

MIELNO - PUCHAR POLSKI NORDIC WALKING 2018 - 21.1 KM

Organiser: Polska Federacja Nordic Walking
 Date: 2018-05-05
 Place: Mielno
 Distance: 21.1 km
 Klasyfikacja wg czasów netto.

**MIELNO - PUCHAR POLSKI NORDIC WALKING 2018 - 21.1 KM, OPEN**

| POS | Name and surname | No. | Club | City | NAT | Cat. | M. cat. | F/M | Żół. kartki | Czer. kartki | 8.5km | 11km | 13.5km | 16km | 18.5km | Netto | min/km | km/h |
|-----|--------------------------|-----|--------------------------------------|---------------|-----|--------|---------|------|-------------|--------------|----------|----------|----------|----------|----------|-------------|--------|------|
| 1 | ROSAK MARCIN | 526 | RUNNERSKI.PL/GREEN TEAM ZIELONA GÓRA | ZIELO NA GÓRA | POL | M40-49 | 1 | M 1 | | | 00:58:41 | 01:16:13 | 01:33:13 | 01:50:25 | 02:07:38 | 02:25:02.20 | 6:52 | 8.7 |
| 2 | KORDOWSKI PIOTR | 513 | NOWA HUTA TEAM | KRAKO W | POL | M40-49 | 2 | M 2 | | | 00:57:26 | 01:14:51 | 01:32:19 | 01:49:46 | 02:07:36 | 02:26:10.25 | 6:55 | 8.7 |
| 3 | DEPKA PRĄDZYŃSKI OLGIERD | 505 | BIEGAMYRAZEM.PL | GDYNI A | POL | M60+ | 1 | M 3 | | | 00:58:36 | 01:16:08 | 01:33:28 | 01:51:22 | 02:09:42 | 02:28:25.90 | 7:02 | 8.5 |
| 4 | PUSZKIEL LESZEK | 541 | GREEN TEAM ZIELONA GÓRA | ZIELO NA GÓRA | POL | M60+ | 2 | M 4 | | | 00:59:41 | 01:17:42 | 01:36:25 | 01:55:11 | 02:14:37 | 02:34:18.25 | 7:18 | 8.2 |
| 5 | BARCZYK BOGDAN | 501 | VIKING NORDIC TEAM CZĘSTOCHOWA | CZĘST OCHO WA | POL | M50-59 | 1 | M 5 | | | 01:02:07 | 01:20:48 | 01:39:25 | 01:58:12 | 02:17:01 | 02:36:00.15 | 7:23 | 8.1 |
| 6 | SZEREMETA GRZEGORZ | 529 | CIDRY LOTAJOM | RADZI ONKÓ W | POL | M40-49 | 3 | M 6 | | | 01:00:11 | 01:18:40 | 01:37:51 | 01:57:28 | 02:17:05 | 02:36:13.20 | 7:24 | 8.1 |
| 7 | KUŚMIEREK PATRYK | 516 | BŁĘKITNI NW DZIEMIANY | DZIEMI ANY | POL | M18-29 | 1 | M 7 | | | 01:01:50 | 01:20:15 | 01:38:56 | 01:57:54 | 02:17:02 | 02:36:39.30 | 7:25 | 8.1 |
| 8 | SZARSZUNOWI CZ MARIUSZ | 538 | | PASŁĘ K | POL | M40-49 | 4 | M 8 | | | 01:01:05 | 01:19:33 | 01:38:33 | 01:57:55 | 02:17:12 | 02:36:48.55 | 7:25 | 8.1 |
| 9 | WAWRZYNIAK ŁUKASZ | 531 | KS METRACO POLKOWICE | WALIM | POL | M30-39 | 1 | M 9 | | | 01:02:04 | 01:20:57 | 01:39:54 | 01:58:47 | 02:18:10 | 02:38:23.80 | 7:30 | 8 |
