

MARYNARSKA DYCHA - BIEG 10KM

Organizator: CENTRUM SZKOLENIA MARYNARKI WOJENNEJ (CSMW)
Data: 2018-04-07
Miejsce: Ustka
Dystans: 10 km
Klasyfikacja wg czasów netto.



MARYNARSKA DYCHA - BIEG 10KM, OPEN

| M-ce | Nazwisko i imię | Nr | Klub | M-sconość | Kraj | Kat. | M. kat | K/M | Netto | min/km | km/h |
|------|----------------------------|-----|--|------------------------|------|-----------|--------|------|-------------|--------|------|
| 1 | DRWAL PIOTR | 44 | | USTKA | POL | M40-49 | 1 | M 1 | 00:36:17.70 | 3:37 | 16.5 |
| 2 | RUDNIK KRZYSZTOF | 201 | NIGHT RUNNERS SŁUPSK | KRĘPA SŁUPSKA | POL | M30-39 | 1 | M 2 | 00:38:10.10 | 3:49 | 15.7 |
| 3 | PELO ARTUR | 3 | 7 BRYGADA OBRONY WYBRZEŻA | SŁUPSK | POL | SM-M40-49 | 1 | M 3 | 00:39:25.45 | 3:56 | 15.2 |
| 4 | PACHOLCZYK KRZYSZTOF | 164 | | SŁUPSK | POL | M30-39 | 2 | M 4 | 00:39:37.55 | 3:57 | 15.1 |
| 5 | KURKUL PRZEMEK | 123 | 9 DYWIZJON PRZECIWLOTNICZY | PAŁÓWKO | POL | M18-29 | 1 | M 5 | 00:41:36.50 | 4:09 | 14.4 |
| 6 | NAGÓREK KAMIL | 296 | STOPA SŁUPSK | SŁUPSK | POL | M30-39 | 3 | M 6 | 00:41:42.20 | 4:10 | 14.4 |
| 7 | KAMIENIECKI RAFAŁ | 85 | TUPOT-USTKA | USTKA | POL | M30-39 | 4 | M 7 | 00:41:47.80 | 4:10 | 14.4 |
| 8 | ZACHARCZUK ALBIN | 258 | 7 BOW/3BZ | SŁUPSK | POL | SM-M18-29 | 1 | M 8 | 00:43:42.65 | 4:22 | 13.7 |
| 9 | CEJKO DAWID | 352 | BALTIC SEALS | SŁUPSK | POL | M18-29 | 2 | M 9 | 00:44:16.10 | 4:25 | 13.6 |
| 10 | CHUDY HENRYK | 29 | K SOLSZEWSKI I SYNOWIE | SŁAWSKO | POL | M60+ | 1 | M 10 | 00:45:05.40 | 4:30 | 13.3 |
| 11 | CENDER SZYMON | 26 | W.P.K SŁOŃ TEAM USTKA | USTKA | POL | M18-29 | 3 | M 11 | 00:45:16.25 | 4:31 | 13.2 |
| 12 | NOWAK ARTUR | 158 | A&G CARP TEAM | GDYNIA | POL | M40-49 | 2 | M 12 | 00:45:17.25 | 4:31 | 13.2 |
| 13 | WYGLĄDAŁA BARTEK | 257 | MOŻW | WARSZAWA | POL | SM-M30-39 | 1 | M 13 | 00:45:37.05 | 4:33 | 13.2 |
| 14 | NAGÓREK KRZYSZTOF | 156 | TUPOT USTKA | SŁUPSK | POL | M60+ | 2 | M 14 | 00:45:40.75 | 4:34 | 13.1 |
| 15 | WRÓBLEWSKI MATEUSZ | 274 | KORZYBSKIE REKINY | KĘPICE | POL | M18-29 | 4 | M 15 | 00:45:42.50 | 4:34 | 13.1 |
| 16 | JANKOWSKI GRZEGORZ | 80 | ŚWIAT PŁYTEK U KRYSPIŃA | BYTÓW | POL | M40-49 | 3 | M 16 | 00:45:42.90 | 4:34 | 13.1 |
| 17 | OLESZEK JERZY | 324 | SZKOŁA PODOFICERSKA MARYNARKI WOJENNEJ | GRABNO | POL | M40-49 | 4 | M 17 | 00:45:53.15 | 4:35 | 13.1 |
| 18 | GAŁAN LESZEK | 54 | | ZŁOCIENIEC | POL | M50-59 | 1 | M 18 | 00:46:02.45 | 4:36 | 13 |
| 19 | PIONK RAFAŁ | 177 | KOMENDA PORTU WOJENNEGO GDYNIA, ZESPÓŁ TECHNICZY | MISZEWO | POL | SM-M30-39 | 2 | M 19 | 00:46:06.30 | 4:36 | 13 |
| 20 | OBARSKA KATARZYNA | 161 | AWL WROCŁAW | TRĘBY STARE | POL | K18-29 | 1 | K 1 | 00:46:12.35 | 4:37 | 13 |
| 21 | STENCEL MACIEJ | 222 | GTS CZARNA DĄBRÓWKA | CZARNA DĄBRÓWKA | POL | M30-39 | 5 | M 20 | 00:46:22.75 | 4:38 | 12.9 |
| 22 | RÓŻAK FABIAN | 200 | MORSKA JEDNOSTKA RAKIETOWA | KOSAKOWO | POL | SM-M30-39 | 3 | M 21 | 00:46:49.10 | 4:40 | 12.8 |
| 23 | PATALON PRZEMYSŁAW | 166 | AKADEMIA MARYNARKI WOJENNEJ | NOWE MIASTO LUBAWSKIE | POL | SM-M18-29 | 2 | M 22 | 00:46:53.00 | 4:41 | 12.8 |
| 24 | FABICH ADRIAN | 49 | USB | USTKA | POL | M30-39 | 6 | M 23 | 00:46:54.85 | 4:41 | 12.8 |
| 25 | GIERLACH JACEK | 60 | STOPA SŁUPSK | SŁUPSK | POL | M18-29 | 5 | M 24 | 00:47:03.70 | 4:42 | 12.7 |
| 26 | PRUS MIKOŁAJ | 186 | | SŁUPSK/KOSZALIN/GDAŃSK | POL | M18-29 | 6 | M 25 | 00:47:13.90 | 4:43 | 12.7 |
| 27 | PODLEŚNY MIESZKO | 327 | AZS AWF KATOWICE | WYTOWNO | POL | M30-39 | 7 | M 26 | 00:47:31.50 | 4:45 | 12.6 |
| 28 | KUKLIŃSKA-NURKOWSKA LUCYNA | 119 | LKS JANTAR USTKA USB USTKA | USTKA | POL | K40-49 | 1 | K 2 | 00:47:39.75 | 4:46 | 12.6 |
| 29 | PEKAŁA PIOTR | 171 | ROZBIEGANY KOSZALIN | KOSZALIN | POL | M40-49 | 5 | M 27 | 00:47:45.90 | 4:46 | 12.6 |
| 30 | WLMONTI KRZYSZTOF | 284 | CSMW | SŁUPSK | POL | SM-M30-39 | 4 | M 28 | 00:47:46.45 | 4:46 | 12.6 |
| 31 | PANASIUK ADRIAN | 165 | MORSKA JEDNOSTKA RAKIETOWA | RUMIA | POL | SM-M18-29 | 3 | M 29 | 00:47:58.10 | 4:47 | 12.5 |
| 32 | WIECZOREK ŁUKASZ | 250 | CENTRUM SZKOLENIA SIŁ POWIETRZNYCH | KOSZALIN | POL | M18-29 | 7 | M 30 | 00:48:00.65 | 4:48 | 12.5 |
| 33 | STEFANIAK MARCIN | 221 | | ŁĘCZYCE | POL | M40-49 | 6 | M 31 | 00:48:01.40 | 4:48 | 12.5 |
