

## BIEG CENTAURA - NORDIC WALKING 5 KM

Organizator: Gmina Biały Bór, Białoborskie Centrum Kultury i Rekreacji, Fundacja Herkules All Sports  
Data: 2019-10-06  
Miejsce: Biały Bór  
Dystans: 5 km  
Klasyfikacja wg czasów netto.



### BIEG CENTAURA - NORDIC WALKING 5 KM, OPEN

| M-ce | Nazwisko i imię             | Nr  | Klub                    | M-sconość      | Kraj | Kat.   | M. kat | K/M  | Netto       | min/km | km/h |
|------|-----------------------------|-----|-------------------------|----------------|------|--------|--------|------|-------------|--------|------|
| 1    | BRZOWSKI PIOTR              | 192 | NIEZNISZCZALNI          | SŁAWNO         | POL  | M18-39 | 1      | M 1  | 00:30:20.21 | 6:04   | 9.9  |
| 2    | POŁUBIAK PAWEŁ              | 228 |                         | SIECINO        | POL  | M18-39 | 2      | M 2  | 00:30:56.08 | 6:11   | 9.7  |
| 3    | WOROCH ROMAN                | 240 | POLKOWICE               | DOPIEWO        | POL  | M60-69 | 1      | M 3  | 00:31:44.65 | 6:20   | 9.5  |
| 4    | JÓŹWIAK MARIANNA            | 203 | SERCE NORDICA WŁOCLAWEK | WŁOCLAWEK      | POL  | K40-49 | 1      | K 1  | 00:34:11.60 | 6:50   | 8.8  |
| 5    | MROZICKI ANDRZEJ            | 225 | MORSY SZCZECINEK        | SZCZECINEK     | POL  | M50-59 | 1      | M 4  | 00:35:06.19 | 7:01   | 8.5  |
| 6    | JURCZYSZYN ZYTA             | 206 | CZAPELKI                | CZAPLINEK      | POL  | K40-49 | 2      | K 2  | 00:35:24.80 | 7:05   | 8.5  |
| 7    | WOJTCZAK URSZULA            | 239 | CZAPELKI                | CZAPLINEK      | POL  | K40-49 | 3      | K 3  | 00:35:29.03 | 7:06   | 8.5  |
| 8    | PARCHIMOWICZ JANUSZ         | 226 |                         | SZCZECIN       | POL  | M60-69 | 2      | M 5  | 00:35:29.61 | 7:06   | 8.5  |
| 9    | BERCZYŃSKI HENRYK           | 189 | NADLEŚNICTWO OKONEK     | OKONEK         | POL  | M60-69 | 3      | M 6  | 00:35:44.69 | 7:08   | 8.4  |
| 10   | PRUSKA AGNIESZKA            | 343 | NIEZNISZCZALNI          | WIDZINO        | POL  | K40-49 | 4      | K 4  | 00:36:16.93 | 7:15   | 8.3  |
| 11   | KOCOŃ SŁAWOMIR              | 211 |                         | SIEMIANICE     | POL  | M40-49 | 1      | M 7  | 00:36:43.83 | 7:20   | 8.2  |
| 12   | WOROCH JOLANTA              | 241 | POLKOWICE               | DOPIEWO        | POL  | K50-59 | 1      | K 5  | 00:37:20.20 | 7:28   | 8    |
| 13   | SZUDOBAJ HANIA              | 236 | NIEZNISZCZALNI          | SŁUPSK         | POL  | K50-59 | 2      | K 6  | 00:37:28.53 | 7:29   | 8    |
| 14   | DAROSZEWSKA KRYSZYNA        | 194 | SERCE NORDICA WŁOCLAWEK | WŁOCLAWEK      | POL  | K60-69 | 1      | K 7  | 00:37:32.53 | 7:30   | 8    |
| 15   | KORYBSKA ALEKSANDRA         | 212 | BIAŁY BÓR               | BIAŁY BÓR      | POL  | K40-49 | 5      | K 8  | 00:37:37.04 | 7:31   | 8    |
| 16   | KUKLIŃSKA JOANNA            | 216 | METROŻERCY              | MROSZEWO       | POL  | K18-39 | 1      | K 9  | 00:37:40.33 | 7:32   | 8    |
| 17   | WOŹNIEWSKA GRAŻYNA          | 242 | NORDICOWELOVE POLICE    | POLICE         | POL  | K50-59 | 3      | K 10 | 00:37:55.47 | 7:35   | 7.9  |
| 18   | BOGAJSKI KRZYSZTOF          | 191 |                         | ŚWIECIE        | POL  | M50-59 | 2      | M 8  | 00:38:01.81 | 7:36   | 7.9  |
| 19   | KWAŚNIEWSKA DOROTA          | 215 | HUBERTUS BIAŁY BÓR      | BIAŁY BÓR      | POL  | K50-59 | 4      | K 11 | 00:38:11.43 | 7:38   | 7.9  |
| 20   | JÓŹWIAK ŁUKASZ              | 205 | SERCE NORDICA WŁOCLAWEK | WŁOCLAWEK      | POL  | M50-59 | 3      | M 9  | 00:39:10.51 | 7:50   | 7.7  |
| 21   | BADZIĄG WALDEMAR            | 188 | NIEZNISZCZALNI          | SŁUPSK         | POL  | M50-59 | 4      | M 10 | 00:39:28.90 | 7:53   | 7.6  |
