

## ENEA POLISH NORDIC WALKING CUP - KOSZALIN - 10KM - 10/1

Organizator: Polskie Zrzeszenie Nordic Walking  
Data: 2022-04-30  
Miejsce: Koszalin  
Dystans: 10 km  
Klasyfikacja wg czasów netto.



### ENEA POLISH NORDIC WALKING CUP - KOSZALIN - 10KM - 10/1, OPEN

| M-ce | Nazwisko i imię       | Nr | Klub                                              | M-scowość        | Kraj | Kat.   | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.3km    | 4.6km    | 6.9km    | Netto       | min/km | km/h |
|------|-----------------------|----|---------------------------------------------------|------------------|------|--------|--------|------|-------------|--------------|----------|----------|----------|-------------|--------|------|
| 1    | WOJTOWICZ TOMASZ      | 64 | LUKI TEAM POLSKA                                  | WIDACZ           | POL  | M30-39 | 1      | M 1  |             |              | 00:13:29 | 00:27:35 | 00:41:54 | 00:56:02.75 | 6:05   | 9.9  |
| 2    | MARCZAK TOMASZ        | 1  | NORDIC TEAM CZĘSTOCHOWA                           | ALEKSANDRIA I    | POL  | M18-29 | 1      | M 2  |             |              | 00:13:35 | 00:27:40 | 00:42:00 | 00:56:06.65 | 6:05   | 9.8  |
| 3    | SKIBA KRZYSZTOF       | 48 | KGHM METRACO                                      | LEGNICA          | POL  | M60-69 | 1      | M 3  |             |              | 00:14:01 | 00:28:35 | 00:43:12 | 00:57:54.95 | 6:17   | 9.5  |
| 4    | POŁUBIAK PAWEŁ        | 2  |                                                   | SIECINO          | POL  | M30-39 | 2      | M 4  | 1           |              | 00:13:52 | 00:28:33 | 00:43:29 | 00:58:21.90 | 6:20   | 9.5  |
| 5    | KRAJEWSKA HANNA       | 32 | NORDIC WALKING NEW FOR YOU PIŁA/ LUKI TEAM POLAND | PIŁA             | POL  | K18-29 | 1      | K 1  |             |              | 00:14:39 | 00:29:33 | 00:44:35 | 00:59:36.35 | 6:28   | 9.3  |
| 6    | ZACZYŃSKA-SKIBA ANNA  | 66 | KGHM METRACO                                      | LEGNICA          | POL  | K40-49 | 1      | K 2  |             |              | 00:14:40 | 00:29:37 | 00:44:39 | 00:59:37.80 | 6:28   | 9.3  |
| 7    | PRZYSTARZ GRZEGORZ    | 42 | OBORYGENI                                         | OBORNIKI ŚLĄSKIE | POL  | M50-59 | 1      | M 5  |             |              | 00:14:49 | 00:29:53 | 00:44:55 | 00:59:57.25 | 6:30   | 9.2  |
| 8    | KABATA JAROSŁAW       | 23 | NORDIC SPORT 2021                                 | TARNOWSKIE GÓRY  | POL  | M50-59 | 2      | M 6  |             |              | 00:14:20 | 00:29:27 | 00:44:53 | 01:00:23.90 | 6:33   | 9.1  |
| 9    | PRZYBORKIEWICZ KRISS  | 41 | PIERNIKI TORUŃ                                    | TORUŃ            | POL  | M40-49 | 1      | M 7  | 1           |              | 00:14:23 | 00:29:25 | 00:44:53 | 01:00:26.70 | 6:34   | 9.1  |
| 10   | BIBKO MARTIN          | 15 | SPEEDBAR                                          | KOSICE           | SVK  | M40-49 | 2      | M 8  | 1           |              | 00:14:45 | 00:30:03 | 00:45:36 | 01:01:00.10 | 6:37   | 9    |
| 11   | BIELECKA ZUZANNA      | 16 | NW CZŁĄPSKI TEAM                                  | WARSZAWA         | POL  | K40-49 | 2      | K 3  |             |              | 00:14:58 | 00:30:20 | 00:46:00 | 01:01:34.00 | 6:41   | 9    |
| 12   | CZŁĄPSKI KRZYSZTOF    | 3  | NW CZŁĄPSKI TEAM                                  | WARSZAWA         | POL  | M50-59 | 3      | M 9  |             |              | 00:14:59 | 00:30:15 | 00:45:55 | 01:01:38.90 | 6:41   | 9    |
| 13   | WOJTASIŃSKI DANIEL    | 63 | NORDIC TEAM CZĘSTOCHOWA                           | CZĘSTOCHOWA      | POL  | M40-49 | 3      | M 10 |             |              | 00:14:58 | 00:30:37 | 00:46:21 | 01:01:51.80 | 6:43   | 8.9  |
| 14   | BARTOSIEWICZ ŁUKASZ   | 14 | LUKI TEAM POLSKA                                  | GDAŃSK           | POL  | M30-39 | 3      | M 11 |             |              | 00:15:43 | 00:31:29 | 00:47:06 | 01:02:25.25 | 6:47   | 8.8  |
| 15   | LABUS MARZENA         | 35 | NORDIC SPORT 2021                                 | LUBLINIEC        | POL  | K30-39 | 1      | K 4  |             |              | 00:15:15 | 00:31:05 | 00:46:47 | 01:02:31.10 | 6:47   | 8.8  |
| 16   | CHYRA JANUSZ          | 18 | NORDIC SPORT 2021                                 | LUBLINIEC        | POL  | M40-49 | 4      | M 12 | 1           |              | 00:15:30 | 00:31:36 | 00:47:43 | 01:03:27.70 | 6:53   | 8.7  |
| 17   | JĘDRASIAK RENATA      | 8  | KGHM METRACO                                      | LUBIN            | POL  | K50-59 | 1      | K 5  |             |              | 00:15:23 | 00:31:21 | 00:47:36 | 01:03:48.05 | 6:56   | 8.7  |
| 18   | MĄDRY GRZEGORZ        | 37 | KIJKOWE TRZEMESZNO                                | TRZEMESZNO       | POL  | M60-69 | 2      | M 13 |             |              | 00:15:38 | 00:31:40 | 00:47:51 | 01:03:52.30 | 6:56   | 8.6  |
| 19   | SIWAK PIOTR           | 5  | KGHM METRACO                                      | RUDNA            | POL  | M60-69 | 3      | M 14 |             |              | 00:15:15 | 00:31:16 | 00:47:18 | 01:04:02.45 | 6:57   | 8.6  |
| 20   | RAJEK MAGDALENA       | 43 | NORDIC TEAM CZĘSTOCHOWA                           | CZĘSTOCHOWA      | POL  | K40-49 | 3      | K 6  |             |              | 00:15:50 | 00:32:06 | 00:48:20 | 01:04:24.65 | 7:00   | 8.6  |
| 21   | SZCZUDLIK MAŁGORZATA  | 9  | KIJKOWE TRZEMESZNO                                | TRZEMESZNO       | POL  | K40-49 | 4      | K 7  |             |              | 00:15:59 | 00:32:20 | 00:48:50 | 01:04:53.20 | 7:03   | 8.5  |
| 22   | ABRAMOWICZ MAŁGORZATA | 12 | EKSPEDYCJA NORDIC TEAM SZCZECIN                   | SZCZECIN         | POL  | K30-39 | 2      | K 8  |             |              | 00:15:48 | 00:32:08 | 00:48:39 | 01:05:08.10 | 7:04   | 8.5  |
| 23   | LUDWICZAK ANDŻELIKA   | 7  | EKSPEDYCJA NORDIC TEAM SZCZECIN                   | SZCZECIN         | POL  | K40-49 | 5      | K 9  | 1           |              | 00:15:55 | 00:32:09 | 00:48:40 | 01:05:13.95 | 7:05   | 8.5  |
| 24   | CZMOCH MARIAN         | 19 | PUKS JEDYNKA                                      | ŁOSICE           | POL  | M70+   | 1      | M 15 |             |              | 00:16:45 | 00:33:35 | 00:50:32 | 01:07:49.80 | 7:22   | 8.1  |
| 25   | KUŁAKOWSKA HALINA     | 10 | KATOWICKI NORDIC WALKING                          | OLKUSZ           | POL  | K40-49 | 6      | K 10 |             |              | 00:16:18 | 00:33:20 | 00:50:23 | 01:07:50.60 | 7:22   | 8.1  |
| 26   | SITKO STANISŁAW       | 47 |                                                   | GRZYBOWO         | POL  | M50-59 | 4      | M 16 |             |              | 00:16:22 | 00:33:16 | 00:50:32 | 01:08:01.75 | 7:23   | 8.1  |
| 27   | JARUGA BEATA          | 21 |                                                   | OŁAWA            | POL  | K40-49 | 7      | K 11 |             |              | 00:16:17 | 00:33:34 | 00:50:50 | 01:08:05.10 | 7:24   | 8.1  |
| 28   | WIECZORKOWSKA DAGMARA | 61 | WYCHODZĘ Z KIJAMI                                 | KOSZALIN         | POL  | K50-59 | 2      | K 12 | 1           |              | 00:16:26 | 00:33:32 | 00:50:55 | 01:08:17.20 | 7:25   | 8.1  |
| 29   | CZAJKA URSZULA        | 11 |                                                   | RUMIA            | POL  | K60-69 | 1      | K 13 | 1           |              | 00:16:27 | 00:33:28 | 00:50:48 | 01:08:25.30 | 7:26   | 8.1  |
| 30   | ŚLUSARCZYK JERZY      | 55 | AZS AWF KRAKÓW MASTERS                            | KRAKÓW           | POL  | M60-69 | 4      | M 17 |             |              | 00:16:54 | 00:33:53 | 00:51:09 | 01:08:31.60 | 7:26   | 8.1  |

