

## SIANOWSKA 5

Organizator: Urząd Gminy Sianów, Ranking Biegaczy  
Data: 2021-08-28  
Miejsce: Sianów  
Dystans: 5 km  
Klasyfikacja wg czasów brutto.



### SIANOWSKA 5, OPEN

| M-ce | Nazwisko i imię      | Nr  | Klub                       | M-scowość       | Kraj | Kat.    | M. kat | K/M  | Netto       | Brutto      | min/km | km/h |
|------|----------------------|-----|----------------------------|-----------------|------|---------|--------|------|-------------|-------------|--------|------|
| 1    | WALEŃSKI MICHAŁ      | 187 | TKKF KOSZALIN              | SKIBIENKO       | POL  | OPEN -M | 1      | M 1  | 00:18:58.91 | 00:18:58.91 | 3:47   | 15.8 |
| 2    | SKLORZ PAWEŁ         | 195 |                            | KATOWICE        | POL  | OPEN -M | 2      | M 2  | 00:19:20.48 | 00:19:20.48 | 3:52   | 15.5 |
| 3    | POLAK SZYMON         | 209 | ROZBIEGANY KOSZALIN        | KOSZALIN        | POL  | OPEN -M | 3      | M 3  | 00:19:23.35 | 00:19:23.35 | 3:52   | 15.5 |
| 4    | ZWOLIŃSKI JAN        | 171 | TKKF KOSZALIN              | WIERCISZEWO     | POL  | OPEN -M | 4      | M 4  | 00:19:37.25 | 00:19:37.25 | 3:55   | 15.3 |
| 5    | WOJNIEWSKI ADRIAN    | 113 | ZASTOPIJ                   | SIANÓW          | POL  | OPEN -M | 5      | M 5  | 00:19:45.24 | 00:19:45.24 | 3:57   | 15.2 |
| 6    | KOZIEŁ PAWEŁ         | 194 |                            | RABINO          | POL  | OPEN -M | 6      | M 6  | 00:20:06.31 | 00:20:06.31 | 4:01   | 14.9 |
| 7    | SMOŁUCH MARCIN       | 180 | KB BRYZA POSTOMINO         | POSTOMINO       | POL  | OPEN -M | 7      | M 7  | 00:20:12.59 | 00:20:12.59 | 4:02   | 14.9 |
| 8    | MAĆKOWIAK KRZYSZTOF  | 166 |                            | KOSZALIN        | POL  | OPEN -M | 8      | M 8  | 00:20:50.14 | 00:20:50.14 | 4:10   | 14.4 |
| 9    | BEDNARSKA-BARAN ANNA | 121 |                            | KOSZALIN        | POL  | OPEN -K | 1      | K 1  | 00:21:35.87 | 00:21:35.87 | 4:19   | 13.9 |
| 10   | SPOLSKA WERONIKA     | 216 | SOBAS TEAM                 | ŚWIESZYNO       | POL  | OPEN -K | 2      | K 2  | 00:21:39.93 | 00:21:39.93 | 4:19   | 13.9 |
| 11   | BARUTOWICZ GRZEGORZ  | 139 | KB BRYZA POSTOMINO         | KOSZALIN        | POL  | OPEN -M | 9      | M 9  | 00:21:45.13 | 00:21:45.13 | 4:21   | 13.8 |
| 12   | MITUNIEWICZ ADRIAN   | 162 | BIEGOLAS                   | KOSZALIN        | POL  | OPEN -M | 10     | M 10 | 00:21:48.09 | 00:21:48.09 | 4:21   | 13.8 |
| 13   | BEDNARZ SEBASTIAN    | 206 |                            | KOSZALIN        | POL  | OPEN -M | 11     | M 11 | 00:21:49.22 | 00:21:49.22 | 4:21   | 13.8 |
| 14   | MAZIEC BEATA         | 130 | BIEGOLAS                   | KOSZALIN        | POL  | OPEN -K | 3      | K 3  | 00:21:50.17 | 00:21:50.17 | 4:22   | 13.7 |
