

GOLDEN MOUNTAINS TRAIL - 33 KM

Organizator: Fundacja MARATONY GÓRSKIE
Data: 2022-07-14
Miejsce: Łądek-Zdrój
Dystans: 33 km
Klasyfikacja wg czasów brutto.

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE



B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE

GOLDEN MOUNTAINS TRAIL - 33 KM, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.01km	9km	14km	24km	Netto	Brutto	min/km	km/h
1	WITEK ANDRZEJ	6463	140MINUT.PL	MIRKÓW	POL	SENIOR II M - 30	1	M 1	00:00:00	00:43:17	01:15:11	01:52:55	02:35:01.30	02:35:01.30	4:41	12.8
2	PYSZEL FLORIAN	6394	PIEKIELNI WARSZAWA	MIŃSK MAZOWIECKI	POL	SENIOR I M - 20	1	M 2	00:00:00	00:46:28	01:19:30	01:57:52	02:42:54.00	02:42:54.00	4:56	12.2
3	PETR JIŘÍ	6448	SALOMON/SUUNTO	KOVALOVICE	CZE	MASTERS M - 40	1	M 3	00:00:01	00:43:56	01:16:01	01:57:21	02:43:15.50	02:43:15.50	4:56	12.1
4	FABIAN MARCEL	6507	SOCIOS SILESIA	PYSKOWICE	POL	SENIOR I M - 20	2	M 4	00:00:00	00:45:13	01:18:23	01:58:53	02:46:44.60	02:46:44.60	5:03	11.9
5	RAJCA MICHAŁ	6491	TRIMP	WROCLAW	POL	SENIOR II M - 30	2	M 5	00:00:00	00:45:13		02:00:47	02:50:57.85	02:50:57.85	5:10	11.6
6	CZERNAK PAWEŁ	6498	KARKONOSZ RUNNING TEAM	SOSNÓWKA	POL	SENIOR II M - 30	3	M 6	00:00:01	00:46:27	01:22:07	02:03:34	02:53:27.60	02:53:27.60	5:15	11.4
7	IVANIUTA TARAS	6536	RESTARTNISA.SK	BRATISLAVA - RAČA	SVK	SENIOR I M - 20	3	M 7	00:00:00	00:44:35	01:18:52	02:04:12	02:55:41.05	02:55:41.05	5:19	11.3
8	GRŮN VOJTĚCH	6443	SALOMON/SUUNTO	BOSKOVICE	CZE	SENIOR II M - 30	4	M 8	00:00:01	00:46:44	01:23:03	02:07:32	02:57:41.60	02:57:41.60	5:23	11.1
9	KARWACZYŃSKI ROGER	6118	RUNNING TEAM NASTOPY.PL	JELEŃ GÓRA	POL	SENIOR II M - 30	5	M 9	00:00:01	00:49:13	01:26:37	02:10:04	02:59:14.05	02:59:14.05	5:25	11
10	LULIS DAWID	6055	ALTRA TEAM RED	WROCLAW	POL	SENIOR II M - 30	6	M 10	00:00:01	00:50:15	01:28:36	02:13:58	03:05:02.55	03:05:02.55	5:36	10.7
11	BONIEC RADOSŁAW	6132	NADLEŚNICTWO LIPINKI/140MINUT.PL	ŻARY	POL	SENIOR II M - 30	7	M 11		00:50:12	01:28:56	02:14:16	03:07:10.60	03:07:10.60	5:40	10.6
12	PAZDAN PIOTR	6076	RUNNING TEAM NASTOPY.PL /140MINUT.PL	KOWARY	POL	MASTERS M - 40	2	M 12	00:00:01	00:54:23	01:34:51	02:20:17	03:11:34.05	03:11:34.05	5:48	10.3
13	DYJAK ROBERT	6099	TAMWORTH ATHLETIC CLUB	STRONIE ŚLĄSKIE	POL	MASTERS M - 40	3	M 13	00:00:05	00:54:21	01:34:56	02:20:54	03:11:53.70	03:11:53.70	5:48	10.3
14	ŚWIERAD KRYSZTIAN	6486		TURZAŃSK	POL	SENIOR I M - 20	4	M 14	00:00:03	00:53:58	01:33:09	02:19:47	03:11:55.60	03:11:55.60	5:48	10.3
15	KOWALEWSKA ELŻBIETA	6332	EDI TEAM ZGORZELEC	ZGORZELEC	POL	MASTERS K - 40	1	K 1		00:57:50	01:39:57	02:29:55	03:22:28.70	03:22:28.70	6:08	9.8
16	GURGUL SEBASTIAN	6119	AROMAT NÓG	KRAKÓW	POL	MASTERS M - 40	4	M 15	00:00:03	00:56:27	01:39:48	02:31:03	03:27:46.40	03:27:46.40	6:17	9.5
17	SZUMLAŃSKI MARCIN	6309	PODHALAŃSKIE DZIKI - GORĄCY POTOK TEAM	TARNÓW	POL	SENIOR II M - 30	8	M 16	00:00:06	00:58:53	01:42:51	02:35:10	03:28:39.90	03:28:39.90	6:19	9.5
18	CHŁOPEK RAFAŁ	6516	EDB	JANKÓW PRZYGODZKI	POL	WETERAN I M - 50	1	M 17	00:00:04	00:57:52	01:40:32	02:30:31	03:28:45.10	03:28:45.10	6:19	9.5