| 10 | NACZK LEONARD | 519 | DYNAMIC LĘBORK | LĘBOR K | POL | M40-49 | 5 | M 10 | | | 01:02:05 | 01:20:59 | 01:39:55 | 01:59:20 | 02:19:15 | 02:39:42.35 | 7:34 | 7.9 |
| 11 | ŚWISŁOCKI BOGDAN | 530 | FACE NORDIC WALKING TEAM | MIKOS ZEWO | POL | M50-59 | 2 | M 11 | | | 01:03:04 | 01:22:20 | 01:41:44 | 02:01:03 | 02:20:51 | 02:41:20.40 | 7:38 | 7.8 |
| 12 | BUŁAKOWSKI BOHDAN | 537 | PASJA NW | WARS ZAWA | POL | M60+ | 3 | M 12 | 1 | | 01:04:07 | 01:23:19 | 01:42:44 | 02:02:15 | 02:22:04 | 02:41:51.80 | 7:40 | 7.8 |
| 13 | ZAGAJA JANUSZ | 474 | WESOŁY BORSUK TEAM | POKÓJ | POL | M60+ | 4 | M 13 | | | 01:03:14 | 01:22:30 | 01:41:56 | 02:01:48 | 02:22:05 | 02:42:48.50 | 7:42 | 7.8 |
| 14 | JASIUKIEWICZ JACEK | 542 | POZYTYWNI DOBRE MIASTO | DOBRE MIAST O | POL | M50-59 | 3 | M 14 | 1 | | 01:04:27 | 01:23:43 | 01:43:01 | 02:02:42 | 02:23:00 | 02:42:53.15 | 7:43 | 7.8 |
| 15 | KONCEWICZ MAREK | 512 | ELITE TEAM CHODZĘ Z KIJAMI GDYNIA | GDYNI A | POL | M50-59 | 4 | M 15 | | | 01:04:25 | 01:23:41 | 01:43:09 | 02:02:55 | 02:22:58 | 02:43:01.40 | 7:43 | 7.8 |
| 16 | KOŁODZIEJ JOANNA | 511 | | RUDA ŚLAŃSKI | POL | K50-59 | 1 | K 1 | | | 01:06:26 | 01:26:32 | 01:46:33 | 02:05:52 | 02:25:27 | 02:44:50.05 | 7:48 | 7.7 |
| 17 | NIEDŹWIECKA KATARZYNA | 521 | FACE NORDIC WALKING TEAM | BRANI EWO | POL | K40-49 | 1 | K 2 | | | 01:07:34 | 01:27:08 | 01:46:34 | 02:06:01 | 02:25:30 | 02:44:52.35 | 7:48 | 7.7 |
| 18 | STEFANICKI MAREK | 527 | WŁÓCZYKJE SWINOUJŚCIE | ŚWINO UJŚCIE | POL | M60+ | 5 | M 16 | | | 01:05:27 | 01:24:58 | 01:44:56 | 02:05:19 | 02:25:56 | 02:47:02.55 | 7:54 | 7.6 |
| 19 | ŻAMOJCIN MAREK | 534 | NORDICLUB SZCZECIN | SZCZE CIN | POL | M50-59 | 5 | M 17 | | | 01:05:32 | 01:25:36 | 01:45:46 | 02:06:32 | 02:27:29 | 02:48:26.40 | 7:59 | 7.5 |

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|-----|-----------------------|-----|--------------------------------|--------------|-----|--------|---------|------|-------------|--------------|----------|----------|----------|----------|----------|-------------|--------|------|
| 20 | SPYCHAŁA MARZENA | 459 | WESOŁY BORSUK TEAM | BIAŁA | POL | K40-49 | 2 | K 3 | | | 01:06:25 | 01:26:30 | 01:46:36 | 02:06:48 | 02:27:39 | 02:48:28.95 | 7:59 | 7.5 |
