

BIEG URSYNOWA

Organizator: Urząd Dzielnicy Warszawa - Ursynów

Data: 2022-09-18

Miejsce: Warszawa

Dystans: 5 km

Klasyfikacja wg czasów netto.

W klasyfikacji open pierwsze 100 miejsc wg czasu brutto

BIEG URSYNOWA, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
1	GOS MATEUSZ	1576	OPTIMA RADOM		POL	M 20	1	M 1	00:07:25	00:14:53.80	00:14:54.95	2:58	20.2
2	SZYMANIAK KAMIL	1088	K2 RUNNING TEAM	TORUŃ	POL	M 30	1	M 2		00:15:13.50	00:15:14.80	3:02	19.7
3	WASIEWICZ KRZYSZTOF	1180	KONDYCJA	PIASECZNO	POL	M 30	2	M 3	00:07:39	00:15:25.05	00:15:26.60	3:05	19.5
4	DAMENTKA KAMIL	175	CTS	WARSZAWA	POL	M 20	2	M 4	00:07:39	00:15:31.30	00:15:33.10	3:06	19.3
5	SKIBIŃSKI MIKOŁAJ	1345	DUCLA ACADEMY	POZNAŃ	POL	M 30	3	M 5	00:07:46	00:15:53.85	00:15:55.00	3:10	18.9
6	KWARTA MACIEJ	592	ŻORAWSKI TEAM /MACIEJKWARTA	WARSZAWA	POL	M 30	4	M 6	00:07:49	00:15:59.50	00:16:01.30	3:11	18.8
7	KUBICKI ADAM	576		WARSZAWA	POL	M 30	5	M 7	00:08:00	00:16:12.60	00:16:14.40	3:14	18.5
8	TRĘBICKI IGNACY	1141	OKS SKRA WARSZAWA	WARSZAWA	POL	M 20	4	M 8	00:07:59	00:16:12.40	00:16:14.45	3:14	18.5
9	TOKARSKI PIOTR	1128		KRĘPA	POL	M 20	3	M 9	00:07:58	00:16:12.25	00:16:14.50	3:14	18.5
10	DZIADZISHCHAU ALIAKSEI	224	CLUB ANONYMOUS RUNNERS N.A. CABALO BLANKO	WARSZAWA	POL	M 30	6	M 10	00:08:02	00:16:13.50	00:16:15.55	3:14	18.5
11	WAMKA MATEUSZ	1178	SSP ORKA IŁAWA/CTS	BYDGOSZCZ	POL	M 20	6	M 11	00:08:03	00:16:26.25	00:16:28.35	3:17	18.3
12	GŁADECZKI DAWID	1482	UKS OSIR GÓRA KALWARIA	BANIOCHA	POL	M 20	5	M 12	00:08:12	00:16:25.70	00:16:29.95	3:17	18.3
13	ŚMIETANA STANISŁAW	1111		WARSZAWA	POL	M 20	7	M 13	00:08:12	00:16:33.95	00:16:36.75	3:18	18.1
14	BARANOWSKA MARIOLA	36	MKS ŻAK BIAŁA PODLASKA	MIĘDZYRZEC PODLASKI	POL	K 20	1	K 1	00:08:10	00:16:39.45	00:16:40.95	3:19	18
15	BERNARDELLI IWONA	1322	KLUB SPORTOWY PREFBET-SONAROL	WARSZAWA	POL	K 30	1	K 2	00:08:06	00:16:43.85	00:16:45.05	3:20	17.9
16	WYSOCKI MARCIN	1255	WARSZAWIAKI	MICHAŁOWICE	POL	M 30	7	M 14	00:08:22	00:16:51.50	00:16:53.60	3:22	17.8
17	ŁABĘDZKI KONRAD	622	DUKLANOWSKI TEAM	WARSZAWA	POL	M 30	8	M 15	00:08:13	00:16:53.95	00:16:56.90	3:22	17.8
18	GRABOWIEC ARKADIUSZ	1457	POWER TRAINING	WARSZAWA	POL	M 20	8	M 16	00:08:21	00:16:53.85	00:16:57.15	3:22	17.8
19	STASIOWSKI PIOTR	1028	NOWOSARZYŃSKA GRUPA BIEGOWA	BRZÓZA KRÓLEWSKA	POL	M 30	9	M 17	00:08:04	00:16:57.45	00:16:59.00	3:23	17.7
20	KOBYLECKI MATEUSZ	474	DOKĄD NOCĄ TUPTA JEŻ?	SKARŻYSKO-KAMIENNA	POL	M 20	9	M 18	00:08:28	00:16:56.90	00:16:59.45	3:23	17.7
21	ŻYŁA ARKADIUSZ	1306	TEAM KOPEĆ	MICHAŁÓW REGINÓW	POL	M 20	10	M 19	00:08:28	00:16:57.85	00:17:00.20	3:23	17.7
22	OMIELAN WOJCIECH	799		ELK	POL	M 20	11	M 20	00:08:22	00:17:03.70	00:17:05.20	3:24	17.6
23	KOWALCZYK MATEUSZ	520	MOCNA GRUPA CEZARA	WROCŁAW	POL	M 30	10	M 21	00:08:29	00:17:12.25	00:17:14.50	3:26	17.4
24	TKACZYK MATEUSZ	1124		PUŁAWY	POL	M 20	12	M 22	00:08:43	00:17:19.60	00:17:24.10	3:27	17.3
25	KLECZEWSKI PIOTR	456	UKS FILIPIDES	WARSZAWA	POL	M 16	1	M 23	00:08:36	00:17:23.20	00:17:25.70	3:28	17.3
26	ZYCH MARIUSZ	1294	BIEGAJ POD OKIEM TRENERA	WARSZAWA	POL	M 40	1	M 24	00:08:28	00:17:26.85	00:17:29.25	3:29	17.2
27	KARWOWSKI DANIEL	432	KB PŁOŃSK	WARSZAWA	POL	M 30	12	M 25	00:08:36	00:17:30.95	00:17:33.45	3:30	17.1
28	JASTRZĘBSKI PAWEŁ	391	YULO RUN TEAM SIEDLCE	SIEDLCE	POL	M 40	2	M 26	00:08:30	00:17:31.70	00:17:33.60	3:30	17.1
29	KOZIELSKI MICHAŁ	539	CTS	CELESTYNÓW	POL	M 30	11	M 27	00:08:48	00:17:28.00	00:17:34.00	3:29	17.2
30	JUSIŃSKI KRYSZTOF	405	BRACHTWO BIEGOWE BGK	WARSZAWA	POL	M 30	14	M 28	00:08:35	00:17:31.60	00:17:35.55	3:30	17.1
31	RYBCZAK PAWEŁ	1589	KUŹNIA TRATHLONU	WARSZAWA	POL	M 30	13	M 29	00:08:51	00:17:31.05	00:17:35.65	3:30	17.1
32	KOWALCZYK PIOTR	522	KAZIKI	WARSZAWA	POL	M 40	3	M 30	00:08:44	00:17:34.40	00:17:38.25	3:30	17.1
33	WITUSOWSKI PIOTR	1218	VEGE RUNNERS	WARSZAWA	POL	M 40	4	M 31	00:08:45	00:17:37.85	00:17:41.15	3:31	17
34	PRIMIK MAREK	890	VEGE RUNNERS	WARSZAWA	POL	M 40	5	M 32	00:08:45	00:17:37.90	00:17:41.55	3:31	17
35	MICHAŁOWSKI MACIEK	715	ITMBW KRAKÓW	BERLIN	GER	M 30	15	M 33	00:08:39	00:17:41.25	00:17:44.50	3:32	17
36	MAŁOLEPSZY RAFAŁ	670	ADAM DRACZYŃSKI RUNNING TEAM	WARSZAWA	POL	M 20	13	M 34	00:08:50	00:17:43.10	00:17:46.10	3:32	16.9
37	MAJCHRAK JULIAN	660	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 30	16	M 35	00:08:48	00:17:43.60	00:17:46.40	3:32	16.9
38	GŁODOWSKI MICHAŁ	283	ŻORAWSKI TEAM	WARSZAWA	POL	M 30	17	M 36	00:08:51	00:17:50.10	00:17:51.90	3:34	16.8
39	LEWIAK MICHAŁ	612	TRUCHT.COM	ŁÓDŹ	POL	M 30	18	M 37	00:08:38	00:17:51.10	00:17:54.05	3:34	16.8
40	STELMACH DOMINIKA	1405	RK ATHLETICS	WARSZAWA	POL	K 40	1	K 3	00:08:42	00:17:53.10	00:17:55.30	3:34	16.8
41	SYGULA ALEKSANDER	1046	KOLARSKI.EU TEAM	WARSZAWA	POL	M 12	1	M 38	00:08:51	00:17:54.05	00:17:56.10	3:34	16.8
42	GRUZA MAREK	319	BIEGANIEPO40.PL	KAZUŃ BIELANY	POL	M 40	6	M 39	00:08:49	00:17:59.45	00:17:59.45	3:35	16.7
43	NIEMIRA MICHAŁ	770	MPK WYBIEGANIE	WARSZAWA	POL	M 30	20	M 40	00:08:58	00:17:56.90	00:18:00.65	3:35	16.7
44	FURMAN TOMASZ	259	KS STASZEWSKY	WARSZAWA	POL	M 50	1	M 41	00:08:48	00:17:56.00	00:18:02.50	3:35	16.7
45	NACZAS ŁUKASZ	756		WARSZAWA	POL	M 30	19	M 42	00:08:55	00:17:56.90	00:18:02.60	3:35	16.7

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46	KRYŚCIAK JACEK	1465		ŁÓDŹ	POL	M 30	21	M 43	00:08:56	00:17:58.30	00:18:03.90	3:35	16.7
47	ŚLIWA KRZYSZTOF	1109	KS LEMIESZ TEAM WARSZAWA	WARSZAWA	POL	M 30	22	M 44	00:08:57	00:18:02.10	00:18:05.80	3:36	16.6
48	PIOTROWSKI MARIUSZ	862	MKB DREPTAK	MIŃSK MAZOWIECKI	POL	M 40	7	M 45	00:08:59	00:18:04.70	00:18:07.35	3:36	16.6
49	SZYMCHAK BARTŁOMIEJ	1099		WARSZAWA	POL	M 16	2	M 46	00:08:54	00:18:05.10	00:18:09.00	3:37	16.6
50	ŁOJEWSKI MARCIN	635	BIEGOWY WARIAT RUNNING TEAM	WARSZAWA	POL	M 30	23	M 47	00:09:04	00:18:05.70	00:18:09.00	3:37	16.6
51	KORZENIOWSKI DARIUSZ	504	ACCELERATIN POLAND	WARSZAWA	POL	M 40	9	M 48	00:08:51	00:18:06.55	00:18:09.70	3:37	16.6
52	GÓDŹ MICHAŁ	302		WARSZAWA	POL	M 40	8	M 49	00:08:59	00:18:05.70	00:18:10.00	3:37	16.6
53	STOCHMALSKI MARCIN	1034	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 30	24	M 50	00:09:05	00:18:06.00	00:18:11.60	3:37	16.6
54	ŚCISŁOWSKI NORBERT	1106	KS START PUŁASKI WARKA	WARKA	POL	M 40	10	M 51	00:08:59	00:18:08.95	00:18:12.20	3:37	16.5
55	ZASĘPA SEBASTIAN	1274	TEAM ZABIEGANEDNI	JOZEFOSLAW	POL	M 40	11	M 52	00:08:54	00:18:19.25	00:18:21.65	3:39	16.4
56	CIESIELSKI MARIUSZ	146		GRODZISK MAZOWIECKI	POL	M 30	25	M 53	00:09:03	00:18:21.65	00:18:21.65	3:40	16.3
57	OWCZARZAK RAFAŁ	812	BIEGOWY WARIAT RUNNING TEAM	WARSZAWA	POL	M 40	12	M 54	00:09:07	00:18:20.95	00:18:24.30	3:40	16.4
58	ZYCH PAWEŁ	1338	ALLIANZ RUNNING TEAM	BRWINÓW	POL	M 40	13	M 55	00:08:59	00:18:29.05	00:18:32.50	3:41	16.2
59	GREWIŃSKI TOMASZ	1433	LIPIEC RUNNING TEAM	WARSZAWA	POL	M 50	2	M 56	00:09:13	00:18:27.10	00:18:33.55	3:41	16.3
60	KĄZMIERCZAK MARTA	1443	DREAM RUN	WARSZAWA	POL	K 40	2	K 4	00:09:07	00:18:31.00	00:18:35.50	3:42	16.2
61	NIEDZIAŁEK MICHAŁ	765	AZS SZKOŁA GŁÓWNA HANDLOWA	WARSZAWA	POL	M 20	14	M 57	00:08:56	00:18:31.60	00:18:36.80	3:42	16.2
62	BURDACH DARIUSZ	114	JAKCTEAM/TEAM PARSZCZYŃSKICH	WARSZAWA	POL	M 40	14	M 58	00:09:09	00:18:32.80	00:18:37.50	3:42	16.2
63	KOBUSZEWSKI ARTUR	471	BIEGOWY WARIAT RUNNING TEAM	WARSZAWA	POL	M 40	15	M 59	00:09:09	00:18:35.90	00:18:38.40	3:43	16.1
64	KRÓL KAMIL	557		PIASECZNO	POL	M 20	15	M 60	00:09:16	00:18:36.10	00:18:43.20	3:43	16.1
65	KALBARCZYK ADRIANA	1503	DUCLA ACADEMY WARSZAWA	WARSZAWA	POL	K 30	2	K 5	00:09:13	00:18:40.70	00:18:45.20	3:44	16.1
66	FAJKOWSKI PIOTR	238	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 30	27	M 61	00:09:12	00:18:40.75	00:18:46.75	3:44	16.1
67	TRONIARZ PAWEŁ	1145	T&T BRO	RASZYN	POL	M 40	16	M 62	00:09:14	00:18:41.20	00:18:46.90	3:44	16.1
68	CLAPIŃSKI BRUNO	153		WARSZAWA	POL	M 16	3	M 63	00:09:22	00:18:40.50	00:18:48.05	3:44	16.1
69	NIEDZIÓŁKA JAKUB	768	TEAM KOPEĆ	GRABIANÓW	POL	M 20	16	M 64	00:09:11	00:18:42.30	00:18:48.10	3:44	16
70	JAGODZIŃSKI KAROL	1339	POWER POGROM	WARSZAWA	POL	M 30	26	M 65	00:09:19	00:18:39.00	00:18:48.40	3:43	16.1
71	TRZCIŃSKA JOANNA	1389	AZS AWF WARSZAWA	WARSZAWA	POL	K 20	2	K 6	00:09:14	00:18:45.80	00:18:49.70	3:45	16
72	ZHENG HAISHAN	1283		TARCZYN	CHN	M 40	17	M 66	00:09:22	00:18:41.35	00:18:51.50	3:44	16.1
73	GÓRSKI PATRYK	299	UKS OSIR GÓRA KALWARIA	BANIOCHA	POL	M 16	4	M 67	00:09:31	00:18:51.85	00:18:51.85	3:46	15.9
74	SZEWCIK RAFAŁ	1072		OLSZTYN	POL	M 40	18	M 68	00:09:05	00:18:47.10	00:18:51.90	3:45	16
75	SYGULA MATEUSZ	1047		MICHAŁOWICE	POL	M 40	20	M 69	00:09:12	00:18:50.75	00:18:52.95	3:46	15.9
76	SKWARCZEK OLEK	994		WARSZAWA	POL	M 30	28	M 70	00:09:22	00:18:47.80	00:18:56.30	3:45	16
77	ZDEB PRZEMEK	1280	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 40	19	M 71	00:09:21	00:18:50.65	00:18:59.00	3:46	15.9
78	GARDZIEL JERZY	266	KONDYCJA PIASECZNO	JULIANÓW	POL	M 40	21	M 72	00:09:12	00:18:54.50	00:19:00.95	3:46	15.9
79	KOWALCZYK MARCIN	521	TRIMASTERS WARSZAWA	WARSZAWA	POL	M 30	30	M 73	00:09:17	00:18:56.85	00:19:04.40	3:47	15.8
80	CHRAPEK JANUSZ	136	ROSSMANN	WARSZAWA	POL	M 40	23	M 74	00:09:21	00:18:57.05	00:19:05.55	3:47	15.8
81	SZAŁADZIŃSKI SEBASTIAN	1432	HARPAGONS	ZĄBKI	POL	M 40	22	M 75	00:09:30	00:18:56.50	00:19:05.60	3:47	15.8
82	BOGUCKI MARCIN	76	TRINERGY	WARSZAWA	POL	M 30	29	M 76	00:09:20	00:18:55.90	00:19:06.10	3:47	15.9
83	KOSTRZEWSKA JUSTYNA	511	ADIDAS RUNNERS WARSAW	ŁOMIAŃKI DOLNE	POL	K 40	3	K 7	00:09:20	00:18:57.10	00:19:07.70	3:47	15.8
84	GASZEWSKA MAŁGORZATA	270	ZA LINIĄ METY	WARSZAWA	POL	K 20	3	K 8	00:09:25	00:18:58.65	00:19:07.85	3:47	15.8
85	KOPKA MARCELINA	497	ŻÓRAWSKI TEAM/ ADIDAS RUNNERS WARSAW	WARSZAWA	POL	K 20	4	K 9	00:09:21	00:18:59.90	00:19:08.70	3:47	15.8
86	PIKUS PRZEMEK	1391	LIPIEC RUNNING TEAM	BABICE NOWE	POL	M 40	24	M 77	00:09:22	00:19:02.35	00:19:08.70	3:48	15.8
87	MIKOŁAJCZYK MACIEJ	719	MOCNO GROCHÓW	WARSZAWA	POL	M 40	25	M 78	00:09:17	00:19:02.90	00:19:10.35	3:48	15.8
88	MARZEC MARCIN	1413	DUKLANOWSKI TEAM	WARSZAWA	POL	M 40	28	M 79	00:09:26	00:19:06.05	00:19:10.45	3:49	15.7
89	DOROCIAK KAMIL	200		WARSZAWA	POL	M 40	26	M 80	00:09:22	00:19:03.20	00:19:12.60	3:48	15.7
90	WOJCIECHOWSKI MICHAŁ	1232		WARSZAWA	POL	M 40	27	M 81	00:09:23	00:19:05.90	00:19:14.05	3:49	15.7
91	STASZEWSKI WOJCIECH	1030	KS STASZEWSKY	WARSZAWA	POL	M 50	3	M 82	00:09:25	00:19:06.85	00:19:14.10	3:49	15.7
92	ŁUCKA DARIUSZ	642		NOWA IWICZNA	POL	M 30	32	M 83	00:09:21	00:19:06.00	00:19:14.25	3:49	15.7
93	ZIORKIEWICZ BLAZEJ	1325	RK ATHLETICS	WARSZAWA	POL	M 16	5	M 84	00:09:22	00:19:05.50	00:19:15.20	3:49	15.7
94	RUSZNIK PIOTR	940	LIPIEC RUNNING TEAM	PIASECZNO	POL	M 40	29	M 85	00:09:27	00:19:09.80	00:19:15.20	3:49	15.7
95	PIATKA TOMASZ	845	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 30	31	M 86	00:09:27	00:19:04.35	00:19:15.30	3:48	15.7
96	KOWALCZYK WOJCIECH	518	UKS ORZEŁKI WARSZAWA	WARSZAWA	POL	M 16	6	M 87	00:09:17	00:19:12.10	00:19:17.20	3:50	15.6
97	KRYSTIAN JARGIŁO	1531		DZWOLA	POL	M 20	17	M 88	00:09:23	00:19:10.10	00:19:18.55	3:50	15.7
98	AŚLANOWICZ MARCIN	28	ŻÓRAWSKI TEAM	WARSZAWA	POL	M 40	30	M 89	00:09:23	00:19:09.95	00:19:18.55	3:49	15.7
99	SZELIGOWSKI KAMIL	1543		ANDRZEJEWO	POL	M 30	33	M 90	00:09:24	00:19:10.45	00:19:19.85	3:50	15.7
100	GRZYBOWSKI MARIUSZ	329		KOBYŁKA	POL	M 50	4	M 91	00:09:19	00:19:14.95	00:19:19.95	3:50	15.6
101	URBANIAK ALEKSANDER	1166		WARSZAWA	POL	M 40	31	M 92	00:09:29	00:19:12.45	00:19:23.45	3:50	15.6

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102	KNAP CZAREK	468	HOŻA TEAM SKYRUNNERS	SZCZECIN	POL	M 50	5	M 93	00:09:32	00:19:15.80	00:19:23.70	3:51	15.6
103	CIERNIEWSKI MACIEJ	145	ARTUR KOZŁOWSKI TEAM (PLANBIEGANIE.PL)	STACHOWO	POL	M 30	34	M 94	00:09:27	00:19:16.60	00:19:26.90	3:51	15.6
104	WALENCIK MARCIN	1176		RADOM	POL	M 30	35	M 95	00:09:44	00:19:18.30	00:19:27.90	3:51	15.5
105	BUKAŁA MARCIN	111	VEGE RUNNERS	WARSZAWA	POL	M 20	18	M 96	00:09:36	00:19:22.25	00:19:32.85	3:52	15.5
106	ZIELIŃSKI BARTŁOMIEJ	1289		MIŃSK MAZOWIECKI	POL	M 20	19	M 97	00:09:25	00:19:22.30	00:19:31.70	3:52	15.5
107	JANOWSKI JACEK	379		LEGIONOWO	POL	M 40	32	M 98	00:09:16	00:19:22.45	00:19:39.05	3:52	15.5
108	MAĆKOWSKI DANIEL	657	ZABIEGANY WOŁOMIN	ZAGOŚCINIEC	POL	M 40	33	M 99	00:09:25	00:19:24.65	00:19:34.65	3:52	15.5
109	JAKUBCZAK WŁODEK	366	7N POLSKA	PRUSZKÓW	POL	M 40	34	M 100	00:09:27	00:19:24.90	00:19:31.10	3:52	15.5
110	DABROWA KAMIL	1330	GRUPA BIEGOWA UM. ST. WARSZAWY	WARSZAWA	POL	M 40	35	M 101	00:09:29	00:19:25.05	00:19:31.20	3:53	15.5
111	KARPIŃSKI RADOSŁAW	429	STARE BABICE BIEGAJĄ	ZIELONKI PARCELA	POL	M 40	36	M 102	00:09:44	00:19:25.40	00:19:37.55	3:53	15.5
112	KACPRZYK ALEX	408	RP RUNNERS	WARSZAWA	POL	M 50	6	M 103		00:19:25.40	00:19:39.30	3:53	15.5
113	STOKOWSKI DARIUSZ	1036		CIECHANÓW	POL	M 30	36	M 104	00:09:31	00:19:26.30	00:19:26.30	3:53	15.4
114	JASZCZYŃSKI ANDRZEJ	1505	INFINITUS ATHLETICS	WARSZAWA	POL	M 30	37	M 105	00:09:46	00:19:27.70	00:19:39.60	3:53	15.4
115	LETKOWSKI DARIUSZ	1522	GAPMONT RUNNING TEAM	WARSZAWA	POL	M 40	37	M 106	00:09:25	00:19:28.05	00:19:31.65	3:53	15.4
116	BISOWSKI MARIUSZ	69		KOBYŁKA	POL	M 40	38	M 107	00:09:23	00:19:28.75	00:19:37.55	3:53	15.4
117	LENDZION MARCIN	603	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 16	7	M 108	00:09:27	00:19:29.35	00:19:36.30	3:53	15.4
118	PODWORSKI KACPER	1474	UKS OSIR GÓRA KALWARIA	GÓRA KALWARIA	POL	M 16	8	M 109	00:09:45	00:19:31.40	00:19:42.65	3:54	15.4
119	SZYMAŃSKI HUBERT	1092	NOWE MIASTO	WARSZAWA	POL	M 30	38	M 110	00:09:39	00:19:32.20	00:19:55.35	3:54	15.4
120	TOMCZAK JOANNA	1136		WARSZAWA	POL	K 30	3	K 10	00:09:44	00:19:33.20	00:19:37.75	3:54	15.3
121	STEFAŃSKI MICHAŁ	1366	RK ATHLETICS	WARSZAWA	POL	M 12	2	M 111	00:09:24	00:19:33.30	00:19:42.40	3:54	15.3
122	REGULSKI PAWEŁ	919	GÓRA BIEGA	WARKA	POL	M 20	20	M 112	00:09:44	00:19:34.40	00:19:47.35	3:54	15.3
123	DZIWOSZ KATARZYNA	231	WARSAW RUN CLUB	WARSZAWA	POL	K 40	4	K 11	00:09:27	00:19:34.60	00:19:41.10	3:54	15.3
124	KUCHARCZYK PAWEŁ	579	ROZBIEGANE MICHAŁOWICE	OPACZ KOLONIA	POL	M 50	7	M 113	00:09:33	00:19:35.15	00:19:42.10	3:55	15.3
125	SZCZYGIELSKI HUBERT	1067	GÓRA BIEGA	KRĘPA	POL	M 40	39	M 114	00:09:44	00:19:35.75	00:19:47.60	3:55	15.3
126	ŻWIRUK KAROL	1305	SZYBKIE KOPYTO ULTRA	WARSZAWA	POL	M 40	40	M 115	00:09:41	00:19:36.10	00:19:39.55	3:55	15.3
127	PLUSZKA ADAM	870	VEGE RUNNERS	WARSZAWA	POL	M 40	41	M 116	00:09:42	00:19:36.35	00:19:47.05	3:55	15.3
128	MICHAŁAK MARIUSZ	707	MM TEAM	WARSZAWA	POL	M 50	8	M 117	00:09:41	00:19:36.45	00:19:47.20	3:55	15.3
129	LISZKA KRZYSZTOF	617	KAZIKI	WARSZAWA	POL	M 30	39	M 118	00:09:32	00:19:36.90	00:19:42.60	3:55	15.3
130	WŁAZAŁEK NATALIA	1221	ADIDASRUNNERSWARSAW	PILAWA	POL	K 20	5	K 12	00:09:46	00:19:37.95	00:19:51.45	3:55	15.3
131	MACIĄG PRZEMYSŁAW	653		WARSZAWA	POL	M 40	42	M 119	00:09:43	00:19:39.25	00:19:53.35	3:55	15.3
132	KOZŁOWSKI PATRYK	540	GÓRA BIEGA	GÓRA KALWARIA	POL	M 40	43	M 120	00:09:45	00:19:40.10	00:19:51.35	3:56	15.3
133	CIECIELĄG ADAM	143	KS PEGAZ	PIASECZNO	POL	M 16	9	M 121	00:09:27	00:19:40.25	00:19:49.10	3:56	15.3
134	PSZENICZNA JOANNA	903	VEGE RUNNERS	WARSZAWA	POL	K 30	4	K 13	00:09:46	00:19:40.70	00:19:51.75	3:56	15.3
135	POTOROKA VITALII	1362	ROZBIEGANY PIASTÓW	PRUSZKÓW	POL	M 20	21	M 122		00:19:45.00	00:19:46.00	3:57	15.2
136	DESKA LESZEK	1442		NOWA IWICZNA	POL	M 40	44	M 123	00:09:30	00:19:45.50	00:19:59.70	3:57	15.2
137	RUPIŃSKI KRZYSZTOF	939		KONSTANCIN-JEZIORNA	POL	M 30	40	M 124	00:09:28	00:19:47.60	00:19:57.00	3:57	15.2
138	BAR WIESŁAW	34		WARSZAWA	POL	M 50	9	M 125	00:09:46	00:19:47.60	00:19:58.55	3:57	15.2
139	KRZYŻANOWSKI JAN	569		WARSZAWA	POL	M 16	10	M 126	00:09:44	00:19:47.90	00:20:01.95	3:57	15.2
140	KANIA PRZEMYSŁAW	417		HORNOWEK	POL	M 50	10	M 127	00:09:45	00:19:48.15	00:20:00.30	3:57	15.2
141	LUTYŃSKI JAKUB	621		WARSZAWA	POL	M 30	41	M 128	00:09:46	00:19:48.25	00:19:58.55	3:57	15.2
142	KONDRAT MIRON	489		ZĄBKI	POL	M 14	1	M 129	00:09:44	00:19:49.65	00:20:02.75	3:57	15.1
143	SŁAWIŃSKI PIOTR	995		WARSZAWA	POL	M 40	45	M 130	00:09:41	00:19:50.70	00:20:17.40	3:58	15.1
144	BRACHACZEK BARTOSZ	91	POWER TRAINING	WARSZAWA	POL	M 30	42	M 131	00:09:50	00:19:53.10	00:20:03.25	3:58	15.1
145	KUZIEMSKI MARCIN	591		WARSZAWA	POL	M 40	46	M 132	00:10:02	00:19:57.50	00:20:20.80	3:59	15
146	SMOLIŃSKI RAFAŁ	1003	GUMISIE	WARSZAWA	POL	M 40	47	M 133	00:09:28	00:19:57.55	00:20:04.95	3:59	15
147	PAZDAN MATEUSZ	839		WARSZAWA	POL	M 40	48	M 134	00:09:46	00:19:57.90	00:20:04.90	3:59	15
148	BOCIAN MICHAŁ	1353	TEAM ZABIEGANEDNI	WIĄZOWNA	POL	M 40	49	M 135	00:09:53	00:19:59.10	00:20:17.75	3:59	15
149	BIELECKI JAKUB	61	SPOCENI W LODUFCE	WARSZAWA	POL	M 30	43	M 136	00:10:02	00:20:00.00	00:20:22.15	4:00	15
150	UMIASTOWSKI BARTOSZ	1165		NOWY DWÓR MAZOWIECKI	POL	M 20	22	M 137	00:09:47	00:20:00.25	00:20:14.45	4:00	15
151	TELEON PIOTR	1122	PIOTR TELEON	WARSZAWA	POL	M 40	50	M 138	00:09:37	00:20:00.30	00:20:12.30	4:00	15
152	SYNOWCZYK MACIEJ	1049		WARSZAWA	POL	M 30	44	M 139	00:09:41	00:20:01.15	00:20:17.30	4:00	15
153	PRZEWOZNIK JAN	898		WASZAWA	POL	M 40	51	M 140	00:09:50	00:20:01.65	00:20:22.25	4:00	15
154	KOŁODZIEJSKI MICHAŁ	481	LIPIEC RUNNING TEAM	WARSZAWA	POL	M 40	52	M 141	00:09:51	00:20:02.95	00:20:09.70	4:00	15
155	ZAJĄC MARCIN	1542		WARSZAWA	POL	M 20	23	M 142	00:09:46	00:20:03.20	00:20:20.60	4:00	15
156	GRUBA REMIGIUSZ	315		JULIANÓW	POL	M 40	53	M 143	00:09:58	00:20:04.95	00:20:04.95	4:00	15
157	WODZIŃSKI MICHAŁ	1228		WARSZAWA	POL	M 30	45	M 144	00:10:02	00:20:06.85	00:20:23.90	4:01	14.9

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
158	DOBROWOLSKI SŁAWEK	194	NAPRZÓD MŁOCINY/NBRC	WARSZAWA	POL	M 50	11	M 145	00:09:58	00:20:08.15	00:20:23.25	4:01	14.9
159	SMOLIŃSKI MICHAŁ	1002		WARSZAWA	POL	M 40	54	M 146	00:09:43	00:20:09.40	00:20:24.10	4:01	14.9
160	CHOIŃSKI PAWEŁ	132	SMASHING PAPKINS	WARSZAWA	POL	M 30	46	M 147	00:09:58	00:20:09.65	00:20:22.55	4:01	14.9
161	KALINOWSKI BARTOSZ	1546	KONDYCJA	NOWA IWICZNA	POL	M 16	11	M 148	00:09:26	00:20:13.75	00:20:23.45	4:02	14.8
162	PRZYBYSZ ANDRZEJ	900		WARSZAWA	POL	M 40	55	M 149	00:09:47	00:20:14.00	00:20:29.65	4:02	14.8
163	MARZEC ZBIGNIEW	683	BIEGAJACY KUCHARZ	PIASECZNO	POL	M 30	47	M 150	00:09:43	00:20:14.20	00:20:17.00	4:02	14.8
164	ŚLINKO DANIEL	1108	OLEJ RUNNING TEAM	WARSZAWA	POL	M 30	48	M 151	00:10:11	00:20:14.30	00:20:31.95	4:02	14.8
165	JAROSIŃSKI ŁUKASZ	387	TANČĄCE MUCHOMORKI	HALINÓW	POL	M 40	56	M 152	00:09:59	00:20:14.45	00:20:36.40	4:02	14.8
166	GANCZEWSKI PAWEŁ	265		GRANICA	POL	M 50	12	M 153	00:10:09	00:20:15.85	00:20:31.75	4:03	14.8
167	GARTKIEWICZ ADAM	267	DUKLANOWSKI TEAM	WARSZAWA	POL	M 50	13	M 154	00:09:46	00:20:15.90	00:20:24.65	4:03	14.8
168	OLSZAK ZENON	797	KB OŻARÓW MAZOWIECKI BIEGA	WARSZAWA	POL	M 50	14	M 155	00:09:45	00:20:16.00	00:20:29.70	4:03	14.8
169	DĘBECKI MICHAŁ	187	KONDYCJA	KRĘPA	POL	M 50	15	M 156	00:10:07	00:20:19.45	00:20:35.05	4:03	14.8
170	KIJJANCZYK DOMINIK	451		GRZĘDY	POL	M 20	24	M 157	00:09:59	00:20:20.25	00:20:34.55	4:04	14.8
171	SITKIEWICZ JACEK	978		WARSZAWA	POL	M 40	57	M 158	00:09:59	00:20:20.25	00:20:47.40	4:04	14.8
172	WOLSKI KRZYSZTOF	1239	WWW.LAMPYNAOWADY.EU	WARSZAWA	POL	M 40	58	M 159	00:09:44	00:20:21.25	00:20:35.85	4:04	14.7
173	KRUPKA MARCIN	560	STAJNIAK TEAM	KOŁBIEL	POL	M 30	49	M 160	00:09:54	00:20:23.20	00:20:33.50	4:04	14.7
174	KONDRAT OSKAR	488		ZĄBKI	POL	M 14	2	M 161	00:09:45	00:20:23.65	00:20:36.45	4:04	14.7
175	DROZD MACIEJ	205		WARSZAWA	POL	M 40	59	M 162	00:09:53	00:20:24.10	00:20:37.80	4:04	14.7
176	SZYMCZAK KAMIL	1101		WARSZAWA	POL	M 20	25	M 163	00:09:48	00:20:25.05	00:20:37.85	4:05	14.7
177	RADKOWSKA MAŁGORZATA	1311	WARNER BROS. DISCOVERY	WARSZAWA	POL	K 30	5	K 14	00:09:46	00:20:25.25	00:20:38.35	4:05	14.7
178	PILIPCZUK JAKUB	857		ZAMOŚĆ	POL	M 20	26	M 164	00:09:58	00:20:25.30	00:20:36.40	4:05	14.7
179	ZIELIŃSKI ŁUKASZ	1287	GÓRA BIEGA	GÓRA KALWARIA	POL	M 20	27	M 165	00:09:48	00:20:25.55	00:20:38.20	4:05	14.7
180	PĄPROWICZ WOJCIECH	840		WARSZAWA	POL	M 40	60	M 166	00:09:51	00:20:25.55	00:20:33.60	4:05	14.7
181	ŁĘCKI TOMASZ	631	BW RUNNING TEAM	WARSAW	POL	M 40	61	M 167	00:09:49	00:20:26.30	00:20:34.75	4:05	14.7
182	PIENIAŻEK KAMIL	850		WARSZAWA	POL	M 30	50	M 168	00:09:45	00:20:26.80	00:20:39.60	4:05	14.7
183	FILIPOWICZ WOJCIECH	1365		WARSZAWA	POL	M 40	62	M 169	00:09:58	00:20:29.40	00:20:44.30	4:05	14.6
184	SOBOLEWSKI PIOTR	1010		MIŃSK MAZOWIECKI	POL	M 30	51	M 170	00:09:55	00:20:29.90	00:20:43.25	4:05	14.6
185	KIBITLEWSKA EMILIA	444		SUWAŁKI	POL	K 30	6	K 15	00:10:03	00:20:30.15	00:20:44.75	4:06	14.6
186	PAGACZ BARTOSZ	816		WARSZAWA	POL	M 40	63	M 171	00:10:17	00:20:31.00	00:20:44.70	4:06	14.6
187	JAKUBIK FILIP	370		LESZNO	POL	M 20	28	M 172	00:10:45	00:20:31.80	00:21:25.55	4:06	14.6
188	SNARSKI PIOTR	1005	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 30	52	M 173	00:09:45	00:20:33.05	00:20:42.50	4:06	14.6
189	RUDNIK MARCIN	1502		WARSZAWA	POL	M 40	64	M 174	00:10:03	00:20:33.30	00:20:40.90	4:06	14.6
190	PIOTROWSKI TOMASZ	863		KONSTANCIN-JEZIORNA	POL	M 50	16	M 175	00:09:53	00:20:34.65	00:20:44.75	4:06	14.6
191	PIOTROWSKI STANISŁAW	864	AZS AWF WARSZAWA	KONSTANCIN-JEZIORNA	POL	M 12	3	M 176	00:09:53	00:20:34.65	00:20:44.65	4:06	14.6
192	SZYMAŃSKA AGNIESZKA	1091	BIEGOWY WARIAT RUNNING TEAM	ŁOMIAŃKI	POL	K 40	5	K 16	00:10:00	00:20:35.20	00:20:41.20	4:07	14.6
193	VEREMCHUK YULIIA	1171	BIEGAM BO LUBIEŹ	WARSZAWA	POL	K 30	7	K 17	00:10:05	00:20:35.35	00:20:40.65	4:07	14.6
194	WIATROWSKI BŁAŻEJ	1191		WARSZAWA	POL	M 40	65	M 177	00:09:58	00:20:35.70	00:20:52.00	4:07	14.6
195	TORZEWSKI JANUSZ	1140		WARSZAWA	POL	M 40	66	M 178	00:09:55	00:20:36.45	00:20:49.20	4:07	14.6
196	ŻURAWSKI MARCIN	1301	ADIDAS RUNNERS WARSAW/DRUŻYNABLONDYNA	WARSZAWA	POL	M 40	67	M 179	00:10:10	00:20:39.00	00:20:58.50	4:07	14.5
197	DEMBIŃSKI MACIEJ	183	KNP	WARSZAWA	POL	M 30	53	M 180	00:10:01	00:20:39.25	00:21:02.10	4:07	14.5
198	KOWALSKI MATEUSZ	531		KONSTANCIN-JEZIORNA	POL	M 40	68	M 181	00:10:16	00:20:41.40	00:21:03.15	4:08	14.5
199	LISZKA KAROLINA	616	KAZIKI	WARSZAWA	POL	K 30	8	K 18	00:10:01	00:20:43.80	00:20:55.40	4:08	14.5
200	SŁOMCZYŃSKA KAROLINA	996	BEMA 2 M. 53	PIASTÓW	POL	K 30	9	K 19	00:10:12	00:20:46.75	00:21:00.10	4:09	14.4
201	MARCZAK KAMIL	678	PAWKO RUNNER TEAM	WARKA	POL	M 30	54	M 182	00:10:18	00:20:47.85	00:20:47.85	4:09	14.4
202	ZYGON KRZYSZTOF	1295		WARSZAWA	POL	M 30	55	M 183	00:10:29	00:20:49.05	00:21:24.55	4:09	14.4
203	SIESTRZYKOWSKA KATARZYNA	976		WARSZAWA	POL	K 20	6	K 20	00:10:13	00:20:49.20	00:21:10.95	4:09	14.4
204	RYBAK ADAM	946	KONDYCJA PIASECZNO	USTANÓW	POL	M 40	69	M 184	00:10:15	00:20:49.75	00:21:05.25	4:09	14.4
205	KRZEPKOWSKI RADOSŁAW	567	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 40	70	M 185	00:10:07	00:20:50.15	00:21:07.00	4:10	14.4
206	WIERZCHOŁOWSKI MARCIN	1197		WARSZAWA	POL	M 40	71	M 186	00:10:18	00:20:50.55	00:21:15.05	4:10	14.4
207	FRĄCZYK PIOTR	254	PWPW RUNNING TEAM	NOWA IWICZNA	POL	M 40	72	M 187	00:10:04	00:20:53.15	00:21:16.00	4:10	14.4
208	KULIŃSKI SZYMON	1467	KLUB BIEGOWY DOKOTRA PAI-HI-VO	WARSZAWA	POL	M 40	73	M 188	00:10:10	00:20:53.75	00:21:12.95	4:10	14.4
209	ADAMCZYK PRZEMYSŁAW	13	ADIDAS RUNNERS WARSAW / RYKOWISKO TEAM	WARSZAWA	POL	M 40	74	M 189	00:10:35	00:20:53.85	00:21:22.60	4:10	14.4
210	KORNIENKO SERHII	499		WARSZAWA	POL	M 40	75	M 190	00:09:59	00:20:57.10	00:21:13.40	4:11	14.3
211	RYŻKOWSKI MARIUSZ	951	YULO RUN TEAM SIEDLCE	SIEDLCE	POL	M 40	76	M 191	00:10:08	00:20:57.55	00:21:12.95	4:11	14.3
212	POPLAWSKI MICHAŁ	885	KUŹNIA TRIATHLONU	WARSZAWA	POL	M 40	77	M 192	00:10:09	00:20:57.80	00:21:17.90	4:11	14.3

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
213	GÓRSKI MACIEJ	300		WARSZAWA	POL	M 40	78	M 193	00:10:21	00:20:58.55	00:21:21.30	4:11	14.3
214	PRUSAKIEWICZ KATARZYNA	895		WARSZAWA	POL	K 30	10	K 21	00:10:29	00:20:59.30	00:21:14.30	4:11	14.3
215	BARTNIAK DARIA	41	NO LIMITS TRAIL TEAM	STARA WIEŚ	POL	K 30	11	K 22	00:10:27	00:20:59.45	00:21:27.55	4:11	14.3
216	FIGURSKI ADAM	246		WARSZAWA	POL	M 30	56	M 194	00:10:34	00:21:00.10	00:22:24.15	4:12	14.3
217	STANISZEWSKI RAFAŁ	1024	TURBODZIKI	WARSZAWA	POL	M 40	79	M 195	00:10:12	00:21:00.15	00:21:12.65	4:12	14.3
218	BZURA JACEK	116	ENDUHUB RUNNING TEAM	WARSZAWA	POL	M 40	80	M 196	00:10:21	00:21:02.20	00:21:23.85	4:12	14.3
219	DALGIEWICZ DARIUSZ	174		ŁOMIAŃKI	POL	M 60	1	M 197	00:10:16	00:21:04.65	00:21:20.95	4:12	14.2
220	KOBYLIŃSKI KRZYSZTOF	1521		NOWA IWICZNA	POL	M 20	29	M 198	00:09:54	00:21:05.15	00:21:25.70	4:13	14.2
221	ROMAN ANNA	928		WARSZAWA	POL	K 30	12	K 23	00:10:20	00:21:05.65	00:21:29.20	4:13	14.2
222	KWAŚNIEWSKI KRZYSZTOF	593	TRENER FOREST	WARSZAWA	POL	M 50	17	M 199	00:10:36	00:21:06.15	00:21:24.25	4:13	14.2
223	MAJEWSKA EWA	663		WARSZAWA	POL	K 40	6	K 24	00:10:11	00:21:07.20	00:21:19.65	4:13	14.2
224	WITKOWSKI-SKELTON PIOTR	1217	VEGE RUNNERS	WARSZAWA	POL	M 30	57	M 200	00:10:19	00:21:08.00	00:21:19.25	4:13	14.2
225	PACHNIK KAROL	815		SIEDLCE	POL	M 30	58	M 201	00:10:30	00:21:08.75	00:21:41.40	4:13	14.2
226	MIODUSZEWSKI MARCIN	727	UM / ARW	WARSZAWA	POL	M 40	81	M 202	00:10:39	00:21:09.85	00:22:07.30	4:13	14.2
227	KNAPIK MICHAŁ	470	NEW BALANCE RUN CLUB	WARSZAWA	POL	M 30	59	M 203	00:10:23	00:21:10.10	00:21:26.95	4:14	14.2
228	KRÓL PAWEŁ	1436	DENTALKING.EU	WARSZAWA	POL	M 30	60	M 204	00:10:21	00:21:11.95	00:21:30.10	4:14	14.2
229	BOCZARSKI PAWEŁ	74		WARSZAWA	POL	M 30	61	M 205	00:10:11	00:21:12.55	00:21:38.15	4:14	14.2
230	SKOWRONEK MARCIN	1327		WARSZAWA	POL	M 40	82	M 206	00:10:40	00:21:12.80	00:21:46.80	4:14	14.2
231	BABIARZ ANDRZEJ	29		ZIELONKA	POL	M 40	83	M 207	00:10:38	00:21:13.00	00:21:48.10	4:14	14.1
232	CICHOCKI MARIUSZ	141	WARSAW RUN CLUB	WARSZAWA	POL	M 30	62	M 208	00:10:30	00:21:14.55	00:21:36.50	4:14	14.1
233	KISIEL ARTUR	455		PIASECZNO	POL	M 40	84	M 209	00:10:30	00:21:14.75	00:21:48.35	4:14	14.1
234	KOWALSKI JAROSŁAW	530	AR	PAPROTŃNIA	POL	M 40	85	M 210	00:10:29	00:21:16.20	00:21:34.60	4:15	14.1
235	WŁODARSKI MATEUSZ	1225		WARSZAWA	POL	M 20	30	M 211	00:10:30	00:21:17.45	00:21:40.30	4:15	14.1
236	WIECZOREK MICHAŁ	1193		WARSZAWA	POL	M 50	18	M 212	00:10:33	00:21:18.80	00:21:44.50	4:15	14.1
237	KANIEWSKI JAROSŁAW	418	SUSHI FLOW	WARSZAWA	POL	M 30	63	M 213	00:10:12	00:21:19.05	00:21:45.10	4:15	14.1
238	KWIECIŃSKA MAŁGORZATA	594	BRAVEHEARTS LEGIONOWO	LEGIONOWO	POL	K 30	13	K 25	00:10:36	00:21:20.05	00:21:45.10	4:16	14.1
239	WIETESKA ŁUKASZ	1198	NBRC	WARSZAWA	POL	M 30	64	M 214	00:10:29	00:21:20.20	00:21:52.60	4:16	14.1
240	IWANUK TOMASZ	359	ŻYWCEM ZABIEGANI	WARSZAWA	POL	M 30	65	M 215	00:10:21	00:21:20.85	00:21:32.10	4:16	14.1
241	TROIŃSKI JACEK	1142	BIKE SALON TEAM	WARSZAWA	POL	M 40	86	M 216	00:10:40	00:21:21.35	00:21:47.70	4:16	14.1
242	ZARODKIEWICZ DAWID	1570		WARSZAWA	POL	M 30	66	M 217	00:10:29	00:21:21.60	00:21:38.85	4:16	14.1
243	KLIBISZ SŁAWOMIR	458		WARSZAWA	POL	M 50	19	M 218	00:10:28	00:21:22.15	00:21:42.05	4:16	14
244	PODLEWSKA ANIA	893	LIPIEC RUNNING TEAM	WARSZAWA	POL	K 40	7	K 26	00:10:32	00:21:22.95	00:21:42.95	4:16	14
245	WOSZTYL TOMASZ	1241		WARSZAWA (ŚRÓDMIEŚCIE)	POL			M 219	00:10:28	00:21:23.15	00:21:52.55	4:16	14
246	PIERZAK OLAF	852		WARSZAWA	POL	M 40	87	M 220	00:10:30	00:21:23.70	00:21:40.20	4:16	14
247	LEWIŃSKI BARTŁOMIEJ	613	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 40	88	M 221	00:10:23	00:21:25.00	00:21:44.50	4:17	14
248	ŁUSZCZYŃSKA EWA	650		WARSZAWA	POL	K 20	7	K 27	00:10:38	00:21:25.50	00:21:53.00	4:17	14
249	BARTNIAK KAMIL	42		STARA WIEŚ	POL	M 40	89	M 222	00:10:35	00:21:26.90	00:21:56.20	4:17	14
250	GRABOWSKI MARCIN	307		WARSZAWA	POL	M 40	90	M 223	00:10:30	00:21:27.80	00:21:51.05	4:17	14
251	GŁODOWSKA MARTA	282	ŻÓRAWSKI TEAM	WARSZAWA	POL	K 30	14	K 28	00:10:41	00:21:28.90	00:21:47.75	4:17	14
252	ZAWADZKA KATARZYNA	1383	KS LEMIESZ TEAM WARSZAWA / WARNER BROS. DISCOVERY	WARSZAWA	POL	K 40	8	K 29	00:10:31	00:21:30.80	00:21:41.60	4:18	14
253	TURLEJ DARIUSZ	1512	BEZ KONDYCJI	WARSZAWA	POL	M 60	2	M 224	00:10:40	00:21:31.80	00:21:53.00	4:18	13.9
254	KOŚIŃSKI RAFAŁ	508	BIEGNIJ Z PROSERVICE	OŻARÓW MAZOWIECKI	POL	M 30	67	M 225	00:10:36	00:21:32.20	00:22:01.85	4:18	13.9
255	DRAGAN RADOŚLAW	203		WARSZAWA	POL	M 40	91	M 226	00:10:25	00:21:32.60	00:21:45.10	4:18	13.9
256	ŻEBROWSKI DARIUSZ	1297		WARSZAWA	POL	M 40	92	M 227	00:10:39	00:21:32.75	00:21:55.95	4:18	13.9
257	LULA MARIUSZ	1445	LONGBRIDGE TEAM	WARSZAWA	POL	M 40	93	M 228	00:10:37	00:21:33.20	00:22:03.40	4:18	13.9
258	CATOIRE TANGUY	120		WARSZAWA	POL	M 30	68	M 229	00:10:18	00:21:33.25	00:21:46.45	4:18	13.9
259	KROL MICHAŁ	552	LIPIEC RUNNING TEAM	WARSZAWA	POL	M 40	94	M 230	00:10:41	00:21:33.30	00:21:54.00	4:18	13.9
260	JANOWIAK WOJCIECH	377		WARSZAWA	POL	M 40	95	M 231	00:10:43	00:21:33.35	00:21:51.00	4:18	13.9
261	BRZozowska-BEJGIER MAŁGORZATA	101	KUŹNIA TRIATHLONU	WARSZAWA	POL	K 40	9	K 30	00:10:36	00:21:34.75	00:21:54.75	4:18	13.9
262	TRONIAKZ MARCIN	1146		RASZYN	POL	M 40	96	M 232	00:10:47	00:21:35.90	00:21:54.30	4:19	13.9
263	ZUKOWSKI PIOTR	1552		WARSZAWA	POL	M 30	69	M 233	00:10:26	00:21:37.00	00:21:52.50	4:19	13.9
264	CHĘC TOMASZ	126		WARSZAWA	POL	M 30	70	M 234	00:10:43	00:21:37.10	00:22:02.40	4:19	13.9
265	WOŹNICKI PAWEŁ	1243	NBRC WARSZAWA	WARSZAWA	POL	M 20	31	M 235	00:10:36	00:21:38.05	00:22:08.70	4:19	13.9
266	BAL ŁUKASZ	1536		WARSZAWA	POL	M 30	71	M 236	00:10:36	00:21:38.65	00:22:09.45	4:19	13.9
267	NIEKE BARTŁOMIEJ	1456	URSYNY	WARSZAWA	POL	M 20	32	M 237	00:10:43	00:21:38.85	00:22:02.60	4:19	13.9
268	KURZELA MATEUSZ	590		BŁONIE	POL	M 20	33	M 238	00:10:37	00:21:39.00	00:22:14.90	4:19	13.9

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
269	GRUSZCZYŃSKI WOJCIECH	316		WARSZAWA	POL	M 30	72	M 239	00:10:36	00:21:40.75	00:22:10.35	4:20	13.8
270	RAPCZYŃSKI WITOLD	1598	SKARYSZÓWSKIE CIACHA	WARSZAWA	POL	M 50	20	M 240	00:10:51	00:21:41.05	00:22:13.10	4:20	13.8
271	GWIAZDA MARCIN	334		WARSZAWA	POL	M 20	34	M 241	00:10:45	00:21:41.45	00:22:00.55	4:20	13.8
272	CIECHAROWSKA JUSTYNA	142		ŻYRARDÓW	POL	K 30	15	K 31	00:10:41	00:21:43.15	00:22:13.10	4:20	13.8
273	SZORTYKA MARCIN	1428		WARSZAWA	POL	M 40	97	M 242	00:10:44	00:21:43.35	00:22:12.75	4:20	13.8
274	MCGIVERN COLM	702	WITC	WARSZAWA	IRL	M 50	21	M 243	00:10:52	00:21:44.15	00:22:06.75	4:20	13.8
275	KOŚŁA PAWEŁ	514	RUN DE GIRARD	ŻYRARDÓW	POL	M 30	73	M 244	00:10:41	00:21:44.30	00:22:13.70	4:20	13.8
276	OPALSKI SZYMON	1397		WARSZAWA	POL	M 16	12	M 245	00:10:27	00:21:46.65	00:21:54.20	4:21	13.8
277	GOŁĘBIEWSKI ŁUKASZ	291		WARSZAWA	POL	M 40	98	M 246	00:10:43	00:21:46.90	00:22:08.30	4:21	13.8
278	JAMBOR MACIEJ	371		WARSZAWA	POL	M 30	74	M 247	00:10:41	00:21:47.05	00:22:18.25	4:21	13.8
279	ŚCISŁOWICZ KRZYSZTOF	1105		WARSZAWA	POL	M 40	99	M 248	00:10:40	00:21:47.70	00:22:15.30	4:21	13.8
280	KUBIAK SEBASTIAN	575	CKR KONSTANCIN	WARSZAWA	POL	M 30	75	M 249	00:10:43	00:21:49.25	00:22:35.35	4:21	13.8
281	DOMAGAŁA JAROSŁAW	198	AKTYWNA WARSZAWA	WARSZAWA	POL	M 50	22	M 250	00:10:36	00:21:50.65	00:22:24.90	4:22	13.7
282	KAMIŃSKI ŁUKASZ	415	PZU SPORT TEAM	ZĄBKI	POL	M 30	76	M 251	00:10:44	00:21:52.00	00:22:13.40	4:22	13.7
283	FALBA ZBIGNIEW	239	BIEGNIJ Z PROSERVICE	WARSZAWA	POL	M 50	23	M 252	00:10:37	00:21:52.10	00:22:20.95	4:22	13.7
284	WOJTKOWSKI MACIEJ	1496	INFINITUS ATHLETICS	STARE BABICE	POL	M 30	77	M 253	00:10:37	00:21:52.15	00:22:05.80	4:22	13.7
285	DUCH MATEUSZ	211	GÓRA BIEGA	GÓRA KALWARIA	POL	M 30	78	M 254	00:10:42	00:21:52.35	00:22:24.70	4:22	13.7
286	KOWALCZYK NATALIA	517	UKS ORZEŁKI WARSZAWA	WARSZAWA	POL	K 12	1	K 32	00:10:41	00:21:54.05	00:22:24.30	4:22	13.7
287	BUCZEK ROBERT	104	3RUNPL	WARSZAWA	POL	M 50	24	M 255	00:10:39	00:21:55.00	00:22:23.20	4:23	13.7
288	WIŚNIEWSKI MACIEK	1212		WARSZAWA	POL	M 40	100	M 256	00:10:48	00:21:55.40	00:22:37.40	4:23	13.7
289	WASILEWSKI MARIUSZ	1182	GÓRA BIEGA	GÓRA KALWARIA	POL	M 40	101	M 257	00:10:43	00:21:56.00	00:22:27.40	4:23	13.7
290	GORALSKI ROMAN	292	STARE BABICE BIEGAJA	STARE BABICE	POL	M 50	25	M 258	00:11:00	00:21:56.10	00:22:29.05	4:23	13.7
291	KUKŁA MARCIN	585	RYSIK RUNNERS	WARSZAWA	POL	M 50	26	M 259	00:10:58	00:21:56.30	00:22:28.95	4:23	13.7
292	MYŚLIŃSKI MATEUSZ	752		WARSZAWA	POL	M 16	13	M 260	00:10:28	00:21:57.05	00:22:15.35	4:23	13.7
293	BIENIAK KRZYSZTOF	62	KRAV MAGA WARSZAWA	WARSZAWA	POL	M 50	27	M 261	00:10:38	00:21:57.40	00:22:25.05	4:23	13.7
294	WNUK TOMASZ	1227	NAPRZÓD MŁOCINY	WARSZAWA	POL	M 40	102	M 262	00:10:38	00:21:57.95	00:22:26.00	4:23	13.7
295	BLISKOWSKA ANNA	1511	DUCLA ACADEMY	WARSZAWA	POL	K 40	10	K 33	00:10:42	00:21:59.70	00:22:27.50	4:23	13.6
296	IL ADAM	356		WARSZAWA	POL	M 20	35	M 263		00:22:00.95	00:22:00.95	4:24	13.6
297	ZALEWSKI RAFAL	1267		WARSZAWA	POL	M 40	103	M 264	00:10:54	00:22:02.30	00:22:51.65	4:24	13.6
298	WITKOWSKI DANIEL	1216		WARSZAWA	POL	M 40	104	M 265	00:10:44	00:22:02.80	00:22:25.05	4:24	13.6
299	ROMAŃSKI JAN	1501	WCH OBIEGUWKA	WARSZAWA	POL	M 40	105	M 266	00:10:44	00:22:04.70	00:22:35.90	4:24	13.6
300	CLARE SIMON	151		WARSZAWA	POL	M 50	28	M 267	00:10:51	00:22:05.90	00:22:18.10	4:25	13.6
301	TROJDAN SEBASTIAN	1144		WARSZAES	POL	M 40	106	M 268	00:10:38	00:22:06.25	00:22:40.60	4:25	13.6
302	GÓRSKI MARCIN	298		PIASTÓW	POL	M 40	107	M 269	00:10:35	00:22:10.45	00:22:41.40	4:26	13.5
303	SAPIGÓRSKI RAFAŁ	961		WARSZAWA	POL	M 40	108	M 270	00:11:15	00:22:10.55	00:23:01.25	4:26	13.5
304		1591						1	00:10:57	00:22:10.95	00:22:42.15	4:26	13.5
305	MOTRENKO PIOTR	740		WARSZAWA	POL	M 30	79	M 271	00:10:48	00:22:11.55	00:22:40.20	4:26	13.5
306	MIODUSZEWSKI ADRIAN	1547		WARSZAWA	POL	M 30	80	M 272	00:11:11	00:22:11.70	00:23:01.30	4:26	13.5
307	MARTSENIUK VOLODYMYR	682		WARSZAWA	POL	M 20	36	M 273	00:10:54	00:22:14.20	00:23:09.25	4:26	13.5
308	SKRZYPEK MICHAŁ	992		WARSZAWA	POL	M 30	81	M 274	00:10:48	00:22:16.45	00:23:02.35	4:27	13.5
309	DUSZYŃSKI BARTOSZ	218		WARSZAWA	POL	M 30	82	M 275	00:10:43	00:22:17.00	00:22:48.10	4:27	13.5
310	NAPURKA ARTUR	759	KLUB BIEGACZA RTV EURO AGD	WARSZAWA	POL	M 40	109	M 276	00:11:25	00:22:19.55	00:23:07.95	4:27	13.4
311	HUCAŁ GRZEGORZ	351	RCI WARSZAWA	WARSZAWA	POL	M 30	83	M 277	00:11:01	00:22:20.75	00:22:51.25	4:28	13.4
312	KOZAK MIKOŁAJ	534		WARSZAWA	POL	M 30	84	M 278	00:10:46	00:22:21.65	00:22:50.30	4:28	13.4
313	PLUTA IRENEUSZ	1382		WARSZAWA	POL	M 60	3	M 279	00:10:56	00:22:21.75	00:22:53.05	4:28	13.4
314	KARCZEWSKI PRZEMYSŁAW	423	SPARTANIE DZIECIOM	WARSZAWA	POL	M 40	110	M 280	00:10:47	00:22:22.40	00:22:40.05	4:28	13.4
315	KIEWRA KAROLINA	450	AZS AWF WARSZAWA	WARSZAWA	POL	K 12	2	K 34	00:11:07	00:22:23.30	00:22:27.85	4:28	13.4
316	CHODNIEWICZ MICHAŁ	131		WARSZAWA	POL	M 40	111	M 281	00:10:42	00:22:23.40	00:22:53.10	4:28	13.4
317	KUCIŃSKI HUBERT	582	ONSLOW - SEKCJA DZIADKÓW	WARSZAWA	POL	M 40	112	M 282	00:10:47	00:22:23.50	00:22:40.90	4:28	13.4
318	MAŃKOWSKA ANNA	674	KRISS COACHING	OLSZTYN	POL	K 30	16	K 35	00:11:05	00:22:23.95	00:22:57.65	4:28	13.4
319	MAŁKOWSKI MARCIN	669	OBI	WARSZAWA	POL	M 40	113	M 283	00:11:16	00:22:24.65	00:22:56.45	4:28	13.4
320	ŚLIWCZYŃSKI JAROSŁAW	1110	RAZEM Z ANIĄ PO ŻYCIÓWKĘ!	OLSZTYN	POL	M 30	85	M 284	00:11:06	00:22:24.85	00:22:57.80	4:28	13.4
321	WIATROWSKI HUBERT	1192	KS WILANÓW	WARSZAWA	POL	M 16	14	M 285	00:11:07	00:22:26.40	00:22:43.50	4:29	13.4
322	TUTAJ MARCIN	1497		WARSZAWA	POL	M 30	86	M 286	00:10:50	00:22:28.15	00:22:56.10	4:29	13.4
323	RODAK ANTONI	924		GÓRA KALWARIA	POL	M 12	4	M 287	00:10:54	00:22:29.30	00:23:54.90	4:29	13.3
324	MICHAŁAK MIŁOSZ	711	MM TEAM	WARSZAWA	POL	M 20	37	M 288	00:10:54	00:22:29.80	00:23:06.20	4:29	13.3
325	CIEĆWIERZ MICHAŁ	144		WARSZAWA	POL	M 30	87	M 289	00:10:50	00:22:30.90	00:23:01.40	4:30	13.3

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
326	GRZYWACZ MARCIN	330		WARSZAWA	POL	M 40	114	M 290	00:11:03	00:22:32.00	00:23:41.05	4:30	13.3
327	HEĆMAN MARCIN	341		OŻARÓW MAZOWIECKI	POL	M 40	115	M 291	00:10:58	00:22:32.65	00:23:01.00	4:30	13.3
328	MARSZAŁEK MARCIN	681		WARSZAWA	POL	M 30	88	M 292	00:11:18	00:22:34.55	00:23:13.40	4:30	13.3
329	GRZELAK ANETA	327		WARSZAWA	POL	K 30	17	K 36	00:11:08	00:22:35.70	00:23:09.40	4:31	13.3
330	KOZERSKA WERONIKA	536	UKS ŻOLIBORZ	WARSZAWA	POL	K 12	3	K 37	00:10:58	00:22:36.95	00:22:54.90	4:31	13.3
331	BŁAŻEJCZYK MAKSYMILIAN	71		WARSZAWA	POL	M 40	116	M 293	00:11:09	00:22:37.05	00:24:05.10	4:31	13.3
332	CODDINGTON MAREK	154	GS HUSKY	WARSZAWA	POL	M 16	15	M 294	00:11:13	00:22:38.35	00:23:52.30	4:31	13.3
333	KOPCZYK MARCIN	493	NEW BALANCE RUN CLUB WARSZAWA	WARSZAWA	POL	M 40	117	M 295	00:10:59	00:22:38.45	00:23:12.05	4:31	13.3
334	WASILEWSKI ANTONI	1183	UKS OSIR GÓRA KALWARIA	GÓRA KALWARIA	POL	M 14	3	M 296	00:11:17	00:22:38.55	00:23:29.85	4:31	13.3
335	GRĘDA DOMINIK	1449	NEW BALANCE RUN CLUB	WARSZAWA	POL	M 20	38	M 297	00:10:27	00:22:40.40	00:23:18.55	4:32	13.2
336	KOZERSKI ŁUKASZ	537		WARSZAWA	POL	M 40	118	M 298		00:22:41.10	00:22:59.75	4:32	13.2
337	GAJEWSKI TOMASZ	262		NOWA WOLA	POL	M 30	89	M 299	00:11:33	00:22:41.15	00:23:42.25	4:32	13.2
338	TOLAK PIOTR	1129	TEAM TOLAK	WARSZAWA	POL	M 30	90	M 300	00:10:55	00:22:41.20	00:23:11.10	4:32	13.2
339	..	1438						2	00:11:34	00:22:41.95	00:23:30.65	4:32	13.2
340	MELER KRZYSZTOF	704		WARSZAWA	POL	M 40	119	M 301	00:10:53	00:22:42.65	00:23:04.05	4:32	13.2
341	GASIOROWSKA ALICJA	269	ŻORAWSKI TEAM	PIASECZNO	POL	K 40	11	K 38	00:11:11	00:22:42.90	00:23:17.10	4:32	13.2
342	PAWŁOWSKI PIOTR	838	BBL WYDMINY	WARSZAWA	POL	M 50	29	M 302	00:11:06	00:22:43.25	00:23:17.40	4:32	13.2
343	SAJKOWSKI ANDRZEJ	956	METRO WARSZAWA	WARSZAWA	POL	M 70	1	M 303	00:10:58	00:22:43.35	00:22:47.00	4:32	13.2
344	ŁANDWIJT MARCIN	1504		KONSTANTYNÓW ŁÓDZKI	POL	M 40	120	M 304	00:11:26	00:22:43.80	00:23:04.65	4:32	13.2
345	CISOŃ DOMINIK	150		JÓZEFOSŁAW	POL	M 40	121	M 305	00:11:10	00:22:44.95	00:23:18.40	4:32	13.2
346	OSOWSKI ANDRZEJ	807		WARSZAWA	POL	M 40	122	M 306	00:10:51	00:22:45.20	00:23:13.65	4:33	13.2
347	SPRAWKA MAGDALENA	1022		SIEDLCE	POL	K 20	8	K 39	00:11:03	00:22:46.70	00:23:30.15	4:33	13.2
348	BARAŃSKI PIOTR	37		JÓZEFOSŁAW	POL	M 40	123	M 307	00:11:12	00:22:46.90	00:23:22.30	4:33	13.2
349	SUJAK MICHAŁ	1040		WARSZAWA	POL	M 30	91	M 308	00:11:01	00:22:49.50	00:23:23.75	4:33	13.1
350	MIKULSKI DAMIAN	721	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 40	124	M 309	00:11:12	00:22:49.50	00:23:19.70	4:33	13.1
351	ŁAZICKI ALEKSANDER	629		JÓZEFOSŁAW	POL	M 16	16	M 310	00:11:18	00:22:50.45	00:23:50.75	4:34	13.1
352	MERCIK MARTA	1544		WARSZAWA	POL	K 30	18	K 40	00:11:09	00:22:51.50	00:23:28.25	4:34	13.1
353	JAREK ZUZANNA	383	RACE FIGHTER JUNIOR	MIŃSK MAZOWIECKI	POL	K 12	4	K 41	00:11:06	00:22:51.95	00:23:07.75	4:34	13.1
354	MIKINA ARTUR	718	PWPW SA	WARSZAWA	POL	M 60	4	M 311	00:11:16	00:22:52.55	00:23:05.95	4:34	13.1
355	SMOLIŃSKI MATEUSZ	1001		WARSZAWA	POL	M 30	92	M 312	00:10:08	00:22:52.80	00:23:07.80	4:34	13.1
356	SŁOMKA DOMINIKA	997	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 20	9	K 42	00:11:13	00:22:53.45	00:23:28.15	4:34	13.1
357	BIENKOWSKI JAROSŁAW	1331		ŁOMIAŃKI	POL	M 20	39	M 313	00:11:25	00:22:53.65	00:23:35.90	4:34	13.1
358	MOSKWA MICHAŁ	1560		WARSZAWA	POL	M 20	40	M 314	00:11:10	00:22:54.30	00:23:29.40	4:34	13.1
359	KRYCZEK PIOTR	562		WARSZAWA	POL	M 50	30	M 315	00:11:15	00:22:56.00	00:23:36.10	4:35	13.1
360	KALINOWSKI BARTŁOMIEJ	411		PIASECZNO	POL	M 30	93	M 316	00:11:47	00:22:57.40	00:23:45.95	4:35	13.1
361	KĘDRA MATEUSZ	441		WARSZAWA	POL	M 30	94	M 317	00:11:33	00:22:58.80	00:23:47.40	4:35	13.1
362	PONIATOWSKI KRZYSZTOF	882		WARSZAWA	POL	M 40	125	M 318	00:11:15	00:22:58.85	00:23:33.05	4:35	13.1
363	CHMIEL FILIP	1587	STREFA PODIUM	WARSZAWA	POL	M 20	41	M 319	00:10:37	00:22:58.90	00:23:08.60	4:35	13.1
364	ŚWIERŻYŃSKI MICHAŁ	1116		WARSZAWA	POL	M 30	95	M 320	00:10:44	00:22:59.65	00:23:31.40	4:35	13.1
365	TOBIASZ KAROL	1425		WARSZAWA	POL	M 20	42	M 321	00:11:23	00:23:00.90	00:23:41.35	4:36	13
366	ROLLA ADRIAN	927		URZEDÓW	POL	M 20	43	M 322	00:11:07	00:23:00.95	00:24:25.60	4:36	13
367	PAŃCZYK WOJTEK	823	THE PAŃCZYX	WARSZAWA	POL	M 40	126	M 323	00:11:29	00:23:01.90	00:23:52.40	4:36	13
368	SOBIECKI DOMINIK	932	VEGELOVE	WARSZAWA	POL	M 60	5	M 324	00:11:40	00:23:02.70	00:23:55.25	4:36	13
369	MOSAKOWSKI ADRIAN	736	ZESPÓŁ SZKÓŁ LICEALNYCH I TECHNICZNYCH NR 1	WARSZAWA	POL	M 16	17	M 325	00:11:20	00:23:03.80	00:24:39.30	4:36	13
370	STEĆ KAMIL	1363	FC GRABÓW	WARSZAWA	POL	M 20	44	M 326	00:11:11	00:23:04.30	00:23:55.50	4:36	13
371	SKUBISZEWSKI PIOTR	1563		WARSZAWA	POL	M 40	127	M 327	00:11:33	00:23:04.35	00:23:56.70	4:36	13
372	PAKUŁA BŁAŻEJ	817		WARSZAWA	POL	M 30	96	M 328	00:11:21	00:23:04.40	00:23:41.10	4:36	13
373	MAGNUSKI PIOTR	659		WARSZAWA	POL	M 40	128	M 329	00:11:11	00:23:06.55	00:23:37.65	4:37	13
374	PAWELEC KAMIL	832	PZU SPORT TEAM	SOCHACZEW	POL	M 30	97	M 330	00:11:28	00:23:08.65	00:23:53.90	4:37	13
375	KOSMAŁA ANTONI	1557		WARSZAWA	POL	M 16	18	M 331	00:11:38	00:23:09.10	00:24:49.65	4:37	13
376	SARNOWSKI WOJCIECH	1509		WARSZAWA	POL	M 40	129	M 332	00:11:09	00:23:09.55	00:23:51.80	4:37	13
377	WITZKE ARTUR	1219		LEGIONOWO	POL	M 40	130	M 333	00:11:27	00:23:10.40	00:24:03.40	4:38	12.9
378	PARZNIEWSKI MACIEJ	1355	TOWARZYSTWO TURYSTYCZNE AKS POLONIA WARSZAWA	NOWY DWÓR MAZOWIECKI	POL	M 30	98	M 334	00:11:12	00:23:12.50	00:23:53.70	4:38	12.9
379	JĘDRZEJEK MATEUSZ	1340	RK ATHLETICS	WARSZAWA	POL	M 12	5	M 335	00:11:50	00:23:12.75	00:24:01.50	4:38	12.9
380	GWÓŹDZ MACIEJ	335	RKATLETICS	WARSZAWA	POL	M 12	6	M 336	00:11:51	00:23:13.05	00:24:01.45	4:38	12.9

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
381	OWOC TOMASZ	813	PKO BANK POLSKI / NEW BALANCE RUN CLUB	WARSZAWA	POL	M 50	31	M 337	00:11:38	00:23:13.20	00:24:01.90	4:38	12.9
382	LENDZION JAROSŁAW	604	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 40	131	M 338	00:11:44	00:23:13.55	00:24:09.55	4:38	12.9
383	WÓJCIK GRZEGORZ	1245		BIELSKO-BIAŁA	POL	M 40	132	M 339	00:11:48	00:23:14.85	00:24:17.50	4:38	12.9
384	ESSI-EZINH ALEKSANDER	234	SFORA BMK	WARSZAWA	POL	M 30	99	M 340	00:11:22	00:23:15.20	00:24:01.70	4:39	12.9
385	JANOWSKI RAFAŁ	378		OTWOCK	POL	M 50	32	M 341	00:11:23	00:23:15.50	00:23:59.85	4:39	12.9
386	KOMOROWSKA HELENA	484	SKRA	WARSZAWA	POL	K 14	1	K 43	00:11:35	00:23:15.60	00:23:55.30	4:39	12.9
387	KOSMAŁA MICHAŁ	1426		WARSZAWA	POL	M 40	133	M 342	00:12:03	00:23:16.60	00:24:20.30	4:39	12.9
388	PAWLIMAK MARIUSZ	1564		WARSZAWA	POL	M 20	45	M 343	00:11:34	00:23:17.45	00:24:23.75	4:39	12.9
389	ŻYWIEN MAREK	1307	ONLY SPEEDWAY	WARSZAWA	POL	M 50	33	M 344	00:11:18	00:23:20.35	00:23:44.25	4:40	12.9
390	OCHREMIAK JĘDRZEJ	785		WARSZAWA	POL	M 30	100	M 345	00:11:27	00:23:21.55	00:23:57.15	4:40	12.8
391	BISOWSKI SZYMON	68		KOBYŁKA	POL	M 14	4	M 346	00:11:44	00:23:22.55	00:24:17.85	4:40	12.8
392	SOJDA MATEUSZ	1014	ROADBIKE IRON TEAM	WARSZAWA	POL	M 30	101	M 347	00:11:37	00:23:23.30	00:24:28.25	4:40	12.8
393	KONKA TOMASZ	491		WARSZAWA	POL	M 50	34	M 348	00:11:36	00:23:24.75	00:24:09.20	4:40	12.8
394	PIENIAŻEK MATEUSZ	851		MSZCZONÓW	POL	M 20	46	M 349	00:11:42	00:23:24.75	00:24:15.65	4:40	12.8
395	OKRASA MICHAŁ	788		WARSZAWA	POL	M 20	47	M 350	00:11:13	00:23:24.90	00:24:00.20	4:40	12.8
396	SAMOCIUK KAROLINA	959	POWER TRAINING	WARSZAWA	POL	K 30	19	K 44	00:11:26	00:23:26.80	00:24:03.55	4:41	12.8
397	KOSTYRA KRZYSZTOF	1324	BIEGUSIEM.PL	WARSZAWA	POL	M 50	35	M 351	00:11:27	00:23:27.75	00:23:59.85	4:41	12.8
398	BAREJ PAWEŁ	1394		WARSZAWA	POL	M 30	102	M 352	00:11:44	00:23:28.75	00:24:11.55	4:41	12.8
399	SZEWczyk ŁUKASZ	1073		WARSZAWA	POL	M 40	134	M 353	00:10:50	00:23:29.25	00:23:59.75	4:41	12.8
400	ŁOZOWSKA MAGDALENA	639	#ZALINIAMETYTEAM	GRODZISK MAZOWIECKI	POL	K 30	20	K 45	00:11:36	00:23:29.70	00:24:06.65	4:41	12.8
401	DZIECIOŁOWSKI FILIP	227	FOOTBALL TALENTS	WARSZAWA	POL	M 30	103	M 354	00:11:38	00:23:31.05	00:24:31.45	4:42	12.8
402	GAJEK MAŁGORZATA	1541	NEW BALANCE RUN CLUB	WARSZAWA	POL	K 20	10	K 46	00:11:44	00:23:31.50	00:24:06.10	4:42	12.8
403	GALA PIOTR	1463		WARSZAWA	POL	M 20	48	M 355	00:11:27	00:23:31.60	00:25:43.75	4:42	12.8
404	MARCIN CENDROWSKI	1535		WARSZAWA	POL	M 50	36	M 356	00:11:34	00:23:32.85	00:24:39.90	4:42	12.7
405	CABAŃSKA DOROTA	118	GUNS & ROSES RUN TEAM	ŁOMIAŃKI	POL	K 40	12	K 47	00:11:41	00:23:32.95	00:24:34.80	4:42	12.7
406	JAROSZKIEWICZ GRZEGORZ	389		WARSZAWA	POL	M 40	135	M 357	00:11:42	00:23:33.60	00:24:12.80	4:42	12.7
407	DOMINIAK BARTOSZ	1369	#BARTEKBIEGA	WARSZAWA	POL	M 40	136	M 358	00:11:50	00:23:34.20	00:24:22.45	4:42	12.7
408	SYGUDA KATARZYNA	1334		WARSZAWA	POL	K 20	11	K 48	00:11:45	00:23:34.75	00:24:27.30	4:42	12.7
409	CHARLEJ IRENEUSZ	123		MIERZYN	POL	M 50	37	M 359	00:11:43	00:23:35.75	00:24:17.45	4:43	12.7
410	JANUCHTA TOMASZ	1346		WARSZAWA	POL	M 40	137	M 360	00:11:36	00:23:36.45	00:24:36.95	4:43	12.7
411	BIGAJSKI RAFAŁ	65	NIEZŁY BIGOS	WARSZAWA	POL	M 40	138	M 361	00:11:38	00:23:37.30	00:24:20.80	4:43	12.7
412	DOBEL MATEUSZ	191		JAROSŁAW	POL	M 20	49	M 362	00:11:58	00:23:37.75	00:24:16.20	4:43	12.7
413	GÓDŹ WANDA	303	AMATORSKA GRUPA BIEGOWA OKS START OTWOCK	OTWOCK	POL	K 30	21	K 49	00:12:01	00:23:38.15	00:24:46.30	4:43	12.7
414	JAKUBCZAK KRZYSZTOF	1402	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 60	6	M 363	00:11:44	00:23:38.50	00:24:14.50	4:43	12.7
415	MAŁYSIAK AXEL	1473		WARSZAWA	POL	M 20	50	M 364	00:11:42	00:23:38.60	00:24:44.05	4:43	12.7
416	MIKOSZA ANNA	720		WARSZAWA	POL	K 30	22	K 50	00:11:59	00:23:38.85	00:24:47.45	4:43	12.7
417	SZOT FRANCISZEK	1423		WARSZAWA	POL	M 12	7	M 365	00:11:57	00:23:41.35	00:24:35.40	4:44	12.7
418	PRZYBOROWSKI ADAM	899		WARSZAWA	POL	M 30	104	M 366	00:11:50	00:23:41.50	00:24:30.50	4:44	12.7
419	CHRZANOWSKA OLGA	137	TRIZARZA	WARSZAWA	POL	K 30	23	K 51	00:11:48	00:23:44.55	00:24:34.45	4:44	12.6
420	GÓRAL TADEUSZ	1581		WARSZAWA	POL	M 50	38	M 367	00:11:52	00:23:45.15	00:23:57.00	4:45	12.6
421	MAŚLANKA PIOTR	687		WARSZAWA	POL	M 50	39	M 368	00:11:52	00:23:45.50	00:24:54.40	4:45	12.6
422	SHAUKUN ANASTASIYA	966	CLUB ANONYMOUS RUNNERS N.A. CABALO BLANKO	WARSZAWA	POL	K 30	24	K 52	00:11:38	00:23:45.95	00:24:27.05	4:45	12.6
423	JAKUBIAK SZYMON	368		WARSZAWA	POL	M 30	105	M 369	00:12:01	00:23:46.25	00:24:38.20	4:45	12.6
424	BORYSZKOWSKA IWONA	90	12TRI	WARSZAWA	POL	K 40	13	K 53	00:11:45	00:23:47.10	00:24:19.00	4:45	12.6
425	DRABAREK ROMUALD	201		WARSZAWA	POL	M 60	7	M 370	00:11:47	00:23:47.80	00:24:30.05	4:45	12.6
426	DREWNIK ROBERT	204	BIEGNIJ Z PROSERVICE	WARSZAWA	POL	M 40	139	M 371	00:11:44	00:23:48.10	00:24:17.25	4:45	12.6
427	ZORAWSKI MARCIN	1374		WARSZAWA	POL	M 40	140	M 372	00:11:47	00:23:48.25	00:24:53.85	4:45	12.6
428	SIERZYCKI HUBERT	975		WARSZAWA	POL	M 30	106	M 373	00:12:09	00:23:48.25	00:24:47.60	4:45	12.6
429	SZUFLICKI TYMON	1080		NOWA WOLA	POL	M 12	8	M 374	00:12:00	00:23:49.15	00:24:27.15	4:45	12.6
430	MIELNICZUK TOMASZ	1559		HRUBIESZÓW	VEN	M 30	107	M 375	00:11:52	00:23:49.85	00:24:14.55	4:45	12.6
431	LACHOWICZ TOMASZ	595		WARSZAWA	POL	M 20	51	M 376	00:10:59	00:23:49.90	00:23:53.50	4:45	12.6
432	SMOLARCZYK ALEKSANDER	1000	1	WARSZAWA	POL	M 16	19	M 377	00:12:19	00:23:49.90	00:25:18.10	4:45	12.6
433	RÓŻYCKI KRZYSZTOF	936	VEGE RUNNERS	WARSZAWA	POL	M 30	108	M 378	00:11:24	00:23:51.60	00:24:12.50	4:46	12.6
434	KOWALSKA AGATA	527		WARSZAWA	POL	K 20	12	K 54	00:11:59	00:23:51.90	00:25:16.75	4:46	12.6

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
435	KARWOWSKI RAFAŁ	431		PIASECZNO	POL	M 30	109	M 379	00:12:19	00:23:52.25	00:25:12.75	4:46	12.6
436	KRÓL RADOŚŁAW	556	KLUB BIEGACZA RTV EURO AGD	WARSZAWA	POL	M 20	52	M 380	00:11:56	00:23:52.35	00:24:33.35	4:46	12.6
437	SZYMCZYK MICHAŁ	1102	NASTĘPNY KROK	WARSZAWA	POL	M 30	110	M 381	00:11:49	00:23:53.15	00:24:42.90	4:46	12.6
438	SIWCZAK AGNIESZKA	979	WKURW_TEAM	WARSZAWA	POL	K 30	25	K 55	00:11:53	00:23:55.10	00:25:02.15	4:47	12.5
439	NIEDZIÓŁKA MAŁGORZATA	1498		WARSZAWA	POL	K 50	1	K 56	00:11:48	00:23:55.85	00:24:47.65	4:47	12.5
440	SIEBYŁA KAROL	969	BIEGNIJ Z PROSERVICE	WARSZAWA	POL	M 40	141	M 382	00:11:32	00:23:56.50	00:24:32.10	4:47	12.5
441	ZALIŃSKI MAREK	1269		HENRYKÓW UROCZE	POL	M 40	142	M 383	00:12:07	00:23:56.75	00:24:54.20	4:47	12.5
442	KROPIAK KATARZYNA	553	VEGE RUNNERS	WARSZAWA	POL	K 30	26	K 57	00:11:48	00:23:56.80	00:24:46.10	4:47	12.5
443	OPALA MARCIN	1422		RASZYN	POL	M 30	111	M 384	00:11:36	00:23:57.30	00:24:31.85	4:47	12.5
444	JAREK KATARZYNA	384		MIŃSK MAZOWIECKI	POL	K 40	14	K 58	00:11:29	00:23:57.85	00:24:13.15	4:47	12.5
445	JAGIELLO PIOTR	365		WARSZ	POL	M 40	143	M 385	00:11:47	00:23:58.05	00:25:16.60	4:47	12.5
446	RUTKOWSKI MICHAŁ	945		WARSZAWA	POL	M 40	144	M 386	00:11:32	00:23:58.60	00:24:18.85	4:47	12.5
447	ARAŻNY ZBIGNIEW	27		WARSZAWA	POL	M 50	40	M 387	00:11:50	00:23:59.70	00:24:47.55	4:47	12.5
448	NAZARUK BARTOSZ	1533		WARSZAWA	POL	M 30	112	M 388	00:11:49	00:23:59.85	00:24:34.70	4:47	12.5
449	KUCHARSKI MICHAŁ	580		WARSZAWA	POL	M 20	53	M 389	00:12:06	00:24:00.80	00:25:12.05	4:48	12.5
450	SACHMATA ANNA	954	BEDNARSKI TRI TEAM	ŁBISKA	POL	K 20	13	K 59	00:12:03	00:24:00.90	00:24:00.90	4:48	12.5
451	BILEWICZ MATEUSZ	66		WARSZAWA	POL	M 30	113	M 390	00:11:57	00:24:02.40	00:24:44.30	4:48	12.5
452	SZERSZEŃ JANUSZ	1070	PIASECZNO RUNNING	PIASECZNO	POL	M 40	145	M 391	00:11:40	00:24:03.15	00:24:47.95	4:48	12.5
453	ZIENKIEWICZ AGATA	1291	PIASECZNO RUNNING	PIASECZNO	POL	K 40	15	K 60	00:11:40	00:24:03.25	00:24:47.70	4:48	12.5
454	HYNEK EWA	354		WARSZAWA	POL	K 20	14	K 61	00:11:40	00:24:03.50	00:24:44.40	4:48	12.5
455	BONDAR WITOLD	79		WARSZAWA	POL	M 40	146	M 392	00:11:55	00:24:03.85	00:25:08.60	4:48	12.5
456	JEWULSKI DAMIAN	1478		OTWOCK	POL	M 30	114	M 393	00:11:52	00:24:04.15	00:24:38.35	4:48	12.5
457	ŁAZICKI TOMASZ	630		JÓZEFOSŁAW	POL	M 50	41	M 394	00:11:35	00:24:04.45	00:25:04.95	4:48	12.5
458	STEMPIN JACEK	792		WARSZAWA	POL	M 40	147	M 395	00:12:01	00:24:04.60	00:24:56.10	4:48	12.5
459	DUMARA JAKUB	217		WARSZAWA	POL	M 30	115	M 396	00:12:06	00:24:04.65	00:25:00.70	4:48	12.5
460	BIĄŁAS KAROL	57		WARSZAWA	POL	M 30	116	M 397	00:11:34	00:24:04.75	00:24:20.75	4:48	12.5
461	WYCECH MAREK	1251		WARSZAWA	POL	M 20	54	M 398	00:11:44	00:24:05.15	00:24:58.60	4:49	12.5
462	WOJDAK ANNA	1315	ROZBIEGANY PIASTÓW	PIASTÓW	POL	K 40	16	K 62	00:11:31	00:24:08.70	00:24:38.30	4:49	12.4
463	TUKA ANNA	1464		WARSZAWA	POL	K 30	27	K 63	00:12:00	00:24:08.75	00:24:44.95	4:49	12.4
464	TABAK ANDRZEJ	1117		WARSZAWA	POL	M 60	8	M 399	00:12:10	00:24:09.10	00:25:05.30	4:49	12.4
465	OSTROWSKI RYSZARD	808	ŻYWCEM ZABIEGANI	WARSZAWA	POL	M 50	42	M 400	00:11:40	00:24:11.00	00:24:46.10	4:50	12.4
466	KACZOREK MARCIN	1476		JÓZEFÓW	POL	M 40	148	M 401	00:11:49	00:24:11.50	00:24:33.30	4:50	12.4
467	RACZYŃSKA NATALIA	909		SIEDLCE	POL	K 20	15	K 64	00:12:14	00:24:11.50	00:25:14.95	4:50	12.4
468	KOSSAKOWSKA KATARZYNA	510		WARSZAWA	POL	K 40	17	K 65	00:11:57	00:24:11.60	00:24:58.80	4:50	12.4
469	MELLIN DAREK	705		WARSZAWA	POL	M 40	149	M 402	00:11:54	00:24:14.20	00:26:21.30	4:50	12.4
470	MILIK MAREK	1348		WARSZAWA	POL	M 30	117	M 403	00:12:10	00:24:15.30	00:25:32.15	4:51	12.4
471	ŚLEPOWROŃSKI JAKUB	1107	PZU SPORT TEAM	WARSZAWA	POL	M 30	118	M 404	00:12:18	00:24:16.25	00:25:14.80	4:51	12.4
472	KRÓL ŁUKASZ	554	PZU SPORT TEAM	WARSZAWA	POL	M 30	119	M 405	00:12:10	00:24:16.80	00:25:26.20	4:51	12.4
473	GOLISZ ADAM	288		MYSIADŁO	POL	M 50	43	M 406	00:12:00	00:24:17.05	00:24:41.65	4:51	12.4
474	IWONIN JUREK	362		WARSZAWA	POL	M 40	150	M 407	00:12:20	00:24:18.30	00:25:14.90	4:51	12.3
475	MAŁYSA PIOTR	672		KONSTANCIN-JEZIORNA	POL	M 30	120	M 408	00:11:58	00:24:18.40	00:25:14.50	4:51	12.3
476	KURZACZ PAULINA	589		WARSZAWA	POL	K 16	1	K 66	00:12:27	00:24:18.55	00:25:36.90	4:51	12.3
477	LESIAK RADOŚŁAW	1525		WARSZAWA	POL	M 60	9	M 409	00:11:59	00:24:18.65	00:24:58.95	4:51	12.3
478	PIOTROWSKI MATEUSZ	860		WARSZAWA	POL	M 30	121	M 410	00:12:29	00:24:18.80	00:25:35.50	4:51	12.3
479	MALINOWSKI KONRAD	666	PACZKA SZLUGÓW	WARSZAWA	POL	M 40	151	M 411	00:11:39	00:24:19.10	00:24:31.85	4:51	12.3
480	GOGACZ TYMOTEUSZ	287	REAL VARSOVIA F.C	WARSZAWA	POL	M 12	9	M 412	00:12:01	00:24:19.55	00:25:13.20	4:51	12.3
481	DUCHNOWSKA NATALIA	213		ŁÓDŹ	POL	K 20	16	K 67	00:11:58	00:24:19.90	00:25:03.95	4:51	12.3
482	GRUSZKA JAKUB	317		WARSZAWA	POL	M 30	122	M 413	00:11:49	00:24:20.10	00:25:10.25	4:52	12.3
483	GRABOWIEC-ALIKOWSKA RENATA	1462		WARSZAWA	POL	K 40	18	K 68	00:12:04	00:24:20.45	00:25:43.30	4:52	12.3
484	SACHMATA JACEK	1459	Y-JACK	NOWA IWICZNA	POL	M 30	123	M 414	00:12:00	00:24:20.90	00:24:57.40	4:52	12.3
485	GAŁECKI TOMASZ	264		WARSZAWA	POL	M 50	44	M 415	00:11:49	00:24:22.30	00:25:14.35	4:52	12.3
486	CENTKOWSKI MATEUSZ	1316		RADZYMIN	POL	M 16	20	M 416	00:12:02	00:24:23.65	00:24:34.90	4:52	12.3
487	KOZAKOWSKI SEBASTIAN	535		WARSZAWA	POL	M 30	124	M 417	00:12:08	00:24:23.80	00:25:34.20	4:52	12.3
488	MATYSIAK JAKUB	1367	STG WARSZAWA	WARSZAWA	POL	M 30	125	M 418	00:11:36	00:24:23.95	00:25:16.50	4:52	12.3
489	STĘPNIAK MARIUSZ	1033		WARSZAWA	POL	M 50	45	M 419	00:12:17	00:24:24.35	00:25:29.40	4:52	12.3
490	RZYMOWSKA KRYSZYNA	953		WARSZAWA	POL	K 50	2	K 69	00:12:24	00:24:24.75	00:25:17.80	4:52	12.3
491	ROSTKOWSKI BARTOSZ	933		WARSZAWA	POL	M 40	152	M 420	00:12:15	00:24:25.15	00:25:11.55	4:53	12.3