19	BANIAK MARCIN	6412	G.O.A.T. TEAM MICHAŁOWICE/MŁYN TRAIL MICHAŁOWICE	MICHAŁOWICE	POL	MASTERS M - 40	5	M 18	00:00:01	00:54:32	01:38:38	02:29:45	03:29:22.05	03:29:22.05	6:20	9.5
20	PASTOROVA PETRA	6545		CESKA REPUBLIKA	CZE	MASTERS K - 40	2	K 2	00:00:01	00:54:07	01:35:52	02:26:26	03:29:26.85	03:29:26.85	6:20	9.5
21	MARKOVÁ BARBORA	6369		HORNÍ ČERMNÁ	CZE	SENIOR I K - 20	1	K 3	00:00:13	00:59:37	01:42:45	02:35:26	03:30:13.00	03:30:13.00	6:22	9.4
22	SZOSTEK MAREK	6236		BARCIN	POL	SENIOR I M - 20	5	M 19	00:00:44	01:02:19	01:43:17	02:34:33	03:31:38.90	03:31:38.90	6:24	9.4
23	GAZDA VÍTĚZSLAV	6188	BENEŠOVSKÝ BĚŽECKÝ KLUB A TRENOVANIBEHU.CZ	DIVIŠOV	CZE	MASTERS M - 40	6	M 20	00:00:04	00:54:27	01:36:57	02:30:17	03:31:49.55	03:31:49.55	6:25	9.3
24	ŽWIRSKI MARCIN	6164		NYSA	POL	SENIOR II M - 30	9	M 21	00:00:34	00:55:33	01:35:06	02:29:08	03:32:12.35	03:32:12.35	6:25	9.3
25	STELMACH DOMINIKA	6426		WARSZAWA	POL	MASTERS K - 40	3	K 4	00:00:01	01:11:55	01:52:34	02:40:14	03:32:12.80	03:32:12.80	6:25	9.3
26	SUDOLSKI JACEK	6339	GUSTAW TEŻ BIEGA	OLEŚNICA	POL	SENIOR II M - 30	10	M 22	00:00:09	01:00:01	01:43:35	02:34:18	03:33:15.75	03:33:15.75	6:27	9.3
27	SZCZEPANIAK ANGELIKA	6499	ALPIN SPORT TEAM	RABIEŃ	POL	MASTERS K - 40	4	K 5	00:00:03	01:00:17	01:45:39	02:36:22	03:33:27.40	03:33:27.40	6:28	9.3
28	LASEK JAKUB	6090	RMT TEAM	OPOLE	POL	SENIOR II M - 30	11	M 23	00:00:01	00:57:19	01:43:56	02:35:17	03:38:04.90	03:38:04.90	6:36	9.1
29	NIWIŃSKI MACIEJ	6324	VEGAN ZABIERZÓW BIEGA	ZABIERZÓW	POL	MASTERS M - 40	7	M 24	00:00:07	00:58:04	01:43:07	02:37:53	03:40:42.70	03:40:42.70	6:41	9
30	ANDRUSZKÓW ALEKSANDRA	6478	WOSIEK TEAM	TRZEBNICA	POL	SENIOR I K - 20	2	K 6	00:00:11	01:02:05	01:46:33	02:41:14	03:41:18.75	03:41:18.75	6:42	8.9
31	GRABEK MACIEJ	6113	ŚLĘZAK TEAM	GORZÓW WIELKOPOLSKI	POL	SENIOR II M - 30	12	M 25	00:00:04	00:57:23	01:39:37	02:37:26	03:41:42.25	03:41:42.25	6:43	8.9
32	WANOWSKI PRZEMYSŁAW	6467	#BIEGIEMWLAS	ZIELONA GÓRA	POL	SENIOR II M - 30	13	M 26	00:00:14	01:00:11	01:45:21	02:41:09	03:43:11.65	03:43:11.65	6:45	8.9
33	SABAT KAMIL	6025	140MINUT.PL	WROCLAW	POL	SENIOR II M - 30	14	M 27	00:00:06	00:58:16	01:45:56	02:44:18	03:43:59.90	03:43:59.90	6:47	8.8
34	GAŚSIOROWSKI JAROSŁAW	6199	ADDED VALUE TEAM	ŚWIEBODZIN	POL	SENIOR I M - 20	6	M 28	00:00:11	00:58:45	01:46:10	02:44:20	03:44:30.65	03:44:30.65	6:48	8.8
35	KRZYŚKÓW PIOTR	6281		WROCLAW	POL	SENIOR II M - 30	15	M 29	00:00:07	01:00:53	01:47:03	02:43:44	03:44:36.85	03:44:36.85	6:48	8.8
36	DYCZKOWSKI ŁUKASZ	6524	KARKONOSZ RUNNING TEAM	KAMIENNA GÓRA	POL	SENIOR I M - 20	7	M 30	00:00:08	00:57:43	01:42:38	02:38:12	03:44:40.40	03:44:40.40	6:48	8.8

GOLDEN MOUNTAINS TRAIL - 33 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.01km	9km	14km	24km	Netto	Brutto	min/km	km/h
	KACZMARCZYK PRZEMYSŁAW	6095	140MINUT.PL	WROCLAW	POL	SENIOR I M - 20			00:00:06 DNF	01:06:24 DNF	02:02:30 DNF	DNF	DNF	DNF	-	-
	ANTKOWIAK-BRONOWICKA AGNIESZKA	6033	DRUŻYNA SZPIKU, ŻÓŁW I ZAJĄC	LESZNO	POL	MASTERS K - 40			00:00:49 DNF	01:37:12 DNF	02:45:10 DNF	DNF	DNF	DNF	-	-
	PINIARSKA MAGDA	6429	:(WROCLAW	POL	SENIOR I K - 20			00:01:15 DNF	01:57:40 DNF	03:29:20 DNF	DNF	DNF	DNF	-	-
