

BIAŁOŁĘCKI BIEG WOLNOŚCI

Organizator: Urząd Dzielnicy Białołęka m.st. Warszawa

Data: 2021-12-12

Miejsce: Warszawa

Dystans: 13 km

Klasyfikacja wg czasów netto.

W klasyfikacji open pierwsze 50 miejsc wg czasu brutto



BIAŁOŁĘCKI BIEG WOLNOŚCI, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.4km	8.7km	Netto	Brutto	min/km	km/h
1	FALKOWSKI BARTŁOMIEJ	459	PIEKIELNI WARSZAWA	WARSZAWA	POL	M2 30-39 LAT	1	M 1	00:17:14	00:34:14	00:51:19.70	00:51:21.15	3:56	15.2
2	DEMBOWSKI MARIUSZ	93	H+H POLSKA	LIDZBARK	POL	M2 30-39 LAT	2	M 2	00:17:15	00:34:14	00:51:33.85	00:51:35.40	3:57	15.1
3	KUŚMIERZ SYLWESTER	214	MARKOWI BIEGACZE	MARKI	POL	M3 40-49 LAT	1	M 3	00:17:17	00:34:46	00:52:44.90	00:52:46.45	4:03	14.8
4	MARZAŁ MARIUSZ	231	PRL TRANSPORT	NOWY DWÓR MAZOWIECKI	POL	M2 30-39 LAT	3	M 4	00:17:43	00:35:53	00:54:17.75	00:54:20.05	4:10	14.4
5	KRZEMPEK ALEKSANDER	205	BIEGANIEPO40.PL	BIELSKO-BIAŁA	POL	M3 40-49 LAT	2	M 5	00:17:46	00:36:07	00:54:41.15	00:54:43.15	4:12	14.3
6	SKWARCZ PAWEŁ	336		WARSZAWA	POL	M2 30-39 LAT	4	M 6	00:18:04	00:36:47	00:55:16.35	00:55:18.85	4:15	14.1
7	DUTKIEWICZ MACIEJ	483			POL	M2 30-39 LAT	5	M 7	00:17:41	00:35:59	00:55:35.50	00:55:39.00	4:16	14
8	BAŁAJ KRZYSZTOF	24	DECATHLON	WARSZAWA	POL	M1 < 29 LAT	1	M 8	00:18:30	00:37:10	00:55:55.35	00:55:59.90	4:18	13.9
9	ŁABĘDZKI KONRAD	222	DUKLANOWSKI TEAM	WARSZAWA	POL	M2 30-39 LAT	6	M 9	00:18:49	00:37:42	00:56:09.10	00:56:11.40	4:19	13.9
10	MIEDZIEJEWSKI ANDRZEJ	242	RATE MY TRAIL TEAM PRO	PRUSZKÓW	POL	M2 30-39 LAT	7	M 10	00:18:20	00:37:23	00:56:44.85	00:56:47.45	4:21	13.7
11	GOZDEK RADEK	135	BIEGANIEPO40.PL	WARSZAWA	POL	M3 40-49 LAT	3	M 11	00:18:48	00:37:41	00:57:01.65	00:57:03.70	4:23	13.7
12	ABU NAHIA KARIM	11	NADAKTYWNI TORUŃ	TORUŃ	POL	M1 < 29 LAT	2	M 12	00:18:48	00:37:42	00:57:13.30	00:57:16.10	4:24	13.6
13	WASILEWSKI ADAM	387		DOBRE	POL	M2 30-39 LAT	8	M 13	00:18:26	00:37:51	00:57:32.75	00:57:36.40	4:25	13.6
14	GRYGO PAWEŁ	143	GRYGO TEAM	ŁÓMŻA	POL	M3 40-49 LAT	4	M 14	00:18:48	00:38:00	00:57:34.40	00:57:37.80	4:25	13.5
15	GAŁUSZKA FILIP	121	KOKOSZKA3TEAM	WARSZAWA	POL	M2 30-39 LAT	9	M 15	00:19:41	00:38:57	00:58:14.65	00:58:23.15	4:28	13.4
16	GORTAT IGOR	134	KB TTKF PROMYK CIECHANÓW	GLINOJECK	POL	M2 30-39 LAT	10	M 16	00:19:28	00:39:00	00:58:34.90	00:58:39.05	4:30	13.3
17	WÓJCIK DARIUSZ	435	OKI SPORT	WARSZAWA	POL	M4 50-59	1	M 17	00:18:59	00:38:32	00:58:41.40	00:58:45.85	4:30	13.3
18	KLECZEWSKI PIOTR	455	UKS FILIPIDES TERESIN	WARSZAWA	POL	M1 < 29 LAT	3	M 18	00:18:59	00:38:58	00:58:45.15	00:58:48.20	4:31	13.3
19	MIOTK MARCIN	252	MIOTK.PL	WARSZAWA	POL	M3 40-49 LAT	6	M 19	00:19:00	00:39:00	00:59:14.15	00:59:16.35	4:33	13.2
20	ANUSIEWICZ ROBERT	17	-	WARSZAWA	POL	M3 40-49 LAT	5	M 20	00:19:24	00:38:50	00:58:57.80	00:59:25.50	4:32	13.2
21	MIELCZAREK KRZYSZTOF	468	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M3 40-49 LAT	7	M 21	00:19:22	00:39:18	00:59:50.50	00:59:53.50	4:36	13
22	RADZIKOWSKI ANDRZEJ	304		KIŚCINNE	POL	M3 40-49 LAT	8	M 22	00:19:59	00:39:51	01:00:19.45	01:00:23.45	4:38	12.9
23	ZYCH MARIUSZ	426	BIEGAJ POD OKIEM TRENERA	WARSZAWA	POL	M3 40-49 LAT	9	M 23	00:19:25	00:39:44	01:00:19.95	01:00:24.40	4:38	12.9
24	FIEDOROW TOMASZ	111	ZK BARCZEWO	BARCZEWO	POL	M2 30-39 LAT	11	M 24	00:19:45	00:40:02	01:00:36.25	01:00:39.15	4:39	12.9
25	KAMIŃSKI PAWEŁ	447	BIEGANIEPO40.PL	WARSZAWA	POL	M3 40-49 LAT	10	M 25	00:19:57	00:40:22	01:00:49.45	01:00:56.00	4:40	12.8
26	SZYBAŁSKI MICHAŁ	362	AKTYWNA WARSZAWA	MARKI	POL	M2 30-39 LAT	12	M 26	00:19:44	00:40:43	01:01:02.70	01:01:04.70	4:41	12.8
27	BISOWSKI MARIUSZ	46	A NA CO TO KOMU POTRZEBNE	KOBYŁKA	POL	M3 40-49 LAT	11	M 27	00:20:14	00:40:49	01:01:05.35	01:01:13.20	4:41	12.8
28	ZIÓŁKOWSKI JACEK	421		WARSZAWA	POL	M4 50-59	2	M 28	00:20:17	00:40:49	01:01:13.15	01:01:15.55	4:42	12.7
29	BIAŁEK PIOTR	39	3BRO - ZK BARCZEWO	OLSZTYN	POL	M3 40-49 LAT	12	M 29	00:20:15	00:40:37	01:01:14.40	01:01:18.30	4:42	12.7
30	CHRAPEK JANUSZ	70	ROSSMANN	WARSZAWA	POL	M3 40-49 LAT	13	M 30	00:20:48	00:41:32	01:02:12.60	01:02:18.90	4:47	12.5
31	ŚLUSARCZYK KATARZYNA	367	OKI SPORT	WARSZAWA	POL	K2 30-39 LAT	1	K 1	00:21:24	00:42:00	01:02:42.00	01:02:42.00	4:49	12.4
32	GAJEK IRENEUSZ	118		CIECHANÓW	POL	M3 40-49 LAT	14	M 31	00:21:06	00:41:54	01:02:41.60	01:02:47.55	4:49	12.4
33	STRADOMSKI ARTUR	350	MARKOWI BIEGACZE	MARKI	POL	M3 40-49 LAT	15	M 32	00:20:45	00:41:46	01:02:54.40	01:02:59.50	4:50	12.4
34	KOWALIK FILIP	198		WARSZAWA	POL	M1 < 29 LAT	4	M 33	00:19:44	00:40:37	01:03:23.80	01:03:28.65	4:52	12.3
35	ZELENT ARKADIUSZ	415	SĄD REJONOWY W MIŃSKU MAZOWIECKIM	SIEDLCE	POL	M3 40-49 LAT	16	M 34	00:21:10	00:42:06	01:03:25.80	01:03:30.85	4:52	12.3
36	BRALEWSKI TOMASZ	52	BOCIAN KRIS BRAŃSZCZYK	BRAŃSZCZYK	POL	M4 50-59	3	M 35	00:21:37	00:42:41	01:03:25.30	01:03:48.10	4:52	12.3
37	BARANOWSKI JACEK	482		WARSZAWA	POL	M3 40-49 LAT	17	M 36	00:20:33	00:41:57	01:03:47.45	01:03:50.95	4:54	12.2
38	KĄTNIAK PAWEŁ	178		ŁÓDŹ	POL	M2 30-39 LAT	13	M 37	00:21:07	00:42:36	01:04:20.55	01:04:24.35	4:56	12.1
39	SOBOLEWSKI JAKUB	465	BRACTWO BIEGOWE BGK	WARSZAWA	POL	M3 40-49 LAT	18	M 38	00:21:17	00:43:03	01:04:24.10	01:04:45.05	4:57	12.1
40	WILMOWICZ MICHAŁ	393	ZK BARCZEWO	BARTĄG	POL	M2 30-39 LAT	14	M 39	00:21:12	00:43:03	01:04:41.90	01:04:45.90	4:58	12.1
41	HASS-KALITA JOANNA	436	WARSAW MASTERS TEAM	KOBYŁKA	POL	K3 40-49 LAT	1	K 2	00:21:19	00:43:05	01:04:53.20	01:04:59.60	4:59	12
42	NOWOCIEŃ JACEK	269	UCZNIOWSKI KLUB SPORTOWY RUSIEC	PODKOWA LEŚNA	POL	M5 60+	1	M 40	00:21:10	00:43:10	01:05:08.40	01:05:11.30	5:00	12
43	TOMASZEK ROBERT	373		WARSZAWA	POL	M3 40-49 LAT	20	M 41	00:21:10	00:43:00	01:05:45.75	01:05:49.75	5:03	11.9
44	OSTAPIŃSKI WOJTEK	283	OSTRESROKI	PIASECZNO	POL	M3 40-49 LAT	19	M 42	00:22:25	00:44:14	01:05:37.95	01:05:50.65	5:02	11.9

BIAŁOŁĘCKI BIEG WOLNOŚCI, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.4km	8.7km	Netto	Brutto	min/km	km/h
45	STĘPIEŃ ADAM	347	ANANASY	WARSZAWA	POL	M3 40-49 LAT	21	M 43	00:21:29	00:43:17	01:05:48.40	01:05:54.10	5:03	11.9
46	JUTKIEWICZ MARCIN	168	OBIEGANIU.PL	WARSZAWA	POL	M3 40-49 LAT	22	M 44	00:22:25	00:44:05	01:06:20.20	01:06:32.90	5:06	11.8
47	MEJKA MAŁGORZATA	234		LUBAWA	POL	K2 30-39 LAT	2	K 3	00:22:33	00:43:45	01:06:19.50	01:06:53.80	5:06	11.8
48	MANELSKI ARTUR	80	DKŻ	URSZULEWO	POL	M3 40-49 LAT	23	M 45	00:23:21	00:45:17	01:06:44.45	01:07:13.40	5:08	11.7
49	BORKOV SERGIJ	438		WARSZAWA	POL	M2 30-39 LAT	15	M 46	00:22:32	00:44:36	01:06:52.45	01:07:16.85	5:08	11.7
50	WIECZOREK MICHAŁ	390		WARSZAWA	POL	M4 50-59	4	M 47	00:22:28	00:44:37	01:06:47.95	01:07:20.05	5:08	11.7
51	DOMAŃSKI BŁAŻEJ	464	TRICLUB	WARSZAWA	POL	M3 40-49 LAT	24	M 48	00:22:52	00:45:00	01:07:11.00	01:07:20.70	5:10	11.6
52	KRAJEWSKA KLAUDIA	469		LEGIONOWO	POL	K1 < 29 LAT	1	K 4	00:21:44	00:44:16	01:07:20.05	01:07:25.40	5:10	11.6
53	MIELCZAREK MAREK	476			POL	M3 40-49 LAT	25	M 49	00:22:31	00:44:50	01:07:29.20	01:07:35.00	5:11	11.6
54	TOMCZAK MARCIN	375		CIECHANÓW	POL	M3 40-49 LAT	26	M 50	00:22:27	00:44:53	01:07:31.70	01:07:36.75	5:11	11.6
55	FALANDYSZ JANUSZ	109	WPRUNNING PRUSZKÓW	PRUSZKÓW	POL	M5 60+	2	M 51	00:22:30	00:45:06	01:08:08.45	01:08:11.45	5:14	11.4
56	CZERWIEC ANDRZEJ	87		MARKI	POL	M3 40-49 LAT	27	M 52	00:22:11	00:44:26	01:08:16.30	01:08:37.60	5:15	11.4
57	KŁĄB JACEK	182		WARSZAWA	POL	M3 40-49 LAT	28	M 53	00:23:04	00:45:39	01:08:27.65	01:08:42.60	5:15	11.4
58	BARTCZAK ROBERT	30		WARSZAWA	POL	M4 50-59	5	M 54	00:23:04	00:45:40	01:08:31.40	01:08:44.70	5:16	11.4
59	KODA EUGENIUSZ	185	TEAM ZABIEGANEDNI	WARSZAWA	POL	M5 60+	3	M 55	00:21:52	00:45:08	01:08:36.00	01:08:40.30	5:16	11.4
60	KANIA PAWEŁ	173	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M4 50-59	6	M 56	00:22:56	00:45:51	01:08:40.80	01:09:21.40	5:16	11.4
61	MICHALSKI ROBERT	486		WARSZAWA	POL	M2 30-39 LAT	16	M 57	00:22:43	00:45:52	01:08:41.50	01:08:52.35	5:17	11.4
62	BIEDKA ROBERT	472			POL	M3 40-49 LAT	29	M 58	00:23:43	00:46:16	01:08:45.50	01:09:12.70	5:17	11.3
63	KACZUR MARCIN	487			POL	M3 40-49 LAT	30	M 59	00:23:44	00:46:04	01:08:48.25	01:09:50.90	5:17	11.3
64	ZIOMEK MAREK	420		WARSZAWA	POL	M3 40-49 LAT	31	M 60	00:21:52	00:44:58	01:09:02.35	01:09:09.85	5:18	11.3
65	ZDUNEK MICHAŁ	413		WARSZAWA	POL	M3 40-49 LAT	32	M 61	00:22:54	00:46:09	01:09:10.45	01:09:24.95	5:19	11.3
66	PĘDZISZ MICHAŁ	291	AKTYWNA WARSZAWA	WARSZAWA	POL	M3 40-49 LAT	33	M 62	00:23:34	00:46:22	01:09:19.65	01:09:43.45	5:19	11.3
67	MIELCZARSKI BARTOSZ	243		WARSZAWA	POL	M2 30-39 LAT	17	M 63	00:23:43	00:46:31	01:09:21.20	01:09:37.15	5:20	11.2
68	ŚWIERCZ JACEK	369	BYLEDOBIEC ANIN	WARSZAWA	POL	M4 50-59	7	M 64	00:23:04	00:46:18	01:09:39.05	01:10:03.15	5:21	11.2
69	SOBOTA ARTUR	339	DECOARTY.PL	WARSZAWA	POL	M3 40-49 LAT	34	M 65	00:23:11	00:46:15	01:09:48.30	01:10:19.95	5:22	11.2
70	WOŹNIAK TOMASZ	440	ZOLIBER	WARSZAWA	POL	M3 40-49 LAT	35	M 66	00:22:08	00:45:36	01:09:53.55	01:10:00.10	5:22	11.2
71	JAWORSKI PIOTR	2	MARKOWI BIEGACZE	WARSZAWA	POL	M3 40-49 LAT	36	M 67	00:22:27	00:45:56	01:09:53.75	01:10:01.30	5:22	11.2
72	MIODUSZEWSKI MARCIN	251	AR / UM	WARSZAWA	POL	M2 30-39 LAT	18	M 68	00:24:11	00:47:17	01:09:57.65	01:11:09.35	5:22	11.2
73	GLINKA KAROL	128		PULTUSK	POL	M2 30-39 LAT	19	M 69	00:24:10	00:47:20	01:10:07.05	01:10:52.65	5:23	11.1
74	SZYMANIK PAWEŁ	364		WARSZAWA	POL	M3 40-49 LAT	37	M 70	00:23:14	00:46:14	01:10:07.95	01:10:31.65	5:23	11.1
75	PUSEK MIKOŁAJ	300		WARSZAWA	POL	M1 < 29 LAT	5	M 71	00:24:50	00:47:39	01:10:24.95	01:11:28.40	5:24	11.1
76	SZYSZKO EWA	366	MARKOWI BIEGACZE	MARKI	POL	K3 40-49 LAT	2	K 5	00:23:46	00:46:42	01:10:28.05	01:10:42.15	5:25	11.1
77	BE CZ KAROL	36	SW - AŚ GRÓJEC	BIAŁOBRZEGI	POL	M2 30-39 LAT	20	M 72	00:22:58	00:46:27	01:10:49.85	01:11:08.10	5:26	11
78	NEJFELD HANNA	264	BIEGAJĄCE ZĄBKI	ZĄBKI	POL	K3 40-49 LAT	3	K 6	00:23:42	00:47:14	01:10:52.00	01:11:06.85	5:27	11
79	SZPANOWSKI MAREK	359	KAJ TA META TEAM	WARSZAWA	POL	M4 50-59	8	M 73	00:24:02	00:47:27	01:10:57.10	01:11:29.35	5:27	11
80	NACHAJ KRZYSZTOF	260		PIASTÓW	POL	M3 40-49 LAT	38	M 74	00:24:44	00:47:57	01:11:08.80	01:12:06.80	5:28	11
81	CHODKOWSKI KRZYSZTOF	65		WARSZAWA	POL	M3 40-49 LAT	39	M 75	00:25:17	00:48:35	01:11:12.75	01:11:51.80	5:28	11
82	SENATOR ARTUR	325		WARSZAWA	POL	M2 30-39 LAT	21	M 76	00:24:00	00:47:48	01:11:16.85	01:11:27.20	5:28	10.9
83	PRZEPIÓRA ŁUKASZ	296	SW - AŚ GRÓJEC	JULIANÓW	POL	M2 30-39 LAT	22	M 77	00:23:16	00:46:53	01:11:18.05	01:11:18.05	5:29	10.9
84	DROGOSZEWSKA MAGDALENA	97		WARSZAWA	POL	K2 30-39 LAT	3	K 7	00:23:58	00:47:39	01:11:20.60	01:11:31.80	5:29	10.9
85	ZWARDON EWA	424	KLUB BIEGACZA RTV EURO AGD	WARSZAWA	POL	K3 40-49 LAT	4	K 8	00:24:17	00:47:47	01:11:23.30	01:11:34.85	5:29	10.9
86	KISIEL ARTUR	180		PIASECZNO	POL	M3 40-49 LAT	40	M 78	00:23:50	00:47:29	01:11:37.60	01:12:16.10	5:30	10.9
87	MICHALCZYK ARTUR	240		WARSZAWA	POL	M4 50-59	9	M 79	00:23:27	00:47:40	01:11:47.95	01:11:59.90	5:31	10.9
88	TARNOWSKI WITOLD	371	KB TKKF PROMYK CIECHANÓW	CIECHANÓW	POL	M5 60+	4	M 80	00:22:58	00:46:53	01:11:48.10	01:11:54.70	5:31	10.9
89	KUCHAREK PAWEŁ	207		WARSZAWA	POL	M2 30-39 LAT	23	M 81	00:24:05	00:47:56	01:12:20.05	01:12:33.95	5:33	10.8
90	ŁUBIAN MICHAŁ	431	BLUESOFT	GARWOLIN	POL	M3 40-49 LAT	41	M 82	00:23:43	00:47:50	01:12:20.30	01:12:38.80	5:33	10.8
91	FILIPCZUK DARIUSZ	112		ZIELONKA	POL	M4 50-59	10	M 83	00:24:32	00:48:27	01:12:24.75	01:12:50.35	5:34	10.8
92	SZELAĞ TOMASZ	356	MKB DREPTAK	MIŃSK MAZOWIECKI	POL	M4 50-59	11	M 84	00:23:19	00:47:26	01:12:25.10	01:12:46.10	5:34	10.8
93	BAZYDŁO JAKUB	33		WARSZAWA	POL	M1 < 29 LAT	6	M 85	00:24:46	00:48:45	01:12:29.10	01:12:48.30	5:34	10.8
94	KALICZYŃSKA WIOLETTA	171	PROJEKT1000UP/OZZKS MOZ GDAŃSK	RUMIA	POL	K3 40-49 LAT	5	K 9	00:24:01	00:47:50	01:12:30.55	01:12:56.85	5:34	10.8
95	TARNOWSKA NIKA	451		TORUŃ	POL	K2 30-39 LAT	4	K 10	00:24:18	00:48:30	01:12:33.20	01:12:46.80	5:34	10.8
96	CNOTA MACIEJ	456		WARSZAWA	POL	M3 40-49 LAT	42	M 86	00:25:05	00:48:52	01:12:42.50	01:14:29.10	5:35	10.7
97	WINKOWSKA-STRUZIK MAGDALENA	396	DUKLANOWSKI TEAM	WARSZAWA	POL	K2 30-39 LAT	5	K 11	00:24:15	00:48:37	01:12:46.25	01:13:00.85	5:35	10.7
98	WIDERA TOMASZ	389	KOKOSZKA36TEAM	PRUSZKÓW	POL	M2 30-39 LAT	24	M 87	00:24:16	00:48:44	01:12:54.25	01:13:15.70	5:36	10.7
99	CHĘC TOMASZ	61		WARSZAWA	POL	M2 30-39 LAT	25	M 88	00:25:09	00:49:16	01:12:55.10	01:13:51.00	5:36	10.7
100	SOBOLEWSKI MATEUSZ	467	ŻÓRAWSKI TEAM	WWA	POL	M1 < 29 LAT	7	M 89	00:23:32	00:47:50	01:12:56.00	01:12:56.00	5:36	10.7
101	RUSZCZAK TOMASZ	498	LEVEL X	WARSZAWA	POL	M3 40-49 LAT	43	M 90	00:25:41	00:50:01	01:13:18.95	01:14:25.80	5:38	10.6

BIĄŁOŁĘCKI BIEG WOLNOŚCI, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.4km	8.7km	Netto	Brutto	min/km	km/h
102	ORŁOWSKI KRZYSZTOF	279	WARSZAWA PARKRUN BRÓDNO	WARSZAWA	POL	M3 40-49 LAT	44	M 91	00:24:11	00:48:40	01:13:19.05	01:13:25.95	5:38	10.6
103	PROKOPIUK GRZEGORZ	295	SZWAGRY DWA	WARSZAWA	POL	M3 40-49 LAT	45	M 92	00:24:42	00:49:01	01:13:22.25	01:14:14.80	5:38	10.6
104	POTOROKA VITALII	430	ROZBIEGANI PIASTOW	KONOTOPA	POL	M1 < 29 LAT	8	M 93	00:24:21	00:48:39	01:13:25.70	01:14:04.65	5:38	10.6
105	IWANIUK TOMASZ	450	ŻYWCEM ZABIEGANI	WARSZAWA	POL	M2 30-39 LAT	26	M 94	00:22:36	00:46:56	01:13:26.45	01:13:34.05	5:38	10.6
106	JODŁOWSKA KLAUDIA	165		WARSZAWA	POL	K1 < 29 LAT	2	K 12	00:24:07	00:48:21	01:13:26.85	01:13:36.95	5:38	10.6
107	KAZIMIERCZAK GRZEGORZ	495		WARSZAWA	POL	M3 40-49 LAT	46	M 95	00:25:41	00:50:01	01:13:27.10	01:14:33.70	5:39	10.6
108	SERAFIN-GORSZKOWSKA PAULINA	326		WROCLAW	POL	K3 40-49 LAT	6	K 13	00:24:34	00:48:48	01:13:30.55	01:13:52.70	5:39	10.6
109	BIESZCZAD ŁUKASZ	43	SĄD REJONOWY W ROPCZYCACH	ROPCZYCE	POL	M2 30-39 LAT	27	M 96	00:24:28	00:48:41	01:13:31.60	01:13:58.65	5:39	10.6
110	BORUC MAGDALENA	50	MILWAUKEE POLSKA	WARSZAWA	POL	K2 30-39 LAT	6	K 14	00:23:58	00:48:43	01:13:34.35	01:13:45.35	5:39	10.6
111	CIESIELSKI MARCIN	441	WARSAW RUN CLUB	SKIERNIEWICE	POL	M3 40-49 LAT	47	M 97	00:24:20	00:48:43	01:13:37.25	01:13:44.30	5:39	10.6
112	UGRYN MACIEJ	448	#WŁĄCZYLTURBO	WARSZAWA	POL	M2 30-39 LAT	28	M 98	00:25:45	00:49:47	01:13:39.45	01:14:27.90	5:39	10.6
113	SIEWRUK KATARZYNA	442	WARSAW RUN CLUB	WARSZAWA	POL	K3 40-49 LAT	7	K 15	00:24:19	00:48:43	01:13:49.70	01:13:57.60	5:40	10.6
114	DĄBROWSKI DANIEL	92	TARCHOŚFIRY	WARSZAWA	POL	M1 < 29 LAT	9	M 99	00:26:16	00:50:33	01:13:55.05	01:15:17.15	5:41	10.6
115	LENDZION JAROSŁAW	218	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M3 40-49 LAT	48	M 100	00:25:28	00:50:03	01:13:55.90	01:14:59.95	5:41	10.6
116	KORKOSZ ANDRZEJ	192		BLIZNE JASIŃSKIEGO	POL	M3 40-49 LAT	49	M 101	00:24:17	00:49:28	01:14:02.05	01:14:12.75	5:41	10.5
117	RUDNIK JAROSŁAW	314		PASEK	POL	M3 40-49 LAT	50	M 102	00:24:45	00:49:07	01:14:02.25	01:14:22.05	5:41	10.5
118	SOSZYŃSKI PIOTR	342	INDOORY URSUS	WARSZAWA	POL	M3 40-49 LAT	51	M 103	00:24:28	00:49:34	01:14:16.85	01:14:26.95	5:42	10.5
119	MIĄSKO WOJCIECH	239	12TRI.PL	WARSZAWA	POL	M4 50-59	12	M 104	00:25:55	00:50:24	01:14:16.95	01:15:58.10	5:42	10.5
120	NAPIONTEK MARIA	262		WARSZAWA	POL	K2 30-39 LAT	7	K 16	00:24:48	00:49:44	01:14:33.45	01:14:42.30	5:44	10.5
121	TYM JOANNA	381		WARSZAWA	POL	K3 40-49 LAT	8	K 17	00:25:20	00:50:03	01:14:39.60	01:14:52.00	5:44	10.4
122	MAJ KAMILA	228		WARSZAWA	POL	K2 30-39 LAT	8	K 18	00:24:02	00:48:59	01:14:51.35	01:14:57.20	5:45	10.4
123	KUCHTA PAWEŁ	208		MACIEJOWICE	POL	M3 40-49 LAT	52	M 105	00:25:42	00:50:01	01:14:52.00	01:15:29.00	5:45	10.4
124	ŻURANIEWSKA AGNIESZKA	429	TEAM PARSZCZYŃSKICH	WARSZAWA	POL	K3 40-49 LAT	9	K 19	00:25:10	00:49:48	01:15:00.80	01:15:41.90	5:46	10.4
125	DROŹDZIEL MARIUSZ	98		WARSZAWA	POL	M3 40-49 LAT	53	M 106	00:25:01	00:50:01	01:15:09.95	01:15:35.55	5:46	10.4
126	BOGUCKI MICHAŁ	48		WARSZAWA	POL	M2 30-39 LAT	29	M 107	00:25:11	00:50:08	01:15:34.20	01:16:50.50	5:48	10.3
127	OLSZANKA ARKADIUSZ	277		WARSZAWA	POL	M3 40-49 LAT	54	M 108	00:25:24	00:50:43	01:15:39.90	01:16:51.65	5:49	10.3
128	GUMUŁA JAKUB	147	KSZO OSTROWIEC	OSTROWIEC ŚWIĘTOKRZYSKI	POL	M2 30-39 LAT	30	M 109	00:25:42	00:50:58	01:15:48.70	01:16:52.50	5:49	10.3
129	SIEDLECKI ŁUKASZ	328	BIEGANIEPO40.PL	WARSZAWA	POL	M2 30-39 LAT	31	M 110	00:27:57	00:52:02	01:16:04.00	01:17:09.60	5:51	10.3
130	MIKINA ARTUR	246	PWPW SA	WARSZAWA	POL	M5 60+	5	M 111	00:25:34	00:50:53	01:16:06.50	01:16:19.00	5:51	10.2
131	GAJEWSKI MARIUSZ	119		PUŁTUSK	POL	M3 40-49 LAT	55	M 112	00:25:39	00:51:17	01:16:24.65	01:17:16.25	5:52	10.2
132	KOĆ MARCIN	184	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M3 40-49 LAT	56	M 113	00:26:03	00:51:13	01:16:25.15	01:17:07.20	5:52	10.2
133	TROJANOWSKI RAFAŁ	378	BIEGAM BO LUBIĘ ZĄBKI TEAM	ZĄBKI	POL	M2 30-39 LAT	32	M 114	00:25:37	00:51:35	01:16:31.85	01:17:01.35	5:53	10.2
134	KĄDZIOŁKA BEATA	177		STAŁOWA WOLA	POL	K2 30-39 LAT	9	K 20	00:24:44	00:50:08	01:16:32.70	01:16:42.20	5:53	10.2
135	TRACZYK PRZEMYSŁAW	470	ASFALTOVE DZIKI	CIECHANÓW	POL	M2 30-39 LAT	33	M 115	00:25:03	00:50:59	01:16:41.40	01:16:48.45	5:53	10.2
136	SŁOMCZYŃSKA KAROLINA	337		WARSZAWA	POL	K1 < 29 LAT	3	K 21	00:25:51	00:51:13	01:16:55.10	01:17:53.65	5:55	10.1
137	ZAMBROWSKI SŁAWOMIR	409		WARSZAWA	POL	M3 40-49 LAT	57	M 116	00:27:19	00:52:02	01:16:55.30	01:18:10.70	5:55	10.1
138	BIERNAT DAWID	42		TRZEŚŃ	POL	M1 < 29 LAT	10	M 117	00:25:09	00:51:07	01:16:55.75	01:17:50.35	5:55	10.1
139	BARTOSZUK SŁAWOMIR	32		WARSZAWA	POL	M4 50-59	13	M 118	00:26:12	00:51:22	01:17:00.65	01:18:11.60	5:55	10.1
140	GAWLIK ARKADIUSZ	123	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M3 40-49 LAT	58	M 119	00:25:42	00:51:31	01:17:04.20	01:17:39.40	5:55	10.1
141	TOMCZUK-KUZKA KATARZYNA	460		WARSZAWA	POL	K3 40-49 LAT	10	K 22	00:25:52	00:51:02	01:17:05.10	01:18:32.70	5:55	10.1
142	GRZECHNIK RENATA	144	MKB DREPTAK	MIŃSK MAZOWIECKI	POL	K3 40-49 LAT	11	K 23	00:26:10	00:51:40	01:17:07.05	01:18:19.05	5:55	10.1
143	WILEŃSKI ZBIGNIEW	392	GRUPA BIEGOWA UM W-WA	DĄBROWA CHOTOMOWSKA	POL	M4 50-59	14	M 120	00:26:04	00:51:23	01:17:10.45	01:18:00.40	5:56	10.1
144	FIRYSIUK TOMASZ	114		ZĄBKI	POL	M3 40-49 LAT	59	M 121	00:26:02	00:51:46	01:17:10.45	01:17:33.40	5:56	10.1
145	ŚWIERCZ IWONA	368	BYLEDOBIEC ANIN	WARSZAWA	POL	K4 50-59 LAT	1	K 24	00:25:41	00:51:39	01:17:14.00	01:17:25.90	5:56	10.1
146	OLBRYŚ STANISŁAW ADAM	275	KB LEGIONOWO	NASIELSK	POL	M4 50-59	15	M 122	00:24:33	00:51:25	01:17:18.25	01:17:22.70	5:56	10.1
147	FRACKIEWICZ DARIUSZ	116	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M3 40-49 LAT	60	M 123	00:24:59	00:50:34	01:17:19.25	01:17:54.85	5:56	10.1
148	GRZEJDZIAK IGOR	145	NAPRZÓD MŁOCINY	WARSZAWA	POL	M3 40-49 LAT	61	M 124	00:25:24	00:51:08	01:17:30.80	01:18:08.55	5:57	10.1
149	PAZIEWSKI ANDRZEJ	290	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M3 40-49 LAT	62	M 125	00:26:05	00:51:40	01:17:37.00	01:18:18.75	5:58	10
150	WALECKA WIKTORIA	443	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	K2 30-39 LAT	10	K 25	00:25:31	00:51:26	01:17:40.25	01:18:25.55	5:58	10
151	MIKA ANNA	245		ZĄBKI	POL	K1 < 29 LAT	4	K 26	00:25:37	00:51:49	01:17:47.50	01:18:17.50	5:59	10
152	RZYMOWSKA KRYSZYNA	320	NEW BALANCE RUN CLUB	WARSZAWA	POL	K4 50-59 LAT	2	K 27	00:26:48	00:52:37	01:17:53.35	01:18:19.55	5:59	10
153	KULIK TOMASZ	212		WARSZAWA	POL	M3 40-49 LAT	63	M 126	00:27:47	00:52:51	01:17:56.15	01:19:18.00	5:59	10
154	BINIEK ADAM	44	MORSY ZIELONKA	WARSZAWA	POL	M3 40-49 LAT	64	M 127	00:27:56	00:52:58	01:17:56.95	01:19:15.20	5:59	10
155	KOSMAŁA DARIUSZ	194		WARSZAWA	POL	M4 50-59	16	M 128	00:26:12	00:52:09	01:17:59.15	01:18:22.00	5:59	10
156	WINDLOCH EMILIA	395	ZABIEGANI WOŁOMIN	KOBYŁKA	POL	K2 30-39 LAT	11	K 28	00:27:52	00:53:02	01:18:00.90	01:19:10.75	6:00	10
157	STASIAK PIOTR	345		ZIELONKA	POL	M2 30-39 LAT	34	M 129	00:26:21	00:51:52	01:18:07.30	01:18:42.35	6:00	10
158	NOGAL ROBERT	266	INDOORY URSUS	WARSZAWA	POL	M3 40-49 LAT	65	M 130	00:25:39	00:51:47	01:18:16.55	01:18:26.80	6:01	10

