

## SUUNTO SPRINT NA BŁĘDNE SKAŁY

Organizator: Fundacja MARATONY GÓRSKIE

Data: 2022-04-10

Miejsce: Kudowa-Zdrój

Dystans: 10 km

Klasyfikacja wg czasów netto.

## SUUNTO SPRINT NA BŁĘDNE SKAŁY, OPEN

| M-ce | Nazwisko i imię        | Nr   | Klub                           | M-scowość            | Kraj | Kat. | M. kat | K/M  | Netto       | min/km | km/h |
|------|------------------------|------|--------------------------------|----------------------|------|------|--------|------|-------------|--------|------|
| 1    | GLAPIAK DAMIAN         | 4344 | ADRUNAFINE                     |                      | POL  | M-40 | 1      | M 1  | 00:54:46.70 | 5:28   | 11   |
| 2    | LAGNER SEBASTIAN       | 4262 | KB SOBÓTKA/ PRZEDWOJEWSKI_TEAM | SOBÓTKA              | POL  | M-30 | 1      | M 2  | 00:56:18.80 | 5:37   | 10.7 |
| 3    | URBAŃCZYK KAROL        | 3012 | NON STOP TRAIL                 | GLIWICE              | POL  | M-30 | 2      | M 3  | 01:00:25.00 | 6:02   | 9.9  |
| 4    | MASIAREK MACIEJ        | 3235 |                                | PIOTRKÓW TRYBUNALSKI | POL  | M-20 | 1      | M 4  | 01:00:26.40 | 6:02   | 9.9  |
| 5    | SZCZEŚNIEWSKI MIŁOSZ   | 3253 | SALCO GARMIN TEAM              | DĄBCZE               | POL  | M-30 | 3      | M 5  | 01:00:35.00 | 6:03   | 9.9  |
| 6    | SZKOŁA WOJCIECH        | 4306 | NATURAL BORN RUNNERS           | POZNAŃ               | POL  | M-30 | 4      | M 6  | 01:02:36.95 | 6:15   | 9.6  |
| 7    | PIHIL PIOTR            | 4345 |                                | WSCHOWA              | POL  | M-40 | 2      | M 7  | 01:02:39.30 | 6:15   | 9.6  |
| 8    | ROSKOSZ BARTOSZ        | 4329 | KB HARCOWNIK JELCZ-LASKOWICE   | MIŁOSZYCE            | POL  | M-30 | 5      | M 8  | 01:06:38.65 | 6:39   | 9    |
| 9    | IWAŃSKI BARTŁOMIEJ     | 3237 | TEAM KOLARZ POLANICA           | WARSZAWA             | POL  | M-20 | 2      | M 9  | 01:06:45.45 | 6:40   | 9    |
| 10   | KULIK-GAWĘDA IWONA     | 4083 | KUDOWIANKARUN                  | KUDOWA-ZDRÓJ         | POL  | K-30 | 1      | K 1  | 01:09:13.20 | 6:55   | 8.7  |
| 11   | RĄCZKOWSKI DANIEL      | 3119 | KB ZDYSZAAANI CHOCIANÓW        | CHOCIANÓW            | POL  | M-30 | 6      | M 10 | 01:10:21.25 | 7:02   | 8.5  |
| 12   | SENKOWSKI JAKUB        | 4334 |                                | KRAKÓW               | POL  | M-30 | 7      | M 11 | 01:10:22.65 | 7:02   | 8.5  |
| 13   | GRYNKIEWICZ KRZYSZTOF  | 4275 | TRÓJKOWY KLUB TURYSTYCZNY      | WROCŁAW              | POL  | M-20 | 3      | M 12 | 01:10:23.40 | 7:02   | 8.5  |
| 14   | KOTARSKI JAROSŁAW      | 3047 |                                | WROCŁAW              | POL  | M-30 | 8      | M 13 | 01:11:05.75 | 7:06   | 8.4  |
| 15   | MOCZULSKA MAŁGORZATA   | 4294 |                                | ŻARÓW                | POL  | K-40 | 1      | K 2  | 01:11:59.95 | 7:11   | 8.3  |
| 16   | STANKIEWICZ TOMASZ     | 4236 | PLANYBIEGOWE.PL                | SREBRNA GÓRA         | POL  | M-30 | 9      | M 14 | 01:12:14.15 | 7:13   | 8.3  |
| 17   | FLOREK KATARZYNA       | 4244 | 140MINUT.PL                    | WROCŁAW              | POL  | K-30 | 2      | K 3  | 01:12:49.05 | 7:16   | 8.2  |
| 18   | MISZTAŁ KAMIL          | 4320 |                                | GLIWICE              | POL  | M-30 | 10     | M 15 | 01:12:49.50 | 7:16   | 8.2  |
| 19   | ZAJĄCZKOWSKI JAKUB     | 4061 | MASTERCHEM RUN TEAM            | ZIELONA GÓRA         | POL  | M-40 | 3      | M 16 | 01:12:51.60 | 7:17   | 8.2  |
| 20   | SADOWSKI MAREK         | 4165 |                                | WARSZAWA             | POL  | M-40 | 4      | M 17 | 01:12:59.70 | 7:17   | 8.2  |
| 21   | STYPEREK JAKUB         | 3142 | VEGE RUNNERS                   | PSARSKIE             | POL  | M-40 | 5      | M 18 | 01:14:10.60 | 7:25   | 8.1  |
| 22   | SKOWROŃSKI JANUSZ      | 3255 |                                | OLEŚNICA POLSKA      | POL  | M-40 | 6      | M 19 | 01:14:14.00 | 7:25   | 8.1  |
| 23   | DOMAGAŁA GRZEGORZ      | 3113 |                                | JAWOR                | POL  | M-30 | 11     | M 20 | 01:14:15.85 | 7:25   | 8.1  |
| 24   | KRAJEWSKI MARCIN       | 4234 | ZRYW PARZYMIECHY               | PARZYMIECHY          | POL  | M-40 | 7      | M 21 | 01:14:24.10 | 7:26   | 8.1  |
| 25   | ŁĘŻNIAK ALEKSANDER     | 4257 | MONK SANDALS TEAM              | SOBÓTKA              | POL  | M-30 | 12     | M 22 | 01:15:01.10 | 7:30   | 8    |
| 26   | ŁOPATYŃSKI IREK        | 3129 | REMA SPORT TEAM                | ŁĄDEK ZDRÓJ          | POL  | M-50 | 1      | M 23 | 01:15:08.35 | 7:30   | 8    |
| 27   | KACZMARCZYK PRZEMYSŁAW | 3052 | 140MINUT.PL                    | ROLANTOWICE          | POL  | M-20 | 4      | M 24 | 01:15:46.50 | 7:34   | 7.9  |
| 28   | SZNUROWSKI MARIUSZ     | 4054 | KB SOBÓTKA                     | SOBÓTKA              | POL  | M-20 | 5      | M 25 | 01:16:00.80 | 7:36   | 7.9  |
| 29   | PYREK KRZYSZTOF        | 3114 | 1 RBLOG                        | WAŁCZ                | POL  | M-40 | 8      | M 26 | 01:16:08.90 | 7:36   | 7.9  |
| 30   | GRZĄBA SZYMON          | 4307 |                                | MIKOŁÓW              | POL  | M-40 | 9      | M 27 | 01:16:16.95 | 7:37   | 7.9  |
| 31   | NIEZGÓDKA TOMASZ       | 3258 | ZAŁOGA GÓRSKA                  | WROCŁAW              | POL  | M-50 | 2      | M 28 | 01:16:45.40 | 7:40   | 7.8  |
| 32   | WOLSKI MARCIN          | 4287 |                                | KŁODZKO              | POL  | M-30 | 13     | M 29 | 01:17:20.05 | 7:44   | 7.8  |
| 33   | KUCIAK BARTOSZ         | 4049 |                                | KROSNO               | POL  | M-30 | 14     | M 30 | 01:17:32.75 | 7:45   | 7.7  |
| 34   | BUDYNEK TADEUSZ        | 4144 | ALVO RACING TEAM               | DABROWA              | POL  | M-40 | 10     | M 31 | 01:18:01.55 | 7:48   | 7.7  |
| 35   | LITKA KRZYSZTOF        | 3019 | PZU SPORT TEAM                 | WROCŁAW              | POL  | M-40 | 11     | M 32 | 01:18:55.75 | 7:53   | 7.6  |
| 36   | LUBAŃSKI ROBERT        | 3210 |                                | BUKOWICE             | POL  | M-50 | 3      | M 33 | 01:19:03.85 | 7:54   | 7.6  |
| 37   | WOSZEK MARZENA         | 3133 |                                | OPOLE                | POL  | K-40 | 2      | K 4  | 01:19:12.60 | 7:55   | 7.6  |
| 38   | WIJATYK ADRIAN         | 3231 | KLUCZBORSKA GRUPA BIEGOWA      | KLUCZBORK            | POL  | M-30 | 15     | M 34 | 01:19:49.50 | 7:58   | 7.5  |
| 39   | RUSOŁ TOMASZ           | 3055 | TROPEM ULTRA                   | WROCŁAW              | POL  | M-30 | 16     | M 35 | 01:19:49.85 | 7:58   | 7.5  |
| 40   | ŁANGE SZYMON           | 3115 | WSK - SZYMONIX                 | ŚREM                 | POL  | M-40 | 12     | M 36 | 01:19:52.85 | 7:59   | 7.5  |
| 41   | GŁOWACKI ARTUR         | 3112 | KGHM ZG RUN                    | GŁOGÓW               | POL  | M-40 | 13     | M 37 | 01:19:55.95 | 7:59   | 7.5  |
| 42   | KARPOWICZ RAFAL        | 3079 |                                | WROCŁAW              | POL  | M-40 | 14     | M 38 | 01:19:56.40 | 7:59   | 7.5  |
| 43   | CZERCHAWSKI JANUSZ     | 3137 |                                | SIEMIANICE           | POL  | M-50 | 4      | M 39 | 01:19:56.60 | 7:59   | 7.5  |
| 44   | GONCZAR SZYMON         | 3256 |                                | RYBNIK               | POL  | M-30 | 17     | M 40 | 01:19:57.80 | 7:59   | 7.5  |
| 45   | MUCHA PIOTR            | 3110 |                                | WILKANOWO            | POL  | M-30 | 18     | M 41 | 01:20:11.85 | 8:01   | 7.5  |
| 46   | WOSZEK TOMASZ          | 3132 |                                | OPOLE                | POL  | M-40 | 15     | M 42 | 01:20:13.00 | 8:01   | 7.5  |

