

TROPEM WILCZYM BIEG PAMIĘCI ŻOŁNIERZY WYKLĘTYCH - 10KM

Organizator: Fundacja Wolność i Demokracja; Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej

Data: 2018-03-04

Miejsce: Koszalin

Dystans: 10 km

Klasyfikacja wg czasów netto.



TROPEM WILCZYM BIEG PAMIĘCI ŻOŁNIERZY WYKLĘTYCH - 10KM, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.6km	3.3km	4.9km	6.6km	8.3km	Netto	min/km	km/h
1	BRAUN GRZEGORZ	18	RUNGRYF GRYFICE	SIKORY	POL	M-18	1	M 1	00:05:31	00:11:27	00:17:28	00:23:26	00:29:20	00:34:54.05	3:29	17.2
2	KEPKA ADRIAN	391	DECATHLON KOSZALIN	WIEKOWO	POL	M-18	2	M 2	00:05:51	00:11:44	00:17:37	00:23:30	00:29:26	00:35:18.95	3:31	17
3	ORZECHOWSKI KAMIL	135	TKKF KOSZALIN	KOSZALIN	POL	M-30	1	M 3	00:05:54	00:11:50	00:17:52	00:23:57	00:30:03	00:35:53.95	3:35	16.7
4	JAROSZ WIESŁAW	302	JW. 1223/BLOG KOSZALIN	KOSZALIN	POL	M-40	1	M 4	00:05:53	00:11:51	00:17:54	00:23:59	00:30:06	00:36:07.45	3:36	16.6
5	KARCZ ARTUR	77		MRZEŻYNO	POL	M-30	2	M 5	00:05:51	00:11:50	00:17:56	00:24:03	00:30:11	00:36:21.30	3:38	16.5
6	ZABORSKI RYSZARD	218	TKKF KOSZALIN-ORKIESTRA WOJSKOWA	KOSZALIN	POL	M-40	2	M 6	00:05:52	00:11:54	00:18:15	00:24:42	00:31:12	00:37:34.55	3:45	16
7	SIADAK ARKADIUSZ	166		KOSZALIN	POL	M-30	3	M 7	00:06:04	00:12:20	00:18:46	00:25:13	00:31:41	00:38:00.95	3:48	15.8
8	RUDNIKOWSKI MACIEJ	160	BIEGUZDROWISKOWY.PL	DARŁOWO	POL	M-40	3	M 8	00:06:07	00:12:29	00:18:54	00:25:13	00:31:44	00:38:07.45	3:48	15.7
9	GOLIŃSKI ŁUKASZ	48	K.B. SPRINT ŚWIDWIN	ŚWIDWIN	POL	M-30	4	M 9	00:06:15	00:12:37	00:19:09	00:25:34	00:32:04	00:38:17.65	3:49	15.7
10	ŻMUDA TOMASZ	227	CW FANZA KOŁOBRZEG	KOŁOBRZEG	POL	M-40	4	M 10	00:06:10	00:12:33	00:19:00	00:25:29	00:32:00	00:38:24.45	3:50	15.6
11	KAMIŃSKI JAKUB	234	RUNGRYF GRYFICE	GRYFICE	POL	M-18	3	M 11	00:06:13	00:12:37	00:19:12	00:25:46	00:32:30	00:39:02.80	3:54	15.4
12	BURDA ROBERT	20	KOSPEL	KOSZALIN	POL	M-40	5	M 12	00:06:27	00:13:04	00:19:47	00:26:25	00:33:02	00:39:16.85	3:55	15.3
13	DURMAN DAWID	40		DARŁOWO	POL	M-18	4	M 13	00:06:13	00:12:38	00:19:15	00:25:54	00:32:46	00:39:20.50	3:56	15.3
14	WOJCIECHOWICZ JACEK	213	WWW.STUDIOTANCAPASJA.PL	KOSZALIN	POL	M-40	6	M 14	00:06:26	00:13:03	00:19:45	00:26:24	00:33:02	00:39:33.35	3:57	15.2
15	WILCZEWSKI KRZYSZTOF	209		TYCHOWO	POL	M-30	5	M 15	00:06:40	00:13:23	00:20:07	00:26:47	00:33:21	00:39:34.20	3:57	15.2
16	PERLIK TOMASZ	141		MIĄSTKO	POL	M-18	5	M 16	00:06:09	00:12:42	00:19:25	00:26:12	00:33:02	00:39:41.10	3:58	15.1
17	CZAPLIŃSKI JACEK	30	TAGER KOSZALIN	KOSZALIN	POL	M-30	6	M 17	00:06:24	00:12:52	00:19:34	00:26:20	00:33:09	00:39:44.60	3:58	15.1
18	SZKOŁUDA MIŁOSZ	400	DECATHLON KOSZALIN	KOSZALIN	POL	M-18	6	M 18	00:06:24	00:12:52	00:19:34	00:26:21	00:33:09	00:39:45.15	3:58	15.1
19	BIEDRZYCKI KRZYSZTOF	12	CW FANZA KOŁOBRZEG	KOŁOBRZEG	POL	M-40	7	M 19	00:06:28	00:13:06	00:19:51	00:26:34	00:33:19	00:40:01.10	4:00	15
20	BIEDRZYCKI ANDRZEJ	14	OSP STARY BOREK	STARY BOREK	POL	M-60	1	M 20	00:06:27	00:13:05	00:19:50	00:26:34	00:33:19	00:40:01.20	4:00	15
21	KRUKOWSKI BŁAŻEJ	96		SŁAWNO	POL	M-30	7	M 21	00:06:40	00:13:24	00:20:11	00:26:53	00:33:38	00:40:21.45	4:02	14.9
22	ZWOLIŃSKI JAN	226	TKKF KOSZALIN	WIERCISZEWO	POL	M-50	1	M 22	00:06:40	00:13:23	00:20:07	00:26:53	00:33:44	00:40:22.35	4:02	14.9
23	SMAGOWSKI WOJTEK	171	K.B. SPRINT ŚWIDWIN	RĄBINO	POL	M-40	8	M 23	00:06:26	00:13:07	00:19:59	00:26:54	00:33:52	00:40:40.80	4:04	14.7
24	BARAŃSKI BOGUSŁAW	9	MLUKS TRZEBIATÓW	TRZEBIATÓW	POL	M-60	2	M 24	00:06:24	00:13:13	00:20:13	00:27:11	00:34:13	00:41:03.35	4:06	14.6
25	MOKSA DARIUSZ	126		KOSZALIN	POL	M-18	7	M 25	00:06:22	00:12:55	00:19:42	00:26:46	00:33:54	00:41:08.10	4:06	14.6
26	ZUKAL PIOTR	225		KOSZALIN	POL	M-40	9	M 26	00:06:48	00:13:38	00:20:30	00:27:25	00:34:19	00:41:09.50	4:07	14.6
