

**BIEG PRZEZ MOST 2019**

Organizator: Urząd Dzielnicy Warszawa - Białołęka

Data: 2019-09-22

Miejsce: Warszawa

Dystans: 10 km

Klasyfikacja wg czasów netto.

W klasyfikacji open pierwsze 50 miejsc wg czasu brutto

**BIEG PRZEZ MOST 2019, OPEN**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
1	JASTRZĘBSKI KAMIL	284	DUKLANOWSKITEAM/SKB KRAŚNIK	KRAŚNIK	POL	M 1-29	1	M 1	00:19:56	00:27:17	00:30:46.85	00:30:48.00	3:04	19.5
2	WASIEWICZ KRZYSZTOF	835		PIASECZNO	POL	M 1-29	2	M 2	00:20:15	00:27:56	00:31:41.90	00:31:44.00	3:10	18.9
3	PARSZCZYŃSKI ŁUKASZ	599	TEAM PARSZCZYŃSKICH	WARSZAWA	POL	M 30-39	1	M 3	00:20:26	00:28:15	00:32:08.60	00:32:11.00	3:12	18.7
4	PYSZEL FLORIAN	651	PAN MATEMATYKA	MIŃSK MAZOWIECKI	POL	M 1-29	3	M 4	00:20:50	00:28:37	00:32:34.55	00:32:35.40	3:15	18.4
5	ŚWIRGOŃ ADAM	800	TRENERBIEGANIA.PL	WARSZAWA	POL	M 1-29	4	M 5	00:21:20	00:29:18	00:33:20.90	00:33:22.55	3:20	18
6	PRZESTRZELSKI KAJETAN	980		SIEDLCE		M 1-29	5	M 6	00:21:33	00:29:33	00:33:43.90	00:33:44.60	3:22	17.8
7	GAWRON PAWEŁ	193	@ARKENYA_TEAM	WARSZAWA	POL	M 1-29	6	M 7	00:21:38	00:29:54	00:33:55.15	00:33:57.20	3:23	17.7
8	SKIBIŃSKI MIKOŁAJ	714	DUKLANOWSKI TEAM / ADIDAS WARSAW RUNNERS / @ARKENYA_TEAM	POZNAŃ	POL	M 30-39	2	M 8	00:22:07	00:30:20	00:34:19.55	00:34:21.50	3:26	17.5
9	ORZEŁ MICHAŁ	1014		WARSZAWA	POL	M 30-39	3	M 9	00:22:17	00:30:10	00:34:26.75	00:34:29.25	3:26	17.4
10	MACHOWSKI PAWEŁ	478	WARSZAWSKIE SANKT MORITZ	WARSZAWA	POL	M 1-29	7	M 10	00:22:13	00:30:30	00:34:35.70	00:34:37.95	3:27	17.3
11	MICHALSKI PIOTR	524		PIASECZNO	POL	M 30-39	4	M 11	00:22:04	00:30:30	00:34:42.95	00:34:46.25	3:28	17.3
12	OMIELAN WOJCIECH	582		WARSZAWA	POL	M 1-29	8	M 12	00:22:40	00:31:21	00:35:33.75	00:35:36.10	3:33	16.9
13	JOSYPENKO JĘDRZEJ	924	DREAM RUN	WARSZAWA	POL	M 30-39	5	M 13	00:22:40	00:31:23	00:35:44.00	00:35:47.40	3:34	16.8
14	WYSOCKI MARCIN	881	WARSZAWIAKY	MICHAŁOWICE	POL	M 30-39	6	M 14	00:23:21	00:31:47	00:35:54.50	00:35:58.20	3:35	16.7
15	GOZDEK RADEK	214	BIEGANIEPO40.PL TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M 40-49	1	M 15	00:23:09	00:31:51	00:36:04.25	00:36:06.15	3:36	16.6
16	KLAŚ ŁUKASZ	348	NUDNE PIĄTKI	WARSZAWA	POL	M 40-49	2	M 16	00:23:09	00:31:51	00:36:14.55	00:36:16.00	3:37	16.6
17	PRZYBYŁA KRZYSZTOF	641	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 30-39	7	M 17	00:23:36	00:32:08	00:36:21.60	00:36:24.55	3:38	16.5
18	ZARODKIEWICZ DAWID	891	#TZD	KRASNE	POL	M 30-39	8	M 18	00:23:33	00:32:13	00:36:35.95	00:36:40.30	3:39	16.4
19	BRZAŃKALSKI KRZYSIEK	73	@ARKENYA_TEAM	PŁOCK	POL	M 1-29	9	M 19	00:23:36	00:32:25	00:36:40.10	00:36:44.40	3:40	16.4
20	ŁAPIŃSKA ANNA	459	KS WARSZAWIANKA/ADRUNALINE	WARSZAWA	POL	K 30-39	1	K 1	00:23:39	00:32:35	00:37:08.35	00:37:11.00	3:42	16.2
21	MLAĆKI ALAN	538	TEAM KOPEĆ	KOŁBIEL	POL	M 1-29	10	M 20	00:23:50	00:32:50	00:37:21.20	00:37:24.05	3:44	16.1
22	KLIMKIEWICZ MICHAŁ	353		WARSZAWA	POL	M 1-29	11	M 21	00:23:58	00:32:52	00:37:21.90	00:37:28.85	3:44	16.1
23	HILDEBRAND MARCIN	249	OUTLETBIEGOWY /BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 30-39	9	M 22	00:23:56	00:33:08	00:37:37.20	00:37:39.25	3:45	16
24	ŁABĘDZKI KONRAD	457	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 30-39	10	M 23	00:24:16	00:33:23	00:37:49.90	00:37:53.50	3:47	15.9
25	ŁOBACZ MICHAŁ	464		WARSZAWA	POL	M 30-39	11	M 24	00:24:29	00:33:38	00:37:54.50	00:37:58.50	3:47	15.8
26	SZAŁATKA KRZYSZTOF	692	TRIATHLON SERWIS	WARSZAWA	POL	M 40-49	3	M 25	00:24:30	00:33:31	00:37:51.55	00:37:58.95	3:47	15.9
27	TRZASKOWSKI DARIUSZ	815	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M 40-49	4	M 26	00:24:26	00:33:36	00:38:06.25	00:38:11.35	3:48	15.7
28	PARSZCZYŃSKA IZABELA	598	TEAM PARSZCZYŃSKICH	WARSZAWA	POL	K 30-39	2	K 2	00:24:21	00:33:36	00:38:11.50	00:38:13.00	3:49	15.7
29	GRZYSBOWSKI MARIUSZ	237		KOBYŁKA	POL	M 50-59	1	M 27	00:24:34	00:33:34	00:38:12.65	00:38:16.30	3:49	15.7
30	BOMBA TOMEK	57		WARSZAWA	POL	M 1-29	12	M 28	00:24:52	00:34:02	00:38:21.80	00:38:25.40	3:50	15.6
31	ŁĘGOCKI MARCIN	463	PIETRZYK RUNNING TEAM / WSEWS WARSZAWA	WARSZAWA	POL	M 30-39	12	M 29	00:24:57	00:33:55	00:38:19.90	00:38:27.55	3:50	15.7
32	KUBERA PIOTR	981		JÓZEFÓW		M 40-49	5	M 30	00:24:59	00:34:01	00:38:21.10	00:38:28.05	3:50	15.6
33	SIERADZKI KRZYSZTOF	700		WARSZAWA	POL	M 30-39	13	M 31	00:24:28	00:33:42	00:38:31.35	00:38:34.70	3:51	15.6
34	KRUPA PAWEŁ	408	STALOWOWOLSKI KLUB BIEGACZA	AGATÓWKA	POL	M 40-49	6	M 32	00:24:50	00:34:19	00:38:53.60	00:38:56.90	3:53	15.4
35	GRUZA MAREK	228	BIEGANIEPO40.PL	KAZUŃ BIELANY	POL	M 40-49	7	M 33	00:24:56	00:34:24	00:39:04.25	00:39:10.05	3:54	15.4
36	FELUCH KRZYSZTOF	167	JACEK BIEGA RUNNING TEAM	WARSZAWA	POL	M 40-49	8	M 34	00:25:13	00:34:33	00:39:12.80	00:39:17.50	3:55	15.3
37	JACKOWICZ PAWEŁ	261		MIŃSK MAZOWIECKI	POL	M 30-39	14	M 35	00:24:47	00:34:29	00:39:20.90	00:39:25.10	3:56	15.2
38	JUSIŃSKI KRYSZTIAN	306	BRACTWO BIEGOWE BGK	WARSZAWA	POL	M 30-39	15	M 36	00:25:46	00:34:53	00:39:28.15	00:39:34.80	3:56	15.2
39	VASHKEVICH VITAL	826		WARSZAWA	BEL	M 30-39	16	M 37	00:25:21	00:34:47	00:39:30.90	00:39:36.00	3:57	15.2
40	ŁOZOWSKI OLAF	468		GRODZISK MAZOWIECKI	POL	M 30-39	17	M 38	00:25:46	00:34:56	00:39:31.45	00:39:38.90	3:57	15.2
41	GRZEGORCZYK NATALIA	995	WANDA PANFIL TEAM / AZS AWF WARSZAWA	KRAŚNICA	POL	K 1-29	1	K 3	00:25:12	00:34:54	00:39:39.50	00:39:42.00	3:58	15.1

**BIEG PRZEZ MOST 2019, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
42	STYRNIK KRYSZTIAN	757	AZS UP LUBLIN	OŻARÓW	POL	M 1-29	13	M 39	00:25:02	00:34:55	00:39:34.55	00:39:43.95	3:57	15.2
43	KACZYŃSKI GRZEGORZ	320	KB WYSZKÓW	WYSZKÓW	POL	M 40-49	9	M 40	00:25:32	00:34:56	00:39:40.95	00:39:46.70	3:58	15.1
44	JERUĆ ŁUKASZ	292	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 40-49	10	M 41	00:25:50	00:35:12	00:39:42.50	00:39:47.95	3:58	15.1
45	GŁOWACKI PAWEŁ	205	SEROCK BIEGA Z HOTELEM NARVIL	SEROCK	POL	M 30-39	18	M 42	00:25:53	00:35:18	00:39:41.80	00:39:48.90	3:58	15.1
46	LEWANDOWSKI MATEUSZ	446	NOWY DWÓR MAZOWIECKI	NOWY DWÓR MAZOWIECKI	POL	M 1-29	14	M 43	00:25:26	00:35:04	00:39:44.35	00:39:50.70	3:58	15.1
47	MARSZAŁ MARIUSZ	503	PSYCHOPATA BIEGOWY	WARSZAWA	POL	M 30-39	19	M 44	00:25:53	00:35:00	00:39:48.95	00:39:53.15	3:58	15.1
48	PIATKA TOMASZ	615	ENEL-SPORT RUNNERS TEAM	WARSZAWA	POL	M 30-39	20	M 45	00:25:53	00:35:24	00:39:58.10	00:40:05.35	3:59	15
49	ZALEWSKI DOMINIK	886		WARSZAWA	POL	M 1-29	15	M 46	00:25:40	00:35:29	00:40:07.40	00:40:11.90	4:00	15
50	SZCZEPKOWSKI BARTŁOMIEJ	773		WARSZAWA	POL	M 30-39	22	M 47	00:25:53	00:35:19	00:40:10.90	00:40:16.35	4:01	14.9
51	NIEGOWSKI ROBERT	559	STARE BABICE BIEGAJĄ	KOCZARGI STARE	POL	M 30-39	23	M 48	00:25:53	00:35:27	00:40:17.05	00:40:23.15	4:01	14.9
52	KOSTRZEWSKA JUSTYNA	383	ADIDAS RUNNERS WARSAW	ŁOMIANKI DOLNE	POL	K 30-39	3	K 4	00:25:59	00:35:29	00:40:23.35	00:40:29.70	4:02	14.9
53	MICHAŁSKI DAMIAN	523	ALIOR RUNNING TEAM	WARSZAWA	POL	M 40-49	11	M 49	00:25:34	00:35:22	00:40:31.00	00:40:37.05	4:03	14.8
54	TOMASZEK ROBERT	810		WARSZAWA	POL	M 40-49	12	M 50	00:25:53	00:35:44	00:40:33.70	00:40:37.65	4:03	14.8
55	HASS-KALITA JOANNA	245	WARSAW MASTERS TEAM	KOBYŁKA	POL	K 40-49	1	K 5	00:27:11	00:37:13	00:42:00.80	00:42:05.60	4:12	14.3
56	WESOŁOWSKA KATARZYNA	844	NAPRZÓD MŁOCINY	WARSZAWA	POL	K 40-49	2	K 6	00:27:37	00:37:44	00:42:46.40	00:42:55.50	4:16	14
57	ŻURANIEWSKA AGNIESZKA	918	NUDNE PIĄTKI	WARSZAWA	POL	K 40-49	3	K 7	00:27:37	00:38:02	00:43:08.85	00:43:23.75	4:18	13.9
58	ZIMOWICZ MAGDALENA	936	DUKLANOWSKI TEAM	WARSZAWA	POL	K 30-39	4	K 8	00:28:18	00:38:24	00:43:18.30	00:43:30.15	4:19	13.9
59	PACIOREK EWA	590	MARKOWI BIEGACZE	MARKI	POL	K 30-39	5	K 9	00:28:16	00:38:51	00:44:08.00	00:44:22.30	4:24	13.6
60	SŁAWIŃSKA EWA	719		WARSZAWA	POL	K 1-29	3	K 10	00:28:52	00:39:29	00:44:45.70	00:44:55.30	4:28	13.4
61	RADKOWSKA MAŁGORZATA	653	DZIOBAKI I NOSIAKI/SŁODKIE PĄCZKI	WARSZAWA	POL	K 30-39	6	K 11	00:28:44	00:39:24	00:44:38.50	00:44:58.20	4:27	13.4
62	SZUBA MARTYNA	784	TEAM PARSZCZYŃSKICH	MIŃSK MAZOWIECKI	POL	K 1-29	2	K 12	00:28:12	00:39:12	00:44:38.75	00:44:58.55	4:27	13.4
63	WINKOWSKA-STRUZIK MAGDALENA	853	DUKLANOWSKI TEAM / ADIDAS RUNNERS WARSAW	WARSZAWA	POL	K 30-39	7	K 13	00:29:01	00:39:42	00:44:55.10	00:45:25.70	4:29	13.4
64	KUCZYŃSKA MAGDALENA	422		WARSZAWA	POL	K 30-39	8	K 14	00:29:15	00:40:03	00:45:19.05	00:45:39.15	4:31	13.2
65	CZAJKOWSKA DOROTA	119		MYSIADŁO	POL	K 40-49	4	K 15	00:29:15	00:39:55	00:45:10.70	00:45:40.40	4:31	13.3
66	NOWAK ANNA	569		WARSZAWA	POL	K 30-39	9	K 16	00:29:11	00:40:22	00:45:56.05	00:46:18.35	4:35	13.1
67	ROGÓŻ ELŻBIETA	947	PRORUNNING PROMOTION	WARSZAWA	POL	K 40-49	6	K 17	00:29:25	00:40:23	00:45:51.85	00:46:22.75	4:35	13.1
68	SZYMBORSKA MONIKA	788	TEAM ZABIEGANE DNI	WARSZAWA	POL	K 40-49	5	K 18	00:29:27	00:40:28	00:45:48.75	00:46:29.95	4:34	13.1
69	OCHNIK-KALINOWSKA JUSTYNA	573		WARSZAWA	POL	K 40-49	7	K 19	00:29:51	00:41:20	00:46:53.30	00:47:22.30	4:41	12.8
70	STOLARCZYK GOSIA	748	LS WORLD RUN	WARSZAWA	POL	K 40-49	8	K 20	00:29:54	00:41:23	00:47:08.15	00:47:33.25	4:42	12.7
71	MICHALAK MONIKA	521		RAJSZEW	POL	K 30-39	10	K 21	00:30:15	00:41:30	00:47:03.60	00:47:34.80	4:42	12.8
72	BOGUMIŁ IZABELA	54		LEGIONOWO	POL	K 40-49	9	K 22	00:30:42	00:41:50	00:47:23.10	00:47:38.10	4:44	12.7
73	KĄDZIOŁKA BEATA	337	FMW RUNNERS	STAŁOWA WOLA	POL	K 30-39	12	K 23	00:30:25	00:41:34	00:47:13.10	00:47:53.00	4:43	12.7
74	GADOMSKA ANNA	181	PZU SPORT TEAM	WARSZAWA	POL	K 30-39	11	K 24	00:30:31	00:41:41	00:47:12.35	00:47:58.30	4:43	12.7
75	KUBICA EWA	420		WARSZAWA	POL	K 30-39	13	K 25	00:30:40	00:41:55	00:47:35.45	00:48:20.75	4:45	12.6
76	BORYSOWSKA MONIKA	69		SZCZECIN	POL	K 40-49	10	K 26	00:30:31	00:42:05	00:47:48.60	00:48:32.45	4:46	12.5
77	RZYMOWSKA KRYSZYNA	687		WARSZAWA	POL	K 50-59	1	K 27	00:31:09	00:42:39	00:48:21.40	00:49:07.70	4:50	12.4
78	BURZYŃSKA MAGDALENA	85		WARSZAWA	POL	K 30-39	15	K 28	00:30:52	00:42:47	00:48:40.95	00:49:09.15	4:52	12.3
79	GAŚSIOROWSKA ALICJA	194	ŻÓRAWSKITEAM	WARSZAWA	POL	K 40-49	11	K 29	00:31:16	00:43:06	00:48:33.40	00:49:12.00	4:51	12.4
80	JAGNIESZCZAK ZUZANNA	264	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	K 30-39	14	K 30	00:31:05	00:42:46	00:48:40.20	00:49:13.75	4:52	12.3
81	KOWERDA SYLWIA	395		WARSZAWA	POL	K 1-29	4	K 31	00:30:53	00:42:59	00:48:57.55	00:49:19.10	4:53	12.3
82	RUDY IWONA	676		WARSZAWA	POL	K 30-39	16	K 32	00:30:45	00:42:52	00:48:55.80	00:49:33.35	4:53	12.3
83	OLÓW KAMILA	581		GOŁDAP	POL	K 1-29	5	K 33	00:31:30	00:43:31	00:49:27.95	00:49:45.05	4:56	12.1
84	SEKŚCIŃSKA MAGDA	696	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	K 30-39	18	K 34	00:31:46	00:43:33	00:49:14.65	00:49:46.50	4:55	12.2
85	KORONA-SIERADZKA BOGUSŁAWA	375		WARSAW	POL	K 30-39	17	K 35	00:32:11	00:43:37	00:49:12.40	00:50:00.20	4:55	12.2
86	BE CZAK NATALIA	29		WARSZAWA	POL	K 30-39	19	K 36	00:32:15	00:44:01	00:49:40.00	00:50:20.45	4:58	12.1
87	KRUK EDYTA	407	GRUPA BIEGOWA UM W-WA	CHOTOMÓW	POL	K 40-49	12	K 37	00:31:41	00:43:47	00:49:44.90	00:50:32.30	4:58	12.1
88	ŻEBROWSKA ANNA	930		WARSZAWA	POL	K 30-39	20	K 38	00:32:05	00:43:51	00:49:50.90	00:50:50.95	4:59	12
89	TULA RENATA	817	MYKMYK	WARSZAWA	POL	K 60+	1	K 39	00:32:32	00:44:30	00:50:24.05	00:51:10.80	5:02	11.9
90	SĘK ZOFIA	698		WARSZAWA	POL	K 40-49	13	K 40	00:33:01	00:44:40	00:50:33.50	00:51:16.90	5:03	11.9
91	KICZYŃSKA IZABELA	340	BRODNICA BIEGA	BRODNICA	POL	K 30-39	23	K 41	00:32:33	00:45:04	00:51:16.10	00:51:26.60	5:07	11.7
92	MALMON OLIVIA	489	KONDYCJA	WARSZAWA	POL	K 1-29	6	K 42	00:36:01	00:44:53	00:51:41.30	00:51:44.90	5:10	11.6
93	JAROS HONORATA	280		WARSZAWA	POL	K 40-49	14	K 43	00:32:18	00:44:50	00:50:57.70	00:51:53.50	5:05	11.8
94	KWIATKOWSKA ILONA	434	KB WYSZKÓW	WYSZKÓW	POL	K 30-39	22	K 44	00:32:48	00:44:59	00:51:15.10	00:52:03.35	5:07	11.7
95	KWIATKOWSKA KATARZYNA	432		MARKI	POL	K 30-39	21	K 45	00:32:38	00:44:57	00:51:01.65	00:52:04.90	5:06	11.8
96	TEJCHMA NATALIA	805	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	K 40-49	15	K 46	00:33:37	00:45:22	00:51:18.35	00:52:19.95	5:07	11.7
97	BUCHAŁSKA EWA	78	EKOBIEGI	WARSZAWA	POL	K 40-49	16	K 47	00:32:48	00:45:20	00:51:40.10	00:52:26.35	5:10	11.6

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M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
98	CHOSZCZ DOMINIKA	97		WARSZAWA	POL	K 1-29	7	K 48	00:32:31	00:45:50	00:51:47.15	00:52:36.40	5:10	11.6
99	SCHINDLER ZANETA	695		WARSZAWA	POL	K 40-49	18	K 49	00:33:39	00:46:01	00:52:13.35	00:52:56.00	5:13	11.5
100	KRUPIŃSKA WIOLA	409	TRUCHT TEAM TARCHOMIN	WARSZAWA	POL	K 1-29	9	K 50	00:34:08	00:46:50	00:52:51.55	00:53:07.10	5:17	11.3
101	WERNER KAMIL	842	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 30-39	21	M 50	00:25:57	00:35:32	00:40:07.40	00:40:41.90	4:00	15
102	KŁÓDKIEWICZ WALDEMAR	356		KIELPIN	POL	M 40-49	13	M 51	00:25:45	00:35:42	00:40:35.50	00:41:00.50	4:03	14.8
103	MARYNOWSKI WOJCIECH	505	LUDZIE SZTOSY	WARSZAWA	POL	M 1-29	16	M 52	00:25:56	00:35:45	00:40:37.55	00:40:43.70	4:03	14.8
104	ZHENG HAISHAN	902		LESNOWOLA	CHI	M 30-39	24	M 53	00:26:04	00:36:05	00:40:50.65	00:40:57.50	4:05	14.7
105	BURZA PAWEŁ	84		WARSZAWA	POL	M 30-39	25	M 54	00:26:02	00:35:59	00:40:54.65	00:40:59.45	4:05	14.7
106	JUTKIEWICZ MARCIN	993		WARSZAWA	POL	M 30-39	26	M 55	00:26:24	00:36:07	00:40:59.00	00:41:10.85	4:05	14.6
107	KNYCHAS DAREK	358	PZU SPORT TEAM	WARSZAWA	POL	M 40-49	14	M 56	00:26:45	00:36:20	00:41:01.25	00:41:15.05	4:06	14.6
108	GRYSZPANOWICZ PIOTR	234	SĄSIADY LATAJĄ RAZEM	WARSZAWA	POL	M 40-49	15	M 57	00:26:17	00:36:10	00:41:08.25	00:41:16.40	4:06	14.6
109	KORSAKAS EMILIS	925	NA, PAGAUKI!	VILNIUS	LTU	M 50-59	2	M 58	00:26:14	00:36:16	00:41:13.00	00:41:19.10	4:07	14.6
110	KORSAKOV KOSTIANTYN	376	-	WARSZAWA	POL	M 40-49	16	M 59	00:26:28	00:36:26	00:41:19.40	00:41:29.40	4:07	14.5
111	SIEGIEDA MICHAŁ	699	ADIDAS RUNNERS	WARSZAWA	POL	M 30-39	27	M 60	00:26:21	00:36:33	00:41:20.65	00:41:26.10	4:08	14.5
112	NOWOCIEŃ JACEK	570	UKS RUSIEC	PODKOWA LEŚNA	POL	M 60+	1	M 61	00:26:45	00:36:36	00:41:29.05	00:41:32.95	4:08	14.5
113	SPYCHAŁA PIOTR	735		WARSZAWA	POL	M 40-49	17	M 62	00:26:34	00:36:36	00:41:32.25	00:41:41.45	4:09	14.4
114	LISZKIEWICZ KONRAD	453		ZABORÓWEK	POL	M 30-39	28	M 63	00:26:25	00:36:41	00:41:41.60	00:41:46.85	4:10	14.4
115	GIERAK KRIS	199	SANTANDER RUNNERS	WARSZAWA	POL	M 30-39	29	M 64	00:26:45	00:36:53	00:41:42.95	00:41:51.45	4:10	14.4
116	ROWIŃSKI ARKADIUSZ	960		WARSZAWA	POL	M 30-39	30	M 65	00:27:07	00:37:02	00:41:45.60	00:41:49.80	4:10	14.4
117	KUBIAK SŁAWOMIR	419		WARSZAWA	POL	M 40-49	18	M 66	00:26:35	00:36:47	00:41:47.25	00:41:57.35	4:10	14.4
118	LATAK MICHAŁ	436	JACEKBIEGA RUNNING TEAM	WARSZAWA	POL	M 40-49	19	M 67	00:26:41	00:36:51	00:41:50.10	00:41:55.60	4:11	14.3
119	CIEŚLAK PIOTR	111		WARSZAWA	POL	M 30-39	31	M 68	00:27:25	00:37:12	00:41:51.10	00:42:05.00	4:11	14.3
120	KANIA PRZEMYSŁAW	327		HORNÓWEK	POL	M 40-49	20	M 69	00:26:32	00:36:52	00:41:57.25	00:42:02.20	4:11	14.3
121	ZAJĄC WACŁAW	882	TEAM PARSZCZYŃSKICH	WARSZAWA	POL	M 40-49	21	M 70	00:27:07	00:37:03	00:41:58.35	00:42:09.65	4:11	14.3
122	ZGODA MATEUSZ	941	NAPRZÓD MŁOCINY	WARSZAWA	POL	M 1-29	17	M 71	00:27:04	00:37:02	00:42:00.05	00:42:13.15	4:12	14.3
123	ZYCH ŁUKASZ	910		MARKI	POL	M 30-39	32	M 72	00:26:11	00:36:46	00:42:04.80	00:42:10.10	4:12	14.3
124	ANDRZEJEWSKI MARIUSZ	7	T-MOBILE RUNNING TEAM	WARSZAWA	POL	M 30-39	33	M 73	00:27:37	00:37:19	00:42:06.35	00:42:17.90	4:12	14.3
125	JUREK PRZEMYSŁAW	304	KS STASZEWCY	WARSZAWA	POL	M 40-49	22	M 74	00:27:05	00:37:08	00:42:07.00	00:42:20.20	4:12	14.2
126	PRUSIK PIOTR	637		WARSZAWA	POL	M 1-29	18	M 75	00:27:27	00:37:19	00:42:08.85	00:42:26.85	4:12	14.2
127	SLEPOWRONSKI BOGDAN	718	TO NATURALNE	WARSZAWA	POL	M 30-39	34	M 76	00:26:57	00:37:21	00:42:11.25	00:42:30.25	4:13	14.2
128	KNAP PIOTR	987				M 30-39	35	M 77	00:27:11	00:37:20	00:42:12.90	00:42:26.05	4:13	14.2
129	RAK ADAM	655	MPWIK	WARSZAWA	POL	M 30-39	36	M 78	00:26:38	00:37:19	00:42:21.40	00:42:27.25	4:14	14.2
130	JAWORSKI ARKADIUSZ	289		IZABELIN	POL	M 30-39	37	M 79	00:27:01	00:37:25	00:42:22.05	00:42:39.40	4:14	14.2
131	KOWAL KRZYSZTOF	388	SĄSIADY LATAJĄ RAZEM	WARSZAWA	POL	M 40-49	23	M 80	00:26:38	00:37:02	00:42:23.20	00:42:31.45	4:14	14.2
132	MIKULSKI JACEK	530	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 40-49	24	M 81	00:27:11	00:37:23	00:42:26.05	00:42:38.80	4:14	14.1
133	PUTON MICHAŁ	649		LIPSKO	POL	M 30-39	38	M 82	00:26:57	00:37:21	00:42:26.50	00:42:49.25	4:14	14.1
134	GAJOWNICZEK SŁAWOMIR	185		WARSZAWA	POL	M 30-39	39	M 83	00:27:20	00:37:34	00:42:29.10	00:42:48.80	4:14	14.1
135	JAWORSKI PIOTR	1000	EKOBIEGI	WARSZAWA	POL	M 40-49	25	M 84	00:26:59	00:37:22	00:42:29.50	00:42:33.70	4:14	14.1
136	DĄBROWSKI MIROSŁAW	136		WARSZAWA	POL	M 50-59	3	M 85	00:27:12	00:37:22	00:42:30.20	00:42:52.75	4:15	14.1
137	MICHNOWSKI SEBASTIAN	525		WARSZAWA	POL	M 40-49	26	M 86	00:27:06	00:37:19	00:42:30.75	00:42:38.90	4:15	14.1
138	WŁOSTOWSKI MAREK	865	VEGE RUNNERS	KRAKÓW	POL	M 30-39	40	M 87	00:27:17	00:37:31	00:42:36.85	00:42:58.05	4:15	14.1
139	KUREK MARCIN	428		DUCZKI	POL	M 40-49	27	M 88	00:27:10	00:37:34	00:42:49.20	00:42:55.00	4:17	14
140	KIELCZYKOWSKI JANUSZ	342	EUROBUDOWA	WARSZAWA	POL	M 40-49	28	M 89	00:27:52	00:37:51	00:42:50.40	00:43:21.60	4:17	14
141	SARZAŁA DARIUSZ	996				M 60+	2	M 90	00:27:22	00:37:50	00:42:53.95	00:43:09.55	4:17	14
142	KILJAŃCZYK DOMINIK	347	TARCZYŃSKI KLUB BIEGOWY	TARCZYN	POL	M 1-29	19	M 91	00:27:17	00:38:00	00:43:09.70	00:43:17.45	4:19	13.9
143	MĘYŃSKI MARIUSZ	539		WARSZAWA	POL	M 1-29	20	M 92	00:27:18	00:38:03	00:43:11.70	00:43:21.50	4:19	13.9
144	SOBOCIŃSKI MICHAŁ	726	PLAY	WARSZAWA	POL	M 40-49	29	M 93	00:28:04	00:38:12	00:43:11.75	00:43:31.15	4:19	13.9
145	FALKOWSKI ŁUKASZ	165		WARSZAWA	POL	M 30-39	41	M 94	00:27:38	00:38:24	00:43:15.90	00:43:31.55	4:19	13.9
146	SMORAWSKI WODZISŁAW	722		WARSZAWA	POL	M 30-39	42	M 95	00:27:41	00:38:09	00:43:22.20	00:43:29.90	4:20	13.8
147	MAŃKA KRZYSZTOF	496	PZU SPORT TEAM	WARSZAWA	POL	M 30-39	43	M 96	00:27:46	00:38:15	00:43:25.25	00:43:39.00	4:20	13.8
148	ZDANOWSKI TOMEK	899	TRIZARZA	SITNE	POL	M 1-29	21	M 97	00:27:22	00:38:17	00:43:27.45	00:43:34.25	4:20	13.8
149	TYMICKI KRZYSZTOF	821		LEGIONOWO	POL	M 40-49	30	M 98	00:28:16	00:38:34	00:43:32.25	00:43:42.25	4:21	13.8
150	DZIUBA TOMASZ	160	MASTERSDOJO	WARSZAWA	POL	M 30-39	44	M 99	00:27:32	00:38:20	00:43:32.35	00:43:46.05	4:21	13.8
151	JANKOWSKI JAKUB	274		BRWINÓW	POL	M 1-29	22	M 100	00:27:26	00:38:19	00:43:34.45	00:43:54.70	4:21	13.8
152	PRZELASKOWSKI ARTUR	639		WARSZAWA	POL	M 50-59	4	M 101	00:27:40	00:38:20	00:43:37.45	00:43:47.75	4:21	13.8
153	BICZAN KAMIL	39		WARSZAWA	POL	M 30-39	45	M 102	00:27:41	00:38:17	00:43:44.30	00:44:18.20	4:22	13.7
154	CHMARZYŃSKI PAWEŁ	90	ŚLĘZAKTEAM	SULEJÓWEK	POL	M 30-39	46	M 103	00:28:15	00:38:39	00:43:45.45	00:44:34.95	4:22	13.7

**BIEG PRZEZ MOST 2019, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
155	KWIATKOWSKI ADAM	435	KB WYSZÓW	WYSZKÓW	POL	M 30-39	47	M 104	00:28:06	00:38:48	00:43:52.55	00:44:09.05	4:23	13.7
156	GOLEC GRZEGORZ	209	TEAM PARSZCZYŃSKICH	WARSZAWA	POL	M 40-49	31	M 105	00:28:10	00:38:41	00:43:52.60	00:44:07.00	4:23	13.7
157	MINIAKOWSKI SZYMON	533		WARSZAWA	POL	M 30-39	48	M 106	00:28:43	00:39:14	00:43:55.80	00:44:00.30	4:23	13.7
158	CNOTA MACIEJ	1040		WARSZAWA	POL	M 30-39	49	M 107	00:28:03	00:38:50	00:43:57.50	00:44:20.25	4:23	13.6
159	GÓRSKI MARCIN	217	MINISTERSTWO ZDROWIA	WARSZAWA	POL	M 30-39	50	M 108	00:28:18	00:38:39	00:43:58.05	00:44:15.15	4:23	13.6
160	ŚLIMKO DANIEL	792	OLEJ RUNNING TEAM	WARSZAWA	POL	M 30-39	51	M 109	00:28:39	00:39:05	00:43:59.65	00:44:10.30	4:24	13.6
161	WILCZYŃSKI TOMASZ	850		WARSZAWA	POL	M 30-39	52	M 110	00:28:44	00:38:50	00:44:04.95	00:44:38.00	4:24	13.6
162	RYTKOWSKI PIOTR	685		WARSZAWA	POL	M 30-39	53	M 111	00:29:45	00:39:11	00:44:04.95	00:44:32.00	4:24	13.6
163	ZIELIŃSKI KRZYSZTOF	904	HIKINGTOURS	WARSZAWA	POL	M 40-49	32	M 112	00:28:44	00:39:03	00:44:05.35	00:44:36.80	4:24	13.6
164	SUŁKOWSKI TOMASZ	764		WARSZAWA	POL	M 30-39	54	M 113	00:27:44	00:38:41	00:44:13.50	00:44:27.10	4:25	13.6
165	WŁODKOWSKI ROBERT	864	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M 30-39	55	M 114	00:28:38	00:39:13	00:44:17.25	00:44:59.40	4:25	13.5
166	BŁASZCZYK BARTŁOMIEJ	48		OŻARÓW MAZOWIECKI	POL	M 1-29	23	M 115	00:28:29	00:39:04	00:44:26.80	00:45:05.30	4:26	13.5
167	STĘPIEŃ ADAM	745	ANANASY	WARSZAWA	POL	M 30-39	56	M 116	00:28:20	00:39:05	00:44:27.55	00:44:39.40	4:26	13.5
168	LEŚNIAK PIOTR	443		WARSZAWA	POL	M 40-49	33	M 117	00:28:35	00:39:12	00:44:27.90	00:44:48.15	4:26	13.5
169	SOŁOWIEJ ŁUKASZ	730	OIRP WARSZAWA	WARSZAWA	POL	M 30-39	57	M 118	00:28:52	00:39:17	00:44:28.10	00:44:51.45	4:26	13.5
170	PIOTROWSKI MICHAŁ	625		BŁONIE	POL	M 30-39	58	M 119	00:29:22	00:39:31	00:44:28.55	00:45:08.35	4:26	13.5
171	CHOJNACKI MIKOŁAJ	95	WARSAW RUN CLUB	WARSZAWA	POL	M 40-49	34	M 120	00:29:16	00:39:20	00:44:30.80	00:45:52.80	4:27	13.5
172	WICK JULIUSZ	846		WARSZAWA	POL	M 30-39	59	M 121	00:28:45	00:39:18	00:44:32.40	00:44:51.60	4:27	13.5
173	CHOJECKI ROBERT	94	EXPLOSION	MARKI	POL	M 1-29	24	M 122	00:28:26	00:39:24	00:44:34.55	00:44:47.60	4:27	13.5
174	SUCHOLEWSKI DAMIAN	759	KONDYCJA PIASECZNO	WARSZAWA	POL	M 40-49	35	M 123	00:28:42	00:39:21	00:44:35.35	00:44:40.45	4:27	13.5
175	TURLEJ DARIUSZ	818	KONDYCJA	WARSZAWA	POL	M 60+	3	M 124	00:28:49	00:39:14	00:44:36.95	00:45:00.00	4:27	13.4
176	SARZAŁA BARTŁOMIEJ	554				M 1-29	25	M 125	00:28:54	00:39:29	00:44:37.80	00:44:56.50	4:27	13.4
177	ADAO MIGUEL	5		WARSZAWA	POR	M 40-49	36	M 126	00:28:42	00:39:24	00:44:39.00	00:45:04.00	4:27	13.4
178	GAJOWY ANDRZEJ	186		WARSZAWA	POL	M 50-59	5	M 127	00:28:47	00:39:23	00:44:41.40	00:45:14.75	4:28	13.4
179	RAK MICHAŁ	654		WARSZAWA	POL	M 30-39	60	M 128	00:28:44	00:39:13	00:44:43.60	00:45:15.80	4:28	13.4
180	MALIK GABRIEL	488		WARSZAWA	POL	M 40-49	37	M 129	00:29:09	00:39:36	00:44:44.95	00:45:20.20	4:28	13.4
181	REWERA ROBERT	658	PKO BANK POLSKI	WARSZAWA	POL	M 40-49	38	M 130	00:28:22	00:39:24	00:44:45.15	00:45:00.35	4:28	13.4
182	ŚWIECA MARCIN	796		WARSZAWA	POL	M 30-39	61	M 131	00:28:39	00:39:28	00:44:49.60	00:45:27.05	4:29	13.4
183	ŻUK PAWEŁ	917	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 40-49	39	M 132	00:28:46	00:39:16	00:44:51.75	00:45:21.25	4:29	13.4
184	MACIEJAK ROBERT	479		WARSZAWA	POL	M 40-49	40	M 133	00:28:42	00:39:29	00:44:52.75	00:45:13.55	4:29	13.4
185	PAŁKA WOJCIECH	594	VASCO RUNNERS	JÓZEFÓW	POL	M 30-39	62	M 134	00:28:56	00:39:36	00:44:53.50	00:47:27.85	4:29	13.4
186	GURGOŃ ARKADIUSZ	997	ZABIEGANY WOŁOMIN	KOBYŁKA		M 30-39	63	M 135	00:39:38		00:44:59.25	00:44:59.25	4:29	13.3
187	DZIUBIŃSKI MACIEK	161		WARSZAWA	POL	M 1-29	26	M 136	00:29:09	00:39:52	00:45:01.15	00:45:07.35	4:30	13.3
188	LENKIEWICZ PAWEŁ	441		WARSZAWA	POL	M 40-49	41	M 137	00:28:45	00:39:39	00:45:03.70	00:45:30.10	4:30	13.3
189	VASILEV VESELIN	827		WARSZAWA	POL	M 30-39	64	M 138	00:28:55	00:39:49	00:45:11.45	00:45:35.55	4:31	13.3
190	GEÇA PIOTR	196	ZA MNA	WARSZAWA	POL	M 40-49	42	M 139	00:28:53	00:39:49	00:45:11.95	00:45:38.85	4:31	13.3
191	CIERNIAK FRANCISZEK	107	GRUPA BIEGOWA CHTMO	LEGIONOWO	POL	M 1-29	27	M 140	00:29:33	00:40:06	00:45:13.70	00:45:49.85	4:31	13.3
192	KOBUS IGOR	359		WARSZAWA	POL	M 1-29	28	M 141	00:29:06	00:40:17	00:45:14.10	00:45:25.15	4:31	13.3
193	ZNAMIEC MARCIN	906	IPA PAŁAC MOSTOWSKICH KSP	WARSZAWA	POL	M 40-49	43	M 142	00:29:05	00:39:53	00:45:17.75	00:46:01.15	4:31	13.2
194	GAJEWIAK ADAM	183		WARSZAWA	POL	M 40-49	44	M 143	00:29:01	00:39:48	00:45:19.00	00:45:40.05	4:31	13.2
195	ZDUNEK MICHAŁ	966	WKURW_TEAM	WARSZAWA	POL	M 40-49	45	M 144	00:28:44	00:39:57	00:45:21.90	00:45:36.80	4:32	13.2
196	OSTROWSKI MARCIN	951	PZU SPORT TEAM	WARSZAWA	POL	M 30-39	65	M 145	00:29:56	00:40:17	00:45:28.95	00:46:14.90	4:32	13.2
197	PAWIŃSKI ARTUR	606		WARSZAWA	POL	M 40-49	46	M 146	00:28:36	00:39:53	00:45:29.80	00:45:50.00	4:33	13.2
198	ŚCIBOR MARCIN	790		KRASNYSTAW	POL	M 30-39	66	M 147	00:28:58	00:40:07	00:45:30.95	00:45:53.20	4:33	13.2
199	PAWŁOWSKI PIOTR	926	BBL WYDMINY	WARSZAWA	POL	M 40-49	47	M 148	00:29:20	00:40:13	00:45:32.70	00:45:47.15	4:33	13.2
200	CZUDOWSKI TOMASZ	127	DUKLANOWSKI TEAM	WARSAW	POL	M 40-49	48	M 149	00:29:08	00:40:09	00:45:32.80	00:45:44.80	4:33	13.2
201	CZAJKOWSKI MAREK	122	WARSAW RUN CLUB	WARSZAWA	POL	M 40-49	49	M 150	00:29:03	00:40:15	00:45:36.15	00:46:07.75	4:33	13.2
202	TOBOTA MACIEJ	807		WARSZAWA	POL	M 40-49	50	M 151	00:29:13	00:40:08	00:45:36.25	00:45:42.95	4:33	13.2
203	STAŃSKI SŁAWOMIR	743	TO NATURALNE	WARSZAWA	POL	M 50-59	6	M 152	00:29:31	00:40:20	00:45:42.60	00:46:00.75	4:34	13.1
204	BEKKER PIOTR	983				M 30-39	67	M 153	00:29:46	00:40:25	00:45:43.80	00:46:13.15	4:34	13.1
205	MATYSIAK PAWEŁ	512	PAWELBIEGA.PL	ŻYRARDÓW	POL	M 30-39	68	M 154	00:29:08	00:40:18	00:45:44.85	00:46:00.55	4:34	13.1
206	SANTAREK WOJCIECH	694		SZCZECIN	POL	M 40-49	51	M 155	00:29:06	00:40:16	00:45:45.95	00:46:18.35	4:34	13.1
207	KOWALSKI MICHAŁ	1004	LEMIESZ TEAM	WARSZAWA	POL	M 30-39	69	M 156			00:45:53.00	00:45:53.00	4:35	13.1
208	ROGOZIŃSKI ADRIAN	664		WARSZAWA	POL	M 1-29	29	M 157	00:29:01	00:40:25	00:45:54.70	00:46:25.90	4:35	13.1
209	PIERZAK OLAF	617		WARSZAWA	POL	M 40-49	52	M 158	00:29:42	00:40:44	00:45:59.35	00:46:09.55	4:35	13
210	SZYMAŃSKI ANDRZEJ	787		WARSZAWA	POL	M 30-39	70	M 159	00:29:15	00:40:30	00:46:00.80	00:46:11.85	4:36	13
211	PAWLUS BARTŁOMIEJ	607		WARSZAWA	POL	M 30-39	71	M 160	00:29:33	00:40:38	00:46:01.25	00:46:23.50	4:36	13

**BIEG PRZEZ MOST 2019, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
212	RYGALSKI MACIEJ	682	FAMA RUNNERS	WARSZAWA	POL	M 40-49	53	M 161	00:29:49	00:40:42	00:46:06.25	00:46:45.55	4:36	13
213	BEBELSKI RAFAŁ	28	KUŹNIA TRIATHLONU	WARSZAWA	POL	M 40-49	54	M 162	00:46:07.00	00:46:07.00	00:46:07.00	00:46:07.00	4:36	13
214	TOMASZEWSKI MAREK	811		WARSZAWA	POL	M 40-49	55	M 163	00:29:25	00:40:34	00:46:11.15	00:46:19.70	4:37	13
215	KRUPIŃSKI MAREK	410	DĄBROWSKI TEAM /ZABIEGANE DNI	OSTROŁĘKA	POL	M 1-29	30	M 164	00:29:15	00:40:32	00:46:14.25	00:46:21.65	4:37	13
216	MAKOWSKI MARCIN	483		WARSZAWA	POL	M 30-39	72	M 165	00:29:59	00:40:57	00:46:15.45	00:46:26.85	4:37	13
217	DRABOT WOJCIECH	151	ASSECO ACTIVE TEAM	WARSZAWA	POL	M 1-29	31	M 166	00:29:51	00:40:57	00:46:16.45	00:46:31.75	4:37	13
218	RABIEJ WOJCIECH	652	DUKLANOWSKI TEAM	WARSZAWA	POL	M 40-49	56	M 167	00:29:43	00:40:50	00:46:16.50	00:46:47.45	4:37	13
219	DRABOT ANDRZEJ	152	ASSECO ACTIVE TEAM	WARSZAWA	POL	M 40-49	57	M 168	00:29:51	00:40:57	00:46:17.55	00:46:32.75	4:37	13
220	DESKA LESZEK	143	WWW.LESZEKBIEGA.PL	NOWA IWICZNA	POL	M 40-49	58	M 169	00:31:04	00:41:26	00:46:19.80	00:48:30.00	4:38	12.9
221	BARTEL ROBERT	22	STARE BABICE BIEGAJĄ	LIPKÓW	POL	M 40-49	59	M 170	00:29:24	00:40:42	00:46:20.45	00:46:45.05	4:38	12.9
222	BAJDAŁA ROBERT	13		WARSZAWA	POL	M 30-39	73	M 171	00:29:36	00:41:10	00:46:21.85	00:47:04.90	4:38	12.9
223	MICHAŁAK JACEK	522		RAJSZEW	POL	M 30-39	74	M 172	00:30:10	00:40:56	00:46:22.85	00:46:54.65	4:38	12.9
224	KRUK MARCIN	978				M 30-39	75	M 173	00:29:30	00:40:51	00:46:23.40	00:46:37.70	4:38	12.9
225	JĘDRUSZCZAK ADAM	295	GOGGLE PARK TEAM	WARSZAWA	POL	M 1-29	32	M 174	00:29:52	00:41:17	00:46:23.80	00:46:51.10	4:38	12.9
226	GOLINSKI ARTUR	210		WARSZAWA	POL	M 40-49	60	M 175	00:29:45	00:41:02	00:46:30.90	00:47:02.65	4:39	12.9
227	SZYMAŃSKI JACEK	786		WARSZAWA	POL	M 40-49	61	M 176	00:30:29	00:41:18	00:46:31.25	00:47:12.25	4:39	12.9
228	KONDRAK PIOTR	362	VEGE RUNNERS	WARSZAWA	POL	M 40-49	62	M 177	00:29:57	00:41:08	00:46:36.50	00:47:29.50	4:39	12.9
229	PALUCH KAMIL	593		WARSZAWA	POL	M 30-39	76	M 178	00:29:39	00:41:02	00:46:37.95	00:46:55.30	4:39	12.9
230	ŻYŁAK ADRIAN	920	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 30-39	77	M 179	00:30:03	00:41:13	00:46:42.65	00:47:03.40	4:40	12.8
231	URBANIAK MICHAŁ	823		KIELCE	POL	M 30-39	78	M 180	00:30:02	00:41:21	00:46:44.95	00:47:00.95	4:40	12.8
232	CZAJKOWSKI MARCIN	123		NOWE OSINY	POL	M 1-29	33	M 181	00:30:23	00:41:27	00:46:45.10	00:47:31.40	4:40	12.8
233	ŁUKASIAK JAN	474		WARSZAWA	POL	M 30-39	79	M 182	00:29:34	00:41:04	00:46:45.25	00:47:26.80	4:40	12.8
234	NOZDRYŃ-PŁOTNICKI MARCIN	572		WARSZAWA	POL	M 40-49	63	M 183	00:28:09	00:40:56	00:46:46.00	00:46:58.80	4:40	12.8
235	ZIELIŃSKI JACEK	1002		WARSZAWA	POL	M 40-49	64	M 184	00:30:17	00:41:30	00:46:46.05	00:47:34.05	4:40	12.8
236	WEREDA PAWEŁ	841		WARSZAWA	POL	M 40-49	65	M 185	00:29:50	00:41:07	00:46:50.60	00:47:05.65	4:41	12.8
237	KOWALSKI MAREK	393	NUNA	NASIELSK	POL	M 30-39	80	M 186	00:30:25	00:41:36	00:46:51.70	00:47:20.45	4:41	12.8
238	PAWEŁOSZEK ROBERT	605	ROBERT SPINE TRENER PERSONALNY	WARSZAWA	POL	M 40-49	66	M 187	00:29:31	00:41:11	00:46:52.65	00:47:18.90	4:41	12.8
239	PRĘDOTA KRZYSZTOF	635	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M 40-49	67	M 188	00:30:32	00:41:22	00:46:55.55	00:47:36.85	4:41	12.8
240	SURDACKI DOMINIK	765		WARSZAWA	POL	M 30-39	81	M 189	00:30:12	00:41:39	00:46:57.40	00:47:23.45	4:41	12.8
241	BADOWSKI PIOTR	12	DEUTSCHE BANK MARATHON TEAM	WARSZAWA	POL	M 30-39	82	M 190	00:30:17	00:41:38	00:47:01.30	00:47:42.50	4:42	12.8
242	KAMOLA SŁAWOMIR	326	ABBA1 RUN	STASI LAS	POL	M 50-59	7	M 191	00:29:33	00:41:33	00:47:04.50	00:47:18.25	4:42	12.7
243	BARTYCZAK MICHAŁ	24		WARSZAWA	POL	M 1-29	34	M 192	00:28:43	00:40:52	00:47:07.05	00:47:17.05	4:42	12.7
244	KRYSIK ARKADIUSZ	414		TELUSZCZ	POL	M 40-49	68	M 193	00:29:56	00:41:44	00:47:08.85	00:48:11.35	4:42	12.7
245	CZYŻYK MARCIN	129	ITMBW KRAKÓW	KRAKÓW	POL	M 30-39	83	M 194	00:30:08	00:41:29	00:47:14.85	00:47:45.05	4:43	12.7
246	URBAŃSKI PAWEŁ	825	KERK-PALM IS TEAM	WARSZAWA	POL	M 50-59	8	M 195	00:30:14	00:41:35	00:47:17.90	00:47:57.20	4:43	12.7
247	GÓRKA KRZYSZTOF	216		GRODZISK MAZ.	POL	M 50-59	9	M 196	00:30:33	00:41:41	00:47:20.30	00:47:35.30	4:44	12.7
248	BOROWY ŁUKASZ	66	BRAJANUSZ	ŻYRARDÓW	POL	M 30-39	84	M 197	00:29:52	00:41:39	00:47:24.05	00:47:46.20	4:44	12.7
249	ROŚLONIEC KAMIL	670		RZAŚNIK	POL	M 1-29	35	M 198	00:30:37	00:41:57	00:47:24.60	00:48:08.15	4:44	12.7
250	WOJCIECHOWSKI MAREK	870	ADIDAS RUNNERS WARSAW	BIĄŁYSTOK	POL	M 30-39	85	M 199	00:30:17	00:41:54	00:47:26.15	00:47:46.90	4:44	12.6
251	STROMECKI MARCIN	751	BFM	WARSZAWA	POL	M 1-29	36	M 200	00:30:31	00:41:53	00:47:26.80	00:49:48.30	4:44	12.6
252	DĄBROWSKI DANIEL	137		WARSZAWA	POL	M 1-29	37	M 201	00:30:24	00:42:00	00:47:26.95	00:49:39.90	4:44	12.6
253	WOJCIECHOWSKI ARTUR	869	:)	WARSZAWA	POL	M 1-29	38	M 202	00:28:37	00:41:12	00:47:28.55	00:47:40.70	4:44	12.6
254	FRAŃKIEWICZ DARIUSZ	176	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 40-49	69	M 203	00:30:18	00:41:57	00:47:40.05	00:48:36.75	4:46	12.6
255	BLASZCZYŃSKI WITOLD	47		WARSZAWA	POL	M 40-49	70	M 204	00:30:27	00:41:52	00:47:40.55	00:48:19.75	4:46	12.6
256	RÓŻYCKI JAROSŁAW	673		LEGIONOWO	POL	M 30-39	86	M 205	00:31:02	00:42:26	00:47:40.60	00:48:35.80	4:46	12.6
257	PAZIEWSKI ANDRZEJ	608	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 40-49	71	M 206	00:30:36	00:42:03	00:47:40.85	00:48:06.85	4:46	12.6
258	MOSUR KAMIL	544		WARSZAWA	POL	M 40-49	72	M 207	00:30:27	00:41:54	00:47:42.20	00:48:03.90	4:46	12.6
259	SMYL JACEK	724		WARSZAWA	POL	M 1-29	39	M 208	00:30:22	00:42:13	00:47:43.50	00:48:05.15	4:46	12.6
260	BARAN GRZEGORZ	19		WARSZAWA	POL	M 40-49	73	M 209	00:30:44	00:42:14	00:47:45.85	00:48:34.70	4:46	12.6
261	FALBA ZBIGNIEW	163	METLIFE RUN	WARSZAWA	POL	M 40-49	74	M 210	00:30:35	00:42:06	00:47:48.00	00:48:32.80	4:46	12.6
262	ŁUBIŃSKI KRZYSZTOF	469		WARSZAWA	POL	M 40-49	75	M 211	00:30:38	00:42:06	00:47:48.30	00:48:07.00	4:46	12.5
263	PADYSZ AREK	591		WARSZAWA	POL	M 40-49	76	M 212	00:30:45	00:42:06	00:47:49.20	00:48:20.10	4:47	12.5
264	JANISZEWSKI RAFAŁ	269		LEGIONOWO	POL	M 30-39	87	M 213	00:31:51	00:42:40	00:47:49.40	00:48:44.90	4:46	12.5
265	GOGLEWSKI MICHAŁ	208		WARSZAWA	POL	M 40-49	77	M 214	00:30:22	00:41:59	00:47:49.45	00:48:15.05	4:47	12.5
266	PODGÓRSKI KRZYSZTOF	626	KOMITET SPORTU I TURYSTYKI KRZYSZTOFA PODGÓRSKIEGO	KATOWICE	POL	M 1-29	40	M 215	00:29:38	00:41:43	00:47:49.50	00:48:01.70	4:46	12.5
267	SZPANOWSKI MAREK	962		WARSZAWA	POL	M 50-59	10	M 216	00:31:24	00:42:34	00:47:52.20	00:48:34.20	4:47	12.5

**BIEG PRZEZ MOST 2019, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
268	DOMŻAŁSKI ARTUR	148		WARSZAWA	POL	M 30-39	88	M 217	00:30:41	00:42:20	00:48:03.05	00:48:43.65	4:48	12.5
269	MANOWIECKI GRZEGORZ	495	BRAVERHEARTS	LEGIONOWO	POL	M 40-49	78	M 218	00:30:11	00:42:18	00:48:08.30	00:48:38.30	4:48	12.5
270	SIERZPUTOWSKI PIOTR	703		OŻARÓW MAZOWIECKI	POL	M 1-29	41	M 219	00:31:31	00:42:51	00:48:09.60	00:49:03.70	4:48	12.5
271	DALECKI ŁUKASZ	130		NOWE PIĘŚCIROGI	POL	M 30-39	89	M 220	00:31:10	00:42:30	00:48:09.95	00:48:53.45	4:49	12.5
272	KIESZEK TADEUSZ	344	DYSTANS LESZNO	LESZNO /WARSZAWY	POL	M 60+	4	M 221	00:31:16	00:42:29	00:48:10.30	00:48:57.95	4:49	12.5
273	OLCZAK JANUSZ	576	BIEGANIE 50+	WARSZAWA	POL	M 50-59	11	M 222	00:31:13	00:42:37	00:48:11.85	00:48:45.40	4:49	12.4
274	JAWORSKI ŁUKASZ	288		WARSZAWA	POL	M 40-49	79	M 223	00:31:12	00:42:29	00:48:15.15	00:49:10.50	4:49	12.4
275	KILIAŃSKI RAFAŁ	345	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M 40-49	80	M 224	00:31:17	00:42:47	00:48:17.00	00:48:58.60	4:49	12.4
276	ROSZAK WALDEMAR	671	BIEGAM NA ZIELONEJ BIAŁOŁĘCZE	WARSZAWA	POL	M 50-59	12	M 225	00:30:36	00:42:32	00:48:17.30	00:48:47.20	4:49	12.4
277	MIODUSZEWSKI ADRIAN	534		WARSZAWA	POL	M 1-29	42	M 226	00:31:32	00:42:49	00:48:17.50	00:49:06.05	4:49	12.4
278	KOŁOMAŃSKI MAREK	360	EKOBIEGI	WARSZAWA	POL	M 40-49	81	M 227	00:30:13	00:42:19	00:48:17.70	00:48:48.35	4:49	12.4
279	DRZYMAŁA KRZYSZTOF	154		WARSZAWA	POL	M 30-39	90	M 228	00:31:17	00:42:40	00:48:19.05	00:49:12.50	4:49	12.4
280	ŚCIOCH MICHAŁ	791		WARSZAWA	POL	M 40-49	82	M 229	00:31:05	00:42:33	00:48:19.40	00:48:59.80	4:49	12.4
281	BARANOWSKI KRZYSZTOF	18	TO NATURALNE	ZIELONKA	POL	M 50-59	13	M 230			00:48:21.00	00:48:21.00	4:50	12.4
282	BIAŁOKOS KAMIL	989	PARTNER	WARSZAWA	POL	M 40-49	83	M 231	00:30:54	00:42:37	00:48:22.90	00:49:58.85	4:50	12.4
283	HUSZCZA PAWEŁ	254		WARSZAWA	POL	M 30-39	91	M 232	00:30:49	00:42:36	00:48:25.05	00:48:42.90	4:50	12.4
284	DUDA JACEK	953		PRUSZKÓW	POL	M 30-39	92	M 233	00:31:18	00:42:45	00:48:29.20	00:49:21.75	4:50	12.4
285	KACYMIROW TOMASZ	314		HORNÓWEK	POL	M 50-59	14	M 234	00:30:55	00:42:40	00:48:29.65	00:49:04.15	4:51	12.4
286	KARPIŃSKI MARCIN	982		WARSZAWA	POL	M 30-39	93	M 235	00:31:14	00:42:40	00:48:30.25	00:48:58.90	4:51	12.4
287	WIERZCHOŁOWSKI MARCIN	848		WARSZAWA	POL	M 40-49	84	M 236	00:31:27	00:43:15	00:48:30.50	00:49:15.10	4:51	12.4
288	TOCZEWSKI KAMIL	809	JACEKBIEGA RUNNING TEAM	WARSZAWA	POL	M 1-29	43	M 237	00:30:36	00:42:33	00:48:31.90	00:49:04.25	4:51	12.4
289	MAKOWSKI KRYSZTIAN	484	RUN4FUN	WARSZAWA	POL	M 1-29	44	M 238	00:31:04	00:42:56	00:48:32.30	00:49:09.45	4:51	12.4
290	BARSCZEWSKI MACIEJ	20	TN BIEGÓWKI WESOŁA	LASKI	POL	M 40-49	85	M 239	00:30:32	00:42:39	00:48:34.85	00:48:57.55	4:51	12.3
291	RUTKOWSKI MICHAŁ	680	KARAŚ SWIMMING TEAM	WARSZAWA	POL	M 40-49	86	M 240	00:31:23	00:43:00	00:48:38.40	00:49:23.80	4:51	12.3
292	KRÓLCZYŃSKI MACIEJ	994		GRODZISK MAZOWIECKI	POL	M 30-39	94	M 241	00:31:26	00:42:59	00:48:39.20	00:49:26.85	4:51	12.3
293	GRZYMAŁA ANDRZEJ	940		WARSZAWA	POL	M 40-49	87	M 242	00:30:59	00:42:51	00:48:41.10	00:49:38.20	4:52	12.3
294	NIEDZIELA DOMINIK	558		WARSZAWA	POL	M 40-49	88	M 243	00:31:19	00:43:00	00:48:43.80	00:49:43.05	4:52	12.3
295	SUCHORAB KRZYSZTOF	760		WARSZAWA	POL	M 30-39	95	M 244	00:31:21	00:43:00	00:48:47.20	00:50:23.50	4:52	12.3
296	SZCZĘSNY PAWEŁ	774		WARSZAWA	POL	M 40-49	89	M 245	00:30:41	00:42:47	00:48:51.00	00:49:36.10	4:53	12.3
297	SZCZEPAŃSKI PIOTR	923	KONDYCJA	KONSTANCIN-JEZIORNA	POL	M 1-29	45	M 246	00:35:59	00:43:31	00:48:52.75	00:48:56.05	4:53	12.3
298	PROKOPIUK GRZEGORZ	945		WARSZAWA	POL	M 40-49	90	M 247	00:31:21	00:43:08	00:48:53.90	00:49:02.70	4:53	12.3
299	SZAŚCZEWSKI ŁUKASZ	691		WARSZAWA	POL	M 40-49	91	M 248	00:32:05	00:43:35	00:48:54.90	00:49:42.85	4:53	12.3
300	CELIŃSKI RAFAŁ	87		WARSZAWA	POL	M 40-49	92	M 249	00:31:44	00:43:21	00:48:59.00	00:49:44.40	4:53	12.2
301	LIPIŃSKI OSKAR	932		WARSZAWA	POL	M 30-39	96	M 250	00:31:21	00:43:29	00:49:02.30	00:49:35.55	4:54	12.2
302	FRAĆKOWSKI SŁAWOMIR	177		WARSZAWA	POL	M 40-49	93	M 251	00:31:13	00:43:07	00:49:05.30	00:49:38.40	4:54	12.2
303	JANKOWSKI DARIUSZ	275	PAŁUKI RUNNING TEAM	WARSZAWA	POL	M 30-39	97	M 252	00:32:17	00:43:37	00:49:12.00	00:49:59.35	4:55	12.2
304	WINIARCZYK BARTŁOMIEJ	852		WARSZAWA	POL	M 1-29	46	M 253	00:30:47	00:42:56	00:49:13.40	00:50:03.05	4:55	12.2
305	SZLENDAK MAREK	777		RYKI	POL	M 30-39	98	M 254	00:31:55	00:43:33	00:49:17.15	00:50:07.55	4:55	12.2
306	PERLAN ROBERT	611	DYSTANS LESZNO	LESZNO	POL	M 40-49	94	M 255	00:31:41	00:43:26	00:49:19.35	00:49:58.65	4:55	12.2
307	MIŁOSZ MAREK	532		WARSZAWA	POL	M 50-59	15	M 256	00:31:27	00:43:17	00:49:19.95	00:50:10.05	4:56	12.2
308	WOŁOWSKI KAMIL	874		WARSZAWA	POL	M 30-39	99	M 257	00:32:02	00:43:35	00:49:21.40	00:50:18.10	4:56	12.2
309	STAROWICZ KAZIMIERZ	744		WARSZAWA	POL	M 30-39	100	M 258	00:32:05	00:43:47	00:49:22.85	00:49:46.45	4:56	12.1
310	KRÓL TOMASZ	402		NOWY DWÓR MAZOWIECKI	POL	M 30-39	101	M 259	00:31:29	00:43:30	00:49:23.15	00:49:50.60	4:56	12.1
311	SIĘS JAROSŁAW	704		PABIANICE	POL	M 50-59	16	M 260	00:32:04	00:43:46	00:49:24.00	00:49:47.35	4:56	12.1
312	DEREWICZ MARIUSZ	142		WARSZAWA	POL	M 30-39	102	M 261	00:31:58	00:43:40	00:49:24.20	00:50:20.10	4:56	12.1
313	ŚCIBISZ TOMEK	789		WARSZAWA	POL	M 40-49	95	M 262	00:31:46	00:43:26	00:49:24.60	00:50:05.20	4:56	12.1
314	WACH MICHAŁ	828	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 40-49	96	M 263	00:32:00	00:43:40	00:49:24.65	00:49:59.90	4:56	12.1
315	PERKOWSKI PAWEŁ	610		WARSZAWA	POL	M 30-39	103	M 264	00:31:40	00:43:34	00:49:26.95	00:50:09.40	4:56	12.1
316	WITUSIK SZYMON	857		WARSZAWA	POL	M 1-29	47	M 265	00:32:20	00:44:02	00:49:29.45	00:50:02.10	4:57	12.1
317	CIOŁEK ROBERT	114	MASTERS DOJO	WARSZAWA	POL	M 40-49	97	M 266	00:32:09	00:43:46	00:49:31.30	00:50:30.45	4:57	12.1
318	BOGUCKI MICHAŁ	53		WARSZAWA	POL	M 1-29	48	M 267	00:30:48	00:43:29	00:49:32.95	00:49:56.30	4:57	12.1
319	SZUSTAK DAREK	785		RASZYN	POL	M 50-59	17	M 268	00:32:10	00:44:04	00:49:40.05	00:50:18.85	4:58	12.1
320	MILLER DANIEL MILLER	531	WARSAW INTERNATIONAL TRIATHLON CLUB (WITC)	WARSZAWA	POL	M 40-49	98	M 269	00:32:15	00:44:06	00:49:40.95	00:50:47.65	4:58	12.1
321	ROJEK RAFAŁ	665		WARSZAWA	POL	M 40-49	99	M 270	00:31:45	00:43:45	00:49:41.20	00:50:21.80	4:58	12.1
322	URBAN MARIUSZ	822	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 40-49	100	M 271	00:31:47	00:43:49	00:49:43.75	00:52:04.65	4:58	12.1
323	KACHNIARZ SŁAWOMIR	308	KAWAII SUSHI	LEGIONOWO	POL	M 40-49	101	M 272	00:31:03	00:43:29	00:49:47.15	00:50:28.50	4:58	12.1

**BIEG PRZEZ MOST 2019, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
324	GAWLIK ARKADIUSZ	191	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 40-49	102	M 273	00:31:45	00:43:47	00:49:48.00	00:50:45.45	4:58	12
325	KACPURA PIOTR	313		STOCZEK	POL	M 40-49	103	M 274	00:32:13	00:43:52	00:49:48.20	00:50:41.65	4:58	12
326	ŻOCHOWSKI PAWEŁ	912		SKRZESZEW	POL	M 30-39	104	M 275	00:31:13	00:43:45	00:49:48.35	00:50:31.40	4:58	12
327	DUDEK BARTŁOMIEJ	155	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 30-39	105	M 276	00:31:31	00:43:36	00:49:52.40	00:51:14.50	4:59	12
328	GIL WOJCIECH	201	NW CZŁĄPSKI TEAM	WARSZAWA	POL	M 40-49	104	M 277	00:32:14	00:43:59	00:49:54.10	00:50:42.40	4:59	12
329	GÓRKA MARCIN	215	POLSA	WARSZAWA	POL	M 40-49	105	M 278	00:32:11	00:44:14	00:49:58.45	00:50:56.20	4:59	12
330	RUSIN BARTOSZ	678	KS STASZEWSKY	JABŁONNA	POL	M 40-49	106	M 279	00:31:32	00:43:46	00:50:00.30	00:50:38.60	5:00	12
331	TARASIUŁ ŁUKASZ	804		MROZY	POL	M 40-49	107	M 280	00:32:24	00:44:14	00:50:01.30	00:50:55.80	5:00	12
332	SMUŁEK RAFAŁ	723		WARSZAWA	POL	M 1-29	49	M 281	00:32:13	00:44:21	00:50:02.05	00:50:58.70	5:00	12
333	MAREK BARTŁOMIEJ	500		DĘBE WIELKIE	POL	M 30-39	106	M 282	00:32:38	00:44:29	00:50:02.05	00:50:55.70	5:00	12
334	ORŁOWSKI KRZYSZTOF	585	PARKRUN WARSZAWA BRÓDNO	WARSZAWA	POL	M 40-49	108	M 283	00:31:28	00:44:00	00:50:02.90	00:50:11.80	5:00	12
335	JAROSZEK PIOTR	281	VEGE RUNNERS	KRECZKI	POL	M 30-39	107	M 284	00:31:33	00:43:50	00:50:03.05	00:50:40.00	5:00	12
336	ŻURAWSKI MARCIN	919	BIEGAM NA TARCHOMINIE/ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 40-49	109	M 285	00:32:13	00:44:12	00:50:03.70	00:50:38.40	5:00	12
337	JANKOWSKI ANDRZEJ	276	CAT-FIT	ZEGRZE	POL	M 40-49	110	M 286	00:32:29	00:44:23	00:50:07.60	00:50:58.00	5:00	12
338	PRZYBYSZ TOMASZ	643		WARSZAWA	POL	M 1-29	50	M 287	00:32:08	00:44:21	00:50:09.05	00:50:51.25	5:00	12
339	MANCZENKO EUGENIUSZ	494	LEŚNE SZYCHY	WARSZAWA	POL	M 30-39	108	M 288	00:32:43	00:44:27	00:50:11.90	00:51:16.20	5:01	12
340	PASZKOWSKI CEZARY	603		WARSZAWA	POL	M 40-49	111	M 289	00:32:44	00:44:27	00:50:12.40	00:51:16.40	5:01	12
341	NOGAS SEBASTIAN	560	PZU SPORTTEAM	WARSZAWA	POL	M 30-39	109	M 290			00:50:13.00	00:50:13.00	5:01	11.9
342	SUCHODOLSKI MARIUSZ	758	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M 40-49	112	M 291	00:32:18	00:44:08	00:50:16.95	00:51:04.15	5:01	11.9
343	WITUSIK PAWEŁ	856		WARSZAWA	POL	M 40-49	113	M 292	00:32:21	00:44:30	00:50:18.90	00:50:51.25	5:01	11.9
344	ŻÓŁKOWSKI MAREK	914	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 60+	5	M 293	00:32:36	00:44:33	00:50:19.00	00:51:01.45	5:01	11.9
345	FRYCZ MICHAŁ	178		WARSZAWA	POL	M 40-49	114	M 294	00:32:02	00:44:18	00:50:20.20	00:51:12.75	5:02	11.9
346	SKŁUCKI HUBERT	715	RUN TEAM NASIELSK	NASIELSK	POL	M 40-49	115	M 295	00:31:21	00:44:24	00:50:24.30	00:50:40.30	5:02	11.9
347	WOJNARSKI JANUSZ	871		WARSZAWA	POL	M 60+	6	M 296	00:32:30	00:44:30	00:50:31.65	00:51:35.25	5:03	11.9
348	KLEPACKI PIOTR	350		PIOTRKOW TRYB.	POL	M 30-39	110	M 297	00:33:03	00:44:46	00:50:31.70	00:50:43.70	5:03	11.9
349	KOWNACKI MARCIN	396		WARSZAWA	POL	M 40-49	116	M 298	00:31:42	00:44:15	00:50:31.85	00:51:03.35	5:03	11.9
350	RZECZKOWSKI ZYGMUNT	686	METRO WARSZAWSKIE	WARSZAWA	POL	M 60+	7	M 299	00:32:08	00:44:21	00:50:32.55	00:51:34.65	5:03	11.9
351	LIBOLD MACIEK	447		WARSZAWA	POL	M 30-39	111	M 300	00:32:39	00:44:36	00:50:37.95	00:50:51.35	5:03	11.8
352	DUDKO MIKALAI	156	JACEKBIEGA RUNNING TEAM	WARSAW	POL	M 30-39	112	M 301	00:32:25	00:45:08	00:50:44.35	00:51:28.05	5:04	11.8
353	DOMINIAK ZBIGNIEW	147	GRUPAZERO	WARSZAWA	POL	M 40-49	117	M 302	00:32:09	00:44:26	00:50:47.75	00:51:47.20	5:04	11.8
354	KASKA MATEUSZ	334		WOŁOMIN	POL	M 30-39	113	M 303	00:31:31	00:44:19	00:50:49.00	00:51:26.60	5:04	11.8
355	KMIEĆ KAMIL	357		ZĄBK	POL	M 1-29	51	M 304	00:33:14	00:45:09	00:50:51.10	00:51:50.35	5:05	11.8
356	WIŚNIEWSKI PAWEŁ	854	ŁOMIANKOWSKA GRUPA BIEGOWA	ŁOMIANKI	POL	M 40-49	118	M 305	00:32:19	00:44:42	00:50:52.20	00:51:25.15	5:05	11.8
357	MYSZKE ARTUR	553		WARSZAWA	POL	M 40-49	119	M 306	00:32:26	00:44:49	00:50:54.60	00:51:47.60	5:05	11.8
358	CHRÓST MARCIN	100	KS-ZIELONO CZARNI	MIŃSK MAZOWIECKI	POL	M 30-39	114	M 307	00:31:05	00:44:19	00:50:57.45	00:51:23.05	5:05	11.8
359	POŁĘC ANDRZEJ	631		WARSZAWA	POL	M 40-49	120	M 308	00:32:21	00:44:51	00:50:59.50	00:51:53.10	5:06	11.8
360	BOROWSKI MARIUSZ	65		WARSZAWA	POL	M 40-49	121	M 309	00:32:56	00:45:00	00:50:59.85	00:51:50.85	5:05	11.8
361	BITKOWSKI BARTEK	46		WARSZAWA	POL	M 40-49	122	M 310	00:33:19	00:45:05	00:51:02.00	00:51:54.00	5:06	11.8
362	WOJTAS MICHAŁ	929		WARSZAWA	POL	M 1-29	52	M 311	00:33:10	00:45:11	00:51:03.15	00:51:56.65	5:06	11.8
363	NOWAK DAWID	566		WARSZAWA	POL	M 30-39	115	M 312	00:33:57	00:45:41	00:51:03.45	00:52:29.20	5:06	11.7
364	JÓŻWIK GRZEGORZ	300		WARSZAWA	POL	M 40-49	123	M 313	00:31:52	00:44:43	00:51:03.75	00:51:31.40	5:06	11.7
365	ADAMIAK PIOTR	1		WARSZAWA	POL	M 40-49	124	M 314	00:33:00	00:45:14	00:51:07.95	00:51:43.95	5:06	11.7
366	ŚWIĆ RAFAŁ	793	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M 40-49	125	M 315	00:32:41	00:45:02	00:51:08.00	00:51:57.25	5:06	11.7
367	BIENIEK WOJCIECH	43	TRENER24	WARSZAWA	POL	M 30-39	116	M 316	00:32:47	00:45:13	00:51:12.95	00:52:15.60	5:07	11.7
368	DERESZEWSKI PIOTR	141	ZABIEGANY WOŁOMIN	WARSZAWA	POL	M 40-49	126	M 317	00:32:31	00:44:58	00:51:13.00	00:51:45.85	5:07	11.7
369	ROGAŁA MARCIN	662		WARSZAWA	POL	M 30-39	117	M 318	00:32:15	00:45:01	00:51:13.40	00:51:48.20	5:07	11.7
370	PASIŃSKI DANIEL	949	GRUPA BIEGOWA UM WARSZAWA	WARSZAWA	POL	M 30-39	118	M 319	00:32:32	00:45:17	00:51:18.70	00:51:49.10	5:07	11.7
371	BAZYLEWICZ HUBERT	27		WARSZAWA	POL	M 30-39	119	M 320	00:32:15	00:45:06	00:51:21.20	00:52:17.15	5:08	11.7
372	KONIECKI TOMASZ	363		WARSZAWA	POL	M 40-49	127	M 321	00:33:13	00:45:16	00:51:24.60	00:52:16.20	5:08	11.7
373	GRABOWSKI WOJCIECH	972	ANPHARM RUN TEAM	WARSZAWA	POL	M 40-49	128	M 322	00:33:10	00:45:13	00:51:24.75	00:53:35.25	5:08	11.7
374	MATEŃKA PIOTR	508	DYSPOZYCJA DNIA TEAM	WARSZAWA	POL	M 40-49	129	M 323	00:32:56	00:45:25	00:51:24.85	00:52:15.05	5:08	11.7
375	ODZIEMCZYK SEBASTIAN	574		WARSZAWA	POL	M 30-39	120	M 324	00:32:46	00:45:15	00:51:26.35	00:52:15.90	5:08	11.7
376	SKARŻYŃSKI ADAM	711	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 30-39	121	M 325	00:32:52	00:45:17	00:51:32.05	00:52:20.30	5:09	11.6
377	KOPER SEBASTIAN	369	CARREFOUR RUNNING TEAM	WARSZAWA	POL	M 40-49	130	M 326	00:32:37	00:45:17	00:51:33.90	00:52:11.00	5:09	11.6
378	KLIMCZYŃSKI RAFAŁ	351		WARSZAWA	POL	M 30-39	122	M 327	00:33:14	00:45:33	00:51:34.00	00:52:45.25	5:09	11.6
379	CHUDIO MARCIN	103		WARSZAWA	POL	M 30-39	123	M 328	00:32:39	00:45:22	00:51:36.45	00:52:28.45	5:09	11.6

**BIEG PRZEZ MOST 2019, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
380	BIEDRON ARTUR	40	TARCHO CHARTY	WARSZAWA	POL	M 40-49	131	M 329	00:33:14	00:45:39	00:51:38.90	00:52:24.00	5:09	11.6
381	KĘDZIEWSKI MICZYŚLAW	339	TG SOKÓŁ BRWINÓW	MILANÓWEK	POL	M 60+	8	M 330	00:32:58	00:45:29	00:51:40.30	00:52:53.95	5:10	11.6
382	BEDNARSKI TOMASZ	32		WARSZAWA	POL	M 40-49	132	M 331	00:34:00	00:45:56	00:51:41.70	00:52:24.30	5:10	11.6
383	FABIANOWICZ PAWEŁ	162	BOŚ BANK SA	WARSZAWA	POL	M 30-39	124	M 332	00:32:35	00:45:21	00:51:43.00	00:52:35.55	5:10	11.6
384	CZAPSKI MICHAŁ	124	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 30-39	125	M 333	00:32:38	00:45:31	00:51:43.80	00:52:19.30	5:10	11.6
385	STOKOWSKI PAWEŁ	985		WARSZAWA	POL	M 30-39	126	M 334	00:32:59	00:45:25	00:51:44.70	00:52:13.80	5:10	11.6
386	WALECKI ROMUALD	959	KLUB SAMICY NOSOROŻCA	WARSZAWA	POL	M 40-49	133	M 335	00:32:32	00:45:41	00:51:44.80	00:51:51.45	5:10	11.6
387	MARCZEWSKI MARCIN	499	RESILIA BEMOWO	WARSZAWA	POL	M 40-49	134	M 336	00:32:59	00:45:54	00:51:47.45	00:52:41.25	5:10	11.6
388	GRYCNER PAWEŁ	230	SHAKALAKA BOOM BOOM	WARSZAWA	POL	M 30-39	127	M 337	00:33:29	00:45:55	00:51:52.10	00:52:48.10	5:11	11.6
389	FILIPCZUK DARIUSZ	169		ZIELONKA	POL	M 50-59	18	M 338	00:32:49	00:45:33	00:51:53.50	00:52:33.40	5:11	11.6
390	CHOTOMSKI MARCIN	99		LEGIONOWO	POL	M 30-39	128	M 339	00:33:18	00:45:48	00:51:54.40	00:52:01.35	5:11	11.6
391	BEŁOWSKI LESZEK	34	CHEMIK NOXY PUŁAWY	PULAWY	POL	M 60+	9	M 340	00:33:09	00:45:42	00:51:54.45	00:52:59.80	5:11	11.6
392	CHEĆ TOMASZ	89		WARSZAWA	POL	M 30-39	129	M 341	00:33:51	00:46:08	00:51:56.85	00:53:06.20	5:11	11.5
393	KOSTRZEWA ELWIRA	382	PZU SPORT TEAM	WARSZAWA	POL	K 40-49	17	K 50	00:33:33		00:52:04.05	00:53:12.80	5:12	11.5
394	SŁOMKA BOGUMIŁ	720		WARSZAWA	POL	M 40-49	135	M 342	00:33:09	00:45:51	00:52:04.65	00:53:18.30	5:12	11.5
395	STRZAŁEK ANDRZEJ	752	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M 50-59	19	M 343	00:33:13	00:45:55	00:52:09.05	00:52:58.00	5:13	11.5
396	PANASZEWSKI PRZEMYSŁAW	597		KOSZALIN	POL	M 1-29	53	M 344	00:33:51	00:46:13	00:52:11.65	00:53:17.65	5:13	11.5
397	SZOPA SŁAWOMIR	780		WARSZAWA	POL	M 40-49	136	M 345	00:33:12	00:45:58	00:52:13.05	00:53:07.85	5:13	11.5
398	LISZEWSKI KRZYSZTOF	452	RUN TEAM NASIELSK	WARSZAWA	POL	M 40-49	137	M 346	00:33:05	00:45:31	00:52:21.25	00:53:09.50	5:14	11.5
399	FLORYSIAK ARTUR	175		WARSZAWA	POL	M 40-49	138	M 347	00:34:08	00:46:31	00:52:25.05	00:53:28.65	5:14	11.4
400	CIEPLAK ANDRZEJ	106		WARSZAWA	POL	M 40-49	139	M 348	00:34:40	00:46:48	00:52:28.05	00:54:02.15	5:14	11.4
401	MISZCZAK PAULINA	536		WARSZAWA	POL	K 1-29	8	K 51	00:34:07	00:46:28	00:52:28.55	00:53:28.70	5:14	11.4
402	JASIŃSKI ADAM	283		ZĄBKI	POL	M 30-39	130	M 349	00:34:06	00:46:28	00:52:29.20	00:53:29.55	5:14	11.4
403	WANOWSKI ANDRZEJ	832	ROZBIEGAMY NOWY DWÓR	NOWY DWÓR MAZOWIECKI	POL	M 60+	10	M 350	00:33:27	00:46:01	00:52:29.40	00:53:26.50	5:14	11.4
404	WAGNER JOLANTA	829		WARSZAWA	POL	K 50-59	2	K 52	00:33:49	00:46:14	00:52:30.30	00:53:58.10	5:15	11.4
405	FIJALEK KAMIL	168		WARSZAWA	POL	M 30-39	131	M 351	00:33:26	00:46:12	00:52:32.00	00:53:44.30	5:15	11.4
406	SZCZEPAŃSKI MARCIN	771	WATAHA-WARSZAWA	PIASECZNO	POL	M 30-39	132	M 352	00:33:31	00:46:21	00:52:32.60	00:53:21.15	5:15	11.4
407	ANTOSIK PIOTR	9		WARSZAWA	POL	M 40-49	140	M 353	00:34:35	00:46:55	00:52:35.20	00:54:03.65	5:15	11.4
408	CHRZANOWSKA AGATA	101	CHRZANOWSKITEAM	WARSZAWA	POL	K 30-39	24	K 53	00:33:39	00:46:22	00:52:36.60	00:53:53.20	5:15	11.4
409	CHRZANOWSKI WOJCIECH	102	CJHRZANOWSKITEAM	WARSZAWA	POL	M 30-39	133	M 354	00:33:39	00:46:22	00:52:36.80	00:53:53.20	5:15	11.4
410	SOPELEWSKI SEBASTIAN	731		WARSZAWA	POL	M 30-39	134	M 355	00:33:46	00:46:41	00:52:37.20	00:53:28.20	5:15	11.4
411	MARUSZAK ŁUKASZ	504	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 30-39	135	M 356	00:34:08	00:46:45	00:52:39.70	00:53:22.60	5:16	11.4
412	POLAK MICHAŁ	629		WARSZAWA	POL	M 30-39	136	M 357	00:33:48	00:46:40	00:52:44.65	00:53:31.40	5:16	11.4
413	BOGŁOWSKA URSZULA	52		WARSZAWA	POL	K 30-39	25	K 54	00:33:37	00:46:38	00:52:47.85	00:54:06.25	5:16	11.4
414	KAMIŃSKI WIESŁAW	324	NASIELSK BASZTA TEAM	WARSZAWA	POL	M 50-59	20	M 358	00:35:38	00:47:02	00:52:50.80	00:54:16.65	5:17	11.4
415	ZAJDA DOMINIK	883		WARSZAWA	POL	M 1-29	54	M 359	00:33:09	00:46:35	00:52:51.90	00:53:13.25	5:17	11.3
416	MATUSIAK KAROL	943	BDG	WARSZAWA	POL	M 1-29	55	M 360	00:33:39	00:46:48	00:52:52.45	00:54:12.40	5:17	11.3
417	ŁABA PIOTR	455		ZIELONKA	POL	M 40-49	141	M 361	00:33:35	00:46:31	00:52:53.35	00:53:45.90	5:17	11.3
418	KRUSZEWSKI PIOTR	412		ZIELONKA	POL	M 40-49	142	M 362	00:33:35	00:46:31	00:52:53.80	00:53:45.80	5:17	11.3
419	ZIOŁO GRZEGORZ	946		WARSZAWA	POL	M 1-29	56	M 363	00:33:39	00:46:48	00:52:53.95	00:54:13.10	5:17	11.3
420	STAŃCZAK IWONA	740	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	K 40-49	19	K 55	00:34:07	00:46:58	00:52:54.95	00:53:53.60	5:17	11.3
421	SZCZYGIEL MICHAŁ	775		STRZYŻÓW	POL	M 1-29	57	M 364	00:34:18	00:46:51	00:52:59.50	00:55:59.10	5:18	11.3
422	GŁÓWKA RAFAŁ	206		MARKI	POL	M 40-49	143	M 365	00:33:08	00:46:20	00:52:59.65	00:53:23.75	5:17	11.3
423	MENDREK IRENEUSZ	517	TURBODZIKI	WARSZAWA	POL	M 30-39	137	M 366	00:34:44	00:46:54	00:52:59.85	00:54:12.40	5:18	11.3
424	ZIELINSKI KRZYSZTOF	905	HIKINGTOURS.PL	WARSZAWA	POL	M 40-49	144	M 367	00:34:23	00:46:59	00:53:05.75	00:54:55.00	5:18	11.3
425	WASILEWSKI GRZEGORZ	837	RUN TEAM NASIELSK	PŁONSK	POL	M 30-39	138	M 368	00:34:25	00:47:06	00:53:17.15	00:53:51.25	5:19	11.3
426	KUCZYŃSKI IGOR	421	APTEKARZ WARSZAWSKI	WARSZAWA	POL	M 40-49	145	M 369	00:33:58	00:46:55	00:53:17.75	00:54:11.95	5:19	11.3
427	SZTRANOWICZ PIOTR	783		WARSZAWA	POL	M 40-49	146	M 370	00:33:53	00:46:59	00:53:20.75	00:54:21.55	5:20	11.2
428	BARTECKI TOMASZ	967		WROCŁAW	POL	M 30-39	139	M 371	00:34:39	00:47:15	00:53:20.85	00:54:30.50	5:20	11.2
429	CHOTOMSKA DOROTA	98		LEGIONOWO	POL	K 1-29	10	K 56	00:33:31	00:46:43	00:53:22.35	00:53:29.90	5:20	11.2
430	KRUSZEWSKA DOMINIKA	411		WARSZAWA	POL	K 30-39	26	K 57	00:34:23	00:47:12	00:53:23.90	00:54:56.20	5:20	11.2
431	WASIAK BARTOSZ	834		WARSZAWA	POL	M 30-39	140	M 372	00:34:30	00:47:20	00:53:29.05	00:54:47.95	5:20	11.2
432	CHMIELECKI TOMASZ	91	LOTAMS TEAM	PIASTÓW	POL	M 40-49	147	M 373	00:33:41	00:47:07	00:53:30.85	00:54:19.70	5:21	11.2
433	KARCZEWSKI JACEK	330	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 40-49	148	M 374	00:34:55	00:47:26	00:53:31.30	00:54:53.70	5:21	11.2
434	KRZYWIĘC PRZEMYSŁAW	417		FALENTY	POL	M 30-39	141	M 375	00:35:01	00:47:31	00:53:32.05	00:54:31.95	5:21	11.2
435	GRABARCZYK ILONA	218		LESZNO	POL	K 30-39	27	K 58	00:34:30	00:47:21	00:53:32.80	00:54:10.25	5:21	11.2
436	JANKOWSKA WIOLA	270		WARSZAWA	POL	K 30-39	28	K 59	00:34:37	00:47:21	00:53:37.00	00:54:44.20	5:21	11.2



**BIEG PRZEZ MOST 2019, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
437	GARBACZEWSKI ZBIGNIEW	189	GRUPA BIEGOWA UM W-WA	JABŁONNA	POL	M 40-49	149	M 376	00:33:02	00:46:38	00:53:38.85	00:54:38.50	5:21	11.2
438	KLEPACKI PAWEŁ	349		WARSZAWA	POL	M 30-39	142	M 377	00:33:42	00:47:09	00:53:43.45	00:53:55.90	5:22	11.2
439	ZAWIŚLAK JOLA	897		WARSZAWA	POL	K 40-49	20	K 60	00:34:39	00:47:33	00:53:47.40	00:54:54.70	5:22	11.2
440	ROJEK HUBERT	666		LESZCZYDÓŁ NOWINY	POL	M 1-29	58	M 378	00:35:37	00:48:05	00:53:49.90	00:55:00.80	5:23	11.1
441	TRATKIEWICZ MAREK	813		WARSZAWA	POL	M 40-49	150	M 379	00:34:37	00:47:38	00:53:50.35	00:54:26.85	5:23	11.1
442	SULICH MATEUSZ	761		LEGIONOWO	POL	M 1-29	59	M 380	00:35:04	00:47:38	00:53:50.75	00:54:49.10	5:23	11.1
443	ADAMKIEWICZ MARCIN	961	INICJATYWA MIESZKAŃCÓW BIAŁOLEKI	WARSZAWA	POL	M 30-39	143	M 381	00:33:08	00:47:08	00:53:51.75	00:54:04.40	5:23	11.1
444	MRUK JOANNA	548		GÓRA KALWARIA	POL	K 1-29	11	K 61	00:35:31	00:48:13	00:53:54.50	00:54:39.40	5:23	11.1
445	PALUCH ANNA	592		WARSZAWA	POL	K 40-49	21	K 62	00:34:58	00:47:35	00:53:55.00	00:54:43.85	5:23	11.1
446	KLUIJ BOGUSŁAW	354	BIEGNĚ DLA SANDRY I ROBERTA	ZAKRĘT	POL	M 60+	11	M 382	00:34:43	00:47:37	00:53:56.15	00:54:56.05	5:23	11.1
447	PIOTROWSKI JAN	624		WARSZAWA	POL	M 30-39	144	M 383	00:34:24	00:47:17	00:53:57.50	00:56:03.00	5:23	11.1
448	SYPNIEWSKI PIOTR	770	TKKF BŁYSKAWICA	WARSZAWA	POL	M 40-49	151	M 384	00:34:58	00:47:34	00:53:58.75	00:55:05.75	5:23	11.1
449	ŁAZAREWICZ KATARZYNA	460		WARSZAWA	POL	K 1-29	12	K 63	00:33:49	00:47:26	00:54:00.35	00:54:54.75	5:24	11.1
450	WŁÓDEK RAFAŁ	863		WARSZAWA	POL	M 30-39	145	M 385	00:34:20	00:47:36	00:54:00.60	00:55:21.75	5:24	11.1
451	ŚWIDERSKA JOANNA	795		WARSZAWA	POL	K 30-39	29	K 64	00:34:48	00:47:43	00:54:03.50	00:55:07.70	5:24	11.1
452	MARCIK MARCIN	498		WARSZAWA	POL	M 30-39	146	M 386	00:34:54	00:47:58	00:54:03.70	00:55:35.10	5:24	11.1
453	MITURA GRZEGORZ	537		WARSZAWA	POL	M 30-39	147	M 387	00:34:30	00:47:44	00:54:05.10	00:54:57.45	5:24	11.1
454	MOCZYDŁOWSKI ŁUKASZ	540	MASTERS DOJO	WARSZAWA	POL	M 40-49	152	M 388	00:35:08	00:47:57	00:54:08.55	00:55:19.75	5:24	11.1
455	JONIK JUSTYNA	296	AZS WAT	WARSZAWA	POL	K 1-29	13	K 65	00:34:26	00:47:53	00:54:09.25	00:54:14.80	5:24	11.1
456	KONOPKA JUSTYNA	366	RUN 4FUN	WARSZAWA	POL	K 1-29	14	K 66	00:34:41	00:47:51	00:54:11.70	00:54:48.50	5:25	11.1
457	CIESIELSKI RAFAŁ	109	WOJEWÓDZCY TEAM	WARSZAWA	POL	M 40-49	153	M 389	00:34:58	00:47:46	00:54:14.25	00:55:19.75	5:25	11.1
458	KOSTRUBIEC GRZEGORZ	381		WARSZAWA	POL	M 30-39	148	M 390	00:34:34	00:47:47	00:54:16.45	00:54:28.00	5:25	11.1
459	KORNESZCZUK WOJCIECH	374		STASI LAS	POL	M 30-39	149	M 391	00:35:08	00:48:23	00:54:17.20	00:55:31.65	5:25	11.1
460	CHOJNOWSKI ANDRZEJ	96	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 40-49	154	M 392	00:34:30	00:47:50	00:54:18.65	00:55:21.35	5:25	11
461	ZARĘBA-TREMELET KATARZYNA	890		WARSZAWA	POL	K 30-39	30	K 67	00:35:01	00:48:00	00:54:19.20	00:55:21.95	5:25	11
462	STACHACZ MIROŚLAW	736	ZPHU DREWMAX	OSTROŁĘKA	POL	M 50-59	21	M 393	00:33:54	00:47:30	00:54:19.30	00:55:28.50	5:25	11
463	ŚWIERSZCZ ANDRZEJ	797		WARSZAWA	POL	M 50-59	22	M 394	00:34:54	00:47:58	00:54:20.90	00:55:35.20	5:26	11
464	KOMARNITSKAYA NATALIA	361		WARSZAWA		K 30-39	31	K 68	00:34:33	00:47:46	00:54:21.25	00:55:33.35	5:26	11
465	LEBIODA TOMASZ	437		WARSZAWA	POL	M 1-29	60	M 395	00:33:42	00:47:40	00:54:21.55	00:54:52.20	5:26	11
466	SKIBIŃSKA MAŁGORZATA	713		WARSZAWA	POL	K 40-49	22	K 69	00:35:58	00:48:17	00:54:22.85	00:56:16.00	5:26	11
467	JANKOWSKA BOŻENA	272		WARSZAWA	POL	K 30-39	32	K 70	00:34:32	00:47:52	00:54:25.40	00:55:17.00	5:26	11
468	TUCZYŃSKI ROBERT	816	ORT ŁOMIANKI	ŁOMIANKI	POL	M 40-49	155	M 396	00:34:42	00:47:58	00:54:27.20	00:55:23.60	5:26	11
469	KWAPISZ-CICHOWSKA KATARZYNA	431	DĄBROWSKI TEAM	OSTROŁĘKA	POL	K 40-49	23	K 71	00:35:10	00:47:59	00:54:28.00	00:55:27.15	5:26	11
470	GROCHOWSKI PAWEŁ	227	PZU SPORT TEAM	WARSZAWA	POL	M 30-39	150	M 397	00:34:52	00:48:16	00:54:28.45	00:55:37.55	5:26	11
471	NIEDZIÓŁKA MAŁGORZATA	939	TO NATURALNE	WARSZAWA	POL	K 50-59	3	K 72	00:35:03	00:48:14	00:54:32.00	00:54:51.20	5:27	11
472	JABŁONKA RADOSŁAW	258	DZIADY OCR	WYSZKÓW	POL	M 40-49	156	M 398	00:34:31	00:48:07	00:54:35.05	00:55:31.35	5:27	11
473	JAWORSKA KATARZYNA	286		WARSZAWA	POL	K 40-49	24	K 73	00:35:03	00:47:52	00:54:35.50	00:55:37.35	5:27	11
474	GOLONKA PATRYK	937	MASTERS DOJO	WARSZAWA	POL	M 1-29	61	M 399	00:36:10	00:49:16	00:54:36.25	00:55:47.75	5:27	11
475	MATUSZEWSKI PAWEŁ	510		NOWY DWÓR MAZOWIECKI	POL	M 30-39	151	M 400	00:35:07	00:48:21	00:54:39.15	00:55:37.50	5:27	11
476	GZUŁA AGNIESZKA KAROLINA	240	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	K 1-29	15	K 74	00:34:30	00:47:42	00:54:42.00	00:55:16.10	5:28	11
477	BORUSZEWSKI MACIEJ	67		WARSZAWA	POL	M 40-49	157	M 401	00:35:08	00:48:21	00:54:42.70	00:55:38.00	5:28	11
478	HULANICKA IRINA	252	GOGGLE TEAM	WARSZAWA	POL	K 60+	2	K 75	00:35:06	00:47:38	00:54:43.00	00:55:45.20	5:28	11
479	ZAKRZEWSKI MAREK	884	EKOBIEGI	WARSZAWA	POL	M 40-49	158	M 402	00:35:04	00:47:57	00:54:43.75	00:55:45.05	5:28	11
480	JARMUŻEWSKI ADAM	279	TIA	WARSZAWA	POL	M 40-49	159	M 403	00:35:15	00:48:13	00:54:44.25	00:56:11.65	5:28	11
481	KARWOWSKI MARIUSZ	332	GRUPA BIEGOWA UM W-WA	CHOTOMÓW	POL	M 40-49	160	M 404	00:36:03	00:48:42	00:54:44.80	00:56:17.75	5:28	11
482	MAMLA ZBIGNIEW	493	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M 40-49	161	M 405	00:35:01	00:48:02	00:54:46.05	00:55:47.15	5:28	11
483	MIANOWSKI MARCIN	519		OTWOCK	POL	M 40-49	162	M 406	00:32:40	00:47:38	00:54:47.60	00:54:56.70	5:28	11
484	NOWACKI JULIAN	938	TO NATURALNE	WARSZAWA	POL	M 60+	12	M 407	00:35:03	00:48:14	00:54:50.50	00:55:09.70	5:29	10.9
485	BAKUŁA WIESŁAW	14	WAMPIR	KADZIDŁO	POL	M 50-59	23	M 408	00:34:16	00:48:02	00:54:53.90	00:55:20.30	5:29	10.9
486	NOWAK JERZY	565	PWPW	WA-WA	POL	M 40-49	163	M 409	00:35:33	00:48:23	00:54:53.95	00:56:33.40	5:29	10.9
487	KORLAK ŁUKASZ	371		WARSZAWA	POL	M 30-39	152	M 410	00:35:56	00:48:58	00:54:54.80	00:56:06.05	5:29	10.9
488	ŚWIĆ MAŁGORZATA	794	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	K 40-49	25	K 76	00:34:37	00:48:07	00:54:56.25	00:55:44.80	5:29	10.9
489	SULIŃSKI SŁAWOMIR	763		WARSZAWA	POL	M 40-49	164	M 411	00:35:25	00:48:33	00:54:57.40	00:56:25.40	5:29	10.9
490	ANIÓLKOWSKI KRZYSZTOF	8	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 30-39	153	M 412	00:35:55	00:48:56	00:55:00.25	00:56:16.30	5:30	10.9
491	KAŻMIERSKI ADRIAN	336		WOŁOMIN	POL	M 30-39	154	M 413	00:35:33	00:48:39	00:55:01.25	00:56:21.50	5:30	10.9
492	JANKOWSKI MICHAŁ	942		WARSZAWA	POL	M 40-49	165	M 414	00:34:21	00:48:13	00:55:02.05	00:55:56.90	5:30	10.9
493	BYELKINA KATERYNA	970	ANPHARM RUN TEAM	WARSZAWA	POL	K 1-29	16	K 77	00:35:24	00:48:46	00:55:02.75	00:57:14.05	5:30	10.9