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| M-ce | Nazwisko i imię     | Nr   | Klub                                 | M-scowość        | Kraj | Kat. | M. kat | K/M  | Netto       | min/km | km/h |
|------|---------------------|------|--------------------------------------|------------------|------|------|--------|------|-------------|--------|------|
| 47   | HERBINGER MACIEJ    | 3249 |                                      | WROCŁAW          | POL  | M-40 | 16     | M 43 | 01:20:16.80 | 8:01   | 7.5  |
| 48   | WOKAN MARCIN        | 4008 |                                      | WROCŁAW          | POL  | M-40 | 17     | M 44 | 01:20:18.55 | 8:01   | 7.5  |
| 49   | MAŚLANY DOMINIK     | 3208 |                                      | GOSTYNIN         | POL  | M-40 | 18     | M 45 | 01:20:20.70 | 8:02   | 7.5  |
| 50   | HOLC KATARZYNA      | 3201 | BANDA GRUDNIA                        | LUBLIN           | POL  | K-30 | 3      | K 5  | 01:20:25.30 | 8:02   | 7.5  |
| 51   | PIETRASIK DAWID     | 4067 |                                      | SZCZECIN         | POL  | M-40 | 19     | M 46 | 01:20:27.10 | 8:02   | 7.5  |
| 52   | FRYSIAK ARTUR       | 4223 |                                      | WIELUŃ           | POL  | M-50 | 5      | M 47 | 01:20:27.55 | 8:02   | 7.5  |
| 53   | WOSZEK SZYMON       | 4182 |                                      | OPOLE            | POL  | M-20 | 6      | M 48 | 01:20:35.20 | 8:03   | 7.4  |
| 54   | OKOŁOTOWICZ MICHAŁ  | 4020 | NOA                                  | WROCŁAW          | POL  | M-30 | 19     | M 49 | 01:21:02.75 | 8:06   | 7.4  |
| 55   | GEZELA ROBERT       | 4007 | EUFORABIEGACZA TEAM                  | GÓRA             | POL  | M-40 | 20     | M 50 | 01:21:04.15 | 8:06   | 7.4  |
| 56   | SCHRODER PATRYK     | 3146 | WSK                                  | ZIELONA GÓRA     | POL  | M-40 | 21     | M 51 | 01:21:10.20 | 8:07   | 7.4  |
| 57   | WALKOWIAK TOMASZ    | 4284 |                                      | GRYFINO          | POL  | M-40 | 22     | M 52 | 01:21:33.95 | 8:09   | 7.4  |
| 58   | NIEDŹWIECKI MARCIN  | 3228 | TRIWAWA                              | WARSZAWA         | POL  | M-30 | 20     | M 53 | 01:22:12.95 | 8:13   | 7.3  |
| 59   | KOPCZYŃSKI ŁUKASZ   | 3006 | K-TEAM                               | WROCŁAW          | POL  | M-40 | 23     | M 54 | 01:22:19.80 | 8:13   | 7.3  |
| 60   | ORŁOWSKI KACPER     | 3136 |                                      | WROCŁAW          | POL  | M-30 | 21     | M 55 | 01:22:20.20 | 8:14   | 7.3  |
| 61   | JADACH GRZEGORZ     | 3160 | NOA                                  | WROCŁAW          | POL  | M-40 | 24     | M 56 | 01:22:25.50 | 8:14   | 7.3  |
| 62   | RÓŻYCKI JAROSŁAW    | 4319 | OBORNICKI KLUB LEKKOATLETYCZNY       | OBORNIKI         | POL  | M-40 | 25     | M 57 | 01:23:20.10 | 8:20   | 7.2  |
| 63   | RYBSKI WITOLD       | 4338 |                                      | 532060501        | POL  | M-40 | 26     | M 58 | 01:23:21.85 | 8:20   | 7.2  |
| 64   | SZCZEPANSKI BARTOSZ | 4309 | REBELS SOFTWARE                      | WROCŁAW          | POL  | M-30 | 22     | M 59 | 01:23:50.55 | 8:23   | 7.2  |
| 65   | BURA KRYSZTIAN      | 3074 |                                      | LESZNO           | POL  | M-30 | 23     | M 60 | 01:23:50.80 | 8:23   | 7.2  |
| 66   | DUDA MONIKA         | 4019 |                                      | SZCZECIN         | POL  | K-40 | 3      | K 6  | 01:23:52.45 | 8:23   | 7.2  |
| 67   | PAWZUN BARTOSZ      | 4116 | ZRYW PARZYMICHY                      | WROCŁAW          | POL  | M-30 | 24     | M 61 | 01:23:54.95 | 8:23   | 7.2  |
| 68   | BŁĄŻEJEWSKI ŁUKASZ  | 4310 |                                      | GŁOGÓW           | POL  | M-40 | 27     | M 62 | 01:23:55.90 | 8:23   | 7.1  |
| 69   | POLIWOZAK PATRYK    | 4132 | WILKI GÓR                            | MROWINY          | POL  | M-30 | 25     | M 63 | 01:23:59.55 | 8:23   | 7.1  |
| 70   | CHODKIEWICZ TOMASZ  | 4127 | GARDENFLORA MTB TEAM                 | BYDGOSZCZ        | POL  | M-40 | 28     | M 64 | 01:24:01.15 | 8:24   | 7.1  |
| 71   | ABRAMOWICZ AGATA    | 3250 |                                      | KRZEPÓW          | POL  | K-20 | 1      | K 7  | 01:24:12.70 | 8:25   | 7.1  |
| 72   | RZYHA HUBERT        | 3117 | RUNNER'S POWER                       | MOŚCENICA        | POL  | M-30 | 26     | M 65 | 01:25:17.40 | 8:31   | 7    |
| 73   | DĄBROWSKI MICHAŁ    | 4250 | CINCLUS                              | ŚWIĘTOCHŁOWICE   | POL  | M-50 | 6      | M 66 | 01:25:21.10 | 8:32   | 7    |
| 74   | WATROS ERYK         | 3126 | 31 BAZA LOTNICTWA TAKTYCZNEGO        | LUBOŃ            | POL  | M-30 | 27     | M 67 | 01:25:27.30 | 8:32   | 7    |
| 75   | JAKUS MICHAŁ        | 4314 | OTM.B                                | NYSA             | POL  | M-30 | 28     | M 68 | 01:25:28.80 | 8:32   | 7    |
| 76   | BRUS MARCIN         | 4093 |                                      | WARSZAWA         | POL  | M-40 | 29     | M 69 | 01:25:36.80 | 8:33   | 7    |
| 77   | RÓG KRZYSZTOF       | 3118 | KB ZDYSZAAANI CHOCIANÓW              | CHOCIANÓW        | POL  | M-50 | 7      | M 70 | 01:25:46.85 | 8:34   | 7    |
| 78   | ZIELIŃSKI MATEUSZ   | 3239 |                                      | KRAKÓW           | POL  | M-30 | 29     | M 71 | 01:26:16.60 | 8:37   | 7    |
| 79   | ŁUSIAK ŁUKASZ       | 4298 |                                      | SOBÓTKA          | POL  | M-30 | 30     | M 72 | 01:26:29.30 | 8:38   | 6.9  |
| 80   | BOKSZA PIOTR        | 3190 | TIME4RUNNING                         | TRESTA           | POL  | M-40 | 30     | M 73 | 01:26:34.90 | 8:39   | 6.9  |
| 81   | RUDNICKI KRZYSZTOF  | 4337 |                                      | KIETRZ           | POL  | M-30 | 31     | M 74 | 01:26:35.15 | 8:39   | 6.9  |
| 82   | CIEPŁY KAMIL        | 3175 | GARMIN WROCŁAW                       | WROCŁAW          | POL  | M-30 | 32     | M 75 | 01:26:36.10 | 8:39   | 6.9  |
| 83   | MAŁYSZKA KRZYSZTOF  | 3205 | KRISTRANS KRZYSZTOF MAŁYSZKA         | KOBYLNICIA       | POL  | M-50 | 8      | M 76 | 01:26:36.60 | 8:39   | 6.9  |
| 84   | MALEŃCZAK PIOTR     | 3125 |                                      | WARSZAWA         | POL  | M-30 | 33     | M 77 | 01:26:38.10 | 8:39   | 6.9  |
| 85   | BUCHAŁA BARTEK      | 3187 |                                      | KATOWICE         | POL  | M-40 | 31     | M 78 | 01:26:39.30 | 8:39   | 6.9  |
| 86   | MUCHA ADAM          | 3093 |                                      | BORÓWIEC         | POL  | M-50 | 9      | M 79 | 01:26:41.20 | 8:40   | 6.9  |
| 87   | KŁODA DARIUSZ       | 3026 | DRUŻYNA SZPIKU                       | CZAPURY          | POL  | M-40 | 32     | M 80 | 01:26:43.50 | 8:40   | 6.9  |
| 88   | WRÓBEL MARCIN       | 4245 |                                      | ZBAŚZYŃ          | POL  | M-40 | 33     | M 81 | 01:26:49.75 | 8:40   | 6.9  |
| 89   | ZIELIŃSKI DOMINIK   | 4332 |                                      | ŚREM             | POL  | M-30 | 34     | M 82 | 01:26:50.35 | 8:41   | 6.9  |
| 90   | BARANIAK ROBERT     | 4267 | JIM TEAM MTB GOSTYŃ                  | GOSTYŃ           | POL  | M-40 | 34     | M 83 | 01:26:52.95 | 8:41   | 6.9  |
| 91   | BRONCZAK TOMASZ     | 3116 |                                      | ZBAŚZYŃ          | POL  | M-40 | 35     | M 84 | 01:27:56.80 | 8:47   | 6.8  |
| 92   | SZCZECIŃSKI PIOTR   | 3182 |                                      | ZBAŚZYŃ          | POL  | M-40 | 36     | M 85 | 01:27:57.95 | 8:47   | 6.8  |
| 93   | WAŃKOWICZ ADRIAN    | 3209 |                                      | BRZEG DOLNY      | POL  | M-40 | 37     | M 86 | 01:28:41.50 | 8:52   | 6.8  |
| 94   | SOBOLEWSKI DARIUSZ  | 3166 | BOREL MARATHON TEAM                  | KOŻUCHÓW         | POL  | M-30 | 35     | M 87 | 01:28:46.20 | 8:52   | 6.8  |
| 95   | CHWAŁA PRZEMYSŁAW   | 3169 | POWOLNY                              | WOLICE           | POL  | M-40 | 38     | M 88 | 01:28:49.55 | 8:52   | 6.8  |
| 96   | SAMSON ROBERT       | 3167 | VESTAS / SUNCHASER TRAILRUNNING TEAM | WARZYMICE        | POL  | M-40 | 39     | M 89 | 01:28:50.75 | 8:53   | 6.8  |
| 97   | SZELAĞ DARIUSZ      | 3230 | LISY PUSTYNI                         | KLUCZE           | POL  | M-40 | 40     | M 90 | 01:28:52.45 | 8:53   | 6.8  |
| 98   | DYRAGA MARCIN       | 3164 | SAINT-GOBAIN SQUAD                   | GLIWICE          | POL  | M-40 | 41     | M 91 | 01:28:57.70 | 8:53   | 6.7  |
| 99   | KUCHARSKI ADRIAN    | 3204 |                                      | KOBYLA GÓRA      | POL  | M-30 | 36     | M 92 | 01:28:59.05 | 8:53   | 6.7  |
| 100  | MARCINEK ŁUKASZ     | 3016 | NIE TERAZ, POTEM                     | SIEMIANOWICE ŚL. | POL  | M-40 | 42     | M 93 | 01:29:05.95 | 8:54   | 6.7  |
| 101  | WOJEWODA MACIEJ     | 3148 | VEGE RUNNERS                         | JEZIERZYCE       | POL  | M-30 | 37     | M 94 | 01:29:07.50 | 8:54   | 6.7  |
| 102  | RATAJCZAK MATEUSZ   | 3194 | MFS                                  | LESZNO           | POL  | M-40 | 43     | M 95 | 01:29:28.35 | 8:56   | 6.7  |
| 103  | ŁOBOS MARIUSZ       | 4121 |                                      | WAŁBRZYCH        | POL  | M-50 | 10     | M 96 | 01:29:34.40 | 8:57   | 6.7  |

