

**ENEA POLISH NORDIC WALKING CUP - WĄGROWIEC - 5KM - 10/6**

Organizator: Polskie Zrzeszenie Nordic Walking  
 Data: 2022-07-17  
 Miejsce: Wągrowiec  
 Dystans: 5 km  
 Klasyfikacja wg czasów netto.

**ENEA POLISH NORDIC WALKING CUP - WĄGROWIEC - 5KM - 10/6, OPEN**

| M-ce | Nazwisko i imię             | Nr  | Klub                            | M-scowość           | Kraj | Kat.                  | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.5km    | Netto       | min/km | km/h |
|------|-----------------------------|-----|---------------------------------|---------------------|------|-----------------------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 1    | WITUCKI JACEK               | 221 |                                 | POZNAŃ              | POL  | M50-54                | 1      | M 1  |             |              | 00:14:37 | 00:29:32.10 | 5:54   | 10.2 |
| 2    | MARCZAK TOMASZ              | 149 | NORDIC TEAM CZĘSTOCHOWA         | ALEKSANDRIA I       | POL  | M18-29                | 1      | M 2  |             |              | 00:14:37 | 00:29:43.50 | 5:56   | 10.1 |
| 3    | CYRUS BOGDAN                | 234 | SILESIA NORDIC TEAM             | STRZEBIN            | POL  | M50-54                | 2      | M 3  |             |              | 00:14:41 | 00:29:48.05 | 5:57   | 10.1 |
| 4    | WOJTOWICZ TOMASZ            | 235 | ZT POLSKA                       | WIDACZ              | POL  | M30-39                | 1      | M 4  |             |              | 00:14:41 | 00:30:09.35 | 6:01   | 10   |
| 5    | SKIBA KRZYSZTOF             | 196 | KGHM METRACO                    | LEGNICA             | POL  | M60-64                | 1      | M 5  |             |              | 00:15:38 | 00:31:25.20 | 6:17   | 9.5  |
| 6    | WILUSZ ERWINA               | 237 | VINGBERG POLSKA PTG             | IWONICZ-ZDRÓJ       | POL  | K30-39                | 1      | K 1  |             |              | 00:15:26 | 00:31:26.45 | 6:17   | 9.5  |
| 7    | ROŻYNEK MIRON               | 189 | KGHM METRACO                    | WROCŁAW             | POL  | M55-59                | 1      | M 6  |             |              | 00:15:31 | 00:31:33.50 | 6:18   | 9.5  |
| 8    | LUDWICZAK DARIUSZ           | 144 | EKSPEDYCJA NORDIC TEAM SZCZECIN | SZCZECIN            | POL  | M50-54                | 3      | M 7  |             |              | 00:15:43 | 00:31:42.90 | 6:20   | 9.5  |
| 9    | WOROCZ ROMAN                | 224 | KGHM METRACO                    | DOPIEWO             | POL  | M60-64                | 2      | M 8  |             |              | 00:15:47 | 00:31:47.15 | 6:21   | 9.4  |
| 10   | OLSZAŃSKI KAROL             | 165 | FEAR THE RETURN                 | KRAKÓW              | POL  | M45-49                | 1      | M 9  |             |              | 00:15:36 | 00:32:00.90 | 6:24   | 9.4  |
| 11   | BIBKO MARTIN                | 85  | SPEEDBAR                        | KOSICE              | SVK  | M45-49                | 2      | M 10 |             |              | 00:15:45 | 00:32:23.90 | 6:28   | 9.3  |
| 12   | HELWICH STEFAN              | 122 | KGHM METRACO                    | WIELEN              | POL  | M65-69                | 1      | M 11 |             |              | 00:16:13 | 00:32:27.40 | 6:29   | 9.2  |
| 13   | MAŚLANKA JACEK              | 152 | EKSPEDYCJA NORDIC TEAM SZCZECIN | SŁUPSK              | POL  | M55-59                | 2      | M 12 | 1           |              | 00:16:00 | 00:32:27.60 | 6:29   | 9.2  |
| 14   | BRZÓZOWSKI PIOTR            | 239 | AKTYWNI POSTOMINO               | SŁAWNO              | POL  | M30-39                | 2      | M 13 |             |              | 00:15:54 | 00:32:33.35 | 6:30   | 9.2  |
| 15   | FRĄCKOWIAK ROMAN            | 109 | EKSPEDYCJA NORDIC TEAM SZCZECIN | ROSKO               | POL  | M50-54                | 4      | M 14 |             |              | 00:16:00 | 00:32:36.50 | 6:31   | 9.2  |
| 16   | ZACZYŃSKA-SKIBA ANNA        | 230 | KGHM METRACO                    | LEGNICA             | POL  | K40-44                | 1      | K 2  |             |              | 00:16:19 | 00:32:59.60 | 6:35   | 9.1  |
| 17   | GAJEWSKI EUGENIUSZ          | 111 | KGHM METRACO                    | GORZÓW WIELKOPOLSKI | POL  | M65-69                | 2      | M 15 |             |              | 00:16:14 | 00:33:08.10 | 6:37   | 9.1  |
| 18   | WOJTASIŃSKI DANIEL          | 223 | NORDIC TEAM CZĘSTOCHOWA         | CZĘSTOCHOWA         | POL  | M40-44                | 1      | M 16 |             |              | 00:16:08 | 00:33:14.70 | 6:38   | 9    |
| 19   | PARZYBUT JAN                | 169 | POSTĘP PNIEWY TEAM              | PNIEWY              | POL  | M55-59                | 3      | M 17 |             |              | 00:16:36 | 00:33:14.85 | 6:38   | 9    |
| 20   | BREWKA JOACHIM              | 90  | NORDIC SPORT 2021               | LUBLINIEC           | POL  | M55-59                | 4      | M 18 | 1           |              | 00:16:38 | 00:33:19.75 | 6:39   | 9    |
| 21   | BIELECKA ZUZANNA            | 86  | NW CZŁAPSKI TEAM                | WARSZAWA            | POL  | K40-44                | 2      | K 3  |             |              | 00:16:26 | 00:33:34.05 | 6:42   | 8.9  |
| 22   | NOSAŁ MAREK                 | 159 |                                 | LUBLIN              | POL  | M50-54                | 5      | M 19 | 1           |              | 00:16:43 | 00:33:37.05 | 6:43   | 8.9  |
| 23   | MISZTAŁ GRZEGORZ            | 154 | MASZYCANKA MASZYCE              | SULKOWICE           | POL  | M30-39                | 3      | M 20 |             |              | 00:16:30 | 00:33:46.65 | 6:45   | 8.9  |
| 24   | STACHOWICZ JOANNA           | 199 | BŁĘKITNI DZIEMIANY              | DZIEMIANY           | POL  | K30-39                | 2      | K 4  |             |              | 00:16:39 | 00:33:51.50 | 6:46   | 8.9  |
| 25   | LUDWICZAK ANDŻELIKA         | 145 | EKSPEDYCJA NORDIC TEAM SZCZECIN | SZCZECIN            | POL  | K45-49                | 1      | K 5  |             |              | 00:16:53 | 00:34:01.80 | 6:48   | 8.8  |
| 26   | ŚLUSARCZYK MARCIN           | 207 | WESOŁY BORSUK TEAM              | PRUDNIK             | POL  | M40-44                | 2      | M 21 |             |              | 00:16:42 | 00:34:12.00 | 6:50   | 8.8  |
| 27   | KARPIENIA EWA               | 128 | EKSPEDYCJA NORDIC TEAM SZCZECIN | SZCZECIN            | POL  | K50-54                | 1      | K 6  |             |              | 00:16:48 | 00:34:13.50 | 6:50   | 8.8  |
| 28   | WOJTCZAK URSZULA            | 242 | CZAPELKI                        | CZAPLINEK           | POL  | K40-44                | 3      | K 7  |             |              | 00:16:59 | 00:34:15.50 | 6:51   | 8.8  |
| 29   | STANISŁAWSKI JAN            | 200 | NORDIC WALKING KIEKRZ POLAND    | POZNAN              | POL  | M60-64                | 3      | M 22 |             |              | 00:16:52 | 00:34:23.00 | 6:52   | 8.7  |
| 30   | GIERSZEWSKI ARKADIUSZ       | 113 | BŁĘKITNI DZIEMIANY              | DZIEMIANY           | POL  | M40-44                | 3      | M 23 |             |              | 00:17:07 | 00:34:27.75 | 6:53   | 8.7  |
| 31   | KRUGIOŁKA GRZEGORZ          | 138 | AKTYWNI W PNIEWACH              | PNIEWY              | POL  | M40-44                | 4      | M 24 |             |              | 00:17:07 | 00:34:28.45 | 6:53   | 8.7  |
| 32   | MAŚLANKA IWONA              | 151 | MARSZ PO ZDROWIE                | ŚMIGIEL             | POL  | K50-54                | 2      | K 8  |             |              | 00:16:55 | 00:34:31.95 | 6:54   | 8.7  |
| 33   | KLAWCZYŃSKI MARCIN          | 129 |                                 | PNIEWY              | POL  | M30-39                | 4      | M 25 |             |              | 00:17:02 | 00:34:32.05 | 6:54   | 8.7  |
| 34   | POTRZEBOWSKI MAREK          | 178 | DEAF I #B3K, ŁĄCZA NAS PASJE    | BYDGOSZCZ           | POL  | M-NIEPEŁNOSPRAWNI(B ) | 1      | M 26 |             |              | 00:17:17 | 00:34:47.00 | 6:57   | 8.6  |
| 35   | CIEŚLUK MARCIN              | 98  | NORDIC TEAM CZĘSTOCHOWA         | CZĘSTOCHOWA         | POL  | M-NIEPEŁNOSPRAWNI(A ) | 1      | M 27 |             |              | 00:17:15 | 00:34:51.10 | 6:58   | 8.6  |
| 36   | RAJEK MAGDALENA             | 233 | NORDIC TEAM CZĘSTOCHOWA         | CZĘSTOCHOWA         | POL  | K45-49                | 2      | K 9  |             |              | 00:17:27 | 00:34:59.65 | 6:59   | 8.6  |
| 37   | OKRZESIK-FRĄCKOWIAK IZABELA | 163 | EKSPEDYCJA NORDIC TEAM SZCZECIN | WIELEŃ              | POL  | K50-54                | 3      | K 10 |             |              | 00:17:13 | 00:35:05.85 | 7:01   | 8.6  |
| 38   | KWECZKA-JANECZEK ANNA       | 140 | NORDIC TEAM CZĘSTOCHOWA         | CZĘSTOCHOWA         | POL  | K40-44                | 4      | K 11 |             |              | 00:17:02 | 00:35:06.10 | 7:01   | 8.5  |
| 39   | GRUSZKA MICHAŁ              | 117 | NORDIC SPORT 2021               | LUBLINIEC           | POL  | M18-29                | 2      | M 28 |             |              | 00:17:10 | 00:35:10.95 | 7:02   | 8.5  |
| 40   | PUSZKARSKA MAŁGORZATA       | 184 | GOSADI NORDIC TEAM              | WARSZAWA            | POL  | K45-49                | 3      | K 12 |             |              | 00:17:25 | 00:35:15.20 | 7:03   | 8.5  |
| 41   | NOWAK WIESŁAW               | 160 | UKS 'SKOCZEK' SKOKI             | SKOKI               | POL  | M60-64                | 4      | M 29 |             |              | 00:17:15 | 00:35:17.05 | 7:03   | 8.5  |
| 42   | KOP WIESŁAW                 | 130 | DAJ RADOŚĆ NIEPEŁNOSPRAWNYM     | PIŁA                | POL  | M55-59                | 5      | M 30 |             |              | 00:17:20 | 00:35:18.40 | 7:03   | 8.5  |
| 43   | JÓŻWIAK MARIANNA            | 125 | SERCE NORDICA WŁOCŁAWEK         | WŁOCŁAWEK           | POL  | K45-49                | 4      | K 13 |             |              | 00:17:27 | 00:35:22.30 | 7:04   | 8.5  |

