

## BIEG - MARSZ ŚLEDZIA

Organizator: Stowarzyszenie Studiów i Analiz Bezpieczeństwa

Data: 2022-05-14

Miejsce: Polska

Dystans: 20 km

Klasyfikacja wg pokonanego dystansu, czasów netto.



### BIEG - MARSZ ŚLEDZIA, OPEN

| M-ce | Nazwisko i imię      | Nr | Klub                             | M-scowość       | Kraj | Kat.    | M. kat | K/M  | Dystans  | Netto       | min/km | km/h |
|------|----------------------|----|----------------------------------|-----------------|------|---------|--------|------|----------|-------------|--------|------|
| 1    | DRAGAN KAROL         | 46 | BRAK                             | GDYNIA          | POL  | M-OPEN□ | 1      | M 1  | 282,2 KM | 54:04:19.00 | 11:29  | 5.2  |
| 2    | NOWOSAD AGNIESZKA    | 24 | PRZYJACIÓŁ                       | WARSZAWA        | POL  | K-OPEN□ | 1      | K 1  | 242,8 KM | 25:30:11.00 | 6:18   | 9.5  |
| 3    | PRZEBIĘDA JOANNA     | 31 | BRAK                             | GDYNIA          | POL  | K-OPEN□ | 2      | K 2  | 214,8 KM | 48:07:54.00 | 13:26  | 4.5  |
| 4    | MARKIEWICZ AMADEUSZ  | 13 | EZT                              | BOLESŁAWIEC     | POL  | M-OPEN□ | 2      | M 2  | 185,8 KM | 37:16:34.00 | 12:02  | 5    |
| 5    | WĘGRZYŃSKI PAWEŁ     | 36 |                                  | KRAKÓW          | POL  | M-OPEN□ | 3      | M 3  | 180,2 KM | 25:40:48.00 | 8:33   | 7    |
| 6    | TKACZYK MARZENA      | 73 | SARBINOWSKIE MORSY               | KOSZALIN        | POL  | K-OPEN□ | 3      | K 3  | 178,0 KM | 35:31:34.00 | 11:58  | 5    |
| 7    | FORMALEWICZ KASIA    | 74 | SARBINOWSKIE MORSY               | PARSOWO         | POL  | K-OPEN□ | 4      | K 4  | 163,8 KM | 38:21:00.00 | 14:03  | 4.3  |
| 8    | SZYMAŃSKI MARIUSZ    | 18 | NONAME                           | CHEŁMNO         | POL  | M-OPEN□ | 4      | M 4  | 148,0 KM | 16:07:57.00 | 6:32   | 9.2  |
| 9    | LATOS MAŁGORZATA     | 72 | SARBINOWSKIE MORSY               | KOSZALIN        | POL  | K-OPEN□ | 5      | K 5  | 147,3 KM | 25:31:27.00 | 10:23  | 5.8  |
| 10   | REJKOWSKA NATALIA    | 47 | KOSAKOWO                         | DĘBOGÓRZE       | POL  | K-OPEN□ | 6      | K 6  | 144,6 KM | 19:42:03.00 | 8:10   | 7.3  |
| 11   | KASTELIK MAREK       | 48 | -                                | MYSŁOWICE       | POL  | M-OPEN□ | 5      | M 5  | 138,5 KM | 17:23:06.00 | 7:31   | 8    |
| 12   | TRETYN MAREK         | 37 | ŚLEDZIE WARSZAWSKIE RAZ!         | WARSZAWA        | POL  | M-OPEN□ | 6      | M 6  | 137,9 KM | 16:11:23.00 | 7:02   | 8.5  |
| 13   | SOCHOCKI SŁAWOMIR    | 30 | BRAK                             | SIERPC          | POL  | M-OPEN□ | 7      | M 7  | 137,8 KM | 32:52:21.00 | 14:18  | 4.2  |
| 14   | HUTYRA TOMASZ        | 34 | NIEZRZESZONY                     | WROCŁAW         | POL  | M-OPEN□ | 8      | M 8  | 134,2 KM | 13:04:21.00 | 5:50   | 10.3 |
| 15   | DROZDOWSKI GRZEGORZ  | 40 | PRISJAKT POLAND                  | KRAKÓW          | POL  | M-OPEN□ | 9      | M 9  | 133,8 KM | 19:11:26.00 | 8:36   | 7    |
| 16   | KŁOPOCKA MARTA       | 9  | ENERGY FITNESS                   | ŁÓDŹ            | POL  | K-OPEN□ | 7      | K 7  | 133,1 KM | 17:44:15.00 | 7:59   | 7.5  |
| 17   | KŁOPOCKI KRZYSZTOF   | 6  | ENERGY                           | ŁÓDŹ            | POL  | M-OPEN□ | 10     | M 10 | 132,9 KM | 17:59:11.00 | 8:07   | 7.4  |
| 18   | GUDOWSKI ROBERT      | 12 | GUDOS                            | JELENIA GÓRA    | POL  | M-OPEN□ | 11     | M 11 | 125,7 KM | 19:25:58.00 | 9:16   | 6.5  |
| 19   | BOGOŃSKI PIOTR       | 15 | B4SPORT                          | MARKI           | POL  | M-OPEN□ | 12     | M 12 | 124,7 KM | 27:10:33.00 | 13:04  | 4.6  |
| 20   | BRZOZOWSKI TOMASZ    | 58 | NIEDOBIEGANY                     | CZARNA          | POL  | M-OPEN□ | 13     | M 13 | 121,8 KM | 16:27:38.00 | 8:06   | 7.4  |
| 21   | PIĄTKOWSKI MICHAŁ    | 2  | CROSSFIT MOKOTÓW                 | BRONISŁAWÓW     | POL  | M-OPEN□ | 14     | M 14 | 117,4 KM | 14:39:18.00 | 7:29   | 8    |