| 15   | SZCZUBLEWSKI MARTIN  | 214 | BIEGOLAS/KORONA / KOSZALIN | KOSZALIN        | POL  | OPEN -M | 12     | M 12 | 00:22:28.79 | 00:22:28.79 | 4:29   | 13.4 |
| 16   | KRUPIŃSKI KRZYSZTOF  | 165 | E-UROLOG.EU KOSZALIN       | KOSZALIN        | POL  | OPEN -M | 13     | M 13 | 00:22:30.82 | 00:22:30.82 | 4:30   | 13.3 |
| 17   | MILEWSKI TOMASZ      | 211 |                            | KOSZALIN        | POL  | OPEN -M | 14     | M 14 | 00:22:32.57 | 00:22:32.57 | 4:30   | 13.3 |
| 18   | WAWRZYN GRZEGORZ     | 145 |                            | KOSZALIN        | POL  | OPEN -M | 15     | M 15 | 00:22:49.64 | 00:22:49.64 | 4:33   | 13.1 |
| 19   | SZCZYPEK ARKADIUSZ   | 224 |                            |                 | POL  | OPEN -M | 16     | M 16 | 00:22:59.72 | 00:22:59.72 | 4:35   | 13.1 |
| 20   | KOZŁOWICZ KRZYSZTOF  | 164 |                            | KOSZALIN        | POL  | OPEN -M | 17     | M 17 | 00:23:01.53 | 00:23:01.53 | 4:36   | 13   |
| 21   | GRABAREK EWELENA     | 141 |                            | WIERCISZEWO     | POL  | OPEN -K | 4      | K 4  | 00:23:07.83 | 00:23:07.83 | 4:37   | 13   |
| 22   | KRUK MARCIN          | 178 |                            | KOSZALIN        | POL  | OPEN -M | 18     | M 18 | 00:23:15.87 | 00:23:15.87 | 4:39   | 12.9 |
| 23   | PAWLIK WIOLETTA      | 217 | TKKF KOSZALIN              | KOSZALIN        | POL  | OPEN -K | 5      | K 5  | 00:23:20.31 | 00:23:20.31 | 4:40   | 12.9 |
| 24   | HOREGLAD PAWEŁ       | 193 |                            | KOSZALIN        | POL  | OPEN -M | 19     | M 19 | 00:23:23.50 | 00:23:23.50 | 4:40   | 12.8 |
| 25   | WERSOCKI ARTUR       | 120 |                            | KOSZALIN        | POL  | OPEN -M | 20     | M 20 | 00:23:23.57 | 00:23:23.57 | 4:40   | 12.8 |
| 26   | ORDA MARCIN          | 179 |                            | KAMIEŃ RYMAŃSKI | POL  | OPEN -M | 21     | M 21 | 00:23:39.37 | 00:23:39.37 | 4:43   | 12.7 |
| 27   | ROGAŁ JACEK          | 118 | ZASTOPIJ                   | SIANÓW          | POL  | OPEN -M | 22     | M 22 | 00:23:43.75 | 00:23:43.75 | 4:44   | 12.6 |
| 28   | KUSNIERZ JULIA       | 154 |                            | KOSZALIN        | POL  | OPEN -K | 6      | K 6  | 00:23:45.86 | 00:23:45.86 | 4:45   | 12.6 |
| 29   | KULCZYK KATARZYNA    | 161 | KB BRYZA POSTOMINO         | POSTOMINO       | POL  | OPEN -K | 7      | K 7  | 00:23:50.30 | 00:23:50.30 | 4:46   | 12.6 |
| 30   | KLENIEWSKI PIOTR     | 200 |                            | KOSZALIN        | POL  | OPEN -M | 23     | M 23 | 00:23:56.35 | 00:23:56.35 | 4:47   | 12.5 |