## BIEG PRZEZ MOST 2019, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
494	MODRZEJEWSKI ZBIGNIEW	541		LEGIONOWO	POL	M 50-59	24	M 415	00:35:11	00:48:36	00:55:04.55	00:55:32.50	5:30	10.9
495	ZYGADŁO PIOTR	911		WARSZAWA	POL	M 30-39	155	M 416	00:35:39	00:48:41	00:55:04.65	00:55:23.60	5:30	10.9
496	JANKOWSKI MARCIN	975	ANPHARM RUN TEAM	WARSZAWA	POL	M 30-39	156	M 417	00:35:25	00:48:47	00:55:05.00	00:57:15.90	5:30	10.9
497	IDZIAK JAROSŁAW	921		WARSZAWA	POL	M 30-39	157	M 418	00:31:20	00:45:08	00:55:05.45	00:55:41.15	5:30	10.9
498	KĄŻMIERSKA ANNA	335		WOŁOMIN	POL	K 30-39	33	K 78	00:35:33	00:48:38	00:55:05.90	00:56:26.25	5:30	10.9
499	KRÓLAK PAWEŁ	404		WARSZAWA	POL	M 30-39	158	M 419	00:35:04	00:48:27	00:55:06.75	00:56:30.85	5:30	10.9
500	KUBASIEWICZ ARTUR	418	SAM	WARSZAWA	POL	M 50-59	25	M 420	00:35:44	00:48:48	00:55:09.35	00:56:38.45	5:30	10.9
501	WIĘCH ANDRZEJ	849		WARSZAWA	POL	M 40-49	166	M 421	00:35:00	00:48:26	00:55:11.00	00:56:17.40	5:31	10.9
502	OSIŃSKA SYLWIA	587		WARSZAWA	POL	K 40-49	26	K 79	00:34:59	00:48:35	00:55:13.25	00:55:24.20	5:31	10.9
503	WASILUK KLAUDIA	838	DRUŻYNA SZPIKU	WARSZAWA	POL	K 1-29	17	K 80	00:36:47	00:49:16	00:55:13.70	00:56:38.80	5:31	10.9
504	ADAMSKI SZYMON	3		WARSZAWA	POL	M 1-29	62	M 422	00:36:48	00:49:17	00:55:20.55	00:56:55.00	5:32	10.8
505	DANIELSKI JACEK	132	PZU SPORT TEAM	WARSZAWA	POL	M 40-49	167	M 423	00:35:35	00:48:59	00:55:21.25	00:56:31.60	5:32	10.8
506	CZAJKOWSKI MARIUSZ	121		MYSIADŁO	POL	M 40-49	168	M 424	00:35:03	00:48:44	00:55:22.55	00:57:31.75	5:32	10.8
507	KOWALCZYK ZDZISŁAW	968	JW 2189	WARSZAWA	POL	M 40-49	169	M 425	00:35:02	00:48:58	00:55:23.95	00:56:03.95	5:32	10.8
508	RULAK JERZY	986		M 30-39			159	M 426	00:35:13	00:48:41	00:55:25.15	00:56:30.00	5:32	10.8
509	MAJEWSKA HANNA	482	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	K 30-39	34	K 81	00:35:06	00:48:50	00:55:26.35	00:56:23.55	5:32	10.8
510	CIMOCZOWSKA MAGDALENA	113	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	K 40-49	27	K 82	00:35:24	00:48:50	00:55:27.25	00:56:37.60	5:32	10.8
511	BORCZYŃSKI PIOTR	59	MŁODZIEŻOWA RADA M.ST. WARSZAWY	WARSZAWA	POL	M 1-29	63	M 427	00:34:03	00:48:52	00:55:27.35	00:55:32.90	5:32	10.8
512	ZWOLIŃSKI GRZEGORZ	909	REEBOK RUN CREW	WARSZAWA	POL	M 40-49	170	M 428	00:36:26	00:49:23	00:55:31.35	00:56:47.10	5:33	10.8
513	BECZAK NATALIA	30		WARSZAWA	POL	K 30-39	35	K 83			00:55:33.00	00:55:33.00	5:33	10.8
514	NIEDBAŁKA MARCIN	557		JÓZEFÓW	POL	M 30-39	160	M 429	00:35:05	00:48:59	00:55:34.35	00:57:09.55	5:33	10.8
515	KACPRZAK-KLEJNA AGNIESZKA	311		WARSZAWA	POL	K 40-49	28	K 84	00:36:29	00:49:29	00:55:36.50	00:57:01.15	5:33	10.8
516	POGORZELSKA ANNA	627		WARSZAWA	POL	K 30-39	36	K 85	00:35:06	00:48:42	00:55:36.95	00:56:34.80	5:33	10.8
517	SULIŃSKI ANDRZEJ	762		WARSZAWA	POL	M 40-49	171	M 430	00:35:32	00:49:02	00:55:37.80	00:57:07.10	5:33	10.8
518	SYLWESTRZUK MARIUSZ	769		KOBYŁKA	POL	M 50-59	26	M 431	00:35:14	00:48:57	00:55:39.25	00:57:04.35	5:33	10.8
519	BUTKIEWICZ DARIUSZ	86		WARSZAWA	POL	M 40-49	172	M 432	00:34:57	00:48:55	00:55:41.45	00:57:06.10	5:34	10.8
520	GROCHOWSKA JOANNA	225	BIEGAMY Z OCHOTA	WARSZAWA	POL	K 50-59	4	K 86	00:35:28	00:49:07	00:55:42.55	00:57:47.45	5:34	10.8
521	SZLACHTA WIESŁAW	776		WARSZAWA	POL	M 40-49	173	M 433	00:34:57	00:48:47	00:55:45.15	00:56:18.75	5:34	10.8
522	GYMYREK ROBERT	207		WARSZAWA	POL	M 30-39	161	M 434	00:35:04	00:48:59	00:55:45.60	00:56:59.90	5:34	10.8
523	ROGALSKA MAGDA	663	WKURWTEAM	WARSZAWA	POL	K 30-39	37	K 87	00:34:50	00:48:57	00:55:45.65	00:56:47.65	5:34	10.8
524	STANKIEWICZ MACIEJ	739	AMI & AURI RUNNERS CLUB	WARSZAWA	POL	M 30-39	162	M 435	00:36:59	00:49:35	00:55:46.20	00:57:10.25	5:34	10.8
525	BARNIK RAFAŁ	977		M 40-49			174	M 436	00:35:10	00:48:55	00:55:47.40	00:56:13.70	5:34	10.8
526	BARTOSZEWSKI DANIEL	23		GÓRA KALWARIA	POL	M 1-29	64	M 437	00:35:33	00:49:21	00:55:48.60	00:56:33.40	5:34	10.7
527	OWCZAREK BEATA	588	GO SPORT RUNNERS	WARSZAWA	POL	K 1-29	18	K 88	00:35:37	00:49:15	00:55:49.25	00:56:57.15	5:35	10.7
528	PĘDZICH PRZEMYSŁAW	614		WARSZAWA	POL	M 30-39	163	M 438	00:33:38	00:48:19	00:55:51.30	00:56:49.80	5:35	10.7
529	KONOPACKI MACIEJ	365	JESTEŚ ZWYCIĘZCĄ-CHRZĄSZCZYŻESZOWICE	WARSZAWA	POL	M 30-39	164	M 439	00:35:42	00:49:28	00:55:52.05	00:56:58.95	5:35	10.7
530	MAZUR MICHAŁ	514		WARSZAWA	POL	M 30-39	165	M 440	00:36:36	00:49:35	00:55:55.30	00:56:46.60	5:35	10.7
531	KARBOWNIK JAKUB	329		WARSZAWA	POL	M 30-39	166	M 441	00:35:33	00:48:55	00:55:55.70	00:57:30.50	5:35	10.7
532	DRÓZD SANDRA	998		MARCELÓW		K 1-29	19	K 89	00:35:58	00:49:30	00:55:57.60	00:57:35.70	5:35	10.7
533	FEDEROWICZ ŁUKASZ	166		ZGIERZ	POL	M 30-39	167	M 442	00:35:56	00:49:34	00:55:58.25	00:57:10.05	5:35	10.7
534	GRABOWSKI ŁUKASZ	219		WARSZAWA	POL	M 30-39	168	M 443	00:34:49	00:48:51	00:56:02.30	00:56:57.80	5:36	10.7
535	ŚWIST MICHAŁ	801		WARSZAWA	POL	M 30-39	169	M 444	00:36:00	00:49:22	00:56:04.05	00:57:17.20	5:36	10.7
536	MAĆKOWIAK WERONIKA	480		WARSZAWA	POL	K 1-29	20	K 90	00:35:56	00:49:39	00:56:06.00	00:58:00.70	5:36	10.7
537	CIBORSKA AGNIESZKA	934	NAPRZÓD MŁOCINY	WARSZAWA	POL	K 40-49	29	K 91	00:35:40	00:49:26	00:56:10.70	00:56:57.30	5:37	10.7
538	MAZUŚ JAREK	515		WARSZAWA	POL	M 40-49	175	M 445	00:35:52	00:49:31	00:56:13.20	00:57:48.05	5:37	10.7
539	MATUSEWICZ KRZYSZTOF	509		WARSZAWA	POL	M 40-49	176	M 446	00:35:45	00:49:29	00:56:13.35	00:57:18.10	5:37	10.7
540	PRASAŁ ARTUR	632	REEBOKRUNCREW LDZ	ŁÓDŹ	POL	M 40-49	177	M 447	00:39:48	00:50:43	00:56:23.20	00:57:31.45	5:38	10.6
541	JAKUBISIAK RENATA	265	AEGONRUN	WARSZAWA	POL	K 30-39	38	K 92	00:37:34	00:50:05	00:56:23.40	00:57:46.20	5:38	10.6
542	CHMIELEWSKA IZABELA	92	REEBOK RUN CREW/MINISTERSTWO ŚRODOWISKA	WARSZAWA	POL	K 30-39	39	K 93	00:36:02	00:49:42	00:56:25.95	00:57:13.65	5:38	10.6
543	GAJEWICZ ARKADIUSZ	184		JABŁONNA	POL	M 30-39	170	M 448	00:35:57	00:49:34	00:56:26.35	00:57:53.15	5:38	10.6
544	GLAZER MARCIN	203	PKO BANK POLSKI	WARSZAWA	POL	M 30-39	171	M 449	00:38:20	00:50:42	00:56:31.15	00:58:27.00	5:39	10.6
545	ŁOZOSWKA ANETA	229	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	K 40-49	30	K 94	00:36:08	00:49:51	00:56:31.30	00:57:36.45	5:39	10.6
546	KACZMAREK KATARZYNA	316		WARSZAWA	POL	K 30-39	40	K 95	00:35:57	00:49:49	00:56:33.35	00:57:36.40	5:39	10.6
547	MUZINSKA MARTA	552		WARSZAWA	POL	K 30-39	41	K 96	00:35:44	00:49:47	00:56:33.45	00:58:09.10	5:39	10.6

**BIEG PRZEZ MOST 2019, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
548	BUKOWSKI JANUSZ	999	STOWARZYSZENIE DAĆ SIEBIE INNYM	WARSZAWA	POL	M 60+	13	M 450	00:35:54	00:49:43	00:56:33.60	00:56:37.25	5:39	10.6
549	KACZOREK ROBERT	318	WARSZAWA	WARSZAWA	POL	M 60+	14	M 451	00:35:58	00:49:42	00:56:34.45	00:56:57.15	5:39	10.6
550	ŁOBODA PIOTR	465	WAŁCZ	WARSZAWA	POL	M 40-49	178	M 452	00:35:46	00:49:52	00:56:38.65	00:57:42.05	5:39	10.6
551	THOMAS SZCZEPAN	806	WARSZAWSKA AKADEMIA KARATE TRADYCYJNEGO	WARSZAWA	POL	M 50-59	27	M 453	00:35:49	00:49:35	00:56:40.10	00:57:34.25	5:40	10.6
552	FLOREK MAŁGORZATA	174	WARSZAWA	WARSZAWA	POL	K 30-39	42	K 97	00:35:54	00:50:07	00:56:40.30	00:58:15.70	5:40	10.6
553	JAŚTAK NATALIA	958	WARSZAWA	WARSZAWA	POL	K 1-29	21	K 98	00:36:59	00:48:20	00:56:40.60	00:57:48.45	5:40	10.6
554	KRÓL WOJCIECH	403	WARSZAWA	WARSZAWA	POL	M 1-29	65	M 454	00:37:41	00:50:52	00:56:44.25	00:58:16.00	5:40	10.6
555	SOCHACKA KAROLINA	727	WARSZAWA	WARSZAWA	POL	K 1-29	22	K 99	00:36:21	00:50:07	00:56:45.85	00:57:48.60	5:40	10.6
556	LISZEWSKA ANNA	451	RUN TEAM NASIELSK	WARSZAWA	POL	K 40-49	31	K 100	00:36:08	00:49:51	00:56:46.55	00:57:21.25	5:40	10.6
557	KAMIŃSKI MACIEJ	325	WARSZAWA	WARSZAWA	POL	M 30-39	172	M 455	00:36:24	00:50:05	00:56:58.40	00:59:03.70	5:41	10.5
558	JANISZEWSKI JAN	268	NIDZICA	WARSZAWA	POL	M 60+	15	M 456	00:36:27	00:50:06	00:57:01.70	00:57:26.85	5:42	10.5
559	DĄBROWSKA MAGDALENA	135	RUN4FUN	WARSZAWA	POL	K 40-49	32	K 101	00:36:23	00:50:02	00:57:02.85	00:57:40.85	5:42	10.5
560	ŁABĘDA STANISŁAW	456	NASIELSK BASZTA TEAM	WARSZAWA	POL	M 40-49	179	M 457	00:36:37	00:50:24	00:57:07.80	00:58:33.40	5:42	10.5
561	ZDUŃSKI JAROSŁAW	900	WARSZAWA	WARSZAWA	POL	M 50-59	28	M 458	00:35:41	00:50:10	00:57:08.85	00:58:25.45	5:42	10.5
562	NOSARZEWSKI MARIUSZ	562	TRZCIANY	WARSZAWA	POL	M 40-49	180	M 459	00:35:54	00:50:05	00:57:11.65	00:58:20.40	5:43	10.5
563	JÓZWIK ROBERT	298	HARX TEAM	WARSZAWA	POL	M 40-49	181	M 460	00:37:03	00:50:29	00:57:11.65	00:57:32.50	5:43	10.5
564	TADRAŁA TOMEK	803	WARSZAWA	WARSZAWA	POL	M 30-39	173	M 461	00:36:23	00:50:10	00:57:12.25	00:59:07.55	5:43	10.5
565	KUMALA SEBASTIAN	425	BEDKOWICE	WARSZAWA	POL	M 30-39	174	M 462	00:35:36	00:49:55	00:57:13.65	00:57:26.25	5:43	10.5
566	SIGAL BOGDANA	706	WARSZAWA	WARSZAWA	POL	K 1-29	23	K 102	00:36:28	00:50:22	00:57:14.00	00:58:15.40	5:43	10.5
567	PUCHACZ PRZEMYSŁAW	647	WARSZAWA	WARSZAWA	POL	M 30-39	175	M 463	00:34:42	00:49:52	00:57:14.80	00:57:46.65	5:43	10.5
568	CZACH NATALIA	118	WARSZAWSKI KLUB ROGATEGO MORSZA	WARSZAWA	POL	K 30-39	43	K 103	00:37:27	00:50:42	00:57:14.90	00:59:10.10	5:43	10.5
569	MARCINKIEWICZ TYMEK	497	WARSZAWA	WARSZAWA	POL	M 1-29	66	M 464	00:36:07	00:50:44	00:57:18.30	00:58:31.00	5:43	10.5
570	GROCHOWSKI PIOTR	226	WARSZAWA	WARSZAWA	POL	M 40-49	182	M 465	00:37:15	00:50:38	00:57:19.80	00:59:02.45	5:44	10.5
571	LEGAT DOROTA	439	MIŃSK MAZOWIECKI	WARSZAWA	POL	K 1-29	24	K 104	00:36:56	00:50:54	00:57:21.80	00:58:23.80	5:44	10.5
572	MATAK MARIUSZ	506	WARSZAWA	WARSZAWA	POL	M 30-39	176	M 466	00:35:49	00:50:35	00:57:22.50	00:58:52.05	5:44	10.5
573	MUCHA GRZEGORZ	549	WARSZAWA	WARSZAWA	POL	M 60+	16	M 467	00:36:20	00:50:22	00:57:22.65	00:57:59.05	5:44	10.5
574	BEDNARZAK TADEUSZ	33	YULO RUN TEAM SIEDLCE	SIEDLCE	POL	M 60+	17	M 468	00:36:23	00:50:31	00:57:28.25	00:58:33.10	5:44	10.4
575	KOWAŁSKA PAULINA	391	WARSZAWA	WARSZAWA	POL	K 1-29	25	K 105	00:36:49	00:50:41	00:57:30.15	00:58:55.75	5:45	10.4
576	MROZIŃSKI MARCIN	546	WARSZAWA	WARSZAWA	POL	M 30-39	177	M 469	00:37:16	00:50:54	00:57:34.95	00:59:03.85	5:45	10.4
577	MALER WŁADYSŁAW	487	REEBOK RUN CREW	WARSZAWA	POL	M 60+	18	M 470	00:36:55	00:50:41	00:57:36.35	00:58:54.10	5:45	10.4
578	PYCKA MARCIN	927	BIEGAJĄCY ŚWIDNIK	ŚWIDNIK	POL	M 30-39	178	M 471	00:37:01	00:50:59	00:57:39.55	00:59:06.85	5:45	10.4
579	SANDOMIERSKI BARTŁOŃMIJ	693	WKURW_TEAM	MARKI	POL	M 1-29	67	M 472	00:37:22	00:50:59	00:57:44.15	00:59:05.95	5:46	10.4
580	BORKOWSKI PAWEŁ	61	EKOBIEGI	WARSZAWA	POL	M 40-49	183	M 473	00:38:09	00:51:22	00:57:44.15	00:59:27.95	5:46	10.4
581	WODZYŃSKI ROBERT	866	EKOBIEGI	WARSZAWA	POL	M 40-49	184	M 474	00:37:09	00:51:09	00:57:48.60	00:59:30.70	5:46	10.4
582	BRODAWKA OLGA	71	WARSZAWA	WARSZAWA	POL	K 30-39	44	K 106	00:36:37	00:50:43	00:57:49.85	00:58:49.30	5:47	10.4
583	BIENIAS ARKADIUSZ	42	WARSZAWA	WARSZAWA	POL	M 30-39	179	M 475	00:37:49	00:51:14	00:57:52.50	00:58:09.25	5:47	10.4
584	FILIPIAK OLGA	171	WARSZAWA	WARSZAWA	POL	K 1-29	26	K 107	00:36:58	00:51:07	00:57:55.50	00:59:08.55	5:47	10.4
585	RODZOŚ BARTOSZ	661	WARSZAWA	WARSZAWA	POL	M 30-39	180	M 476	00:37:36	00:51:22	00:57:56.90	00:59:01.35	5:47	10.4
586	ZASŁONKA PAWEŁ	893	WARSZAWA	WARSZAWA	POL	M 30-39	181	M 477	00:37:02	00:51:09	00:57:59.95	00:58:26.05	5:48	10.3
587	ŚWIEŻACZYŃSKI PIOTR	799	KOMORÓW	WARSZAWA	POL	M 30-39	182	M 478	00:38:08	00:51:24	00:58:01.15	00:59:49.35	5:48	10.3
588	GAJ-ŚWIEŻACZYŃSKA JOANNA	187	KOMORÓW	WARSZAWA	POL	K 30-39	45	K 108	00:38:09	00:51:24	00:58:01.30	00:59:49.20	5:48	10.3
589	PTAK KRZYSZTOF	645	WARSZAWA	WARSZAWA	POL	M 40-49	185	M 479	00:36:26	00:50:59	00:58:02.70	00:58:38.60	5:48	10.3
590	ZIELIŃSKI TOMASZ	1015	POLSKIE STOW. SPORTU PO TRANSPLANTACJI	KONSTANCIN-JEZIORNA	POL	M 40-49	186	M 480	00:36:58	00:51:09	00:58:03.50	00:59:48.20	5:48	10.3
591	MIAZGA KRZYSZTOF	520	MARKI	WARSZAWA	POL	M 30-39	183	M 481	00:38:09	00:51:28	00:58:05.10	00:59:53.90	5:48	10.3
592	KOPCINSKA KATARZYNA	367	WARSZAWA	WARSZAWA	POL	K 40-49	33	K 109	00:37:30	00:51:23	00:58:05.20	00:58:41.05	5:48	10.3
593	SKOWROŃSKA EWA	716	JEDLIŃSK	WARSZAWA	POL	K 40-49	34	K 110	00:37:39	00:51:23	00:58:05.40	00:58:14.55	5:48	10.3
594	WOJCIECHOWSKA EWA	867	EKOBIEGI	WARSZAWA	POL	K 40-49	35	K 111	00:37:33	00:51:22	00:58:05.75	00:59:47.60	5:48	10.3
595	CZUPA BARTOSZ	976	ANPHARM RUN TEAM	WARSZAWA	POL	M 40-49	187	M 482	00:36:37	00:50:45	00:58:08.50	01:00:15.65	5:48	10.3
596	PASKA SYLWIA	602	OTWOCK	WARSZAWA	POL	K 1-29	27	K 112	00:36:34	00:51:01	00:58:09.50	00:58:27.30	5:49	10.3
597	ROCKA GOSIA	660	WARSZAWA	WARSZAWA	POL	K 40-49	36	K 113	00:37:27	00:51:25	00:58:10.70	00:59:41.00	5:49	10.3
598	HOŁOPIAK EWA	251	REEBOK RUN CREW	WARSZAWA	POL	K 50-59	5	K 114	00:37:37	00:51:23	00:58:11.20	00:59:28.50	5:49	10.3
599	DESKA KAROLINA	144	WWW.LESZEKBIEGA.PL	NOWA IWICZNA	POL	K 40-49	37	K 115	00:36:52	00:51:09	00:58:11.60	00:59:19.45	5:49	10.3
600	KRAWCZYK KATARZYNA	400	WARSZAWA	WARSZAWA	POL	K 1-29	28	K 116	00:37:23	00:51:08	00:58:14.75	00:59:15.65	5:49	10.3
601	LEWANDOWSKA AGNIESZKA	445	LEGIONOWO	WARSZAWA	POL	K 30-39	46	K 117	00:37:25	00:51:16	00:58:17.45	00:59:02.45	5:49	10.3

**BIEG PRZEZ MOST 2019, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
602	CYRNY RAFAŁ	117		WARSZAWA	POL	M 40-49	188	M 483	00:36:34	00:51:18	00:58:20.40	00:59:44.45	5:50	10.3
603	ZANIEWICZ ANDRZEJ	888	PARTNER	ŁUKÓW	POL	M 30-39	184	M 484	00:38:32	00:52:09	00:58:21.05	00:59:49.20	5:50	10.3
604	NAWROCKI RYSZARD	556		WARSZAWA	POL	M 40-49	189	M 485	00:36:34	00:51:07	00:58:22.50	00:59:34.30	5:50	10.3
605	ŁAPICZ FILIP	458		WARSZAWA	POL	M 1-29	68	M 486	00:38:46	00:52:05	00:58:22.60	00:58:33.70	5:50	10.3
606	ORŁOWSKI KACPER	584		WARSZAWA	POL	M 1-29	69	M 487	00:36:33	00:51:17	00:58:25.00	00:59:46.30	5:50	10.3
607	GORCZYCA JOANNA	213		WARSZAWA	POL	K 1-29	29	K 118	00:36:49	00:51:09	00:58:26.20	00:59:58.00	5:50	10.3
608	PRZYBYŁAWSKA-PRASKA ILONA	642		WARSZAWA	POL	K 30-39	47	K 119	00:37:16	00:51:21	00:58:31.30	00:59:37.70	5:51	10.3
609	CIEPIENIAK ANIA	104		WARSZAWA	POL	K 40-49	38	K 120	00:36:44	00:51:19	00:58:32.10	00:58:42.90	5:51	10.3
610	BOGUSZEWSKI PIOTR	988				M 30-39	185	M 488	00:38:50	00:51:55	00:58:33.35	01:01:07.15	5:51	10.2
611	WILEŃSKI BARTOSZ	990				M 1-29	70	M 489	00:37:37	00:51:38	00:58:38.40	01:00:11.35	5:51	10.2
612	DZIEKONSKI JACEK	159		KONSTANCIN JEZIORNA	POL	M 60+	19	M 490	00:36:27	00:51:11	00:58:41.40	01:00:07.90	5:52	10.2
613	RURKA ANNA	965		WARSZAWA	POL	K 40-49	39	K 121	00:37:47	00:51:40	00:58:46.80	00:59:48.50	5:52	10.2
614	ŁOZOWSKI ROBERT	467		WARSZAWA	POL	M 40-49	190	M 491	00:37:37	00:51:53	00:58:48.30	00:59:57.80	5:52	10.2
615	KOZŁOWSKI ŁUKASZ	398	#BBKTS	ŻYRARDÓW	POL	M 30-39	186	M 492	00:38:25	00:52:21	00:58:50.55	01:00:35.50	5:53	10.2
616	GRABOWSKI JERZY	220	NIEZRZESZONY	WARSZAWA	POL	M 60+	20	M 493	00:36:49	00:51:28	00:58:51.60	01:00:05.00	5:53	10.2
617	DEMBOWSKA MAŁGORZATA	140		CIECHANÓW	POL	K 1-29	30	K 122	00:37:02	00:51:43	00:58:52.30	01:00:28.25	5:53	10.2
618	ZIARKOWSKA AGNIESZKA	903		WARSZAWA	POL	K 1-29	31	K 123	00:38:29	00:52:28	00:59:01.15	01:00:44.05	5:54	10.2
619	PEĆKAM KAMIL	613	LUBIĘ PIZZĘ	LUBLIN	POL	M 1-29	71	M 494	00:37:13	00:52:02	00:59:01.35	01:00:11.05	5:54	10.2
620	JACHOWSKA ALDONA	259		WARSZAWA	POL	K 40-49	40	K 124	00:37:07	00:51:56	00:59:06.70	01:00:16.75	5:54	10.2
621	GRYCZKA-CIOŁEK MONIKA	232		WARSZAWA	POL	K 30-39	48	K 125	00:37:44	00:52:03	00:59:07.00	01:00:25.70	5:54	10.1
622	PIETRAK WOJCIECH	618	WEBLOVERS	WARSZAWA	POL	M 30-39	187	M 495	00:38:30	00:52:38	00:59:07.05	01:00:42.60	5:54	10.1
623	ŁODOWSKA ILONA	454		JABŁONNA	POL	K 30-39	49	K 126	00:38:18	00:52:15	00:59:07.40	01:00:00.55	5:54	10.1
624	GRYCNER PIOTR	231		STAROGARD GDAŃSKI	POL	M 60+	21	M 496	00:38:18	00:52:18	00:59:07.50	01:01:02.60	5:54	10.1
625	JACHOWSKI PAWEŁ	260		WARSZAWA	POL	M 40-49	191	M 497	00:37:13	00:52:09	00:59:09.30	01:00:20.20	5:55	10.1
626	GŁÓWKA MAŁGORZATA	971	ANPHARM RUN TEAM	MARKI	POL	K 40-49	41	K 127	00:37:52	00:52:14	00:59:09.45	00:59:33.65	5:54	10.1
627	SIKORA ZUZANNA	707	PZU SPORT TEAM	WARSZAWA	POL	K 40-49	42	K 128	00:36:40	00:51:42	00:59:09.70	01:00:18.65	5:55	10.1
628	GRACZ JAKUB	221		WARSZAWA	POL	M 30-39	188	M 498	00:38:13	00:52:17	00:59:11.45	01:01:10.40	5:55	10.1
629	POLAŃSKA AGNIESZKA	630		WARSZAWA	POL	K 30-39	50	K 129	00:37:44	00:52:16	00:59:12.40	01:00:11.05	5:55	10.1
630	PASEK DOROTA	601		WARSZAWA	POL	K 30-39	51	K 130	00:39:12	00:52:31	00:59:12.40	01:00:58.60	5:55	10.1
631	STYCZYŃSKI GRZEGORZ	755		WARSZAWA	POL	M 30-39	189	M 499	00:39:11	00:52:31	00:59:12.50	01:00:58.75	5:55	10.1
632	ROKICKI ALEKSANDER	667		WARSZAWA	POL	M 40-49	192	M 500	00:39:11	00:52:31	00:59:12.55	01:00:58.60	5:55	10.1
633	NOWAK JANUSZ	563		WARSZAWA	POL	M 30-39	190	M 501	00:37:46	00:52:19	00:59:13.20	01:00:27.15	5:55	10.1
634	FILIPOWICZ MACIEJ	172		WARSZAWA	POL	M 40-49	193	M 502	00:39:12	00:52:31	00:59:14.00	01:00:19.00	5:55	10.1
635	MIKULSKA AGNIESZKA	529		ŁÓDŹ	POL	K 40-49	43	K 131	00:38:34	00:52:30	00:59:15.70	01:00:59.10	5:55	10.1
636	GURMIŃSKA KATARZYNA	238		WARSZAWA	POL	K 1-29	32	K 132	00:38:26	00:52:30	00:59:16.70	01:01:00.90	5:55	10.1
637	ROSA MATEUSZ	669		WARSZAWA	POL	M 1-29	72	M 503	00:38:17	00:52:21	00:59:17.75	01:01:12.20	5:55	10.1
638	GIERS KLAUDIA	200		WARSZAWA	POL	K 1-29	33	K 133	00:38:03	00:52:46	00:59:20.55	00:59:49.55	5:56	10.1
639	WALCZAK ANNA	830	TURBODZIKI	WARSZAWA	POL	K 40-49	44	K 134	00:38:27	00:52:36	00:59:20.80	01:00:58.00	5:56	10.1
640	RUMIANEK MARCIN	677	FB.COM/RUMIANEK	WARSZAWA	POL	M 30-39	191	M 504	00:37:09	00:52:19	00:59:22.10	01:00:16.50	5:56	10.1
641	GAWŁOWSKI ADAM	192		WARSZAWA	POL	M 30-39	192	M 505	00:37:21	00:52:15	00:59:22.90	01:00:12.90	5:56	10.1
642	KRZANOWSKA MAŁGORZATA	415		WARSZAWA	POL	K 50-59	6	K 135	00:38:22	00:52:24	00:59:24.75	01:01:13.25	5:56	10.1
643	PYRAK JOANNA	650	AEGONRUN	WARSZAWA	POL	K 30-39	52	K 136	00:37:59	00:52:10	00:59:25.95	01:00:48.85	5:56	10.1
644	BERNARDELLI KATARZYNA	35		WARSZAWA	POL	K 1-29	34	K 137	00:37:59	00:52:31	00:59:28.15	00:59:54.55	5:56	10.1
645	PIĘTKA MARCIN	620	GKS FENIX SIENNICA	WARSZAWA	POL	M 30-39	193	M 506	00:38:36	00:52:48	00:59:29.40	01:00:54.65	5:56	10.1
646	SZTYGOWSKA ANNA	1012				K 30-39	53	K 138	00:37:57	00:52:36	00:59:31.05	01:00:28.65	5:57	10.1
647	DAMPC NATALIA	131		WARSZAWA	POL	K 30-39	54	K 139	00:37:34	00:52:47	00:59:31.20	01:00:56.65	5:57	10.1
648	KAMIŃSKI MARIUSZ	979				M 30-39	194	M 507	00:38:17	00:52:20	00:59:35.35	01:01:29.80	5:57	10.1
649	KORZENIOWSKA- SOBCZUK ANNA	377	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	K 40-49	45	K 140	00:38:21	00:52:26	00:59:37.05	01:01:19.10	5:57	10.1
650	WOŹNIAK MATEUSZ	876		WARSZAWA	POL	M 30-39	195	M 508	00:37:38	00:52:13	00:59:39.15	01:00:47.75	5:57	10.1
651	BIERNACKI ADAM	44		ŁÓDŹ	POL	M 60+	22	M 509	00:38:36	00:52:42	00:59:40.50	01:01:11.15	5:58	10.1
652	KOSTKA GRZEGORZ	380	BIEGIEM Z GREGIEM	WARSZAWA	POL	M 30-39	196	M 510	00:37:46	00:52:32	00:59:42.35	01:01:26.00	5:58	10
653	GONET KATARZYNA	211		WARSZAWA	POL	K 40-49	46	K 141	00:38:08	00:52:46	00:59:44.50	01:00:51.10	5:58	10
654	GŁODNY HUBERT	204		WARSZAWA	POL	M 40-49	194	M 511	00:38:07	00:52:49	00:59:45.10	01:01:09.50	5:58	10
655	KACZAN JOANNA	315		WARSZAWA (BIAŁOLEKA)	POL	K 30-39	55	K 142	00:38:25	00:52:37	00:59:47.75	01:01:23.75	5:58	10
656	BESSARABA JAGODA	37		WARSZAWA	POL	K 1-29	35	K 143	00:37:01	00:52:10	00:59:49.10	01:00:52.80	5:58	10
657	TOCHOWICZ PAWEŁ	808		WARSZAWA	POL	M 40-49	195	M 512	00:37:39	00:52:27	00:59:51.55	01:01:03.65	5:59	10
658	SWIETLIK MAGDALENA	767		WARSZAWA	POL	K 30-39	56	K 144	00:37:52	00:52:42	00:59:51.85	01:00:56.80	5:59	10

**BIEG PRZEZ MOST 2019, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
659	BULIK BOŻENA	82	PARTNER	WARSZAWA	POL	K 30-39	57	K 145	00:38:37	00:52:46	00:59:53.40	01:01:21.85	5:59	10
660	PIOTROWSKI ARKADIUSZ	933	#ARUSBIEGA	WARSZAWA	POL	M 30-39	197	M 513	00:38:32	00:52:52	01:00:02.00	01:00:44.00	6:00	10
661	HNIDZIUK MAGDALENA	250		WARSZAWA	POL	K 40-49	47	K 146	00:38:21	00:52:45	01:00:03.00	01:01:32.55	6:00	10
662	ARAŻNY ZBIGNIEW	10	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M 40-49	196	M 514	00:38:29	00:52:31	01:00:05.75	01:01:46.75	6:00	10
663	MYŚLIŃSKA ANNA	1111	BIAŁOLEKA JEST KOBIETĄ	WARSZAWA	POL	K 40-49	48	K 147	00:38:29	00:52:35	01:00:05.80	01:01:46.80	6:00	10
664	AKSAMITOWSKI ROBERT	6		WARSZAWA	POL	M 40-49	197	M 515	00:38:58	00:53:39	01:00:07.00	01:02:01.90	6:00	10
665	LELENIWSKA ANNA	440		WARSZAWA	POL	K 1-29	36	K 148	00:38:12	00:53:10	01:00:07.40	01:01:43.25	6:00	10
666	SIESS MAŁGORZATA	705	UKS AZYMUT PABIANICE	WARSZAWA	POL	K 1-29	37	K 149	00:38:48	00:53:12	01:00:09.45	01:01:27.05	6:01	10
667	POGORZELSKI KUBA	628		MARKI	POL	M 1-29	73	M 516	00:37:36	00:53:06	01:00:10.85	01:00:24.25	6:01	10
668	DYMEK DARIUSZ	158		WARSZAWA	POL	M 40-49	198	M 517	00:37:44	00:52:53	01:00:15.90	01:01:24.40	6:01	10
669	JOŃCZYK STANISŁAW	297	FUNDACJA WARSZAWSKIE HOSPICJUM DLA DZIECI	LEGIONOWO	POL	M 50-59	29	M 518	00:38:04	00:52:47	01:00:18.90	01:01:35.90	6:01	10
670	KRAKOWIAK SYLWIA	399		WARSZAWA	POL	K 40-49	49	K 150	00:38:38	00:53:26	01:00:27.00	01:01:11.50	6:02	9.9
671	SAFARZYŃSKI ALEKSANDER	689		BŁONIE	POL	M 1-29	74	M 519	00:39:28	00:53:56	01:00:41.75	01:02:35.95	6:04	9.9
672	BRONICKA ELA	72	VEGE RUNNERS	WARSZAWA	POL	K 30-39	58	K 151	00:38:28	00:53:17	01:00:42.15	01:02:24.70	6:04	9.9
673	MUCHA KAMILA	550	BIEGAM NA TARCHOMINIE	KONIN	POL	K 40-49	50	K 152	00:38:55	00:53:37	01:00:49.30	01:02:29.70	6:04	9.9
674	OLESIĄK ARKADIUSZ	578	BIEGAM NA TARCHOMINIE	POLSKA, WARSZAWA	POL	M 40-49	199	M 520	00:38:55	00:53:38	01:00:50.40	01:02:29.85	6:05	9.9
675	ŁUCZAK PIOTR	471	PKO BANK POLSKI SA	WARSZAWA	POL	M 40-49	200	M 521	00:38:27	00:53:35	01:00:52.20	01:01:30.55	6:05	9.9
676	HÄNCHEN ELISABETH	243		WARSZAWA	POL	K 30-39	59	K 153	00:38:49	00:53:55	01:00:52.45	01:02:49.40	6:05	9.9
677	ŁUCZAK MAŁGORZATA	472	RUNNERSI ZE SKARBKA	WARSZAWA	POL	K 40-49	51	K 154	00:38:28	00:53:36	01:00:53.40	01:01:30.70	6:05	9.9
678	KASKA KRZYSZTOF	333		WARSZAWA	POL	M 30-39	198	M 522	00:40:55	00:54:46	01:00:54.70	01:02:14.75	6:05	9.9
679	JUSZCZAK KAMIL	307		LEGIONOWO	POL	M 1-29	75	M 523	00:40:58	00:54:48	01:00:56.00	01:02:14.40	6:05	9.8
680	PATOLETA MIREK	604		WARSZAWA	POL	M 40-49	201	M 524	00:38:10	00:53:32	01:00:57.40	01:02:08.30	6:05	9.8
681	SURMACZ JACEK	766		WARSZAWA	POL	M 30-39	199	M 525	00:39:08	00:53:42	01:00:58.85	01:03:01.80	6:05	9.8
682	WITZKE ARTUR	858	KAWUCHA	LEGIONOWO	POL	M 30-39	200	M 526	00:39:54	00:54:08	01:00:59.65	01:03:19.05	6:06	9.8
683	PEPŁOŃSKI DAMIAN	609		NOWY DWÓR MAZOWIECKI	POL	M 30-39	201	M 527	00:39:15	00:53:37	01:01:03.10	01:02:30.30	6:06	9.8
684	MAZUR PAWEŁ	513	WOODRUNNERS	WARSZAWA	POL	M 40-49	202	M 528	00:38:48	00:53:35	01:01:04.05	01:02:51.50	6:06	9.8
685	NOWAK MAGDALENA	564	AEGONRUN	WARSZAWA	POL	K 30-39	60	K 155	00:39:25	00:53:54	01:01:21.05	01:02:43.75	6:08	9.8
686	BRZÓZKA KAMIL	77		WARSZAWA	POL	M 40-49	203	M 529	00:39:47	00:54:10	01:01:21.25	01:03:41.35	6:08	9.8
687	SIKORSKI PAWEŁ	708	GAMMA	WARSZAWA	POL	M 30-39	202	M 530	00:38:59	00:53:57	01:01:22.35	01:03:13.40	6:08	9.8
688	STRACHOCKA ANNA	749	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	K 60+	3	K 156	00:39:55	00:54:12	01:01:25.35	01:03:38.60	6:08	9.8
689	SOBIESKA ALEKSANDRA	725		WARSZAWA	POL	K 40-49	52	K 157	00:39:37	00:54:08	01:01:26.40	01:03:19.85	6:08	9.8
690	KOŚNIK ALICJA	386		WARSZAWA	POL	K 1-29	38	K 158	00:39:21	00:54:15	01:01:29.80	01:03:22.30	6:09	9.8
691	STAŃCZYK ZOFIA	742		ZIELONKA	POL	K 1-29	39	K 159	00:38:31	00:53:35	01:01:31.10	01:03:12.90	6:09	9.8
692	ŁAĆKA ILONA	461	BIAŁOLEKA JEST KOBIETĄ	WARSZAWA	POL	K 40-49	53	K 160	00:39:02	00:53:59	01:01:32.05	01:03:12.40	6:09	9.8
693	BRZÓZKA MAGDA	76		WARSZAWA	POL	K 30-39	61	K 161	00:39:38	00:54:27	01:01:38.50	01:03:28.50	6:09	9.7
694	NOWAK KASIA	567		WARSZAWA	POL	K 30-39	62	K 162	00:39:39	00:54:29	01:01:38.80	01:03:28.60	6:09	9.7
695	SAL KINGA	690		WARSZAWA	POL	K 30-39	63	K 163	00:38:57	00:54:23	01:01:41.30	01:03:42.75	6:10	9.7
696	GLASSER MAREK	202		WARSZAWA	POL	M 60+	23	M 531	00:38:46	00:53:57	01:01:41.55	01:03:16.60	6:10	9.7
697	ADAMOWSKA BARBARA	2	MINISTERSTWO FINANSÓW	WARSZAWA	POL	K 40-49	54	K 164	00:38:58	00:54:08	01:01:42.30	01:02:45.10	6:10	9.7
698	MORAWSKA ANNA	542		WARSZAWA	POL	K 60+	4	K 165	00:40:08	00:54:40	01:01:46.35	01:02:47.45	6:10	9.7
699	ZOUABI DOROTA	907		WARSZAWA	POL	K 40-49	55	K 166	00:38:57	00:54:10	01:01:48.50	01:02:25.75	6:10	9.7
700	SIKORSKA AGNIESZKA	928		WARSZAWA	POL	K 30-39	64	K 167	00:40:03	00:54:42	01:01:49.35	01:03:40.65	6:10	9.7
701	DĄBROWSKA BEATA	134		JABŁONNA	POL	K 30-39	65	K 168	00:39:22	00:54:42	01:01:49.65	01:02:42.55	6:11	9.7
702	KARŁOWICZ ANNA	331	PARTIA WOLNYCH BIEGACZY	WARSZAWA	POL	K 60+	5	K 169	00:39:28	00:54:32	01:01:57.10	01:03:44.20	6:11	9.7
703	MORAWSKI PATRYK	543		WARSZAWA	POL	M 1-29	76	M 532	00:39:19	00:54:24	01:02:00.65	01:03:20.90	6:12	9.7
704	MIKITUK KATARZYNA	527		MARKI	POL	K 40-49	56	K 170	00:38:43	00:54:16	01:02:02.05	01:03:07.30	6:12	9.7
705	PRZEDPEŁSKA ANETA	638		WARSZAWA	POL	K 30-39	66	K 171	00:39:22	00:54:33	01:02:02.05	01:03:28.40	6:12	9.7
706	KOWALSKI WIESŁAW	392		WARSZAWA	POL	M 50-59	30	M 533	00:38:24	00:54:13	01:02:06.20	01:02:09.20	6:12	9.7
707	GŁÓDŹ MAŁGORZATA	963	DO NOGI	WARSZAWA	POL	K 1-29	40	K 172	00:39:28	00:54:38	01:02:10.85	01:03:16.05	6:13	9.6
708	SZYDŁO PAWEŁ	384		MIĘDZYBORÓW	POL	M 30-39	203	M 534	00:38:32	00:54:02	01:02:11.20	01:02:33.20	6:13	9.6
709	GAWIDZIEL SYLWIA	190		WARSZAWA	POL	K 30-39	67	K 173			01:02:16.25	01:02:16.25	6:13	9.6
710	WOJTAŁ KATARZYNA	872	WATAHA - WARSZAWA	PIASECZNO	POL	K 30-39	68	K 174	00:39:17	00:54:38	01:02:16.60	01:03:43.10	6:13	9.6
711	ADAMUS KATARZYNA	4	DECATHLON PIASECZNO	PIASECZNO	POL	K 40-49	57	K 175	00:39:17	00:54:38	01:02:16.70	01:03:43.05	6:13	9.6
712	KULISZEWSKI MACIEJ	424		GRODZISK MAZOWIECKI	POL	M 30-39	204	M 535	00:39:28	00:54:41	01:02:28.75	01:03:14.40	6:14	9.6
713	CHOROŚ SYLWIA	922		WARSZAWA	POL	K 30-39	69	K 176	00:39:50	00:55:01	01:02:30.60	01:03:59.40	6:15	9.6
714	BORUTS MARCIN	68		WARSZAWA	POL	M 30-39	205	M 536	00:39:50	00:55:01	01:02:30.70	01:03:59.45	6:15	9.6

**BIEG PRZEZ MOST 2019, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
715	KRZECZEWSKI JACEK	416		WARSZAWA	POL	M 50-59	31	M 537	00:39:20	00:54:45	01:02:37.05	01:04:25.85	6:15	9.6
716	WAŚOWSKI MICHAŁ	840		WARSZAWA	POL	M 30-39	206	M 538	00:39:44	00:55:23	01:02:37.40	01:03:19.25	6:15	9.6
717	ŁUCAK PIOTR	470	CST RUN TEAM	ŁOCHÓW	POL	M 30-39	207	M 539	00:41:13	00:55:41	01:02:40.00	01:04:12.60	6:16	9.6
718	JARMUŻEWSKA TERESA	278	TIA	WARSZAWA	POL	K 40-49	58	K 177	00:41:45	00:55:58	01:02:46.35	01:04:58.45	6:16	9.6
719	GRYGALEWICZ ANNA	233	G PARTNER RUNNERS	WARSZAWA	POL	K 30-39	70	K 178	00:39:51	00:55:16	01:02:48.00	01:04:35.10	6:16	9.6
720	GREGORCZYK BARTOSZ	224		WARSZAWA	POL	M 30-39	208	M 540	00:39:50	00:55:26	01:02:48.00	01:04:32.35	6:16	9.6
721	GURMIŃSKI ŁUKASZ	239	T-MOBILE	WARSZAWA	POL	M 30-39	209	M 541	00:38:52	00:54:50	01:02:56.55	01:04:38.15	6:17	9.5
722	WOŁYNEK AGNIESZKA	875		WARSZAWA	POL	K 40-49	59	K 179	00:39:51	00:55:28	01:03:03.35	01:04:26.90	6:18	9.5
723	SZYMCZYŃSKI BŁAŻEJ	956		WARSZAWA	POL	M 30-39	210	M 542	00:39:19	00:55:43	01:03:14.25	01:05:04.15	6:19	9.5
724	ŁYGAS LESZEK	476		WARSZAWA	POL	M 30-39	211	M 543	00:39:18	00:55:23	01:03:16.90	01:05:05.75	6:19	9.5
725	PRASAL KONRAD	633	RYSIOTEAM/INESSPORT.PL	ŁÓDŹ	POL	M 1-29	77	M 544	00:39:51	00:55:30	01:03:16.90	01:04:24.85	6:19	9.5
726	JANICKI MATEUSZ	267	LS WORLD RUN	WARSZAWA	POL	M 1-29	78	M 545			01:03:19.30	01:03:19.30	6:19	9.5
727	JURCZAK AGNIESZKA	301		JEDLIŃSK	POL	K 40-49	60	K 180	00:39:54	00:55:22	01:03:19.80	01:03:29.30	6:20	9.5
728	MIRECKI ZBIGNIEW	535	EKOBIEGI	WARSZAWA	POL	M 60+	24	M 546	00:41:06	00:56:13	01:03:27.20	01:05:11.30	6:20	9.5
729	KORENKIEWICZ ANNA	370		ZĄBKI	POL	K 30-39	71	K 181	00:41:02	00:56:09	01:03:28.10	01:05:22.00	6:20	9.5
730	ZARADKIEWICZ ŁUKASZ	889		WARSZAWA	POL	M 30-39	212	M 547	00:40:52	00:55:54	01:03:36.00	01:05:39.25	6:21	9.4
731	STRZELEC AGNIESZKA	753		WARSZAWA	POL	K 30-39	72	K 182	00:39:31	00:55:41	01:03:36.90	01:04:40.25	6:21	9.4
732	OBREBOWSKA MAŁGORZATA	950		WARSZAWA	POL	K 30-39	73	K 183	00:40:07	00:55:45	01:03:40.05	01:05:03.60	6:22	9.4
733	OBREBOWSKI DARIUSZ	952		WARSZAWA	POL	M 30-39	213	M 548	00:40:04	00:55:45	01:03:40.15	01:05:03.55	6:22	9.4
734	BASIAK AGNIESZKA	25		WARSZAWA	POL	K 30-39	74	K 184	00:39:18	00:55:16	01:03:40.90	01:05:11.80	6:22	9.4
735	STANIOS NATALIA	738		WARSZAWA	POL	K 1-29	41	K 185	00:39:13	00:55:32	01:03:41.35	01:04:47.55	6:22	9.4
736	KOZAKOW BORYS	957		WARSZAWA	POL	M 60+	25	M 549	00:40:47	00:56:18	01:03:42.15	01:05:04.40	6:22	9.4
737	MACHNACKI MICHAŁ	477	GRUPA BIEGOWA UM W-WA	LEGIONOWO	POL	M 40-49	204	M 550	00:39:48	00:55:34	01:03:43.80	01:05:16.15	6:22	9.4
738	MIKLEWICZ MAŁGORZATA	528		WARSZAWA	POL	K 40-49	61	K 186	00:41:18	00:56:25	01:03:45.05	01:05:44.75	6:22	9.4
739	OKSIENIUK MARCIN	575	TURBODZIKI	WOLICA	POL	M 30-39	214	M 551	00:39:30	00:55:45	01:03:48.50	01:05:25.70	6:22	9.4
740	PTASZYŃSKA MAGDALENA	646		KUTNO	POL	K 40-49	62	K 187	00:40:01	00:55:54	01:03:49.40	01:04:42.90	6:22	9.4
741	RUZCZKA RAFAŁ	675		WARSZAWA	POL	M 1-29	79	M 552	00:38:48	00:55:46	01:03:51.00	01:04:17.00	6:23	9.4
742	JACZYŃSKI RAFAŁ	263		WARSZAWA	POL	M 30-39	215	M 553	00:40:45	00:56:23	01:04:06.50	01:05:55.75	6:24	9.4
743	HELDT GRZEGORZ	248		WARSZAWA	POL	M 30-39	216	M 554	00:39:32	00:55:53	01:04:06.70	01:05:58.25	6:24	9.4
744	HELDT IWONA	247		WARSZAWA	POL	K 1-29	42	K 188	00:39:33	00:55:53	01:04:07.00	01:05:58.25	6:24	9.4
745	OLSZEWSKA DOROTA	579		WARSZAWA	POL	K 30-39	75	K 189	00:39:22	00:55:33	01:04:09.45	01:04:33.90	6:24	9.4
746	GAŁAZYN GRZEGORZ	188		WARSZAWA	POL	M 40-49	205	M 555	00:40:01	00:56:05	01:04:10.05	01:05:54.85	6:25	9.4
747	DRABIK MICHAŁ	150		WARSZAWA	POL	M 40-49	206	M 556	00:39:45	00:56:01	01:04:13.45	01:05:14.85	6:25	9.3
748	LECH BARTŁOMIEJ	438		SIEDLCE	POL	M 1-29	80	M 557	00:39:48	00:56:20	01:04:17.45	01:06:11.85	6:25	9.3
749	PARTYKA PAWEŁ	600		WARSZAWA	POL	M 40-49	207	M 558	00:40:46	00:56:19	01:04:21.55	01:05:59.85	6:26	9.3
750	JANKOWSKI TOMEK	273		WARSZAWA	POL	M 40-49	208	M 559	00:39:45	00:56:17	01:04:24.75	01:05:32.05	6:26	9.3
751	BANY MICHAŁ	17		WARSZAWA	POL	M 30-39	217	M 560	00:40:35	00:57:04	01:04:25.65	01:05:46.60	6:26	9.3
752	WITECKA ANNA	855		WARSZAWA	POL	K 30-39	76	K 190	00:40:16	00:56:19	01:04:26.85	01:06:20.60	6:26	9.3
753	BIELEC BARTŁOMIEJ	41	LEGIA RUN CLUB	WARSZAWA	POL	M 30-39	218	M 561	00:41:19	00:56:55	01:04:37.90	01:06:36.80	6:27	9.3
754	KACPRZAK-ŚCISŁA ALEKSANDRA	948		WARSZAWA	POL	K 1-29	43	K 191	00:41:56	00:57:06	01:04:43.85	01:06:30.70	6:28	9.3
755	PROROK MAŁGOSIA	636		PIASECZNO	POL	K 30-39	77	K 192	00:42:04	00:57:17	01:04:45.80	01:06:55.70	6:28	9.3
756	OLESHKO MAKSYM	577		WARSZAWA	POL	M 1-29	81	M 562	00:40:50	00:57:11	01:04:46.40	01:05:05.00	6:28	9.3
757	PIOTROWSKA-KRZAK ELA	623		WARSZAWA	POL	K 40-49	63	K 193	00:42:11	00:57:33	01:04:52.40	01:06:30.00	6:29	9.2
758	KACPRZYK MICHAŁ	312		WARSZAWA	POL	M 1-29	82	M 563	00:41:11	00:56:57	01:04:58.30	01:06:33.80	6:29	9.2
759	CYGAN KATARZYNA	116		WARSZAWA	POL	K 30-39	78	K 194	00:41:11	00:57:00	01:04:58.35	01:06:33.50	6:29	9.2
760	ŚWIERSZCZ ANETA	798		ZALESIE	POL	K 30-39	79	K 195	00:41:05	00:57:12	01:04:59.30	01:06:53.60	6:29	9.2
761	WYSOCKA KAROLINA	880		WARSZAWA	POL	K 30-39	80	K 196	00:41:14	00:56:53	01:05:05.25	01:06:36.60	6:30	9.2
762	OSIAK ŻANETA	586		ŁASKARZEW	POL	K 30-39	81	K 197	00:40:42	00:57:10	01:05:06.15	01:06:31.70	6:30	9.2
763	WASIK PIOTR	836		LEGIONOWO	POL	M 50-59	32	M 564	00:40:56	00:56:08	01:05:06.45	01:06:25.90	6:30	9.2
764	ZARZYCKI PIOTR	892		WARSZAWA	POL	M 30-39	219	M 565	00:42:34	00:58:18	01:05:07.60	01:06:55.50	6:30	9.2
765	MRÓZ SEBASTIAN	547		KOMORÓW	POL	M 40-49	209	M 566	00:42:33	00:58:17	01:05:07.70	01:06:55.10	6:30	9.2
766	ROMANOWSKI PAWEŁ	668	MARKOWI BIEGACZE	MARKI	POL	M 40-49	210	M 567	00:42:02	00:57:36	01:05:10.55	01:06:30.00	6:31	9.2
767	BORKOWSKA OLGA	60		WARSZAWA	POL	K 30-39	82	K 198	00:41:25	00:57:35	01:05:16.95	01:06:07.65	6:31	9.2
768	WŁODARCZYK MACIEJ	860		WARSZAWA	POL	M 40-49	211	M 568	00:40:53	00:57:17	01:05:19.45	01:05:57.60	6:31	9.2
769	RYNECKA AGNIESZKA	684		RAJSZEW	POL	K 40-49	64	K 199	00:41:08	00:57:24	01:05:19.55	01:07:13.15	6:32	9.2
770	WILEŃSKI ZBIGNIEW	944	GRUPA BIEGOWA UM W-WA	DĄBROWA CHOTOMOWSKA	POL	M 50-59	33	M 569	00:42:07	00:57:19	01:05:24.90	01:06:58.10	6:32	9.2
771	FALKOWSKA MONIKA	164		WARSZAWA	POL	K 40-49	65	K 200	00:41:15	00:57:30	01:05:35.10	01:07:19.60	6:33	9.1

**BIEG PRZEZ MOST 2019, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
772	KRÓLIKOWSKI ARTUR	406		WARSZAWA	POL	M 40-49	212	M 570	00:39:50	00:56:46	01:05:37.25	01:07:39.70	6:33	9.1
773	HALASZ JUSTYNA	242		WARSZAWA	POL	K 1-29	44	K 201	00:43:37	00:58:29	01:05:43.65	01:07:42.55	6:34	9.1
774	BARTECKA-MATUSZEWSKA URSZULA	21		NOWY DWÓR MAZOWIECKI	POL	K 30-39	83	K 202	00:41:10	00:57:23	01:05:45.90	01:06:41.70	6:34	9.1
775	ŻÓŁCIŃSKI WALDEMAR	913	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 60+	26	M 571	00:40:29	00:57:05	01:05:48.35	01:07:38.05	6:34	9.1
776	REJCHERT KAMILA	657		WARSZAWA	POL	K 30-39	84	K 203	00:41:04	00:57:38	01:05:49.45	01:07:32.35	6:35	9.1
777	CZAJKOWSKA KRYSZYNA	120		WARSZAWA	POL	K 30-39	85	K 204	00:40:50	00:57:55	01:05:50.10	01:06:08.35	6:35	9.1
778	PACHOLAK PRZEMYSŁAW	589		WARSZAWA	POL	M 50-59	34	M 572	00:41:01	00:57:38	01:05:50.20	01:07:33.00	6:35	9.1
779	RYDZ ADRIAN	681		PIASECZNO	POL	M 30-39	220	M 573	00:41:39	00:57:55	01:06:03.25	01:07:46.55	6:36	9.1
780	KORNACKA AGNIESZKA	372		NIEPORĘT	POL	K 1-29	45	K 205	00:42:07	00:58:06	01:06:14.40	01:07:39.05	6:37	9.1
781	WARDAK PRZEMYSŁAW	833		WARSZAWA	POL	M 30-39	221	M 574	00:42:31	00:58:30	01:06:22.15	01:07:40.50	6:38	9
782	BABIAK-WARDAK KATARZYNA	11		WARSZAWA	POL	K 30-39	86	K 206	00:42:32	00:58:31	01:06:22.80	01:07:40.70	6:38	9
783	KLIMEK KATARZYNA	352		WARSZAWA	POL	K 30-39	87	K 207	00:41:51	00:58:32	01:06:25.30	01:06:43.95	6:38	9
784	BOJARSKA MARIA	55		WARSZAWA	POL	K 50-59	7	K 208	00:42:11	00:58:31	01:06:28.95	01:06:45.30	6:38	9
785	STAŃCZYK GRZEGORZ	741		ZIELONKA	POL	M 50-59	35	M 575	00:41:34	00:58:18	01:06:30.85	01:08:12.80	6:39	9
786	KUĆ BEATA	423		WARSZAWA	POL	K 40-49	66	K 209	00:41:31	00:58:10	01:06:33.65	01:08:13.60	6:39	9
787	KOVALETS OLENA	387		WARSZAWA	POL	K 1-29	46	K 210	00:42:14	00:59:05	01:06:37.15	01:06:55.55	6:39	9
788	SZŁAPA URSZULA	778	SPOT PSZCZYNA	CZARKÓW	POL	K 30-39	88	K 211	00:41:50	00:58:24	01:06:38.55	01:08:43.25	6:39	9
789	CIEPLAK KASIA	105		WARSZAWA	POL	K 30-39	89	K 212	00:41:49	00:58:28	01:06:38.70	01:08:10.40	6:39	9
790	PRZYBOROWSKI RAFAŁ	640		ŻUROMIN	POL	M 30-39	222	M 576	00:42:37	00:58:34	01:06:39.95	01:07:19.70	6:40	9
791	BOCHENEK SEBASTIAN	50		LEGIONOWO	POL	M 30-39	223	M 577	00:42:09	00:58:05	01:06:43.80	01:08:57.65	6:40	9
792	MATYJASIAK MATEUSZ	511		WARSZAWA	POL	M 1-29	83	M 578	00:42:37	00:59:39	01:06:45.00	01:08:43.60	6:40	9
793	TWARDO KAMIL	820		DĄBROWA CHOTOMOWSKA	POL	M 30-39	224	M 579	00:42:30	00:58:53	01:06:51.30	01:08:47.60	6:41	9
794	KILIŃSKI PIOTR	346		MICHAŁÓW-GRABINA	POL	M 40-49	213	M 580	00:43:08	00:59:14	01:06:51.60	01:08:54.60	6:41	9
795	ŻUCHOWSKI ARTUR	916	MY MIESZKAŃCY LEGIONOWO	LEGIONOWO	POL	M 40-49	214	M 581	00:43:08	00:59:14	01:06:51.90	01:08:54.95	6:41	9
796	SZOSTAKOWSKI JAROSŁAW	1005	BIEGAMY Z OCHOTĄ	WARSZAWA	POL	M 50-59	36	M 582	00:43:33	00:59:13	01:06:59.25	01:09:04.55	6:41	9
797	SADŁOWSKA ALEKSANDRA	688		WARSZAWA	POL	K 1-29	47	K 213	00:43:13	00:59:21	01:07:03.80	01:09:04.05	6:42	8.9
798	JEDYNAK PAWEŁ	291		WARSZAWA	POL	M 30-39	225	M 583	00:42:08	00:59:15	01:07:23.15	01:09:26.15	6:44	8.9
799	STĘPIŃSKA JOANNA	746		WARSZAWA	POL	K 40-49	67	K 214	00:42:34	00:59:00	01:07:25.15	01:09:27.30	6:44	8.9
800	WINDER AGNIESZKA	851		WARSZAWA	POL	K 30-39	90	K 215	00:41:24	00:58:41	01:07:28.65	01:09:16.95	6:44	8.9
801	ZAYATS DARYA	898		WARSZAWA	POL	K 1-29	48	K 216	00:42:17	00:59:13	01:07:31.55	01:08:44.25	6:45	8.9
802	ZAWADZIŃSKA ANNA	895		WARSZAWA	POL	K 30-39	91	K 217	00:43:53	01:00:09	01:07:42.10	01:09:51.80	6:46	8.9
803	SOJA KASIA	728	VEGE RUNNERS	KRAKÓW	POL	K 40-49	68	K 218	00:43:52	01:00:03	01:07:42.45	01:07:42.45	6:46	8.9
804	BOJKO ALEKSANDER	56		WARSZAWA	POL	M 1-29	84	M 584	00:42:40	00:59:40	01:07:52.55	01:09:50.95	6:47	8.8
805	JURECKA JUSTYNA	302		WARSZAWA	POL	K 1-29	49	K 219	00:43:36	01:00:23	01:07:54.15	01:09:50.00	6:47	8.8
806	ŁUCZAK BARTŁOMIEJ	473	KLUB BIEGACZA RTV EURO AGD	JABŁONNA	POL	M 30-39	226	M 585	00:41:46	00:59:28	01:07:59.05	01:09:25.85	6:47	8.8
807	JURECKI MAREK	303		WARSZAWA	POL	M 50-59	37	M 586	00:43:36	01:00:21	01:08:00.55	01:09:55.90	6:48	8.8
808	PANASIUK AGA	596		ZĄBKI	POL	K 40-49	69	K 220	00:42:43	00:59:45	01:08:17.30	01:09:27.60	6:49	8.8
809	JAWORSKA JOANNA	287		WARSZAWA	POL	K 30-39	92	K 221	00:44:41	01:00:27	01:08:17.50	01:10:17.00	6:49	8.8
810	ŁUKASIEWICZ ROBERT	475	KOKOSZKA36TEAM	WARSZAWA	POL	M 40-49	215	M 587	00:43:25	00:59:53	01:08:19.40	01:10:15.05	6:50	8.8
811	BUDAJ-FIDECKA ANNA	81	FIDEPOP	WARSZAWA	POL	K 40-49	70	K 222	00:44:21	01:00:26	01:08:40.10	01:10:13.80	6:52	8.7
812	STAGŁOW MONIKA	737		WARSZAWA	POL	K 1-29	50	K 223	00:43:31	01:00:33	01:08:46.25	01:10:27.70	6:52	8.7
813	WŁODARCZYK MIROSŁAW	861	I LO UKS KOŚCIUSZKO	WŁODAWA	POL	M 40-49	216	M 588	00:43:55	01:00:42	01:08:55.25	01:10:45.75	6:53	8.7
814	IZDEBSKI BARTŁOMIEJ	256		WARSZAWA	GBR	M 30-39	227	M 589	00:42:20	01:00:11	01:08:58.60	01:10:56.00	6:53	8.7
815	KIELAK JACEK	341		TRUSKAW	POL	M 50-59	38	M 590	00:43:43	01:01:07	01:09:17.65	01:09:34.75	6:55	8.7
816	KŁOPOTOWSKA MAŁGORZATA	355		WARSZAWA	POL	K 30-39	93	K 224	00:43:14	01:00:46	01:09:19.75	01:10:04.05	6:56	8.7
817	MALDIS MAREK	486		WARSZAWA	POL	M 60+	27	M 591	00:44:30	01:01:04	01:09:21.40	01:11:19.35	6:56	8.6
818	WRONKA MARIANA	878	ZABIEGANY WOŁOMIN	WOŁOMIN	POL	K 30-39	94	K 225	00:43:47	01:00:51	01:09:24.75	01:09:51.90	6:56	8.6
819	FURMAN DOROTA	179		WARSZAWA	POL	K 30-39	95	K 226	00:44:42	01:01:27	01:09:26.60	01:11:30.50	6:56	8.6
820	GRZANECKA AGNIESZKA	236		WARSZAWA	POL	K 30-39	96	K 227	00:44:32	01:01:06	01:09:34.15	01:11:43.75	6:57	8.6
821	KACZOROWSKA MONIKA	319		ZĄBKI	POL	K 40-49	71	K 228	00:44:33	01:01:22	01:09:34.80	01:11:26.95	6:57	8.6
822	HULANICKI ANDRZEJ	253	GOGGLE TEAM	WARSZAWA	POL	M 60+	28	M 592	00:44:42	01:01:16	01:09:34.95	01:11:33.05	6:57	8.6
823	MROZIK WIOLETTA	545		WARSZAWA	POL	K 30-39	97	K 229	00:44:20	01:01:37	01:09:35.90	01:11:16.75	6:57	8.6
824	ŁOCHINA MARTA	466		WARSZAWA	POL	K 40-49	72	K 230	00:44:35	01:01:33	01:09:36.25	01:11:29.30	6:57	8.6
825	KUREK IZABELA	430	BIEGAM POWOLI	WARSZAWA	POL	K 30-39	98	K 231	00:43:37	01:01:09	01:09:38.55	01:11:29.55	6:57	8.6
826	KUREK JACEK	429	BIEGAMPO WOLI	WARSZAWA	POL	M 40-49	217	M 593	00:43:38	01:01:10	01:09:38.60	01:11:29.35	6:57	8.6
827	NASKRĘT MARIUSZ	555		RACOT	POL	M 40-49	218	M 594	00:45:23	01:01:52	01:10:05.45	01:12:05.45	7:00	8.6
828	SOSNÓWKA MAGDALENA	732		WARSZAWA	POL	K 40-49	73	K 232	00:44:42	01:01:53	01:10:08.00	01:12:07.50	7:00	8.6

**BIEG PRZEZ MOST 2019, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h	
829	JASIŃSKA ALICJA	282		BŁONIE	POL	K 1-29	51	K 233	00:45:54	01:02:49	01:10:26.45	01:12:30.90	7:02	8.5	
830	WIZERT JÓZEF	859		WARSZAWA	POL	M 60+	29	M 595	00:44:29	01:01:34	01:10:49.20	01:13:01.30	7:04	8.5	
831	KAMIŃSKI MICHAŁ	322		MYSIADŁO	POL	M 40-49	219	M 596	00:44:43	01:01:34	01:10:58.90	01:13:00.85	7:05	8.5	
832	KIELISZEK PAWEŁ	343		WARSZAWA	POL	M 30-39	228	M 597	00:45:06	01:02:43	01:11:19.30	01:12:55.75	7:07	8.4	
833	TREMELET SEBASTIEN	814		WARSZAWA	FRA	M 40-49	220	M 598	00:45:41	01:03:09	01:11:24.10	01:13:29.70	7:08	8.4	
834	KOSIERADZKA JOANNA	378		WARSZAWA	POL	K 50-59	8	K 234	00:45:53	01:03:21	01:12:05.20	01:13:52.35	7:12	8.3	
835	KOSIERADZKI PAWEŁ	379	MASTERS DOJO	WARSZAWA	POL	M 50-59	39	M 599	00:45:54	01:03:22	01:12:05.95	01:13:52.35	7:12	8.3	
836	SYROCKI WOJCIECH	984		WARSZAWA	POL	M 40-49	221	M 600	00:47:15	01:04:03	01:12:06.40	01:14:25.00	7:12	8.3	
837	WUJEC BARTŁOMIEJ	879		JÓZEFÓW	POL	M 40-49	222	M 601	00:46:42	01:03:45	01:12:09.95	01:14:11.05	7:13	8.3	
838	JANKOWSKA JOLA	271		WARSZAWA	POL	K 30-39	99	K 235			01:12:11.00	01:12:11.00	7:13	8.3	
839	JANUKOWICZ AGNIESZKA	277		WARSZAWA	POL	K 30-39	100	K 236			01:12:14.00	01:12:14.00	7:13	8.3	
840	BANASIK KATARZYNA	16	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	K 30-39	101	K 237	00:46:24	01:03:57	01:12:27.35	01:13:42.55	7:14	8.3	
841	JURKOWSKA IRENA	305		WARSZAWA	POL	K 60+	6	K 238	00:44:36	01:03:40	01:12:49.15	01:14:45.30	7:16	8.2	
842	ILCZUK TOMASZ	1001	TARCHOŚWIRY	WARSZAWA	POL	M 30-39	229	M 602	00:47:49	01:04:39	01:13:25.00	01:15:39.30	7:20	8.2	
843	CZARNECKI PIOTR	125	TARCHOŚFIRY	WARSZAWA	POL	M 30-39	230	M 603	00:47:54	01:04:43	01:13:28.80	01:15:42.10	7:20	8.2	
844	DĄBROWA WOJCIECH	133		WARSZAWA	POL	M 60+	30	M 604	00:46:12	01:04:53	01:13:43.60	01:15:51.40	7:22	8.1	
845	SOJKA ŁUKASZ	729		WARSZAWA	POL	M 30-39	231	M 605	00:47:20	01:04:51	01:13:52.75	01:16:10.60	7:23	8.1	
846	WÓJTOWICZ AGNIESZKA	877		WARSZAWA	POL	K 40-49	74	K 239	00:47:14	01:04:50	01:13:53.25	01:16:11.55	7:23	8.1	
847	WAWRZONEK KAROLINA	839		STANISŁAWÓW PIERWSZY	POL	K 40-49	75	K 240	00:47:15	01:04:52	01:14:10.55	01:16:29.15	7:25	8.1	
848	HEINE KRZYSZTOF	246		WARSZAWA	POL	M 40-49	223	M 606	00:47:15	01:04:54	01:14:11.45	01:16:29.75	7:25	8.1	
849	BÖGER CAROLIN	51		BERLIN	GER	K 1-29	52	K 241	00:47:02	01:05:12	01:14:12.25	01:16:09.00	7:25	8.1	
850	OGOŃCZYK DONATA	845				K 1-29	53	K 242	00:47:33	01:06:07	01:14:57.25	01:16:57.75	7:29	8	
851	CHEN FENGQIN	88		LESNOWOLA	CHI	K 30-39	102	K 243	00:48:05	01:06:37	01:15:51.60	01:15:59.60	7:35	7.9	
852	KUREK GUSTAW	427		WARSZAWA	POL	M 50-59	40	M 607	00:47:51	01:06:43	01:15:59.00	01:18:10.20	7:35	7.9	
853	ŁOWCZAK JACEK	969	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 30-39	232	M 608	00:49:14	01:08:08	01:17:24.45	01:19:06.60	7:44	7.8	
854	LIS KAMIL	449	GRUPA BIEGOWA UM W-WA	RADWANKÓW SZLACHECKI	POL	M 30-39	233	M 609	00:49:28	01:08:55	01:17:42.60	01:18:22.90	7:46	7.7	
855	METERA ANNA	518		WARSZAWA	POL	K 40-49	76	K 244	00:50:01	01:09:28	01:19:11.40	01:19:48.15	7:55	7.6	
856	DRACZYŃSKA EDYTA	153		WARSZAWA	POL	K 40-49	77	K 245	00:50:00	01:09:28	01:19:12.10	01:19:48.45	7:55	7.6	
857	ZAWADZKA MAGDALENA	896	ZAJĄC	WARSZAWA	POL	K 30-39	103	K 246	00:47:15	01:04:55	01:19:54.30	01:22:11.95	7:59	7.5	
858	GIEDYK PRZEMYSŁAW	198	DELOITTE ADVENTURE TEAM	WARSZAWA	POL	M 30-39	234	M 610	00:50:22	01:10:34	01:19:54.40	01:21:55.30	7:59	7.5	
859	GIEDYK KATARZYNA	197		WARSZAWA	POL	K 30-39	104	K 247	00:50:22	01:10:34	01:19:54.65	01:21:55.40	7:59	7.5	
860	MAREK HENRYK	501	-	WARSZAWA	POL	M 60+	31	M 611	01:20:28		01:22:36.00	01:22:36.00	8:15	7.3	
861	LEWANDOWSKA EVELINA	444	WATAHA - ŁĄCZY NAS BIEGANIE	PIASECZNO	POL	K 30-39	105	K 248			01:22:46.30	01:25:13.20	8:16	7.2	
862	JÓZWIAK DOROTA	299	SLOW JOGGING BIAŁOLEKA	WARSZAWA	POL	K 40-49	78	K 249			01:22:49.10	01:25:15.50	8:16	7.2	
863	KORNACKI SŁAWOMIR	373		NIEPORĘT	POL	M 50-59	41	M 612	00:50:43	01:13:00	01:24:00.80	01:25:25.20	8:24	7.1	
864	SIERPOWSKA-BARTOSIK AGNIESZKA	701	SLOW JOGGING ŁÓDŹ / VEGE RUNNERS	ŁÓDŹ	POL	K 40-49	79	K 250	00:54:31	01:15:48	01:28:08.15	01:30:33.55	8:48	6.8	
865	GRAĆKA KATARZYNA	222		WARSZAWA	POL	K 40-49	80	K 251	00:54:32	01:15:50	01:28:08.80	01:30:33.50	8:48	6.8	
866	WILCZYŃSKA MAŁGORZATA	992		WARSZAWA	POL	K 40-49	81	K 252	00:57:31	01:18:21	01:29:39.75	01:32:07.55	8:58	6.7	
867	RUSIN MICHAŁ	679	KS STASZEWCY	JABŁONNA	POL	M 1-29	85	M 613	00:32:11	00:44:25			4:56	12.2	
868	MŁODZIŃSKA NINA	1013		WARSZAWA	POL	K 1-29	54	K 253	00:51:24				7:47	7.7	
869	RODZOCH DANIEL	964		WARSZAWA	POL	M 30-39	235	M 614							
870	KRAWCZYK MARLENA	401		WARSZAWA	POL	K 30-39	106	K 254							
LIM	SŁADEK KAROL	954		MICHAŁOWICE	POL	M 30-39	LIM	LIM	00:57:34	01:18:28	01:30:04.45	01:32:27.00	0:00	6.7	
LIM	HAJDUK MONIKA	955		ŻYRANDÓW	POL	K 1-29	LIM	LIM	00:55:43	01:03:51	01:30:04.60	01:32:27.20	0:00	6.7	
LIM	SKRZYDŁOWSKA-KALUKIN KATARZYNA	717	SLOW JOGGING BIAŁOLEKA	WARSZAWA	POL	K 50-59	LIM	LIM	00:56:40	01:18:01	01:31:27.10	01:33:59.00	0:00	6.6	
LIM	PILSKA MAGDA	621	SLOW JOGGING WARSZAWA	BIENIEWICE	POL	K 40-49	LIM	LIM	00:56:50	01:19:12	01:31:29.00	01:34:01.10	0:00	6.6	
LIM	BOROWIAK JOLANTA	63	SLOW JOGGING POLSKA	WARSZAWA	POL	K 60+	LIM	LIM	00:56:50	01:19:04	01:31:29.75	01:34:01.80	0:00	6.6	
LIM	ROBASZKIEWICZ ADAM	659		WARSZAWA	POL	M 40-49	LIM	LIM	00:57:17	01:19:59	01:31:30.05	01:34:02.90	0:00	6.6	
LIM	BOROWIAK JACEK	62	SLOW JOGGING POLSKA	WARSZAWA	POL	M 60+	LIM	LIM	00:56:48	01:19:05	01:31:30.45	01:34:01.55	0:00	6.6	
LIM	SYC ALICJA	768	SLOW JOGGING BIAŁOLEKA	WARSZAWA	POL	K 50-59	LIM	LIM	00:56:43	01:18:04	01:31:31.25	01:33:59.80	0:00	6.6	
LIM	BAUER JACEK	26	SLOW JOGGING ŁÓDŹ	ŁÓDŹ	POL	M 60+	LIM	LIM	00:57:33	01:19:59	01:31:33.05	01:34:05.25	0:00	6.6	
LIM	BORZUCHOWSKA MONIKA	70	SLOW JOGGING ŁÓDŹ	ŁÓDŹ	POL	K 40-49	LIM	LIM	00:56:52	01:19:11	01:31:33.60	01:33:59.75	0:00	6.6	
LIM	ZAWADA KATARZYNA	894		WARSZAWA	POL	K 40-49	LIM	LIM	00:56:54	01:18:08	01:31:33.65	01:34:00.55	0:00	6.6	
LIM	KOWALCZYK-CHRZUSZCZ KASIA	390	SLOW JOGGING ŁÓDŹ	ŁÓDŹ	POL	K 50-59	LIM	LIM	00:56:51	01:19:18	01:31:33.80	01:33:58.70	0:00	6.6	
LIM	CIEŚLAK PAWEŁ	112	SLOW JOGGING BIAŁOLEKA	WARSZAWA	POL	M 50-59	LIM	LIM	00:56:55	01:18:03	01:31:34.15	01:34:03.30	0:00	6.6	
LIM	SZTAJNIC JERZY	782		ŁÓDŹ	POL	M 60+	LIM	LIM	00:56:54	01:19:17	01:31:34.15	01:33:59.20	0:00	6.6	



**BIEG PRZEZ MOST 2019, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
LIM	KAMIŃSKI WALDEMAR	323	SLOW JOGGING BIAŁOŁĘKA	WARSZAWA	POL	M 50-59	LIM	LIM	00:57:38	01:20:04	01:31:37.60	01:34:05.00	0:00	6.5

**BIEG PRZEZ MOST 2019, K Open**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
1	ŁAPIŃSKA ANNA	459	KS WARSZAWIANKA/ADRUNALINE	WARSZAWA	POL	K 30-39	1	K 1	00:23:39	00:32:35	00:37:08.35	00:37:11.00	3:42	16.2
2	PARSZCZYŃSKA IZABELA	598	TEAM PARSZCZYŃSKICH	WARSZAWA	POL	K 30-39	2	K 2	00:24:21	00:33:36	00:38:11.50	00:38:13.00	3:49	15.7
3	GRZEGORCZYK NATALIA	995	WANDA PANFIL TEAM / AZS AWF WARSZAWA	KRAŚNICA	POL	K 1-29	1	K 3	00:25:12	00:34:54	00:39:39.50	00:39:42.00	3:58	15.1
4	KOSTRZEWSKA JUSTYNA	383	ADIDAS RUNNERS WARSAW	ŁOMIANKI DOLNE	POL	K 30-39	3	K 4	00:25:59	00:35:29	00:40:23.35	00:40:29.70	4:02	14.9
5	HASS-KALITA JOANNA	245	WARSAW MASTERS TEAM	KOBYŁKA	POL	K 40-49	1	K 5	00:27:11	00:37:13	00:42:00.80	00:42:05.60	4:12	14.3
6	WESOŁOWSKA KATARZYNA	844	NAPRZÓD MŁOCINY	WARSZAWA	POL	K 40-49	2	K 6	00:27:37	00:37:44	00:42:46.40	00:42:55.50	4:16	14
7	ŻURANIEWSKA AGNIESZKA	918	NUDNE PIĄTKI	WARSZAWA	POL	K 40-49	3	K 7	00:27:37	00:38:02	00:43:08.85	00:43:23.75	4:18	13.9
8	ZIMOWICZ MAGDALENA	936	DUKLANOWSKI TEAM	WARSZAWA	POL	K 30-39	4	K 8	00:28:18	00:38:24	00:43:18.30	00:43:30.15	4:19	13.9
9	PACIOREK EWA	590	MARKOWI BIEGACZE	MARKI	POL	K 30-39	5	K 9	00:28:16	00:38:51	00:44:08.00	00:44:22.30	4:24	13.6
10	SŁAWIŃSKA EWA	719		WARSZAWA	POL	K 1-29	3	K 10	00:28:52	00:39:29	00:44:45.70	00:44:55.30	4:28	13.4
11	RADKOWSKA MAŁGORZATA	653	DZIOBAKI I NOSIAKI/SŁODKIE PĄCZKI	WARSZAWA	POL	K 30-39	6	K 11	00:28:44	00:39:24	00:44:38.50	00:44:58.20	4:27	13.4
12	SZUBA MARTYNA	784	TEAM PARSZCZYŃSKICH	MIŃSK MAZOWIECKI	POL	K 1-29	2	K 12	00:28:12	00:39:12	00:44:38.75	00:44:58.55	4:27	13.4
13	WINKOWSKA-STRUZIK MAGDALENA	853	DUKLANOWSKI TEAM / ADIDAS RUNNERS WARSAW	WARSZAWA	POL	K 30-39	7	K 13	00:29:01	00:39:42	00:44:55.10	00:45:25.70	4:29	13.4
14	KUCZYŃSKA MAGDALENA	422		WARSZAWA	POL	K 30-39	8	K 14	00:29:15	00:40:03	00:45:19.05	00:45:39.15	4:31	13.2
15	CZAJKOWSKA DOROTA	119		MYSIADŁO	POL	K 40-49	4	K 15	00:29:15	00:39:55	00:45:10.70	00:45:40.40	4:31	13.3
16	NOWAK ANNA	569		WARSZAWA	POL	K 30-39	9	K 16	00:29:11	00:40:22	00:45:56.05	00:46:18.35	4:35	13.1
17	ROGÓŻ ELŻBIETA	947	PRORUNNING PROMOTION	WARSZAWA	POL	K 40-49	6	K 17	00:29:25	00:40:23	00:45:51.85	00:46:22.75	4:35	13.1
18	SZYMBORSKA MONIKA	788	TEAM ZABIEGANIE DNI	WARSZAWA	POL	K 40-49	5	K 18	00:29:27	00:40:28	00:45:48.75	00:46:29.95	4:34	13.1
19	OCHNIK-KALINOWSKA JUSTYNA	573		WARSZAWA	POL	K 40-49	7	K 19	00:29:51	00:41:20	00:46:53.30	00:47:22.30	4:41	12.8
20	STOLARCZYK GOSIA	748	LS WORLD RUN	WARSZAWA	POL	K 40-49	8	K 20	00:29:54	00:41:23	00:47:08.15	00:47:33.25	4:42	12.7
21	MICHALAK MONIKA	521		RAJSZEW	POL	K 30-39	10	K 21	00:30:15	00:41:30	00:47:03.60	00:47:34.80	4:42	12.8
22	BOGUMIŁ IZABELA	54		LEGIONOWO	POL	K 40-49	9	K 22	00:30:42	00:41:50	00:47:23.10	00:47:38.10	4:44	12.7
23	KĄDZIOŁKA BEATA	337	FMW RUNNERS	STAŁOWA WOLA	POL	K 30-39	12	K 23	00:30:25	00:41:34	00:47:13.10	00:47:53.00	4:43	12.7
24	GADOMSKA ANNA	181	PZU SPORT TEAM	WARSZAWA	POL	K 30-39	11	K 24	00:30:31	00:41:41	00:47:12.35	00:47:58.30	4:43	12.7
25	KUBICA EWA	420		WARSZAWA	POL	K 30-39	13	K 25	00:30:40	00:41:55	00:47:35.45	00:48:20.75	4:45	12.6
26	BORYSOWSKA MONIKA	69		SZCZECIN	POL	K 40-49	10	K 26	00:30:31	00:42:05	00:47:48.60	00:48:32.45	4:46	12.5
27	RZYMOWSKA KRYSZYNA	687		WARSZAWA	POL	K 50-59	1	K 27	00:31:09	00:42:39	00:48:21.40	00:49:07.70	4:50	12.4
28	BURZYŃSKA MAGDALENA	85		WARSZAWA	POL	K 30-39	15	K 28	00:30:52	00:42:47	00:48:40.95	00:49:09.15	4:52	12.3
29	GAŚSIOROWSKA ALICJA	194	ŻÓRAWSKITEAM	WARSZAWA	POL	K 40-49	11	K 29	00:31:16	00:43:06	00:48:33.40	00:49:12.00	4:51	12.4
30	JAGNIESZCZAK ZUZANNA	264	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	K 30-39	14	K 30	00:31:05	00:42:46	00:48:40.20	00:49:13.75	4:52	12.3
31	KOWERDA SYLWIA	395		WARSZAWA	POL	K 1-29	4	K 31	00:30:53	00:42:59	00:48:57.55	00:49:19.10	4:53	12.3
32	RUDY IWONA	676		WARSZAWA	POL	K 30-39	16	K 32	00:30:45	00:42:52	00:48:55.80	00:49:33.35	4:53	12.3
33	OLÓW KAMILA	581		GOŁDAP	POL	K 1-29	5	K 33	00:31:30	00:43:31	00:49:27.95	00:49:45.05	4:56	12.1
34	SEKŚCIŃSKA MAGDA	696	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	K 30-39	18	K 34	00:31:46	00:43:33	00:49:14.65	00:49:46.50	4:55	12.2
35	KORONA-SIERADZKA BOGUSŁAWA	375		WARSAW	POL	K 30-39	17	K 35	00:32:11	00:43:37	00:49:12.40	00:50:00.20	4:55	12.2
36	BE CZAK NATALIA	29		WARSZAWA	POL	K 30-39	19	K 36	00:32:15	00:44:01	00:49:40.00	00:50:20.45	4:58	12.1
37	KRUK EDYTA	407	GRUPA BIEGOWA UM W-WA	CHOTOMÓW	POL	K 40-49	12	K 37	00:31:41	00:43:47	00:49:44.90	00:50:32.30	4:58	12.1
38	ŻEBROWSKA ANNA	930		WARSZAWA	POL	K 30-39	20	K 38	00:32:05	00:43:51	00:49:50.90	00:50:50.95	4:59	12
39	TULA RENATA	817	MYKMYK	WARSZAWA	POL	K 60+	1	K 39	00:32:32	00:44:30	00:50:24.05	00:51:10.80	5:02	11.9
40	SEK ZOFIA	698		WARSZAWA	POL	K 40-49	13	K 40	00:33:01	00:44:40	00:50:33.50	00:51:16.90	5:03	11.9
41	KICZINSKA IZABELA	340	BRODNICA BIEGA	BRODNICA	POL	K 30-39	23	K 41	00:32:33	00:45:04	00:51:16.10	00:51:26.60	5:07	11.7
42	MALMON OLIWIA	489	KONDYCJA	WARSZAWA	POL	K 1-29	6	K 42	00:36:01	00:44:53	00:51:41.30	00:51:44.90	5:10	11.6
43	JAROS HONORATA	280		WARSZAWA	POL	K 40-49	14	K 43	00:32:18	00:44:50	00:50:57.70	00:51:53.50	5:05	11.8
44	KWIATKOWSKA ILONA	434	KB WYSZKÓW	WYSZKÓW	POL	K 30-39	22	K 44	00:32:48	00:44:59	00:51:15.10	00:52:03.35	5:07	11.7
45	KWIATKOWSKA KATARZYNA	432		MARKI	POL	K 30-39	21	K 45	00:32:38	00:44:57	00:51:01.65	00:52:04.90	5:06	11.8
46	TEJCHMA NATALIA	805	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	K 40-49	15	K 46	00:33:37	00:45:22	00:51:18.35	00:52:19.95	5:07	11.7
47	BUCHALSKA EWA	78	EKOBIEGI	WARSZAWA	POL	K 40-49	16	K 47	00:32:48	00:45:20	00:51:40.10	00:52:26.35	5:10	11.6
48	CHOSZCZ DOMINIKA	97		WARSZAWA	POL	K 1-29	7	K 48	00:32:31	00:45:50	00:51:47.15	00:52:36.40	5:10	11.6
49	SCHINDLER ŻANETA	695		WARSZAWA	POL	K 40-49	18	K 49	00:33:39	00:46:01	00:52:13.35	00:52:56.00	5:13	11.5

**BIEG PRZEZ MOST 2019, K Open c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
50	KRUPIŃSKA WIOLA	409	TRUCHT TEAM TARCHOMIN	WARSZAWA	POL	K 1-29	9	K 50	00:34:08	00:46:50	00:52:51.55	00:53:07.10	5:17	11.3
51	KOSTRZEWA ELWIRA	382	PZU SPORT TEAM	WARSZAWA	POL	K 40-49	17	K 50	00:33:33		00:52:04.05	00:53:12.80	5:12	11.5
52	MISZCZAK PAULINA	536		WARSZAWA	POL	K 1-29	8	K 51	00:34:07	00:46:28	00:52:28.55	00:53:28.70	5:14	11.4
53	WAGNER JOLANTA	829		WARSZAWA	POL	K 50-59	2	K 52	00:33:49	00:46:14	00:52:30.30	00:53:58.10	5:15	11.4
54	CHRZANOWSKA AGATA	101	CHRZANOWSKITEAM	WARSZAWA	POL	K 30-39	24	K 53	00:33:39	00:46:22	00:52:36.60	00:53:53.20	5:15	11.4
55	BOGŁOWSKA URSZULA	52		WARSZAWA	POL	K 30-39	25	K 54	00:33:37	00:46:38	00:52:47.85	00:54:06.25	5:16	11.4
56	STAŃCZAK IWONA	740	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	K 40-49	19	K 55	00:34:07	00:46:58	00:52:54.95	00:53:53.60	5:17	11.3
57	CHOTOMSKA DOROTA	98		LEGIONOWO	POL	K 1-29	10	K 56	00:33:31	00:46:43	00:53:22.35	00:53:29.90	5:20	11.2
58	KRUSZEWSKA DOMINIKA	411		WARSZAWA	POL	K 30-39	26	K 57	00:34:23	00:47:12	00:53:23.90	00:54:56.20	5:20	11.2
59	GRABARCZYK ILONA	218		LESZNO	POL	K 30-39	27	K 58	00:34:30	00:47:21	00:53:32.80	00:54:10.25	5:21	11.2
60	JANKOWSKA WIOLA	270		WARSZAWA	POL	K 30-39	28	K 59	00:34:37	00:47:21	00:53:37.00	00:54:44.20	5:21	11.2
61	ZAWIŚLAK JOLA	897		WARSZAWA	POL	K 40-49	20	K 60	00:34:39	00:47:33	00:53:47.40	00:54:54.70	5:22	11.2
62	MRUK JOANNA	548		GÓRA KALWARIA	POL	K 1-29	11	K 61	00:35:31	00:48:13	00:53:54.50	00:54:39.40	5:23	11.1
63	PALUCH ANNA	592		WARSZAWA	POL	K 40-49	21	K 62	00:34:58	00:47:35	00:53:55.00	00:54:43.85	5:23	11.1
64	ŁAZAREWICZ KATARZYNA	460		WARSZAWA	POL	K 1-29	12	K 63	00:33:49	00:47:26	00:54:00.35	00:54:54.75	5:24	11.1
65	ŚWIDERSKA JOANNA	795		WARSZAWA	POL	K 30-39	29	K 64	00:34:48	00:47:43	00:54:03.50	00:55:07.70	5:24	11.1
66	JONIK JUSTYNA	296	AZS WAT	WARSZAWA	POL	K 1-29	13	K 65	00:34:26	00:47:53	00:54:09.25	00:54:14.80	5:24	11.1
67	KONOPKA JUSTYNA	366	RUN 4FUN	WARSZAWA	POL	K 1-29	14	K 66	00:34:41	00:47:51	00:54:11.70	00:54:48.50	5:25	11.1
68	ZARĘBA-TREMELET KATARZYNA	890		WARSZAWA	POL	K 30-39	30	K 67	00:35:01	00:48:00	00:54:19.20	00:55:21.95	5:25	11
69	KOMARNITSKAYA NATALIA	361		WARSZAWA	POL	K 30-39	31	K 68	00:34:33	00:47:46	00:54:21.25	00:55:33.35	5:26	11
70	SKIBIŃSKA MAŁGORZATA	713		WARSZAWA	POL	K 40-49	22	K 69	00:35:58	00:48:17	00:54:22.85	00:56:16.00	5:26	11
71	JANKOWSKA BOŻENA	272		WARSZAWA	POL	K 30-39	32	K 70	00:34:32	00:47:52	00:54:25.40	00:55:17.00	5:26	11
72	KWAPISZ-CICHOWSKA KATARZYNA	431	DĄBROWSKI TEAM	OSTROŁĘKA	POL	K 40-49	23	K 71	00:35:10	00:47:59	00:54:28.00	00:55:27.15	5:26	11
73	NIEDZIÓŁKA MAŁGORZATA	939	TO NATURALNE	WARSZAWA	POL	K 50-59	3	K 72	00:35:03	00:48:14	00:54:32.00	00:54:51.20	5:27	11
74	JAWORSKA KATARZYNA	286		WARSZAWA	POL	K 40-49	24	K 73	00:35:03	00:47:52	00:54:35.50	00:55:37.35	5:27	11
75	GZUŁA AGNIESZKA KAROLINA	240	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	K 1-29	15	K 74	00:34:30	00:47:42	00:54:42.00	00:55:16.10	5:28	11
76	HULANICKA IRINA	252	GOGGLE TEAM	WARSZAWA	POL	K 60+	2	K 75	00:35:06	00:47:38	00:54:43.00	00:55:45.20	5:28	11
77	ŚWIĆ MAŁGORZATA	794	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	K 40-49	25	K 76	00:34:37	00:48:07	00:54:56.25	00:55:44.80	5:29	10.9
78	BYELKINA KATERYNA	970	ANPHARM RUN TEAM	WARSZAWA	POL	K 1-29	16	K 77	00:35:24	00:48:46	00:55:02.75	00:57:14.05	5:30	10.9
79	KAZMIERSKA ANNA	335		WOŁOMIN	POL	K 30-39	33	K 78	00:35:33	00:48:38	00:55:05.90	00:56:26.25	5:30	10.9
80	OŚIŃSKA SYLWIA	587		WARSZAWA	POL	K 40-49	26	K 79	00:34:59	00:48:35	00:55:13.25	00:55:24.20	5:31	10.9
81	WASILUK KLAUDIA	838	DRUŻYNA SZPIKU	WARSZAWA	POL	K 1-29	17	K 80	00:36:47	00:49:16	00:55:13.70	00:56:38.80	5:31	10.9
82	MAJEWSKA HANNA	482	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	K 30-39	34	K 81	00:35:06	00:48:50	00:55:26.35	00:56:23.55	5:32	10.8
83	CIMOCHOWSKA MAGDALENA	113	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	K 40-49	27	K 82	00:35:24	00:48:50	00:55:27.25	00:56:37.60	5:32	10.8
84	BECZAK NATALIA	30		WARSZAWA	POL	K 30-39	35	K 83			00:55:33.00	00:55:33.00	5:33	10.8
85	KACPRZAK-KLEJNA AGNIESZKA	311		WARSZAWA	POL	K 40-49	28	K 84	00:36:29	00:49:29	00:55:36.50	00:57:01.15	5:33	10.8
86	POGORZELSKA ANNA	627		WARSZAWA	POL	K 30-39	36	K 85	00:35:06	00:48:42	00:55:36.95	00:56:34.80	5:33	10.8
87	GROCHOWSKA JOANNA	225	BIEGAMY Z OCHOTĄ	WARSZAWA	POL	K 50-59	4	K 86	00:35:28	00:49:07	00:55:42.55	00:57:47.45	5:34	10.8
88	ROGALSKA MAGDA	663	WKURWTEAM	WARSZAWA	POL	K 30-39	37	K 87	00:34:50	00:48:57	00:55:45.65	00:56:47.65	5:34	10.8
89	OWCZAREK BEATA	588	GO SPORT RUNNERS	WARSZAWA	POL	K 1-29	18	K 88	00:35:37	00:49:15	00:55:49.25	00:56:57.15	5:35	10.7
90	DRÓZD SANDRA	998		MARCELÓW	POL	K 1-29	19	K 89	00:35:58	00:49:30	00:55:57.60	00:57:35.70	5:35	10.7
91	MAĆKOWIAK WERONIKA	480		WARSZAWA	POL	K 1-29	20	K 90	00:35:56	00:49:39	00:56:06.00	00:58:00.70	5:36	10.7
92	CIBORSKA AGNIESZKA	934	NAPRZÓD MŁOCINY	WARSZAWA	POL	K 40-49	29	K 91	00:35:40	00:49:26	00:56:10.70	00:56:57.30	5:37	10.7
93	JAKUBISIAK RENATA	265	AEGONRUN	WARSZAWA	POL	K 30-39	38	K 92	00:37:34	00:50:05	00:56:23.40	00:57:46.20	5:38	10.6
94	CHMIELEWSKA IZABELA	92	REEBOK RUN CREW/MINISTERSTWO ŚRODOWISKA	WARSZAWA	POL	K 30-39	39	K 93	00:36:02	00:49:42	00:56:25.95	00:57:13.65	5:38	10.6
95	ŁOZOSWKA ANETA	229	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	K 40-49	30	K 94	00:36:08	00:49:51	00:56:31.30	00:57:36.45	5:39	10.6
96	KACZMAREK KATARZYNA	316		WARSZAWA	POL	K 30-39	40	K 95	00:35:57	00:49:49	00:56:33.35	00:57:36.40	5:39	10.6
97	MUZINSKA MARTA	552		WARSZAWA	POL	K 30-39	41	K 96	00:35:44	00:49:47	00:56:33.45	00:58:09.10	5:39	10.6
98	FLOREK MAŁGORZATA	174		WARSZAWA	POL	K 30-39	42	K 97	00:35:54	00:50:07	00:56:40.30	00:58:15.70	5:40	10.6
99	JAŚTAK NATALIA	958		WARSZAWA	POL	K 1-29	21	K 98	00:36:59	00:48:20	00:56:40.60	00:57:48.45	5:40	10.6
100	SOCHACKA KAROLINA	727		WARSZAWA	POL	K 1-29	22	K 99	00:36:21	00:50:07	00:56:45.85	00:57:48.60	5:40	10.6
101	LISZEWSKA ANNA	451	RUN TEAM NASIELSK	WARSZAWA	POL	K 40-49	31	K 100	00:36:08	00:49:51	00:56:46.55	00:57:21.25	5:40	10.6
102	DĄBROWSKA MAGDALENA	135	RUN4FUN	WARSZAWA	POL	K 40-49	32	K 101	00:36:23	00:50:02	00:57:02.85	00:57:40.85	5:42	10.5
103	SIGAL BOGDANA	706		WARSZAWA	POL	K 1-29	23	K 102	00:36:28	00:50:22	00:57:14.00	00:58:15.40	5:43	10.5
104	CZACH NATALIA	118	WARSZAWSKI KLUB ROGATEGO MORSIA	WARSZAWA	POL	K 30-39	43	K 103	00:37:27	00:50:42	00:57:14.90	00:59:10.10	5:43	10.5

