

ZŁOTY MARATON - 45 KM

Organizator: Fundacja MARATONY GÓRSKIE
Data: 2022-07-14
Miejsce: Łądek-Zdrój
Dystans: 45 km
Klasyfikacja wg czasów brutto.



ZŁOTY MARATON - 45 KM, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0km	10km	22km	33km	Netto	Brutto	min/km	km/h
1	BOULKHALF ABDELLATIF	5630	KB WIKON	MODRZYCA	MAR	SENIOR II M - 30	1	M 1	00:00:03	00:54:41	02:00:00	02:58:34	03:49:37.75	03:49:37.75	5:06	11.8
2	KASZUBA MICHAŁ	5668	GRUPA NOMAX	PIEKARY ŚLĄSKIE	POL	MASTERS M - 40	1	M 2	00:00:05	00:57:32	02:04:19	02:58:21	03:53:51.05	03:53:51.05	5:11	11.5
3	WILK MACIEJ	5584	RAMBO 3	BYTOM	POL	MASTERS M - 40	2	M 3	00:00:02	00:54:43	02:00:20	03:00:39	03:58:39.00	03:58:39.00	5:18	11.3
4	SZKOŁUDA MIŁOSZ	5390	BIEGOLAS KOSZALIN	KOSZALIN	POL	SENIOR I M - 20	1	M 4	00:00:05	00:54:45	02:02:29	03:05:58	04:06:13.70	04:06:13.70	5:28	11
5	MÜLLER CHRISTOPH	5447	ŁĄDEK-ZDRÓJ RUNNERS	ZEULENRODA-TRIEBES	GER	SENIOR II M - 30	2	M 5	00:00:03	00:58:27	02:09:51	03:11:25	04:12:55.90	04:12:55.90	5:37	10.7
6	WRÓBLEWSKI ROBERT	5628		LUBLIN	POL	SENIOR II M - 30	3	M 6	00:00:07	00:54:44	02:02:32	03:13:10	04:18:19.05	04:18:19.05	5:44	10.5
7	WIECZOREK NINA	5375	MOCNA GRUPA CEZARA/SBRT WROCŁAW	OLEŚNICA	POL	SENIOR I K - 20	1	K 1	00:00:15	01:03:37	02:15:04	03:17:24	04:19:43.55	04:19:43.55	5:46	10.4
8	SZAFRANEK PAWEŁ	5252	STAŃCZAK TEAM	USTROŃ	POL	SENIOR II M - 30	4	M 7	00:00:47	01:02:28	02:14:46	03:17:52	04:21:11.60	04:21:11.60	5:48	10.3
9	MIELEWCZYK TOMASZ	5139	VERGE RUNNING TEAM	JELENIA GÓRA	POL	MASTERS M - 40	3	M 8	00:00:06	01:02:39	02:18:08	03:24:57	04:32:10.35	04:32:10.35	6:02	9.9
10	TOMASIAK NATALIA	5686	SALOMON TEAM	KRYNICA	POL	SENIOR II K - 30	1	K 2	00:00:03	01:02:34	02:15:04	03:23:54	04:32:24.50	04:32:24.50	6:03	9.9
11	SZYMAŃCZUK JACEK	5535	#BIEGIEMWLAS/NARAMOWI CE BIEGAJĄ	POZNAŃ	POL	SENIOR II M - 30	5	M 9	00:00:04	00:57:25	02:11:12	03:24:56	04:34:53.50	04:34:53.50	6:06	9.8
12	WALKOSZ MATEUSZ	5303	#SOBASTEAM	SZAFLARY	POL	SENIOR II M - 30	6	M 10	00:00:04	01:02:41	02:20:42	03:27:52	04:35:12.50	04:35:12.50	6:06	9.8
13	BEDNARCZYK MAGDALENA	5534	STRZEGOMSKA DWUNASTKA	STRZEGOM	POL	SENIOR II K - 30	2	K 3	00:00:14	01:04:45	02:22:17	03:29:54	04:36:09.65	04:36:09.65	6:08	9.8
14	FISZER SEBASTIAN	5162		OPOROWO	POL	MASTERS M - 40	4	M 11	00:00:28	01:02:39	02:19:15	03:31:30	04:38:55.35	04:38:55.35	6:11	9.7
15	KUPCZYK SŁAWOMIR	5555		POLKOWICE	POL	MASTERS M - 40	5	M 12	00:00:36	01:03:54	02:20:43	03:33:38	04:43:00.15	04:43:00.15	6:17	9.5
16	BIAŁOŁOCKI MARCIN	5660		WROCŁAW	POL	MASTERS M - 40	6	M 13	00:00:21	01:03:22	02:18:03	03:32:06	04:43:24.00	04:43:24.00	6:17	9.5
17	GREGORCZYK LUKASZ	5608	VEGE RUNNERS	WARSZAWA	POL	SENIOR II M - 30	7	M 14	00:00:05	01:01:57	02:21:06	03:33:14	04:43:46.75	04:43:46.75	6:18	9.5
18	BRZOZA ADAM	5449	NG POLAND	ZAKOPANE	POL	WETERAN I M - 50	1	M 15	00:00:06	01:08:26	02:28:05	03:37:33	04:44:09.60	04:44:09.60	6:18	9.5
19	BIAŁOŁOCKA ALICJA	5218		WROCŁAW	POL	SENIOR II K - 30	3	K 4	00:00:16	01:05:54	02:25:08	03:41:06	04:44:57.90	04:44:57.90	6:19	9.5
20	GREIVELDINGER GILLES	5622	FEHLAU RUN TEAM	KORNIK	POL	WETERAN I M - 50	2	M 16	00:00:14	01:04:50	02:25:12	03:41:31	04:45:33.35	04:45:33.35	6:20	9.5
21	FLOREK KATARZYNA	5206	140MINUT.PL	WROCŁAW	POL	SENIOR II K - 30	4	K 5	00:00:06	01:05:53	02:25:04	03:39:10	04:45:48.90	04:45:48.90	6:21	9.4
22	KRAJKA JAROSŁAW	5241	AZS UMCS BIEGA	LUBLIN	POL	MASTERS M - 40	7	M 17	00:00:07	01:09:47	02:32:34	03:42:36	04:48:48.60	04:48:48.60	6:25	9.3
23	STASIUKAITIS SIMAS	5673	BĖGIMO KLUBAS	KARMĖLAVA	LTU	SENIOR II M - 30	8	M 18	00:01:09	01:13:01	02:32:42	03:42:35	04:50:08.40	04:50:08.40	6:26	9.3
24	SZKODA KASIA	5010	TATERNIKTEAM	ZALASEWO	POL	SENIOR II K - 30	5	K 6	00:00:17	01:11:14	02:34:19	03:46:36	04:50:31.75	04:50:31.75	6:27	9.3
25	DASZEWSKI FILIP	5048	ICT POLAND	DĘBNO	POL	SENIOR I M - 20	2	M 19	00:00:06	01:06:48	02:28:32	03:46:54	04:53:16.85	04:53:16.85	6:31	9.2
26	KARCZMARCZYK MATEUSZ	5406		BYDGOSZCZ	POL	SENIOR II M - 30	9	M 20	00:00:06	01:08:45	02:31:36	03:46:37	04:53:25.55	04:53:25.55	6:31	9.2
27	GAWROŃSKI PAWEŁ	5637		OSTRÓW WIELKOPOLSKI	POL	MASTERS M - 40	8	M 21	00:01:21	01:14:40	02:36:26	03:53:14	04:53:32.10	04:53:32.10	6:31	9.2
28	GALUSKIN ALEXEY	5591	GRUPA NOMAX	TARNOWSKIE GÓRY	POL	SENIOR II M - 30	10	M 22	00:00:12	01:11:05	02:31:52	03:46:27	04:53:54.65	04:53:54.65	6:31	9.2
29	SKRZYPCZYK PAULINA	5035	TEAM FRUN / 42K PRO TEAM	TYCHY	POL	SENIOR II K - 30	6	K 7	00:00:03	01:08:52	02:32:11	03:45:01	04:54:07.10	04:54:07.10	6:32	9.2
30	WALASIK JAROSŁAW	5054	42K PRO TEAM	JAWORZNO	POL	WETERAN I M - 50	3	M 23	00:00:04	01:07:10	02:30:05	03:45:03	04:54:22.45	04:54:22.45	6:32	9.2
31	WINIARCZYK KRZYSZTOF	5185		ŚWIEBODZICE	POL	MASTERS M - 40	9	M 24	00:00:46	01:08:55	02:29:28	03:46:19	04:55:19.25	04:55:19.25	6:33	9.1
32	SPYCHAŁSKI ADAM	5199		RUDA ŚLĄSKA	POL	MASTERS M - 40	10	M 25	00:00:37	01:07:44	02:31:36	03:46:58	04:56:03.35	04:56:03.35	6:34	9.1
33	PIEKARSKI JAKUB	5116	HURAGAN LIGOTA	KATOWICE	POL	SENIOR I M - 20	3	M 26	00:00:12	01:04:29	02:21:42	03:39:29	04:56:21.45	04:56:21.45	6:35	9.1
34	LUZAR RAFAŁ	5180		OPOLE	POL	MASTERS M - 40	11	M 27	00:00:29	01:11:03	02:31:57	03:47:29	04:57:30.35	04:57:30.35	6:36	9.1
35	BIENIEK DAMIAN	5538	AZYMUT TEAM	PIOTRKÓW TRYBUNALSKI	POL	SENIOR II M - 30	11	M 28	00:00:01	01:06:40	02:29:26	03:45:39	04:57:50.45	04:57:50.45	6:37	9.1
36	GORSIAK PAWEŁ	5250		PŁOCK	POL	SENIOR II M - 30	12	M 29	00:00:12	01:11:02	02:39:23	03:51:49	04:59:47.50	04:59:47.50	6:39	9
37	WEŁNIAK PRZEMYSŁAW	5023	MOGILNO TEAM	ZALASEWO	POL	MASTERS M - 40	12	M 30	00:00:18	01:11:15	02:34:33	03:49:52	05:01:37.05	05:01:37.05	6:42	9
38	ANDRZEJEWSKI TOMASZ	5585	MOGILNO TEAM	ZALASEWO	POL	MASTERS M - 40	13	M 31	00:00:45	01:11:09	02:32:41	03:52:44	05:01:55.70	05:01:55.70	6:42	8.9
39	TALAGA DAWID	5220	KGHM ZG RUN	OLKUSZ	POL	SENIOR II M - 30	13	M 32	00:00:20	01:11:09	02:32:01	03:50:14	05:03:51.75	05:03:51.75	6:45	8.9
40	GALLAMOVA JEKATERINA	5600	SUPERVARONI	RIGA	LAT	SENIOR II K - 30	7	K 8	00:00:28	01:12:29	02:38:59	03:54:51	05:04:13.60	05:04:13.60	6:45	8.9

ZŁOTY MARATON - 45 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0km	10km	22km	33km	Netto	Brutto	min/km	km/h
41	WOJNAROWICZ PAWEŁ	5308		WILKSZYŃ	POL	SENIOR II M - 30	14	M 33	00:00:31	01:12:09	02:36:02	03:52:38	05:04:48.15	05:04:48.15	6:46	8.9
42	WOSZEK MARZENA	5556	WOSZKI	OPOLE	POL	MASTERS K - 40	1	K 9	00:00:04	01:11:48	02:38:05	03:55:09	05:05:11.70	05:05:11.70	6:46	8.8
43	ŁACHACZ KAROL	5465	GÓRAL Z MAZUR RUNNING TEAM	SUWAŁKI	POL	SENIOR II M - 30	15	M 34	00:00:13	01:10:58	02:36:55	03:55:35	05:07:45.25	05:07:45.25	6:50	8.8
44	KOZANECKI PRZEMYSŁAW	5132	WYBIEGAĆ MARZENIA TEAM	SŁUBICE	POL	SENIOR I M - 20	4	M 35	00:00:38	01:07:11	02:26:36	03:49:15	05:07:51.20	05:07:51.20	6:50	8.8
45	WRÓBLEWSKI ADRIAN	5380	ZGRUPKA PROMOBIL TEAM	KOMORNIKI	POL	SENIOR II M - 30	16	M 36	00:00:32	01:11:06	02:36:34	03:55:21	05:08:58.00	05:08:58.00	6:51	8.7
46	ŚNIEŻYŃSKI ROBERT	5146		SADKÓW	POL	SENIOR II M - 30	17	M 37	00:00:36	01:10:59	02:35:58	03:55:07	05:09:41.60	05:09:41.60	6:52	8.7
47	JAWORSKI MAREK	5314		USTRÓŃ	POL	SENIOR I M - 20	5	M 38	00:01:26	01:16:36	02:40:46	03:58:07	05:10:09.95	05:10:09.95	6:53	8.7
48	GAWLIK TOMASZ	5521		PSZCZYNA	POL	WETERAN I M - 50	4	M 39	00:00:55	01:13:03	02:43:28	04:00:56	05:11:04.75	05:11:04.75	6:54	8.7
49	WÓJCIK ROBERT	5175	42K PRO TEAM	TYCHY	POL	SENIOR II M - 30	18	M 40	00:00:04	01:10:58	02:37:09	03:56:42	05:11:23.10	05:11:23.10	6:55	8.7
50	MICHAŁOWSKI MARCIN	5212	MARCINSWIERCTEAM	ŚWIĘTOSZÓW	POL	MASTERS M - 40	14	M 41	00:00:10	01:11:52	02:39:13	04:01:22	05:11:32.80	05:11:32.80	6:55	8.7
51	KOTARSKI JAROSŁAW	5577		WROCŁAW	POL	SENIOR II M - 30	19	M 42	00:00:06	01:07:45	02:28:31	03:55:36	05:12:59.75	05:12:59.75	6:57	8.6
52	HÓLOWACZ ANDRZEJ	5610		ŚWIEBODZICE	POL	MASTERS M - 40	15	M 43	00:00:47	01:08:55	02:31:36	03:55:05	05:14:43.65	05:14:43.65	6:59	8.6
53	ZIELIŃSKI PIOTR	5066		WARSZAWA	POL	SENIOR II M - 30	20	M 44	00:00:07	01:11:08	02:36:22	04:02:40	05:15:31.65	05:15:31.65	7:00	8.6
54	SIKORA ŁUKASZ	5624	GRUPA NOMAX	SKOCZÓW	POL	SENIOR II M - 30	21	M 45	00:00:12	01:15:25	02:45:32	04:03:41	05:16:57.90	05:16:57.90	7:02	8.5
55	CITUK GRZEGORZ	5339	42K PRO TEAM	TYCHY	POL	MASTERS M - 40	16	M 46	00:00:04	01:11:02	02:37:26	04:01:06	05:17:22.00	05:17:22.00	7:03	8.5
56	ALLGÄUER MAXIMILIAN	5396		FELDKIRCH	AUT	SENIOR II M - 30	22	M 47	00:01:24	01:18:04	02:48:35	04:09:59	05:17:23.70	05:17:23.70	7:03	8.5
57	WOSZEK TOMASZ	5557	WOSZKI	OPOLE	POL	MASTERS M - 40	17	M 48	00:00:04	01:11:52	02:39:22	04:02:17	05:17:36.60	05:17:36.60	7:03	8.5
58	TUREK ARLETTA	5616		LUBATÓWKA	POL	SENIOR II K - 30	8	K 10	00:00:06	01:13:02	02:41:33	04:03:50	05:19:04.95	05:19:04.95	7:05	8.5
59	BANASIAK MARCIN	5335	FUJITSU RUNNING TEAM	ŁÓDŹ	POL	MASTERS M - 40	18	M 49	00:01:03	01:20:02	02:44:19	04:00:42	05:19:30.70	05:19:30.70	7:06	8.5
60	FELUCH KRZYSZTOF	5645	JACEK BIEGA RUNNING TEAM	WARSZAWA	POL	MASTERS M - 40	19	M 50	00:00:37	01:16:39	02:44:40	04:04:33	05:19:42.00	05:19:42.00	7:06	8.4
61	KORONA-SIERADZKA BOGUSŁAWA	5488		WARSZAWA	POL	SENIOR II K - 30	9	K 11	00:00:36	01:20:01	02:51:51	04:10:46	05:20:40.25	05:20:40.25	7:07	8.4
62	KRUPA NORBERT	5454	1 METR PRZED KONCEM ŚWIATA	ZĄBKOWICE ŚLĄSKIE	POL	MASTERS M - 40	20	M 51	00:02:07	01:12:11	02:39:26	04:02:49	05:21:27.45	05:21:27.45	7:08	8.4
63	CZAPIGA GRZEGORZ	5153	BURZA BORECZEK	BORÓW	POL	SENIOR II M - 30	23	M 52	00:00:38	01:13:00	02:39:24	04:03:13	05:21:38.45	05:21:38.45	7:08	8.4
64	DOMAŃ JOANNA	5121	FEHLAU RUN TEAM	KIEKRZ	POL	MASTERS K - 40	2	K 12	00:00:51	01:20:54	02:51:49	04:10:29	05:22:31.20	05:22:31.20	7:10	8.4
65	JĘDRASIK ADAM	5432		WROCŁAW	POL	SENIOR II M - 30	24	M 53	00:00:10	01:11:06	02:35:06	04:07:36	05:23:29.30	05:23:29.30	7:11	8.3
66	OLEJNICZAK PIOTR	5031	LESZNO LIMITS RUNNERS	LESZNO	POL	MASTERS M - 40	21	M 54	00:01:08	01:14:55	02:44:19	04:08:32	05:23:30.10	05:23:30.10	7:11	8.3
67	ZIELIŃSKI MATEUSZ	5438		KRAKÓW	POL	SENIOR II M - 30	25	M 55	00:00:29	01:16:57	02:48:47	04:11:30	05:23:47.40	05:23:47.40	7:11	8.3
68	JUSZKO KRZYSZTOF	5355		WARSZAWA	POL	MASTERS M - 40	22	M 56	00:00:26	01:18:07	02:50:14	04:10:33	05:24:28.15	05:24:28.15	7:12	8.3
69	BURDA MACIEJ	5110	MARATOŃCZYK POZNAŃ	POZNAŃ	POL	MASTERS M - 40	23	M 57	00:00:19	01:14:40	02:46:04	04:07:25	05:24:50.90	05:24:50.90	7:13	8.3
70	FERENC-SZMUC EDYTA	5321	KUDIWIANKA RUN	KUDOWA ZDROJ	POL	SENIOR II K - 30	10	K 13	00:00:04	01:15:43	02:48:30	04:11:17	05:25:59.55	05:25:59.55	7:14	8.3
71	KOZIOŁ KACPER	5267	#CHASEHATWOLF	KROSNO	POL	SENIOR I M - 20	6	M 58	00:01:27	01:18:34	02:46:20	04:07:34	05:27:27.40	05:27:27.40	7:16	8.2
72	ŻOŁDAK PRZEMYSŁAW	5459	#BIEGIEMWLAS / PNB	POZNAŃ	POL	MASTERS M - 40	24	M 59	00:00:25	01:17:03	02:44:24	04:14:23	05:27:27.85	05:27:27.85	7:16	8.2
73	RESPONDEK ANNA	5081		ZIELONA GÓRA	POL	SENIOR II K - 30	11	K 14	00:01:40	01:22:41	02:53:27	04:15:51	05:28:05.40	05:28:05.40	7:17	8.2
74	ŚLĘCZEK FILIP	5041		WARSZAWA	POL	SENIOR II M - 30	26	M 60	00:00:25	01:14:06	02:43:29	04:07:31	05:28:33.25	05:28:33.25	7:18	8.2
75	BROK JACEK	5096		PLEWISKA	POL	WETERAN I M - 50	5	M 61	00:00:36	01:17:01	02:46:19	04:10:27	05:28:58.15	05:28:58.15	7:18	8.2
76	RYSZAWY MIKOŁAJ	5167		MOKRZESZÓW	POL	SENIOR I M - 20	7	M 62	00:01:15	01:15:24	02:43:11	04:14:09	05:29:00.35	05:29:00.35	7:18	8.2
77	KUSAL TOMASZ	5076		OPOLE	POL	SENIOR I M - 20	8	M 63	00:00:03	01:05:12	02:29:06	03:56:21	05:29:36.45	05:29:36.45	7:19	8.2
78	WUJDA MIROSŁAW	5255	ERNI RULEZ	DĘBNO	POL	MASTERS M - 40	25	M 64	00:00:35	01:20:10	02:54:44	04:15:59	05:30:00.90	05:30:00.90	7:20	8.2
79	FANGOR-GRAB AGATA	5529	RESHAPE RUNNERS	GLIWICE	POL	SENIOR II K - 30	12	K 15	00:00:09	01:20:28	02:54:29	04:16:55	05:30:42.45	05:30:42.45	7:20	8.2
80	DROGOŚ KAJETAN	5516	BOWIE TO SUPER PIESEK	WROCŁAW	POL	SENIOR I M - 20	9	M 65	00:02:30	01:23:36	02:53:08	04:15:47	05:30:47.00	05:30:47.00	7:21	8.2
81	LESNIAK TOMASZ	5581		DUBLIN	IRL	MASTERS M - 40	26	M 66	00:00:12	01:11:14	02:37:44	04:10:19	05:31:21.90	05:31:21.90	7:21	8.1
82	KACPRZYK KATARZYNA	5071	KB MCKIS JAWORZNO	JAWORZNO	POL	SENIOR II K - 30	13	K 16	00:00:45	01:20:14	02:52:55	04:15:37	05:31:39.05	05:31:39.05	7:22	8.1
83	BAKOWICZ KAMIL	5238	AKTYWNI KAMIEŃSK	KAMIEŃSK	POL	SENIOR II M - 30	27	M 67	00:00:34	01:19:52	02:56:04	04:22:12	05:32:29.20	05:32:29.20	7:23	8.1
84	BANDUROWSKI ANDRZEJ	5366	KB SPOCENI NOWA SÓL	NOWA SÓL	POL	WETERAN I M - 50	6	M 68	00:00:30	01:20:00	02:50:15	04:15:25	05:32:33.10	05:32:33.10	7:23	8.1
85	KACZOR PIOTR	5644	SAMOTNY WILK Z KOTOWIC	KOTOWICE	POL	MASTERS M - 40	27	M 69	00:00:30	01:20:13	02:50:59	04:15:26	05:32:33.65	05:32:33.65	7:23	8.1
86	SZKOŁUDA SABINA	5389	BIEGOLAS KOSZALIN	KOSZALIN	POL	SENIOR I K - 20	2	K 17	00:00:07	01:17:53	02:55:44	04:18:02	05:33:55.90	05:33:55.90	7:25	8.1
87	KARPOWICZ RAFAL	5586		WROCŁAW	POL	MASTERS M - 40	28	M 70	00:00:13	01:11:02	02:39:43	04:16:51	05:34:01.70	05:34:01.70	7:25	8.1
88	KLAJA KASIA	5499		KRAKÓW	POL	SENIOR II K - 30	14	K 18	00:01:53	01:21:10	02:53:04	04:16:28	05:34:30.90	05:34:30.90	7:26	8.1
89	PACZKOWSKA KATARZYNA	5045	BIEGAJĄCE KREJZOLE	KIEKRZ	POL	SENIOR II K - 30	15	K 19	00:00:34	01:22:50	02:58:21	04:19:41	05:34:37.45	05:34:37.45	7:26	8.1
90	WOŹNIAK PAWEŁ	5089	KLEP	WROCŁAW	POL	MASTERS M - 40	29	M 71	00:00:21	01:11:34	02:40:55	04:09:27	05:35:09.35	05:35:09.35	7:26	8.1
91	STAWIŃSKI MICHAŁ	5236	NIGHT RUNNERS	TARNOWO PODGÓRNE	POL	SENIOR II M - 30	28	M 72	00:00:03	01:04:09	02:26:24	04:00:07	05:35:55.25	05:35:55.25	7:27	8
92	ŁATWIŃSKI ŁUKASZ	5078	MOCNA GRUPA CEZARA	PIETRZYKOWICE	POL	SENIOR II M - 30	29	M 73	00:01:21	01:21:45	02:56:23	04:23:06	05:35:57.05	05:35:57.05	7:27	8
93	KULAS ŁUKASZ	5606	ZAWSZE SOLO	BIERUŃ	POL	MASTERS M - 40	30	M 74	00:00:34	01:18:25	02:52:45	04:17:07	05:35:58.35	05:35:58.35	7:27	8
94	PLIS GRZEGORZ	5246		KOLBUSZOWA	POL	SENIOR II M - 30	30	M 74	00:01:51	01:29:28	02:57:32	04:24:14	05:35:58.35	05:35:58.35	7:27	8

