

## PÓLMARATON KOSZALIN - 21.1KM

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej

Data: 2016-05-22

Miejsce: Koszalin

Dystans: 21.1 km

Klasyfikacja wg czasów netto.

W klasyfikacji open pierwsze 30 miejsc wg czasu brutto



## PÓLMARATON KOSZALIN - 21.1KM, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.1km	11.1km	16.1km	Netto	Brutto	min/km	km/h
1	SZYMAŃSKI SYLWESTER	203	TEAM BIEGOWY SZCZECINEK-ULKS BARWICE	SZCZECINEK	POL	M40-44	1	M 1	00:23:00	00:42:04	01:01:05	01:19:23.95	01:19:57.20	3:45	15.9
2	WOJCIECHOWSKI JAROSŁAW	226		ŚWINOUJŚCIE	POL	M30-39	1	M 2	00:23:00	00:41:59	01:00:43	01:19:34.45	01:20:08.05	3:46	15.9
3	BEDNARZ PAWEŁ	6	MODEST.MAN.KOSZALI(N)ACŁAW	KOSZALIN-NACŁAW	POL	M30-39	2	M 3	00:21:39	00:40:43	01:00:28	01:20:26.05	01:20:59.55	3:48	15.7
4	RUDNIK KRZYSZTOF	177	NIGHT RUNNERS SŁUPSK	KRĘPA SŁUPSKA	POL	M30-39	3	M 4	00:23:16	00:42:36	01:02:19	01:21:57.10	01:22:30.65	3:53	15.4
5	MIERZWA WITOLD	140	DARŁOWO	DARŁOWO	POL	M40-44	2	M 5	00:23:35	00:43:32	01:03:54	01:25:01.70	01:25:35.80	4:01	14.9
6	LECKI MATEUSZ	123	TEAM BIEGOWY SZCZECINEK	SZCZECINEK	POL	M30-39	4	M 6	00:24:30	00:44:40	01:05:36	01:27:09.00	01:27:43.10	4:07	14.5
7	ANDRUSZ KAMIL	2	TRIDEA / MNIAM.NET	GDYNIA	POL	M30-39	5	M 7	00:24:57	00:45:46	01:06:39	01:27:26.40	01:28:03.55	4:08	14.5
8	WOŚ KAMIL	229	PSZCZÓLKOWSKI TEAM	GDAŃSK	POL	M30-39	6	M 8	00:24:31	00:45:00	01:06:26	01:27:34.50	01:28:07.85	4:09	14.5
9	CHRZAŚCZ PIOTR	21		KOSZALIN	POL	M18-29	1	M 9	00:25:01	00:45:30	01:06:56	01:28:04.00	01:28:39.00	4:10	14.4
10	CHUDY HENRYK	22	K SOLSZEWSKI I SYNOWIE	SŁAWSKO	POL	M60-64	1	M 10	00:24:30	00:45:31	01:07:32	01:29:36.30	01:30:12.25	4:14	14.1
11	KĘPKA ADRIAN	92		DARŁOWO/WIEKOWO	POL	M18-29	2	M 11	00:24:30	00:44:58	01:06:50	01:29:46.05	01:30:21.20	4:15	14.1
12	KRYCZKA STANISŁAW	114	MTS HAMER MIASTKO	MIASTKO	POL	M45-49	1	M 12	00:24:32	00:45:16	01:07:07	01:29:49.95	01:30:23.90	4:15	14.1
13	GOLIŃSKI ŁUKASZ	46	K.B. SPRINT ŚWIDWIN	ŚWIDWIN	POL	M30-39	7	M 13	00:25:36	00:46:46	01:08:18	01:30:09.65	01:30:44.35	4:16	14
14	GRZESIK EUGENIUSZ	52	TKKF KOSZALIN	KOSZALIN	POL	M50-54	1	M 14	00:25:40	00:47:07	01:08:47	01:30:13.45	01:30:48.75	4:16	14
15	RUDNIKOWSKI MACIEJ	178	BIEGUZDROWISKOWY.PL	DARŁOWO	POL	M40-44	3	M 15	00:24:33	00:46:07	01:08:54	01:31:23.40	01:31:58.10	4:19	13.9
16	MAGALSKI TOMASZ	126	KLUB BIEGACZA KAMIEŃ POMORSKI	KAMIEŃ POMORSKI	POL	M18-29	3	M 16	00:25:39	00:46:52	01:09:22	01:32:14.75	01:32:50.05	4:22	13.7
17	BIEDRZYCKI KRZYSZTOF	259	CW FANZA KOŁOBRZEG	KOŁOBRZEG	POL	M45-49	2	M 17	00:26:48	00:49:04	01:11:21	01:33:41.55	01:34:17.20	4:26	13.5
18	KONDRACIUK PIOTR	100	ROZBIEGANY KOSZALIN - DRUŻYNA SZPIKU	KOSZALIN	POL	M40-44	4	M 18	00:27:08	00:49:53	01:12:56	01:35:45.15	01:36:21.15	4:32	13.2
19	SOBCZYK ŁUKASZ	186	KOŁOBRZEG BIEGA	KOŁOBRZEG	POL	M40-44	5	M 19	00:26:22	00:48:30	01:11:36	01:35:47.70	01:36:22.55	4:32	13.2
20	JAROSZ WIESŁAW	79	JW. 1223/BLOG	KOSZALIN	POL	M40-44	6	M 20	00:24:47	00:47:47	01:12:10	01:36:12.40	01:36:46.65	4:33	13.2
21	CZYŻEWSKI JANUSZ	29	KOŁOBRZEG BIEGA MARATON TEAM	KOŁOBRZEG	POL	M50-54	2	M 21	00:26:37	00:49:28	01:13:16	01:36:48.95	01:37:23.65	4:35	13.1
22	TCHÓRZEWSKI MAREK	207		KOSZALIN	POL	M45-49	3	M 22	00:27:20	00:50:05	01:13:33	01:37:16.20	01:37:51.50	4:36	13
23	KASZTELAN URSZULA	91	TKKF TRIATHLON KOSZALIN	KOSZALIN	POL	K30-39	1	K 1	00:26:21	00:49:24	01:13:38	01:37:38.20	01:38:14.10	4:37	13
24	KALETA SEBASTIAN	84	CENTRUM SZKOLENIA SIŁ POWIETRZNYCH	KOSZALIN	POL	M40-44	7	M 23	00:26:38	00:49:40	01:13:58	01:38:14.05	01:38:49.25	4:39	12.9
25	GROCHOWALSKI RAFAŁ	50	K.B. SPRINT ŚWIDWIN	ŚWIDWIN	POL	M30-39	8	M 24	00:26:33	00:49:53	01:13:59	01:38:42.05	01:39:17.05	4:40	12.8
26	STACHOWIAK ADRIAN	193	280 KOMPANIA RADIOTECHNICZNA	KOŁOBRZEG	POL	M18-29	4	M 25	00:26:26	00:50:08	01:14:43	01:38:53.50	01:39:29.60	4:41	12.8