**ENEA POLISH NORDIC WALKING CUP - WĄGROWIEC - 5KM - 10/6, OPEN c.d.**

| M-ce | Nazwisko i imię            | Nr  | Klub                                     | M-scowość                | Kraj | Kat.                 | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.5km    | Netto       | min/km | km/h |
|------|----------------------------|-----|------------------------------------------|--------------------------|------|----------------------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 44   | KROMSKI PAWEŁ              | 137 | NORDIC WALKING KIEKRZ POLAND             | KIEKRZ                   | POL  | M55-59               | 6      | M 31 |             |              | 00:17:25 | 00:35:29.30 | 7:05   | 8.5  |
| 45   | JANY KATARZYNA             | 123 | NORDIC WALKING LUBASZ                    | CZARNKÓW                 | POL  | K30-39               | 3      | K 14 |             |              | 00:17:41 | 00:35:29.35 | 7:05   | 8.5  |
| 46   | KRIGER ROMAN               | 136 | MAPEI POLSKA                             | PAPOWO TORUŃSKIE         | POL  | M60-64               | 5      | M 32 |             |              | 00:17:20 | 00:35:37.10 | 7:07   | 8.4  |
| 47   | DUSZEŃKO ZYGMUNT           | 103 | KGHM METRACO                             | LUBIN                    | POL  | M-NIEPEŁNOSPRAWNI(A) | 2      | M 33 |             |              | 00:17:51 | 00:35:44.10 | 7:08   | 8.4  |
| 48   | PASIŃSKA-SKOWRON SYLWIA    | 170 | PRUSZYŃSKI SPORT TEAM-MASZYCANKA MASZYCE | SZCZODRZKOWICE           | POL  | K45-49               | 5      | K 15 |             |              | 00:17:51 | 00:36:06.80 | 7:13   | 8.3  |
| 49   | GRUSZKA MICHAŁ             | 116 | NORDIC SPORT 2021                        | LUBLINIEC                | POL  | M45-49               | 3      | M 34 |             |              | 00:17:57 | 00:36:27.05 | 7:17   | 8.2  |
| 50   | ZDRZAŁEK ALICJA            | 232 | NORDIC SPORT 2021                        | TARNOWSKIE GÓRY          | POL  | K40-44               | 5      | K 16 |             |              | 00:17:48 | 00:36:31.30 | 7:18   | 8.2  |
| 51   | SZYMAŃSKI STEFAN           | 206 | XV KOŁO PZERII W DYWITACH                | KIEŻLINY                 | POL  | M75-79               | 1      | M 35 |             |              | 00:18:04 | 00:36:32.05 | 7:18   | 8.2  |
| 52   | ZAWADZKI KRZYSZTOF         | 231 | WETERAN                                  | ZIELONA GORA             | POL  | M-NIEPEŁNOSPRAWNI(B) | 2      | M 36 |             |              | 00:18:11 | 00:36:46.90 | 7:21   | 8.2  |
| 53   | GUTOWSKA MAGDA             | 120 |                                          | MALBORK                  | POL  | K45-49               | 6      | K 17 | 1           |              | 00:18:09 | 00:36:51.65 | 7:22   | 8.1  |
| 54   | CZŁĄPSKI KRZYSZTOF         | 100 | NW CZŁĄPSKI TEAM                         | WARSZAWA                 | POL  | M55-59               | 7      | M 37 |             |              | 00:18:43 | 00:36:55.40 | 7:23   | 8.1  |
| 55   | RUDAWSKI MACIEJ            | 190 | MARSZ PO ZDROWIE                         | TRZCIEL                  | POL  | M30-39               | 5      | M 38 |             |              | 00:18:07 | 00:37:00.55 | 7:24   | 8.1  |
| 56   | POTRZEBOWSKA AGATA         | 177 | DEAF I #B3K, ŁĄCZA NAS PASJE             | BYDGOSZCZ                | POL  | K-NIEPEŁNOSPRAWNI(B) | 1      | K 18 |             |              | 00:18:23 | 00:37:04.15 | 7:24   | 8.1  |
| 57   | WALCZAK GRZEGORZ           | 215 |                                          | SUCHY LAS                | POL  | M45-49               | 4      | M 39 |             |              | 00:18:17 | 00:37:05.65 | 7:25   | 8.1  |
| 58   | DYLEWICZ WERONIKA          | 106 | EKSTREMUM                                | ŻAGAŃ                    | POL  | K18-29               | 1      | K 19 |             |              | 00:18:17 | 00:37:10.85 | 7:26   | 8.1  |
| 59   | GOŁĘBIEWSKI EDWARD         | 115 | MARSZ PO ZDROWIE                         | POBIEDZISKA              | POL  | M70-74               | 1      | M 40 |             |              | 00:18:19 | 00:37:11.95 | 7:26   | 8.1  |
| 60   | RYCHLEWSKA-SŁODOWA DANUTA  | 193 | NORDIC WALKING LUBASZ                    | LUBASZ                   | POL  | K40-44               | 6      | K 20 |             |              | 00:18:15 | 00:37:12.25 | 7:26   | 8.1  |
| 61   | WITUCKA KAROLINA           | 220 |                                          | POZNAŃ                   | POL  | K-JUN.               | 1      | K 21 |             |              | 00:18:22 | 00:37:18.15 | 7:27   | 8    |
| 62   | RUSINOWICZ ANDRZEJ         | 191 | NIEZRZESZONY PIŁA                        | PIŁA                     | POL  | M75-79               | 2      | M 41 |             |              | 00:18:31 | 00:37:25.90 | 7:29   | 8    |
| 63   | CZEKRYSEW ANDRZEJ          | 99  | SERCE NORDICA WŁOCŁAWEK                  | WŁOCŁAWEK                | POL  | M-NIEPEŁNOSPRAWNI(A) | 3      | M 42 |             |              | 00:18:31 | 00:37:27.95 | 7:29   | 8    |
| 64   | NOWAK AGATA                | 161 | NORDIC WALKING KIEKRZ POLAND             | ROKIETNICA               | POL  | K40-44               | 7      | K 22 | 1           |              | 00:18:11 | 00:37:28.40 | 7:29   | 8    |
| 65   | PANKIEWICZ EWELINA         | 167 | NORDIC SPORT 2021                        | ZAWADZKIE                | POL  | K30-39               | 4      | K 23 |             |              | 00:18:32 | 00:37:40.15 | 7:32   | 8    |
| 66   | MISKOWICZ ANNA             | 155 | MORAWIEC TRANSPORT                       | GŁOGÓWEK                 | POL  | K60-64               | 1      | K 24 |             |              | 00:18:46 | 00:37:46.80 | 7:33   | 7.9  |
| 67   | ŚLUSARCZYK GRZEGORZ        | 208 | WESOŁY BORSUK TEAM                       | PRUDNIK                  | POL  | M45-49               | 5      | M 43 |             |              | 00:18:37 | 00:37:51.40 | 7:34   | 7.9  |
| 68   | KRĘCKA IRENA               | 135 | FACE NORDIC WALKING TEAM                 | BUDOWO                   | POL  | K55-59               | 1      | K 25 |             |              | 00:18:47 | 00:37:51.50 | 7:34   | 7.9  |
| 69   | GRYGOROWICZ BOGDAN         | 118 | KGHM METRACO                             | LUBIN                    | POL  | M-NIEPEŁNOSPRAWNI(B) | 3      | M 44 |             |              | 00:18:49 | 00:37:52.05 | 7:34   | 7.9  |
| 70   | KRAWCZYK DOROTA            | 238 |                                          | PIŁA                     | POL  | K60-64               | 2      | K 26 |             |              | 00:18:42 | 00:37:58.15 | 7:35   | 7.9  |
| 71   | PRZYBYLSKA KINGA           | 183 | NORDIC WALKING KIEKRZ POLAND             | POZNAŃ                   | POL  | K55-59               | 2      | K 27 |             |              | 00:18:59 | 00:38:04.00 | 7:36   | 7.9  |
| 72   | CZMOCH MARIAN              | 101 | PUKS JEDYNKA                             | ŁOSICE                   | POL  | M70-74               | 2      | M 45 |             |              | 00:18:51 | 00:38:09.85 | 7:37   | 7.9  |
| 73   | GAŁKOWSKA ELŻBIETA         | 112 | KGHM METRACO                             | TUCZNO                   | POL  | K65-69               | 1      | K 28 |             |              | 00:19:00 | 00:38:17.95 | 7:39   | 7.8  |
| 74   | SOWIŃSKA ALICJA            | 198 | NORDIC WALKING LUBASZ                    | LUBASZ                   | POL  | K30-39               | 5      | K 29 |             |              | 00:18:50 | 00:38:31.05 | 7:42   | 7.8  |
| 75   | PUSZKARSKI ADAM            | 185 | GOSADI NORDIC TEAM                       | WARSZAWA                 | POL  | M-DZIECI             | 1      | M 46 |             |              | 00:18:32 | 00:38:32.50 | 7:42   | 7.8  |
| 76   | SZULC- MIKOŁAJCZAK MARZENA | 202 | NW WĄGROWIEC                             | WĄGROWIEC                | POL  | K30-39               | 6      | K 30 |             |              | 00:19:01 | 00:38:33.65 | 7:42   | 7.8  |
| 77   | LEGOCKA - WALCZAK KINGA    | 142 |                                          | SUCHY LAS                | POL  | K45-49               | 7      | K 31 |             |              | 00:19:06 | 00:38:34.15 | 7:42   | 7.8  |
| 78   | CIESIELSKI KRZYSZTOF       | 97  | FAST WALKER                              | GNIEZNO                  | POL  | M65-69               | 3      | M 47 |             |              | 00:19:08 | 00:38:34.35 | 7:42   | 7.8  |
| 79   | EWERTOWSKA EWA             | 107 | NORDIC WALKING KIEKRZ POLAND             | KIEKRZ                   | POL  | K50-54               | 4      | K 32 |             |              | 00:19:06 | 00:38:41.05 | 7:44   | 7.8  |
| 80   | WNEK EWA                   | 222 | KGHM METRACO                             | KŁODZKO                  | POL  | K65-69               | 2      | K 33 |             |              | 00:18:59 | 00:38:41.30 | 7:44   | 7.8  |
| 81   | BUCZKOWSKI JERZY           | 91  | KS SOKOŁ GAŚAWA                          | ŻNIN                     | POL  | M70-74               | 3      | M 48 |             |              | 00:19:03 | 00:38:45.50 | 7:45   | 7.7  |
| 82   | NIEDŹWIECKA MAŁGORZATA     | 158 | NORDIC TEAM CZĘSTOCHOWA                  | CZĘSTOCHOWA              | POL  | K65-69               | 3      | K 34 |             |              | 00:19:05 | 00:39:05.30 | 7:49   | 7.7  |
| 83   | FRANCZAK DARIUSZ           | 108 | NW CZŁĄPSKI TEAM                         | WARSZAWA                 | POL  | M55-59               | 8      | M 49 |             |              | 00:19:42 | 00:39:06.05 | 7:49   | 7.7  |
| 84   | LENARTOWICZ STANISŁAW      | 143 |                                          | STARA ŁUBIANKA           | POL  | M60-64               | 6      | M 50 |             |              | 00:19:26 | 00:39:07.55 | 7:49   | 7.7  |
| 85   | BUDNY FRANCISZEK           | 93  |                                          | OSTRÓW WLKP.             | POL  | M-DZIECI             | 2      | M 51 |             |              | 00:18:59 | 00:39:07.60 | 7:49   | 7.7  |
| 86   | BERCZYŃSKI HENRYK          | 83  | NADLEŚNICTWO OKONEK                      | OKONEK, SZCZECIŃSKA 26/7 | POL  | M65-69               | 4      | M 52 |             |              | 00:19:15 | 00:39:12.40 | 7:50   | 7.7  |
| 87   | WIERZCHOSŁAWSKI MARCEL     | 218 | SERCE NORDICA WŁOCŁAWEK                  | BRZOZA                   | POL  | M-JUN.               | 1      | M 53 |             |              | 00:19:51 | 00:39:12.95 | 7:50   | 7.7  |
| 88   | ŚLUSARCZYK KAROLINA        | 212 | WESOŁY BORSUK TEAM                       | PRUDNIK                  | POL  | K18-29               | 2      | K 35 |             |              | 00:19:01 | 00:39:13.05 | 7:50   | 7.6  |
| 89   | SZYBUT WERONIKA            | 204 | POTĘGA NORDICA                           | POTĘGOWO                 | POL  | K-DZIECI             | 1      | K 36 |             |              | 00:19:32 | 00:39:14.00 | 7:50   | 7.6  |
| 90   | NOWAK IRENA                | 240 | KKS "SKOCZEK" SKOKI                      | SKOKI                    | POL  | K55-59               | 3      | K 37 |             |              | 00:19:31 | 00:39:14.10 | 7:50   | 7.6  |
| 91   | WANDTKE ANTONI             | 216 |                                          | REDA                     | POL  | M70-74               | 4      | M 54 |             |              | 00:19:43 | 00:39:16.90 | 7:51   | 7.6  |

**ENEA POLISH NORDIC WALKING CUP - WĄGROWIEC - 5KM - 10/6, OPEN c.d.**

| M-ce | Nazwisko i imię            | Nr  | Klub                                                        | M-scowość           | Kraj | Kat.                 | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.5km    | Netto       | min/km | km/h |
|------|----------------------------|-----|-------------------------------------------------------------|---------------------|------|----------------------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 92   | PLUTO-PRĄDZYŃSKA ANNA      | 175 | SERCE NORDICA WŁOCLAWEK                                     | WŁOCLAWEK           | POL  | K30-39               | 7      | K 38 |             |              | 00:19:46 | 00:39:18.00 | 7:51   | 7.6  |
| 93   | ŚLUSARCZYK ANDRZEJ         | 209 | WESOŁY BORSUK TEAM                                          | PRUDNIK             | POL  | M70-74               | 5      | M 55 |             |              | 00:20:12 | 00:39:18.60 | 7:51   | 7.6  |
| 94   | PRACKI ZBIGNIEW            | 180 | SERCE NORDICA WŁOCLAWEK                                     | WŁOCLAWEK           | POL  | M55-59               | 9      | M 56 |             |              | 00:19:47 | 00:39:34.80 | 7:54   | 7.6  |
| 95   | DYBEŁ AGNIESZKA            | 105 | NORDIC TEAM CZĘSTOCHOWA                                     | CZĘSTOCHOWA         | POL  | K-NIEPEŁNOSPRAWNI(A) | 1      | K 39 |             |              | 00:19:32 | 00:39:36.70 | 7:55   | 7.6  |
|      |                            |     |                                                             |                     |      | )                    |        |      |             |              |          |             |        |      |
| 96   | DAROSZEWSKA KRYSZYNA       | 102 | SERCE NORDICA WŁOCLAWEK                                     | WŁOCLAWEK           | POL  | K60-64               | 3      | K 40 |             |              | 00:19:34 | 00:39:37.35 | 7:55   | 7.6  |
| 97   | BUDNY SŁAWOMIR             | 92  |                                                             | OSTRÓW WLKP.        | POL  | M-NIEPEŁNOSPRAWNI(B) | 4      | M 57 |             |              | 00:19:34 | 00:39:51.35 | 7:58   | 7.5  |
|      |                            |     |                                                             |                     |      | )                    |        |      |             |              |          |             |        |      |
| 98   | ROJTEK WALDEMAR            | 187 |                                                             | WĄGROWIEC           | POL  | M50-54               | 6      | M 58 |             |              | 00:19:16 | 00:39:55.65 | 7:59   | 7.5  |
| 99   | STAWNIAK KAROL             | 245 | KGHM METRACO                                                | ŻNIN                | POL  | M70-74               | 6      | M 59 |             |              | 00:19:56 | 00:40:01.55 | 8:00   | 7.5  |
| 100  | PIETRZAK DOROTA            | 172 | NORDIC WALKING KIEKRZ POLAND                                | KIEKRZ              | POL  | K50-54               | 5      | K 41 |             |              | 00:19:46 | 00:40:05.05 | 8:01   | 7.5  |
| 101  | JAKUBOWSKI ZBIGNIEW        | 236 |                                                             | BIĄŁYSTOK           | POL  | M70-74               | 7      | M 60 |             |              | 00:19:47 | 00:40:06.10 | 8:01   | 7.5  |
| 102  | POLCYN JULIA               | 244 | NORDIC WALKING LUBASZ                                       | LUBASZ              | POL  | K18-29               | 3      | K 42 |             |              | 00:19:47 | 00:40:11.45 | 8:02   | 7.5  |
| 103  | JÓZWIAK ŁUKASZ             | 126 | SERCE NORDICA WŁOCLAWEK                                     | WŁOCLAWEK           | POL  | M-NIEPEŁNOSPRAWNI(B) | 5      | M 61 |             |              | 00:19:56 | 00:40:19.00 | 8:03   | 7.4  |
|      |                            |     |                                                             |                     |      | )                    |        |      |             |              |          |             |        |      |
| 104  | GRYGOROWICZ TERESA         | 119 | KGHM METRACO                                                | LUBIN               | POL  | K70-74               | 1      | K 43 |             |              | 00:19:52 | 00:40:22.35 | 8:04   | 7.4  |
| 105  | REMISZEWSKI ADAM           | 186 | UTW OLEŚNICA                                                | OLEŚNICA            | POL  | M75-79               | 3      | M 62 | 1           |              | 00:19:45 | 00:40:28.55 | 8:05   | 7.4  |
| 106  | SKRZYPCZAK MACIEJ          | 197 | BIEGAJĄCY WĄGROWIEC                                         | WĄGROWIEC           | POL  | M40-44               | 5      | M 63 | 1           |              | 00:19:41 | 00:40:33.00 | 8:06   | 7.4  |
| 107  | PIETRZYK ANNA              | 173 | KLUB OLIMPIJCZYKA IM. IRENY SZEWIŃSKIEJ W KALISZU POMORSKIM | KALISZ POMORSKI     | POL  | K-NIEPEŁNOSPRAWNI(A) | 2      | K 44 |             |              | 00:19:56 | 00:40:44.65 | 8:08   | 7.4  |
|      |                            |     |                                                             |                     |      | )                    |        |      |             |              |          |             |        |      |
| 108  | KRACZKOWSKA JUSI           | 134 |                                                             | OLSZTYN             | POL  | K45-49               | 8      | K 45 |             |              | 00:20:16 | 00:41:01.75 | 8:12   | 7.3  |
| 109  | TURZYŃSKA-STOPA MARIA      | 214 | BŁĘKITNI DZIEMIANY                                          | DZIEMIANY           | POL  | K65-69               | 4      | K 46 |             |              | 00:20:17 | 00:41:03.30 | 8:12   | 7.3  |
| 110  | WIECZOREK KARINA           | 217 | CHODZĘBOLUBIĘ SZAMOCIN                                      | PIETRONKI           | POL  | K45-49               | 9      | K 47 |             |              | 00:20:33 | 00:41:12.90 | 8:14   | 7.3  |
| 111  | PLUTO-PRĄDZYŃSKA KLAUDIA   | 174 | SERCE NORDICA WŁOCLAWEK                                     | WŁOCLAWEK           | POL  | K-NIEPEŁNOSPRAWNI(B) | 2      | K 48 |             |              | 00:20:53 | 00:41:14.60 | 8:14   | 7.3  |
|      |                            |     |                                                             |                     |      | )                    |        |      |             |              |          |             |        |      |
| 112  | SIEDLECKA WERONIKA         | 243 | AKTYWNY MARGONIN                                            | MARGONIN            | POL  | K30-39               | 8      | K 49 |             |              | 00:20:14 | 00:41:15.60 | 8:15   | 7.3  |
| 113  | MACKO MICHAŁ               | 146 | WYCHODZĘ Z KIJAMI                                           | MANOWO              | POL  | M-DZIECI             | 3      | M 64 |             |              | 00:19:56 | 00:41:23.90 | 8:16   | 7.2  |
| 114  | THOMALLA BOGDAN            | 213 | EKIPA NA KIJACH                                             | ZABRZE              | POL  | M80+                 | 1      | M 65 |             |              | 00:20:43 | 00:41:47.55 | 8:21   | 7.2  |
| 115  | NOWAKOWSKA SYLWIA          | 162 |                                                             | BYDGOSZCZ           | POL  | K40-44               | 8      | K 50 |             |              | 00:20:33 | 00:41:53.05 | 8:22   | 7.2  |
| 116  | SAPUŁA WIKTORIA            | 194 | NORDIC TEAM CZĘSTOCHOWA                                     | LUBLIN              | POL  | K18-29               | 4      | K 51 |             |              | 00:20:40 | 00:42:19.60 | 8:27   | 7.1  |
| 117  | MANTAJ MONIKA              | 147 | NAMASTE OBORNIKI                                            | OBORNIKI            | POL  | K40-44               | 9      | K 52 |             |              | 00:21:29 | 00:42:23.15 | 8:28   | 7.1  |
| 118  | SZYMAŃSKA LUCYNA           | 205 | XV KOŁO PZERII W DYWITACH                                   | KIEŻLIŃNY           | POL  | K70-74               | 2      | K 53 |             |              | 00:20:34 | 00:42:26.65 | 8:29   | 7.1  |
| 119  | CHWIAŁKOWSKA IWONA         | 95  | NAMASTE OBORNIKI                                            | OBORNIKI            | POL  | K50-54               | 6      | K 54 |             |              | 00:21:32 | 00:42:40.80 | 8:32   | 7    |
| 120  | ROMANOWSKI ZBIGNIEW        | 188 |                                                             | ROGOŹNO             | POL  | M45-49               | 6      | M 66 |             |              | 00:21:17 | 00:42:44.50 | 8:32   | 7    |
| 121  | MAZUR HONORATA             | 153 |                                                             | WĄGROWIEC           | POL  | K45-49               | 10     | K 55 |             |              | 00:20:49 | 00:43:04.50 | 8:36   | 7    |
| 122  | NERC DOROTA                | 157 |                                                             | RUMIA               | POL  | K60-64               | 4      | K 56 |             |              | 00:21:14 | 00:43:06.65 | 8:37   | 7    |
| 123  | ZACHCIAŁ LILIANA           | 229 | NAMASTE OBORNIKI                                            | OBORNIKI            | POL  | K30-39               | 9      | K 57 |             |              | 00:21:44 | 00:43:08.30 | 8:37   | 7    |
| 124  | KOWALSKI MIROSŁAW          | 133 | GRYF N_W                                                    | SZCZECINEK          | POL  | M65-69               | 5      | M 67 |             |              | 00:20:46 | 00:43:13.25 | 8:38   | 6.9  |
| 125  | ANGIELCZYK MAŁGORZATA      | 81  | MARSZ PO ZDROWIE                                            | POZNAŃ              | POL  | K70-74               | 3      | K 58 |             |              | 00:21:20 | 00:43:22.60 | 8:40   | 6.9  |
| 126  | BRONIECKA MAŁGORZATA       | 241 |                                                             | WĄGROWIEC           | POL  | K40-44               | 10     | K 59 |             |              | 00:21:33 | 00:43:25.25 | 8:41   | 6.9  |
| 127  | PRZYBORKIEWICZ GOSIA       | 182 | PIERNIKI TORUŃ                                              | TORUŃ               | POL  | M-NIEPEŁNOSPRAWNI(A) | 4      | M 68 |             |              | 00:21:41 | 00:43:31.00 | 8:42   | 6.9  |
|      |                            |     |                                                             |                     |      | )                    |        |      |             |              |          |             |        |      |
| 128  | MŁODOŻYŃSKA KAROLINA       | 156 | NAMASTE OBORNIKI                                            | OBORNIKI            | POL  | K45-49               | 11     | K 60 |             |              | 00:21:48 | 00:43:39.75 | 8:43   | 6.9  |
| 129  | STENCEL ANNA               | 201 | NAMASTE OBORNIKI                                            | OBORNIKI            | POL  | K45-49               | 12     | K 61 |             |              | 00:21:50 | 00:43:40.10 | 8:44   | 6.9  |
| 130  | LACHNIK GRAZYNA            | 141 |                                                             | ARNSDORF            | GER  | K50-54               | 7      | K 62 |             |              | 00:22:05 | 00:44:07.60 | 8:49   | 6.8  |
| 131  | WORONKO-ZACZYŃSKA JANINA   | 225 | KGHM METRACO                                                | LUBIN               | POL  | K75-79               | 1      | K 63 |             |              | 00:21:58 | 00:44:23.90 | 8:52   | 6.8  |
| 132  | ŚWITAŁA MAGDALENA          | 246 |                                                             | BARANOWO            | POL  | K40-44               | 11     | K 64 |             |              | 00:21:43 | 00:44:32.05 | 8:54   | 6.7  |
| 133  | GOLECKA AGNIESZKA          | 114 |                                                             | LUBLIN              | POL  | K45-49               | 13     | K 65 |             |              | 00:22:23 | 00:44:45.20 | 8:57   | 6.7  |
| 134  | WILK IWONA                 | 219 | NORDIC SPORT 2021                                           | KATOWICE            | POL  | K45-49               | 14     | K 66 |             |              | 00:23:05 | 00:45:54.95 | 9:10   | 6.5  |
| 135  | PACHOWICZ MONIKA           | 166 | AKTYWNY MARGONIN                                            | MARGONIN            | POL  | K30-39               | 10     | K 67 |             |              | 00:23:32 | 00:45:57.05 | 9:11   | 6.5  |
| 136  | GAJEWSKA ALEKSANDRA        | 110 | MIASTO GORZÓW WIELKOPOLSKI                                  | GORZÓW WIELKOPOLSKI | POL  | K60-64               | 5      | K 68 |             |              | 00:22:52 | 00:46:19.65 | 9:15   | 6.5  |
| 137  | BUDNY STANISŁAW            | 94  |                                                             | OSTRÓW WLKP.        | POL  | M-JUN.               | 2      | M 69 |             |              | 00:23:37 | 00:46:21.90 | 9:16   | 6.5  |
| 138  | BARTEK SONIA               | 82  | BRAK                                                        | CHOMĘCICE           | POL  | K-NIEPEŁNOSPRAWNI(A) | 3      | K 69 |             |              | 00:23:20 | 00:46:29.10 | 9:17   | 6.5  |
|      |                            |     |                                                             |                     |      | )                    |        |      |             |              |          |             |        |      |
| 139  | BLASZKA MICHAŁ             | 87  | NORDIC WALKING KIEKRZ POLAND                                | ROKIETNICA          | POL  | M-NIEPEŁNOSPRAWNI(A) | 5      | M 70 |             |              | 00:22:52 | 00:46:32.30 | 9:18   | 6.4  |
|      |                            |     |                                                             |                     |      | )                    |        |      |             |              |          |             |        |      |
| 140  | PANKIEWICZ-DMOWSKA CECYLIA | 168 |                                                             | GOWINO              | POL  | K70-74               | 4      | K 70 |             |              | 00:22:19 | 00:46:32.50 | 9:18   | 6.4  |