| 22   | TROC MAREK           | 59 | BIR                              | BIELSK PODLASKI | POL  | M-OPEN□ | 15     | M 15 | 112,3 KM | 09:50:21.00 | 5:15   | 11.4 |
| 23   | MĘDYGRAŁ KRYSZTIAN   | 35 | WATAHA                           | WROCŁAW         | POL  | M-OPEN□ | 16     | M 16 | 110,3 KM | 09:32:13.00 | 5:11   | 11.6 |
| 24   | RADOŁA MARCIN        | 11 | BEZKLUBOWIEC                     | KATOWICE        | POL  | M-OPEN□ | 17     | M 17 | 108,2 KM | 10:40:40.00 | 5:55   | 10.1 |
| 25   | SKOWROŃSKA PAULINA   | 16 | B4SPORT                          | MARKI           | POL  | K-OPEN□ | 8      | K 8  | 106,1 KM | 19:23:18.00 | 10:58  | 5.5  |
| 26   | PIĄTKOWSKA KAROLINA  | 71 | BRONX RUNNING TEAM               | BRONISŁAWÓW     | POL  | K-OPEN□ | 9      | K 9  | 103,9 KM | 13:59:03.00 | 8:04   | 7.4  |
| 27   | BABIARCZUK MARCIN    | 38 | ZACHODNIOPOMORSKIE ŚLEDZIE       | NOWOGARD        | POL  | M-OPEN□ | 18     | M 18 | 102,7 KM | 24:15:22.00 | 14:10  | 4.2  |
| 28   | RUMIAN JAKUB         | 78 | NIE DOTYCZY                      | KRAKÓW          | POL  | M-OPEN□ | 19     | M 19 | 101,4 KM | 07:53:54.00 | 4:40   | 12.8 |
| 29   | BUBUŁA KATARZYNA     | 70 | STRZELIŃSKI KLUB BIEGACZA GRANIT | WROCŁAW         | POL  | K-OPEN□ | 10     | K 10 | 100,4 KM | 08:39:14.00 | 5:10   | 11.6 |
| 30   | TOMASZEWSKA JULITA   | 5  | COCO BONGO PINK CLUB             | LEGIONOWO       | POL  | K-OPEN□ | 11     | K 11 | 97,6 KM  | 07:47:53.00 | 4:47   | 12.5 |
| 31   | LETNIEWSKI MACIEJ    | 21 | MASTERLEASE                      | KOWALE          | POL  | M-OPEN□ | 20     | M 20 | 84,2 KM  | 14:48:15.00 | 10:33  | 5.7  |
| 32   | TKACZYK PAWEŁ        | 29 | MARSZ ŚLEDZIA                    | WARSZAWA        | POL  | M-OPEN□ | 21     | M 21 | 80,4 KM  | 07:01:55.00 | 5:14   | 11.4 |
| 33   | NOWIK MIROSLAW       | 26 | PORTA ACTIVE TEAM                | GDAŃSK          | POL  | M-OPEN□ | 22     | M 22 | 80,1 KM  | 08:04:10.00 | 6:02   | 9.9  |
| 34   | BUCZAK ANNA          | 14 | -                                | WARSZAWA        | POL  | K-OPEN□ | 12     | K 12 | 79,5 KM  | 09:05:50.00 | 6:52   | 8.7  |
| 35   | SOSNOWSKA MAŁGORZATA | 50 | .                                | WARSZAWA        | POL  | K-OPEN□ | 13     | K 13 | 78,5 KM  | 11:34:23.00 | 8:50   | 6.8  |
| 36   | BIELA WOJCIECH       | 67 | BIELAKI                          | WARSZAWA        | POL  | M-OPEN□ | 23     | M 23 | 77,4 KM  | 07:46:19.00 | 6:01   | 10   |
| 37   | BIELA CELINA         | 45 | BIELAKI                          | WARSZAWA        | POL  | K-OPEN□ | 14     | K 14 | 76,7 KM  | 07:25:56.00 | 5:48   | 10.3 |
| 38   | KURKOWSKA MARTA      | 65 | 5                                | OPOLE           | POL  | K-OPEN□ | 15     | K 15 | 76,2 KM  | 08:49:24.00 | 6:56   | 8.6  |
| 39   | DĘBOWSKA MARTA       | 22 | WODNICZEK SZUWAREK 2022          | WARSZAWA        | POL  | K-OPEN□ | 16     | K 16 | 76,0 KM  | 09:15:18.00 | 7:18   | 8.2  |
| 40   | MARYNCHYN VADYM      | 64 | 5                                | OPOLE           | POL  | M-OPEN□ | 24     | M 24 | 74,5 KM  | 11:11:56.00 | 9:01   | 6.7  |
| 41   | REJKOWSKI MIKOŁAJ    | 60 | DĘBOGÓRZE                        | DĘBOGÓRZE       | POL  | M-OPEN□ | 25     | M 25 | 74,0 KM  | 08:49:31.00 | 7:09   | 8.4  |
| 42   | HNATOW MAGDALENA     | 4  | REDA                             | REDA            | POL  | K-OPEN□ | 17     | K 17 | 73,6 KM  | 10:01:53.00 | 8:10   | 7.3  |
| 43   | WĘGIELEWSKA JOANNA   | 1  | ASIA                             | BYDGOSZCZ       | POL  | K-OPEN□ | 18     | K 18 | 73,6 KM  | 15:43:14.00 | 12:49  | 4.7  |
| 44   | NIERZWIICKI JACEK    | 69 | PUMA                             | KAJKOWO         | POL  | M-OPEN□ | 26     | M 26 | 72,1 KM  | 10:08:01.00 | 8:25   | 7.1  |
| 45   | CZESNOWSKI GRZEGORZ  | 44 | MARSZ ŚLEDZIA                    | GDAŃSK          | POL  | M-OPEN□ | 27     | M 27 | 71,8 KM  | 12:59:25.00 | 10:51  | 5.5  |
| 46   | SYGUŁA JOANNA        | 27 | COCOBONGOPINKTEAM                | WARSZAWA        | POL  | K-OPEN□ | 19     | K 19 | 69,3 KM  | 07:42:20.00 | 6:40   | 9    |

