNURÓW	POL	K-40	1	K 2	00:17:24	00:24:19		00:41:43.75	00:41:46.20	4:10	14.4
25	WISZNIEWSKI DARIUSZ	2382	ANTONTEAM	KĘDZIERZYN-KOŹLE	POL	M-40	4	M 23	00:16:55	00:23:55		00:42:02.15	00:42:05.50	4:12	14.3
26	MAJ WITOLD	2475	OLDBOYS TRUSKOLASY	WRĘCZYCA WIELKA	POL	M-50	1	M 24	00:17:03	00:24:04		00:42:04.15	00:42:20.85	4:12	14.3
27	ALKER ANDRZEJ	2087		GLIWICE	POL	M-20	8	M 25	00:17:31	00:24:43		00:42:57.45	00:43:00.75	4:17	14
28	WASZTYL GRZEGORZ	2520		KATOWICE	POL	M-40	5	M 26	00:17:28	00:24:37		00:42:57.25	00:43:07.15	4:17	14
29	NIKIEL MARCIN	2054		ZABRZE	POL	M-30	13	M 27	00:17:26	00:24:38		00:43:06.45	00:43:10.30	4:18	13.9
30	ZDEBEL DARIUSZ	2160	LECZYMY DURŚ	PIEKARY ŚLĄSKIE	POL	M-40	6	M 28	00:18:04	00:25:14		00:43:11.90	00:43:19.40	4:19	13.9
31	MAJEWSKI ANDRZEJ	2303	KRONOSPAN STRZELCE OPOLSKIE	STRZELCE OPOLSKIE	POL	M-30	14	M 29	00:18:02	00:25:20		00:43:29.50	00:43:37.30	4:21	13.8
32	MAJ-DZIUBAŃSKA IZABELA	2262	AKMB PĘDZIWIATR GLIWICE	PYSKOWICE	POL	K-30	1	K 3	00:17:45	00:25:07		00:43:46.65	00:43:50.05	4:22	13.7
33	KUCHTA MIROSLAW	2212	REMAGUM	KATOWICE	POL	M-50	2	M 30	00:18:00	00:25:23		00:44:08.40	00:44:12.40	4:24	13.6
34	ROSIKON TOMASZ	2269		GLIWICE	POL	M-30	15	M 31	00:18:01	00:25:18		00:44:07.00	00:44:15.05	4:24	13.6
35	GŁOWA DARIUSZ	2243		ZABRZE	POL	M-40	7	M 32	00:18:28	00:25:51		00:44:15.45	00:44:21.55	4:25	13.6
36	BOMBELKA DANIEL	2376	KRONOSPAN STRZELCE OPOLSKIE	JEMIELNICA	POL	M-20	9	M 33	00:18:49	00:26:09		00:44:15.20	00:44:22.55	4:25	13.6
37	BIENIECKI MAREK	2539	OTK RZEŹNIK	GLIWICE	POL	M-18	1	M 34	00:18:12	00:25:33		00:44:30.80	00:44:39.30	4:27	13.5
38	NOWAK MATEUSZ	2050		GLIWICE	POL	M-20	10	M 35	00:17:58	00:25:39		00:44:41.40	00:44:43.75	4:28	13.4
39	BRZOSKA PIOTR	2363	BIEGNĘ BO MI MARCIN KAZAŁ	PANIÓWKI	POL	M-30	18	M 36	00:18:24	00:25:52		00:44:47.10	00:44:50.40	4:28	13.4