| 22   | ŻUCHLIŃSKI BOGDAN           | 246 |                         | BIAŁY BÓR      | POL  | M40-49 | 2      | M 11 | 00:39:55.57 | 7:59   | 7.5  |
| 23   | ANDRUSZKIEWICZ PAWEŁ        | 186 |                         | SZCZECINEK     | POL  | M40-49 | 3      | M 12 | 00:40:34.35 | 8:06   | 7.4  |
| 24   | MAŁYSZEWICZ ANDRZEJ         | 223 |                         | BIAŁY BÓR      | POL  | M50-59 | 5      | M 13 | 00:40:48.32 | 8:09   | 7.4  |
| 25   | KOCOŃ SYLWIA                | 210 |                         | SIEMIANICE     | POL  | K40-49 | 6      | K 12 | 00:40:59.57 | 8:12   | 7.3  |
| 26   | PIASKOWIAK KAROLINA         | 227 | BORNE BIEGA             | BORNE SULINOWO | POL  | K18-39 | 2      | K 13 | 00:41:31.31 | 8:18   | 7.2  |
| 27   | MAŁYSZEWICZ TERESA          | 222 |                         | BIAŁY BÓR      | POL  | K50-59 | 5      | K 14 | 00:42:01.42 | 8:24   | 7.1  |
| 28   | WAJDA IZABELA               | 238 |                         | BORNE SULINOWO | POL  | K40-49 | 7      | K 15 | 00:42:06.72 | 8:25   | 7.1  |
| 29   | CZEREŚNIAK IWONA            | 193 |                         | SIEMCZYNO      | POL  | K50-59 | 6      | K 16 | 00:42:29.59 | 8:29   | 7.1  |
| 30   | STRZELEC JAN                | 231 |                         | PRZYBKOWO      | POL  | M60-69 | 4      | M 14 | 00:42:39.36 | 8:31   | 7    |
| 31   | SUCHECKA ANNA               | 232 |                         | SZCZECINEK     | POL  | K40-49 | 8      | K 17 | 00:43:27.10 | 8:41   | 6.9  |
| 32   | SYROCZYŃSKA HANNA           | 233 | SERCE NORDICA WŁOCLAWEK | WŁOCLAWEK      | POL  | K50-59 | 7      | K 18 | 00:43:50.92 | 8:46   | 6.8  |
| 33   | ARCJUSZKIEWICZ KATARZYNA    | 187 |                         | BARWICE        | POL  | K18-39 | 3      | K 19 | 00:44:05.92 | 8:49   | 6.8  |
| 34   | KĄŻMIERCZAK SYLA            | 209 |                         | CZAPLINEK      | POL  | K18-39 | 4      | K 20 | 00:44:26.78 | 8:53   | 6.7  |
| 35   | LUBAŃSKI TOMASZ             | 220 | SERCE NORDICA WŁOCLAWEK | WŁOCLAWEK      | POL  | M60-69 | 5      | M 15 | 00:44:28.92 | 8:53   | 6.7  |
| 36   | KOTARSKA MAŁGORZATA         | 199 | NORDICOWELOVE POLICE    | POLICE         | POL  | K50-59 | 8      | K 21 | 00:44:29.68 | 8:53   | 6.7  |
| 37   | SZAMOTUŁA - STRZELEC MARYLA | 235 |                         | PRZYBKOWO      | POL  | K60-69 | 2      | K 22 | 00:45:41.38 | 9:08   | 6.6  |
| 38   | AMBRYSEWSKA AGNIESZKA       | 185 |                         | STĘPIEŃ        | POL  | K18-39 | 5      | K 23 | 00:46:18.28 | 9:15   | 6.5  |
| 39   | WYPYCH HONORATA             | 244 |                         | SWIDWIN        | POL  | K18-39 | 6      | K 24 | 00:47:06.17 | 9:25   | 6.4  |
| 40   | JÓŹWIAK DOMINIK             | 204 | SERCE NORDICA WŁOCLAWEK | WŁOCLAWEK      | POL  | M18-39 | 3      | M 16 | 00:47:26.62 | 9:29   | 6.3  |
| 41   | DOBRZAŃSKA ANNA             | 195 |                         | LINOWO         | POL  | K40-49 | 9      | K 25 | 00:47:46.76 | 9:33   | 6.3  |
| 42   | BERNAT GRZEGORZ             | 190 |                         | BIAŁY BÓR      | POL  | M50-59 | 6      | M 17 | 00:47:48.42 | 9:33   | 6.3  |
| 43   | ZIĘBA HALINA                | 245 | PSEUDOBIEGACZKI         | ZŁOTÓW         | POL  | K60-69 | 3      | K 26 | 00:48:21.53 | 9:40   | 6.2  |
| 44   | WRONA JOLANTA               | 243 | PSEUDOBIEGACZKI         | ZŁOTÓW         | POL  | K60-69 | 4      | K 27 | 00:48:22.88 | 9:40   | 6.2  |
| 45   | TOBOŁA HALINA               | 237 |                         | PRZYBKOWO      | POL  | K50-59 | 9      | K 28 | 00:49:03.07 | 9:48   | 6.1  |
| 46   | SZAMOTUŁA EWA               | 234 |                         | SZCZECINEK     | POL  | K60-69 | 5      | K 29 | 00:49:03.81 | 9:48   | 6.1  |