27	STEBELSKI JASIEK	176		KOSZALIN	POL	M-30	8	M 27	00:06:48	00:13:39	00:20:36	00:27:35	00:34:37	00:41:22.80	4:08	14.5
28	BARANOWSKI PIOTR	8		KOSZALIN	POL	M-40	10	M 28	00:06:53	00:13:49	00:20:53	00:27:52	00:34:44	00:41:30.10	4:09	14.5
29	WICHER KRZYSZTOF	206	ADWOKATURA	KOSZALIN	POL	M-30	9	M 29	00:06:31	00:13:14	00:20:11	00:27:22	00:34:37	00:41:32.00	4:09	14.4
30	LESZCZYŃSKI MARCIN	106	MARIANÓWEK	RYMAŃ	POL	M-40	11	M 30	00:06:43	00:13:45	00:20:50	00:28:02	00:35:01	00:41:36.20	4:09	14.4
31	SOMINKA PAWEŁ	173	BALTYK-TRANS-SPEDITION	KOSZALIN	POL	M-30	10	M 31	00:06:33	00:13:24	00:20:26	00:27:33	00:34:42	00:41:38.25	4:09	14.4
32	STEFANOWICZ PAWEŁ	178	ORLEN RUNNING TEAM	KOSZALIN	POL	M-40	12	M 32	00:06:12	00:13:03	00:20:13	00:27:37	00:34:49	00:42:01.55	4:12	14.3
33	NOWAKOWSKI RAFAŁ	133		KOSZALIN	POL	M-40	13	M 33	00:06:42	00:13:46	00:20:52	00:28:03	00:35:11	00:42:06.95	4:12	14.2
34	URBAŃSKI TOMASZ	195		BIAŁOGARD	POL	M-40	14	M 34	00:07:03	00:14:06	00:21:05	00:28:10	00:35:14	00:42:09.15	4:12	14.2
35	SKONECZNY KACPER	169	KONTRA DARŁOWO	DARŁOWO	POL	M-18	8	M 35	00:06:48	00:13:44	00:20:48	00:28:02	00:35:21	00:42:19.05	4:13	14.2
36	PRZYBYCIEŃ ŁUKASZ	150		DARŁOWO	POL	M-18	9	M 36	00:06:48	00:13:45	00:20:48	00:28:12	00:35:32	00:42:25.00	4:14	14.1
37	PRZEWŁOCKI MICHĄŁ	149	TKKF KOSZALIN	KOSZALIN	POL	M-30	11	M 37	00:06:36	00:13:21	00:20:16	00:27:28	00:35:01	00:42:39.85	4:16	14.1
38	MŁYNARCZYK ZBIGNIEW	124	CENTRALNY POLIGON SIŁ POWIETRZNYCH USTKA	SŁUPSK	POL	M-30	12	M 38	00:06:38	00:13:32	00:20:41	00:28:01	00:35:25	00:42:40.40	4:16	14.1
39	TROŚNIAK PIOTR	235		BIAŁOGARD	POL	M-40	15	M 39	00:06:55	00:13:59	00:21:04	00:28:19	00:35:33	00:42:45.45	4:16	14
40	KONKEL AGNIESZKA	84		KOSZALIN	POL	K-30	1	K 1	00:07:01	00:14:01	00:21:07	00:28:20	00:35:35	00:42:50.85	4:17	14
41	RUDZIŃSKI RADOSŁAW	162	TRYGŁAW TYCHOWO	BIAŁOGARD	POL	M-30	13	M 40	00:06:42	00:13:54	00:21:13	00:28:31	00:36:01	00:43:12.55	4:19	13.9
42	KADEJ SZYMON	75		SZCZECINEK	POL	M-18	10	M 41	00:06:49	00:13:49	00:21:01	00:28:34	00:36:15	00:43:30.30	4:21	13.8
43	CHUDY HENRYK	27	KS OLSZEWSKI SYNOWIE	SŁAWSKO	POL	M-60	3	M 42	00:06:57	00:14:07	00:21:27	00:28:49	00:36:14	00:43:38.90	4:21	13.7
44	MAJCHRZAK ŁUKASZ	111	CENTRALNY POLIGON SIŁ POWIETRZNYCH USTKA	USTKA	POL	M-18	11	M 43	00:06:50	00:13:59	00:21:20	00:28:53	00:36:25	00:43:38.90	4:21	13.7

TROPEM WILCZYM BIEG PAMIĘCI ŻOŁNIERZY WYKLĘTYCH - 10KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.6km	3.3km	4.9km	6.6km	8.3km	Netto	min/km	km/h
45	PEKAŁA PIOTR	230		KOSZALIN	POL	M-40	16	M 44	00:07:38	00:14:57	00:22:09	00:29:26	00:36:45	00:43:40.05	4:22	13.7
46	CIEKLIŃSKI JACEK	28		KARLINO	POL	M-30	14	M 45	00:07:25	00:14:36	00:22:02	00:29:35	00:36:47	00:43:42.00	4:22	13.7
47	ŁOPIŃSKI PIOTR	108	FSD	DREZDENKO	POL	M-30	15	M 46	00:07:18	00:14:39	00:21:57	00:29:15	00:36:36	00:43:42.90	4:22	13.7
48	JANKOWSKI PIOTR	66		SZCZECIN	POL	M-40	17	M 47	00:07:11	00:14:26	00:21:52	00:29:19	00:36:45	00:44:05.30	4:24	13.6
49	PASIEKA AGNIESZKA	138	K.B. SPRINT ŚWIDWIN / 21 BLT	ŚWIDWIN	POL	K-30	2	K 2	00:07:36	00:14:54	00:22:14	00:29:35	00:36:59	00:44:13.95	4:25	13.6
50	KĄZMIERZAK ROBERT	306		KOŁOBRZEG	POL	M-40	18	M 48	00:07:28	00:14:49	00:22:16	00:29:44	00:37:05	00:44:16.65	4:25	13.5
51	PICK TOMASZ	142	DEAF KOSZALIN	KOSZALIN	POL	M-40	19	M 49	00:07:34	00:14:59	00:22:28	00:29:49	00:37:11	00:44:23.20	4:26	13.5
52	CHOŁUJ JAROSŁAW	24	ROZBIEGANY KOSZALIN	KOSZALIN	POL	M-40	20	M 50	00:07:28	00:14:51	00:22:14	00:29:43	00:37:07	00:44:33.70	4:27	13.5
53	WOŁOWIEC PRZEMEK	215		KOSZALIN	POL	M-40	21	M 51	00:07:33	00:15:02	00:22:27	00:30:01	00:37:37	00:44:53.20	4:29	13.4
54	KOSECKA KATARZYNA	86	KB WYGAN	KOŁOBRZEG	POL	K-30	3	K 3	00:07:15	00:14:44	00:22:21	00:29:51	00:37:28	00:44:54.50	4:29	13.4