| 34 | DUDA GRZEGORZ | 46 | OSP BUKÓWKA | SŁUPSK | POL | SM-M30-39 | 5 | M 32 | 00:48:02.75 | 4:48 | 12.5 |
| 35 | ŻYLICZ PAWEŁ | 272 | STOPA SŁUPSK | SŁUPSK | POL | M18-29 | 8 | M 33 | 00:48:30.35 | 4:51 | 12.4 |
| 36 | SKUMIAŁ OSKAR | 210 | USB | USTKA | POL | M30-39 | 8 | M 34 | 00:48:43.75 | 4:52 | 12.3 |
| 37 | GIERCZAK PAWEŁ | 58 | | SŁUPSK | POL | M30-39 | 9 | M 35 | 00:48:48.70 | 4:52 | 12.3 |
| 38 | KRZACZKOWSKI PAWEŁ | 116 | LYNX | STĘŻYCA | POL | M40-49 | 7 | M 36 | 00:49:01.25 | 4:54 | 12.2 |
| 39 | KOCZOROWSKI PAWEŁ | 98 | W.P.K. SŁOŃ TEAM USTKA | USTKA | POL | M40-49 | 8 | M 37 | 00:49:06.00 | 4:54 | 12.2 |
| 40 | MŁYNARCZYK ZBIGNIEW | 150 | CENTRALNY POLIGON SIŁ POWIETRZNYCH USTKA | SŁUPSK | POL | SM-M30-39 | 6 | M 38 | 00:49:36.50 | 4:57 | 12.1 |
| 41 | KUSIAK DARIUSZ | 124 | ORP GOPŁO 13DTR | GDYNIA | POL | SM-M30-39 | 7 | M 39 | 00:49:59.00 | 4:59 | 12 |
| 42 | STANIOCH KRZYSZTOF | 218 | 9 DYWIZJON PRZECIWLOTNICZY | USTKA | POL | SM-M18-29 | 4 | M 40 | 00:50:01.60 | 5:00 | 12 |
| 43 | NADOLNY PIOTR | 155 | BALTIC SEALS | GRABNO | POL | M40-49 | 9 | M 41 | 00:50:07.10 | 5:00 | 12 |
| 44 | WIWATOWSKA DAGMARA | 251 | | STRASZYN | POL | K30-39 | 1 | K 3 | 00:50:09.75 | 5:01 | 12 |
| 45 | BARGAŃSKA JUSTYNA | 355 | RUNTASTYCZNI TEAM BYTÓW | BYTÓW | POL | K30-39 | 2 | K 4 | 00:50:14.40 | 5:01 | 11.9 |

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|------|-------------------------|-----|--|-----------------|------|-----------|--------|------|-------------|--------|------|
| 46 | SOBOLEWSKI TOMASZ | 347 | | STRZELINO | POL | M30-39 | 10 | M 42 | 00:50:14.65 | 5:01 | 11.9 |
| 47 | WÓJCIK DAMIAN | 299 | RUNNERWALDE | DARŁOWO | POL | M40-49 | 10 | M 43 | 00:50:19.50 | 5:02 | 11.9 |
| 48 | ADAMCZYK KAROL | 4 | | KOSZALIN | POL | M30-39 | 11 | M 44 | 00:50:24.65 | 5:02 | 11.9 |
| 49 | KARPOWICZ GRZEGORZ | 88 | | GDYNIA | POL | SM-M30-39 | 8 | M 45 | 00:50:31.40 | 5:03 | 11.9 |
| 50 | PROTASEWICZ ANDRZEJ | 185 | SŁAWNO | SŁAWNO | POL | M40-49 | 11 | M 46 | 00:50:32.90 | 5:03 | 11.9 |
| 51 | TUSK PAWEŁ | 241 | AKADEMIA MARYNARKI WOJENNEJ | GDYNIA | POL | SM-M18-29 | 5 | M 47 | 00:50:35.35 | 5:03 | 11.9 |
| 52 | TEREFENKO JOANNA | 237 | CSMW W USTCE | USTKA | POL | SM-K18-29 | 1 | K 5 | 00:50:48.50 | 5:04 | 11.8 |
| 53 | GAWĘŁ ZBIGNIEW | 57 | | SŁUPSK | POL | M60+ | 3 | M 48 | 00:50:52.35 | 5:05 | 11.8 |
| 54 | SOBIERSKI MARIUSZ | 214 | JW 2980 BRANIEWO | BRANIEWO | POL | SM-M40-49 | 2 | M 49 | 00:51:04.85 | 5:06 | 11.7 |
| 55 | ANDRYSKOWSKI MAREK | 7 | STOWARZYSZENIE 42,2 LĘBORK | LĘBORK | POL | M50-59 | 2 | M 50 | 00:51:20.90 | 5:08 | 11.7 |
| 56 | MOROŃ JAROSŁAW | 152 | | WODNICA | POL | M30-39 | 12 | M 51 | 00:51:26.65 | 5:08 | 11.7 |
| 57 | SZCZYBELSKI WOJCIECH | 228 | DYWIZJON OKRETÓW BOJOWYCH GDYNIA | GDYNIA | POL | SM-M40-49 | 3 | M 52 | 00:51:27.10 | 5:08 | 11.7 |
| 58 | CYPRYCH KATARZYNA | 33 | | SŁUPSK | POL | K30-39 | 3 | K 6 | 00:51:28.30 | 5:08 | 11.7 |
| 59 | MŁYNARSKA MARIOLA | 282 | WKB META LUBLINIEC | LISOWICE | POL | K40-49 | 2 | K 7 | 00:51:30.10 | 5:09 | 11.7 |
| 60 | GWADERA MIROŚLAW | 74 | | SŁUPSK | POL | SM-M50+ | 1 | M 53 | 00:51:41.60 | 5:10 | 11.6 |
| 61 | RACZYŃSKA ANNA | 192 | BALTIC SEALS | SŁUPSK | POL | K30-39 | 4 | K 8 | 00:51:46.90 | 5:10 | 11.6 |
| 62 | KARAŚ RADOSŁAW | 87 | NIGHT RUNNERS SŁUPSK | SŁUPSK | POL | M30-39 | 13 | M 54 | 00:52:13.05 | 5:13 | 11.5 |
| 63 | WĘSIERSKA-MUŁYK MARZENA | 249 | NIGHT RUNNERS SŁUPSK | SŁUPSK | GBR | K30-39 | 5 | K 9 | 00:52:25.45 | 5:14 | 11.4 |
| 64 | BOWNIK WOJCIECH | 21 | | SŁUPSK | POL | M30-39 | 14 | M 55 | 00:52:34.50 | 5:15 | 11.4 |
| 65 | BOGDANOWICZ PAULA | 17 | | SŁUPSK | POL | K18-29 | 2 | K 10 | 00:52:35.05 | 5:15 | 11.4 |
| 66 | SZAŁKOWSKI WOJTEK | 226 | TUPOT USTKA | USTKA | POL | M40-49 | 12 | M 56 | 00:52:37.60 | 5:15 | 11.4 |
| 67 | SZMIGIERO ARKADIUSZ | 231 | W.P.K. SŁOŃ TEAM | SŁUPSK | POL | M40-49 | 13 | M 57 | 00:52:38.95 | 5:15 | 11.4 |
| 68 | ZYGLER ZBIGNIEW | 269 | | BYDGOSZCZ | POL | M40-49 | 14 | M 58 | 00:52:46.05 | 5:16 | 11.4 |
| 69 | BŁENCKI PIOTR | 16 | NIGHTRUNNERS SŁUPSK | SŁUPSK | POL | M30-39 | 15 | M 59 | 00:52:59.15 | 5:17 | 11.3 |
