GLIWICKA DYCHA

Organizator: Fundacja Bieg Rzeźnika
Data: 2017-10-22
Miejsce: Gliwice
Dystans: 10 km
Klasyfikacja wg czasów netto.
W klasyfikacji open pierwsze 2000 miejsc wg czasu brutto



GLIWICKA DYCHA, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.3km	6km	Netto	Brutto	min/km	km/h
1	FORMICKI RAFAŁ	2461	CKS BUDOWLANI CZĘSTOCHOWA	ZAWIERCIE	POL	M-20	1	M 1	00:13:57	00:19:34	00:37:11.15	00:37:12.65	3:43	16.1
2	JARCO DOMINIK	2234	ALPIN SPORT TEAM	PIETRZYKOWICE	POL	M-20	2	M 2	00:14:08	00:20:01	00:37:13.05	00:37:13.95	3:22	17.8
3	ROSIŃSKI ARTUR	2354	PARKRUN KATOWICE	RUDA ŚLĄSKA	POL	M-20	3	M 3	00:15:19	00:20:58	00:37:18.35	00:37:19.25	3:22	17.8
4	WOJDYŁA MATEUSZ	2313	GMINA STRZELCE OPOLSKIE	KALINOWICE	POL	M-30	1	M 4	00:14:25	00:20:22	00:37:30.30	00:37:32.90	3:23	17.7
5	WINKLER TOMASZ	2470		MARKLOWICE	POL	M-30	2	M 5	00:15:18	00:20:58	00:37:44.15	00:37:45.10	3:25	17.5
6	SLADEK DOMINIK	2205	NIEZRZESZONY	ZABRZE	POL	M-20	4	M 6	00:15:25	00:21:48	00:38:16.10	00:38:17.35	3:49	15.7
7	PSTRAŚ LESZEK	2085	PARKRUN KATOWICE	KATOWICE	POL	M-30	3	M 7	00:16:00	00:22:20	00:38:23.90	00:38:23.90	3:50	15.6
8	WYSOCKI MARIUSZ	2352	LECYMY DURŚ	PIEKARY ŚLĄSKIE	POL	M-40	1	M 8	00:16:18	00:22:38	00:38:28.50	00:38:36.85	3:50	15.6
9	BUJNOWSKI ARTUR	2044	SOKÓŁ / ENDURANCE KNURÓW	KNURÓW	POL	M-30	4	M 9	00:15:58	00:22:21	00:38:53.10	00:38:55.75	3:53	15.4
10	CZERWIŃSKI MICHAŁ	2540	SBD ENERGETYK RYBNIK	RYBNIK	POL	M-30	5	M 10	00:15:55	00:22:27	00:38:57.05	00:38:58.90	3:53	15.4
11	JUCHA PRZEMYSŁAW	2524	ANTONTEM		POL	M-30	6	M 11	00:16:55	00:23:39	00:39:49.85	00:39:52.90	3:58	15.1
12	KAUF DAMIAN	2446		ZABRZE	POL	M-30	7	M 12	00:16:16	00:22:57	00:39:57.05	00:40:01.05	3:59	15
13	BŁASZCZYK DOMINIK	2401	NIGHT RUNNERS	KALETY	POL	M-20	5	M 13	00:16:38	00:23:13	00:40:10.05	00:40:12.50	4:01	14.9
14	OCHMAN PAWEŁ	2431	FUTURE PROCESSING RUNNING TEAM	GLIWICE	POL	M-30	8	M 14	00:16:59	00:23:40	00:40:15.05	00:40:19.05	4:01	14.9
15	PRZEŹDZIAK ZYGMUNT	2323	KRONOSPAN STRZELCE OPOLSKIE	STRZELCE OPOLSKIE	POL	M-40	2	M 15	00:16:51	00:23:34	00:40:21.85	00:40:26.45	4:02	14.9
16	PIOTROWSKI ŁUKASZ	2210		RUDA ŚLĄSKA	POL	M-30	9	M 16	00:16:29	00:23:16	00:40:38.55	00:40:40.05	4:03	14.8
17	WISZYŃSKI DAMIAN	2357		CHORZÓW	POL	M-30	10	M 17	00:16:57	00:23:46	00:40:41.35	00:40:44.15	4:04	14.7
18	LAMPARSKI ŁUKASZ	2063		GÓRKI WIELKIE	POL	M-20	6	M 18	00:16:43	00:23:38	00:40:59.95	00:41:01.70	4:06	14.6
19	RAJWA MARCIN	2375		RADLIN	POL	M-20	7	M 19	00:16:09	00:23:09	00:41:06.30	00:41:09.40	4:06	14.6
20	CIECIAK GRZEGORZ	2480	MEGWAT RUNNING TEAM	ŻORY	POL	M-40	3	M 20	00:17:04	00:23:52	00:41:07.15	00:41:15.80	4:06	14.6
21	GOLBA KASIA	2543	1SECOND TEAM		POL	K-20	1	K 1	00:16:52	00:23:55	00:41:22.65	00:41:25.30	4:08	14.5
22	SZABELSKI KRZYSZTOF	2397	FUTURE PROCESSING RUNNING TEAM	GLIWICE	POL	M-30	11	M 21	00:16:47	00:23:41	00:41:26.65	00:41:32.85	4:08	14.5