**BIEG - MARSZ ŚLEDZIA, OPEN c.d.**

| M-ce | Nazwisko i imię          | Nr | Klub                        | M-scowość       | Kraj | Kat.      | M. kat | K/M  | Dystans | Netto       | min/km | km/h |
|------|--------------------------|----|-----------------------------|-----------------|------|-----------|--------|------|---------|-------------|--------|------|
| 47   | GLINIAK JACEK            | 25 | WODNICZEK SZUWAREK 2022     | WARSZAWA        | POL  | M-OPEN    | 28     | M 28 | 67,4 KM | 07:47:58.00 | 6:56   | 8.6  |
| 48   | GHATOK KOŁY              | 52 | PĘPOWO                      | PĘPOWO          | POL  | M-OPEN    | 29     | M 29 | 67,1 KM | 07:21:09.00 | 6:34   | 9.1  |
| 49   | BROWIŃSKI BARTOSZ        | 32 | BB                          | SOPOT           | POL  | M-OPEN    | 30     | M 30 | 66,8 KM | 14:51:52.00 | 13:20  | 4.5  |
| 50   | JABŁOŃSKI GRZEGORZ       | 28 | BRAK                        | GDAŃSK          | POL  | M-OPEN    | 31     | M 31 | 66,8 KM | 09:25:36.00 | 8:28   | 7.1  |
| 51   | KUBIAK MATEUSZ           | 19 | MĘSKA STRONA RZECZYWISTOŚCI | OTWOCK          | POL  | M-OPEN    | 32     | M 32 | 64,9 KM | 11:10:56.00 | 10:19  | 5.8  |
| 52   | ŻABA WOJCIECH            | 76 | ŻABA                        | KRAKÓW          | POL  | M-OPEN    | 33     | M 33 | 64,3 KM | 08:24:17.00 | 7:50   | 7.6  |
| 53   | SKUBISZEWSKI ROBERT      | 61 | INDYWIDUALNY                | ŁĘCZNA          | POL  | M-OPEN    | 34     | M 34 | 59,1 KM | 20:08:38.00 | 20:27  | 2.9  |
| 54   | SZCZEPAŃSKA JOANNA       | 56 | KRAKOW                      | WĘGRZCE WIELKIE | POL  | K-OPEN    | 20     | K 20 | 54,6 KM | 09:01:19.00 | 9:55   | 6    |
| 55   | OLEJNICZAK LUKASZ        | 66 | OLEY                        | BRACKNELL       | GBR  | M-OPEN    | 35     | M 35 | 51,0 KM | 05:39:08.00 | 6:38   | 9    |
| 56   | ZIÓŁKOWSKI MICHAŁ        | 68 | GRUPA 5                     | WARSZAWA        | POL  | M-OPEN    | 36     | M 36 | 50,3 KM | 05:48:14.00 | 6:55   | 8.7  |
| 57   | KASIŃSKI BARTOSZ         | 57 | NIE DOTYCZY                 | KRAKÓW          | POL  | M-OPEN    | 37     | M 37 | 50,0 KM | 06:04:51.00 | 7:17   | 8.2  |
| 58   | WĘGIELEWSKI SZYMON       | 80 | -                           | BYDGOSZCZ       | POL  | M-OPEN    | 38     | M 38 | 49,9 KM | 04:56:33.00 | 5:56   | 10.1 |
| 59   | BIEDRON ARTUR            | 39 | ERP HEART TEAM              | WARSZAWA        | POL  | M-OPEN    | 39     | M 39 | 49,1 KM | 04:32:37.00 | 5:33   | 10.8 |
| 60   | KOMOROWSKA ANITA         | 54 | -                           | GDYNIA          | POL  | K-OPEN    | 21     | K 21 | 49,1 KM | 10:38:15.00 | 13:00  | 4.6  |
| 61   | DYNDUL PIOTR             | 53 | PĘPOWO                      | PĘPOWO          | POL  | M-OPEN    | 40     | M 40 | 48,9 KM | 06:44:51.00 | 8:16   | 7.2  |
| 62   | KUJAWSKA-NOWIK MARTA     | 63 | PORTA ACTIVE TEAM           | KOWALE          | POL  | K-OPEN    | 22     | K 22 | 44,1 KM | 06:51:32.00 | 9:20   | 6.4  |
| 63   | SZYMAŃSKI JAKUB          | 20 | NEPTUN GDAŃSK               | GDAŃSK          | POL  | M-OPEN    | 41     | M 41 | 41,0 KM | 08:59:56.00 | 13:11  | 4.6  |
| 64   | KONARSKI ŁUKASZ          | 3  | KRAV MAG MOKOTÓW            | WARSZAWA        | POL  | M-OPEN    | 42     | M 42 | 39,2 KM | 07:34:12.00 | 11:34  | 5.2  |
| 65   | PACYNIAK EWA             | 79 | MORSY TUCHOM                | KARWIA          | POL  | K-OPEN    | 23     | K 23 | 38,5 KM | 05:52:25.00 | 9:08   | 6.6  |
| 66   | WALIŃKO MICHAŁ           | 82 |                             | GDAŃSK          | POL  | NOWICJUSZ | 1      | M 43 | 35,7 KM | 06:15:51.00 | 10:31  | 5.7  |
| 67   | KLEPACKI MACIEJ          | 43 | KALER                       | WARSZAWA        | POL  | M-OPEN    | 43     | M 44 | 32,6 KM | 05:32:40.00 | 10:12  | 5.9  |
| 68   | MADEJA ALEKSANDRA        | 17 | MGB                         | BYTOM           | POL  | K-OPEN    | 24     | K 24 | 32,2 KM | 04:48:39.00 | 8:58   | 6.7  |
| 69   | WOJSA MARCIN             | 49 | BRAK                        | POZNAŃ          | POL  | M-OPEN    | 44     | M 45 | 28,2 KM | 03:39:40.00 | 7:46   | 7.7  |
| 70   | STARZYK ROMAN            | 75 | STELOVEMORSY                | CIELE           | POL  | M-OPEN    | 45     | M 46 | 27,8 KM | 04:01:34.00 | 8:40   | 6.9  |
| 71   | HAWRO KAROLINA           | 10 | BRAK                        | PRZEMYŚL        | POL  | K-OPEN    | 25     | K 25 | 27,7 KM | 02:43:56.00 | 5:55   | 10.1 |
| 72   | PARMA KATARZYNA          | 55 | BEZ KLUBU                   | RYBNIK          | POL  | K-OPEN    | 26     | K 26 | 25,1 KM | 03:29:13.00 | 8:19   | 7.2  |
| 73   | SERDEŃ MICHAŁ            | 7  | ZGIERZOLUDY                 | ZGIERZ          | POL  | M-OPEN    | 46     | M 47 | 22,4 KM | 03:36:43.00 | 9:39   | 6.2  |
| 74   | PAŚKO KRZYSZTOF          | 81 | ALPHA TECHNOLOGY            | KRAKÓW          | POL  | M-OPEN    | 47     | M 48 | 21,0 KM | 01:58:32.00 | 5:38   | 10.6 |
| 75   | STĘPNIAK-OPALIŃSKA MARTA | 23 | BRAK                        | GDAŃSK          | POL  | K-OPEN    | 27     | K 27 | 20,0 KM | 03:06:02.00 | 9:16   | 6.5  |
| 76   | DZIAŁOŃSKI WOJCIECH      | 77 | LUBIĘ ŚLEDZIE               | HORGEN          | SUI  | M-OPEN    | 48     | M 49 | 17,5 KM | 01:29:22.00 | 5:07   | 11.7 |
| 77   | SZWED RADOŚŁAW           | 8  | WSP                         | LESZNO          | POL  | M-OPEN    | 49     | M 50 | 16,9 KM | 01:30:50.00 | 5:22   | 11.2 |
| 78   | LIŚKIEWICZ ANDRZEJ       | 42 | PRIVATE                     | STRÓŻA          | POL  | M-OPEN    | 50     | M 51 | 11,3 KM | 01:27:58.00 | 7:45   | 7.7  |