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
492	WOJCIECHOWSKA AGNIESZKA	1229		OŻARÓW MAZOWIECKI	POL	K 40	19	K 70	00:11:57	00:24:25.30	00:25:22.10	4:53	12.3
493	SNOPEK STANISŁAW	1007	TVP SPORT	IZABELIN	POL	M 50	46	M 421	00:11:49	00:24:26.45	00:25:03.85	4:53	12.3
494	KĄKOL TOMASZ	437		SULEJÓWEK	POL	M 30	126	M 422	00:11:53	00:24:26.45	00:25:11.70	4:53	12.3
495	TRZECIAKOWSKI PAWEŁ	1151	PAWEŁ TRZECIAKOWSKI	WARSZAWA	POL	M 30	127	M 423	00:11:50	00:24:26.65	00:25:24.70	4:53	12.3
496	WŁODARCZYK TOMASZ	1222		XXX	POL	M 30	128	M 424	00:11:59	00:24:27.45	00:25:19.25	4:53	12.3
497	KRUSIEWICZ TOMASZ	561		ŁOZISKA	POL	M 40	153	M 425	00:12:08	00:24:28.85	00:25:36.75	4:53	12.3
498	SZYMAŃSKI KRZYSZTOF	1093	KINGS OF LEMON	HENRYKÓW UROCZE	POL	M 40	154	M 426	00:12:16	00:24:29.15	00:25:27.20	4:53	12.3
499	RZEPECKI ŁUKASZ	952		KONSTANCIN JEZIORNA	POL	M 40	155	M 427	00:12:24	00:24:29.30	00:25:41.75	4:53	12.3
500	GORZKIEWICZ PATRYCJA	294		WARSZAWA	POL	K 40	20	K 71	00:11:54	00:24:29.75	00:25:08.70	4:53	12.3
501	GOGACZ MAGDALENA	286	URZĄD DZIELNICY URSYNÓW	WARSZAWA	POL	K 40	21	K 72	00:11:55	00:24:30.35	00:25:24.10	4:54	12.2
502	GRUSZYŃSKI FRANCISZEK	1558		WARSZAWA	POL	M 16	21	M 428	00:12:56	00:24:30.95	00:26:12.20	4:54	12.2
503	WIEWIURA AGNIESZKA	1199	GÓRA BIEGA	KONSTANCIN JEZIORNA	POL	K 30	28	K 73	00:11:58	00:24:31.45	00:24:45.80	4:54	12.2
504	KARPIŃSKA MONIKA	427		WARSZAWA	POL	K 30	29	K 74	00:11:58	00:24:31.60	00:25:08.55	4:54	12.2
505	SIERY ARTUR	972		WARSZAWA	POL	M 60	10	M 429	00:12:17	00:24:31.95	00:25:32.50	4:54	12.2
506	KACPROWSKI TADEUSZ	1379		WARSZAWA	POL	M 70	2	M 430	00:12:03	00:24:32.00	00:25:38.75	4:54	12.2
507	ORNOWSKA JOANNA	802		WARSZAWA	POL	K 20	17	K 75	00:12:16	00:24:32.20	00:25:32.45	4:54	12.2
508	GRYNKIEWICZ GRZEGORZ	322		WARSZAWA	POL	M 12	10	M 431	00:12:17	00:24:33.75	00:25:40.15	4:54	12.2
509	MAZUR DANIEL	700		KOZIENICE	POL	M 30	129	M 432	00:11:50	00:24:33.80	00:25:04.80	4:54	12.2
510	MARCZEWSKI MARCIN	679	RESILIA BEMOWO	WARSZAWA	POL	M 40	156	M 433	00:11:34	00:24:34.55	00:24:52.50	4:54	12.2
511	SIDORCZUK-KUMOSA DOROTA	968	TEAM ZABIEGANEDNI / PRETTYFITTEAM	WARSZAWA	POL	K 40	22	K 76	00:11:48	00:24:34.70	00:25:24.80	4:54	12.2
512	PAWŁOWSKA KATARZYNA	836		WARSZAWA	POL	K 40	23	K 77	00:11:43	00:24:35.15	00:25:07.70	4:55	12.2
513	TRZECIAKIEWICZ MARCIN	1481	SMASHING PÄPKINS	WARSZAWA	POL	M 40	157	M 434	00:12:30	00:24:35.20	00:25:40.00	4:55	12.2
514	KOWALCZYK ROBERT	515		WARSZAWA	POL	M 40	158	M 435	00:12:07	00:24:35.40	00:24:47.05	4:55	12.2
515	NALEPA SZYMON	758		WARSZAWA	POL	M 30	130	M 436	00:12:33	00:24:36.40	00:25:48.05	4:55	12.2
516	IGNATIUK BARTOSZ	1471		WARSZAWA	POL	M 30	131	M 437	00:12:10	00:24:36.60	00:25:42.20	4:55	12.2
517	SZYMAŃSKA MAJA	1090	WARSAW RUN CLUB	WARSZAWA	POL	K 16	2	K 78	00:12:21	00:24:36.90	00:25:32.40	4:55	12.2
518	GRYNKIEWICZ TOMASZ	320		WARSZAWA	POL	M 40	159	M 438	00:12:16	00:24:37.05	00:25:43.50	4:55	12.2
519	KOCK ELŻBIETA	10		WARSZAWA	POL	K 40	24	K 79	00:11:58	00:24:37.10	00:25:33.70	4:55	12.2
520	ADAMOWICZ KONRAD	16	ODDAWAJ KREW	PIASECZNO	POL	M 40	160	M 439	00:11:52	00:24:37.40	00:25:14.45	4:55	12.2
521	CHMIELEWSKI KAMIL	130		WARSZAWA	POL	M 30	132	M 440	00:11:54	00:24:37.65	00:25:28.85	4:55	12.2
522	MRÓZ GABRIELA	744	#PAWKORUNNERTEAM	JEDLICZE	POL	K 20	18	K 80	00:12:03	00:24:37.70	00:25:16.30	4:55	12.2
523	KRASNOWSKI MARCIN	546		WARSZAWA	POL	M 30	133	M 441	00:12:03	00:24:37.80	00:25:35.25	4:55	12.2
524	PIWOWAREK ROBERT	867		WARSZAWA	POL	M 20	55	M 442	00:12:22	00:24:38.90	00:25:33.90	4:55	12.2
525	BORYS MICHAŁ	88		WARSZAWA	POL	M 16	22	M 443	00:12:10	00:24:41.05	00:25:59.60	4:56	12.2
526	KUCABA MATEUSZ	577		WARSZAWA	POL	M 30	134	M 444	00:12:16	00:24:41.40	00:25:59.40	4:56	12.2
527	KAPLIŃSKI PAWEŁ	420		WARSZAWA	POL	M 30	135	M 445	00:11:43	00:24:41.50	00:24:51.20	4:56	12.2
528	YARMALOVICH ALIAKSANDR	1257		WARSZAWA	BLR	M 30	136	M 446	00:12:15	00:24:42.10	00:25:47.90	4:56	12.1
529	TOMASZEWSKA URSZULA	1133	ZABIEGANY WOŁOMIN	OSSÓW	POL	K 40	25	K 81	00:12:18	00:24:42.85	00:25:57.30	4:56	12.1
530	FURDYNA MARIA	258		WARSZAWA	POL	K 40	26	K 82	00:12:17	00:24:42.95	00:26:10.55	4:56	12.1
531	GÓRSKI SEWERYN	1583		BANIOCHA	POL	M 12	11	M 447	00:12:06	00:24:43.00	00:25:33.50	4:56	12.1
532	ZAKRZEWSKI MICHAŁ	1264		WARSZAWA	POL	M 30	137	M 448	00:12:04	00:24:43.45	00:25:19.30	4:56	12.1
533	KEMPA PIOTR	438		WARSZAWA	POL	M 30	138	M 449	00:12:01	00:24:43.70	00:25:22.80	4:56	12.1
534	KŁYSZEWSKA MICHALINA	466		JÓZEFÓW	POL	K 20	19	K 83	00:12:16	00:24:44.25	00:25:45.05	4:56	12.1
535	MULIK PIOTR	747	RAZEM TRENUJEMY SPORT	WARSZAWA	POL	M 30	139	M 450	00:12:12	00:24:44.65	00:25:32.35	4:56	12.1
536	OWCZARCZYK MICHAŁ	810		WARSZAWA	POL	M 40	161	M 451	00:12:27	00:24:45.95	00:25:54.10	4:57	12.1
537	OWCZARCZYK JAN	811		WARSZAWA	POL	M 14	5	M 452	00:12:27	00:24:46.00	00:25:54.65	4:57	12.1
538	SZWAD MARTYNA	1568	GAPMONT RUNNING TEAM	WARSZAWA	POL	K 30	30	K 84	00:12:22	00:24:47.40	00:25:54.30	4:57	12.1
539	CABAJ MAREK	117		WARSZAWA	POL	M 40	162	M 453	00:12:37	00:24:48.40	00:26:12.30	4:57	12.1
540	REJDYCH ALEKSANDER	920		WARSZAWA	POL	M 30	140	M 454	00:12:21	00:24:49.60	00:25:44.60	4:57	12.1
541	KOSECKI JAKUB	505		ŁOMIANKI	POL	M 40	163	M 455	00:12:27	00:24:49.80	00:27:10.75	4:57	12.1
542	RADZIKOWSKI FRANCISZEK	913		DĘBE WIELKIE	POL	M 50	47	M 456	00:12:15	00:24:50.10	00:25:43.70	4:58	12.1
543	KOSSECKI DOMINIK	1437		WARSZAWA	POL	M 40	164	M 457	00:12:06	00:24:50.30	00:25:42.00	4:58	12.1
544	ADAMCZYK MIROSLAW	1491	HARPAGONS	WARSZAWA	POL	M 60	11	M 458	00:12:10	00:24:50.75	00:26:05.35	4:58	12.1
545	CZUBASZEK KRZYSZTOF	168		WARSZAWA	POL	M 40	165	M 459	00:11:59	00:24:50.80	00:25:03.90	4:58	12.1
546	PIWOWAREK GRZEGORZ	866		WARSZAWA	POL	M 30	141	M 460	00:12:39	00:24:51.30	00:25:32.50	4:58	12.1
547	KOSZUT WIKTOR	513	SYNOPSIS CONSULTING WOJCIECH KOSZUT	WARSZAWA	POL	M 12	12	M 461	00:12:50	00:24:51.80	00:26:44.00	4:58	12.1
548	GRYSZPANOWICZ SEBASTIAN	323	SEBASTIAN GRYSZPANOWICZ - REHABILITACJA	WARSZAWA	POL	M 40	166	M 462	00:12:28	00:24:51.90	00:26:04.00	4:58	12.1

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
549	KOWALSKA KASIA	525	TEAM ZABIEGANEDNI	ZGORZAŁA	POL	K 40	27	K 85	00:12:27	00:24:52.20	00:26:23.20	4:58	12.1
550	KALBARCZYK IGOR	409		WARSZAWA	POL	M 30	142	M 463	00:12:27	00:24:52.25	00:26:00.70	4:58	12.1
551	MYŚLIŃSKI ZDZISŁAW	753		WARSZAWA	POL	M 40	167	M 464	00:12:01	00:24:52.95	00:25:11.60	4:58	12.1
552	PLATE PIOTR	868		WARSZAWA	POL	M 30	143	M 465		00:24:53.90	00:24:53.90	4:58	12.1
553	KOWALSKA PAULINA	528		KONSTANCIN-JEZIORNA	POL	K 40	28	K 86	00:11:58	00:24:54.35	00:25:46.90	4:58	12
554	KORSAKOV KOSTIANTYN	1590	NW CZŁAPSKI TEAM	WARSZAWA	POL	M 50	48	M 466	00:12:57	00:24:55.55	00:27:06.10	4:59	12
555	JURCZAK GRZEGORZ	402		WARSZAWA	POL	M 30	144	M 467	00:12:24	00:24:56.75	00:25:49.80	4:59	12
556	CZERNIGOWSKI SZYMON	165		WARSZAWA	POL	M 20	56	M 468	00:11:57	00:24:58.05	00:25:51.50	4:59	12
557	DĘBIŃSKI MICHAŁ	189		WARSZAWA	POL	M 40	168	M 469	00:12:19	00:24:58.40	00:25:57.75	4:59	12
558	PUCZYŃSKA RENATA	905		WARSZAWA	POL	K 40	29	K 87	00:11:58	00:25:00.05	00:25:21.45	5:00	12
559	KĘSKA WIKTOR	1574		WARSZAWA	POL	M 20	57	M 470	00:12:12	00:25:00.45	00:26:31.30	5:00	12
560	IWASYSZYN MICHAŁ	361		WARSZAWA	POL	M 40	169	M 471	00:12:21	00:25:00.65	00:25:56.30	5:00	12
561		1588						3	00:13:14	00:25:05.35	00:25:26.05	5:01	12
562	ULITKO WOJCIECH	1163		WARSZAWA	POL	M 40	170	M 472	00:12:35	00:25:05.40	00:25:05.40	5:01	12
563	BERDYŃSKI JAROSŁAW	55	RUNJAR	WARSZAWA	POL	M 40	171	M 473	00:11:56	00:25:05.55	00:26:04.40	5:01	12
564	KĘPKA KRZYSZTOF	442		WARSZAWA	POL	M 30	145	M 474	00:12:17	00:25:06.10	00:26:06.10	5:01	12
565	PASTUSZAK PIOTR	828		WARSZAWA	POL	M 40	172	M 475	00:12:01	00:25:06.55	00:25:57.45	5:01	12
566	FRANK-DEMBIŃSKA AGNIESZKA	252	WMT	WARSZAWA	POL	K 40	30	K 88	00:12:16	00:25:08.35	00:26:07.40	5:01	11.9
567	CHWASTEK RYSZARD	139	RATUJMYRYSIE	WARSZAWA	POL	M 60	12	M 476	00:12:31	00:25:08.35	00:27:26.55	5:01	11.9
568	KLIIMEK MARTA	459	M&M RUNNING TEAM	WARSZAWA	POL	K 30	31	K 89	00:12:15	00:25:08.55	00:25:57.80	5:01	11.9
569	KOPER SEBASTIAN	495	CARREFOUR RUNNING TEAM	WARSZAWA	POL	M 40	173	M 477	00:12:10	00:25:09.05	00:25:35.25	5:01	11.9
570	MICHALAK MARTA	710	PŁOŃSZCZANKI SEKCJA LA 4 KOŁA PTS PŁOŃSK	PŁOŃSK	POL	K 40	31	K 90	00:12:20	00:25:10.25	00:25:46.55	5:02	11.9
571	WITEK SEBASTIAN	1215		WARSZAWA	POL	M 30	146	M 478	00:12:34	00:25:11.95	00:25:51.15	5:02	11.9
572	MIELNICZUK BOGUSŁAW	716		WARSZAWA	POL	M 40	174	M 479	00:13:01	00:25:12.15	00:26:55.35	5:02	11.9
573	FLOREK MAŁGORZATA	250		WARSZAWA (BIAŁOLEKA)	POL	K 30	32	K 91	00:12:24	00:25:12.20	00:26:15.20	5:02	11.9
574	RYNKOWSKI MICHAŁ	948	POLADA	WARSZAWA	POL	M 30	147	M 480	00:13:12	00:25:12.35	00:26:16.80	5:02	11.9
575	GROCHOWSKI MARCIN	312		WARSZAWA	POL	M 40	175	M 481	00:12:29	00:25:13.20	00:26:16.65	5:02	11.9
576	RACZYŃSKI PAWEŁ	910		SIEDLCE	POL	M 40	176	M 482	00:12:14	00:25:13.30	00:26:17.15	5:02	11.9
577	BARYŁA KRZYSZTOF	1492		WARSZAWA	POL	M 40	177	M 483	00:12:30	00:25:13.55	00:26:31.20	5:02	11.9
578	DERESZ WIKTOR	184	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 30	148	M 484	00:12:19	00:25:15.95	00:26:13.25	5:03	11.9
579	CZECHOWSKI TOMASZ	161		WARSZAWA	POL	M 20	58	M 485	00:13:53	00:25:16.30	00:26:20.15	5:03	11.9
580	NOWAKOWSKI CZESŁAW	1572	DUCLA ACADEMY WARSZAWA	WARSZAWA	POL	M 70	3	M 486	00:12:14	00:25:16.95	00:26:36.00	5:03	11.9
581	GRYNKIEWICZ ROMAN	321		WARSZAWA	POL	M 14	6	M 487	00:11:55	00:25:17.45	00:26:24.85	5:03	11.9
582	URYNOWICZ PIOTREK	1168		CELESTYNÓW	POL	M 30	149	M 488	00:12:03	00:25:17.60	00:26:11.95	5:03	11.9
583	KOŁUCKI STEFAN	483	SFORA BMK	WARSZAWA (WAWER)	POL	M 30	150	M 489	00:11:52	00:25:18.00	00:26:04.00	5:03	11.9
584	IWANOWSKA SYLWIA	360		WARSZAWA	POL	K 40	32	K 92	00:12:32	00:25:18.90	00:26:31.20	5:03	11.9
585	ŁYSIAK KRZYSZTOF	651		WARSZAWA	POL	M 40	178	M 490	00:12:18	00:25:18.95	00:26:55.35	5:03	11.9
586	DZUCHIL MATEUSZ	232	FOOTBALL TALENTS	WARSZAWA	POL	M 20	59	M 491	00:12:35	00:25:19.90	00:26:29.85	5:03	11.8
587	KUKLA ELZBIETA	584	PWC RUNNING TEAM	WARSZAWA	POL	K 50	3	K 93	00:12:31	00:25:21.20	00:26:24.00	5:04	11.8
588	GALA TOMASZ	1444		WARSZAWA	POL	M 40	179	M 492	00:12:36	00:25:21.35	00:27:33.50	5:04	11.8
589	CIOSEK MARCIN	149		WARSZAWA	POL	M 40	180	M 493	00:12:26	00:25:22.40	00:26:28.15	5:04	11.8
590	WIERBIŁOWICZ DARIUSZ	1196		WARSZAWA	POL	M 40	181	M 494	00:12:54	00:25:22.40	00:25:22.40	5:04	11.8
591	PARTYKA AGNIESZKA	824	PGE ENERGETIC RUNNING	WARSZAWA	POL	K 50	4	K 94	00:12:35	00:25:22.65	00:26:32.35	5:04	11.8
592	GIL MICHAŁ	279		WARSZAWA	POL	M 20	60	M 495	00:13:04	00:25:22.70	00:26:25.15	5:04	11.8
593	KARPA KATARZYNA	1411	SMASHING PAPKINS	WARSZAWA	POL	K 40	33	K 95	00:12:30	00:25:23.85	00:26:28.35	5:04	11.8
594	ZAMOJSKI MARIUSZ	1452		WARSZAWA	POL	M 40	182	M 496	00:12:04	00:25:24.25	00:25:59.05	5:04	11.8
595	GROCHOWSKI PAWEŁ	311	PZU SPORT TEAM	WARSZAWA	POL	M 40	183	M 497	00:12:05	00:25:25.20	00:26:34.45	5:05	11.8
596	KALINOWSKI PIOTR	1448		WARSZAWA	POL	M 40	184	M 498	00:12:39	00:25:25.25	00:26:00.95	5:05	11.8
597	MACKENTHUN TOMASZ	656		WARSZAWA	POL	M 16	23	M 499	00:13:25	00:25:25.65	00:25:25.65	5:05	11.8
598	LEWANDOWSKA PAULINA	610		WARSZAWA	POL	K 30	33	K 96	00:12:31	00:25:27.40	00:26:26.50	5:05	11.8
599	KOKOCIŃSKI PIOTR	1450		WARSZAWA	POL	M 50	49	M 500	00:12:54	00:25:28.20	00:26:32.35	5:05	11.8
600	MATUSIAK MAREK	690		WARSZAWA	POL	M 40	185	M 501	00:12:46	00:25:28.35	00:27:47.80	5:05	11.8
601	SKELTON-WITKOWSKA SARAH	983	VEGE RUNNERS	WARSZAWA	POL	K 30	34	K 97	00:12:24	00:25:28.60	00:26:18.40	5:05	11.8
602	ŁOWKIS MAREK	638		WARSZAWA	POL	M 40	186	M 502	00:12:20	00:25:28.75	00:26:21.30	5:05	11.8
603	KLIMKIEWICZ BEATA	460		WARSZAWA	POL	K 40	34	K 98	00:12:28	00:25:29.05	00:26:41.00	5:05	11.8
604	WRÓBLEWSKI KACPER	1248		WARSZAWA	POL	M 20	61	M 503	00:12:46	00:25:29.45	00:26:46.85	5:05	11.8

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
605	ŁUCZAK PIOTR	643	PKO BANK POLSKI	WARSZAWA	POL	M 40	187	M 504	00:12:25	00:25:29.55	00:26:30.95	5:05	11.8
606	GIEFERT SYLWIA	278		WARSZAWA	POL	K 20	20	K 99	00:12:42	00:25:29.85	00:26:45.00	5:05	11.8
607	SZCZERBICKI RAFAŁ	1065	WARSAW RUN CLUB	WARSZAWA	POL	M 40	188	M 505	00:11:31	00:25:30.00	00:25:54.50	5:06	11.8
608	CZERNAK ADAM	164		WARSZAWA	POL	M 30	151	M 506	00:12:27	00:25:30.10	00:26:42.35	5:06	11.8
609	ŁASZCZYCH MAŁGORZATA	627		WARSZAWA	POL	K 30	35	K 100	00:12:20	00:25:32.00	00:26:18.50	5:06	11.7
610	FABROWICZ KATARZYNA	237		WARSZAWA	POL	K 40	35	K 101	00:12:45	00:25:32.05	00:26:50.00	5:06	11.7
611	BITOWSKI HUBERT	70		JÓZEFÓSKA	POL	M 40	189	M 507	00:12:38	00:25:32.95	00:26:40.50	5:06	11.7
612	DĄBROWSKI EMIL	180		IZABELIN C	POL	M 30	152	M 508	00:12:47	00:25:33.55	00:26:57.80	5:06	11.7
613	MROZIŃSKI MIKOŁAJ	1431	AGREGATY RUN CLUB	WARSZAWA	POL	M 30	153	M 509	00:12:19	00:25:35.45	00:26:37.50	5:07	11.7
614	KRAJEWSKI PRZEMYSŁAW	544	12TRI	WARSZAWA	POL	M 40	190	M 510	00:12:23	00:25:35.50	00:26:45.80	5:07	11.7
615	TEMPLER MAREK	1123	TEAMZABIEGANEDNI	WARSZAWA	POL	M 30	154	M 511	00:12:18	00:25:35.80	00:26:35.70	5:07	11.7
616	SZTYLKO MICHAŁ	1078		WARSZAWA	POL	M 40	191	M 512	00:12:25	00:25:36.50	00:26:16.60	5:07	11.7
617	JARGIŁO DAWID	385		WARSZAWA	POL	M 20	62	M 513	00:12:56	00:25:36.70	00:26:50.10	5:07	11.7
618	KIETLIŃSKI MACIEJ	448		WARSZAWA	POL	M 50	50	M 514	00:12:58	00:25:37.15	00:27:17.60	5:07	11.7
619	KALINOWSKI PIOTR	1545		NOWA IWICZNA	POL	M 40	192	M 515	00:12:56	00:25:37.65	00:26:45.50	5:07	11.7
620	SIWEK ANNA	981		WARSZAWA	POL	K 40	36	K 102	00:12:26	00:25:37.70	00:26:16.75	5:07	11.7
621	ZIELIŃSKI KRZYSZTOF	1288		WARSZAWA	POL	M 40	193	M 516	00:11:38	00:25:37.85	00:25:46.35	5:07	11.7
622	NOWACZYŃSKA KATARZYNA	776	TEAMZABIEGANEDNI	WARSZAWA	POL	K 40	37	K 103	00:12:36	00:25:38.55	00:26:35.70	5:07	11.7
623	JABLONSKA KATARZYNA	364		WARSZAWA	POL	K 30	36	K 104	00:12:42	00:25:39.35	00:26:29.75	5:07	11.7
624	ZAMOJSKI ŁUKASZ	1403		WARSZAWA	POL	M 40	194	M 517	00:12:15	00:25:39.45	00:28:05.35	5:07	11.7
625	POLESKI RADOŚLAW	879		WARSZAWA	POL	M 30	155	M 518	00:12:33	00:25:39.60	00:26:37.85	5:07	11.7
626	GRUZA MARTA	318	BIEGANIEPO40.PL	KAZUŃ BIELANY	POL	K 40	38	K 105	00:12:33	00:25:40.65	00:26:39.30	5:08	11.7
627	GOŁOŚ ARTUR	1451		ZIELONKA	POL	M 30	156	M 519	00:12:04	00:25:41.40	00:26:20.15	5:08	11.7
628	KRAUZ PAWEŁ	548	KPP W PIASECZNIE	ZAGOŚCINIEC	POL	M 40	195	M 520	00:12:38	00:25:41.85	00:27:23.95	5:08	11.7
629	OBUCHOWICZ FILIP	784		GÓRA KALWARIA	POL	M 16	24	M 521	00:12:49	00:25:42.05	00:26:58.35	5:08	11.7
630	ĆWIEK KAROLINA	173		WARSZAWA	POL	K 30	37	K 106	00:12:16	00:25:42.75	00:26:41.90	5:08	11.7
631	PIETRZAK MARIUSZ	855		WARSZAWA	POL	M 40	196	M 522	00:12:27	00:25:42.95	00:26:36.00	5:08	11.7
632	SZADKOWSKI BŁAŻEJ	1055		WARSZAWA	POL	M 40	197	M 523	00:13:02	00:25:44.35	00:26:48.90	5:08	11.7
633		1584						4	00:12:04	00:25:45.10	00:26:36.20	5:09	11.7
634	SULECKA CHŁOPICKA AGNIESZKA	1042	KS WARKA	BIAŁOBRZEGI	POL	K 40	39	K 107	00:12:34	00:25:45.40	00:26:08.75	5:09	11.7
635	SKIBNIEWSKI KAROL	984		WARSZAWA	POL	M 20	63	M 524	00:13:24	00:25:45.90	00:27:51.00	5:09	11.7
636	ZAURSKA KAROLINA	1276		MAKÓW MAZOWIECKI	POL	K 20	21	K 108		00:25:46.15	00:26:47.40	5:09	11.6
637	SOCHACKA ELŻBIETA	1012	GÓRA BIEGA	GÓRA KALWARIA	POL	K 50	5	K 109	00:12:46	00:25:46.30	00:26:18.10	5:09	11.6
638	BIEDROŃ DARIUSZ	59	ALUNIO TEAM	WARSZAWA	POL	M 40	198	M 525	00:13:10	00:25:46.75	00:27:09.60	5:09	11.6
639	SZULC MATEUSZ	1396		WARSZAWA	POL	M 14	7	M 526	00:11:43	00:25:46.80	00:25:55.95	5:09	11.6
640	LEŚNIAK IRENA	609	LESNIAKTEAM	WARSZAWA	POL	K 14	2	K 110	00:12:03	00:25:47.50	00:26:10.40	5:09	11.6
641	SKOWROŃSKI WOJCIECH	990		WARSZAWA	POL	M 50	51	M 527	00:12:40	00:25:48.25	00:27:31.30	5:09	11.6
642	TERCZYŃSKI ALEKSANDER	1527		WARSZAWA	POL	M 14	8	M 528	00:13:48	00:25:48.40	00:27:09.70	5:09	11.6
643	MAREK ROMAN	680		WARSZAWA	POL	M 60	13	M 529	00:12:37	00:25:48.50	00:26:56.95	5:09	11.6
644	MAZUREK MARIA	701		WARSZAWA	POL	K 30	38	K 111	00:12:34	00:25:48.95	00:27:01.55	5:09	11.6
645	PIETRUSZEWSKI KRZYSZTOF	854		WARSZAWA	POL	M 40	199	M 530	00:12:15	00:25:49.30	00:26:30.70	5:09	11.6
646	MASTALERZ ANDRZEJ	686		WARSZAWA	POL	M 50	52	M 531	00:13:02	00:25:51.15	00:27:02.45	5:10	11.6
647	ŻERKOWSKI ŁUKASZ	1298		WARSZAWA	POL	M 40	200	M 532	00:12:04	00:25:51.20	00:26:02.20	5:10	11.6
648	TRONIEWSKA ZOSIA	1147		WARSZAWA	POL	K 16	3	K 112	00:12:28	00:25:53.25	00:27:06.60	5:10	11.6
649	KUCZA PIOTR	1571	BRP	LEGIONOWO	POL	M 40	201	M 533	00:12:11	00:25:55.40	00:26:44.90	5:11	11.6
650	MALINOWSKI RADEK	667		WARSZAWA	POL	M 40	202	M 534	00:13:53	00:25:55.40	00:26:28.25	5:11	11.6
651	WOJDALSKI KRZYSZTOF	1234		WARSZAWA	POL	M 40	203	M 535	00:12:53	00:25:56.15	00:27:17.45	5:11	11.6
652	TULA RENATA	1153	NBRC	WARSZAWA	POL	K 70	1	K 113	00:12:57	00:25:56.20	00:26:53.35	5:11	11.6
653	LITWIN HANIA	618		WARSZAWA	POL	K 14	3	K 114	00:13:14	00:25:56.30	00:27:20.35	5:11	11.6
654	KOBYLIŃSKA AGNIESZKA	472		WARSZAWA	POL	K 40	40	K 115	00:12:45	00:25:56.85	00:26:34.70	5:11	11.6
655	PETRYKA WOJCIECH	1532		RASZYN	POL	M 50	53	M 536	00:12:38	00:25:57.00	00:27:06.05	5:11	11.6
656	PATEREK ADA	830	12TRI.PL	WARSZAWA	POL	K 40	41	K 116	00:12:50	00:25:57.90	00:27:14.30	5:11	11.6
657	KANTARSKA-BRYŁA MARTA	419		WARSZAWA	POL	K 30	39	K 117	00:13:19	00:25:57.90	00:27:12.65	5:11	11.6
658	KEMPA JAKUB	24		WARSZAWA	POL	M 20	64	M 537	00:12:26	00:25:59.15	00:28:04.90	5:11	11.5
659	CHARKO ELŻBIETA	122	GÓRA BIEGA	GÓRA KALWARIA	POL	K 30	40	K 118	00:12:43	00:25:59.80	00:27:01.05	5:11	11.5
660	TŁACZAŁA PIOTR	1126		WARSZAWA	POL	M 40	204	M 538	00:12:31	00:25:59.85	00:26:55.20	5:11	11.5
661	PAŃCZYK JOANNA	822		WARSZAWA	POL	K 40	42	K 119	00:13:13	00:26:00.35	00:27:20.70	5:12	11.5

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
662	ADAMSKI MARCIN	1323		WARSZAWA	POL	M 30	157	M 539	00:12:30	00:26:00.50	00:26:43.85	5:12	11.5
663	WINIARCZYK ŁUKASZ	1206		WARSZAWA	POL	M 40	205	M 540	00:12:28	00:26:01.15	00:26:37.45	5:12	11.5
664	TYSZKA DARIUSZ	1159		WARSZAWA	POL	M 40	206	M 541	00:12:51	00:26:01.15	00:27:13.45	5:12	11.5
665	SZCZESNY MARCIN	1066		WARSZAWA	POL	M 40	207	M 542	00:13:03	00:26:02.20	00:27:53.90	5:12	11.5
666	JÓZWIK ARTUR	1312		WARSZAWA	POL	M 40	208	M 543	00:13:16	00:26:02.20	00:27:23.50	5:12	11.5
667	BOJARSKI PATRYK	78		WARSZAWA	POL	M 20	65	M 544	00:12:59	00:26:02.50	00:27:04.85	5:12	11.5
668	BELKIEWICZ RAFAŁ	52	TEAM ZABIEGANEDNI / KABATY ULTRA	WARSZAWA	POL	M 40	209	M 545	00:12:52	00:26:02.75	00:27:14.25	5:12	11.5
669	MATYKIEWICZ ŁUKASZ	694		WARSZAWA	POL	M 40	210	M 546	00:12:52	00:26:08.90	00:26:24.80	5:13	11.5
670	SZEWczyk EWA	1310		WARSZAWA	POL	K 40	43	K 120	00:12:50	00:26:10.35	00:27:20.85	5:14	11.5
671	DOLIŃSKA AGNIESZKA	197	WARSAW RUN CLUB	WARSZAWA	POL	K 40	44	K 121	00:12:56	00:26:10.35	00:27:13.90	5:14	11.5
672	GUZIK JUSTYNA	333		JAZGARZEW	POL	K 30	41	K 122	00:12:49	00:26:10.55	00:27:30.15	5:14	11.5
673	KRAJEWSKA ALICJA	542		WARSZAWA	POL	K 16	4	K 123	00:13:07	00:26:10.65	00:27:20.40	5:14	11.5
674	STASIAŁ RADOŚŁAW	1027		PIASECZNO	POL	M 40	211	M 547	00:13:01	00:26:11.80	00:27:45.80	5:14	11.5
675	BRZOST KRZYSZTOF	99		MIŃSK MAZOWIECKI	POL	M 20	66	M 548	00:12:54	00:26:12.80	00:28:03.60	5:14	11.5
676	PRZYBYSZ KRZYSZTOF	1556		WARSZAWA	POL	M 50	54	M 549	00:12:32	00:26:13.20	00:26:27.30	5:14	11.4
677	CHMIELEWSKI ADAM	1419		WARSZAWA	POL	M 50	55	M 550	00:12:33	00:26:13.25	00:26:50.60	5:14	11.4
678	BULZACKI MICHAŁ	113		WARSZAWA	POL	M 30	158	M 551	00:12:23	00:26:13.55	00:27:12.35	5:14	11.4
679	CYGAN ANNA	157	WILD ULTRA WARRIORS	WARSZAWA	POL	K 50	6	K 124	00:13:55	00:26:13.80	00:26:13.80	5:14	11.4
680	FREJTES LUIS	1551		MARKI	VEN	M 60	14	M 552	00:12:44	00:26:13.85	00:26:38.90	5:14	11.4
681	BZURA EMILIA	115		WARSZAWA	POL	K 40	45	K 125	00:12:49	00:26:13.90	00:27:09.00	5:14	11.4
682	MILLER FRANCISZEK	724	BIEGAM BO LUBIĘ ZĄBK TEAM	ZĄBKI	POL	M 14	9	M 553	00:12:54	00:26:14.55	00:27:39.55	5:14	11.4
683	CHELEWSKA DOROTA	125		WARSZAWA WESOŁA	POL	K 30	42	K 126	00:12:58	00:26:16.00	00:27:55.10	5:15	11.4
684	ŁOŚ KRZYSZTOF	636	SBRT/BIEGUNIE 2022	ŁOMIANKI DOLNE	POL	M 60	15	M 554	00:12:53	00:26:16.30	00:27:01.50	5:15	11.4
685	KRASUSKA ANETA	547		WARSZAWA	POL	K 30	43	K 127	00:12:59	00:26:16.60	00:27:28.10	5:15	11.4
686	WĄCHOCKI PAWEŁ	1184		WARSZAWA	POL	M 40	212	M 555	00:13:13	00:26:18.90	00:28:45.80	5:15	11.4
687	STASIAK ŁUKASZ	1026	FOOTBALL TALENTS	WARSZAWA	POL	M 30	159	M 556	00:12:51	00:26:20.65	00:27:22.20	5:16	11.4
688	ŚWIDERSKA JOANNA	1112	WSPARCIENTRENINGOWE.PL	WARSZAWA	POL	K 30	44	K 128	00:12:56	00:26:20.90	00:27:23.70	5:16	11.4
689	JANUCHTA STANISŁAW	1354		WARSZAWA	POL	M 16	25	M 557	00:13:05	00:26:21.00	00:28:00.40	5:16	11.4
690	WINNICKA-MACKENTHUN AGNIESZKA	1209		WARSZAWA	POL	K 40	46	K 129	00:13:23	00:26:21.65	00:27:37.85	5:16	11.4
691	MILLER TOMASZ	723	BIEGAM BO LUBIĘ ZĄBK TEAM	ZĄBKI	POL	M 30	160	M 558	00:12:56	00:26:21.80	00:27:46.90	5:16	11.4
692	BRODECKI KRZYSZTOF	1399		WARSZAWA	POL	M 40	213	M 559	00:13:05	00:26:22.90	00:27:52.60	5:16	11.4
693	TARACH MAGDA	1119	KS STASZEWSKY	WARSZAWA	POL	K 40	47	K 130	00:13:26	00:26:22.90	00:27:55.00	5:16	11.4
694	KUPSC ANDRZEJ	1376		WARSZAWA	POL	M 50	56	M 560	00:12:58	00:26:23.25	00:27:36.30	5:16	11.4
695	LEWANDOWSKA JOANNA	611		WARSZAWA	POL	K 50	7	K 131	00:13:06	00:26:24.40	00:27:55.80	5:16	11.4
696	MULIK KAROLINA	748	RAZEM TRENUJEMY SPORT	WARSZAWA	POL	K 30	45	K 132	00:13:10	00:26:24.70	00:27:50.55	5:16	11.4
697	BATOR ZBIGNIEW	48		WARSZAWA	POL	M 60	16	M 561	00:13:06	00:26:25.25	00:27:15.10	5:17	11.4
698	MULARZ KAJETAN	746	BLACK BULLDOG	WARSZAWA	POL	M 30	161	M 562	00:12:34	00:26:26.00	00:27:47.60	5:17	11.3
699	MIKUSEK RYSZARD	722		WARSZAWA	POL	M 40	214	M 563	00:12:34	00:26:26.25	00:27:47.55	5:17	11.3
700	REGUCKI FABIAN	918		WARSZAWA	POL	M 16	26	M 564	00:12:07	00:26:26.55	00:30:54.25	5:17	11.3
701	WIT MAGDALENA	1214		WARSZAWA	POL	K 20	22	K 133	00:13:34	00:26:26.75	00:27:48.80	5:17	11.3
702	KURZACZ KATARZYNA	588	12TRI.PL	WARSZAWA	POL	K 50	8	K 134	00:13:12	00:26:27.40	00:27:45.50	5:17	11.3
703	GRADZIUK JAKUB	1336		WARSZAWA (BIELANY)	POL	M 30	162	M 565	00:12:56	00:26:27.60	00:27:40.70	5:17	11.3
704	SZYMBOŃSKA DOTA	1097	POŁAWIACZKI PEREŁ	WARSZAWA	POL	K 40	48	K 135	00:12:56	00:26:27.75	00:27:28.30	5:17	11.3
705	KIERASIŃSKA DOROTA	447	TEAM ZABIEGANE DNI	WARSZAWA	POL	K 40	49	K 136	00:12:44	00:26:28.50	00:27:27.95	5:17	11.3
706	RUTKOWSKI MACIEJ	944		WARSZAWA	POL	M 40	215	M 566	00:12:30	00:26:29.00	00:27:09.10	5:17	11.3
707	WEŁNA MARIUSZ	1188		WARSZAWA	POL	M 40	216	M 567	00:12:41	00:26:29.20	00:27:09.30	5:17	11.3
708	SYTA RAFAŁ	1051		WARSZAWA	POL	M 40	217	M 568	00:13:14	00:26:29.30	00:27:39.30	5:17	11.3
709	ŻABOKLIKA MARTA	1296		WARSZAWA	POL	K 30	46	K 137	00:13:21	00:26:29.90	00:28:05.05	5:17	11.3
710	KEĆK JANUSZ	440	SPARTANIE DZIECIOM	WARSZAWA	POL	M 70	4	M 569	00:13:14	00:26:30.00	00:27:57.10	5:18	11.3
711	LULA MAGDALENA	620	PWPW S.A.	WARSZAWA	POL	K 40	50	K 138	00:12:48	00:26:30.55	00:27:44.55	5:18	11.3
712	ZIMOWICZ ALICJA	1292	DUCLA ACADEMY WARSZAWA	WARSZAWA	POL	K 12	5	K 139	00:13:36	00:26:31.40	00:27:53.75	5:18	11.3
713	JĘDRZEJEWSKI ROBERT	397		PŁOŃSK	POL	M 40	218	M 570	00:12:51	00:26:31.50	00:27:47.60	5:18	11.3
714	SZUTKO MICHAŁ	1084		WARSZAWA	POL	M 20	67	M 571	00:12:45	00:26:31.60	00:27:28.60	5:18	11.3
715	SZACKI WOJCIECH	1053		WARSZAWA	POL	M 40	219	M 572	00:13:07	00:26:31.60	00:28:06.35	5:18	11.3
716	SZOT PAWEŁ	1361		WARSZAWA	POL	M 40	220	M 573	00:12:49	00:26:32.05	00:27:32.85	5:18	11.3
717	BAJDO BARTEK	30		WARSZAWA	POL	M 40	221	M 574	00:13:26	00:26:32.65	00:27:54.25	5:18	11.3
718	ZIMOWICZ MAGDALENA	1293		WARSZAWA	POL	K 40	51	K 140	00:13:37	00:26:33.50	00:27:55.40	5:18	11.3

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
719	BARNAS ILONA	39	PRETTY FILTRY TEAM	WARSZAWA	POL	K 40	52	K 141	00:13:09	00:26:33.70	00:27:24.20	5:18	11.3
720	LIACH ALIAKSANDR	1468		WARSZAWA	BLR	M 30	163	M 575	00:13:32	00:26:34.65	00:28:41.45	5:18	11.3
721	ANTONIK BARBARA	22		WARSZAWA	POL	K 20	23	K 142	00:13:36	00:26:34.75	00:28:27.40	5:18	11.3
722	TYBURC PAWEŁ	1156	ZERWANY ACHILLES	WARSZAWA	POL	M 40	222	M 576	00:12:47	00:26:36.20	00:26:48.35	5:19	11.3
723	ĆWIEK PAWEŁ	172		WARSZAWA	POL	M 30	164	M 577	00:13:15	00:26:36.30	00:26:36.30	5:19	11.3
724	FIOREK RAFAŁ	247		WARSZAWA	POL	M 40	223	M 578	00:12:41	00:26:37.55	00:26:45.15	5:19	11.3
725	KRÓL MONIKA	555	TEAM ZABIGANEDNI	WARSZAWA	POL	K 40	53	K 143	00:12:55	00:26:37.70	00:27:48.50	5:19	11.3
726	CZERESNIOWSKA ANNA	163		WARSZAWA	POL	K 30	47	K 144	00:12:49	00:26:37.95	00:27:36.60	5:19	11.3
727	BĘTKOWSKA MAJA	1524	RK ATHLETICS	WARSZAWA	POL	K 12	6	K 145	00:13:57	00:26:38.05	00:28:11.35	5:19	11.3
728	ZHYLTISOV DMITRY	1284		WARSZAWA	POL	M 40	224	M 579	00:13:12	00:26:38.10	00:28:03.75	5:19	11.3
729	WRONA MILENA	1247		JABŁONNA	POL	K 40	54	K 146	00:12:54	00:26:38.95	00:27:44.25	5:19	11.3
730	WAŚIEWICZ PIOTR	1185	PZU SPORT TEAM	WARSZAWA	POL	M 30	165	M 580	00:14:11	00:26:40.20	00:28:30.35	5:20	11.3
731	NOWAK PAULINA	780	TEAMZABIEGANEDNI	WARSZAWA	POL			K 147	00:13:24	00:26:40.70	00:28:14.60	5:20	11.3
732	HALL AMELIA	1350		WARSZAWA	POL	K 30	48	K 148	00:13:16	00:26:41.40	00:28:16.05	5:20	11.2
733	SZEWCAK KACPER	1071		WARSZAWA	POL	M 20	68	M 581	00:12:44	00:26:42.85	00:26:59.60	5:20	11.2
734	FAŁEK JACEK	240	NIE DOTYCZY	WARSZAWA	POL	M 40	225	M 582	00:13:17	00:26:42.95	00:27:53.60	5:20	11.2
735	DRACHAL AGATA	202		PIASTÓW	POL	K 30	49	K 149	00:13:17	00:26:43.40	00:28:05.30	5:20	11.2
736	PAŁASIEWICZ GRZEGORZ	820		WARSZAWA	POL	M 60	17	M 583	00:13:12	00:26:43.50	00:28:03.85	5:20	11.2
737	TŁUCHOWSKI RAFAŁ	1485		WARSZAWA	POL	M 40	226	M 584	00:13:13	00:26:45.35	00:28:03.40	5:21	11.2
738	SIERZPUTOWSKA EWA	973	GUNS&ROSES RUN TEAM	WARSZAWA PRAGA PÓŁNOC	POL	K 50	9	K 150	00:13:01	00:26:45.45	00:27:52.65	5:21	11.2
739	SZAJGIN ADAM	1060		WARSZAWA	POL	M 20	69	M 585	00:13:51	00:26:45.55	00:28:14.50	5:21	11.2
740	ADAMUS KATARZYNA	17	PIASECZNO RUNNING	PIASECZNO	POL	K 40	55	K 151	00:13:12	00:26:46.20	00:28:35.10	5:21	11.2
741	HALL TRAVIS	339		WASZAWA	POL	M 30	166	M 586	00:13:19	00:26:47.20	00:28:21.50	5:21	11.2
742	FILIPOWICZ ARKADIUSZ	248		WARSZAWA	POL	M 40	227	M 587	00:12:47	00:26:49.30	00:27:42.60	5:21	11.2
743	PRUSAK MARTA	894	TEAM ZABIEGANEDNI	WIĄZOWNA	POL	K 40	56	K 152	00:13:29	00:26:51.00	00:28:24.25	5:22	11.2
744	ZADROŻNY CYPRIAN	1262		WARSZAWA	POL	M 40	228	M 588	00:12:45	00:26:52.05	00:27:50.45	5:22	11.2
745	MUCHA-SURMACZ ALEKSANDRA	745		WARSZAWA	POL	K 20	24	K 153	00:13:12	00:26:52.75	00:28:26.00	5:22	11.2
746	KONKOWSKA JOANNA	492		WARSZAWA	POL	K 50	10	K 154	00:13:16	00:26:53.10	00:28:24.20	5:22	11.2
747	KŁĘK MAGDALENA	463	BEZLITOŚNI	JÓZEFOSŁAW	POL	K 40	57	K 155	00:13:19	00:26:53.90	00:28:32.05	5:22	11.2
748	KUBASZCZYK AGNIESZKA	574		WARSZAWA	POL	K 30	50	K 156	00:13:10	00:26:54.35	00:28:03.45	5:22	11.2
749	MALESA KRYSZTIAN	1357	RADA DZIELNICY URSYNÓW	WARSZAWA	POL	M 30	167	M 589	00:13:10	00:26:54.35	00:28:56.10	5:22	11.2
750	JÓZEFOWICZ MACIEJ	400	VEGE RUNNERS	WARSZAWA	POL	M 30	168	M 590	00:12:47	00:26:54.90	00:28:11.60	5:22	11.2
751	KUBACKI DARIUSZ	573		WARSZAWA	POL	M 40	229	M 591	00:12:23	00:26:55.35	00:28:19.70	5:23	11.1
752	KATNER TOMASZ	435		WARSZAWA	POL	M 40	230	M 592	00:12:59	00:26:57.05	00:28:11.30	5:23	11.1
753	ŚCIBIOREK ARKADIUSZ	1103		ŁÓDŹ	POL	M 30	169	M 593	00:12:54	00:26:57.75	00:27:04.70	5:23	11.1
754	RYNKOWSKA MAJA	947		WARSZAWA	POL	K 30	51	K 157	00:13:14	00:26:57.95	00:28:01.80	5:23	11.1
755	ŁUBIŃSKI PAWEŁ	640		WARSZAWA	POL	M 40	231	M 594	00:13:20	00:26:58.25	00:27:52.75	5:23	11.1
756	SOWIŃSKI EDMUND	1021	TKKFPŁOCK	PŁOCK	POL	M 70	5	M 595	00:13:22	00:26:58.40	00:27:26.05	5:23	11.1
757	WIKTOROWICZ TOMASZ	1200		WARSZAWA	POL	M 40	232	M 596	00:13:43	00:26:59.40	00:28:53.00	5:23	11.1
758	AJZYK MICHAŁ	19		WARSZAWA	POL	M 20	70	M 597	00:13:28	00:26:59.60	00:28:28.60	5:23	11.1
759	KOCIK JOANNA	476		WARSZAWA	POL	K 30	52	K 158	00:12:58	00:27:00.80	00:28:06.90	5:24	11.1
760	TOMALAK MACIEJ	1131		WARSZAWA	POL	M 40	233	M 598	00:13:40	00:27:00.80	00:28:59.25	5:24	11.1
761	DĄBROWSKI ANDRZEJ	181		JÓZEFÓW	POL	M 60	18	M 599	00:13:07	00:27:02.30	00:28:00.10	5:24	11.1
762	DYMEL JAN	1351	PAN	WARSZAWA	POL	M 30	170	M 600	00:13:01	00:27:02.40	00:27:12.40	5:24	11.1
763	WERNER JACEK	1392	ORANGE POLSKA	WARSZAWA	POL	M 30	171	M 601	00:13:43	00:27:03.65	00:28:59.50	5:24	11.1
764	KOZDOŃ MAREK	541		WARSZAWA	POL	M 40	234	M 602	00:13:34	00:27:03.75	00:28:06.90	5:24	11.1
765	KRAWCZYK PIOTR	550		WARSZAWA	POL	M 40	235	M 603	00:13:35	00:27:03.95	00:28:39.95	5:24	11.1
766	HAWRYLUK-STASIAK EWA	340	BIEGUNI 2022	WARSZAWA	POL	K 50	11	K 159	00:13:07	00:27:06.00	00:28:22.90	5:25	11.1
767	DYCHA MARCIN	220	NEW BALANCE RUN CLUB	WARSAW	POL	M 50	57	M 604	00:13:35	00:27:08.85	00:28:31.85	5:25	11.1
768	WŁOSZCZEWSKI JAKUB	1226		WARSZAWA	POL	M 30	172	M 605	00:12:52	00:27:09.90	00:28:58.00	5:25	11
769	STEFANKOWSKI ROBERT	1031		ZIELONKA	POL	M 30	173	M 606	00:13:50	00:27:11.40	00:28:43.60	5:26	11
770	CZERSKI MACIEJ	166		WARSZAWA	POL	M 50	58	M 607	00:13:07	00:27:11.65	00:28:30.50	5:26	11
771	NOWOSIELSKI BARTŁOMIEJ	1388		KAMIEŃC ZĄBKOWICKI	POL	M 20	71	M 608	00:13:30	00:27:14.80	00:28:37.10	5:26	11
772	BISOWSKA KATARZYNA	67		KOBYŁKA	POL	K 40	58	K 160	00:13:50	00:27:15.00	00:28:46.50	5:27	11
773	PRZYBYSZ MATEUSZ	902		WĘGRÓW	POL	M 20	72	M 609	00:13:18	00:27:16.55	00:28:30.80	5:27	11
774	POPLAWSKI MICHAEL	886		WARSZAWA	POL	M 20	73	M 610	00:13:50	00:27:17.30	00:28:47.85	5:27	11
775	OLIK AREK	795		WARSZAWA	POL	M 30	174	M 611	00:13:21	00:27:17.40	00:28:31.80	5:27	11

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
776	KITA GRZEGORZ	1373		WARSZAWA	POL	M 50	59	M 612	00:13:19	00:27:18.45	00:28:12.80	5:27	11
777	MATUSIEWICZ JAROSŁAW	692		WARSZAWA	POL	M 50	60	M 613	00:13:53	00:27:18.60	00:28:46.30	5:27	11
778	KOCZWARA AGNIESZKA	477	32DROP	WARSZAWA	POL	K 40	59	K 161	00:13:22	00:27:18.85	00:28:32.50	5:27	11
779	BALIŃSKI ROBERT	1400		WARSZAWA	POL	M 40	236	M 614	00:13:42	00:27:19.40	00:29:15.55	5:27	11
780	KIEWRA GRZEGORZ	449	AZS AWF WARSZAWA	WARSZAWA	POL	M 12	13	M 615	00:12:56	00:27:20.35	00:28:16.55	5:28	11
781	KOŁOWIECKA-WILKOS ANGELA	482	WIEWIÓRKA&BOBER	WARSZAWA	POL	K 30	53	K 162	00:14:20	00:27:20.55	00:29:05.55	5:28	11
782	MĘKARSKA MARTA	1412		WARSZAWA	POL	K 20	25	K 163	00:13:04	00:27:20.65	00:28:35.30	5:28	11
783	BOBROWSKI MARCIN	72	BEZKLUBIE	WARSZAWA	POL	M 50	61	M 616	00:14:20	00:27:20.75	00:29:05.65	5:28	11
784	SZUBRYT MICHAŁ	1079		WARSZAWA	POL	M 40	237	M 617	00:13:18	00:27:20.95	00:27:53.90	5:28	11
785	KASKA KRZYSZTOF	434		WARSZAWA	POL	M 30	175	M 618	00:14:12	00:27:21.45	00:29:21.30	5:28	11
786	SZUSZKIEWICZ MARZENA	1083		WARSZAWA	POL	K 40	60	K 164	00:13:35	00:27:21.55	00:28:54.25	5:28	11
787	TOMCZYŃSKA MARTA	1138	SMASHING PAPKINS	WARSZAWA	POL	K 40	61	K 165	00:13:21	00:27:21.60	00:28:44.80	5:28	11
788	BUCKO-LUBIŃSKA MARTA	105		WARSZAWA	POL	K 40	62	K 166	00:13:20	00:27:22.05	00:28:16.15	5:28	11
789	BRZozowski ERNEST	1359	RUNNING PHOTONS	BŁONIE	POL	M 40	238	M 619	00:13:40	00:27:22.40	00:28:52.75	5:28	11
790	KOSZUT WOJCIECH	512		WARSZAWA	POL	M 40	239	M 620	00:14:05	00:27:23.45	00:29:16.70	5:28	11
791	PAŁASIEWICZ KRZYSZTOF	819		WARSZAWA	POL	M 30	176	M 621	00:13:36	00:27:24.05	00:28:45.05	5:28	10.9
792	FICOŃ MONIKA	244		WARSZAWA	POL	K 50	12	K 167	00:13:23	00:27:25.40	00:28:27.40	5:29	10.9
793	GORCZYCKI DOMINIK	293		WARSZAWA	POL	M 20	74	M 622	00:13:01	00:27:26.20	00:28:39.85	5:29	10.9
794	MALINOWSKA AGNIESZKA	665	PACZKA SZLUGÓW	WARSZAWA	POL	K 40	63	K 168	00:13:35	00:27:26.70	00:29:00.75	5:29	10.9
795	DŁUGOSZ MARTA	190		KIELCE	POL	K 30	54	K 169	00:13:47	00:27:27.00	00:29:04.20	5:29	10.9
796	PIORUN KACPER	1466		ŁOWICZ	POL	M 30	177	M 623	00:13:31	00:27:28.35	00:29:08.45	5:29	10.9
797	JAWORSKA JOANNA	1520		WARSZAWA	POL	K 40	64	K 170	00:13:28	00:27:29.05	00:28:44.85	5:29	10.9
798	CHEĆ ADAM	127		WARSZAWA	POL	M 40	240	M 624	00:13:16	00:27:29.10	00:28:52.85	5:29	10.9
799	KNAP MACIEJ	1537		WARSZAWA	POL	M 14	10	M 625	00:14:27	00:27:30.00	00:29:13.35	5:30	10.9
800	SZADKOWSKI PIOTR	1056	BRAK	BIAŁOBRZEGI	POL	M 40	241	M 626	00:12:44	00:27:30.30	00:27:39.70	5:30	10.9
801	PROUTY MATTHEW	891		WARSZAWA		M 50	62	M 627	00:13:44	00:27:30.65	00:28:55.60	5:30	10.9
802	URYNOWICZ BOŻENA	1169		WARSZAWA	POL	K 40	65	K 171	00:13:45	00:27:31.40	00:29:05.90	5:30	10.9
803	DZIUBIŃSKI PIOTR	228	KDPS	WARSZAWA	POL	M 30	178	M 628		00:27:32.70	00:28:31.10	5:30	10.9
804	TERCZYŃSKA JULIA	1526		WARSZAWA	POL	K 14	4	K 172	00:13:48	00:27:33.35	00:28:54.40	5:30	10.9
805	LASKUS-KUCZYŃSKI LESŁAW	596	***** ***	WARSZAWA	POL	M 40	242	M 629	00:13:20	00:27:33.45	00:29:29.60	5:30	10.9
806	TERCZYŃSKI PAWEŁ	1528		WARSZAWA	POL	M 40	243	M 630	00:13:48	00:27:33.70	00:28:54.60	5:30	10.9
807	SIERZYCKA KATARZYNA	974		WARSZAWA	POL	K 30	55	K 173	00:13:49	00:27:33.85	00:29:06.00	5:30	10.9
808	LEŚNIAK KRZYSZTOF	608		WARSZAWA	POL	M 40	244	M 631	00:13:29	00:27:34.45	00:27:59.75	5:30	10.9
809	GRABEK ANNA	1809		WARSZAWA	POL	K 40	66	K 174	00:13:43	00:27:35.10	00:29:06.80	5:31	10.9
810	KNAP RADOSŁAW	469		WARSZAWA	POL	M 40	245	M 632	00:14:28	00:27:37.05	00:29:19.90	5:31	10.9
811	MAŁEK-MARCZUK HANNA	668		WARSZAWA	POL	K 30	56	K 175	00:13:37	00:27:37.15	00:28:56.30	5:31	10.9
812	JĘDRZEJCZAK ANNA	1343		WARSZAWA	POL	K 50	13	K 176	00:13:32	00:27:37.50	00:28:56.25	5:31	10.9
813	KUCHARSKI ADAM	1344		WARSZAWA	POL	M 40	246	M 633	00:13:32	00:27:37.80	00:28:57.25	5:31	10.9
814	JĘDRAŚ ŁUKASZ	1370		WARSZAWA	POL	M 30	179	M 634	00:13:49	00:27:39.35	00:29:12.30	5:31	10.8
815	NADOLSKA ANIA	1421		WARSZAWA	POL	K 40	67	K 177	00:13:38	00:27:39.70	00:29:26.40	5:31	10.8
816	KOWALSKI ROBERT	533	NBRC	WARSZAWA	POL	M 50	63	M 635	00:13:16	00:27:40.10	00:28:35.60	5:32	10.8
817	BUJNOWSKI IGOR	110		WARSZAWA	POL	M 16	27	M 636	00:13:52	00:27:40.30	00:29:10.60	5:32	10.8
818	SZULC KATARZYNA	1395		WARSZAWA	POL	K 40	68	K 178	00:13:25	00:27:41.00	00:27:49.25	5:32	10.8
819	BUJNOWSKA ELIZA	109	KS STASZEWSKY	WARSZAWA	POL	K 40	69	K 179	00:13:52	00:27:41.15	00:29:10.55	5:32	10.8
820	SŁOWIK JERZY	998		WARSZAWA	POL	M 60	19	M 637	00:13:20	00:27:41.70	00:29:07.40	5:32	10.8
821	JANIK MATEUSZ	1477		WARSZAWA	POL	M 30	180	M 638	00:13:53	00:27:41.75	00:30:08.20	5:32	10.8
822	SMOLARCZYK KLAUDIA	999	1	WARSZAWA	POL	K 30	57	K 180	00:13:33	00:27:42.10	00:29:10.50	5:32	10.8
823	WINIARSKA IZABELA	1207	IZAGÓRĄ	WARSZAWA	POL	K 40	70	K 181	00:13:12	00:27:42.40	00:29:49.05	5:32	10.8
824	ROMANOWSKA EWA	929	JB WARSAW	WARSZAWA	POL	K 30	58	K 182	00:13:19	00:27:42.60	00:29:02.50	5:32	10.8
825	FUTYMA KAROL	1460		WARSZAWA	POL	M 30	181	M 639	00:13:01	00:27:43.55	00:27:54.05	5:32	10.8
826	RUTKOWSKI TOMASZ	943		WARSZAWA	POL	M 40	247	M 640	00:13:35	00:27:43.95	00:29:26.35	5:32	10.8
827	SKAŁSKA KAROLINA	982		WARSZAWA	POL	K 40	71	K 183	00:13:33	00:27:44.20	00:29:17.00	5:32	10.8
828	ZAŁEWSKI LUDOMIR	1266		WARSZAWA	POL	M 40	248	M 641	00:13:31	00:27:44.65	00:29:56.50	5:32	10.8
829	ŁĘCZYŃSKI PIOTR	632		WARSZAWA	POL	M 16	28	M 642	00:13:04	00:27:45.10	00:27:47.80	5:33	10.8
830	KUCHER PAVLO	581		WARSZAWA	POL	M 20	75	M 643	00:13:23	00:27:46.10	00:28:52.60	5:33	10.8
831	DOLESZCZAK MARCIN	195		PIASECZNO	POL	M 20	76	M 644		00:27:48.60	00:27:48.60	5:33	10.8
832	SEGIET RAFAŁ	964	SEGIETEAM	WARSZAWA	POL	M 30	182	M 645	00:13:47	00:27:48.90	00:29:45.80	5:33	10.8

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
833	WÓJCIK ROBERT	619		WARSZAWA	POL	M 40	249	M 646	00:13:51	00:27:49.70	00:29:19.15	5:33	10.8
834	ŁAPIŃSKA PATRYCJA	625		WARSZAWA	POL	K 20	26	K 184	00:14:04	00:27:50.20	00:29:15.45	5:34	10.8
835	RACZYŃSKA WERONIKA	908		SIEDLCE	POL	K 20	27	K 185	00:13:14	00:27:51.35	00:28:54.60	5:34	10.8
836	GAWRACZYŃSKA ANNA	273	WTŁ STEGNY WARSZAWA	WARSZAWA	POL	K 60	1	K 186	00:13:49	00:27:52.35	00:29:18.30	5:34	10.8
837	ŚWIDRAK BARTOSZ	1113		WARSZAWA	POL	M 30	183	M 647	00:13:35	00:27:52.40	00:29:27.85	5:34	10.8
838	ROSENBAUM OLGA	930		WARSZAWA	POL	K 30	59	K 187	00:13:51	00:27:53.00	00:29:47.15	5:34	10.8
839	JODŁOWSKA ANNA	398	MYSZORY	WARSZAWA	POL	K 40	72	K 188	00:14:05	00:27:53.35	00:29:10.75	5:34	10.8
840	WOŁOŻYŃ SZYMON	1240		WARSZAWA	POL	M 40	250	M 648	00:13:48	00:27:54.25	00:29:29.90	5:34	10.8
841	RUTKOWSKA WIOLETTA	941		WARSZAWA	POL	K 40	73	K 189	00:13:36	00:27:54.35	00:28:24.60	5:34	10.8
842	DĄBROWSKA MARIA	178		WARSZAWA	POL	K 20	28	K 190	00:13:59	00:27:54.50	00:29:27.90	5:34	10.8
843	NEY-FOGIEL BEATA	763		WARSZAWA	POL	K 30	60	K 191	00:14:09	00:27:54.60	00:29:35.60	5:34	10.8
844	DUBEK KATARZYNA	209		WARSZAWA	POL	K 40	74	K 192	00:13:54	00:27:56.30	00:29:47.25	5:35	10.7
845	SIKORA ZUZANNA	977	PZU SPORT TEAM	WARSZAWA	POL	K 40	75	K 193	00:13:44	00:27:56.35	00:29:37.55	5:35	10.7
846	APANOWICZ ANGELIKA	26	EKOBIEGI	WARSZAWA	POL	K 40	76	K 194	00:13:52	00:27:56.40	00:29:24.60	5:35	10.7
847	DUBEK MICHAŁ	210		WARSZAWA	POL	M 40	251	M 649	00:13:53	00:27:57.10	00:29:48.45	5:35	10.7
848	HILAK ADAM	344		WARSZAWA	POL	M 40	252	M 650	00:13:59	00:27:57.40	00:29:21.20	5:35	10.7
849	KOWALCZYK MARTA	523		PIASECZNO	POL	K 30	61	K 195	00:13:50	00:27:57.50	00:29:02.95	5:35	10.7
850	CHARMUSZKO MONIKA	124		WARSZAWA	POL	K 30	62	K 196	00:14:04	00:27:57.80	00:29:47.30	5:35	10.7
851	NOWAK JAGODA	778		WARSZAWA	POL	K 14	5	K 197	00:13:46	00:27:59.70	00:29:32.75	5:35	10.7
852	BARTON MILAN	43		WARSZAWA	POL	M 12	14	M 651	00:13:49	00:28:00.35	00:29:48.75	5:36	10.7
853	BUKOWSKI JANUSZ	112		WARSZAWA	POL	M 60	20	M 652	00:14:01	00:28:00.85	00:28:04.75	5:36	10.7
854	HULANICKI ANDRZEJ	353	GOGGLE TEAM	WARSZAWA	POL	M 60	21	M 653	00:13:50	00:28:01.00	00:29:15.30	5:36	10.7
855	CZYŻ WIOLETTA	170		WARSZAWA	POL	K 40	77	K 198	00:13:48	00:28:01.80	00:29:35.35	5:36	10.7
856	GIEDYK MARTA	1577		WARSZAWA	POL	K 30	63	K 199	00:13:59	00:28:04.60	00:29:50.45	5:36	10.7
857	ZEGAR WERONIKA	1282		WARSZAWA	POL	K 30	64	K 200	00:13:59	00:28:05.95	00:29:51.55	5:37	10.7
858	KOŻUCHOWSKI IWO	1381		WARSZAWA	POL	M 50	64	M 654	00:13:14	00:28:06.20	00:28:26.00	5:37	10.7
859	KOWALSKI BARTŁOMIEJ	529		KOŁOBRZEG	POL	M 40	253	M 655	00:14:07	00:28:06.80	00:29:26.65	5:37	10.7
860	RADOMSKI ARTUR	1364		WARSZAWA	POL	M 40	254	M 656	00:14:09	00:28:08.40	00:30:18.70	5:37	10.7
861	DĄBROWSKI MARCIN	182		JACHRANKA	POL	M 30	184	M 657	00:13:59	00:28:08.75	00:29:42.60	5:37	10.7
862	FONGANG ALEKSANDRA	251		WARSZAWA	POL	K 40	78	K 201	00:13:54	00:28:09.85	00:29:41.00	5:37	10.7
863	WCISŁO MARCIN	1486	MIEDZESZYN	WARSZAWA	POL	M 40	255	M 658	00:14:07	00:28:10.10	00:28:38.75	5:38	10.7
864	WIELICZKO ŁUKASZ	1195		STOCZEK	POL	M 30	185	M 659	00:13:22	00:28:10.35	00:29:53.45	5:38	10.7
865	NIEMYJSKA HANNA	771		WARSZAWA	POL	K 14	6	K 202		00:28:12.25	00:29:26.20	5:38	10.6
866	SZULC ANNA	1081		WARSZAWA	POL	K 30	65	K 203	00:14:09	00:28:12.85	00:29:50.45	5:38	10.6
867	SOKÓLSKI TOMASZ	1018	TEAM ZABIEGANEDNI	WIĄZOWNA	POL	M 50	65	M 660	00:13:54	00:28:13.20	00:29:49.85	5:38	10.6
868	LIPKA-ZALEWSKA GRAŻYNA	1329		JULIANÓW	POL	K 50	14	K 204	00:14:21	00:28:13.70	00:30:16.00	5:38	10.6
869	HOMICKI ROBERT	347		RZESZÓW	POL	M 50	66	M 661	00:13:44	00:28:15.65	00:30:34.90	5:39	10.6
870	DUDEK DAMIAN	215		WARSZAWA	POL	M 14	11	M 662	00:13:59	00:28:16.05	00:29:42.55	5:39	10.6
871	DZIEDZIC EWA	225	TEAM ZABIEGANEDNI	DZIECHCINIEC	POL	K 50	15	K 205	00:13:59	00:28:16.95	00:29:13.80	5:39	10.6
872	RANKOWSKI BARTOSZ	915		WARSZAWA	POL	M 40	256	M 663	00:13:59	00:28:17.60	00:29:46.85	5:39	10.6
873	SKONIECZNY ANDRZEJ	989		WARSZAWA	POL	M 50	67	M 664	00:13:50	00:28:18.00	00:29:34.45	5:39	10.6
874	WALCZUK ŁUKASZ	1386		WARSZAWA	POL	M 30	186	M 665	00:14:24	00:28:18.20	00:30:09.40	5:39	10.6
875	PIETRZYK PAWEŁ	856		WARSZAWA	POL	M 30	187	M 666	00:13:25	00:28:18.65	00:29:37.55	5:39	10.6
876	POPIOŁEK JACEK	884		WARSZAWA	POL	M 50	68	M 667	00:13:25	00:28:18.80	00:29:09.10	5:39	10.6
877	KUBACKA BARBARA	571		WARSZAWA	POL	K 40	79	K 206		00:28:18.80	00:28:18.80	5:39	10.6
878	SKROK MATEUSZ	1342		SULEJÓWEK	POL	M 20	77	M 668	00:13:04	00:28:19.05	00:28:33.55	5:39	10.6
879	SZCZEPAŃSKA MATEUSZ	1064		WARSZAWA	POL	M 12	15	M 669	00:13:54	00:28:19.30	00:29:20.40	5:39	10.6
880	KAMIŃSKI ANDRZEJ	416		WARSZAWA	POL	M 12	16	M 670	00:15:33	00:28:20.40	00:30:28.60	5:40	10.6
881	BRODZIK MAŁGOSIA	93	NAPRZÓD MŁOCINY	WARSZAWA	POL	K 40	80	K 207	00:13:45	00:28:20.75	00:29:58.10	5:40	10.6
882	PROUTY ANTHONY	892		WARSZAWA		M 16	29	M 671		00:28:21.50	00:28:21.50	5:40	10.6
883	ZACZEK PRZEMYSŁAW	1260		MARKI	POL	M 40	257	M 672	00:14:23	00:28:21.60	00:30:09.35	5:40	10.6
884	MIASTOWSKI RAFAŁ	18	SŁOŃ B	WARSZAWA	POL	M 50	69	M 673	00:13:47	00:28:22.05	00:29:40.80	5:40	10.6
885	HULANICKA IRINA	352	GOGGLE TEAM	WARSZAWA	POL	K 60	2	K 208	00:14:02	00:28:22.35	00:29:36.00	5:40	10.6
886	SZYMAŃSKI ŁUKASZ	1095		WARSZAWA	POL	M 30	188	M 674	00:13:52	00:28:23.70	00:29:55.15	5:40	10.6
887	CHMIELEWSKI ANTONI	129		MIĘDZYRZEC PODLASKI	POL	M 70	6	M 675	00:14:31	00:28:23.80	00:30:01.20	5:40	10.6
888	WŁODARCZYK MAGDA	1220		CHYLICE-KONSTANCIN	POL	K 40	81	K 209		00:28:24.95	00:30:06.05	5:40	10.6
889	ŁUCZAK MAŁGORZATA	644	RUNNERSI ZE SKARBKA	WARSZAWA	POL	K 40	82	K 210	00:13:34	00:28:25.50	00:29:25.10	5:41	10.6

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
890	WASILEWSKA MAŁGORZATA	1181	GÓRA BIEGA	GÓRA KALWARIA	POL	K 40	83	K 211	00:13:56	00:28:25.65	00:28:57.50	5:41	10.6
891	KONDRAT PIOTR	487		ZĄBKI	POL	M 50	70	M 676	00:13:27	00:28:25.75	00:29:21.80	5:41	10.6
892	BĘTKOWSKI TOMASZ	1601		WARSZAWA	POL	M 40	258	M 677	00:13:57	00:28:25.75	00:29:58.70	5:41	10.6
893	PIROGOW TOMEK	865		ŁOZISKA	POL	M 40	259	M 678	00:14:10	00:28:26.65	00:30:27.30	5:41	10.6
894	FIGAT KRZYSZTOF	245	KRZYSZTOF FIGAT	WARSZAWA URSYNÓW	POL	M 40	260	M 679	00:14:28	00:28:26.95	00:30:09.35	5:41	10.6
895	PRZENIOSŁO PAWEŁ	896		WARSZAWA	POL	M 40	261	M 680	00:13:30	00:28:27.15	00:29:05.35	5:41	10.5
896	SZCZESIAK ANNA	1352		WARSZAWA	POL	K 30	66	K 212	00:13:24	00:28:28.40	00:28:38.30	5:41	10.5
897	OKUŃ MARCIN	1513		TOMICE	POL	M 40	262	M 681	00:14:08	00:28:29.60	00:28:57.40	5:41	10.5
898	BRZOZOWSKI MIKOŁAJ	102		WARSZAWA	POL	M 20	78	M 682	00:13:23	00:28:29.90	00:29:32.55	5:41	10.5
899	TRZĄSKI FILIP	1150	GS HUSKY	WARSZAWA	POL	M 30	189	M 683	00:14:06	00:28:30.50	00:29:53.20	5:42	10.5
900	CYBULSKA ANNA	155		WARSZAWA	POL	K 40	84	K 213	00:14:23	00:28:32.15	00:30:12.25	5:42	10.5
901	CIESIELSKI GRZEGORZ	147	LKS PERŁA ZŁOTOKŁOS	GRZĘDY	POL	M 30	190	M 684	00:14:30	00:28:32.40	00:30:46.95	5:42	10.5
902	WŁODARCZYK MIROSŁAW	1224	I LO UKS KOŚCIUSZKO WŁODAWA	WŁODAWA	POL	M 40	263	M 685	00:14:02	00:28:33.30	00:29:59.55	5:42	10.5
903	SIRODZKI ZBIGNIEW	1347		WARSZAWA	POL	M 50	71	M 686	00:13:08	00:28:33.35	00:28:51.20	5:42	10.5
904	SMUŁEK RAFAŁ	1004		WARSZAWA	POL	M 30	191	M 687	00:15:23	00:28:33.35	00:30:26.25	5:42	10.5
905	RANKOWSKA DOROTA	914		WARSZAWA	POL	K 40	85	K 214	00:13:59	00:28:33.45	00:30:01.85	5:42	10.5
906	PYRKA AGNIESZKA	907		WARSZAWA	POL	K 30	67	K 215	00:14:22	00:28:36.65	00:30:22.30	5:43	10.5
907	JĘDREJ EMILIA	394		WARSZAWA	POL	K 40	86	K 216	00:13:49	00:28:37.40	00:30:01.50	5:43	10.5
908	PAMUŁA PAWEŁ	821		WARSZAWA	POL	M 50	72	M 688	00:14:22	00:28:37.80	00:30:44.15	5:43	10.5
909	GRECKI MICHAŁ	1550		CHYLICZKI	POL	M 30	192	M 689	00:14:58	00:28:37.90	00:29:05.65	5:43	10.5
910	KAMIŃSKA AGNIESZKA	413		WARSZAWA	POL	K 30	68	K 217	00:14:11	00:28:38.25	00:30:39.70	5:43	10.5
911	KAMINSKI MARCIN	412	MELAMBIINA	WARSZAWA	POL	M 30	193	M 690	00:14:12	00:28:39.05	00:30:39.90	5:43	10.5
912	TOMASZEWSKA MARIOLA	1132	BIEGAM DLA SIEBIE	WARSZAWA	POL	K 50	16	K 218	00:14:32	00:28:39.15	00:29:44.05	5:43	10.5
913	CZARNECKA KATARZYNA	159		WARSZAWA	POL	K 30	69	K 219	00:13:57	00:28:39.75	00:30:02.95	5:43	10.5
914	VOVCHANSKY NAZAR	1173		WARSZAWA	POL	M 20	79	M 691	00:13:55	00:28:39.85	00:29:01.05	5:43	10.5
915	ŻÓŁTOWSKI BARTŁOMIEJ	1300		WARSZAWA	POL	M 40	264	M 692	00:13:46	00:28:40.05	00:30:17.70	5:44	10.5
916	DYMEL PIOTR	223		WARSZAWA	POL	M 70	7	M 693	00:13:42	00:28:40.35	00:29:23.30	5:44	10.5
917	ŻÓŁTOWSKA DOMINIKA	1299	NAPRZÓD MŁOCINY	WARSZAWA	POL	K 40	87	K 220	00:13:46	00:28:41.30	00:30:18.60	5:44	10.5
918	SZYDŁOWSKI ARTUR	1085		WARSZAWA	POL	M 40	265	M 694	00:13:55	00:28:41.60	00:30:06.10	5:44	10.5
919	SOCHOCKI WOJCIECH	1013		WARSZAWA	POL	M 30	194	M 695	00:15:24	00:28:41.65	00:30:34.35	5:44	10.5
920	CZAJKOWSKA JOANNA	1318	TEAM RUN PEŁCH	WARSZAWA	POL	K 40	88	K 221	00:14:20	00:28:42.15	00:30:52.30	5:44	10.5
921	HOŁOPIAK EWA	345	EWA HOŁOPIAK	WARSZAWA	POL	K 60	3	K 222	00:14:27	00:28:42.15	00:30:07.90	5:44	10.5
922	HOLDENMAJER CEZARY	1341		WARSZAWA	POL	M 50	73	M 696	00:13:53	00:28:42.65	00:30:37.90	5:44	10.5
923	ŚCIBOROWSKA MARTYNA	1104		WARSZAWA (URSYNÓW)	POL	K 30	70	K 223	00:13:43	00:28:42.80	00:29:06.95	5:44	10.5
924	ZDROJEWSKI SZYMON	1281		WARSZAWA	POL	M 30	195	M 697	00:14:20	00:28:42.95	00:30:12.70	5:44	10.5
925	INOROWICZ JOANNA	357		WARSZAWA	POL	K 40	89	K 224	00:14:32	00:28:44.60	00:29:46.80	5:44	10.4
926	LITKE ANDŻELIKA	1319	EAZYMUT.PL	WARSZAWA	POL	K 20	29	K 225	00:14:21	00:28:44.75	00:30:23.80	5:44	10.4
927	PAWLISZ MARCIN	834		WARSZAWA	POL	M 50	74	M 698	00:14:00	00:28:44.80	00:29:26.40	5:44	10.4
928	MALER WLADYSLAW	664	NEW BALANCE RUN CLUB	WARSZAWA	POL	M 70	8	M 699	00:14:27	00:28:44.90	00:30:11.15	5:44	10.4
929	PIECCHOCKA KATARZYNA	846		WARSZAWA	POL	K 40	90	K 226	00:14:21	00:28:47.20	00:30:27.20	5:45	10.4
930	MARCINKIEWICZ WOJCIECH	675	BIEGUSTATORZY	WARSZAWA	POL	M 30	196	M 700	00:14:31	00:28:49.10	00:30:27.25	5:45	10.4
931	MIODUSZEWSKA KAROLINA	725		WARSZAWA	POL	K 40	91	K 227		00:28:52.90	00:30:28.80	5:46	10.4
932	BODALSKI JACEK	75	AKTYWNA WARSZAWA	WARSZAWA	POL	M 50	75	M 701	00:14:25	00:28:53.95	00:30:39.50	5:46	10.4
933	BERDYŃSKA KAROLINA	54		WARSZAWA	POL	K 30	71	K 228	00:14:38	00:28:54.60	00:31:03.65	5:46	10.4
934	JANISZEWSKI PIOTR	374		RASZYN	POL	M 40	266	M 702	00:14:29	00:28:54.70	00:31:18.10	5:46	10.4
935	KLUCZYK PIOTR	1368	KS GROM PRO	WARSZAWA	POL	M 30	197	M 703	00:14:21	00:28:55.30	00:30:39.45	5:47	10.4
936	KOSOWICZ PAWEŁ	509		WARSZAWA	POL	M 30	198	M 704	00:15:16	00:28:56.05	00:28:56.05	5:47	10.4
937	GOŁDYN ŁUKASZ	290	-	WARSZAWA	POL	M 30	199	M 705	00:14:58	00:28:56.55	00:30:09.60	5:47	10.4
938	SZYMCZAK AGNIESZKA	1358		CELESTYNOW	POL	K 30	72	K 229	00:14:11	00:28:58.30	00:30:14.10	5:47	10.4
939	FROM KONRAD	255	WARSAW RUN CLUB	WARSZAWA	POL	M 40	267	M 706	00:14:29	00:28:59.00	00:30:39.60	5:47	10.4
940	PETERLEJTNER ŻUK EWA	841		WARSZAWA	POL	K 40	92	K 230	00:14:05	00:28:59.40	00:30:43.15	5:47	10.4
941	KMIEĆ KAMIL	467		ZĄBKI	POL	M 30	200	M 707	00:14:12	00:28:59.85	00:29:47.00	5:47	10.4
942	KARCZMARCZYK PAWEŁ	424		WARSZAWA	POL	M 30	201	M 708	00:14:09	00:28:59.95	00:30:22.25	5:47	10.4
943	ZALEWSKI PIOTR	1328		JULIANÓW	POL	M 50	76	M 709	00:14:29	00:29:00.20	00:31:05.45	5:48	10.3
944	ŻUK ŁUKASZ	1469		WARSZAWA	POL	M 40	268	M 710	00:14:06	00:29:01.05	00:30:44.45	5:48	10.3
945	ZALEWSKI KRZYSZTOF	1268		CISIE	POL	M 60	22	M 711	00:14:21	00:29:03.95	00:30:49.10	5:48	10.3
946	NGUYEN JAKUB	764		WARSZAWA	POL	M 20	80	M 712	00:13:07	00:29:04.50	00:29:21.55	5:48	10.3