**ENEA POLISH NORDIC WALKING CUP - KOSZALIN - 10KM - 10/1, OPEN c.d.**

| M-ce | Nazwisko i imię          | Nr  | Klub                         | M-scowość                 | Kraj | Kat.   | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.3km           | 4.6km           | 6.9km    | Netto       | min/km | km/h |
|------|--------------------------|-----|------------------------------|---------------------------|------|--------|--------|------|-------------|--------------|-----------------|-----------------|----------|-------------|--------|------|
| 31   | KOWACZ AGATA             | 31  | SPEEDBAR                     | WAŁBRZYCH                 | POL  | K40-49 | 8      | K 14 |             |              | 00:16:11        | 00:33:15        | 00:51:10 | 01:08:33.10 | 7:27   | 8.1  |
| 32   | KUBIAK ANDRZEJ           | 34  |                              | RUMIA                     | POL  | M70+   | 2      | M 18 |             |              | 00:16:43        | 00:33:47        | 00:51:32 | 01:09:26.75 | 7:32   | 8    |
| 33   | SZCZĘŚNIAK ZBIGNIEW      | 53  | NORDIC TEAM<br>CZĘSTOCHOWA   | CZĘSTOCHOWA               | POL  | M60-69 | 5      | M 19 | 1           |              | 00:16:43        | 00:34:08        | 00:51:59 | 01:09:33.35 | 7:33   | 7.9  |
| 34   | ŚLUSARCZYK GRAŻYNA       | 56  | AZS AWF KRAKÓW<br>MASTERS    | KRAKÓW                    | POL  | K50-59 | 3      | K 15 |             |              | 00:17:11        | 00:34:41        | 00:52:29 | 01:09:40.80 | 7:34   | 7.9  |
| 35   | SZEPczyński KAMIL        | 54  | SERCE NORDICA<br>WŁOCŁAWEK   | WŁOCŁAWEK                 | POL  | M30-39 | 4      | M 20 |             |              | 00:16:56        | 00:34:32        | 00:52:20 | 01:09:59.75 | 7:36   | 7.9  |
| 36   | TOMCZYK EDWARD           | 58  | MARSZ PO ZDROWIE             | POZNAŃ                    | POL  | M70+   | 3      | M 21 | 2           |              | 00:16:45        | 00:33:59        | 00:52:22 | 01:10:34.40 | 7:40   | 7.8  |
| 37   | POSTEK DANUTA            | 40  | MARSZ PO ZDROWIE             | POZNAŃ                    | POL  | K50-59 | 4      | K 16 | 1           |              | 00:17:10        | 00:34:42        | 00:52:30 | 01:10:43.60 | 7:41   | 7.8  |
| 38   | ŚLUSARCZYK ANDRZEJ       | 57  | WESOŁY BORSUK TEAM           | PRUDNIK                   | POL  | M70+   | 4      | M 22 |             |              | 00:17:13        | 00:34:56        | 00:53:04 | 01:10:46.55 | 7:41   | 7.8  |
| 39   | KAROLAK ANDRZEJ          | 25  |                              | TRZEBIATÓW                | POL  | M60-69 | 6      | M 23 | 1           |              | 00:16:49        | 00:34:28        | 00:53:00 | 01:11:15.80 | 7:44   | 7.7  |
| 40   | KUBIAK MARIA             | 33  |                              | RUMIA                     | POL  | K70+   | 1      | K 17 |             |              | 00:17:15        | 00:35:12        | 00:53:26 | 01:11:44.10 | 7:47   | 7.7  |
| 41   | KACZMAREK MAJA           | 24  | IGOŚĆ                        | WEJHEROWO                 | POL  | K40-49 | 9      | K 18 |             |              | 00:17:17        | 00:35:16        | 00:53:51 | 01:12:15.75 | 7:51   | 7.6  |
| 42   | NIEDŹWIEDŹ EWA           | 38  | BŁYSKAWICE                   | KALISZ                    | POL  | K60-69 | 2      | K 19 | 1           |              | 00:17:41        | 00:35:50        | 00:54:10 | 01:12:35.10 | 7:53   | 7.6  |
| 43   | SOROKA-MITUŁA<br>GRAŻYNA | 49  |                              | SZCZECIN                  | POL  | K40-49 | 10     | K 20 |             |              | 00:17:27        | 00:35:54        | 00:54:51 | 01:13:25.45 | 7:58   | 7.5  |
| 44   | ŁOPIŃSKI ALEKSY          | 36  | FABRYKA NORDICA<br>TRZCIANKA | PIŁA AL.<br>POZNAŃSKA 133 | POL  | M70+   | 5      | M 24 | 2           |              | 00:18:29        | 00:37:08        | 00:55:51 | 01:14:43.00 | 8:07   | 7.4  |
| 45   | RODZIEWICZ WIOLETTA      | 45  |                              | USTKA                     | POL  | K50-59 | 5      | K 21 |             |              | 00:18:18        | 00:37:44        | 00:56:52 | 01:16:20.80 | 8:17   | 7.2  |
| 46   | SAPUŁA WIKTORIA          | 46  | NORDIC TEAM<br>CZĘSTOCHOWA   | LUBLIN                    | POL  | K18-29 | 2      | K 22 |             |              | 00:18:23        | 00:37:30        | 00:57:10 | 01:16:30.20 | 8:18   | 7.2  |
| 47   | KASPEREK EDYTA           | 26  | NW CZŁAPSKI TEAM             | WARSZAWA                  | POL  | K40-49 | 11     | K 23 |             |              | 00:18:21        | 00:37:53        | 00:57:35 | 01:17:15.45 | 8:23   | 7.1  |
| 48   | PIENKOWSKA URSZULA       | 39  | SERCE NORDICA<br>WŁOCŁAWEK   | WŁOCŁAWEK                 | POL  | K40-49 | 12     | K 24 |             |              | 00:18:27        | 00:37:57        | 00:57:42 | 01:17:28.75 | 8:25   | 7.1  |
| 49   | WOJTYCZKA ALICJA         | 65  | NORDIC SPORT 2021            | MYSŁOWICE                 | POL  | K60-69 | 3      | K 25 |             |              | 00:18:51        | 00:38:31        | 00:57:58 | 01:17:51.55 | 8:27   | 7.1  |
| 50   | WANDTKE ANTONI           | 59  |                              | REDA                      | POL  | M70+   | 6      | M 25 | 1           |              | 00:18:59        | 00:38:38        | 00:58:18 | 01:18:05.75 | 8:29   | 7.1  |
| 51   | WYPYCH ANETA             | 224 | NW CZŁAPSKI TEAM             | ŁOMIANKI                  | POL  | K50-59 | 6      | K 26 |             |              | 00:19:26        | 00:39:32        | 00:59:10 | 01:18:28.50 | 8:31   | 7    |
| 52   | KOSTRZEWA MACIEK         | 29  | NW CZŁAPSKI TEAM             | WARSZAWA                  | POL  | M50-59 | 5      | M 26 |             |              | 00:19:08        | 00:39:23        | 00:59:08 | 01:18:40.15 | 8:33   | 7    |
| 53   | CHOLEWKA JOLANTA         | 17  | MARSZ PO ZDROWIE             | POZNAŃ                    | POL  | K60-69 | 4      | K 27 |             |              | 00:19:49        | 00:40:02        | 01:00:19 | 01:21:11.75 | 8:49   | 6.8  |
| 54   | KOSTRZEWA ELA            | 30  | NW CZŁAPSKI TEAM             | WARSZAWA                  | POL  | K50-59 | 7      | K 28 |             |              | 00:19:51        | 00:40:12        | 01:01:14 | 01:21:55.55 | 8:54   | 6.7  |
| 55   | REHLIS ALEKSANDER        | 44  | WYCHODZĘ Z KIJAMI            | KOSZALIN                  | POL  | M30-39 | 5      | M 27 |             |              | 00:19:55        | 00:41:11        | 01:01:52 | 01:22:22.45 | 8:57   | 6.7  |
| 56   | STATNIK TOMASZ           | 50  | GMINA SUCHY LAS              | BIEDRUSKO                 | POL  | M60-69 | 7      | M 28 | 1           |              | 00:19:30        | 00:39:58        | 01:01:15 | 01:22:39.40 | 8:59   | 6.7  |
| 57   | STATNIK GENOWEFA         | 51  | GMINA SUCHY LAS              | BIEDRUSKO                 | POL  | K70+   | 2      | K 29 | 1           |              | 00:19:39        | 00:40:02        | 01:01:10 | 01:22:43.40 | 8:59   | 6.7  |
| 58   | JÓŹWIAK DOMINIK          | 22  | SERCE NORDICA<br>WŁOCŁAWEK   | WŁOCŁAWEK                 | POL  | M18-29 | 2      | M 29 |             |              | 00:22:45        | 00:47:27        | 01:13:04 | 01:38:53.45 | 10:44  | 5.6  |
|      | DOBOSZ ANNA              | 20  | NW CZŁAPSKI TEAM             | WARSZAWA                  | POL  | K50-59 |        |      |             |              | 00:18:50<br>DNF | 00:39:34<br>DNF | DNF      | DNF         | -      | -    |
|      | KĘPA ANDRZEJ             | 28  |                              | KOSZALIN                  | POL  | M70+   |        |      |             |              | 00:17:21<br>DNF | DNF             | DNF      | DNF         | -      | -    |