**BIEG - MARSZ ŚLEDZIA, K-OPEN**

| M-ce | Nazwisko i imię      | Nr | Klub                             | M-scowość       | Kraj | Kat.   | M. kat | K/M  | Dystans  | Netto       | min/km | km/h |
|------|----------------------|----|----------------------------------|-----------------|------|--------|--------|------|----------|-------------|--------|------|
| 1    | NOWOSAD AGNIESZKA    | 24 | PRZYJACIÓŁ                       | WARSZAWA        | POL  | K-OPEN | 1      | K 1  | 242,8 KM | 25:30:11.00 | 6:18   | 9.5  |
| 2    | PRZEBIĘDA JOANNA     | 31 | BRAK                             | GDYNIA          | POL  | K-OPEN | 2      | K 2  | 214,8 KM | 48:07:54.00 | 13:26  | 4.5  |
| 3    | TKACZYK MARZENA      | 73 | SARBINOWSKIE MORSY               | KOSZALIN        | POL  | K-OPEN | 3      | K 3  | 178,0 KM | 35:31:34.00 | 11:58  | 5    |
| 4    | FORMALEWICZ KASIA    | 74 | SARBINOWSKIE MORSY               | PARSOWO         | POL  | K-OPEN | 4      | K 4  | 163,8 KM | 38:21:00.00 | 14:03  | 4.3  |
| 5    | ŁATOS MAŁGORZATA     | 72 | SARBINOWSKIE MORSY               | KOSZALIN        | POL  | K-OPEN | 5      | K 5  | 147,3 KM | 25:31:27.00 | 10:23  | 5.8  |
| 6    | REJKOWSKA NATALIA    | 47 | KOSAKOWO                         | DĘBOGÓRZE       | POL  | K-OPEN | 6      | K 6  | 144,6 KM | 19:42:03.00 | 8:10   | 7.3  |
| 7    | KŁOPOCKA MARTA       | 9  | ENERGY FITNESS                   | ŁÓDŹ            | POL  | K-OPEN | 7      | K 7  | 133,1 KM | 17:44:15.00 | 7:59   | 7.5  |
| 8    | SKOWROŃSKA PAULINA   | 16 | B4SPORT                          | MARKI           | POL  | K-OPEN | 8      | K 8  | 106,1 KM | 19:23:18.00 | 10:58  | 5.5  |
| 9    | PIĄTKOWSKA KAROLINA  | 71 | BRONX RUNNING TEAM               | BRONISŁAWÓW     | POL  | K-OPEN | 9      | K 9  | 103,9 KM | 13:59:03.00 | 8:04   | 7.4  |
| 10   | BUBUŁA KATARZYNA     | 70 | STRZELIŃSKI KLUB BIEGACZA GRANIT | WROCŁAW         | POL  | K-OPEN | 10     | K 10 | 100,4 KM | 08:39:14.00 | 5:10   | 11.6 |
| 11   | TOMASZEWSKA JULITA   | 5  | COCO BONGO PINK CLUB             | LEGIONOWO       | POL  | K-OPEN | 11     | K 11 | 97,6 KM  | 07:47:53.00 | 4:47   | 12.5 |
| 12   | BUCZAK ANNA          | 14 | -                                | WARSZAWA        | POL  | K-OPEN | 12     | K 12 | 79,5 KM  | 09:05:50.00 | 6:52   | 8.7  |
| 13   | SOSNOWSKA MAŁGORZATA | 50 | .                                | WARSZAWA        | POL  | K-OPEN | 13     | K 13 | 78,5 KM  | 11:34:23.00 | 8:50   | 6.8  |
| 14   | BIELA CELINA         | 45 | BIELAKI                          | WARSZAWA        | POL  | K-OPEN | 14     | K 14 | 76,7 KM  | 07:25:56.00 | 5:48   | 10.3 |
| 15   | KURKOWSKA MARTA      | 65 | 5                                | OPOLE           | POL  | K-OPEN | 15     | K 15 | 76,2 KM  | 08:49:24.00 | 6:56   | 8.6  |
| 16   | DĘBOWSKA MARTA       | 22 | WODNICZEK SZUWAREK 2022          | WARSZAWA        | POL  | K-OPEN | 16     | K 16 | 76,0 KM  | 09:15:18.00 | 7:18   | 8.2  |
| 17   | HNATOW MAGDALENA     | 4  | REDA                             | REDA            | POL  | K-OPEN | 17     | K 17 | 73,6 KM  | 10:01:53.00 | 8:10   | 7.3  |
| 18   | WĘGIELEWSKA JOANNA   | 1  | ASIA                             | BYDGOSZCZ       | POL  | K-OPEN | 18     | K 18 | 73,6 KM  | 15:43:14.00 | 12:49  | 4.7  |
| 19   | SYGUŁA JOANNA        | 27 | COCOBONGOPINKTEAM                | WARSZAWA        | POL  | K-OPEN | 19     | K 19 | 69,3 KM  | 07:42:20.00 | 6:40   | 9    |
| 20   | SZCZEPAŃSKA JOANNA   | 56 | KRAKOW                           | WĘGRZCE WIELKIE | POL  | K-OPEN | 20     | K 20 | 54,6 KM  | 09:01:19.00 | 9:55   | 6    |