| 31   | ZIELIŃSKI MICHAŁ     | 222 |                            |                 | POL  | OPEN -M | 24     | M 24 | 00:23:59.16 | 00:23:59.16 | 4:47   | 12.5 |
| 32   | PANCERZYŃSKI ŁUKASZ  | 170 |                            | KOSZALIN        | POL  | OPEN -M | 25     | M 25 | 00:24:01.40 | 00:24:01.40 | 4:48   | 12.5 |
| 33   | RUTKOWSKI RYSZARD    | 205 | RUNKING.INFO               | KOSZALIN        | POL  | OPEN -M | 26     | M 26 | 00:24:02.96 | 00:24:02.96 | 4:48   | 12.5 |
| 34   | KILAR TOMASZ         | 111 |                            | KOSZALIN        | POL  | OPEN -M | 27     | M 27 | 00:24:06.22 | 00:24:06.22 | 4:49   | 12.4 |
| 35   | NOREK TOMEK          | 213 |                            | KOSZALIN        | POL  | OPEN -M | 28     | M 28 | 00:24:14.66 | 00:24:14.66 | 4:50   | 12.4 |
| 36   | KRUPIŃSKA BEATA      | 129 | E-UROLOG.EU KOSZALIN       | KOSZALIN        | POL  | OPEN -K | 8      | K 8  | 00:24:17.39 | 00:24:17.39 | 4:51   | 12.4 |
| 37   | PIECHOTA ROBERT      | 204 | ROZBIEGANY KOSZALIN        | KOSZALIN        | POL  | OPEN -M | 29     | M 29 | 00:24:32.68 | 00:24:32.68 | 4:54   | 12.2 |
| 38   | KACPRZAK MAGDALENA   | 174 |                            | KOSZALIN        | POL  | OPEN -K | 9      | K 9  | 00:24:56.96 | 00:24:56.96 | 4:59   | 12   |
| 39   | KUPCZAK DAMIAN       | 134 |                            | SIANÓW          | POL  | OPEN -M | 30     | M 30 | 00:25:00.37 | 00:25:00.37 | 5:00   | 12   |
| 40   | SOBIENIAK MACIEJ     | 172 |                            | KOSZALIN        | POL  | OPEN -M | 31     | M 31 | 00:25:02.00 | 00:25:02.00 | 5:00   | 12   |
| 41   | GARNCAREK PAWEŁ      | 159 | BIEGOLAS                   | KOSZALIN        | POL  | OPEN -M | 32     | M 32 | 00:25:13.26 | 00:25:13.26 | 5:02   | 11.9 |
| 42   | NAWROCKI MICHAŁ      | 186 |                            | KAMIEŃ RYMAŃSKI | POL  | OPEN -M | 33     | M 33 | 00:25:17.65 | 00:25:17.65 | 5:03   | 11.9 |
| 43   | HAŁAJKO MAGDALENA    | 173 |                            | KOSZALIN        | POL  | OPEN -K | 10     | K 10 | 00:25:36.41 | 00:25:36.41 | 5:07   | 11.7 |
| 44   | ANGRYŚ MACIEJ        | 116 | ZASTOPIJ                   | SIANÓW          | POL  | OPEN -M | 34     | M 34 | 00:25:38.60 | 00:25:38.60 | 5:07   | 11.7 |
| 45   | RUTKOWSKI ARTUR      | 125 | RUNKING.INFO               | KOSZALIN        | POL  | OPEN -M | 35     | M 35 | 00:25:43.38 | 00:25:43.38 | 5:08   | 11.7 |
| 46   | GUTOWSKI MAREK       | 181 |                            | KOSZALIN        | POL  | OPEN -M | 36     | M 36 | 00:25:59.61 | 00:25:59.61 | 5:11   | 11.5 |

**SIANOWSKA 5, OPEN c.d.**

| M-ce | Nazwisko i imię        | Nr  | Klub                | M-scowość       | Kraj | Kat.    | M. kat | K/M  | Netto       | Brutto      | min/km | km/h |