**SUUNTO SPRINT NA BŁĘDNE SKAŁY, OPEN c.d.**

| M-ce | Nazwisko i imię       | Nr   | Klub                                                     | M-scowość              | Kraj | Kat. | M. kat | K/M   | Netto       | min/km | km/h |
|------|-----------------------|------|----------------------------------------------------------|------------------------|------|------|--------|-------|-------------|--------|------|
| 104  | SZAFER SYLWESTER      | 4235 | ZRYW PARZYMIECHY                                         | POPÓW                  | POL  | M-40 | 44     | M 97  | 01:29:37.10 | 8:57   | 6.7  |
| 105  | JAROSIŃSKA BARBARA    | 4034 | TEAM BIEGANIE NA ŚNIADANIE                               | ŚMIGIEL                | POL  | K-30 | 4      | K 8   | 01:29:51.85 | 8:59   | 6.7  |
| 106  | LECH JUDYTA           | 4295 | ITMBW KRAKÓW                                             | KRAKÓW                 | POL  | K-20 | 2      | K 9   | 01:29:54.20 | 8:59   | 6.7  |
| 107  | KOZŁOWSKI SZYMON      | 4299 |                                                          | WĄGROWIEC              | POL  | M-40 | 45     | M 98  | 01:29:55.95 | 8:59   | 6.7  |
| 108  | WĘGOREK MONIKA        | 4324 |                                                          | BYTOM                  | POL  | K-40 | 4      | K 10  | 01:29:56.20 | 8:59   | 6.7  |
| 109  | SZYMAŃSKA MONIKA      | 4330 |                                                          | ŚWINOUJŚCIE            | POL  | K-40 | 5      | K 11  | 01:29:58.35 | 8:59   | 6.7  |
| 110  | PODOLAK ULA           | 4212 | PRZEDWOJEWSKI TEAM                                       | WROCŁAW                | POL  | K-20 | 3      | K 12  | 01:30:23.15 | 9:02   | 6.6  |
| 111  | PACZKOWSKA KATARZYNA  | 3075 | BIEGAJĄCE KREJZOLE                                       | KIEKRZ                 | POL  | K-30 | 5      | K 13  | 01:30:33.85 | 9:03   | 6.6  |
| 112  | STROMIDŁO SEBASTIAN   | 3213 | KB AKTYWNI KRZYŻ WLKP                                    | PIŁA                   | POL  | M-40 | 46     | M 99  | 01:30:35.25 | 9:03   | 6.6  |
| 113  | SZYMAŃSKI MAREK       | 3021 |                                                          | WROCŁAW                | POL  | M-40 | 47     | M 100 | 01:30:35.75 | 9:03   | 6.6  |
| 114  | PIĘTA PIOTR           | 4227 |                                                          | WARSZAWA               | POL  | M-20 | 7      | M 101 | 01:30:42.40 | 9:04   | 6.6  |
| 115  | DYJA MAGDALENA        | 3059 | RNB TEAM POLANICA-ZDRÓJ                                  | POLANICA ZDR9J         | POL  | K-30 | 6      | K 14  | 01:30:43.00 | 9:04   | 6.6  |
| 116  | RĘBIAŁKOWSKI JAKUB    | 3057 | RNB TEAM POLANICA ZDRÓJ                                  | POLANICA ZDRÓJ         | POL  | M-30 | 38     | M 102 | 01:30:44.45 | 9:04   | 6.6  |
| 117  | RUTKOWSKI KONRAD      | 3227 |                                                          | TOMASZÓW MAZOWIECKI    | POL  | M-30 | 39     | M 103 | 01:30:47.10 | 9:04   | 6.6  |
| 118  | LISIECKI TOMASZ       | 3154 |                                                          | WROCŁAW                | POL  | M-30 | 40     | M 104 | 01:30:47.40 | 9:04   | 6.6  |
| 119  | PURCZYŃSKI GRZEGORZ   | 3009 |                                                          | ZIELONA GÓRA           | POL  | M-40 | 48     | M 105 | 01:30:53.05 | 9:05   | 6.6  |
| 120  | SROKA MARCIN          | 3120 | ST RUNNERS                                               | PLEWISKA               | POL  | M-40 | 49     | M 106 | 01:30:54.70 | 9:05   | 6.6  |
| 121  | GLUCHY MAREK          | 4286 | OBORNICKI KLUB LEKKOATLETYCZNY                           | OBORNIKI               | POL  | M-40 | 50     | M 107 | 01:30:56.35 | 9:05   | 6.6  |
| 122  | BRYGAŁA TOMASZ        | 4322 | ADIDAS RUNNERS                                           | PIASTÓW                | POL  | M-30 | 41     | M 108 | 01:31:05.15 | 9:06   | 6.6  |
| 123  | DŁUGOSZ-SAWICKA MARTA | 3104 | ZBÓJ TEAM                                                | ŁÓDŹ                   | POL  | K-40 | 6      | K 15  | 01:31:17.85 | 9:07   | 6.6  |
| 124  | LISOWSKI GRZEGORZ     | 3229 |                                                          | JAWOR                  | POL  | M-40 | 51     | M 109 | 01:31:19.40 | 9:07   | 6.6  |
| 125  | HAMERLA ADAM          | 3185 |                                                          | RUDA ŚLĄSKA            | POL  | M-30 | 42     | M 110 | 01:31:45.40 | 9:10   | 6.5  |
| 126  | RATAJCZAK DOROTA      | 4207 | TRIO FORTIS                                              | ZIELONA GÓRA           | POL  | K-40 | 7      | K 16  | 01:31:47.20 | 9:10   | 6.5  |
| 127  | KRZEPKOWSKI RADOŚLAW  | 3048 | ADIDAS RUNNERS WARSZAW                                   | WARSZAWA               | POL  | M-40 | 52     | M 111 | 01:31:47.90 | 9:10   | 6.5  |
| 128  | KĘDRA ANTONI          | 3054 |                                                          | KŁODZKO                | POL  | M-20 | 8      | M 112 | 01:31:50.95 | 9:11   | 6.5  |
| 129  | TOMCZUK KRZYSZTOF     | 3198 |                                                          | WROCŁAW                | POL  | M-40 | 53     | M 113 | 01:31:58.15 | 9:11   | 6.5  |
| 130  | BYŚ MATEUSZ           | 3014 |                                                          | WROCŁAW                | POL  | M-30 | 43     | M 114 | 01:32:05.95 | 9:12   | 6.5  |
| 131  | SYCHOWSKI DAWID       | 3252 |                                                          | TOMASZÓW BOLESŁAWIECKI | POL  | M-30 | 44     | M 115 | 01:32:07.90 | 9:12   | 6.5  |
| 132  | KRYSTEK MARCIN        | 4240 | ZRYW PARZYMIECHY                                         | PARZYMIECHY            | POL  | M-40 | 54     | M 116 | 01:32:21.00 | 9:14   | 6.5  |
| 133  | BARTKOWIAK MAREK      | 3080 | BEST TEAM ŚREM                                           | MECHLIN                | POL  | M-30 | 45     | M 117 | 01:32:21.80 | 9:14   | 6.5  |
| 134  | ORZEŁEK PRZEMYSŁAW    | 4239 | ZRYW PARZYMIECHY                                         | PARZYMIECHY            | POL  | M-30 | 46     | M 118 | 01:32:28.80 | 9:14   | 6.5  |
| 135  | SZECHOWSKI PAWEŁ      | 3244 |                                                          | ZIELONA GÓRA           | POL  | M-40 | 55     | M 119 | 01:33:03.15 | 9:18   | 6.4  |
| 136  | SZERMENT ERYK         | 4170 | MAZURTEAM                                                | GORZÓW WIELKOPOLSKI    | POL  | M-40 | 56     | M 120 | 01:33:11.75 | 9:19   | 6.4  |
| 137  | WAJDA MACIEJ          | 3102 | SPELEOCLUB WROCŁAW                                       | WROCŁAW                | POL  | M-30 | 47     | M 121 | 01:33:15.15 | 9:19   | 6.4  |
| 138  | PTASIŃSKI TOMASZ      | 3241 | CZAJKERSI                                                | NOWA RUDA              | POL  | M-40 | 57     | M 122 | 01:33:22.30 | 9:20   | 6.4  |
| 139  | KSIEZKA JOANNA        | 3147 | STRZEGOMSKA DWUNASTKA                                    | STRZEGOM               | POL  | K-40 | 8      | K 17  | 01:33:23.90 | 9:20   | 6.4  |
| 140  | JAŚKOWIAK MICHAŁ      | 3084 | PROXICOM                                                 | ŚREM                   | POL  | M-30 | 48     | M 123 | 01:33:28.05 | 9:20   | 6.4  |
| 141  | SZYMANIK PAWEŁ        | 3149 |                                                          | WARSZAWA               | POL  | M-40 | 58     | M 124 | 01:33:30.25 | 9:21   | 6.4  |
| 142  | KOTARSKI MAREK        | 3134 | KRS TKKF RELAKS WODZISŁAW ŚLASKI                         | WODZISŁAW ŚLĄSKI       | POL  | M-50 | 11     | M 125 | 01:33:36.35 | 9:21   | 6.4  |
| 143  | BRZEZIŃSKI Cezary     | 3143 | PAŃSTWOWA UCZELNIA IM. STEFANA BATOREGO W SKIERNIEWICACH | ZGIERZ                 | POL  | M-50 | 12     | M 126 | 01:33:39.45 | 9:21   | 6.4  |
| 144  | BYLINA BARTOSZ        | 3101 |                                                          | POZNAN                 | POL  | M-50 | 13     | M 127 | 01:33:40.25 | 9:22   | 6.4  |
| 145  | BERDYCHOWSKI JAKUB    | 4187 | MEPROZET KOŚCIAN TEAM                                    | BIELEWO                | POL  | M-40 | 59     | M 128 | 01:34:21.95 | 9:26   | 6.4  |
| 146  | BINIENDA AGNIESZKA    | 3215 | KOBIETY WATAHY                                           | ZABRZE                 | POL  | K-40 | 9      | K 18  | 01:34:40.85 | 9:28   | 6.3  |
| 147  | CHOLEWA ZBIGNIEW      | 3225 | LISY PUSTYNI                                             | KLUCZE                 | POL  | M-40 | 60     | M 129 | 01:34:53.10 | 9:29   | 6.3  |
| 148  | JURDZIAK JAKUB        | 3082 |                                                          | WROCŁAW                | POL  | M-30 | 49     | M 130 | 01:34:55.00 | 9:29   | 6.3  |
| 149  | PIOTROWSKI MICHAŁ     | 3013 | #ŻEBERKATEAM                                             | WROCŁAW                | POL  | M-40 | 61     | M 131 | 01:35:07.20 | 9:30   | 6.3  |
| 150  | WALKOWIAK MARCIN      | 3042 | CZERWONAK BIEGA                                          | BOLECHÓWKO             | POL  | M-20 | 9      | M 132 | 01:35:07.55 | 9:30   | 6.3  |
| 151  | KOZŁOWSKA IWONA       | 3195 | LESZNO LIMITS RUNNERS                                    | LESZNO                 | POL  | K-40 | 10     | K 19  | 01:35:14.45 | 9:31   | 6.3  |
| 152  | RYCHLIK SEBASTIAN     | 3226 | LISY PUSTYNI                                             | KLUCZE                 | POL  | M-40 | 62     | M 133 | 01:35:17.65 | 9:31   | 6.3  |
| 153  | SKRZYPCZYK TOMASZ     | 4183 |                                                          | GLIWICE                | POL  | M-30 | 50     | M 134 | 01:35:20.05 | 9:32   | 6.3  |
| 154  | MICHALSKA MAGDALENA   | 4181 | SOCIOS SILESIA                                           | GLIWICE                | POL  | K-30 | 7      | K 20  | 01:35:20.40 | 9:32   | 6.3  |
| 155  | TULIK PRZEMYSŁAW      | 4247 |                                                          | WARSZAWA               | POL  | M-50 | 14     | M 135 | 01:35:20.75 | 9:32   | 6.3  |
| 156  | BUDYNEK DARIUSZ       | 4153 |                                                          | POZNAN                 | POL  | M-40 | 63     | M 136 | 01:35:21.50 | 9:32   | 6.3  |
| 157  | WOJCIECHOWSKA DOROTA  | 4290 |                                                          | OLEŚNICA               | POL  | K-40 | 11     | K 21  | 01:35:21.65 | 9:32   | 6.3  |
| 158  | BASIŃSKI BARTOSZ      | 4274 |                                                          | LESZNO                 | POL  | M-40 | 64     | M 137 | 01:35:21.95 | 9:32   | 6.3  |
| 159  | KRZESIMOWSKI DAMIAN   | 4186 |                                                          | KIELCE                 | POL  | M-40 | 65     | M 138 | 01:35:23.80 | 9:32   | 6.3  |

