

## IV ZIMOWA BIESZCZADZKA DYCHA 2018

Organiser: Fundacja Bieg Rzeźnika  
Date: 2018-01-28  
Place: Cisna  
Distance: 10 km  
Klasyfikacja wg czasów brutto.

**B4SPORT**  
INTELIĞENTNE ZAWODY SPORTOWE



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### IV ZIMOWA BIESZCZADZKA DYCHA 2018, OPEN

POS	Name and surname	No.	Club	City	NAT	Cat.	M.	F/M	0.1km	5.5km	Netto	Brutto	min/km	km/h
1	DOMISZEWSKI IGNACY	1065	MKS HALICZ	USTRZYKI DOLNE	POL	M20	1	M 1	00:00:27	00:22:12	00:34:04.70	00:34:04.70	3:24	17.6
2	SZPUNAR ANDRZEJ	1187		RZESZÓW	POL	M40	1	M 2	00:00:27	00:23:22	00:36:12.50	00:36:12.50	3:37	16.6
3	DZIOREK TOMASZ	1092	SPRINT GORZYCE	GORZYCE	POL	M30	1	M 3	00:00:29	00:26:37	00:40:17.00	00:40:17.00	4:01	14.9
4	SUROWIEC GRZEGORZ	1160	BESTA SP. Z O.O.	RZESZÓW	POL	M30	2	M 4	00:00:30	00:27:17	00:41:08.45	00:41:08.45	4:06	14.6
5	DUDZIK ŁUKASZ	1175	GÓRAL BIEGA	KAMIENICA	POL	M30	3	M 5	00:00:35	00:28:05	00:41:40.10	00:41:40.10	4:10	14.4
6	BARAN MATEUSZ	1072	GORLICKA GRUPA BIEGOWA	SZYMBARK	POL	M20	2	M 6	00:00:29	00:27:36	00:41:53.30	00:41:53.30	4:11	14.3
7	ADAMCZYK PRZEMYSŁAW	1235	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M40	2	M 7	00:00:28	00:28:35	00:42:43.55	00:42:43.55	4:16	14
8	MARCZAK PAWEŁ	1234	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M30	4	M 8	00:00:32	00:28:39	00:42:51.50	00:42:51.50	4:17	14
9	TRYNIECKI KRYSZTIAN	1073		ŻOŁYNIA	POL	M20	3	M 9	00:00:39	00:28:09	00:43:05.70	00:43:05.70	4:18	13.9
10	MAJCHROWICZ WIKTOR	1314		ROGI	POL	M30	5	M 10	00:00:57	00:29:31	00:43:44.75	00:43:44.75	4:22	13.7
11	REGIEC MATEUSZ	1246	GYPSY RUNNER'S	PORĘBA SPYTKOWSKA	POL	M30	6	M 11	00:00:39	00:29:18	00:43:53.55	00:43:53.55	4:23	13.7
12	WITEK ELŻBIETA	1248		BARYCZKA	POL	K30	1	K 1	00:00:38	00:29:39	00:44:39.00	00:44:39.00	4:27	13.4
13	TELESZ MATEUSZ	1249		POŁOMIA	POL	M30	7	M 12	00:00:39	00:29:39	00:44:41.55	00:44:41.55	4:28	13.4
14	HARSCH PAWEŁ	1026		ŁUOWISKA	POL	M30	8	M 13	00:00:53	00:29:48	00:45:00.25	00:45:00.25	4:30	13.3
15	TRYNIECKI TOMASZ	1074	GRODZISKA GRUPA BIEGOWA	ŻOŁYNIA	POL	M40	3	M 14	00:00:39	00:30:06	00:45:02.70	00:45:02.70	4:30	13.3
16	PRZEBIROWSKI KAROL	1151	HUSARIA RACE TEAM	FAJSŁAWICE	POL	M20	4	M 15	00:00:30	00:29:51	00:45:21.60	00:45:21.60	4:32	13.2
17	SARNA KAMIL	1166		KRASNE	POL	M30	9	M 16	00:00:50	00:30:29	00:45:36.30	00:45:36.30	4:33	13.2
18	WÓJCIK JERZY	1100		KAKÓW	POL	M30	10	M 17	00:00:56	00:31:01	00:46:04.85	00:46:04.85	4:36	13
19	WÓJCIK JÓZEF	1137	CHEŁM BIEGA	CHEŁM	POL	M40	4	M 18	00:00:56	00:31:06	00:46:55.85	00:46:55.85	4:41	12.8
20	MAŚLANY DANIEL	1046		SANOK	POL	M40	5	M 19	00:01:00	00:31:45	00:47:13.85	00:47:13.85	4:43	12.7
21	WINIARSKI KAROL	1176	BŁĘKITNI ŻEGLCE	ŻEGLCE	POL	M30	11	M 20	00:00:37	00:31:39	00:47:30.00	00:47:30.00	4:45	12.6
22	CHOJNACKI WIKTOR	1226		LUTOWISKA	POL	M30	12	M 21	00:01:02	00:32:07	00:47:47.60	00:47:47.60	4:46	12.6
23	ONISK KAMIL	1162	MKB DREPTAK	MIŃSK MAZOWIECKI	POL	M20	5	M 22	00:00:31	00:32:18	00:48:32.20	00:48:32.20	4:51	12.4
24	SKOTNICZNY MICHAŁ	1138		KRAKÓW	POL	M20	6	M 23	00:00:57	00:32:34	00:48:39.75	00:48:39.75	4:51	12.3
25	ZAWADZKI KRZYSZTOF	1239	FUNDACJA LATARNIA	BUKOWSKO	POL	M20	7	M 24	00:01:10	00:32:50	00:48:47.35	00:48:47.35	4:52	12.3
26	TUCZAPSKI PIOTR	1212	XRUNNERS	RZESZÓW	POL	M20	8	M 25	00:00:37	00:32:22	00:48:47.40	00:48:47.40	4:52	12.3
27	STANKIEWICZ JACEK	1218		DUKLA	POL	M50	1	M 26	00:00:39	00:32:23	00:48:48.50	00:48:48.50	4:52	12.3
28	FARON PIOTR	1280	LIMANOWA FOREST			M60	1	M 27	00:00:43	00:32:43	00:48:50.25	00:48:50.25	4:53	12.3
29	SZYSZŁO TOMASZ	1219	RUN ENERGY CLUB SANOK	SANOK	POL	M30	13	M 28	00:00:57	00:32:40	00:48:51.85	00:48:51.85	4:53	12.3
30	KLATE ŁUKASZ	1017	ŁÓDŹ KOCHA SPORT	ŁÓDŹ	POL	M40	6	M 29	00:00:59	00:32:48	00:49:18.90	00:49:18.90	4:55	12.2
31	SZWAJST JERZY	1198	MTB MOSR DUKLA	DUKLA	POL	M40	7	M 30	00:01:25	00:33:28	00:49:26.20	00:49:26.20	4:56	12.1
32	RECZKOWSKI ANDRZEJ	1252	1954	NIENASZÓW	POL	M60	2	M 31	00:00:38	00:32:42	00:49:44.55	00:49:44.55	4:58	12.1
33	WILCZAK JANUSZ	1021		PRZEMYŚL	POL	M40	8	M 32	00:00:34	00:33:14	00:50:01.70	00:50:01.70	5:00	12