	SZCZEPANIAK SŁAWOMIR	6510	KS LENIWIEC	KĘPNO	POL	WETERAN I M - 50			00:00:39 DNF	02:11:56 DNF	03:55:38 DNF	DNF	DNF	DNF	-	-
	BIELA KONRAD	6106	GOPR KARKONOSZE	KOWARY	POL	SENIOR II M - 30			00:00:04 DNF	01:01:01 DNF	DNF	DNF	DNF	DNF	-	-
	PIECHOWIAK BARTOSZ	6531	PIECHOWIAK-KROLIKOWSKI. PL	WROCLAW	POL	SENIOR I M - 20			00:00:17 DNF	01:02:52 DNF	DNF	DNF	DNF	DNF	-	-
	PRZYŁUSKA MIROSLAWA	6068	RAZ SZCZECIN	SZCZECIN	POL	WETERAN II K - 60			00:00:12 DNF	02:24:29 DNF	DNF	DNF	DNF	DNF	-	-
	MOCZEK TOMASZ	6366	CROSS STRACÉNCÓW TEAM	GŁOGÓW	POL	MASTERS M - 40			00:00:03 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	NARKUN EWA	6513		IŁOWA	POL	SENIOR II K - 30			00:00:37 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	WRÓBLEWSKA ROKSANA	6080	WAWRZYNTTEAM	WAŁBRZYCH	POL	SENIOR I K - 20			00:00:46 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	JAWORSKA AGNIESZKA	6389		WARSZAWA	POL	MASTERS K - 40			00:00:46 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KNOBLOCH TOMASZ	6022	THE PINDOLS	WARSZAWA	POL	MASTERS M - 40			00:00:58 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	ZIELONKA MAREK	6021		POZNAŃ	POL	WETERAN I M - 50			00:00:59 DNF	DNF	DNF	DNF	DNF	DNF	-	-
0	PASTOROVA PETRA	6545		CESKA REPUBLIKA	CZE	MASTERS K - 40	2	K 2	00:00:01	00:54:07	01:35:52	02:26:26	03:29:26.85	03:29:26.85	6:20	9.5

GOLDEN MOUNTAINS TRAIL - 33 KM, OPEN MĘŻCZYZN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.01km	9km	14km	24km	Netto	Brutto	min/km	km/h
1	WITEK ANDRZEJ	6463	140MINUT.PL	MIRKÓW	POL	SENIOR II M - 30	1	M 1	00:00:00	00:43:17	01:15:11	01:52:55	02:35:01.30	02:35:01.30	4:41	12.8
2	PYSZEL FLORIAN	6394	PIEKIELNI WARSZAWA	MIŃSK MAZOWIECKI	POL	SENIOR I M - 20	1	M 2	00:00:00	00:46:28	01:19:30	01:57:52	02:42:54.00	02:42:54.00	4:56	12.2
3	PETR JIŘÍ	6448	SALOMON/SUUNTO	KOVALOVICE	CZE	MASTERS M - 40	1	M 3	00:00:01	00:43:56	01:16:01	01:57:21	02:43:15.50	02:43:15.50	4:56	12.1
4	FABIAN MARCEL	6507	SOCIOS SILESIA	PYSKOWICE	POL	SENIOR I M - 20	2	M 4	00:00:00	00:45:13	01:18:23	01:58:53	02:46:44.60	02:46:44.60	5:03	11.9
5	RAJCA MICHAŁ	6491	TRIMP	WROCLAW	POL	SENIOR II M - 30	2	M 5	00:00:00	00:45:13		02:00:47	02:50:57.85	02:50:57.85	5:10	11.6
6	CZERNIAK PAWEŁ	6498	KARKONOSZ RUNNING TEAM	SOSNÓWKA	POL	SENIOR II M - 30	3	M 6	00:00:01	00:46:27	01:22:07	02:03:34	02:53:27.60	02:53:27.60	5:15	11.4
7	IVANIUTA TARAS	6536	RESTARTNISA.SK	BRATISLAVA - RAČA	SVK	SENIOR I M - 20	3	M 7	00:00:00	00:44:35	01:18:52	02:04:12	02:55:41.05	02:55:41.05	5:19	11.3
8	GRÜN VOJTĚCH	6443	SALOMON/SUUNTO	BOSKOVICE	CZE	SENIOR II M - 30	4	M 8	00:00:01	00:46:44	01:23:03	02:07:32	02:57:41.60	02:57:41.60	5:23	11.1
9	KARWACZYŃSKI ROGER	6118	RUNNING TEAM NASTOPY.PL	JELENIA GÓRA	POL	SENIOR II M - 30	5	M 9	00:00:01	00:49:13	01:26:37	02:10:04	02:59:14.05	02:59:14.05	5:25	11
10	LULIS DAWID	6055	ALTRA TEAM RED	WROCLAW	POL	SENIOR II M - 30	6	M 10	00:00:01	00:50:15	01:28:36	02:13:58	03:05:02.55	03:05:02.55	5:36	10.7
11	BONIEC RADOSŁAW	6132	NADLEŚNICTWO LIPINKI/140MINUT.PL	ŻARY	POL	SENIOR II M - 30	7	M 11		00:50:12	01:28:56	02:14:16	03:07:10.60	03:07:10.60	5:40	10.6