**BIEG - MARSZ ŚLEDZIA, K-OPEN** c.d.

| M-ce | Nazwisko i imię          | Nr | Klub              | M-scowość | Kraj | Kat.   | M. kat | K/M  | Dystans | Netto       | min/km | km/h |
|------|--------------------------|----|-------------------|-----------|------|--------|--------|------|---------|-------------|--------|------|
| 21   | KOMOROWSKA ANITA         | 54 | -                 | GDYNIA    | POL  | K-OPEN | 21     | K 21 | 49,1 KM | 10:38:15.00 | 13:00  | 4.6  |
| 22   | KUJAWSKA-NOWIK MARTA     | 63 | PORTA ACTIVE TEAM | KOWALE    | POL  | K-OPEN | 22     | K 22 | 44,1 KM | 06:51:32.00 | 9:20   | 6.4  |
| 23   | PACYNIAK EWA             | 79 | MORSY TUCHOM      | KARWIA    | POL  | K-OPEN | 23     | K 23 | 38,5 KM | 05:52:25.00 | 9:08   | 6.6  |
| 24   | MADEJA ALEKSANDRA        | 17 | MGB               | BYTOM     | POL  | K-OPEN | 24     | K 24 | 32,2 KM | 04:48:39.00 | 8:58   | 6.7  |
| 25   | HAWRO KAROLINA           | 10 | BRAK              | PRZEMYŚL  | POL  | K-OPEN | 25     | K 25 | 27,7 KM | 02:43:56.00 | 5:55   | 10.1 |
| 26   | PARMA KATARZYNA          | 55 | BEZ KLUBU         | RYBNIK    | POL  | K-OPEN | 26     | K 26 | 25,1 KM | 03:29:13.00 | 8:19   | 7.2  |
| 27   | STĘPNIAK-OPALIŃSKA MARTA | 23 | BRAK              | GDAŃSK    | POL  | K-OPEN | 27     | K 27 | 20,0 KM | 03:06:02.00 | 9:16   | 6.5  |