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
947	WOŹNIAK KLAUDIA	1242		WARSZAWA	POL	K 30	73	K 231		00:29:04.90	00:30:30.05	5:48	10.3
948	DĘBIŃSKA PATRYCJA	188		WARSZAWA	POL	K 30	74	K 232	00:14:16	00:29:05.10	00:30:53.70	5:49	10.3
949	OLESZEK JOANNA	794		WARSZAWA	POL	K 30	75	K 233	00:13:52	00:29:07.55	00:30:39.15	5:49	10.3
950	BRONISZEWSKI JAKUB	95		ZĄBKI	POL	M 40	269	M 713	00:14:22	00:29:09.80	00:30:54.35	5:49	10.3
951	WALKIEWICZ MARIUSZ	1317	SDS REPREZENTACJA DZIENNIKARZY	NOWA IWICZNA	POL	M 50	77	M 714	00:13:55	00:29:10.00	00:30:42.15	5:50	10.3
952	GRONKIEWICZ MACIEJ	314	-	OTWOCK	POL	M 16	30	M 715	00:14:08	00:29:10.35	00:30:33.50	5:50	10.3
953	TYRANKIEWICZ KAMILA	1158	JUMP&FLY, KABATY	WARSZAWA	POL	K 40	93	K 234	00:14:20	00:29:10.50	00:29:34.15	5:50	10.3
954	MĘKARSKI PIOTR	1408		WARSZAWA	POL	M 40	270	M 716	00:14:52	00:29:10.70	00:30:46.20	5:50	10.3
955	MODRZEJEWSKA ANNA	734		SZCZECIN	POL	K 40	94	K 235	00:14:10	00:29:10.90	00:30:47.70	5:50	10.3
956	LECHOWICZ KATARZYNA	600		WARSZAWA	POL	K 30	76	K 236	00:14:31	00:29:10.95	00:30:51.55	5:50	10.3
957	KORONA KRZYSZTOF	501		WARSZAWA	POL	M 50	78	M 717	00:14:08	00:29:11.20	00:30:31.75	5:50	10.3
958	BRONISZEWSKA NATALIA	94		ZĄBKI	POL	K 16	5	K 237	00:14:23	00:29:11.35	00:30:55.30	5:50	10.3
959	GAWLIK BENIAMIN	272		WARSZAWA	POL	M 50	79	M 718	00:14:34	00:29:11.45	00:31:30.70	5:50	10.3
960	OLESZEK MACIEJ	793		WARSZAWA	POL	M 20	81	M 719	00:13:31	00:29:12.10	00:30:42.95	5:50	10.3
961	KONATOWICZ IWONA	486		JÓZEFOSŁAW	POL	K 40	95	K 238	00:14:19	00:29:13.75	00:31:00.25	5:50	10.3
962	KRAWCZYKIEWICZ MAGDA	551	ŻÓRAWSKI TEAM	WARSZAWA	POL	K 40	96	K 239	00:14:14	00:29:14.05	00:30:23.80	5:50	10.3
963	DUDEK BEATA	214		WARSZAWA	POL	K 40	97	K 240	00:13:59	00:29:14.75	00:30:41.30	5:50	10.3
964	MITURA EWA	732		WARSZAWA	POL	K 14	7	K 241	00:14:23	00:29:14.75	00:30:46.15	5:50	10.3
965	KLOPOCKI RAFAL	462		WARSZAWA	POL	M 50	80	M 720	00:14:38	00:29:15.10	00:31:08.00	5:51	10.3
966	KLOPOCKA ANNA	461		STRZENIOWKA	POL	K 50	17	K 242	00:14:38	00:29:15.30	00:31:08.25	5:51	10.3
967	MITURA ANNA	731		WARSZAWA	POL	K 40	98	K 243	00:14:23	00:29:16.05	00:30:47.45	5:51	10.3
968	PRZEWODOWSKA AGNIESZKA	897		WARSZAWA	POL	K 40	99	K 244	00:14:27	00:29:16.45	00:30:53.95	5:51	10.3
969	MAKOSA WITOLD	1561		KONSTANCIN	POL	M 60	23	M 721	00:14:30	00:29:17.40	00:31:03.60	5:51	10.2
970	GŁOWACKA ELŻBIETA	284	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 60	4	K 245	00:14:28	00:29:17.70	00:30:49.40	5:51	10.2
971	CHUDOBIAŃSKI TOMASZ	138		WARSZAWA	POL	M 20	82	M 722	00:13:58	00:29:18.05	00:30:48.90	5:51	10.2
972	MYJAK SYLWIA	749	NATIONALE-NEDERLANDEN RUNNING TEAM	WARSZAWA	POL	K 30	77	K 246	00:14:22	00:29:18.25	00:30:47.85	5:51	10.2
973	WIŚNIEWSKI JANUSZ	1213	PARKRUN PRUSZKÓW 70+	PIASTÓW	POL	M 70	9	M 723	00:14:39	00:29:18.80	00:29:46.85	5:51	10.2
974	PRASEK ŁUKASZ	887		WARSZAWA	POL	M 40	271	M 724	00:14:22	00:29:19.25	00:30:41.45	5:51	10.2
975	BUDEK EWA	106		WARSZAWA	POL	K 30	78	K 247	00:14:32	00:29:19.60	00:30:58.35	5:51	10.2
976	GAWIN MARIUSZ	271		WARSZAWA	POL	M 16	31	M 725	00:14:01	00:29:20.30	00:31:11.15	5:52	10.2
977	BROZE OLIVIA	96		WARSZAWA	AFG	K 16	6	K 248	00:14:02	00:29:20.35	00:31:11.00	5:52	10.2
978	JAROSZKIEWICZ DIANA	388	-	WARSZAWA	POL	K 16	7	K 249	00:14:23	00:29:20.45	00:30:59.80	5:52	10.2
979	ZARĘBSKI SZCZEPAN	1270		RADOM	POL	M 30	202	M 726	00:14:37	00:29:21.30	00:31:08.30	5:52	10.2
980	CZERWIŃSKA-BŁOK IWONA	167		WARSZAWA	POL	K 30	79	K 250	00:14:33	00:29:22.20	00:31:01.75	5:52	10.2
981	WALOS JAN	1177		WARSZAWA MOKOTÓW	POL	M 60	24	M 727	00:14:27	00:29:24.60	00:30:50.70	5:52	10.2
982	CZUCHAJ MILENA	169		WARSZAWA	POL	K 30	80	K 251	00:14:20	00:29:25.75	00:30:55.30	5:53	10.2
983	UŁANEK KAMILA	1164	SEGIETEAM	WARSZAWA	POL	K 40	100	K 252	00:14:28	00:29:28.45	00:31:25.25	5:53	10.2
984	TYSZKA RAFAŁ	1161		WARSZAWA	POL	M 14	12	M 728	00:13:44	00:29:31.80	00:30:44.40	5:54	10.2
985	ROSTKOWSKI ŁUKASZ	934		RZESZÓW	POL	M 30	203	M 729	00:15:30	00:29:33.05	00:29:33.05	5:54	10.2
986	PAC BARTOSZ	814		WARSZAWA	POL	M 40	272	M 730	00:14:28	00:29:34.55	00:31:38.50	5:54	10.1
987	SOLKA KATARZYNA	1020	GÓRA BIEGA	GÓRA KALWARIA	POL	K 20	30	K 253	00:14:34	00:29:34.60	00:31:19.55	5:54	10.1
988	KOZIEJ ANDRZEJ	538		WARSZAWA	POL	M 40	273	M 731	00:14:29	00:29:35.05	00:30:50.95	5:55	10.1
989	PUCHAŁA TOMASZ	904	MYSZORY	WARSZAWA	POL	M 30	204	M 732	00:14:23	00:29:35.95	00:30:53.60	5:55	10.1
990	PIECHOWIAK MARTA	847		WARSZAWA	POL	K 40	101	K 254	00:14:35	00:29:36.70	00:31:19.50	5:55	10.1
991	KORONA TATIANA	500	OBIEGUWKA	WARSZAWA	POL	K 50	18	K 255	00:14:30	00:29:37.25	00:31:22.50	5:55	10.1
992	RĘKAWEK GABRIELA	922		WARSZAWA	POL	K 30	81	K 256	00:14:28	00:29:38.95	00:31:30.15	5:55	10.1
993	GÓRSKA SYLWIA	1582		BANIOCHA	POL	K 40	102	K 257	00:14:33	00:29:39.05	00:31:24.20	5:55	10.1
994	PICEWICZ PAWEŁ	1415		WARSZAWA	POL	M 40	274	M 733	00:15:50	00:29:39.40	00:31:54.05	5:55	10.1
995	NOWACKI JULIAN	775	TO NATURALNE	WARSZAWA	POL	M 70	10	M 734	00:14:33	00:29:39.55	00:30:13.40	5:55	10.1
996	ZARODA GRAŻYNA	1271		WARSZAWA	POL	K 50	19	K 258	00:14:18	00:29:39.60	00:30:17.35	5:55	10.1
997	BARANOWSKI KRZYSZTOF	1494		ZIELONKA	POL	M 50	81	M 735	00:14:34	00:29:40.65	00:30:13.80	5:56	10.1
998	STAŃSKI SŁAWOMIR	1493		WARSZAWA	POL	M 60	25	M 736	00:14:33	00:29:40.75	00:30:14.05	5:56	10.1
999	KOSIACKI KAROL	506		WARSZAWA	POL	M 40	275	M 737	00:14:47	00:29:41.60	00:32:04.40	5:56	10.1
1000	PAWŁOWSKI KRYSZTOF	837	LKS PERŁA ŻŁOTOKŁOS	ŻŁOTOKŁOS	POL	M 30	205	M 738	00:14:28	00:29:42.70	00:31:57.40	5:56	10.1
1001	LEBIODA ELIZA	599		WARSZAWA	POL	K 30	82	K 259	00:14:48	00:29:46.00	00:31:47.70	5:57	10.1
1002	RADOMYSKA WIOLA	912	KAZIKI	WARSZAWA	POL	K 30	83	K 260	00:14:23	00:29:47.25	00:31:56.60	5:57	10.1
1003	TORZEWSKA AGNIESZKA	1139		WARSZAWA	POL	K 40	103	K 261	00:14:33	00:29:47.85	00:31:30.25	5:57	10.1

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
1004	SZYMANEK ŁUKASZ	1086		WARSZAWA	POL	M 40	276	M 739	00:14:56	00:29:49.10	00:32:05.90	5:57	10.1
1005	SZYMANEK ALEKSANDRA	1087		WARSZAWA	POL	K 30	84	K 262	00:14:56	00:29:49.90	00:32:07.10	5:57	10.1
1006	STASZEWSKA KINGA	1029	KS STASZEWSCY	WARSZAWA	POL	K 40	104	K 263	00:14:32	00:29:49.95	00:31:28.55	5:57	10.1
1007	BUDZIANOWSKI MATEUSZ	107		WARSZAWA	POL	M 30	206	M 740	00:15:41	00:29:51.50	00:31:48.30	5:58	10.1
1008	SOKOŁOWSKI MARIAN	1015	SAMOTNY WILK	WARSZAWA	POL	M 70	11	M 741	00:14:23	00:29:51.85	00:30:20.85	5:58	10.1
1009	MAŁYSIAK KLAUDIA	1447		WARSZAWA	POL	K 20	31	K 264	00:14:18	00:29:53.75	00:31:32.20	5:58	10
1010	WYSOWSKA JAGODA	1585		PIASECZNO	POL	K 50	20	K 265	00:15:16	00:29:56.65	00:31:45.85	5:59	10
1011	MROCZEK MAGDALENA	741		WARSZAWA	POL	K 40	105	K 266	00:14:32	00:29:57.00	00:31:38.70	5:59	10
1012	BRZOZOWSKA MAGDALENA	100	BIEGUSTATORZY	WARSZAWA	POL	K 40	106	K 267	00:14:31	00:29:58.15	00:31:36.45	5:59	10
1013	MORAWSKA ANNA	1516		WARSZAWA	POL	K 60	5	K 268	00:14:51	00:29:58.20	00:30:20.60	5:59	10
1014	WÓJCIK ANETA	1246		WARSZAWA	POL	K 40	107	K 269	00:14:42	00:29:58.65	00:31:26.05	5:59	10
1015	NIEWIADOMSKI ZDZISŁAW	772		WARSZAWA	POL	M 70	12	M 742	00:14:52	00:29:59.30	00:31:37.10	5:59	10
1016	LEŚIAKOWSKI PAWEŁ	606		WARSZAWA	POL	M 30	207	M 743	00:14:28	00:29:59.50	00:31:45.05	5:59	10
1017	KEMPISTY ANNA	1487	12TRI.PL	WARSZAWA	POL	K 50	21	K 270	00:14:44	00:30:01.10	00:31:33.55	6:00	10
1018	SZYMAŃSKI DOMINIK	1094		WARSZAWA	POL	M 30	208	M 744	00:14:40	00:30:02.70	00:32:18.05	6:00	10
1019	KOWALSKA BEATA	526		KOŁOBRZEG	POL	K 40	108	K 271	00:14:23	00:30:03.10	00:31:22.55	6:00	10
1020	SZYMAŃSKA BEATA	1406		WARSZAWA	POL	K 40	109	K 272	00:14:58	00:30:04.00	00:31:22.85	6:00	10
1021	KRYSTOSIAK WERONIKA	565		JÓZEFIN	POL	K 20	32	K 273	00:14:11	00:30:05.10	00:31:02.10	6:01	10
1022	SOKÓLSKA DOROTA	1017	TEAM ZABIEGANEDNI	WIĄZOWNA	POL	K 60	6	K 274	00:14:40	00:30:05.15	00:31:41.25	6:01	10
1023	KOWALCZYK KAMIL	519		HALINÓW	POL	M 30	209	M 745	00:14:11	00:30:05.50	00:31:02.00	6:01	10
1024	ŁAKOMSKA BEATA	623	TEAM ZABIEGANE DNI	WARSZAWA	POL	K 30	85	K 275	00:14:21	00:30:05.50	00:31:40.40	6:01	10
1025	ROJEWSKI MATEUSZ	926	BACKSIDE TEAM	WARSZAWA	POL	M 20	83	M 746		00:30:05.50	00:30:05.50	6:01	10
1026	MATYSIAK KRYSZYNA	696		WARSZAWA	POL	K 12	7	K 276	00:15:50	00:30:05.95	00:32:16.55	6:01	10
1027	OLKOWSKI ROBERT	796		IZABELIN-DZIEKANÓWEK	POL	M 50	82	M 747	00:14:15	00:30:08.00	00:31:43.45	6:01	10
1028	KUCHTA JAN-MARKUS	1489		WARSZAWA	POL	M 14	13	M 748	00:14:39	00:30:08.65	00:32:06.45	6:01	10
1029	ZIELIŃSKA MARTA	1286	JACEKBIEGA RUNNING TEAM	WARSZAWA	POL	K 40	110	K 277	00:14:42	00:30:10.65	00:32:02.55	6:02	9.9
1030	ZIELIŃSKI MATEUSZ	1548		WARSZAWA	POL	M 30	210	M 749	00:14:37	00:30:13.35	00:31:28.90	6:02	9.9
1031	ŚMIERZYŃSKA DOROTA	1384		WARSZAWA	POL	K 30	86	K 278	00:14:40	00:30:13.60	00:31:28.80	6:02	9.9
1032	KOZAK MARIA	1409		WARSZAWA	POL	K 12	8	K 279	00:15:40	00:30:14.45	00:31:59.00	6:02	9.9
1033	KOZAK JAKUB	1407		WARSZAWA	POL	M 40	277	M 750	00:15:40	00:30:14.95	00:31:59.40	6:02	9.9
1034	SKROBEK PIOTR	991		ŁOMIAŃKI	POL	M 30	211	M 751	00:15:01	00:30:16.00	00:32:33.60	6:03	9.9
1035	ADAMIAK PAWEŁ	14		WARSZAWA	POL	M 50	83	M 752	00:14:28	00:30:16.40	00:32:05.35	6:03	9.9
1036	GÓRECKA ALEKSANDRA	296		WARSZAWA	POL	K 40	111	K 280	00:15:01	00:30:19.45	00:32:06.75	6:03	9.9
1037	KĘSICKA ARLETTA	443		WARSZAWA	POL	K 30	87	K 281	00:14:54	00:30:20.55	00:32:07.25	6:04	9.9
1038	MASTALEREK JOANNA	684		WARSZAWA	POL	K 40	112	K 282		00:30:22.00	00:30:23.00	6:04	9.9
1039	MASTALEREK ARKADIUSZ	685		WARSZAWA	POL	M 40	278	M 753		00:30:24.00	00:30:25.00	6:04	9.9
1040	VUCO IVO	1174	HULTAJ LITERACKI	STARE GROCHALE	POL	M 40	279	M 754	00:15:07	00:30:24.30	00:32:13.25	6:04	9.9
1041	BOCHYŃSKA SZACKA DAGMARA	73		WARSZAWA	POL	K 30	88	K 283	00:15:00	00:30:26.80	00:32:00.95	6:05	9.9
1042	GÓRAL PIOTR	1586		JÓZEFOSŁAW	POL	M 60	26	M 755	00:14:34	00:30:27.50	00:32:02.55	6:05	9.9
1043	WRÓBLEWSKI RAFAŁ	1565		WARSZAWA	POL	M 20	84	M 756	00:14:37	00:30:32.65	00:32:24.60	6:06	9.8
1044	KURPIŃSKA KAROLINA	1573		WARSZAWA	POL	K 20	33	K 284	00:15:05	00:30:33.25	00:32:05.55	6:06	9.8
1045	TOLAK MARCIN	1130		WARSZAWA	POL	M 40	280	M 757	00:14:24	00:30:33.55	00:32:19.55	6:06	9.8
1046	DI FOLCO VERONICA	1455		WARSZAWA	POL	K 40	113	K 285	00:15:07	00:30:34.35	00:32:21.80	6:06	9.8
1047	ŁATKA-GROT JULITA	597		SULEJÓWEK	POL	K 40	114	K 286	00:14:51	00:30:35.10	00:32:14.80	6:07	9.8
1048	WOJCIECHOWSKI TOMASZ	1231		CIECHANÓW	POL	M 30	212	M 758	00:15:35	00:30:35.20	00:32:37.70	6:07	9.8
1049	KARŁOWICZ ANNA	426	PARTIA WOLNYCH BIEGACZY	WARSZAWA	POL	K 60	7	K 287	00:15:07	00:30:35.55	00:31:32.05	6:07	9.8
1050	TULIN MICHAŁ	1154		WARSZAWA	AFG	M 30	213	M 759		00:30:40.00	00:30:41.00	6:08	9.8
1051	NEJMAN ANDRZEJ	1313		WARSZAWA	POL	M 40	281	M 760	00:14:54	00:30:40.60	00:32:27.40	6:08	9.8
1052	ZIEMAK EDYTA	1290	EDYTA ZIEMAK	WARSZAWA	POL	K 40	115	K 288	00:15:06	00:30:44.00	00:32:13.85	6:08	9.8
1053	JANCZARSKA WIKTORIA	372		WARSZAWA	POL	K 30	89	K 289	00:14:42	00:30:46.20	00:32:47.00	6:09	9.8
1054	PIOTROWSKI NORBERT	1446		WARSZAWA	POL	M 14	14	M 761	00:10:11	00:30:49.05	00:31:07.95	6:09	9.7
1055	JELENIĘWSKA MAGDALENA	1499	MAGDALENA JELENIĘWSKA	WARSZAWA	POL	K 40	116	K 290	00:15:06	00:30:54.30	00:32:42.10	6:10	9.7
1056	MYŚLIBORSKA OLGA	751		WARSZAWA	POL	K 40	117	K 291	00:15:13	00:30:54.50	00:32:49.45	6:10	9.7
1057	LENARCZYK PAWEŁ	602		WARSZAWA	POL	M 40	282	M 762	00:14:34	00:30:55.05	00:32:49.10	6:11	9.7
1058	BORYS PIOTR	87		WARSZAWA	POL	M 50	84	M 763	00:14:31	00:30:57.10	00:32:36.30	6:11	9.7
1059	BORYS JOANNA	89		WARSZAWA	POL	K 12	9	K 292	00:14:31	00:30:57.25	00:32:36.00	6:11	9.7
1060	ORZEŁ MONIKA	805		WARSZAWA	POL	K 30	90	K 293	00:14:52	00:30:58.80	00:32:40.60	6:11	9.7

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
1061	BOROWA MAGDALENA	82		ZĄBKI	POL	K 30	91	K 294	00:14:51	00:30:59.00	00:32:35.00	6:11	9.7
1062	TRYBULEC JUSTYNA	1149		WARSZAWA	POL	K 30	92	K 295	00:15:02	00:31:04.90	00:31:44.10	6:12	9.7
1063	WAŚOWSKA ANNA	1187	GRUPA BIEGOWA UM W-WA	ZĄBKI	POL	K 40	118	K 296	00:14:55	00:31:06.75	00:32:48.00	6:13	9.6
1064	BRZEZIK PIOTR	97		WARSZAWA	POL	M 30	214	M 764	00:14:24	00:31:08.25	00:32:10.60	6:13	9.6
1065	KIELEWICZ KAZIMIERZ	445		RADOM	POL	M 70	13	M 765	00:15:02	00:31:08.60	00:32:50.50	6:13	9.6
1066	SZYMCZAK MIROŚLAW	1098	TRIWAWA	WARSZAWA	POL	M 70	14	M 766	00:15:03	00:31:13.70	00:33:22.20	6:14	9.6
1067	MICHAŁEK-PENDOWSKA BARBARA	1378		WARSZAWA	POL	K 40	119	K 297	00:15:11	00:31:14.45	00:31:57.35	6:14	9.6
1068	JĘDRZEJEWSKA LAURA	396		PŁOŃSK	POL	K 20	34	K 298	00:14:37	00:31:15.60	00:32:56.90	6:15	9.6
1069	SOKOŁOWSKI WOJCIECH	1016		AUGUSTOW	POL	M 50	85	M 767	00:14:41	00:31:18.25	00:32:24.25	6:15	9.6
1070	WIŚNIEWSKA-DUDA ANNA	1211		WARSZAWA	POL	K 30	93	K 299	00:15:29	00:31:22.60	00:32:02.40	6:16	9.6
1071	KARAŚ AGNIESZKA	421		WARSZAWA	POL	K 40	120	K 300	00:15:05	00:31:23.15	00:32:51.20	6:16	9.6
1072	GROCHOWINA ANNA	309		WARSZAWA	POL	K 30	94	K 301	00:15:22	00:31:23.60	00:32:30.30	6:16	9.6
1073	BARCZYK TOMASZ	38		WARSZAWA	POL	M 30	215	M 768	00:15:51	00:31:25.45	00:33:25.45	6:17	9.5
1074	JAŃCZAK MARIUSZ	382		WARSZAWA	POL	M 40	283	M 769	00:14:55	00:31:27.55	00:32:00.70	6:17	9.5
1075	REGUCKI ARTUR	917		WARSZAWA	POL	M 50	86	M 770	00:14:55	00:31:28.15	00:35:56.40	6:17	9.5
1076	BIELECKA ALEKSANDRA	60		WARSZAWA	POL	K 40	121	K 302	00:15:23	00:31:28.90	00:33:28.00	6:17	9.5
1077	GIERKOWSKA AGNIESZKA	1420		WARSZAWA	POL	K 40	122	K 303	00:15:19	00:31:30.45	00:33:43.30	6:18	9.5
1078	ORZECHOWSKI DANIEL	804		PIASECZNO	POL	M 40	284	M 771	00:15:35	00:31:31.00	00:33:34.20	6:18	9.5
1079	ORZECHOWSKA KAROLINA	803		PIASECZNO	POL	K 40	123	K 304	00:15:35	00:31:31.05	00:33:34.40	6:18	9.5
1080	MARCIŃSKI KUBA	676	PROJEKT AIK	WARSZAWA	POL	M 40	285	M 772	00:15:25	00:31:32.55	00:33:48.00	6:18	9.5
1081	MICHAŁAK JERZY	709	KBIM.P.SĘKOWSKIEGO	PŁOŃSK	POL	M 70	15	M 773	00:15:08	00:31:35.90	00:33:24.60	6:19	9.5
1082	GRUDZIŃSKI BARTOSZ	1484		WARSZAWA	POL	M 12	17	M 774	00:14:52	00:31:36.25	00:33:28.65	6:19	9.5
1083	WĘCŁAWIK PIOTR	1190		WARSZAWA	POL	M 30	216	M 775	00:14:58	00:31:38.90	00:33:31.10	6:19	9.5
1084	POŁO MARIA	880		HALINÓW	POL	K 30	95	K 305	00:15:31	00:31:39.55	00:32:47.20	6:19	9.5
1085	HRYMAK-STANEK ANNA	350		BIELAWA	POL	K 40	124	K 306	00:15:56	00:31:39.55	00:33:50.10	6:19	9.5
1086	OLOWSKA PAULINA	798		WARSZAWA	POL	K 30	96	K 307	00:15:02	00:31:40.35	00:33:13.90	6:20	9.5
1087	KŁYS MATEUSZ	465		WARSZAWA	POL	M 20	85	M 776	00:15:57	00:31:40.40	00:33:36.00	6:20	9.5
1088	KOŁECKA ALEKSANDRA	479		WARSZAWA	POL	K 20	35	K 308	00:15:58	00:31:41.00	00:33:35.65	6:20	9.5
1089	JANCZ BARTOSZ	1480		WARSZAWA	POL	M 40	286	M 777	00:15:47	00:31:42.55	00:33:45.35	6:20	9.5
1090	KRUSZEWSKA-JANCZ EMILIA	1479		WARSZAWA	POL	K 40	125	K 309	00:15:47	00:31:42.55	00:33:45.60	6:20	9.5
1091	DRÓŻDŻ RENATA	206		WARSZAWA	POL	K 40	126	K 310	00:15:17	00:31:50.55	00:33:20.15	6:22	9.4
1092	STOKOWSKA ANGELIKA	1035		STARA WIEŚ	POL	K 40	127	K 311	00:15:40	00:31:53.20	00:33:57.80	6:22	9.4
1093	PAWŁESA MAŁGORZATA	835		WARSZAWA	POL	K 40	128	K 312	00:16:07	00:31:53.25	00:32:53.15	6:22	9.4
1094	WIŚNIEWSKA KATARZYNA	1210	INDYWIDUALISTKA	WARSZAWA	POL	K 50	22	K 313	00:15:17	00:31:54.90	00:32:17.95	6:22	9.4
1095	SOBOLEWSKA ALEKSANDRA	1337		WARSZAWA	POL	K 20	36	K 314	00:16:19	00:31:55.40	00:33:55.00	6:23	9.4
1096	MOSKAŁA BOGUSŁAW	737		WARSZAWA	POL	M 60	27	M 778	00:15:47	00:31:58.00	00:33:59.80	6:23	9.4
1097	NASIEROWSKA MARTYNA	760		WARSZAWA	POL	K 30	97	K 315	00:15:35	00:32:02.20	00:33:51.95	6:24	9.4
1098	KALETA AGNIESZKA	1508		WARSZAWA	POL	K 40	129	K 316	00:15:35	00:32:05.00	00:33:42.20	6:25	9.4
1099	TABOR TOMASZ	1118		WARSZAWA	POL	M 50	87	M 779	00:15:49	00:32:06.60	00:33:55.00	6:25	9.3
1100	SYNOWCZYK AGNIESZKA	1050		WARSZAWA	POL	K 30	98	K 317	00:16:01	00:32:07.60	00:32:51.60	6:25	9.3
1101	SZMYTKE SABINA	1075	NIEZRZESZONA	KONSTANCIN-JEZIORNA	POL	K 60	8	K 318	00:15:35	00:32:08.35	00:33:39.10	6:25	9.3
1102	WINDER AGNIESZKA	1205		WARSZAWA	POL	K 40	130	K 319	00:15:53	00:32:08.40	00:34:04.70	6:25	9.3
1103	MRÓZ JOANNA	742		WARSZAWA	POL	K 30	99	K 320	00:15:53	00:32:08.45	00:34:04.50	6:25	9.3
1104	HOŁOWACZ TOMASZ	346	KONDYCJA	WARSZAWA	POL	M 70	16	M 780	00:16:03	00:32:10.15	00:34:04.70	6:26	9.3
1105	KOPER ADAM	494		WARSZAWA	POL	M 30	217	M 781		00:32:11.30	00:32:11.30	6:26	9.3
1106	TYSZKA SYLWIA	1160		WARSZAWA	POL	K 40	131	K 321	00:15:35	00:32:13.55	00:33:24.65	6:26	9.3
1107	NAKWASKI BARTEK	757		WARSZAWA	POL	M 40	287	M 782	00:15:14	00:32:17.90	00:32:51.00	6:27	9.3
1108	SYTY ADAM	1052		WARSZAWA	POL	M 40	288	M 783	00:15:46	00:32:18.05	00:34:16.20	6:27	9.3
1109	NIEDZIELA MICHAŁ	766		WARSZAWA	POL	M 30	218	M 784	00:15:41	00:32:18.60	00:33:37.60	6:27	9.3
1110	MYSZOR-CIECIELĄG MONIKA	750		PIASECZNO	POL	K 40	132	K 322	00:15:43	00:32:18.80	00:34:03.05	6:27	9.3
1111	KORNACKA AGNIESZKA	498		NIEPORĘT	POL	K 20	37	K 323	00:15:47	00:32:20.30	00:32:28.15	6:28	9.3
1112	GŁAŻEWSKA KAMILA	1599		WARSZAWA	POL	K 20	38	K 324	00:15:28	00:32:21.15	00:33:51.60	6:28	9.3
1113	KACZMARSKA ALICJA	1454	TI HEALTH CLUB	WARSZAWA	POL	K 40	133	K 325	00:15:38	00:32:22.00	00:34:09.30	6:28	9.3
1114	WITEK SZYMON	1579		WARSZAWA	POL	M 12	18	M 785	00:16:16	00:32:22.75	00:34:22.50	6:28	9.3
1115	KOZDROŃ PAULINA	1534		WARSZAWA	POL	K 30	100	K 326	00:15:58	00:32:23.40	00:34:12.25	6:28	9.3
1116	SIERANT WOJCIECH	970		WARSZAWA	POL	M 30	219	M 786	00:16:31	00:32:23.95	00:34:27.35	6:28	9.3
1117	PATAJ MONIKA	1309		WARSZAWAWARSZAWA	POL	K 40	134	K 327		00:32:25.90	00:33:36.85	6:29	9.3

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
1118	WITEK DAGMARA	1578		WARSZAWA	POL	K 30	101	K 328	00:16:17	00:32:26.55	00:34:25.60	6:29	9.2
1119	RYŃSKI ANDRZEJ	949		WARSZAWA	POL	M 50	88	M 787	00:15:08	00:32:27.55	00:33:42.60	6:29	9.2
1120	SKOMOROWSKA MONIKA	988		WARSZAWA	POL	K 40	135	K 329	00:15:09	00:32:28.10	00:33:42.80	6:29	9.2
1121	ADAMCZYK JACEK	1439	WYKŁĘCI TV	LATCHORZEW	POL	M 50	89	M 788	00:15:49	00:32:31.20	00:34:26.60	6:30	9.2
1122	WERPACHOWSKI MATEUSZ	1189		WARSZAWA	POL	M 30	220	M 789	00:15:49	00:32:39.40	00:34:33.75	6:31	9.2
1123	ZAWACKI ANDRZEJ	1277		WOŁOMIN	POL	M 50	90	M 790	00:15:49	00:32:40.80	00:34:34.85	6:32	9.2
1124	DRZEWIECKA ANNA	1390	SMSM	WARSZAWA	POL	K 50	23	K 330	00:15:55	00:32:42.25	00:34:31.70	6:32	9.2
1125	DRZEWIECKI JANUSZ	1372	KLUB MSM	WARSZAWA	POL	M 60	28	M 791	00:16:18	00:32:42.25	00:34:31.70	6:32	9.2
1126	BUCZEK BOGUMIŁA	103		CHEŁM	POL	K 50	24	K 331	00:16:23	00:32:47.40	00:34:58.45	6:33	9.2
1127	FILIPCZYK HANNA	1529		WARSZAWA	POL	K 40	136	K 332	00:16:04	00:32:50.35	00:34:52.40	6:34	9.1
1128	LIPIEC KAZIMIERA	614		WARSZAWA	POL	K 40	137	K 333	00:15:33	00:32:52.10	00:34:38.40	6:34	9.1
1129	NOWAK SANDRA	777		WARSZAWA	POL	K 40	138	K 334	00:15:59	00:32:53.85	00:34:26.60	6:34	9.1
1130	PYREK ARTUR	906		WARSZAWA	POL	M 40	289	M 792	00:16:04	00:32:54.15	00:34:54.00	6:34	9.1
1131	WÓJCICKA AGNIESZKA	1569		WARSZAWA	POL	K 30	102	K 335	00:15:51	00:32:55.25	00:33:01.90	6:35	9.1
1132	MATYSIAK AGNIESZKA	695		WARSZAWA	POL	K 40	139	K 336	00:15:46	00:32:55.55	00:34:00.40	6:35	9.1
1133	SAJEWSKA KAROLINA	955	WATAHA ŁĄCZY NAS BIEGANIE	WARSZAWA	POL	K 30	103	K 337	00:15:47	00:32:55.80	00:34:00.10	6:35	9.1
1134	MICHAŁEK DOROTA	713	BORKOWSKI TEAM	WARSZAWA	POL	K 50	25	K 338	00:16:08	00:32:56.40	00:35:17.55	6:35	9.1
1135	PISAREK JACEK	1349	AKS POLONIA WARSZAWA	WARSZAWA	POL	M 50	91	M 793	00:16:35	00:32:56.40	00:35:02.25	6:35	9.1
1136	GROCHÓLSKI PAWEŁ	313		WARSZAWA	POL	M 30	221	M 794	00:16:21	00:33:01.80	00:33:28.65	6:36	9.1
1137	VALIEVA ALIIA	1170		DZIEKANÓW LEŚNY	POL	K 30	104	K 339	00:15:37	00:33:02.00	00:33:08.75	6:36	9.1
1138	OLCZAK WITOLD	790	UMCS BIEGA	WARSZAWA	POL	M 60	29	M 795	00:16:07	00:33:02.00	00:35:11.65	6:36	9.1
1139	GROCHÓLSKA ALEKSANDRA	1461		WARSZAWA	POL	K 40	140	K 340	00:16:22	00:33:02.45	00:33:28.65	6:36	9.1
1140	OLCZAK URSZULA	789	UMCS BIEGA	WARSZAWA	POL	K 50	26	K 341	00:16:07	00:33:02.70	00:35:12.35	6:36	9.1
1141	MATEJKA MATEUSZ	688		WARSZAWA	POL	M 12	19	M 796	00:15:13	00:33:03.65	00:34:39.95	6:36	9.1
1142	KOCHMAN IWONA	475	VEGE RUNNERS	WARSZAWA	POL	K 50	27	K 342	00:16:22	00:33:04.85	00:34:46.25	6:36	9.1
1143	PATER AGNIESZKA	829		WARSZAWA	POL	K 40	141	K 343	00:16:22	00:33:05.40	00:34:46.40	6:37	9.1
1144	ORZEL PAWEŁ	806		WARSZAWA	POL	M 20	86	M 797	00:16:37	00:33:05.70	00:35:13.20	6:37	9.1
1145	ZAWADA KLAUDIA	1278		WARSZAWA	POL	K 20	39	K 344	00:16:38	00:33:06.30	00:35:13.50	6:37	9.1
1146	KRZYŻEWSKA KAROLINA	570	PZU SPORT TEAM	WARSZAWA	POL	K 30	105	K 345	00:16:00	00:33:06.50	00:34:12.90	6:37	9.1
1147	CZEKAJ TOMASZ	1430		WARSZAWA	POL	M 40	290	M 798	00:17:14	00:33:08.80	00:35:22.25	6:37	9.1
1148	KRUKOWSKI MICHAŁ	559		WARSZAWA	POL	M 30	222	M 799	00:15:11	00:33:09.00	00:35:03.70	6:37	9
1149	REMISIEWICZ MALGORZATA	921		WARSZAWA	POL	K 40	142	K 346	00:16:12	00:33:10.35	00:35:03.85	6:38	9
1150	KACZOROWSKA MONIKA	1523		ZĄBKI	POL	K 40	143	K 347	00:16:22	00:33:12.00	00:35:16.45	6:38	9
1151	JEŻMAŃSKI SŁAWEK	393		WARSZAWA	POL	M 40	291	M 800	00:17:15	00:33:12.50	00:35:23.75	6:38	9
1152	DALKIEWICZ MARTA	1320		WARSZAWA	POL	K 30	106	K 348	00:16:08	00:33:16.15	00:35:08.55	6:39	9
1153	MORAWSKA IRMINA	735		WARSZAWA	POL	K 20	40	K 349	00:16:01	00:33:17.25	00:35:05.35	6:39	9
1154	RUCYK JUSTYNA	938		WARSZAWA	POL	K 40	144	K 350	00:17:16	00:33:20.90	00:35:29.10	6:40	9
1155	MICHALSKA MARTYNA	712		WARSZAWA	POL	K 30	107	K 351	00:15:54	00:33:23.70	00:35:10.00	6:40	9
1156	SZYMAŃCZAK ZBIGNIEW	1089		NADARZYN	POL	M 60	30	M 801	00:16:52	00:33:23.75	00:35:22.85	6:40	9
1157	DRUZIŁ MIKITA	207		WARSZAWA	POL	M 20	87	M 802	00:15:33	00:33:24.50	00:34:47.95	6:40	9
1158	OLSZEWSKA KATARZYNA BERNADETTA	1490		WARSZAWA	POL	K 40	145	K 352	00:17:15	00:33:25.25	00:35:34.90	6:41	9
1159	ANIOŁ ALEKSANDRA	20		KĄTY	POL	K 20	41	K 353	00:16:39	00:33:25.95	00:34:52.85	6:41	9
1160	SZYMAŃSKI MIROSLAW	1096	COMAMEDIA MIROSLAW SZYMAŃSKI	WARSZAWA	POL	M 40	292	M 803	00:16:20	00:33:27.35	00:35:20.90	6:41	9
1161	ŁOCHOWSKA AGNIESZKA	633		WARSZAWA	POL	K 50	28	K 354	00:33:27.90	00:33:27.90	00:33:27.90	6:41	9
1162	NASKRĘT MARIUSZ	761		RACOT	POL	M 40	293	M 804	00:16:18	00:33:30.40	00:35:18.00	6:42	9
1163	TRUMIŃSKA MARCELA	1148		WARSZAWA	POL	K 30	108	K 355	00:15:53	00:33:31.70	00:35:14.90	6:42	9
1164	ANIOŁ ZYGMUNT	21	ZYGMUNT ANIOŁ	KĄTY	POL	M 50	92	M 805	00:16:39	00:33:31.80	00:34:58.75	6:42	9
1165	KALETA PIOTR	410		WARSZAWA	POL	M 30	223	M 806	00:15:50	00:33:32.15	00:35:27.25	6:42	8.9
1166	BUJAŁSKA EWA	108		JÓZEFOSŁAW	POL	K 40	146	K 356	00:16:21	00:33:32.90	00:35:30.90	6:42	8.9
1167	--	185			POL	K 40	147	K 357	00:15:41	00:33:34.60	00:33:53.70	6:42	8.9
1168	BAJOREK JACEK	31		WYSZKÓW	POL	M 40	294	M 807	00:16:04	00:33:36.20	00:35:47.85	6:43	8.9
1169	WINIARZ NATALIA	1208		WARSZAWA	POL	K 30	109	K 358	00:15:07	00:33:36.50	00:35:16.55	6:43	8.9
1170	ZALEWSKA EWA ADRIANNA	1265		WARSZAWA	POL	K 20	42	K 359	00:15:45	00:33:36.60	00:34:54.30	6:43	8.9
1171	SAMEL HECENA	1600		WARSZAWA	POL	K 12	10	K 360	00:15:48	00:33:37.90	00:35:19.90	6:43	8.9
1172	MAJCHRZAK ANNA	661		WARSZAWA	POL	K 30	110	K 361	00:17:27	00:33:38.75	00:35:46.55	6:43	8.9
1173	ROGUSKA MAGDALENA	925	BIĄŁOŁĘKA JEST KOBIETĄ	WARSZAWA	POL	K 40	148	K 362	00:17:17	00:33:38.90	00:35:46.50	6:43	8.9
1174	BACIŃSKI ARKADIUSZ	1539		WARSZAWA	POL	M 40	295	M 808	00:17:41	00:33:39.05	00:33:39.05	6:43	8.9

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
1175	JURKOWSKA IRENA	404		WARSZAWA	POL	K 70	2	K 363	00:16:38	00:33:44.75	00:35:42.05	6:44	8.9
1176	KIELISZEK ANNA	1555		WARSZAWA	POL	K 20	43	K 364	00:16:45	00:33:45.85	00:35:19.70	6:45	8.9
1177	SAMEL JANUSZ	1500		WARSZAWA	POL	M 40	296	M 809	00:15:48	00:33:47.95	00:35:30.35	6:45	8.9
1178	SYLWANOWICZ MARTA	1048		WARSZAWA	POL	K 40	149	K 365	00:16:35	00:33:49.85	00:35:47.85	6:45	8.9
1179	SAKOWICZ MAGDALENA	957		WARSZAWA	POL	K 50	29	K 366	00:15:58	00:33:50.45	00:34:45.25	6:46	8.9
1180	BAKALAROVA MICHAELA	32		WARSZAWA	SVK	K 30	111	K 367	00:15:57	00:33:50.50	00:34:45.90	6:46	8.9
1181	NASTALEK PIOTR	762		WARSZAWA	POL	M 40	297	M 810	00:17:03	00:33:52.55	00:35:53.15	6:46	8.9
1182	SOLAREK KINGA	1019		WARSZAWA	POL	K 30	112	K 368	00:17:27	00:33:52.60	00:36:00.40	6:46	8.9
1183	HRYĆKO-GÓRNICKA KATARZYNA	349		WARSZAWA	POL	K 40	150	K 369	00:16:18	00:33:57.35	00:36:02.70	6:47	8.8
1184	WYCZÓŁKOWSKA ANETA	1252		WARSZAWA	POL	K 40	151	K 370	00:17:15	00:33:59.85	00:36:08.95	6:47	8.8
1185	WOJTOWICZ JERZY	1238		WARSZAWA	POL	M 70	17	M 811	00:16:41	00:34:03.50	00:36:05.10	6:48	8.8
1186	WRZESINSKA AGATA	1249	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	K 40	152	K 371	00:17:17	00:34:05.20	00:36:13.60	6:49	8.8
1187	BIEROZA ANNA	1472		WARSZAWA	POL	K 30	113	K 372	00:16:47	00:34:05.55	00:34:43.10	6:49	8.8
1188	YILDIRIM CZUPRYN DERYA	1410		WARSAW	POL	K 30	114	K 373	00:16:42	00:34:05.70	00:34:43.00	6:49	8.8
1189	JABLONSKA-SOBIECH ANETA	1435		WARSZAWA	POL	K 30	115	K 374	00:16:42	00:34:05.80	00:34:43.10	6:49	8.8
1190	PIOTROWSKA GABRIELA	858		PIASECZNO	POL	K 30	116	K 375	00:16:39	00:34:06.60	00:35:06.80	6:49	8.8
1191	MAMAK ANDRZEJ	673		WARSZAWA	POL	M 60	31	M 812	00:15:39	00:34:06.75	00:34:39.70	6:49	8.8
1192	CZAPIEWSKI KRZYSZTOF	158	TRIPASSION	WARSZAWA	POL	M 30	224	M 813	00:16:36	00:34:08.55	00:36:07.30	6:49	8.8
1193	DZIWOŃ ANNA	230		WARSZAWA	POL	K 30	117	K 376	00:15:21	00:34:08.65	00:35:46.35	6:49	8.8
1194	SZELIGA ZOFIA	1068		WARSZAWA	POL	K 30	118	K 377	00:16:35	00:34:08.65	00:36:07.35	6:49	8.8
1195	ROBACZEWSKA MARTA	923		WARSZAWA	POL	K 30	119	K 378	00:17:10	00:34:09.20	00:36:31.25	6:49	8.8
1196	GRABOWSKA OLA	1414		WARSZAWA	POL	K 20	44	K 379	00:17:19	00:34:10.30	00:36:18.55	6:50	8.8
1197	FRĄCZAK MAGDALENA	253		POWĄŻKI	POL	K 30	120	K 380	00:16:54	00:34:11.10	00:36:20.25	6:50	8.8
1198	CZAJKOWSKA WERONIKA	1429		WARSZAWA	POL	K 14	8	K 381	00:16:26	00:34:11.55	00:36:04.25	6:50	8.8
1199	SZAFRAN BEATA	1058	PUMP!T	MARKÓW ŚWINICE	POL	K 40	153	K 382	00:16:54	00:34:11.90	00:36:21.30	6:50	8.8
1200	KANIEWSKA KAROLINA	1575		WARSZAWA	POL	K 30	121	K 383	00:17:05	00:34:14.40	00:35:26.20	6:50	8.8
1201	PATURA PRZEMYSŁAW	1398	LONGBRIDGE TEAM	SKIERNIEWICE	POL	M 40	298	M 814	00:15:32	00:34:19.15	00:35:47.60	6:51	8.7
1202	SZCZEPAŃSKA HALINA	1063		WARSZAWA	POL	K 40	154	K 384	00:16:08	00:34:23.15	00:35:24.45	6:52	8.7
1203	GÓRNOWICZ WERONIKA	297		WARSZAWA	POL	K 20	45	K 385	00:16:08	00:34:23.35	00:35:24.60	6:52	8.7
1204	CZYŻ MICHAŁ	1506		WARSZAWA	POL	M 30	225	M 815	00:15:51	00:34:26.90	00:34:44.10	6:53	8.7
1205	ŻURAWSKI FILIP	1303		WARSZAWA	POL	M 14	15	M 816	00:16:21	00:34:26.95	00:36:18.00	6:53	8.7
1206	GRECKA ANNA	308		CHYLICZKI	POL	K 20	46	K 386	00:16:31	00:34:27.05	00:34:54.30	6:53	8.7
1207	GLASSER MAREK	280		WARSZAWA	POL	M 70	18	M 817	00:17:22	00:34:27.65	00:36:34.20	6:53	8.7
1208	ŻURAWSKI SŁAWOMIR	1302	PGBSPORTOWAPACZKA	WARSZAWA	POL	M 40	299	M 818	00:16:22	00:34:27.85	00:36:18.25	6:53	8.7
1209	SKOCZYŁAS TOMASZ	987		GŁOGÓW MAŁOPOLSKI	POL			M 819	00:16:57	00:34:30.30	00:36:49.40	6:54	8.7
1210	FRYDRYCH KATARZYNA	256		WARSZAWA	POL	K 30	122	K 387	00:17:16	00:34:30.70	00:36:43.55	6:54	8.7
1211	ŁUCZYŃSKA MARIA	646		WARSZAWA	POL	K 14	9	K 388	00:16:38	00:34:31.70	00:36:30.95	6:54	8.7
1212	ŁUCZYŃSKA KAROLINA	645		WARSZAWA	POL	K 30	123	K 389	00:16:38	00:34:31.85	00:36:31.15	6:54	8.7
1213	DWÓRZNIK JÁN	219		WARSZAWA	POL	M 12	20	M 820	00:17:01	00:34:32.85	00:36:36.05	6:54	8.7
1214	KAMIŃSKA-DWÓRZNIKA ANNA	414		WARSZAWA	POL	K 40	155	K 390	00:17:01	00:34:33.95	00:36:37.30	6:54	8.7
1215	BORKOWSKA MICHALINA	80		WARSZAWA	POL	K 30	124	K 391	00:16:39	00:34:35.90	00:36:32.90	6:55	8.7
1216	BORKOWSKI PIOTR	81		WARSZAWA	POL	M 40	300	M 821	00:16:39	00:34:35.90	00:36:32.90	6:55	8.7
1217	MAZUR KINGA	698		WARSZAWA	POL	K 40	156	K 392	00:16:37	00:34:40.40	00:36:46.40	6:56	8.7
1218	MAZUR PAWEŁ	699		WARSZAWA	POL	M 40	301	M 822	00:14:34	00:34:40.60	00:36:46.25	6:56	8.7
1219	SICIŃSKA IWONA	967		JÓZEFOSŁAW	POL	K 30	125	K 393	00:16:26	00:34:41.60	00:36:43.35	6:56	8.6
1220	CHARIZA STEFAN	121		WARSZAWA	POL	M 40	302	M 823	00:17:04	00:34:42.35	00:36:44.10	6:56	8.6
1221	GURDA MONIKA	331		WARSZAWA	POL	K 40	157	K 394	00:16:10	00:34:47.80	00:36:24.50	6:57	8.6
1222	SADURSKI ARTUR	1562	SC FREIBURG	WARSZAWA	POL	M 40	303	M 824	00:15:39	00:34:49.05	00:36:38.85	6:57	8.6
1223	ZARZYKA ANTONINA	1273		WARSZAWA	POL	K 30	126	K 395	00:18:13	00:34:49.20	00:37:12.40	6:57	8.6
1224	DOBROWOLSKA DOROTA	193	LADIESGYM	WARSZAWA	POL	K 60	9	K 396	00:16:35	00:34:50.90	00:36:55.10	6:58	8.6
1225	KIELBICKI MARCIN	446		WARSZAWA	POL	M 40	304	M 825	00:16:14	00:34:53.15	00:35:25.50	6:58	8.6
1226	WYŁON IZABELA	1254		WARSZAWA	POL	K 30	127	K 397	00:17:59	00:34:53.30	00:36:51.30	6:58	8.6
1227	GAŹTOWSKA AGNIESZKA	276		WARSZAWA	POL	K 30	128	K 398	00:16:26	00:34:54.55	00:36:53.50	6:58	8.6
1228	KEMPA ROBERT	47		WARSZAWA	POL	M 40	305	M 826	00:17:15	00:34:54.60	00:37:06.25	6:58	8.6
1229	MATELA JACEK	689		WARSZAWA	POL	M 30	226	M 827	00:17:12	00:34:56.95	00:37:14.00	6:59	8.6
1230	DOMINIAK AGNIESZKA	186		WARRSZAWA	POL	K 40	158	K 399	00:17:17	00:34:57.50	00:36:44.95	6:59	8.6
1231	GROCHOWSKA JOANNA	310	BIEGAMY Z OCHOTA	WARSZAWA	POL	K 50	30	K 400	00:17:18	00:34:57.95	00:37:05.45	6:59	8.6

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
1232	PLICHCIŃSKA MAŁGORZATA	869	EKONOMIK MOKOTÓW	WARSZAWA	POL	K 40	159	K 401	00:17:02	00:34:58.15	00:36:56.45	6:59	8.6
1233	SZOSTAKOWSKI JAROSŁAW	1077	BIEGAMY Z OCHOTĄ	WARSZAWA	POL	M 50	93	M 828	00:17:18	00:34:58.20	00:37:06.00	6:59	8.6
1234	CHOJNACKI GRZEGORZ	134		WARSZAWA	POL	M 40	306	M 829	00:16:47	00:34:59.00	00:37:04.50	6:59	8.6
1235	POLAK TERESA	878	KB ACTIVESPORTS WARSZAWA	WARSZAWA	POL	K 70	3	K 402	00:16:55	00:35:01.45	00:36:57.30	7:00	8.6
1236	BAUER BEATA	49	BRAK	JÓZEFOSŁAW	POL	K 50	31	K 403	00:17:09	00:35:13.55	00:35:40.10	7:02	8.5
1237	KARPIŃSKA JUSTYNA	428		WARSZAWA	POL	K 30	129	K 404	00:17:17	00:35:19.60	00:37:30.15	7:03	8.5
1238	SZMIGIEL IZABELA	1074		PIASECZNO	POL	K 30	130	K 405	00:17:27	00:35:20.30	00:37:28.40	7:04	8.5
1239	SARNOWSKA IWONA	962	DRUŻYNA PAULINY	WARSZAWA	POL	K 50	32	K 406	00:17:22	00:35:27.85	00:37:51.30	7:05	8.5
1240	PASTERNAK JERZY	826	DRUŻYNA PAULINY	WARSZAWA	POL	M 60	32	M 830	00:17:22	00:35:28.90	00:37:52.20	7:05	8.5
1241	TRETER MAGDALENA	1507		WARSZAWA	POL	K 30	131	K 407	00:17:13	00:35:33.30	00:37:23.40	7:06	8.4
1242	PICEWICZ AGNIESZKA	1416		WARSZAWA	POL	K 40	160	K 408	00:17:27	00:35:34.15	00:37:48.70	7:06	8.4
1243	GAWRYOLEK - OSIŃSKA MAJA	274		WARSZAWA	POL	K 30	132	K 409	00:18:15	00:35:38.50	00:38:01.90	7:07	8.4
1244	KRÓL ANNA	1417		WARSZAWA	POL	K 40	161	K 410	00:17:14	00:35:41.55	00:37:28.55	7:08	8.4
1245	KARKOS MAGDALENA	425		WARSZAWA	POL	K 30	133	K 411	00:17:18	00:35:41.55	00:37:51.95	7:08	8.4
1246	KUBACKI GRZEGORZ	572		WARSZAWA	POL	M 50	94	M 831	00:16:49	00:36:10.05	00:37:31.05	7:14	8.3
1247	KUCHTA MERILIN	1488		WARSZAWA	POL	K 40	162	K 412	00:17:19	00:36:10.35	00:38:07.75	7:14	8.3
1248	ĆWIEK JAROSŁAW	171		WARSZAWA	POL	M 50	95	M 832	00:17:43	00:36:12.50	00:38:22.60	7:14	8.3
1249	MILEWSKA ANNA	1427		WARSZAWA	POL	K 40	163	K 413	00:17:27	00:36:14.75	00:38:23.95	7:14	8.3
1250	KARBOWNIK MICHAŁ	422		WARSZAWA	POL	M 30	227	M 833	00:16:37	00:36:22.15	00:36:42.40	7:16	8.2
1251	WICHTOWSKA KAROLINA	1514		WARSZAWA	POL	K 30	134	K 414	00:17:27	00:36:25.10	00:36:41.70	7:17	8.2
1252	KOSIATY JAROSŁAW	507	RÓBMY SWOJE	WARSZAWA	POL	M 50	96	M 834	00:16:29	00:36:25.60	00:37:36.20	7:17	8.2
1253	KILKOWSKA JOANNA	454		WARSZAWA	POL	K 50	33	K 415	00:17:35	00:36:43.70	00:38:36.95	7:20	8.2
1254	NIEDZIELA KAMILA	767		WARSZAWA	POL	K 30	135	K 416	00:17:27	00:36:48.65	00:37:42.85	7:21	8.2
1255	WOJTAS ANNA	1236		WARSZAWA	POL	K 16	8	K 417	00:17:48	00:36:49.80	00:38:52.60	7:21	8.1
1256	WOJTAS JANUSZ	1237		WARSZAWA	POL	M 50	97	M 835	00:17:49	00:36:50.00	00:38:52.45	7:22	8.1
1257	SZCZEPANIEC ANNA	1062		WARSZAWA	POL	K 30	136	K 418	00:18:04	00:36:54.10	00:39:07.85	7:22	8.1
1258	GARWACKI JOZEF	268		NOWE GULCZEWO	POL	M 70	19	M 836	00:18:00	00:37:05.40	00:38:59.55	7:25	8.1
1259	WILK OLIWIA	1204	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	K 20	47	K 419	00:17:51	00:37:05.65	00:38:17.45	7:25	8.1
1260	KARPIŃSKA NINA	1483	PAWKO RUNNER TEAM	BLIŻYŃ	POL	K 40	164	K 420	00:18:23	00:37:33.05	00:39:11.95	7:30	8
1261	PLUTA ALEK	872		SULEJÓWEK	POL	M 30	228	M 837	00:18:14	00:37:42.05	00:40:07.00	7:32	8
1262	PLUTA MONIKA	871		SULEJÓWEK	POL	K 30	137	K 421	00:18:14	00:37:42.75	00:40:07.50	7:32	8
1263	KOWALCZYK KLAUDIA	524		WARSZAWA	POL	K 40	165	K 422	00:18:23	00:37:52.00	00:40:11.75	7:34	7.9
1264	BORUSZEWSKA MAJA	84		WARSZAWA	POL	K 12	11	K 423	00:17:27	00:37:52.95	00:38:12.45	7:34	7.9
1265	BORUSZEWSKI MACIEJ	85		WARSZAWA	POL	M 40	307	M 838	00:17:27	00:37:53.25	00:38:12.50	7:34	7.9
1266	PIOTROWSKA-KRZAK ELA	859		WARSZAWA	POL	K 40	166	K 424	00:18:40	00:38:02.80	00:39:44.60	7:36	7.9
1267	ŚLIWCZAK ANNA	1385		WARSZAWA	POL	K 40	167	K 425	00:18:42	00:38:07.05	00:40:26.15	7:37	7.9
1268	ROWICKI JAKUB	935		WARSZAWA	POL	M 20	88	M 839	00:18:19	00:38:12.40	00:39:27.45	7:38	7.9
1269	JURCZAK KAROLINA	401		WARSZAWA	POL	K 30	138	K 426	00:18:46	00:38:20.40	00:40:48.40	7:40	7.8
1270	WŁODARCZYK HALINA	1223		WARSZAWA	POL	K 60	10	K 427	00:21:07	00:38:34.65	00:40:26.15	7:42	7.8
1271	DZIURDŻ JACEK	229	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 40	308	M 840	00:18:52	00:38:42.00	00:40:25.05	7:44	7.8
1272	FARRALES CHADWICK	243	PINOYSINPOLAND	WARSZAWA	POL	M 16	32	M 841	00:18:54	00:38:42.35	00:39:25.90	7:44	7.8
1273	FARRALES RONALDO	242	PINOYS IN POLAND	WARSZAWA	PHI	M 40	309	M 842	00:18:54	00:38:42.50	00:39:26.00	7:44	7.8
1274	CZARNECKA ANNA	1441	LADIES GYM	WARSZAWA	POL	K 70	4	K 428	00:18:57	00:39:20.90	00:41:25.05	7:52	7.6
1275	MOSZKOWICZ EUGENIUSZ	739	KONDYCJA	WARSZAWA	POL	M 70	20	M 843	00:18:39	00:39:37.50	00:41:35.30	7:55	7.6
1276	NOWAKOWSKA ANNA	781		WARSZAWA	POL	K 40	168	K 429	00:18:51	00:39:44.70	00:41:42.25	7:56	7.6
1277	MIODUSZEWSKI ANDRZEJ	726		WARSZAWA	POL	M 70	21	M 844	00:19:07	00:39:50.10	00:39:54.70	7:58	7.5
1278	BARTOSIK KRYSTYNA	44		WARSZAWA	POL	K 60	11	K 430	00:19:50	00:40:13.50	00:42:28.50	8:02	7.5
1279	DĄBROWSKA ADRIANNA	177		WARSZAWA	POL	K 20	48	K 431	00:40:21.80	00:40:21.80	00:40:21.80	8:04	7.4
1280	MISZCZAK TOMASZ	730		WARSZAWA	POL	M 30	229	M 845		00:40:35.20	00:40:35.20	8:07	7.4
1281	ŁOWCZAK JACEK	637	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 30	230	M 846	00:18:20	00:40:48.30	00:43:10.90	8:09	7.4
1282	ZAROSIŃSKA PAULINA	1272		WARSZAWA	POL	K 20	49	K 432	00:19:54	00:40:51.70	00:43:10.35	8:10	7.3
1283	MYŚLIWIEC PIOTR	754	AKTYWNI PO ZAWALE	WARSZAWA	POL	M 40	310	M 847	00:19:43	00:40:54.35	00:42:54.50	8:10	7.3
1284	MYŚLIWIEC SZYMON	755		WARSZAWA	POL	M 12	21	M 848	00:19:44	00:40:54.40	00:42:54.45	8:10	7.3
1285	DĘBSKA ANNA	1517		WARSZAWA	POL	K 60	12	K 433	00:19:56	00:41:09.70	00:42:26.80	8:13	7.3
1286	KOBYŁECKA SYLWIA	473	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 30	139	K 434	00:20:17	00:41:55.90	00:43:11.40	8:23	7.2
1287	BARANOWSKA EWELINA	35		WARSZAWA	POL	K 30	140	K 435	00:19:46	00:41:58.20	00:44:10.40	8:23	7.1
1288	MICHAŁOWSKA KATARZYNA	714	TEAM ZABIEGANEDNI / DDRUNNINGTEAM	WARSZAWA	POL	K 40	169	K 436	00:20:57	00:42:49.90	00:44:01.10	8:33	7

BIEG URSYNOWA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
1289	TUKENDORF BARBARA	1152	TEAMZABIEGANEDNI	WARSZAWA	POL	K 70	5	K 437	00:20:57	00:42:51.30	00:44:02.80	8:34	7
1290	BORTLISZ TOMASZ	83		WARSZAWA	POL	M 40	311	M 849	00:20:16	00:42:57.90	00:45:16.30	8:35	7
1291	WILCZYŃSKA MAŁGORZATA	1201		WARSZAWA	POL	K 40	170	K 438	00:21:01	00:43:44.75	00:44:10.25	8:44	6.9
1292	SAMORDAK KATARZYNA	960		WARSZAWA	POL	K 30	141	K 439	00:21:40	00:43:54.30	00:43:59.20	8:46	6.8
1293	FULEK KATARZYNA	257		WARSZAWA	POL	K 40	171	K 440	00:21:41	00:43:57.00	00:44:02.20	8:47	6.8
1294	GRZECHNIK JUSTYNA	324		WARSZAWA	POL	K 30	142	K 441	00:21:41	00:44:20.20	00:44:25.70	8:52	6.8
1295	PASTERNAK ANNA	827	DRUŻYNA PAULINY	WARSZAWA	POL	K 60	13	K 442	00:24:04	00:50:18.45	00:52:41.90	10:03	6
1296	PASTERNAK JOANNA	825	PZU SPORT TEAM	WARSZAWA	POL	K 40	172	K 443	00:24:05	00:50:19.15	00:52:42.65	10:03	6
1297	MIRECKI MICHAŁ	729		WARSZAWA	POL	M 40	312	M 850	00:09:00			3:36	16.7
1298	MAŁYSA MICHAŁ	671	PGR MYŚŁAKI	MŁAKOWO	POL	M 20	89	M 851	00:14:25			5:46	10.4
1299	PRĘGOWSKI BARTOSZ	889		WARSZAWA	POL	M 20	90	M 852	00:14:35			5:50	10.3
1300	JANKOWSKI KAMIL	1580		POGORZEL	POL	M 20	91	M 853					
1301	KULIŃSKI ANTONI	587		WARSZAWA	POL	M 14	16	M 854					

BIEG URSYNOWA, K Open

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
1	BARANOWSKA MARIOLA	36	MKS ŻAK BIAŁA PODLASKA	MIEDZYRZEC PODLASKI	POL	K 20	1	K 1	00:08:10	00:16:39.45	00:16:40.95	3:19	18
2	BERNARDELLI IWONA	1322	KLUB SPORTOWY PREFEB-SONAROL	WARSZAWA	POL	K 30	1	K 2	00:08:06	00:16:43.85	00:16:45.05	3:20	17.9
3	STELMACH DOMINIK	1405	RK ATHLETICS	WARSZAWA	POL	K 40	1	K 3	00:08:42	00:17:53.10	00:17:55.30	3:34	16.8
4	KĄŻMIERCZAK MARTA	1443	DREAM RUN	WARSZAWA	POL	K 40	2	K 4	00:09:07	00:18:31.00	00:18:35.50	3:42	16.2
5	KALBARCZYK ADRIANA	1503	DUCLA ACADEMY WARSZAWA	WARSZAWA	POL	K 30	2	K 5	00:09:13	00:18:40.70	00:18:45.20	3:44	16.1
6	TRZCIŃSKA JOANNA	1389	AZS AWF WARSZAWA	WARSZAWA	POL	K 20	2	K 6	00:09:14	00:18:45.80	00:18:49.70	3:45	16
7	KOSTRZEWSKA JUSTYNA	511	ADIDAS RUNNERS WARSAW	ŁOMIANKI DOLNE	POL	K 40	3	K 7	00:09:20	00:18:57.10	00:19:07.70	3:47	15.8
8	GASZEWSKA MAŁGORZATA	270	ZA LINIĄ METY	WARSZAWA	POL	K 20	3	K 8	00:09:25	00:18:58.65	00:19:07.85	3:47	15.8
9	KOPKA MARCELINA	497	ŻÓRAWSKI TEAM/ ADIDAS RUNNERS WARSAW	WARSZAWA	POL	K 20	4	K 9	00:09:21	00:18:59.90	00:19:08.70	3:47	15.8
10	TOMCZAK JOANNA	1136		WARSZAWA	POL	K 30	3	K 10	00:09:44	00:19:33.20	00:19:37.75	3:54	15.3
11	DZIWOSZ KATARZYNA	231	WARSAW RUN CLUB	WARSZAWA	POL	K 40	4	K 11	00:09:27	00:19:34.60	00:19:41.10	3:54	15.3
12	WŁAZAŁEK NATALIA	1221	ADIDASRUNNERSWARSAW	PILAWA	POL	K 20	5	K 12	00:09:46	00:19:37.95	00:19:51.45	3:55	15.3
13	PSZENICZNA JOANNA	903	VEGE RUNNERS	WARSZAWA	POL	K 30	4	K 13	00:09:46	00:19:40.70	00:19:51.75	3:56	15.3
14	RĄDKOWSKA MAŁGORZATA	1311	WARNER BROS. DISCOVERY	WARSZAWA	POL	K 30	5	K 14	00:09:46	00:20:25.25	00:20:38.35	4:05	14.7
15	KIBITLEWSKA EMILIA	444		SUWAŁKI	POL	K 30	6	K 15	00:10:03	00:20:30.15	00:20:44.75	4:06	14.6
16	SZYMAŃSKA AGNIESZKA	1091	BIEGOWY WARIAT RUNNING TEAM	ŁOMIANKI	POL	K 40	5	K 16	00:10:00	00:20:35.20	00:20:41.20	4:07	14.6
17	VEREMCHUK YULIIA	1171	BIEGAM BO LUBIĘ	WARSZAWA	POL	K 30	7	K 17	00:10:05	00:20:35.35	00:20:40.65	4:07	14.6
18	LISZKA KAROLINA	616	KAZIKI	WARSZAWA	POL	K 30	8	K 18	00:10:01	00:20:43.80	00:20:55.40	4:08	14.5
19	SŁOMCZYŃSKA KAROLINA	996	BEMA 2 M. 53	PIASTOW	POL	K 30	9	K 19	00:10:12	00:20:46.75	00:21:00.10	4:09	14.4
20	SIESTRZYKOWSKA KATARZYNA	976		WARSZAWA	POL	K 20	6	K 20	00:10:13	00:20:49.20	00:21:10.95	4:09	14.4
21	PRUSAKIEWICZ KATARZYNA	895		WARSZAWA	POL	K 30	10	K 21	00:10:29	00:20:59.30	00:21:14.30	4:11	14.3
22	BARTNIAK DARIA	41	NO LIMITS TRAIL TEAM	STARA WIEŚ	POL	K 30	11	K 22	00:10:27	00:20:59.45	00:21:27.55	4:11	14.3
23	ROMAN ANNA	928		WARSZAWA	POL	K 30	12	K 23	00:10:20	00:21:05.65	00:21:29.20	4:13	14.2
24	MAJEWSKA EWA	663		WARSZAWA	POL	K 40	6	K 24	00:10:11	00:21:07.20	00:21:19.65	4:13	14.2
25	KWIECIŃSKA MAŁGORZATA	594	BRAVEHEARTS LEGIONOWO	LEGIONOWO	POL	K 30	13	K 25	00:10:36	00:21:20.05	00:21:45.10	4:16	14.1
26	PODLEWSKA ANIA	893	LIPIEC RUNNING TEAM	WARSZAWA	POL	K 40	7	K 26	00:10:32	00:21:22.95	00:21:42.95	4:16	14
27	ŁUSZCZYŃSKA EWA	650		WARSZAWA	POL	K 20	7	K 27	00:10:38	00:21:25.50	00:21:53.00	4:17	14
28	GŁODOWSKA MARTA	282	ŻÓRAWSKI TEAM	WARSZAWA	POL	K 30	14	K 28	00:10:41	00:21:28.90	00:21:47.75	4:17	14
29	ZAWADZKA KATARZYNA	1383	KS LEMIESZ TEAM WARSZAWA / WARNER BROS. DISCOVERY	WARSZAWA	POL	K 40	8	K 29	00:10:31	00:21:30.80	00:21:41.60	4:18	14
30	BRZozowska-BEJGIER MAŁGORZATA	101	KUŹNIA TRIATHLONU	WARSZAWA	POL	K 40	9	K 30	00:10:36	00:21:34.75	00:21:54.75	4:18	13.9
31	CIECHAROWSKA JUSTYNA	142		ŻYRARDÓW	POL	K 30	15	K 31	00:10:41	00:21:43.15	00:22:13.10	4:20	13.8
32	KOWALCZYK NATALIA	517	UKS ORZELKI WARSZAWA	WARSZAWA	POL	K 12	1	K 32	00:10:41	00:21:54.05	00:22:24.30	4:22	13.7
33	BLISKOWSKA ANNA	1511	DUCLA ACADEMY	WARSZAWA	POL	K 40	10	K 33	00:10:42	00:21:59.70	00:22:27.50	4:23	13.6
34	KIEWRA KAROLINA	450	AZS AWF WARSZAWA	WARSZAWA	POL	K 12	2	K 34	00:11:07	00:22:23.30	00:22:27.85	4:28	13.4
35	MAŃKOWSKA ANNA	674	KRISS COACHING	OLSZTYN	POL	K 30	16	K 35	00:11:05	00:22:23.95	00:22:57.65	4:28	13.4
36	GRZELAK ANETA	327		WARSZAWA	POL	K 30	17	K 36	00:11:08	00:22:35.70	00:23:09.40	4:31	13.3
37	KOZERSKA WERONIKA	536	UKS ŻOLIBORZ	WARSZAWA	POL	K 12	3	K 37	00:10:58	00:22:36.95	00:22:54.90	4:31	13.3

BIEG URSYNOWA, K Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
38	GASIOROWSKA ALICJA	269	ŻORAWSKI TEAM	PIASECZNO	POL	K 40	11	K 38	00:11:11	00:22:42.90	00:23:17.10	4:32	13.2
39	SPRAWKA MAGDALENA	1022		SIEDLCE	POL	K 20	8	K 39	00:11:03	00:22:46.70	00:23:30.15	4:33	13.2
40	MERCIK MARTA	1544		WARSZAWA	POL	K 30	18	K 40	00:11:09	00:22:51.50	00:23:28.25	4:34	13.1
41	JAREK ZUZANNA	383	RACE FIGHTER JUNIOR	MIŃSK MAZOWIECKI	POL	K 12	4	K 41	00:11:06	00:22:51.95	00:23:07.75	4:34	13.1
42	SŁOMKA DOMINIK	997	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 20	9	K 42	00:11:13	00:22:53.45	00:23:28.15	4:34	13.1
43	KOMOROWSKA HELENA	484	SKRA	WARSZAWA	POL	K 14	1	K 43	00:11:35	00:23:15.60	00:23:55.30	4:39	12.9
44	SAMOCIUK KAROLINA	959	POWER TRAINING	WARSZAWA	POL	K 30	19	K 44	00:11:26	00:23:26.80	00:24:03.55	4:41	12.8
45	ŁOZOWSKA MAGDALENA	639	#ZALINIAMETYTEAM	GRODZISK MAZOWIECKI	POL	K 30	20	K 45	00:11:36	00:23:29.70	00:24:06.65	4:41	12.8
46	GAJEK MAŁGORZATA	1541	NEW BALANCE RUN CLUB	WARSZAWA	POL	K 20	10	K 46	00:11:44	00:23:31.50	00:24:06.10	4:42	12.8
47	CABAŃSKA DOROTA	118	GUNS & ROSES RUN TEAM	ŁOMIAŃKI	POL	K 40	12	K 47	00:11:41	00:23:32.95	00:24:34.80	4:42	12.7
48	SYGUDA KATARZYNA	1334		WARSZAWA	POL	K 20	11	K 48	00:11:45	00:23:34.75	00:24:27.30	4:42	12.7
49	GÓDZDŹ WANDA	303	AMATORSKA GRUPA BIEGOWA OKS START OTWOCK	OTWOCK	POL	K 30	21	K 49	00:12:01	00:23:38.15	00:24:46.30	4:43	12.7
50	MIKOSZA ANNA	720		WARSZAWA	POL	K 30	22	K 50	00:11:59	00:23:38.85	00:24:47.45	4:43	12.7
51	CHRZANOWSKA OLGA	137	TRIZARZA	WARSZAWA	POL	K 30	23	K 51	00:11:48	00:23:44.55	00:24:34.45	4:44	12.6
52	SHAUKUN ANASTASIYA	966	CLUB ANONYMOUS RUNNERS N.A. CABALO BLANKO	WARSZAWA	POL	K 30	24	K 52	00:11:38	00:23:45.95	00:24:27.05	4:45	12.6
53	BORYSKOWSKA IWONA	90	12TRI	WARSZAWA	POL	K 40	13	K 53	00:11:45	00:23:47.10	00:24:19.00	4:45	12.6
54	KOWALSKA AGATA	527		WARSZAWA	POL	K 20	12	K 54	00:11:59	00:23:51.90	00:25:16.75	4:46	12.6
55	SIWCZAK AGNIESZKA	979	WKURW_TEAM	WARSZAWA	POL	K 30	25	K 55	00:11:53	00:23:55.10	00:25:02.15	4:47	12.5
56	NIEDZIÓŁKA MAŁGORZATA	1498		WARSZAWA	POL	K 50	1	K 56	00:11:48	00:23:55.85	00:24:47.65	4:47	12.5
57	KROPIAK KATARZYNA	553	VEGE RUNNERS	WARSZAWA	POL	K 30	26	K 57	00:11:48	00:23:56.80	00:24:46.10	4:47	12.5
58	JAREK KATARZYNA	384		MIŃSK MAZOWIECKI	POL	K 40	14	K 58	00:11:29	00:23:57.85	00:24:13.15	4:47	12.5
59	SACHMATA ANNA	954	BEDNARSKI TRI TEAM	ŁBISKA	POL	K 20	13	K 59	00:12:03	00:24:00.90	00:24:00.90	4:48	12.5
60	ZIENKIEWICZ AGATA	1291	PIASECZNO RUNNING	PIASECZNO	POL	K 40	15	K 60	00:11:40	00:24:03.25	00:24:47.70	4:48	12.5
61	HYNEK EWA	354		WARSZAWA	POL	K 20	14	K 61	00:11:40	00:24:03.50	00:24:44.40	4:48	12.5
62	WOJDAK ANNA	1315	ROZBIEGANY PIASTÓW	PIASTÓW	POL	K 40	16	K 62	00:11:31	00:24:08.70	00:24:38.30	4:49	12.4
63	TUKA ANNA	1464		WARSZAWA	POL	K 30	27	K 63	00:12:00	00:24:08.75	00:24:44.95	4:49	12.4
64	RACZYŃSKA NATALIA	909		SIEDLCE	POL	K 20	15	K 64	00:12:14	00:24:11.50	00:25:14.95	4:50	12.4
65	KOSSAKOWSKA KATARZYNA	510		WARSZAWA	POL	K 40	17	K 65	00:11:57	00:24:11.60	00:24:58.80	4:50	12.4
66	KURZACZ PAULINA	589		WARSZAWA	POL	K 16	1	K 66	00:12:27	00:24:18.55	00:25:36.90	4:51	12.3
67	DUCHNOWSKA NATALIA	213		ŁÓDŹ	POL	K 20	16	K 67	00:11:58	00:24:19.90	00:25:03.95	4:51	12.3
68	GRABOWIEC-ALIKOWSKA RENATA	1462		WARSZAWA	POL	K 40	18	K 68	00:12:04	00:24:20.45	00:25:43.30	4:52	12.3
69	RZYMOWSKA KRYSZYNA	953		WARSZAWA	POL	K 50	2	K 69	00:12:24	00:24:24.75	00:25:17.80	4:52	12.3
70	WOJCIECHOWSKA AGNIESZKA	1229		OŻARÓW MAZOWIECKI	POL	K 40	19	K 70	00:11:57	00:24:25.30	00:25:22.10	4:53	12.3
71	GORZKIEWICZ PATRYCJA	294		WARSZAWA	POL	K 40	20	K 71	00:11:54	00:24:29.75	00:25:08.70	4:53	12.3
72	GOGACZ MAGDALENA	286	URZĄD DZIELNICY URSYNÓW	WARSZAWA	POL	K 40	21	K 72	00:11:55	00:24:30.35	00:25:24.10	4:54	12.2
73	WIEWIURA AGNIESZKA	1199	GÓRA BIEGA	KONSTANCIN JEZIORNA	POL	K 30	28	K 73	00:11:58	00:24:31.45	00:24:45.80	4:54	12.2
74	KARPIŃSKA MONIKA	427		WARSZAWA	POL	K 30	29	K 74	00:11:58	00:24:31.60	00:25:08.55	4:54	12.2
75	ORNOWSKA JOANNA	802		WARSZAWA	POL	K 20	17	K 75	00:12:16	00:24:32.20	00:25:32.45	4:54	12.2
76	SIDORCZUK-KUMOSA DOROTA	968	TEAM ZABIEGANEDNI / PRETTYFITYTEAM	WARSZAWA	POL	K 40	22	K 76	00:11:48	00:24:34.70	00:25:24.80	4:54	12.2
77	PAWŁOWSKA KATARZYNA	836		WARSZAWA	POL	K 40	23	K 77	00:11:43	00:24:35.15	00:25:07.70	4:55	12.2
78	SZYMAŃSKA MAJA	1090	WARSAW RUN CLUB	WARSZAWA	POL	K 16	2	K 78	00:12:21	00:24:36.90	00:25:32.40	4:55	12.2
79	KOCIK ELŻBIETA	10		WARSZAWA	POL	K 40	24	K 79	00:11:58	00:24:37.10	00:25:33.70	4:55	12.2
80	MRÓZ GABRIELA	744	#PAWKORUNNERTEAM	JEDLICZE	POL	K 20	18	K 80	00:12:03	00:24:37.70	00:25:16.30	4:55	12.2
81	TOMASZEWSKA URSZULA	1133	ZABIEGANY WOŁOMIN	OSSÓW	POL	K 40	25	K 81	00:12:18	00:24:42.85	00:25:57.30	4:56	12.1
82	FURDYNA MARIA	258		WARSZAWA	POL	K 40	26	K 82	00:12:17	00:24:42.95	00:26:10.55	4:56	12.1
83	KŁYSZEWSKA MICHALINA	466		JÓZEFÓW	POL	K 20	19	K 83	00:12:16	00:24:44.25	00:25:45.05	4:56	12.1
84	SZWAD MARTYNA	1568	GAPMONT RUNNING TEAM	WARSZAWA	POL	K 30	30	K 84	00:12:22	00:24:47.40	00:25:54.30	4:57	12.1
85	KOWALSKA KASIA	525	TEAM ZABIEGANEDNI	ZGORZAŁA	POL	K 40	27	K 85	00:12:27	00:24:52.20	00:26:23.20	4:58	12.1
86	KOWALSKA PAULINA	528		KONSTANCIN-JEZIORNA	POL	K 40	28	K 86	00:11:58	00:24:54.35	00:25:46.90	4:58	12
87	PUCZYŃSKA RENATA	905		WARSZAWA	POL	K 40	29	K 87	00:11:58	00:25:00.05	00:25:21.45	5:00	12
88	FRANK-DEMBIŃSKA AGNIESZKA	252	WMT	WARSZAWA	POL	K 40	30	K 88	00:12:16	00:25:08.35	00:26:07.40	5:01	11.9
89	KLIMEK MARTA	459	M&M RUNNING TEAM	WARSZAWA	POL	K 30	31	K 89	00:12:15	00:25:08.55	00:25:57.80	5:01	11.9
90	MICHALAK MARTA	710	PŁOŃSZCZANKI SEKCJA LA 4 KOŁA PTS PŁOŃSK	PŁOŃSK	POL	K 40	31	K 90	00:12:20	00:25:10.25	00:25:46.55	5:02	11.9
91	FLOREK MAŁGORZATA	250		WARSZAWA (BIAŁOLEKA)	POL	K 30	32	K 91	00:12:24	00:25:12.20	00:26:15.20	5:02	11.9

BIEG URSYNOWA, K Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
92	IWANOWSKA SYLWIA	360		WARSZAWA	POL	K 40	32	K 92	00:12:32	00:25:18.90	00:26:31.20	5:03	11.9
93	KUKŁA ELŻBIETA	584	PWC RUNNING TEAM	WARSZAWA	POL	K 50	3	K 93	00:12:31	00:25:21.20	00:26:24.00	5:04	11.8
94	PARTYKA AGNIESZKA	824	PGE ENERGETIC RUNNING	WARSZAWA	POL	K 50	4	K 94	00:12:35	00:25:22.65	00:26:32.35	5:04	11.8
95	KARPA KATARZYNA	1411	SMASHING PAPKINS	WARSZAWA	POL	K 40	33	K 95	00:12:30	00:25:23.85	00:26:28.35	5:04	11.8
96	LEWANDOWSKA PAULINA	610		WARSZAWA	POL	K 30	33	K 96	00:12:31	00:25:27.40	00:26:26.50	5:05	11.8
97	SKELTON-WITKOWSKA SARAH	983	VEGE RUNNERS	WARSZAWA	POL	K 30	34	K 97	00:12:24	00:25:28.60	00:26:18.40	5:05	11.8
98	KLIMKIEWICZ BEATA	460		WARSZAWA	POL	K 40	34	K 98	00:12:28	00:25:29.05	00:26:41.00	5:05	11.8
99	GIEFERT SYLWIA	278		WARSZAWA	POL	K 20	20	K 99	00:12:42	00:25:29.85	00:26:45.00	5:05	11.8
100	ŁASZCZYCH MAŁGORZATA	627		WARSZAWA	POL	K 30	35	K 100	00:12:20	00:25:32.00	00:26:18.50	5:06	11.7
101	FABROWICZ KATARZYNA	237		WARSZAWA	POL	K 40	35	K 101	00:12:45	00:25:32.05	00:26:50.00	5:06	11.7
102	SIWEK ANNA	981		WARSZAWA	POL	K 40	36	K 102	00:12:26	00:25:37.70	00:26:16.75	5:07	11.7
103	NOWACZYŃSKA KATARZYNA	776	TEAMZABIEGANEDNI	WARSZAWA	POL	K 40	37	K 103	00:12:36	00:25:38.55	00:26:35.70	5:07	11.7
104	JABLONSKA KATARZYNA	364		WARSZAWA	POL	K 30	36	K 104	00:12:42	00:25:39.35	00:26:29.75	5:07	11.7
105	GRUZA MARTA	318	BIEGANIEPO40.PL	KAZUŃ BIELANY	POL	K 40	38	K 105	00:12:33	00:25:40.65	00:26:39.30	5:08	11.7
106	ĆWIEK KAROLINA	173		WARSZAWA	POL	K 30	37	K 106	00:12:16	00:25:42.75	00:26:41.90	5:08	11.7
107	SULECKA CHŁOPICKA AGNIESZKA	1042	KS WARKA	BIAŁOBRZEGI	POL	K 40	39	K 107	00:12:34	00:25:45.40	00:26:08.75	5:09	11.7
108	ZAURSKA KAROLINA	1276		MAKÓW MAZOWIECKI	POL	K 20	21	K 108		00:25:46.15	00:26:47.40	5:09	11.6
109	SOCHACKA ELŻBIETA	1012	GÓRA BIEGA	GÓRA KALWARIA	POL	K 50	5	K 109	00:12:46	00:25:46.30	00:26:18.10	5:09	11.6
110	LEŚNIAK IRENA	609	LESNIAKTEAM	WARSZAWA	POL	K 14	2	K 110	00:12:03	00:25:47.50	00:26:10.40	5:09	11.6
111	MAZUREK MARIA	701		WARSZAWA	POL	K 30	38	K 111	00:12:34	00:25:48.95	00:27:01.55	5:09	11.6
112	TRONIEWSKA ZOSIA	1147		WARSZAWA	POL	K 16	3	K 112	00:12:28	00:25:53.25	00:27:06.60	5:10	11.6
113	TULA RENATA	1153	NBRC	WARSZAWA	POL	K 70	1	K 113	00:12:57	00:25:56.20	00:26:53.35	5:11	11.6
114	LITWIN HANIA	618		WARSZAWA	POL	K 14	3	K 114	00:13:14	00:25:56.30	00:27:20.35	5:11	11.6
115	KOBYLIŃSKA AGNIESZKA	472		WARSZAWA	POL	K 40	40	K 115	00:12:45	00:25:56.85	00:26:34.70	5:11	11.6
116	PATEREK ADA	830	12TRI.PL	WARSZAWA	POL	K 40	41	K 116	00:12:50	00:25:57.90	00:27:14.30	5:11	11.6
117	KANTARSKA-BRYŁA MARTA	419		WARSZAWA	POL	K 30	39	K 117	00:13:19	00:25:57.90	00:27:12.65	5:11	11.6
118	CHARKO ELŻBIETA	122	GÓRA BIEGA	GÓRA KALWARIA	POL	K 30	40	K 118	00:12:43	00:25:59.80	00:27:01.05	5:11	11.5
119	PAŃCZYK JOANNA	822		WARSZAWA	POL	K 40	42	K 119	00:13:13	00:26:00.35	00:27:20.70	5:12	11.5
120	SZEWczyk EWA	1310		WARSZAWA	POL	K 40	43	K 120	00:12:50	00:26:10.35	00:27:20.85	5:14	11.5
121	DOLIŃSKA AGNIESZKA	197	WARSAW RUN CLUB	WARSZAWA	POL	K 40	44	K 121	00:12:56	00:26:10.35	00:27:13.90	5:14	11.5
122	GUZIK JUSTYNA	333		JAZGARZEW	POL	K 30	41	K 122	00:12:49	00:26:10.55	00:27:30.15	5:14	11.5
123	KRAJEWSKA ALICJA	542		WARSZAWA	POL	K 16	4	K 123	00:13:07	00:26:10.65	00:27:20.40	5:14	11.5
124	CYGAN ANNA	157	WILD ULTRA WARRIORS	WARSZAWA	POL	K 50	6	K 124	00:13:55	00:26:13.80	00:26:13.80	5:14	11.4
125	BZURA EMILIA	115		WARSZAWA	POL	K 40	45	K 125	00:12:49	00:26:13.90	00:27:09.00	5:14	11.4
126	CHELEWSKA DOROTA	125		WARSZAWA WESOŁA	POL	K 30	42	K 126	00:12:58	00:26:16.00	00:27:55.10	5:15	11.4
127	KRASUSKA ANETA	547		WARSZAWA	POL	K 30	43	K 127	00:12:59	00:26:16.60	00:27:28.10	5:15	11.4
128	ŚWIDERSKA JOANNA	1112	WSPARCIE TRENINGOWE.PL	WARSZAWA	POL	K 30	44	K 128	00:12:56	00:26:20.90	00:27:23.70	5:16	11.4
129	WINNICKA-MACKENTHUN AGNIESZKA	1209		WARSZAWA	POL	K 40	46	K 129	00:13:23	00:26:21.65	00:27:37.85	5:16	11.4
130	TARACH MAGDA	1119	KS STASZEWCY	WARSZAWA	POL	K 40	47	K 130	00:13:26	00:26:22.90	00:27:55.00	5:16	11.4
131	LEWANDOWSKA JOANNA	611		WARSZAWA	POL	K 50	7	K 131	00:13:06	00:26:24.40	00:27:55.80	5:16	11.4
132	MULIK KAROLINA	748	RAZEM TRENUJEMY SPORT	WARSZAWA	POL	K 30	45	K 132	00:13:10	00:26:24.70	00:27:50.55	5:16	11.4
133	WIT MAGDALENA	1214		WARSZAWA	POL	K 20	22	K 133	00:13:34	00:26:26.75	00:27:48.80	5:17	11.3
134	KURZACZ KATARZYNA	588	12TRI.PL	WARSZAWA	POL	K 50	8	K 134	00:13:12	00:26:27.40	00:27:45.50	5:17	11.3
135	SZYMBORSKA DOTA	1097	POŁAWIACZKI PEREL	WARSZAWA	POL	K 40	48	K 135	00:12:56	00:26:27.75	00:27:28.30	5:17	11.3
136	KIERASIŃSKA DOROTA	447	TEAM ZABIEGANE DNI	WARSZAWA	POL	K 40	49	K 136	00:12:44	00:26:28.50	00:27:27.95	5:17	11.3
137	ŻABOKLIKA MARTA	1296		WARSZAWA	POL	K 30	46	K 137	00:13:21	00:26:29.90	00:28:05.05	5:17	11.3
138	LULA MAGDALENA	620	PWPW S.A.	WARSZAWA	POL	K 40	50	K 138	00:12:48	00:26:30.55	00:27:44.55	5:18	11.3
139	ZIMOWICZ ALICJA	1292	DUCLA ACADEMY WARSZAWA	WARSZAWA	POL	K 12	5	K 139	00:13:36	00:26:31.40	00:27:53.75	5:18	11.3
140	ZIMOWICZ MAGDALENA	1293		WARSZAWA	POL	K 40	51	K 140	00:13:37	00:26:33.50	00:27:55.40	5:18	11.3
141	BARNAS ILONA	39	PRETTY FILTRY TEAM	WARSZAWA	POL	K 40	52	K 141	00:13:09	00:26:33.70	00:27:24.20	5:18	11.3
142	ANTONIK BARBARA	22		WARSZAWA	POL	K 20	23	K 142	00:13:36	00:26:34.75	00:28:27.40	5:18	11.3
143	KRÓL MONIKA	555	TEAM ZABIGANEDNI	WARSZAWA	POL	K 40	53	K 143	00:12:55	00:26:37.70	00:27:48.50	5:19	11.3
144	CZERESNIEWSKA ANNA	163		WARSZAWA	POL	K 30	47	K 144	00:12:49	00:26:37.95	00:27:36.60	5:19	11.3
145	BĘTKOWSKA MAJA	1524	RK ATHLETICS	WARSZAWA	POL	K 12	6	K 145	00:13:57	00:26:38.05	00:28:11.35	5:19	11.3
146	WRONA MILENA	1247		JABŁONNA	POL	K 40	54	K 146	00:12:54	00:26:38.95	00:27:44.25	5:19	11.3
147	HALL AMELIA	1350		WARSZAWA	POL	K 30	48	K 148	00:13:16	00:26:41.40	00:28:16.05	5:20	11.2
148	DRACHAL AGATA	202		PIASTÓW	POL	K 30	49	K 149	00:13:17	00:26:43.40	00:28:05.30	5:20	11.2

