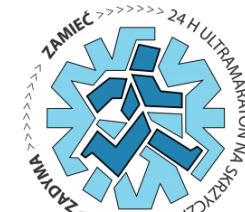


ZAWIERUCHA

Organizator: Fundacja Aktywne Beskidy
Data: 2023-01-21
Miejsce: Szczyrk
Dystans: 27 km
Klasyfikacja wg czasów brutto.



ZAWIERUCHA, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	7.5km	13.5km	13.51km	21km	Netto	Brutto	min/km	km/h
1	STASZYK MICHAŁ	237		ŚLOTWINA	POL	OPEN M	1	M 1	01:11:16	01:50:03	01:50:30	02:56:14	03:29:54.25	03:29:57.95	7:46	7.7
2	PERYKASZA PAWEŁ	234	GRUPALUKTRANS.PL	KRAKÓW	POL	OPEN M	2	M 2	01:20:10	01:58:25	01:58:48	03:19:24	03:52:48.70	03:52:50.55	8:37	7
3	KOŁODZIEJ ROMAN	219		KARŁOWICE	POL	OPEN M	3	M 3	01:16:06	01:56:06	01:56:36	03:18:40	03:55:06.90	03:55:09.45	8:42	6.9
4	BŁYSZCZEK PIOTR	205		SOSNOWIEC	POL	OPEN M	4	M 4	01:16:09	01:55:10	01:55:37	03:20:53	03:57:18.50	03:57:20.30	8:47	6.8
5	HORAWA JAKUB	214		ŻARKI	POL	OPEN M	5	M 5	01:16:02	02:02:45	02:03:04	03:21:43	04:04:26.75	04:04:30.75	9:03	6.6
6	CABAN MATEUSZ	207	OGÓRY	OŚWIĘCIM	POL	OPEN M	6	M 6	01:18:07	02:02:30	02:02:55		04:11:43.10	04:11:47.35	9:19	6.4
7	NOSALIK MAREK	229	MTA	ŻYWIEC	POL	OPEN M	7	M 7	01:16:02	02:02:17	02:02:45	03:36:06	04:19:35.20	04:19:38.00	9:36	6.2
8	WOLK MARIUSZ	242	#ZALINIAMETYTEAM	RAWA MAZOWIECKA	POL	OPEN M	8	M 8	01:27:31	02:15:48	02:17:39	03:45:36	04:26:05.30	04:26:08.95	9:51	6.1
9	BUCKI PIOTR	206	OGÓRY	ANDRYCHÓW	POL	OPEN M	9	M 9	01:21:23	02:09:19	02:10:43	03:30:16	04:34:17.30	04:34:20.95	10:09	5.9
10	ŻUROWSKI MARCIN	246		KICIN	POL	OPEN M	10	M 10	01:30:46	02:16:51	02:21:30	03:52:18	04:35:49.80	04:35:54.75	10:12	5.9
11	KŁONOWSKI KAMIL	218	KŁONO TEAM	MIKOŁÓW	POL	OPEN M	11	M 11	01:32:36	02:21:24	02:21:55	03:58:27	04:45:43.60	04:45:50.90	10:34	5.7
12	BĄK TYMOTEUSZ	201	MERCE.COM	GLIWICE	POL	OPEN M	12	M 12	01:34:03	02:26:07	02:28:10	04:04:46	04:52:47.95	04:52:50.35	10:50	5.5
13	PASTUSZKA MICHAŁ	233	FORBET RUNNERS	SOSNOWIEC	POL	OPEN M	13	M 13	01:18:45	02:00:03	02:00:36	03:43:39	04:59:11.85	04:59:17.65	11:04	5.4
14	WYKA MARIUSZ	244	LEGIA	JAWORZNO	POL	OPEN M	14	M 14	01:37:46	02:32:38	02:38:27	04:21:32	05:04:41.50	05:04:46.45	11:17	5.3
15	LANGE SZYMON	222	WSK- WOJOWNICY SASKIEJ KAWY	ŚREM	POL	OPEN M	15	M 15	01:29:24	02:21:54	02:22:27	04:02:15	05:05:19.75	05:05:26.65	11:18	5.3
16	WALCZAK AGNIESZKA	241	PKO BANK POLSKI	BOLESŁAW	POL	OPEN K	1	K 1	01:39:03	02:32:32	02:35:32	04:18:30	05:06:40.35	05:06:45.95	11:21	5.3
17	NAWROCKI NORBERT	228		KATOWICE	POL	OPEN M	16	M 16	01:37:50	02:28:14	02:28:52	04:18:32	05:08:06.40	05:08:13.10	11:24	5.3
18	NAGAS PAWEŁ	227	EDEN RACING	MYSŁOWICE	POL	OPEN M	17	M 17	01:38:08	02:31:59	02:32:23	04:21:39	05:13:10.40	05:13:10.40	11:35	5.2