**BIEG PRZEZ MOST 2019, K Open c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
105	LEGAT DOROTA	439		MIŃSK MAZOWIECKI	POL	K 1-29	24	K 104	00:36:56	00:50:54	00:57:21.80	00:58:23.80	5:44	10.5
106	KOWALSKA PAULINA	391		WARSZAWA	POL	K 1-29	25	K 105	00:36:49	00:50:41	00:57:30.15	00:58:55.75	5:45	10.4
107	BRODAWKA OLGA	71		WARSZAWA	POL	K 30-39	44	K 106	00:36:37	00:50:43	00:57:49.85	00:58:49.30	5:47	10.4
108	FILIPIAK OLGA	171		WARSZAWA	POL	K 1-29	26	K 107	00:36:58	00:51:07	00:57:55.50	00:59:08.55	5:47	10.4
109	GAJ-SWIEZACZYŃSKA JOANNA	187		KOMORÓW	POL	K 30-39	45	K 108	00:38:09	00:51:24	00:58:01.30	00:59:49.20	5:48	10.3
110	KOPCINSKA KATARZYNA	367		WARSZAWA	POL	K 40-49	33	K 109	00:37:30	00:51:23	00:58:05.20	00:58:41.05	5:48	10.3
111	SKOWROŃSKA EWA	716		JEDLIŃSK	POL	K 40-49	34	K 110	00:37:39	00:51:23	00:58:05.40	00:58:14.55	5:48	10.3
112	WOJCIECHOWSKA EWA	867	EKOBIEGI	WARSZAWA	POL	K 40-49	35	K 111	00:37:33	00:51:22	00:58:05.75	00:59:47.60	5:48	10.3
113	PASKA SYLWIA	602		OTWOCK	POL	K 1-29	27	K 112	00:36:34	00:51:01	00:58:09.50	00:58:27.30	5:49	10.3
114	ROCKA GOSIA	660		WARSZAWA	POL	K 40-49	36	K 113	00:37:27	00:51:25	00:58:10.70	00:59:41.00	5:49	10.3
115	HOŁOPIAK EWA	251	REEBOK RUN CREW	WARSZAWA	POL	K 50-59	5	K 114	00:37:37	00:51:23	00:58:11.20	00:59:28.50	5:49	10.3
116	DESKA KAROLINA	144	WWW.LESZEKBIEGA.PL	NOWA IWICZNA	POL	K 40-49	37	K 115	00:36:52	00:51:09	00:58:11.60	00:59:19.45	5:49	10.3
117	KRAWCZYK KATARZYNA	400		WARSZAWA	POL	K 1-29	28	K 116	00:37:23	00:51:08	00:58:14.75	00:59:15.65	5:49	10.3
118	LEWANDOWSKA AGNIESZKA	445		LEGIONOWO	POL	K 30-39	46	K 117	00:37:25	00:51:16	00:58:17.45	00:59:02.45	5:49	10.3
119	GORCZYCA JOANNA	213		WARSZAWA	POL	K 1-29	29	K 118	00:36:49	00:51:09	00:58:26.20	00:59:58.00	5:50	10.3
120	PRZYBYŚLAWSKA-PRASKA ILONA	642		WARSZAWA	POL	K 30-39	47	K 119	00:37:16	00:51:21	00:58:31.30	00:59:37.70	5:51	10.3
121	CIEPIENIAK ANIA	104		WARSZAWA	POL	K 40-49	38	K 120	00:36:44	00:51:19	00:58:32.10	00:58:42.90	5:51	10.3
122	RURKA ANNA	965		WARSZAWA	POL	K 40-49	39	K 121	00:37:47	00:51:40	00:58:46.80	00:59:48.50	5:52	10.2
123	DEMBOWSKA MAŁGORZATA	140		CIECHANÓW	POL	K 1-29	30	K 122	00:37:02	00:51:43	00:58:52.30	01:00:28.25	5:53	10.2
124	ZIARKOWSKA AGNIESZKA	903		WARSZAWA	POL	K 1-29	31	K 123	00:38:29	00:52:28	00:59:01.15	01:00:44.05	5:54	10.2
125	JACHOWSKA ALDONA	259		WARSZAWA	POL	K 40-49	40	K 124	00:37:07	00:51:56	00:59:06.70	01:00:16.75	5:54	10.2
126	GRYCZKA-CIOŁEK MONIKA	232		WARSZAWA	POL	K 30-39	48	K 125	00:37:44	00:52:03	00:59:07.00	00:59:25.70	5:54	10.1
127	LODOWSKA ILONA	454		JABŁONNA	POL	K 30-39	49	K 126	00:38:18	00:52:15	00:59:07.40	01:00:00.55	5:54	10.1
128	GŁÓWKA MAŁGORZATA	971	ANPHARM RUN TEAM	MARKI	POL	K 40-49	41	K 127	00:37:52	00:52:14	00:59:09.45	00:59:33.65	5:54	10.1
129	SIKORA ZUZANNA	707	PZU SPORT TEAM	WARSZAWA	POL	K 40-49	42	K 128	00:36:40	00:51:42	00:59:09.70	01:00:18.65	5:55	10.1
130	POLAŃSKA AGNIESZKA	630		WARSZAWA	POL	K 30-39	50	K 129	00:37:44	00:52:16	00:59:12.40	01:00:11.05	5:55	10.1
131	PASEK DOROTA	601		WARSZAWA	POL	K 30-39	51	K 130	00:39:12	00:52:31	00:59:12.40	01:00:58.60	5:55	10.1
132	MIKULSKA AGNIESZKA	529		ŁÓDŹ	POL	K 40-49	43	K 131	00:38:34	00:52:30	00:59:15.70	01:00:59.10	5:55	10.1
133	GURMIŃSKA KATARZYNA	238		WARSZAWA	POL	K 1-29	32	K 132	00:38:26	00:52:30	00:59:16.70	01:01:00.90	5:55	10.1
134	GIERS KLAUDIA	200		WARSZAWA	POL	K 1-29	33	K 133	00:38:03	00:52:46	00:59:20.55	00:59:49.55	5:56	10.1
135	WALCZAK ANNA	830	TURBODZIKI	WARSZAWA	POL	K 40-49	44	K 134	00:38:27	00:52:36	00:59:20.80	01:00:58.00	5:56	10.1
136	KRZANOWSKA MAŁGORZATA	415		WARSZAWA	POL	K 50-59	6	K 135	00:38:22	00:52:24	00:59:24.75	01:01:13.25	5:56	10.1
137	PYRAK JOANNA	650	AEGONRUN	WARSZAWA	POL	K 30-39	52	K 136	00:37:59	00:52:10	00:59:25.95	01:00:48.85	5:56	10.1
138	BERNARDELLI KATARZYNA	35		WARSZAWA	POL	K 1-29	34	K 137	00:37:59	00:52:31	00:59:28.15	00:59:54.55	5:56	10.1
139	SZTYGOWSKA ANNA	1012				K 30-39	53	K 138	00:37:57	00:52:36	00:59:31.05	01:00:28.65	5:57	10.1
140	DAMPC NATALIA	131		WARSZAWA	POL	K 30-39	54	K 139	00:37:34	00:52:47	00:59:31.20	01:00:56.65	5:57	10.1
141	KORZENIOWSKA- SOBCZUK ANNA	377	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	K 40-49	45	K 140	00:38:21	00:52:26	00:59:37.05	01:01:19.10	5:57	10.1
142	GONET KATARZYNA	211		WARSZAWA	POL	K 40-49	46	K 141	00:38:08	00:52:46	00:59:44.50	01:00:51.10	5:58	10
143	KACZAN JOANNA	315		WARSZAWA (BIAŁOŁĘKA)	POL	K 30-39	55	K 142	00:38:25	00:52:37	00:59:47.75	01:01:23.75	5:58	10
144	BESSARABA JAGODA	37		WARSZAWA	POL	K 1-29	35	K 143	00:37:01	00:52:10	00:59:49.10	01:00:52.80	5:58	10
145	SWIETLIK MAGDALENA	767		WARSZAWA	POL	K 30-39	56	K 144	00:37:52	00:52:42	00:59:51.85	01:00:56.80	5:59	10
146	BULIK BOŻENA	82	PARTNER	WARSZAWA	POL	K 30-39	57	K 145	00:38:37	00:52:46	00:59:53.40	01:01:21.85	5:59	10
147	HNIDZIUK MAGDALENA	250		WARSZAWA	POL	K 40-49	47	K 146	00:38:21	00:52:45	01:00:03.00	01:01:32.55	6:00	10
148	MYŚLIŃSKA ANNA	1111	BIAŁOŁĘKA JEST KOBIECĄ	WARSZAWA	POL	K 40-49	48	K 147	00:38:29	00:52:35	01:00:05.80	01:01:46.80	6:00	10
149	LELENIEWSKA ANNA	440		WARSZAWA	POL	K 1-29	36	K 148	00:38:12	00:53:10	01:00:07.40	01:01:43.25	6:00	10
150	SIESS MAŁGORZATA	705	UKS AZYMUT PABIANICE	WARSZAWA	POL	K 1-29	37	K 149	00:38:48	00:53:12	01:00:09.45	01:01:27.05	6:01	10
151	KRAKOWIAK SYLWIA	399		WARSZAWA	POL	K 40-49	49	K 150	00:38:38	00:53:26	01:00:27.00	01:01:11.50	6:02	9.9
152	BRONICKA ELA	72	VEGE RUNNERS	WARSZAWA	POL	K 30-39	58	K 151	00:38:28	00:53:17	01:00:42.15	01:02:24.70	6:04	9.9
153	MUCHA KAMILA	550	BIEGAM NA TARCHOMINIE	KONIN	POL	K 40-49	50	K 152	00:38:55	00:53:37	01:00:49.30	01:02:29.70	6:04	9.9
154	HÄNCHEN ELISABETH	243		WARSZAWA	POL	K 30-39	59	K 153	00:38:49	00:53:55	01:00:52.45	01:02:49.40	6:05	9.9
155	ŁUCZAK MAŁGORZATA	472	RUNNERSI ZE SKARBKA	WARSZAWA	POL	K 40-49	51	K 154	00:38:28	00:53:36	01:00:53.40	01:01:30.70	6:05	9.9
156	NOWAK MAGDALENA	564	AEGONRUN	WARSZAWA	POL	K 30-39	60	K 155	00:39:25	00:53:54	01:01:21.05	01:02:43.75	6:08	9.8
157	STRACHOCKA ANNA	749	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	K 60+	3	K 156	00:39:55	00:54:12	01:01:25.35	01:03:38.60	6:08	9.8
158	SOBIESKA ALEKSANDRA	725		WARSZAWA	POL	K 40-49	52	K 157	00:39:37	00:54:08	01:01:26.40	01:03:19.85	6:08	9.8
159	KOŚNIK ALICJA	386		WARSZAWA	POL	K 1-29	38	K 158	00:39:21	00:54:15	01:01:29.80	01:03:22.30	6:09	9.8
160	STAŃCZYK ZOFIA	742		ZIELONKA	POL	K 1-29	39	K 159	00:38:31	00:53:35	01:01:31.10	01:03:12.90	6:09	9.8
161	ŁĄCKA ILONA	461	BIAŁOŁĘKA JEST KOBIECĄ	WARSZAWA	POL	K 40-49	53	K 160	00:39:02	00:53:59	01:01:32.05	01:03:12.40	6:09	9.8

**BIEG PRZEZ MOST 2019, K Open c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
162	BRZÓZKA MAGDA	76		WARSZAWA	POL	K 30-39	61	K 161	00:39:38	00:54:27	01:01:38.50	01:03:28.50	6:09	9.7
163	NOWAK KASIA	567		WARSZAWA	POL	K 30-39	62	K 162	00:39:39	00:54:29	01:01:38.80	01:03:28.60	6:09	9.7
164	SAL KINGA	690		WARSZAWA	POL	K 30-39	63	K 163	00:38:57	00:54:23	01:01:41.30	01:03:42.75	6:10	9.7
165	ADAMOWSKA BARBARA	2	MINISTERSTWO FINANSÓW	WARSZAWA	POL	K 40-49	54	K 164	00:38:58	00:54:08	01:01:42.30	01:02:45.10	6:10	9.7
166	MORAWSKA ANNA	542		WARSZAWA	POL	K 60+	4	K 165	00:40:08	00:54:40	01:01:46.35	01:02:47.45	6:10	9.7
167	ZOUABI DOROTA	907		WARSZAWA	POL	K 40-49	55	K 166	00:38:57	00:54:10	01:01:48.50	01:02:25.75	6:10	9.7
168	SIKORSKA AGNIESZKA	928		WARSZAWA	POL	K 30-39	64	K 167	00:40:03	00:54:42	01:01:49.35	01:03:40.65	6:10	9.7
169	DĄBROWSKA BEATA	134		JABŁONNA	POL	K 30-39	65	K 168	00:39:22	00:54:42	01:01:49.65	01:02:42.55	6:11	9.7
170	KARŁOWICZ ANNA	331	PARTIA WOLNYCH BIEGACZY	WARSZAWA	POL	K 60+	5	K 169	00:39:28	00:54:32	01:01:57.10	01:03:44.20	6:11	9.7
171	MIKITIUK KATARZYNA	527		MARKI	POL	K 40-49	56	K 170	00:38:43	00:54:16	01:02:02.05	01:03:07.30	6:12	9.7
172	PRZEDPEŁSKA ANETA	638		WARSZAWA	POL	K 30-39	66	K 171	00:39:22	00:54:33	01:02:02.05	01:03:28.40	6:12	9.7
173	GŁÓDŹ MAŁGORZATA	963	DO NOGI	WARSZAWA	POL	K 1-29	40	K 172	00:39:28	00:54:38	01:02:10.85	01:03:16.05	6:13	9.6
174	GAWIDZIEL SYLWIA	190		WARSZAWA	POL	K 30-39	67	K 173			01:02:16.25	01:02:16.25	6:13	9.6
175	WOJTAŁ KATARZYNA	872	WATAHA - WARSZAWA	PIASECZNO	POL	K 30-39	68	K 174	00:39:17	00:54:38	01:02:16.60	01:03:43.10	6:13	9.6
176	ADAMUS KATARZYNA	4	DECATHLON PIASECZNO	PIASECZNO	POL	K 40-49	57	K 175	00:39:17	00:54:38	01:02:16.70	01:03:43.05	6:13	9.6
177	CHOROŚ SYLWIA	922		WARSZAWA	POL	K 30-39	69	K 176	00:39:50	00:55:01	01:02:30.60	01:03:59.40	6:15	9.6
178	JARMUŻEWSKA TERESA	278	TIA	WARSZAWA	POL	K 40-49	58	K 177	00:41:45	00:55:58	01:02:46.35	01:04:58.45	6:16	9.6
179	GRYGALOWICZ ANNA	233	G PARTNER RUNNERS	WARSZAWA	POL	K 30-39	70	K 178	00:39:51	00:55:16	01:02:48.00	01:04:35.10	6:16	9.6
180	WOŁYNEK AGNIESZKA	875		WARSZAWA	POL	K 40-49	59	K 179	00:39:51	00:55:28	01:03:03.35	01:04:26.90	6:18	9.5
181	JURCZAK AGNIESZKA	301		JEDLIŃSK	POL	K 40-49	60	K 180	00:39:54	00:55:22	01:03:19.80	01:03:29.30	6:20	9.5
182	KORENKIEWICZ ANNA	370		ZĄBKI	POL	K 30-39	71	K 181	00:41:02	00:56:09	01:03:28.10	01:05:22.00	6:20	9.5
183	STRZELEC AGNIESZKA	753		WARSZAWA	POL	K 30-39	72	K 182	00:39:31	00:55:41	01:03:36.90	01:04:40.25	6:21	9.4
184	OBREBOWSKA MAŁGORZATA	950		WARSZAWA	POL	K 30-39	73	K 183	00:40:07	00:55:45	01:03:40.05	01:05:03.60	6:22	9.4
185	BASIAK AGNIESZKA	25		WARSZAWA	POL	K 30-39	74	K 184	00:39:18	00:55:16	01:03:40.90	01:05:11.80	6:22	9.4
186	STANIOS NATALIA	738		WARSZAWA	POL	K 1-29	41	K 185	00:39:13	00:55:32	01:03:41.35	01:04:47.55	6:22	9.4
187	MIKLEWICZ MAŁGORZATA	528		WARSZAWA	POL	K 40-49	61	K 186	00:41:18	00:56:25	01:03:45.05	01:05:44.75	6:22	9.4
188	PTASZYŃSKA MAGDALENA	646		KUTNO	POL	K 40-49	62	K 187	00:40:01	00:55:54	01:03:49.40	01:04:42.90	6:22	9.4
189	HELDT IWONA	247		WARSZAWA	POL	K 1-29	42	K 188	00:39:33	00:55:53	01:04:07.00	01:05:58.25	6:24	9.4
190	OLSZEWSKA DOROTA	579		WARSZAWA	POL	K 30-39	75	K 189	00:39:22	00:55:33	01:04:09.45	01:04:33.90	6:24	9.4
191	WITECKA ANNA	855		WARSZAWA	POL	K 30-39	76	K 190	00:40:16	00:56:19	01:04:26.85	01:06:20.60	6:26	9.3
192	KACPRZAK-ŚCISŁA ALEKSANDRA	948		WARSZAWA	POL	K 1-29	43	K 191	00:41:56	00:57:06	01:04:43.85	01:06:30.70	6:28	9.3
193	PROROK MAŁGOSIA	636		PIASECZNO	POL	K 30-39	77	K 192	00:42:04	00:57:17	01:04:45.80	01:06:55.70	6:28	9.3
194	PIOTROWSKA-KRZAK ELA	623		WARSZAWA	POL	K 40-49	63	K 193	00:42:11	00:57:33	01:04:52.40	01:06:30.00	6:29	9.2
195	CYGAN KATARZYNA	116		WARSZAWA	POL	K 30-39	78	K 194	00:41:11	00:57:00	01:04:58.35	01:06:33.50	6:29	9.2
196	ŚWIERSZCZ ANETA	798		ZALESIE	POL	K 30-39	79	K 195	00:41:05	00:57:12	01:04:59.30	01:06:53.60	6:29	9.2
197	WYSOCKA KAROLINA	880		WARSZAWA	POL	K 30-39	80	K 196	00:41:14	00:56:53	01:05:05.25	01:06:36.60	6:30	9.2
198	OSIAK ŻANETA	586		ŁASKARZEW	POL	K 30-39	81	K 197	00:40:42	00:57:10	01:05:06.15	01:06:31.70	6:30	9.2
199	BORKOWSKA OLGA	60		WARSZAWA	POL	K 30-39	82	K 198	00:41:25	00:57:35	01:05:16.95	01:06:07.65	6:31	9.2
200	RYNECKA AGNIESZKA	684		RAJSZEW	POL	K 40-49	64	K 199	00:41:08	00:57:24	01:05:19.55	01:07:13.15	6:32	9.2
201	FALKOWSKA MONIKA	164		WARSZAWA	POL	K 40-49	65	K 200	00:41:15	00:57:30	01:05:35.10	01:07:19.60	6:33	9.1
202	HALASZ JUSTYNA	242		WARSZAWA	POL	K 1-29	44	K 201	00:43:37	00:58:29	01:05:43.65	01:07:42.55	6:34	9.1
203	BARTECKA-MATUSZEWSKA URSZULA	21		NOWY DWÓR MAZOWIECKI	POL	K 30-39	83	K 202	00:41:10	00:57:23	01:05:45.90	01:06:41.70	6:34	9.1
204	REJCHERT KAMILA	657		WARSZAWA	POL	K 30-39	84	K 203	00:41:04	00:57:38	01:05:49.45	01:07:32.35	6:35	9.1
205	CZAJKOWSKA KRYSZYNA	120		WARSZAWA	POL	K 30-39	85	K 204	00:40:50	00:57:55	01:05:50.10	01:06:08.35	6:35	9.1
206	KORNACKA AGNIESZKA	372		NIEPOREĆ	POL	K 1-29	45	K 205	00:42:07	00:58:06	01:06:14.40	01:07:39.05	6:37	9.1
207	BABIAK-WARDAK KATARZYNA	11		WARSZAWA	POL	K 30-39	86	K 206	00:42:32	00:58:31	01:06:22.80	01:07:40.70	6:38	9
208	KLIMEK KATARZYNA	352		WARSZAWA	POL	K 30-39	87	K 207	00:41:51	00:58:32	01:06:25.30	01:06:43.95	6:38	9
209	BOJARSKA MARIA	55		WARSZAWA	POL	K 50-59	7	K 208	00:42:11	00:58:31	01:06:28.95	01:06:45.30	6:38	9
210	KUĆ BEATA	423		WARSZAWA	POL	K 40-49	66	K 209	00:41:31	00:58:10	01:06:33.65	01:08:13.60	6:39	9
211	KOVALETS OLENA	387		WARSZAWA	POL	K 1-29	46	K 210	00:42:14	00:59:05	01:06:37.15	01:06:55.55	6:39	9
212	SZŁAPA URSZULA	778	SPOT PSZCZYNA	CZARKÓW	POL	K 30-39	88	K 211	00:41:50	00:58:24	01:06:38.55	01:08:43.25	6:39	9
213	CIEPLAK KASIA	105		WARSZAWA	POL	K 30-39	89	K 212	00:41:49	00:58:28	01:06:38.70	01:08:10.40	6:39	9
214	SADŁOWSKA ALEKSANDRA	688		WARSZAWA	POL	K 1-29	47	K 213	00:43:13	00:59:21	01:07:03.80	01:09:04.05	6:42	8.9
215	STĘPIŃSKA JOANNA	746		WARSZAWA	POL	K 40-49	67	K 214	00:42:34	00:59:00	01:07:25.15	01:09:27.30	6:44	8.9
216	WINDER AGNIESZKA	851		WARSZAWA	POL	K 30-39	90	K 215	00:41:24	00:58:41	01:07:28.65	01:09:16.95	6:44	8.9
217	ZAYATS DARYA	898		WARSZAWA	POL	K 1-29	48	K 216	00:42:17	00:59:13	01:07:31.55	01:08:44.25	6:45	8.9
218	ZAWADZIŃSKA ANNA	895		WARSZAWA	POL	K 30-39	91	K 217	00:43:53	01:00:09	01:07:42.10	01:09:51.80	6:46	8.9

**BIEG PRZEZ MOST 2019, K Open c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h	
219	SOJA KASIA	728	VEGE RUNNERS	KRAKÓW	POL	K 40-49	68	K 218	00:43:52	01:00:03	01:07:42.45	01:07:42.45	6:46	8.9	
220	JURECKA JUSTYNA	302		WARSZAWA	POL	K 1-29	49	K 219	00:43:36	01:00:23	01:07:54.15	01:09:50.00	6:47	8.8	
221	PANASIUK AGA	596		ZĄBKI	POL	K 40-49	69	K 220	00:42:43	00:59:45	01:08:17.30	01:09:27.60	6:49	8.8	
222	JAWORSKA JOANNA	287		WARSZAWA	POL	K 30-39	92	K 221	00:44:41	01:00:27	01:08:17.50	01:10:17.00	6:49	8.8	
223	BUDAJ-FIDECKA ANNA	81	FIDEPOP	WARSZAWA	POL	K 40-49	70	K 222	00:44:21	01:00:26	01:08:40.10	01:10:13.80	6:52	8.7	
224	STAGŁOW MONIKA	737		WARSZAWA	POL	K 1-29	50	K 223	00:43:31	01:00:33	01:08:46.25	01:10:27.70	6:52	8.7	
225	KŁOPOTOWSKA MAŁGORZATA	355		WARSZAWA	POL	K 30-39	93	K 224	00:43:14	01:00:46	01:09:19.75	01:10:04.05	6:56	8.7	
226	WRONKA MARIANA	878	ZABIEGANY WOŁOMIN	WOŁOMIN	POL	K 30-39	94	K 225	00:43:47	01:00:51	01:09:24.75	01:09:51.90	6:56	8.6	
227	FURMAN DOROTA	179		WARSZAWA	POL	K 30-39	95	K 226	00:44:42	01:01:27	01:09:26.60	01:11:30.50	6:56	8.6	
228	GRZANECKA AGNIESZKA	236		WARSZAWA	POL	K 30-39	96	K 227	00:44:32	01:01:06	01:09:34.15	01:11:43.75	6:57	8.6	
229	KACZOROWSKA MONIKA	319		ZĄBKI	POL	K 40-49	71	K 228	00:44:33	01:01:22	01:09:34.80	01:11:26.95	6:57	8.6	
230	MROZIK WIOLETTA	545		WARSZAWA	POL	K 30-39	97	K 229	00:44:20	01:01:37	01:09:35.90	01:11:16.75	6:57	8.6	
231	ŁOCHINA MARTA	466		WARSZAWA	POL	K 40-49	72	K 230	00:44:35	01:01:33	01:09:36.25	01:11:29.30	6:57	8.6	
232	KUREK IZABELA	430	BIEGAM POWOLI	WARSZAWA	POL	K 30-39	98	K 231	00:43:37	01:01:09	01:09:38.55	01:11:29.55	6:57	8.6	
233	SOSNÓWKA MAGDALENA	732		WARSZAWA	POL	K 40-49	73	K 232	00:44:42	01:01:53	01:10:08.00	01:12:07.50	7:00	8.6	
234	JASIŃSKA ALICJA	282		BŁONIE	POL	K 1-29	51	K 233	00:45:54	01:02:49	01:10:26.45	01:12:30.90	7:02	8.5	
235	KOSIERADZKA JOANNA	378		WARSZAWA	POL	K 50-59	8	K 234	00:45:53	01:03:21	01:12:05.20	01:13:52.35	7:12	8.3	
236	JANKOWSKA JOLA	271		WARSZAWA	POL	K 30-39	99	K 235			01:12:11.00	01:12:11.00	7:13	8.3	
237	JANUKOWICZ AGNIESZKA	277		WARSZAWA	POL	K 30-39	100	K 236			01:12:14.00	01:12:14.00	7:13	8.3	
238	BANASIK KATARZYNA	16	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	K 30-39	101	K 237	00:46:24	01:03:57	01:12:27.35	01:13:42.55	7:14	8.3	
239	JURKOWSKA IRENA	305		WARSZAWA	POL	K 60+	6	K 238	00:44:36	01:03:40	01:12:49.15	01:14:45.30	7:16	8.2	
240	WÓJTOWICZ AGNIESZKA	877		WARSZAWA	POL	K 40-49	74	K 239	00:47:14	01:04:50	01:13:53.25	01:16:11.55	7:23	8.1	
241	WAWRZONK KAROLINA	839		STANISŁAWÓW PIERWSZY	POL	K 40-49	75	K 240	00:47:15	01:04:52	01:14:10.55	01:16:29.15	7:25	8.1	
242	BÖGER CAROLIN	51		BERLIN	GER	K 1-29	52	K 241	00:47:02	01:05:12	01:14:12.25	01:16:09.00	7:25	8.1	
243	OGOŃCZYK DONATA	845				K 1-29	53	K 242	00:47:33	01:06:07	01:14:57.25	01:16:57.75	7:29	8	
244	CHEN FENGQIN	88		LESNOWOLA	CHI	K 30-39	102	K 243	00:48:05	01:06:37	01:15:51.60	01:15:59.60	7:35	7.9	
245	METERA ANNA	518		WARSZAWA	POL	K 40-49	76	K 244	00:50:01	01:09:28	01:19:11.40	01:19:48.15	7:55	7.6	
246	DRACZYŃSKA EDYTA	153		WARSZAWA	POL	K 40-49	77	K 245	00:50:00	01:09:28	01:19:12.10	01:19:48.45	7:55	7.6	
247	ZAWADZKA MAGDALENA	896	ZAJĄC	WARSZAWA	POL	K 30-39	103	K 246	00:47:15	01:04:55	01:19:54.30	01:22:11.95	7:59	7.5	
248	GIĘDYK KATARZYNA	197		WARSZAWA	POL	K 30-39	104	K 247	00:50:22	01:10:34	01:19:54.65	01:21:55.40	7:59	7.5	
249	LEWANDOWSKA EWELINA	444	WATAHA - ŁĄCZY NAS BIEGANIE	PIASECZNO	POL	K 30-39	105	K 248			01:22:46.30	01:25:13.20	8:16	7.2	
250	JÓŻWIĄK DOROTA	299	SLOW JOGGING BIAŁOŁĘKA	WARSZAWA	POL	K 40-49	78	K 249			01:22:49.10	01:25:15.50	8:16	7.2	
251	SIERPOWSKA-BARTOSIK AGNIESZKA	701	SLOW JOGGING ŁÓDŹ / VEGE RUNNERS	ŁÓDŹ	POL	K 40-49	79	K 250	00:54:31	01:15:48	01:28:08.15	01:30:33.55	8:48	6.8	
252	GRĄCKA KATARZYNA	222		WARSZAWA	POL	K 40-49	80	K 251	00:54:32	01:15:50	01:28:08.80	01:30:33.50	8:48	6.8	
253	WILCZYŃSKA MAŁGORZATA	992		WARSZAWA	POL	K 40-49	81	K 252	00:57:31	01:18:21	01:29:39.75	01:32:07.55	8:58	6.7	
254	MŁODZIŃSKA NINA	1013		WARSZAWA	POL	K 1-29	54	K 253	00:51:24				7:47	7.7	
255	KRAWCZYK MARLENA	401		WARSZAWA	POL	K 30-39	106	K 254							
LIM	HAJDUK MONIKA	955		ŻYRARDÓW	POL	K 1-29	LIM	LIM	00:55:43	01:03:51	01:30:04.60	01:32:27.20	0:00	6.7	
LIM	SKRZYDŁOWSKA-KALUKIN KATARZYNA	717	SLOW JOGGING BIAŁOŁĘKA	WARSZAWA	POL	K 50-59	LIM	LIM	00:56:40	01:18:01	01:31:27.10	01:33:59.00	0:00	6.6	
LIM	PILSKA MAGDA	621	SLOW JOGGING WARSZAWA	BIENIEWICE	POL	K 40-49	LIM	LIM	00:56:50	01:19:12	01:31:29.00	01:34:01.10	0:00	6.6	
LIM	BOROWIAK JOLANTA	63	SLOW JOGGING POLSKA	WARSZAWA	POL	K 60+	LIM	LIM	00:56:50	01:19:04	01:31:29.75	01:34:01.80	0:00	6.6	
LIM	SYC ALICJA	768	SLOW JOGGING BIAŁOŁĘKA	WARSZAWA	POL	K 50-59	LIM	LIM	00:56:43	01:18:04	01:31:31.25	01:33:59.80	0:00	6.6	
LIM	BORZUCHOWSKA MONIKA	70	SLOW JOGGING ŁÓDŹ	ŁÓDŹ	POL	K 40-49	LIM	LIM	00:56:52	01:19:11	01:31:33.60	01:33:59.75	0:00	6.6	
LIM	ZAWADA KATARZYNA	894		WARSZAWA	POL	K 40-49	LIM	LIM	00:56:54	01:18:08	01:31:33.65	01:34:00.55	0:00	6.6	
LIM	KOWALCZYK-CHRZUSZCZ KASIA	390	SLOW JOGGING ŁÓDŹ	ŁÓDŹ	POL	K 50-59	LIM	LIM	00:56:51	01:19:18	01:31:33.80	01:33:58.70	0:00	6.6	

**BIEG PRZEZ MOST 2019, M Open**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
1	JASTRZĘBSKI KAMIL	284	DUKLANOWSKITEAM/SKB KRAŚNIK	KRAŚNIK	POL	M 1-29	1	M 1	00:19:56	00:27:17	00:30:46.85	00:30:48.00	3:04	19.5
2	WASIEWICZ KRZYSZTOF	835		PIASECZNO	POL	M 1-29	2	M 2	00:20:15	00:27:56	00:31:41.90	00:31:44.00	3:10	18.9
3	PARSZCZYŃSKI ŁUKASZ	599	TEAM PARSZCZYŃSKICH	WARSZAWA	POL	M 30-39	1	M 3	00:20:26	00:28:15	00:32:08.60	00:32:11.00	3:12	18.7
4	PYSZEL FLORIAN	651	PAN MATEMATYKA	MIŃSK MAZOWIECKI	POL	M 1-29	3	M 4	00:20:50	00:28:37	00:32:34.55	00:32:35.40	3:15	18.4
5	ŚWIRGOŃ ADAM	800	TRENERBIEGANIA.PL	WARSZAWA	POL	M 1-29	4	M 5	00:21:20	00:29:18	00:33:20.90	00:33:22.55	3:20	18
6	PRZESTRZELSKI KAJETAN	980		SIEDLCE	POL	M 1-29	5	M 6	00:21:33	00:29:33	00:33:43.90	00:33:44.60	3:22	17.8

**BIEG PRZEZ MOST 2019, M Open c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
7	GAWRON PAWEŁ	193	@ARKENYA_TEAM	WARSZAWA	POL	M 1-29	6	M 7	00:21:38	00:29:54	00:33:55.15	00:33:57.20	3:23	17.7
8	SKIBIŃSKI MIKOŁAJ	714	DUKLANOWSKI TEAM / ADIDAS WARSAW RUNNERS / @ARKENYA_TEAM	POZNAŃ	POL	M 30-39	2	M 8	00:22:07	00:30:20	00:34:19.55	00:34:21.50	3:26	17.5
9	ORZEŁ MICHAŁ	1014		WARSZAWA	POL	M 30-39	3	M 9	00:22:17	00:30:10	00:34:26.75	00:34:29.25	3:26	17.4
10	MACHOWSKI PAWEŁ	478	WARSZAWSKIE SANKT MORITZ	WARSZAWA	POL	M 1-29	7	M 10	00:22:13	00:30:30	00:34:35.70	00:34:37.95	3:27	17.3
11	MICHALSKI PIOTR	524	PIASECZNO	WARSZAWA	POL	M 30-39	4	M 11	00:22:04	00:30:30	00:34:42.95	00:34:46.25	3:28	17.3
12	OMIELAN WOJCIECH	582		WARSZAWA	POL	M 1-29	8	M 12	00:22:40	00:31:21	00:35:33.75	00:35:36.10	3:33	16.9
13	JOSYPENKO JĘDRZEJ	924	DREAM RUN	WARSZAWA	POL	M 30-39	5	M 13	00:22:40	00:31:23	00:35:44.00	00:35:47.40	3:34	16.8
14	WYSOCKI MARCIN	881	WARSZAWIACY	MICHAŁOWICE	POL	M 30-39	6	M 14	00:23:21	00:31:47	00:35:54.50	00:35:58.20	3:35	16.7
15	GOZDEK RADEK	214	BIEGANIEP040.PL TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M 40-49	1	M 15	00:23:09	00:31:51	00:36:04.25	00:36:06.15	3:36	16.6
16	KLAŚ ŁUKASZ	348	NUDNE PIĄTKI	WARSZAWA	POL	M 40-49	2	M 16	00:23:09	00:31:51	00:36:14.55	00:36:16.00	3:37	16.6
17	PRZYBYŁA KRZYSZTOF	641	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 30-39	7	M 17	00:23:36	00:32:08	00:36:21.60	00:36:24.55	3:38	16.5
18	ZARODKIEWICZ DAWID	891	#TZD	KRASNE	POL	M 30-39	8	M 18	00:23:33	00:32:13	00:36:35.95	00:36:40.30	3:39	16.4
19	BRZĄKAŁSKI KRZYSIEK	73	@ARKENYA_TEAM	PŁOCK	POL	M 1-29	9	M 19	00:23:36	00:32:25	00:36:40.10	00:36:44.40	3:40	16.4
20	MLĄCKI ALAN	538	TEAM KOPEĆ	KOŁBIEL	POL	M 1-29	10	M 20	00:23:50	00:32:50	00:37:21.20	00:37:24.05	3:44	16.1
21	KLIMKIEWICZ MICHAŁ	353		WARSZAWA	POL	M 1-29	11	M 21	00:23:58	00:32:52	00:37:21.90	00:37:28.85	3:44	16.1
22	HILDEBRAND MARCIN	249	OUTLETBIEGOWY /BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 30-39	9	M 22	00:23:56	00:33:08	00:37:37.20	00:37:39.25	3:45	16
23	ŁABĘDZKI KONRAD	457	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 30-39	10	M 23	00:24:16	00:33:23	00:37:49.90	00:37:53.50	3:47	15.9
24	ŁOBACZ MICHAŁ	464		WARSZAWA	POL	M 30-39	11	M 24	00:24:29	00:33:38	00:37:54.50	00:37:58.50	3:47	15.8
25	SAŁATKA KRZYSZTOF	692	TRIATHLON SERWIS	WARSZAWA	POL	M 40-49	3	M 25	00:24:30	00:33:31	00:37:51.55	00:37:58.95	3:47	15.9
26	TRZASKOWSKI DARIUSZ	815	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M 40-49	4	M 26	00:24:26	00:33:36	00:38:06.25	00:38:11.35	3:48	15.7
27	GRZYBOWSKI MARIUSZ	237		KOBYŁKA	POL	M 50-59	1	M 27	00:24:34	00:33:34	00:38:12.65	00:38:16.30	3:49	15.7
28	BOMBA TOMEK	57		WARSZAWA	POL	M 1-29	12	M 28	00:24:52	00:34:02	00:38:21.80	00:38:25.40	3:50	15.6
29	ŁĘGOCKI MARCIN	463	PIETRZYK RUNNING TEAM / WSEWS WARSZAWA	WARSZAWA	POL	M 30-39	12	M 29	00:24:57	00:33:55	00:38:19.90	00:38:27.55	3:50	15.7
30	KUBERA PIOTR	981		JÓZEFÓW		M 40-49	5	M 30	00:24:59	00:34:01	00:38:21.10	00:38:28.05	3:50	15.6
31	SIERADZKI KRZYSZTOF	700		WARSAW	POL	M 30-39	13	M 31	00:24:28	00:33:42	00:38:31.35	00:38:34.70	3:51	15.6
32	KRUPA PAWEŁ	408	STALOWOWOLSKI KLUB BIEGACZA	AGATÓWKA	POL	M 40-49	6	M 32	00:24:50	00:34:19	00:38:53.60	00:38:56.90	3:53	15.4
33	GRUZA MAREK	228	BIEGANIEP040.PL	KAZUŃ BIELANY	POL	M 40-49	7	M 33	00:24:56	00:34:24	00:39:04.25	00:39:10.05	3:54	15.4
34	FELUCH KRZYSZTOF	167	JACEK BIEGA RUNNING TEAM	WARSZAWA	POL	M 40-49	8	M 34	00:25:13	00:34:33	00:39:12.80	00:39:17.50	3:55	15.3
35	JACKOWICZ PAWEŁ	261		MIŃSK MAZOWIECKI	POL	M 30-39	14	M 35	00:24:47	00:34:29	00:39:20.90	00:39:25.10	3:56	15.2
36	JUSIŃSKI KRYSZTYAN	306	BRACTWO BIEGOWE BGK	WARSZAWA	POL	M 30-39	15	M 36	00:25:46	00:34:53	00:39:28.15	00:39:34.80	3:56	15.2
37	VASHKEVICH VITAL	826		WARSAW	BEL	M 30-39	16	M 37	00:25:21	00:34:47	00:39:30.90	00:39:36.00	3:57	15.2
38	ŁOZOWSKI OLAF	468		GRODZISK MAZOWIECKI	POL	M 30-39	17	M 38	00:25:46	00:34:56	00:39:31.45	00:39:38.90	3:57	15.2
39	STYRNIK KRYSZTYAN	757	AZS UP LUBLIN	OŻARÓW	POL	M 1-29	13	M 39	00:25:02	00:34:55	00:39:34.55	00:39:43.95	3:57	15.2
40	KACZYŃSKI GRZEGORZ	320	KB WYSZKÓW	WYSZKÓW	POL	M 40-49	9	M 40	00:25:32	00:34:56	00:39:40.95	00:39:46.70	3:58	15.1
41	JERUĆ ŁUKASZ	292	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 40-49	10	M 41	00:25:50	00:35:12	00:39:42.50	00:39:47.95	3:58	15.1
42	GŁOWACKI PAWEŁ	205	SEROCK BIEGA Z HOTELEM NARVIL	SEROCK	POL	M 30-39	18	M 42	00:25:53	00:35:18	00:39:41.80	00:39:48.90	3:58	15.1
43	LEWANDOWSKI MATEUSZ	446		NOWY DWÓR MAZOWIECKI	POL	M 1-29	14	M 43	00:25:26	00:35:04	00:39:44.35	00:39:50.70	3:58	15.1
44	MARSZAŁ MARIUSZ	503	PSYCHOPATA BIEGOWY	WARSZAWA	POL	M 30-39	19	M 44	00:25:53	00:35:00	00:39:48.95	00:39:53.15	3:58	15.1
45	PIATKA TOMASZ	615	ENEL-SPORT RUNNERS TEAM	WARSZAWA	POL	M 30-39	20	M 45	00:25:53	00:35:24	00:39:58.10	00:40:05.35	3:59	15
46	ZALEWSKI DOMINIK	886		WARSZAWA	POL	M 1-29	15	M 46	00:25:40	00:35:29	00:40:07.40	00:40:11.90	4:00	15
47	SZCZEPKOWSKI BARTŁOMEJ	773		WARSZAWA	POL	M 30-39	22	M 47	00:25:53	00:35:19	00:40:10.90	00:40:16.35	4:01	14.9
48	NIEGOWSKI ROBERT	559	STARE BABICE BIEGAJĄ	KOCZARGI STARE	POL	M 30-39	23	M 48	00:25:53	00:35:27	00:40:17.05	00:40:23.15	4:01	14.9
49	MICHALSKI DAMIAN	523	ALIOR RUNNING TEAM	WARSZAWA	POL	M 40-49	11	M 49	00:25:34	00:35:22	00:40:31.00	00:40:37.05	4:03	14.8
50	TOMASZEK ROBERT	810		WARSZAWA	POL	M 40-49	12	M 50	00:25:53	00:35:44	00:40:33.70	00:40:37.65	4:03	14.8
51	WERNER KAMIL	842	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 30-39	21	M 50	00:25:57	00:35:32	00:40:07.40	00:40:41.90	4:00	15
52	KŁÓDKIEWICZ WALDEMAR	356		KIELPIN	POL	M 40-49	13	M 51	00:25:45	00:35:42	00:40:35.50	00:41:00.50	4:03	14.8
53	MARYNOWSKI WOJCIECH	505	LUDZIE SZTOSY	WARSZAWA	POL	M 1-29	16	M 52	00:25:56	00:35:45	00:40:37.55	00:40:43.70	4:03	14.8
54	ZHENG HAISHAN	902		LESNOWOLA	CHI	M 30-39	24	M 53	00:26:04	00:36:05	00:40:50.65	00:40:57.50	4:05	14.7
55	BURZA PAWEŁ	84		WARSZAWA	POL	M 30-39	25	M 54	00:26:02	00:35:59	00:40:54.65	00:40:59.45	4:05	14.7
56	JUTKIEWICZ MARCIN	993		WARSZAWA	POL	M 30-39	26	M 55	00:26:24	00:36:07	00:40:59.00	00:41:10.85	4:05	14.6
57	KNYCHAS DAREK	358	PZU SPORT TEAM	WARSZAWA	POL	M 40-49	14	M 56	00:26:45	00:36:20	00:41:01.25	00:41:15.05	4:06	14.6
58	GRYSZPANOWICZ PIOTR	234	SĄSIADY LATAJĄ RAZEM	WARSZAWA	POL	M 40-49	15	M 57	00:26:17	00:36:10	00:41:08.25	00:41:16.40	4:06	14.6

**BIEG PRZEZ MOST 2019, M Open c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
59	KORSAKAS EMILIS	925	NA, PAGAUKI	VILNIUS	LTU	M 50-59	2	M 58	00:26:14	00:36:16	00:41:13.00	00:41:19.10	4:07	14.6
60	KORSAKOV KOSTIANTYN	376	-	WARSZAWA	POL	M 40-49	16	M 59	00:26:28	00:36:26	00:41:19.40	00:41:29.40	4:07	14.5
61	SIEGIEDA MICHAŁ	699	ADIDAS RUNNERS	WARSZAWA	POL	M 30-39	27	M 60	00:26:21	00:36:33	00:41:20.65	00:41:26.10	4:08	14.5
62	NOWOCIEŃ JACEK	570	UKS RUSIEC	PODKOWA LEŚNA	POL	M 60+	1	M 61	00:26:45	00:36:36	00:41:29.05	00:41:32.95	4:08	14.5
63	SPYCHAŁA PIOTR	735		WARSZAWA	POL	M 40-49	17	M 62	00:26:34	00:36:36	00:41:32.25	00:41:41.45	4:09	14.4
64	LISZKIEWICZ KONRAD	453		ZABORÓWEK	POL	M 30-39	28	M 63	00:26:25	00:36:41	00:41:41.60	00:41:46.85	4:10	14.4
65	GIERAK KRIS	199	SANTANDER RUNNERS	WARSZAWA	POL	M 30-39	29	M 64	00:26:45	00:36:53	00:41:42.95	00:41:51.45	4:10	14.4
66	ROWIŃSKI ARKADIUSZ	960		WARSZAWA	POL	M 30-39	30	M 65	00:27:07	00:37:02	00:41:45.60	00:41:49.80	4:10	14.4
67	KUBIAK SŁAWOMIR	419		WARSZAWA	POL	M 40-49	18	M 66	00:26:35	00:36:47	00:41:47.25	00:41:57.35	4:10	14.4
68	LATAK MICHAŁ	436	JACEKBIEGA RUNNING TEAM	WARSZAWA	POL	M 40-49	19	M 67	00:26:41	00:36:51	00:41:50.10	00:41:55.60	4:11	14.3
69	CIEŚLAK PIOTR	111		WARSZAWA	POL	M 30-39	31	M 68	00:27:25	00:37:12	00:41:51.10	00:42:05.00	4:11	14.3
70	KANIA PRZEMYSŁAW	327		HORNOWEK	POL	M 40-49	20	M 69	00:26:32	00:36:52	00:41:57.25	00:42:02.20	4:11	14.3
71	ZAJĄC WACŁAW	882	TEAM PARSZCZYŃSKICH	WARSZAWA	POL	M 40-49	21	M 70	00:27:07	00:37:03	00:41:58.35	00:42:09.65	4:11	14.3
72	ZGODA MATEUSZ	941	NAPRZÓD MŁOCINY	WARSZAWA	POL	M 1-29	17	M 71	00:27:04	00:37:02	00:42:00.05	00:42:13.15	4:12	14.3
73	ZYCH ŁUKASZ	910		MARKI	POL	M 30-39	32	M 72	00:26:11	00:36:46	00:42:04.80	00:42:10.10	4:12	14.3
74	ANDRZEJEWSKI MARIUSZ	7	T-MOBILE RUNNING TEAM	WARSZAWA	POL	M 30-39	33	M 73	00:27:37	00:37:19	00:42:06.35	00:42:17.90	4:12	14.3
75	JUREK PRZEMYSŁAW	304	KS STASZEWCY	WARSZAWA	POL	M 40-49	22	M 74	00:27:05	00:37:08	00:42:07.00	00:42:20.20	4:12	14.2
76	PRUSIK PIOTR	637		WARSZAWA	POL	M 1-29	18	M 75	00:27:27	00:37:19	00:42:08.85	00:42:26.85	4:12	14.2
77	SLEPOWROŃSKI BOGDAN	718	TO NATURALNE	WARSZAWA	POL	M 30-39	34	M 76	00:26:57	00:37:21	00:42:11.25	00:42:30.25	4:13	14.2
78	KNAP PIOTR	987				M 30-39	35	M 77	00:27:11	00:37:20	00:42:12.90	00:42:26.05	4:13	14.2
79	RAK ADAM	655	MPWIK	WARSZAWA	POL	M 30-39	36	M 78	00:26:38	00:37:19	00:42:21.40	00:42:27.25	4:14	14.2
80	JAWORSKI ARKADIUSZ	289		IZABELIN	POL	M 30-39	37	M 79	00:27:01	00:37:25	00:42:22.05	00:42:39.40	4:14	14.2
81	KOWAL KRZYSZTOF	388	SASIADY LATAJA RAZEM	WARSZAWA	POL	M 40-49	23	M 80	00:26:38	00:37:02	00:42:23.20	00:42:31.45	4:14	14.2
82	MIKULSKI JACEK	530	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 40-49	24	M 81	00:27:11	00:37:23	00:42:26.05	00:42:38.80	4:14	14.1
83	PUTON MICHAŁ	649		LIPSKO	POL	M 30-39	38	M 82	00:26:57	00:37:21	00:42:26.50	00:42:49.25	4:14	14.1
84	GAJOWNICZEK SŁAWOMIR	185		WARSZAWA	POL	M 30-39	39	M 83	00:27:20	00:37:34	00:42:29.10	00:42:48.80	4:14	14.1
85	JAWORSKI PIOTR	1000	EKOBIEGI	WARSZAWA	POL	M 40-49	25	M 84	00:26:59	00:37:22	00:42:29.50	00:42:33.70	4:14	14.1
86	DĄBROWSKI MIROŚLAW	136		WARSZAWA	POL	M 50-59	3	M 85	00:27:12	00:37:22	00:42:30.20	00:42:52.75	4:15	14.1
87	MICHŃOWSKI SEBASTIAN	525		WARSZAWA	POL	M 40-49	26	M 86	00:27:06	00:37:19	00:42:30.75	00:42:38.90	4:15	14.1
88	WŁOSTOWSKI MAREK	865	VEGE RUNNERS	KRAKÓW	POL	M 30-39	40	M 87	00:27:17	00:37:31	00:42:36.85	00:42:58.05	4:15	14.1
89	KUREK MARCIN	428		DUCZKI	POL	M 40-49	27	M 88	00:27:10	00:37:34	00:42:49.20	00:42:55.00	4:17	14
90	KIELCZYKOWSKI JANUSZ	342	EUROBUDOWA	WARSZAWA	POL	M 40-49	28	M 89	00:27:52	00:37:51	00:42:50.40	00:43:21.60	4:17	14
91	SARZAŁA DARIUSZ	996				M 60+	2	M 90	00:27:22	00:37:50	00:42:53.95	00:43:09.55	4:17	14
92	KIJJAŃCZYK DOMINIK	347	TARCZYŃSKI KLUB BIEGOWY	TARCZYN	POL	M 1-29	19	M 91	00:27:17	00:38:00	00:43:09.70	00:43:17.45	4:19	13.9
93	MŁYŃSKI MARIUSZ	539		WARSZAWA	POL	M 1-29	20	M 92	00:27:18	00:38:03	00:43:11.70	00:43:21.50	4:19	13.9
94	SOBOCIŃSKI MICHAŁ	726	PLAY	WARSZAWA	POL	M 40-49	29	M 93	00:28:04	00:38:12	00:43:11.75	00:43:31.15	4:19	13.9
95	FALKOWSKI ŁUKASZ	165		WARSZAWA	POL	M 30-39	41	M 94	00:27:38	00:38:24	00:43:15.90	00:43:31.55	4:19	13.9
96	SMORAWSKI WODZISŁAW	722		WARSZAWA	POL	M 30-39	42	M 95	00:27:41	00:38:09	00:43:22.20	00:43:29.90	4:20	13.8
97	MANKA KRZYSZTOF	496	PZU SPORT TEAM	WARSZAWA	POL	M 30-39	43	M 96	00:27:46	00:38:15	00:43:25.25	00:43:39.00	4:20	13.8
98	ZDANOWSKI TOMEK	899	TRIZARZA	SITNE	POL	M 1-29	21	M 97	00:27:22	00:38:17	00:43:27.45	00:43:34.25	4:20	13.8
99	TYMIKI KRZYSZTOF	821		LEGIONOWO	POL	M 40-49	30	M 98	00:28:16	00:38:34	00:43:32.25	00:43:42.25	4:21	13.8
100	DZIUBA TOMASZ	160	MASTERSDOJO	WARSZAWA	POL	M 30-39	44	M 99	00:27:32	00:38:20	00:43:32.35	00:43:46.05	4:21	13.8
101	JANKOWSKI JAKUB	274		BRWINÓW	POL	M 1-29	22	M 100	00:27:26	00:38:19	00:43:34.45	00:43:54.70	4:21	13.8
102	PRZELASKOWSKI ARTUR	639		WARSZAWA	POL	M 50-59	4	M 101	00:27:40	00:38:20	00:43:37.45	00:43:47.75	4:21	13.8
103	BICZAN KAMIL	39		WARSZAWA	POL	M 30-39	45	M 102	00:27:41	00:38:17	00:43:44.30	00:44:18.20	4:22	13.7
104	CHMARZYŃSKI PAWEŁ	90	ŚLEZAKTEAM	SULEJÓWEK	POL	M 30-39	46	M 103	00:28:15	00:38:39	00:43:45.45	00:44:34.95	4:22	13.7
105	KWIATKOWSKI ADAM	435	KB WYSZÓW	WYSZKÓW	POL	M 30-39	47	M 104	00:28:06	00:38:48	00:43:52.55	00:44:09.05	4:23	13.7
106	GOLEC GRZEGORZ	209	TEAM PARSZCZYŃSKICH	WARSZAWA	POL	M 40-49	31	M 105	00:28:10	00:38:41	00:43:52.60	00:44:07.00	4:23	13.7
107	MINIAKOWSKI SZYMON	533		WARSZAWA	POL	M 30-39	48	M 106	00:28:43	00:39:14	00:43:55.80	00:44:00.30	4:23	13.7
108	CNOTA MACIEJ	1040		WARSZAWA	POL	M 30-39	49	M 107	00:28:03	00:38:50	00:43:57.50	00:44:20.25	4:23	13.6
109	GÓRSKI MARCIN	217	MINISTERSTWO ZDROWIA	WARSZAWA	POL	M 30-39	50	M 108	00:28:18	00:38:39	00:43:58.05	00:44:15.15	4:23	13.6
110	ŚLIMKO DANIEL	792	OLEJ RUNNING TEAM	WARSZAWA	POL	M 30-39	51	M 109	00:28:39	00:39:05	00:43:59.65	00:44:10.30	4:24	13.6
111	WILCZYŃSKI TOMASZ	850		WARSZAWA	POL	M 30-39	52	M 110	00:28:44	00:38:50	00:44:04.95	00:44:38.00	4:24	13.6
112	RYTKOWSKI PIOTR	685		WARSZAWA	POL	M 30-39	53	M 111	00:29:45	00:39:11	00:44:04.95	00:44:32.00	4:24	13.6
113	ZIELIŃSKI KRZYSZTOF	904	HIKINGTOURS	WARSZAWA	POL	M 40-49	32	M 112	00:28:44	00:39:03	00:44:05.35	00:44:36.80	4:24	13.6
114	SUŁKOWSKI TOMASZ	764		WARSZAWA	POL	M 30-39	54	M 113	00:27:44	00:38:41	00:44:13.50	00:44:27.10	4:25	13.6
115	WŁODKOWSKI ROBERT	864	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M 30-39	55	M 114	00:28:38	00:39:13	00:44:17.25	00:44:59.40	4:25	13.5

**BIEG PRZEZ MOST 2019, M Open c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
116	BŁASZCZYK BARTŁOMIEJ	48		OŻARÓW MAZOWIECKI	POL	M 1-29	23	M 115	00:28:29	00:39:04	00:44:26.80	00:45:05.30	4:26	13.5
117	STĘPIEŃ ADAM	745	ANANASY	WARSZAWA	POL	M 30-39	56	M 116	00:28:20	00:39:05	00:44:27.55	00:44:39.40	4:26	13.5
118	LEŚNIAK PIOTR	443		WARSZAWA	POL	M 40-49	33	M 117	00:28:35	00:39:12	00:44:27.90	00:44:48.15	4:26	13.5
119	SOŁOWIEJ ŁUKASZ	730	OIRP WARSZAWA	WARSZAWA	POL	M 30-39	57	M 118	00:28:52	00:39:17	00:44:28.10	00:44:51.45	4:26	13.5
120	PIOTROWSKI MICHAŁ	625		BŁONIE	POL	M 30-39	58	M 119	00:29:22	00:39:31	00:44:28.55	00:45:08.35	4:26	13.5
121	CHOJNACKI MIKOŁAJ	95	WARSAW RUN CLUB	WARSZAWA	POL	M 40-49	34	M 120	00:29:16	00:39:20	00:44:30.80	00:45:52.80	4:27	13.5
122	WICK JULIUSZ	846		WARSZAWA	POL	M 30-39	59	M 121	00:28:45	00:39:18	00:44:32.40	00:44:51.60	4:27	13.5
123	CHOJECKI ROBERT	94	EXPLOSION	MARKI	POL	M 1-29	24	M 122	00:28:26	00:39:24	00:44:34.55	00:44:47.60	4:27	13.5
124	SUCHOLEWSKI DAMIAN	759	KONDYCYJA PIASECZNO	WARSZAWA	POL	M 40-49	35	M 123	00:28:42	00:39:21	00:44:35.35	00:44:40.45	4:27	13.5
125	TURLEJ DARIUSZ	818	KONDYCYJA	WARSZAWA	POL	M 60+	3	M 124	00:28:49	00:39:14	00:44:36.95	00:45:00.00	4:27	13.4
126	SARZAŁA BARTŁOMIEJ	554				M 1-29	25	M 125	00:28:54	00:39:29	00:44:37.80	00:44:56.50	4:27	13.4
127	ADAO MIGUEL	5		WARSZAWA	POR	M 40-49	36	M 126	00:28:42	00:39:24	00:44:39.00	00:45:04.00	4:27	13.4
128	GAJOWY ANDRZEJ	186		WARSZAWA	POL	M 50-59	5	M 127	00:28:47	00:39:23	00:44:41.40	00:45:14.75	4:28	13.4
129	RAK MICHAŁ	654		WARSZAWA	POL	M 30-39	60	M 128	00:28:44	00:39:13	00:44:43.60	00:45:15.80	4:28	13.4
130	MALIK GABRIEL	488		WARSZAWA	POL	M 40-49	37	M 129	00:29:09	00:39:36	00:44:44.95	00:45:20.20	4:28	13.4
131	REWERA ROBERT	658	PKO BANK POLSKI	WARSZAWA	POL	M 40-49	38	M 130	00:28:22	00:39:24	00:44:45.15	00:45:00.35	4:28	13.4
132	ŚWIECA MARCIN	796		WARSZAWA	POL	M 30-39	61	M 131	00:28:39	00:39:28	00:44:49.60	00:45:27.05	4:29	13.4
133	ŻUK PAWEŁ	917	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 40-49	39	M 132	00:28:46	00:39:16	00:44:51.75	00:45:21.25	4:29	13.4
134	MACIEJAK ROBERT	479		WARSZAWA	POL	M 40-49	40	M 133	00:28:42	00:39:29	00:44:52.75	00:45:13.55	4:29	13.4
135	PAŁKA WOJCIECH	594	VASCO RUNNERS	JÓZEFÓW	POL	M 30-39	62	M 134	00:28:56	00:39:36	00:44:53.50	00:47:27.85	4:29	13.4
136	GURGON ARKADIUSZ	997	ZABIEGANY WOŁOMIN	KOBYŁKA		M 30-39	63	M 135	00:39:38		00:44:59.25	00:44:59.25	4:29	13.3
137	DZIUBIŃSKI MACIEK	161		WARSZAWA	POL	M 1-29	26	M 136	00:29:09	00:39:52	00:45:01.15	00:45:07.35	4:30	13.3
138	LENKIEWICZ PAWEŁ	441		WARSZAWA	POL	M 40-49	41	M 137	00:28:45	00:39:39	00:45:03.70	00:45:30.10	4:30	13.3
139	VASILEV VESELIN	827		WARSZAWA	POL	M 30-39	64	M 138	00:28:55	00:39:49	00:45:11.45	00:45:35.55	4:31	13.3
140	GEÇA PIOTR	196	ZA MNA	WARSZAWA	POL	M 40-49	42	M 139	00:28:53	00:39:49	00:45:11.95	00:45:38.85	4:31	13.3
141	CIERNIAK FRANCISZEK	107	GRUPA BIEGOWA CHTMO	LEGIONOWO	POL	M 1-29	27	M 140	00:29:33	00:40:06	00:45:13.70	00:45:49.85	4:31	13.3
142	KOBUS IGOR	359		WARSZAWA	POL	M 1-29	28	M 141	00:29:06	00:40:17	00:45:14.10	00:45:25.15	4:31	13.3
143	ZNAMIEC MARCIN	906	IPA PAŁAC MOSTOWSKICH KSP	WARSZAWA	POL	M 40-49	43	M 142	00:29:05	00:39:53	00:45:17.75	00:46:01.15	4:31	13.2
144	GAJEWIAK ADAM	183		WARSZAWA	POL	M 40-49	44	M 143	00:29:01	00:39:48	00:45:19.00	00:45:40.05	4:31	13.2
145	ZDUNEK MICHAŁ	966	WKURW_TEAM	WARSZAWA	POL	M 40-49	45	M 144	00:28:44	00:39:57	00:45:21.90	00:45:36.80	4:32	13.2
146	OSTROWSKI MARCIN	951	PZU SPORT TEAM	WARSZAWA	POL	M 30-39	65	M 145	00:29:56	00:40:17	00:45:28.95	00:46:14.90	4:32	13.2
147	PAWIŃSKI ARTUR	606		WARSZAWA	POL	M 40-49	46	M 146	00:28:36	00:39:53	00:45:29.80	00:45:50.00	4:33	13.2
148	ŚCIBOR MARCIN	790		KRASNYSTAW	POL	M 30-39	66	M 147	00:28:58	00:40:07	00:45:30.95	00:45:53.20	4:33	13.2
149	PAWŁOWSKI PIOTR	926	BBL WYDMINY	WARSZAWA	POL	M 40-49	47	M 148	00:29:20	00:40:13	00:45:32.70	00:45:47.15	4:33	13.2
150	CZUDOWSKI TOMASZ	127	DUKLANOWSKI TEAM	WARSAW	POL	M 40-49	48	M 149	00:29:08	00:40:09	00:45:32.80	00:45:44.80	4:33	13.2
151	CZAJKOWSKI MAREK	122	WARSAW RUN CLUB	WARSZAWA	POL	M 40-49	49	M 150	00:29:03	00:40:15	00:45:36.15	00:46:07.75	4:33	13.2
152	TOBOTA MACIEJ	807		WARSZAWA	POL	M 40-49	50	M 151	00:29:13	00:40:08	00:45:36.25	00:45:42.95	4:33	13.2
153	STAŃSKI SŁAWOMIR	743	TO NATURALNE	WARSZAWA	POL	M 50-59	6	M 152	00:29:31	00:40:20	00:45:42.60	00:46:00.75	4:34	13.1
154	BEKKER PIOTR	983				M 30-39	67	M 153	00:29:46	00:40:25	00:45:43.80	00:46:13.15	4:34	13.1
155	MATYSIAK PAWEŁ	512	PAWELBIEGA.PL	ŻYRARDÓW	POL	M 30-39	68	M 154	00:29:08	00:40:18	00:45:44.85	00:46:00.55	4:34	13.1
156	SANTAREK WOJCIECH	694		SZCZECIN	POL	M 40-49	51	M 155	00:29:06	00:40:16	00:45:45.95	00:46:18.35	4:34	13.1
157	KOWALSKI MICHAŁ	1004	LEMIESZ TEAM	WARSZAWA	POL	M 30-39	69	M 156			00:45:53.00	00:45:53.00	4:35	13.1
158	ROGOZIŃSKI ADRIAN	664		WARSZAWA	POL	M 1-29	29	M 157	00:29:01	00:40:25	00:45:54.70	00:46:25.90	4:35	13.1
159	PIERZAK OŁAF	617		WARSZAWA	POL	M 40-49	52	M 158	00:29:42	00:40:44	00:45:59.35	00:46:09.55	4:35	13
160	SZYMAŃSKI ANDRZEJ	787		WARSZAWA	POL	M 30-39	70	M 159	00:29:15	00:40:30	00:46:00.80	00:46:11.85	4:36	13
161	PAWLUS BARTŁOMIEJ	607		WARSZAWA	POL	M 30-39	71	M 160	00:29:33	00:40:38	00:46:01.25	00:46:23.50	4:36	13
162	RYGALSKI MACIEJ	682	FAMA RUNNERS	WARSZAWA	POL	M 40-49	53	M 161	00:29:49	00:40:42	00:46:06.25	00:46:45.55	4:36	13
163	BEBELSKI RAFAŁ	28	KUŹNIA TRIATHLONU	WARSZAWA	POL	M 40-49	54	M 162			00:46:07.00	00:46:07.00	4:36	13
164	TOMASZEWSKI MAREK	811		WARSZAWA	POL	M 40-49	55	M 163	00:29:25	00:40:34	00:46:11.15	00:46:19.70	4:37	13
165	KRUPIŃSKI MAREK	410	DĄBROWSKI TEAM /ZABIEGANE DNI	OSTRÓŁĘKA	POL	M 1-29	30	M 164	00:29:15	00:40:32	00:46:14.25	00:46:21.65	4:37	13
166	MAKOWSKI MARCIN	483		WARSZAWA	POL	M 30-39	72	M 165	00:29:59	00:40:57	00:46:15.45	00:46:26.85	4:37	13
167	DRABOT WOJCIECH	151	ASSECO ACTIVE TEAM	WARSZAWA	POL	M 1-29	31	M 166	00:29:51	00:40:57	00:46:16.45	00:46:31.75	4:37	13
168	RABIEJ WOJCIECH	652	DUKLANOWSKI TEAM	WARSZAWA	POL	M 40-49	56	M 167	00:29:43	00:40:50	00:46:16.50	00:46:47.45	4:37	13
169	DRABOT ANDRZEJ	152	ASSECO ACTIVE TEAM	WARSZAWA	POL	M 40-49	57	M 168	00:29:51	00:40:57	00:46:17.55	00:46:32.75	4:37	13
170	DESKA LESZEK	143	WWW.LESZEKBIEGA.PL	NOWA IWICZNA	POL	M 40-49	58	M 169	00:31:04	00:41:26	00:46:19.80	00:48:30.00	4:38	12.9
171	BARTEL ROBERT	22	STARE BABICE BIEGAJĄ	LIPKÓW	POL	M 40-49	59	M 170	00:29:24	00:40:42	00:46:20.45	00:46:45.05	4:38	12.9
172	BAJDAŁA ROBERT	13		WARSZAWA	POL	M 30-39	73	M 171	00:29:36	00:41:10	00:46:21.85	00:47:04.90	4:38	12.9



**BIEG PRZEZ MOST 2019, M Open c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
173	MICHALAK JACEK	522		RAJSZEW	POL	M 30-39	74	M 172	00:30:10	00:40:56	00:46:22.85	00:46:54.65	4:38	12.9
174	KRUK MARCIN	978				M 30-39	75	M 173	00:29:30	00:40:51	00:46:23.40	00:46:37.70	4:38	12.9
175	JĘDRUSZCZAK ADAM	295	GOGGLE PARK TEAM	WARSZAWA	POL	M 1-29	32	M 174	00:29:52	00:41:17	00:46:23.80	00:46:51.10	4:38	12.9
176	GOLINSKI ARTUR	210		WARSZAWA	POL	M 40-49	60	M 175	00:29:45	00:41:02	00:46:30.90	00:47:02.65	4:39	12.9
177	SZYMAŃSKI JACEK	786		WARSZAWA	POL	M 40-49	61	M 176	00:30:29	00:41:18	00:46:31.25	00:47:12.25	4:39	12.9
178	KONDRAK PIOTR	362	VEGE RUNNERS	WARSZAWA	POL	M 40-49	62	M 177	00:29:57	00:41:08	00:46:36.50	00:47:29.50	4:39	12.9
179	PALUCH KAMIL	593		WARSZAWA	POL	M 30-39	76	M 178	00:29:39	00:41:02	00:46:37.95	00:46:55.30	4:39	12.9
180	ŻYŁAK ADRIAN	920	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 30-39	77	M 179	00:30:03	00:41:13	00:46:42.65	00:47:03.40	4:40	12.8
181	URBANIĄK MICHAŁ	823		KIELCE	POL	M 30-39	78	M 180	00:30:02	00:41:21	00:46:44.95	00:47:00.95	4:40	12.8
182	CZAJKOWSKI MARCIN	123		NOWE OSINY	POL	M 1-29	33	M 181	00:30:23	00:41:27	00:46:45.10	00:47:31.40	4:40	12.8
183	ŁUKASIAK JAN	474		WARSZAWA	POL	M 30-39	79	M 182	00:29:34	00:41:04	00:46:45.25	00:47:26.80	4:40	12.8
184	NOZDRYŃ-PLOTNICKI MARCIN	572		WARSZAWA	POL	M 40-49	63	M 183	00:28:09	00:40:56	00:46:46.00	00:46:58.80	4:40	12.8
185	ZIELIŃSKI JACEK	1002		WARSZAWA	POL	M 40-49	64	M 184	00:30:17	00:41:30	00:46:46.05	00:47:34.05	4:40	12.8
186	WEREDA PAWEŁ	841		WARSZAWA	POL	M 40-49	65	M 185	00:29:50	00:41:07	00:46:50.60	00:47:05.65	4:41	12.8
187	KOWALSKI MAREK	393	NUNA	NASIELSK	POL	M 30-39	80	M 186	00:30:25	00:41:36	00:46:51.70	00:47:20.45	4:41	12.8
188	PAWEŁOSZEK ROBERT	605	ROBERT SPINE TRENER PERSONALNY	WARSZAWA	POL	M 40-49	66	M 187	00:29:31	00:41:11	00:46:52.65	00:47:18.90	4:41	12.8
189	PRĘDOTA KRZYSZTOF	635	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M 40-49	67	M 188	00:30:32	00:41:22	00:46:55.55	00:47:36.85	4:41	12.8
190	SURDACKI DOMINIK	765		WARSZAWA	POL	M 30-39	81	M 189	00:30:12	00:41:39	00:46:57.40	00:47:23.45	4:41	12.8
191	BADOWSKI PIOTR	12	DEUTSCHE BANK MARATHON TEAM	WARSZAWA	POL	M 30-39	82	M 190	00:30:17	00:41:38	00:47:01.30	00:47:42.50	4:42	12.8
192	KAMOLA SŁAWOMIR	326	ABBA1 RUN	STASI ŁAS	POL	M 50-59	7	M 191	00:29:33	00:41:33	00:47:04.50	00:47:18.25	4:42	12.7
193	BARTYCZAK MICHAŁ	24		WARSZAWA	POL	M 1-29	34	M 192	00:28:43	00:40:52	00:47:07.05	00:47:17.05	4:42	12.7
194	KRYSIK ARKADIUSZ	414		TŁUSZCZ	POL	M 40-49	68	M 193	00:29:56	00:41:44	00:47:08.85	00:48:11.35	4:42	12.7
195	CZYŻYK MARCIN	129	ITMBW KRAKÓW	KRAKÓW	POL	M 30-39	83	M 194	00:30:08	00:41:29	00:47:14.85	00:47:45.05	4:43	12.7
196	URBAŃSKI PAWEŁ	825	KERK-PALM IS TEAM	WARSZAWA	POL	M 50-59	8	M 195	00:30:14	00:41:35	00:47:17.90	00:47:57.20	4:43	12.7
197	GÓRKA KRZYSZTOF	216		GRODZISK MAZ.	POL	M 50-59	9	M 196	00:30:33	00:41:41	00:47:20.30	00:47:35.30	4:44	12.7
198	BOROWY ŁUKASZ	66	BRAJANUSZ	ŻYRARDÓW	POL	M 30-39	84	M 197	00:29:52	00:41:39	00:47:24.05	00:47:46.20	4:44	12.7
199	ROŚLONIEC KAMIL	670		RZAŚNIK	POL	M 1-29	35	M 198	00:30:37	00:41:57	00:47:24.60	00:48:08.15	4:44	12.7
200	WOJCIECHOWSKI MAREK	870	ADIDAS RUNNERS WARSAW	BIĄŁYSTOK	POL	M 30-39	85	M 199	00:30:17	00:41:54	00:47:26.15	00:47:46.90	4:44	12.6
201	STROMECKI MARCIN	751	BFM	WARSZAWA	POL	M 1-29	36	M 200	00:30:31	00:41:53	00:47:26.80	00:49:48.30	4:44	12.6
202	DĄBROWSKI DANIEL	137		WARSZAWA	POL	M 1-29	37	M 201	00:30:24	00:42:00	00:47:26.95	00:49:39.90	4:44	12.6
203	WOJCIECHOWSKI ARTUR	869	:)	WARSZAWA	POL	M 1-29	38	M 202	00:28:37	00:41:12	00:47:28.55	00:47:40.70	4:44	12.6
204	FRAKIEWICZ DARIUSZ	176	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 40-49	69	M 203	00:30:18	00:41:57	00:47:40.05	00:48:36.75	4:46	12.6
205	BLASZCZYŃSKI WITOLD	47		WARSZAWA	POL	M 40-49	70	M 204	00:30:27	00:41:52	00:47:40.55	00:48:19.75	4:46	12.6
206	RÓŻYCKI JAROSŁAW	673		LEGIONOWO	POL	M 30-39	86	M 205	00:31:02	00:42:26	00:47:40.60	00:48:35.80	4:46	12.6
207	PAZIEWSKI ANDRZEJ	608	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 40-49	71	M 206	00:30:36	00:42:03	00:47:40.85	00:48:06.85	4:46	12.6
208	MOSUR KAMIL	544		WARSZAWA	POL	M 40-49	72	M 207	00:30:27	00:41:54	00:47:42.20	00:48:03.90	4:46	12.6
209	SMYŁ JACEK	724		WARSZAWA	POL	M 1-29	39	M 208	00:30:22	00:42:13	00:47:43.50	00:48:05.15	4:46	12.6
210	BARAN GRZEGORZ	19		WARSZAWA	POL	M 40-49	73	M 209	00:30:44	00:42:14	00:47:45.85	00:48:34.70	4:46	12.6
211	FALBA ZBIGNIEW	163	METLIFE RUN	WARSZAWA	POL	M 40-49	74	M 210	00:30:35	00:42:06	00:47:48.00	00:48:32.80	4:46	12.6
212	ŁUBIŃSKI KRZYSZTOF	469		WARSZAWA	POL	M 40-49	75	M 211	00:30:38	00:42:06	00:47:48.30	00:48:07.00	4:46	12.5
213	PADYSZ AREK	591		WARSZAWA	POL	M 40-49	76	M 212	00:30:45	00:42:06	00:47:49.20	00:48:20.10	4:47	12.5
214	JANISZEWSKI RAFAŁ	269		LEGIONOWO	POL	M 30-39	87	M 213	00:31:51	00:42:40	00:47:49.40	00:48:44.90	4:46	12.5
215	GOGOLEWSKI MICHAŁ	208		WARSZAWA	POL	M 40-49	77	M 214	00:30:22	00:41:59	00:47:49.45	00:48:15.05	4:47	12.5
216	PODGÓRSKI KRZYSZTOF	626	KOMITET SPORTU I TURYSTYKI KRZYSZTOFA PODGÓRSKIEGO	KATOWICE	POL	M 1-29	40	M 215	00:29:38	00:41:43	00:47:49.50	00:48:01.70	4:46	12.5
217	SZPANOWSKI MAREK	962		WARSZAWA	POL	M 50-59	10	M 216	00:31:24	00:42:34	00:47:52.20	00:48:34.20	4:47	12.5
218	DOMZAŁSKI ARTUR	148		WARSZAWA	POL	M 30-39	88	M 217	00:30:41	00:42:20	00:48:03.05	00:48:43.65	4:48	12.5
219	MANOWIECKI GRZEGORZ	495	BRAVERHEARTS	LEGIONOWO	POL	M 40-49	78	M 218	00:30:11	00:42:18	00:48:08.30	00:48:38.30	4:48	12.5
220	SIERZPUŃSKI PIOTR	703		OŻARÓW MAZOWIECKI	POL	M 1-29	41	M 219	00:31:31	00:42:51	00:48:09.60	00:49:03.70	4:48	12.5
221	DALECKI ŁUKASZ	130		NOWE PIEŚCIROGI	POL	M 30-39	89	M 220	00:31:10	00:42:30	00:48:09.95	00:48:53.45	4:49	12.5
222	KIESZEK TADEUSZ	344	DYSTANS LESZNO	LESZNO /WARSZAWY	POL	M 60+	4	M 221	00:31:16	00:42:29	00:48:10.30	00:48:57.95	4:49	12.5
223	OLCZAK JANUSZ	576	BIEGANIE 50+	WARSZAWA	POL	M 50-59	11	M 222	00:31:13	00:42:37	00:48:11.85	00:48:45.40	4:49	12.4
224	JAWORSKI ŁUKASZ	288		WARSZAWA	POL	M 40-49	79	M 223	00:31:12	00:42:29	00:48:15.15	00:49:10.50	4:49	12.4
225	KILIAŃSKI RAFAŁ	345	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M 40-49	80	M 224	00:31:17	00:42:47	00:48:17.00	00:48:58.60	4:49	12.4
226	ROSZAK WALDEMAR	671	BIEGAM NA ZIELONEJ BIAŁOLEŃCE	WARSZAWA	POL	M 50-59	12	M 225	00:30:36	00:42:32	00:48:17.30	00:48:47.20	4:49	12.4
227	MIODUSZEWSKI ADRIAN	534		WARSZAWA	POL	M 1-29	42	M 226	00:31:32	00:42:49	00:48:17.50	00:49:06.05	4:49	12.4
228	KOŁOMAŃSKI MAREK	360	EKOBIEGI	WARSZAWA	POL	M 40-49	81	M 227	00:30:13	00:42:19	00:48:17.70	00:48:48.35	4:49	12.4

**BIEG PRZEZ MOST 2019, M Open c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
229	DRZYMAŁA KRZYSZTOF	154		WARSZAWA	POL	M 30-39	90	M 228	00:31:17	00:42:40	00:48:19.05	00:49:12.50	4:49	12.4
230	ŚCIOCH MICHAŁ	791		WARSZAWA	POL	M 40-49	82	M 229	00:31:05	00:42:33	00:48:19.40	00:48:59.80	4:49	12.4
231	BARANOWSKI KRZYSZTOF	18	TO NATURALNE	ZIELONKA	POL	M 50-59	13	M 230			00:48:21.00	00:48:21.00	4:50	12.4
232	BIĄŁOKOS KAMIL	989	PARTNER	WARSZAWA	POL	M 40-49	83	M 231	00:30:54	00:42:37	00:48:22.90	00:49:58.85	4:50	12.4
233	HUSZCZA PAWEŁ	254		WARSZAWA	POL	M 30-39	91	M 232	00:30:49	00:42:36	00:48:25.05	00:48:42.90	4:50	12.4
234	DUDA JACEK	953		PRUSZKÓW	POL	M 30-39	92	M 233	00:31:18	00:42:45	00:48:29.20	00:49:21.75	4:50	12.4
235	KACYMIROW TOMASZ	314		HORNÓWEK	POL	M 50-59	14	M 234	00:30:55	00:42:40	00:48:29.65	00:49:04.15	4:51	12.4
236	KARPIŃSKI MARCIN	982		WARSZAWA	POL	M 30-39	93	M 235	00:31:14	00:42:40	00:48:30.25	00:48:58.90	4:51	12.4
237	WIERZCHOŁOWSKI MARCIN	848		WARSZAWA	POL	M 40-49	84	M 236	00:31:27	00:43:15	00:48:30.50	00:49:15.10	4:51	12.4
238	TOCZEWSKI KAMIL	809	JACEKBIEGA RUNING TEAM	WARSZAWA	POL	M 1-29	43	M 237	00:30:36	00:42:33	00:48:31.90	00:49:04.25	4:51	12.4
239	MAKOWSKI KRYSZTIAN	484	RUN4FUN	WARSZAWA	POL	M 1-29	44	M 238	00:31:04	00:42:56	00:48:32.30	00:49:09.45	4:51	12.4
240	BARSZCZEWSKI MACIEJ	20	TN BIEGÓWKI WESOŁA	LASKI	POL	M 40-49	85	M 239	00:30:32	00:42:39	00:48:34.85	00:48:57.55	4:51	12.3
241	RUTKOWSKI MICHAŁ	680	KARAŚ SWIMMING TEAM	WARSZAWA	POL	M 40-49	86	M 240	00:31:23	00:43:00	00:48:38.40	00:49:23.80	4:51	12.3
242	KRÓL CZYŃSKI MACIEJ	994		GRODZISK MAZOWIECKI	POL	M 30-39	94	M 241	00:31:26	00:42:59	00:48:39.20	00:49:26.85	4:51	12.3
243	GRZYMAŁA ANDRZEJ	940		WARSZAWA	POL	M 40-49	87	M 242	00:30:59	00:42:51	00:48:41.10	00:49:38.20	4:52	12.3
244	NIEDZIELA DOMINIK	558		WARSZAWA	POL	M 40-49	88	M 243	00:31:19	00:43:00	00:48:43.80	00:49:43.05	4:52	12.3
245	SUCHORAB KRZYSZTOF	760		WARSZAWA	POL	M 30-39	95	M 244	00:31:21	00:43:00	00:48:47.20	00:50:23.50	4:52	12.3
246	SZCZĘSNY PAWEŁ	774		WARSZAWA	POL	M 40-49	89	M 245	00:30:41	00:42:47	00:48:51.00	00:49:36.10	4:53	12.3
247	SZCZEPAŃSKI PIOTR	923	KONDYCJA	KONSTANCIN-JEZIORNA	POL	M 1-29	45	M 246	00:35:59	00:43:31	00:48:52.75	00:48:56.05	4:53	12.3
248	PROKOPIUK GRZEGORZ	945		WARSZAWA	POL	M 40-49	90	M 247	00:31:21	00:43:08	00:48:53.90	00:49:02.70	4:53	12.3
249	SZAŁASZEWSKI ŁUKASZ	691		WARSZAWA	POL	M 40-49	91	M 248	00:32:05	00:43:35	00:48:54.90	00:49:42.85	4:53	12.3
250	CELIŃSKI RAFAŁ	87		WARSZAWA	POL	M 40-49	92	M 249	00:31:44	00:43:21	00:48:59.00	00:49:44.40	4:53	12.2
251	LIPIŃSKI OSKAR	932		WARSZAWA	POL	M 30-39	96	M 250	00:31:21	00:43:29	00:49:02.30	00:49:35.55	4:54	12.2
252	FRAĆKOWSKI SŁAWOMIR	177		WARSZAWA	POL	M 40-49	93	M 251	00:31:13	00:43:07	00:49:05.30	00:49:38.40	4:54	12.2
253	JANKOWSKI DARIUSZ	275	PAŁUKI RUNNING TEAM	WARSZAWA	POL	M 30-39	97	M 252	00:32:17	00:43:37	00:49:12.00	00:49:59.35	4:55	12.2
254	WINIARCZYK BARTŁOMIEJ	852		WARSZAWA	POL	M 1-29	46	M 253	00:30:47	00:42:56	00:49:13.40	00:50:03.05	4:55	12.2
255	SZLENDAK MAREK	777		RYKI	POL	M 30-39	98	M 254	00:31:55	00:43:33	00:49:17.15	00:50:07.55	4:55	12.2
256	PERLAN ROBERT	611	DYSTANS LESZNO	LESZNO	POL	M 40-49	94	M 255	00:31:41	00:43:26	00:49:19.35	00:49:58.65	4:55	12.2
257	MІŁOSZ MAREK	532		WARSZAWA	POL	M 50-59	15	M 256	00:31:27	00:43:17	00:49:19.95	00:50:10.05	4:56	12.2
258	WOŁOWSKI KAMIL	874		WARSZAWA	POL	M 30-39	99	M 257	00:32:02	00:43:35	00:49:21.40	00:50:18.10	4:56	12.2
259	STAROWICZ KAZIMIERZ	744		WARSZAWA	POL	M 30-39	100	M 258	00:32:05	00:43:47	00:49:22.85	00:49:46.45	4:56	12.1
260	KRÓL TOMASZ	402		NOWY DWÓR MAZOWIECKI	POL	M 30-39	101	M 259	00:31:29	00:43:30	00:49:23.15	00:49:50.60	4:56	12.1
261	SIESZ JAROSŁAW	704		PABIANICE	POL	M 50-59	16	M 260	00:32:04	00:43:46	00:49:24.00	00:49:47.35	4:56	12.1
262	DEREWICZ MARIUSZ	142		WARSZAWA	POL	M 30-39	102	M 261	00:31:58	00:43:40	00:49:24.20	00:50:20.10	4:56	12.1
263	ŚCIBISZ TOMEK	789		WARSZAWA	POL	M 40-49	95	M 262	00:31:46	00:43:26	00:49:24.60	00:50:05.20	4:56	12.1
264	WACH MICHAŁ	828	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 40-49	96	M 263	00:32:00	00:43:40	00:49:24.65	00:49:59.90	4:56	12.1
265	PERKOWSKI PAWEŁ	610		WARSZAWA	POL	M 30-39	103	M 264	00:31:40	00:43:34	00:49:26.95	00:50:09.40	4:56	12.1
266	WITUSIK SZYMON	857		WARSZAWA	POL	M 1-29	47	M 265	00:32:20	00:44:02	00:49:29.45	00:50:02.10	4:57	12.1
267	CIOŁEK ROBERT	114	MASTERS DOJO	WARSZAWA	POL	M 40-49	97	M 266	00:32:09	00:43:46	00:49:31.30	00:50:30.45	4:57	12.1
268	BOGUCCI MICHAŁ	53		WARSZAWA	POL	M 1-29	48	M 267	00:30:48	00:43:29	00:49:32.95	00:49:56.30	4:57	12.1
269	SZUSTAK DAREK	785		RASZYN	POL	M 50-59	17	M 268	00:32:10	00:44:04	00:49:40.05	00:50:18.85	4:58	12.1
270	MILLER DANIEL MILLER	531	WARSAW INTERNATIONAL TRIATHLON CLUB (WITC)	WARSZAWA	POL	M 40-49	98	M 269	00:32:15	00:44:06	00:49:40.95	00:50:47.65	4:58	12.1
271	ROJEK RAFAŁ	665		WARSZAWA	POL	M 40-49	99	M 270	00:31:45	00:43:45	00:49:41.20	00:50:21.80	4:58	12.1
272	URBAN MARIUSZ	822	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 40-49	100	M 271	00:31:47	00:43:49	00:49:43.75	00:52:04.65	4:58	12.1
273	KACHNIARZ SŁAWOMIR	308	KAWAII SUSHI	LEGIONOWO	POL	M 40-49	101	M 272	00:31:03	00:43:29	00:49:47.15	00:50:28.50	4:58	12.1
274	GAWLIK ARKADIUSZ	191	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 40-49	102	M 273	00:31:45	00:43:47	00:49:48.00	00:50:45.45	4:58	12
275	KACPURA PIOTR	313		STOCZEK	POL	M 40-49	103	M 274	00:32:13	00:43:52	00:49:48.20	00:50:41.65	4:58	12
276	ŻOCHOWSKI PAWEŁ	912		SKRZESZEW	POL	M 30-39	104	M 275	00:31:13	00:43:45	00:49:48.35	00:50:31.40	4:58	12
277	DUDEK BARTŁOMIEJ	155	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 30-39	105	M 276	00:31:31	00:43:36	00:49:52.40	00:51:14.50	4:59	12
278	GIL WOJCIECH	201	NW CZĘŁPSKI TEAM	WARSZAWA	POL	M 40-49	104	M 277	00:32:14	00:43:59	00:49:54.10	00:50:42.40	4:59	12
279	GÓRKA MARCIN	215	POLSA	WARSZAWA	POL	M 40-49	105	M 278	00:32:11	00:44:14	00:49:58.45	00:50:56.20	4:59	12
280	RUSIN BARTOSZ	678	KS STASZEWSKY	JABŁONNA	POL	M 40-49	106	M 279	00:31:32	00:43:46	00:50:00.30	00:50:38.60	5:00	12
281	TARASIUK ŁUKASZ	804		MROZY	POL	M 40-49	107	M 280	00:32:24	00:44:14	00:50:01.30	00:50:55.80	5:00	12
282	SMUŁEK RAFAŁ	723		WARSZAWA	POL	M 1-29	49	M 281	00:32:13	00:44:21	00:50:02.05	00:50:58.70	5:00	12
283	MAREK BARTŁOMIEJ	500		DĘBE WIELKIE	POL	M 30-39	106	M 282	00:32:38	00:44:29	00:50:02.05	00:50:55.70	5:00	12
284	ORŁOWSKI KRZYSZTOF	585	PARKRUN WARSZAWA BRÓDNO	WARSZAWA	POL	M 40-49	108	M 283	00:31:28	00:44:00	00:50:02.90	00:50:11.80	5:00	12

**BIEG PRZEZ MOST 2019, M Open c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
285	JAROSZEK PIOTR	281	VEGE RUNNERS	KRECZKI	POL	M 30-39	107	M 284	00:31:33	00:43:50	00:50:03.05	00:50:40.00	5:00	12
286	ŻURAWSKI MARCIN	919	BIEGAM NA TARCHOMINIE/ADIDAS RUNNERS WARSAW	WARSAWA	POL	M 40-49	109	M 285	00:32:13	00:44:12	00:50:03.70	00:50:38.40	5:00	12
287	JANKOWSKI ANDRZEJ	276	CAT-FIT	ZEGRZE	POL	M 40-49	110	M 286	00:32:29	00:44:23	00:50:07.60	00:50:58.00	5:00	12
288	PRZYBYSZ TOMASZ	643		WARSAWA	POL	M 1-29	50	M 287	00:32:08	00:44:21	00:50:09.05	00:50:51.25	5:00	12
289	MANCZENKO EUGENIUSZ	494	LEŚNE SZYCHY	WARSAWA	POL	M 30-39	108	M 288	00:32:43	00:44:27	00:50:11.90	00:51:16.20	5:01	12
290	PASZKOWSKI CEZARY	603		WARSAWA	POL	M 40-49	111	M 289	00:32:44	00:44:27	00:50:12.40	00:51:16.40	5:01	12
291	NOGAS SEBASTIAN	560	PZU SPORTTEAM	WARSAWA	POL	M 30-39	109	M 290			00:50:13.00	00:50:13.00	5:01	11.9
292	SUCHODOLSKI MARIUSZ	758	TRUCHT TARCHOMIN TEAM	WARSAWA	POL	M 40-49	112	M 291	00:32:18	00:44:08	00:50:16.95	00:51:04.15	5:01	11.9
293	WITUSIK PAWEŁ	856		WARSAWA	POL	M 40-49	113	M 292	00:32:21	00:44:30	00:50:18.90	00:50:51.25	5:01	11.9
294	ŻÓŁKOWSKI MAREK	914	TEAM ZABIEGANEDNI	WARSAWA	POL	M 60+	5	M 293	00:32:36	00:44:33	00:50:19.00	00:51:01.45	5:01	11.9
295	FRYCH MICHAŁ	178		WARSAWA	POL	M 40-49	114	M 294	00:32:02	00:44:18	00:50:20.20	00:51:12.75	5:02	11.9
296	SKŁUCKI HUBERT	715	RUN TEAM NASIELSK	NASIELSK	POL	M 40-49	115	M 295	00:31:21	00:44:24	00:50:24.30	00:50:40.30	5:02	11.9
297	WOJNARSKI JANUSZ	871		WARSAWA	POL	M 60+	6	M 296	00:32:30	00:44:30	00:50:31.65	00:51:35.25	5:03	11.9
298	KLEPACKI PIOTR	350		PIOTRKOW TRYB.	POL	M 30-39	110	M 297	00:33:03	00:44:46	00:50:31.70	00:50:43.70	5:03	11.9
299	KOWNACKI MARCIN	396		WARSAWA	POL	M 40-49	116	M 298	00:31:42	00:44:15	00:50:31.85	00:51:03.35	5:03	11.9
300	RZECZKOWSKI ZYGMUNT	686	METRO WARSAWSKIE	WARSAWA	POL	M 60+	7	M 299	00:32:08	00:44:21	00:50:32.55	00:51:34.65	5:03	11.9
301	LIBOLD MACIEK	447		WARSAWA	POL	M 30-39	111	M 300	00:32:39	00:44:36	00:50:37.95	00:50:51.35	5:03	11.8
302	DUDKO MIKALAI	156	JACEKBIEGA RUNNING TEAM	WARSAW	POL	M 30-39	112	M 301	00:32:25	00:45:08	00:50:44.35	00:51:28.05	5:04	11.8
303	DOMINIAK ZBIGNIEW	147	GRUPAZERO	WARSAWA	POL	M 40-49	117	M 302	00:32:09	00:44:26	00:50:47.75	00:51:47.20	5:04	11.8
304	KASKA MATEUSZ	334		WOŁOMIN	POL	M 30-39	113	M 303	00:31:31	00:44:19	00:50:49.00	00:51:26.60	5:04	11.8
305	KMIĘĆ KAMIL	357		ZĄBKI	POL	M 1-29	51	M 304	00:33:14	00:45:09	00:50:51.10	00:51:50.35	5:05	11.8
306	WIŚNIEWSKI PAWEŁ	854	ŁOMIAŃSKA GRUPA BIEGOWA	ŁOMIAŃKI	POL	M 40-49	118	M 305	00:32:19	00:44:42	00:50:52.20	00:51:25.15	5:05	11.8
307	MYSZKE ARTUR	553		WARSAWA	POL	M 40-49	119	M 306	00:32:26	00:44:49	00:50:54.60	00:51:47.60	5:05	11.8
308	CHRÓST MARCIN	100	KS-ZIELONO CZARNI	MIŃSK MAZOWIECKI	POL	M 30-39	114	M 307	00:31:05	00:44:19	00:50:57.45	00:51:23.05	5:05	11.8
309	POLEĆ ANDRZEJ	631		WARSAWA	POL	M 40-49	120	M 308	00:32:21	00:44:51	00:50:59.50	00:51:53.10	5:06	11.8
310	BOROWSKI MARIUSZ	65		WARSAWA	POL	M 40-49	121	M 309	00:32:56	00:45:00	00:50:59.85	00:51:50.85	5:05	11.8
311	BITKOWSKI BARTEK	46		WARSAWA	POL	M 40-49	122	M 310	00:33:19	00:45:05	00:51:02.00	00:51:54.00	5:06	11.8
312	WOJTAS MICHAŁ	929		WARSAWA	POL	M 1-29	52	M 311	00:33:10	00:45:11	00:51:03.15	00:51:56.65	5:06	11.8
313	NOWAK DAWID	566		WARSAWA	POL	M 30-39	115	M 312	00:33:57	00:45:41	00:51:03.45	00:52:29.20	5:06	11.7
314	JÓŻWIK GRZEGORZ	300		WARSAWA	POL	M 40-49	123	M 313	00:31:52	00:44:43	00:51:03.75	00:51:31.40	5:06	11.7
315	ADAMIAK PIOTR	1		WARSAWA	POL	M 40-49	124	M 314	00:33:00	00:45:14	00:51:07.95	00:51:43.95	5:06	11.7
316	ŚWIĆ RAFAŁ	793	TRUCHT TARCHOMIN TEAM	WARSAWA	POL	M 40-49	125	M 315	00:32:41	00:45:02	00:51:08.00	00:51:57.25	5:06	11.7
317	BIENIEK WOJCIECH	43	TRENER24	WARSAWA	POL	M 30-39	116	M 316	00:32:47	00:45:13	00:51:12.95	00:52:15.60	5:07	11.7
318	DERESZEWSKI PIOTR	141	ZABIEGANY WOŁOMIN	WARSAWA	POL	M 40-49	126	M 317	00:32:31	00:44:58	00:51:13.00	00:51:45.85	5:07	11.7
319	ROGAŁA MARCIN	662		WARSAWA	POL	M 30-39	117	M 318	00:32:15	00:45:01	00:51:13.40	00:51:48.20	5:07	11.7
320	PASIŃSKI DANIEL	949	GRUPA BIEGOWA UM WARSAWA	WARSAWA	POL	M 30-39	118	M 319	00:32:32	00:45:17	00:51:18.70	00:51:49.10	5:07	11.7
321	BAZYLEWICZ HUBERT	27		WARSAWA	POL	M 30-39	119	M 320	00:32:15	00:45:06	00:51:21.20	00:52:17.15	5:08	11.7
322	KONIECKI TOMASZ	363		WARSAWA	POL	M 40-49	127	M 321	00:33:13	00:45:16	00:51:24.60	00:52:16.20	5:08	11.7
323	GRABOWSKI WOJCIECH	972	ANPHARM RUN TEAM	WARSAWA	POL	M 40-49	128	M 322	00:33:10	00:45:13	00:51:24.75	00:53:35.25	5:08	11.7
324	MATENKA PIOTR	508	DYSPOZYCJA DNIA TEAM	WARSAWA	POL	M 40-49	129	M 323	00:32:56	00:45:25	00:51:24.85	00:52:15.05	5:08	11.7
325	ODZIEMCZYK SEBASTIAN	574		WARSAWA	POL	M 30-39	120	M 324	00:32:46	00:45:15	00:51:26.35	00:52:15.90	5:08	11.7
326	SKARŻYŃSKI ADAM	711	GRUPA BIEGOWA UM W-WA	WARSAWA	POL	M 30-39	121	M 325	00:32:52	00:45:17	00:51:32.05	00:52:20.30	5:09	11.6
327	KOPER SEBASTIAN	369	CARREFOUR RUNNING TEAM	WARSAWA	POL	M 40-49	130	M 326	00:32:37	00:45:17	00:51:33.90	00:52:11.00	5:09	11.6
328	KLIMCZYŃSKI RAFAŁ	351		WARSAWA	POL	M 30-39	122	M 327	00:33:14	00:45:33	00:51:34.00	00:52:45.25	5:09	11.6
329	CHUDIO MARCIN	103		WARSAWA	POL	M 30-39	123	M 328	00:32:39	00:45:22	00:51:36.45	00:52:28.45	5:09	11.6
330	BIEDROŃ ARTUR	40	TARCHO CHARTY	WARSAWA	POL	M 40-49	131	M 329	00:33:14	00:45:39	00:51:38.90	00:52:24.00	5:09	11.6
331	KĘDZIERSKI MIECZYSLAW	339	TG SOKÓŁ BRWINÓW	MILANÓWEK	POL	M 60+	8	M 330	00:32:58	00:45:29	00:51:40.30	00:52:53.95	5:10	11.6
332	BEDNARSKI TOMASZ	32		WARSAWA	POL	M 40-49	132	M 331	00:34:00	00:45:56	00:51:41.70	00:52:24.30	5:10	11.6
333	FABIANOWICZ PAWEŁ	162	BOŚ BANK SA	WARSAWA	POL	M 30-39	124	M 332	00:32:35	00:45:21	00:51:43.00	00:52:35.55	5:10	11.6
334	CZAPSKI MICHAŁ	124	BIEGAM NA TARCHOMINIE	WARSAWA	POL	M 30-39	125	M 333	00:32:38	00:45:31	00:51:43.80	00:52:19.30	5:10	11.6
335	STOKOWSKI PAWEŁ	985		WARSAWA	POL	M 30-39	126	M 334	00:32:59	00:45:25	00:51:44.70	00:52:13.80	5:10	11.6
336	WALECKI ROMUALD	959	KLUB SAMICY NOSOROŻCA	WARSAWA	POL	M 40-49	133	M 335	00:32:32	00:45:41	00:51:44.80	00:51:51.45	5:10	11.6
337	MARCZEWSKI MARCIN	499	RESILIA BEMOWO	WARSAWA	POL	M 40-49	134	M 336	00:32:59	00:45:54	00:51:47.45	00:52:41.25	5:10	11.6
338	GRYCNER PAWEŁ	230	SHAKALAKA BOOM BOOM	WARSAWA	POL	M 30-39	127	M 337	00:33:29	00:45:55	00:51:52.10	00:52:48.10	5:11	11.6
339	FILIPCZUK DARIUSZ	169		ZIELONKA	POL	M 50-59	18	M 338	00:32:49	00:45:33	00:51:53.50	00:52:33.40	5:11	11.6
340	CHOTOMSKI MARCIN	99		LEGIONOWO	POL	M 30-39	128	M 339	00:33:18	00:45:48	00:51:54.40	00:52:01.35	5:11	11.6