55	SZUBERT MARCIN	187	KOŁOBRZEG BIEGA	USTRONIE MORSKIE	POL	M-40	22	M 52	00:07:37	00:15:04	00:22:41	00:30:13	00:37:38	00:44:55.30	4:29	13.4
56	KUŁAKOWSKI DAWID	100	TKKF KOSZALIN	KOSZALIN	POL	M-40	23	M 53	00:07:30	00:15:03	00:22:34	00:30:09	00:37:41	00:45:01.50	4:30	13.3
57	BIEDRZYCKI ADAM	13	CW FANZA KOŁOBRZEG	STARY BOREK	POL	M-30	16	M 54	00:08:07	00:15:55	00:23:29	00:30:50	00:38:08	00:45:09.60	4:31	13.3
58	IWANIEC DARIUSZ	62	TKKF KOSZALIN	SIERAKOWO	POL	M-40	24	M 55	00:07:31	00:15:04	00:22:34	00:30:10	00:37:42	00:45:10.95	4:31	13.3
59	MUCHA KRZYSZTOF	127	KOSZALIN	KOSZALIN	POL	M-40	25	M 56	00:07:17	00:15:04	00:22:46	00:30:24	00:38:07	00:45:12.15	4:31	13.3
60	CHABOWSKA KAROLINA	249	KB WYGAN	KOŁOBRZEG	POL	K-30	4	K 4	00:07:20	00:14:48	00:22:21	00:30:00	00:37:40	00:45:14.25	4:31	13.3
61	NOWICKI MICHAŁ	250	KB WYGAN	KOŁOBRZEG	POL	M-30	17	M 57	00:07:20	00:14:48	00:22:21	00:29:59	00:37:39	00:45:15.15	4:31	13.3
62	JARZYNA ROMAN	70	SZWL A STARGARD	STARGARD	POL	M-40	26	M 58	00:07:16	00:14:46	00:22:23	00:30:05	00:37:56	00:45:22.00	4:32	13.2
63	ZIENOWICZ MICHAŁ	224		KOSZALIN	POL	M-18	12	M 59	00:07:26	00:14:52	00:22:20	00:30:04	00:38:01	00:45:22.45	4:32	13.2
64	SOROKA PIOTR	174	ROZBIEGANY KOSZALIN	KOSZALIN	POL	M-40	27	M 60	00:07:28	00:14:52	00:22:34	00:30:14	00:38:08	00:45:23.75	4:32	13.2
65	WIECZOREK ŁUKASZ	207	CSSP KOSZALIN	KOSZALIN	POL	M-18	13	M 61	00:06:58	00:14:26	00:22:18	00:30:12	00:38:07	00:45:28.65	4:32	13.2
66	CHODOR MARTYNA	22	TKKF KOSZALIN	KOSZALIN	POL	K-30	5	K 5	00:07:50	00:15:26	00:23:06	00:30:49	00:38:27	00:45:39.25	4:34	13.1
67	RYTTEL MARCIN	165		KOŁOBRZEG	POL	M-30	18	M 62	00:07:14	00:14:52	00:22:34	00:30:18	00:38:09	00:45:41.50	4:34	13.1
68	GOLDYN MAREK	49	TKKF KOSZALIN	KOSZALIN	POL	M-30	19	M 63	00:07:48	00:15:23	00:23:05	00:30:47	00:38:25	00:45:43.40	4:34	13.1
69	WILKOWSKI KRZYSZTOF	211		KOSZALIN	POL	M-30	20	M 64	00:07:39	00:14:58	00:22:36	00:30:26	00:38:23	00:45:52.95	4:35	13.1
70	KOCZOROWSKI PAWEŁ	83	POLNI WOJOWNICY USTKA	USTKA	POL	M-40	28	M 65	00:06:37	00:13:54	00:21:42	00:29:45	00:37:54	00:45:53.85	4:35	13.1
71	SZABLA EWELINA	182	TKKF KOSZALIN	KOSZALIN	POL	K-30	6	K 6	00:07:30	00:15:05	00:22:44	00:30:35	00:38:26	00:45:58.30	4:35	13.1
72	STORCZYK-RAK AGNIESZKA	180		SZCZECINEK	POL	K-30	7	K 7	00:07:18	00:14:51	00:22:30	00:30:18	00:38:12	00:46:02.00	4:36	13
73	CHOŁUJ KAROL	25	MONOLITH LIFE TEAM	KOSZALIN	POL	M-30	21	M 66	00:07:28	00:15:03	00:22:50	00:30:42	00:38:36	00:46:17.10	4:37	13
74	URBAŃSKI ARKADIUSZ	196		BIAŁOGARD	POL	M-40	29	M 67	00:07:52	00:15:28	00:23:14	00:30:58	00:38:47	00:46:21.60	4:38	12.9
75	SZYMAŃSKI PIOTR	191	CSSP KOSZALIN	ROSNOWO	POL	M-40	30	M 68	00:07:56	00:15:22	00:23:06	00:30:52	00:38:41	00:46:23.10	4:38	12.9
76	KRACZKOWSKI PRZEMYSŁAW	93		KOSZALIN	POL	M-30	22	M 69	00:07:52	00:15:38	00:23:25	00:31:14	00:39:00	00:46:26.05	4:38	12.9
77	WINKEL ŁUKASZ	212		KOSZALIN	POL	M-40	31	M 70	00:07:54	00:15:39	00:23:20	00:31:09	00:38:59	00:46:47.85	4:40	12.8
78	MALINOWSKI MARIUSZ	113		KOSZALIN	POL	M-30	23	M 71	00:07:30	00:15:14	00:23:03	00:31:07	00:39:10	00:46:48.90	4:40	12.8
79	KOZMIŃSKI PATRYK	92		KATOWICE	POL	M-30	24	M 72	00:07:33	00:15:21	00:23:14	00:31:12	00:39:12	00:46:52.00	4:41	12.8
80	KWIDZIŃSKI MICHAŁ	102		BIAŁOGARD	POL	M-30	25	M 73	00:07:33	00:14:48	00:22:10	00:30:12	00:38:45	00:46:57.25	4:41	12.8
81	PUSCIAN KRZYSZTOF	152	SZKOŁA PODSTAWOWA W MANOWIE	MANOWO	POL	M-40	32	M 74	00:07:40	00:15:15	00:23:07	00:31:16	00:39:11	00:47:02.40	4:42	12.8
82	WALOCHA KRZYSZTOF	200		KOSZALIN	POL	M-30	26	M 75	00:07:55	00:15:40	00:23:27	00:31:19	00:39:14	00:47:03.30	4:42	12.7
83	MICERSKI TOMASZ	119	TKKF KOSZALIN	KOSZALIN	POL	M-40	33	M 76	00:07:29	00:15:12	00:23:15	00:31:17	00:39:27	00:47:07.40	4:42	12.7
84	KOZIEŁ PAWEŁ	90	WICHER RABINO	RABINO	POL	M-30	27	M 77	00:07:38	00:15:29	00:23:27	00:31:32	00:39:32	00:47:11.20	4:43	12.7