12	PAZDAN PIOTR	6076	RUNNING TEAM NASTOPY.PL /140MINUT.PL	KOWARY	POL	MASTERS M - 40	2	M 12	00:00:01	00:54:23	01:34:51	02:20:17	03:11:34.05	03:11:34.05	5:48	10.3
13	DYJAK ROBERT	6099	TAMWORTH ATHLETIC CLUB	STRONIE ŚLĄSKIE	POL	MASTERS M - 40	3	M 13	00:00:05	00:54:21	01:34:56	02:20:54	03:11:53.70	03:11:53.70	5:48	10.3
14	ŚWIERAD KRYSZTIAN	6486		TURZAŃSK	POL	SENIOR I M - 20	4	M 14	00:00:03	00:53:58	01:33:09	02:19:47	03:11:55.60	03:11:55.60	5:48	10.3
15	GURGUL SEBASTIAN	6119	AROMAT NÓG	KRAKÓW	POL	MASTERS M - 40	4	M 15	00:00:03	00:56:27	01:39:48	02:31:03	03:27:46.40	03:27:46.40	6:17	9.5
16	SZUMLAŃSKI MARCIN	6309	PODHALAŃSKIE DZIKI - GORĄCY POTOK TEAM	TARNÓW	POL	SENIOR II M - 30	8	M 16	00:00:06	00:58:53	01:42:51	02:35:10	03:28:39.90	03:28:39.90	6:19	9.5
17	CHŁOPEK RAFAŁ	6516	EDB	JANKÓW PRZYGODZKI	POL	WETERAN I M - 50	1	M 17	00:00:04	00:57:52	01:40:32	02:30:31	03:28:45.10	03:28:45.10	6:19	9.5
18	BANIAK MARCIN	6412	G.O.A.T. TEAM MICHAŁOWICE/MŁYN TRAIL MICHAŁOWICE	MICHAŁOWICE	POL	MASTERS M - 40	5	M 18	00:00:01	00:54:32	01:38:38	02:29:45	03:29:22.05	03:29:22.05	6:20	9.5

GOLDEN MOUNTAINS TRAIL - 33 KM, OPEN MĘŻCZYZN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.01km	9km	14km	24km	Netto	Brutto	min/km	km/h
	KNOBLOCH TOMASZ	6022	THE PINDOLS	WARSZAWA	POL	MASTERS M - 40			00:00:58 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	ZIELONKA MAREK	6021		POZNAŃ	POL	WETERAN I M - 50			00:00:59 DNF	DNF	DNF	DNF	DNF	DNF	-	-

GOLDEN MOUNTAINS TRAIL - 33 KM, OPEN KOBIET

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.01km	9km	14km	24km	Netto	Brutto	min/km	km/h
1	KOWALEWSKA ELŻBIETA	6332	EDI TEAM ZGORZELEC	ZGORZELEC	POL	MASTERS K - 40	1	K 1		00:57:50	01:39:57	02:29:55	03:22:28.70	03:22:28.70	6:08	9.8
2	PASTOROVA PETRA	6545		CESKA REPUBLIKA	CZE	MASTERS K - 40	2	K 2	00:00:01	00:54:07	01:35:52	02:26:26	03:29:26.85	03:29:26.85	6:20	9.5
3	MARKOVÁ BARBORA	6369		HORNÍ ČERMNÁ	CZE	SENIOR I K - 20	1	K 3	00:00:13	00:59:37	01:42:45	02:35:26	03:30:13.00	03:30:13.00	6:22	9.4
4	STELMACH DOMINIKA	6426		WARSZAWA	POL	MASTERS K - 40	3	K 4	00:00:01	01:11:55	01:52:34	02:40:14	03:32:12.80	03:32:12.80	6:25	9.3
5	SZCZEPANIAK ANGELIKA	6499	ALPIN SPORT TEAM	RĄBIEŃ	POL	MASTERS K - 40	4	K 5	00:00:03	01:00:17	01:45:39	02:36:22	03:33:27.40	03:33:27.40	6:28	9.3
6	ANDRUSZKÓW ALEKSANDRA	6478	WOSIEK TEAM	TRZEBNICA	POL	SENIOR I K - 20	2	K 6	00:00:11	01:02:05	01:46:33	02:41:14	03:41:18.75	03:41:18.75	6:42	8.9
7	GARGAS EWA	6186	TEAM PRZEDWOJEWSKI	LONDYŃ	GBR	SENIOR II K - 30	1	K 7	00:00:22	01:04:43	01:53:01	02:46:09	03:48:36.15	03:48:36.15	6:55	8.7
8	STACHURSKA ILONA	6505	KUGUAR XTREME RUNNERS	PRUSZKÓW	POL	SENIOR II K - 30	2	K 8		01:05:09	01:57:05	02:47:31	03:54:38.55	03:54:38.55	7:06	8.4
9	ADAMCZYK EMANUELA	6500	#BIEGIEMWLAS	POZNAŃ	POL	SENIOR I K - 20	3	K 9	00:00:09	01:05:09	01:53:18	02:51:59	03:56:43.55	03:56:43.55	7:10	8.4
10	GUTRAL MAGDALENA	6049	WKB MARATONCZYK WŁOCŁAWEK	WŁOCŁAWEK	POL	MASTERS K - 40	5	K 10		01:05:07	01:53:24	02:53:40	03:58:57.80	03:58:57.80	7:14	8.3
11	WALCZAK ADELA	6112	TRAIL IS OUR WAY TEAM	ŁÓDŹ	POL	SENIOR II K - 30	3	K 11	00:00:08	01:10:06	02:05:54	02:57:42	03:59:15.60	03:59:15.60	7:15	8.3