23	GRAMATYKA JAN	2399	FUTURE PROCESSING RUNNING TEAM	GLIWICE	POL	M-30	12	M 22	00:16:48	00:23:42	00:41:27.05	00:41:32.85	4:08	14.5
24	LEWICKA ELŻBIETA	2149	NIEZRZESZONA	KNURÓW	POL	K-40	1	K 2	00:17:24	00:24:19	00:41:43.75	00:41:46.20	4:10	14.4
25	WISZNIEWSKI DARIUSZ	2382	ANTONTEAM	KĘDZIERZYN-KOŹLE	POL	M-40	4	M 23	00:16:55	00:23:55	00:42:02.15	00:42:05.50	4:12	14.3
26	MAJ WITOLD	2475	OLDBOYS TRUSKOLASY	WRĘCZYCA WIELKA	POL	M-50	1	M 24	00:17:03	00:24:04	00:42:04.15	00:42:20.85	4:12	14.3
27	ALKER ANDRZEJ	2087		GLIWICE	POL	M-20	8	M 25	00:17:31	00:24:43	00:42:57.45	00:43:00.75	4:17	14
28	WASZTYL GRZEGORZ	2520		KATOWICE	POL	M-40	5	M 26	00:17:28	00:24:37	00:42:57.25	00:43:07.15	4:17	14
29	NIKIEL MARCIN	2054		ZABRZE	POL	M-30	13	M 27	00:17:26	00:24:38	00:43:06.45	00:43:10.30	4:18	13.9
30	ZDEBEL DARIUSZ	2160	LECYMY DURŚ	PIEKARY ŚLĄSKIE	POL	M-40	6	M 28	00:18:04	00:25:14	00:43:11.90	00:43:19.40	4:19	13.9
31	MAJEWSKI ANDRZEJ	2303	KRONOSPAN STRZELCE OPOLSKIE	STRZELCE OPOLSKIE	POL	M-30	14	M 29	00:18:02	00:25:20	00:43:29.50	00:43:37.30	4:21	13.8
32	MAJ-DZIUBAŃSKA IZABELA	2262	AKMB PĘDZIWIATR GLIWICE	PYSKOWICE	POL	K-30	1	K 3	00:17:45	00:25:07	00:43:46.65	00:43:50.05	4:22	13.7
33	KUCHTA MIROSŁAW	2212	REMAGUM	KATOWICE	POL	M-50	2	M 30	00:18:00	00:25:23	00:44:08.40	00:44:12.40	4:24	13.6
34	ROSIKOŃ TOMASZ	2269		GLIWICE	POL	M-30	15	M 31	00:18:01	00:25:18	00:44:07.00	00:44:15.05	4:24	13.6
35	GŁOWA DARIUSZ	2243		ZABRZE	POL	M-40	7	M 32	00:18:28	00:25:51	00:44:15.45	00:44:21.55	4:25	13.6
36	BOMBELKA DANIEL	2376	KRONOSPAN STRZELCE OPOLSKIE	JEMIELNICA	POL	M-20	9	M 33	00:18:49	00:26:09	00:44:15.20	00:44:22.55	4:25	13.6
37	BIENIECKI MAREK	2539	OTK RZEŹNIK	GLIWICE	POL	M-18	1	M 34	00:18:12	00:25:33	00:44:30.80	00:44:39.30	4:27	13.5
38	NOWAK MATEUSZ	2050		GLIWICE	POL	M-20	10	M 35	00:17:58	00:25:39	00:44:41.40	00:44:43.75	4:28	13.4
39	BRZOSKA PIOTR	2363	BIEGNĘ BO MI MARCIN KAZAŁ	PANIÓWKI	POL	M-30	18	M 36	00:18:24	00:25:52	00:44:47.10	00:44:50.40	4:28	13.4
40	KRAUSE SZYMON	2155		TARNOWSKIE GÓRY	POL	M-30	19	M 37	00:18:24	00:26:01	00:44:52.05	00:44:55.25	4:29	13.4
41	JAKUBIAK DAWID	2084	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	RYBNIK	POL	M-30	17	M 38	00:18:43	00:26:21	00:44:42.85	00:45:01.05	4:28	13.4
42	HALMAN TOMASZ	2371		GLIWICE	POL	M-30	16	M 39	00:18:11	00:25:42	00:44:37.55	00:45:03.15	4:27	13.4
43	BABIUCH KAROL	2321		ŁANY WIELKIE	POL	M-30	21	M 40	00:18:33	00:25:59	00:45:13.75	00:45:31.70	4:31	13.3
44	GAWLIK SANDRA	2187		STRZELCE OPOLSKIE	POL	K-30	2	K 4	00:18:42	00:26:20	00:45:32.20	00:45:34.85	4:33	13.2
45	MRÓZEK TOMASZ	2265		GLIWICE	POL	M-30	22	M 41	00:19:13	00:26:39	00:45:22.40	00:45:44.70	4:32	13.2

GLIWICKA DYCHA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.3km	6km	Netto	Brutto	min/km	km/h