ZŁOTY MARATON - 45 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0km	10km	22km	33km	Netto	Brutto	min/km	km/h
95	ZGRAJ LESZEK	5659	STS BIEGATON	MIKOŁÓW	POL	WETERAN I M - 50	7	M 76	00:00:19	01:18:23	02:53:07	04:18:47	05:36:03.40	05:36:03.40	7:28	8
96	GORZELANY RAFAŁ	5602		RYBNIK	POL	SENIOR II M - 30	31	M 77	00:00:29	01:20:15	02:48:40	04:20:12	05:36:58.05	05:36:58.05	7:29	8
97	BODZIOCH GRZEGORZ	5095	GORLICKA GRUPA BIEGOWA	GORLICE	POL	MASTERS M - 40	31	M 78	00:00:56	01:25:38	02:59:22	04:22:39	05:37:11.25	05:37:11.25	7:29	8
98	HAJDZIONA AGATA	5042	MARATOŃCZYK POZNAŃ	POZNAŃ	POL	SENIOR II K - 30	16	K 20	00:00:21	01:18:42	02:52:41	04:22:38	05:37:12.40	05:37:12.40	7:29	8
99	BALCEREK MARIUSZ	5070	FOKA TEAM	STĘSZEW	POL	SENIOR II M - 30	32	M 79	00:00:26	01:12:07	02:41:31	04:12:02	05:37:36.15	05:37:36.15	7:30	8
100	NIEDŹWIEDZ TOMASZ	5551	SOBASTEAM	ŚWIDNIK	POL	MASTERS M - 40	32	M 80	00:00:13	01:15:13	02:45:25	04:15:51	05:37:39.15	05:37:39.15	7:30	8
101	KOSIŃSKI MICHAŁ	5050		ŁÓDŹ	POL	SENIOR II M - 30	33	M 81	00:00:11	01:12:51	02:44:58	04:16:54	05:37:39.95	05:37:39.95	7:30	8
102	MACHOWIAK MACIEJ	5330		LESZNO	POL	SENIOR II M - 30	34	M 82	00:00:50	01:13:00	02:41:48	04:11:55	05:38:19.70	05:38:19.70	7:31	8
103	PRĘGOWSKI MICHAŁ	5271	STARE BABICE BIEGAJĄ / VEGE RUNNERS	KLAUDYN	POL	MASTERS M - 40	33	M 83	00:00:21	01:17:08	02:53:08	04:22:10	05:38:32.50	05:38:32.50	7:31	8
104	SPYTKOWSKA KATARZYNA	5650		KRAKÓW	POL	SENIOR I K - 20	3	K 21	00:00:10	01:18:03	02:52:23	04:18:08	05:38:36.55	05:38:36.55	7:31	8
105	MARCZEWSKI MACIEJ	5415		KIELCE	POL	SENIOR II M - 30	35	M 84	00:01:45	01:24:02	02:55:23	04:19:58	05:39:11.95	05:39:11.95	7:32	8
106	KOBYLECKI BARTOSZ	5536		WROCŁAW	POL	MASTERS M - 40	34	M 85	00:02:32	01:23:35	02:55:15	04:22:31	05:39:34.25	05:39:34.25	7:32	8
107	JANOWSKI MICHAŁ	5082		POZNAŃ	POL	SENIOR II M - 30	36	M 86	00:00:11	01:13:35	02:52:19	04:23:39	05:40:11.45	05:40:11.45	7:33	7.9
108	JAKUBOWSKI ZBYSZEK	5058		ŚWIERCZÓW	POL	MASTERS M - 40	35	M 87	00:00:38	01:18:09	02:51:41	04:19:50	05:40:33.75	05:40:33.75	7:34	7.9
109	SKARŻYŃSKI KAMIL	5083	PLANYBIEGOWE.PL / WLKP MOUNTAINS ULTRA	POZNAŃ	POL	SENIOR I M - 20	10	M 88	00:00:39	01:23:59	02:59:55	04:23:26	05:40:42.25	05:40:42.25	7:34	7.9
110	KURANT ELENA	5501		KRAKÓW	POL	MASTERS K - 40	3	K 22	00:00:14	01:22:05	02:55:03	04:19:16	05:41:06.40	05:41:06.40	7:34	7.9
111	WESOŁOWSKI MICHAŁ	5511		OPOLE	POL	SENIOR II M - 30	37	M 89	00:01:26	01:17:32	02:50:13	04:20:30	05:41:33.15	05:41:33.15	7:35	7.9
112	GODLEWSKI MARIUSZ	5632		WARSZAWA	POL	SENIOR II M - 30	38	M 90	00:00:18	01:18:58	02:59:34	04:25:17	05:41:37.55	05:41:37.55	7:35	7.9
113	WIECZOREK MARIA	5458	PRZEDWOJEWSKI TEAM	DĄBRÓWKA	POL	SENIOR II K - 30	17	K 23	00:00:10	01:19:01	02:50:46	04:19:08	05:41:41.15	05:41:41.15	7:35	7.9
114	KURZAWIAK GRZEGORZ	5439	KUDOWIANKA RUN	KARŁÓW	POL	MASTERS M - 40	36	M 91	00:00:03	01:15:44	02:48:31	04:19:10	05:42:03.40	05:42:03.40	7:36	7.9
115	ŚLOMIAN MARCELINA	5566		CZĘSTOCHOWA	POL	SENIOR II K - 30	18	K 24	00:00:06	01:19:01	02:54:38	04:19:00	05:42:07.90	05:42:07.90	7:36	7.9
116	MOCZULSKI KAMIL	5179	SBRT WROCŁAW	WROCŁAW	POL	SENIOR II M - 30	39	M 92	00:01:19	01:20:18	02:52:21	04:21:53	05:42:53.45	05:42:53.45	7:37	7.9
117	TOMELA MACIEJ	5075	TEAM GOSZKA	WROCŁAW	POL	SENIOR II M - 30	40	M 93	00:01:42	01:17:04	02:44:54	04:15:55	05:43:05.05	05:43:05.05	7:37	7.9
118	MARKOWSKI ŁUKASZ	5170		ŚMIGIEL	POL	MASTERS M - 40	37	M 94	00:00:35	01:11:07	02:41:40	04:16:06	05:43:14.75	05:43:14.75	7:37	7.9
119	ABRAMOWICZ AGATA	5604		KRZEPÓTÓW	POL	SENIOR I K - 20	4	K 25	00:00:54	01:18:33	02:55:03	04:24:20	05:43:29.70	05:43:29.70	7:37	7.9
120	KOTOWSKI PAWEŁ	5681	GT RAT - CATIUS	WROCŁAW	POL	SENIOR II M - 30	41	M 95	00:00:53	01:17:07	02:52:19	04:24:09	05:43:29.75	05:43:29.75	7:37	7.9
121	DUBAS MAREK	5369	WWW.SPRAWDZAMY-NIERU CHOMOSCI.PL	KOMORNIKI	POL	SENIOR II M - 30	42	M 96	00:01:07	01:18:06	02:52:21	04:18:07	05:43:33.90	05:43:33.90	7:38	7.9
122	RODZIEWICZ ZBIGNIEW	5494	CAŁA OLEŚNICA BIEGA	OLEŚNICA	POL	MASTERS M - 40	38	M 97	00:00:13	01:13:36	02:45:26	04:18:28	05:43:34.70	05:43:34.70	7:38	7.9
123	BUHL MARCIN	5504		CHRASTÓWICE	POL	SENIOR II M - 30	43	M 98	00:00:11	01:16:58	02:50:08	04:23:08	05:44:02.50	05:44:02.50	7:38	7.8
124	KLIŚ MARCIN	5656		STARE SIOŁKOWICE	POL	SENIOR II M - 30	44	M 99	00:00:11	01:16:57	02:50:05	04:23:07	05:44:02.75	05:44:02.75	7:38	7.8
125	GAŁEK ALEKSANDER	5381	PRAGMATIQ.PL	POZNAŃ	POL	SENIOR II M - 30	45	M 100	00:00:16	01:18:35	02:53:06	04:25:20	05:44:14.75	05:44:14.75	7:38	7.8
126	URBAŃSKI BARTŁOMIEJ	5258		WARSZAWA	POL	SENIOR II M - 30	46	M 101	00:00:56	01:20:50	02:53:35	04:24:28	05:46:20.35	05:46:20.35	7:41	7.8
127	KĘDZIA DOMINIK	5553		CZEMPIŃ	POL	WETERAN I M - 50	8	M 102	00:00:54	01:17:02	02:50:28	04:21:09	05:46:33.95	05:46:33.95	7:42	7.8
128	ŚLIWKA ARKADIUSZ	5243	OLZA CIESZYN	LESZNA GÓRNA	POL	MASTERS M - 40	39	M 103	00:01:29	01:22:08	02:53:37	04:25:40	05:46:48.90	05:46:48.90	7:42	7.8
129	WITKOWSKI WOJCIECH	5186		NIEMODLIN	POL	SENIOR II M - 30	47	M 104	00:00:07	01:11:57	02:43:35	04:32:54	05:46:48.95	05:46:48.95	7:42	7.8
130	JAZ ERNEST	5299	ENDORFINY WĄSOSZ	WĄSOSZ	POL	SENIOR II M - 30	48	M 105	00:01:07	01:17:05	02:50:44	04:21:02	05:47:13.15	05:47:13.15	7:42	7.8
131	BŁĄŻEJCZAK TOMASZ	5490	#BIEGAJLESZNO	LESZNO	POL	SENIOR II M - 30	49	M 106	00:00:17	01:20:34	02:51:02	04:23:19	05:47:27.45	05:47:27.45	7:43	7.8
132	JESIONKOWSKI PAWEŁ	5567	#BIEGIEMWLAS	ZIELONA GÓRA	POL	SENIOR I M - 20	11	M 107	00:00:25	01:15:41	02:48:28	04:27:43	05:47:37.00	05:47:37.00	7:43	7.8
133	MATYJA RAFAŁ	5440	LESZNOLIMITS RUNNERS	LIPNO	POL	SENIOR II M - 30	50	M 108	00:00:30	01:22:21	03:02:58	04:29:20	05:47:40.55	05:47:40.55	7:43	7.8
134	REDMANN EDYTA	5417		BYDGOSZCZ	POL	WETERAN K - 50	1	K 26	00:01:12	01:23:31	02:59:57	04:27:49	05:47:43.15	05:47:43.15	7:43	7.8
135	LIDTKE MARCIN	5537	ŻARY RUNNERS TEAM	ŻARY	POL	MASTERS M - 40	40	M 109	00:00:30	01:11:01	02:43:03	04:29:06	05:47:58.70	05:47:58.70	7:43	7.8
136	BIELECKI ROBERT	5582	KEEN ON RUNNING	BIAŁA PODLASKA	POL	WETERAN I M - 50	9	M 110	00:00:05	01:18:57	02:57:48	04:27:53	05:49:00.95	05:49:00.95	7:45	7.7
137	SIEWKO PIOTR	5269	SZWAGRY TEAM	DEBOWIEC	POL	WETERAN I M - 50	10	M 111	00:00:58	01:18:08	02:53:59	04:27:10	05:49:20.55	05:49:20.55	7:45	7.7
138	GARSTKA ZBIGNIEW	5614		WRONKI	POL	MASTERS M - 40	41	M 112	00:00:10	01:16:56	03:00:08	04:32:48	05:49:43.95	05:49:43.95	7:46	7.7
139	KORYTKOWSKI JAKUB	5411		WROCŁAW	POL	SENIOR I M - 20	12	M 113	00:01:20	01:26:33	03:03:01	04:37:09	05:50:22.05	05:50:22.05	7:47	7.7
140	MAJEWSKI KRZYSZTOF	5666	ZDROWYWIARIAT SZCZECIN	SZCZECIN	POL	SENIOR II M - 30	51	M 114	00:02:33	01:29:28	02:58:57	04:28:38	05:50:24.70	05:50:24.70	7:47	7.7
141	KUROWSKI ARTUR	5242	PURA VIDA TEAM	WROCŁAW	POL	SENIOR II M - 30	52	M 115	00:01:48	01:28:32	03:03:27	04:32:11	05:50:30.85	05:50:30.85	7:47	7.7
142	SCHLEGEL MICHAŁ	5012	MARATOŃCZYK POZNAŃ / POKONAJLENIA.PL	POZNAŃ	POL	SENIOR II M - 30	53	M 116	00:00:27	01:20:12	02:56:05	04:29:40	05:51:08.60	05:51:08.60	7:48	7.7
143	ODOLAK PIOTR	5005	STANWEX LL	SULEJÓWEK	POL	SENIOR II M - 30	54	M 117	00:02:02	01:29:24	03:01:53	04:30:39	05:51:52.30	05:51:52.30	7:49	7.7
144	STORTZ PIOTR	5200		WARSZAWA	POL	SENIOR II M - 30	55	M 118	00:01:22	01:17:09	02:54:21	04:32:43	05:52:41.80	05:52:41.80	7:50	7.7
145	KINSNER ZENON	5079	MOCNA GRUPA CEZARA	WROCŁAW	POL	MASTERS M - 40	42	M 119	00:01:19	01:20:20	02:52:19	04:22:03	05:53:12.00	05:53:12.00	7:50	7.6
146	KOWALSKI GRZEGORZ	5093	W POGONI ZA DUCHEM	DĄBRÓWA GÓRNICZA	POL	MASTERS M - 40	43	M 120	00:01:54	01:23:52	02:52:38	04:20:23	05:53:20.45	05:53:20.45	7:51	7.6
147	KLEPACKA-GANCARZ BARBARA	5594	RESHAPE RUNNERS	GLIWICE	POL	MASTERS K - 40	4	K 27	00:00:08	01:23:34	03:04:07	04:32:33	05:53:43.20	05:53:43.20	7:51	7.6