**ENEA POLISH NORDIC WALKING CUP - KOSZALIN - 10KM - 10/1, OPEN -K**

| M-ce | Nazwisko i imię         | Nr | Klub                                                    | M-scowość   | Kraj | Kat.   | M. kat | K/M | Żół. kartki | Czer. kartki | 2.3km    | 4.6km    | 6.9km    | Netto       | min/km | km/h |
|------|-------------------------|----|---------------------------------------------------------|-------------|------|--------|--------|-----|-------------|--------------|----------|----------|----------|-------------|--------|------|
| 1    | KRAJEWSKA HANNA         | 32 | NORDIC WALKING NEW FOR<br>YOU PIŁA/ LUKI TEAM<br>POLAND | PIŁA        | POL  | K18-29 | 1      | K 1 |             |              | 00:14:39 | 00:29:33 | 00:44:35 | 00:59:36.35 | 6:28   | 9.3  |
| 2    | ZACZYŃSKA-SKIBA<br>ANNA | 66 | KGHM METRACO                                            | LEGNICA     | POL  | K40-49 | 1      | K 2 |             |              | 00:14:40 | 00:29:37 | 00:44:39 | 00:59:37.80 | 6:28   | 9.3  |
| 3    | BIELECKA ZUZANNA        | 16 | NW CZŁAPSKI TEAM                                        | WARSZAWA    | POL  | K40-49 | 2      | K 3 |             |              | 00:14:58 | 00:30:20 | 00:46:00 | 01:01:34.00 | 6:41   | 9    |
| 4    | LABUS MARZENA           | 35 | NORDIC SPORT 2021                                       | LUBLINIEC   | POL  | K30-39 | 1      | K 4 |             |              | 00:15:15 | 00:31:05 | 00:46:47 | 01:02:31.10 | 6:47   | 8.8  |
| 5    | JĘDRASIAK RENATA        | 8  | KGHM METRACO                                            | LUBIN       | POL  | K50-59 | 1      | K 5 |             |              | 00:15:23 | 00:31:21 | 00:47:36 | 01:03:48.05 | 6:56   | 8.7  |
| 6    | RAJEK MAGDALENA         | 43 | NORDIC TEAM<br>CZĘSTOCHOWA                              | CZĘSTOCHOWA | POL  | K40-49 | 3      | K 6 |             |              | 00:15:50 | 00:32:06 | 00:48:20 | 01:04:24.65 | 7:00   | 8.6  |