**BIEG CENTAURA - NORDIC WALKING 5 KM, OPEN c.d.**

| M-ce | Nazwisko i imię       | Nr  | Klub                                       | M-scowość      | Kraj | Kat.   | M. kat | K/M  | Netto       | min/km | km/h |
|------|-----------------------|-----|--|----------------|------|--------|--------|------|-------------|--------|------|
| 47   | LEWANDOWSKA IGA       | 219 |  | BIAŁA          | POL  | K18-39 | 7      | K 30 | 00:49:19.59 | 9:52   | 6.1  |
| 48   | STAŚ HALINA           | 230 |  | BIAŁA          | POL  | K40-49 | 10     | K 31 | 00:49:27.48 | 9:53   | 6.1  |
| 49   | KARKUT MONIKA         | 208 | MTS HAMER                                  | MIASTKO        | POL  | K40-49 | 11     | K 32 | 00:50:27.75 | 10:05  | 5.9  |
| 50   | FIURST PIOTR          | 197 | TUPTAJĄCE HIPCIE                           | BORNE SULINOWO | POL  | M-JUN  | 1      | M 18 | 00:50:39.55 | 10:07  | 5.9  |
| 51   | FIURST-STECENKO IRENA | 198 | TUPTAJĄCE HIPCIE                           | BORNE SULINOWO | POL  | K18-39 | 8      | K 33 | 00:50:47.54 | 10:09  | 5.9  |
| 52   | JADWIŻYC IZABELA      | 200 | TUPTAJĄCE HIPCIE                           | BORNE SULINOWO | POL  | K40-49 | 12     | K 34 | 00:50:48.61 | 10:09  | 5.9  |
| 53   | JURA DANUTA           | 207 |  | MIASTKO        | POL  | K60-69 | 6      | K 35 | 00:50:51.22 | 10:10  | 5.9  |
| 54   | MAŁYSZEWICZ TOMASZ    | 221 | BIAŁY BÓR AKTYWNY JEST,#TEAMDKMS,#BIEGACZE | BIAŁY BÓR      | POL  | M18-39 | 4      | M 19 | 00:53:02.11 | 10:36  | 5.7  |
| 55   | JENSZAK MAJA          | 202 |  | SZCZECINEK     | POL  | K18-39 | 9      | K 36 | 00:53:29.54 | 10:42  | 5.6  |
| 56   | FIURST MARCIN         | 196 | TUPTAJĄCE HIPCIE                           | BORNE SULINOWO | POL  | M40-49 | 4      | M 20 | 00:55:17.62 | 11:03  | 5.4  |
| DNC  | JAKIMIEC TADEUSZ      | 201 | HUSARIA RACE TEAM                          | SZCZECINEK     | POL  | M50-59 | DNC    | DNC  | 00:27:11.94 | 0:00   | 11   |
| DNC  | KORZEŃ GRZEGORZ       | 213 |  | SŁUPSK         | POL  | M40-49 | DNC    | DNC  | 00:27:14.71 | 0:00   | 11   |

**BIEG CENTAURA - NORDIC WALKING 5 KM, K-Open**

| M-ce | Nazwisko i imię             | Nr  | Klub                    | M-scowość      | Kraj | Kat.   | M. kat | K/M  | Netto       | min/km | km/h |
|------|-----------------------------|-----|-------------------------|----------------|------|--------|--------|------|-------------|--------|------|
| 1    | JÓŹWIAK MARIANNA            | 203 | SERCE NORDICA WŁOCLAWEK | WŁOCLAWEK      | POL  | K40-49 | 1      | K 1  | 00:34:11.60 | 6:50   | 8.8  |
| 2    | JURCZYSZYN ZYTA             | 206 | CZAPELKI                | CZAPLINEK      | POL  | K40-49 | 2      | K 2  | 00:35:24.80 | 7:05   | 8.5  |
| 3    | WOJTCZAK URSZULA            | 239 | CZAPELKI                | CZAPLINEK      | POL  | K40-49 | 3      | K 3  | 00:35:29.03 | 7:06   | 8.5  |
| 4    | PRUSKA AGNIESZKA            | 343 | NIEZNISZCZALNI          | WIDZINO        | POL  | K40-49 | 4      | K 4  | 00:36:16.93 | 7:15   | 8.3  |
| 5    | WOROCH JOLANTA              | 241 | POLKOWICE               | DOPIEWO        | POL  | K50-59 | 1      | K 5  | 00:37:20.20 | 7:28   | 8    |
| 6    | SZUDOBAJ HANIA              | 236 | NIEZNISZCZALNI          | SŁUPSK         | POL  | K50-59 | 2      | K 6  | 00:37:28.53 | 7:29   | 8    |
| 7    | DAROSZEWSKA KRYSZYNA        | 194 | SERCE NORDICA WŁOCLAWEK | WŁOCLAWEK      | POL  | K60-69 | 1      | K 7  | 00:37:32.53 | 7:30   | 8    |
| 8    | KORYBSKA ALEKSANDRA         | 212 | BIAŁY BÓR               | BIAŁY BÓR      | POL  | K40-49 | 5      | K 8  | 00:37:37.04 | 7:31   | 8    |
| 9    | KUKLINSKA JOANNA            | 216 | METROŻERCY              | MIROSZEWO      | POL  | K18-39 | 1      | K 9  | 00:37:40.33 | 7:32   | 8    |
| 10   | WOŹNIEWSKA GRAŻYNA          | 242 | NORDICOWELOVE POLICE    | POLICE         | POL  | K50-59 | 3      | K 10 | 00:37:55.47 | 7:35   | 7.9  |