46	JURGA ADAM	2384	KS OLKUSZ	OLKUSZ	POL	M-30	23	M 42	00:18:22	00:26:05	00:45:37.30	00:45:45.10	4:33	13.1
47	LNIANY BENIAMIN	2039	POBIEGA(L)NIANY	RUDA ŚLĄSKA	POL	M-40	8	M 43	00:18:42	00:26:25	00:45:45.40	00:45:52.05	4:34	13.1
48	PACANA PATRYK	2043	DRUŻYNA ŚWIĘTEGO MARCINA	TARNOWSKIE GÓRY	POL	M-20	13	M 44	00:18:59	00:26:21	00:45:42.00	00:45:55.30	4:34	13.1
49	CZERNIK JAKUB	2396	ELZAB ACTIVE TEAM	PIEKARY ŚLĄSKIE	POL	M-20	14	M 45	00:18:26	00:26:05	00:45:52.95	00:46:09.30	4:35	13.1
50	SMOTER WOJCIECH	2507	SBRT GLIWICE	GLIWICE	POL	M-40	10	M 46	00:18:46	00:26:31	00:46:09.30	00:46:13.00	4:37	13
51	DONIGIEWICZ MARIUSZ	2315		GLIWICE	POL	M-30	20	M 47	00:19:14	00:26:36	00:45:09.80	00:46:13.55	4:31	13.3
52	CZYŻYKOWSKI MARCIN	2307	SW RUNNERS	ŚWIĘTOCHŁOWICE	POL	M-40	9	M 48	00:18:56	00:26:28	00:45:56.00	00:46:20.95	4:35	13.1
53	BUGAJCZYK PIOTR	2069	PROGRESS BYTOM	BYTOM	POL	M-30	25	M 49	00:18:39	00:26:24	00:46:24.40	00:46:28.55	4:38	12.9
54	KŁACZEK GRZEGORZ	2428	WIESZOWA	WIESZOWA	POL	M-50	3	M 50	00:19:09	00:26:51	00:46:23.10	00:46:30.50	4:38	12.9
55	NENKO BARBARA	2378	AUGUSTEAM	RUDA SLASKA	POL	K-30	3	K 5	00:19:06	00:26:43	00:46:20.00	00:46:32.05	4:38	12.9
56	PIECUCH AGNIESZKA	2250		TARNOWSKIE GÓRY	POL	K-30	4	K 6	00:19:22	00:26:58	00:46:27.35	00:46:41.90	4:38	12.9
57	WICHARY MARCIN	2056	ISTA BIEGAMY	KALETY	POL	M-30	26	M 51	00:19:18	00:27:01	00:46:33.20	00:46:44.75	4:39	12.9
58	DACZYŃSKI MICHAŁ	2103	VEGERUNNERS	GLIWICE	POL	M-40	11	M 52	00:19:20	00:27:01	00:46:36.35	00:46:55.10	4:39	12.9
59	SZABRA DAWID	2204	-	CHORZÓW	POL	M-20	11	M 53	00:18:35	00:26:07	00:45:19.15	00:47:06.90	4:31	13.2
60	KOWALSKI TOMASZ	2443		GLIWICE	POL	M-30	28	M 54	00:18:44	00:26:50	00:46:59.50	00:47:08.85	4:41	12.8
61	WARZYŃSKI WOJCIECH	2484		GLIWICE	POL	M-30	30	M 55	00:19:23	00:27:22	00:47:09.25	00:47:16.60	4:42	12.7
62	GOŁYŚ GRZEGORZ	2503	CERTUM	USTROŃ	POL	M-20	12	M 56	00:19:14	00:26:37	00:45:37.85	00:47:20.10	4:33	13.1
63	WATOŁA MAREK	2017	M&M	PYSKOWICE	POL	M-30	31	M 57	00:19:31	00:27:28	00:47:13.85	00:47:24.85	4:43	12.7
64	HORA GRZEGORZ	2115		RUDA ŚLĄSKA	POL	M-30	24	M 58	00:20:03	00:27:24	00:46:17.30	00:47:26.05	4:37	13
65	BICZYSKI PAWEŁ	2023	PSYCHONAUCI	KNURÓW	POL	M-30	29	M 59	00:19:15	00:26:59	00:47:08.40	00:47:33.50	4:42	12.7
66	KIERAT PAWEŁ	2053		GLIWICE	POL	M-30	32	M 60	00:18:27	00:26:17	00:47:21.45	00:47:35.45	4:44	12.7
67	MAZUR WITOLD	2296	PROPOINT	GLIWICE	POL	M-20	15	M 61	00:20:21	00:28:10	00:47:01.30	00:47:36.90	4:42	12.8
68	LATACZ TOMASZ	2235		BYTOM	POL	M-40	12	M 62	00:19:28	00:27:16	00:47:14.30	00:47:39.10	4:43	12.7
69	KOCIEMBA PATRYK	2020		GLIWICE	POL	M-30	27	M 63	00:19:35	00:27:21	00:46:58.45	00:47:43.05	4:41	12.8
70	WOJTAS PAWEŁ	2346	3940	SANOK	POL	M-20	17	M 64	00:19:23	00:27:27	00:47:35.05	00:47:45.40	4:45	12.6