**BIEG PRZEZ MOST 2019, M Open c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
341	BELOWSKI LESZEK	34	CHEMIK NOXY PUŁAWY	PULAWY	POL	M 60+	9	M 340	00:33:09	00:45:42	00:51:54.45	00:52:59.80	5:11	11.6
342	CHĘC TOMASZ	89		WARSZAWA	POL	M 30-39	129	M 341	00:33:51	00:46:08	00:51:56.85	00:53:06.20	5:11	11.5
343	SŁOMKA BOGUMIŁ	720		WARSZAWA	POL	M 40-49	135	M 342	00:33:09	00:45:51	00:52:04.65	00:53:18.30	5:12	11.5
344	STRZAŁEK ANDRZEJ	752	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M 50-59	19	M 343	00:33:13	00:45:55	00:52:09.05	00:52:58.00	5:13	11.5
345	PANASZEWSKI PRZEMYSŁAW	597		KOSZALIN	POL	M 1-29	53	M 344	00:33:51	00:46:13	00:52:11.65	00:53:17.65	5:13	11.5
346	SZOPA SŁAWOMIR	780		WARSZAWA	POL	M 40-49	136	M 345	00:33:12	00:45:58	00:52:13.05	00:53:07.85	5:13	11.5
347	LISZEWSKI KRZYSZTOF	452	RUN TEAM NASIELSK	WARSZAWA	POL	M 40-49	137	M 346	00:33:05	00:45:31	00:52:21.25	00:53:09.50	5:14	11.5
348	FLORYSIAK ARTUR	175		WARSZAWA	POL	M 40-49	138	M 347	00:34:08	00:46:31	00:52:25.05	00:53:28.65	5:14	11.4
349	CIEPLAK ANDRZEJ	106		WARSZAWA	POL	M 40-49	139	M 348	00:34:40	00:46:48	00:52:28.05	00:54:02.15	5:14	11.4
350	JASIŃSKI ADAM	283		ZĄBKI	POL	M 30-39	130	M 349	00:34:06	00:46:28	00:52:29.20	00:53:29.55	5:14	11.4
351	WANOWSKI ANDRZEJ	832	ROZBIEGAMY NOWY DWÓR	NOWY DWÓR MAZOWIECKI	POL	M 60+	10	M 350	00:33:27	00:46:01	00:52:29.40	00:53:26.50	5:14	11.4
352	FIJALEK KAMIL	168		WARSZAWA	POL	M 30-39	131	M 351	00:33:26	00:46:12	00:52:32.00	00:53:44.30	5:15	11.4
353	SZCZEPAŃSKI MARCIN	771	WATAHA-WARSZAWA	PIASECZNO	POL	M 30-39	132	M 352	00:33:31	00:46:21	00:52:32.60	00:53:21.15	5:15	11.4
354	ANTOSIK PIOTR	9		WARSZAWA	POL	M 40-49	140	M 353	00:34:35	00:46:55	00:52:35.20	00:54:03.65	5:15	11.4
355	CHRZANOWSKI WOJCIECH	102	CJHRZANOWSKITEAM	WARSZAWA	POL	M 30-39	133	M 354	00:33:39	00:46:22	00:52:36.80	00:53:53.20	5:15	11.4
356	SOPELEWSKI SEBASTIAN	731		WARSZAWA	POL	M 30-39	134	M 355	00:33:46	00:46:41	00:52:37.20	00:53:28.20	5:15	11.4
357	MARUSZAK ŁUKASZ	504	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 30-39	135	M 356	00:34:08	00:46:45	00:52:39.70	00:53:22.60	5:16	11.4
358	POLAK MICHAŁ	629		WARSZAWA	POL	M 30-39	136	M 357	00:33:48	00:46:40	00:52:44.65	00:53:31.40	5:16	11.4
359	KAMIŃSKI WIESŁAW	324	NASIELSK BASZTA TEAM	WARSZAWA	POL	M 50-59	20	M 358	00:35:38	00:47:02	00:52:50.80	00:54:16.65	5:17	11.4
360	ZAJDA DOMINIK	883		WARSZAWA	POL	M 1-29	54	M 359	00:33:09	00:46:35	00:52:51.90	00:53:13.25	5:17	11.3
361	MATUSIAK KAROL	943	BDG	WARSZAWA	POL	M 1-29	55	M 360	00:33:39	00:46:48	00:52:52.45	00:54:12.40	5:17	11.3
362	ŁABA PIOTR	455		ZIELONKA	POL	M 40-49	141	M 361	00:33:35	00:46:31	00:52:53.35	00:53:45.90	5:17	11.3
363	KRUSZEWSKI PIOTR	412		ZIELONKA	POL	M 40-49	142	M 362	00:33:35	00:46:31	00:52:53.80	00:53:45.80	5:17	11.3
364	ZIOŁO GRZEGORZ	946		WARSZAWA	POL	M 1-29	56	M 363	00:33:39	00:46:48	00:52:53.95	00:54:13.10	5:17	11.3
365	SZCZYGIEL MICHAŁ	775		STRZYŻÓW	POL	M 1-29	57	M 364	00:34:18	00:46:51	00:52:59.50	00:55:59.10	5:18	11.3
366	GŁÓWKA RAFAŁ	206		MARKI	POL	M 40-49	143	M 365	00:33:08	00:46:20	00:52:59.65	00:53:23.75	5:17	11.3
367	MENDREK IRENEUSZ	517	TURBODZIKI	WARSZAWA	POL	M 30-39	137	M 366	00:34:44	00:46:54	00:52:59.85	00:54:12.40	5:18	11.3
368	ZIELINSKI KRZYSZTOF	905	HIKINGTOURS.PL	WARSZAWA	POL	M 40-49	144	M 367	00:34:23	00:46:59	00:53:05.75	00:54:55.00	5:18	11.3
369	WASILEWSKI GRZEGORZ	837	RUN TEAM NASIELSK	PLÓNSK	POL	M 30-39	138	M 368	00:34:25	00:47:06	00:53:17.15	00:53:51.25	5:19	11.3
370	KUCZYŃSKI IGOR	421	APTEKARZ WARSZAWSKI	WARSZAWA	POL	M 40-49	145	M 369	00:33:58	00:46:55	00:53:17.75	00:54:11.95	5:19	11.3
371	SZTRANTOWICZ PIOTR	783		WARSZAWA	POL	M 40-49	146	M 370	00:33:53	00:46:59	00:53:20.75	00:54:21.55	5:20	11.2
372	BARTECKI TOMASZ	967		WROCLAW	POL	M 30-39	139	M 371	00:34:39	00:47:15	00:53:20.85	00:54:30.50	5:20	11.2
373	WASIAK BARTOSZ	834		WARSZAWA	POL	M 30-39	140	M 372	00:34:30	00:47:20	00:53:29.05	00:54:47.95	5:20	11.2
374	CHMIELECKI TOMASZ	91	LOTAMS TEAM	PIASTÓW	POL	M 40-49	147	M 373	00:33:41	00:47:07	00:53:30.85	00:54:19.70	5:21	11.2
375	KARCZEWSKI JACEK	330	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 40-49	148	M 374	00:34:55	00:47:26	00:53:31.30	00:54:53.70	5:21	11.2
376	KRZYWIEC PRZEMYSŁAW	417		FALENTY	POL	M 30-39	141	M 375	00:35:01	00:47:31	00:53:32.05	00:54:31.95	5:21	11.2
377	GARBACZEWSKI ZBIGNIEW	189	GRUPA BIEGOWA UM W-WA	JABŁONNA	POL	M 40-49	149	M 376	00:33:02	00:46:38	00:53:38.85	00:54:38.50	5:21	11.2
378	KLEPACKI PAWEŁ	349		WARSZAWA	POL	M 30-39	142	M 377	00:33:42	00:47:09	00:53:43.45	00:53:55.90	5:22	11.2
379	ROJEK HUBERT	666		LESZCZYDÓŁ NOWINY	POL	M 1-29	58	M 378	00:35:37	00:48:05	00:53:49.90	00:55:00.80	5:23	11.1
380	TRATKIEWICZ MAREK	813		WARSZAWA	POL	M 40-49	150	M 379	00:34:37	00:47:38	00:53:50.35	00:54:26.85	5:23	11.1
381	SULICH MATEUSZ	761		LEGIONOWO	POL	M 1-29	59	M 380	00:35:04	00:47:38	00:53:50.75	00:54:49.10	5:23	11.1
382	ADAMKIEWICZ MARCIN	961	INICJATYWA MIESZKAŃCÓW BIAŁOŁĘKI	WARSZAWA	POL	M 30-39	143	M 381	00:33:08	00:47:08	00:53:51.75	00:54:04.40	5:23	11.1
383	KLUJ BOGUSŁAW	354	BIEGNĚ DLA SANDRY I ROBERTA	ZAKRĘT	POL	M 60+	11	M 382	00:34:43	00:47:37	00:53:56.15	00:54:56.05	5:23	11.1
384	PIOTROWSKI JAN	624		WARSZAWA	POL	M 30-39	144	M 383	00:34:24	00:47:17	00:53:57.50	00:56:03.00	5:23	11.1
385	SYPNIEWSKI PIOTR	770	TKKF BŁYSKAWICA	WARSZAWA	POL	M 40-49	151	M 384	00:34:58	00:47:34	00:53:58.75	00:55:05.75	5:23	11.1
386	WŁÓDEK RAFAŁ	863		WARSZAWA	POL	M 30-39	145	M 385	00:34:20	00:47:36	00:54:00.60	00:55:21.75	5:24	11.1
387	MARCZAK MARCIN	498		WARSZAWA	POL	M 30-39	146	M 386	00:34:54	00:47:58	00:54:03.70	00:55:35.10	5:24	11.1
388	MITURA GRZEGORZ	537		WARSZAWA	POL	M 30-39	147	M 387	00:34:30	00:47:44	00:54:05.10	00:54:57.45	5:24	11.1
389	MOCZYDŁOWSKI ŁUKASZ	540	MASTERS DOJO	WARSZAWA	POL	M 40-49	152	M 388	00:35:08	00:47:57	00:54:08.55	00:55:19.75	5:24	11.1
390	CIESIELSKI RAFAŁ	109	WOJEWÓDZCY TEAM	WARSZAWA	POL	M 40-49	153	M 389	00:34:58	00:47:46	00:54:14.25	00:55:19.75	5:25	11.1
391	KOSTRUBIEC GRZEGORZ	381		WARSZAWA	POL	M 30-39	148	M 390	00:34:34	00:47:47	00:54:16.45	00:54:28.00	5:25	11.1
392	KORNESZCZUK WOJCIECH	374		STASI LAS	POL	M 30-39	149	M 391	00:35:08	00:48:23	00:54:17.20	00:55:31.65	5:25	11.1
393	CHOJNOWSKI ANDRZEJ	96	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 40-49	154	M 392	00:34:30	00:47:50	00:54:18.65	00:55:21.35	5:25	11
394	STACHACZ MIROSLAW	736	ZPHU DREWMAX	OSTROŁĘKA	POL	M 50-59	21	M 393	00:33:54	00:47:30	00:54:19.30	00:55:28.50	5:25	11
395	ŚWIERSZCZ ANDRZEJ	797		WARSZAWA	POL	M 50-59	22	M 394	00:34:54	00:47:58	00:54:20.90	00:55:35.20	5:26	11
396	LEBIODA TOMASZ	437		WARSZAWA	POL	M 1-29	60	M 395	00:33:42	00:47:40	00:54:21.55	00:54:52.20	5:26	11
397	TUCZYŃSKI ROBERT	816	ORT ŁOMIANKI	ŁOMIANKI	POL	M 40-49	155	M 396	00:34:42	00:47:58	00:54:27.20	00:55:23.60	5:26	11

**BIEG PRZEZ MOST 2019, M Open c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
398	GROCHOWSKI PAWEŁ	227	PZU SPORT TEAM	WARSZAWA	POL	M 30-39	150	M 397	00:34:52	00:48:16	00:54:28.45	00:55:37.55	5:26	11
399	JABŁONKA RADOŚLAW	258	DZIADY OCR	WYSZKÓW	POL	M 40-49	156	M 398	00:34:31	00:48:07	00:54:35.05	00:55:31.35	5:27	11
400	GOLONKA PATRYK	937	MASTERS DOJO	WARSZAWA	POL	M 1-29	61	M 399	00:36:10	00:49:16	00:54:36.25	00:55:47.75	5:27	11
401	MATUSZEWSKI PAWEŁ	510		NOWY DWÓR MAZOWIECKI	POL	M 30-39	151	M 400	00:35:07	00:48:21	00:54:39.15	00:55:37.50	5:27	11
402	BORUSZEWSKI MACIEJ	67		WARSZAWA	POL	M 40-49	157	M 401	00:35:08	00:48:21	00:54:42.70	00:55:38.00	5:28	11
403	ZAKRZEWSKI MAREK	884	EKOBIEGI	WARSZAWA	POL	M 40-49	158	M 402	00:35:04	00:47:57	00:54:43.75	00:55:45.05	5:28	11
404	JARMUŻEWSKI ADAM	279	TIA	WARSZAWA	POL	M 40-49	159	M 403	00:35:15	00:48:13	00:54:44.25	00:56:11.65	5:28	11
405	KARWOWSKI MARIUSZ	332	GRUPA BIEGOWA UM W-WA	CHOTOMÓW	POL	M 40-49	160	M 404	00:36:03	00:48:42	00:54:44.80	00:56:17.75	5:28	11
406	MAMLA ZBIGNIEW	493	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M 40-49	161	M 405	00:35:01	00:48:02	00:54:46.05	00:55:47.15	5:28	11
407	MIANOWSKI MARCIN	519		OTWOCK	POL	M 40-49	162	M 406	00:32:40	00:47:38	00:54:47.60	00:54:56.70	5:28	11
408	NOWACKI JULIAN	938	TO NATURALNE	WARSZAWA	POL	M 60+	12	M 407	00:35:03	00:48:14	00:54:50.50	00:55:09.70	5:29	10.9
409	BAKUŁA WIEŚLAW	14	WAMPIR	KADZIDŁO	POL	M 50-59	23	M 408	00:34:16	00:48:02	00:54:53.90	00:55:20.30	5:29	10.9
410	NOWAK JERZY	565	PWPW	WA-WA	POL	M 40-49	163	M 409	00:35:33	00:48:23	00:54:53.95	00:56:33.40	5:29	10.9
411	KORLAK ŁUKASZ	371		WARSZAWA	POL	M 30-39	152	M 410	00:35:56	00:48:58	00:54:54.80	00:56:06.05	5:29	10.9
412	SULIŃSKI SŁAWOMIR	763		WARSZAWA	POL	M 40-49	164	M 411	00:35:25	00:48:33	00:54:57.40	00:56:25.40	5:29	10.9
413	ANIÓŁKOWSKI KRZYSZTOF	8	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 30-39	153	M 412	00:35:55	00:48:56	00:55:00.25	00:56:16.30	5:30	10.9
414	KĄZMIERSKI ADRIAN	336		WOŁOMIN	POL	M 30-39	154	M 413	00:35:33	00:48:39	00:55:01.25	00:56:21.50	5:30	10.9
415	JANKOWSKI MICHAŁ	942		WARSZAWA	POL	M 40-49	165	M 414	00:34:21	00:48:13	00:55:02.05	00:55:56.90	5:30	10.9
416	MODRZEJEWSKI ZBIGNIEW	541		LEGIONOWO	POL	M 50-59	24	M 415	00:35:11	00:48:36	00:55:04.55	00:55:32.50	5:30	10.9
417	ZYGADŁO PIOTR	911		WARSZAWA	POL	M 30-39	155	M 416	00:35:39	00:48:41	00:55:04.65	00:55:23.60	5:30	10.9
418	JANKOWSKI MARCIN	975	ANPHARM RUN TEAM	WARSZAWA	POL	M 30-39	156	M 417	00:35:25	00:48:47	00:55:05.00	00:57:15.90	5:30	10.9
419	IDZIAK JAROSŁAW	921		WARSZAWA	POL	M 30-39	157	M 418	00:31:20	00:45:08	00:55:05.45	00:55:41.15	5:30	10.9
420	KRÓLAK PAWEŁ	404		WARSZAWA	POL	M 30-39	158	M 419	00:35:04	00:48:27	00:55:06.75	00:56:30.85	5:30	10.9
421	KUBASIEWICZ ARTUR	418	SAM	WARSZAWA	POL	M 50-59	25	M 420	00:35:44	00:48:48	00:55:09.35	00:56:38.45	5:30	10.9
422	WIĘCH ANDRZEJ	849		WARSZAWA	POL	M 40-49	166	M 421	00:35:00	00:48:26	00:55:11.00	00:56:17.40	5:31	10.9
423	ADAMSKI SZYMON	3		WARSZAWA	POL	M 1-29	62	M 422	00:36:48	00:49:17	00:55:20.55	00:56:55.00	5:32	10.8
424	DANIELSKI JACEK	132	PZU SPORT TEAM	WARSZAWA	POL	M 40-49	167	M 423	00:35:35	00:48:59	00:55:21.25	00:56:31.60	5:32	10.8
425	CZAJKOWSKI MARIUSZ	121		MYSIADŁO	POL	M 40-49	168	M 424	00:35:03	00:48:44	00:55:22.55	00:57:31.75	5:32	10.8
426	KOWALCZYK ZDZISŁAW	968	JW 2189	WARSZAWA	POL	M 40-49	169	M 425	00:35:02	00:48:58	00:55:23.95	00:56:03.95	5:32	10.8
427	RULAK JERZY	986		WARSZAWA	POL	M 30-39	159	M 426	00:35:13	00:48:41	00:55:25.15	00:56:30.00	5:32	10.8
428	BORCZYŃSKI PIOTR	59	MŁODZIEŻOWA RADA M.ST. WARSZAWY	WARSZAWA	POL	M 1-29	63	M 427	00:34:03	00:48:52	00:55:27.35	00:55:32.90	5:32	10.8
429	ZWOLIŃSKI GRZEGORZ	909	REEBOK RUN CREW	WARSZAWA	POL	M 40-49	170	M 428	00:36:26	00:49:23	00:55:31.35	00:56:47.10	5:33	10.8
430	NIEDBAŁKA MARCIN	557		JÓZEFÓW	POL	M 30-39	160	M 429	00:35:05	00:48:59	00:55:34.35	00:57:09.55	5:33	10.8
431	SULIŃSKI ANDRZEJ	762		WARSZAWA	POL	M 40-49	171	M 430	00:35:32	00:49:02	00:55:37.80	00:57:07.10	5:33	10.8
432	SYLWESTRZUK MARIUSZ	769		KOBYŁKA	POL	M 50-59	26	M 431	00:35:14	00:48:57	00:55:39.25	00:57:04.35	5:33	10.8
433	BUTKIEWICZ DARIUSZ	86		WARSZAWA	POL	M 40-49	172	M 432	00:34:57	00:48:55	00:55:41.45	00:57:06.10	5:34	10.8
434	SZLACHTA WIEŚLAW	776		WARSZAWA	POL	M 40-49	173	M 433	00:34:57	00:48:47	00:55:45.15	00:56:18.75	5:34	10.8
435	GMYREK ROBERT	207		WARSZAWA	POL	M 30-39	161	M 434	00:35:04	00:48:59	00:55:45.60	00:56:59.90	5:34	10.8
436	STANKIEWICZ MACIEJ	739	AMI & AURI RUNNERS CLUB	WARSZAWA	POL	M 30-39	162	M 435	00:36:59	00:49:35	00:55:46.20	00:57:10.25	5:34	10.8
437	BARNIK RAFAŁ	977		WARSZAWA	POL	M 40-49	174	M 436	00:35:10	00:48:55	00:55:47.40	00:56:13.70	5:34	10.8
438	BARTOSZEWSKI DANIEL	23		GÓRA KALWARIA	POL	M 1-29	64	M 437	00:35:33	00:49:21	00:55:48.60	00:56:33.40	5:34	10.7
439	PĘDZICH PRZEMYSŁAW	614		WARSZAWA	POL	M 30-39	163	M 438	00:33:38	00:48:19	00:55:51.30	00:56:49.80	5:35	10.7
440	KONOPACKI MACIEJ	365	JESTEŚ ZWYCIĘZCĄ-CHRZĄSZCZYŻESZOWICE	WARSZAWA	POL	M 30-39	164	M 439	00:35:42	00:49:28	00:55:52.05	00:56:58.95	5:35	10.7
441	MAZUR MICHAŁ	514		WARSZAWA	POL	M 30-39	165	M 440	00:36:36	00:49:35	00:55:55.30	00:56:46.60	5:35	10.7
442	KARBOWNIK JAKUB	329		WARSZAWA	POL	M 30-39	166	M 441	00:35:33	00:48:55	00:55:55.70	00:57:30.50	5:35	10.7
443	FEDEROWICZ ŁUKASZ	166		ZGIERZ	POL	M 30-39	167	M 442	00:35:56	00:49:34	00:55:58.25	00:57:10.05	5:35	10.7
444	GRABOWSKI ŁUKASZ	219		WARSZAWA	POL	M 30-39	168	M 443	00:34:49	00:48:51	00:56:02.30	00:56:57.80	5:36	10.7
445	ŚWIŚT MICHAŁ	801		WARSZAWA	POL	M 30-39	169	M 444	00:36:00	00:49:22	00:56:04.05	00:57:17.20	5:36	10.7
446	MAZUŚ JAREK	515		WARSZAWA	POL	M 40-49	175	M 445	00:35:52	00:49:31	00:56:13.20	00:57:48.05	5:37	10.7
447	MATUSEWICZ KRZYSZTOF	509		WARSZAWA	POL	M 40-49	176	M 446	00:35:45	00:49:29	00:56:13.35	00:57:18.10	5:37	10.7
448	PRASAŁ ARTUR	632	REEBOKRUNCREW LDZ	ŁÓDŹ	POL	M 40-49	177	M 447	00:39:48	00:50:43	00:56:23.20	00:57:31.45	5:38	10.6
449	GAJEWICZ ARKADIUSZ	184		JABŁONNA	POL	M 30-39	170	M 448	00:35:57	00:49:34	00:56:26.35	00:57:53.15	5:38	10.6
450	GLAZER MARCIN	203	PKO BANK POLSKI	WARSZAWA	POL	M 30-39	171	M 449	00:38:20	00:50:42	00:56:31.15	00:58:27.00	5:39	10.6
451	BUKOWSKI JANUSZ	999	STOWARZYSZENIE DAĆ SOBIE INNYM	WARSZAWA	POL	M 60+	13	M 450	00:35:54	00:49:43	00:56:33.60	00:56:37.25	5:39	10.6
452	KACZOREK ROBERT	318		WARSZAWA	POL	M 60+	14	M 451	00:35:58	00:49:42	00:56:34.45	00:56:57.15	5:39	10.6

**BIEG PRZEZ MOST 2019, M Open c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
453	ŁOBODA PIOTR	465		WAŁCZ	POL	M 40-49	178	M 452	00:35:46	00:49:52	00:56:38.65	00:57:42.05	5:39	10.6
454	THOMAS SZCZEPAN	806	WARSZAWSKA AKADEMIA KARATE TRADYCYJNEGO	WARSZAWA	POL	M 50-59	27	M 453	00:35:49	00:49:35	00:56:40.10	00:57:34.25	5:40	10.6
455	KRÓL WOJCIECH	403		WARSZAWA	POL	M 1-29	65	M 454	00:37:41	00:50:52	00:56:44.25	00:58:16.00	5:40	10.6
456	KAMIŃSKI MACIEJ	325		WARSZAWA	POL	M 30-39	172	M 455	00:36:24	00:50:05	00:56:58.40	00:59:03.70	5:41	10.5
457	JANISZEWSKI JAN	268		NIDZICA	POL	M 60+	15	M 456	00:36:27	00:50:06	00:57:01.70	00:57:26.85	5:42	10.5
458	ŁABĘDA STANISŁAW	456	NASIELSK BASZTA TEAM	WARSZAWA	POL	M 40-49	179	M 457	00:36:37	00:50:24	00:57:07.80	00:58:33.40	5:42	10.5
459	ZDUŃSKI JAROSŁAW	900		WARSZAWA	POL	M 50-59	28	M 458	00:35:41	00:50:10	00:57:08.85	00:58:25.45	5:42	10.5
460	NOSARZEWSKI MARIUSZ	562		TRZCIANY	POL	M 40-49	180	M 459	00:35:54	00:50:05	00:57:11.65	00:58:20.40	5:43	10.5
461	JÓZWIK ROBERT	298	HARX TEAM	WARSZAWA	POL	M 40-49	181	M 460	00:37:03	00:50:29	00:57:11.65	00:57:32.50	5:43	10.5
462	TADRAŁA TOMEK	803		WARSZAWA	POL	M 30-39	173	M 461	00:36:23	00:50:10	00:57:12.25	00:59:07.55	5:43	10.5
463	KUMALA SEBASTIAN	425		BEDKOWICE	POL	M 30-39	174	M 462	00:35:36	00:49:55	00:57:13.65	00:57:26.25	5:43	10.5
464	PUCHACZ PRZEMYSŁAW	647		WARSZAWA	POL	M 30-39	175	M 463	00:34:42	00:49:52	00:57:14.80	00:57:46.65	5:43	10.5
465	MARCINKIEWICZ TYMEK	497		WARSZAWA	POL	M 1-29	66	M 464	00:36:07	00:50:44	00:57:18.30	00:58:31.00	5:43	10.5
466	GROCHOWSKI PIOTR	226		WARSZAWA	POL	M 40-49	182	M 465	00:37:15	00:50:38	00:57:19.80	00:59:02.45	5:44	10.5
467	MATAK MARIUSZ	506		WARSZAWA	POL	M 30-39	176	M 466	00:35:49	00:50:35	00:57:22.50	00:58:52.05	5:44	10.5
468	MUCHA GRZEGORZ	549		WARSZAWA	POL	M 60+	16	M 467	00:36:20	00:50:22	00:57:22.65	00:57:59.05	5:44	10.5
469	BEDNARZAK TADEUSZ	33	YULO RUN TEAM SIEDLCE	SIEDLCE	POL	M 60+	17	M 468	00:36:23	00:50:31	00:57:28.25	00:58:33.10	5:44	10.4
470	MROZIŃSKI MARCIN	546		WARSZAWA	POL	M 30-39	177	M 469	00:37:16	00:50:54	00:57:34.95	00:59:03.85	5:45	10.4
471	MALER WŁADYSŁAW	487	REEBOK RUN CREW	WARSZAWA	POL	M 60+	18	M 470	00:36:55	00:50:41	00:57:36.35	00:58:54.10	5:45	10.4
472	PYCKA MARCIN	927	BIEGAJĄCY ŚWIDNIK	ŚWIDNIK	POL	M 30-39	178	M 471	00:37:01	00:50:59	00:57:39.55	00:59:06.85	5:45	10.4
473	SANDOMIERSKI BARTŁOMEJ	693	WKURW_TEAM	MARKI	POL	M 1-29	67	M 472	00:37:22	00:50:59	00:57:44.15	00:59:05.95	5:46	10.4
474	BORKOWSKI PAWEŁ	61	EKOBIEGI	WARSZAWA	POL	M 40-49	183	M 473	00:38:09	00:51:22	00:57:44.15	00:59:27.95	5:46	10.4
475	WODZYŃSKI ROBERT	866	EKOBIEGI	WARSZAWA	POL	M 40-49	184	M 474	00:37:09	00:51:09	00:57:48.60	00:59:30.70	5:46	10.4
476	BIENIAS ARKADIUSZ	42		WARSZAWA	POL	M 30-39	179	M 475	00:37:49	00:51:14	00:57:52.50	00:58:09.25	5:47	10.4
477	RODZOŚ BARTOSZ	661		WARSZAWA	POL	M 30-39	180	M 476	00:37:36	00:51:22	00:57:56.90	00:59:01.35	5:47	10.4
478	ZASŁONKA PAWEŁ	893		WARSZAWA	POL	M 30-39	181	M 477	00:37:02	00:51:09	00:57:59.95	00:58:26.05	5:48	10.3
479	ŚWIEŻACZYŃSKI PIOTR	799		KOMORÓW	POL	M 30-39	182	M 478	00:38:08	00:51:24	00:58:01.15	00:59:49.35	5:48	10.3
480	PTAK KRZYSZTOF	645		WARSZAWA	POL	M 40-49	185	M 479	00:36:26	00:50:59	00:58:02.70	00:58:38.60	5:48	10.3
481	ZIELIŃSKI TOMASZ	1015	POLSKIE STOW. SPORTU PO TRANSPLANTACJI	KONSTANCIN-JEZIORNA	POL	M 40-49	186	M 480	00:36:58	00:51:09	00:58:03.50	00:59:48.20	5:48	10.3
482	MIAZGA KRZYSZTOF	520		MARKI	POL	M 30-39	183	M 481	00:38:09	00:51:28	00:58:05.10	00:59:53.90	5:48	10.3
483	CZUPA BARTOSZ	976	ANPHARM RUN TEAM	WARSZAWA	POL	M 40-49	187	M 482	00:36:37	00:50:45	00:58:08.50	01:00:15.65	5:48	10.3
484	CYRNY RAFAŁ	117		WARSZAWA	POL	M 40-49	188	M 483	00:36:34	00:51:18	00:58:20.40	00:59:44.45	5:50	10.3
485	ZANIEWICZ ANDRZEJ	888	PARTNER	ŁUKÓW	POL	M 30-39	184	M 484	00:38:32	00:52:09	00:58:21.05	00:59:49.20	5:50	10.3
486	NAWROCKI RYSZARD	556		WARSZAWA	POL	M 40-49	189	M 485	00:36:34	00:51:07	00:58:22.50	00:59:34.30	5:50	10.3
487	ŁAPICZ FILIP	458		WARSZAWA	POL	M 1-29	68	M 486	00:38:46	00:52:05	00:58:22.60	00:58:33.70	5:50	10.3
488	ORŁOWSKI KACPER	584		WARSZAWA	POL	M 1-29	69	M 487	00:36:33	00:51:17	00:58:25.00	00:59:46.30	5:50	10.3
489	BOGUSZEWSKI PIOTR	988				M 30-39	185	M 488	00:38:50	00:51:55	00:58:33.35	01:01:07.15	5:51	10.2
490	WILEŃSKI BARTOSZ	990				M 1-29	70	M 489	00:37:37	00:51:38	00:58:38.40	01:00:11.35	5:51	10.2
491	DZIEKONSKI JACEK	159		KONSTANCIN JEZIORNA	POL	M 60+	19	M 490	00:36:27	00:51:11	00:58:41.40	01:00:07.90	5:52	10.2
492	ŁOZOWSKI ROBERT	467		WARSZAWA	POL	M 40-49	190	M 491	00:37:37	00:51:53	00:58:48.30	00:59:57.80	5:52	10.2
493	KOZŁOWSKI ŁUKASZ	398	#BBKTS	ŻYRARDÓW	POL	M 30-39	186	M 492	00:38:25	00:52:21	00:58:50.55	01:00:35.50	5:53	10.2
494	GRABOWSKI JERZY	220	NIEZRZESZONY	WARSZAWA	POL	M 60+	20	M 493	00:36:49	00:51:28	00:58:51.60	01:00:05.00	5:53	10.2
495	PĘCAK KAMIL	613	LUBIĘ PIZZĘ	LUBLIN	POL	M 1-29	71	M 494	00:37:13	00:52:02	00:59:01.35	01:00:11.05	5:54	10.2
496	PIETRAK WOJCIECH	618	WEBLOVERS	WARSZAWA	POL	M 30-39	187	M 495	00:38:30	00:52:38	00:59:07.05	01:00:42.60	5:54	10.1
497	GRYCNER PIOTR	231		STAROGARD GDAŃSKI	POL	M 60+	21	M 496	00:38:18	00:52:18	00:59:07.50	01:01:02.60	5:54	10.1
498	JACHOWSKI PAWEŁ	260		WARSZAWA	POL	M 40-49	191	M 497	00:37:13	00:52:09	00:59:09.30	01:00:20.20	5:55	10.1
499	GRACZ JAKUB	221		WARSZAWA	POL	M 30-39	188	M 498	00:38:13	00:52:17	00:59:11.45	01:01:10.40	5:55	10.1
500	STYCZYŃSKI GRZEGORZ	755		WARSZAWA	POL	M 30-39	189	M 499	00:39:11	00:52:31	00:59:12.50	01:00:58.75	5:55	10.1
501	ROKICKI ALEKSANDER	667		WARSZAWA	POL	M 40-49	192	M 500	00:39:11	00:52:31	00:59:12.55	01:00:58.60	5:55	10.1
502	NOWAK JANUSZ	563		WARSZAWA	POL	M 30-39	190	M 501	00:37:46	00:52:19	00:59:13.20	01:00:27.15	5:55	10.1
503	FILIPOWICZ MACIEJ	172		WARSZAWA	POL	M 40-49	193	M 502			00:59:14.00	01:00:19.00	5:55	10.1
504	ROSA MATEUSZ	669		WARSZAWA	POL	M 1-29	72	M 503	00:38:17	00:52:21	00:59:17.75	01:01:12.20	5:55	10.1
505	RUMIANEK MARCIN	677	FB.COM/RUMIANEK	WARSZAWA	POL	M 30-39	191	M 504	00:37:09	00:52:19	00:59:22.10	01:00:16.50	5:56	10.1
506	GAWŁOWSKI ADAM	192		WARSZAWA	POL	M 30-39	192	M 505	00:37:21	00:52:15	00:59:22.90	01:00:12.90	5:56	10.1
507	PIĘTKA MARCIN	620	GKS FENIX SIENNICZA	WARSZAWA	POL	M 30-39	193	M 506	00:38:36	00:52:48	00:59:29.40	01:00:54.65	5:56	10.1

**BIEG PRZEZ MOST 2019, M Open c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
508	KAMIŃSKI MARIUSZ	979				M 30-39	194	M 507	00:38:17	00:52:20	00:59:35.35	01:01:29.80	5:57	10.1
509	WOŹNIAK MATEUSZ	876		WARSZAWA	POL	M 30-39	195	M 508	00:37:38	00:52:13	00:59:39.15	01:00:47.75	5:57	10.1
510	BIERNACKI ADAM	44		ŁÓDŹ	POL	M 60+	22	M 509	00:38:36	00:52:42	00:59:40.50	01:01:11.15	5:58	10.1
511	KOSTKA GRZEGORZ	380	BIEGIEM Z GREGIEM	WARSZAWA	POL	M 30-39	196	M 510	00:37:46	00:52:32	00:59:42.35	01:01:26.00	5:58	10
512	GŁODNY HUBERT	204		WARSZAWA	POL	M 40-49	194	M 511	00:38:07	00:52:49	00:59:45.10	01:01:09.50	5:58	10
513	TOCHOWICZ PAWEŁ	808		WARSZAWA	POL	M 40-49	195	M 512	00:37:39	00:52:27	00:59:51.55	01:01:03.65	5:59	10
514	PIOTROWSKI ARKADIUSZ	933	#ARUSBIEGA	WARSZAWA	POL	M 30-39	197	M 513	00:38:32	00:52:52	01:00:02.00	01:00:44.00	6:00	10
515	ARAŻNY ZBIGNIEW	10	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M 40-49	196	M 514	00:38:29	00:52:31	01:00:05.75	01:01:46.75	6:00	10
516	AKSAMITOWSKI ROBERT	6		WARSZAWA	POL	M 40-49	197	M 515	00:38:58	00:53:39	01:00:07.00	01:02:01.90	6:00	10
517	POGORZELSKI KUBA	628		MARKI	POL	M 1-29	73	M 516	00:37:36	00:53:06	01:00:10.85	01:00:24.25	6:01	10
518	DYMEK DARIUSZ	158		WARSZAWA	POL	M 40-49	198	M 517	00:37:44	00:52:53	01:00:15.90	01:01:24.40	6:01	10
519	JOŃCZYK STANISŁAW	297	FUNDACJA WARSZAWSKIE HOSPICJUM DLA DZIECI	LEGIONOWO	POL	M 50-59	29	M 518	00:38:04	00:52:47	01:00:18.90	01:01:35.90	6:01	10
520	SAFARZYŃSKI ALEKSANDER	689		BŁONIE	POL	M 1-29	74	M 519	00:39:28	00:53:56	01:00:41.75	01:02:35.95	6:04	9.9
521	OLESIAK ARKADIUSZ	578	BIEGAM NA TARCHOMINIE	POLSKA, WARSZAWA	POL	M 40-49	199	M 520	00:38:55	00:53:38	01:00:50.40	01:02:29.85	6:05	9.9
522	ŁUCZAK PIOTR	471	PKO BANK POLSKI SA	WARSZAWA	POL	M 40-49	200	M 521	00:38:27	00:53:35	01:00:52.20	01:01:30.55	6:05	9.9
523	KASKA KRZYSZTOF	333		WARSZAWA	POL	M 30-39	198	M 522	00:40:55	00:54:46	01:00:54.70	01:02:14.75	6:05	9.9
524	JUSZCZAK KAMIL	307		LEGIONOWO	POL	M 1-29	75	M 523	00:40:58	00:54:48	01:00:56.00	01:02:14.40	6:05	9.8
525	PATOLETA MIREK	604		WARSZAWA	POL	M 40-49	201	M 524	00:38:10	00:53:32	01:00:57.40	01:02:08.30	6:05	9.8
526	SURMACZ JACEK	766		WARSZAWA	POL	M 30-39	199	M 525	00:39:08	00:53:42	01:00:58.85	01:03:01.80	6:05	9.8
527	WITZKE ARTUR	858	KAWUCHA	LEGIONOWO	POL	M 30-39	200	M 526	00:39:54	00:54:08	01:00:59.65	01:03:19.05	6:06	9.8
528	PEPŁŃSKI DAMIAN	609		NOWY DWÓR MAZOWIECKI	POL	M 30-39	201	M 527	00:39:15	00:53:37	01:01:03.10	01:02:30.30	6:06	9.8
529	MAZUR PAWEŁ	513	WOODRUNNERS	WARSZAWA	POL	M 40-49	202	M 528	00:38:48	00:53:35	01:01:04.05	01:02:51.50	6:06	9.8
530	BRZÓZKA KAMIL	77		WARSZAWA	POL	M 40-49	203	M 529	00:39:47	00:54:10	01:01:21.25	01:03:41.35	6:08	9.8
531	SIKORSKI PAWEŁ	708	GAMMA	WARSZAWA	POL	M 30-39	202	M 530	00:38:59	00:53:57	01:01:22.35	01:03:13.40	6:08	9.8
532	GLASSER MAREK	202		WARSZAWA	POL	M 60+	23	M 531	00:38:46	00:53:57	01:01:41.55	01:03:16.60	6:10	9.7
533	MORAWSKI PATRYK	543		WARSZAWA	POL	M 1-29	76	M 532	00:39:19	00:54:24	01:02:00.65	01:03:20.90	6:12	9.7
534	KOWALSKI WIESŁAW	392		WARSZAWA	POL	M 50-59	30	M 533	00:38:24	00:54:13	01:02:06.20	01:02:09.20	6:12	9.7
535	SZYDŁO PAWEŁ	384		MIĘDZYBORÓW	POL	M 30-39	203	M 534	00:38:32	00:54:02	01:02:11.20	01:02:33.20	6:13	9.6
536	KULISZEWSKI MACIEJ	424		GRODZISK MAZOWIECKI	POL	M 30-39	204	M 535	00:39:28	00:54:41	01:02:28.75	01:03:14.40	6:14	9.6
537	BORUTS MARCIN	68		WARSZAWA	POL	M 30-39	205	M 536	00:39:50	00:55:01	01:02:30.70	01:03:59.45	6:15	9.6
538	KRZECZEWSKI JACEK	416		WARSZAWA	POL	M 50-59	31	M 537	00:39:20	00:54:45	01:02:37.05	01:04:25.85	6:15	9.6
539	WAŚOWSKI MICHAŁ	840		WARSZAWA	POL	M 30-39	206	M 538	00:39:44	00:55:23	01:02:37.40	01:03:19.25	6:15	9.6
540	ŁUCAK PIOTR	470	CST RUN TEAM	ŁOCHÓW	POL	M 30-39	207	M 539	00:41:13	00:55:41	01:02:40.00	01:04:12.60	6:16	9.6
541	GREGORCZYK BARTOSZ	224		WARSZAWA	POL	M 30-39	208	M 540	00:39:50	00:55:26	01:02:48.00	01:04:32.35	6:16	9.6
542	GURMIŃSKI ŁUKASZ	239	T-MOBILE	WARSZAWA	POL	M 30-39	209	M 541	00:38:52	00:54:50	01:02:56.55	01:04:38.15	6:17	9.5
543	SZYMCZYŃSKI BŁAŻEJ	956		WARSZAWA	POL	M 30-39	210	M 542	00:39:19	00:55:43	01:03:14.25	01:05:04.15	6:19	9.5
544	ŁYGAS LESZEK	476		WARSZAWA	POL	M 30-39	211	M 543	00:39:18	00:55:23	01:03:16.90	01:05:05.75	6:19	9.5
545	PRASAL KONRAD	633	RYSIOTEAM/INESSPORT.PL	ŁÓDŹ	POL	M 1-29	77	M 544	00:39:51	00:55:30	01:03:16.90	01:04:24.85	6:19	9.5
546	JANICKI MATEUSZ	267	LS WORLD RUN	WARSZAWA	POL	M 1-29	78	M 545			01:03:19.30	01:03:19.30	6:19	9.5
547	MIRECKI ZBIGNIEW	535	EKOBIEGI	WARSZAWA	POL	M 60+	24	M 546	00:41:06	00:56:13	01:03:27.20	01:05:11.30	6:20	9.5
548	ZARADKIEWICZ ŁUKASZ	889		WARSZAWA	POL	M 30-39	212	M 547	00:40:52	00:55:54	01:03:36.00	01:05:39.25	6:21	9.4
549	OBREŃBOWSKI DARIUSZ	952		WARSZAWA	POL	M 30-39	213	M 548	00:40:04	00:55:45	01:03:40.15	01:05:03.55	6:22	9.4
550	KOZAKOW BORYS	957		WARSZAWA	POL	M 60+	25	M 549	00:40:47	00:56:18	01:03:42.15	01:05:04.40	6:22	9.4
551	MACHNACKI MICHAŁ	477	GRUPA BIEGOWA UM W-WA	LEGIONOWO	POL	M 40-49	204	M 550	00:39:48	00:55:34	01:03:43.80	01:05:16.15	6:22	9.4
552	OKSIENIUK MARCIN	575	TURBODZIKI	WOLICA	POL	M 30-39	214	M 551	00:39:30	00:55:45	01:03:48.50	01:05:25.70	6:22	9.4
553	RUCZKA RAFAŁ	675		WARSZAWA	POL	M 1-29	79	M 552	00:38:48	00:55:46	01:03:51.00	01:04:17.00	6:23	9.4
554	JACZYŃSKI RAFAŁ	263		WARSZAWA	POL	M 30-39	215	M 553	00:40:45	00:56:23	01:04:06.50	01:05:55.75	6:24	9.4
555	HELDT GRZEGORZ	248		WARSZAWA	POL	M 30-39	216	M 554	00:39:32	00:55:53	01:04:06.70	01:05:58.25	6:24	9.4
556	GAŁAŻYN GRZEGORZ	188		WARSZAWA	POL	M 40-49	205	M 555	00:40:01	00:56:05	01:04:10.05	01:05:54.85	6:25	9.4
557	DRABIK MICHAŁ	150		WARSZAWA	POL	M 40-49	206	M 556	00:39:45	00:56:01	01:04:13.45	01:05:14.85	6:25	9.3
558	LECH BARTŁOMIEJ	438		SIEDLCE	POL	M 1-29	80	M 557	00:39:48	00:56:20	01:04:17.45	01:06:11.85	6:25	9.3
559	PARTYKA PAWEŁ	600		WARSZAWA	POL	M 40-49	207	M 558	00:40:46	00:56:19	01:04:21.55	01:05:59.85	6:26	9.3
560	JANKOWSKI TOMEK	273		WARSZAWA	POL	M 40-49	208	M 559	00:39:45	00:56:17	01:04:24.75	01:05:32.05	6:26	9.3
561	BANY MICHAŁ	17		WARSZAWA	POL	M 30-39	217	M 560	00:40:35	00:57:04	01:04:25.65	01:05:46.60	6:26	9.3
562	BIELEC BARTŁOMIEJ	41	LEGIA RUN CLUB	WARSZAWA	POL	M 30-39	218	M 561	00:41:19	00:56:55	01:04:37.90	01:06:36.80	6:27	9.3
563	OLESHKO MAKSYM	577		WARSZAWA	POL	M 1-29	81	M 562	00:40:50	00:57:11	01:04:46.40	01:05:05.00	6:28	9.3

**BIEG PRZEZ MOST 2019, M Open c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
564	KACPRZYK MICHAŁ	312		WARSZAWA	POL	M 1-29	82	M 563	00:41:11	00:56:57	01:04:58.30	01:06:33.80	6:29	9.2
565	WASIK PIOTR	836		LEGIONOWO	POL	M 50-59	32	M 564	00:40:56	00:56:08	01:05:06.45	01:06:25.90	6:30	9.2
566	ZARZYCKI PIOTR	892		WARSZAWA	POL	M 30-39	219	M 565	00:42:34	00:58:18	01:05:07.60	01:06:55.50	6:30	9.2
567	MRÓZ SEBASTIAN	547		KOMORÓW	POL	M 40-49	209	M 566	00:42:33	00:58:17	01:05:07.70	01:06:55.10	6:30	9.2
568	ROMANOWSKI PAWEŁ	668	MARKOWI BIEGACZE	MARKI	POL	M 40-49	210	M 567	00:42:02	00:57:36	01:05:10.55	01:06:30.00	6:31	9.2
569	WŁODARCZYK MACIEJ	860		WARSZAWA	POL	M 40-49	211	M 568	00:40:53	00:57:17	01:05:19.45	01:05:57.60	6:31	9.2
570	WILEŃSKI ZBIGNIEW	944	GRUPA BIEGOWA UM W-WA	DĄBROWA CHOTOMOWSKA	POL	M 50-59	33	M 569	00:42:07	00:57:19	01:05:24.90	01:06:58.10	6:32	9.2
571	KRÓLIKOWSKI ARTUR	406		WARSZAWA	POL	M 40-49	212	M 570	00:39:50	00:56:46	01:05:37.25	01:07:39.70	6:33	9.1
572	ŻÓŁCIŃSKI WALDEMAR	913	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 60+	26	M 571	00:40:29	00:57:05	01:05:48.35	01:07:38.05	6:34	9.1
573	PACHOLAK PRZEMYSŁAW	589		WARSZAWA	POL	M 50-59	34	M 572	00:41:01	00:57:38	01:05:50.20	01:07:33.00	6:35	9.1
574	RYDZ ADRIAN	681		PIASECZNO	POL	M 30-39	220	M 573	00:41:39	00:57:55	01:06:03.25	01:07:46.55	6:36	9.1
575	WARDAK PRZEMYSŁAW	833		WARSZAWA	POL	M 30-39	221	M 574	00:42:31	00:58:30	01:06:22.15	01:07:40.50	6:38	9
576	STAŃCZYK GRZEGORZ	741		ZIELONKA	POL	M 50-59	35	M 575	00:41:34	00:58:18	01:06:30.85	01:08:12.80	6:39	9
577	PRZYBOROWSKI RAFAŁ	640		ŻUROMIN	POL	M 30-39	222	M 576	00:42:37	00:58:34	01:06:39.95	01:07:19.70	6:40	9
578	BOCHENEK SEBASTIAN	50		LEGIONOWO	POL	M 30-39	223	M 577	00:42:09	00:58:05	01:06:43.80	01:08:57.65	6:40	9
579	MATYJASIAK MATEUSZ	511		WARSZAWA	POL	M 1-29	83	M 578	00:42:37	00:59:39	01:06:45.00	01:08:43.60	6:40	9
580	TWARDO KAMIL	820		DĄBROWA CHOTOMOWSKA	POL	M 30-39	224	M 579	00:42:30	00:58:53	01:06:51.30	01:08:47.60	6:41	9
581	KILIŃSKI PIOTR	346		MICHAŁÓW-GRABINA	POL	M 40-49	213	M 580	00:43:08	00:59:14	01:06:51.60	01:08:54.60	6:41	9
582	ŻUCHOWSKI ARTUR	916	MY MIESZKAŃCY LEGIONOWO	LEGIONOWO	POL	M 40-49	214	M 581	00:43:08	00:59:14	01:06:51.90	01:08:54.95	6:41	9
583	SZOSTAKOWSKI JAROSŁAW	1005	BIEGAMY Z OCHOTĄ	WARSZAWA	POL	M 50-59	36	M 582	00:43:33	00:59:13	01:06:59.25	01:09:04.55	6:41	9
584	JEDYNAK PAWEŁ	291		WARSZAWA	POL	M 30-39	225	M 583	00:42:08	00:59:15	01:07:23.15	01:09:26.15	6:44	8.9
585	BOJKO ALEKSANDER	56		WARSZAWA	POL	M 1-29	84	M 584	00:42:40	00:59:40	01:07:52.55	01:09:50.95	6:47	8.8
586	ŁUCZAK BARTŁOMIEJ	473	KLUB BIEGACZA RTV EURO AGD	JABŁONNA	POL	M 30-39	226	M 585	00:41:46	00:59:28	01:07:59.05	01:09:25.85	6:47	8.8
587	JURECKI MAREK	303		WARSZAWA	POL	M 50-59	37	M 586	00:43:36	01:00:21	01:08:00.55	01:09:55.90	6:48	8.8
588	ŁUKASIEWICZ ROBERT	475	KOKOSZKA36TEAM	WARSZAWA	POL	M 40-49	215	M 587	00:43:25	00:59:53	01:08:19.40	01:10:15.05	6:50	8.8
589	WŁODARCZYK MIROSŁAW	861	I LO UKS KOŚCIUSZKO	WŁODAWA	POL	M 40-49	216	M 588	00:43:55	01:00:42	01:08:55.25	01:10:45.75	6:53	8.7
590	IZDEBSKI BARTŁOMIEJ	256		WARSZAWA	GBR	M 30-39	227	M 589	00:42:20	01:00:11	01:08:58.60	01:10:56.00	6:53	8.7
591	KIELAK JACEK	341		TRUSKAW	POL	M 50-59	38	M 590	00:43:43	01:01:07	01:09:17.65	01:09:34.75	6:55	8.7
592	MALDIS MAREK	486		WARSZAWA	POL	M 60+	27	M 591	00:44:30	01:01:04	01:09:21.40	01:11:19.35	6:56	8.6
593	HULANICKI ANDRZEJ	253	GOGGLE TEAM	WARSZAWA	POL	M 60+	28	M 592	00:44:42	01:01:16	01:09:34.95	01:11:33.05	6:57	8.6
594	KUREK JACEK	429	BIEGAMPO WOLI	WARSZAWA	POL	M 40-49	217	M 593	00:43:38	01:01:10	01:09:38.60	01:11:29.35	6:57	8.6
595	NASKRĘT MARIUSZ	555		RACOT	POL	M 40-49	218	M 594	00:45:23	01:01:52	01:10:05.45	01:12:05.45	7:00	8.6
596	WIZERT JÓZEF	859		WARSZAWA	POL	M 60+	29	M 595	00:44:29	01:01:34	01:10:49.20	01:13:01.30	7:04	8.5
597	KAMIŃSKI MICHAŁ	322		MYSIADŁO	POL	M 40-49	219	M 596	00:44:43	01:01:34	01:10:58.90	01:13:00.85	7:05	8.5
598	KIELISZEK PAWEŁ	343		WARSZAWA	POL	M 30-39	228	M 597	00:45:06	01:02:43	01:11:19.30	01:12:55.75	7:07	8.4
599	TREMELET SEBASTIEN	814		WARSZAWA	FRA	M 40-49	220	M 598	00:45:41	01:03:09	01:11:24.10	01:13:29.70	7:08	8.4
600	KOSIERADZKI PAWEŁ	379	MASTERS DOJO	WARSZAWA	POL	M 50-59	39	M 599	00:45:54	01:03:22	01:12:05.95	01:13:52.35	7:12	8.3
601	SYROCKI WOJCIECH	984		WARSZAWA	POL	M 40-49	221	M 600	00:47:15	01:04:03	01:12:06.40	01:14:25.00	7:12	8.3
602	WUJEC BARTŁOMIEJ	879		JÓZEFÓW	POL	M 40-49	222	M 601	00:46:42	01:03:45	01:12:09.95	01:14:11.05	7:13	8.3
603	ILCZUK TOMASZ	1001	TARCHOŚWIRY	WARSZAWA	POL	M 30-39	229	M 602	00:47:49	01:04:39	01:13:25.00	01:15:39.30	7:20	8.2
604	CZARNECKI PIOTR	125	TARCHOŚFIRY	WARSZAWA	POL	M 30-39	230	M 603	00:47:54	01:04:43	01:13:28.80	01:15:42.10	7:20	8.2
605	DĄBROWA WOJCIECH	133		WARSZAWA	POL	M 60+	30	M 604	00:46:12	01:04:53	01:13:43.60	01:15:51.40	7:22	8.1
606	SOJKA ŁUKASZ	729		WARSZAWA	POL	M 30-39	231	M 605	00:47:20	01:04:51	01:13:52.75	01:16:10.60	7:23	8.1
607	HEINE KRZYSZTOF	246		WARSZAWA	POL	M 40-49	223	M 606	00:47:15	01:04:54	01:14:11.45	01:16:29.75	7:25	8.1
608	KUREK GUSTAW	427		WARSZAWA	POL	M 50-59	40	M 607	00:47:51	01:06:43	01:15:59.00	01:18:10.20	7:35	7.9
609	ŁOWCZAK JACEK	969	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 30-39	232	M 608	00:49:14	01:08:08	01:17:24.45	01:19:06.60	7:44	7.8
610	LIS KAMIL	449	GRUPA BIEGOWA UM W-WA	RADWANKÓW SZLACHECKI	POL	M 30-39	233	M 609	00:49:28	01:08:55	01:17:42.60	01:18:22.90	7:46	7.7
611	GIEDYK PRZEMYSŁAW	198	DELOITTE ADVENTURE TEAM	WARSZAWA	POL	M 30-39	234	M 610	00:50:22	01:10:34	01:19:54.40	01:21:55.30	7:59	7.5
612	MAREK HENRYK	501	-	WARSZAWA	POL	M 60+	31	M 611	01:20:28		01:22:36.00	01:22:36.00	8:15	7.3
613	KORNACKI SŁAWOMIR	373		NIEPORĘT	POL	M 50-59	41	M 612	00:50:43	01:13:00	01:24:00.80	01:25:25.20	8:24	7.1
614	RUSIN MICHAŁ	679	KS STASZEWCY	JABŁONNA	POL	M 1-29	85	M 613	00:32:11	00:44:25			4:56	12.2
615	RODZOCH DANIEL	964		WARSZAWA	POL	M 30-39	235	M 614						
LIM	ŚLADEK KAROL	954		MICHAŁOWICE	POL	M 30-39	LIM	LIM	00:57:34	01:18:28	01:30:04.45	01:32:27.00	0:00	6.7
LIM	ROBASZKIEWICZ ADAM	659		WARSZAWA	POL	M 40-49	LIM	LIM	00:57:17	01:19:59	01:31:30.05	01:34:02.90	0:00	6.6
LIM	BOROWIAK JACEK	62	SLOWJOGGING POLSKA	WARSZAWA	POL	M 60+	LIM	LIM	00:56:48	01:19:05	01:31:30.45	01:34:01.55	0:00	6.6
LIM	BAUER JACEK	26	SLOW JOGGING ŁÓDŹ	ŁÓDŹ	POL	M 60+	LIM	LIM	00:57:33	01:19:59	01:31:33.05	01:34:05.25	0:00	6.6
LIM	CIEŚLAK PAWEŁ	112	SLOWJOGGINGBIAŁOŁEKA	WARSZAWA	POL	M 50-59	LIM	LIM	00:56:55	01:18:03	01:31:34.15	01:34:03.30	0:00	6.6



**BIEG PRZEZ MOST 2019, M Open c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
LIM	SZTAJNIC JERZY	782		ŁÓDŹ	POL	M 60+	LIM	LIM	00:56:54	01:19:17	01:31:34.15	01:33:59.20	0:00	6.6
LIM	KAMIŃSKI WALDEMAR	323	SLOW JOGGING BIAŁOŁĘKA	WARSZAWA	POL	M 50-59	LIM	LIM	00:57:38	01:20:04	01:31:37.60	01:34:05.00	0:00	6.5

**BIEG PRZEZ MOST 2019, K Odcinek specjalny**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
1	ŁAPIŃSKA ANNA	459	KS WARSZAWIANKA/ADRUNALINE	WARSZAWA	POL	K 30-39	1	K 1	00:23:39	00:32:35	00:37:08.35	00:37:11.00	3:42	16.2
2	PARSZCZYŃSKA IZABELA	598	TEAM PARSZCZYŃSKICH	WARSZAWA	POL	K 30-39	2	K 2	00:24:21	00:33:36	00:38:11.50	00:38:13.00	3:49	15.7
3	GRZEGORCZYK NATALIA	995	WANDA PANFIL TEAM / AZS AWF WARSZAWA	KRAŚNICA	POL	K 1-29	1	K 3	00:25:12	00:34:54	00:39:39.50	00:39:42.00	3:58	15.1
4	KOSTRZEWSKA JUSTYNA	383	ADIDAS RUNNERS WARSAW	ŁOMIANKI DOLNE	POL	K 30-39	3	K 4	00:25:59	00:35:29	00:40:23.35	00:40:29.70	4:02	14.9
5	HASS-KALITA JOANNA	245	WARSAW MASTERS TEAM	KOBYŁKA	POL	K 40-49	1	K 5	00:27:11	00:37:13	00:42:00.80	00:42:05.60	4:12	14.3
6	WESOŁOWSKA KATARZYNA	844	NAPRZÓD MŁOCINY	WARSZAWA	POL	K 40-49	2	K 6	00:27:37	00:37:44	00:42:46.40	00:42:55.50	4:16	14
7	ŻURANIEWSKA AGNIESZKA	918	NUDNE PIĄTKI	WARSZAWA	POL	K 40-49	3	K 7	00:27:37	00:38:02	00:43:08.85	00:43:23.75	4:18	13.9
8	ZIMOWICZ MAGDALENA	936	DUKLANOWSKI TEAM	WARSZAWA	POL	K 30-39	4	K 8	00:28:18	00:38:24	00:43:18.30	00:43:30.15	4:19	13.9
9	PACIOREK EWA	590	MARKOWI BIEGACZE	MARKI	POL	K 30-39	5	K 9	00:28:16	00:38:51	00:44:08.00	00:44:22.30	4:24	13.6
10	RADKOWSKA MAŁGORZATA	653	DZIOBAKI I NOSIAKI/SŁODKIE PĄCZKI	WARSZAWA	POL	K 30-39	6	K 11	00:28:44	00:39:24	00:44:38.50	00:44:58.20	4:27	13.4
11	SZUBA MARTYNA	784	TEAM PARSZCZYŃSKICH	MIŃSK MAZOWIECKI	POL	K 1-29	2	K 12	00:28:12	00:39:12	00:44:38.75	00:44:58.55	4:27	13.4
12	SŁAWIŃSKA EWA	719		WARSZAWA	POL	K 1-29	3	K 10	00:28:52	00:39:29	00:44:45.70	00:44:55.30	4:28	13.4
13	WINKOWSKA-STRUZIK MAGDALENA	853	DUKLANOWSKI TEAM / ADIDAS RUNNERS WARSAW	WARSZAWA	POL	K 30-39	7	K 13	00:29:01	00:39:42	00:44:55.10	00:45:25.70	4:29	13.4
14	CZAJKOWSKA DOROTA	119		MYSIADŁO	POL	K 40-49	4	K 15	00:29:15	00:39:55	00:45:10.70	00:45:40.40	4:31	13.3
15	KUCZYŃSKA MAGDALENA	422		WARSZAWA	POL	K 30-39	8	K 14	00:29:15	00:40:03	00:45:19.05	00:45:39.15	4:31	13.2
16	SZYMBORSKA MONIKA	788	TEAM ZABIEGANE DNI	WARSZAWA	POL	K 40-49	5	K 18	00:29:27	00:40:28	00:45:48.75	00:46:29.95	4:34	13.1
17	ROGÓŻ ELŻBIETA	947	PRORUNNING PROMOTION	WARSZAWA	POL	K 40-49	6	K 17	00:29:25	00:40:23	00:45:51.85	00:46:22.75	4:35	13.1
18	NOWAK ANNA	569		WARSZAWA	POL	K 30-39	9	K 16	00:29:11	00:40:22	00:45:56.05	00:46:18.35	4:35	13.1
19	OCHNIK-KALINOWSKA JUSTYNA	573		WARSZAWA	POL	K 40-49	7	K 19	00:29:51	00:41:20	00:46:53.30	00:47:22.30	4:41	12.8
20	MICHALAK MONIKA	521		RAJSZEW	POL	K 30-39	10	K 21	00:30:15	00:41:30	00:47:03.60	00:47:34.80	4:42	12.8
21	STOLARCZYK GOSIA	748	LS WORLD RUN	WARSZAWA	POL	K 40-49	8	K 20	00:29:54	00:41:23	00:47:08.15	00:47:33.25	4:42	12.7
22	GADOMSKA ANNA	181	PZU SPORT TEAM	WARSZAWA	POL	K 30-39	11	K 24	00:30:31	00:41:41	00:47:12.35	00:47:58.30	4:43	12.7
23	KĄDZIOŁKA BEATA	337	FMW RUNNERS	STAŁOWA WOLA	POL	K 30-39	12	K 23	00:30:25	00:41:34	00:47:13.10	00:47:53.00	4:43	12.7
24	BOGUMIŁ IZABELA	54		LEGIONOWO	POL	K 40-49	9	K 22	00:30:42	00:41:50	00:47:23.10	00:47:38.10	4:44	12.7
25	KUBICA EWA	420		WARSZAWA	POL	K 30-39	13	K 25	00:30:40	00:41:55	00:47:35.45	00:48:20.75	4:45	12.6
26	BORYSOWSKA MONIKA	69		SZCZECIN	POL	K 40-49	10	K 26	00:30:31	00:42:05	00:47:48.60	00:48:32.45	4:46	12.5
27	RZYMOWSKA KRYSZYNA	687		WARSZAWA	POL	K 50-59	1	K 27	00:31:09	00:42:39	00:48:21.40	00:49:07.70	4:50	12.4
28	GAŚSIOROWSKA ALICJA	194	ŻÓRAWSKITEAM	WARSZAWA	POL	K 40-49	11	K 29	00:31:16	00:43:06	00:48:33.40	00:49:12.00	4:51	12.4
29	JAGNIESZCZAK ZUZANNA	264	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	K 30-39	14	K 30	00:31:05	00:42:46	00:48:40.20	00:49:13.75	4:52	12.3
30	BURZYŃSKA MAGDALENA	85		WARSZAWA	POL	K 30-39	15	K 28	00:30:52	00:42:47	00:48:40.95	00:49:09.15	4:52	12.3
31	RUDY IWONA	676		WARSZAWA	POL	K 30-39	16	K 32	00:30:45	00:42:52	00:48:55.80	00:49:33.35	4:53	12.3
32	KOWERDA SYLWIA	395		WARSZAWA	POL	K 1-29	4	K 31	00:30:53	00:42:59	00:48:57.55	00:49:19.10	4:53	12.3
33	KORONA-SIERADZKA BOGUSŁAWA	375		WARSAW	POL	K 30-39	17	K 35	00:32:11	00:43:37	00:49:12.40	00:50:00.20	4:55	12.2
34	SEKŚCIŃSKA MAGDA	696	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	K 30-39	18	K 34	00:31:46	00:43:33	00:49:14.65	00:49:46.50	4:55	12.2
35	OLÓW KAMILA	581		GOŁDAP	POL	K 1-29	5	K 33	00:31:30	00:43:31	00:49:27.95	00:49:45.05	4:56	12.1
36	BE CZAK NATALIA	29		WARSZAWA	POL	K 30-39	19	K 36	00:32:15	00:44:01	00:49:40.00	00:50:20.45	4:58	12.1
37	KRUK EDYTA	407	GRUPA BIEGOWA UM W-WA	CHOTOMÓW	POL	K 40-49	12	K 37	00:31:41	00:43:47	00:49:44.90	00:50:32.30	4:58	12.1
38	ŻEBROWSKA ANNA	930		WARSZAWA	POL	K 30-39	20	K 38	00:32:05	00:43:51	00:49:50.90	00:50:50.95	4:59	12
39	TULA RENATA	817	MYKMYK	WARSZAWA	POL	K 60+	1	K 39	00:32:32	00:44:30	00:50:24.05	00:51:10.80	5:02	11.9
40	SEK ZOFIA	698		WARSZAWA	POL	K 40-49	13	K 40	00:33:01	00:44:40	00:50:33.50	00:51:16.90	5:03	11.9
41	JAROS HONORATA	280		WARSZAWA	POL	K 40-49	14	K 43	00:32:18	00:44:50	00:50:57.70	00:51:53.50	5:05	11.8
42	KWIATKOWSKA KATARZYNA	432		MARKI	POL	K 30-39	21	K 45	00:32:38	00:44:57	00:51:01.65	00:52:04.90	5:06	11.8
43	KWIATKOWSKA ILONA	434	KB WYSZKÓW	WYSZKÓW	POL	K 30-39	22	K 44	00:32:48	00:44:59	00:51:15.10	00:52:03.35	5:07	11.7
44	KICZYŃSKA IZABELA	340	BRODNICA BIEGA	BRODNICA	POL	K 30-39	23	K 41	00:32:33	00:45:04	00:51:16.10	00:51:26.60	5:07	11.7
45	TEJCHMA NATALIA	805	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	K 40-49	15	K 46	00:33:37	00:45:22	00:51:18.35	00:52:19.95	5:07	11.7
46	BUCHALSKA EWA	78	EKOBIEGI	WARSZAWA	POL	K 40-49	16	K 47	00:32:48	00:45:20	00:51:40.10	00:52:26.35	5:10	11.6
47	MALMON OLIWIA	489	KONDYCJA	WARSZAWA	POL	K 1-29	6	K 42	00:36:01	00:44:53	00:51:41.30	00:51:44.90	5:10	11.6
48	CHOSZCZ DOMINIKA	97		WARSZAWA	POL	K 1-29	7	K 48	00:32:31	00:45:50	00:51:47.15	00:52:36.40	5:10	11.6

**BIEG PRZEZ MOST 2019, K Odcinek specjalny c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
49	KOSTRZEWA ELWIRA	382	PZU SPORT TEAM	WARSZAWA	POL	K 40-49	17	K 50	00:33:33		00:52:04.05	00:53:12.80	5:12	11.5
50	SCHINDLER ZANETA	695		WARSZAWA	POL	K 40-49	18	K 49	00:33:39	00:46:01	00:52:13.35	00:52:56.00	5:13	11.5
51	MISZCZAK PAULINA	536		WARSZAWA	POL	K 1-29	8	K 51	00:34:07	00:46:28	00:52:28.55	00:53:28.70	5:14	11.4
52	WAGNER JOLANTA	829		WARSZAWA	POL	K 50-59	2	K 52	00:33:49	00:46:14	00:52:30.30	00:53:58.10	5:15	11.4
53	CHRZANOWSKA AGATA	101	CHRZANOWSKITEAM	WARSZAWA	POL	K 30-39	24	K 53	00:33:39	00:46:22	00:52:36.60	00:53:53.20	5:15	11.4
54	BOGŁOWSKA URSZULA	52		WARSZAWA	POL	K 30-39	25	K 54	00:33:37	00:46:38	00:52:47.85	00:54:06.25	5:16	11.4
55	KRUPIŃSKA WIOLA	409	TRUCHT TEAM TARCHOMIN	WARSZAWA	POL	K 1-29	9	K 50	00:34:08	00:46:50	00:52:51.55	00:53:07.10	5:17	11.3
56	STAŃCZAK IWONA	740	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	K 40-49	19	K 55	00:34:07	00:46:58	00:52:54.95	00:53:53.60	5:17	11.3
57	CHOTOMSKA DOROTA	98		LEGIONOWO	POL	K 1-29	10	K 56	00:33:31	00:46:43	00:53:22.35	00:53:29.90	5:20	11.2
58	KRUSZEWSKA DOMINIKA	411		WARSZAWA	POL	K 30-39	26	K 57	00:34:23	00:47:12	00:53:23.90	00:54:56.20	5:20	11.2
59	GRABARCZYK ILONA	218		LESZNO	POL	K 30-39	27	K 58	00:34:30	00:47:21	00:53:32.80	00:54:10.25	5:21	11.2
60	JANKOWSKA WIOLA	270		WARSZAWA	POL	K 30-39	28	K 59	00:34:37	00:47:21	00:53:37.00	00:54:44.20	5:21	11.2
61	ZAWIŚLAK JOLA	897		WARSZAWA	POL	K 40-49	20	K 60	00:34:39	00:47:33	00:53:47.40	00:54:54.70	5:22	11.2
62	MRUK JOANNA	548		GÓRA KALWARIA	POL	K 1-29	11	K 61	00:35:31	00:48:13	00:53:54.50	00:54:39.40	5:23	11.1
63	PALUCH ANNA	592		WARSZAWA	POL	K 40-49	21	K 62	00:34:58	00:47:35	00:53:55.00	00:54:43.85	5:23	11.1
64	ŁAZAREWICZ KATARZYNA	460		WARSZAWA	POL	K 1-29	12	K 63	00:33:49	00:47:26	00:54:00.35	00:54:54.75	5:24	11.1
65	ŚWIDERSKA JOANNA	795		WARSZAWA	POL	K 30-39	29	K 64	00:34:48	00:47:43	00:54:03.50	00:55:07.70	5:24	11.1
66	JONIK JUSTYNA	296	AZS WAT	WARSZAWA	POL	K 1-29	13	K 65	00:34:26	00:47:53	00:54:09.25	00:54:14.80	5:24	11.1
67	KONOPKA JUSTYNA	366	RUN 4FUN	WARSZAWA	POL	K 1-29	14	K 66	00:34:41	00:47:51	00:54:11.70	00:54:48.50	5:25	11.1
68	ZARĘBA-TREMELET KATARZYNA	890		WARSZAWA	POL	K 30-39	30	K 67	00:35:01	00:48:00	00:54:19.20	00:55:21.95	5:25	11
69	KOMARNITSKAYA NATALIA	361		WARSZAWA		K 30-39	31	K 68	00:34:33	00:47:46	00:54:21.25	00:55:33.35	5:26	11
70	SKIBIŃSKA MAŁGORZATA	713		WARSZAWA	POL	K 40-49	22	K 69	00:35:58	00:48:17	00:54:22.85	00:56:16.00	5:26	11
71	JANKOWSKA BOŻENA	272		WARSZAWA	POL	K 30-39	32	K 70	00:34:32	00:47:52	00:54:25.40	00:55:17.00	5:26	11
72	KWAPISZ-CICHOWSKA KATARZYNA	431	DĄBROWSKI TEAM	OSTROŁĘKA	POL	K 40-49	23	K 71	00:35:10	00:47:59	00:54:28.00	00:55:27.15	5:26	11
73	NIEDZIÓŁKA MAŁGORZATA	939	TO NATURALNE	WARSZAWA	POL	K 50-59	3	K 72	00:35:03	00:48:14	00:54:32.00	00:54:51.20	5:27	11
74	JAWORSKA KATARZYNA	286		WARSZAWA	POL	K 40-49	24	K 73	00:35:03	00:47:52	00:54:35.50	00:55:37.35	5:27	11
75	GZUŁA AGNIESZKA KAROLINA	240	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	K 1-29	15	K 74	00:34:30	00:47:42	00:54:42.00	00:55:16.10	5:28	11
76	HULANICKA IRINA	252	GOGGLE TEAM	WARSZAWA	POL	K 60+	2	K 75	00:35:06	00:47:38	00:54:43.00	00:55:45.20	5:28	11
77	ŚWIĆ MAŁGORZATA	794	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	K 40-49	25	K 76	00:34:37	00:48:07	00:54:56.25	00:55:44.80	5:29	10.9
78	BYELKINA KATERYNA	970	ANPHARM RUN TEAM	WARSZAWA	POL	K 1-29	16	K 77	00:35:24	00:48:46	00:55:02.75	00:57:14.05	5:30	10.9
79	KĄZMIERSKA ANNA	335		WOŁOMIN	POL	K 30-39	33	K 78	00:35:33	00:48:38	00:55:05.90	00:56:26.25	5:30	10.9
80	OŚIŃSKA SYLWIA	587		WARSZAWA	POL	K 40-49	26	K 79	00:34:59	00:48:35	00:55:13.25	00:55:24.20	5:31	10.9
81	WASILUK KLAUDIA	838	DRUŻYNA SZPIKU	WARSZAWA	POL	K 1-29	17	K 80	00:36:47	00:49:16	00:55:13.70	00:56:38.80	5:31	10.9
82	MAJEWSKA HANNA	482	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	K 30-39	34	K 81	00:35:06	00:48:50	00:55:26.35	00:56:23.55	5:32	10.8
83	CIMOCHOWSKA MAGDALENA	113	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	K 40-49	27	K 82	00:35:24	00:48:50	00:55:27.25	00:56:37.60	5:32	10.8
84	BE CZAK NATALIA	30		WARSZAWA	POL	K 30-39	35	K 83			00:55:33.00	00:55:33.00	5:33	10.8
85	KACPRZAK-KLEJNA AGNIESZKA	311		WARSZAWA	POL	K 40-49	28	K 84	00:36:29	00:49:29	00:55:36.50	00:57:01.15	5:33	10.8
86	POGORZELSKA ANNA	627		WARSZAWA	POL	K 30-39	36	K 85	00:35:06	00:48:42	00:55:36.95	00:56:34.80	5:33	10.8
87	GROCHOWSKA JOANNA	225	BIEGAMY Z OCHOTĄ	WARSZAWA	POL	K 50-59	4	K 86	00:35:28	00:49:07	00:55:42.55	00:57:47.45	5:34	10.8
88	ROGALSKA MAGDA	663	WKURWTEAM	WARSZAWA	POL	K 30-39	37	K 87	00:34:50	00:48:57	00:55:45.65	00:56:47.65	5:34	10.8
89	OWCZAREK BEATA	588	GO SPORT RUNNERS	WARSZAWA	POL	K 1-29	18	K 88	00:35:37	00:49:15	00:55:49.25	00:56:57.15	5:35	10.7
90	DRÓZD SANDRA	998		MARCELÓW		K 1-29	19	K 89	00:35:58	00:49:30	00:55:57.60	00:57:35.70	5:35	10.7
91	MAĆKOWIAK WERONIKA	480		WARSZAWA	POL	K 1-29	20	K 90	00:35:56	00:49:39	00:56:06.00	00:58:00.70	5:36	10.7
92	CIBORSKA KATARZYNA	934	NAPRZÓD MŁOCINY	WARSZAWA	POL	K 40-49	29	K 91	00:35:40	00:49:26	00:56:10.70	00:56:57.30	5:37	10.7
93	JAKUBISIAK RENATA	265	AEGONRUN	WARSZAWA	POL	K 30-39	38	K 92	00:37:34	00:50:05	00:56:23.40	00:57:46.20	5:38	10.6
94	CHMIELEWSKA IZABELA	92	REEBOK RUN CREW/MINISTERSTWO ŚRODOWISKA	WARSZAWA	POL	K 30-39	39	K 93	00:36:02	00:49:42	00:56:25.95	00:57:13.65	5:38	10.6
95	ŁOZOSWKA ANETA	229	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	K 40-49	30	K 94	00:36:08	00:49:51	00:56:31.30	00:57:36.45	5:39	10.6
96	KACZMAREK KATARZYNA	316		WARSZAWA	POL	K 30-39	40	K 95	00:35:57	00:49:49	00:56:33.35	00:57:36.40	5:39	10.6
97	MUZIŃSKA MARTA	552		WARSZAWA	POL	K 30-39	41	K 96	00:35:44	00:49:47	00:56:33.45	00:58:09.10	5:39	10.6
98	FLOREK MAŁGORZATA	174		WARSZAWA	POL	K 30-39	42	K 97	00:35:54	00:50:07	00:56:40.30	00:58:15.70	5:40	10.6
99	JAŚTAK NATALIA	958		WARSZAWA	POL	K 1-29	21	K 98	00:36:59	00:48:20	00:56:40.60	00:57:48.45	5:40	10.6
100	SOCHACKA KAROLINA	727		WARSZAWA	POL	K 1-29	22	K 99	00:36:21	00:50:07	00:56:45.85	00:57:48.60	5:40	10.6
101	LISZEWSKA ANNA	451	RUN TEAM NASIELSK	WARSZAWA	POL	K 40-49	31	K 100	00:36:08	00:49:51	00:56:46.55	00:57:21.25	5:40	10.6
102	DĄBROWSKA MAGDALENA	135	RUN4FUN	WARSZAWA	POL	K 40-49	32	K 101	00:36:23	00:50:02	00:57:02.85	00:57:40.85	5:42	10.5
103	SIGAL BOGDANA	706		WARSZAWA	POL	K 1-29	23	K 102	00:36:28	00:50:22	00:57:14.00	00:58:15.40	5:43	10.5
104	CZACH NATALIA	118	WARSZAWSKI KLUB ROGATEGO MORSIA	WARSZAWA	POL	K 30-39	43	K 103	00:37:27	00:50:42	00:57:14.90	00:59:10.10	5:43	10.5

**BIEG PRZEZ MOST 2019, K Odcinek specjalny c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
105	LEGAT DOROTA	439		MIŃSK MAZOWIECKI	POL	K 1-29	24	K 104	00:36:56	00:50:54	00:57:21.80	00:58:23.80	5:44	10.5
106	KOWALSKA PAULINA	391		WARSZAWA	POL	K 1-29	25	K 105	00:36:49	00:50:41	00:57:30.15	00:58:55.75	5:45	10.4
107	BRODAWKA OLGA	71		WARSZAWA	POL	K 30-39	44	K 106	00:36:37	00:50:43	00:57:49.85	00:58:49.30	5:47	10.4
108	FILIPIAK OLGA	171		WARSZAWA	POL	K 1-29	26	K 107	00:36:58	00:51:07	00:57:55.50	00:59:08.55	5:47	10.4
109	GAJ-SWIEZACZYŃSKA JOANNA	187		KOMORÓW	POL	K 30-39	45	K 108	00:38:09	00:51:24	00:58:01.30	00:59:49.20	5:48	10.3
110	KOPCINSKA KATARZYNA	367		WARSZAWA	POL	K 40-49	33	K 109	00:37:30	00:51:23	00:58:05.20	00:58:41.05	5:48	10.3
111	SKOWROŃSKA EWA	716		JEDLIŃSK	POL	K 40-49	34	K 110	00:37:39	00:51:23	00:58:05.40	00:58:14.55	5:48	10.3
112	WOJCIECHOWSKA EWA	867	EKOBIEGI	WARSZAWA	POL	K 40-49	35	K 111	00:37:33	00:51:22	00:58:05.75	00:59:47.60	5:48	10.3
113	PASKA SYLWIA	602		OTWOCK	POL	K 1-29	27	K 112	00:36:34	00:51:01	00:58:09.50	00:58:27.30	5:49	10.3
114	ROCKA GOSIA	660		WARSZAWA	POL	K 40-49	36	K 113	00:37:27	00:51:25	00:58:10.70	00:59:41.00	5:49	10.3
115	HOŁOPIAK EWA	251	REEBOK RUN CREW	WARSZAWA	POL	K 50-59	5	K 114	00:37:37	00:51:23	00:58:11.20	00:59:28.50	5:49	10.3
116	DESKA KAROLINA	144	WWW.LESZEKBIEGA.PL	NOWA IWICZNA	POL	K 40-49	37	K 115	00:36:52	00:51:09	00:58:11.60	00:59:19.45	5:49	10.3
117	KRAWCZYK KATARZYNA	400		WARSZAWA	POL	K 1-29	28	K 116	00:37:23	00:51:08	00:58:14.75	00:59:15.65	5:49	10.3
118	LEWANDOWSKA AGNIESZKA	445		LEGIONOWO	POL	K 30-39	46	K 117	00:37:25	00:51:16	00:58:17.45	00:59:02.45	5:49	10.3
119	GORCZYCA JOANNA	213		WARSZAWA	POL	K 1-29	29	K 118	00:36:49	00:51:09	00:58:26.20	00:59:58.00	5:50	10.3
120	PRZYBYŚLAWSKA-PRASKA ILONA	642		WARSZAWA	POL	K 30-39	47	K 119	00:37:16	00:51:21	00:58:31.30	00:59:37.70	5:51	10.3
121	CIEPIENIAK ANIA	104		WARSZAWA	POL	K 40-49	38	K 120	00:36:44	00:51:19	00:58:32.10	00:58:42.90	5:51	10.3
122	RURKA ANNA	965		WARSZAWA	POL	K 40-49	39	K 121	00:37:47	00:51:40	00:58:46.80	00:59:48.50	5:52	10.2
123	DEMBOWSKA MAŁGORZATA	140		CIECHANÓW	POL	K 1-29	30	K 122	00:37:02	00:51:43	00:58:52.30	01:00:28.25	5:53	10.2
124	ZIARKOWSKA AGNIESZKA	903		WARSZAWA	POL	K 1-29	31	K 123	00:38:29	00:52:28	00:59:01.15	01:00:44.05	5:54	10.2
125	JACHOWSKA ALDONA	259		WARSZAWA	POL	K 40-49	40	K 124	00:37:07	00:51:56	00:59:06.70	01:00:16.75	5:54	10.2
126	GRYCZKA-CIOŁEK MONIKA	232		WARSZAWA	POL	K 30-39	48	K 125	00:37:44	00:52:03	00:59:07.00	00:59:25.70	5:54	10.1
127	LODOWSKA ILONA	454		JABLONNA	POL	K 30-39	49	K 126	00:38:18	00:52:15	00:59:07.40	01:00:00.55	5:54	10.1
128	GŁÓWKA MAŁGORZATA	971	ANPHARM RUN TEAM	MARKI	POL	K 40-49	41	K 127	00:37:52	00:52:14	00:59:09.45	00:59:33.65	5:54	10.1
129	SIKORA ZUZANNA	707	PZU SPORT TEAM	WARSZAWA	POL	K 40-49	42	K 128	00:36:40	00:51:42	00:59:09.70	01:00:18.65	5:55	10.1
130	POLAŃSKA AGNIESZKA	630		WARSZAWA	POL	K 30-39	50	K 129	00:37:44	00:52:16	00:59:12.40	01:00:11.05	5:55	10.1
131	PASEK DOROTA	601		WARSZAWA	POL	K 30-39	51	K 130	00:39:12	00:52:31	00:59:12.40	01:00:58.60	5:55	10.1
132	MIKULSKA AGNIESZKA	529		ŁÓDŹ	POL	K 40-49	43	K 131	00:38:34	00:52:30	00:59:15.70	01:00:59.10	5:55	10.1
133	GURMIŃSKA KATARZYNA	238		WARSZAWA	POL	K 1-29	32	K 132	00:38:26	00:52:30	00:59:16.70	01:01:00.90	5:55	10.1
134	GIERS KLAUDIA	200		WARSZAWA	POL	K 1-29	33	K 133	00:38:03	00:52:46	00:59:20.55	00:59:49.55	5:56	10.1
135	WALCZAK ANNA	830	TURBODZIKI	WARSZAWA	POL	K 40-49	44	K 134	00:38:27	00:52:36	00:59:20.80	01:00:58.00	5:56	10.1
136	KRZANOWSKA MAŁGORZATA	415		WARSZAWA	POL	K 50-59	6	K 135	00:38:22	00:52:24	00:59:24.75	01:01:13.25	5:56	10.1
137	PYRAK JOANNA	650	AEGONRUN	WARSZAWA	POL	K 30-39	52	K 136	00:37:59	00:52:10	00:59:25.95	01:00:48.85	5:56	10.1
138	BERNARDELLI KATARZYNA	35		WARSZAWA	POL	K 1-29	34	K 137	00:37:59	00:52:31	00:59:28.15	00:59:54.55	5:56	10.1
139	SZTYGOWSKA ANNA	1012				K 30-39	53	K 138	00:37:57	00:52:36	00:59:31.05	01:00:28.65	5:57	10.1
140	DAMPC NATALIA	131		WARSZAWA	POL	K 30-39	54	K 139	00:37:34	00:52:47	00:59:31.20	01:00:56.65	5:57	10.1
141	KORZENIOWSKA- SOBCZUK ANNA	377	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	K 40-49	45	K 140	00:38:21	00:52:26	00:59:37.05	01:01:19.10	5:57	10.1
142	GONET KATARZYNA	211		WARSZAWA	POL	K 40-49	46	K 141	00:38:08	00:52:46	00:59:44.50	01:00:51.10	5:58	10
143	KACZAN JOANNA	315		WARSZAWA (BIAŁOŁĘKA)	POL	K 30-39	55	K 142	00:38:25	00:52:37	00:59:47.75	01:01:23.75	5:58	10
144	BESSARABA JAGODA	37		WARSZAWA	POL	K 1-29	35	K 143	00:37:01	00:52:10	00:59:49.10	01:00:52.80	5:58	10
145	SWIETLIK MAGDALENA	767		WARSZAWA	POL	K 30-39	56	K 144	00:37:52	00:52:42	00:59:51.85	01:00:56.80	5:59	10
146	BULIK BOŻENA	82	PARTNER	WARSZAWA	POL	K 30-39	57	K 145	00:38:37	00:52:46	00:59:53.40	01:01:21.85	5:59	10
147	HNIDZIUK MAGDALENA	250		WARSZAWA	POL	K 40-49	47	K 146	00:38:21	00:52:45	01:00:03.00	01:01:32.55	6:00	10
148	MYŚLIŃSKA ANNA	1111	BIAŁOŁĘKA JEST KOBIETĄ	WARSZAWA	POL	K 40-49	48	K 147	00:38:29	00:52:35	01:00:05.80	01:01:46.80	6:00	10
149	LELENIEWSKA ANNA	440		WARSZAWA	POL	K 1-29	36	K 148	00:38:12	00:53:10	01:00:07.40	01:01:43.25	6:00	10
150	SIESS MAŁGORZATA	705	UKS AZYMUT PABIANICE	WARSZAWA	POL	K 1-29	37	K 149	00:38:48	00:53:12	01:00:09.45	01:01:27.05	6:01	10
151	KRAKOWIAK SYLWIA	399		WARSZAWA	POL	K 40-49	49	K 150	00:38:38	00:53:26	01:00:27.00	01:01:11.50	6:02	9.9
152	BRONICKA ELA	72	VEGE RUNNERS	WARSZAWA	POL	K 30-39	58	K 151	00:38:28	00:53:17	01:00:42.15	01:02:24.70	6:04	9.9
153	MUCHA KAMILA	550	BIEGAM NA TARCHOMINIE	KONIN	POL	K 40-49	50	K 152	00:38:55	00:53:37	01:00:49.30	01:02:29.70	6:04	9.9
154	HÄNCHEN ELISABETH	243		WARSZAWA	POL	K 30-39	59	K 153	00:38:49	00:53:55	01:00:52.45	01:02:49.40	6:05	9.9
155	ŁUCZAK MAŁGORZATA	472	RUNNERSI ZE SKARBKA	WARSZAWA	POL	K 40-49	51	K 154	00:38:28	00:53:36	01:00:53.40	01:01:30.70	6:05	9.9
156	NOWAK MAGDALENA	564	AEGONRUN	WARSZAWA	POL	K 30-39	60	K 155	00:39:25	00:53:54	01:01:21.05	01:02:43.75	6:08	9.8
157	STRACHOCKA ANNA	749	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	K 60+	3	K 156	00:39:55	00:54:12	01:01:25.35	01:03:38.60	6:08	9.8
158	SOBIESKA ALEKSANDRA	725		WARSZAWA	POL	K 40-49	52	K 157	00:39:37	00:54:08	01:01:26.40	01:03:19.85	6:08	9.8
159	KOŚNIK ALICJA	386		WARSZAWA	POL	K 1-29	38	K 158	00:39:21	00:54:15	01:01:29.80	01:03:22.30	6:09	9.8
160	STAŃCZYK ZOFIA	742		ZIELONKA	POL	K 1-29	39	K 159	00:38:31	00:53:35	01:01:31.10	01:03:12.90	6:09	9.8
161	ŁĄCKA ILONA	461	BIAŁOŁĘKA JEST KOBIETĄ	WARSZAWA	POL	K 40-49	53	K 160	00:39:02	00:53:59	01:01:32.05	01:03:12.40	6:09	9.8