|------|------------------------|-----|---------------------|-----------------|------|---------|--------|------|-------------|-------------|--------|------|
| 47   | KUTOWICZ JAGODA        | 122 |                     | KOSZALIN        | POL  | OPEN -K | 11     | K 11 | 00:26:06.43 | 00:26:06.43 | 5:13   | 11.5 |
| 48   | KOZŁOWIECKI WALDEMAR   | 215 | TKKF KOSZALIN       | KOSZALIN        | POL  | OPEN -M | 37     | M 37 | 00:26:12.80 | 00:26:12.80 | 5:14   | 11.5 |
| 49   | KAMYK PIOTR            | 199 |                     | KOSZALIN        | POL  | OPEN -M | 38     | M 38 | 00:26:15.30 | 00:26:15.30 | 5:15   | 11.4 |
| 50   | WYSOCKA URSZULA        | 112 | SPORTOWE BIELICE    | BIELICE         | POL  | OPEN -K | 12     | K 12 | 00:26:22.04 | 00:26:22.04 | 5:16   | 11.4 |
| 51   | KONKEL ŁUKASZ          | 169 |                     | KOSZALIN        | POL  | OPEN -M | 39     | M 39 | 00:26:26.62 | 00:26:26.62 | 5:17   | 11.3 |
| 52   | PEŁKA IWONA            | 149 |                     | KOSZALIN        | POL  | OPEN -K | 13     | K 13 | 00:26:42.29 | 00:26:42.29 | 5:20   | 11.2 |
| 53   | JUSZCZAK KRZYSZTOF     | 163 |                     | KOSZALIN        | POL  | OPEN -M | 40     | M 40 | 00:26:42.82 | 00:26:42.82 | 5:20   | 11.2 |
| 54   | ANGRYS MACIEJ          | 226 |                     |                 | POL  | OPEN -M | 41     | M 41 | 00:27:07.91 | 00:27:07.91 | 5:25   | 11.1 |
| 55   | GREMBLEWSKI DARIUSZ    | 137 |                     | KAMIEŃ RYMAŃSKI | POL  | OPEN -M | 42     | M 42 | 00:27:09.48 | 00:27:09.48 | 5:25   | 11   |
| 56   | RASZPLA ILONA          | 148 | BIEGOLAS            | KOSZALIN        | POL  | OPEN -K | 14     | K 14 | 00:27:22.93 | 00:27:22.93 | 5:28   | 11   |
| 57   | KĘSIK MICHAŁ           | 185 |                     | KOSZALIN        | POL  | OPEN -M | 43     | M 43 | 00:27:57.03 | 00:27:57.03 | 5:35   | 10.7 |
| 58   | GAWIECKI PIOTR         | 198 | ROZBIEGANY KOSZALIN | KOSZALIN        | POL  | OPEN -M | 44     | M 44 | 00:28:06.22 | 00:28:06.22 | 5:37   | 10.7 |
| 59   | DOBOSZ JAROSŁAW        | 152 |                     | KOSZALIN        | POL  | OPEN -M | 45     | M 45 | 00:28:14.79 | 00:28:14.79 | 5:38   | 10.6 |
| 60   | ROGAŁA JACEK           | 228 |                     |                 | POL  | OPEN -M | 46     | M 46 | 00:28:31.40 | 00:28:31.40 | 5:42   | 10.5 |
| 61   | DOGIEL JACEK           | 151 | JUDO GWARDIA        | KOSZALIN        | POL  | OPEN -M | 47     | M 47 | 00:28:36.12 | 00:28:36.12 | 5:43   | 10.5 |
| 62   | GRZELAK KARINA         | 158 | ROZBIEGANY KOSZALIN | KOSZALIN        | POL  | OPEN -K | 15     | K 15 | 00:28:37.33 | 00:28:37.33 | 5:43   | 10.5 |