27	NAKONIECZNY RAFAŁ	147	BAJADERKI KOSZALIN	KOSZALIN	POL	M30-39	9	M 26	00:28:14	00:50:48	01:14:16	01:39:10.80	01:39:50.70	4:42	12.8
28	SKIBIŃSKI KRZYSZTOF	183	TKKF TRIATHLON KOSZALIN	KOSZALIN	POL	M40-44	8	M 27	00:27:24	00:51:05	01:15:11	01:39:21.25	01:39:57.60	4:42	12.7
29	GRĘZLIKOWSKI ADAM	49		SZCZECINEK	POL	M30-39	10	M 28	00:27:55	00:51:31	01:15:22	01:39:28.70	01:40:05.20	4:42	12.7
30	WALTER PRZEMYSŁAW	218	KB 10 BIAŁOGARD	BIAŁOGARD	POL	M40-44	9	M 29	00:27:34	00:50:25	01:14:19	01:39:31.95	01:40:09.70	4:43	12.7
31	NIWIŃSKI GRZEGORZ	150	K.B. TUPOSTKA	USTKA	POL	M55-59	1	M 30	00:27:52	00:51:13	01:15:12	01:40:37.60	01:41:27.00	4:46	12.6
32	WINKEL JERZY	223		KOSZALIN	POL	M40-44	10	M 31	00:26:31	00:50:23	01:15:43	01:40:54.75	01:41:30.95	4:46	12.5
33	NOWACKI RAFAŁ	151		PRZECHELEWO	POL	M30-39	11	M 32	00:26:14	00:49:28	01:14:36	01:40:58.35	01:41:40.10	4:47	12.5
34	KAPUŚCIŃSKI ROBERT	88	JW 1223 KOSZALIN	KOSZALIN	POL	M30-39	12	M 33	00:26:35	00:50:24	01:15:47	01:41:10.60	01:41:45.05	4:47	12.5
35	MATYJASEK ZBIGNIEW	244	TKKF KOSZALIN	KOSZALIN	POL	M40-44	11	M 34	00:26:47	00:50:53	01:15:58	01:41:15.15	01:41:49.35	4:47	12.5
36	ZIEMBA DANIEL	235		LUBIN	POL	M40-44	12	M 35	00:26:35	00:50:15	01:15:17	01:41:42.50	01:42:19.55	4:49	12.4
37	CHAJNOWSKI JAROSŁAW	252	TKKF TRIATHLON KOSZALIN	KOSZALIN	POL	M50-54	3	M 36	00:29:33	00:54:22	01:18:44	01:42:12.15	01:42:57.55	4:50	12.4
38	ADAMCZAK ANDRZEJ	1	TRIATHLON KOSZALIN	KOSZALIN	POL	M55-59	2	M 37	00:29:34	00:54:24	01:18:45	01:42:12.65	01:42:57.60	4:50	12.4
39	BŁASZCZYK TADEUSZ	9		STARY JAROSŁAW	POL	M55-59	3	M 38	00:27:49	00:51:33	01:16:10	01:42:29.75	01:43:08.90	4:51	12.4
40	MILCZAREK GRZEGORZ	141		KOSTRZYN NAD ODRĄ	POL	M18-29	5	M 39	00:28:09	00:51:54	01:17:12	01:42:49.15	01:43:34.25	4:52	12.3

**PÓŁMARATON KOSZALIN - 21.1KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.1km	11.1km	16.1km	Netto	Brutto	min/km	km/h
41	JAMROZIAK GRZEGORZ	67	KLUB BIEGACZA KAMIEN POMORSKI	KAMIEN POMORSKI	POL	M30-39	13	M 40	00:29:02	00:53:34	01:18:48	01:42:49.90	01:43:28.45	4:52	12.3
42	MAĆKOWIAK KRZYSZTOF	125	ROZBIEGANY KOSZALIN	KOSZALIN	POL	M30-39	14	M 41	00:30:10	00:54:48	01:19:25	01:43:30.10	01:44:09.85	4:54	12.2
43	PASIEKA AGNIESZKA	160	K.B. SPRINT ŚWIDWIN	ŚWIDWIN	POL	K18-29	1	K 2	00:29:39	00:54:25	01:19:19	01:43:44.35	01:44:26.45	4:54	12.2
44	BIELIŃSKI MICHAŁ	7	ROZBIEGANY KOSZALIN	KOSZALIN	POL	M30-39	15	M 42	00:30:10	00:54:47	01:19:23	01:43:45.00	01:44:25.05	4:55	12.2
45	WILEWSKI PAWEŁ	220	STAROGARD	STAROGARD	POL	M18-29	6	M 43	00:29:21	00:53:11	01:17:36	01:43:56.40	01:44:37.85	4:55	12.2
46	UZNAŃSKI RYSZARD	213	KOŁOBRZEG	KOŁOBRZEG	POL	M45-49	4	M 44	00:26:31	00:49:13	01:15:18	01:43:57.60	01:44:31.40	4:55	12.2
47	JAMNIAK BARTOSZ	66	MTS HAMER MIASTKO	MIASTKO	POL	M18-29	7	M 45	00:26:54	00:51:44	01:18:06	01:44:34.90	01:45:10.65	4:57	12.1
48	GLIŃSKI ŁUKASZ	44	ŚMIECHÓW	ŚMIECHÓW	POL	M30-39	16	M 46	00:27:52	00:52:37	01:18:42	01:44:45.70	01:45:27.00	4:57	12.1
49	DUDZIAK PIOTR	34	BIEGNIJMY.PL	KOSZALIN	POL	M40-44	13	M 47	00:29:00	00:54:29	01:20:05	01:45:34.10	01:46:17.55	5:00	12
50	SPALIK MARIUSZ	191	MTSHAMERMIASTKO	MIASTKO	POL	M40-44	14	M 48	00:28:02	00:53:07	01:19:13	01:45:56.35	01:46:31.80	5:01	12
51	SAPIECHO BARTŁOMIEJ	179	RONIN GOLD TEAM	KOSZALIN	POL	M18-29	8	M 49	00:27:58	00:53:17	01:18:55	01:46:19.75	01:46:55.55	5:02	11.9
52	MROCZKOWSKI MAREK	145	ROZBIEGANY KOSZALIN	KOSZALIN	POL	M30-39	17	M 50	00:29:47	00:52:44	01:18:23	01:46:32.55	01:47:17.10	5:02	11.9
53	SKIERKA GRZEGORZ	184	MKS ŚWIĘC SŁAWNO	KWASOWO	POL	M30-39	18	M 51	00:29:47	00:52:44	01:18:22	01:46:32.60	01:47:17.10	5:02	11.9
54	BONISŁAWSKI JAROSŁAW	12	FADOMODA TEAM	SŁAWNO	POL	M30-39	19	M 52	00:27:39	00:50:28	01:14:18	01:46:58.00	01:47:50.45	5:04	11.8
55	MOSEK RADOSŁAW	144	ROSNOWO	ROSNOWO	POL	M30-39	20	M 53	00:30:44	00:55:36	01:20:54	01:47:07.30	01:47:44.55	5:04	11.8