**SUUNTO SPRINT NA BŁĘDNE SKAŁY, OPEN c.d.**

| M-ce | Nazwisko i imię            | Nr   | Klub                                                               | M-scowość            | Kraj | Kat. | M. kat | K/M   | Netto       | min/km | km/h |
|------|----------------------------|------|--------------------------------------------------------------------|----------------------|------|------|--------|-------|-------------|--------|------|
| 160  | KRAWIEC DOMINIK            | 4050 |                                                                    | KROSNO K.MOSINY      | POL  | M-30 | 51     | M 139 | 01:35:24.75 | 9:32   | 6.3  |
| 161  | PŁOK KRZYSZTOF             | 4201 |                                                                    | POLKOWICE            | POL  | M-50 | 15     | M 140 | 01:35:25.55 | 9:32   | 6.3  |
| 162  | MARCHEWKA JAROSŁAW         | 3168 | W DRODZE                                                           | ŚWIERKLANIEC         | POL  | M-40 | 66     | M 141 | 01:35:27.45 | 9:32   | 6.3  |
| 163  | MYCIELSKI MARIUSZ          | 3105 | W DRODZE                                                           | ŚWIERKLANIEC         | POL  | M-50 | 16     | M 142 | 01:35:29.30 | 9:32   | 6.3  |
| 164  | STĘPOWICZ MAREK            | 4159 | VEGE RUNNERS                                                       | WROCŁAW              | POL  | M-50 | 17     | M 143 | 01:35:29.80 | 9:32   | 6.3  |
| 165  | SŁOWIK GRZEGORZ            | 3222 | NIE WIEM GDZIE JESTEM                                              | OSTRZESZÓW           | POL  | M-40 | 67     | M 144 | 01:35:30.50 | 9:33   | 6.3  |
| 166  | HACUŚ JACEK                | 3050 |                                                                    | DUSZNIKI ZDRÓJ       | POL  | M-30 | 52     | M 145 | 01:35:31.90 | 9:33   | 6.3  |
| 167  | LEWANDOWSKI GRZEGORZ       | 3035 | GOLENIÓW                                                           | GOLENIÓW             | POL  | M-40 | 68     | M 146 | 01:35:52.05 | 9:35   | 6.3  |
| 168  | GAWRON BARTŁOMIEJ          | 3178 |                                                                    | POLSKA NOWA WIEŚ     | POL  | M-40 | 69     | M 147 | 01:36:09.10 | 9:36   | 6.2  |
| 169  | NIMSZ KAMILA               | 4276 | CS RUNNING CLUB                                                    | JELCZ-LASKOWICE      | POL  | K-40 | 12     | K 22  | 01:36:09.20 | 9:36   | 6.2  |
| 170  | ZARĘBA ANNA                | 3202 |                                                                    | SILNOWO              | POL  | K-30 | 8      | K 23  | 01:36:12.55 | 9:37   | 6.2  |
| 171  | MASTERNAK MARTA            | 3145 |                                                                    | PRZYTOK              | POL  | K-30 | 9      | K 24  | 01:36:14.30 | 9:37   | 6.2  |
| 172  | WALKOWIAK MACIEJ           | 3211 |                                                                    | ŚRODA WLKP           | POL  | M-30 | 53     | M 148 | 01:36:36.70 | 9:39   | 6.2  |
| 173  | PISUŁA ŁUKASZ              | 3040 |                                                                    | KUDOWA-ZDRÓJ         | POL  | M-30 | 54     | M 149 | 01:36:42.50 | 9:40   | 6.2  |
| 174  | PTAK PATRYK                | 4232 | CHORZOWSKIE STOWARZYSZENIE BIEGACZY<br>DŁUGODYSTANSOWYCH "W RUCHU" | CHORZÓW              | POL  | M-30 | 55     | M 150 | 01:36:45.75 | 9:40   | 6.2  |
| 175  | KUJACZYŃSKA IGA            | 4285 |                                                                    | TORUŃ                | POL  | K-30 | 10     | K 25  | 01:36:50.70 | 9:41   | 6.2  |
| 176  | MASZTAŁSKA JOANNA          | 4209 |                                                                    | ZABRZE               | POL  | K-20 | 4      | K 26  | 01:37:43.90 | 9:46   | 6.1  |
| 177  | LITEWKA GRZEGORZ           | 3078 | JTC TEAM                                                           | JAWOR                | POL  | M-50 | 18     | M 151 | 01:37:59.80 | 9:47   | 6.1  |
| 178  | JASIAK KAROL               | 3206 | NIE WIEM GDZIE JESTEM                                              | OSTRZESZÓW           | POL  | M-30 | 56     | M 152 | 01:38:07.45 | 9:48   | 6.1  |
| 179  | ZIEBARTH PRZEMYSŁAW        | 3176 |                                                                    | CHODZIEŻ             | POL  | M-40 | 70     | M 153 | 01:38:21.60 | 9:50   | 6.1  |
| 180  | WYLEŻAŁA MARZENA           | 4174 | #BIEGIEMWLAS                                                       | PAWŁOWO SKOCKIE      | POL  | K-40 | 13     | K 27  | 01:39:23.55 | 9:56   | 6    |
| 181  | TRZEPACZ DOROTA            | 4123 | KB LUPUS OLEŚNICA                                                  | OLEŚNICA             | POL  | K-40 | 14     | K 28  | 01:39:24.20 | 9:56   | 6    |
| 182  | KOPKA PAWEŁ                | 4190 |                                                                    | MURÓW                | POL  | M-40 | 71     | M 154 | 01:39:25.25 | 9:56   | 6    |
| 183  | BUGAJ ALAN                 | 4249 |                                                                    | CZARNY BÓR           | POL  | M-30 | 57     | M 155 | 01:39:27.50 | 9:56   | 6    |
| 184  | BOŻEK GRZEGORZ             | 4179 | KB ZDYSZAAANI CHOCIANÓW                                            | CHOCIANÓW            | POL  | M-40 | 72     | M 156 | 01:39:29.40 | 9:56   | 6    |
| 185  | ZIOMBKA KUBA               | 4085 |                                                                    | SIECHNICE            | POL  | M-40 | 73     | M 157 | 01:39:33.35 | 9:57   | 6    |
| 186  | SMIERZCHAŁA ADAM           | 4218 | MOSINA                                                             | MOSINA               | POL  | M-50 | 19     | M 158 | 01:39:34.75 | 9:57   | 6    |
| 187  | PROSOWIECKA SMAK KATARZYNA | 3200 |                                                                    | OPOLE                | POL  | K-40 | 15     | K 29  | 01:39:50.60 | 9:59   | 6    |
| 188  | KASPERKIEWICZ WOJTEK       | 3203 |                                                                    | KOBYLA GÓRA          | POL  | M-30 | 58     | M 159 | 01:39:57.00 | 9:59   | 6    |
| 189  | CICHOŃ MAGDALENA           | 3199 | PROFIL OPOLE                                                       | OPOLE                | POL  | K-40 | 16     | K 30  | 01:39:57.30 | 9:59   | 6    |
| 190  | TURNIAK MIŁOSZ             | 3011 |                                                                    | GLIWICE              | POL  | M-30 | 59     | M 160 | 01:40:01.45 | 10:00  | 6    |
| 191  | SKRZYPIŃSKI ARKADIUSZ      | 3073 | PSI PATROL                                                         | LESZNO               | POL  | M-40 | 74     | M 161 | 01:40:02.95 | 10:00  | 6    |
| 192  | KLIMECKI ŁUKASZ            | 3184 | KB INTREX POZNAŃ                                                   | POZNAŃ               | POL  | M-30 | 60     | M 162 | 01:40:03.20 | 10:00  | 6    |
| 193  | WÓJCICKI TOMASZ            | 4331 | ITMBW KRAKÓW                                                       | KRAKÓW               | POL  | M-30 | 61     | M 163 | 01:40:05.60 | 10:00  | 6    |
| 194  | DZICZEK IRENEUSZ           | 3003 |                                                                    | BEZRZECZE            | POL  | M-50 | 20     | M 164 | 01:40:09.30 | 10:00  | 6    |
| 195  | PORCZYK MARIUS             | 3191 | WIKINGS RUN                                                        | TOMASZÓW MAZOWIECKI  | POL  | M-40 | 75     | M 165 | 01:40:14.05 | 10:01  | 6    |
| 196  | FILIPEK TOMASZ             | 4079 |                                                                    | WROCŁAW              | POL  | M-30 | 62     | M 166 | 01:40:21.00 | 10:02  | 6    |
| 197  | KACZMARCZYK MARIUSZ        | 3018 | REXER                                                              | SIEMIANOWICE ŚLĄSKIA | POL  | M-50 | 21     | M 167 | 01:40:25.90 | 10:02  | 6    |
| 198  | SKARŻYŃSKI KAMIL           | 4147 | PLANYBIEGOWE.PL                                                    | POZNAŃ               | POL  | M-20 | 10     | M 168 | 01:40:29.00 | 10:02  | 6    |
| 199  | JAKUBIAK ANNA              | 3081 | RUCHOWA AKADEMIA ZDROWIA                                           | SZCZECIN             | POL  | K-50 | 1      | K 31  | 01:40:33.25 | 10:03  | 6    |
| 200  | LUBAŃSKA ALICJA            | 4273 |                                                                    | BUKOWICE             | POL  | K-50 | 2      | K 32  | 01:40:55.35 | 10:05  | 5.9  |
| 201  | ŁUSIAK KATARZYNA           | 4297 |                                                                    | SOBÓTKA              | POL  | K-30 | 11     | K 33  | 01:41:12.20 | 10:07  | 5.9  |
| 202  | BAHLAI MYKHAÏLO            | 4221 |                                                                    | IWANO-FRANKIWSK      | UKR  | M-20 | 11     | M 169 | 01:41:13.90 | 10:07  | 5.9  |
| 203  | JESKE MAREK                | 4010 | RUN BYDGOSZCZ                                                      | NIWY                 | POL  | M-50 | 22     | M 170 | 01:41:24.25 | 10:08  | 5.9  |
| 204  | BRUNKE TOMASZ              | 4339 | RUN BYDGOSZCZ                                                      | BYDGOSZCZ            | POL  | M-50 | 23     | M 171 | 01:41:34.55 | 10:09  | 5.9  |
| 205  | TKACZYK KATARZYNA          | 3041 |                                                                    | STRZEGOM             | POL  | K-40 | 17     | K 34  | 01:41:49.40 | 10:10  | 5.9  |
| 206  | RABIEGA MONIKA             | 4238 | #BIEGAJLESZNO                                                      | LESZNO               | POL  | K-40 | 18     | K 35  | 01:41:55.05 | 10:11  | 5.9  |
| 207  | ROMANOWSKI BARTŁOMIEJ      | 3121 |                                                                    | WROCŁAW              | POL  | M-40 | 76     | M 172 | 01:41:58.45 | 10:11  | 5.9  |
| 208  | KUBIAK KAROLINA            | 3128 |                                                                    | WEJHEROWO            | POL  | K-40 | 19     | K 36  | 01:42:04.60 | 10:12  | 5.9  |
| 209  | PODLEŚ ROBERT              | 3022 | COBI POLAND                                                        | WARSZAWA             | POL  | M-60 | 1      | M 173 | 01:42:15.00 | 10:13  | 5.9  |
| 210  | BŁAŻEJCZAK TOMASZ          | 4253 | #BIEGAJLESZNO                                                      | LESZNO               | POL  | M-30 | 63     | M 174 | 01:42:21.05 | 10:14  | 5.9  |
| 211  | WIETRZYŃSKA AGNIESZKA      | 4092 | SZTUKA RUCHU                                                       | BRZEG                | POL  | K-40 | 20     | K 37  | 01:42:24.70 | 10:14  | 5.9  |
| 212  | ZIELEZIŃSKI ŁUKASZ         | 4263 | HURAGAN LIGOTA                                                     | KATOWICE             | POL  | M-30 | 64     | M 175 | 01:42:27.00 | 10:14  | 5.9  |
| 213  | MODZELEWSKA ANNA           | 4336 |                                                                    | BRANICE              | POL  | K-20 | 5      | K 38  | 01:42:28.25 | 10:14  | 5.9  |
| 214  | SACZUK DAWID               | 4213 |                                                                    | KIEŁCZÓW             | POL  | M-30 | 65     | M 176 | 01:42:28.85 | 10:14  | 5.9  |
| 215  | BUSZEWSKI ZBYSZEK          | 4217 |                                                                    | KARPICKO             | POL  | M-30 | 66     | M 177 | 01:42:31.55 | 10:15  | 5.9  |