| 70 | ZBLEWSKI PATRYK | 349 | NIGHT RUNNERS SŁUPSK | SŁUPSK | POL | M30-39 | 16 | M 60 | 00:53:02.40 | 5:18 | 11.3 |
| 71 | CEBULA KRYSZTOF | 25 | | WIEKOWICE | POL | M18-29 | 9 | M 61 | 00:53:05.20 | 5:18 | 11.3 |
| 72 | MAJCHRZAK ŁUKASZ | 139 | CENTRALNY POLIGON SIŁ POWIETRZNYCH | USTKA | POL | SM-M18-29 | 6 | M 62 | 00:53:09.00 | 5:18 | 11.3 |
| 73 | GRULKOWSKI DAMIAN | 69 | | SŁUPSK | POL | M40-49 | 15 | M 63 | 00:53:12.35 | 5:19 | 11.3 |
| 74 | ZAWIEROWSKA EWELINA | 265 | W.P.K. SŁOŃ TEAM USTKA | USTKA | POL | K30-39 | 6 | K 11 | 00:53:14.90 | 5:19 | 11.3 |
| 75 | PILIPCZUK DANIEL | 175 | MOŻW | WARSZAWA | POL | SM-M18-29 | 7 | M 64 | 00:53:17.55 | 5:19 | 11.3 |
| 76 | NIERADKA IWONA | 157 | GRUPA OKRĘTÓW ROZPOZNAWCZYCH | GDYNIA | POL | SM-K18-29 | 2 | K 12 | 00:53:28.80 | 5:20 | 11.2 |
| 77 | MATUSZEWSKI RAFAŁ | 144 | 7 BRYGADA OBRONY WYBRZEŻA/1 LĘBORSKI BATALION ZMECHANIZOWANY | SŁUPSK | POL | SM-M40-49 | 4 | M 65 | 00:53:32.15 | 5:21 | 11.2 |
| 78 | WAŃKOWSKI ADAM | 242 | 9 BRANIEWSKA BRYGADA KAWALERII PANCERNEJ | BRANIEWO | POL | SM-M18-29 | 8 | M 66 | 00:53:33.55 | 5:21 | 11.2 |
| 79 | JANKOWSKI RAFAŁ | 79 | MOŻW | POLICZNA | POL | SM-M40-49 | 5 | M 67 | 00:53:57.25 | 5:23 | 11.1 |
| 80 | PARDEJ LILIANA | 283 | BOCHB | DUNINOWO | POL | SM-K18-29 | 3 | K 13 | 00:54:00.30 | 5:24 | 11.1 |
| 81 | KOSTECKI MARIUSZ | 104 | 7 BOW/3BZ | SŁUPSK | POL | SM-M30-39 | 9 | M 68 | 00:54:01.75 | 5:24 | 11.1 |
| 82 | BRYZIK DARIUSZ | 297 | W.P.K. SŁOŃ TEAM USTKA | SŁUPSK | POL | M30-39 | 17 | M 69 | 00:54:04.30 | 5:24 | 11.1 |
| 83 | KOZA KAMIL | 110 | | USTKA | POL | SM-M30-39 | 10 | M 70 | 00:54:05.75 | 5:24 | 11.1 |
| 84 | SOMINKA ANDRZEJ | 216 | SSB(SOBIESAMBIEGAM) | DARŁOWO | POL | M50-59 | 3 | M 71 | 00:54:11.70 | 5:25 | 11.1 |
| 85 | ĆWIEK MARIA | 354 | WJBN TEAM | SŁUPSK | POL | K18-29 | 3 | K 14 | 00:54:12.55 | 5:25 | 11.1 |
| 86 | DĘGA RYSZARD | 42 | TUPOT USTKA | USTKA | POL | M60+ | 4 | M 72 | 00:54:18.70 | 5:25 | 11 |
| 87 | LEMAŃSKA KATARZYNA | 127 | USB USTKA | USTKA | POL | K18-29 | 4 | K 15 | 00:54:18.80 | 5:25 | 11 |
| 88 | POZORSKI KRZYSZTOF | 184 | MARKOS RUNNING TEAM | KOBYLNICZA | POL | M30-39 | 18 | M 73 | 00:54:19.60 | 5:25 | 11 |
| 89 | ROMANOWSKI MATEUSZ | 199 | | POZNAŃ | POL | SM-M18-29 | 9 | M 74 | 00:54:21.70 | 5:26 | 11 |
| 90 | KĘSIK AGNIESZKA | 298 | PROTECTOR TEAM | SŁUPSK | POL | K30-39 | 7 | K 16 | 00:54:28.70 | 5:26 | 11 |
| 91 | SIERADZKA JUSTYNA | 207 | MOŻW | WARSZAWA | POL | SM-K30-39 | 1 | K 17 | 00:54:33.10 | 5:27 | 11 |
| 92 | KANIOWSKI JACEK | 86 | W.P.K. SŁOŃ TEAM USTKA | SŁAWNO | POL | M40-49 | 16 | M 75 | 00:54:37.10 | 5:27 | 11 |
| 93 | MIZERA AGNIESZKA | 149 | BYLEDOBIEC ANIN | LĘDOWO-OSIEDLE | POL | K40-49 | 3 | K 18 | 00:54:42.40 | 5:28 | 11 |
| 94 | LORYŃSKI KAROL | 134 | AKADEMIA MARYNARKI WOJENNEJ | RUMIA | POL | SM-M18-29 | 10 | M 76 | 00:54:44.05 | 5:28 | 11 |
| 95 | ZGANIACZ ANDRZEJ | 268 | STOPA SŁUPSK | KOBYLNICZA | POL | M40-49 | 17 | M 77 | 00:54:44.90 | 5:28 | 11 |
| 96 | HOPA KRZYSZTOF | 77 | BATALION OCHRONY BAZY | SŁUPSK | POL | SM-M30-39 | 11 | M 78 | 00:55:16.05 | 5:31 | 10.9 |
| 97 | CICHAŁA DAMIAN | 280 | BATALION OCHRONY BAZY | REDZIKOWO | POL | SM-M30-39 | 12 | M 79 | 00:55:16.50 | 5:31 | 10.9 |
| 98 | SZOŁTYSIK AGNIESZKA | 234 | | USTKA | POL | K30-39 | 8 | K 19 | 00:55:26.20 | 5:32 | 10.8 |
| 99 | KWAŚNIAK ZDZISŁAW | 126 | DECATHLON TRI TEAM | SŁUPSK | POL | M50-59 | 4 | M 80 | 00:55:28.35 | 5:32 | 10.8 |
| 100 | GOC MAŁGORZATA | 63 | | SMOŁDZIŃSKI LAS | POL | K30-39 | 9 | K 20 | 00:55:29.40 | 5:32 | 10.8 |
| 101 | PLAZA RYSZARD | 179 | | DARŁOWO | POL | M40-49 | 18 | M 81 | 00:55:29.80 | 5:32 | 10.8 |

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| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | min/km | km/h |
|------|-----------------------|-----|--|-----------------|------|-----------|--------|-------|-------------|--------|------|
| 102 | STAWICKI MAREK | 220 | OSP SMOŁDZINO | SMOŁDZINO | POL | M40-49 | 19 | M 82 | 00:55:30.05 | 5:33 | 10.8 |
| 103 | ADRYAN ADAM | 6 | CKB SŁUPSK | SŁUPSK | POL | M40-49 | 20 | M 83 | 00:55:40.55 | 5:34 | 10.8 |
| 104 | OLECHNOWICZ ZBIGNIEW | 162 | TUPOT USTKA | SŁUPSK | POL | M60+ | 5 | M 84 | 00:55:45.80 | 5:34 | 10.8 |