| 63   | KUBALSKI FILIP         | 142 |                     | SIANÓW          | POL  | OPEN -M | 48     | M 48 | 00:28:46.14 | 00:28:46.14 | 5:45   | 10.4 |
| 64   | SAMORAJCZYK PIOTR      | 225 |                     |                 | POL  | OPEN -M | 49     | M 49 | 00:28:56.43 | 00:28:56.43 | 5:47   | 10.4 |
| 65   | MERKIS MAŁGORZATA      | 176 | FPP KOSZALIN        | KOSZALIN        | POL  | OPEN -K | 16     | K 16 | 00:29:01.04 | 00:29:01.04 | 5:48   | 10.3 |
| 66   | STUDZIŃSKA KASIA       | 160 |                     | KOSZALIN        | POL  | OPEN -K | 17     | K 17 | 00:29:17.38 | 00:29:17.38 | 5:51   | 10.2 |
| 67   | BOJAR NATALIA          | 190 |                     | ŚWIELINO        | POL  | OPEN -K | 18     | K 18 | 00:29:17.64 | 00:29:17.64 | 5:51   | 10.2 |
| 68   | SZCZYPEK ARKADIUSZ     | 114 | ZASTOPIJ            | SIANÓW          | POL  | OPEN -M | 50     | M 50 | 00:30:02.03 | 00:30:02.03 | 6:00   | 10   |
| 69   | KAZIMIEROWICZ RADOSŁAW | 201 |                     | KOSZALIN        | POL  | OPEN -M | 51     | M 51 | 00:30:02.31 | 00:30:02.31 | 6:00   | 10   |
| 70   | GRABAREK KACPER        | 155 |                     | KOSZALIN        | POL  | OPEN -M | 52     | M 52 | 00:30:18.13 | 00:30:18.13 | 6:03   | 9.9  |
| 71   | GŁOWACKI WŁODZIMIERZ   | 218 |                     | KOSZALIN        | POL  | OPEN -M | 53     | M 53 | 00:30:42.66 | 00:30:42.66 | 6:08   | 9.8  |
| 72   | DOBOSZ MICHAŁ          | 184 |                     | KOSZALIN        | POL  | OPEN -M | 54     | M 54 | 00:31:30.83 | 00:31:30.83 | 6:18   | 9.5  |
| 73   | WACHHOLZ BEATA         | 131 | KB BRYZA POSTOMINO  | POSTOMINO       | POL  | OPEN -K | 19     | K 19 | 00:31:30.87 | 00:31:30.87 | 6:18   | 9.5  |
| 74   | DOBOSZ IZABELLA        | 150 |                     | KOSZALIN        | POL  | OPEN -K | 20     | K 20 | 00:31:54.48 | 00:31:54.48 | 6:22   | 9.4  |
| 75   | JARCZEWSKA RENATA      | 202 |                     |                 | POL  | OPEN -K | 21     | K 21 | 00:32:34.69 | 00:32:34.69 | 6:30   | 9.2  |
| 76   | HARASYM DANIEL         | 223 |                     |                 | POL  | OPEN -M | 55     | M 55 | 00:33:00.62 | 00:33:00.62 | 6:36   | 9.1  |
| 77   | WALKOWIAK DARIUSZ      | 138 |                     | KROKOWO         | POL  | OPEN -M | 56     | M 56 | 00:33:12.82 | 00:33:12.82 | 6:38   | 9    |
| 78   | GAWIECKA MARIOLA       | 182 | ROZBIEGANY KOSZALIN | KOSZALIN        | POL  | OPEN -K | 22     | K 22 | 00:35:26.46 | 00:35:26.46 | 7:05   | 8.5  |
| 79   | SAMURAJCZYK PIOTR      | 115 | ZASTOPIJ            | SIANÓW          | POL  | OPEN -M | 57     | M 57 | 00:35:26.51 | 00:35:26.51 | 7:05   | 8.5  |