19	NOWAK KATARZYNA	230		GLIWICE	POL	OPEN K	2	K 2	01:38:02	02:37:30	02:45:27	04:21:26	05:13:02.75	05:13:11.60	11:35	5.2
20	GRABSKI MICHAŁ	212		GLIWICE	POL	OPEN M	18	M 18	01:37:55	02:37:30	02:45:27	04:19:57	05:13:04.50	05:13:13.05	11:35	5.2
21	ŁOSKA TOMASZ	224		ŁAZISKA GÓRNE	POL	OPEN M	19	M 19	01:39:48	02:32:11	02:34:16	04:22:02	05:16:01.25	05:16:08.55	11:42	5.1
22	ŚLOSARZYK PIOTR	238		TYCHY	POL	OPEN M	20	M 20	01:31:08	02:22:20	02:23:08	04:18:58	05:20:06.90	05:20:13.05	11:51	5.1
23	KACZMARCZYK SEBASTIAN	215	EDEN RACING	SIEMIANOWICE ŚLĄSKIE	POL	OPEN M	21	M 21	00:35:59	01:32:29	01:33:02	03:25:52	04:21:30.75	05:21:30.75	9:41	6.2
24	WOŚ KRZYSZTOF	243	SCUDERIA BEBOKI	KATOWICE	POL	OPEN M	22	M 22	01:38:38	02:35:46	02:45:25	04:28:05	05:22:21.40	05:22:32.15	11:56	5
25	ZANTO GRZEGORZ	245		LEGNICA	POL	OPEN M	23	M 23	01:38:27	02:43:24	02:44:03	04:32:47	05:39:13.20	05:39:21.40	12:33	4.8
26	STACHOŃ ŁUKASZ	236		RUDA ŚLĄSKA	POL	OPEN M	24	M 24	01:40:27	02:38:00	02:38:41	04:44:16	05:47:10.25	05:47:20.00	12:51	4.7
27	TERESIŃSKI TOMASZ	240	PRZEDWOJEWSKI TEAM	CZĘSTOCHOWA	POL	OPEN M	25	M 25	01:38:20	02:41:05	02:41:48	04:46:14	05:51:23.55	05:51:30.00	13:00	4.6
28	LEPIARZ SZYMON	223	NEVER GIVE UP	KRAKÓW	POL	OPEN M	26	M 26	01:48:20	02:54:35	02:55:17	05:01:02	06:03:56.70	06:04:01.15	13:28	4.5
29	GACH ANDRZEJ	211		SOSNOWIEC	POL	OPEN M	27	M 27	01:51:21	02:57:20	03:07:52	05:05:14	06:11:56.55	06:12:02.50	13:46	4.4
30	RĄB ŁUKASZ	235		WARSZAWA	POL	OPEN M	28	M 28	02:27:45	03:23:56	03:31:59	05:17:30	06:15:21.10	06:15:21.10	13:54	4.3
31	GROMADZKA JUSTYNA	213	KOBIETY WATAHY	BYTOM	POL	OPEN K	3	K 3	01:52:44	02:55:52	03:07:56	05:08:50	06:20:23.10	06:20:29.80	14:05	4.3
32	BINIENDA AGNIESZKA	204	KOBIETY WATAHY	ZABRZE	POL	OPEN K	4	K 4	01:52:28	02:55:52	03:07:56	05:08:35	06:20:23.70	06:20:30.10	14:05	4.3
33	TEREBECKI KAMIL	239	DRUZYNA PIERSCIENIA	BRZÓZÓW	POL	OPEN M	29	M 29	02:02:07	03:14:26	03:30:57	05:44:39	06:57:35.75	06:57:40.90	15:27	3.9
34	PABICH HONORATA	231	MAM_NA_WSZYSTKO_WYBIE GANE	WROCŁAW	POL	OPEN K	5	K 5	01:55:00	03:09:39	03:40:20	05:54:05	07:19:00.80	07:19:09.30	16:15	3.7
35	FERECKI MAREK	210		RUDZICA	POL	OPEN M	30	M 30	01:58:34	03:11:41	03:37:48		07:18:59.65	07:19:10.00	16:15	3.7
	KŁONOWSKI Cezary	217		POZNAN	POL	OPEN M			DNF	03:09:06	DNF	DNF	DNF	DNF	-	-
	CZEPIEL DANIEL	208		WROCŁAW	POL	OPEN M			01:56:13	03:10:39	DNF	DNF	DNF	DNF	-	-
	PASIERBEK AGNIESZKA	232		KATOWICE	POL	OPEN K			01:59:01	DNF	DNF	DNF	DNF	DNF	-	-