**BIEG PRZEZ MOST 2019, K Odcinek specjalny c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
162	BRZÓZKA MAGDA	76		WARSZAWA	POL	K 30-39	61	K 161	00:39:38	00:54:27	01:01:38.50	01:03:28.50	6:09	9.7
163	NOWAK KASIA	567		WARSZAWA	POL	K 30-39	62	K 162	00:39:39	00:54:29	01:01:38.80	01:03:28.60	6:09	9.7
164	SAL KINGA	690		WARSZAWA	POL	K 30-39	63	K 163	00:38:57	00:54:23	01:01:41.30	01:03:42.75	6:10	9.7
165	ADAMOWSKA BARBARA	2	MINISTERSTWO FINANSÓW	WARSZAWA	POL	K 40-49	54	K 164	00:38:58	00:54:08	01:01:42.30	01:02:45.10	6:10	9.7
166	MORAWSKA ANNA	542		WARSZAWA	POL	K 60+	4	K 165	00:40:08	00:54:40	01:01:46.35	01:02:47.45	6:10	9.7
167	ZOUABI DOROTA	907		WARSZAWA	POL	K 40-49	55	K 166	00:38:57	00:54:10	01:01:48.50	01:02:25.75	6:10	9.7
168	SIKORSKA AGNIESZKA	928		WARSZAWA	POL	K 30-39	64	K 167	00:40:03	00:54:42	01:01:49.35	01:03:40.65	6:10	9.7
169	DĄBROWSKA BEATA	134		JABŁONNA	POL	K 30-39	65	K 168	00:39:22	00:54:42	01:01:49.65	01:02:42.55	6:11	9.7
170	KARŁOWICZ ANNA	331	PARTIA WOLNYCH BIEGACZY	WARSZAWA	POL	K 60+	5	K 169	00:39:28	00:54:32	01:01:57.10	01:03:44.20	6:11	9.7
171	MIKITYUK KATARZYNA	527		MARKI	POL	K 40-49	56	K 170	00:38:43	00:54:16	01:02:02.05	01:03:07.30	6:12	9.7
172	PRZEDPEŁSKA ANETA	638		WARSZAWA	POL	K 30-39	66	K 171	00:39:22	00:54:33	01:02:02.05	01:03:28.40	6:12	9.7
173	GŁÓDŹ MAŁGORZATA	963	DO NOGI	WARSZAWA	POL	K 1-29	40	K 172	00:39:28	00:54:38	01:02:10.85	01:03:16.05	6:13	9.6
174	GAWIDZIEL SYLWIA	190		WARSZAWA	POL	K 30-39	67	K 173			01:02:16.25	01:02:16.25	6:13	9.6
175	WOJTAL KATARZYNA	872	WATAHA - WARSZAWA	PIASECZNO	POL	K 30-39	68	K 174	00:39:17	00:54:38	01:02:16.60	01:03:43.10	6:13	9.6
176	ADAMUS KATARZYNA	4	DECATHLON PIASECZNO	PIASECZNO	POL	K 40-49	57	K 175	00:39:17	00:54:38	01:02:16.70	01:03:43.05	6:13	9.6
177	CHOROŚ SYLWIA	922		WARSZAWA	POL	K 30-39	69	K 176	00:39:50	00:55:01	01:02:30.60	01:03:59.40	6:15	9.6
178	JARMUŻEWSKA TERESA	278	TIA	WARSZAWA	POL	K 40-49	58	K 177	00:41:45	00:55:58	01:02:46.35	01:04:58.45	6:16	9.6
179	GRYGALOWICZ ANNA	233	G PARTNER RUNNERS	WARSZAWA	POL	K 30-39	70	K 178	00:39:51	00:55:16	01:02:48.00	01:04:35.10	6:16	9.6
180	WOŁYNEK AGNIESZKA	875		WARSZAWA	POL	K 40-49	59	K 179	00:39:51	00:55:28	01:03:03.35	01:04:26.90	6:18	9.5
181	JURCZAK AGNIESZKA	301		JEDLIŃSK	POL	K 40-49	60	K 180	00:39:54	00:55:22	01:03:19.80	01:03:29.30	6:20	9.5
182	KORENKIEWICZ ANNA	370		ZĄBKI	POL	K 30-39	71	K 181	00:41:02	00:56:09	01:03:28.10	01:05:22.00	6:20	9.5
183	STRZELEC AGNIESZKA	753		WARSZAWA	POL	K 30-39	72	K 182	00:39:31	00:55:41	01:03:36.90	01:04:40.25	6:21	9.4
184	OBREBOWSKA MAŁGORZATA	950		WARSZAWA	POL	K 30-39	73	K 183	00:40:07	00:55:45	01:03:40.05	01:05:03.60	6:22	9.4
185	BASIAK AGNIESZKA	25		WARSZAWA	POL	K 30-39	74	K 184	00:39:18	00:55:16	01:03:40.90	01:05:11.80	6:22	9.4
186	STANIOS NATALIA	738		WARSZAWA	POL	K 1-29	41	K 185	00:39:13	00:55:32	01:03:41.35	01:04:47.55	6:22	9.4
187	MIKLEWICZ MAŁGORZATA	528		WARSZAWA	POL	K 40-49	61	K 186	00:41:18	00:56:25	01:03:45.05	01:05:44.75	6:22	9.4
188	PTASZYŃSKA MAGDALENA	646		KUTNO	POL	K 40-49	62	K 187	00:40:01	00:55:54	01:03:49.40	01:04:42.90	6:22	9.4
189	HELDT IWONA	247		WARSZAWA	POL	K 1-29	42	K 188	00:39:33	00:55:53	01:04:07.00	01:05:58.25	6:24	9.4
190	OLSZEWSKA DOROTA	579		WARSZAWA	POL	K 30-39	75	K 189	00:39:22	00:55:33	01:04:09.45	01:04:33.90	6:24	9.4
191	WITECKA ANNA	855		WARSZAWA	POL	K 30-39	76	K 190	00:40:16	00:56:19	01:04:26.85	01:06:20.60	6:26	9.3
192	KACPRZAK-ŚCISŁA ALEKSANDRA	948		WARSZAWA	POL	K 1-29	43	K 191	00:41:56	00:57:06	01:04:43.85	01:06:30.70	6:28	9.3
193	PROROK MAŁGOSIA	636		PIASECZNO	POL	K 30-39	77	K 192	00:42:04	00:57:17	01:04:45.80	01:06:55.70	6:28	9.3
194	PIOTROWSKA-KRZAK ELA	623		WARSZAWA	POL	K 40-49	63	K 193	00:42:11	00:57:33	01:04:52.40	01:06:30.00	6:29	9.2
195	CYGAN KATARZYNA	116		WARSZAWA	POL	K 30-39	78	K 194	00:41:11	00:57:00	01:04:58.35	01:06:33.50	6:29	9.2
196	ŚWIERSZCZ ANETA	798		ZALESIE	POL	K 30-39	79	K 195	00:41:05	00:57:12	01:04:59.30	01:06:53.60	6:29	9.2
197	WYSOCKA KAROLINA	880		WARSZAWA	POL	K 30-39	80	K 196	00:41:14	00:56:53	01:05:05.25	01:06:36.60	6:30	9.2
198	OSIAK ŻANETA	586		ŁASKARZEW	POL	K 30-39	81	K 197	00:40:42	00:57:10	01:05:06.15	01:06:31.70	6:30	9.2
199	BORKOWSKA OLGA	60		WARSZAWA	POL	K 30-39	82	K 198	00:41:25	00:57:35	01:05:16.95	01:06:07.65	6:31	9.2
200	RYNECKA AGNIESZKA	684		RAJSZEW	POL	K 40-49	64	K 199	00:41:08	00:57:24	01:05:19.55	01:07:13.15	6:32	9.2
201	FALKOWSKA MONIKA	164		WARSZAWA	POL	K 40-49	65	K 200	00:41:15	00:57:30	01:05:35.10	01:07:19.60	6:33	9.1
202	HALASZ JUSTYNA	242		WARSZAWA	POL	K 1-29	44	K 201	00:43:37	00:58:29	01:05:43.65	01:07:42.55	6:34	9.1
203	BARTECKA-MATUSZEWSKA URSZULA	21		NOWY DWÓR MAZOWIECKI	POL	K 30-39	83	K 202	00:41:10	00:57:23	01:05:45.90	01:06:41.70	6:34	9.1
204	REJCHERT KAMILA	657		WARSZAWA	POL	K 30-39	84	K 203	00:41:04	00:57:38	01:05:49.45	01:07:32.35	6:35	9.1
205	CZAJKOWSKA KRYSZYNA	120		WARSZAWA	POL	K 30-39	85	K 204	00:40:50	00:57:55	01:05:50.10	01:06:08.35	6:35	9.1
206	KORNACKA AGNIESZKA	372		NIEPOREĆ	POL	K 1-29	45	K 205	00:42:07	00:58:06	01:06:14.40	01:07:39.05	6:37	9.1
207	BABIAK-WARDAK KATARZYNA	11		WARSZAWA	POL	K 30-39	86	K 206	00:42:32	00:58:31	01:06:22.80	01:07:40.70	6:38	9
208	KLIMEK KATARZYNA	352		WARSZAWA	POL	K 30-39	87	K 207	00:41:51	00:58:32	01:06:25.30	01:06:43.95	6:38	9
209	BOJARSKA MARIA	55		WARSZAWA	POL	K 50-59	7	K 208	00:42:11	00:58:31	01:06:28.95	01:06:45.30	6:38	9
210	KUĆ BEATA	423		WARSZAWA	POL	K 40-49	66	K 209	00:41:31	00:58:10	01:06:33.65	01:08:13.60	6:39	9
211	KOVALETS OLENA	387		WARSZAWA	POL	K 1-29	46	K 210	00:42:14	00:59:05	01:06:37.15	01:06:55.55	6:39	9
212	SZŁAPA URSZULA	778	SPOT PSZCZYNA	CZARKÓW	POL	K 30-39	88	K 211	00:41:50	00:58:24	01:06:38.55	01:08:43.25	6:39	9
213	CIEPLAK KASIA	105		WARSZAWA	POL	K 30-39	89	K 212	00:41:49	00:58:28	01:06:38.70	01:08:10.40	6:39	9
214	SADŁOWSKA ALEKSANDRA	688		WARSZAWA	POL	K 1-29	47	K 213	00:43:13	00:59:21	01:07:03.80	01:09:04.05	6:42	8.9
215	STĘPIŃSKA JOANNA	746		WARSZAWA	POL	K 40-49	67	K 214	00:42:34	00:59:00	01:07:25.15	01:09:27.30	6:44	8.9
216	WINDER AGNIESZKA	851		WARSZAWA	POL	K 30-39	90	K 215	00:41:24	00:58:41	01:07:28.65	01:09:16.95	6:44	8.9
217	ZAYATS DARYA	898		WARSZAWA	POL	K 1-29	48	K 216	00:42:17	00:59:13	01:07:31.55	01:08:44.25	6:45	8.9
218	ZAWADZIŃSKA ANNA	895		WARSZAWA	POL	K 30-39	91	K 217	00:43:53	01:00:09	01:07:42.10	01:09:51.80	6:46	8.9

**BIEG PRZEZ MOST 2019, K Odcinek specjalny c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
219	SOJA KASIA	728	VEGE RUNNERS	KRAKÓW	POL	K 40-49	68	K 218	00:43:52	01:00:03	01:07:42.45	01:07:42.45	6:46	8.9
220	JURECKA JUSTYNA	302		WARSZAWA	POL	K 1-29	49	K 219	00:43:36	01:00:23	01:07:54.15	01:09:50.00	6:47	8.8
221	PANASIUK AGA	596		ZĄBKI	POL	K 40-49	69	K 220	00:42:43	00:59:45	01:08:17.30	01:09:27.60	6:49	8.8
222	JAWORSKA JOANNA	287		WARSZAWA	POL	K 30-39	92	K 221	00:44:41	01:00:27	01:08:17.50	01:10:17.00	6:49	8.8
223	BUDAJ-FIDECKA ANNA	81	FIDEPOP	WARSZAWA	POL	K 40-49	70	K 222	00:44:21	01:00:26	01:08:40.10	01:10:13.80	6:52	8.7
224	STAGŁOW MONIKA	737		WARSZAWA	POL	K 1-29	50	K 223	00:43:31	01:00:33	01:08:46.25	01:10:27.70	6:52	8.7
225	KŁOPOTOWSKA MAŁGORZATA	355		WARSZAWA	POL	K 30-39	93	K 224	00:43:14	01:00:46	01:09:19.75	01:10:04.05	6:56	8.7
226	WRONKA MARIANA	878	ZABIEGANY WOŁOMIN	WOŁOMIN	POL	K 30-39	94	K 225	00:43:47	01:00:51	01:09:24.75	01:09:51.90	6:56	8.6
227	FURMAN DOROTA	179		WARSZAWA	POL	K 30-39	95	K 226	00:44:42	01:01:27	01:09:26.60	01:11:30.50	6:56	8.6
228	GRZANECKA AGNIESZKA	236		WARSZAWA	POL	K 30-39	96	K 227	00:44:32	01:01:06	01:09:34.15	01:11:43.75	6:57	8.6
229	KACZOROWSKA MONIKA	319		ZĄBKI	POL	K 40-49	71	K 228	00:44:33	01:01:22	01:09:34.80	01:11:26.95	6:57	8.6
230	MROZIK WIOLETTA	545		WARSZAWA	POL	K 30-39	97	K 229	00:44:20	01:01:37	01:09:35.90	01:11:16.75	6:57	8.6
231	ŁOCHINA MARTA	466		WARSZAWA	POL	K 40-49	72	K 230	00:44:35	01:01:33	01:09:36.25	01:11:29.30	6:57	8.6
232	KUREK IZABELA	430	BIEGAM POWOLI	WARSZAWA	POL	K 30-39	98	K 231	00:43:37	01:01:09	01:09:38.55	01:11:29.55	6:57	8.6
233	SOSNÓWKA MAGDALENA	732		WARSZAWA	POL	K 40-49	73	K 232	00:44:42	01:01:53	01:10:08.00	01:12:07.50	7:00	8.6
234	JASIŃSKA ALICJA	282		BŁONIE	POL	K 1-29	51	K 233	00:45:54	01:02:49	01:10:26.45	01:12:30.90	7:02	8.5
235	KOSIERADZKA JOANNA	378		WARSZAWA	POL	K 50-59	8	K 234	00:45:53	01:03:21	01:12:05.20	01:13:52.35	7:12	8.3
236	JANKOWSKA JOLA	271		WARSZAWA	POL	K 30-39	99	K 235			01:12:11.00	01:12:11.00	7:13	8.3
237	JANUKOWICZ AGNIESZKA	277		WARSZAWA	POL	K 30-39	100	K 236			01:12:14.00	01:12:14.00	7:13	8.3
238	BANASIK KATARZYNA	16	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	K 30-39	101	K 237	00:46:24	01:03:57	01:12:27.35	01:13:42.55	7:14	8.3
239	JURKOWSKA IRENA	305		WARSZAWA	POL	K 60+	6	K 238	00:44:36	01:03:40	01:12:49.15	01:14:45.30	7:16	8.2
240	WÓJTOWICZ AGNIESZKA	877		WARSZAWA	POL	K 40-49	74	K 239	00:47:14	01:04:50	01:13:53.25	01:16:11.55	7:23	8.1
241	WAWRZONEK KAROLINA	839		STANISŁAWÓW PIERWSZY	POL	K 40-49	75	K 240	00:47:15	01:04:52	01:14:10.55	01:16:29.15	7:25	8.1
242	BÖGER CAROLIN	51		BERLIN	GER	K 1-29	52	K 241	00:47:02	01:05:12	01:14:12.25	01:16:09.00	7:25	8.1
243	OGOŃCZYK DONATA	845				K 1-29	53	K 242	00:47:33	01:06:07	01:14:57.25	01:16:57.75	7:29	8
244	CHEN FENGQIN	88		LESNOWOLA	CHI	K 30-39	102	K 243	00:48:05	01:06:37	01:15:51.60	01:15:59.60	7:35	7.9
245	METERA ANNA	518		WARSZAWA	POL	K 40-49	76	K 244	00:50:01	01:09:28	01:19:11.40	01:19:48.15	7:55	7.6
246	DRACZYŃSKA EDYTA	153		WARSZAWA	POL	K 40-49	77	K 245	00:50:00	01:09:28	01:19:12.10	01:19:48.45	7:55	7.6
247	ZAWADZKA MAGDALENA	896	ZAJĄC	WARSZAWA	POL	K 30-39	103	K 246	00:47:15	01:04:55	01:19:54.30	01:22:11.95	7:59	7.5
248	GIEDYK KATARZYNA	197		WARSZAWA	POL	K 30-39	104	K 247	00:50:22	01:10:34	01:19:54.65	01:21:55.40	7:59	7.5
249	LEWANDOWSKA EWELINA	444	WATAHA - ŁĄCZY NAS BIEGANIE	PIASECZNO	POL	K 30-39	105	K 248			01:22:46.30	01:25:13.20	8:16	7.2
250	JÓŹWIAK DOROTA	299	SLOW JOGGING BIAŁOŁĘKA	WARSZAWA	POL	K 40-49	78	K 249			01:22:49.10	01:25:15.50	8:16	7.2
251	SIERPOWSKA-BARTOSIK AGNIESZKA	701	SLOW JOGGING ŁÓDŹ / VEGE RUNNERS	ŁÓDŹ	POL	K 40-49	79	K 250	00:54:31	01:15:48	01:28:08.15	01:30:33.55	8:48	6.8
252	GRĄCKA KATARZYNA	222		WARSZAWA	POL	K 40-49	80	K 251	00:54:32	01:15:50	01:28:08.80	01:30:33.50	8:48	6.8
253	WILCZYŃSKA MAŁGORZATA	992		WARSZAWA		K 40-49	81	K 252	00:57:31	01:18:21	01:29:39.75	01:32:07.55	8:58	6.7
254	MŁODZIŃSKA NINA	1013		WARSZAWA	POL	K 1-29	54	K 253	00:51:24				7:47	7.7
255	KRAWCZYK MARLENA	401		WARSZAWA	POL	K 30-39	106	K 254						
LIM	HAJDUK MONIKA	955		ŻYRARDÓW	POL	K 1-29	LIM	LIM	00:55:43	01:03:51	01:30:04.60	01:32:27.20	0:00	6.7
LIM	SKRZYDŁOWSKA-KALUKIN KATARZYNA	717	SLOWJOGGING BIAŁOŁĘKA	WARSZAWA	POL	K 50-59	LIM	LIM	00:56:40	01:18:01	01:31:27.10	01:33:59.00	0:00	6.6
LIM	PILSKA MAGDA	621	SLOW JOGGING WARSZAWA	BIENIEWICE	POL	K 40-49	LIM	LIM	00:56:50	01:19:12	01:31:29.00	01:34:01.10	0:00	6.6
LIM	BOROWIAK JOLANTA	63	SLOWJOGGING POLSKA	WARSZAWA	POL	K 60+	LIM	LIM	00:56:50	01:19:04	01:31:29.75	01:34:01.80	0:00	6.6
LIM	SYC ALICJA	768	SLOW JOGGING BIAŁOŁĘKA	WARSZAWA	POL	K 50-59	LIM	LIM	00:56:43	01:18:04	01:31:31.25	01:33:59.80	0:00	6.6
LIM	BORZUCHOWSKA MONIKA	70	SLOWJOGGING ŁÓDŹ	ŁÓDŹ	POL	K 40-49	LIM	LIM	00:56:52	01:19:11	01:31:33.60	01:33:59.75	0:00	6.6
LIM	ZAWADA KATARZYNA	894		WARSZAWA	POL	K 40-49	LIM	LIM	00:56:54	01:18:08	01:31:33.65	01:34:00.55	0:00	6.6
LIM	KOWALCZYK-CHRZUSZCZ KASIA	390	SLOW JOGGING ŁÓDŹ	ŁÓDŹ	POL	K 50-59	LIM	LIM	00:56:51	01:19:18	01:31:33.80	01:33:58.70	0:00	6.6

**BIEG PRZEZ MOST 2019, K Samorządowcy**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
1	PACIOREK EWA	590	MARKOWI BIEGACZE	MARKI	POL	K 30-39	5	K 9	00:28:16	00:38:51	00:44:08.00	00:44:22.30	4:24	13.6
2	CZAJKOWSKA DOROTA	119		MYSIADŁO	POL	K 40-49	4	K 15	00:29:15	00:39:55	00:45:10.70	00:45:40.40	4:31	13.3
3	KRUK EDYTA	407	GRUPA BIEGOWA UM W-WA	CHOTOMÓW	POL	K 40-49	12	K 37	00:31:41	00:43:47	00:49:44.90	00:50:32.30	4:58	12.1
4	SCHINDLER ŻANETA	695		WARSZAWA	POL	K 40-49	18	K 49	00:33:39	00:46:01	00:52:13.35	00:52:56.00	5:13	11.5
5	STAŃCZAK IWONA	740	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	K 40-49	19	K 55	00:34:07	00:46:58	00:52:54.95	00:53:53.60	5:17	11.3
6	MAJEWSKA HANNA	482	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	K 30-39	34	K 81	00:35:06	00:48:50	00:55:26.35	00:56:23.55	5:32	10.8

**BIEG PRZEZ MOST 2019, K Samorządowcy c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
7	POGORZELSKA ANNA	627		WARSZAWA	POL	K 30-39	36	K 85	00:35:06	00:48:42	00:55:36.95	00:56:34.80	5:33	10.8
8	DĄBROWSKA MAGDALENA	135	RUN4FUN	WARSZAWA	POL	K 40-49	32	K 101	00:36:23	00:50:02	00:57:02.85	00:57:40.85	5:42	10.5
9	SIGAL BOGDANA	706		WARSZAWA	POL	K 1-29	23	K 102	00:36:28	00:50:22	00:57:14.00	00:58:15.40	5:43	10.5
10	RURKA ANNA	965		WARSZAWA	POL	K 40-49	39	K 121	00:37:47	00:51:40	00:58:46.80	00:59:48.50	5:52	10.2
11	SZTYGOWSKA ANNA	1012				K 30-39	53	K 138	00:37:57	00:52:36	00:59:31.05	01:00:28.65	5:57	10.1
12	MYŚLIŃSKA ANNA	1111	BIAŁOLEKA JEST KOBIETĄ	WARSZAWA	POL	K 40-49	48	K 147	00:38:29	00:52:35	01:00:05.80	01:01:46.80	6:00	10
13	STRACHOCKA ANNA	749	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	K 60+	3	K 156	00:39:55	00:54:12	01:01:25.35	01:03:38.60	6:08	9.8
14	ŁĄCKA ILONA	461	BIAŁOLEKA JEST KOBIETĄ	WARSZAWA	POL	K 40-49	53	K 160	00:39:02	00:53:59	01:01:32.05	01:03:12.40	6:09	9.8
15	STRZELEC AGNIESZKA	753		WARSZAWA	POL	K 30-39	72	K 182	00:39:31	00:55:41	01:03:36.90	01:04:40.25	6:21	9.4
16	BASIAK AGNIESZKA	25		WARSZAWA	POL	K 30-39	74	K 184	00:39:18	00:55:16	01:03:40.90	01:05:11.80	6:22	9.4
17	WYSOCKA KAROLINA	880		WARSZAWA	POL	K 30-39	80	K 196	00:41:14	00:56:53	01:05:05.25	01:06:36.60	6:30	9.2
18	BANASIK KATARZYNA	16	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	K 30-39	101	K 237	00:46:24	01:03:57	01:12:27.35	01:13:42.55	7:14	8.3

**BIEG PRZEZ MOST 2019, Mieszkanka Białoleki**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
1	PARSZCZYŃSKA IZABELA	598	TEAM PARSZCZYŃSKICH	WARSZAWA	POL	K 30-39	2	K 2	00:24:21	00:33:36	00:38:11.50	00:38:13.00	3:49	15.7
2	ŻURANIEWSKA AGNIESZKA	918	NUDNE PIĄTKI	WARSZAWA	POL	K 40-49	3	K 7	00:27:37	00:38:02	00:43:08.85	00:43:23.75	4:18	13.9
3	WINKOWSKA-STRUZIK MAGDALENA	853	DUKLANOWSKI TEAM / ADIDAS RUNNERS WARSZAW	WARSZAWA	POL	K 30-39	7	K 13	00:29:01	00:39:42	00:44:55.10	00:45:25.70	4:29	13.4
4	OCHNIK-KALINOWSKA JUSTYNA	573		WARSZAWA	POL	K 40-49	7	K 19	00:29:51	00:41:20	00:46:53.30	00:47:22.30	4:41	12.8
5	RUDY IWONA	676		WARSZAWA	POL	K 30-39	16	K 32	00:30:45	00:42:52	00:48:55.80	00:49:33.35	4:53	12.3
6	JAROS HONORATA	280		WARSZAWA	POL	K 40-49	14	K 43	00:32:18	00:44:50	00:50:57.70	00:51:53.50	5:05	11.8
7	TEJCHMA NATALIA	805	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	K 40-49	15	K 46	00:33:37	00:45:22	00:51:18.35	00:52:19.95	5:07	11.7
8	BUCHALSKA EWA	78	EKOBIEGI	WARSZAWA	POL	K 40-49	16	K 47	00:32:48	00:45:20	00:51:40.10	00:52:26.35	5:10	11.6
9	SCHINDLER ŻANETA	695		WARSZAWA	POL	K 40-49	18	K 49	00:33:39	00:46:01	00:52:13.35	00:52:56.00	5:13	11.5
10	BOGŁOWSKA URSZULA	52		WARSZAWA	POL	K 30-39	25	K 54	00:33:37	00:46:38	00:52:47.85	00:54:06.25	5:16	11.4
11	KRUPIŃSKA WIOLA	409	TRUCHT TEAM TARCHOMIN	WARSZAWA	POL	K 1-29	9	K 50	00:34:08	00:46:50	00:52:51.55	00:53:07.10	5:17	11.3
12	STAŃCZAK IWONA	740	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	K 40-49	19	K 55	00:34:07	00:46:58	00:52:54.95	00:53:53.60	5:17	11.3
13	JANKOWSKA WIOLA	270		WARSZAWA	POL	K 30-39	28	K 59	00:34:37	00:47:21	00:53:37.00	00:54:44.20	5:21	11.2
14	ŚWIDERSKA JOANNA	795		WARSZAWA	POL	K 30-39	29	K 64	00:34:48	00:47:43	00:54:03.50	00:55:07.70	5:24	11.1
15	KONOPKA JUSTYNA	366	RUN 4FUN	WARSZAWA	POL	K 1-29	14	K 66	00:34:41	00:47:51	00:54:11.70	00:54:48.50	5:25	11.1
16	ZARĘBA-TREMELET KATARZYNA	890		WARSZAWA	POL	K 30-39	30	K 67	00:35:01	00:48:00	00:54:19.20	00:55:21.95	5:25	11
17	JANKOWSKA BOŻENA	272		WARSZAWA	POL	K 30-39	32	K 70	00:34:32	00:47:52	00:54:25.40	00:55:17.00	5:26	11
18	JAWORSKA KATARZYNA	286		WARSZAWA	POL	K 40-49	24	K 73	00:35:03	00:47:52	00:54:35.50	00:55:37.35	5:27	11
19	ŚWIĆ MAŁGORZATA	794	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	K 40-49	25	K 76	00:34:37	00:48:07	00:54:56.25	00:55:44.80	5:29	10.9
20	OŚIŃSKA SYLWIA	587		WARSZAWA	POL	K 40-49	26	K 79	00:34:59	00:48:35	00:55:13.25	00:55:24.20	5:31	10.9
21	WASILUK KLAUDIA	838	DRUŻYNA SZPIKU	WARSZAWA	POL	K 1-29	17	K 80	00:36:47	00:49:16	00:55:13.70	00:56:38.80	5:31	10.9
22	MAJEWSKA HANNA	482	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	K 30-39	34	K 81	00:35:06	00:48:50	00:55:26.35	00:56:23.55	5:32	10.8
23	CIMOCZOWSKA MAGDALENA	113	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	K 40-49	27	K 82	00:35:24	00:48:50	00:55:27.25	00:56:37.60	5:32	10.8
24	KACPRZAK-KLEJNA AGNIESZKA	311		WARSZAWA	POL	K 40-49	28	K 84	00:36:29	00:49:29	00:55:36.50	00:57:01.15	5:33	10.8
25	ROGALSKA MAGDA	663	WKURWTEAM	WARSZAWA	POL	K 30-39	37	K 87	00:34:50	00:48:57	00:55:45.65	00:56:47.65	5:34	10.8
26	JAKUBISIAK RENATA	265	AEGONRUN	WARSZAWA	POL	K 30-39	38	K 92	00:37:34	00:50:05	00:56:23.40	00:57:46.20	5:38	10.6
27	CHMIELEWSKA IZABELA	92	REEBOK RUN CREW/MINISTERSTWO ŚRODOWISKA	WARSZAWA	POL	K 30-39	39	K 93	00:36:02	00:49:42	00:56:25.95	00:57:13.65	5:38	10.6
28	ŁOZOSWKA ANETA	229	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	K 40-49	30	K 94	00:36:08	00:49:51	00:56:31.30	00:57:36.45	5:39	10.6
29	KACZMAREK KATARZYNA	316		WARSZAWA	POL	K 30-39	40	K 95	00:35:57	00:49:49	00:56:33.35	00:57:36.40	5:39	10.6
30	MUZINSKA MARTA	552		WARSZAWA	POL	K 30-39	41	K 96	00:35:44	00:49:47	00:56:33.45	00:58:09.10	5:39	10.6
31	FLOREK MAŁGORZATA	174		WARSZAWA	POL	K 30-39	42	K 97	00:35:54	00:50:07	00:56:40.30	00:58:15.70	5:40	10.6
32	LISZEWSKA ANNA	451	RUN TEAM NASIELSK	WARSZAWA	POL	K 40-49	31	K 100	00:36:08	00:49:51	00:56:46.55	00:57:21.25	5:40	10.6
33	SIGAL BOGDANA	706		WARSZAWA	POL	K 1-29	23	K 102	00:36:28	00:50:22	00:57:14.00	00:58:15.40	5:43	10.5
34	BRODAWKA OLGA	71		WARSZAWA	POL	K 30-39	44	K 106	00:36:37	00:50:43	00:57:49.85	00:58:49.30	5:47	10.4
35	KOPCINSKA KATARZYNA	367		WARSZAWA	POL	K 40-49	33	K 109	00:37:30	00:51:23	00:58:05.20	00:58:41.05	5:48	10.3
36	ROCKA GOSIA	660		WARSZAWA	POL	K 40-49	36	K 113	00:37:27	00:51:25	00:58:10.70	00:59:41.00	5:49	10.3
37	PRZYBYŚLAWSKA-PRASKA ILONA	642		WARSZAWA	POL	K 30-39	47	K 119	00:37:16	00:51:21	00:58:31.30	00:59:37.70	5:51	10.3
38	CIEPIENIAK ANIA	104		WARSZAWA	POL	K 40-49	38	K 120	00:36:44	00:51:19	00:58:32.10	00:58:42.90	5:51	10.3

**BIEG PRZEZ MOST 2019, Mieszkancka Białołęki c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
39	RURKA ANNA	965		WARSZAWA	POL	K 40-49	39	K 121	00:37:47	00:51:40	00:58:46.80	00:59:48.50	5:52	10.2
40	JACHOWSKA ALDONA	259		WARSZAWA	POL	K 40-49	40	K 124	00:37:07	00:51:56	00:59:06.70	01:00:16.75	5:54	10.2
41	GRYCZKA-CIOŁEK MONIKA	232		WARSZAWA	POL	K 30-39	48	K 125	00:37:44	00:52:03	00:59:07.00	00:59:25.70	5:54	10.1
42	PASEK DOROTA	601		WARSZAWA	POL	K 30-39	51	K 130	00:39:12	00:52:31	00:59:12.40	01:00:58.60	5:55	10.1
43	GIERS KLAUDIA	200		WARSZAWA	POL	K 1-29	33	K 133	00:38:03	00:52:46	00:59:20.55	00:59:49.55	5:56	10.1
44	WALCZAK ANNA	830	TURBODZIKI	WARSZAWA	POL	K 40-49	44	K 134	00:38:27	00:52:36	00:59:20.80	01:00:58.00	5:56	10.1
45	SZTYGOWSKA ANNA	1012		WARSZAWA		K 30-39	53	K 138	00:37:57	00:52:36	00:59:31.05	01:00:28.65	5:57	10.1
46	KORZENIOWSKA- SOBCZUK ANNA	377	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	K 40-49	45	K 140	00:38:21	00:52:26	00:59:37.05	01:01:19.10	5:57	10.1
47	GONET KATARZYNA	211		WARSZAWA	POL	K 40-49	46	K 141	00:38:08	00:52:46	00:59:44.50	01:00:51.10	5:58	10
48	KACZAN JOANNA	315		WARSZAWA (BIAŁOŁĘKA)	POL	K 30-39	55	K 142	00:38:25	00:52:37	00:59:47.75	01:01:23.75	5:58	10
49	BESSARABA JAGODA	37		WARSZAWA	POL	K 1-29	35	K 143	00:37:01	00:52:10	00:59:49.10	01:00:52.80	5:58	10
50	SWIETLIK MAGDALENA	767		WARSZAWA	POL	K 30-39	56	K 144	00:37:52	00:52:42	00:59:51.85	01:00:56.80	5:59	10
51	BULIK BOŻENA	82	PARTNER	WARSZAWA	POL	K 30-39	57	K 145	00:38:37	00:52:46	00:59:53.40	01:01:21.85	5:59	10
52	MYŚLIŃSKA ANNA	1111	BIAŁOŁĘKA JEST KOBIETĄ	WARSZAWA	POL	K 40-49	48	K 147	00:38:29	00:52:35	01:00:05.80	01:01:46.80	6:00	10
53	KRAKOWIAK SYLWIA	399		WARSZAWA	POL	K 40-49	49	K 150	00:38:38	00:53:26	01:00:27.00	01:01:11.50	6:02	9.9
54	BRONICKA ELA	72	VEGE RUNNERS	WARSZAWA	POL	K 30-39	58	K 151	00:38:28	00:53:17	01:00:42.15	01:02:24.70	6:04	9.9
55	MUCHA KAMILA	550	BIEGAM NA TARCHOMINIE	KONIN	POL	K 40-49	50	K 152	00:38:55	00:53:37	01:00:49.30	01:02:29.70	6:04	9.9
56	ŁUCZAK MAŁGORZATA	472	RUNNERSI ZE SKARBKA	WARSZAWA	POL	K 40-49	51	K 154	00:38:28	00:53:36	01:00:53.40	01:01:30.70	6:05	9.9
57	KOŚNIK ALICJA	386		WARSZAWA	POL	K 1-29	38	K 158	00:39:21	00:54:15	01:01:29.80	01:03:22.30	6:09	9.8
58	ŁAĆKA IŁONA	461	BIAŁOŁĘKA JEST KOBIETĄ	WARSZAWA	POL	K 40-49	53	K 160	00:39:02	00:53:59	01:01:32.05	01:03:12.40	6:09	9.8
59	BRZÓZKA MAGDA	76		WARSZAWA	POL	K 30-39	61	K 161	00:39:38	00:54:27	01:01:38.50	01:03:28.50	6:09	9.7
60	NOWAK KASIA	567		WARSZAWA	POL	K 30-39	62	K 162	00:39:39	00:54:29	01:01:38.80	01:03:28.60	6:09	9.7
61	SAL KINGA	690		WARSZAWA	POL	K 30-39	63	K 163	00:38:57	00:54:23	01:01:41.30	01:03:42.75	6:10	9.7
62	ADAMOWSKA BARBARA	2	MINISTERSTWO FINANSÓW	WARSZAWA	POL	K 40-49	54	K 164	00:38:58	00:54:08	01:01:42.30	01:02:45.10	6:10	9.7
63	ZOUABI DOROTA	907		WARSZAWA	POL	K 40-49	55	K 166	00:38:57	00:54:10	01:01:48.50	01:02:25.75	6:10	9.7
64	SIKORSKA AGNIESZKA	928		WARSZAWA	POL	K 30-39	64	K 167	00:40:03	00:54:42	01:01:49.35	01:03:40.65	6:10	9.7
65	PRZEDPEŁSKA ANETA	638		WARSZAWA	POL	K 30-39	66	K 171	00:39:22	00:54:33	01:02:02.05	01:03:28.40	6:12	9.7
66	GŁÓDŹ MAŁGORZATA	963	DO NOGI	WARSZAWA	POL	K 1-29	40	K 172	00:39:28	00:54:38	01:02:10.85	01:03:16.05	6:13	9.6
67	GAWIDZIEL SYLWIA	190		WARSZAWA	POL	K 30-39	67	K 173			01:02:16.25	01:02:16.25	6:13	9.6
68	JARMUŻEWSKA TERESA	278	TIA	WARSZAWA	POL	K 40-49	58	K 177	00:41:45	00:55:58	01:02:46.35	01:04:58.45	6:16	9.6
69	WOŁYNEK AGNIESZKA	875		WARSZAWA	POL	K 40-49	59	K 179	00:39:51	00:55:28	01:03:03.35	01:04:26.90	6:18	9.5
70	STRZELEC AGNIESZKA	753		WARSZAWA	POL	K 30-39	72	K 182	00:39:31	00:55:41	01:03:36.90	01:04:40.25	6:21	9.4
71	BASIAK AGNIESZKA	25		WARSZAWA	POL	K 30-39	74	K 184	00:39:18	00:55:16	01:03:40.90	01:05:11.80	6:22	9.4
72	MIKLEWICZ MAŁGORZATA	528		WARSZAWA	POL	K 40-49	61	K 186	00:41:18	00:56:25	01:03:45.05	01:05:44.75	6:22	9.4
73	OLSZEWSKA DOROTA	579		WARSZAWA	POL	K 30-39	75	K 189	00:39:22	00:55:33	01:04:09.45	01:04:33.90	6:24	9.4
74	KACPRZAK-ŚCISŁA ALEKSANDRA	948		WARSZAWA	POL	K 1-29	43	K 191	00:41:56	00:57:06	01:04:43.85	01:06:30.70	6:28	9.3
75	WYSOCKA KAROLINA	880		WARSZAWA	POL	K 30-39	80	K 196	00:41:14	00:56:53	01:05:05.25	01:06:36.60	6:30	9.2
76	REJCHERT KAMILA	657		WARSZAWA	POL	K 30-39	84	K 203	00:41:04	00:57:38	01:05:49.45	01:07:32.35	6:35	9.1
77	BABIAK-WARDAK KATARZYNA	11		WARSZAWA	POL	K 30-39	86	K 206	00:42:32	00:58:31	01:06:22.80	01:07:40.70	6:38	9
78	KLIMEK KATARZYNA	352		WARSZAWA	POL	K 30-39	87	K 207	00:41:51	00:58:32	01:06:25.30	01:06:43.95	6:38	9
79	BOJARSKA MARIA	55		WARSZAWA	POL	K 50-59	7	K 208	00:42:11	00:58:31	01:06:28.95	01:06:45.30	6:38	9
80	KUĆ BEATA	423		WARSZAWA	POL	K 40-49	66	K 209	00:41:31	00:58:10	01:06:33.65	01:08:13.60	6:39	9
81	CIEPLAK KASIA	105		WARSZAWA	POL	K 30-39	89	K 212	00:41:49	00:58:28	01:06:38.70	01:08:10.40	6:39	9
82	WINDER AGNIESZKA	851		WARSZAWA	POL	K 30-39	90	K 215	00:41:24	00:58:41	01:07:28.65	01:09:16.95	6:44	8.9
83	ZAYATS DARYA	898		WARSZAWA	POL	K 1-29	48	K 216	00:42:17	00:59:13	01:07:31.55	01:08:44.25	6:45	8.9
84	JURECKA JUSTYNA	302		WARSZAWA	POL	K 1-29	49	K 219	00:43:36	01:00:23	01:07:54.15	01:09:50.00	6:47	8.8
85	KŁOPOTOWSKA MAŁGORZATA	355		WARSZAWA	POL	K 30-39	93	K 224	00:43:14	01:00:46	01:09:19.75	01:10:04.05	6:56	8.7
86	ŁOCHINA MARTA	466		WARSZAWA	POL	K 40-49	72	K 230	00:44:35	01:01:33	01:09:36.25	01:11:29.30	6:57	8.6
87	KOSIERADZKA JOANNA	378		WARSZAWA	POL	K 50-59	8	K 234	00:45:53	01:03:21	01:12:05.20	01:13:52.35	7:12	8.3
88	METERA ANNA	518		WARSZAWA	POL	K 40-49	76	K 244	00:50:01	01:09:28	01:19:11.40	01:19:48.15	7:55	7.6
89	DRACZYŃSKA EDYTA	153		WARSZAWA	POL	K 40-49	77	K 245	00:50:00	01:09:28	01:19:12.10	01:19:48.45	7:55	7.6
90	JÓŹWIAK DOROTA	299	SLOW JOGGING BIAŁOŁĘKA	WARSZAWA	POL	K 40-49	78	K 249			01:22:49.10	01:25:15.50	8:16	7.2
LIM	SKRZYDŁOWSKA-KALUKIN KATARZYNA	717	SLOW JOGGING BIAŁOŁĘKA	WARSZAWA	POL	K 50-59	LIM	LIM	00:56:40	01:18:01	01:31:27.10	01:33:59.00	0:00	6.6
LIM	SYC ALICJA	768	SLOW JOGGING BIAŁOŁĘKA	WARSZAWA	POL	K 50-59	LIM	LIM	00:56:43	01:18:04	01:31:31.25	01:33:59.80	0:00	6.6
LIM	ZAWADA KATARZYNA	894		WARSZAWA	POL	K 40-49	LIM	LIM	00:56:54	01:18:08	01:31:33.65	01:34:00.55	0:00	6.6

**BIEG PRZEZ MOST 2019, Mieszkaniec Białołęki**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
1	PARSZCZYŃSKI ŁUKASZ	599	TEAM PARSZCZYŃSKICH	WARSZAWA	POL	M 30-39	1	M 3	00:20:26	00:28:15	00:32:08.60	00:32:11.00	3:12	18.7
2	GOZDEK RADEK	214	BIEGANIEPO40.PL TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M 40-49	1	M 15	00:23:09	00:31:51	00:36:04.25	00:36:06.15	3:36	16.6
3	KLĄS ŁUKASZ	348	NUDNE PIĄTKI	WARSZAWA	POL	M 40-49	2	M 16	00:23:09	00:31:51	00:36:14.55	00:36:16.00	3:37	16.6
4	KLIMKIEWICZ MICHAŁ	353		WARSZAWA	POL	M 1-29	11	M 21	00:23:58	00:32:52	00:37:21.90	00:37:28.85	3:44	16.1
5	HILDEBRAND MARCIN	249	OUTLETBIEGOWY /BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 30-39	9	M 22	00:23:56	00:33:08	00:37:37.20	00:37:39.25	3:45	16
6	TRZASKOWSKI DARIUSZ	815	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M 40-49	4	M 26	00:24:26	00:33:36	00:38:06.25	00:38:11.35	3:48	15.7
7	STYRNIK KRYSZTIAN	757	AZS UP LUBLIN	OŻARÓW	POL	M 1-29	13	M 39	00:25:02	00:34:55	00:39:34.55	00:39:43.95	3:57	15.2
8	WERNER KAMIL	842	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 30-39	21	M 50	00:25:57	00:35:32	00:40:07.40	00:40:41.90	4:00	15
9	SZCZEPKOWSKI BARTŁOMIEJ	773		WARSZAWA	POL	M 30-39	22	M 47	00:25:53	00:35:19	00:40:10.90	00:40:16.35	4:01	14.9
10	MICHALSKI DAMIAN	523	ALIOR RUNNING TEAM	WARSZAWA	POL	M 40-49	11	M 49	00:25:34	00:35:22	00:40:31.00	00:40:37.05	4:03	14.8
11	TOMASZEK ROBERT	810		WARSZAWA	POL	M 40-49	12	M 50	00:25:53	00:35:44	00:40:33.70	00:40:37.65	4:03	14.8
12	JUTKIEWICZ MARCIN	993		WARSZAWA	POL	M 30-39	26	M 55	00:26:24	00:36:07	00:40:59.00	00:41:10.85	4:05	14.6
13	GRYSZPANOWICZ PIOTR	234	SĄSIADY LATAJĄ RAZEM	WARSZAWA	POL	M 40-49	15	M 57	00:26:17	00:36:10	00:41:08.25	00:41:16.40	4:06	14.6
14	SIEGIEDA MICHAŁ	699	ADIDAS RUNNERS	WARSZAWA	POL	M 30-39	27	M 60	00:26:21	00:36:33	00:41:20.65	00:41:26.10	4:08	14.5
15	SPYCHAŁA PIOTR	735		WARSZAWA	POL	M 40-49	17	M 62	00:26:34	00:36:36	00:41:32.25	00:41:41.45	4:09	14.4
16	GIERAK KRIS	199	SANTANDER RUNNERS	WARSZAWA	POL	M 30-39	29	M 64	00:26:45	00:36:53	00:41:42.95	00:41:51.45	4:10	14.4
17	ROWIŃSKI ARKADIUSZ	960		WARSZAWA	POL	M 30-39	30	M 65	00:27:07	00:37:02	00:41:45.60	00:41:49.80	4:10	14.4
18	CIEŚLAK PIOTR	111		WARSZAWA	POL	M 30-39	31	M 68	00:27:25	00:37:12	00:41:51.10	00:42:05.00	4:11	14.3
19	ZAJĄC WAĆLAW	882	TEAM PARSZCZYŃSKICH	WARSZAWA	POL	M 40-49	21	M 70	00:27:07	00:37:03	00:41:58.35	00:42:09.65	4:11	14.3
20	ANDRZEJEWSKI MARIUSZ	7	T-MOBILE RUNNING TEAM	WARSZAWA	POL	M 30-39	33	M 73	00:27:37	00:37:19	00:42:06.35	00:42:17.90	4:12	14.3
21	JUREK PRZEMYSŁAW	304	KS STASZEWCY	WARSZAWA	POL	M 40-49	22	M 74	00:27:05	00:37:08	00:42:07.00	00:42:20.20	4:12	14.2
22	PRUSIK PIOTR	637		WARSZAWA	POL	M 1-29	18	M 75	00:27:27	00:37:19	00:42:08.85	00:42:26.85	4:12	14.2
23	KNAP PIOTR	987				M 30-39	35	M 77	00:27:11	00:37:20	00:42:12.90	00:42:26.05	4:13	14.2
24	RAK ADAM	655	MPWIK	WARSZAWA	POL	M 30-39	36	M 78	00:26:38	00:37:19	00:42:21.40	00:42:27.25	4:14	14.2
25	KOWAL KRZYSZTOF	388	SĄSIADY LATAJĄ RAZEM	WARSZAWA	POL	M 40-49	23	M 80	00:26:38	00:37:02	00:42:23.20	00:42:31.45	4:14	14.2
26	JAWORSKI PIOTR	1000	EKOBIEGI	WARSZAWA	POL	M 40-49	25	M 84	00:26:59	00:37:22	00:42:29.50	00:42:33.70	4:14	14.1
27	DĄBROWSKI MIROSŁAW	136		WARSZAWA	POL	M 50-59	3	M 85	00:27:12	00:37:22	00:42:30.20	00:42:52.75	4:15	14.1
28	MICHNOWSKI SEBASTIAN	525		WARSZAWA	POL	M 40-49	26	M 86	00:27:06	00:37:19	00:42:30.75	00:42:38.90	4:15	14.1
29	SARZAŁA DARIUSZ	996				M 60+	2	M 90	00:27:22	00:37:50	00:42:53.95	00:43:09.55	4:17	14
30	MĘYŃSKI MARIUSZ	539		WARSZAWA	POL	M 1-29	20	M 92	00:27:18	00:38:03	00:43:11.70	00:43:21.50	4:19	13.9
31	SOBOCIŃSKI MICHAŁ	726	PLAY	WARSZAWA	POL	M 40-49	29	M 93	00:28:04	00:38:12	00:43:11.75	00:43:31.15	4:19	13.9
32	SMORAŃSKI WODZISŁAW	722		WARSZAWA	POL	M 30-39	42	M 95	00:27:41	00:38:09	00:43:22.20	00:43:29.90	4:20	13.8
33	DZIUBA TOMASZ	160	MASTERSDOJO	WARSZAWA	POL	M 30-39	44	M 99	00:27:32	00:38:20	00:43:32.35	00:43:46.05	4:21	13.8
34	BICZAN KAMIL	39		WARSZAWA	POL	M 30-39	45	M 102	00:27:41	00:38:17	00:43:44.30	00:44:18.20	4:22	13.7
35	GÓRSKI MARCIN	217	MINISTERSTWO ZDROWIA	WARSZAWA	POL	M 30-39	50	M 108	00:28:18	00:38:39	00:43:58.05	00:44:15.15	4:23	13.6
36	ŚLIMKO DANIEL	792	OLEJ RUNNING TEAM	WARSZAWA	POL	M 30-39	51	M 109	00:28:39	00:39:05	00:43:59.65	00:44:10.30	4:24	13.6
37	WILCZYŃSKI TOMASZ	850		WARSZAWA	POL	M 30-39	52	M 110	00:28:44	00:38:50	00:44:04.95	00:44:38.00	4:24	13.6
38	WŁODKOWSKI ROBERT	864	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M 30-39	55	M 114	00:28:38	00:39:13	00:44:17.25	00:44:59.40	4:25	13.5
39	STĘPIEŃ ADAM	745	ANANASY	WARSZAWA	POL	M 30-39	56	M 116	00:28:20	00:39:05	00:44:27.55	00:44:39.40	4:26	13.5
40	CHOJNACKI MIKOŁAJ	95	WARSAW RUN CLUB	WARSZAWA	POL	M 40-49	34	M 120	00:29:16	00:39:20	00:44:30.80	00:45:52.80	4:27	13.5
41	SARZAŁA BARTŁOMIEJ	554				M 1-29	25	M 125	00:28:54	00:39:29	00:44:37.80	00:44:56.50	4:27	13.4
42	ADAO MIGUEL	5		WARSZAWA	POR	M 40-49	36	M 126	00:28:42	00:39:24	00:44:39.00	00:45:04.00	4:27	13.4
43	GAJOWY ANDRZEJ	186		WARSZAWA	POL	M 50-59	5	M 127	00:28:47	00:39:23	00:44:41.40	00:45:14.75	4:28	13.4
44	RAK MICHAŁ	654		WARSZAWA	POL	M 30-39	60	M 128	00:28:44	00:39:13	00:44:43.60	00:45:15.80	4:28	13.4
45	ŚWIECA MARCIN	796		WARSZAWA	POL	M 30-39	61	M 131	00:28:39	00:39:28	00:44:49.60	00:45:27.05	4:29	13.4
46	ŻUK PAWEŁ	917	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 40-49	39	M 132	00:28:46	00:39:16	00:44:51.75	00:45:21.25	4:29	13.4
47	MACIEJAK ROBERT	479		WARSZAWA	POL	M 40-49	40	M 133	00:28:42	00:39:29	00:44:52.75	00:45:13.55	4:29	13.4
48	LENKIEWICZ PAWEŁ	441		WARSZAWA	POL	M 40-49	41	M 137	00:28:45	00:39:39	00:45:03.70	00:45:30.10	4:30	13.3
49	GEĆA PIOTR	196	ZA MNĄ	WARSZAWA	POL	M 40-49	42	M 139	00:28:53	00:39:49	00:45:11.95	00:45:38.85	4:31	13.3
50	KOBUS IGOR	359		WARSZAWA	POL	M 1-29	28	M 141	00:29:06	00:40:17	00:45:14.10	00:45:25.15	4:31	13.3
51	ZNAMIEC MARCIN	906	IPA PAŁAC MOSTOWSKICH KSP	WARSZAWA	POL	M 40-49	43	M 142	00:29:05	00:39:53	00:45:17.75	00:46:01.15	4:31	13.2
52	GAJEWIĄK ADAM	183		WARSZAWA	POL	M 40-49	44	M 143	00:29:01	00:39:48	00:45:19.00	00:45:40.05	4:31	13.2
53	CZAJKOWSKI MAREK	122	WARSAW RUN CLUB	WARSZAWA	POL	M 40-49	49	M 150	00:29:03	00:40:15	00:45:36.15	00:46:07.75	4:33	13.2
54	ROGOZIŃSKI ADRIAN	664		WARSZAWA	POL	M 1-29	29	M 157	00:29:01	00:40:25	00:45:54.70	00:46:25.90	4:35	13.1
55	SZYMAŃSKI ANDRZEJ	787		WARSZAWA	POL	M 30-39	70	M 159	00:29:15	00:40:30	00:46:00.80	00:46:11.85	4:36	13



**BIEG PRZEZ MOST 2019, Mieszkaniec Białoleki c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
56	RYGALSKI MACIEJ	682	FAMA RUNNERS	WARSZAWA	POL	M 40-49	53	M 161	00:29:49	00:40:42	00:46:06.25	00:46:45.55	4:36	13
57	BEBELSKI RAFAŁ	28	KUŹNIA TRIATHLONU	WARSZAWA	POL	M 40-49	54	M 162	00:46:07.00	00:46:07.00	00:46:07.00	00:46:07.00	4:36	13
58	TOMASZEWSKI MAREK	811		WARSZAWA	POL	M 40-49	55	M 163	00:29:25	00:40:34	00:46:11.15	00:46:19.70	4:37	13
59	KRUPIŃSKI MAREK	410	DĄBROWSKI TEAM /ZABIEGANE DNI	OSTROŁĘKA	POL	M 1-29	30	M 164	00:29:15	00:40:32	00:46:14.25	00:46:21.65	4:37	13
60	MAKOWSKI MARCIN	483		WARSZAWA	POL	M 30-39	72	M 165	00:29:59	00:40:57	00:46:15.45	00:46:26.85	4:37	13
61	DRABOT WOJCIECH	151	ASSECO ACTIVE TEAM	WARSZAWA	POL	M 1-29	31	M 166	00:29:51	00:40:57	00:46:16.45	00:46:31.75	4:37	13
62	DRABOT ANDRZEJ	152	ASSECO ACTIVE TEAM	WARSZAWA	POL	M 40-49	57	M 168	00:29:51	00:40:57	00:46:17.55	00:46:32.75	4:37	13
63	BAJDAŁA ROBERT	13		WARSZAWA	POL	M 30-39	73	M 171	00:29:36	00:41:10	00:46:21.85	00:47:04.90	4:38	12.9
64	KRUK MARCIN	978		WARSZAWA	POL	M 30-39	75	M 173	00:29:30	00:40:51	00:46:23.40	00:46:37.70	4:38	12.9
65	GOLINSKI ARTUR	210		WARSZAWA	POL	M 40-49	60	M 175	00:29:45	00:41:02	00:46:30.90	00:47:02.65	4:39	12.9
66	SZYMAŃSKI JACEK	786		WARSZAWA	POL	M 40-49	61	M 176	00:30:29	00:41:18	00:46:31.25	00:47:12.25	4:39	12.9
67	URBANIAK MICHAŁ	823		KIELCE	POL	M 30-39	78	M 180	00:30:02	00:41:21	00:46:44.95	00:47:00.95	4:40	12.8
68	ŁUKASIAK JAN	474		WARSZAWA	POL	M 30-39	79	M 182	00:29:34	00:41:04	00:46:45.25	00:47:26.80	4:40	12.8
69	PAWEŁOSZEK ROBERT	605	ROBERT SPINE TRENER PERSONALNY	WARSZAWA	POL	M 40-49	66	M 187	00:29:31	00:41:11	00:46:52.65	00:47:18.90	4:41	12.8
70	PRĘDOTA KRZYSZTOF	635	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M 40-49	67	M 188	00:30:32	00:41:22	00:46:55.55	00:47:36.85	4:41	12.8
71	URBAŃSKI PAWEŁ	825	KERK-PALM IS TEAM	WARSZAWA	POL	M 50-59	8	M 195	00:30:14	00:41:35	00:47:17.90	00:47:57.20	4:43	12.7
72	STROMECKI MARCIN	751	BFM	WARSZAWA	POL	M 1-29	36	M 200	00:30:31	00:41:53	00:47:26.80	00:49:48.30	4:44	12.6
73	DĄBROWSKI DANIEL	137		WARSZAWA	POL	M 1-29	37	M 201	00:30:24	00:42:00	00:47:26.95	00:49:39.90	4:44	12.6
74	WOJCIECHOWSKI ARTUR	869	:)	WARSZAWA	POL	M 1-29	38	M 202	00:28:37	00:41:12	00:47:28.55	00:47:40.70	4:44	12.6
75	FRAĆKIEWICZ DARIUSZ	176	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 40-49	69	M 203	00:30:18	00:41:57	00:47:40.05	00:48:36.75	4:46	12.6
76	BLASZCZYŃSKI WITOLD	47		WARSZAWA	POL	M 40-49	70	M 204	00:30:27	00:41:52	00:47:40.55	00:48:19.75	4:46	12.6
77	PAZIEWSKI ANDRZEJ	608	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 40-49	71	M 206	00:30:36	00:42:03	00:47:40.85	00:48:06.85	4:46	12.6
78	DOMŻAŁSKI ARTUR	148		WARSZAWA	POL	M 30-39	88	M 217	00:30:41	00:42:20	00:48:03.05	00:48:43.65	4:48	12.5
79	JAWORSKI ŁUKASZ	288		WARSZAWA	POL	M 40-49	79	M 223	00:31:12	00:42:29	00:48:15.15	00:49:10.50	4:49	12.4
80	KILIAŃSKI RAFAŁ	345	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M 40-49	80	M 224	00:31:17	00:42:47	00:48:17.00	00:48:58.60	4:49	12.4
81	ROSZAK WALDEMAR	671	BIEGAM NA ZIELONEJ BIAŁOLECIE	WARSZAWA	POL	M 50-59	12	M 225	00:30:36	00:42:32	00:48:17.30	00:48:47.20	4:49	12.4
82	ŚCIOCH MICHAŁ	791		WARSZAWA	POL	M 40-49	82	M 229	00:31:05	00:42:33	00:48:19.40	00:48:59.80	4:49	12.4
83	BIAŁOKOS KAMIL	989	PARTNER	WARSZAWA	POL	M 40-49	83	M 231	00:30:54	00:42:37	00:48:22.90	00:49:58.85	4:50	12.4
84	HUSZCZA PAWEŁ	254		WARSZAWA	POL	M 30-39	91	M 232	00:30:49	00:42:36	00:48:25.05	00:48:42.90	4:50	12.4
85	WIERZCHOŁOWSKI MARCIN	848		WARSZAWA	POL	M 40-49	84	M 236	00:31:27	00:43:15	00:48:30.50	00:49:15.10	4:51	12.4
86	GRZYMAŁA ANDRZEJ	940		WARSZAWA	POL	M 40-49	87	M 242	00:30:59	00:42:51	00:48:41.10	00:49:38.20	4:52	12.3
87	NIEDZIELA DOMINIK	558		WARSZAWA	POL	M 40-49	88	M 243	00:31:19	00:43:00	00:48:43.80	00:49:43.05	4:52	12.3
88	PROKOPIUK GRZEGORZ	945		WARSZAWA	POL	M 40-49	90	M 247	00:31:21	00:43:08	00:48:53.90	00:49:02.70	4:53	12.3
89	SAŁASZEWSKI ŁUKASZ	691		WARSZAWA	POL	M 40-49	91	M 248	00:32:05	00:43:35	00:48:54.90	00:49:42.85	4:53	12.3
90	CELIŃSKI RAFAŁ	87		WARSZAWA	POL	M 40-49	92	M 249	00:31:44	00:43:21	00:48:59.00	00:49:44.40	4:53	12.2
91	FRAĆKOWSKI SŁAWOMIR	177		WARSZAWA	POL	M 40-49	93	M 251	00:31:13	00:43:07	00:49:05.30	00:49:38.40	4:54	12.2
92	WINIARCZYK BARTŁOMIEJ	852		WARSZAWA	POL	M 1-29	46	M 253	00:30:47	00:42:56	00:49:13.40	00:50:03.05	4:55	12.2
93	MŁOSZ MAREK	532		WARSZAWA	POL	M 50-59	15	M 256	00:31:27	00:43:17	00:49:19.95	00:50:10.05	4:56	12.2
94	DEREWICZ MARIUSZ	142		WARSZAWA	POL	M 30-39	102	M 261	00:31:58	00:43:40	00:49:24.20	00:50:20.10	4:56	12.1
95	ŚCIBISZ Tomek	789		WARSZAWA	POL	M 40-49	95	M 262	00:31:46	00:43:26	00:49:24.60	00:50:05.20	4:56	12.1
96	WACH MICHAŁ	828	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 40-49	96	M 263	00:32:00	00:43:40	00:49:24.65	00:49:59.90	4:56	12.1
97	PERKOWSKI PAWEŁ	610		WARSZAWA	POL	M 30-39	103	M 264	00:31:40	00:43:34	00:49:26.95	00:50:09.40	4:56	12.1
98	WITUSIK SZYMON	857		WARSZAWA	POL	M 1-29	47	M 265	00:32:20	00:44:02	00:49:29.45	00:50:02.10	4:57	12.1
99	CIOŁEK ROBERT	114	MASTERS DOJO	WARSZAWA	POL	M 40-49	97	M 266	00:32:09	00:43:46	00:49:31.30	00:50:30.45	4:57	12.1
100	BOGUCKI MICHAŁ	53		WARSZAWA	POL	M 1-29	48	M 267	00:30:48	00:43:29	00:49:32.95	00:49:56.30	4:57	12.1
101	GAWLIK ARKADIUSZ	191	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 40-49	102	M 273	00:31:45	00:43:47	00:49:48.00	00:50:45.45	4:58	12
102	DUDEK BARTŁOMIEJ	155	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 30-39	105	M 276	00:31:31	00:43:36	00:49:52.40	00:51:14.50	4:59	12
103	PRZYBYSZ TOMASZ	643		WARSZAWA	POL	M 1-29	50	M 287	00:32:08	00:44:21	00:50:09.05	00:50:51.25	5:00	12
104	NOGAS SEBASTIAN	560	PZU SPORTTEAM	WARSZAWA	POL	M 30-39	109	M 290			00:50:13.00	00:50:13.00	5:01	11.9
105	SUCHODOLSKI MARIUSZ	758	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M 40-49	112	M 291	00:32:18	00:44:08	00:50:16.95	00:51:04.15	5:01	11.9
106	WITUSIK PAWEŁ	856		WARSZAWA	POL	M 40-49	113	M 292	00:32:21	00:44:30	00:50:18.90	00:50:51.25	5:01	11.9
107	WOJNARSKI JANUSZ	871		WARSZAWA	POL	M 60+	6	M 296	00:32:30	00:44:30	00:50:31.65	00:51:35.25	5:03	11.9
108	KOWNACKI MARCIN	396		WARSZAWA	POL	M 40-49	116	M 298	00:31:42	00:44:15	00:50:31.85	00:51:03.35	5:03	11.9
109	RZECZKOWSKI ZYGMUNT	686	METRO WARSZAWSKIE	WARSZAWA	POL	M 60+	7	M 299	00:32:08	00:44:21	00:50:32.55	00:51:34.65	5:03	11.9
110	LIBOLD MACIEK	447		WARSZAWA	POL	M 30-39	111	M 300	00:32:39	00:44:36	00:50:37.95	00:50:51.35	5:03	11.8
111	DOMINIAK ZBIGNIEW	147	GRUPAZERO	WARSZAWA	POL	M 40-49	117	M 302	00:32:09	00:44:26	00:50:47.75	00:51:47.20	5:04	11.8
112	ŚWIĆ RAFAŁ	793	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M 40-49	125	M 315	00:32:41	00:45:02	00:51:08.00	00:51:57.25	5:06	11.7

**BIEG PRZEZ MOST 2019, Mieszkaniec Białoleki c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
113	KONIECKI TOMASZ	363		WARSZAWA	POL	M 40-49	127	M 321	00:33:13	00:45:16	00:51:24.60	00:52:16.20	5:08	11.7
114	BIEDROŃ ARTUR	40	TARCHO CHARTY	WARSZAWA	POL	M 40-49	131	M 329	00:33:14	00:45:39	00:51:38.90	00:52:24.00	5:09	11.6
115	CZAPSKI MICHAŁ	124	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 30-39	125	M 333	00:32:38	00:45:31	00:51:43.80	00:52:19.30	5:10	11.6
116	WALECKI ROMUALD	959	KLUB SAMICY NOSOROŻCA	WARSZAWA	POL	M 40-49	133	M 335	00:32:32	00:45:41	00:51:44.80	00:51:51.45	5:10	11.6
117	SZOPA SŁAWOMIR	780		WARSZAWA	POL	M 40-49	136	M 345	00:33:12	00:45:58	00:52:13.05	00:53:07.85	5:13	11.5
118	LISZEWSKI KRZYSZTOF	452	RUN TEAM NASIELSK	WARSZAWA	POL	M 40-49	137	M 346	00:33:05	00:45:31	00:52:21.25	00:53:09.50	5:14	11.5
119	FLORYSIĄK ARTUR	175		WARSZAWA	POL	M 40-49	138	M 347	00:34:08	00:46:31	00:52:25.05	00:53:28.65	5:14	11.4
120	CIEPLAK ANDRZEJ	106		WARSZAWA	POL	M 40-49	139	M 348	00:34:40	00:46:48	00:52:28.05	00:54:02.15	5:14	11.4
121	ANTOSIĄK PIOTR	9		WARSZAWA	POL	M 40-49	140	M 353	00:34:35	00:46:55	00:52:35.20	00:54:03.65	5:15	11.4
122	MARUSZAK ŁUKASZ	504	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 30-39	135	M 356	00:34:08	00:46:45	00:52:39.70	00:53:22.60	5:16	11.4
123	WASIAK BARTOSZ	834		WARSZAWA	POL	M 30-39	140	M 372	00:34:30	00:47:20	00:53:29.05	00:54:47.95	5:20	11.2
124	TRATKIEWICZ MAREK	813		WARSZAWA	POL	M 40-49	150	M 379	00:34:37	00:47:38	00:53:50.35	00:54:26.85	5:23	11.1
125	ADAMKIEWICZ MARCIN	961	INICJATYWA MIESZKAŃCÓW BIAŁOLEKI	WARSZAWA	POL	M 30-39	143	M 381	00:33:08	00:47:08	00:53:51.75	00:54:04.40	5:23	11.1
126	WŁÓDEK RAFAŁ	863		WARSZAWA	POL	M 30-39	145	M 385	00:34:20	00:47:36	00:54:00.60	00:55:21.75	5:24	11.1
127	MITURA GRZEGORZ	537		WARSZAWA	POL	M 30-39	147	M 387	00:34:30	00:47:44	00:54:05.10	00:54:57.45	5:24	11.1
128	MOCZYDŁOWSKI ŁUKASZ	540	MASTERS DOJO	WARSZAWA	POL	M 40-49	152	M 388	00:35:08	00:47:57	00:54:08.55	00:55:19.75	5:24	11.1
129	CHOJNOWSKI ANDRZEJ	96	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 40-49	154	M 392	00:34:30	00:47:50	00:54:18.65	00:55:21.35	5:25	11
130	GOLONKA PATRYK	937	MASTERS DOJO	WARSZAWA	POL	M 1-29	61	M 399	00:36:10	00:49:16	00:54:36.25	00:55:47.75	5:27	11
131	JARMUŻEWSKI ADAM	279	TIA	WARSZAWA	POL	M 40-49	159	M 403	00:35:15	00:48:13	00:54:44.25	00:56:11.65	5:28	11
132	MAMLA ZBIGNIEW	493	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M 40-49	161	M 405	00:35:01	00:48:02	00:54:46.05	00:55:47.15	5:28	11
133	NOWAK JERZY	565	PWPW	WA-WA	POL	M 40-49	163	M 409	00:35:33	00:48:23	00:54:53.95	00:56:33.40	5:29	10.9
134	SULIŃSKI SŁAWOMIR	763		WARSZAWA	POL	M 40-49	164	M 411	00:35:25	00:48:33	00:54:57.40	00:56:25.40	5:29	10.9
135	KRÓLAK PAWEŁ	404		WARSZAWA	POL	M 30-39	158	M 419	00:35:04	00:48:27	00:55:06.75	00:56:30.85	5:30	10.9
136	KUBASIEWICZ ARTUR	418	SAM	WARSZAWA	POL	M 50-59	25	M 420	00:35:44	00:48:48	00:55:09.35	00:56:38.45	5:30	10.9
137	ADAMSKI SZYMON	3		WARSZAWA	POL	M 1-29	62	M 422	00:36:48	00:49:17	00:55:20.55	00:56:55.00	5:32	10.8
138	DANIELSKI JACEK	132	PZU SPORT TEAM	WARSZAWA	POL	M 40-49	167	M 423	00:35:35	00:48:59	00:55:21.25	00:56:31.60	5:32	10.8
139	KOWALCZYK ZDZISŁAW	968	JW 2189	WARSZAWA	POL	M 40-49	169	M 425	00:35:02	00:48:58	00:55:23.95	00:56:03.95	5:32	10.8
140	RULAK JERZY	986				M 30-39	159	M 426	00:35:13	00:48:41	00:55:25.15	00:56:30.00	5:32	10.8
141	BORCZYŃSKI PIOTR	59	MŁODZIEŻOWA RADA M.ST. WARSZAWY	WARSZAWA	POL	M 1-29	63	M 427	00:34:03	00:48:52	00:55:27.35	00:55:32.90	5:32	10.8
142	STANKIEWICZ MACIEJ	739	AMI & AURI RUNNERS CLUB	WARSZAWA	POL	M 30-39	162	M 435	00:36:59	00:49:35	00:55:46.20	00:57:10.25	5:34	10.8
143	KARBOWNIK JAKUB	329		WARSZAWA	POL	M 30-39	166	M 441	00:35:33	00:48:55	00:55:55.70	00:57:30.50	5:35	10.7
144	MATUSEWICZ KRZYSZTOF	509		WARSZAWA	POL	M 40-49	176	M 446	00:35:45	00:49:29	00:56:13.35	00:57:18.10	5:37	10.7
145	ZDUŃSKI JAROSŁAW	900		WARSZAWA	POL	M 50-59	28	M 458	00:35:41	00:50:10	00:57:08.85	00:58:25.45	5:42	10.5
146	PUCHACZ PRZEMYSŁAW	647		WARSZAWA	POL	M 30-39	175	M 463	00:34:42	00:49:52	00:57:14.80	00:57:46.65	5:43	10.5
147	MARCINKIEWICZ TYMEK	497		WARSZAWA	POL	M 1-29	66	M 464	00:36:07	00:50:44	00:57:18.30	00:58:31.00	5:43	10.5
148	GROCHOWSKI PIOTR	226		WARSZAWA	POL	M 40-49	182	M 465	00:37:15	00:50:38	00:57:19.80	00:59:02.45	5:44	10.5
149	MATAK MARIUSZ	506		WARSZAWA	POL	M 30-39	176	M 466	00:35:49	00:50:35	00:57:22.50	00:58:52.05	5:44	10.5
150	MUCHA GRZEGORZ	549		WARSZAWA	POL	M 60+	16	M 467	00:36:20	00:50:22	00:57:22.65	00:57:59.05	5:44	10.5
151	MROZIŃSKI MARCIN	546		WARSZAWA	POL	M 30-39	177	M 469	00:37:16	00:50:54	00:57:34.95	00:59:03.85	5:45	10.4
152	BORKOWSKI PAWEŁ	61	EKOBIEGI	WARSZAWA	POL	M 40-49	183	M 473	00:38:09	00:51:22	00:57:44.15	00:59:27.95	5:46	10.4
153	BIENIAS ARKADIUSZ	42		WARSZAWA	POL	M 30-39	179	M 475	00:37:49	00:51:14	00:57:52.50	00:58:09.25	5:47	10.4
154	RODZOŚ BARTOSZ	661		WARSZAWA	POL	M 30-39	180	M 476	00:37:36	00:51:22	00:57:56.90	00:59:01.35	5:47	10.4
155	ZASŁONKA PAWEŁ	893		WARSZAWA	POL	M 30-39	181	M 477	00:37:02	00:51:09	00:57:59.95	00:58:26.05	5:48	10.3
156	CYRNY RAFAŁ	117		WARSZAWA	POL	M 40-49	188	M 483	00:36:34	00:51:18	00:58:20.40	00:59:44.45	5:50	10.3
157	ZANIEWICZ ANDRZEJ	888	PARTNER	ŁUKÓW	POL	M 30-39	184	M 484	00:38:32	00:52:09	00:58:21.05	00:59:49.20	5:50	10.3
158	NAWROCKI RYSZARD	556		WARSZAWA	POL	M 40-49	189	M 485	00:36:34	00:51:07	00:58:22.50	00:59:34.30	5:50	10.3
159	ŁAPICZ FILIP	458		WARSZAWA	POL	M 1-29	68	M 486	00:38:46	00:52:05	00:58:22.60	00:58:33.70	5:50	10.3
160	ŁOZOWSKI ROBERT	467		WARSZAWA	POL	M 40-49	190	M 491	00:37:37	00:51:53	00:58:48.30	00:59:57.80	5:52	10.2
161	JACHOWSKI PAWEŁ	260		WARSZAWA	POL	M 40-49	191	M 497	00:37:13	00:52:09	00:59:09.30	01:00:20.20	5:55	10.1
162	GRACZ JAKUB	221		WARSZAWA	POL	M 30-39	188	M 498	00:38:13	00:52:17	00:59:11.45	01:01:10.40	5:55	10.1
163	STYCZYŃSKI GRZEGORZ	755		WARSZAWA	POL	M 30-39	189	M 499	00:39:11	00:52:31	00:59:12.50	01:00:58.75	5:55	10.1
164	ROKICKI ALEKSANDER	667		WARSZAWA	POL	M 40-49	192	M 500	00:39:11	00:52:31	00:59:12.55	01:00:58.60	5:55	10.1
165	NOWAK JANUSZ	563		WARSZAWA	POL	M 30-39	190	M 501	00:37:46	00:52:19	00:59:13.20	01:00:27.15	5:55	10.1
166	FILIPOWICZ MACIEJ	172		WARSZAWA	POL	M 40-49	193	M 502	00:39:11	00:52:31	00:59:14.00	01:00:19.00	5:55	10.1
167	KOSTKA GRZEGORZ	380	BIEGIEM Z GREGIEM	WARSZAWA	POL	M 30-39	196	M 510	00:37:46	00:52:32	00:59:42.35	01:01:26.00	5:58	10
168	GŁODNY HUBERT	204		WARSZAWA	POL	M 40-49	194	M 511	00:38:07	00:52:49	00:59:45.10	01:01:09.50	5:58	10

**BIEG PRZEZ MOST 2019, Mieszkaniec Białołęki c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
169	ARAŻNY ZBIGNIEW	10	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M 40-49	196	M 514	00:38:29	00:52:31	01:00:05.75	01:01:46.75	6:00	10
170	OLESIAK ARKADIUSZ	578	BIEGAM NA TARCHOMINIE	POLSKA, WARSZAWA	POL	M 40-49	199	M 520	00:38:55	00:53:38	01:00:50.40	01:02:29.85	6:05	9.9
171	ŁUCZAK PIOTR	471	PKO BANK POLSKI SA	WARSZAWA	POL	M 40-49	200	M 521	00:38:27	00:53:35	01:00:52.20	01:01:30.55	6:05	9.9
172	PATOLETA MIREK	604		WARSZAWA	POL	M 40-49	201	M 524	00:38:10	00:53:32	01:00:57.40	01:02:08.30	6:05	9.8
173	SURMACZ JACEK	766		WARSZAWA	POL	M 30-39	199	M 525	00:39:08	00:53:42	01:00:58.85	01:03:01.80	6:05	9.8
174	MAZUR PAWEŁ	513	WOODRUNNERS	WARSZAWA	POL	M 40-49	202	M 528	00:38:48	00:53:35	01:01:04.05	01:02:51.50	6:06	9.8
175	BRZÓZKA KAMIL	77		WARSZAWA	POL	M 40-49	203	M 529	00:39:47	00:54:10	01:01:21.25	01:03:41.35	6:08	9.8
176	SIKORSKI PAWEŁ	708	GAMMA	WARSZAWA	POL	M 30-39	202	M 530	00:38:59	00:53:57	01:01:22.35	01:03:13.40	6:08	9.8
177	MORAWSKI PATRYK	543		WARSZAWA	POL	M 1-29	76	M 532	00:39:19	00:54:24	01:02:00.65	01:03:20.90	6:12	9.7
178	SZYDŁO PAWEŁ	384		MIĘDZYBORÓW	POL	M 30-39	203	M 534	00:38:32	00:54:02	01:02:11.20	01:02:33.20	6:13	9.6
179	BORUTS MARCIN	68		WARSZAWA	POL	M 30-39	205	M 536	00:39:50	00:55:01	01:02:30.70	01:03:59.45	6:15	9.6
180	WAŚOWSKI MICHAŁ	840		WARSZAWA	POL	M 30-39	206	M 538	00:39:44	00:55:23	01:02:37.40	01:03:19.25	6:15	9.6
181	ŁYGAS LESZEK	476		WARSZAWA	POL	M 30-39	211	M 543	00:39:18	00:55:23	01:03:16.90	01:05:05.75	6:19	9.5
182	ZARADKIEWICZ ŁUKASZ	889		WARSZAWA	POL	M 30-39	212	M 547	00:40:52	00:55:54	01:03:36.00	01:05:39.25	6:21	9.4
183	JACZYŃSKI RAFAŁ	263		WARSZAWA	POL	M 30-39	215	M 553	00:40:45	00:56:23	01:04:06.50	01:05:55.75	6:24	9.4
184	GAŁAŻYN GRZEGORZ	188		WARSZAWA	POL	M 40-49	205	M 555	00:40:01	00:56:05	01:04:10.05	01:05:54.85	6:25	9.4
185	DRABIK MICHAŁ	150		WARSZAWA	POL	M 40-49	206	M 556	00:39:45	00:56:01	01:04:13.45	01:05:14.85	6:25	9.3
186	JANKOWSKI TOMEK	273		WARSZAWA	POL	M 40-49	208	M 559	00:39:45	00:56:17	01:04:24.75	01:05:32.05	6:26	9.3
187	BIELEC BARTŁOMIEJ	41	LEGIA RUN CLUB	WARSZAWA	POL	M 30-39	218	M 561	00:41:19	00:56:55	01:04:37.90	01:06:36.80	6:27	9.3
188	WŁODARCZYK MACIEJ	860		WARSZAWA	POL	M 40-49	211	M 568	00:40:53	00:57:17	01:05:19.45	01:05:57.60	6:31	9.2
189	KRÓLIKOWSKI ARTUR	406		WARSZAWA	POL	M 40-49	212	M 570	00:39:50	00:56:46	01:05:37.25	01:07:39.70	6:33	9.1
190	PACHOLAK PRZEMYSŁAW	589		WARSZAWA	POL	M 50-59	34	M 572	00:41:01	00:57:38	01:05:50.20	01:07:33.00	6:35	9.1
191	PRZYBOROWSKI RAFAŁ	640		ŻUROMIN	POL	M 30-39	222	M 576	00:42:37	00:58:34	01:06:39.95	01:07:19.70	6:40	9
192	JEDYNAK PAWEŁ	291		WARSZAWA	POL	M 30-39	225	M 583	00:42:08	00:59:15	01:07:23.15	01:09:26.15	6:44	8.9
193	JURECKI MAREK	303		WARSZAWA	POL	M 50-59	37	M 586	00:43:36	01:00:21	01:08:00.55	01:09:55.90	6:48	8.8
194	ŁUKASIEWICZ ROBERT	475	KOKOSZKA36TEAM	WARSZAWA	POL	M 40-49	215	M 587	00:43:25	00:59:53	01:08:19.40	01:10:15.05	6:50	8.8
195	IZDEBSKI BARTŁOMIEJ	256		WARSZAWA	GBR	M 30-39	227	M 589	00:42:20	01:00:11	01:08:58.60	01:10:56.00	6:53	8.7
196	TREMELET SEBASTIEN	814		WARSZAWA	FRA	M 40-49	220	M 598	00:45:41	01:03:09	01:11:24.10	01:13:29.70	7:08	8.4
197	KOSIERADZKI PAWEŁ	379	MASTERS DOJO	WARSZAWA	POL	M 50-59	39	M 599	00:45:54	01:03:22	01:12:05.95	01:13:52.35	7:12	8.3
198	CZARNECKI PIOTR	125	TARCHOŚFIRY	WARSZAWA	POL	M 30-39	230	M 603	00:47:54	01:04:43	01:13:28.80	01:15:42.10	7:20	8.2
199	SOJKA ŁUKASZ	729		WARSZAWA	POL	M 30-39	231	M 605	00:47:20	01:04:51	01:13:52.75	01:16:10.60	7:23	8.1
200	HEINE KRZYSZTOF	246		WARSZAWA	POL	M 40-49	223	M 606	00:47:15	01:04:54	01:14:11.45	01:16:29.75	7:25	8.1
201	KUREK GUSTAW	427		WARSZAWA	POL	M 50-59	40	M 607	00:47:51	01:06:43	01:15:59.00	01:18:10.20	7:35	7.9
LIM	CIEŚLAK PAWEŁ	112	SLOWJOGGINGBIAŁOLEKA	WARSZAWA	POL	M 50-59	LIM	LIM	00:56:55	01:18:03	01:31:34.15	01:34:03.30	0:00	6.6
LIM	KAMIŃSKI WALDEMAR	323	SLOW JOGGING BIAŁOLEKA	WARSZAWA	POL	M 50-59	LIM	LIM	00:57:38	01:20:04	01:31:37.60	01:34:05.00	0:00	6.5

**BIEG PRZEZ MOST 2019, M Odcinek specjalny**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
1	JASTRZĘBSKI KAMIL	284	DUKLANOWSKITEAM/SKB KRAŚNIK	KRAŚNIK	POL	M 1-29	1	M 1	00:19:56	00:27:17	00:30:46.85	00:30:48.00	3:04	19.5
2	WASIEWICZ KRZYSZTOF	835		PIASECZNO	POL	M 1-29	2	M 2	00:20:15	00:27:56	00:31:41.90	00:31:44.00	3:10	18.9
3	PARSZCZYŃSKI ŁUKASZ	599	TEAM PARSZCZYŃSKICH	WARSZAWA	POL	M 30-39	1	M 3	00:20:26	00:28:15	00:32:08.60	00:32:11.00	3:12	18.7
4	PYSZEL FLORIAN	651	PAN MATEMATYKA	MIŃSK MAZOWIECKI	POL	M 1-29	3	M 4	00:20:50	00:28:37	00:32:34.55	00:32:35.40	3:15	18.4
5	ŚWIRGOŃ ADAM	800	TRENERBIEGANIA.PL	WARSZAWA	POL	M 1-29	4	M 5	00:21:20	00:29:18	00:33:20.90	00:33:22.55	3:20	18
6	PRZESTRZELSKI KAJETAN	980		SIEDLCE	POL	M 1-29	5	M 6	00:21:33	00:29:33	00:33:43.90	00:33:44.60	3:22	17.8
7	GAWRON PAWEŁ	193	@ARKENYA_TEAM	WARSZAWA	POL	M 1-29	6	M 7	00:21:38	00:29:54	00:33:55.15	00:33:57.20	3:23	17.7
8	SKIBIŃSKI MIKOŁAJ	714	DUKLANOWSKI TEAM / ADIDAS WARSAW RUNNERS / @ARKENYA_TEAM	POZNAŃ	POL	M 30-39	2	M 8	00:22:07	00:30:20	00:34:19.55	00:34:21.50	3:26	17.5
9	ORZEL MICHAŁ	1014		WARSZAWA	POL	M 30-39	3	M 9	00:22:17	00:30:10	00:34:26.75	00:34:29.25	3:26	17.4
10	MACHOWSKI PAWEŁ	478	WARSZAWSKIE SANKT MORITZ	WARSZAWA	POL	M 1-29	7	M 10	00:22:13	00:30:30	00:34:35.70	00:34:37.95	3:27	17.3
11	MICHAŁSKI PIOTR	524		PIASECZNO	POL	M 30-39	4	M 11	00:22:04	00:30:30	00:34:42.95	00:34:46.25	3:28	17.3
12	OMIELAN WOJCIECH	582		WARSZAWA	POL	M 1-29	8	M 12	00:22:40	00:31:21	00:35:33.75	00:35:36.10	3:33	16.9
13	JOSYPENKO JĘDRZEJ	924	DREAM RUN	WARSZAWA	POL	M 30-39	5	M 13	00:22:40	00:31:23	00:35:44.00	00:35:47.40	3:34	16.8
14	WYSOCKI MARCIN	881	WARSZAWIAKY	MICHAŁOWICE	POL	M 30-39	6	M 14	00:23:21	00:31:47	00:35:54.50	00:35:58.20	3:35	16.7
15	GOZDEK RADEK	214	BIEGANIEPO40.PL TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M 40-49	1	M 15	00:23:09	00:31:51	00:36:04.25	00:36:06.15	3:36	16.6

**BIEG PRZEZ MOST 2019, M Odcinek specjalny c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
16	KLAS ŁUKASZ	348	NUDNE PIĄTKI	WARSZAWA	POL	M 40-49	2	M 16	00:23:09	00:31:51	00:36:14.55	00:36:16.00	3:37	16.6
17	PRZYBYŁA KRZYSZTOF	641	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 30-39	7	M 17	00:23:36	00:32:08	00:36:21.60	00:36:24.55	3:38	16.5
18	ZARODKIEWICZ DAWID	891	#TZD	KRASNE	POL	M 30-39	8	M 18	00:23:33	00:32:13	00:36:35.95	00:36:40.30	3:39	16.4
19	BRZAŃKALSKI KRZYSIEK	73	@ARKENYA_TEAM	ŁŁOCK	POL	M 1-29	9	M 19	00:23:36	00:32:25	00:36:40.10	00:36:44.40	3:40	16.4
20	MŁAČKI ALAN	538	TEAM KOPEĆ	KOLBIEL	POL	M 1-29	10	M 20	00:23:50	00:32:50	00:37:21.20	00:37:24.05	3:44	16.1
21	KLIMKIEWICZ MICHAŁ	353		WARSZAWA	POL	M 1-29	11	M 21	00:23:58	00:32:52	00:37:21.90	00:37:28.85	3:44	16.1
22	HILDEBRAND MARCIN	249	OUTLETBIEGOWY /BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 30-39	9	M 22	00:23:56	00:33:08	00:37:37.20	00:37:39.25	3:45	16
23	ŁABĘDZKI KONRAD	457	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 30-39	10	M 23	00:24:16	00:33:23	00:37:49.90	00:37:53.50	3:47	15.9
24	SALAŃKA KRZYSZTOF	692	TRIATHLON SERWIS	WARSZAWA	POL	M 40-49	3	M 25	00:24:30	00:33:31	00:37:51.55	00:37:58.95	3:47	15.9
25	ŁOBACZ MICHAŁ	464		WARSZAWA	POL	M 30-39	11	M 24	00:24:29	00:33:38	00:37:54.50	00:37:58.50	3:47	15.8
26	TRZASKOWSKI DARIUSZ	815	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M 40-49	4	M 26	00:24:26	00:33:36	00:38:06.25	00:38:11.35	3:48	15.7
27	GRZYBOWSKI MARIUSZ	237		KOBYŁKA	POL	M 50-59	1	M 27	00:24:34	00:33:34	00:38:12.65	00:38:16.30	3:49	15.7
28	ŁĘGOCKI MARCIN	463	PIETRZYK RUNNING TEAM / WSEWS WARSZAWA	WARSZAWA	POL	M 30-39	12	M 29	00:24:57	00:33:55	00:38:19.90	00:38:27.55	3:50	15.7
29	KUBERA PIOTR	981		JÓZEFÓW		M 40-49	5	M 30	00:24:59	00:34:01	00:38:21.10	00:38:28.05	3:50	15.6
30	BOMBA TOMEK	57		WARSZAWA	POL	M 1-29	12	M 28	00:24:52	00:34:02	00:38:21.80	00:38:25.40	3:50	15.6
31	SIERADZKI KRZYSZTOF	700		WARSAW	POL	M 30-39	13	M 31	00:24:28	00:33:42	00:38:31.35	00:38:34.70	3:51	15.6
32	KRUPA PAWEŁ	408	STALOWOWOLSKI KLUB BIEGACZA	AGATÓWKA	POL	M 40-49	6	M 32	00:24:50	00:34:19	00:38:53.60	00:38:56.90	3:53	15.4
33	GRUZA MAREK	228	BIEGANIEP040.PL	KAZUŃ BIELANY	POL	M 40-49	7	M 33	00:24:56	00:34:24	00:39:04.25	00:39:10.05	3:54	15.4
34	FELUCH KRZYSZTOF	167	JACEK BIEGA RUNNING TEAM	WARSZAWA	POL	M 40-49	8	M 34	00:25:13	00:34:33	00:39:12.80	00:39:17.50	3:55	15.3
35	JACKOWICZ PAWEŁ	261		MIŃSK MAZOWIECKI	POL	M 30-39	14	M 35	00:24:47	00:34:29	00:39:20.90	00:39:25.10	3:56	15.2
36	JUSIŃSKI KRYSZTIAN	306	BRACTWO BIEGOWE BGK	WARSZAWA	POL	M 30-39	15	M 36	00:25:46	00:34:53	00:39:28.15	00:39:34.80	3:56	15.2
37	VASHKEVICH VITAL	826		WARSAW	BEL	M 30-39	16	M 37	00:25:21	00:34:47	00:39:30.90	00:39:36.00	3:57	15.2
38	ŁOZOWSKI OLAF	468		GRODZISK MAZOWIECKI	POL	M 30-39	17	M 38	00:25:46	00:34:56	00:39:31.45	00:39:38.90	3:57	15.2
39	STYRNIK KRYSZTIAN	757	AZS UP LUBLIN	OŻARÓW	POL	M 1-29	13	M 39	00:25:02	00:34:55	00:39:34.55	00:39:43.95	3:57	15.2
40	KACZYŃSKI GRZEGORZ	320	KB WYSZKÓW	WYSZKÓW	POL	M 40-49	9	M 40	00:25:32	00:34:56	00:39:40.95	00:39:46.70	3:58	15.1
41	GŁOWACKI PAWEŁ	205	SEROCK BIEGA Z HOTELEM NARVIL	SEROCK	POL	M 30-39	18	M 42	00:25:53	00:35:18	00:39:41.80	00:39:48.90	3:58	15.1
42	Jeruć ŁUKASZ	292	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 40-49	10	M 41	00:25:50	00:35:12	00:39:42.50	00:39:47.95	3:58	15.1
43	LEWANDOWSKI MATEUSZ	446		NOWY DWÓR MAZOWIECKI	POL	M 1-29	14	M 43	00:25:26	00:35:04	00:39:44.35	00:39:50.70	3:58	15.1
44	MARSZAŁ MARIUSZ	503	PSYCHOPATA BIEGOWY	WARSZAWA	POL	M 30-39	19	M 44	00:25:53	00:35:00	00:39:48.95	00:39:53.15	3:58	15.1
45	PIATKA TOMASZ	615	ENEL-SPORT RUNNERS TEAM	WARSZAWA	POL	M 30-39	20	M 45	00:25:53	00:35:24	00:39:58.10	00:40:05.35	3:59	15
46	ZALEWSKI DOMINIK	886		WARSZAWA	POL	M 1-29	15	M 46	00:25:40	00:35:29	00:40:07.40	00:40:11.90	4:00	15
47	WERNER KAMIL	842	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 30-39	21	M 50	00:25:57	00:35:32	00:40:07.40	00:40:41.90	4:00	15
48	SZCZEPKOWSKI BARTŁOMIEJ	773		WARSZAWA	POL	M 30-39	22	M 47	00:25:53	00:35:19	00:40:10.90	00:40:16.35	4:01	14.9
49	NIEGOWSKI ROBERT	559	STARE BABICE BIEGAJĄ	KOCZARGI STARE	POL	M 30-39	23	M 48	00:25:53	00:35:27	00:40:17.05	00:40:23.15	4:01	14.9
50	MICHALSKI DAMIAN	523	ALIOR RUNNING TEAM	WARSZAWA	POL	M 40-49	11	M 49	00:25:34	00:35:22	00:40:31.00	00:40:37.05	4:03	14.8
51	TOMASZEK ROBERT	810		WARSZAWA	POL	M 40-49	12	M 50	00:25:53	00:35:44	00:40:33.70	00:40:37.65	4:03	14.8
52	KŁÓDKIEWICZ WALDEMAR	356		KIELPIN	POL	M 40-49	13	M 51	00:25:45	00:35:42	00:40:35.50	00:41:00.50	4:03	14.8
53	MARYNOWSKI WOJCIECH	505	LUDZIE SZTOSY	WARSZAWA	POL	M 1-29	16	M 52	00:25:56	00:35:45	00:40:37.55	00:40:43.70	4:03	14.8
54	ZHENG HAISHAN	902		LESNOWOLA	CHI	M 30-39	24	M 53	00:26:04	00:36:05	00:40:50.65	00:40:57.50	4:05	14.7
55	BURZA PAWEŁ	84		WARSZAWA	POL	M 30-39	25	M 54	00:26:02	00:35:59	00:40:54.65	00:40:59.45	4:05	14.7
56	JUTKIEWICZ MARCIN	993		WARSZAWA	POL	M 30-39	26	M 55	00:26:24	00:36:07	00:40:59.00	00:41:10.85	4:05	14.6
57	KNYCHAS DAREK	358	PZU SPORT TEAM	WARSZAWA	POL	M 40-49	14	M 56	00:26:45	00:36:20	00:41:01.25	00:41:15.05	4:06	14.6
58	GRYSZPANOWICZ PIOTR	234	SĄSIADY LATAJĄ RAZEM	WARSZAWA	POL	M 40-49	15	M 57	00:26:17	00:36:10	00:41:08.25	00:41:16.40	4:06	14.6
59	KORSAKOV EMILIS	925	NA, PAGAU!	VILNIUS	LTU	M 50-59	2	M 58	00:26:14	00:36:16	00:41:13.00	00:41:19.10	4:07	14.6
60	KORSAKOV KOSTIANTYN	376	-	WARSZAWA	POL	M 40-49	16	M 59	00:26:28	00:36:26	00:41:19.40	00:41:29.40	4:07	14.5
61	SIEGIEDA MICHAŁ	699	ADIDAS RUNNERS	WARSZAWA	POL	M 30-39	27	M 60	00:26:21	00:36:33	00:41:20.65	00:41:26.10	4:08	14.5
62	NOWOCIEN JACEK	570	UKS RUSIEC	PODKOWA LEŚNA	POL	M 60+	1	M 61	00:26:45	00:36:36	00:41:29.05	00:41:32.95	4:08	14.5
63	SPYCHAŁA PIOTR	735		WARSZAWA	POL	M 40-49	17	M 62	00:26:34	00:36:36	00:41:32.25	00:41:41.45	4:09	14.4
64	LISZKIEWICZ KONRAD	453		ZABORÓWEK	POL	M 30-39	28	M 63	00:26:25	00:36:41	00:41:41.60	00:41:46.85	4:10	14.4
65	GIERAK KRIS	199	SANTANDER RUNNERS	WARSZAWA	POL	M 30-39	29	M 64	00:26:45	00:36:53	00:41:42.95	00:41:51.45	4:10	14.4
66	ROWIŃSKI ARKADIUSZ	960		WARSZAWA	POL	M 30-39	30	M 65	00:27:07	00:37:02	00:41:45.60	00:41:49.80	4:10	14.4
67	KUBIAK SŁAWOMIR	419		WARSZAWA	POL	M 40-49	18	M 66	00:26:35	00:36:47	00:41:47.25	00:41:57.35	4:10	14.4
68	LATAK MICHAŁ	436	JACEKBIEGA RUNNING TEAM	WARSZAWA	POL	M 40-49	19	M 67	00:26:41	00:36:51	00:41:50.10	00:41:55.60	4:11	14.3
69	CIEŚLAK PIOTR	111		WARSZAWA	POL	M 30-39	31	M 68	00:27:25	00:37:12	00:41:51.10	00:42:05.00	4:11	14.3
70	KANIA PRZEMYSŁAW	327		HORNOWEK	POL	M 40-49	20	M 69	00:26:32	00:36:52	00:41:57.25	00:42:02.20	4:11	14.3