**ENEA POLISH NORDIC WALKING CUP - WĄGROWIEC - 5KM - 10/6, OPEN c.d.**

| M-ce | Nazwisko i imię             | Nr  | Klub                                 | M-scowość  | Kraj | Kat.                 | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.5km    | Netto       | min/km | km/h |
|------|-----------------------------|-----|--------------------------------------|------------|------|----------------------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 141  | BLASZKA RYSZARD             | 88  | NORDIC WALKING KIEKRZ POLAND         | ROKIETNICA | POL  | M-NIEPEŁNOSPRAWNI(A) | 6      | M 71 |             |              | 00:22:53 | 00:46:34.45 | 9:18   | 6.4  |
| 142  | DUSZEŃKO ELWIRA             | 104 | KGHM METRACO                         | LUBIN      | POL  | K-NIEPEŁNOSPRAWNI(A) | 4      | K 71 |             |              | 00:22:50 | 00:47:00.80 | 9:24   | 6.4  |
| 143  | PLUTO-PRĄDZYŃSKI KACPER     | 176 | SERCE NORDICA WŁOCLAWEK              | WŁOCLAWEK  | POL  | M-DZIECI             | 4      | M 72 |             |              | 00:21:23 | 00:47:37.60 | 9:31   | 6.3  |
| 144  | PIĄTKOWSKI JÓZEF            | 171 | KGHM METRACO                         | POLKOWICE  | POL  | M75-79               | 4      | M 73 |             |              | 00:21:41 | 00:47:48.95 | 9:33   | 6.3  |
| 145  | WÓJCIK HENRYK               | 227 | UTW OLEŚNICA                         | OLEŚNICA   | POL  | M80+                 | 2      | M 74 |             |              | 00:23:40 | 00:47:53.25 | 9:34   | 6.3  |
| 146  | PRACKA KATARZYNA            | 179 | SERCE NORDICA WŁOCLAWEK              | WŁOCLAWEK  | POL  | K50-54               | 8      | K 72 |             |              | 00:23:53 | 00:48:00.20 | 9:36   | 6.3  |
| 147  | KOSTKIEWICZ IWONA           | 132 |                                      | STARGARD   | POL  | K45-49               | 15     | K 73 |             |              | 00:23:53 | 00:48:02.95 | 9:36   | 6.2  |
| 148  | SZYBUT ROMA                 | 203 | POTĘGA NORDICA                       | POTĘGOWO   | POL  | K30-39               | 11     | K 74 |             |              | 00:23:56 | 00:48:43.85 | 9:44   | 6.2  |
| 149  | ŚLUSARCZYK DANUTA           | 211 | WESOŁY BORSUK TEAM                   | PRUDNIK    | POL  | K70-74               | 5      | K 75 |             |              | 00:23:56 | 00:49:03.90 | 9:48   | 6.1  |
| 150  | DZIUBA-JANKOWSKA MAŁGORZATA | 13  |                                      | BUDZIEJEWO | POL  | K55-59               | 4      | K 76 |             |              | 00:24:16 | 00:49:11.40 | 9:50   | 6.1  |
| 151  | JEZIEBSKA MAGDALENA         | 124 | WĄGROWIECKIE TOWARZYSTWO 'AMAZONEK ' | WĄGROWIEC  | POL  | K-NIEPEŁNOSPRAWNI(B) | 3      | K 77 |             |              | 00:24:16 | 00:49:11.45 | 9:50   | 6.1  |
| 152  | MARIA KOLIŃSKA              | 150 |                                      | WĄGROWIEC  | POL  | K-NIEPEŁNOSPRAWNI(B) | 4      | K 78 |             |              | 00:25:41 | 00:50:42.80 | 10:08  | 5.9  |
| 153  | ŚLUSARCZYK BŁAŻEJ           | 210 | WESOŁY BORSUK TEAM                   | PRUDNIK    | POL  | M-DZIECI             | 5      | M 75 |             |              | 00:26:50 | 00:52:57.40 | 10:35  | 5.7  |
| 154  | PRZYBORKIEWICZ MAJA         | 181 | PIERNIKI TORUŃ                       | TORUŃ      | POL  | K-DZIECI             | 2      | K 79 |             |              | 00:26:44 | 00:54:29.65 | 10:53  | 5.5  |
| DQ   | MARCINIAK ANNA              | 148 | AKTYWNA KCYNIA                       | KCYNIA     | POL  | K40-44               | DQ     | DQ   |             | 1            | 00:18:45 | 00:38:06.35 | 0:00   | 7.9  |
|      |                             |     |                                      |            |      |                      |        |      |             |              | DQ       | DQ          |        |      |

**ENEA POLISH NORDIC WALKING CUP - WĄGROWIEC - 5KM - 10/6, Kobiety**

| M-ce | Nazwisko i imię             | Nr  | Klub                            | M-scowość       | Kraj | Kat.                 | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.5km    | Netto       | min/km | km/h |
|------|-----------------------------|-----|---------------------------------|-----------------|------|----------------------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 1    | WILUSZ ERWINA               | 237 | VINGBERG POLSKA PTG             | IWONICZ-ZDRÓJ   | POL  | K30-39               | 1      | K 1  |             |              | 00:15:26 | 00:31:26.45 | 6:17   | 9.5  |
| 2    | ZACZYŃSKA-SKIBA ANNA        | 230 | KGHM METRACO                    | LEGNICA         | POL  | K40-44               | 1      | K 2  |             |              | 00:16:19 | 00:32:59.60 | 6:35   | 9.1  |
| 3    | BIELECKA ZUZANNA            | 86  | NW CZŁAPSKI TEAM                | WARSZAWA        | POL  | K40-44               | 2      | K 3  |             |              | 00:16:26 | 00:33:34.05 | 6:42   | 8.9  |
| 4    | STACHOWICZ JOANNA           | 199 | BŁĘKITNI DZIEMIANY              | DZIEMIANY       | POL  | K30-39               | 2      | K 4  |             |              | 00:16:39 | 00:33:51.50 | 6:46   | 8.9  |
| 5    | LUDWICZAK ANDŻELIKA         | 145 | EKSPEDYCJA NORDIC TEAM SZCZECIN | SZCZECIN        | POL  | K45-49               | 1      | K 5  |             |              | 00:16:53 | 00:34:01.80 | 6:48   | 8.8  |
| 6    | KARPIENIA EWA               | 128 | EKSPEDYCJA NORDIC TEAM SZCZECIN | SZCZECIN        | POL  | K50-54               | 1      | K 6  |             |              | 00:16:48 | 00:34:13.50 | 6:50   | 8.8  |
| 7    | WOJTCZAK URSZULA            | 242 | CZAPELKI                        | CZAPLINEK       | POL  | K40-44               | 3      | K 7  |             |              | 00:16:59 | 00:34:15.50 | 6:51   | 8.8  |
| 8    | MAŚLANKA IWONA              | 151 | MARSZ PO ZDROWIE                | ŚMIGIEL         | POL  | K50-54               | 2      | K 8  |             |              | 00:16:55 | 00:34:31.95 | 6:54   | 8.7  |
| 9    | RAJEK MAGDALENA             | 233 | NORDIC TEAM CZĘSTOCHOWA         | CZĘSTOCHOWA     | POL  | K45-49               | 2      | K 9  |             |              | 00:17:27 | 00:34:59.65 | 6:59   | 8.6  |
| 10   | OKRZESIK-FRĄCKOWIAK IZABELA | 163 | EKSPEDYCJA NORDIC TEAM SZCZECIN | WIELEŃ          | POL  | K50-54               | 3      | K 10 |             |              | 00:17:13 | 00:35:05.85 | 7:01   | 8.6  |
| 11   | KWECZKA-JANECZEK ANNA       | 140 | NORDIC TEAM CZĘSTOCHOWA         | CZĘSTOCHOWA     | POL  | K40-44               | 4      | K 11 |             |              | 00:17:02 | 00:35:06.10 | 7:01   | 8.5  |
| 12   | PUSZKARSKA MAŁGORZATA       | 184 | GOSADI NORDIC TEAM              | WARSZAWA        | POL  | K45-49               | 3      | K 12 |             |              | 00:17:25 | 00:35:15.20 | 7:03   | 8.5  |
| 13   | JÓŻWIAK MARIANNA            | 125 | SERCE NORDICA WŁOCLAWEK         | WŁOCLAWEK       | POL  | K45-49               | 4      | K 13 |             |              | 00:17:27 | 00:35:22.30 | 7:04   | 8.5  |
| 14   | JANY KATARZYNA              | 123 | NORDIC WALKING LUBASZ           | CZARNKÓW        | POL  | K30-39               | 3      | K 14 |             |              | 00:17:41 | 00:35:29.35 | 7:05   | 8.5  |
| 15   | PASIŃSKA-SKOWRON SYLWIA     | 170 | PRUSZYŃSKI SPORT TEAM-MASZYCE   | SZCZODRÓWICE    | POL  | K45-49               | 5      | K 15 |             |              | 00:17:51 | 00:36:06.80 | 7:13   | 8.3  |
| 16   | ZDRZĄŁEK ALICJA             | 232 | NORDIC SPORT 2021               | TARNOWSKIE GÓRY | POL  | K40-44               | 5      | K 16 |             |              | 00:17:48 | 00:36:31.30 | 7:18   | 8.2  |
| 17   | GUTOWSKA MAGDA              | 120 |                                 | MALBORK         | POL  | K45-49               | 6      | K 17 | 1           |              | 00:18:09 | 00:36:51.65 | 7:22   | 8.1  |
| 18   | POTRZEBOWSKA AGATA          | 177 | DEAF I #B3K, ŁĄCZA NAS PASJE    | BYDGOSZCZ       | POL  | K-NIEPEŁNOSPRAWNI(B) | 1      | K 18 |             |              | 00:18:23 | 00:37:04.15 | 7:24   | 8.1  |
| 19   | DYLEWICZ WERONIKA           | 106 | EKSTREMUM                       | ŻAGAŃ           | POL  | K18-29               | 1      | K 19 |             |              | 00:18:17 | 00:37:10.85 | 7:26   | 8.1  |
| 20   | RYCHLEWSKA-SŁODOWA DANUTA   | 193 | NORDIC WALKING LUBASZ           | LUBASZ          | POL  | K40-44               | 6      | K 20 |             |              | 00:18:15 | 00:37:12.25 | 7:26   | 8.1  |
| 21   | WITUCKA KAROLINA            | 220 |                                 | POZNAŃ          | POL  | K-JUN.               | 1      | K 21 |             |              | 00:18:22 | 00:37:18.15 | 7:27   | 8    |
| 22   | NOWAK AGATA                 | 161 | NORDIC WALKING KIEKRZ POLAND    | ROKIETNICA      | POL  | K40-44               | 7      | K 22 | 1           |              | 00:18:11 | 00:37:28.40 | 7:29   | 8    |
| 23   | PANKIEWICZ EWELINA          | 167 | NORDIC SPORT 2021               | ZAWADZKIE       | POL  | K30-39               | 4      | K 23 |             |              | 00:18:32 | 00:37:40.15 | 7:32   | 8    |
| 24   | MIŚKOWICZ ANNA              | 155 | MORAWIEC TRANSPORT              | GŁOGÓWEK        | POL  | K60-64               | 1      | K 24 |             |              | 00:18:46 | 00:37:46.80 | 7:33   | 7.9  |
| 25   | KRĘCKA IRENA                | 135 | FACE NORDIC WALKING TEAM        | BUDOWO          | POL  | K55-59               | 1      | K 25 |             |              | 00:18:47 | 00:37:51.50 | 7:34   | 7.9  |
| 26   | KRAWCZYK DOROTA             | 238 |                                 | PIŁA            | POL  | K60-64               | 2      | K 26 |             |              | 00:18:42 | 00:37:58.15 | 7:35   | 7.9  |
| 27   | PRZYBYLSKA KINGA            | 183 | NORDIC WALKING KIEKRZ POLAND    | POZNAŃ          | POL  | K55-59               | 2      | K 27 |             |              | 00:18:59 | 00:38:04.00 | 7:36   | 7.9  |