GLIWICKA DYCHA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.3km	6km	Kar/Bon	Netto	Brutto	min/km	km/h
434	JANOSZKA IZABELA	2125	HIRSCHVOGEL	ŚWIBIE	POL	K-20	45	K 153	00:26:21	00:37:59		01:08:45.60	01:10:15.00	6:52	8.7
435	KACZKIEWICZ AGNIESZKA	2002	NIGHT RUNNERS GLIWICE	GLIWICE	POL	K-40	29	K 154	00:28:21	00:39:54		01:09:21.95	01:10:25.50	6:56	8.6
436	DZIEKAN KASIA	2197	ANTONTEAM	KĘDZIERZYN-KOŹLE	POL	K-30	68	K 155	00:28:54	00:40:29		01:08:53.55	01:10:34.20	6:53	8.7
437	CIESLAK PAWEŁ	2438		GLIWICE	POL	M-30	121	M 282	00:28:23	00:39:55		01:08:58.65	01:10:52.50	6:53	8.7
438	SZKAMRUK MAŁGORZATA	2254		GLIWICE	POL	K-30	69	K 156	00:27:44	00:39:12		01:09:33.15	01:10:58.95	6:57	8.6
439	PEKAŁA ANNA	2163		ZABRZE	POL	K-40	28	K 157	00:27:20	00:38:48		01:09:09.30	01:10:59.00	6:55	8.7
440	STANISZ MAŁGORZATA	2067		GLIWICE	POL	K-30	70	K 158	00:28:03	00:39:41		01:10:06.95	01:11:00.75	7:00	8.6
441	MALISZEWSKI JAKUB	2379	NAPĘDZANI PROCENTEM	GLIWICE	POL	M-30	122	M 283	00:29:12	00:40:43		01:09:22.70	01:11:18.05	6:56	8.6
442	MALISZEWSKI BOGUSŁAW	2381	NAPĘDZANI PROCENTEM	GLIWICE	POL	M-60	8	M 284	00:29:13	00:40:44		01:09:23.55	01:11:18.20	6:56	8.6
443	LEWICKI KRZYSZTOF	97	NIGHT RUNNERS GLIWICE	GLIWICE	POL	M-30	123	M 285	00:28:24	00:40:01		01:10:19.40	01:11:22.95	7:01	8.5
444	POLAKOWICZ ALEKSANDRA	2129		CHORZÓW	POL	K-40	34	K 159	00:28:00	00:39:55		01:10:10.25	01:11:40.95	7:01	8.6
445	KOCHANEK ALEKSANDRA	2203		GLIWICE	POL	K-40	31	K 160	00:28:01	00:39:25		01:09:24.35	01:11:52.70	6:56	8.6
446	OCHMAN AGNIESZKA	2451		BYTOM	POL	K-40	35	K 161	00:28:07	00:40:05		01:10:15.40	01:11:59.60	7:01	8.5
447	PIERNIKARCZYK MIRELA	2444		PRZEZCHLEBIE	POL	K-30	71	K 162	00:29:20	00:41:18		01:10:58.30	01:12:17.55	7:05	8.5
448	KONOPACKA KRYSZYNA	2119		GLIWICE	POL	K-60	3	K 163	00:29:03	00:40:58		01:11:54.15	01:12:27.00	7:11	8.3
449	GAŃTEK GERARD	2549		CZĘSTOCHOWA	M-70		2	M 286	00:28:37	00:40:21		01:10:58.75	01:12:48.75	7:05	8.5
450	PYREK MAREK	2314	TOROS DE ESPANA	LARYSZÓW	POL	M-30	125	M 287	00:29:29	00:41:40		01:12:04.15	01:13:00.20	7:12	8.3
451	NOWIŃSKI KAMIL	2284	SEKCJA BIEGOWA FAMILIA	GLIWICE	POL	M-30	124	M 288	00:31:33	00:44:51		01:11:24.25	01:13:48.25	7:08	8.4
452	ZIOŁKOWSKA BARBARA	2223	ŚWIĘTOCHŁOWICE	ŚWIĘTOCHŁOWICE	POL	K-30	72	K 164	00:28:27	00:40:25		01:12:09.60	01:13:52.95	7:12	8.3
453	ZARODA MAGDALENA	2287		GLIWICE	POL	K-30	73	K 165	00:29:35	00:41:36		01:13:20.45	01:13:53.00	7:20	8.2
454	TISZBIEREK GABRIELA	2118		BARGŁÓWKA	POL	K-40	36	K 166	00:29:04	00:41:11		01:12:13.50	01:13:55.85	7:13	8.3
455	TISZBIEREK HENRYK	2117	NIGHT RUNNERS GLIWICE	BARGŁÓWKA	POL	M-40	65	M 289	00:29:04	00:41:11		01:12:13.80	01:13:55.95	7:13	8.3
456	PRUCHNIK SŁAWEK	2051	JAZZY	GLIWICE	POL	M-20	66	M 290	00:29:16	00:42:57		01:13:49.40	01:14:48.45	7:22	8.1
457	JURETKO ADAM	2535		CHORZÓW	POL	M-40	66	M 291	00:29:33	00:41:56		01:13:24.60	01:15:02.10	7:20	8.2
458	KUT KRZYSZTOF	2031		GLIWICE	POL	M-30	126	M 292	00:30:01	00:42:32		01:14:00.65	01:15:02.70	7:24	8.1
459	VEGA ZUMETA BRYGIDA	2408	NIGHT RUNNERS GLIWICE	GLIWICE	POL	K-30	74	K 167	00:30:11	00:42:38		01:15:07.15	01:16:09.55	7:30	8
460	UEMURA YOSHIHIKO	2334	TAKENAKA	GLIWICE	POL	M-50	22	M 293	00:31:12	00:43:33		01:16:01.40	01:16:19.95	7:36	7.9
461	GORZKOWSKA MAŁGORZATA	2111		SOSNOWIEC	POL	K-20	46	K 168	00:29:59	00:42:02		01:14:10.40	01:16:21.70	7:25	8.1
462	KAMIŃSKI WOJCIECH	2477	INTERPROJEKT	GLIWICE	POL	M-20	67	M 294	00:30:05	00:42:12		01:14:15.20	01:16:40.55	7:25	8.1
463	KOSTRO RAFAŁ	2285	SEKCJA BIEGOWA FAMILIA	GLIWICE	POL	M-30	127	M 295	00:31:35	00:44:53		01:15:34.20	01:17:56.50	7:33	7.9
464	CUDZIK WALDEMAR	2463		CZĘSTOCHOWA	POL	M-50	23	M 296	00:52:11			01:16:35.70	01:18:03.95	7:39	7.8
465	ROSPONDEK AGATA	2472		CZĘSTOCHOWA	POL	K-30	75	K 169	00:52:10			01:16:36.35	01:18:04.95	7:39	7.8
466	FRĄC ELŻBIETA	2206	NIGHT RUNNERS GLIWICE	GLIWICE	POL	K-40	37	K 170	00:30:04	00:43:21		01:16:29.20	01:18:20.85	7:38	7.8
467	MARCZAK MARTA	2510		GLIWICE	POL	K-30	76	K 171	00:31:37	00:44:45		01:17:53.60	01:20:09.60	7:47	7.7
468	JÓZEFczyk KATARZYNA	2167	ISTA BIEGAMY	LEWIN BRZESKI	POL	K-30	77	K 172	00:30:22	00:46:22		01:18:56.80	01:21:00.25	7:53	7.6
469	KULIG MACIEJ	2504	CERTUM		POL	M-30	128	M 297	00:31:31	00:45:13		01:21:17.75	01:21:23.75	8:07	7.4
470	GROSS MAGDALENA	2413	UNISONO / FIS-SST TEAM	BYTOM	POL	K-18	4	K 173	00:31:36	00:45:44		01:20:06.40	01:22:24.45	8:00	7.5
471	DOLIŃSKI DANIEL	2414	UNISONO / FIS-SST TEAM	BYTOM	POL	M-20	68	M 298	00:31:35	00:45:43		01:20:05.90	01:22:24.70	8:00	7.5
472	JUSZCZAK EWA	2049		GLIWICE	POL	K-50	7	K 174	00:32:54	00:48:53		01:22:24.25	01:23:18.65	8:14	7.3
473	JUSZCZAK - WIŚNIEWSKA AGATA	2435	NIGHT RUNNERS GLIWICE	GLIWICE	POL	K-30	78	K 175	00:32:54	00:48:55		01:24:38.55	01:25:33.05	8:27	7.1
474	CIESZYŃSKA JOLANTA	2225	SEKCJA BIEGOWA FAMILIA	GLIWICE	POL	K-50	8	K 176	00:36:57	00:52:20		01:26:38.15	01:27:10.70	8:39	6.9
475	CYBULSKA WERONIKA	2184		GLIWICE	POL	K-20	47	K 177	00:54:40	01:03:46		01:28:28.80	01:30:15.30	8:50	6.8
476	SKUPIEŃ PIOTR	2526		GLIWICE	POL	M-40	67	M 299	00:53:51	01:03:37		01:30:19.05	01:30:56.55	9:01	6.6
477	WIERCIŃSKI ŁUKASZ	2473		GLIWICE	POL	M-60	9	M 300	00:57:51			01:43:58.20	01:44:03.45	10:23	5.8
478	OLEJNIK MARCIN	2302	PROPOINT	GOŁUSZOWICE	POL	M-20	69	M 301	00:48:26	01:14:52		01:52:26.45	01:53:01.80	11:14	5.3
	STASIERSKI MACIEJ	2279		KATOWICE	POL	M-30			00:42:53	DNF		DNF	DNF	-	-

GLIWICKA DYCHA, K Open

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.3km	6km	Kar/Bon	Netto	Brutto	min/km	km/h
1	GOLBA KASIA	2543	1SECOND TEAM		POL	K-20	1	K 1	00:16:52	00:23:55		00:41:22.65	00:41:25.30	4:08	14.5
2	LEWICKA ELŻBIETA	2149	NIEZRZESZONA	KNURÓW	POL	K-40	1	K 2	00:17:24	00:24:19		00:41:43.75	00:41:46.20	4:10	14.4
3	MAJ-DZIUBAŃSKA IZABELA	2262	AKMB PĘDZIWIATR GLIWICE	PYSKOWICE	POL	K-30	1	K 3	00:17:45	00:25:07		00:43:46.65	00:43:50.05	4:22	13.7
4	GAWLIK SANDRA	2187		STRZELCE OPOLSKIE	POL	K-30	2	K 4	00:18:42	00:26:20		00:45:32.20	00:45:34.85	4:33	13.2
5	NENKO BARBARA	2378	AUGUSTEAM	RUDA ŚLASKA	POL	K-30	3	K 5	00:19:06	00:26:43		00:46:20.00	00:46:32.05	4:38	12.9

GLIWICKA DYCHA, K Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.3km	6km	Kar/Bon	Netto	Brutto	min/km	km/h
177	CYBULSKA WERONIKA	2184		GLIWICE	POL	K-20	47	K 177	00:54:40	01:03:46		01:28:28.80	01:30:15.30	8:50	6.8