| 11   | KWAŚNIEWSKA DOROTA          | 215 | HUBERTUS BIAŁY BÓR      | BIAŁY BÓR      | POL  | K50-59 | 4      | K 11 | 00:38:11.43 | 7:38   | 7.9  |
| 12   | KOCOŃ SYLWIA                | 210 |                         | SIEMIANICE     | POL  | K40-49 | 6      | K 12 | 00:40:59.57 | 8:12   | 7.3  |
| 13   | PIASKOWIAK KAROLINA         | 227 | BORNE BIEGA             | BORNE SULINOWO | POL  | K18-39 | 2      | K 13 | 00:41:31.31 | 8:18   | 7.2  |
| 14   | MAŁYSZEWICZ TERESA          | 222 |                         | BIAŁY BÓR      | POL  | K50-59 | 5      | K 14 | 00:42:01.42 | 8:24   | 7.1  |
| 15   | WAJDA IZABELA               | 238 |                         | BORNE SULINOWO | POL  | K40-49 | 7      | K 15 | 00:42:06.72 | 8:25   | 7.1  |
| 16   | CZEREŚNIAK IWONA            | 193 |                         | SIEMCZYNO      | POL  | K50-59 | 6      | K 16 | 00:42:29.59 | 8:29   | 7.1  |
| 17   | SUCHECKA ANNA               | 232 |                         | SZCZECINEK     | POL  | K40-49 | 8      | K 17 | 00:43:27.10 | 8:41   | 6.9  |
| 18   | SYROCZYŃSKA HANNA           | 233 | SERCE NORDICA WŁOCLAWEK | WŁOCLAWEK      | POL  | K50-59 | 7      | K 18 | 00:43:50.92 | 8:46   | 6.8  |
| 19   | ARCIUSZKIEWICZ KATARZYNA    | 187 |                         | BARWICE        | POL  | K18-39 | 3      | K 19 | 00:44:05.92 | 8:49   | 6.8  |
| 20   | KĄŻMIERCZAK SYLA            | 209 |                         | CZAPLINEK      | POL  | K18-39 | 4      | K 20 | 00:44:26.78 | 8:53   | 6.7  |
| 21   | KOTARSKA MAŁGORZATA         | 199 | NORDICOWELOVE POLICE    | POLICE         | POL  | K50-59 | 8      | K 21 | 00:44:29.68 | 8:53   | 6.7  |
| 22   | SZAMOTUŁA - STRZELEC MARYLA | 235 |                         | PRZYBKOWO      | POL  | K60-69 | 2      | K 22 | 00:45:41.38 | 9:08   | 6.6  |
| 23   | AMBRYSEWSKA AGNIESZKA       | 185 |                         | STEPIEŃ        | POL  | K18-39 | 5      | K 23 | 00:46:18.28 | 9:15   | 6.5  |
| 24   | WYPYCH HONORATA             | 244 |                         | SWIDWIN        | POL  | K18-39 | 6      | K 24 | 00:47:06.17 | 9:25   | 6.4  |
| 25   | DOBRZAŃSKA ANNA             | 195 |                         | LINOWO         | POL  | K40-49 | 9      | K 25 | 00:47:46.76 | 9:33   | 6.3  |
| 26   | ZIĘBA HALINA                | 245 | PSEUDOBIEGACZKI         | ZŁOTÓW         | POL  | K60-69 | 3      | K 26 | 00:48:21.53 | 9:40   | 6.2  |
| 27   | WRONA JOLANTA               | 243 | PSEUDOBIEGACZKI         | ZŁOTÓW         | POL  | K60-69 | 4      | K 27 | 00:48:22.88 | 9:40   | 6.2  |
| 28   | TOBOŁA HALINA               | 237 |                         | PRZYBKOWO      | POL  | K50-59 | 9      | K 28 | 00:49:03.07 | 9:48   | 6.1  |
| 29   | SZAMOTUŁA EWA               | 234 |                         | SZCZECINEK     | POL  | K60-69 | 5      | K 29 | 00:49:03.81 | 9:48   | 6.1  |
| 30   | LEWANDOWSKA IGA             | 219 |                         | BIAŁA          | POL  | K18-39 | 7      | K 30 | 00:49:19.59 | 9:52   | 6.1  |
| 31   | STAŚ HALINA                 | 230 |                         | BIAŁA          | POL  | K40-49 | 10     | K 31 | 00:49:27.48 | 9:53   | 6.1  |
| 32   | KARKUT MONIKA               | 208 | MTS HAMER               | MIASTKO        | POL  | K40-49 | 11     | K 32 | 00:50:27.75 | 10:05  | 5.9  |
| 33   | FIURST-STECENKO IRENA       | 198 | TUPTAJĄCE HIPCIE        | BORNE SULINOWO | POL  | K18-39 | 8      | K 33 | 00:50:47.54 | 10:09  | 5.9  |
| 34   | JADWIŻYC IZABELA            | 200 | TUPTAJĄCE HIPCIE        | BORNE SULINOWO | POL  | K40-49 | 12     | K 34 | 00:50:48.61 | 10:09  | 5.9  |
| 35   | JURA DANUTA                 | 207 |                         | MIASTKO        | POL  | K60-69 | 6      | K 35 | 00:50:51.22 | 10:10  | 5.9  |
| 36   | JENSZAK MAJA                | 202 |                         | SZCZECINEK     | POL  | K18-39 | 9      | K 36 | 00:53:29.54 | 10:42  | 5.6  |