**ENEA POLISH NORDIC WALKING CUP - WĄGROWIEC - 5KM - 10/6, Kobiety c.d.**

| M-ce | Nazwisko i imię             | Nr  | Klub                                                        | M-scowość           | Kraj | Kat.                  | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.5km    | Netto       | min/km | km/h |
|------|-----------------------------|-----|-------------------------------------------------------------|---------------------|------|-----------------------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 28   | GAŁKOWSKA ELŻBIETA          | 112 | KGHM METRACO                                                | TUCZNO              | POL  | K65-69                | 1      | K 28 |             |              | 00:19:00 | 00:38:17.95 | 7:39   | 7.8  |
| 29   | SOWIŃSKA ALICJA             | 198 | NORDIC WALKING LUBASZ                                       | LUBASZ              | POL  | K30-39                | 5      | K 29 |             |              | 00:18:50 | 00:38:31.05 | 7:42   | 7.8  |
| 30   | SZULC- MIKOŁAJCZAK MARZENA  | 202 | NW WĄGROWIEC                                                | WĄGROWIEC           | POL  | K30-39                | 6      | K 30 |             |              | 00:19:01 | 00:38:33.65 | 7:42   | 7.8  |
| 31   | LEGOCKA - WALCZAK KINGA     | 142 |                                                             | SUCHY LAS           | POL  | K45-49                | 7      | K 31 |             |              | 00:19:06 | 00:38:34.15 | 7:42   | 7.8  |
| 32   | EWERTOWSKA EWA              | 107 | NORDIC WALKING KIEKRZ POLAND                                | KIEKRZ              | POL  | K50-54                | 4      | K 32 |             |              | 00:19:06 | 00:38:41.05 | 7:44   | 7.8  |
| 33   | WNEK EWA                    | 222 | KGHM METRACO                                                | KŁODZKO             | POL  | K65-69                | 2      | K 33 |             |              | 00:18:59 | 00:38:41.30 | 7:44   | 7.8  |
| 34   | NIEDŹWIECKA MAŁGORZATA      | 158 | NORDIC TEAM CZĘSTOCHOWA                                     | CZĘSTOCHOWA         | POL  | K65-69                | 3      | K 34 |             |              | 00:19:05 | 00:39:05.30 | 7:49   | 7.7  |
| 35   | ŚLUSARCZYK KAROLINA         | 212 | WESOŁY BORSUK TEAM                                          | PRUDNIK             | POL  | K18-29                | 2      | K 35 |             |              | 00:19:01 | 00:39:13.05 | 7:50   | 7.6  |
| 36   | SZYBUT WERONIKA             | 204 | POTĘGA NORDICA                                              | POTĘGOWO            | POL  | K-DZIECI              | 1      | K 36 |             |              | 00:19:32 | 00:39:14.00 | 7:50   | 7.6  |
| 37   | NOWAK IRENA                 | 240 | KKS "SKOCZEK" SKOKI                                         | SKOKI               | POL  | K55-59                | 3      | K 37 |             |              | 00:19:31 | 00:39:14.10 | 7:50   | 7.6  |
| 38   | PLUTO-PRĄDZYŃSKA ANNA       | 175 | SERCE NORDICA WŁOCLĄWEK                                     | WŁOCLĄWEK           | POL  | K30-39                | 7      | K 38 |             |              | 00:19:46 | 00:39:18.00 | 7:51   | 7.6  |
| 39   | DYBEŁ AGNIESZKA             | 105 | NORDIC TEAM CZĘSTOCHOWA                                     | CZĘSTOCHOWA         | POL  | K-NIEPEŁNOSPRAWNI(A ) | 1      | K 39 |             |              | 00:19:32 | 00:39:36.70 | 7:55   | 7.6  |
| 40   | DAROSZEWSKA KRYSTYNA        | 102 | SERCE NORDICA WŁOCLĄWEK                                     | WŁOCLĄWEK           | POL  | K60-64                | 3      | K 40 |             |              | 00:19:34 | 00:39:37.35 | 7:55   | 7.6  |
| 41   | PIETRZAK DOROTA             | 172 | NORDIC WALKING KIEKRZ POLAND                                | KIEKRZ              | POL  | K50-54                | 5      | K 41 |             |              | 00:19:46 | 00:40:05.05 | 8:01   | 7.5  |
| 42   | POLCYN JULIA                | 244 | NORDIC WALKING LUBASZ                                       | LUBASZ              | POL  | K18-29                | 3      | K 42 |             |              | 00:19:47 | 00:40:11.45 | 8:02   | 7.5  |
| 43   | GRYGOROWICZ TERESA          | 119 | KGHM METRACO                                                | LUBIN               | POL  | K70-74                | 1      | K 43 |             |              | 00:19:52 | 00:40:22.35 | 8:04   | 7.4  |
| 44   | PIETRZYK ANNA               | 173 | KLUB OLIMPIJCZYKA IM. IRENY SZEWIŃSKIEJ W KALISZU POMORSKIM | KALISZ POMORSKI     | POL  | K-NIEPEŁNOSPRAWNI(A ) | 2      | K 44 |             |              | 00:19:56 | 00:40:44.65 | 8:08   | 7.4  |
| 45   | KRACZKOWSKA JUSI            | 134 |                                                             | OLSZTYN             | POL  | K45-49                | 8      | K 45 |             |              | 00:20:16 | 00:41:01.75 | 8:12   | 7.3  |
| 46   | TURZYŃSKA-STOPA MARIA       | 214 | BŁĘKITNI DZIEMIANY                                          | DZIEMIANY           | POL  | K65-69                | 4      | K 46 |             |              | 00:20:17 | 00:41:03.30 | 8:12   | 7.3  |
| 47   | WIECZOREK KARINA            | 217 | CHODZĘBOLUBIĘ SZAMOCIN                                      | PIETRONKI           | POL  | K45-49                | 9      | K 47 |             |              | 00:20:33 | 00:41:12.90 | 8:14   | 7.3  |
| 48   | PLUTO-PRĄDZYŃSKA KLAUDIA    | 174 | SERCE NORDICA WŁOCLĄWEK                                     | WŁOCLĄWEK           | POL  | K-NIEPEŁNOSPRAWNI(B ) | 2      | K 48 |             |              | 00:20:53 | 00:41:14.60 | 8:14   | 7.3  |
| 49   | SIEDLECKA WERONIKA          | 243 | AKTYWNY MARGONIN                                            | MARGONIN            | POL  | K30-39                | 8      | K 49 |             |              | 00:20:14 | 00:41:15.60 | 8:15   | 7.3  |
| 50   | NOWAKOWSKA SYLWIA           | 162 |                                                             | BYDGOSZCZ           | POL  | K40-44                | 8      | K 50 |             |              | 00:20:33 | 00:41:53.05 | 8:22   | 7.2  |
| 51   | SAPUŁA WIKTORIA             | 194 | NORDIC TEAM CZĘSTOCHOWA                                     | LUBLIN              | POL  | K18-29                | 4      | K 51 |             |              | 00:20:40 | 00:42:19.60 | 8:27   | 7.1  |
| 52   | MANTAJ MONIKA               | 147 | NAMASTE OBORNIKI                                            | OBORNIKI            | POL  | K40-44                | 9      | K 52 |             |              | 00:21:29 | 00:42:23.15 | 8:28   | 7.1  |
| 53   | SZYMAŃSKA LUCYNA            | 205 | XV KOŁO PZERII W DWYTACH                                    | KIEŻLINY            | POL  | K70-74                | 2      | K 53 |             |              | 00:20:34 | 00:42:26.65 | 8:29   | 7.1  |
| 54   | CHWIAŁKOWSKA IWONA          | 95  | NAMASTE OBORNIKI                                            | OBORNIKI            | POL  | K50-54                | 6      | K 54 |             |              | 00:21:32 | 00:42:40.80 | 8:32   | 7    |
| 55   | MAZUR HONORATA              | 153 |                                                             | WĄGROWIEC           | POL  | K45-49                | 10     | K 55 |             |              | 00:20:49 | 00:43:04.50 | 8:36   | 7    |
| 56   | NERC DOROTA                 | 157 |                                                             | RUMIA               | POL  | K60-64                | 4      | K 56 |             |              | 00:21:14 | 00:43:06.65 | 8:37   | 7    |
| 57   | ZACHCIAŁ LILIANA            | 229 | NAMASTE OBORNIKI                                            | OBORNIKI            | POL  | K30-39                | 9      | K 57 |             |              | 00:21:44 | 00:43:08.30 | 8:37   | 7    |
| 58   | ANGIELCZYK MAŁGORZATA       | 81  | MARSZ PO ZDROWIE                                            | POZNAŃ              | POL  | K70-74                | 3      | K 58 |             |              | 00:21:20 | 00:43:22.60 | 8:40   | 6.9  |
| 59   | BRONIECKA MAŁGORZATA        | 241 |                                                             | WĄGROWIEC           | POL  | K40-44                | 10     | K 59 |             |              | 00:21:33 | 00:43:25.25 | 8:41   | 6.9  |
| 60   | MŁODOŻYŃSKA KAROLINA        | 156 | NAMASTE OBORNIKI                                            | OBORNIKI            | POL  | K45-49                | 11     | K 60 |             |              | 00:21:48 | 00:43:39.75 | 8:43   | 6.9  |
| 61   | STENCEL ANNA                | 201 | NAMASTE OBORNIKI                                            | OBORNIKI            | POL  | K45-49                | 12     | K 61 |             |              | 00:21:50 | 00:43:40.10 | 8:44   | 6.9  |
| 62   | LACHNIK GRAZYNA             | 141 |                                                             | ARNSDORF            | GER  | K50-54                | 7      | K 62 |             |              | 00:22:05 | 00:44:07.60 | 8:49   | 6.8  |
| 63   | WORONKO-ZACZYŃSKA JANINA    | 225 | KGHM METRACO                                                | LUBIN               | POL  | K75-79                | 1      | K 63 |             |              | 00:21:58 | 00:44:23.90 | 8:52   | 6.8  |
| 64   | ŚWITAŁA MAGDALENA           | 246 |                                                             | BARANOWO            | POL  | K40-44                | 11     | K 64 |             |              | 00:21:43 | 00:44:32.05 | 8:54   | 6.7  |
| 65   | GOLECKA AGNIESZKA           | 114 |                                                             | LUBLIN              | POL  | K45-49                | 13     | K 65 |             |              | 00:22:23 | 00:44:45.20 | 8:57   | 6.7  |
| 66   | WILK IWONA                  | 219 | NORDIC SPORT 2021                                           | KATOWICE            | POL  | K45-49                | 14     | K 66 |             |              | 00:23:05 | 00:45:54.95 | 9:10   | 6.5  |
| 67   | PACHOWICZ MONIKA            | 166 | AKTYWNY MARGONIN                                            | MARGONIN            | POL  | K30-39                | 10     | K 67 |             |              | 00:23:32 | 00:45:57.05 | 9:11   | 6.5  |
| 68   | GAJEWSKA ALEKSANDRA         | 110 | MIASTO GORZÓW WIELKOPOLSKI                                  | GORZÓW WIELKOPOLSKI | POL  | K60-64                | 5      | K 68 |             |              | 00:22:52 | 00:46:19.65 | 9:15   | 6.5  |
| 69   | BARTEK SONIA                | 82  | BRAK                                                        | CHOMĘCICE           | POL  | K-NIEPEŁNOSPRAWNI(A ) | 3      | K 69 |             |              | 00:23:20 | 00:46:29.10 | 9:17   | 6.5  |
| 70   | PANKIEWICZ-DMOWSKA CECYLIA  | 168 |                                                             | GOWINO              | POL  | K70-74                | 4      | K 70 |             |              | 00:22:19 | 00:46:32.50 | 9:18   | 6.4  |
| 71   | DUSZEŃKO ELWIRA             | 104 | KGHM METRACO                                                | LUBIN               | POL  | K-NIEPEŁNOSPRAWNI(A ) | 4      | K 71 |             |              | 00:22:50 | 00:47:00.80 | 9:24   | 6.4  |
| 72   | PRACKA KATARZYNA            | 179 | SERCE NORDICA WŁOCLĄWEK                                     | WŁOCLĄWEK           | POL  | K50-54                | 8      | K 72 |             |              | 00:23:53 | 00:48:00.20 | 9:36   | 6.3  |
| 73   | KOSTKIEWICZ IWONA           | 132 |                                                             | STARGARD            | POL  | K45-49                | 15     | K 73 |             |              | 00:23:53 | 00:48:02.95 | 9:36   | 6.2  |
| 74   | SZYBUT ROMA                 | 203 | POTĘGA NORDICA                                              | POTĘGOWO            | POL  | K30-39                | 11     | K 74 |             |              | 00:23:56 | 00:48:43.85 | 9:44   | 6.2  |
| 75   | ŚLUSARCZYK DANUTA           | 211 | WESOŁY BORSUK TEAM                                          | PRUDNIK             | POL  | K70-74                | 5      | K 75 |             |              | 00:23:56 | 00:49:03.90 | 9:48   | 6.1  |
| 76   | DZIUBA-JANKOWSKA MAŁGORZATA | 13  |                                                             | BUDZIEJEWO          | POL  | K55-59                | 4      | K 76 |             |              | 00:24:16 | 00:49:11.40 | 9:50   | 6.1  |

# **ENEA POLISH NORDIC WALKING CUP - WĄGROWIEC - 5KM - 10/6, Kobiety c.d.**

| M-ce | Nazwisko i imię     | Nr  | Klub                                | M-scowość | Kraj | Kat.                 | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.5km    | Netto       | min/km | km/h |
|------|---------------------|-----|-------------------------------------|-----------|------|----------------------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 77   | JEZIEWSKA MAGDALENA | 124 | WĄGROWIECKIE TOWARZYSTWO 'AMAZONEK' | WĄGROWIEC | POL  | K-NIEPEŁNOSPRAWNI(B) | 3      | K 77 |             |              | 00:24:16 | 00:49:11.45 | 9:50   | 6.1  |
| 78   | MARIA KOLIŃSKA      | 150 |                                     | WĄGROWIEC | POL  | K-NIEPEŁNOSPRAWNI(B) | 4      | K 78 |             |              | 00:25:41 | 00:50:42.80 | 10:08  | 5.9  |
| 79   | PRZYBORKIEWICZ MAJA | 181 | PIERNIKI TORUŃ                      | TORUŃ     | POL  | K-DZIECI             | 2      | K 79 |             |              | 00:26:44 | 00:54:29.65 | 10:53  | 5.5  |
| DQ   | MARCINIAK ANNA      | 148 | AKTYWNA KCYNIA                      | KCYNIA    | POL  | K40-44               | DQ     | DQ   |             | 1            | 00:18:45 | DQ          | 0:00   | 7.9  |
|      |                     |     |                                     |           |      |                      |        |      |             |              | DQ       |             |        |      |