GLIWICKA DYCHA, M Open

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.3km	6km	Kar/Bon	Netto	Brutto	min/km	km/h
1	FORMICKI RAFAŁ	2461	CKS BUDOWLANI CZĘSTOCHOWA	ZAWIERCIE	POL	M-20	1	M 1	00:13:57	00:19:34		00:37:11.15	00:37:12.65	3:43	16.1
2	JARCO DOMINIK	2234	ALPIN SPORT TEAM	PIETRZYKOWICE	POL	M-20	2	M 2	00:14:08	00:20:01	00:03:33	00:37:13.05	00:37:13.95	3:22	17.8
3	ROSIŃSKI ARTUR	2354	PARKRUN KATOWICE	RUDA ŚLĄSKA	POL	M-20	3	M 3	00:15:19	00:20:58	00:03:33	00:37:18.35	00:37:19.25	3:22	17.8
4	WOJDYŁA MATEUSZ	2313	GMINA STRZELCE OPOLSKIE	KALINOWICE	POL	M-30	1	M 4	00:14:25	00:20:22	00:03:33	00:37:30.30	00:37:32.90	3:23	17.7
5	WINKLER TOMASZ	2470		MARKLOWICE	POL	M-30	2	M 5	00:15:18	00:20:58	00:03:33	00:37:44.15	00:37:45.10	3:25	17.5
6	SLADEK DOMINIK	2205	NIEZRZESZONY	ZABRZE	POL	M-20	4	M 6	00:15:25	00:21:48		00:38:16.10	00:38:17.35	3:49	15.7
7	PSTRAŚ LESZEK	2085	PARKRUN KATOWICE	KATOWICE	POL	M-30	3	M 7	00:16:00	00:22:20		00:38:23.90	00:38:23.90	3:50	15.6
8	WYSOCKI MARIUSZ	2352	LECZYMY DURŚ	PIEKARY ŚLĄSKIE	POL	M-40	1	M 8	00:16:18	00:22:38		00:38:28.50	00:38:36.85	3:50	15.6
9	BUJNOWSKI ARTUR	2044	SOKÓŁ / ENDURANCE KNURÓW	KNURÓW	POL	M-30	4	M 9	00:15:58	00:22:21		00:38:53.10	00:38:55.75	3:53	15.4
10	CZERWIŃSKI MICHAŁ	2540	SBD ENERGETYK RYBNIK	RYBNIK	POL	M-30	5	M 10	00:15:55	00:22:27		00:38:57.05	00:38:58.90	3:53	15.4
11	JUCHA PRZEMYSŁAW	2524	ANTONTEM		POL	M-30	6	M 11	00:16:55	00:23:39		00:39:49.85	00:39:52.90	3:58	15.1
12	KAUF DAMIAN	2446		ZABRZE	POL	M-30	7	M 12	00:16:16	00:22:57		00:39:57.05	00:40:01.05	3:59	15
13	BŁASZCZYK DOMINIK	2401	NIGHT RUNNERS	KALETY	POL	M-20	5	M 13	00:16:38	00:23:13		00:40:10.05	00:40:12.50	4:01	14.9
14	OCHMAN PAWEŁ	2431	FUTURE PROCESSING RUNNING TEAM	GLIWICE	POL	M-30	8	M 14	00:16:59	00:23:40		00:40:15.05	00:40:19.05	4:01	14.9
15	PRZEŹDZIAK ZYGMUNT	2323	KRONOSPAN STRZELCE OPOLSKIE	STRZELCE OPOLSKIE	POL	M-40	2	M 15	00:16:51	00:23:34		00:40:21.85	00:40:26.45	4:02	14.9
16	PIOTROWSKI ŁUKASZ	2210		RUDA ŚLĄSKA	POL	M-30	9	M 16	00:16:29	00:23:16		00:40:38.55	00:40:40.05	4:03	14.8
17	WISZYŃSKI DAMIAN	2357		CHORZÓW	POL	M-30	10	M 17	00:16:57	00:23:46		00:40:41.35	00:40:44.15	4:04	14.7
18	LAMPARSKI ŁUKASZ	2063		GÓRKI WIELKIE	POL	M-20	6	M 18	00:16:43	00:23:38		00:40:59.95	00:41:01.70	4:06	14.6
19	RAJWA MARCIN	2375		RADLIN	POL	M-20	7	M 19	00:16:09	00:23:09		00:41:06.30	00:41:09.40	4:06	14.6
20	CIECIAK GRZEGORZ	2480	MEGWAT RUNNING TEAM	ŻORY	POL	M-40	3	M 20	00:17:04	00:23:52		00:41:07.15	00:41:15.80	4:06	14.6
21	SZABELSKI KRZYSZTOF	2397	FUTURE PROCESSING RUNNING TEAM	GLIWICE	POL	M-30	11	M 21	00:16:47	00:23:41		00:41:26.65	00:41:32.85	4:08	14.5
22	GRAMATYKA JAN	2399	FUTURE PROCESSING RUNNING TEAM	GLIWICE	POL	M-30	12	M 22	00:16:48	00:23:42		00:41:27.05	00:41:32.85	4:08	14.5
23	WISZNIEWSKI DARIUSZ	2382	ANTONTEAM	KĘDZIERZYN-KOŹLE	POL	M-40	4	M 23	00:16:55	00:23:55		00:42:02.15	00:42:05.50	4:12	14.3
24	MAJ WITOLD	2475	OLDBOYS TRUSKOLASY	WRĘCZYCA WIELKA	POL	M-50	1	M 24	00:17:03	00:24:04		00:42:04.15	00:42:20.85	4:12	14.3
25	ALKER ANDRZEJ	2087		GLIWICE	POL	M-20	8	M 25	00:17:31	00:24:43		00:42:57.45	00:43:00.75	4:17	14
26	WASZTYL GRZEGORZ	2520		KATOWICE	POL	M-40	5	M 26	00:17:28	00:24:37		00:42:57.25	00:43:07.15	4:17	14
27	NIKIEL MARCIN	2054		ZABRZE	POL	M-30	13	M 27	00:17:26	00:24:38		00:43:06.45	00:43:10.30	4:18	13.9
28	ZDEBEL DARIUSZ	2160	LECZYMY DURŚ	PIEKARY ŚLĄSKIE	POL	M-40	6	M 28	00:18:04	00:25:14		00:43:11.90	00:43:19.40	4:19	13.9
29	MAJEWSKI ANDRZEJ	2303	KRONOSPAN STRZELCE OPOLSKIE	STRZELCE OPOLSKIE	POL	M-30	14	M 29	00:18:02	00:25:20		00:43:29.50	00:43:37.30	4:21	13.8
30	KUCHTA MIROSŁAW	2212	REMGUM	KATOWICE	POL	M-50	2	M 30	00:18:00	00:25:23		00:44:08.40	00:44:12.40	4:24	13.6
31	ROSIKOŃ TOMASZ	2269		GLIWICE	POL	M-30	15	M 31	00:18:01	00:25:18		00:44:07.00	00:44:15.05	4:24	13.6
32	GŁOWA DARIUSZ	2243		ZABRZE	POL	M-40	7	M 32	00:18:28	00:25:51		00:44:15.45	00:44:21.55	4:25	13.6
33	BOMBELKA DANIEL	2376	KRONOSPAN STRZELCE OPOLSKIE	JEMIELNICA	POL	M-20	9	M 33	00:18:49	00:26:09		00:44:15.20	00:44:22.55	4:25	13.6
34	BIENIECKI MAREK	2539	OTK RZEŹNIK	GLIWICE	POL	M-18	1	M 34	00:18:12	00:25:33		00:44:30.80	00:44:39.30	4:27	13.5
35	NOWAK MATEUSZ	2050		GLIWICE	POL	M-20	10	M 35	00:17:58	00:25:39		00:44:41.40	00:44:43.75	4:28	13.4
36	BRZOSKA PIOTR	2363	BIEGNĘ BO MI MARCIN KAZAŁ	PANIÓWKI	POL	M-30	18	M 36	00:18:24	00:25:52		00:44:47.10	00:44:50.40	4:28	13.4
37	KRAUSE SZYMON	2155		TARNOWSKIE GÓRY	POL	M-30	19	M 37	00:18:24	00:26:01		00:44:52.05	00:44:55.25	4:29	13.4
38	JAKUBIAK DAWID	2084	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	RYBNIK	POL	M-30	17	M 38	00:18:43	00:26:21		00:44:42.85	00:45:01.05	4:28	13.4
39	HALMAN TOMASZ	2371		GLIWICE	POL	M-30	16	M 39	00:18:11	00:25:42		00:44:37.55	00:45:03.15	4:27	13.4
40	BABIUCH KAROL	2321		ŁANY WIELKIE	POL	M-30	21	M 40	00:18:33	00:25:59		00:45:13.75	00:45:31.70	4:31	13.3
41	MRÓZEK TOMASZ	2265		GLIWICE	POL	M-30	22	M 41	00:19:13	00:26:39		00:45:22.40	00:45:44.70	4:32	13.2
42	JURGA ADAM	2384	KS OLKUSZ	OLKUSZ	POL	M-30	23	M 42	00:18:22	00:26:05		00:45:37.30	00:45:45.10	4:33	13.1
43	LNIAŃY BENIAMIN	2039	POBIEGA(L)NIANY	RUDA ŚLĄSKA	POL	M-40	8	M 43	00:18:42	00:26:25		00:45:45.40	00:45:52.05	4:34	13.1