**BIEG CENTAURA - NORDIC WALKING 5 KM, M-Open**

| M-ce | Nazwisko i imię      | Nr  | Klub                                       | M-scowość      | Kraj | Kat.   | M. kat | K/M  | Netto       | min/km | km/h |
|------|----------------------|-----|--|----------------|------|--------|--------|------|-------------|--------|------|
| 1    | BRZOWSKI PIOTR       | 192 | NIEZNISZCZALNI                             | SŁAWNO         | POL  | M18-39 | 1      | M 1  | 00:30:20.21 | 6:04   | 9.9  |
| 2    | POŁUBIAK PAWEŁ       | 228 |  | SIECINO        | POL  | M18-39 | 2      | M 2  | 00:30:56.08 | 6:11   | 9.7  |
| 3    | WOROCH ROMAN         | 240 | POLKOWICE                                  | DOPIEWO        | POL  | M60-69 | 1      | M 3  | 00:31:44.65 | 6:20   | 9.5  |
| 4    | MROZICKI ANDRZEJ     | 225 | MORSY SZCZECINEK                           | SZCZECINEK     | POL  | M50-59 | 1      | M 4  | 00:35:06.19 | 7:01   | 8.5  |
| 5    | PARCHIMOWICZ JANUSZ  | 226 |  | SZCZECIN       | POL  | M60-69 | 2      | M 5  | 00:35:29.61 | 7:06   | 8.5  |
| 6    | BERCZYŃSKI HENRYK    | 189 | NADLEŚNICTWO OKONEK                        | OKONEK         | POL  | M60-69 | 3      | M 6  | 00:35:44.69 | 7:08   | 8.4  |
| 7    | KOCOŃ SŁAWOMIR       | 211 |  | SIEMIANICE     | POL  | M40-49 | 1      | M 7  | 00:36:43.83 | 7:20   | 8.2  |
| 8    | BOGAJSKI KRZYSZTOF   | 191 |  | ŚWIECIE        | POL  | M50-59 | 2      | M 8  | 00:38:01.81 | 7:36   | 7.9  |
| 9    | JÓŻWIAK ŁUKASZ       | 205 | SERCE NORDICA WŁOCLĄWEK                    | WŁOCLĄWEK      | POL  | M50-59 | 3      | M 9  | 00:39:10.51 | 7:50   | 7.7  |
| 10   | BADZIĄG WALDEMAR     | 188 | NIEZNISZCZALNI                             | SŁUPSK         | POL  | M50-59 | 4      | M 10 | 00:39:28.90 | 7:53   | 7.6  |
| 11   | ZUCHLIŃSKI BOGDAN    | 246 |  | BIAŁY BÓR      | POL  | M40-49 | 2      | M 11 | 00:39:55.57 | 7:59   | 7.5  |
| 12   | ANDRUSZKIEWICZ PAWEŁ | 186 |  | SZCZECINEK     | POL  | M40-49 | 3      | M 12 | 00:40:34.35 | 8:06   | 7.4  |
| 13   | MAŁYSZEWICZ ANDRZEJ  | 223 |  | BIAŁY BÓR      | POL  | M50-59 | 5      | M 13 | 00:40:48.32 | 8:09   | 7.4  |
| 14   | STRZELEC JAN         | 231 |  | PRZYBKOWO      | POL  | M60-69 | 4      | M 14 | 00:42:39.36 | 8:31   | 7    |
| 15   | LUBAŃSKI TOMASZ      | 220 | SERCE NORDIC WŁOCLĄWEK                     | WŁOCLĄWEK      | POL  | M60-69 | 5      | M 15 | 00:44:28.92 | 8:53   | 6.7  |
| 16   | JÓŻWIAK DOMINIK      | 204 | SERCE NORDICA WŁOCLĄWEK                    | WŁOCLĄWEK      | POL  | M18-39 | 3      | M 16 | 00:47:26.62 | 9:29   | 6.3  |
| 17   | BERNAT GRZEGORZ      | 190 |  | BIAŁY BÓR      | POL  | M50-59 | 6      | M 17 | 00:47:48.42 | 9:33   | 6.3  |
| 18   | FIURST PIOTR         | 197 | TUPTAJĄCE HIPCIE                           | BORNE SULINOWO | POL  | M-JUN  | 1      | M 18 | 00:50:39.55 | 10:07  | 5.9  |
| 19   | MAŁYSZEWICZ TOMASZ   | 221 | BIAŁY BÓR AKTYWNY JEST,#TEAMDKMS,#BIEGACZE | BIAŁY BÓR      | POL  | M18-39 | 4      | M 19 | 00:53:02.11 | 10:36  | 5.7  |
| 20   | FIURST MARCIN        | 196 | TUPTAJĄCE HIPCIE                           | BORNE SULINOWO | POL  | M40-49 | 4      | M 20 | 00:55:17.62 | 11:03  | 5.4  |
| DNC  | JAKIMIEC TADEUSZ     | 201 | HUSARIA RACE TEAM                          | SZCZECINEK     | POL  | M50-59 | DNC    | DNC  | 00:27:11.94 | 0:00   | 11   |
| DNC  | KORZEŃ GRZEGORZ      | 213 |  | SŁUPSK         | POL  | M40-49 | DNC    | DNC  | 00:27:14.71 | 0:00   | 11   |

**BIEG CENTAURA - NORDIC WALKING 5 KM, K-Gmina**

| M-ce | Nazwisko i imię       | Nr  | Klub               | M-scowość | Kraj | Kat.   | M. kat | K/M  | Netto       | min/km | km/h |
|------|-----------------------|-----|--------------------|-----------|------|--------|--------|------|-------------|--------|------|
| 1    | KORYBSKA ALEKSANDRA   | 212 | BIAŁY BÓR          | BIAŁY BÓR | POL  | K40-49 | 5      | K 8  | 00:37:37.04 | 7:31   | 8    |
| 2    | KWAŚNIEWSKA DOROTA    | 215 | HUBERTUS BIAŁY BÓR | BIAŁY BÓR | POL  | K50-59 | 4      | K 11 | 00:38:11.43 | 7:38   | 7.9  |
| 3    | MAŁYSZEWICZ TERESA    | 222 |                    | BIAŁY BÓR | POL  | K50-59 | 5      | K 14 | 00:42:01.42 | 8:24   | 7.1  |
| 4    | AMBRYSEWSKA AGNIESZKA | 185 |                    | STEPIEŃ   | POL  | K18-39 | 5      | K 23 | 00:46:18.28 | 9:15   | 6.5  |
| 5    | DOBRZAŃSKA ANNA       | 195 |                    | LINOWO    | POL  | K40-49 | 9      | K 25 | 00:47:46.76 | 9:33   | 6.3  |
| 6    | LEWANDOWSKA IGA       | 219 |                    | BIAŁA     | POL  | K18-39 | 7      | K 30 | 00:49:19.59 | 9:52   | 6.1  |
| 7    | STAŚ HALINA           | 230 |                    | BIAŁA     | POL  | K40-49 | 10     | K 31 | 00:49:27.48 | 9:53   | 6.1  |

**BIEG CENTAURA - NORDIC WALKING 5 KM, M-Gmina**

| M-ce | Nazwisko i imię     | Nr  | Klub                                       | M-scowość | Kraj | Kat.   | M. kat | K/M  | Netto       | min/km | km/h |
|------|---------------------|-----|--|-----------|------|--------|--------|------|-------------|--------|------|
| 1    | ZUCHLIŃSKI BOGDAN   | 246 |  | BIAŁY BÓR | POL  | M40-49 | 2      | M 11 | 00:39:55.57 | 7:59   | 7.5  |
| 2    | MAŁYSZEWICZ ANDRZEJ | 223 |  | BIAŁY BÓR | POL  | M50-59 | 5      | M 13 | 00:40:48.32 | 8:09   | 7.4  |
| 3    | BERNAT GRZEGORZ     | 190 |  | BIAŁY BÓR | POL  | M50-59 | 6      | M 17 | 00:47:48.42 | 9:33   | 6.3  |
| 4    | MAŁYSZEWICZ TOMASZ  | 221 | BIAŁY BÓR AKTYWNY JEST,#TEAMDKMS,#BIEGACZE | BIAŁY BÓR | POL  | M18-39 | 4      | M 19 | 00:53:02.11 | 10:36  | 5.7  |