ZAWIERUCHA, OPEN K

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	7.5km	13.5km	13.51km	21km	Netto	Brutto	min/km	km/h
1	WALCZAK AGNIESZKA	241	PKO BANK POLSKI	BOLESŁAW	POL	OPEN K	1	K 1	01:39:03	02:32:32	02:35:32	04:18:30	05:06:40.35	05:06:45.95	11:21	5.3
2	NOWAK KATARZYNA	230		GLIWICE	POL	OPEN K	2	K 2	01:38:02	02:37:30	02:45:27	04:21:26	05:13:02.75	05:13:11.60	11:35	5.2
3	GROMADZKA JUSTYNA	213	KOBIETY WATAHY	BYTOM	POL	OPEN K	3	K 3	01:52:44	02:55:52	03:07:56	05:08:50	06:20:23.10	06:20:29.80	14:05	4.3
4	BINIENDA AGNIESZKA	204	KOBIETY WATAHY	ZABRZE	POL	OPEN K	4	K 4	01:52:28	02:55:52	03:07:56	05:08:35	06:20:23.70	06:20:30.10	14:05	4.3
5	PABICH HONORATA	231	MAM_NA_WSZYSTKO_WYBIE GANE	WROCŁAW	POL	OPEN K	5	K 5	01:55:00	03:09:39	03:40:20	05:54:05	07:19:00.80	07:19:09.30	16:15	3.7
	PASIERBEK AGNIESZKA	232		KATOWICE	POL	OPEN K			01:59:01 DNF	DNF	DNF	DNF	DNF	DNF	-	-