| 105 | GRANDA MARCIN | 290 | 21 BSP | JAROSŁAW | POL | SM-M30-39 | 13 | M 85 | 00:55:51.10 | 5:35 | 10.7 |
| 106 | JABŁOŃSKI KAMIL | 78 | | TARNOWSKIE GÓRY | POL | SM-M30-39 | 14 | M 86 | 00:55:51.30 | 5:35 | 10.7 |
| 107 | BERA KRYSZTIAN | 12 | AKADEMIA MARYNARKI WOJENNEJ | KIELCE | POL | SM-M18-29 | 11 | M 87 | 00:55:56.65 | 5:35 | 10.7 |
| 108 | PLĄTEK DAMIAN | 178 | | GDYNIA | POL | SM-M18-29 | 12 | M 88 | 00:55:56.70 | 5:35 | 10.7 |
| 109 | TUROWSKI MICHAŁ | 285 | DECATHLON SŁUPSK | USTKA | POL | M18-29 | 10 | M 89 | 00:55:59.00 | 5:35 | 10.7 |
| 110 | BIELEWICZ ANNA | 15 | STOPA SŁUPSK | LUBUŃ | POL | K40-49 | 4 | K 21 | 00:56:09.70 | 5:36 | 10.7 |
| 111 | WÓJCIK SEBASTIAN | 256 | | USTKA | POL | M30-39 | 19 | M 90 | 00:56:16.25 | 5:37 | 10.7 |
| 112 | KOŚLA JUSTYNA | 350 | NIGHT RUNNERS SŁUPSK | SŁUPSK | POL | K30-39 | 10 | K 22 | 00:56:19.10 | 5:38 | 10.7 |
| 113 | GREBIENIK ANDRZEJ | 68 | W.P.K. SŁOŃ TEAM | SŁUPSK | POL | M40-49 | 21 | M 91 | 00:56:35.75 | 5:39 | 10.6 |
| 114 | PRZYCHODA ANNA | 187 | BALTIC SEALS | SIEMIANICE | POL | K30-39 | 11 | K 23 | 00:56:57.05 | 5:41 | 10.5 |
| 115 | KEMPIŃSKI ŁUKASZ | 93 | 9 BRANIEWSKA BRYGADA KAWALERII PANCERNEJ | BRANIEWO | POL | SM-M18-29 | 13 | M 92 | 00:57:01.80 | 5:42 | 10.5 |
| 116 | PIELICH KONRAD | 173 | | SŁUPSK | POL | SM-M30-39 | 15 | M 93 | 00:57:14.75 | 5:43 | 10.5 |
| 117 | SUTOWSKI SEBASTIAN | 224 | | PRZEWŁOKA | POL | M40-49 | 22 | M 94 | 00:57:24.00 | 5:44 | 10.5 |
| 118 | MATYSIUK GRZEGORZ | 145 | 7BOW | SŁUPSK | POL | SM-M40-49 | 6 | M 95 | 00:57:29.20 | 5:44 | 10.4 |
| 119 | HURKO ANDRZEJ | 279 | BATALION OCHRONY BAZY | REDZIKOWO | POL | SM-M30-39 | 16 | M 96 | 00:57:31.30 | 5:45 | 10.4 |
| 120 | RUTECKA SYLWIA | 202 | TUPOT-USTKA | USTKA | POL | K30-39 | 12 | K 24 | 00:57:32.95 | 5:45 | 10.4 |
| 121 | MAJCHRZAK DARIUSZ | 140 | CENTRALNY POLIGON SIŁ POWIETRZNYCH | USTKA | POL | SM-M50+ | 2 | M 97 | 00:57:39.65 | 5:46 | 10.4 |
| 122 | TOMCZAK DOMINIK | 18 | CSMW USTKA | SŁUPSK | POL | SM-M40-49 | 7 | M 98 | 00:57:43.50 | 5:46 | 10.4 |
| 123 | KARWACKI ADRIAN | 89 | BEST BEASTS | USTKA | POL | M18-29 | 11 | M 99 | 00:57:44.40 | 5:46 | 10.4 |
| 124 | GIERCZAK PIOTR | 59 | | USTKA | POL | M30-39 | 20 | M 100 | 00:57:55.80 | 5:47 | 10.4 |
| 125 | BURDA SEBASTIAN | 23 | WPK SŁOŃ TEAM | SŁUPSK | POL | M40-49 | 23 | M 101 | 00:57:57.70 | 5:47 | 10.4 |
| 126 | DELIGA SZYMON | 38 | | SŁUPSK | POL | M30-39 | 21 | M 102 | 00:57:59.85 | 5:48 | 10.3 |
| 127 | MAGDZIAREK SYLWIA | 138 | KSS PLUTON 2 | GDYNIA | POL | SM-K18-29 | 4 | K 25 | 00:58:08.80 | 5:48 | 10.3 |
| 128 | WÓJCIK GRZEGORZ | 255 | ARESZT ŚLEDZCY W SŁUPSKU | SŁAWNO | POL | SM-M30-39 | 17 | M 103 | 00:58:11.30 | 5:49 | 10.3 |
| 129 | KUBIŃSKI RAFAŁ | 118 | 7 BOW | SŁUPSK | POL | SM-M50+ | 3 | M 104 | 00:58:15.55 | 5:49 | 10.3 |
| 130 | NOWACKI MAREK | 73 | | REDZIKOWO | POL | M40-49 | 24 | M 105 | 00:58:17.25 | 5:49 | 10.3 |
| 131 | MAKOWSKI RAFAŁ | 142 | RCI GDYNIA | ROTMANKA | POL | SM-M30-39 | 18 | M 106 | 00:58:17.30 | 5:49 | 10.3 |
| 132 | SOLTYS KATARZYNA | 215 | ORP.GEN.T.KOŚCIUSZKO 273 | GDYNIA | POL | SM-K30-39 | 2 | K 26 | 00:58:27.60 | 5:50 | 10.3 |
| 133 | CHMIELEWSKA EDYTA | 28 | MOŻW | AUGUSTÓW | POL | SM-K30-39 | 3 | K 27 | 00:58:28.30 | 5:50 | 10.3 |
| 134 | MAJKOWSKI MARCIN | 141 | MORSKA JEDNOSTKA RAKIETOWA | GDYNIA | POL | SM-M40-49 | 8 | M 107 | 00:58:32.05 | 5:51 | 10.3 |
| 135 | STANIASZEK BOGUSŁAW | 217 | TUPOT USTKA | GŁOBINO | POL | M60+ | 6 | M 108 | 00:58:34.60 | 5:51 | 10.2 |
| 136 | PAZDER PRZEMYSŁAW | 168 | | SŁUPSK | POL | M18-29 | 12 | M 109 | 00:58:38.00 | 5:51 | 10.2 |
| 137 | GRABOWICZ JERZY | 65 | TUPOT USTKA | USTKA | POL | M60+ | 7 | M 110 | 00:58:45.90 | 5:52 | 10.2 |
| 138 | TORL ANDRZEJ | 348 | | USTKA | POL | M60+ | 8 | M 111 | 00:58:51.80 | 5:53 | 10.2 |
| 139 | ŁAŃCUCKI JAROSŁAW | 135 | | SŁUPSK | POL | M30-39 | 22 | M 112 | 00:58:53.10 | 5:53 | 10.2 |
| 140 | ŻYCKA EWELINA | 271 | | SŁUPSK | POL | K30-39 | 13 | K 28 | 00:58:54.50 | 5:53 | 10.2 |
| 141 | ARMATA SONIA | 99 | JW 4101 | LUBLINIEC | POL | SM-K18-29 | 5 | K 29 | 00:58:56.85 | 5:53 | 10.2 |
| 142 | PATYNA PAWEŁ | 167 | | SŁUPSK | POL | M30-39 | 23 | M 113 | 00:58:57.20 | 5:53 | 10.2 |