56	KORDYLAS MICHAŁ	103	SŁUPSK	SŁUPSK	POL	M30-39	21	M 54	00:30:16	00:55:24	01:20:58	01:47:08.65	01:47:51.30	5:04	11.8
57	KAMIŃSKA AGATA	85	KŁAM SZCZECIN	SZCZECIN	POL	K30-39	2	K 3	00:31:10	00:56:48	01:23:05	01:47:53.30	01:48:40.55	5:06	11.7
58	KAMIŃSKI ŁUKASZ	86	KŁAM SZCZECIN	SZCZECIN	POL	M30-39	22	M 55	00:31:10	00:56:48	01:23:05	01:47:53.40	01:48:40.65	5:06	11.7
59	WILKOWSKI KRZYSZTOF	222	KOSZALIN	KOSZALIN	POL	M30-39	23	M 56	00:29:06	00:54:20	01:20:31	01:48:00.00	01:48:35.60	5:07	11.7
60	CHWALEBA JAN	25	KOSZALIN	KOSZALIN	POL	M55-59	4	M 57	00:28:55	00:54:01	01:20:38	01:48:00.50	01:48:44.20	5:07	11.7
61	CHORAŻY KAROLINA	20	KOSZALIN	KOSZALIN	POL	K18-29	2	K 4	00:29:05	00:54:30	01:20:36	01:48:10.70	01:48:49.55	5:07	11.7
62	MALINOWSKI MARIUSZ	130	KOSZALIN	KOSZALIN	POL	M30-39	24	M 58	00:28:34	00:53:28	01:20:04	01:48:16.55	01:49:00.75	5:07	11.7
63	STANKIEWICZ WIESŁAW	195	KOSZALIN	KOSZALIN	POL	M50-54	4	M 59	00:30:54	00:56:15	01:21:59	01:48:26.15	01:49:06.65	5:08	11.7
64	JONKO WOJCIECH	256	BIAŁOGARD	BIAŁOGARD	POL	M65-69	1	M 60	00:28:38	00:54:04	01:20:39	01:48:34.85	01:49:17.25	5:08	11.7
65	ZIOMKO RAFAŁ	236	KOŁOBRZEG	KOŁOBRZEG	POL	M40-44	15	M 61	00:28:54	00:54:13	01:20:41	01:48:40.20	01:49:17.35	5:09	11.7
66	KOBUS MACIEJ	97	KOSZALIN	KOSZALIN	POL	M30-39	25	M 62	00:29:22	00:53:26	01:18:41	01:49:01.70	01:49:42.05	5:10	11.6
67	MELLER PAWEŁ	134	JW 1223	KOSZALIN	POL	M55-59	5	M 63	00:31:37	00:56:52	01:22:53	01:49:14.85	01:49:59.10	5:10	11.6
68	EMILIT GRZEGORZ	38	GARNKI	GARNKI	POL	M30-39	26	M 64	00:29:33	00:54:28	01:19:22	01:49:15.75	01:49:54.20	5:10	11.6
69	MERDA PIOTR	135	MTS HAMER MIASTKO	MIASTKO	POL	M30-39	27	M 65	00:30:40	00:56:48	01:22:54	01:49:17.80	01:49:55.85	5:10	11.6
70	MERDA KATARZYNA	136	MTS HAMER MIASTKO	MIASTKO	POL	K30-39	3	K 5	00:30:40	00:56:48	01:22:54	01:49:18.20	01:49:56.35	5:10	11.6
71	KOSAKOWSKI KRZYSZTOF	106	TKKF KOLEJARZ BYDGOSZCZ	BYDGOSZCZ	POL	M55-59	6	M 66	00:30:27	00:56:32	01:23:05	01:49:27.20	01:50:12.05	5:11	11.6
72	MARCINIAK KACPER	132	WARSAWA	WARSAWA	POL	M18-29	9	M 67	00:31:16	00:56:43	01:23:13	01:50:22.25	01:51:03.90	5:13	11.5
73	SIKORSKI WITOLD	182	KB RUN 42	ROSNOWO	POL	M55-59	7	M 68	00:30:15	00:56:37	01:23:51	01:50:34.25	01:51:17.35	5:14	11.5
74	TOMALIK KAROL	253	PORANNE BIEGANIE	KOSZALIN	POL	M30-39	28	M 69	00:28:13	00:53:55	01:21:46	01:50:39.15	01:51:19.70	5:14	11.4
75	STRZELECKI ZBIGNIEW	199	KORZYBSKIE REKINY	KORZYBIE	POL	M60-64	2	M 70	00:30:37	00:56:42	01:23:23	01:50:39.70	01:51:21.75	5:14	11.4
76	KACZMAREK ZBIGNIEW	82	ROZBIEGANY KOSZALIN	KOSZALIN	POL	M60-64	3	M 71	00:31:01	00:57:27	01:24:11	01:50:43.20	01:51:26.55	5:14	11.4
77	MOKSA DARIUSZ	261	SIAŃÓW	SIAŃÓW	POL	M18-29	10	M 72	00:26:10	00:52:21	01:20:25	01:50:46.35	01:51:21.05	5:15	11.4
78	PEKAŁA PIOTR	164	SOSW KOSZALIN	KOSZALIN	POL	M45-49	5	M 73	00:32:07	00:58:30	01:24:59	01:50:52.55	01:51:41.35	5:15	11.4
79	TROTT DANIEL	211	AKADEMIA PILKARSKA KOWICA KOŁOBRZEG	KOŁOBRZEG	POL	M40-44	16	M 74	00:29:16	00:54:40	01:23:04	01:51:12.00	01:52:00.80	5:16	11.4
80	BRESZKA TOMASZ	15	CAPTAIN AMERICA VS THE FLASH	DARŁOWO	POL	M30-39	29	M 75	00:29:00	00:55:14	01:22:41	01:51:17.15	01:51:54.65	5:16	11.4
81	BEDNARCZYK ARKADIUSZ	5	TRIDEA	GDYNIA	POL	M40-44	17	M 76	00:29:35	00:55:32	01:23:30	01:51:52.85	01:52:27.25	5:18	11.3
82	BOGDANOWICZ KRZYSZTOF	11	TKKF KOSZALIN	KOSZALIN	POL	M50-54	5	M 77	00:29:06	00:54:16	01:23:02	01:52:00.05	01:52:39.05	5:18	11.3
83	ROGOŻA IRENEUSZ	174	BIEGNIJMY.PL	KOSZALIN	POL	M40-44	18	M 78	00:30:54	00:56:35	01:23:26	01:52:01.55	01:52:44.70	5:18	11.3
84	JANKOWSKI JAKUB	74	KOŁOBRZEG	KOŁOBRZEG	POL	M45-49	6	M 79	00:31:47	00:58:26	01:25:01	01:52:16.40	01:52:55.80	5:19	11.3
85	SKOWYRSKI JANUSZ	185	ROWERIA KOSZALIN	BIESIEKIERZ	POL	M50-54	6	M 80	00:30:10	00:55:55	01:23:48	01:52:20.95	01:53:04.05	5:19	11.3