85	ŻUKOWSKI CEZARY	229	CZAREK W BIEGU	KOSZALIN	POL	M-30	28	M 78	00:07:28	00:15:13	00:23:17	00:31:22	00:39:28	00:47:13.20	4:43	12.7
86	KRZEWIŃSKA MAŁGORZATA	97	TKKF KOSZALIN	KOSZALIN	POL	K-50	1	K 8	00:07:43	00:15:35	00:23:35	00:31:35	00:39:32	00:47:18.00	4:43	12.7
87	RASZPLA RADOŚLAW	155		KOSZALIN	POL	M-40	34	M 79	00:07:30	00:15:16	00:23:16	00:31:24	00:39:32	00:47:26.85	4:44	12.6
88	KUZAN SŁAWEK	101		CZARNE	POL	M-18	14	M 80	00:08:17	00:16:13	00:24:05	00:32:06	00:40:05	00:47:33.10	4:45	12.6
89	MISZCZYK JAN	123	ROZBIEGANY KOSZALIN	KOSZALIN	POL	M-30	29	M 81	00:07:15	00:15:12	00:23:12	00:31:31	00:39:54	00:47:40.25	4:46	12.6
90	WYGANOWSKI ANDRZEJ	217	WYGAN	KOŁOBRZEG	POL	M-70+	1	M 82	00:07:52	00:15:53	00:23:54	00:31:49	00:39:48	00:47:41.25	4:46	12.6
91	CYBULSKI ROBERT	29	MTS HAMER MIASTKO	MIASTKO	POL	M-40	35	M 83	00:07:48	00:15:39	00:23:44	00:31:58	00:40:13	00:47:43.95	4:46	12.6
92	KWIETNIEWSKI DANIEL	103		KOSZALIN	POL	M-30	30	M 84	00:07:48	00:15:32	00:23:30	00:31:33	00:39:43	00:47:45.70	4:46	12.6
93	GAŁECKI JACEK	43	KARLINO BIEGAJ!	KARLINO	POL	M-50	2	M 85	00:07:10	00:14:57	00:23:05	00:31:42	00:40:07	00:47:49.85	4:47	12.5
94	WALERIAŃCZYK ROMAN	199	GMINA KOŁOBRZEG	GRZYBOWO	POL	M-50	3	M 86	00:07:40	00:15:29	00:23:30	00:31:43	00:39:55	00:47:54.60	4:47	12.5
95	ALABA JERZY	1		BIAŁOGARD	POL	M-50	4	M 87	00:08:07	00:16:10	00:24:07	00:32:10	00:40:12	00:47:59.60	4:47	12.5
96	POWARZYŃSKI KRZYSZTOF	148	17 WOG KOSZALIN	KOSZALIN	POL	M-40	36	M 88	00:07:32	00:15:16	00:23:13	00:31:24	00:39:40	00:47:59.70	4:47	12.5
97	DUDZIK FRYTARDA	39	GIPO TEAM	KOSZALIN	POL	K-30	8	K 9	00:07:33	00:15:25	00:23:36	00:31:44	00:39:50	00:48:05.40	4:48	12.5
98	MILEWSKI TOMASZ	122		KOSZALIN	POL	M-30	31	M 89	00:08:14	00:16:10	00:24:00	00:32:03	00:39:59	00:48:07.60	4:48	12.5
99	SZUBERT AGNIESZKA	186	KOŁOBRZEG BIEGA	USTRONIE MORSKIE	POL	K-30	9	K 10	00:07:43	00:15:38	00:23:54	00:32:04	00:40:15	00:48:08.50	4:48	12.5

TROPEM WILCZYM BIEG PAMIĘCI ŻOŁNIERZY WYKLĘTYCH - 10KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.6km	3.3km	4.9km	6.6km	8.3km	Netto	min/km	km/h
100	ZIELIŃSKI GRZEGORZ	221		STARE BIELICE	POL	M-60	4	M 90	00:07:30	00:15:29	00:23:32	00:31:46	00:40:02	00:48:09.35	4:49	12.5
101	MEJER ALEKSANDRA	118		ROSNOWO	POL	K-18	1	K 11	00:07:33	00:15:32	00:23:40	00:32:00	00:40:19	00:48:21.95	4:50	12.4
102	SIKORSKI ADAM	353	SIKOROWO	KOŁOBRZEG	POL	M-30	32	M 91	00:07:30	00:15:21	00:23:17	00:31:35	00:40:09	00:48:23.85	4:50	12.4
103	KASPROWICZ MAŁGORZATA	78	STOPA SŁUPSK	SŁUPSK	POL	K-30	10	K 12	00:07:53	00:15:58	00:24:13	00:32:27	00:40:38	00:48:29.00	4:50	12.4
104	OTTO MICHAŁ	136		BONIN	POL	M-30	33	M 92	00:07:16	00:15:05	00:23:13	00:31:34	00:40:06	00:48:29.55	4:50	12.4
105	SKOWYRSKI JANUSZ	170	TKKF KOSZALIN	BIESIEKIERZ	POL	M-50	5	M 93	00:07:39	00:15:31	00:23:50	00:32:13	00:40:33	00:48:34.00	4:51	12.4
106	KONKEL ŁUKASZ	85		KOSZALIN	POL	M-30	34	M 94	00:07:57	00:15:59	00:24:07	00:32:22	00:40:42	00:48:42.55	4:52	12.3
107	KUBIŚ PAWEŁ	98	APTEKARZE	SZCZECINEK	POL	M-30	35	M 95	00:08:17	00:16:33	00:24:52	00:32:58	00:40:57	00:48:49.45	4:53	12.3
108	DROZDOWSKI MARCIN	36	MORPOL	KOSZALIN OSIEDLE ŁĄBUSZ	POL	M-18	15	M 96	00:07:58	00:16:04	00:24:19	00:32:35	00:41:00	00:48:51.75	4:53	12.3
109	JADCZAK TOMASZ	64		SULECHOWO	POL	M-30	36	M 97	00:08:16	00:16:27	00:24:42	00:33:06	00:41:16	00:48:54.25	4:53	12.3
110	ANTKOWIAK SEBASTIAN	2	DB - ACTIVE	KOSZALIN	POL	M-40	37	M 98	00:07:55	00:15:45	00:23:52	00:32:12	00:40:38	00:48:55.80	4:53	12.3
111	KOZIK PRZEMYSŁAW	71	PARKRUN ŚWIDWIN	ŚWIDWIN	POL	M-30	37	M 99	00:07:34	00:15:15	00:23:26	00:31:50	00:40:33	00:49:06.30	4:54	12.2
112	LENARTOWICZ TOMASZ	104	GWARDIA KOSZALIN	KOSZALIN	POL	M-30	38	M 100	00:08:12	00:16:07	00:24:29	00:32:53	00:41:04	00:49:06.75	4:54	12.2