# **ENEA POLISH NORDIC WALKING CUP - WĄGROWIEC - 5KM - 10/6, Mężczyźni**

| M-ce | Nazwisko i imię       | Nr  | Klub                            | M-scowość           | Kraj | Kat.                 | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.5km    | Netto       | min/km | km/h |
|------|-----------------------|-----|---------------------------------|---------------------|------|----------------------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 1    | WITUCKI JACEK         | 221 |                                 | POZNAŃ              | POL  | M50-54               | 1      | M 1  |             |              | 00:14:37 | 00:29:32.10 | 5:54   | 10.2 |
| 2    | MARCZAK TOMASZ        | 149 | NORDIC TEAM CZĘSTOCHOWA         | ALEKSANDRIA I       | POL  | M18-29               | 1      | M 2  |             |              | 00:14:37 | 00:29:43.50 | 5:56   | 10.1 |
| 3    | CYRUS BOGDAN          | 234 | SILESIA NORDIC TEAM             | STRZEBIN            | POL  | M50-54               | 2      | M 3  |             |              | 00:14:41 | 00:29:48.05 | 5:57   | 10.1 |
| 4    | WOJTOWICZ TOMASZ      | 235 | ZT POLSKA                       | WIDACZ              | POL  | M30-39               | 1      | M 4  |             |              | 00:14:41 | 00:30:09.35 | 6:01   | 10   |
| 5    | SKIBA KRZYSZTOF       | 196 | KGHM METRACO                    | LEGNICA             | POL  | M60-64               | 1      | M 5  |             |              | 00:15:38 | 00:31:25.20 | 6:17   | 9.5  |
| 6    | ROŻYNEK MIRON         | 189 | KGHM METRACO                    | WROCŁAW             | POL  | M55-59               | 1      | M 6  |             |              | 00:15:31 | 00:31:33.50 | 6:18   | 9.5  |
| 7    | LUDWICZAK DARIUSZ     | 144 | EKSPEDYCJA NORDIC TEAM SZCZECIN | SZCZECIN            | POL  | M50-54               | 3      | M 7  |             |              | 00:15:43 | 00:31:42.90 | 6:20   | 9.5  |
| 8    | WOROCZ ROMAN          | 224 | KGHM METRACO                    | DOPIEWO             | POL  | M60-64               | 2      | M 8  |             |              | 00:15:47 | 00:31:47.15 | 6:21   | 9.4  |
| 9    | OLSZAŃSKI KAROL       | 165 | FEAR THE RETURN                 | KRAKÓW              | POL  | M45-49               | 1      | M 9  |             |              | 00:15:36 | 00:32:00.90 | 6:24   | 9.4  |
| 10   | BIBKO MARTIN          | 85  | SPEEDBAR                        | KOSICE              | SVK  | M45-49               | 2      | M 10 |             |              | 00:15:45 | 00:32:23.90 | 6:28   | 9.3  |
| 11   | HELWICH STEFAN        | 122 | KGHM METRACO                    | WIELEN              | POL  | M65-69               | 1      | M 11 |             |              | 00:16:13 | 00:32:27.40 | 6:29   | 9.2  |
| 12   | MAŚLANKA JACEK        | 152 | EKSPEDYCJA NORDIC TEAM SZCZECIN | SŁUPSK              | POL  | M55-59               | 2      | M 12 | 1           |              | 00:16:00 | 00:32:27.60 | 6:29   | 9.2  |
| 13   | BRZOZOWSKI PIOTR      | 239 | AKTYWNI POSTOMINO               | SŁAWNO              | POL  | M30-39               | 2      | M 13 |             |              | 00:15:54 | 00:32:33.35 | 6:30   | 9.2  |
| 14   | FRĄCKOWIAK ROMAN      | 109 | EKSPEDYCJA NORDIC TEAM SZCZECIN | ROSKO               | POL  | M50-54               | 4      | M 14 |             |              | 00:16:00 | 00:32:36.50 | 6:31   | 9.2  |
| 15   | GAJEWSKI EUGENIUSZ    | 111 | KGHM METRACO                    | GORZÓW WIELKOPOLSKI | POL  | M65-69               | 2      | M 15 |             |              | 00:16:14 | 00:33:08.10 | 6:37   | 9.1  |
| 16   | WOJTASIŃSKI DANIEL    | 223 | NORDIC TEAM CZĘSTOCHOWA         | CZĘSTOCHOWA         | POL  | M40-44               | 1      | M 16 |             |              | 00:16:08 | 00:33:14.70 | 6:38   | 9    |
| 17   | PARZYBUT JAN          | 169 | POSTĘP PNIEWY TEAM              | PNIEWY              | POL  | M55-59               | 3      | M 17 |             |              | 00:16:36 | 00:33:14.85 | 6:38   | 9    |
| 18   | BREWKA JOACHIM        | 90  | NORDIC SPORT 2021               | LUBLINIEC           | POL  | M55-59               | 4      | M 18 | 1           |              | 00:16:38 | 00:33:19.75 | 6:39   | 9    |
| 19   | NOSAL MAREK           | 159 |                                 | LUBLIN              | POL  | M50-54               | 5      | M 19 | 1           |              | 00:16:43 | 00:33:37.05 | 6:43   | 8.9  |
| 20   | MISZTAŁ GRZEGORZ      | 154 | MASZYCANKA MASZYCE              | SUŁKOWICE           | POL  | M30-39               | 3      | M 20 |             |              | 00:16:30 | 00:33:46.65 | 6:45   | 8.9  |
| 21   | ŚLUSARCZYK MARCIN     | 207 | WESOŁY BORSUK TEAM              | PRUDNIK             | POL  | M40-44               | 2      | M 21 |             |              | 00:16:42 | 00:34:12.00 | 6:50   | 8.8  |
| 22   | STANISŁAWSKI JAN      | 200 | NORDIC WALKING KIEKRZ POLAND    | POZNAN              | POL  | M60-64               | 3      | M 22 |             |              | 00:16:52 | 00:34:23.00 | 6:52   | 8.7  |
| 23   | GIERSZEWSKI ARKADIUSZ | 113 | BŁĘKITNI DZIEMIANY              | DZIEMIANY           | POL  | M40-44               | 3      | M 23 |             |              | 00:17:07 | 00:34:27.75 | 6:53   | 8.7  |
| 24   | KRUGIOŁKA GRZEGORZ    | 138 | AKTYWNI W PNIEWACH              | PNIEWY              | POL  | M40-44               | 4      | M 24 |             |              | 00:17:07 | 00:34:28.45 | 6:53   | 8.7  |
| 25   | KŁAWCZYŃSKI MARCIN    | 129 |                                 | PNIEWY              | POL  | M30-39               | 4      | M 25 |             |              | 00:17:02 | 00:34:32.05 | 6:54   | 8.7  |
| 26   | POTRZEBOWSKI MAREK    | 178 | DEAF I #B3K, ŁĄCZA NAS PASJE    | BYDGOSZCZ           | POL  | M-NIEPEŁNOSPRAWNI(B) | 1      | M 26 |             |              | 00:17:17 | 00:34:47.00 | 6:57   | 8.6  |
| 27   | CIEŚLUK MARCIN        | 98  | NORDIC TEAM CZĘSTOCHOWA         | CZĘSTOCHOWA         | POL  | M-NIEPEŁNOSPRAWNI(A) | 1      | M 27 |             |              | 00:17:15 | 00:34:51.10 | 6:58   | 8.6  |
| 28   | GRUSZKA MICHAŁ        | 117 | NORDIC SPORT 2021               | LUBLINIEC           | POL  | M18-29               | 2      | M 28 |             |              | 00:17:10 | 00:35:10.95 | 7:02   | 8.5  |
| 29   | NOWAK WIESŁAW         | 160 | UKS 'SKOCZEK' SKOKI             | SKOKI               | POL  | M60-64               | 4      | M 29 |             |              | 00:17:15 | 00:35:17.05 | 7:03   | 8.5  |
| 30   | KOP WIESŁAW           | 130 | DAJ RADOŚĆ NIEPEŁNOSPRAWNYM     | PIŁA                | POL  | M55-59               | 5      | M 30 |             |              | 00:17:20 | 00:35:18.40 | 7:03   | 8.5  |
| 31   | KROMSKI PAWEŁ         | 137 | NORDIC WALKING KIEKRZ POLAND    | KIEKRZ              | POL  | M55-59               | 6      | M 31 |             |              | 00:17:25 | 00:35:29.30 | 7:05   | 8.5  |
| 32   | KRIGER ROMAN          | 136 | MAPEI POLSKA                    | PAPOWO TORUŃSKIE    | POL  | M60-64               | 5      | M 32 |             |              | 00:17:20 | 00:35:37.10 | 7:07   | 8.4  |
| 33   | DUSZEŃKO ZYGMUNT      | 103 | KGHM METRACO                    | LUBIN               | POL  | M-NIEPEŁNOSPRAWNI(A) | 2      | M 33 |             |              | 00:17:51 | 00:35:44.10 | 7:08   | 8.4  |
| 34   | GRUSZKA MICHAŁ        | 116 | NORDIC SPORT 2021               | LUBLINIEC           | POL  | M45-49               | 3      | M 34 |             |              | 00:17:57 | 00:36:27.05 | 7:17   | 8.2  |
| 35   | SZYMAŃSKI STEFAN      | 206 | XV KOŁO PZERII W DYWITACH       | KIEŻLINY            | POL  | M75-79               | 1      | M 35 |             |              | 00:18:04 | 00:36:32.05 | 7:18   | 8.2  |
| 36   | ZAWADZKI KRZYSZTOF    | 231 | WETERAN                         | ZIELONA GÓRA        | POL  | M-NIEPEŁNOSPRAWNI(B) | 2      | M 36 |             |              | 00:18:11 | 00:36:46.90 | 7:21   | 8.2  |
| 37   | CZŁĄPSKI KRZYSZTOF    | 100 | NW CZŁĄPSKI TEAM                | WARSZAWA            | POL  | M55-59               | 7      | M 37 |             |              | 00:18:43 | 00:36:55.40 | 7:23   | 8.1  |
| 38   | RUDAWSKI MACIEJ       | 190 | MARSZ PO ZDROWIE                | TRZCIEL             | POL  | M30-39               | 5      | M 38 |             |              | 00:18:07 | 00:37:00.55 | 7:24   | 8.1  |
| 39   | WALCZAK GRZEGORZ      | 215 |                                 | SUCHY LAS           | POL  | M45-49               | 4      | M 39 |             |              | 00:18:17 | 00:37:05.65 | 7:25   | 8.1  |
| 40   | GOŁĘBIEWSKI EDWARD    | 115 | MARSZ PO ZDROWIE                | POBIEDZISKA         | POL  | M70-74               | 1      | M 40 |             |              | 00:18:19 | 00:37:11.95 | 7:26   | 8.1  |
| 41   | RUSINOWICZ ANDRZEJ    | 191 | NIEZRZESZONY PIŁA               | PIŁA                | POL  | M75-79               | 2      | M 41 |             |              | 00:18:31 | 00:37:25.90 | 7:29   | 8    |

**ENEA POLISH NORDIC WALKING CUP - WĄGROWIEC - 5KM - 10/6, Mężczyźni c.d.**

| M-ce | Nazwisko i imię         | Nr  | Klub                         | M-scowość                | Kraj | Kat.                 | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.5km    | Netto       | min/km | km/h |
|------|-------------------------|-----|------------------------------|--------------------------|------|----------------------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 42   | CZEKRYSEW ANDRZEJ       | 99  | SERCE NORDICA WŁOCLAWEK      | WŁOCLAWEK                | POL  | M-NIEPEŁNOSPRAWNI(A) | 3      | M 42 |             |              | 00:18:31 | 00:37:27.95 | 7:29   | 8    |
| 43   | ŚLUSARCZYK GRZEGORZ     | 208 | WESOŁY BORSUK TEAM           | PRUDNIK                  | POL  | M45-49               | 5      | M 43 |             |              | 00:18:37 | 00:37:51.40 | 7:34   | 7.9  |
| 44   | GRYGOROWICZ BOGDAN      | 118 | KGHM METRACO                 | LUBIN                    | POL  | M-NIEPEŁNOSPRAWNI(B) | 3      | M 44 |             |              | 00:18:49 | 00:37:52.05 | 7:34   | 7.9  |
| 45   | CZMOCH MARIAN           | 101 | PUKS JEDYNKA                 | ŁOSICE                   | POL  | M70-74               | 2      | M 45 |             |              | 00:18:51 | 00:38:09.85 | 7:37   | 7.9  |
| 46   | PUSZKARSKI ADAM         | 185 | GOSADI NORDIC TEAM           | WARSZAWA                 | POL  | M-DZIECI             | 1      | M 46 |             |              | 00:18:32 | 00:38:32.50 | 7:42   | 7.8  |
| 47   | CIESIELSKI KRZYSZTOF    | 97  | FAST WALKER                  | GNIEZNO                  | POL  | M65-69               | 3      | M 47 |             |              | 00:19:08 | 00:38:34.35 | 7:42   | 7.8  |
| 48   | BUCZKOWSKI JERZY        | 91  | KS SOKÓŁ GAŚAWA              | ŻNIN                     | POL  | M70-74               | 3      | M 48 |             |              | 00:19:03 | 00:38:45.50 | 7:45   | 7.7  |
| 49   | FRANCZAK DARIUSZ        | 108 | NW CZŁAPSKI TEAM             | WARSZAWA                 | POL  | M55-59               | 8      | M 49 |             |              | 00:19:42 | 00:39:06.05 | 7:49   | 7.7  |
| 50   | LENARTOWICZ STANISŁAW   | 143 |                              | STARA ŁUBIANKA           | POL  | M60-64               | 6      | M 50 |             |              | 00:19:26 | 00:39:07.55 | 7:49   | 7.7  |
| 51   | BUDNY FRANCISZEK        | 93  |                              | OSTRÓW WLKP.             | POL  | M-DZIECI             | 2      | M 51 |             |              | 00:18:59 | 00:39:07.60 | 7:49   | 7.7  |
| 52   | BERCZYŃSKI HENRYK       | 83  | NADLEŚNICTWO OKONEK          | OKONEK, SZCZECIŃSKA 26/7 | POL  | M65-69               | 4      | M 52 |             |              | 00:19:15 | 00:39:12.40 | 7:50   | 7.7  |
| 53   | WIERZCHOSŁAWSKI MARCEL  | 218 | SERCE NORDICA WŁOCLAWEK      | BRZOZA                   | POL  | M-JUN.               | 1      | M 53 |             |              | 00:19:51 | 00:39:12.95 | 7:50   | 7.7  |
| 54   | WANDTKE ANTONI          | 216 |                              | REDA                     | POL  | M70-74               | 4      | M 54 |             |              | 00:19:43 | 00:39:16.90 | 7:51   | 7.6  |
| 55   | ŚLUSARCZYK ANDRZEJ      | 209 | WESOŁY BORSUK TEAM           | PRUDNIK                  | POL  | M70-74               | 5      | M 55 |             |              | 00:20:12 | 00:39:18.60 | 7:51   | 7.6  |
| 56   | PRACKI ZBIGNIEW         | 180 | SERCE NORDICA WŁOCLAWEK      | WŁOCLAWEK                | POL  | M55-59               | 9      | M 56 |             |              | 00:19:47 | 00:39:34.80 | 7:54   | 7.6  |
| 57   | BUDNY SŁAWOMIR          | 92  |                              | OSTRÓW WLKP.             | POL  | M-NIEPEŁNOSPRAWNI(B) | 4      | M 57 |             |              | 00:19:34 | 00:39:51.35 | 7:58   | 7.5  |
| 58   | ROJTEK WALDEMAR         | 187 |                              | WĄGROWIEC                | POL  | M50-54               | 6      | M 58 |             |              | 00:19:16 | 00:39:55.65 | 7:59   | 7.5  |
| 59   | STAWIAK KAROL           | 245 | KGHM METRACO                 | ŻNIN                     | POL  | M70-74               | 6      | M 59 |             |              | 00:19:56 | 00:40:01.55 | 8:00   | 7.5  |
| 60   | JAKUBOWSKI ZBIGNIEW     | 236 |                              | BIĄŁYSTOK                | POL  | M70-74               | 7      | M 60 |             |              | 00:19:47 | 00:40:06.10 | 8:01   | 7.5  |
| 61   | JÓŹWIAK ŁUKASZ          | 126 | SERCE NORDICA WŁOCLAWEK      | WŁOCLAWEK                | POL  | M-NIEPEŁNOSPRAWNI(B) | 5      | M 61 |             |              | 00:19:56 | 00:40:19.00 | 8:03   | 7.4  |
| 62   | REMISZEWSKI ADAM        | 186 | UTW OLEŚNICA                 | OLEŚNICA                 | POL  | M75-79               | 3      | M 62 | 1           |              | 00:19:45 | 00:40:28.55 | 8:05   | 7.4  |
| 63   | SKRZYPCZAK MACIEJ       | 197 | BIEGAJĄCY WĄGROWIEC          | WĄGROWIEC                | POL  | M40-44               | 5      | M 63 | 1           |              | 00:19:41 | 00:40:33.00 | 8:06   | 7.4  |
| 64   | MACKO MICHAŁ            | 146 | WYCHODZĘ Z KIJAMI            | MANOWO                   | POL  | M-DZIECI             | 3      | M 64 |             |              | 00:19:56 | 00:41:23.90 | 8:16   | 7.2  |
| 65   | THOMALLA BOGDAN         | 213 | EKIPA NA KIJACH              | ZABRZE                   | POL  | M80+                 | 1      | M 65 |             |              | 00:20:43 | 00:41:47.55 | 8:21   | 7.2  |
| 66   | ROMANOWSKI ZBIGNIEW     | 188 |                              | ROGOŹNO                  | POL  | M45-49               | 6      | M 66 |             |              | 00:21:17 | 00:42:44.50 | 8:32   | 7    |
| 67   | KOWALSKI MIROSLAW       | 133 | GRYF N_W                     | SZCZECINEK               | POL  | M65-69               | 5      | M 67 |             |              | 00:20:46 | 00:43:13.25 | 8:38   | 6.9  |
| 68   | PRZYBORKIEWICZ GOSIA    | 182 | PIERNIKI TORUŃ               | TORUŃ                    | POL  | M-NIEPEŁNOSPRAWNI(A) | 4      | M 68 |             |              | 00:21:41 | 00:43:31.00 | 8:42   | 6.9  |
| 69   | BUDNY STANISŁAW         | 94  |                              | OSTRÓW WLKP.             | POL  | M-JUN.               | 2      | M 69 |             |              | 00:23:37 | 00:46:21.90 | 9:16   | 6.5  |
| 70   | BLASZKA MICHAŁ          | 87  | NORDIC WALKING KIEKRZ POLAND | ROKIETNICA               | POL  | M-NIEPEŁNOSPRAWNI(A) | 5      | M 70 |             |              | 00:22:52 | 00:46:32.30 | 9:18   | 6.4  |
| 71   | BLASZKA RYSZARD         | 88  | NORDIC WALKING KIEKRZ POLAND | ROKIETNICA               | POL  | M-NIEPEŁNOSPRAWNI(A) | 6      | M 71 |             |              | 00:22:53 | 00:46:34.45 | 9:18   | 6.4  |
| 72   | PLUTO-PRĄDZYŃSKI KACPER | 176 | SERCE NORDICA WŁOCLAWEK      | WŁOCLAWEK                | POL  | M-DZIECI             | 4      | M 72 |             |              | 00:21:23 | 00:47:37.60 | 9:31   | 6.3  |
| 73   | PIĄTKOWSKI JÓZEF        | 171 | KGHM METRACO                 | POŁKOWICE                | POL  | M75-79               | 4      | M 73 |             |              | 00:21:41 | 00:47:48.95 | 9:33   | 6.3  |
| 74   | WÓJCIK HENRYK           | 227 | UTW OLEŚNICA                 | OLEŚNICA                 | POL  | M80+                 | 2      | M 74 |             |              | 00:23:40 | 00:47:53.25 | 9:34   | 6.3  |
| 75   | ŚLUSARCZYK BŁAŻEJ       | 210 | WESOŁY BORSUK TEAM           | PRUDNIK                  | POL  | M-DZIECI             | 5      | M 75 |             |              | 00:26:50 | 00:52:57.40 | 10:35  | 5.7  |

**ENEA POLISH NORDIC WALKING CUP - WĄGROWIEC - 5KM - 10/6, K-Niepełnosprawni(A)**

| M-ce | Nazwisko i imię | Nr  | Klub                                                        | M-scowość       | Kraj | Kat.                 | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.5km    | Netto       | min/km | km/h |
|------|-----------------|-----|-------------------------------------------------------------|-----------------|------|----------------------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 1    | DYBEL AGNIESZKA | 105 | NORDIC TEAM CZĘSTOCHOWA                                     | CZĘSTOCHOWA     | POL  | K-NIEPEŁNOSPRAWNI(A) | 1      | K 39 |             |              | 00:19:32 | 00:39:36.70 | 7:55   | 7.6  |
| 2    | PIETRZYK ANNA   | 173 | KLUB OLIMPIJCZYKA IM. IRENY SZEWIŃSKIEJ W KALISZU POMORSKIM | KALISZ POMORSKI | POL  | K-NIEPEŁNOSPRAWNI(A) | 2      | K 44 |             |              | 00:19:56 | 00:40:44.65 | 8:08   | 7.4  |
| 3    | BARTEK SONIA    | 82  | BRAK                                                        | CHOMĘCICE       | POL  | K-NIEPEŁNOSPRAWNI(A) | 3      | K 69 |             |              | 00:23:20 | 00:46:29.10 | 9:17   | 6.5  |
| 4    | DUSZEŃKO ELWIRA | 104 | KGHM METRACO                                                | LUBIN           | POL  | K-NIEPEŁNOSPRAWNI(A) | 4      | K 71 |             |              | 00:22:50 | 00:47:00.80 | 9:24   | 6.4  |