71	STULIK PAWEŁ	2130		KNURÓW	POL	M-30	33	M 65	00:19:59	00:27:43	00:47:22.95	00:47:51.60	4:44	12.7
72	SUPETA ANDRZEJ	2519		JAWORZNO	POL	M-30	34	M 66	00:19:48	00:27:18	00:47:25.20	00:47:55.00	4:44	12.6
73	JANOSZ SŁAWEK	2186		GLIWICE	POL	M-30	35	M 67	00:19:50	00:27:36	00:47:33.35	00:48:02.15	4:45	12.6
74	MARCZAK PAWEŁ	2066		GLIWICE	POL	M-30	36	M 68	00:19:34	00:27:37	00:47:43.95	00:48:07.05	4:46	12.6
75	ZAKRZOWSKI KRZYSZTOF	2467	TENNECO AUTOMOTIVE EASTERN EUROPE	RUDA ŚLĄSKA	POL	M-20	18	M 69	00:19:28	00:27:31	00:47:41.10	00:48:17.50	4:46	12.6
76	HERMAN ANNA	2166	RUNONLINE TEAM	SIEMIANOWICE ŚLĄSKIE	POL	K-40	2	K 7			00:48:28.00	00:48:28.00	4:50	12.4
77	CHOLEWA GRZEGORZ	2215		PYSKOWICE	POL	M-30	38	M 70	00:19:53	00:27:55	00:48:27.50	00:48:33.10	4:50	12.4
78	SIERADZKI ADAM	2292	PROPOINT	KATOWICE	POL	M-20	19	M 71	00:20:07	00:27:57	00:48:03.05	00:48:34.45	4:48	12.5
79	SKIBA ADAM	2536		KNURÓW	POL	M-40	14	M 72	00:20:03	00:28:04	00:48:11.85	00:48:35.80	4:49	12.4
80	ŚWITALSKI ADAM	2421		CHORZÓW	POL	M-20	16	M 73	00:21:12	00:28:50	00:47:21.95	00:48:35.80	4:44	12.7
81	SZKLARZ SEBASTIAN	2047		GLIWICE	POL	M-30	37	M 74	00:20:16	00:28:15	00:48:27.30	00:48:53.60	4:50	12.4
82	SITARSKI MATEUSZ	2233		GLIWICE	POL	M-20	21	M 75	00:20:32	00:28:24	00:48:15.20	00:48:54.95	4:49	12.4
83	PACANA KRZYSZTOF	2114		TARNOWSKIE GÓRY	POL	M-20	20	M 76	00:19:32	00:27:34	00:48:06.25	00:48:56.05	4:48	12.5
84	PUPIELK KAMIL	2550		TARNOWSKIE GÓRY	POL	M-18	2	M 77	00:19:00	00:27:12	00:48:45.20	00:48:58.45	4:52	12.3
85	HODOR ROBERT	2176		BYTOM	POL	M-40	13	M 78	00:19:59	00:27:58	00:47:57.50	00:49:00.05	4:47	12.5
86	JAŁOWIEC RYSZARD	2304	KS OLKUSZ	OLKUSZ	POL	M-60	1	M 79	00:20:08	00:28:19	00:49:06.80	00:49:15.05	4:54	12.2
87	MACHAŁA MAREK	2332	LUCKY LOSERS	GLINICA	POL	M-40	16	M 80	00:19:39	00:27:45	00:49:06.95	00:49:18.40	4:54	12.2
88	LITWINCZUK GABRIEL	2383		KLUCZE	POL	M-30	40	M 81	00:19:51	00:27:58	00:48:50.25	00:49:23.75	4:53	12.3
89	ZDON PAWEŁ	2407		KĘDZIERZYN-KOŹLE	POL	M-30	39	M 82	00:21:01	00:28:57	00:48:44.20	00:49:31.90	4:52	12.3
90	WALĘDZIK ANNA	2449	MIECHOWICKA GRUPA BIEGOWA	ZABRZE	POL	K-30	5	K 8	00:20:19	00:28:33	00:49:23.35	00:49:40.65	4:56	12.1
91	BURZAWA JAROSŁAW	2300		GRÓDKÓW	POL	M-40	17	M 83	00:20:13	00:28:30	00:49:16.05	00:49:44.70	4:55	12.2
92	CYBULSKI PAWEŁ	2295	PROPOINT	TYCHY	POL	M-20	24	M 84	00:20:12	00:28:26	00:49:11.35	00:49:46.10	4:55	12.2
93	SMOLARCZYK DOMINIK	2362	MŁODE WILKI	GLIWICE	POL	M-40	18	M 85	00:20:24	00:28:35	00:49:21.75	00:49:47.55	4:56	12.2
94	KOWAL DARIUSZ	2460		GLIWICE	POL	M-40	15	M 86	00:21:14	00:28:51	00:48:25.35	00:49:47.55	4:50	12.4
95	SKUPIEŃ MAŁGORZATA	2122	ETISOFT RUNNING TEAM	GLIWICE	POL	K-20	2	K 9	00:21:07	00:29:09	00:49:12.75	00:49:54.95	4:55	12.2