34	KRZYŚKO MARCIN	1144		TRZEBOWNISKO	POL	M30	14	M 33	00:01:20	00:32:44	00:50:02.60	00:50:02.60	5:00	12
35	RZEMIENIEWSKA MARTA	1261	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	K20	1	K 2	00:01:05	00:33:49	00:50:07.15	00:50:07.15	5:00	12
36	PŁESZKA MAREK	1165	OTRYT LUTOWISKA	LUTOWISKA	POL	M40	9	M 34	00:01:01	00:33:42	00:50:27.50	00:50:27.50	5:02	11.9
37	SIEMIĄTKOWSKA KATARZYNA	1179		POZNAŃ	POL	K30	2	K 3	00:00:59	00:33:51	00:50:34.40	00:50:34.40	5:03	11.9
38	ZAWADZKI MARCIN	1053	SZCZWANY TRZMIEL TEAM	LUBENIA	POL	M30	15	M 35	00:01:03	00:33:45	00:50:41.55	00:50:41.55	5:04	11.8
39	BODZIOCH GRZEGORZ	1062	GORLICKA GRUPA BIEGOWA	GORLICE	POL	M40	10	M 36	00:01:01	00:33:26	00:50:48.05	00:50:48.05	5:04	11.8
40	STĘPKOWSKI MATEUSZ	1206		PIASTÓW	POL	M20	9	M 37	00:02:42	00:35:58	00:50:51.50	00:50:51.50	5:05	11.8
41	KALBARCZYK ADRIANA	1070	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	K20	2	K 4	00:01:05	00:34:44	00:50:55.50	00:50:55.50	5:05	11.8
42	ISKRA GRZEGORZ	1150	KP PSP STRZYŻÓW	CZUDEK	POL	M30	16	M 38	00:00:59	00:33:57	00:50:58.35	00:50:58.35	5:05	11.8
43	DRAŹEK SŁAWOMIR	1183		FAJSŁAWICE	POL	M40	11	M 39	00:01:03	00:34:22	00:51:14.50	00:51:14.50	5:07	11.7
44	TOKARZ ADRIAN	1191	DZIKIE MUSTANGI	PASZCZYNA	POL	M30	17	M 40	00:01:38	00:34:26	00:51:22.15	00:51:22.15	5:08	11.7
45	KARKUT MICHAŁ	1205	FUN&RUN	STRZYŻÓW	POL	M30	18	M 41	00:01:38	00:35:13	00:51:57.10	00:51:57.10	5:11	11.5

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POS	Name and surname	No.	Club	City	NAT	Cat.	M.	F/M	0.1km	5.5km	Netto	Brutto	min/km	km/h
46	RAPACZ MARCIN	1108		KRAKÓW	POL	M50	2	M 42	00:01:08	00:34:10	00:52:00.20	00:52:00.20	5:12	11.5
47	WARECKA KASIA	1135		LESKO	POL	K20	3	K 5	00:00:42	00:34:10	00:52:15.00	00:52:15.00	5:13	11.5
48	DUDZIŃSKI PIOTR	1196		RZESZÓW	POL	M30	19	M 43	00:01:37	00:35:12	00:52:17.80	00:52:17.80	5:13	11.5
49	RADZIK ROBERT	1221	1991	BIAŁA NIŻNA	POL	M20	10	M 44	00:00:39	00:35:20	00:52:18.55	00:52:18.55	5:13	11.5
50	RYŁKO JACEK	1140	SOLINA TEAM	SOLINA	POL	M40	12	M 45	00:01:01	00:35:24	00:52:21.15	00:52:21.15	5:14	11.5
51	HYDZIK ŁUKASZ	1058	LIDER SANOK	SANOK	POL	M40	13	M 46	00:00:58	00:34:52	00:52:27.00	00:52:27.00	5:14	11.4
52	OLEKSIK FILIP	1298	AZS KRAKOWSKA AKADEMIA IM. FRYCIA	KRAKÓW		M20	11	M 47	00:01:20	00:35:54	00:52:29.10	00:52:29.10	5:14	11.4
53	MIERZWA KAMIL	1284		JASŁO	POL	M20	12	M 48	00:01:05	00:35:10	00:52:47.15	00:52:47.15	5:16	11.4
54	SOBIERAJSKI MACIEJ	1043		REDA	POL	M30	20	M 49	00:01:09	00:36:25	00:52:49.00	00:52:49.00	5:16	11.4
55	SIENNICKI RAFAŁ	1180		MARKI	POL	M40	14	M 50	00:01:33	00:35:53	00:53:23.75	00:53:23.75	5:20	11.2
56	MISIOŁEK MARCIN	1038	MOSIR DUKLA	DUKLA	POL	M30	21	M 51	00:01:22	00:35:37	00:53:27.35	00:53:27.35	5:20	11.2
57	BŁASZCZAK BŁAŻEJ	1203		KRAKÓW	POL	M30	22	M 52	00:01:01	00:36:17	00:53:29.35	00:53:29.35	5:20	11.2
58	POSZYTEK JAGODA	1042		REDA	POL	K20	4	K 6	00:01:08	00:36:24	00:53:32.20	00:53:32.20	5:21	11.2
59	ŻELAZNY AGNIESZKA	1260	GORLICKA GRUPA BIEGOWA	GORLICE	POL	K40	1	K 7	00:01:01	00:35:30	00:53:34.70	00:53:34.70	5:21	11.2
60	PAJESTKA WOJCIECH	1265	POZYTYWNIIE ZABIEGANI SANOK/ AZS PWSZ	SANOK	POL	M40	15	M 53	00:02:36	00:37:09	00:53:35.50	00:53:35.50	5:21	11.2
61	GUDOWSKI KRYSZTIAN	1262		SANOK	POL	M30	23	M 54	00:02:37	00:37:09	00:53:37.50	00:53:37.50	5:21	11.2
62	JAKUSZEWSKI PAWEŁ	1167		JAROSŁAW	POL	M30	24	M 55	00:02:22	00:36:57	00:53:44.50	00:53:44.50	5:22	11.2
63	TRZASKOWSKA JOANNA	1109	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	K30	3	K 8	00:01:02	00:36:18	00:53:52.00	00:53:52.00	5:23	11.1
64	NALEPA MACIEJ	1172		NOWY SĄCZ	POL	M30	25	M 56	00:01:09	00:36:33	00:54:00.55	00:54:00.55	5:24	11.1
65	KOPERSKA ANNA	1082	HYDRO CENTRUM D.K. KOPERSCY M.MASTALERZ SP. J.	MIŃSK MAZOWIECKI	POL	K20	5	K 9	00:00:56	00:35:53	00:54:01.90	00:54:01.90	5:24	11.1
66	WYSOCKI MARIUSZ	1202	FUNDACJA LATARNIA	BUKOWSKO	POL	M30	26	M 57	00:01:06	00:34:45	00:54:07.70	00:54:07.70	5:24	11.1
67	ŻAK KRZYSZTOF	1051		ZABIERZÓW	POL	M40	16	M 58	00:01:20	00:36:43	00:54:14.15	00:54:14.15	5:25	11.1