86	CZAPLIŃSKI JACEK	27	KOSZALIN	KOSZALIN	POL	M30-39	30	M 81	00:28:49	00:55:50	01:24:28	01:52:39.50	01:53:20.90	5:20	11.2
87	KONIECZNA ANKA	101	ROZBIEGANY KOSZALIN	KOSZALIN	POL	K45-49	1	K 6	00:29:04	00:54:26	01:23:01	01:52:49.80	01:53:31.60	5:20	11.2
88	STOKROCKI WOJCIECH	196	KOSZALIN	KOSZALIN	POL	M30-39	31	M 82	00:32:05	00:58:07	01:24:39	01:52:51.05	01:53:36.85	5:20	11.2
89	NIEMCZUK DARIUSZ	247	KOSZALIN	KOSZALIN	POL	M55-59	8	M 83	00:32:42	00:59:34	01:26:05	01:52:51.10	01:53:38.95	5:20	11.2
90	CHUDZIŃSKI DARIUSZ	24	ŻYDOWO	ŻYDOWO	POL	M50-54	7	M 84	00:31:49	00:58:42	01:26:16	01:52:56.25	01:53:41.05	5:21	11.2
91	SOWIŃSKI SATURNIN	189	KB SPRINT ŚWIDWIN	ŚWIDWIN	POL	M50-54	8	M 85	00:28:56	00:56:37	01:25:37	01:53:03.75	01:53:39.70	5:21	11.2
92	MAKSYMOWICZ KORNELIA	127	KOŁOBRZEG	KOŁOBRZEG	POL	K30-39	4	K 7	00:29:18	00:55:13	01:24:37	01:53:17.95	01:53:53.30	5:22	11.2
93	ŻYWIcki BARTOSZ	237	DZIKI KOSZALIN	STARKOWO	POL	M30-39	32	M 86	00:30:15	00:57:12	01:24:59	01:53:35.85	01:54:18.65	5:23	11.1
94	LAMPKOWSKI KRZYSZTOF	121	ŚWIESZYNO	ŚWIESZYNO	POL	M50-54	9	M 87	00:28:55	00:56:12	01:24:31	01:53:56.30	01:54:33.25	5:24	11.1
95	WASZAK KAROL	28	KORZYBSKIE REKINY	KĘPICE	POL	M18-29	11	M 88	00:30:20	00:56:37	01:25:13	01:54:11.80	01:54:52.95	5:24	11.1

**PÓŁMARATON KOSZALIN - 21.1KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.1km	11.1km	16.1km	Netto	Brutto	min/km	km/h
96	JANKIEWICZ TOMASZ	70	MTS HAMER MIASTKO	MIASTKO	POL	M40-44	19	M 89	00:30:40	00:56:48	01:25:10	01:54:14.25	01:54:53.25	5:24	11.1
97	GAJEK ARTUR	40	KORZYBSKIE REKINY	KĘPICE	POL	M40-44	20	M 90	00:32:12	00:58:47	01:26:36	01:54:16.90	01:54:59.05	5:24	11.1
98	GRABOWSKI KRZYSZTOF	258		SIEMYŚL	POL	M45-49	7	M 91	00:32:33	01:00:35	01:28:25	01:54:18.65	01:54:57.00	5:25	11.1
99	JAKIMA SZYMON	63		SŁUPSK	POL	M30-39	33	M 92	00:29:34	00:55:03	01:23:54	01:54:25.60	01:55:04.30	5:25	11.1
100	CHODOR MARTYNA	251		KOSZALIN	POL	K30-39	5	K 8	00:30:59	00:57:07	01:25:57	01:54:36.40	01:55:16.15	5:25	11
101	KRAKOWIAK SŁAWOMIR	113		KOSZALIN	POL	M40-44	21	M 93	00:29:35	00:55:19	01:24:18	01:54:48.30	01:55:28.80	5:26	11
102	JANUSZEK ADAM	76		KOSZALIN	POL	M30-39	34	M 94	00:29:03	00:55:50	01:23:00	01:54:55.95	01:55:47.15	5:26	11
103	SZEWCZUK PAWEŁ	202	-	ROSNOWO	POL	M30-39	35	M 95	00:30:44	00:55:59	01:23:44	01:54:58.80	01:55:36.75	5:26	11
104	GOŁDYN MAREK	239	TKKF KOSZALIN	KOSZALIN	POL	M30-39	36	M 96	00:33:33	01:01:29	01:29:48	01:55:10.15	01:55:51.60	5:27	11
105	KUBALA MATEUSZ	117		CZARNE	POL	M18-29	12	M 97	00:31:02	00:58:22	01:26:13	01:55:12.00	01:55:49.75	5:27	11
106	SZYMANIAK RYSZARD	245		KOSZALIN	POL	M65-69	2	M 98	00:31:15	00:58:28	01:26:22	01:55:13.85	01:55:52.20	5:27	11
107	OSTROWSKI PIOTR	156	BIEGĄCY TCZEW	TCZEW	POL	M45-49	8	M 99	00:30:02	00:56:45	01:25:33	01:55:21.05	01:56:01.15	5:28	11
108	ZADROŻNY SZYMON	231	RUNNER'S OF WAŁCZ	WAŁCZ	POL	M30-39	37	M 100	00:34:16	01:02:29	01:29:23	01:55:31.35	01:56:17.65	5:28	11
109	STORCZYK-RAK AGNIESZKA	197		SZCZECINEK	POL	K30-39	6	K 9	00:30:57	00:57:19	01:26:15	01:55:31.85	01:56:13.90	5:28	11
110	KOZŁOWIECKI WALDEMAR	110	TKKF KOSZALIN	KOSZALIN	POL	M65-69	3	M 101	00:31:31	00:59:43	01:27:14	01:55:51.40	01:56:25.35	5:29	10.9
111	DEMBICKI DANIEL	33		NOWE BIELICE	POL	M40-44	22	M 102	00:30:37	00:58:06	01:26:47	01:55:56.80	01:56:40.70	5:29	10.9
112	WOLF WERONIKA	241	TKKF KOSZALIN	SIAŃÓW	POL	K40-44	1	K 10	00:32:12	00:59:26	01:27:35	01:56:00.25	01:56:50.45	5:29	10.9
113	ZAGRODZKI IRENEUSZ	232	KB TUPOT USTKA	USTKA	POL	M60-64	4	M 103	00:31:05	00:58:10	01:26:48	01:56:21.65	01:56:59.00	5:30	10.9
114	JANKOWSKI MARCIN	72	CHAMPION - POLICE	SZCZECIN	POL	M40-44	23	M 104	00:31:28	00:57:52	01:25:45	01:56:25.60	01:57:05.80	5:31	10.9
115	CHUDZIK ZBIGNIEW	23	TKKF KOSZALIN	STARE BIELICE	POL	M55-59	9	M 105	00:31:55	00:59:13	01:27:42	01:56:27.15	01:57:08.40	5:31	10.9