ZŁOTY MARATON - 45 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0km	10km	22km	33km	Netto	Brutto	min/km	km/h
148	GRZEBIELUCH KASIA	5688	LEDWOZIPIA	RYBNIK	POL	MASTERS K - 40	5	K 28	00:00:19	01:20:48	03:03:47	04:30:10	05:54:30.50	05:54:30.50	7:52	7.6
149	BRUDNY AGNIESZKA	5223	PORANNY BESKID RUN	OCHABY WIELKIE	POL	MASTERS K - 40	6	K 29	00:01:32	01:29:45	03:10:15	04:37:56	05:54:31.05	05:54:31.05	7:52	7.6
150	WOJCIECHOWSKI ARKADIUSZ	5502	KTÓRĘDYNADMORSKIEOKO	KONIN	POL	MASTERS M - 40	44	M 121	00:00:58	01:28:07	03:08:00	04:37:10	05:54:51.95	05:54:51.95	7:53	7.6
151	BORDYCH JACEK	5674	BOREL MARATHON TEAM	KOŻUCHÓW	POL	WETERAN I M - 50	11	M 122	00:01:29	01:23:07	03:01:58	04:32:15	05:54:53.25	05:54:53.25	7:53	7.6
152	SENFLEBEN MAREK	5111		LESZNO	POL	SENIOR II M - 30	56	M 123	00:00:52	01:23:50	03:01:47	04:32:03	05:55:03.85	05:55:03.85	7:53	7.6
153	SZYMAŃSKI MICHAŁ	5195	TGV CLUB	KOŚCIAN	POL	MASTERS M - 40	45	M 124	00:00:33	01:20:55	02:55:40	04:28:12	05:55:19.25	05:55:19.25	7:53	7.6
154	TOMCZYK ANGELIKA	5639		ZABRZE	POL	SENIOR II K - 30	19	K 30	00:00:08	01:23:33	03:02:54	04:32:08	05:55:25.60	05:55:25.60	7:53	7.6
155	STILLER IRENEUSZ	5254	LIBER POLAND TEAM	ZABRZE	POL	MASTERS M - 40	46	M 125	00:01:20	01:30:29	03:07:59	04:41:02	05:55:30.65	05:55:30.65	7:54	7.6
156	ZIMNY TOMASZ	5483	FARTY PUSZCZY	SZCZECIN	POL	WETERAN II M - 60	1	M 126	00:00:05	01:23:03	03:05:41	04:36:39	05:55:41.40	05:55:41.40	7:54	7.6
157	DAWIDOWICZ WOJCIECH	5177		DOBROSZYCE	POL	SENIOR II M - 30	57	M 127	00:01:07	01:22:23	03:00:06	04:33:37	05:55:42.25	05:55:42.25	7:54	7.6
158	BIELECKI TOMASZ	5513		GNIEZNO	POL	SENIOR I M - 20	13	M 128	00:00:39	01:20:03	02:56:01	04:24:08	05:56:37.30	05:56:37.30	7:55	7.6
159	ZWOLIŃSKI MARIUSZ	5597		WARSZAWA	POL	MASTERS M - 40	47	M 129	00:01:24	01:20:53	02:56:37	04:29:30	05:56:38.90	05:56:38.90	7:55	7.6
160	BARTYKOWSKA MARTA	5285	PGB SPORTOWA PACZKA	JABŁONNA	POL	SENIOR II K - 30	20	K 31	00:01:59	01:36:15	03:08:55	04:39:05	05:56:46.25	05:56:46.25	7:55	7.6
161	WIZA ANNA	5040		SWARZĘDZ	POL	MASTERS K - 40	7	K 32	00:00:22	01:20:32	03:04:27	04:41:16	05:56:52.55	05:56:52.55	7:55	7.6
162	WIZA TOMASZ	5190		POZNAŃ	POL	MASTERS M - 40	48	M 130	00:00:23	01:20:31	03:04:25	04:41:16	05:56:52.65	05:56:52.65	7:55	7.6
163	SZYPULSKI DARIUSZ	5168	SKS CHMIELOWICE	OPOLE	POL	MASTERS M - 40	49	M 131	00:01:36	01:24:31	03:03:17	04:37:12	05:57:43.05	05:57:43.05	7:56	7.5
164	SCHWARZ MAREK	5333	PRO366	SWARZĘDZ	POL	SENIOR II M - 30	58	M 132	00:00:54	01:20:56	02:57:31	04:37:46	05:58:27.00	05:58:27.00	7:57	7.5
165	KOBYŁKA MAREK	5392	SUPERMARATON KALISZ	KALISZ	POL	WETERAN I M - 50	12	M 133	00:01:49	01:25:37	03:03:32	04:33:47	05:58:29.55	05:58:29.55	7:57	7.5
166	SROKA MARCIN	5224	ST RUNNERS	PLEWISKA	POL	MASTERS M - 40	50	M 134	00:00:40	01:21:03	02:58:51	04:38:19	05:58:32.50	05:58:32.50	7:58	7.5
167	KUTERA ROBERT	5450	NOA	WROCŁAW	POL	MASTERS M - 40	51	M 135	00:01:56	01:33:14	03:12:08	04:41:20	05:58:33.55	05:58:33.55	7:58	7.5
168	PAŁYSA ROBERT	5161	STANWEX II	JÓZEFÓW	POL	SENIOR I M - 20	14	M 136	00:02:26	01:31:12	03:08:19	04:38:12	05:58:51.90	05:58:51.90	7:58	7.5
169	SIROČÁK PETR	5519	TRÍ KŘÍŽKY OSTRAVA	OSTRAVA	CZE	MASTERS M - 40	52	M 137	00:01:09	01:18:38	02:54:01	04:37:32	05:59:08.90	05:59:08.90	7:58	7.5
170	RÓŻAŃSKI ERYK	5130	MARATOŃCZYK POZNAŃ	POZNAŃ	POL	SENIOR II M - 30	59	M 138	00:00:20	01:18:21	02:55:09	04:28:22	05:59:11.00	05:59:11.00	7:58	7.5
171	CIEŚLIK PAWEŁ	5568	CHATEAU CHALIN	POZNAŃ	POL	MASTERS M - 40	53	M 139	00:02:06	01:29:36	03:04:08	04:39:15	05:59:25.70	05:59:25.70	7:59	7.5
172	TALAREK ROBERT	5484	TELERANEK	SZCZECIN	POL	MASTERS M - 40	54	M 140	00:00:44	01:24:45	03:06:53	04:38:26	06:00:37.95	06:00:37.95	8:00	7.5
173	KAJDAS GOSIA	5227	CROOS STRATEŃCÓW TEAM	SŁAWA	POL	MASTERS K - 40	8	K 33	00:00:16	01:24:57	03:08:55	04:41:47	06:00:45.65	06:00:45.65	8:01	7.5
174	MROWCA PAWEŁ	5181		LUBAŃ	POL	SENIOR II M - 30	60	M 141	00:01:57	01:26:19	03:03:57	04:38:15	06:00:53.25	06:00:53.25	8:01	7.5
175	SPYTKOWSKI PATRYK	5651		KRAKÓW	POL	SENIOR II M - 30	61	M 142	00:00:10	01:22:07	03:01:57	04:38:00	06:01:41.50	06:01:41.50	8:02	7.5
176	GROCHOLEWSKI WŁODZIMIERZ	5402	MOTOR LUBON TEAM	POZNAN	POL	WETERAN I M - 50	13	M 143	00:02:00	01:28:20	03:02:33	04:36:55	06:01:59.45	06:01:59.45	8:02	7.5
177	HACZ PAWEŁ	5603		KROSNO	POL	MASTERS M - 40	55	M 144	00:00:09	01:18:37	02:55:36	04:32:57	06:02:51.20	06:02:51.20	8:03	7.4
178	STOLIŃSKI PRZEMEK	5569		OZORKÓW	POL	MASTERS M - 40	56	M 145	00:00:18	01:14:41	02:52:22	04:39:10	06:03:08.10	06:03:08.10	8:04	7.4
179	WARZECHA TERESA	5618	RUNNERS TEAM NYSA	PACZKÓW	POL	WETERAN II K - 60	1	K 34	00:00:37	01:23:28	03:04:08	04:38:05	06:03:31.65	06:03:31.65	8:04	7.4
180	BORECKI PIOTR	5113	CZAJKERSI	NOWA RUDA	POL	SENIOR II M - 30	62	M 146	00:01:27	01:27:32	03:03:55	04:33:54	06:03:38.30	06:03:38.30	8:04	7.4
181	BINIENDA AGNIESZKA	5575	KOBIETY WATAHY	ZABRZE	POL	MASTERS K - 40	9	K 35	00:00:07	01:23:38	03:05:51	04:40:56	06:03:57.85	06:03:57.85	8:05	7.4
182	ŁYSIAK BARTEK	5371		DĄBRÓWKA	POL	SENIOR II M - 30	63	M 147	00:00:41	01:20:14	02:53:22	04:34:07	06:04:31.40	06:04:31.40	8:06	7.4
183	UPTAS TOMASZ	5019	CROSS STRACEŃCÓW TEAM	GŁOGÓW	POL	MASTERS M - 40	57	M 148	00:00:53	01:20:32	02:57:03	04:37:58	06:04:48.65	06:04:48.65	8:06	7.4
184	WESOŁOWSKA KINGA	5342	ASICS FRONTRUNNER POLAND	WROCŁAW	POL	SENIOR I K - 20	5	K 36	00:00:39	01:22:20	03:06:17	04:39:44	06:04:48.70	06:04:48.70	8:06	7.4
185	GRZELAK JAKUB	5627	MARMUROWE DZIKI	ŁÓDŹ	POL	SENIOR II M - 30	64	M 149	00:00:19	01:19:02	02:56:37	04:36:03	06:04:50.35	06:04:50.35	8:06	7.4
186	MAŁYSZKA KRZYSZTOF	5126	KRIS TRANS MAŁYSZKA	POZNAŃ	POL	WETERAN I M - 50	14	M 150	00:00:07	01:17:54	02:58:51	04:32:29	06:04:56.45	06:04:56.45	8:06	7.4
187	KAWECKI MAREK	5182	DRUŻYNA KONOPIELKI	NIEWODNICA NARGILEWSKA KOLONIA	POL	MASTERS M - 40	58	M 151	00:00:45	01:15:45	02:58:14	04:41:49	06:05:30.55	06:05:30.55	8:07	7.4
188	SIELIWONIK ANITA	5205		WARSZAWA	POL	MASTERS K - 40	10	K 37	00:02:18	01:33:11	03:14:19	04:44:05	06:05:59.15	06:05:59.15	8:07	7.4
189	KALKa KATARZYNA	5069	MARATOŃCZYK POZNAŃ	POZNAŃ	POL	SENIOR II K - 30	21	K 38	00:00:28	01:19:46	03:03:01	04:38:51	06:06:14.70	06:06:14.70	8:08	7.4
190	DARUL ALBERT	5676	KUPIEC TEAM	POZNAŃ	POL	SENIOR I M - 20	15	M 152	00:01:29	01:29:50	03:08:29	04:46:56	06:06:21.10	06:06:21.10	8:08	7.4
191	OSTACH DARIA	5425		OSTRÓW WIELKOPOLSKI	POL	MASTERS K - 40	11	K 39	00:00:23	01:26:32	03:09:52	04:42:31	06:07:10.35	06:07:10.35	8:09	7.4
192	AŚLANOWICZ MARCIN	5587	ŻÓRAWSKI TEAM	WARSZAWA	POL	MASTERS M - 40	59	M 153	00:00:16	01:22:04	03:06:33	04:41:06	06:07:47.90	06:07:47.90	8:10	7.3
193	JARYSZ PIOTR	5160	KRISTRANS MAŁYSZKA	POZNAŃ	POL	SENIOR II M - 30	65	M 154	00:00:17	01:18:29	02:57:16	04:36:45	06:08:34.40	06:08:34.40	8:11	7.3
194	SEMIENIUK KONRAD	5617	RZEPIN CITY	RZEPIN	POL	SENIOR II M - 30	66	M 155	00:01:28	01:29:49	03:08:29	04:46:56	06:08:41.10	06:08:41.10	8:11	7.3
195	MRÓWKA MAŁGORZATA	5001		ŁÓDŹ	POL	SENIOR II K - 30	22	K 40	00:00:18	01:23:41	03:09:09	04:43:04	06:08:42.95	06:08:42.95	8:11	7.3
196	RATAJCZAK DOROTA	5671	TRIO FORTIS	ZIELONA GÓRA	POL	MASTERS K - 40	12	K 41	00:00:24	01:28:49	03:14:30	04:51:08	06:09:09.95	06:09:09.95	8:12	7.3
197	PAJESTKA WOJTEK	5547	GÓRAL Z MAZUR RUNNING TEAM	SANOK	POL	MASTERS M - 40	60	M 156	00:01:28	01:28:09	03:09:55	04:45:59	06:09:43.50	06:09:43.50	8:12	7.3
198	BROŻYNA MIŁOSZ	5278		BEZRZECZE	POL	SENIOR I M - 20	16	M 157	00:00:59	01:22:38	03:05:50	04:39:20	06:09:50.25	06:09:50.25	8:13	7.3
199	KRÓLEWICZ DARIA	5359		SIECHNICE	POL	SENIOR I K - 20	6	K 42	00:01:24	01:28:31	03:11:43	04:48:17	06:10:58.25	06:10:58.25	8:14	7.3

ZŁOTY MARATON - 45 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0km	10km	22km	33km	Netto	Brutto	min/km	km/h
200	SAMBORSKI PIOTR	5474	WKURW_TEAM	TORUŃ	POL	SENIOR II M - 30	67	M 158	00:02:26	01:39:04	03:16:54	04:45:22	06:11:02.35	06:11:02.35	8:14	7.3
201	HANS MICHAŁ	5496		MSZANA DOLNA	POL	SENIOR II M - 30	68	M 159	00:00:06	01:09:53	02:41:17	04:24:50	06:11:07.55	06:11:07.55	8:14	7.3
202	GRONOWSKA-KAROLCZAK AGNIESZKA	5008	MARATOŃCZYK POZNAŃ	POZNAŃ	POL	SENIOR II K - 30	23	K 43	00:00:27	01:23:48	03:09:47	04:50:16	06:11:30.15	06:11:30.15	8:15	7.3
203	KAROLCZAK RAFAŁ	5020	MARATOŃCZYK POZNAŃ	POZNAŃ	POL	SENIOR II M - 30	69	M 160	00:00:27	01:24:03	03:09:47	04:50:19	06:11:30.45	06:11:30.45	8:15	7.3
204	RADECKI WOJCIECH	5495	NIEPOŁOMICE BIEGAJĄ	WIELICZKA	POL	WETERAN I M - 50	15	M 161	00:00:53	01:33:23	03:16:41	04:46:29	06:11:32.30	06:11:32.30	8:15	7.3
205	TOKARZEWSKA KATARZYNA	5541		DĄBRÓWKA	POL	MASTERS K - 40	13	K 44	00:01:16	01:39:02	03:21:35	04:52:50	06:13:19.60	06:13:19.60	8:17	7.2
206	WYRZYKOWSKI ANDRZEJ	5311	GRUPA BIEGOWA 65	GDAŃSK	POL	WETERAN I M - 50	16	M 162	00:01:21	01:32:01	03:13:55	04:51:54	06:13:19.95	06:13:19.95	8:17	7.2
207	SZELIGA TOMASZ	5482		BYTOM	POL	SENIOR II M - 30	70	M 163	00:00:59	01:30:17	03:14:29	04:46:02	06:13:26.65	06:13:26.65	8:17	7.2
208	KLAMA MACIEJ	5021	KKM	KALISZ	POL	MASTERS M - 40	61	M 164	00:02:26	01:37:59	03:23:23	04:54:10	06:13:36.90	06:13:36.90	8:18	7.2
209	KATRYCZ KRZYSZTOF	5571		WROCŁAW	POL	SENIOR I M - 20	17	M 165	00:02:32	01:33:26	03:10:26	04:47:26	06:13:44.05	06:13:44.05	8:18	7.2
210	MATYSIK MARTA	5286	WYZNAWCY BRONKA LIBIAŻ	LIBIAŻ	POL	SENIOR II K - 30	24	K 45	00:00:48	01:25:36	03:09:49	04:47:32	06:13:45.65	06:13:45.65	8:18	7.2
211	JARZĄBEK MICHAŁ	5142		WROCŁAW	POL	SENIOR II M - 30	71	M 166	00:01:18	01:25:19	03:09:03	04:51:21	06:13:57.20	06:13:57.20	8:18	7.2
212	ODIJA LESZEK	5652		WIRY	POL	MASTERS M - 40	62	M 167	00:00:51	01:29:18	03:13:37	04:45:55	06:14:33.25	06:14:33.25	8:19	7.2
213	HRONOWSKI JAKUB	5203		MYSLENICE	POL	SENIOR I M - 20	18	M 168	00:01:28	01:29:19	03:07:21	04:39:32	06:14:35.10	06:14:35.10	8:19	7.2
214	SOBCZAK MARCIN	5444		WROCŁAW	POL	SENIOR II M - 30	72	M 169	00:00:36	01:26:38	03:11:10	04:50:54	06:14:44.15	06:14:44.15	8:19	7.2
215	JAKRZEWSKI HUBERT	5281		KAMIONKI	POL	SENIOR II M - 30	73	M 170	00:00:32	01:23:08	03:04:21	04:45:33	06:15:05.65	06:15:05.65	8:20	7.2
216	RUDNICKA MAGDALENA	5451		POZNAŃ	POL	SENIOR II K - 30	25	K 46	00:02:09	01:36:43	03:18:21	04:52:51	06:15:35.80	06:15:35.80	8:20	7.2
217	STANKIEWICZ KRZYSZTOF	5214	KÓRNIK	KÓRNIK	POL	MASTERS M - 40	63	M 171	00:01:37	01:36:44	03:22:03	04:54:57	06:15:49.80	06:15:49.80	8:21	7.2
218	SZYMAŃSKI JAROSŁAW	5174		ŁĄDEK-ZDRÓJ	POL	SENIOR I M - 20	19	M 172	00:00:47	01:27:33	03:19:49	04:54:35	06:15:50.90	06:15:50.90	8:21	7.2
219	SYCHOWSKI DAWID	5068		TOMASZÓW BOLESŁAWIECKI	POL	SENIOR II M - 30	74	M 173	00:01:35	01:28:11	03:13:49	04:51:15	06:15:57.20	06:15:57.20	8:21	7.2
220	SMIERZCHAŁA ADAM	5517		MOSINA	POL	WETERAN I M - 50	17	M 174	00:00:49	01:29:37	03:16:09	04:54:33	06:16:55.20	06:16:55.20	8:22	7.2
221	FEODORÓW WOJCIECH	5667	RESHAPE RUNNERS	ZABRZE	POL	WETERAN I M - 50	18	M 175	00:00:15	01:20:49	03:05:46	04:44:56	06:17:30.35	06:17:30.35	8:23	7.2
222	OLEJNIK AGNIESZKA	5114	ENDORFINY WĄSOSZ	WĄSOSZ	POL	SENIOR II K - 30	26	K 47	00:01:02	01:28:10	03:15:50	04:51:09	06:17:37.25	06:17:37.25	8:23	7.2
223	OLEŚ DANIEL	5466		JEŻÓW SUDECKI	POL	SENIOR II M - 30	75	M 176	00:00:22	01:19:59	03:05:48	04:52:42	06:18:13.00	06:18:13.00	8:24	7.1
224	KONIECZNY CYPRIAN	5272		LESZNO	POL	SENIOR II M - 30	76	M 177	00:01:22	01:30:30	03:13:25	04:51:35	06:18:24.65	06:18:24.65	8:24	7.1
225	ZYWERT ANTONINA	5318		OSTROWITE	POL	SENIOR I K - 20	7	K 48	00:02:30	01:37:59	03:22:25	04:52:59	06:18:43.60	06:18:43.60	8:24	7.1
226	KARMOWSKI JAKUB	5014	MOCNA GRUPA CEZARA	WROCŁAW	POL	SENIOR II M - 30	77	M 178	00:00:45	01:28:13	03:17:04	04:56:30	06:19:38.00	06:19:38.00	8:26	7.1
227	KUSZTELSKA LUCYNA	5654	WLKP MOUNTAINS ULTRA	MOSINA	POL	MASTERS K - 40	14	K 49	00:00:43	01:35:24	03:24:05	04:59:45	06:20:16.85	06:20:16.85	8:27	7.1
228	PROCHNO PIOTR	5682	TRAIL IS OUR WAY TEAM	WŁOCŁAWEK	POL	SENIOR II M - 30	78	M 179	00:01:13	01:29:42	03:14:56	04:55:07	06:20:39.10	06:20:39.10	8:27	7.1
229	LASKOWSKI KRZYSZTOF	5344		OSTRÓW WLKP.	POL	WETERAN I M - 50	19	M 180	00:00:52	01:26:37	03:13:16	04:50:24	06:20:46.60	06:20:46.60	8:27	7.1
230	KUBISIAK DARIUSZ	5605		OSTRÓW WLKP.	POL	WETERAN I M - 50	20	M 181	00:02:47	01:37:20	03:22:26	04:57:41	06:21:17.65	06:21:17.65	8:28	7.1
231	MACIEJEWSKI ŁUKASZ	5391		KALISZ	POL	SENIOR II M - 30	79	M 182	00:01:49	01:28:07	03:10:03	04:49:10	06:21:19.85	06:21:19.85	8:28	7.1
232	ROSZYK TOMASZ	5235	TKKF MPK POZNAŃ	POZNAŃ	POL	MASTERS M - 40	64	M 183	00:01:19	01:36:46	03:24:48	05:01:49	06:21:31.40	06:21:31.40	8:28	7.1
233	CICHOCKI DAWID	5120	NIGHT RUNNERS PYSKOWICE	PYSKOWICE	POL	SENIOR II M - 30	80	M 184	00:00:50	01:24:00	03:07:30	04:52:12	06:21:40.40	06:21:40.40	8:28	7.1
234	KRENN PETER	5388	DIE KOCHANILES	RORSCHACHERBERG	SUI	MASTERS M - 40	65	M 185	00:00:01		03:18:02	04:58:52	06:22:16.30	06:22:16.30	8:29	7.1
235	STASZYŃSKA KAROLINA	5108	BIEGAJĄCE KREJZOLE	TULCE	POL	MASTERS K - 40	15	K 50	00:00:35	01:27:24	03:17:00	04:55:56	06:22:20.45	06:22:20.45	8:29	7.1
236	POPLAWSKI PIOTR	5625	PGB SPORTOWA PACZKA	ŁOSICE	POL	MASTERS M - 40	66	M 186	00:00:06	01:28:27	03:22:04	05:00:16	06:22:59.75	06:22:59.75	8:30	7
237	SYREK RAFAŁ	5098		DUSZNIKI ZDRÓJ	POL	MASTERS M - 40	67	M 187	00:02:43	01:23:52	03:02:28	04:52:01	06:23:22.80	06:23:22.80	8:31	7
238	KURZYŃCZAK ŁUKASZ	5197		WROCŁAW	POL	SENIOR II M - 30	81	M 188	00:03:01	01:32:40	03:11:32	04:48:18	06:23:29.40	06:23:29.40	8:31	7
239	SZUMIATO JAKUB	5372	PRZEDWOJEWSKI TEAM	WROCŁAW	POL	SENIOR II M - 30	82	M 189	00:01:46	01:34:46	03:20:06	05:01:00	06:23:57.70	06:23:57.70	8:31	7
240	ZUBRZAK JACEK	5409		ŁÓDŹ	POL	MASTERS M - 40	68	M 190	00:02:16	01:36:32	03:23:37	05:00:22	06:24:05.55	06:24:05.55	8:32	7
241	MATUSZCZYK MAREK	5032	RYBNICKA GRUPA BIEGOWA	RYBNIK	POL	MASTERS M - 40	69	M 191	00:02:25	01:41:57	03:29:13	04:53:33	06:24:38.00	06:24:38.00	8:32	7
242	WALCZAK AGNIESZKA	5245	PKO BANK POLSKI	BOLESŁAW	POL	MASTERS K - 40	16	K 51	00:00:57	01:31:56	03:17:22	04:58:47	06:24:45.50	06:24:45.50	8:33	7
243	SALIŃSKI BARTOSZ	5510	AUGUSTEAM	KATOWICE	POL	SENIOR II M - 30	83	M 192	00:00:03	01:22:33	03:11:13	04:52:57	06:24:49.15	06:24:49.15	8:33	7
244	BARTOSZAK PIOTR	5408		ZANIEMIYŚL	POL	SENIOR II M - 30	84	M 193	00:00:11	01:17:56	03:00:26	04:48:30	06:24:51.05	06:24:51.05	8:33	7
245	RYBKOWSKI HUBERT	5492	KTÓRĘDYNADMORSKIEOKO	ŻYCHLIN	POL	SENIOR II M - 30	85	M 194	00:00:58	01:31:57	03:12:12	04:49:11	06:25:09.55	06:25:09.55	8:33	7
246	PORAJ PAWEŁ	5464		CZĘSTOCHOWA	POL	SENIOR II M - 30	86	M 195	00:01:08	01:33:13	03:18:55	04:59:35	06:25:47.60	06:25:47.60	8:34	7
247	DUBAS ANNA	5328	SPRAWDZAMY-NIERUCHOM OSCI.PL	POZNAŃ	POL	SENIOR II K - 30	27	K 52	00:01:04	01:28:02	03:14:50	04:53:33	06:25:48.55	06:25:48.55	8:34	7
248	REDKIEWICZ AGNIESZKA	5445	TEAM ZABIEGANEDNI	WAŚZAWA	POL	SENIOR II K - 30	28	K 53	00:02:28	01:33:25	03:20:07	05:00:54	06:25:58.25	06:25:58.25	8:34	7
249	WOJCIECHOWSKA DOROTA	5633		OLEŚNICA	POL	MASTERS K - 40	17	K 54	00:00:44	01:27:05	03:17:24	04:55:50	06:26:02.80	06:26:02.80	8:34	7
250	PILONIS PAWEŁ	5456	BIEGOSTACJA	ZIELONA GÓRA	POL	MASTERS M - 40	70	M 196	00:01:40	01:28:06	03:08:20	04:54:33	06:26:02.90	06:26:02.90	8:34	7
251	RZECZYCKI DARIUSZ	5034		OPOLE	POL	WETERAN I M - 50	21	M 197	00:00:32	01:29:04	03:17:14	04:58:54	06:26:11.55	06:26:11.55	8:34	7
252	RZECZYCKA MAŁGORZATA	5033		OPOLE	POL	MASTERS K - 40	18	K 55	00:00:32	01:29:03	03:17:17	04:58:53	06:26:12.00	06:26:12.00	8:34	7