**BIEG PRZEZ MOST 2019, M Odcinek specjalny c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
71	ZAJĄC WAĆLAW	882	TEAM PARSZCZYŃSKICH	WARSZAWA	POL	M 40-49	21	M 70	00:27:07	00:37:03	00:41:58.35	00:42:09.65	4:11	14.3
72	ZGODA MATEUSZ	941	NAPRZÓD MŁOCINY	WARSZAWA	POL	M 1-29	17	M 71	00:27:04	00:37:02	00:42:00.05	00:42:13.15	4:12	14.3
73	ZYCH ŁUKASZ	910		MARKI	POL	M 30-39	32	M 72	00:26:11	00:36:46	00:42:04.80	00:42:10.10	4:12	14.3
74	ANDRZEJEWSKI MARIUSZ	7	T-MOBILE RUNNING TEAM	WARSZAWA	POL	M 30-39	33	M 73	00:27:37	00:37:19	00:42:06.35	00:42:17.90	4:12	14.3
75	JUREK PRZEMYSŁAW	304	KS STASZEWCY	WARSZAWA	POL	M 40-49	22	M 74	00:27:05	00:37:08	00:42:07.00	00:42:20.20	4:12	14.2
76	PRUSIK PIOTR	637		WARSZAWA	POL	M 1-29	18	M 75	00:27:27	00:37:19	00:42:08.85	00:42:26.85	4:12	14.2
77	SLEPOWRONSKI BOGDAN	718	TO NATURALNE	WARSZAWA	POL	M 30-39	34	M 76	00:26:57	00:37:21	00:42:11.25	00:42:30.25	4:13	14.2
78	KNAP PIOTR	987				M 30-39	35	M 77	00:27:11	00:37:20	00:42:12.90	00:42:26.05	4:13	14.2
79	RAK ADAM	655	MPWIK	WARSZAWA	POL	M 30-39	36	M 78	00:26:38	00:37:19	00:42:21.40	00:42:27.25	4:14	14.2
80	JAWORSKI ARKADIUSZ	289		IZABELIN	POL	M 30-39	37	M 79	00:27:01	00:37:25	00:42:22.05	00:42:39.40	4:14	14.2
81	KOWAL KRZYSZTOF	388	SASIADY LATAJA RAZEM	WARSZAWA	POL	M 40-49	23	M 80	00:26:38	00:37:02	00:42:23.20	00:42:31.45	4:14	14.2
82	MIKULSKI JACEK	530	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 40-49	24	M 81	00:27:11	00:37:23	00:42:26.05	00:42:38.80	4:14	14.1
83	PUTON MICHAŁ	649		LIPSKO	POL	M 30-39	38	M 82	00:26:57	00:37:21	00:42:26.50	00:42:49.25	4:14	14.1
84	GAJOWNICZEK SŁAWOMIR	185		WARSZAWA	POL	M 30-39	39	M 83	00:27:20	00:37:34	00:42:29.10	00:42:48.80	4:14	14.1
85	JAWORSKI PIOTR	1000	EKOBIEGI	WARSZAWA	POL	M 40-49	25	M 84	00:26:59	00:37:22	00:42:29.50	00:42:33.70	4:14	14.1
86	DĄBROWSKI MIROŚLAW	136		WARSZAWA	POL	M 50-59	3	M 85	00:27:12	00:37:22	00:42:30.20	00:42:52.75	4:15	14.1
87	MICHNOWSKI SEBASTIAN	525		WARSZAWA	POL	M 40-49	26	M 86	00:27:06	00:37:19	00:42:30.75	00:42:38.90	4:15	14.1
88	WŁOSTOWSKI MAREK	865	VEGE RUNNERS	KRAKÓW	POL	M 30-39	40	M 87	00:27:17	00:37:31	00:42:36.85	00:42:58.05	4:15	14.1
89	KUREK MARCIN	428		DUCZKI	POL	M 40-49	27	M 88	00:27:10	00:37:34	00:42:49.20	00:42:55.00	4:17	14
90	KIELCZYKOWSKI JANUSZ	342	EUROBUDOWA	WARSZAWA	POL	M 40-49	28	M 89	00:27:52	00:37:51	00:42:50.40	00:43:21.60	4:17	14
91	SARZAŁA DARIUSZ	996				M 60+	2	M 90	00:27:22	00:37:50	00:42:53.95	00:43:09.55	4:17	14
92	KIJAŃCZYK DOMINIK	347	TARCZYŃSKI KLUB BIEGOWY	TARCZYN	POL	M 1-29	19	M 91	00:27:17	00:38:00	00:43:09.70	00:43:17.45	4:19	13.9
93	MŁYŃSKI MARIUSZ	539		WARSZAWA	POL	M 1-29	20	M 92	00:27:18	00:38:03	00:43:11.70	00:43:21.50	4:19	13.9
94	SOBOCIŃSKI MICHAŁ	726	PLAY	WARSZAWA	POL	M 40-49	29	M 93	00:28:04	00:38:12	00:43:11.75	00:43:31.15	4:19	13.9
95	FALKOWSKI ŁUKASZ	165		WARSZAWA	POL	M 30-39	41	M 94	00:27:38	00:38:24	00:43:15.90	00:43:31.55	4:19	13.9
96	SMORAWSKI WODZISŁAW	722		WARSZAWA	POL	M 30-39	42	M 95	00:27:41	00:38:09	00:43:22.20	00:43:29.90	4:20	13.8
97	MANKA KRZYSZTOF	496	PZU SPORT TEAM	WARSZAWA	POL	M 30-39	43	M 96	00:27:46	00:38:15	00:43:25.25	00:43:39.00	4:20	13.8
98	ZDANOWSKI TOMEK	899	TRIZARZA	SITNE	POL	M 1-29	21	M 97	00:27:22	00:38:17	00:43:27.45	00:43:34.25	4:20	13.8
99	TYMICKI KRZYSZTOF	821		LEGIONOWO	POL	M 40-49	30	M 98	00:28:16	00:38:34	00:43:32.25	00:43:42.25	4:21	13.8
100	DZIUBA TOMASZ	160	MASTERSDOJO	WARSZAWA	POL	M 30-39	44	M 99	00:27:32	00:38:20	00:43:32.35	00:43:46.05	4:21	13.8
101	JANKOWSKI JAKUB	274		BRWINÓW	POL	M 1-29	22	M 100	00:27:26	00:38:19	00:43:34.45	00:43:54.70	4:21	13.8
102	PRZELASKOWSKI ARTUR	639		WARSZAWA	POL	M 50-59	4	M 101	00:27:40	00:38:20	00:43:37.45	00:43:47.75	4:21	13.8
103	BICZAN KAMIL	39		WARSZAWA	POL	M 30-39	45	M 102	00:27:41	00:38:17	00:43:44.30	00:44:18.20	4:22	13.7
104	CHMARZYŃSKI PAWEŁ	90	ŚLĘZAKTEAM	SULEJÓWEK	POL	M 30-39	46	M 103	00:28:15	00:38:39	00:43:45.45	00:44:34.95	4:22	13.7
105	KWIATKOWSKI ADAM	435	KB WYSZÓW	WYSZKÓW	POL	M 30-39	47	M 104	00:28:06	00:38:48	00:43:52.55	00:44:09.05	4:23	13.7
106	GOLEC GRZEGORZ	209	TEAM PARSZCZYŃSKICH	WARSZAWA	POL	M 40-49	31	M 105	00:28:10	00:38:41	00:43:52.60	00:44:07.00	4:23	13.7
107	MINIAKOWSKI SZYMON	533		WARSZAWA	POL	M 30-39	48	M 106	00:28:43	00:39:14	00:43:55.80	00:44:00.30	4:23	13.7
108	CNOTA MACIEJ	1040		WARSZAWA		M 30-39	49	M 107	00:28:03	00:38:50	00:43:57.50	00:44:20.25	4:23	13.6
109	GÓRSKI MARCIN	217	MINISTERSTWO ZDROWIA	WARSZAWA	POL	M 30-39	50	M 108	00:28:18	00:38:39	00:43:58.05	00:44:15.15	4:23	13.6
110	ŚLIMKO DANIEL	792	OLEJ RUNNING TEAM	WARSZAWA	POL	M 30-39	51	M 109	00:28:39	00:39:05	00:43:59.65	00:44:10.30	4:24	13.6
111	WILCZYŃSKI TOMASZ	850		WARSZAWA	POL	M 30-39	52	M 110	00:28:44	00:38:50	00:44:04.95	00:44:38.00	4:24	13.6
112	RYTKOWSKI PIOTR	685		WARSZAWA	POL	M 30-39	53	M 111	00:29:45	00:39:11	00:44:04.95	00:44:32.00	4:24	13.6
113	ZIELIŃSKI KRZYSZTOF	904	HIKINGTOURS	WARSZAWA	POL	M 40-49	32	M 112	00:28:44	00:39:03	00:44:05.35	00:44:36.80	4:24	13.6
114	SUŁKOWSKI TOMASZ	764		WARSZAWA	POL	M 30-39	54	M 113	00:27:44	00:38:41	00:44:13.50	00:44:27.10	4:25	13.6
115	WŁODKOWSKI ROBERT	864	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M 30-39	55	M 114	00:28:38	00:39:13	00:44:17.25	00:44:59.40	4:25	13.5
116	BŁASZCZYK BARTŁOMIEJ	48		OŻARÓW MAZOWIECKI	POL	M 1-29	23	M 115	00:28:29	00:39:04	00:44:26.80	00:45:05.30	4:26	13.5
117	STĘPIEŃ ADAM	745	ANANASY	WARSZAWA	POL	M 30-39	56	M 116	00:28:20	00:39:05	00:44:27.55	00:44:39.40	4:26	13.5
118	LEŚNIAK PIOTR	443		WARSZAWA	POL	M 40-49	33	M 117	00:28:35	00:39:12	00:44:27.90	00:44:48.15	4:26	13.5
119	SOŁOWIEJ ŁUKASZ	730	OIRP WARSZAWA	WARSZAWA	POL	M 30-39	57	M 118	00:28:52	00:39:17	00:44:28.10	00:44:51.45	4:26	13.5
120	PIOTROWSKI MICHAŁ	625		BŁONIE	POL	M 30-39	58	M 119	00:29:22	00:39:31	00:44:28.55	00:45:08.35	4:26	13.5
121	CHOJNACKI MIKOŁAJ	95	WARSAW RUN CLUB	WARSZAWA	POL	M 40-49	34	M 120	00:29:16	00:39:20	00:44:30.80	00:45:52.80	4:27	13.5
122	WICKI JULIUSZ	846		WARSZAWA	POL	M 30-39	59	M 121	00:28:45	00:39:18	00:44:32.40	00:44:51.60	4:27	13.5
123	CHOJECKI ROBERT	94	EXPLOSION	MARKI	POL	M 1-29	24	M 122	00:28:26	00:39:24	00:44:34.55	00:44:47.60	4:27	13.5
124	SUCHOLEWSKI DAMIAN	759	KONDYCJA PIASECZNO	WARSZAWA	POL	M 40-49	35	M 123	00:28:42	00:39:21	00:44:35.35	00:44:40.45	4:27	13.5
125	TURLEJ DARIUSZ	818	KONDYCJA	WARSZAWA	POL	M 60+	3	M 124	00:28:49	00:39:14	00:44:36.95	00:45:00.00	4:27	13.4
126	SARZAŁA BARTŁOMIEJ	554				M 1-29	25	M 125	00:28:54	00:39:29	00:44:37.80	00:44:56.50	4:27	13.4
127	ADAO MIGUEL	5		WARSZAWA	POR	M 40-49	36	M 126	00:28:42	00:39:24	00:44:39.00	00:45:04.00	4:27	13.4

**BIEG PRZEZ MOST 2019, M Odcinek specjalny c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
128	GAJOWY ANDRZEJ	186		WARSZAWA	POL	M 50-59	5	M 127	00:28:47	00:39:23	00:44:41.40	00:45:14.75	4:28	13.4
129	RAK MICHAŁ	654		WARSZAWA	POL	M 30-39	60	M 128	00:28:44	00:39:13	00:44:43.60	00:45:15.80	4:28	13.4
130	MALIK GABRIEL	488		WARSZAWA	POL	M 40-49	37	M 129	00:29:09	00:39:36	00:44:44.95	00:45:20.20	4:28	13.4
131	REWERA ROBERT	658	PKO BANK POLSKI	WARSZAWA	POL	M 40-49	38	M 130	00:28:22	00:39:24	00:44:45.15	00:45:00.35	4:28	13.4
132	ŚWIECA MARCIN	796		WARSZAWA	POL	M 30-39	61	M 131	00:28:39	00:39:28	00:44:49.60	00:45:27.05	4:29	13.4
133	ŻUK PAWEŁ	917	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 40-49	39	M 132	00:28:46	00:39:16	00:44:51.75	00:45:21.25	4:29	13.4
134	MACIEJAK ROBERT	479		WARSZAWA	POL	M 40-49	40	M 133	00:28:42	00:39:29	00:44:52.75	00:45:13.55	4:29	13.4
135	PAŁKA WOJCIECH	594	VASCO RUNNERS	JÓZEFÓW	POL	M 30-39	62	M 134	00:28:56	00:39:36	00:44:53.50	00:47:27.85	4:29	13.4
136	GURGON ARKADIUSZ	997	ZABIEGANY WOŁOMIN	KOBYŁKA		M 30-39	63	M 135	00:44:59.25	00:44:59.25	00:44:59.25	00:44:59.25	4:29	13.3
137	DZIUBIŃSKI MACIEK	161		WARSZAWA	POL	M 1-29	26	M 136	00:29:09	00:39:52	00:45:01.15	00:45:07.35	4:30	13.3
138	LENKIEWICZ PAWEŁ	441		WARSZAWA	POL	M 40-49	41	M 137	00:28:45	00:39:39	00:45:03.70	00:45:30.10	4:30	13.3
139	VASILEV VESELIN	827		WARSZAWA	POL	M 30-39	64	M 138	00:28:55	00:39:49	00:45:11.45	00:45:35.55	4:31	13.3
140	GEÇA PIOTR	196	ZA MNA	WARSZAWA	POL	M 40-49	42	M 139	00:28:53	00:39:49	00:45:11.95	00:45:38.85	4:31	13.3
141	CIERNIAK FRANCISZEK	107	GRUPA BIEGOWA CHTMO	LEGIONOWO	POL	M 1-29	27	M 140	00:29:33	00:40:06	00:45:13.70	00:45:49.85	4:31	13.3
142	KOBUS IGOR	359		WARSZAWA	POL	M 1-29	28	M 141	00:29:06	00:40:17	00:45:14.10	00:45:25.15	4:31	13.3
143	ZNAMIEC MARCIN	906	IPA PAŁAC MOSTOWSKICH KSP	WARSZAWA	POL	M 40-49	43	M 142	00:29:05	00:39:53	00:45:17.75	00:46:01.15	4:31	13.2
144	GAJEWIAK ADAM	183		WARSZAWA	POL	M 40-49	44	M 143	00:29:01	00:39:48	00:45:19.00	00:45:40.05	4:31	13.2
145	ZDUNEK MICHAŁ	966	WKURW_TEAM	WARSZAWA	POL	M 40-49	45	M 144	00:28:44	00:39:57	00:45:21.90	00:45:36.80	4:32	13.2
146	OSTROWSKI MARCIN	951	PZU SPORT TEAM	WARSZAWA	POL	M 30-39	65	M 145	00:29:56	00:40:17	00:45:28.95	00:46:14.90	4:32	13.2
147	PAWIŃSKI ARTUR	606		WARSZAWA	POL	M 40-49	46	M 146	00:28:36	00:39:53	00:45:29.80	00:45:50.00	4:33	13.2
148	ŚCIBOR MARCIN	790		KRASNYSTAW	POL	M 30-39	66	M 147	00:28:58	00:40:07	00:45:30.95	00:45:53.20	4:33	13.2
149	PAWŁOWSKI PIOTR	926	BBL WYDMINY	WARSZAWA	POL	M 40-49	47	M 148	00:29:20	00:40:13	00:45:32.70	00:45:47.15	4:33	13.2
150	CZUDOWSKI TOMASZ	127	DUKLANOWSKI TEAM	WARSZAW	POL	M 40-49	48	M 149	00:29:08	00:40:09	00:45:32.80	00:45:44.80	4:33	13.2
151	CZAJKOWSKI MAREK	122	WARSAW RUN CLUB	WARSZAWA	POL	M 40-49	49	M 150	00:29:03	00:40:15	00:45:36.15	00:46:07.75	4:33	13.2
152	TOBOTA MACIEJ	807		WARSZAWA	POL	M 40-49	50	M 151	00:29:13	00:40:08	00:45:36.25	00:45:42.95	4:33	13.2
153	STAŃSKI SŁAWOMIR	743	TO NATURALNE	WARSZAWA	POL	M 50-59	6	M 152	00:29:31	00:40:20	00:45:42.60	00:46:00.75	4:34	13.1
154	BEKKER PIOTR	983		WARSZAWA	POL	M 30-39	67	M 153	00:29:46	00:40:25	00:45:43.80	00:46:13.15	4:34	13.1
155	MATYSIAK PAWEŁ	512	PAWELBIEGA.PL	ŻYRARDÓW	POL	M 30-39	68	M 154	00:29:08	00:40:18	00:45:44.85	00:46:00.55	4:34	13.1
156	SANTAREK WOJCIECH	694		SZCZECIN	POL	M 40-49	51	M 155	00:29:06	00:40:16	00:45:45.95	00:46:18.35	4:34	13.1
157	KOWALSKI MICHAŁ	1004	LEMIESZ TEAM	WARSZAWA	POL	M 30-39	69	M 156	00:45:53.00	00:45:53.00	00:45:53.00	00:45:53.00	4:35	13.1
158	ROGOZIŃSKI ADRIAN	664		WARSZAWA	POL	M 1-29	29	M 157	00:29:01	00:40:25	00:45:54.70	00:46:25.90	4:35	13.1
159	PIERZAK OŁAF	617		WARSZAWA	POL	M 40-49	52	M 158	00:29:42	00:40:44	00:45:59.35	00:46:09.55	4:35	13
160	SZYMAŃSKI ANDRZEJ	787		WARSZAWA	POL	M 30-39	70	M 159	00:29:15	00:40:30	00:46:00.80	00:46:11.85	4:36	13
161	PAWLUS BARTŁOMIJ	607		WARSZAWA	POL	M 30-39	71	M 160	00:29:33	00:40:38	00:46:01.25	00:46:23.50	4:36	13
162	RYGAŁSKI MACIEJ	682	FAMA RUNNERS	WARSZAWA	POL	M 40-49	53	M 161	00:29:49	00:40:42	00:46:06.25	00:46:45.55	4:36	13
163	BEBELSKI RAFAŁ	28	KUŹNIA TRIATHLONU	WARSZAWA	POL	M 40-49	54	M 162			00:46:07.00	00:46:07.00	4:36	13
164	TOMASZEWSKI MAREK	811		WARSZAWA	POL	M 40-49	55	M 163	00:29:25	00:40:34	00:46:11.15	00:46:19.70	4:37	13
165	KRUPIŃSKI MAREK	410	DĄBROWSKI TEAM /ZABIEGANE DNI	OSTROŁĘKA	POL	M 1-29	30	M 164	00:29:15	00:40:32	00:46:14.25	00:46:21.65	4:37	13
166	MAKOWSKI MARCIN	483		WARSZAWA	POL	M 30-39	72	M 165	00:29:59	00:40:57	00:46:15.45	00:46:26.85	4:37	13
167	DRABOT WOJCIECH	151	ASSECO ACTIVE TEAM	WARSZAWA	POL	M 1-29	31	M 166	00:29:51	00:40:57	00:46:16.45	00:46:31.75	4:37	13
168	RABIEJ WOJCIECH	652	DUKLANOWSKI TEAM	WARSZAWA	POL	M 40-49	56	M 167	00:29:43	00:40:50	00:46:16.50	00:46:47.45	4:37	13
169	DRABOT ANDRZEJ	152	ASSECO ACTIVE TEAM	WARSZAWA	POL	M 40-49	57	M 168	00:29:51	00:40:57	00:46:17.55	00:46:32.75	4:37	13
170	DESKA LESZEK	143	WWW.LESZEKBIEGA.PL	NOWA IWICZNA	POL	M 40-49	58	M 169	00:31:04	00:41:26	00:46:19.80	00:48:30.00	4:38	12.9
171	BARTEL ROBERT	22	STARE BABICE BIEGAJĄ	LIPKÓW	POL	M 40-49	59	M 170	00:29:24	00:40:42	00:46:20.45	00:46:45.05	4:38	12.9
172	BAJDAŁA ROBERT	13		WARSZAWA	POL	M 30-39	73	M 171	00:29:36	00:41:10	00:46:21.85	00:47:04.90	4:38	12.9
173	MICHAŁAK JACEK	522		RAJSZEW	POL	M 30-39	74	M 172	00:30:10	00:40:56	00:46:22.85	00:46:54.65	4:38	12.9
174	KRUK MARCIN	978		M 30-39		M 30-39	75	M 173	00:29:30	00:40:51	00:46:23.40	00:46:37.70	4:38	12.9
175	JĘDRUSZCZAK ADAM	295	GOGGLE PARK TEAM	WARSZAWA	POL	M 1-29	32	M 174	00:29:52	00:41:17	00:46:23.80	00:46:51.10	4:38	12.9
176	GOLIŃSKI ARTUR	210		WARSZAWA	POL	M 40-49	60	M 175	00:29:45	00:41:02	00:46:30.90	00:47:02.65	4:39	12.9
177	SZYMAŃSKI JACEK	786		WARSZAWA	POL	M 40-49	61	M 176	00:30:29	00:41:18	00:46:31.25	00:47:12.25	4:39	12.9
178	KONDRAK PIOTR	362	VEGE RUNNERS	WARSZAWA	POL	M 40-49	62	M 177	00:29:57	00:41:08	00:46:36.50	00:47:29.50	4:39	12.9
179	PALUCH KAMIL	593		WARSZAWA	POL	M 30-39	76	M 178	00:29:39	00:41:02	00:46:37.95	00:46:55.30	4:39	12.9
180	ŻYŁAK ADRIAN	920	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 30-39	77	M 179	00:30:03	00:41:13	00:46:42.65	00:47:03.40	4:40	12.8
181	URBANIĄK MICHAŁ	823		KIELCE	POL	M 30-39	78	M 180	00:30:02	00:41:21	00:46:44.95	00:47:00.95	4:40	12.8
182	CZAJKOWSKI MARCIN	123		NOWE OSINY	POL	M 1-29	33	M 181	00:30:23	00:41:27	00:46:45.10	00:47:31.40	4:40	12.8
183	ŁUKASIAK JAN	474		WARSZAWA	POL	M 30-39	79	M 182	00:29:34	00:41:04	00:46:45.25	00:47:26.80	4:40	12.8
184	NOZDRYŃ-PLOTNICKI MARCIN	572		WARSZAWA	POL	M 40-49	63	M 183	00:28:09	00:40:56	00:46:46.00	00:46:58.80	4:40	12.8

**BIEG PRZEZ MOST 2019, M Odcinek specjalny c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
185	ZIELIŃSKI JACEK	1002		WARSZAWA	POL	M 40-49	64	M 184	00:30:17	00:41:30	00:46:46.05	00:47:34.05	4:40	12.8
186	WEREDA PAWEŁ	841		WARSZAWA	POL	M 40-49	65	M 185	00:29:50	00:41:07	00:46:50.60	00:47:05.65	4:41	12.8
187	KOWALSKI MAREK	393	NUNA	NASIELSK	POL	M 30-39	80	M 186	00:30:25	00:41:36	00:46:51.70	00:47:20.45	4:41	12.8
188	PAWEŁOSZEK ROBERT	605	ROBERT SPINE TRENER PERSONALNY	WARSZAWA	POL	M 40-49	66	M 187	00:29:31	00:41:11	00:46:52.65	00:47:18.90	4:41	12.8
189	PRĘDOTA KRZYSZTOF	635	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M 40-49	67	M 188	00:30:32	00:41:22	00:46:55.55	00:47:36.85	4:41	12.8
190	SURDACKI DOMINIK	765		WARSZAWA	POL	M 30-39	81	M 189	00:30:12	00:41:39	00:46:57.40	00:47:23.45	4:41	12.8
191	BADOWSKI PIOTR	12	DEUTSCHE BANK MARATHON TEAM	WARSZAWA	POL	M 30-39	82	M 190	00:30:17	00:41:38	00:47:01.30	00:47:42.50	4:42	12.8
192	KAMOLA SŁAWOMIR	326	ABBA1 RUN	STASI LAS	POL	M 50-59	7	M 191	00:29:33	00:41:33	00:47:04.50	00:47:18.25	4:42	12.7
193	BARTYCZAK MICHAŁ	24		WARSZAWA	POL	M 1-29	34	M 192	00:28:43	00:40:52	00:47:07.05	00:47:17.05	4:42	12.7
194	KRYSIK ARKADIUSZ	414		TŁUSZCZ	POL	M 40-49	68	M 193	00:29:56	00:41:44	00:47:08.85	00:48:11.35	4:42	12.7
195	CZYŻYK MARCIN	129	ITMBW KRAKÓW	KRAKÓW	POL	M 30-39	83	M 194	00:30:08	00:41:29	00:47:14.85	00:47:45.05	4:43	12.7
196	URBAŃSKI PAWEŁ	825	KERK-PALM IS TEAM	WARSZAWA	POL	M 50-59	8	M 195	00:30:14	00:41:35	00:47:17.90	00:47:57.20	4:43	12.7
197	GÓRKA KRZYSZTOF	216		GRODZISK MAZ.	POL	M 50-59	9	M 196	00:30:33	00:41:41	00:47:20.30	00:47:35.30	4:44	12.7
198	BOROWY ŁUKASZ	66	BRAJANUSZ	ŻYRARDÓW	POL	M 30-39	84	M 197	00:29:52	00:41:39	00:47:24.05	00:47:46.20	4:44	12.7
199	ROŚLONIEC KAMIL	670		RZAŚNIK	POL	M 1-29	35	M 198	00:30:37	00:41:57	00:47:24.60	00:48:08.15	4:44	12.7
200	WOJCIECHOWSKI MAREK	870	ADIDAS RUNNERS WARSAW	BIAŁYSTOK	POL	M 30-39	85	M 199	00:30:17	00:41:54	00:47:26.15	00:47:46.90	4:44	12.6
201	STROMECKI MARCIN	751	BFM	WARSZAWA	POL	M 1-29	36	M 200	00:30:31	00:41:53	00:47:26.80	00:49:48.30	4:44	12.6
202	DĄBROWSKI DANIEL	137		WARSZAWA	POL	M 1-29	37	M 201	00:30:24	00:42:00	00:47:26.95	00:49:39.90	4:44	12.6
203	WOJCIECHOWSKI ARTUR	869	:)	WARSZAWA	POL	M 1-29	38	M 202	00:28:37	00:41:12	00:47:28.55	00:47:40.70	4:44	12.6
204	FRĄCKIEWICZ DARIUSZ	176	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 40-49	69	M 203	00:30:18	00:41:57	00:47:40.05	00:48:36.75	4:46	12.6
205	BLASZCZYŃSKI WITOLD	47		WARSZAWA	POL	M 40-49	70	M 204	00:30:27	00:41:52	00:47:40.55	00:48:19.75	4:46	12.6
206	RÓŻYCKI JAROSŁAW	673		LEGIONOWO	POL	M 30-39	86	M 205	00:31:02	00:42:26	00:47:40.60	00:48:35.80	4:46	12.6
207	PAZIEWSKI ANDRZEJ	608	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 40-49	71	M 206	00:30:36	00:42:03	00:47:40.85	00:48:06.85	4:46	12.6
208	MOSUR KAMIL	544		WARSZAWA	POL	M 40-49	72	M 207	00:30:27	00:41:54	00:47:42.20	00:48:03.90	4:46	12.6
209	SMYL JACEK	724		WARSZAWA	POL	M 1-29	39	M 208	00:30:22	00:42:13	00:47:43.50	00:48:05.15	4:46	12.6
210	BARAN GRZEGORZ	19		WARSZAWA	POL	M 40-49	73	M 209	00:30:44	00:42:14	00:47:45.85	00:48:34.70	4:46	12.6
211	FALBA ZBIGNIEW	163	METLIFE RUN	WARSZAWA	POL	M 40-49	74	M 210	00:30:35	00:42:06	00:47:48.00	00:48:32.80	4:46	12.6
212	ŁUBIŃSKI KRZYSZTOF	469		WARSZAWA	POL	M 40-49	75	M 211	00:30:38	00:42:06	00:47:48.30	00:48:07.00	4:46	12.5
213	PADYSZ AREK	591		WARSZAWA	POL	M 40-49	76	M 212	00:30:45	00:42:06	00:47:49.20	00:48:20.10	4:47	12.5
214	JANISZEWSKI RAFAŁ	269		LEGIONOWO	POL	M 30-39	87	M 213	00:31:51	00:42:40	00:47:49.40	00:48:44.90	4:46	12.5
215	GOGOLEWSKI MICHAŁ	208		WARSZAWA	POL	M 40-49	77	M 214	00:30:22	00:41:59	00:47:49.45	00:48:15.05	4:47	12.5
216	PODGÓRSKI KRZYSZTOF	626	KOMITET SPORTU I TURYSTYKI KRZYSZTOFA PODGÓRSKIEGO	KATOWICE	POL	M 1-29	40	M 215	00:29:38	00:41:43	00:47:49.50	00:48:01.70	4:46	12.5
217	SZPANOWSKI MAREK	962		WARSZAWA	POL	M 50-59	10	M 216	00:31:24	00:42:34	00:47:52.20	00:48:34.20	4:47	12.5
218	DOMŻAŁSKI ARTUR	148		WARSZAWA	POL	M 30-39	88	M 217	00:30:41	00:42:20	00:48:03.05	00:48:43.65	4:48	12.5
219	MANOWIECKI GRZEGORZ	495	BRAVERHEARTS	LEGIONOWO	POL	M 40-49	78	M 218	00:30:11	00:42:18	00:48:08.30	00:48:38.30	4:48	12.5
220	SIERZPUŃTOWSKI PIOTR	703		OŻARÓW MAZOWIECKI	POL	M 1-29	41	M 219	00:31:31	00:42:51	00:48:09.60	00:49:03.70	4:48	12.5
221	DALECKI ŁUKASZ	130		NOWE PIEŚCIROGI	POL	M 30-39	89	M 220	00:31:10	00:42:30	00:48:09.95	00:48:53.45	4:49	12.5
222	KIESZEK TADEUSZ	344	DYSTANS LESZNO	LESZNO /WARSZAWY	POL	M 60+	4	M 221	00:31:16	00:42:29	00:48:10.30	00:48:57.95	4:49	12.5
223	OLCZAK JANUSZ	576	BIEGANIE 50+	WARSZAWA	POL	M 50-59	11	M 222	00:31:13	00:42:37	00:48:11.85	00:48:45.40	4:49	12.4
224	JAWORSKI ŁUKASZ	288		WARSZAWA	POL	M 40-49	79	M 223	00:31:12	00:42:29	00:48:15.15	00:49:10.50	4:49	12.4
225	KILIAŃSKI RAFAŁ	345	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M 40-49	80	M 224	00:31:17	00:42:47	00:48:17.00	00:48:58.60	4:49	12.4
226	ROSZAK WALDEMAR	671	BIEGAM NA ZIELONEJ BIAŁOŁĘCE	WARSZAWA	POL	M 50-59	12	M 225	00:30:36	00:42:32	00:48:17.30	00:48:47.20	4:49	12.4
227	MIODUSZEWSKI ADRIAN	534		WARSZAWA	POL	M 1-29	42	M 226	00:31:32	00:42:49	00:48:17.50	00:49:06.05	4:49	12.4
228	KOŁOMAŃSKI MAREK	360	EKOBIEGI	WARSZAWA	POL	M 40-49	81	M 227	00:30:13	00:42:19	00:48:17.70	00:48:48.35	4:49	12.4
229	DRZYMAŁA KRZYSZTOF	154		WARSZAWA	POL	M 30-39	90	M 228	00:31:17	00:42:40	00:48:19.05	00:49:12.50	4:49	12.4
230	ŚCIOCH MICHAŁ	791		WARSZAWA	POL	M 40-49	82	M 229	00:31:05	00:42:33	00:48:19.40	00:48:59.80	4:49	12.4
231	BARANOWSKI KRZYSZTOF	18	TO NATURALNE	ZIELONKA	POL	M 50-59	13	M 230	00:48:21.00	00:48:21.00	00:48:21.00	00:48:21.00	4:50	12.4
232	BIAŁOKOS KAMIL	989	PARTNER	WARSZAWA	POL	M 40-49	83	M 231	00:30:54	00:42:37	00:48:22.90	00:49:58.85	4:50	12.4
233	HUSZCZA PAWEŁ	254		WARSZAWA	POL	M 30-39	91	M 232	00:30:49	00:42:36	00:48:25.05	00:48:42.90	4:50	12.4
234	DUDA JACEK	953		PRUSZKÓW	POL	M 30-39	92	M 233	00:31:18	00:42:45	00:48:29.20	00:49:21.75	4:50	12.4
235	KACYMIROW TOMASZ	314		HORNÓWEK	POL	M 50-59	14	M 234	00:30:55	00:42:40	00:48:29.65	00:49:04.15	4:51	12.4
236	KARPIŃSKI MARCIN	982		WARSZAWA	POL	M 30-39	93	M 235	00:31:14	00:42:40	00:48:30.25	00:48:58.90	4:51	12.4
237	WIERZCHOŁOWSKI MARCIN	848		WARSZAWA	POL	M 40-49	84	M 236	00:31:27	00:43:15	00:48:30.50	00:49:15.10	4:51	12.4
238	TOCZEWSKI KAMIL	809	JACEKBIEGA RUNING TEAM	WARSZAWA	POL	M 1-29	43	M 237	00:30:36	00:42:33	00:48:31.90	00:49:04.25	4:51	12.4
239	MAKOWSKI KRYSZTIAN	484	RUN4FUN	WARSZAWA	POL	M 1-29	44	M 238	00:31:04	00:42:56	00:48:32.30	00:49:09.45	4:51	12.4
240	BARSCZEWSKI MACIEJ	20	TN BIEGÓWKI WESOŁA	LASKI	POL	M 40-49	85	M 239	00:30:32	00:42:39	00:48:34.85	00:48:57.55	4:51	12.3

**BIEG PRZEZ MOST 2019, M Odcinek specjalny c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
241	RUTKOWSKI MICHAŁ	680	KARAŚ SWIMMING TEAM	WARSZAWA	POL	M 40-49	86	M 240	00:31:23	00:43:00	00:48:38.40	00:49:23.80	4:51	12.3
242	KRÓLCZYŃSKI MACIEJ	994		GRODZISKI MAZOWIECKI	POL	M 30-39	94	M 241	00:31:26	00:42:59	00:48:39.20	00:49:26.85	4:51	12.3
243	GRZYMAŁA ANDRZEJ	940		WARSZAWA	POL	M 40-49	87	M 242	00:30:59	00:42:51	00:48:41.10	00:49:38.20	4:52	12.3
244	NIEDZIELA DOMINIK	558		WARSZAWA	POL	M 40-49	88	M 243	00:31:19	00:43:00	00:48:43.80	00:49:43.05	4:52	12.3
245	SUCHORAB KRZYSZTOF	760		WARSZAWA	POL	M 30-39	95	M 244	00:31:21	00:43:00	00:48:47.20	00:50:23.50	4:52	12.3
246	SZCZESŃNY PAWEŁ	774		WARSZAWA	POL	M 40-49	89	M 245	00:30:41	00:42:47	00:48:51.00	00:49:36.10	4:53	12.3
247	SZCZEPAŃSKI PIOTR	923	KONDYCJA	KONSTANCIN-JEZIORNA	POL	M 1-29	45	M 246	00:35:59	00:43:31	00:48:52.75	00:48:56.05	4:53	12.3
248	PROKOPIUK GRZEGORZ	945		WARSZAWA	POL	M 40-49	90	M 247	00:31:21	00:43:08	00:48:53.90	00:49:02.70	4:53	12.3
249	SZAŁASZEWSKI ŁUKASZ	691		WARSZAWA	POL	M 40-49	91	M 248	00:32:05	00:43:35	00:48:54.90	00:49:42.85	4:53	12.3
250	CELIŃSKI RAFAŁ	87		WARSZAWA	POL	M 40-49	92	M 249	00:31:44	00:43:21	00:48:59.00	00:49:44.40	4:53	12.2
251	LIPŃSKI OSKAR	932		WARSZAWA	POL	M 30-39	96	M 250	00:31:21	00:43:29	00:49:02.30	00:49:35.55	4:54	12.2
252	FRAĆKOWSKI SŁAWOMIR	177		WARSZAWA	POL	M 40-49	93	M 251	00:31:13	00:43:07	00:49:05.30	00:49:38.40	4:54	12.2
253	JANKOWSKI DARIUSZ	275	PAŁUKI RUNNING TEAM	WARSZAWA	POL	M 30-39	97	M 252	00:32:17	00:43:37	00:49:12.00	00:49:59.35	4:55	12.2
254	WINIARCZYK BARTŁOMIEJ	852		WARSZAWA	POL	M 1-29	46	M 253	00:30:47	00:42:56	00:49:13.40	00:50:03.05	4:55	12.2
255	SZLENDAK MAREK	777		RYKI	POL	M 30-39	98	M 254	00:31:55	00:43:33	00:49:17.15	00:50:07.55	4:55	12.2
256	PERLAN ROBERT	611	DYSTANS LESZNO	LESZNO	POL	M 40-49	94	M 255	00:31:41	00:43:26	00:49:19.35	00:49:58.65	4:55	12.2
257	MŁOSZ MAREK	532		WARSZAWA	POL	M 50-59	15	M 256	00:31:27	00:43:17	00:49:19.95	00:50:10.05	4:56	12.2
258	WOŁOWSKI KAMIL	874		WARSZAWA	POL	M 30-39	99	M 257	00:32:02	00:43:35	00:49:21.40	00:50:18.10	4:56	12.2
259	STAROWICZ KAZIMIERZ	744		WARSZAWA	POL	M 30-39	100	M 258	00:32:05	00:43:47	00:49:22.85	00:49:46.45	4:56	12.1
260	KRÓL TOMASZ	402		NOWY DWÓR MAZOWIECKI	POL	M 30-39	101	M 259	00:31:29	00:43:30	00:49:23.15	00:49:50.60	4:56	12.1
261	SIESS JAROSŁAW	704		PABIANICE	POL	M 50-59	16	M 260	00:32:04	00:43:46	00:49:24.00	00:49:47.35	4:56	12.1
262	DEREWICZ MARIUSZ	142		WARSZAWA	POL	M 30-39	102	M 261	00:31:58	00:43:40	00:49:24.20	00:50:20.10	4:56	12.1
263	ŚCIBISZ TOMEK	789		WARSZAWA	POL	M 40-49	95	M 262	00:31:46	00:43:26	00:49:24.60	00:50:05.20	4:56	12.1
264	WACH MICHAŁ	828	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 40-49	96	M 263	00:32:00	00:43:40	00:49:24.65	00:49:59.90	4:56	12.1
265	PERKOWSKI PAWEŁ	610		WARSZAWA	POL	M 30-39	103	M 264	00:31:40	00:43:34	00:49:26.95	00:50:09.40	4:56	12.1
266	WITUSIK SZYMON	857		WARSZAWA	POL	M 1-29	47	M 265	00:32:20	00:44:02	00:49:29.45	00:50:02.10	4:57	12.1
267	CIOŁEK ROBERT	114	MASTERS DOJO	WARSZAWA	POL	M 40-49	97	M 266	00:32:09	00:43:46	00:49:31.30	00:50:30.45	4:57	12.1
268	BOGUCKI MICHAŁ	53		WARSZAWA	POL	M 1-29	48	M 267	00:30:48	00:43:29	00:49:32.95	00:49:56.30	4:57	12.1
269	SZUSTAK DAREK	785		RASZYN	POL	M 50-59	17	M 268	00:32:10	00:44:04	00:49:40.05	00:50:18.85	4:58	12.1
270	MILLER DANIEL MILLER	531	WARSAW INTERNATIONAL TRIATHLON CLUB (WITC)	WARSZAWA	POL	M 40-49	98	M 269	00:32:15	00:44:06	00:49:40.95	00:50:47.65	4:58	12.1
271	ROJEK RAFAŁ	665		WARSZAWA	POL	M 40-49	99	M 270	00:31:45	00:43:45	00:49:41.20	00:50:21.80	4:58	12.1
272	URBAN MARIUSZ	822	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 40-49	100	M 271	00:31:47	00:43:49	00:49:43.75	00:52:04.65	4:58	12.1
273	KACHNIARZ SŁAWOMIR	308	KAWAII SUSHI	LEGIONOWO	POL	M 40-49	101	M 272	00:31:03	00:43:29	00:49:47.15	00:50:28.50	4:58	12.1
274	GAWLIK ARKADIUSZ	191	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 40-49	102	M 273	00:31:45	00:43:47	00:49:48.00	00:50:45.45	4:58	12
275	KACPURA PIOTR	313		STOCZEK	POL	M 40-49	103	M 274	00:32:13	00:43:52	00:49:48.20	00:50:41.65	4:58	12
276	ŻOCHOWSKI PAWEŁ	912		SKRZESZEW	POL	M 30-39	104	M 275	00:31:13	00:43:45	00:49:48.35	00:50:31.40	4:58	12
277	DUDEK BARTŁOMIEJ	155	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 30-39	105	M 276	00:31:31	00:43:36	00:49:52.40	00:51:14.50	4:59	12
278	GIL WOJCIECH	201	NW CZŁĄPSKI TEAM	WARSZAWA	POL	M 40-49	104	M 277	00:32:14	00:43:59	00:49:54.10	00:50:42.40	4:59	12
279	GÓRKA MARCIN	215	POLSA	WARSZAWA	POL	M 40-49	105	M 278	00:32:11	00:44:14	00:49:58.45	00:50:56.20	4:59	12
280	RUSIN BARTOSZ	678	KS STASZEWSKY	JABŁONNA	POL	M 40-49	106	M 279	00:31:32	00:43:46	00:50:00.30	00:50:38.60	5:00	12
281	TARASIUK ŁUKASZ	804		MROZY	POL	M 40-49	107	M 280	00:32:24	00:44:14	00:50:01.30	00:50:55.80	5:00	12
282	SMULEK RAFAŁ	723		WARSZAWA	POL	M 1-29	49	M 281	00:32:13	00:44:21	00:50:02.05	00:50:58.70	5:00	12
283	MAREK BARTŁOMIEJ	500		DĘBE WIELKIE	POL	M 30-39	106	M 282	00:32:38	00:44:29	00:50:02.05	00:50:55.70	5:00	12
284	ORŁOWSKI KRZYSZTOF	585	PARKRUN WARSZAWA BRÓDNO	WARSZAWA	POL	M 40-49	108	M 283	00:31:28	00:44:00	00:50:02.90	00:50:11.80	5:00	12
285	JAROSZEK PIOTR	281	VEGE RUNNERS	KRECZKI	POL	M 30-39	107	M 284	00:31:33	00:43:50	00:50:03.05	00:50:40.00	5:00	12
286	ŻURAWSKI MARCIN	919	BIEGAM NA TARCHOMINIE/ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 40-49	109	M 285	00:32:13	00:44:12	00:50:03.70	00:50:38.40	5:00	12
287	JANKOWSKI ANDRZEJ	276	CAT-FIT	ZEGRZE	POL	M 40-49	110	M 286	00:32:29	00:44:23	00:50:07.60	00:50:58.00	5:00	12
288	PRZYBYSZ TOMASZ	643		WARSZAWA	POL	M 1-29	50	M 287	00:32:08	00:44:21	00:50:09.05	00:50:51.25	5:00	12
289	MANCZENKO EUGENIUSZ	494	LEŚNE SZYCHY	WARSZAWA	POL	M 30-39	108	M 288	00:32:43	00:44:27	00:50:11.90	00:51:16.20	5:01	12
290	PASZKOWSKI CEZARY	603		WARSZAWA	POL	M 40-49	111	M 289	00:32:44	00:44:27	00:50:12.40	00:51:16.40	5:01	12
291	NOGAS SEBASTIAN	560	PZU SPORTTEAM	WARSZAWA	POL	M 30-39	109	M 290			00:50:13.00	00:50:13.00	5:01	11.9
292	SUCHODOLSKI MARIUSZ	758	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M 40-49	112	M 291	00:32:18	00:44:08	00:50:16.95	00:51:04.15	5:01	11.9
293	WITUSIK PAWEŁ	856		WARSZAWA	POL	M 40-49	113	M 292	00:32:21	00:44:30	00:50:18.90	00:50:51.25	5:01	11.9
294	ŻÓŁKOWSKI MAREK	914	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 60+	5	M 293	00:32:36	00:44:33	00:50:19.00	00:51:01.45	5:01	11.9
295	FRYCZ MICHAŁ	178		WARSZAWA	POL	M 40-49	114	M 294	00:32:02	00:44:18	00:50:20.20	00:51:12.75	5:02	11.9



**BIEG PRZEZ MOST 2019, M Odcinek specjalny c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
296	SKŁUCKI HUBERT	715	RUN TEAM NASIELSK	NASIELSK	POL	M 40-49	115	M 295	00:31:21	00:44:24	00:50:24.30	00:50:40.30	5:02	11.9
297	WOJNARSKI JANUSZ	871		WARSZAWA	POL	M 60+	6	M 296	00:32:30	00:44:30	00:50:31.65	00:51:35.25	5:03	11.9
298	KLEPACKI PIOTR	350		PIOTRKOW TRYB.	POL	M 30-39	110	M 297	00:33:03	00:44:46	00:50:31.70	00:50:43.70	5:03	11.9
299	KOWNACKI MARCIN	396		WARSZAWA	POL	M 40-49	116	M 298	00:31:42	00:44:15	00:50:31.85	00:51:03.35	5:03	11.9
300	RZECZKOWSKI ZYGMUNT	686	METRO WARSZAWSKIE	WARSZAWA	POL	M 60+	7	M 299	00:32:08	00:44:21	00:50:32.55	00:51:34.65	5:03	11.9
301	LIBOLD MACIEK	447		WARSZAWA	POL	M 30-39	111	M 300	00:32:39	00:44:36	00:50:37.95	00:50:51.35	5:03	11.8
302	DUDKO MIKAŁAJ	156	JACEKBIEGA RUNNING TEAM	WARSAW	POL	M 30-39	112	M 301	00:32:25	00:45:08	00:50:44.35	00:51:28.05	5:04	11.8
303	DOMINIAK ZBIGNIEW	147	GRUPAZERO	WARSZAWA	POL	M 40-49	117	M 302	00:32:09	00:44:26	00:50:47.75	00:51:47.20	5:04	11.8
304	KASKA MATEUSZ	334		WOŁOMIN	POL	M 30-39	113	M 303	00:31:31	00:44:19	00:50:49.00	00:51:26.60	5:04	11.8
305	KMIĘĆ KAMIL	357		ZĄBKI	POL	M 1-29	51	M 304	00:33:14	00:45:09	00:50:51.10	00:51:50.35	5:05	11.8
306	WIŚNIEWSKI PAWEŁ	854	ŁOMIANKOWSKA GRUPA BIEGOWA	ŁOMIANKI	POL	M 40-49	118	M 305	00:32:19	00:44:42	00:50:52.20	00:51:25.15	5:05	11.8
307	MYSZKE ARTUR	553		WARSZAWA	POL	M 40-49	119	M 306	00:32:26	00:44:49	00:50:54.60	00:51:47.60	5:05	11.8
308	CHRÓST MARCIN	100	KS-ZIELONO CZARNI	MIŃSK MAZOWIECKI	POL	M 30-39	114	M 307	00:31:05	00:44:19	00:50:57.45	00:51:23.05	5:05	11.8
309	POŁĘC ANDRZEJ	631		WARSZAWA	POL	M 40-49	120	M 308	00:32:21	00:44:51	00:50:59.50	00:51:53.10	5:06	11.8
310	BOROWSKI MARIUSZ	65		WARSZAWA	POL	M 40-49	121	M 309	00:32:56	00:45:00	00:50:59.85	00:51:50.85	5:05	11.8
311	BITKOWSKI BARTEK	46		WARSZAWA	POL	M 40-49	122	M 310	00:33:19	00:45:05	00:51:02.00	00:51:54.00	5:06	11.8
312	WOJTAS MICHAŁ	929		WARSZAWA	POL	M 1-29	52	M 311	00:33:10	00:45:11	00:51:03.15	00:51:56.65	5:06	11.8
313	NOWAK DAWID	566		WARSZAWA	POL	M 30-39	115	M 312	00:33:57	00:45:41	00:51:03.45	00:52:29.20	5:06	11.7
314	JÓZWIK GRZEGORZ	300		WARSZAWA	POL	M 40-49	123	M 313	00:31:52	00:44:43	00:51:03.75	00:51:31.40	5:06	11.7
315	ADAMIAK PIOTR	1		WARSZAWA	POL	M 40-49	124	M 314	00:33:00	00:45:14	00:51:07.95	00:51:43.95	5:06	11.7
316	ŚWIĆ RAFAŁ	793	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M 40-49	125	M 315	00:32:41	00:45:02	00:51:08.00	00:51:57.25	5:06	11.7
317	BIENIEK WOJCIECH	43	TRENER24	WARSZAWA	POL	M 30-39	116	M 316	00:32:47	00:45:13	00:51:12.95	00:52:15.60	5:07	11.7
318	DERESZEWSKI PIOTR	141	ZABIEGANY WOŁOMIN	WARSZAWA	POL	M 40-49	126	M 317	00:32:31	00:44:58	00:51:13.00	00:51:45.85	5:07	11.7
319	ROGAŁA MARCIN	662		WARSZAWA	POL	M 30-39	117	M 318	00:32:15	00:45:01	00:51:13.40	00:51:48.20	5:07	11.7
320	PASIŃSKI DANIEL	949	GRUPA BIEGOWA UM WARSZAWA	WARSZAWA	POL	M 30-39	118	M 319	00:32:32	00:45:17	00:51:18.70	00:51:49.10	5:07	11.7
321	BAZYLEWICZ HUBERT	27		WARSZAWA	POL	M 30-39	119	M 320	00:32:15	00:45:06	00:51:21.20	00:52:17.15	5:08	11.7
322	KONIECKI TOMASZ	363		WARSZAWA	POL	M 40-49	127	M 321	00:33:13	00:45:16	00:51:24.60	00:52:16.20	5:08	11.7
323	GRABOWSKI WOJCIECH	972	ANPHARM RUN TEAM	WARSZAWA	POL	M 40-49	128	M 322	00:33:10	00:45:13	00:51:24.75	00:53:35.25	5:08	11.7
324	MATEŃKA PIOTR	508	DYSPOZYCJA DNIA TEAM	WARSZAWA	POL	M 40-49	129	M 323	00:32:56	00:45:25	00:51:24.85	00:52:15.05	5:08	11.7
325	ODZIEMCZYK SEBASTIAN	574		WARSZAWA	POL	M 30-39	120	M 324	00:32:46	00:45:15	00:51:26.35	00:52:15.90	5:08	11.7
326	SKARŻYŃSKI ADAM	711	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 30-39	121	M 325	00:32:52	00:45:17	00:51:32.05	00:52:20.30	5:09	11.6
327	KOPER SEBASTIAN	369	CARREFOUR RUNNING TEAM	WARSZAWA	POL	M 40-49	130	M 326	00:32:37	00:45:17	00:51:33.90	00:52:11.00	5:09	11.6
328	KLIMCZYŃSKI RAFAŁ	351		WARSZAWA	POL	M 30-39	122	M 327	00:33:14	00:45:33	00:51:34.00	00:52:45.25	5:09	11.6
329	CHUDIO MARCIN	103		WARSZAWA	POL	M 30-39	123	M 328	00:32:39	00:45:22	00:51:36.45	00:52:28.45	5:09	11.6
330	BIEDROŃ ARTUR	40	TARCHO CHARTY	WARSZAWA	POL	M 40-49	131	M 329	00:33:14	00:45:39	00:51:38.90	00:52:24.00	5:09	11.6
331	KĘDZIERSKI MIECZYSLAW	339	TG SOKÓŁ BRWINÓW	MILANÓWEK	POL	M 60+	8	M 330	00:32:58	00:45:29	00:51:40.30	00:52:53.95	5:10	11.6
332	BEDNARSKI TOMASZ	32		WARSZAWA	POL	M 40-49	132	M 331	00:34:00	00:45:56	00:51:41.70	00:52:24.30	5:10	11.6
333	FABIANOWICZ PAWEŁ	162	BOŚ BANK SA	WARSZAWA	POL	M 30-39	124	M 332	00:32:35	00:45:21	00:51:43.00	00:52:35.55	5:10	11.6
334	CZAPSKI MICHAŁ	124	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 30-39	125	M 333	00:32:38	00:45:31	00:51:43.80	00:52:19.30	5:10	11.6
335	STOKOWSKI PAWEŁ	985		WARSZAWA	POL	M 30-39	126	M 334	00:32:59	00:45:25	00:51:44.70	00:52:13.80	5:10	11.6
336	WALECKI ROMUALD	959	KLUB SAMICY NOSOROŻCA	WARSZAWA	POL	M 40-49	133	M 335	00:32:32	00:45:41	00:51:44.80	00:51:51.45	5:10	11.6
337	MARCZEWSKI MARCIN	499	RESILIA BEMOWO	WARSZAWA	POL	M 40-49	134	M 336	00:32:59	00:45:54	00:51:47.45	00:52:41.25	5:10	11.6
338	GRYCNER PAWEŁ	230	SHAKALAKA BOOM BOOM	WARSZAWA	POL	M 30-39	127	M 337	00:33:29	00:45:55	00:51:52.10	00:52:48.10	5:11	11.6
339	FILIPCZUK DARIUSZ	169		ZIELONKA	POL	M 50-59	18	M 338	00:32:49	00:45:33	00:51:53.50	00:52:33.40	5:11	11.6
340	CHOTOMSKI MARCIN	99		LEGIONOWO	POL	M 30-39	128	M 339	00:33:18	00:45:48	00:51:54.40	00:52:01.35	5:11	11.6
341	BEŁOWSKI LESZEK	34	CHEMIK NOXY PUŁAWY	PULAWY	POL	M 60+	9	M 340	00:33:09	00:45:42	00:51:54.45	00:52:59.80	5:11	11.6
342	CHĘC TOMASZ	89		WARSZAWA	POL	M 30-39	129	M 341	00:33:51	00:46:08	00:51:56.85	00:53:06.20	5:11	11.5
343	SŁOMKA BOGUMIŁ	720		WARSZAWA	POL	M 40-49	135	M 342	00:33:09	00:45:51	00:52:04.65	00:53:18.30	5:12	11.5
344	STRZAŁEK ANDRZEJ	752	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M 50-59	19	M 343	00:33:13	00:45:55	00:52:09.05	00:52:58.00	5:13	11.5
345	PANASZEWSKI PRZEMYSŁAW	597		KOSZALIN	POL	M 1-29	53	M 344	00:33:51	00:46:13	00:52:11.65	00:53:17.65	5:13	11.5
346	SZOPA SŁAWOMIR	780		WARSZAWA	POL	M 40-49	136	M 345	00:33:12	00:45:58	00:52:13.05	00:53:07.85	5:13	11.5
347	LISZEWSKI KRZYSZTOF	452	RUN TEAM NASIELSK	WARSZAWA	POL	M 40-49	137	M 346	00:33:05	00:45:31	00:52:21.25	00:53:09.50	5:14	11.5
348	FLORYSIAK ARTUR	175		WARSZAWA	POL	M 40-49	138	M 347	00:34:08	00:46:31	00:52:25.05	00:53:28.65	5:14	11.4
349	CIEPLAK ANDRZEJ	106		WARSZAWA	POL	M 40-49	139	M 348	00:34:40	00:46:48	00:52:28.05	00:54:02.15	5:14	11.4
350	JASIŃSKI ADAM	283		ZĄBKI	POL	M 30-39	130	M 349	00:34:06	00:46:28	00:52:29.20	00:53:29.55	5:14	11.4
351	WANOWSKI ANDRZEJ	832	ROZBIEGAMY NOWY DWÓR	NOWY DWÓR MAZOWIECKI	POL	M 60+	10	M 350	00:33:27	00:46:01	00:52:29.40	00:53:26.50	5:14	11.4
352	FIJAŁEK KAMIL	168		WARSZAWA	POL	M 30-39	131	M 351	00:33:26	00:46:12	00:52:32.00	00:53:44.30	5:15	11.4

**BIEG PRZEZ MOST 2019, M Odcinek specjalny c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
353	SZCZEPAŃSKI MARCIN	771	WATAHA-WARSZAWA	PIASECZNO	POL	M 30-39	132	M 352	00:33:31	00:46:21	00:52:32.60	00:53:21.15	5:15	11.4
354	ANTOSIK PIOTR	9	WARSZAWA	WARSZAWA	POL	M 40-49	140	M 353	00:34:35	00:46:55	00:52:35.20	00:54:03.65	5:15	11.4
355	CHRZANOWSKI WOJCIECH	102	CJHRZANOWSKITEAM	WARSZAWA	POL	M 30-39	133	M 354	00:33:39	00:46:22	00:52:36.80	00:53:53.20	5:15	11.4
356	SOPELEWSKI SEBASTIAN	731	WARSZAWA	WARSZAWA	POL	M 30-39	134	M 355	00:33:46	00:46:41	00:52:37.20	00:53:28.20	5:15	11.4
357	MARUSZAK ŁUKASZ	504	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 30-39	135	M 356	00:34:08	00:46:45	00:52:39.70	00:53:22.60	5:16	11.4
358	POLAK MICHAŁ	629	WARSZAWA	WARSZAWA	POL	M 30-39	136	M 357	00:33:48	00:46:40	00:52:44.65	00:53:31.40	5:16	11.4
359	KAMIŃSKI WIESŁAW	324	NASIELSK BASZTA TEAM	WARSZAWA	POL	M 50-59	20	M 358	00:35:38	00:47:02	00:52:50.80	00:54:16.65	5:17	11.4
360	ZAJDA DOMINIK	883	WARSZAWA	WARSZAWA	POL	M 1-29	54	M 359	00:33:09	00:46:35	00:52:51.90	00:53:13.25	5:17	11.3
361	MATUSIAK KAROL	943	BDG	WARSZAWA	POL	M 1-29	55	M 360	00:33:39	00:46:48	00:52:52.45	00:54:12.40	5:17	11.3
362	ŁABA PIOTR	455	ZIELONKA	ZIELONKA	POL	M 40-49	141	M 361	00:33:35	00:46:31	00:52:53.35	00:53:45.90	5:17	11.3
363	KRUSZEWSKI PIOTR	412	ZIELONKA	ZIELONKA	POL	M 40-49	142	M 362	00:33:35	00:46:31	00:52:53.80	00:53:45.80	5:17	11.3
364	ZIOŁO GRZEGORZ	946	WARSZAWA	WARSZAWA	POL	M 1-29	56	M 363	00:33:39	00:46:48	00:52:53.95	00:54:13.10	5:17	11.3
365	SZCZYGIEL MICHAŁ	775	STRZYŻÓW	STRZYŻÓW	POL	M 1-29	57	M 364	00:34:18	00:46:51	00:52:59.50	00:55:59.10	5:18	11.3
366	GŁÓWKA RAFAŁ	206	MARKI	MARKI	POL	M 40-49	143	M 365	00:33:08	00:46:20	00:52:59.65	00:53:23.75	5:17	11.3
367	MENDREK IRENEUSZ	517	TURBODZIKI	WARSZAWA	POL	M 30-39	137	M 366	00:34:44	00:46:54	00:52:59.85	00:54:12.40	5:18	11.3
368	ZIELINSKI KRZYSZTOF	905	HIKINGTOURS.PL	WARSZAWA	POL	M 40-49	144	M 367	00:34:23	00:46:59	00:53:05.75	00:54:55.00	5:18	11.3
369	WASILEWSKI GRZEGORZ	837	RUN TEAM NASIELSK	PŁONSK	POL	M 30-39	138	M 368	00:34:25	00:47:06	00:53:17.15	00:53:51.25	5:19	11.3
370	KUCZYŃSKI IGOR	421	APTEKARZ WARSZAWSKI	WARSZAWA	POL	M 40-49	145	M 369	00:33:58	00:46:55	00:53:17.75	00:54:11.95	5:19	11.3
371	SZTRANTOWICZ PIOTR	783	WARSZAWA	WARSZAWA	POL	M 40-49	146	M 370	00:33:53	00:46:59	00:53:20.75	00:54:21.55	5:20	11.2
372	BARTECKI TOMASZ	967	WROCŁAW	WROCŁAW	POL	M 30-39	139	M 371	00:34:39	00:47:15	00:53:20.85	00:54:30.50	5:20	11.2
373	WASIAK BARTOSZ	834	WARSZAWA	WARSZAWA	POL	M 30-39	140	M 372	00:34:30	00:47:20	00:53:29.05	00:54:47.95	5:20	11.2
374	CHMIELECKI TOMASZ	91	LOTAMS TEAM	PIASTÓW	POL	M 40-49	147	M 373	00:33:41	00:47:07	00:53:30.85	00:54:19.70	5:21	11.2
375	KARCZEWSKI JACEK	330	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 40-49	148	M 374	00:34:55	00:47:26	00:53:31.30	00:54:53.70	5:21	11.2
376	KRZYWIEC PRZEMYSŁAW	417	FALENTY	FALENTY	POL	M 30-39	141	M 375	00:35:01	00:47:31	00:53:32.05	00:54:31.95	5:21	11.2
377	GARBACZEWSKI ZBIGNIEW	189	GRUPA BIEGOWA UM W-WA	JABŁONNA	POL	M 40-49	149	M 376	00:33:02	00:46:38	00:53:38.85	00:54:38.50	5:21	11.2
378	KLEPACKI PAWEŁ	349	WARSZAWA	WARSZAWA	POL	M 30-39	142	M 377	00:33:42	00:47:09	00:53:43.45	00:53:55.90	5:22	11.2
379	ROJEK HUBERT	666	LESZCZYDÓŁ NOWINY	LESZCZYDÓŁ NOWINY	POL	M 1-29	58	M 378	00:35:37	00:48:05	00:53:49.90	00:55:00.80	5:23	11.1
380	TRATKIEWICZ MAREK	813	WARSZAWA	WARSZAWA	POL	M 40-49	150	M 379	00:34:37	00:47:38	00:53:50.35	00:54:26.85	5:23	11.1
381	SULICH MATEUSZ	761	LEGIONOWO	LEGIONOWO	POL	M 1-29	59	M 380	00:35:04	00:47:38	00:53:50.75	00:54:49.10	5:23	11.1
382	ADAMKIEWICZ MARCIN	961	INICJATYWA MIESZKANCÓW BIAŁOLEKI	WARSZAWA	POL	M 30-39	143	M 381	00:33:08	00:47:08	00:53:51.75	00:54:04.40	5:23	11.1
383	KLUJ BOGUSŁAW	354	BIEGNĘ DLA SANDRY I ROBERTA	ZAKRĘT	POL	M 60+	11	M 382	00:34:43	00:47:37	00:53:56.15	00:54:56.05	5:23	11.1
384	PIOTROWSKI JAN	624	WARSZAWA	WARSZAWA	POL	M 30-39	144	M 383	00:34:24	00:47:17	00:53:57.50	00:56:03.00	5:23	11.1
385	SYPIŃIEWSKI PIOTR	770	TKKF BŁYSKAWICA	WARSZAWA	POL	M 40-49	151	M 384	00:34:58	00:47:34	00:53:58.75	00:55:05.75	5:23	11.1
386	WŁÓDEK RAFAŁ	863	WARSZAWA	WARSZAWA	POL	M 30-39	145	M 385	00:34:20	00:47:36	00:54:00.60	00:55:21.75	5:24	11.1
387	MARCZAK MARCIN	498	WARSZAWA	WARSZAWA	POL	M 30-39	146	M 386	00:34:54	00:47:58	00:54:03.70	00:55:35.10	5:24	11.1
388	MITURA GRZEGORZ	537	WARSZAWA	WARSZAWA	POL	M 30-39	147	M 387	00:34:30	00:47:44	00:54:05.10	00:54:57.45	5:24	11.1
389	MOCZYDŁOWSKI ŁUKASZ	540	MASTERS DOJO	WARSZAWA	POL	M 40-49	152	M 388	00:35:08	00:47:57	00:54:08.55	00:55:19.75	5:24	11.1
390	CIESIELSKI RAFAŁ	109	WOJEWÓDZCY TEAM	WARSZAWA	POL	M 40-49	153	M 389	00:34:58	00:47:46	00:54:14.25	00:55:19.75	5:25	11.1
391	KOSTRUBIEC GRZEGORZ	381	WARSZAWA	WARSZAWA	POL	M 30-39	148	M 390	00:34:34	00:47:47	00:54:16.45	00:54:28.00	5:25	11.1
392	KORNESZCZUK WOJCIECH	374	STASI LAS	STASI LAS	POL	M 30-39	149	M 391	00:35:08	00:48:23	00:54:17.20	00:55:31.65	5:25	11.1
393	CHOJNOWSKI ANDRZEJ	96	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 40-49	154	M 392	00:34:30	00:47:50	00:54:18.65	00:55:21.35	5:25	11
394	STACHACZ MIROSŁAW	736	ZPHU DREWMAX	OSTROŁĘKA	POL	M 50-59	21	M 393	00:33:54	00:47:30	00:54:19.30	00:55:28.50	5:25	11
395	ŚWIERSZCZ ANDRZEJ	797	WARSZAWA	WARSZAWA	POL	M 50-59	22	M 394	00:34:54	00:47:58	00:54:20.90	00:55:35.20	5:26	11
396	LEBIODA TOMASZ	437	WARSZAWA	WARSZAWA	POL	M 1-29	60	M 395	00:33:42	00:47:40	00:54:21.55	00:54:52.20	5:26	11
397	TUCZYŃSKI ROBERT	816	ORT ŁOMIANKI	ŁOMIANKI	POL	M 40-49	155	M 396	00:34:42	00:47:58	00:54:27.20	00:55:23.60	5:26	11
398	GROCHOWSKI PAWEŁ	227	PZU SPORT TEAM	WARSZAWA	POL	M 30-39	150	M 397	00:34:52	00:48:16	00:54:28.45	00:55:37.55	5:26	11
399	JABŁONKA RADOŚLAW	258	DZIADY OCR	WYSZKÓW	POL	M 40-49	156	M 398	00:34:31	00:48:07	00:54:35.05	00:55:31.35	5:27	11
400	GOLONKA PATRYK	937	MASTERS DOJO	WARSZAWA	POL	M 1-29	61	M 399	00:36:10	00:49:16	00:54:36.25	00:55:47.75	5:27	11
401	MATUSZEWSKI PAWEŁ	510	NOWY DWÓR MAZOWIECKI	NOWY DWÓR MAZOWIECKI	POL	M 30-39	151	M 400	00:35:07	00:48:21	00:54:39.15	00:55:37.50	5:27	11
402	BORUSZEWSKI MACIEJ	67	WARSZAWA	WARSZAWA	POL	M 40-49	157	M 401	00:35:08	00:48:21	00:54:42.70	00:55:38.00	5:28	11
403	ZAKRZEWSKI MAREK	884	EKOBIEGI	WARSZAWA	POL	M 40-49	158	M 402	00:35:04	00:47:57	00:54:43.75	00:55:45.05	5:28	11
404	JARMUŻEWSKI ADAM	279	TIA	WARSZAWA	POL	M 40-49	159	M 403	00:35:15	00:48:13	00:54:44.25	00:56:11.65	5:28	11
405	KARWOWSKI MARIUSZ	332	GRUPA BIEGOWA UM W-WA	CHOTOMÓW	POL	M 40-49	160	M 404	00:36:03	00:48:42	00:54:44.80	00:56:17.75	5:28	11
406	MAMLA ZBIGNIEW	493	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M 40-49	161	M 405	00:35:01	00:48:02	00:54:46.05	00:55:47.15	5:28	11
407	MIANOWSKI MARCIN	519	OTWOCK	OTWOCK	POL	M 40-49	162	M 406	00:32:40	00:47:38	00:54:47.60	00:54:56.70	5:28	11
408	NOWACKI JULIAN	938	TO NATURALNE	WARSZAWA	POL	M 60+	12	M 407	00:35:03	00:48:14	00:54:50.50	00:55:09.70	5:29	10.9
409	BAKUŁA WIESŁAW	14	WAMPIR	KADZIDŁO	POL	M 50-59	23	M 408	00:34:16	00:48:02	00:54:53.90	00:55:20.30	5:29	10.9

**BIEG PRZEZ MOST 2019, M Odcinek specjalny c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
410	NOWAK JERZY	565	PWPW	WA-WA	POL	M 40-49	163	M 409	00:35:33	00:48:23	00:54:53.95	00:56:33.40	5:29	10.9
411	KORLAK ŁUKASZ	371		WARSZAWA	POL	M 30-39	152	M 410	00:35:56	00:48:58	00:54:54.80	00:56:06.05	5:29	10.9
412	SULIŃSKI SŁAWOMIR	763		WARSZAWA	POL	M 40-49	164	M 411	00:35:25	00:48:33	00:54:57.40	00:56:25.40	5:29	10.9
413	ANIŁKOWSKI KRZYSZTOF	8	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 30-39	153	M 412	00:35:55	00:48:56	00:55:00.25	00:56:16.30	5:30	10.9
414	KĄZMIERSKI ADRIAN	336		WOŁOMIN	POL	M 30-39	154	M 413	00:35:33	00:48:39	00:55:01.25	00:56:21.50	5:30	10.9
415	JANKOWSKI MICHAŁ	942		WARSZAWA	POL	M 40-49	165	M 414	00:34:21	00:48:13	00:55:02.05	00:55:56.90	5:30	10.9
416	MODRZEJEWSKI ZBIGNIEW	541		LEGIONOWO	POL	M 50-59	24	M 415	00:35:11	00:48:36	00:55:04.55	00:55:32.50	5:30	10.9
417	ZYGADŁO PIOTR	911		WARSZAWA	POL	M 30-39	155	M 416	00:35:39	00:48:41	00:55:04.65	00:55:23.60	5:30	10.9
418	JANKOWSKI MARCIN	975	ANPHARM RUN TEAM	WARSZAWA	POL	M 30-39	156	M 417	00:35:25	00:48:47	00:55:05.00	00:57:15.90	5:30	10.9
419	IDZIAK JAROSŁAW	921		WARSZAWA	POL	M 30-39	157	M 418	00:31:20	00:45:08	00:55:05.45	00:55:41.15	5:30	10.9
420	KRÓLAK PAWEŁ	404		WARSZAWA	POL	M 30-39	158	M 419	00:35:04	00:48:27	00:55:06.75	00:56:30.85	5:30	10.9
421	KUBASIEWICZ ARTUR	418	SAM	WARSZAWA	POL	M 50-59	25	M 420	00:35:44	00:48:48	00:55:09.35	00:56:38.45	5:30	10.9
422	WIĘCH ANDRZEJ	849		WARSZAWA	POL	M 40-49	166	M 421	00:35:00	00:48:26	00:55:11.00	00:56:17.40	5:31	10.9
423	ADAMSKI SZYMON	3		WARSZAWA	POL	M 1-29	62	M 422	00:36:48	00:49:17	00:55:20.55	00:56:55.00	5:32	10.8
424	DANIELSKI JACEK	132	PZU SPORT TEAM	WARSZAWA	POL	M 40-49	167	M 423	00:35:35	00:48:59	00:55:21.25	00:56:31.60	5:32	10.8
425	CZAJKOWSKI MARIUSZ	121		MYSIADŁO	POL	M 40-49	168	M 424	00:35:03	00:48:44	00:55:22.55	00:57:31.75	5:32	10.8
426	KOWALCZYK ZDZISŁAW	968	JW 2189	WARSZAWA	POL	M 40-49	169	M 425	00:35:02	00:48:58	00:55:23.95	00:56:03.95	5:32	10.8
427	RULAK JERZY	986		WARSZAWA	POL	M 30-39	159	M 426	00:35:13	00:48:41	00:55:25.15	00:56:30.00	5:32	10.8
428	BORCZYŃSKI PIOTR	59	MŁODZIEŻOWA RADA M.ST. WARSZAWY	WARSZAWA	POL	M 1-29	63	M 427	00:34:03	00:48:52	00:55:27.35	00:55:32.90	5:32	10.8
429	ZWOLIŃSKI GRZEGORZ	909	REEBOK RUN CREW	WARSZAWA	POL	M 40-49	170	M 428	00:36:26	00:49:23	00:55:31.35	00:56:47.10	5:33	10.8
430	NIEDBAŁKA MARCIN	557		JÓZEFÓW	POL	M 30-39	160	M 429	00:35:05	00:48:59	00:55:34.35	00:57:09.55	5:33	10.8
431	SULIŃSKI ANDRZEJ	762		WARSZAWA	POL	M 40-49	171	M 430	00:35:32	00:49:02	00:55:37.80	00:57:07.10	5:33	10.8
432	SYLWESTRZUK MARIUSZ	769		KOBYŁKA	POL	M 50-59	26	M 431	00:35:14	00:48:57	00:55:39.25	00:57:04.35	5:33	10.8
433	BUTKIEWICZ DARIUSZ	86		WARSZAWA	POL	M 40-49	172	M 432	00:34:57	00:48:55	00:55:41.45	00:57:06.10	5:34	10.8
434	SZLACHTA WIESŁAW	776		WARSZAWA	POL	M 40-49	173	M 433	00:34:57	00:48:47	00:55:45.15	00:56:18.75	5:34	10.8
435	GMYREK ROBERT	207		WARSZAWA	POL	M 30-39	161	M 434	00:35:04	00:48:59	00:55:45.60	00:56:59.90	5:34	10.8
436	STANKIEWICZ MACIEJ	739	AMI & AURI RUNNERS CLUB	WARSZAWA	POL	M 30-39	162	M 435	00:36:59	00:49:35	00:55:46.20	00:57:10.25	5:34	10.8
437	BARNIK RAFAŁ	977		WARSZAWA	POL	M 40-49	174	M 436	00:35:10	00:48:55	00:55:47.40	00:56:13.70	5:34	10.8
438	BARTOSZEWSKI DANIEL	23		GÓRA KALWARIA	POL	M 1-29	64	M 437	00:35:33	00:49:21	00:55:48.60	00:56:33.40	5:34	10.7
439	PĘDZICH PRZEMYSŁAW	614		WARSZAWA	POL	M 30-39	163	M 438	00:33:38	00:48:19	00:55:51.30	00:56:49.80	5:35	10.7
440	KONOPACKI MACIEJ	365	JESTES ZWYCIĘZCĄ-CHRZĄSZCZYŻESZOWICE	WARSZAWA	POL	M 30-39	164	M 439	00:35:42	00:49:28	00:55:52.05	00:56:58.95	5:35	10.7
441	MAZUR MICHAŁ	514		WARSZAWA	POL	M 30-39	165	M 440	00:36:36	00:49:35	00:55:55.30	00:56:46.60	5:35	10.7
442	KARBOWNIK JAKUB	329		WARSZAWA	POL	M 30-39	166	M 441	00:35:33	00:48:55	00:55:55.70	00:57:30.50	5:35	10.7
443	FEDEROWICZ ŁUKASZ	166		ZGIERZ	POL	M 30-39	167	M 442	00:35:56	00:49:34	00:55:58.25	00:57:10.05	5:35	10.7
444	GRABOWSKI ŁUKASZ	219		WARSZAWA	POL	M 30-39	168	M 443	00:34:49	00:48:51	00:56:02.30	00:56:57.80	5:36	10.7
445	ŚWIST MICHAŁ	801		WARSZAWA	POL	M 30-39	169	M 444	00:36:00	00:49:22	00:56:04.05	00:57:17.20	5:36	10.7
446	MAZUŚ JAREK	515		WARSZAWA	POL	M 40-49	175	M 445	00:35:52	00:49:31	00:56:13.20	00:57:48.05	5:37	10.7
447	MATUSEWICZ KRZYSZTOF	509		WARSZAWA	POL	M 40-49	176	M 446	00:35:45	00:49:29	00:56:13.35	00:57:18.10	5:37	10.7
448	PRASAL ARTUR	632	REEBOKRUNCREW LDZ	ŁÓDŹ	POL	M 40-49	177	M 447	00:39:48	00:50:43	00:56:23.20	00:57:31.45	5:38	10.6
449	GAJEWICZ ARKADIUSZ	184		JABŁONNA	POL	M 30-39	170	M 448	00:35:57	00:49:34	00:56:26.35	00:57:53.15	5:38	10.6
450	GLAZER MARCIN	203	PKO BANK POLSKI	WARSZAWA	POL	M 30-39	171	M 449	00:38:20	00:50:42	00:56:31.15	00:58:27.00	5:39	10.6
451	BUKOWSKI JANUSZ	999	STOWARZYSZENIE DAĆ SIEBIE INNYM	WARSZAWA	POL	M 60+	13	M 450	00:35:54	00:49:43	00:56:33.60	00:56:37.25	5:39	10.6
452	KACZOREK ROBERT	318		WARSZAWA	POL	M 60+	14	M 451	00:35:58	00:49:42	00:56:34.45	00:56:57.15	5:39	10.6
453	ŁOBODA PIOTR	465		WAŁCZ	POL	M 40-49	178	M 452	00:35:46	00:49:52	00:56:38.65	00:57:42.05	5:39	10.6
454	THOMAS SZCZEPAN	806	WARSZAWSKA AKADEMIA KARATE TRADYCYJNEGO	WARSZAWA	POL	M 50-59	27	M 453	00:35:49	00:49:35	00:56:40.10	00:57:34.25	5:40	10.6
455	KRÓL WOJCIECH	403		WARSZAWA	POL	M 1-29	65	M 454	00:37:41	00:50:52	00:56:44.25	00:58:16.00	5:40	10.6
456	KAMIŃSKI MACIEJ	325		WARSZAWA	POL	M 30-39	172	M 455	00:36:24	00:50:05	00:56:58.40	00:59:03.70	5:41	10.5
457	JANISZEWSKI JAN	268		NIDZICA	POL	M 60+	15	M 456	00:36:27	00:50:06	00:57:01.70	00:57:26.85	5:42	10.5
458	ŁABĘDA STANISŁAW	456	NASIELSK BASZTA TEAM	WARSZAWA	POL	M 40-49	179	M 457	00:36:37	00:50:24	00:57:07.80	00:58:33.40	5:42	10.5
459	ZDUŃSKI JAROSŁAW	900		WARSZAWA	POL	M 50-59	28	M 458	00:35:41	00:50:10	00:57:08.85	00:58:25.45	5:42	10.5
460	NOSARZEWSKI MARIUSZ	562		TRZCIANY	POL	M 40-49	180	M 459	00:35:54	00:50:05	00:57:11.65	00:58:20.40	5:43	10.5
461	JÓZWIK ROBERT	298	HARX TEAM	WARSZAWA	POL	M 40-49	181	M 460	00:37:03	00:50:29	00:57:11.65	00:57:32.50	5:43	10.5
462	TADRAŁA TOMEK	803		WARSZAWA	POL	M 30-39	173	M 461	00:36:23	00:50:10	00:57:12.25	00:59:07.55	5:43	10.5
463	KUMALA SEBASTIAN	425		BEDKOWICE	POL	M 30-39	174	M 462	00:35:36	00:49:55	00:57:13.65	00:57:26.25	5:43	10.5

**BIEG PRZEZ MOST 2019, M Odcinek specjalny c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
464	PUCHACZ PRZEMYSŁAW	647		WARSZAWA	POL	M 30-39	175	M 463	00:34:42	00:49:52	00:57:14.80	00:57:46.65	5:43	10.5
465	MARCINKIEWICZ TYMEK	497		WARSZAWA	POL	M 1-29	66	M 464	00:36:07	00:50:44	00:57:18.30	00:58:31.00	5:43	10.5
466	GROCHOWSKI PIOTR	226		WARSZAWA	POL	M 40-49	182	M 465	00:37:15	00:50:38	00:57:19.80	00:59:02.45	5:44	10.5
467	MATAK MARIUSZ	506		WARSZAWA	POL	M 30-39	176	M 466	00:35:49	00:50:35	00:57:22.50	00:58:52.05	5:44	10.5
468	MUCHA GRZEGORZ	549		WARSZAWA	POL	M 60+	16	M 467	00:36:20	00:50:22	00:57:22.65	00:57:59.05	5:44	10.5
469	BEDNARZAK TADEUSZ	33	YULO RUN TEAM SIEDLCE	SIEDLCE	POL	M 60+	17	M 468	00:36:23	00:50:31	00:57:28.25	00:58:33.10	5:44	10.4
470	MROZIŃSKI MARCIN	546		WARSZAWA	POL	M 30-39	177	M 469	00:37:16	00:50:54	00:57:34.95	00:59:03.85	5:45	10.4
471	MALER WŁADYSŁAW	487	REEBOK RUN CREW	WARSZAWA	POL	M 60+	18	M 470	00:36:55	00:50:41	00:57:36.35	00:58:54.10	5:45	10.4
472	PYCKA MARCIN	927	BIEGAJĄCY ŚWIDNIK	ŚWIDNIK	POL	M 30-39	178	M 471	00:37:01	00:50:59	00:57:39.55	00:59:06.85	5:45	10.4
473	SANDOMIERSKI BARTŁOMIJ	693	WKURW_TEAM	MARKI	POL	M 1-29	67	M 472	00:37:22	00:50:59	00:57:44.15	00:59:05.95	5:46	10.4
474	BORKOWSKI PAWEŁ	61	EKOBIEGI	WARSZAWA	POL	M 40-49	183	M 473	00:38:09	00:51:22	00:57:44.15	00:59:27.95	5:46	10.4
475	WODZYŃSKI ROBERT	866	EKOBIEGI	WARSZAWA	POL	M 40-49	184	M 474	00:37:09	00:51:09	00:57:48.60	00:59:30.70	5:46	10.4
476	BIENIAS ARKADIUSZ	42		WARSZAWA	POL	M 30-39	179	M 475	00:37:49	00:51:14	00:57:52.50	00:58:09.25	5:47	10.4
477	RODZOŚ BARTOSZ	661		WARSZAWA	POL	M 30-39	180	M 476	00:37:36	00:51:22	00:57:56.90	00:59:01.35	5:47	10.4
478	ZASŁONKA PAWEŁ	893		WARSZAWA	POL	M 30-39	181	M 477	00:37:02	00:51:09	00:57:59.95	00:58:26.05	5:48	10.3
479	ŚWIEŻĄCZYŃSKI PIOTR	799		KOMORÓW	POL	M 30-39	182	M 478	00:38:08	00:51:24	00:58:01.15	00:59:49.35	5:48	10.3
480	PTAK KRZYSZTOF	645		WARSZAWA	POL	M 40-49	185	M 479	00:36:26	00:50:59	00:58:02.70	00:58:38.60	5:48	10.3
481	ZIELIŃSKI TOMASZ	1015	POLSKIE STOW. SPORTU PO TRANSPANTACJI	KONSTANCIN-JEZIORNA	POL	M 40-49	186	M 480	00:36:58	00:51:09	00:58:03.50	00:59:48.20	5:48	10.3
482	MIAZGA KRZYSZTOF	520		MARKI	POL	M 30-39	183	M 481	00:38:09	00:51:28	00:58:05.10	00:59:53.90	5:48	10.3
483	CZUPA BARTOSZ	976	ANPHARM RUN TEAM	WARSZAWA	POL	M 40-49	187	M 482	00:36:37	00:50:45	00:58:08.50	01:00:15.65	5:48	10.3
484	CYRNY RAFAŁ	117		WARSZAWA	POL	M 40-49	188	M 483	00:36:34	00:51:18	00:58:20.40	00:59:44.45	5:50	10.3
485	ZANIEWICZ ANDRZEJ	888	PARTNER	ŁUKÓW	POL	M 30-39	184	M 484	00:38:32	00:52:09	00:58:21.05	00:59:49.20	5:50	10.3
486	NAWROCKI RYSZARD	556		WARSZAWA	POL	M 40-49	189	M 485	00:36:34	00:51:07	00:58:22.50	00:59:34.30	5:50	10.3
487	ŁAPICZ FILIP	458		WARSZAWA	POL	M 1-29	68	M 486	00:38:46	00:52:05	00:58:22.60	00:58:33.70	5:50	10.3
488	ORŁOWSKI KACPER	584		WARSZAWA	POL	M 1-29	69	M 487	00:36:33	00:51:17	00:58:25.00	00:59:46.30	5:50	10.3
489	BOGUSZEWSKI PIOTR	988		WARSZAWA	POL	M 30-39	185	M 488	00:38:50	00:51:55	00:58:33.35	01:01:07.15	5:51	10.2
490	WILEŃSKI BARTOSZ	990		WARSZAWA	POL	M 1-29	70	M 489	00:37:37	00:51:38	00:58:38.40	01:00:11.35	5:51	10.2
491	DZIEKONSKI JACEK	159		KONSTANCIN JEZIORNA	POL	M 60+	19	M 490	00:36:27	00:51:11	00:58:41.40	01:00:07.90	5:52	10.2
492	ŁOZOWSKI ROBERT	467		WARSZAWA	POL	M 40-49	190	M 491	00:37:37	00:51:53	00:58:48.30	00:59:57.80	5:52	10.2
493	KOZŁOWSKI ŁUKASZ	398	#BBKTS	ŻYRARDÓW	POL	M 30-39	186	M 492	00:38:25	00:52:21	00:58:50.55	01:00:35.50	5:53	10.2
494	GRABOWSKI JERZY	220	NIEZRZESZONY	WARSZAWA	POL	M 60+	20	M 493	00:36:49	00:51:28	00:58:51.60	01:00:05.00	5:53	10.2
495	PĘCAK KAMIL	613	LUBIĘ PIZZĘ	LUBLIN	POL	M 1-29	71	M 494	00:37:13	00:52:02	00:59:01.35	01:00:11.05	5:54	10.2
496	PIETRAK WOJCIECH	618	WEBLOVERS	WARSZAWA	POL	M 30-39	187	M 495	00:38:30	00:52:38	00:59:07.05	01:00:42.60	5:54	10.1
497	GRYCNER PIOTR	231		STAROGARD GDAŃSKI	POL	M 60+	21	M 496	00:38:18	00:52:18	00:59:07.50	01:01:02.60	5:54	10.1
498	JACHOWSKI PAWEŁ	260		WARSZAWA	POL	M 40-49	191	M 497	00:37:13	00:52:09	00:59:09.30	01:00:20.20	5:55	10.1
499	GRACZ JAKUB	221		WARSZAWA	POL	M 30-39	188	M 498	00:38:13	00:52:17	00:59:11.45	01:01:10.40	5:55	10.1
500	STYCZYŃSKI GRZEGORZ	755		WARSZAWA	POL	M 30-39	189	M 499	00:39:11	00:52:31	00:59:12.50	01:00:58.75	5:55	10.1
501	ROKICKI ALEKSANDER	667		WARSZAWA	POL	M 40-49	192	M 500	00:39:11	00:52:31	00:59:12.55	01:00:58.60	5:55	10.1
502	NOWAK JANUSZ	563		WARSZAWA	POL	M 30-39	190	M 501	00:37:46	00:52:19	00:59:13.20	01:00:27.15	5:55	10.1
503	FILIPOWICZ MACIEJ	172		WARSZAWA	POL	M 40-49	193	M 502			00:59:14.00	01:00:19.00	5:55	10.1
504	ROSA MATEUSZ	669		WARSZAWA	POL	M 1-29	72	M 503	00:38:17	00:52:21	00:59:17.75	01:01:12.20	5:55	10.1
505	RUMIANEK MARCIN	677	FB.COM/RUMIANEK	WARSZAWA	POL	M 30-39	191	M 504	00:37:09	00:52:19	00:59:22.10	01:00:16.50	5:56	10.1
506	GAWŁOWSKI ADAM	192		WARSZAWA	POL	M 30-39	192	M 505	00:37:21	00:52:15	00:59:22.90	01:00:12.90	5:56	10.1
507	PIĘTKA MARCIN	620	GKS FENIX SIENNICA	WARSZAWA	POL	M 30-39	193	M 506	00:38:36	00:52:48	00:59:29.40	01:00:54.65	5:56	10.1
508	KAMIŃSKI MARIUSZ	979		WARSZAWA	POL	M 30-39	194	M 507	00:38:17	00:52:20	00:59:35.35	01:01:29.80	5:57	10.1
509	WOŻNIAK MATEUSZ	876		WARSZAWA	POL	M 30-39	195	M 508	00:37:38	00:52:13	00:59:39.15	01:00:47.75	5:57	10.1
510	BIERNACKI ADAM	44		ŁÓDŹ	POL	M 60+	22	M 509	00:38:36	00:52:42	00:59:40.50	01:01:11.15	5:58	10.1
511	KOSTKA GRZEGORZ	380	BIEGIEM Z GREGIEM	WARSZAWA	POL	M 30-39	196	M 510	00:37:46	00:52:32	00:59:42.35	01:01:26.00	5:58	10
512	GŁODNY HUBERT	204		WARSZAWA	POL	M 40-49	194	M 511	00:38:07	00:52:49	00:59:45.10	01:01:09.50	5:58	10
513	TOCHOWICZ PAWEŁ	808		WARSZAWA	POL	M 40-49	195	M 512	00:37:39	00:52:27	00:59:51.55	01:01:03.65	5:59	10
514	PIOTROWSKI ARKADIUSZ	933	#ARUSBIEGA	WARSZAWA	POL	M 30-39	197	M 513	00:38:32	00:52:52	01:00:02.00	01:00:44.00	6:00	10
515	ARAŻNY ZBIGNIEW	10	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M 40-49	196	M 514	00:38:29	00:52:31	01:00:05.75	01:01:46.75	6:00	10
516	AKSAMITOWSKI ROBERT	6		WARSZAWA	POL	M 40-49	197	M 515	00:38:58	00:53:39	01:00:07.00	01:02:01.90	6:00	10
517	POGORZELSKI KUBA	628		MARKI	POL	M 1-29	73	M 516	00:37:36	00:53:06	01:00:10.85	01:00:24.25	6:01	10
518	DYMEK DARIUSZ	158		WARSZAWA	POL	M 40-49	198	M 517	00:37:44	00:52:53	01:00:15.90	01:01:24.40	6:01	10
519	JOŃCZYK STANISŁAW	297	FUNDACJA WARSZAWSKIE HOSPICIUM DLA DZIECI	LEGIONOWO	POL	M 50-59	29	M 518	00:38:04	00:52:47	01:00:18.90	01:01:35.90	6:01	10

**BIEG PRZEZ MOST 2019, M Odcinek specjalny c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
520	SAFARZYŃSKI ALEKSANDER	689		BŁONIE	POL	M 1-29	74	M 519	00:39:28	00:53:56	01:00:41.75	01:02:35.95	6:04	9.9
521	OLESIAK ARKADIUSZ	578	BIEGAM NA TARCHOMINIE	POLSKA, WARSZAWA	POL	M 40-49	199	M 520	00:38:55	00:53:38	01:00:50.40	01:02:29.85	6:05	9.9
522	ŁUCZAK PIOTR	471	PKO BANK POLSKI SA	WARSZAWA	POL	M 40-49	200	M 521	00:38:27	00:53:35	01:00:52.20	01:01:30.55	6:05	9.9
523	KASKA KRZYSZTOF	333		WARSZAWA	POL	M 30-39	198	M 522	00:40:55	00:54:46	01:00:54.70	01:02:14.75	6:05	9.9
524	JUSZCZAK KAMIL	307		LEGIONOWO	POL	M 1-29	75	M 523	00:40:58	00:54:48	01:00:56.00	01:02:14.40	6:05	9.8
525	PATOLETA MIREK	604		WARSZAWA	POL	M 40-49	201	M 524	00:38:10	00:53:32	01:00:57.40	01:02:08.30	6:05	9.8
526	SURMACZ JACEK	766		WARSZAWA	POL	M 30-39	199	M 525	00:39:08	00:53:42	01:00:58.85	01:03:01.80	6:05	9.8
527	WITZKE ARTUR	858	KAWUCHA	LEGIONOWO	POL	M 30-39	200	M 526	00:39:54	00:54:08	01:00:59.65	01:03:19.05	6:06	9.8
528	PEPŁOŃSKI DAMIAN	609		NOWY DWÓR MAZOWIECKI	POL	M 30-39	201	M 527	00:39:15	00:53:37	01:01:03.10	01:02:30.30	6:06	9.8
529	MAZUR PAWEŁ	513	WOODRUNNERS	WARSZAWA	POL	M 40-49	202	M 528	00:38:48	00:53:35	01:01:04.05	01:02:51.50	6:06	9.8
530	BRZÓZKA KAMIL	77		WARSZAWA	POL	M 40-49	203	M 529	00:39:47	00:54:10	01:01:21.25	01:03:41.35	6:08	9.8
531	SIKORSKI PAWEŁ	708	GAMMA	WARSZAWA	POL	M 30-39	202	M 530	00:38:59	00:53:57	01:01:22.35	01:03:13.40	6:08	9.8
532	GLASSER MAREK	202		WARSZAWA	POL	M 60+	23	M 531	00:38:46	00:53:57	01:01:41.55	01:03:16.60	6:10	9.7
533	MORAWSKI PATRYK	543		WARSZAWA	POL	M 1-29	76	M 532	00:39:19	00:54:24	01:02:00.65	01:03:20.90	6:12	9.7
534	KOWALSKI WIESŁAW	392		WARSZAWA	POL	M 50-59	30	M 533	00:38:24	00:54:13	01:02:06.20	01:02:09.20	6:12	9.7
535	SZYDŁO PAWEŁ	384		MIĘDZYBORÓW	POL	M 30-39	203	M 534	00:38:32	00:54:02	01:02:11.20	01:02:33.20	6:13	9.6
536	KULISZEWSKI MACIEJ	424		GRODZISK MAZOWIECKI	POL	M 30-39	204	M 535	00:39:28	00:54:41	01:02:28.75	01:03:14.40	6:14	9.6
537	BORUTS MARCIN	68		WARSZAWA	POL	M 30-39	205	M 536	00:39:50	00:55:01	01:02:30.70	01:03:59.45	6:15	9.6
538	KRZECZEWSKI JACEK	416		WARSZAWA	POL	M 50-59	31	M 537	00:39:20	00:54:45	01:02:37.05	01:04:25.85	6:15	9.6
539	WĄSOWSKI MICHAŁ	840		WARSZAWA	POL	M 30-39	206	M 538	00:39:44	00:55:23	01:02:37.40	01:03:19.25	6:15	9.6
540	ŁUCAK PIOTR	470	CST RUN TEAM	ŁOCHÓW	POL	M 30-39	207	M 539	00:41:13	00:55:41	01:02:40.00	01:04:12.60	6:16	9.6
541	GREGORCZYK BARTOSZ	224		WARSZAWA	POL	M 30-39	208	M 540	00:39:50	00:55:26	01:02:48.00	01:04:32.35	6:16	9.6
542	GURMIŃSKI ŁUKASZ	239	T-MOBILE	WARSZAWA	POL	M 30-39	209	M 541	00:38:52	00:54:50	01:02:56.55	01:04:38.15	6:17	9.5
543	SZYMCZYŃSKI BŁAŻEJ	956		WARSZAWA	POL	M 30-39	210	M 542	00:39:19	00:55:43	01:03:14.25	01:05:04.15	6:19	9.5
544	ŁYGAS LESZEK	476		WARSZAWA	POL	M 30-39	211	M 543	00:39:18	00:55:23	01:03:16.90	01:05:05.75	6:19	9.5
545	PRASAL KONRAD	633	RYSIOTEAM/INESSPORT.PL	ŁÓDŹ	POL	M 1-29	77	M 544	00:39:51	00:55:30	01:03:16.90	01:04:24.85	6:19	9.5
546	JANICKI MATEUSZ	267	LS WORLD RUN	WARSZAWA	POL	M 1-29	78	M 545	01:03:19.30		01:03:19.30	01:03:19.30	6:19	9.5
547	MIRECKI ZBIGNIEW	535	EKOBIEGI	WARSZAWA	POL	M 60+	24	M 546	00:41:06	00:56:13	01:03:27.20	01:05:11.30	6:20	9.5
548	ZARADKIEWICZ ŁUKASZ	889		WARSZAWA	POL	M 30-39	212	M 547	00:40:52	00:55:54	01:03:36.00	01:05:39.25	6:21	9.4
549	OBREBOWSKI DARIUSZ	952		WARSZAWA	POL	M 30-39	213	M 548	00:40:04	00:55:45	01:03:40.15	01:05:03.55	6:22	9.4
550	KOZAKOW BORYS	957		WARSZAWA	POL	M 60+	25	M 549	00:40:47	00:56:18	01:03:42.15	01:05:04.40	6:22	9.4
551	MACHNACKI MICHAŁ	477	GRUPA BIEGOWA UM W-WA	LEGIONOWO	POL	M 40-49	204	M 550	00:39:48	00:55:34	01:03:43.80	01:05:16.15	6:22	9.4
552	OKSIENIUK MARCIN	575	TURBODZIKI	WOLICA	POL	M 30-39	214	M 551	00:39:30	00:55:45	01:03:48.50	01:05:25.70	6:22	9.4
553	RU CZKA RAFAŁ	675		WARSZAWA	POL	M 1-29	79	M 552	00:38:48	00:55:46	01:03:51.00	01:04:17.00	6:23	9.4
554	JACZYŃSKI RAFAŁ	263		WARSZAWA	POL	M 30-39	215	M 553	00:40:45	00:56:23	01:04:06.50	01:05:55.75	6:24	9.4
555	HELDT GRZEGORZ	248		WARSZAWA	POL	M 30-39	216	M 554	00:39:32	00:55:53	01:04:06.70	01:05:58.25	6:24	9.4
556	GAŁAŻYN GRZEGORZ	188		WARSZAWA	POL	M 40-49	205	M 555	00:40:01	00:56:05	01:04:10.05	01:05:54.85	6:25	9.4
557	DRABIK MICHAŁ	150		WARSZAWA	POL	M 40-49	206	M 556	00:39:45	00:56:01	01:04:13.45	01:05:14.85	6:25	9.3
558	LECH BARTŁOMIEJ	438		SIEDLCE	POL	M 1-29	80	M 557	00:39:48	00:56:20	01:04:17.45	01:06:11.85	6:25	9.3
559	PARTYKA PAWEŁ	600		WARSZAWA	POL	M 40-49	207	M 558	00:40:46	00:56:19	01:04:21.55	01:05:59.85	6:26	9.3
560	JANKOWSKI TOMEK	273		WARSZAWA	POL	M 40-49	208	M 559	00:39:45	00:56:17	01:04:24.75	01:05:32.05	6:26	9.3
561	BANY MICHAŁ	17		WARSZAWA	POL	M 30-39	217	M 560	00:40:35	00:57:04	01:04:25.65	01:05:46.60	6:26	9.3
562	BIELEC BARTŁOMIEJ	41	LEGIA RUN CLUB	WARSZAWA	POL	M 30-39	218	M 561	00:41:19	00:56:55	01:04:37.90	01:06:36.80	6:27	9.3
563	OLESHKO MAKSYM	577		WARSZAWA	POL	M 1-29	81	M 562	00:40:50	00:57:11	01:04:46.40	01:05:05.00	6:28	9.3
564	KACPRZYK MICHAŁ	312		WARSZAWA	POL	M 1-29	82	M 563	00:41:11	00:56:57	01:04:58.30	01:06:33.80	6:29	9.2
565	WASIK PIOTR	836		LEGIONOWO	POL	M 50-59	32	M 564	00:40:56	00:56:08	01:05:06.45	01:06:25.90	6:30	9.2
566	ZARZYCKI PIOTR	892		WARSZAWA	POL	M 30-39	219	M 565	00:42:34	00:58:18	01:05:07.60	01:06:55.50	6:30	9.2
567	MRÓZ SEBASTIAN	547		KOMORÓW	POL	M 40-49	209	M 566	00:42:33	00:58:17	01:05:07.70	01:06:55.10	6:30	9.2
568	ROMANOWSKI PAWEŁ	668	MARKOWI BIEGACZE	MARKI	POL	M 40-49	210	M 567	00:42:02	00:57:36	01:05:10.55	01:06:30.00	6:31	9.2
569	WŁODARCZYK MACIEJ	860		WARSZAWA	POL	M 40-49	211	M 568	00:40:53	00:57:17	01:05:19.45	01:05:57.60	6:31	9.2
570	WILEŃSKI ZBIGNIEW	944	GRUPA BIEGOWA UM W-WA	DĄBROWA CHOTOMOWSKA	POL	M 50-59	33	M 569	00:42:07	00:57:19	01:05:24.90	01:06:58.10	6:32	9.2
571	KRÓLIKOWSKI ARTUR	406		WARSZAWA	POL	M 40-49	212	M 570	00:39:50	00:56:46	01:05:37.25	01:07:39.70	6:33	9.1
572	ŻÓŁCIŃSKI WALDEMAR	913	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 60+	26	M 571	00:40:29	00:57:05	01:05:48.35	01:07:38.05	6:34	9.1
573	PACHOLAK PRZEMYSŁAW	589		WARSZAWA	POL	M 50-59	34	M 572	00:41:01	00:57:38	01:05:50.20	01:07:33.00	6:35	9.1
574	RYDZ ADRIAN	681		PIASECZNO	POL	M 30-39	220	M 573	00:41:39	00:57:55	01:06:03.25	01:07:46.55	6:36	9.1
575	WARDAK PRZEMYSŁAW	833		WARSZAWA	POL	M 30-39	221	M 574	00:42:31	00:58:30	01:06:22.15	01:07:40.50	6:38	9
576	STAŃCZYK GRZEGORZ	741		ZIELONKA	POL	M 50-59	35	M 575	00:41:34	00:58:18	01:06:30.85	01:08:12.80	6:39	9