96	WESTER MIECZYSLAW	2278		GLIWICE	POL	M-40	19	M 87	00:20:23	00:28:41	00:49:33.70	00:49:55.10	4:57	12.1
97	SZWARCZYŃSKI MICHAŁ	2013		GLIWICE	POL	M-30	46	M 88	00:19:40	00:27:59	00:49:58.50	00:50:08.35	4:59	12
98	PASECKA SYLWIA	2333		GLIWICE	POL	K-40	4	K 10	00:20:47	00:29:05	00:49:48.15	00:50:09.55	4:58	12
99	FRĄCZYK MAŁGORZATA	2213		GLIWICE	POL	K-40	3	K 11	00:20:24	00:28:30	00:49:25.00	00:50:13.05	4:56	12.1
100	SZULC SEBASTIAN	2012		GLIWICE	POL	M-20	26	M 89	00:20:17	00:28:36	00:49:51.00	00:50:14.40	4:59	12
101	STRONCZYŃSKI ANDRZEJ	2309	NIGHT RUNNERS GLIWICE	RUDA KOZIELSKA	POL	M-20	22	M 90	00:21:10	00:29:05	00:49:04.65	00:50:15.15	4:54	12.2

GLIWICKA DYCHA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.3km	6km	Netto	Brutto	min/km	km/h
102	DYLONG PIOTR	2165		GLIWICE	POL	M-50	4	M 91	00:20:18	00:28:35	00:49:12.30	00:50:22.15	4:55	12.2
103	KASPRZYK MARCIN	2216		KNURÓW	POL	M-30	44	M 92	00:20:20	00:28:32	00:49:36.50	00:50:24.30	4:57	12.1
104	JANIK SERGIUSZ	2370		ZAWIERCIE	POL	M-20	25	M 93	00:20:41	00:28:46	00:49:26.50	00:50:27.65	4:56	12.1
105	PRZYGODZKI DAMIAN	2172	JAZZY	WROCŁAW	POL	M-20	27	M 94	00:21:31	00:29:50	00:50:09.35	00:50:28.40	5:00	12
106	SZCZERZEK ZBIGNIEW	2257		ZABRZE	POL	M-60	2	M 95			00:50:34.00	00:50:34.00	5:03	11.9
107	WYCIŚLIK MARCIN	2081	HIRSCHVOGEL	GLIWICE	POL	M-30	41	M 96	00:20:22	00:28:24	00:48:59.30	00:50:36.35	4:53	12.2
108	DROSDZOL PIOTR	2348	ZDYCHOM ALE LECA	CHORZÓW	POL	M-20	23	M 97	00:21:32	00:29:38	00:49:06.70	00:50:41.00	4:54	12.2
109	ZIELIŃSKI SEBASTIAN	2271		ZABRZE	POL	M-30	43	M 98	00:20:07	00:28:24	00:49:16.60	00:50:43.15	4:55	12.2
110	PIKUL WIKTORIA	2177		GLIWICE	POL	K-18	1	K 12	00:21:18	00:29:39	00:50:17.60	00:50:45.60	5:01	11.9
111	PRONCZUK MARCIN	2036	ETISOFT RUNNING TEAM	GLIWICE	POL	M-30	48	M 99	00:20:26	00:29:29	00:50:25.50	00:50:48.15	5:02	11.9
112	ŻEROMSKI STEFAN	2218	JASNA	GLIWICE	POL	M-50	5	M 100	00:21:39	00:29:56	00:50:40.05	00:50:52.65	5:04	11.8
113	SETNIK ROBERT	2500		GLIWICE	POL	M-40	20	M 101	00:19:32	00:28:24	00:50:48.15	00:50:53.15	5:04	11.8
114	SKUBAŁA JANUSZ	2329	LUCKY LOSERS	CHWOSTEK	POL	M-30	50	M 102	00:20:36	00:29:13	00:50:45.70	00:50:56.50	5:04	11.8
115	KUKURBA MIKOŁAJ	2360	OMNISQUARE	GLIWICE	POL	M-30	42	M 103	00:20:31	00:28:42	00:49:01.90	00:50:57.25	4:54	12.2
116	SOKOŁOWSKI ŁUKASZ	2299		GLIWICE	POL	M-30	49	M 104	00:20:54	00:29:19	00:50:40.50	00:50:57.50	5:04	11.8
117	DUBIEL LESZEK	2121		GLIWICE	POL	M-30	47	M 105	00:20:07	00:28:30	00:50:05.40	00:51:05.15	5:00	12
118	WĄS SZYMON	2483			POL	M-20	28	M 106	00:21:09	00:29:19	00:50:27.25	00:51:10.25	5:02	11.9
119	MACH MARCIN	2200		GLIWICE	POL	M-40	22	M 107	00:20:58	00:29:28	00:51:08.10	00:51:15.05	5:06	11.7
120	JANOWSKI PIOTR	2367		GLIWICE	POL	M-50	6	M 108	00:21:05	00:29:39	00:51:11.65	00:51:22.90	5:07	11.7