**ENEA POLISH NORDIC WALKING CUP - KOSZALIN - 10KM - 10/1, OPEN -K c.d.**

| M-ce | Nazwisko i imię          | Nr  | Klub                               | M-scowość          | Kraj | Kat.   | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.3km           | 4.6km           | 6.9km    | Netto       | min/km | km/h |
|------|--------------------------|-----|------------------------------------|--------------------|------|--------|--------|------|-------------|--------------|-----------------|-----------------|----------|-------------|--------|------|
| 7    | SZCZUDLIK<br>MAŁGORZATA  | 9   | KJKOWE TRZEMESZNO                  | TRZEMESZNO         | POL  | K40-49 | 4      | K 7  |             |              | 00:15:59        | 00:32:20        | 00:48:50 | 01:04:53.20 | 7:03   | 8.5  |
| 8    | ABRAMOWICZ<br>MAŁGORZATA | 12  | EKSPEDYCJA NORDIC TEAM<br>SZCZECIN | SZCZECIN           | POL  | K30-39 | 2      | K 8  |             |              | 00:15:48        | 00:32:08        | 00:48:39 | 01:05:08.10 | 7:04   | 8.5  |
| 9    | LUDWICZAK<br>ANDŻELIKA   | 7   | EKSPEDYCJA NORDIC TEAM<br>SZCZECIN | SZCZECIN           | POL  | K40-49 | 5      | K 9  | 1           |              | 00:15:55        | 00:32:09        | 00:48:40 | 01:05:13.95 | 7:05   | 8.5  |
| 10   | KUŁAKOWSKA HALINA        | 10  | KATOWICKI NORDIC<br>WALKING        | OLKUSZ             | POL  | K40-49 | 6      | K 10 |             |              | 00:16:18        | 00:33:20        | 00:50:23 | 01:07:50.60 | 7:22   | 8.1  |
| 11   | JARUGA BEATA             | 21  |                                    | OŁAWA              | POL  | K40-49 | 7      | K 11 |             |              | 00:16:17        | 00:33:34        | 00:50:50 | 01:08:05.10 | 7:24   | 8.1  |
| 12   | WIECZORKOWSKA<br>DAGMARA | 61  | WYCHODZĘ Z KIJAMI                  | KOSZALIN           | POL  | K50-59 | 2      | K 12 | 1           |              | 00:16:26        | 00:33:32        | 00:50:55 | 01:08:17.20 | 7:25   | 8.1  |
| 13   | CZAJKA URSZULA           | 11  |                                    | RUMIA              | POL  | K60-69 | 1      | K 13 | 1           |              | 00:16:27        | 00:33:28        | 00:50:48 | 01:08:25.30 | 7:26   | 8.1  |
| 14   | KOWACZ AGATA             | 31  | SPEEDBAR                           | WAŁBRZYCH          | POL  | K40-49 | 8      | K 14 |             |              | 00:16:11        | 00:33:15        | 00:51:10 | 01:08:33.10 | 7:27   | 8.1  |
| 15   | ŚLUSARCZYK GRAŻYNA       | 56  | AZS AWF KRAKÓW<br>MASTERS          | KRAKÓW             | POL  | K50-59 | 3      | K 15 |             |              | 00:17:11        | 00:34:41        | 00:52:29 | 01:09:40.80 | 7:34   | 7.9  |
| 16   | POSTEK DANUTA            | 40  | MARSZ PO ZDROWIE                   | POZNAŃ             | POL  | K50-59 | 4      | K 16 | 1           |              | 00:17:10        | 00:34:42        | 00:52:30 | 01:10:43.60 | 7:41   | 7.8  |
| 17   | KUBIAK MARIA             | 33  |                                    | RUMIA              | POL  | K70+   | 1      | K 17 |             |              | 00:17:15        | 00:35:12        | 00:53:26 | 01:11:44.10 | 7:47   | 7.7  |
| 18   | KACZMAREK MAJA           | 24  | IGOŚĆ                              | WEJHEROWO          | POL  | K40-49 | 9      | K 18 |             |              | 00:17:17        | 00:35:16        | 00:53:51 | 01:12:15.75 | 7:51   | 7.6  |
| 19   | NIEDŹWIEDŹ EWA           | 38  | BŁYSKAWICE                         | KALISZ<br>POMORSKI | POL  | K60-69 | 2      | K 19 | 1           |              | 00:17:41        | 00:35:50        | 00:54:10 | 01:12:35.10 | 7:53   | 7.6  |
| 20   | SOROKA-MITUŁA<br>GRAŻYNA | 49  |                                    | SZCZECIN           | POL  | K40-49 | 10     | K 20 |             |              | 00:17:27        | 00:35:54        | 00:54:51 | 01:13:25.45 | 7:58   | 7.5  |
| 21   | RODZIEWICZ WIOLETTA      | 45  |                                    | USTKA              | POL  | K50-59 | 5      | K 21 |             |              | 00:18:18        | 00:37:44        | 00:56:52 | 01:16:20.80 | 8:17   | 7.2  |
| 22   | SAPUŁA WIKTORIA          | 46  | NORDIC TEAM<br>CZĘSTOCHOWA         | LUBLIN             | POL  | K18-29 | 2      | K 22 |             |              | 00:18:23        | 00:37:30        | 00:57:10 | 01:16:30.20 | 8:18   | 7.2  |
| 23   | KASPEREK EDYTA           | 26  | NW CZŁAPSKI TEAM                   | WARSZAWA           | POL  | K40-49 | 11     | K 23 |             |              | 00:18:21        | 00:37:53        | 00:57:35 | 01:17:15.45 | 8:23   | 7.1  |
| 24   | PIENKOWSKA URSZULA       | 39  | SERCE NORDICA<br>WŁOCŁAWEK         | WŁOCŁAWEK          | POL  | K40-49 | 12     | K 24 |             |              | 00:18:27        | 00:37:57        | 00:57:42 | 01:17:28.75 | 8:25   | 7.1  |
| 25   | WOJTYCZKA ALICJA         | 65  | NORDIC SPORT 2021                  | MYSŁOWICE          | POL  | K60-69 | 3      | K 25 |             |              | 00:18:51        | 00:38:31        | 00:57:58 | 01:17:51.55 | 8:27   | 7.1  |
| 26   | WYPYCH ANETA             | 224 | NW CZŁAPSKI TEAM                   | ŁOMIAŃKI           | POL  | K50-59 | 6      | K 26 |             |              | 00:19:26        | 00:39:32        | 00:59:10 | 01:18:28.50 | 8:31   | 7    |
| 27   | CHOLEWKA JOLANTA         | 17  | MARSZ PO ZDROWIE                   | POZNAŃ             | POL  | K60-69 | 4      | K 27 |             |              | 00:19:49        | 00:40:02        | 01:00:19 | 01:21:11.75 | 8:49   | 6.8  |
| 28   | KOSTRZEWA ELA            | 30  | NW CZŁAPSKI TEAM                   | WARSZAWA           | POL  | K50-59 | 7      | K 28 |             |              | 00:19:51        | 00:40:12        | 01:01:14 | 01:21:55.55 | 8:54   | 6.7  |
| 29   | STATNIK GENOWEFA         | 51  | GINA SUCHY LAS                     | BIEDRUSKO          | POL  | K70+   | 2      | K 29 | 1           |              | 00:19:39        | 00:40:02        | 01:01:10 | 01:22:43.40 | 8:59   | 6.7  |
|      | DOBOSZ ANNA              | 20  | NW CZŁAPSKI TEAM                   | WARSZAWA           | POL  | K50-59 |        |      |             |              | 00:18:50<br>DNF | 00:39:34<br>DNF | DNF      | DNF         | -      | -    |

**ENEA POLISH NORDIC WALKING CUP - KOSZALIN - 10KM - 10/1, OPEN -M**

| M-ce | Nazwisko i imię         | Nr | Klub                       | M-scowość           | Kraj | Kat.   | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.3km    | 4.6km    | 6.9km    | Netto       | min/km | km/h |
|------|-------------------------|----|----------------------------|---------------------|------|--------|--------|------|-------------|--------------|----------|----------|----------|-------------|--------|------|
| 1    | WOJTOWICZ TOMASZ        | 64 | LUKI TEAM POLSKA           | WIDACZ              | POL  | M30-39 | 1      | M 1  |             |              | 00:13:29 | 00:27:35 | 00:41:54 | 00:56:02.75 | 6:05   | 9.9  |
| 2    | MARCZAK TOMASZ          | 1  | NORDIC TEAM<br>CZĘSTOCHOWA | ALEKSANDRIA I       | POL  | M18-29 | 1      | M 2  |             |              | 00:13:35 | 00:27:40 | 00:42:00 | 00:56:06.65 | 6:05   | 9.8  |
| 3    | SKIBA KRZYSZTOF         | 48 | KGHM METRACO               | LEGNICA             | POL  | M60-69 | 1      | M 3  |             |              | 00:14:01 | 00:28:35 | 00:43:12 | 00:57:54.95 | 6:17   | 9.5  |
| 4    | POŁUBIAK PAWEŁ          | 2  |                            | SIECINO             | POL  | M30-39 | 2      | M 4  | 1           |              | 00:13:52 | 00:28:33 | 00:43:29 | 00:58:21.90 | 6:20   | 9.5  |
| 5    | PRZYSTARZ GRZEGORZ      | 42 | OBORYGENI                  | OBORNIKI<br>ŚLĄSKIE | POL  | M50-59 | 1      | M 5  |             |              | 00:14:49 | 00:29:53 | 00:44:55 | 00:59:57.25 | 6:30   | 9.2  |
| 6    | KABATA JAROSŁAW         | 23 | NORDIC SPORT 2021          | TARNOWSKIE<br>GÓRY  | POL  | M50-59 | 2      | M 6  |             |              | 00:14:20 | 00:29:27 | 00:44:53 | 01:00:23.90 | 6:33   | 9.1  |
| 7    | PRZEBORKIEWICZ<br>KRISS | 41 | PIERNIKI TORUŃ             | TORUŃ               | POL  | M40-49 | 1      | M 7  | 1           |              | 00:14:23 | 00:29:25 | 00:44:53 | 01:00:26.70 | 6:34   | 9.1  |
| 8    | BIBKO MARTIN            | 15 | SPEEDBAR                   | KOSICE              | SVK  | M40-49 | 2      | M 8  | 1           |              | 00:14:45 | 00:30:03 | 00:45:36 | 01:01:00.10 | 6:37   | 9    |
| 9    | CZŁAPSKI KRZYSZTOF      | 3  | NW CZŁAPSKI TEAM           | WARSZAWA            | POL  | M50-59 | 3      | M 9  |             |              | 00:14:59 | 00:30:15 | 00:45:55 | 01:01:38.90 | 6:41   | 9    |
| 10   | WOJTASIŃSKI DANIEL      | 63 | NORDIC TEAM<br>CZĘSTOCHOWA | CZĘSTOCHOWA         | POL  | M40-49 | 3      | M 10 |             |              | 00:14:58 | 00:30:37 | 00:46:21 | 01:01:51.80 | 6:43   | 8.9  |
| 11   | BARTOSIEWICZ ŁUKASZ     | 14 | LUKI TEAM POLSKA           | GDAŃSK              | POL  | M30-39 | 3      | M 11 |             |              | 00:15:43 | 00:31:29 | 00:47:06 | 01:02:25.25 | 6:47   | 8.8  |