113	CHODOR IZABELA	23	TKKF KOSZALIN	SUCHA KOSZALIŃSKA	POL	K-30	11	K 13	00:08:06	00:16:24	00:24:50	00:33:08	00:41:20	00:49:17.15	4:55	12.2
114	DUDZIAK PIOTR	38	FOR-REST-RUN KOSZALIN	KOSZALIN	POL	M-40	38	M 101	00:07:56	00:16:23	00:24:52	00:33:09	00:41:19	00:49:20.45	4:56	12.2
115	RUDNIK TOMASZ	159		MIASTKO	POL	M-30	39	M 102	00:08:16	00:16:10	00:24:20	00:32:36	00:41:02	00:49:23.35	4:56	12.1
116	NAPIERAŁA BOGUMIŁ	354	KORA KOSZALIN	KARLINO	POL	M-50	6	M 103	00:08:18	00:16:21	00:24:33	00:32:55	00:41:22	00:49:24.95	4:56	12.1
117	WŁAŻ ŁUCJAN	321	ALIGANCKO	KOPICE	POL	M-40	39	M 104	00:08:52	00:17:32	00:25:42	00:33:43	00:41:44	00:49:37.10	4:57	12.1
118	STRELCZUK MARIUSZ	181		MORYŃ	POL	M-40	40	M 105	00:07:23	00:15:35	00:24:02	00:32:43	00:41:27	00:50:00.65	5:00	12
119	HUDASZEK GRZEGORZ	61	PARKRUN ŚWIDWIN	ŚWIDWIN	POL	M-30	40	M 106	00:08:22	00:16:29	00:25:06	00:33:29	00:41:52	00:50:12.90	5:01	11.9
120	ŚWIETLIK TOMASZ	193		KOSZALIN	POL	M-50	7	M 107	00:08:18	00:16:31	00:24:56	00:33:17	00:41:47	00:50:13.35	5:01	11.9
121	GALICKI ROBERT	42		BOBOLICE	POL	M-40	41	M 108	00:08:33	00:17:10	00:25:32	00:33:47	00:42:15	00:50:13.55	5:01	11.9
122	STOKROCKI WOJCIECH	179		KOSZALIN	POL	M-30	41	M 109	00:08:32	00:17:00	00:25:23	00:33:42	00:42:08	00:50:18.80	5:01	11.9
123	DĄBROWSKA ALICJA	32	TKKF KOSZALIN	SIAŃÓW	POL	K-50	2	K 14	00:08:20	00:16:53	00:25:28	00:34:05	00:42:27	00:50:24.20	5:02	11.9
124	MYSZYŃSKI PAWEŁ	130	SP5KOŁOBRZEG	GOŚCINO	POL	M-30	42	M 110	00:07:45	00:15:57	00:24:44	00:33:31	00:42:08	00:50:29.05	5:02	11.9
125	SZCZYGIELSKI MICHAŁ	184	KOŁOBRZEG MARATON TEAM	KOŁOBRZEG	POL	M-30	43	M 111	00:08:21	00:16:51	00:25:15	00:33:47	00:42:14	00:50:29.70	5:03	11.9
126	PUCEK GRZEGORZ	151		SZAMOTUŁY	POL	M-18	16	M 112	00:07:53	00:16:04	00:24:33	00:33:08	00:41:52	00:50:33.45	5:03	11.9
127	SZULC SZYMON	188	SZULC RUNNERS TEAM	BIAŁOGARD	POL	M-30	44	M 113	00:08:13	00:16:29	00:24:48	00:33:28	00:42:06	00:50:36.20	5:03	11.9
128	HRYCAJ TOMASZ	58		KOŁOBRZEG	POL	M-30	45	M 114	00:07:58	00:16:11	00:24:48	00:33:24	00:42:11	00:50:50.20	5:05	11.8
129	ZIENCINA MARCIN	223		KOŁOBRZEG	POL	M-30	46	M 115	00:08:00	00:16:22	00:24:59	00:33:51	00:42:40	00:51:05.85	5:06	11.7
130	NIEBABAŁA KONRAD	132		KOSZALIN	POL	M-40	42	M 116	00:08:37	00:17:13	00:25:45	00:34:26	00:43:01	00:51:13.60	5:07	11.7
131	KĄZMIERCZAK AGNIESZKA	80	PARKRUN ŚWIDWIN	ŚWIDWIN	POL	K-40	1	K 15	00:08:09	00:16:39	00:25:20	00:33:59	00:42:37	00:51:21.45	5:08	11.7
132	LESISZ MICHAŁ	105		KOSZALIN	POL	M-40	43	M 117	00:08:20	00:16:48	00:25:21	00:33:56	00:42:30	00:51:22.90	5:08	11.7
133	GRABOWSKA-LESISZ ANETA	50		KOSZALIN	POL	K-40	2	K 16	00:08:04	00:16:31	00:25:10	00:33:54	00:42:45	00:51:24.60	5:08	11.7
134	PODSIADŁO MARCIN	146		KOSZALIN	POL	M-40	44	M 118	00:07:56	00:16:21	00:25:07	00:33:58	00:42:54	00:51:31.25	5:09	11.6
135	SZNYTER SABINA	233	DECATHLON KOSZALIN	KOSZALIN	POL	K-18	2	K 17	00:08:31	00:17:16	00:26:03	00:34:49	00:43:26	00:51:35.65	5:09	11.6
136	RUTKOWSKI ARTUR	163		SIAŃÓW	POL	M-18	17	M 119	00:07:19	00:15:18	00:23:52	00:32:53	00:42:22	00:51:35.90	5:09	11.6
137	KAZIMIEROWICZ RADOSŁAW	79	VTT KOSZALIN	KOSZALIN	POL	M-30	47	M 120	00:08:46	00:17:31	00:26:11	00:34:46	00:43:33	00:52:03.80	5:12	11.5
138	KOZŁOWIECKI WALDEMAR	91	TKKF KOSZALIN	KOSZALIN	POL	M-60	5	M 121	00:08:14	00:16:49	00:25:24	00:34:11	00:43:17	00:52:08.50	5:12	11.5
139	JABŁOŃSKI ARKADIUSZ	63	JW1223	KOSZALIN	POL	M-30	48	M 122	00:07:50	00:15:59	00:24:36	00:33:32	00:42:53	00:52:09.60	5:13	11.5
140	LICHACY MARCEL	107		DARŁOWO	POL	M-30	49	M 123	00:08:45	00:17:40	00:26:35	00:35:26	00:43:52	00:52:15.45	5:13	11.5
141	GAWĘDA EMIL	44		STARY JAROSŁAW	POL	M-30	50	M 124	00:08:46	00:17:41	00:26:36	00:35:27	00:43:52	00:52:16.15	5:13	11.5
142	KOTULSKI PIOTR	87	KLUB BIEGACZY JYSK	GDAŃSK	POL	M-40	45	M 125	00:08:18	00:16:53	00:25:38	00:34:35	00:43:42	00:52:27.30	5:14	11.4