**BIEG CENTAURA - NORDIC WALKING 5 KM, M-jun**

| M-ce | Nazwisko i imię | Nr  | Klub             | M-scowość      | Kraj | Kat.  | M. kat | K/M  | Netto       | min/km | km/h |
|------|-----------------|-----|------------------|----------------|------|-------|--------|------|-------------|--------|------|
| 1    | FIURST PIOTR    | 197 | TUPTAJĄCE HIPCIE | BORNE SULINOWO | POL  | M-JUN | 1      | M 18 | 00:50:39.55 | 10:07  | 5.9  |

**BIEG CENTAURA - NORDIC WALKING 5 KM, K18-39**

| M-ce | Nazwisko i imię          | Nr  | Klub             | M-scowość      | Kraj | Kat.   | M. kat | K/M  | Netto       | min/km | km/h |
|------|--------------------------|-----|------------------|----------------|------|--------|--------|------|-------------|--------|------|
| 1    | KUKLIŃSKA JOANNA         | 216 | METROŻERCY       | MIROSZEWO      | POL  | K18-39 | 1      | K 9  | 00:37:40.33 | 7:32   | 8    |
| 2    | PIASKOWIAK KAROLINA      | 227 | BORNE BIEGA      | BORNE SULINOWO | POL  | K18-39 | 2      | K 13 | 00:41:31.31 | 8:18   | 7.2  |
| 3    | ARCIUSZKIEWICZ KATARZYNA | 187 |                  | BARWICE        | POL  | K18-39 | 3      | K 19 | 00:44:05.92 | 8:49   | 6.8  |
| 4    | KĄŻMIERCZAK SYLA         | 209 |                  | CZAPLINEK      | POL  | K18-39 | 4      | K 20 | 00:44:26.78 | 8:53   | 6.7  |
| 5    | AMBRYSZEWSKA AGNIESZKA   | 185 |                  | STEPIEŃ        | POL  | K18-39 | 5      | K 23 | 00:46:18.28 | 9:15   | 6.5  |
| 6    | WYPYCH HONORATA          | 244 |                  | SWIDWIN        | POL  | K18-39 | 6      | K 24 | 00:47:06.17 | 9:25   | 6.4  |
| 7    | LEWANDOWSKA IGA          | 219 |                  | BIAŁA          | POL  | K18-39 | 7      | K 30 | 00:49:19.59 | 9:52   | 6.1  |
| 8    | FIURST-STECENKO IRENA    | 198 | TUPTAJĄCE HIPCIE | BORNE SULINOWO | POL  | K18-39 | 8      | K 33 | 00:50:47.54 | 10:09  | 5.9  |
| 9    | JENSZAK MAJA             | 202 |                  | SZCZECINEK     | POL  | K18-39 | 9      | K 36 | 00:53:29.54 | 10:42  | 5.6  |

**BIEG CENTAURA - NORDIC WALKING 5 KM, M18-39**

| M-ce | Nazwisko i imię    | Nr  | Klub                                       | M-scowość | Kraj | Kat.   | M. kat | K/M  | Netto       | min/km | km/h |
|------|--------------------|-----|--|-----------|------|--------|--------|------|-------------|--------|------|
| 1    | BRZozowski PIOTR   | 192 | NIEZNISZCZALNI                             | SŁAWNO    | POL  | M18-39 | 1      | M 1  | 00:30:20.21 | 6:04   | 9.9  |
| 2    | POŁUBIAK PAWEŁ     | 228 |  | SIECINO   | POL  | M18-39 | 2      | M 2  | 00:30:56.08 | 6:11   | 9.7  |
| 3    | JÓZWIAK DOMINIK    | 204 | SERCE NORDICA WŁOCŁAWEK                    | WŁOCŁAWEK | POL  | M18-39 | 3      | M 16 | 00:47:26.62 | 9:29   | 6.3  |
| 4    | MAŁYSZEWICZ TOMASZ | 221 | BIAŁY BÓR AKTYWNY JEST,#TEAMDKMS,#BIEGACZE | BIAŁY BÓR | POL  | M18-39 | 4      | M 19 | 00:53:02.11 | 10:36  | 5.7  |

**BIEG CENTAURA - NORDIC WALKING 5 KM, K40-49**

| M-ce | Nazwisko i imię     | Nr  | Klub                    | M-scowość      | Kraj | Kat.   | M. kat | K/M  | Netto       | min/km | km/h |
|------|---------------------|-----|-------------------------|----------------|------|--------|--------|------|-------------|--------|------|
| 1    | JÓZWIAK MARIANNA    | 203 | SERCE NORDICA WŁOCŁAWEK | WŁOCŁAWEK      | POL  | K40-49 | 1      | K 1  | 00:34:11.60 | 6:50   | 8.8  |
| 2    | JURCZYŹYŃ ZYTA      | 206 | CZAPELKI                | CZAPLINEK      | POL  | K40-49 | 2      | K 2  | 00:35:24.80 | 7:05   | 8.5  |
| 3    | WOJTCZAK URSZULA    | 239 | CZAPELKI                | CZAPLINEK      | POL  | K40-49 | 3      | K 3  | 00:35:29.03 | 7:06   | 8.5  |
| 4    | PRUSKA AGNIESZKA    | 343 | NIEZNISZCZALNI          | WIDZINO        | POL  | K40-49 | 4      | K 4  | 00:36:16.93 | 7:15   | 8.3  |
| 5    | KORYBSKA ALEKSANDRA | 212 | BIAŁY BÓR               | BIAŁY BÓR      | POL  | K40-49 | 5      | K 8  | 00:37:37.04 | 7:31   | 8    |
| 6    | KOCOŃ SYLWIA        | 210 |                         | SIEMIANICE     | POL  | K40-49 | 6      | K 12 | 00:40:59.57 | 8:12   | 7.3  |
| 7    | WAJDA IZABELA       | 238 | BORNE BIEGA             | BORNE SULINOWO | POL  | K40-49 | 7      | K 15 | 00:42:06.72 | 8:25   | 7.1  |
| 8    | SUCHECKA ANNA       | 232 |                         | SZCZECINEK     | POL  | K40-49 | 8      | K 17 | 00:43:27.10 | 8:41   | 6.9  |
| 9    | DOBRAŃSKA ANNA      | 195 |                         | LINOWO         | POL  | K40-49 | 9      | K 25 | 00:47:46.76 | 9:33   | 6.3  |
| 10   | STAŚ HALINA         | 230 |                         | BIAŁA          | POL  | K40-49 | 10     | K 31 | 00:49:27.48 | 9:53   | 6.1  |
| 11   | KARKUT MONIKA       | 208 | MTS HAMER               | MIASTKO        | POL  | K40-49 | 11     | K 32 | 00:50:27.75 | 10:05  | 5.9  |
| 12   | JADWIŻYC IZABELA    | 200 | TUPTAJĄCE HIPCIE        | BORNE SULINOWO | POL  | K40-49 | 12     | K 34 | 00:50:48.61 | 10:09  | 5.9  |