ZŁOTY MARATON - 45 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0km	10km	22km	33km	Netto	Brutto	min/km	km/h
253	GOŁOWICZ ANIA	5657		TORUŃ	POL	SENIOR II K - 30	29	K 56	00:02:40	01:37:58	03:21:42	05:00:33	06:26:19.45	06:26:19.45	8:35	7
254	BIK ANDRZEJ	5165		ZABRZE	POL	WETERAN I M - 50	22	M 198	00:01:05	01:31:09	03:14:44	04:56:29	06:26:20.75	06:26:20.75	8:35	7
255	OLIŃSKI PAWEŁ	5117		POZNAŃ	POL	SENIOR II M - 30	87	M 199	00:01:17	01:29:02	03:11:25	04:52:11	06:26:54.05	06:26:54.05	8:35	7
256	BOCIAĞA PAWEŁ	5559	RODZINNA GRUPA ROWEROWA Z MIASTA ŁÓDZI	ŁÓDŹ	POL	MASTERS M - 40	71	M 200	00:02:08	01:36:30	03:20:57	05:02:23	06:27:19.85	06:27:19.85	8:36	7
257	SMORAWSKA LIDIA	5137	ZAKŁADKA TEAM / TARNOWO PODGÓRNE BIEGA	SIEROSŁAW	POL	SENIOR II K - 30	30	K 57	00:01:01	01:29:35	03:17:02	04:54:26	06:27:42.15	06:27:42.15	8:36	7
258	BURMISTRZ BARTOSZ	5140	ZAKŁADKA TEAM / TARNOWO PODGÓRNE BIEGA	SIEROSŁAW	POL	SENIOR II M - 30	88	M 201	00:01:01	01:29:34	03:17:03	04:54:27	06:27:42.50	06:27:42.50	8:36	7
259	KODZIS LESŁAW	5403		SIEDLCE	POL	MASTERS M - 40	72	M 202	00:02:00	01:41:28	03:26:43	05:06:39	06:29:14.50	06:29:14.50	8:38	6.9
260	SZARADOWSKI PIOTR	5101	140 MINUT	ŚWIDNICA	POL	WETERAN I M - 50	23	M 203	00:01:16	01:29:10	03:24:36	05:04:30	06:29:24.85	06:29:24.85	8:39	6.9
261	SITEK PIOTR	5486		GORZÓW WLKP.	POL	MASTERS M - 40	73	M 204	00:00:13	01:20:03	03:10:30	04:56:32	06:29:26.40	06:29:26.40	8:39	6.9
262	KACZOR MARCIN	5385	ADJ	ŚWIĘCICHOWA	POL	MASTERS M - 40	74	M 205	00:01:39	01:28:21	03:12:48	04:59:28	06:29:41.40	06:29:41.40	8:39	6.9
263	STACHAK KRZYSZTOF	5090	MIRAZ RACE TEAM	ŚWIĘTOCHŁOWICE	POL	MASTERS M - 40	75	M 206	00:00:25	01:33:09	03:26:35	05:03:25	06:30:14.90	06:30:14.90	8:40	6.9
264	RUKUSZEWICZ WAWRZYNIEC	5364	DZIKIE GRUBASY SZATANA	WARSZAWA	POL	MASTERS M - 40	76	M 207	00:00:53	01:23:44	03:09:05	04:55:13	06:30:34.55	06:30:34.55	8:40	6.9
265	KRZYŻYK AGNIESZKA	5678	TRIO FORTIS	ZIELONA GÓRA	POL	MASTERS K - 40	19	K 58	00:00:24	01:27:31	03:18:30	04:59:55	06:31:06.75	06:31:06.75	8:41	6.9
266	GAWROŃSKI ROMAN	5025		WRZEŚNIA	POL	MASTERS M - 40	77	M 208	00:01:04	01:31:07	03:15:25	05:02:41	06:31:29.45	06:31:29.45	8:41	6.9
267	WRÓBEL MAŁGORZATA	5144	OBORYGENI	OBORNIKI ŚLĄSKIE	POL	SENIOR II K - 30	31	K 59	00:00:49	01:33:28	03:19:47	05:09:01	06:31:38.00	06:31:38.00	8:42	6.9
268	ZIELONKA WITOLD	5295	MARATOŃCZYK POZNAŃ	POZNAŃ	POL	MASTERS M - 40	78	M 209	00:00:40	01:26:31	03:20:48	05:07:33	06:32:15.00	06:32:15.00	8:43	6.9
269	POŁĘC LESZEK	5357	MOCNA GRUPA CEZARA	WROCŁAW	POL	SENIOR II M - 30	89	M 210	00:01:43	01:31:30	03:12:12	04:57:36	06:32:20.40	06:32:20.40	8:43	6.9
270	ZIAJA WOJCIECH	5548	JAWORZNO RUNNERS	JAWORZNO	POL	MASTERS M - 40	79	M 211	00:00:19	01:23:04	03:11:00	05:09:28	06:32:48.00	06:32:48.00	8:43	6.9
271	KĘDZIOR JAREK	5462	PORANNY BESKID RUN	RUDNIK	POL	MASTERS M - 40	80	M 212	00:01:40	01:36:38	03:28:07	05:06:03	06:32:49.05	06:32:49.05	8:43	6.9
272	KAFKA EWELINA	5176	PORANNY BESKID RUN	SKOCZÓW	POL	MASTERS K - 40	20	K 60	00:01:32	01:34:39	03:28:04	05:09:27	06:32:49.10	06:32:49.10	8:43	6.9
273	SOCHANOWSKI KRZYSZTOF	5433		WROCŁAW	POL	SENIOR II M - 30	90	M 213	00:00:26	01:26:25	03:19:13	05:10:15	06:33:04.60	06:33:04.60	8:44	6.9
274	MUSIAŁSKI TOMASZ	5400	TKM KANCELARIA	TYCHY	POL	MASTERS M - 40	81	M 214	00:00:13	01:23:59	03:16:05	05:00:00	06:33:21.05	06:33:21.05	8:44	6.9
275	DOMAŃ LESZEK	5122	FEHLAU RUN TEAM	KIEKRZ	POL	MASTERS M - 40	82	M 215	00:00:55	01:27:06	03:15:47	05:02:39	06:33:32.20	06:33:32.20	8:44	6.9
276	STACHOWIAK MAREK	5047	ROKIETNICA BIEGA	ROKIETNICA	POL	MASTERS M - 40	82	M 215	00:00:40	01:22:53	03:11:13	05:02:39	06:33:32.20	06:33:32.20	8:44	6.9
277	DALECKA DOROTA	5508		GDYNIA	POL	MASTERS K - 40	21	K 61	00:02:00	01:42:23	03:33:41	05:07:02	06:33:49.05	06:33:49.05	8:45	6.9
278	SZYDŁOWSKI ROBERT	5640		KAMIEŃCZAK ZĄBKOWICKI	POL	MASTERS M - 40	84	M 217	00:00:50	01:33:23	03:17:14	05:09:02	06:33:58.50	06:33:58.50	8:45	6.9
279	KOGUT MACIEJ	5641		DUSZNIKI ZDROJ	POL	MASTERS M - 40	85	M 218	00:01:43	01:19:04	02:56:30	05:03:57	06:34:18.80	06:34:18.80	8:45	6.8
280	MATYSIAK MACIEJ	5274	OSH	POZNAŃ	POL	MASTERS M - 40	86	M 219	00:01:51	01:33:10	03:21:10	05:03:19	06:34:24.75	06:34:24.75	8:45	6.8
281	GŁOWACKA RENATA	5189	ULTRA PIOTRKÓW	PIOTRKÓW TRYBUNAŁSKI	POL	WETERAN K - 50	2	K 62	00:00:41	01:29:02	03:20:32	05:06:49	06:34:28.75	06:34:28.75	8:45	6.8
282	WERESZCZYŃSKI TOMASZ	5270	SZWAGRY TEAM	PŁOCK	POL	MASTERS M - 40	87	M 220	00:00:58	01:37:04	03:24:35	05:09:37	06:34:29.80	06:34:29.80	8:45	6.8
283	POMIANOWSKI SZYMON	5356		WROCŁAW	POL	SENIOR II M - 30	91	M 221	00:00:25	01:20:12	03:09:52	05:03:12	06:34:50.90	06:34:50.90	8:46	6.8
284	DUBILIS MATEUSZ	5525		MIKOŁÓW	POL	SENIOR I M - 20	20	M 222	00:02:12	01:36:48	03:19:47	05:03:15	06:35:32.90	06:35:32.90	8:47	6.8
285	WOLNY KRZYSZTOF	5687	ULTRA KREW	ZABRZE	POL	MASTERS M - 40	88	M 223	00:00:14	01:23:29	03:16:29	05:01:42	06:35:36.60	06:35:36.60	8:47	6.8
286	GIERSZEWSKA ANNA	5017	KB SZAMOTUŁY	SZAMOTUŁY	POL	MASTERS K - 40	22	K 63	00:01:07	01:35:06	03:29:36	05:07:13	06:36:09.40	06:36:09.40	8:48	6.8
287	TARNOWSKI BARTOSZ	5419		ŁÓDŹ	POL	MASTERS M - 40	89	M 224	00:01:14	01:34:11	03:18:32	05:01:11	06:36:26.50	06:36:26.50	8:48	6.8
288	NIKODEM KLAUDIUSZ	5115	CZAJKERSI	NOWA RUDA	POL	MASTERS M - 40	90	M 225	00:01:31	01:32:13	03:17:27	05:02:22	06:36:39.85	06:36:39.85	8:48	6.8
289	DEBSKI MARCIN	5428		WROCŁAW	POL	SENIOR II M - 30	92	M 226	00:01:33	01:33:14	03:25:10	05:11:26	06:36:45.95	06:36:45.95	8:49	6.8
290	MICHON KACPER	5527	NIGHT RUNNERS	KONIN	POL	SENIOR I M - 20	21	M 227	00:00:04	01:30:25	03:19:57	05:02:29	06:37:14.65	06:37:14.65	8:49	6.8
291	BURA TOMASZ	5276		KRZYCKO WIELKIE	POL	SENIOR II M - 30	93	M 228	00:00:49	01:29:19	03:21:04	05:07:03	06:37:25.55	06:37:25.55	8:49	6.8
292	RZEPKA ALEKSANDRA	5615		WARSZAWA	POL	SENIOR II K - 30	32	K 64	00:01:15	01:28:30	03:22:13	05:02:09	06:37:35.45	06:37:35.45	8:50	6.8
293	KUREK DAMIAN	5324		KAZIMIERZ BISKUPI	POL	SENIOR I M - 20	22	M 229	00:02:29	01:38:06	03:27:26	05:13:18	06:38:35.20	06:38:35.20	8:51	6.8
294	KORBUS PIOTR	5226	PORANNY BESKID RUN	GOLESZÓW	POL	MASTERS M - 40	91	M 230	00:01:37	01:30:37	03:24:32	05:05:27	06:39:08.55	06:39:08.55	8:52	6.8
295	MOKRZYCKA WERONIKA	5430		STARA ŁOMNICA	POL	SENIOR II K - 30	33	K 65	00:00:23	01:36:28	03:32:22	05:13:22	06:40:02.00	06:40:02.00	8:53	6.7
296	MAGIERA PRZEMYSŁAW	5345	NOWOSOLSKA GRUPA BIEGOWA	GŁOGÓW	POL	MASTERS M - 40	92	M 231	00:01:02	01:22:39	03:10:29	05:03:44	06:40:09.95	06:40:09.95	8:53	6.7
297	ŚMIGIELSKI ARKADIUSZ	5038		GDYNIA	POL	MASTERS M - 40	93	M 232	00:02:04	01:29:31	03:08:04	05:03:46	06:40:23.90	06:40:23.90	8:53	6.7
298	KURCZEK TOMASZ	5452	RUN FORREST RUN!	GLIWICE	POL	MASTERS M - 40	94	M 233	00:02:20	01:36:39	03:22:54	05:13:21	06:40:33.35	06:40:33.35	8:54	6.7
299	CISZEK BARTOSZ	5202	8A TEAM	ZABRZE	POL	SENIOR II M - 30	94	M 234	00:01:43	01:37:28	03:28:04	05:12:31	06:40:36.60	06:40:36.60	8:54	6.7
300	WAWRZYNIAK KRYSZTIAN	5493	KB ODRA OPOLE	OPOLE	POL	SENIOR II M - 30	95	M 235	00:01:47	01:45:38	03:38:10	05:17:56	06:41:20.25	06:41:20.25	8:55	6.7