BIEG URSYNOWA, K Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
149	SIERZPUTOWSKA EWA	973	GUNS&ROSES RUN TEAM	WARSZAWA PRAGA PÓŁNOC	POL	K 50	9	K 150	00:13:01	00:26:45.45	00:27:52.65	5:21	11.2
150	ADAMUS KATARZYNA	17	PIASECZNO RUNNING	PIASECZNO	POL	K 40	55	K 151	00:13:12	00:26:46.20	00:28:35.10	5:21	11.2
151	PRUSAK MARTA	894	TEAM ZABIEGANEDNI	WIĄZOWNA	POL	K 40	56	K 152	00:13:29	00:26:51.00	00:28:24.25	5:22	11.2
152	MUCHA-SURMACZ ALEKSANDRA	745		WARSZAWA	POL	K 20	24	K 153	00:13:12	00:26:52.75	00:28:26.00	5:22	11.2
153	KONKOWSKA JOANNA	492		WARSZAWA	POL	K 50	10	K 154	00:13:16	00:26:53.10	00:28:24.20	5:22	11.2
154	KŁĘK MAGDALENA	463	BEZLITOŚNI	JÓZEFOSŁAW	POL	K 40	57	K 155	00:13:19	00:26:53.90	00:28:32.05	5:22	11.2
155	KUBASZCZYK AGNIESZKA	574		WARSZAWA	POL	K 30	50	K 156	00:13:10	00:26:54.35	00:28:03.45	5:22	11.2
156	RYNKOWSKA MAJA	947		WARSZAWA	POL	K 30	51	K 157	00:13:14	00:26:57.95	00:28:01.80	5:23	11.1
157	KOCIK JOANNA	476		WARSZAWA	POL	K 30	52	K 158	00:12:58	00:27:00.80	00:28:06.90	5:24	11.1
158	HAWRYLUK-STASIAK EWA	340	BIEGUNI 2022	WARSZAWA	POL	K 50	11	K 159	00:13:07	00:27:06.00	00:28:22.90	5:25	11.1
159	BISOWSKA KATARZYNA	67		KOBYŁKA	POL	K 40	58	K 160	00:13:50	00:27:15.00	00:28:46.50	5:27	11
160	KOCZWARA AGNIESZKA	477	32DROP	WARSZAWA	POL	K 40	59	K 161	00:13:22	00:27:18.85	00:28:32.50	5:27	11
161	KOŁOWIECKA-WILKOS ANGELA	482	WIEWIÓRKA&BOBER	WARSZAWA	POL	K 30	53	K 162	00:14:20	00:27:20.55	00:29:05.55	5:28	11
162	MĘKARSKA MARTA	1412		WARSZAWA	POL	K 20	25	K 163	00:13:04	00:27:20.65	00:28:35.30	5:28	11
163	SZUSZKIEWICZ MARZENA	1083		WARSZAWA	POL	K 40	60	K 164	00:13:35	00:27:21.55	00:28:54.25	5:28	11
164	TOMCZYŃSKA MARTA	1138	SMASHING PAPKINS	WARSZAWA	POL	K 40	61	K 165	00:13:21	00:27:21.60	00:28:44.80	5:28	11
165	BUĆKO-LUBIŃSKA MARTA	105		WARSZAWA	POL	K 40	62	K 166	00:13:20	00:27:22.05	00:28:16.15	5:28	11
166	FICOŃ MONIKA	244		WARSZAWA	POL	K 50	12	K 167	00:13:23	00:27:25.40	00:28:27.40	5:29	10.9
167	MALINOWSKA AGNIESZKA	665	PACZKA SZLUGÓW	WARSZAWA	POL	K 40	63	K 168	00:13:35	00:27:26.70	00:29:00.75	5:29	10.9
168	DŁUGOSZ MARTA	190		KIELCE	POL	K 30	54	K 169	00:13:47	00:27:27.00	00:29:04.20	5:29	10.9
169	JAWORSKA JOANNA	1520		WARSZAWA	POL	K 40	64	K 170	00:13:28	00:27:29.05	00:28:44.85	5:29	10.9
170	URYNOWICZ BOŻENA	1169		WARSZAWA	POL	K 40	65	K 171	00:13:45	00:27:31.40	00:29:05.90	5:30	10.9
171	TERCZYŃSKA JULIA	1526		WARSZAWA	POL	K 14	4	K 172	00:13:48	00:27:33.35	00:28:54.40	5:30	10.9
172	SIERZYCKA KATARZYNA	974		WARSZAWA	POL	K 30	55	K 173	00:13:49	00:27:33.85	00:29:06.00	5:30	10.9
173	GRABEK ANNA	1809		WARSZAWA	POL	K 40	66	K 174	00:13:43	00:27:35.10	00:29:06.80	5:31	10.9
174	MAŁEK-MARCZUK HANNA	668		WARSZAWA	POL	K 30	56	K 175	00:13:37	00:27:37.15	00:28:56.30	5:31	10.9
175	JĘDRZEJCZAK ANNA	1343		WARSZAWA	POL	K 50	13	K 176	00:13:32	00:27:37.50	00:28:56.25	5:31	10.9
176	NADOLSKA ANIA	1421		WARSZAWA	POL	K 40	67	K 177	00:13:38	00:27:39.70	00:29:26.40	5:31	10.8
177	SZULC KATARZYNA	1395		WARSZAWA	POL	K 40	68	K 178	00:13:25	00:27:41.00	00:27:49.25	5:32	10.8
178	BUJNOWSKA ELIZA	109	KS STASZEWCY	WARSZAWA	POL	K 40	69	K 179	00:13:52	00:27:41.15	00:29:10.55	5:32	10.8
179	SMOLARCZYK KLAUDIA	999	1	WARSZAWA	POL	K 30	57	K 180	00:13:33	00:27:42.10	00:29:10.50	5:32	10.8
180	WINIARSKA IZABELA	1207	IZAGÓRA	WARSZAWA	POL	K 40	70	K 181	00:13:12	00:27:42.40	00:29:49.05	5:32	10.8
181	ROMANOWSKA EWA	929	JB WARSAW	WARSZAWA	POL	K 30	58	K 182	00:13:19	00:27:42.60	00:29:02.50	5:32	10.8
182	SKAŁSKA KAROLINA	982		WARSZAWA	POL	K 40	71	K 183	00:13:33	00:27:44.20	00:29:17.00	5:32	10.8
183	ŁAPIŃSKA PATRYCJA	625		WARSZAWA	POL	K 20	26	K 184	00:14:04	00:27:50.20	00:29:15.45	5:34	10.8
184	RACZYŃSKA WERONIKA	908		SIEDLCE	POL	K 20	27	K 185	00:13:14	00:27:51.35	00:28:54.60	5:34	10.8
185	GAWRACZYŃSKA ANNA	273	WTŁ STEGNY WARSZAWA	WARSZAWA	POL	K 60	1	K 186	00:13:49	00:27:52.35	00:29:18.30	5:34	10.8
186	ROSENBAUM OLGA	930		WARSZAWA	POL	K 30	59	K 187	00:13:51	00:27:53.00	00:29:47.15	5:34	10.8
187	JODŁOWSKA ANNA	398	MYSZORY	WARSZAWA	POL	K 40	72	K 188	00:14:05	00:27:53.35	00:29:10.75	5:34	10.8
188	RUTKOWSKA WIOLETTA	941		WARSZAWA	POL	K 40	73	K 189	00:13:36	00:27:54.35	00:28:24.60	5:34	10.8
189	DĄBROWSKA MARIA	178		WARSZAWA	POL	K 20	28	K 190	00:13:59	00:27:54.50	00:29:27.90	5:34	10.8
190	NEY-FOGIEL BEATA	763		WARSZAWA	POL	K 30	60	K 191	00:14:09	00:27:54.60	00:29:35.60	5:34	10.8
191	DUBEK KATARZYNA	209		WARSZAWA	POL	K 40	74	K 192	00:13:54	00:27:56.30	00:29:47.25	5:35	10.7
192	SIKORA ZUZANNA	977	PZU SPORT TEAM	WARSZAWA	POL	K 40	75	K 193	00:13:44	00:27:56.35	00:29:37.55	5:35	10.7
193	APANOWICZ ANGELIKA	26	EKOBIEGI	WARSZAWA	POL	K 40	76	K 194	00:13:52	00:27:56.40	00:29:24.60	5:35	10.7
194	KOWALCZYK MARTA	523		PIASECZNO	POL	K 30	61	K 195	00:13:50	00:27:57.50	00:29:02.95	5:35	10.7
195	CHARMUSZKO MONIKA	124		WARSZAWA	POL	K 30	62	K 196	00:14:04	00:27:57.80	00:29:47.30	5:35	10.7
196	NOWAK JAGODA	778		WARSZAWA	POL	K 14	5	K 197	00:13:46	00:27:59.70	00:29:32.75	5:35	10.7
197	CZYŻ WIOLETTA	170		WARSZAWA	POL	K 40	77	K 198	00:13:48	00:28:01.80	00:29:35.35	5:36	10.7
198	GIEDYK MARTA	1577		WARSZAWA	POL	K 30	63	K 199	00:13:59	00:28:04.60	00:29:50.45	5:36	10.7
199	ZEGAR WERONIKA	1282		WARSZAWA	POL	K 30	64	K 200	00:13:59	00:28:05.95	00:29:51.55	5:37	10.7
200	FONGANG ALEKSANDRA	251		WARSZAWA	POL	K 40	78	K 201	00:13:54	00:28:09.85	00:29:41.00	5:37	10.7
201	NIEMYJSKA HANNA	771		WARSZAWA	POL	K 14	6	K 202		00:28:12.25	00:29:26.20	5:38	10.6
202	SZULC ANNA	1081		WARSZAWA	POL	K 30	65	K 203	00:14:09	00:28:12.85	00:29:50.45	5:38	10.6
203	LIPKA-ZALEWSKA GRAŻYNA	1329		JULIANÓW	POL	K 50	14	K 204	00:14:21	00:28:13.70	00:30:16.00	5:38	10.6
204	DZIEDZIC EWA	225	TEAM ZABIEGANEDNI	DZIECHCINIEC	POL	K 50	15	K 205	00:13:59	00:28:16.95	00:29:13.80	5:39	10.6
205	KUBACKA BARBARA	571		WARSZAWA	POL	K 40	79	K 206		00:28:18.80	00:28:18.80	5:39	10.6

BIEG URSYNOWA, K Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
206	BRODZIK MAŁGOSIA	93	NAPRZÓD MŁOCINY	WARSZAWA	POL	K 40	80	K 207	00:13:45	00:28:20.75	00:29:58.10	5:40	10.6
207	HULANICKA IRINA	352	GOGGLE TEAM	WARSZAWA	POL	K 60	2	K 208	00:14:02	00:28:22.35	00:29:36.00	5:40	10.6
208	WŁODARCZYK MAGDA	1220		CHYLICE-KONSTANCIN	POL	K 40	81	K 209		00:28:24.95	00:30:06.05	5:40	10.6
209	ŁUCZAK MAŁGORZATA	644	RUNNERSI ZE SKARBKA	WARSZAWA	POL	K 40	82	K 210	00:13:34	00:28:25.50	00:29:25.10	5:41	10.6
210	WASILEWSKA MAŁGORZATA	1181	GÓRA BIEGA	GÓRA KALWARIA	POL	K 40	83	K 211	00:13:56	00:28:25.65	00:28:57.50	5:41	10.6
211	SZCZESIAK ANNA	1352		WARSZAWA	POL	K 30	66	K 212	00:13:24	00:28:28.40	00:28:38.30	5:41	10.5
212	CYBULSKA ANNA	155		WARSZAWA	POL	K 40	84	K 213	00:14:23	00:28:32.15	00:30:12.25	5:42	10.5
213	RANKOWSKA DOROTA	914		WARSZAWA	POL	K 40	85	K 214	00:13:59	00:28:33.45	00:30:01.85	5:42	10.5
214	PYRKA AGNIESZKA	907		WARSZAWA	POL	K 30	67	K 215	00:14:22	00:28:36.65	00:30:22.30	5:43	10.5
215	JĘDREJ EMILIA	394		WARSZAWA	POL	K 40	86	K 216	00:13:49	00:28:37.40	00:30:01.50	5:43	10.5
216	KAMIŃSKA AGNIESZKA	413		WARSZAWA	POL	K 30	68	K 217	00:14:11	00:28:38.25	00:30:39.70	5:43	10.5
217	TOMASZEWSKA MARIOLA	1132	BIEGAM DLA SIEBIE	WARSZAWA	POL	K 50	16	K 218	00:14:32	00:28:39.15	00:29:44.05	5:43	10.5
218	CZARNECKA KATARZYNA	159		WARSZAWA	POL	K 30	69	K 219	00:13:57	00:28:39.75	00:30:02.95	5:43	10.5
219	ŻÓŁTOWSKA DOMINIKA	1299	NAPRZÓD MŁOCINY	WARSZAWA	POL	K 40	87	K 220	00:13:46	00:28:41.30	00:30:18.60	5:44	10.5
220	CZAJKOWSKA JOANNA	1318	TEAM RUN PEŁCH	WARSZAWA	POL	K 40	88	K 221	00:14:20	00:28:42.15	00:30:52.30	5:44	10.5
221	HOŁOPIAK EWA	345	EWA HOŁOPIAK	WARSZAWA	POL	K 60	3	K 222	00:14:27	00:28:42.15	00:30:07.90	5:44	10.5
222	ŚCIBOROWSKA MARTYNA	1104		WARSZAWA (URSYNÓW)	POL	K 30	70	K 223	00:13:43	00:28:42.80	00:29:06.95	5:44	10.5
223	INOROWICZ JOANNA	357		WARSZAWA	POL	K 40	89	K 224	00:14:32	00:28:44.60	00:29:46.80	5:44	10.4
224	LITKE ANDŻELIKA	1319	EAZYMUT.PL	WARSZAWA	POL	K 20	29	K 225	00:14:21	00:28:44.75	00:30:23.80	5:44	10.4
225	PIECHOCKA KATARZYNA	846		WARSZAWA	POL	K 40	90	K 226	00:14:21	00:28:47.20	00:30:27.20	5:45	10.4
226	MIODUSZEWSKA KAROLINA	725		WARSZAWA	POL	K 40	91	K 227		00:28:52.90	00:30:28.80	5:46	10.4
227	BERDYŃSKA KAROLINA	54		WARSZAWA	POL	K 30	71	K 228	00:14:38	00:28:54.60	00:31:03.65	5:46	10.4
228	SZYMCZAK AGNIESZKA	1358		CELESTYNOW	POL	K 30	72	K 229	00:14:11	00:28:58.30	00:30:14.10	5:47	10.4
229	PETERLEJTNER ŻUK EWA	841		WARSZAWA	POL	K 40	92	K 230	00:14:05	00:28:59.40	00:30:43.15	5:47	10.4
230	WOŹNIAK KLAUDIA	1242		WARSZAWA	POL	K 30	73	K 231		00:29:04.90	00:30:30.05	5:48	10.3
231	DĘBIŃSKA PATRYCJA	188		WARSZAWA	POL	K 30	74	K 232	00:14:16	00:29:05.10	00:30:53.70	5:49	10.3
232	OLESZEK JOANNA	794		WARSZAWA	POL	K 30	75	K 233	00:13:52	00:29:07.55	00:30:39.15	5:49	10.3
233	TYRANKIEWICZ KAMILA	1158	JUMP&FLY, KABATY	WARSZAWA	POL	K 40	93	K 234	00:14:20	00:29:10.50	00:29:34.15	5:50	10.3
234	MODRZEJEWSKA ANNA	734		SZCZECIN	POL	K 40	94	K 235	00:14:10	00:29:10.90	00:30:47.70	5:50	10.3
235	LECHOWICZ KATARZYNA	600		WARSZAWA	POL	K 30	76	K 236	00:14:31	00:29:10.95	00:30:51.55	5:50	10.3
236	BRONISZEWSKA NATALIA	94		ZĄBKI	POL	K 16	5	K 237	00:14:23	00:29:11.35	00:30:55.30	5:50	10.3
237	KONATOWICZ IWONA	486		JÓZEFOSŁAW	POL	K 40	95	K 238	00:14:19	00:29:13.75	00:31:00.25	5:50	10.3
238	KRAWCZYKIEWICZ MAGDA	551	ŻÓRAWSKI TEAM	WARSZAWA	POL	K 40	96	K 239	00:14:14	00:29:14.05	00:30:23.80	5:50	10.3
239	DUDEK BEATA	214		WARSZAWA	POL	K 40	97	K 240	00:13:59	00:29:14.75	00:30:41.30	5:50	10.3
240	MITURA EWA	732		WARSZAWA	POL	K 14	7	K 241	00:14:23	00:29:14.75	00:30:46.15	5:50	10.3
241	KŁOPOCKA ANNA	461		STRZENIOWKA	POL	K 50	17	K 242	00:14:38	00:29:15.30	00:31:08.25	5:51	10.3
242	MITURA ANNA	731		WARSZAWA	POL	K 40	98	K 243	00:14:23	00:29:16.05	00:30:47.45	5:51	10.3
243	PRZEWODOWSKA AGNIESZKA	897		WARSZAWA	POL	K 40	99	K 244	00:14:27	00:29:16.45	00:30:53.95	5:51	10.3
244	GŁOWACKA ELŻBIETA	284	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 60	4	K 245	00:14:28	00:29:17.70	00:30:49.40	5:51	10.2
245	MYJAK SYLWIA	749	NATIONALE-NEDERLANDEN RUNNING TEAM	WARSZAWA	POL	K 30	77	K 246	00:14:22	00:29:18.25	00:30:47.85	5:51	10.2
246	BUDEK EWA	106		WARSZAWA	POL	K 30	78	K 247	00:14:32	00:29:19.60	00:30:58.35	5:51	10.2
247	BROZE OLIWIA	96		WARSZAWA	AFG	K 16	6	K 248	00:14:02	00:29:20.35	00:31:11.00	5:52	10.2
248	JAROSZKIEWICZ DIANA	388	-	WARSZAWA	POL	K 16	7	K 249	00:14:23	00:29:20.45	00:30:59.80	5:52	10.2
249	CZERWIŃSKA-BŁOK IWONA	167		WARSZAWA	POL	K 30	79	K 250	00:14:33	00:29:22.20	00:31:01.75	5:52	10.2
250	CZUCHAJ MILENA	169		WARSZAWA	POL	K 30	80	K 251	00:14:20	00:29:25.75	00:30:55.30	5:53	10.2
251	UŁANEK KAMILA	1164	SEGIETEAM	WARSZAWA	POL	K 40	100	K 252	00:14:28	00:29:28.45	00:31:25.25	5:53	10.2
252	SOLKA KATARZYNA	1020	GÓRA BIEGA	GÓRA KALWARIA	POL	K 20	30	K 253	00:14:34	00:29:34.60	00:31:19.55	5:54	10.1
253	PIECHOWIAK MARTA	847		WARSZAWA	POL	K 40	101	K 254	00:14:35	00:29:36.70	00:31:19.50	5:55	10.1
254	KORONA TATIANA	500	OBIEGUWKA	WARSZAWA	POL	K 50	18	K 255	00:14:30	00:29:37.25	00:31:22.50	5:55	10.1
255	RĘKAWEK GABRIELA	922		WARSZAWA	POL	K 30	81	K 256	00:14:28	00:29:38.95	00:31:30.15	5:55	10.1
256	GÓRSKA SYLWIA	1582		BANIOCHA	POL	K 40	102	K 257	00:14:33	00:29:39.05	00:31:24.20	5:55	10.1
257	ZARODA GRAŻYNA	1271		WARSZAWA	POL	K 50	19	K 258	00:14:18	00:29:39.60	00:30:17.35	5:55	10.1
258	LEBIODA ELIZA	599		WARSZAWA	POL	K 30	82	K 259	00:14:48	00:29:46.00	00:31:47.70	5:57	10.1
259	RADOMYSKA WIOLA	912	KAZIKI	WARSZAWA	POL	K 30	83	K 260	00:14:23	00:29:47.25	00:31:56.60	5:57	10.1
260	TORZEWSKA AGNIESZKA	1139		WARSZAWA	POL	K 40	103	K 261	00:14:33	00:29:47.85	00:31:30.25	5:57	10.1
261	SZYMANEK ALEKSANDRA	1087		WARSZAWA	POL	K 30	84	K 262	00:14:56	00:29:49.90	00:32:07.10	5:57	10.1
262	STASZEWSKA KINGA	1029	KS STASZEWCY	WARSZAWA	POL	K 40	104	K 263	00:14:32	00:29:49.95	00:31:28.55	5:57	10.1

BIEG URSYNOWA, K Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
263	MAŁYSIAK KLAUDIA	1447		WARSZAWA	POL	K 20	31	K 264	00:14:18	00:29:53.75	00:31:32.20	5:58	10
264	WYSOWSKA JAGODA	1585		PIASECZNO	POL	K 50	20	K 265	00:15:16	00:29:56.65	00:31:45.85	5:59	10
265	MROCEK MAGDALENA	741		WARSZAWA	POL	K 40	105	K 266	00:14:32	00:29:57.00	00:31:38.70	5:59	10
266	BRZOZOWSKA MAGDALENA	100	BIEGUSTATORZY	WARSZAWA	POL	K 40	106	K 267	00:14:31	00:29:58.15	00:31:36.45	5:59	10
267	MORAWSKA ANNA	1516		WARSZAWA	POL	K 60	5	K 268	00:14:51	00:29:58.20	00:30:20.60	5:59	10
268	WÓJCIK ANETA	1246		WARSZAWA	POL	K 40	107	K 269	00:14:42	00:29:58.65	00:31:26.05	5:59	10
269	KEMPISTY ANNA	1487	12TRI.PL	WARSZAWA	POL	K 50	21	K 270	00:14:44	00:30:01.10	00:31:33.55	6:00	10
270	KOWALSKA BEATA	526		KOŁOBRZEG	POL	K 40	108	K 271	00:14:23	00:30:03.10	00:31:22.55	6:00	10
271	SZYMAŃSKA BEATA	1406		WARSZAWA	POL	K 40	109	K 272	00:14:58	00:30:04.00	00:31:22.85	6:00	10
272	KRYSTOSIAK WERONIKA	565		JÓZEFIN	POL	K 20	32	K 273	00:14:11	00:30:05.10	00:31:02.10	6:01	10
273	SOKÓLSKA DOROTA	1017	TEAM ZABIEGANEDNI	WIĄZOWNA	POL	K 60	6	K 274	00:14:40	00:30:05.15	00:31:41.25	6:01	10
274	ŁAKOMSKA BEATA	623	TEAM ZABIEGANE DNI	WARSZAWA	POL	K 30	85	K 275	00:14:21	00:30:05.50	00:31:40.40	6:01	10
275	MATYSIAK KRYSZYNA	696		WARSZAWA	POL	K 12	7	K 276	00:15:50	00:30:05.95	00:32:16.55	6:01	10
276	ZIELIŃSKA MARTA	1286	JACEKBIEGA RUNNING TEAM	WARSZAWA	POL	K 40	110	K 277	00:14:42	00:30:10.65	00:32:02.55	6:02	9.9
277	ŚMIERZYŃSKA DOROTA	1384		WARSZAWA	POL	K 30	86	K 278	00:14:40	00:30:13.60	00:31:28.80	6:02	9.9
278	KOZAK MARIA	1409		WARSZAWA	POL	K 12	8	K 279	00:15:40	00:30:14.45	00:31:59.00	6:02	9.9
279	GÓRECKA ALEKSANDRA	296		WARSZAWA	POL	K 40	111	K 280	00:15:01	00:30:19.45	00:32:06.75	6:03	9.9
280	KĘSICKA ARLETTA	443		WARSZAWA	POL	K 30	87	K 281	00:14:54	00:30:20.55	00:32:07.25	6:04	9.9
281	MASTALEREK JOANNA	684		WARSZAWA	POL	K 40	112	K 282		00:30:22.00	00:30:23.00	6:04	9.9
282	BOCHYŃSKA SZACKA DAGMARA	73		WARSZAWA	POL	K 30	88	K 283	00:15:00	00:30:26.80	00:32:00.95	6:05	9.9
283	KURPIŃSKA KAROLINA	1573		WARSZAWA	POL	K 20	33	K 284	00:15:05	00:30:33.25	00:32:05.55	6:06	9.8
284	DI FOLCO VERONICA	1455		WARSZAWA	POL	K 40	113	K 285	00:15:07	00:30:34.35	00:32:21.80	6:06	9.8
285	LATKA-GROT JULITA	597		SULEJÓWEK	POL	K 40	114	K 286	00:14:51	00:30:35.10	00:32:14.80	6:07	9.8
286	KARŁOWICZ ANNA	426	PARTIA WOLNYCH BIEGACZY	WARSZAWA	POL	K 60	7	K 287	00:15:07	00:30:35.55	00:31:32.05	6:07	9.8
287	ZIEMAK EDYTA	1290	EDYTA ZIEMAK	WARSZAWA	POL	K 40	115	K 288	00:15:06	00:30:44.00	00:32:13.85	6:08	9.8
288	JANCZARSKA WIKTORIA	372		WARSZAWA	POL	K 30	89	K 289	00:14:42	00:30:46.20	00:32:47.00	6:09	9.8
289	JELEŃIEWSKA MAGDALENA	1499	MAGDALENA JELEŃIEWSKA	WARSZAWA	POL	K 40	116	K 290	00:15:06	00:30:54.30	00:32:42.10	6:10	9.7
290	MYŚLIBORSKA OLGA	751		WARSZAWA	POL	K 40	117	K 291	00:15:13	00:30:54.50	00:32:49.45	6:10	9.7
291	BORYS JOANNA	89		WARSZAWA	POL	K 12	9	K 292	00:14:31	00:30:57.25	00:32:36.00	6:11	9.7
292	ORZEL MONIKA	805		WARSZAWA	POL	K 30	90	K 293	00:14:52	00:30:58.80	00:32:40.60	6:11	9.7
293	BOROWA MAGDALENA	82		ZĄBKI	POL	K 30	91	K 294	00:14:51	00:30:59.00	00:32:35.00	6:11	9.7
294	TRYBULEC JUSTYNA	1149		WARSZAWA	POL	K 30	92	K 295	00:15:02	00:31:04.90	00:31:44.10	6:12	9.7
295	WAŚOWSKA ANNA	1187	GRUPA BIEGOWA UM W-WA	ZĄBKI	POL	K 40	118	K 296	00:14:55	00:31:06.75	00:32:48.00	6:13	9.6
296	MICHAŁEK-PENDOWSKA BARBARA	1378		WARSZAWA	POL	K 40	119	K 297	00:15:11	00:31:14.45	00:31:57.35	6:14	9.6
297	JĘDRZEJEWSKA LAURA	396		PŁOŃSK	POL	K 20	34	K 298	00:14:37	00:31:15.60	00:32:56.90	6:15	9.6
298	WIŚNIEWSKA-DUDA ANNA	1211		WARSZAWA	POL	K 30	93	K 299	00:15:29	00:31:22.60	00:32:02.40	6:16	9.6
299	KARAŚ AGNIESZKA	421		WARSZAWA	POL	K 40	120	K 300	00:15:05	00:31:23.15	00:32:51.20	6:16	9.6
300	GROCHOWINA ANNA	309		WARSZAWA	POL	K 30	94	K 301	00:15:22	00:31:23.60	00:32:30.30	6:16	9.6
301	BIELECKA ALEKSANDRA	60		WARSZAWA	POL	K 40	121	K 302	00:15:23	00:31:28.90	00:33:28.00	6:17	9.5
302	GIERKOWSKA AGNIESZKA	1420		WARSZAWA	POL	K 40	122	K 303	00:15:19	00:31:30.45	00:33:43.30	6:18	9.5
303	ORZECZOWSKA KAROLINA	803		PIASECZNO	POL	K 40	123	K 304	00:15:35	00:31:31.05	00:33:34.40	6:18	9.5
304	POŁO MARIA	880		HALINÓW	POL	K 30	95	K 305	00:15:31	00:31:39.55	00:32:47.20	6:19	9.5
305	HRYMAK-STANEK ANNA	350		BIELAWA	POL	K 40	124	K 306	00:15:56	00:31:39.55	00:33:50.10	6:19	9.5
306	OŁOWSKA PAULINA	798		WARSZAWA	POL	K 30	96	K 307	00:15:02	00:31:40.35	00:33:13.90	6:20	9.5
307	KOŁECKA ALEKSANDRA	479		WARSZAWA	POL	K 20	35	K 308	00:15:58	00:31:41.00	00:33:35.65	6:20	9.5
308	KRUSZEWSKA-JANCZ EMILIA	1479		WARSZAWA	POL	K 40	125	K 309	00:15:47	00:31:42.55	00:33:45.60	6:20	9.5
309	DRÓZDŹ RENATA	206		WARSZAWA	POL	K 40	126	K 310	00:15:17	00:31:50.55	00:33:20.15	6:22	9.4
310	STOKOWSKA ANGELIKA	1035		STARA WIEŚ	POL	K 40	127	K 311	00:15:40	00:31:53.20	00:33:57.80	6:22	9.4
311	PAWŁĘSA MAŁGORZATA	835		WARSZAWA	POL	K 40	128	K 312	00:16:07	00:31:53.25	00:32:53.15	6:22	9.4
312	WIŚNIEWSKA KATARZYNA	1210	INDYWIDUALISTKA	WARSZAWA	POL	K 50	22	K 313	00:15:17	00:31:54.90	00:32:17.95	6:22	9.4
313	SOBOLEWSKA ALEKSANDRA	1337		WARSZAWA	POL	K 20	36	K 314	00:16:19	00:31:55.40	00:33:55.00	6:23	9.4
314	NASIEROWSKA MARTYNA	760		WARSZAWA	POL	K 30	97	K 315	00:15:35	00:32:02.20	00:33:51.95	6:24	9.4
315	KALETA AGNIESZKA	1508		WARSZAWA	POL	K 40	129	K 316	00:15:35	00:32:05.00	00:33:42.20	6:25	9.4
316	SYNOWCZYK AGNIESZKA	1050		WARSZAWA	POL	K 30	98	K 317	00:16:01	00:32:07.60	00:32:51.60	6:25	9.3
317	SZMYTKE SABINA	1075	NIEZRZESZONA	KONSTANCIN-JEZIORNA	POL	K 60	8	K 318	00:15:35	00:32:08.35	00:33:39.10	6:25	9.3
318	WINDER AGNIESZKA	1205		WARSZAWA	POL	K 40	130	K 319	00:15:53	00:32:08.40	00:34:04.70	6:25	9.3
319	MRÓZ JOANNA	742		WARSZAWA	POL	K 30	99	K 320	00:15:53	00:32:08.45	00:34:04.50	6:25	9.3

BIEG URSYNOWA, K Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
320	TYSZKA SYLWIA	1160		WARSZAWA	POL	K 40	131	K 321	00:15:35	00:32:13.55	00:33:24.65	6:26	9.3
321	MYSZOR-CIECIELĄG MONIKA	750		PIASECZNO	POL	K 40	132	K 322	00:15:43	00:32:18.80	00:34:03.05	6:27	9.3
322	KORNACKA AGNIESZKA	498		NIEPORĘT	POL	K 20	37	K 323	00:15:47	00:32:20.30	00:32:28.15	6:28	9.3
323	GŁĄŻEWSKA KAMILA	1599		WARSZAWA	POL	K 20	38	K 324	00:15:28	00:32:21.15	00:33:51.60	6:28	9.3
324	KACZMARSKA ALICJA	1454	TI HEALTH CLUB	WARSZAWA	POL	K 40	133	K 325	00:15:38	00:32:22.00	00:34:09.30	6:28	9.3
325	KOZDROŃ PAULINA	1534		WARSZAWA	POL	K 30	100	K 326	00:15:58	00:32:23.40	00:34:12.25	6:28	9.3
326	PATAJ MONIKA	1309		WARSZAWAWARSZAWA	POL	K 40	134	K 327		00:32:25.90	00:33:36.85	6:29	9.3
327	WITEK DAGMARA	1578		WARSZAWA	POL	K 30	101	K 328	00:16:17	00:32:26.55	00:34:25.60	6:29	9.2
328	SKOMOROWSKA MONIKA	988		WARSZAWA	POL	K 40	135	K 329	00:15:09	00:32:28.10	00:33:42.80	6:29	9.2
329	DRZEWIECKA ANNA	1390	SMSM	WARSZAWA	POL	K 50	23	K 330	00:15:55	00:32:42.25	00:34:31.70	6:32	9.2
330	BUCZEK BOGUMIŁA	103		CHEŁM	POL	K 50	24	K 331	00:16:23	00:32:47.40	00:34:58.45	6:33	9.2
331	FILIPCZYK HANNA	1529		WARSZAWA	POL	K 40	136	K 332	00:16:04	00:32:50.35	00:34:52.40	6:34	9.1
332	LIPIEC KAZIMIERA	614		WARSZAWA	POL	K 40	137	K 333	00:15:33	00:32:52.10	00:34:38.40	6:34	9.1
333	NOWAK SANDRA	777		WARSZAWA	POL	K 40	138	K 334	00:15:59	00:32:53.85	00:34:26.60	6:34	9.1
334	WÓJCICKA AGNIESZKA	1569		WARSZAWA	POL	K 30	102	K 335	00:15:51	00:32:55.25	00:33:01.90	6:35	9.1
335	MATYSIAK AGNIESZKA	695		WARSZAWA	POL	K 40	139	K 336	00:15:46	00:32:55.55	00:34:00.40	6:35	9.1
336	SAJEWSKA KAROLINA	955	WATAHA ŁĄCZY NAS BIEGANIE	WARSZAWA	POL	K 30	103	K 337	00:15:47	00:32:55.80	00:34:00.10	6:35	9.1
337	MICHAŁEK DOROTA	713	BORKOWSKI TEAM	WARSZAWA	POL	K 50	25	K 338	00:16:08	00:32:56.40	00:35:17.55	6:35	9.1
338	VALIEVA ALIA	1170		DZIEKANÓW LEŚNY	POL	K 30	104	K 339	00:15:37	00:33:02.00	00:33:08.75	6:36	9.1
339	GROCHÓLSKA ALEKSANDRA	1461		WARSZAWA	POL	K 40	140	K 340	00:16:22	00:33:02.45	00:33:28.65	6:36	9.1
340	OLCZAK URSZULA	789	UMCS BIEGA	WARSZAWA	POL	K 50	26	K 341	00:16:07	00:33:02.70	00:35:12.35	6:36	9.1
341	KOCHMAN IWONA	475	VEGE RUNNERS	WARSZAWA	POL	K 50	27	K 342	00:16:22	00:33:04.85	00:34:46.25	6:36	9.1
342	PATER AGNIESZKA	829		WARSZAWA	POL	K 40	141	K 343	00:16:22	00:33:05.40	00:34:46.40	6:37	9.1
343	ZAWADA KLAUDIA	1278		WARSZAWA	POL	K 20	39	K 344	00:16:38	00:33:06.30	00:35:13.50	6:37	9.1
344	KRZYZEWSKA KAROLINA	570	PZU SPORT TEAM	WARSZAWA	POL	K 30	105	K 345	00:16:00	00:33:06.50	00:34:12.90	6:37	9.1
345	REMISIEWICZ MALGORZATA	921		WARSZAWA	POL	K 40	142	K 346	00:16:12	00:33:10.35	00:35:03.85	6:38	9
346	KACZOROWSKA MONIKA	1523		ZĄBKI	POL	K 40	143	K 347	00:16:22	00:33:12.00	00:35:16.45	6:38	9
347	DALKIEWICZ MARTA	1320		WARSZAWA	POL	K 30	106	K 348	00:16:08	00:33:16.15	00:35:08.55	6:39	9
348	MORAWSKA IRMINA	735		WARSZAWA	POL	K 20	40	K 349	00:16:01	00:33:17.25	00:35:05.35	6:39	9
349	RUCYK JUSTYNA	938		WARSZAWA	POL	K 40	144	K 350	00:17:16	00:33:20.90	00:35:29.10	6:40	9
350	MICHALSKA MARTYNA	712		WARSZAWA	POL	K 30	107	K 351	00:15:54	00:33:23.70	00:35:10.00	6:40	9
351	OLSZEWSKA KATARZYNA BERNADETTA	1490		WARSZAWA	POL	K 40	145	K 352	00:17:15	00:33:25.25	00:35:34.90	6:41	9
352	ANIOL ALEKSANDRA	20		KĄTY	POL	K 20	41	K 353	00:16:39	00:33:25.95	00:34:52.85	6:41	9
353	ŁOCHOWSKA AGNIESZKA	633		WARSZAWA	POL	K 50	28	K 354		00:33:27.90	00:33:27.90	6:41	9
354	TRUMIŃSKA MARCELA	1148		WARSZAWA	POL	K 30	108	K 355	00:15:53	00:33:31.70	00:35:14.90	6:42	9
355	BUJAŁSKA EWA	108		JÓZEFOSŁAW	POL	K 40	146	K 356	00:16:21	00:33:32.90	00:35:30.90	6:42	8.9
356	- -	185			POL	K 40	147	K 357	00:15:41	00:33:34.60	00:33:53.70	6:42	8.9
357	WINIARZ NATALIA	1208		WARSZAWA	POL	K 30	109	K 358	00:15:07	00:33:36.50	00:35:16.55	6:43	8.9
358	ZALEWSKA EWA ADRIANNA	1265		WARSZAWA	POL	K 20	42	K 359	00:15:45	00:33:36.60	00:34:54.30	6:43	8.9
359	SAMEL HECENA	1600		WARSZAWA	POL	K 12	10	K 360	00:15:48	00:33:37.90	00:35:19.90	6:43	8.9
360	MAJCHRAK ANNA	661		WARSZAWA	POL	K 30	110	K 361	00:17:27	00:33:38.75	00:35:46.55	6:43	8.9
361	ROGUSKA MAGDALENA	925	BIAŁOŁĘKA JEST KOBIETĄ	WARSZAWA	POL	K 40	148	K 362	00:17:17	00:33:38.90	00:35:46.50	6:43	8.9
362	JURKOWSKA IRENA	404		WARSZAWA	POL	K 70	2	K 363	00:16:38	00:33:44.75	00:35:42.05	6:44	8.9
363	KIELISZEK ANNA	1555		WARSZAWA	POL	K 20	43	K 364	00:16:45	00:33:45.85	00:35:19.70	6:45	8.9
364	SYLWANOWICZ MARTA	1048		WARSZAWA	POL	K 40	149	K 365	00:16:35	00:33:49.85	00:35:47.85	6:45	8.9
365	SAKOWICZ MAGDALENA	957		WARSZAWA	POL	K 50	29	K 366	00:15:58	00:33:50.45	00:34:45.25	6:46	8.9
366	BAKALAROVA MICHAELA	32		WARSZAWA	SVK	K 30	111	K 367	00:15:57	00:33:50.50	00:34:45.90	6:46	8.9
367	SOLAREK KINGA	1019		WARSZAWA	POL	K 30	112	K 368	00:17:27	00:33:52.60	00:36:00.40	6:46	8.9
368	HRYČKO-GÓRNICZKA KATARZYNA	349		WARSZAWA	POL	K 40	150	K 369	00:16:18	00:33:57.35	00:36:02.70	6:47	8.8
369	WYCZÓŁKOWSKA ANETA	1252		WARSZAWA	POL	K 40	151	K 370	00:17:15	00:33:59.85	00:36:08.95	6:47	8.8
370	WRZESIŃSKA AGATA	1249	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	K 40	152	K 371	00:17:17	00:34:05.20	00:36:13.60	6:49	8.8
371	BIEROZA ANNA	1472		WARSZAWA	POL	K 30	113	K 372	00:16:47	00:34:05.55	00:34:43.10	6:49	8.8
372	YILDIRIM CZUPRYN DERYA	1410		WARSAW	POL	K 30	114	K 373	00:16:42	00:34:05.70	00:34:43.00	6:49	8.8
373	JABLONSKA-SOBIECH ANETA	1435		WARSZAWA	POL	K 30	115	K 374	00:16:42	00:34:05.80	00:34:43.10	6:49	8.8
374	PIOTROWSKA GABRIELA	858		PIASECZNO	POL	K 30	116	K 375	00:16:39	00:34:06.60	00:35:06.80	6:49	8.8
375	DZIWOŃ ANNA	230		WARSZAWA	POL	K 30	117	K 376	00:15:21	00:34:08.65	00:35:46.35	6:49	8.8
376	SZELIGA ZOFIA	1068		WARSZAWA	POL	K 30	118	K 377	00:16:35	00:34:08.65	00:36:07.35	6:49	8.8

BIEG URSYNOWA, K Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
377	ROBACZEWSKA MARTA	923		WARSZAWA	POL	K 30	119	K 378	00:17:10	00:34:09.20	00:36:31.25	6:49	8.8
378	GRABOWSKA OLA	1414		WARSZAWA	POL	K 20	44	K 379	00:17:19	00:34:10.30	00:36:18.55	6:50	8.8
379	FRĄCZAK MAGDALENA	253		POWĄZKI	POL	K 30	120	K 380	00:16:54	00:34:11.10	00:36:20.25	6:50	8.8
380	CZAJKOWSKA WERONIKA	1429		WARSZAWA	POL	K 14	8	K 381	00:16:26	00:34:11.55	00:36:04.25	6:50	8.8
381	SZAFRAN BEATA	1058	PUMP!T	MARKÓW ŚWINICE	POL	K 40	153	K 382	00:16:54	00:34:11.90	00:36:21.30	6:50	8.8
382	KANIEWSKA KAROLINA	1575		WARSZAWA	POL	K 30	121	K 383	00:17:05	00:34:14.40	00:35:26.20	6:50	8.8
383	SZCZEPAŃSKA HALINA	1063		WARSZAWA	POL	K 40	154	K 384	00:16:08	00:34:23.15	00:35:24.45	6:52	8.7
384	GÓRNOWICZ WERONIKA	297		WARSZAWA	POL	K 20	45	K 385	00:16:08	00:34:23.35	00:35:24.60	6:52	8.7
385	GRECKA ANNA	308		CHYLICZKI	POL	K 20	46	K 386	00:16:31	00:34:27.05	00:34:54.30	6:53	8.7
386	FRYDRYCH KATARZYNA	256		WARSZAWA	POL	K 30	122	K 387	00:17:16	00:34:30.70	00:36:43.55	6:54	8.7
387	ŁUCZYŃSKA MARIA	646		WARSZAWA	POL	K 14	9	K 388	00:16:38	00:34:31.70	00:36:30.95	6:54	8.7
388	ŁUCZYŃSKA KAROLINA	645		WARSZAWA	POL	K 30	123	K 389	00:16:38	00:34:31.85	00:36:31.15	6:54	8.7
389	KAMIŃSKA-DWÓRZNIKA ANNA	414		WARSZAWA	POL	K 40	155	K 390	00:17:01	00:34:33.95	00:36:37.30	6:54	8.7
390	BORKOWSKA MICHALINA	80		WARSZAWA	POL	K 30	124	K 391	00:16:39	00:34:35.90	00:36:32.90	6:55	8.7
391	MAZUR KINGA	698		WARSZAWA	POL	K 40	156	K 392	00:16:37	00:34:40.40	00:36:46.40	6:56	8.7
392	SICIŃSKA IWONA	967		JÓZEFOSŁAW	POL	K 30	125	K 393	00:16:26	00:34:41.60	00:36:43.35	6:56	8.6
393	GURDA MONIKA	331		WARSZAWA	POL	K 40	157	K 394	00:16:10	00:34:47.80	00:36:24.50	6:57	8.6
394	ZARZYKA ANTONINA	1273		WARSZAWA	POL	K 30	126	K 395	00:18:13	00:34:49.20	00:37:12.40	6:57	8.6
395	DOBROWOLSKA DOROTA	193	LADIESGYM	WARSZAWA	POL	K 60	9	K 396	00:16:35	00:34:50.90	00:36:55.10	6:58	8.6
396	WYLON IZABELA	1254		WARSZAWA	POL	K 30	127	K 397	00:17:59	00:34:53.30	00:36:51.30	6:58	8.6
397	GAŤOWSKA AGNIESZKA	276		WARSZAWA	POL	K 30	128	K 398	00:16:26	00:34:54.55	00:36:53.50	6:58	8.6
398	DOMINIAK AGNIESZKA	186		WARRSZAWA	POL	K 40	158	K 399	00:17:17	00:34:57.50	00:36:44.95	6:59	8.6
399	GROCHOWSKA JOANNA	310	BIEGAMY Z OCHOTĄ	WARSZAWA	POL	K 50	30	K 400	00:17:18	00:34:57.95	00:37:05.45	6:59	8.6
400	PLICHCIŃSKA MAŁGORZATA	869	EKONOMIK MOKOTÓW	WARSZAWA	POL	K 40	159	K 401	00:17:02	00:34:58.15	00:36:56.45	6:59	8.6
401	POLAK TERESA	878	KB ACTIVESPORTS WARSZAWA	WARSZAWA	POL	K 70	3	K 402	00:16:55	00:35:01.45	00:36:57.30	7:00	8.6
402	BAUER BEATA	49	BRAK	JÓZEFOSŁAW	POL	K 50	31	K 403	00:17:09	00:35:13.55	00:35:40.10	7:02	8.5
403	KARPIŃSKA JUSTYNA	428		WARSZAWA	POL	K 30	129	K 404	00:17:17	00:35:19.60	00:37:30.15	7:03	8.5
404	SZMIGIEL IZABELA	1074		PIASECZNO	POL	K 30	130	K 405	00:17:27	00:35:20.30	00:37:28.40	7:04	8.5
405	SARNOWSKA IWONA	962	DRUŻYNA PAULINY	WARSZAWA	POL	K 50	32	K 406	00:17:22	00:35:27.85	00:37:51.30	7:05	8.5
406	TRETER MAGDALENA	1507		WARSZAWA	POL	K 30	131	K 407	00:17:13	00:35:33.30	00:37:23.40	7:06	8.4
407	PICEWICZ AGNIESZKA	1416		WARSZAWA	POL	K 40	160	K 408	00:17:27	00:35:34.15	00:37:48.70	7:06	8.4
408	GAWRYOŁEK - OSIŃSKA MAJA	274		WARSZAWA	POL	K 30	132	K 409	00:18:15	00:35:38.50	00:38:01.90	7:07	8.4
409	KRÓL ANNA	1417		WARSZAWA	POL	K 40	161	K 410	00:17:14	00:35:41.55	00:37:28.55	7:08	8.4
410	KARKOS MAGDALENA	425		WARSZAWA	POL	K 30	133	K 411	00:17:18	00:35:41.55	00:37:51.95	7:08	8.4
411	KUCHTA MERILIN	1488		WARSZAWA	POL	K 40	162	K 412	00:17:19	00:36:10.35	00:38:07.75	7:14	8.3
412	MILEWSKA ANNA	1427		WARSZAWA	POL	K 40	163	K 413	00:17:27	00:36:14.75	00:38:23.95	7:14	8.3
413	WICHTOWSKA KAROLINA	1514		WARSZAWA	POL	K 30	134	K 414	00:17:27	00:36:25.10	00:36:41.70	7:17	8.2
414	KILKOWSKA JOANNA	454		WARSZAWA	POL	K 50	33	K 415	00:17:35	00:36:43.70	00:38:36.95	7:20	8.2
415	NIEDZIELA KAMILA	767		WARSZAWA	POL	K 30	135	K 416	00:17:27	00:36:48.65	00:37:42.85	7:21	8.2
416	WOJTAS ANNA	1236		WARSZAWA	POL	K 16	8	K 417	00:17:48	00:36:49.80	00:38:52.60	7:21	8.1
417	SZCZEPANIEC ANNA	1062		WARSZAWA	POL	K 30	136	K 418	00:18:04	00:36:54.10	00:39:07.85	7:22	8.1
418	WILK OLIWIA	1204	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	K 20	47	K 419	00:17:51	00:37:05.65	00:38:17.45	7:25	8.1
419	KARPIŃSKA NINA	1483	PAWKO RUNNER TEAM	BLIŻYN	POL	K 40	164	K 420	00:18:23	00:37:33.05	00:39:11.95	7:30	8
420	PLUTA MONIKA	871		SULEJOWEK	POL	K 30	137	K 421	00:18:14	00:37:42.75	00:40:07.50	7:32	8
421	KOWALCZYK KLAUDIA	524		WARSZAWA	POL	K 40	165	K 422	00:18:23	00:37:52.00	00:40:11.75	7:34	7.9
422	BORUSZEWSKA MAJA	84		WARSZAWA	POL	K 12	11	K 423	00:17:27	00:37:52.95	00:38:12.45	7:34	7.9
423	PIOTROWSKA-KRZAK ELA	859		WARSZAWA	POL	K 40	166	K 424	00:18:40	00:38:02.80	00:39:44.60	7:36	7.9
424	ŚLIWCZAK ANNA	1385		WARSZAWA	POL	K 40	167	K 425	00:18:42	00:38:07.05	00:40:26.15	7:37	7.9
425	JURCZAK KAROLINA	401		WARSZAWA	POL	K 30	138	K 426	00:18:46	00:38:20.40	00:40:48.40	7:40	7.8
426	WŁODARCZYK HALINA	1223		WARSZAWA	POL	K 60	10	K 427	00:21:07	00:38:34.65	00:40:26.15	7:42	7.8
427	CZARNECKA ANNA	1441	LADIES GYM	WARSZAWA	POL	K 70	4	K 428	00:18:57	00:39:20.90	00:41:25.05	7:52	7.6
428	NOWAKOWSKA ANNA	781		WARSZAWA	POL	K 40	168	K 429	00:18:51	00:39:44.70	00:41:42.25	7:56	7.6
429	BARTOSIK KRYSZYNA	44		WARSZAWA	POL	K 60	11	K 430	00:19:50	00:40:13.50	00:42:28.50	8:02	7.5
430	DĄBROWSKA ADRIANNA	177		WARSZAWA	POL	K 20	48	K 431		00:40:21.80	00:40:21.80	8:04	7.4
431	ZAROSIŃSKA PAULINA	1272		WARSZAWA	POL	K 20	49	K 432	00:19:54	00:40:51.70	00:43:10.35	8:10	7.3
432	DĘBSKA ANNA	1517		WARSZAWA	POL	K 60	12	K 433	00:19:56	00:41:09.70	00:42:26.80	8:13	7.3
433	KOBYŁECKA SYLWIA	473	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 30	139	K 434	00:20:17	00:41:55.90	00:43:11.40	8:23	7.2

BIEG URSYNOWA, K Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
434	BARANOWSKA EWELINA	35		WARSZAWA	POL	K 30	140	K 435	00:19:46	00:41:58.20	00:44:10.40	8:23	7.1
435	MICHAŁOWSKA KATARZYNA	714	TEAM ZABIEGANEDNI / DDRUNNINGTEAM	WARSZAWA	POL	K 40	169	K 436	00:20:57	00:42:49.90	00:44:01.10	8:33	7
436	TUKENDORF BARBARA	1152	TEAMZABIEGANEDNI	WARSZAWA	POL	K 70	5	K 437	00:20:57	00:42:51.30	00:44:02.80	8:34	7
437	WILCZYŃSKA MAŁGORZATA	1201		WARSZAWA	POL	K 40	170	K 438	00:21:01	00:43:44.75	00:44:10.25	8:44	6.9
438	SAMORDAK KATARZYNA	960		WARSZAWA	POL	K 30	141	K 439	00:21:40	00:43:54.30	00:43:59.20	8:46	6.8
439	FULEK KATARZYNA	257		WARSZAWA	POL	K 40	171	K 440	00:21:41	00:43:57.00	00:44:02.20	8:47	6.8
440	GRZECHNIK JUSTYNA	324		WARSZAWA	POL	K 30	142	K 441	00:21:41	00:44:20.20	00:44:25.70	8:52	6.8
441	PASTERNAK ANNA	827	DRUŻYNA PAULINY	WARSZAWA	POL	K 60	13	K 442	00:24:04	00:50:18.45	00:52:41.90	10:03	6
442	PASTERNAK JOANNA	825	PZU SPORT TEAM	WARSZAWA	POL	K 40	172	K 443	00:24:05	00:50:19.15	00:52:42.65	10:03	6

BIEG URSYNOWA, M Open

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
1	GOS MATEUSZ	1576	OPTIMA RADOM		POL	M 20	1	M 1	00:07:25	00:14:53.80	00:14:54.95	2:58	20.2
2	SZYMANIAK KAMIL	1088	K2 RUNNING TEAM	TORUŃ	POL	M 30	1	M 2		00:15:13.50	00:15:14.80	3:02	19.7
3	WASIEWICZ KRZYSZTOF	1180	KONDYCJA	PIASECZNO	POL	M 30	2	M 3	00:07:39	00:15:25.05	00:15:26.60	3:05	19.5
4	DAMENTKA KAMIL	175	CTS	WARSZAWA	POL	M 20	2	M 4	00:07:39	00:15:31.30	00:15:33.10	3:06	19.3
5	SKIBIŃSKI MIKOŁAJ	1345	DUCLA ACADEMY	POZNAŃ	POL	M 30	3	M 5	00:07:46	00:15:53.85	00:15:55.00	3:10	18.9
6	KWARTA MACIEJ	592	ŻORAWSKI TEAM /MACIEJKWARTA	WARSZAWA	POL	M 30	4	M 6	00:07:49	00:15:59.50	00:16:01.30	3:11	18.8
7	KUBICKI ADAM	576		WARSZAWA	POL	M 30	5	M 7	00:08:00	00:16:12.60	00:16:14.40	3:14	18.5
8	TRĘBICKI IGNACY	1141	OKS SKRA WARSZAWA	WARSZAWA	POL	M 20	4	M 8	00:07:59	00:16:12.40	00:16:14.45	3:14	18.5
9	TOKARSKI PIOTR	1128		KRĘPA	POL	M 20	3	M 9	00:07:58	00:16:12.25	00:16:14.50	3:14	18.5
10	DZIADZISHCHAU ALIAKSEI	224	CLUB ANONYMOUS RUNNERS N.A. CABALO BLANKO	WARSZAWA	POL	M 30	6	M 10	00:08:02	00:16:13.50	00:16:15.55	3:14	18.5
11	WAMKA MATEUSZ	1178	SSP ORKA IŁAWA/CTS	BYDGOSZCZ	POL	M 20	6	M 11	00:08:03	00:16:26.25	00:16:28.35	3:17	18.3
12	GŁADECKI DAWID	1482	UKS OSIR GÓRA KALWARIA	BANIOCHA	POL	M 20	5	M 12	00:08:12	00:16:25.70	00:16:29.95	3:17	18.3
13	ŚMIETANA STANISŁAW	1111		WARSZAWA	POL	M 20	7	M 13	00:08:12	00:16:33.95	00:16:36.75	3:18	18.1
14	WYSOCKI MARCIN	1255	WARSZAWIAKY	MICHAŁOWICE	POL	M 30	7	M 14	00:08:22	00:16:51.50	00:16:53.60	3:22	17.8
15	ŁABĘDZKI KONRAD	622	DUKLANOWSKI TEAM	WARSZAWA	POL	M 30	8	M 15	00:08:13	00:16:53.95	00:16:56.90	3:22	17.8
16	GRABOWIEC ARKADIUSZ	1457	POWER TRAINING	WARSZAWA	POL	M 20	8	M 16	00:08:21	00:16:53.85	00:16:57.15	3:22	17.8
17	STASIOWSKI PIOTR	1028	NOWOSARZYŃSKA GRUPA BIEGOWA	BRZOZA KRÓLEWSKA	POL	M 30	9	M 17	00:08:04	00:16:57.45	00:16:59.00	3:23	17.7
18	KOBYŁECKI MATEUSZ	474	DOKĄD NOCĄ TUPTAJ JEŻ?	SKARŻYSKO-KAMIENNA	POL	M 20	9	M 18	00:08:28	00:16:56.90	00:16:59.45	3:23	17.7
19	ŻYŁA ARKADIUSZ	1306	TEAM KOPEĆ	MICHAŁÓW REGINÓW	POL	M 20	10	M 19	00:08:28	00:16:57.85	00:17:00.20	3:23	17.7
20	OMIELAN WOJCIECH	799		EŁK	POL	M 20	11	M 20	00:08:22	00:17:03.70	00:17:05.20	3:24	17.6
21	KOWALCZYK MATEUSZ	520	MOCNA GRUPA CEZARA	WROCŁAW	POL	M 30	10	M 21	00:08:29	00:17:12.25	00:17:14.50	3:26	17.4
22	TKACZYK MATEUSZ	1124		PULAWY	POL	M 20	12	M 22	00:08:43	00:17:19.60	00:17:24.10	3:27	17.3
23	KLECZEWSKI PIOTR	456	UKS FILIPIDES	WARSZAWA	POL	M 16	1	M 23	00:08:36	00:17:23.20	00:17:25.70	3:28	17.3
24	ZYCH MARIUSZ	1294	BIEGAJ POD OKIEM TRENERA	WARSZAWA	POL	M 40	1	M 24	00:08:28	00:17:26.85	00:17:29.25	3:29	17.2
25	KARWOWSKI DANIEL	432	KB PŁOŃSK	WARSZAWA	POL	M 30	12	M 25	00:08:36	00:17:30.95	00:17:33.45	3:30	17.1
26	JASTRZĘBSKI PAWEŁ	391	YULO RUN TEAM SIEDLCE	SIEDLCE	POL	M 40	2	M 26	00:08:30	00:17:31.70	00:17:33.60	3:30	17.1
27	KOZIELSKI MICHAŁ	539	CTS	CELESTYNÓW	POL	M 30	11	M 27	00:08:48	00:17:28.00	00:17:34.00	3:29	17.2
28	JUSIŃSKI KRYSZTIAN	405	BRACTWO BIEGOWE BGK	WARSZAWA	POL	M 30	14	M 28	00:08:35	00:17:31.60	00:17:35.55	3:30	17.1
29	RYBCZAK PAWEŁ	1589	KUŹNIA TRATHLONU	WARSZAWA	POL	M 30	13	M 29	00:08:51	00:17:31.05	00:17:35.65	3:30	17.1
30	KOWALCZYK PIOTR	522	KAZIKI	WARSZAWA	POL	M 40	3	M 30	00:08:44	00:17:34.40	00:17:38.25	3:30	17.1
31	WITUSOWSKI PIOTR	1218	VEGE RUNNERS	WARSZAWA	POL	M 40	4	M 31	00:08:45	00:17:37.85	00:17:41.15	3:31	17
32	PRIMIK MAREK	890	VEGE RUNNERS	WARSZAWA	POL	M 40	5	M 32	00:08:45	00:17:37.90	00:17:41.55	3:31	17
33	MICHAŁOWSKI MACIEK	715	ITMBW KRAKÓW	BERLIN	GER	M 30	15	M 33	00:08:39	00:17:41.25	00:17:44.50	3:32	17
34	MAŁOLEPSZY RAFAŁ	670	ADAM DRACZYŃSKI RUNNING TEAM	WARSZAWA	POL	M 20	13	M 34	00:08:50	00:17:43.10	00:17:46.10	3:32	16.9
35	MAJCHRZAK JULIAN	660	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 30	16	M 35	00:08:48	00:17:43.60	00:17:46.40	3:32	16.9
36	GŁODOWSKI MICHAŁ	283	ŻORAWSKI TEAM	WARSZAWA	POL	M 30	17	M 36	00:08:51	00:17:50.10	00:17:51.90	3:34	16.8
37	LEWIAK MICHAŁ	612	TRUCHT.COM	ŁÓDŹ	POL	M 30	18	M 37	00:08:38	00:17:51.10	00:17:54.05	3:34	16.8
38	SYGULA ALEKSANDER	1046	KOLARSKI.EU TEAM	WARSZAWA	POL	M 12	1	M 38	00:08:51	00:17:54.05	00:17:56.10	3:34	16.8
39	GRUZA MAREK	319	BIEGANIEPO40.PL	KAZUŃ BIELANY	POL	M 40	6	M 39	00:08:49	00:17:59.45	00:17:59.45	3:35	16.7
40	NIEMIRA MICHAŁ	770	MPK WYBIEGANIE	WARSZAWA	POL	M 30	20	M 40	00:08:58	00:17:56.90	00:18:00.65	3:35	16.7
41	FURMAN TOMASZ	259	KS STASZEWSKY	WARSZAWA	POL	M 50	1	M 41	00:08:48	00:17:56.00	00:18:02.50	3:35	16.7
42	NACZAS ŁUKASZ	756		WARSZAWA	POL	M 30	19	M 42	00:08:55	00:17:56.90	00:18:02.60	3:35	16.7

BIEG URSYNOWA, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
43	KRYŚCIAK JACEK	1465		ŁÓDŹ	POL	M 30	21	M 43	00:08:56	00:17:58.30	00:18:03.90	3:35	16.7
44	ŚLIWA KRZYSZTOF	1109	KS LEMIESZ TEAM WARSZAWA	WARSZAWA	POL	M 30	22	M 44	00:08:57	00:18:02.10	00:18:05.80	3:36	16.6
45	PIOTROWSKI MARIUSZ	862	MKB DREPTAK	MIŃSK MAZOWIECKI	POL	M 40	7	M 45	00:08:59	00:18:04.70	00:18:07.35	3:36	16.6
46	SZYM CZAK BARTŁOMIEJ	1099		WARSZAWA	POL	M 16	2	M 46	00:08:54	00:18:05.10	00:18:09.00	3:37	16.6
47	ŁOJEWSKI MARCIN	635	BIEGOWY WARIAT RUNNING TEAM	WARSZAWA	POL	M 30	23	M 47	00:09:04	00:18:05.70	00:18:09.00	3:37	16.6
48	KORZENIOWSKI DARIUSZ	504	ACCELERATIN POLAND	WARSZAWA	POL	M 40	9	M 48	00:08:51	00:18:06.55	00:18:09.70	3:37	16.6
49	GÓDŹ MICHAŁ	302		WARSZAWA	POL	M 40	8	M 49	00:08:59	00:18:05.70	00:18:10.00	3:37	16.6
50	STOCHMALSKI MARCIN	1034	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 30	24	M 50	00:09:05	00:18:06.00	00:18:11.60	3:37	16.6
51	ŚCISŁOWSKI NORBERT	1106	KS START PUŁASKI WARKA	WARKA	POL	M 40	10	M 51	00:08:59	00:18:08.95	00:18:12.20	3:37	16.5
52	ZASĘPA SEBASTIAN	1274	TEAM ZABIEGANEDNI	JOZEFOSŁAW	POL	M 40	11	M 52	00:08:54	00:18:19.25	00:18:21.65	3:39	16.4
53	CIESIELSKI MARIUSZ	146		GRODZISK MAZOWIECKI	POL	M 30	25	M 53	00:09:03	00:18:21.65	00:18:21.65	3:40	16.3
54	OWCZARZAK RAFAŁ	812	BIEGOWY WARIAT RUNNING TEAM	WARSZAWA	POL	M 40	12	M 54	00:09:07	00:18:20.95	00:18:24.30	3:40	16.4
55	ZYCH PAWEŁ	1338	ALLIANZ RUNNING TEAM	BRWINÓW	POL	M 40	13	M 55	00:08:59	00:18:29.05	00:18:32.50	3:41	16.2
56	GREWIŃSKI TOMASZ	1433	LIPIEC RUNNING TEAM	WARSZAWA	POL	M 50	2	M 56	00:09:13	00:18:27.10	00:18:33.55	3:41	16.3
57	NIEDZIAŁEK MICHAŁ	765	AZS SZKOŁA GŁÓWNA HANDLOWA	WARSZAWA	POL	M 20	14	M 57	00:08:56	00:18:31.60	00:18:36.80	3:42	16.2
58	BURDACH DARIUSZ	114	JAKCTEAM/TEAM PARSZCZYŃSKICH	WARSZAWA	POL	M 40	14	M 58	00:09:09	00:18:32.80	00:18:37.50	3:42	16.2
59	KOBUSZEWSKI ARTUR	471	BIEGOWY WARIAT RUNNING TEAM	WARSZAWA	POL	M 40	15	M 59	00:09:09	00:18:35.90	00:18:38.40	3:43	16.1
60	KRÓL KAMIL	557		PIASECZNO	POL	M 20	15	M 60	00:09:16	00:18:36.10	00:18:43.20	3:43	16.1
61	FAJKOWSKI PIOTR	238	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 30	27	M 61	00:09:12	00:18:40.75	00:18:46.75	3:44	16.1
62	TRONIAZ PAWEŁ	1145	T&T BRO	RASZYN	POL	M 40	16	M 62	00:09:14	00:18:41.20	00:18:46.90	3:44	16.1
63	CLAPIŃSKI BRUNO	153		WARSZAWA	POL	M 16	3	M 63	00:09:22	00:18:40.50	00:18:48.05	3:44	16.1
64	NIEDZIÓŁKA JAKUB	768	TEAM KOPEĆ	GRABIANÓW	POL	M 20	16	M 64	00:09:11	00:18:42.30	00:18:48.10	3:44	16
65	JAGODZIŃSKI KAROL	1339	POWER POGROM	WARSZAWA	POL	M 30	26	M 65	00:09:19	00:18:39.00	00:18:48.40	3:43	16.1
66	ZHENG HAISHAN	1283		TARCZYN	CHN	M 40	17	M 66	00:09:22	00:18:41.35	00:18:51.50	3:44	16.1
67	GÓRSKI PATRYK	299	UKS OSIR GÓRA KALWARIA	BANIOCHA	POL	M 16	4	M 67	00:09:31	00:18:51.85	00:18:51.85	3:46	15.9
68	SZEW CZYK RAFAŁ	1072		OLSZTYN	POL	M 40	18	M 68	00:09:05	00:18:47.10	00:18:51.90	3:45	16
69	SYGUŁA MATEUSZ	1047		MICHAŁOWICE	POL	M 40	20	M 69	00:09:12	00:18:50.75	00:18:52.95	3:46	15.9
70	SKWARCZEK OLEK	994		WARSZAWA	POL	M 30	28	M 70	00:09:22	00:18:47.80	00:18:56.30	3:45	16
71	ZDEB PRZEMEK	1280	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 40	19	M 71	00:09:21	00:18:50.65	00:18:59.00	3:46	15.9
72	GARDZIEL JERZY	266	KONDYCJA PIASECZNO	JULIANÓW	POL	M 40	21	M 72	00:09:12	00:18:54.50	00:19:00.95	3:46	15.9
73	KOWALCZYK MARCIN	521	TRIMASTERS WARSZAWA	WARSZAWA	POL	M 30	30	M 73	00:09:17	00:18:56.85	00:19:04.40	3:47	15.8
74	CHRAPEK JANUSZ	136	ROSSMANN	WARSZAWA	POL	M 40	23	M 74	00:09:21	00:18:57.05	00:19:05.55	3:47	15.8
75	SZAŁADZIŃSKI SEBASTIAN	1432	HARPAGONS	ZĄBKI	POL	M 40	22	M 75	00:09:30	00:18:56.50	00:19:05.60	3:47	15.8
76	BOGUCKI MARCIN	76	TRINERGY	WARSZAWA	POL	M 30	29	M 76	00:09:20	00:18:55.90	00:19:06.10	3:47	15.9
77	PIKUS PRZEMEK	1391	LIPIEC RUNNING TEAM	BABICE NOWE	POL	M 40	24	M 77	00:09:22	00:19:02.35	00:19:08.70	3:48	15.8
78	MIKOŁAJCZYK MACIEJ	719	MOCNO GROCHÓW	WARSZAWA	POL	M 40	25	M 78	00:09:17	00:19:02.90	00:19:10.35	3:48	15.8
79	MARZEC MARCIN	1413	DUKLANOWSKI TEAM	WARSZAWA	POL	M 40	28	M 79	00:09:26	00:19:06.05	00:19:10.45	3:49	15.7
80	DOROCIAK KAMIL	200		WARSZAWA	POL	M 40	26	M 80	00:09:22	00:19:03.20	00:19:12.60	3:48	15.7
81	WOJCIECHOWSKI MICHAŁ	1232		WARSZAWA	POL	M 40	27	M 81	00:09:23	00:19:05.90	00:19:14.05	3:49	15.7
82	STASZEWSKI WOJCIECH	1030	KS STASZEWSKY	WARSZAWA	POL	M 50	3	M 82	00:09:25	00:19:06.85	00:19:14.10	3:49	15.7
83	ŁUCKA DARIUSZ	642		NOWA IWICZNA	POL	M 30	32	M 83	00:09:21	00:19:06.00	00:19:14.25	3:49	15.7
84	ZIORKIEWICZ BŁAŻEJ	1325	RK ATHLETICS	WARSZAWA	POL	M 16	5	M 84	00:09:22	00:19:05.50	00:19:15.20	3:49	15.7
85	RUSZNIK PIOTR	940	LIPIEC RUNNING TEAM	PIASECZNO	POL	M 40	29	M 85	00:09:27	00:19:09.80	00:19:15.20	3:49	15.7
86	PIATKA TOMASZ	845	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 30	31	M 86	00:09:27	00:19:04.35	00:19:15.30	3:48	15.7
87	KOWALCZYK WOJCIECH	518	UKS ORZEŁKI WARSZAWA	WARSZAWA	POL	M 16	6	M 87	00:09:17	00:19:12.10	00:19:17.20	3:50	15.6
88	KRYSTIAN JARGIŁO	1531		DZWOLA	POL	M 20	17	M 88	00:09:23	00:19:10.10	00:19:18.55	3:50	15.7
89	AŚLANOWICZ MARCIN	28	ŻÓRAWSKI TEAM	WARSZAWA	POL	M 40	30	M 89	00:09:23	00:19:09.95	00:19:18.55	3:49	15.7
90	SZELIGOWSKI KAMIL	1543		ANDRZEJEWO	POL	M 30	33	M 90	00:09:24	00:19:10.45	00:19:19.85	3:50	15.7
91	GRZYBOWSKI MARIUSZ	329		KOBYŁKA	POL	M 50	4	M 91	00:09:19	00:19:14.95	00:19:19.95	3:50	15.6
92	URBANIAK ALEKSANDER	1166		WARSZAWA	POL	M 40	31	M 92	00:09:29	00:19:12.45	00:19:23.45	3:50	15.6
93	KNAP CZAREK	468	HOŻA TEAM SKYRUNNERS	SZCZECIN	POL	M 50	5	M 93	00:09:32	00:19:15.80	00:19:23.70	3:51	15.6
94	CIERNIEWSKI MACIEJ	145	ARTUR KOZŁOWSKI TEAM (PLANBIEGANIE.PL)	STACHOWO	POL	M 30	34	M 94	00:09:27	00:19:16.60	00:19:26.90	3:51	15.6
95	WALENCIK MARCIN	1176		RADOM	POL	M 30	35	M 95	00:09:44	00:19:18.30	00:19:27.90	3:51	15.5
96	BUKAŁA MARCIN	111	VEGE RUNNERS	WARSZAWA	POL	M 20	18	M 96	00:09:36	00:19:22.25	00:19:32.85	3:52	15.5
97	ZIELIŃSKI BARTŁOMIEJ	1289		MIŃSK MAZOWIECKI	POL	M 20	19	M 97	00:09:25	00:19:22.30	00:19:31.70	3:52	15.5
98	JANOWSKI JACEK	379		LEGIONOWO	POL	M 40	32	M 98	00:09:16	00:19:22.45	00:19:39.05	3:52	15.5

BIEG URSYNOWA, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
99	MAĆKOWSKI DANIEL	657	ZABIEGANY WOŁOMIN	ZAGOŚCINIEC	POL	M 40	33	M 99	00:09:25	00:19:24.65	00:19:34.65	3:52	15.5
100	JAKUBCZAK WŁODEK	366	7N POLSKA	PRUSZKÓW	POL	M 40	34	M 100	00:09:27	00:19:24.90	00:19:31.10	3:52	15.5
101	DABROWA KAMIL	1330	GRUPA BIEGOWA UM. ST. WARSZAWY	WARSZAWA	POL	M 40	35	M 101	00:09:29	00:19:25.05	00:19:31.20	3:53	15.5
102	KARPIŃSKI RADOSŁAW	429	STARE BABICE BIEGAJĄ	ZIELONKI PARCELA	POL	M 40	36	M 102	00:09:44	00:19:25.40	00:19:37.55	3:53	15.5
103	KACPRZYK ALEX	408	RP RUNNERS	WARSZAWA	POL	M 50	6	M 103		00:19:25.40	00:19:39.30	3:53	15.5
104	STOKOWSKI DARIUSZ	1036		CIECHANÓW	POL	M 30	36	M 104	00:09:31	00:19:26.30	00:19:26.30	3:53	15.4
105	JASZCZYŃSKI ANDRZEJ	1505	INFINITUS ATHLETICS	WARSZAWA	POL	M 30	37	M 105	00:09:46	00:19:27.70	00:19:39.60	3:53	15.4
106	LETKOWSKI DARIUSZ	1522	GAPMONT RUNNING TEAM	WARSZAWA	POL	M 40	37	M 106	00:09:25	00:19:28.05	00:19:31.65	3:53	15.4
107	BISOWSKI MARIUSZ	69		KOBYŁKA	POL	M 40	38	M 107	00:09:23	00:19:28.75	00:19:37.55	3:53	15.4
108	LENDZION MARCIN	603	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 16	7	M 108	00:09:27	00:19:29.35	00:19:36.30	3:53	15.4
109	PODWORSKI KACPER	1474	UKS OSIR GÓRA KALWARIA	GÓRA KALWARIA	POL	M 16	8	M 109	00:09:45	00:19:31.40	00:19:42.65	3:54	15.4
110	SZYMAŃSKI HUBERT	1092		NOWE MIASTO	POL	M 30	38	M 110	00:09:39	00:19:32.20	00:19:55.35	3:54	15.4
111	STEFAŃSKI MICHAŁ	1366	RK ATHLETICS	WARSZAWA	POL	M 12	2	M 111	00:09:24	00:19:33.30	00:19:42.40	3:54	15.3
112	REGULSKI PAWEŁ	919	GÓRA BIEGA	WARKA	POL	M 20	20	M 112	00:09:44	00:19:34.40	00:19:47.35	3:54	15.3
113	KUCHARCZYK PAWEŁ	579	ROZBIEGANE MICHAŁOWICE	OPACZ KOLONIA	POL	M 50	7	M 113	00:09:33	00:19:35.15	00:19:42.10	3:55	15.3
114	SZCZYGIELSKI HUBERT	1067	GÓRA BIEGA	KRĘPA	POL	M 40	39	M 114	00:09:44	00:19:35.75	00:19:47.60	3:55	15.3
115	ŻWIRUK KAROL	1305	SZYBKIE KOPYTO ULTRA	WARSZAWA	POL	M 40	40	M 115	00:09:41	00:19:36.10	00:19:39.55	3:55	15.3
116	PLUSZKA ADAM	870	VEGE RUNNERS	WARSZAWA	POL	M 40	41	M 116	00:09:42	00:19:36.35	00:19:47.05	3:55	15.3
117	MICHALAK MARIUSZ	707	MM TEAM	WARSZAWA	POL	M 50	8	M 117	00:09:41	00:19:36.45	00:19:47.20	3:55	15.3
118	LISZKA KRZYSZTOF	617	KAZIKI	WARSZAWA	POL	M 30	39	M 118	00:09:32	00:19:36.90	00:19:42.60	3:55	15.3
119	MACIĄG PRZEMYSŁAW	653		WARSZAWA	POL	M 40	42	M 119	00:09:43	00:19:39.25	00:19:53.35	3:55	15.3
120	KOZŁOWSKI PATRYK	540	GÓRA BIEGA	GÓRA KALWARIA	POL	M 40	43	M 120	00:09:45	00:19:40.10	00:19:51.35	3:56	15.3
121	CIECIELĄG ADAM	143	KS PEGAZ	PIASECZNO	POL	M 16	9	M 121	00:09:27	00:19:40.25	00:19:49.10	3:56	15.3
122	POTOROKA VITALII	1362	ROZBIEGANY PIASTÓW	PRUSZKÓW	POL	M 20	21	M 122		00:19:45.00	00:19:46.00	3:57	15.2
123	DESKA LESZEK	1442		NOWA IWICZNA	POL	M 40	44	M 123	00:09:30	00:19:45.50	00:19:59.70	3:57	15.2
124	RUPIŃSKI KRZYSZTOF	939		KONSTANCIN-JEZIORNA	POL	M 30	40	M 124	00:09:28	00:19:47.60	00:19:57.00	3:57	15.2
125	BAR WIESŁAW	34		WARSZAWA	POL	M 50	9	M 125	00:09:46	00:19:47.60	00:19:58.55	3:57	15.2
126	KRZYŻANOWSKI JAN	569		WARSZAWA	POL	M 16	10	M 126	00:09:44	00:19:47.90	00:20:01.95	3:57	15.2
127	KANIA PRZEMYSŁAW	417		HORNOWEK	POL	M 50	10	M 127	00:09:45	00:19:48.15	00:20:00.30	3:57	15.2
128	LUTYŃSKI JAKUB	621		WARSZAWA	POL	M 30	41	M 128	00:09:46	00:19:48.25	00:19:58.55	3:57	15.2
129	KONDRAT MIRON	489		ZĄBKI	POL	M 14	1	M 129	00:09:44	00:19:49.65	00:20:02.75	3:57	15.1
130	SŁAWIŃSKI PIOTR	995		WARSZAWA	POL	M 40	45	M 130	00:09:41	00:19:50.70	00:20:17.40	3:58	15.1
131	BRACHACZEK BARTOSZ	91	POWER TRAINING	WARSZAWA	POL	M 30	42	M 131	00:09:50	00:19:53.10	00:20:03.25	3:58	15.1
132	KUZIEMSKI MARCIN	591		WARSZAWA	POL	M 40	46	M 132	00:10:02	00:19:57.50	00:20:20.80	3:59	15
133	SMOLIŃSKI RAFAŁ	1003	GUMISIE	WARSZAWA	POL	M 40	47	M 133	00:09:28	00:19:57.55	00:20:04.95	3:59	15
134	PAZDAN MATEUSZ	839		WARSZAWA	POL	M 40	48	M 134	00:09:46	00:19:57.90	00:20:04.90	3:59	15
135	BOCIAN MICHAŁ	1353	TEAM ZABIEGANEDNI	WIĄZOWNA	POL	M 40	49	M 135	00:09:53	00:19:59.10	00:20:17.75	3:59	15
136	BIELECKI JAKUB	61	SPOCENI W LODUFCE	WARSZAWA	POL	M 30	43	M 136	00:10:02	00:20:00.00	00:20:22.15	4:00	15
137	UMIASTOWSKI BARTOSZ	1165		NOWY DWÓR MAZOWIECKI	POL	M 20	22	M 137	00:09:47	00:20:00.25	00:20:14.45	4:00	15
138	TELEON PIOTR	1122	PIOTR TELEON	WARSZAWA	POL	M 40	50	M 138	00:09:37	00:20:00.30	00:20:12.30	4:00	15
139	SYNOWCZYK MACIEJ	1049		WARSZAWA	POL	M 30	44	M 139	00:09:41	00:20:01.15	00:20:17.30	4:00	15
140	PRZEWOZNIK JAN	898		WARSZAWA	POL	M 40	51	M 140	00:09:50	00:20:01.65	00:20:22.25	4:00	15
141	KOŁODZIEJSKI MICHAŁ	481	LIPIEC RUNNING TEAM	WARSZAWA	POL	M 40	52	M 141	00:09:51	00:20:02.95	00:20:09.70	4:00	15
142	ZAJĄC MARCIN	1542		WARSZAWA	POL	M 20	23	M 142	00:09:46	00:20:03.20	00:20:20.60	4:00	15
143	GRUBA REMIGIUSZ	315		JULIANÓW	POL	M 40	53	M 143	00:09:58	00:20:04.95	00:20:04.95	4:00	15
144	WODZIŃSKI MICHAŁ	1228		WARSZAWA	POL	M 30	45	M 144	00:10:02	00:20:06.85	00:20:23.90	4:01	14.9
145	DOBROWOLSKI SŁAWEK	194	NAPRZÓD MŁOCINY/NBRC	WARSZAWA	POL	M 50	11	M 145	00:09:58	00:20:08.15	00:20:23.25	4:01	14.9
146	SMOLIŃSKI MICHAŁ	1002		WARSZAWA	POL	M 40	54	M 146	00:09:43	00:20:09.40	00:20:24.10	4:01	14.9
147	CHOIŃSKI PAWEŁ	132	SMASHING PAPKINS	WARSZAWA	POL	M 30	46	M 147	00:09:58	00:20:09.65	00:20:22.55	4:01	14.9
148	KALINOWSKI BARTOSZ	1546	KONDYCJA	NOWA IWICZNA	POL	M 16	11	M 148	00:09:26	00:20:13.75	00:20:23.45	4:02	14.8
149	PRZYBYSZ ANDRZEJ	900		WARSZAWA	POL	M 40	55	M 149	00:09:47	00:20:14.00	00:20:29.65	4:02	14.8
150	MARZEC ZBIGNIEW	683	BIEGAJACY KUCHARZ	PIASECZNO	POL	M 30	47	M 150	00:09:43	00:20:14.20	00:20:17.00	4:02	14.8
151	ŚLIMKO DANIEL	1108	OLEJ RUNNING TEAM	WARSZAWA	POL	M 30	48	M 151	00:10:11	00:20:14.30	00:20:31.95	4:02	14.8
152	JAROSIŃSKI ŁUKASZ	387	TAŃCZĄCE MUCHOMORKI	HALINÓW	POL	M 40	56	M 152	00:09:59	00:20:14.45	00:20:36.40	4:02	14.8
153	GANCZEWSKI PAWEŁ	265		GRANICA	POL	M 50	12	M 153	00:10:09	00:20:15.85	00:20:31.75	4:03	14.8
154	GARTKIEWICZ ADAM	267	DUKLANOWSKI TEAM	WARSZAWA	POL	M 50	13	M 154	00:09:46	00:20:15.90	00:20:24.65	4:03	14.8
155	OLSZAK ZENON	797	KB OŻARÓW MAZOWIECKI BIEGA	WARSZAWA	POL	M 50	14	M 155	00:09:45	00:20:16.00	00:20:29.70	4:03	14.8

BIEG URSYNOWA, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
156	DĘBECKI MICHAŁ	187	KONDYCJA	KRĘPA	POL	M 50	15	M 156	00:10:07	00:20:19.45	00:20:35.05	4:03	14.8
157	KILJANCZYK DOMINIK	451		GRZĘDY	POL	M 20	24	M 157	00:09:59	00:20:20.25	00:20:34.55	4:04	14.8
158	SITKIEWICZ JACEK	978		WARSZAWA	POL	M 40	57	M 158	00:09:59	00:20:20.25	00:20:47.40	4:04	14.8
159	WOLSKI KRZYSZTOF	1239	WWW.LAMPYNAOWADY.EU	WARSZAWA	POL	M 40	58	M 159	00:09:44	00:20:21.25	00:20:35.85	4:04	14.7
160	KRUPKA MARCIN	560	STAJNIAK TEAM	KOŁBIEL	POL	M 30	49	M 160	00:09:54	00:20:23.20	00:20:33.50	4:04	14.7
161	KONDRAT OSKAR	488		ZĄBKİ	POL	M 14	2	M 161	00:09:45	00:20:23.65	00:20:36.45	4:04	14.7
162	DROZD MACIEJ	205		WARSZAWA	POL	M 40	59	M 162	00:09:53	00:20:24.10	00:20:37.80	4:04	14.7
163	SZYMCAK KAMIL	1101		WARSZAWA	POL	M 20	25	M 163	00:09:48	00:20:25.05	00:20:37.85	4:05	14.7
164	PILIPCZUK JAKUB	857		ZAMOŚĆ	POL	M 20	26	M 164	00:09:58	00:20:25.30	00:20:36.40	4:05	14.7
165	ZIELIŃSKI ŁUKASZ	1287	GÓRA BIEGA	GÓRA KALWARIA	POL	M 20	27	M 165	00:09:48	00:20:25.55	00:20:38.20	4:05	14.7
166	PAPROWICZ WOJCIECH	840		WARSZAWA	POL	M 40	60	M 166	00:09:51	00:20:25.55	00:20:33.60	4:05	14.7
167	ŁĘCKI TOMASZ	631	BW RUNNING TEAM	WARSZAW	POL	M 40	61	M 167	00:09:49	00:20:26.30	00:20:34.75	4:05	14.7
168	PIENIAŻEK KAMIL	850		WARSZAWA	POL	M 30	50	M 168	00:09:45	00:20:26.80	00:20:39.60	4:05	14.7
169	FILIPOWICZ WOJCIECH	1365		WARSZAWA	POL	M 40	62	M 169	00:09:58	00:20:29.40	00:20:44.30	4:05	14.6
170	SOBOLEWSKI PIOTR	1010		MIŃSK MAZOWIECKI	POL	M 30	51	M 170	00:09:55	00:20:29.90	00:20:43.25	4:05	14.6
171	PAGACZ BARTOSZ	816		WARSZAWA	POL	M 40	63	M 171	00:10:17	00:20:31.00	00:20:44.70	4:06	14.6
172	JAKUBIK FILIP	370		LESZNO	POL	M 20	28	M 172	00:10:45	00:20:31.80	00:21:25.55	4:06	14.6
173	SNARSKI PIOTR	1005	ADIDAS RUNNERS WARSZAW	WARSZAWA	POL	M 30	52	M 173	00:09:45	00:20:33.05	00:20:42.50	4:06	14.6
174	RUDNIK MARCIN	1502		WARSZAWA	POL	M 40	64	M 174	00:10:03	00:20:33.30	00:20:40.90	4:06	14.6
175	PIOTROWSKI TOMASZ	863		KONSTANCIN-JEZIORNA	POL	M 50	16	M 175	00:09:53	00:20:34.65	00:20:44.75	4:06	14.6
176	PIOTROWSKI STANISŁAW	864	AZS AWF WARSZAWA	KONSTANCIN-JEZIORNA	POL	M 12	3	M 176	00:09:53	00:20:34.65	00:20:44.65	4:06	14.6
177	WIATROWSKI BŁAŻEJ	1191		WARSZAWA	POL	M 40	65	M 177	00:09:58	00:20:35.70	00:20:52.00	4:07	14.6
178	TORZEWSKI JANUSZ	1140		WARSZAWA	POL	M 40	66	M 178	00:09:55	00:20:36.45	00:20:49.20	4:07	14.6
179	ŻURAWSKI MARCIN	1301	ADIDAS RUNNERS WARSZAW/DRUŻYNABLONDYNA	WARSZAWA	POL	M 40	67	M 179	00:10:10	00:20:39.00	00:20:58.50	4:07	14.5
180	DEMBIŃSKI MACIEJ	183	KNP	WARSZAWA	POL	M 30	53	M 180	00:10:01	00:20:39.25	00:21:02.10	4:07	14.5
181	KOWALSKI MATEUSZ	531		KONSTANCIN-JEZIORNA	POL	M 40	68	M 181	00:10:16	00:20:41.40	00:21:03.15	4:08	14.5
182	MARCZAK KAMIL	678	PAWKO RUNNER TEAM	WARKA	POL	M 30	54	M 182	00:10:18	00:20:47.85	00:20:47.85	4:09	14.4
183	ZYGOŃ KRZYSZTOF	1295		WARSZAWA	POL	M 30	55	M 183	00:10:29	00:20:49.05	00:21:24.55	4:09	14.4
184	RYBAK ADAM	946	KONDYCJA PIASECZNO	USTANOW	POL	M 40	69	M 184	00:10:15	00:20:49.75	00:21:05.25	4:09	14.4
185	KRZEPKOWSKI RADOSŁAW	567	ADIDAS RUNNERS WARSZAW	WARSZAWA	POL	M 40	70	M 185	00:10:07	00:20:50.15	00:21:07.00	4:10	14.4
186	WIERZCHOŁOWSKI MARCIN	1197		WARSZAWA	POL	M 40	71	M 186	00:10:18	00:20:50.55	00:21:15.05	4:10	14.4
187	FRĄCZYK PIOTR	254	PWPW RUNNING TEAM	NOWA IWICZNA	POL	M 40	72	M 187	00:10:04	00:20:53.15	00:21:16.00	4:10	14.4
188	KULIŃSKI SZYMON	1467	KLUB BIEGOWY DOKOTRA PAI-HI-VO	WARSZAWA	POL	M 40	73	M 188	00:10:10	00:20:53.75	00:21:12.95	4:10	14.4
189	ADAMCZYK PRZEMYSŁAW	13	ADIDAS RUNNERS WARSZAW / RYKOWISKO TEAM	WARSZAWA	POL	M 40	74	M 189	00:10:35	00:20:53.85	00:21:22.60	4:10	14.4
190	KORNIENKO SERHII	499		WARSZAWA	POL	M 40	75	M 190	00:09:59	00:20:57.10	00:21:13.40	4:11	14.3
191	RYŻKOWSKI MARIUSZ	951	YULO RUN TEAM SIEDLCE	SIEDLCE	POL	M 40	76	M 191	00:10:08	00:20:57.55	00:21:12.95	4:11	14.3
192	POPLAWSKI MICHAŁ	885	KUŹNIA TRIATHLONU	WARSZAWA	POL	M 40	77	M 192	00:10:09	00:20:57.80	00:21:17.90	4:11	14.3
193	GÓRSKI MACIEJ	300		WARSZAWA	POL	M 40	78	M 193	00:10:21	00:20:58.55	00:21:21.30	4:11	14.3
194	FIGURSKI ADAM	246		WARSZAWA	POL	M 30	56	M 194	00:10:34	00:21:00.10	00:22:24.15	4:12	14.3
195	STANISZEWSKI RAFAŁ	1024	TURBODZIKI	WARSZAWA	POL	M 40	79	M 195	00:10:12	00:21:00.15	00:21:12.65	4:12	14.3
196	BZURA JACEK	116	ENDUHUB RUNNING TEAM	WARSZAWA	POL	M 40	80	M 196	00:10:21	00:21:02.20	00:21:23.85	4:12	14.3
197	DALGIEWICZ DARIUSZ	174		ŁOMIAŃKI	POL	M 60	1	M 197	00:10:16	00:21:04.65	00:21:20.95	4:12	14.2
198	KOBYLIŃSKI KRZYSZTOF	1521		NOWA IWICZNA	POL	M 20	29	M 198	00:09:54	00:21:05.15	00:21:25.70	4:13	14.2
199	KWAŚNIEWSKI KRZYSZTOF	593	TRENER FOREST	WARSZAWA	POL	M 50	17	M 199	00:10:36	00:21:06.15	00:21:24.25	4:13	14.2
200	WITKOWSKI-SKELTON PIOTR	1217	VEGE RUNNERS	WARSZAWA	POL	M 30	57	M 200	00:10:19	00:21:08.00	00:21:19.25	4:13	14.2
201	PACHNIK KAROL	815		SIEDLCE	POL	M 30	58	M 201	00:10:30	00:21:08.75	00:21:41.40	4:13	14.2
202	MIODUSZEWSKI MARCIN	727	UM / ARW	WARSZAWA	POL	M 40	81	M 202	00:10:39	00:21:09.85	00:22:07.30	4:13	14.2
203	KNAPIK MICHAŁ	470	NEW BALANCE RUN CLUB	WARSZAWA	POL	M 30	59	M 203	00:10:23	00:21:10.10	00:21:26.95	4:14	14.2
204	KRÓL PAWEŁ	1436	DENTALKING.EU	WARSZAWA	POL	M 30	60	M 204	00:10:21	00:21:11.95	00:21:30.10	4:14	14.2
205	BOCZARSKI PAWEŁ	74		WARSZAWA	POL	M 30	61	M 205	00:10:11	00:21:12.55	00:21:38.15	4:14	14.2
206	SKOWRONEK MARCIN	1327		WARSZAWA	POL	M 40	82	M 206	00:10:40	00:21:12.80	00:21:46.80	4:14	14.2
207	BABIARZ ANDRZEJ	29		ZIELONKA	POL	M 40	83	M 207	00:10:38	00:21:13.00	00:21:48.10	4:14	14.1
208	CICHOCKI MARIUSZ	141	WARSZAW RUN CLUB	WARSZAWA	POL	M 30	62	M 208	00:10:30	00:21:14.55	00:21:36.50	4:14	14.1
209	KISIEL ARTUR	455		PIASECZNO	POL	M 40	84	M 209	00:10:30	00:21:14.75	00:21:48.35	4:14	14.1
210	KOWALSKI JAROSŁAW	530	AR	PAPROTŃNIA	POL	M 40	85	M 210	00:10:29	00:21:16.20	00:21:34.60	4:15	14.1