**ENEA POLISH NORDIC WALKING CUP - WĄGROWIEC - 5KM - 10/6, K-Niepełnosprawni(B)**

| M-ce | Nazwisko i imię          | Nr  | Klub                                 | M-scowość | Kraj | Kat.                 | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.5km    | Netto       | min/km | km/h |
|------|--------------------------|-----|--------------------------------------|-----------|------|----------------------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 1    | POTRZEBOWSKA AGATA       | 177 | DEAF I #B3K, ŁĄCZA NAS PASJE         | BYDGOSZCZ | POL  | K-NIEPEŁNOSPRAWNI(B) | 1      | K 18 |             |              | 00:18:23 | 00:37:04.15 | 7:24   | 8.1  |
| 2    | PLUTO-PRĄDZYŃSKA KLAUDIA | 174 | SERCE NORDICA WŁOCLĄWEK              | WŁOCLĄWEK | POL  | K-NIEPEŁNOSPRAWNI(B) | 2      | K 48 |             |              | 00:20:53 | 00:41:14.60 | 8:14   | 7.3  |
| 3    | JEZIERSKA MAGDALENA      | 124 | WĄGROWIECKIE TOWARZYSTWO 'AMAZONEK ' | WĄGROWIEC | POL  | K-NIEPEŁNOSPRAWNI(B) | 3      | K 77 |             |              | 00:24:16 | 00:49:11.45 | 9:50   | 6.1  |
| 4    | MARIA KOŁIŃSKA           | 150 |                                      | WĄGROWIEC | POL  | K-NIEPEŁNOSPRAWNI(B) | 4      | K 78 |             |              | 00:25:41 | 00:50:42.80 | 10:08  | 5.9  |

**ENEA POLISH NORDIC WALKING CUP - WĄGROWIEC - 5KM - 10/6, M-Niepełnosprawni(A)**

| M-ce | Nazwisko i imię      | Nr  | Klub                         | M-scowość   | Kraj | Kat.                 | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.5km    | Netto       | min/km | km/h |
|------|----------------------|-----|------------------------------|-------------|------|----------------------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 1    | CIEŚLUK MARCIN       | 98  | NORDIC TEAM CZĘSTOCHOWA      | CZĘSTOCHOWA | POL  | M-NIEPEŁNOSPRAWNI(A) | 1      | M 27 |             |              | 00:17:15 | 00:34:51.10 | 6:58   | 8.6  |
| 2    | DUSZEŃKO ZYGMUNT     | 103 | KGHM METRACO                 | LUBIN       | POL  | M-NIEPEŁNOSPRAWNI(A) | 2      | M 33 |             |              | 00:17:51 | 00:35:44.10 | 7:08   | 8.4  |
| 3    | CZEKRYSZEW ANDRZEJ   | 99  | SERCE NORDICA WŁOCLĄWEK      | WŁOCLĄWEK   | POL  | M-NIEPEŁNOSPRAWNI(A) | 3      | M 42 |             |              | 00:18:31 | 00:37:27.95 | 7:29   | 8    |
| 4    | PRZYBORKIEWICZ GOSIA | 182 | PIERNIKI TORUŃ               | TORUŃ       | POL  | M-NIEPEŁNOSPRAWNI(A) | 4      | M 68 |             |              | 00:21:41 | 00:43:31.00 | 8:42   | 6.9  |
| 5    | BLASZKA MICHAŁ       | 87  | NORDIC WALKING KIEKRZ POLAND | ROKIETNICA  | POL  | M-NIEPEŁNOSPRAWNI(A) | 5      | M 70 |             |              | 00:22:52 | 00:46:32.30 | 9:18   | 6.4  |
| 6    | BLASZKA RYSZARD      | 88  | NORDIC WALKING KIEKRZ POLAND | ROKIETNICA  | POL  | M-NIEPEŁNOSPRAWNI(A) | 6      | M 71 |             |              | 00:22:53 | 00:46:34.45 | 9:18   | 6.4  |

**ENEA POLISH NORDIC WALKING CUP - WĄGROWIEC - 5KM - 10/6, M-Niepełnosprawni(B)**

| M-ce | Nazwisko i imię    | Nr  | Klub                         | M-scowość    | Kraj | Kat.                 | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.5km    | Netto       | min/km | km/h |
|------|--------------------|-----|------------------------------|--------------|------|----------------------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 1    | POTRZEBOWSKI MAREK | 178 | DEAF I #B3K, ŁĄCZA NAS PASJE | BYDGOSZCZ    | POL  | M-NIEPEŁNOSPRAWNI(B) | 1      | M 26 |             |              | 00:17:17 | 00:34:47.00 | 6:57   | 8.6  |
| 2    | ZAWADZKI KRZYSZTOF | 231 | WETERAN                      | ZIELONA GORA | POL  | M-NIEPEŁNOSPRAWNI(B) | 2      | M 36 |             |              | 00:18:11 | 00:36:46.90 | 7:21   | 8.2  |
| 3    | GRYGOROWICZ BOGDAN | 118 | KGHM METRACO                 | LUBIN        | POL  | M-NIEPEŁNOSPRAWNI(B) | 3      | M 44 |             |              | 00:18:49 | 00:37:52.05 | 7:34   | 7.9  |
| 4    | BUDNY SŁAWOMIR     | 92  |                              | OSTRÓW WLKP. | POL  | M-NIEPEŁNOSPRAWNI(B) | 4      | M 57 |             |              | 00:19:34 | 00:39:51.35 | 7:58   | 7.5  |
| 5    | JÓŹWIAK ŁUKASZ     | 126 | SERCE NORDICA WŁOCLĄWEK      | WŁOCLĄWEK    | POL  | M-NIEPEŁNOSPRAWNI(B) | 5      | M 61 |             |              | 00:19:56 | 00:40:19.00 | 8:03   | 7.4  |

**ENEA POLISH NORDIC WALKING CUP - WĄGROWIEC - 5KM - 10/6, K-Dzieci**

| M-ce | Nazwisko i imię     | Nr  | Klub           | M-scowość | Kraj | Kat.     | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.5km    | Netto       | min/km | km/h |
|------|---------------------|-----|----------------|-----------|------|----------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 1    | SZYBUT WERONIKA     | 204 | POTĘGA NORDICA | POTĘGOWO  | POL  | K-DZIECI | 1      | K 36 |             |              | 00:19:32 | 00:39:14.00 | 7:50   | 7.6  |
| 2    | PRZYBORKIEWICZ MAJA | 181 | PIERNIKI TORUŃ | TORUŃ     | POL  | K-DZIECI | 2      | K 79 |             |              | 00:26:44 | 00:54:29.65 | 10:53  | 5.5  |

**ENEA POLISH NORDIC WALKING CUP - WĄGROWIEC - 5KM - 10/6, M-Dzieci**

| M-ce | Nazwisko i imię  | Nr  | Klub               | M-scowość    | Kraj | Kat.     | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.5km    | Netto       | min/km | km/h |
|------|------------------|-----|--------------------|--------------|------|----------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 1    | PUSZKARSKI ADAM  | 185 | GOSADI NORDIC TEAM | WARSZAWA     | POL  | M-DZIECI | 1      | M 46 |             |              | 00:18:32 | 00:38:32.50 | 7:42   | 7.8  |
| 2    | BUDNY FRANCISZEK | 93  |                    | OSTRÓW WLKP. | POL  | M-DZIECI | 2      | M 51 |             |              | 00:18:59 | 00:39:07.60 | 7:49   | 7.7  |
| 3    | MACKO MICHAŁ     | 146 | WYCHODZĘ Z KIJAMI  | MANOWO       | POL  | M-DZIECI | 3      | M 64 |             |              | 00:19:56 | 00:41:23.90 | 8:16   | 7.2  |

**ENEA POLISH NORDIC WALKING CUP - WĄGROWIEC - 5KM - 10/6, M-Dzieci c.d.**

| M-ce | Nazwisko i imię         | Nr  | Klub                    | M-scowość | Kraj | Kat.     | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.5km    | Netto       | min/km | km/h |
|------|-------------------------|-----|-------------------------|-----------|------|----------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 4    | PLUTO-PRĄDZYŃSKI KACPER | 176 | SERCE NORDICA WŁOCLAWEK | WŁOCLAWEK | POL  | M-DZIECI | 4      | M 72 |             |              | 00:21:23 | 00:47:37.60 | 9:31   | 6.3  |
| 5    | ŚLUSARCZYK BŁAŻEJ       | 210 | WESOŁY BORSUK TEAM      | PRUDNIK   | POL  | M-DZIECI | 5      | M 75 |             |              | 00:26:50 | 00:52:57.40 | 10:35  | 5.7  |

**ENEA POLISH NORDIC WALKING CUP - WĄGROWIEC - 5KM - 10/6, K-Jun.**

| M-ce | Nazwisko i imię  | Nr  | Klub | M-scowość | Kraj | Kat.   | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.5km    | Netto       | min/km | km/h |
|------|------------------|-----|------|-----------|------|--------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 1    | WITUCKA KAROLINA | 220 |      | POZNAŃ    | POL  | K-JUN. | 1      | K 21 |             |              | 00:18:22 | 00:37:18.15 | 7:27   | 8    |

**ENEA POLISH NORDIC WALKING CUP - WĄGROWIEC - 5KM - 10/6, M-Jun.**

| M-ce | Nazwisko i imię        | Nr  | Klub                    | M-scowość    | Kraj | Kat.   | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.5km    | Netto       | min/km | km/h |
|------|------------------------|-----|-------------------------|--------------|------|--------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 1    | WIERZCHOSŁAWSKI MARCEL | 218 | SERCE NORDICA WŁOCLAWEK | BRZOZA       | POL  | M-JUN. | 1      | M 53 |             |              | 00:19:51 | 00:39:12.95 | 7:50   | 7.7  |
| 2    | BUDNY STANISŁAW        | 94  |                         | OSTRÓW WLKP. | POL  | M-JUN. | 2      | M 69 |             |              | 00:23:37 | 00:46:21.90 | 9:16   | 6.5  |

**ENEA POLISH NORDIC WALKING CUP - WĄGROWIEC - 5KM - 10/6, K18-29**

| M-ce | Nazwisko i imię     | Nr  | Klub                    | M-scowość | Kraj | Kat.   | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.5km    | Netto       | min/km | km/h |
|------|---------------------|-----|-------------------------|-----------|------|--------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 1    | DYLEWICZ WERONIKA   | 106 | EKSTREMUM               | ŻAGAŃ     | POL  | K18-29 | 1      | K 19 |             |              | 00:18:17 | 00:37:10.85 | 7:26   | 8.1  |
| 2    | ŚLUSARCZYK KAROLINA | 212 | WESOŁY BORSUK TEAM      | PRUDNIK   | POL  | K18-29 | 2      | K 35 |             |              | 00:19:01 | 00:39:13.05 | 7:50   | 7.6  |
| 3    | POLCYN JULIA        | 244 | NORDIC WALKING LUBASZ   | LUBASZ    | POL  | K18-29 | 3      | K 42 |             |              | 00:19:47 | 00:40:11.45 | 8:02   | 7.5  |
| 4    | SAPUŁA WIKTORIA     | 194 | NORDIC TEAM CZĘSTOCHOWA | LUBLIN    | POL  | K18-29 | 4      | K 51 |             |              | 00:20:40 | 00:42:19.60 | 8:27   | 7.1  |

**ENEA POLISH NORDIC WALKING CUP - WĄGROWIEC - 5KM - 10/6, M18-29**

| M-ce | Nazwisko i imię | Nr  | Klub                    | M-scowość     | Kraj | Kat.   | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.5km    | Netto       | min/km | km/h |
|------|-----------------|-----|-------------------------|---------------|------|--------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 1    | MARCZAK TOMASZ  | 149 | NORDIC TEAM CZĘSTOCHOWA | ALEKSANDRIA I | POL  | M18-29 | 1      | M 2  |             |              | 00:14:37 | 00:29:43.50 | 5:56   | 10.1 |
| 2    | GRUSZKA MICHAŁ  | 117 | NORDIC SPORT 2021       | LUBLINIEC     | POL  | M18-29 | 2      | M 28 |             |              | 00:17:10 | 00:35:10.95 | 7:02   | 8.5  |

**ENEA POLISH NORDIC WALKING CUP - WĄGROWIEC - 5KM - 10/6, K30-39**

| M-ce | Nazwisko i imię            | Nr  | Klub                    | M-scowość     | Kraj | Kat.   | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.5km    | Netto       | min/km | km/h |
|------|----------------------------|-----|-------------------------|---------------|------|--------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 1    | WILUSZ ERWINA              | 237 | VINGBERG POLSKA PTG     | IWONICZ-ZDRÓJ | POL  | K30-39 | 1      | K 1  |             |              | 00:15:26 | 00:31:26.45 | 6:17   | 9.5  |
| 2    | STACHOWICZ JOANNA          | 199 | BŁĘKITNI DZIEMIANY      | DZIEMIANY     | POL  | K30-39 | 2      | K 4  |             |              | 00:16:39 | 00:33:51.50 | 6:46   | 8.9  |
| 3    | JANY KATARZYNA             | 123 | NORDIC WALKING LUBASZ   | CZARNKÓW      | POL  | K30-39 | 3      | K 14 |             |              | 00:17:41 | 00:35:29.35 | 7:05   | 8.5  |
| 4    | PANKIEWICZ EWELINA         | 167 | NORDIC SPORT 2021       | ZAWADZKIE     | POL  | K30-39 | 4      | K 23 |             |              | 00:18:32 | 00:37:40.15 | 7:32   | 8    |
| 5    | SOWIŃSKA ALICJA            | 198 | NORDIC WALKING LUBASZ   | LUBASZ        | POL  | K30-39 | 5      | K 29 |             |              | 00:18:50 | 00:38:31.05 | 7:42   | 7.8  |
| 6    | SZULC- MIKOŁAJCZAK MARZENA | 202 | NW WĄGROWIEC            | WĄGROWIEC     | POL  | K30-39 | 6      | K 30 |             |              | 00:19:01 | 00:38:33.65 | 7:42   | 7.8  |
| 7    | PLUTO-PRĄDZYŃSKA ANNA      | 175 | SERCE NORDICA WŁOCLAWEK | WŁOCLAWEK     | POL  | K30-39 | 7      | K 38 |             |              | 00:19:46 | 00:39:18.00 | 7:51   | 7.6  |
| 8    | SIEDLECKA WERONIKA         | 243 | AKTYWNY MARGONIN        | MARGONIN      | POL  | K30-39 | 8      | K 49 |             |              | 00:20:14 | 00:41:15.60 | 8:15   | 7.3  |
| 9    | ZACHCIAŁ LILIANA           | 229 | NAMASTE OBORNIKI        | OBORNIKI      | POL  | K30-39 | 9      | K 57 |             |              | 00:21:44 | 00:43:08.30 | 8:37   | 7    |
| 10   | PACHOWICZ MONIKA           | 166 | AKTYWNY MARGONIN        | MARGONIN      | POL  | K30-39 | 10     | K 67 |             |              | 00:23:32 | 00:45:57.05 | 9:11   | 6.5  |
| 11   | SZYBUT ROMA                | 203 | POTĘGA NORDICA          | POTĘGOWO      | POL  | K30-39 | 11     | K 74 |             |              | 00:23:56 | 00:48:43.85 | 9:44   | 6.2  |

**ENEA POLISH NORDIC WALKING CUP - WĄGROWIEC - 5KM - 10/6, M30-39**

| M-ce | Nazwisko i imię    | Nr  | Klub               | M-scowość | Kraj | Kat.   | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.5km    | Netto       | min/km | km/h |
|------|--------------------|-----|--------------------|-----------|------|--------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 1    | WOJTOWICZ TOMASZ   | 235 | ZT POLSKA          | WIDACZ    | POL  | M30-39 | 1      | M 4  |             |              | 00:14:41 | 00:30:09.35 | 6:01   | 10   |
| 2    | BRZOZOWSKI PIOTR   | 239 | AKTYWNI POSTOMINO  | SŁAWNO    | POL  | M30-39 | 2      | M 13 |             |              | 00:15:54 | 00:32:33.35 | 6:30   | 9.2  |
| 3    | MISZTAŁ GRZEGORZ   | 154 | MASZYCANKA MASZYCE | SUŁKOWICE | POL  | M30-39 | 3      | M 20 |             |              | 00:16:30 | 00:33:46.65 | 6:45   | 8.9  |
| 4    | KŁAWCZYŃSKI MARCIN | 129 |                    | PNIEWY    | POL  | M30-39 | 4      | M 25 |             |              | 00:17:02 | 00:34:32.05 | 6:54   | 8.7  |
| 5    | RUDAWSKI MACIEJ    | 190 | MARSZ PO ZDROWIE   | TRZCIEL   | POL  | M30-39 | 5      | M 38 |             |              | 00:18:07 | 00:37:00.55 | 7:24   | 8.1  |