BIĄŁOŁĘCKI BIEG WOLNOŚCI, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.4km	8.7km	Netto	Brutto	min/km	km/h
159	KOSINSKI OLEK	193		PIASECZNO	POL	M2 30-39 LAT	35	M 131	00:26:08	00:51:55	01:18:17.60	01:18:46.80	6:01	10
160	SZYMAŃSKI ARKADIUSZ	365		WARSZAWA	POL	M3 40-49 LAT	66	M 132	00:29:53	00:54:35	01:18:18.00	01:19:41.20	6:01	10
161	BORUSZEWSKI MACIEJ	51		WARSZAWA	POL	M3 40-49 LAT	67	M 133	00:26:09	00:52:05	01:18:22.05	01:18:30.85	6:01	10
162	KOLASA ANDRZEJ	187	KLUB J.SŁOWACKIEGO	WARSZAWA-WESOŁA	POL	M5 60+	6	M 134	00:25:49	00:51:44	01:18:24.90	01:18:27.70	6:01	9.9
163	CELIŃSKI TOMASZ	59	TUPTUŚ OTWOCK	OTWOCK	POL	M4 50-59	17	M 135	00:29:09	00:54:29	01:18:25.55	01:18:44.10	6:01	9.9
164	KONIECKI TOMASZ	189		WARSZAWA	POL	M4 50-59	18	M 136	00:25:43	00:51:54	01:18:30.65	01:18:45.65	6:02	9.9
165	WINIARCZYK ADRIAN	432		STARY KONIK	POL	M2 30-39 LAT	36	M 137	00:26:23	00:53:05	01:18:32.15	01:18:50.45	6:02	9.9
166	WÓJCICKI BARTOSZ	406		WARSZAWA	POL	M2 30-39 LAT	37	M 138	00:25:55	00:51:54	01:18:33.75	01:18:49.80	6:02	9.9
167	DYDERSKA WIOLETTA	101		WARSZAWA	POL	K3 40-49 LAT	12	K 29	00:25:51	00:52:00	01:18:35.05	01:18:54.15	6:02	9.9
168	WYRWAS TADEUSZ	408	PGB SPORTOWA PACZKA	ŁOMŻA	POL	M5 60+	7	M 139	00:27:07	00:53:19	01:18:44.15	01:19:06.65	6:03	9.9
169	CIBORSKI JAKUB	461		WARSZAWA	POL	M3 40-49 LAT	68	M 140	00:25:21	00:51:27	01:18:50.00	01:19:33.55	6:03	9.9
170	KOPER SEBASTIAN	190	CARREFOUR RUNNING TEAM	WARSZAWA	POL	M3 40-49 LAT	69	M 141	00:25:32	00:52:01	01:19:14.35	01:19:45.45	6:05	9.8
171	IZDEBSKA KAROLINA	156	AKTYWNA WARSZAWA	WARSZAWA	POL	K2 30-39 LAT	12	K 30	00:26:16	00:52:23	01:19:18.25	01:19:50.65	6:06	9.8
172	TYSZKO PIOTR	382		WARSZAWA	POL	M2 30-39 LAT	38	M 142	00:26:10	00:52:25	01:19:24.85	01:20:09.30	6:06	9.8
173	BUCHALSKA EWA	54	EKOBIEGI	WARSZAWA	POL	K4 50-59 LAT	3	K 31	00:27:02	00:53:26	01:20:04.55	01:21:28.15	6:09	9.7
174	POTRZEBOWSKI DOMINIK	293	MARKOWI BIEGACZE	MARKI	POL	M3 40-49 LAT	70	M 143	00:25:33	00:52:12	01:20:06.15	01:20:22.20	6:09	9.7
175	WOJDAK ANNA	403		PIASTÓW	POL	K3 40-49 LAT	13	K 32	00:26:38	00:53:16	01:20:14.05	01:21:13.05	6:10	9.7
176	STRÓZYK PIOTREK	351		GRODZISK MAZOWIECKI	POL	M3 40-49 LAT	71	M 144	00:29:52	00:55:16	01:20:20.90	01:21:39.75	6:10	9.7
177	KRĘGIEL SEBASTIAN	324		WARSZAWA	POL	M3 40-49 LAT	72	M 145	00:26:50	00:53:40	01:20:30.00	01:20:30.00	6:11	9.7
178	SZPADZIK JAROSŁAW	358	BIEGACZE MF	MARKI	POL	M2 30-39 LAT	39	M 146	00:27:40	00:53:54	01:20:36.65	01:22:25.70	6:12	9.7
179	WESOŁOWSKA MONIKA	388	ZABIEGANA	NIEPORĘT	POL	K2 30-39 LAT	13	K 33	00:26:33	00:53:34	01:20:42.35	01:21:00.20	6:12	9.7
180	BARTNIK RAFAŁ	31	ZABIEGANI WOŁOMIN	WARSZAWA	POL	M3 40-49 LAT	73	M 147	00:27:23	00:53:40	01:20:55.25	01:22:04.00	6:13	9.6
181	RADZIKOWSKI FRANEK	303		CHROŚLA	POL	M4 50-59	19	M 148	00:25:35	00:51:20	01:21:16.90	01:21:41.80	6:15	9.6
182	FILIPOWICZ NATALIA	113		WARSZAWA	POL	K1 < 29 LAT	5	K 34	00:29:26	00:54:52	01:21:19.40	01:21:43.15	6:15	9.6
183	GRYCNER PAWEŁ	142	CTS	WARSZAWA	POL	M2 30-39 LAT	40	M 149	00:28:37	00:55:10	01:21:22.95	01:22:15.25	6:15	9.6
184	GRAD TOMASZ	139	MARKOWI BIEGACZE	WARSZAWA	POL	M3 40-49 LAT	74	M 150	00:27:28	00:54:14	01:21:25.30	01:21:57.10	6:15	9.6
185	BAKUŁA WIESŁAW	22	WAMPIR	WACH 140A	POL	M4 50-59	20	M 151	00:26:35	00:53:17	01:21:30.10	01:22:12.30	6:16	9.6
186	CHODNIEWICZ MICHAŁ	66		WARSZAWA	POL	M2 30-39 LAT	41	M 152	00:24:54	00:51:51	01:21:30.75	01:21:40.70	6:16	9.6
187	KORDEK DARIUSZ	191		NIEPORĘT	POL	M4 50-59	21	M 153	00:27:51	00:54:51	01:21:38.65	01:22:23.30	6:16	9.6
188	DALGIEWICZ DARIUSZ	434		ŁOMIANKI	POL	M5 60+	8	M 154	00:28:40	00:55:37	01:21:41.45	01:22:28.55	6:17	9.5
189	KAPUŚCIAREK ELŻBIETA	457		ŁOMIANKI	POL	K3 40-49 LAT	14	K 35	00:27:40	00:54:05	01:22:05.90	01:22:45.50	6:18	9.5
190	... RAFAŁ	477			POL	M2 30-39 LAT	42	M 155	00:29:51	00:55:51	01:22:06.55	01:23:23.40	6:18	9.5
191	CHMIELOWIEC ANNA	64		WARSZAWA	POL	K3 40-49 LAT	15	K 36	00:26:26	00:53:44	01:22:09.50	01:22:21.05	6:19	9.5
192	GÓRAL TADEUSZ	133	KKB	WARSZAWA	POL	M4 50-59	22	M 156	00:28:21	00:56:00	01:22:11.50	01:22:33.65	6:19	9.5
193	SUWALD ANDRZEJ	353	JACEKBIEGA RUNNING TEAM	WARSZAWA	POL	M5 60+	9	M 157	00:26:37	00:54:31	01:22:15.55	01:23:04.00	6:19	9.5
194	FURMANIAK PAŃCZAK JOANNA	117	TEAM PARSZCZYŃSKICH	WARSZAWA	POL	K2 30-39 LAT	14	K 37	00:28:18	00:55:14	01:22:17.75	01:23:05.10	6:19	9.5
195	GUSZCZA EWA	148	MARKOWI BIEGACZE	MARKI	POL	K3 40-49 LAT	16	K 38	00:27:32	00:54:21	01:22:18.10	01:22:48.10	6:19	9.5
196	DOMINIAK ZBIGNIEW	96	BEZPRĄDOWY KLUB BIEGOWY	WARSZAWA	POL	M3 40-49 LAT	75	M 158	00:26:19	00:54:00	01:22:20.00	01:22:36.65	6:20	9.5
197	ZUBELEWICZ-JERUZALSKA ANNA	423		WARSZAWA	POL	K2 30-39 LAT	15	K 39	00:28:20	00:55:17	01:22:20.20	01:23:05.05	6:20	9.5
198	DZIEWULSKI TOMASZ	107	ZIELONKA BIEGA	ZIELONKA	POL	M3 40-49 LAT	76	M 159	00:26:28	00:53:36	01:22:22.60	01:22:43.35	6:20	9.5
199	KAMIŃSKI MICHAŁ	471		WARSZAWA	POL	M2 30-39 LAT	43	M 160	00:32:04	00:57:46	01:22:35.75	01:24:10.80	6:21	9.4
200	SKLEPOWICZ JACEK	333		WARSZAWA	POL	M3 40-49 LAT	77	M 161	00:29:27	00:56:20	01:22:36.50	01:23:13.80	6:21	9.4
201	JÓZWIK ROBERT	166	HARX TEAM	WARSZAWA	POL	M3 40-49 LAT	78	M 162	00:27:21	00:55:01	01:22:38.05	01:23:00.65	6:21	9.4
202	BURMISTROW VADYM	57		MARKI	POL	M1 < 29 LAT	11	M 163	00:27:45	00:55:08	01:22:51.40	01:23:36.90	6:22	9.4
203	CABAŃSKA DOROTA	58		ŁOMIANKI	POL	K3 40-49 LAT	17	K 40	00:28:42	00:55:39	01:22:53.65	01:23:39.95	6:22	9.4
204	BANAŚKI MIROSLAW	25		WARSZAWA	POL	M3 40-49 LAT	79	M 164	00:27:51	00:55:28	01:23:04.00	01:24:00.70	6:23	9.4
205	ADAMCZUK AGNIESZKA	14	MARKOWI BIEGACZE	MARKI	POL	K3 40-49 LAT	18	K 41	00:27:59	00:55:51	01:23:04.10	01:23:33.80	6:23	9.4
206	WALIGÓRSKI KRZYSZTOF	386	MARKOWI BIEGACZE	MARKI	POL	M4 50-59	23	M 165	00:28:02	00:55:53	01:23:05.90	01:23:34.70	6:23	9.4
207	SZCZERBICKI RAFAŁ	355	WARSAW RUN CLUB	WARSZAWA	POL	M3 40-49 LAT	80	M 166	00:29:48	00:57:08	01:23:09.15	01:24:15.95	6:23	9.4
208	TULA RENATA	379	NEW BALANCE RUN CLUB	WARSZAWA	POL	K5 60 +	1	K 42	00:27:32	00:55:26	01:23:12.65	01:23:20.05	6:24	9.4
209	SOCHACKI MARIUSZ	340		WARSZAWA	POL	M3 40-49 LAT	81	M 167	00:26:34	00:54:23	01:23:18.20	01:23:34.15	6:24	9.4
210	GRZESZCZYK MICHAŁ	146	EKOBIEGI	WARSZAWA	POL	M3 40-49 LAT	82	M 168	00:28:41	00:55:50	01:23:22.05	01:24:47.00	6:24	9.4
211	MIKOŁAJCZYK ANDRZEJ	247		WARSZAWA	POL	M2 30-39 LAT	44	M 169	00:30:06	00:57:22	01:23:23.05	01:24:40.75	6:24	9.4
212	KARASIEWICZ KATARZYNA	174		KULIGÓW	POL	K4 50-59 LAT	4	K 43	00:27:14	00:55:01	01:23:28.80	01:23:56.55	6:25	9.3
213	BARG KAROL	466		WARSZAWA	POL	M2 30-39 LAT	45	M 170	00:26:10	00:53:28	01:23:45.50	01:24:28.20	6:26	9.3
214	WALESIUK PIOTR	385		BIĄŁYSTOK	POL	M3 40-49 LAT	83	M 171	00:30:27	00:58:48	01:23:54.60	01:24:45.00	6:27	9.3
215	STOLARSKA PAULINA	349	WARSAW RUN CLUB	WARSZAWA	POL	K2 30-39 LAT	16	K 44	00:29:48	00:57:08	01:23:57.25	01:25:03.65	6:27	9.3

BIAŁOŁĘCKI BIEG WOLNOŚCI, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.4km	8.7km	Netto	Brutto	min/km	km/h
216	ZDUŃSKI JAROSŁAW	414	TAK SOBIE DREPCZĘ	WARSZAWA	POL	M4 50-59	24	M 172	00:27:35	00:55:31	01:23:57.30	01:24:41.45	6:27	9.3
217	ZRAZEK PIOTR	422		ŁOWICZ	POL	M3 40-49 LAT	84	M 173	00:27:44	00:55:00	01:24:00.60	01:24:46.30	6:27	9.3
218	MŁOSZ MAREK	250		WARSZAWA	POL	M4 50-59	25	M 174	00:26:21	00:54:15	01:24:04.55	01:24:19.80	6:28	9.3
219	FIJTEK PIOTR	110		WARSZAWA	POL	M2 30-39 LAT	46	M 175	00:28:42	00:55:41	01:24:30.45	01:25:45.00	6:30	9.2
220	DERESZEWSKI PIOTR	94	ZABIEGANY WOŁOMIN	WARSZAWA	POL	M3 40-49 LAT	85	M 176	00:29:56	00:56:34	01:24:36.10	01:25:45.85	6:30	9.2
221	STANISZEWSKI RAFAŁ	344	TURBODZIKI	POLSKA	POL	M3 40-49 LAT	86	M 177	00:30:18	00:58:24	01:24:59.30	01:26:21.90	6:32	9.2
222	KOLCZYŃSKI MICHAŁ	437	TRUCHTACZ	ŁOMIANKI	POL	M5 60+	10	M 178	00:27:00	00:55:22	01:25:11.15	01:25:40.95	6:33	9.2
223	BARANOWSKI ŁUKASZ	28		BIAŁACZÓW	POL	M2 30-39 LAT	47	M 179	00:28:05	00:56:35	01:25:15.70	01:25:54.75	6:33	9.1
224	NOWAKOWSKI PIOTR	499		WARSZAWA	POL	M1 < 29 LAT	12	M 180	00:26:50	00:55:15	01:25:16.25	01:25:42.15	6:33	9.1
225	JABŁONKA RADOSŁAW	157	DZIADY OCR	WYSZKÓW	POL	M3 40-49 LAT	87	M 181	00:28:05	00:56:35	01:25:17.30	01:25:56.60	6:33	9.1
226	GARBACZEWSKI ZBIGNIEW	122		JABŁONNA	POL	M3 40-49 LAT	88	M 182	00:28:22	00:56:22	01:25:32.30	01:26:22.60	6:34	9.1
227	ANIÓŁKOWSKI KRZYSZTOF	15	AKTYWNA WARSZAWA	WARSZAWA	POL	M2 30-39 LAT	48	M 183	00:29:11	00:56:34	01:25:52.40	01:26:53.70	6:36	9.1
228	MAJ MAGDALENA	449		WARSZAWA	POL	K2 30-39 LAT	17	K 45	00:29:59	00:58:34	01:26:03.70	01:27:09.30	6:37	9.1
229	ROZUM JANUSZ	312	-	WARSZAWA	POL	M5 60+	11	M 184	00:28:40	00:56:52	01:26:10.00	01:27:12.05	6:37	9.1
230	NOSARZEWSKI MARIUSZ	267	GB PRESS TEAM	TRZCIANY	POL	M3 40-49 LAT	89	M 185	00:28:34	00:56:55	01:26:13.50	01:27:08.70	6:37	9
231	OWOC TOMASZ	285	PKO BANK POLSKI / NEW BALANCE RUN CLUB	WARSZAWA	POL	M4 50-59	26	M 186	00:27:14	00:55:31	01:26:13.75	01:26:47.30	6:37	9
232	SIWEK EWA	330	TUPTUŚ OTWOCK	OTWOCK	POL	K3 40-49 LAT	19	K 46	00:29:09	00:58:08	01:26:16.35	01:26:35.55	6:38	9
233	CYBULSKI GRZEGORZ	78	NAJWIĘKSZA ARMIA ŚWIATA	LUBLIN	POL	M3 40-49 LAT	90	M 187	00:29:43	00:58:03	01:26:17.45	01:27:18.15	6:38	9
234	MYSŁIŃSKA ANNA	75	BIAŁOŁĘKA JEST KOBIETĄ	WARSZAWA	POL	K3 40-49 LAT	20	K 47	00:29:04	00:57:06	01:26:18.50	01:26:55.50	6:38	9
235	PAWELEK KRZYSZTOF	287	MARKOWI BIEGACZE	MARKI	POL	M3 40-49 LAT	91	M 188	00:29:13	00:57:33	01:26:53.45	01:27:26.30	6:41	9
236	NADOBNIK KONRAD	261	BIEGAM BO LUBIĘ ZĄBKI TEAM	ZĄBKI	POL	M3 40-49 LAT	92	M 189	00:31:22	00:59:30	01:27:13.25	01:28:28.90	6:42	8.9
237	RODAK ZBIGNIEW	309		WARSZAWA	POL	M4 50-59	27	M 190	00:32:34	01:00:24	01:27:19.95	01:28:51.20	6:43	8.9
238	WŁODARCZYK ANNA	402	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	K3 40-49 LAT	21	K 48	00:29:40	00:58:25	01:27:24.45	01:28:18.70	6:43	8.9
239	GRUZD ANNA	141	TRIATHLON TARCHOMIN TEAM	WARSZAWA	POL	K3 40-49 LAT	22	K 49	00:29:49	00:58:40	01:27:53.20	01:28:40.20	6:45	8.9
240	JĘDRASZCZYK MACIEJ	164		WARSZAWA	POL	M3 40-49 LAT	93	M 191	00:30:24	00:58:40	01:27:55.75	01:28:48.80	6:45	8.9
241	MICHAŁSKI MACIEJ	439	ALBERCIK TEAM	BOBROWIEC	POL	M3 40-49 LAT	94	M 192	00:31:59	00:59:36	01:28:02.65	01:29:30.00	6:46	8.9
242	KĘDZIOREK ELA	179		WIĄZOWNA	POL	K2 30-39 LAT	18	K 50	00:31:40	01:00:10	01:28:18.40	01:29:34.35	6:47	8.8
243	JARMUŻEWSKI ADAM	161	TIA	WARSZAWA	POL	M3 40-49 LAT	95	M 193	00:32:35	01:00:37	01:28:24.70	01:29:56.45	6:48	8.8
244	BARNAS ILONA	29	PRETTYFITTYTEAM	WARSZAWIA	POL	K2 30-39 LAT	19	K 51	00:31:46	01:00:43	01:28:28.20	01:29:24.90	6:48	8.8
245	WIŚNIEWSKI TOMASZ	400		WARSZAWA	POL	M4 50-59	28	M 194	00:32:17	01:00:55	01:28:28.25	01:29:54.35	6:48	8.8
246	KOWALIK TOMASZ	199		WARSZAWA	POL	M3 40-49 LAT	96	M 195	00:27:52	00:57:48	01:28:44.15	01:28:52.30	6:49	8.8
247	OSIŃSKI STANISŁAW	281		WARSZAWA	POL	M5 60+	12	M 196	00:30:22	00:59:11	01:28:50.75	01:29:31.85	6:50	8.8
248	RZEPNIEWSKA JOANNA	319	MARKOWI BIEGACZE	MARKI	POL	K3 40-49 LAT	23	K 52	00:28:36	00:58:23	01:29:01.10	01:29:16.55	6:50	8.8
249	JAROŃ JAROSŁAW	162	RUN DE GIRARD	ŻYRARDÓW	POL	M3 40-49 LAT	97	M 197	00:29:46	00:58:25	01:29:02.25	01:29:28.85	6:50	8.8
250	MYSŁOWSKI MIECZYSLAW	475		WARSZAWA	POL	M4 50-59	29	M 198	00:29:46	00:59:46	01:29:24.05	01:30:34.70	6:52	8.7
251	PLATEK EMIL	292	ALIOR RUNNING TEAM	WARSZAWA	POL	M2 30-39 LAT	49	M 199	00:32:32	01:01:04	01:29:43.05	01:31:19.20	6:54	8.7
252	NOWAKOWSKI CZESŁAW	268	DUCLA ACADEMY WARSZAWA	WARSZAWA	POL	M5 60+	13	M 200	00:29:59	00:59:46	01:29:49.00	01:30:21.55	6:54	8.7
253	MUSIAŁ MARCIN	259		PRUSZKÓW	POL	M2 30-39 LAT	50	M 201	00:30:37	00:59:48	01:30:05.40	01:30:57.30	6:55	8.7
254	KOSTRZEWSKI PIOTR	195	KPLA PIOTR KOSTRZEWSKI	WARSZAWA	POL	M4 50-59	30	M 202	00:30:24	00:59:00	01:30:08.85	01:30:59.55	6:56	8.7
255	WITKOWSKI PIOTR	401	VEGE RUNNERS	WARSZAWA	POL	M2 30-39 LAT	51	M 203	00:32:07	01:01:41	01:30:11.05	01:31:24.55	6:56	8.6
256	SKELTON SARAH	332	VEGE RUNNERS	WARSZAWA	POL	K2 30-39 LAT	20	K 53	00:32:08	01:01:41	01:30:11.10	01:31:23.90	6:56	8.6
257	FLORCZUK AGNIESZKA	115	EKOBIEGI	WARSZAWA	POL	K4 50-59 LAT	5	K 54	00:31:43	01:00:38	01:30:29.15	01:31:28.45	6:57	8.6
258	WOJDAK PIOTR	404	STOMILEX	PIASTÓW	POL	M4 50-59	31	M 204	00:32:04	01:00:49	01:30:33.30	01:31:31.25	6:57	8.6
259	GONET KATARZYNA	132		WARSZAWA	POL	K3 40-49 LAT	24	K 55	00:30:34	01:00:12	01:30:34.35	01:31:50.80	6:58	8.6
260	CZAJKA JUSTYNA	82		PRUSZKÓW	POL	K3 40-49 LAT	25	K 56	00:30:35	01:00:06	01:30:48.05	01:31:41.10	6:59	8.6
261	SZYBOWSKA-SZYMCZAK JOANNA	363	SW - AŚ GRÓJEC	KOCERANY	POL	K2 30-39 LAT	21	K 57	00:29:22	00:59:57	01:30:49.85	01:31:09.85	6:59	8.6
262	KACZOROWSKI ROBERT	170		MARKI	POL	M4 50-59	32	M 205	00:30:11	00:59:43	01:30:51.60	01:32:01.30	6:59	8.6
263	WOLFF TOMASZ	405	BIEGAM BO LUBIĘ ZĄBKI TEAM	ZĄBKI	POL	M2 30-39 LAT	52	M 206	00:31:51	01:00:05	01:30:55.60	01:31:58.00	6:59	8.6
264	BORAWSKA EMILIA	458	BEMOWO BIEGA	WARSZAWA	POL	K2 30-39 LAT	22	K 58	00:33:11	01:02:17	01:30:58.30	01:32:07.30	6:59	8.6
265	HRYCIUK KATARZYNA	155	EKOBIEGI	WARSZAWA	POL	K3 40-49 LAT	26	K 59	00:33:05	01:01:57	01:31:01.70	01:32:26.30	7:00	8.6
266	ZAKRZEWSKI MAREK	485		WARSZAWA	POL	M4 50-59	33	M 207	00:33:03	01:02:02	01:31:02.15	01:32:27.35	7:00	8.6
267	CZAJKOWSKI RAFAŁ	83	EKOBIEGI	WARSZAWA	POL	M3 40-49 LAT	98	M 208	00:33:04	01:01:57	01:31:02.35	01:32:26.45	7:00	8.6
268	KOŁOMAŃSKI MAREK	188		WARSZAWA	POL	M3 40-49 LAT	99	M 209	00:33:05	01:01:57	01:31:02.65	01:32:27.00	7:00	8.6
269	MATUSIK KAROLINA	494		MARKI	POL	K1 < 29 LAT	6	K 60	00:31:09	01:01:08	01:31:06.70	01:31:48.10	7:00	8.6
270	ROSZAK WALDEMAR	10	BIEGAM NA ZIELONEJ BIAŁOŁĘCE	WARSZAWA	POL	M4 50-59	34	M 210	00:34:35	01:03:27	01:31:23.25	01:32:51.50	7:01	8.5
271	MATUSZEWSKI ROBERT	232		WARSZAWA	POL	M3 40-49 LAT	100	M 211	00:32:28	01:01:47	01:31:25.55	01:32:43.05	7:01	8.5

BIAŁOLEŃKI BIEG WOLNOŚCI, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.4km	8.7km	Netto	Brutto	min/km	km/h
272	GLÓWCZYŃSKA MAŁGORZATA	131	MARKOWI BIEGACZE	MARKI	POL	K3 40-49 LAT	27	K 61	00:31:03	01:00:54	01:31:29.30	01:31:58.80	7:02	8.5
273	JARMUŻEWSKA TERESA	160	TIA	WARSZAWA	POL	K4 50-59 LAT	6	K 62	00:32:42	01:01:52	01:31:29.55	01:33:01.75	7:02	8.5
274	OSYPOWICZ DOMINIK	284		TERESPOL	POL	M1 < 29 LAT	13	M 212	00:32:28	01:02:12	01:31:51.90	01:33:04.90	7:03	8.5
275	SIEDLACZEK ZBIGNIEW	327		LUBLIN	POL	M5 60+	14	M 213	00:28:59	01:00:31	01:31:54.00	01:32:02.90	7:04	8.5
276	BIAŁOKOS KAMIL	40		WARSZAWA	POL	M3 40-49 LAT	101	M 214	00:32:50	01:02:16	01:32:02.15	01:33:09.85	7:04	8.5
277	JANKOWSKA WIOLA	159		WARSZAWA	POL	K3 40-49 LAT	28	K 63	00:33:24	01:04:06	01:32:18.95	01:33:54.85	7:06	8.5
278	SZULC KASJA	361		ZĄBKI	POL	K3 40-49 LAT	29	K 64	00:29:44	01:00:57	01:32:34.05	01:33:02.00	7:07	8.4
279	SKOWROŃSKI WOJCIECH	335		WARSZAWA	POL	M4 50-59	35	M 215	00:32:11	01:02:15	01:32:36.05	01:33:38.75	7:07	8.4
280	GROCHOWSKI MARCIN	331		WARSZAWA	POL	M3 40-49 LAT	102	M 216	00:29:54	01:00:58	01:32:40.65	01:33:00.50	7:07	8.4
281	BASIŃSKI PAWEŁ	76		BYDGOSZCZ	POL	M3 40-49 LAT	103	M 217	00:30:35	01:00:15	01:32:40.80	01:33:24.40	7:07	8.4
282	KACZMAREK KATARZYNA	169	MARKOWI BIEGACZE	MARKI	POL	K2 30-39 LAT	23	K 65	00:30:39	01:01:22	01:32:49.10	01:34:05.15	7:08	8.4
283	CZARTORYSKA ANNA	84		WARSZAWA	POL	K3 40-49 LAT	30	K 66	00:32:49	01:02:16	01:32:51.50	01:34:00.15	7:08	8.4
284	CZARTORYSKI KRYSZTIAN	85		WARSZAWA	POL	M3 40-49 LAT	104	M 218	00:32:52	01:01:57	01:32:54.75	01:34:00.60	7:08	8.4
285	MYŚLIŃSKI ROBERT	67	RUBIN RUN	WARSZAWA	POL	M4 50-59	36	M 219	00:31:13	01:01:43	01:33:07.50	01:33:32.40	7:09	8.4
286	CZERWIEC MAŁGORZATA	88		MARKI	POL	K2 30-39 LAT	24	K 67	00:33:18	01:03:23	01:33:29.15	01:35:14.35	7:11	8.3
287	SROCZYŃSKA JUSTYNA	343	OSTRESROKI	PIASECZNO K. WARSZAWY	POL	K3 40-49 LAT	31	K 68	00:30:35	01:02:07	01:33:33.20	01:33:50.30	7:11	8.3
288	OKSIENIUK MARCIN	274	TURBODZIKI	WOLICA	POL	M2 30-39 LAT	53	M 220	00:29:44	01:00:24	01:33:33.70	01:34:56.70	7:11	8.3
289	OSTAPIŃSKA MAGDA	282		PIASECZNO	POL	K3 40-49 LAT	32	K 69	00:30:36	01:02:07	01:33:34.10	01:33:50.75	7:11	8.3
290	RUSIN MICHAŁ	317		JABŁONNA	POL	M1 < 29 LAT	14	M 221	00:32:55	01:04:03	01:33:46.30	01:35:00.30	7:12	8.3
291	BUCZEK PIOTR	55		WARSZAWA	POL	M3 40-49 LAT	105	M 222	00:32:28	01:02:37	01:33:56.40	01:34:17.95	7:13	8.3
292	SZCZECZOWICZ MARTA	478		WARSZAWA	POL	K3 40-49 LAT	33	K 70	00:31:53	01:01:52	01:34:05.15	01:35:01.85	7:14	8.3
293	KUNKA PIOTR	213	TEAM ZABIEGANEDNI	JAKUBÓW	POL	M2 30-39 LAT	54	M 223	00:33:23	01:04:11	01:34:22.75	01:35:59.40	7:15	8.3
294	ŁUCZAK PIOTR	225	PKO BANK POLSKI	WARSZAWA	POL	M3 40-49 LAT	106	M 224	00:30:32	01:02:12	01:34:36.65	01:35:16.55	7:16	8.2
295	ŁUCZAK MAŁGORZATA	224	RUNNERSI ZE SKARBKA	WARSZAWA	POL	K3 40-49 LAT	34	K 71	00:30:41	01:02:19	01:34:38.05	01:35:16.55	7:16	8.2
296	KOFALSKI JAKUB	497		WARSZAWA	POL	M2 30-39 LAT	55	M 225	00:30:59	01:03:03	01:34:43.50	01:35:47.55	7:17	8.2
297	BERDYCHOWSKI ZYGMUNT	481		NOWY SĄCZ	POL	M5 60+	15	M 226	00:31:47	01:03:01	01:35:09.10	01:36:38.70	7:19	8.2
298	MOĆKO ANITA	255	MARKOWI BIEGACZE	MARKI	POL	K3 40-49 LAT	35	K 72	00:31:17	01:03:06	01:35:26.75	01:35:51.35	7:20	8.2
299	MIĄSKO RENATA	238	12TRI.PL	WARSZAWA	POL	K4 50-59 LAT	7	K 73	00:30:29	01:01:59	01:35:29.35	01:36:21.35	7:20	8.2
300	RUSIN BARTOSZ	316		JABŁONNA	POL	M3 40-49 LAT	107	M 227	00:32:56	01:04:14	01:35:42.00	01:36:55.35	7:21	8.2
301	KOCIK ELŻBIETA	6		WARSZAWA	POL	K3 40-49 LAT	36	K 74	00:33:09	01:03:36	01:35:43.40	01:37:12.35	7:21	8.1
302	SZMOCZYK HUBERT	338	WARSZAWSKI ZAULEK	WARSZAWA	POL	M2 30-39 LAT	56	M 228	00:32:41	01:03:53	01:35:43.60	01:37:16.50	7:21	8.1
303	SOŁDECKA ANNA	341		WARSZAWA	POL	K4 50-59 LAT	8	K 75	00:33:11	01:04:30	01:35:47.65	01:37:30.40	7:22	8.1
304	GALIŃSKA MAGDALENA	120	WARSZAWSKI ZAULEK	LEGIONOWO	POL	K2 30-39 LAT	25	K 76	00:32:42	01:03:54	01:35:55.00	01:37:27.30	7:22	8.1
305	PIKULSKI MAREK	454	SW	MYSIADŁO	POL	M3 40-49 LAT	108	M 229	00:30:53	01:03:25	01:36:15.45	01:36:36.40	7:24	8.1
306	KRASUSKA MAGDALENA	445		WARSZAWA	POL	K2 30-39 LAT	26	K 77	00:32:44	01:04:20	01:36:18.45	01:37:23.40	7:24	8.1
307	KOWALCZYK RYSZARD	197	APOSTOŁOWIE TRX	WARSZAWA	POL	M5 60+	16	M 230	00:33:21	01:04:38	01:36:22.05	01:37:30.05	7:24	8.1
308	BERNAT SEBASTIAN	38	STARE WILKI	WARSZAWA	POL	M3 40-49 LAT	109	M 231	00:33:29	01:04:29	01:36:45.50	01:38:20.50	7:26	8.1
309	LEZNER KAROLINA	220		WARSZAWA	POL	K2 30-39 LAT	27	K 78	00:33:16	01:04:36	01:36:47.45	01:38:08.90	7:26	8.1
310	ZIARKO JOANNA	416		WARSZAWA	POL	K3 40-49 LAT	37	K 79	00:31:57	01:03:31	01:37:05.25	01:37:39.10	7:28	8
311	KOCHMAN IWONA	183	VEGE RUNNERS	WARSZAWA	POL	K4 50-59 LAT	9	K 80	00:33:53	01:05:58	01:37:22.40	01:38:07.25	7:29	8
312	ŁOZOWSKI ROBERT	221		WARSZAWA	POL	M3 40-49 LAT	110	M 232	00:32:41	01:04:26	01:37:47.55	01:39:29.05	7:31	8
313	RUDNICKA AGATA	313		WARSZAWA	POL	K4 50-59 LAT	10	K 81	00:33:16	01:05:07	01:37:48.40	01:38:49.05	7:31	8
314	HABIERA ROBERT	149		WARSZAWA	POL	M4 50-59	37	M 233	00:33:13	01:05:09	01:37:49.10	01:38:49.05	7:31	8
315	WINIARSKA IZA	77	OBRONCÓW TOBRUKU 40 , 01-494 WARSZAWA	WARSZAWA	POL	K3 40-49 LAT	38	K 82	00:31:25	01:04:50	01:39:01.75	01:39:16.45	7:37	7.9
316	BAK ANDRZEJ	35		STARE GRALEWO	POL	M4 50-59	38	M 234	00:33:01	01:08:34	01:39:08.35	01:40:03.40	7:37	7.9
317	DZIERŻANOWSKA KINGA	106		WARSZAWA	POL	K2 30-39 LAT	28	K 83	00:33:14	01:05:22	01:39:10.75	01:39:50.85	7:37	7.9
318	PRZYBYŁA KAROL	298	MASADA	WARSZAWA	POL	M2 30-39 LAT	57	M 235	00:33:14	01:05:22	01:39:11.10	01:39:51.80	7:37	7.9
319	PRZETAKIEWICZ MAGDALENA	297		WARSZAWA	POL	K3 40-49 LAT	39	K 84	00:33:47	01:06:06	01:39:19.75	01:40:40.60	7:38	7.9
320	TYBURC PAWEŁ	19	ACHILLES BIAŁOLEKA	WARSZAWA	POL	M3 40-49 LAT	111	M 236	00:31:03	01:03:43	01:39:20.90	01:39:33.70	7:38	7.9
321	MIERZEJEWSKA-JASIŃSKA MARTYNA	244	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	K2 30-39 LAT	29	K 85	00:34:40	01:06:34	01:39:28.95	01:40:30.30	7:39	7.8
322	GÓRZYŃSKI JANUSZ	138	BESTIE OCR LEGIONOWO	WARSZAWA	POL	M3 40-49 LAT	112	M 237	00:32:22	01:03:41	01:39:36.30	01:41:09.75	7:39	7.8
323	MUCHA GRZEGORZ	258		WARSZAWA	POL	M5 60+	17	M 238	00:33:57	01:06:37	01:39:41.35	01:40:44.90	7:40	7.8
324	BUKOWSKI JANUSZ	100	STOWARZYSZENIE DAĆ SIEBIE INNYM	WARSZAWA	POL	M5 60+	18	M 239	00:33:29	01:06:18	01:39:53.55	01:39:58.30	7:41	7.8
325	PRĘGOWSKI GRZEGORZ	294	EKOBIEGI	WARSZAWA	POL	M4 50-59	39	M 240	00:32:51	01:05:27	01:40:26.80	01:41:53.85	7:43	7.8
326	CHOJNOWSKA MARTA	68		SULEJÓWEK	POL	K2 30-39 LAT	30	K 86	00:33:54	01:06:32	01:40:31.55	01:41:49.65	7:43	7.8
327	ZYGADŁO PIOTR	427		WARSZAWA	POL	M2 30-39 LAT	58	M 241	00:36:08	01:08:16	01:40:32.40	01:41:37.40	7:44	7.8