12	URBAN IWONA	6418	42K PRO TEAM	TYCHY	POL	MASTERS K - 40	6	K 12	00:00:34	01:10:29	01:59:17	02:56:29	04:02:47.40	04:02:47.40	7:21	8.2
13	BIENIEK-UGNIEWSKA JOANNA	6217	SUNFIT STUDIO	NOWY DWÓR MAZOWIECKI	POL	MASTERS K - 40	7	K 13	00:00:05	01:08:10	01:58:47	02:59:18	04:05:45.50	04:05:45.50	7:26	8.1
14	JASZCZAK BOGNA	6400		LESZNO	POL	SENIOR I K - 20	4	K 14	00:00:15	01:07:56	01:58:19	02:58:49	04:06:47.25	04:06:47.25	7:28	8
15	KRAKOVSKA MICHAELA	6488	MOLALAPRODUCTION.COM	FRÝDLANT NAD OSTRAVICÍ	CZE	SENIOR I K - 20	5	K 15	00:00:07	01:08:06	01:59:12	03:00:03	04:09:46.45	04:09:46.45	7:34	7.9
16	SZOSTAK ANNA	6277	UKS OLIMPIA ZABRZE	ZABRZE	POL	SENIOR II K - 30	4	K 16	00:00:06	01:12:34	02:04:29	03:03:00	04:11:04.70	04:11:04.70	7:36	7.9
17	GÓRNA ANITA	6312	LPP TEAM	KRAKÓW	POL	SENIOR II K - 30	5	K 17	00:00:03	01:10:08	02:02:55	03:08:17	04:12:01.80	04:12:01.80	7:38	7.9
18	ŻYCHSKA ANNA	6512		POZNAŃ	POL	SENIOR II K - 30	6	K 18	00:00:08	01:05:35	01:57:12	03:01:19	04:13:29.15	04:13:29.15	7:40	7.8
19	BIALA WERONIKA	6268		WROCŁAW	POL	SENIOR II K - 30	7	K 19	00:00:22	01:10:25	02:03:54	03:04:41	04:14:22.95	04:14:22.95	7:42	7.8
20	PACIOREK EWA	6445	KOBIETA BIEGA	MARKI	POL	SENIOR II K - 30	8	K 20		01:09:35	02:03:43	03:07:01	04:14:25.20	04:14:25.20	7:42	7.8
21	PLEWA KATARZYNA	6204		STRONIE ŚLĄSKIE	POL	SENIOR II K - 30	9	K 21	00:00:08	01:07:53	02:01:24	03:05:19	04:15:46.90	04:15:46.90	7:45	7.7
22	FRYKA KAROLINA	6530		TORUŃ	POL	SENIOR II K - 30	10	K 22	00:00:05	01:10:46	02:04:54	03:09:43	04:16:56.50	04:16:56.50	7:47	7.7
23	WINNIK ELA	6295		MROWINO	POL	SENIOR II K - 30	11	K 23	00:00:09	01:10:56	02:03:00	03:08:54	04:19:11.30	04:19:11.30	7:51	7.6
24	AUGUSTYNIAK MAŁGORZATA	6517		ŁÓDŹ	POL	MASTERS K - 40	8	K 24	00:00:05	01:10:05	02:04:24	03:08:33	04:21:08.00	04:21:08.00	7:54	7.6
25	RUDOLFOVÁ TEREZA	6458	TEAM BLACK HILL/ LAWI /MONTURA	ČERVENÝ KOSTELEČ	CZE	SENIOR II K - 30	12	K 25	00:00:02	01:40:32	02:26:41	03:23:08	04:21:54.25	04:21:54.25	7:56	7.6
26	LEHMANN MONIKA	6016		SKOKI	POL	SENIOR I K - 20	6	K 26	00:00:09	01:10:30	02:03:18	03:09:54	04:22:41.45	04:22:41.45	7:57	7.5
27	DEMUSZ NATALIA	6122		WROCŁAW	POL	SENIOR II K - 30	13	K 27	00:01:06	01:14:30		03:11:56	04:23:11.85	04:23:11.85	7:58	7.5
28	WÓJCİK KAROLINA	6523		KRAKÓW	POL	SENIOR II K - 30	14	K 28	00:00:08	01:12:49	02:08:19	03:11:58	04:23:40.50	04:23:40.50	7:59	7.5
29	HĽAVÁČOVÁ EVA	6490		KRNOV	CZE	MASTERS K - 40	9	K 29	00:00:13	01:10:44	02:05:24	03:12:47	04:29:32.55	04:29:32.55	8:10	7.3
30	ÇAĞALA ZUZANNA	6301	ZĄŁOGA GÓRSKA	LUBIN	POL	SENIOR II K - 30	15	K 30	00:01:03	01:07:58	01:56:48	03:20:15	04:34:42.00	04:34:42.00	8:19	7.2
31	PYZIK EWA	6390	MATNER RUNNING TEAM	BIELANY WROCŁAWSKIE	POL	MASTERS K - 40	10	K 31	00:01:05	01:22:32		03:26:42	04:34:47.25	04:34:47.25	8:19	7.2
32	SZALENIEC JOANNA	6053	RUNNERS TEAM NYSA	PACZKÓW	POL	MASTERS K - 40	11	K 32	00:00:31	01:20:28	02:21:52	03:29:16	04:35:41.15	04:35:41.15	8:21	7.2
33	GUZIK JOANNA	6207	NKB CHYŹY NOWY TOMYŚL	NOWY TOMYŚL	POL	SENIOR II K - 30	16	K 33	00:00:01	01:10:36	02:09:01	03:22:40	04:37:22.35	04:37:22.35	8:24	7.1