ZŁOTY MARATON - 45 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0km	10km	22km	33km	Netto	Brutto	min/km	km/h
301	MOKRZYŃSKI MARCIN	5546	TEAM KURORT ŁĄDEK ZDRÓJ	OLDRZYCHOWICE KŁODZKIE	POL	MASTERS M - 40	95	M 236	00:02:07	01:42:26	03:40:24	05:17:54	06:41:53.75	06:41:53.75	8:55	6.7
302	KOMORKIEWICZ KAROL	5565	RUNEDA/FINASTRA	REDA	POL	SENIOR II M - 30	96	M 237	00:00:31	01:29:30	03:18:24	05:04:02	06:42:28.70	06:42:28.70	8:56	6.7
303	HINC-ZARDECKA NATALIA	5564	RUNEDA	REDA	POL	SENIOR II K - 30	34	K 66	00:00:31	01:29:25	03:18:22	05:04:03	06:42:28.90	06:42:28.90	8:56	6.7
304	KALISZEWSKI ADAM	5626	MPK POZNAŃ	POZNAŃ	POL	WETERAN I M - 50	24	M 238	00:01:20	01:38:05	03:28:18	05:10:07	06:42:33.80	06:42:33.80	8:56	6.7
305	OLEJNIK MARCIN	5576		ŻERNIKI WROCŁAWSKIE	POL	MASTERS M - 40	96	M 239	00:02:28	01:44:04	03:33:46	05:18:26	06:43:26.95	06:43:26.95	8:57	6.7
306	BARTOSIEWICZ DARIA	5376		WARSZAWA	POL	SENIOR II K - 30	35	K 67	00:00:49	01:34:38	03:24:50	05:10:53	06:44:14.25	06:44:14.25	8:58	6.7
307	TOKARCZYK TOMASZ	5531	DRUŻYNA SZPIKU	KALISZ	POL	MASTERS M - 40	97	M 240	00:01:17	01:26:43	03:12:09	05:05:57	06:44:14.35	06:44:14.35	8:58	6.7
308	JURKIEWICZ KAROL	5497	OKB ODRA OPOLE	OPOLE	POL	SENIOR II M - 30	97	M 241	00:01:44	01:37:06	03:22:27	05:18:55	06:44:44.75	06:44:44.75	8:59	6.7
309	GRZYB JACEK	5613	BIEGOWA KUŹNIA	BĘDZIN	POL	MASTERS M - 40	98	M 242	00:02:19	01:45:03	03:39:58	05:18:50	06:45:10.15	06:45:10.15	9:00	6.7
310	BEDNARCZYK PAWEŁ	5393	PZU SPORT TEAM	BABKI	POL	MASTERS M - 40	99	M 243	00:02:03	01:35:49	03:21:35	05:14:28	06:45:38.70	06:45:38.70	9:00	6.7
311	LIPIŃSKI KRZYSZTOF	5475	KB MANIAC POZNAŃ	KOZIEGŁOWY	POL	WETERAN II M - 60	2	M 244	00:00:38	01:36:35	03:32:20	05:17:21	06:46:00.25	06:46:00.25	9:01	6.7
312	DAWIDOWICZ KONRAD	5222		KATOWICE	POL	SENIOR II M - 30	98	M 245	00:00:45	01:28:30	03:17:05	05:08:46	06:46:08.50	06:46:08.50	9:01	6.6
313	OGÓRKIEWICZ MICHAŁ	5131		ŁĘCZYCA	POL	MASTERS M - 40	100	M 246	00:01:56	01:31:11	03:20:59	05:16:03	06:46:28.85	06:46:28.85	9:01	6.6
314	LEONHARD GOSIA	5198	W POGONI ZA DUCHEM	DĄBROWA GÓRNICZA	POL	MASTERS K - 40	23	K 68	00:01:55	01:43:06	03:34:40	05:20:56	06:47:17.75	06:47:17.75	9:03	6.6
315	DRZYMAŁA MARCIN	5085		STRZELCE OPOLSKIE	POL	SENIOR II M - 30	99	M 247	00:01:52	01:38:07	03:29:47	05:14:18	06:47:28.55	06:47:28.55	9:03	6.6
316	BOSZKO KRZYSZTOF	5055		OPOLE	POL	SENIOR II M - 30	100	M 248	00:01:52	01:38:09	03:30:00	05:14:19	06:47:53.70	06:47:53.70	9:03	6.6
317	KACZOR MICHAŁ	5158	KLUCZBORSKI GRUPA BIEGOWA	KLUCZBORK	POL	SENIOR II M - 30	101	M 249	00:01:02	01:25:18	03:15:12	05:19:13	06:47:56.70	06:47:56.70	9:03	6.6
318	MATAK PAWEŁ	5154	ŁASUCH	RADZYMIN	POL	SENIOR II M - 30	102	M 250	00:00:03	01:29:23	03:24:26	05:19:32	06:48:04.40	06:48:04.40	9:04	6.6
319	ROŚŁON Cezary	5187		RADZYMIN	POL	SENIOR II M - 30	103	M 251	00:00:28	01:29:13	03:24:26	05:19:33	06:48:05.25	06:48:05.25	9:04	6.6
320	STROMIDŁO SEBASTIAN	5163	KB AKTYWNI KRZYŻ WLKP	PIŁA	POL	MASTERS M - 40	101	M 252	00:00:16	01:18:12	03:01:48	04:55:56	06:48:14.40	06:48:14.40	9:04	6.6
321	BOROWIAK LUKASZ	5217	#BIEGAJLESZNO	LESZNO	POL	MASTERS M - 40	102	M 253	00:00:17	01:25:17	03:16:59	05:04:49	06:48:17.45	06:48:17.45	9:04	6.6
322	RADWAŃSKA JUSTYNA	5672		SIENNA	POL	SENIOR II K - 30	36	K 69	00:01:02	01:42:35	03:37:14	05:24:43	06:48:34.65	06:48:34.65	9:04	6.6
323	LICHOCKI MARCIN	5043	ŁĄCZY NAS PUSZCZA	BYDGOSZCZ	POL	SENIOR II M - 30	104	M 254	00:00:27	01:29:20	03:27:20	05:14:25	06:48:35.55	06:48:35.55	9:04	6.6
324	JANULEWICZ WOJCIECH	5629	BIEGNAĆ OD ŚWIATEL	ŁAGIEWNIKI	POL	MASTERS M - 40	103	M 255	00:01:42	01:43:07	03:37:10	05:23:50	06:48:46.25	06:48:46.25	9:05	6.6
325	RELEWICZ MACIEJ	5545	WOLNE SLIMAKI	POZNAŃ	POL	MASTERS M - 40	104	M 256	00:00:18	01:29:17	03:25:10	05:12:52	06:49:13.90	06:49:13.90	9:05	6.6
326	SPÓLNY ROBERT	5669		GRÓJEC	POL	WETERAN I M - 50	25	M 257	00:00:46	01:33:29	03:32:27	05:20:19	06:49:22.95	06:49:22.95	9:05	6.6
327	MAZAN WOJCIECH	5309		WROCŁAW	POL	SENIOR II M - 30	105	M 258	00:02:41	01:34:37	03:29:27	05:17:44	06:49:32.00	06:49:32.00	9:06	6.6
328	RUCIŃSKI ADAM	5178		WARSZAWA	POL	WETERAN I M - 50	26	M 259	00:02:09	01:43:42	03:35:52	05:17:14	06:49:32.60	06:49:32.60	9:06	6.6
329	KRZESZEWSKA DOROTA	5346		PIŁA	POL	MASTERS K - 40	24	K 70	00:01:13	01:31:28	03:36:49	05:23:36	06:49:44.60	06:49:44.60	9:06	6.6
330	HANSZ DONAT	5288	NETBOX BIEGA	PIASKI	POL	SENIOR I M - 20	23	M 260	00:01:06	01:31:06	03:23:20	05:12:46	06:50:16.00	06:50:16.00	9:07	6.6
331	PIEKARSKI ANDRZEJ	5679	140 MINUT	GRÓDZISK MAZOWIECKI	POL	MASTERS M - 40	105	M 261	00:01:49	01:40:57	03:34:07	05:16:32	06:50:25.30	06:50:25.30	9:07	6.6
332	ŚWIDER ZBIGNIEW	5044	PORANNY BESKID RUN	SKOCZÓW	POL	MASTERS M - 40	106	M 262	00:01:28	01:29:16	03:15:19	05:06:05	06:50:43.20	06:50:43.20	9:07	6.6
333	KLABIK MACIEJ	5498	EL RAPIDO	WROCŁAW	POL	WETERAN I M - 50	27	M 263	00:01:00	01:33:59	03:29:38	05:19:04	06:50:47.80	06:50:47.80	9:07	6.6
334	PATROŃSKI PAWEŁ	5670		WROCŁAW	POL	MASTERS M - 40	107	M 264	00:01:50	01:40:07	03:33:21	05:19:52	06:51:01.05	06:51:01.05	9:08	6.6
335	CHROSTEK ADAM	5151		KATOWICE	POL	MASTERS M - 40	108	M 265	00:01:56	01:40:32	03:31:03	05:20:24	06:51:20.55	06:51:20.55	9:08	6.6
336	BUTRYN WOJCIECH	5002		KRAKÓW	POL	MASTERS M - 40	109	M 266	00:00:22	01:29:21	03:20:20	05:12:16	06:51:24.15	06:51:24.15	9:08	6.6
337	KONDRACKI JACEK	5611	KUNA W AGREŚCIE	LUBLINIEC	POL	SENIOR II M - 30	106	M 267	00:00:38	01:31:07	03:23:11	05:16:13	06:51:25.75	06:51:25.75	9:08	6.6
338	MAZUR ANNA	5015		GORZÓW WIELKOPOLSKI	POL	MASTERS K - 40	25	K 71	00:02:19	01:41:08	03:39:01	05:28:03	06:51:54.45	06:51:54.45	9:09	6.6
339	TOMCZYK RAFAŁ	5262	PODDĘBICKI KLUB BIEGACZA ZDYSZANI.PL	PODDĘBICE	POL	SENIOR II M - 30	107	M 268	00:00:20	01:26:54	03:21:57	05:12:56	06:52:14.65	06:52:14.65	9:09	6.5
340	KWIECIEŃ ROBERT	5361		KIELCE	POL	MASTERS M - 40	110	M 269	00:01:31	01:40:40	03:30:12	05:20:38	06:52:27.05	06:52:27.05	9:09	6.5
341	POJDA GRZEGORZ	5133	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	RYBNIK	POL	WETERAN I M - 50	28	M 270	00:02:25	01:37:11	03:31:35	05:29:49	06:52:36.55	06:52:36.55	9:10	6.5
342	SKOCZEK SEBASTIAN	5522		GRUSZCZYN	POL	MASTERS M - 40	111	M 271	00:01:13	01:36:31	03:28:34	05:21:05	06:52:36.90	06:52:36.90	9:10	6.5
343	STROIŃSKI WOJCIECH	5210	LESZ NO LIMITS RUNNERS	WILKOWICE	POL	MASTERS M - 40	112	M 272	00:00:15	01:33:44	03:37:23	05:22:27	06:52:42.05	06:52:42.05	9:10	6.5
344	STROIŃSKA IWONA	5209	LESZ NO LIMITS RUNNERS	WILKOWICE	POL	MASTERS K - 40	26	K 72	00:00:15	01:33:46	03:37:37	05:22:22	06:52:42.10	06:52:42.10	9:10	6.5
345	PAPIEROWSKA DAGMARA	5500	KB DĘBIEC	POZNAŃ	POL	SENIOR II K - 30	37	K 73	00:01:35	01:46:43	03:49:29	05:34:40	06:52:53.75	06:52:53.75	9:10	6.5
346	ZYCHOWICZ ZBIGNIEW	5077	SBRT WROCŁAW	SIECHNICE	POL	MASTERS M - 40	113	M 273	00:01:02	01:43:14	03:36:17	05:25:02	06:53:15.35	06:53:15.35	9:11	6.5
347	NAPIERAŁA ANDRZEJ	5664	MTS DRUŻYNA SZPIKU KGHM	GOSTYŃ	POL	WETERAN II M - 60	3	M 274	00:03:02	01:40:13	03:31:53	05:24:07	06:53:21.90	06:53:21.90	9:11	6.5
348	GRZĘDA JOLANTA	5219	NAJLEPSZY POD SŁOŃCEM	JELCZ-LASKOWICE	POL	SENIOR II K - 30	38	K 74	00:01:02	01:37:50	03:35:56	05:25:11	06:53:27.30	06:53:27.30	9:11	6.5
349	WAWRZYNIAK ROBERT	5480	#BIEGIEMWLAS	POZNAŃ	POL	MASTERS M - 40	114	M 275	00:01:58	01:42:00	03:34:35	05:20:11	06:53:33.15	06:53:33.15	9:11	6.5
350	LEWICKA MAGDALENA	5208	CAŁA OLEŚNICA BIEGA	DOBROSZYCE	POL	MASTERS K - 40	27	K 75	00:00:23	01:35:05	03:32:26	05:25:00	06:53:33.55	06:53:33.55	9:11	6.5

ZŁOTY MARATON - 45 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0km	10km	22km	33km	Netto	Brutto	min/km	km/h
351	WUJEK MARCIN	5675	DZIKA KUNA GOSTYŃ	GOSTYŃ	POL	MASTERS M - 40	115	M 276	00:00:42	01:26:42	03:22:09	05:21:29	06:53:34.30	06:53:34.30	9:11	6.5
352	PIETRZYKOWSKI NORBERT	5282	VITALABO	BYDGOSZCZ C	POL	MASTERS M - 40	116	M 277	00:00:12	01:33:07	03:31:52	05:19:46	06:54:08.45	06:54:08.45	9:12	6.5
353	KĄZMIERCZAK PIOTR	5147	NARAMOWICE	POZNAŃ	POL	MASTERS M - 40	117	M 278	00:02:03	01:36:23	03:20:47	05:14:32	06:54:30.85	06:54:30.85	9:12	6.5
			BIEGAJA/BIEGIEMWLAS#													
354	GRACH ALEKSANDRA	5292		PYSKOWICE	POL	MASTERS K - 40	28	K 76	00:00:01	01:31:04	03:39:26	05:21:49	06:54:43.40	06:54:43.40	9:12	6.5
355	SZCZESNIAK MARIUSZ	5059	LONE WOLF	SZCZECIN	POL	MASTERS M - 40	118	M 279	00:01:57	01:41:15	03:38:40	05:29:37	06:54:58.65	06:54:58.65	9:13	6.5
356	WOJCIECHOWSKA MAŁGORZATA	5593		POZNAŃ	POL	SENIOR II K - 30	39	K 77	00:00:42	01:37:39	03:36:25	05:30:45	06:55:07.20	06:55:07.20	9:13	6.5
357	ŁASOCHA KAMILA	5592	OWOCBIEGA TEAM	POZNAŃ	POL	MASTERS K - 40	29	K 78	00:00:43	01:37:42	03:39:07	05:30:46	06:55:07.30	06:55:07.30	9:13	6.5
358	POLANSKI BARTOSZ	5543		WROCŁAW	POL	MASTERS M - 40	119	M 280	00:01:31	01:26:28	03:18:17	05:23:02	06:55:43.10	06:55:43.10	9:14	6.5
359	PLASZCZAK JAROSŁAW	5340		TULCE	POL	MASTERS M - 40	120	M 281	00:00:37	01:32:08	03:25:59	05:15:45	06:55:48.50	06:55:48.50	9:14	6.5
360	GRZELIŃSKI MICHAŁ	5249	□□	JAROCIN	POL	SENIOR II M - 30	108	M 282	00:02:41	01:45:22	03:42:08	05:27:41	06:55:54.95	06:55:54.95	9:14	6.5
361	ORLIKOWSKI JACEK	5410		POZNAŃ	POL	MASTERS M - 40	121	M 283	00:01:25	01:41:10	03:33:52	05:19:45	06:55:58.75	06:55:58.75	9:14	6.5
362	GOŁUCH ARKADIUSZ	5638	STRZEGOMSKA	ŁAGIEWNIKI	POL	MASTERS M - 40	122	M 284	00:01:45	01:43:15	03:37:16	05:25:03	06:56:02.30	06:56:02.30	9:14	6.5
			DWUNASTKA													
363	KOWALIK DOROTA	5184		REDZINY	POL	MASTERS K - 40	30	K 79	00:01:36	01:42:04	03:42:33	05:24:18	06:56:07.75	06:56:07.75	9:14	6.5
364	GARCZYŃSKA ANIA	5232		KATOWICE	POL	MASTERS K - 40	31	K 80	00:01:39	01:46:50	03:43:52	05:22:10	06:56:16.00	06:56:16.00	9:15	6.5
365	PIETRUSIAK KRZYSZTOF	5368	ZA LINIA_METY	PAŁĘDZIE	POL	MASTERS M - 40	123	M 285	00:02:27	01:43:59	03:37:55	05:22:41	06:56:46.70	06:56:46.70	9:15	6.5
366	DZIERŻANOWSKI ŁUKASZ	5463		ŻELAZNA	POL	MASTERS M - 40	124	M 286	00:00:01	01:23:39	03:16:04	05:17:41	06:56:51.55	06:56:51.55	9:15	6.5
367	SZABAT DANIEL	5293		WROCŁAW	POL	MASTERS M - 40	125	M 287	00:01:22	01:33:47	03:20:59	05:04:25	06:56:59.10	06:56:59.10	9:15	6.5
368	DANKOWSKA EWELINA	5119	ENDORFINY WĄSOSZ	WĄSOSZ	POL	MASTERS K - 40	32	K 81	00:01:04	01:35:00	03:30:53	05:19:54	06:57:04.15	06:57:04.15	9:16	6.5
369	NOWAK ANDRZEJ	5539		ŻARY	POL	SENIOR II M - 30	109	M 288	00:01:00	01:36:36	03:29:12	05:19:28	06:57:06.80	06:57:06.80	9:16	6.5
370	JOŃCZYK ANNA	5268		OZIMEK	POL	SENIOR II K - 30	40	K 82	00:01:52	01:39:35	03:31:05	05:19:37	06:57:08.00	06:57:08.00	9:16	6.5
371	FIK - KIONA JOANNA	5283	KB SZAMOTUŁY	SZAMOTUŁY	POL	MASTERS K - 40	33	K 83	00:01:06	01:29:26	03:26:31	05:28:04	06:57:31.65	06:57:31.65	9:16	6.5
372	DANKOWSKI BARTOSZ	5029	ENDORFINY WĄSOSZ	WĄSOSZ	POL	SENIOR II M - 30	110	M 289	00:01:06	01:28:15	03:24:10	05:19:56	06:57:55.10	06:57:55.10	9:17	6.5
373	GRZEGORCZYK KRZYSZTOF	5320		ŻARY	POL	MASTERS M - 40	126	M 290	00:01:18	01:33:49	03:31:29	05:29:08	06:57:57.05	06:57:57.05	9:17	6.5
374	SZEPczyńska ANNA	5329	ŻARY RUUNERS TEAM	ŻARY	POL	MASTERS K - 40	34	K 84	00:01:17	01:34:06	03:27:25	05:34:58	06:57:57.25	06:57:57.25	9:17	6.5
375	DERBICH MARIUSZ	5351	KOWALEW RUNERS	KOWALEW	POL	MASTERS M - 40	127	M 291	00:01:57	01:37:57	03:35:51	05:27:47	06:58:02.05	06:58:02.05	9:17	6.5
376	SZARSKI JACEK	5074	KAPCIOCHY	WROCŁAW	POL	SENIOR I M - 20	24	M 292	00:00:49	01:31:54	03:30:08	05:28:18	06:59:43.85	06:59:43.85	9:19	6.4
377	BUGAJ ALAN	5196		CZARNY BÓR	POL	SENIOR II M - 30	111	M 293	00:01:04	01:33:12	03:31:42	05:29:18	06:59:55.35	06:59:55.35	9:19	6.4
378	GADZAŁA BARTOSZ	5006	5R061E-7R4MPK1	NOWOGRÓD	POL	SENIOR II M - 30	112	M 294	00:01:30	01:28:14	03:24:56	05:27:23	07:00:07.05	07:00:07.05	9:20	6.4
				BOBRZAŃSKI												
379	JÓZEFczyk JUSTYNA	5087		POZNAŃ	POL	MASTERS K - 40	35	K 85	00:02:07	01:46:48	03:44:32	05:34:45	07:00:35.80	07:00:35.80	9:20	6.4
380	ROLIŃSKI RADOŚŁAW	5643		OLEŚNICA	POL	WETERAN I M - 50	29	M 295	00:01:33	01:43:46	03:43:56	05:30:44	07:00:49.85	07:00:49.85	9:21	6.4
381	KUBIAK ANNA	5157	STRZEGOMSKA	STRZEGOM	POL	MASTERS K - 40	36	K 86	00:01:42	01:45:30	03:44:53	05:32:03	07:01:04.60	07:01:04.60	9:21	6.4
			DWUNASTKA													
382	CZUBALA BEATA	5247	STRZEGOMSKA	ZIĘBICE	POL	MASTERS K - 40	37	K 87	00:01:42	01:45:31	03:44:52	05:32:01	07:01:04.85	07:01:04.85	9:21	6.4
			DWUNASTKA													
383	NOWAK KATARZYNA	5349	DZIKIE GRUBASY SZATANA	WARSZAWA	POL	SENIOR II K - 30	41	K 88	00:00:48	01:36:47	03:30:46	05:18:54	07:01:11.05	07:01:11.05	9:21	6.4
384	MUSIOLIK MARIUSZ	5647		GORZYCE	POL	SENIOR II M - 30	113	M 296	00:01:44	01:43:41	03:40:36	05:30:39	07:01:26.20	07:01:26.20	9:21	6.4
385	HOLIK IWONA	5570	GGG	BIECZ	POL	MASTERS K - 40	38	K 89	00:00:58	01:42:32	03:42:43	05:28:59	07:01:41.20	07:01:41.20	9:22	6.4
386	KLIMEK RADOŚŁAW	5234	BRAK	WODZISŁAW ŚLĄSKI	POL	SENIOR II M - 30	114	M 297	00:00:50	01:33:15	03:30:54	05:25:35	07:01:42.60	07:01:42.60	9:22	6.4
387	KUCHCIŃSKA MONIKA	5107		JUSZKOWO	POL	MASTERS K - 40	39	K 90	00:00:51	01:33:35	03:34:34	05:27:14	07:01:59.60	07:01:59.60	9:22	6.4
388	MOSKAL IZABELLA	5528	TKKF MPK POZNAŃ	SWARZĘDZ	POL	MASTERS K - 40	40	K 91	00:01:19	01:40:26	03:43:43	05:31:00	07:02:21.75	07:02:21.75	9:23	6.4
389	DĄBROWSKI KAMIL	5429		KIELCE	POL	MASTERS M - 40	128	M 298	00:00:55	01:36:27	03:34:06	05:21:51	07:03:11.70	07:03:11.70	9:24	6.4
390	KOSSOK-ZAWADA MARTA	5259	CAŁA OLEŚNICA BIEGA	OLEŚNICA	POL	SENIOR II K - 30	42	K 92	00:00:24	01:39:00	03:47:17	05:34:04	07:04:02.10	07:04:02.10	9:25	6.4
391	SPYRA ADAM	5319	ŻARY RUNNERS TEAM	LIPINKI ŁUŻYCKIE	POL	MASTERS M - 40	129	M 299	00:01:18	01:35:47	03:34:12	05:26:58	07:04:11.70	07:04:11.70	9:25	6.4
392	FLORCZAK MONIKA	5476		WROCŁAW	POL	SENIOR II K - 30	43	K 93	00:02:25	01:42:00	03:42:58	05:34:10	07:04:13.60	07:04:13.60	9:25	6.4
393	FELKEL EWA	5685	PIĄTKOWO NA BIEGOWO	POZNAŃ	POL	MASTERS K - 40	41	K 94	00:02:08	01:46:47	03:44:32	05:34:32	07:04:18.70	07:04:18.70	9:25	6.4
394	KRYSIĄK ŁUKASZ	5109	PIĄTKOWO NA BIEGOWO	POZNAŃ	POL	MASTERS M - 40	130	M 300	00:02:09	01:43:23	03:41:54	05:37:24	07:04:20.25	07:04:20.25	9:25	6.4
395	BERNAS-KUJAWIŃSKA MAGDALENA	5623	HRT	KALISZ	POL	MASTERS K - 40	42	K 95	00:00:29	01:35:07	03:33:59	05:32:22	07:04:21.75	07:04:21.75	9:25	6.4
396	MATYSIAK KAROL	5277	OSH/ GALAXYOG.CO	POZNAŃ	POL	MASTERS M - 40	131	M 301	00:01:52	01:36:42	03:31:48	05:30:31	07:04:44.15	07:04:44.15	9:26	6.4
397	CHUDY KAMIL	5413		POZNAŃ	POL	SENIOR II M - 30	115	M 302	00:01:30	01:33:59	03:30:24	05:27:06	07:06:39.65	07:06:39.65	9:28	6.3
398	RÓŻAK-RUKUSZEWICZ MAGDALENA	5353	DZIKIE GRUBASY SZATANA	WARSZAWA	POL	MASTERS K - 40	43	K 96	00:00:51	01:40:31	03:40:46	05:33:47	07:06:57.05	07:06:57.05	9:29	6.3
399	CZYŻAK BŁAŻEJ	5661	GLADIATOR	MROWINO	POL	MASTERS M - 40	132	M 303	00:01:55	01:40:36	03:36:32	05:31:31	07:07:00.35	07:07:00.35	9:29	6.3
400	FURTAK KRZYSZTOF	5677	KTOŚ MUSI BYĆ OSTATNI	LUBIN	POL	WETERAN II M - 60	4	M 304	00:02:07	01:33:24	03:34:23	05:28:01	07:07:20.50	07:07:20.50	9:29	6.3
401	KLIMALA ANGELIKA	5289	CAŁA OLEŚNICA BIEGA	OLEŚNICA	POL	MASTERS K - 40	44	K 97	00:00:24	01:37:04	03:43:16	05:34:01	07:07:21.90	07:07:21.90	9:29	6.3
402	LEWARDOWSKI KONRAD	5689	KTb KUNY	POZNAŃ	POL	WETERAN I M - 50	30	M 305	00:01:38	01:45:02	03:40:31	05:30:11	07:07:29.65	07:07:29.65	9:29	6.3