BIAŁOŁĘCKI BIEG WOLNOŚCI, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.4km	8.7km	Netto	Brutto	min/km	km/h
328	MAREK ROMAN	230		WARSZAWA	POL	M4 50-59	40	M 242	00:33:02	01:08:25	01:40:45.95	01:41:40.50	7:45	7.7
329	TORZEWSKA AGNIESZKA	376		WARSZAWA	POL	K3 40-49 LAT	40	K 87	00:33:09	01:05:19	01:40:49.05	01:41:40.00	7:45	7.7
330	JANKOWSKI TOMASZ	496		WARSZAWA	POL	M3 40-49 LAT	113	M 243	00:34:30	01:07:07	01:40:58.40	01:42:35.15	7:46	7.7
331	MONIKA LEWANDOWSKA	256		WARSZAWA	POL	K3 40-49 LAT	41	K 88	00:33:40	01:06:38	01:41:14.15	01:41:52.85	7:47	7.7
332	WIŚNIEWSKA-DUDA ANNA	397		WARSZAWA	POL	K2 30-39 LAT	31	K 89	00:34:49	01:07:20	01:41:31.80	01:41:45.30	7:48	7.7
333	KOZŁOWSKA-KAWYCZ KAROLINA	201	ROZBIEGANE MICHALOWICE	KOMORÓW	POL	K3 40-49 LAT	42	K 90	00:33:44	01:07:36	01:41:42.50	01:43:01.50	7:49	7.7
334	ZATYLNA JOANNA	410		WARSZAWA	POL	K2 30-39 LAT	32	K 91	00:33:01	01:05:29	01:42:14.65	01:43:45.00	7:51	7.6
335	ZATYLNY TOMASZ	411		WARSZAWA	POL	M3 40-49 LAT	114	M 244	00:33:02	01:05:30	01:42:14.80	01:43:45.00	7:51	7.6
336	SZOSTAKOWSKI JAROSŁAW	1	BIEGAMY Z OCHOTĄ	WARSZAWA	POL	M4 50-59	41	M 245	00:35:38	01:08:24	01:43:06.05	01:44:35.60	7:55	7.6
337	GROCHOWSKA JOANNA	444	BIEGAMY Z OCHOTĄ	WARSZAWA	POL	K4 50-59 LAT	11	K 92	00:35:38	01:08:24	01:43:06.20	01:44:35.45	7:55	7.6
338	ZBINKOWSKA DOROTA	412		WARSZAWA	POL	K3 40-49 LAT	43	K 93	00:33:08	01:07:29	01:43:06.25	01:43:57.35	7:55	7.6
339	MNISZKO URSZULA	254	MARKOWI BIEGACZE	MARKI	POL	K3 40-49 LAT	44	K 94	00:33:20	01:07:13	01:43:27.55	01:44:00.30	7:57	7.5
340	BALCERZAK-JAŁTUSZEWSKA KATARZYNA	479	MARKOWI BIEGACZE		POL	K3 40-49 LAT	45	K 95	00:33:22	01:07:15	01:43:29.10	01:43:59.50	7:57	7.5
341	WINDER AGNIESZKA	394		WARSZAWA	POL	K3 40-49 LAT	46	K 96	00:34:00	01:07:38	01:43:56.45	01:45:03.55	7:59	7.5
342	LESZCZYŃSKA MARLENA	219		WARSZAWA	POL	K2 30-39 LAT	33	K 97	00:33:53	01:08:49	01:44:46.35	01:46:11.95	8:03	7.4
343	ROJEK STANISŁAW	310		WARSZAWA	POL	M4 50-59	42	M 246	00:33:54	01:08:50	01:44:47.10	01:46:11.95	8:03	7.4
344	NOWAK JAKUB	71	DOBRZYŃSKI KLUB ŻEGLARSKI	DOBRZYŃ NAD WISŁĄ	POL	M4 50-59	43	M 247	00:33:11	01:09:24	01:45:30.65	01:46:11.30	8:06	7.4
345	STEFAŃSKA JOANNA	346		WARSZAWA	POL	K3 40-49 LAT	47	K 98	00:34:34	01:09:12	01:46:37.35	01:47:04.55	8:12	7.3
346	ŁĄCKA ILONA	12	BLAŁOLEKA JEST KOBIETĄ	WARSZAWA	POL	K4 50-59 LAT	12	K 99	00:34:44	01:10:05	01:46:58.40	01:48:24.80	8:13	7.3
347	STĘPIŃSKA ANNA	348		WARSZAWA	POL	K1 < 29 LAT	7	K 100	00:35:34	01:10:39	01:46:59.85	01:47:53.80	8:13	7.3
348	GÓRECKA ANNA	136		WARSZAWA	POL	K3 40-49 LAT	48	K 101	00:34:48	01:10:50	01:47:26.80	01:47:44.35	8:15	7.3
349	LACH MARCIN	216		WARSZAWA	POL	M3 40-49 LAT	115	M 248	00:34:55	01:10:29	01:48:01.00	01:49:31.15	8:18	7.2
350	WIŚNIEWSKA KATARZYNA	398	INDYWIDUALISTKA	WARSZAWA	POL	K4 50-59 LAT	13	K 102	00:35:09	01:11:32	01:49:04.90	01:50:02.40	8:23	7.2
351	BAK HUBERT	34		WARSZAWA	POL	M2 30-39 LAT	59	M 249	00:33:00	01:08:32	01:50:39.80	01:51:35.40	8:30	7
352	ŁUKASIEWICZ ROBERT	226	KOKOSZKA36TEAM	WARSZAWA	POL	M3 40-49 LAT	116	M 250	00:34:02	01:11:31	01:50:41.90	01:51:35.10	8:30	7
353	CIEŚLAK PAWEŁ	73	SLOWJOGGING BIAŁOLEKA	WARSZAWA	POL	M4 50-59	44	M 251	00:36:08	01:11:07	01:51:02.05	01:52:47.85	8:32	7
354	MIKOŚ ROMAN	249		OTWOCK	POL	M4 50-59	45	M 252	00:35:44	01:13:16	01:51:12.20	01:52:51.70	8:33	7
355	MIKOŚ TERESA	248		OTWOCK	POL	K4 50-59 LAT	14	K 103	00:35:47	01:13:22	01:51:12.25	01:52:51.05	8:33	7
356	TOMASZEWSKA MARIOLA	374		WARSZAWA	POL	K4 50-59 LAT	15	K 104	00:37:12	01:17:30	01:51:40.35	01:52:15.65	8:35	7
357	ŁOZOWSKA DOROTA	223		WARSZAWA	POL	K3 40-49 LAT	49	K 105	00:35:44	01:13:16	01:51:51.20	01:53:38.10	8:36	7
358	SIMIŃSKA MARTA	81		WARSZAWA	POL	K3 40-49 LAT	50	K 106	00:35:53	01:12:36	01:52:15.05	01:52:53.25	8:38	6.9
359	KOZŁOWSKI WITOLD	202		WARSZAWA	POL	M3 40-49 LAT	117	M 253	00:35:24	01:17:41	01:52:25.20	01:53:46.65	8:38	6.9
360	METELSKA MAGDALENA	235		WARSZAWA	POL	K3 40-49 LAT	51	K 107	00:34:06	01:11:08	01:54:21.25	01:54:42.50	8:47	6.8
361	REMBERK DANUTA	308		WARSZAWA	POL	K5 60 +	2	K 108	00:38:16	01:16:51	01:56:23.40	01:58:07.30	8:57	6.7
362	KOLASA BARBARA	186	KLUB J.SŁOWACKIEGO	WARSZAWA-WESOŁA	POL	K5 60 +	3	K 109	00:38:53	01:18:49	01:57:38.70	01:57:46.60	9:02	6.6
363	KAWKA ANDRZEJ	176		WARSZAW	POL	M5 60+	19	M 254	00:38:07	01:18:28	02:02:32.15	02:04:12.10	9:25	6.4
364	CISZEWSKI KRZYSZTOF	74		WARSZAWA	POL	M3 40-49 LAT	118	M 255	00:22:44	00:44:43			5:08	11.7
365	CYRUK TOMASZ	79		BIAŁYSTOK	POL	M3 40-49 LAT	119	M 256	00:30:27	00:58:48			6:45	8.9
366	DUCH EMIL	99		WARSZAWA	POL	M2 30-39 LAT	60	M 257	00:30:06	01:00:19			6:55	8.7
367	ROMANOWSKA EWA	311		WARSZAWA	POL	K2 30-39 LAT	34	K 110	00:30:07	01:00:20			6:56	8.7
368	OKRÓJ DAWID	273		WARSZAWA	POL	M2 30-39 LAT	61	M 258	00:29:41	01:00:21			6:56	8.6
369	GAWRON ADRIAN	124		ZĄBKI	POL	M1 < 29 LAT	15	M 259	00:30:25	01:00:57			7:00	8.6
370	RUPIK PIOTR	315		WARSZAWA	POL	M3 40-49 LAT	120	M 260	00:31:23	01:02:33			7:11	8.3
371	ZWOLIŃSKI GRZEGORZ	425		WARSZAWA	POL	M3 40-49 LAT	121	M 261	00:29:52	01:03:03			7:14	8.3
372	MĘDEL CEZARY	237		MARKI	POL	M3 40-49 LAT	122	M 262	00:32:46	01:03:54			7:20	8.2
373	MĘDEL MARTA	236		MARKI	POL	K3 40-49 LAT	52	K 111	00:32:46	01:03:56			7:20	8.2
374	KUJAWSKA JOANNA	211	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	K3 40-49 LAT	53	K 112	00:33:28	01:06:07			7:35	7.9
375	OPOŃSKA EMILIA	278	BIEGAM NA TARCHOMINIE	JABŁONNA	POL	K2 30-39 LAT	35	K 113	00:32:31	01:06:15			7:36	7.9
376	STĘPLEWSKA MAŁGORZATA	453		WARSZAWA	POL	K3 40-49 LAT	54	K 114	00:33:46	01:06:25			7:38	7.9
377	GIL WOJCIECH	127		WARSZAWA	POL	M4 50-59	46	M 263	00:34:55	01:09:29			7:59	7.5
378	MAJCHRZAK ANNA	3		WARSZAWA	POL	K2 30-39 LAT	36	K 115	00:35:55	01:09:33			7:59	7.5
379	ROGUSKA MAGDALENA	500	BLAŁOLEKA JEST KOBIETĄ	WARSZAWA	POL	K3 40-49 LAT	55	K 116	00:35:56	01:09:34			7:59	7.5
380	SIERZPUTOWSKA EWA	329	SIE_BIEGA	WARSZAWA PRAGA PÓLNOĆ	POL	K4 50-59 LAT	16	K 117	00:33:21	01:09:55			8:02	7.5
381	OLSZEWSKA MARIOLA	7	RAZEM DLA BIAŁOLEKI	WARSZAWA	POL	K3 40-49 LAT	56	K 118	00:35:20	01:10:25			8:05	7.4
382	TEŁAKOWSKA ANITA	372		WARSZAWA	POL	K3 40-49 LAT	57	K 119	00:35:15	01:11:23			8:12	7.3
383	HEBDA BARTŁOMIEJ	150		WARSZAWA	POL	M3 40-49 LAT	123	M 264	00:37:06	01:11:26			8:12	7.3
384	FAJKOWSKA-KOSIEC ANNA	108		WARSZAWA	POL	K3 40-49 LAT	58	K 120	00:35:17	01:12:18			8:18	7.2

BIAŁOŁĘCKI BIEG WOLNOŚCI, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.4km	8.7km	Netto	Brutto	min/km	km/h
385	SAJEWSKA KAROLINA	321		WARSZAWA	POL	K2 30-39 LAT	37	K 121	00:37:11	01:17:30			8:54	6.7
386	KUNDYS KAROLINA	433		WARSZAWA	POL	K2 30-39 LAT	38	K 122	00:29:55	01:22:31			9:29	6.3
387	WILCZYŃSKA MAŁGORZATA	391		WARSZAWA	POL	K3 40-49 LAT	59	K 123	00:49:45	01:51:00			12:45	4.7
388	CHARLEJ IRENEUSZ	60	WIECZORNE BIEGANIE W SZCZECINIE	MIERZYN	POL	M3 40-49 LAT	124	M 265	00:25:22				5:45	10.4
389	SCHINDLER ŻANETA	323		WARSZAWA	POL	K3 40-49 LAT	60	K 124	00:25:59				5:54	10.2
390	FRETTES ŁUIS	480		WARSZAWA	POL	M5 60+	20	M 266	00:27:55				6:20	9.5
391	REGULSKA EWA	307		WARSZAWA	POL	K2 30-39 LAT	39	K 125	00:29:27				6:41	9
392	SUCHODOLSKI MARIUSZ	352		WARSZAWA	POL	M3 40-49 LAT	125	M 267	00:29:46				6:45	8.9
393	MRÓZ SEBASTIAN	257		KOMORÓW	POL	M3 40-49 LAT	126	M 268	00:30:04				6:49	8.8
394	KITA GRZEGORZ	181	OLD GUARD OCR	WARSZAWA	POL	M4 50-59	47	M 269	00:30:14				6:52	8.7
395	BISOWSKI SZYMON	474			POL	M1 < 29 LAT	16	M 270	00:31:33				7:10	8.4
396	BISOWSKA KATARZYNA	45	A NA CO TO KOMU POTRZEBNE	KOBYŁKA	POL	K3 40-49 LAT	61	K 126	00:31:34				7:10	8.4
397	ZIELIŃSKI PAWEŁ	418		WARSZAWA	POL	M2 30-39 LAT	62	M 271	00:32:00				7:16	8.3
398	PAWLAK PRZEMYSŁAW	289	R-TEAM ŁOWICZ	ŁOWICZ	POL	M1 < 29 LAT	17	M 272	00:32:06				7:17	8.2
399	KAMIONOWSKI MARIUSZ-JACEK	172		OSTROŁĘKA	POL	M4 50-59	48	M 273	00:33:34				7:37	7.9
400	NOWOSIELSKI TOMEK	270	HERO	05-077 WARSZAWA-WESOŁA	POL	M5 60+	21	M 274	00:34:07				7:45	7.7
401	BAJOREK JACEK	21		WYSZKÓW	POL	M3 40-49 LAT	127	M 275	00:34:32				7:50	7.6
402	SZULAWSKI ROBERT	360	GSD ŻOLIBORZ	WARSZAWA	POL	M4 50-59	49	M 276	00:34:33				7:51	7.6
403	ŻOŁCIŃSKI WALDEMAR	428	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M5 60+	22	M 277	00:34:50				7:54	7.6
404	GŁOWACKA ELŻBIETA	129	TEAM ZABIEGANEDNI	WARSZAWA	POL	K5 60 +	4	K 127	00:35:07				7:58	7.5
405	WÓJTOWICZ AGNIESZKA	407		WARSZAWA	POL	K3 40-49 LAT	62	K 128	00:35:35				8:05	7.4
406	DĄBROWA BARTOSZ	89	BIAŁOŁĘKA PRZYSZŁOŚCI	WARSZAWA	POL	M1 < 29 LAT	18	M 278	00:35:55				8:09	7.4
407	ZIĘC ARTUR	419		WARSZAWA	POL	M4 50-59	50	M 279	00:36:07				8:12	7.3
408	SOLAREK KINGA	5		WARSZAWA	POL	K2 30-39 LAT	40	K 129	00:36:14				8:14	7.3
409	GIERANOWSKI MARCIN	126	GIERAN	WARSZAWA	POL	M3 40-49 LAT	128	M 280	00:36:17				8:14	7.3
410	KUCICKI KRZYSZTOF	209		WARSZAWA	POL	M3 40-49 LAT	129	M 281	00:36:26				8:16	7.2
411	LACH MARTA	215	SLOW JOGGING BIAŁOŁĘKA	WARSZAWA	POL	K3 40-49 LAT	63	K 130	00:37:11				8:27	7.1
412	NASKRĘT MARIUSZ	263		RACOT	POL	M3 40-49 LAT	130	M 282	00:39:40				9:00	6.7
413	OGOŃCZYK DONATA	272		SEROCK	POL	K2 30-39 LAT	41	K 131	00:39:47				9:02	6.6
414	BOHDZIEWICZ IZABELA	49		WARSZAWA	POL	K2 30-39 LAT	42	K 132	00:40:12				9:08	6.6
415	SŁOTWIŃSKA MARTYNA	493		LEGIONOWO	POL	K1 < 29 LAT	8	K 133	00:42:01				9:32	6.3
416	KRUPINIEWICZ ANTONI	69	SKORPION	LEGIONOWO	POL	M4 50-59	51	M 283	00:42:06				9:34	6.3
417	WALASIK AGNIESZKA	384		WARSZAWA	POL	K3 40-49 LAT	64	K 134	00:44:27				10:06	5.9
418	CZECHOWSKI JERZY	86	MZA WARSZAWA	WARSZAWA	POL	M5 60+	23	M 284	00:44:38				10:08	5.9
419	SZOT AGNIESZKA	357		ŁÓDŹ	POL	K4 50-59 LAT	17	K 135	00:48:20				10:59	5.5
420	REDA ALICJA	305	NW CZĘŁPSKI TEAM	WARSZAWA	POL	K5 60 +	5	K 136	00:51:59				11:48	5.1
421	NIEWCZAS ZDZISŁAW	265		WARSZAWA	POL	M5 60+	24	M 285	00:56:26				12:49	4.7
422	BRZĄKAŁA RENATA	53	SLOW JOGGING BIAŁOŁĘKA	WARSZAWA	POL	K4 50-59 LAT	18	K 137	01:02:56				14:18	4.2
423	KAMIŃSKI WALDEMAR	9	SLOW JOGGING BIAŁOŁĘKA	WARSZAWA	POL	M4 50-59	52	M 286	01:02:58				14:18	4.2
424	PIOTROWSKI JAN	446	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M2 30-39 LAT	63	M 287	01:09:28				15:47	3.8
425	REGUCKI RYSZARD REGUCKI	306		WARSZAWA	POL	M3 40-49 LAT	131	M 288	01:36:44				21:59	2.7

BIAŁOŁĘCKI BIEG WOLNOŚCI, OPEN Kobiety

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.4km	8.7km	Netto	Brutto	min/km	km/h
1	ŚLUSARCZYK KATARZYNA	367	OK!SPORT	WARSZAWA	POL	K2 30-39 LAT	1	K 1	00:21:24	00:42:00	01:02:42.00	01:02:42.00	4:49	12.4
2	HASS-KALITA JOANNA	436	WARSAW MASTERS TEAM	KOBYŁKA	POL	K3 40-49 LAT	1	K 2	00:21:19	00:43:05	01:04:53.20	01:04:59.60	4:59	12
3	MEJKA MAŁGORZATA	234		LUBAWA	POL	K2 30-39 LAT	2	K 3	00:22:33	00:43:45	01:06:19.50	01:06:53.80	5:06	11.8
4	KRAJEWSKA KLAUDIA	469		LEGIONOWO	POL	K1 < 29 LAT	1	K 4	00:21:44	00:44:16	01:07:20.05	01:07:25.40	5:10	11.6
5	SZYSZKO EWA	366	MARKOWI BIEGACZE	MARKI	POL	K3 40-49 LAT	2	K 5	00:23:46	00:46:42	01:10:28.05	01:10:42.15	5:25	11.1
6	NEJFELD HANNA	264	BIEGAJĄCE ZĄBKI	ZĄBKI	POL	K3 40-49 LAT	3	K 6	00:23:42	00:47:14	01:10:52.00	01:11:06.85	5:27	11
7	DROGOSZEWSKA MAGDALENA	97		WARSZAWA	POL	K2 30-39 LAT	3	K 7	00:23:58	00:47:39	01:11:20.60	01:11:31.80	5:29	10.9
8	ZWARDON EWA	424	KLUB BIEGACZA RTV EURO AGD	WARSZAWA	POL	K3 40-49 LAT	4	K 8	00:24:17	00:47:47	01:11:23.30	01:11:34.85	5:29	10.9
9	KALICZYŃSKA WIOLETTA	171	PROJEKT1000UP/OZZKS MOZ GDAŃSK	RUMIA	POL	K3 40-49 LAT	5	K 9	00:24:01	00:47:50	01:12:30.55	01:12:56.85	5:34	10.8
10	TARNOWSKA NIKA	451		TORUŃ	POL	K2 30-39 LAT	4	K 10	00:24:18	00:48:30	01:12:33.20	01:12:46.80	5:34	10.8
11	WINKOWSKA-STRUZIK MAGDALENA	396	DUKLANOWSKI TEAM	WARSZAWA	POL	K2 30-39 LAT	5	K 11	00:24:15	00:48:37	01:12:46.25	01:13:00.85	5:35	10.7

BIAŁOŁĘCKI BIEG WOLNOŚCI, OPEN Kobiety c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.4km	8.7km	Netto	Brutto	min/km	km/h
12	JODŁOWSKA KLAUDIA	165		WARSZAWA	POL	K1 < 29 LAT	2	K 12	00:24:07	00:48:21	01:13:26.85	01:13:36.95	5:38	10.6
13	SERAFIN-GORSZKOWSKA PAULINA	326		WROCLAW	POL	K3 40-49 LAT	6	K 13	00:24:34	00:48:48	01:13:30.55	01:13:52.70	5:39	10.6
14	BORUC MAGDALENA	50	MILWAUKEE POLSKA	WARSZAWA	POL	K2 30-39 LAT	6	K 14	00:23:58	00:48:43	01:13:34.35	01:13:45.35	5:39	10.6
15	SIEWRUK KATARZYNA	442	WARSAW RUN CLUB	WARSZAWA	POL	K3 40-49 LAT	7	K 15	00:24:19	00:48:43	01:13:49.70	01:13:57.60	5:40	10.6
16	NAPIONTEK MARIA	262		WARSZAWA	POL	K2 30-39 LAT	7	K 16	00:24:48	00:49:44	01:14:33.45	01:14:42.30	5:44	10.5
17	TYM JOANNA	381		WARSZAWA	POL	K3 40-49 LAT	8	K 17	00:25:20	00:50:03	01:14:39.60	01:14:52.00	5:44	10.4
18	MAJ KAMILA	228		WARSZAWA	POL	K2 30-39 LAT	8	K 18	00:24:02	00:48:59	01:14:51.35	01:14:57.20	5:45	10.4
19	ŻURANIEWSKA AGNIESZKA	429	TEAM PARSZCZYŃSKICH	WARSZAWA	POL	K3 40-49 LAT	9	K 19	00:25:10	00:49:48	01:15:00.80	01:15:41.90	5:46	10.4
20	KĄDZIOŁKA BEATA	177		STALOWA WOLA	POL	K2 30-39 LAT	9	K 20	00:24:44	00:50:08	01:16:32.70	01:16:42.20	5:53	10.2
21	SŁOMCZYŃSKA KAROLINA	337		WARSZAWA	POL	K1 < 29 LAT	3	K 21	00:25:51	00:51:13	01:16:55.10	01:17:53.65	5:55	10.1
22	TOMCZUK-KUZKA KATARZYNA	460		WARSZAWA	POL	K3 40-49 LAT	10	K 22	00:25:52	00:51:02	01:17:05.10	01:18:32.70	5:55	10.1
23	GRZECHNIK RENATA	144	MKB DREPTAK	MIŃSK MAZOWIECKI	POL	K3 40-49 LAT	11	K 23	00:26:10	00:51:40	01:17:07.05	01:18:19.05	5:55	10.1
24	ŚWIERCZ IWONA	368	BYLEDOBIEC ANIN	WARSZAWA	POL	K4 50-59 LAT	1	K 24	00:25:41	00:51:39	01:17:14.00	01:17:25.90	5:56	10.1
25	WALECKA WIKTORIA	443	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	K2 30-39 LAT	10	K 25	00:25:31	00:51:26	01:17:40.25	01:18:25.55	5:58	10
26	MIKA ANNA	245		ZĄBKI	POL	K1 < 29 LAT	4	K 26	00:25:37	00:51:49	01:17:47.50	01:18:17.50	5:59	10
27	RZYMOWSKA KRYSZYNA	320	NEW BALANCE RUN CLUB	WARSZAWA	POL	K4 50-59 LAT	2	K 27	00:26:48	00:52:37	01:17:53.35	01:18:19.55	5:59	10
28	WINDLOCH EMILIA	395	ZABIEGANY WOŁOMIN	KOBYŁKA	POL	K2 30-39 LAT	11	K 28	00:27:52	00:53:02	01:18:00.90	01:19:10.75	6:00	10
29	DYDERSKA WIOLETTA	101		WARSZAWA	POL	K3 40-49 LAT	12	K 29	00:25:51	00:52:00	01:18:35.05	01:18:54.15	6:02	9.9
30	IZDEBSKA KAROLINA	156	AKTYWNA WARSZAWA	WARSZAWA	POL	K2 30-39 LAT	12	K 30	00:26:16	00:52:23	01:19:18.25	01:19:50.65	6:06	9.8
31	BUCHAŁSKA EWA	54	EKOBIEGI	WARSZAWA	POL	K4 50-59 LAT	3	K 31	00:27:02	00:53:26	01:20:04.55	01:21:28.15	6:09	9.7
32	WOJDAK ANNA	403		PIASTÓW	POL	K3 40-49 LAT	13	K 32	00:26:38	00:53:16	01:20:14.05	01:21:13.05	6:10	9.7
33	WESOŁOWSKA MONIKA	388	ZABIEGANA	NIEPOREŃ	POL	K2 30-39 LAT	13	K 33	00:26:33	00:53:34	01:20:42.35	01:21:00.20	6:12	9.7
34	FILIPOWICZ NATALIA	113		WARSZAWA	POL	K1 < 29 LAT	5	K 34	00:29:26	00:54:52	01:21:19.40	01:21:43.15	6:15	9.6
35	KAPUŚCIAREK ELŻBIETA	457		ŁOMIANKI	POL	K3 40-49 LAT	14	K 35	00:27:40	00:54:05	01:22:05.90	01:22:45.50	6:18	9.5
36	CHMIELOWIEC ANNA	64		WARSZAWA	POL	K3 40-49 LAT	15	K 36	00:26:26	00:53:44	01:22:09.50	01:22:21.05	6:19	9.5
37	FURMANIAK PAŃCZAK JOANNA	117	TEAM PARSZCZYŃSKICH	WARSZAWA	POL	K2 30-39 LAT	14	K 37	00:28:18	00:55:14	01:22:17.75	01:23:05.10	6:19	9.5
38	GUSZCZA EWA	148	MARKOWI BIEGACZE	MARKI	POL	K3 40-49 LAT	16	K 38	00:27:32	00:54:21	01:22:18.10	01:22:48.10	6:19	9.5
39	ZUBELEWICZ-JERUZALSKA ANNA	423		WARSZAWA	POL	K2 30-39 LAT	15	K 39	00:28:20	00:55:17	01:22:20.20	01:23:05.05	6:20	9.5
40	CABAŃSKA DOROTA	58		ŁOMIANKI	POL	K3 40-49 LAT	17	K 40	00:28:42	00:55:39	01:22:53.65	01:23:39.95	6:22	9.4
41	ADAMCZUK AGNIESZKA	14	MARKOWI BIEGACZE	MARKI	POL	K3 40-49 LAT	18	K 41	00:27:59	00:55:51	01:23:04.10	01:23:33.80	6:23	9.4
42	TULA RENATA	379	NEW BALANCE RUN CLUB	WARSZAWA	POL	K5 60 +	1	K 42	00:27:32	00:55:26	01:23:12.65	01:23:20.05	6:24	9.4
43	KARASIEWICZ KATARZYNA	174		KULIGÓW	POL	K4 50-59 LAT	4	K 43	00:27:14	00:55:01	01:23:28.80	01:23:56.55	6:25	9.3
44	STOLARSKA PAULINA	349	WARSAW RUN CLUB	WARSZAWA	POL	K2 30-39 LAT	16	K 44	00:29:48	00:57:08	01:23:57.25	01:25:03.65	6:27	9.3
45	MAJ MAGDALENA	449		WARSZAWA	POL	K2 30-39 LAT	17	K 45	00:29:59	00:58:34	01:26:03.70	01:27:09.30	6:37	9.1
46	SIWEK EWA	330	TUPTUŚ OTWOCK	OTWOCK	POL	K3 40-49 LAT	19	K 46	00:29:09	00:58:08	01:26:16.35	01:26:35.55	6:38	9
47	MYŚLIŃSKA ANNA	75	BIAŁOŁĘKA JEST KOBIETĄ	WARSZAWA	POL	K3 40-49 LAT	20	K 47	00:29:04	00:57:06	01:26:18.50	01:26:55.50	6:38	9
48	WŁODARCZYK ANNA	402	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	K3 40-49 LAT	21	K 48	00:29:40	00:58:25	01:27:24.45	01:28:18.70	6:43	8.9
49	GRUZD ANNA	141	TRIATHLON TARCHOMIN TEAM	WARSZAWA	POL	K3 40-49 LAT	22	K 49	00:29:49	00:58:40	01:27:53.20	01:28:40.20	6:45	8.9
50	KĘDZIOREK ELA	179		WIĄZOWNA	POL	K2 30-39 LAT	18	K 50	00:31:40	01:00:10	01:28:18.40	01:29:34.35	6:47	8.8
51	BARNAS ILONA	29	PRETTYFITTYTEAM	WARSZAWA	POL	K2 30-39 LAT	19	K 51	00:31:46	01:00:43	01:28:28.20	01:29:24.90	6:48	8.8
52	RZEPNIEWSKA JOANNA	319	MARKOWI BIEGACZE	MARKI	POL	K3 40-49 LAT	23	K 52	00:28:36	00:58:23	01:29:01.10	01:29:16.55	6:50	8.8
53	SKELTON SARAH	332	VEGE RUNNERS	WARSZAWA	POL	K2 30-39 LAT	20	K 53	00:32:08	01:01:41	01:30:11.10	01:31:23.90	6:56	8.6
54	FLORCZUK AGNIESZKA	115	EKOBIEGI	WARSZAWA	POL	K4 50-59 LAT	5	K 54	00:31:43	01:00:38	01:30:29.15	01:31:28.45	6:57	8.6
55	GONET KATARZYNA	132		WARSZAWA	POL	K3 40-49 LAT	24	K 55	00:30:34	01:00:12	01:30:34.35	01:31:50.80	6:58	8.6
56	CZAJKA JUSTYNA	82		PRUSZKÓW	POL	K3 40-49 LAT	25	K 56	00:30:35	01:00:06	01:30:48.05	01:31:41.10	6:59	8.6
57	SZYBOWSKA-SZYMCZAK JOANNA	363	SW - AŚ GRÓJEC	KOCERANY	POL	K2 30-39 LAT	21	K 57	00:29:22	00:59:57	01:30:49.85	01:31:09.85	6:59	8.6
58	BORAWSKA EMILIA	458	BEMOWO BIEGA	WARSZAWA	POL	K2 30-39 LAT	22	K 58	00:33:11	01:02:17	01:30:58.30	01:32:07.30	6:59	8.6
59	HRYCIUK KATARZYNA	155	EKOBIEGI	WARSZAWA	POL	K3 40-49 LAT	26	K 59	00:33:05	01:01:57	01:31:01.70	01:32:26.30	7:00	8.6
60	MATUSIK KAROLINA	494		MARKI	POL	K1 < 29 LAT	6	K 60	00:31:09	01:01:08	01:31:06.70	01:31:48.10	7:00	8.6
61	GŁÓWCZYŃSKA MAŁGORZATA	131	MARKOWI BIEGACZE	MARKI	POL	K3 40-49 LAT	27	K 61	00:31:03	01:00:54	01:31:29.30	01:31:58.80	7:02	8.5
62	JARMUŻEWSKA TERESA	160	TIA	WARSZAWA	POL	K4 50-59 LAT	6	K 62	00:32:42	01:01:52	01:31:29.55	01:33:01.75	7:02	8.5
63	JANKOWSKA WIOLA	159		WARSZAWA	POL	K3 40-49 LAT	28	K 63	00:33:24	01:04:06	01:32:18.95	01:33:54.85	7:06	8.5
64	SZULC KASIA	361		ZĄBKI	POL	K3 40-49 LAT	29	K 64	00:29:44	01:00:57	01:32:34.05	01:33:02.00	7:07	8.4
65	KACZMAREK KATARZYNA	169	MARKOWI BIEGACZE	MARKI	POL	K2 30-39 LAT	23	K 65	00:30:39	01:01:22	01:32:49.10	01:34:05.15	7:08	8.4
66	CZARTORYSKA ANNA	84		WARSZAWA	POL	K3 40-49 LAT	30	K 66	00:32:49	01:02:16	01:32:51.50	01:34:00.15	7:08	8.4
67	CZERWIEC MAŁGORZATA	88		MARKI	POL	K2 30-39 LAT	24	K 67	00:33:18	01:03:23	01:33:29.15	01:35:14.35	7:11	8.3
68	SROCZYŃSKA JUSTYNA	343	OSTRESROKI	PIASECZNO K. WARSZAWY	POL	K3 40-49 LAT	31	K 68	00:30:35	01:02:07	01:33:33.20	01:33:50.30	7:11	8.3

BIAŁOLEŃKI BIEG WOLNOŚCI, OPEN Kobiety c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.4km	8.7km	Netto	Brutto	min/km	km/h
69	OSTAPIŃSKA MAGDA	282		PIASECZNO	POL	K3 40-49 LAT	32	K 69	00:30:36	01:02:07	01:33:34.10	01:33:50.75	7:11	8.3
70	SZCZECHOWICZ MARTA	478				K3 40-49 LAT	33	K 70	00:31:53	01:01:52	01:34:05.15	01:35:01.85	7:14	8.3
71	ŁUCZAK MAŁGORZATA	224	RUNNERSI ZE SKARBKA	WARSZAWA	POL	K3 40-49 LAT	34	K 71	00:30:41	01:02:19	01:34:38.05	01:35:16.55	7:16	8.2
72	MOCKO ANITA	255	MARKOWI BIEGACZE	MARKI	POL	K3 40-49 LAT	35	K 72	00:31:17	01:03:06	01:35:26.75	01:35:51.35	7:20	8.2
73	MIAŚKO RENATA	238	12TRI.PL	WARSZAWA	POL	K4 50-59 LAT	7	K 73	00:30:29	01:01:59	01:35:29.35	01:36:21.35	7:20	8.2
74	KOCIK ELŻBIETA	6		WARSZAWA	POL	K3 40-49 LAT	36	K 74	00:33:09	01:03:36	01:35:43.40	01:37:12.35	7:21	8.1
75	SOŁDECKA ANNA	341		WARSZAWA	POL	K4 50-59 LAT	8	K 75	00:33:11	01:04:30	01:35:47.65	01:37:30.40	7:22	8.1
76	GALIŃSKA MAGDALENA	120	WARSZAWSKI ZAULEK	LEGIONOWO	POL	K2 30-39 LAT	25	K 76	00:32:42	01:03:54	01:35:55.00	01:37:27.30	7:22	8.1
77	KRASUSKA MAGDALENA	445		WARSZAWA	POL	K2 30-39 LAT	26	K 77	00:32:44	01:04:20	01:36:18.45	01:37:23.40	7:24	8.1
78	LEZNER KAROLINA	220		WARSZAWA	POL	K2 30-39 LAT	27	K 78	00:33:16	01:04:36	01:36:47.45	01:38:08.90	7:26	8.1
79	ZIARKO JOANNA	416		WARSZAWA	POL	K3 40-49 LAT	37	K 79	00:31:57	01:03:31	01:37:05.25	01:37:39.10	7:28	8
80	KOCHMAN IWONA	183	VEGE RUNNERS	WARSZAWA	POL	K4 50-59 LAT	9	K 80	00:33:53	01:05:58	01:37:22.40	01:38:07.25	7:29	8
81	RUDNICKA AGATA	313		WARSZAWA	POL	K4 50-59 LAT	10	K 81	00:33:16	01:05:07	01:37:48.40	01:38:49.05	7:31	8
82	WINIARSKA IZA	77	OBROŃCÓW TOBRUKU 40 , 01-494 WARSZAWA	WARSZAWA	POL	K3 40-49 LAT	38	K 82	00:31:25	01:04:50	01:39:01.75	01:39:16.45	7:37	7.9
83	DZIERŻANOWSKA KINGA	106		WARSZAWA	POL	K2 30-39 LAT	28	K 83	00:33:14	01:05:22	01:39:10.75	01:39:50.85	7:37	7.9
84	PRZETAKIEWICZ MAGDALENA	297		WARSZAWA	POL	K3 40-49 LAT	39	K 84	00:33:47	01:06:06	01:39:19.75	01:40:40.60	7:38	7.9
85	MIERZEJEWSKA-JASIŃSKA MARTYNA	244	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	K2 30-39 LAT	29	K 85	00:34:40	01:06:34	01:39:28.95	01:40:30.30	7:39	7.8
86	CHOJNOWSKA MARTA	68		SULEJÓWEK	POL	K2 30-39 LAT	30	K 86	00:33:54	01:06:32	01:40:31.55	01:41:49.65	7:43	7.8
87	TORZEWSKA AGNIESZKA	376		WARSZAWA	POL	K3 40-49 LAT	40	K 87	00:33:09	01:05:19	01:40:49.05	01:41:40.00	7:45	7.7
88	MONIKA LEWANDOWSKA	256		WARSZAWA	POL	K3 40-49 LAT	41	K 88	00:33:40	01:06:38	01:41:14.15	01:41:52.85	7:47	7.7
89	WIŚNIEWSKA-DUDA ANNA	397		WARSZAWA	POL	K2 30-39 LAT	31	K 89	00:34:49	01:07:20	01:41:31.80	01:41:45.30	7:48	7.7
90	KOZŁOWSKA-KAWYJCZ KAROLINA	201	ROZBIEGANE MICHALOWICE	KOMORÓW	POL	K3 40-49 LAT	42	K 90	00:33:44	01:07:36	01:41:42.50	01:43:01.50	7:49	7.7
91	ZATYLNA JOANNA	410		WARSZAWA	POL	K2 30-39 LAT	32	K 91	00:33:01	01:05:29	01:42:14.65	01:43:45.00	7:51	7.6
92	GROCHOWSKA JOANNA	444	BIEGAMY Z OCHOTĄ	WARSZAWA	POL	K4 50-59 LAT	11	K 92	00:35:38	01:08:24	01:43:06.20	01:44:35.45	7:55	7.6
93	ZBIŃKOWSKA DOROTA	412		WARSZAWA	POL	K3 40-49 LAT	43	K 93	00:33:08	01:07:29	01:43:06.25	01:43:57.35	7:55	7.6
94	MNISZKO URSZULA	254	MARKOWI BIEGACZE	MARKI	POL	K3 40-49 LAT	44	K 94	00:33:20	01:07:13	01:43:27.55	01:44:00.30	7:57	7.5
95	BALCERZAK-JAŁTUSZEWSKA KATARZYNA	479	MARKOWI BIEGACZE		POL	K3 40-49 LAT	45	K 95	00:33:22	01:07:15	01:43:29.10	01:43:59.50	7:57	7.5
96	WINDER AGNIESZKA	394		WARSZAWA	POL	K3 40-49 LAT	46	K 96	00:34:00	01:07:38	01:43:56.45	01:45:03.55	7:59	7.5
97	LESZCZYŃSKA MARLENA	219		WARSZAWA	POL	K2 30-39 LAT	33	K 97	00:33:53	01:08:49	01:44:46.35	01:46:11.95	8:03	7.4
98	STEFAŃSKA JOANNA	346		WARSZAWA	POL	K3 40-49 LAT	47	K 98	00:34:34	01:09:12	01:46:37.35	01:47:04.55	8:12	7.3
99	ŁAĆKA ILONA	12	BIAŁOLEKA JEST KOBIETĄ	WARSZAWA	POL	K4 50-59 LAT	12	K 99	00:34:44	01:10:05	01:46:58.40	01:48:24.80	8:13	7.3
100	STĘPIŃSKA ANNA	348		WARSZAWA	POL	K1 < 29 LAT	7	K 100	00:35:34	01:10:39	01:46:59.85	01:47:53.80	8:13	7.3
101	GÓRECKA ANNA	136		WARSZAWA	POL	K3 40-49 LAT	48	K 101	00:34:48	01:10:50	01:47:26.80	01:47:44.35	8:15	7.3
102	WIŚNIEWSKA KATARZYNA	398	INDYWIDUALISTKA	WARSZAWA	POL	K4 50-59 LAT	13	K 102	00:35:09	01:11:32	01:49:04.90	01:50:02.40	8:23	7.2
103	MIKOŚ TERESA	248		OTWOCK	POL	K4 50-59 LAT	14	K 103	00:35:47	01:13:22	01:51:12.25	01:52:51.05	8:33	7
104	TOMASZEWSKA MARIOLA	374		WARSZAWA	POL	K4 50-59 LAT	15	K 104	00:37:12	01:17:30	01:51:40.35	01:52:15.65	8:35	7
105	ŁOZOWSKA DOROTA	223		WARSZAWA	POL	K3 40-49 LAT	49	K 105	00:35:44	01:13:16	01:51:51.20	01:53:38.10	8:36	7
106	SIMIŃSKA MARTA	81		WARSZAWA	POL	K3 40-49 LAT	50	K 106	00:35:53	01:12:36	01:52:15.05	01:52:53.25	8:38	6.9
107	METELSKA MAGDALENA	235		WARSZAWA	POL	K3 40-49 LAT	51	K 107	00:34:06	01:11:08	01:54:21.25	01:54:42.50	8:47	6.8
108	REMBERK DANUTA	308		WARSZAWA	POL	K5 60 +	2	K 108	00:38:16	01:16:51	01:56:23.40	01:58:07.30	8:57	6.7
109	KOLASA BARBARA	186	KLUB J.SŁOWACKIEGO	WARSZAWA-WESOŁA	POL	K5 60 +	3	K 109	00:38:53	01:18:49	01:57:38.70	01:57:46.60	9:02	6.6
110	ROMANOWSKA EWA	311		WARSZAWA	POL	K2 30-39 LAT	34	K 110	00:30:07	01:00:20			6:56	8.7
111	MĘDEL MARTA	236		MARKI	POL	K3 40-49 LAT	52	K 111	00:32:46	01:03:56			7:20	8.2
112	KUJAWSKA JOANNA	211	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	K3 40-49 LAT	53	K 112	00:33:28	01:06:07			7:35	7.9
113	OPONSKA EMILIA	278	BIEGAM NA TARCHOMINIE	JABŁONNA	POL	K2 30-39 LAT	35	K 113	00:32:31	01:06:15			7:36	7.9
114	STĘPLEWSKA MAŁGORZATA	453		WARSZAWA	POL	K3 40-49 LAT	54	K 114	00:33:46	01:06:25			7:38	7.9
115	MAJCHRZAK ANNA	3		WARSZAWA	POL	K2 30-39 LAT	36	K 115	00:35:55	01:09:33			7:59	7.5
116	ROGUSKA MAGDALENA	500	BIAŁOLEKA JEST KOBIETĄ	WARSZAWA	POL	K3 40-49 LAT	55	K 116	00:35:56	01:09:34			7:59	7.5
117	SIERZPUTOWSKA EWA	329	SIE_BIEGA	WARSZAWA PRAGA PÓŁNOC	POL	K4 50-59 LAT	16	K 117	00:33:21	01:09:55			8:02	7.5
118	OLSZEWSKA MARIOLA	7	RAZEM DLA BIAŁOLEKI	WARSZAWA	POL	K3 40-49 LAT	56	K 118	00:35:20	01:10:25			8:05	7.4
119	TELAKOWSKA ANITA	372		WARSZAWA	POL	K3 40-49 LAT	57	K 119	00:35:15	01:11:23			8:12	7.3
120	FAJKOWSKA-KOSIEC ANNA	108		WARSZAWA	POL	K3 40-49 LAT	58	K 120	00:35:17	01:12:18			8:18	7.2
121	SAJEWSKA KAROLINA	321		WARSZAWA	POL	K2 30-39 LAT	37	K 121	00:37:11	01:17:30			8:54	6.7
122	KUNDYS KAROLINA	433		WARSZAWA	POL	K2 30-39 LAT	38	K 122	00:29:55	01:22:31			9:29	6.3
123	WILCZYŃSKA MAŁGORZATA	391		WARSZAWA	POL	K3 40-49 LAT	59	K 123	00:49:45	01:51:00			12:45	4.7
124	SCHINDLER ŻANETA	323		WARSZAWA	POL	K3 40-49 LAT	60	K 124	00:25:59				5:54	10.2