**SUUNTO SPRINT NA BŁĘDNE SKAŁY, OPEN c.d.**

| M-ce | Nazwisko i imię          | Nr   | Klub                                        | M-scowość         | Kraj | Kat. | M. kat | K/M   | Netto       | min/km | km/h |
|------|--------------------------|------|---------------------------------------------|-------------------|------|------|--------|-------|-------------|--------|------|
| 216  | BŁASZKIEWICZ KLAUDIA     | 4280 |                                             | POZNAŃ            | POL  | K-30 | 12     | K 39  | 01:43:07.55 | 10:18  | 5.8  |
| 217  | DZIERGWA AGNIESZKA       | 4340 | RNB TEAM POLANICA ZDRÓJ/ PRZEDWOJEWSKI TEAM | SIECHNICE         | POL  | K-30 | 13     | K 40  | 01:43:14.05 | 10:19  | 5.8  |
| 218  | KUJAWSKA AGNIESZKA       | 3005 |                                             | SUCHEDNIÓW        | POL  | K-40 | 21     | K 41  | 01:43:25.30 | 10:20  | 5.8  |
| 219  | PIWOWARSKI MACIEJ        | 3140 |                                             | WIELICZKA         | POL  | M-30 | 67     | M 178 | 01:43:26.25 | 10:20  | 5.8  |
| 220  | PREISS GRZEGORZ          | 3135 |                                             | WROCŁAW           | POL  | M-40 | 77     | M 179 | 01:43:28.55 | 10:20  | 5.8  |
| 221  | CZELUŚNIAK FILIP         | 4266 |                                             | POZNAŃ            | POL  | M-30 | 68     | M 180 | 01:43:34.20 | 10:21  | 5.8  |
| 222  | SZYMAŃSKI MICHAŁ         | 3223 | TENIS CENTRUM AS                            | KŁODZKO           | POL  | M-20 | 12     | M 181 | 01:43:35.20 | 10:21  | 5.8  |
| 223  | STACHOWIAK EMILIA        | 4173 | #BIEGIEMWLAS                                | POZNAŃ            | POL  | K-30 | 14     | K 42  | 01:43:35.90 | 10:21  | 5.8  |
| 224  | BORECKI PIOTR            | 3238 | CZAJKERSI                                   | NOWA RUDA         | POL  | M-30 | 69     | M 182 | 01:43:36.15 | 10:21  | 5.8  |
| 225  | JACKOWIAK AGNIESZKA      | 3153 | RUNNER'S POWER                              | ŚREM              | POL  | K-30 | 15     | K 43  | 01:43:36.55 | 10:21  | 5.8  |
| 226  | MAZAN WOJCIECH           | 3221 |                                             | WROCŁAW           | POL  | M-30 | 70     | M 183 | 01:43:38.55 | 10:21  | 5.8  |
| 227  | NIKODEM KLAUDIUSZ        | 3242 |                                             | NOWA RUDA         | POL  | M-40 | 78     | M 184 | 01:43:39.05 | 10:21  | 5.8  |
| 228  | UPTAS TOMASZ             | 4242 | CROSS STRACEŃCÓW TEAM                       | GŁOGÓW            | POL  | M-40 | 79     | M 185 | 01:43:42.45 | 10:22  | 5.8  |
| 229  | KOSIELSKI ROBERT         | 3236 |                                             | ŁÓDŹ              | POL  | M-40 | 80     | M 186 | 01:43:43.85 | 10:22  | 5.8  |
| 230  | KUSZ JOANNA              | 4243 | CROSS STRACEŃCÓW TEAM                       | GŁOGÓW            | POL  | K-30 | 16     | K 44  | 01:43:44.05 | 10:22  | 5.8  |
| 231  | ZARĘBSKI MARCIN          | 3162 | EXTREME WOLF                                | SZCZECIN          | POL  | M-40 | 81     | M 187 | 01:43:50.55 | 10:23  | 5.8  |
| 232  | KRZYŻYK AGNIESZKA        | 3179 | TRIO FORTIS                                 | ZIELONA GÓRA      | POL  | K-40 | 22     | K 45  | 01:43:51.85 | 10:23  | 5.8  |
| 233  | KOWAL IRENEUSZ           | 3158 |                                             | LESZNO            | POL  | M-40 | 82     | M 188 | 01:43:55.45 | 10:23  | 5.8  |
| 234  | STELMACH MARIUSZ         | 3163 |                                             | SZCZECIN          | POL  | M-30 | 71     | M 189 | 01:43:56.45 | 10:23  | 5.8  |
| 235  | PANKOWSKI JERZY          | 3174 | ALEF                                        | ZIELENIEWO        | POL  | M-30 | 72     | M 190 | 01:43:57.85 | 10:23  | 5.8  |
| 236  | SIKORSKI CEZARY          | 3068 | BBL GUBIN                                   | GUBIN             | POL  | M-50 | 24     | M 190 | 01:43:57.85 | 10:23  | 5.8  |
| 237  | LUBELCZYK GRZEGORZ       | 3130 | SPELEOCLUB WROCŁAW                          | MIĘKINIA          | POL  | M-50 | 25     | M 192 | 01:43:58.35 | 10:23  | 5.8  |
| 238  | GĘSIAREK GRZEGORZ        | 3131 |                                             | KROTOSZYN         | POL  | M-40 | 83     | M 193 | 01:43:58.50 | 10:23  | 5.8  |
| 239  | SZPYTMA REMIGIUSZ        | 3243 | ABY DO PRZODU                               | BYSTRZYCA         | POL  | M-30 | 73     | M 194 | 01:44:05.70 | 10:24  | 5.8  |
| 240  | GŁOGOWSKI ADAM           | 3251 | NOA                                         | WROCŁAW           | POL  | M-40 | 84     | M 195 | 01:44:13.05 | 10:25  | 5.8  |
| 241  | MACIEJEWSKI ADRIAN       | 3234 |                                             | ŚREM              | POL  | M-20 | 13     | M 196 | 01:44:17.45 | 10:25  | 5.8  |
| 242  | BURDEŁAK BARTOSZ         | 3220 | 6BDOWSP                                     | POZNAŃ            | POL  | M-20 | 14     | M 197 | 01:44:21.15 | 10:26  | 5.7  |
| 243  | KAMIŃSKA EWELINA         | 3103 | BIEGAJĄCE KREJZOLE                          | POZNAŃ            | POL  | K-40 | 23     | K 46  | 01:44:22.50 | 10:26  | 5.7  |
| 244  | KOZAK BARTOSZ            | 4119 | KOZAKI                                      | DŁUGOŁĘKA         | POL  | M-40 | 85     | M 198 | 01:44:47.20 | 10:28  | 5.7  |
| 245  | JASIŃSKI ADAM            | 4291 |                                             | OLEŚNICA          | POL  | M-40 | 86     | M 199 | 01:44:54.40 | 10:29  | 5.7  |
| 246  | SZTACHELSKI KRZYSZTOF    | 3219 |                                             | WROCŁAW           | POL  | M-40 | 87     | M 200 | 01:44:55.90 | 10:29  | 5.7  |
| 247  | GAJDA MICHAŁ             | 4178 |                                             | POZNAŃ            | POL  | M-30 | 74     | M 201 | 01:44:57.30 | 10:29  | 5.7  |
| 248  | KACZMAREK MATEUSZ        | 4326 |                                             | ŚWIEBODZIN        | POL  | M-30 | 75     | M 202 | 01:44:58.25 | 10:29  | 5.7  |
| 249  | BŁACHNIO KRZYSZTOF       | 3001 | RAZ SZCZECIN                                | SZCZECIN          | POL  | M-50 | 26     | M 203 | 01:44:58.40 | 10:29  | 5.7  |
| 250  | ORŁOWSKI ROBERT          | 4056 | BIEGNĘ NA PÓŁNOC                            | POZNAŃ            | POL  | M-30 | 76     | M 204 | 01:44:58.90 | 10:29  | 5.7  |
| 251  | KUCHARSKI DARIUSZ        | 3214 |                                             | KRZYKÓW           | POL  | M-40 | 88     | M 205 | 01:45:00.15 | 10:30  | 5.7  |
| 252  | KANIA DAMIAN             | 3192 |                                             | DUSZNIKI ZDR      | POL  | M-40 | 89     | M 206 | 01:45:02.75 | 10:30  | 5.7  |
| 253  | WOJCIECHOWSKI MARIUSZ    | 4203 | KB INTREX POZNAŃ                            | WRZEŚNIA          | POL  | M-30 | 77     | M 207 | 01:45:07.00 | 10:30  | 5.7  |
| 254  | CYBUSŁKI DARIUSZ         | 4204 | KB INTREX POZNAŃ                            | POZNAŃ            | POL  | M-40 | 90     | M 208 | 01:45:08.20 | 10:30  | 5.7  |
| 255  | ŻMIJEWSKA DOMINIKA       | 3122 | KLUB BIEGOWY TSK ORZEŁ OSIEK                | KOSZTOWO          | POL  | K-30 | 17     | K 47  | 01:45:18.20 | 10:31  | 5.7  |
| 256  | STARSAK MARCIN           | 3123 | KLUB BIEGOWY TSK ORZEŁ OSIEK                | OSIEK NAD NOTECIĄ | POL  | M-40 | 91     | M 209 | 01:45:19.65 | 10:31  | 5.7  |
| 257  | BRZEŻAŃSKA JOANNA        | 4333 |                                             | ROZTOKA           | POL  | K-40 | 24     | K 48  | 01:45:33.10 | 10:33  | 5.7  |
| 258  | MRÓZ ANNA                | 3099 |                                             | POZNAŃ            | POL  | K-30 | 18     | K 49  | 01:45:37.15 | 10:33  | 5.7  |
| 259  | PRZEWOŹNY ROBERT         | 4265 | JIM TEAM MTB GOSTYŃ                         | GOSTYŃ            | POL  | M-30 | 78     | M 210 | 01:45:38.45 | 10:33  | 5.7  |
| 260  | ERET MARZENA             | 4206 |                                             | GUBIN             | POL  | K-40 | 25     | K 50  | 01:45:39.25 | 10:33  | 5.7  |
| 261  | HEJNE AGNIESZKA          | 4193 |                                             | DĄBRÓWKA          | POL  | K-40 | 26     | K 51  | 01:45:40.40 | 10:34  | 5.7  |
| 262  | KOWALEWSKI GRZEGORZ      | 3085 |                                             | KRZEPTÓW          | POL  | M-50 | 27     | M 211 | 01:45:49.20 | 10:34  | 5.7  |
| 263  | BARTKIEWICZ LECH         | 4059 |                                             | ZIELONA GÓRA      | POL  | M-40 | 92     | M 212 | 01:46:02.45 | 10:36  | 5.7  |
| 264  | OSSOWSKI ADAM            | 4272 |                                             | SZTEKLIN          | POL  | M-40 | 93     | M 213 | 01:46:14.30 | 10:37  | 5.6  |
| 265  | SKRĘTEK MONIKA           | 4151 | BIEGAMDLAZDROWIA. PL                        | JELENIA GÓRA      | POL  | K-50 | 3      | K 52  | 01:46:22.75 | 10:38  | 5.6  |
| 266  | GOZDYRA DARIUSZ          | 4011 | RAZ SZCZECIN                                | SZCZECIN          | POL  | M-40 | 94     | M 214 | 01:46:33.25 | 10:39  | 5.6  |
| 267  | LAUBACH ANNA             | 4198 | RAAN                                        | KNURÓW            | POL  | K-30 | 19     | K 53  | 01:46:57.90 | 10:41  | 5.6  |
| 268  | GRUCHOT MAŁGORZATA       | 3171 | WIECZORNE BIEGANIE W OPOLU                  | GOGOLIN           | POL  | K-40 | 27     | K 54  | 01:47:02.30 | 10:42  | 5.6  |
| 269  | HERBEĆ-LABOCHA MAGDALENA | 3156 |                                             | KĘDZIERZYN-KOŹLE  | POL  | K-40 | 28     | K 55  | 01:47:02.55 | 10:42  | 5.6  |
| 270  | LABOCHA ALEKSANDER       | 3157 |                                             | KĘDZIERZYN-KOŹLE  | POL  | M-40 | 95     | M 215 | 01:47:03.80 | 10:42  | 5.6  |
| 271  | SZULC RAFAŁ              | 3083 | PREGRES                                     | TARKOWO DOLNE     | POL  | M-30 | 79     | M 216 | 01:47:06.05 | 10:42  | 5.6  |
| 272  | MIS PIOTR                | 3189 |                                             | NAMYSŁÓW          | POL  | M-30 | 80     | M 217 | 01:47:11.15 | 10:43  | 5.6  |