**BIEG CENTAURA - NORDIC WALKING 5 KM, M40-49**

| M-ce | Nazwisko i imię      | Nr  | Klub             | M-scowość      | Kraj | Kat.   | M. kat | K/M  | Netto       | min/km | km/h |
|------|----------------------|-----|------------------|----------------|------|--------|--------|------|-------------|--------|------|
| 1    | KOCOŃ SŁAWOMIR       | 211 |                  | SIEMIANICE     | POL  | M40-49 | 1      | M 7  | 00:36:43.83 | 7:20   | 8.2  |
| 2    | ŻUCHLIŃSKI BOGDAN    | 246 |                  | BIAŁY BÓR      | POL  | M40-49 | 2      | M 11 | 00:39:55.57 | 7:59   | 7.5  |
| 3    | ANDRUSZKIEWICZ PAWEŁ | 186 |                  | SZCZECINEK     | POL  | M40-49 | 3      | M 12 | 00:40:34.35 | 8:06   | 7.4  |
| 4    | FIURST MARCIN        | 196 | TUPTAJĄCE HIPCIE | BORNE SULINOWO | POL  | M40-49 | 4      | M 20 | 00:55:17.62 | 11:03  | 5.4  |
| DNC  | KORZEŃ GRZEGORZ      | 213 |                  | SŁUPSK         | POL  | M40-49 | DNC    | DNC  | 00:27:14.71 | 0:00   | 11   |

**BIEG CENTAURA - NORDIC WALKING 5 KM, K50-59**

| M-ce | Nazwisko i imię    | Nr  | Klub                 | M-scowość | Kraj | Kat.   | M. kat | K/M  | Netto       | min/km | km/h |
|------|--------------------|-----|----------------------|-----------|------|--------|--------|------|-------------|--------|------|
| 1    | WOROCZ JOLANTA     | 241 | POLKOWICE            | DOPIEWO   | POL  | K50-59 | 1      | K 5  | 00:37:20.20 | 7:28   | 8    |
| 2    | SZUDOBAJ HANIA     | 236 | NIEZNISZCZALNI       | SŁUPSK    | POL  | K50-59 | 2      | K 6  | 00:37:28.53 | 7:29   | 8    |
| 3    | WOŹNIEWSKA GRAŻYNA | 242 | NORDICOWELOVE POLICE | POLICE    | POL  | K50-59 | 3      | K 10 | 00:37:55.47 | 7:35   | 7.9  |
| 4    | KWAŚNIEWSKA DOROTA | 215 | HUBERTUS BIAŁY BÓR   | BIAŁY BÓR | POL  | K50-59 | 4      | K 11 | 00:38:11.43 | 7:38   | 7.9  |
| 5    | MAŁYSZEWICZ TERESA | 222 |                      | BIAŁY BÓR | POL  | K50-59 | 5      | K 14 | 00:42:01.42 | 8:24   | 7.1  |

**BIEG CENTAURA - NORDIC WALKING 5 KM, K50-59 c.d.**

| M-ce | Nazwisko i imię     | Nr  | Klub                    | M-scowość | Kraj | Kat.   | M. kat | K/M  | Netto       | min/km | km/h |
|------|---------------------|-----|-------------------------|-----------|------|--------|--------|------|-------------|--------|------|
| 6    | CZERESNIAK IWONA    | 193 |                         | SIEMCZYNO | POL  | K50-59 | 6      | K 16 | 00:42:29.59 | 8:29   | 7.1  |
| 7    | SYROCZYŃSKA HANNA   | 233 | SERCE NORDICA WŁOCŁAWEK | WŁOCŁAWEK | POL  | K50-59 | 7      | K 18 | 00:43:50.92 | 8:46   | 6.8  |
| 8    | KOTARSKA MAŁGORZATA | 199 | NORDICOWELOVE POLICE    | POLICE    | POL  | K50-59 | 8      | K 21 | 00:44:29.68 | 8:53   | 6.7  |
| 9    | TOBOŁA HALINA       | 237 |                         | PRZYBKOWO | POL  | K50-59 | 9      | K 28 | 00:49:03.07 | 9:48   | 6.1  |

**BIEG CENTAURA - NORDIC WALKING 5 KM, M50-59**

| M-ce | Nazwisko i imię     | Nr  | Klub                    | M-scowość  | Kraj | Kat.   | M. kat | K/M  | Netto       | min/km | km/h |
|------|---------------------|-----|-------------------------|------------|------|--------|--------|------|-------------|--------|------|
| 1    | MROZICKI ANDRZEJ    | 225 | MORSY SZCZECINEK        | SZCZECINEK | POL  | M50-59 | 1      | M 4  | 00:35:06.19 | 7:01   | 8.5  |
| 2    | BOGAJSKI KRZYSZTOF  | 191 |                         | ŚWIECIE    | POL  | M50-59 | 2      | M 8  | 00:38:01.81 | 7:36   | 7.9  |
| 3    | JÓŹWIAK ŁUKASZ      | 205 | SERCE NORDICA WŁOCŁAWEK | WŁOCŁAWEK  | POL  | M50-59 | 3      | M 9  | 00:39:10.51 | 7:50   | 7.7  |
| 4    | BADZIĄG WALDEMAR    | 188 | NIEZNISZCZALNI          | SŁUPSK     | POL  | M50-59 | 4      | M 10 | 00:39:28.90 | 7:53   | 7.6  |
| 5    | MAŁYSZEWICZ ANDRZEJ | 223 |                         | BIAŁY BÓR  | POL  | M50-59 | 5      | M 13 | 00:40:48.32 | 8:09   | 7.4  |
| 6    | BERNAT GRZEGORZ     | 190 |                         | BIAŁY BÓR  | POL  | M50-59 | 6      | M 17 | 00:47:48.42 | 9:33   | 6.3  |
| DNC  | JAKIMIEC TADEUSZ    | 201 | HUSARIA RACE TEAM       | SZCZECINEK | POL  | M50-59 | DNC    | DNC  | 00:27:11.94 | 0:00   | 11   |