121	YOSHIDA DAISUKE	2335	TAKENAKA	GLIWICE	POL	M-30	45	M 109	00:21:22	00:29:11	00:49:57.30	00:51:32.25	4:59	12
122	GABRYŚ SEBA	2516	NIGHT RUNNER GLIWICE	GLIWICE	POL	M-40	23	M 110	00:20:57	00:29:33	00:51:24.60	00:51:37.15	5:08	11.7
123	ZIOMEK KATARZYNA	2137		BYTOM	POL	K-30	6	K 13	00:20:40	00:29:08	00:50:46.50	00:51:37.65	5:04	11.8
124	ŻOŁĄDŹ MARLENA	2264		GLIWICE	POL	K-20	3	K 14	00:21:47	00:30:13	00:50:37.35	00:51:43.50	5:03	11.9
125	SZCZYRBA AGNIESZKA	2190		PYSKOWICE	POL	K-20	5	K 15	00:20:59	00:29:22	00:51:00.95	00:51:47.00	5:06	11.8
126	SKORUPSKI PAWEŁ	2195		GLIWICE	POL	M-30	51	M 111	00:20:52	00:29:27	00:51:05.50	00:51:49.90	5:06	11.7
127	JUROWICZ MARIUSZ	2416		KATOWICE	POL	M-20	29	M 112	00:20:58	00:29:14	00:51:05.20	00:51:50.30	5:06	11.7
128	HAJOK MAREK	2173		GLIWICE	POL	M-40	21	M 113	00:20:53	00:29:28	00:51:07.05	00:51:51.20	5:06	11.7
129	WIŚNIOWSKA DOMINIKA	2462		GIERAŁTOWICE	POL	K-20	4	K 16	00:21:16	00:29:34	00:50:37.85	00:52:02.85	5:03	11.9
130	GARNCARZ JAKUB	2140		DĄBROWA GÓRNICZA	POL	M-30	55	M 114	00:21:31	00:30:14	00:52:05.30	00:52:12.00	5:12	11.5
131	RUBIN KATARZYNA	2487		GLIWICE	POL	K-20	6	K 17	00:21:16	00:29:41	00:51:36.80	00:52:13.20	5:09	11.6
132	MISIUREK ERNEST	2175	SRH 73PP KATOWICE	BEDZIN	POL	M-40	25	M 115	00:20:36	00:29:35	00:52:08.95	00:52:20.55	5:12	11.5
133	SOKOŁOWSKI MATEUSZ	2277		GLIWICE	POL	M-20	33	M 116	00:22:00	00:30:36	00:52:15.80	00:52:32.80	5:13	11.5
134	ANTONIAK MATEUSZ	2422		KLUCZE	POL	M-20	30	M 117	00:21:06	00:29:25	00:51:30.05	00:52:34.55	5:09	11.7
135	GOŁĘBIOWSKI MAREK	2456		GLIWICE	POL	M-30	53	M 118	00:21:01	00:29:39	00:51:15.70	00:52:34.75	5:07	11.7
136	STARCZAŁA PIOTR	2481	MEGAWAT RUNNING TEAM	KSIĄŻENICE	POL	M-40	24	M 119	00:21:26	00:29:54	00:52:04.70	00:52:41.70	5:12	11.5
137	GŁÓWKA PIOTR	2387		GLIWICE	POL	M-30	54	M 120	00:20:59	00:29:30	00:51:48.40	00:52:42.45	5:10	11.6
138	OGONOWSKI EDWAWRD	2305	ŻÓŁWIK OPOLE	OPOLE	POL	M-60	3	M 121	00:21:42	00:30:12	00:51:31.00	00:52:47.05	5:09	11.6
139	SZWAJKOSZ SZCZEPAN	2282		GLIWICE	POL	M-30	57	M 122	00:20:54	00:29:39	00:52:16.45	00:52:47.65	5:13	11.5
140	BZDYK IWONA	2157	PARKRUN KATOWICE	KATOWICE	POL	K-30	7	K 18	00:22:15	00:30:47	00:52:01.65	00:52:48.50	5:12	11.5
141	SUBIK TOMASZ	2150		GLIWICE	POL	M-30	59	M 123	00:22:07	00:30:44	00:52:26.90	00:52:51.10	5:14	11.4
142	WOJTYŁA TYMOTEUSZ	2052	JAZZY	PSZCZYNA	POL	M-20	31	M 124	00:21:58	00:30:29	00:51:51.10	00:52:51.60	5:11	11.6
143	KACZMARZYK ARKADIUSZ	2272		GLIWICE	POL	M-30	60	M 125	00:22:13	00:30:54	00:52:30.40	00:52:59.55	5:15	11.4
144	ORŁOWSKI KAMIL	2533		ZABRZE	POL	M-20	32	M 126	00:21:21	00:29:45	00:51:58.25	00:53:00.30	5:11	11.5
145	BRODALA AGNIESZKA	2245		GLIWICE	POL	K-30	10	K 19	00:22:03	00:30:45	00:52:43.45	00:53:05.00	5:16	11.4
146	BIENIEK DAWID	2246		KNURÓW	POL	M-20	34	M 127	00:22:03	00:30:45	00:52:43.95	00:53:05.65	5:16	11.4