68	POŁOZYŃSKI ANDRZEJ	1075	ZACISZE NIGHT RUNNERS	WARSZAWA	POL	M40	17	M 59	00:02:06	00:36:55	00:54:15.00	00:54:15.00	5:25	11.1
69	RYŁKO MARIOLA	1227	SOLINA TEAM	SOLINA	POL	K40	2	K 10	00:00:56	00:36:00	00:54:19.00	00:54:19.00	5:25	11
70	NAWROT BARTŁOMIEJ	1243	KAMIENIOŁOM	LESKO	POL	M30	27	M 60	00:01:58	00:36:22	00:54:28.35	00:54:28.35	5:26	11
71	FURS TEODOR	1253	PIERDZĄCE ZAJĄCE	CISNA	POL	M40	18	M 61	00:01:22	00:37:01	00:54:49.40	00:54:49.40	5:28	10.9
72	SZYBIAK MACIEJ	1215	AGONA W&M	KRZYWCZA	POL	M20	13	M 62	00:02:23	00:37:11	00:54:54.05	00:54:54.05	5:29	10.9
73	POJNAR KATARZYNA	1225		BESKO	POL	K20	6	K 11	00:01:01	00:36:10	00:55:07.25	00:55:07.25	5:30	10.9
74	KŁOCEK KONRAD	1104		ŁĘŻYNY	POL	M30	28	M 63	00:01:05	00:36:29	00:55:22.30	00:55:22.30	5:32	10.8
75	IGNOR EDYTA	1211	SPARTAN RACE TRAINING GROUP RZESZÓW	RZESZÓW	POL	K20	7	K 12	00:01:12	00:36:38	00:55:27.10	00:55:27.10	5:32	10.8
76	HEC GRZEGORZ	1015		GŁOWIENKA	POL	M30	29	M 64	00:01:06	00:37:06	00:55:33.30	00:55:33.30	5:33	10.8
77	DEC ROMAN	1256	JW3730	GREBOW	POL	M30	30	M 65	00:02:52	00:38:01	00:55:34.30	00:55:34.30	5:33	10.8
78	SZYBIAK JOANNA	1216	AGONA W&M	KRZYWCZA	POL	K40	3	K 13	00:02:27	00:37:11	00:55:50.10	00:55:50.10	5:35	10.7
79	GALANTY BARTŁOMIEJ	1189		PRZEMYŚL	POL	M40	19	M 66	00:02:11	00:38:07	00:56:01.05	00:56:01.05	5:36	10.7
80	DOMIN WIESŁAW	1220		ZAGÓRZE	POL	M50	3	M 67	00:01:17	00:38:16	00:56:04.45	00:56:04.45	5:36	10.7
81	KOGUT LESZEK	1049		PRZEMYSL	POL	M40	20	M 68	00:02:01	00:37:16	00:56:09.05	00:56:09.05	5:36	10.7
82	WAŁ SEBASTIAN	1124	STOWARZYSZENIE KLUB SPORTOWY W SMOLARZYNACH	SMOLARZYNY	POL	M20	14	M 69	00:00:51	00:37:08	00:56:11.45	00:56:11.45	5:37	10.7
83	LESZCZYŃSKI MIROSLAW	1125	BIESZCZADYRUN	LESKO	POL	M30	31	M 70	00:01:41	00:38:19	00:56:16.05	00:56:16.05	5:37	10.7
84	BUGAJSKI ARTUR	1111	JABIEGAM	DĄBROWA GÓRNICZA	POL	M40	21	M 71	00:01:18	00:37:32	00:56:19.30	00:56:19.30	5:37	10.7
85	KOCHANIAK ANDRZEJ	1208	WŁÓCZYBIEGI	SOWLANY	POL	M30	32	M 72	00:02:38	00:39:27	00:56:32.10	00:56:32.10	5:39	10.6
86	ŻARNICKI KAMIL	1036	STAY INSANE	TURKA	POL	M30	33	M 73	00:02:36	00:38:43	00:56:35.75	00:56:35.75	5:39	10.6
87	OLEKSIK ZYGMUNT	1063		KRAKÓW	POL	M40	22	M 74	00:01:25	00:37:48	00:56:52.80	00:56:52.80	5:41	10.6
88	MAJCHROWSKI JACEK	1019	CKB TARNOBRZEG	TARNOBRZEG	POL	M40	23	M 75	00:01:59	00:38:46	00:56:53.05	00:56:53.05	5:41	10.5
89	ROŚCIŃSKI FRANCISZEK	1316		SANOK	POL	M40	24	M 76	00:01:40	00:38:27	00:56:58.60	00:56:58.60	5:41	10.5
90	SKÓRA MICHAŁ	1168		ŁOPUSZKA	POL	M40	25	M 77	00:02:47	00:39:24	00:56:59.80	00:56:59.80	5:41	10.5
91	ŚLUSARCZYK MACIEJ	1142		STAŁOWA WOLA	POL	M30	34	M 78	00:00:58	00:37:36	00:57:01.15	00:57:01.15	5:42	10.5
92	KWOKA ROMAN	1029		LASZKI	POL	M30	35	M 79	00:02:26	00:39:12	00:57:01.65	00:57:01.65	5:42	10.5
93	KAPEL BOGDAN	1085		TARNOBRZEG	POL	M50	4	M 80	00:02:00	00:38:46	00:57:12.15	00:57:12.15	5:43	10.5
94	SASAL MONIKA	1107		KRAKÓW	POL	K30	4	K 14	00:01:15	00:37:53	00:57:14.35	00:57:14.35	5:43	10.5
95	WRÓBEL BARTŁOMIEJ	1267	CISNA	CISNA	POL	M20	15	M 81	00:00:56	00:37:59	00:57:26.10	00:57:26.10	5:44	10.4
96	ZUBA RAFAŁ	1237	BLACK RIVER	NOWY SĄCZ	POL	M20	16	M 82	00:01:23	00:37:51	00:57:27.65	00:57:27.65	5:44	10.4

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POS	Name and surname	No.	Club	City	NAT	Cat.	M.	F/M	0.1km	5.5km	Netto	Brutto	min/km	km/h
97	JANAS MARIAN	1317		BAUGRÓD	POL	M60	3	M 83	00:01:40	00:39:19	00:57:30.40	00:57:30.40	5:45	10.4
98	MAZUREK KATARZYNA	1188	LUBELSKIE STOWARZYSZENIE BIEGOWE	LUBLIN	POL	K40	4	K 15	00:01:50	00:38:57	00:57:30.90	00:57:30.90	5:45	10.4
99	PANEK PIOTR	1190	DZIKIE MUSTANGI	PASZCZYNA	POL	M40	26	M 84	00:01:39	00:38:37	00:58:25.30	00:58:25.30	5:50	10.3
100	WYDRO RAFAŁ	1133	FUN&RUN	STRZYŻÓW	POL	M40	27	M 85	00:00:53	00:41:14	00:58:34.15	00:58:34.15	5:51	10.2
101	JENDRICHOVSKA DANUTA	1308				K50	1	K 16	00:01:49	00:40:07	00:58:39.15	00:58:39.15	5:51	10.2
102	GUCWA MIROSLAW	1103	LET'S GO WILD!!!	KRASNE	POL	M30	36	M 86	00:01:18	00:39:34	00:58:46.60	00:58:46.60	5:52	10.2