| 143 | LEWANDOWSKI MAREK | 129 | | KOSZALIN | POL | M18-29 | 13 | M 114 | 00:59:06.25 | 5:54 | 10.2 |
| 144 | BERENT ROBERT | 13 | TUPOT USTKA | USTKA | POL | M50-59 | 5 | M 115 | 00:59:10.45 | 5:55 | 10.1 |
| 145 | DĄBROWSKA DAGMARA | 102 | | SŁUPSK | POL | K30-39 | 14 | K 30 | 00:59:13.65 | 5:55 | 10.1 |
| 146 | KUBIŃSKA BEATA | 117 | NIGHT RUNNERS SŁUPSK | SŁUPSK | POL | K50-59 | 1 | K 31 | 00:59:16.70 | 5:55 | 10.1 |
| 147 | SZAREK PAWEŁ | 227 | 7 BRYGADA OBRONY WYBRZEŻA | USTKA | POL | SM-M30-39 | 19 | M 116 | 00:59:28.60 | 5:56 | 10.1 |
| 148 | WIŚNIEWSKI PRZEMYSŁAW | 278 | AKADEMIA MARYNARKI WOJENNEJ | GRUDZIĄDZ | POL | SM-M18-29 | 14 | M 117 | 00:59:31.50 | 5:57 | 10.1 |
| 149 | ZBLEWSKI RADOŚLAW | 267 | CENTRALNY POLIGON SIŁ POWIETRZNYCH | USTKA | POL | SM-M40-49 | 9 | M 118 | 00:59:37.50 | 5:57 | 10.1 |
| 150 | ŻUKOWSKA ALEKSANDRA | 357 | | KĘTRZYN | POL | K18-29 | 5 | K 32 | 00:59:41.55 | 5:58 | 10.1 |
| 151 | RAKOWSKA KATARZYNA | 193 | W.P.K SŁOŃ TEAM USTKA | USTKA | POL | K30-39 | 15 | K 33 | 00:59:44.70 | 5:58 | 10 |
| 152 | ŻYŁKA MILENA | 273 | WPK SŁOŃ TEAM | USTKA | POL | K30-39 | 16 | K 34 | 00:59:50.80 | 5:59 | 10 |
| 153 | DUDZIUK IWONA | 47 | AKADEMIA MARYNARKI WOJENNEJ | GDYNIA | POL | K18-29 | 6 | K 35 | 00:59:54.90 | 5:59 | 10 |
| 154 | ZALEWSKI GRZEGORZ | 260 | W.P.K SŁOŃ TEAM USTKA | USTKA | POL | M30-39 | 24 | M 119 | 00:59:58.40 | 5:59 | 10 |
| 155 | KRYGIER IRENEUSZ | 115 | W.P.K. SŁOŃ TEAM USTKA | USTKA | POL | M40-49 | 25 | M 120 | 01:00:06.35 | 6:00 | 10 |
| 156 | KRUPSKI PIOTR | 114 | | SŁUPSK | POL | M50-59 | 6 | M 121 | 01:00:06.85 | 6:00 | 10 |
| 157 | TOMASZEWSKA KINGA | 238 | AKADEMIA MARYNARKI WOJENNEJ | GDYNIA | POL | SM-K18-29 | 6 | K 36 | 01:00:10.40 | 6:01 | 10 |
| 158 | ROGAŁA ŁUKASZ | 198 | NIGHT RUNNERS SŁUPSK | SŁUPSK | POL | M30-39 | 25 | M 122 | 01:00:15.70 | 6:01 | 10 |

MARYNARSKA DYCHA - BIEG 10KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | min/km | km/h |
|------|----------------------|-----|--------------------------------------|-------------------|------|-----------|--------|-------|-------------|--------|------|
| 159 | LEMBICZ ELŻBIETA | 128 | | GDĄSK | POL | SM-K40-49 | 1 | K 37 | 01:00:16.00 | 6:01 | 10 |
| 160 | REDLARSKI MACIEJ | 194 | 9 BRYGADA KAWALERII PANCRERNEJ | BRANIEWO | POL | SM-M30-39 | 20 | M 123 | 01:00:25.10 | 6:02 | 9.9 |
| 161 | ZANIEWSKI GRZEGORZ | 262 | | KOBYLNICIA | POL | M40-49 | 26 | M 124 | 01:00:25.85 | 6:02 | 9.9 |
| 162 | PANEK URSZULA | 288 | | DARŁOWO | POL | K30-39 | 17 | K 38 | 01:00:26.50 | 6:02 | 9.9 |
| 163 | PELA HANNA | 170 | USB | WODNICA | POL | K40-49 | 5 | K 39 | 01:00:29.35 | 6:02 | 9.9 |
| 164 | RYSZKA KRZYSZTOF | 203 | | LUBLINIEC | POL | SM-M40-49 | 10 | M 125 | 01:00:34.15 | 6:03 | 9.9 |
| 165 | MŁYNARSKI ZYGMUNT | 281 | WKB META LUBLINIEC | LISOWICE | POL | M50-59 | 7 | M 126 | 01:00:36.35 | 6:03 | 9.9 |
| 166 | SKULSKA JOANNA | 209 | CENTRUM SZKOLENIA MARYNARKI WOJENNEJ | USTKA | POL | SM-K18-29 | 7 | K 40 | 01:00:37.05 | 6:03 | 9.9 |
| 167 | SZYSZKOWSKI TOMASZ | 235 | KOSZALIN | KOSZALIN | POL | M30-39 | 26 | M 127 | 01:00:38.80 | 6:03 | 9.9 |
| 168 | REMUS MONIKA | 195 | BEST BEASTS | REDZIKOWO | POL | K40-49 | 6 | K 41 | 01:00:48.25 | 6:04 | 9.9 |
| 169 | KARWASZ KRZYSZTOF | 90 | | KWAKOWO | POL | M40-49 | 27 | M 128 | 01:00:50.70 | 6:05 | 9.9 |
| 170 | PRZYMORSKI WALDEMAR | 188 | W.P.K. SŁOŃ TEAM USTKA | USTKA | POL | M40-49 | 28 | M 129 | 01:00:57.00 | 6:05 | 9.8 |
| 171 | PACAN MIRA | 163 | ŚWIAT PLYTEK U KRYSPIŃA | BYTÓW | POL | K30-39 | 18 | K 42 | 01:00:57.95 | 6:05 | 9.8 |
| 172 | DYDYNA KRZYSZTOF | 48 | RCI GDYNIA | KĄTY RYBACKIE | POL | SM-M40-49 | 11 | M 130 | 01:00:59.90 | 6:06 | 9.8 |
| 173 | KONYSZ BARTŁOMIEJ | 101 | JW 4653 | ŁĘDZIECHOWO | POL | SM-M18-29 | 15 | M 131 | 01:01:27.95 | 6:08 | 9.8 |
| 174 | BOSAK JAROSŁAW | 294 | 21 BSP | USTKA | POL | SM-M30-39 | 21 | M 132 | 01:01:39.80 | 6:10 | 9.7 |
| 175 | TURCZYN GRZEGORZ | 240 | NIGHT RUNNERS SŁUPSK | SŁUPSK | POL | M40-49 | 29 | M 133 | 01:01:53.20 | 6:11 | 9.7 |
| 176 | BOGUSZ MARIETTA | 19 | NIGHT RUNNERS SŁUPSK | SIEMIANICE | POL | K18-29 | 7 | K 43 | 01:01:53.85 | 6:11 | 9.7 |