ZŁOTY MARATON - 45 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0km	10km	22km	33km	Netto	Brutto	min/km	km/h
403	GŁOWACKI RADOSŁAW	5363		DOPIEWIEC	POL	SENIOR I M - 20	25	M 306	00:01:55	01:35:10	03:29:31	05:34:07	07:07:53.55	07:07:53.55	9:30	6.3
404	BANASZCZAK DAWID	5362		JAWORZYNA ŚLĄSKA	POL	SENIOR II M - 30	116	M 307	00:01:31	01:31:10	03:18:02	05:40:31	07:08:01.75	07:08:01.75	9:30	6.3
405	KOBIERECKA MONIKA	5367		GRODZIEC	POL	MASTERS K - 40	45	K 98	00:00:31	01:32:39	03:37:44	05:35:19	07:08:23.30	07:08:23.30	9:31	6.3
406	PIETRZAK KRZYSZTOF	5018	BIEGAMBOLUBIEŹ - GORZÓW	GORZÓW	POL	SENIOR II M - 30	117	M 308	00:02:19	01:44:57	03:42:19	05:34:26	07:08:59.55	07:08:59.55	9:31	6.3
				WIELKOPOLSKI												
407	CZYŻ BARBARA	5194		KRAKÓW	POL	SENIOR II K - 30	44	K 99	00:02:08	01:46:46	03:45:05	05:36:51	07:09:12.25	07:09:12.25	9:32	6.3
408	JASKÓLSKA-PIETRZYK KINGA	5155	BIEGOWA KUŹNIA	BĘDZIN	POL	MASTERS K - 40	46	K 100	00:02:20	01:45:05	03:47:13	05:44:52	07:09:15.20	07:09:15.20	9:32	6.3
409	OLEJNIK ILONA	5441	ZGZB	ZIELONA GÓRA	POL	WETERAN K - 50	3	K 101	00:02:12	01:51:31	03:52:03	05:36:49	07:09:43.40	07:09:43.40	9:32	6.3
410	SZCZODRZYŃSKA KASIA	5590		POZNAŃ	POL	MASTERS K - 40	47	K 102	00:02:38	01:46:54	03:45:59	05:36:40	07:11:54.55	07:11:54.55	9:35	6.3
411	BANASZEK URSZULA	5469	NIGHT RUNNERS WROCŁAW	WROCŁAW	POL	MASTERS K - 40	48	K 103	00:01:58	01:49:47	03:49:32	05:38:11	07:12:01.80	07:12:01.80	9:36	6.2
412	JAKUBOWSKA NATASZA	5173		WIDZISZEWO	POL	SENIOR II K - 30	45	K 104	00:01:06	01:37:08	03:48:04	05:33:27	07:13:11.30	07:13:11.30	9:37	6.2
413	JAKUBOWSKI PRZEMYSŁAW	5171		WIDZISZEWO	POL	MASTERS M - 40	133	M 309	00:01:06	01:37:08	03:48:04	05:38:23	07:13:12.00	07:13:12.00	9:37	6.2
414	TERETYKA DOROTA	5558		KAMIONKI	POL	MASTERS K - 40	49	K 105	00:01:34	01:46:11	03:49:29	05:41:01	07:13:22.95	07:13:22.95	9:37	6.2
415	WALIGÓRA ALEKSANDRA	5404	NIAGARA FITNESS KLUB KOORDYNACJI	RAKONIEWICE	POL	SENIOR II K - 30	46	K 106	00:02:34	01:49:46	03:49:31	05:41:01	07:13:23.05	07:13:23.05	9:37	6.2
416	BUSZTA ROBERT	5060		WARSZAWA	POL	WETERAN I M - 50	31	M 310	00:05:03	01:44:37	03:45:40	05:46:28	07:13:23.25	07:13:23.25	9:37	6.2
417	BUDZIŃSKI KRZYSZTOF	5662	STOWARZYSZENIE SPORTOWE FENIKS PRZY ELEKTROWNI OPOLE	OPOLE	POL	WETERAN I M - 50	32	M 311	00:01:11	01:42:23	03:46:36	05:43:25	07:13:32.80	07:13:32.80	9:38	6.2
418	WYSOLIŃSKI JAN	5479		OSIELSKO	POL	SENIOR I M - 20	26	M 312	00:01:23	01:43:45	03:48:13	05:41:40	07:13:51.00	07:13:51.00	9:38	6.2
419	TRZYSZCZYK JULIA	5507		WIELKIE DROGI	POL	SENIOR I K - 20	8	K 107	00:02:10	01:42:06	03:39:07	05:33:30	07:13:53.65	07:13:53.65	9:38	6.2
420	DATA MAREK	5646	KUGUAR XTREME RUNNERS	KLETNO	POL	SENIOR II M - 30	118	M 313	00:01:13	01:41:19	03:35:14	05:31:29	07:14:12.75	07:14:12.75	9:38	6.2
421	DATA DARIUSZ	5027	KUGUAR XTREME RUNNERS	KLETNO	POL	WETERAN I M - 50	33	M 314	00:01:12	01:41:18	03:36:27	05:31:28	07:14:13.15	07:14:13.15	9:38	6.2
422	SZALBOT MAREK	5230	PORANNY BESKID RUN	CISOWNICA	POL	SENIOR II M - 30	119	M 315	00:01:41	01:30:38	03:24:32	05:33:05	07:14:37.00	07:14:37.00	9:39	6.2
423	KOWAL IRENEUSZ	5072		LESZNO	POL	MASTERS M - 40	134	M 316	00:00:15	01:33:16	03:41:22	05:40:31	07:14:41.30	07:14:41.30	9:39	6.2
424	SZYSZKO EWA	5573	MARKOWI BIEGACZE	MARKI	POL	MASTERS K - 40	50	K 108	00:00:29	01:42:53	03:44:05	05:38:47	07:14:43.10	07:14:43.10	9:39	6.2
425	WIĘCKOWSKI TOMASZ	5373	ORANGE POLSKA	OBORNIKI ŚLĄSKIE	POL	WETERAN I M - 50	34	M 317	00:00:50	01:43:05	04:09:18	05:44:34	07:15:11.45	07:15:11.45	9:40	6.2
426	KOCZOROWSKA ANNA	5421	TEAM ZABIEGANEDNI	RADIÓWEK	POL	MASTERS K - 40	51	K 109	00:02:27	01:43:53	03:41:59	05:35:30	07:15:25.60	07:15:25.60	9:40	6.2
427	KOCZOROWSKI MARCIN	5420	TEAM ZABIEGANEDNI	RADIÓWEK	POL	MASTERS M - 40	135	M 318	00:02:28	01:43:54	03:41:58	05:35:29	07:15:25.65	07:15:25.65	9:40	6.2
428	FILUT TOMASZ	5503		POZNAŃ	POL	MASTERS M - 40	136	M 319	00:02:14	01:37:26	03:43:53	05:40:50	07:16:06.45	07:16:06.45	9:41	6.2
429	MARCINIAK PAULINA	5291		GLIWICE	POL	SENIOR II K - 30	47	K 110	00:01:28	01:46:35	03:54:05	05:41:10	07:16:18.50	07:16:18.50	9:41	6.2
430	KĄDZIOŁKA JAN	5414	K2	GLIWICE	POL	WETERAN I M - 50	35	M 320	00:01:46	01:42:35	03:46:09	05:45:55	07:16:58.60	07:16:58.60	9:42	6.2
431	ZACZYŃSKA DAGMARA	5211	ALSTOM KATOWICE	BYTOM	POL	SENIOR II K - 30	48	K 111	00:01:15	01:43:49	03:44:50	05:38:27	07:17:27.35	07:17:27.35	9:43	6.2
432	SIEPIELSKI DAMIAN	5080	SOLETANCHE POLSKA	NOWA WOLA	POL	SENIOR II M - 30	120	M 321	00:00:11	01:30:09	03:32:55	05:31:10	07:17:43.15	07:17:43.15	9:43	6.2
433	FASZCZA AGNIESZKA	5221	MARATOŃCZYK POZNAŃ	POZNAŃ	POL	SENIOR II K - 30	49	K 112	00:00:37	01:44:28	03:50:21	05:41:24	07:17:46.30	07:17:46.30	9:43	6.2
434	KAMIONKA ANDRZEJ	5635	14 ZBOT/141BLP	SZCZECIN	POL	SENIOR II M - 30	121	M 322	00:01:35	01:34:47	03:38:54	05:43:09	07:18:10.55	07:18:10.55	9:44	6.2
435	POMIANOWSKA ANNA	5599		WRONKI	POL	MASTERS K - 40	52	K 113	00:01:58	01:45:22	03:51:31	05:44:49	07:18:46.85	07:18:46.85	9:45	6.2
436	KOZAK BARTOSZ	5128	KOZAKI	DŁUGOŁĘKA	POL	MASTERS M - 40	137	M 323	00:00:47	01:35:09	03:35:44	05:48:18	07:18:47.20	07:18:47.20	9:45	6.2
437	GIEŁAŻYS TOMEK	5148	JAROSŁAW JAKIMOWICZ KATALIZATORY RUNNING TEAM	KRAKÓW	POL	SENIOR II M - 30	122	M 324	00:02:35	01:41:06	03:40:43	05:47:53	07:19:06.40	07:19:06.40	9:45	6.1
438	KOZAK EWA	5129		DŁUGOŁĘKA	POL	MASTERS K - 40	53	K 114	00:00:44	01:35:48	03:43:07	05:45:28	07:19:23.00	07:19:23.00	9:45	6.1
439	PODBIELSKI KRYSZTIAN	5680	OSPRO OCR TEAM	WARSZAWA	POL	MASTERS M - 40	138	M 325	00:02:39	01:41:29	03:41:00	05:47:05	07:19:35.20	07:19:35.20	9:46	6.1
440	SZYMCZAK TOMASZ	5204	PRATT & WHITNEY KALISZ	KALISZ	POL	WETERAN I M - 50	36	M 326	00:00:49	01:39:32	03:46:13	05:42:12	07:19:53.75	07:19:53.75	9:46	6.1
441	ŁOŚ KRZYSZTOF	5007	SBRT/BIEGUNI2022	ŁOMIANKI DOLNE	POL	WETERAN II M - 60	5	M 327	00:01:11	01:52:10	04:02:25	05:50:21	07:21:50.35	07:21:50.35	9:49	6.1
442	PACIULON KRZYSZTOF	5549		KARWIANY	POL	MASTERS M - 40	139	M 328	00:02:01	01:36:33	03:39:54	05:44:16	07:22:27.75	07:22:27.75	9:49	6.1
443	FRANKIEWICZ ŁUKASZ	5145		SOSNOWIEC	POL	SENIOR II M - 30	123	M 329	00:02:37	01:44:01	03:45:34	05:43:54	07:22:36.10	07:22:36.10	9:50	6.1
444	TOMASZYK ELŻBIETA	5426		POZNAŃ	POL	SENIOR II K - 30	50	K 115	00:02:17	01:41:14	03:41:41	05:42:55	07:23:15.75	07:23:15.75	9:51	6.1
445	KORBIK MIKOŁAJ	5453		KOZIEGŁOWY	POL	SENIOR II M - 30	124	M 330	00:02:17	01:41:12	03:41:41	05:42:56	07:23:15.75	07:23:15.75	9:51	6.1
446	JURASZ ALEKSANDRA	5097		KAMIENIEC ZĄBKOWICKI	POL	SENIOR II K - 30	51	K 116	00:00:26	01:34:45	03:40:09	05:34:48	07:23:55.95	07:23:55.95	9:51	6.1
447	SYNOWIEC GRZEGORZ	5648		WROCŁAW	POL	MASTERS M - 40	140	M 331	00:01:22	01:40:30	03:40:35	05:40:58	07:24:11.20	07:24:11.20	9:52	6.1
448	KURBIEL SYLWIA	5472	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	SIEMIANOWICE ŚLĄSKIE	POL	MASTERS K - 40	54	K 117	00:00:56	01:42:31	03:53:31	05:46:14	07:24:12.70	07:24:12.70	9:52	6.1
449	BOJARSKA BEATA	5152	BW BIEGACZE WYMIATACZE	KRAKÓW	POL	SENIOR II K - 30	52	K 118	00:00:16	01:43:13	03:52:23	05:44:29	07:24:27.30	07:24:27.30	9:52	6.1
450	DOMAŃSKI PIOTR	5166	RUN DE GIRARD	MIĘDZYBORÓW	POL	MASTERS M - 40	141	M 332	00:00:16	01:43:11	03:52:23	05:54:37	07:24:29.65	07:24:29.65	9:52	6.1
451	ZARZECZNY RADOSŁAW	5003	JUNIOR AMATOR SUPERSTAR	KRAKÓW	POL	SENIOR II M - 30	125	M 333	00:01:11	01:45:54	03:50:26	05:43:53	07:25:00.30	07:25:00.30	9:53	6.1