143	DUBACKI KAZIMIERZ STANISŁAW	37	NIGHT RUNNERS SŁUPSK	BORZĘCINO	POL	M-40	46	M 126	00:08:27	00:17:12	00:26:01	00:34:52	00:43:39	00:52:29.25	5:14	11.4
144	SOBOLEWSKI MARCIN	172		MRZEZYNO	POL	M-30	51	M 127	00:08:22	00:16:48	00:25:18	00:34:09	00:43:12	00:52:31.25	5:15	11.4
145	MACIĄG PIOTR	109		KOSZALIN	POL	M-30	52	M 128	00:09:10	00:18:16	00:27:20	00:36:21	00:44:39	00:52:46.75	5:16	11.4
146	CINCIO ROBERT	389	TKKF TRIATHLON KOSZALIN	KOSZALIN	POL	M-40	47	M 129	00:07:41	00:16:01	00:24:46	00:33:57	00:43:27	00:52:49.25	5:16	11.4
147	GOLEC ANIA	47		KOSZALIN	POL	K-40	3	K 18	00:08:47	00:17:32	00:26:21	00:35:17	00:44:18	00:52:59.05	5:17	11.3
148	KOWALCZYK PIOTR	88		KOSZALIN	POL	M-30	53	M 130	00:08:15	00:16:55	00:25:46	00:34:51	00:44:03	00:53:00.15	5:18	11.3
149	WRÓBLEWSKA MARTA	216	WILKI KOSZALIN	KOSZALIN	POL	K-40	4	K 19	00:08:36	00:17:32	00:26:14	00:35:10	00:44:12	00:53:01.25	5:18	11.3
150	KĄZMIERCZAK LESZEK	231	CSSP KOSZALIN	KOSZALIN	POL	M-30	54	M 131	00:08:44	00:17:38	00:26:34	00:35:32	00:44:31	00:53:03.50	5:18	11.3
151	KACZMAREK ŁUKASZ	73	WOJOWNICY WÓDY	KOSZALIN	POL	M-30	55	M 132	00:08:29	00:17:23	00:26:35	00:35:44	00:44:36	00:53:04.30	5:18	11.3
152	ZAKUTYŃSKA-KOWALCZYK KAROLINA	219		KOSZALIN	POL	K-40	5	K 20	00:08:43	00:17:36	00:26:24	00:35:21	00:44:21	00:53:05.50	5:18	11.3
153	DOMAGAŁA SŁAWOMIR	35	KORYUKAN ŚWIDWIN	POLSKA	POL	M-40	48	M 133	00:08:52	00:17:42	00:26:48	00:35:32	00:44:23	00:53:12.60	5:19	11.3
154	BORYS JUSTYNA	16		KOSZALIN	POL	K-30	12	K 21	00:08:32	00:17:07	00:25:57	00:34:57	00:44:06	00:53:12.90	5:19	11.3

TROPYM WILCZYM BIEG PAMIĘCI ŻOŁNIERZY WYKLĘTYCH - 10KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.6km	3.3km	4.9km	6.6km	8.3km	Netto	min/km	km/h
155	BORYSIEWICZ JOANNA	17		KOSZALIN	POL	K-30	13	K 22	00:08:46	00:17:41	00:26:39	00:35:42	00:44:45	00:53:26.90	5:20	11.2
156	WOLAŃSKI MARIUSZ	214		KOŁOBRZEG	POL	M-50	8	M 134	00:08:23	00:17:06	00:26:52	00:35:51	00:44:48	00:53:27.40	5:20	11.2
157	WICENS JACEK	205	JW1223	BOLESZEWO	POL	M-30	56	M 135	00:08:58	00:17:57	00:27:03	00:36:15	00:45:25	00:53:35.05	5:21	11.2
158	WĘCŁAWIAK MAREK	204		KOSZALIN	POL	M-40	49	M 136	00:08:47	00:17:42	00:26:42	00:35:52	00:45:03	00:53:49.05	5:22	11.1
159	GRABCZEWSKI RAFAŁ	52	JW1223	KŁOS	POL	M-30	57	M 137	00:08:56	00:17:50	00:26:45	00:35:38	00:44:43	00:53:52.40	5:23	11.1
160	MACIĄG PAWEŁ	110		STARE BIELICE	POL	M-30	58	M 138	00:09:10	00:18:15	00:27:22	00:36:24	00:45:25	00:54:04.05	5:24	11.1
161	JAROSZEWSKI DANIEL	69	ROZBIEGANI KOSZALIN	KOSZALIN	POL	M-30	59	M 139	00:08:19	00:16:55	00:25:42	00:34:37	00:44:30	00:54:06.60	5:24	11.1
162	PAJOR TOMEK	137		KOSZALIN	POL	M-40	50	M 140	00:09:11	00:18:17	00:27:22	00:36:25	00:45:27	00:54:08.30	5:24	11.1
163	TOMCZYK LESZEK	194	JW1223	ŻEGOCINO	POL	M-40	51	M 141	00:08:07	00:16:52	00:25:57	00:35:20	00:44:52	00:54:15.90	5:25	11.1
164	MILASZEWSKI PRZEMYSŁAW	238			POL	M-30	60	M 142	00:08:29	00:17:23	00:26:36	00:35:44	00:44:59	00:54:23.25	5:26	11
165	PODLASEK STANISŁAW	145		SZCZECINEK	POL	M-18	18	M 143	00:07:43	00:16:23	00:25:34	00:35:25	00:45:15	00:54:32.30	5:27	11
166	MAŁYSZEWICZ ANDRZEJ	115		BIAŁY BÓR	POL	M-50	9	M 144	00:08:54	00:17:35	00:26:22	00:35:37	00:45:10	00:54:33.10	5:27	11
167	KĘPKA MIROSŁAW	81	K.B. SPRINT ŚWIDWIN	ŚWIDWIN	POL	M-40	52	M 145	00:08:51	00:17:47	00:27:00	00:36:18	00:45:36	00:54:34.60	5:27	11
168	WILIŃSKI MAREK	210	K.B. SPRINT ŚWIDWIN	ŚWIDWIN	POL	M-50	10	M 146	00:08:51	00:17:45	00:27:00	00:36:16	00:45:26	00:54:35.05	5:27	11
169	GUTOWSKI SEBASTIAN	53	GUCIOR-RUN	ŚWIDWIN	POL	M-40	53	M 147	00:08:53	00:17:47	00:27:02	00:36:18	00:45:28	00:54:35.90	5:27	11
170	JANUSZEWSKI JACEK	67	17 WOG KOSZALIN	KOSZALIN	POL	M-50	11	M 148	00:08:10	00:16:44	00:25:44	00:35:12	00:44:49	00:54:36.60	5:27	11