# **ENEA POLISH NORDIC WALKING CUP - KOSZALIN - 10KM - 10/1, OPEN -M c.d.**

| M-ce | Nazwisko i imię     | Nr | Klub                      | M-scowość              | Kraj | Kat.   | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.3km           | 4.6km    | 6.9km    | Netto       | min/km | km/h |
|------|---------------------|----|---------------------------|------------------------|------|--------|--------|------|-------------|--------------|-----------------|----------|----------|-------------|--------|------|
| 12   | CHYRA JANUSZ        | 18 | NORDIC SPORT 2021         | LUBLINIEC              | POL  | M40-49 | 4      | M 12 | 1           |              | 00:15:30        | 00:31:36 | 00:47:43 | 01:03:27.70 | 6:53   | 8.7  |
| 13   | MĄDRY GRZEGORZ      | 37 | KJKOWE TRZEMESZNO         | TRZEMESZNO             | POL  | M60-69 | 2      | M 13 |             |              | 00:15:38        | 00:31:40 | 00:47:51 | 01:03:52.30 | 6:56   | 8.6  |
| 14   | SIWAK PIOTR         | 5  | KGHM METRACO              | RUDNA                  | POL  | M60-69 | 3      | M 14 |             |              | 00:15:15        | 00:31:16 | 00:47:18 | 01:04:02.45 | 6:57   | 8.6  |
| 15   | CZMOCH MARIAN       | 19 | PUKS JEDYNKA              | ŁOSICE                 | POL  | M70+   | 1      | M 15 |             |              | 00:16:45        | 00:33:35 | 00:50:32 | 01:07:49.80 | 7:22   | 8.1  |
| 16   | SITKO STANISŁAW     | 47 |                           | GRZYBOWO               | POL  | M50-59 | 4      | M 16 |             |              | 00:16:22        | 00:33:16 | 00:50:32 | 01:08:01.75 | 7:23   | 8.1  |
| 17   | ŚLUSARCZYK JERZY    | 55 | AZS AWF KRAKÓW MASTERS    | KRAKÓW                 | POL  | M60-69 | 4      | M 17 |             |              | 00:16:54        | 00:33:53 | 00:51:09 | 01:08:31.60 | 7:26   | 8.1  |
| 18   | KUBIAK ANDRZEJ      | 34 |                           | RUMIA                  | POL  | M70+   | 2      | M 18 |             |              | 00:16:43        | 00:33:47 | 00:51:32 | 01:09:26.75 | 7:32   | 8    |
| 19   | SZCZĘŚNIAK ZBIGNIEW | 53 | NORDIC TEAM CZĘSTOCHOWA   | CZĘSTOCHOWA            | POL  | M60-69 | 5      | M 19 | 1           |              | 00:16:43        | 00:34:08 | 00:51:59 | 01:09:33.35 | 7:33   | 7.9  |
| 20   | SZEPczyński KAMIL   | 54 | SERCE NORDICA WŁOCŁAWEK   | WŁOCŁAWEK              | POL  | M30-39 | 4      | M 20 |             |              | 00:16:56        | 00:34:32 | 00:52:20 | 01:09:59.75 | 7:36   | 7.9  |
| 21   | TOMCZYK EDWARD      | 58 | MARSZ PO ZDROWIE          | POZNAŃ                 | POL  | M70+   | 3      | M 21 | 2           |              | 00:16:45        | 00:33:59 | 00:52:22 | 01:10:34.40 | 7:40   | 7.8  |
| 22   | ŚLUSARCZYK ANDRZEJ  | 57 | WESOŁY BORSUK TEAM        | PRUDNIK                | POL  | M70+   | 4      | M 22 |             |              | 00:17:13        | 00:34:56 | 00:53:04 | 01:10:46.55 | 7:41   | 7.8  |
| 23   | KAROLAK ANDRZEJ     | 25 |                           | TRZEBIATÓW             | POL  | M60-69 | 6      | M 23 | 1           |              | 00:16:49        | 00:34:28 | 00:53:00 | 01:11:15.80 | 7:44   | 7.7  |
| 24   | ŁOPIŃSKI ALEKSY     | 36 | FABRYKA NORDICA TRZCIANKA | PIŁA AL. POZNAŃSKA 133 | POL  | M70+   | 5      | M 24 | 2           |              | 00:18:29        | 00:37:08 | 00:55:51 | 01:14:43.00 | 8:07   | 7.4  |
| 25   | WANDTKE ANTONI      | 59 |                           | REDA                   | POL  | M70+   | 6      | M 25 | 1           |              | 00:18:59        | 00:38:38 | 00:58:18 | 01:18:05.75 | 8:29   | 7.1  |
| 26   | KOSTRZEWA MACIEK    | 29 | NW CZŁĄPSKI TEAM          | WARSZAWA               | POL  | M50-59 | 5      | M 26 |             |              | 00:19:08        | 00:39:23 | 00:59:08 | 01:18:40.15 | 8:33   | 7    |
| 27   | REHLIS ALEKSANDER   | 44 | WYCHODZĘ Z KIJAMI         | KOSZALIN               | POL  | M30-39 | 5      | M 27 |             |              | 00:19:55        | 00:41:11 | 01:01:52 | 01:22:22.45 | 8:57   | 6.7  |
| 28   | STATNIK TOMASZ      | 50 | GMINA SUCHY ŁĄS           | BIEDRUSKO              | POL  | M60-69 | 7      | M 28 | 1           |              | 00:19:30        | 00:39:58 | 01:01:15 | 01:22:39.40 | 8:59   | 6.7  |
| 29   | JÓZWIĄK DOMINIK     | 22 | SERCE NORDICA WŁOCŁAWEK   | WŁOCŁAWEK              | POL  | M18-29 | 2      | M 29 |             |              | 00:22:45        | 00:47:27 | 01:13:04 | 01:38:53.45 | 10:44  | 5.6  |
|      | KĘPA ANDRZEJ        | 28 |                           | KOSZALIN               | POL  | M70+   |        |      |             |              | 00:17:21<br>DNF | DNF      | DNF      | DNF         | -      | -    |

# **ENEA POLISH NORDIC WALKING CUP - KOSZALIN - 10KM - 10/1, K18-29**

| M-ce | Nazwisko i imię | Nr | Klub                                              | M-scowość | Kraj | Kat.   | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.3km    | 4.6km    | 6.9km    | Netto       | min/km | km/h |
|------|-----------------|----|---------------------------------------------------|-----------|------|--------|--------|------|-------------|--------------|----------|----------|----------|-------------|--------|------|
| 1    | KRAJEWSKA HANNA | 32 | NORDIC WALKING NEW FOR YOU PIŁA/ LUKI TEAM POLAND | PIŁA      | POL  | K18-29 | 1      | K 1  |             |              | 00:14:39 | 00:29:33 | 00:44:35 | 00:59:36.35 | 6:28   | 9.3  |
| 2    | SAPUŁA WIKTORIA | 46 | NORDIC TEAM CZĘSTOCHOWA                           | LUBLIN    | POL  | K18-29 | 2      | K 22 |             |              | 00:18:23 | 00:37:30 | 00:57:10 | 01:16:30.20 | 8:18   | 7.2  |