**BIEG PRZEZ MOST 2019, M Odcinek specjalny c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
577	PRZYBOROWSKI RAFAŁ	640		ŻUROMIN	POL	M 30-39	222	M 576	00:42:37	00:58:34	01:06:39.95	01:07:19.70	6:40	9
578	BOCHENEK SEBASTIAN	50		LEGIONOWO	POL	M 30-39	223	M 577	00:42:09	00:58:05	01:06:43.80	01:08:57.65	6:40	9
579	MATYJASIAK MATEUSZ	511		WARSZAWA	POL	M 1-29	83	M 578	00:42:37	00:59:39	01:06:45.00	01:08:43.60	6:40	9
580	TWARDO KAMIL	820		DĄBROWA CHOTOMOWSKA	POL	M 30-39	224	M 579	00:42:30	00:58:53	01:06:51.30	01:08:47.60	6:41	9
581	KILIŃSKI PIOTR	346		MICHAŁÓW-GRABINA	POL	M 40-49	213	M 580	00:43:08	00:59:14	01:06:51.60	01:08:54.60	6:41	9
582	ŻUCHOWSKI ARTUR	916	MY MIESZKAŃCY LEGIONOWO	LEGIONOWO	POL	M 40-49	214	M 581	00:43:08	00:59:14	01:06:51.90	01:08:54.95	6:41	9
583	SZOSTAKOWSKI JAROSŁAW	1005	BIEGAMY Z OCHOTA	WARSZAWA	POL	M 50-59	36	M 582	00:43:33	00:59:13	01:06:59.25	01:09:04.55	6:41	9
584	JEDYNAK PAWEŁ	291		WARSZAWA	POL	M 30-39	225	M 583	00:42:08	00:59:15	01:07:23.15	01:09:26.15	6:44	8.9
585	BOJKO ALEKSANDER	56		WARSZAWA	POL	M 1-29	84	M 584	00:42:40	00:59:40	01:07:52.55	01:09:50.95	6:47	8.8
586	ŁUCZAK BARTŁOMIEJ	473	KLUB BIEGACZA RTV EURO AGD	JABŁONNA	POL	M 30-39	226	M 585	00:41:46	00:59:28	01:07:59.05	01:09:25.85	6:47	8.8
587	JURECKI MAREK	303		WARSZAWA	POL	M 50-59	37	M 586	00:43:36	01:00:21	01:08:00.55	01:09:55.90	6:48	8.8
588	ŁUKASIEWICZ ROBERT	475	KOKOSZKA36TEAM	WARSZAWA	POL	M 40-49	215	M 587	00:43:25	00:59:53	01:08:19.40	01:10:15.05	6:50	8.8
589	WŁODARCZYK MIROSŁAW	861	I LO UKS KOŚCIUSZKO	WŁODAWA	POL	M 40-49	216	M 588	00:43:55	01:00:42	01:08:55.25	01:10:45.75	6:53	8.7
590	IZDEBSKI BARTŁOMIEJ	256		WARSZAWA	GBR	M 30-39	227	M 589	00:42:20	01:00:11	01:08:58.60	01:10:56.00	6:53	8.7
591	KIELAK JACEK	341		TRUSKAW	POL	M 50-59	38	M 590	00:43:43	01:01:07	01:09:17.65	01:09:34.75	6:55	8.7
592	MALDIS MAREK	486		WARSZAWA	POL	M 60+	27	M 591	00:44:30	01:01:04	01:09:21.40	01:11:19.35	6:56	8.6
593	HULANICKI ANDRZEJ	253	GOGGLE TEAM	WARSZAWA	POL	M 60+	28	M 592	00:44:42	01:01:16	01:09:34.95	01:11:33.05	6:57	8.6
594	KUREK JACEK	429	BIEGAMPO WOLI	WARSZAWA	POL	M 40-49	217	M 593	00:43:38	01:01:10	01:09:38.60	01:11:29.35	6:57	8.6
595	NASKRĘT MARIUSZ	555		RACOT	POL	M 40-49	218	M 594	00:45:23	01:01:52	01:10:05.45	01:12:05.45	7:00	8.6
596	WIZERT JÓZEF	859		WARSZAWA	POL	M 60+	29	M 595	00:44:29	01:01:34	01:10:49.20	01:13:01.30	7:04	8.5
597	KAMIŃSKI MICHAŁ	322		MYSIADŁO	POL	M 40-49	219	M 596	00:44:43	01:01:34	01:10:58.90	01:13:00.85	7:05	8.5
598	KIELISZEK PAWEŁ	343		WARSZAWA	POL	M 30-39	228	M 597	00:45:06	01:02:43	01:11:19.30	01:12:55.75	7:07	8.4
599	TREMELET SEBASTIEN	814		WARSZAWA	FRA	M 40-49	220	M 598	00:45:41	01:03:09	01:11:24.10	01:13:29.70	7:08	8.4
600	KOSIERADZKI PAWEŁ	379	MASTERS DOJO	WARSZAWA	POL	M 50-59	39	M 599	00:45:54	01:03:22	01:12:05.95	01:13:52.35	7:12	8.3
601	SYROCKI WOJCIECH	984		WARSZAWA	POL	M 40-49	221	M 600	00:47:15	01:04:03	01:12:06.40	01:14:25.00	7:12	8.3
602	WUJEC BARTŁOMIEJ	879		JÓZEFÓW	POL	M 40-49	222	M 601	00:46:42	01:03:45	01:12:09.95	01:14:11.05	7:13	8.3
603	ILCZUK TOMASZ	1001	TARCHOŚWIRY	WARSZAWA	POL	M 30-39	229	M 602	00:47:49	01:04:39	01:13:25.00	01:15:39.30	7:20	8.2
604	CZARNECKI PIOTR	125	TARCHOŚFIRY	WARSZAWA	POL	M 30-39	230	M 603	00:47:54	01:04:43	01:13:28.80	01:15:42.10	7:20	8.2
605	DĄBROWA WOJCIECH	133		WARSZAWA	POL	M 60+	30	M 604	00:46:12	01:04:53	01:13:43.60	01:15:51.40	7:22	8.1
606	SOJKA ŁUKASZ	729		WARSZAWA	POL	M 30-39	231	M 605	00:47:20	01:04:51	01:13:52.75	01:16:10.60	7:23	8.1
607	HEINE KRZYSZTOF	246		WARSZAWA	POL	M 40-49	223	M 606	00:47:15	01:04:54	01:14:11.45	01:16:29.75	7:25	8.1
608	KUREK GUSTAW	427		WARSZAWA	POL	M 50-59	40	M 607	00:47:51	01:06:43	01:15:59.00	01:18:10.20	7:35	7.9
609	ŁOWCZAK JACEK	969	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 30-39	232	M 608	00:49:14	01:08:08	01:17:24.45	01:19:06.60	7:44	7.8
610	LIS KAMIL	449	GRUPA BIEGOWA UM W-WA	RADWANKÓW SZLACHECKI	POL	M 30-39	233	M 609	00:49:28	01:08:55	01:17:42.60	01:18:22.90	7:46	7.7
611	GIEDYK PRZEMYSŁAW	198	DELOITTE ADVENTURE TEAM	WARSZAWA	POL	M 30-39	234	M 610	00:50:22	01:10:34	01:19:54.40	01:21:55.30	7:59	7.5
612	MAREK HENRYK	501	-	WARSZAWA	POL	M 60+	31	M 611	01:20:28		01:22:36.00	01:22:36.00	8:15	7.3
613	KORNACKI SŁAWOMIR	373		NIEPORĘT	POL	M 50-59	41	M 612	00:50:43	01:13:00	01:24:00.80	01:25:25.20	8:24	7.1
614	RUSIN MICHAŁ	679	KS STASZEWSY	JABŁONNA	POL	M 1-29	85	M 613	00:32:11	00:44:25			4:56	12.2
615	RODZOCH DANIEL	964		WARSZAWA	POL	M 30-39	235	M 614						
LIM	SŁADEK KAROL	954		MICHAŁOWICE	POL	M 30-39	LIM	LIM	00:57:34	01:18:28	01:30:04.45	01:32:27.00	0:00	6.7
LIM	ROBASZKIEWICZ ADAM	659		WARSZAWA	POL	M 40-49	LIM	LIM	00:57:17	01:19:59	01:31:30.05	01:34:02.90	0:00	6.6
LIM	BOROWIAK JACEK	62	SLOWJOGGING POLSKA	WARSZAWA	POL	M 60+	LIM	LIM	00:56:48	01:19:05	01:31:30.45	01:34:01.55	0:00	6.6
LIM	BAUER JACEK	26	SLOW JOGGING ŁÓDŹ	ŁÓDŹ	POL	M 60+	LIM	LIM	00:57:33	01:19:59	01:31:33.05	01:34:05.25	0:00	6.6
LIM	CIEŚLAK PAWEŁ	112	SLOWJOGGINGBIAŁOŁĘKA	WARSZAWA	POL	M 50-59	LIM	LIM	00:56:55	01:18:03	01:31:34.15	01:34:03.30	0:00	6.6
LIM	SZTAJNIC JERZY	782		ŁÓDŹ	POL	M 60+	LIM	LIM	00:56:54	01:19:17	01:31:34.15	01:33:59.20	0:00	6.6
LIM	KAMIŃSKI WALDEMAR	323	SLOW JOGGING BIAŁOŁĘKA	WARSZAWA	POL	M 50-59	LIM	LIM	00:57:38	01:20:04	01:31:37.60	01:34:05.00	0:00	6.5

**BIEG PRZEZ MOST 2019, M Samorządowcy**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
1	TOMASZEK ROBERT	810		WARSZAWA	POL	M 40-49	12	M 50	00:25:53	00:35:44	00:40:33.70	00:40:37.65	4:03	14.8
2	LISZKIEWICZ KONRAD	453		ZABORÓWEK	POL	M 30-39	28	M 63	00:26:25	00:36:41	00:41:41.60	00:41:46.85	4:10	14.4
3	KNAP PIOTR	987			POL	M 30-39	35	M 77	00:27:11	00:37:20	00:42:12.90	00:42:26.05	4:13	14.2
4	JAWORSKI ARKADIUSZ	289		IZABELIN	POL	M 30-39	37	M 79	00:27:01	00:37:25	00:42:22.05	00:42:39.40	4:14	14.2
5	MIKULSKI JACEK	530	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 40-49	24	M 81	00:27:11	00:37:23	00:42:26.05	00:42:38.80	4:14	14.1
6	JAWORSKI PIOTR	1000	EKOBIEGI	WARSZAWA	POL	M 40-49	25	M 84	00:26:59	00:37:22	00:42:29.50	00:42:33.70	4:14	14.1

**BIEG PRZEZ MOST 2019, M Samorządowcy c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
7	JANKOWSKI JAKUB	274		BRWINÓW	POL	M 1-29	22	M 100	00:27:26	00:38:19	00:43:34.45	00:43:54.70	4:21	13.8
8	BICZAN KAMIL	39		WARSZAWA	POL	M 30-39	45	M 102	00:27:41	00:38:17	00:43:44.30	00:44:18.20	4:22	13.7
9	RYTKOWSKI PIOTR	685		WARSZAWA	POL	M 30-39	53	M 111	00:29:45	00:39:11	00:44:04.95	00:44:32.00	4:24	13.6
10	WICK JULIUSZ	846		WARSZAWA	POL	M 30-39	59	M 121	00:28:45	00:39:18	00:44:32.40	00:44:51.60	4:27	13.5
11	ADAO MIGUEL	5		WARSZAWA	POR	M 40-49	36	M 126	00:28:42	00:39:24	00:44:39.00	00:45:04.00	4:27	13.4
12	MALIK GABRIEL	488		WARSZAWA	POL	M 40-49	37	M 129	00:29:09	00:39:36	00:44:44.95	00:45:20.20	4:28	13.4
13	DZIUBIŃSKI MACIEK	161		WARSZAWA	POL	M 1-29	26	M 136	00:29:09	00:39:52	00:45:01.15	00:45:07.35	4:30	13.3
14	BEKKER PIOTR	983				M 30-39	67	M 153	00:29:46	00:40:25	00:45:43.80	00:46:13.15	4:34	13.1
15	ŁUKASIAK JAN	474		WARSZAWA	POL	M 30-39	79	M 182	00:29:34	00:41:04	00:46:45.25	00:47:26.80	4:40	12.8
16	ROSZAK WALDEMAR	671	BIEGAM NA ZIELONEJ BIAŁOLEŃCE	WARSZAWA	POL	M 50-59	12	M 225	00:30:36	00:42:32	00:48:17.30	00:48:47.20	4:49	12.4
17	KARPIŃSKI MARCIN	982		WARSZAWA	POL	M 30-39	93	M 235	00:31:14	00:42:40	00:48:30.25	00:48:58.90	4:51	12.4
18	URBAN MARIUSZ	822	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 40-49	100	M 271	00:31:47	00:43:49	00:49:43.75	00:52:04.65	4:58	12.1
19	GÓRKA MARCIN	215	POLSA	WARSZAWA	POL	M 40-49	105	M 278	00:32:11	00:44:14	00:49:58.45	00:50:56.20	4:59	12
20	KMIEĆ KAMIL	357		ZĄBKI	POL	M 1-29	51	M 304	00:33:14	00:45:09	00:50:51.10	00:51:50.35	5:05	11.8
21	PASIŃSKI DANIEL	949	GRUPA BIEGOWA UM WARSZAWA	WARSZAWA	POL	M 30-39	118	M 319	00:32:32	00:45:17	00:51:18.70	00:51:49.10	5:07	11.7
22	SKARZYŃSKI ADAM	711	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 30-39	121	M 325	00:32:52	00:45:17	00:51:32.05	00:52:20.30	5:09	11.6
23	ZAJDA DOMINIK	883		WARSZAWA	POL	M 1-29	54	M 359	00:33:09	00:46:35	00:52:51.90	00:53:13.25	5:17	11.3
24	KARCZEWSKI JACEK	330	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 40-49	148	M 374	00:34:55	00:47:26	00:53:31.30	00:54:53.70	5:21	11.2
25	ADAMKIEWICZ MARCIN	961	INICJATYWA MIESZKAŃCÓW BIAŁOLEŃKI	WARSZAWA	POL	M 30-39	143	M 381	00:33:08	00:47:08	00:53:51.75	00:54:04.40	5:23	11.1
26	PIOTROWSKI JAN	624		WARSZAWA	POL	M 30-39	144	M 383	00:34:24	00:47:17	00:53:57.50	00:56:03.00	5:23	11.1
27	ZYGADŁO PIOTR	911		WARSZAWA	POL	M 30-39	155	M 416	00:35:39	00:48:41	00:55:04.65	00:55:23.60	5:30	10.9
28	IDZIAK JAROSŁAW	921		WARSZAWA	POL	M 30-39	157	M 418	00:31:20	00:45:08	00:55:05.45	00:55:41.15	5:30	10.9
29	BORCZYŃSKI PIOTR	59	MŁODZIEŻOWA RADA M.ST. WARSZAWY	WARSZAWA	POL	M 1-29	63	M 427	00:34:03	00:48:52	00:55:27.35	00:55:32.90	5:32	10.8
30	BEDNARZAK TADEUSZ	33	YULO RUN TEAM SIEDLCE	SIEDLCE	POL	M 60+	17	M 468	00:36:23	00:50:31	00:57:28.25	00:58:33.10	5:44	10.4
31	BOGUSZEWSKI PIOTR	988				M 30-39	185	M 488	00:38:50	00:51:55	00:58:33.35	01:01:07.15	5:51	10.2
32	WILEŃSKI BARTOSZ	990				M 1-29	70	M 489	00:37:37	00:51:38	00:58:38.40	01:00:11.35	5:51	10.2
33	STYCZYŃSKI GRZEGORZ	755		WARSZAWA	POL	M 30-39	189	M 499	00:39:11	00:52:31	00:59:12.50	01:00:58.75	5:55	10.1
34	SZYDŁO PAWEŁ	384		MIĘDZYBORÓW	POL	M 30-39	203	M 534	00:38:32	00:54:02	01:02:11.20	01:02:33.20	6:13	9.6
35	MACHNACKI MICHAŁ	477	GRUPA BIEGOWA UM W-WA	LEGIONOWO	POL	M 40-49	204	M 550	00:39:48	00:55:34	01:03:43.80	01:05:16.15	6:22	9.4
36	ZARZYCKI PIOTR	892		WARSZAWA	POL	M 30-39	219	M 565	00:42:34	00:58:18	01:05:07.60	01:06:55.50	6:30	9.2
37	MROZ SEBASTIAN	547		KOMORÓW	POL	M 40-49	209	M 566	00:42:33	00:58:17	01:05:07.70	01:06:55.10	6:30	9.2
38	WILEŃSKI ZBIGNIEW	944	GRUPA BIEGOWA UM W-WA	DĄBROWA CHOTOMOWSKA	POL	M 50-59	33	M 569	00:42:07	00:57:19	01:05:24.90	01:06:58.10	6:32	9.2
39	ŻÓŁCIŃSKI WALDEMAR	913	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 60+	26	M 571	00:40:29	00:57:05	01:05:48.35	01:07:38.05	6:34	9.1
40	ŻUCHOWSKI ARTUR	916	MY MIESZKAŃCY LEGIONOWO	LEGIONOWO	POL	M 40-49	214	M 581	00:43:08	00:59:14	01:06:51.90	01:08:54.95	6:41	9
41	SZOSTAKOWSKI JAROSŁAW	1005	BIEGAMY Z OCHOTĄ	WARSZAWA	POL	M 50-59	36	M 582	00:43:33	00:59:13	01:06:59.25	01:09:04.55	6:41	9
42	LIS KAMIL	449	GRUPA BIEGOWA UM W-WA	RADWANKÓW SZLACHECKI	POL	M 30-39	233	M 609	00:49:28	01:08:55	01:17:42.60	01:18:22.90	7:46	7.7
LIM	KAMIŃSKI WALDEMAR	323	SLOW JOGGING BIAŁOLEŃKA	WARSZAWA	POL	M 50-59	LIM	LIM	00:57:38	01:20:04	01:31:37.60	01:34:05.00	0:00	6.5

**BIEG PRZEZ MOST 2019, K 1-29**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
1	GRZEGORCZYK NATALIA	995	WANDA PANFIL TEAM / AZS AWF WARSZAWA	KRAŚNICA	POL	K 1-29	1	K 3	00:25:12	00:34:54	00:39:39.50	00:39:42.00	3:58	15.1
2	SZUBA MARTYNA	784	TEAM PARSZCZYŃSKICH	MIŃSK MAZOWIECKI	POL	K 1-29	2	K 12	00:28:12	00:39:12	00:44:38.75	00:44:58.55	4:27	13.4
3	SŁAWIŃSKA EWA	719		WARSZAWA	POL	K 1-29	3	K 10	00:28:52	00:39:29	00:44:45.70	00:44:55.30	4:28	13.4
4	KOWERDA SYLWIA	395		WARSZAWA	POL	K 1-29	4	K 31	00:30:53	00:42:59	00:48:57.55	00:49:19.10	4:53	12.3
5	OŁÓW KAMILA	581		GOŁDAP	POL	K 1-29	5	K 33	00:31:30	00:43:31	00:49:27.95	00:49:45.05	4:56	12.1
6	MALMON OLIVIA	489	KONDYCJA	WARSZAWA	POL	K 1-29	6	K 42	00:36:01	00:44:53	00:51:41.30	00:51:44.90	5:10	11.6
7	CHOSZCZ DOMINIKA	97		WARSZAWA	POL	K 1-29	7	K 48	00:32:31	00:45:50	00:51:47.15	00:52:36.40	5:10	11.6
8	MISZCZAK PAULINA	536		WARSZAWA	POL	K 1-29	8	K 51	00:34:07	00:46:28	00:52:28.55	00:53:28.70	5:14	11.4
9	KRUPIŃSKA WIOLA	409	TRUCHT TEAM TARCHOMIN	WARSZAWA	POL	K 1-29	9	K 50	00:34:08	00:46:50	00:52:51.55	00:53:07.10	5:17	11.3
10	CHOTOMSKA DOROTA	98		LEGIONOWO	POL	K 1-29	10	K 56	00:33:31	00:46:43	00:53:22.35	00:53:29.90	5:20	11.2
11	MURK JOANNA	548		GÓRA KALWARIA	POL	K 1-29	11	K 61	00:35:31	00:48:13	00:53:54.50	00:54:39.40	5:23	11.1
12	ŁAZAREWICZ KATARZYNA	460		WARSZAWA	POL	K 1-29	12	K 63	00:33:49	00:47:26	00:54:00.35	00:54:54.75	5:24	11.1
13	JONIK JUSTYNA	296	AZS WAT	WARSZAWA	POL	K 1-29	13	K 65	00:34:26	00:47:53	00:54:09.25	00:54:14.80	5:24	11.1

**BIEG PRZEZ MOST 2019, K 1-29 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
14	KONOPKA JUSTYNA	366	RUN 4FUN	WARSZAWA	POL	K 1-29	14	K 66	00:34:41	00:47:51	00:54:11.70	00:54:48.50	5:25	11.1
15	GZUŁA AGNIESZKA KAROLINA	240	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	K 1-29	15	K 74	00:34:30	00:47:42	00:54:42.00	00:55:16.10	5:28	11
16	BYELKINA KATERYNA	970	ANPHARM RUN TEAM	WARSZAWA	POL	K 1-29	16	K 77	00:35:24	00:48:46	00:55:02.75	00:57:14.05	5:30	10.9
17	WASILUK KLAUDIA	838	DRUŻYNA SZPIKU	WARSZAWA	POL	K 1-29	17	K 80	00:36:47	00:49:16	00:55:13.70	00:56:38.80	5:31	10.9
18	OWCZAREK BEATA	588	GO SPORT RUNNERS	WARSZAWA	POL	K 1-29	18	K 88	00:35:37	00:49:15	00:55:49.25	00:56:57.15	5:35	10.7
19	DRÓZD SANDRA	998		MARCELÓW		K 1-29	19	K 89	00:35:58	00:49:30	00:55:57.60	00:57:35.70	5:35	10.7
20	MAĆKOWIAK WERONIKA	480		WARSZAWA	POL	K 1-29	20	K 90	00:35:56	00:49:39	00:56:06.00	00:58:00.70	5:36	10.7
21	JAŚTAK NATALIA	958		WARSZAWA	POL	K 1-29	21	K 98	00:36:59	00:48:20	00:56:40.60	00:57:48.45	5:40	10.6
22	SOCHACKA KAROLINA	727		WARSZAWA	POL	K 1-29	22	K 99	00:36:21	00:50:07	00:56:45.85	00:57:48.60	5:40	10.6
23	SIGAL BOGDANA	706		WARSZAWA	POL	K 1-29	23	K 102	00:36:28	00:50:22	00:57:14.00	00:58:15.40	5:43	10.5
24	LEGAT DOROTA	439		MIŃSK MAZOWIECKI	POL	K 1-29	24	K 104	00:36:56	00:50:54	00:57:21.80	00:58:23.80	5:44	10.5
25	KOWALSKA PAULINA	391		WARSZAWA	POL	K 1-29	25	K 105	00:36:49	00:50:41	00:57:30.15	00:58:55.75	5:45	10.4
26	FILIPIAK OLGA	171		WARSZAWA	POL	K 1-29	26	K 107	00:36:58	00:51:07	00:57:55.50	00:59:08.55	5:47	10.4
27	PASKA SYLWIA	602		OTWOCK	POL	K 1-29	27	K 112	00:36:34	00:51:01	00:58:09.50	00:58:27.30	5:49	10.3
28	KRAWCZYK KATARZYNA	400		WARSZAWA	POL	K 1-29	28	K 116	00:37:23	00:51:08	00:58:14.75	00:59:15.65	5:49	10.3
29	GORCZYCA JOANNA	213		WARSZAWA	POL	K 1-29	29	K 118	00:36:49	00:51:09	00:58:26.20	00:59:58.00	5:50	10.3
30	DEMBOWSKA MAŁGORZATA	140		CIECHANÓW	POL	K 1-29	30	K 122	00:37:02	00:51:43	00:58:52.30	01:00:28.25	5:53	10.2
31	ZIARKOWSKA AGNIESZKA	903		WARSZAWA	POL	K 1-29	31	K 123	00:38:29	00:52:28	00:59:01.15	01:00:44.05	5:54	10.2
32	GURMIŃSKA KATARZYNA	238		WARSZAWA	POL	K 1-29	32	K 132	00:38:26	00:52:30	00:59:16.70	01:01:00.90	5:55	10.1
33	GIERS KLAUDIA	200		WARSZAWA	POL	K 1-29	33	K 133	00:38:03	00:52:46	00:59:20.55	00:59:49.55	5:56	10.1
34	BERNARDELLI KATARZYNA	35		WARSZAWA	POL	K 1-29	34	K 137	00:37:59	00:52:31	00:59:28.15	00:59:54.55	5:56	10.1
35	BESSARABA JAGODA	37		WARSZAWA	POL	K 1-29	35	K 143	00:37:01	00:52:10	00:59:49.10	01:00:52.80	5:58	10
36	LELENIEWSKA ANNA	440		WARSZAWA	POL	K 1-29	36	K 148	00:38:12	00:53:10	01:00:07.40	01:01:43.25	6:00	10
37	SIESS MAŁGORZATA	705	UKS AZYMUT PABIANICE	WARSZAWA	POL	K 1-29	37	K 149	00:38:48	00:53:12	01:00:09.45	01:01:27.05	6:01	10
38	KOŚNIK ALICJA	386		WARSZAWA	POL	K 1-29	38	K 158	00:39:21	00:54:15	01:01:29.80	01:03:22.30	6:09	9.8
39	STAŃCZYK ZOFIA	742		ZIELONKA	POL	K 1-29	39	K 159	00:38:31	00:53:35	01:01:31.10	01:03:12.90	6:09	9.8
40	GŁÓDŹ MAŁGORZATA	963	DO NOGI	WARSZAWA	POL	K 1-29	40	K 172	00:39:28	00:54:38	01:02:10.85	01:03:16.05	6:13	9.6
41	STANIOS NATALIA	738		WARSZAWA	POL	K 1-29	41	K 185	00:39:13	00:55:32	01:03:41.35	01:04:47.55	6:22	9.4
42	HELDT IWONA	247		WARSZAWA	POL	K 1-29	42	K 188	00:39:33	00:55:53	01:04:07.00	01:05:58.25	6:24	9.4
43	KACPRZAK-ŚCISŁA ALEKSANDRA	948		WARSZAWA	POL	K 1-29	43	K 191	00:41:56	00:57:06	01:04:43.85	01:06:30.70	6:28	9.3
44	HALASZ JUSTYNA	242		WARSZAWA	POL	K 1-29	44	K 201	00:43:37	00:58:29	01:05:43.65	01:07:42.55	6:34	9.1
45	KORNACKA AGNIESZKA	372		NIEPORĘT	POL	K 1-29	45	K 205	00:42:07	00:58:06	01:06:14.40	01:07:39.05	6:37	9.1
46	KOVALETS OLENA	387		WARSZAWA	POL	K 1-29	46	K 210	00:42:14	00:59:05	01:06:37.15	01:06:55.55	6:39	9
47	SADŁOWSKA ALEKSANDRA	688		WARSZAWA	POL	K 1-29	47	K 213	00:43:13	00:59:21	01:07:03.80	01:09:04.05	6:42	8.9
48	ZAYATS DARYA	898		WARSZAWA	POL	K 1-29	48	K 216	00:42:17	00:59:13	01:07:31.55	01:08:44.25	6:45	8.9
49	JURECKA JUSTYNA	302		WARSZAWA	POL	K 1-29	49	K 219	00:43:36	01:00:23	01:07:54.15	01:09:50.00	6:47	8.8
50	STAGIŁOW MONIKA	737		WARSZAWA	POL	K 1-29	50	K 223	00:43:31	01:00:33	01:08:46.25	01:10:27.70	6:52	8.7
51	JASIŃSKA ALICJA	282		BŁONIE	POL	K 1-29	51	K 233	00:45:54	01:02:49	01:10:26.45	01:12:30.90	7:02	8.5
52	BÖGER CAROLIN	51		BERLIN	GER	K 1-29	52	K 241	00:47:02	01:05:12	01:14:12.25	01:16:09.00	7:25	8.1
53	OGOŃCZYK DONATA	845				K 1-29	53	K 242	00:47:33	01:06:07	01:14:57.25	01:16:57.75	7:29	8
54	MŁODZIŃSKA NINA	1013		WARSZAWA	POL	K 1-29	54	K 253	00:51:24				7:47	7.7
LIM	HAJDUK MONIKA	955		ŻYRARDÓW	POL	K 1-29	LIM	LIM	00:55:43	01:03:51	01:30:04.60	01:32:27.20	0:00	6.7

**BIEG PRZEZ MOST 2019, M 1-29**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
1	JASTRZĘBSKI KAMIL	284	DUKLANOWSKITEAM/SKB KRAŚNIK	KRAŚNIK	POL	M 1-29	1	M 1	00:19:56	00:27:17	00:30:46.85	00:30:48.00	3:04	19.5
2	WASIEWICZ KRZYSZTOF	835		PIASECZNO	POL	M 1-29	2	M 2	00:20:15	00:27:56	00:31:41.90	00:31:44.00	3:10	18.9
3	PYSZEL FLORIAN	651	PAN MATEMATYKA	MIŃSK MAZOWIECKI	POL	M 1-29	3	M 4	00:20:50	00:28:37	00:32:34.55	00:32:35.40	3:15	18.4
4	ŚWIRGOŃ ADAM	800	TRENERBIEGANIA.PL	WARSZAWA	POL	M 1-29	4	M 5	00:21:20	00:29:18	00:33:20.90	00:33:22.55	3:20	18
5	PRZESTRZELSKI KAJETAN	980		SIEDLCE	POL	M 1-29	5	M 6	00:21:33	00:29:33	00:33:43.90	00:33:44.60	3:22	17.8
6	GAWRON PAWEŁ	193	@ARKENYA_TEAM	WARSZAWA	POL	M 1-29	6	M 7	00:21:38	00:29:54	00:33:55.15	00:33:57.20	3:23	17.7
7	MACHOWSKI PAWEŁ	478	WARSZAWSKIE SANKT MORITZ	WARSZAWA	POL	M 1-29	7	M 10	00:22:13	00:30:30	00:34:35.70	00:34:37.95	3:27	17.3
8	OMIELAN WOJCIECH	582		WARSZAWA	POL	M 1-29	8	M 12	00:22:40	00:31:21	00:35:33.75	00:35:36.10	3:33	16.9
9	BRZAŃKALSKI KRZYSIEK	73	@ARKENYA_TEAM	PŁOCK	POL	M 1-29	9	M 19	00:23:36	00:32:25	00:36:40.10	00:36:44.40	3:40	16.4
10	MŁACKI ALAN	538	TEAM KOPEĆ	KOŁBIEL	POL	M 1-29	10	M 20	00:23:50	00:32:50	00:37:21.20	00:37:24.05	3:44	16.1



**BIEG PRZEZ MOST 2019, M 1-29 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
11	KLIMKIEWICZ MICHAŁ	353		WARSZAWA	POL	M 1-29	11	M 21	00:23:58	00:32:52	00:37:21.90	00:37:28.85	3:44	16.1
12	BOMBA TOMEK	57		WARSZAWA	POL	M 1-29	12	M 28	00:24:52	00:34:02	00:38:21.80	00:38:25.40	3:50	15.6
13	STYRNIK KRYSZTIAN	757	AZS UP LUBLIN	OŻARÓW	POL	M 1-29	13	M 39	00:25:02	00:34:55	00:39:34.55	00:39:43.95	3:57	15.2
14	LEWANDOWSKI MATEUSZ	446		NOWY DWÓR MAZOWIECKI	POL	M 1-29	14	M 43	00:25:26	00:35:04	00:39:44.35	00:39:50.70	3:58	15.1
15	ZALEWSKI DOMINIK	886		WARSZAWA	POL	M 1-29	15	M 46	00:25:40	00:35:29	00:40:07.40	00:40:11.90	4:00	15
16	MARYNOWSKI WOJCIECH	505	LUDZIE SZTOSY	WARSZAWA	POL	M 1-29	16	M 52	00:25:56	00:35:45	00:40:37.55	00:40:43.70	4:03	14.8
17	ZGODA MATEUSZ	941	NAPRZÓD MŁOCINY	WARSZAWA	POL	M 1-29	17	M 71	00:27:04	00:37:02	00:42:00.05	00:42:13.15	4:12	14.3
18	PRUSIK PIOTR	637		WARSZAWA	POL	M 1-29	18	M 75	00:27:27	00:37:19	00:42:08.85	00:42:26.85	4:12	14.2
19	KIJJAŃCZYK DOMINIK	347	TARCZYŃSKI KLUB BIEGOWY	TARCZYN	POL	M 1-29	19	M 91	00:27:17	00:38:00	00:43:09.70	00:43:17.45	4:19	13.9
20	MŁYŃSKI MARIUSZ	539		WARSZAWA	POL	M 1-29	20	M 92	00:27:18	00:38:03	00:43:11.70	00:43:21.50	4:19	13.9
21	ZDANOWSKI TOMEK	899	TRIZARZA	SITNE	POL	M 1-29	21	M 97	00:27:22	00:38:17	00:43:27.45	00:43:34.25	4:20	13.8
22	JANKOWSKI JAKUB	274		BRWINÓW	POL	M 1-29	22	M 100	00:27:26	00:38:19	00:43:34.45	00:43:54.70	4:21	13.8
23	BŁASZCZYK BARTŁOMIEJ	48		OŻARÓW MAZOWIECKI	POL	M 1-29	23	M 115	00:28:29	00:39:04	00:44:26.80	00:45:05.30	4:26	13.5
24	CHOJECKI ROBERT	94	EXPLOSION	MARKI	POL	M 1-29	24	M 122	00:28:26	00:39:24	00:44:34.55	00:44:47.60	4:27	13.5
25	SARZAŁA BARTŁOMIEJ	554		WARSZAWA	POL	M 1-29	25	M 125	00:28:54	00:39:29	00:44:37.80	00:44:56.50	4:27	13.4
26	DZIUBIŃSKI MACIEK	161		WARSZAWA	POL	M 1-29	26	M 136	00:29:09	00:39:52	00:45:01.15	00:45:07.35	4:30	13.3
27	CIERNAK FRANCISZEK	107	GRUPA BIEGOWA CHTMO	LEGIONOWO	POL	M 1-29	27	M 140	00:29:33	00:40:06	00:45:13.70	00:45:49.85	4:31	13.3
28	KOBUS IGOR	359		WARSZAWA	POL	M 1-29	28	M 141	00:29:06	00:40:17	00:45:14.10	00:45:25.15	4:31	13.3
29	ROGOZIŃSKI ADRIAN	664		WARSZAWA	POL	M 1-29	29	M 157	00:29:01	00:40:25	00:45:54.70	00:46:25.90	4:35	13.1
30	KRUPIŃSKI MAREK	410	DĄBROWSKI TEAM /ZABIEGANIE DNI	OSTRÓŁĘKA	POL	M 1-29	30	M 164	00:29:15	00:40:32	00:46:14.25	00:46:21.65	4:37	13
31	DRABOT WOJCIECH	151	ASSECO ACTIVE TEAM	WARSZAWA	POL	M 1-29	31	M 166	00:29:51	00:40:57	00:46:16.45	00:46:31.75	4:37	13
32	JĘDRUSZCZAK ADAM	295	GOGGLE PARK TEAM	WARSZAWA	POL	M 1-29	32	M 174	00:29:52	00:41:17	00:46:23.80	00:46:51.10	4:38	12.9
33	CZAJKOWSKI MARCIN	123		NOWE OSINY	POL	M 1-29	33	M 181	00:30:23	00:41:27	00:46:45.10	00:47:31.40	4:40	12.8
34	BARTYCZAK MICHAŁ	24		WARSZAWA	POL	M 1-29	34	M 192	00:28:43	00:40:52	00:47:07.05	00:47:17.05	4:42	12.7
35	ROŚLONIEC KAMIL	670		RZAŚNIK	POL	M 1-29	35	M 198	00:30:37	00:41:57	00:47:24.60	00:48:08.15	4:44	12.7
36	STROMECKI MARCIN	751	BFM	WARSZAWA	POL	M 1-29	36	M 200	00:30:31	00:41:53	00:47:26.80	00:49:48.30	4:44	12.6
37	DĄBROWSKI DANIEL	137		WARSZAWA	POL	M 1-29	37	M 201	00:30:24	00:42:00	00:47:26.95	00:49:39.90	4:44	12.6
38	WOJCIECHOWSKI ARTUR	869	:)	WARSZAWA	POL	M 1-29	38	M 202	00:28:37	00:41:12	00:47:28.55	00:47:40.70	4:44	12.6
39	SMYL JACEK	724		WARSZAWA	POL	M 1-29	39	M 208	00:30:22	00:42:13	00:47:43.50	00:48:05.15	4:46	12.6
40	PODGÓRSKI KRZYSZTOF	626	KOMITET SPORTU I TURYSTYKI KRZYSZTOFA PODGÓRSKIEGO	KATOWICE	POL	M 1-29	40	M 215	00:29:38	00:41:43	00:47:49.50	00:48:01.70	4:46	12.5
41	SIERZPUTOWSKI PIOTR	703		OŻARÓW MAZOWIECKI	POL	M 1-29	41	M 219	00:31:31	00:42:51	00:48:09.60	00:49:03.70	4:48	12.5
42	MIODUSZEWSKI ADRIAN	534		WARSZAWA	POL	M 1-29	42	M 226	00:31:32	00:42:49	00:48:17.50	00:49:06.05	4:49	12.4
43	TOCZEWSKI KAMIL	809	JACEKBIEGA RUNING TEAM	WARSZAWA	POL	M 1-29	43	M 237	00:30:36	00:42:33	00:48:31.90	00:49:04.25	4:51	12.4
44	MAKOWSKI KRYSZTIAN	484	RUN4FUN	WARSZAWA	POL	M 1-29	44	M 238	00:31:04	00:42:56	00:48:32.30	00:49:09.45	4:51	12.4
45	SZCZEPAŃSKI PIOTR	923	KONDYCJA	KONSTANCIN-JEZIORNA	POL	M 1-29	45	M 246	00:35:59	00:43:31	00:48:52.75	00:48:56.05	4:53	12.3
46	WINIARCZYK BARTŁOMIEJ	852		WARSZAWA	POL	M 1-29	46	M 253	00:30:47	00:42:56	00:49:13.40	00:50:03.05	4:55	12.2
47	WITUSIK SZYMON	857		WARSZAWA	POL	M 1-29	47	M 265	00:32:20	00:44:02	00:49:29.45	00:50:02.10	4:57	12.1
48	BOGUICKI MICHAŁ	53		WARSZAWA	POL	M 1-29	48	M 267	00:30:48	00:43:29	00:49:32.95	00:49:56.30	4:57	12.1
49	SMULEK RAFAŁ	723		WARSZAWA	POL	M 1-29	49	M 281	00:32:13	00:44:21	00:50:02.05	00:50:58.70	5:00	12
50	PRZYBYSZ TOMASZ	643		WARSZAWA	POL	M 1-29	50	M 287	00:32:08	00:44:21	00:50:09.05	00:50:51.25	5:00	12
51	KMIEĆ KAMIL	357		ZĄBKI	POL	M 1-29	51	M 304	00:33:14	00:45:09	00:50:51.10	00:51:50.35	5:05	11.8
52	WOJTAS MICHAŁ	929		WARSZAWA	POL	M 1-29	52	M 311	00:33:10	00:45:11	00:51:03.15	00:51:56.65	5:06	11.8
53	PANASZEWSKI PRZEMYSŁAW	597		KOSZALIN	POL	M 1-29	53	M 344	00:33:51	00:46:13	00:52:11.65	00:53:17.65	5:13	11.5
54	ZAJDA DOMINIK	883		WARSZAWA	POL	M 1-29	54	M 359	00:33:09	00:46:35	00:52:51.90	00:53:13.25	5:17	11.3
55	MATUSIAK KAROL	943	BDG	WARSZAWA	POL	M 1-29	55	M 360	00:33:39	00:46:48	00:52:52.45	00:54:12.40	5:17	11.3
56	ZIOŁO GRZEGORZ	946		WARSZAWA	POL	M 1-29	56	M 363	00:33:39	00:46:48	00:52:53.95	00:54:13.10	5:17	11.3
57	SZCZYGIEL MICHAŁ	775		STRZYŻÓW	POL	M 1-29	57	M 364	00:34:18	00:46:51	00:52:59.50	00:55:59.10	5:18	11.3
58	ROJEK HUBERT	666		LESZCZYDÓŁ NOWINY	POL	M 1-29	58	M 378	00:35:37	00:48:05	00:53:49.90	00:55:00.80	5:23	11.1
59	SULICH MATEUSZ	761		LEGIONOWO	POL	M 1-29	59	M 380	00:35:04	00:47:38	00:53:50.75	00:54:49.10	5:23	11.1
60	LEBIODA TOMASZ	437		WARSZAWA	POL	M 1-29	60	M 395	00:33:42	00:47:40	00:54:21.55	00:54:52.20	5:26	11
61	GOLONKA PATRYK	937	MASTERS DOJO	WARSZAWA	POL	M 1-29	61	M 399	00:36:10	00:49:16	00:54:36.25	00:55:47.75	5:27	11
62	ADAMSKI SZYMON	3		WARSZAWA	POL	M 1-29	62	M 422	00:36:48	00:49:17	00:55:20.55	00:56:55.00	5:32	10.8
63	BORCZYŃSKI PIOTR	59	MŁODZIEŻOWA RADA M.ST. WARSZAWY	WARSZAWA	POL	M 1-29	63	M 427	00:34:03	00:48:52	00:55:27.35	00:55:32.90	5:32	10.8
64	BARTOSZEWSKI DANIEL	23		GÓRA KALWARIA	POL	M 1-29	64	M 437	00:35:33	00:49:21	00:55:48.60	00:56:33.40	5:34	10.7
65	KRÓL WOJCIECH	403		WARSZAWA	POL	M 1-29	65	M 454	00:37:41	00:50:52	00:56:44.25	00:58:16.00	5:40	10.6

## BIEG PRZEZ MOST 2019, M 1-29 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
66	MARCINKIEWICZ TYMEK	497		WARSZAWA	POL	M 1-29	66	M 464	00:36:07	00:50:44	00:57:18.30	00:58:31.00	5:43	10.5
67	SANDOMIERSKI BARTŁOMIEJ	693	WKURW_TEAM	MARKI	POL	M 1-29	67	M 472	00:37:22	00:50:59	00:57:44.15	00:59:05.95	5:46	10.4
68	ŁAPICZ FILIP	458		WARSZAWA	POL	M 1-29	68	M 486	00:38:46	00:52:05	00:58:22.60	00:58:33.70	5:50	10.3
69	ORŁOWSKI KACPER	584		WARSZAWA	POL	M 1-29	69	M 487	00:36:33	00:51:17	00:58:25.00	00:59:46.30	5:50	10.3
70	WILEŃSKI BARTOSZ	990				M 1-29	70	M 489	00:37:37	00:51:38	00:58:38.40	01:00:11.35	5:51	10.2
71	PEĆCAK KAMIL	613	LUBIĘ PIZZĘ	LUBLIN	POL	M 1-29	71	M 494	00:37:13	00:52:02	00:59:01.35	01:00:11.05	5:54	10.2
72	ROSA MATEUSZ	669		WARSZAWA	POL	M 1-29	72	M 503	00:38:17	00:52:21	00:59:17.75	01:01:12.20	5:55	10.1
73	POGORZELSKI KUBA	628		MARKI	POL	M 1-29	73	M 516	00:37:36	00:53:06	01:00:10.85	01:00:24.25	6:01	10
74	SAFARZYŃSKI ALEKSANDER	689		BŁONIE	POL	M 1-29	74	M 519	00:39:28	00:53:56	01:00:41.75	01:02:35.95	6:04	9.9
75	JUSZCZAK KAMIL	307		LEGIONOWO	POL	M 1-29	75	M 523	00:40:58	00:54:48	01:00:56.00	01:02:14.40	6:05	9.8
76	MORAWSKI PATRYK	543		WARSZAWA	POL	M 1-29	76	M 532	00:39:19	00:54:24	01:02:00.65	01:03:20.90	6:12	9.7
77	PRASAL KONRAD	633	RYSIOTEAM/INESSPORT.PL	ŁÓDŹ	POL	M 1-29	77	M 544	00:39:51	00:55:30	01:03:16.90	01:04:24.85	6:19	9.5
78	JANICKI MATEUSZ	267	LS WORLD RUN	WARSZAWA	POL	M 1-29	78	M 545			01:03:19.30	01:03:19.30	6:19	9.5
79	RUCZKA RAFAŁ	675		WARSZAWA	POL	M 1-29	79	M 552	00:38:48	00:55:46	01:03:51.00	01:04:17.00	6:23	9.4
80	LECH BARTŁOMIEJ	438		SIEDLCE	POL	M 1-29	80	M 557	00:39:48	00:56:20	01:04:17.45	01:06:11.85	6:25	9.3
81	OLESHKO MAKSYM	577		WARSZAWA	POL	M 1-29	81	M 562	00:40:50	00:57:11	01:04:46.40	01:05:05.00	6:28	9.3
82	KACPRZYK MICHAŁ	312		WARSZAWA	POL	M 1-29	82	M 563	00:41:11	00:56:57	01:04:58.30	01:06:33.80	6:29	9.2
83	MATYJASIAK MATEUSZ	511		WARSZAWA	POL	M 1-29	83	M 578	00:42:37	00:59:39	01:06:45.00	01:08:43.60	6:40	9
84	BOJKO ALEKSANDER	56		WARSZAWA	POL	M 1-29	84	M 584	00:42:40	00:59:40	01:07:52.55	01:09:50.95	6:47	8.8
85	RUSIN MICHAŁ	679	KS STASZEWCY	JABŁONNA	POL	M 1-29	85	M 613	00:32:11	00:44:25			4:56	12.2

## BIEG PRZEZ MOST 2019, K 30-39

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
1	ŁAPIŃSKA ANNA	459	KS WARSZAWIANKA/ADRUNALINE	WARSZAWA	POL	K 30-39	1	K 1	00:23:39	00:32:35	00:37:08.35	00:37:11.00	3:42	16.2
2	PARSZCZYŃSKA IZABELA	598	TEAM PARSZCZYŃSKICH	WARSZAWA	POL	K 30-39	2	K 2	00:24:21	00:33:36	00:38:11.50	00:38:13.00	3:49	15.7
3	KOSTRZEWSKA JUSTYNA	383	ADIDAS RUNNERS WARSAW	ŁOMIANKI DOLNE	POL	K 30-39	3	K 4	00:25:59	00:35:29	00:40:23.35	00:40:29.70	4:02	14.9
4	ZIMOWICZ MAGDALENA	936	DUKLANOWSKI TEAM	WARSZAWA	POL	K 30-39	4	K 8	00:28:18	00:38:24	00:43:18.30	00:43:30.15	4:19	13.9
5	PACIOREK EWA	590	MARKOWI BIEGACZE	MARKI	POL	K 30-39	5	K 9	00:28:16	00:38:51	00:44:08.00	00:44:22.30	4:24	13.6
6	RADKOWSKA MAŁGORZATA	653	DZIOBAKI I NOSIAKI/SŁODKIE PĄCZKI	WARSZAWA	POL	K 30-39	6	K 11	00:28:44	00:39:24	00:44:38.50	00:44:58.20	4:27	13.4
7	WINKOWSKA-STRUZIK MAGDALENA	853	DUKLANOWSKI TEAM / ADIDAS RUNNERS WARSAW	WARSZAWA	POL	K 30-39	7	K 13	00:29:01	00:39:42	00:44:55.10	00:45:25.70	4:29	13.4
8	KUCZYŃSKA MAGDALENA	422		WARSZAWA	POL	K 30-39	8	K 14	00:29:15	00:40:03	00:45:19.05	00:45:39.15	4:31	13.2
9	NOWAK ANNA	569		WARSZAWA	POL	K 30-39	9	K 16	00:29:11	00:40:22	00:45:56.05	00:46:18.35	4:35	13.1
10	MICHALAK MONIKA	521		RAJSZEW	POL	K 30-39	10	K 21	00:30:15	00:41:30	00:47:03.60	00:47:34.80	4:42	12.8
11	GADOMSKA ANNA	181	PZU SPORT TEAM	WARSZAWA	POL	K 30-39	11	K 24	00:30:31	00:41:41	00:47:12.35	00:47:58.30	4:43	12.7
12	KĄDZIOŁKA BEATA	337	FMW RUNNERS	STAŁOWA WOLA	POL	K 30-39	12	K 23	00:30:25	00:41:34	00:47:13.10	00:47:53.00	4:43	12.7
13	KUBICA EWA	420		WARSZAWA	POL	K 30-39	13	K 25	00:30:40	00:41:55	00:47:35.45	00:48:20.75	4:45	12.6
14	JAGNIESZCZAK ZUZANNA	264	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	K 30-39	14	K 30	00:31:05	00:42:46	00:48:40.20	00:49:13.75	4:52	12.3
15	BURZYŃSKA MAGDALENA	85		WARSZAWA	POL	K 30-39	15	K 28	00:30:52	00:42:47	00:48:40.95	00:49:09.15	4:52	12.3
16	RUDY IWONA	676		WARSZAWA	POL	K 30-39	16	K 32	00:30:45	00:42:52	00:48:55.80	00:49:33.35	4:53	12.3
17	KORONA-SIERADZKA BOGUSŁAWA	375		WARSZAWA	POL	K 30-39	17	K 35	00:32:11	00:43:37	00:49:12.40	00:50:00.20	4:55	12.2
18	SEKŚCIŃSKA MAGDA	696	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	K 30-39	18	K 34	00:31:46	00:43:33	00:49:14.65	00:49:46.50	4:55	12.2
19	BECZAK NATALIA	29		WARSZAWA	POL	K 30-39	19	K 36	00:32:15	00:44:01	00:49:40.00	00:50:20.45	4:58	12.1
20	ŻEBROWSKA ANNA	930		WARSZAWA	POL	K 30-39	20	K 38	00:32:05	00:43:51	00:49:50.90	00:50:50.95	4:59	12
21	KWIATKOWSKA KATARZYNA	432		MARKI	POL	K 30-39	21	K 45	00:32:38	00:44:57	00:51:01.65	00:52:04.90	5:06	11.8
22	KWIATKOWSKA ILONA	434	KB WYSZKÓW	WYSZKÓW	POL	K 30-39	22	K 44	00:32:48	00:44:59	00:51:15.10	00:52:03.35	5:07	11.7
23	KICZINSKA IZABELA	340	BRODNICA BIEGA	BRODNICA	POL	K 30-39	23	K 41	00:32:33	00:45:04	00:51:16.10	00:51:26.60	5:07	11.7
24	CHRZANOWSKA AGATA	101	CHRZANOWSKITEAM	WARSZAWA	POL	K 30-39	24	K 53	00:33:39	00:46:22	00:52:36.60	00:53:53.20	5:15	11.4
25	BOGŁOWSKA URSZULA	52		WARSZAWA	POL	K 30-39	25	K 54	00:33:37	00:46:38	00:52:47.85	00:54:06.25	5:16	11.4
26	KRUSZEWSKA DOMINIKA	411		WARSZAWA	POL	K 30-39	26	K 57	00:34:23	00:47:12	00:53:23.90	00:54:56.20	5:20	11.2
27	GRABARCZYK ILONA	218		LESZNO	POL	K 30-39	27	K 58	00:34:30	00:47:21	00:53:32.80	00:54:10.25	5:21	11.2
28	JANKOWSKA WIOLA	270		WARSZAWA	POL	K 30-39	28	K 59	00:34:37	00:47:21	00:53:37.00	00:54:44.20	5:21	11.2
29	ŚWIDERSKA JOANNA	795		WARSZAWA	POL	K 30-39	29	K 64	00:34:48	00:47:43	00:54:03.50	00:55:07.70	5:24	11.1
30	ZARĘBA-TREMELET KATARZYNA	890		WARSZAWA	POL	K 30-39	30	K 67	00:35:01	00:48:00	00:54:19.20	00:55:21.95	5:25	11
31	KOMARNITSKAYA NATALIA	361		WARSZAWA		K 30-39	31	K 68	00:34:33	00:47:46	00:54:21.25	00:55:33.35	5:26	11

**BIEG PRZEZ MOST 2019, K 30-39 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
32	JANKOWSKA BOŻENA	272		WARSZAWA	POL	K 30-39	32	K 70	00:34:32	00:47:52	00:54:25.40	00:55:17.00	5:26	11
33	KAZMIERSKA ANNA	335		WOŁOMIN	POL	K 30-39	33	K 78	00:35:33	00:48:38	00:55:05.90	00:56:26.25	5:30	10.9
34	MAJEWSKA HANNA	482	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	K 30-39	34	K 81	00:35:06	00:48:50	00:55:26.35	00:56:23.55	5:32	10.8
35	BE CZAK NATALIA	30		WARSZAWA	POL	K 30-39	35	K 83			00:55:33.00	00:55:33.00	5:33	10.8
36	POGORZELSKA ANNA	627		WARSZAWA	POL	K 30-39	36	K 85	00:35:06	00:48:42	00:55:36.95	00:56:34.80	5:33	10.8
37	ROGALSKA MAGDA	663	WKURWTEAM	WARSZAWA	POL	K 30-39	37	K 87	00:34:50	00:48:57	00:55:45.65	00:56:47.65	5:34	10.8
38	JAKUBISIAK RENATA	265	AEGONRUN	WARSZAWA	POL	K 30-39	38	K 92	00:37:34	00:50:05	00:56:23.40	00:57:46.20	5:38	10.6
39	CHMIELEWSKA IZABELA	92	REEBOK RUN CREW/MINISTERSTWO ŚRODOWISKA	WARSZAWA	POL	K 30-39	39	K 93	00:36:02	00:49:42	00:56:25.95	00:57:13.65	5:38	10.6
40	KACZMAREK KATARZYNA	316		WARSZAWA	POL	K 30-39	40	K 95	00:35:57	00:49:49	00:56:33.35	00:57:36.40	5:39	10.6
41	MUZINSKA MARTA	552		WARSZAWA	POL	K 30-39	41	K 96	00:35:44	00:49:47	00:56:33.45	00:58:09.10	5:39	10.6
42	FLOREK MAŁGORZATA	174		WARSZAWA	POL	K 30-39	42	K 97	00:35:54	00:50:07	00:56:40.30	00:58:15.70	5:40	10.6
43	CZACH NATALIA	118	WARSZAWSKI KLUB ROGATEGO MORSZA	WARSZAWA	POL	K 30-39	43	K 103	00:37:27	00:50:42	00:57:14.90	00:59:10.10	5:43	10.5
44	BRODAWKA OLGA	71		WARSZAWA	POL	K 30-39	44	K 106	00:36:37	00:50:43	00:57:49.85	00:58:49.30	5:47	10.4
45	GAJ-ŚWIEŻACZYŃSKA JOANNA	187		KOMORÓW	POL	K 30-39	45	K 108	00:38:09	00:51:24	00:58:01.30	00:59:49.20	5:48	10.3
46	LEWANDOWSKA AGNIESZKA	445		LEGIONOWO	POL	K 30-39	46	K 117	00:37:25	00:51:16	00:58:17.45	00:59:02.45	5:49	10.3
47	PRZYBYSŁAWSKA-PRASKA ILONA	642		WARSZAWA	POL	K 30-39	47	K 119	00:37:16	00:51:21	00:58:31.30	00:59:37.70	5:51	10.3
48	GRYCZKA-CIOŁEK MONIKA	232		WARSZAWA	POL	K 30-39	48	K 125	00:37:44	00:52:03	00:59:07.00	00:59:25.70	5:54	10.1
49	LODOWSKA ILONA	454		JABŁONNA	POL	K 30-39	49	K 126	00:38:18	00:52:15	00:59:07.40	01:00:00.55	5:54	10.1
50	POLAŃSKA AGNIESZKA	630		WARSZAWA	POL	K 30-39	50	K 129	00:37:44	00:52:16	00:59:12.40	01:00:11.05	5:55	10.1
51	PASEK DOROTA	601		WARSZAWA	POL	K 30-39	51	K 130	00:39:12	00:52:31	00:59:12.40	01:00:58.60	5:55	10.1
52	PYRAK JOANNA	650	AEGONRUN	WARSZAWA	POL	K 30-39	52	K 136	00:37:59	00:52:10	00:59:25.95	01:00:48.85	5:56	10.1
53	SZTYGOWSKA ANNA	1012		WARSZAWA	POL	K 30-39	53	K 138	00:37:57	00:52:36	00:59:31.05	01:00:28.65	5:57	10.1
54	DAMPC NATALIA	131		WARSZAWA	POL	K 30-39	54	K 139	00:37:34	00:52:47	00:59:31.20	01:00:56.65	5:57	10.1
55	KACZAN JOANNA	315		WARSZAWA (BIAŁOLEKA)	POL	K 30-39	55	K 142	00:38:25	00:52:37	00:59:47.75	01:01:23.75	5:58	10
56	SWIETLIK MAGDALENA	767		WARSZAWA	POL	K 30-39	56	K 144	00:37:52	00:52:42	00:59:51.85	01:00:56.80	5:59	10
57	BULIK BOŻENA	82	PARTNER	WARSZAWA	POL	K 30-39	57	K 145	00:38:37	00:52:46	00:59:53.40	01:01:21.85	5:59	10
58	BRONICKA ELA	72	VEGE RUNNERS	WARSZAWA	POL	K 30-39	58	K 151	00:38:28	00:53:17	01:00:42.15	01:02:24.70	6:04	9.9
59	HÄNCHEN ELISABETH	243		WARSZAWA	POL	K 30-39	59	K 153	00:38:49	00:53:55	01:00:52.45	01:02:49.40	6:05	9.9
60	NOWAK MAGDALENA	564	AEGONRUN	WARSZAWA	POL	K 30-39	60	K 155	00:39:25	00:53:54	01:01:21.05	01:02:43.75	6:08	9.8
61	BRZÓZKA MAGDA	76		WARSZAWA	POL	K 30-39	61	K 161	00:39:38	00:54:27	01:01:38.50	01:03:28.50	6:09	9.7
62	NOWAK KASIA	567		WARSZAWA	POL	K 30-39	62	K 162	00:39:39	00:54:29	01:01:38.80	01:03:28.60	6:09	9.7
63	SAL KINGA	690		WARSZAWA	POL	K 30-39	63	K 163	00:38:57	00:54:23	01:01:41.30	01:03:42.75	6:10	9.7
64	SIKORSKA AGNIESZKA	928		WARSZAWA	POL	K 30-39	64	K 167	00:40:03	00:54:42	01:01:49.35	01:03:40.65	6:10	9.7
65	DĄBROWSKA BEATA	134		JABŁONNA	POL	K 30-39	65	K 168	00:39:22	00:54:42	01:01:49.65	01:02:42.55	6:11	9.7
66	PRZEDPEŁSKA ANETA	638		WARSZAWA	POL	K 30-39	66	K 171	00:39:22	00:54:33	01:02:02.05	01:03:28.40	6:12	9.7
67	GAWIDZIEL SYLWIA	190		WARSZAWA	POL	K 30-39	67	K 173			01:02:16.25	01:02:16.25	6:13	9.6
68	WOJTAL KATARZYNA	872	WATAHA - WARSZAWA	PIASECZNO	POL	K 30-39	68	K 174	00:39:17	00:54:38	01:02:16.60	01:03:43.10	6:13	9.6
69	CHOROŚ SYLWIA	922		WARSZAWA	POL	K 30-39	69	K 176	00:39:50	00:55:01	01:02:30.60	01:03:59.40	6:15	9.6
70	GRYGALEWICZ ANNA	233	G PARTNER RUNNERS	WARSZAWA	POL	K 30-39	70	K 178	00:39:51	00:55:16	01:02:48.00	01:04:35.10	6:16	9.6
71	KORENKIEWICZ ANNA	370		ZĄBKI	POL	K 30-39	71	K 181	00:41:02	00:56:09	01:03:28.10	01:05:22.00	6:20	9.5
72	STRZELEC AGNIESZKA	753		WARSZAWA	POL	K 30-39	72	K 182	00:39:31	00:55:41	01:03:36.90	01:04:40.25	6:21	9.4
73	OBREBOWSKA MAŁGORZATA	950		WARSZAWA	POL	K 30-39	73	K 183	00:40:07	00:55:45	01:03:40.05	01:05:03.60	6:22	9.4
74	BASIAK AGNIESZKA	25		WARSZAWA	POL	K 30-39	74	K 184	00:39:18	00:55:16	01:03:40.90	01:05:11.80	6:22	9.4
75	OLSZEWSKA DOROTA	579		WARSZAWA	POL	K 30-39	75	K 189	00:39:22	00:55:33	01:04:09.45	01:04:33.90	6:24	9.4
76	WITECKA ANNA	855		WARSZAWA	POL	K 30-39	76	K 190	00:40:16	00:56:19	01:04:26.85	01:06:20.60	6:26	9.3
77	PROROK MAŁGOSIA	636		PIASECZNO	POL	K 30-39	77	K 192	00:42:04	00:57:17	01:04:45.80	01:06:55.70	6:28	9.3
78	CYGAN KATARZYNA	116		WARSZAWA	POL	K 30-39	78	K 194	00:41:11	00:57:00	01:04:58.35	01:06:33.50	6:29	9.2
79	ŚWIERSZCZ ANETA	798		ZALESIE	POL	K 30-39	79	K 195	00:41:05	00:57:12	01:04:59.30	01:06:53.60	6:29	9.2
80	WYSOCKA KAROLINA	880		WARSZAWA	POL	K 30-39	80	K 196	00:41:14	00:56:53	01:05:05.25	01:06:36.60	6:30	9.2
81	OSIAK ŻANETA	586		ŁASKARZEW	POL	K 30-39	81	K 197	00:40:42	00:57:10	01:05:06.15	01:06:31.70	6:30	9.2
82	BORKOWSKA OLGA	60		WARSZAWA	POL	K 30-39	82	K 198	00:41:25	00:57:35	01:05:16.95	01:06:07.65	6:31	9.2
83	BARTECKA-MATUSZEWSKA URSZULA	21		NOWY DWÓR MAZOWIECKI	POL	K 30-39	83	K 202	00:41:10	00:57:23	01:05:45.90	01:06:41.70	6:34	9.1
84	REJCHERT KAMILA	657		WARSZAWA	POL	K 30-39	84	K 203	00:41:04	00:57:38	01:05:49.45	01:07:32.35	6:35	9.1
85	CZAJKOWSKA KRYSZYNA	120		WARSZAWA	POL	K 30-39	85	K 204	00:40:50	00:57:55	01:05:50.10	01:06:08.35	6:35	9.1
86	BABIAK-WARDAK KATARZYNA	11		WARSZAWA	POL	K 30-39	86	K 206	00:42:32	00:58:31	01:06:22.80	01:07:40.70	6:38	9

**BIEG PRZEZ MOST 2019, K 30-39 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
87	KLIMEK KATARZYNA	352		WARSZAWA	POL	K 30-39	87	K 207	00:41:51	00:58:32	01:06:25.30	01:06:43.95	6:38	9
88	SZŁAPA URSZULA	778	SPOT PSZCZYNA	CZARKÓW	POL	K 30-39	88	K 211	00:41:50	00:58:24	01:06:38.55	01:08:43.25	6:39	9
89	CIEPLAK KASIA	105		WARSZAWA	POL	K 30-39	89	K 212	00:41:49	00:58:28	01:06:38.70	01:08:10.40	6:39	9
90	WINDER AGNIESZKA	851		WARSZAWA	POL	K 30-39	90	K 215	00:41:24	00:58:41	01:07:28.65	01:09:16.95	6:44	8.9
91	ZAWADZIŃSKA ANNA	895		WARSZAWA	POL	K 30-39	91	K 217	00:43:53	01:00:09	01:07:42.10	01:09:51.80	6:46	8.9
92	JAWORSKA JOANNA	287		WARSZAWA	POL	K 30-39	92	K 221	00:44:41	01:00:27	01:08:17.50	01:10:17.00	6:49	8.8
93	KŁOPOTOWSKA MAŁGORZATA	355		WARSZAWA	POL	K 30-39	93	K 224	00:43:14	01:00:46	01:09:19.75	01:10:04.05	6:56	8.7
94	WRONKA MARIANA	878	ZABIEGANY WOŁOMIN	WOŁOMIN	POL	K 30-39	94	K 225	00:43:47	01:00:51	01:09:24.75	01:09:51.90	6:56	8.6
95	FURMAN DOROTA	179		WARSZAWA	POL	K 30-39	95	K 226	00:44:42	01:01:27	01:09:26.60	01:11:30.50	6:56	8.6
96	GRZANECKA AGNIESZKA	236		WARSZAWA	POL	K 30-39	96	K 227	00:44:32	01:01:06	01:09:34.15	01:11:43.75	6:57	8.6
97	MROZIK WIOLETTA	545		WARSZAWA	POL	K 30-39	97	K 229	00:44:20	01:01:37	01:09:35.90	01:11:16.75	6:57	8.6
98	KUREK IZABELA	430	BIEGAM POWOLI	WARSZAWA	POL	K 30-39	98	K 231	00:43:37	01:01:09	01:09:38.55	01:11:29.55	6:57	8.6
99	JANKOWSKA JOLA	271		WARSZAWA	POL	K 30-39	99	K 235	01:12:11.00	01:12:11.00	01:12:11.00	01:12:11.00	7:13	8.3
100	JANUKOWICZ AGNIESZKA	277		WARSZAWA	POL	K 30-39	100	K 236			01:12:14.00	01:12:14.00	7:13	8.3
101	BANASIK KATARZYNA	16	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	K 30-39	101	K 237	00:46:24	01:03:57	01:12:27.35	01:13:42.55	7:14	8.3
102	CHEN FENGOIN	88		LESNOWOLA	CHI	K 30-39	102	K 243	00:48:05	01:06:37	01:15:51.60	01:15:59.60	7:35	7.9
103	ZAWADZKA MAGDALENA	896	ZAJĄC	WARSZAWA	POL	K 30-39	103	K 246	00:47:15	01:04:55	01:19:54.30	01:22:11.95	7:59	7.5
104	GIEDYK KATARZYNA	197		WARSZAWA	POL	K 30-39	104	K 247	00:50:22	01:10:34	01:19:54.65	01:21:55.40	7:59	7.5
105	LEWANDOWSKA EWELINA	444	WATAHA - ŁĄCZY NAS BIEGANIE	PIASECZNO	POL	K 30-39	105	K 248			01:22:46.30	01:25:13.20	8:16	7.2
106	KRAWCZYK MARLENA	401		WARSZAWA	POL	K 30-39	106	K 254						

**BIEG PRZEZ MOST 2019, M 30-39**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
1	PARSZCZYŃSKI ŁUKASZ	599	TEAM PARSZCZYŃSKICH	WARSZAWA	POL	M 30-39	1	M 3	00:20:26	00:28:15	00:32:08.60	00:32:11.00	3:12	18.7
2	SKIBIŃSKI MIKOŁAJ	714	DUKLANOWSKI TEAM / ADIDAS WARSZAWA RUNNERS / @ARKENYA_TEAM	POZNAŃ	POL	M 30-39	2	M 8	00:22:07	00:30:20	00:34:19.55	00:34:21.50	3:26	17.5
3	ORZEŁ MICHAŁ	1014		WARSZAWA	POL	M 30-39	3	M 9	00:22:17	00:30:10	00:34:26.75	00:34:29.25	3:26	17.4
4	MICHALSKI PIOTR	524		PIASECZNO	POL	M 30-39	4	M 11	00:22:04	00:30:30	00:34:42.95	00:34:46.25	3:28	17.3
5	JOSYPENKO JĘDRZEJ	924	DREAM RUN	WARSZAWA	POL	M 30-39	5	M 13	00:22:40	00:31:23	00:35:44.00	00:35:47.40	3:34	16.8
6	WYSOCKI MARCIN	881	WARSZAWIACKI	MICHAŁOWICE	POL	M 30-39	6	M 14	00:23:21	00:31:47	00:35:54.50	00:35:58.20	3:35	16.7
7	PRZYBYŁA KRZYSZTOF	641	ADIDAS RUNNERS WARSZAWA	WARSZAWA	POL	M 30-39	7	M 17	00:23:36	00:32:08	00:36:21.60	00:36:24.55	3:38	16.5
8	ZARODKIEWICZ DAWID	891	#TZD	KRASNE	POL	M 30-39	8	M 18	00:23:33	00:32:13	00:36:35.95	00:36:40.30	3:39	16.4
9	HILDEBRAND MARCIN	249	OUTLETBIEGOWY /BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 30-39	9	M 22	00:23:56	00:33:08	00:37:37.20	00:37:39.25	3:45	16
10	ŁABĘDZKI KONRAD	457	ADIDAS RUNNERS WARSZAWA	WARSZAWA	POL	M 30-39	10	M 23	00:24:16	00:33:23	00:37:49.90	00:37:53.50	3:47	15.9
11	ŁOBACZ MICHAŁ	464		WARSZAWA	POL	M 30-39	11	M 24	00:24:29	00:33:38	00:37:54.50	00:37:58.50	3:47	15.8
12	ŁĘGOCKI MARCIN	463	PIETRZYK RUNNING TEAM / WSEWS WARSZAWA	WARSZAWA	POL	M 30-39	12	M 29	00:24:57	00:33:55	00:38:19.90	00:38:27.55	3:50	15.7
13	SIERADZKI KRZYSZTOF	700		WARSZAWA	POL	M 30-39	13	M 31	00:24:28	00:33:42	00:38:31.35	00:38:34.70	3:51	15.6
14	JACKOWICZ PAWEŁ	261		MIŃSK MAZOWIECKI	POL	M 30-39	14	M 35	00:24:47	00:34:29	00:39:20.90	00:39:25.10	3:56	15.2
15	JUSIŃSKI KRYSZTOF	306	BRACTWO BIEGOWE BGK	WARSZAWA	POL	M 30-39	15	M 36	00:25:46	00:34:53	00:39:28.15	00:39:34.80	3:56	15.2
16	VASHKEVICH VITAL	826		WARSZAWA	BEL	M 30-39	16	M 37	00:25:21	00:34:47	00:39:30.90	00:39:36.00	3:57	15.2
17	ŁOZOWSKI OLAF	468		GRODZISK MAZOWIECKI	POL	M 30-39	17	M 38	00:25:46	00:34:56	00:39:31.45	00:39:38.90	3:57	15.2
18	GŁOWACKI PAWEŁ	205	SEROCK BIEGA Z HOTELEM NARVIL	SEROCK	POL	M 30-39	18	M 42	00:25:53	00:35:18	00:39:41.80	00:39:48.90	3:58	15.1
19	MARSZAŁ MARIUSZ	503	PSYCHOPATA BIEGOWY	WARSZAWA	POL	M 30-39	19	M 44	00:25:53	00:35:00	00:39:48.95	00:39:53.15	3:58	15.1
20	PIATKA TOMASZ	615	ENEL-SPORT RUNNERS TEAM	WARSZAWA	POL	M 30-39	20	M 45	00:25:53	00:35:24	00:39:58.10	00:40:05.35	3:59	15
21	WERNER KAMIL	842	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 30-39	21	M 50	00:25:57	00:35:32	00:40:07.40	00:40:41.90	4:00	15
22	SZCZEPKOWSKI BARTŁOMIEJ	773		WARSZAWA	POL	M 30-39	22	M 47	00:25:53	00:35:19	00:40:10.90	00:40:16.35	4:01	14.9
23	NIEGOWSKI ROBERT	559	STARE BABICE BIEGAJA	KOCZARGI STARE	POL	M 30-39	23	M 48	00:25:53	00:35:27	00:40:17.05	00:40:23.15	4:01	14.9
24	ZHENG HAISHAN	902		LESNOWOLA	CHI	M 30-39	24	M 53	00:26:04	00:36:05	00:40:50.65	00:40:57.50	4:05	14.7
25	BURZA PAWEŁ	84		WARSZAWA	POL	M 30-39	25	M 54	00:26:02	00:35:59	00:40:54.65	00:40:59.45	4:05	14.7
26	JUTKIEWICZ MARCIN	993		WARSZAWA	POL	M 30-39	26	M 55	00:26:24	00:36:07	00:40:59.00	00:41:10.85	4:05	14.6
27	SIEGIEDA MICHAŁ	699	ADIDAS RUNNERS	WARSZAWA	POL	M 30-39	27	M 60	00:26:21	00:36:33	00:41:20.65	00:41:26.10	4:08	14.5
28	LISZKIEWICZ KONRAD	453		ZABORÓWEK	POL	M 30-39	28	M 63	00:26:25	00:36:41	00:41:41.60	00:41:46.85	4:10	14.4

**BIEG PRZEZ MOST 2019, M 30-39 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
29	GIERAK KRIS	199	SANTANDER RUNNERS	WARSZAWA	POL	M 30-39	29	M 64	00:26:45	00:36:53	00:41:42.95	00:41:51.45	4:10	14.4
30	ROWIŃSKI ARKADIUSZ	960		WARSZAWA	POL	M 30-39	30	M 65	00:27:07	00:37:02	00:41:45.60	00:41:49.80	4:10	14.4
31	CIEŚLAK PIOTR	111		WARSZAWA	POL	M 30-39	31	M 68	00:27:25	00:37:12	00:41:51.10	00:42:05.00	4:11	14.3
32	ZYCH ŁUKASZ	910		MARKI	POL	M 30-39	32	M 72	00:26:11	00:36:46	00:42:04.80	00:42:10.10	4:12	14.3
33	ANDRZEJEWSKI MARIUSZ	7	T-MOBILE RUNNING TEAM	WARSZAWA	POL	M 30-39	33	M 73	00:27:37	00:37:19	00:42:06.35	00:42:17.90	4:12	14.3
34	SLEPOWRONSKI BOGDAN	718	TO NATURALNE	WARSZAWA	POL	M 30-39	34	M 76	00:26:57	00:37:21	00:42:11.25	00:42:30.25	4:13	14.2
35	KNAP PIOTR	987				M 30-39	35	M 77	00:27:11	00:37:20	00:42:12.90	00:42:26.05	4:13	14.2
36	RAK ADAM	655	MPWIK	WARSZAWA	POL	M 30-39	36	M 78	00:26:38	00:37:19	00:42:21.40	00:42:27.25	4:14	14.2
37	JAWORSKI ARKADIUSZ	289		IZABELIN	POL	M 30-39	37	M 79	00:27:01	00:37:25	00:42:22.05	00:42:39.40	4:14	14.2
38	PUTON MICHAŁ	649		LIPSKO	POL	M 30-39	38	M 82	00:26:57	00:37:21	00:42:26.50	00:42:49.25	4:14	14.1
39	GAJOWNICZEK SŁAWOMIR	185		WARSZAWA	POL	M 30-39	39	M 83	00:27:20	00:37:34	00:42:29.10	00:42:48.80	4:14	14.1
40	WŁOSTOWSKI MAREK	865	VEGE RUNNERS	KRAKÓW	POL	M 30-39	40	M 87	00:27:17	00:37:31	00:42:36.85	00:42:58.05	4:15	14.1
41	FALKOWSKI ŁUKASZ	165		WARSZAWA	POL	M 30-39	41	M 94	00:27:38	00:38:24	00:43:15.90	00:43:31.55	4:19	13.9
42	SMORAWSKI WODZISŁAW	722		WARSZAWA	POL	M 30-39	42	M 95	00:27:41	00:38:09	00:43:22.20	00:43:29.90	4:20	13.8
43	MAŃKA KRZYSZTOF	496	PZU SPORT TEAM	WARSZAWA	POL	M 30-39	43	M 96	00:27:46	00:38:15	00:43:25.25	00:43:39.00	4:20	13.8
44	DZIUBA TOMASZ	160	MASTERSDOJO	WARSZAWA	POL	M 30-39	44	M 99	00:27:32	00:38:20	00:43:32.35	00:43:46.05	4:21	13.8
45	BICZAN KAMIL	39		WARSZAWA	POL	M 30-39	45	M 102	00:27:41	00:38:17	00:43:44.30	00:44:18.20	4:22	13.7
46	CHMARZYŃSKI PAWEŁ	90	ŚLĘZAKTEAM	SULEJÓWEK	POL	M 30-39	46	M 103	00:28:15	00:38:39	00:43:45.45	00:44:34.95	4:22	13.7
47	KWIATKOWSKI ADAM	435	KB WYSZÓW	WYSZKÓW	POL	M 30-39	47	M 104	00:28:06	00:38:48	00:43:52.55	00:44:09.05	4:23	13.7
48	MINIAKOWSKI SZYMON	533		WARSZAWA	POL	M 30-39	48	M 106	00:28:43	00:39:14	00:43:55.80	00:44:00.30	4:23	13.7
49	CNOTA MACIEJ	1040		WARSZAWA		M 30-39	49	M 107	00:28:03	00:38:50	00:43:57.50	00:44:20.25	4:23	13.6
50	GÓRSKI MARCIN	217	MINISTERSTWO ZDROWIA	WARSZAWA	POL	M 30-39	50	M 108	00:28:18	00:38:39	00:43:58.05	00:44:15.15	4:23	13.6
51	ŚLIMKO DANIEL	792	OLEJ RUNNING TEAM	WARSZAWA	POL	M 30-39	51	M 109	00:28:39	00:39:05	00:43:59.65	00:44:10.30	4:24	13.6
52	WILCZYŃSKI TOMASZ	850		WARSZAWA	POL	M 30-39	52	M 110	00:28:44	00:38:50	00:44:04.95	00:44:38.00	4:24	13.6
53	RYTKOWSKI PIOTR	685		WARSZAWA	POL	M 30-39	53	M 111	00:29:45	00:39:11	00:44:04.95	00:44:32.00	4:24	13.6
54	SUŁKOWSKI TOMASZ	764		WARSZAWA	POL	M 30-39	54	M 113	00:27:44	00:38:41	00:44:13.50	00:44:27.10	4:25	13.6
55	WŁODKOWSKI ROBERT	864	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M 30-39	55	M 114	00:28:38	00:39:13	00:44:17.25	00:44:59.40	4:25	13.5
56	STĘPIEŃ ADAM	745	ANANASY	WARSZAWA	POL	M 30-39	56	M 116	00:28:20	00:39:05	00:44:27.55	00:44:39.40	4:26	13.5
57	SOŁOWIEJ ŁUKASZ	730	OIRP WARSZAWA	WARSZAWA	POL	M 30-39	57	M 118	00:28:52	00:39:17	00:44:28.10	00:44:51.45	4:26	13.5
58	PIOTROWSKI MICHAŁ	625		BŁONIE	POL	M 30-39	58	M 119	00:29:22	00:39:31	00:44:28.55	00:45:08.35	4:26	13.5
59	WICK JULIUSZ	846		WARSZAWA	POL	M 30-39	59	M 121	00:28:45	00:39:18	00:44:32.40	00:44:51.60	4:27	13.5
60	RAK MICHAŁ	654		WARSZAWA	POL	M 30-39	60	M 128	00:28:44	00:39:13	00:44:43.60	00:45:15.80	4:28	13.4
61	ŚWIECA MARCIN	796		WARSZAWA	POL	M 30-39	61	M 131	00:28:39	00:39:28	00:44:49.60	00:45:27.05	4:29	13.4
62	PAŁKA WOJCIECH	594	VASCO RUNNERS	JÓZEFÓW	POL	M 30-39	62	M 134	00:28:56	00:39:36	00:44:53.50	00:47:27.85	4:29	13.4
63	GURGON ARKADIUSZ	997	ZABIEGANY WOŁOMIN	KOBYŁKA		M 30-39	63	M 135	00:39:38		00:44:59.25	00:44:59.25	4:29	13.3
64	VASILEV VESELIN	827		WARSZAWA	POL	M 30-39	64	M 138	00:28:55	00:39:49	00:45:11.45	00:45:35.55	4:31	13.3
65	OSTROWSKI MARCIN	951	PZU SPORT TEAM	WARSZAWA	POL	M 30-39	65	M 145	00:29:56	00:40:17	00:45:28.95	00:46:14.90	4:32	13.2
66	ŚCIBOR MARCIN	790		KRASNYSTAW		M 30-39	66	M 147	00:28:58	00:40:07	00:45:30.95	00:45:53.20	4:33	13.2
67	BEKKER PIOTR	983				M 30-39	67	M 153	00:29:46	00:40:25	00:45:43.80	00:46:13.15	4:34	13.1
68	MATYSIAK PAWEŁ	512	PAWEŁBIEGA.PL	ŻYRARDÓW	POL	M 30-39	68	M 154	00:29:08	00:40:18	00:45:44.85	00:46:00.55	4:34	13.1
69	KOWALSKI MICHAŁ	1004	LEMIESZ TEAM	WARSZAWA	POL	M 30-39	69	M 156			00:45:53.00	00:45:53.00	4:35	13.1
70	SZYMAŃSKI ANDRZEJ	787		WARSZAWA	POL	M 30-39	70	M 159	00:29:15	00:40:30	00:46:00.80	00:46:11.85	4:36	13
71	PAWLUS BARTŁOJEM	607		WARSZAWA	POL	M 30-39	71	M 160	00:29:33	00:40:38	00:46:01.25	00:46:23.50	4:36	13
72	MAKOWSKI MARCIN	483		WARSZAWA	POL	M 30-39	72	M 165	00:29:59	00:40:57	00:46:15.45	00:46:26.85	4:37	13
73	BAJDAŁA ROBERT	13		WARSZAWA	POL	M 30-39	73	M 171	00:29:36	00:41:10	00:46:21.85	00:47:04.90	4:38	12.9
74	MICHAŁAK JACEK	522		RAJSZEW	POL	M 30-39	74	M 172	00:30:10	00:40:56	00:46:22.85	00:46:54.65	4:38	12.9
75	KRUK MARCIN	978				M 30-39	75	M 173	00:29:30	00:40:51	00:46:23.40	00:46:37.70	4:38	12.9
76	PALUCH KAMIL	593		WARSZAWA	POL	M 30-39	76	M 178	00:29:39	00:41:02	00:46:37.95	00:46:55.30	4:39	12.9
77	ŻYLAK ADRIAN	920	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 30-39	77	M 179	00:30:03	00:41:13	00:46:42.65	00:47:03.40	4:40	12.8
78	URBANIAK MICHAŁ	823		KIELCE	POL	M 30-39	78	M 180	00:30:02	00:41:21	00:46:44.95	00:47:00.95	4:40	12.8
79	ŁUKASIAK JAN	474		WARSZAWA	POL	M 30-39	79	M 182	00:29:34	00:41:04	00:46:45.25	00:47:26.80	4:40	12.8
80	KOWALSKI MAREK	393	NUNA	NASIELSK	POL	M 30-39	80	M 186	00:30:25	00:41:36	00:46:51.70	00:47:20.45	4:41	12.8
81	SURDACKI DOMINIK	765		WARSZAWA	POL	M 30-39	81	M 189	00:30:12	00:41:39	00:46:57.40	00:47:23.45	4:41	12.8
82	BADOWSKI PIOTR	12	DEUTSCHE BANK MARATHON TEAM	WARSZAWA	POL	M 30-39	82	M 190	00:30:17	00:41:38	00:47:01.30	00:47:42.50	4:42	12.8
83	CZYŻYK MARCIN	129	ITMBW KRAKÓW	KRAKÓW	POL	M 30-39	83	M 194	00:30:08	00:41:29	00:47:14.85	00:47:45.05	4:43	12.7
84	BOROWY ŁUKASZ	66	BRAJANUSZ	ŻYRARDÓW	POL	M 30-39	84	M 197	00:29:52	00:41:39	00:47:24.05	00:47:46.20	4:44	12.7
85	WOJCIECHOWSKI MAREK	870	ADIDAS RUNNERS WARSAW	BIAŁYSTOK	POL	M 30-39	85	M 199	00:30:17	00:41:54	00:47:26.15	00:47:46.90	4:44	12.6

**BIEG PRZEZ MOST 2019, M 30-39 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
86	RÓZYCKI JAROSŁAW	673		LEGIONOWO	POL	M 30-39	86	M 205	00:31:02	00:42:26	00:47:40.60	00:48:35.80	4:46	12.6
87	JANISZEWSKI RAFAŁ	269		LEGIONOWO	POL	M 30-39	87	M 213	00:31:51	00:42:40	00:47:49.40	00:48:44.90	4:46	12.5
88	DOMŻALSKI ARTUR	148		WARSZAWA	POL	M 30-39	88	M 217	00:30:41	00:42:20	00:48:03.05	00:48:43.65	4:48	12.5
89	DALECKI ŁUKASZ	130		NOWE PIEŚCIROGI	POL	M 30-39	89	M 220	00:31:10	00:42:30	00:48:09.95	00:48:53.45	4:49	12.5
90	DRZYMAŁA KRZYSZTOF	154		WARSZAWA	POL	M 30-39	90	M 228	00:31:17	00:42:40	00:48:19.05	00:49:12.50	4:49	12.4
91	HUSZCZA PAWEŁ	254		WARSZAWA	POL	M 30-39	91	M 232	00:30:49	00:42:36	00:48:25.05	00:48:42.90	4:50	12.4
92	DUDA JACEK	953		PRUSZKÓW	POL	M 30-39	92	M 233	00:31:18	00:42:45	00:48:29.20	00:49:21.75	4:50	12.4
93	KARPIŃSKI MARCIN	982		WARSZAWA	POL	M 30-39	93	M 235	00:31:14	00:42:40	00:48:30.25	00:48:58.90	4:51	12.4
94	KRÓLCZYŃSKI MACIEJ	994		GRODZISK MAZOWIECKI	POL	M 30-39	94	M 241	00:31:26	00:42:59	00:48:39.20	00:49:26.85	4:51	12.3
95	SUCHORAB KRZYSZTOF	760		WARSZAWA	POL	M 30-39	95	M 244	00:31:21	00:43:00	00:48:47.20	00:50:23.50	4:52	12.3
96	LIPIŃSKI OSKAR	932		WARSZAWA	POL	M 30-39	96	M 250	00:31:21	00:43:29	00:49:02.30	00:49:35.55	4:54	12.2
97	JANKOWSKI DARIUSZ	275	PAŁUKI RUNNING TEAM	WARSZAWA	POL	M 30-39	97	M 252	00:32:17	00:43:37	00:49:12.00	00:49:59.35	4:55	12.2
98	SZLENDAK MAREK	777		RYKI	POL	M 30-39	98	M 254	00:31:55	00:43:33	00:49:17.15	00:50:07.55	4:55	12.2
99	WOŁOWSKI KAMIL	874		WARSZAWA	POL	M 30-39	99	M 257	00:32:02	00:43:35	00:49:21.40	00:50:18.10	4:56	12.2
100	STAROWICZ KAZIMIERZ	744		WARSZAWA	POL	M 30-39	100	M 258	00:32:05	00:43:47	00:49:22.85	00:49:46.45	4:56	12.1
101	KRÓL TOMASZ	402		NOWY DWÓR MAZOWIECKI	POL	M 30-39	101	M 259	00:31:29	00:43:30	00:49:23.15	00:49:50.60	4:56	12.1
102	DEREWICZ MARIUSZ	142		WARSZAWA	POL	M 30-39	102	M 261	00:31:58	00:43:40	00:49:24.20	00:50:20.10	4:56	12.1
103	PERKOWSKI PAWEŁ	610		WARSZAWA	POL	M 30-39	103	M 264	00:31:40	00:43:34	00:49:26.95	00:50:09.40	4:56	12.1
104	ŻOCHOWSKI PAWEŁ	912		SKRZESZEW	POL	M 30-39	104	M 275	00:31:13	00:43:45	00:49:48.35	00:50:31.40	4:58	12
105	DUDEK BARTŁOMIEJ	155	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 30-39	105	M 276	00:31:31	00:43:36	00:49:52.40	00:51:14.50	4:59	12
106	MAREK BARTŁOMIEJ	500		DĘBE WIELKIE	POL	M 30-39	106	M 282	00:32:38	00:44:29	00:50:02.05	00:50:55.70	5:00	12
107	JAROSZEK PIOTR	281	VEGE RUNNERS	KRECZKI	POL	M 30-39	107	M 284	00:31:33	00:43:50	00:50:03.05	00:50:40.00	5:00	12
108	MANCZENKO EUGENIUSZ	494	LEŚNE SZYCHY	WARSZAWA	POL	M 30-39	108	M 288	00:32:43	00:44:27	00:50:11.90	00:51:16.20	5:01	12
109	NOGAS SEBASTIAN	560	PZU SPORTTEAM	WARSZAWA	POL	M 30-39	109	M 290			00:50:13.00	00:50:13.00	5:01	11.9
110	KLEPACKI PIOTR	350		PIOTRKÓW TRYB.	POL	M 30-39	110	M 297	00:33:03	00:44:46	00:50:31.70	00:50:43.70	5:03	11.9
111	LIBOLD MACIEK	447		WARSZAWA	POL	M 30-39	111	M 300	00:32:39	00:44:36	00:50:37.95	00:50:51.35	5:03	11.8
112	DUDKO MIKAŁAJ	156	JACEKBIEGA RUNNING TEAM	WARSAW	POL	M 30-39	112	M 301	00:32:25	00:45:08	00:50:44.35	00:51:28.05	5:04	11.8
113	KASKA MATEUSZ	334		WOŁOMIN	POL	M 30-39	113	M 303	00:31:31	00:44:19	00:50:49.00	00:51:26.60	5:04	11.8
114	CHRÓST MARCIN	100	KS-ZIELONO CZARNI	MIŃSK MAZOWIECKI	POL	M 30-39	114	M 307	00:31:05	00:44:19	00:50:57.45	00:51:23.05	5:05	11.8
115	NOWAK DAWID	566		WARSZAWA	POL	M 30-39	115	M 312	00:33:57	00:45:41	00:51:03.45	00:52:29.20	5:06	11.7
116	BIENIEK WOJCIECH	43	TRENER24	WARSZAWA	POL	M 30-39	116	M 316	00:32:47	00:45:13	00:51:12.95	00:52:15.60	5:07	11.7
117	ROGAŁA MARCIN	662		WARSZAWA	POL	M 30-39	117	M 318	00:32:15	00:45:01	00:51:13.40	00:51:48.20	5:07	11.7
118	PASIŃSKI DANIEL	949	GRUPA BIEGOWA UM WARSZAWA	WARSZAWA	POL	M 30-39	118	M 319	00:32:32	00:45:17	00:51:18.70	00:51:49.10	5:07	11.7
119	BAZYLEWICZ HUBERT	27		WARSZAWA	POL	M 30-39	119	M 320	00:32:15	00:45:06	00:51:21.20	00:52:17.15	5:08	11.7
120	ODZIEMCZYK SEBASTIAN	574		WARSZAWA	POL	M 30-39	120	M 324	00:32:46	00:45:15	00:51:26.35	00:52:15.90	5:08	11.7
121	SKARŻYŃSKI ADAM	711	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 30-39	121	M 325	00:32:52	00:45:17	00:51:32.05	00:52:20.30	5:09	11.6
122	KLIMCZYŃSKI RAFAŁ	351		WARSZAWA	POL	M 30-39	122	M 327	00:33:14	00:45:33	00:51:34.00	00:52:45.25	5:09	11.6
123	CHUDIO MARCIN	103		WARSZAWA	POL	M 30-39	123	M 328	00:32:39	00:45:22	00:51:36.45	00:52:28.45	5:09	11.6
124	FABIANOWICZ PAWEŁ	162	BOŚ BANK SA	WARSZAWA	POL	M 30-39	124	M 332	00:32:35	00:45:21	00:51:43.00	00:52:35.55	5:10	11.6
125	CZAPSKI MICHAŁ	124	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 30-39	125	M 333	00:32:38	00:45:31	00:51:43.80	00:52:19.30	5:10	11.6
126	STOKOWSKI PAWEŁ	985		WARSZAWA	POL	M 30-39	126	M 334	00:32:59	00:45:25	00:51:44.70	00:52:13.80	5:10	11.6
127	GRYCNER PAWEŁ	230	SHAKALAKA BOOM BOOM	WARSZAWA	POL	M 30-39	127	M 337	00:33:29	00:45:55	00:51:52.10	00:52:48.10	5:11	11.6
128	CHOTOMSKI MARCIN	99		LEGIONOWO	POL	M 30-39	128	M 339	00:33:18	00:45:48	00:51:54.40	00:52:01.35	5:11	11.6
129	CHĘĆ TOMASZ	89		WARSZAWA	POL	M 30-39	129	M 341	00:33:51	00:46:08	00:51:56.85	00:53:06.20	5:11	11.5
130	JASIŃSKI ADAM	283		ZĄBKI	POL	M 30-39	130	M 349	00:34:06	00:46:28	00:52:29.20	00:53:29.55	5:14	11.4
131	FIJĄŁEK KAMIL	168		WARSZAWA	POL	M 30-39	131	M 351	00:33:26	00:46:12	00:52:32.00	00:53:44.30	5:15	11.4
132	SZCZEPAŃSKI MARCIN	771	WATAHA-WARSZAWA	PIASECZNO	POL	M 30-39	132	M 352	00:33:31	00:46:21	00:52:32.60	00:53:21.15	5:15	11.4
133	CHRZANOWSKI WOJCIECH	102	CJHRZANOWSKITEAM	WARSZAWA	POL	M 30-39	133	M 354	00:33:39	00:46:22	00:52:36.80	00:53:53.20	5:15	11.4
134	SOPELEWSKI SEBASTIAN	731		WARSZAWA	POL	M 30-39	134	M 355	00:33:46	00:46:41	00:52:37.20	00:53:28.20	5:15	11.4
135	MARUSZAK ŁUKASZ	504	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 30-39	135	M 356	00:34:08	00:46:45	00:52:39.70	00:53:22.60	5:16	11.4
136	POLAK MICHAŁ	629		WARSZAWA	POL	M 30-39	136	M 357	00:33:48	00:46:40	00:52:44.65	00:53:31.40	5:16	11.4
137	MENDREK IRENEUSZ	517	TURBODZIKI	WARSZAWA	POL	M 30-39	137	M 366	00:34:44	00:46:54	00:52:59.85	00:54:12.40	5:18	11.3
138	WASILEWSKI GRZEGORZ	837	RUN TEAM NASIELSK	PŁONSK	POL	M 30-39	138	M 368	00:34:25	00:47:06	00:53:17.15	00:53:51.25	5:19	11.3
139	BARTECKI TOMASZ	967		WROCŁAW	POL	M 30-39	139	M 371	00:34:39	00:47:15	00:53:20.85	00:54:30.50	5:20	11.2
140	WASIAK BARTOSZ	834		WARSZAWA	POL	M 30-39	140	M 372	00:34:30	00:47:20	00:53:29.05	00:54:47.95	5:20	11.2
141	KRZYWIEC PRZEMYSŁAW	417		FALENTY	POL	M 30-39	141	M 375	00:35:01	00:47:31	00:53:32.05	00:54:31.95	5:21	11.2
142	KLEPACKI PAWEŁ	349		WARSZAWA	POL	M 30-39	142	M 377	00:33:42	00:47:09	00:53:43.45	00:53:55.90	5:22	11.2