**BIEG - MARSZ ŚLEDZIA, M-OPEN**

| M-ce | Nazwisko i imię     | Nr | Klub                        | M-scowość       | Kraj | Kat.      | M. kat | K/M  | Dystans  | Netto       | min/km | km/h |
|------|---------------------|----|-----------------------------|-----------------|------|-----------|--------|------|----------|-------------|--------|------|
| 1    | DRAGAN KAROL        | 46 | BRAK                        | GDYNIA          | POL  | M-OPEN    | 1      | M 1  | 282,2 KM | 54:04:19.00 | 11:29  | 5.2  |
| 2    | MARKIEWICZ AMADEUSZ | 13 | EZT                         | BOLEŚLAWIEC     | POL  | M-OPEN    | 2      | M 2  | 185,8 KM | 37:16:34.00 | 12:02  | 5    |
| 3    | WĘGRZYŃSKI PAWEŁ    | 36 |                             | KRAKÓW          | POL  | M-OPEN    | 3      | M 3  | 180,2 KM | 25:40:48.00 | 8:33   | 7    |
| 4    | SZYMAŃSKI MARIUSZ   | 18 | NONAME                      | CHEŁMNO         | POL  | M-OPEN    | 4      | M 4  | 148,0 KM | 16:07:57.00 | 6:32   | 9.2  |
| 5    | KASTELIK MAREK      | 48 | -                           | MYSŁOWICE       | POL  | M-OPEN    | 5      | M 5  | 138,5 KM | 17:23:06.00 | 7:31   | 8    |
| 6    | TRETYN MAREK        | 37 | ŚLEDZIE WARSZAWSKIE RAZ!    | WARSZAWA        | POL  | M-OPEN    | 6      | M 6  | 137,9 KM | 16:11:23.00 | 7:02   | 8.5  |
| 7    | SOCHOCKI SŁAWOMIR   | 30 | BRAK                        | SIERPC          | POL  | M-OPEN    | 7      | M 7  | 137,8 KM | 32:52:21.00 | 14:18  | 4.2  |
| 8    | HUTYRA TOMASZ       | 34 | NIEZRZESZONY                | WROCŁAW         | POL  | M-OPEN    | 8      | M 8  | 134,2 KM | 13:04:21.00 | 5:50   | 10.3 |
| 9    | DROZDOWSKI GRZEGORZ | 40 | PRISJAKT POLAND             | KRAKÓW          | POL  | M-OPEN    | 9      | M 9  | 133,8 KM | 19:11:26.00 | 8:36   | 7    |
| 10   | KŁOPOCKI KRZYSZTOF  | 6  | ENERGY                      | ŁÓDŹ            | POL  | M-OPEN    | 10     | M 10 | 132,9 KM | 17:59:11.00 | 8:07   | 7.4  |
| 11   | GUDOWSKI ROBERT     | 12 | GUDOS                       | JELENIA GÓRA    | POL  | M-OPEN    | 11     | M 11 | 125,7 KM | 19:25:58.00 | 9:16   | 6.5  |
| 12   | BOGOŃSKI PIOTR      | 15 | B4SPORT                     | MARKI           | POL  | M-OPEN    | 12     | M 12 | 124,7 KM | 27:10:33.00 | 13:04  | 4.6  |
| 13   | BRZODOWSKI TOMASZ   | 58 | NIEDOBIEGANY                | CZARNA          | POL  | M-OPEN    | 13     | M 13 | 121,8 KM | 16:27:38.00 | 8:06   | 7.4  |
| 14   | PIĄTKOWSKI MICHAŁ   | 2  | CROSSFIT MOKOTÓW            | BRONISŁAWOW     | POL  | M-OPEN    | 14     | M 14 | 117,4 KM | 14:39:18.00 | 7:29   | 8    |
| 15   | TROC MAREK          | 59 | BIR                         | BIELSK PODLASKI | POL  | M-OPEN    | 15     | M 15 | 112,3 KM | 09:50:21.00 | 5:15   | 11.4 |
| 16   | MĘDYGRAŁ KRYSZTIAN  | 35 | WATAHA                      | WROCŁAW         | POL  | M-OPEN    | 16     | M 16 | 110,3 KM | 09:32:13.00 | 5:11   | 11.6 |
| 17   | RADOŁA MARCIN       | 11 | BEZKLUBOWIEC                | KATOWICE        | POL  | M-OPEN    | 17     | M 17 | 108,2 KM | 10:40:40.00 | 5:55   | 10.1 |
| 18   | BABIARCZUK MARCIN   | 38 | ZACHODNIOPOMORSKIE ŚLEDZIE  | NOWOGARD        | POL  | M-OPEN    | 18     | M 18 | 102,7 KM | 24:15:22.00 | 14:10  | 4.2  |
| 19   | RUMIAN JAKUB        | 78 | NIE DOTYCZY                 | KRAKÓW          | POL  | M-OPEN    | 19     | M 19 | 101,4 KM | 07:53:54.00 | 4:40   | 12.8 |
| 20   | LETNIEWSKI MACIEJ   | 21 | MASTERLEASE                 | KOWALE          | POL  | M-OPEN    | 20     | M 20 | 84,2 KM  | 14:48:15.00 | 10:33  | 5.7  |
| 21   | TKACZYK PAWEŁ       | 29 | MARSZ ŚLEDZIA               | WARSZAWA        | POL  | M-OPEN    | 21     | M 21 | 80,4 KM  | 07:01:55.00 | 5:14   | 11.4 |