116	ŚRODA WOJCIECH	204		KOSZALIN	POL	M45-49	9	M 106	00:32:09	00:59:21	01:27:08	01:56:33.95	01:57:23.95	5:31	10.9
117	TELESIEWICZ HENRYK	35	MKS ŚWIĘC SŁAWNO	SŁAWNO	POL	M65-69	4	M 107	00:30:38	00:58:05	01:28:06	01:56:38.85	01:57:13.25	5:31	10.9
118	WILIŃSKI MAREK	221	K.B SPRINT ŚWIDWIN	ŚWIDWIN	POL	M55-59	10	M 108	00:31:40	00:58:57	01:28:17	01:57:12.90	01:57:56.95	5:33	10.8
119	KORCZYŃSKI SŁAWOMIR	102	DECATHLON KOSZALIN	KOSZALIN	POL	M18-29	13	M 109	00:27:04	00:51:34	01:30:00	01:57:28.30	01:58:05.55	5:34	10.8
120	KURCZYK ZBIGNIEW	119		SŁAWNO	POL	M30-39	38	M 110	00:30:20	00:56:56	01:26:35	01:57:31.65	01:58:09.20	5:34	10.8
121	KŁOSKOWSKI DARIUSZ	96		SŁUPSK	POL	M40-44	24	M 111	00:29:58	00:56:50	01:25:54	01:57:41.20	01:58:20.65	5:34	10.8
122	BARANOWSKI PIOTR	4	ROZBIEGANY KOSZALIN	KOSZALIN	POL	M30-39	39	M 112	00:30:32	00:56:43	01:25:06	01:57:48.90	01:58:25.50	5:35	10.7
123	CZAPLICKI PAWEŁ	238	TKKF KOSZALIN	KOSZALIN	POL	M40-44	25	M 113	00:32:00	00:59:32	01:28:19	01:57:53.05	01:58:31.25	5:35	10.7
124	OPALIŃSKI STANISŁAW	154	KOŁOBRZEG BIEGA	KOŁOBRZEG	POL	M60-64	5	M 114	00:32:17	01:00:03	01:28:36	01:58:05.65	01:58:43.10	5:35	10.7
125	SOROKA PIOTR	188		KOSZALIN	POL	M30-39	40	M 115	00:31:58	00:58:52	01:27:05	01:58:06.65	01:58:54.95	5:35	10.7
126	ZIELIŃSKI PRZEMYSŁAW	234		OLSZTYN	POL	M40-44	26	M 116	00:30:48	00:58:51	01:28:21	01:58:19.30	01:59:05.00	5:36	10.7
127	GAWEŁ ZBIGNIEW	41	SŁUPSK	SŁUPSK	POL	M60-64	6	M 117	00:30:57	00:57:57	01:27:37	01:58:20.10	01:59:01.00	5:36	10.7
128	WACHOWIAK BOGDAN	215		ŚWIDWIN	POL	M45-49	10	M 118	00:31:34	00:59:07	01:28:00	01:59:07.45	01:59:45.00	5:38	10.6
129	JAKUBOWSKI KRYSZTOF	65	CAPTAIN AMERICA VS THE FLASH	DARŁOWO	POL	M30-39	41	M 119	00:29:00	00:55:17	01:25:34	01:59:13.30	01:59:49.95	5:39	10.6
130	ŚWIETLIK TOMASZ	205		KOSZALIN	POL	M55-59	11	M 120	00:31:42	00:59:17	01:26:56	01:59:15.10	02:00:03.55	5:39	10.6
131	KRUSZYŃSKI STANISŁAW	194	RUNNERSWALDE.DARŁOWO.. MORSS	DARŁOWO	POL	M55-59	12	M 121	00:34:12	01:03:50	01:32:57	01:59:22.85	02:00:01.10	5:39	10.6
132	KRZEWIŃSKA MONIKA	115		KOSZALIN	POL	K18-29	3	K 11	00:34:25	01:03:35	01:32:22	01:59:45.80	02:00:34.70	5:40	10.6
133	SCHWARZ LUDWIK	248		KOSZALIN	POL	M50-54	10	M 122	00:32:01	00:59:10	01:27:56	01:59:48.20	02:00:25.25	5:40	10.6
134	WALIŃSKA AGNIESZKA	217	BBL	SŁUPSK	POL	K40-44	2	K 12	00:32:16	00:59:14	01:27:11	01:59:55.20	02:00:31.75	5:40	10.6
135	DZIESZUK DARIUSZ	36	TKKF KOSZALIN	KOSZALIN	POL	M45-49	11	M 123	00:33:32	01:01:28	01:29:48	02:00:09.50	02:00:51.75	5:41	10.5
136	KIELTYKA RAFAŁ	94		SZCZECINEK	POL	M30-39	42	M 124	00:31:00	00:58:52	01:29:07	02:00:34.60	02:01:20.90	5:42	10.5
137	JANKOWSKI JAROSŁAW	73		NIECHORZE	POL	M45-49	12	M 125	00:34:18	01:02:37	01:31:47	02:00:49.40	02:01:33.90	5:43	10.5
138	SIKORSKI DAREK	181		SZCZECIN	POL	M50-54	11	M 126	00:33:14	01:01:30	01:30:50	02:00:53.25	02:01:33.20	5:43	10.5
139	CHOŁUJ KAROL	19	ZAWSZE DO PRZODU	KOSZALIN	POL	M30-39	43	M 127	00:31:43	00:59:35	01:29:16	02:01:07.80	02:01:52.40	5:44	10.5
140	MĘDEL CEZARY	138		KOSZALIN	POL	M40-44	27	M 128	00:32:33	01:00:46	01:30:31	02:01:30.30	02:02:21.30	5:45	10.4
141	NAPIERAŁA BOGUMIŁ	148	KORA KOSZALIN	ROGOWO	POL	M50-54	12	M 129	00:31:46	00:59:22	01:30:25	02:01:31.40	02:02:16.10	5:45	10.4
142	WOJCIECHOWSKI MARCIN	225		INOWROCŁAW	POL	M18-29	14	M 130	00:32:34	01:00:28	01:30:16	02:01:48.60	02:02:35.85	5:46	10.4
143	ŁOPIŃSKI PIOTR	124		DREZDENKO	POL	M30-39	44	M 131	00:30:09	00:58:02	01:28:59	02:01:56.30	02:02:38.85	5:46	10.4
144	KORUS MARCIN	105		SIEMIANICE	POL	M30-39	45	M 132	00:32:10	01:00:17	01:30:10	02:02:03.40	02:02:48.65	5:47	10.4
145	KĘPKA KAROLINA	243	STOPA	SŁUPSK	POL	K40-44	3	K 13	00:32:30	01:01:11	01:31:40	02:02:13.80	02:02:56.55	5:47	10.4