BIAŁOŁĘCKI BIEG WOLNOŚCI, OPEN Kobiety c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.4km	8.7km	Netto	Brutto	min/km	km/h
125	REGULSKA EWA	307		WARSZAWA	POL	K2 30-39 LAT	39	K 125	00:29:27				6:41	9
126	BISOWSKA KATARZYNA	45	A NA CO TO KOMU POTRZEBNE	KOBYŁKA	POL	K3 40-49 LAT	61	K 126	00:31:34				7:10	8.4
127	GŁOWACKA ELŻBIETA	129	TEAM ZABIEGANEDNI	WARSZAWA	POL	K5 60 +	4	K 127	00:35:07				7:58	7.5
128	WÓJTOWICZ AGNIESZKA	407		WARSZAWA	POL	K3 40-49 LAT	62	K 128	00:35:35				8:05	7.4
129	SOLAREK KINGA	5		WARSZAWA	POL	K2 30-39 LAT	40	K 129	00:36:14				8:14	7.3
130	LACH MARTA	215	SLOW JOGGING BIAŁOŁĘKA	WARSZAWA	POL	K3 40-49 LAT	63	K 130	00:37:11				8:27	7.1
131	OGOŃCZYK DONATA	272		SEROCK	POL	K2 30-39 LAT	41	K 131	00:39:47				9:02	6.6
132	BOHDZIEWICZ IZABELA	49		WARSZAWA	POL	K2 30-39 LAT	42	K 132	00:40:12				9:08	6.6
133	SŁOTWIŃSKA MARTYNA	493		LEGIONOWO	POL	K1 < 29 LAT	8	K 133	00:42:01				9:32	6.3
134	WALASIK AGNIESZKA	384		WARSZAWA	POL	K3 40-49 LAT	64	K 134	00:44:27				10:06	5.9
135	SZOT AGNIESZKA	357		ŁÓDŹ	POL	K4 50-59 LAT	17	K 135	00:48:20				10:59	5.5
136	REDA ALICJA	305	NW CZŁĄPSKI TEAM	WARSZAWA	POL	K5 60 +	5	K 136	00:51:59				11:48	5.1
137	BRZĄKAŁA RENATA	53	SLOW JOGGING BIAŁOŁĘKA	WARSZAWA	POL	K4 50-59 LAT	18	K 137	01:02:56				14:18	4.2

BIAŁOŁĘCKI BIEG WOLNOŚCI, OPEN Mężczyźni

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.4km	8.7km	Netto	Brutto	min/km	km/h
1	FALKOWSKI BARTŁOMIEJ	459	PIEKIELNI WARSZAWA	WARSZAWA	POL	M2 30-39 LAT	1	M 1	00:17:14	00:34:14	00:51:19.70	00:51:21.15	3:56	15.2
2	DEMBOWSKI MARIUSZ	93	H+H POLSKA	LIDZBARK	POL	M2 30-39 LAT	2	M 2	00:17:15	00:34:14	00:51:33.85	00:51:35.40	3:57	15.1
3	KUŚMIERZ SYLWESTER	214	MARKOWI BIEGACZE	MARKI	POL	M3 40-49 LAT	1	M 3	00:17:17	00:34:46	00:52:44.90	00:52:46.45	4:03	14.8
4	MARSZAŁ MARIUSZ	231	PRL TRANSPORT	NOWY DWÓR MAZOWIECKI	POL	M2 30-39 LAT	3	M 4	00:17:43	00:35:53	00:54:17.75	00:54:20.05	4:10	14.4
5	KRZEMPEK ALEKSANDER	205	BIEGANIEPO40.PL	BIELSKO-BIAŁA	POL	M3 40-49 LAT	2	M 5	00:17:46	00:36:07	00:54:41.15	00:54:43.15	4:12	14.3
6	SKWARCZ PAWEŁ	336		WARSZAWA	POL	M2 30-39 LAT	4	M 6	00:18:04	00:36:47	00:55:16.35	00:55:18.85	4:15	14.1
7	DUTKIEWICZ MACIEJ	483		WARSZAWA	POL	M2 30-39 LAT	5	M 7	00:17:41	00:35:59	00:55:35.50	00:55:39.00	4:16	14
8	BAŁAJ KRZYSZTOF	24	DECATHLON	WARSZAWA	POL	M1 < 29 LAT	1	M 8	00:18:30	00:37:10	00:55:55.35	00:55:59.90	4:18	13.9
9	ŁABĘDZKI KONRAD	222	DUKLANOWSKI TEAM	WARSZAWA	POL	M2 30-39 LAT	6	M 9	00:18:49	00:37:42	00:56:09.10	00:56:11.40	4:19	13.9
10	MIEDZIEJEWSKI ANDRZEJ	242	RATE MY TRAIL TEAM PRO	PRUSZKÓW	POL	M2 30-39 LAT	7	M 10	00:18:20	00:37:23	00:56:44.85	00:56:47.45	4:21	13.7
11	GOZDEK RADEK	135	BIEGANIEPO40.PL	WARSZAWA	POL	M3 40-49 LAT	3	M 11	00:18:48	00:37:41	00:57:01.65	00:57:03.70	4:23	13.7
12	ABU NAHIA KARIM	11	NADAKTYWNI TORUŃ	TORUŃ	POL	M1 < 29 LAT	2	M 12	00:18:48	00:37:42	00:57:13.30	00:57:16.10	4:24	13.6
13	WASILEWSKI ADAM	387		DOBRE	POL	M2 30-39 LAT	8	M 13	00:18:26	00:37:51	00:57:32.75	00:57:36.40	4:25	13.6
14	GRYGO PAWEŁ	143	GRYGO TEAM	ŁÓMŻA	POL	M3 40-49 LAT	4	M 14	00:18:48	00:38:00	00:57:34.40	00:57:37.80	4:25	13.5
15	GAŁUSZKA FILIP	121	KOKOSZKA36TEAM	WARSZAWA	POL	M2 30-39 LAT	9	M 15	00:19:41	00:38:57	00:58:14.65	00:58:23.15	4:28	13.4
16	GORTAT IGOR	134	KB TKKF PROMYK CIECHANÓW	GLINOJEK	POL	M2 30-39 LAT	10	M 16	00:19:28	00:39:00	00:58:34.90	00:58:39.05	4:30	13.3
17	WÓJCIK DARIUSZ	435	OK!SPORT	WARSZAWA	POL	M4 50-59	1	M 17	00:18:59	00:38:32	00:58:41.40	00:58:45.85	4:30	13.3
18	KLECZEWSKI PIOTR	455	UKS FILIPIDES TERESIN	WARSZAWA	POL	M1 < 29 LAT	3	M 18	00:18:59	00:38:58	00:58:45.15	00:58:48.20	4:31	13.3
19	MIOTK MARCIN	252	MIOTK.PL	WARSZAWA	POL	M3 40-49 LAT	6	M 19	00:19:00	00:39:00	00:59:14.15	00:59:16.35	4:33	13.2
20	ANUSIEWICZ ROBERT	17	-	WARSZAWA	POL	M3 40-49 LAT	5	M 20	00:19:24	00:38:50	00:58:57.80	00:59:25.50	4:32	13.2
21	MIELCZAREK KRZYSZTOF	468	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M3 40-49 LAT	7	M 21	00:19:22	00:39:18	00:59:50.50	00:59:53.50	4:36	13
22	RADZIKOWSKI ANDRZEJ	304		KIŚCINNE	POL	M3 40-49 LAT	8	M 22	00:19:59	00:39:51	01:00:19.45	01:00:23.45	4:38	12.9
23	ZYCH MARIUSZ	426	BIEGAJ POD OKIEM TRENERA	WARSZAWA	POL	M3 40-49 LAT	9	M 23	00:19:25	00:39:44	01:00:19.95	01:00:24.40	4:38	12.9
24	FIEDOROW TOMASZ	111	ZK BARCZEWO	BARCZEWO	POL	M2 30-39 LAT	11	M 24	00:19:45	00:40:02	01:00:36.25	01:00:39.15	4:39	12.9
25	KAMIŃSKI PAWEŁ	447	BIEGANIEPO40.PL	WARSZAWA	POL	M3 40-49 LAT	10	M 25	00:19:57	00:40:22	01:00:49.45	01:00:56.00	4:40	12.8
26	SZYBAŁSKI MICHAŁ	362	AKTYWNA WARSZAWA	MARKI	POL	M2 30-39 LAT	12	M 26	00:19:44	00:40:43	01:01:02.70	01:01:04.70	4:41	12.8
27	BISOWSKI MARIUSZ	46	A NA CO TO KOMU POTRZEBNE	KOBYŁKA	POL	M3 40-49 LAT	11	M 27	00:20:14	00:40:49	01:01:05.35	01:01:13.20	4:41	12.8
28	ZIÓŁKOWSKI JACEK	421		WARSZAWA	POL	M4 50-59	2	M 28	00:20:17	00:40:49	01:01:13.15	01:01:15.55	4:42	12.7
29	BIAŁEK PIOTR	39	3BRO - ZK BARCZEWO	OLSZTYN	POL	M3 40-49 LAT	12	M 29	00:20:15	00:40:37	01:01:14.40	01:01:18.30	4:42	12.7
30	CHRAPEK JANUSZ	70	ROSSMANN	WARSZAWA	POL	M3 40-49 LAT	13	M 30	00:20:48	00:41:32	01:02:12.60	01:02:18.90	4:47	12.5
31	GAJEK IRENEUSZ	118		CIECHANÓW	POL	M3 40-49 LAT	14	M 31	00:21:06	00:41:54	01:02:41.60	01:02:47.55	4:49	12.4
32	STRADOMSKI ARTUR	350	MARKOWI BIEGACZE	MARKI	POL	M3 40-49 LAT	15	M 32	00:20:45	00:41:46	01:02:54.40	01:02:59.50	4:50	12.4
33	KOWALIK FILIP	198		WARSZAWA	POL	M1 < 29 LAT	4	M 33	00:19:44	00:40:37	01:03:23.80	01:03:28.65	4:52	12.3
34	ZELENT ARKADIUSZ	415	SĄD REJONOWY W MIŃSKU MAZOWIECKIM	SIEDLCE	POL	M3 40-49 LAT	16	M 34	00:21:10	00:42:06	01:03:25.80	01:03:30.85	4:52	12.3
35	BRALEWSKI TOMASZ	52	BOCIAN KRIS BRAŃSZCZYK	BRAŃSZCZYK	POL	M4 50-59	3	M 35	00:21:37	00:42:41	01:03:25.30	01:03:48.10	4:52	12.3
36	BARANOWSKI JACEK	482		WARSZAWA	POL	M3 40-49 LAT	17	M 36	00:20:33	00:41:57	01:03:47.45	01:03:50.95	4:54	12.2
37	KĄTNIAK PAWEŁ	178		ŁÓDŹ	POL	M2 30-39 LAT	13	M 37	00:21:07	00:42:36	01:04:20.55	01:04:24.35	4:56	12.1
38	SOBOLEWSKI JAKUB	465	BRACTWO BIEGOWE BGK	WARSZAWA	POL	M3 40-49 LAT	18	M 38	00:21:17	00:43:03	01:04:24.10	01:04:45.05	4:57	12.1

BIĄŁOŁĘCKI BIEG WOLNOŚCI, OPEN Mężczyźni c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.4km	8.7km	Netto	Brutto	min/km	km/h
39	WILMOWICZ MICHAŁ	393	ZK BARCZEWO	BARTĄG	POL	M2 30-39 LAT	14	M 39	00:21:12	00:43:03	01:04:41.90	01:04:45.90	4:58	12.1
40	NOWOCIEŃ JACEK	269	UCZNIOWSKI KLUB SPORTOWY RUSIEC	PODKOWA LEŚNA	POL	M5 60+	1	M 40	00:21:10	00:43:10	01:05:08.40	01:05:11.30	5:00	12
41	TOMASZEK ROBERT	373		WARSZAWA	POL	M3 40-49 LAT	20	M 41	00:21:10	00:43:00	01:05:45.75	01:05:49.75	5:03	11.9
42	OSTAPIŃSKI WOJTEK	283	OSTRESROKI	PIASECZNO	POL	M3 40-49 LAT	19	M 42	00:22:25	00:44:14	01:05:37.95	01:05:50.65	5:02	11.9
43	STĘPIEŃ ADAM	347	ANANASY	WARSZAWA	POL	M3 40-49 LAT	21	M 43	00:21:29	00:43:17	01:05:48.40	01:05:54.10	5:03	11.9
44	JUTKIEWICZ MARCIN	168	OBIEGANIU.PL	WARSZAWA	POL	M3 40-49 LAT	22	M 44	00:22:25	00:44:05	01:06:20.20	01:06:32.90	5:06	11.8
45	MANELSKI ARTUR	80	DKŻ	URSZULEWO	POL	M3 40-49 LAT	23	M 45	00:23:21	00:45:17	01:06:44.45	01:07:13.40	5:08	11.7
46	BORKOV SERGII	438		WARSZAWA	POL	M2 30-39 LAT	15	M 46	00:22:32	00:44:36	01:06:52.45	01:07:16.85	5:08	11.7
47	WIECZOREK MICHAŁ	390		WARSZAWA	POL	M4 50-59	4	M 47	00:22:28	00:44:37	01:06:47.95	01:07:20.05	5:08	11.7
48	DOMAŃSKI BŁAŻEJ	464	TRICLUB	WARSZAWA	POL	M3 40-49 LAT	24	M 48	00:22:52	00:45:00	01:07:11.00	01:07:20.70	5:10	11.6
49	MIELCZAREK MAREK	476		WARSZAWA	POL	M3 40-49 LAT	25	M 49	00:22:31	00:44:50	01:07:29.20	01:07:35.00	5:11	11.6
50	TOMCZAK MARCIN	375		CIECHANÓW	POL	M3 40-49 LAT	26	M 50	00:22:27	00:44:53	01:07:31.70	01:07:36.75	5:11	11.6
51	FALANDYSZ JANUSZ	109	WPRUNNING PRUSZKÓW	PRUSZKÓW	POL	M5 60+	2	M 51	00:22:30	00:45:06	01:08:08.45	01:08:11.45	5:14	11.4
52	CZERWIEC ANDRZEJ	87		MARKI	POL	M3 40-49 LAT	27	M 52	00:22:11	00:44:26	01:08:16.30	01:08:37.60	5:15	11.4
53	KŁĄB JACEK	182		WARSZAWA	POL	M3 40-49 LAT	28	M 53	00:23:04	00:45:39	01:08:27.65	01:08:42.60	5:15	11.4
54	BARTCZAK ROBERT	30		WARSZAWA	POL	M4 50-59	5	M 54	00:23:04	00:45:40	01:08:31.40	01:08:44.70	5:16	11.4
55	KODA EUGENIUSZ	185	TEAM ZABIEGANEDNI	WARSZAWA	POL	M5 60+	3	M 55	00:21:52	00:45:08	01:08:36.00	01:08:40.30	5:16	11.4
56	KANIA PAWEŁ	173	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M4 50-59	6	M 56	00:22:56	00:45:51	01:08:40.80	01:09:21.40	5:16	11.4
57	MICHAŁSKI ROBERT	486		WARSZAWA	POL	M2 30-39 LAT	16	M 57	00:22:43	00:45:52	01:08:41.50	01:08:52.35	5:17	11.4
58	BIEDKA ROBERT	472			POL	M3 40-49 LAT	29	M 58	00:23:43	00:46:16	01:08:45.50	01:09:12.70	5:17	11.3
59	KACZUR MARCIN	487			POL	M3 40-49 LAT	30	M 59	00:23:44	00:46:04	01:08:48.25	01:09:50.90	5:17	11.3
60	ZIOMEK MAREK	420		WARSZAWA	POL	M3 40-49 LAT	31	M 60	00:21:52	00:44:58	01:09:02.35	01:09:09.85	5:18	11.3
61	ZDUNEK MICHAŁ	413		WARSZAWA	POL	M3 40-49 LAT	32	M 61	00:22:54	00:46:09	01:09:10.45	01:09:24.95	5:19	11.3
62	PĘDZISZ MICHAŁ	291	AKTYWNA WARSZAWA	WARSZAWA	POL	M3 40-49 LAT	33	M 62	00:23:34	00:46:22	01:09:19.65	01:09:43.45	5:19	11.3
63	MIELCZARSKI BARTOSZ	243		WARSZAWA	POL	M2 30-39 LAT	17	M 63	00:23:43	00:46:31	01:09:21.20	01:09:37.15	5:20	11.2
64	ŚWIERCZ JACEK	369	BYLEDOBIEC ANIN	WARSZAWA	POL	M4 50-59	7	M 64	00:23:04	00:46:18	01:09:39.05	01:10:03.15	5:21	11.2
65	SOBOTA ARTUR	339	DECOARTY.PL	WARSZAWA	POL	M3 40-49 LAT	34	M 65	00:23:11	00:46:15	01:09:48.30	01:10:19.95	5:22	11.2
66	WOŹNIAK TOMASZ	440	ŻOLIBER	WARSZAWA	POL	M3 40-49 LAT	35	M 66	00:22:08	00:45:36	01:09:53.55	01:10:00.10	5:22	11.2
67	JAWORSKI PIOTR	2	MARKOWI BIEGACZE	WARSZAWA	POL	M3 40-49 LAT	36	M 67	00:22:27	00:45:56	01:09:53.75	01:10:01.30	5:22	11.2
68	MIODUSZEWSKI MARCIN	251	AR / UM	WARSZAWA	POL	M2 30-39 LAT	18	M 68	00:24:11	00:47:17	01:09:57.65	01:11:09.35	5:22	11.2
69	GLINKA KAROL	128		PŹETUSK	POL	M2 30-39 LAT	19	M 69	00:24:10	00:47:20	01:10:07.05	01:10:52.65	5:23	11.1
70	SZYMANIK PAWEŁ	364		WARSZAWA	POL	M3 40-49 LAT	37	M 70	00:23:14	00:46:14	01:10:07.95	01:10:31.65	5:23	11.1
71	PUSEK MIKOŁAJ	300		WARSZAWA	POL	M1 < 29 LAT	5	M 71	00:24:50	00:47:39	01:10:24.95	01:11:28.40	5:24	11.1
72	BECZ KAROL	36	SW - AŚ GRÓJEC	BIĄŁOBRZEGI	POL	M2 30-39 LAT	20	M 72	00:22:58	00:46:27	01:10:49.85	01:11:08.10	5:26	11
73	SZPANOWSKI MAREK	359	KAJ TA META TEAM	WARSZAWA	POL	M4 50-59	8	M 73	00:24:02	00:47:27	01:10:57.10	01:11:29.35	5:27	11
74	NACHAJ KRZYSZTOF	260		PIASTÓW	POL	M3 40-49 LAT	38	M 74	00:24:44	00:47:57	01:11:08.80	01:12:06.80	5:28	11
75	CHODKOWSKI KRZYSZTOF	65		WARSZAWA	POL	M3 40-49 LAT	39	M 75	00:25:17	00:48:35	01:11:12.75	01:11:51.80	5:28	11
76	SENATOR ARTUR	325		WARSZAWA	POL	M2 30-39 LAT	21	M 76	00:24:00	00:47:48	01:11:16.85	01:11:27.20	5:28	10.9
77	PRZEPIÓRA ŁUKASZ	296	SW - AŚ GRÓJEC	JULIANÓW	POL	M2 30-39 LAT	22	M 77	00:23:16	00:46:53	01:11:18.05	01:11:18.05	5:29	10.9
78	KISIEL ARTUR	180		PIASECZNO	POL	M3 40-49 LAT	40	M 78	00:23:50	00:47:29	01:11:37.60	01:12:16.10	5:30	10.9
79	MICHALCZYK ARTUR	240		WARSZAWA	POL	M4 50-59	9	M 79	00:23:27	00:47:40	01:11:47.95	01:11:59.90	5:31	10.9
80	TARNOWSKI WITOLD	371	KB TKKF PROMYK CIECHANÓW	CIECHANÓW	POL	M5 60+	4	M 80	00:22:58	00:46:53	01:11:48.10	01:11:54.70	5:31	10.9
81	KUCHAREK PAWEŁ	207		WARSZAWA	POL	M2 30-39 LAT	23	M 81	00:24:05	00:47:56	01:12:20.05	01:12:33.95	5:33	10.8
82	ŁUBIAN MICHAŁ	431	BLUESOFT	GARWOLIN	POL	M3 40-49 LAT	41	M 82	00:23:43	00:47:50	01:12:20.30	01:12:38.80	5:33	10.8
83	FILIPCZUK DARIUSZ	112		ZIELONKA	POL	M4 50-59	10	M 83	00:24:32	00:48:27	01:12:24.75	01:12:50.35	5:34	10.8
84	SZELĄG TOMASZ	356	MKB DREPTAK	MIŃSK MAZOWIECKI	POL	M4 50-59	11	M 84	00:23:19	00:47:26	01:12:25.10	01:12:46.10	5:34	10.8
85	BAZYDŁO JAKUB	33		WARSZAWA	POL	M1 < 29 LAT	6	M 85	00:24:46	00:48:45	01:12:29.10	01:12:48.30	5:34	10.8
86	CNOTA MACIEJ	456		WARSZAWA	POL	M3 40-49 LAT	42	M 86	00:25:05	00:48:52	01:12:42.50	01:14:29.10	5:35	10.7
87	WIDERA TOMASZ	389	KOKOSZKA36TEAM	PRUSZKÓW	POL	M2 30-39 LAT	24	M 87	00:24:16	00:48:44	01:12:54.25	01:13:15.70	5:36	10.7
88	CHĘC TOMASZ	61		WARSZAWA	POL	M2 30-39 LAT	25	M 88	00:25:09	00:49:16	01:12:55.10	01:13:51.00	5:36	10.7
89	SOBOLEWSKI MATEUSZ	467	ŻÓRAWSKI TEAM	WWA	POL	M1 < 29 LAT	7	M 89	00:23:32	00:47:50	01:12:56.00	01:12:56.00	5:36	10.7
90	RUSZCZAK TOMASZ	498	LEVEL X	WARSZAWA	POL	M3 40-49 LAT	43	M 90	00:25:41	00:50:01	01:13:18.95	01:14:25.80	5:38	10.6
91	ORŁOWSKI KRZYSZTOF	279	WARSZAWA PARKRUN BRÓDNO	WARSZAWA	POL	M3 40-49 LAT	44	M 91	00:24:11	00:48:40	01:13:19.05	01:13:25.95	5:38	10.6
92	PROKOPIUK GRZEGORZ	295	SZWAGRY DWA	WARSZAWA	POL	M3 40-49 LAT	45	M 92	00:24:42	00:49:01	01:13:22.25	01:14:14.80	5:38	10.6
93	POTOROKA VITALII	430	ROZBIEGANY PIASTOW	KONOTOPA	POL	M1 < 29 LAT	8	M 93	00:24:21	00:48:39	01:13:25.70	01:14:04.65	5:38	10.6
94	IWANIUK TOMASZ	450	ŻYWCEM ZABIEGANI	WARSZAWA	POL	M2 30-39 LAT	26	M 94	00:22:36	00:46:56	01:13:26.45	01:13:34.05	5:38	10.6

BIĄŁOLEŃKI BIEG WOLNOŚCI, OPEN Mężczyźni c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scoowość	Kraj	Kat.	M. kat	K/M	4.4km	8.7km	Netto	Brutto	min/km	km/h
95	KAZIMIERCZAK GRZEGORZ	495		WARSZAWA	POL	M3 40-49 LAT	46	M 95	00:25:41	00:50:01	01:13:27.10	01:14:33.70	5:39	10.6
96	BIESZCZAD ŁUKASZ	43	SĄD REJONOWY W ROPCZYCACH	WARSZAWA	POL	M2 30-39 LAT	27	M 96	00:24:28	00:48:41	01:13:31.60	01:13:58.65	5:39	10.6
97	CIESIELSKI MARCIN	441	WARSAW RUN CLUB	SKIERNIEWICE	POL	M3 40-49 LAT	47	M 97	00:24:20	00:48:43	01:13:37.25	01:13:44.30	5:39	10.6
98	UGRYN MACIEJ	448	#WŁĄCZYLTURBO	WARSZAWA	POL	M2 30-39 LAT	28	M 98	00:25:45	00:49:47	01:13:39.45	01:14:27.90	5:39	10.6
99	DĄBROWSKI DANIEL	92	TARCHOŚFIRY	WARSZAWA	POL	M1 < 29 LAT	9	M 99	00:26:16	00:50:33	01:13:55.05	01:15:17.15	5:41	10.6
100	LENDZION JAROSŁAW	218	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M3 40-49 LAT	48	M 100	00:25:28	00:50:03	01:13:55.90	01:14:59.95	5:41	10.6
101	KORKOSZ ANDRZEJ	192		BLIZNE JASIŃSKIEGO	POL	M3 40-49 LAT	49	M 101	00:24:17	00:49:28	01:14:02.05	01:14:12.75	5:41	10.5
102	RUDNIK JAROSŁAW	314		PASEK	POL	M3 40-49 LAT	50	M 102	00:24:45	00:49:07	01:14:02.25	01:14:22.05	5:41	10.5
103	SOSZYŃSKI PIOTR	342	INDOORY URSUS	WARSZAWA	POL	M3 40-49 LAT	51	M 103	00:24:28	00:49:34	01:14:16.85	01:14:26.95	5:42	10.5
104	MIĄSKO WOJCIECH	239	12TRI.PL	WARSZAWA	POL	M4 50-59	12	M 104	00:25:55	00:50:24	01:14:16.95	01:15:58.10	5:42	10.5
105	KUCHTA PAWEŁ	208		MACIEJOWICE	POL	M3 40-49 LAT	52	M 105	00:25:42	00:50:01	01:14:52.00	01:15:29.00	5:45	10.4
106	DROZDZIEL MARIUSZ	98		WARSZAWA	POL	M3 40-49 LAT	53	M 106	00:25:01	00:50:01	01:15:09.95	01:15:35.55	5:46	10.4
107	BOGUCKI MICHAŁ	48		WARSZAWA	POL	M2 30-39 LAT	29	M 107	00:25:11	00:50:08	01:15:34.20	01:16:50.50	5:48	10.3
108	OLSZANKA ARKADIUSZ	277		WARSZAWA	POL	M3 40-49 LAT	54	M 108	00:25:24	00:50:43	01:15:39.90	01:16:51.65	5:49	10.3
109	GUMUŁA JAKUB	147	KSZO OSTROWIEC	OSTROWIEC ŚWIĘTOKRZYSKI	POL	M2 30-39 LAT	30	M 109	00:25:42	00:50:58	01:15:48.70	01:16:52.50	5:49	10.3
110	SIEDLECKI ŁUKASZ	328	BIEGANIEPO40.PL	WARSZAWA	POL	M2 30-39 LAT	31	M 110	00:27:57	00:52:02	01:16:04.00	01:17:09.60	5:51	10.3
111	MIKINA ARTUR	246	PWPW SA	WARSZAWA	POL	M5 60+	5	M 111	00:25:34	00:50:53	01:16:06.50	01:16:19.00	5:51	10.2
112	GAJEWSKI MARIUSZ	119		PUŁTUSK	POL	M3 40-49 LAT	55	M 112	00:25:39	00:51:17	01:16:24.65	01:17:16.25	5:52	10.2
113	KOĆ MARCIN	184	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M3 40-49 LAT	56	M 113	00:26:03	00:51:13	01:16:25.15	01:17:07.20	5:52	10.2
114	TROJANOWSKI RAFAŁ	378	BIEGAM BO LUBIĘ ŻĄBK TEAM	ŻĄBKI	POL	M2 30-39 LAT	32	M 114	00:25:37	00:51:35	01:16:31.85	01:17:01.35	5:53	10.2
115	TRACZYK PRZEMYSŁAW	470	ASFALTLOVE DZIKI	CIECHANÓW	POL	M2 30-39 LAT	33	M 115	00:25:03	00:50:59	01:16:41.40	01:16:48.45	5:53	10.2
116	ZAMBROWSKI SŁAWOMIR	409		WARSZAWA	POL	M3 40-49 LAT	57	M 116	00:27:19	00:52:02	01:16:55.30	01:18:10.70	5:55	10.1
117	BIERNAT DAWID	42		TRZEŚŃ	POL	M1 < 29 LAT	10	M 117	00:25:09	00:51:07	01:16:55.75	01:17:50.35	5:55	10.1
118	BARTOSZUK SŁAWOMIR	32		WARSZAWA	POL	M4 50-59	13	M 118	00:26:12	00:51:22	01:17:00.65	01:18:11.60	5:55	10.1
119	GAWLIK ARKADIUSZ	123	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M3 40-49 LAT	58	M 119	00:25:42	00:51:31	01:17:04.20	01:17:39.40	5:55	10.1
120	WILEŃSKI ZBIGNIEW	392	GRUPA BIEGOWA UM W-WA	DĄBROWA CHOTOMOWSKA	POL	M4 50-59	14	M 120	00:26:04	00:51:23	01:17:10.45	01:18:00.40	5:56	10.1
121	FIRYSIUK TOMASZ	114		ŻĄBKI	POL	M3 40-49 LAT	59	M 121	00:26:02	00:51:46	01:17:10.45	01:17:33.40	5:56	10.1
122	OLBRYŚ STANISŁAW ADAM	275	KB LEGIONOWO	NASIELSK	POL	M4 50-59	15	M 122	00:24:33	00:51:25	01:17:18.25	01:17:22.70	5:56	10.1
123	FRAŃKIEWICZ DARIUSZ	116	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M3 40-49 LAT	60	M 123	00:24:59	00:50:34	01:17:19.25	01:17:54.85	5:56	10.1
124	GRZEJDZIAK IGOR	145	NAPRZÓD MŁOCINY	WARSZAWA	POL	M3 40-49 LAT	61	M 124	00:25:24	00:51:08	01:17:30.80	01:18:08.55	5:57	10.1
125	PAZIEWSKI ANDRZEJ	290	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M3 40-49 LAT	62	M 125	00:26:05	00:51:40	01:17:37.00	01:18:18.75	5:58	10
126	KULIK TOMASZ	212		WARSZAWA	POL	M3 40-49 LAT	63	M 126	00:27:47	00:52:51	01:17:56.15	01:19:18.00	5:59	10
127	BIŃEK ADAM	44	MORSY ZIELONKA	WARSZAWA	POL	M3 40-49 LAT	64	M 127	00:27:56	00:52:58	01:17:56.95	01:19:15.20	5:59	10
128	KOSMAŁA DARIUSZ	194		WARSZAWA	POL	M4 50-59	16	M 128	00:26:12	00:52:09	01:17:59.15	01:18:22.00	5:59	10
129	STASIAK PIOTR	345		ZIELONKA	POL	M2 30-39 LAT	34	M 129	00:26:21	00:51:52	01:18:07.30	01:18:42.35	6:00	10
130	NOGAL ROBERT	266	INDOORY URSUS	WARSZAWA	POL	M3 40-49 LAT	65	M 130	00:25:39	00:51:47	01:18:16.55	01:18:26.80	6:01	10
131	KOSIŃSKI OLEK	193		PIASECZNO	POL	M2 30-39 LAT	35	M 131	00:26:08	00:51:55	01:18:17.60	01:18:46.80	6:01	10
132	SZYMAŃSKI ARKADIUSZ	365		WARSZAWA	POL	M3 40-49 LAT	66	M 132	00:29:53	00:54:35	01:18:18.00	01:19:41.20	6:01	10
133	BORUSZEWSKI MACIEJ	51		WARSZAWA	POL	M3 40-49 LAT	67	M 133	00:26:09	00:52:05	01:18:22.05	01:18:30.85	6:01	10
134	KOLAŚA ANDRZEJ	187	KLUB J.SŁOWACKIEGO	WARSZAWA-WESOŁA	POL	M5 60+	6	M 134	00:25:49	00:51:44	01:18:24.90	01:18:27.70	6:01	9.9
135	CELIŃSKI TOMASZ	59	TUPTUŚ OTWOCK	OTWOCK	POL	M4 50-59	17	M 135	00:29:09	00:54:29	01:18:25.55	01:18:44.10	6:01	9.9
136	KONIECKI TOMASZ	189		WARSZAWA	POL	M4 50-59	18	M 136	00:25:43	00:51:54	01:18:30.65	01:18:45.65	6:02	9.9
137	WINIARCZYK ADRIAN	432		STARY KONIK	POL	M2 30-39 LAT	36	M 137	00:26:23	00:53:05	01:18:32.15	01:18:50.45	6:02	9.9
138	WÓJCICKI BARTOSZ	406		WARSZAWA	POL	M2 30-39 LAT	37	M 138	00:25:55	00:51:54	01:18:33.75	01:18:49.80	6:02	9.9
139	WYRWAS TADEUSZ	408	PGB SPORTOWA PACZKA	ŁOMŻA	POL	M5 60+	7	M 139	00:27:07	00:53:19	01:18:44.15	01:19:06.65	6:03	9.9
140	CIBORSKI JAKUB	461		WARSZAWA	POL	M3 40-49 LAT	68	M 140	00:25:21	00:51:27	01:18:50.00	01:19:33.55	6:03	9.9
141	KOPER SEBASTIAN	190	CARREFOUR RUNNING TEAM	WARSZAWA	POL	M3 40-49 LAT	69	M 141	00:25:32	00:52:01	01:19:14.35	01:19:45.45	6:05	9.8
142	TYSZKO PIOTR	382		WARSZAWA	POL	M2 30-39 LAT	38	M 142	00:26:10	00:52:25	01:19:24.85	01:20:09.30	6:06	9.8
143	POTRZEBOWSKI DOMINIK	293	MARKOWI BIEGACZE	MARKI	POL	M3 40-49 LAT	70	M 143	00:25:33	00:52:12	01:20:06.15	01:20:22.20	6:09	9.7
144	STRÓŻYK PIOTREK	351		GRODZISK MAZOWIECKI	POL	M3 40-49 LAT	71	M 144	00:29:52	00:55:16	01:20:20.90	01:21:39.75	6:10	9.7
145	KRĘGIEL SEBASTIAN	324		WARSZAWA	POL	M3 40-49 LAT	72	M 145	00:26:50	00:53:40	01:20:30.00	01:20:30.00	6:11	9.7
146	SZPADZIK JAROSŁAW	358	BIEGACZE MF	MARKI	POL	M2 30-39 LAT	39	M 146	00:27:40	00:53:54	01:20:36.65	01:22:25.70	6:12	9.7
147	BARTNIK RAFAŁ	31	ZABIEGANY WOŁOMIN	WARSZAWA	POL	M3 40-49 LAT	73	M 147	00:27:23	00:53:40	01:20:55.25	01:22:04.00	6:13	9.6
148	RADZIKOWSKI FRANEK	303		CHROSLA	POL	M4 50-59	19	M 148	00:25:35	00:51:20	01:21:16.90	01:21:41.80	6:15	9.6
149	GRYCNER PAWEŁ	142	CTS	WARSZAWA	POL	M2 30-39 LAT	40	M 149	00:28:37	00:55:10	01:21:22.95	01:22:15.25	6:15	9.6
150	GRAD TOMASZ	139	MARKOWI BIEGACZE	WARSZAWA	POL	M3 40-49 LAT	74	M 150	00:27:28	00:54:14	01:21:25.30	01:21:57.10	6:15	9.6
151	BAKUŁA WIESŁAW	22	WAMPIR	WACH 140A	POL	M4 50-59	20	M 151	00:26:35	00:53:17	01:21:30.10	01:22:12.30	6:16	9.6