# **ENEA POLISH NORDIC WALKING CUP - KOSZALIN - 10KM - 10/1, M18-29**

| M-ce | Nazwisko i imię | Nr | Klub                    | M-scowość     | Kraj | Kat.   | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.3km    | 4.6km    | 6.9km    | Netto       | min/km | km/h |
|------|-----------------|----|-------------------------|---------------|------|--------|--------|------|-------------|--------------|----------|----------|----------|-------------|--------|------|
| 1    | MARCZAK TOMASZ  | 1  | NORDIC TEAM CZĘSTOCHOWA | ALEKSANDRIA I | POL  | M18-29 | 1      | M 2  |             |              | 00:13:35 | 00:27:40 | 00:42:00 | 00:56:06.65 | 6:05   | 9.8  |
| 2    | JÓZWIĄK DOMINIK | 22 | SERCE NORDICA WŁOCŁAWEK | WŁOCŁAWEK     | POL  | M18-29 | 2      | M 29 |             |              | 00:22:45 | 00:47:27 | 01:13:04 | 01:38:53.45 | 10:44  | 5.6  |

# **ENEA POLISH NORDIC WALKING CUP - KOSZALIN - 10KM - 10/1, K30-39**

| M-ce | Nazwisko i imię       | Nr | Klub                            | M-scowość | Kraj | Kat.   | M. kat | K/M | Żół. kartki | Czer. kartki | 2.3km    | 4.6km    | 6.9km    | Netto       | min/km | km/h |
|------|-----------------------|----|---------------------------------|-----------|------|--------|--------|-----|-------------|--------------|----------|----------|----------|-------------|--------|------|
| 1    | LABUS MARZENA         | 35 | NORDIC SPORT 2021               | LUBLINIEC | POL  | K30-39 | 1      | K 4 |             |              | 00:15:15 | 00:31:05 | 00:46:47 | 01:02:31.10 | 6:47   | 8.8  |
| 2    | ABRAMOWICZ MAŁGORZATA | 12 | EKSPEDYCJA NORDIC TEAM SZCZECIN | SZCZECIN  | POL  | K30-39 | 2      | K 8 |             |              | 00:15:48 | 00:32:08 | 00:48:39 | 01:05:08.10 | 7:04   | 8.5  |

**ENEA POLISH NORDIC WALKING CUP - KOSZALIN - 10KM - 10/1, M30-39**

| M-ce | Nazwisko i imię     | Nr | Klub                       | M-scowość | Kraj | Kat.   | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.3km    | 4.6km    | 6.9km    | Netto       | min/km | km/h |
|------|---------------------|----|----------------------------|-----------|------|--------|--------|------|-------------|--------------|----------|----------|----------|-------------|--------|------|
| 1    | WOJTOWICZ TOMASZ    | 64 | LUKI TEAM POLSKA           | WIDACZ    | POL  | M30-39 | 1      | M 1  |             |              | 00:13:29 | 00:27:35 | 00:41:54 | 00:56:02.75 | 6:05   | 9.9  |
| 2    | POŁUBIAK PAWEŁ      | 2  |                            | SIECINO   | POL  | M30-39 | 2      | M 4  | 1           |              | 00:13:52 | 00:28:33 | 00:43:29 | 00:58:21.90 | 6:20   | 9.5  |
| 3    | BARTOSIEWICZ ŁUKASZ | 14 | LUKI TEAM POLSKA           | GDAŃSK    | POL  | M30-39 | 3      | M 11 |             |              | 00:15:43 | 00:31:29 | 00:47:06 | 01:02:25.25 | 6:47   | 8.8  |
| 4    | SZEPczyński KAMIL   | 54 | SERCE NORDICA<br>WŁOCŁAWEK | WŁOCŁAWEK | POL  | M30-39 | 4      | M 20 |             |              | 00:16:56 | 00:34:32 | 00:52:20 | 01:09:59.75 | 7:36   | 7.9  |
| 5    | REHLIS ALEKSANDER   | 44 | WYCHODZĘ Z KIJAMI          | KOSZALIN  | POL  | M30-39 | 5      | M 27 |             |              | 00:19:55 | 00:41:11 | 01:01:52 | 01:22:22.45 | 8:57   | 6.7  |

**ENEA POLISH NORDIC WALKING CUP - KOSZALIN - 10KM - 10/1, K40-49**

| M-ce | Nazwisko i imię       | Nr | Klub                               | M-scowość   | Kraj | Kat.   | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.3km    | 4.6km    | 6.9km    | Netto       | min/km | km/h |
|------|-----------------------|----|------------------------------------|-------------|------|--------|--------|------|-------------|--------------|----------|----------|----------|-------------|--------|------|
| 1    | ZACZYŃSKA-SKIBA ANNA  | 66 | KGHM METRACO                       | LEGNICA     | POL  | K40-49 | 1      | K 2  |             |              | 00:14:40 | 00:29:37 | 00:44:39 | 00:59:37.80 | 6:28   | 9.3  |
| 2    | BIELECKA ZUZANNA      | 16 | NW CZŁAPSKI TEAM                   | WARSZAWA    | POL  | K40-49 | 2      | K 3  |             |              | 00:14:58 | 00:30:20 | 00:46:00 | 01:01:34.00 | 6:41   | 9    |
| 3    | RAJEK MAGDALENA       | 43 | NORDIC TEAM<br>CZĘSTOCHOWA         | CZĘSTOCHOWA | POL  | K40-49 | 3      | K 6  |             |              | 00:15:50 | 00:32:06 | 00:48:20 | 01:04:24.65 | 7:00   | 8.6  |
| 4    | SZCZUDLIK MAŁGORZATA  | 9  | KJKOWE TRZEMESZNO                  | TRZEMESZNO  | POL  | K40-49 | 4      | K 7  |             |              | 00:15:59 | 00:32:20 | 00:48:50 | 01:04:53.20 | 7:03   | 8.5  |
| 5    | LUDWICZAK ANDŻELIKA   | 7  | EKSPEDYCJA NORDIC TEAM<br>SZCZECIN | SZCZECIN    | POL  | K40-49 | 5      | K 9  | 1           |              | 00:15:55 | 00:32:09 | 00:48:40 | 01:05:13.95 | 7:05   | 8.5  |
| 6    | KUŁAKOWSKA HALINA     | 10 | KATOWICKI NORDIC<br>WALKING        | OLKUSZ      | POL  | K40-49 | 6      | K 10 |             |              | 00:16:18 | 00:33:20 | 00:50:23 | 01:07:50.60 | 7:22   | 8.1  |
| 7    | JARUGA BEATA          | 21 |                                    | OŁAWA       | POL  | K40-49 | 7      | K 11 |             |              | 00:16:17 | 00:33:34 | 00:50:50 | 01:08:05.10 | 7:24   | 8.1  |
| 8    | KOWACZ AGATA          | 31 | SPEEDBAR                           | WAŁBRZYCH   | POL  | K40-49 | 8      | K 14 |             |              | 00:16:11 | 00:33:15 | 00:51:10 | 01:08:33.10 | 7:27   | 8.1  |
| 9    | KACZMAREK MAJA        | 24 | IGOŚĆ                              | WEJHEROWO   | POL  | K40-49 | 9      | K 18 |             |              | 00:17:17 | 00:35:16 | 00:53:51 | 01:12:15.75 | 7:51   | 7.6  |
| 10   | SOROKA-MITUŁA GRAŻYNA | 49 |                                    | SZCZECIN    | POL  | K40-49 | 10     | K 20 |             |              | 00:17:27 | 00:35:54 | 00:54:51 | 01:13:25.45 | 7:58   | 7.5  |
| 11   | KASPEREK EDYTA        | 26 | NW CZŁAPSKI TEAM                   | WARSZAWA    | POL  | K40-49 | 11     | K 23 |             |              | 00:18:21 | 00:37:53 | 00:57:35 | 01:17:15.45 | 8:23   | 7.1  |
| 12   | PIENKOWSKA URSZULA    | 39 | SERCE NORDICA<br>WŁOCŁAWEK         | WŁOCŁAWEK   | POL  | K40-49 | 12     | K 24 |             |              | 00:18:27 | 00:37:57 | 00:57:42 | 01:17:28.75 | 8:25   | 7.1  |