ZŁOTY MARATON - 45 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0km	10km	22km	33km	Netto	Brutto	min/km	km/h
452	SAMBORSKA ANNA	5620	ROSSMANN	ŁÓDŹ	POL	SENIOR II K - 30	53	K 119	00:01:59	01:48:06	03:49:46	05:46:26	07:25:03.25	07:25:03.25	9:53	6.1
453	GRYGIER TOMASZ	5530		OSIECZNA	POL	MASTERS M - 40	142	M 334	00:00:28	01:28:03	03:26:35	05:44:15	07:25:04.30	07:25:04.30	9:53	6.1
454	BOBER SEBASTIAN	5580	SPORTOWY KAŻMIERZ	KAZMIERZ	POL	SENIOR I M - 20	27	M 335	00:01:50	01:42:38	03:48:09	05:47:31	07:25:42.60	07:25:42.60	9:54	6.1
455	SZYSZKOWSKI WŁODZIMIERZ	5550	DUKE NUKEM PRINCE OF WARSAW	WARSZAWA	POL	WETERAN I M - 50	37	M 336	00:00:55	01:36:20	03:41:10	05:36:31	07:26:02.95	07:26:02.95	9:54	6.1
456	OKULICZ ANITA	5431	MUD FOXES	BYDGOSZCZ	POL	SENIOR II K - 30	54	K 120	00:00:21	01:40:53	03:47:14	05:51:07	07:26:06.00	07:26:06.00	9:54	6.1
457	SZTURC KLAUDIA	5518	ING	JAWORZNO	POL	SENIOR II K - 30	55	K 121	00:00:01	01:49:49	04:00:31	05:52:55	07:27:00.55	07:27:00.55	9:56	6
458	SZOPA GRZEGORZ	5183		ZAWIERCIE	POL	WETERAN I M - 50	38	M 337	00:00:30	01:37:29	03:46:05	05:47:03	07:27:06.85	07:27:06.85	9:56	6
459	LISIECKI PRZEMYSŁAW	5542		ZAROW	POL	MASTERS M - 40	143	M 338	00:01:38	01:31:08	03:24:51	05:47:53	07:27:11.15	07:27:11.15	9:56	6
460	WŁODARCZYK PAWEŁ	5063	KB ODRA OPOLE	OPOLE	POL	MASTERS M - 40	144	M 339	00:01:45	01:37:05	03:30:09	05:41:22	07:27:12.80	07:27:12.80	9:56	6
461	MORAWSKA ANNA	5084		WARSZAWA	POL	WETERAN II K - 60	2	K 122	00:01:41	01:46:00	03:56:17	05:47:38	07:27:16.95	07:27:16.95	9:56	6
462	DUDEK MARIUSZ	5455		GOSTYŃ	POL	MASTERS M - 40	145	M 340	00:00:01	01:33:24	03:38:58	05:46:09	07:27:33.45	07:27:33.45	9:56	6
463	NIEMYT MICHAŁ	5201	8A TEAM	KATOWICE	POL	SENIOR II M - 30	126	M 341	00:01:42	01:40:55	03:36:13	05:58:06	07:27:35.00	07:27:35.00	9:56	6
464	HUDZIAK-OWCZAREK EWA	5448	DZIKI BRZEG DOLNY	BRZEG DOLNY	POL	MASTERS K - 40	55	K 123	00:01:00	01:41:09	03:45:37	05:47:00	07:27:38.10	07:27:38.10	9:56	6
465	ADAMCZYK GRZEGORZ	5374	OŁAWSKA GRUPA BIEGOWA / TIM.PL	OŁAWA	POL	MASTERS M - 40	146	M 342	00:01:29	01:40:29	03:48:30	05:51:54	07:27:55.85	07:27:55.85	9:57	6
466	GROMADZKA JUSTYNA	5574	KOBIETY WATAHA	BYTOM	POL	MASTERS K - 40	56	K 124	00:00:08	01:42:41	03:51:50	05:50:10	07:28:25.60	07:28:25.60	9:57	6
467	BEDNARCZYK MAGDALENA	5225	BIEGOWA KUŹNIA	BĘDZIN	POL	MASTERS K - 40	57	K 125	00:02:18	01:52:10	03:59:57	05:54:44	07:28:26.15	07:28:26.15	9:57	6
468	BRZÓZKA NORBERT	5612	POGORIA BIEGA	DĄBROWA GÓRNICZA	POL	MASTERS M - 40	147	M 343	00:02:19	01:52:11	03:59:58	05:54:44	07:28:26.30	07:28:26.30	9:57	6
469	MROZOWSKA-KLAJNERT AGATA	5520	NIE PODDAM CIĘ	GDAŃSK OSOWA	POL	SENIOR II K - 30	56	K 126	00:00:57	01:41:55	03:48:55	05:54:06	07:29:14.00	07:29:14.00	9:58	6
470	LATOSIŃSKA KAMILA	5690	O-SOWA BIEGA	GDAŃSK	POL	SENIOR II K - 30	57	K 127	00:00:57	01:41:53	03:48:55	05:47:49	07:29:14.45	07:29:14.45	9:58	6
471	CZECH DOROTA	5334	ASICSFRONTRUNER POLAND	WROCŁAW	POL	MASTERS K - 40	58	K 128	00:00:39	01:42:52	03:55:30	05:52:23	07:29:46.85	07:29:46.85	9:59	6
472	JUSKOWIAK MIKOŁAJ	5149	WKURW_TEAM	LESZNO	POL	SENIOR II M - 30	127	M 344	00:02:18	01:45:29	03:53:19	05:51:09	07:30:04.75	07:30:04.75	10:00	6
473	STACHOWIAK MAGDA	5653	RUN TEAM RYDZYNA	RYDZYNA	POL	SENIOR II K - 30	58	K 129	00:02:11	01:44:36	03:53:31	05:51:08	07:30:56.60	07:30:56.60	10:01	6
474	KONIECZNY JUSTYNA	5327	NIGHT RUNNERS PYSKOWICE	PYSKOWICE	POL	SENIOR II K - 30	59	K 130	00:00:53	01:44:00	03:54:22	05:52:11	07:31:25.90	07:31:25.90	10:01	6
475	TYMOREK MACIEJ	5398		WROCŁAW	POL	SENIOR II M - 30	128	M 345	00:02:32	01:45:24	03:43:07	05:38:32	07:31:29.15	07:31:29.15	10:01	6
476	GRABOWSKA ZUZANNA	5460	IZBICKO W BIEGU	KROŚNICA	POL	SENIOR I K - 20	9	K 131	00:01:37	01:47:01	03:56:32	06:00:17	07:31:30.55	07:31:30.55	10:02	6
477	ŁOJEWSKI MARIUSZ	5011	1 BRYGADA LOGISTYCZNA	SOLEC KUJAWSKI	POL	MASTERS M - 40	148	M 346	00:00:28	01:36:21	03:40:48	05:49:10	07:31:44.90	07:31:44.90	10:02	6
478	WOŹNY KRZYSZTOF	5636	SPORTOWY KAŻMIERZ	KAŻMIERZ	POL	MASTERS M - 40	149	M 347	00:01:50	01:42:05	03:38:01	05:43:02	07:32:37.40	07:32:37.40	10:03	6
479	ZEIDLER ALEKSANDER	5562	MIRAZRACETEAM	ZABRZE	POL	MASTERS M - 40	150	M 348	00:00:26	01:36:29	03:39:05	05:49:06	07:33:22.20	07:33:22.20	10:04	6
480	HALESZCZUK TOMASZ	5261	PRO-RUN WROCŁAW	WROCŁAW	POL	MASTERS M - 40	151	M 349	00:02:15	01:52:32	03:56:05	05:56:53	07:33:50.65	07:33:50.65	10:05	5.9
481	BOŹKIEWICZ JACEK	5341		MUROWANA GOŚLINA	POL	MASTERS M - 40	152	M 350	00:00:34	01:43:01	03:55:23	05:55:19	07:34:01.10	07:34:01.10	10:05	5.9
482	BOŹKIEWICZ PATRYCJA	5338	PIEKIELNIE ZGRANI/ WWW.AZYLBIEGACZA.PL	GLEBOCKO	POL	MASTERS K - 40	59	K 132	00:00:33	01:43:00	03:55:26	05:55:31	07:34:01.35	07:34:01.35	10:05	5.9
483	SIBIELAK TOMASZ	5164	BIEGOWA KUŹNIA	BĘDZIN	POL	MASTERS M - 40	153	M 351	00:02:19	01:44:03	03:51:49	05:49:08	07:34:35.40	07:34:35.40	10:06	5.9
484	LISOWSKI MACIEJ	5332	DESTYLATOR RUNNING TEAM	KIEŁCZÓW	POL	MASTERS M - 40	154	M 352	00:02:22	01:41:46	03:39:02	06:00:50	07:34:38.55	07:34:38.55	10:06	5.9
485	BAJER KAROL	5266		LESZNO	POL	MASTERS M - 40	155	M 353	00:02:37	01:44:58	03:54:15	05:55:08	07:35:11.35	07:35:11.35	10:06	5.9
486	OLECH WITOLD	5572		STRAŻÓW	POL	WETERAN I M - 50	39	M 354	00:01:05	01:43:39	03:50:34	05:52:13	07:35:28.30	07:35:28.30	10:07	5.9
487	SROKA LUCYNA	5578		TRZEBOWNISKO	POL	MASTERS K - 40	60	K 133	00:01:05	01:43:40	03:50:32	05:52:10	07:35:28.55	07:35:28.55	10:07	5.9
488	ŚLUSAREK GRZEGORZ	5387		GOŁUSKI	POL	MASTERS M - 40	156	M 355	00:01:31	01:48:56	03:56:45	05:58:22	07:35:35.00	07:35:35.00	10:07	5.9
489	OCHREMIAK JĘDRZEJ	5125		WARSZAWA	POL	SENIOR II M - 30	129	M 356	00:01:30	01:37:28	03:42:39	05:49:50	07:35:35.55	07:35:35.55	10:07	5.9
490	GAŚIOR PAWEŁ	5135	ROZBIEGANY SUSZ	SUSZ	POL	SENIOR II M - 30	130	M 357	00:01:44	01:43:50	03:46:12	05:49:19	07:35:36.40	07:35:36.40	10:07	5.9
491	BEREZIUK MICHAŁ	5588		DZIEWIĘTLICE	POL	MASTERS M - 40	157	M 358	00:02:40	01:38:03	03:30:45	05:45:00	07:35:53.55	07:35:53.55	10:07	5.9
492	JOŃCZYK JERZY	5248	TUP TUP	ŁADEK ZDRÓJ	POL	WETERAN I M - 50	40	M 359	00:01:34	01:44:15	03:57:18	05:59:35	07:36:18.60	07:36:18.60	10:08	5.9
493	TASZAREK EWA	5487		ROKIETNICA	POL	MASTERS K - 40	61	K 134	00:01:22	01:46:42	04:07:38	06:04:28	07:36:33.70	07:36:33.70	10:08	5.9
494	ZARANIEK BARBARA	5105	KĘSY TEAM	KOWANÓWKO	POL	WETERAN K - 50	4	K 135	00:02:35	01:54:18	04:05:07	05:58:31	07:36:56.85	07:36:56.85	10:09	5.9
495	TALAR ZENON	5036	KĘSY TEAM	DĄBRÓWKA LEŚNA	POL	WETERAN II M - 60	6	M 360	00:02:35	01:54:17	04:04:46	05:58:39	07:36:57.10	07:36:57.10	10:09	5.9
496	JANKOWSKA BARBARA	5642		POZNAŃ	POL	MASTERS K - 40	62	K 136	00:01:16	02:00:22	04:25:17	06:10:07	07:37:03.00	07:37:03.00	10:09	5.9
497	BUGAJNY DAMIAN	5394	SUPERMARATON KALISZ	KALISZ	POL	MASTERS M - 40	158	M 361	00:01:44	01:37:18	03:37:21	05:51:37	07:37:04.15	07:37:04.15	10:09	5.9
498	KĘDZIA EDYTA	5296		GDAŃSK	POL	WETERAN K - 50	5	K 137	00:02:17	01:55:45	04:10:56	06:01:19	07:37:09.35	07:37:09.35	10:09	5.9
499	CHUDA JOANNA	5412		POZNAŃ	AFG	SENIOR II K - 30	60	K 138	00:01:30	01:42:24	03:48:39	06:01:12	07:39:12.80	07:39:12.80	10:12	5.9
500	SWĘDZIOŁ MONIKA	5489	W POGONI ZA DUCHEM	SOSNOWIEC	POL	SENIOR II K - 30	61	K 139	00:01:56	01:52:40	04:02:24	06:05:20	07:40:53.70	07:40:53.70	10:14	5.9
501	LACH AGNIESZKA	5533		WROCŁAW	POL	MASTERS K - 40	63	K 140	00:00:32	01:41:51	03:54:58	06:01:57	07:40:55.60	07:40:55.60	10:14	5.9
502	KUBICA ANNA	5313		POZNAŃ	POL	SENIOR II K - 30	62	K 141	00:00:54	01:37:03	03:49:33	05:51:46	07:41:06.85	07:41:06.85	10:14	5.9

ZŁOTY MARATON - 45 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0km	10km	22km	33km	Netto	Brutto	min/km	km/h
503	GAJEWSKI PAWEŁ	5663	BEAUTY SPORT	ŁÓDŹ	POL	WETERAN I M - 50	41	M 362	00:01:47	01:53:01	04:14:59	06:06:34	07:41:46.25	07:41:46.25	10:15	5.8
504	GAJEWSKA MAGDALENA	5649		ŁÓDŹ	POL	WETERAN K - 50	6	K 142	00:01:47	01:53:14	04:07:29	06:06:34	07:41:46.60	07:41:46.60	10:15	5.8
505	CZARNOTA DOROTA	5273	WYBIEGAJ SIEBIE	LEGIONOWO	POL	MASTERS K - 40	64	K 143	00:00:45	01:37:56	03:52:53	05:48:52	07:41:48.60	07:41:48.60	10:15	5.8
506	SZUMNY PAWEŁ	5053		JÓZEFÓW	POL	SENIOR II M - 30	131	M 363	00:01:38	01:36:24	03:42:45	05:54:46	07:42:39.20	07:42:39.20	10:16	5.8
507	CZAJKA PIOTR	5279	CZAJKI	WARSZAWA	POL	WETERAN I M - 50	42	M 364	00:02:01	01:45:20	03:59:46	05:58:23	07:42:44.70	07:42:44.70	10:16	5.8
508	OCHLIŃSKI TOMASZ	5287	JARACZEWO BIEGA	JARACZEWO	POL	WETERAN I M - 50	43	M 365	00:00:01		03:45:27	05:54:35	07:42:49.85	07:42:49.85	10:17	5.8
509	ZIEMBIŃSKA-BUCZYŃSKA ALEKSANDRA	5477	COMPANIEROS ASFALT TEAM	GLIWICE	POL	MASTERS K - 40	65	K 144	00:02:33	01:52:40	04:07:29	06:08:01	07:43:51.90	07:43:51.90	10:18	5.8
510	LEKS-MASZKOWSKA RYSZARDA	5343	OBORYBENI	LUBNÓW	POL	MASTERS K - 40	66	K 145	00:00:48	01:43:04	04:09:18	06:06:56	07:43:58.60	07:43:58.60	10:18	5.8
511	SAVVA XENOPHON	5665	DRO.ME.A	POZNAN	POL	MASTERS M - 40	159	M 366	00:02:30	01:48:01	04:08:23	06:02:43	07:44:11.90	07:44:11.90	10:18	5.8
512	GAWLE KATARZYNA	5424	MARATOŃCZYK DĘBICA	ŻYRAKÓW	POL	MASTERS K - 40	67	K 146	00:00:09	01:41:45	04:01:40	06:03:58	07:45:57.20	07:45:57.20	10:21	5.8
513	GAWLE MIROSŁAW	5423	MARATOŃCZYK DĘBICA	ZAWIERZBIE	POL	MASTERS M - 40	160	M 367	00:00:09	01:41:45	04:01:39	06:04:00	07:45:57.30	07:45:57.30	10:21	5.8
514	KOWALEWSKA ANNA	5062		ŚWIDNICA	POL	MASTERS K - 40	68	K 147	00:01:12	01:44:28	03:58:05	06:01:39	07:46:30.30	07:46:30.30	10:22	5.8
515	JACHYMEK ROBERT	5619	TEAM ZABIEGANEDNI	WARSZAWA	POL	MASTERS M - 40	161	M 368	00:02:29	01:43:52	03:40:32	05:45:59	07:46:37.75	07:46:37.75	10:22	5.8
516	JEDYNAK-DOROSZ IZABELA	5467	KB MANIAC POZNAŃ	TULCE	POL	MASTERS K - 40	69	K 148	00:00:43	01:49:39	04:06:25	06:02:26	07:46:39.15	07:46:39.15	10:22	5.8
517	KANIOWSKI WOJCIECH	5583		CZESTOCHOWA	POL	WETERAN I M - 50	44	M 369	00:01:03	01:41:27	04:01:09	06:11:40	07:46:41.10	07:46:41.10	10:22	5.8
518	MAJEROWSKA MAGDALENA	5595		WOLSZTYN	POL	SENIOR II K - 30	63	K 149	00:02:33	01:53:11	04:12:51	06:08:57	07:47:34.80	07:47:34.80	10:23	5.8
519	CHŁADZYŃSKI PIOTR	5323		WROCŁAW	POL	WETERAN I M - 50	45	M 370	00:02:18	01:43:43	03:46:06	05:51:05	07:48:27.90	07:48:27.90	10:24	5.8
520	SIKORSKA AGNIESZKA	5473		WARSZAWA	POL	SENIOR II K - 30	64	K 150	00:02:36	01:55:55	04:15:08	06:10:44	07:48:48.50	07:48:48.50	10:25	5.8
521	MARCINIAK GRAŻYNA	5435		KATOWICE	POL	SENIOR II K - 30	65	K 151	00:01:28	01:48:15	03:43:27	06:02:48	07:49:03.85	07:49:03.85	10:25	5.8
522	KALINOWSKA PATRYCJA	5061		SOLEC KUJAWSKI	POL	SENIOR II K - 30	66	K 152	00:01:53	01:45:56	04:03:14	06:02:48	07:49:05.70	07:49:05.70	10:25	5.8
523	HELIŃSKI JACEK	5307	DZIKIE ŻYCIE RUN TEAM	KROSNO	POL	WETERAN I M - 50	46	M 371	00:00:35	01:35:37	03:55:02	06:11:41	07:49:12.10	07:49:12.10	10:25	5.8
524	GWORYS KATARZYNA	5100	ZRYW PARZYMIECHY	KŁEŃSKA	POL	MASTERS K - 40	70	K 153	00:00:21	01:44:49	04:00:33	06:04:37	07:49:17.75	07:49:17.75	10:25	5.8
525	GWORYS KRZYSZTOF	5102	ZRYW PARZYMIECHY	KŁEŃSKA	POL	MASTERS M - 40	162	M 372	00:00:22	01:44:49	04:00:32	06:04:38	07:49:17.85	07:49:17.85	10:25	5.8
526	GRUCHOT MAŁGORZATA	5461	WIECZORNE BIEGANIE W OPOLU	GOGOLIN	POL	MASTERS K - 40	71	K 154	00:01:09	01:42:26	03:51:26	05:58:20	07:49:35.15	07:49:35.15	10:26	5.7
527	BEDNARSKI KRZYSZTOF	5658	KLUCZBORSKA GRUPA BIEGOWA	KLUCZBORK	POL	WETERAN I M - 50	47	M 373	00:01:07	01:43:48	03:55:44	06:04:50	07:50:51.90	07:50:51.90	10:27	5.7
528	KOCHAN PIOTR	5159	KOCHANY TEAM	KOBYŁKA	POL	MASTERS M - 40	163	M 374	00:02:27	01:57:09	04:03:36	06:02:46	07:51:00.35	07:51:00.35	10:28	5.7
529	LECH MARCIN	5039	NOA	WROCŁAW	POL	SENIOR II M - 30	132	M 375	00:01:51	01:43:55	03:56:23	06:04:06	07:51:15.75	07:51:15.75	10:28	5.7
530	PIETRZAK AGNIESZKA	5275	BIEGAJĄCE KREJZOLE	POZNAŃ	POL	MASTERS K - 40	72	K 155	00:00:46	01:45:00	03:57:04	06:05:01	07:51:55.90	07:51:55.90	10:29	5.7
531	AKKERMAN BERBER	5405	FRYSMAN	WOMMELS	NED	MASTERS K - 40	73	K 156	00:00:42	01:42:22	03:54:43	06:05:48	07:53:13.90	07:53:13.90	10:30	5.7
532	WYSMOLINSKA KAROLINA	5471		BIERNATKI	POL	MASTERS K - 40	74	K 157	00:01:15	01:47:19	04:09:32	06:13:25	07:53:54.85	07:53:54.85	10:31	5.7
533	KARDAS PIOTR	5240		GÓRA	POL	WETERAN I M - 50	48	M 376	00:01:23	01:39:34	03:46:53	06:07:04	07:54:19.15	07:54:19.15	10:32	5.7
534	SAMOLAK ŁUKASZ	5213		ŁADEK ZDRÓJ	POL	MASTERS M - 40	164	M 377	00:02:46	01:41:05	03:51:09	06:01:26	07:54:27.00	07:54:27.00	10:32	5.7
535	HAGEL JULITA	5103		LUBIN	POL	MASTERS K - 40	75	K 158	00:01:15	01:44:12	04:09:00		07:54:51.00	07:54:51.00	10:33	5.7
536	BĄK BOGDAN	5443		DĘBNO	POL	WETERAN I M - 50	49	M 378	00:01:54	01:41:11	03:50:29	06:01:31	07:55:15.80	07:55:15.80	10:33	5.7
537	NOWICKA KATARZYNA	5515		JAWORZNO	POL	SENIOR II K - 30	67	K 159	00:02:11	01:41:57			08:00:13.00	08:00:13.00	10:40	5.6
538	DEMCHAR JACEK	5112		TRZCIANKA	POL	WETERAN I M - 50	50	M 379	00:01:59	01:49:57	04:09:46	06:16:24	08:00:14.05	08:00:14.05	10:40	5.6
539	CHORAŻY ŁUKASZ	5336		DOBROSZYCE	POL	SENIOR II M - 30	133	M 380	00:00:59	01:37:56	03:43:08	05:55:30	08:00:29.35	08:00:29.35	10:40	5.6
540	PIECUCH MAŁGORZATA	5013		PRZEWORSK	POL	WETERAN II K - 60	3	K 160	00:02:14	01:52:17	04:11:30	06:20:05	08:00:59.95	08:00:59.95	10:41	5.6
541	BĄCZEK AGATA	5552		ZAWIERCIE	POL	MASTERS K - 40	76	K 161	00:02:24	01:52:38	04:10:26	06:17:14	08:01:53.40	08:01:53.40	10:42	5.6
542	MĘTLAK MAŁGORZATA	5634		ZAWIERCIE	POL	SENIOR I K - 20	10	K 162	00:02:24	01:52:38	04:10:25	06:17:15	08:01:53.70	08:01:53.70	10:42	5.6
543	KOTWICA ANDRZEJ	5086	SMOLECKA ZADYSZKA	SMOLEC	POL	MASTERS M - 40	165	M 381	00:01:32	01:36:25	03:35:15	06:07:28	08:01:59.05	08:01:59.05	10:42	5.6
544	PYTEL ROMAN	5143	IZBICKO W BIEGU	OTMICE	POL	MASTERS M - 40	166	M 382	00:01:37	01:52:24	04:12:08	06:21:58	08:02:38.40	08:02:38.40	10:43	5.6
545	ZGÓRSKI MACIEJ	5057	WKURW_TEAM	BYDGOSZCZ	POL	MASTERS M - 40	167	M 383	00:01:40	01:50:40	04:12:11	06:18:54	08:02:42.40	08:02:42.40	10:43	5.6
546	MICHAŁIK KAMILA	5239		PROCHOWICE	POL	SENIOR I K - 20	11	K 163	00:02:04	01:46:33	04:04:11	06:09:35	08:04:23.55	08:04:23.55	10:45	5.6
547	PŁOCIŃSKI NORBERT	5325		CHOJNÓW	POL	SENIOR I M - 20	28	M 384	00:02:05	01:46:34	04:04:11	06:09:36	08:04:24.25	08:04:24.25	10:45	5.6
548	POPCZYK PIOTR	5065	ZATYRANI GRATISOWNIA.PL GMINA PILCHOWICE	ŻERNICA	AFG	MASTERS M - 40	168	M 385	00:02:38	01:55:46	04:16:44	06:21:31	08:05:04.50	08:05:04.50	10:46	5.6
549	BURGHARDT RENATA	5395	KB HERMES	GRYFINO	POL	WETERAN K - 50	7	K 164	00:02:21	01:54:20	04:11:48	06:20:56	08:06:47.95	08:06:47.95	10:49	5.5
550	MAKOWSKI DARIUSZ	5216	KM TEAM	CHOJNA	POL	WETERAN I M - 50	51	M 386	00:02:21	01:54:20	04:11:49	06:21:59	08:06:57.20	08:06:57.20	10:49	5.5
551	KORYBUT-BARSKA ANNA	5123		WROCŁAW	POL	MASTERS K - 40	77	K 165	00:01:13	01:50:03	04:13:31	06:19:57	08:06:58.05	08:06:58.05	10:49	5.5
552	SZCZEPANIAK MARTA	5207		WROCŁAW	POL	MASTERS K - 40	78	K 166	00:01:13	01:50:06	04:13:31	06:19:57	08:07:14.35	08:07:14.35	10:49	5.5
553	JANKOWIAK KASIA	5401	ORANGE POLSKA	PUSZCZYKOWO	POL	MASTERS K - 40	79	K 167	00:01:35	01:47:58	04:08:36	06:10:40	08:08:09.65	08:08:09.65	10:50	5.5
554	DWORZAŃSKA ANNA	5348	MARATOŃCZYK POZNAŃ	POZNAŃ	POL	SENIOR II K - 30	68	K 168	00:00:38	01:45:26	04:09:32	06:22:38	08:08:17.75	08:08:17.75	10:51	5.5
555	MROZIŃSKI ALBERT	5377		ALEKSNA DRÓW ŁÓDZKI	POL	MASTERS M - 40	169	M 387	00:01:04	01:44:10	04:16:37	06:24:34	08:08:29.85	08:08:29.85	10:51	5.5