147	MERMON ARTUR	2230		GLIWICE	POL	M-50	8	M 128	00:21:48	00:30:34	00:53:08.10	00:53:16.85	5:18	11.3
148	WYLEŻOŁ PIOTR	2454	RUN DMC	KĘDZIERZYN-KOŹLE	POL	M-30	52	M 129	00:21:22	00:29:54	00:51:07.25	00:53:24.00	5:06	11.7
149	ZARUDZKI ŁUKASZ	2353	NOTHING TO FEAR	GLIWICE	POL	M-40	27	M 130	00:21:52	00:30:35	00:52:23.35	00:53:26.45	5:14	11.5
150	PLOCH KAROLINA	2154		PYSKOWICE	POL	K-30	8	K 20	00:21:50	00:30:22	00:52:19.65	00:53:31.30	5:14	11.5
151	PAWLINA PIOTR	2029		GLIWICE	POL	M-40	28	M 131	00:21:52	00:30:29	00:52:33.50	00:53:46.20	5:15	11.4
152	EICHHOF JOANNA	2030		GLIWICE	POL	K-40	5	K 21	00:21:52	00:30:30	00:52:33.55	00:53:46.20	5:15	11.4
153	JAWORSKI JAKUB	2369		GLIWICE	POL	M-20	35	M 132	00:22:04	00:30:53	00:52:52.30	00:53:52.25	5:17	11.3
154	WIĘCKOWSKI-GAWRON MATEUSZ	2412		KATOWICE	POL	M-20	36	M 133	00:22:02	00:30:53	00:52:52.40	00:53:52.50	5:17	11.3
155	WILK KRZYSZTOF	2380		KATOWICE	POL	M-40	26	M 134	00:21:12	00:29:35	00:52:09.85	00:53:57.10	5:13	11.5
156	GRYCMAN MICHAŁ	2496		CZYŻOWICE		M-20	37	M 135	00:21:50	00:30:49	00:53:28.05	00:54:00.20	5:20	11.2
157	MIKA SZYMON	2372		KATOWICE	POL	M-30	67	M 136	00:22:40	00:31:26	00:53:23.65	00:54:00.30	5:20	11.2
158	RASZYK ALINA	2283	AMBITNI TETRYCY	ISKRZYCZYN	POL	K-40	6	K 22	00:21:57	00:30:43	00:53:13.40	00:54:02.40	5:19	11.3

GLIWICKA DYCHA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.3km	6km	Netto	Brutto	min/km	km/h
159	KOLOSKA KARINA	2258		PIEKARY ŚLĄSKIE	POL	K-20	7	K 23	00:21:52	00:30:51	00:53:51.60	00:54:04.75	5:23	11.1
160	GAJDA KATARZYNA	2339	TAKENAKA	GLIWICE	POL	K-20	8	K 24	00:22:26	00:31:19	00:53:52.15	00:54:07.00	5:23	11.1
161	RENKIEL TOMASZ	2492		GLIWICE	POL	M-40	31	M 137	00:22:33	00:31:53	00:53:47.15	00:54:11.50	5:22	11.2
162	JANIK JANUSZ	2491		GLIWICE	POL	M-40	32	M 138	00:22:32	00:31:53	00:53:47.55	00:54:11.90	5:22	11.2
163	JUREKO MACIEJ	2021		GLIWICE	POL	M-30	56	M 139	00:22:26	00:30:59	00:52:16.15	00:54:15.30	5:13	11.5
164	ZIELIŃSKI MAREK	2457		GLIWICE	POL	M-30	70	M 140	00:22:36	00:31:18	00:53:27.60	00:54:19.30	5:20	11.2
165	SKWARA MICHAŁ	2136	HIRSCHVOGEL	ZABRZE	POL	M-30	61	M 141	00:21:32	00:30:27	00:52:48.90	00:54:22.70	5:16	11.4
166	ŚLUSARSKI LESZEK	2266		BĘDZIN	POL	M-40	33	M 142	00:21:24	00:30:22	00:53:57.60	00:54:24.15	5:23	11.1
167	CAPUTA MICHAL	2227		GLIWICE	POL	M-30	69	M 143	00:23:22	00:31:54	00:53:27.35	00:54:25.65	5:20	11.2
168	KACZMARSKI MARCIN	2398	KACZMARSKISPORT	SOSNOWIEC	POL	M-30	73	M 144	00:22:05	00:31:15	00:54:12.30	00:54:29.30	5:25	11.1
169	SEREDYNSKI ROMAN	2544	PANTERA			M-40	29	M 145	00:23:08	00:31:41	00:52:36.50	00:54:34.75	5:15	11.4
170	SKUPIEŃ IZABELA	2528		WARSZAWA	POL	K-30	11	K 25	00:21:39	00:30:44	00:54:00.00	00:54:36.85	5:24	11.1
171	TUCHOWSKA ANNA	2529		SOSNOWIEC	POL	K-30	9	K 26	00:22:18	00:30:46	00:52:25.35	00:54:38.30	5:14	11.4