BIAŁOŁĘCKI BIEG WOLNOŚCI, OPEN Mężczyźni c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.4km	8.7km	Netto	Brutto	min/km	km/h
152	CHODNIEWICZ MICHAŁ	66		WARSZAWA	POL	M2 30-39 LAT	41	M 152	00:24:54	00:51:51	01:21:30.75	01:21:40.70	6:16	9.6
153	KORDEK DARIUSZ	191		NIEPORĘT	POL	M4 50-59	21	M 153	00:27:51	00:54:51	01:21:38.65	01:22:23.30	6:16	9.6
154	DALGIEWICZ DARIUSZ	434		ŁOMIANKI	POL	M5 60+	8	M 154	00:28:40	00:55:37	01:21:41.45	01:22:28.55	6:17	9.5
155	... RAFAŁ	477			POL	M2 30-39 LAT	42	M 155	00:29:51	00:55:51	01:22:06.55	01:23:23.40	6:18	9.5
156	GÓRAL TADEUSZ	133	KKB	WARSZAWA	POL	M4 50-59	22	M 156	00:28:21	00:56:00	01:22:11.50	01:22:33.65	6:19	9.5
157	SUWALD ANDRZEJ	353	JACEKBIEGA RUNNING TEAM	WARSZAWA	POL	M5 60+	9	M 157	00:26:37	00:54:31	01:22:15.55	01:23:04.00	6:19	9.5
158	DOMINIAK ZBIGNIEW	96	BEZPRĄDOWY KLUB BIEGOWY	WARSZAWA	POL	M3 40-49 LAT	75	M 158	00:26:19	00:54:00	01:22:20.00	01:22:36.65	6:20	9.5
159	DZIEWULSKI TOMASZ	107	ZIELONKA BIEGA	ZIELONKA	POL	M3 40-49 LAT	76	M 159	00:26:28	00:53:36	01:22:22.60	01:22:43.35	6:20	9.5
160	KAMIŃSKI MICHAŁ	471		WARSZAWA	POL	M2 30-39 LAT	43	M 160	00:32:04	00:57:46	01:22:35.75	01:24:10.80	6:21	9.4
161	SKLEPOWICZ JACEK	333		WARSZAWA	POL	M3 40-49 LAT	77	M 161	00:29:27	00:56:20	01:22:36.50	01:23:13.80	6:21	9.4
162	JÓZWIK ROBERT	166	HARX TEAM	WARSZAWA	POL	M3 40-49 LAT	78	M 162	00:27:21	00:55:01	01:22:38.05	01:23:00.65	6:21	9.4
163	BURMISTROW VADYM	57		MARKI		M1 < 29 LAT	11	M 163	00:27:45	00:55:08	01:22:51.40	01:23:36.90	6:22	9.4
164	BANASIAK MIROSLAW	25		WARSZAWA	POL	M3 40-49 LAT	79	M 164	00:27:51	00:55:28	01:23:04.00	01:24:00.70	6:23	9.4
165	WALIGÓRSKI KRZYSZTOF	386	MARKOWI BIEGACZE	MARKI	POL	M4 50-59	23	M 165	00:28:02	00:55:53	01:23:05.90	01:23:34.70	6:23	9.4
166	SZCZERBICKI RAFAŁ	355	WARSAW RUN CLUB	WARSZAWA	POL	M3 40-49 LAT	80	M 166	00:29:48	00:57:08	01:23:09.15	01:24:15.95	6:23	9.4
167	SOCHACKI MARIUSZ	340		WARSZAWA	POL	M3 40-49 LAT	81	M 167	00:26:34	00:54:23	01:23:18.20	01:23:34.15	6:24	9.4
168	GRZESZCZYK MICHAŁ	146	EKOBIEGI	WARSZAWA	POL	M3 40-49 LAT	82	M 168	00:28:41	00:55:50	01:23:22.05	01:24:47.00	6:24	9.4
169	MIKOŁAJCZYK ANDRZEJ	247		WARSZAWA	POL	M2 30-39 LAT	44	M 169	00:30:06	00:57:22	01:23:23.05	01:24:40.75	6:24	9.4
170	BARG KAROL	466		WARSZAWA	POL	M2 30-39 LAT	45	M 170	00:26:10	00:53:28	01:23:45.50	01:24:28.20	6:26	9.3
171	WALESIUK PIOTR	385		BIAŁYSTOK	POL	M3 40-49 LAT	83	M 171	00:30:27	00:58:48	01:23:54.60	01:24:45.00	6:27	9.3
172	ZDUŃSKI JAROSŁAW	414	TAK SOBIE DREPCZĘ	WARSZAWA	POL	M4 50-59	24	M 172	00:27:35	00:55:31	01:23:57.30	01:24:41.45	6:27	9.3
173	ZRAZEK PIOTR	422		ŁOWICZ	POL	M3 40-49 LAT	84	M 173	00:27:44	00:55:00	01:24:00.60	01:24:46.30	6:27	9.3
174	MIŁOSZ MAREK	250		WARSZAWA	POL	M4 50-59	25	M 174	00:26:21	00:54:15	01:24:04.55	01:24:19.80	6:28	9.3
175	FIEJTEK PIOTR	110		WARSZAWA	POL	M2 30-39 LAT	46	M 175	00:28:42	00:55:41	01:24:30.45	01:25:45.00	6:30	9.2
176	DERESZEWSKI PIOTR	94	ZABIEGANY WOŁOMIN	WARSZAWA	POL	M3 40-49 LAT	85	M 176	00:29:56	00:56:34	01:24:36.10	01:25:45.85	6:30	9.2
177	STANISZEWSKI RAFAŁ	344	TURBODZIKI	POLSKA	POL	M3 40-49 LAT	86	M 177	00:30:18	00:58:24	01:24:59.30	01:26:21.90	6:32	9.2
178	KOLCZYŃSKI MICHAŁ	437	TRUCHTACZ	ŁOMIANKI	POL	M5 60+	10	M 178	00:27:00	00:55:22	01:25:11.15	01:25:40.95	6:33	9.2
179	BARANOWSKI ŁUKASZ	28		BIAŁACZÓW	POL	M2 30-39 LAT	47	M 179	00:28:05	00:56:35	01:25:15.70	01:25:54.75	6:33	9.1
180	NOWAKOWSKI PIOTR	499		WARSZAWA	POL	M1 < 29 LAT	12	M 180	00:26:50	00:55:15	01:25:16.25	01:25:42.15	6:33	9.1
181	JABŁONKA RADOŚLAW	157	DZIADY OCR	WYSZKÓW	POL	M3 40-49 LAT	87	M 181	00:28:05	00:56:35	01:25:17.30	01:25:56.60	6:33	9.1
182	GARBACZEWSKI ZBIGNIEW	122		JABŁONNA	POL	M3 40-49 LAT	88	M 182	00:28:22	00:56:22	01:25:32.30	01:26:22.60	6:34	9.1
183	ANIOLKOWSKI KRZYSZTOF	15	AKTYWNA WARSZAWA	WARSZAWA	POL	M2 30-39 LAT	48	M 183	00:29:11	00:56:34	01:25:52.40	01:26:53.70	6:36	9.1
184	ROZUM JANUSZ	312	-	WARSZAWA	POL	M5 60+	11	M 184	00:28:40	00:56:52	01:26:10.00	01:27:12.05	6:37	9.1
185	NOSARZEWSKI MARIUSZ	267	GB PRESS TEAM	TRZCIANY	POL	M3 40-49 LAT	89	M 185	00:28:34	00:56:55	01:26:13.50	01:27:08.70	6:37	9
186	OWOC TOMASZ	285	PKO BANK POLSKI / NEW BALANCE RUN CLUB	WARSZAWA	POL	M4 50-59	26	M 186	00:27:14	00:55:31	01:26:13.75	01:26:47.30	6:37	9
187	CYBULSKI GRZEGORZ	78	NAJWIĘKSZA ARMIA ŚWIATA	LUBLIN	POL	M3 40-49 LAT	90	M 187	00:29:43	00:58:03	01:26:17.45	01:27:18.15	6:38	9
188	PAWEŁEK KRZYSZTOF	287	MARKOWI BIEGACZE	MARKI	POL	M3 40-49 LAT	91	M 188	00:29:13	00:57:33	01:26:53.45	01:27:26.30	6:41	9
189	NADOBNIK KONRAD	261	BIEGAM BO LUBIĘ ŻĄBKI TEAM	ŻĄBKI	POL	M3 40-49 LAT	92	M 189	00:31:22	00:59:30	01:27:13.25	01:28:28.90	6:42	8.9
190	RODAK ZBIGNIEW	309		WARSZAWA	POL	M4 50-59	27	M 190	00:32:34	01:00:24	01:27:19.95	01:28:51.20	6:43	8.9
191	JĘDRASZCZYK MACIEJ	164		WARSZAWA	POL	M3 40-49 LAT	93	M 191	00:30:24	00:58:40	01:27:55.75	01:28:48.80	6:45	8.9
192	MICHAŁSKI MACIEJ	439	ALBERCIK TEAM	BOBROWIEC	POL	M3 40-49 LAT	94	M 192	00:31:59	00:59:36	01:28:02.65	01:29:30.00	6:46	8.9
193	JARMUŻEWSKI ADAM	161	TIA	WARSZAWA	POL	M3 40-49 LAT	95	M 193	00:32:35	01:00:37	01:28:24.70	01:29:56.45	6:48	8.8
194	WIŚNIEWSKI TOMASZ	400		WARSZAWA	POL	M4 50-59	28	M 194	00:32:17	01:00:55	01:28:28.25	01:29:54.35	6:48	8.8
195	KOWALIK TOMASZ	199		WARSZAWA	POL	M3 40-49 LAT	96	M 195	00:27:52	00:57:48	01:28:44.15	01:28:52.30	6:49	8.8
196	OSIŃSKI STANISŁAW	281		WARSZAWA	POL	M5 60+	12	M 196	00:30:22	00:59:11	01:28:50.75	01:29:31.85	6:50	8.8
197	JAROŃ JAROSŁAW	162	RUN DE GIRARD	ŻYRARDÓW	POL	M3 40-49 LAT	97	M 197	00:29:46	00:58:25	01:29:02.25	01:29:28.85	6:50	8.8
198	MYSŁOWSKI MIECZYSLAW	475		WARSZAWA	POL	M4 50-59	29	M 198	00:29:46	00:59:46	01:29:24.05	01:30:34.70	6:52	8.7
199	PLATEK EMIL	292	ALIOR RUNNING TEAM	WARSZAWA	POL	M2 30-39 LAT	49	M 199	00:32:32	01:01:04	01:29:43.05	01:31:19.20	6:54	8.7
200	NOWAKOWSKI CZESLAW	268	DUCLA ACADEMY WARSZAWA	WARSZAWA	POL	M5 60+	13	M 200	00:29:59	00:59:46	01:29:49.00	01:30:21.55	6:54	8.7
201	MUSIAŁ MARCIN	259		PRUSZKÓW	POL	M2 30-39 LAT	50	M 201	00:30:37	00:59:48	01:30:05.40	01:30:57.30	6:55	8.7
202	KOSTRZEWSKI PIOTR	195	KPLA PIOTR KOSTRZEWSKI	WARSZAWA	POL	M4 50-59	30	M 202	00:30:24	00:59:00	01:30:08.85	01:30:59.55	6:56	8.7
203	WITKOWSKI PIOTR	401	VEGE RUNNERS	WARSZAWA	POL	M2 30-39 LAT	51	M 203	00:32:07	01:01:41	01:30:11.05	01:31:24.55	6:56	8.6
204	WOJDAK PIOTR	404	STOMILEX	PIASTÓW	POL	M4 50-59	31	M 204	00:32:04	01:00:49	01:30:33.30	01:31:31.25	6:57	8.6
205	KACZOROWSKI ROBERT	170		MARKI	POL	M4 50-59	32	M 205	00:30:11	00:59:43	01:30:51.60	01:32:01.30	6:59	8.6
206	WOLFF TOMASZ	405	BIEGAM BO LUBIĘ ŻĄBKI TEAM	ŻĄBKI	POL	M2 30-39 LAT	52	M 206	00:31:51	01:00:05	01:30:55.60	01:31:58.00	6:59	8.6
207	ZAKRZEWSKI MAREK	485		WARSZAWA	POL	M4 50-59	33	M 207	00:33:03	01:02:02	01:31:02.15	01:32:27.35	7:00	8.6

BIĄŁOLEŃSKI BIEG WOLNOŚCI, OPEN Mężczyźni c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.4km	8.7km	Netto	Brutto	min/km	km/h
208	CZAJKOWSKI RAFAŁ	83	EKOBIEGI	WARSZAWA	POL	M3 40-49 LAT	98	M 208	00:33:04	01:01:57	01:31:02.35	01:32:26.45	7:00	8.6
209	KOŁOMAŃSKI MAREK	188		WARSZAWA	POL	M3 40-49 LAT	99	M 209	00:33:05	01:01:57	01:31:02.65	01:32:27.00	7:00	8.6
210	ROSZAK WALDEMAR	10	BIEGAM NA ZIELONEJ BIAŁOLEŃCE	WARSZAWA	POL	M4 50-59	34	M 210	00:34:35	01:03:27	01:31:23.25	01:32:51.50	7:01	8.5
211	MATUSZEWSKI ROBERT	232		WARSZAWA	POL	M3 40-49 LAT	100	M 211	00:32:28	01:01:47	01:31:25.55	01:32:43.05	7:01	8.5
212	OSYPOWICZ DOMINIK	284		TERESPOL	POL	M1 < 29 LAT	13	M 212	00:32:28	01:02:12	01:31:51.90	01:33:04.90	7:03	8.5
213	SIEDLACZEK ZBIGNIEW	327		LUBLIN	POL	M5 60+	14	M 213	00:28:59	01:00:31	01:31:54.00	01:32:02.90	7:04	8.5
214	BIAŁOKOS KAMIL	40		WARSZAWA	POL	M3 40-49 LAT	101	M 214	00:32:50	01:02:16	01:32:02.15	01:33:09.85	7:04	8.5
215	SKOWROŃSKI WOJCIECH	335		WARSZAWA	POL	M4 50-59	35	M 215	00:32:11	01:02:15	01:32:36.05	01:33:38.75	7:07	8.4
216	GROCHOWSKI MARCIN	331			POL	M3 40-49 LAT	102	M 216	00:29:54	01:00:58	01:32:40.65	01:33:00.50	7:07	8.4
217	BASIŃSKI PAWEŁ	76		BYDGOSZCZ	POL	M3 40-49 LAT	103	M 217	00:30:35	01:00:15	01:32:40.80	01:33:24.40	7:07	8.4
218	CZARTORYSKI KRYSZTIAN	85		WARSZAWA	POL	M3 40-49 LAT	104	M 218	00:32:52	01:01:57	01:32:54.75	01:34:00.60	7:08	8.4
219	MYŚLIŃSKI ROBERT	67	RUBIN RUN	WARSZAWA	POL	M4 50-59	36	M 219	00:31:13	01:01:43	01:33:07.50	01:33:32.40	7:09	8.4
220	OKSIENIUK MARCIN	274	TURBODZIKI	WOLICA	POL	M2 30-39 LAT	53	M 220	00:29:44	01:00:24	01:33:33.70	01:34:56.70	7:11	8.3
221	RUSIN MICHAŁ	317		JABŁONNA	POL	M1 < 29 LAT	14	M 221	00:32:55	01:04:03	01:33:46.30	01:35:00.30	7:12	8.3
222	BUCZEK PIOTR	55		WARSZAWA	POL	M3 40-49 LAT	105	M 222	00:32:28	01:02:37	01:33:56.40	01:34:17.95	7:13	8.3
223	KUNKA PIOTR	213	TEAM ZABIEGANEDNI	JAKUBÓW	POL	M2 30-39 LAT	54	M 223	00:33:23	01:04:11	01:34:22.75	01:35:59.40	7:15	8.3
224	ŁUCZAK PIOTR	225	PKO BANK POLSKI	WARSZAWA	POL	M3 40-49 LAT	106	M 224	00:30:32	01:02:12	01:34:36.65	01:35:16.55	7:16	8.2
225	KOFAŁSKI JAKUB	497		WARSZAWA	POL	M2 30-39 LAT	55	M 225	00:30:59	01:03:03	01:34:43.50	01:35:47.55	7:17	8.2
226	BERDYCHOWSKI ZYGMUNT	481		NOWY SĄCZ	POL	M5 60+	15	M 226	00:31:47	01:03:01	01:35:09.10	01:36:38.70	7:19	8.2
227	RUSIN BARTOSZ	316		JABŁONNA	POL	M3 40-49 LAT	107	M 227	00:32:56	01:04:14	01:35:42.00	01:36:55.35	7:21	8.2
228	SMOCZYK HUBERT	338	WARSZAWSKI ZAULĘK	WARSZAWA	POL	M2 30-39 LAT	56	M 228	00:32:41	01:03:53	01:35:43.60	01:37:16.50	7:21	8.1
229	PIKULSKI MAREK	454	SW	MYSIADŁO	POL	M3 40-49 LAT	108	M 229	00:30:53	01:03:25	01:36:15.45	01:36:36.40	7:24	8.1
230	KOWALCZYK RYSZARD	197	APOSTOŁOWIE TRX	WARSZAWA	POL	M5 60+	16	M 230	00:33:21	01:04:38	01:36:22.05	01:37:30.05	7:24	8.1
231	BERNAT SEBASTIAN	38	STARE WILKI	WARSZAWA	POL	M3 40-49 LAT	109	M 231	00:33:29	01:04:29	01:36:45.50	01:38:20.50	7:26	8.1
232	ŁOZOWSKI ROBERT	221		WARSZAWA	POL	M3 40-49 LAT	110	M 232	00:32:41	01:04:26	01:37:47.55	01:39:29.05	7:31	8
233	HABIERA ROBERT	149		WARSZAWA	POL	M4 50-59	37	M 233	00:33:13	01:05:09	01:37:49.10	01:38:49.05	7:31	8
234	BAK ANDRZEJ	35		STARE GRALEWO	POL	M4 50-59	38	M 234	00:33:01	01:08:34	01:39:08.35	01:40:03.40	7:37	7.9
235	PRZYBYŁA KAROL	298	MASADA	WARSZAWA	POL	M2 30-39 LAT	57	M 235	00:33:14	01:05:22	01:39:11.10	01:39:51.80	7:37	7.9
236	TYBURC PAWEŁ	19	ACHILLES BIAŁOLEŃKA	WARSZAWA	POL	M3 40-49 LAT	111	M 236	00:31:03	01:03:43	01:39:20.90	01:39:33.70	7:38	7.9
237	GÓRZYŃSKI JANUSZ	138	BESTIE OCR LEGIONOWO	WARSZAWA	POL	M3 40-49 LAT	112	M 237	00:32:22	01:03:41	01:39:36.30	01:41:09.75	7:39	7.8
238	MUCHA GRZEGORZ	258		WARSZAWA	POL	M5 60+	17	M 238	00:33:57	01:06:37	01:39:41.35	01:40:44.90	7:40	7.8
239	BUKOWSKI JANUSZ	100	STOWARZYSZENIE DAĆ SIEBIE INNYM	WARSZAWA	POL	M5 60+	18	M 239	00:33:29	01:06:18	01:39:53.55	01:39:58.30	7:41	7.8
240	PRĘGOWSKI GRZEGORZ	294	EKOBIEGI	WARSZAWA	POL	M4 50-59	39	M 240	00:32:51	01:05:27	01:40:26.80	01:41:53.85	7:43	7.8
241	ZYGADŁO PIOTR	427		WARSZAWA	POL	M2 30-39 LAT	58	M 241	00:36:08	01:08:16	01:40:32.40	01:41:37.40	7:44	7.8
242	MAREK ROMAN	230		WARSZAWA	POL	M4 50-59	40	M 242	00:33:02	01:08:25	01:40:45.95	01:41:40.50	7:45	7.7
243	JANKOWSKI TOMASZ	496		WARSZAWA	POL	M3 40-49 LAT	113	M 243	00:34:30	01:07:07	01:40:58.40	01:42:35.15	7:46	7.7
244	ZATYLYNY TOMASZ	411		WARSZAWA	POL	M3 40-49 LAT	114	M 244	00:33:02	01:05:30	01:42:14.80	01:43:45.00	7:51	7.6
245	SZOSTAKOWSKI JAROSŁAW	1	BIEGAMY Z OCHOTĄ	WARSZAWA	POL	M4 50-59	41	M 245	00:35:38	01:08:24	01:43:06.05	01:44:35.60	7:55	7.6
246	ROJEK STANISŁAW	310		WARSZAWA	POL	M4 50-59	42	M 246	00:33:54	01:08:50	01:44:47.10	01:46:11.95	8:03	7.4
247	NOWAK JAKUB	71	DOBRYŃSKI KLUB ŻEGLARSKI	DOBRYŃ NAD WISŁĄ	POL	M4 50-59	43	M 247	00:33:11	01:09:24	01:45:30.65	01:46:11.30	8:06	7.4
248	LACH MARCIN	216		WARSZAWA	POL	M3 40-49 LAT	115	M 248	00:34:55	01:10:29	01:48:01.00	01:49:31.15	8:18	7.2
249	BAK HUBERT	34		WARSZAWA	POL	M2 30-39 LAT	59	M 249	00:33:00	01:08:32	01:50:39.80	01:51:35.40	8:30	7
250	ŁUKASIEWICZ ROBERT	226	KOKOSZKA36TEAM	WARSZAWA	POL	M3 40-49 LAT	116	M 250	00:34:02	01:11:31	01:50:41.90	01:51:35.10	8:30	7
251	CIEŚLAK PAWEŁ	73	SLOWJOGGING BIAŁOLEKA	WARSZAWA	POL	M4 50-59	44	M 251	00:36:08	01:11:07	01:51:02.05	01:52:47.85	8:32	7
252	MIKOŚ ROMAN	249		OTWOCK	POL	M4 50-59	45	M 252	00:35:44	01:13:16	01:51:12.20	01:52:51.70	8:33	7
253	KOZŁOWSKI WITOLD	202		WARSZAWA	POL	M3 40-49 LAT	117	M 253	00:35:24	01:17:41	01:52:25.20	01:53:46.65	8:38	6.9
254	KAWKA ANDRZEJ	176		WARSZAW	POL	M5 60+	19	M 254	00:38:07	01:18:28	02:02:32.15	02:04:12.10	9:25	6.4
255	CISZEWSKI KRZYSZTOF	74		WARSZAWA	POL	M3 40-49 LAT	118	M 255	00:22:44	00:44:43			5:08	11.7
256	CYRUK TOMASZ	79		BIAŁYSTOK	POL	M3 40-49 LAT	119	M 256	00:30:27	00:58:48			6:45	8.9
257	DUCH EMIL	99		WARSZAWA	POL	M2 30-39 LAT	60	M 257	00:30:06	01:00:19			6:55	8.7
258	OKRÓJ DAWID	273		WARSZAWA	POL	M2 30-39 LAT	61	M 258	00:29:41	01:00:21			6:56	8.6
259	GAWRON ADRIAN	124		ZĄBKI	POL	M1 < 29 LAT	15	M 259	00:30:25	01:00:57			7:00	8.6
260	RUPIK PIOTR	315		WARSZAWA	POL	M3 40-49 LAT	120	M 260	00:31:23	01:02:33			7:11	8.3
261	ZWOLIŃSKI GRZEGORZ	425		WARSZAWA	POL	M3 40-49 LAT	121	M 261	00:29:52	01:03:03			7:14	8.3
262	MĘDEŁ CEZARY	237		MARKI	POL	M3 40-49 LAT	122	M 262	00:32:46	01:03:54			7:20	8.2
263	GIL WOJCIECH	127		WARSZAWA	POL	M4 50-59	46	M 263	00:34:55	01:09:29			7:59	7.5
264	HEBDA BARTŁOMIEJ	150		WARSZAWA	POL	M3 40-49 LAT	123	M 264	00:37:06	01:11:26			8:12	7.3

BIAŁOLEŃSKI BIEG WOLNOŚCI, OPEN Mężczyźni c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.4km	8.7km	Netto	Brutto	min/km	km/h
265	CHARLEJ IRENEUSZ	60	WIECZORNE BIEGANIE W SZCZECINIE	MIERZYN	POL	M3 40-49 LAT	124	M 265	00:25:22				5:45	10.4
266	FRETTES LUIS	480		WARSZAWA	POL	M5 60+	20	M 266	00:27:55				6:20	9.5
267	SUCHODOLSKI MARIUSZ	352		WARSZAWA	POL	M3 40-49 LAT	125	M 267	00:29:46				6:45	8.9
268	MRÓZ SEBASTIAN	257		KOMORÓW	POL	M3 40-49 LAT	126	M 268	00:30:04				6:49	8.8
269	KITA GRZEGORZ	181	OLD GUARD OCR	WARSZAWA	POL	M4 50-59	47	M 269	00:30:14				6:52	8.7
270	BISOWSKI SZYMON	474			POL	M1 < 29 LAT	16	M 270	00:31:33				7:10	8.4
271	ZIELIŃSKI PAWEŁ	418		WARSZAWA	POL	M2 30-39 LAT	62	M 271	00:32:00				7:16	8.3
272	PAWLAK PRZEMYSŁAW	289	R-TEAM ŁOWICZ	ŁOWICZ	POL	M1 < 29 LAT	17	M 272	00:32:06				7:17	8.2
273	KAMIONOWSKI MARIUSZ-JACEK	172		OSTROŁĘKA	POL	M4 50-59	48	M 273	00:33:34				7:37	7.9
274	NOWOSIELSKI TOMEK	270	HERO	05-077 WARSZAWA-WESOŁA	POL	M5 60+	21	M 274	00:34:07				7:45	7.7
275	BAJOREK JACEK	21		WYSZKÓW	POL	M3 40-49 LAT	127	M 275	00:34:32				7:50	7.6
276	SZULAWSKI ROBERT	360	GSD ŻOLIBORZ	WARSZAWA	POL	M4 50-59	49	M 276	00:34:33				7:51	7.6
277	ŻÓŁCIŃSKI WALDEMAR	428	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M5 60+	22	M 277	00:34:50				7:54	7.6
278	DĄBROWA BARTOSZ	89	BIAŁOLEŃKA PRZYSZŁOŚCI	WARSZAWA	POL	M1 < 29 LAT	18	M 278	00:35:55				8:09	7.4
279	ZIĘĆ ARTUR	419		WARSZAWA	POL	M4 50-59	50	M 279	00:36:07				8:12	7.3
280	GIERANOWSKI MARCIN	126	GIERAN	WARSZAWA	POL	M3 40-49 LAT	128	M 280	00:36:17				8:14	7.3
281	KUCICKI KRZYSZTOF	209		WARSZAWA	POL	M3 40-49 LAT	129	M 281	00:36:26				8:16	7.2
282	NASKRĘT MARIUSZ	263		RACOT	POL	M3 40-49 LAT	130	M 282	00:39:40				9:00	6.7
283	KRUPINIEWICZ ANTONI	69	SKORPION	LEGIONOWO	POL	M4 50-59	51	M 283	00:42:06				9:34	6.3
284	CZECHOWSKI JERZY	86	MZA WARSZAWA	WARSZAWA	POL	M5 60+	23	M 284	00:44:38				10:08	5.9
285	NIEWCZAS ZDZIŚLAW	265		WARSZAWA	POL	M5 60+	24	M 285	00:56:26				12:49	4.7
286	KAMIŃSKI WALDEMAR	9	SLOW JOGGING BIAŁOLEŃKA	WARSZAWA	POL	M4 50-59	52	M 286	01:02:58				14:18	4.2
287	PIOTROWSKI JAN	446	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M2 30-39 LAT	63	M 287	01:09:28				15:47	3.8
288	REGUCKI RYSZARD REGUCKI	306		WARSZAWA	POL	M3 40-49 LAT	131	M 288	01:36:44				21:59	2.7

BIAŁOLEŃSKI BIEG WOLNOŚCI, Mieszkańka Białoleki

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.4km	8.7km	Netto	Brutto	min/km	km/h
1	WINKOWSKA-STRUZIK MAGDALENA	396	DUKLANOWSKI TEAM	WARSZAWA	POL	K2 30-39 LAT	5	K 11	00:24:15	00:48:37	01:12:46.25	01:13:00.85	5:35	10.7
2	BORUC MAGDALENA	50	MILWAUKEE POLSKA	WARSZAWA	POL	K2 30-39 LAT	6	K 14	00:23:58	00:48:43	01:13:34.35	01:13:45.35	5:39	10.6
3	ŻURANIEWSKA AGNIESZKA	429	TEAM PARSZCZYŃSKICH	WARSZAWA	POL	K3 40-49 LAT	9	K 19	00:25:10	00:49:48	01:15:00.80	01:15:41.90	5:46	10.4
4	WALECKA WIKTORIA	443	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	K2 30-39 LAT	10	K 25	00:25:31	00:51:26	01:17:40.25	01:18:25.55	5:58	10
5	BUCHALSKA EWA	54	EKOBIEGI	WARSZAWA	POL	K4 50-59 LAT	3	K 31	00:27:02	00:53:26	01:20:04.55	01:21:28.15	6:09	9.7
6	FURMANIAK PAŃCZAK JOANNA	117	TEAM PARSZCZYŃSKICH	WARSZAWA	POL	K2 30-39 LAT	14	K 37	00:28:18	00:55:14	01:22:17.75	01:23:05.10	6:19	9.5
7	ZUBELEWICZ-JERUZALSKA ANNA	423		WARSZAWA	POL	K2 30-39 LAT	15	K 39	00:28:20	00:55:17	01:22:20.20	01:23:05.05	6:20	9.5
8	MYŚLIŃSKA ANNA	75	BIAŁOLEŃKA JEST KOBIETĄ	WARSZAWA	POL	K3 40-49 LAT	20	K 47	00:29:04	00:57:06	01:26:18.50	01:26:55.50	6:38	9
9	WŁODARCZYK ANNA	402	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	K3 40-49 LAT	21	K 48	00:29:40	00:58:25	01:27:24.45	01:28:18.70	6:43	8.9
10	GRUZD ANNA	141	TRIATHLON TARCHOMIN TEAM	WARSZAWA	POL	K3 40-49 LAT	22	K 49	00:29:49	00:58:40	01:27:53.20	01:28:40.20	6:45	8.9
11	GONET KATARZYNA	132		WARSZAWA	POL	K3 40-49 LAT	24	K 55	00:30:34	01:00:12	01:30:34.35	01:31:50.80	6:58	8.6
12	JARMUŻEWSKA TERESA	160	TIA	WARSZAWA	POL	K4 50-59 LAT	6	K 62	00:32:42	01:01:52	01:31:29.55	01:33:01.75	7:02	8.5
13	JANKOWSKA WIOLA	159		WARSZAWA	POL	K3 40-49 LAT	28	K 63	00:33:24	01:04:06	01:32:18.95	01:33:54.85	7:06	8.5
14	CZARTORYSKA ANNA	84		WARSZAWA	POL	K3 40-49 LAT	30	K 66	00:32:49	01:02:16	01:32:51.50	01:34:00.15	7:08	8.4
15	ŁUCZAK MAŁGORZATA	224	RUNNERSI ZE SKARBKA	WARSZAWA	POL	K3 40-49 LAT	34	K 71	00:30:41	01:02:19	01:34:38.05	01:35:16.55	7:16	8.2
16	KOCIK ELŻBIETA	6		WARSZAWA	POL	K3 40-49 LAT	36	K 74	00:33:09	01:03:36	01:35:43.40	01:37:12.35	7:21	8.1
17	SOŁDECKA ANNA	341		WARSZAWA	POL	K4 50-59 LAT	8	K 75	00:33:11	01:04:30	01:35:47.65	01:37:30.40	7:22	8.1
18	KRASUSKA MAGDALENA	445		WARSZAWA	POL	K2 30-39 LAT	26	K 77	00:32:44	01:04:20	01:36:18.45	01:37:23.40	7:24	8.1
19	WINIARSKA IZA	77	OBROŃCÓW TOBRUKU 40 , 01-494 WARSZAWA	WARSZAWA	POL	K3 40-49 LAT	38	K 82	00:31:25	01:04:50	01:39:01.75	01:39:16.45	7:37	7.9
20	DZIERŻANOWSKA KINGA	106		WARSZAWA	POL	K2 30-39 LAT	28	K 83	00:33:14	01:05:22	01:39:10.75	01:39:50.85	7:37	7.9
21	MIERZEJEWSKA-JASIŃSKA MARTYNA	244	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	K2 30-39 LAT	29	K 85	00:34:40	01:06:34	01:39:28.95	01:40:30.30	7:39	7.8
22	MONIKA LEWANDOWSKA	256		WARSZAWA	POL	K3 40-49 LAT	41	K 88	00:33:40	01:06:38	01:41:14.15	01:41:52.85	7:47	7.7
23	WIŚNIEWSKA-DUDA ANNA	397		WARSZAWA	POL	K2 30-39 LAT	31	K 89	00:34:49	01:07:20	01:41:31.80	01:41:45.30	7:48	7.7
24	ZATYLNĄ JOANNA	410		WARSZAWA	POL	K2 30-39 LAT	32	K 91	00:33:01	01:05:29	01:42:14.65	01:43:45.00	7:51	7.6
25	WINDER AGNIESZKA	394		WARSZAWA	POL	K3 40-49 LAT	46	K 96	00:34:00	01:07:38	01:43:56.45	01:45:03.55	7:59	7.5
26	ŁĄCKA ILONA	12	BIAŁOLEŃKA JEST KOBIETĄ	WARSZAWA	POL	K4 50-59 LAT	12	K 99	00:34:44	01:10:05	01:46:58.40	01:48:24.80	8:13	7.3
27	METELSKA MAGDALENA	235		WARSZAWA	POL	K3 40-49 LAT	51	K 107	00:34:06	01:11:08	01:54:21.25	01:54:42.50	8:47	6.8

BIAŁOŁĘCKI BIEG WOLNOŚCI, Mieszkanka Białoleki c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.4km	8.7km	Netto	Brutto	min/km	km/h
28	KUJAWSKA JOANNA	211	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	K3 40-49 LAT	53	K 112	00:33:28	01:06:07			7:35	7.9
29	MAJCHRZAK ANNA	3		WARSZAWA	POL	K2 30-39 LAT	36	K 115	00:35:55	01:09:33			7:59	7.5
30	TELAKOWSKA ANITA	372		WARSZAWA	POL	K3 40-49 LAT	57	K 119	00:35:15	01:11:23			8:12	7.3
31	SCHINDLER ZANETA	323		WARSZAWA	POL	K3 40-49 LAT	60	K 124	00:25:59				5:54	10.2
32	SOLAREK KINGA	5		WARSZAWA	POL	K2 30-39 LAT	40	K 129	00:36:14				8:14	7.3
33	LACH MARTA	215	SLOW JOGGING BIAŁOŁĘKA	WARSZAWA	POL	K3 40-49 LAT	63	K 130	00:37:11				8:27	7.1
34	BRZĄKAŁA RENATA	53	SLOW JOGGING BIAŁOŁĘKA	WARSZAWA	POL	K4 50-59 LAT	18	K 137	01:02:56				14:18	4.2