GLIWICKA DYCHA, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.3km	6km	Kar/Bon	Netto	Brutto	min/km	km/h
268	PLACHTA MAREK	2076	INTER PROJEKT SA	RUDA ŚLĄSKA	POL	M-40	60	M 268	00:26:02	00:37:01		01:05:33.10	01:06:26.25	6:33	9.2
269	WÓJCIK RAFAŁ	2331	SEKCJA BIEGOWA FAMILIA	ZABRZE	POL	M-30	118	M 269	00:25:18	00:35:54		01:04:02.70	01:06:27.85	6:24	9.4
270	KUBICA MICHAŁ	2479		GLIWICE	POL	M-20	63	M 270	00:28:15	00:39:18		01:05:10.30	01:06:40.50	6:31	9.2
271	ŚWIDER TOMASZ	2222	BYTOM	BYTOM	POL	M-40	59	M 271	00:28:26	00:40:24		01:05:15.90	01:06:59.20	6:31	9.2
272	JUROWICZ DAMIAN	2447		KATOWICE	POL	M-20	64	M 272	00:26:42	00:37:43		01:05:33.70	01:07:01.70	6:33	9.2
273	PORADA TOMASZ	2312		RUDA ŚLĄSKA	POL	M-30	119	M 273	00:27:18	00:38:04		01:05:10.75	01:07:06.95	6:31	9.2
274	BRODIUK NORBERT	2001	SBRT ,NIGHT RUNNERS GLIWICE	GLIWICE	POL	M-40	62	M 274	00:26:54	00:38:01		01:06:41.30	01:07:17.85	6:40	9
275	SMUDA GRZEGORZ	2110	AKMB PĘDZIWIATR GLIWICE	GLIWICE	POL	M-30	120	M 275	00:27:23	00:38:10		01:05:29.35	01:07:18.45	6:32	9.2
276	MALEC MAREK	2391		GLIWICE	POL	M-20	65	M 276	00:25:38	00:37:07		01:05:51.85	01:07:25.50	6:35	9.1
277	STACHOWIAK JANUSZ	2169		TARNOWSKIE GÓRY	POL	M-60	7	M 277	00:26:24	00:37:24		01:05:56.65	01:07:36.80	6:35	9.1
278	SOWA IRENEUSZ	2098	SOWA TEAM OPOLE	OPOLE	POL	M-40	61	M 278	00:26:30	00:37:43		01:06:27.90	01:07:53.20	6:38	9
279	STEPEL GRZEGORZ	2214		GLIWICE	POL	M-40	63	M 279	00:26:55	00:38:33		01:07:17.45	01:08:07.50	6:43	8.9
280	KLIKS KAZIMIERZ	2071		ZABRZE	POL	M-50	21	M 280	00:27:30	00:38:40		01:07:17.70	01:09:30.35	6:43	8.9
281	STRUG MARIUSZ	2482		GLIWICE	POL	M-40	64	M 281	00:27:32	00:38:56		01:07:56.80	01:10:14.60	6:47	8.8
282	CIESLAK PAWEŁ	2438		GLIWICE	POL	M-30	121	M 282	00:28:23	00:39:55		01:08:58.65	01:10:52.50	6:53	8.7
283	MALISZEWSKI JAKUB	2379	NAPĘDZANI PROCENTEM	GLIWICE	POL	M-30	122	M 283	00:29:12	00:40:43		01:09:22.70	01:11:18.05	6:56	8.6
284	MALISZEWSKI BOGUSŁAW	2381	NAPĘDZANI PROCENTEM	GLIWICE	POL	M-60	8	M 284	00:29:13	00:40:44		01:09:23.55	01:11:18.20	6:56	8.6
285	LEWICKI KRZYSZTOF	97	NIGHT RUNNERS GLIWICE	GLIWICE	POL	M-30	123	M 285	00:28:24	00:40:01		01:10:19.40	01:11:22.95	7:01	8.5
286	GAŃTEK GERARD	2549		CZĘSTOCHOWA	M-70	2	M 286	00:28:37	00:40:21		01:10:58.75	01:12:48.75	7:05	8.5	
287	PYREK MAREK	2314	TOROS DE ESPANA	LARYSZÓW	POL	M-30	125	M 287	00:29:29	00:41:40		01:12:04.15	01:13:00.20	7:12	8.3
288	NOWIŃSKI KAMIL	2284	SEKCJA BIEGOWA FAMILIA	GLIWICE	POL	M-30	124	M 288	00:31:33	00:44:51		01:11:24.25	01:13:48.25	7:08	8.4
289	TISZBIEREK HENRYK	2117	NIGHT RUNNERS GLIWICE	BARGŁÓWKA	POL	M-40	65	M 289	00:29:04	00:41:11		01:12:13.80	01:13:55.95	7:13	8.3
290	PRUCHNIK SŁAWEK	2051	JAZZY	GLIWICE	POL	M-20	66	M 290	00:29:16	00:42:57		01:13:49.40	01:14:48.45	7:22	8.1
291	JURETKO ADAM	2535		CHORZÓW	POL	M-40	66	M 291	00:29:33	00:41:56		01:13:24.60	01:15:02.10	7:20	8.2
292	KUT KRZYSZTOF	2031		GLIWICE	POL	M-30	126	M 292	00:30:01	00:42:32		01:14:00.65	01:15:02.70	7:24	8.1
293	UEMURA YOSHIHIKO	2334	TAKENAKA	GLIWICE	POL	M-50	22	M 293	00:31:12	00:43:33		01:16:01.40	01:16:19.95	7:36	7.9
294	KAMIŃSKI WOJCIECH	2477	INTERPROJEKT	GLIWICE	POL	M-20	67	M 294	00:30:05	00:42:12		01:14:15.20	01:16:40.55	7:25	8.1
295	KOSTRO RAFAŁ	2285	SEKCJA BIEGOWA FAMILIA	GLIWICE	POL	M-30	127	M 295	00:31:35	00:44:53		01:15:34.20	01:17:56.50	7:33	7.9
296	CUDZIK WALDEMAR	2463		CZĘSTOCHOWA	POL	M-50	23	M 296	00:52:11			01:16:35.70	01:18:03.95	7:39	7.8
297	KULIG MACIEJ	2504	CERTUM	POL	M-30	128	M 297	00:31:31	00:45:13		01:21:17.75	01:21:23.75	8:07	7.4	
298	DOLIŃSKI DANIEL	2414	UNISONO / FIS-SST TEAM	BYTOM	POL	M-20	68	M 298	00:31:35	00:45:43		01:20:05.90	01:22:24.70	8:00	7.5
299	SKUPIEŃ PIOTR	2526		GLIWICE	POL	M-40	67	M 299	00:53:51	01:03:37		01:30:19.05	01:30:56.55	9:01	6.6
300	WIERCIŃSKI ŁUKASZ	2473		GLIWICE	POL	M-60	9	M 300	00:57:51			01:43:58.20	01:44:03.45	10:23	5.8
301	OLEJNIK MARCIN	2302	PROPOINT	GOŁUSZOWICE	POL	M-20	69	M 301	00:48:26	01:14:52		01:52:26.45	01:53:01.80	11:14	5.3
	STASIERSKI MACIEJ	2279		KATOWICE	POL	M-30			00:42:53	DNF		DNF	DNF	-	-
									DNF						