171	SKIBA ARTUR	168	ŚWIDWIŃSKIE STOWARZYSZENIE LOTNICTWA REKREACYJNEGO	ŚWIDWIN	POL	M-40	54	M 149	00:08:50	00:17:49	00:26:58	00:36:20	00:45:40	00:54:38.60	5:27	11
172	STALUSZKA DARIUSZ	175	PARKRUN ŚWIDWIN	ŚWIDWIN	POL	M-40	55	M 150	00:08:51	00:17:49	00:26:58	00:36:20	00:45:39	00:54:39.85	5:27	11
173	RYCHLIŃSKI DAMIAN	164		SŁUPSK	POL	M-30	61	M 151	00:08:45	00:17:30	00:26:50	00:36:21	00:45:37	00:54:40.60	5:28	11
174	KRÓL MARCIN	95		MORZYCZYN	POL	M-40	56	M 152	00:07:42	00:16:16	00:25:21	00:34:54	00:44:50	00:54:50.85	5:29	10.9
175	WAJDA WALDEMAR	198	BORNE BIEGA	BOTNE SULINOWO	POL	M-40	57	M 153	00:09:02	00:18:14	00:27:13	00:36:31	00:46:02	00:54:51.65	5:29	10.9
176	MICHALAK SZCZEPAN	120		KRAGI	POL	M-30	62	M 154	00:09:02	00:18:14	00:27:13	00:36:31	00:46:03	00:54:52.25	5:29	10.9
177	MUSIK ADAM	128		MIROSŁAWIEC	POL	M-18	19	M 155	00:08:50	00:17:29	00:26:30	00:35:41	00:45:17	00:54:52.80	5:29	10.9
178	BORUC BARBARA	15	PARKRUN SZCZECINEK	SZCZECINEK	POL	K-40	6	K 23	00:09:04	00:18:16	00:27:25	00:36:42	00:46:00	00:55:09.85	5:31	10.9
179	MALINOWSKA-BURDA ALEKSANDRA	112		KOSZALIN	POL	K-18	3	K 24	00:08:37	00:17:49	00:27:05	00:36:36	00:46:06	00:55:26.90	5:32	10.8
180	HANC MICHAŁ	55	HAJALE 16	SŁAWNO	POL	M-30	63	M 156	00:09:10	00:18:29	00:27:41	00:37:01	00:46:26	00:55:28.85	5:32	10.8
181	PIETRZAK MARIOLA	143	BABECZKI KOSZALIN	KOSZALIN	POL	K-50	3	K 25	00:08:54	00:18:03	00:27:15	00:36:44	00:46:19	00:55:34.55	5:33	10.8
182	SZAFIRSKI MAREK	183	CAMINO SŁUPSK	SŁUPSK	POL	M-50	12	M 157	00:08:43	00:17:56	00:27:17	00:36:46	00:46:23	00:55:50.80	5:35	10.7
183	KULAWIŃSKI MAREK	99		KOŁOBRZEG	POL	M-40	58	M 158	00:09:13	00:18:25	00:27:43	00:37:10	00:46:39	00:55:55.50	5:35	10.7
184	CZUB MACIEJ	31		KOSZALIN	POL	M-18	20	M 159	00:08:36	00:17:57	00:27:41	00:37:05	00:46:45	00:56:00.95	5:36	10.7
185	SZEWCZYK PAULINA	185		KOSZALIN	POL	K-18	4	K 26	00:08:36	00:17:57	00:27:40	00:37:04	00:46:44	00:56:01.05	5:36	10.7
186	BANASIK WIESŁAW	5	MORSY NA KOKSIE	ZDZIESZOWICE	POL	M-50	13	M 160	00:09:00	00:18:18	00:27:34	00:37:03	00:46:34	00:56:01.20	5:36	10.7
187	RASZPLA ILONA	154		KOSZALIN	POL	K-40	7	K 27	00:08:44	00:17:59	00:27:26	00:37:02	00:46:42	00:56:12.70	5:37	10.7
188	RADECKI JACEK	153		KOSZALIN	POL	M-40	59	M 161	00:08:59	00:18:14	00:27:39	00:37:18	00:46:57	00:56:19.50	5:37	10.7
189	WIĘCKOWSKI MACIEJ	208	KARLINO BIEGAJ!	KARLINO	POL	M-30	64	M 162	00:08:52	00:18:14	00:27:35	00:37:40	00:47:33	00:56:25.15	5:38	10.6
190	BURSZTA MARTA	21	KARLINO BIEGAJ!	KARLINO	POL	K-18	5	K 28	00:08:51	00:18:13	00:27:36	00:37:39	00:47:32	00:56:40.95	5:40	10.6
191	ZIELIŃSKI ANDRZEJ	324		ŚWIDWIN	POL	M-40	60	M 163	00:09:11	00:18:28	00:27:56	00:37:18	00:47:00	00:56:54.30	5:41	10.5
192	BONIECKA DOMINIKA	232		KOSZALIN	POL	K-18	6	K 29	00:09:11	00:18:24	00:27:52	00:37:45	00:47:42	00:56:55.95	5:41	10.5
193	HRYCIÓW PAWEŁ	59	JW1223	BIĄŁOGARD	POL	M-30	65	M 164	00:08:56	00:17:59	00:27:34	00:37:25	00:47:09	00:57:07.80	5:42	10.5
194	BASIAK KRYSZTIAN	10	JW1223	KOSZALIN	POL	M-30	66	M 165	00:08:57	00:18:03	00:27:35	00:37:27	00:47:11	00:57:08.25	5:42	10.5
195	WACHHOLZ BEATA	197	KB BRYZA POSTOMINO	SŁAWNO	POL	K-40	8	K 30	00:09:17	00:18:50	00:28:25	00:38:01	00:47:50	00:57:19.25	5:43	10.5
196	KOWALCZYK MACIEJ	89		DOBROWO	POL	M-40	61	M 166	00:09:34	00:19:01	00:28:38	00:38:17	00:47:51	00:57:29.35	5:44	10.4
197	PERIŁOK-KOWALCZYK MAGDALENA	140		DOBROWO	POL	K-40	9	K 31	00:09:34	00:19:01	00:28:38	00:38:17	00:47:51	00:57:29.65	5:44	10.4
198	SZULC ADAM	190	SZULC RUNNERS TEAM	BIĄŁOGARD	POL	M-30	67	M 167	00:08:44	00:18:10	00:27:58	00:37:42	00:47:33	00:57:30.30	5:45	10.4
199	KACZMAREK ZENON	74	KOŁOBRZEZKI LUB MORSÓW KOŁOBRZEG	KOŁOBRZEG	POL	M-70+	2	M 168	00:09:24	00:19:00	00:28:35	00:38:23	00:48:17	00:58:10.30	5:49	10.3