103	PAWLETA MICHAŁ	1161	NIGHT RUNNERS GLIWICE	GLIWICE	POL	M40	28	M 87	00:01:42	00:38:59	00:58:50.45	00:58:50.45	5:53	10.2
104	CIEŚLA ŁUKASZ	1078	ŻOŁYNIA BIEGA	ŻOŁYNIA	POL	M20	17	M 88	00:01:00	00:38:21	00:58:56.90	00:58:56.90	5:53	10.2
105	ŻELAZNY TOMASZ	1195	BYLE DO METY	RZESZÓW	POL	M30	37	M 89	00:02:47	00:40:14	00:59:11.10	00:59:11.10	5:55	10.1
106	MOTOWIDŁO ANNA	1257	JW3730	KOLBUSZOWA	POL	K20	8	K 17	00:02:52	00:39:36	00:59:14.75	00:59:14.75	5:55	10.1
107	KATA BARTŁOMIEJ	1255	JW 3730	RADOMYSŁ	POL	M20	18	M 90	00:02:52	00:39:35	00:59:16.00	00:59:16.00	5:55	10.1
108	SZPERKA LESZEK	1285	SIGIT	CIECHOWICE DZIEDZICE		M40	29	M 91	00:01:31	00:40:09	00:59:16.20	00:59:16.20	5:55	10.1
109	KIN RAFAŁ	1093	AZS PWSZ KROSNO	ODRZYKOŃ	POL	M30	38	M 92	00:02:29	00:40:28	00:59:17.70	00:59:17.70	5:55	10.1
110	WAŁACHOWSKA URSZULA	1193		HOCZEW	POL	K30	5	K 18	00:00:56	00:38:29	00:59:25.70	00:59:25.70	5:56	10.1
111	GALANTY AGNIESZKA	1154		DYBAWKA	POL	K40	5	K 19	00:01:05	00:40:12	00:59:29.90	00:59:29.90	5:56	10.1
112	WYDRO AGATA	1132	FUN&RUN	STRZYŻÓW	POL	K40	6	K 20	00:00:52	00:41:21	00:59:31.50	00:59:31.50	5:57	10.1
113	SZYBIAK WALDEMAR	796	AGONA W&M	PRZEMYŚL	POL	M50	5	M 93	00:02:24	00:38:25	00:59:39.50	00:59:39.50	5:57	10.1
114	MARZAŁ KATARZYNA	1099		KRAKÓW	POL	K30	6	K 21	00:01:18	00:40:16	00:59:50.05	00:59:50.05	5:59	10
115	JUSZCZAK ARTUR	1233	CHEŁM BIEGA	CHEŁM	POL	M40	30	M 94	00:01:37	00:40:23	00:59:51.45	00:59:51.45	5:59	10
116	DZIERŻAK ELŻBIETA	1039	HUSARIA RACE TEAM	GŁOGÓW MAŁOPOLSKI	POL	K40	7	K 22	00:01:23	00:40:40	00:59:57.50	00:59:57.50	5:59	10
117	CZEKAJ BOGDAN	1224	RUMING TEAM NOWY STYL GROUP	KROSNO	POL	M50	6	M 95	00:02:07	00:40:56	01:00:00.25	01:00:00.25	6:00	10
118	KOTŁOWSKI PAWEŁ	1095	JABIEGAM	DĄBROWA GÓRNICZA	POL	M20	19	M 96	00:01:23	00:40:43	01:00:01.10	01:00:01.10	6:00	10
119	DROZD PIOTR	1222		POLAŃCZYK	POL	M30	39	M 97	00:01:59	00:40:46	01:00:03.00	01:00:03.00	6:00	10
120	KĘDRA AGNIESZKA	1024	PODKARPACKA SZKOŁA KRAV MAGA	RZESZÓW	POL	K20	9	K 23	00:02:04	00:39:50	01:00:08.10	01:00:08.10	6:00	10
121	KASEJA KACPER	1245	1991	JABŁONKA	POL	M20	20	M 98	00:02:09	00:41:47	01:00:09.00	01:00:09.00	6:00	10
122	DZIERŻAK ARKADIUSZ	1164		GŁOGÓW MAŁOPOLSKI	POL	M40	31	M 99	00:01:26	00:40:08	01:00:09.60	01:00:09.60	6:00	10
123	JĄŚLAN MAREK	1088		BŁONIE	POL	M50	7	M 100	00:01:19	00:40:20	01:00:16.50	01:00:16.50	6:01	10
124	WOŹNY ŁUKASZ	1027		RZESZÓW	POL	M30	40	M 101	00:02:19	00:41:23	01:00:18.05	01:00:18.05	6:01	10
125	SUSZEK DAMIAN	1310		RZESZÓW	POL	M30	41	M 102	00:02:41	00:41:58	01:00:19.45	01:00:19.45	6:01	9.9
126	FILIPIAK BEATA	1080	MIECHOWICKA GRUPA BIEGOWA	BYTOM	POL	K40	8	K 24	00:01:55	00:40:04	01:00:38.15	01:00:38.15	6:03	9.9
127	BALICKI JACEK	1064	BIEGACZ NOWOSOLNA	ŁÓDŹ	POL	M50	8	M 103	00:02:11	00:42:08	01:00:40.30	01:00:40.30	6:04	9.9
128	KARDASZ MAREK	1056	SOLINA TEAM	POLAŃCZYK	POL	M30	42	M 104	00:00:56	00:42:23	01:00:42.45	01:00:42.45	6:04	9.9
129	STACH ROBERT	1214		TARNOWA DOLNA	POL	M40	32	M 105	00:01:05	00:40:03	01:01:01.90	01:01:01.90	6:06	9.8
130	POKRZYWKA STEFAN	1283	NA BUCIE CISNA	CISNA	POL	M60	4	M 106	00:00:41	00:40:30	01:01:04.70	01:01:04.70	6:06	9.8
131	BOBALA KRYSZTIAN	1251		PRZEMYŚL	POL	M20	21	M 107	00:02:51	00:41:54	01:01:08.40	01:01:08.40	6:06	9.8
132	KRUCZEK ROBERT	1199	WARSZTAT RUCHU KATARZYNA ŻEBRAKOWSKA	RZESZÓW	POL	M50	9	M 108	00:01:41	00:41:20	01:01:09.70	01:01:09.70	6:06	9.8
133	MOCIO MICHAŁ	1250		PRZEMYŚL	POL	M20	22	M 109	00:02:51	00:42:02	01:01:11.80	01:01:11.80	6:07	9.8
134	GRUCHAŁA AGNIESZKA	1118		PRUSICE	POL	K40	9	K 25	00:01:24	00:40:40	01:01:21.75	01:01:21.75	6:08	9.8
135	MATUSZEWSKI MARCIN	1117	EUFORIABIEGACZA TEAM	GÓRA	POL	M30	43	M 110	00:01:24	00:40:40	01:01:22.15	01:01:22.15	6:08	9.8
136	NOWAK TOMASZ	1228	DZIKIE MUSTANGI	DĘBICA	POL	M30	44	M 111	00:01:41	00:41:23	01:01:25.10	01:01:25.10	6:08	9.8
137	MACHUCKA EWELINA	1094		RZESZÓW	POL	K30	7	K 26	00:01:34	00:40:55	01:01:26.35	01:01:26.35	6:08	9.8
138	MATUSZAK JAKUB	1028	NOWOCZESNYSPORT.PL	RZESZÓW	POL	M30	45	M 112	00:02:20	00:42:05	01:01:37.05	01:01:37.05	6:09	9.7