BIEG URSYNOWA, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
211	WŁODARSKI MATEUSZ	1225		WARSZAWA	POL	M 20	30	M 211	00:10:30	00:21:17.45	00:21:40.30	4:15	14.1
212	WIECZOREK MICHAŁ	1193		WARSZAWA	POL	M 50	18	M 212	00:10:33	00:21:18.80	00:21:44.50	4:15	14.1
213	KANIEWSKI JAROSŁAW	418	SUSHI FLOW	WARSZAWA	POL	M 30	63	M 213	00:10:12	00:21:19.05	00:21:45.10	4:15	14.1
214	WIETESKA ŁUKASZ	1198	NBRC	WARSZAWA	POL	M 30	64	M 214	00:10:29	00:21:20.20	00:21:52.60	4:16	14.1
215	IWANIUK TOMASZ	359	ŻYWCEM ZABIEGANI	WARSZAWA	POL	M 30	65	M 215	00:10:21	00:21:20.85	00:21:32.10	4:16	14.1
216	TROJSKI JACEK	1142	BIKE SALON TEAM	WARSZAWA	POL	M 40	86	M 216	00:10:40	00:21:21.35	00:21:47.70	4:16	14.1
217	ZARODKIEWICZ DAWID	1570		WARSZAWA	POL	M 30	66	M 217	00:10:29	00:21:21.60	00:21:38.85	4:16	14.1
218	KLIBISZ SŁAWOMIR	458		WARSZAWA	POL	M 50	19	M 218	00:10:28	00:21:22.15	00:21:42.05	4:16	14
219	PIERZAK OLAF	852		WARSZAWA	POL	M 40	87	M 220	00:10:30	00:21:23.70	00:21:40.20	4:16	14
220	LEWIŃSKI BARTŁOMIEJ	613	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 40	88	M 221	00:10:23	00:21:25.00	00:21:44.50	4:17	14
221	BARTNIAK KAMIL	42		STARA WIEŚ	POL	M 40	89	M 222	00:10:35	00:21:26.90	00:21:56.20	4:17	14
222	GRABOWSKI MARCIN	307		WARSZAWA	POL	M 40	90	M 223	00:10:30	00:21:27.80	00:21:51.05	4:17	14
223	TURLEJ DARIUSZ	1512	BEZ KONDYCJI	WARSZAWA	POL	M 60	2	M 224	00:10:40	00:21:31.80	00:21:53.00	4:18	13.9
224	KOSIŃSKI RAFAŁ	508	BIEGNIJ Z PROSERVICE	OŻARÓW MAZOWIECKI	POL	M 30	67	M 225	00:10:36	00:21:32.20	00:22:01.85	4:18	13.9
225	DRAGAN RADOSŁAW	203		WARSZAWA	POL	M 40	91	M 226	00:10:25	00:21:32.60	00:21:45.10	4:18	13.9
226	ŻEBROWSKI DARIUSZ	1297		WARSZAWA	POL	M 40	92	M 227	00:10:39	00:21:32.75	00:21:55.95	4:18	13.9
227	LULA MARIUSZ	1445	LONGBRIDGE TEAM	WARSZAWA	POL	M 40	93	M 228	00:10:37	00:21:33.20	00:22:03.40	4:18	13.9
228	CATOIRE TANGUY	120		WARSZAWA	POL	M 30	68	M 229	00:10:18	00:21:33.25	00:21:46.45	4:18	13.9
229	KROL MICHAŁ	552	LIPIEC RUNNING TEAM	WARSZAWA	POL	M 40	94	M 230	00:10:41	00:21:33.30	00:21:54.00	4:18	13.9
230	JANOWIAK WOJCIECH	377		WARSZAWA	POL	M 40	95	M 231	00:10:43	00:21:33.35	00:21:51.00	4:18	13.9
231	TRONIAZ MARCIN	1146		RASZYN	POL	M 40	96	M 232	00:10:47	00:21:35.90	00:21:54.30	4:19	13.9
232	ZUKOWSKI PIOTR	1552		WARSZAWA	POL	M 30	69	M 233	00:10:26	00:21:37.00	00:21:52.50	4:19	13.9
233	CHĘC TOMASZ	126		WARSZAWA	POL	M 30	70	M 234	00:10:43	00:21:37.10	00:22:02.40	4:19	13.9
234	WOŹNICKI PAWEŁ	1243	NBRC WARSZAWA	WARSZAWA	POL	M 20	31	M 235	00:10:36	00:21:38.05	00:22:08.70	4:19	13.9
235	BAL ŁUKASZ	1536		WARSZAWA	POL	M 30	71	M 236	00:10:36	00:21:38.65	00:22:09.45	4:19	13.9
236	NIEKE BARTŁOMIEJ	1456	URSYNY	WARSZAWA	POL	M 20	32	M 237	00:10:43	00:21:38.85	00:22:02.60	4:19	13.9
237	KURZELA MATEUSZ	590		BŁONIE	POL	M 20	33	M 238	00:10:37	00:21:39.00	00:22:14.90	4:19	13.9
238	GRUSZCZYŃSKI WOJCIECH	316		WARSZAWA	POL	M 30	72	M 239	00:10:36	00:21:40.75	00:22:10.35	4:20	13.8
239	RAPCZYŃSKI WITOLD	1598	SKARYSZÓWSKIE CIACHA	WARSZAWA	POL	M 50	20	M 240	00:10:51	00:21:41.05	00:22:13.10	4:20	13.8
240	GWIAZDA MARCIN	334		WARSZAWA	POL	M 20	34	M 241	00:10:45	00:21:41.45	00:22:00.55	4:20	13.8
241	SZORTYKA MARCIN	1428		WARSZAWA	POL	M 40	97	M 242	00:10:44	00:21:43.35	00:22:12.75	4:20	13.8
242	MCGIVERN COLM	702	WITC	WARSZAWA	IRL	M 50	21	M 243	00:10:52	00:21:44.15	00:22:06.75	4:20	13.8
243	KOŚLA PAWEŁ	514	RUN DE GIRARD	ŻYRARDÓW	POL	M 30	73	M 244	00:10:41	00:21:44.30	00:22:13.70	4:20	13.8
244	OPALSKI SZYMON	1397		WARSZAWA	POL	M 16	12	M 245	00:10:27	00:21:46.65	00:21:54.20	4:21	13.8
245	GOŁĘBIEWSKI ŁUKASZ	291		WARSZAWA	POL	M 40	98	M 246	00:10:43	00:21:46.90	00:22:08.30	4:21	13.8
246	JAMBOR MACIEJ	371		WARSZAWA	POL	M 30	74	M 247	00:10:41	00:21:47.05	00:22:18.25	4:21	13.8
247	ŚCISŁOWICZ KRZYSZTOF	1105		WARSZAWA	POL	M 40	99	M 248	00:10:40	00:21:47.70	00:22:15.30	4:21	13.8
248	KUBIAK SEBASTIAN	575	CKR KONSTANCIN	WARSZAWA	POL	M 30	75	M 249	00:10:43	00:21:49.25	00:22:35.35	4:21	13.8
249	DOMAGAŁA JAROSŁAW	198	AKTYWNA WARSZAWA	WARSZAWA	POL	M 50	22	M 250	00:10:36	00:21:50.65	00:22:24.90	4:22	13.7
250	KAMIŃSKI ŁUKASZ	415	PZU SPORT TEAM	ZĄBKI	POL	M 30	76	M 251	00:10:44	00:21:52.00	00:22:13.40	4:22	13.7
251	FALBA ZBIGNIEW	239	BIEGNIJ Z PROSERVICE	WARSZAWA	POL	M 50	23	M 252	00:10:37	00:21:52.10	00:22:20.95	4:22	13.7
252	WOJTKOWSKI MACIEJ	1496	INFINITUS ATHLETICS	STARE BABICE	POL	M 30	77	M 253	00:10:37	00:21:52.15	00:22:05.80	4:22	13.7
253	DUCH MATEUSZ	211	GÓRA BIEGA	GÓRA KALWARIA	POL	M 30	78	M 254	00:10:42	00:21:52.35	00:22:24.70	4:22	13.7
254	BUCZEK ROBERT	104	3RUNPL	WARSZAWA	POL	M 50	24	M 255	00:10:39	00:21:55.00	00:22:23.20	4:23	13.7
255	WIŚNIEWSKI MACIEK	1212		WARSZAWA	POL	M 40	100	M 256	00:10:48	00:21:55.40	00:22:37.40	4:23	13.7
256	WASILEWSKI MARIUSZ	1182	GÓRA BIEGA	GÓRA KALWARIA	POL	M 40	101	M 257	00:10:43	00:21:56.00	00:22:27.40	4:23	13.7
257	GORALSKI ROMAN	292	STARE BABICE BIEGAJA	STARE BABICE	POL	M 50	25	M 258	00:11:00	00:21:56.10	00:22:29.05	4:23	13.7
258	KUKŁA MARCIN	585	RYSIK RUNNERS	WARSZAWA	POL	M 50	26	M 259	00:10:58	00:21:56.30	00:22:28.95	4:23	13.7
259	MYŚLIŃSKI MATEUSZ	752		WARSZAWA	POL	M 16	13	M 260	00:10:28	00:21:57.05	00:22:15.35	4:23	13.7
260	BIENIAK KRZYSZTOF	62	KRAV MAGA WARSZAWA	WARSZAWA	POL	M 50	27	M 261	00:10:38	00:21:57.40	00:22:25.05	4:23	13.7
261	WNUK TOMASZ	1227	NAPRZÓD MŁOCINY	WARSZAWA	POL	M 40	102	M 262	00:10:38	00:21:57.95	00:22:26.00	4:23	13.7
262	IL ADAM	356		WARSZAWA	POL	M 20	35	M 263		00:22:00.95	00:22:00.95	4:24	13.6
263	ZALEWSKI RAFAŁ	1267		WARSZAWA	POL	M 40	103	M 264	00:10:54	00:22:02.30	00:22:51.65	4:24	13.6
264	WITKOWSKI DANIEL	1216		WARSZAWA	POL	M 40	104	M 265	00:10:44	00:22:02.80	00:22:25.05	4:24	13.6
265	ROMAŃSKI JAN	1501	WCH OBIEGUWKA	WARSZAWA	POL	M 40	105	M 266	00:10:44	00:22:04.70	00:22:35.90	4:24	13.6
266	CLARE SIMON	151		WARSZAWA	POL	M 50	28	M 267	00:10:51	00:22:05.90	00:22:18.10	4:25	13.6
267	TROJAN SEBASTIAN	1144		WARSZAWA	POL	M 40	106	M 268	00:10:38	00:22:06.25	00:22:40.60	4:25	13.6

BIEG URSYNOWA, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
268	GÓRSKI MARCIN	298		PIASTÓW	POL	M 40	107	M 269	00:10:35	00:22:10.45	00:22:41.40	4:26	13.5
269	SAPIGÓRSKI RAFAŁ	961		WARSZAWA	POL	M 40	108	M 270	00:11:15	00:22:10.55	00:23:01.25	4:26	13.5
270	MOTRENKO PIOTR	740		WARSZAWA	POL	M 30	79	M 271	00:10:48	00:22:11.55	00:22:40.20	4:26	13.5
271	MIODUSZEWSKI ADRIAN	1547		WARSZAWA	POL	M 30	80	M 272	00:11:11	00:22:11.70	00:23:01.30	4:26	13.5
272	MARTSENIUK VOLODYMYR	682		WARSZAWA	POL	M 20	36	M 273	00:10:54	00:22:14.20	00:23:09.25	4:26	13.5
273	SKRZYPEK MICHAŁ	992		WARSZAWA	POL	M 30	81	M 274	00:10:48	00:22:16.45	00:23:02.35	4:27	13.5
274	DUSZYŃSKI BARTOSZ	218		WARSZAWA	POL	M 30	82	M 275	00:10:43	00:22:17.00	00:22:48.10	4:27	13.5
275	NAPURKA ARTUR	759	KLUB BIEGACZA RTV EURO AGD	WARSZAWA	POL	M 40	109	M 276	00:11:25	00:22:19.55	00:23:07.95	4:27	13.4
276	HUCAŁ GRZEGORZ	351	RCI WARSZAWA	WARSZAWA	POL	M 30	83	M 277	00:11:01	00:22:20.75	00:22:51.25	4:28	13.4
277	KOZAK MIKOŁAJ	534		WARSZAWA	POL	M 30	84	M 278	00:10:46	00:22:21.65	00:22:50.30	4:28	13.4
278	PLUTA IRENEUSZ	1382		WARSZAWA	POL	M 60	3	M 279	00:10:56	00:22:21.75	00:22:53.05	4:28	13.4
279	KARCZEWSKI PRZEMYSŁAW	423	SPARTANIE DZIECIOM	WARSZAWA	POL	M 40	110	M 280	00:10:47	00:22:22.40	00:22:40.05	4:28	13.4
280	CHODNIEWICZ MICHAŁ	131		WARSZAWA	POL	M 40	111	M 281	00:10:42	00:22:23.40	00:22:53.10	4:28	13.4
281	KUCIŃSKI HUBERT	582	ONSŁOW - SEKCJA DZIADKÓW	WARSZAWA	POL	M 40	112	M 282	00:10:47	00:22:23.50	00:22:40.90	4:28	13.4
282	MAŁKOWSKI MARCIN	669	OBI	WARSZAWA	POL	M 40	113	M 283	00:11:16	00:22:24.65	00:22:56.45	4:28	13.4
283	ŚLIWCZYŃSKI JAROSŁAW	1110	RAZEM Z ANIĄ PO ŻYCIÓWKĘ!	OLSZTYN	POL	M 30	85	M 284	00:11:06	00:22:24.85	00:22:57.80	4:28	13.4
284	WIATROWSKI HUBERT	1192	KS WILANÓW	WARSZAWA	POL	M 16	14	M 285	00:11:07	00:22:26.40	00:22:43.50	4:29	13.4
285	TUTAJ MARCIN	1497		WARSZAWA	POL	M 30	86	M 286	00:10:50	00:22:28.15	00:22:56.10	4:29	13.4
286	RODAK ANTONI	924		GÓRA KALWARIA	POL	M 12	4	M 287	00:10:54	00:22:29.30	00:23:54.90	4:29	13.3
287	MICHAŁAK MIŁOSZ	711	MM TEAM	WARSZAWA	POL	M 20	37	M 288	00:10:54	00:22:29.80	00:23:06.20	4:29	13.3
288	CIEĆWIERZ MICHAŁ	144		WARSZAWA	POL	M 30	87	M 289	00:10:50	00:22:30.90	00:23:01.40	4:30	13.3
289	GRZYWACZ MARCIN	330		WARSZAWA	POL	M 40	114	M 290	00:11:03	00:22:32.00	00:23:41.05	4:30	13.3
290	HEĆMAN MARCIN	341		OŻARÓW MAZOWIECKI	POL	M 40	115	M 291	00:10:58	00:22:32.65	00:23:01.00	4:30	13.3
291	MARSZAŁEK MARCIN	681		WARSZAWA	POL	M 30	88	M 292	00:11:18	00:22:34.55	00:23:13.40	4:30	13.3
292	BŁAŻEJCZYK MAKSYMILIAN	71		WARSZAWA	POL	M 40	116	M 293	00:11:09	00:22:37.05	00:24:05.10	4:31	13.3
293	CODDINGTON MAREK	154	GS HUSKY	WARSZAWA	POL	M 16	15	M 294	00:11:13	00:22:38.35	00:23:52.30	4:31	13.3
294	KOPCZYK MARCIN	493	NEW BALANCE RUN CLUB WARSZAWA	WARSZAWA	POL	M 40	117	M 295	00:10:59	00:22:38.45	00:23:12.05	4:31	13.3
295	WASILEWSKI ANTONI	1183	UKS OSIR GÓRA KALWARIA	GÓRA KALWARIA	POL	M 14	3	M 296	00:11:17	00:22:38.55	00:23:29.85	4:31	13.3
296	GRĘDA DOMINIK	1449	NEW BALANCE RUN CLUB	WARSZAWA	POL	M 20	38	M 297	00:10:27	00:22:40.40	00:23:18.55	4:32	13.2
297	KOZERSKI ŁUKASZ	537		WARSZAWA	POL	M 40	118	M 298	00:10:27	00:22:41.10	00:22:59.75	4:32	13.2
298	GAJEWSKI TOMASZ	262		NOWA WOLA	POL	M 30	89	M 299	00:11:33	00:22:41.15	00:23:42.25	4:32	13.2
299	TOLAK PIOTR	1129	TEAM TOLAK	WARSZAWA	POL	M 30	90	M 300	00:10:55	00:22:41.20	00:23:11.10	4:32	13.2
300	MELER KRZYSZTOF	704		WARSZAWA	POL	M 40	119	M 301	00:10:53	00:22:42.65	00:23:04.05	4:32	13.2
301	PAWŁOWSKI PIOTR	838	BBL WYDMINY	WARSZAWA	POL	M 50	29	M 302	00:11:06	00:22:43.25	00:23:17.40	4:32	13.2
302	SAJKOWSKI ANDRZEJ	956	METRO WARSZAWA	WARSZAWA	POL	M 70	1	M 303	00:10:58	00:22:43.35	00:22:47.00	4:32	13.2
303	ŁANDWIJT MARCIN	1504		KONSTANTYNÓW ŁÓDZKI	POL	M 40	120	M 304	00:11:26	00:22:43.80	00:23:04.65	4:32	13.2
304	CISOŃ DOMINIK	150		JÓZEFOSŁAW	POL	M 40	121	M 305	00:11:10	00:22:44.95	00:23:18.40	4:32	13.2
305	OSOWSKI ANDRZEJ	807		WARSZAWA	POL	M 40	122	M 306	00:10:51	00:22:45.20	00:23:13.65	4:33	13.2
306	BARAŃSKI PIOTR	37		JÓZEFOSŁAW	POL	M 40	123	M 307	00:11:12	00:22:46.90	00:23:22.30	4:33	13.2
307	SUJAK MICHAŁ	1040		WARSZAWA	POL	M 30	91	M 308	00:11:01	00:22:49.50	00:23:23.75	4:33	13.1
308	MIKULSKI DAMIAN	721	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 40	124	M 309	00:11:12	00:22:49.50	00:23:19.70	4:33	13.1
309	ŁAZICKI ALEKSANDER	629		JÓZEFOSŁAW	POL	M 16	16	M 310	00:11:18	00:22:50.45	00:23:50.75	4:34	13.1
310	MIKINA ARTUR	718	PWPW SA	WARSZAWA	POL	M 60	4	M 311	00:11:16	00:22:52.55	00:23:05.95	4:34	13.1
311	SMOLIŃSKI MATEUSZ	1001		WARSZAWA	POL	M 30	92	M 312	00:10:08	00:22:52.80	00:23:07.80	4:34	13.1
312	BIENKOWSKI JAROSŁAW	1331		ŁOMIAŃKI	POL	M 20	39	M 313	00:11:25	00:22:53.65	00:23:35.90	4:34	13.1
313	MOSKWA MICHAŁ	1560		WARSZAWA	POL	M 20	40	M 314	00:11:10	00:22:54.30	00:23:29.40	4:34	13.1
314	KRYCZEK PIOTR	562		WARSZAWA	POL	M 50	30	M 315	00:11:15	00:22:56.00	00:23:36.10	4:35	13.1
315	KALINOWSKI BARTŁOMIEJ	411		PIASECZNO	POL	M 30	93	M 316	00:11:47	00:22:57.40	00:23:45.95	4:35	13.1
316	KĘDRA MATEUSZ	441		WARSZAWA	POL	M 30	94	M 317	00:11:33	00:22:58.80	00:23:47.40	4:35	13.1
317	PONIAŁOWSKI KRZYSZTOF	882		WARSZAWA	POL	M 40	125	M 318	00:11:15	00:22:58.85	00:23:33.05	4:35	13.1
318	CHMIEŁ FILIP	1587	STREFA PODIUM	WARSZAWA	POL	M 20	41	M 319	00:10:37	00:22:58.90	00:23:08.60	4:35	13.1
319	ŚWIERŻYŃSKI MICHAŁ	1116		WARSZAWA	POL	M 30	95	M 320	00:10:44	00:22:59.65	00:23:31.40	4:35	13.1
320	TOBIASZ KAROL	1425		WARSZAWA	POL	M 20	42	M 321	00:11:23	00:23:00.90	00:23:41.35	4:36	13
321	ROLLA ADRIAN	927		URZEDÓW	POL	M 20	43	M 322	00:11:07	00:23:00.95	00:24:25.60	4:36	13
322	PAŃCZYK WOJTEK	823	THE PAŃCZYK	WARSZAWA	POL	M 40	126	M 323	00:11:29	00:23:01.90	00:23:52.40	4:36	13
323	SOBIECKI DOMINIK	932	VEGELOVE	WARSZAWA	POL	M 60	5	M 324	00:11:40	00:23:02.70	00:23:55.25	4:36	13
324	MOSAKOWSKI ADRIAN	736	ZESPÓŁ SZKÓŁ LICEALNYCH I TECHNICZNYCH NR 1	WARSZAWA	POL	M 16	17	M 325	00:11:20	00:23:03.80	00:24:39.30	4:36	13

BIEG URSYNOWA, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
325	STEĆ KAMIL	1363	FC GRABÓW	WARSZAWA	POL	M 20	44	M 326	00:11:11	00:23:04.30	00:23:55.50	4:36	13
326	SKUBISZEWSKI PIOTR	1563		WARSZAWA	POL	M 40	127	M 327	00:11:33	00:23:04.35	00:23:56.70	4:36	13
327	PAKUŁA BŁAŻEJ	817		WARSZAWA	POL	M 30	96	M 328	00:11:21	00:23:04.40	00:23:41.10	4:36	13
328	MAGNUSKI PIOTR	659		WARSZAWA	POL	M 40	128	M 329	00:11:11	00:23:06.55	00:23:37.65	4:37	13
329	PAWELEC KAMIL	832	PZU SPORT TEAM	SOCHACZEW	POL	M 30	97	M 330	00:11:28	00:23:08.65	00:23:53.90	4:37	13
330	KOSMAŁA ANTONI	1557		WARSZAWA	POL	M 16	18	M 331	00:11:38	00:23:09.10	00:24:49.65	4:37	13
331	SARNOWSKI WOJCIECH	1509		WARSZAWA	POL	M 40	129	M 332	00:11:09	00:23:09.55	00:23:51.80	4:37	13
332	WITZKE ARTUR	1219		LEGIONOWO	POL	M 40	130	M 333	00:11:27	00:23:10.40	00:24:03.40	4:38	12.9
333	PARZNIEWSKI MACIEJ	1355	TOWARZYSTWO TURYSTYCZNE AKS POLONIA WARSZAWA	NOWY DWÓR MAZOWIECKI	POL	M 30	98	M 334	00:11:12	00:23:12.50	00:23:53.70	4:38	12.9
334	JĘDRZEJEK MATEUSZ	1340	RK ATHLETICS	WARSZAWA	POL	M 12	5	M 335	00:11:50	00:23:12.75	00:24:01.50	4:38	12.9
335	GWÓŹDŹ MACIEJ	335	RKATLETICS	WARSZAWA	POL	M 12	6	M 336	00:11:51	00:23:13.05	00:24:01.45	4:38	12.9
336	OWOC TOMASZ	813	PKO BANK POLSKI / NEW BALANCE RUN CLUB	WARSZAWA	POL	M 50	31	M 337	00:11:38	00:23:13.20	00:24:01.90	4:38	12.9
337	LENDZION JAROSŁAW	604	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 40	131	M 338	00:11:44	00:23:13.55	00:24:09.55	4:38	12.9
338	WÓJCIK GRZEGORZ	1245		BIELSKO-BIAŁA	POL	M 40	132	M 339	00:11:48	00:23:14.85	00:24:17.50	4:38	12.9
339	ESSI-EZINH ALEKSANDER	234	SFORA BMK	WARSZAWA	POL	M 30	99	M 340	00:11:22	00:23:15.20	00:24:01.70	4:39	12.9
340	JANOWSKI RAFAŁ	378		OTWOCK	POL	M 50	32	M 341	00:11:23	00:23:15.50	00:23:59.85	4:39	12.9
341	KOSMAŁA MICHAŁ	1426		WARSZAWA	POL	M 40	133	M 342	00:12:03	00:23:16.60	00:24:20.30	4:39	12.9
342	PAWLIKAK MARIUSZ	1564		WARSZAWA	POL	M 20	45	M 343	00:11:34	00:23:17.45	00:24:23.75	4:39	12.9
343	ŻYWIEN MAREK	1307	ONLY SPEEDWAY	WARSZAWA	POL	M 50	33	M 344	00:11:18	00:23:20.35	00:23:44.25	4:40	12.9
344	OCHREMIAK JĘDRZEJ	785		WARSZAWA	POL	M 30	100	M 345	00:11:27	00:23:21.55	00:23:57.15	4:40	12.8
345	BISOWSKI SZYMON	68		KOBYŁKA	POL	M 14	4	M 346	00:11:44	00:23:22.55	00:24:17.85	4:40	12.8
346	SOJDA MATEUSZ	1014	ROADBIKE IRON TEAM	WARSZAWA	POL	M 30	101	M 347	00:11:37	00:23:23.30	00:24:28.25	4:40	12.8
347	KONKA TOMASZ	491		WARSZAWA	POL	M 50	34	M 348	00:11:36	00:23:24.75	00:24:09.20	4:40	12.8
348	PIENIAŻEK MATEUSZ	851		MSZCZONÓW	POL	M 20	46	M 349	00:11:42	00:23:24.75	00:24:15.65	4:40	12.8
349	OKRAŚA MICHAŁ	788		WARSZAWA	POL	M 20	47	M 350	00:11:13	00:23:24.90	00:24:00.20	4:40	12.8
350	KOSTYRA KRZYSZTOF	1324	BIEGUSIEM.PL	WARSZAWA	POL	M 50	35	M 351	00:11:27	00:23:27.75	00:23:59.85	4:41	12.8
351	BAREJ PAWEŁ	1394		WARSZAWA	POL	M 30	102	M 352	00:11:44	00:23:28.75	00:24:11.55	4:41	12.8
352	SZEWczyk ŁUKASZ	1073		WARSZAWA	POL	M 40	134	M 353	00:10:50	00:23:29.25	00:23:59.75	4:41	12.8
353	DZIECIOŁOWSKI FILIP	227	FOOTBALL TALENTS	WARSZAWA	POL	M 30	103	M 354	00:11:38	00:23:31.05	00:24:31.45	4:42	12.8
354	GALA PIOTR	1463		WARSZAWA	POL	M 20	48	M 355	00:11:27	00:23:31.60	00:25:43.75	4:42	12.8
355	MARCIN CENDROWSKI	1535		WARSZAWA	POL	M 50	36	M 356	00:11:34	00:23:32.85	00:24:39.90	4:42	12.7
356	JAROSZKIEWICZ GRZEGORZ	389		WARSZAWA	POL	M 40	135	M 357	00:11:42	00:23:33.60	00:24:12.80	4:42	12.7
357	DOMINIAK BARTOSZ	1369	#BARTEKBIEGA	WARSZAWA	POL	M 40	136	M 358	00:11:50	00:23:34.20	00:24:22.45	4:42	12.7
358	CHARLEJ IRENEUSZ	123		MIERZYN	POL	M 50	37	M 359	00:11:43	00:23:35.75	00:24:17.45	4:43	12.7
359	JANUCHTA TOMASZ	1346		WARSZAWA	POL	M 40	137	M 360	00:11:36	00:23:36.45	00:24:36.95	4:43	12.7
360	BIGAJSKI RAFAŁ	65	NIEZŁY BIGOS	WARSZAWA	POL	M 40	138	M 361	00:11:38	00:23:37.30	00:24:20.80	4:43	12.7
361	DOBEL MATEUSZ	191		JAROSŁAW	POL	M 20	49	M 362	00:11:58	00:23:37.75	00:24:16.20	4:43	12.7
362	JAKUBCZAK KRZYSZTOF	1402	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 60	6	M 363	00:11:44	00:23:38.50	00:24:14.50	4:43	12.7
363	MAŁYSIAK AXEL	1473		WARSZAWA	POL	M 20	50	M 364	00:11:42	00:23:38.60	00:24:44.05	4:43	12.7
364	SZOT FRANCISZEK	1423		WARSZAWA	POL	M 12	7	M 365	00:11:57	00:23:41.35	00:24:35.40	4:44	12.7
365	PRZYBOROWSKI ADAM	899		WARSZAWA	POL	M 30	104	M 366	00:11:50	00:23:41.50	00:24:30.50	4:44	12.7
366	GÓRAL TADEUSZ	1581		WARSZAWA	POL	M 50	38	M 367	00:11:52	00:23:45.15	00:23:57.00	4:45	12.6
367	MAŚŁANKA PIOTR	687		WARSZAWA	POL	M 50	39	M 368	00:11:52	00:23:45.50	00:24:54.40	4:45	12.6
368	JAKUBIAK SZYMON	368		WARSZAWA	POL	M 30	105	M 369	00:12:01	00:23:46.25	00:24:38.20	4:45	12.6
369	DRABAREK ROMUALD	201		WARSZAWA	POL	M 60	7	M 370	00:11:47	00:23:47.80	00:24:30.05	4:45	12.6
370	DREWNIAK ROBERT	204	BIEGNIJ Z PROSERVICE	WARSZAWA	POL	M 40	139	M 371	00:11:44	00:23:48.10	00:24:17.25	4:45	12.6
371	ZORAWSKI MARCIN	1374		WARSZAWA	POL	M 40	140	M 372	00:11:47	00:23:48.25	00:24:53.85	4:45	12.6
372	SIERZYCKI HUBERT	975		WARSZAWA	POL	M 30	106	M 373	00:12:09	00:23:48.25	00:24:47.60	4:45	12.6
373	SZUFLICKI TYMON	1080		NOWA WOLA	POL	M 12	8	M 374	00:12:00	00:23:49.15	00:24:27.15	4:45	12.6
374	MIELNICZUK TOMASZ	1559		HRUBIESZÓW	VEN	M 30	107	M 375	00:11:52	00:23:49.85	00:24:14.55	4:45	12.6
375	LACHOWICZ TOMASZ	595		WARSZAWA	POL	M 20	51	M 376	00:10:59	00:23:49.90	00:23:53.50	4:45	12.6
376	SMOLARCZYK ALEKSANDER	1000	1	WARSZAWA	POL	M 16	19	M 377	00:12:19	00:23:49.90	00:25:18.10	4:45	12.6
377	RÓŻYCKI KRZYSZTOF	936	VEGE RUNNERS	WARSZAWA	POL	M 30	108	M 378	00:11:24	00:23:51.60	00:24:12.50	4:46	12.6
378	KARWOWSKI RAFAŁ	431		PIASECZNO	POL	M 30	109	M 379	00:12:19	00:23:52.25	00:25:12.75	4:46	12.6
379	KRÓL RADOŚŁAW	556	KLUB BIEGACZA RTV EURO AGD	WARSZAWA	POL	M 20	52	M 380	00:11:56	00:23:52.35	00:24:33.35	4:46	12.6

BIEG URSYNOWA, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
380	SZYMCZYK MICHAŁ	1102	NASTĘPNY KROK	WARSZAWA	POL	M 30	110	M 381	00:11:49	00:23:53.15	00:24:42.90	4:46	12.6
381	SIEBYŁA KAROL	969	BIEGNIJ Z PROSERVICE	WARSZAWA	POL	M 40	141	M 382	00:11:32	00:23:56.50	00:24:32.10	4:47	12.5
382	ZALIŃSKI MAREK	1269		HENRYKÓW UROCZE	POL	M 40	142	M 383	00:12:07	00:23:56.75	00:24:54.20	4:47	12.5
383	OPALA MARCIN	1422		RASZYN	POL	M 30	111	M 384	00:11:36	00:23:57.30	00:24:31.85	4:47	12.5
384	JAGIELLO PIOTR	365		WARSZ	POL	M 40	143	M 385	00:11:47	00:23:58.05	00:25:16.60	4:47	12.5
385	RUTKOWSKI MICHAŁ	945		WARSZAWA	POL	M 40	144	M 386	00:11:32	00:23:58.60	00:24:18.85	4:47	12.5
386	ARAŻNY ZBIGNIEW	27		WARSZAWA	POL	M 50	40	M 387	00:11:50	00:23:59.70	00:24:47.55	4:47	12.5
387	NAZARUK BARTOSZ	1533		WARSZAWA	POL	M 30	112	M 388	00:11:49	00:23:59.85	00:24:34.70	4:47	12.5
388	KUCHARSKI MICHAŁ	580		WARSZAWA	POL	M 20	53	M 389	00:12:06	00:24:00.80	00:25:12.05	4:48	12.5
389	BILEWICZ MATEUSZ	66		WARSZAWA	POL	M 30	113	M 390	00:11:57	00:24:02.40	00:24:44.30	4:48	12.5
390	SZERSZEŃ JANUSZ	1070	PIASECZNO RUNNING	PIASECZNO	POL	M 40	145	M 391	00:11:40	00:24:03.15	00:24:47.95	4:48	12.5
391	BONDAR WITOLD	79		WARSZAWA	POL	M 40	146	M 392	00:11:55	00:24:03.85	00:25:08.60	4:48	12.5
392	JEWULSKI DAMIAN	1478		OTWOCK	POL	M 30	114	M 393	00:11:52	00:24:04.15	00:24:38.35	4:48	12.5
393	ŁAZICKI TOMASZ	630		JÓZEFOSŁAW	POL	M 50	41	M 394	00:11:35	00:24:04.45	00:25:04.95	4:48	12.5
394	STEMPIN JACEK	792		WARSZAWA	POL	M 40	147	M 395	00:12:01	00:24:04.60	00:24:56.10	4:48	12.5
395	DUMARA JAKUB	217		WARSZAWA	POL	M 30	115	M 396	00:12:06	00:24:04.65	00:25:00.70	4:48	12.5
396	BIAŁAS KAROL	57		WARSZAWA	POL	M 30	116	M 397	00:11:34	00:24:04.75	00:24:20.75	4:48	12.5
397	WYCECH MAREK	1251		WARSZAWA	POL	M 20	54	M 398	00:11:44	00:24:05.15	00:24:58.60	4:49	12.5
398	TABAK ANDRZEJ	1117		WARSZAWA	POL	M 60	8	M 399	00:12:10	00:24:09.10	00:25:05.30	4:49	12.4
399	OSTROWSKI RYSZARD	808	ŻYWCEM ZABIEGANI	WARSZAWA	POL	M 50	42	M 400	00:11:40	00:24:11.00	00:24:46.10	4:50	12.4
400	KACZOREK MARCIN	1476		JÓZEFÓW	POL	M 40	148	M 401	00:11:49	00:24:11.50	00:24:33.30	4:50	12.4
401	MELLIN DAREK	705		WARSZAWA	POL	M 40	149	M 402	00:11:54	00:24:14.20	00:26:21.30	4:50	12.4
402	MILIK MAREK	1348		WARSZAWA	POL	M 30	117	M 403	00:12:10	00:24:15.30	00:25:32.15	4:51	12.4
403	ŚLEPOWROŃSKI JAKUB	1107	PZU SPORT TEAM	WARSZAWA	POL	M 30	118	M 404	00:12:18	00:24:16.25	00:25:14.80	4:51	12.4
404	KRÓŁ ŁUKASZ	554	PZU SPORT TEAM	WARSZAWA	POL	M 30	119	M 405	00:12:10	00:24:16.80	00:25:26.20	4:51	12.4
405	GOLISZ ADAM	288		MYSIADŁO	POL	M 50	43	M 406	00:12:00	00:24:17.05	00:24:41.65	4:51	12.4
406	IWONIN JUREK	362		WARSZAWA	POL	M 40	150	M 407	00:12:20	00:24:18.30	00:25:14.90	4:51	12.3
407	MAŁYSA PIOTR	672		KONSTANCIN-JEZIORNA	POL	M 30	120	M 408	00:11:58	00:24:18.40	00:25:14.50	4:51	12.3
408	LESIAK RADOSŁAW	1525		WARSZAWA	POL	M 60	9	M 409	00:11:59	00:24:18.65	00:24:58.95	4:51	12.3
409	PIOTROWSKI MATEUSZ	860		WARSZAWA	POL	M 30	121	M 410	00:12:29	00:24:18.80	00:25:35.50	4:51	12.3
410	MALINOWSKI KONRAD	666	PACZKA SZLUGÓW	WARSZAWA	POL	M 40	151	M 411	00:11:39	00:24:19.10	00:24:31.85	4:51	12.3
411	GOGACZ TYMOTEUSZ	287	REAL VARSOVIA F.C	WARSZAWA	POL	M 12	9	M 412	00:12:01	00:24:19.55	00:25:13.20	4:51	12.3
412	GRUSZKA JAKUB	317		WARSZAWA	POL	M 30	122	M 413	00:11:49	00:24:20.10	00:25:10.25	4:52	12.3
413	SACHMATA JACEK	1459	Y-JACK	NOWA IWICZNA	POL	M 30	123	M 414	00:12:00	00:24:20.90	00:24:57.40	4:52	12.3
414	GAŁECKI TOMASZ	264		WARSZAWA	POL	M 50	44	M 415	00:11:49	00:24:22.30	00:25:14.35	4:52	12.3
415	CENTKOWSKI MATEUSZ	1316		RADZYMIN	POL	M 16	20	M 416	00:12:02	00:24:23.65	00:24:34.90	4:52	12.3
416	KOZAKOWSKI SEBASTIAN	535		WARSZAWA	POL	M 30	124	M 417	00:12:08	00:24:23.80	00:25:34.20	4:52	12.3
417	MATYSIAK JAKUB	1367	STG WARSZAWA	WARSZAWA	POL	M 30	125	M 418	00:11:36	00:24:23.95	00:25:16.50	4:52	12.3
418	STĘPNIAK MARIUSZ	1033		WARSZAWA	POL	M 50	45	M 419	00:12:17	00:24:24.35	00:25:29.40	4:52	12.3
419	ROSTKOWSKI BARTOSZ	933		WARSZAWA	POL	M 40	152	M 420	00:12:15	00:24:25.15	00:25:11.55	4:53	12.3
420	SNOPEK STANISŁAW	1007	TVP SPORT	IZABELIN	POL	M 50	46	M 421	00:11:49	00:24:26.45	00:25:03.85	4:53	12.3
421	KĄKOL TOMASZ	437		SULEJÓWEK	POL	M 30	126	M 422	00:11:53	00:24:26.45	00:25:11.70	4:53	12.3
422	TRZECIAKOWSKI PAWEŁ	1151	PAWEŁ TRZECIAKOWSKI	WARSZAWA	POL	M 30	127	M 423	00:11:50	00:24:26.65	00:25:24.70	4:53	12.3
423	WŁODARCZYK TOMASZ	1222		XXX	POL	M 30	128	M 424	00:11:59	00:24:27.45	00:25:19.25	4:53	12.3
424	KRUSIEWICZ TOMASZ	561		ŁOZISKA	POL	M 40	153	M 425	00:12:08	00:24:28.85	00:25:36.75	4:53	12.3
425	SZYMAŃSKI KRZYSZTOF	1093	KINGS OF LEMON	HENRYKÓW UROCZE	POL	M 40	154	M 426	00:12:16	00:24:29.15	00:25:27.20	4:53	12.3
426	RZEPECKI ŁUKASZ	952		KONSTANCIN-JEZIORNA	POL	M 40	155	M 427	00:12:24	00:24:29.30	00:25:41.75	4:53	12.3
427	GRUSZYŃSKI FRANCISZEK	1558		WARSZAWA	POL	M 16	21	M 428	00:12:56	00:24:30.95	00:26:12.20	4:54	12.2
428	SIERY ARTUR	972		WARSZAWA	POL	M 60	10	M 429	00:12:17	00:24:31.95	00:25:32.50	4:54	12.2
429	KACPROWSKI TADEUSZ	1379		WARSZAWA	POL	M 70	2	M 430	00:12:03	00:24:32.00	00:25:38.75	4:54	12.2
430	GRYNKIEWICZ GRZEGORZ	322		WARSZAWA	POL	M 12	10	M 431	00:12:17	00:24:33.75	00:25:40.15	4:54	12.2
431	MAZUR DANIEL	700		KOZIENICE	POL	M 30	129	M 432	00:11:50	00:24:33.80	00:25:04.80	4:54	12.2
432	MARCZEWSKI MARCIN	679	RESILIA BEMOWO	WARSZAWA	POL	M 40	156	M 433	00:11:34	00:24:34.55	00:24:52.50	4:54	12.2
433	TRZECIAKIEWICZ MARCIN	1481	SMASHING PAPKINS	WARSZAWA	POL	M 40	157	M 434	00:12:30	00:24:35.20	00:25:40.00	4:55	12.2
434	KOWALCZYK ROBERT	515		WARSZAWA	POL	M 40	158	M 435	00:12:07	00:24:35.40	00:24:47.05	4:55	12.2
435	NALEPA SZYMON	758		WARSZAWA	POL	M 30	130	M 436	00:12:33	00:24:36.40	00:25:48.05	4:55	12.2
436	IGNATIUK BARTOSZ	1471		WARSZAWA	POL	M 30	131	M 437	00:12:10	00:24:36.60	00:25:42.20	4:55	12.2

BIEG URSYNOWA, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
437	GRYNKIEWICZ TOMASZ	320		WARSZAWA	POL	M 40	159	M 438	00:12:16	00:24:37.05	00:25:43.50	4:55	12.2
438	ADAMOWICZ KONRAD	16	ODDAWAJ KREW	PIASECZNO	POL	M 40	160	M 439	00:11:52	00:24:37.40	00:25:14.45	4:55	12.2
439	CHMIELEWSKI KAMIL	130		WARSZAWA	POL	M 30	132	M 440	00:11:54	00:24:37.65	00:25:28.85	4:55	12.2
440	KRASNOWSKI MARCIN	546		WARSZAWA	POL	M 30	133	M 441	00:12:03	00:24:37.80	00:25:35.25	4:55	12.2
441	PIWOWAREK ROBERT	867		WARSZAWA	POL	M 20	55	M 442	00:12:22	00:24:38.90	00:25:33.90	4:55	12.2
442	BORYS MICHAŁ	88		WARSZAWA	POL	M 16	22	M 443	00:12:10	00:24:41.05	00:25:59.60	4:56	12.2
443	KUCABA MATEUSZ	577		WARSZAWA	POL	M 30	134	M 444	00:12:16	00:24:41.40	00:25:59.40	4:56	12.2
444	KAPLIŃSKI PAWEŁ	420		WARSZAWA	POL	M 30	135	M 445	00:11:43	00:24:41.50	00:24:51.20	4:56	12.2
445	YARMALOVICH ALIAKSANDR	1257		WARSZAWA	BLR	M 30	136	M 446	00:12:15	00:24:42.10	00:25:47.90	4:56	12.1
446	GÓRSKI SEWERYN	1583		BANIOCHA	POL	M 12	11	M 447	00:12:06	00:24:43.00	00:25:33.50	4:56	12.1
447	ZAKRZEWSKI MICHAŁ	1264		WARSZAWA	POL	M 30	137	M 448	00:12:04	00:24:43.45	00:25:19.30	4:56	12.1
448	KEMPA PIOTR	438		WARSZAWA	POL	M 30	138	M 449	00:12:01	00:24:43.70	00:25:22.80	4:56	12.1
449	MULIK PIOTR	747	RAZEM TRENUJEMY SPORT	WARSZAWA	POL	M 30	139	M 450	00:12:12	00:24:44.65	00:25:32.35	4:56	12.1
450	OWCZARCZYK MICHAŁ	810		WARSZAWA	POL	M 40	161	M 451	00:12:27	00:24:45.95	00:25:54.10	4:57	12.1
451	OWCZARCZYK JAN	811		WARSZAWA	POL	M 14	5	M 452	00:12:27	00:24:46.00	00:25:54.65	4:57	12.1
452	CABAJ MAREK	117		WARSZAWA	POL	M 40	162	M 453	00:12:37	00:24:48.40	00:26:12.30	4:57	12.1
453	REJDYCH ALEKSANDER	920		WARSZAWA	POL	M 30	140	M 454	00:12:21	00:24:49.60	00:25:44.60	4:57	12.1
454	KOSECKI JAKUB	505		ŁOMIAŃKI	POL	M 40	163	M 455	00:12:27	00:24:49.80	00:27:10.75	4:57	12.1
455	RADZIKOWSKI FRANCISZEK	913		DĘBE WIELKIE	POL	M 50	47	M 456	00:12:15	00:24:50.10	00:25:43.70	4:58	12.1
456	KOSSECKI DOMINIK	1437		WARSZAWA	POL	M 40	164	M 457	00:12:06	00:24:50.30	00:25:42.00	4:58	12.1
457	ADAMCZYK MIROSLAW	1491	HARPAGONS	WARSZAWA	POL	M 60	11	M 458	00:12:10	00:24:50.75	00:26:05.35	4:58	12.1
458	CZUBASZEK KRZYSZTOF	168		WARSZAWA	POL	M 40	165	M 459	00:11:59	00:24:50.80	00:25:03.90	4:58	12.1
459	PIWOWAREK GRZEGORZ	866		WARSZAWA	POL	M 30	141	M 460	00:12:39	00:24:51.30	00:25:32.50	4:58	12.1
460	KOSZUT WIKTOR	513	SYNOPSIS CONSULTING WOJCIECH KOSZUT	WARSZAWA	POL	M 12	12	M 461	00:12:50	00:24:51.80	00:26:44.00	4:58	12.1
461	GRYSZPANOWICZ SEBASTIAN	323	SEBASTIAN GRYSZPANOWICZ - REHABILITACJA	WARSZAWA	POL	M 40	166	M 462	00:12:28	00:24:51.90	00:26:04.00	4:58	12.1
462	KALBARCZYK IGOR	409		WARSZAWA	POL	M 30	142	M 463	00:12:27	00:24:52.25	00:26:00.70	4:58	12.1
463	MYŚLIŃSKI ZDZIŚŁAW	753		WARSZAWA	POL	M 40	167	M 464	00:12:01	00:24:52.95	00:25:11.60	4:58	12.1
464	PLATE PIOTR	868		WARSZAWA	POL	M 30	143	M 465		00:24:53.90	00:24:53.90	4:58	12.1
465	KORSAKOV KOSTIANTYN	1590	NW CZŁĄPSKI TEAM	WARSZAWA	POL	M 50	48	M 466	00:12:57	00:24:55.55	00:27:06.10	4:59	12
466	JURCZAK GRZEGORZ	402		WARSZAWA	POL	M 30	144	M 467	00:12:24	00:24:56.75	00:25:49.80	4:59	12
467	CZERNIGOWSKI SZYMON	165		WARSZAWA	POL	M 20	56	M 468	00:11:57	00:24:58.05	00:25:51.50	4:59	12
468	DĘBIŃSKI MICHAŁ	189		WARSZAWA	POL	M 40	168	M 469	00:12:19	00:24:58.40	00:25:57.75	4:59	12
469	KĘSKA WIKTOR	1574		WARSZAWA	POL	M 20	57	M 470	00:12:12	00:25:00.45	00:26:31.30	5:00	12
470	IWASYSZYN MICHAŁ	361		WARSZAWA	POL	M 40	169	M 471	00:12:21	00:25:00.65	00:25:56.30	5:00	12
471	ULITKO WOJCIECH	1163		WARSZAWA	POL	M 40	170	M 472	00:12:35	00:25:05.40	00:25:05.40	5:01	12
472	BERDYŃSKI JAROSŁAW	55	RUNJAR	WARSZAWA	POL	M 40	171	M 473	00:11:56	00:25:05.55	00:26:04.40	5:01	12
473	KĘPKA KRZYSZTOF	442		WARSZAWA	POL	M 30	145	M 474	00:12:17	00:25:06.10	00:26:06.10	5:01	12
474	PASTUSZAK PIOTR	828		WARSZAWA	POL	M 40	172	M 475	00:12:01	00:25:06.55	00:25:57.45	5:01	12
475	CHWASTEK RYSZARD	139	RATUJMYRYSIE	WARSZAWA	POL	M 60	12	M 476	00:12:31	00:25:08.35	00:27:26.55	5:01	11.9
476	KOPER SEBASTIAN	495	CARREFOUR RUNNING TEAM	WARSZAWA	POL	M 40	173	M 477	00:12:10	00:25:09.05	00:25:35.25	5:01	11.9
477	WITEK SEBASTIAN	1215		WARSZAWA	POL	M 30	146	M 478	00:12:34	00:25:11.95	00:25:51.15	5:02	11.9
478	MIELNICZUK BOGUSŁAW	716		WARSZAWA	POL	M 40	174	M 479	00:13:01	00:25:12.15	00:26:55.35	5:02	11.9
479	RYNKOWSKI MICHAŁ	948	POLADA	WARSZAWA	POL	M 30	147	M 480	00:13:12	00:25:12.35	00:26:16.80	5:02	11.9
480	GROCHOWSKI MARCIN	312		WARSZAWA	POL	M 40	175	M 481	00:12:29	00:25:13.20	00:26:16.65	5:02	11.9
481	RACZYŃSKI PAWEŁ	910		SIEDLCE	POL	M 40	176	M 482	00:12:14	00:25:13.30	00:26:17.15	5:02	11.9
482	BARYŁA KRZYSZTOF	1492		WARSZAWA	POL	M 40	177	M 483	00:12:30	00:25:13.55	00:26:31.20	5:02	11.9
483	DERESZ WIKTOR	184	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 30	148	M 484	00:12:19	00:25:15.95	00:26:13.25	5:03	11.9
484	CZECHOWSKI TOMASZ	161		WARSZAWA	POL	M 20	58	M 485	00:13:53	00:25:16.30	00:26:20.15	5:03	11.9
485	NOWAKOWSKI CZESŁAW	1572	DUCLA ACADEMY WARSZAWA	WARSZAWA	POL	M 70	3	M 486	00:12:14	00:25:16.95	00:26:36.00	5:03	11.9
486	GRYNKIEWICZ ROMAN	321		WARSZAWA	POL	M 14	6	M 487	00:11:55	00:25:17.45	00:26:24.85	5:03	11.9
487	URYNOWICZ PIOTREK	1168		CELESTYNÓW	POL	M 30	149	M 488	00:12:03	00:25:17.60	00:26:11.95	5:03	11.9
488	KOŁUCKI STEFAN	483	SFORA BMK	WARSZAWA (WAWER)	POL	M 30	150	M 489	00:11:52	00:25:18.00	00:26:04.00	5:03	11.9
489	ŁYSIAK KRZYSZTOF	651		WARSZAWA	POL	M 40	178	M 490	00:12:18	00:25:18.95	00:26:55.35	5:03	11.9
490	DZUCHIL MATEUSZ	232	FOOTBALL TALENTS	WARSZAWA	POL	M 20	59	M 491	00:12:35	00:25:19.90	00:26:29.85	5:03	11.8
491	GALA TOMASZ	1444		WARSZAWA	POL	M 40	179	M 492	00:12:36	00:25:21.35	00:27:33.50	5:04	11.8
492	CIOSEK MARCIN	149		WARSZAWA	POL	M 40	180	M 493	00:12:26	00:25:22.40	00:26:28.15	5:04	11.8

BIEG URSYNOWA, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
493	WIERBIŁOWICZ DARIUSZ	1196		WARSZAWA	POL	M 40	181	M 494	00:12:54	00:25:22.40	00:25:22.40	5:04	11.8
494	GIL MICHAŁ	279		WARSZAWA	POL	M 20	60	M 495	00:13:04	00:25:22.70	00:26:25.15	5:04	11.8
495	ZAMOJSKI MARIUSZ	1452		WARSZAWA	POL	M 40	182	M 496	00:12:04	00:25:24.25	00:25:59.05	5:04	11.8
496	GROCHOWSKI PAWEŁ	311	PZU SPORT TEAM	WARSZAWA	POL	M 40	183	M 497	00:12:05	00:25:25.20	00:26:34.45	5:05	11.8
497	KALINOWSKI PIOTR	1448		WARSZAWA	POL	M 40	184	M 498	00:12:39	00:25:25.25	00:26:00.95	5:05	11.8
498	MACKENTHUN TOMASZ	656		WARSZAWA	POL	M 16	23	M 499	00:13:25	00:25:25.65	00:25:25.65	5:05	11.8
499	KOKOCIŃSKI PIOTR	1450		WARSZAWA	POL	M 50	49	M 500	00:12:54	00:25:28.20	00:26:32.35	5:05	11.8
500	MATUSIAK MAREK	690		WARSZAWA	POL	M 40	185	M 501	00:12:46	00:25:28.35	00:27:47.80	5:05	11.8
501	ŁOWKIS MAREK	638		WARSZAWA	POL	M 40	186	M 502	00:12:20	00:25:28.75	00:26:21.30	5:05	11.8
502	WRÓBLEWSKI KACPER	1248		WARSZAWA	POL	M 20	61	M 503	00:12:46	00:25:29.45	00:26:46.85	5:05	11.8
503	ŁUCZAK PIOTR	643	PKO BANK POLSKI	WARSZAWA	POL	M 40	187	M 504	00:12:25	00:25:29.55	00:26:30.95	5:05	11.8
504	SZCZERBICKI RAFAŁ	1065	WARSAW RUN CLUB	WARSZAWA	POL	M 40	188	M 505	00:11:31	00:25:30.00	00:25:54.50	5:06	11.8
505	CZERNAK ADAM	164		WARSZAWA	POL	M 30	151	M 506	00:12:27	00:25:30.10	00:26:42.35	5:06	11.8
506	BITOWSKI HUBERT	70		JÓZEFÓSKA	POL	M 40	189	M 507	00:12:38	00:25:32.95	00:26:40.50	5:06	11.7
507	DĄBROWSKI EMIL	180		IZABELIN C	POL	M 30	152	M 508	00:12:47	00:25:33.55	00:26:57.80	5:06	11.7
508	MROZIŃSKI MIKOŁAJ	1431	AGREGATY RUN CLUB	WARSZAWA	POL	M 30	153	M 509	00:12:19	00:25:35.45	00:26:37.50	5:07	11.7
509	KRAJEWSKI PRZEMYSŁAW	544	12TRI	WARSZAWA	POL	M 40	190	M 510	00:12:23	00:25:35.50	00:26:45.80	5:07	11.7
510	TEMPLER MAREK	1123	TEAMZABIEGANEDNI	WARSZAWA	POL	M 30	154	M 511	00:12:18	00:25:35.80	00:26:35.70	5:07	11.7
511	SZTYLKO MICHAŁ	1078		WARSZAWA	POL	M 40	191	M 512	00:12:25	00:25:36.50	00:26:16.60	5:07	11.7
512	JARGIŁO DAWID	385		WARSZAWA	POL	M 20	62	M 513	00:12:56	00:25:36.70	00:26:50.10	5:07	11.7
513	KIETLIŃSKI MACIEJ	448		WARSZAWA	POL	M 50	50	M 514	00:12:58	00:25:37.15	00:27:17.60	5:07	11.7
514	KALINOWSKI PIOTR	1545		NOWA IWICZNA	POL	M 40	192	M 515	00:12:56	00:25:37.65	00:26:45.50	5:07	11.7
515	ZIELIŃSKI KRZYSZTOF	1288		WARSZAWA	POL	M 40	193	M 516	00:11:38	00:25:37.85	00:25:46.35	5:07	11.7
516	ZAMOJSKI ŁUKASZ	1403		WARSZAWA	POL	M 40	194	M 517	00:12:15	00:25:39.45	00:28:05.35	5:07	11.7
517	POLESKI RADOŚLAW	879		WARSZAWA	POL	M 30	155	M 518	00:12:33	00:25:39.60	00:26:37.85	5:07	11.7
518	GOŁOŚ ARTUR	1451		ZIELONKA	POL	M 30	156	M 519	00:12:04	00:25:41.40	00:26:20.15	5:08	11.7
519	KRAUZ PAWEŁ	548	KPP W PIASECZNIE	ZAGÓŚCINIEC	POL	M 40	195	M 520	00:12:38	00:25:41.85	00:27:23.95	5:08	11.7
520	OBUCHOWICZ FILIP	784		GÓRA KALWARIA	POL	M 16	24	M 521	00:12:49	00:25:42.05	00:26:58.35	5:08	11.7
521	PIETRZAK MARIUSZ	855		WARSZAWA	POL	M 40	196	M 522	00:12:27	00:25:42.95	00:26:36.00	5:08	11.7
522	SZADKOWSKI BŁAŻEJ	1055		WARSZAWA	POL	M 40	197	M 523	00:13:02	00:25:44.35	00:26:48.90	5:08	11.7
523	SKIBNIEWSKI KAROL	984		WARSZAWA	POL	M 20	63	M 524	00:13:24	00:25:45.90	00:27:51.00	5:09	11.7
524	BIEDROŃ DARIUSZ	59	ALUNIO TEAM	WARSZAWA	POL	M 40	198	M 525	00:13:10	00:25:46.75	00:27:09.60	5:09	11.6
525	SZULC MATEUSZ	1396		WARSZAWA	POL	M 14	7	M 526	00:11:43	00:25:46.80	00:25:55.95	5:09	11.6
526	SKOWROŃSKI WOJCIECH	990		WARSZAWA	POL	M 50	51	M 527	00:12:40	00:25:48.25	00:27:31.30	5:09	11.6
527	TERCZYŃSKI ALEKSANDER	1527		WARSZAWA	POL	M 14	8	M 528	00:13:48	00:25:48.40	00:27:09.70	5:09	11.6
528	MAREK ROMAN	680		WARSZAWA	POL	M 60	13	M 529	00:12:37	00:25:48.50	00:26:56.95	5:09	11.6
529	PIETRUSZEWSKI KRZYSZTOF	854		WARSZAWA	POL	M 40	199	M 530	00:12:15	00:25:49.30	00:26:30.70	5:09	11.6
530	MASTALERZ ANDRZEJ	686		WARSZAWA	POL	M 50	52	M 531	00:13:02	00:25:51.15	00:27:02.45	5:10	11.6
531	ŻERKOWSKI ŁUKASZ	1298		WARSZAWA	POL	M 40	200	M 532	00:12:04	00:25:51.20	00:26:02.20	5:10	11.6
532	KUCZA PIOTR	1571	BRP	LEGIONOWO	POL	M 40	201	M 533	00:12:11	00:25:55.40	00:26:44.90	5:11	11.6
533	MALINOWSKI RADEK	667		WARSZAWA	POL	M 40	202	M 534	00:13:53	00:25:55.40	00:26:28.25	5:11	11.6
534	WOJDALSKI KRZYSZTOF	1234		WARSZAWA	POL	M 40	203	M 535	00:12:53	00:25:56.15	00:27:17.45	5:11	11.6
535	PETRYKA WOJCIECH	1532		RASZYN	POL	M 50	53	M 536	00:12:38	00:25:57.00	00:27:06.05	5:11	11.6
536	KEMPA JAKUB	24		WARSZAWA	POL	M 20	64	M 537	00:12:26	00:25:59.15	00:28:04.90	5:11	11.5
537	TŁACZAŁA PIOTR	1126		WARSZAWA	POL	M 40	204	M 538	00:12:31	00:25:59.85	00:26:55.20	5:11	11.5
538	ADAMSKI MARCIN	1323		WARSZAWA	POL	M 30	157	M 539	00:12:30	00:26:00.50	00:26:43.85	5:12	11.5
539	WINIARCZYK ŁUKASZ	1206		WARSZAWA	POL	M 40	205	M 540	00:12:28	00:26:01.15	00:26:37.45	5:12	11.5
540	TYSZKA DARIUSZ	1159		WARSZAWA	POL	M 40	206	M 541	00:12:51	00:26:01.15	00:27:13.45	5:12	11.5
541	SZCZESNY MARCIN	1066		WARSZAWA	POL	M 40	207	M 542	00:13:03	00:26:02.20	00:27:53.90	5:12	11.5
542	JÓŻWIK ARTUR	1312		WARSZAWA	POL	M 40	208	M 543	00:13:16	00:26:02.20	00:27:23.50	5:12	11.5
543	BOJARSKI PATRYK	78		WARSZAWA	POL	M 20	65	M 544	00:12:59	00:26:02.50	00:27:04.85	5:12	11.5
544	BELKIEWICZ RAFAŁ	52	TEAM ZABIEGANEDNI / KABATY ULTRA	WARSZAWA	POL	M 40	209	M 545	00:12:52	00:26:02.75	00:27:14.25	5:12	11.5
545	MATYKIEWICZ ŁUKASZ	694		WARSZAWA	POL	M 40	210	M 546	00:12:52	00:26:08.90	00:26:24.80	5:13	11.5
546	STASIŁA RADOŚLAW	1027		PIASECZNO	POL	M 40	211	M 547	00:13:01	00:26:11.80	00:27:45.80	5:14	11.5
547	BRZOST KRZYSZTOF	99		MIŃSK MAZOWIECKI	POL	M 20	66	M 548	00:12:54	00:26:12.80	00:28:03.60	5:14	11.5
548	PRZYBYSZ KRZYSZTOF	1556		WARSZAWA	POL	M 50	54	M 549	00:12:32	00:26:13.20	00:26:27.30	5:14	11.4
549	CHMIELEWSKI ADAM	1419		WARSZAWA	POL	M 50	55	M 550	00:12:33	00:26:13.25	00:26:50.60	5:14	11.4

BIEG URSYNOWA, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
550	BULZACKI MICHAŁ	113		WARSZAWA	POL	M 30	158	M 551	00:12:23	00:26:13.55	00:27:12.35	5:14	11.4
551	FREJTES LUIS	1551		MARKI	VEN	M 60	14	M 552	00:12:44	00:26:13.85	00:26:38.90	5:14	11.4
552	MILLER FRANCISZEK	724	BIEGAM BO LUBIĘ ZĄBK TEAM	ZĄBK	POL	M 14	9	M 553	00:12:54	00:26:14.55	00:27:39.55	5:14	11.4
553	ŁOŚ KRZYSZTOF	636	SBRT/BIEGUNIE 2022	ŁOMIANKI DOLNE	POL	M 60	15	M 554	00:12:53	00:26:16.30	00:27:01.50	5:15	11.4
554	WĄCHOCKI PAWEŁ	1184		WARSZAWA	POL	M 40	212	M 555	00:13:13	00:26:18.90	00:28:45.80	5:15	11.4
555	STASIAK ŁUKASZ	1026	FOOTBALL TALENTS	WARSZAWA	POL	M 30	159	M 556	00:12:51	00:26:20.65	00:27:22.20	5:16	11.4
556	JANUCHTA STANISŁAW	1354		WARSZAWA	POL	M 16	25	M 557	00:13:05	00:26:21.00	00:28:00.40	5:16	11.4
557	MILLER TOMASZ	723	BIEGAM BO LUBIĘ ZĄBK TEAM	ZĄBK	POL	M 30	160	M 558	00:12:56	00:26:21.80	00:27:46.90	5:16	11.4
558	BRODECKI KRZYSZTOF	1399		WARSZAWA	POL	M 40	213	M 559	00:13:05	00:26:22.90	00:27:52.60	5:16	11.4
559	KUPSC ANDRZEJ	1376		WARSZAWA	POL	M 50	56	M 560	00:12:58	00:26:23.25	00:27:36.30	5:16	11.4
560	BATOR ZBIGNIEW	48		WARSZAWA	POL	M 60	16	M 561	00:13:06	00:26:25.25	00:27:15.10	5:17	11.4
561	MULARZ KAJETAN	746	BLACK BULLDOG	WARSZAWA	POL	M 30	161	M 562	00:12:34	00:26:26.00	00:27:47.60	5:17	11.3
562	MIKUSEK RYSZARD	722		WARSZAWA	POL	M 40	214	M 563	00:12:34	00:26:26.25	00:27:47.55	5:17	11.3
563	REGUCKI FABIAN	918		WARSZAWA	POL	M 16	26	M 564	00:12:07	00:26:26.55	00:30:54.25	5:17	11.3
564	GRADZIUŁ JAKUB	1336		WARSZAWA (BIELANY)	POL	M 30	162	M 565	00:12:56	00:26:27.60	00:27:40.70	5:17	11.3
565	RUTKOWSKI MACIEJ	944		WARSZAWA	POL	M 40	215	M 566	00:12:30	00:26:29.00	00:27:09.10	5:17	11.3
566	WELNA MARIUSZ	1188		WARSZAWA	POL	M 40	216	M 567	00:12:41	00:26:29.20	00:27:09.30	5:17	11.3
567	SYTA RAFAŁ	1051		WARSZAWA	POL	M 40	217	M 568	00:13:14	00:26:29.30	00:27:39.30	5:17	11.3
568	KĘCIK JANUSZ	440	SPARTANIE DZIECIOM	WARSZAWA	POL	M 70	4	M 569	00:13:14	00:26:30.00	00:27:57.10	5:18	11.3
569	JĘDRZEJEWSKI ROBERT	397		PŁOŃSK	POL	M 40	218	M 570	00:12:51	00:26:31.50	00:27:47.60	5:18	11.3
570	SZUTKO MICHAŁ	1084		WARSZAWA	POL	M 20	67	M 571	00:12:45	00:26:31.60	00:27:28.60	5:18	11.3
571	SZACKI WOJCIECH	1053		WARSZAWA	POL	M 40	219	M 572	00:13:07	00:26:31.60	00:28:06.35	5:18	11.3
572	SZOT PAWEŁ	1361		WARSZAWA	POL	M 40	220	M 573	00:12:49	00:26:32.05	00:27:32.85	5:18	11.3
573	BAJDO BARTEK	30		WARSZAWA	POL	M 40	221	M 574	00:13:26	00:26:32.65	00:27:54.25	5:18	11.3
574	LIACH ALIAKSANDR	1468		WARSZAWA	BLR	M 30	163	M 575	00:13:32	00:26:34.65	00:28:41.45	5:18	11.3
575	TYBURC PAWEŁ	1156	ZERWANY ACHILLES	WARSZAWA	POL	M 40	222	M 576	00:12:47	00:26:36.20	00:26:48.35	5:19	11.3
576	ĆWIEK PAWEŁ	172		WARSZAWA	POL	M 30	164	M 577	00:13:15	00:26:36.30	00:26:36.30	5:19	11.3
577	FIOREK RAFAŁ	247		WARSZAWA	POL	M 40	223	M 578	00:12:41	00:26:37.55	00:26:45.15	5:19	11.3
578	ZHYLTSOV DMITRY	1284		WARSZAWA	POL	M 40	224	M 579	00:13:12	00:26:38.10	00:28:03.75	5:19	11.3
579	WĄSIEWICZ PIOTR	1185	PZU SPORT TEAM	WARSZAWA	POL	M 30	165	M 580	00:14:11	00:26:40.20	00:28:30.35	5:20	11.3
580	SZEWCAK KACPER	1071		WARSZAWA	POL	M 20	68	M 581	00:12:44	00:26:42.85	00:26:59.60	5:20	11.2
581	FĄŁEK JACEK	240	NIE DOTYCZY	WARSZAWA	POL	M 40	225	M 582	00:13:17	00:26:42.95	00:27:53.60	5:20	11.2
582	PAŁASIEWICZ GRZEGORZ	820		WARSZAWA	POL	M 60	17	M 583	00:13:12	00:26:43.50	00:28:03.85	5:20	11.2
583	TLUCHOWSKI RAFAŁ	1485		WARSZAWA	POL	M 40	226	M 584	00:13:13	00:26:45.35	00:28:03.40	5:21	11.2
584	SZAJGIN ADAM	1060		WARSZAWA	POL	M 20	69	M 585	00:13:51	00:26:45.55	00:28:14.50	5:21	11.2
585	HALL TRAVIS	339		WARSZAWA	POL	M 30	166	M 586	00:13:19	00:26:47.20	00:28:21.50	5:21	11.2
586	FILIPOWICZ ARKADIUSZ	248		WARSZAWA	POL	M 40	227	M 587	00:12:47	00:26:49.30	00:27:42.60	5:21	11.2
587	ZADROŻNY CYPRIAN	1262		WARSZAWA	POL	M 40	228	M 588	00:12:45	00:26:52.05	00:27:50.45	5:22	11.2
588	MALESA KRYSZTIAN	1357	RADA DZIELNICY URSYNÓW	WARSZAWA	POL	M 30	167	M 589	00:13:10	00:26:54.35	00:28:56.10	5:22	11.2
589	JÓZEFOWICZ MACIEJ	400	VEGE RUNNERS	WARSZAWA	POL	M 30	168	M 590	00:12:47	00:26:54.90	00:28:11.60	5:22	11.2
590	KUBACKI DARIUSZ	573		WARSZAWA	POL	M 40	229	M 591	00:12:23	00:26:55.35	00:28:19.70	5:23	11.1
591	KATNER TOMASZ	435		WARSZAWA	POL	M 40	230	M 592	00:12:59	00:26:57.05	00:28:11.30	5:23	11.1
592	ŚCIBIOREK ARKADIUSZ	1103		ŁÓDŹ	POL	M 30	169	M 593	00:12:54	00:26:57.75	00:27:04.70	5:23	11.1
593	ŁUBIŃSKI PAWEŁ	640		WARSZAWA	POL	M 40	231	M 594	00:13:20	00:26:58.25	00:27:52.75	5:23	11.1
594	SOWIŃSKI EDMUND	1021	TKKFPŁOCK	PŁOCK	POL	M 70	5	M 595	00:13:22	00:26:58.40	00:27:26.05	5:23	11.1
595	WIKTOROWICZ TOMASZ	1200		WARSZAWA	POL	M 40	232	M 596	00:13:43	00:26:59.40	00:28:53.00	5:23	11.1
596	AJZYK MICHAŁ	19		WARSZAWA	POL	M 20	70	M 597	00:13:28	00:26:59.60	00:28:28.60	5:23	11.1
597	TOMALAK MACIEJ	1131		WARSZAWA	POL	M 40	233	M 598	00:13:40	00:27:00.80	00:28:59.25	5:24	11.1
598	DĄBROWSKI ANDRZEJ	181		JÓZEFÓW	POL	M 60	18	M 599	00:13:07	00:27:02.30	00:28:00.10	5:24	11.1
599	DYMEL JAN	1351	PAN	WARSZAWA	POL	M 30	170	M 600	00:13:01	00:27:02.40	00:27:12.40	5:24	11.1
600	WERNER JACEK	1392	ORANGE POLSKA	WARSZAWA	POL	M 30	171	M 601	00:13:43	00:27:03.65	00:28:59.50	5:24	11.1
601	KOŹDOŃ MAREK	541		WARSZAWA	POL	M 40	234	M 602	00:13:34	00:27:03.75	00:28:06.90	5:24	11.1
602	KRAWCZYK PIOTR	550		WARSZAWA	POL	M 40	235	M 603	00:13:35	00:27:03.95	00:28:39.95	5:24	11.1
603	DYCHA MARCIN	220	NEW BALANCE RUN CLUB	WARSAW	POL	M 50	57	M 604	00:13:35	00:27:08.85	00:28:31.85	5:25	11.1
604	WŁOSZCZEWSKI JAKUB	1226		WARSZAWA	POL	M 30	172	M 605	00:12:52	00:27:09.90	00:28:58.00	5:25	11
605	STEFANKOWSKI ROBERT	1031		ZIELONKA	POL	M 30	173	M 606	00:13:50	00:27:11.40	00:28:43.60	5:26	11
606	CZERSKI MACIEJ	166		WARSZAWA	POL	M 50	58	M 607	00:13:07	00:27:11.65	00:28:30.50	5:26	11

BIEG URSYNOWA, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
607	NOWOSIELSKI BARTŁOMIEJ	1388		KAMIENIEC ZĄBKOWICKI	POL	M 20	71	M 608	00:13:30	00:27:14.80	00:28:37.10	5:26	11
608	PRZYBYSZ MATEUSZ	902		WĘGRÓW	POL	M 20	72	M 609	00:13:18	00:27:16.55	00:28:30.80	5:27	11
609	POPLAWSKI MICHAEL	886		WARSZAWA	POL	M 20	73	M 610	00:13:50	00:27:17.30	00:28:47.85	5:27	11
610	OLIK AREK	795		WARSZAWA	POL	M 30	174	M 611	00:13:21	00:27:17.40	00:28:31.80	5:27	11
611	KITA GRZEGORZ	1373		WARSZAWA	POL	M 50	59	M 612	00:13:19	00:27:18.45	00:28:12.80	5:27	11
612	MATUSIEWICZ JAROSŁAW	692		WARSZAWA	POL	M 50	60	M 613	00:13:53	00:27:18.60	00:28:46.30	5:27	11
613	BALIŃSKI ROBERT	1400		WARSZAWA	POL	M 40	236	M 614	00:13:42	00:27:19.40	00:29:15.55	5:27	11
614	KIEWRA GRZEGORZ	449	AZS AWF WARSZAWA	WARSZAWA	POL	M 12	13	M 615	00:12:56	00:27:20.35	00:28:16.55	5:28	11
615	BOBROWSKI MARCIN	72	BEZKLUBIE	WARSZAWA	POL	M 50	61	M 616	00:14:20	00:27:20.75	00:29:05.65	5:28	11
616	SZUBRYT MICHAŁ	1079		WARSZAWA	POL	M 40	237	M 617	00:13:18	00:27:20.95	00:27:53.90	5:28	11
617	KASKA KRZYSZTOF	434		WARSZAWA	POL	M 30	175	M 618	00:14:12	00:27:21.45	00:29:21.30	5:28	11
618	BRZozowski ERNEST	1359	RUNNING PHOTONS	BŁONIE	POL	M 40	238	M 619	00:13:40	00:27:22.40	00:28:52.75	5:28	11
619	KOSZUT WOJCIECH	512		WARSZAWA	POL	M 40	239	M 620	00:14:05	00:27:23.45	00:29:16.70	5:28	11
620	PAŁASIEWICZ KRZYSZTOF	819		WARSZAWA	POL	M 30	176	M 621	00:13:36	00:27:24.05	00:28:45.05	5:28	10.9
621	GORCZYCKI DOMINIK	293		WARSZAWA	POL	M 20	74	M 622	00:13:01	00:27:26.20	00:28:39.85	5:29	10.9
622	PIORUN KACPER	1466		ŁOWICZ	POL	M 30	177	M 623	00:13:31	00:27:28.35	00:29:08.45	5:29	10.9
623	CHĘĆ ADAM	127		WARSZAWA	POL	M 40	240	M 624	00:13:16	00:27:29.10	00:28:52.85	5:29	10.9
624	KNAP MACIEJ	1537		WARSZAWA	POL	M 14	10	M 625	00:14:27	00:27:30.00	00:29:13.35	5:30	10.9
625	SZADKOWSKI PIOTR	1056	BRAK	BIAŁOBRZEGI	POL	M 40	241	M 626	00:12:44	00:27:30.30	00:27:39.70	5:30	10.9
626	PROUTY MATTHEW	891		WARSZAWA		M 50	62	M 627	00:13:44	00:27:30.65	00:28:55.60	5:30	10.9
627	DZIUBIŃSKI PIOTR	228	KDPS	WARSZAWA	POL	M 30	178	M 628		00:27:32.70	00:28:31.10	5:30	10.9
628	LASKUS-KUCZYŃSKI LESŁAW	596	*****	WARSZAWA	POL	M 40	242	M 629	00:13:20	00:27:33.45	00:29:29.60	5:30	10.9
629	TERCZYŃSKI PAWEŁ	1528		WARSZAWA	POL	M 40	243	M 630	00:13:48	00:27:33.70	00:28:54.60	5:30	10.9
630	LEŚNIAK KRZYSZTOF	608		WARSZAWA	POL	M 40	244	M 631	00:13:29	00:27:34.45	00:27:59.75	5:30	10.9
631	KNAP RADOSŁAW	469		WARSZAWA	POL	M 40	245	M 632	00:14:28	00:27:37.05	00:29:19.90	5:31	10.9
632	KUCHARSKI ADAM	1344		WARSZAWA	POL	M 40	246	M 633	00:13:32	00:27:37.80	00:28:57.25	5:31	10.9
633	JĘDRAŚ ŁUKASZ	1370		WARSZAWA	POL	M 30	179	M 634	00:13:49	00:27:39.35	00:29:12.30	5:31	10.8
634	KOWALSKI ROBERT	533	NBRC	WARSZAWA	POL	M 50	63	M 635	00:13:16	00:27:40.10	00:28:35.60	5:32	10.8
635	BUJNOWSKI IGOR	110		WARSZAWA	POL	M 16	27	M 636	00:13:52	00:27:40.30	00:29:10.60	5:32	10.8
636	SŁOWIK JERZY	998		WARSZAWA	POL	M 60	19	M 637	00:13:20	00:27:41.70	00:29:07.40	5:32	10.8
637	JANIK MATEUSZ	1477		WARSZAWA	POL	M 30	180	M 638	00:13:53	00:27:41.75	00:30:08.20	5:32	10.8
638	FUTYMA KAROL	1460		WARSZAWA	POL	M 30	181	M 639	00:13:01	00:27:43.55	00:27:54.05	5:32	10.8
639	RUTKOWSKI TOMASZ	943		WARSZAWA	POL	M 40	247	M 640	00:13:35	00:27:43.95	00:29:26.35	5:32	10.8
640	ZALEWSKI LUDOMIR	1266		WARSZAWA	POL	M 40	248	M 641	00:13:31	00:27:44.65	00:29:56.50	5:32	10.8
641	ŁĘCZYŃSKI PIOTR	632		WARSZAWA	POL	M 16	28	M 642	00:13:04	00:27:45.10	00:27:47.80	5:33	10.8
642	KUCHER PAVLO	581		WARSZAWA	POL	M 20	75	M 643	00:13:23	00:27:46.10	00:28:52.60	5:33	10.8
643	DOLESZCZAK MARCIN	195		PIASECZNO	POL	M 20	76	M 644		00:27:48.60	00:27:48.60	5:33	10.8
644	SEGIET RAFAŁ	964	SEGIETEAM	WARSZAWA	POL	M 30	182	M 645	00:13:47	00:27:48.90	00:29:45.80	5:33	10.8
645	WÓJCIK ROBERT	619		WARSZAWA	POL	M 40	249	M 646	00:13:51	00:27:49.70	00:29:19.15	5:33	10.8
646	ŚWIDRAK BARTOSZ	1113		WARSZAWA	POL	M 30	183	M 647	00:13:35	00:27:52.40	00:29:27.85	5:34	10.8
647	WOŁOSZYN SZYMON	1240		WARSZAWA	POL	M 40	250	M 648	00:13:48	00:27:54.25	00:29:29.90	5:34	10.8
648	DUBEK MICHAŁ	210		WARSZAWA	POL	M 40	251	M 649	00:13:53	00:27:57.10	00:29:48.45	5:35	10.7
649	HILAK ADAM	344		WARSZAWA	POL	M 40	252	M 650	00:13:59	00:27:57.40	00:29:21.20	5:35	10.7
650	BARTON MILAN	43		WARSZAWA	POL	M 12	14	M 651	00:13:49	00:28:00.35	00:29:48.75	5:36	10.7
651	BUKOWSKI JANUSZ	112		WARSZAWA	POL	M 60	20	M 652	00:14:01	00:28:00.85	00:28:04.75	5:36	10.7
652	HULANICKI ANDRZEJ	353	GOGGLE TEAM	WARSZAWA	POL	M 60	21	M 653	00:13:50	00:28:01.00	00:29:15.30	5:36	10.7
653	KOZUCHOWSKI IWO	1381		WARSZAWA	POL	M 50	64	M 654	00:13:14	00:28:06.20	00:28:26.00	5:37	10.7
654	KOWALSKI BARTŁOMIEJ	529		KOŁOBRZEG	POL	M 40	253	M 655	00:14:07	00:28:06.80	00:29:26.65	5:37	10.7
655	RADOMSKI ARTUR	1364		WARSZAWA	POL	M 40	254	M 656	00:14:09	00:28:08.40	00:30:18.70	5:37	10.7
656	DĄBROWSKI MARCIN	182		JACHRANKA	POL	M 30	184	M 657	00:13:59	00:28:08.75	00:29:42.60	5:37	10.7
657	WCISŁO MARCIN	1486	MIEDZESZYN	WARSZAWA	POL	M 40	255	M 658	00:14:07	00:28:10.10	00:28:38.75	5:38	10.7
658	WIELICZKO ŁUKASZ	1195		STOCZEK	POL	M 30	185	M 659	00:13:22	00:28:10.35	00:29:53.45	5:38	10.7
659	SOKÓLSKI TOMASZ	1018	TEAM ZABIEGANEDNI	WIĄZOWNA	POL	M 50	65	M 660	00:13:54	00:28:13.20	00:29:49.85	5:38	10.6
660	HOMICKI ROBERT	347		RZESZOW	POL	M 50	66	M 661	00:13:44	00:28:15.65	00:30:34.90	5:39	10.6
661	DUDEK DAMIAN	215		WARSZAWA	POL	M 14	11	M 662	00:13:59	00:28:16.05	00:29:42.55	5:39	10.6
662	RANKOWSKI BARTOSZ	915		WARSZAWA	POL	M 40	256	M 663	00:13:59	00:28:17.60	00:29:46.85	5:39	10.6
663	SKONIECZNY ANDRZEJ	989		WARSZAWA	POL	M 50	67	M 664	00:13:50	00:28:18.00	00:29:34.45	5:39	10.6