| 22   | NOWIK MIROSLAW      | 26 | PORTA ACTIVE TEAM           | GDAŃSK          | POL  | M-OPEN    | 22     | M 22 | 80,1 KM  | 08:04:10.00 | 6:02   | 9.9  |
| 23   | BIELA WOJCIECH      | 67 | BIELAKI                     | WARSZAWA        | POL  | M-OPEN    | 23     | M 23 | 77,4 KM  | 07:46:19.00 | 6:01   | 10   |
| 24   | MARYNCHYN VADYM     | 64 | 5                           | OPOLE           | POL  | M-OPEN    | 24     | M 24 | 74,5 KM  | 11:11:56.00 | 9:01   | 6.7  |
| 25   | REJKOWSKI MIKOŁAJ   | 60 | DĘBOGÓRZE                   | DĘBOGÓRZE       | POL  | M-OPEN    | 25     | M 25 | 74,0 KM  | 08:49:31.00 | 7:09   | 8.4  |
| 26   | NIERZWIICKI JACEK   | 69 | PUMA                        | KAJKOWO         | POL  | M-OPEN    | 26     | M 26 | 72,1 KM  | 10:08:01.00 | 8:25   | 7.1  |
| 27   | CZESNOWSKI GRZEGORZ | 44 | MARSZ ŚLEDZIA               | GDAŃSK          | POL  | M-OPEN    | 27     | M 27 | 71,8 KM  | 12:59:25.00 | 10:51  | 5.5  |
| 28   | GLINIARZ JACEK      | 25 | WODNICZEK SZUWAREK 2022     | WARSZAWA        | POL  | M-OPEN    | 28     | M 28 | 67,4 KM  | 07:47:58.00 | 6:56   | 8.6  |
| 29   | ГНАТЮК КОЛЯ         | 52 | PEPOWO                      | PEPOWO          | POL  | M-OPEN    | 29     | M 29 | 67,1 KM  | 07:21:09.00 | 6:34   | 9.1  |
| 30   | BROWIŃSKI BARTOSZ   | 32 | BB                          | SOPOT           | POL  | M-OPEN    | 30     | M 30 | 66,8 KM  | 14:51:52.00 | 13:20  | 4.5  |
| 31   | JABŁOŃSKI GRZEGORZ  | 28 | BRAK                        | GDAŃSK          | POL  | M-OPEN    | 31     | M 31 | 66,8 KM  | 09:25:36.00 | 8:28   | 7.1  |
| 32   | KUBIAK MATEUSZ      | 19 | MĘSKA STRONA RZECZYWISTOŚCI | OTWOCK          | POL  | M-OPEN    | 32     | M 32 | 64,9 KM  | 11:10:56.00 | 10:19  | 5.8  |
| 33   | ŻABA WOJCIECH       | 76 | ŻABA                        | KRAKÓW          | POL  | M-OPEN    | 33     | M 33 | 64,3 KM  | 08:24:17.00 | 7:50   | 7.6  |
| 34   | SKUBISZEWSKI ROBERT | 61 | INDYWIDUALNY                | ŁĘCZNA          | POL  | M-OPEN    | 34     | M 34 | 59,1 KM  | 20:08:38.00 | 20:27  | 2.9  |
| 35   | OLEJNICZAK LUKASZ   | 66 | OLEY                        | BRACKNELL       | GBR  | M-OPEN    | 35     | M 35 | 51,0 KM  | 05:39:08.00 | 6:38   | 9    |
| 36   | ZIÓŁKOWSKI MICHAŁ   | 68 | GRUPA 5                     | WARSZAWA        | POL  | M-OPEN    | 36     | M 36 | 50,3 KM  | 05:48:14.00 | 6:55   | 8.7  |
| 37   | KASIŃSKI BARTOSZ    | 57 | NIE DOTYCZY                 | KRAKÓW          | POL  | M-OPEN    | 37     | M 37 | 50,0 KM  | 06:04:51.00 | 7:17   | 8.2  |
| 38   | WĘGIELEWSKI SZYMON  | 80 | -                           | BYDGOSZCZ       | POL  | M-OPEN    | 38     | M 38 | 49,9 KM  | 04:56:33.00 | 5:56   | 10.1 |
| 39   | BIEDRON ARTUR       | 39 | ERP HEART TEAM              | WARSZAWA        | POL  | M-OPEN    | 39     | M 39 | 49,1 KM  | 04:32:37.00 | 5:33   | 10.8 |
| 40   | DYNDUL PIOTR        | 53 | PEPOWO                      | PEPOWO          | POL  | M-OPEN    | 40     | M 40 | 48,9 KM  | 06:44:51.00 | 8:16   | 7.2  |
| 41   | SZYMAŃSKI JAKUB     | 20 | NEPTUN GDAŃSK               | GDAŃSK          | POL  | M-OPEN    | 41     | M 41 | 41,0 KM  | 08:59:56.00 | 13:11  | 4.6  |
| 42   | KONARSKI ŁUKASZ     | 3  | KRAV MAG MOKOTÓW            | WARSZAWA        | POL  | M-OPEN    | 42     | M 42 | 39,2 KM  | 07:34:12.00 | 11:34  | 5.2  |
| 43   | WALIŃKO MICHAŁ      | 82 |                             | GDAŃSK          | POL  | NOWICJUSZ | 1      | M 43 | 35,7 KM  | 06:15:51.00 | 10:31  | 5.7  |
| 44   | KLEPACKI MACIEJ     | 43 | KALER                       | WARSZAWA        | POL  | M-OPEN    | 43     | M 44 | 32,6 KM  | 05:32:40.00 | 10:12  | 5.9  |
| 45   | WOJSA MARCIN        | 49 | BRAK                        | POZNAŃ          | POL  | M-OPEN    | 44     | M 45 | 28,2 KM  | 03:39:40.00 | 7:46   | 7.7  |