34	DUDA MONIKA	6484	RAZ SZCZECIN	SZCZECIN	POL	MASTERS K - 40	12	K 34	00:00:10	01:12:47	02:10:50	03:21:36	04:38:22.25	04:38:22.25	8:26	7.1
35	KRUPIŃSKA ANDŻELIKA	6189	AKTYWNI RAZEM/ BIEGAJĄCE KREJZOLE	KOZIEGŁOWY	POL	SENIOR II K - 30	17	K 35	00:00:17	01:13:39	02:12:11	03:22:05	04:38:25.20	04:38:25.20	8:26	7.1
36	DĄBKIEWICZ DOMINIKA	6121	NIGHT RUNNERS	OSTRÓW WIELKOPOLSKI	POL	MASTERS K - 40	13	K 36	00:00:53	01:19:10		03:26:26	04:40:24.95	04:40:24.95	8:29	7.1
37	KARPIŃSKA BARBARA	6383	RUNNERS TEAM NYSA	OTMUCHÓW	POL	SENIOR II K - 30	18	K 37	00:00:30	01:19:32		03:26:13	04:40:32.05	04:40:32.05	8:30	7.1
38	WOJCIECHOWSKA-HRYCYK AGATA	6519		KOŁOBRZEG	POL	WETERAN K - 50	1	K 38	00:00:07	01:15:07	02:12:02	03:23:19	04:44:37.15	04:44:37.15	8:37	7
39	SYNOWIEC KATARZYNA	6447		BYSTRZYCA KŁODZKA	POL	SENIOR I K - 20	7	K 39	00:00:47	01:29:55	02:29:47	03:42:38	04:56:37.15	04:56:37.15	8:59	6.7
40	WALKOWIAK DOMINIKA	6381	#BIEGAJLESZNO	LESZNO	POL	SENIOR II K - 30	19	K 40	00:00:56	01:26:55		03:39:22	04:58:56.75	04:58:56.75	9:03	6.6
41	DROŻYŃSKA IWONA	6094	LUCEK PAZUR TEAM	NYSA	POL	SENIOR II K - 30	20	K 41	00:00:44	01:25:18		03:47:21	04:59:50.30	04:59:50.30	9:05	6.6

GOLDEN MOUNTAINS TRAIL - 33 KM, Senior II M - 30 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.01km	9km	14km	24km	Netto	Brutto	min/km	km/h
30	WANAT MATEUSZ	6382	PRZEDWOJEWSKI TEAM	WROCLAW	POL	SENIOR II M - 30	30	M 61	00:00:08	01:05:14	01:56:44	02:56:59	04:07:02.65	04:07:02.65	7:29	8
31	RASZKOWSKI PIOTR	6335	ŚLEZAK TEAM	GDAŃSK	POL	SENIOR II M - 30	31	M 63	00:00:05	01:10:55		02:53:22	04:08:35.15	04:08:35.15	7:31	8
32	KUDREJ GRZEGORZ	6465	MOCNA GRUPA CEZARA	WROCLAW	POL	SENIOR II M - 30	32	M 65	00:00:21	01:06:35	02:00:45	03:01:34	04:09:31.45	04:09:31.45	7:33	7.9
33	MYSZKIEWICZ PAWEŁ	6012	MOCNA GRUPA CEZARA	WROCLAW	POL	SENIOR II M - 30	33	M 69	00:00:19	01:11:29	02:02:07	03:04:26	04:11:52.05	04:11:52.05	7:37	7.9
34	SAJ JAKUB	6362	DRUZYNA Ż	WARSZAWA	POL	SENIOR II M - 30	34	M 73	00:00:12	01:06:00	01:58:32	02:59:48	04:13:34.65	04:13:34.65	7:41	7.8
35	TOMCZAK DARIUSZ	6487		GOSTYŃ	POL	SENIOR II M - 30	35	M 79	00:00:16	01:13:07	02:05:46	03:08:49	04:17:36.55	04:17:36.55	7:48	7.7
36	JACHIRA PATRYK	6464	STAJNIAKTEAM	POZNAŃ	GBR	SENIOR II M - 30	36	M 80		01:17:15	02:12:59	03:14:25	04:17:51.60	04:17:51.60	7:48	7.7
37	ANDRZEJEWski DOMINIK	6280	KB GEPARD MUROWANA GOŚLINA	MUROWANA GOŚLINA	POL	SENIOR II M - 30	37	M 85	00:00:38	01:11:25		03:08:37	04:21:41.05	04:21:41.05	7:55	7.6
38	KOSIERADZKI ŁUKASZ	6351		KRAKÓW	POL	SENIOR II M - 30	38	M 87	00:00:06	01:12:03	02:06:57	03:14:10	04:24:07.80	04:24:07.80	8:00	7.5
39	TOMCZYK RAFAŁ	6078	PODDEBICKI KLUB BIEGACZA ZDYSZANI.PL	PODDEBICE	POL	SENIOR II M - 30	39	M 88	00:00:10	01:10:21	02:02:12	03:10:39	04:24:15.90	04:24:15.90	8:00	7.5
40	BŁASZCZAK MAREK	6154	MOCNA GRUPA CEZARA	WROCLAW	POL	SENIOR II M - 30	40	M 90	00:00:19	01:09:44	02:04:16	03:12:33	04:25:36.30	04:25:36.30	8:02	7.5
41	RUTKOWSKI JAKUB	6260		POZNAŃ	POL	SENIOR II M - 30	41	M 93	00:00:12	01:08:23	02:04:10	03:12:19	04:26:26.20	04:26:26.20	8:04	7.4