**BIEG CENTAURA - NORDIC WALKING 5 KM, K60-69**

| M-ce | Nazwisko i imię             | Nr  | Klub                    | M-scowość  | Kraj | Kat.   | M. kat | K/M  | Netto       | min/km | km/h |
|------|-----------------------------|-----|-------------------------|------------|------|--------|--------|------|-------------|--------|------|
| 1    | DAROSZEWSKA KRYSZYNA        | 194 | SERCE NORDICA WŁOCŁAWEK | WŁOCŁAWEK  | POL  | K60-69 | 1      | K 7  | 00:37:32.53 | 7:30   | 8    |
| 2    | SZAMOTUŁA - STRZELEC MARYLA | 235 |                         | PRZYBKOWO  | POL  | K60-69 | 2      | K 22 | 00:45:41.38 | 9:08   | 6.6  |
| 3    | ZIĘBA HALINA                | 245 | PSEUDOBIEGACZKI         | ZŁOTÓW     | POL  | K60-69 | 3      | K 26 | 00:48:21.53 | 9:40   | 6.2  |
| 4    | WRONA JOLANTA               | 243 | PSEUDOBIEGACZKI         | ZŁOTÓW     | POL  | K60-69 | 4      | K 27 | 00:48:22.88 | 9:40   | 6.2  |
| 5    | SZAMOTUŁA EWA               | 234 |                         | SZCZECINEK | POL  | K60-69 | 5      | K 29 | 00:49:03.81 | 9:48   | 6.1  |
| 6    | JURA DANUTA                 | 207 |                         | MIASTKO    | POL  | K60-69 | 6      | K 35 | 00:50:51.22 | 10:10  | 5.9  |

**BIEG CENTAURA - NORDIC WALKING 5 KM, M60-69**

| M-ce | Nazwisko i imię     | Nr  | Klub                   | M-scowość | Kraj | Kat.   | M. kat | K/M  | Netto       | min/km | km/h |
|------|---------------------|-----|------------------------|-----------|------|--------|--------|------|-------------|--------|------|
| 1    | WOROCH ROMAN        | 240 | POLKOWICE              | DOPIEWO   | POL  | M60-69 | 1      | M 3  | 00:31:44.65 | 6:20   | 9.5  |
| 2    | PARCHIMOWICZ JANUSZ | 226 |                        | SZCZECIN  | POL  | M60-69 | 2      | M 5  | 00:35:29.61 | 7:06   | 8.5  |
| 3    | BERCZYŃSKI HENRYK   | 189 | NADLEŚNICTWO OKONEK    | OKONEK    | POL  | M60-69 | 3      | M 6  | 00:35:44.69 | 7:08   | 8.4  |
| 4    | STRZELEC JAN        | 231 |                        | PRZYBKOWO | POL  | M60-69 | 4      | M 14 | 00:42:39.36 | 8:31   | 7    |
| 5    | LUBAŃSKI TOMASZ     | 220 | SERCE NORDIC WŁOCŁAWEK | WŁOCŁAWEK | POL  | M60-69 | 5      | M 15 | 00:44:28.92 | 8:53   | 6.7  |

**BIEG CENTAURA - NORDIC WALKING 5 KM, Pary**

| Miejsc | Drużyna | Zawodnicy klasyfikowani               | Czas                   | Czas drużyny |
|--------|---------|---------------------------------------|------------------------|--------------|
| 1      | 6       | ROMAN WOROCHJOLANTA WOROCH            | 00:31:44.6500:37:20.20 | 01:09:04     |
| 2      | 2       | MARIANNA JÓŹWIAKŁUKASZ JÓŹWIAK        | 00:34:11.6000:39:10.51 | 01:13:21     |
| 3      | 4       | SŁAWOMIR KOCOŃSYLWIA KOCOŃ            | 00:36:43.8300:40:59.57 | 01:17:42     |
| 4      | 5       | ANDRZEJ MAŁYSZEWICZTERESA MAŁYSZEWICZ | 00:40:48.3200:42:01.42 | 01:22:49     |

**BIEG CENTAURA - NORDIC WALKING 5 KM, Drużyna**

| Miejsce | Drużyna                 | Zawodnicy klasyfikowani   | Czas   | Czas drużyny |
|---------|-------------------------|---|--|--------------|
| 1       | NIEZNISZCZALNI          | PIOTR BRZOWSKI<br>AGNIESZKA PRUSKA<br>HANIA SZUDOB<br>AJWALDEMAR BADZIĄG        | 00:30:20.2100:36:16.9300:37:28.5300:39:28.90 | 02:23:33     |
| 2       | SERCE NORDICA WŁOCŁAWEK | MARIANNA JÓŹWIAK<br>KRYSZYNA DAROSZEWSKA<br>ŁUKASZ JÓŹWIAK<br>HANNA SYROCZYŃSKA | 00:34:11.6000:37:32.5300:39:10.5100:43:50.92 | 02:34:43     |
| 3       | TUPTAJĄCE HIPICIE       | PIOTR FIURST<br>IRENA FIURST-<br>STECENKO<br>IZABELA JADWIŻY<br>MARCIN FIURST   | 00:50:39.5500:50:47.5400:50:48.6100:55:17.62 | 03:27:33     |