GLIWICKA DYCHA, Mieszkancki Gliwic

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.3km	6km	Kar/Bon	Netto	Brutto	min/km	km/h
1	SKUPIEŃ MAŁGORZATA	2122	ETISOFT RUNNING TEAM	GLIWICE	POL	K-20	2	K 9	00:21:07	00:29:09		00:49:12.75	00:49:54.95	4:55	12.2
2	FRĄCZYK MAŁGORZATA	2213		GLIWICE	POL	K-40	3	K 11	00:20:24	00:28:30		00:49:25.00	00:50:13.05	4:56	12.1
3	PASECKA SYLWIA	2333		GLIWICE	POL	K-40	4	K 10	00:20:47	00:29:05		00:49:48.15	00:50:09.55	4:58	12
4	PIKUL WIKTORIA	2177		GLIWICE	POL	K-18	1	K 12	00:21:18	00:29:39		00:50:17.60	00:50:45.60	5:01	11.9
5	ŻOŁĄDZ MARLENA	2264		GLIWICE	POL	K-20	3	K 14	00:21:47	00:30:13		00:50:37.35	00:51:43.50	5:03	11.9
6	RUBIN KATARZYNA	2487		GLIWICE	POL	K-20	6	K 17	00:21:16	00:29:41		00:51:36.80	00:52:13.20	5:09	11.6
7	EICHHOF JOANNA	2030		GLIWICE	POL	K-40	5	K 21	00:21:52	00:30:30		00:52:33.55	00:53:46.20	5:15	11.4
8	BRODAŁA AGNIESZKA	2245		GLIWICE	POL	K-30	10	K 19	00:22:03	00:30:45		00:52:43.45	00:53:05.00	5:16	11.4
9	GAJDA KATARZYNA	2339	TAKENAKA	GLIWICE	POL	K-20	8	K 24	00:22:26	00:31:19		00:53:52.15	00:54:07.00	5:23	11.1
10	ŁAJSZCZAK - GAJDA DOROTA	2174		GLIWICE	POL	K-40	8	K 35	00:22:19	00:31:19		00:54:01.40	00:56:01.45	5:24	11.1
11	RACZEK MAGDALENA	2193		GLIWICE	POL	K-30	12	K 27	00:23:01	00:31:59		00:54:10.95	00:54:41.85	5:25	11.1
12	KOSMACZEWSKA ANNA	2010	ETISOFT RUNNING TEAM	GLIWICE	POL	K-30	14	K 33	00:23:29	00:32:39		00:55:28.15	00:55:50.20	5:32	10.8
13	STOLARCZYK ALEKSANDRA	2465	RUNTEAM PAWŁOWICE	PAWŁOWICE	POL	K-30	15	K 41	00:23:34	00:32:40		00:55:34.95	00:57:37.30	5:33	10.8
14	SIERADZKA AGNIESZKA	2057	BIEGĄ Z TRENERAMI	GLIWICE	POL	K-30	17	K 34	00:33:29	00:33:29		00:55:56.60	00:55:56.60	5:35	10.7
15	BEMŚ EMILIA	2185		GLIWICE	POL	K-20	12	K 43	00:24:04	00:33:11		00:56:06.10	00:57:50.85	5:36	10.7
16	GILLNER KLAUDIA	2035		GLIWICE	POL	K-20	14	K 47	00:23:25	00:32:40		00:56:22.75	00:57:59.10	5:38	10.6

GLIWICKA DYCHA, Mieszkańcy Gliwic c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.3km	6km	Kar/Bon	Netto	Brutto	min/km	km/h
112	MALISZEWSKI BOGUSŁAW	2381	NAPĘDZANI PROCENTEM	GLIWICE	POL	M-60	8	M 284	00:29:13	00:40:44		01:09:23.55	01:11:18.20	6:56	8.6
113	LEWICKI KRZYSZTOF	97	NIGHT RUNNERS GLIWICE	GLIWICE	POL	M-30	123	M 285	00:28:24	00:40:01		01:10:19.40	01:11:22.95	7:01	8.5
114	NOWIŃSKI KAMIL	2284	SEKCJA BIEGOWA FAMILIA	GLIWICE	POL	M-30	124	M 288	00:31:33	00:44:51		01:11:24.25	01:13:48.25	7:08	8.4
115	PRUCHNIK SŁAWEK	2051	JAZZY	GLIWICE	POL	M-20	66	M 290	00:29:16	00:42:57		01:13:49.40	01:14:48.45	7:22	8.1
116	KUT KRZYSZTOF	2031		GLIWICE	POL	M-30	126	M 292	00:30:01	00:42:32		01:14:00.65	01:15:02.70	7:24	8.1
117	KAMIŃSKI WOJCIECH	2477	INTERPROJEKT	GLIWICE	POL	M-20	67	M 294	00:30:05	00:42:12		01:14:15.20	01:16:40.55	7:25	8.1
118	KOSTRO RAFAŁ	2285	SEKCJA BIEGOWA FAMILIA	GLIWICE	POL	M-30	127	M 295	00:31:35	00:44:53		01:15:34.20	01:17:56.50	7:33	7.9
119	WIERCIŃSKI ŁUKASZ	2473		GLIWICE	POL	M-60	9	M 300	00:57:51			01:43:58.20	01:44:03.45	10:23	5.8

GLIWICKA DYCHA, K-18

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.3km	6km	Kar/Bon	Netto	Brutto	min/km	km/h
1	PIKUL WIKTORIA	2177		GLIWICE	POL	K-18	1	K 12	00:21:18	00:29:39		00:50:17.60	00:50:45.60	5:01	11.9
2	MICHALSKA NATALIA	2182	ABM	GLIWICE	POL	K-18	2	K 48	00:23:06	00:32:37		00:56:36.65	00:58:03.95	5:39	10.6
3	SZULC JOANNA	2038		ORNONTOWICE	POL	K-18	3	K 100	00:26:15	00:36:26		01:01:46.85	01:02:14.85	6:10	9.7
4	GROSS MAGDALENA	2413	UNISONO / FIS-SST TEAM	BYTOM	POL	K-18	4	K 173	00:31:36	00:45:44		01:20:06.40	01:22:24.45	8:00	7.5

GLIWICKA DYCHA, M-18

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.3km	6km	Kar/Bon	Netto	Brutto	min/km	km/h
1	BIENIECKI MAREK	2539	OTK RZEŹNIK	GLIWICE	POL	M-18	1	M 34	00:18:12	00:25:33		00:44:30.80	00:44:39.30	4:27	13.5
2	PUPIELK KAMIL	2550		TARNOWSKIE GÓRY	POL	M-18	2	M 77	00:19:00	00:27:12		00:48:45.20	00:48:58.45	4:52	12.3
3	KLEMCZAK SZYMON	2478	AQUASENSE.PL	GLIWICE	POL	M-18	3	M 217	00:24:43	00:34:54		00:58:51.30	00:59:45.45	5:53	10.2