| 177 | WOŹNIAK GRZEGORZ | 254 | GRZEŚLAW USTKA | USTKA | POL | M50-59 | 8 | M 134 | 01:02:12.10 | 6:13 | 9.6 |
| 178 | GAŁAN JOANNA | 55 | | ZŁOCENIEC | POL | K50-59 | 2 | K 44 | 01:02:20.10 | 6:14 | 9.6 |
| 179 | MICHAŁAK KAMIL | 277 | | SŁUPSK | POL | M18-29 | 14 | M 135 | 01:02:21.70 | 6:14 | 9.6 |
| 180 | FURSEWICZ BARTŁOMIEJ | 52 | KS BURZA | SIEMIANICE | POL | M30-39 | 27 | M 136 | 01:02:23.90 | 6:14 | 9.6 |
| 181 | SZMIGIERO SEBASTIAN | 232 | WOLNO PRZEMIERZAM KILOMETRY | PIŁA | POL | M40-49 | 30 | M 137 | 01:02:27.90 | 6:14 | 9.6 |
| 182 | CAŁKA MAGDALENA | 24 | NIGHT RUNNERS SŁUPSK | SŁUPSK | POL | K18-29 | 8 | K 45 | 01:02:33.10 | 6:15 | 9.6 |
| 183 | SYNAKOWSKI DAMIAN | 225 | WJBN TEAM | SŁUPSK | POL | M30-39 | 28 | M 138 | 01:02:35.95 | 6:15 | 9.6 |
| 184 | KOZA JOANNA | 109 | USB | USTKA | POL | K30-39 | 19 | K 46 | 01:02:35.95 | 6:15 | 9.6 |
| 185 | MICHALCZYK MARIUSZ | 146 | JW 1223 | KOSZALIN | POL | SM-M40-49 | 12 | M 139 | 01:02:36.45 | 6:15 | 9.6 |
| 186 | GIL MATEUSZ | 61 | AKADEMIA MARYNARKI WOJENNEJ | GDYNIA | POL | SM-M18-29 | 16 | M 140 | 01:02:36.90 | 6:15 | 9.6 |
| 187 | POWARZYŃSKI DANIEL | 275 | AKADEMIA MARYNARKI WOJENNEJ | SŁUPSK | POL | SM-M18-29 | 17 | M 141 | 01:02:37.15 | 6:15 | 9.6 |
| 188 | ANDRZEJCZAK SŁAWOMIR | 8 | GRZEŚLAW USTKA | ŁĘDOWO-OSIEDLE | POL | M40-49 | 31 | M 142 | 01:02:45.70 | 6:16 | 9.6 |
| 189 | DOMAROS MARCIN | 289 | NR | BYDLINO | POL | M30-39 | 29 | M 143 | 01:02:45.80 | 6:16 | 9.6 |
| 190 | ŁUKASIK SYLWIA | 351 | | DĘBNICA KASZUBSKA | POL | K18-29 | 9 | K 47 | 01:02:46.20 | 6:16 | 9.6 |
| 191 | GOSIEWSKI JANUSZ | 64 | MOŹW | BIAŁYSTOK | POL | SM-M30-39 | 22 | M 144 | 01:02:47.20 | 6:16 | 9.6 |
| 192 | WENCLAWSKI MICHAŁ | 246 | DECATHLON SŁUPSK | SŁUPSK | POL | M18-29 | 15 | M 145 | 01:02:52.00 | 6:17 | 9.5 |
| 193 | WESOŁEK ŁUKASZ | 247 | | KOSZALIN | POL | M30-39 | 30 | M 146 | 01:02:52.65 | 6:17 | 9.5 |
| 194 | ZALUSKI ADAM | 261 | | GORZÓW WLKP | POL | M30-39 | 31 | M 147 | 01:03:00.25 | 6:18 | 9.5 |
| 195 | KMIECIK AGNIESZKA | 96 | LOTOS RUNNING TEAM | GDYNIA | POL | K40-49 | 7 | K 48 | 01:03:06.55 | 6:18 | 9.5 |
| 196 | ZARZYCKI DAREK | 263 | | USTKA | POL | SM-M30-39 | 23 | M 148 | 01:03:17.35 | 6:19 | 9.5 |
| 197 | POLAK MICHAŁ | 183 | | LUBLINIEC | POL | SM-M30-39 | 24 | M 149 | 01:03:18.75 | 6:19 | 9.5 |
| 198 | POLAK ELWIRA | 182 | | LUBLINIEC | POL | SM-K30-39 | 4 | K 49 | 01:03:19.95 | 6:20 | 9.5 |
| 199 | SŁUPSKI MACIEJ | 212 | | MALBORK | POL | SM-M18-29 | 18 | M 150 | 01:03:48.95 | 6:22 | 9.4 |
| 200 | ŁĄTKOWSKI JERZY | 136 | JW 4498 | GDYNIA | POL | SM-M40-49 | 13 | M 151 | 01:03:58.55 | 6:23 | 9.4 |
| 201 | MINKO TOMEK | 148 | 9 DYWIZJON PRZECIWILOTNICZY | SŁUPSK | POL | SM-M18-29 | 19 | M 152 | 01:03:59.50 | 6:24 | 9.4 |
| 202 | KUPIS HUBERT | 121 | AKADEMIA MARYNARKI WOJENNEJ | OPOCZNO | POL | SM-M18-29 | 20 | M 153 | 01:04:15.55 | 6:25 | 9.3 |
| 203 | KUBERA KAJETAN | 353 | BALTIC SEALS | USTKA | POL | M18-29 | 16 | M 154 | 01:04:15.70 | 6:25 | 9.3 |
| 204 | REMUS JANUSZ | 196 | BEST BEASTS | SŁUPSK | POL | M40-49 | 32 | M 155 | 01:04:26.85 | 6:26 | 9.3 |
| 205 | LISZEWSKI DAMIAN | 133 | CSWIICH | WROCŁAW | POL | SM-M30-39 | 25 | M 156 | 01:04:44.80 | 6:28 | 9.3 |
| 206 | SZKATULSKI TOMASZ | 230 | DARŁOWSKIE CHARTY | DARŁOWO | POL | M18-29 | 17 | M 157 | 01:04:58.20 | 6:29 | 9.2 |
| 207 | DUBOWSKI ARTUR | 300 | RCI | GDYNIA | POL | SM-M40-49 | 14 | M 158 | 01:05:13.25 | 6:31 | 9.2 |
| 208 | PŁONKA ROBERT | 180 | MOŹW | SIEDLCE | POL | SM-M50+ | 4 | M 159 | 01:05:14.20 | 6:31 | 9.2 |
| 209 | TOMCZAK SEBASTIAN | 71 | | USTKA | POL | SM-M40-49 | 15 | M 160 | 01:05:16.35 | 6:31 | 9.2 |
| 210 | WEGNER ANETA | 245 | | USTKA | POL | K30-39 | 20 | K 50 | 01:05:20.60 | 6:32 | 9.2 |
| 211 | JÓSKOWSKI BOGDAN | 83 | RCI GDYNIA | REKOWO | POL | SM-M40-49 | 16 | M 161 | 01:05:25.65 | 6:32 | 9.2 |
| 212 | KOŁSUT MARCIN | 100 | | USTKA | POL | SM-M18-29 | 21 | M 162 | 01:05:27.55 | 6:32 | 9.2 |
| 213 | KOZŁOWSKI PAWEŁ | 112 | 6 BCHEM SP | ŚREM | POL | SM-M30-39 | 26 | M 163 | 01:05:39.45 | 6:34 | 9.1 |
| 214 | ŻUKOWSKA NATALIA | 270 | 6 BCHEM SP | KĘTRZYN | POL | SM-K30-39 | 5 | K 51 | 01:05:39.90 | 6:34 | 9.1 |
| 215 | MULLER PATRYCJA | 154 | | GDYNIA | POL | K18-29 | 10 | K 52 | 01:06:04.05 | 6:36 | 9.1 |