**ENEA POLISH NORDIC WALKING CUP - WĄGROWIEC - 5KM - 10/6, K40-44**

| M-ce | Nazwisko i imię           | Nr  | Klub                         | M-scowość       | Kraj | Kat.   | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.5km    | Netto       | min/km | km/h |
|------|---------------------------|-----|------------------------------|-----------------|------|--------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 1    | ZACZYŃSKA-SKIBA ANNA      | 230 | KGHM METRACO                 | LEGNICA         | POL  | K40-44 | 1      | K 2  |             |              | 00:16:19 | 00:32:59.60 | 6:35   | 9.1  |
| 2    | BIELECKA ZUZANNA          | 86  | NW CZŁAPSKI TEAM             | WARSZAWA        | POL  | K40-44 | 2      | K 3  |             |              | 00:16:26 | 00:33:34.05 | 6:42   | 8.9  |
| 3    | WOJTCZAK URSZULA          | 242 | CZAPELKI                     | CZAPLINEK       | POL  | K40-44 | 3      | K 7  |             |              | 00:16:59 | 00:34:15.50 | 6:51   | 8.8  |
| 4    | KWECZKA-JANECZEK ANNA     | 140 | NORDIC TEAM CZĘSTOCHOWA      | CZĘSTOCHOWA     | POL  | K40-44 | 4      | K 11 |             |              | 00:17:02 | 00:35:06.10 | 7:01   | 8.5  |
| 5    | ZDRZĄLEK ALICJA           | 232 | NORDIC SPORT 2021            | TARNOWSKIE GÓRY | POL  | K40-44 | 5      | K 16 |             |              | 00:17:48 | 00:36:31.30 | 7:18   | 8.2  |
| 6    | RYCHLEWSKA-SŁODOWA DANUTA | 193 | NORDIC WALKING LUBASZ        | LUBASZ          | POL  | K40-44 | 6      | K 20 |             |              | 00:18:15 | 00:37:12.25 | 7:26   | 8.1  |
| 7    | NOWAK AGATA               | 161 | NORDIC WALKING KIEKRZ POLAND | ROKIETNICA      | POL  | K40-44 | 7      | K 22 | 1           |              | 00:18:11 | 00:37:28.40 | 7:29   | 8    |
| 8    | NOWAKOWSKA SYLWIA         | 162 |                              | BYDGOSZCZ       | POL  | K40-44 | 8      | K 50 |             |              | 00:20:33 | 00:41:53.05 | 8:22   | 7.2  |
| 9    | MANTAJ MONIKA             | 147 | NAMASTE OBORNIKI             | OBORNIKI        | POL  | K40-44 | 9      | K 52 |             |              | 00:21:29 | 00:42:23.15 | 8:28   | 7.1  |
| 10   | BRONIECKA MAŁGORZATA      | 241 |                              | WĄGROWIEC       | POL  | K40-44 | 10     | K 59 |             |              | 00:21:33 | 00:43:25.25 | 8:41   | 6.9  |
| 11   | ŚWITAŁA MAGDALENA         | 246 |                              | BARANOWO        | POL  | K40-44 | 11     | K 64 |             |              | 00:21:43 | 00:44:32.05 | 8:54   | 6.7  |
| DQ   | MARCINIAK ANNA            | 148 | AKTYWNA KCYNIA               | KCYNIA          | POL  | K40-44 | DQ     | DQ   |             | 1            | 00:18:45 | DQ          | 0:00   | 7.9  |

**ENEA POLISH NORDIC WALKING CUP - WĄGROWIEC - 5KM - 10/6, M40-44**

| M-ce | Nazwisko i imię      | Nr  | Klub                    | M-scowość   | Kraj | Kat.   | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.5km    | Netto       | min/km | km/h |
|------|----------------------|-----|-------------------------|-------------|------|--------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 1    | WOJTASIŃSKI DANIEL   | 223 | NORDIC TEAM CZĘSTOCHOWA | CZĘSTOCHOWA | POL  | M40-44 | 1      | M 16 |             |              | 00:16:08 | 00:33:14.70 | 6:38   | 9    |
| 2    | ŚLUSARCYK MARCIN     | 207 | WESOŁY BORSUK TEAM      | PRUDNIK     | POL  | M40-44 | 2      | M 21 |             |              | 00:16:42 | 00:34:12.00 | 6:50   | 8.8  |
| 3    | GIERSEWSKI ARKADIUSZ | 113 | BŁĘKITNI DZIEMIANY      | DZIEMIANY   | POL  | M40-44 | 3      | M 23 |             |              | 00:17:07 | 00:34:27.75 | 6:53   | 8.7  |
| 4    | KRUGIOŁKA GRZEGORZ   | 138 | AKTYWNE W PNIEWACH      | PNIEWY      | POL  | M40-44 | 4      | M 24 |             |              | 00:17:07 | 00:34:28.45 | 6:53   | 8.7  |
| 5    | SKRZYPCZAK MACIEJ    | 197 | BIEGAJĄCY WĄGROWIEC     | WĄGROWIEC   | POL  | M40-44 | 5      | M 63 | 1           |              | 00:19:41 | 00:40:33.00 | 8:06   | 7.4  |

**ENEA POLISH NORDIC WALKING CUP - WĄGROWIEC - 5KM - 10/6, K45-49**

| M-ce | Nazwisko i imię         | Nr  | Klub                                     | M-scowość     | Kraj | Kat.   | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.5km    | Netto       | min/km | km/h |
|------|-------------------------|-----|------------------------------------------|---------------|------|--------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 1    | LUDWICZAK ANDŻELIKA     | 145 | EKSPEDYCJA NORDIC TEAM SZCZECIN          | SZCZECIN      | POL  | K45-49 | 1      | K 5  |             |              | 00:16:53 | 00:34:01.80 | 6:48   | 8.8  |
| 2    | RAJEK MAGDALENA         | 233 | NORDIC TEAM CZĘSTOCHOWA                  | CZĘSTOCHOWA   | POL  | K45-49 | 2      | K 9  |             |              | 00:17:27 | 00:34:59.65 | 6:59   | 8.6  |
| 3    | PUSZKARSKA MAŁGORZATA   | 184 | GOSADI NORDIC TEAM                       | WARSZAWA      | POL  | K45-49 | 3      | K 12 |             |              | 00:17:25 | 00:35:15.20 | 7:03   | 8.5  |
| 4    | JÓŹWIAK MARIANNA        | 125 | SERCE NORDICA WŁOCLĄWEK                  | WŁOCLĄWEK     | POL  | K45-49 | 4      | K 13 |             |              | 00:17:27 | 00:35:22.30 | 7:04   | 8.5  |
| 5    | PASIŃSKA-SKOWRON SYLWIA | 170 | PRUSZYŃSKI SPORT TEAM-MASZYCANKA MASZYCE | SZCZODRKOVICE | POL  | K45-49 | 5      | K 15 |             |              | 00:17:51 | 00:36:06.80 | 7:13   | 8.3  |
| 6    | GUTOWSKA MAGDA          | 120 |                                          | MALBORK       | POL  | K45-49 | 6      | K 17 | 1           |              | 00:18:09 | 00:36:51.65 | 7:22   | 8.1  |
| 7    | LEGOCKA - WALCZAK KINGA | 142 |                                          | SUCHY LAS     | POL  | K45-49 | 7      | K 31 |             |              | 00:19:06 | 00:38:34.15 | 7:42   | 7.8  |
| 8    | KRACZKOWSKA JUSI        | 134 |                                          | OLSZTYN       | POL  | K45-49 | 8      | K 45 |             |              | 00:20:16 | 00:41:01.75 | 8:12   | 7.3  |
| 9    | WIECZOREK KARINA        | 217 | CHODZĘBOLUBIĘ SZAMOCIN                   | PIETRONKI     | POL  | K45-49 | 9      | K 47 |             |              | 00:20:33 | 00:41:12.90 | 8:14   | 7.3  |
| 10   | MAZUR HONORATA          | 153 |                                          | WĄGROWIEC     | POL  | K45-49 | 10     | K 55 |             |              | 00:20:49 | 00:43:04.50 | 8:36   | 7    |
| 11   | MŁODOŻYŃSKA KAROLINA    | 156 | NAMASTE OBORNIKI                         | OBORNIKI      | POL  | K45-49 | 11     | K 60 |             |              | 00:21:48 | 00:43:39.75 | 8:43   | 6.9  |
| 12   | STENCEL ANNA            | 201 | NAMASTE OBORNIKI                         | OBORNIKI      | POL  | K45-49 | 12     | K 61 |             |              | 00:21:50 | 00:43:40.10 | 8:44   | 6.9  |
| 13   | GOLECKA AGNIESZKA       | 114 |                                          | LUBLIN        | POL  | K45-49 | 13     | K 65 |             |              | 00:22:23 | 00:44:45.20 | 8:57   | 6.7  |
| 14   | WILK IWONA              | 219 | NORDIC SPORT 2021                        | KATOWICE      | POL  | K45-49 | 14     | K 66 |             |              | 00:23:05 | 00:45:54.95 | 9:10   | 6.5  |
| 15   | KOSTKIEWICZ IWONA       | 132 |                                          | STARGARD      | POL  | K45-49 | 15     | K 73 |             |              | 00:23:53 | 00:48:02.95 | 9:36   | 6.2  |

**ENEA POLISH NORDIC WALKING CUP - WĄGROWIEC - 5KM - 10/6, M45-49**

| M-ce | Nazwisko i imię     | Nr  | Klub               | M-scowość | Kraj | Kat.   | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.5km    | Netto       | min/km | km/h |
|------|---------------------|-----|--------------------|-----------|------|--------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 1    | OLSZAŃSKI KAROL     | 165 | FEAR THE RETURN    | KRAKÓW    | POL  | M45-49 | 1      | M 9  |             |              | 00:15:36 | 00:32:00.90 | 6:24   | 9.4  |
| 2    | BIBKO MARTIN        | 85  | SPEEDBAR           | KOSICE    | SVK  | M45-49 | 2      | M 10 |             |              | 00:15:45 | 00:32:23.90 | 6:28   | 9.3  |
| 3    | GRUSZKA MICHAŁ      | 116 | NORDIC SPORT 2021  | LUBLINIEC | POL  | M45-49 | 3      | M 34 |             |              | 00:17:57 | 00:36:27.05 | 7:17   | 8.2  |
| 4    | WALCZAK GRZEGORZ    | 215 |                    | SUCHY LAS | POL  | M45-49 | 4      | M 39 |             |              | 00:18:17 | 00:37:05.65 | 7:25   | 8.1  |
| 5    | ŚLUSARCZYK GRZEGORZ | 208 | WESOŁY BORSUK TEAM | PRUDNIK   | POL  | M45-49 | 5      | M 43 |             |              | 00:18:37 | 00:37:51.40 | 7:34   | 7.9  |
| 6    | ROMANOWSKI ZBIGNIEW | 188 |                    | ROGOŹNO   | POL  | M45-49 | 6      | M 66 |             |              | 00:21:17 | 00:42:44.50 | 8:32   | 7    |

**ENEA POLISH NORDIC WALKING CUP - WĄGROWIEC - 5KM - 10/6, K50-54**

| M-ce | Nazwisko i imię             | Nr  | Klub                            | M-scowość | Kraj | Kat.   | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.5km    | Netto       | min/km | km/h |
|------|-----------------------------|-----|---------------------------------|-----------|------|--------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 1    | KARPIENIA EWA               | 128 | EKSPEDYCJA NORDIC TEAM SZCZECIN | SZCZECIN  | POL  | K50-54 | 1      | K 6  |             |              | 00:16:48 | 00:34:13.50 | 6:50   | 8.8  |
| 2    | MAŚLANKA IWONA              | 151 | MARSZ PO ZDROWIE                | ŚMIGIEL   | POL  | K50-54 | 2      | K 8  |             |              | 00:16:55 | 00:34:31.95 | 6:54   | 8.7  |
| 3    | OKRZESIK-FRĄCKOWIAK IZABELA | 163 | EKSPEDYCJA NORDIC TEAM SZCZECIN | WIELEŃ    | POL  | K50-54 | 3      | K 10 |             |              | 00:17:13 | 00:35:05.85 | 7:01   | 8.6  |
| 4    | EWERTOWSKA EWA              | 107 | NORDIC WALKING KIEKRZ POLAND    | KIEKRZ    | POL  | K50-54 | 4      | K 32 |             |              | 00:19:06 | 00:38:41.05 | 7:44   | 7.8  |
| 5    | PIETRZAK DOROTA             | 172 | NORDIC WALKING KIEKRZ POLAND    | KIEKRZ    | POL  | K50-54 | 5      | K 41 |             |              | 00:19:46 | 00:40:05.05 | 8:01   | 7.5  |
| 6    | CHWIAŁKOWSKA IWONA          | 95  | NAMASTE OBORNIKI                | OBORNIKI  | POL  | K50-54 | 6      | K 54 |             |              | 00:21:32 | 00:42:40.80 | 8:32   | 7    |
| 7    | LACHNIK GRAZYNA             | 141 |                                 | ARNSDORF  | GER  | K50-54 | 7      | K 62 |             |              | 00:22:05 | 00:44:07.60 | 8:49   | 6.8  |
| 8    | PRACKA KATARZYNA            | 179 | SERCE NORDICA WŁOCLAWEK         | WŁOCLAWEK | POL  | K50-54 | 8      | K 72 |             |              | 00:23:53 | 00:48:00.20 | 9:36   | 6.3  |

**ENEA POLISH NORDIC WALKING CUP - WĄGROWIEC - 5KM - 10/6, M50-54**

| M-ce | Nazwisko i imię   | Nr  | Klub                            | M-scowość | Kraj | Kat.   | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.5km    | Netto       | min/km | km/h |
|------|-------------------|-----|---------------------------------|-----------|------|--------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 1    | WITUCKI JACEK     | 221 |                                 | POZNAŃ    | POL  | M50-54 | 1      | M 1  |             |              | 00:14:37 | 00:29:32.10 | 5:54   | 10.2 |
| 2    | CYRUS BOGDAN      | 234 | SILESIA NORDIC TEAM             | STRZEBIN  | POL  | M50-54 | 2      | M 3  |             |              | 00:14:41 | 00:29:48.05 | 5:57   | 10.1 |
| 3    | LUDWICZAK DARIUSZ | 144 | EKSPEDYCJA NORDIC TEAM SZCZECIN | SZCZECIN  | POL  | M50-54 | 3      | M 7  |             |              | 00:15:43 | 00:31:42.90 | 6:20   | 9.5  |
| 4    | FRĄCKOWIAK ROMAN  | 109 | EKSPEDYCJA NORDIC TEAM SZCZECIN | ROSKO     | POL  | M50-54 | 4      | M 14 |             |              | 00:16:00 | 00:32:36.50 | 6:31   | 9.2  |
| 5    | NOSAL MAREK       | 159 |                                 | LUBLIN    | POL  | M50-54 | 5      | M 19 | 1           |              | 00:16:43 | 00:33:37.05 | 6:43   | 8.9  |
| 6    | ROJTEK WALDEMAR   | 187 |                                 | WĄGROWIEC | POL  | M50-54 | 6      | M 58 |             |              | 00:19:16 | 00:39:55.65 | 7:59   | 7.5  |

**ENEA POLISH NORDIC WALKING CUP - WĄGROWIEC - 5KM - 10/6, K55-59**

| M-ce | Nazwisko i imię             | Nr  | Klub                         | M-scowość  | Kraj | Kat.   | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.5km    | Netto       | min/km | km/h |
|------|-----------------------------|-----|------------------------------|------------|------|--------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 1    | KRĘCKA IRENA                | 135 | FACE NORDIC WALKING TEAM     | BUDOWO     | POL  | K55-59 | 1      | K 25 |             |              | 00:18:47 | 00:37:51.50 | 7:34   | 7.9  |
| 2    | PRZYBYLSKA KINGA            | 183 | NORDIC WALKING KIEKRZ POLAND | POZNAŃ     | POL  | K55-59 | 2      | K 27 |             |              | 00:18:59 | 00:38:04.00 | 7:36   | 7.9  |
| 3    | NOWAK IRENA                 | 240 | KKS "SKOCZEK" SKOKI          | SKOKI      | POL  | K55-59 | 3      | K 37 |             |              | 00:19:31 | 00:39:14.10 | 7:50   | 7.6  |
| 4    | DZIUBA-JANKOWSKA MAŁGORZATA | 13  |                              | BUDZIEJEWO | POL  | K55-59 | 4      | K 76 |             |              | 00:24:16 | 00:49:11.40 | 9:50   | 6.1  |