42	FRERIKS JEROEN	6373	LEIDEN ATLETIEK	LEIDEN		SENIOR II M - 30	42	M 100	00:00:48	01:24:17	02:16:27	03:21:40	04:29:27.55	04:29:27.55	8:09	7.3
43	BUCZAK JAKUB	6001		ŁĄDEK ZDRÓJ	POL	SENIOR II M - 30	43	M 103	00:00:01	01:13:50	02:08:56	03:17:25	04:30:57.85	04:30:57.85	8:12	7.3
44	SAWICKI BARTOSZ	6158	DZIKIE DZIKI GORZÓW WIELKOPOLSKI	GORZÓW	POL	SENIOR II M - 30	44	M 108	00:00:10	01:12:12	02:08:15	03:19:40	04:33:34.05	04:33:34.05	8:17	7.2
45	KRAWCZYK ROBERT	6125		WOLSZTYN	POL	SENIOR II M - 30	45	M 111	00:00:12	01:13:23	02:07:51	03:16:54	04:34:06.40	04:34:06.40	8:18	7.2
46	GAJDA MICHAŁ	6221		POZNAŃ	POL	SENIOR II M - 30	46	M 112	00:00:21	01:24:27	02:24:50	03:27:02	04:34:35.65	04:34:35.65	8:19	7.2
47	TUREK MARCIN	6414	KĘSY TEAM	OBORNKI	POL	SENIOR II M - 30	47	M 121	00:00:14	01:17:39	02:13:54	03:23:03	04:38:01.45	04:38:01.45	8:25	7.1
48	LISIAK BARTOSZ	6298	KB GEPARD MUROWANA GOŚLINA	MUROWANA GOŚLINA	POL	SENIOR II M - 30	48	M 124	00:00:34	01:18:47	02:14:16	03:19:44	04:38:23.25	04:38:23.25	8:26	7.1
49	NOWAK TOMASZ	6152	BW BIEGACZE WYMIATACZE	KRAKÓW	POL	SENIOR II M - 30	49	M 127	00:00:57	01:22:55	02:21:32	03:33:22	04:41:38.05	04:41:38.05	8:32	7
50	MAKAREWICZ WIKTOR	6276	KUDŁATE MAKARONY	WARSZAWA	POL	SENIOR II M - 30	50	M 128	00:01:05	01:23:38		03:28:05	04:41:48.65	04:41:48.65	8:32	7
51	GUZERA TOMASZ	6244		WROCLAW	POL	SENIOR II M - 30	51	M 131	00:01:08	01:17:02	02:11:39	03:27:19	04:43:25.90	04:43:25.90	8:35	7
52	WAŚ BARTŁOMIEJ	6454	STG WARSZAWA	WARSZAWA	POL	SENIOR II M - 30	52	M 134	00:00:14	01:14:06	02:16:16	03:24:46	04:47:34.25	04:47:34.25	8:42	6.9
53	BIEDA BERNARD	6406	BUDI POL	CZĘSTOCHOWA	POL	SENIOR II M - 30	53	M 136	00:02:07	01:27:55	02:26:53	03:37:25	04:47:51.80	04:47:51.80	8:43	6.9
54	TORZEWSKI PRZEMYSŁAW	6475		WĄGROWIEC	POL	SENIOR II M - 30	54	M 137	00:00:30	01:25:59	02:25:23	03:32:44	04:47:52.45	04:47:52.45	8:43	6.9
55	STĘPNOWSKI JAKUB	6420	UPACJENTA.PL	LEGIONOWO	POL	SENIOR II M - 30	55	M 140	00:01:17	01:27:41	02:23:59	03:30:20	04:49:50.65	04:49:50.65	8:46	6.8
56	TOMAKA MACIEJ	6476	TEAM KURORT ŁĄDEK-ZDRÓJ	KŁODZKO	POL	SENIOR II M - 30	56	M 144	00:00:50	01:20:04	02:25:39	03:44:58	04:51:29.00	04:51:29.00	8:49	6.8
57	SZOFRER ADAM	6245	NKB CHYŻY NOWY TOMYŚL	SATOPY	POL	SENIOR II M - 30	57	M 146	00:01:01	01:29:46	02:26:12	03:36:29	04:51:41.10	04:51:41.10	8:50	6.8
58	TRZPIOLA TYCJAN	6013	KURACJUSZE	WROCLAW	POL	SENIOR II M - 30	58	M 148	00:00:21	01:16:11	02:17:30	03:32:56	04:51:44.90	04:51:44.90	8:50	6.8
59	BUDZIAK MICHAŁ	6415		RACIBÓRZ	POL	SENIOR II M - 30	59	M 154	00:00:04	01:13:19	02:11:19	03:30:54	04:53:37.50	04:53:37.50	8:53	6.7
60	PAPAJ JAKUB	6340		BIELSKO-BIAŁA	POL	SENIOR II M - 30	60	M 157	00:00:09	01:10:50	02:09:25	03:31:54	04:55:06.00	04:55:06.00	8:56	6.7
61	ZDAŃSKI PAWEŁ	6180		KATOWICE	POL	SENIOR II M - 30	61	M 159	00:00:22	01:17:49		03:35:50	04:55:23.90	04:55:23.90	8:57	6.7
62	KAWA HUBERT	6208	NKB CHYŻY NOWY TOMYŚL	NOWY TOMYŚL	POL	SENIOR II M - 30	62	M 163	00:00:02	01:17:15	02:17:36	03:33:12	04:57:06.10	04:57:06.10	9:00	6.7
63	KONSEK JACEK	6048		RYBNIK	POL	SENIOR II M - 30	63	M 165	00:00:04	01:18:12		03:37:53	04:57:30.15	04:57:30.15	9:00	6.7