BIEG URSYNOWA, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
664	WALCZUK ŁUKASZ	1386		WARSZAWA	POL	M 30	186	M 665	00:14:24	00:28:18.20	00:30:09.40	5:39	10.6
665	PIETRZYK PAWEŁ	856		WARSZAWA	POL	M 30	187	M 666	00:13:25	00:28:18.65	00:29:37.55	5:39	10.6
666	POPIOŁEK JACEK	884		WARSZAWA	POL	M 50	68	M 667	00:13:25	00:28:18.80	00:29:09.10	5:39	10.6
667	SKROK MATEUSZ	1342		SULEJÓWEK	POL	M 20	77	M 668	00:13:04	00:28:19.05	00:28:33.55	5:39	10.6
668	SZCZEPAŃSKA MATEUSZ	1064		WARSZAWA	POL	M 12	15	M 669	00:13:54	00:28:19.30	00:29:20.40	5:39	10.6
669	KAMIŃSKI ANDRZEJ	416		WARSZAWA	POL	M 12	16	M 670	00:15:33	00:28:20.40	00:30:28.60	5:40	10.6
670	PROUTY ANTHONY	892		WARSZAWA		M 16	29	M 671		00:28:21.50	00:28:21.50	5:40	10.6
671	ZACZEK PRZEMYSŁAW	1260		MARKI	POL	M 40	257	M 672	00:14:23	00:28:21.60	00:30:09.35	5:40	10.6
672	MIASTOWSKI RAFAŁ	18	SŁOŃ B	WARSZAWA	POL	M 50	69	M 673	00:13:47	00:28:22.05	00:29:40.80	5:40	10.6
673	SZYMAŃSKI ŁUKASZ	1095		WARSZAWA	POL	M 30	188	M 674	00:13:52	00:28:23.70	00:29:55.15	5:40	10.6
674	CHMIELEWSKI ANTONI	129		MIĘDZYRZEC PODLASKI	POL	M 70	6	M 675	00:14:31	00:28:23.80	00:30:01.20	5:40	10.6
675	KONDRAT PIOTR	487		ZĄBKI	POL	M 50	70	M 676	00:13:27	00:28:25.75	00:29:21.80	5:41	10.6
676	BĘTKOWSKI TOMASZ	1601		WARSZAWA	POL	M 40	258	M 677	00:13:57	00:28:25.75	00:29:58.70	5:41	10.6
677	PIROGOW TOMEK	865		ŁOZISKA	POL	M 40	259	M 678	00:14:10	00:28:26.65	00:30:27.30	5:41	10.6
678	FIGAT KRZYSZTOF	245	KRZYSZTOF FIGAT	WARSZAWA URSYNÓW	POL	M 40	260	M 679	00:14:28	00:28:26.95	00:30:09.35	5:41	10.6
679	PRZENIOSŁO PAWEŁ	896		WARSZAWA	POL	M 40	261	M 680	00:13:30	00:28:27.15	00:29:05.35	5:41	10.5
680	OKUŃ MARCIN	1513		TOMICE	POL	M 40	262	M 681	00:14:08	00:28:29.60	00:28:57.40	5:41	10.5
681	BRZozowski MIKOŁAJ	102		WARSZAWA	POL	M 20	78	M 682	00:13:23	00:28:29.90	00:29:32.55	5:41	10.5
682	TRZAŚKI FILIP	1150	GS HUSKY	WARSZAWA	POL	M 30	189	M 683	00:14:06	00:28:30.50	00:29:53.20	5:42	10.5
683	CIESIELSKI GRZEGORZ	147	LKS PERŁA ZŁOTOKŁOS	GRZĘDY	POL	M 30	190	M 684	00:14:30	00:28:32.40	00:30:46.95	5:42	10.5
684	WŁODARCZYK MIROSŁAW	1224	I LO UKS KOŚCIUSZKO WŁODAWA	WŁODAWA	POL	M 40	263	M 685	00:14:02	00:28:33.30	00:29:59.55	5:42	10.5
685	SIRODZKI ZBIGNIEW	1347		WARSZAWA	POL	M 50	71	M 686	00:13:08	00:28:33.35	00:28:51.20	5:42	10.5
686	SMULEK RAFAŁ	1004		WARSZAWA	POL	M 30	191	M 687	00:15:23	00:28:33.35	00:30:26.25	5:42	10.5
687	PAMUŁA PAWEŁ	821		WARSZAWA	POL	M 50	72	M 688	00:14:22	00:28:37.80	00:30:44.15	5:43	10.5
688	GRECKI MICHAŁ	1550		CHYLICZKI	POL	M 30	192	M 689	00:14:58	00:28:37.90	00:29:05.65	5:43	10.5
689	KAMINSKI MARCIN	412	MELAMBIINA	WARSZAWA	POL	M 30	193	M 690	00:14:12	00:28:39.05	00:30:39.90	5:43	10.5
690	VOVCHANSKY NAZAR	1173		WARSZAWA	POL	M 20	79	M 691	00:13:55	00:28:39.85	00:29:01.05	5:43	10.5
691	ŻÓŁTOWSKI BARTŁOMIEJ	1300		WARSZAWA	POL	M 40	264	M 692	00:13:46	00:28:40.05	00:30:17.70	5:44	10.5
692	DYMEL PIOTR	223		WARSZAWA	POL	M 70	7	M 693	00:13:42	00:28:40.35	00:29:23.30	5:44	10.5
693	SZYDŁOWSKI ARTUR	1085		WARSZAWA	POL	M 40	265	M 694	00:13:55	00:28:41.60	00:30:06.10	5:44	10.5
694	SOCHOCKI WOJCIECH	1013		WARSZAWA	POL	M 30	194	M 695	00:15:24	00:28:41.65	00:30:34.35	5:44	10.5
695	HOLDENMAJER CEZARY	1341		WARSZAWA	POL	M 50	73	M 696	00:13:53	00:28:42.65	00:30:37.90	5:44	10.5
696	ZDROJEWSKI SZYMON	1281		WARSZAWA	POL	M 30	195	M 697	00:14:20	00:28:42.95	00:30:12.70	5:44	10.5
697	PAWLISZ MARCIN	834		WARSZAWA	POL	M 50	74	M 698	00:14:00	00:28:44.80	00:29:26.40	5:44	10.4
698	MALER WLADYSLAW	664	NEW BALANCE RUN CLUB	WARSZAWA	POL	M 70	8	M 699	00:14:27	00:28:44.90	00:30:11.15	5:44	10.4
699	MARCINKIEWICZ WOJCIECH	675	BIEGUSTATORZY	WARSZAWA	POL	M 30	196	M 700	00:14:31	00:28:49.10	00:30:27.25	5:45	10.4
700	BODALSKI JACEK	75	AKTYWNA WARSZAWA	WARSZAWA	POL	M 50	75	M 701	00:14:25	00:28:53.95	00:30:39.50	5:46	10.4
701	JANISZEWSKI PIOTR	374		RASZYN	POL	M 40	266	M 702	00:14:29	00:28:54.70	00:31:18.10	5:46	10.4
702	KLUCZYK PIOTR	1368	KS GROM PRO	WARSZAWA	POL	M 30	197	M 703	00:14:21	00:28:55.30	00:30:39.45	5:47	10.4
703	KOSOWICZ PAWEŁ	509		WARSZAWA	POL	M 30	198	M 704	00:15:16	00:28:56.05	00:28:56.05	5:47	10.4
704	GOŁDYN ŁUKASZ	290	-	WARSZAWA	POL	M 30	199	M 705	00:14:58	00:28:56.55	00:30:09.60	5:47	10.4
705	FROM KONRAD	255	WARSAW RUN CLUB	WARSZAWA	POL	M 40	267	M 706	00:14:29	00:28:59.00	00:30:39.60	5:47	10.4
706	KMIEĆ KAMIL	467		ZĄBKI	POL	M 30	200	M 707	00:14:12	00:28:59.85	00:29:47.00	5:47	10.4
707	KARCZMARCZYK PAWEŁ	424		WARSZAWA	POL	M 30	201	M 708	00:14:09	00:28:59.95	00:30:22.25	5:47	10.4
708	ZAŁEWSKI PIOTR	1328		JULIANÓW	POL	M 50	76	M 709	00:14:29	00:29:00.20	00:31:05.45	5:48	10.3
709	ŻUK ŁUKASZ	1469		WARSZAWA	POL	M 40	268	M 710	00:14:06	00:29:01.05	00:30:44.45	5:48	10.3
710	ZAŁEWSKI KRZYSZTOF	1268		CISIE	POL	M 60	22	M 711	00:14:21	00:29:03.95	00:30:49.10	5:48	10.3
711	NGUYEN JAKUB	764		WARSZAWA	POL	M 20	80	M 712	00:13:07	00:29:04.50	00:29:21.55	5:48	10.3
712	BRONISZEWSKI JAKUB	95		ZĄBKI	POL	M 40	269	M 713	00:14:22	00:29:09.80	00:30:54.35	5:49	10.3
713	WALKIEWICZ MARIUSZ	1317	SDS REPREZENTACJA DZIENNIKARZY	NOWA IWICZNA	POL	M 50	77	M 714	00:13:55	00:29:10.00	00:30:42.15	5:50	10.3
714	GRONKIEWICZ MACIEJ	314	-	OTWOCK	POL	M 16	30	M 715	00:14:08	00:29:10.35	00:30:33.50	5:50	10.3
715	MĘKARSKI PIOTR	1408		WARSZAWA	POL	M 40	270	M 716	00:14:52	00:29:10.70	00:30:46.20	5:50	10.3
716	KORONA KRZYSZTOF	501		WARSZAWA	POL	M 50	78	M 717	00:14:08	00:29:11.20	00:30:31.75	5:50	10.3
717	GAWLIK BENIAMIN	272		WARSZAWA	POL	M 50	79	M 718	00:14:34	00:29:11.45	00:31:30.70	5:50	10.3
718	OLESZEK MACIEJ	793		WARSZAWA	POL	M 20	81	M 719	00:13:31	00:29:12.10	00:30:42.95	5:50	10.3
719	KŁOPOCKI RAFAŁ	462		WARSZAWA	POL	M 50	80	M 720	00:14:38	00:29:15.10	00:31:08.00	5:51	10.3
720	MAKOSA WITOLD	1561		KONSTANCIN	POL	M 60	23	M 721	00:14:30	00:29:17.40	00:31:03.60	5:51	10.2

BIEG URSYNOWA, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
721	CHUDOBIŃSKI TOMASZ	138		WARSZAWA	POL	M 20	82	M 722	00:13:58	00:29:18.05	00:30:48.90	5:51	10.2
722	WIŚNIEWSKI JANUSZ	1213	PARKRUN PRUSZKÓW 70+	PIASTÓW	POL	M 70	9	M 723	00:14:39	00:29:18.80	00:29:46.85	5:51	10.2
723	PRASEK ŁUKASZ	887		WARSZAWA	POL	M 40	271	M 724	00:14:22	00:29:19.25	00:30:41.45	5:51	10.2
724	GAWIN MARIUSZ	271		WARSZAWA	POL	M 16	31	M 725	00:14:01	00:29:20.30	00:31:11.15	5:52	10.2
725	ZARĘBSKI SZCZEPAN	1270		RADOM	POL	M 30	202	M 726	00:14:37	00:29:21.30	00:31:08.30	5:52	10.2
726	WALOS JAN	1177		WARSZAWA	POL	M 60	24	M 727	00:14:27	00:29:24.60	00:30:50.70	5:52	10.2
727	TYSZKA RAFAŁ	1161		WARSZAWA	POL	M 14	12	M 728	00:13:44	00:29:31.80	00:30:44.40	5:54	10.2
728	ROSTKOWSKI ŁUKASZ	934		RZESZÓW	POL	M 30	203	M 729	00:15:30	00:29:33.05	00:29:33.05	5:54	10.2
729	PAC BARTOSZ	814		WARSZAWA	POL	M 40	272	M 730	00:14:28	00:29:34.55	00:31:38.50	5:54	10.1
730	KOZIEJ ANDRZEJ	538		WARSZAWA	POL	M 40	273	M 731	00:14:29	00:29:35.05	00:30:50.95	5:55	10.1
731	PUCHAŁA TOMASZ	904	MYSZORY	WARSZAWA	POL	M 30	204	M 732	00:14:23	00:29:35.95	00:30:53.60	5:55	10.1
732	PICEWICZ PAWEŁ	1415		WARSZAWA	POL	M 40	274	M 733	00:15:50	00:29:39.40	00:31:54.05	5:55	10.1
733	NOWACKI JULIAN	775	TO NATURALNE	WARSZAWA	POL	M 70	10	M 734	00:14:33	00:29:39.55	00:30:13.40	5:55	10.1
734	BARANOWSKI KRZYSZTOF	1494		ZIELONKA	POL	M 50	81	M 735	00:14:34	00:29:40.65	00:30:13.80	5:56	10.1
735	STAŃSKI SŁAWOMIR	1493		WARSZAWA	POL	M 60	25	M 736	00:14:33	00:29:40.75	00:30:14.05	5:56	10.1
736	KOSIACKI KAROL	506		WARSZAWA	POL	M 40	275	M 737	00:14:47	00:29:41.60	00:32:04.40	5:56	10.1
737	PAWŁOWSKI KRYSZTIAN	837	LKS PERŁA ZŁOTOKŁOS	ZŁOTOKŁOS	POL	M 30	205	M 738	00:14:28	00:29:42.70	00:31:57.40	5:56	10.1
738	SZYMANEK ŁUKASZ	1086		WARSZAWA	POL	M 40	276	M 739	00:14:56	00:29:49.10	00:32:05.90	5:57	10.1
739	BUDZIANOWSKI MATEUSZ	107		WARSZAWA	POL	M 30	206	M 740	00:15:41	00:29:51.50	00:31:48.30	5:58	10.1
740	SOKOŁOWSKI MARIAN	1015	SAMOTNY WILK	WARSZAWA	POL	M 70	11	M 741	00:14:23	00:29:51.85	00:30:20.85	5:58	10.1
741	NIEWIADOMSKI ZDZISŁAW	772		WARSZAWA	POL	M 70	12	M 742	00:14:52	00:29:59.30	00:31:37.10	5:59	10
742	LEŚIAKOWSKI PAWEŁ	606		WARSZAWA	POL	M 30	207	M 743	00:14:28	00:29:59.50	00:31:45.05	5:59	10
743	SZYMAŃSKI DOMINIK	1094		WARSZAWA	POL	M 30	208	M 744	00:14:40	00:30:02.70	00:32:18.05	6:00	10
744	KOWALCZYK KAMIL	519		HALINÓW	POL	M 30	209	M 745	00:14:11	00:30:05.50	00:31:02.00	6:01	10
745	ROJEWSKI MATEUSZ	926	BACKSIDE TEAM	WARSZAWA	POL	M 20	83	M 746		00:30:05.50	00:30:05.50	6:01	10
746	OLKOWSKI ROBERT	796		IZABELIN-DZIEKANÓWEK	POL	M 50	82	M 747	00:14:15	00:30:08.00	00:31:43.45	6:01	10
747	KUCHTA JAN-MARKUS	1489		WARSZAWA	POL	M 14	13	M 748	00:14:39	00:30:08.65	00:32:06.45	6:01	10
748	ZIELIŃSKI MATEUSZ	1548		WARSZAWA	POL	M 30	210	M 749	00:14:37	00:30:13.35	00:31:28.90	6:02	9.9
749	KOZAK JAKUB	1407		WARSZAWA	POL	M 40	277	M 750	00:15:40	00:30:14.95	00:31:59.40	6:02	9.9
750	SKROBEK PIOTR	991		ŁOMIAŃKI	POL	M 30	211	M 751	00:15:01	00:30:16.00	00:32:33.60	6:03	9.9
751	ADAMIAK PAWEŁ	14		WARSZAWA	POL	M 50	83	M 752	00:14:28	00:30:16.40	00:32:05.35	6:03	9.9
752	MASTALEREK ARKADIUSZ	685		WARSZAWA	POL	M 40	278	M 753		00:30:24.00	00:30:25.00	6:04	9.9
753	VUCO IVO	1174	HULTAJ LITERACKI	STARE GROCHALE	POL	M 40	279	M 754	00:15:07	00:30:24.30	00:32:13.25	6:04	9.9
754	GÓRAL PIOTR	1586		JÓZEFOSŁAW	POL	M 60	26	M 755	00:14:34	00:30:27.50	00:32:02.55	6:05	9.9
755	WRÓBLEWSKI RAFAŁ	1565			POL	M 20	84	M 756	00:14:37	00:30:32.65	00:32:24.60	6:06	9.8
756	TOLAK MARCIN	1130		WARSZAWA	POL	M 40	280	M 757	00:14:24	00:30:33.55	00:32:19.55	6:06	9.8
757	WOJCIECHOWSKI TOMASZ	1231		CIECHANÓW	POL	M 30	212	M 758	00:15:35	00:30:35.20	00:32:37.70	6:07	9.8
758	TULIN MICHAŁ	1154		WARSZAWA	AFG	M 30	213	M 759		00:30:40.00	00:30:41.00	6:08	9.8
759	NEJMAN ANDRZEJ	1313		WARSZAWA	POL	M 40	281	M 760	00:14:54	00:30:40.60	00:32:27.40	6:08	9.8
760	PIOTROWSKI NORBERT	1446		WARSZAWA	POL	M 14	14	M 761	00:10:11	00:30:49.05	00:31:07.95	6:09	9.7
761	LENARCZYK PAWEŁ	602		WARSZAWA	POL	M 40	282	M 762	00:14:34	00:30:55.05	00:32:49.10	6:11	9.7
762	BORYS PIOTR	87		WARSZAWA	POL	M 50	84	M 763	00:14:31	00:30:57.10	00:32:36.30	6:11	9.7
763	BRZEZIK PIOTR	97		WARSZAWA	POL	M 30	214	M 764	00:14:24	00:31:08.25	00:32:10.60	6:13	9.6
764	KIELEWICZ KAZIMIERZ	445		RADOM	POL	M 70	13	M 765	00:15:02	00:31:08.60	00:32:50.50	6:13	9.6
765	SZYMCAK MIROSLAW	1098	TRIWAWA	WARSZAWA	POL	M 70	14	M 766	00:15:03	00:31:13.70	00:33:22.20	6:14	9.6
766	SOKOŁOWSKI WOJCIECH	1016		AUGUSTOW	POL	M 50	85	M 767	00:14:41	00:31:18.25	00:32:24.25	6:15	9.6
767	BARCZYK TOMASZ	38		WARSZAWA	POL	M 30	215	M 768	00:15:51	00:31:25.45	00:33:25.45	6:17	9.5
768	JAŃCZAK MARIUSZ	382		WARSZAWA	POL	M 40	283	M 769	00:14:55	00:31:27.55	00:32:00.70	6:17	9.5
769	REGUCKI ARTUR	917		WARSZAWA	POL	M 50	86	M 770	00:14:55	00:31:28.15	00:35:56.40	6:17	9.5
770	ORZECZOWSKI DANIEL	804		PIASECZNO	POL	M 40	284	M 771	00:15:35	00:31:31.00	00:33:34.20	6:18	9.5
771	MARCIŃSKI KUBA	676	PROJEKT AIK	WARSZAWA	POL	M 40	285	M 772	00:15:25	00:31:32.55	00:33:48.00	6:18	9.5
772	MICHAŁAK JERZY	709	KBIM.P.SĘKOWSKIEGO	PŁOŃSK	POL	M 70	15	M 773	00:15:08	00:31:35.90	00:33:24.60	6:19	9.5
773	GRUDZIŃSKI BARTOSZ	1484		WARSZAWA	POL	M 12	17	M 774	00:14:52	00:31:36.25	00:33:28.65	6:19	9.5
774	WĘCŁAWIK PIOTR	1190		WARSZAWA	POL	M 30	216	M 775	00:14:58	00:31:38.90	00:33:31.10	6:19	9.5
775	KŁYS MATEUSZ	465		WARSZAWA	POL	M 20	85	M 776	00:15:57	00:31:40.40	00:33:36.00	6:20	9.5
776	JANCZ BARTOSZ	1480		WARSZAWA	POL	M 40	286	M 777	00:15:47	00:31:42.55	00:33:45.35	6:20	9.5
777	MOSKAŁA BOGUSŁAW	737		WARSZAWA	POL	M 60	27	M 778	00:15:47	00:31:58.00	00:33:59.80	6:23	9.4

BIEG URSYNOWA, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
778	TABOR TOMASZ	1118		WARSZAWA	POL	M 50	87	M 779	00:15:49	00:32:06.60	00:33:55.00	6:25	9.3
779	HOŁOWACZ TOMASZ	346	KONDYCJA	WARSZAWA	POL	M 70	16	M 780	00:16:03	00:32:10.15	00:34:04.70	6:26	9.3
780	KOPER ADAM	494		WARSZAWA	POL	M 30	217	M 781		00:32:11.30	00:32:11.30	6:26	9.3
781	NAKWASKI BARTEK	757		WARSZAWA	POL	M 40	287	M 782	00:15:14	00:32:17.90	00:32:51.00	6:27	9.3
782	SYTY ADAM	1052		WARSZAWA	POL	M 40	288	M 783	00:15:46	00:32:18.05	00:34:16.20	6:27	9.3
783	NIEDZIELA MICHAŁ	766		WARSZAWA	POL	M 30	218	M 784	00:15:41	00:32:18.60	00:33:37.60	6:27	9.3
784	WITEK SZYMON	1579		WARSZAWA	POL	M 12	18	M 785	00:16:16	00:32:22.75	00:34:22.50	6:28	9.3
785	SIERANT WOJCIECH	970		WARSZAWA	POL	M 30	219	M 786	00:16:31	00:32:23.95	00:34:27.35	6:28	9.3
786	RYŃSKI ANDRZEJ	949		WARSZAWA	POL	M 50	88	M 787	00:15:08	00:32:27.55	00:33:42.60	6:29	9.2
787	ADAMCZYK JACEK	1439	WYKŁĘCI TV	LATCHORZEW	POL	M 50	89	M 788	00:15:49	00:32:31.20	00:34:26.60	6:30	9.2
788	WERPACHOWSKI MATEUSZ	1189		WARSZAWA	POL	M 30	220	M 789	00:15:49	00:32:39.40	00:34:33.75	6:31	9.2
789	ZAWACKI ANDRZEJ	1277		WOŁOMIN	POL	M 50	90	M 790	00:15:49	00:32:40.80	00:34:34.85	6:32	9.2
790	DRZEWIECKI JANUSZ	1372	KLUB MSM	WARSZAWA	POL	M 60	28	M 791	00:16:18	00:32:42.25	00:34:31.70	6:32	9.2
791	PYREK ARTUR	906		WARSZAWA	POL	M 40	289	M 792	00:16:04	00:32:54.15	00:34:54.00	6:34	9.1
792	PISAREK JACEK	1349	AKS POLONIA WARSZAWA	WARSZAWA	POL	M 50	91	M 793	00:16:35	00:32:56.40	00:35:02.25	6:35	9.1
793	GROCHÓLSKI PAWEŁ	313		WARSZAWA	POL	M 30	221	M 794	00:16:21	00:33:01.80	00:33:28.65	6:36	9.1
794	OLCZAK WITOLD	790	UMCS BIEGA	WARSZAWA	POL	M 60	29	M 795	00:16:07	00:33:02.00	00:35:11.65	6:36	9.1
795	MATEJKA MATEUSZ	688		WARSZAWA	POL	M 12	19	M 796	00:15:13	00:33:03.65	00:34:39.95	6:36	9.1
796	ORZEŁ PAWEŁ	806		WARSZAWA	POL	M 20	86	M 797	00:16:37	00:33:05.70	00:35:13.20	6:37	9.1
797	CZEKAJ TOMASZ	1430		WARSZAWA	POL	M 40	290	M 798	00:17:14	00:33:08.80	00:35:22.25	6:37	9.1
798	KRUKOWSKI MICHAŁ	559		WARSZAWA	POL	M 30	222	M 799	00:15:11	00:33:09.00	00:35:03.70	6:37	9
799	JEŻMAŃSKI SŁAWEK	393		WARSZAWA	POL	M 40	291	M 800	00:17:15	00:33:12.50	00:35:23.75	6:38	9
800	SZYMANCZAK ZBIGNIEW	1089		NADARZYN	POL	M 60	30	M 801	00:16:52	00:33:23.75	00:35:22.85	6:40	9
801	DRUZIŁ MIKITA	207		WARSZAWA	POL	M 20	87	M 802	00:15:33	00:33:24.50	00:34:47.95	6:40	9
802	SZYMAŃSKI MIROSLAW	1096	COMAMEDIA MIROSLAW SZYMAŃSKI	WARSZAWA	POL	M 40	292	M 803	00:16:20	00:33:27.35	00:35:20.90	6:41	9
803	NASKRĘT MARIUSZ	761		RACOT	POL	M 40	293	M 804	00:16:18	00:33:30.40	00:35:18.00	6:42	9
804	ANIOŁ ZYGMUNT	21	ZYGMUNT ANIOŁ	KĄTY	POL	M 50	92	M 805	00:16:39	00:33:31.80	00:34:58.75	6:42	9
805	KALETA PIOTR	410		WARSZAWA	POL	M 30	223	M 806	00:15:50	00:33:32.15	00:35:27.25	6:42	8.9
806	BAJOREK JACEK	31		WYSZKÓW	POL	M 40	294	M 807	00:16:04	00:33:36.20	00:35:47.85	6:43	8.9
807	BACIŃSKI ARKADIUSZ	1539		WARSZAWA	POL	M 40	295	M 808	00:17:41	00:33:39.05	00:33:39.05	6:43	8.9
808	SAMEL JANUSZ	1500		WARSZAWA	POL	M 40	296	M 809	00:15:48	00:33:47.95	00:35:30.35	6:45	8.9
809	NASTALEK PIOTR	762		WARSZAWA	POL	M 40	297	M 810	00:17:03	00:33:52.55	00:35:53.15	6:46	8.9
810	WOJTOWICZ JERZY	1238		WARSZAWA	POL	M 70	17	M 811	00:16:41	00:34:03.50	00:36:05.10	6:48	8.8
811	MAMAK ANDRZEJ	673		WARSZAWA	POL	M 60	31	M 812	00:15:39	00:34:06.75	00:34:39.70	6:49	8.8
812	CZAPIEWSKI KRZYSZTOF	158	TRIPASSION	WARSZAWA	POL	M 30	224	M 813	00:16:36	00:34:08.55	00:36:07.30	6:49	8.8
813	PATURA PRZEMYSŁAW	1398	LONGBRIDGE TEAM	SKIERNIEWICE	POL	M 40	298	M 814	00:15:32	00:34:19.15	00:35:47.60	6:51	8.7
814	CZYŻ MICHAŁ	1506		WARSZAWA	POL	M 30	225	M 815	00:15:51	00:34:26.90	00:34:44.10	6:53	8.7
815	ŻURAWSKI FILIP	1303		WARSZAWA	POL	M 14	15	M 816	00:16:21	00:34:26.95	00:36:18.00	6:53	8.7
816	GLASSER MAREK	280		WARSZAWA	POL	M 70	18	M 817	00:17:22	00:34:27.65	00:36:34.20	6:53	8.7
817	ŻURAWSKI SŁAWOMIR	1302	PGBSPORTOWAPACZKA	WARSZAWA	POL	M 40	299	M 818	00:16:22	00:34:27.85	00:36:18.25	6:53	8.7
818	DWÓRZNIK JAN	219		WARSZAWA	POL	M 12	20	M 820	00:17:01	00:34:32.85	00:36:36.05	6:54	8.7
819	BORKOWSKI PIOTR	81		WARSZAWA	POL	M 40	300	M 821	00:16:39	00:34:35.90	00:36:32.90	6:55	8.7
820	MAZUR PAWEŁ	699		WARSZAWA	POL	M 40	301	M 822	00:14:34	00:34:40.60	00:36:46.25	6:56	8.7
821	CHARIZA STEFAN	121		WARSZAWA	POL	M 40	302	M 823	00:17:04	00:34:42.35	00:36:44.10	6:56	8.6
822	SADURSKI ARTUR	1562	SC FREIBURG	WARSZAWA	POL	M 40	303	M 824	00:15:39	00:34:49.05	00:36:38.85	6:57	8.6
823	KIEŁBICKI MARCIN	446		WARSZAWA	POL	M 40	304	M 825	00:16:14	00:34:53.15	00:35:25.50	6:58	8.6
824	KEMPA ROBERT	47		WARSZAWA	POL	M 40	305	M 826	00:17:15	00:34:54.60	00:37:06.25	6:58	8.6
825	MATELA JACEK	689		WARSZAWA	POL	M 30	226	M 827	00:17:12	00:34:56.95	00:37:14.00	6:59	8.6
826	SZOSTAKOWSKI JAROSŁAW	1077	BIEGAMY Z OCHOTĄ	WARSZAWA	POL	M 50	93	M 828	00:17:18	00:34:58.20	00:37:06.00	6:59	8.6
827	CHOJNACKI GRZEGORZ	134		WARSZAWA	POL	M 40	306	M 829	00:16:47	00:34:59.00	00:37:04.50	6:59	8.6
828	PASTERNAK JERZY	826	DRUŻYNA PAULINY	WARSZAWA	POL	M 60	32	M 830	00:17:22	00:35:28.90	00:37:52.20	7:05	8.5
829	KUBACKI GRZEGORZ	572		WARSZAWA	POL	M 50	94	M 831	00:16:49	00:36:10.05	00:37:31.05	7:14	8.3
830	ĆWIEK JAROSŁAW	171		WARSZAWA	POL	M 50	95	M 832	00:17:43	00:36:12.50	00:38:22.60	7:14	8.3
831	KARBOWNIK MICHAŁ	422		WARSZAWA	POL	M 30	227	M 833	00:16:37	00:36:22.15	00:36:42.40	7:16	8.2
832	KOSIATY JAROSŁAW	507	RÓBMY SVOJE	WARSZAWA	POL	M 50	96	M 834	00:16:29	00:36:25.60	00:37:36.20	7:17	8.2
833	WOJTAS JANUSZ	1237		WARSZAWA	POL	M 50	97	M 835	00:17:49	00:36:50.00	00:38:52.45	7:22	8.1
834	GARWACKI JOZEF	268		NOWE GULCZEWO	POL	M 70	19	M 836	00:18:00	00:37:05.40	00:38:59.55	7:25	8.1

BIEG URSYNOWA, M Open c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
835	PLUTA ALEK	872		SULEJÓWEK	POL	M 30	228	M 837	00:18:14	00:37:42.05	00:40:07.00	7:32	8
836	BORUSZEWSKI MACIEJ	85		WARSZAWA	POL	M 40	307	M 838	00:17:27	00:37:53.25	00:38:12.50	7:34	7.9
837	ROWICKI JAKUB	935		WARSZAWA	POL	M 20	88	M 839	00:18:19	00:38:12.40	00:39:27.45	7:38	7.9
838	DZIURDZ JACEK	229	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 40	308	M 840	00:18:52	00:38:42.00	00:40:25.05	7:44	7.8
839	FARRALES CHADWICK	243	PINOYSINPOLAND	WARSZAWA	POL	M 16	32	M 841	00:18:54	00:38:42.35	00:39:25.90	7:44	7.8
840	FARRALES RONALDO	242	PINOYS IN POLAND	WARSZAWA	PHI	M 40	309	M 842	00:18:54	00:38:42.50	00:39:26.00	7:44	7.8
841	MOSZKOWICZ EUGENIUSZ	739	KONDYCJA	WARSZAWA	POL	M 70	20	M 843	00:18:39	00:39:37.50	00:41:35.30	7:55	7.6
842	MIODUSZEWSKI ANDRZEJ	726		WARSZAWA	POL	M 70	21	M 844	00:19:07	00:39:50.10	00:39:54.70	7:58	7.5
843	MISCIOR TOMASZ	730		WARSZAWA	POL	M 30	229	M 845	00:40:35.20	00:40:35.20	00:40:35.20	8:07	7.4
844	ŁOWCZAK JACEK	637	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 30	230	M 846	00:18:20	00:40:48.30	00:43:10.90	8:09	7.4
845	MYŚLIWIEC PIOTR	754	AKTYWNI PO ZAWALE	WARSZAWA	POL	M 40	310	M 847	00:19:43	00:40:54.35	00:42:54.50	8:10	7.3
846	MYŚLIWIEC SZYMON	755		WARSZAWA	POL	M 12	21	M 848	00:19:44	00:40:54.40	00:42:54.45	8:10	7.3
847	BORTLISZ TOMASZ	83		WARSZAWA	POL	M 40	311	M 849	00:20:16	00:42:57.90	00:45:16.30	8:35	7
848	MIRECKI MICHAŁ	729		WARSZAWA	POL	M 40	312	M 850	00:09:00			3:36	16.7
849	MAŁYSA MICHAŁ	671	PGR MYŚŁAKI	MILAKOWO	POL	M 20	89	M 851	00:14:25			5:46	10.4
850	PRĘGOWSKI BARTOSZ	889		WARSZAWA	POL	M 20	90	M 852	00:14:35			5:50	10.3
851	JANKOWSKI KAMIL	1580		POGORZEL	POL	M 20	91	M 853					
852	KULIŃSKI ANTONI	587		WARSZAWA	POL	M 14	16	M 854					

BIEG URSYNOWA, K 12

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
1	KOWALCZYK NATALIA	517	UKS ORZEŁKI WARSZAWA	WARSZAWA	POL	K 12	1	K 32	00:10:41	00:21:54.05	00:22:24.30	4:22	13.7
2	KIEWRA KAROLINA	450	AZS AWF WARSZAWA	WARSZAWA	POL	K 12	2	K 34	00:11:07	00:22:23.30	00:22:27.85	4:28	13.4
3	KOZERSKA WERONIKA	536	UKS ŻOLIBORZ	WARSZAWA	POL	K 12	3	K 37	00:10:58	00:22:36.95	00:22:54.90	4:31	13.3
4	JAREK ZUZANNA	383	RACE FIGHTER JUNIOR	MIŃSK MAZOWIECKI	POL	K 12	4	K 41	00:11:06	00:22:51.95	00:23:07.75	4:34	13.1
5	ZIMOWICZ ALICJA	1292	DUCLA ACADEMY WARSZAWA	WARSZAWA	POL	K 12	5	K 139	00:13:36	00:26:31.40	00:27:53.75	5:18	11.3
6	BĘTKOWSKA MAJA	1524	RK ATHLETICS	WARSZAWA	POL	K 12	6	K 145	00:13:57	00:26:38.05	00:28:11.35	5:19	11.3
7	MATYSIAK KRYSZYNA	696		WARSZAWA	POL	K 12	7	K 276	00:15:50	00:30:05.95	00:32:16.55	6:01	10
8	KOZAK MARIA	1409		WARSZAWA	POL	K 12	8	K 279	00:15:40	00:30:14.45	00:31:59.00	6:02	9.9
9	BORYS JOANNA	89		WARSZAWA	POL	K 12	9	K 292	00:14:31	00:30:57.25	00:32:36.00	6:11	9.7
10	SAMEL HECENA	1600		WARSZAWA	POL	K 12	10	K 360	00:15:48	00:33:37.90	00:35:19.90	6:43	8.9
11	BORUSZEWSKA MAJA	84		WARSZAWA	POL	K 12	11	K 423	00:17:27	00:37:52.95	00:38:12.45	7:34	7.9

BIEG URSYNOWA, M 12

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
1	SYGULA ALEKSANDER	1046	KOLARSKI.EU TEAM	WARSZAWA	POL	M 12	1	M 38	00:08:51	00:17:54.05	00:17:56.10	3:34	16.8
2	STEFAŃSKI MICHAŁ	1366	RK ATHLETICS	WARSZAWA	POL	M 12	2	M 111	00:09:24	00:19:33.30	00:19:42.40	3:54	15.3
3	PIOTROWSKI STANISŁAW	864	AZS AWF WARSZAWA	KONSTANCIN-JEZIORNA	POL	M 12	3	M 176	00:09:53	00:20:34.65	00:20:44.65	4:06	14.6
4	RODAK ANTONI	924		GÓRA KALWARIA	POL	M 12	4	M 287	00:10:54	00:22:29.30	00:23:54.90	4:29	13.3
5	JĘDRZEJEK MATEUSZ	1340	RK ATHLETICS	WARSZAWA	POL	M 12	5	M 335	00:11:50	00:23:12.75	00:24:01.50	4:38	12.9
6	GWÓŹDŹ MACIEJ	335	RKATLETICS	WARSZAWA	POL	M 12	6	M 336	00:11:51	00:23:13.05	00:24:01.45	4:38	12.9
7	SZOT FRANCISZEK	1423		WARSZAWA	POL	M 12	7	M 365	00:11:57	00:23:41.35	00:24:35.40	4:44	12.7
8	SZUFLICKI TYMON	1080		NOWA WOLA	POL	M 12	8	M 374	00:12:00	00:23:49.15	00:24:27.15	4:45	12.6
9	GOGACZ TYMOTEUSZ	287	REAL VARSOVIA F.C	WARSZAWA	POL	M 12	9	M 412	00:12:01	00:24:19.55	00:25:13.20	4:51	12.3
10	GRYNKIEWICZ GRZEGORZ	322		WARSZAWA	POL	M 12	10	M 431	00:12:17	00:24:33.75	00:25:40.15	4:54	12.2
11	GÓRSKI SEWERYN	1583		BANIOCHA	POL	M 12	11	M 447	00:12:06	00:24:43.00	00:25:33.50	4:56	12.1
12	KOSZUT WIKTOR	513	SYNOPSIS CONSULTING WOJCIECH KOSZUT	WARSZAWA	POL	M 12	12	M 461	00:12:50	00:24:51.80	00:26:44.00	4:58	12.1
13	KIEWRA GRZEGORZ	449	AZS AWF WARSZAWA	WARSZAWA	POL	M 12	13	M 615	00:12:56	00:27:20.35	00:28:16.55	5:28	11
14	BARTON MILAN	43		WARSZAWA	POL	M 12	14	M 651	00:13:49	00:28:00.35	00:29:48.75	5:36	10.7
15	SZCZEPAŃSKA MATEUSZ	1064		WARSZAWA	POL	M 12	15	M 669	00:13:54	00:28:19.30	00:29:20.40	5:39	10.6
16	KAMIŃSKI ANDRZEJ	416		WARSZAWA	POL	M 12	16	M 670	00:15:33	00:28:20.40	00:30:28.60	5:40	10.6
17	GRUDZIŃSKI BARTOSZ	1484		WARSZAWA	POL	M 12	17	M 774	00:14:52	00:31:36.25	00:33:28.65	6:19	9.5

BIEG URSYNOWA, M 12 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
18	WITEK SZYMON	1579		WARSZAWA	POL	M 12	18	M 785	00:16:16	00:32:22.75	00:34:22.50	6:28	9.3
19	MATEJKA MATEUSZ	688		WARSZAWA	POL	M 12	19	M 796	00:15:13	00:33:03.65	00:34:39.95	6:36	9.1
20	DWÓRZNICKI JAN	219		WARSZAWA	POL	M 12	20	M 820	00:17:01	00:34:32.85	00:36:36.05	6:54	8.7
21	MYŚLIWIEC SZYMON	755		WARSZAWA	POL	M 12	21	M 848	00:19:44	00:40:54.40	00:42:54.45	8:10	7.3

BIEG URSYNOWA, K 14

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
1	KOMOROWSKA HELENA	484	SKRA	WARSZAWA	POL	K 14	1	K 43	00:11:35	00:23:15.60	00:23:55.30	4:39	12.9
2	LEŚNIAK IRENA	609	LESNIAKTEAM	WARSZAWA	POL	K 14	2	K 110	00:12:03	00:25:47.50	00:26:10.40	5:09	11.6
3	LITWIN HANIA	618		WARSZAWA	POL	K 14	3	K 114	00:13:14	00:25:56.30	00:27:20.35	5:11	11.6
4	TERCZYŃSKA JULIA	1526		WARSZAWA	POL	K 14	4	K 172	00:13:48	00:27:33.35	00:28:54.40	5:30	10.9
5	NOWAK JAGODA	778		WARSZAWA	POL	K 14	5	K 197	00:13:46	00:27:59.70	00:29:32.75	5:35	10.7
6	NIEMYJSKA HANNA	771		WARSZAWA	POL	K 14	6	K 202		00:28:12.25	00:29:26.20	5:38	10.6
7	MITURA EWA	732		WARSZAWA	POL	K 14	7	K 241	00:14:23	00:29:14.75	00:30:46.15	5:50	10.3
8	CZAJKOWSKA WERONIKA	1429		WARSZAWA	POL	K 14	8	K 381	00:16:26	00:34:11.55	00:36:04.25	6:50	8.8
9	ŁUCZYŃSKA MARIA	646		WARSZAWA	POL	K 14	9	K 388	00:16:38	00:34:31.70	00:36:30.95	6:54	8.7

BIEG URSYNOWA, M 14

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
1	KONDRAT MIRON	489		ZĄBKI	POL	M 14	1	M 129	00:09:44	00:19:49.65	00:20:02.75	3:57	15.1
2	KONDRAT OSKAR	488		ZĄBKI	POL	M 14	2	M 161	00:09:45	00:20:23.65	00:20:36.45	4:04	14.7
3	WASILEWSKI ANTONI	1183	UKS OSIR GÓRA KALWARIA	GÓRA KALWARIA	POL	M 14	3	M 296	00:11:17	00:22:38.55	00:23:29.85	4:31	13.3
4	BISOWSKI SZYMON	68		KOBYŁKA	POL	M 14	4	M 346	00:11:44	00:23:22.55	00:24:17.85	4:40	12.8
5	OWCZARCZYK JAN	811		WARSZAWA	POL	M 14	5	M 452	00:12:27	00:24:46.00	00:25:54.65	4:57	12.1
6	GRYNKIEWICZ ROMAN	321		WARSZAWA	POL	M 14	6	M 487	00:11:55	00:25:17.45	00:26:24.85	5:03	11.9
7	SZULC MATEUSZ	1396		WARSZAWA	POL	M 14	7	M 526	00:11:43	00:25:46.80	00:25:55.95	5:09	11.6
8	TERCZYŃSKI ALEKSANDER	1527		WARSZAWA	POL	M 14	8	M 528	00:13:48	00:25:48.40	00:27:09.70	5:09	11.6
9	MILLER FRANCISZEK	724	BIEGAM BO LUBIĘ ZĄBKI TEAM	ZĄBKI	POL	M 14	9	M 553	00:12:54	00:26:14.55	00:27:39.55	5:14	11.4
10	KNAP MACIEJ	1537		WARSZAWA	POL	M 14	10	M 625	00:14:27	00:27:30.00	00:29:13.35	5:30	10.9
11	DUDEK DAMIAN	215		WARSZAWA	POL	M 14	11	M 662	00:13:59	00:28:16.05	00:29:42.55	5:39	10.6
12	TYSZKA RAFAŁ	1161		WARSZAWA	POL	M 14	12	M 728	00:13:44	00:29:31.80	00:30:44.40	5:54	10.2
13	KUCHTA JAN-MARKUS	1489		WARSZAWA	POL	M 14	13	M 748	00:14:39	00:30:08.65	00:32:06.45	6:01	10
14	PIOTROWSKI NORBERT	1446		WARSZAWA	POL	M 14	14	M 761	00:10:11	00:30:49.05	00:31:07.95	6:09	9.7
15	ŻURAWSKI FILIP	1303		WARSZAWA	POL	M 14	15	M 816	00:16:21	00:34:26.95	00:36:18.00	6:53	8.7
16	KULIŃSKI ANTONI	587		WARSZAWA	POL	M 14	16	M 854					

BIEG URSYNOWA, K 16

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
1	KURZACZ PAULINA	589		WARSZAWA	POL	K 16	1	K 66	00:12:27	00:24:18.55	00:25:36.90	4:51	12.3
2	SZYMAŃSKA MAJA	1090	WARSAW RUN CLUB	WARSZAWA	POL	K 16	2	K 78	00:12:21	00:24:36.90	00:25:32.40	4:55	12.2
3	TRONIEWSKA ZOSIA	1147		WARSZAWA	POL	K 16	3	K 112	00:12:28	00:25:53.25	00:27:06.60	5:10	11.6
4	KRAJEWSKA ALICJA	542		WARSZAWA	POL	K 16	4	K 123	00:13:07	00:26:10.65	00:27:20.40	5:14	11.5
5	BRONISZEWSKA NATALIA	94		ZĄBKI	POL	K 16	5	K 237	00:14:23	00:29:11.35	00:30:55.30	5:50	10.3
6	BROZE OLIWIA	96		WARSZAWA	AFG	K 16	6	K 248	00:14:02	00:29:20.35	00:31:11.00	5:52	10.2
7	JAROSZKIEWICZ DIANA	388	-	WARSZAWA	POL	K 16	7	K 249	00:14:23	00:29:20.45	00:30:59.80	5:52	10.2
8	WOJTAS ANNA	1236		WARSZAWA	POL	K 16	8	K 417	00:17:48	00:36:49.80	00:38:52.60	7:21	8.1

BIEG URSYNOWA, M 16

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
1	KLECZEWSKI PIOTR	456	UKS FILIPIDES	WARSZAWA	POL	M 16	1	M 23	00:08:36	00:17:23.20	00:17:25.70	3:28	17.3
2	SZYMCZAK BARTŁOMIEJ	1099		WARSZAWA	POL	M 16	2	M 46	00:08:54	00:18:05.10	00:18:09.00	3:37	16.6
3	CLAPIŃSKI BRUNO	153		WARSZAWA	POL	M 16	3	M 63	00:09:22	00:18:40.50	00:18:48.05	3:44	16.1
4	GÓRSKI PATRYK	299	UKS OSIR GÓRA KALWARIA	BANIOCHA	POL	M 16	4	M 67	00:09:31	00:18:51.85	00:18:51.85	3:46	15.9
5	ZIORKIEWICZ BLAZEJ	1325	RK ATHLETICS	WARSZAWA	POL	M 16	5	M 84	00:09:22	00:19:05.50	00:19:15.20	3:49	15.7
6	KOWALCZYK WOJCIECH	518	UKS ORZEŁKI WARSZAWA	WARSZAWA	POL	M 16	6	M 87	00:09:17	00:19:12.10	00:19:17.20	3:50	15.6
7	LENDZION MARCIN	603	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 16	7	M 108	00:09:27	00:19:29.35	00:19:36.30	3:53	15.4
8	PODWORSKI KACPER	1474	UKS OSIR GÓRA KALWARIA	GÓRA KALWARIA	POL	M 16	8	M 109	00:09:45	00:19:31.40	00:19:42.65	3:54	15.4
9	CIECIELĄG ADAM	143	KS PEGAZ	PIASECZNO	POL	M 16	9	M 121	00:09:27	00:19:40.25	00:19:49.10	3:56	15.3
10	KRZYŻANOWSKI JAN	569		WARSZAWA	POL	M 16	10	M 126	00:09:44	00:19:47.90	00:20:01.95	3:57	15.2
11	KALINOWSKI BARTOSZ	1546	KONDYCJA	NOWA IWICZNA	POL	M 16	11	M 148	00:09:26	00:20:13.75	00:20:23.45	4:02	14.8
12	OPALSKI SZYMON	1397		WARSZAWA	POL	M 16	12	M 245	00:10:27	00:21:46.65	00:21:54.20	4:21	13.8
13	MYŚLIŃSKI MATEUSZ	752		WARSZAWA	POL	M 16	13	M 260	00:10:28	00:21:57.05	00:22:15.35	4:23	13.7
14	WIATROWSKI HUBERT	1192	KS WILANÓW	WARSZAWA	POL	M 16	14	M 285	00:11:07	00:22:26.40	00:22:43.50	4:29	13.4
15	CODDINGTON MAREK	154	GS HUSKY	WARSZAWA	POL	M 16	15	M 294	00:11:13	00:22:38.35	00:23:52.30	4:31	13.3
16	ŁAZICKI ALEKSANDER	629		JÓZEFOSŁAW	POL	M 16	16	M 310	00:11:18	00:22:50.45	00:23:50.75	4:34	13.1
17	MOSAKOWSKI ADRIAN	736	ZESPÓŁ SZKÓŁ LICEALNYCH I TECHNICZNYCH NR 1	WARSZAWA	POL	M 16	17	M 325	00:11:20	00:23:03.80	00:24:39.30	4:36	13
18	KOSMAŁA ANTONI	1557		WARSZAWA	POL	M 16	18	M 331	00:11:38	00:23:09.10	00:24:49.65	4:37	13
19	SMOLARCZYK ALEKSANDER	1000	1	WARSZAWA	POL	M 16	19	M 377	00:12:19	00:23:49.90	00:25:18.10	4:45	12.6
20	CENTKOWSKI MATEUSZ	1316		RADZYMIN	POL	M 16	20	M 416	00:12:02	00:24:23.65	00:24:34.90	4:52	12.3
21	GRUSZYŃSKI FRANCISZEK	1558		WARSZAWA	POL	M 16	21	M 428	00:12:56	00:24:30.95	00:26:12.20	4:54	12.2
22	BORYS MICHAŁ	88		WARSZAWA	POL	M 16	22	M 443	00:12:10	00:24:41.05	00:25:59.60	4:56	12.2
23	MACKENTHUN TOMASZ	656		WARSZAWA	POL	M 16	23	M 499	00:13:25	00:25:25.65	00:25:25.65	5:05	11.8
24	OBUCHOWICZ FILIP	784		GÓRA KALWARIA	POL	M 16	24	M 521	00:12:49	00:25:42.05	00:26:58.35	5:08	11.7
25	JANUCHTA STANISŁAW	1354		WARSZAWA	POL	M 16	25	M 557	00:13:05	00:26:21.00	00:28:00.40	5:16	11.4
26	REGUCKI FABIAN	918		WARSZAWA	POL	M 16	26	M 564	00:12:07	00:26:26.55	00:30:54.25	5:17	11.3
27	BUJNOWSKI IGOR	110		WARSZAWA	POL	M 16	27	M 636	00:13:52	00:27:40.30	00:29:10.60	5:32	10.8
28	ŁĘCZYŃSKI PIOTR	632		WARSZAWA	POL	M 16	28	M 642	00:13:04	00:27:45.10	00:27:47.80	5:33	10.8
29	PROUTY ANTHONY	892		WARSZAWA		M 16	29	M 671	00:28:21.50	00:28:21.50	00:28:21.50	5:40	10.6
30	GRONKIEWICZ MACIEJ	314	-	OTWOCK	POL	M 16	30	M 715	00:14:08	00:29:10.35	00:30:33.50	5:50	10.3
31	GAWIN MARIUSZ	271		WARSZAWA	POL	M 16	31	M 725	00:14:01	00:29:20.30	00:31:11.15	5:52	10.2
32	FARRALES CHADWICK	243	PINOYSINPOLAND	WARSZAWA	POL	M 16	32	M 841	00:18:54	00:38:42.35	00:39:25.90	7:44	7.8

BIEG URSYNOWA, K 20

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
1	BARANOWSKA MARIOLA	36	MKS ŻAK BIAŁA PODLASKA	MIĘDZYRZEC PODLASKI	POL	K 20	1	K 1	00:08:10	00:16:39.45	00:16:40.95	3:19	18
2	TRZCIŃSKA JOANNA	1389	AZS AWF WARSZAWA	WARSZAWA	POL	K 20	2	K 6	00:09:14	00:18:45.80	00:18:49.70	3:45	16
3	GASZEWSKA MAŁGORZATA	270	ZA LINIĄ METY	WARSZAWA	POL	K 20	3	K 8	00:09:25	00:18:58.65	00:19:07.85	3:47	15.8
4	KOPKA MARCELINA	497	ŻÓRAWSKI TEAM/ ADIDAS RUNNERS WARSAW	WARSZAWA	POL	K 20	4	K 9	00:09:21	00:18:59.90	00:19:08.70	3:47	15.8
5	WŁAZAŁEK NATALIA	1221	ADIDASRUNNERSWARSAW	PILAWA	POL	K 20	5	K 12	00:09:46	00:19:37.95	00:19:51.45	3:55	15.3
6	SIESTRZYKOWSKA KATARZYNA	976		WARSZAWA	POL	K 20	6	K 20	00:10:13	00:20:49.20	00:21:10.95	4:09	14.4
7	ŁUSZCZYŃSKA EWA	650		WARSZAWA	POL	K 20	7	K 27	00:10:38	00:21:25.50	00:21:53.00	4:17	14
8	SPRAWKA MAGDALENA	1022		SIEDLCE	POL	K 20	8	K 39	00:11:03	00:22:46.70	00:23:30.15	4:33	13.2
9	SŁOMKA DOMINIKA	997	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 20	9	K 42	00:11:13	00:22:53.45	00:23:28.15	4:34	13.1
10	GAJEK MAŁGORZATA	1541	NEW BALANCE RUN CLUB	WARSZAWA	POL	K 20	10	K 46	00:11:44	00:23:31.50	00:24:06.10	4:42	12.8
11	SYGUDA KATARZYNA	1334		WARSZAWA	POL	K 20	11	K 48	00:11:45	00:23:34.75	00:24:27.30	4:42	12.7
12	KOWALSKA AGATA	527		WARSZAWA	POL	K 20	12	K 54	00:11:59	00:23:51.90	00:25:16.75	4:46	12.6
13	SACHMATA ANNA	954	BEDNARSKI TRI TEAM	ŁBISKA	POL	K 20	13	K 59	00:12:03	00:24:00.90	00:24:00.90	4:48	12.5
14	HYNEK EWA	354		WARSZAWA	POL	K 20	14	K 61	00:11:40	00:24:03.50	00:24:44.40	4:48	12.5
15	RACZYŃSKA NATALIA	909		SIEDLCE	POL	K 20	15	K 64	00:12:14	00:24:11.50	00:25:14.95	4:50	12.4
16	DUCHNOWSKA NATALIA	213		ŁÓDŹ	POL	K 20	16	K 67	00:11:58	00:24:19.90	00:25:03.95	4:51	12.3
17	ORNOWSKA JOANNA	802		WARSZAWA	POL	K 20	17	K 75	00:12:16	00:24:32.20	00:25:32.45	4:54	12.2
18	MRÓZ GABRIELA	744	#PAWKORUNNERTEAM	JEDLICZE	POL	K 20	18	K 80	00:12:03	00:24:37.70	00:25:16.30	4:55	12.2

BIEG URSYNOWA, K 20 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
19	KŁYSZEWSKA MICHALINA	466		JÓZEFÓW	POL	K 20	19	K 83	00:12:16	00:24:44.25	00:25:45.05	4:56	12.1
20	GIEFERT SYLWIA	278		WARSZAWA	POL	K 20	20	K 99	00:12:42	00:25:29.85	00:26:45.00	5:05	11.8
21	ZAURSKA KAROLINA	1276		MAKÓW MAZOWIECKI	POL	K 20	21	K 108		00:25:46.15	00:26:47.40	5:09	11.6
22	WIT MAGDALENA	1214		WARSZAWA	POL	K 20	22	K 133	00:13:34	00:26:26.75	00:27:48.80	5:17	11.3
23	ANTONIK BARBARA	22		WARSZAWA	POL	K 20	23	K 142	00:13:36	00:26:34.75	00:28:27.40	5:18	11.3
24	MUCHA-SURMACZ ALEKSANDRA	745		WARSZAWA	POL	K 20	24	K 153	00:13:12	00:26:52.75	00:28:26.00	5:22	11.2
25	MĘKARSKA MARTA	1412		WARSZAWA	POL	K 20	25	K 163	00:13:04	00:27:20.65	00:28:35.30	5:28	11
26	ŁAPIŃSKA PATRYCJA	625		WARSZAWA	POL	K 20	26	K 184	00:14:04	00:27:50.20	00:29:15.45	5:34	10.8
27	RACZYŃSKA WERONIKA	908		SIEDLCE	POL	K 20	27	K 185	00:13:14	00:27:51.35	00:28:54.60	5:34	10.8
28	DĄBROWSKA MARIA	178		WARSZAWA	POL	K 20	28	K 190	00:13:59	00:27:54.50	00:29:27.90	5:34	10.8
29	LITKE ANDŻELIKA	1319	EAZYMUT.PL	WARSZAWA	POL	K 20	29	K 225	00:14:21	00:28:44.75	00:30:23.80	5:44	10.4
30	SOLKA KATARZYNA	1020	GÓRA BIEGA	GÓRA KALWARIA	POL	K 20	30	K 253	00:14:34	00:29:34.60	00:31:19.55	5:54	10.1
31	MAŁYSIAK KLAUDIA	1447		WARSZAWA	POL	K 20	31	K 264	00:14:18	00:29:53.75	00:31:32.20	5:58	10
32	KRYSTOSIAK WERONIKA	565		JÓZEFIN	POL	K 20	32	K 273	00:14:11	00:30:05.10	00:31:02.10	6:01	10
33	KURPIŃSKA KAROLINA	1573		WARSZAWA	POL	K 20	33	K 284	00:15:05	00:30:33.25	00:32:05.55	6:06	9.8
34	JĘDRZEJEWSKA LAURA	396		PŁOŃSK	POL	K 20	34	K 298	00:14:37	00:31:15.60	00:32:56.90	6:15	9.6
35	KOŁECKA ALEKSANDRA	479		WARSZAWA	POL	K 20	35	K 308	00:15:58	00:31:41.00	00:33:35.65	6:20	9.5
36	SOBOLEWSKA ALEKSANDRA	1337		WARSZAWA	POL	K 20	36	K 314	00:16:19	00:31:55.40	00:33:55.00	6:23	9.4
37	KORNACKA AGNIESZKA	498		NIEPORĘT	POL	K 20	37	K 323	00:15:47	00:32:20.30	00:32:28.15	6:28	9.3
38	GŁAŻEWSKA KAMILA	1599		WARSZAWA	POL	K 20	38	K 324	00:15:28	00:32:21.15	00:33:51.60	6:28	9.3
39	ZAWADA KLAUDIA	1278		WARSZAWA	POL	K 20	39	K 344	00:16:38	00:33:06.30	00:35:13.50	6:37	9.1
40	MORAWSKA IRMINA	735		WARSZAWA	POL	K 20	40	K 349	00:16:01	00:33:17.25	00:35:05.35	6:39	9
41	ANIOŁ ALEKSANDRA	20		KĄTY	POL	K 20	41	K 353	00:16:39	00:33:25.95	00:34:52.85	6:41	9
42	ZALEWSKA EWA ADRIANNA	1265		WARSZAWA	POL	K 20	42	K 359	00:15:45	00:33:36.60	00:34:54.30	6:43	8.9
43	KIELISZEK ANNA	1555		WARSZAWA	POL	K 20	43	K 364	00:16:45	00:33:45.85	00:35:19.70	6:45	8.9
44	GRABOWSKA OLA	1414		WARSZAWA	POL	K 20	44	K 379	00:17:19	00:34:10.30	00:36:18.55	6:50	8.8
45	GÓRNOWICZ WERONIKA	297		WARSZAWA	POL	K 20	45	K 385	00:16:08	00:34:23.35	00:35:24.60	6:52	8.7
46	GRECKA ANNA	308		CHYLICZKI	POL	K 20	46	K 386	00:16:31	00:34:27.05	00:34:54.30	6:53	8.7
47	WILK OLIWIA	1204	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	K 20	47	K 419	00:17:51	00:37:05.65	00:38:17.45	7:25	8.1
48	DĄBROWSKA ADRIANNA	177		WARSZAWA	POL	K 20	48	K 431	00:40:21.80	00:40:21.80	00:40:21.80	8:04	7.4
49	ZAROSIŃSKA PAULINA	1272		WARSZAWA	POL	K 20	49	K 432	00:19:54	00:40:51.70	00:43:10.35	8:10	7.3

BIEG URSYNOWA, M 20

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
1	GOS MATEUSZ	1576	OPTIMA RADOM		POL	M 20	1	M 1	00:07:25	00:14:53.80	00:14:54.95	2:58	20.2
2	DAMENTKA KAMIL	175	CTS	WARSZAWA	POL	M 20	2	M 4	00:07:39	00:15:31.30	00:15:33.10	3:06	19.3
3	TOKARSKI PIOTR	1128		KRĘPA	POL	M 20	3	M 9	00:07:58	00:16:12.25	00:16:14.50	3:14	18.5
4	TRĘBICKI IGNACY	1141	OKS SKRA WARSZAWA	WARSZAWA	POL	M 20	4	M 8	00:07:59	00:16:12.40	00:16:14.45	3:14	18.5
5	GŁADECKI DAWID	1482	UKS OSIR GÓRA KALWARIA	BANIOCHA	POL	M 20	5	M 12	00:08:12	00:16:25.70	00:16:29.95	3:17	18.3
6	WAMKA MATEUSZ	1178	SSP ORKA ŁAWA/CTS	BYDGOSZCZ	POL	M 20	6	M 11	00:08:03	00:16:26.25	00:16:28.35	3:17	18.3
7	ŚMIETANA STANISŁAW	1111		WARSZAWA	POL	M 20	7	M 13	00:08:12	00:16:33.95	00:16:36.75	3:18	18.1
8	GRABOWIEC ARKADIUSZ	1457	POWER TRAINING	WARSZAWA	POL	M 20	8	M 16	00:08:21	00:16:53.85	00:16:57.15	3:22	17.8
9	KOBYŁECKI MATEUSZ	474	DOKĄD NOCĄ TUPTA JEŻ?	SKARŻYSKO-KAMIENNA	POL	M 20	9	M 18	00:08:28	00:16:56.90	00:16:59.45	3:23	17.7
10	ŻYŁA ARKADIUSZ	1306	TEAM KOPEĆ	MICHAŁÓW REGINÓW	POL	M 20	10	M 19	00:08:28	00:16:57.85	00:17:00.20	3:23	17.7
11	OMIELAN WOJCIECH	799		EŁK	POL	M 20	11	M 20	00:08:22	00:17:03.70	00:17:05.20	3:24	17.6
12	TKACZYK MATEUSZ	1124		PULAWY	POL	M 20	12	M 22	00:08:43	00:17:19.60	00:17:24.10	3:27	17.3
13	MAŁOLEPSZY RAFAŁ	670	ADAM DRACZYŃSKI RUNNING TEAM	WARSZAWA	POL	M 20	13	M 34	00:08:50	00:17:43.10	00:17:46.10	3:32	16.9
14	NIEDZIAŁEK MICHAŁ	765	AZS SZKOŁA GŁÓWNA HANDLOWA	WARSZAWA	POL	M 20	14	M 57	00:08:56	00:18:31.60	00:18:36.80	3:42	16.2
15	KRÓL KAMIL	557		PIASECZNO	POL	M 20	15	M 60	00:09:16	00:18:36.10	00:18:43.20	3:43	16.1
16	NIEDZIÓŁKA JAKUB	768	TEAM KOPEĆ	GRABIANÓW	POL	M 20	16	M 64	00:09:11	00:18:42.30	00:18:48.10	3:44	16
17	KRYSTIAN JARGIŁO	1531		DZWOLA	POL	M 20	17	M 88	00:09:23	00:19:10.10	00:19:18.55	3:50	15.7
18	BUKAŁA MARCIN	111	VEGE RUNNERS	WARSZAWA	POL	M 20	18	M 96	00:09:36	00:19:22.25	00:19:32.85	3:52	15.5
19	ZIELIŃSKI BARTŁOMIEJ	1289		MIŃSK MAZOWIECKI	POL	M 20	19	M 97	00:09:25	00:19:22.30	00:19:31.70	3:52	15.5
20	REGULSKI PAWEŁ	919	GÓRA BIEGA	WARKA	POL	M 20	20	M 112	00:09:44	00:19:34.40	00:19:47.35	3:54	15.3
21	POTOROKA VITALII	1362	ROZBIEGANY PIASTÓW	PRUSZKÓW	POL	M 20	21	M 122		00:19:45.00	00:19:46.00	3:57	15.2

BIEG URSYNOWA, M 20 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
22	UMIASTOWSKI BARTOSZ	1165		NOWY DWÓR MAZOWIECKI	POL	M 20	22	M 137	00:09:47	00:20:00.25	00:20:14.45	4:00	15
23	ZAJĄC MARCIN	1542		WARSZAWA	POL	M 20	23	M 142	00:09:46	00:20:03.20	00:20:20.60	4:00	15
24	KIJANCZYK DOMINIK	451		GRZĘDY	POL	M 20	24	M 157	00:09:59	00:20:20.25	00:20:34.55	4:04	14.8
25	SZYMCAK KAMIL	1101		WARSZAWA	POL	M 20	25	M 163	00:09:48	00:20:25.05	00:20:37.85	4:05	14.7
26	PILIPCZUK JAKUB	857		ZAMOŚĆ	POL	M 20	26	M 164	00:09:58	00:20:25.30	00:20:36.40	4:05	14.7
27	ZIELIŃSKI ŁUKASZ	1287	GÓRA BIEGA	GÓRA KALWARIA	POL	M 20	27	M 165	00:09:48	00:20:25.55	00:20:38.20	4:05	14.7
28	JAKUBIK FILIP	370		LESZNO	POL	M 20	28	M 172	00:10:45	00:20:31.80	00:21:25.55	4:06	14.6
29	KOBYLIŃSKI KRZYSZTOF	1521		NOWA IWICZNA	POL	M 20	29	M 198	00:09:54	00:21:05.15	00:21:25.70	4:13	14.2
30	WŁODARSKI MATEUSZ	1225		WARSZAWA	POL	M 20	30	M 211	00:10:30	00:21:17.45	00:21:40.30	4:15	14.1
31	WOŹNICKI PAWEŁ	1243	NBRC WARSZAWA	WARSZAWA	POL	M 20	31	M 235	00:10:36	00:21:38.05	00:22:08.70	4:19	13.9
32	NIEKE BARTŁOMIEJ	1456	URSYNY	WARSZAWA	POL	M 20	32	M 237	00:10:43	00:21:38.85	00:22:02.60	4:19	13.9
33	KURZELA MATEUSZ	590		BŁONIE	POL	M 20	33	M 238	00:10:37	00:21:39.00	00:22:14.90	4:19	13.9
34	GWIAZDA MARCIN	334		WARSZAWA	POL	M 20	34	M 241	00:10:45	00:21:41.45	00:22:00.55	4:20	13.8
35	IL ADAM	356		WARSZAWA	POL	M 20	35	M 263		00:22:00.95	00:22:00.95	4:24	13.6
36	MARTSENIUK WOŁODYMYR	682		WARSZAWA	POL	M 20	36	M 273	00:10:54	00:22:14.20	00:23:09.25	4:26	13.5
37	MICHAŁAK MIŁOSZ	711	MM TEAM	WARSZAWA	POL	M 20	37	M 288	00:10:54	00:22:29.80	00:23:06.20	4:29	13.3
38	GRĘDA DOMINIK	1449	NEW BALANCE RUN CLUB	WARSZAWA	POL	M 20	38	M 297	00:10:27	00:22:40.40	00:23:18.55	4:32	13.2
39	BIENKOWSKI JAROSŁAW	1331		ŁOMIAŃKI	POL	M 20	39	M 313	00:11:25	00:22:53.65	00:23:35.90	4:34	13.1
40	MOSKWA MICHAŁ	1560		WARSZAWA	POL	M 20	40	M 314	00:11:10	00:22:54.30	00:23:29.40	4:34	13.1
41	CHMIEL FILIP	1587	STREFA PODIUM	WARSZAWA	POL	M 20	41	M 319	00:10:37	00:22:58.90	00:23:08.60	4:35	13.1
42	TOBIASZ KAROL	1425		WARSZAWA	POL	M 20	42	M 321	00:11:23	00:23:00.90	00:23:41.35	4:36	13
43	ROLLA ADRIAN	927		URZĘDÓW	POL	M 20	43	M 322	00:11:07	00:23:00.95	00:24:25.60	4:36	13
44	STEĆ KAMIL	1363	FC GRABÓW	WARSZAWA	POL	M 20	44	M 326	00:11:11	00:23:04.30	00:23:55.50	4:36	13
45	PAWLIMAK MARIUSZ	1564		WARSZAWA	POL	M 20	45	M 343	00:11:34	00:23:17.45	00:24:23.75	4:39	12.9
46	PIENIAŻEK MATEUSZ	851		MSZCZONÓW	POL	M 20	46	M 349	00:11:42	00:23:24.75	00:24:15.65	4:40	12.8
47	OKRASA MICHAŁ	788		WARSZAWA	POL	M 20	47	M 350	00:11:13	00:23:24.90	00:24:00.20	4:40	12.8
48	GALA PIOTR	1463		WARSZAWA	POL	M 20	48	M 355	00:11:27	00:23:31.60	00:25:43.75	4:42	12.8
49	DOBEL MATEUSZ	191		JAROSŁAW	POL	M 20	49	M 362	00:11:58	00:23:37.75	00:24:16.20	4:43	12.7
50	MAŁYSIAK AXEL	1473		WARSZAWA	POL	M 20	50	M 364	00:11:42	00:23:38.60	00:24:44.05	4:43	12.7
51	LACHOWICZ TOMASZ	595		WARSZAWA	POL	M 20	51	M 376	00:10:59	00:23:49.90	00:23:53.50	4:45	12.6
52	KRÓL RADOŚŁAW	556	KLUB BIEGACZA RTV EURO AGD	WARSZAWA	POL	M 20	52	M 380	00:11:56	00:23:52.35	00:24:33.35	4:46	12.6
53	KUCHARSKI MICHAŁ	580		WARSZAWA	POL	M 20	53	M 389	00:12:06	00:24:00.80	00:25:12.05	4:48	12.5
54	WYCECH MAREK	1251		WARSZAWA	POL	M 20	54	M 398	00:11:44	00:24:05.15	00:24:58.60	4:49	12.5
55	PIWOWAREK ROBERT	867		WARSZAWA	POL	M 20	55	M 442	00:12:22	00:24:38.90	00:25:33.90	4:55	12.2
56	CZERNIGOWSKI SZYMON	165		WARSZAWA	POL	M 20	56	M 468	00:11:57	00:24:58.05	00:25:51.50	4:59	12
57	KĘSKA WIKTOR	1574		WARSZAWA	POL	M 20	57	M 470	00:12:12	00:25:00.45	00:26:31.30	5:00	12
58	CZECHOWSKI TOMASZ	161		WARSZAWA	POL	M 20	58	M 485	00:13:53	00:25:16.30	00:26:20.15	5:03	11.9
59	DŹUCHIL MATEUSZ	232	FOOTBALL TALENTS	WARSZAWA	POL	M 20	59	M 491	00:12:35	00:25:19.90	00:26:29.85	5:03	11.8
60	GIL MICHAŁ	279		WARSZAWA	POL	M 20	60	M 495	00:13:04	00:25:22.70	00:26:25.15	5:04	11.8
61	WRÓBLEWSKI KACPER	1248		WARSZAWA	POL	M 20	61	M 503	00:12:46	00:25:29.45	00:26:46.85	5:05	11.8
62	JARGIŁO DAWID	385		WARSZAWA	POL	M 20	62	M 513	00:12:56	00:25:36.70	00:26:50.10	5:07	11.7
63	SKIBNIEWSKI KAROL	984		WARSZAWA	POL	M 20	63	M 524	00:13:24	00:25:45.90	00:27:51.00	5:09	11.7
64	KEMPA JAKUB	24		WARSZAWA	POL	M 20	64	M 537	00:12:26	00:25:59.15	00:28:04.90	5:11	11.5
65	BOJARSKI PATRYK	78		WARSZAWA	POL	M 20	65	M 544	00:12:59	00:26:02.50	00:27:04.85	5:12	11.5
66	BRZOST KRZYSZTOF	99		MIŃSK MAZOWIECKI	POL	M 20	66	M 548	00:12:54	00:26:12.80	00:28:03.60	5:14	11.5
67	SZUTKO MICHAŁ	1084		WARSZAWA	POL	M 20	67	M 571	00:12:45	00:26:31.60	00:27:28.60	5:18	11.3
68	SZEWCZAK KACPER	1071		WARSZAWA	POL	M 20	68	M 581	00:12:44	00:26:42.85	00:26:59.60	5:20	11.2
69	SZAJGIN ADAM	1060		WARSZAWA	POL	M 20	69	M 585	00:13:51	00:26:45.55	00:28:14.50	5:21	11.2
70	AJZYK MICHAŁ	19		WARSZAWA	POL	M 20	70	M 597	00:13:28	00:26:59.60	00:28:28.60	5:23	11.1
71	NOWOSIELSKI BARTŁOMIEJ	1388		KAMIEŃC ZĄBKOWICKI	POL	M 20	71	M 608	00:13:30	00:27:14.80	00:28:37.10	5:26	11
72	PRZYBYSZ MATEUSZ	902		WĘGRÓW	POL	M 20	72	M 609	00:13:18	00:27:16.55	00:28:30.80	5:27	11
73	POPLAWSKI MICHAEL	886		WARSZAWA	POL	M 20	73	M 610	00:13:50	00:27:17.30	00:28:47.85	5:27	11
74	GORCZYCKI DOMINIK	293		WARSZAWA	POL	M 20	74	M 622	00:13:01	00:27:26.20	00:28:39.85	5:29	10.9
75	KUCHER PAVLO	581		WARSZAWA	POL	M 20	75	M 643	00:13:23	00:27:46.10	00:28:52.60	5:33	10.8
76	DOLESZCZAK MARCIN	195		PIASECZNO	POL	M 20	76	M 644	00:27:48.60	00:27:48.60	00:27:48.60	5:33	10.8
77	SKROK MATEUSZ	1342		SULEJÓWEK	POL	M 20	77	M 668	00:13:04	00:28:19.05	00:28:33.55	5:39	10.6
78	BRZozowski MIKOŁAJ	102		WARSZAWA	POL	M 20	78	M 682	00:13:23	00:28:29.90	00:29:32.55	5:41	10.5

BIEG URSYNOWA, M 20 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
79	VOVCHANSKY NAZAR	1173		WARSZAWA	POL	M 20	79	M 691	00:13:55	00:28:39.85	00:29:01.05	5:43	10.5
80	NGUYEN JAKUB	764		WARSZAWA	POL	M 20	80	M 712	00:13:07	00:29:04.50	00:29:21.55	5:48	10.3
81	OLESEK MACIEJ	793		WARSZAWA	POL	M 20	81	M 719	00:13:31	00:29:12.10	00:30:42.95	5:50	10.3
82	CHUDOBINSKI TOMASZ	138		WARSZAWA	POL	M 20	82	M 722	00:13:58	00:29:18.05	00:30:48.90	5:51	10.2
83	ROJEWSKI MATEUSZ	926	BACKSIDE TEAM	WARSZAWA	POL	M 20	83	M 746		00:30:05.50	00:30:05.50	6:01	10
84	WRÓBLEWSKI RAFAŁ	1565			POL	M 20	84	M 756	00:14:37	00:30:32.65	00:32:24.60	6:06	9.8
85	KŁYS MATEUSZ	465		WARSZAWA	POL	M 20	85	M 776	00:15:57	00:31:40.40	00:33:36.00	6:20	9.5
86	ORZEŁ PAWEŁ	806		WARSZAWA	POL	M 20	86	M 797	00:16:37	00:33:05.70	00:35:13.20	6:37	9.1
87	DRUZIK MIKITA	207		WARSZAWA	POL	M 20	87	M 802	00:15:33	00:33:24.50	00:34:47.95	6:40	9
88	ROWICKI JAKUB	935		WARSZAWA	POL	M 20	88	M 839	00:18:19	00:38:12.40	00:39:27.45	7:38	7.9
89	MAŁYSA MICHAŁ	671	PGR MYŚLĄKI	MIAKOWO	POL	M 20	89	M 851	00:14:25			5:46	10.4
90	PRĘGOWSKI BARTOSZ	889		WARSZAWA	POL	M 20	90	M 852	00:14:35			5:50	10.3
91	JANKOWSKI KAMIL	1580		POGORZEL	POL	M 20	91	M 853					

BIEG URSYNOWA, K 30

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
1	BERNARDELLI IWONA	1322	KLUB SPORTOWY PREFBET-SONAROL	WARSZAWA	POL	K 30	1	K 2	00:08:06	00:16:43.85	00:16:45.05	3:20	17.9
2	KALBARCZYK ADRIANA	1503	DUCLA ACADEMY WARSZAWA	WARSZAWA	POL	K 30	2	K 5	00:09:13	00:18:40.70	00:18:45.20	3:44	16.1
3	TOMCZAK JOANNA	1136		WARSZAWA	POL	K 30	3	K 10	00:09:44	00:19:33.20	00:19:37.75	3:54	15.3
4	PSZENICZNA JOANNA	903	VEGE RUNNERS	WARSZAWA	POL	K 30	4	K 13	00:09:46	00:19:40.70	00:19:51.75	3:56	15.3
5	RADKOWSKA MAŁGORZATA	1311	WARNER BROS. DISCOVERY	WARSZAWA	POL	K 30	5	K 14	00:09:46	00:20:25.25	00:20:38.35	4:05	14.7
6	KIBITLEWSKA EMILIA	444		SUWAŁKI	POL	K 30	6	K 15	00:10:03	00:20:30.15	00:20:44.75	4:06	14.6
7	VEREMCHUK YULIA	1171	BIEGAM BO LUBIĘ	WARSZAWA	POL	K 30	7	K 17	00:10:05	00:20:35.35	00:20:40.65	4:07	14.6
8	LISZKA KAROLINA	616	KAZIKI	WARSZAWA	POL	K 30	8	K 18	00:10:01	00:20:43.80	00:20:55.40	4:08	14.5
9	SŁOMCZYŃSKA KAROLINA	996	BEMA 2 M. 53	PIASTOW	POL	K 30	9	K 19	00:10:12	00:20:46.75	00:21:00.10	4:09	14.4
10	PRUSAKIEWICZ KATARZYNA	895		WARSZAWA	POL	K 30	10	K 21	00:10:29	00:20:59.30	00:21:14.30	4:11	14.3
11	BARTNIAK DARIA	41	NO LIMITS TRAIL TEAM	STARA WIEŚ	POL	K 30	11	K 22	00:10:27	00:20:59.45	00:21:27.55	4:11	14.3
12	ROMAN ANNA	928		WARSZAWA	POL	K 30	12	K 23	00:10:20	00:21:05.65	00:21:29.20	4:13	14.2
13	KWIECIŃSKA MAŁGORZATA	594	BRAVEHEARTS LEGIONOWO	LEGIONOWO	POL	K 30	13	K 25	00:10:36	00:21:20.05	00:21:45.10	4:16	14.1
14	GŁODOWSKA MARTA	282	ŻÓRAWSKI TEAM	WARSZAWA	POL	K 30	14	K 28	00:10:41	00:21:28.90	00:21:47.75	4:17	14
15	CIECHAROWSKA JUSTYNA	142		ŻYRARDÓW	POL	K 30	15	K 31	00:10:41	00:21:43.15	00:22:13.10	4:20	13.8
16	MAŃKOWSKA ANNA	674	KRISS COACHING	OLSZTYN	POL	K 30	16	K 35	00:11:05	00:22:23.95	00:22:57.65	4:28	13.4
17	GRZELAK ANETA	327		WARSZAWA	POL	K 30	17	K 36	00:11:08	00:22:35.70	00:23:09.40	4:31	13.3
18	MERCIK MARTA	1544		WARSZAWA	POL	K 30	18	K 40	00:11:09	00:22:51.50	00:23:28.25	4:34	13.1
19	SAMOCIUK KAROLINA	959	POWER TRAINING	WARSZAWA	POL	K 30	19	K 44	00:11:26	00:23:26.80	00:24:03.55	4:41	12.8
20	ŁOZOWSKA MAGDALENA	639	#ZALINIAMETYTEAM	GRODZISK MAZOWIECKI	POL	K 30	20	K 45	00:11:36	00:23:29.70	00:24:06.65	4:41	12.8
21	GÓZDŹ WANDA	303	AMATORSKA GRUPA BIEGOWA OKS START OTWOCK	OTWOCK	POL	K 30	21	K 49	00:12:01	00:23:38.15	00:24:46.30	4:43	12.7
22	MIKOSZA ANNA	720		WARSZAWA	POL	K 30	22	K 50	00:11:59	00:23:38.85	00:24:47.45	4:43	12.7
23	CHRZANOWSKA OLGA	137	TRIZARZA	WARSZAWA	POL	K 30	23	K 51	00:11:48	00:23:44.55	00:24:34.45	4:44	12.6
24	SHAIKUN ANASTASIYA	966	CLUB ANONYMOUS RUNNERS N.A. CABALO BLANKO	WARSZAWA	POL	K 30	24	K 52	00:11:38	00:23:45.95	00:24:27.05	4:45	12.6
25	SIWCZAK AGNIESZKA	979	WKURW_TEAM	WARSZAWA	POL	K 30	25	K 55	00:11:53	00:23:55.10	00:25:02.15	4:47	12.5
26	KROPIAK KATARZYNA	553	VEGE RUNNERS	WARSZAWA	POL	K 30	26	K 57	00:11:48	00:23:56.80	00:24:46.10	4:47	12.5
27	TUKA ANNA	1464		WARSZAWA	POL	K 30	27	K 63	00:12:00	00:24:08.75	00:24:44.95	4:49	12.4
28	WIEWIURA AGNIESZKA	1199	GÓRA BIEGA	KONSTANCIN JEZIORNA	POL	K 30	28	K 73	00:11:58	00:24:31.45	00:24:45.80	4:54	12.2
29	KARPIŃSKA MONIKA	427		WARSZAWA	POL	K 30	29	K 74	00:11:58	00:24:31.60	00:25:08.55	4:54	12.2
30	SZWAD MARTYNA	1568	GAPMONT RUNNING TEAM	WARSZAWA	POL	K 30	30	K 84	00:12:22	00:24:47.40	00:25:54.30	4:57	12.1
31	KLIMEK MARTA	459	M&M RUNNING TEAM	WARSZAWA	POL	K 30	31	K 89	00:12:15	00:25:08.55	00:25:57.80	5:01	11.9
32	FLOREK MAŁGORZATA	250		WARSZAWA (BIAŁOLEKA)	POL	K 30	32	K 91	00:12:24	00:25:12.20	00:26:15.20	5:02	11.9
33	LEWANDOWSKA PAULINA	610		WARSZAWA	POL	K 30	33	K 96	00:12:31	00:25:27.40	00:26:26.50	5:05	11.8
34	SKELTON-WITKOWSKA SARAH	983	VEGE RUNNERS	WARSZAWA	POL	K 30	34	K 97	00:12:24	00:25:28.60	00:26:18.40	5:05	11.8
35	ŁASZCZYCH MAŁGORZATA	627		WARSZAWA	POL	K 30	35	K 100	00:12:20	00:25:32.00	00:26:18.50	5:06	11.7
36	JĄBLONSKA KATARZYNA	364		WARSZAWA	POL	K 30	36	K 104	00:12:42	00:25:39.35	00:26:29.75	5:07	11.7
37	ĆWIEK KAROLINA	173		WARSZAWA	POL	K 30	37	K 106	00:12:16	00:25:42.75	00:26:41.90	5:08	11.7

BIEG URSYNOWA, K 30 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
38	MAZUREK MARIA	701		WARSZAWA	POL	K 30	38	K 111	00:12:34	00:25:48.95	00:27:01.55	5:09	11.6
39	KANTARSKA-BRYŁA MARTA	419		WARSZAWA	POL	K 30	39	K 117	00:13:19	00:25:57.90	00:27:12.65	5:11	11.6
40	CHARKO ELŻBIETA	122	GÓRA BIEGA	GÓRA KALWARIA	POL	K 30	40	K 118	00:12:43	00:25:59.80	00:27:01.05	5:11	11.5
41	GUZIK JUSTYNA	333		JAZGARZEW	POL	K 30	41	K 122	00:12:49	00:26:10.55	00:27:30.15	5:14	11.5
42	CHELEWSKA DOROTA	125		WARSZAWA WESOŁA	POL	K 30	42	K 126	00:12:58	00:26:16.00	00:27:55.10	5:15	11.4
43	KRASUSKA ANETA	547		WARSZAWA	POL	K 30	43	K 127	00:12:59	00:26:16.60	00:27:28.10	5:15	11.4
44	ŚWIDERSKA JOANNA	1112	WSPARCIENTRENINGOWE.PL	WARSZAWA	POL	K 30	44	K 128	00:12:56	00:26:20.90	00:27:23.70	5:16	11.4
45	MULIK KAROLINA	748	RAZEM TRENUJEMY SPORT	WARSZAWA	POL	K 30	45	K 132	00:13:10	00:26:24.70	00:27:50.55	5:16	11.4
46	ŻABOKLIICKA MARTA	1296		WARSZAWA	POL	K 30	46	K 137	00:13:21	00:26:29.90	00:28:05.05	5:17	11.3
47	CZERESNIEWSKA ANNA	163		WARSZAWA	POL	K 30	47	K 144	00:12:49	00:26:37.95	00:27:36.60	5:19	11.3
48	HALL AMELIA	1350		WARSZAWA	POL	K 30	48	K 148	00:13:16	00:26:41.40	00:28:16.05	5:20	11.2
49	DRACHAL AGATA	202		PIASTÓW	POL	K 30	49	K 149	00:13:17	00:26:43.40	00:28:05.30	5:20	11.2
50	KUBASZCZYK AGNIESZKA	574		WARSZAWA	POL	K 30	50	K 156	00:13:10	00:26:54.35	00:28:03.45	5:22	11.2
51	RYNKOWSKA MAJA	947		WARSZAWA	POL	K 30	51	K 157	00:13:14	00:26:57.95	00:28:01.80	5:23	11.1
52	KOCIK JOANNA	476		WARSZAWA	POL	K 30	52	K 158	00:12:58	00:27:00.80	00:28:06.90	5:24	11.1
53	KOŁOWIECKA-WILKOS ANGELA	482	WIEWIÓRKA&BOBER	WARSZAWA	POL	K 30	53	K 162	00:14:20	00:27:20.55	00:29:05.55	5:28	11
54	DŁUGOSZ MARTA	190		KIELCE	POL	K 30	54	K 169	00:13:47	00:27:27.00	00:29:04.20	5:29	10.9
55	SIERZYCKA KATARZYNA	974		WARSZAWA	POL	K 30	55	K 173	00:13:49	00:27:33.85	00:29:06.00	5:30	10.9
56	MAŁEK-MARCUK HANNA	668		WARSZAWA	POL	K 30	56	K 175	00:13:37	00:27:37.15	00:28:56.30	5:31	10.9
57	SMOLARCZYK KLAUDIA	999	1	WARSZAWA	POL	K 30	57	K 180	00:13:33	00:27:42.10	00:29:10.50	5:32	10.8
58	ROMANOWSKA EWA	929	JB WARSAW	WARSZAWA	POL	K 30	58	K 182	00:13:19	00:27:42.60	00:29:02.50	5:32	10.8
59	ROSENBAUM OLGA	930		WARSZAWA	POL	K 30	59	K 187	00:13:51	00:27:53.00	00:29:47.15	5:34	10.8
60	NEY-FOGIEL BEATA	763		WARSZAWA	POL	K 30	60	K 191	00:14:09	00:27:54.60	00:29:35.60	5:34	10.8
61	KOWALCZYK MARTA	523		PIASECZNO	POL	K 30	61	K 195	00:13:50	00:27:57.50	00:29:02.95	5:35	10.7
62	CHARMUSZKO MONIKA	124		WARSZAWA	POL	K 30	62	K 196	00:14:04	00:27:57.80	00:29:47.30	5:35	10.7
63	GIEDYK MARTA	1577		WARSZAWA	POL	K 30	63	K 199	00:13:59	00:28:04.60	00:29:50.45	5:36	10.7
64	ZEGAR WERONIKA	1282		WARSZAWA	POL	K 30	64	K 200	00:13:59	00:28:05.95	00:29:51.55	5:37	10.7
65	SZULC ANNA	1081		WARSZAWA	POL	K 30	65	K 203	00:14:09	00:28:12.85	00:29:50.45	5:38	10.6
66	SZCZESIAK ANNA	1352		WARSZAWA	POL	K 30	66	K 212	00:13:24	00:28:28.40	00:28:38.30	5:41	10.5
67	PYRKA AGNIESZKA	907		WARSZAWA	POL	K 30	67	K 215	00:14:22	00:28:36.65	00:30:22.30	5:43	10.5
68	KAMIŃSKA AGNIESZKA	413		WARSZAWA	POL	K 30	68	K 217	00:14:11	00:28:38.25	00:30:39.70	5:43	10.5
69	CZARNECKA KATARZYNA	159		WARSZAWA	POL	K 30	69	K 219	00:13:57	00:28:39.75	00:30:02.95	5:43	10.5
70	ŚCIBOROWSKA MARTYNA	1104		WARSZAWA (URSYNÓW)	POL	K 30	70	K 223	00:13:43	00:28:42.80	00:29:06.95	5:44	10.5
71	BERDYŃSKA KAROLINA	54		WARSZAWA	POL	K 30	71	K 228	00:14:38	00:28:54.60	00:31:03.65	5:46	10.4
72	SZYMCZAK AGNIESZKA	1358		CELESTYNOW	POL	K 30	72	K 229	00:14:11	00:28:58.30	00:30:14.10	5:47	10.4
73	WOŹNIAK KLAUDIA	1242		WARSZAWA	POL	K 30	73	K 231		00:29:04.90	00:30:30.05	5:48	10.3
74	DĘBIŃSKA PATRYCJA	188		WARSZAWA	POL	K 30	74	K 232	00:14:16	00:29:05.10	00:30:53.70	5:49	10.3
75	OLESZEK JOANNA	794		WARSZAWA	POL	K 30	75	K 233	00:13:52	00:29:07.55	00:30:39.15	5:49	10.3
76	LECHOWICZ KATARZYNA	600		WARSZAWA	POL	K 30	76	K 236	00:14:31	00:29:10.95	00:30:51.55	5:50	10.3
77	MYJAK SYLWIA	749	NATIONALE-NEDERLANDEN RUNNING TEAM	WARSZAWA	POL	K 30	77	K 246	00:14:22	00:29:18.25	00:30:47.85	5:51	10.2
78	BUDEK EWA	106		WARSZAWA	POL	K 30	78	K 247	00:14:32	00:29:19.60	00:30:58.35	5:51	10.2
79	CZERWIŃSKA-BŁOK IWONA	167		WARSZAWA	POL	K 30	79	K 250	00:14:33	00:29:22.20	00:31:01.75	5:52	10.2
80	CZUCHAJ MILENA	169		WARSZAWA	POL	K 30	80	K 251	00:14:20	00:29:25.75	00:30:55.30	5:53	10.2
81	RĘKAWEK GABRIELA	922		WARSZAWA	POL	K 30	81	K 256	00:14:28	00:29:38.95	00:31:30.15	5:55	10.1
82	LEBIODA ELIZA	599		WARSZAWA	POL	K 30	82	K 259	00:14:48	00:29:46.00	00:31:47.70	5:57	10.1
83	RADOMYSKA WIOLA	912	KAZIKI	WARSZAWA	POL	K 30	83	K 260	00:14:23	00:29:47.25	00:31:56.60	5:57	10.1
84	SZYMANEK ALEKSANDRA	1087		WARSZAWA	POL	K 30	84	K 262	00:14:56	00:29:49.90	00:32:07.10	5:57	10.1
85	ŁAKOMSKA BEATA	623	TEAM ZABIEGANE DNI	WARSZAWA	POL	K 30	85	K 275	00:14:21	00:30:05.50	00:31:40.40	6:01	10
86	ŚMIERZYŃSKA DOROTA	1384		WARSZAWA	POL	K 30	86	K 278	00:14:40	00:30:13.60	00:31:28.80	6:02	9.9
87	KĘSICKA ARLETTA	443		WARSZAWA	POL	K 30	87	K 281	00:14:54	00:30:20.55	00:32:07.25	6:04	9.9
88	BOCHYŃSKA SZACKA DAGMARA	73		WARSZAWA	POL	K 30	88	K 283	00:15:00	00:30:26.80	00:32:00.95	6:05	9.9
89	JANCZARSKA WIKTORIA	372		WARSZAWA	POL	K 30	89	K 289	00:14:42	00:30:46.20	00:32:47.00	6:09	9.8
90	ORZEŁ MONIKA	805		WARSZAWA	POL	K 30	90	K 293	00:14:52	00:30:58.80	00:32:40.60	6:11	9.7
91	BOROWA MAGDALENA	82		ZĄBKI	POL	K 30	91	K 294	00:14:51	00:30:59.00	00:32:35.00	6:11	9.7
92	TRYBULEC JUSTYNA	1149		WARSZAWA	POL	K 30	92	K 295	00:15:02	00:31:04.90	00:31:44.10	6:12	9.7
93	WIŚNIEWSKA-DUDA ANNA	1211		WARSZAWA	POL	K 30	93	K 299	00:15:29	00:31:22.60	00:32:02.40	6:16	9.6
94	GROCHOWINA ANNA	309		WARSZAWA	POL	K 30	94	K 301	00:15:22	00:31:23.60	00:32:30.30	6:16	9.6