**BIEG - MARSZ ŚLEDZIA, M-OPEN c.d.**

| M-ce | Nazwisko i imię     | Nr | Klub             | M-scowość | Kraj | Kat.   | M. kat | K/M  | Dystans | Netto       | min/km | km/h |
|------|---------------------|----|------------------|-----------|------|--------|--------|------|---------|-------------|--------|------|
| 46   | STARZYK ROMAN       | 75 | STELOVEMORSY     | CIELE     | POL  | M-OPEN | 45     | M 46 | 27,8 KM | 04:01:34.00 | 8:40   | 6.9  |
| 47   | SERDEŃ MICHAŁ       | 7  | ZGIERZOLUDY      | ZGIERZ    | POL  | M-OPEN | 46     | M 47 | 22,4 KM | 03:36:43.00 | 9:39   | 6.2  |
| 48   | PAŚKO KRZYSZTOF     | 81 | ALPHA TECHNOLOGY | KRAKÓW    | POL  | M-OPEN | 47     | M 48 | 21,0 KM | 01:58:32.00 | 5:38   | 10.6 |
| 49   | DZIAŁOWSKI WOJCIECH | 77 | LUBIE ŚLEDZIE    | HORGEN    | SUI  | M-OPEN | 48     | M 49 | 17,5 KM | 01:29:22.00 | 5:07   | 11.7 |
| 50   | SZWED RADOŚŁAW      | 8  | WSP              | LESZNO    | POL  | M-OPEN | 49     | M 50 | 16,9 KM | 01:30:50.00 | 5:22   | 11.2 |
| 51   | LIŚKIEWICZ ANDRZEJ  | 42 | PRIVATE          | STRÓŻA    | POL  | M-OPEN | 50     | M 51 | 11,3 KM | 01:27:58.00 | 7:45   | 7.7  |

**BIEG - MARSZ ŚLEDZIA, Nowicjusz**

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat.      | M. kat | K/M  | Dystans | Netto       | min/km | km/h |
|------|-----------------|----|------|-----------|------|-----------|--------|------|---------|-------------|--------|------|
| 1    | WALIŃKO MICHAŁ  | 82 |      | GDAŃSK    | POL  | NOWICJUSZ | 1      | M 43 | 35,7 KM | 06:15:51.00 | 10:31  | 5.7  |