| 80   | STAŃCZAK KAMILA        | 156 |                     | KOSZALIN        | POL  | OPEN -K | 23     | K 23 | 00:35:32.23 | 00:35:32.23 | 7:06   | 8.4  |
| 81   | WÓJCICKI FILIP         | 143 |                     | KOSZALIN        | POL  |         |        | M 58 | 00:39:06.91 | 00:39:06.91 | 7:49   | 7.7  |
| 82   | WÓJCICKA SYLWIA        | 208 |                     | KOSZALIN        | POL  |         |        | K 24 | 00:39:08.24 | 00:39:08.24 | 7:49   | 7.7  |
| 83   | HARASYM MICHAŁ         | 127 |                     | KOSZALIN        | POL  | OPEN -M | 58     | M 59 | 00:40:45.63 | 00:40:45.63 | 8:09   | 7.4  |
| 84   | KACPRZAK IGOR          | 124 |                     | SIANÓW          | POL  | OPEN -M | 59     | M 60 | 00:42:21.20 | 00:42:21.20 | 8:28   | 7.1  |
| 85   | RADZIUSZ ILONA         | 147 |                     | KOSZALIN        | POL  |         |        | K 25 | 00:42:21.20 | 00:42:21.20 | 8:28   | 7.1  |
| 86   | PAŁASZ KAROLINA        | 229 |                     |                 | POL  | OPEN -M | 60     | M 61 | 00:43:33.76 | 00:43:33.76 | 8:42   | 6.9  |
| 87   | JURALEWICZ PAWEŁ       | 117 | ZASTOPIJ            | SIANÓW          | POL  | OPEN -M | 61     | M 62 | 00:43:33.96 | 00:43:33.96 | 8:42   | 6.9  |
| 88   | BOJAR AMELIA           | 144 |                     | KOSZALIN        | POL  | OPEN -K | 24     | K 26 | 00:43:34.11 | 00:43:34.11 | 8:42   | 6.9  |
| 89   | JURALEWICZ PAWEŁ       | 227 |                     |                 | POL  | OPEN -M | 62     | M 63 | 00:45:30.88 | 00:45:30.88 | 9:06   | 6.6  |
| 90   | DRUSZCZ PATRYK         | 128 |                     | SIANÓW          | POL  | OPEN -M | 63     | M 64 | 00:45:32.41 | 00:45:32.41 | 9:06   | 6.6  |
| 91   | KUTOWICZ MONIKA        | 188 |                     | KOSZALIN        | POL  |         |        | K 27 | 00:47:24.50 | 00:47:24.50 | 9:28   | 6.3  |
| 92   | KACPRZAK SEBASTIAN     | 126 |                     | KOSZALIN        | POL  | OPEN -M | 64     | M 65 | 00:51:17.02 | 00:51:17.02 | 10:15  | 5.8  |
| 93   | KACPRZAK LENA          | 123 |                     | KOSZALIN        | POL  | OPEN -K | 25     | K 28 | 00:51:17.10 | 00:51:17.10 | 10:15  | 5.8  |
| 94   | JAWORSKI MARCIN        | 177 |                     | PIESZCZ         | POL  |         |        | M 66 | 00:52:12.95 | 00:52:12.95 | 10:26  | 5.7  |
| 95   | JAWORSKI ROBERT        | 203 | KB BRYZA POSTOMINO  | POSTOMINO       | POL  |         |        | M 67 | 00:52:13.47 | 00:52:13.47 | 10:26  | 5.7  |
| 96   | JAWORSKA EWA           | 140 |                     | PIESZCZ         | POL  |         |        | K 29 | 00:52:13.75 | 00:52:13.75 | 10:26  | 5.7  |