GLIWICKA DYCHA, K-20

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.3km	6km	Kar/Bon	Netto	Brutto	min/km	km/h
1	GOLBA KASJA	2543	1SECOND TEAM		POL	K-20	1	K 1	00:16:52	00:23:55		00:41:22.65	00:41:25.30	4:08	14.5
2	SKUPIEŃ MAŁGORZATA	2122	ETISOFT RUNNING TEAM	GLIWICE	POL	K-20	2	K 9	00:21:07	00:29:09		00:49:12.75	00:49:54.95	4:55	12.2
3	ŻOŁĄDŹ MARLENA	2264		GLIWICE	POL	K-20	3	K 14	00:21:47	00:30:13		00:50:37.35	00:51:43.50	5:03	11.9
4	WIŚNIEWSKA DOMINIKA	2462		GIERAŁTOWICE	POL	K-20	4	K 16	00:21:16	00:29:34		00:50:37.85	00:52:02.85	5:03	11.9
5	SZCZYRBA AGNIESZKA	2190		PYSKOWICE	POL	K-20	5	K 15	00:20:59	00:29:22		00:51:00.95	00:51:47.00	5:06	11.8
6	RUBIN KATARZYNA	2487		GLIWICE	POL	K-20	6	K 17	00:21:16	00:29:41		00:51:36.80	00:52:13.20	5:09	11.6
7	KOŁOSKA KARINA	2258		PIEKARY ŚLĄSKIE	POL	K-20	7	K 23	00:21:52	00:30:51		00:53:51.60	00:54:04.75	5:23	11.1
8	GAJDA KATARZYNA	2339	TAKENAKA	GLIWICE	POL	K-20	8	K 24	00:22:26	00:31:19		00:53:52.15	00:54:07.00	5:23	11.1
9	STAROŃ JAGODA	2161		ZABRZE	POL	K-20	9	K 29	00:23:00	00:31:57		00:54:03.90	00:54:57.35	5:24	11.1
10	WIĘCZKOWSKA MILENA	2521			POL	K-20	10	K 28	00:21:59	00:31:11		00:54:33.55	00:54:49.00	5:27	11
11	PIOTROWSKA MAŁGORZATA	2131		ZABRZE	POL	K-20	11	K 37	00:23:00	00:32:02		00:55:21.95	00:56:15.30	5:32	10.8
12	BEMŚ EMILIA	2185		GLIWICE	POL	K-20	12	K 43	00:24:04	00:33:11		00:56:06.10	00:57:50.85	5:36	10.7
13	PUTOWSKA NATALIA	2180		GLIWICE	POL	K-20	13	K 45	00:24:03	00:33:10		00:56:06.95	00:57:52.10	5:36	10.7
14	GILLNER KLAUDIA	2035		GLIWICE	POL	K-20	14	K 47	00:23:25	00:32:40		00:56:22.75	00:57:59.10	5:38	10.6
15	MUSKIETORZ KATARZYNA	2033		MIKOŁÓW	POL	K-20	15	K 38	00:24:00	00:33:29		00:56:23.30	00:56:50.50	5:38	10.6
16	TARNOWSKA EDYTA	2151		GLIWICE	POL	K-20	16	K 39	00:23:01	00:32:28		00:56:54.85	00:57:18.65	5:41	10.5
17	IWAN ANITA	2545		ZIEMIĘCICE	POL	K-20	17	K 55	00:24:02	00:33:28		00:57:27.65	00:58:52.55	5:44	10.4
18	ŚMIGIEL MAGDALENA	2192		GLIWICE	POL	K-20	18	K 53	00:22:57	00:33:08		00:57:40.05	00:58:45.05	5:46	10.4
19	WANDEL EWA	2092		WILKASY	POL	K-20	19	K 51	00:23:55	00:33:23		00:57:50.20	00:58:25.00	5:47	10.4
20	OŻÓG CLAUDIA	680		WARSAW	POL	K-20	20	K 52	00:23:01	00:32:58		00:58:10.95	00:58:33.45	5:49	10.3
21	ŻUREK NELA	2276	HIRERIGHT RUNNING TEAM	KATOWICE	POL	K-20	21	K 63	00:24:03	00:33:31		00:58:11.25	00:59:50.45	5:49	10.3
22	SKORUPA MAGDALENA	2344		PRZEGĘDZA	POL	K-20	22	K 65	00:24:07	00:33:41		00:58:12.25	01:00:02.90	5:49	10.3
23	KRZOS DOMINIKA	2436		ZABRZE	POL	K-20	23	K 74	00:24:24	00:33:51		00:58:20.15	01:00:40.75	5:50	10.3
24	BALCER WERONIKA	2318		GLIWICE	POL	K-20	24	K 73	00:23:43	00:33:18		00:58:26.60	01:00:36.15	5:50	10.3
25	LUKOSZEK WERONIKA	2034	STEP-DANCE	GLIWICE	POL	K-20	25	K 71	00:24:29	00:34:14		00:58:29.15	01:00:30.45	5:50	10.3

GLIWICKA DYCHA, K-20 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.3km	6km	Kar/Bon	Netto	Brutto	min/km	km/h
26	BRZÓZKA PATRYCJA	2490		GLIWICE	POL	K-20	26	K 82	00:24:52	00:34:32		00:59:02.30	01:01:12.00	5:54	10.2
27	BOCHNAK ALEKSANDRA	2156		GLIWICE	POL	K-20	27	K 68	00:24:27	00:34:29		00:59:42.45	01:00:21.35	5:58	10
28	KUWIK KLAUDIA	2293	PROPOINT	GLIWICE	POL	K-20	28	K 66	00:24:55	00:34:55		00:59:46.00	01:00:17.10	5:58	10
29	KOLASIŃSKA MONIKA	2075		GLIWICE	POL	K-20	29	K 88	00:24:31	00:34:31		00:59:46.40	01:01:39.65	5:58	10
30	MAZURCZAK DIANA	2247		OPOLE	POL	K-20	30	K 80	00:24:58	00:35:01		00:59:58.70	01:01:08.40	5:59	10
31	ŻURAWIECKA ANNA	2474		GLIWICE	POL	K-20	31	K 96	00:25:04	00:35:05		01:00:19.85	01:02:10.35	6:02	9.9
32	WOLANIN PATRYCJA	2440		GLIWICE	POL	K-20	32	K 89	00:25:45	00:35:43		01:00:43.70	01:01:43.05	6:04	9.9
33	RUSIELEWICZ AGNIESZKA	2486		GLIWICE	POL	K-20	33	K 105	00:25:44	00:35:40		01:00:54.70	01:03:14.70	6:05	9.9
34	PIETRZYK MAŁGORZATA	2273		GLINICA	POL	K-20	34	K 99	00:26:00	00:36:26		01:01:03.90	01:02:13.75	6:06	9.8
35	PIENIAK KAROLINA	2078		GLIWICE	POL	K-20	35	K 90	00:25:46	00:36:02		01:01:07.95	01:01:46.10	6:06	9.8
36	ANTOS ANGELIKA	2123	HIRSCHVOGEL	TYCHY	POL	K-20	36	K 108	00:25:14	00:35:28		01:02:14.20	01:03:48.85	6:13	9.6
37	SIKORA ANNA	2208		KNURÓW	POL	K-20	37	K 112	00:26:30	00:37:01		01:03:21.35	01:04:23.35	6:20	9.5
38	KOPEC-WÓJCIK MONIKA	2138		KNURÓW	POL	K-20	38	K 115	00:26:29	00:37:01		01:03:23.05	01:04:25.05	6:20	9.5
39	BĄCZEK PATRYCJA	2324		GLIWICE	POL	K-20	39	K 139	00:26:16	00:36:57		01:04:00.20	01:06:57.25	6:24	9.4
40	KEMPKA IZABELA	2373		JAWORZNO	POL	K-20	40	K 127	00:26:16	00:36:59		01:04:02.60	01:05:25.40	6:24	9.4
41	RUŁKA MARTA	2072		TRZEBINIA	POL	K-20	41	K 135	00:26:37	00:37:03		01:04:20.00	01:06:26.15	6:26	9.3
42	JOOSTBERENS ALEKSANDRA	2392	FLUOR SA	PYSKOWICE	POL	K-20	42	K 143	00:27:20	00:38:46		01:06:36.50	01:08:31.45	6:39	9
43	MICHALIK NATALIA	2088		GLIWICE	POL	K-20	43	K 142	00:25:20	00:36:47		01:06:38.85	01:08:25.15	6:39	9
44	TRZASKALIK ALEKSANDRA	2120		GLIWICE	POL	K-20	44	K 148	00:28:46	00:39:54		01:07:44.90	01:09:55.95	6:46	8.9
45	JANOSZKA IZABELA	2125	HIRSCHVOGEL	ŚWIBIE	POL	K-20	45	K 153	00:26:21	00:37:59		01:08:45.60	01:10:15.00	6:52	8.7
46	GORZKOWSKA MAŁGORZATA	2111		SOSNOWIEC	POL	K-20	46	K 168	00:29:59	00:42:02		01:14:10.40	01:16:21.70	7:25	8.1
47	CYBULSKA WERONIKA	2184		GLIWICE	POL	K-20	47	K 177	00:54:40	01:03:46		01:28:28.80	01:30:15.30	8:50	6.8