ZŁOTY MARATON - 45 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0km	10km	22km	33km	Netto	Brutto	min/km	km/h
556	MROZIŃSKA RENATA	5378		ALEKSANDRÓW ŁÓDZKI	POL	MASTERS K - 40	80	K 169	00:01:03	01:49:45	04:16:38	06:24:33	08:08:29.90	08:08:29.90	10:51	5.5
557	ZACZYŃSKI MARIUSZ	5052		LUBIN	POL	SENIOR II M - 30	134	M 388	00:02:37		03:50:36	06:17:23	08:09:00.50	08:09:00.50	10:52	5.5
558	GRABOWIECKA MARTA	5134	NULL	ZIELONA GÓRA	POL	MASTERS K - 40	81	K 170	00:02:10	01:53:49	04:20:50	06:30:07	08:09:53.90	08:09:53.90	10:53	5.5
559	BOGACKA ANETA	5150	ZIELONA GÓRO ZACZNIJ BIEGAĆ	ZIELONA GÓRA	POL	SENIOR II K - 30	69	K 171	00:02:10	01:53:50	04:20:51	06:30:08	08:09:54.70	08:09:54.70	10:53	5.5
560	BARTKIEWICZ HALINA	5064		ZIELONA GÓRA	POL	MASTERS K - 40	82	K 172	00:02:12	01:53:48	04:22:12	06:30:10	08:09:55.95	08:09:55.95	10:53	5.5
561	PYZIO MAGDALENA	5317		KOMORNIKI	POL	SENIOR II K - 30	70	K 173	00:02:02	01:51:37	04:12:06	06:24:09	08:10:32.25	08:10:32.25	10:54	5.5
562	KAŁŁAUR KRZYSZTOF	5358		WARSZAWA	POL	SENIOR II M - 30	135	M 389	00:01:26	01:55:35	03:58:18	06:10:04	08:10:34.75	08:10:34.75	10:54	5.5
563	KAMIŃSKI MAREK	5418	KLUB BIEGACZA STRZELIN	STRZELIN	POL	SENIOR II M - 30	136	M 390	00:02:32	01:52:28	04:13:48	06:22:27	08:10:36.70	08:10:36.70	10:54	5.5
564	KEGEL ZBIGNIEW	5684	PIĄTKOWO NA BIEGOWO	POZNAŃ	POL	WETERAN II M - 60	7	M 391	00:02:04	01:55:44	04:18:44	06:23:39	08:11:41.90	08:11:41.90	10:55	5.5
565	WALKOWIAK MAREK	5264	PECNA TEAM	PECNA	POL	MASTERS M - 40	170	M 392	00:00:44	01:42:29	04:04:30	06:17:39	08:12:54.35	08:12:54.35	10:57	5.5
566	KOŁDA HALINA	5294	BORKOWSKI TEAM /PCH_RUN	CHODZIEŻ	POL	WETERAN II K - 60	4	K 174	00:01:15	01:55:32	04:21:18	06:29:25	08:13:12.00	08:13:12.00	10:57	5.5
567	RUBINOWSKI JAREK	5304		STARGARD	POL	MASTERS M - 40	171	M 393	00:01:18	01:55:33	04:20:43	06:29:20	08:13:12.10	08:13:12.10	10:57	5.5
568	KONIECZNY JACEK	5326	NIGHT RUNNERS PYSKOWICE	PYSKOWICE	POL	MASTERS M - 40	172	M 394	00:00:48	01:55:47	04:10:26	06:18:46	08:14:12.50	08:14:12.50	10:58	5.5
569	KAMIŃSKA BEATA	5073		SIEMIANOWICE ŚLĄSKIE	POL	WETERAN K - 50	8	K 175	00:01:12	01:46:45	04:09:40	06:34:24	08:17:50.90	08:17:50.90	11:03	5.4
570	LEDWOCH WIOLETA	5094		SIEMIANOWICE ŚLĄSKIE	POL	SENIOR II K - 30	71	K 176	00:01:11	01:48:55	04:21:21	06:34:25	08:18:47.30	08:18:47.30	11:05	5.4
571	WALIŃSKA AGATA	5316	WWW.SPRAWDZAMY-NIERU CHOMOSCI.PL	KOMORNIKI	POL	SENIOR II K - 30	72	K 177	00:02:02	01:51:41	04:12:06	06:24:09	08:21:18.20	08:21:18.20	11:08	5.4
572	SZYMAŃSKI KAMIL	5322		CHORZÓW	POL	SENIOR II M - 30	137	M 395	00:02:43	01:50:08	04:01:39	06:29:41	08:21:42.45	08:21:42.45	11:08	5.4
573	JÓZEFIAK MAGDALENA	5298	ASSECO ACTIVE TEAM	OSIELSKO	POL	WETERAN K - 50	9	K 178	00:01:23	01:55:34	04:21:33	06:30:06	08:21:53.15	08:21:53.15	11:09	5.4
574	JÓZEFIAK GRZEGORZ	5297		OSIELSKO	POL	WETERAN I M - 50	52	M 396	00:01:23	01:55:29	04:20:30	06:30:10	08:21:53.25	08:21:53.25	11:09	5.4
575	KOTLIŃSKI TOMASZ	5030	KB SZAMOTUŁY	OBRZYCKO	POL	WETERAN I M - 50	53	M 397	00:01:11	01:55:11	04:19:36	06:27:57	08:23:15.20	08:23:15.20	11:11	5.4
576	KUŹNIAK JUSTYNA	5022	KB SZAMOTUŁY	SZAMOTUŁY	POL	MASTERS K - 40	83	K 179	00:01:08	01:55:10	04:19:40	06:28:11	08:23:15.60	08:23:15.60	11:11	5.4
577	KUNA KASIA	5563	BIEGOWA KUŹNIA	DĄBROWA GÓRNICZA	POL	MASTERS K - 40	84	K 180	00:02:23	01:59:53	04:33:14	06:38:08	08:24:29.70	08:24:29.70	11:12	5.4
578	LEWANDOWSKA EWA	5561		TARNOWSKIE GÓRY	POL	MASTERS K - 40	85	K 181	00:02:34	02:00:27	04:27:37	06:36:01	08:25:00.25	08:25:00.25	11:13	5.3
579	POŁEĆ GRZEGORZ	5305		PRZYGON	POL	WETERAN II M - 60	8	M 398	00:00:35	01:57:06	04:26:29	06:33:36	08:25:06.55	08:25:06.55	11:13	5.3
580	MACULEWICZ NORBERT	5596	RYCERZE HARDCORU	SZCZECIN	POL	SENIOR II M - 30	138	M 399	00:01:58	01:53:44	04:18:44	06:33:21	08:25:30.90	08:25:30.90	11:14	5.3
581	KROMER LUDWIK	5026		GDAŃSK	POL	WETERAN II M - 60	9	M 400	00:00:12	01:49:55	04:18:48	06:37:36	08:26:44.50	08:26:44.50	11:15	5.3
582	NAWROT KATARZYNA	5301	MIRAZ RACE TEAM	NIEPOŁOMICE	POL	SENIOR II K - 30	73	K 182	00:00:25	01:57:07	04:28:24	06:35:09	08:27:52.00	08:27:52.00	11:17	5.3
583	ŁUSIAK EWA	5280	KNEIPPTEAM	GŁOWNO	POL	MASTERS K - 40	86	K 183	00:02:16	01:53:57	04:18:11	06:29:38	08:31:09.85	08:31:09.85	11:21	5.3
584	CHOJNACKI JAKUB	5383		POZNAŃ	POL	MASTERS M - 40	173	M 401	00:02:25	01:44:56	04:11:25	06:31:52	08:31:51.05	08:31:51.05	11:22	5.3
585	SZWEJK KRZYSZTOF	5384	STARE DZIADY	POZNAŃ	POL	MASTERS M - 40	174	M 402	00:02:26	01:44:57	04:11:25	06:31:51	08:31:51.75	08:31:51.75	11:22	5.3
586	KUCHARCZYK MARCIN	5370	3:33 TEAM	POZNAŃ	POL	MASTERS M - 40	175	M 403	00:02:27	01:46:03	04:20:42	06:42:13	08:34:43.65	08:34:43.65	11:26	5.2
587	CUPIAŁ MARIOLA	5284	W POGONI ZA DUCHEM	SOSNOWIEC	POL	WETERAN K - 50	10	K 184	00:01:57	02:06:05	04:40:33	06:44:38	08:35:56.50	08:35:56.50	11:27	5.2
588	ROSIŃSKA AGNIESZKA	5028	ŚWIERCZEWO RUN/ #BIEGIEMWLAS	POZNAŃ	POL	MASTERS K - 40	87	K 185	00:02:15	01:58:27	04:30:50	06:41:58	08:37:06.35	08:37:06.35	11:29	5.2
589	DRAJERCZAK MARLENA	5172	MUAY RUNING TEAM	POZNAŃ	POL	MASTERS K - 40	88	K 186	00:02:16	01:57:41	04:30:47	06:42:01	08:37:06.60	08:37:06.60	11:29	5.2
590	SARNOWSKI MACIEJ	5067	TKKF MPK POZNAŃ	POZNAŃ	POL	MASTERS M - 40	176	M 404	00:01:27	01:57:10	04:29:19	06:45:32	08:39:51.95	08:39:51.95	11:33	5.2
591	LUTOMSKI DARIUSZ	5427		MAGDALENKA	POL	WETERAN I M - 50	54	M 405	00:01:33	01:58:06	04:32:11	06:54:32	08:44:10.80	08:44:10.80	11:38	5.2
592	PAKUŁA MARTA	5233		GŁOWNO	POL	MASTERS K - 40	89	K 187	00:00:36	01:49:43	04:29:19	06:48:07	08:47:03.55	08:47:03.55	11:42	5.1
593	KUGLER KAMILA	5354		JAWORZNO	POL	SENIOR II K - 30	74	K 188	00:00:01		04:17:11		08:47:12.00	08:47:12.00	11:42	5.1
594	WIŚNIEWSKA DOROTA	5337	METAL CHERRY	ALEKSANDRÓW KUJAWSKI	POL	MASTERS K - 40	90	K 189	00:01:14	02:09:53	04:43:53	06:55:18	08:49:23.65	08:49:23.65	11:45	5.1
595	MUCHA-KRUCZYŃSKI WACŁAW	5621	MUKK ENPI	OSTRZESZÓW	POL	WETERAN II M - 60	10	M 406	00:02:42	01:57:25	04:28:08	06:56:51	08:50:36.25	08:50:36.25	11:47	5.1
596	NOSKOWIAK-BAJNO ALICJA	5118		BORÓWNO	POL	MASTERS K - 40	91	K 190	00:01:53	02:02:20	04:43:06	07:07:22	08:50:41.45	08:50:41.45	11:47	5.1
597	NOWAK PIOTR	5524		MIŃSK MAZOWIECKI	POL	WETERAN I M - 50	55	M 407	00:00:01		04:25:01		08:53:03.00	08:53:03.00	11:50	5.1
598	GOZDZICKA IWONA	5141	ZIELONA GÓRO ZACZNIJ BIEGAĆ	ZIELONA GÓRA	POL	MASTERS K - 40	92	K 191	00:02:11	01:57:11	04:35:24	06:59:27	08:54:48.15	08:54:48.15	11:53	5
599	SKRZYŃSKA MARLENA	5683	ZIELONA GÓRO ZACZNIJ BIEGAĆ	ZIELONA GÓRA	POL	SENIOR II K - 30	75	K 192	00:02:10	01:57:12	04:35:26	06:59:30	08:54:50.60	08:54:50.60	11:53	5
600	DENKOWSKI WOJCIECH	5169	BP RUNNING TEAM GLIWICE	GLIWICE	POL	WETERAN I M - 50	56	M 408	00:02:23	02:20:15	04:57:21	07:19:43	08:57:27.45	08:57:27.45	11:56	5
601	BARZAK JUSTYNA	5263		STRZELIN	POL	SENIOR II K - 30	76	K 193	00:02:31	02:00:25	04:40:08	06:57:44	08:57:47.35	08:57:47.35	11:57	5
602	SABOK-MUSZYŃSKA KATARZYNA	5253		GOŚCIECICE	POL	SENIOR II K - 30	77	K 194	00:02:31	02:00:25	04:40:09	06:57:45	08:57:47.80	08:57:47.80	11:57	5
603	BŁASZKIEWICZ MARZENA	5091	CHOŁE KŁÓLIKI	BORÓWNO	POL	MASTERS K - 40	93	K 195	00:01:54	02:11:44	04:56:16	07:12:56	09:06:57.30	09:06:57.30	12:09	4.9
604	DZIECIŁSKA AGNIESZKA	5016		POZNAŃ	POL	MASTERS K - 40	94	K 196	00:02:17	02:09:04	04:50:44	07:08:54	09:08:00.20	09:08:00.20	12:10	4.9

ZŁOTY MARATON - 45 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0km	10km	22km	33km	Netto	Brutto	min/km	km/h
605	GIZELSKA AGNIESZKA	5589	PIĄTKOWO NA BIEGOWO	POZNAŃ	POL	WETERAN K - 50	11	K 197	00:02:13	02:12:32	05:01:52	07:25:57	09:24:33.60	09:24:33.60	12:32	4.8
606	STAJER MAŁGORZATA	5598		LESZNO	POL	WETERAN K - 50	12	K 198	00:02:13	02:14:02	05:03:08	07:25:58	09:24:34.10	09:24:34.10	12:32	4.8
607	SCHICKENDANTZ LISELORE	5579	FRYSMAN	LEMMER	NED	MASTERS K - 40	95	K 199	00:00:41	02:15:40	05:09:47	07:31:28	09:38:18.25	09:38:18.25	12:51	4.7
608	PROCHON KRZYSZTOF	5231		KATOWICE	POL	WETERAN I M - 50	57	M 409	00:00:40	02:19:41	05:16:15		09:39:11.00	09:39:11.00	12:52	4.7
609	LEWANDOWSKA-JACKOWSKA KATARZYNA	5290	NIGHT RUNNERS PYSKOWICE	PYSKOWICE	POL	MASTERS K - 40	96	K 200	00:00:54	02:12:08	05:30:16	07:56:59	09:57:45.95	09:57:45.95	13:17	4.5
610	PYZIO DOMINIK	5481	KAPRYZ	SIECHNICE	POL	SENIOR II M - 30	139	M 410	00:01:12	01:58:10	04:37:26	07:24:55	09:58:38.05	09:58:38.05	13:18	4.5
	PODGÓRNY MARIUSZ	5540	TEAM OZIMEK	DYLAKI	POL	SENIOR I M - 20			00:00:30 DNF	01:21:40 DNF	03:09:27 DNF	05:33:28 DNF	DNF	DNF	-	-
	WALCZAK GRZEGORZ	5310	BIEGAJĄCE KREJZOLE	POZNAŃ	POL	MASTERS M - 40			00:00:45 DNF	01:43:36 DNF	05:51:58 DNF	09:25:57 DNF	DNF	DNF	-	-
	BOCHYŃSKI ADAM	5347		KRAKÓW	POL	SENIOR I M - 20			00:02:42 DNF	01:50:07 DNF	04:03:57 DNF	DNF	DNF	DNF	-	-
	GOŁĘBIEWSKI SEBASTIAN	5386	EBIEGI.PL	KŁODZKO	POL	MASTERS M - 40			00:02:36 DNF	01:45:08 DNF	04:23:31 DNF	DNF	DNF	DNF	-	-
	POKORNY TOMASZ	5256		WROCLAW	POL	WETERAN I M - 50			00:01:34 DNF	01:59:47 DNF	04:51:04 DNF	DNF	DNF	DNF	-	-
	GARCZEWSKA-PASZKO JOANNA	5024		WARSZAWA	POL	WETERAN K - 50			00:01:36 DNF	01:55:35 DNF	05:11:33 DNF	DNF	DNF	DNF	-	-
	KROGULECKI MICHAŁ	5188		ZABRZE	POL	SENIOR II M - 30			00:00:05 DNF	01:50:30 DNF	DNF	DNF	DNF	DNF	-	-
	NOWICKI JAROSŁAW	5442		CZECHÓW	POL	WETERAN I M - 50			00:01:54 DNF	02:14:45 DNF	DNF	DNF	DNF	DNF	-	-
	DADAŚ ELŻBIETA	5088	BP RUNNING TEAM GLIWICE	GLIWICE	POL	MASTERS K - 40			00:02:24 DNF	02:20:16 DNF	DNF	DNF	DNF	DNF	-	-
	GRYGORUK CEZARY	5360		SZCZECIN	POL	WETERAN I M - 50			00:00:05 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	WALCZAK AGNIESZKA	5099		WROCLAW	POL	MASTERS K - 40			00:02:38 DNF	DNF	DNF	DNF	DNF	DNF	-	-