BIAŁOŁĘCKI BIEG WOLNOŚCI, Pracownicy Służby Więziennej - kobiety

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.4km	8.7km	Netto	Brutto	min/km	km/h
1	KALICZYŃSKA WIOLETTA	171	PROJEKT1000UP/OZZKS MOZ GDAŃSK	RUMIA	POL	K3 40-49 LAT	5	K 9	00:24:01	00:47:50	01:12:30.55	01:12:56.85	5:34	10.8
2	SERAFIN-GORSZKOWSKA PAULINA	326		WROCLAW	POL	K3 40-49 LAT	6	K 13	00:24:34	00:48:48	01:13:30.55	01:13:52.70	5:39	10.6
3	MYŚLIŃSKA ANNA	75	BIAŁOŁĘKA JEST KOBIETĄ	WARSZAWA	POL	K3 40-49 LAT	20	K 47	00:29:04	00:57:06	01:26:18.50	01:26:55.50	6:38	9
4	SZYBOWSKA-SZYMCZAK JOANNA	363	SW - AŚ GRÓJEC	KOCERANY	POL	K2 30-39 LAT	21	K 57	00:29:22	00:59:57	01:30:49.85	01:31:09.85	6:59	8.6
5	LEZNER KAROLINA	220		WARSZAWA	POL	K2 30-39 LAT	27	K 78	00:33:16	01:04:36	01:36:47.45	01:38:08.90	7:26	8.1
6	SZOT AGNIESZKA	357		ŁÓDŹ	POL	K4 50-59 LAT	17	K 135	00:48:20				10:59	5.5

BIAŁOŁĘCKI BIEG WOLNOŚCI, Mieszkaniec Białoleki

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.4km	8.7km	Netto	Brutto	min/km	km/h
1	SKWARCZ PAWEŁ	336		WARSZAWA	POL	M2 30-39 LAT	4	M 6	00:18:04	00:36:47	00:55:16.35	00:55:18.85	4:15	14.1
2	GOZDEK RADEK	135	BIEGANIEPO40.PL	WARSZAWA	POL	M3 40-49 LAT	3	M 11	00:18:48	00:37:41	00:57:01.65	00:57:03.70	4:23	13.7
3	ANUSIEWICZ ROBERT	17	-	WARSZAWA	POL	M3 40-49 LAT	5	M 20	00:19:24	00:38:50	00:58:57.80	00:59:25.50	4:32	13.2
4	MIOTK MARCIN	252	MIOTK.PL	WARSZAWA	POL	M3 40-49 LAT	6	M 19	00:19:00	00:39:00	00:59:14.15	00:59:16.35	4:33	13.2
5	MIELCZAREK KRZYSZTOF	468	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M3 40-49 LAT	7	M 21	00:19:22	00:39:18	00:59:50.50	00:59:53.50	4:36	13
6	KAMIŃSKI PAWEŁ	447	BIEGANIEPO40.PL	WARSZAWA	POL	M3 40-49 LAT	10	M 25	00:19:57	00:40:22	01:00:49.45	01:00:56.00	4:40	12.8
7	BARANOWSKI JACEK	482		WARSZAWA	POL	M3 40-49 LAT	17	M 36	00:20:33	00:41:57	01:03:47.45	01:03:50.95	4:54	12.2
8	SOBOLEWSKI JAKUB	465	BRACTWO BIEGOWE BGK	WARSZAWA	POL	M3 40-49 LAT	18	M 38	00:21:17	00:43:03	01:04:24.10	01:04:45.05	4:57	12.1
9	TOMASZEK ROBERT	373		WARSZAWA	POL	M3 40-49 LAT	20	M 41	00:21:10	00:43:00	01:05:45.75	01:05:49.75	5:03	11.9
10	STĘPIEŃ ADAM	347	ANANASY	WARSZAWA	POL	M3 40-49 LAT	21	M 43	00:21:29	00:43:17	01:05:48.40	01:05:54.10	5:03	11.9
11	JUTKIEWICZ MARCIN	168	OBIEGANIU.PL	WARSZAWA	POL	M3 40-49 LAT	22	M 44	00:22:25	00:44:05	01:06:20.20	01:06:32.90	5:06	11.8
12	KŁĄB JACEK	182		WARSZAWA	POL	M3 40-49 LAT	28	M 53	00:23:04	00:45:39	01:08:27.65	01:08:42.60	5:15	11.4
13	BARTCZAK ROBERT	30		WARSZAWA	POL	M4 50-59	5	M 54	00:23:04	00:45:40	01:08:31.40	01:08:44.70	5:16	11.4
14	KANIA PAWEŁ	173	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M4 50-59	6	M 56	00:22:56	00:45:51	01:08:40.80	01:09:21.40	5:16	11.4
15	ZIOMEK MAREK	420		WARSZAWA	POL	M3 40-49 LAT	31	M 60	00:21:52	00:44:58	01:09:02.35	01:09:09.85	5:18	11.3
16	ZDUNEK MICHAŁ	413		WARSZAWA	POL	M3 40-49 LAT	32	M 61	00:22:54	00:46:09	01:09:10.45	01:09:24.95	5:19	11.3
17	JAWORSKI PIOTR	2	MARKOWI BIEGACZE	WARSZAWA	POL	M3 40-49 LAT	36	M 67	00:22:27	00:45:56	01:09:53.75	01:10:01.30	5:22	11.2
18	PUSEK MIKOŁAJ	300		WARSZAWA	POL	M1 < 29 LAT	5	M 71	00:24:50	00:47:39	01:10:24.95	01:11:28.40	5:24	11.1
19	SENATOR ARTUR	325		WARSZAWA	POL	M2 30-39 LAT	21	M 76	00:24:00	00:47:48	01:11:16.85	01:11:27.20	5:28	10.9
20	KUCHAREK PAWEŁ	207		WARSZAWA	POL	M2 30-39 LAT	23	M 81	00:24:05	00:47:56	01:12:20.05	01:12:33.95	5:33	10.8
21	SOBOLEWSKI MATEUSZ	467	ŻÓRAWSKI TEAM	WWA	POL	M1 < 29 LAT	7	M 89	00:23:32	00:47:50	01:12:56.00	01:12:56.00	5:36	10.7
22	PROKOPIUK GRZEGORZ	295	SZWAGRY DWA	WARSZAWA	POL	M3 40-49 LAT	45	M 92	00:24:42	00:49:01	01:13:22.25	01:14:14.80	5:38	10.6
23	DĄBROWSKI DANIEL	92	TARCHOŚFIRY	WARSZAWA	POL	M1 < 29 LAT	9	M 99	00:26:16	00:50:33	01:13:55.05	01:15:17.15	5:41	10.6
24	OLSZANKA ARKADIUSZ	277		WARSZAWA	POL	M3 40-49 LAT	54	M 108	00:25:24	00:50:43	01:15:39.90	01:16:51.65	5:49	10.3
25	BARTOSZUK SŁAWOMIR	32		WARSZAWA	POL	M4 50-59	13	M 118	00:26:12	00:51:22	01:17:00.65	01:18:11.60	5:55	10.1
26	GAWLIK ARKADIUSZ	123	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M3 40-49 LAT	58	M 119	00:25:42	00:51:31	01:17:04.20	01:17:39.40	5:55	10.1
27	FRĄCKIEWICZ DARIUSZ	116	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M3 40-49 LAT	60	M 123	00:24:59	00:50:34	01:17:19.25	01:17:54.85	5:56	10.1
28	GRZEJDEK IGOR	145	NAPRZÓD MŁOCINY	WARSZAWA	POL	M3 40-49 LAT	61	M 124	00:25:24	00:51:08	01:17:30.80	01:18:08.55	5:57	10.1
29	PAZIEWSKI ANDRZEJ	290	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M3 40-49 LAT	62	M 125	00:26:05	00:51:40	01:17:37.00	01:18:18.75	5:58	10
30	BINIEK ADAM	44	MORSY ZIELONKA	WARSZAWA	POL	M3 40-49 LAT	64	M 127	00:27:56	00:52:58	01:17:56.95	01:19:15.20	5:59	10
31	KONIECKI TOMASZ	189		WARSZAWA	POL	M4 50-59	18	M 136	00:25:43	00:51:54	01:18:30.65	01:18:45.65	6:02	9.9
32	WÓJCICKI BARTOSZ	406		WARSZAWA	POL	M2 30-39 LAT	37	M 138	00:25:55	00:51:54	01:18:33.75	01:18:49.80	6:02	9.9
33	WYRWAS TADEUSZ	408	PGB SPORTOWA PACZKA	ŁOMŻA	POL	M5 60+	7	M 139	00:27:07	00:53:19	01:18:44.15	01:19:06.65	6:03	9.9

BIAŁOŁĘCKI BIEG WOLNOŚCI, Mieszkaniec Białotęki c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.4km	8.7km	Netto	Brutto	min/km	km/h
34	TYSZKO PIOTR	382		WARSZAWA	POL	M2 30-39 LAT	38	M 142	00:26:10	00:52:25	01:19:24.85	01:20:09.30	6:06	9.8
35	GRAD TOMASZ	139	MARKOWI BIEGACZE	WARSZAWA	POL	M3 40-49 LAT	74	M 150	00:27:28	00:54:14	01:21:25.30	01:21:57.10	6:15	9.6
36	BAKUŁA WIESŁAW	22	WAMPIR	WACH 140A	POL	M4 50-59	20	M 151	00:26:35	00:53:17	01:21:30.10	01:22:12.30	6:16	9.6
37	CHODNIEWICZ MICHAŁ	66		WARSZAWA	POL	M2 30-39 LAT	41	M 152	00:24:54	00:51:51	01:21:30.75	01:21:40.70	6:16	9.6
38	DOMINIAK ZBIGNIEW	96	BEZPRĄDOWY KLUB BIEGOWY	WARSZAWA	POL	M3 40-49 LAT	75	M 158	00:26:19	00:54:00	01:22:20.00	01:22:36.65	6:20	9.5
39	BANASIAK MIROSLAW	25		WARSZAWA	POL	M3 40-49 LAT	79	M 164	00:27:51	00:55:28	01:23:04.00	01:24:00.70	6:23	9.4
40	GRZESZCZYK MICHAŁ	146	EKOBIEGI	WARSZAWA	POL	M3 40-49 LAT	82	M 168	00:28:41	00:55:50	01:23:22.05	01:24:47.00	6:24	9.4
41	ZDUŃSKI JAROSŁAW	414	TAK SOBIE DREPCZĘ	WARSZAWA	POL	M4 50-59	24	M 172	00:27:35	00:55:31	01:23:57.30	01:24:41.45	6:27	9.3
42	MIŁOSZ MAREK	250		WARSZAWA	POL	M4 50-59	25	M 174	00:26:21	00:54:15	01:24:04.55	01:24:19.80	6:28	9.3
43	FIEJTEK PIOTR	110		WARSZAWA	POL	M2 30-39 LAT	46	M 175	00:28:42	00:55:41	01:24:30.45	01:25:45.00	6:30	9.2
44	NOWAKOWSKI PIOTR	499		WARSZAWA	POL	M1 < 29 LAT	12	M 180	00:26:50	00:55:15	01:25:16.25	01:25:42.15	6:33	9.1
45	JĘDRASZCZYK MACIEJ	164		WARSZAWA	POL	M3 40-49 LAT	93	M 191	00:30:24	00:58:40	01:27:55.75	01:28:48.80	6:45	8.9
46	JARMUŻEWSKI ADAM	161	TIA	WARSZAWA	POL	M3 40-49 LAT	95	M 193	00:32:35	01:00:37	01:28:24.70	01:29:56.45	6:48	8.8
47	PLATEK EMIL	292	ALIOR RUNNING TEAM	WARSZAWA	POL	M2 30-39 LAT	49	M 199	00:32:32	01:01:04	01:29:43.05	01:31:19.20	6:54	8.7
48	CZAJKOWSKI RAFAŁ	83	EKOBIEGI	WARSZAWA	POL	M3 40-49 LAT	98	M 208	00:33:04	01:01:57	01:31:02.35	01:32:26.45	7:00	8.6
49	ROSZAK WALDEMAR	10	BIEGAM NA ZIELONEJ BIAŁOŁĘCE	WARSZAWA	POL	M4 50-59	34	M 210	00:34:35	01:03:27	01:31:23.25	01:32:51.50	7:01	8.5
50	MATUSZEWSKI ROBERT	232		WARSZAWA	POL	M3 40-49 LAT	100	M 211	00:32:28	01:01:47	01:31:25.55	01:32:43.05	7:01	8.5
51	BIAŁOKOS KAMIL	40		WARSZAWA	POL	M3 40-49 LAT	101	M 214	00:32:50	01:02:16	01:32:02.15	01:33:09.85	7:04	8.5
52	CZARTORYSKI KRYSZTIAN	85		WARSZAWA	POL	M3 40-49 LAT	104	M 218	00:32:52	01:01:57	01:32:54.75	01:34:00.60	7:08	8.4
53	BUCZEK PIOTR	55		WARSZAWA	POL	M3 40-49 LAT	105	M 222	00:32:28	01:02:37	01:33:56.40	01:34:17.95	7:13	8.3
54	ŁUCZAK PIOTR	225	PKO BANK POLSKI	WARSZAWA	POL	M3 40-49 LAT	106	M 224	00:30:32	01:02:12	01:34:36.65	01:35:16.55	7:16	8.2
55	ŁOZOWSKI ROBERT	221		WARSZAWA	POL	M3 40-49 LAT	110	M 232	00:32:41	01:04:26	01:37:47.55	01:39:29.05	7:31	8
56	PRZYBYŁA KAROL	298	MASADA	WARSZAWA	POL	M2 30-39 LAT	57	M 235	00:33:14	01:05:22	01:39:11.10	01:39:51.80	7:37	7.9
57	TYBURC PAWEŁ	19	ACHILLES BIAŁOŁĘKA	WARSZAWA	POL	M3 40-49 LAT	111	M 236	00:31:03	01:03:43	01:39:20.90	01:39:33.70	7:38	7.9
58	GÓRZYŃSKI JANUSZ	138	BESTIE OCR LEGIONOWO	WARSZAWA	POL	M3 40-49 LAT	112	M 237	00:32:22	01:03:41	01:39:36.30	01:41:09.75	7:39	7.8
59	MUCHA GRZEGORZ	258		WARSZAWA	POL	M5 60+	17	M 238	00:33:57	01:06:37	01:39:41.35	01:40:44.90	7:40	7.8
60	JANKOWSKI TOMASZ	496		WARSZAWA	POL	M3 40-49 LAT	113	M 243	00:34:30	01:07:07	01:40:58.40	01:42:35.15	7:46	7.7
61	ZATYLYN TOMASZ	411		WARSZAWA	POL	M3 40-49 LAT	114	M 244	00:33:02	01:05:30	01:42:14.80	01:43:45.00	7:51	7.6
62	LACH MARCIN	216		WARSZAWA	POL	M3 40-49 LAT	115	M 248	00:34:55	01:10:29	01:48:01.00	01:49:31.15	8:18	7.2
63	BAK HUBERT	34		WARSZAWA	POL	M2 30-39 LAT	59	M 249	00:33:00	01:08:32	01:50:39.80	01:51:35.40	8:30	7
64	ŁUKASIEWICZ ROBERT	226	KOKOSZKA36TEAM	WARSZAWA	POL	M3 40-49 LAT	116	M 250	00:34:02	01:11:31	01:50:41.90	01:51:35.10	8:30	7
65	CIEŚLAK PAWEŁ	73	SLOWJOGGING BIAŁOŁĘKA	WARSZAWA	POL	M4 50-59	44	M 251	00:36:08	01:11:07	01:51:02.05	01:52:47.85	8:32	7
66	CISZEWSKI KRZYSZTOF	74		WARSZAWA	POL	M3 40-49 LAT	118	M 255	00:22:44	00:44:43			5:08	11.7
67	SUCHODOLSKI MARIUSZ	352		WARSZAWA	POL	M3 40-49 LAT	125	M 267	00:29:46				6:45	8.9
68	KITA GRZEGORZ	181	OLD GUARD OCR	WARSZAWA	POL	M4 50-59	47	M 269	00:30:14				6:52	8.7
69	ZIELIŃSKI PAWEŁ	418		WARSZAWA	POL	M2 30-39 LAT	62	M 271	00:32:00				7:16	8.3
70	DĄBROWA BARTOSZ	89	BIAŁOŁĘKA PRZYSZŁOŚCI	WARSZAWA	POL	M1 < 29 LAT	18	M 278	00:35:55				8:09	7.4
71	KUCICKI KRZYSZTOF	209		WARSZAWA	POL	M3 40-49 LAT	129	M 281	00:36:26				8:16	7.2
72	KAMIŃSKI WALDEMAR	9	SLOW JOGGING BIAŁOŁĘKA	WARSZAWA	POL	M4 50-59	52	M 286	01:02:58				14:18	4.2

BIAŁOŁĘCKI BIEG WOLNOŚCI, Pracownicy Służby Więziennej - mężczyźni

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.4km	8.7km	Netto	Brutto	min/km	km/h
1	FIEDOROW TOMASZ	111	ZK BARCZEWO	BARCZEWO	POL	M2 30-39 LAT	11	M 24	00:19:45	00:40:02	01:00:36.25	01:00:39.15	4:39	12.9
2	BIAŁEK PIOTR	39	3BRO - ZK BARCZEWO	OLSZTYN	POL	M3 40-49 LAT	12	M 29	00:20:15	00:40:37	01:01:14.40	01:01:18.30	4:42	12.7
3	ZELENT ARKADIUSZ	415	SĄD REJONOWY W MIŃSKU MAZOWIECKIM	SIEDLCE	POL	M3 40-49 LAT	16	M 34	00:21:10	00:42:06	01:03:25.80	01:03:30.85	4:52	12.3
4	WILMOWICZ MICHAŁ	393	ZK BARCZEWO	BARTĄG	POL	M2 30-39 LAT	14	M 39	00:21:12	00:43:03	01:04:41.90	01:04:45.90	4:58	12.1
5	TOMCZAK MARCIN	375		CIECHANÓW	POL	M3 40-49 LAT	26	M 50	00:22:27	00:44:53	01:07:31.70	01:07:36.75	5:11	11.6
6	BIEDKA ROBERT	472			POL	M3 40-49 LAT	29	M 58	00:23:43	00:46:16	01:08:45.50	01:09:12.70	5:17	11.3
7	GLINKA KAROL	128		PUŁTUSK	POL	M2 30-39 LAT	19	M 69	00:24:10	00:47:20	01:10:07.05	01:10:52.65	5:23	11.1
8	BECZ KAROL	36	SW - AŚ GRÓJEC	BIAŁOBRZEGI	POL	M2 30-39 LAT	20	M 72	00:22:58	00:46:27	01:10:49.85	01:11:08.10	5:26	11
9	PRZEPIÓRA ŁUKASZ	296	SW - AŚ GRÓJEC	JULIANÓW	POL	M2 30-39 LAT	22	M 77	00:23:16	00:46:53	01:11:18.05	01:11:18.05	5:29	10.9
10	BIESZCZAD ŁUKASZ	43	SĄD REJONOWY W ROPCZYCACH	ROPCZYCE	POL	M2 30-39 LAT	27	M 96	00:24:28	00:48:41	01:13:31.60	01:13:58.65	5:39	10.6
11	GAJEWSKI MARIUSZ	119		PUŁTUSK	POL	M3 40-49 LAT	55	M 112	00:25:39	00:51:17	01:16:24.65	01:17:16.25	5:52	10.2
12	STANISZEWSKI RAFAŁ	344	TURBODZIKI	POLSKA	POL	M3 40-49 LAT	86	M 177	00:30:18	00:58:24	01:24:59.30	01:26:21.90	6:32	9.2

BIAŁOŁĘCKI BIEG WOLNOŚCI, Pracownicy Służby Więziennej - mężczyźni c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.4km	8.7km	Netto	Brutto	min/km	km/h
13	MYSŁOWSKI MIECZYŚLAW	475			POL	M4 50-59	29	M 198	00:29:46	00:59:46	01:29:24.05	01:30:34.70	6:52	8.7
14	BASIŃSKI PAWEŁ	76		BYDGOSZCZ	POL	M3 40-49 LAT	103	M 217	00:30:35	01:00:15	01:32:40.80	01:33:24.40	7:07	8.4
15	PIKULSKI MAREK	454	SW	MYSIADŁO	POL	M3 40-49 LAT	108	M 229	00:30:53	01:03:25	01:36:15.45	01:36:36.40	7:24	8.1
16	NOWAK JAKUB	71	DOBRZYŃSKI KLUB ŻEGLARSKI	DOBRZYŃ NAD WISŁĄ	POL	M4 50-59	43	M 247	00:33:11	01:09:24	01:45:30.65	01:46:11.30	8:06	7.4
17	CYRUK TOMASZ	79		BIĄŁYSTOK	POL	M3 40-49 LAT	119	M 256	00:30:27	00:58:48			6:45	8.9

BIAŁOŁĘCKI BIEG WOLNOŚCI, K1 < 29 lat

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.4km	8.7km	Netto	Brutto	min/km	km/h
1	KRAJEWSKA KLAUDIA	469		LEGIONOWO	POL	K1 < 29 LAT	1	K 4	00:21:44	00:44:16	01:07:20.05	01:07:25.40	5:10	11.6
2	JODŁOWSKA KLAUDIA	165		WARSZAWA	POL	K1 < 29 LAT	2	K 12	00:24:07	00:48:21	01:13:26.85	01:13:36.95	5:38	10.6
3	SŁOMCZYŃSKA KAROLINA	337		WARSZAWA	POL	K1 < 29 LAT	3	K 21	00:25:51	00:51:13	01:16:55.10	01:17:53.65	5:55	10.1
4	MIKA ANNA	245		ZĄBKI	POL	K1 < 29 LAT	4	K 26	00:25:37	00:51:49	01:17:47.50	01:18:17.50	5:59	10
5	FILIPOWICZ NATALIA	113		WARSZAWA	POL	K1 < 29 LAT	5	K 34	00:29:26	00:54:52	01:21:19.40	01:21:43.15	6:15	9.6
6	MATUSIK KAROLINA	494		MARKI	POL	K1 < 29 LAT	6	K 60	00:31:09	01:01:08	01:31:06.70	01:31:48.10	7:00	8.6
7	STĘPIŃSKA ANNA	348		WARSZAWA	POL	K1 < 29 LAT	7	K 100	00:35:34	01:10:39	01:46:59.85	01:47:53.80	8:13	7.3
8	SŁOTWIŃSKA MARTYNA	493		LEGIONOWO	POL	K1 < 29 LAT	8	K 133	00:42:01				9:32	6.3

BIAŁOŁĘCKI BIEG WOLNOŚCI, M1 < 29 lat

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.4km	8.7km	Netto	Brutto	min/km	km/h
1	BAŁAJ KRZYSZTOF	24	DECATHLON	WARSZAWA	POL	M1 < 29 LAT	1	M 8	00:18:30	00:37:10	00:55:55.35	00:55:59.90	4:18	13.9
2	ABU NAHIA KARIM	11	NADAKTYWNI TORUŃ	TORUŃ	POL	M1 < 29 LAT	2	M 12	00:18:48	00:37:42	00:57:13.30	00:57:16.10	4:24	13.6
3	KLECZEWSKI PIOTR	455	UKS FILIPIDES TERESIN	WARSZAWA	POL	M1 < 29 LAT	3	M 18	00:18:59	00:38:58	00:58:45.15	00:58:48.20	4:31	13.3
4	KOWALIK FILIP	198		WARSZAWA	POL	M1 < 29 LAT	4	M 33	00:19:44	00:40:37	01:03:23.80	01:03:28.65	4:52	12.3
5	PUSEK MIKOŁAJ	300		WARSZAWA	POL	M1 < 29 LAT	5	M 71	00:24:50	00:47:39	01:10:24.95	01:11:28.40	5:24	11.1
6	BAZYDŁO JAKUB	33		WARSZAWA	POL	M1 < 29 LAT	6	M 85	00:24:46	00:48:45	01:12:29.10	01:12:48.30	5:34	10.8
7	SOBOLEWSKI MATEUSZ	467	ŻÓRAWSKI TEAM	WWA	POL	M1 < 29 LAT	7	M 89	00:23:32	00:47:50	01:12:56.00	01:12:56.00	5:36	10.7
8	POTOROKA VITALII	430	ROZBIEGANY PIASTOW	KONOTOPIA	POL	M1 < 29 LAT	8	M 93	00:24:21	00:48:39	01:13:25.70	01:14:04.65	5:38	10.6
9	DĄBROWSKI DANIEL	92	TARCHOŚFIRY	WARSZAWA	POL	M1 < 29 LAT	9	M 99	00:26:16	00:50:33	01:13:55.05	01:15:17.15	5:41	10.6
10	BIERNAT DAWID	42		TRZEŚŃ	POL	M1 < 29 LAT	10	M 117	00:25:09	00:51:07	01:16:55.75	01:17:50.35	5:55	10.1
11	BURMISTROV VADYM	57		MARKI		M1 < 29 LAT	11	M 163	00:27:45	00:55:08	01:22:51.40	01:23:36.90	6:22	9.4
12	NOWAKOWSKI PIOTR	499		WARSZAWA	POL	M1 < 29 LAT	12	M 180	00:26:50	00:55:15	01:25:16.25	01:25:42.15	6:33	9.1
13	OSYPOWICZ DOMINIK	284		TERESPOL	POL	M1 < 29 LAT	13	M 212	00:32:28	01:02:12	01:31:51.90	01:33:04.90	7:03	8.5
14	RUSIN MICHAŁ	317		JABŁONNA	POL	M1 < 29 LAT	14	M 221	00:32:55	01:04:03	01:33:46.30	01:35:00.30	7:12	8.3
15	GAWRON ADRIAN	124		ZĄBKI	POL	M1 < 29 LAT	15	M 259	00:30:25	01:00:57			7:00	8.6
16	BISOWSKI SZYMON	474			POL	M1 < 29 LAT	16	M 270	00:31:33				7:10	8.4
17	PAWLAK PRZEMYSŁAW	289	R-TEAM ŁOWICZ	ŁOWICZ	POL	M1 < 29 LAT	17	M 272	00:32:06				7:17	8.2
18	DĄBROWA BARTOSZ	89	BIAŁOŁĘKA PRZYSZŁOŚCI	WARSZAWA	POL	M1 < 29 LAT	18	M 278	00:35:55				8:09	7.4

BIAŁOŁĘCKI BIEG WOLNOŚCI, K2 30-39 lat

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.4km	8.7km	Netto	Brutto	min/km	km/h
1	ŚLUSARZYK KATARZYNA	367	OKISPORT	WARSZAWA	POL	K2 30-39 LAT	1	K 1	00:21:24	00:42:00	01:02:42.00	01:02:42.00	4:49	12.4
2	MEJKA MAŁGORZATA	234		LUBAWA	POL	K2 30-39 LAT	2	K 3	00:22:33	00:43:45	01:06:19.50	01:06:53.80	5:06	11.8
3	DROGOSZEWSKA MAGDALENA	97		WARSZAWA	POL	K2 30-39 LAT	3	K 7	00:23:58	00:47:39	01:11:20.60	01:11:31.80	5:29	10.9
4	TARNOWSKA NIKA	451		TORUŃ	POL	K2 30-39 LAT	4	K 10	00:24:18	00:48:30	01:12:33.20	01:12:46.80	5:34	10.8
5	WINKOWSKA-STRUZIK MAGDALENA	396	DUKLANOWSKI TEAM	WARSZAWA	POL	K2 30-39 LAT	5	K 11	00:24:15	00:48:37	01:12:46.25	01:13:00.85	5:35	10.7
6	BORUC MAGDALENA	50	MILWAUKEE POLSKA	WARSZAWA	POL	K2 30-39 LAT	6	K 14	00:23:58	00:48:43	01:13:34.35	01:13:45.35	5:39	10.6
7	NAPIONTEK MARIA	262		WARSZAWA	POL	K2 30-39 LAT	7	K 16	00:24:48	00:49:44	01:14:33.45	01:14:42.30	5:44	10.5
8	MAJ KAMILA	228		WARSZAWA	POL	K2 30-39 LAT	8	K 18	00:24:02	00:48:59	01:14:51.35	01:14:57.20	5:45	10.4
9	KĄDZIOŁKA BEATA	177		STAŁOWA WOLA	POL	K2 30-39 LAT	9	K 20	00:24:44	00:50:08	01:16:32.70	01:16:42.20	5:53	10.2

BIAŁOŁĘCKI BIEG WOLNOŚCI, K2 30-39 lat c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.4km	8.7km	Netto	Brutto	min/km	km/h
10	WALECKA WIKTORIA	443	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	K2 30-39 LAT	10	K 25	00:25:31	00:51:26	01:17:40.25	01:18:25.55	5:58	10
11	WINDLOCH EMILIA	395	ZABIEGANY WOŁOMIN	KOBYŁKA	POL	K2 30-39 LAT	11	K 28	00:27:52	00:53:02	01:18:00.90	01:19:10.75	6:00	10
12	IZDEBSKA KAROLINA	156	AKTYWNA WARSZAWA	WARSZAWA	POL	K2 30-39 LAT	12	K 30	00:26:16	00:52:23	01:19:18.25	01:19:50.65	6:06	9.8
13	WESOŁOWSKA MONIKA	388	ZABIEGANA	NIEPORĘT	POL	K2 30-39 LAT	13	K 33	00:26:33	00:53:34	01:20:42.35	01:21:00.20	6:12	9.7
14	FURMANIAK PAŃCZAK JOANNA	117	TEAM PARSZCZYŃSKICH	WARSZAWA	POL	K2 30-39 LAT	14	K 37	00:28:18	00:55:14	01:22:17.75	01:23:05.10	6:19	9.5
15	ZUBELEWICZ-JERUZALSKA ANNA	423		WARSZAWA	POL	K2 30-39 LAT	15	K 39	00:28:20	00:55:17	01:22:20.20	01:23:05.05	6:20	9.5
16	STOLARSKA PAULINA	349	WARSAW RUN CLUB	WARSZAWA	POL	K2 30-39 LAT	16	K 44	00:29:48	00:57:08	01:23:57.25	01:25:03.65	6:27	9.3
17	MAJ MAGDALENA	449		WARSZAWA	POL	K2 30-39 LAT	17	K 45	00:29:59	00:58:34	01:26:03.70	01:27:09.30	6:37	9.1
18	KĘDZIOREK ELA	179		WIĄZOWNA	POL	K2 30-39 LAT	18	K 50	00:31:40	01:00:10	01:28:18.40	01:29:34.35	6:47	8.8
19	BARNAS ILONA	29	PRETTYFITTYTEAM	WARSZAWIA	POL	K2 30-39 LAT	19	K 51	00:31:46	01:00:43	01:28:28.20	01:29:24.90	6:48	8.8
20	SKELTON SARAH	332	VEGE RUNNERS	WARSZAWA	POL	K2 30-39 LAT	20	K 53	00:32:08	01:01:41	01:30:11.10	01:31:23.90	6:56	8.6
21	SZYBOWSKA-SZYMCZAK JOANNA	363	SW - AŚ GRÓJEC	KOCERANY	POL	K2 30-39 LAT	21	K 57	00:29:22	00:59:57	01:30:49.85	01:31:09.85	6:59	8.6
22	BORAWSKA EMILIA	458	BEMOWO BIEGA	WARSZAWA	POL	K2 30-39 LAT	22	K 58	00:33:11	01:02:17	01:30:58.30	01:32:07.30	6:59	8.6
23	KACZMAREK KATARZYNA	169	MARKOWI BIEGACZE	MARKI	POL	K2 30-39 LAT	23	K 65	00:30:39	01:01:22	01:32:49.10	01:34:05.15	7:08	8.4
24	CZERWIEC MAŁGORZATA	88		MARKI	POL	K2 30-39 LAT	24	K 67	00:33:18	01:03:23	01:33:29.15	01:35:14.35	7:11	8.3
25	GALIŃSKA MAGDALENA	120	WARSZAWSKI ZAUŁEK	LEGIONOWO	POL	K2 30-39 LAT	25	K 76	00:32:42	01:03:54	01:35:55.00	01:37:27.30	7:22	8.1
26	KRASUSKA MAGDALENA	445		WARSZAWA	POL	K2 30-39 LAT	26	K 77	00:32:44	01:04:20	01:36:18.45	01:37:23.40	7:24	8.1
27	LEZNER KAROLINA	220		WARSZAWA	POL	K2 30-39 LAT	27	K 78	00:33:16	01:04:36	01:36:47.45	01:38:08.90	7:26	8.1
28	DZIERŻANOWSKA KINGA	106		WARSZAWA	POL	K2 30-39 LAT	28	K 83	00:33:14	01:05:22	01:39:10.75	01:39:50.85	7:37	7.9
29	MIERZEJEWSKA-JASIŃSKA MARTYNA	244	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	K2 30-39 LAT	29	K 85	00:34:40	01:06:34	01:39:28.95	01:40:30.30	7:39	7.8
30	CHOJNOWSKA MARTA	68		SULEJÓWEK	POL	K2 30-39 LAT	30	K 86	00:33:54	01:06:32	01:40:31.55	01:41:49.65	7:43	7.8
31	WIŚNIEWSKA-DUDA ANNA	397		WARSZAWA	POL	K2 30-39 LAT	31	K 89	00:34:49	01:07:20	01:41:31.80	01:41:45.30	7:48	7.7
32	ZATYLNA JOANNA	410		WARSZAWA	POL	K2 30-39 LAT	32	K 91	00:33:01	01:05:29	01:42:14.65	01:43:45.00	7:51	7.6
33	LESZCZYŃSKA MARLENA	219		WARSZAWA	POL	K2 30-39 LAT	33	K 97	00:33:53	01:08:49	01:44:46.35	01:46:11.95	8:03	7.4
34	ROMANOWSKA EWA	311		WARSZAWA	POL	K2 30-39 LAT	34	K 110	00:30:07	01:00:20			6:56	8.7
35	OPONSKA EMILIA	278	BIEGAM NA TARCHOMINIE	JABŁONNA	POL	K2 30-39 LAT	35	K 113	00:32:31	01:06:15			7:36	7.9
36	MAJCHRZAK ANNA	3		WARSZAWA	POL	K2 30-39 LAT	36	K 115	00:35:55	01:09:33			7:59	7.5
37	SAJEWSKA KAROLINA	321		WARSZAWA	POL	K2 30-39 LAT	37	K 121	00:37:11	01:17:30			8:54	6.7
38	KUNDYS KAROLINA	433		WARSZAWA	POL	K2 30-39 LAT	38	K 122	00:29:55	01:22:31			9:29	6.3
39	REGULSKA EWA	307		WARSZAWA	POL	K2 30-39 LAT	39	K 125	00:29:27				6:41	9
40	SOLAREK KINGA	5		WARSZAWA	POL	K2 30-39 LAT	40	K 129	00:36:14				8:14	7.3
41	OGOŃCZYK DONATA	272		SEROCK	POL	K2 30-39 LAT	41	K 131	00:39:47				9:02	6.6
42	BOHDZIEWICZ IZABELA	49		WARSZAWA	POL	K2 30-39 LAT	42	K 132	00:40:12				9:08	6.6