GLIWICKA DYCHA, M-20

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.3km	6km	Kar/Bon	Netto	Brutto	min/km	km/h
1	FORMICKI RAFAŁ	2461	CKS BUDOWLANI CZĘSTOCHOWA	ZAWIERCIE	POL	M-20	1	M 1	00:13:57	00:19:34		00:37:11.15	00:37:12.65	3:43	16.1
2	JARCO DOMINIK	2234	ALPIN SPORT TEAM	PIETRZYKOWICE	POL	M-20	2	M 2	00:14:08	00:20:01	00:03:33	00:37:13.05	00:37:13.95	3:22	17.8
3	ROSIŃSKI ARTUR	2354	PARKRUN KATOWICE	RUDA ŚLĄSKA	POL	M-20	3	M 3	00:15:19	00:20:58	00:03:33	00:37:18.35	00:37:19.25	3:22	17.8
4	SLADEK DOMINIK	2205	NIEZRZESZONY	ZABRZE	POL	M-20	4	M 6	00:15:25	00:21:48		00:38:16.10	00:38:17.35	3:49	15.7
5	BŁASZCZYK DOMINIK	2401	NIGHT RUNNERS	KALETY	POL	M-20	5	M 13	00:16:38	00:23:13		00:40:10.05	00:40:12.50	4:01	14.9
6	LAMPARSKI ŁUKASZ	2063		GÓRKI WIELKIE	POL	M-20	6	M 18	00:16:43	00:23:38		00:40:59.95	00:41:01.70	4:06	14.6
7	RAJWA MARCIN	2375		RADLIN	POL	M-20	7	M 19	00:16:09	00:23:09		00:41:06.30	00:41:09.40	4:06	14.6
8	ALKER ANDRZEJ	2087		GLIWICE	POL	M-20	8	M 25	00:17:31	00:24:43		00:42:57.45	00:43:00.75	4:17	14
9	BOMBELKA DANIEL	2376	KRONOSPAN STRZELCE OPOLSKIE	JEMIELNICA	POL	M-20	9	M 33	00:18:49	00:26:09		00:44:15.20	00:44:22.55	4:25	13.6
10	NOWAK MATEUSZ	2050		GLIWICE	POL	M-20	10	M 35	00:17:58	00:25:39		00:44:41.40	00:44:43.75	4:28	13.4
11	SZABRA DAWID	2204	-	CHORZÓW	POL	M-20	11	M 53	00:18:35	00:26:07		00:45:19.15	00:47:06.90	4:31	13.2
12	GOŁYŚ GRZEGORZ	2503	CERTUM	USTRÓŃ	POL	M-20	12	M 56	00:19:14	00:26:37		00:45:37.85	00:47:20.10	4:33	13.1
13	PACANA PATRYK	2043	DRUŻYNA ŚWIĘTEGO MARCINA	TARNOWSKIE GÓRY	POL	M-20	13	M 44	00:18:59	00:26:21		00:45:42.00	00:45:55.30	4:34	13.1
14	CZERNIK JAKUB	2396	ELZAB ACTIVE TEAM	PIEKARY ŚLĄSKIE	POL	M-20	14	M 45	00:18:26	00:26:05		00:45:52.95	00:46:09.30	4:35	13.1
15	MAZUR WITOLD	2296	PROPOINT	GLIWICE	POL	M-20	15	M 61	00:20:21	00:28:10		00:47:01.30	00:47:36.90	4:42	12.8
16	ŚWITALSKI ADAM	2421		CHORZÓW	POL	M-20	16	M 73	00:21:12	00:28:50		00:47:21.95	00:48:35.80	4:44	12.7
17	WOJTAS PAWEŁ	2346	3940	SANOK	POL	M-20	17	M 64	00:19:23	00:27:27		00:47:35.05	00:47:45.40	4:45	12.6
18	ZAKRZOWSKI KRZYSZTOF	2467	TENNECO AUTOMOTIVE EASTERN EUROPE	RUDA ŚLĄSKA	POL	M-20	18	M 69	00:19:28	00:27:31		00:47:41.10	00:48:17.50	4:46	12.6
19	SIERADZKI ADAM	2292	PROPOINT	KATOWICE	POL	M-20	19	M 71	00:20:07	00:27:57		00:48:03.05	00:48:34.45	4:48	12.5
20	PACANA KRZYSZTOF	2114		TARNOWSKIE GÓRY	POL	M-20	20	M 76	00:19:32	00:27:34		00:48:06.25	00:48:56.05	4:48	12.5
21	SITARSKI MATEUSZ	2233		GLIWICE	POL	M-20	21	M 75	00:20:32	00:28:24		00:48:15.20	00:48:54.95	4:49	12.4
22	STRONCZYŃSKI ANDRZEJ	2309	NIGHT RUNNERS GLIWICE	RUDA KOZIELSKA	POL	M-20	22	M 90	00:21:10	00:29:05		00:49:04.65	00:50:15.15	4:54	12.2
23	DROSDZOL PIOTR	2348	ZDYCHOM ALE LECA	CHORZÓW	POL	M-20	23	M 97	00:21:32	00:29:38		00:49:06.70	00:50:41.00	4:54	12.2
24	CYBULSKI PAWEŁ	2295	PROPOINT	TYCHY	POL	M-20	24	M 84	00:20:12	00:28:26		00:49:11.35	00:49:46.10	4:55	12.2
25	JANIK SERGIUSZ	2370		ZAWIERCIE	POL	M-20	25	M 93	00:20:41	00:28:46		00:49:26.50	00:50:27.65	4:56	12.1
26	SZULC SEBASTIAN	2012		GLIWICE	POL	M-20	26	M 89	00:20:17	00:28:36		00:49:51.00	00:50:14.40	4:59	12
27	PRZYGDZKI DAMIAN	2172	JAZZY	WROCŁAW	POL	M-20	27	M 94	00:21:31	00:29:50		00:50:09.35	00:50:28.40	5:00	12