**SUUNTO SPRINT NA BŁĘDNE SKAŁY, OPEN c.d.**

| M-ce | Nazwisko i imię             | Nr   | Klub                                 | M-scowość            | Kraj | Kat. | M. kat | K/M   | Netto       | min/km | km/h |
|------|-----------------------------|------|--------------------------------------|----------------------|------|------|--------|-------|-------------|--------|------|
| 273  | PUZIO MACIEJ                | 3023 |                                      | KRAKÓW               | POL  | M-30 | 81     | M 218 | 01:47:11.20 | 10:43  | 5.6  |
| 274  | MIELNIK KRZYSZTOF           | 3196 | DCTRIATHLONTEAM                      | NAMYSŁÓW             | POL  | M-30 | 82     | M 219 | 01:47:11.75 | 10:43  | 5.6  |
| 275  | DUSZYŃSKI JACEK             | 4270 |                                      | ZGORZELEC            | POL  | M-50 | 28     | M 220 | 01:47:16.95 | 10:43  | 5.6  |
| 276  | RUCIŃSKI ADAM               | 3212 |                                      | WARSZAWA             | POL  | M-50 | 29     | M 221 | 01:47:18.00 | 10:43  | 5.6  |
| 277  | SUCHENIA DANIEL             | 4163 |                                      | WAŁBRZYCH            | POL  | M-50 | 30     | M 222 | 01:47:25.40 | 10:44  | 5.6  |
| 278  | HYLIŃSKA HANNA              | 4076 | PATORUNNERS                          | WROCŁAW              | POL  | K-30 | 20     | K 56  | 01:47:28.65 | 10:44  | 5.6  |
| 279  | JEKIEL GRZEGORZ             | 3033 |                                      | WROCŁAW              | POL  | M-40 | 96     | M 223 | 01:47:40.00 | 10:46  | 5.6  |
| 280  | JURASZ ALEKSANDRA           | 3058 |                                      | KAMIENIEC ZĄBKOWICKI | POL  | K-30 | 21     | K 57  | 01:47:42.80 | 10:46  | 5.6  |
| 281  | BRZOZOWSKI MARCIN           | 4292 |                                      | NIDZICA              | POL  | M-40 | 97     | M 224 | 01:47:47.85 | 10:46  | 5.6  |
| 282  | BRZOZOWSKA MARLENA          | 4293 |                                      | NIDZICA              | POL  | K-40 | 29     | K 58  | 01:47:50.20 | 10:47  | 5.6  |
| 283  | NEUMANN JACEK               | 4154 | CENTRUM ŁĄKOWA 1                     | RADKÓW               | POL  | M-50 | 31     | M 225 | 01:47:51.50 | 10:47  | 5.6  |
| 284  | KLICH SYLWIA                | 4156 | #BIEGIEMWLAS                         | MUROWANA GOŚLINA     | POL  | K-30 | 22     | K 59  | 01:48:05.15 | 10:48  | 5.6  |
| 285  | STAMM TOMASZ                | 4134 |                                      | POZNAŃ               | POL  | M-50 | 32     | M 226 | 01:48:05.45 | 10:48  | 5.6  |
| 286  | RACZKOWSKI RAFAŁ            | 4096 |                                      | TYCHY                | POL  | M-40 | 98     | M 227 | 01:48:08.95 | 10:48  | 5.5  |
| 287  | SZYMURA IZABELA             | 4246 | RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM | RYBNIK               | POL  | K-40 | 30     | K 60  | 01:48:20.90 | 10:50  | 5.5  |
| 288  | GNIZA KAROLINA              | 4302 |                                      | KATOWICE             | POL  | K-20 | 6      | K 61  | 01:48:24.45 | 10:50  | 5.5  |
| 289  | NAWROCKA ALEKSANDRA         | 3172 |                                      | ZIELONA GÓRA         | POL  | K-40 | 31     | K 62  | 01:49:02.20 | 10:54  | 5.5  |
| 290  | SZYMUSIK TOMASZ             | 3020 |                                      | DĄBROWA GÓRNICZA     | POL  | M-40 | 99     | M 228 | 01:49:05.40 | 10:54  | 5.5  |
| 291  | JĘDRYKA SEBASTIAN           | 3031 | GB GALOPUJĄCE ŚLIMAKI                | JASTRZĘBIE-ZDRÓJ     | POL  | M-40 | 100    | M 229 | 01:49:11.40 | 10:55  | 5.5  |
| 292  | DOCZEKAŁSKI JAREK           | 3000 | GB.GALOPUJĄCE ŚLIMAKI                | JASTRZĘBIE-ZDRÓJ     | POL  | M-50 | 33     | M 230 | 01:49:14.05 | 10:55  | 5.5  |
| 293  | WALKOWIAK DOMINIKA          | 4135 | #BIEGAJLESZNO                        | LESZNO               | POL  | K-30 | 23     | K 63  | 01:49:21.55 | 10:56  | 5.5  |
| 294  | GIBOWSKI LUKASZ             | 3091 |                                      | TRZEBNICA            | POL  | M-40 | 101    | M 231 | 01:49:31.10 | 10:57  | 5.5  |
| 295  | LIS MIROSLAW                | 3090 |                                      | CEREKWICA            | POL  | M-40 | 102    | M 232 | 01:49:32.75 | 10:57  | 5.5  |
| 296  | BORKOWSKI MARCEL            | 4101 |                                      | LEGNICA              | POL  | M-30 | 83     | M 233 | 01:49:35.10 | 10:57  | 5.5  |
| 297  | RABIEJ KAZIMIERZ            | 3161 | ROZBIEGANI CHOJNÓW                   | CHOJNÓW              | POL  | M-60 | 2      | M 234 | 01:49:45.55 | 10:58  | 5.5  |
| 298  | SALAŁACHA IZABELA           | 3089 | MAMY BIEGAMY                         | OLSZTYN              | POL  | K-40 | 32     | K 64  | 01:49:52.95 | 10:59  | 5.5  |
| 299  | ZIELIŃSKA MAŁGORZATA        | 4136 |                                      | IMIELINEK            | POL  | K-50 | 4      | K 65  | 01:49:59.75 | 10:59  | 5.5  |
| 300  | CZYŻOWICZ-GOTFRYD AGNIESZKA | 4268 | POLISH RUNNERS SQUAD                 | JASŁO                | POL  | K-50 | 5      | K 66  | 01:50:00.30 | 11:00  | 5.5  |
| 301  | SALAŁACHA JAREK             | 3124 | AKTYWNA NOWA RUDA                    |                      | POL  | M-40 | 103    | M 235 | 01:50:05.45 | 11:00  | 5.5  |
| 302  | BULANDA BARBARA             | 3247 | ZUBRY BOCHNIA                        | BOCHNIA              | POL  | K-40 | 33     | K 67  | 01:50:05.70 | 11:00  | 5.5  |
| 303  | CHROMIK KRZYSZTOF           | 3072 |                                      | WROCŁAW              | POL  | M-40 | 104    | M 236 | 01:50:11.10 | 11:01  | 5.4  |
| 304  | SALAŁACHA STANISŁAW         | 3088 | BIAŁA BIEGA                          | BIAŁA PODLASKA       | POL  | M-60 | 3      | M 237 | 01:50:15.80 | 11:01  | 5.4  |
| 305  | BUDZIŃSKI KRZYSZTOF         | 3233 |                                      | OPOLE                | POL  | M-50 | 34     | M 238 | 01:50:25.70 | 11:02  | 5.4  |
| 306  | DZIWAŁ DARIUSZ              | 4012 | TIMOTHY                              | KATOWICE             | POL  | M-30 | 84     | M 239 | 01:51:29.30 | 11:08  | 5.4  |
| 307  | WOŻNA MARTA                 | 4308 | RUN TEAM RYDZYNA                     | DĄBCZE               | POL  | K-30 | 24     | K 68  | 01:51:42.35 | 11:10  | 5.4  |
| 308  | DZIEŻA ROMA                 | 4084 | RUN BYDGOSZCZ                        | BYDGOSZCZ            | POL  | K-50 | 6      | K 69  | 01:51:53.40 | 11:11  | 5.4  |
| 309  | MELWIŃSKA PAULINA           | 4091 | RUN BYDGOSZCZ                        | BYDGOSZCZ            | POL  | K-40 | 34     | K 70  | 01:51:54.30 | 11:11  | 5.4  |
| 310  | MAZUR KATARZYNA             | 3067 | UMLAUT                               | KROSNO ODRZAŃSKIE    | POL  | K-40 | 35     | K 71  | 01:52:00.35 | 11:12  | 5.4  |
| 311  | KOŃ ALEKSANDRA              | 4097 | EKIPA LIPA                           | LIPA                 | POL  | K-40 | 36     | K 72  | 01:52:05.45 | 11:12  | 5.4  |
| 312  | STASIAK ŁUKASZ              | 4013 | WATAHA - ŁĄCZY NAS BIEGANIE          | LUBIN                | POL  | M-30 | 85     | M 240 | 01:52:14.65 | 11:13  | 5.3  |
| 313  | SZÓSTAK KRZYSZTOF           | 4098 | KB HARCOWNIK JELCZ-LASKOWICE         | MŁOSZYCE             | POL  | M-60 | 4      | M 241 | 01:52:40.35 | 11:16  | 5.3  |
| 314  | KRAJEWSKA-PALUCH EWA        | 3193 |                                      | DĄBROWA GÓRNICZA     | POL  | K-40 | 37     | K 73  | 01:52:40.60 | 11:16  | 5.3  |
| 315  | JANOWSKA EWA                | 4142 |                                      | WARSZAWA             | POL  | K-30 | 25     | K 74  | 01:52:44.25 | 11:16  | 5.3  |
| 316  | WIELICZKO RAFAŁ             | 3063 | ZONE RUNNERS                         | WROCŁAW              | POL  | M-30 | 86     | M 242 | 01:52:55.45 | 11:17  | 5.3  |
| 317  | WIELICZKO DAGMARA           | 3064 | ZONE RUNNERS                         | WROCŁAW              | POL  | K-30 | 26     | K 75  | 01:52:56.05 | 11:17  | 5.3  |
| 318  | PACYNA MAREK                | 4220 |                                      | OSTRÓW WIELKOPOLSKI  | POL  | M-50 | 35     | M 243 | 01:52:56.90 | 11:17  | 5.3  |
| 319  | KWIATKOWSKA MARTA           | 4107 |                                      | WROCŁAW              | POL  | K-40 | 38     | K 76  | 01:52:57.40 | 11:17  | 5.3  |
| 320  | KAWIK JANUSZ                | 3127 |                                      | ZEBRZYDOWICE         | POL  | M-50 | 36     | M 244 | 01:52:57.45 | 11:17  | 5.3  |
| 321  | ZDYB GRZEGORZ               | 3036 | 44 WOJSKOWY ODDZIAŁ GOSPODARCZY      | LEŚNIOW WIELKI       | POL  | M-40 | 105    | M 245 | 01:52:58.25 | 11:17  | 5.3  |
| 322  | KRÓLIKOWSKA AGNIESZKA       | 3141 |                                      | KUDOWA-ZDROJ         | POL  | K-40 | 39     | K 77  | 01:52:58.30 | 11:17  | 5.3  |
| 323  | ŚMIECHOWSKA MAŁGORZATA      | 4301 |                                      | RECZ                 | POL  | K-40 | 40     | K 78  | 01:52:58.35 | 11:17  | 5.3  |
| 324  | JAŚKIEWICZ KATARZYNA        | 4199 |                                      | SZCZECIN             | POL  | K-40 | 41     | K 79  | 01:52:59.80 | 11:17  | 5.3  |
| 325  | NAMYŚŁ MACIEJ               | 4081 | KOŹMIN BIEGA ULTRA RUNNERS           | KOŹMIN WIELKOPOLSKI  | POL  | M-40 | 106    | M 246 | 01:53:14.05 | 11:19  | 5.3  |
| 326  | KĄZMIERCZAK ANNA            | 4230 | #BIEGAJLESZNO                        | LESZNO               | POL  | K-40 | 42     | K 80  | 01:54:08.85 | 11:24  | 5.3  |
| 327  | APANOVA EKATERINA           | 4256 |                                      | KŁODZKO              |      | K-30 | 27     | K 81  | 01:54:14.95 | 11:25  | 5.3  |
| 328  | CHEŁCHOWSKA KATARZYNA       | 4078 |                                      | RADKÓW               | POL  | K-30 | 28     | K 82  | 01:54:21.20 | 11:26  | 5.2  |
| 329  | KOŁODZIEJ MARZENA           | 4155 | #BIEGIEMWLAS                         | MUROWANA GOŚLINA     | POL  | K-40 | 43     | K 83  | 01:54:22.15 | 11:26  | 5.2  |