**ENEA POLISH NORDIC WALKING CUP - KOSZALIN - 10KM - 10/1, M40-49**

| M-ce | Nazwisko i imię      | Nr | Klub                       | M-scowość   | Kraj | Kat.   | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.3km    | 4.6km    | 6.9km    | Netto       | min/km | km/h |
|------|----------------------|----|----------------------------|-------------|------|--------|--------|------|-------------|--------------|----------|----------|----------|-------------|--------|------|
| 1    | PRZYBORKIEWICZ KRISS | 41 | PIERNIKI TORUŃ             | TORUŃ       | POL  | M40-49 | 1      | M 7  | 1           |              | 00:14:23 | 00:29:25 | 00:44:53 | 01:00:26.70 | 6:34   | 9.1  |
| 2    | BIBKO MARTIN         | 15 | SPEEDBAR                   | KOSICE      | SVK  | M40-49 | 2      | M 8  | 1           |              | 00:14:45 | 00:30:03 | 00:45:36 | 01:01:00.10 | 6:37   | 9    |
| 3    | WOJTASIŃSKI DANIEL   | 63 | NORDIC TEAM<br>CZĘSTOCHOWA | CZĘSTOCHOWA | POL  | M40-49 | 3      | M 10 |             |              | 00:14:58 | 00:30:37 | 00:46:21 | 01:01:51.80 | 6:43   | 8.9  |
| 4    | CHYRA JANUSZ         | 18 | NORDIC SPORT 2021          | LUBLINIEC   | POL  | M40-49 | 4      | M 12 | 1           |              | 00:15:30 | 00:31:36 | 00:47:43 | 01:03:27.70 | 6:53   | 8.7  |

**ENEA POLISH NORDIC WALKING CUP - KOSZALIN - 10KM - 10/1, K50-59**

| M-ce | Nazwisko i imię       | Nr | Klub                      | M-scowość | Kraj | Kat.   | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.3km    | 4.6km    | 6.9km    | Netto       | min/km | km/h |
|------|-----------------------|----|---------------------------|-----------|------|--------|--------|------|-------------|--------------|----------|----------|----------|-------------|--------|------|
| 1    | JĘDRASIAK RENATA      | 8  | KGHM METRACO              | LUBIN     | POL  | K50-59 | 1      | K 5  |             |              | 00:15:23 | 00:31:21 | 00:47:36 | 01:03:48.05 | 6:56   | 8.7  |
| 2    | WIECZORKOWSKA DAGMARA | 61 | WYCHODZĘ Z KIJAMI         | KOSZALIN  | POL  | K50-59 | 2      | K 12 | 1           |              | 00:16:26 | 00:33:32 | 00:50:55 | 01:08:17.20 | 7:25   | 8.1  |
| 3    | ŚLUSARCZYK GRAŻYNA    | 56 | AZS AWF KRAKÓW<br>MASTERS | KRAKÓW    | POL  | K50-59 | 3      | K 15 |             |              | 00:17:11 | 00:34:41 | 00:52:29 | 01:09:40.80 | 7:34   | 7.9  |
| 4    | POSTEK DANUTA         | 40 | MARSZ PO ZDROWIE          | POZNAŃ    | POL  | K50-59 | 4      | K 16 | 1           |              | 00:17:10 | 00:34:42 | 00:52:30 | 01:10:43.60 | 7:41   | 7.8  |
| 5    | RODZIEWICZ WIOLETTA   | 45 |                           | USTKA     | POL  | K50-59 | 5      | K 21 |             |              | 00:18:18 | 00:37:44 | 00:56:52 | 01:16:20.80 | 8:17   | 7.2  |

**ENEA POLISH NORDIC WALKING CUP - KOSZALIN - 10KM - 10/1, K50-59 c.d.**

| M-ce | Nazwisko i imię | Nr  | Klub             | M-scowość | Kraj | Kat.   | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.3km    | 4.6km    | 6.9km    | Netto       | min/km | km/h |
|------|-----------------|-----|------------------|-----------|------|--------|--------|------|-------------|--------------|----------|----------|----------|-------------|--------|------|
| 6    | WYPYCH ANETA    | 224 | NW CZŁAPSKI TEAM | ŁOMIANKI  | POL  | K50-59 | 6      | K 26 |             |              | 00:19:26 | 00:39:32 | 00:59:10 | 01:18:28.50 | 8:31   | 7    |
| 7    | KOSTRZEWA ELA   | 30  | NW CZŁAPSKI TEAM | WARSZAWA  | POL  | K50-59 | 7      | K 28 |             |              | 00:19:51 | 00:40:12 | 01:01:14 | 01:21:55.55 | 8:54   | 6.7  |
|      | DOBOSZ ANNA     | 20  | NW CZŁAPSKI TEAM | WARSZAWA  | POL  | K50-59 |        |      |             |              | 00:18:50 | 00:39:34 | DNF      | DNF         | -      | -    |
|      |                 |     |                  |           |      |        |        |      |             |              | DNF      | DNF      |          |             |        |      |

**ENEA POLISH NORDIC WALKING CUP - KOSZALIN - 10KM - 10/1, M50-59**

| M-ce | Nazwisko i imię    | Nr | Klub              | M-scowość        | Kraj | Kat.   | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.3km    | 4.6km    | 6.9km    | Netto       | min/km | km/h |
|------|--------------------|----|-------------------|------------------|------|--------|--------|------|-------------|--------------|----------|----------|----------|-------------|--------|------|
| 1    | PRZYSTARZ GRZEGORZ | 42 | OBORYGENI         | OBORNIKI ŚLĄSKIE | POL  | M50-59 | 1      | M 5  |             |              | 00:14:49 | 00:29:53 | 00:44:55 | 00:59:57.25 | 6:30   | 9.2  |
| 2    | KABATA JAROSŁAW    | 23 | NORDIC SPORT 2021 | TARNOWSKIE GÓRY  | POL  | M50-59 | 2      | M 6  |             |              | 00:14:20 | 00:29:27 | 00:44:53 | 01:00:23.90 | 6:33   | 9.1  |
| 3    | CZŁAPSKI KRZYSZTOF | 3  | NW CZŁAPSKI TEAM  | WARSZAWA         | POL  | M50-59 | 3      | M 9  |             |              | 00:14:59 | 00:30:15 | 00:45:55 | 01:01:38.90 | 6:41   | 9    |
| 4    | SITKO STANISŁAW    | 47 |                   | GRZYBOWO         | POL  | M50-59 | 4      | M 16 |             |              | 00:16:22 | 00:33:16 | 00:50:32 | 01:08:01.75 | 7:23   | 8.1  |
| 5    | KOSTRZEWA MACIEK   | 29 | NW CZŁAPSKI TEAM  | WARSZAWA         | POL  | M50-59 | 5      | M 26 |             |              | 00:19:08 | 00:39:23 | 00:59:08 | 01:18:40.15 | 8:33   | 7    |

**ENEA POLISH NORDIC WALKING CUP - KOSZALIN - 10KM - 10/1, K60-69**

| M-ce | Nazwisko i imię  | Nr | Klub              | M-scowość       | Kraj | Kat.   | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.3km    | 4.6km    | 6.9km    | Netto       | min/km | km/h |
|------|------------------|----|-------------------|-----------------|------|--------|--------|------|-------------|--------------|----------|----------|----------|-------------|--------|------|
| 1    | CZAJKA URSZULA   | 11 |                   | RUMIA           | POL  | K60-69 | 1      | K 13 | 1           |              | 00:16:27 | 00:33:28 | 00:50:48 | 01:08:25.30 | 7:26   | 8.1  |
| 2    | NIEDŹWIEDŹ EWA   | 38 | BŁYSKAWICE        | KALISZ POMORSKI | POL  | K60-69 | 2      | K 19 | 1           |              | 00:17:41 | 00:35:50 | 00:54:10 | 01:12:35.10 | 7:53   | 7.6  |
| 3    | WOJTYCZKA ALICJA | 65 | NORDIC SPORT 2021 | MYSŁOWICE       | POL  | K60-69 | 3      | K 25 |             |              | 00:18:51 | 00:38:31 | 00:57:58 | 01:17:51.55 | 8:27   | 7.1  |
| 4    | CHOLEWKA JOLANTA | 17 | MARSZ PO ZDROWIE  | POZNAN          | POL  | K60-69 | 4      | K 27 |             |              | 00:19:49 | 00:40:02 | 01:00:19 | 01:21:11.75 | 8:49   | 6.8  |