ZAWIERUCHA, OPEN M

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	7.5km	13.5km	13.51km	21km	Netto	Brutto	min/km	km/h
1	STASZYK MICHAŁ	237		SŁOTWINA	POL	OPEN M	1	M 1	01:11:16	01:50:03	01:50:30	02:56:14	03:29:54.25	03:29:57.95	7:46	7.7
2	PERYKASZA PAWEŁ	234	GRUPALUKTRANS.PL	KRAKÓW	POL	OPEN M	2	M 2	01:20:10	01:58:25	01:58:48	03:19:24	03:52:48.70	03:52:50.55	8:37	7
3	KOŁODZIEJ ROMAN	219		KARŁOWICE	POL	OPEN M	3	M 3	01:16:06	01:56:06	01:56:36	03:18:40	03:55:06.90	03:55:09.45	8:42	6.9
4	BŁYSZCZEK PIOTR	205		SOSNOWIEC	POL	OPEN M	4	M 4	01:16:09	01:55:10	01:55:37	03:20:53	03:57:18.50	03:57:20.30	8:47	6.8
5	HORAWA JAKUB	214		ŻARKI	POL	OPEN M	5	M 5	01:16:02	02:02:45	02:03:04	03:21:43	04:04:26.75	04:04:30.75	9:03	6.6
6	CABAN MATEUSZ	207	OGÓRY	OŚWIĘCIM	POL	OPEN M	6	M 6	01:18:07	02:02:30	02:02:55		04:11:43.10	04:11:47.35	9:19	6.4
7	NOSALIK MAREK	229	MTA	ŻYWIEC	POL	OPEN M	7	M 7	01:16:02	02:02:17	02:02:45	03:36:06	04:19:35.20	04:19:38.00	9:36	6.2
8	WOŁK MARIUSZ	242	#ZALINIAMETYTEAM	RAWA MAZOWIECKA	POL	OPEN M	8	M 8	01:27:31	02:15:48	02:17:39	03:45:36	04:26:05.30	04:26:08.95	9:51	6.1
9	BUCKI PIOTR	206	OGÓRY	ANDRYCHÓW	POL	OPEN M	9	M 9	01:21:23	02:09:19	02:10:43	03:30:16	04:34:17.30	04:34:20.95	10:09	5.9
10	ŻUROWSKI MARCIN	246		KICIN	POL	OPEN M	10	M 10	01:30:46	02:16:51	02:21:30	03:52:18	04:35:49.80	04:35:54.75	10:12	5.9
11	KLONOWSKI KAMIL	218	KLONO TEAM	MIKOŁÓW	POL	OPEN M	11	M 11	01:32:36	02:21:24	02:21:55	03:58:27	04:45:43.60	04:45:50.90	10:34	5.7
12	BAK TYMOTEUSZ	201	MERCE.COM	GLIWICE	POL	OPEN M	12	M 12	01:34:03	02:26:07	02:28:10	04:04:46	04:52:47.95	04:52:50.35	10:50	5.5
13	PASTUSZKA MICHAŁ	233	FORBET RUNNERS	SOSNOWIEC	POL	OPEN M	13	M 13	01:18:45	02:00:03	02:00:36	03:43:39	04:59:11.85	04:59:17.65	11:04	5.4
14	WYKA MARIUSZ	244	LEGIA	JAWORZNO	POL	OPEN M	14	M 14	01:37:46	02:32:38	02:38:27	04:21:32	05:04:41.50	05:04:46.45	11:17	5.3
15	ŁANGE SZYMON	222	WSK- WOJOWNICY SASKIEJ KAWY	ŚREM	POL	OPEN M	15	M 15	01:29:24	02:21:54	02:22:27	04:02:15	05:05:19.75	05:05:26.65	11:18	5.3
16	NAWROCKI NORBERT	228		KATOWICE	POL	OPEN M	16	M 16	01:37:50	02:28:14	02:28:52	04:18:32	05:08:06.40	05:08:13.10	11:24	5.3
17	NAGAS PAWEŁ	227	EDEN RACING	MYSŁOWICE	POL	OPEN M	17	M 17	01:38:08	02:31:59	02:32:23	04:21:39	05:13:10.40	05:13:10.40	11:35	5.2
18	GRABSKI MICHAŁ	212		GLIWICE	POL	OPEN M	18	M 18	01:37:55	02:37:30	02:45:27	04:19:57	05:13:04.50	05:13:13.05	11:35	5.2
19	ŁOSKA TOMASZ	224		ŁĄZISKA GÓRNE	POL	OPEN M	19	M 19	01:39:48	02:32:11	02:34:16	04:22:02	05:16:01.25	05:16:08.55	11:42	5.1
20	ŚLOSARCZYK PIOTR	238		TYCHY	POL	OPEN M	20	M 20	01:31:08	02:22:20	02:23:08	04:18:58	05:20:06.90	05:20:13.05	11:51	5.1
21	KACZMARCZYK SEBASTIAN	215	EDEN RACING	SIEMIANOWICE ŚLĄSKIE	POL	OPEN M	21	M 21	00:35:59	01:32:29	01:33:02	03:25:52	04:21:30.75	05:21:30.75	9:41	6.2
22	WOŚ KRZYSZTOF	243	SCUDERIA BEBOKI	KATOWICE	POL	OPEN M	22	M 22	01:38:38	02:35:46	02:45:25	04:28:05	05:22:21.40	05:22:32.15	11:56	5
23	ZANTO GRZEGORZ	245		LEGNICA	POL	OPEN M	23	M 23	01:38:27	02:43:24	02:44:03	04:32:47	05:39:13.20	05:39:21.40	12:33	4.8
24	STACHOŃ ŁUKASZ	236		RUDA ŚLĄSKA	POL	OPEN M	24	M 24	01:40:27	02:38:00	02:38:41	04:44:16	05:47:10.25	05:47:20.00	12:51	4.7
25	TERESIŃSKI TOMASZ	240	PRZEDWOJEWSKI TEAM	CZĘSTOCHOWA	POL	OPEN M	25	M 25	01:38:20	02:41:05	02:41:48	04:46:14	05:51:23.55	05:51:30.00	13:00	4.6
26	LEPIARZ SZYMON	223	NEVER GIVE UP 跑跑跑跑	KRAKÓW	POL	OPEN M	26	M 26	01:48:20	02:54:35	02:55:17	05:01:02	06:03:56.70	06:04:01.15	13:28	4.5
27	GACH ANDRZEJ	211		SOSNOWIEC	POL	OPEN M	27	M 27	01:51:21	02:57:20	03:07:52	05:05:14	06:11:56.55	06:12:02.50	13:46	4.4
28	RĄB ŁUKASZ	235		WARSZAWA	POL	OPEN M	28	M 28	02:27:45	03:23:56	03:31:59	05:17:30	06:15:21.10	06:15:21.10	13:54	4.3
29	TEREBECKI KAMIL	239	DRUZYNA PIERSCIENIA	BRZOSZÓW	POL	OPEN M	29	M 29	02:02:07	03:14:26	03:30:57	05:44:39	06:57:35.75	06:57:40.90	15:27	3.9
30	FERFECKI MAREK	210		RUDZICA	POL	OPEN M	30	M 30	01:58:34	03:11:41	03:37:48		07:18:59.65	07:19:10.00	16:15	3.7
	KLONOWSKI CEZARY	217		POZNAN	POL	OPEN M			DNF	03:09:06 DNF	DNF	DNF	DNF	DNF	-	-
	CZEPIEL DANIEL	208		WROCŁAW	POL	OPEN M			01:56:13 DNF	03:10:39 DNF	DNF	DNF	DNF	DNF	-	-