**SUUNTO SPRINT NA BŁĘDNE SKAŁY, OPEN c.d.**

| M-ce | Nazwisko i imię           | Nr   | Klub                        | M-scowość                   | Kraj | Kat. | M. kat | K/M   | Netto       | min/km | km/h |
|------|---------------------------|------|-----------------------------|-----------------------------|------|------|--------|-------|-------------|--------|------|
| 330  | GEJDA PRZEMYSŁAW          | 4259 |                             | JONKOWO                     | POL  | M-40 | 107    | M 247 | 01:54:27.55 | 11:26  | 5.2  |
| 331  | KRYSIĄK ŁUKASZ            | 3188 | PIĄTKOWO NA BIEGOWO         | POZNAŃ                      | POL  | M-40 | 108    | M 248 | 01:54:29.45 | 11:26  | 5.2  |
| 332  | LUPA MIROŚLAW             | 4175 |                             | ŚCINAWA                     | POL  | M-50 | 37     | M 249 | 01:54:31.40 | 11:27  | 5.2  |
| 333  | BIAŁA MALGORZATA          | 3155 |                             | KOMORNIKI                   | POL  | K-30 | 29     | K 84  | 01:54:32.35 | 11:27  | 5.2  |
| 334  | MAJ MAGDALENA             | 4117 | GRAŻYNKI OCR                | ROKIETNICA                  | POL  | K-30 | 30     | K 85  | 01:54:32.40 | 11:27  | 5.2  |
| 335  | WUDECKA BEATA             | 4281 |                             | ŁAMBINOWICE                 | POL  | K-50 | 7      | K 86  | 01:54:54.55 | 11:29  | 5.2  |
| 336  | KOPACZYŃSKA BEATA         | 3216 | CROSSFIT ZIELONA GÓRA       | ZIELONA GÓRA                | POL  | K-50 | 8      | K 87  | 01:55:26.65 | 11:32  | 5.2  |
| 337  | ANTKOWIAK MIROŚLAW        | 4224 |                             | KROSNO ODRZAŃSKIE           | POL  | M-50 | 38     | M 250 | 01:55:35.00 | 11:33  | 5.2  |
| 338  | GROMADZKA JUSTYNA         | 3218 | KOBIETY WATAHA              | BYTOM                       | POL  | K-40 | 44     | K 88  | 01:55:39.70 | 11:33  | 5.2  |
| 339  | GWORYS KATARZYNA          | 3038 | ZRYW PARZYMICHEY            | KLEŚNISKI                   | POL  | K-40 | 45     | K 89  | 01:55:42.70 | 11:34  | 5.2  |
| 340  | GWORYS KRZYSZTOF          | 3039 | ZRYW PARZYMICHEY            | KLEŚNISKI                   | POL  | M-40 | 109    | M 251 | 01:55:44.05 | 11:34  | 5.2  |
| 341  | DOMOSŁAWSKA JOANNA        | 4214 |                             | WROCŁAW                     | POL  | K-40 | 46     | K 90  | 01:56:10.75 | 11:37  | 5.2  |
| 342  | STROMIDŁO ANNA            | 4279 | BROWAR DOMOWY HATAK         | PIŁA                        | POL  | K-40 | 47     | K 91  | 01:56:25.30 | 11:38  | 5.2  |
| 343  | PUZIO WALDEMAR            | 3246 | MARATONCZYK DĘBICA          | DĘBICA                      | POL  | M-60 | 5      | M 252 | 01:56:28.10 | 11:38  | 5.2  |
| 344  | ZYGOŃ ARTUR               | 4158 |                             | STARGARD                    | POL  | M-30 | 87     | M 253 | 01:56:34.20 | 11:39  | 5.1  |
| 345  | KONCA MARIUSZ             | 3096 |                             | OŻARÓW MAZOWIECKI           | POL  | M-50 | 39     | M 254 | 01:56:45.25 | 11:40  | 5.1  |
| 346  | BERNACKA KINGA            | 4318 |                             | TOMICE                      | POL  | K-30 | 31     | K 92  | 01:56:54.00 | 11:41  | 5.1  |
| 347  | KONIECZNA ALEKSANDRA      | 4317 | -                           | OPALENICA                   | POL  | K-30 | 32     | K 93  | 01:56:56.05 | 11:41  | 5.1  |
| 348  | CUPAK ŁUKASZ              | 3071 |                             | DŁUGOŁĘKA                   | POL  | M-30 | 88     | M 255 | 01:56:59.50 | 11:41  | 5.1  |
| 349  | FANAŁO KASIA              | 3144 | ZIELONA GÓRO ZACZNIJ BIEGAĆ | ZIELONA GÓRA                | POL  | K-30 | 33     | K 94  | 01:57:04.80 | 11:42  | 5.1  |
| 350  | WĘGIER AGNIESZKA          | 3108 | ZIELONA GÓRA ZACZNIJ BIEGAĆ | ZIELONA GÓRA                | POL  | K-40 | 48     | K 95  | 01:57:05.20 | 11:42  | 5.1  |
| 351  | BOGACKA ANETA             | 3109 | ZGZB                        | ZIELONA GÓRA                | POL  | K-30 | 34     | K 96  | 01:57:17.10 | 11:43  | 5.1  |
| 352  | SKÓRSKI STANISŁAW         | 4027 | RAZ SZCZECIN                | SZCZECIN                    | POL  | M-60 | 6      | M 256 | 01:57:17.15 | 11:43  | 5.1  |
| 353  | URBAN ALICJA              | 4102 | KACZKATEAM                  | WROCŁAW                     | POL  | K-20 | 7      | K 97  | 01:57:49.10 | 11:46  | 5.1  |
| 354  | MODRZYŃSKI PRZEMYSŁAW     | 4139 | NGT PROBAR                  | ELBLĄG                      | POL  | M-50 | 40     | M 257 | 01:58:11.90 | 11:49  | 5.1  |
| 355  | FLORCZAK MONIKA           | 4047 |                             | WROCŁAW                     | POL  | K-30 | 35     | K 98  | 01:58:17.15 | 11:49  | 5.1  |
| 356  | KOT TOMASZ                | 3197 |                             | WARSZAWA                    | POL  | M-40 | 110    | M 258 | 01:58:25.85 | 11:50  | 5.1  |
| 357  | DOLECKA ELŻBIETA          | 4114 | NKB CHYŻY NOWY TOMYŚL       | NOWY TOMYŚL                 | POL  | K-40 | 49     | K 99  | 01:58:28.50 | 11:50  | 5.1  |
| 358  | MAŚLANA KATARZYNA         | 4271 |                             | GOSTYNIN                    | POL  | K-30 | 36     | K 100 | 01:58:29.35 | 11:50  | 5.1  |
| 359  | KOZAK EWA                 | 4118 | KOZAKI                      | DŁUGOŁĘKA                   | POL  | K-40 | 50     | K 101 | 01:59:32.95 | 11:57  | 5    |
| 360  | RAJTAR ROBERT             | 4327 |                             | DOWBORA MUSNICKIEGO 38 M16. | POL  | M-40 | 111    | M 259 | 01:59:36.15 | 11:57  | 5    |
| 361  | NATKANIEC GRAZYNA         | 4100 | EKIPA LIPA                  | LIPA                        | POL  | K-50 | 9      | K 102 | 01:59:38.70 | 11:57  | 5    |
| 362  | SKIBA ANNA                | 4289 | KB HARCOWNIK                | MIŁOSZYCE                   | POL  | K-40 | 51     | K 103 | 02:00:45.25 | 12:04  | 5    |
| 363  | KAMIŃSKA ANDŻELIKA        | 4177 |                             | KUDOWA-ZDRÓJ                | POL  | K-40 | 52     | K 104 | 02:01:01.00 | 12:06  | 5    |
| 364  | NOLAS JOLANTA             | 4195 | KLUB BIEGACZA HARCOWNIK     | JELCZ-LASKOWICE             | POL  | K-50 | 10     | K 105 | 02:01:05.40 | 12:06  | 5    |
| 365  | KASPRZYK MARCIN           | 4113 |                             | POZNAŃ                      | POL  | M-20 | 15     | M 260 | 02:01:07.65 | 12:06  | 5    |
| 366  | SKRZĄTEK ANNA             | 4137 |                             | PRZYŁĘKI                    | POL  | K-40 | 53     | K 106 | 02:01:09.45 | 12:06  | 5    |
| 367  | FRYSIAK BARBARA           | 4222 | WIELUŃ                      | WIELUŃ                      | POL  | K-50 | 11     | K 107 | 02:01:14.55 | 12:07  | 4.9  |
| 368  | SIKORSKI GRZEGORZ         | 3043 |                             | BORYSŁAWICE ZAMKOWE         | POL  | M-50 | 41     | M 261 | 02:02:20.25 | 12:14  | 4.9  |
| 369  | MAĆKOWIAK JOANNA          | 4225 |                             | WARSZAWA                    | POL  | K-20 | 8      | K 108 | 02:02:50.00 | 12:17  | 4.9  |
| 370  | ADAMCZYK PIOTR            | 4323 |                             | POZNAŃ                      | POL  | M-30 | 89     | M 262 | 02:02:52.70 | 12:17  | 4.9  |
| 371  | POKORNY TOMASZ            | 4282 |                             | WROCŁAW                     | POL  | M-50 | 42     | M 263 | 02:02:56.10 | 12:17  | 4.9  |
| 372  | JANKOWSKA KATARZYNA       | 4215 |                             | WROCŁAW                     | POL  | K-40 | 54     | K 109 | 02:02:57.00 | 12:17  | 4.9  |
| 373  | STACHOWIAK JOANNA         | 4074 |                             | SWARZĘDZ                    | POL  | K-20 | 9      | K 110 | 02:03:03.25 | 12:18  | 4.9  |
| 374  | SAJNAJ ADRIAN             | 4080 |                             | SWARZĘDZ                    | POL  | M-20 | 16     | M 264 | 02:03:06.25 | 12:18  | 4.9  |
| 375  | RAJKOWSKI TOMASZ          | 3065 |                             | GUBIN                       | POL  | M-30 | 90     | M 265 | 02:03:14.15 | 12:19  | 4.9  |
| 376  | OLEJNIK IŁONA             | 4017 | KRWIOBIEGANIE               | ZIELONA GÓRA                | POL  | K-50 | 12     | K 111 | 02:03:25.20 | 12:20  | 4.9  |
| 377  | SKRZYŃSKA MARLENA         | 4150 | ZIELONA GÓRO ZACZNIJ BIEGAĆ | ZIELONA GÓRA                | POL  | K-30 | 37     | K 112 | 02:03:28.05 | 12:20  | 4.9  |
| 378  | DUBIEL ANDRZEJ            | 3032 |                             | LUTYNIA                     | POL  | M-40 | 112    | M 266 | 02:03:44.65 | 12:22  | 4.8  |
| 379  | MORAŃSKA MAŁGORZATA       | 4125 |                             | BOŻEJOWICE                  | POL  | K-30 | 38     | K 113 | 02:03:52.20 | 12:23  | 4.8  |
| 380  | SKRZYPIŃSKA AGNIESZKA     | 4126 | PSI PATROL                  | LESZNO                      | POL  | K-40 | 55     | K 114 | 02:04:27.55 | 12:26  | 4.8  |
| 381  | KACZMAREK MONIKA          | 4124 | NKB CHYŻY NOWY TOMYŚL       | NOWY TOMYŚL                 | POL  | K-40 | 56     | K 115 | 02:04:50.85 | 12:29  | 4.8  |
| 382  | KRAJEWSKA-KŁODA KATARZYNA | 3027 | DRUŻYNA SZPIKU              | CZAPURY                     | POL  | K-40 | 57     | K 116 | 02:04:51.70 | 12:29  | 4.8  |
| 383  | BARANIAK BEATA            | 3025 | DRUŻYNA SZPIKU              | DASZEWICE                   | POL  | K-40 | 58     | K 117 | 02:04:54.70 | 12:29  | 4.8  |
| 384  | SIARKIEWICZ JOLA          | 4133 | BIEGAMDŁAZDROWIA.PL         | PODGÓRZYN                   | POL  | K-60 | 1      | K 118 | 02:04:56.75 | 12:29  | 4.8  |
| 385  | UCHEREK KINGA             | 4167 |                             | ŻORY                        | POL  | K-40 | 59     | K 119 | 02:05:00.70 | 12:30  | 4.8  |
| 386  | UCHEREK KAZIMIERZ         | 4166 |                             | ŻORY                        | POL  | M-50 | 43     | M 267 | 02:05:02.70 | 12:30  | 4.8  |