146	GAWROŃSKI PAWEŁ	42	OGIEŃ W SZOPIE	KOSZALIN	POL	M18-29	15	M 133	00:34:24	01:03:35	01:32:22	02:02:20.70	02:03:10.20	5:47	10.3
147	BOROWIEC MARIUSZ	13		KOŁOBRZEG	POL	M40-44	28	M 134	00:35:37	01:04:16	01:32:59	02:02:24.95	02:03:16.85	5:48	10.3
148	KALBARCZYK JOLANTA	83	SZCZECIN BIEGA	ŚWIERZNO	POL	K40-44	4	K 14	00:32:31	01:02:37	01:32:15	02:02:34.45	02:03:13.90	5:48	10.3
149	JANKOWSKI MACIEJ	75		KOŁOBRZEG	POL	M45-49	13	M 135	00:31:49	01:00:26	01:31:28	02:03:04.15	02:03:42.20	5:49	10.3
150	PIECHOTA ROBERT	166		KOSZALIN	POL	M45-49	14	M 136	00:29:47	01:00:16	01:32:55	02:03:32.00	02:04:08.00	5:51	10.2
151	CINCIO ROBERT	26	TKKF TRIATHLON KOSZALIN	KOSZALIN	POL	M30-39	46	M 137	00:31:23	01:00:04	01:31:59	02:03:44.65	02:04:25.95	5:51	10.2

**PÓŁMARATON KOSZALIN - 21.1KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.1km	11.1km	16.1km	Netto	Brutto	min/km	km/h
152	DZIEBOWSKI MARIUSZ	37		KOSZALIN	POL	M30-39	47	M 138	00:32:16	01:02:25	01:33:40	02:04:22.30	02:05:09.55	5:53	10.2
153	SUBALSKI MICHAŁ	200		KOSZALIN	POL	M30-39	48	M 139	00:31:49	00:59:38	01:30:22	02:04:25.15	02:05:11.75	5:53	10.2
154	PIEKARZEWICZ TOMASZ	167	BOBOLICE	BOBOLICE	POL	M45-49	15	M 140	00:31:42	01:00:41	01:32:18	02:04:25.45	02:05:11.45	5:53	10.2
155	HORDEJUK DAMARIS	58	PSZCZÓLKOWSKI TEAM	GDAŃSK	POL	K18-29	4	K 15	00:33:10	01:02:03	01:33:17	02:04:34.30	02:05:09.65	5:54	10.2
156	GWIZDAŁA RADOSŁAW	54	MY OWN CLUB	REDA	POL	M30-39	49	M 141	00:32:00	01:00:07	01:30:59	02:04:40.00	02:05:31.85	5:54	10.2
157	SIENICKI PIOTR	180	ROZBIEGANY KOSZALIN	KOSZALIN	POL	M40-44	29	M 142	00:33:18	01:02:14	01:32:50	02:04:42.45	02:05:26.45	5:54	10.2
158	KOZŁOWSKI MACIEJ	112	TT SZCZECIN	TRZEBIATÓW	POL	M40-44	30	M 143	00:35:08	01:05:12	01:35:25	02:05:51.20	02:06:35.90	5:57	10.1
159	RAMA JANUSZ	173	KOŁOBRZEG BIEGA	KOŁOBRZEG	POL	M40-44	31	M 144	00:32:16	01:00:15	01:33:48	02:06:20.25	02:06:59.00	5:59	10
160	PIĄTKOWSKI BARTOSZ	165		KOSZALIN	POL	M40-44	32	M 145	00:32:06	01:01:42	01:33:50	02:06:59.85	02:07:43.50	6:01	10
161	DIAKOWICZ MAGDALENA	250		KOSZALIN	POL	K30-39	7	K 16	00:32:06	01:01:42	01:33:50	02:07:00.15	02:07:43.60	6:01	10
162	PSTRĄGOWSKI MARCIN	171	DZIKI KOSZALIN	KOSZALIN	POL	M30-39	50	M 146	00:28:19	00:54:21	01:30:21	02:07:04.50	02:07:47.45	6:01	10
163	WITEK SEBASTIAN	249	RAJSPOORT ACTIVE TEAM	LUBIN	POL	M40-44	33	M 147	00:34:09	01:03:51	01:35:33	02:07:36.50	02:08:26.40	6:02	9.9
164	WALCZAK AGNIESZAK	216	TKKF KOSZALIN	KOSZALIN	POL	K40-44	5	K 17	00:32:42	01:02:52	01:35:37	02:07:40.05	02:08:27.10	6:03	9.9
165	CZYŻEWSKI PIOTR	30	TKKF KOSZALIN	MAĆZNIK	POL	M50-54	13	M 148	00:32:04	01:01:15	01:34:12	02:08:23.50	02:09:01.95	6:05	9.9
166	WOLF EMIL	242	TKKF KOSZALIN	SIANÓW	POL	M40-44	34	M 149	00:34:06	01:03:19	01:35:11	02:08:35.00	02:09:20.80	6:05	9.8
167	PAULIŃSKI JAN	246		KOSZALIN	POL	M65-69	5	M 150	00:33:42	01:04:30	01:36:46	02:08:37.25	02:09:24.80	6:05	9.8
168	POLIKOWSKI PATRYK	257	ORP ISKRA	SOPOT	POL	M30-39	51	M 151	00:33:29	01:05:06	01:36:37	02:08:37.60	02:09:23.30	6:05	9.8
169	KARWAT STANISŁAW	90	PARKRUN SZCZECINEK	SZCZECINEK	POL	M55-59	13	M 152	00:33:17	01:05:57	01:38:03	02:08:58.00	02:09:44.95	6:06	9.8
170	KARNICKI ZYGMUNT	89	TKKF KOSZALIN	KOSZALIN	POL	M60-64	7	M 153	00:33:48	01:03:56	01:36:53	02:09:05.90	02:09:47.20	6:07	9.8
171	FILIPOWICZ MARIAN	39	NIEZRZESZONY	WROCLAW	POL	M-70+	1	M 154	00:35:11	01:04:51	01:36:23	02:09:11.80	02:09:56.90	6:07	9.8
172	STOSIO KRZYSZTOF	198	WWW.WKOLOBRZEGU.COM.PL	KOSZALIN	POL	M30-39	52	M 155	00:33:23	01:02:27	01:36:48	02:09:17.25	02:10:09.50	6:07	9.8
173	GUDANIEC DOROTA	53	TKKF TRIATHLON KOSZALIN	KOSZALIN	POL	K55-59	1	K 18	00:35:03	01:05:28	01:37:15	02:09:17.55	02:10:03.00	6:07	9.8
174	NOWAK-IGNACAK MONIKA	152		BIAŁOGARD	POL	K40-44	6	K 19	00:36:43	01:07:05	01:37:39	02:09:21.90	02:10:08.40	6:07	9.8