BIEG URSYNOWA, K 30 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
95	POLO MARIA	880		HALINÓW	POL	K 30	95	K 305	00:15:31	00:31:39.55	00:32:47.20	6:19	9.5
96	OŁOWSKA PAULINA	798		WARSZAWA	POL	K 30	96	K 307	00:15:02	00:31:40.35	00:33:13.90	6:20	9.5
97	NASIEROWSKA MARTYNA	760		WARSZAWA	POL	K 30	97	K 315	00:15:35	00:32:02.20	00:33:51.95	6:24	9.4
98	SYNOWCZYK AGNIESZKA	1050		WARSZAWA	POL	K 30	98	K 317	00:16:01	00:32:07.60	00:32:51.60	6:25	9.3
99	MRÓZ JOANNA	742		WARSZAWA	POL	K 30	99	K 320	00:15:53	00:32:08.45	00:34:04.50	6:25	9.3
100	KOZDROŃ PAULINA	1534		WARSZAWA	POL	K 30	100	K 326	00:15:58	00:32:23.40	00:34:12.25	6:28	9.3
101	WITEK DAGMARA	1578		WARSZAWA	POL	K 30	101	K 328	00:16:17	00:32:26.55	00:34:25.60	6:29	9.2
102	WÓJCICKA AGNIESZKA	1569		WARSZAWA	POL	K 30	102	K 335	00:15:51	00:32:55.25	00:33:01.90	6:35	9.1
103	SAJEWSKA KAROLINA	955	WATAHA ŁĄCZY NAS BIEGANIE	WARSZAWA	POL	K 30	103	K 337	00:15:47	00:32:55.80	00:34:00.10	6:35	9.1
104	VALIEVA ALIIA	1170		DZIEKANÓW LEŚNY	POL	K 30	104	K 339	00:15:37	00:33:02.00	00:33:08.75	6:36	9.1
105	KRZYZEWSKA KAROLINA	570	PZU SPORT TEAM	WARSZAWA	POL	K 30	105	K 345	00:16:00	00:33:06.50	00:34:12.90	6:37	9.1
106	DALKIEWICZ MARTA	1320		WARSZAWA	POL	K 30	106	K 348	00:16:08	00:33:16.15	00:35:08.55	6:39	9
107	MICHAŁSKA MARTYNA	712		WARSZAWA	POL	K 30	107	K 351	00:15:54	00:33:23.70	00:35:10.00	6:40	9
108	TRUMIŃSKA MARCELA	1148		WARSZAWA	POL	K 30	108	K 355	00:15:53	00:33:31.70	00:35:14.90	6:42	9
109	WINIARZ NATALIA	1208		WARSZAWA	POL	K 30	109	K 358	00:15:07	00:33:36.50	00:35:16.55	6:43	8.9
110	MAJCHRAK ANNA	661		WARSZAWA	POL	K 30	110	K 361	00:17:27	00:33:38.75	00:35:46.55	6:43	8.9
111	BAKALAROVA MICHAELA	32		WARSZAWA	SVK	K 30	111	K 367	00:15:57	00:33:50.50	00:34:45.90	6:46	8.9
112	SOLAREK KINGA	1019		WARSZAWA	POL	K 30	112	K 368	00:17:27	00:33:52.60	00:36:00.40	6:46	8.9
113	BIEROZA ANNA	1472		WARSZAWA	POL	K 30	113	K 372	00:16:47	00:34:05.55	00:34:43.10	6:49	8.8
114	YILDIRIM CZUPRYN DERYA	1410		WARSAW	POL	K 30	114	K 373	00:16:42	00:34:05.70	00:34:43.00	6:49	8.8
115	JABLONSKA-SOBIECH ANETA	1435		WARSZAWA	POL	K 30	115	K 374	00:16:42	00:34:05.80	00:34:43.10	6:49	8.8
116	PIOTROWSKA GABRIELA	858		PIASECZNO	POL	K 30	116	K 375	00:16:39	00:34:06.60	00:35:06.80	6:49	8.8
117	DZIWOŃ ANNA	230		WARSZAWA	POL	K 30	117	K 376	00:15:21	00:34:08.65	00:35:46.35	6:49	8.8
118	SZELIGA ZOFIA	1068		WARSZAWA	POL	K 30	118	K 377	00:16:35	00:34:08.65	00:36:07.35	6:49	8.8
119	ROBACZEWSKA MARTA	923		WARSZAWA	POL	K 30	119	K 378	00:17:10	00:34:09.20	00:36:31.25	6:49	8.8
120	FRĄCZAK MAGDALENA	253		POWĄŻKI	POL	K 30	120	K 380	00:16:54	00:34:11.10	00:36:20.25	6:50	8.8
121	KANIOWSKA KAROLINA	1575		WARSZAWA	POL	K 30	121	K 383	00:17:05	00:34:14.40	00:35:26.20	6:50	8.8
122	FRYDRYCH KATARZYNA	256		WARSZAWA	POL	K 30	122	K 387	00:17:16	00:34:30.70	00:36:43.55	6:54	8.7
123	ŁUCZYŃSKA KAROLINA	645		WARSZAWA	POL	K 30	123	K 389	00:16:38	00:34:31.85	00:36:31.15	6:54	8.7
124	BORKOWSKA MICHALINA	80		WARSZAWA	POL	K 30	124	K 391	00:16:39	00:34:35.90	00:36:32.90	6:55	8.7
125	SICIŃSKA IWONA	967		JÓZEFOSŁAW	POL	K 30	125	K 393	00:16:26	00:34:41.60	00:36:43.35	6:56	8.6
126	ZARZYKA ANTONINA	1273		WARSZAWA	POL	K 30	126	K 395	00:18:13	00:34:49.20	00:37:12.40	6:57	8.6
127	WYLON IZABELA	1254		WARSZAWA	POL	K 30	127	K 397	00:17:59	00:34:53.30	00:36:51.30	6:58	8.6
128	GAŹOWSKA AGNIESZKA	276		WARSZAWA	POL	K 30	128	K 398	00:16:26	00:34:54.55	00:36:53.50	6:58	8.6
129	KARPIŃSKA JUSTYNA	428		WARSZAWA	POL	K 30	129	K 404	00:17:17	00:35:19.60	00:37:30.15	7:03	8.5
130	SZMIGIEL IZABELA	1074		PIASECZNO	POL	K 30	130	K 405	00:17:27	00:35:20.30	00:37:28.40	7:04	8.5
131	TRETER MAGDALENA	1507		WARSZAWA	POL	K 30	131	K 407	00:17:13	00:35:33.30	00:37:23.40	7:06	8.4
132	GAWRYOŁEK - OSIŃSKA MAJA	274		WARSZAWA	POL	K 30	132	K 409	00:18:15	00:35:38.50	00:38:01.90	7:07	8.4
133	KARKOS MAGDALENA	425		WARSZAWA	POL	K 30	133	K 411	00:17:18	00:35:41.55	00:37:51.95	7:08	8.4
134	WICHTOWSKA KAROLINA	1514		WARSZAWA	POL	K 30	134	K 414	00:17:27	00:36:25.10	00:36:41.70	7:17	8.2
135	NIEDZIELA KAMILA	767		WARSZAWA	POL	K 30	135	K 416	00:17:27	00:36:48.65	00:37:42.85	7:21	8.2
136	SZCZEPANIEC ANNA	1062		WARSZAWA	POL	K 30	136	K 418	00:18:04	00:36:54.10	00:39:07.85	7:22	8.1
137	PLUTA MONIKA	871		SULEJÓWEK	POL	K 30	137	K 421	00:18:14	00:37:42.75	00:40:07.50	7:32	8
138	JURCZAK KAROLINA	401		WARSZAWA	POL	K 30	138	K 426	00:18:46	00:38:20.40	00:40:48.40	7:40	7.8
139	KOBYŁECKA SYLWIA	473	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 30	139	K 434	00:20:17	00:41:55.90	00:43:11.40	8:23	7.2
140	BARANOWSKA EWELINA	35		WARSZAWA	POL	K 30	140	K 435	00:19:46	00:41:58.20	00:44:10.40	8:23	7.1
141	SAMORDAK KATARZYNA	960		WARSZAWA	POL	K 30	141	K 439	00:21:40	00:43:54.30	00:43:59.20	8:46	6.8
142	GRZECHNIK JUSTYNA	324		WARSZAWA	POL	K 30	142	K 441	00:21:41	00:44:20.20	00:44:25.70	8:52	6.8

BIEG URSYNOWA, M 30

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
1	SZYMANIAK KAMIL	1088	K2 RUNNING TEAM	TORUŃ	POL	M 30	1	M 2		00:15:13.50	00:15:14.80	3:02	19.7
2	WASIEWICZ KRZYSZTOF	1180	KONDYCJA	PIASECZNO	POL	M 30	2	M 3	00:07:39	00:15:25.05	00:15:26.60	3:05	19.5
3	SKIBIŃSKI MIKOŁAJ	1345	DUCLA ACADEMY	POZNAŃ	POL	M 30	3	M 5	00:07:46	00:15:53.85	00:15:55.00	3:10	18.9
4	KWARTA MACIEJ	592	ŻORAWSKI TEAM /MACIEJKWARTA	WARSZAWA	POL	M 30	4	M 6	00:07:49	00:15:59.50	00:16:01.30	3:11	18.8

BIEG URSYNOWA, M 30 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
5	KUBICKI ADAM	576		WARSZAWA	POL	M 30	5	M 7	00:08:00	00:16:12.60	00:16:14.40	3:14	18.5
6	DZIADZISHCHAU ALIAKSEI	224	CLUB ANONYMOUS RUNNERS N.A. CABALO BLANKO	WARSZAWA	POL	M 30	6	M 10	00:08:02	00:16:13.50	00:16:15.55	3:14	18.5
7	WYSOCKI MARCIN	1255	WARSZAWIAKY	MICHAŁOWICE	POL	M 30	7	M 14	00:08:22	00:16:51.50	00:16:53.60	3:22	17.8
8	ŁABĘDZKI KONRAD	622	DUKLANOWSKI TEAM	WARSZAWA	POL	M 30	8	M 15	00:08:13	00:16:53.95	00:16:56.90	3:22	17.8
9	STASIOŃSKI PIOTR	1028	NOWOSARZYŃSKA GRUPA BIEGOWA	BRZÓZA KRÓLEWSKA	POL	M 30	9	M 17	00:08:04	00:16:57.45	00:16:59.00	3:23	17.7
10	KOWALCZYK MATEUSZ	520	MOCNA GRUPA CEZARA	WROCŁAW	POL	M 30	10	M 21	00:08:29	00:17:12.25	00:17:14.50	3:26	17.4
11	KOZIELSKI MICHAŁ	539	CTS	CELESTYNÓW	POL	M 30	11	M 27	00:08:48	00:17:28.00	00:17:34.00	3:29	17.2
12	KARWOWSKI DANIEL	432	KB PŁOŃSK	WARSZAWA	POL	M 30	12	M 25	00:08:36	00:17:30.95	00:17:33.45	3:30	17.1
13	RYBCZAK PAWEŁ	1589	KUŹNIA TRATHLONU	WARSZAWA	POL	M 30	13	M 29	00:08:51	00:17:31.05	00:17:35.65	3:30	17.1
14	JUSIŃSKI KRYSZTIAN	405	BRACTWO BIEGOWE BGK	WARSZAWA	POL	M 30	14	M 28	00:08:35	00:17:31.60	00:17:35.55	3:30	17.1
15	MICHAŁOWSKI MACIEK	715	ITMBW KRAKÓW	BERLIN	GER	M 30	15	M 33	00:08:39	00:17:41.25	00:17:44.50	3:32	17
16	MAJCHRZAK JULIAN	660	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 30	16	M 35	00:08:48	00:17:43.60	00:17:46.40	3:32	16.9
17	GLÓDOWSKI MICHAŁ	283	ŻÓRAWSKI TEAM	WARSZAWA	POL	M 30	17	M 36	00:08:51	00:17:50.10	00:17:51.90	3:34	16.8
18	LEWIAK MICHAŁ	612	TRUCHT.COM	ŁÓDŹ	POL	M 30	18	M 37	00:08:38	00:17:51.10	00:17:54.05	3:34	16.8
19	NACZAS ŁUKASZ	756		WARSZAWA	POL	M 30	19	M 42	00:08:55	00:17:56.90	00:18:02.60	3:35	16.7
20	NIEMIRA MICHAŁ	770	MPK WYBIEGANIE	WARSZAWA	POL	M 30	20	M 40	00:08:58	00:17:56.90	00:18:00.65	3:35	16.7
21	KRYŚCIAK JACEK	1465		ŁÓDŹ	POL	M 30	21	M 43	00:08:56	00:17:58.30	00:18:03.90	3:35	16.7
22	ŚLIWA KRZYSZTOF	1109	KS LEMIESZ TEAM WARSZAWA	WARSZAWA	POL	M 30	22	M 44	00:08:57	00:18:02.10	00:18:05.80	3:36	16.6
23	ŁOJEWSKI MARCIN	635	BIEGOWY WARIAT RUNNING TEAM	WARSZAWA	POL	M 30	23	M 47	00:09:04	00:18:05.70	00:18:09.00	3:37	16.6
24	STOCHMALSKI MARCIN	1034	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 30	24	M 50	00:09:05	00:18:06.00	00:18:11.60	3:37	16.6
25	CIESIELSKI MARIUSZ	146		GRODZISK MAZOWIECKI	POL	M 30	25	M 53	00:09:03	00:18:21.65	00:18:21.65	3:40	16.3
26	JAGODZIŃSKI KAROL	1339	POWER POGROM	WARSZAWA	POL	M 30	26	M 65	00:09:19	00:18:39.00	00:18:48.40	3:43	16.1
27	FAJKOWSKI PIOTR	238	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 30	27	M 61	00:09:12	00:18:40.75	00:18:46.75	3:44	16.1
28	SKWARCZEK OLEK	994		WARSZAWA	POL	M 30	28	M 70	00:09:22	00:18:47.80	00:18:56.30	3:45	16
29	BOGUCKI MARCIN	76	TRINERGY	WARSZAWA	POL	M 30	29	M 76	00:09:20	00:18:55.90	00:19:06.10	3:47	15.9
30	KOWALCZYK MARCIN	521	TRIMASTERS WARSZAWA	WARSZAWA	POL	M 30	30	M 73	00:09:17	00:18:56.85	00:19:04.40	3:47	15.8
31	PIATKA TOMASZ	845	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 30	31	M 86	00:09:27	00:19:04.35	00:19:15.30	3:48	15.7
32	ŁUCKA DARIUSZ	642		NOWA IWICZNA	POL	M 30	32	M 83	00:09:21	00:19:06.00	00:19:14.25	3:49	15.7
33	SZELIGOWSKI KAMIL	1543		ANDRZEJEWO	POL	M 30	33	M 90	00:09:24	00:19:10.45	00:19:19.85	3:50	15.7
34	CIERNIEWSKI MACIEJ	145	ARTUR KOZŁOWSKI TEAM (PLANBIEGANIE.PL)	STACHOWO	POL	M 30	34	M 94	00:09:27	00:19:16.60	00:19:26.90	3:51	15.6
35	WALENCIK MARCIN	1176		RADOM	POL	M 30	35	M 95	00:09:44	00:19:18.30	00:19:27.90	3:51	15.5
36	STOKOWSKI DARIUSZ	1036		CIECHANÓW	POL	M 30	36	M 104	00:09:31	00:19:26.30	00:19:26.30	3:53	15.4
37	JASZCZYŃSKI ANDRZEJ	1505	INFINITUS ATHLETICS	WARSZAWA	POL	M 30	37	M 105	00:09:46	00:19:27.70	00:19:39.60	3:53	15.4
38	SZYMAŃSKI HUBERT	1092		NOWE MIASTO	POL	M 30	38	M 110	00:09:39	00:19:32.20	00:19:55.35	3:54	15.4
39	LISZKA KRZYSZTOF	617	KAZIKI	WARSZAWA	POL	M 30	39	M 118	00:09:32	00:19:36.90	00:19:42.60	3:55	15.3
40	RUPIŃSKI KRZYSZTOF	939		KONSTANCIN-JEZIORNA	POL	M 30	40	M 124	00:09:28	00:19:47.60	00:19:57.00	3:57	15.2
41	LUTYŃSKI JAKUB	621		WARSZAWA	POL	M 30	41	M 128	00:09:46	00:19:48.25	00:19:58.55	3:57	15.2
42	BRACHACZEK BARTOSZ	91	POWER TRAINING	WARSZAWA	POL	M 30	42	M 131	00:09:50	00:19:53.10	00:20:03.25	3:58	15.1
43	BIELECKI JAKUB	61	SPOCENI W LODUFCE	WARSZAWA	POL	M 30	43	M 136	00:10:02	00:20:00.00	00:20:22.15	4:00	15
44	SYNOWCZYK MACIEJ	1049		WARSZAWA	POL	M 30	44	M 139	00:09:41	00:20:01.15	00:20:17.30	4:00	15
45	WODZIŃSKI MICHAŁ	1228		WARSZAWA	POL	M 30	45	M 144	00:10:02	00:20:06.85	00:20:23.90	4:01	14.9
46	CHOIŃSKI PAWEŁ	132	SMASHING PAPKINS	WARSZAWA	POL	M 30	46	M 147	00:09:58	00:20:09.65	00:20:22.55	4:01	14.9
47	MARZEC ZBIGNIEW	683	BIEGAJACY KUCHARZ	PIASECZNO	POL	M 30	47	M 150	00:09:43	00:20:14.20	00:20:17.00	4:02	14.8
48	ŚLIMKO DANIEL	1108	OLEJ RUNNING TEAM	WARSZAWA	POL	M 30	48	M 151	00:10:11	00:20:14.30	00:20:31.95	4:02	14.8
49	KRUPKA MARCIN	560	STAJNIAK TEAM	KOŁBIEL	POL	M 30	49	M 160	00:09:54	00:20:23.20	00:20:33.50	4:04	14.7
50	PIENIAŻEK KAMIL	850		WARSZAWA	POL	M 30	50	M 168	00:09:45	00:20:26.80	00:20:39.60	4:05	14.7
51	SOBOLEWSKI PIOTR	1010		MIŃSK MAZOWIECKI	POL	M 30	51	M 170	00:09:55	00:20:29.90	00:20:43.25	4:05	14.6
52	SNARSKI PIOTR	1005	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 30	52	M 173	00:09:45	00:20:33.05	00:20:42.50	4:06	14.6
53	DEMBIŃSKI MACIEJ	183	KNP	WARSZAWA	POL	M 30	53	M 180	00:10:01	00:20:39.25	00:21:02.10	4:07	14.5
54	MARCZAK KAMIL	678	PAWKO RUNNER TEAM	WARKA	POL	M 30	54	M 182	00:10:18	00:20:47.85	00:20:47.85	4:09	14.4
55	ZYGOŃ KRZYSZTOF	1295		WARSZAWA	POL	M 30	55	M 183	00:10:29	00:20:49.05	00:21:24.55	4:09	14.4
56	FIGURSKI ADAM	246		WARSZAWA	POL	M 30	56	M 194	00:10:34	00:21:00.10	00:22:24.15	4:12	14.3
57	WITKOWSKI-SKELTON PIOTR	1217	VEGE RUNNERS	WARSZAWA	POL	M 30	57	M 200	00:10:19	00:21:08.00	00:21:19.25	4:13	14.2
58	PACHNIK KAROL	815		SIEDLCE	POL	M 30	58	M 201	00:10:30	00:21:08.75	00:21:41.40	4:13	14.2
59	KNAPIK MICHAŁ	470	NEW BALANCE RUN CLUB	WARSZAWA	POL	M 30	59	M 203	00:10:23	00:21:10.10	00:21:26.95	4:14	14.2

BIEG URSYNOWA, M 30 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
60	KRÓL PAWEŁ	1436	DENTALKING.EU	WARSZAWA	POL	M 30	60	M 204	00:10:21	00:21:11.95	00:21:30.10	4:14	14.2
61	BOCZARSKI PAWEŁ	74		WARSZAWA	POL	M 30	61	M 205	00:10:11	00:21:12.55	00:21:38.15	4:14	14.2
62	CICHOCKI MARIUSZ	141	WARSAW RUN CLUB	WARSZAWA	POL	M 30	62	M 208	00:10:30	00:21:14.55	00:21:36.50	4:14	14.1
63	KANIEWSKI JAROSŁAW	418	SUSHI FLOW	WARSZAWA	POL	M 30	63	M 213	00:10:12	00:21:19.05	00:21:45.10	4:15	14.1
64	WIETESKA ŁUKASZ	1198	NBRC	WARSZAWA	POL	M 30	64	M 214	00:10:29	00:21:20.20	00:21:52.60	4:16	14.1
65	IWANIUK TOMASZ	359	ŻYWCEM ZABIEGANI	WARSZAWA	POL	M 30	65	M 215	00:10:21	00:21:20.85	00:21:32.10	4:16	14.1
66	ZARODKIEWICZ DAWID	1570		WARSZAWA	POL	M 30	66	M 217	00:10:29	00:21:21.60	00:21:38.85	4:16	14.1
67	KOŚIŃSKI RAFAŁ	508	BIEGNIJ Z PROSERVICE	OŻARÓW MAZOWIECKI	POL	M 30	67	M 225	00:10:36	00:21:32.20	00:22:01.85	4:18	13.9
68	CATOIRE TANGUY	120		WARSZAWA	POL	M 30	68	M 229	00:10:18	00:21:33.25	00:21:46.45	4:18	13.9
69	ZUKOWSKI PIOTR	1552		WARSZAWA	POL	M 30	69	M 233	00:10:26	00:21:37.00	00:21:52.50	4:19	13.9
70	CHĘC TOMASZ	126		WARSZAWA	POL	M 30	70	M 234	00:10:43	00:21:37.10	00:22:02.40	4:19	13.9
71	BAL ŁUKASZ	1536		WARSZAWA	POL	M 30	71	M 236	00:10:36	00:21:38.65	00:22:09.45	4:19	13.9
72	GRUSZCZYŃSKI WOJCIECH	316		WARSZAWA	POL	M 30	72	M 239	00:10:36	00:21:40.75	00:22:10.35	4:20	13.8
73	KOŚLA PAWEŁ	514	RUN DE GIRARD	ŻYRARDÓW	POL	M 30	73	M 244	00:10:41	00:21:44.30	00:22:13.70	4:20	13.8
74	JAMBOR MACIEJ	371		WARSZAWA	POL	M 30	74	M 247	00:10:41	00:21:47.05	00:22:18.25	4:21	13.8
75	KUBIAK SEBASTIAN	575	CKR KONSTANCIN	WARSZAWA	POL	M 30	75	M 249	00:10:43	00:21:49.25	00:22:35.35	4:21	13.8
76	KAMIŃSKI ŁUKASZ	415	PZU SPORT TEAM	ZĄBKI	POL	M 30	76	M 251	00:10:44	00:21:52.00	00:22:13.40	4:22	13.7
77	WOJTKOWSKI MACIEJ	1496	INFINITUS ATHLETICS	STARE BABICE	POL	M 30	77	M 253	00:10:37	00:21:52.15	00:22:05.80	4:22	13.7
78	DUCH MATEUSZ	211	GÓRA BIEGA	GÓRA KALWARIA	POL	M 30	78	M 254	00:10:42	00:21:52.35	00:22:24.70	4:22	13.7
79	MOTRENKO PIOTR	740		WARSZAWA	POL	M 30	79	M 271	00:10:48	00:22:11.55	00:22:40.20	4:26	13.5
80	MIODUSZEWSKI ADRIAN	1547		WARSZAWA	POL	M 30	80	M 272	00:11:11	00:22:11.70	00:23:01.30	4:26	13.5
81	SKRZYPEK MICHAŁ	992		WARSZAWA	POL	M 30	81	M 274	00:10:48	00:22:16.45	00:23:02.35	4:27	13.5
82	DUSZYŃSKI BARTOSZ	218		WARSZAWA	POL	M 30	82	M 275	00:10:43	00:22:17.00	00:22:48.10	4:27	13.5
83	HUCAŁ GRZEGORZ	351	RCI WARSZAWA	WARSZAWA	POL	M 30	83	M 277	00:11:01	00:22:20.75	00:22:51.25	4:28	13.4
84	KOZAK MIKOŁAJ	534		WARSZAWA	POL	M 30	84	M 278	00:10:46	00:22:21.65	00:22:50.30	4:28	13.4
85	ŚLIWCZYŃSKI JAROSŁAW	1110	RAZEM Z ANIĄ PO ŻYCIÓWKĘ!	OLSZTYN	POL	M 30	85	M 284	00:11:06	00:22:24.85	00:22:57.80	4:28	13.4
86	TUTAJ MARCIN	1497		WARSZAWA	POL	M 30	86	M 286	00:10:50	00:22:28.15	00:22:56.10	4:29	13.4
87	CIEĆWIERZ MICHAŁ	144		WARSZAWA	POL	M 30	87	M 289	00:10:50	00:22:30.90	00:23:01.40	4:30	13.3
88	MARZAŁEK MARCIN	681		WARSZAWA	POL	M 30	88	M 292	00:11:18	00:22:34.55	00:23:13.40	4:30	13.3
89	GAJEWSKI TOMASZ	262		NOWA WOLA	POL	M 30	89	M 299	00:11:33	00:22:41.15	00:23:42.25	4:32	13.2
90	TOLAK PIOTR	1129	TEAM TOLAK	WARSZAWA	POL	M 30	90	M 300	00:10:55	00:22:41.20	00:23:11.10	4:32	13.2
91	SUJAK MICHAŁ	1040		WARSZAWA	POL	M 30	91	M 308	00:11:01	00:22:49.50	00:23:23.75	4:33	13.1
92	SMOLIŃSKI MATEUSZ	1001		WARSZAWA	POL	M 30	92	M 312	00:10:08	00:22:52.80	00:23:07.80	4:34	13.1
93	KALINOWSKI BARTŁOMIEJ	411		PIASECZNO	POL	M 30	93	M 316	00:11:47	00:22:57.40	00:23:45.95	4:35	13.1
94	KĘDRA MATEUSZ	441		WARSZAWA	POL	M 30	94	M 317	00:11:33	00:22:58.80	00:23:47.40	4:35	13.1
95	ŚWIERŻYŃSKI MICHAŁ	1116		WARSZAWA	POL	M 30	95	M 320	00:10:44	00:22:59.65	00:23:31.40	4:35	13.1
96	PAKUŁA BŁAŻEJ	817		WARSZAWA	POL	M 30	96	M 328	00:11:21	00:23:04.40	00:23:41.10	4:36	13
97	PAWELEC KAMIL	832	PZU SPORT TEAM	SOCHACZEW	POL	M 30	97	M 330	00:11:28	00:23:08.65	00:23:53.90	4:37	13
98	PARZNIIEWSKI MACIEJ	1355	TOWARZYSTWO TURYSTYCZNE AKS POLONIA WARSZAWA	NOWY DWÓR MAZOWIECKI	POL	M 30	98	M 334	00:11:12	00:23:12.50	00:23:53.70	4:38	12.9
99	ESSI-EZINH ALEKSANDER	234	SFORA BMK	WARSZAWA	POL	M 30	99	M 340	00:11:22	00:23:15.20	00:24:01.70	4:39	12.9
100	OCHREMIK JĘDRZEJ	785		WARSZAWA	POL	M 30	100	M 345	00:11:27	00:23:21.55	00:23:57.15	4:40	12.8
101	SOJDA MATEUSZ	1014	ROADBIKE IRON TEAM	WARSZAWA	POL	M 30	101	M 347	00:11:37	00:23:23.30	00:24:28.25	4:40	12.8
102	BARĘJ PAWEŁ	1394		WARSZAWA	POL	M 30	102	M 352	00:11:44	00:23:28.75	00:24:11.55	4:41	12.8
103	DZIĘCIOŁOWSKI FILIP	227	FOOTBALL TALENTS	WARSZAWA	POL	M 30	103	M 354	00:11:38	00:23:31.05	00:24:31.45	4:42	12.8
104	PRZYBOROWSKI ADAM	899		WARSZAWA	POL	M 30	104	M 366	00:11:50	00:23:41.50	00:24:30.50	4:44	12.7
105	JAKUBIAK SZYMON	368		WARSZAWA	POL	M 30	105	M 369	00:12:01	00:23:46.25	00:24:38.20	4:45	12.6
106	SIERZYCKI HUBERT	975		WARSZAWA	POL	M 30	106	M 373	00:12:09	00:23:48.25	00:24:47.60	4:45	12.6
107	MIELNICZUK TOMASZ	1559		HRUBIESZÓW	VEN	M 30	107	M 375	00:11:52	00:23:49.85	00:24:14.55	4:45	12.6
108	RÓŻYCKI KRZYSZTOF	936	VEGE RUNNERS	WARSZAWA	POL	M 30	108	M 378	00:11:24	00:23:51.60	00:24:12.50	4:46	12.6
109	KARWOWSKI RAFAŁ	431		PIASECZNO	POL	M 30	109	M 379	00:12:19	00:23:52.25	00:25:12.75	4:46	12.6
110	SZYMczyk MICHAŁ	1102	NASTĘPNY KROK	WARSZAWA	POL	M 30	110	M 381	00:11:49	00:23:53.15	00:24:42.90	4:46	12.6
111	OPALA MARCIN	1422		RASZYN	POL	M 30	111	M 384	00:11:36	00:23:57.30	00:24:31.85	4:47	12.5
112	NAZARUK BARTOSZ	1533		WARSZAWA	POL	M 30	112	M 388	00:11:49	00:23:59.85	00:24:34.70	4:47	12.5
113	BILEWICZ MATEUSZ	66		WARSZAWA	POL	M 30	113	M 390	00:11:57	00:24:02.40	00:24:44.30	4:48	12.5
114	JEWULSKI DAMIAN	1478		OTWOCK	POL	M 30	114	M 393	00:11:52	00:24:04.15	00:24:38.35	4:48	12.5
115	DUMARA JAKUB	217		WARSZAWA	POL	M 30	115	M 396	00:12:06	00:24:04.65	00:25:00.70	4:48	12.5

BIEG URSYNOWA, M 30 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
116	BIAŁAS KAROL	57		WARSZAWA	POL	M 30	116	M 397	00:11:34	00:24:04.75	00:24:20.75	4:48	12.5
117	MILIK MAREK	1348		WARSZAWA	POL	M 30	117	M 403	00:12:10	00:24:15.30	00:25:32.15	4:51	12.4
118	ŚLEPOWROŃSKI JAKUB	1107	PZU SPORT TEAM	WARSZAWA	POL	M 30	118	M 404	00:12:18	00:24:16.25	00:25:14.80	4:51	12.4
119	KRÓŁ ŁUKASZ	554	PZU SPORT TEAM	WARSZAWA	POL	M 30	119	M 405	00:12:10	00:24:16.80	00:25:26.20	4:51	12.4
120	MAŁYSA PIOTR	672		KONSTANCIN-JEZIORNA	POL	M 30	120	M 408	00:11:58	00:24:18.40	00:25:14.50	4:51	12.3
121	PIOTROWSKI MATEUSZ	860		WARSZAWA	POL	M 30	121	M 410	00:12:29	00:24:18.80	00:25:35.50	4:51	12.3
122	GRUSZKA JAKUB	317		WARSZAWA	POL	M 30	122	M 413	00:11:49	00:24:20.10	00:25:10.25	4:52	12.3
123	SACHMATA JACEK	1459	Y-JACK	NOWA IWICZNA	POL	M 30	123	M 414	00:12:00	00:24:20.90	00:24:57.40	4:52	12.3
124	KOZAKOWSKI SEBASTIAN	535		WARSZAWA	POL	M 30	124	M 417	00:12:08	00:24:23.80	00:25:34.20	4:52	12.3
125	MATYSIAK JAKUB	1367	STG WARSZAWA	WARSZAWA	POL	M 30	125	M 418	00:11:36	00:24:23.95	00:25:16.50	4:52	12.3
126	KĄKOL TOMASZ	437		SULEJÓWEK	POL	M 30	126	M 422	00:11:53	00:24:26.45	00:25:11.70	4:53	12.3
127	TRZECIAKOWSKI PAWEŁ	1151	PAWEŁ TRZECIAKOWSKI	WARSZAWA	POL	M 30	127	M 423	00:11:50	00:24:26.65	00:25:24.70	4:53	12.3
128	WŁODARCZYK TOMASZ	1222		XXX	POL	M 30	128	M 424	00:11:59	00:24:27.45	00:25:19.25	4:53	12.3
129	MAZUR DANIEL	700		KOZIENICE	POL	M 30	129	M 432	00:11:50	00:24:33.80	00:25:04.80	4:54	12.2
130	NALEPA SZYMON	758		WARSZAWA	POL	M 30	130	M 436	00:12:33	00:24:36.40	00:25:48.05	4:55	12.2
131	IGNATIUK BARTOSZ	1471		WARSZAWA	POL	M 30	131	M 437	00:12:10	00:24:36.60	00:25:42.20	4:55	12.2
132	CHMIELEWSKI KAMIL	130		WARSZAWA	POL	M 30	132	M 440	00:11:54	00:24:37.65	00:25:28.85	4:55	12.2
133	KRASNOWSKI MARCIN	546		WARSZAWA	POL	M 30	133	M 441	00:12:03	00:24:37.80	00:25:35.25	4:55	12.2
134	KUCABA MATEUSZ	577		WARSZAWA	POL	M 30	134	M 444	00:12:16	00:24:41.40	00:25:59.40	4:56	12.2
135	KAPLIŃSKI PAWEŁ	420		WARSZAWA	POL	M 30	135	M 445	00:11:43	00:24:41.50	00:24:51.20	4:56	12.2
136	YARMALOVICH ALIAKSANDR	1257		WARSZAWA	BLR	M 30	136	M 446	00:12:15	00:24:42.10	00:25:47.90	4:56	12.1
137	ZAKRZEWSKI MICHAŁ	1264		WARSZAWA	POL	M 30	137	M 448	00:12:04	00:24:43.45	00:25:19.30	4:56	12.1
138	KEMPA PIOTR	438		WARSZAWA	POL	M 30	138	M 449	00:12:01	00:24:43.70	00:25:22.80	4:56	12.1
139	MULIK PIOTR	747	RAZEM TRENUJEMY SPORT	WARSZAWA	POL	M 30	139	M 450	00:12:12	00:24:44.65	00:25:32.35	4:56	12.1
140	REJDYCH ALEKSANDER	920		WARSZAWA	POL	M 30	140	M 454	00:12:21	00:24:49.60	00:25:44.60	4:57	12.1
141	PIWOWAREK GRZEGORZ	866		WARSZAWA	POL	M 30	141	M 460	00:12:39	00:24:51.30	00:25:32.50	4:58	12.1
142	KALBARCZYK IGOR	409		WARSZAWA	POL	M 30	142	M 463	00:12:27	00:24:52.25	00:26:00.70	4:58	12.1
143	PLATE PIOTR	868		WARSZAWA	POL	M 30	143	M 465		00:24:53.90	00:24:53.90	4:58	12.1
144	JURCZAK GRZEGORZ	402		WARSZAWA	POL	M 30	144	M 467	00:12:24	00:24:56.75	00:25:49.80	4:59	12
145	KĘPKA KRZYSZTOF	442		WARSZAWA	POL	M 30	145	M 474	00:12:17	00:25:06.10	00:26:06.10	5:01	12
146	WITEK SEBASTIAN	1215		WARSZAWA	POL	M 30	146	M 478	00:12:34	00:25:11.95	00:25:51.15	5:02	11.9
147	RYNKOWSKI MICHAŁ	948	POLADA	WARSZAWA	POL	M 30	147	M 480	00:13:12	00:25:12.35	00:26:16.80	5:02	11.9
148	DERESZ WIKTOR	184	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 30	148	M 484	00:12:19	00:25:15.95	00:26:13.25	5:03	11.9
149	URYNOWICZ PIOTREK	1168		CELESTYNÓW	POL	M 30	149	M 488	00:12:03	00:25:17.60	00:26:11.95	5:03	11.9
150	KOŁUCKI STEFAN	483	SFORA BMK	WARSZAWA (WAWER)	POL	M 30	150	M 489	00:11:52	00:25:18.00	00:26:04.00	5:03	11.9
151	CZERŃNIAK ADAM	164		WARSZAWA	POL	M 30	151	M 506	00:12:27	00:25:30.10	00:26:42.35	5:06	11.8
152	DĄBROWSKI EMIL	180		IZABELIN C	POL	M 30	152	M 508	00:12:47	00:25:33.55	00:26:57.80	5:06	11.7
153	MROZIŃSKI MIKOŁAJ	1431	AGREGATY RUN CLUB	WARSZAWA	POL	M 30	153	M 509	00:12:19	00:25:35.45	00:26:37.50	5:07	11.7
154	TEMPLER MAREK	1123	TEAMZABIEGANEDNI	WARSZAWA	POL	M 30	154	M 511	00:12:18	00:25:35.80	00:26:35.70	5:07	11.7
155	POLESKI RADOŚLAW	879		WARSZAWA	POL	M 30	155	M 518	00:12:33	00:25:39.60	00:26:37.85	5:07	11.7
156	GOŁOŚ ARTUR	1451		ZIELONKA	POL	M 30	156	M 519	00:12:04	00:25:41.40	00:26:20.15	5:08	11.7
157	ADAMSKI MARCIN	1323		WARSZAWA	POL	M 30	157	M 539	00:12:30	00:26:00.50	00:26:43.85	5:12	11.5
158	BULZACKI MICHAŁ	113		WARSZAWA	POL	M 30	158	M 551	00:12:23	00:26:13.55	00:27:12.35	5:14	11.4
159	STASIAK ŁUKASZ	1026	FOOTBALL TALENTS	WARSZAWA	POL	M 30	159	M 556	00:12:51	00:26:20.65	00:27:22.20	5:16	11.4
160	MILLER TOMASZ	723	BIEGAM BO LUBIĘ ZĄBK TEAM	ZĄBKI	POL	M 30	160	M 558	00:12:56	00:26:21.80	00:27:46.90	5:16	11.4
161	MULARZ KAJETAN	746	BLACK BULLDOG	WARSZAWA	POL	M 30	161	M 562	00:12:34	00:26:26.00	00:27:47.60	5:17	11.3
162	GRADZIUŁ JAKUB	1336		WARSZAWA (BIELANY)	POL	M 30	162	M 565	00:12:56	00:26:27.60	00:27:40.70	5:17	11.3
163	LIACH ALIAKSANDR	1468		WARSZAWA	BLR	M 30	163	M 575	00:13:32	00:26:34.65	00:28:41.45	5:18	11.3
164	ĆWIEK PAWEŁ	172		WARSZAWA	POL	M 30	164	M 577	00:13:15	00:26:36.30	00:26:36.30	5:19	11.3
165	WĄSIEWICZ PIOTR	1185	PZU SPORT TEAM	WARSZAWA	POL	M 30	165	M 580	00:14:11	00:26:40.20	00:28:30.35	5:20	11.3
166	HALL TRAVIS	339		WARSZAWA	POL	M 30	166	M 586	00:13:19	00:26:47.20	00:28:21.50	5:21	11.2
167	MALESA KRYSZTIAN	1357	RADA DZIELNICZY URSYNÓW	WARSZAWA	POL	M 30	167	M 589	00:13:10	00:26:54.35	00:28:56.10	5:22	11.2
168	JÓZEFOWICZ MACIEJ	400	VEGE RUNNERS	WARSZAWA	POL	M 30	168	M 590	00:12:47	00:26:54.90	00:28:11.60	5:22	11.2
169	ŚCIBIOREK ARKADIUSZ	1103		ŁÓDŹ	POL	M 30	169	M 593	00:12:54	00:26:57.75	00:27:04.70	5:23	11.1
170	DYMEL JAN	1351	PAN	WARSZAWA	POL	M 30	170	M 600	00:13:01	00:27:02.40	00:27:12.40	5:24	11.1
171	WERNER JACEK	1392	ORANGE POLSKA	WARSZAWA	POL	M 30	171	M 601	00:13:43	00:27:03.65	00:28:59.50	5:24	11.1
172	WŁOSZCZEWSKI JAKUB	1226		WARSZAWA	POL	M 30	172	M 605	00:12:52	00:27:09.90	00:28:58.00	5:25	11

BIEG URSYNOWA, M 30 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
173	STEFANKOWSKI ROBERT	1031		ZIELONKA	POL	M 30	173	M 606	00:13:50	00:27:11.40	00:28:43.60	5:26	11
174	OLIK AREK	795		WARSZAWA	POL	M 30	174	M 611	00:13:21	00:27:17.40	00:28:31.80	5:27	11
175	KASKA KRZYSZTOF	434		WARSZAWA	POL	M 30	175	M 618	00:14:12	00:27:21.45	00:29:21.30	5:28	11
176	PAŁASIEWICZ KRZYSZTOF	819		WARSZAWA	POL	M 30	176	M 621	00:13:36	00:27:24.05	00:28:45.05	5:28	10.9
177	PIORUN KACPER	1466		ŁOWICZ	POL	M 30	177	M 623	00:13:31	00:27:28.35	00:29:08.45	5:29	10.9
178	DZIUBIŃSKI PIOTR	228	KDPS	WARSZAWA	POL	M 30	178	M 628		00:27:32.70	00:28:31.10	5:30	10.9
179	JĘDRAŚ ŁUKASZ	1370		WARSZAWA	POL	M 30	179	M 634	00:13:49	00:27:39.35	00:29:12.30	5:31	10.8
180	JANIK MATEUSZ	1477		WARSZAWA	POL	M 30	180	M 638	00:13:53	00:27:41.75	00:30:08.20	5:32	10.8
181	FUTYMA KAROL	1460		WARSZAWA	POL	M 30	181	M 639	00:13:01	00:27:43.55	00:27:54.05	5:32	10.8
182	SEGIET RAFAŁ	964	SEGIETEAM	WARSZAWA	POL	M 30	182	M 645	00:13:47	00:27:48.90	00:29:45.80	5:33	10.8
183	ŚWIDRAK BARTOSZ	1113		WARSZAWA	POL	M 30	183	M 647	00:13:35	00:27:52.40	00:29:27.85	5:34	10.8
184	DĄBROWSKI MARCIN	182		JACHRANKA	POL	M 30	184	M 657	00:13:59	00:28:08.75	00:29:42.60	5:37	10.7
185	WIELICZKO ŁUKASZ	1195		STOCZEK	POL	M 30	185	M 659	00:13:22	00:28:10.35	00:29:53.45	5:38	10.7
186	WALCZUK ŁUKASZ	1386		WARSZAWA	POL	M 30	186	M 665	00:14:24	00:28:18.20	00:30:09.40	5:39	10.6
187	PIETRZYK PAWEŁ	856		WARSZAWA	POL	M 30	187	M 666	00:13:25	00:28:18.65	00:29:37.55	5:39	10.6
188	SZYMAŃSKI ŁUKASZ	1095		WARSZAWA	POL	M 30	188	M 674	00:13:52	00:28:23.70	00:29:55.15	5:40	10.6
189	TRZAŚKI FILIP	1150	GS HUSKY	WARSZAWA	POL	M 30	189	M 683	00:14:06	00:28:30.50	00:29:53.20	5:42	10.5
190	CIESIELSKI GRZEGORZ	147	LKS PERŁA ZŁOTOKŁOS	GRZĘDY	POL	M 30	190	M 684	00:14:30	00:28:32.40	00:30:46.95	5:42	10.5
191	SMUŁEK RAFAŁ	1004		WARSZAWA	POL	M 30	191	M 687	00:15:23	00:28:33.35	00:30:26.25	5:42	10.5
192	GRECKI MICHAŁ	1550		CHYLICZKI	POL	M 30	192	M 689	00:14:58	00:28:37.90	00:29:05.65	5:43	10.5
193	KAMINSKI MARCIN	412	MELAMBIINA	WARSZAWA	POL	M 30	193	M 690	00:14:12	00:28:39.05	00:30:39.90	5:43	10.5
194	SOCHOCKI WOJCIECH	1013		WARSZAWA	POL	M 30	194	M 695	00:15:24	00:28:41.65	00:30:34.35	5:44	10.5
195	ZDROJEWSKI SZYMON	1281		WARSZAWA	POL	M 30	195	M 697	00:14:20	00:28:42.95	00:30:12.70	5:44	10.5
196	MARCINKIEWICZ WOJCIECH	675	BIEGUSTATORZY	WARSZAWA	POL	M 30	196	M 700	00:14:31	00:28:49.10	00:30:27.25	5:45	10.4
197	KLUCZYK PIOTR	1368	KS GROM PRO	WARSZAWA	POL	M 30	197	M 703	00:14:21	00:28:55.30	00:30:39.45	5:47	10.4
198	KOSOWICZ PAWEŁ	509		WARSZAWA	POL	M 30	198	M 704	00:15:16	00:28:56.05	00:28:56.05	5:47	10.4
199	GOŁDYN ŁUKASZ	290	-	WARSZAWA	POL	M 30	199	M 705	00:14:58	00:28:56.55	00:30:09.60	5:47	10.4
200	KMIEĆ KAMIL	467		ZĄBKI	POL	M 30	200	M 707	00:14:12	00:28:59.85	00:29:47.00	5:47	10.4
201	KARCZMARCZYK PAWEŁ	424		WARSZAWA	POL	M 30	201	M 708	00:14:09	00:28:59.95	00:30:22.25	5:47	10.4
202	ZARĘBSKI SZCZEPAN	1270		RADOM	POL	M 30	202	M 726	00:14:37	00:29:21.30	00:31:08.30	5:52	10.2
203	ROSTKOWSKI ŁUKASZ	934		RZESZÓW	POL	M 30	203	M 729	00:15:30	00:29:33.05	00:29:33.05	5:54	10.2
204	PUCHAŁA TOMASZ	904	MYSZORY	WARSZAWA	POL	M 30	204	M 732	00:14:23	00:29:35.95	00:30:53.60	5:55	10.1
205	PAWŁOWSKI KRYSZTIAN	837	LKS PERŁA ZŁOTOKŁOS	ZŁOTOKŁOS	POL	M 30	205	M 738	00:14:28	00:29:42.70	00:31:57.40	5:56	10.1
206	BUDZIANOWSKI MATEUSZ	107		WARSZAWA	POL	M 30	206	M 740	00:15:41	00:29:51.50	00:31:48.30	5:58	10.1
207	LEŚIAKOWSKI PAWEŁ	606		WARSZAWA	POL	M 30	207	M 743	00:14:28	00:29:59.50	00:31:45.05	5:59	10
208	SZYMAŃSKI DOMINIK	1094		WARSZAWA	POL	M 30	208	M 744	00:14:40	00:30:02.70	00:32:18.05	6:00	10
209	KOWALCZYK KAMIL	519		HALINÓW	POL	M 30	209	M 745	00:14:11	00:30:05.50	00:31:02.00	6:01	10
210	ZIELIŃSKI MATEUSZ	1548		WARSZAWA	POL	M 30	210	M 749	00:14:37	00:30:13.35	00:31:28.90	6:02	9.9
211	SKROBEK PIOTR	991		ŁOMIANKI	POL	M 30	211	M 751	00:15:01	00:30:16.00	00:32:33.60	6:03	9.9
212	WOJCIECHOWSKI TOMASZ	1231		CIECHANÓW	POL	M 30	212	M 758	00:15:35	00:30:35.20	00:32:37.70	6:07	9.8
213	TULIN MICHAŁ	1154		WARSZAWA	AFG	M 30	213	M 759		00:30:40.00	00:30:41.00	6:08	9.8
214	BRZEZIK PIOTR	97		WARSZAWA	POL	M 30	214	M 764	00:14:24	00:31:08.25	00:32:10.60	6:13	9.6
215	BARCZYK TOMASZ	38		WARSZAWA	POL	M 30	215	M 768	00:15:51	00:31:25.45	00:33:25.45	6:17	9.5
216	WĘCŁAWIK PIOTR	1190		WARSZAWA	POL	M 30	216	M 775	00:14:58	00:31:38.90	00:33:31.10	6:19	9.5
217	KOPER ADAM	494		WARSZAWA	POL	M 30	217	M 781		00:32:11.30	00:32:11.30	6:26	9.3
218	NIEDZIELA MICHAŁ	766		WARSZAWA	POL	M 30	218	M 784	00:15:41	00:32:18.60	00:33:37.60	6:27	9.3
219	SIERANT WOJCIECH	970		WARSZAWA	POL	M 30	219	M 786	00:16:31	00:32:23.95	00:34:27.35	6:28	9.3
220	WERPACHOWSKI MATEUSZ	1189		WARSZAWA	POL	M 30	220	M 789	00:15:49	00:32:39.40	00:34:33.75	6:31	9.2
221	GROCHÓLSKI PAWEŁ	313		WARSZAWA	POL	M 30	221	M 794	00:16:21	00:33:01.80	00:33:28.65	6:36	9.1
222	KRUKOWSKI MICHAŁ	559		WARSZAWA	POL	M 30	222	M 799	00:15:11	00:33:09.00	00:35:03.70	6:37	9
223	KALETA PIOTR	410		WARSZAWA	POL	M 30	223	M 806	00:15:50	00:33:32.15	00:35:27.25	6:42	8.9
224	CZAPIEWSKI KRZYSZTOF	158	TRIPASSION	WARSZAWA	POL	M 30	224	M 813	00:16:36	00:34:08.55	00:36:07.30	6:49	8.8
225	CZYŻ MICHAŁ	1506		WARSZAWA	POL	M 30	225	M 815	00:15:51	00:34:26.90	00:34:44.10	6:53	8.7
226	MATELA JACEK	689		WARSZAWA	POL	M 30	226	M 827	00:17:12	00:34:56.95	00:37:14.00	6:59	8.6
227	KARBOWNIK MICHAŁ	422		WARSZAWA	POL	M 30	227	M 833	00:16:37	00:36:22.15	00:36:42.40	7:16	8.2
228	PLUTA ALEK	872		SULEJÓWEK	POL	M 30	228	M 837	00:18:14	00:37:42.05	00:40:07.00	7:32	8
229	MÍŚCIOR TOMASZ	730		WARSZAWA	POL	M 30	229	M 845		00:40:35.20	00:40:35.20	8:07	7.4

BIEG URSYNOWA, M 30 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
230	ŁOWCZAK JACEK	637	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 30	230	M 846	00:18:20	00:40:48.30	00:43:10.90	8:09	7.4

BIEG URSYNOWA, K 40

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
1	STELMACH DOMINIKA	1405	RK ATHLETICS	WARSZAWA	POL	K 40	1	K 3	00:08:42	00:17:53.10	00:17:55.30	3:34	16.8
2	KĄŻMIERCZAK MARTA	1443	DREAM RUN	WARSZAWA	POL	K 40	2	K 4	00:09:07	00:18:31.00	00:18:35.50	3:42	16.2
3	KOSTRZEWSKA JUSTYNA	511	ADIDAS RUNNERS WARSAW	ŁOMIAŃKI DOLNE	POL	K 40	3	K 7	00:09:20	00:18:57.10	00:19:07.70	3:47	15.8
4	DZIWOŚZ KATARZYNA	231	WARSAW RUN CLUB	WARSZAWA	POL	K 40	4	K 11	00:09:27	00:19:34.60	00:19:41.10	3:54	15.3
5	SZYMAŃSKA AGNIESZKA	1091	BIEGOWY WARIAT RUNNING TEAM	ŁOMIAŃKI	POL	K 40	5	K 16	00:10:00	00:20:35.20	00:20:41.20	4:07	14.6
6	MAJEWSKA EWA	663		WARSZAWA	POL	K 40	6	K 24	00:10:11	00:21:07.20	00:21:19.65	4:13	14.2
7	PODLEWSKA ANIA	893	LIPIEC RUNNING TEAM	WARSZAWA	POL	K 40	7	K 26	00:10:32	00:21:22.95	00:21:42.95	4:16	14
8	ZAWADZKA KATARZYNA	1383	KS LEMIESZ TEAM WARSZAWA / WARNER BROS. DISCOVERY	WARSZAWA	POL	K 40	8	K 29	00:10:31	00:21:30.80	00:21:41.60	4:18	14
9	BRZOWOWSKA-BEJGIER MAŁGORZATA	101	KUŹNIA TRIATHLONU	WARSZAWA	POL	K 40	9	K 30	00:10:36	00:21:34.75	00:21:54.75	4:18	13.9
10	BLISKOWSKA ANNA	1511	DUCLA ACADEMY	WARSZAWA	POL	K 40	10	K 33	00:10:42	00:21:59.70	00:22:27.50	4:23	13.6
11	GASIOROWSKA ALICJA	269	ŻORAWSKI TEAM	PIASECZNO	POL	K 40	11	K 38	00:11:11	00:22:42.90	00:23:17.10	4:32	13.2
12	CABAŃSKA DOROTA	118	GUNS & ROSES RUN TEAM	ŁOMIAŃKI	POL	K 40	12	K 47	00:11:41	00:23:32.95	00:24:34.80	4:42	12.7
13	BORYSZKOWSKA IWONA	90	12TRI	WARSZAWA	POL	K 40	13	K 53	00:11:45	00:23:47.10	00:24:19.00	4:45	12.6
14	JĄREK KATARZYNA	384		MIŃSK MAZOWIECKI	POL	K 40	14	K 58	00:11:29	00:23:57.85	00:24:13.15	4:47	12.5
15	ZIENKIEWICZ AGATA	1291	PIASECZNO RUNNING	PIASECZNO	POL	K 40	15	K 60	00:11:40	00:24:03.25	00:24:47.70	4:48	12.5
16	WOJDAK ANNA	1315	ROZBIEGANY PIASTÓW	PIASTÓW	POL	K 40	16	K 62	00:11:31	00:24:08.70	00:24:38.30	4:49	12.4
17	KOSSAKOWSKA KATARZYNA	510		WARSZAWA	POL	K 40	17	K 65	00:11:57	00:24:11.60	00:24:58.80	4:50	12.4
18	GRABOWIEC-ALIKOWSKA RENATA	1462		WARSZAWA	POL	K 40	18	K 68	00:12:04	00:24:20.45	00:25:43.30	4:52	12.3
19	WOJCIECHOWSKA AGNIESZKA	1229		OŻARÓW MAZOWIECKI	POL	K 40	19	K 70	00:11:57	00:24:25.30	00:25:22.10	4:53	12.3
20	GÓRZKIEWICZ PATRYCJA	294		WARSZAWA	POL	K 40	20	K 71	00:11:54	00:24:29.75	00:25:08.70	4:53	12.3
21	GOGACZ MAGDALENA	286	URZĄD DZIELNICY URSYNÓW	WARSZAWA	POL	K 40	21	K 72	00:11:55	00:24:30.35	00:25:24.10	4:54	12.2
22	SIDORCZUK-KUMOSA DOROTA	968	TEAM ZABIEGANEDNI / PRETTYFITYTEAM	WARSZAWA	POL	K 40	22	K 76	00:11:48	00:24:34.70	00:25:24.80	4:54	12.2
23	PAWŁOWSKA KATARZYNA	836		WARSZAWA	POL	K 40	23	K 77	00:11:43	00:24:35.15	00:25:07.70	4:55	12.2
24	KOCIK ELŻBIETA	10		WARSZAWA	POL	K 40	24	K 79	00:11:58	00:24:37.10	00:25:33.70	4:55	12.2
25	TOMASZEWSKA URSZULA	1133	ZABIEGANY WOŁOMIN	OŚSÓW	POL	K 40	25	K 81	00:12:18	00:24:42.85	00:25:57.30	4:56	12.1
26	FURDYNA MARIA	258		WARSZAWA	POL	K 40	26	K 82	00:12:17	00:24:42.95	00:26:10.55	4:56	12.1
27	KOWALSKA KASIA	525	TEAM ZABIEGANEDNI	ZGORZAŁA	POL	K 40	27	K 85	00:12:27	00:24:52.20	00:26:23.20	4:58	12.1
28	KOWALSKA PAULINA	528		KONSTANCIN-JEZIORNA	POL	K 40	28	K 86	00:11:58	00:24:54.35	00:25:46.90	4:58	12
29	PUCZYŃSKA RENATA	905		WARSZAWA	POL	K 40	29	K 87	00:11:58	00:25:00.05	00:25:21.45	5:00	12
30	FRANK-DEMBIŃSKA AGNIESZKA	252	WMT	WARSZAWA	POL	K 40	30	K 88	00:12:16	00:25:08.35	00:26:07.40	5:01	11.9
31	MICHAŁAK MARTA	710	PŁOŃSZCZANKI SEKCJA LA 4 KOŁA PTS PŁOŃSK	PŁOŃSK	POL	K 40	31	K 90	00:12:20	00:25:10.25	00:25:46.55	5:02	11.9
32	IWANOWSKA SYLWIA	360		WARSZAWA	POL	K 40	32	K 92	00:12:32	00:25:18.90	00:26:31.20	5:03	11.9
33	KARPA KATARZYNA	1411	SMASHING PAPKINS	WARSZAWA	POL	K 40	33	K 95	00:12:30	00:25:23.85	00:26:28.35	5:04	11.8
34	KLIMKIEWICZ BEATA	460		WARSZAWA	POL	K 40	34	K 98	00:12:28	00:25:29.05	00:26:41.00	5:05	11.8
35	FABROWICZ KATARZYNA	237		WARSZAWA	POL	K 40	35	K 101	00:12:45	00:25:32.05	00:26:50.00	5:06	11.7
36	SIWEK ANNA	981		WARSZAWA	POL	K 40	36	K 102	00:12:26	00:25:37.70	00:26:16.75	5:07	11.7
37	NOWACZYŃSKA KATARZYNA	776	TEAMZABIEGANEDNI	WARSZAWA	POL	K 40	37	K 103	00:12:36	00:25:38.55	00:26:35.70	5:07	11.7
38	GRUZA MARTA	318	BIEGANIEPO40.PL	KAZUŃ BIELANY	POL	K 40	38	K 105	00:12:33	00:25:40.65	00:26:39.30	5:08	11.7
39	SULECKA CHŁOPICKA AGNIESZKA	1042	KS WARKA	BIAŁOBRZEGI	POL	K 40	39	K 107	00:12:34	00:25:45.40	00:26:08.75	5:09	11.7
40	KOBYLIŃSKA AGNIESZKA	472		WARSZAWA	POL	K 40	40	K 115	00:12:45	00:25:56.85	00:26:34.70	5:11	11.6
41	PATEREK ADA	830	12TRI.PL	WARSZAWA	POL	K 40	41	K 116	00:12:50	00:25:57.90	00:27:14.30	5:11	11.6
42	PAŃCZYK JOANNA	822		WARSZAWA	POL	K 40	42	K 119	00:13:13	00:26:00.35	00:27:20.70	5:12	11.5
43	SZEWczyk EWA	1310		WARSZAWA	POL	K 40	43	K 120	00:12:50	00:26:10.35	00:27:20.85	5:14	11.5
44	DOLIŃSKA AGNIESZKA	197	WARSAW RUN CLUB	WARSZAWA	POL	K 40	44	K 121	00:12:56	00:26:10.35	00:27:13.90	5:14	11.5
45	BZURA EMILIA	115		WARSZAWA	POL	K 40	45	K 125	00:12:49	00:26:13.90	00:27:09.00	5:14	11.4
46	WINNICKA-MACKENTHUN AGNIESZKA	1209		WARSZAWA	POL	K 40	46	K 129	00:13:23	00:26:21.65	00:27:37.85	5:16	11.4
47	TARACH MAGDA	1119	KS STASZEWSKY	WARSZAWA	POL	K 40	47	K 130	00:13:26	00:26:22.90	00:27:55.00	5:16	11.4
48	SZYMBORSKA DOTA	1097	POŁAWIACZKI PEREL	WARSZAWA	POL	K 40	48	K 135	00:12:56	00:26:27.75	00:27:28.30	5:17	11.3
49	KIERASIŃSKA DOROTA	447	TEAM ZABIEGANE DNI	WARSZAWA	POL	K 40	49	K 136	00:12:44	00:26:28.50	00:27:27.95	5:17	11.3

BIEG URSYNOWA, K 40 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
50	LULA MAGDALENA	620	PWPW S.A.	WARSZAWA	POL	K 40	50	K 138	00:12:48	00:26:30.55	00:27:44.55	5:18	11.3
51	ZIMOWICZ MAGDALENA	1293		WARSZAWA	POL	K 40	51	K 140	00:13:37	00:26:33.50	00:27:55.40	5:18	11.3
52	BARNAS ILONA	39	PRETTY FILTRY TEAM	WARSZAWA	POL	K 40	52	K 141	00:13:09	00:26:33.70	00:27:24.20	5:18	11.3
53	KRÓL MONIKA	555	TEAM ZABIGANEDNI	WARSZAWA	POL	K 40	53	K 143	00:12:55	00:26:37.70	00:27:48.50	5:19	11.3
54	WRONA MILENA	1247		JABŁONNA	POL	K 40	54	K 146	00:12:54	00:26:38.95	00:27:44.25	5:19	11.3
55	ADAMUS KATARZYNA	17	PIASECZNO RUNNING	PIASECZNO	POL	K 40	55	K 151	00:13:12	00:26:46.20	00:28:35.10	5:21	11.2
56	PRUSAK MARTA	894	TEAM ZABIEGANEDNI	WIĄZOWNA	POL	K 40	56	K 152	00:13:29	00:26:51.00	00:28:24.25	5:22	11.2
57	KŁĘK MAGDALENA	463	BEZLITOŚNI	JÓZEFOSŁAW	POL	K 40	57	K 155	00:13:19	00:26:53.90	00:28:32.05	5:22	11.2
58	BISOWSKA KATARZYNA	67		KOBYŁKA	POL	K 40	58	K 160	00:13:50	00:27:15.00	00:28:46.50	5:27	11
59	KOCZWARA AGNIESZKA	477	32DROP	WARSZAWA	POL	K 40	59	K 161	00:13:22	00:27:18.85	00:28:32.50	5:27	11
60	SZUSZKIEWICZ MARZENA	1083		WARSZAWA	POL	K 40	60	K 164	00:13:35	00:27:21.55	00:28:54.25	5:28	11
61	TOMCZYŃSKA MARTA	1138	SMASHING PAPKINS	WARSZAWA	POL	K 40	61	K 165	00:13:21	00:27:21.60	00:28:44.80	5:28	11
62	BUCKO-LUBIŃSKA MARTA	105		WARSZAWA	POL	K 40	62	K 166	00:13:20	00:27:22.05	00:28:16.15	5:28	11
63	MALINOWSKA AGNIESZKA	665	PACZKA SZLUGÓW	WARSZAWA	POL	K 40	63	K 168	00:13:35	00:27:26.70	00:29:00.75	5:29	10.9
64	JAWORSKA JOANNA	1520		WARSZAWA	POL	K 40	64	K 170	00:13:28	00:27:29.05	00:28:44.85	5:29	10.9
65	URYNOWICZ BOŻENA	1169		WARSZAWA	POL	K 40	65	K 171	00:13:45	00:27:31.40	00:29:05.90	5:30	10.9
66	GRABEK ANNA	1809		WARSZAWA	POL	K 40	66	K 174	00:13:43	00:27:35.10	00:29:06.80	5:31	10.9
67	NADOLSKA ANIA	1421		WARSZAWA	POL	K 40	67	K 177	00:13:38	00:27:39.70	00:29:26.40	5:31	10.8
68	SZULC KATARZYNA	1395		WARSZAWA	POL	K 40	68	K 178	00:13:25	00:27:41.00	00:27:49.25	5:32	10.8
69	BUJNOWSKA ELIZA	109	KS STASZEWCY	WARSZAWA	POL	K 40	69	K 179	00:13:52	00:27:41.15	00:29:10.55	5:32	10.8
70	WINIARSKA IZABELA	1207	IZAGÓRĄ	WARSZAWA	POL	K 40	70	K 181	00:13:12	00:27:42.40	00:29:49.05	5:32	10.8
71	SKAŁSKA KAROLINA	982		WARSZAWA	POL	K 40	71	K 183	00:13:33	00:27:44.20	00:29:17.00	5:32	10.8
72	JODŁOWSKA ANNA	398	MYSZORY	WARSZAWA	POL	K 40	72	K 188	00:14:05	00:27:53.35	00:29:10.75	5:34	10.8
73	RUTKOWSKA WIOLETTA	941		WARSZAWA	POL	K 40	73	K 189	00:13:36	00:27:54.35	00:28:24.60	5:34	10.8
74	DUBEK KATARZYNA	209		WARSZAWA	POL	K 40	74	K 192	00:13:54	00:27:56.30	00:29:47.25	5:35	10.7
75	SIKORA ZUZANNA	977	PZU SPORT TEAM	WARSZAWA	POL	K 40	75	K 193	00:13:44	00:27:56.35	00:29:37.55	5:35	10.7
76	APANOWICZ ANGELIKA	26	EKOBIEGI	WARSZAWA	POL	K 40	76	K 194	00:13:52	00:27:56.40	00:29:24.60	5:35	10.7
77	CZYŻ WIOLETTA	170		WARSZAWA	POL	K 40	77	K 198	00:13:48	00:28:01.80	00:29:35.35	5:36	10.7
78	FONGANG ALEKSANDRA	251		WARSZAWA	POL	K 40	78	K 201	00:13:54	00:28:09.85	00:29:41.00	5:37	10.7
79	KUBACKA BARBARA	571		WARSZAWA	POL	K 40	79	K 206		00:28:18.80	00:28:18.80	5:39	10.6
80	BRODZIK MAŁGOSIA	93	NAPRZÓD MŁOCINY	WARSZAWA	POL	K 40	80	K 207	00:13:45	00:28:20.75	00:29:58.10	5:40	10.6
81	WŁODARCZYK MAGDA	1220		CHYLICE-KONSTANCIN	POL	K 40	81	K 209		00:28:24.95	00:30:06.05	5:40	10.6
82	ŁUCZAK MAŁGORZATA	644	RUNNERSI ZE SKARBKA	WARSZAWA	POL	K 40	82	K 210	00:13:34	00:28:25.50	00:29:25.10	5:41	10.6
83	WAŚILEWSKA MAŁGORZATA	1181	GÓRA BIEGA	GÓRA KALWARIA	POL	K 40	83	K 211	00:13:56	00:28:25.65	00:28:57.50	5:41	10.6
84	CYBULSKA ANNA	155		WARSZAWA	POL	K 40	84	K 213	00:14:23	00:28:32.15	00:30:12.25	5:42	10.5
85	RANKOWSKA DOROTA	914		WARSZAWA	POL	K 40	85	K 214	00:13:59	00:28:33.45	00:30:01.85	5:42	10.5
86	JĘDREJ EMILIA	394		WARSZAWA	POL	K 40	86	K 216	00:13:49	00:28:37.40	00:30:01.50	5:43	10.5
87	ŻÓŁTOWSKA DOMINIKA	1299	NAPRZÓD MŁOCINY	WARSZAWA	POL	K 40	87	K 220	00:13:46	00:28:41.30	00:30:18.60	5:44	10.5
88	CZAJKOWSKA JOANNA	1318	TEAM RUN PEŁCH	WARSZAWA	POL	K 40	88	K 221	00:14:20	00:28:42.15	00:30:52.30	5:44	10.5
89	INOROWICZ JOANNA	357		WARSZAWA	POL	K 40	89	K 224	00:14:32	00:28:44.60	00:29:46.80	5:44	10.4
90	PIECCHOCKA KATARZYNA	846		WARSZAWA	POL	K 40	90	K 226	00:14:21	00:28:47.20	00:30:27.20	5:45	10.4
91	MIODUSZEWSKA KAROLINA	725		WARSZAWA	POL	K 40	91	K 227		00:28:52.90	00:30:28.80	5:46	10.4
92	PETERLEJTNER ŻUK EWA	841		WARSZAWA	POL	K 40	92	K 230	00:14:05	00:28:59.40	00:30:43.15	5:47	10.4
93	TYRANKIEWICZ KAMILA	1158	JUMP&FLY, KABATY	WARSZAWA	POL	K 40	93	K 234	00:14:20	00:29:10.50	00:29:34.15	5:50	10.3
94	MODRZEJEWSKA ANNA	734		SZCZECIN	POL	K 40	94	K 235	00:14:10	00:29:10.90	00:30:47.70	5:50	10.3
95	KONATOWICZ IWONA	486		JÓZEFOSŁAW	POL	K 40	95	K 238	00:14:19	00:29:13.75	00:31:00.25	5:50	10.3
96	KRAWCZYKIEWICZ MAGDA	551	ŻÓRAWSKI TEAM	WARSZAWA	POL	K 40	96	K 239	00:14:14	00:29:14.05	00:30:23.80	5:50	10.3
97	DUDEK BEATA	214		WARSZAWA	POL	K 40	97	K 240	00:13:59	00:29:14.75	00:30:41.30	5:50	10.3
98	MITURA ANNA	731		WARSZAWA	POL	K 40	98	K 243	00:14:23	00:29:16.05	00:30:47.45	5:51	10.3
99	PRZEWODOWSKA AGNIESZKA	897		WARSZAWA	POL	K 40	99	K 244	00:14:27	00:29:16.45	00:30:53.95	5:51	10.3
100	UŁANEK KAMILA	1164	SEGIETEAM	WARSZAWA	POL	K 40	100	K 252	00:14:28	00:29:28.45	00:31:25.25	5:53	10.2
101	PIECHOWIAK MARTA	847		WARSZAWA	POL	K 40	101	K 254	00:14:35	00:29:36.70	00:31:19.50	5:55	10.1
102	GÓRSKA SYLWIA	1582		BANIOCHA	POL	K 40	102	K 257	00:14:33	00:29:39.05	00:31:24.20	5:55	10.1
103	TORZEWSKA AGNIESZKA	1139		WARSZAWA	POL	K 40	103	K 261	00:14:33	00:29:47.85	00:31:30.25	5:57	10.1
104	STASZEWSKA KINGA	1029	KS STASZEWCY	WARSZAWA	POL	K 40	104	K 263	00:14:32	00:29:49.95	00:31:28.55	5:57	10.1
105	MROCZEK MAGDALENA	741		WARSZAWA	POL	K 40	105	K 266	00:14:32	00:29:57.00	00:31:38.70	5:59	10
106	BRZOZOWSKA MAGDALENA	100	BIEGUSTATORZY	WARSZAWA	POL	K 40	106	K 267	00:14:31	00:29:58.15	00:31:36.45	5:59	10

BIEG URSYNOWA, K 40 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
107	WÓJCIK ANETA	1246		WARSZAWA	POL	K 40	107	K 269	00:14:42	00:29:58.65	00:31:26.05	5:59	10
108	KOWALSKA BEATA	526		KOŁOBRZEG	POL	K 40	108	K 271	00:14:23	00:30:03.10	00:31:22.55	6:00	10
109	SZYMAŃSKA BEATA	1406		WARSZAWA	POL	K 40	109	K 272	00:14:58	00:30:04.00	00:31:22.85	6:00	10
110	ZIELIŃSKA MARTA	1286	JACEKBIEGA RUNNING TEAM	WARSZAWA	POL	K 40	110	K 277	00:14:42	00:30:10.65	00:32:02.55	6:02	9.9
111	GÓRCEKA ALEKSANDRA	296		WARSZAWA	POL	K 40	111	K 280	00:15:01	00:30:19.45	00:32:06.75	6:03	9.9
112	MASTALEREK JOANNA	684		WARSZAWA	POL	K 40	112	K 282		00:30:22.00	00:30:23.00	6:04	9.9
113	DI FOLCO VERONICA	1455		WARSZAWA	POL	K 40	113	K 285	00:15:07	00:30:34.35	00:32:21.80	6:06	9.8
114	LATKA-GROT JULITA	597		SULEJÓWEK	POL	K 40	114	K 286	00:14:51	00:30:35.10	00:32:14.80	6:07	9.8
115	ZIEMAK EDYTA	1290	EDYTA ZIEMAK	WARSZAWA	POL	K 40	115	K 288	00:15:06	00:30:44.00	00:32:13.85	6:08	9.8
116	JELENIOWSKA MAGDALENA	1499	MAGDALENA JELENIOWSKA	WARSZAWA	POL	K 40	116	K 290	00:15:06	00:30:54.30	00:32:42.10	6:10	9.7
117	MYŚLIBORSKA OLGA	751		WARSZAWA	POL	K 40	117	K 291	00:15:13	00:30:54.50	00:32:49.45	6:10	9.7
118	WAŚOWSKA ANNA	1187	GRUPA BIEGOWA UM W-WA	ZĄBKI	POL	K 40	118	K 296	00:14:55	00:31:06.75	00:32:48.00	6:13	9.6
119	MICHAŁEK-PENDOWSKA BARBARA	1378		WARSZAWA	POL	K 40	119	K 297	00:15:11	00:31:14.45	00:31:57.35	6:14	9.6
120	KARAŚ AGNIESZKA	421		WARSZAWA	POL	K 40	120	K 300	00:15:05	00:31:23.15	00:32:51.20	6:16	9.6
121	BIELECKA ALEKSANDRA	60		WARSZAWA	POL	K 40	121	K 302	00:15:23	00:31:28.90	00:33:28.00	6:17	9.5
122	GIERKOWSKA AGNIESZKA	1420		WARSZAWA	POL	K 40	122	K 303	00:15:19	00:31:30.45	00:33:43.30	6:18	9.5
123	ORZECZOWSKA KAROLINA	803		PIASECZNO	POL	K 40	123	K 304	00:15:35	00:31:31.05	00:33:34.40	6:18	9.5
124	HRYPMAK-STANEK ANNA	350		BIELAWA	POL	K 40	124	K 306	00:15:56	00:31:39.55	00:33:50.10	6:19	9.5
125	KRUSZEWSKA-JANCZ EMILIA	1479		WARSZAWA	POL	K 40	125	K 309	00:15:47	00:31:42.55	00:33:45.60	6:20	9.5
126	DRÓŻDZ RENATA	206		WARSZAWA	POL	K 40	126	K 310	00:15:17	00:31:50.55	00:33:20.15	6:22	9.4
127	STOKOWSKA ANGELIKA	1035		STARA WIEŚ	POL	K 40	127	K 311	00:15:40	00:31:53.20	00:33:57.80	6:22	9.4
128	PAWŁESA MAŁGORZATA	835		WARSZAWA	POL	K 40	128	K 312	00:16:07	00:31:53.25	00:32:53.15	6:22	9.4
129	KALETA AGNIESZKA	1508		WARSZAWA	POL	K 40	129	K 316	00:15:35	00:32:05.00	00:33:42.20	6:25	9.4
130	WINDER AGNIESZKA	1205		WARSZAWA	POL	K 40	130	K 319	00:15:53	00:32:08.40	00:34:04.70	6:25	9.3
131	TYSZKA SYLWIA	1160		WARSZAWA	POL	K 40	131	K 321	00:15:35	00:32:13.55	00:33:24.65	6:26	9.3
132	MYSZOR-CIECIELĄG MONIKA	750		PIASECZNO	POL	K 40	132	K 322	00:15:43	00:32:18.80	00:34:03.05	6:27	9.3
133	KACZMARSKA ALICJA	1454	TI HEALTH CLUB	WARSZAWA	POL	K 40	133	K 325	00:15:38	00:32:22.00	00:34:09.30	6:28	9.3
134	PATAJ MONIKA	1309		WARSZAWAWARSZAWA	POL	K 40	134	K 327		00:32:25.90	00:33:36.85	6:29	9.3
135	SKOMOROWSKA MONIKA	988		WARSZAWA	POL	K 40	135	K 329	00:15:09	00:32:28.10	00:33:42.80	6:29	9.2
136	FILIPCZYK HANNA	1529		WARSZAWA	POL	K 40	136	K 332	00:16:04	00:32:50.35	00:34:52.40	6:34	9.1
137	LIPIEC KAZIMIERA	614		WARSZAWA	POL	K 40	137	K 333	00:15:33	00:32:52.10	00:34:38.40	6:34	9.1
138	NOWAK SANDRA	777		WARSZAWA	POL	K 40	138	K 334	00:15:59	00:32:53.85	00:34:26.60	6:34	9.1
139	MATYSIAK AGNIESZKA	695		WARSZAWA	POL	K 40	139	K 336	00:15:46	00:32:55.55	00:34:00.40	6:35	9.1
140	GROCHÓLSKA ALEKSANDRA	1461		WARSZAWA	POL	K 40	140	K 340	00:16:22	00:33:02.45	00:33:28.65	6:36	9.1
141	PATER AGNIESZKA	829		WARSZAWA	POL	K 40	141	K 343	00:16:22	00:33:05.40	00:34:46.40	6:37	9.1
142	REMISIEWICZ MAŁGORZATA	921		WARSZAWA	POL	K 40	142	K 346	00:16:12	00:33:10.35	00:35:03.85	6:38	9
143	KACZOROWSKA MONIKA	1523		ZĄBKI	POL	K 40	143	K 347	00:16:22	00:33:12.00	00:35:16.45	6:38	9
144	RUCYK JUSTYNA	938		WARSZAWA	POL	K 40	144	K 350	00:17:16	00:33:20.90	00:35:29.10	6:40	9
145	OLSZEWSKA KATARZYNA BERNADETTA	1490		WARSZAWA	POL	K 40	145	K 352	00:17:15	00:33:25.25	00:35:34.90	6:41	9
146	BUJAŁSKA EWA	108		JÓZEFOSŁAW	POL	K 40	146	K 356	00:16:21	00:33:32.90	00:35:30.90	6:42	8.9
147	--	185			POL	K 40	147	K 357	00:15:41	00:33:34.60	00:33:53.70	6:42	8.9
148	ROGUSKA MAGDALENA	925	BIAŁOŁĘKA JEST KOBIETĄ	WARSZAWA	POL	K 40	148	K 362	00:17:17	00:33:38.90	00:35:46.50	6:43	8.9
149	SYLWANOWICZ MARTA	1048		WARSZAWA	POL	K 40	149	K 365	00:16:35	00:33:49.85	00:35:47.85	6:45	8.9
150	HRYĆKO-GÓRNICZKA KATARZYNA	349		WARSZAWA	POL	K 40	150	K 369	00:16:18	00:33:57.35	00:36:02.70	6:47	8.8
151	WYCZÓŁKOWSKA ANETA	1252		WARSZAWA	POL	K 40	151	K 370	00:17:15	00:33:59.85	00:36:08.95	6:47	8.8
152	WRZESIŃSKA AGATA	1249	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	K 40	152	K 371	00:17:17	00:34:05.20	00:36:13.60	6:49	8.8
153	SZAFRAN BEATA	1058	PUMP!T	MARKÓW ŚWINICE	POL	K 40	153	K 382	00:16:54	00:34:11.90	00:36:21.30	6:50	8.8
154	SZCZEPAŃSKA HALINA	1063		WARSZAWA	POL	K 40	154	K 384	00:16:08	00:34:23.15	00:35:24.45	6:52	8.7
155	KAMIŃSKA-DWÓRZNIKA ANNA	414		WARSZAWA	POL	K 40	155	K 390	00:17:01	00:34:33.95	00:36:37.30	6:54	8.7
156	MAZUR KINGA	698		WARSZAWA	POL	K 40	156	K 392	00:16:37	00:34:40.40	00:36:46.40	6:56	8.7
157	GURDA MONIKA	331		WARSZAWA	POL	K 40	157	K 394	00:16:10	00:34:47.80	00:36:24.50	6:57	8.6
158	DOMINIAK AGNIESZKA	186		WARRSZAWA	POL	K 40	158	K 399	00:17:17	00:34:57.50	00:36:44.95	6:59	8.6
159	PLICHCIŃSKA MAŁGORZATA	869	EKONOMIK MOKOTÓW	WARSZAWA	POL	K 40	159	K 401	00:17:02	00:34:58.15	00:36:56.45	6:59	8.6
160	PICIEWICZ AGNIESZKA	1416		WARSZAWA	POL	K 40	160	K 408	00:17:27	00:35:34.15	00:37:48.70	7:06	8.4
161	KRÓL ANNA	1417		WARSZAWA	POL	K 40	161	K 410	00:17:14	00:35:41.55	00:37:28.55	7:08	8.4
162	KUCHTA MERILIN	1488		WARSZAWA	POL	K 40	162	K 412	00:17:19	00:36:10.35	00:38:07.75	7:14	8.3
163	MILEWSKA ANNA	1427		WARSZAWA	POL	K 40	163	K 413	00:17:27	00:36:14.75	00:38:23.95	7:14	8.3

BIEG URSYNOWA, K 40 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
164	KARPIŃSKA NINA	1483	PAWKO RUNNER TEAM	BLIŻYN	POL	K 40	164	K 420	00:18:23	00:37:33.05	00:39:11.95	7:30	8
165	KOWALCZYK KLAUDIA	524		WARSZAWA	POL	K 40	165	K 422	00:18:23	00:37:52.00	00:40:11.75	7:34	7.9
166	PIOTROWSKA-KRZAK ELA	859		WARSZAWA	POL	K 40	166	K 424	00:18:40	00:38:02.80	00:39:44.60	7:36	7.9
167	ŚLIWCZAK ANNA	1385		WARSZAWA	POL	K 40	167	K 425	00:18:42	00:38:07.05	00:40:26.15	7:37	7.9
168	NOWAKOWSKA ANNA	781		WARSZAWA	POL	K 40	168	K 429	00:18:51	00:39:44.70	00:41:42.25	7:56	7.6
169	MICHAŁOWSKA KATARZYNA	714	TEAM ZABIEGANEDNI / DDRUNNINGTEAM	WARSZAWA	POL	K 40	169	K 436	00:20:57	00:42:49.90	00:44:01.10	8:33	7
170	WILCZYŃSKA MAŁGORZATA	1201		WARSZAWA	POL	K 40	170	K 438	00:21:01	00:43:44.75	00:44:10.25	8:44	6.9
171	FULEK KATARZYNA	257		WARSZAWA	POL	K 40	171	K 440	00:21:41	00:43:57.00	00:44:02.20	8:47	6.8
172	PASTERNAK JOANNA	825	PZU SPORT TEAM	WARSZAWA	POL	K 40	172	K 443	00:24:05	00:50:19.15	00:52:42.65	10:03	6

BIEG URSYNOWA, M 40

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
1	ZYCH MARIUSZ	1294	BIEGAJ POD OKIEM TRENERA	WARSZAWA	POL	M 40	1	M 24	00:08:28	00:17:26.85	00:17:29.25	3:29	17.2
2	JASTRZĘBSKI PAWEŁ	391	YULO RUN TEAM SIEDLCE	SIEDLCE	POL	M 40	2	M 26	00:08:30	00:17:31.70	00:17:33.60	3:30	17.1
3	KOWALCZYK PIOTR	522	KAZIKI	WARSZAWA	POL	M 40	3	M 30	00:08:44	00:17:34.40	00:17:38.25	3:30	17.1
4	WITUSOWSKI PIOTR	1218	VEGE RUNNERS	WARSZAWA	POL	M 40	4	M 31	00:08:45	00:17:37.85	00:17:41.15	3:31	17
5	PRIMIK MAREK	890	VEGE RUNNERS	WARSZAWA	POL	M 40	5	M 32	00:08:45	00:17:37.90	00:17:41.55	3:31	17
6	GRUZA MAREK	319	BIEGANIEPO40.PL	KAZUŃ BIELANY	POL	M 40	6	M 39	00:08:49	00:17:59.45	00:17:59.45	3:35	16.7
7	PIOTROWSKI MARIUSZ	862	MKB DREPTAK	MIŃSK MAZOWIECKI	POL	M 40	7	M 45	00:08:59	00:18:04.70	00:18:07.35	3:36	16.6
8	GÓZDŹ MICHAŁ	302		WARSZAWA	POL	M 40	8	M 49	00:08:59	00:18:05.70	00:18:10.00	3:37	16.6
9	KORZENIOWSKI DARIUSZ	504	ACCELERATIN POLAND	WARSZAWA	POL	M 40	9	M 48	00:08:51	00:18:06.55	00:18:09.70	3:37	16.6
10	ŚCISŁOWSKI NORBERT	1106	KS START PUŁASKI WARKA	WARKA	POL	M 40	10	M 51	00:08:59	00:18:08.95	00:18:12.20	3:37	16.5
11	ZASĘPA SEBASTIAN	1274	TEAM ZABIEGANEDNI	JOZEFOSŁAW	POL	M 40	11	M 52	00:08:54	00:18:19.25	00:18:21.65	3:39	16.4
12	OWCZARZAK RAFAŁ	812	BIEGOWY WARIAT RUNNING TEAM	WARSZAWA	POL	M 40	12	M 54	00:09:07	00:18:20.95	00:18:24.30	3:40	16.4
13	ZYCH PAWEŁ	1338	ALLIANZ RUNNING TEAM	BRWINÓW	POL	M 40	13	M 55	00:08:59	00:18:29.05	00:18:32.50	3:41	16.2
14	BURDACH DARIUSZ	114	JAKCTEAM/TEAM PARSZCZYŃSKICH	WARSZAWA	POL	M 40	14	M 58	00:09:09	00:18:32.80	00:18:37.50	3:42	16.2
15	KOBUSZEWSKI ARTUR	471	BIEGOWY WARIAT RUNNING TEAM	WARSZAWA	POL	M 40	15	M 59	00:09:09	00:18:35.90	00:18:38.40	3:43	16.1
16	TRONIAK PAWEŁ	1145	T&T BRO	RASZYN	POL	M 40	16	M 62	00:09:14	00:18:41.20	00:18:46.90	3:44	16.1
17	ZHENG HAISHAN	1283		TARCZYN	CHN	M 40	17	M 66	00:09:22	00:18:41.35	00:18:51.50	3:44	16.1
18	SZEWCHYK RAFAŁ	1072		OLSZTYN	POL	M 40	18	M 68	00:09:05	00:18:47.10	00:18:51.90	3:45	16
19	ZDEB PRZEMEK	1280	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 40	19	M 71	00:09:21	00:18:50.65	00:18:59.00	3:46	15.9
20	SYGULA MATEUSZ	1047		MICHAŁOWICE	POL	M 40	20	M 69	00:09:12	00:18:50.75	00:18:52.95	3:46	15.9
21	GARDZIEL JERZY	266	KONDYCJA PIASECZNO	JULIANÓW	POL	M 40	21	M 72	00:09:12	00:18:54.50	00:19:00.95	3:46	15.9
22	SZAŁADZIŃSKI SEBASTIAN	1432	HARPAGONS	ZĄBKI	POL	M 40	22	M 75	00:09:30	00:18:56.50	00:19:05.60	3:47	15.8
23	CHRAPEK JANUSZ	136	ROSSMANN	WARSZAWA	POL	M 40	23	M 74	00:09:21	00:18:57.05	00:19:05.55	3:47	15.8
24	PIKUS PRZEMEK	1391	LIPIEC RUNNING TEAM	BABICE NOWE	POL	M 40	24	M 77	00:09:22	00:19:02.35	00:19:08.70	3:48	15.8
25	MIKOŁAJCZYK MACIEJ	719	MOCNO GROCHÓW	WARSZAWA	POL	M 40	25	M 78	00:09:17	00:19:02.90	00:19:10.35	3:48	15.8
26	DOROCIAK KAMIL	200		WARSZAWA	POL	M 40	26	M 80	00:09:22	00:19:03.20	00:19:12.60	3:48	15.7
27	WOJCIECHOWSKI MICHAŁ	1232		WARSZAWA	POL	M 40	27	M 81	00:09:23	00:19:05.90	00:19:14.05	3:49	15.7
28	MARZEC MARCIN	1413	DUKLANOWSKI TEAM	WARSZAWA	POL	M 40	28	M 79	00:09:26	00:19:06.05	00:19:10.45	3:49	15.7
29	RUSZNIK PIOTR	940	LIPIEC RUNNING TEAM	PIASECZNO	POL	M 40	29	M 85	00:09:27	00:19:09.80	00:19:15.20	3:49	15.7
30	AŚLANOWICZ MARCIN	28	ŻÓRAWSKI TEAM	WARSZAWA	POL	M 40	30	M 89	00:09:23	00:19:09.95	00:19:18.55	3:49	15.7
31	URBANIAK ALEKSANDER	1166		WARSZAWA	POL	M 40	31	M 92	00:09:29	00:19:12.45	00:19:23.45	3:50	15.6
32	JANOWSKI JACEK	379		LEGIONOWO	POL	M 40	32	M 98	00:09:16	00:19:22.45	00:19:39.05	3:52	15.5
33	MAĆKOWSKI DANIEL	657	ZABIEGANY WOŁOMIN	ZAGOŚCINIEC	POL	M 40	33	M 99	00:09:25	00:19:24.65	00:19:34.65	3:52	15.5
34	JAKUBCZAK WŁODEK	366	7N POLSKA	PRUSZKÓW	POL	M 40	34	M 100	00:09:27	00:19:24.90	00:19:31.10	3:52	15.5
35	DABROWA KAMIL	1330	GRUPA BIEGOWA UM. ST. WARSZAWY	WARSZAWA	POL	M 40	35	M 101	00:09:29	00:19:25.05	00:19:31.20	3:53	15.5
36	KARPIŃSKI RADOSŁAW	429	STARE BABICE BIEGAJĄ	ZIELONKI PARCELA	POL	M 40	36	M 102	00:09:44	00:19:25.40	00:19:37.55	3:53	15.5
37	LETKOWSKI DARIUSZ	1522	GAPMONT RUNNING TEAM	WARSZAWA	POL	M 40	37	M 106	00:09:25	00:19:28.05	00:19:31.65	3:53	15.4
38	BISOWSKI MARIUSZ	69		KOBYŁKA	POL	M 40	38	M 107	00:09:23	00:19:28.75	00:19:37.55	3:53	15.4
39	SZCZYGIELSKI HUBERT	1067	GÓRA BIEGA	KRĘPA	POL	M 40	39	M 114	00:09:44	00:19:35.75	00:19:47.60	3:55	15.3
40	ŻWIRUK KAROL	1305	SZYBKIE KOPYTO ULTRA	WARSZAWA	POL	M 40	40	M 115	00:09:41	00:19:36.10	00:19:39.55	3:55	15.3
41	PLUSZKA ADAM	870	VEGE RUNNERS	WARSZAWA	POL	M 40	41	M 116	00:09:42	00:19:36.35	00:19:47.05	3:55	15.3
42	MACIĄG PRZEMYSŁAW	653		WARSZAWA	POL	M 40	42	M 119	00:09:43	00:19:39.25	00:19:53.35	3:55	15.3
43	KOZŁOWSKI PATRYK	540	GÓRA BIEGA	GÓRA KALWARIA	POL	M 40	43	M 120	00:09:45	00:19:40.10	00:19:51.35	3:56	15.3