139	CHOMIUK ADRIAN	1242	JAZZANOVA	BIAŁA PODLASKA	POL	M30	46	M 113	00:01:51	00:41:19	01:01:47.30	01:01:47.30	6:10	9.7
140	BIENIECKI MAREK	1303	OTK RZEŹNIK	GLIWICE	POL	M20	23	M 114	00:02:21	00:41:16	01:01:48.10	01:01:48.10	6:10	9.7
141	SNARSKI BOGDAN	1313	ALBATROSY	WARSZAWA	POL	M30	47	M 115	00:02:38	00:41:49	01:02:00.35	01:02:00.35	6:12	9.7
142	BIESZCZAD ILONA	1052	KKB MOSIR KROSNO	WOJASZÓWKA	POL	K30	8	K 27	00:02:30	00:41:15	01:02:09.60	01:02:09.60	6:12	9.7
143	STARZECKA JOANNA	1041		JAROSŁAW	POL	K40	10	K 28	00:01:10	00:41:09	01:02:13.55	01:02:13.55	6:13	9.6
144	RÓŻYCKA DOROTA	1177	NOWY STYL GROUP RUNNING TEAM	JASŁO	POL	K30	9	K 29	00:02:11	00:41:46	01:02:14.05	01:02:14.05	6:13	9.6
145	SAMBORSKA WERONIKA	1178	NOWY STYL GROUP RUNNING TEAM	BRZYSKA	POL	K30	10	K 30	00:02:10	00:42:11	01:02:15.95	01:02:15.95	6:13	9.6
146	STEC ANDRZEJ	1297		WAŁCZ	POL	M50	10	M 116	00:00:36	00:41:39	01:02:34.70	01:02:34.70	6:15	9.6
147	ŻARNICKA ANNA	1035	STAY INSANE/CROSSFIT Z16	TURKA	POL	K30	11	K 31	00:02:26	00:42:46	01:02:38.50	01:02:38.50	6:15	9.6
148	LUZAR MONIKA	1076	MIA	BIELAWA	POL	K40	11	K 32	00:01:11	00:41:38	01:02:40.80	01:02:40.80	6:16	9.6
149	LUZAR ANDRZEJ	1077	MIA	BIELAWA	POL	M40	33	M 117	00:01:11	00:41:38	01:02:41.00	01:02:41.00	6:16	9.6
150	GUZEK EWA	140	DZIKIE GRUBASY SZATANA	WARSZAWA	POL	K30	12	K 33	00:01:50	00:42:19	01:02:42.90	01:02:42.90	6:16	9.6

**IV ZIMOWA BIESZCZADZKA DYCHA 2018, OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M.	F/M	0.1km	5.5km	Netto	Brutto	min/km	km/h	
							cat.								
151	BURDA RENATA	1282	MTB MOSIR DUKLA	DUKLA	POL	K30	13	K 34	00:01:02	00:40:54	01:02:45.70	01:02:45.70	6:16	9.6	
152	RACHWAŁ IZABELA	1244		ODOLANÓW	POL	K20	10	K 35	00:02:09	00:42:01	01:03:09.20	01:03:09.20	6:18	9.5	
153	SUJAK MAŁGORZATA	1030	MKB DREPTAK	MIŃSK MAZOWIECKI	POL	K50	2	K 36	00:01:29	00:42:29	01:03:18.10	01:03:18.10	6:19	9.5	
154	ŚWIDEREK MICHAŁ	1294	NIGHT RUNNERS GLIWICE	GLIWICE		M30	48	M 118	00:02:25	00:44:08	01:03:21.80	01:03:21.80	6:20	9.5	
155	BOCZAR DANIEL	1192	NOWY STYL GROUP RUNNING TEAM	KROŚCIENKO WYŻNE	POL	M30	49	M 119	00:02:10	00:42:39	01:03:31.45	01:03:31.45	6:21	9.4	
156	KUROPATWA KAZIMIERZ	1238	SZAFA BIEGACZA TEAM	PRZEMYŚL	POL	M60	5	M 120	00:01:05	00:41:58	01:03:35.35	01:03:35.35	6:21	9.4	
157	WITKO JERZY	1083	BRAK	FREDROPOL	POL	M40	34	M 121	00:02:02	00:42:44	01:03:40.45	01:03:40.45	6:22	9.4	
158	SADOWIŃSKA ADRIANA	1016	NOWA HUTA TEAM	KRAKÓW	POL	K40	12	K 37	00:01:43	00:43:02	01:03:41.45	01:03:41.45	6:22	9.4	
159	SZCZUDRAWA ZBIGNIEW	1295	ŚWINKI TRZY	KRAKÓW	POL	M50	11	M 122	00:02:20	00:42:49	01:03:49.10	01:03:49.10	6:22	9.4	
160	BURDA SŁAWMOIR	1281	MTB MOSIR DUKLA	DUKLA	POL	M30	50	M 123	00:01:02	00:42:17	01:03:57.05	01:03:57.05	6:23	9.4	
161	TYLKA MAŁGOSIA	1131		LEGNICA	POL	K30	14	K 38	00:02:48	00:43:30	01:03:57.80	01:03:57.80	6:23	9.4	
162	WIŚNIEWSKI ZBIGNIEW	1254	RODZINNY RELAX	PRABUTY	POL	M60	6	M 124	00:01:12	00:42:42	01:04:05.45	01:04:05.45	6:24	9.4	
163	MATWIEJCZUK GRZEGORZ	1236	A	LUBYCZA KRÓLEWSKA	POL	M20	24	M 125	00:03:05	00:43:29	01:04:19.40	01:04:19.40	6:25	9.3	
164	PLIŻGA SEBASTIAN	1266		TOMASZÓW LUBELSKI	POL	M30	51	M 126	00:01:04	00:41:27	01:04:19.75	01:04:19.75	6:25	9.3	
165	PIRÓG BEATA	1305		WARSZAWA		K30	15	K 39	00:01:18	00:42:35	01:04:21.10	01:04:21.10	6:26	9.3	
166	KOCIOŁEK ALEKSANDRA	1130		WROCŁAW	POL	K30	16	K 40	00:02:22	00:42:52	01:04:28.25	01:04:28.25	6:26	9.3	
167	WARCHOŁ - SNUZIK PATRYCJA	1159	SOLINA TEAM	POLAŃCZYK	POL	K30	17	K 41	00:00:55	00:42:24	01:04:39.70	01:04:39.70	6:27	9.3	
168	WOJTYNA AGATA	1089	#KASZANIANAMOKA	GDAŃSK	POL	K20	11	K 42	00:03:06	00:43:20	01:04:42.95	01:04:42.95	6:28	9.3	
169	MAJCHROWICZ MARZENNA	1185		KROŚCIENKO WYŻNE	POL	K40	13	K 43	00:02:46	00:43:28	01:04:48.10	01:04:48.10	6:28	9.3	
170	SZPAKOWSKI ANDRZEJ	1134	FUN&RUN	WIŚNIOWA	POL	M40	35	M 127	00:00:56	00:43:21	01:04:50.70	01:04:50.70	6:29	9.3	
171	KASPROWICZ JUSTYNA	1147	FUN&RUN	CZUDEC	POL	K30	18	K 44	00:00:58	00:43:01	01:04:51.00	01:04:51.00	6:29	9.3	