**BIEG PRZEZ MOST 2019, M 30-39 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
143	ADAMKIEWICZ MARCIN	961	INICJATYWA MIESZKAŃCÓW BIAŁOŁĘKI	WARSZAWA	POL	M 30-39	143	M 381	00:33:08	00:47:08	00:53:51.75	00:54:04.40	5:23	11.1
144	PIOTROWSKI JAN	624		WARSZAWA	POL	M 30-39	144	M 383	00:34:24	00:47:17	00:53:57.50	00:56:03.00	5:23	11.1
145	WŁODEK RAFAŁ	863		WARSZAWA	POL	M 30-39	145	M 385	00:34:20	00:47:36	00:54:00.60	00:55:21.75	5:24	11.1
146	MARCZAK MARCIN	498		WARSZAWA	POL	M 30-39	146	M 386	00:34:54	00:47:58	00:54:03.70	00:55:35.10	5:24	11.1
147	MITURA GRZEGORZ	537		WARSZAWA	POL	M 30-39	147	M 387	00:34:30	00:47:44	00:54:05.10	00:54:57.45	5:24	11.1
148	KOSTRUBIEC GRZEGORZ	381		WARSZAWA	POL	M 30-39	148	M 390	00:34:34	00:47:47	00:54:16.45	00:54:28.00	5:25	11.1
149	KORNESZCZUK WOJCIECH	374		STASI LAS	POL	M 30-39	149	M 391	00:35:08	00:48:23	00:54:17.20	00:55:31.65	5:25	11.1
150	GROCHOWSKI PAWEŁ	227	PZU SPORT TEAM	WARSZAWA	POL	M 30-39	150	M 397	00:34:52	00:48:16	00:54:28.45	00:55:37.55	5:26	11
151	MATUSZEWSKI PAWEŁ	510		NOWY DWÓR MAZOWIECKI	POL	M 30-39	151	M 400	00:35:07	00:48:21	00:54:39.15	00:55:37.50	5:27	11
152	KORLAK ŁUKASZ	371		WARSZAWA	POL	M 30-39	152	M 410	00:35:56	00:48:58	00:54:54.80	00:56:06.05	5:29	10.9
153	ANIOŁKOWSKI KRZYSZTOF	8	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 30-39	153	M 412	00:35:55	00:48:56	00:55:00.25	00:56:16.30	5:30	10.9
154	KĄZMIERSKI ADRIAN	336		WOŁOMIN	POL	M 30-39	154	M 413	00:35:33	00:48:39	00:55:01.25	00:56:21.50	5:30	10.9
155	ZYGADŁO PIOTR	911		WARSZAWA	POL	M 30-39	155	M 416	00:35:39	00:48:41	00:55:04.65	00:55:23.60	5:30	10.9
156	JANKOWSKI MARCIN	975	ANPHARM RUN TEAM	WARSZAWA	POL	M 30-39	156	M 417	00:35:25	00:48:47	00:55:05.00	00:57:15.90	5:30	10.9
157	IDZIAK JAROSŁAW	921		WARSZAWA	POL	M 30-39	157	M 418	00:31:20	00:45:08	00:55:05.45	00:55:41.15	5:30	10.9
158	KRÓLAK PAWEŁ	404		WARSZAWA	POL	M 30-39	158	M 419	00:35:04	00:48:27	00:55:06.75	00:56:30.85	5:30	10.9
159	RULAK JERZY	986				M 30-39	159	M 426	00:35:13	00:48:41	00:55:25.15	00:56:30.00	5:32	10.8
160	NIEDBAŁKA MARCIN	557		JÓZEFÓW	POL	M 30-39	160	M 429	00:35:05	00:48:59	00:55:34.35	00:57:09.55	5:33	10.8
161	GMYREK ROBERT	207		WARSZAWA	POL	M 30-39	161	M 434	00:35:04	00:48:59	00:55:45.60	00:56:59.90	5:34	10.8
162	STANKIEWICZ MACIEJ	739	AMI & AURI RUNNERS CLUB	WARSZAWA	POL	M 30-39	162	M 435	00:36:59	00:49:35	00:55:46.20	00:57:10.25	5:34	10.8
163	PĘDZICH PRZEMYSŁAW	614		WARSZAWA	POL	M 30-39	163	M 438	00:33:38	00:48:19	00:55:51.30	00:56:49.80	5:35	10.7
164	KONOPACKI MACIEJ	365	JESTEŚ ZWYCIĘZCĄ-CHRZASZCZYŻESZOWICE	WARSZAWA	POL	M 30-39	164	M 439	00:35:42	00:49:28	00:55:52.05	00:56:58.95	5:35	10.7
165	MAZUR MICHAŁ	514		WARSZAWA	POL	M 30-39	165	M 440	00:36:36	00:49:35	00:55:55.30	00:56:46.60	5:35	10.7
166	KARBOWNIK JAKUB	329		WARSZAWA	POL	M 30-39	166	M 441	00:35:33	00:48:55	00:55:55.70	00:57:30.50	5:35	10.7
167	FEDEROWICZ ŁUKASZ	166		ZGIERZ	POL	M 30-39	167	M 442	00:35:56	00:49:34	00:55:58.25	00:57:10.05	5:35	10.7
168	GRABOWSKI ŁUKASZ	219		WARSZAWA	POL	M 30-39	168	M 443	00:34:49	00:48:51	00:56:02.30	00:56:57.80	5:36	10.7
169	ŚWIST MICHAŁ	801		WARSZAWA	POL	M 30-39	169	M 444	00:36:00	00:49:22	00:56:04.05	00:57:17.20	5:36	10.7
170	GAJEWICZ ARKADIUSZ	184		JABŁONNA	POL	M 30-39	170	M 448	00:35:57	00:49:34	00:56:26.35	00:57:53.15	5:38	10.6
171	GLAZER MARCIN	203	PKO BANK POLSKI	WARSZAWA	POL	M 30-39	171	M 449	00:38:20	00:50:42	00:56:31.15	00:58:27.00	5:39	10.6
172	KAMIŃSKI MACIEJ	325		WARSZAWA	POL	M 30-39	172	M 455	00:36:24	00:50:05	00:56:58.40	00:59:03.70	5:41	10.5
173	TADRAŁA TOMEK	803		WARSZAWA	POL	M 30-39	173	M 461	00:36:23	00:50:10	00:57:12.25	00:59:07.55	5:43	10.5
174	KUMALA SEBASTIAN	425		BEDKOWICE	POL	M 30-39	174	M 462	00:35:36	00:49:55	00:57:13.65	00:57:26.25	5:43	10.5
175	PUCHACZ PRZEMYSŁAW	647		WARSZAWA	POL	M 30-39	175	M 463	00:34:42	00:49:52	00:57:14.80	00:57:46.65	5:43	10.5
176	MATAK MARIUSZ	506		WARSZAWA	POL	M 30-39	176	M 466	00:35:49	00:50:35	00:57:22.50	00:58:52.05	5:44	10.5
177	MROZIŃSKI MARCIN	546		WARSZAWA	POL	M 30-39	177	M 469	00:37:16	00:50:54	00:57:34.95	00:59:03.85	5:45	10.4
178	PYCKA MARCIN	927	BIEGAJĄCY ŚWIDNIK	ŚWIDNIK	POL	M 30-39	178	M 471	00:37:01	00:50:59	00:57:39.55	00:59:06.85	5:45	10.4
179	BIENIAS ARKADIUSZ	42		WARSZAWA	POL	M 30-39	179	M 475	00:37:49	00:51:14	00:57:52.50	00:58:09.25	5:47	10.4
180	RODZOŚ BARTOSZ	661		WARSZAWA	POL	M 30-39	180	M 476	00:37:36	00:51:22	00:57:56.90	00:59:01.35	5:47	10.4
181	ZASŁONKA PAWEŁ	893		WARSZAWA	POL	M 30-39	181	M 477	00:37:02	00:51:09	00:57:59.95	00:58:26.05	5:48	10.3
182	ŚWIEŻACZYŃSKI PIOTR	799		KOMORÓW	POL	M 30-39	182	M 478	00:38:08	00:51:24	00:58:01.15	00:59:49.35	5:48	10.3
183	MIAZGA KRZYSZTOF	520		MARKI	POL	M 30-39	183	M 481	00:38:09	00:51:28	00:58:05.10	00:59:53.90	5:48	10.3
184	ZANIEWICZ ANDRZEJ	888	PARTNER	ŁUKÓW	POL	M 30-39	184	M 484	00:38:32	00:52:09	00:58:21.05	00:59:49.20	5:50	10.3
185	BOGUSZEWSKI PIOTR	988				M 30-39	185	M 488	00:38:50	00:51:55	00:58:33.35	01:01:07.15	5:51	10.2
186	KOZŁOWSKI ŁUKASZ	398	#BBKTS	ŻYRARDÓW	POL	M 30-39	186	M 492	00:38:25	00:52:21	00:58:50.55	01:00:35.50	5:53	10.2
187	PIETRAK WOJCIECH	618	WEBLOVERS	WARSZAWA	POL	M 30-39	187	M 495	00:38:30	00:52:38	00:59:07.05	01:00:42.60	5:54	10.1
188	GRACZ JAKUB	221		WARSZAWA	POL	M 30-39	188	M 498	00:38:13	00:52:17	00:59:11.45	01:01:10.40	5:55	10.1
189	STYCZYŃSKI GRZEGORZ	755		WARSZAWA	POL	M 30-39	189	M 499	00:39:11	00:52:31	00:59:12.50	01:00:58.75	5:55	10.1
190	NOWAK JANUSZ	563		WARSZAWA	POL	M 30-39	190	M 501	00:37:46	00:52:19	00:59:13.20	01:00:27.15	5:55	10.1
191	RUMIANEK MARCIN	677	FB.COM/RUMIANEK	WARSZAWA	POL	M 30-39	191	M 504	00:37:09	00:52:19	00:59:22.10	01:00:16.50	5:56	10.1
192	GAWŁOWSKI ADAM	192		WARSZAWA	POL	M 30-39	192	M 505	00:37:21	00:52:15	00:59:22.90	01:00:12.90	5:56	10.1
193	PIĘTKA MARCIN	620	GKS FENIX SIENNICA	WARSZAWA	POL	M 30-39	193	M 506	00:38:36	00:52:48	00:59:29.40	01:00:54.65	5:56	10.1
194	KAMIŃSKI MARIUSZ	979				M 30-39	194	M 507	00:38:17	00:52:20	00:59:35.35	01:01:29.80	5:57	10.1
195	WOŹNIAK MATEUSZ	876		WARSZAWA	POL	M 30-39	195	M 508	00:37:38	00:52:13	00:59:39.15	01:00:47.75	5:57	10.1
196	KOSTKA GRZEGORZ	380	BIEGIEM Z GREGIEM	WARSZAWA	POL	M 30-39	196	M 510	00:37:46	00:52:32	00:59:42.35	01:01:26.00	5:58	10
197	PIOTROWSKI ARKADIUSZ	933	#ARUSBIEGA	WARSZAWA	POL	M 30-39	197	M 513	00:38:32	00:52:52	01:00:02.00	01:00:44.00	6:00	10
198	KASKA KRZYSZTOF	333		WARSZAWA	POL	M 30-39	198	M 522	00:40:55	00:54:46	01:00:54.70	01:02:14.75	6:05	9.9

**BIEG PRZEZ MOST 2019, M 30-39 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
199	SURMACZ JACEK	766		WARSZAWA	POL	M 30-39	199	M 525	00:39:08	00:53:42	01:00:58.85	01:03:01.80	6:05	9.8
200	WITZKE ARTUR	858	KAWUCHA	LEGIONOWO	POL	M 30-39	200	M 526	00:39:54	00:54:08	01:00:59.65	01:03:19.05	6:06	9.8
201	PEPŁOŃSKI DAMIAN	609		NOWY DWÓR MAZOWIECKI	POL	M 30-39	201	M 527	00:39:15	00:53:37	01:01:03.10	01:02:30.30	6:06	9.8
202	SIKORSKI PAWEŁ	708	GAMMA	WARSZAWA	POL	M 30-39	202	M 530	00:38:59	00:53:57	01:01:22.35	01:03:13.40	6:08	9.8
203	SZYDŁO PAWEŁ	384		MIĘDZYBORÓW	POL	M 30-39	203	M 534	00:38:32	00:54:02	01:02:11.20	01:02:33.20	6:13	9.6
204	KULISZEWSKI MACIEJ	424		GRODZISK MAZOWIECKI	POL	M 30-39	204	M 535	00:39:28	00:54:41	01:02:28.75	01:03:14.40	6:14	9.6
205	BORUTS MARCIN	68		WARSZAWA	POL	M 30-39	205	M 536	00:39:50	00:55:01	01:02:30.70	01:03:59.45	6:15	9.6
206	WAŚOWSKI MICHAŁ	840		WARSZAWA	POL	M 30-39	206	M 538	00:39:44	00:55:23	01:02:37.40	01:03:19.25	6:15	9.6
207	ŁUCAK PIOTR	470	CST RUN TEAM	ŁOCHÓW	POL	M 30-39	207	M 539	00:41:13	00:55:41	01:02:40.00	01:04:12.60	6:16	9.6
208	GREGORCZYK BARTOSZ	224		WARSZAWA	POL	M 30-39	208	M 540	00:39:50	00:55:26	01:02:48.00	01:04:32.35	6:16	9.6
209	GURMIŃSKI ŁUKASZ	239	T-MOBILE	WARSZAWA	POL	M 30-39	209	M 541	00:38:52	00:54:50	01:02:56.55	01:04:38.15	6:17	9.5
210	SZYM CZYŃSKI BŁAŻEJ	956		WARSZAWA	POL	M 30-39	210	M 542	00:39:19	00:55:43	01:03:14.25	01:05:04.15	6:19	9.5
211	ŁYGAS LESZEK	476		WARSZAWA	POL	M 30-39	211	M 543	00:39:18	00:55:23	01:03:16.90	01:05:05.75	6:19	9.5
212	ZARADKIEWICZ ŁUKASZ	889		WARSZAWA	POL	M 30-39	212	M 547	00:40:52	00:55:54	01:03:36.00	01:05:39.25	6:21	9.4
213	OBREBOWSKI DARIUSZ	952		WARSZAWA	POL	M 30-39	213	M 548	00:40:04	00:55:45	01:03:40.15	01:05:03.55	6:22	9.4
214	OKSIENIUK MARCIN	575	TURBODZIKI	WOLICA	POL	M 30-39	214	M 551	00:39:30	00:55:45	01:03:48.50	01:05:25.70	6:22	9.4
215	JACZYŃSKI RAFAŁ	263		WARSZAWA	POL	M 30-39	215	M 553	00:40:45	00:56:23	01:04:06.50	01:05:55.75	6:24	9.4
216	HELDT GRZEGORZ	248		WARSZAWA	POL	M 30-39	216	M 554	00:39:32	00:55:53	01:04:06.70	01:05:58.25	6:24	9.4
217	BANY MICHAŁ	17		WARSZAWA	POL	M 30-39	217	M 560	00:40:35	00:57:04	01:04:25.65	01:05:46.60	6:26	9.3
218	BIELEC BARTŁOMIEJ	41	LEGIA RUN CLUB	WARSZAWA	POL	M 30-39	218	M 561	00:41:19	00:56:55	01:04:37.90	01:06:36.80	6:27	9.3
219	ZARZYCKI PIOTR	892		WARSZAWA	POL	M 30-39	219	M 565	00:42:34	00:58:18	01:05:07.60	01:06:55.50	6:30	9.2
220	RYDZ ADRIAN	681		PIASECZNO	POL	M 30-39	220	M 573	00:41:39	00:57:55	01:06:03.25	01:07:46.55	6:36	9.1
221	WARDAK PRZEMYSŁAW	833		WARSZAWA	POL	M 30-39	221	M 574	00:42:31	00:58:30	01:06:22.15	01:07:40.50	6:38	9
222	PRZYBOROWSKI RAFAŁ	640		ŻUROMIN	POL	M 30-39	222	M 576	00:42:37	00:58:34	01:06:39.95	01:07:19.70	6:40	9
223	BOCHENEK SEBASTIAN	50		LEGIONOWO	POL	M 30-39	223	M 577	00:42:09	00:58:05	01:06:43.80	01:08:57.65	6:40	9
224	TWARDO KAMIL	820		DĄBROWA CHOTOMOWSKA	POL	M 30-39	224	M 579	00:42:30	00:58:53	01:06:51.30	01:08:47.60	6:41	9
225	JEDYNAK PAWEŁ	291		WARSZAWA	POL	M 30-39	225	M 583	00:42:08	00:59:15	01:07:23.15	01:09:26.15	6:44	8.9
226	ŁUCZAK BARTŁOMIEJ	473	KLUB BIEGACZA RTV EURO AGD	JABŁONNA	POL	M 30-39	226	M 585	00:41:46	00:59:28	01:07:59.05	01:09:25.85	6:47	8.8
227	IZDEBSKI BARTŁOMIEJ	256		WARSZAWA	GBR	M 30-39	227	M 589	00:42:20	01:00:11	01:08:58.60	01:10:56.00	6:53	8.7
228	KIELISZEK PAWEŁ	343		WARSZAWA	POL	M 30-39	228	M 597	00:45:06	01:02:43	01:11:19.30	01:12:55.75	7:07	8.4
229	ILCZUK TOMASZ	1001	TARCHOŚWIRY	WARSZAWA		M 30-39	229	M 602	00:47:49	01:04:39	01:13:25.00	01:15:39.30	7:20	8.2
230	CZARNECKI PIOTR	125	TARCHOŚFIRY	WARSZAWA	POL	M 30-39	230	M 603	00:47:54	01:04:43	01:13:28.80	01:15:42.10	7:20	8.2
231	SOJKA ŁUKASZ	729		WARSZAWA	POL	M 30-39	231	M 605	00:47:20	01:04:51	01:13:52.75	01:16:10.60	7:23	8.1
232	ŁOWCZAK JACEK	969	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 30-39	232	M 608	00:49:14	01:08:08	01:17:24.45	01:19:06.60	7:44	7.8
233	LIS KAMIL	449	GRUPA BIEGOWA UM W-WA	RADWANKÓW SZLACHECKI	POL	M 30-39	233	M 609	00:49:28	01:08:55	01:17:42.60	01:18:22.90	7:46	7.7
234	GIEDYK PRZEMYSŁAW	198	DELOITTE ADVENTURE TEAM	WARSZAWA	POL	M 30-39	234	M 610	00:50:22	01:10:34	01:19:54.40	01:21:55.30	7:59	7.5
235	RODZOCH DANIEL	964		WARSZAWA	POL	M 30-39	235	M 614						
LIM	ŚLADEK KAROL	954		MICHAŁOWICE	POL	M 30-39	LIM	LIM	00:57:34	01:18:28	01:30:04.45	01:32:27.00	0:00	6.7

**BIEG PRZEZ MOST 2019, K 40-49**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
1	HASS-KALITA JOANNA	245	WARSAW MASTERS TEAM	KOBYŁKA	POL	K 40-49	1	K 5	00:27:11	00:37:13	00:42:00.80	00:42:05.60	4:12	14.3
2	WESOŁOWSKA KATARZYNA	844	NAPRZÓD MŁOCINY	WARSZAWA	POL	K 40-49	2	K 6	00:27:37	00:37:44	00:42:46.40	00:42:55.50	4:16	14
3	ŻURANIEWSKA AGNIESZKA	918	NUDNE PIĄTKI	WARSZAWA	POL	K 40-49	3	K 7	00:27:37	00:38:02	00:43:08.85	00:43:23.75	4:18	13.9
4	CZAJKOWSKA DOROTA	119		MYSIADŁO	POL	K 40-49	4	K 15	00:29:15	00:39:55	00:45:10.70	00:45:40.40	4:31	13.3
5	SZYM BORSKA MONIKA	788	TEAM ZABIEGANE DNI	WARSZAWA	POL	K 40-49	5	K 18	00:29:27	00:40:28	00:45:48.75	00:46:29.95	4:34	13.1
6	ROGÓŻ ELŻBIETA	947	PRORUNNING PROMOTION	WARSZAWA	POL	K 40-49	6	K 17	00:29:25	00:40:23	00:45:51.85	00:46:22.75	4:35	13.1
7	OCHNIK-KALINOWSKA JUSTYNA	573		WARSZAWA	POL	K 40-49	7	K 19	00:29:51	00:41:20	00:46:53.30	00:47:22.30	4:41	12.8
8	STOLARCZYK GOSIA	748	LS WORLD RUN	WARSZAWA	POL	K 40-49	8	K 20	00:29:54	00:41:23	00:47:08.15	00:47:33.25	4:42	12.7
9	BOGUMIŁ IZABELA	54		LEGIONOWO	POL	K 40-49	9	K 22	00:30:42	00:41:50	00:47:23.10	00:47:38.10	4:44	12.7
10	BORYSOWSKA MONIKA	69		SZCZECIN	POL	K 40-49	10	K 26	00:30:31	00:42:05	00:47:48.60	00:48:32.45	4:46	12.5
11	GAŚIOWSKA ALICJA	194	ŻÓRAWSKITEAM	WARSZAWA	POL	K 40-49	11	K 29	00:31:16	00:43:06	00:48:33.40	00:49:12.00	4:51	12.4
12	KRUK EDYTA	407	GRUPA BIEGOWA UM W-WA	CHOTOMÓW	POL	K 40-49	12	K 37	00:31:41	00:43:47	00:49:44.90	00:50:32.30	4:58	12.1
13	SEK ZOFIA	698		WARSZAWA	POL	K 40-49	13	K 40	00:33:01	00:44:40	00:50:33.50	00:51:16.90	5:03	11.9
14	JAROS HONORATA	280		WARSZAWA	POL	K 40-49	14	K 43	00:32:18	00:44:50	00:50:57.70	00:51:53.50	5:05	11.8



**BIEG PRZEZ MOST 2019, K 40-49 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
15	TEJCHMA NATALIA	805	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	K 40-49	15	K 46	00:33:37	00:45:22	00:51:18.35	00:52:19.95	5:07	11.7
16	BUCHAŁSKA EWA	78	EKOBIEGI	WARSZAWA	POL	K 40-49	16	K 47	00:32:48	00:45:20	00:51:40.10	00:52:26.35	5:10	11.6
17	KOSTRZEWA ELWIRA	382	PZU SPORT TEAM	WARSZAWA	POL	K 40-49	17	K 50	00:33:33		00:52:04.05	00:53:12.80	5:12	11.5
18	SCHINDLER ZANETA	695		WARSZAWA	POL	K 40-49	18	K 49	00:33:39	00:46:01	00:52:13.35	00:52:56.00	5:13	11.5
19	STAŃCZAK IWONA	740	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	K 40-49	19	K 55	00:34:07	00:46:58	00:52:54.95	00:53:53.60	5:17	11.3
20	ZAWIŚLAK JOLA	897		WARSZAWA	POL	K 40-49	20	K 60	00:34:39	00:47:33	00:53:47.40	00:54:54.70	5:22	11.2
21	PALUCH ANNA	592		WARSZAWA	POL	K 40-49	21	K 62	00:34:58	00:47:35	00:53:55.00	00:54:43.85	5:23	11.1
22	SKIBIŃSKA MAŁGORZATA	713		WARSZAWA	POL	K 40-49	22	K 69	00:35:58	00:48:17	00:54:22.85	00:56:16.00	5:26	11
23	KWAPISZ-CICHOWSKA KATARZYNA	431	DĄBROWSKI TEAM	OSTROŁĘKA	POL	K 40-49	23	K 71	00:35:10	00:47:59	00:54:28.00	00:55:27.15	5:26	11
24	JAWORSKA KATARZYNA	286		WARSZAWA	POL	K 40-49	24	K 73	00:35:03	00:47:52	00:54:35.50	00:55:37.35	5:27	11
25	ŚWIĆ MAŁGORZATA	794	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	K 40-49	25	K 76	00:34:37	00:48:07	00:54:56.25	00:55:44.80	5:29	10.9
26	OSIŃSKA SYLWIA	587		WARSZAWA	POL	K 40-49	26	K 79	00:34:59	00:48:35	00:55:13.25	00:55:24.20	5:31	10.9
27	CIMOCZOWSKA MAGDALENA	113	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	K 40-49	27	K 82	00:35:24	00:48:50	00:55:27.25	00:56:37.60	5:32	10.8
28	KACPRZAK-KLEJNA AGNIESZKA	311		WARSZAWA	POL	K 40-49	28	K 84	00:36:29	00:49:29	00:55:36.50	00:57:01.15	5:33	10.8
29	CIBORSKA AGNIESZKA	934	NAPRZÓD MŁOCINY	WARSZAWA	POL	K 40-49	29	K 91	00:35:40	00:49:26	00:56:10.70	00:56:57.30	5:37	10.7
30	ŁOZOSWKA ANETA	229	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	K 40-49	30	K 94	00:36:08	00:49:51	00:56:31.30	00:57:36.45	5:39	10.6
31	LISZEWSKA ANNA	451	RUN TEAM NASIELSK	WARSZAWA	POL	K 40-49	31	K 100	00:36:08	00:49:51	00:56:46.55	00:57:21.25	5:40	10.6
32	DĄBROWSKA MAGDALENA	135	RUN4FUN	WARSZAWA	POL	K 40-49	32	K 101	00:36:23	00:50:02	00:57:02.85	00:57:40.85	5:42	10.5
33	KOPCINSKA KATARZYNA	367		WARSZAWA	POL	K 40-49	33	K 109	00:37:30	00:51:23	00:58:05.20	00:58:41.05	5:48	10.3
34	SKOWROŃSKA EWA	716		JEDLIŃSK	POL	K 40-49	34	K 110	00:37:39	00:51:23	00:58:05.40	00:58:14.55	5:48	10.3
35	WOJCIECHOWSKA EWA	867	EKOBIEGI	WARSZAWA	POL	K 40-49	35	K 111	00:37:33	00:51:22	00:58:05.75	00:59:47.60	5:48	10.3
36	ROCKA GOSIA	660		WARSZAWA	POL	K 40-49	36	K 113	00:37:27	00:51:25	00:58:10.70	00:59:41.00	5:49	10.3
37	DESKA KAROLINA	144	WWW.LESZEKBIEGA.PL	NOWA IWICZNA	POL	K 40-49	37	K 115	00:36:52	00:51:09	00:58:11.60	00:59:19.45	5:49	10.3
38	CIEPIENIAK ANIA	104		WARSZAWA	POL	K 40-49	38	K 120	00:36:44	00:51:19	00:58:32.10	00:58:42.90	5:51	10.3
39	RURKA ANNA	965		WARSZAWA	POL	K 40-49	39	K 121	00:37:47	00:51:40	00:58:46.80	00:59:48.50	5:52	10.2
40	JACHOWSKA ALDONA	259		WARSZAWA	POL	K 40-49	40	K 124	00:37:07	00:51:56	00:59:06.70	01:00:16.75	5:54	10.2
41	GŁÓWKA MAŁGORZATA	971	ANPHARM RUN TEAM	MARKI	POL	K 40-49	41	K 127	00:37:52	00:52:14	00:59:09.45	00:59:33.65	5:54	10.1
42	SIKORA ZUZANNA	707	PZU SPORT TEAM	WARSZAWA	POL	K 40-49	42	K 128	00:36:40	00:51:42	00:59:09.70	01:00:18.65	5:55	10.1
43	MIKULSKA AGNIESZKA	529		ŁÓDŹ	POL	K 40-49	43	K 131	00:38:34	00:52:30	00:59:15.70	01:00:59.10	5:55	10.1
44	WALCZAK ANNA	830	TURBODZIKI	WARSZAWA	POL	K 40-49	44	K 134	00:38:27	00:52:36	00:59:20.80	01:00:58.00	5:56	10.1
45	KORZENIOWSKA-SOBCZUK ANNA	377	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	K 40-49	45	K 140	00:38:21	00:52:26	00:59:37.05	01:01:19.10	5:57	10.1
46	GONET KATARZYNA	211		WARSZAWA	POL	K 40-49	46	K 141	00:38:08	00:52:46	00:59:44.50	01:00:51.10	5:58	10
47	HNIDZIUK MAGDALENA	250		WARSZAWA	POL	K 40-49	47	K 146	00:38:21	00:52:45	01:00:03.00	01:01:32.55	6:00	10
48	MYŚLIŃSKA ANNA	1111	BIAŁOLEKA JEST KOBIETĄ	WARSZAWA	POL	K 40-49	48	K 147	00:38:29	00:52:35	01:00:05.80	01:01:46.80	6:00	10
49	KRAKOWIAK SYLWIA	399		WARSZAWA	POL	K 40-49	49	K 150	00:38:38	00:53:26	01:00:27.00	01:01:11.50	6:02	9.9
50	MUCHA KAMILA	550	BIEGAM NA TARCHOMINIE	KONIN	POL	K 40-49	50	K 152	00:38:55	00:53:37	01:00:49.30	01:02:29.70	6:04	9.9
51	ŁUCZAK MAŁGORZATA	472	RUNNERSI ZE SKARBKA	WARSZAWA	POL	K 40-49	51	K 154	00:38:28	00:53:36	01:00:53.40	01:01:30.70	6:05	9.9
52	SOBIESKA ALEKSANDRA	725		WARSZAWA	POL	K 40-49	52	K 157	00:39:37	00:54:08	01:01:26.40	01:03:19.85	6:08	9.8
53	ŁAČKA ILONA	461	BIAŁOLEKA JEST KOBIETĄ	WARSZAWA	POL	K 40-49	53	K 160	00:39:02	00:53:59	01:01:32.05	01:03:12.40	6:09	9.8
54	ADAMOWSKA BARBARA	2	MINISTERSTWO FINANSÓW	WARSZAWA	POL	K 40-49	54	K 164	00:38:58	00:54:08	01:01:42.30	01:02:45.10	6:10	9.7
55	ZOUABI DOROTA	907		WARSZAWA	POL	K 40-49	55	K 166	00:38:57	00:54:10	01:01:48.50	01:02:25.75	6:10	9.7
56	MIKITIUK KATARZYNA	527		MARKI	POL	K 40-49	56	K 170	00:38:43	00:54:16	01:02:02.05	01:03:07.30	6:12	9.7
57	ADAMUS KATARZYNA	4	DECATHLON PIASECZNO	PIASECZNO	POL	K 40-49	57	K 175	00:39:17	00:54:38	01:02:16.70	01:03:43.05	6:13	9.6
58	JARMUŹEWSKA TERESA	278	TIA	WARSZAWA	POL	K 40-49	58	K 177	00:41:45	00:55:58	01:02:46.35	01:04:58.45	6:16	9.6
59	WOŁYNEK AGNIESZKA	875		WARSZAWA	POL	K 40-49	59	K 179	00:39:51	00:55:28	01:03:03.35	01:04:26.90	6:18	9.5
60	JURCZAK AGNIESZKA	301		JEDLIŃSK	POL	K 40-49	60	K 180	00:39:54	00:55:22	01:03:19.80	01:03:29.30	6:20	9.5
61	MIKLEWICZ MAŁGORZATA	528		WARSZAWA	POL	K 40-49	61	K 186	00:41:18	00:56:25	01:03:45.05	01:05:44.75	6:22	9.4
62	PTASZYŃSKA MAGDALENA	646		KUTNO	POL	K 40-49	62	K 187	00:40:01	00:55:54	01:03:49.40	01:04:42.90	6:22	9.4
63	PIOTROWSKA-KRZAK ELA	623		WARSZAWA	POL	K 40-49	63	K 193	00:42:11	00:57:33	01:04:52.40	01:06:30.00	6:29	9.2
64	RYNECKA AGNIESZKA	684		RAJSZEW	POL	K 40-49	64	K 199	00:41:08	00:57:24	01:05:19.55	01:07:13.15	6:32	9.2
65	FALKOWSKA MONIKA	164		WARSZAWA	POL	K 40-49	65	K 200	00:41:15	00:57:30	01:05:35.10	01:07:19.60	6:33	9.1
66	KUĆ BEATA	423		WARSZAWA	POL	K 40-49	66	K 209	00:41:31	00:58:10	01:06:33.65	01:08:13.60	6:39	9
67	STĘPIŃSKA JOANNA	746		WARSZAWA	POL	K 40-49	67	K 214	00:42:34	00:59:00	01:07:25.15	01:09:27.30	6:44	8.9
68	SOJA KASIA	728	VEGE RUNNERS	KRAKÓW	POL	K 40-49	68	K 218	00:43:52	01:00:03	01:07:42.45	01:07:42.45	6:46	8.9
69	PANASIUK AGA	596		ZĄBKI	POL	K 40-49	69	K 220	00:42:43	00:59:45	01:08:17.30	01:09:27.60	6:49	8.8
70	BUDAJ-FIDECKA ANNA	81	FIDEPOP	WARSZAWA	POL	K 40-49	70	K 222	00:44:21	01:00:26	01:08:40.10	01:10:13.80	6:52	8.7
71	KACZOROWSKA MONIKA	319		ZĄBKI	POL	K 40-49	71	K 228	00:44:33	01:01:22	01:09:34.80	01:11:26.95	6:57	8.6

**BIEG PRZEZ MOST 2019, K 40-49 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
72	ŁOCHINA MARTA	466		WARSZAWA	POL	K 40-49	72	K 230	00:44:35	01:01:33	01:09:36.25	01:11:29.30	6:57	8.6
73	SOSNOWKA MAGDALENA	732		WARSZAWA	POL	K 40-49	73	K 232	00:44:42	01:01:53	01:10:08.00	01:12:07.50	7:00	8.6
74	WÓJTOWICZ AGNIESZKA	877		WARSZAWA	POL	K 40-49	74	K 239	00:47:14	01:04:50	01:13:53.25	01:16:11.55	7:23	8.1
75	WAWRZONEK KAROLINA	839		STANISŁAWÓW PIERWSZY	POL	K 40-49	75	K 240	00:47:15	01:04:52	01:14:10.55	01:16:29.15	7:25	8.1
76	METERA ANNA	518		WARSZAWA	POL	K 40-49	76	K 244	00:50:01	01:09:28	01:19:11.40	01:19:48.15	7:55	7.6
77	DRACZYŃSKA EDYTA	153		WARSZAWA	POL	K 40-49	77	K 245	00:50:00	01:09:28	01:19:12.10	01:19:48.45	7:55	7.6
78	JÓZWIAK DOROTA	299	SLOW JOGGING BIAŁOŁĘKA	WARSZAWA	POL	K 40-49	78	K 249			01:22:49.10	01:25:15.50	8:16	7.2
79	SIERPOWSKA-BARTOSIK AGNIESZKA	701	SLOW JOGGING ŁÓDŹ / VEGE RUNNERS	ŁÓDŹ	POL	K 40-49	79	K 250	00:54:31	01:15:48	01:28:08.15	01:30:33.55	8:48	6.8
80	GRĄCKA KATARZYNA	222		WARSZAWA	POL	K 40-49	80	K 251	00:54:32	01:15:50	01:28:08.80	01:30:33.50	8:48	6.8
81	WILCZYŃSKA MAŁGORZATA	992		WARSZAWA		K 40-49	81	K 252	00:57:31	01:18:21	01:29:39.75	01:32:07.55	8:58	6.7
LIM	PILSKA MAGDA	621	SLOW JOGGING WARSZAWA	BIENIEWICE	POL	K 40-49	LIM	LIM	00:56:50	01:19:12	01:31:29.00	01:34:01.10	0:00	6.6
LIM	BORZUCHOWSKA MONIKA	70	SLOWJOGGING ŁÓDŹ	ŁÓDŹ	POL	K 40-49	LIM	LIM	00:56:52	01:19:11	01:31:33.60	01:33:59.75	0:00	6.6
LIM	ZAWADA KATARZYNA	894		WARSZAWA	POL	K 40-49	LIM	LIM	00:56:54	01:18:08	01:31:33.65	01:34:00.55	0:00	6.6

**BIEG PRZEZ MOST 2019, M 40-49**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
1	GOZDEK RADEK	214	BIEGANIEPO40.PL TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M 40-49	1	M 15	00:23:09	00:31:51	00:36:04.25	00:36:06.15	3:36	16.6
2	KLAŚ ŁUKASZ	348	NUDNE PIĄTKI	WARSZAWA	POL	M 40-49	2	M 16	00:23:09	00:31:51	00:36:14.55	00:36:16.00	3:37	16.6
3	SZAŁATKA KRZYSZTOF	692	TRIATHLON SERWIS	WARSZAWA	POL	M 40-49	3	M 25	00:24:30	00:33:31	00:37:51.55	00:37:58.95	3:47	15.9
4	TRZASKOWSKI DARIUSZ	815	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M 40-49	4	M 26	00:24:26	00:33:36	00:38:06.25	00:38:11.35	3:48	15.7
5	KUBERA PIOTR	981	JÓZEFÓW			M 40-49	5	M 30	00:24:59	00:34:01	00:38:21.10	00:38:28.05	3:50	15.6
6	KRUPA PAWEŁ	408	STALOWOWOLSKI KLUB BIEGACZA	AGATÓWKA	POL	M 40-49	6	M 32	00:24:50	00:34:19	00:38:53.60	00:38:56.90	3:53	15.4
7	GRUZA MAREK	228	BIEGANIEPO40.PL	KAZUŃ BIELANY	POL	M 40-49	7	M 33	00:24:56	00:34:24	00:39:04.25	00:39:10.05	3:54	15.4
8	FELUCH KRZYSZTOF	167	JACEK BIEGA RUNNING TEAM	WARSZAWA	POL	M 40-49	8	M 34	00:25:13	00:34:33	00:39:12.80	00:39:17.50	3:55	15.3
9	KACZYŃSKI GRZEGORZ	320	KB WYSZKÓW	WYSZKÓW	POL	M 40-49	9	M 40	00:25:32	00:34:56	00:39:40.95	00:39:46.70	3:58	15.1
10	JERUĆ ŁUKASZ	292	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 40-49	10	M 41	00:25:50	00:35:12	00:39:42.50	00:39:47.95	3:58	15.1
11	MICHAŁSKI DAMIAN	523	ALIOR RUNNING TEAM	WARSZAWA	POL	M 40-49	11	M 49	00:25:34	00:35:22	00:40:31.00	00:40:37.05	4:03	14.8
12	TOMASZEK ROBERT	810		WARSZAWA	POL	M 40-49	12	M 50	00:25:53	00:35:44	00:40:33.70	00:40:37.65	4:03	14.8
13	KŁÓDKIEWICZ WALDEMAR	356		KIELPIN	POL	M 40-49	13	M 51	00:25:45	00:35:42	00:40:35.50	00:41:00.50	4:03	14.8
14	KNYCHAS DAREK	358	PZU SPORT TEAM	WARSZAWA	POL	M 40-49	14	M 56	00:26:45	00:36:20	00:41:01.25	00:41:15.05	4:06	14.6
15	GRYSZPANOWICZ PIOTR	234	SĄSIADY LATAJĄ RAZEM	WARSZAWA	POL	M 40-49	15	M 57	00:26:17	00:36:10	00:41:08.25	00:41:16.40	4:06	14.6
16	KORSAKOV KOSTIANTYN	376	-	WARSZAWA	POL	M 40-49	16	M 59	00:26:28	00:36:26	00:41:19.40	00:41:29.40	4:07	14.5
17	SPYCHAŁA PIOTR	735		WARSZAWA	POL	M 40-49	17	M 62	00:26:34	00:36:36	00:41:32.25	00:41:41.45	4:09	14.4
18	KUBIAK SŁAWOMIR	419		WARSZAWA	POL	M 40-49	18	M 66	00:26:35	00:36:47	00:41:47.25	00:41:57.35	4:10	14.4
19	LATAK MICHAŁ	436	JACEKBIEGA RUNNING TEAM	WARSZAWA	POL	M 40-49	19	M 67	00:26:41	00:36:51	00:41:50.10	00:41:55.60	4:11	14.3
20	KANIA PRZEMYSŁAW	327		HORNOWEK	POL	M 40-49	20	M 69	00:26:32	00:36:52	00:41:57.25	00:42:02.20	4:11	14.3
21	ZAJĄC WAĆŁAW	882	TEAM PARSZCZYŃSKICH	WARSZAWA	POL	M 40-49	21	M 70	00:27:07	00:37:03	00:41:58.35	00:42:09.65	4:11	14.3
22	JUREK PRZEMYSŁAW	304	KS STASZEWCY	WARSZAWA	POL	M 40-49	22	M 74	00:27:05	00:37:08	00:42:07.00	00:42:20.20	4:12	14.2
23	KOWAL KRZYSZTOF	388	SĄSIADY LATAJĄ RAZEM	WARSZAWA	POL	M 40-49	23	M 80	00:26:38	00:37:02	00:42:23.20	00:42:31.45	4:14	14.2
24	MIKULSKI JACEK	530	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 40-49	24	M 81	00:27:11	00:37:23	00:42:26.05	00:42:38.80	4:14	14.1
25	JAWORSKI PIOTR	1000	EKOBIEGI	WARSZAWA	POL	M 40-49	25	M 84	00:26:59	00:37:22	00:42:29.50	00:42:33.70	4:14	14.1
26	MICHNOWSKI SEBASTIAN	525		WARSZAWA	POL	M 40-49	26	M 86	00:27:06	00:37:19	00:42:30.75	00:42:38.90	4:15	14.1
27	KUREK MARCIN	428		DUCZKI	POL	M 40-49	27	M 88	00:27:10	00:37:34	00:42:49.20	00:42:55.00	4:17	14
28	KIELCZYKOWSKI JANUSZ	342	EUROBUDOWA	WARSZAWA	POL	M 40-49	28	M 89	00:27:52	00:37:51	00:42:50.40	00:43:21.60	4:17	14
29	SOBOCIŃSKI MICHAŁ	726	PLAY	WARSZAWA	POL	M 40-49	29	M 93	00:28:04	00:38:12	00:43:11.75	00:43:31.15	4:19	13.9
30	TYMICKI KRZYSZTOF	821		LEGIONOWO	POL	M 40-49	30	M 98	00:28:16	00:38:34	00:43:32.25	00:43:42.25	4:21	13.8
31	GOLEC GRZEGORZ	209	TEAM PARSZCZYŃSKICH	WARSZAWA	POL	M 40-49	31	M 105	00:28:10	00:38:41	00:43:52.60	00:44:07.00	4:23	13.7
32	ZIELIŃSKI KRZYSZTOF	904	HIKINGTOURS	WARSZAWA	POL	M 40-49	32	M 112	00:28:44	00:39:03	00:44:05.35	00:44:36.80	4:24	13.6
33	LEŚNIAK PIOTR	443		WARSZAWA	POL	M 40-49	33	M 117	00:28:35	00:39:12	00:44:27.90	00:44:48.15	4:26	13.5
34	CHOJNACKI MIKOŁAJ	95	WARSAW RUN CLUB	WARSZAWA	POL	M 40-49	34	M 120	00:29:16	00:39:20	00:44:30.80	00:45:52.80	4:27	13.5
35	SUCHOLEWSKI DAMIAN	759	KONDYCJA PIASECZNO	WARSZAWA	POL	M 40-49	35	M 123	00:28:42	00:39:21	00:44:35.35	00:44:40.45	4:27	13.5
36	ADAO MIGUEL	5		WARSZAWA	POR	M 40-49	36	M 126	00:28:42	00:39:24	00:44:39.00	00:45:04.00	4:27	13.4
37	MALIK GABRIEL	488		WARSZAWA	POL	M 40-49	37	M 129	00:29:09	00:39:36	00:44:44.95	00:45:20.20	4:28	13.4

**BIEG PRZEZ MOST 2019, M 40-49 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
38	REWERA ROBERT	658	PKO BANK POLSKI	WARSZAWA	POL	M 40-49	38	M 130	00:28:22	00:39:24	00:44:45.15	00:45:00.35	4:28	13.4
39	ŻUK PAWEŁ	917	BIEGAŁ NA TARCHOMINIE	WARSZAWA	POL	M 40-49	39	M 132	00:28:46	00:39:16	00:44:51.75	00:45:21.25	4:29	13.4
40	MACIEJAK ROBERT	479		WARSZAWA	POL	M 40-49	40	M 133	00:28:42	00:39:29	00:44:52.75	00:45:13.55	4:29	13.4
41	LENKIEWICZ PAWEŁ	441		WARSZAWA	POL	M 40-49	41	M 137	00:28:45	00:39:39	00:45:03.70	00:45:30.10	4:30	13.3
42	GĘCA PIOTR	196	ZA MNĄ	WARSZAWA	POL	M 40-49	42	M 139	00:28:53	00:39:49	00:45:11.95	00:45:38.85	4:31	13.3
43	ZNAMIEC MARCIN	906	IPA PAŁAC MOSTOWSKICH KSP	WARSZAWA	POL	M 40-49	43	M 142	00:29:05	00:39:53	00:45:17.75	00:46:01.15	4:31	13.2
44	GAJEWIAK ADAM	183		WARSZAWA	POL	M 40-49	44	M 143	00:29:01	00:39:48	00:45:19.00	00:45:40.05	4:31	13.2
45	ZDUNEK MICHAŁ	966	WKURW_TEAM	WARSZAWA	POL	M 40-49	45	M 144	00:28:44	00:39:57	00:45:21.90	00:45:36.80	4:32	13.2
46	PAWIŃSKI ARTUR	606		WARSZAWA	POL	M 40-49	46	M 146	00:28:36	00:39:53	00:45:29.80	00:45:50.00	4:33	13.2
47	PAWŁOWSKI PIOTR	926	BBL WYDMINY	WARSZAWA	POL	M 40-49	47	M 148	00:29:20	00:40:13	00:45:32.70	00:45:47.15	4:33	13.2
48	CZUDOWSKI TOMASZ	127	DUKLANOWSKI TEAM	WARSAW	POL	M 40-49	48	M 149	00:29:08	00:40:09	00:45:32.80	00:45:44.80	4:33	13.2
49	CZAJKOWSKI MAREK	122	WARSAW RUN CLUB	WARSZAWA	POL	M 40-49	49	M 150	00:29:03	00:40:15	00:45:36.15	00:46:07.75	4:33	13.2
50	TOBOTA MACIEJ	807		WARSZAWA	POL	M 40-49	50	M 151	00:29:13	00:40:08	00:45:36.25	00:45:42.95	4:33	13.2
51	SANTAREK WOJCIECH	694		SZCZECIN	POL	M 40-49	51	M 155	00:29:06	00:40:16	00:45:45.95	00:46:18.35	4:34	13.1
52	PIERZAK OLAF	617		WARSZAWA	POL	M 40-49	52	M 158	00:29:42	00:40:44	00:45:59.35	00:46:09.55	4:35	13
53	RYGALSKI MACIEJ	682	FAMA RUNNERS	WARSZAWA	POL	M 40-49	53	M 161	00:29:49	00:40:42	00:46:06.25	00:46:45.55	4:36	13
54	BEBELSKI RAFAŁ	28	KUŹNIA TRIATHLONU	WARSZAWA	POL	M 40-49	54	M 162			00:46:07.00	00:46:07.00	4:36	13
55	TOMASZEWSKI MAREK	811		WARSZAWA	POL	M 40-49	55	M 163	00:29:25	00:40:34	00:46:11.15	00:46:19.70	4:37	13
56	RABIEJ WOJCIECH	652	DUKLANOWSKI TEAM	WARSZAWA	POL	M 40-49	56	M 167	00:29:43	00:40:50	00:46:16.50	00:46:47.45	4:37	13
57	DRABOT ANDRZEJ	152	ASSECO ACTIVE TEAM	WARSZAWA	POL	M 40-49	57	M 168	00:29:51	00:40:57	00:46:17.55	00:46:32.75	4:37	13
58	DESKA LESZEK	143	WWW.LESZEKBIEGA.PL	NOWA IWICZNA	POL	M 40-49	58	M 169	00:31:04	00:41:26	00:46:19.80	00:48:30.00	4:38	12.9
59	BARTEL ROBERT	22	STARE BABICE BIEGAJĄ	LIPKÓW	POL	M 40-49	59	M 170	00:29:24	00:40:42	00:46:20.45	00:46:45.05	4:38	12.9
60	GOLINSKI ARTUR	210		WARSZAWA	POL	M 40-49	60	M 175	00:29:45	00:41:02	00:46:30.90	00:47:02.65	4:39	12.9
61	SZYMAŃSKI JACEK	786		WARSZAWA	POL	M 40-49	61	M 176	00:30:29	00:41:18	00:46:31.25	00:47:12.25	4:39	12.9
62	KONDRAK PIOTR	362	VEGE RUNNERS	WARSZAWA	POL	M 40-49	62	M 177	00:29:57	00:41:08	00:46:36.50	00:47:29.50	4:39	12.9
63	NOZDRYŃ-PŁOTNICKI MARCIN	572		WARSZAWA	POL	M 40-49	63	M 183	00:28:09	00:40:56	00:46:46.00	00:46:58.80	4:40	12.8
64	ZIELIŃSKI JACEK	1002		WARSZAWA	POL	M 40-49	64	M 184	00:30:17	00:41:30	00:46:46.05	00:47:34.05	4:40	12.8
65	WEREDA PAWEŁ	841		WARSZAWA	POL	M 40-49	65	M 185	00:29:50	00:41:07	00:46:50.60	00:47:05.65	4:41	12.8
66	PAWEŁOSZEK ROBERT	605	ROBERT SPINE TRENER PERSONALNY	WARSZAWA	POL	M 40-49	66	M 187	00:29:31	00:41:11	00:46:52.65	00:47:18.90	4:41	12.8
67	PRĘDOTA KRZYSZTOF	635	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M 40-49	67	M 188	00:30:32	00:41:22	00:46:55.55	00:47:36.85	4:41	12.8
68	KRYSIK ARKADIUSZ	414		TŁUSZCZ	POL	M 40-49	68	M 193	00:29:56	00:41:44	00:47:08.85	00:48:11.35	4:42	12.7
69	FRĄCKIEWICZ DARIUSZ	176	BIEGAŁ NA TARCHOMINIE	WARSZAWA	POL	M 40-49	69	M 203	00:30:18	00:41:57	00:47:40.05	00:48:36.75	4:46	12.6
70	BLASZCZYŃSKI WITOLD	47		WARSZAWA	POL	M 40-49	70	M 204	00:30:27	00:41:52	00:47:40.55	00:48:19.75	4:46	12.6
71	PAZIEWSKI ANDRZEJ	608	BIEGAŁ NA TARCHOMINIE	WARSZAWA	POL	M 40-49	71	M 206	00:30:36	00:42:03	00:47:40.85	00:48:06.85	4:46	12.6
72	MOSUR KAMIL	544		WARSZAWA	POL	M 40-49	72	M 207	00:30:27	00:41:54	00:47:42.20	00:48:03.90	4:46	12.6
73	BARAN GRZEGORZ	19		WARSZAWA	POL	M 40-49	73	M 209	00:30:44	00:42:14	00:47:45.85	00:48:34.70	4:46	12.6
74	FALBA ZBIGNIEW	163	METLIFE RUN	WARSZAWA	POL	M 40-49	74	M 210	00:30:35	00:42:06	00:47:48.00	00:48:32.80	4:46	12.6
75	ŁUBIŃSKI KRZYSZTOF	469		WARSZAWA	POL	M 40-49	75	M 211	00:30:38	00:42:06	00:47:48.30	00:48:07.00	4:46	12.5
76	PADYSZ AREK	591		WARSZAWA	POL	M 40-49	76	M 212	00:30:45	00:42:06	00:47:49.20	00:48:20.10	4:47	12.5
77	GOGOLEWSKI MICHAŁ	208		WARSZAWA	POL	M 40-49	77	M 214	00:30:22	00:41:59	00:47:49.45	00:48:15.05	4:47	12.5
78	MANOWIECKI GRZEGORZ	495	BRAVERHEARTS	LEGIONOWO	POL	M 40-49	78	M 218	00:30:11	00:42:18	00:48:08.30	00:48:38.30	4:48	12.5
79	JAWORSKI ŁUKASZ	288		WARSZAWA	POL	M 40-49	79	M 223	00:31:12	00:42:29	00:48:15.15	00:49:10.50	4:49	12.4
80	KILIAŃSKI RAFAŁ	345	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M 40-49	80	M 224	00:31:17	00:42:47	00:48:17.00	00:48:58.60	4:49	12.4
81	KOŁOMAŃSKI MAREK	360	EKOBIEGI	WARSZAWA	POL	M 40-49	81	M 227	00:30:13	00:42:19	00:48:17.70	00:48:48.35	4:49	12.4
82	ŚCIOCH MICHAŁ	791		WARSZAWA	POL	M 40-49	82	M 229	00:31:05	00:42:33	00:48:19.40	00:48:59.80	4:49	12.4
83	BIAŁOKOS KAMIL	989	PARTNER	WARSZAWA	POL	M 40-49	83	M 231	00:30:54	00:42:37	00:48:22.90	00:49:58.85	4:50	12.4
84	WIERZCHOŁOWSKI MARCIN	848		WARSZAWA	POL	M 40-49	84	M 236	00:31:27	00:43:15	00:48:30.50	00:49:15.10	4:51	12.4
85	BARSZCZEWSKI MACIEJ	20	TN BIEGÓWKI WESOŁA	LASKI	POL	M 40-49	85	M 239	00:30:32	00:42:39	00:48:34.85	00:48:57.55	4:51	12.3
86	RUTKOWSKI MICHAŁ	680	KARAŚ SWIMMING TEAM	WARSZAWA	POL	M 40-49	86	M 240	00:31:23	00:43:00	00:48:38.40	00:49:23.80	4:51	12.3
87	GRZYMAŁA ANDRZEJ	940		WARSZAWA	POL	M 40-49	87	M 242	00:30:59	00:42:51	00:48:41.10	00:49:38.20	4:52	12.3
88	NIEDZIELA DOMINIK	558		WARSZAWA	POL	M 40-49	88	M 243	00:31:19	00:43:00	00:48:43.80	00:49:43.05	4:52	12.3
89	SZCZĘSŃNY PAWEŁ	774		WARSZAWA	POL	M 40-49	89	M 245	00:30:41	00:42:47	00:48:51.00	00:49:36.10	4:53	12.3
90	PROKOPIUK GRZEGORZ	945		WARSZAWA	POL	M 40-49	90	M 247	00:31:21	00:43:08	00:48:53.90	00:49:02.70	4:53	12.3
91	SAŁASZEWSKI ŁUKASZ	691		WARSZAWA	POL	M 40-49	91	M 248	00:32:05	00:43:35	00:48:54.90	00:49:42.85	4:53	12.3
92	CELIŃSKI RAFAŁ	87		WARSZAWA	POL	M 40-49	92	M 249	00:31:44	00:43:21	00:48:59.00	00:49:44.40	4:53	12.2
93	FRĄCKOWSKI SŁAWOMIR	177		WARSZAWA	POL	M 40-49	93	M 251	00:31:13	00:43:07	00:49:05.30	00:49:38.40	4:54	12.2
94	PERLAN ROBERT	611	DYSTANS LESZNO	LESZNO	POL	M 40-49	94	M 255	00:31:41	00:43:26	00:49:19.35	00:49:58.65	4:55	12.2

**BIEG PRZEZ MOST 2019, M 40-49 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
95	ŚCIBISZ TOMEK	789		WARSZAWA	POL	M 40-49	95	M 262	00:31:46	00:43:26	00:49:24.60	00:50:05.20	4:56	12.1
96	WACH MICHAŁ	828	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 40-49	96	M 263	00:32:00	00:43:40	00:49:24.65	00:49:59.90	4:56	12.1
97	CIOLEK ROBERT	114	MASTERS DOJO	WARSZAWA	POL	M 40-49	97	M 266	00:32:09	00:43:46	00:49:31.30	00:50:30.45	4:57	12.1
98	MILLER DANIEL MILLER	531	WARSAW INTERNATIONAL TRIATHLON CLUB (WITC)	WARSZAWA	POL	M 40-49	98	M 269	00:32:15	00:44:06	00:49:40.95	00:50:47.65	4:58	12.1
99	ROJEK RAFAŁ	665		WARSZAWA	POL	M 40-49	99	M 270	00:31:45	00:43:45	00:49:41.20	00:50:21.80	4:58	12.1
100	URBAN MARIUSZ	822	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 40-49	100	M 271	00:31:47	00:43:49	00:49:43.75	00:52:04.65	4:58	12.1
101	KACHNIARZ SŁAWOMIR	308	KAWAII SUSHI	LEGIONOWO	POL	M 40-49	101	M 272	00:31:03	00:43:29	00:49:47.15	00:50:28.50	4:58	12.1
102	GAWLIK ARKADIUSZ	191	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 40-49	102	M 273	00:31:45	00:43:47	00:49:48.00	00:50:45.45	4:58	12
103	KACPUA PIOTR	313		STOCZEK	POL	M 40-49	103	M 274	00:32:13	00:43:52	00:49:48.20	00:50:41.65	4:58	12
104	GIL WOJCIECH	201	NW CZŁĄPSKI TEAM	WARSZAWA	POL	M 40-49	104	M 277	00:32:14	00:43:59	00:49:54.10	00:50:42.40	4:59	12
105	GÓRKA MARCIN	215	POLSA	WARSZAWA	POL	M 40-49	105	M 278	00:32:11	00:44:14	00:49:58.45	00:50:56.20	4:59	12
106	RUSIN BARTOSZ	678	KS STASZEWCY	JABŁONNA	POL	M 40-49	106	M 279	00:31:32	00:43:46	00:50:00.30	00:50:38.60	5:00	12
107	TARASIUK ŁUKASZ	804		MROZY	POL	M 40-49	107	M 280	00:32:24	00:44:14	00:50:01.30	00:50:55.80	5:00	12
108	ORŁOWSKI KRZYSZTOF	585	PARKRUN WARSZAWA BRÓDNO	WARSZAWA	POL	M 40-49	108	M 283	00:31:28	00:44:00	00:50:02.90	00:50:11.80	5:00	12
109	ŻURAWSKI MARCIN	919	BIEGAM NA TARCHOMINIE/ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 40-49	109	M 285	00:32:13	00:44:12	00:50:03.70	00:50:38.40	5:00	12
110	JANKOWSKI ANDRZEJ	276	CAT-FIT	ZEGRZE	POL	M 40-49	110	M 286	00:32:29	00:44:23	00:50:07.60	00:50:58.00	5:00	12
111	PASZKOWSKI CEZARY	603		WARSZAWA	POL	M 40-49	111	M 289	00:32:44	00:44:27	00:50:12.40	00:51:16.40	5:01	12
112	SUCHODOLSKI MARIUSZ	758	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M 40-49	112	M 291	00:32:18	00:44:08	00:50:16.95	00:51:04.15	5:01	11.9
113	WITUSIK PAWEŁ	856		WARSZAWA	POL	M 40-49	113	M 292	00:32:21	00:44:30	00:50:18.90	00:50:51.25	5:01	11.9
114	FRYCZ MICHAŁ	178		WARSZAWA	POL	M 40-49	114	M 294	00:32:02	00:44:18	00:50:20.20	00:51:12.75	5:02	11.9
115	SKŁUCKI HUBERT	715	RUN TEAM NASIELSK	NASIELSK	POL	M 40-49	115	M 295	00:31:21	00:44:24	00:50:24.30	00:50:40.30	5:02	11.9
116	KOWNACKI MARCIN	396		WARSZAWA	POL	M 40-49	116	M 298	00:31:42	00:44:15	00:50:31.85	00:51:03.35	5:03	11.9
117	DOMINIAK ZBIGNIEW	147	GRUPAZERO	WARSZAWA	POL	M 40-49	117	M 302	00:32:09	00:44:26	00:50:47.75	00:51:47.20	5:04	11.8
118	WIŚNIEWSKI PAWEŁ	854	ŁOMIAKOWSKA GRUPA BIEGOWA	ŁOMIAKI	POL	M 40-49	118	M 305	00:32:19	00:44:42	00:50:52.20	00:51:25.15	5:05	11.8
119	MYSZKE ARTUR	553		WARSZAWA	POL	M 40-49	119	M 306	00:32:26	00:44:49	00:50:54.60	00:51:47.60	5:05	11.8
120	POŁĘC ANDRZEJ	631		WARSZAWA	POL	M 40-49	120	M 308	00:32:21	00:44:51	00:50:59.50	00:51:53.10	5:06	11.8
121	BOROWSKI MARIUSZ	65		WARSZAWA	POL	M 40-49	121	M 309	00:32:56	00:45:00	00:50:59.85	00:51:50.85	5:05	11.8
122	BITKOWSKI BARTEK	46		WARSZAWA	POL	M 40-49	122	M 310	00:33:19	00:45:05	00:51:02.00	00:51:54.00	5:06	11.8
123	JÓZWIK GRZEGORZ	300		WARSZAWA	POL	M 40-49	123	M 313	00:31:52	00:44:43	00:51:03.75	00:51:31.40	5:06	11.7
124	ADAMIAK PIOTR	1		WARSZAWA	POL	M 40-49	124	M 314	00:33:00	00:45:14	00:51:07.95	00:51:43.95	5:06	11.7
125	ŚWIĆ RAFAŁ	793	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M 40-49	125	M 315	00:32:41	00:45:02	00:51:08.00	00:51:57.25	5:06	11.7
126	DERESZEWSKI PIOTR	141	ZABIEGANY WOŁOMIN	WARSZAWA	POL	M 40-49	126	M 317	00:32:31	00:44:58	00:51:13.00	00:51:45.85	5:07	11.7
127	KONIECKI TOMASZ	363		WARSZAWA	POL	M 40-49	127	M 321	00:33:13	00:45:16	00:51:24.60	00:52:16.20	5:08	11.7
128	GRABOWSKI WOJCIECH	972	ANPHARM RUN TEAM	WARSZAWA	POL	M 40-49	128	M 322	00:33:10	00:45:13	00:51:24.75	00:53:35.25	5:08	11.7
129	MATEŃKA PIOTR	508	DYSPOZYCJA DNIA TEAM	WARSZAWA	POL	M 40-49	129	M 323	00:32:56	00:45:25	00:51:24.85	00:52:15.05	5:08	11.7
130	KOPER SEBASTIAN	369	CARREFOUR RUNNING TEAM	WARSZAWA	POL	M 40-49	130	M 326	00:32:37	00:45:17	00:51:33.90	00:52:11.00	5:09	11.6
131	BIEDROŃ ARTUR	40	TARCHO CHARTY	WARSZAWA	POL	M 40-49	131	M 329	00:33:14	00:45:39	00:51:38.90	00:52:24.00	5:09	11.6
132	BEDNARSKI TOMASZ	32		WARSZAWA	POL	M 40-49	132	M 331	00:34:00	00:45:56	00:51:41.70	00:52:24.30	5:10	11.6
133	WALECKI ROMUALD	959	KLUB SAMICY NOSOROŻCA	WARSZAWA	POL	M 40-49	133	M 335	00:32:32	00:45:41	00:51:44.80	00:51:51.45	5:10	11.6
134	MARCZEWSKI MARCIN	499	RESILIA BEMOWO	WARSZAWA	POL	M 40-49	134	M 336	00:32:59	00:45:54	00:51:47.45	00:52:41.25	5:10	11.6
135	SŁOMKA BOGUMIŁ	720		WARSZAWA	POL	M 40-49	135	M 342	00:33:09	00:45:51	00:52:04.65	00:53:18.30	5:12	11.5
136	SZOPA SŁAWOMIR	780		WARSZAWA	POL	M 40-49	136	M 345	00:33:12	00:45:58	00:52:13.05	00:53:07.85	5:13	11.5
137	LISZEWSKI KRZYSZTOF	452	RUN TEAM NASIELSK	WARSZAWA	POL	M 40-49	137	M 346	00:33:05	00:45:31	00:52:21.25	00:53:09.50	5:14	11.5
138	FLORYSIAK ARTUR	175		WARSZAWA	POL	M 40-49	138	M 347	00:34:08	00:46:31	00:52:25.05	00:53:28.65	5:14	11.4
139	CIEPLAK ANDRZEJ	106		WARSZAWA	POL	M 40-49	139	M 348	00:34:40	00:46:48	00:52:28.05	00:54:02.15	5:14	11.4
140	ANTOSIAK PIOTR	9		WARSZAWA	POL	M 40-49	140	M 353	00:34:35	00:46:55	00:52:35.20	00:54:03.65	5:15	11.4
141	ŁABA PIOTR	455		ZIELONKA	POL	M 40-49	141	M 361	00:33:35	00:46:31	00:52:53.35	00:53:45.90	5:17	11.3
142	KRUSZEWSKI PIOTR	412		ZIELONKA	POL	M 40-49	142	M 362	00:33:35	00:46:31	00:52:53.80	00:53:45.80	5:17	11.3
143	GŁÓWKA RAFAŁ	206		MARKI	POL	M 40-49	143	M 365	00:33:08	00:46:20	00:52:59.65	00:53:23.75	5:17	11.3
144	ZIELINSKI KRZYSZTOF	905	HIKINGTOURS.PL	WARSZAWA	POL	M 40-49	144	M 367	00:34:23	00:46:59	00:53:05.75	00:54:55.00	5:18	11.3
145	KUCZYŃSKI IGOR	421	APTEKARZ WARSZAWSKI	WARSZAWA	POL	M 40-49	145	M 369	00:33:58	00:46:55	00:53:17.75	00:54:11.95	5:19	11.3
146	SZTRANTOWICZ PIOTR	783		WARSZAWA	POL	M 40-49	146	M 370	00:33:53	00:46:59	00:53:20.75	00:54:21.55	5:20	11.2
147	CHMIELECKI TOMASZ	91	LOTAMS TEAM	PIASTÓW	POL	M 40-49	147	M 373	00:33:41	00:47:07	00:53:30.85	00:54:19.70	5:21	11.2
148	KARCZEWSKI JACEK	330	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 40-49	148	M 374	00:34:55	00:47:26	00:53:31.30	00:54:53.70	5:21	11.2
149	GARBACZEWSKI ZBIGNIEW	189	GRUPA BIEGOWA UM W-WA	JABŁONNA	POL	M 40-49	149	M 376	00:33:02	00:46:38	00:53:38.85	00:54:38.50	5:21	11.2

**BIEG PRZEZ MOST 2019, M 40-49 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
150	TRATKIEWICZ MAREK	813		WARSZAWA	POL	M 40-49	150	M 379	00:34:37	00:47:38	00:53:50.35	00:54:26.85	5:23	11.1
151	SYPIŃSKI PIOTR	770	TKKF BŁYSKAWICA	WARSZAWA	POL	M 40-49	151	M 384	00:34:58	00:47:34	00:53:58.75	00:55:05.75	5:23	11.1
152	MOCZYDŁOWSKI ŁUKASZ	540	MASTERS DOJO	WARSZAWA	POL	M 40-49	152	M 388	00:35:08	00:47:57	00:54:08.55	00:55:19.75	5:24	11.1
153	CIESIELSKI RAFAŁ	109	WOJEWÓDZCY TEAM	WARSZAWA	POL	M 40-49	153	M 389	00:34:58	00:47:46	00:54:14.25	00:55:19.75	5:25	11.1
154	CHOJNOWSKI ANDRZEJ	96	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M 40-49	154	M 392	00:34:30	00:47:50	00:54:18.65	00:55:21.35	5:25	11
155	TUCZYŃSKI ROBERT	816	ORT ŁOMIANKI	ŁOMIANKI	POL	M 40-49	155	M 396	00:34:42	00:47:58	00:54:27.20	00:55:23.60	5:26	11
156	JABŁONKA RADOŚLAW	258	DZIADY OCR	WYSZKÓW	POL	M 40-49	156	M 398	00:34:31	00:48:07	00:54:35.05	00:55:31.35	5:27	11
157	BORSZEWSKI MACIEJ	67		WARSZAWA	POL	M 40-49	157	M 401	00:35:08	00:48:21	00:54:42.70	00:55:38.00	5:28	11
158	ZAKRZEWSKI MAREK	884	EKOBIEGI	WARSZAWA	POL	M 40-49	158	M 402	00:35:04	00:47:57	00:54:43.75	00:55:45.05	5:28	11
159	JARMUŻEWSKI ADAM	279	TIA	WARSZAWA	POL	M 40-49	159	M 403	00:35:15	00:48:13	00:54:44.25	00:56:11.65	5:28	11
160	KARWOWSKI MARIUSZ	332	GRUPA BIEGOWA UM W-WA	CHOTOMÓW	POL	M 40-49	160	M 404	00:36:03	00:48:42	00:54:44.80	00:56:17.75	5:28	11
161	MAMLA ZBIGNIEW	493	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M 40-49	161	M 405	00:35:01	00:48:02	00:54:46.05	00:55:47.15	5:28	11
162	MIANOWSKI MARCIN	519		OTWOCK	POL	M 40-49	162	M 406	00:32:40	00:47:38	00:54:47.60	00:54:56.70	5:28	11
163	NOWAK JERZY	565	PWPW	WA-WA	POL	M 40-49	163	M 409	00:35:33	00:48:23	00:54:53.95	00:56:33.40	5:29	10.9
164	SULIŃSKI SŁAWOMIR	763		WARSZAWA	POL	M 40-49	164	M 411	00:35:25	00:48:33	00:54:57.40	00:56:25.40	5:29	10.9
165	JANKOWSKI MICHAŁ	942		WARSZAWA	POL	M 40-49	165	M 414	00:34:21	00:48:13	00:55:02.05	00:55:56.90	5:30	10.9
166	WIĘCH ANDRZEJ	849		WARSZAWA	POL	M 40-49	166	M 421	00:35:00	00:48:26	00:55:11.00	00:56:17.40	5:31	10.9
167	DANIELSKI JACEK	132	PZU SPORT TEAM	WARSZAWA	POL	M 40-49	167	M 423	00:35:35	00:48:59	00:55:21.25	00:56:31.60	5:32	10.8
168	CZAJKOWSKI MARIUSZ	121		MYSIADŁO	POL	M 40-49	168	M 424	00:35:03	00:48:44	00:55:22.55	00:57:31.75	5:32	10.8
169	KOWALCZYK ZDZISŁAW	968	JW 2189	WARSZAWA	POL	M 40-49	169	M 425	00:35:02	00:48:58	00:55:23.95	00:56:03.95	5:32	10.8
170	ZWOLIŃSKI GRZEGORZ	909	REEBOK RUN CREW	WARSZAWA	POL	M 40-49	170	M 428	00:36:26	00:49:23	00:55:31.35	00:56:47.10	5:33	10.8
171	SULIŃSKI ANDRZEJ	762		WARSZAWA	POL	M 40-49	171	M 430	00:35:32	00:49:02	00:55:37.80	00:57:07.10	5:33	10.8
172	BUTKIEWICZ DARIUSZ	86		WARSZAWA	POL	M 40-49	172	M 432	00:34:57	00:48:55	00:55:41.45	00:57:06.10	5:34	10.8
173	SZLACHTA WIESŁAW	776		WARSZAWA	POL	M 40-49	173	M 433	00:34:57	00:48:47	00:55:45.15	00:56:18.75	5:34	10.8
174	BARNIK RAFAŁ	977				M 40-49	174	M 436	00:35:10	00:48:55	00:55:47.40	00:56:13.70	5:34	10.8
175	MAZUŚ JAREK	515		WARSZAWA	POL	M 40-49	175	M 445	00:35:52	00:49:31	00:56:13.20	00:57:48.05	5:37	10.7
176	MATUSEWICZ KRZYSZTOF	509		WARSZAWA	POL	M 40-49	176	M 446	00:35:45	00:49:29	00:56:13.35	00:57:18.10	5:37	10.7
177	PRASAŁ ARTUR	632	REEBOKRUNCREW LDZ	ŁÓDŹ	POL	M 40-49	177	M 447	00:39:48	00:50:43	00:56:23.20	00:57:31.45	5:38	10.6
178	ŁOBODA PIOTR	465		WAŁCZ	POL	M 40-49	178	M 452	00:35:46	00:49:52	00:56:38.65	00:57:42.05	5:39	10.6
179	ŁABĘDA STANIŚLAW	456	NASIELSK BASZTA TEAM	WARSZAWA	POL	M 40-49	179	M 457	00:36:37	00:50:24	00:57:07.80	00:58:33.40	5:42	10.5
180	NOSARZEWSKI MARIUSZ	562		TRZCIANY	POL	M 40-49	180	M 459	00:35:54	00:50:05	00:57:11.65	00:58:20.40	5:43	10.5
181	JÓZWIK ROBERT	298	HARX TEAM	WARSZAWA	POL	M 40-49	181	M 460	00:37:03	00:50:29	00:57:11.65	00:57:32.50	5:43	10.5
182	GROCHOWSKI PIOTR	226		WARSZAWA	POL	M 40-49	182	M 465	00:37:15	00:50:38	00:57:19.80	00:59:02.45	5:44	10.5
183	BORKOWSKI PAWEŁ	61	EKOBIEGI	WARSZAWA	POL	M 40-49	183	M 473	00:38:09	00:51:22	00:57:44.15	00:59:27.95	5:46	10.4
184	WODZYŃSKI ROBERT	866	EKOBIEGI	WARSZAWA	POL	M 40-49	184	M 474	00:37:09	00:51:09	00:57:48.60	00:59:30.70	5:46	10.4
185	PTAK KRZYSZTOF	645		WARSZAWA	POL	M 40-49	185	M 479	00:36:26	00:50:59	00:58:02.70	00:58:38.60	5:48	10.3
186	ZIELIŃSKI TOMASZ	1015	POLSKIE STOW. SPORTU PO TRANSPLANTACJI	KONSTANCIN-JEZIORNA	POL	M 40-49	186	M 480	00:36:58	00:51:09	00:58:03.50	00:59:48.20	5:48	10.3
187	CZUPA BARTOSZ	976	ANPHARM RUN TEAM	WARSZAWA	POL	M 40-49	187	M 482	00:36:37	00:50:45	00:58:08.50	01:00:15.65	5:48	10.3
188	CYRNY RAFAŁ	117		WARSZAWA	POL	M 40-49	188	M 483	00:36:34	00:51:18	00:58:20.40	00:59:44.45	5:50	10.3
189	NAWROCKI RYSZARD	556		WARSZAWA	POL	M 40-49	189	M 485	00:36:34	00:51:07	00:58:22.50	00:59:34.30	5:50	10.3
190	ŁOZOWSKI ROBERT	467		WARSZAWA	POL	M 40-49	190	M 491	00:37:37	00:51:53	00:58:48.30	00:59:57.80	5:52	10.2
191	JACHOWSKI PAWEŁ	260		WARSZAWA	POL	M 40-49	191	M 497	00:37:13	00:52:09	00:59:09.30	01:00:20.20	5:55	10.1
192	ROKICKI ALEKSANDER	667		WARSZAWA	POL	M 40-49	192	M 500	00:39:11	00:52:31	00:59:12.55	01:00:58.60	5:55	10.1
193	FILIPOWICZ MACIEJ	172		WARSZAWA	POL	M 40-49	193	M 502			00:59:14.00	01:00:19.00	5:55	10.1
194	GLÓDNY HUBERT	204		WARSZAWA	POL	M 40-49	194	M 511	00:38:07	00:52:49	00:59:45.10	01:01:09.50	5:58	10
195	TOCHOWICZ PAWEŁ	808		WARSZAWA	POL	M 40-49	195	M 512	00:37:39	00:52:27	00:59:51.55	01:01:03.65	5:59	10
196	ARAŻNY ZBIGNIEW	10	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M 40-49	196	M 514	00:38:29	00:52:31	01:00:05.75	01:01:46.75	6:00	10
197	AKSAMITOWSKI ROBERT	6		WARSZAWA	POL	M 40-49	197	M 515	00:38:58	00:53:39	01:00:07.00	01:02:01.90	6:00	10
198	DYMEK DARIUSZ	158		WARSZAWA	POL	M 40-49	198	M 517	00:37:44	00:52:53	01:00:15.90	01:01:24.40	6:01	10
199	OLESIĄK ARKADIUSZ	578	BIEGAM NA TARCHOMINIE	POLSKA, WARSZAWA	POL	M 40-49	199	M 520	00:38:55	00:53:38	01:00:50.40	01:02:29.85	6:05	9.9
200	ŁUCZAK PIOTR	471	PKO BANK POLSKI SA	WARSZAWA	POL	M 40-49	200	M 521	00:38:27	00:53:35	01:00:52.20	01:01:30.55	6:05	9.9
201	PATOLETA MIREK	604		WARSZAWA	POL	M 40-49	201	M 524	00:38:10	00:53:32	01:00:57.40	01:02:08.30	6:05	9.8
202	MAZUR PAWEŁ	513	WOODRUNNERS	WARSZAWA	POL	M 40-49	202	M 528	00:38:48	00:53:35	01:01:04.05	01:02:51.50	6:06	9.8
203	BRZÓZKA KAMIL	77		WARSZAWA	POL	M 40-49	203	M 529	00:39:47	00:54:10	01:01:21.25	01:03:41.35	6:08	9.8
204	MACHNACKI MICHAŁ	477	GRUPA BIEGOWA UM W-WA	LEGIONOWO	POL	M 40-49	204	M 550	00:39:48	00:55:34	01:03:43.80	01:05:16.15	6:22	9.4
205	GAŁAŻYN GRZEGORZ	188		WARSZAWA	POL	M 40-49	205	M 555	00:40:01	00:56:05	01:04:10.05	01:05:54.85	6:25	9.4

**BIEG PRZEZ MOST 2019, M 40-49 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
206	DRABIK MICHAŁ	150		WARSZAWA	POL	M 40-49	206	M 556	00:39:45	00:56:01	01:04:13.45	01:05:14.85	6:25	9.3
207	PARTYKA PAWEŁ	600		WARSZAWA	POL	M 40-49	207	M 558	00:40:46	00:56:19	01:04:21.55	01:05:59.85	6:26	9.3
208	JANKOWSKI TOMEK	273		WARSZAWA	POL	M 40-49	208	M 559	00:39:45	00:56:17	01:04:24.75	01:05:32.05	6:26	9.3
209	MROZ SEBASTIAN	547		KOMORÓW	POL	M 40-49	209	M 566	00:42:33	00:58:17	01:05:07.70	01:06:55.10	6:30	9.2
210	ROMANOWSKI PAWEŁ	668	MARKOWI BIEGACZE	MARKI	POL	M 40-49	210	M 567	00:42:02	00:57:36	01:05:10.55	01:06:30.00	6:31	9.2
211	WŁODARCZYK MACIEJ	860		WARSZAWA	POL	M 40-49	211	M 568	00:40:53	00:57:17	01:05:19.45	01:05:57.60	6:31	9.2
212	KRÓLIKOWSKI ARTUR	406		WARSZAWA	POL	M 40-49	212	M 570	00:39:50	00:56:46	01:05:37.25	01:07:39.70	6:33	9.1
213	KILIŃSKI PIOTR	346		MICHAŁÓW-GRABINA	POL	M 40-49	213	M 580	00:43:08	00:59:14	01:06:51.60	01:08:54.60	6:41	9
214	ŻUCHOWSKI ARTUR	916	MY MIESZKAŃCY LEGIONOWO	LEGIONOWO	POL	M 40-49	214	M 581	00:43:08	00:59:14	01:06:51.90	01:08:54.95	6:41	9
215	ŁUKASIEWICZ ROBERT	475	KOKOSZKA36TEAM	WARSZAWA	POL	M 40-49	215	M 587	00:43:25	00:59:53	01:08:19.40	01:10:15.05	6:50	8.8
216	WŁODARCZYK MIROSLAW	861	I LO UKS KOŚCIUSZKO	WŁODAWA	POL	M 40-49	216	M 588	00:43:55	01:00:42	01:08:55.25	01:10:45.75	6:53	8.7
217	KUREK JACEK	429	BIEGAMPO WOLI	WARSZAWA	POL	M 40-49	217	M 593	00:43:38	01:01:10	01:09:38.60	01:11:29.35	6:57	8.6
218	NASKRĘT MARIUSZ	555		RACOT	POL	M 40-49	218	M 594	00:45:23	01:01:52	01:10:05.45	01:12:05.45	7:00	8.6
219	KAMIŃSKI MICHAŁ	322		MYSIADŁO	POL	M 40-49	219	M 596	00:44:43	01:01:34	01:10:58.90	01:13:00.85	7:05	8.5
220	TREMELET SEBASTIEN	814		WARSZAWA	FRA	M 40-49	220	M 598	00:45:41	01:03:09	01:11:24.10	01:13:29.70	7:08	8.4
221	SYROCKI WOJCIECH	984		WARSZAWA	POL	M 40-49	221	M 600	00:47:15	01:04:03	01:12:06.40	01:14:25.00	7:12	8.3
222	WUJEC BARTŁOMIEJ	879		JÓZEFÓW	POL	M 40-49	222	M 601	00:46:42	01:03:45	01:12:09.95	01:14:11.05	7:13	8.3
223	HEINE KRZYSZTOF	246		WARSZAWA	POL	M 40-49	223	M 606	00:47:15	01:04:54	01:14:11.45	01:16:29.75	7:25	8.1
LIM	ROBASZKIEWICZ ADAM	659		WARSZAWA	POL	M 40-49	LIM	LIM	00:57:17	01:19:59	01:31:30.05	01:34:02.90	0:00	6.6

**BIEG PRZEZ MOST 2019, K 50-59**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
1	RZYMOWSKA KRYSZYNA	687		WARSZAWA	POL	K 50-59	1	K 27	00:31:09	00:42:39	00:48:21.40	00:49:07.70	4:50	12.4
2	WAGNER JOLANTA	829		WARSZAWA	POL	K 50-59	2	K 52	00:33:49	00:46:14	00:52:30.30	00:53:58.10	5:15	11.4
3	NIEDZIÓŁKA MAŁGORZATA	939	TO NATURALNE	WARSZAWA	POL	K 50-59	3	K 72	00:35:03	00:48:14	00:54:32.00	00:54:51.20	5:27	11
4	GROCHOWSKA JOANNA	225	BIEGAMY Z OCHOTĄ	WARSZAWA	POL	K 50-59	4	K 86	00:35:28	00:49:07	00:55:42.55	00:57:47.45	5:34	10.8
5	HOŁOPIAK EWA	251	REEBOK RUN CREW	WARSZAWA	POL	K 50-59	5	K 114	00:37:37	00:51:23	00:58:11.20	00:59:28.50	5:49	10.3
6	KRZANOWSKA MAŁGORZATA	415		WARSZAWA	POL	K 50-59	6	K 135	00:38:22	00:52:24	00:59:24.75	01:01:13.25	5:56	10.1
7	BOJARSKA MARIA	55		WARSZAWA	POL	K 50-59	7	K 208	00:42:11	00:58:31	01:06:28.95	01:06:45.30	6:38	9
8	KOSIERADZKA JOANNA	378		WARSZAWA	POL	K 50-59	8	K 234	00:45:53	01:03:21	01:12:05.20	01:13:52.35	7:12	8.3
LIM	SKRZYDŁOWSKA-KALUKIN KATARZYNA	717	SLOWJOGGING BIAŁOŁĘKA	WARSZAWA	POL	K 50-59	LIM	LIM	00:56:40	01:18:01	01:31:27.10	01:33:59.00	0:00	6.6
LIM	SYC ALICJA	768	SLOW JOGGING BIAŁOŁĘKA	WARSZAWA	POL	K 50-59	LIM	LIM	00:56:43	01:18:04	01:31:31.25	01:33:59.80	0:00	6.6
LIM	KOWALCZYK-CHRZUSZCZ KASIA	390	SLOW JOGGING ŁÓDŹ	ŁÓDŹ	POL	K 50-59	LIM	LIM	00:56:51	01:19:18	01:31:33.80	01:33:58.70	0:00	6.6

**BIEG PRZEZ MOST 2019, M 50-59**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
1	GRZYBOWSKI MARIUSZ	237		KOBYŁKA	POL	M 50-59	1	M 27	00:24:34	00:33:34	00:38:12.65	00:38:16.30	3:49	15.7
2	KORSAKAS EMILIS	925	NA, PAGAUKI	VILNIUS	LTU	M 50-59	2	M 58	00:26:14	00:36:16	00:41:13.00	00:41:19.10	4:07	14.6
3	DĄBROWSKI MIROSLAW	136		WARSZAWA	POL	M 50-59	3	M 85	00:27:12	00:37:22	00:42:30.20	00:42:52.75	4:15	14.1
4	PRZELASKOWSKI ARTUR	639		WARSZAWA	POL	M 50-59	4	M 101	00:27:40	00:38:20	00:43:37.45	00:43:47.75	4:21	13.8
5	GAJOWY ANDRZEJ	186		WARSZAWA	POL	M 50-59	5	M 127	00:28:47	00:39:23	00:44:41.40	00:45:14.75	4:28	13.4
6	STAŃSKI SŁAWOMIR	743	TO NATURALNE	WARSZAWA	POL	M 50-59	6	M 152	00:29:31	00:40:20	00:45:42.60	00:46:00.75	4:34	13.1
7	KAMOLA SŁAWOMIR	326	ABBA1 RUN	STASI LAS	POL	M 50-59	7	M 191	00:29:33	00:41:33	00:47:04.50	00:47:18.25	4:42	12.7
8	URBAŃSKI PAWEŁ	825	KERK-PALM IS TEAM	WARSZAWA	POL	M 50-59	8	M 195	00:30:14	00:41:35	00:47:17.90	00:47:57.20	4:43	12.7
9	GÓRKA KRZYSZTOF	216		GRODZISK MAZ.	POL	M 50-59	9	M 196	00:30:33	00:41:41	00:47:20.30	00:47:35.30	4:44	12.7
10	SZPANOWSKI MAREK	962		WARSZAWA	POL	M 50-59	10	M 216	00:31:24	00:42:34	00:47:52.20	00:48:34.20	4:47	12.5
11	OLCZAK JANUSZ	576	BIEGANIE 50+	WARSZAWA	POL	M 50-59	11	M 222	00:31:13	00:42:37	00:48:11.85	00:48:45.40	4:49	12.4
12	ROSZAK WALDEMAR	671	BIEGAM NA ZIELONEJ BIAŁOŁĘCE	WARSZAWA	POL	M 50-59	12	M 225	00:30:36	00:42:32	00:48:17.30	00:48:47.20	4:49	12.4
13	BARANOWSKI KRZYSZTOF	18	TO NATURALNE	ZIELONKA	POL	M 50-59	13	M 230			00:48:21.00	00:48:21.00	4:50	12.4
14	KACYMIROW TOMASZ	314		HORNÓWEK	POL	M 50-59	14	M 234	00:30:55	00:42:40	00:48:29.65	00:49:04.15	4:51	12.4
15	MIŁOSZ MAREK	532		WARSZAWA	POL	M 50-59	15	M 256	00:31:27	00:43:17	00:49:19.95	00:50:10.05	4:56	12.2
16	SIESS JAROSŁAW	704		PABIANICE	POL	M 50-59	16	M 260	00:32:04	00:43:46	00:49:24.00	00:49:47.35	4:56	12.1

**BIEG PRZEZ MOST 2019, M 50-59 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
17	SZUSTAK DAREK	785		RASZYN	POL	M 50-59	17	M 268	00:32:10	00:44:04	00:49:40.05	00:50:18.85	4:58	12.1
18	FILIPCZUK DARIUSZ	169		ZIELONKA	POL	M 50-59	18	M 338	00:32:49	00:45:33	00:51:53.50	00:52:33.40	5:11	11.6
19	STRZAŁEK ANDRZEJ	752	TRUCHT TARCHOMIN TEAM	WARSZAWA	POL	M 50-59	19	M 343	00:33:13	00:45:55	00:52:09.05	00:52:58.00	5:13	11.5
20	KAMIŃSKI WIEŚLAW	324	NASIELSK BASZTA TEAM	WARSZAWA	POL	M 50-59	20	M 358	00:35:38	00:47:02	00:52:50.80	00:54:16.65	5:17	11.4
21	STACHACZ MIROSLAW	736	ZPHU DREWMAX	OSTROŁĘKA	POL	M 50-59	21	M 393	00:33:54	00:47:30	00:54:19.30	00:55:28.50	5:25	11
22	ŚWIERSZCZ ANDRZEJ	797		WARSZAWA	POL	M 50-59	22	M 394	00:34:54	00:47:58	00:54:20.90	00:55:35.20	5:26	11
23	BAKUŁA WIEŚLAW	14	WAMPIR	KADZIDŁO	POL	M 50-59	23	M 408	00:34:16	00:48:02	00:54:53.90	00:55:20.30	5:29	10.9
24	MODRZEJEWSKI ZBIGNIEW	541		LEGIONOWO	POL	M 50-59	24	M 415	00:35:11	00:48:36	00:55:04.55	00:55:32.50	5:30	10.9
25	KUBASIEWICZ ARTUR	418	SAM	WARSZAWA	POL	M 50-59	25	M 420	00:35:44	00:48:48	00:55:09.35	00:56:38.45	5:30	10.9
26	SYLWESTRZUK MARIUSZ	769		KOBYŁKA	POL	M 50-59	26	M 431	00:35:14	00:48:57	00:55:39.25	00:57:04.35	5:33	10.8
27	THOMAS SZCZEPAN	806	WARSZAWSKA AKADEMIA KARATE TRADYCYJNEGO	WARSZAWA	POL	M 50-59	27	M 453	00:35:49	00:49:35	00:56:40.10	00:57:34.25	5:40	10.6
28	ZDUŃSKI JAROSŁAW	900		WARSZAWA	POL	M 50-59	28	M 458	00:35:41	00:50:10	00:57:08.85	00:58:25.45	5:42	10.5
29	JOŃCZYK STANISŁAW	297	FUNDACJA WARSZAWSKIE HOSPICJUM DLA DZIECI	LEGIONOWO	POL	M 50-59	29	M 518	00:38:04	00:52:47	01:00:18.90	01:01:35.90	6:01	10
30	KOWALSKI WIEŚLAW	392		WARSZAWA	POL	M 50-59	30	M 533	00:38:24	00:54:13	01:02:06.20	01:02:09.20	6:12	9.7
31	KRZECZEWSKI JACEK	416		WARSZAWA	POL	M 50-59	31	M 537	00:39:20	00:54:45	01:02:37.05	01:04:25.85	6:15	9.6
32	WASIK PIOTR	836		LEGIONOWO	POL	M 50-59	32	M 564	00:40:56	00:56:08	01:05:06.45	01:06:25.90	6:30	9.2
33	WILEŃSKI ZBIGNIEW	944	GRUPA BIEGOWA UM W-WA	DĄBROWA CHOTOMOWSKA	POL	M 50-59	33	M 569	00:42:07	00:57:19	01:05:24.90	01:06:58.10	6:32	9.2
34	PACHOLAK PRZEMYSŁAW	589		WARSZAWA	POL	M 50-59	34	M 572	00:41:01	00:57:38	01:05:50.20	01:07:33.00	6:35	9.1
35	STAŃCZYK GRZEGORZ	741		ZIELONKA	POL	M 50-59	35	M 575	00:41:34	00:58:18	01:06:30.85	01:08:12.80	6:39	9
36	SZOSTAKOWSKI JAROSŁAW	1005	BIEGAMY Z OCHOTĄ	WARSZAWA	POL	M 50-59	36	M 582	00:43:33	00:59:13	01:06:59.25	01:09:04.55	6:41	9
37	JURECKI MAREK	303		WARSZAWA	POL	M 50-59	37	M 586	00:43:36	01:00:21	01:08:00.55	01:09:55.90	6:48	8.8
38	KIELAK JACEK	341		TRUSKAW	POL	M 50-59	38	M 590	00:43:43	01:01:07	01:09:17.65	01:09:34.75	6:55	8.7
39	KOSIERADZKI PAWEŁ	379	MASTERS DOJO	WARSZAWA	POL	M 50-59	39	M 599	00:45:54	01:03:22	01:12:05.95	01:13:52.35	7:12	8.3
40	KUREK GUSTAW	427		WARSZAWA	POL	M 50-59	40	M 607	00:47:51	01:06:43	01:15:59.00	01:18:10.20	7:35	7.9
41	KORNACKI SŁAWOMIR	373		NIEPORĘT	POL	M 50-59	41	M 612	00:50:43	01:13:00	01:24:00.80	01:25:25.20	8:24	7.1
LIM	CIEŚLAK PAWEŁ	112	SLOWJOGGINGBIAŁOLEKA	WARSZAWA	POL	M 50-59	LIM	LIM	00:56:55	01:18:03	01:31:34.15	01:34:03.30	0:00	6.6
LIM	KAMIŃSKI WALDEMAR	323	SLOW JOGGING BIAŁOLEKA	WARSZAWA	POL	M 50-59	LIM	LIM	00:57:38	01:20:04	01:31:37.60	01:34:05.00	0:00	6.5

**BIEG PRZEZ MOST 2019, K 60+**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
1	TULA RENATA	817	MYKMYK	WARSZAWA	POL	K 60+	1	K 39	00:32:32	00:44:30	00:50:24.05	00:51:10.80	5:02	11.9
2	HULANICKA IRINA	252	GOGGLE TEAM	WARSZAWA	POL	K 60+	2	K 75	00:35:06	00:47:38	00:54:43.00	00:55:45.20	5:28	11
3	STRACHOCKA ANNA	749	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	K 60+	3	K 156	00:39:55	00:54:12	01:01:25.35	01:03:38.60	6:08	9.8
4	MORAWSKA ANNA	542		WARSZAWA	POL	K 60+	4	K 165	00:40:08	00:54:40	01:01:46.35	01:02:47.45	6:10	9.7
5	KARŁOWICZ ANNA	331	PARTIA WOLNYCH BIEGACZY	WARSZAWA	POL	K 60+	5	K 169	00:39:28	00:54:32	01:01:57.10	01:03:44.20	6:11	9.7
6	JURKOWSKA IRENA	305		WARSZAWA	POL	K 60+	6	K 238	00:44:36	01:03:40	01:12:49.15	01:14:45.30	7:16	8.2
LIM	BOROWIAK JOLANTA	63	SLOWJOGGING POLSKA	WARSZAWA	POL	K 60+	LIM	LIM	00:56:50	01:19:04	01:31:29.75	01:34:01.80	0:00	6.6

**BIEG PRZEZ MOST 2019, M 60+**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
1	NOWOCIEŃ JACEK	570	UKS RUSIEC	PODKOWA LEŚNA	POL	M 60+	1	M 61	00:26:45	00:36:36	00:41:29.05	00:41:32.95	4:08	14.5
2	SARZAŁA DARIUSZ	996			POL	M 60+	2	M 90	00:27:22	00:37:50	00:42:53.95	00:43:09.55	4:17	14
3	TURLEJ DARIUSZ	818	KONDYCJA	WARSZAWA	POL	M 60+	3	M 124	00:28:49	00:39:14	00:44:36.95	00:45:00.00	4:27	13.4
4	KIESZEK TADEUSZ	344	DYSTANS LESZNO	LESZNO /WARSZAWY	POL	M 60+	4	M 221	00:31:16	00:42:29	00:48:10.30	00:48:57.95	4:49	12.5
5	ŻÓŁKOWSKI MAREK	914	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 60+	5	M 293	00:32:36	00:44:33	00:50:19.00	00:51:01.45	5:01	11.9
6	WOJNARSKI JANUSZ	871		WARSZAWA	POL	M 60+	6	M 296	00:32:30	00:44:30	00:50:31.65	00:51:35.25	5:03	11.9
7	RZECZKOWSKI ZYGMUNT	686	METRO WARSZAWSKIE	WARSZAWA	POL	M 60+	7	M 299	00:32:08	00:44:21	00:50:32.55	00:51:34.65	5:03	11.9
8	KĘDZIEŃSKI MIECZYSLAW	339	TG SOKÓŁ BRWINÓW	MILANÓWEK	POL	M 60+	8	M 330	00:32:58	00:45:29	00:51:40.30	00:52:53.95	5:10	11.6
9	BEŁOWSKI LESZEK	34	CHEMIK NOXY PUŁAWY	PULAWY	POL	M 60+	9	M 340	00:33:09	00:45:42	00:51:54.45	00:52:59.80	5:11	11.6
10	WANOWSKI ANDRZEJ	832	ROZBIEGAMY NOWY DWÓR	NOWY DWÓR MAZOWIECKI	POL	M 60+	10	M 350	00:33:27	00:46:01	00:52:29.40	00:53:26.50	5:14	11.4

**BIEG PRZEZ MOST 2019, M 60+ c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.6km	9km	Netto	Brutto	min/km	km/h
11	KLUJ BOGUSŁAW	354	BIEGNĘ DLA SANDRY I ROBERTA	ZAKRĘT	POL	M 60+	11	M 382	00:34:43	00:47:37	00:53:56.15	00:54:56.05	5:23	11.1
12	NOWACKI JULIAN	938	TO NATURALNE	WARSZAWA	POL	M 60+	12	M 407	00:35:03	00:48:14	00:54:50.50	00:55:09.70	5:29	10.9
13	BUKOWSKI JANUSZ	999	STOWARZYSZENIE DAĆ SIEBIE INNYM	WARSZAWA	POL	M 60+	13	M 450	00:35:54	00:49:43	00:56:33.60	00:56:37.25	5:39	10.6
14	KACZOREK ROBERT	318		WARSZAWA	POL	M 60+	14	M 451	00:35:58	00:49:42	00:56:34.45	00:56:57.15	5:39	10.6
15	JANISZEWSKI JAN	268		NIDZICA	POL	M 60+	15	M 456	00:36:27	00:50:06	00:57:01.70	00:57:26.85	5:42	10.5
16	MUCHA GRZEGORZ	549		WARSZAWA	POL	M 60+	16	M 467	00:36:20	00:50:22	00:57:22.65	00:57:59.05	5:44	10.5
17	BEDNARZAK TADEUSZ	33	YULO RUN TEAM SIEDLCE	SIEDLCE	POL	M 60+	17	M 468	00:36:23	00:50:31	00:57:28.25	00:58:33.10	5:44	10.4
18	MALER WŁADYSŁAW	487	REEBOK RUN CREW	WARSZAWA	POL	M 60+	18	M 470	00:36:55	00:50:41	00:57:36.35	00:58:54.10	5:45	10.4
19	DZIEKONSKI JACEK	159		KONSTANCIN JEZIORNA	POL	M 60+	19	M 490	00:36:27	00:51:11	00:58:41.40	01:00:07.90	5:52	10.2
20	GRABOWSKI JERZY	220	NIEZRZESZONY	WARSZAWA	POL	M 60+	20	M 493	00:36:49	00:51:28	00:58:51.60	01:00:05.00	5:53	10.2
21	GRYCNER PIOTR	231		STAROGARD GDAŃSKI	POL	M 60+	21	M 496	00:38:18	00:52:18	00:59:07.50	01:01:02.60	5:54	10.1
22	BIERNACKI ADAM	44		ŁÓDŹ	POL	M 60+	22	M 509	00:38:36	00:52:42	00:59:40.50	01:01:11.15	5:58	10.1
23	GLASSER MAREK	202		WARSZAWA	POL	M 60+	23	M 531	00:38:46	00:53:57	01:01:41.55	01:03:16.60	6:10	9.7
24	MIRECKI ZBIGNIEW	535	EKOBIEGI	WARSZAWA	POL	M 60+	24	M 546	00:41:06	00:56:13	01:03:27.20	01:05:11.30	6:20	9.5
25	KOZAKOW BORYS	957		WARSZAWA	POL	M 60+	25	M 549	00:40:47	00:56:18	01:03:42.15	01:05:04.40	6:22	9.4
26	ŻÓŁCIŃSKI WALDEMAR	913	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 60+	26	M 571	00:40:29	00:57:05	01:05:48.35	01:07:38.05	6:34	9.1
27	MALDIS MAREK	486		WARSZAWA	POL	M 60+	27	M 591	00:44:30	01:01:04	01:09:21.40	01:11:19.35	6:56	8.6
28	HULANICKI ANDRZEJ	253	GOGGLE TEAM	WARSZAWA	POL	M 60+	28	M 592	00:44:42	01:01:16	01:09:34.95	01:11:33.05	6:57	8.6
29	WIZERT JÓZEF	859		WARSZAWA	POL	M 60+	29	M 595	00:44:29	01:01:34	01:10:49.20	01:13:01.30	7:04	8.5
30	DĄBROWA WOJCIECH	133		WARSZAWA	POL	M 60+	30	M 604	00:46:12	01:04:53	01:13:43.60	01:15:51.40	7:22	8.1
31	MAREK HENRYK	501	-	WARSZAWA	POL	M 60+	31	M 611	01:20:28		01:22:36.00	01:22:36.00	8:15	7.3
LIM	BOROWIAK JACEK	62	SLOWJOGGING POLSKA	WARSZAWA	POL	M 60+	LIM	LIM	00:56:48	01:19:05	01:31:30.45	01:34:01.55	0:00	6.6
LIM	BAUER JACEK	26	SLOW JOGGING ŁÓDŹ	ŁÓDŹ	POL	M 60+	LIM	LIM	00:57:33	01:19:59	01:31:33.05	01:34:05.25	0:00	6.6
LIM	SZTAJNIC JERZY	782		ŁÓDŹ	POL	M 60+	LIM	LIM	00:56:54	01:19:17	01:31:34.15	01:33:59.20	0:00	6.6