| 21 | STĘPIEŃ LUCYNA | 528 | KS METRACO POLKOWICE | LUBIN | POL | K60+ | 1 | K 4 | | | 01:07:02 | 01:27:30 | 01:48:33 | 02:09:11 | 02:29:58 | 02:51:15.40 | 8:06 | 7.4 |
| 22 | RAKOWIECKI ZBIGNIEW | 536 | | GDAŃSK | POL | M50-59 | 6 | M 18 | | | 01:07:08 | 01:27:44 | 01:48:34 | 02:09:33 | 02:30:39 | 02:51:19.85 | 8:07 | 7.4 |
| 23 | PIETRZYK JAROSŁAW | 522 | VIKING NORDIC TEAM CZĘSTOCHOWA | CZĘSTOCHOWA | POL | M30-39 | 2 | M 19 | | | 01:02:08 | 01:21:36 | 01:42:46 | 02:05:11 | 02:28:31 | 02:51:23.30 | 8:07 | 7.4 |
| 24 | JANOSZKA IRENA | 535 | CYDRYLATAJOM | RADZIŃSKO | POL | K50-59 | 2 | K 5 | | | 01:08:18 | 01:28:48 | 01:49:18 | 02:09:53 | 02:30:43 | 02:51:33.80 | 8:07 | 7.4 |
| 25 | LIGEŻA JANUSZ | 517 | | TYCHY | POL | M50-59 | 7 | M 20 | | | 01:07:28 | 01:28:25 | 01:49:51 | 02:11:35 | 02:33:32 | 02:55:07.40 | 8:17 | 7.2 |
| 26 | KANIEWSKA BEATA | 508 | VIKING NORDIC TEAM CZĘSTOCHOWA | CZĘSTOCHOWA | POL | K40-49 | 3 | K 6 | | | 01:07:19 | 01:28:05 | 01:49:12 | 02:11:08 | 02:33:20 | 02:55:49.05 | 8:19 | 7.2 |
| 27 | WESOŁOWSKI WOJCIECH | 532 | NORDIC TEAM GNIEZNO | GNIEZNO | POL | M60+ | 6 | M 21 | | | 01:08:11 | 01:29:48 | 01:51:22 | 02:12:59 | 02:34:36 | 02:56:25.90 | 8:21 | 7.2 |
| 28 | POGORZELSKA WIESŁAWA | 523 | KS FORMA WODZISŁAW ŚLĄSKI | GORZYCE | POL | K30-39 | 1 | K 7 | | | 01:09:47 | 01:30:36 | 01:51:46 | 02:13:24 | 02:35:16 | 02:57:29.10 | 8:24 | 7.1 |
| 29 | KOWALCZYK MARIUSZ | 514 | GREEN TEAM ZIELONA GÓRA | ZIELONA GÓRA | POL | M50-59 | 8 | M 22 | | | 01:08:08 | 01:28:46 | 01:50:26 | 02:12:39 | 02:35:20 | 02:58:42.55 | 8:28 | 7.1 |
| 30 | KARASIEWICZ IRENA | 509 | FACE NORDIC WALKING TEAM | BRANIOWO | POL | K50-59 | 3 | K 8 | | | 01:11:16 | 01:32:35 | 01:54:30 | 02:16:37 | 02:38:43 | 03:00:55.05 | 8:34 | 7 |
| 31 | SARNOWSKA WANDA | 540 | GREEN TEAM ZIELONA GÓRA | ZIELONA GÓRA | POL | K50-59 | 4 | K 9 | | | 01:11:16 | 01:33:14 | 01:55:58 | 02:19:20 | 02:42:11 | 03:04:40.55 | 8:45 | 6.9 |
| 32 | ROSOŁEK ELŻBIETA | 539 | GREEN TEAM ZIELONA GÓRA | ZIELONA GÓRA | POL | K50-59 | 5 | K 10 | | | 01:15:20 | 01:36:45 | 01:58:22 | 02:20:41 | 02:43:11 | 03:05:38.20 | 8:47 | 6.8 |
| 33 | MARCINKOWSKI WOJCIECH | 518 | UNIA MIAST | LUBLINIEC | POL | M40-49 | 6 | M 23 | | | 01:13:38 | 01:35:44 | 01:58:10 | 02:21:15 | 02:44:16 | 03:07:09.65 | 8:52 | 6.8 |