BIEG URSYNOWA, M 40 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
44	DESKA LESZEK	1442		NOWA IWICZNA	POL	M 40	44	M 123	00:09:30	00:19:45.50	00:19:59.70	3:57	15.2
45	SŁAWIŃSKI PIOTR	995		WARSZAWA	POL	M 40	45	M 130	00:09:41	00:19:50.70	00:20:17.40	3:58	15.1
46	KUZIEMSKI MARCIN	591		WARSZAWA	POL	M 40	46	M 132	00:10:02	00:19:57.50	00:20:20.80	3:59	15
47	SMOLIŃSKI RAFAŁ	1003	GUMISIE	WARSZAWA	POL	M 40	47	M 133	00:09:28	00:19:57.55	00:20:04.95	3:59	15
48	PAZDAN MATEUSZ	839		WARSZAWA	POL	M 40	48	M 134	00:09:46	00:19:57.90	00:20:04.90	3:59	15
49	BOCIAN MICHAŁ	1353	TEAM ZABIEGANEDNI	WIĄZOWNA	POL	M 40	49	M 135	00:09:53	00:19:59.10	00:20:17.75	3:59	15
50	TELEON PIOTR	1122	PIOTR TELEON	WARSZAWA	POL	M 40	50	M 138	00:09:37	00:20:00.30	00:20:12.30	4:00	15
51	PRZEWOZNIK JAN	898		WARSZAWA	POL	M 40	51	M 140	00:09:50	00:20:01.65	00:20:22.25	4:00	15
52	KOŁODZIEJSKI MICHAŁ	481	LIPIEC RUNNING TEAM	WARSZAWA	POL	M 40	52	M 141	00:09:51	00:20:02.95	00:20:09.70	4:00	15
53	GRUBA REMIGIUSZ	315		JULIANÓW	POL	M 40	53	M 143	00:09:58	00:20:04.95	00:20:04.95	4:00	15
54	SMOLIŃSKI MICHAŁ	1002		WARSZAWA	POL	M 40	54	M 146	00:09:43	00:20:09.40	00:20:24.10	4:01	14.9
55	PRZYBYSZ ANDRZEJ	900		WARSZAWA	POL	M 40	55	M 149	00:09:47	00:20:14.00	00:20:29.65	4:02	14.8
56	JAROSIŃSKI ŁUKASZ	387	TAŃCZĄCE MUCHOMORKI	HALINÓW	POL	M 40	56	M 152	00:09:59	00:20:14.45	00:20:36.40	4:02	14.8
57	SITKIEWICZ JACEK	978		WARSZAWA	POL	M 40	57	M 158	00:09:59	00:20:20.25	00:20:47.40	4:04	14.8
58	WOLSKI KRZYSZTOF	1239	WWW.LAMPYNAOWADY.EU	WARSZAWA	POL	M 40	58	M 159	00:09:44	00:20:21.25	00:20:35.85	4:04	14.7
59	DROZD MACIEJ	205		WARSZAWA	POL	M 40	59	M 162	00:09:53	00:20:24.10	00:20:37.80	4:04	14.7
60	PĄPROWICZ WOJCIECH	840		WARSZAWA	POL	M 40	60	M 166	00:09:51	00:20:25.55	00:20:33.60	4:05	14.7
61	ŁĘCKI TOMASZ	631	BW RUNNING TEAM	WARSAW	POL	M 40	61	M 167	00:09:49	00:20:26.30	00:20:34.75	4:05	14.7
62	FILIPOWICZ WOJCIECH	1365		WARSZAWA	POL	M 40	62	M 169	00:09:58	00:20:29.40	00:20:44.30	4:05	14.6
63	PAGACZ BARTOSZ	816		WARSZAWA	POL	M 40	63	M 171	00:10:17	00:20:31.00	00:20:44.70	4:06	14.6
64	RUDNIK MARCIN	1502		WARSZAWA	POL	M 40	64	M 174	00:10:03	00:20:33.30	00:20:40.90	4:06	14.6
65	WIATROWSKI BŁAŻEJ	1191		WARSZAWA	POL	M 40	65	M 177	00:09:58	00:20:35.70	00:20:52.00	4:07	14.6
66	TORZEWSKI JANUSZ	1140		WARSZAWA	POL	M 40	66	M 178	00:09:55	00:20:36.45	00:20:49.20	4:07	14.6
67	ŻURAWSKI MARCIN	1301	ADIDAS RUNNERS WARSAW/DRUŻYNABLONDYNA	WARSZAWA	POL	M 40	67	M 179	00:10:10	00:20:39.00	00:20:58.50	4:07	14.5
68	KOWALSKI MATEUSZ	531		KONSTANCIN-JEZIORNA	POL	M 40	68	M 181	00:10:16	00:20:41.40	00:21:03.15	4:08	14.5
69	RYBAK ADAM	946	KONDYCJA PIASECZNO	USTANÓW	POL	M 40	69	M 184	00:10:15	00:20:49.75	00:21:05.25	4:09	14.4
70	KRZEPKOWSKI RADOSŁAW	567	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 40	70	M 185	00:10:07	00:20:50.15	00:21:07.00	4:10	14.4
71	WIERZCHOŁOWSKI MARCIN	1197		WARSZAWA	POL	M 40	71	M 186	00:10:18	00:20:50.55	00:21:15.05	4:10	14.4
72	FRĄCZYK PIOTR	254	PWPW RUNNING TEAM	NOWA IWICZNA	POL	M 40	72	M 187	00:10:04	00:20:53.15	00:21:16.00	4:10	14.4
73	KULIŃSKI SZYMON	1467	KLUB BIEGOWY DOKOTRA PAI-HI-VO	WARSZAWA	POL	M 40	73	M 188	00:10:10	00:20:53.75	00:21:12.95	4:10	14.4
74	ADAMCZYK PRZEMYSŁAW	13	ADIDAS RUNNERS WARSAW / RYKOWISKO TEAM	WARSZAWA	POL	M 40	74	M 189	00:10:35	00:20:53.85	00:21:22.60	4:10	14.4
75	KORNIENKO SERHII	499		WARSZAWA	POL	M 40	75	M 190	00:09:59	00:20:57.10	00:21:13.40	4:11	14.3
76	RYŻKOWSKI MARIUSZ	951	YULO RUN TEAM SIEDLCE	SIEDLCE	POL	M 40	76	M 191	00:10:08	00:20:57.55	00:21:12.95	4:11	14.3
77	POPLAWSKI MICHAŁ	885	KUŹNIA TRIATHLONU	WARSZAWA	POL	M 40	77	M 192	00:10:09	00:20:57.80	00:21:17.90	4:11	14.3
78	GÓRSKI MACIEJ	300		WARSZAWA	POL	M 40	78	M 193	00:10:21	00:20:58.55	00:21:21.30	4:11	14.3
79	STANISZEWSKI RAFAŁ	1024	TURBODZIKI	WARSZAWA	POL	M 40	79	M 195	00:10:12	00:21:00.15	00:21:12.65	4:12	14.3
80	BZURA JACEK	116	ENDUHUB RUNNING TEAM	WARSZAWA	POL	M 40	80	M 196	00:10:21	00:21:02.20	00:21:23.85	4:12	14.3
81	MIODUSZEWSKI MARCIN	727	UM / ARW	WARSZAWA	POL	M 40	81	M 202	00:10:39	00:21:09.85	00:22:07.30	4:13	14.2
82	SKOWRONEK MARCIN	1327		WARSZAWA	POL	M 40	82	M 206	00:10:40	00:21:12.80	00:21:46.80	4:14	14.2
83	BABIARZ ANDRZEJ	29		ZIELONKA	POL	M 40	83	M 207	00:10:38	00:21:13.00	00:21:48.10	4:14	14.1
84	KISIEL ARTUR	455		PIASECZNO	POL	M 40	84	M 209	00:10:30	00:21:14.75	00:21:48.35	4:14	14.1
85	KOWALSKI JAROSŁAW	530	AR	PAPROTNIA	POL	M 40	85	M 210	00:10:29	00:21:16.20	00:21:34.60	4:15	14.1
86	TROIŃSKI JACEK	1142	BIKE SALON TEAM	WARSZAWA	POL	M 40	86	M 216	00:10:40	00:21:21.35	00:21:47.70	4:16	14.1
87	PIERZAK OLAŁ	852		WARSZAWA	POL	M 40	87	M 220	00:10:30	00:21:23.70	00:21:40.20	4:16	14
88	LEWIŃSKI BARTŁOMIEJ	613	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 40	88	M 221	00:10:23	00:21:25.00	00:21:44.50	4:17	14
89	BARTNIAK KAMIL	42		STARA WIEŚ	POL	M 40	89	M 222	00:10:35	00:21:26.90	00:21:56.20	4:17	14
90	GRABOWSKI MARCIN	307		WARSZAWA	POL	M 40	90	M 223	00:10:30	00:21:27.80	00:21:51.05	4:17	14
91	DRAGAN RADOSŁAW	203		WARSZAWA	POL	M 40	91	M 226	00:10:25	00:21:32.60	00:21:45.10	4:18	13.9
92	ŻEBROWSKI DARIUSZ	1297		WARSZAWA	POL	M 40	92	M 227	00:10:39	00:21:32.75	00:21:55.95	4:18	13.9
93	LULA MARIUSZ	1445	LONGBRIDGE TEAM	WARSZAWA	POL	M 40	93	M 228	00:10:37	00:21:33.20	00:22:03.40	4:18	13.9
94	KROL MICHAŁ	552	LIPIEC RUNNING TEAM	WARSZAWA	POL	M 40	94	M 230	00:10:41	00:21:33.30	00:21:54.00	4:18	13.9
95	JANOWIAK WOJCIECH	377		WARSZAWA	POL	M 40	95	M 231	00:10:43	00:21:33.35	00:21:51.00	4:18	13.9
96	TRONIAK MARCIN	1146		RASZYN	POL	M 40	96	M 232	00:10:47	00:21:35.90	00:21:54.30	4:19	13.9
97	SZORTYKA MARCIN	1428		WARSZAWA	POL	M 40	97	M 242	00:10:44	00:21:43.35	00:22:12.75	4:20	13.8
98	GOŁĘBIEWSKI ŁUKASZ	291		WARSZAWA	POL	M 40	98	M 246	00:10:43	00:21:46.90	00:22:08.30	4:21	13.8

BIEG URSYNOWA, M 40 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
99	ŚCISŁOWICZ KRZYSZTOF	1105		WARSZAWA	POL	M 40	99	M 248	00:10:40	00:21:47.70	00:22:15.30	4:21	13.8
100	WIŚNIEWSKI MACIEK	1212		WARSZAWA	POL	M 40	100	M 256	00:10:48	00:21:55.40	00:22:37.40	4:23	13.7
101	WASILEWSKI MARIUSZ	1182	GÓRA BIEGA	GÓRA KALWARIA	POL	M 40	101	M 257	00:10:43	00:21:56.00	00:22:27.40	4:23	13.7
102	WNUK TOMASZ	1227	NAPRZÓD MŁOCINY	WARSZAWA	POL	M 40	102	M 262	00:10:38	00:21:57.95	00:22:26.00	4:23	13.7
103	ZALEWSKI RAFAŁ	1267		WARSZAWA	POL	M 40	103	M 264	00:10:54	00:22:02.30	00:22:51.65	4:24	13.6
104	WITKOWSKI DANIEL	1216		WARSZAWA	POL	M 40	104	M 265	00:10:44	00:22:02.80	00:22:25.05	4:24	13.6
105	ROMAŃSKI JAN	1501	WCH OBIEGUWKA	WARSZAWA	POL	M 40	105	M 266	00:10:44	00:22:04.70	00:22:35.90	4:24	13.6
106	TROJDAN SEBASTIAN	1144		WARSZAES	POL	M 40	106	M 268	00:10:38	00:22:06.25	00:22:40.60	4:25	13.6
107	GÓRSKI MARCIN	298		PIASTÓW	POL	M 40	107	M 269	00:10:35	00:22:10.45	00:22:41.40	4:26	13.5
108	SAPIGÓRSKI RAFAŁ	961		WARSZAWA	POL	M 40	108	M 270	00:11:15	00:22:10.55	00:23:01.25	4:26	13.5
109	NAPURKA ARTUR	759	KLUB BIEGACZA RTV EURO AGD	WARSZAWA	POL	M 40	109	M 276	00:11:25	00:22:19.55	00:23:07.95	4:27	13.4
110	KARCZEWSKI PRZEMYSŁAW	423	SPARTANIE DZIECIOM	WARSZAWA	POL	M 40	110	M 280	00:10:47	00:22:22.40	00:22:40.05	4:28	13.4
111	CHODNIEWICZ MICHAŁ	131		WARSZAWA	POL	M 40	111	M 281	00:10:42	00:22:23.40	00:22:53.10	4:28	13.4
112	KUCIŃSKI HUBERT	582	ONSŁOW - SEKCJA DZIADKÓW	WARSZAWA	POL	M 40	112	M 282	00:10:47	00:22:23.50	00:22:40.90	4:28	13.4
113	MAŁKOWSKI MARCIN	669	OBI	WARSZAWA	POL	M 40	113	M 283	00:11:16	00:22:24.65	00:22:56.45	4:28	13.4
114	GRZYWACZ MARCIN	330		WARSZAWA	POL	M 40	114	M 290	00:11:03	00:22:32.00	00:23:41.05	4:30	13.3
115	HEĆMAN MARCIN	341		OŻARÓW MAZOWIECKI	POL	M 40	115	M 291	00:10:58	00:22:32.65	00:23:01.00	4:30	13.3
116	BŁĄŻEJCZYK MAKSYMILIAN	71		WARSZAWA	POL	M 40	116	M 293	00:11:09	00:22:37.05	00:24:05.10	4:31	13.3
117	KOPCZYK MARCIN	493	NEW BALANCE RUN CLUB WARSZAWA	WARSZAWA	POL	M 40	117	M 295	00:10:59	00:22:38.45	00:23:12.05	4:31	13.3
118	KOZERSKI ŁUKASZ	537		WARSZAWA	POL	M 40	118	M 298	00:11:00	00:22:41.10	00:22:59.75	4:32	13.2
119	MELER KRZYSZTOF	704		WARSZAWA	POL	M 40	119	M 301	00:10:53	00:22:42.65	00:23:04.05	4:32	13.2
120	ŁANDWIJT MARCIN	1504		KONSTANTYNÓW ŁÓDZKI	POL	M 40	120	M 304	00:11:26	00:22:43.80	00:23:04.65	4:32	13.2
121	CISOŃ DOMINIK	150		JÓZEFOSŁAW	POL	M 40	121	M 305	00:11:10	00:22:44.95	00:23:18.40	4:32	13.2
122	OSOWSKI ANDRZEJ	807		WARSZAWA	POL	M 40	122	M 306	00:10:51	00:22:45.20	00:23:13.65	4:33	13.2
123	BARAŃSKI PIOTR	37		JÓZEFOSŁAW	POL	M 40	123	M 307	00:11:12	00:22:46.90	00:23:22.30	4:33	13.2
124	MIKULSKI DAMIAN	721	TEAM ZABIEGANEDNI	WARSZAWA	POL	M 40	124	M 309	00:11:12	00:22:49.50	00:23:19.70	4:33	13.1
125	PONIATOWSKI KRZYSZTOF	882		WARSZAWA	POL	M 40	125	M 318	00:11:15	00:22:58.85	00:23:33.05	4:35	13.1
126	PAŃCZYK WOJTEK	823	THE PAŃCZYX	WARSZAWA	POL	M 40	126	M 323	00:11:29	00:23:01.90	00:23:52.40	4:36	13
127	SKUBISZEWSKI PIOTR	1563		WARSZAWA	POL	M 40	127	M 327	00:11:33	00:23:04.35	00:23:56.70	4:36	13
128	MAGNUSKI PIOTR	659		WARSZAWA	POL	M 40	128	M 329	00:11:11	00:23:06.55	00:23:37.65	4:37	13
129	SARNOWSKI WOJCIECH	1509		WARSZAWA	POL	M 40	129	M 332	00:11:09	00:23:09.55	00:23:51.80	4:37	13
130	WITZKE ARTUR	1219		LEGIONOWO	POL	M 40	130	M 333	00:11:27	00:23:10.40	00:24:03.40	4:38	12.9
131	LENDZION JAROSŁAW	604	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 40	131	M 338	00:11:44	00:23:13.55	00:24:09.55	4:38	12.9
132	WÓJCIK GRZEGORZ	1245		BIELSKO-BIAŁA	POL	M 40	132	M 339	00:11:48	00:23:14.85	00:24:17.50	4:38	12.9
133	KOSMAŁA MICHAŁ	1426		WARSZAWA	POL	M 40	133	M 342	00:12:03	00:23:16.60	00:24:20.30	4:39	12.9
134	SZEWCZYK ŁUKASZ	1073		WARSZAWA	POL	M 40	134	M 353	00:10:50	00:23:29.25	00:23:59.75	4:41	12.8
135	JAROSZKIEWICZ GRZEGORZ	389		WARSZAWA	POL	M 40	135	M 357	00:11:42	00:23:33.60	00:24:12.80	4:42	12.7
136	DOMINIAK BARTOSZ	1369	#BARTEKBIEGA	WARSZAWA	POL	M 40	136	M 358	00:11:50	00:23:34.20	00:24:22.45	4:42	12.7
137	JANUCHTA TOMASZ	1346		WARSZAWA	POL	M 40	137	M 360	00:11:36	00:23:36.45	00:24:36.95	4:43	12.7
138	BIGAJSKI RAFAŁ	65	NIEZŁY BIGOS	WARSZAWA	POL	M 40	138	M 361	00:11:38	00:23:37.30	00:24:20.80	4:43	12.7
139	DREWNIK ROBERT	204	BIEGNIJ Z PROSERVICE	WARSZAWA	POL	M 40	139	M 371	00:11:44	00:23:48.10	00:24:17.25	4:45	12.6
140	ZORAWSKI MARCIN	1374		WARSZAWA	POL	M 40	140	M 372	00:11:47	00:23:48.25	00:24:53.85	4:45	12.6
141	SIEBYŁA KAROL	969	BIEGNIJ Z PROSERVICE	WARSZAWA	POL	M 40	141	M 382	00:11:32	00:23:56.50	00:24:32.10	4:47	12.5
142	ZALIŃSKI MAREK	1269		HENRYKÓW UROCZE	POL	M 40	142	M 383	00:12:07	00:23:56.75	00:24:54.20	4:47	12.5
143	JAGIELLO PIOTR	365		WARSZ	POL	M 40	143	M 385	00:11:47	00:23:58.05	00:25:16.60	4:47	12.5
144	RUTKOWSKI MICHAŁ	945		WARSZAWA	POL	M 40	144	M 386	00:11:32	00:23:58.60	00:24:18.85	4:47	12.5
145	SZERSZEŃ JANUSZ	1070	PIASECZNO RUNNING	PIASECZNO	POL	M 40	145	M 391	00:11:40	00:24:03.15	00:24:47.95	4:48	12.5
146	BONDAR WITOLD	79		WARSZAWA	POL	M 40	146	M 392	00:11:55	00:24:03.85	00:25:08.60	4:48	12.5
147	STEMPIN JACEK	792		WARSZAWA	POL	M 40	147	M 395	00:12:01	00:24:04.60	00:24:56.10	4:48	12.5
148	KACZOREK MARCIN	1476		JÓZEFÓW	POL	M 40	148	M 401	00:11:49	00:24:11.50	00:24:33.30	4:50	12.4
149	MELLIN DAREK	705		WARSZAWA	POL	M 40	149	M 402	00:11:54	00:24:14.20	00:26:21.30	4:50	12.4
150	IWONIN JUREK	362		WARSZAWA	POL	M 40	150	M 407	00:12:20	00:24:18.30	00:25:14.90	4:51	12.3
151	MALINOWSKI KONRAD	666	PACZKA SZLUGÓW	WARSZAWA	POL	M 40	151	M 411	00:11:39	00:24:19.10	00:24:31.85	4:51	12.3
152	ROSTKOWSKI BARTOSZ	933		WARSZAWA	POL	M 40	152	M 420	00:12:15	00:24:25.15	00:25:11.55	4:53	12.3
153	KRUSIEWICZ TOMASZ	561		ŁOZISKA	POL	M 40	153	M 425	00:12:08	00:24:28.85	00:25:36.75	4:53	12.3
154	SZYMAŃSKI KRZYSZTOF	1093	KINGS OF LEMON	HENRYKÓW UROCZE	POL	M 40	154	M 426	00:12:16	00:24:29.15	00:25:27.20	4:53	12.3
155	RZEPECKI ŁUKASZ	952		KONSTANCIN JEZIORNA	POL	M 40	155	M 427	00:12:24	00:24:29.30	00:25:41.75	4:53	12.3

BIEG URSYNOWA, M 40 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
156	MARCZEWSKI MARCIN	679	RESILIA BEMOWO	WARSZAWA	POL	M 40	156	M 433	00:11:34	00:24:34.55	00:24:52.50	4:54	12.2
157	TRZECIAKIEWICZ MARCIN	1481	SMASHING PÄPKINS	WARSZAWA	POL	M 40	157	M 434	00:12:30	00:24:35.20	00:25:40.00	4:55	12.2
158	KOWALCZYK ROBERT	515		WARSZAWA	POL	M 40	158	M 435	00:12:07	00:24:35.40	00:24:47.05	4:55	12.2
159	GRYNKIEWICZ TOMASZ	320		WARSZAWA	POL	M 40	159	M 438	00:12:16	00:24:37.05	00:25:43.50	4:55	12.2
160	ADAMOWICZ KONRAD	16	ODDAWAJ KREW	PIASECZNO	POL	M 40	160	M 439	00:11:52	00:24:37.40	00:25:14.45	4:55	12.2
161	OWCZARCZYK MICHAŁ	810		WARSZAWA	POL	M 40	161	M 451	00:12:27	00:24:45.95	00:25:54.10	4:57	12.1
162	CABAJ MAREK	117		WARSZAWA	POL	M 40	162	M 453	00:12:37	00:24:48.40	00:26:12.30	4:57	12.1
163	KOSECKI JAKUB	505		ŁOMIAKI	POL	M 40	163	M 455	00:12:27	00:24:49.80	00:27:10.75	4:57	12.1
164	KOSSECKI DOMINIK	1437		WARSZAWA	POL	M 40	164	M 457	00:12:06	00:24:50.30	00:25:42.00	4:58	12.1
165	CZUBASZEK KRZYSZTOF	168		WARSZAWA	POL	M 40	165	M 459	00:11:59	00:24:50.80	00:25:03.90	4:58	12.1
166	GRYSZPANOWICZ SEBASTIAN	323	SEBASTIAN GRYSZPANOWICZ - REHABILITACJA	WARSZAWA	POL	M 40	166	M 462	00:12:28	00:24:51.90	00:26:04.00	4:58	12.1
167	MYŚLIŃSKI ZDZISŁAW	753		WARSZAWA	POL	M 40	167	M 464	00:12:01	00:24:52.95	00:25:11.60	4:58	12.1
168	DĘBIŃSKI MICHAŁ	189		WARSZAWA	POL	M 40	168	M 469	00:12:19	00:24:58.40	00:25:57.75	4:59	12
169	IWASYSZYN MICHAŁ	361		WARSZAWA	POL	M 40	169	M 471	00:12:21	00:25:00.65	00:25:56.30	5:00	12
170	ULITKO WOJCIECH	1163		WARSZAWA	POL	M 40	170	M 472	00:12:35	00:25:05.40	00:25:05.40	5:01	12
171	BERDYŃSKI JAROSŁAW	55	RUNJAR	WARSZAWA	POL	M 40	171	M 473	00:11:56	00:25:05.55	00:26:04.40	5:01	12
172	PASTUSZAK PIOTR	828		WARSZAWA	POL	M 40	172	M 475	00:12:01	00:25:06.55	00:25:57.45	5:01	12
173	KOPER SEBASTIAN	495	CARREFOUR RUNNING TEAM	WARSZAWA	POL	M 40	173	M 477	00:12:10	00:25:09.05	00:25:35.25	5:01	11.9
174	MIELNICZUK BOGUSŁAW	716		WARSZAWA	POL	M 40	174	M 479	00:13:01	00:25:12.15	00:26:55.35	5:02	11.9
175	GROCHOWSKI MARCIN	312		WARSZAWA	POL	M 40	175	M 481	00:12:29	00:25:13.20	00:26:16.65	5:02	11.9
176	RACZYŃSKI PAWEŁ	910		SIEDLCE	POL	M 40	176	M 482	00:12:14	00:25:13.30	00:26:17.15	5:02	11.9
177	BARYŁA KRZYSZTOF	1492		WARSZAWA	POL	M 40	177	M 483	00:12:30	00:25:13.55	00:26:31.20	5:02	11.9
178	ŁYSIAK KRZYSZTOF	651		WARSZAWA	POL	M 40	178	M 490	00:12:18	00:25:18.95	00:26:55.35	5:03	11.9
179	GALA TOMASZ	1444		WARSZAWA	POL	M 40	179	M 492	00:12:36	00:25:21.35	00:27:33.50	5:04	11.8
180	CIOSEK MARCIN	149		WARSZAWA	POL	M 40	180	M 493	00:12:26	00:25:22.40	00:26:28.15	5:04	11.8
181	WIERBIŁOWICZ DARIUSZ	1196		WARSZAWA	POL	M 40	181	M 494	00:12:54	00:25:22.40	00:25:22.40	5:04	11.8
182	ZAMOJSKI MARIUSZ	1452		WARSZAWA	POL	M 40	182	M 496	00:12:04	00:25:24.25	00:25:59.05	5:04	11.8
183	GROCHOWSKI PAWEŁ	311	PZU SPORT TEAM	WARSZAWA	POL	M 40	183	M 497	00:12:05	00:25:25.20	00:26:34.45	5:05	11.8
184	KALINOWSKI PIOTR	1448		WARSZAWA	POL	M 40	184	M 498	00:12:39	00:25:25.25	00:26:00.95	5:05	11.8
185	MATUSIAK MAREK	690		WARSZAWA	POL	M 40	185	M 501	00:12:46	00:25:28.35	00:27:47.80	5:05	11.8
186	ŁOWKIS MAREK	638		WARSZAWA	POL	M 40	186	M 502	00:12:20	00:25:28.75	00:26:21.30	5:05	11.8
187	ŁUCZAK PIOTR	643	PKO BANK POLSKI	WARSZAWA	POL	M 40	187	M 504	00:12:25	00:25:29.55	00:26:30.95	5:05	11.8
188	SZCZERBICKI RAFAŁ	1065	WARSAW RUN CLUB	WARSZAWA	POL	M 40	188	M 505	00:11:31	00:25:30.00	00:25:54.50	5:06	11.8
189	BITOWSKI HUBERT	70	JÓZEFOSŁAW	WARSZAWA	POL	M 40	189	M 507	00:12:38	00:25:32.95	00:26:40.50	5:06	11.7
190	KRAJEWSKI PRZEMYSŁAW	544	12TRI	WARSZAWA	POL	M 40	190	M 510	00:12:23	00:25:35.50	00:26:45.80	5:07	11.7
191	SZTYLKO MICHAŁ	1078		WARSZAWA	POL	M 40	191	M 512	00:12:25	00:25:36.50	00:26:16.60	5:07	11.7
192	KALINOWSKI PIOTR	1545	NOWA IWICZNA	WARSZAWA	POL	M 40	192	M 515	00:12:56	00:25:37.65	00:26:45.50	5:07	11.7
193	ZIELIŃSKI KRZYSZTOF	1288		WARSZAWA	POL	M 40	193	M 516	00:11:38	00:25:37.85	00:25:46.35	5:07	11.7
194	ZAMOJSKI ŁUKASZ	1403		WARSZAWA	POL	M 40	194	M 517	00:12:15	00:25:39.45	00:28:05.35	5:07	11.7
195	KRAUZ PAWEŁ	548	KPP W PIASECZNIE	ZAGOŚCINIEC	POL	M 40	195	M 520	00:12:38	00:25:41.85	00:27:23.95	5:08	11.7
196	PIETRZAK MARIUSZ	855		WARSZAWA	POL	M 40	196	M 522	00:12:27	00:25:42.95	00:26:36.00	5:08	11.7
197	SZADKOWSKI BŁAŻEJ	1055		WARSZAWA	POL	M 40	197	M 523	00:13:02	00:25:44.35	00:26:48.90	5:08	11.7
198	BIEDROŃ DARIUSZ	59	ALUNIO TEAM	WARSZAWA	POL	M 40	198	M 525	00:13:10	00:25:46.75	00:27:09.60	5:09	11.6
199	PIETRUSZEWSKI KRZYSZTOF	854		WARSZAWA	POL	M 40	199	M 530	00:12:15	00:25:49.30	00:26:30.70	5:09	11.6
200	ŻERKOWSKI ŁUKASZ	1298		WARSZAWA	POL	M 40	200	M 532	00:12:04	00:25:51.20	00:26:02.20	5:10	11.6
201	KUCZA PIOTR	1571	BRP	LEGIONOWO	POL	M 40	201	M 533	00:12:11	00:25:55.40	00:26:44.90	5:11	11.6
202	MALINOWSKI RADEK	667		WARSZAWA	POL	M 40	202	M 534	00:13:53	00:25:55.40	00:26:28.25	5:11	11.6
203	WOJDĄLSKI KRZYSZTOF	1234		WARSZAWA	POL	M 40	203	M 535	00:12:53	00:25:56.15	00:27:17.45	5:11	11.6
204	TŁACZAŁA PIOTR	1126		WARSZAWA	POL	M 40	204	M 538	00:12:31	00:25:59.85	00:26:55.20	5:11	11.5
205	WINIARCZYK ŁUKASZ	1206		WARSZAWA	POL	M 40	205	M 540	00:12:28	00:26:01.15	00:26:37.45	5:12	11.5
206	TYSZKA DARIUSZ	1159		WARSZAWA	POL	M 40	206	M 541	00:12:51	00:26:01.15	00:27:13.45	5:12	11.5
207	SZCZESNY MARCIN	1066		WARSZAWA	POL	M 40	207	M 542	00:13:03	00:26:02.20	00:27:53.90	5:12	11.5
208	JÓZWIK ARTUR	1312		WARSZAWA	POL	M 40	208	M 543	00:13:16	00:26:02.20	00:27:23.50	5:12	11.5
209	BELKIEWICZ RAFAŁ	52	TEAM ZABIEGANEDNI / KABATY ULTRA	WARSZAWA	POL	M 40	209	M 545	00:12:52	00:26:02.75	00:27:14.25	5:12	11.5
210	MATYKIEWICZ ŁUKASZ	694		WARSZAWA	POL	M 40	210	M 546	00:12:52	00:26:08.90	00:26:24.80	5:13	11.5
211	STASIŁA RADOŚŁAW	1027		PIASECZNO	POL	M 40	211	M 547	00:13:01	00:26:11.80	00:27:45.80	5:14	11.5

BIEG URSYNOWA, M 40 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
212	WĄCHOCKI PAWEŁ	1184		WARSZAWA	POL	M 40	212	M 555	00:13:13	00:26:18.90	00:28:45.80	5:15	11.4
213	BRODECKI KRZYSZTOF	1399		WARSZAWA	POL	M 40	213	M 559	00:13:05	00:26:22.90	00:27:52.60	5:16	11.4
214	MIKUSEK RYSZARD	722		WARSZAWA	POL	M 40	214	M 563	00:12:34	00:26:26.25	00:27:47.55	5:17	11.3
215	RUTKOWSKI MACIEJ	944		WARSZAWA	POL	M 40	215	M 566	00:12:30	00:26:29.00	00:27:09.10	5:17	11.3
216	WEŁNA MARIUSZ	1188		WARSZAWA	POL	M 40	216	M 567	00:12:41	00:26:29.20	00:27:09.30	5:17	11.3
217	SYTA RAFAŁ	1051		WARSZAWA	POL	M 40	217	M 568	00:13:14	00:26:29.30	00:27:39.30	5:17	11.3
218	JĘDRZEJEWSKI ROBERT	397		PŁOŃSK	POL	M 40	218	M 570	00:12:51	00:26:31.50	00:27:47.60	5:18	11.3
219	SZACKI WOJCIECH	1053		WARSZAWA	POL	M 40	219	M 572	00:13:07	00:26:31.60	00:28:06.35	5:18	11.3
220	SZOT PAWEŁ	1361		WARSZAWA	POL	M 40	220	M 573	00:12:49	00:26:32.05	00:27:32.85	5:18	11.3
221	BAJDO BARTEK	30		WARSZAWA	POL	M 40	221	M 574	00:13:26	00:26:32.65	00:27:54.25	5:18	11.3
222	TYBURC PAWEŁ	1156	ZERWANY ACHILLES	WARSZAWA	POL	M 40	222	M 576	00:12:47	00:26:36.20	00:26:48.35	5:19	11.3
223	FIOREK RAFAŁ	247		WARSZAWA	POL	M 40	223	M 578	00:12:41	00:26:37.55	00:26:45.15	5:19	11.3
224	ZHYLTSOV DMITRY	1284		WARSZAWA	POL	M 40	224	M 579	00:13:12	00:26:38.10	00:28:03.75	5:19	11.3
225	FAŁEK JACEK	240	NIE DOTYCZY	WARSZAWA	POL	M 40	225	M 582	00:13:17	00:26:42.95	00:27:53.60	5:20	11.2
226	TŁUCHOWSKI RAFAŁ	1485		WARSZAWA	POL	M 40	226	M 584	00:13:13	00:26:45.35	00:28:03.40	5:21	11.2
227	FILIPOWICZ ARKADIUSZ	248		WARSZAWA	POL	M 40	227	M 587	00:12:47	00:26:49.30	00:27:42.60	5:21	11.2
228	ZADROŻNY CYPRIAN	1262		WARSZAWA	POL	M 40	228	M 588	00:12:45	00:26:52.05	00:27:50.45	5:22	11.2
229	KUBACKI DARIUSZ	573		WARSZAWA	POL	M 40	229	M 591	00:12:23	00:26:55.35	00:28:19.70	5:23	11.1
230	KATNER TOMASZ	435		WARSZAWA	POL	M 40	230	M 592	00:12:59	00:26:57.05	00:28:11.30	5:23	11.1
231	ŁUBIŃSKI PAWEŁ	640		WARSZAWA	POL	M 40	231	M 594	00:13:20	00:26:58.25	00:27:52.75	5:23	11.1
232	WIKTOROWICZ TOMASZ	1200		WARSZAWA	POL	M 40	232	M 596	00:13:43	00:26:59.40	00:28:53.00	5:23	11.1
233	TOMALAĆ MACIEJ	1131		WARSZAWA	POL	M 40	233	M 598	00:13:40	00:27:00.80	00:28:59.25	5:24	11.1
234	KOZDOŃ MAREK	541		WARSZAWA	POL	M 40	234	M 602	00:13:34	00:27:03.75	00:28:06.90	5:24	11.1
235	KRAWCZYK PIOTR	550		WARSZAWA	POL	M 40	235	M 603	00:13:35	00:27:03.95	00:28:39.95	5:24	11.1
236	BALIŃSKI ROBERT	1400		WARSZAWA	POL	M 40	236	M 614	00:13:42	00:27:19.40	00:29:15.55	5:27	11
237	SZUBRYT MICHAŁ	1079		WARSZAWA	POL	M 40	237	M 617	00:13:18	00:27:20.95	00:27:53.90	5:28	11
238	BRZOZOWSKI ERNEST	1359	RUNNING PHOTONS	BŁONIE	POL	M 40	238	M 619	00:13:40	00:27:22.40	00:28:52.75	5:28	11
239	KOSZUT WOJCIECH	512		WARSZAWA	POL	M 40	239	M 620	00:14:05	00:27:23.45	00:29:16.70	5:28	11
240	CHĘĆ ADAM	127		WARSZAWA	POL	M 40	240	M 624	00:13:16	00:27:29.10	00:28:52.85	5:29	10.9
241	SZADKOWSKI PIOTR	1056	BRAK	BIAŁOBRZEGI	POL	M 40	241	M 626	00:12:44	00:27:30.30	00:27:39.70	5:30	10.9
242	LASKUS-KUCZYŃSKI LESŁAW	596	***** ***	WARSZAWA	POL	M 40	242	M 629	00:13:20	00:27:33.45	00:29:29.60	5:30	10.9
243	TERCZYŃSKI PAWEŁ	1528		WARSZAWA	POL	M 40	243	M 630	00:13:48	00:27:33.70	00:28:54.60	5:30	10.9
244	LEŚNIAK KRZYSZTOF	608		WARSZAWA	POL	M 40	244	M 631	00:13:29	00:27:34.45	00:27:59.75	5:30	10.9
245	KNAP RADOŚLAW	469		WARSZAWA	POL	M 40	245	M 632	00:14:28	00:27:37.05	00:29:19.90	5:31	10.9
246	KUCHARSKI ADAM	1344		WARSZAWA	POL	M 40	246	M 633	00:13:32	00:27:37.80	00:28:57.25	5:31	10.9
247	RUTKOWSKI TOMASZ	943		WARSZAWA	POL	M 40	247	M 640	00:13:35	00:27:43.95	00:29:26.35	5:32	10.8
248	ZALEWSKI LUDOMIR	1266		WARSZAWA	POL	M 40	248	M 641	00:13:31	00:27:44.65	00:29:56.50	5:32	10.8
249	WÓJCIK ROBERT	619		WARSZAWA	POL	M 40	249	M 646	00:13:51	00:27:49.70	00:29:19.15	5:33	10.8
250	WOŁOSZYN SZYMON	1240		WARSZAWA	POL	M 40	250	M 648	00:13:48	00:27:54.25	00:29:29.90	5:34	10.8
251	DUBEK MICHAŁ	210		WARSZAWA	POL	M 40	251	M 649	00:13:53	00:27:57.10	00:29:48.45	5:35	10.7
252	HILAK ADAM	344		WARSZAWA	POL	M 40	252	M 650	00:13:59	00:27:57.40	00:29:21.20	5:35	10.7
253	KOWALSKI BARTŁOJEW	529		KOŁOBRZEG	POL	M 40	253	M 655	00:14:07	00:28:06.80	00:29:26.65	5:37	10.7
254	RADOMSKI ARTUR	1364		WARSZAWA	POL	M 40	254	M 656	00:14:09	00:28:08.40	00:30:18.70	5:37	10.7
255	WCISŁO MARCIN	1486	MIEDZESZYN	WARSZAWA	POL	M 40	255	M 658	00:14:07	00:28:10.10	00:28:38.75	5:38	10.7
256	RANKOWSKI BARTOSZ	915		WARSZAWA	POL	M 40	256	M 663	00:13:59	00:28:17.60	00:29:46.85	5:39	10.6
257	ZACZEK PRZEMYSŁAW	1260		MARKI	POL	M 40	257	M 672	00:14:23	00:28:21.60	00:30:09.35	5:40	10.6
258	BĘTKOWSKI TOMASZ	1601		WARSZAWA	POL	M 40	258	M 677	00:13:57	00:28:25.75	00:29:58.70	5:41	10.6
259	PIROGOW TOMEK	865		ŁOZISKA	POL	M 40	259	M 678	00:14:10	00:28:26.65	00:30:27.30	5:41	10.6
260	FIGAT KRZYSZTOF	245	KRZYSZTOF FIGAT	WARSZAWA URSYNÓW	POL	M 40	260	M 679	00:14:28	00:28:26.95	00:30:09.35	5:41	10.6
261	PRZENIOSŁO PAWEŁ	896		WARSZAWA	POL	M 40	261	M 680	00:13:30	00:28:27.15	00:29:05.35	5:41	10.5
262	OKUŃ MARCIN	1513		TOMICE	POL	M 40	262	M 681	00:14:08	00:28:29.60	00:28:57.40	5:41	10.5
263	WŁODARCZYK MIROŚLAW	1224	I LO UKS KOŚCIUSZKO WŁODAWA	WŁODAWA	POL	M 40	263	M 685	00:14:02	00:28:33.30	00:29:59.55	5:42	10.5
264	ŻÓŁTOWSKI BARTŁOJEW	1300		WARSZAWA	POL	M 40	264	M 692	00:13:46	00:28:40.05	00:30:17.70	5:44	10.5
265	SZYDŁOWSKI ARTUR	1085		WARSZAWA	POL	M 40	265	M 694	00:13:55	00:28:41.60	00:30:06.10	5:44	10.5
266	JANISZEWSKI PIOTR	374		RASZYN	POL	M 40	266	M 702	00:14:29	00:28:54.70	00:31:18.10	5:46	10.4
267	FROM KONRAD	255	WARSAW RUN CLUB	WARSZAWA	POL	M 40	267	M 706	00:14:29	00:28:59.00	00:30:39.60	5:47	10.4
268	ŻUK ŁUKASZ	1469		WARSZAWA	POL	M 40	268	M 710	00:14:06	00:29:01.05	00:30:44.45	5:48	10.3

BIEG URSYNOWA, M 40 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
269	BRONISZEWSKI JAKUB	95		ZĄBKI	POL	M 40	269	M 713	00:14:22	00:29:09.80	00:30:54.35	5:49	10.3
270	MĘKARSKI PIOTR	1408		WARSZAWA	POL	M 40	270	M 716	00:14:52	00:29:10.70	00:30:46.20	5:50	10.3
271	PRASEK ŁUKASZ	887		WARSZAWA	POL	M 40	271	M 724	00:14:22	00:29:19.25	00:30:41.45	5:51	10.2
272	PAC BARTOSZ	814		WARSZAWA	POL	M 40	272	M 730	00:14:28	00:29:34.55	00:31:38.50	5:54	10.1
273	KOZIEJ ANDRZEJ	538		WARSZAWA	POL	M 40	273	M 731	00:14:29	00:29:35.05	00:30:50.95	5:55	10.1
274	PICEWICZ PAWEŁ	1415		WARSZAWA	POL	M 40	274	M 733	00:15:50	00:29:39.40	00:31:54.05	5:55	10.1
275	KOSIACKI KAROL	506		WARSZAWA	POL	M 40	275	M 737	00:14:47	00:29:41.60	00:32:04.40	5:56	10.1
276	SZYMANEK ŁUKASZ	1086		WARSZAWA	POL	M 40	276	M 739	00:14:56	00:29:49.10	00:32:05.90	5:57	10.1
277	KOZAK JAKUB	1407		WARSZAWA	POL	M 40	277	M 750	00:15:40	00:30:14.95	00:31:59.40	6:02	9.9
278	MASTALEREK ARKADIUSZ	685		WARSZAWA	POL	M 40	278	M 753		00:30:24.00	00:30:25.00	6:04	9.9
279	VUCO IVO	1174	HULTAJ LITERACKI	STARE GROCHALE	POL	M 40	279	M 754	00:15:07	00:30:24.30	00:32:13.25	6:04	9.9
280	TOLAK MARCIN	1130		WARSZAWA	POL	M 40	280	M 757	00:14:24	00:30:33.55	00:32:19.55	6:06	9.8
281	NEJMAN ANDRZEJ	1313		WARSZAWA	POL	M 40	281	M 760	00:14:54	00:30:40.60	00:32:27.40	6:08	9.8
282	LENARCZYK PAWEŁ	602		WARSZAWA	POL	M 40	282	M 762	00:14:34	00:30:55.05	00:32:49.10	6:11	9.7
283	JAŃCZAK MARIUSZ	382		WARSZAWA	POL	M 40	283	M 769	00:14:55	00:31:27.55	00:32:00.70	6:17	9.5
284	ORZECZOWSKI DANIEL	804		PIASECZNO	POL	M 40	284	M 771	00:15:35	00:31:31.00	00:33:34.20	6:18	9.5
285	MARCIŃSKI KUBA	676	PROJEKT AIK	WARSZAWA	POL	M 40	285	M 772	00:15:25	00:31:32.55	00:33:48.00	6:18	9.5
286	JANCZ BARTOSZ	1480		WARSZAWA	POL	M 40	286	M 777	00:15:47	00:31:42.55	00:33:45.35	6:20	9.5
287	NAKWASKI BARTEK	757		WARSZAWA	POL	M 40	287	M 782	00:15:14	00:32:17.90	00:32:51.00	6:27	9.3
288	SYTY ADAM	1052		WARSZAWA	POL	M 40	288	M 783	00:15:46	00:32:18.05	00:34:16.20	6:27	9.3
289	PYREK ARTUR	906		WARSZAWA	POL	M 40	289	M 792	00:16:04	00:32:54.15	00:34:54.00	6:34	9.1
290	CZEKAJ TOMASZ	1430		WARSZAWA	POL	M 40	290	M 798	00:17:14	00:33:08.80	00:35:22.25	6:37	9.1
291	JĘŻMAŃSKI SŁAWEK	393		WARSZAWA	POL	M 40	291	M 800	00:17:15	00:33:12.50	00:35:23.75	6:38	9
292	SZYMAŃSKI MIROSŁAW	1096	COMAMEDIA MIROSŁAW SZYMAŃSKI	WARSZAWA	POL	M 40	292	M 803	00:16:20	00:33:27.35	00:35:20.90	6:41	9
293	NASKRĘT MARIUSZ	761		RACOT	POL	M 40	293	M 804	00:16:18	00:33:30.40	00:35:18.00	6:42	9
294	BAJOREK JACEK	31		WYSZKÓW	POL	M 40	294	M 807	00:16:04	00:33:36.20	00:35:47.85	6:43	8.9
295	BACIŃSKI ARKADIUSZ	1539		WARSZAWA	POL	M 40	295	M 808	00:17:41	00:33:39.05	00:33:39.05	6:43	8.9
296	SAMEL JANUSZ	1500		WARSZAWA	POL	M 40	296	M 809	00:15:48	00:33:47.95	00:35:30.35	6:45	8.9
297	NASTALEK PIOTR	762		WARSZAWA	POL	M 40	297	M 810	00:17:03	00:33:52.55	00:35:53.15	6:46	8.9
298	PATURA PRZEMYSŁAW	1398	LONGBRIDGE TEAM	SKIERNIEWICE	POL	M 40	298	M 814	00:15:32	00:34:19.15	00:35:47.60	6:51	8.7
299	ŻURAWSKI SŁAWOMIR	1302	PGBSPORTOWAPACZKA	WARSZAWA	POL	M 40	299	M 818	00:16:22	00:34:27.85	00:36:18.25	6:53	8.7
300	BORKOWSKI PIOTR	81		WARSZAWA	POL	M 40	300	M 821	00:16:39	00:34:35.90	00:36:32.90	6:55	8.7
301	MAZUR PAWEŁ	699		WARSZAWA	POL	M 40	301	M 822	00:14:34	00:34:40.60	00:36:46.25	6:56	8.7
302	CHARIZA STEFAN	121		WARSZAWA	POL	M 40	302	M 823	00:17:04	00:34:42.35	00:36:44.10	6:56	8.6
303	SADURSKI ARTUR	1562	SC FREIBURG	WARSZAWA	POL	M 40	303	M 824	00:15:39	00:34:49.05	00:36:38.85	6:57	8.6
304	KIELBICKI MARCIN	446		WARSZAWA	POL	M 40	304	M 825	00:16:14	00:34:53.15	00:35:25.50	6:58	8.6
305	KEMPA ROBERT	47		WARSZAWA	POL	M 40	305	M 826	00:17:15	00:34:54.60	00:37:06.25	6:58	8.6
306	CHOJNACKI GRZEGORZ	134		WARSZAWA	POL	M 40	306	M 829	00:16:47	00:34:59.00	00:37:04.50	6:59	8.6
307	BORUSZEWSKI MACIEJ	85		WARSZAWA	POL	M 40	307	M 838	00:17:27	00:37:53.25	00:38:12.50	7:34	7.9
308	DZIURDŹ JACEK	229	GRUPA BIEGOWA UM W-WA	WARSZAWA	POL	M 40	308	M 840	00:18:52	00:38:42.00	00:40:25.05	7:44	7.8
309	FARRALES RONALDO	242	PINOYS IN POLAND	WARSZAWA	PHI	M 40	309	M 842	00:18:54	00:38:42.50	00:39:26.00	7:44	7.8
310	MYŚLIWIEC PIOTR	754	AKTYWNI PO ZAWALE	WARSZAWA	POL	M 40	310	M 847	00:19:43	00:40:54.35	00:42:54.50	8:10	7.3
311	BORTLI SZ TOMASZ	83		WARSZAWA	POL	M 40	311	M 849	00:20:16	00:42:57.90	00:45:16.30	8:35	7
312	MIRECKI MICHAŁ	729		WARSZAWA	POL	M 40	312	M 850	00:09:00			3:36	16.7

BIEG URSYNOWA, K 50

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
1	NIEDZIÓŁKA MAŁGORZATA	1498		WARSZAWA	POL	K 50	1	K 56	00:11:48	00:23:55.85	00:24:47.65	4:47	12.5
2	RZYMOWSKA KRYSZYNA	953		WARSZAWA	POL	K 50	2	K 69	00:12:24	00:24:24.75	00:25:17.80	4:52	12.3
3	KUKLA ELŻBIETA	584	PWC RUNNING TEAM	WARSZAWA	POL	K 50	3	K 93	00:12:31	00:25:21.20	00:26:24.00	5:04	11.8
4	PARTYKA AGNIESZKA	824	PGE ENERGETIC RUNNING	WARSZAWA	POL	K 50	4	K 94	00:12:35	00:25:22.65	00:26:32.35	5:04	11.8
5	SOCHACKA ELŻBIETA	1012	GÓRA BIEGA	GÓRA KALWARIA	POL	K 50	5	K 109	00:12:46	00:25:46.30	00:26:18.10	5:09	11.6
6	CYGAN ANNA	157	WILD ULTRA WARRIORS	WARSZAWA	POL	K 50	6	K 124	00:13:55	00:26:13.80	00:26:13.80	5:14	11.4
7	LEWANDOWSKA JOANNA	611		WARSZAWA	POL	K 50	7	K 131	00:13:06	00:26:24.40	00:27:55.80	5:16	11.4
8	KURZACZ KATARZYNA	588	12TRI.PL	WARSZAWA	POL	K 50	8	K 134	00:13:12	00:26:27.40	00:27:45.50	5:17	11.3

BIEG URSYNOWA, K 50 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
9	SIERZPUTOWSKA EWA	973	GUNS&ROSES RUN TEAM	WARSZAWA PRAGA PÓŁNOC	POL	K 50	9	K 150	00:13:01	00:26:45.45	00:27:52.65	5:21	11.2
10	KONKOWSKA JOANNA	492		WARSZAWA	POL	K 50	10	K 154	00:13:16	00:26:53.10	00:28:24.20	5:22	11.2
11	HAWRYLUK-STASIAK EWA	340	BIEGUNI 2022	WARSZAWA	POL	K 50	11	K 159	00:13:07	00:27:06.00	00:28:22.90	5:25	11.1
12	FICOŃ MONIKA	244		WARSZAWA	POL	K 50	12	K 167	00:13:23	00:27:25.40	00:28:27.40	5:29	10.9
13	JĘDRZEJCZAK ANNA	1343		WARSZAWA	POL	K 50	13	K 176	00:13:32	00:27:37.50	00:28:56.25	5:31	10.9
14	LIPKA-ZALEWSKA GRAŻYNA	1329		JULIANÓW	POL	K 50	14	K 204	00:14:21	00:28:13.70	00:30:16.00	5:38	10.6
15	DZIEDZIC EWA	225	TEAM ZABIEGANEDNI	DZIECHCINIEC	POL	K 50	15	K 205	00:13:59	00:28:16.95	00:29:13.80	5:39	10.6
16	TOMASZEWSKA MARIOLA	1132	BIEGAM DLA SIEBIE	WARSZAWA	POL	K 50	16	K 218	00:14:32	00:28:39.15	00:29:44.05	5:43	10.5
17	KLOPOCKA ANNA	461		STRZENIOWKA	POL	K 50	17	K 242	00:14:38	00:29:15.30	00:31:08.25	5:51	10.3
18	KORONA TATIANA	500	OBIEGUWKA	WARSZAWA	POL	K 50	18	K 255	00:14:30	00:29:37.25	00:31:22.50	5:55	10.1
19	ZARODA GRAŻYNA	1271		WARSZAWA	POL	K 50	19	K 258	00:14:18	00:29:39.60	00:30:17.35	5:55	10.1
20	WYSOWSKA JAGODA	1585		PIASECZNO	POL	K 50	20	K 265	00:15:16	00:29:56.65	00:31:45.85	5:59	10
21	KEMPISTY ANNA	1487	12TRI.PL	WARSZAWA	POL	K 50	21	K 270	00:14:44	00:30:01.10	00:31:33.55	6:00	10
22	WIŚNIEWSKA KATARZYNA	1210	INDYWIDUALISTKA	WARSZAWA	POL	K 50	22	K 313	00:15:17	00:31:54.90	00:32:17.95	6:22	9.4
23	DRZEWIECKA ANNA	1390	SMSM	WARSZAWA	POL	K 50	23	K 330	00:15:55	00:32:42.25	00:34:31.70	6:32	9.2
24	BUCZEK BOGUMIŁA	103		CHEŁM	POL	K 50	24	K 331	00:16:23	00:32:47.40	00:34:58.45	6:33	9.2
25	MICHAŁEK DOROTA	713	BORKOWSKI TEAM	WARSZAWA	POL	K 50	25	K 338	00:16:08	00:32:56.40	00:35:17.55	6:35	9.1
26	OLCZAK URSZULA	789	UMCS BIEGA	WARSZAWA	POL	K 50	26	K 341	00:16:07	00:33:02.70	00:35:12.35	6:36	9.1
27	KOCHMAN IWONA	475	VEGE RUNNERS	WARSZAWA	POL	K 50	27	K 342	00:16:22	00:33:04.85	00:34:46.25	6:36	9.1
28	ŁOCHOWSKA AGNIESZKA	633		WARSZAWA	POL	K 50	28	K 354	00:33:27.90	00:33:27.90	00:33:27.90	6:41	9
29	SAKOWICZ MAGDALENA	957		WARSZAWA	POL	K 50	29	K 366	00:15:58	00:33:50.45	00:34:45.25	6:46	8.9
30	GROCHOWSKA JOANNA	310	BIEGAMY Z OCHOTĄ	WARSZAWA	POL	K 50	30	K 400	00:17:18	00:34:57.95	00:37:05.45	6:59	8.6
31	BAUER BEATA	49	BRAK	JÓZEFOSŁAW	POL	K 50	31	K 403	00:17:09	00:35:13.55	00:35:40.10	7:02	8.5
32	SARNOWSKA IWONA	962	DRUŻYNA PAULINY	WARSZAWA	POL	K 50	32	K 406	00:17:22	00:35:27.85	00:37:51.30	7:05	8.5
33	KILKOWSKA JOANNA	454		WARSZAWA	POL	K 50	33	K 415	00:17:35	00:36:43.70	00:38:36.95	7:20	8.2

BIEG URSYNOWA, M 50

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
1	FURMAN TOMASZ	259	KS STASZEWCY	WARSZAWA	POL	M 50	1	M 41	00:08:48	00:17:56.00	00:18:02.50	3:35	16.7
2	GREWIŃSKI TOMASZ	1433	LIPIEC RUNNING TEAM	WARSZAWA	POL	M 50	2	M 56	00:09:13	00:18:27.10	00:18:33.55	3:41	16.3
3	STASZEWSKI WOJCIECH	1030	KS STASZEWCY	WARSZAWA	POL	M 50	3	M 82	00:09:25	00:19:06.85	00:19:14.10	3:49	15.7
4	GRZYBOWSKI MARIUSZ	329		KOBYŁKA	POL	M 50	4	M 91	00:09:19	00:19:14.95	00:19:19.95	3:50	15.6
5	KNAP CZAREK	468	HOŻA TEAM SKYRUNNERS	SZCZECIN	POL	M 50	5	M 93	00:09:32	00:19:15.80	00:19:23.70	3:51	15.6
6	KACPRZYK ALEX	408	RP RUNNERS	WARSZAWA	POL	M 50	6	M 103		00:19:25.40	00:19:39.30	3:53	15.5
7	KUCHARCZYK PAWEŁ	579	ROZBIEGANE MICHAŁOWICE	OPACZ KOLONIA	POL	M 50	7	M 113	00:09:33	00:19:35.15	00:19:42.10	3:55	15.3
8	MICHAŁAK MARIUSZ	707	MM TEAM	WARSZAWA	POL	M 50	8	M 117	00:09:41	00:19:36.45	00:19:47.20	3:55	15.3
9	BAR WIESŁAW	34		WARSZAWA	POL	M 50	9	M 125	00:09:46	00:19:47.60	00:19:58.55	3:57	15.2
10	KANIA PRZEMYSŁAW	417		HORNOWEK	POL	M 50	10	M 127	00:09:45	00:19:48.15	00:20:00.30	3:57	15.2
11	DOBROWOLSKI SŁAWEK	194	NAPRZÓD MŁOCINY/NBRC	WARSZAWA	POL	M 50	11	M 145	00:09:58	00:20:08.15	00:20:23.25	4:01	14.9
12	GANCZEWSKI PAWEŁ	265		GRANICA	POL	M 50	12	M 153	00:10:09	00:20:15.85	00:20:31.75	4:03	14.8
13	GARTKIEWICZ ADAM	267	DUKLANOWSKI TEAM	WARSZAWA	POL	M 50	13	M 154	00:09:46	00:20:15.90	00:20:24.65	4:03	14.8
14	OLSZAK ZENON	797	KB OŻARÓW MAZOWIECKI BIEGA	WARSZAWA	POL	M 50	14	M 155	00:09:45	00:20:16.00	00:20:29.70	4:03	14.8
15	DĘBECKI MICHAŁ	187	KONDYCJA	KRĘPA	POL	M 50	15	M 156	00:10:07	00:20:19.45	00:20:35.05	4:03	14.8
16	PIOTROWSKI TOMASZ	863		KONSTANCIN-JEZIORNA	POL	M 50	16	M 175	00:09:53	00:20:34.65	00:20:44.75	4:06	14.6
17	KWAŚNIEWSKI KRZYSZTOF	593	TRENER FOREST	WARSZAWA	POL	M 50	17	M 199	00:10:36	00:21:06.15	00:21:24.25	4:13	14.2
18	WIECZOREK MICHAŁ	1193		WARSZAWA	POL	M 50	18	M 212	00:10:33	00:21:18.80	00:21:44.50	4:15	14.1
19	KLIBISZ SŁAWOMIR	458		WARSZAWA	POL	M 50	19	M 218	00:10:28	00:21:22.15	00:21:42.05	4:16	14
20	RAPCZYŃSKI WITOLD	1598	SKARYSZÓWSKIE CIACHA	WARSZAWA	POL	M 50	20	M 240	00:10:51	00:21:41.05	00:22:13.10	4:20	13.8
21	MCGIVERN COLM	702	WITC	WARSZAWA	IRL	M 50	21	M 243	00:10:52	00:21:44.15	00:22:06.75	4:20	13.8
22	DOMAGAŁA JAROSŁAW	198	AKTYWNA WARSZAWA	WARSZAWA	POL	M 50	22	M 250	00:10:36	00:21:50.65	00:22:24.90	4:22	13.7
23	FALBA ZBIGNIEW	239	BIEGNIJ Z PROSERVICE	WARSZAWA	POL	M 50	23	M 252	00:10:37	00:21:52.10	00:22:20.95	4:22	13.7
24	BUCZEK ROBERT	104	3RUNPL	WARSZAWA	POL	M 50	24	M 255	00:10:39	00:21:55.00	00:22:23.20	4:23	13.7
25	GORALSKI ROMAN	292	STARE BABICE BIEGAJA	STARE BABICE	POL	M 50	25	M 258	00:11:00	00:21:56.10	00:22:29.05	4:23	13.7
26	KUKŁA MARCIN	585	RYSIK RUNNERS	WARSZAWA	POL	M 50	26	M 259	00:10:58	00:21:56.30	00:22:28.95	4:23	13.7
27	BIENIAK KRZYSZTOF	62	KRAV MAGA WARSZAWA	WARSZAWA	POL	M 50	27	M 261	00:10:38	00:21:57.40	00:22:25.05	4:23	13.7

BIEG URSYNOWA, M 50 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
28	CLARE SIMON	151		WARSZAWA	POL	M 50	28	M 267	00:10:51	00:22:05.90	00:22:18.10	4:25	13.6
29	PAWŁOWSKI PIOTR	838	BBL WYDMINY	WARSZAWA	POL	M 50	29	M 302	00:11:06	00:22:43.25	00:23:17.40	4:32	13.2
30	KRYCZEK PIOTR	562		WARSZAWA	POL	M 50	30	M 315	00:11:15	00:22:56.00	00:23:36.10	4:35	13.1
31	OWOC TOMASZ	813	PKO BANK POLSKI / NEW BALANCE RUN CLUB	WARSZAWA	POL	M 50	31	M 337	00:11:38	00:23:13.20	00:24:01.90	4:38	12.9
32	JANOWSKI RAFAŁ	378		OTWOCK	POL	M 50	32	M 341	00:11:23	00:23:15.50	00:23:59.85	4:39	12.9
33	ŻYWIEN MAREK	1307	ONLY SPEEDWAY	WARSZAWA	POL	M 50	33	M 344	00:11:18	00:23:20.35	00:23:44.25	4:40	12.9
34	KONKA TOMASZ	491		WARSZAWA	POL	M 50	34	M 348	00:11:36	00:23:24.75	00:24:09.20	4:40	12.8
35	KOSTYRA KRZYSZTOF	1324	BIEGUSIEM.PL	WARSZAWA	POL	M 50	35	M 351	00:11:27	00:23:27.75	00:23:59.85	4:41	12.8
36	MARCIN CENDROWSKI	1535		WARSZAWA	POL	M 50	36	M 356	00:11:34	00:23:32.85	00:24:39.90	4:42	12.7
37	CHARLEJ IRENEUSZ	123		MIERZYN	POL	M 50	37	M 359	00:11:43	00:23:35.75	00:24:17.45	4:43	12.7
38	GÓRAL TADEUSZ	1581		WARSZAWA	POL	M 50	38	M 367	00:11:52	00:23:45.15	00:23:57.00	4:45	12.6
39	MAŚLANKA PIOTR	687		WARSZAWA	POL	M 50	39	M 368	00:11:52	00:23:45.50	00:24:54.40	4:45	12.6
40	ARAŻNY ZBIGNIEW	27		WARSZAWA	POL	M 50	40	M 387	00:11:50	00:23:59.70	00:24:47.55	4:47	12.5
41	ŁAZICKI TOMASZ	630		JÓZEFOSŁAW	POL	M 50	41	M 394	00:11:35	00:24:04.45	00:25:04.95	4:48	12.5
42	OSTROWSKI RYSZARD	808	ŻYWCEM ZABIEGANI	WARSZAWA	POL	M 50	42	M 400	00:11:40	00:24:11.00	00:24:46.10	4:50	12.4
43	GOLISZ ADAM	288		MYSIADŁO	POL	M 50	43	M 406	00:12:00	00:24:17.05	00:24:41.65	4:51	12.4
44	GAŁECKI TOMASZ	264		WARSZAWA	POL	M 50	44	M 415	00:11:49	00:24:22.30	00:25:14.35	4:52	12.3
45	STĘPNIAK MARIUSZ	1033		WARSZAWA	POL	M 50	45	M 419	00:12:17	00:24:24.35	00:25:29.40	4:52	12.3
46	SNOPEK STANISŁAW	1007	TVP SPORT	IZABELIN	POL	M 50	46	M 421	00:11:49	00:24:26.45	00:25:03.85	4:53	12.3
47	RADZIKOWSKI FRANCISZEK	913		DĘBE WIELKIE	POL	M 50	47	M 456	00:12:15	00:24:50.10	00:25:43.70	4:58	12.1
48	KORSAKOV KOSTIANTYN	1590	NW CZŁAPSKI TEAM	WARSZAWA	POL	M 50	48	M 466	00:12:57	00:24:55.55	00:27:06.10	4:59	12
49	KOKOCIŃSKI PIOTR	1450		WARSZAWA	POL	M 50	49	M 500	00:12:54	00:25:28.20	00:26:32.35	5:05	11.8
50	KIETLIŃSKI MACIEJ	448		WARSZAWA	POL	M 50	50	M 514	00:12:58	00:25:37.15	00:27:17.60	5:07	11.7
51	SKOWROŃSKI WOJCIECH	990		WARSZAWA	POL	M 50	51	M 527	00:12:40	00:25:48.25	00:27:31.30	5:09	11.6
52	MASTALERZ ANDRZEJ	686		WARSZAWA	POL	M 50	52	M 531	00:13:02	00:25:51.15	00:27:02.45	5:10	11.6
53	PETRYKA WOJCIECH	1532		RASZYN	POL	M 50	53	M 536	00:12:38	00:25:57.00	00:27:06.05	5:11	11.6
54	PRZYBYSZ KRZYSZTOF	1556		WARSZAWA	POL	M 50	54	M 549	00:12:32	00:26:13.20	00:26:27.30	5:14	11.4
55	CHMIELEWSKI ADAM	1419		WARSZAWA	POL	M 50	55	M 550	00:12:33	00:26:13.25	00:26:50.60	5:14	11.4
56	KUPSC ANDRZEJ	1376		WARSZAWA	POL	M 50	56	M 560	00:12:58	00:26:23.25	00:27:36.30	5:16	11.4
57	DYCHA MARCIN	220	NEW BALANCE RUN CLUB	WARSAW	POL	M 50	57	M 604	00:13:35	00:27:08.85	00:28:31.85	5:25	11.1
58	CZERSKI MACIEJ	166		WARSZAWA	POL	M 50	58	M 607	00:13:07	00:27:11.65	00:28:30.50	5:26	11
59	KITA GRZEGORZ	1373		WARSZAWA	POL	M 50	59	M 612	00:13:19	00:27:18.45	00:28:12.80	5:27	11
60	MATUSIEWICZ JAROSŁAW	692		WARSZAWA	POL	M 50	60	M 613	00:13:53	00:27:18.60	00:28:46.30	5:27	11
61	BOBROWSKI MARCIN	72	BEZKŁUBIE	WARSZAWA	POL	M 50	61	M 616	00:14:20	00:27:20.75	00:29:05.65	5:28	11
62	PROUTY MATTHEW	891		WARSZAWA		M 50	62	M 627	00:13:44	00:27:30.65	00:28:55.60	5:30	10.9
63	KOWALSKI ROBERT	533	NBRC	WARSZAWA	POL	M 50	63	M 635	00:13:16	00:27:40.10	00:28:35.60	5:32	10.8
64	KOŻUCHOWSKI IWO	1381		WARSZAWA	POL	M 50	64	M 654	00:13:14	00:28:06.20	00:28:26.00	5:37	10.7
65	SOKÓLSKI TOMASZ	1018	TEAM ZABIEGANEDNI	WIĄZOWNA	POL	M 50	65	M 660	00:13:54	00:28:13.20	00:29:49.85	5:38	10.6
66	HOMICKI ROBERT	347		RZESZOW	POL	M 50	66	M 661	00:13:44	00:28:15.65	00:30:34.90	5:39	10.6
67	SKONIECZNY ANDRZEJ	989		WARSZAWA	POL	M 50	67	M 664	00:13:50	00:28:18.00	00:29:34.45	5:39	10.6
68	POPIOŁEK JACEK	884		WARSZAWA	POL	M 50	68	M 667	00:13:25	00:28:18.80	00:29:09.10	5:39	10.6
69	MIASTOWSKI RAFAŁ	18	SŁOŃ B	WARSZAWA	POL	M 50	69	M 673	00:13:47	00:28:22.05	00:29:40.80	5:40	10.6
70	KONDRAT PIOTR	487		ZĄBKI	POL	M 50	70	M 676	00:13:27	00:28:25.75	00:29:21.80	5:41	10.6
71	SIRODZKI ZBIGNIEW	1347		WARSZAWA	POL	M 50	71	M 686	00:13:08	00:28:33.35	00:28:51.20	5:42	10.5
72	PAMUŁA PAWEŁ	821		WARSZAWA	POL	M 50	72	M 688	00:14:22	00:28:37.80	00:30:44.15	5:43	10.5
73	HOLDENMAJER CEZARY	1341		WARSZAWA	POL	M 50	73	M 696	00:13:53	00:28:42.65	00:30:37.90	5:44	10.5
74	PAWLISZ MARCIN	834		WARSZAWA	POL	M 50	74	M 698	00:14:00	00:28:44.80	00:29:26.40	5:44	10.4
75	BODALSKI JACEK	75	AKTYWNA WARSZAWA	WARSZAWA	POL	M 50	75	M 701	00:14:25	00:28:53.95	00:30:39.50	5:46	10.4
76	ZAŁEWSKI PIOTR	1328		JULIANÓW	POL	M 50	76	M 709	00:14:29	00:29:00.20	00:31:05.45	5:48	10.3
77	WALKIEWICZ MARIUSZ	1317	SDS REPREZENTACJA DZIENNIKARZY	NOWA IWICZNA	POL	M 50	77	M 714	00:13:55	00:29:10.00	00:30:42.15	5:50	10.3
78	KORONA KRZYSZTOF	501		WARSZAWA	POL	M 50	78	M 717	00:14:08	00:29:11.20	00:30:31.75	5:50	10.3
79	GAWLIK BENIAMIN	272		WARSZAWA	POL	M 50	79	M 718	00:14:34	00:29:11.45	00:31:30.70	5:50	10.3
80	KŁOPOCKI RAFAŁ	462		WARSZAWA	POL	M 50	80	M 720	00:14:38	00:29:15.10	00:31:08.00	5:51	10.3
81	BARANOWSKI KRZYSZTOF	1494		ZIELONKA	POL	M 50	81	M 735	00:14:34	00:29:40.65	00:30:13.80	5:56	10.1
82	OLKOWSKI ROBERT	796		IZABELIN-DZIEKANÓWEK	POL	M 50	82	M 747	00:14:15	00:30:08.00	00:31:43.45	6:01	10
83	ADAMIAK PAWEŁ	14		WARSZAWA	POL	M 50	83	M 752	00:14:28	00:30:16.40	00:32:05.35	6:03	9.9

BIEG URSYNOWA, M 50 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
84	BORYS PIOTR	87		WARSZAWA	POL	M 50	84	M 763	00:14:31	00:30:57.10	00:32:36.30	6:11	9.7
85	SOKOŁOWSKI WOJCIECH	1016		AUGUSTOW	POL	M 50	85	M 767	00:14:41	00:31:18.25	00:32:24.25	6:15	9.6
86	REGUCKI ARTUR	917		WARSZAWA	POL	M 50	86	M 770	00:14:55	00:31:28.15	00:35:56.40	6:17	9.5
87	TABOR TOMASZ	1118		WARSZAWA	POL	M 50	87	M 779	00:15:49	00:32:06.60	00:33:55.00	6:25	9.3
88	RYŃSKI ANDRZEJ	949		WARSZAWA	POL	M 50	88	M 787	00:15:08	00:32:27.55	00:33:42.60	6:29	9.2
89	ADAMCZYK JACEK	1439	WYKŁĘCI TV	LATCHORZEW	POL	M 50	89	M 788	00:15:49	00:32:31.20	00:34:26.60	6:30	9.2
90	ZAWACKI ANDRZEJ	1277		WOŁOMIN	POL	M 50	90	M 790	00:15:49	00:32:40.80	00:34:34.85	6:32	9.2
91	PISAREK JACEK	1349	AKS POLONIA WARSZAWA	WARSZAWA	POL	M 50	91	M 793	00:16:35	00:32:56.40	00:35:02.25	6:35	9.1
92	ANIOŁ ZYGMUNT	21	ZYGMUNT ANIOŁ	KĄTY	POL	M 50	92	M 805	00:16:39	00:33:31.80	00:34:58.75	6:42	9
93	SZOSTAKOWSKI JAROSŁAW	1077	BIEGAMY Z OCHOTĄ	WARSZAWA	POL	M 50	93	M 828	00:17:18	00:34:58.20	00:37:06.00	6:59	8.6
94	KUBACKI GRZEGORZ	572		WARSZAWA	POL	M 50	94	M 831	00:16:49	00:36:10.05	00:37:31.05	7:14	8.3
95	ĆWIEK JAROSŁAW	171		WARSZAWA	POL	M 50	95	M 832	00:17:43	00:36:12.50	00:38:22.60	7:14	8.3
96	KOSIATY JAROSŁAW	507	RÓBMY SVOJE	WARSZAWA	POL	M 50	96	M 834	00:16:29	00:36:25.60	00:37:36.20	7:17	8.2
97	WOJTAS JANUSZ	1237		WARSZAWA	POL	M 50	97	M 835	00:17:49	00:36:50.00	00:38:52.45	7:22	8.1

BIEG URSYNOWA, K 60

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
1	GAWRACZYŃSKA ANNA	273	WTŁ STEGNY WARSZAWA	WARSZAWA	POL	K 60	1	K 186	00:13:49	00:27:52.35	00:29:18.30	5:34	10.8
2	HULANICKA IRINA	352	GOGGLE TEAM	WARSZAWA	POL	K 60	2	K 208	00:14:02	00:28:22.35	00:29:36.00	5:40	10.6
3	HOŁOPIAK EWA	345	EWA HOŁOPIAK	WARSZAWA	POL	K 60	3	K 222	00:14:27	00:28:42.15	00:30:07.90	5:44	10.5
4	GŁOWACKA ELŻBIETA	284	TEAM ZABIEGANEDNI	WARSZAWA	POL	K 60	4	K 245	00:14:28	00:29:17.70	00:30:49.40	5:51	10.2
5	MORAWSKA ANNA	1516		WARSZAWA	POL	K 60	5	K 268	00:14:51	00:29:58.20	00:30:20.60	5:59	10
6	SOKÓLSKA DOROTA	1017	TEAM ZABIEGANEDNI	WIĄZOWNA	POL	K 60	6	K 274	00:14:40	00:30:05.15	00:31:41.25	6:01	10
7	KARŁOWICZ ANNA	426	PARTIA WOLNYCH BIEGACZY	WARSZAWA	POL	K 60	7	K 287	00:15:07	00:30:35.55	00:31:32.05	6:07	9.8
8	SZMYTKE SABINA	1075	NIEZRZESZONA	KONSTANCIN-JEZIORNA	POL	K 60	8	K 318	00:15:35	00:32:08.35	00:33:39.10	6:25	9.3
9	DOBROWOLSKA DOROTA	193	LADIESGYM	WARSZAWA	POL	K 60	9	K 396	00:16:35	00:34:50.90	00:36:55.10	6:58	8.6
10	WŁODARCZYK HALINA	1223		WARSZAWA	POL	K 60	10	K 427	00:21:07	00:38:34.65	00:40:26.15	7:42	7.8
11	BARTOSIK KRYSZYNA	44		WARSZAWA	POL	K 60	11	K 430	00:19:50	00:40:13.50	00:42:28.50	8:02	7.5
12	DĘBSKA ANNA	1517		WARSZAWA	POL	K 60	12	K 433	00:19:56	00:41:09.70	00:42:26.80	8:13	7.3
13	PASTERNAK ANNA	827	DRUŻYNA PAULINY	WARSZAWA	POL	K 60	13	K 442	00:24:04	00:50:18.45	00:52:41.90	10:03	6

BIEG URSYNOWA, M 60

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
1	DALGIEWICZ DARIUSZ	174		ŁOMIAŃKI	POL	M 60	1	M 197	00:10:16	00:21:04.65	00:21:20.95	4:12	14.2
2	TURLEJ DARIUSZ	1512	BEZ KONDYCJI	WARSZAWA	POL	M 60	2	M 224	00:10:40	00:21:31.80	00:21:53.00	4:18	13.9
3	PLUTA IRENEUSZ	1382		WARSZAWA	POL	M 60	3	M 279	00:10:56	00:22:21.75	00:22:53.05	4:28	13.4
4	MIKINA ARTUR	718	PWPPW SA	WARSZAWA	POL	M 60	4	M 311	00:11:16	00:22:52.55	00:23:05.95	4:34	13.1
5	SOBIECKI DOMINIK	932	VEGELOVE	WARSZAWA	POL	M 60	5	M 324	00:11:40	00:23:02.70	00:23:55.25	4:36	13
6	JAKUBCZAK KRZYSZTOF	1402	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M 60	6	M 363	00:11:44	00:23:38.50	00:24:14.50	4:43	12.7
7	DRABAREK ROMUALD	201		WARSZAWA	POL	M 60	7	M 370	00:11:47	00:23:47.80	00:24:30.05	4:45	12.6
8	TABAK ANDRZEJ	1117		WARSZAWA	POL	M 60	8	M 399	00:12:10	00:24:09.10	00:25:05.30	4:49	12.4
9	LESIAK RADOSŁAW	1525		WARSZAWA	POL	M 60	9	M 409	00:11:59	00:24:18.65	00:24:58.95	4:51	12.3
10	SIERY ARTUR	972		WARSZAWA	POL	M 60	10	M 429	00:12:17	00:24:31.95	00:25:32.50	4:54	12.2
11	ADAMCZYK MIROSLAW	1491	HARPAGONS	WARSZAWA	POL	M 60	11	M 458	00:12:10	00:24:50.75	00:26:05.35	4:58	12.1
12	CHWASTEK RYSZARD	139	RATUJMYRYSIE	WARSZAWA	POL	M 60	12	M 476	00:12:31	00:25:08.35	00:27:26.55	5:01	11.9
13	MAREK ROMAN	680		WARSZAWA	POL	M 60	13	M 529	00:12:37	00:25:48.50	00:26:56.95	5:09	11.6
14	FREJTES LUIS	1551		MARKI	VEN	M 60	14	M 552	00:12:44	00:26:13.85	00:26:38.90	5:14	11.4
15	ŁOŚ KRZYSZTOF	636	SBRT/BIEGUNIE 2022	ŁOMIAŃKI DOLNE	POL	M 60	15	M 554	00:12:53	00:26:16.30	00:27:01.50	5:15	11.4
16	BATOR ZBIGNIEW	48		WARSZAWA	POL	M 60	16	M 561	00:13:06	00:26:25.25	00:27:15.10	5:17	11.4
17	PAŁASIEWICZ GRZEGORZ	820		WARSZAWA	POL	M 60	17	M 583	00:13:12	00:26:43.50	00:28:03.85	5:20	11.2
18	DĄBROWSKI ANDRZEJ	181		JÓZEFÓW	POL	M 60	18	M 599	00:13:07	00:27:02.30	00:28:00.10	5:24	11.1
19	SŁOWIK JERZY	998		WARSZAWA	POL	M 60	19	M 637	00:13:20	00:27:41.70	00:29:07.40	5:32	10.8

BIEG URSYNOWA, M 60 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
20	BUKOWSKI JANUSZ	112		WARSZAWA	POL	M 60	20	M 652	00:14:01	00:28:00.85	00:28:04.75	5:36	10.7
21	HULANICKI ANDRZEJ	353	GOGGLE TEAM	WARSZAWA	POL	M 60	21	M 653	00:13:50	00:28:01.00	00:29:15.30	5:36	10.7
22	ZAŁEWSKI KRZYSZTOF	1268		CISIE	POL	M 60	22	M 711	00:14:21	00:29:03.95	00:30:49.10	5:48	10.3
23	MAKOSA WITOLD	1561		KONSTANCIN	POL	M 60	23	M 721	00:14:30	00:29:17.40	00:31:03.60	5:51	10.2
24	WAŁOS JAN	1177		WARSZAWA MOKOTÓW	POL	M 60	24	M 727	00:14:27	00:29:24.60	00:30:50.70	5:52	10.2
25	STAŃSKI SŁAWOMIR	1493		WARSZAWA	POL	M 60	25	M 736	00:14:33	00:29:40.75	00:30:14.05	5:56	10.1
26	GÓRAL PIOTR	1586		JÓZEFOSŁAW	POL	M 60	26	M 755	00:14:34	00:30:27.50	00:32:02.55	6:05	9.9
27	MOSKAŁA BOGUSŁAW	737		WARSZAWA	POL	M 60	27	M 778	00:15:47	00:31:58.00	00:33:59.80	6:23	9.4
28	DRZEWIECKI JANUSZ	1372	KLUB MSM	WARSZAWA	POL	M 60	28	M 791	00:16:18	00:32:42.25	00:34:31.70	6:32	9.2
29	OLCZAK WITOLD	790	UMCS BIEGA	WARSZAWA	POL	M 60	29	M 795	00:16:07	00:33:02.00	00:35:11.65	6:36	9.1
30	SZYMAŃCZAK ZBIGNIEW	1089		NADARZYN	POL	M 60	30	M 801	00:16:52	00:33:23.75	00:35:22.85	6:40	9
31	MAMAK ANDRZEJ	673		WARSZAWA	POL	M 60	31	M 812	00:15:39	00:34:06.75	00:34:39.70	6:49	8.8
32	PASTERNAK JERZY	826	DRUŻYNA PAULINY	WARSZAWA	POL	M 60	32	M 830	00:17:22	00:35:28.90	00:37:52.20	7:05	8.5

BIEG URSYNOWA, K 70

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
1	TULA RENATA	1153	NBRC	WARSZAWA	POL	K 70	1	K 113	00:12:57	00:25:56.20	00:26:53.35	5:11	11.6
2	JURKOWSKA IRENA	404		WARSZAWA	POL	K 70	2	K 363	00:16:38	00:33:44.75	00:35:42.05	6:44	8.9
3	POLAK TERESA	878	KB ACTIVESPORTS WARSZAWA	WARSZAWA	POL	K 70	3	K 402	00:16:55	00:35:01.45	00:36:57.30	7:00	8.6
4	CZARNECKA ANNA	1441	LADIES GYM	WARSZAWA	POL	K 70	4	K 428	00:18:57	00:39:20.90	00:41:25.05	7:52	7.6
5	TUKENDORF BARBARA	1152	TEAMZABIEGANEDNI	WARSZAWA	POL	K 70	5	K 437	00:20:57	00:42:51.30	00:44:02.80	8:34	7

BIEG URSYNOWA, M 70

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
1	SAJKOWSKI ANDRZEJ	956	METRO WARSZAWA	WARSZAWA	POL	M 70	1	M 303	00:10:58	00:22:43.35	00:22:47.00	4:32	13.2
2	KACPROWSKI TADEUSZ	1379		WARSZAWA	POL	M 70	2	M 430	00:12:03	00:24:32.00	00:25:38.75	4:54	12.2
3	NOWAKOWSKI CZESŁAW	1572	DUCLA ACADEMY WARSZAWA	WARSZAWA	POL	M 70	3	M 486	00:12:14	00:25:16.95	00:26:36.00	5:03	11.9
4	KĘCIK JANUSZ	440	SPARTANIE DZIECIOM	WARSZAWA	POL	M 70	4	M 569	00:13:14	00:26:30.00	00:27:57.10	5:18	11.3
5	SOWIŃSKI EDMUND	1021	TKKFPŁOCK	PŁOCK	POL	M 70	5	M 595	00:13:22	00:26:58.40	00:27:26.05	5:23	11.1
6	CHMIELEWSKI ANTONI	129		MIĘDZYRZEC PODLASKI	POL	M 70	6	M 675	00:14:31	00:28:23.80	00:30:01.20	5:40	10.6
7	DYMEL PIOTR	223		WARSZAWA	POL	M 70	7	M 693	00:13:42	00:28:40.35	00:29:23.30	5:44	10.5
8	MALER WLADYSŁAW	664	NEW BALANCE RUN CLUB	WARSZAWA	POL	M 70	8	M 699	00:14:27	00:28:44.90	00:30:11.15	5:44	10.4
9	WIŚNIEWSKI JANUSZ	1213	PARKRUN PRUSZKÓW 70+	PIASTÓW	POL	M 70	9	M 723	00:14:39	00:29:18.80	00:29:46.85	5:51	10.2
10	NOWACKI JULIAN	775	TO NATURALNE	WARSZAWA	POL	M 70	10	M 734	00:14:33	00:29:39.55	00:30:13.40	5:55	10.1
11	SOKOŁOWSKI MARIAN	1015	SAMOTNY WILK	WARSZAWA	POL	M 70	11	M 741	00:14:23	00:29:51.85	00:30:20.85	5:58	10.1
12	NIEWIADOMSKI ZDZIŚŁAW	772		WARSZAWA	POL	M 70	12	M 742	00:14:52	00:29:59.30	00:31:37.10	5:59	10
13	KIELEWICZ KAZIMIERZ	445		RADOM	POL	M 70	13	M 765	00:15:02	00:31:08.60	00:32:50.50	6:13	9.6
14	SZYMCZAK MIROSŁAW	1098	TRIWAWA	WARSZAWA	POL	M 70	14	M 766	00:15:03	00:31:13.70	00:33:22.20	6:14	9.6
15	MICHAŁAK JERZY	709	KBIM.P.SĘKOWSKIEGO	PŁOŃSK	POL	M 70	15	M 773	00:15:08	00:31:35.90	00:33:24.60	6:19	9.5
16	HOŁOWACZ TOMASZ	346	KONDYCJA	WARSZAWA	POL	M 70	16	M 780	00:16:03	00:32:10.15	00:34:04.70	6:26	9.3
17	WOJTOWICZ JERZY	1238		WARSZAWA	POL	M 70	17	M 811	00:16:41	00:34:03.50	00:36:05.10	6:48	8.8
18	GLASSER MAREK	280		WARSZAWA	POL	M 70	18	M 817	00:17:22	00:34:27.65	00:36:34.20	6:53	8.7
19	GARWACKI JOZEF	268		NOWE GULCZEWO	POL	M 70	19	M 836	00:18:00	00:37:05.40	00:38:59.55	7:25	8.1
20	MOSZKOWICZ EUGENIUSZ	739	KONDYCJA	WARSZAWA	POL	M 70	20	M 843	00:18:39	00:39:37.50	00:41:35.30	7:55	7.6
21	MIODUSZEWSKI ANDRZEJ	726		WARSZAWA	POL	M 70	21	M 844	00:19:07	00:39:50.10	00:39:54.70	7:58	7.5

BIEG URSYNOWA,

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	Netto	Brutto	min/km	km/h
1	WOSZTYL TOMASZ	1241		WARSZAWA (ŚRÓDMIEŚCIE)	POL		M 219		00:10:28	00:21:23.15	00:21:52.55	4:16	14
2		1591					1		00:10:57	00:22:10.95	00:22:42.15	4:26	13.5
3	. .	1438					2		00:11:34	00:22:41.95	00:23:30.65	4:32	13.2
4		1588					3		00:13:14	00:25:05.35	00:25:26.05	5:01	12
5		1584					4		00:12:04	00:25:45.10	00:26:36.20	5:09	11.7
6	NOWAK PAULINA	780	TEAMZABIEGANEDNI	WARSZAWA	POL		K 147		00:13:24	00:26:40.70	00:28:14.60	5:20	11.3
7	SKOCZYŁAS TOMASZ	987		GŁOGÓW MAŁOPOLSKI	POL		M 819		00:16:57	00:34:30.30	00:36:49.40	6:54	8.7