175	MALESZA-HOUSIN JOANNA	128	ROZBIEGANY KOSZALIN-BIEGNIJMY.PL	KOSZALIN	POL	K40-44	7	K 20	00:35:51	01:06:53	01:37:45	02:09:37.45	02:10:28.10	6:08	9.8
176	BORYS PRZEMYSŁAW	14	BIEGNIJMY.PL	KOSZALIN	POL	M30-39	53	M 156	00:36:25	01:07:55	01:40:12	02:10:11.90	02:11:01.90	6:10	9.7
177	MISZCZYK JAN	142		KOSZALIN	POL	M18-29	16	M 157	00:32:31	01:02:15	01:34:57	02:10:21.90	02:11:12.85	6:10	9.7
178	MIĄSEK RYSZARD	139		MANOWO	POL	M30-39	54	M 158	00:31:52	01:01:10	01:36:55	02:10:53.30	02:11:38.60	6:12	9.7
179	OSOBNIAK RYSZARD	155	ROZBIEGANY KOSZALIN	KOSZALIN	POL	M60-64	8	M 159	00:32:07	01:01:23	01:34:37	02:10:53.90	02:11:34.75	6:12	9.7
180	MĘDEL MARTA	137		KOSZALIN	POL	K40-44	8	K 21	00:32:34	01:00:48	01:30:32	02:10:56.00	02:11:46.80	6:12	9.7
181	MIZERA AGNIESZKA	143		ŁĘDOWO OSIEDLE	POL	K45-49	2	K 22	00:35:15	01:05:33	01:37:45	02:11:06.95	02:11:43.60	6:12	9.7
182	WYGLĄDACZ ALICJA	230		SZCZECIN	POL	K40-44	9	K 23	00:33:50	01:04:11	01:37:31	02:11:30.00	02:12:13.55	6:13	9.6
183	RUDNIK JANINA EWA	176		KRĘPA SŁUPSKA	POL	K30-39	8	K 24	00:36:01	01:07:49	01:39:37	02:12:28.80	02:13:16.55	6:16	9.6
184	NIEDBAŁA KONRAD	149		KOSZALIN	POL	M45-49	16	M 160	00:35:12	01:04:51	01:37:44	02:12:59.20	02:13:48.30	6:18	9.5
185	TORCZ KAROL	209	SZKÓŁKA PŁYWACKA DEPKA	KOŁOBRZEG	POL	M30-39	55	M 161	00:32:16	01:04:08	01:37:51	02:13:15.00	02:13:55.10	6:18	9.5
186	ZARĘBSKI MACIEJ	233		USTKA	POL	M40-44	35	M 162	00:35:11	01:06:49	01:39:14	02:13:23.10	02:13:59.50	6:19	9.5
187	HRYCIÓW PAWEŁ	59	BIAŁOGARD	BIAŁOGARD	POL	M30-39	56	M 163	00:35:30	01:07:38	01:40:23	02:14:01.15	02:14:40.50	6:21	9.4
188	KOWALCZYK PIOTR	108		KOSZALIN	POL	M30-39	57	M 164	00:32:54	01:02:40	01:36:13	02:14:29.55	02:15:18.20	6:22	9.4
189	PASTERNAK MAGDALENA	162		KOŁOBRZEG	POL	K30-39	9	K 25	00:36:47	01:08:41	01:41:42	02:14:59.50	02:15:47.15	6:23	9.4
190	BAR WOJCIECH	3		RZESZÓW	POL	M30-39	58	M 165	00:32:21	01:06:18	01:41:52	02:15:04.30	02:15:47.55	6:24	9.4
191	JAKUBCZYK AGNIESZKA	64	BABECZKI KOSZALIN	SZCZEGLIŃNO	POL	K18-29	5	K 26	00:36:28	01:08:04	01:41:44	02:15:40.85	02:16:30.55	6:25	9.3
192	VON BARDELEBEN AGNIESZKA	214	BABECZKI KOSZALIN	KOSZALIN	POL	K45-49	3	K 27	00:36:29	01:08:04	01:41:44	02:15:41.25	02:16:30.45	6:25	9.3
193	PANASZEWSKI PRZEMYSŁAW	157	NEW YORK ISLANDERS	KOSZALIN	POL	M18-29	17	M 166	00:34:45	01:06:17	01:39:50	02:15:59.30	02:16:48.70	6:26	9.3
194	HAŁAJKO MAGDALENA	56	BABECZKI	KOSZALIN	POL	K30-39	10	K 28	00:32:12	01:05:36	01:39:43	02:16:26.65	02:17:16.80	6:27	9.3
195	MAZUREK BARBARA	133	BABECZKI KOSZALIN	KOSZALIN	POL	K30-39	11	K 29	00:35:51	01:07:25	01:40:36	02:16:30.00	02:17:19.10	6:28	9.3
196	JUSZCZAK KRZYSZTOF	81		KOSZALIN	POL	M60-64	9	M 167	00:35:07	01:07:12	01:40:39	02:16:30.85	02:17:17.15	6:28	9.3
197	WOLAŃSKI MARIUSZ	227		KOŁOBRZEG	POL	M50-54	14	M 168	00:38:30	01:10:58	01:44:27	02:16:39.35	02:17:28.15	6:28	9.3
198	WOSZYTYL ALICJA	228		BĘDZINO	POL	K18-29	6	K 30	00:36:11	01:08:08	01:41:45	02:17:04.75	02:17:51.05	6:29	9.2
199	KORPAL CEZARY	104	ROZBIEGANY KOSZALIN	KOSZALIN	POL	M50-54	15	M 169	00:35:11	01:06:07	01:38:17	02:17:08.05	02:17:48.45	6:29	9.2
200	JANICKA KATARZYNA	68	BAJADERKI KOSZALIN	KOSZALIN	POL	K30-39	12	K 31	00:35:59	01:07:28	01:41:13	02:17:41.25	02:18:34.20	6:31	9.2
201	GRUDZIŃSKI MARCIN	51		KOSZALIN	POL	M30-39	59	M 170	00:35:59	01:07:28	01:41:13	02:17:41.55	02:18:34.35	6:31	9.2
202	KOLASA TOMASZ	98	KĄPIELE NA SPONTANIE	KOŁOBRZEG	POL	M45-49	17	M 171	00:38:30	01:10:58	01:44:26	02:18:04.15	02:18:52.30	6:32	9.2
203	JANUSZEWSKI JACEK	77	17 WOG KOSZALIN	KOSZALIN	POL	M50-54	16	M 172	00:31:44	01:02:26	01:39:35	02:21:08.80	02:21:49.75	6:41	9
204	WOJANOWSKI ZBIGNIEW	224	BIEGAM BO LUBIĘ	GRUDZIĄDZ	POL	M55-59	14	M 173	00:33:10	01:06:20	01:42:29	02:21:08.95	02:21:48.05	6:41	9
205	OLINSKI AREK	153	WIDZEW	SIANÓW	POL	M30-39	60	M 174	00:34:03	01:07:03	01:42:26	02:21:28.95	02:22:03.85	6:42	8.9