172	KASPROWICZ PIOTR	1148	FUN&RUN	CZUDEC	POL	M30	52	M 128	00:00:58	00:43:01	01:04:51.30	01:04:51.30	6:29	9.3	
173	RABSZTYN-PIEKARSKA NATASZA	1044		KRAKÓW	POL	K40	14	K 45	00:01:28	00:42:43	01:04:53.65	01:04:53.65	6:29	9.2	
174	MAJCHROWICZ ANDRZEJ	1181		KROŚCIENKO WYŻNE	POL	M40	36	M 129	00:02:47	00:43:24	01:04:55.05	01:04:55.05	6:29	9.2	
175	GAŃSKI FILIP	1288	BIEGAJĄC ŚWIDNIK	ŚWIDNIK	POL	M30	53	M 130	00:02:28	00:42:48	01:05:11.85	01:05:11.85	6:31	9.2	
176	KIEŁB JAKUB	1213		RZESZÓW	POL	M30	54	M 131	00:02:20	00:45:02	01:05:51.10	01:05:51.10	6:35	9.1	
177	OSTASZEWSKI MARCIN	1241	HONDADOMINATOR.PL	WARSZAWA	POL	M30	55	M 132	00:02:50	00:44:43	01:05:53.00	01:05:53.00	6:35	9.1	
178	BIEDRZYCKA MARTA	1079	DZIKIE GRUBASY SZATANA	WARSZAWA	POL	K30	19	K 46	00:01:54	00:44:43	01:05:55.35	01:05:55.35	6:35	9.1	
179	JAWORSKA MARTA	1182		RZESZÓW	POL	K30	20	K 47	00:02:12	00:44:01	01:06:15.40	01:06:15.40	6:37	9.1	
180	BENSKA KRYSZYNA	1081	MIECHOWICKA GRUPA BIEGOWA	BYTOM	POL	K60	1	K 48	00:01:55	00:43:44	01:06:40.00	01:06:40.00	6:40	9	
181	POPŁAWSKI PIOTR	1302	PGB SPORTOWA PACZKA	ŁOSICE		M30	56	M 133	00:01:57	00:44:10	01:06:51.95	01:06:51.95	6:41	9	
182	PABIĄNCZYK MAŁGORZATA	1286		STARY GOŚCINIEC	POL	K30	21	K 49	00:02:05	00:44:22	01:06:58.95	01:06:58.95	6:41	9	
183	KOLIBAROVA MARTINA	1309	MARAS TEAM	PRESOV		K30	22	K 50	00:01:54	00:45:21	01:07:02.80	01:07:02.80	6:42	9	
184	MARAS LADISLAV	1307	MARAS TEAM			M50	12	M 134	00:01:53	00:45:20	01:07:03.00	01:07:03.00	6:42	8.9	
185	KALIŃSKI KAMIL NORBERT	1156	NIEMANIE	WARSZAWA	POL	M20	25	M 135	00:03:05	00:44:53	01:07:10.90	01:07:10.90	6:43	8.9	
186	KORNIŁOW PIOTR	1299	KORNIŁOW TEAM	WARSZAWA	POL	M40	37	M 136	00:02:56	00:46:18	01:07:11.90	01:07:11.90	6:43	8.9	
187	FRANKOWSKI DARIUSZ	1259		GLIWICE	POL	M40	38	M 137	00:01:50	00:45:27	01:07:13.50	01:07:13.50	6:43	8.9	
188	SKUZA MAŁGORZATA	1258		GLIWICE	POL	K40	15	K 51	00:01:50	00:45:27	01:07:13.65	01:07:13.65	6:43	8.9	
189	MATUŁA MICHAŁ	1152		LUBLIN	POL	M20	26	M 138	00:02:13	00:46:48	01:07:14.70	01:07:14.70	6:43	8.9	
190	SKRUTEK JAN	1066	WKB PIAST / GOPR BIESZCZADY	WROCŁAW	POL	M60	7	M 139	00:04:12	00:46:12	01:07:19.20	01:07:19.20	6:43	8.9	
191	GNIĘCIAK MONIKA	1126	BIESZCZADYRUN	GÓRA PUŁAWSKA	POL	K30	23	K 52	00:02:00	00:44:56	01:07:28.00	01:07:28.00	6:44	8.9	
192	KOCEMBA DANUTA	1114	BRAK	PORĄBKĄ	POL	K30	24	K 53	00:01:38	00:44:51	01:07:29.60	01:07:29.60	6:44	8.9	
193	KOŁODZIEJCZYK JOANNA	1311		KRAKÓW		K30	25	K 54	00:02:20	00:45:58	01:07:34.80	01:07:34.80	6:45	8.9	
194	KOCZAJA MAŁGORZATA	1105		KRAKÓW	POL	K20	12	K 55	00:01:56	00:45:38	01:07:50.80	01:07:50.80	6:47	8.8	
195	WYSOCKA KATARZYNA	1086		KATOWICE	POL	K40	16	K 56	00:02:21	00:43:54	01:07:57.35	01:07:57.35	6:47	8.8	
196	RUDZKI MICHAŁ	1034	CROSSFIT Z16	LUBLIN	POL	M20	27	M 140	00:02:23	00:46:17	01:08:02.55	01:08:02.55	6:48	8.8	
197	OKLEJ AGATA	1300	KORNIŁOW TEAM	WARSZAWA	POL	K30	26	K 57	00:02:56	00:46:47	01:08:20.20	01:08:20.20	6:50	8.8	
198	WOLSKA MARTA	1155	WOLSCY BROTHERS TRIATHLON TEAM	SŁUPSK	POL	K20	13	K 58	00:01:38	00:44:20	01:08:27.00	01:08:27.00	6:50	8.8	
199	NOWAK WIOLETTA	1229	DZIKIE MUSTANGI	DĘBICA	POL	K30	27	K 59	00:01:42	00:43:26	01:08:39.60	01:08:39.60	6:51	8.7	
200	JEŻOWSKA IGA	1209	WW TEAM	LUBLN	POL	K20	14	K 60	00:01:51	00:46:34	01:08:40.80	01:08:40.80	6:52	8.7	
201	MIROSLAW ALBERT	1186	WW TEAM	LUBLIN	POL	M40	39	M 141	00:01:50	00:46:33	01:08:41.60	01:08:41.60	6:52	8.7	
202	KUŁAGA KRZYSZTOF	1106	SPRINT GORZYCE	GORZYCE	POL	M30	57	M 142	00:00:43	00:45:43	01:09:02.40	01:09:02.40	6:54	8.7	
203	ŚWIGONIAK ANNA	1014	NOWA HUTA TEAM FUNDACJA BIEG ROLNIKA	KRAKÓW	POL	K30	28	K 61	00:01:42	00:46:56	01:09:09.60	01:09:09.60	6:54	8.7	
204	DANILUK ANDRZEJ	1293	ZACISZE NIGHT RUNNERS	WARSZAWA		M40	40	M 143	00:02:06	00:46:44	01:09:23.15	01:09:23.15	6:56	8.6	
205	OWOCKA EWA	1289	MIECHOWICKA GRUPA BIEGOWA	ZABRZE		K30	29	K 62	00:01:54	00:46:43	01:09:26.85	01:09:26.85	6:56	8.6	

**IV ZIMOWA BIESZCZADZKA DYCHA 2018, OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M.	F/M	0.1km	5.5km	Netto	Brutto	min/km	km/h
							cat.							