GLIWICKA DYCHA, M-50

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.3km	6km	Kar/Bon	Netto	Brutto	min/km	km/h
1	MAJ WITOLD	2475	OLDBOYS TRUSKOLASY	WRĘCZYCA WIELKA	POL	M-50	1	M 24	00:17:03	00:24:04		00:42:04.15	00:42:20.85	4:12	14.3
2	KUCHTA MIROSŁAW	2212	REMAGUM	KATOWICE	POL	M-50	2	M 30	00:18:00	00:25:23		00:44:08.40	00:44:12.40	4:24	13.6
3	KŁACZEK GRZEGORZ	2428	WIESZOWA	WIESZOWA	POL	M-50	3	M 50	00:19:09	00:26:51		00:46:23.10	00:46:30.50	4:38	12.9
4	DYLONG PIOTR	2165		GLIWICE	POL	M-50	4	M 91	00:20:18	00:28:35		00:49:12.30	00:50:22.15	4:55	12.2
5	ŻEROMSKI STEFAN	2218	JASNA	GLIWICE	POL	M-50	5	M 100	00:21:39	00:29:56		00:50:40.05	00:50:52.65	5:04	11.8
6	JANOWSKI PIOTR	2367		GLIWICE	POL	M-50	6	M 108	00:21:05	00:29:39		00:51:11.65	00:51:22.90	5:07	11.7
7	GIERADA RYSZARD	2356	NIGHT RUNNERS GLIWICE	GLIWICE	POL	M-50	7	M 154	00:22:02	00:30:37		00:52:57.55	00:54:51.10	5:17	11.3
8	MERMON ARTUR	2230		GLIWICE	POL	M-50	8	M 128	00:21:48	00:30:34		00:53:08.10	00:53:16.85	5:18	11.3
9	WŁAŻŁAK WIESŁAW	2135		GLIWICE	POL	M-50	9	M 157	00:22:30	00:31:15		00:53:28.40	00:55:04.45	5:20	11.2
10	KOBUSIŃSKI JUREK	2389	PKO SILESIA RUNNING TEAM	ZABRZE	POL	M-50	10	M 156	00:22:00	00:30:57		00:53:32.65	00:55:03.50	5:21	11.2
11	KOZŁOWSKI ANDRZEJ JERZY	2238		ZABRZE	POL	M-50	11	M 176	00:22:00	00:31:10		00:54:44.85	00:56:01.45	5:28	11
12	SIRKO ZBIGNIEW	2048		GLIWICE	POL	M-50	12	M 179	00:22:44	00:31:56		00:55:15.95	00:56:18.40	5:31	10.9
13	SAMOL GRZEGORZ	2046		GLIWICE	POL	M-50	13	M 190	00:23:06	00:32:23		00:56:03.75	00:57:09.65	5:36	10.7
14	STALMACH LESZEK	2361	WKB META LUBLINIEC	LUBLINIEC	POL	M-50	14	M 204	00:23:03	00:32:40		00:56:54.45	00:58:45.05	5:41	10.5
15	BRYLIŃSKI RYSZARD	2294	NIEZRZESZONY	ZABRZE	POL	M-50	15	M 207	00:23:54	00:33:12		00:57:09.90	00:58:52.40	5:43	10.5
16	KOMANDER MARCIN	2319		GLIWICE	POL	M-50	16	M 226	00:23:41	00:33:19		00:58:27.25	01:00:36.05	5:50	10.3
17	GÓRA MAREK	2159		TARNOWSKIE GÓRY	POL	M-50	17	M 205	00:23:30	00:33:25		00:58:35.90	00:58:45.95	5:51	10.2
18	GWIOZDZIK SŁAWEK	2350	ATO	KATOWICE	POL	M-50	18	M 234	00:25:14	00:35:10		00:59:48.85	01:01:22.65	5:58	10
19	MISKIEWICZ ANDRZEJ	2342		ZAWIERCIE	POL	M-50	19	M 232	00:24:29	00:34:43		01:00:04.80	01:01:06.25	6:00	10
20	ZAJDEL DARIUSZ	2093		ZAWADZKIE	POL	M-50	20	M 258	00:27:02	00:37:09		01:02:38.50	01:04:35.95	6:15	9.6
21	KLIKS KAZIMIERZ	2071		ZABRZE	POL	M-50	21	M 280	00:27:30	00:38:40		01:07:17.70	01:09:30.35	6:43	8.9
22	UEMURA YOSHIHIKO	2334	TAKENAKA	GLIWICE	POL	M-50	22	M 293	00:31:12	00:43:33		01:16:01.40	01:16:19.95	7:36	7.9
23	CUDZIK WALDEMAR	2463		CZĘSTOCHOWA	POL	M-50	23	M 296	00:52:11			01:16:35.70	01:18:03.95	7:39	7.8

GLIWICKA DYCHA, K-60

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.3km	6km	Kar/Bon	Netto	Brutto	min/km	km/h
1	MULARCZYK TERESA	2301	BIEGNIJ LOLA, BIEGNIJ	LIBIĄŻ	POL	K-60	1	K 72	00:24:14	00:34:00		00:59:52.60	01:00:32.80	5:59	10
2	KOZACZKIEWICZ HELENA	2028	FC KNURÓW - COMBAT 56	KNURÓW	POL	K-60	2	K 141	00:27:00	00:38:20		01:07:29.05	01:08:10.15	6:44	8.9
3	KONOPACKA KRYSZYNA	2119		GLIWICE	POL	K-60	3	K 163	00:29:03	00:40:58		01:11:54.15	01:12:27.00	7:11	8.3

GLIWICKA DYCHA, M-60

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.3km	6km	Kar/Bon	Netto	Brutto	min/km	km/h
1	JAŁOWIEC RYSZARD	2304	KS OLKUSZ	OLKUSZ	POL	M-60	1	M 79	00:20:08	00:28:19		00:49:06.80	00:49:15.05	4:54	12.2
2	SZCZERZEK ZBIGNIEW	2257		ZABRZE	POL	M-60	2	M 95				00:50:34.00	00:50:34.00	5:03	11.9
3	OGONOWSKI EDWAWRD	2305	ŻÓŁWIK OPOLE	OPOLE	POL	M-60	3	M 121	00:21:42	00:30:12		00:51:31.00	00:52:47.05	5:09	11.6
4	OKOŃ ZDZISŁAW	2108		KNURÓW	POL	M-60	4	M 162	00:22:23	00:31:21		00:54:05.10	00:55:10.40	5:24	11.1
5	BORYCKA JÓZEF	2198		TARNOWSKIE GÓRY	POL	M-60	5	M 200	00:23:39	00:33:01		00:56:52.80	00:58:26.10	5:41	10.5
6	ZAREMBA TADEUSZ	2024		GLIWICE	POL	M-60	6	M 220	00:24:39	00:34:25		00:58:31.25	01:00:01.15	5:51	10.3
7	STACHOWIAK JANUSZ	2169		TARNOWSKIE GÓRY	POL	M-60	7	M 277	00:26:24	00:37:24		01:05:56.65	01:07:36.80	6:35	9.1
8	MALISZEWSKI BOGUSŁAW	2381	NAPĘDZANI PROCENTEM	GLIWICE	POL	M-60	8	M 284	00:29:13	00:40:44		01:09:23.55	01:11:18.20	6:56	8.6
9	WIERCIŃSKI ŁUKASZ	2473		GLIWICE	POL	M-60	9	M 300	00:57:51			01:43:58.20	01:44:03.45	10:23	5.8

GLIWICKA DYCHA, M-70

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.3km	6km	Kar/Bon	Netto	Brutto	min/km	km/h
1	GILEWSKI FRANCISZEK	2509	BIEGAM Z SERCEM	GLIWICE	POL	M-70	1	M 263	00:25:38	00:36:23		01:03:07.80	01:05:00.95	6:18	9.5
2	GAŃTEK GERARD	2549		CZĘSTOCHOWA		M-70	2	M 286	00:28:37	00:40:21		01:10:58.75	01:12:48.75	7:05	8.5