MARYNARSKA DYCHA - BIEG 10KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | min/km | km/h |
|------|-----------------------------|-----|--------------------------------------|---------------------|------|-----------|--------|-------|-------------|--------|------|
| 216 | PUPIAŁO AGNIESZKA | 190 | | GDYNIA | POL | SM-K30-39 | 6 | K 53 | 01:06:05.05 | 6:36 | 9.1 |
| 217 | BRUSZEWSKI SZCZEPAN | 22 | | WYSOKIE MAZOWIECKIE | POL | SM-M18-29 | 22 | M 164 | 01:06:09.00 | 6:36 | 9.1 |
| 218 | KOWALSKI ŁUKASZ | 108 | MJR | SŁUPSK | POL | SM-M30-39 | 27 | M 165 | 01:06:14.00 | 6:37 | 9.1 |
| 219 | CHMIELEWSKA JOANNA | 27 | | LUBLINIEC | POL | SM-K40-49 | 2 | K 54 | 01:06:17.70 | 6:37 | 9 |
| 220 | LITWIN WALDEMAR | 292 | 21 BSP | | | SM-M30-39 | 28 | M 166 | 01:06:18.70 | 6:37 | 9 |
| 221 | PRYMON MARCIN | 291 | 21 BSP | JAROSŁAW | POL | SM-M30-39 | 29 | M 167 | 01:06:19.15 | 6:37 | 9 |
| 222 | TEMSKI AMADEUSZ | 236 | 13DTR | STARZYNO | POL | SM-M18-29 | 23 | M 168 | 01:06:46.90 | 6:40 | 9 |
| 223 | RĘKAWICA PAWEŁ | 197 | MOŻW | BIAŁYSTOK | POL | SM-M18-29 | 24 | M 169 | 01:06:52.95 | 6:41 | 9 |
| 224 | JÓSKOWSKA BEATA | 82 | | REKOWO | POL | K30-39 | 21 | K 55 | 01:07:05.60 | 6:42 | 8.9 |
| 225 | ZAGÓRSKI TOMASZ | 259 | CSŁII ZEGRZE | ZEGRZE | POL | SM-M30-39 | 30 | M 170 | 01:07:06.90 | 6:42 | 8.9 |
| 226 | KOSTRZEWA PAWEŁ | 105 | BATALION OCHRONY BAZY | | POL | SM-M30-39 | 31 | M 171 | 01:07:09.50 | 6:43 | 8.9 |
| 227 | SĄŁAJ ANGELIKA | 205 | OSP LULEMINO | ZBYSZEWO | POL | SM-K30-39 | 7 | K 56 | 01:07:53.65 | 6:47 | 8.8 |
| 228 | PĄCZEK BOŻENA | 169 | 2 PLUTON KSS | TCZEW | POL | SM-K18-29 | 8 | K 57 | 01:08:00.50 | 6:48 | 8.8 |
| 229 | PIOCH NADIA | 176 | | USTKA | POL | SM-K18-29 | 9 | K 58 | 01:08:01.00 | 6:48 | 8.8 |
| 230 | CYRAN PRZEMYSŁAW | 34 | CSMW USTKA | USTKA | POL | SM-M30-39 | 32 | M 172 | 01:08:17.30 | 6:49 | 8.8 |
| 231 | LEWANDOWSKI JAROSŁAW | 131 | AKADEMIA MARYNARKI WOJENNEJ | STARY DWÓR | POL | SM-M18-29 | 25 | M 173 | 01:08:22.45 | 6:50 | 8.8 |
| 232 | NOWAK RAFAŁ | 159 | | MIĘDZYCHÓD | POL | M50-59 | 9 | M 174 | 01:08:30.85 | 6:51 | 8.8 |
| 233 | FRANEK KAMELIA | 51 | | PUSZCZYKOWO | POL | K30-39 | 22 | K 59 | 01:08:30.90 | 6:51 | 8.8 |
| 234 | KRÓNKE KAROLINA | 113 | | DARŁOWO | POL | SM-K18-29 | 10 | K 60 | 01:08:34.75 | 6:51 | 8.7 |
| 235 | KOT DANIEL | 106 | KOT TEAM | SŁUPSK | POL | M40-49 | 33 | M 175 | 01:08:51.35 | 6:53 | 8.7 |
| 236 | KUSIAK MAREK | 72 | CSMW | SŁUPSK | POL | M40-49 | 34 | M 176 | 01:08:57.50 | 6:53 | 8.7 |
| 237 | WASIAK ŁUKASZ | 244 | | DZIWNÓW | POL | M30-39 | 32 | M 177 | 01:09:01.35 | 6:54 | 8.7 |
| 238 | WŁODARCZYK TOMASZ | 252 | | KAMIEN POMORSKI | POL | M30-39 | 33 | M 178 | 01:09:01.65 | 6:54 | 8.7 |
| 239 | MOTOWIDŁO-ZAWADZKA IZABELLA | 153 | | SŁUPSK | POL | K40-49 | 8 | K 61 | 01:09:09.25 | 6:54 | 8.7 |
| 240 | DORDZIK MAŁGORZATA | 43 | | ELBLĄG | POL | K50-59 | 3 | K 62 | 01:09:13.45 | 6:55 | 8.7 |
| 241 | RÓŻNAWSKI MAREK | 243 | | WODNICA | POL | SM-M40-49 | 17 | M 179 | 01:09:22.10 | 6:56 | 8.6 |
| 242 | DEREN GRZEGORZ | 39 | 21. BAZA LOTNICTWA TAKTYCZNEGO | ŚWIDWIN | POL | SM-M40-49 | 18 | M 180 | 01:09:27.25 | 6:56 | 8.6 |
| 243 | GRZEŻUŁKOWSKI PAWEŁ | 70 | CSMW USTKA | SŁUPSK | POL | SM-M30-39 | 33 | M 181 | 01:10:07.20 | 7:00 | 8.6 |
| 244 | JELEŃSKI ADRIAN | 81 | | SŁUPSK | POL | SM-M30-39 | 34 | M 182 | 01:10:09.50 | 7:01 | 8.6 |
| 245 | MARCZAK MAŁGORZATA | 143 | | ŻELKOWO | POL | K50-59 | 4 | K 63 | 01:10:24.20 | 7:02 | 8.5 |
| 246 | CZERWIŃSKI WALDEMAR | 36 | MARKOS RUNNING TEAM | SŁUPSK | POL | M30-39 | 34 | M 183 | 01:10:29.00 | 7:02 | 8.5 |
| 247 | GRABOWSKA KINGA | 66 | | SŁUPSK | POL | K30-39 | 23 | K 64 | 01:10:29.80 | 7:03 | 8.5 |
| 248 | KURCZ BARBARA | 122 | BABECZKI KOSZALIN | KOSZALIN | POL | K40-49 | 9 | K 65 | 01:10:30.15 | 7:03 | 8.5 |
| 249 | POKORNY EDWARD | 181 | TUPÓT USTKA | USTKA | POL | M60+ | 9 | M 184 | 01:10:48.45 | 7:04 | 8.5 |
| 250 | KOZŁOWSKI MAREK | 111 | | USTKA | POL | M60+ | 10 | M 185 | 01:10:49.15 | 7:04 | 8.5 |
| 251 | LANOWUJOWICZ PAULINA | 295 | WPK SŁOŃ TEAM USTKA | USTKA | POL | K30-39 | 24 | K 66 | 01:10:59.70 | 7:05 | 8.5 |
| 252 | KOWALCZYK JUSTYNA | 107 | WPK SŁOŃ TEAM USTKA | USTKA | POL | K30-39 | 25 | K 67 | 01:10:59.75 | 7:06 | 8.5 |