206	JANKOWSKA MAŁGORZATA	1110		POZNAŃ	POL	K30	30	K 63	00:02:33	00:48:44	01:09:28.80	01:09:28.80	6:56	8.6
207	BRZOZOWSKA PAULINA	1170		STALOWA WOLA	POL	K30	31	K 64	00:02:42	00:47:23	01:10:19.90	01:10:19.90	7:01	8.5
208	WYSOCKI MARIUSZ	1087		KATOWICE	POL	M50	13	M 144	00:02:15	00:47:48	01:10:27.25	01:10:27.25	7:02	8.5
209	LENKIEWICZ-BARDZIŃSKA AGATA	1210	MKS HALICZ, NADLEŚNICTWO LUTOWISKA	LUTOWISKA	POL	K30	32	K 65	00:01:06	00:46:55	01:10:45.30	01:10:45.30	7:04	8.5
210	TOBERA ALICJA	1149		BORZECIN DUZY	POL	K30	33	K 66	00:02:17	00:47:15	01:10:49.40	01:10:49.40	7:04	8.5
211	SARNA AGATA	1040		TYCZYN	POL	K30	34	K 67	00:01:24	00:47:09	01:11:01.90	01:11:01.90	7:06	8.4
212	GAJDA BEATA	1240	#YOLOTEAMKRK	KRAKÓW	POL	K40	17	K 68	00:02:08	00:47:04	01:11:05.20	01:11:05.20	7:06	8.4
213	KOKOT KATARZYNA	672	AKTYWNY DYNÓW	DYNÓW	POL	K30	35	K 69	00:02:47	00:49:32	01:11:09.85	01:11:09.85	7:06	8.4
214	BAKA PIOTR	1069	ARCHIMEDIA	TARNÓW	POL	M40	41	M 145	00:02:18	00:50:08	01:11:15.40	01:11:15.40	7:07	8.4
215	GŁUSZKO JUSTYNA	1231	SOLIN TEAM	BEREZKA	POL	K30	36	K 70	00:02:02	00:47:17	01:11:20.75	01:11:20.75	7:08	8.4
216	RĘKAS PIOTR	1055	RAPTOWNI	TARNÓW	POL	M60	8	M 146	00:02:18	00:50:06	01:11:23.60	01:11:23.60	7:08	8.4
217	SULEJA JOANNA	1173	SZWL A STARGARD	STARGARD	POL	K50	3	K 71	00:02:49	00:48:14	01:11:40.65	01:11:40.65	7:10	8.4
218	WOŹNIAK ALEKSANDRA	1169		WARSZAWA	POL	K30	37	K 72	00:02:44	00:48:15	01:11:42.15	01:11:42.15	7:10	8.4
219	WIŚNIEWSKA GOSIA	1097		OLSZTYN	POL	K40	18	K 73	00:02:38	00:48:23	01:11:42.80	01:11:42.80	7:10	8.4
220	GARWACKA BEATA	1247		NIEPORĘT	POL	K50	4	K 74	00:02:09	00:48:06	01:11:43.30	01:11:43.30	7:10	8.4
221	GADECKA MAGDALENA	1057	RAPTOWNI	LISIA GORA	POL	K30	38	K 75	00:02:23	00:50:05	01:11:45.95	01:11:45.95	7:10	8.4
222	DĄBRÓWKA NINA	1200	FUNDACJA LATARNIA	BUKOWSKO	POL	K30	39	K 76	00:01:17	00:47:40	01:12:10.70	01:12:10.70	7:13	8.3
223	DĄBRÓWKA RADOŚLAW	1201	FUNDACJA LATARNIA	BUKOWSKO	POL	M30	58	M 147	00:01:17	00:47:39	01:12:11.15	01:12:11.15	7:13	8.3
224	KŁĘCZAR EWA	1232	BRAK	KĘTY	POL	K30	40	K 77	00:01:38	00:48:00	01:12:27.25	01:12:27.25	7:14	8.3
225	HADAM EWA	1031	SPARTAN RACE TRAINING GROUP RZESZÓW	DYNÓW	POL	K50	5	K 78	00:02:50	00:49:08	01:12:34.80	01:12:34.80	7:15	8.3
226	LIS MARIA	1127		RZESZÓW	POL	K20	15	K 79	00:02:25	00:48:33	01:12:42.05	01:12:42.05	7:16	8.3
227	ŻYNDA MARTA	1141	FUNDACJA KIERUNEK ULTRA	SUWAŁKI	POL	K40	19	K 80	00:01:18	00:47:15	01:12:50.10	01:12:50.10	7:17	8.2
228	PEKALSKA ANNA	1184		NIEPORĘT	POL	K40	20	K 81	00:02:10	00:48:16	01:12:53.05	01:12:53.05	7:17	8.2
229	STAWSKA NATALIA	1047	LACHO TEAM	KRAKÓW	POL	K30	41	K 82	00:02:58	00:49:14	01:12:53.35	01:12:53.35	7:17	8.2
230	RUDNICKI MAREK	1296		OTWOCK		M30	59	M 148	00:02:20	00:49:24	01:12:57.00	01:12:57.00	7:17	8.2
231	PARTYKA AGNIESZKA	1277		RZESZÓW		K30	42	K 83	00:03:01	00:49:52	01:13:01.90	01:13:01.90	7:18	8.2
232	PARTYKA ANDRZEJ	1278	RGIG	RZESZÓW		M30	60	M 149	00:03:01	00:49:47	01:13:03.50	01:13:03.50	7:18	8.2
233	ZWIERZ MAŁGORZATA	1098		LUBLIN	POL	K40	21	K 84	00:01:57	00:49:11	01:13:18.50	01:13:18.50	7:19	8.2
234	KRÓLIKOWSKA KATARZYNA	1096		LUBLIN	POL	K40	22	K 85	00:01:58	00:49:11	01:13:23.00	01:13:23.00	7:20	8.2
235	KRYGOWSKI ZBIGNIEW	1091	AKADEMIA SPORTU LUBACZÓW	LUBACZÓW	POL	M40	42	M 150	00:02:38	00:48:55	01:13:50.80	01:13:50.80	7:23	8.1
236	WRZOSEK JUSTYNA	1059		SANDOMIERZ	POL	K30	43	K 86	00:01:37	00:50:26	01:14:24.25	01:14:24.25	7:26	8.1