**SUUNTO SPRINT NA BŁĘDNE SKAŁY, OPEN c.d.**

| M-ce | Nazwisko i imię                   | Nr   | Klub                                                | M-scowość           | Kraj | Kat. | M. kat | K/M   | Netto       | min/km | km/h |
|------|-----------------------------------|------|-----------------------------------------------------|---------------------|------|------|--------|-------|-------------|--------|------|
| 387  | NOWAK MONIKA                      | 4233 |                                                     | POZNAŃ              | POL  | K-40 | 60     | K 120 | 02:05:09.25 | 12:30  | 4.8  |
| 388  | BARTOSZEWSKA KATARZYNA            | 4269 | TEAM RÓŻOWEJ PELERYNKI                              | DŁUGOŁĘKA           | POL  | K-40 | 61     | K 121 | 02:05:10.10 | 12:31  | 4.8  |
| 389  | CICHY ROMAN                       | 4188 | MUAY RUNNING TEAM                                   | ZALASEWO            | POL  | M-40 | 113    | M 268 | 02:05:17.10 | 12:31  | 4.8  |
| 390  | ŁUŻNY AGNIESZKA                   | 4255 | TEAM PAPRY                                          | TYCHY               | POL  | K-30 | 39     | K 122 | 02:05:19.65 | 12:31  | 4.8  |
| 391  | NIEPORECKA SYLWIA                 | 4248 |                                                     | WARSZAWA            | POL  | K-40 | 62     | K 123 | 02:05:20.00 | 12:32  | 4.8  |
| 392  | SERWATKA ANGELIKA                 | 4277 | KOBIETY WATAHY                                      | ZABRZE              | POL  | K-30 | 40     | K 124 | 02:05:28.85 | 12:32  | 4.8  |
| 393  | MAĆKOWIAK KAROLINA                | 4072 | MAĆKOWIAK TEAM                                      | ŚREM                | POL  | K-40 | 63     | K 125 | 02:05:43.50 | 12:34  | 4.8  |
| 394  | MARCINIAK IRMINA                  | 4035 | TEAM BIEGANIE NA ŚNIADANIE                          | ŚMIGIEL             | POL  | K-40 | 64     | K 126 | 02:05:57.35 | 12:35  | 4.8  |
| 395  | RĘBECKA VIOLETTA                  | 4029 | BIEGAMDLAZDROWIA. PL                                | JELENIA GÓRA        | POL  | K-40 | 65     | K 127 | 02:05:57.55 | 12:35  | 4.8  |
| 396  | MAĆKOWIAK ADAM                    | 4226 |                                                     | WARSZAWA            | POL  | M-20 | 17     | M 269 | 02:05:59.10 | 12:35  | 4.8  |
| 397  | VAN KESSEL - PALUSZKIEWICZ MONIKA | 4073 | MAĆKOWIAK TEAM                                      | OIRSBECK            |      | K-40 | 66     | K 128 | 02:06:05.90 | 12:36  | 4.8  |
| 398  | KONCA BEATA                       | 3095 | KB OŻARÓW MAZOWIECKI BIEGA                          | OŻARÓW MAZOWIECKI   | POL  | K-40 | 67     | K 129 | 02:06:07.80 | 12:36  | 4.8  |
| 399  | DĘBEK PIOTR                       | 3257 | ŚWIDNICKA GRUPA BIEGOWA                             | ŚWIDNICA            | POL  | M-40 | 114    | M 270 | 02:06:16.45 | 12:37  | 4.8  |
| 400  | PAWLAK MATEUSZ                    | 4015 | BIEGNIJ OŁAWO                                       | OŁAWA               | POL  | M-30 | 91     | M 271 | 02:06:18.10 | 12:37  | 4.8  |
| 401  | POPOWICZ JUSTYNA                  | 3232 |                                                     | DOMASZKOW           | POL  | K-40 | 68     | K 130 | 02:06:18.30 | 12:37  | 4.8  |
| 402  | GRĘZEL-GAWRON JOLANTA             | 4044 |                                                     | POLSKA NOWA WIEŚ    | POL  | K-40 | 69     | K 131 | 02:06:34.20 | 12:39  | 4.7  |
| 403  | GOŹDZICKA IWONA                   | 4149 | ZIELONA GÓRO ZACZNIJ BIEGAĆ / GB STATYSTYKA LUBUSKA | ZIELONA GÓRA        | POL  | K-40 | 70     | K 132 | 02:06:39.90 | 12:39  | 4.7  |
| 404  | JAROSŁAWSKI MARIUSZ               | 4106 | BIEGNIJ OŁAWO                                       | OŁAWA               | POL  | M-50 | 44     | M 272 | 02:06:41.85 | 12:40  | 4.7  |
| 405  | DZIEDZIC PAWEŁ                    | 4031 |                                                     | WROCŁAW             | POL  | M-50 | 45     | M 273 | 02:07:11.20 | 12:43  | 4.7  |
| 406  | BARTKIEWICZ HALINA                | 4018 |                                                     | ZIELONA GÓRA        | POL  | K-40 | 71     | K 133 | 02:07:16.40 | 12:43  | 4.7  |
| 407  | POMALECKA BARBARA                 | 4094 |                                                     | KRAKÓW              | POL  | K-30 | 41     | K 134 | 02:07:20.70 | 12:44  | 4.7  |
| 408  | CHUDZIŃSKI ŁUKASZ                 | 4254 | JIM TEAM MTB GOSTYŃ                                 | GOSTYŃ              | POL  | M-40 | 115    | M 274 | 02:07:23.20 | 12:44  | 4.7  |
| 409  | GÓRNA ALDONA                      | 3183 | ZÓŁWICE W BIEGU                                     | ŚREM                | POL  | K-40 | 72     | K 135 | 02:07:44.95 | 12:46  | 4.7  |
| 410  | DOBRZYŃSKA JOANNA                 | 4169 |                                                     | GDYNIA              | POL  | K-40 | 73     | K 136 | 02:07:45.50 | 12:46  | 4.7  |
| 411  | PICHER RÓŻYŁO JOANNA              | 4140 |                                                     | BIELANY WROCŁAWSKIE | POL  | K-40 | 74     | K 137 | 02:07:46.50 | 12:46  | 4.7  |
| 412  | ŁANGE HANNA                       | 3181 | ZÓŁWICE W BIEGU                                     | ŚREM                | POL  | K-40 | 75     | K 138 | 02:07:59.10 | 12:47  | 4.7  |
| 413  | PELCZER AGNIESZKA                 | 4128 | KB HARCOWNIK JELCZ-LASKOWICE                        | MŁOSZYCE            | POL  | K-40 | 76     | K 139 | 02:08:02.90 | 12:48  | 4.7  |
| 414  | WOZNIAK RADOSŁAW                  | 4143 |                                                     | BIELANY WROCŁAWSKIE | POL  | M-50 | 46     | M 275 | 02:08:04.35 | 12:48  | 4.7  |
| 415  | SZALEWICZ MAŁGORZATA              | 4037 | RAZ SZCZECIN                                        | SZCZECIN            | POL  | K-50 | 13     | K 140 | 02:08:07.15 | 12:48  | 4.7  |
| 416  | IGNASZEWSKA MARTA                 | 4160 |                                                     | RADZYNY             | POL  | K-40 | 77     | K 141 | 02:08:19.40 | 12:49  | 4.7  |
| 417  | BRZEZIŃSKA EWA                    | 4138 |                                                     | GDYNIA              | POL  | K-50 | 14     | K 142 | 02:08:20.30 | 12:50  | 4.7  |
| 418  | PIETRZAK AGNIESZKA                | 4172 | BIEGAJĄCE KREJZOLE                                  | POZNAŃ              | POL  | K-40 | 78     | K 143 | 02:08:27.80 | 12:50  | 4.7  |
| 419  | ŁACHOWSKI KAROL                   | 3056 | FILIP RUNNING TEAM                                  | WARSZAWA            | POL  | M-30 | 92     | M 276 | 02:09:08.75 | 12:54  | 4.6  |
| 420  | BACHURSKA EWA                     | 4077 | KB HARCOWNIK JELCZ-LASKOWICE                        | MŁOSZYCE            | POL  | K-40 | 79     | K 144 | 02:09:18.40 | 12:55  | 4.6  |
| 421  | NOWAK MAGDALENA                   | 3053 | FILIP RUNNING TEAM                                  | WARSZAWA            | POL  | K-30 | 42     | K 145 | 02:09:20.25 | 12:56  | 4.6  |
| 422  | TRAWA MAŁGORZATA                  | 4108 | RUN TEAM RYDZYNA                                    | WIELICHOWO          | POL  | K-40 | 80     | K 146 | 02:10:06.10 | 13:00  | 4.6  |
| 423  | WIELAND LIDIA                     | 4103 | RUN TEAM RYDZYNA                                    | LESZNO              | POL  | K-50 | 15     | K 147 | 02:10:08.55 | 13:00  | 4.6  |
| 424  | GISZCZYŃSKA WANDA                 | 4111 | RUN TEAM RYDZYNA                                    | LESZNO              | POL  | K-40 | 81     | K 148 | 02:10:14.80 | 13:01  | 4.6  |
| 425  | TRZCINA AGATA                     | 3024 |                                                     | ŚWIDNICA            | POL  | K-40 | 82     | K 149 | 02:10:38.65 | 13:03  | 4.6  |
| 426  | BEDNARSKA-KOZIOŁ DANUTA           | 3066 | WKURW_TEAM                                          | ZIELEĆICE           | POL  | K-40 | 83     | K 150 | 02:10:50.20 | 13:05  | 4.6  |
| 427  | BUCKO ARTUR                       | 4131 | I'M INSPIRATION                                     | JELENIA GÓRA        | POL  | M-50 | 47     | M 277 | 02:11:13.05 | 13:07  | 4.6  |
| 428  | SAMULSKA AGATA                    | 4109 |                                                     | GORZÓW WIELKOPOLSKI | POL  | K-50 | 16     | K 151 | 02:11:55.55 | 13:11  | 4.5  |
| 429  | PAWLUSIŃSKA MARZENA               | 4057 |                                                     | PABIANICE           | POL  | K-40 | 84     | K 152 | 02:14:10.80 | 13:25  | 4.5  |
| 430  | PIETRZAK ANNA                     | 4036 |                                                     | WROCŁAW             | POL  | K-40 | 85     | K 153 | 02:17:13.20 | 13:43  | 4.4  |
| 431  | DOBEK MATEUSZ                     | 4062 | JAWOR RIVER GYM                                     | JAWOR               | POL  | M-30 | 93     | M 278 | 02:19:02.35 | 13:54  | 4.3  |
| 432  | KONIECZNY PIOTR                   | 4087 | NKB CHYŻY NOWY TOMYŚL                               | NOWY TOMYŚL         | POL  | M-40 | 116    | M 279 | 02:19:10.15 | 13:55  | 4.3  |
| 433  | CAŁKA BARBARA                     | 4065 | KOBIECE BIEGANIE                                    | PRZECŁAW            | POL  | K-50 | 17     | K 154 | 02:21:22.70 | 14:08  | 4.2  |
| 434  | WOJCIECHOWSKI PRZEMYSŁAW          | 4066 | CHYŁA SPRINT GROUP                                  | PRZECŁAW            | POL  | M-50 | 48     | M 280 | 02:21:26.70 | 14:08  | 4.2  |
| 435  | MANDES ANNA                       | 4304 | IZABELIN NA START                                   | LASKI               | POL  | K-40 | 86     | K 155 | 02:23:25.40 | 14:20  | 4.2  |
| 436  | CHILARSKA ELŻBIETA                | 4152 | KUDOWIANKA RUN                                      | KUDOWA-ZDRÓJ        | POL  | K-30 | 43     | K 156 | 02:27:09.65 | 14:42  | 4.1  |
| 437  | BRZEZIŃSKI ANDRZEJ                | 4162 | LANRUNS                                             | OLKUSZ              | POL  | M-60 | 7      | M 281 | 02:27:55.40 | 14:47  | 4.1  |
| 438  | KMIECIŃSKI PAWEŁ                  | 4009 | KUDOWIANKA RUN                                      | KUDOWA ZDRÓJ        | POL  | M-40 | 117    | M 282 | 02:28:00.15 | 14:48  | 4.1  |
| 439  | DOBROWOLSKI ROBERT                | 4105 | SPORTOWI EMERYCI JELENIA GÓRA                       | JELENIA GÓRA        | POL  | M-60 | 8      | M 283 | 02:32:31.75 | 15:15  | 3.9  |
| 440  | DOBROWOLSKA BOŻENA                | 4104 | SPORTOWI EMERYCI JELENIA GÓRA                       | JELENIA GÓRA        | POL  | K-60 | 2      | K 157 | 02:33:03.60 | 15:18  | 3.9  |
| 441  | TWARDOWSKI WOJCIECH               | 4168 | RUN BYDGOSZCZ                                       | BYDGOSZCZ           | POL  | M-50 | 49     | M 284 | 02:34:38.60 | 15:27  | 3.9  |
| 442  | KOSTULSKA OLGA                    | 4300 | WKURW_TEAM                                          | TORUŃ               | POL  | K-30 | 44     | K 158 | 02:36:31.20 | 15:39  | 3.8  |

**SUUNTO SPRINT NA BŁĘDNE SKAŁY, OPEN c.d.**

| M-ce | Nazwisko i imię     | Nr   | Klub                         | M-scowość        | Kraj | Kat. | M. kat | K/M   | Netto       | min/km | km/h |
|------|---------------------|------|------------------------------|------------------|------|------|--------|-------|-------------|--------|------|
| 443  | MAKOWSKI MACIEJ     | 4058 | KORONA PABIANICE             | PABIANICE        | POL  | M-40 | 118    | M 285 | 02:37:35.30 | 15:45  | 3.8  |
| 444  | FRĄCKOWIAK ANNA     | 4129 | KB HARCOWNIK JELCZ-LASKOWICE | GRĘDZINA         | POL  | K-50 | 18     | K 159 | 02:38:03.00 | 15:48  | 3.8  |
| 445  | BARAŃSKA ADRIANNA   | 4261 | SOCIOS SILESIA               | KATOWICE         | POL  | K-20 | 10     | K 160 | 02:39:30.95 | 15:57  | 3.8  |
| 446  | CHAMAŁA KRZYSZTOF   | 4086 | WEEGREE                      | LUBOSZYCE        | POL  | M-30 | 94     | M 286 | 02:48:06.10 | 16:48  | 3.6  |
| 447  | GAWRYSIAK MAREK     | 4141 | BIEGOSTACJA                  | SŁONE            | GBR  | M-50 | 50     | M 287 | 02:49:51.70 | 16:59  | 3.5  |
| 448  | DOBERSZTYN BŁAŻEJ   | 4328 | FIZJOBIEGACZE                | SZCZECIN         | POL  | M-40 | 119    | M 288 | 02:51:27.40 | 17:08  | 3.5  |
| 449  | BACHURSKI TOMASZ    | 4088 | 140MINUT.PL                  | MIŁOSZYCE        | POL  | M-40 | 120    | M 289 | 02:55:10.60 | 17:31  | 3.4  |
| 450  | ISHCHUK ALIAKSANDR  | 4211 |                              | ŚWIEBODZICE      | POL  | M-30 | 95     | M 290 | 02:55:54.10 | 17:35  | 3.4  |
| 451  | HARETSKI ALEKSANDER | 4210 |                              | ŚWIEBODZICE      | POL  | M-30 | 96     | M 291 | 02:55:55.70 | 17:35  | 3.4  |
| 452  | TOMELA MACIEJ       | 4130 | TEAM GOSZKA                  | WROCŁAW          | POL  | M-30 | 97     | M 292 | 03:00:06.55 | 18:00  | 3.3  |
| 453  | JANOWICZ WOJTEK     | 4164 |                              | KŁODZKO          | POL  | M-30 | 98     | M 293 | 03:08:26.20 | 18:50  | 3.2  |
| 454  | KOLEK ADRIAN        | 4283 | DRINK TEAM                   | LEGNICA          | POL  | M-30 | 99     | M 294 | 03:10:14.30 | 19:01  | 3.2  |
| 455  | NOWAK ARKADIUSZ     | 4148 |                              | CHORZÓW          | POL  | M-30 | 100    | M 295 | 03:14:47.60 | 19:28  | 3.1  |
| 456  | SOBOTA PAWEŁ        | 4095 |                              | CHORZÓW          | POL  | M-30 | 101    | M 296 | 03:15:04.75 | 19:30  | 3.1  |
| 457  | LAUBACH RADOŚŁAW    | 4197 | RAAN                         | KNURÓW           | POL  | M-30 | 102    | M 297 | 03:17:09.55 | 19:42  | 3    |
| 458  | BĘBAS PAWEŁ         | 4208 |                              | WROCŁAW          | POL  | M-40 | 121    | M 298 | 03:29:58.85 | 20:59  | 2.9  |
| DQ   | ZIÓŁKOWSKA EWELINA  | 3254 | KB HARCOWNIK JELCZ LASKOWICE | OŁAWA            | POL  | K-30 | DQ     | DQ    | 02:00:30.20 | 0:00   | 5    |
|      |                     |      |                              |                  |      |      |        |       | DQ          |        |      |
|      | DZITKOWSKI WITOLD   | 3180 |                              | GOWARZEWO        | POL  | M-30 |        |       | DNF         | -      | -    |
|      | NOWOMIEJSKI MARCIN  | 3152 | PROGRES                      | MIŃSK MAZOWIECKI | POL  | M-40 |        |       | DNF         | -      | -    |
|      | BAKSALARY LIDIA     | 4180 | #BIEGAJLESZNO                | LESZNO           | POL  | K-40 |        |       | DNF         | -      | -    |
|      | MACHNIO NIKOLA      | 4228 |                              | WARSZAWA         | POL  | K-20 |        |       | DNF         | -      | -    |
|      | HAUTON MONIKA       | 3015 | NIE TERAZ, POTEM             | SOSNOWIEC        | POL  | K-40 |        |       | DNF         | -      | -    |
|      | LESIK ŁUKASZ        | 4278 |                              | RADOMIERZYCE     | POL  | M-40 |        |       | DNF         | -      | -    |
|      | KOTYŚ PAWEŁ         | 4229 |                              | WARSZAWA         | POL  | M-20 |        |       | DNF         | -      | -    |