BIAŁOŁĘCKI BIEG WOLNOŚCI, M2 30-39 lat

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.4km	8.7km	Netto	Brutto	min/km	km/h
1	FALKOWSKI BARTŁOMIEJ	459	PIEKIELNI WARSZAWA	WARSZAWA	POL	M2 30-39 LAT	1	M 1	00:17:14	00:34:14	00:51:19.70	00:51:21.15	3:56	15.2
2	DEMBOWSKI MARIUSZ	93	H+H POLSKA	LIDZBARK	POL	M2 30-39 LAT	2	M 2	00:17:15	00:34:14	00:51:33.85	00:51:35.40	3:57	15.1
3	MARSAŁ MARIUSZ	231	PRL TRANSPORT	NOWY DWÓR MAZOWIECKI	POL	M2 30-39 LAT	3	M 4	00:17:43	00:35:53	00:54:17.75	00:54:20.05	4:10	14.4
4	SKWARCZ PAWEŁ	336		WARSZAWA	POL	M2 30-39 LAT	4	M 6	00:18:04	00:36:47	00:55:16.35	00:55:18.85	4:15	14.1
5	DUTKIEWICZ MACIEJ	483			POL	M2 30-39 LAT	5	M 7	00:17:41	00:35:59	00:55:35.50	00:55:39.00	4:16	14
6	ŁABĘDZKI KONRAD	222	DUKLANOWSKI TEAM	WARSZAWA	POL	M2 30-39 LAT	6	M 9	00:18:49	00:37:42	00:56:09.10	00:56:11.40	4:19	13.9
7	MIEDZIEJEWSKI ANDRZEJ	242	RATE MY TRAIL TEAM PRO	PRUSZKÓW	POL	M2 30-39 LAT	7	M 10	00:18:20	00:37:23	00:56:44.85	00:56:47.45	4:21	13.7
8	WASILEWSKI ADAM	387		DOBRE	POL	M2 30-39 LAT	8	M 13	00:18:26	00:37:51	00:57:32.75	00:57:36.40	4:25	13.6
9	GĄŁUSZKA FILIP	121	KOKOSZKA36TEAM	WARSZAWA	POL	M2 30-39 LAT	9	M 15	00:19:41	00:38:57	00:58:14.65	00:58:23.15	4:28	13.4
10	GORTAT IGOR	134	KB TKKF PROMYK CIECHANÓW	GLINOJEK	POL	M2 30-39 LAT	10	M 16	00:19:28	00:39:00	00:58:34.90	00:58:39.05	4:30	13.3
11	FIEDOROW TOMASZ	111	ZK BARCZEWO	BARCZEWO	POL	M2 30-39 LAT	11	M 24	00:19:45	00:40:02	01:00:36.25	01:00:39.15	4:39	12.9
12	SZYBALSKI MICHAŁ	362	AKTYWNA WARSZAWA	MARKI	POL	M2 30-39 LAT	12	M 26	00:19:44	00:40:43	01:01:02.70	01:01:04.70	4:41	12.8
13	KĄTNIAK PAWEŁ	178		ŁÓDŹ	POL	M2 30-39 LAT	13	M 37	00:21:07	00:42:36	01:04:20.55	01:04:24.35	4:56	12.1
14	WILMOWICZ MICHAŁ	393	ZK BARCZEWO	BARTĄG	POL	M2 30-39 LAT	14	M 39	00:21:12	00:43:03	01:04:41.90	01:04:45.90	4:58	12.1
15	BORKOV SERGIJ	438		WARSZAWA	POL	M2 30-39 LAT	15	M 46	00:22:32	00:44:36	01:06:52.45	01:07:16.85	5:08	11.7
16	MICHALSKI ROBERT	486		WARSZAWA	POL	M2 30-39 LAT	16	M 57	00:22:43	00:45:52	01:08:41.50	01:08:52.35	5:17	11.4
17	MIELCZARSKI BARTOSZ	243		WARSZAWA	POL	M2 30-39 LAT	17	M 63	00:23:43	00:46:31	01:09:21.20	01:09:37.15	5:20	11.2
18	MIODUSZEWSKI MARCIN	251	AR / UM	WARSZAWA	POL	M2 30-39 LAT	18	M 68	00:24:11	00:47:17	01:09:57.65	01:11:09.35	5:22	11.2
19	GLINKA KAROL	128		PULŃTUSK	POL	M2 30-39 LAT	19	M 69	00:24:10	00:47:20	01:10:07.05	01:10:52.65	5:23	11.1

BIĄŁOLECKI BIEG WOLNOŚCI, M2 30-39 lat c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.4km	8.7km	Netto	Brutto	min/km	km/h
20	BECZ KAROL	36	SW - AŚ GRÓJEC	BIĄŁOBRZEGI	POL	M2 30-39 LAT	20	M 72	00:22:58	00:46:27	01:10:49.85	01:11:08.10	5:26	11
21	SENATOR ARTUR	325		WARSZAWA	POL	M2 30-39 LAT	21	M 76	00:24:00	00:47:48	01:11:16.85	01:11:27.20	5:28	10.9
22	PRZEPÍÓRA ŁUKASZ	296	SW - AŚ GRÓJEC	JULIANÓW	POL	M2 30-39 LAT	22	M 77	00:23:16	00:46:53	01:11:18.05	01:11:18.05	5:29	10.9
23	KUCHAREK PAWEŁ	207		WARSZAWA	POL	M2 30-39 LAT	23	M 81	00:24:05	00:47:56	01:12:20.05	01:12:33.95	5:33	10.8
24	WIDERA TOMASZ	389	KOKOSZKA36TEAM	PRUSZKÓW	POL	M2 30-39 LAT	24	M 87	00:24:16	00:48:44	01:12:54.25	01:13:15.70	5:36	10.7
25	CHEĆ TOMASZ	61		WARSZAWA	POL	M2 30-39 LAT	25	M 88	00:25:09	00:49:16	01:12:55.10	01:13:51.00	5:36	10.7
26	IWANIUK TOMASZ	450	ŻYWCEM ZABIEGANI	WARSZAWA	POL	M2 30-39 LAT	26	M 94	00:22:36	00:46:56	01:13:26.45	01:13:34.05	5:38	10.6
27	BIESZCZAD ŁUKASZ	43	SĄD REJONOWY W ROPCZYCACH	ROPCZYCE	POL	M2 30-39 LAT	27	M 96	00:24:28	00:48:41	01:13:31.60	01:13:58.65	5:39	10.6
28	UGRYN MACIEJ	448	#WŁĄCZYŁTURBO	WARSZAWA	POL	M2 30-39 LAT	28	M 98	00:25:45	00:49:47	01:13:39.45	01:14:27.90	5:39	10.6
29	BOGUICKI MICHAŁ	48		WARSZAWA	POL	M2 30-39 LAT	29	M 107	00:25:11	00:50:08	01:15:34.20	01:16:50.50	5:48	10.3
30	GUMUŁA JAKUB	147	KSZO OSTROWIEC	OSTROWIEC ŚWIĘTOKRZYSKI	POL	M2 30-39 LAT	30	M 109	00:25:42	00:50:58	01:15:48.70	01:16:52.50	5:49	10.3
31	SIEDLECKI ŁUKASZ	328	BIEGANIEPO40.PL	WARSZAWA	POL	M2 30-39 LAT	31	M 110	00:27:57	00:52:02	01:16:04.00	01:17:09.60	5:51	10.3
32	TROJANOWSKI RAFAŁ	378	BIEGAM BO LUBIĘ ZĄBK TEAM	ZĄBK	POL	M2 30-39 LAT	32	M 114	00:25:37	00:51:35	01:16:31.85	01:17:01.35	5:53	10.2
33	TRACZYK PRZEMYSŁAW	470	ASFALTLOVE DZIKI	CIECHANÓW	POL	M2 30-39 LAT	33	M 115	00:25:03	00:50:59	01:16:41.40	01:16:48.45	5:53	10.2
34	STASIAK PIOTR	345		ZIELONKA	POL	M2 30-39 LAT	34	M 129	00:26:21	00:51:52	01:18:07.30	01:18:42.35	6:00	10
35	KOSIŃSKI OLEK	193		PIASECZNO	POL	M2 30-39 LAT	35	M 131	00:26:08	00:51:55	01:18:17.60	01:18:46.80	6:01	10
36	WINIARCZYK ADRIAN	432		STARY KONIK	POL	M2 30-39 LAT	36	M 137	00:26:23	00:53:05	01:18:32.15	01:18:50.45	6:02	9.9
37	WÓJCICKI BARTOSZ	406		WARSZAWA	POL	M2 30-39 LAT	37	M 138	00:25:55	00:51:54	01:18:33.75	01:18:49.80	6:02	9.9
38	TYSZKO PIOTR	382		WARSZAWA	POL	M2 30-39 LAT	38	M 142	00:26:10	00:52:25	01:19:24.85	01:20:09.30	6:06	9.8
39	SZPADZIK JAROSŁAW	358	BIEGACZE MF	MARKI	POL	M2 30-39 LAT	39	M 146	00:27:40	00:53:54	01:20:36.65	01:22:25.70	6:12	9.7
40	GRYCNER PAWEŁ	142	CTS	WARSZAWA	POL	M2 30-39 LAT	40	M 149	00:28:37	00:55:10	01:21:22.95	01:22:15.25	6:15	9.6
41	CHODNIEWICZ MICHAŁ	66		WARSZAWA	POL	M2 30-39 LAT	41	M 152	00:24:54	00:51:51	01:21:30.75	01:21:40.70	6:16	9.6
42	... RAFAŁ	477		WARSZAWA	POL	M2 30-39 LAT	42	M 155	00:29:51	00:55:51	01:22:06.55	01:23:23.40	6:18	9.5
43	KAMIŃSKI MICHAŁ	471		WARSZAWA	POL	M2 30-39 LAT	43	M 160	00:32:04	00:57:46	01:22:35.75	01:24:10.80	6:21	9.4
44	MIKOŁAJCZYK ANDRZEJ	247		WARSZAWA	POL	M2 30-39 LAT	44	M 169	00:30:06	00:57:22	01:23:23.05	01:24:40.75	6:24	9.4
45	BARG KAROL	466		WARSZAWA	POL	M2 30-39 LAT	45	M 170	00:26:10	00:53:28	01:23:45.50	01:24:28.20	6:26	9.3
46	FIJTEK PIOTR	110		WARSZAWA	POL	M2 30-39 LAT	46	M 175	00:28:42	00:55:41	01:24:30.45	01:25:45.00	6:30	9.2
47	BARANOWSKI ŁUKASZ	28		BIĄŁACZÓW	POL	M2 30-39 LAT	47	M 179	00:28:05	00:56:35	01:25:15.70	01:25:54.75	6:33	9.1
48	ANIOŁKOWSKI KRZYSZTOF	15	AKTYWNA WARSZAWA	WARSZAWA	POL	M2 30-39 LAT	48	M 183	00:29:11	00:56:34	01:25:52.40	01:26:53.70	6:36	9.1
49	PLATEK EMIL	292	ALIOR RUNNING TEAM	WARSZAWA	POL	M2 30-39 LAT	49	M 199	00:32:32	01:01:04	01:29:43.05	01:31:19.20	6:54	8.7
50	MUSIAŁ MARCIN	259		PRUSZKÓW	POL	M2 30-39 LAT	50	M 201	00:30:37	00:59:48	01:30:05.40	01:30:57.30	6:55	8.7
51	WITKOWSKI PIOTR	401	VEGE RUNNERS	WARSZAWA	POL	M2 30-39 LAT	51	M 203	00:32:07	01:01:41	01:30:11.05	01:31:24.55	6:56	8.6
52	WOLFF TOMASZ	405	BIEGAM BO LUBIĘ ZĄBK TEAM	ZĄBK	POL	M2 30-39 LAT	52	M 206	00:31:51	01:00:05	01:30:55.60	01:31:58.00	6:59	8.6
53	OKSINIUK MARCIN	274	TURBODZIKI	WOLICA	POL	M2 30-39 LAT	53	M 220	00:29:44	01:00:24	01:33:33.70	01:34:56.70	7:11	8.3
54	KUNKA PIOTR	213	TEAM ZABIEGANEDNI	JAKUBÓW	POL	M2 30-39 LAT	54	M 223	00:33:23	01:04:11	01:34:22.75	01:35:59.40	7:15	8.3
55	KOFALSKI JAKUB	497		WARSZAWA	POL	M2 30-39 LAT	55	M 225	00:30:59	01:03:03	01:34:43.50	01:35:47.55	7:17	8.2
56	SMOCZYK HUBERT	338	WARSZAWSKI ZAULĘK	WARSZAWA	POL	M2 30-39 LAT	56	M 228	00:32:41	01:03:53	01:35:43.60	01:37:16.50	7:21	8.1
57	PRZYBYŁA KAROL	298	MASADA	WARSZAWA	POL	M2 30-39 LAT	57	M 235	00:33:14	01:05:22	01:39:11.10	01:39:51.80	7:37	7.9
58	ZYGADŁO PIOTR	427		WARSZAWA	POL	M2 30-39 LAT	58	M 241	00:36:08	01:08:16	01:40:32.40	01:41:37.40	7:44	7.8
59	BAK HUBERT	34		WARSZAWA	POL	M2 30-39 LAT	59	M 249	00:33:00	01:08:32	01:50:39.80	01:51:35.40	8:30	7
60	DUCH EMIL	99		WARSZAWA	POL	M2 30-39 LAT	60	M 257	00:30:06	01:00:19			6:55	8.7
61	OKRÓJ DAWID	273		WARSZAWA	POL	M2 30-39 LAT	61	M 258	00:29:41	01:00:21			6:56	8.6
62	ZIELIŃSKI PAWEŁ	418		WARSZAWA	POL	M2 30-39 LAT	62	M 271	00:32:00				7:16	8.3
63	PIOTROWSKI JAN	446	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M2 30-39 LAT	63	M 287	01:09:28				15:47	3.8

BIĄŁOLECKI BIEG WOLNOŚCI, K3 40-49 lat

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.4km	8.7km	Netto	Brutto	min/km	km/h
1	HASS-KALITA JOANNA	436	WARSAW MASTERS TEAM	KOBYŁKA	POL	K3 40-49 LAT	1	K 2	00:21:19	00:43:05	01:04:53.20	01:04:59.60	4:59	12
2	SZYSZKO EWA	366	MARKOWI BIEGACZE	MARKI	POL	K3 40-49 LAT	2	K 5	00:23:46	00:46:42	01:10:28.05	01:10:42.15	5:25	11.1
3	NEJFELD HANNA	264	BIEGAJĄCE ZĄBK	ZĄBK	POL	K3 40-49 LAT	3	K 6	00:23:42	00:47:14	01:10:52.00	01:11:06.85	5:27	11
4	ZWARDON EWA	424	KLUB BIEGACZA RTV EURO AGD	WARSZAWA	POL	K3 40-49 LAT	4	K 8	00:24:17	00:47:47	01:11:23.30	01:11:34.85	5:29	10.9
5	KALICZYŃSKA WIOLETTA	171	PROJEKT1000UP/OZZKS MOZ GDAŃSK	RUMIA	POL	K3 40-49 LAT	5	K 9	00:24:01	00:47:50	01:12:30.55	01:12:56.85	5:34	10.8
6	SERAFIN-GORSZKOWSKA PAULINA	326		WROCLAW	POL	K3 40-49 LAT	6	K 13	00:24:34	00:48:48	01:13:30.55	01:13:52.70	5:39	10.6
7	SIEWRUK KATARZYNA	442	WARSAW RUN CLUB	WARSZAWA	POL	K3 40-49 LAT	7	K 15	00:24:19	00:48:43	01:13:49.70	01:13:57.60	5:40	10.6
8	TYM JOANNA	381		WARSZAWA	POL	K3 40-49 LAT	8	K 17	00:25:20	00:50:03	01:14:39.60	01:14:52.00	5:44	10.4

BIAŁOŁĘCKI BIEG WOLNOŚCI, K3 40-49 lat c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.4km	8.7km	Netto	Brutto	min/km	km/h
9	ZURANIEWSKA AGNIESZKA	429	TEAM PARSZCZYNSKICH	WARSZAWA	POL	K3 40-49 LAT	9	K 19	00:25:10	00:49:48	01:15:00.80	01:15:41.90	5:46	10.4
10	TOMCZUK-KUZKA KATARZYNA	460		WARSZAWA	POL	K3 40-49 LAT	10	K 22	00:25:52	00:51:02	01:17:05.10	01:18:32.70	5:55	10.1
11	GRZECHNIK RENATA	144	MKB DREPTAK	MIŃSK MAZOWIECKI	POL	K3 40-49 LAT	11	K 23	00:26:10	00:51:40	01:17:07.05	01:18:19.05	5:55	10.1
12	DYDERSKA WIOLETTA	101		WARSZAWA	POL	K3 40-49 LAT	12	K 29	00:25:51	00:52:00	01:18:35.05	01:18:54.15	6:02	9.9
13	WOJDAK ANNA	403		PIASTÓW	POL	K3 40-49 LAT	13	K 32	00:26:38	00:53:16	01:20:14.05	01:21:13.05	6:10	9.7
14	KAPUŚCIAREK ELŻBIETA	457		ŁOMIAŃKI	POL	K3 40-49 LAT	14	K 35	00:27:40	00:54:05	01:22:05.90	01:22:45.50	6:18	9.5
15	CHMIELOWIEC ANNA	64		WARSZAWA	POL	K3 40-49 LAT	15	K 36	00:26:26	00:53:44	01:22:09.50	01:22:21.05	6:19	9.5
16	GUSZCZA EWA	148	MARKOWI BIEGACZE	MARKI	POL	K3 40-49 LAT	16	K 38	00:27:32	00:54:21	01:22:18.10	01:22:48.10	6:19	9.5
17	CABAŃSKA DOROTA	58		ŁOMIAŃKI	POL	K3 40-49 LAT	17	K 40	00:28:42	00:55:39	01:22:53.65	01:23:39.95	6:22	9.4
18	ADAMCZUK AGNIESZKA	14	MARKOWI BIEGACZE	MARKI	POL	K3 40-49 LAT	18	K 41	00:27:59	00:55:51	01:23:04.10	01:23:33.80	6:23	9.4
19	SIWEK EWA	330	TUPTUŚ OTWOCK	OTWOCK	POL	K3 40-49 LAT	19	K 46	00:29:09	00:58:08	01:26:16.35	01:26:35.55	6:38	9
20	MYŚLIŃSKA ANNA	75	BIAŁOŁĘKA JEST KOBIETĄ	WARSZAWA	POL	K3 40-49 LAT	20	K 47	00:29:04	00:57:06	01:26:18.50	01:26:55.50	6:38	9
21	WŁODARCZYK ANNA	402	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	K3 40-49 LAT	21	K 48	00:29:40	00:58:25	01:27:24.45	01:28:18.70	6:43	8.9
22	GRUZD ANNA	141	TRIATHLON TARCHOMIN TEAM	WARSZAWA	POL	K3 40-49 LAT	22	K 49	00:29:49	00:58:40	01:27:53.20	01:28:40.20	6:45	8.9
23	RZEPNIEWSKA JOANNA	319	MARKOWI BIEGACZE	MARKI	POL	K3 40-49 LAT	23	K 52	00:28:36	00:58:23	01:29:01.10	01:29:16.55	6:50	8.8
24	GONET KATARZYNA	132		WARSZAWA	POL	K3 40-49 LAT	24	K 55	00:30:34	01:00:12	01:30:34.35	01:31:50.80	6:58	8.6
25	CZAJKA JUSTYNA	82		PRUSZKÓW	POL	K3 40-49 LAT	25	K 56	00:30:35	01:00:06	01:30:48.05	01:31:41.10	6:59	8.6
26	HRYCIUK KATARZYNA	155	EKOBIEGI	WARSZAWA	POL	K3 40-49 LAT	26	K 59	00:33:05	01:01:57	01:31:01.70	01:32:26.30	7:00	8.6
27	GŁÓWCZYŃSKA MAŁGORZATA	131	MARKOWI BIEGACZE	MARKI	POL	K3 40-49 LAT	27	K 61	00:31:03	01:00:54	01:31:29.30	01:31:58.80	7:02	8.5
28	JANKOWSKA WIOLA	159		WARSZAWA	POL	K3 40-49 LAT	28	K 63	00:33:24	01:04:06	01:32:18.95	01:33:54.85	7:06	8.5
29	SZULC KASIA	361		ZĄBKI	POL	K3 40-49 LAT	29	K 64	00:29:44	01:00:57	01:32:34.05	01:33:02.00	7:07	8.4
30	CZARTORYSKA ANNA	84		WARSZAWA	POL	K3 40-49 LAT	30	K 66	00:32:49	01:02:16	01:32:51.50	01:34:00.15	7:08	8.4
31	SROCZYŃSKA JUSTYNA	343	OSTRESROKI	PIASECZNO K. WARSZAWY	POL	K3 40-49 LAT	31	K 68	00:30:35	01:02:07	01:33:33.20	01:33:50.30	7:11	8.3
32	OSTAPIŃSKA MAGDA	282		PIASECZNO	POL	K3 40-49 LAT	32	K 69	00:30:36	01:02:07	01:33:34.10	01:33:50.75	7:11	8.3
33	SZCZECZOWICZ MARTA	478				K3 40-49 LAT	33	K 70	00:31:53	01:01:52	01:34:05.15	01:35:01.85	7:14	8.3
34	ŁUCZAK MAŁGORZATA	224	RUNNERSI ZE SKARBKA	WARSZAWA	POL	K3 40-49 LAT	34	K 71	00:30:41	01:02:19	01:34:38.05	01:35:16.55	7:16	8.2
35	MOCKO ANITA	255	MARKOWI BIEGACZE	MARKI	POL	K3 40-49 LAT	35	K 72	00:31:17	01:03:06	01:35:26.75	01:35:51.35	7:20	8.2
36	KOCIK ELŻBIETA	6		WARSZAWA	POL	K3 40-49 LAT	36	K 74	00:33:09	01:03:36	01:35:43.40	01:37:12.35	7:21	8.1
37	ZIARKO JOANNA	416		WARSZAWA	POL	K3 40-49 LAT	37	K 79	00:31:57	01:03:31	01:37:05.25	01:37:39.10	7:28	8
38	WINIARSKA IZA	77	OBROŃCÓW TOBRUKU 40 , 01-494 WARSZAWA	WARSZAWA	POL	K3 40-49 LAT	38	K 82	00:31:25	01:04:50	01:39:01.75	01:39:16.45	7:37	7.9
39	PRZETAKIEWICZ MAGDALENA	297		WARSZAWA	POL	K3 40-49 LAT	39	K 84	00:33:47	01:06:06	01:39:19.75	01:40:40.60	7:38	7.9
40	TORZEWSKA AGNIESZKA	376		WARSZAWA	POL	K3 40-49 LAT	40	K 87	00:33:09	01:05:19	01:40:49.05	01:41:40.00	7:45	7.7
41	MONIKA LEWANDOWSKA	256		WARSZAWA	POL	K3 40-49 LAT	41	K 88	00:33:40	01:06:38	01:41:14.15	01:41:52.85	7:47	7.7
42	KOZŁOWSKA-KAWYCZ KAROLINA	201	ROZBIEGANIE MICHAŁOWICE	KOMORÓW	POL	K3 40-49 LAT	42	K 90	00:33:44	01:07:36	01:41:42.50	01:43:01.50	7:49	7.7
43	ZBIŃKOWSKA DOROTA	412		WARSZAWA	POL	K3 40-49 LAT	43	K 93	00:33:08	01:07:29	01:43:06.25	01:43:57.35	7:55	7.6
44	MNISZKO URSZULA	254	MARKOWI BIEGACZE	MARKI	POL	K3 40-49 LAT	44	K 94	00:33:20	01:07:13	01:43:27.55	01:44:00.30	7:57	7.5
45	BALCERZAK-JAŁTUSZEWSKA KATARZYNA	479	MARKOWI BIEGACZE		POL	K3 40-49 LAT	45	K 95	00:33:22	01:07:15	01:43:29.10	01:43:59.50	7:57	7.5
46	WINDER AGNIESZKA	394		WARSZAWA	POL	K3 40-49 LAT	46	K 96	00:34:00	01:07:38	01:43:56.45	01:45:03.55	7:59	7.5
47	STEFAŃSKA JOANNA	346		WARSZAWA	POL	K3 40-49 LAT	47	K 98	00:34:34	01:09:12	01:46:37.35	01:47:04.55	8:12	7.3
48	GÓRECKA ANNA	136		WARSZAWA	POL	K3 40-49 LAT	48	K 101	00:34:48	01:10:50	01:47:26.80	01:47:44.35	8:15	7.3
49	ŁOZOWSKA DOROTA	223		WARSZAWA	POL	K3 40-49 LAT	49	K 105	00:35:44	01:13:16	01:51:51.20	01:53:38.10	8:36	7
50	SIMIŃSKA MARTA	81		WARSZAWA	POL	K3 40-49 LAT	50	K 106	00:35:53	01:12:36	01:52:15.05	01:52:53.25	8:38	6.9
51	METELSKA MAGDALENA	235		WARSZAWA	POL	K3 40-49 LAT	51	K 107	00:34:06	01:11:08	01:54:21.25	01:54:42.50	8:47	6.8
52	MĘDEL MARTA	236		MARKI	POL	K3 40-49 LAT	52	K 111	00:32:46	01:03:56			7:20	8.2
53	KUJAWSKA JOANNA	211	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	K3 40-49 LAT	53	K 112	00:33:28	01:06:07			7:35	7.9
54	STĘPLEWSKA MAŁGORZATA	453		WARSZAWA	POL	K3 40-49 LAT	54	K 114	00:33:46	01:06:25			7:38	7.9
55	ROGUSKA MAGDALENA	500	BIAŁOŁĘKA JEST KOBIETĄ	WARSZAWA	POL	K3 40-49 LAT	55	K 116	00:35:56	01:09:34			7:59	7.5
56	OLSZEWSKA MARIOLA	7	RAZEM DLA BIAŁOŁĘKI	WARSZAWA	POL	K3 40-49 LAT	56	K 118	00:35:20	01:10:25			8:05	7.4
57	TELAKOWSKA ANITA	372		WARSZAWA	POL	K3 40-49 LAT	57	K 119	00:35:15	01:11:23			8:12	7.3
58	FAJKOWSKA-KOSIEC ANNA	108		WARSZAWA	POL	K3 40-49 LAT	58	K 120	00:35:17	01:12:18			8:18	7.2
59	WILCZYŃSKA MAŁGORZATA	391		WARSZAWA	POL	K3 40-49 LAT	59	K 123	00:49:45	01:51:00			12:45	4.7
60	SCHINDLER ZANETA	323		WARSZAWA	POL	K3 40-49 LAT	60	K 124	00:25:59				5:54	10.2
61	BISOWSKA KATARZYNA	45	A NA CO TO KOMU POTRZEBNE	KOBYŁKA	POL	K3 40-49 LAT	61	K 126	00:31:34				7:10	8.4
62	WÓJTOWICZ AGNIESZKA	407		WARSZAWA	POL	K3 40-49 LAT	62	K 128	00:35:35				8:05	7.4
63	LACH MARTA	215	SLOW JOGGING BIAŁOŁĘKA	WARSZAWA	POL	K3 40-49 LAT	63	K 130	00:37:11				8:27	7.1
64	WALASIK AGNIESZKA	384		WARSZAWA	POL	K3 40-49 LAT	64	K 134	00:44:27				10:06	5.9

BIĄŁOLECKI BIEG WOLNOŚCI, M3 40-49 lat

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.4km	8.7km	Netto	Brutto	min/km	km/h
1	KUŚMIERZ SYLWESTER	214	MARKOWI BIEGACZE	MARKI	POL	M3 40-49 LAT	1	M 3	00:17:17	00:34:46	00:52:44.90	00:52:46.45	4:03	14.8
2	KRZEMPEK ALEKSANDER	205	BIEGANIEPO40.PL	BIELSKO-BIAŁA	POL	M3 40-49 LAT	2	M 5	00:17:46	00:36:07	00:54:41.15	00:54:43.15	4:12	14.3
3	GOZDEK RADEK	135	BIEGANIEPO40.PL	WARSZAWA	POL	M3 40-49 LAT	3	M 11	00:18:48	00:37:41	00:57:01.65	00:57:03.70	4:23	13.7
4	GRYGO PAWEŁ	143	GRYGO TEAM	ŁOMŻA	POL	M3 40-49 LAT	4	M 14	00:18:48	00:38:00	00:57:34.40	00:57:37.80	4:25	13.5
5	ANUSIEWICZ ROBERT	17	-	WARSZAWA	POL	M3 40-49 LAT	5	M 20	00:19:24	00:38:50	00:58:57.80	00:59:25.50	4:32	13.2
6	MIOTK MARCIN	252	MIOTK.PL	WARSZAWA	POL	M3 40-49 LAT	6	M 19	00:19:00	00:39:00	00:59:14.15	00:59:16.35	4:33	13.2
7	MIELCZAREK KRZYSZTOF	468	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M3 40-49 LAT	7	M 21	00:19:22	00:39:18	00:59:50.50	00:59:53.50	4:36	13
8	RADZIKOWSKI ANDRZEJ	304		KIŚCINNE	POL	M3 40-49 LAT	8	M 22	00:19:59	00:39:51	01:00:19.45	01:00:23.45	4:38	12.9
9	ZYCH MARIUSZ	426	BIEGAJ POD OKIEM TRENERA	WARSZAWA	POL	M3 40-49 LAT	9	M 23	00:19:25	00:39:44	01:00:19.95	01:00:24.40	4:38	12.9
10	KAMIŃSKI PAWEŁ	447	BIEGANIEPO40.PL	WARSZAWA	POL	M3 40-49 LAT	10	M 25	00:19:57	00:40:22	01:00:49.45	01:00:56.00	4:40	12.8
11	BISOWSKI MARIUSZ	46	A NA CO TO KOMU POTRZEBNE	KOBYŁKA	POL	M3 40-49 LAT	11	M 27	00:20:14	00:40:49	01:01:05.35	01:01:13.20	4:41	12.8
12	BIAŁEK PIOTR	39	3BRO - ZK BARCZEWO	OLSZTYN	POL	M3 40-49 LAT	12	M 29	00:20:15	00:40:37	01:01:14.40	01:01:18.30	4:42	12.7
13	CHRAPEK JANUSZ	70	ROSSMANN	WARSZAWA	POL	M3 40-49 LAT	13	M 30	00:20:48	00:41:32	01:02:12.60	01:02:18.90	4:47	12.5
14	GAJEK IRENEUSZ	118		CIECHANÓW	POL	M3 40-49 LAT	14	M 31	00:21:06	00:41:54	01:02:41.60	01:02:47.55	4:49	12.4
15	STRADOMSKI ARTUR	350	MARKOWI BIEGACZE	MARKI	POL	M3 40-49 LAT	15	M 32	00:20:45	00:41:46	01:02:54.40	01:02:59.50	4:50	12.4
16	ZELENT ARKADIUSZ	415	SĄD REJONOWY W MIŃSKU MAZOWIECKIM	SIEDLCE	POL	M3 40-49 LAT	16	M 34	00:21:10	00:42:06	01:03:25.80	01:03:30.85	4:52	12.3
17	BARANOWSKI JACEK	482		WARSZAWA	POL	M3 40-49 LAT	17	M 36	00:20:33	00:41:57	01:03:47.45	01:03:50.95	4:54	12.2
18	SOBOLEWSKI JAKUB	465	BRACTWO BIEGOWE BGK	WARSZAWA	POL	M3 40-49 LAT	18	M 38	00:21:17	00:43:03	01:04:24.10	01:04:45.05	4:57	12.1
19	OSTAPIŃSKI WOJTEK	283	OSTRESROKI	PIASECZNO	POL	M3 40-49 LAT	19	M 42	00:22:25	00:44:14	01:05:37.95	01:05:50.65	5:02	11.9
20	TOMASZEK ROBERT	373		WARSZAWA	POL	M3 40-49 LAT	20	M 41	00:21:10	00:43:00	01:05:45.75	01:05:49.75	5:03	11.9
21	STĘPIEŃ ADAM	347	ANANASY	WARSZAWA	POL	M3 40-49 LAT	21	M 43	00:21:29	00:43:17	01:05:48.40	01:05:54.10	5:03	11.9
22	JUTKIEWICZ MARCIN	168	OBIEGANIU.PL	WARSZAWA	POL	M3 40-49 LAT	22	M 44	00:22:25	00:44:05	01:06:20.20	01:06:32.90	5:06	11.8
23	MANELSKI ARTUR	80	DKŻ	URSZULEWO	POL	M3 40-49 LAT	23	M 45	00:23:21	00:45:17	01:06:44.45	01:07:13.40	5:08	11.7
24	DOMAŃSKI BŁAŻEJ	464	TRICLUB	WARSZAWA	POL	M3 40-49 LAT	24	M 48	00:22:52	00:45:00	01:07:11.00	01:07:20.70	5:10	11.6
25	MIELCZAREK MAREK	476		WARSZAWA	POL	M3 40-49 LAT	25	M 49	00:22:31	00:44:50	01:07:29.20	01:07:35.00	5:11	11.6
26	TOMCZAK MARCIN	375		CIECHANÓW	POL	M3 40-49 LAT	26	M 50	00:22:27	00:44:53	01:07:31.70	01:07:36.75	5:11	11.6
27	CZERWIEC ANDRZEJ	87		MARKI	POL	M3 40-49 LAT	27	M 52	00:22:11	00:44:26	01:08:16.30	01:08:37.60	5:15	11.4
28	KŁĄB JACEK	182		WARSZAWA	POL	M3 40-49 LAT	28	M 53	00:23:04	00:45:39	01:08:27.65	01:08:42.60	5:15	11.4
29	BIEDKA ROBERT	472		WARSZAWA	POL	M3 40-49 LAT	29	M 58	00:23:43	00:46:16	01:08:45.50	01:09:12.70	5:17	11.3
30	KACZUR MARCIN	487		WARSZAWA	POL	M3 40-49 LAT	30	M 59	00:23:44	00:46:04	01:08:48.25	01:09:50.90	5:17	11.3
31	ZIOMEK MAREK	420		WARSZAWA	POL	M3 40-49 LAT	31	M 60	00:21:52	00:44:58	01:09:02.35	01:09:09.85	5:18	11.3
32	ZDUNEK MICHAŁ	413		WARSZAWA	POL	M3 40-49 LAT	32	M 61	00:22:54	00:46:09	01:09:10.45	01:09:24.95	5:19	11.3
33	PĘDZISZ MICHAŁ	291	AKTYWNA WARSZAWA	WARSZAWA	POL	M3 40-49 LAT	33	M 62	00:23:34	00:46:22	01:09:19.65	01:09:43.45	5:19	11.3
34	SOBOTA ARTUR	339	DECOARTY.PL	WARSZAWA	POL	M3 40-49 LAT	34	M 65	00:23:11	00:46:15	01:09:48.30	01:10:19.95	5:22	11.2
35	WOŹNIAK TOMASZ	440	ŻOLIBER	WARSZAWA	POL	M3 40-49 LAT	35	M 66	00:22:08	00:45:36	01:09:53.55	01:10:00.10	5:22	11.2
36	JAWORSKI PIOTR	2	MARKOWI BIEGACZE	WARSZAWA	POL	M3 40-49 LAT	36	M 67	00:22:27	00:45:56	01:09:53.75	01:10:01.30	5:22	11.2
37	SZYMANIK PAWEŁ	364		WARSZAWA	POL	M3 40-49 LAT	37	M 70	00:23:14	00:46:14	01:10:07.95	01:10:31.65	5:23	11.1
38	NACHAJ KRZYSZTOF	260		PIASTÓW	POL	M3 40-49 LAT	38	M 74	00:24:44	00:47:57	01:11:08.80	01:12:06.80	5:28	11
39	CHODKOWSKI KRZYSZTOF	65		WARSZAWA	POL	M3 40-49 LAT	39	M 75	00:25:17	00:48:35	01:11:12.75	01:11:51.80	5:28	11
40	KISIEL ARTUR	180		PIASECZNO	POL	M3 40-49 LAT	40	M 78	00:23:50	00:47:29	01:11:37.60	01:12:16.10	5:30	10.9
41	ŁUBIAN MICHAŁ	431	BLUESOFT	GARWOLIN	POL	M3 40-49 LAT	41	M 82	00:23:43	00:47:50	01:12:20.30	01:12:38.80	5:33	10.8
42	CNOTA MACIEJ	456		WARSZAWA	POL	M3 40-49 LAT	42	M 86	00:25:05	00:48:52	01:12:42.50	01:14:29.10	5:35	10.7
43	RUSZCZAK TOMASZ	498	LEVEL X	WARSZAWA	POL	M3 40-49 LAT	43	M 90	00:25:41	00:50:01	01:13:18.95	01:14:25.80	5:38	10.6
44	ORŁOWSKI KRZYSZTOF	279	WARSZAWA PARKRUN BRÓDNO	WARSZAWA	POL	M3 40-49 LAT	44	M 91	00:24:11	00:48:40	01:13:19.05	01:13:25.95	5:38	10.6
45	PROKOPIUK GRZEGORZ	295	SZWAGRY DWA	WARSZAWA	POL	M3 40-49 LAT	45	M 92	00:24:42	00:49:01	01:13:22.25	01:14:14.80	5:38	10.6
46	KAZIMIERCZAK GRZEGORZ	495		WARSZAWA	POL	M3 40-49 LAT	46	M 95	00:25:41	00:50:01	01:13:27.10	01:14:33.70	5:39	10.6
47	CIESIELSKI MARCIN	441	WARSAW RUN CLUB	SKIERNIEWICE	POL	M3 40-49 LAT	47	M 97	00:24:20	00:48:43	01:13:37.25	01:13:44.30	5:39	10.6
48	LENDZION JAROSŁAW	218	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M3 40-49 LAT	48	M 100	00:25:28	00:50:03	01:13:55.90	01:14:59.95	5:41	10.6
49	KORKOSZ ANDRZEJ	192		BLIZNE JASIŃSKIEGO	POL	M3 40-49 LAT	49	M 101	00:24:17	00:49:28	01:14:02.05	01:14:12.75	5:41	10.5
50	RUDNIK JAROSŁAW	314		PASEK	POL	M3 40-49 LAT	50	M 102	00:24:45	00:49:07	01:14:02.25	01:14:22.05	5:41	10.5
51	SOSZYŃSKI PIOTR	342	INDOORY URSUS	WARSZAWA	POL	M3 40-49 LAT	51	M 103	00:24:28	00:49:34	01:14:16.85	01:14:26.95	5:42	10.5
52	KUCHTA PAWEŁ	208		MACIEJOWICE	POL	M3 40-49 LAT	52	M 105	00:25:42	00:50:01	01:14:52.00	01:15:29.00	5:45	10.4
53	DROŹDZIEL MARIUSZ	98		WARSZAWA	POL	M3 40-49 LAT	53	M 106	00:25:01	00:50:01	01:15:09.95	01:15:35.55	5:46	10.4
54	OLSZANKA ARKADIUSZ	277		WARSZAWA	POL	M3 40-49 LAT	54	M 108	00:25:24	00:50:43	01:15:39.90	01:16:51.65	5:49	10.3
55	GAJEWSKI MARIUSZ	119		PUŁTUSK	POL	M3 40-49 LAT	55	M 112	00:25:39	00:51:17	01:16:24.65	01:17:16.25	5:52	10.2
56	KOĆ MARCIN	184	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M3 40-49 LAT	56	M 113	00:26:03	00:51:13	01:16:25.15	01:17:07.20	5:52	10.2