206	ŻUREK KAMILA	240		KOSZALIN	POL	M30-39	61	M 175	00:37:12	01:10:10	01:45:24	02:21:29.55	02:22:04.00	6:42	8.9
207	BRODOWSKA HONORATA	16		KOSZALIN	POL	K30-39	13	K 32	00:37:59	01:11:32	01:46:16	02:21:33.55	02:22:20.80	6:42	8.9

**PÓŁMARATON KOSZALIN - 21.1KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6.1km	11.1km	16.1km	Netto	Brutto	min/km	km/h
208	KANIA PAULINA	87	HERB PIETRUSZKI	KOSZALIN	POL	K18-29	7	K 33	00:35:16	01:08:08	01:44:59	02:22:32.50	02:23:16.40	6:45	8.9
209	DĄBROWSKA ALICJA	116	TKKF KOSZALIN	SIANÓW	POL	K50-54	1	K 34	00:36:02	01:08:39	01:45:18	02:23:08.90	02:23:58.60	6:47	8.8
210	JAROSZ JAKUB	78	TKKF KOSZALIN	SUCHA KOSZALIŃSKA	POL	M18-29	18	M 176	00:32:41	01:05:39	01:45:58	02:23:17.00	02:23:56.65	6:47	8.8
211	PRENDECKA SYLWIA	169	RUNNERS OF WAŁCZ	KŁĘBOWIEC	POL	K30-39	14	K 35	00:37:03	01:11:18	01:45:31	02:23:50.65	02:24:30.85	6:49	8.8
212	DATA DARIUSZ	32		KOSZALIN	POL	M40-44	36	M 177	00:35:23	01:09:08	01:45:44	02:24:24.35	02:25:06.30	6:50	8.8
213	JANKOWSKA JUSTYNA	71		SŁUPSK	POL	K30-39	15	K 36	00:35:33	01:10:17	01:47:42	02:24:48.90	02:25:25.45	6:51	8.7
214	MALINOWSKA MAŁGORZATA	129	STR- ŚWIDWIN	ŚWIDWIN	POL	K55-59	2	K 37	00:37:19	01:14:10	01:51:13	02:27:59.85	02:28:42.50	7:00	8.6
215	MARZEC EDWIN	255	HERB PIETRUSZKI	KOSZALIN	POL	M18-29	19	M 178	00:35:15	01:08:08	01:47:48	02:28:20.50	02:29:04.70	7:01	8.5
216	KOZŁOWSKA-NAJDER MAGDA	111		KOSZALIN	POL	K40-44	10	K 38	00:41:33	01:16:12	01:51:56	02:28:42.50	02:29:29.20	7:02	8.5
217	NAJDER KRZYSIEK	146		KOSZALIN	POL	M40-44	37	M 179	00:41:34	01:16:13	01:51:56	02:28:43.05	02:29:28.75	7:02	8.5
218	PUSCIAN KRZYSZTOF	172	GIMNAZJUM W MANOWIE	MANOWO	POL	M40-44	38	M 180	00:37:03	01:13:51	01:51:01	02:29:58.10	02:30:41.35	7:06	8.4
219	KUREK ANETA	120	GIMNAZJUM W MANOWIE	MANOWO	POL	K40-44	11	K 39	00:37:04	01:13:52	01:51:03	02:29:59.45	02:30:41.70	7:06	8.4
220	KURŁOWICZ KRZYSIEK	260		KOSZALIN	POL	M30-39	62	M 181	00:37:43	01:13:35	01:50:45	02:31:43.35	02:32:26.15	7:11	8.3
221	GZELA OLGA	55	BIEGNIJMY.PL	KOSZALIN	POL	K30-39	16	K 40	00:38:23	01:14:12	01:51:29	02:31:53.25	02:32:34.70	7:11	8.3
222	DZIUBA KRZYSZTOF	254		LUBLINIEC	POL	M18-29	20	M 182	00:35:22	01:08:03	01:49:39	02:31:55.65	02:32:32.80	7:11	8.3
223	KOMOROWSKA BEATA	99	ROZBIEGANY KOSZALIN	KOSZALIN	POL	K30-39	17	K 41	00:38:57	01:15:25	01:54:35	02:34:32.75	02:35:20.75	7:19	8.2
224	TREJDER MARIA	210	BAJADERKI KOSZALIN	KOSZALIN	POL	K40-44	12	K 42	00:40:59	01:18:24	01:57:14	02:35:53.80	02:36:41.75	7:23	8.1
225	PIOR TOMASZ	168		KONIKOWO	POL	M30-39	63	M 183	00:34:45	01:13:12	01:54:05	02:36:09.90	02:36:50.55	7:24	8.1
226	KURCZ BARBARA	118	BABECZKI KOSZALIN	KOSZALIN	POL	K45-49	4	K 43	00:42:00	01:19:38	01:59:27	02:42:38.35	02:43:28.55	7:42	7.8
227	PASEK PAULA	158		DUNOWO	POL	K30-39	18	K 44	00:41:42	01:21:37	02:04:08	02:50:32.35	02:51:23.85	8:04	7.4
228	PASEK JAN	159		DUNOWO	POL	M60-64	10	M 184	00:41:43	01:21:39	02:04:09	02:50:33.50	02:51:24.10	8:05	7.4
229	GONKA KRZYSZTOF	47	DECATHLON KOSZALIN	KOSZALIN	POL	M18-29	21	M 185	00:30:17	00:56:02	01:23:20			5:10	11.6
230	BIELSKI SEBASTIAN	8	NOWOGARD	NOWOGARD	POL	M18-29	22	M 186	00:25:54	00:48:26				4:21	13.8
231	TOMCZAK MAREK	208	ROZBIEGANY KOSZALIN	KOSZALIN	POL	M30-39	64	M 187	00:27:19	00:51:07				4:36	13
232	ROSZCZYŃSKI MICHAŁ	175		GDYNIA	POL	M30-39	65	M 188	00:29:29	00:56:43				5:06	11.7
233	LECH SYLWESTER	122	SZKÓŁKA PŁYWACKA DEPKA	KOŁOBRZEG	POL	M30-39	66	M 189	00:30:39	00:58:45				5:17	11.3
234	TARNIOŃEK KATARZYNA	206		DARŁOWO	POL	K30-39	19	K 45	00:30:11	00:59:18				5:20	11.2
235	PRZYKUCKI TOMASZ	170		MROZÓW	POL	M30-39	67	M 190	00:25:51					4:23	13.6
236	SZCZEBLEWSKI GRZEGORZ	201		KOSZALIN	POL	M40-44	39	M 191						6:41	9
	GODLEWSKI TOMASZ	45		KOSZALIN	POL	M18-29			00:32:12	00:58:49	01:30:29	DNF	DNF	-	-
									DNF	DNF	DNF				