200	NAWROCKA ANNA	131		KOSZALIN	POL	K-18	7	K 32	00:09:39	00:19:07	00:28:50	00:38:40	00:48:41	00:58:13.60	5:49	10.3
201	MAZUREK BARBARA	117	BABECZKI KOSZALIN	KOSZALIN	POL	K-30	14	K 33	00:08:54	00:18:08	00:27:44	00:38:26	00:48:25	00:58:16.95	5:49	10.3
202	STACHURSKA AGNIESZKA	422	BWM KOŁOBRZEG	KOŁOBRZEG	POL	K-30	15	K 34	00:09:35	00:19:16	00:29:02	00:38:58	00:48:44	00:58:23.00	5:50	10.3
203	BACHTIAK JOANNA	4	AMATOR	BIĄŁOGARD	POL	K-30	16	K 35	00:09:10	00:18:31	00:28:13	00:38:14	00:48:32	00:58:52.25	5:53	10.2
204	KROCZYŃSKA KINGA	419	BWM KOŁOBRZEG	KOŁOBRZEG	POL	K-30	17	K 36	00:09:34	00:19:18	00:29:01	00:38:59	00:49:09	00:59:06.95	5:54	10.1
205	HNATOWSKI ARTUR	57	SZYBKIESTOPY	KOSZALIN	POL	M-50	14	M 169	00:08:46	00:17:59	00:27:47	00:38:15	00:48:43	00:59:17.70	5:55	10.1
206	RUDNICKA MARIOLA	158		SZCZECINEK	POL	K-40	10	K 37	00:09:14	00:18:42	00:28:21	00:38:33	00:49:09	00:59:33.30	5:57	10.1

TROPYM WILCZYM BIEG PAMIĘCI ŻOŁNIERZY WYKLĘTYCH - 10KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.6km	3.3km	4.9km	6.6km	8.3km	Netto	min/km	km/h
207	BACHORSKA DOROTA	3		ŚWIDWIN	POL	K-40	11	K 38	00:09:42	00:19:29	00:29:33	00:39:44	00:50:02	00:59:49.95	5:59	10
208	GZELA OLGA	54	ROZBIEGANI KOSZALIN	KOSZALIN	POL	K-30	18	K 39	00:09:06	00:18:43	00:28:30	00:38:55	00:49:25	00:59:53.30	5:59	10
209	MARKOWSKA IWONA	116	KARLINO BIEGAJ!	BIAŁOGARD	POL	K-40	12	K 40	00:08:49	00:18:47	00:29:01	00:39:22	00:49:53	00:59:53.90	5:59	10
210	ZATORSKA MILENA	220	SPSKOŁOBRZEG	KOŁOBRZEG	POL	K-40	13	K 41	00:09:17	00:19:02	00:29:00	00:39:15	00:49:46	00:59:57.50	5:59	10
211	ZIELIŃSKI JAROSŁAW	222	AMATOR	BIAŁOGARD	POL	M-40	62	M 170	00:08:48	00:18:25	00:28:34	00:39:10	00:49:42	01:00:18.70	6:01	10
212	FALTYNOWSKI DARIUSZ	41	JW1223	KOSZALIN	POL	M-30	68	M 171	00:09:40	00:19:21	00:29:13	00:39:30	00:50:12	01:00:48.55	6:04	9.9
213	DĄBROWSKA AGNIESZKA	33	RUN DMB	KOSZALIN	POL	K-30	19	K 42	00:09:02	00:18:52	00:29:04	00:39:28	00:50:12	01:00:52.45	6:05	9.9
214	KRASIŃSKI WITOLD	94	JW1223	KOSZALIN	POL	M-40	63	M 172	00:09:05	00:18:35	00:27:53	00:38:24	00:49:57	01:01:21.10	6:08	9.8
215	KAMIŃSKI TOMASZ	76	JW 1223, TKKF KOSZALIN	KOSZALIN	POL	M-40	64	M 173	00:09:06	00:18:37	00:27:54	00:38:25	00:49:58	01:01:21.65	6:08	9.8
216	HELLER ZDZISŁAW	56	NIEZRZESZONY	KOSZALIN	POL	M-60	6	M 174	00:09:17	00:19:25	00:30:04	00:40:49	00:51:25	01:02:10.10	6:13	9.7
217	PIETRZYCKI ADRIAN	144		KOSZALIN-ROSNOWO	POL	M-40	65	M 175	00:10:07	00:20:29	00:31:12	00:42:02	00:52:33	01:02:23.40	6:14	9.6
218	STEFANOWICZ JOLA	177		ROSNOWO-KOSZALIN	POL	K-30	20	K 43	00:10:07	00:20:29	00:31:12	00:42:01	00:52:34	01:02:24.00	6:14	9.6
219	BEDNARZ KATARZYNA	11		KOŁOBRZEG	POL	K-40	14	K 44	00:09:42	00:20:01	00:30:32	00:41:09	00:51:59	01:02:46.30	6:16	9.6
220	WEISS-SZULC BARBARA	203		KOSZALIN	POL	K-40	15	K 45	00:09:52	00:20:40	00:31:30	00:42:27	00:53:15	01:04:13.55	6:25	9.3
221	JANCZYSZYN DOROTA	65		KOSZALIN	POL	K-30	21	K 46	00:09:51	00:20:38	00:31:30	00:42:28	00:53:14	01:04:14.60	6:25	9.3
222	ORŁOWSKI MACIEJ	240		DARŁOWO	POL	M-30	69	M 176	00:08:16	00:16:35	00:25:04	00:33:26	00:41:27	01:05:05.30	6:30	9.2
223	PEŁKA IWONA	139		KOSZALIN	POL	K-50	4	K 47	00:10:46	00:21:52	00:33:14	00:44:32	00:56:09	01:07:52.80	6:47	8.8
224	MAŁYSZEWICZ TERESA	114		BIAŁY BÓR	POL	K-50	5	K 48	00:10:35	00:21:49	00:33:23	00:45:02	00:56:42	01:08:01.05	6:48	8.8
225	GAWLIK ARTUR	45	BIEGNIJMY.PL	KOSZALIN	POL	M-30	70	M 177	00:09:07	00:26:08	00:37:13	00:48:24	00:59:23	01:09:27.50	6:56	8.6
226	WOJTANOWSKI MICHAŁ	330		ŚWIDWIN	POL	M-30	71	M 178	00:09:09	00:17:56	00:26:15	00:34:05	00:41:27		4:59	12
227	JĘDRZEJEWSKI KRZYSZTOF	72		KOSZALIN	POL	M-30	72	M 179	00:09:02	00:19:47	00:30:37	00:41:16	00:52:30		6:19	9.5
DQ	KOZŁOWIECKA MAŁGORZATA	239		KOSZALIN	POL	K-50	DQ	DQ	00:09:56	00:20:27	00:31:38	00:42:43	00:53:54	00:54:09.60	-	-
									DQ	DQ	DQ	DQ	DQ	DQ		