| 253 | CZERWIŃSKA ANIA | 35 | BEST BEASTS | SŁUPSK | POL | K40-49 | 10 | K 68 | 01:11:05.80 | 7:06 | 8.4 |
| 254 | SZKATULSKA KAROLINA | 229 | DARŁOWSKIE CHARTY | DARŁOWO | POL | K18-29 | 11 | K 69 | 01:11:17.35 | 7:07 | 8.4 |
| 255 | WĘSIERSKA OLGA | 248 | | SŁUPSK | POL | K30-39 | 26 | K 70 | 01:11:22.65 | 7:08 | 8.4 |
| 256 | GŁOGOWSKI PIOTR | 62 | MOŻW | RADOM | POL | SM-M30-39 | 35 | M 186 | 01:11:25.95 | 7:08 | 8.4 |
| 257 | CIEŚLIŃSKA AGNIESZKA | 30 | MOŻW | WARSZAWA | POL | SM-K30-39 | 8 | K 71 | 01:11:38.75 | 7:09 | 8.4 |
| 258 | TÓRZ MICHAŁ | 239 | 13 DTR | USTKA | POL | SM-M30-39 | 36 | M 187 | 01:12:09.60 | 7:13 | 8.3 |
| 259 | PIEKARSKA ANETA | 172 | | KWAKOWO | POL | K30-39 | 27 | K 72 | 01:12:47.90 | 7:16 | 8.2 |
| 260 | NOWICKI MATEUSZ | 160 | CENTRUM SZKOLENIA MARYNARKI WOJENNEJ | SOKOŁOWO BUDZYŃSKIE | POL | SM-M30-39 | 37 | M 188 | 01:13:00.15 | 7:18 | 8.2 |
| 261 | KOZACZEK KRZYSZTOF | 356 | MJR | GDYNIA | POL | M30-39 | 35 | M 189 | 01:13:13.60 | 7:19 | 8.2 |
| 262 | ANDRZEJEWSKA MAGDALENA | 9 | DALEKO JESZCZE | RUMIA | POL | K40-49 | 11 | K 73 | 01:13:43.65 | 7:22 | 8.1 |
| 263 | ANDRZEJEWSKI RAFAŁ | 10 | DALEKO JESZCZE | RUMIA | POL | M40-49 | 35 | M 190 | 01:13:43.70 | 7:22 | 8.1 |
| 264 | ZAWADZKI JACEK | 264 | | GDYNIA | POL | M40-49 | 36 | M 191 | 01:13:43.85 | 7:22 | 8.1 |
| 265 | PIETRZYCKI SŁAWEK | 174 | BRYGADALOTNICTWAMW/RUNEDA | REDA | POL | SM-M40-49 | 19 | M 192 | 01:13:44.05 | 7:22 | 8.1 |
| 266 | KIEDROWSKI MARIUSZ | 94 | CSŁII | ZEGRZE | POL | SM-M40-49 | 20 | M 193 | 01:13:45.15 | 7:22 | 8.1 |
| 267 | ZAWISZA TOMASZ | 266 | CSMW USTKA | SŁUPSK | POL | SM-M50+ | 5 | M 194 | 01:13:46.85 | 7:22 | 8.1 |
| 268 | GRAJNERT ADAM | 287 | | GRABOWO | POL | SM-M30-39 | 38 | M 195 | 01:13:50.95 | 7:23 | 8.1 |
| 269 | GRAJNERT WIOLETA | 286 | | GRABOWO | POL | K18-29 | 12 | K 74 | 01:14:12.25 | 7:25 | 8.1 |
| 270 | ANDRZEJEWSKI MICHAŁ | 53 | 9 DPLT | USTKA | POL | SM-M18-29 | 26 | M 196 | 01:14:14.50 | 7:25 | 8.1 |
| 271 | MICHAŁUK MICHAŁ | 147 | 9 DYWIZJON PRZECIWOLOTNICZY | USTKA | POL | SM-M30-39 | 39 | M 197 | 01:14:40.05 | 7:28 | 8 |
| 272 | JONIK MACIEJ | 2 | | SŁUPSK | POL | SM-M40-49 | 21 | M 198 | 01:15:21.85 | 7:32 | 8 |

MARYNARSKA DYCHA - BIEG 10KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | min/km | km/h |
|------|----------------------|-----|--|------------|------|-----------|--------|-------|-------------|--------|------|
| 273 | KOS KRYSZTIAN | 103 | CPSP USTKA | KOBYLNICZA | POL | SM-M18-29 | 27 | M 199 | 01:15:27.60 | 7:32 | 8 |
| 274 | LEWANDOWSKI ADAM | 130 | W.P.K SŁOŃ TEAM USTKA | USTKA | POL | M30-39 | 36 | M 200 | 01:15:31.50 | 7:33 | 7.9 |
| 275 | GZIK RADOSŁAW | 76 | W.P.K. SŁOŃ TEAM USTKA | USTKA | POL | M30-39 | 37 | M 201 | 01:15:31.55 | 7:33 | 7.9 |
| 276 | SIKORA TOMASZ | 208 | 21. BAZA LOTNICTWA TAKTYCZNEGO | ŚWIDWIN | POL | SM-M50+ | 6 | M 202 | 01:15:54.70 | 7:35 | 7.9 |
| 277 | KULA SZYMON | 120 | | GDYNIA | POL | M40-49 | 37 | M 203 | 01:16:41.05 | 7:40 | 7.8 |
| 278 | BEDNARSKI ROMAN | 1 | JW 4101 | LUBLINIEC | POL | SM-M50+ | 7 | M 204 | 01:17:30.10 | 7:45 | 7.7 |
| 279 | SZMIGIERO AGNIESZKA | 233 | W.P.K SŁOŃ TEAM | SŁUPSK | POL | K40-49 | 12 | K 75 | 01:19:17.05 | 7:55 | 7.6 |
| 280 | STANISŁAWSKA EWELINA | 219 | MAZOWIECKI ODDZIAŁ ZANDARMERII WOJSKOWEJ | BIAŁYSTOK | POL | SM-K30-39 | 9 | K 76 | 01:20:07.70 | 8:00 | 7.5 |
| 281 | ŚMIETAŃSKI KRZYSZTOF | 5 | CSMW | SŁUPSK | POL | M18-29 | 18 | M 205 | 01:22:52.95 | 8:17 | 7.2 |
| 282 | ŚMIETAŃSKI IRENEUSZ | 75 | CSMW | SŁUPSK | POL | M40-49 | 38 | M 206 | 01:22:53.20 | 8:17 | 7.2 |
| 283 | KABACIŃSKI BRONISŁAW | 84 | TUPOT USTKA | USTKA | POL | M60+ | 11 | M 207 | 01:23:53.30 | 8:23 | 7.2 |
| 284 | GANCARZ ŁUKASZ | 56 | | LUBLIN | POL | SM-M18-29 | 28 | M 208 | 01:30:44.30 | 9:04 | 6.6 |
| 285 | RZEPKA KRYSZTIAN | 204 | 9 DYWIZJON PRZECIWLOTNICZY | USTKA | POL | SM-M30-39 | 40 | M 209 | 01:31:43.10 | 9:10 | 6.5 |
| 286 | SULL KACPER | 223 | NIGHT RUNNERS SŁUPSK | WODNICA | POL | M18-29 | 19 | M 210 | 01:35:04.85 | 9:30 | 6.3 |
| 287 | DAMPS JULITA | 37 | NIGHT RUNNERS SŁUPSK | SŁUPSK | POL | K30-39 | 28 | K 77 | 01:35:05.05 | 9:30 | 6.3 |