237	PAWELEC JUSTYNA	1060		SANDOMIERZ	POL	K30	44	K 87	00:01:38	00:50:26	01:14:24.30	01:14:24.30	7:26	8.1
238	CZOCHARA MARTA	1122	AMATOR	OPOLE	POL	K40	23	K 88	00:02:47	00:49:39	01:14:32.20	01:14:32.20	7:27	8.1
239	CZOCHARA ROBERT	1123	AMATOR	OPOLE	POL	M40	43	M 151	00:02:48	00:48:57	01:14:33.75	01:14:33.75	7:27	8
240	AUGUSTYNIAK KINGA	1306	LACHO TEAM	KRAKÓW		K40	24	K 89	00:02:07	00:49:39	01:15:10.30	01:15:10.30	7:31	8
241	MAJ PAULINA	1194		SUCHA BESKIDZKA	POL	K20	16	K 90	00:02:16	00:50:55	01:15:40.35	01:15:40.35	7:34	7.9
242	CZAPLA ANDRZEJ	1116		CHEŁM	POL	M60	9	M 152	00:02:59	00:50:51	01:15:41.50	01:15:41.50	7:34	7.9
243	KĄŻMIERCZAK MALWINA	1071	DZIKIE GRUBASY SZATANA	WARSZAWA	POL	K30	45	K 91	00:01:55	00:50:35	01:16:15.75	01:16:15.75	7:37	7.9
244	KONOPKA GRZEGORZ	1025	DZIKIE GRUBAS SZATANA	SIEDLCE	POL	M30	61	M 153	00:01:55	00:50:35	01:16:17.15	01:16:17.15	7:37	7.9
245	SZYMAŁA MONIKA	1264		KLUCZBORK	POL	K20	17	K 92	00:02:44	00:50:56	01:16:30.85	01:16:30.85	7:39	7.8
246	KALINOWSKA LUCYNA	1115		PRZEMYŚL	POL	K50	6	K 93	00:01:10	00:49:56	01:17:23.30	01:17:23.30	7:44	7.8
247	GŁOWACKA ALEKSANDRA	1143	WIELISZEW HERON TEAM	LEGIONOWO	POL	K40	25	K 94	00:01:33	00:49:24	01:17:40.75	01:17:40.75	7:46	7.7
248	KOCIOŁEK ŁUKASZ	1129		PRZEMYŚL	POL	M30	62	M 154	00:02:28	00:51:11	01:17:46.25	01:17:46.25	7:46	7.7
249	MARUT KAŚKA	1263	NIGHT RUNNERS GLIWICE	GLIWICE	POL	K40	26	K 95	00:02:28	00:52:27	01:20:28.40	01:20:28.40	8:02	7.5
250	GORAJ - ZAJĄC ALEKSANDRA	1279	NIGHTRUNNERS	GLIWICE	POL	K40	27	K 96	00:02:27	00:52:28	01:20:30.25	01:20:30.25	8:03	7.5
251	GERGONT ALEKSANDRA	1230		MYŚLENICE	POL	K50	7	K 97	00:02:05		01:20:34.40	01:20:34.40	8:03	7.4
252	BARCZAK SYLWIA	1301	PERFECT RUNNER /STAY INSANE	LUBLIN		K30	46	K 98	00:01:41	00:55:08	01:20:54.90	01:20:54.90	8:05	7.4
253	BINCZYCKI MARCIN	1304		OWCZARY		M30	63	M 155	00:01:27	00:54:07	01:20:56.60	01:20:56.60	8:05	7.4
254	CZUBA JADWIGA	1287				K30	47	K 99	00:02:44	00:55:34	01:21:20.30	01:21:20.30	8:08	7.4
255	BRODIUK NORBERT	1163	NIGH RUNNERS GLIWICE	GLIWICE	POL	M40	44	M 156	00:01:50	00:52:05	01:22:05.80	01:22:05.80	8:12	7.3
256	SŁOBODA MAGDALENA	1119	RUNŚLOBODAN	KRAKÓW	POL	K30	48	K 100	00:02:35	00:57:16	01:23:32.05	01:23:32.05	8:21	7.2
257	SŁOBODA KRZYSZTOF	1128		USTRZYKIDOLNE	POL	M60	10	M 157	00:02:35	00:57:17	01:23:32.35	01:23:32.35	8:21	7.2
258	ROJ DAWID	1120	RUNŚLOBODAN	MIKOŁÓW	POL	M30	64	M 158	00:02:36	00:56:48	01:23:32.80	01:23:32.80	8:21	7.2
259	FRĄC ELŻBIETA	1012	NIGHT RUNNERS GLIWICE	GLIWICE	POL	K40	28	K 101	00:02:43	00:56:08	01:24:42.80	01:24:42.80	8:28	7.1

**IV ZIMOWA BIESZCZADZKA DYCHA 2018, OPEN c.d.**

POS	Name and surname	No.	Club	City	NAT	Cat.	M. cat.	F/M	0.1km	5.5km	Netto	Brutto	min/km	km/h
260	CIESZYŃSKA JOLANTA	1157	SEKCJA BIEGOWA FAMILA	GLIWICE	POL	K50	8	K 102	00:02:23	00:59:13	01:26:33.80	01:26:33.80	8:39	6.9
261	GREGORCZYK JADWIGA	1013	ZABIEGANI MIELEC	KROSNO	POL	K20	18	K 103	00:03:02	00:57:47	01:28:05.05	01:28:05.05	8:48	6.8
262	BĄDZIUL DOROTA	1018		RZESZÓW	POL	K30	49	K 104	00:02:02	00:58:03	01:28:09.40	01:28:09.40	8:48	6.8
263	ZAJDEL MONIKA	1101		JAROSŁAW	POL	K30	50	K 105	00:01:41	01:00:24	01:29:07.10	01:29:07.10	8:54	6.7
264	OŻÓG IWONA	1145		CHEŁM	POL	K40	29	K 106	00:02:31	00:59:36	01:30:01.85	01:30:01.85	9:00	6.7
265	OŻÓG DOROTA	1146		CHEŁM	POL	K40	30	K 107	00:02:31	00:59:36	01:30:02.30	01:30:02.30	9:00	6.7
266	BOGDAŁ JOANNA	1023	NOWA HUTA TEAM	KRAKÓW	POL	K40	31	K 108	00:01:44	01:02:01	01:33:55.10	01:33:55.10	9:23	6.4