**ENEA POLISH NORDIC WALKING CUP - KOSZALIN - 10KM - 10/1, M60-69**

| M-ce | Nazwisko i imię     | Nr | Klub                    | M-scowość   | Kraj | Kat.   | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.3km    | 4.6km    | 6.9km    | Netto       | min/km | km/h |
|------|---------------------|----|-------------------------|-------------|------|--------|--------|------|-------------|--------------|----------|----------|----------|-------------|--------|------|
| 1    | SKIBA KRZYSZTOF     | 48 | KGHM METRACO            | LEGNICA     | POL  | M60-69 | 1      | M 3  |             |              | 00:14:01 | 00:28:35 | 00:43:12 | 00:57:54.95 | 6:17   | 9.5  |
| 2    | MĄDRY GRZEGORZ      | 37 | KJKOWE TRZEMESZNO       | TRZEMESZNO  | POL  | M60-69 | 2      | M 13 |             |              | 00:15:38 | 00:31:40 | 00:47:51 | 01:03:52.30 | 6:56   | 8.6  |
| 3    | SIWAK PIOTR         | 5  | KGHM METRACO            | RUDNA       | POL  | M60-69 | 3      | M 14 |             |              | 00:15:15 | 00:31:16 | 00:47:18 | 01:04:02.45 | 6:57   | 8.6  |
| 4    | ŚLUSARCZYK JERZY    | 55 | AZS AWF KRAKÓW MASTERS  | KRAKÓW      | POL  | M60-69 | 4      | M 17 |             |              | 00:16:54 | 00:33:53 | 00:51:09 | 01:08:31.60 | 7:26   | 8.1  |
| 5    | SZCZĘŚNIAK ZBIGNIEW | 53 | NORDIC TEAM CZĘSTOCHOWA | CZĘSTOCHOWA | POL  | M60-69 | 5      | M 19 | 1           |              | 00:16:43 | 00:34:08 | 00:51:59 | 01:09:33.35 | 7:33   | 7.9  |
| 6    | KAROLAK ANDRZEJ     | 25 |                         | TRZEBIATÓW  | POL  | M60-69 | 6      | M 23 | 1           |              | 00:16:49 | 00:34:28 | 00:53:00 | 01:11:15.80 | 7:44   | 7.7  |
| 7    | STATNIK TOMASZ      | 50 | GMINA SUCHY LAS         | BIEDRUSKO   | POL  | M60-69 | 7      | M 28 | 1           |              | 00:19:30 | 00:39:58 | 01:01:15 | 01:22:39.40 | 8:59   | 6.7  |

**ENEA POLISH NORDIC WALKING CUP - KOSZALIN - 10KM - 10/1, K70+**

| M-ce | Nazwisko i imię  | Nr | Klub            | M-scowość | Kraj | Kat. | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.3km    | 4.6km    | 6.9km    | Netto       | min/km | km/h |
|------|------------------|----|-----------------|-----------|------|------|--------|------|-------------|--------------|----------|----------|----------|-------------|--------|------|
| 1    | KUBIAK MARIA     | 33 |                 | RUMIA     | POL  | K70+ | 1      | K 17 |             |              | 00:17:15 | 00:35:12 | 00:53:26 | 01:11:44.10 | 7:47   | 7.7  |
| 2    | STATNIK GENOWEFA | 51 | GMINA SUCHY LAS | BIEDRUSKO | POL  | K70+ | 2      | K 29 | 1           |              | 00:19:39 | 00:40:02 | 01:01:10 | 01:22:43.40 | 8:59   | 6.7  |

**ENEA POLISH NORDIC WALKING CUP - KOSZALIN - 10KM - 10/1, M70+**

| M-ce | Nazwisko i imię | Nr | Klub         | M-scowość | Kraj | Kat. | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.3km    | 4.6km    | 6.9km    | Netto       | min/km | km/h |
|------|-----------------|----|--------------|-----------|------|------|--------|------|-------------|--------------|----------|----------|----------|-------------|--------|------|
| 1    | CZMOCH MARIAN   | 19 | PUKS JEDYNKA | ŁOSICE    | POL  | M70+ | 1      | M 15 |             |              | 00:16:45 | 00:33:35 | 00:50:32 | 01:07:49.80 | 7:22   | 8.1  |
| 2    | KUBIAK ANDRZEJ  | 34 |              | RUMIA     | POL  | M70+ | 2      | M 18 |             |              | 00:16:43 | 00:33:47 | 00:51:32 | 01:09:26.75 | 7:32   | 8    |

**ENEA POLISH NORDIC WALKING CUP - KOSZALIN - 10KM - 10/1, M70+ c.d.**

| M-ce | Nazwisko i imię    | Nr | Klub                      | M-scowość              | Kraj | Kat. | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.3km    | 4.6km    | 6.9km    | Netto       | min/km | km/h |
|------|--------------------|----|---------------------------|------------------------|------|------|--------|------|-------------|--------------|----------|----------|----------|-------------|--------|------|
| 3    | TOMCZYK EDWARD     | 58 | MARSZ PO ZDROWIE          | POZNAN                 | POL  | M70+ | 3      | M 21 | 2           |              | 00:16:45 | 00:33:59 | 00:52:22 | 01:10:34.40 | 7:40   | 7.8  |
| 4    | ŚLUSARCZYK ANDRZEJ | 57 | WESOŁY BORSUK TEAM        | PRUDNIK                | POL  | M70+ | 4      | M 22 |             |              | 00:17:13 | 00:34:56 | 00:53:04 | 01:10:46.55 | 7:41   | 7.8  |
| 5    | ŁOPIŃSKI ALEKSY    | 36 | FABRYKA NORDICA TRZCIANKA | PIŁA AL. POZNAŃSKA 133 | POL  | M70+ | 5      | M 24 | 2           |              | 00:18:29 | 00:37:08 | 00:55:51 | 01:14:43.00 | 8:07   | 7.4  |
| 6    | WANDTKE ANTONI     | 59 |                           | REDA                   | POL  | M70+ | 6      | M 25 | 1           |              | 00:18:59 | 00:38:38 | 00:58:18 | 01:18:05.75 | 8:29   | 7.1  |
|      | KĘPA ANDRZEJ       | 28 |                           | KOSZALIN               | POL  | M70+ |        |      |             |              | 00:17:21 | DNF      | DNF      | DNF         | -      | -    |
|      |                    |    |                           |                        |      |      |        |      |             |              | DNF      |          |          |             |        |      |

**ENEA POLISH NORDIC WALKING CUP - KOSZALIN - 10KM - 10/1, Drużynowa**

| Miejsce | Drużyna                 | Zawodnicy klasyfikowani                                          | Czas                                         | Czas drużyny |
|---------|-------------------------|------------------------------------------------------------------|----------------------------------------------|--------------|
| 1       | KGHM METRACO            | KRZYSZTOF SKIBAANNA ZACZYŃSKA-SKIBARENATA JĘDRASIAKPIOTR SIWAK   | 00:57:54.9500:59:37.8001:03:48.0501:04:02.45 | 04:05:22     |
| 2       | NORDIC TEAM CZĘSTOCHOWA | TOMASZ MARCZAKDANIEL WOJTASIŃSKIMAGDALENA RAJEKWIKTORIA SAPUŁA   | 00:56:06.6501:01:51.8001:04:24.6501:16:30.20 | 04:18:55     |
| 3       | NORDIC SPORT 2021       | JAROSŁAW KABATAMARZENA LABUSJANUSZ CHYRAALICJA WOJTYCZKA         | 01:00:23.9001:02:31.1001:03:27.7001:17:51.55 | 04:24:12     |
| 4       | NW CZŁAPSKI TEAM        | ZUZANNA BIELECKAKRZYSZTOF CZŁAPSKIEDYTA KASPEREKMACIEK KOSTRZEWA | 01:01:34.0001:01:38.9001:17:15.4501:18:40.15 | 04:39:07     |