| 34 | PANEK ELWIRA | 545 | | LĘBORK | POL | K50-59 | 6 | K 11 | | | 01:12:37 | 01:34:50 | 01:57:27 | 02:20:27 | 02:43:46 | 03:07:13.65 | 8:52 | 6.8 |
| 35 | KABAŁA MARZENA | 544 | BIEGAMYRAZEM.PL | GDYŃA | POL | K40-49 | 4 | K 12 | 2 | | 01:13:53 | 01:36:10 | 01:59:05 | 02:22:09 | 02:45:03 | 03:08:10.00 | 8:55 | 6.7 |
| 36 | BIŃCZYK JACEK | 503 | CISOWIANKA | GRABCEWO | POL | M50-59 | 9 | M 24 | | | 01:14:24 | 01:36:44 | 01:59:11 | 02:21:52 | 02:44:57 | 03:08:47.80 | 8:56 | 6.7 |
| 37 | BARCZYK JOLANTA | 502 | VIKING NORDIC TEAM CZĘSTOCHOWA | CZĘSTOCHOWA | POL | K50-59 | 7 | K 13 | | | 01:16:01 | 01:38:41 | 02:01:40 | 02:24:16 | 02:47:19 | 03:10:14.75 | 9:00 | 6.7 |
| 38 | GERLE-KOTULA ANNA | 507 | UNIA MIAST | KATOWICE | POL | K30-39 | 2 | K 14 | | | 01:16:34 | 01:39:36 | 02:02:04 | 02:24:53 | 02:47:38 | 03:10:19.35 | 9:01 | 6.7 |
| 39 | BUCZKOWSKA WIESŁAWA | 543 | FACE NORDIC WALKING TEAM | GDYŃA | POL | K60+ | 2 | K 15 | | | 01:13:30 | 01:36:23 | 01:59:41 | 02:23:51 | 02:47:42 | 03:11:49.35 | 9:05 | 6.6 |
| 40 | POSTEK DANUTA | 524 | MARSZ PO ZDROWIE | POZNAŃ | POL | K50-59 | 8 | K 16 | | | 01:16:08 | 01:39:10 | 02:01:49 | 02:25:24 | 02:49:25 | 03:13:50.70 | 9:11 | 6.5 |
| 41 | DUSZA ANNA | 506 | NORDIC CLUB SZCZECIN | SZCZECIN | POL | K40-49 | 5 | K 17 | | | 01:13:30 | 01:36:06 | 01:59:01 | 02:23:17 | 02:49:29 | 03:19:34.45 | 9:27 | 6.3 |
| 42 | ZAWADZKA MARIA | 533 | KS METRACO POLKOWICE | LUBIN | POL | K60+ | 3 | K 18 | | | 01:18:54 | 01:42:39 | 02:06:23 | 02:30:18 | 02:55:00 | 03:19:58.85 | 9:28 | 6.3 |
| 43 | ROZMUS JOLANTA | 525 | FACE NORDIC WALKING TEAM | GDYŃA | POL | K60+ | 4 | K 19 | | | 01:19:55 | 01:44:34 | 02:09:53 | 02:35:18 | 03:00:30 | 03:25:47.80 | 9:45 | 6.2 |

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|-----|-------------------|-----|--------------------|-----------|-----|--------|---------|------|-------------|--------------|----------|----------|----------|----------|----------|-------------|--------|------|
| 44 | KARASIEWICZ IWONA | 510 | NORDICLUB SZCZECIN | WARS ZAWA | POL | K30-39 | 3 | K 20 | | | 01:23:38 | 01:47:59 | 02:12:37 | 02:38:14 | 03:03:21 | 03:30:09.40 | 9:57 | 6 |