64	HATALSKI WOJCIECH	6470	EKIPA JTM	WROCLAW	POL	SENIOR II M - 30	64	M 171	00:00:24	01:18:55		03:42:40	04:59:00.45	04:59:00.45	9:03	6.6
65	KOWALCZYK MARCIN	6293		OSOLA	POL	SENIOR II M - 30	65	M 173	00:01:00	01:26:23	02:23:00	03:41:32	04:59:46.05	04:59:46.05	9:05	6.6
66	JOPA MACIEJ	6226		KRAKÓW	POL	SENIOR II M - 30	66	M 175	00:00:26	01:16:17	02:15:53	03:36:37	04:59:50.90	04:59:50.90	9:05	6.6
67	CHMIELOWIEC NORBERT	6514		LEGNICA	POL	SENIOR II M - 30	67	M 177	00:00:26	01:18:26	02:23:13	03:43:00	05:00:53.95	05:00:53.95	9:07	6.6
68	MIEDZIŃSKI MICHAŁ	6314	JKS SALAMANDRA	JAWOR	POL	SENIOR II M - 30	68	M 178	00:00:26	01:16:15	02:25:07	03:41:08	05:01:12.95	05:01:12.95	9:07	6.6
69	RUŚKIEWICZ WOJCIECH RUŚKIEWICZ	6047	DELOITTE ADVENTURE TEAM	SZCZECIN	POL	SENIOR II M - 30	69	M 182	00:00:35	01:13:31	02:12:39	03:45:26	05:02:39.35	05:02:39.35	9:10	6.5
70	MARNYSZ MICHAŁ	6153		KOSTRZYŃ NAD ODRA	POL	SENIOR II M - 30	70	M 184	00:01:00	01:30:58	02:35:59	03:58:07	05:04:17.40	05:04:17.40	9:13	6.5
71	DĄBROWSKI MICHAŁ	6428		OSTRÓW MAZOWIECKA	POL	SENIOR II M - 30	71	M 187	00:00:15	01:19:07	02:23:56	03:42:29	05:05:29.15	05:05:29.15	9:15	6.5
72	PODBOROŻNY KAROL	6251		POZNAŃ	POL	SENIOR II M - 30	72	M 188	00:01:12	01:22:21	02:21:36	03:41:32	05:05:44.70	05:05:44.70	9:15	6.5
73	MAŃKOWSKI TOMASZ	6230	HOMAG RUN TEAM	WITASZYCE	POL	SENIOR II M - 30	73	M 190	00:01:12	01:24:23	02:24:26	03:45:09	05:05:55.00	05:05:55.00	9:16	6.5
74	JANKOWSKI ŁUKASZ	6043	STAN UMYŚLU LEWIN BIEGA	OLSZANKA	POL	SENIOR II M - 30	74	M 198	00:00:47	01:27:25		03:52:02	05:10:41.25	05:10:41.25	9:24	6.4
75	ZIEWIEC MARCIN	6111		RADWANICE	POL	SENIOR II M - 30	75	M 199	00:00:45	01:21:53	02:24:03	03:50:17	05:10:43.70	05:10:43.70	9:24	6.4
76	BOIŃSKI BARTOSZ	6346	EUROCASH	POZNAŃ	POL	SENIOR II M - 30	76	M 206	00:01:15	01:28:44	02:27:00	03:55:37	05:13:07.85	05:13:07.85	9:29	6.3
77	LENART JAKUB	6163		WROCLAW	POL	SENIOR II M - 30	77	M 211	00:00:38	01:23:56	02:27:19	03:47:15	05:15:42.25	05:15:42.25	9:34	6.3
78	GMAJ DANIEL	6250		GRÓJEC	POL	SENIOR II M - 30	78	M 212	00:00:28	01:24:26	02:28:22	03:49:35	05:16:08.30	05:16:08.30	9:34	6.3
79	NOBILE RICCARDO	6449		KRAKOW	POL	SENIOR II M - 30	79	M 214	00:00:25	01:21:35		03:44:08	05:16:26.20	05:16:26.20	9:35	6.3
80	MISTAŁSKI DAMIAN	6451		BYTOM	POL	SENIOR II M - 30	80	M 216	00:00:29	01:20:02	02:25:19	03:56:15	05:17:33.60	05:17:33.60	9:37	6.2

GOLDEN MOUNTAINS TRAIL - 33 KM, Weteran II M - 60 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.01km	9km	14km	24km	Netto	Brutto	min/km	km/h
8	SNOCHOWSKI LESZEK	6263	LESZEK TEAM	LGOTA WIELKA	POL	WETERAN II M - 60	8	M 245	00:00:33	01:24:12	02:32:51	03:56:55	05:31:13.00	05:31:13.00	10:02	6
9	CZERWIŃSKI JAROSŁAW	6062		CZERWONAK	POL	WETERAN II M - 60	9	M 274	00:00:24	01:33:13	02:43:21	04:16:10	05:51:18.35	05:51:18.35	10:38	5.6
10	IGRAS MIECZYŚLAW	6396	RUNNERS TEAM NYSA	NYSA	POL	WETERAN II M - 60	10	M 281	00:00:46	01:34:00	02:53:47	04:24:10	05:55:53.65	05:55:53.65	10:47	5.6
11	NOWAKOWSKI WIESŁAW	6165	BIEGAM BO LUBIĘ	PRZEMYSŁ	POL	WETERAN II M - 60	11	M 285	00:00:14	01:22:25		04:10:06	05:59:36.05	05:59:36.05	10:53	5.5