BIĄŁOLEŃKI BIEG WOLNOŚCI, M3 40-49 lat c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.4km	8.7km	Netto	Brutto	min/km	km/h
57	ZAMBROWSKI SŁAWOMIR	409		WARSZAWA	POL	M3 40-49 LAT	57	M 116	00:27:19	00:52:02	01:16:55.30	01:18:10.70	5:55	10.1
58	GAWLIK ARKADIUSZ	123	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M3 40-49 LAT	58	M 119	00:25:42	00:51:31	01:17:04.20	01:17:39.40	5:55	10.1
59	FIRYSIUK TOMASZ	114		ZĄBKI	POL	M3 40-49 LAT	59	M 121	00:26:02	00:51:46	01:17:10.45	01:17:33.40	5:56	10.1
60	FRĄCKIEWICZ DARIUSZ	116	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M3 40-49 LAT	60	M 123	00:24:59	00:50:34	01:17:19.25	01:17:54.85	5:56	10.1
61	GRZEJDZIAK IGOR	145	NAPRZÓD MŁOCINY	WARSZAWA	POL	M3 40-49 LAT	61	M 124	00:25:24	00:51:08	01:17:30.80	01:18:08.55	5:57	10.1
62	PAZIEWSKI ANDRZEJ	290	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M3 40-49 LAT	62	M 125	00:26:05	00:51:40	01:17:37.00	01:18:18.75	5:58	10
63	KULIK TOMASZ	212		WARSZAWA	POL	M3 40-49 LAT	63	M 126	00:27:47	00:52:51	01:17:56.15	01:19:18.00	5:59	10
64	BINIEK ADAM	44	MORSY ZIELONKA	WARSZAWA	POL	M3 40-49 LAT	64	M 127	00:27:56	00:52:58	01:17:56.95	01:19:15.20	5:59	10
65	NOGAL ROBERT	266	INDOORY URSUS	WARSZAWA	POL	M3 40-49 LAT	65	M 130	00:25:39	00:51:47	01:18:16.55	01:18:26.80	6:01	10
66	SZYMAŃSKI ARKADIUSZ	365		WARSZAWA	POL	M3 40-49 LAT	66	M 132	00:29:53	00:54:35	01:18:18.00	01:19:41.20	6:01	10
67	BORUSZEWSKI MACIEJ	51		WARSZAWA	POL	M3 40-49 LAT	67	M 133	00:26:09	00:52:05	01:18:22.05	01:18:30.85	6:01	10
68	CIBORSKI JAKUB	461		WARSZAWA	POL	M3 40-49 LAT	68	M 140	00:25:21	00:51:27	01:18:50.00	01:19:33.55	6:03	9.9
69	KOPER SEBASTIAN	190	CARREFOUR RUNNING TEAM	WARSZAWA	POL	M3 40-49 LAT	69	M 141	00:25:32	00:52:01	01:19:14.35	01:19:45.45	6:05	9.8
70	POTRZEBOWSKI DOMINIK	293	MARKOWI BIEGACZE	MARKI	POL	M3 40-49 LAT	70	M 143	00:25:33	00:52:12	01:20:06.15	01:20:22.20	6:09	9.7
71	STRÓŻYK PIOTREK	351		GRODZISK MAZOWIECKI	POL	M3 40-49 LAT	71	M 144	00:29:52	00:55:16	01:20:20.90	01:21:39.75	6:10	9.7
72	KRĘGIEL SEBASTIAN	324		WARSZAWA	POL	M3 40-49 LAT	72	M 145	00:26:50	00:53:40	01:20:30.00	01:20:30.00	6:11	9.7
73	BARTNIK RAFAŁ	31	ZABIEGANY WOŁOMIN	WARSZAWA	POL	M3 40-49 LAT	73	M 147	00:27:23	00:53:40	01:20:55.25	01:22:04.00	6:13	9.6
74	GRAD TOMASZ	139	MARKOWI BIEGACZE	WARSZAWA	POL	M3 40-49 LAT	74	M 150	00:27:28	00:54:14	01:21:25.30	01:21:57.10	6:15	9.6
75	DOMINIAK ZBIGNIEW	96	BEZPRĄDOWY KLUB BIEGOWY	WARSZAWA	POL	M3 40-49 LAT	75	M 158	00:26:19	00:54:00	01:22:20.00	01:22:36.65	6:20	9.5
76	DZIEWULSKI TOMASZ	107	ZIELONKA BIEGA	ZIELONKA	POL	M3 40-49 LAT	76	M 159	00:26:28	00:53:36	01:22:22.60	01:22:43.35	6:20	9.5
77	SKLEPOWICZ JACEK	333		WARSZAWA	POL	M3 40-49 LAT	77	M 161	00:29:27	00:56:20	01:22:36.50	01:23:13.80	6:21	9.4
78	JÓZWIK ROBERT	166	HARX TEAM	WARSZAWA	POL	M3 40-49 LAT	78	M 162	00:27:21	00:55:01	01:22:38.05	01:23:00.65	6:21	9.4
79	BANASIAK MIROSLAW	25		WARSZAWA	POL	M3 40-49 LAT	79	M 164	00:27:51	00:55:28	01:23:04.00	01:24:00.70	6:23	9.4
80	SZCZERBICKI RAFAŁ	355	WARSAW RUN CLUB	WARSZAWA	POL	M3 40-49 LAT	80	M 166	00:29:48	00:57:08	01:23:09.15	01:24:15.95	6:23	9.4
81	SOCHACKI MARIUSZ	340		WARSZAWA	POL	M3 40-49 LAT	81	M 167	00:26:34	00:54:23	01:23:18.20	01:23:34.15	6:24	9.4
82	GRZESZCZYK MICHAŁ	146	EKOBIEGI	WARSZAWA	POL	M3 40-49 LAT	82	M 168	00:28:41	00:55:50	01:23:22.05	01:24:47.00	6:24	9.4
83	WALESIUK PIOTR	385		BIĄŁYSTOK	POL	M3 40-49 LAT	83	M 171	00:30:27	00:58:48	01:23:54.60	01:24:45.00	6:27	9.3
84	ZRAZEK PIOTR	422		ŁOWICZ	POL	M3 40-49 LAT	84	M 173	00:27:44	00:55:00	01:24:00.60	01:24:46.30	6:27	9.3
85	DERESZEWSKI PIOTR	94	ZABIEGANY WOŁOMIN	WARSZAWA	POL	M3 40-49 LAT	85	M 176	00:29:56	00:56:34	01:24:36.10	01:25:45.85	6:30	9.2
86	STANISZEWSKI RAFAŁ	344	TURBODZIKI	POLSKA	POL	M3 40-49 LAT	86	M 177	00:30:18	00:58:24	01:24:59.30	01:26:21.90	6:32	9.2
87	JABŁONKA RADOSŁAW	157	DZIADY OCR	WYSZKÓW	POL	M3 40-49 LAT	87	M 181	00:28:05	00:56:35	01:25:17.30	01:25:56.60	6:33	9.1
88	GARBACZEWSKI ZBIGNIEW	122		JABŁONNA	POL	M3 40-49 LAT	88	M 182	00:28:22	00:56:22	01:25:32.30	01:26:22.60	6:34	9.1
89	NOSARZEWSKI MARIUSZ	267	GB PRESS TEAM	TRZCIANY	POL	M3 40-49 LAT	89	M 185	00:28:34	00:56:55	01:26:13.50	01:27:08.70	6:37	9
90	CYBULSKI GRZEGORZ	78	NAJWIĘKSZA ARMIA ŚWIATA	LUBLIN	POL	M3 40-49 LAT	90	M 187	00:29:43	00:58:03	01:26:17.45	01:27:18.15	6:38	9
91	PAWELEK KRZYSZTOF	287	MARKOWI BIEGACZE	MARKI	POL	M3 40-49 LAT	91	M 188	00:29:13	00:57:33	01:26:53.45	01:27:26.30	6:41	9
92	NADOBNIK KONRAD	261	BIEGAM BO LUBIĘ ZĄBKI TEAM	ZĄBKI	POL	M3 40-49 LAT	92	M 189	00:31:22	00:59:30	01:27:13.25	01:28:28.90	6:42	8.9
93	JĘDRASZCZYK MACIEJ	164		WARSZAWA	POL	M3 40-49 LAT	93	M 191	00:30:24	00:58:40	01:27:55.75	01:28:48.80	6:45	8.9
94	MICHALSKI MACIEJ	439	ALBERCIK TEAM	BOBROWIEC	POL	M3 40-49 LAT	94	M 192	00:31:59	00:59:36	01:28:02.65	01:29:30.00	6:46	8.9
95	JARMUŻEWSKI ADAM	161	TIA	WARSZAWA	POL	M3 40-49 LAT	95	M 193	00:32:35	01:00:37	01:28:24.70	01:29:56.45	6:48	8.8
96	KOWALIK TOMASZ	199		WARSZAWA	POL	M3 40-49 LAT	96	M 195	00:27:52	00:57:48	01:28:44.15	01:28:52.30	6:49	8.8
97	JARON JAROSŁAW	162	RUN DE GIRARD	ŻYRARDÓW	POL	M3 40-49 LAT	97	M 197	00:29:46	00:58:25	01:29:02.25	01:29:28.85	6:50	8.8
98	CZAJKOWSKI RAFAŁ	83	EKOBIEGI	WARSZAWA	POL	M3 40-49 LAT	98	M 208	00:33:04	01:01:57	01:31:02.35	01:32:26.45	7:00	8.6
99	KOŁOMAŃSKI MAREK	188		WARSZAWA	POL	M3 40-49 LAT	99	M 209	00:33:05	01:01:57	01:31:02.65	01:32:27.00	7:00	8.6
100	MATUSZEWSKI ROBERT	232		WARSZAWA	POL	M3 40-49 LAT	100	M 211	00:32:28	01:01:47	01:31:25.55	01:32:43.05	7:01	8.5
101	BIĄŁOKOS KAMIL	40		WARSZAWA	POL	M3 40-49 LAT	101	M 214	00:32:50	01:02:16	01:32:02.15	01:33:09.85	7:04	8.5
102	GROCHOWSKI MARCIN	331		WARSZAWA	POL	M3 40-49 LAT	102	M 216	00:29:54	01:00:58	01:32:40.65	01:33:00.50	7:07	8.4
103	BASIŃSKI PAWEŁ	76		BYDGOSZCZ	POL	M3 40-49 LAT	103	M 217	00:30:35	01:00:15	01:32:40.80	01:33:24.40	7:07	8.4
104	CZARTORYSKI KRYSZTIAN	85		WARSZAWA	POL	M3 40-49 LAT	104	M 218	00:32:52	01:01:57	01:32:54.75	01:34:00.60	7:08	8.4
105	BUCZEK PIOTR	55		WARSZAWA	POL	M3 40-49 LAT	105	M 222	00:32:28	01:02:37	01:33:56.40	01:34:17.95	7:13	8.3
106	ŁUCZAK PIOTR	225	PKO BANK POLSKI	WARSZAWA	POL	M3 40-49 LAT	106	M 224	00:30:32	01:02:12	01:34:36.65	01:35:16.55	7:16	8.2
107	RUSIN BARTOSZ	316		JABŁONNA	POL	M3 40-49 LAT	107	M 227	00:32:56	01:04:14	01:35:42.00	01:36:55.35	7:21	8.2
108	PIKULSKI MAREK	454	SW	MYSIADŁO	POL	M3 40-49 LAT	108	M 229	00:30:53	01:03:25	01:36:15.45	01:36:36.40	7:24	8.1
109	BERNAT SEBASTIAN	38	STARE WILKI	WARSZAWA	POL	M3 40-49 LAT	109	M 231	00:33:29	01:04:29	01:36:45.50	01:38:20.50	7:26	8.1
110	LOZOWSKI ROBERT	221		WARSZAWA	POL	M3 40-49 LAT	110	M 232	00:32:41	01:04:26	01:37:47.55	01:39:29.05	7:31	8
111	TYBURC PAWEŁ	19	ACHILLES BIĄŁOLEKA	WARSZAWA	POL	M3 40-49 LAT	111	M 236	00:31:03	01:03:43	01:39:20.90	01:39:33.70	7:38	7.9
112	GÓRZYŃSKI JANUSZ	138	BESTIE OCR LEGIONOWO	WARSZAWA	POL	M3 40-49 LAT	112	M 237	00:32:22	01:03:41	01:39:36.30	01:41:09.75	7:39	7.8
113	JANKOWSKI TOMASZ	496		WARSZAWA	POL	M3 40-49 LAT	113	M 243	00:34:30	01:07:07	01:40:58.40	01:42:35.15	7:46	7.7

BIAŁOŁĘCKI BIEG WOLNOŚCI, M3 40-49 lat c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.4km	8.7km	Netto	Brutto	min/km	km/h
114	ZATYLN Y TOMASZ	411		WARSZAWA	POL	M3 40-49 LAT	114	M 244	00:33:02	01:05:30	01:42:14.80	01:43:45.00	7:51	7.6
115	LACH MARCIN	216		WARSZAWA	POL	M3 40-49 LAT	115	M 248	00:34:55	01:10:29	01:48:01.00	01:49:31.15	8:18	7.2
116	ŁUKASIEWICZ ROBERT	226	KOKOSZKA36TEAM	WARSZAWA	POL	M3 40-49 LAT	116	M 250	00:34:02	01:11:31	01:50:41.90	01:51:35.10	8:30	7
117	KOZŁOWSKI WITOLD	202		WARSZAWA	POL	M3 40-49 LAT	117	M 253	00:35:24	01:17:41	01:52:25.20	01:53:46.65	8:38	6.9
118	CISZEWSKI KRZYSZTOF	74		WARSZAWA	POL	M3 40-49 LAT	118	M 255	00:22:44	00:44:43			5:08	11.7
119	CYRUK TOMASZ	79		BIĄŁYSTOK	POL	M3 40-49 LAT	119	M 256	00:30:27	00:58:48			6:45	8.9
120	RUPIK PIOTR	315		WARSZAWA	POL	M3 40-49 LAT	120	M 260	00:31:23	01:02:33			7:11	8.3
121	ZWOLIŃSKI GRZEGORZ	425		WARSZAWA	POL	M3 40-49 LAT	121	M 261	00:29:52	01:03:03			7:14	8.3
122	MĘDEL CEZARY	237		MARKI	POL	M3 40-49 LAT	122	M 262	00:32:46	01:03:54			7:20	8.2
123	HEBDA BARTŁOMIEJ	150		WARSZAWA	POL	M3 40-49 LAT	123	M 264	00:37:06	01:11:26			8:12	7.3
124	CHARLEJ IRENEUSZ	60	WIECZORNE BIEGANIE W SZCZECINIE	MIERZYN	POL	M3 40-49 LAT	124	M 265	00:25:22				5:45	10.4
125	SUCHODOLSKI MARIUSZ	352		WARSZAWA	POL	M3 40-49 LAT	125	M 267	00:29:46				6:45	8.9
126	MRÓZ SEBASTIAN	257		KOMORÓW	POL	M3 40-49 LAT	126	M 268	00:30:04				6:49	8.8
127	BAJOREK JACEK	21		WYSZKÓW	POL	M3 40-49 LAT	127	M 275	00:34:32				7:50	7.6
128	GIERANOWSKI MARCIN	126	GIERAN	WARSZAWA	POL	M3 40-49 LAT	128	M 280	00:36:17				8:14	7.3
129	KUCICKI KRZYSZTOF	209		WARSZAWA	POL	M3 40-49 LAT	129	M 281	00:36:26				8:16	7.2
130	NASKRĘT MARIUSZ	263		RACOT	POL	M3 40-49 LAT	130	M 282	00:39:40				9:00	6.7
131	REGUĆKI RYSZARD REGUĆKI	306		WARSZAWA	POL	M3 40-49 LAT	131	M 288	01:36:44				21:59	2.7

BIAŁOŁĘCKI BIEG WOLNOŚCI, K4 50-59 lat

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.4km	8.7km	Netto	Brutto	min/km	km/h
1	ŚWIERCZ IWONA	368	BYLEDOBIEC ANIN	WARSZAWA	POL	K4 50-59 LAT	1	K 24	00:25:41	00:51:39	01:17:14.00	01:17:25.90	5:56	10.1
2	RZYMOWSKA KRYSZYNA	320	NEW BALANCE RUN CLUB	WARSZAWA	POL	K4 50-59 LAT	2	K 27	00:26:48	00:52:37	01:17:53.35	01:18:19.55	5:59	10
3	BUCHALSKA EWA	54	EKOBIEGI	WARSZAWA	POL	K4 50-59 LAT	3	K 31	00:27:02	00:53:26	01:20:04.55	01:21:28.15	6:09	9.7
4	KARASIEWICZ KATARZYNA	174		KULIGÓW	POL	K4 50-59 LAT	4	K 43	00:27:14	00:55:01	01:23:28.80	01:23:56.55	6:25	9.3
5	FLORCZUK AGNIESZKA	115	EKOBIEGI	WARSZAWA	POL	K4 50-59 LAT	5	K 54	00:31:43	01:00:38	01:30:29.15	01:31:28.45	6:57	8.6
6	JARMUŻEWSKA TERESA	160	TIA	WARSZAWA	POL	K4 50-59 LAT	6	K 62	00:32:42	01:01:52	01:31:29.55	01:33:01.75	7:02	8.5
7	MIĄSKO RENATA	238	12TRI.PL	WARSZAWA	POL	K4 50-59 LAT	7	K 73	00:30:29	01:01:59	01:35:29.35	01:36:21.35	7:20	8.2
8	SOŁDECKA ANNA	341		WARSZAWA	POL	K4 50-59 LAT	8	K 75	00:33:11	01:04:30	01:35:47.65	01:37:30.40	7:22	8.1
9	KOCHMAN IWONA	183	VEGE RUNNERS	WARSZAWA	POL	K4 50-59 LAT	9	K 80	00:33:53	01:05:58	01:37:22.40	01:38:07.25	7:29	8
10	RUDNICKA AGATA	313		WARSZAWA	POL	K4 50-59 LAT	10	K 81	00:33:16	01:05:07	01:37:48.40	01:38:49.05	7:31	8
11	GROCHOWSKA JOANNA	444	BIEGAMY Z OCHOTĄ	WARSZAWA	POL	K4 50-59 LAT	11	K 92	00:35:38	01:08:24	01:43:06.20	01:44:35.45	7:55	7.6
12	ŁAĆKA ILONA	12	BIAŁOŁĘKA JEST KOBIETĄ	WARSZAWA	POL	K4 50-59 LAT	12	K 99	00:34:44	01:10:05	01:46:58.40	01:48:24.80	8:13	7.3
13	WIŚNIEWSKA KATARZYNA	398	INDYWIDUALISTKA	WARSZAWA	POL	K4 50-59 LAT	13	K 102	00:35:09	01:11:32	01:49:04.90	01:50:02.40	8:23	7.2
14	MIKOŚ TERESA	248		OTWOCK	POL	K4 50-59 LAT	14	K 103	00:35:47	01:13:22	01:51:12.25	01:52:51.05	8:33	7
15	TOMASZEWSKA MARIOLA	374		WARSZAWA	POL	K4 50-59 LAT	15	K 104	00:37:12	01:17:30	01:51:40.35	01:52:15.65	8:35	7
16	SIERZPUTOWSKA EWA	329	SIE_BIEGA	WARSZAWA PRAGA PÓLNOC	POL	K4 50-59 LAT	16	K 117	00:33:21	01:09:55			8:02	7.5
17	SZOT AGNIESZKA	357		ŁÓDŹ	POL	K4 50-59 LAT	17	K 135	00:48:20				10:59	5.5
18	BRZĄKAŁA RENATA	53	SLOW JOGGING BIAŁOŁĘKA	WARSZAWA	POL	K4 50-59 LAT	18	K 137	01:02:56				14:18	4.2

BIAŁOŁĘCKI BIEG WOLNOŚCI, M4 50-59

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.4km	8.7km	Netto	Brutto	min/km	km/h
1	WÓJCIK DARIUSZ	435	OKISPORT	WARSZAWA	POL	M4 50-59	1	M 17	00:18:59	00:38:32	00:58:41.40	00:58:45.85	4:30	13.3
2	ZIÓLKOWSKI JACEK	421		WARSZAWA	POL	M4 50-59	2	M 28	00:20:17	00:40:49	01:01:13.15	01:01:15.55	4:42	12.7
3	BRALEWSKI TOMASZ	52	BOCIAN KRIS BRAŃSZCZYK	BRAŃSZCZYK	POL	M4 50-59	3	M 35	00:21:37	00:42:41	01:03:25.30	01:03:48.10	4:52	12.3
4	WIECZOREK MICHAŁ	390		WARSZAWA	POL	M4 50-59	4	M 47	00:22:28	00:44:37	01:06:47.95	01:07:20.05	5:08	11.7
5	BARTCZAK ROBERT	30		WARSZAWA	POL	M4 50-59	5	M 54	00:23:04	00:45:40	01:08:31.40	01:08:44.70	5:16	11.4
6	KANIA PAWEŁ	173	BIEGAM NA TARCHOMINIE	WARSZAWA	POL	M4 50-59	6	M 56	00:22:56	00:45:51	01:08:40.80	01:09:21.40	5:16	11.4
7	ŚWIERCZ JACEK	369	BYLEDOBIEC ANIN	WARSZAWA	POL	M4 50-59	7	M 64	00:23:04	00:46:18	01:09:39.05	01:10:03.15	5:21	11.2
8	SZPANOWSKI MAREK	359	KAJ TA META TEAM	WARSZAWA	POL	M4 50-59	8	M 73	00:24:02	00:47:27	01:10:57.10	01:11:29.35	5:27	11
9	MICHALCZYK ARTUR	240		WARSZAWA	POL	M4 50-59	9	M 79	00:23:27	00:47:40	01:11:47.95	01:11:59.90	5:31	10.9
10	FILIPCZUK DARIUSZ	112		ZIELONKA	POL	M4 50-59	10	M 83	00:24:32	00:48:27	01:12:24.75	01:12:50.35	5:34	10.8

BIAŁOŁĘCKI BIEG WOLNOŚCI, M4 50-59 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.4km	8.7km	Netto	Brutto	min/km	km/h
11	SZELAĞ TOMASZ	356	MKB DREPTAK	MIŃSK MAZOWIECKI	POL	M4 50-59	11	M 84	00:23:19	00:47:26	01:12:25.10	01:12:46.10	5:34	10.8
12	MIAŚKO WOJCIECH	239	12TRI.PL	WARSZAWA	POL	M4 50-59	12	M 104	00:25:55	00:50:24	01:14:16.95	01:15:58.10	5:42	10.5
13	BARTOSZUK SŁAWOMIR	32		WARSZAWA	POL	M4 50-59	13	M 118	00:26:12	00:51:22	01:17:00.65	01:18:11.60	5:55	10.1
14	WILEŃSKI ZBIGNIEW	392	GRUPA BIEGOWA UM W-WA	DĄBROWA CHOTOMOWSKA	POL	M4 50-59	14	M 120	00:26:04	00:51:23	01:17:10.45	01:18:00.40	5:56	10.1
15	OLBRYŚ STANISŁAW ADAM	275	KB LEGIONOWO	NASIELSK	POL	M4 50-59	15	M 122	00:24:33	00:51:25	01:17:18.25	01:17:22.70	5:56	10.1
16	KOSMAŁA DARIUSZ	194		WARSZAWA	POL	M4 50-59	16	M 128	00:26:12	00:52:09	01:17:59.15	01:18:22.00	5:59	10
17	CELIŃSKI TOMASZ	59	TUPTUŚ OTWOCK	OTWOCK	POL	M4 50-59	17	M 135	00:29:09	00:54:29	01:18:25.55	01:18:44.10	6:01	9.9
18	KONIECKI TOMASZ	189		WARSZAWA	POL	M4 50-59	18	M 136	00:25:43	00:51:54	01:18:30.65	01:18:45.65	6:02	9.9
19	RADZIKOWSKI FRANEK	303		CHROŚLA	POL	M4 50-59	19	M 148	00:25:35	00:51:20	01:21:16.90	01:21:41.80	6:15	9.6
20	BAKUŁA WIESŁAW	22	WAMPIR	WACH 140A	POL	M4 50-59	20	M 151	00:26:35	00:53:17	01:21:30.10	01:22:12.30	6:16	9.6
21	KORDEK DARIUSZ	191		NIEPORĘT	POL	M4 50-59	21	M 153	00:27:51	00:54:51	01:21:38.65	01:22:23.30	6:16	9.6
22	GÓRAL TADEUSZ	133	KKB	WARSZAWA	POL	M4 50-59	22	M 156	00:28:21	00:56:00	01:22:11.50	01:22:33.65	6:19	9.5
23	WALIGÓRSKI KRZYSZTOF	386	MARKOWI BIEGACZE	MARKI	POL	M4 50-59	23	M 165	00:28:02	00:55:53	01:23:05.90	01:23:34.70	6:23	9.4
24	ZDUŃSKI JAROSŁAW	414	TAK SOBIE DREPCZĘ	WARSZAWA	POL	M4 50-59	24	M 172	00:27:35	00:55:31	01:23:57.30	01:24:41.45	6:27	9.3
25	MIŁOSZ MAREK	250		WARSZAWA	POL	M4 50-59	25	M 174	00:26:21	00:54:15	01:24:04.55	01:24:19.80	6:28	9.3
26	OWOC TOMASZ	285	PKO BANK POLSKI / NEW BALANCE RUN CLUB	WARSZAWA	POL	M4 50-59	26	M 186	00:27:14	00:55:31	01:26:13.75	01:26:47.30	6:37	9
27	RODAK ZBIGNIEW	309		WARSZAWA	POL	M4 50-59	27	M 190	00:32:34	01:00:24	01:27:19.95	01:28:51.20	6:43	8.9
28	WIŚNIEWSKI TOMASZ	400		WARSZAWA	POL	M4 50-59	28	M 194	00:32:17	01:00:55	01:28:28.25	01:29:54.35	6:48	8.8
29	MYSŁOWSKI MIECZYŚLAW	475		WARSZAWA	POL	M4 50-59	29	M 198	00:29:46	00:59:46	01:29:24.05	01:30:34.70	6:52	8.7
30	KOSTRZEWSKI PIOTR	195	KPLA PIOTR KOSTRZEWSKI	WARSZAWA	POL	M4 50-59	30	M 202	00:30:24	00:59:00	01:30:08.85	01:30:59.55	6:56	8.7
31	WOJDAK PIOTR	404	STOMILEX	PIASTÓW	POL	M4 50-59	31	M 204	00:32:04	01:00:49	01:30:33.30	01:31:31.25	6:57	8.6
32	KACZOROWSKI ROBERT	170		MARKI	POL	M4 50-59	32	M 205	00:30:11	00:59:43	01:30:51.60	01:32:01.30	6:59	8.6
33	ZAKRZEWSKI MAREK	485		WARSZAWA	POL	M4 50-59	33	M 207	00:33:03	01:02:02	01:31:02.15	01:32:27.35	7:00	8.6
34	ROSZAK WALDEMAR	10	BIEGAM NA ZIELONEJ BIAŁOŁĘCE	WARSZAWA	POL	M4 50-59	34	M 210	00:34:35	01:03:27	01:31:23.25	01:32:51.50	7:01	8.5
35	SKOWROŃSKI WOJCIECH	335		WARSZAWA	POL	M4 50-59	35	M 215	00:32:11	01:02:15	01:32:36.05	01:33:38.75	7:07	8.4
36	MYŚLIŃSKI ROBERT	67	RUBIN RUN	WARSZAWA	POL	M4 50-59	36	M 219	00:31:13	01:01:43	01:33:07.50	01:33:32.40	7:09	8.4
37	HABIERA ROBERT	149		WARSZAWA	POL	M4 50-59	37	M 233	00:33:13	01:05:09	01:37:49.10	01:38:49.05	7:31	8
38	BAK ANDRZEJ	35		STARE GRALEWO	POL	M4 50-59	38	M 234	00:33:01	01:08:34	01:39:08.35	01:40:03.40	7:37	7.9
39	PRĘGOWSKI GRZEGORZ	294	EKOBIEGI	WARSZAWA	POL	M4 50-59	39	M 240	00:32:51	01:05:27	01:40:26.80	01:41:53.85	7:43	7.8
40	MAREK ROMAN	230		WARSZAWA	POL	M4 50-59	40	M 242	00:33:02	01:08:25	01:40:45.95	01:41:40.50	7:45	7.7
41	SZOSTAKOWSKI JAROSŁAW	1	BIEGAMY Z OCHOTĄ	WARSZAWA	POL	M4 50-59	41	M 245	00:35:38	01:08:24	01:43:06.05	01:44:35.60	7:55	7.6
42	ROJEK STANISŁAW	310		WARSZAWA	POL	M4 50-59	42	M 246	00:33:54	01:08:50	01:44:47.10	01:46:11.95	8:03	7.4
43	NOWAK JAKUB	71	DOBRZYŃSKI KLUB ŻEGLARSKI	DOBRZYŃ NAD WISŁĄ	POL	M4 50-59	43	M 247	00:33:11	01:09:24	01:45:30.65	01:46:11.30	8:06	7.4
44	CIEŚLAK PAWEŁ	73	SLOWJOGGING BIAŁOŁĘKA	WARSZAWA	POL	M4 50-59	44	M 251	00:36:08	01:11:07	01:51:02.05	01:52:47.85	8:32	7
45	MIKOŚ ROMAN	249		OTWOCK	POL	M4 50-59	45	M 252	00:35:44	01:13:16	01:51:12.20	01:52:51.70	8:33	7
46	GIL WOJCIECH	127		WARSZAWA	POL	M4 50-59	46	M 263	00:34:55	01:09:29			7:59	7.5
47	KITA GRZEGORZ	181	OLD GUARD OCR	WARSZAWA	POL	M4 50-59	47	M 269	00:30:14				6:52	8.7
48	KAMIONOWSKI MARIUSZ-JACEK	172		OSTROŁĘKA	POL	M4 50-59	48	M 273	00:33:34				7:37	7.9
49	SZULAWSKI ROBERT	360	GSD ŻOLIBORZ	WARSZAWA	POL	M4 50-59	49	M 276	00:34:33				7:51	7.6
50	ZIĘĆ ARTUR	419		WARSZAWA	POL	M4 50-59	50	M 279	00:36:07				8:12	7.3
51	KRUPINIEWICZ ANTONI	69	SKORPION	LEGIONOWO	POL	M4 50-59	51	M 283	00:42:06				9:34	6.3
52	KAMIŃSKI WALDEMAR	9	SLOW JOGGING BIAŁOŁĘKA	WARSZAWA	POL	M4 50-59	52	M 286	01:02:58				14:18	4.2

BIAŁOŁĘCKI BIEG WOLNOŚCI, K5 60 +

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.4km	8.7km	Netto	Brutto	min/km	km/h
1	TULA RENATA	379	NEW BALANCE RUN CLUB	WARSZAWA	POL	K5 60 +	1	K 42	00:27:32	00:55:26	01:23:12.65	01:23:20.05	6:24	9.4
2	REMBERK DANUTA	308		WARSZAWA	POL	K5 60 +	2	K 108	00:38:16	01:16:51	01:56:23.40	01:58:07.30	8:57	6.7
3	KOLASA BARBARA	186	KLUB J.SŁOWACKIEGO	WARSZAWA-WESOŁA	POL	K5 60 +	3	K 109	00:38:53	01:18:49	01:57:38.70	01:57:46.60	9:02	6.6
4	GŁOWACKA ELŻBIETA	129	TEAM ZABIEGANEDNI	WARSZAWA	POL	K5 60 +	4	K 127	00:35:07				7:58	7.5
5	REDA ALICJA	305	NW CZŁAPSKI TEAM	WARSZAWA	POL	K5 60 +	5	K 136	00:51:59				11:48	5.1

BIAŁOŁĘCKI BIEG WOLNOŚCI, M5 60+

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.4km	8.7km	Netto	Brutto	min/km	km/h
1	NOWOCIEŃ JACEK	269	UCZNIOWSKI KLUB SPORTOWY RUSIEC	PODKOWA LEŚNA	POL	M5 60+	1	M 40	00:21:10	00:43:10	01:05:08.40	01:05:11.30	5:00	12
2	FALANDYSZ JANUSZ	109	WPRUNNING PRUSZKÓW	PRUSZKÓW	POL	M5 60+	2	M 51	00:22:30	00:45:06	01:08:08.45	01:08:11.45	5:14	11.4
3	KODA EUGENIUSZ	185	TEAM ZABIEGANEDNI	WARSZAWA	POL	M5 60+	3	M 55	00:21:52	00:45:08	01:08:36.00	01:08:40.30	5:16	11.4
4	TARNOWSKI WITOLD	371	KB TKKF PROMYK CIECHANÓW	CIECHANÓW	POL	M5 60+	4	M 80	00:22:58	00:46:53	01:11:48.10	01:11:54.70	5:31	10.9
5	MIKINA ARTUR	246	PWPW SA	WARSZAWA	POL	M5 60+	5	M 111	00:25:34	00:50:53	01:16:06.50	01:16:19.00	5:51	10.2
6	KOLASA ANDRZEJ	187	KLUB J.SŁOWACKIEGO	WARSZAWA-WESOŁA	POL	M5 60+	6	M 134	00:25:49	00:51:44	01:18:24.90	01:18:27.70	6:01	9.9
7	WYRWAS TADEUSZ	408	PGB SPORTOWA PACZKA	ŁOMŻA	POL	M5 60+	7	M 139	00:27:07	00:53:19	01:18:44.15	01:19:06.65	6:03	9.9
8	DALGIEWICZ DARIUSZ	434		ŁOMIANKI	POL	M5 60+	8	M 154	00:28:40	00:55:37	01:21:41.45	01:22:28.55	6:17	9.5
9	SUWALD ANDRZEJ	353	JACEKBIEGA RUNNING TEAM	WARSZAWA	POL	M5 60+	9	M 157	00:26:37	00:54:31	01:22:15.55	01:23:04.00	6:19	9.5
10	KOLCZYŃSKI MICHAŁ	437	TRUCHTACZ	ŁOMIANKI	POL	M5 60+	10	M 178	00:27:00	00:55:22	01:25:11.15	01:25:40.95	6:33	9.2
11	ROZUM JANUSZ	312	-	WARSZAWA	POL	M5 60+	11	M 184	00:28:40	00:56:52	01:26:10.00	01:27:12.05	6:37	9.1
12	OSIŃSKI STANISŁAW	281		WARSZAWA	POL	M5 60+	12	M 196	00:30:22	00:59:11	01:28:50.75	01:29:31.85	6:50	8.8
13	NOWAKOWSKI CZESŁAW	268	DUCLA ACADEMY WARSZAWA	WARSZAWA	POL	M5 60+	13	M 200	00:29:59	00:59:46	01:29:49.00	01:30:21.55	6:54	8.7
14	SIEDLACZEK ZBIGNIEW	327		LUBLIN	POL	M5 60+	14	M 213	00:28:59	01:00:31	01:31:54.00	01:32:02.90	7:04	8.5
15	BERDYCHOWSKI ZYGMUNT	481		NOWY SĄCZ	POL	M5 60+	15	M 226	00:31:47	01:03:01	01:35:09.10	01:36:38.70	7:19	8.2
16	KOWALCZYK RYSZARD	197	APOSTOŁOWIE TRX	WARSZAWA	POL	M5 60+	16	M 230	00:33:21	01:04:38	01:36:22.05	01:37:30.05	7:24	8.1
17	MUCHA GRZEGORZ	258		WARSZAWA	POL	M5 60+	17	M 238	00:33:57	01:06:37	01:39:41.35	01:40:44.90	7:40	7.8
18	BUKOWSKI JANUSZ	100	STOWARZYSZENIE DAĆ SIEBIE INNYM	WARSZAWA	POL	M5 60+	18	M 239	00:33:29	01:06:18	01:39:53.55	01:39:58.30	7:41	7.8
19	KAWKA ANDRZEJ	176		WARSZAW	POL	M5 60+	19	M 254	00:38:07	01:18:28	02:02:32.15	02:04:12.10	9:25	6.4
20	FRETTE LUIS	480		WARSZAWA	POL	M5 60+	20	M 266	00:27:55				6:20	9.5
21	NOWOSIELSKI TOMEK	270	HERO	05-077 WARSZAWA-WESOŁA	POL	M5 60+	21	M 274	00:34:07				7:45	7.7
22	ŻÓŁCIŃSKI WALDEMAR	428	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M5 60+	22	M 277	00:34:50				7:54	7.6
23	CZECHOWSKI JERZY	86	MZA WARSZAWA	WARSZAWA	POL	M5 60+	23	M 284	00:44:38				10:08	5.9
24	NIEWCZAS ZDZIŚŁAW	265		WARSZAWA	POL	M5 60+	24	M 285	00:56:26				12:49	4.7