**ENEA POLISH NORDIC WALKING CUP - WĄGROWIEC - 5KM - 10/6, M55-59**

| M-ce | Nazwisko i imię    | Nr  | Klub                            | M-scowość | Kraj | Kat.   | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.5km    | Netto       | min/km | km/h |
|------|--------------------|-----|---------------------------------|-----------|------|--------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 1    | ROŻYNEK MIRON      | 189 | KGHM METRACO                    | WROCLAW   | POL  | M55-59 | 1      | M 6  |             |              | 00:15:31 | 00:31:33.50 | 6:18   | 9.5  |
| 2    | MAŚLANKA JACEK     | 152 | EKSPEDYCJA NORDIC TEAM SZCZECIN | ŚLUPSK    | POL  | M55-59 | 2      | M 12 | 1           |              | 00:16:00 | 00:32:27.60 | 6:29   | 9.2  |
| 3    | PARZYBUT JAN       | 169 | POSTĘP PNIEWY TEAM              | PNIEWY    | POL  | M55-59 | 3      | M 17 |             |              | 00:16:36 | 00:33:14.85 | 6:38   | 9    |
| 4    | BREWKA JOACHIM     | 90  | NORDIC SPORT 2021               | LUBLINIEC | POL  | M55-59 | 4      | M 18 | 1           |              | 00:16:38 | 00:33:19.75 | 6:39   | 9    |
| 5    | KOP WIESŁAW        | 130 | DAJ RADOŚĆ NIEPEŁNOSPRAWNYM     | PIŁA      | POL  | M55-59 | 5      | M 30 |             |              | 00:17:20 | 00:35:18.40 | 7:03   | 8.5  |
| 6    | KROMSKI PAWEŁ      | 137 | NORDIC WALKING KIEKRZ POLAND    | KIEKRZ    | POL  | M55-59 | 6      | M 31 |             |              | 00:17:25 | 00:35:29.30 | 7:05   | 8.5  |
| 7    | CZŁĄPSKI KRZYSZTOF | 100 | NW CZŁĄPSKI TEAM                | WARSZAWA  | POL  | M55-59 | 7      | M 37 |             |              | 00:18:43 | 00:36:55.40 | 7:23   | 8.1  |
| 8    | FRANCZAK DARIUSZ   | 108 | NW CZŁĄPSKI TEAM                | WARSZAWA  | POL  | M55-59 | 8      | M 49 |             |              | 00:19:42 | 00:39:06.05 | 7:49   | 7.7  |
| 9    | PRACKI ZBIGNIEW    | 180 | SERCE NORDICA WŁOCLAWEK         | WŁOCLAWEK | POL  | M55-59 | 9      | M 56 |             |              | 00:19:47 | 00:39:34.80 | 7:54   | 7.6  |

**ENEA POLISH NORDIC WALKING CUP - WĄGROWIEC - 5KM - 10/6, K60-64**

| M-ce | Nazwisko i imię      | Nr  | Klub                       | M-scowość           | Kraj | Kat.   | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.5km    | Netto       | min/km | km/h |
|------|----------------------|-----|----------------------------|---------------------|------|--------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 1    | MIŚKOWICZ ANNA       | 155 | MORAWIEC TRANSPORT         | GŁOGÓWEK            | POL  | K60-64 | 1      | K 24 |             |              | 00:18:46 | 00:37:46.80 | 7:33   | 7.9  |
| 2    | KRAWCZYK DOROTA      | 238 |                            | PIŁA                | POL  | K60-64 | 2      | K 26 |             |              | 00:18:42 | 00:37:58.15 | 7:35   | 7.9  |
| 3    | DAROSZEWSKA KRYSZYNA | 102 | SERCE NORDICA WŁOCLĄWEK    | WŁOCLĄWEK           | POL  | K60-64 | 3      | K 40 |             |              | 00:19:34 | 00:39:37.35 | 7:55   | 7.6  |
| 4    | NERC DOROTA          | 157 |                            | RUMIA               | POL  | K60-64 | 4      | K 56 |             |              | 00:21:14 | 00:43:06.65 | 8:37   | 7    |
| 5    | GAJEWSKA ALEKSANDRA  | 110 | MIASTO GORZÓW WIELKOPOLSKI | GORZÓW WIELKOPOLSKI | POL  | K60-64 | 5      | K 68 |             |              | 00:22:52 | 00:46:19.65 | 9:15   | 6.5  |

**ENEA POLISH NORDIC WALKING CUP - WĄGROWIEC - 5KM - 10/6, M60-64**

| M-ce | Nazwisko i imię       | Nr  | Klub                         | M-scowość        | Kraj | Kat.   | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.5km    | Netto       | min/km | km/h |
|------|-----------------------|-----|------------------------------|------------------|------|--------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 1    | SKIBA KRZYSZTOF       | 196 | KGHM METRACO                 | LEGNICA          | POL  | M60-64 | 1      | M 5  |             |              | 00:15:38 | 00:31:25.20 | 6:17   | 9.5  |
| 2    | WOROCH ROMAN          | 224 | KGHM METRACO                 | DOPIEWO          | POL  | M60-64 | 2      | M 8  |             |              | 00:15:47 | 00:31:47.15 | 6:21   | 9.4  |
| 3    | STANISŁAWSKI JAN      | 200 | NORDIC WALKING KIEKRZ POLAND | POZNAN           | POL  | M60-64 | 3      | M 22 |             |              | 00:16:52 | 00:34:23.00 | 6:52   | 8.7  |
| 4    | NOWAK WIESŁAW         | 160 | UKS 'SKOCZEK' SKOKI          | SKOKI            | POL  | M60-64 | 4      | M 29 |             |              | 00:17:15 | 00:35:17.05 | 7:03   | 8.5  |
| 5    | KRIGER ROMAN          | 136 | MAPEI POLSKA                 | PAPOWO TORUŃSKIE | POL  | M60-64 | 5      | M 32 |             |              | 00:17:20 | 00:35:37.10 | 7:07   | 8.4  |
| 6    | LENARTOWICZ STANISŁAW | 143 |                              | STARA ŁUBIANKA   | POL  | M60-64 | 6      | M 50 |             |              | 00:19:26 | 00:39:07.55 | 7:49   | 7.7  |

**ENEA POLISH NORDIC WALKING CUP - WĄGROWIEC - 5KM - 10/6, K65-69**

| M-ce | Nazwisko i imię        | Nr  | Klub                    | M-scowość   | Kraj | Kat.   | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.5km    | Netto       | min/km | km/h |
|------|------------------------|-----|-------------------------|-------------|------|--------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 1    | GAŁKOWSKA ELŻBIETA     | 112 | KGHM METRACO            | TUCZNO      | POL  | K65-69 | 1      | K 28 |             |              | 00:19:00 | 00:38:17.95 | 7:39   | 7.8  |
| 2    | WNEK EWA               | 222 | KGHM METRACO            | KŁODZKO     | POL  | K65-69 | 2      | K 33 |             |              | 00:18:59 | 00:38:41.30 | 7:44   | 7.8  |
| 3    | NIEDŹWIECKA MAŁGORZATA | 158 | NORDIC TEAM CZĘSTOCHOWA | CZĘSTOCHOWA | POL  | K65-69 | 3      | K 34 |             |              | 00:19:05 | 00:39:05.30 | 7:49   | 7.7  |
| 4    | TURZYŃSKA-STOPA MARIA  | 214 | BŁĘKITNI DZIEMIANY      | DZIEMIANY   | POL  | K65-69 | 4      | K 46 |             |              | 00:20:17 | 00:41:03.30 | 8:12   | 7.3  |

**ENEA POLISH NORDIC WALKING CUP - WĄGROWIEC - 5KM - 10/6, M65-69**

| M-ce | Nazwisko i imię      | Nr  | Klub                | M-scowość                   | Kraj | Kat.   | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.5km    | Netto       | min/km | km/h |
|------|----------------------|-----|---------------------|-----------------------------|------|--------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 1    | HELWICH STEFAN       | 122 | KGHM METRACO        | WIELEN                      | POL  | M65-69 | 1      | M 11 |             |              | 00:16:13 | 00:32:27.40 | 6:29   | 9.2  |
| 2    | GAJEWSKI EUGENIUSZ   | 111 | KGHM METRACO        | GORZÓW WIELKOPOLSKI         | POL  | M65-69 | 2      | M 15 |             |              | 00:16:14 | 00:33:08.10 | 6:37   | 9.1  |
| 3    | CIESIELSKI KRZYSZTOF | 97  | FAST WALKER         | GNIEZNO                     | POL  | M65-69 | 3      | M 47 |             |              | 00:19:08 | 00:38:34.35 | 7:42   | 7.8  |
| 4    | BERCZYŃSKI HENRYK    | 83  | NADLEŚNICTWO OKONEK | OKONEK, SZCZECIŃSKA<br>26/7 | POL  | M65-69 | 4      | M 52 |             |              | 00:19:15 | 00:39:12.40 | 7:50   | 7.7  |
| 5    | KOWALSKI MIROSŁAW    | 133 | GRYF N_W            | SZCZECINEK                  | POL  | M65-69 | 5      | M 67 |             |              | 00:20:46 | 00:43:13.25 | 8:38   | 6.9  |

**ENEA POLISH NORDIC WALKING CUP - WĄGROWIEC - 5KM - 10/6, K70-74**

| M-ce | Nazwisko i imię               | Nr  | Klub                      | M-scowość | Kraj | Kat.   | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.5km    | Netto       | min/km | km/h |
|------|-------------------------------|-----|---------------------------|-----------|------|--------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 1    | GRYGOROWICZ TERESA            | 119 | KGHM METRACO              | LUBIN     | POL  | K70-74 | 1      | K 43 |             |              | 00:19:52 | 00:40:22.35 | 8:04   | 7.4  |
| 2    | SZYMAŃSKA LUCYNA              | 205 | XV KOŁO PZERII W DYWITACH | KIEŻLINY  | POL  | K70-74 | 2      | K 53 |             |              | 00:20:34 | 00:42:26.65 | 8:29   | 7.1  |
| 3    | ANGIELCZYK MAŁGORZATA         | 81  | MARSZ PO ZDROWIE          | POZNAŃ    | POL  | K70-74 | 3      | K 58 |             |              | 00:21:20 | 00:43:22.60 | 8:40   | 6.9  |
| 4    | PANKIEWICZ-DMOWSKA<br>CECYLIA | 168 |                           | GOWINO    | POL  | K70-74 | 4      | K 70 |             |              | 00:22:19 | 00:46:32.50 | 9:18   | 6.4  |
| 5    | ŚLUSARCZYK DANUTA             | 211 | WESOŁY BORSUK TEAM        | PRUDNIK   | POL  | K70-74 | 5      | K 75 |             |              | 00:23:56 | 00:49:03.90 | 9:48   | 6.1  |

**ENEA POLISH NORDIC WALKING CUP - WĄGROWIEC - 5KM - 10/6, M70-74**

| M-ce | Nazwisko i imię    | Nr  | Klub             | M-scowość   | Kraj | Kat.   | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.5km    | Netto       | min/km | km/h |
|------|--------------------|-----|------------------|-------------|------|--------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 1    | GOŁĘBIEWSKI EDWARD | 115 | MARSZ PO ZDROWIE | POBIEDZISKA | POL  | M70-74 | 1      | M 40 |             |              | 00:18:19 | 00:37:11.95 | 7:26   | 8.1  |
| 2    | CZMOCH MARIAN      | 101 | PUKS JEDYNKA     | ŁOSICE      | POL  | M70-74 | 2      | M 45 |             |              | 00:18:51 | 00:38:09.85 | 7:37   | 7.9  |

**ENEA POLISH NORDIC WALKING CUP - WĄGROWIEC - 5KM - 10/6, M70-74 c.d.**

| M-ce | Nazwisko i imię     | Nr  | Klub               | M-scowość | Kraj | Kat.   | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.5km    | Netto       | min/km | km/h |
|------|---------------------|-----|--------------------|-----------|------|--------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 3    | BUCZKOWSKI JERZY    | 91  | KS SOKÓŁ GAŚAWA    | ŻNIN      | POL  | M70-74 | 3      | M 48 |             |              | 00:19:03 | 00:38:45.50 | 7:45   | 7.7  |
| 4    | WANDTKE ANTONI      | 216 |                    | REDA      | POL  | M70-74 | 4      | M 54 |             |              | 00:19:43 | 00:39:16.90 | 7:51   | 7.6  |
| 5    | ŚLUSARCZYK ANDRZEJ  | 209 | WESOŁY BORSUK TEAM | PRUDNIK   | POL  | M70-74 | 5      | M 55 |             |              | 00:20:12 | 00:39:18.60 | 7:51   | 7.6  |
| 6    | STAWIAK KAROL       | 245 | KGHM METRACO       | ŻNIN      | POL  | M70-74 | 6      | M 59 |             |              | 00:19:56 | 00:40:01.55 | 8:00   | 7.5  |
| 7    | JAKUBOWSKI ZBIGNIEW | 236 |                    | BIAŁYSTOK | POL  | M70-74 | 7      | M 60 |             |              | 00:19:47 | 00:40:06.10 | 8:01   | 7.5  |

**ENEA POLISH NORDIC WALKING CUP - WĄGROWIEC - 5KM - 10/6, K75-79**

| M-ce | Nazwisko i imię          | Nr  | Klub         | M-scowość | Kraj | Kat.   | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.5km    | Netto       | min/km | km/h |
|------|--------------------------|-----|--------------|-----------|------|--------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 1    | WORONKO-ZACZYŃSKA JANINA | 225 | KGHM METRACO | LUBIN     | POL  | K75-79 | 1      | K 63 |             |              | 00:21:58 | 00:44:23.90 | 8:52   | 6.8  |

**ENEA POLISH NORDIC WALKING CUP - WĄGROWIEC - 5KM - 10/6, M75-79**

| M-ce | Nazwisko i imię    | Nr  | Klub                      | M-scowość | Kraj | Kat.   | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.5km    | Netto       | min/km | km/h |
|------|--------------------|-----|---------------------------|-----------|------|--------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 1    | SZYMAŃSKI STEFAN   | 206 | XV KOŁO PZERII W DYWITACH | KIEŻLINY  | POL  | M75-79 | 1      | M 35 |             |              | 00:18:04 | 00:36:32.05 | 7:18   | 8.2  |
| 2    | RUSINOWICZ ANDRZEJ | 191 | NIEZRZESZONY PIŁA         | PIŁA      | POL  | M75-79 | 2      | M 41 |             |              | 00:18:31 | 00:37:25.90 | 7:29   | 8    |
| 3    | REMISZEWSKI ADAM   | 186 | UTW OLEŚNICA              | OLEŚNICA  | POL  | M75-79 | 3      | M 62 | 1           |              | 00:19:45 | 00:40:28.55 | 8:05   | 7.4  |
| 4    | PIĄTKOWSKI JÓZEF   | 171 | KGHM METRACO              | POLKOWICE | POL  | M75-79 | 4      | M 73 |             |              | 00:21:41 | 00:47:48.95 | 9:33   | 6.3  |

**ENEA POLISH NORDIC WALKING CUP - WĄGROWIEC - 5KM - 10/6, M80+**

| M-ce | Nazwisko i imię | Nr  | Klub            | M-scowość | Kraj | Kat. | M. kat | K/M  | Żół. kartki | Czer. kartki | 2.5km    | Netto       | min/km | km/h |
|------|-----------------|-----|-----------------|-----------|------|------|--------|------|-------------|--------------|----------|-------------|--------|------|
| 1    | THOMALLA BOGDAN | 213 | EKIPA NA KIJACH | ZABRZE    | POL  | M80+ | 1      | M 65 |             |              | 00:20:43 | 00:41:47.55 | 8:21   | 7.2  |
| 2    | WÓJCIK HENRYK   | 227 | UTW OLEŚNICA    | OLEŚNICA  | POL  | M80+ | 2      | M 74 |             |              | 00:23:40 | 00:47:53.25 | 9:34   | 6.3  |

**ENEA POLISH NORDIC WALKING CUP - WĄGROWIEC - 5KM - 10/6, Drużynowa**

| Miejsce | Drużyna                         | Zawodnicy klasyfikowani                                                                                          | Czas                                                               | Czas drużyny |
|---------|---------------------------------|------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------|--------------|
| 1       | EKSPEDYCJA NORDIC TEAM SZCZECIN | DARIUSZ LUDWICZAKJACEK MAŚLANKAROMAN FRĄCKOWIAKANDŻELIKA LUDWICZAKWEWA KARPENIAIZABELA OKRZESIK-FRĄCKOWIAK       | 00:31:42.9000:32:27.6000:32:36.5000:34:01.8000:34:13.5000:35:05.85 | 03:20:04     |
| 2       | KGHM METRACO                    | KRZYSZTOF SKIBAMIRON ROŻYNEKROMAN WOROCHANNA ZACZYŃSKA-SKIBAEŁŻBIETA GAŁKOWSKAEWA WNEK                           | 00:31:25.2000:31:33.5000:31:47.1500:32:59.6000:38:17.9500:38:41.30 | 03:24:42     |
| 3       | NORDIC TEAM CZĘSTOCHOWA         | TOMASZ MARCZAKDANIEL WOJTASIŃSKIMARCIN CIEŚLUKMAGDALENA RAJEKANNA KWECZKA-JANECZEKMAŁGORZATA NIEDŹWIECKA         | 00:29:43.5000:33:14.7000:34:51.1000:34:59.6500:35:06.1000:39:05.30 | 03:26:58     |
| 4       | NORDIC SPORT 2021               | JOACHIM BREWKAMICHAŁ GRUSZKAMICHAŁ GRUSZKAALICJA ZDRZALEKEWELINA PANKIEWICZIWONA WILK                            | 00:33:19.7500:35:10.9500:36:27.0500:36:31.3000:37:40.1500:45:54.95 | 03:45:03     |
| 5       | SERCE NORDICA WŁOCŁAWEK         | MARIANNA JÓŻWIAKANDRZEJ CZEKRYSEWWMARCEL WIERZCHOSŁAWSKIANNA PLUTO-PRĄDZYŃSKAZBIGNIEW PRACKIKRYSZYNA DAROSZEWSKA | 00:35:22.3000:37:27.9500:39:12.9500:39:18.0000:39:34.8000:39:37.35 | 03:50:30     |
| 6       | NORDIC WALKING KIEKRZ POLAND    | JAN STANISŁAWSKIPaweł KROMSKIAGATA NOWAKKINGA PRZYBYLSKAEWA EWERTOWSKAMICHAŁ BLASZKA                             | 00:34:23.0000:35:29.3000:37:28.4000:38:04.0000:38:41.0500:46:32.30 | 03:50:37     |