172	PIERNIKARCZYK ROBERT	2445		PRZEZCHLEBIE	POL	M-30	66	M 146	00:23:07	00:31:38	00:53:16.45	00:54:38.50	5:19	11.3
173	KOWOL MARCIN	2194		GLWICE	POL	M-40	34	M 147	00:23:01	00:31:59	00:54:09.55	00:54:40.40	5:25	11.1
174	RACZEK MAGDALENA	2193		GLIWICE	POL	K-30	12	K 27	00:23:01	00:31:59	00:54:10.95	00:54:41.85	5:25	11.1
175	ORZAŻEWSKI MAREK	2263	OPEL ACTIVE TEAM	BYTOM	POL	M-30	71	M 148	00:22:31	00:31:33	00:53:59.85	00:54:43.45	5:24	11.1
176	ŁUCZAK MAREK	2455		GLIWICE	POL	M-30	68	M 149	00:23:48	00:32:38	00:53:24.45	00:54:44.25	5:20	11.2
177	BOBEŁ KRZYSZTOF	2442	S.A.S. SILESIA	ŚWIĘTOSZOWICE	POL	M-30	72	M 150	00:22:55	00:31:48	00:54:05.20	00:54:44.65	5:24	11.1
178	ZAKRZOWSKI WOJCIECH	2241		ŁAZISKA GÓRNE	POL	M-30	62	M 151	00:23:10	00:31:53	00:52:58.15	00:54:47.45	5:17	11.3
179	BACHMAN ROBERT	2522			POL	M-30	74	M 152	00:22:04	00:31:13	00:54:31.25	00:54:48.05	5:27	11
180	ZHYKHARAU VASILI	2255		GLIWICE	POL	M-30	58	M 153	00:22:05	00:30:49	00:52:21.95	00:54:48.20	5:14	11.5
181	WIĘCZKOWSKA MILENA	2521			POL	K-20	10	K 28	00:21:59	00:31:11	00:54:33.55	00:54:49.00	5:27	11
182	GIERADA RYSZARD	2356	NIGHT RUNNERS GLIWICE	GLIWICE	POL	M-50	7	M 154	00:22:02	00:30:37	00:52:57.55	00:54:51.10	5:17	11.3
183	STAROŃ JAGODA	2161		ZABRZE	POL	K-20	9	K 29	00:23:00	00:31:57	00:54:03.90	00:54:57.35	5:24	11.1
184	RUTKOWSKI ŁUKASZ	2437		GLIWICE	POL	M-20	39	M 155	00:22:29	00:31:23	00:53:59.10	00:54:59.20	5:23	11.1
185	KOBUSIŃSKI JUREK	2389	PKO SILESIA RUNNING TEAM	ZABRZE	POL	M-50	10	M 156	00:22:00	00:30:57	00:53:32.65	00:55:03.50	5:21	11.2
186	WLAŹLAK WIESŁAW	2135		GLIWICE	POL	M-50	9	M 157	00:22:30	00:31:15	00:53:28.40	00:55:04.45	5:20	11.2
187	HAJDA ADAM	2308		MIASTECZKO ŚLĄSKIE	POL	M-40	35	M 158	00:22:30	00:31:37	00:54:28.65	00:55:07.25	5:26	11
188	KŁODA MARCIN	2468	TENNECO AUTOMOTIVE EASTERN EUROPE	ZABRZE	POL	M-30	63	M 159	00:21:04	00:29:49	00:53:08.00	00:55:08.15	5:18	11.3
189	SIATA SEBASTIAN	2466	TENNECO AUTOMOTIVEEASTERN EUROPE	TRZEBINIA	POL	M-30	64	M 160	00:21:03	00:29:49	00:53:08.15	00:55:08.50	5:18	11.3
190	CISZEWSKI KRZYSZTOF	2418		SOŚNICOWICE	POL	M-30	77	M 161	00:22:57	00:32:08	00:54:51.80	00:55:09.55	5:29	10.9
191	OKOŃ ZDZISŁAW	2108		KNURÓW	POL	M-60	4	M 162	00:22:23	00:31:21	00:54:05.10	00:55:10.40	5:24	11.1
192	JURASZEK TOMASZ	2240		TYCHY	POL	M-40	30	M 163	00:23:10	00:31:54	00:53:23.80	00:55:13.35	5:20	11.2
193	JANICKI KRZYSZTOF	2403		JASTRZĘBIE-ZDRÓJ	POL	M-40	37	M 164	00:22:28	00:31:22	00:54:46.80	00:55:23.25	5:28	11
194	PAWŁOWSKA-GULDZIŃSKA MAGDALENA	2417		ŁÓDŹ	POL	K-40	7	K 30	00:22:43	00:31:19	00:53:37.50	00:55:24.60	5:21	11.2
195	TRYBUS MICHAŁ	2232		GLIWICE	POL	M-20	41	M 165	00:23:02	00:31:59	00:54:23.70	00:55:24.85	5:26	11
196	SOCZAWA WOJCIECH	2459		BYTOM	POL	M-30	65	M 166	00:23:50	00:32:42	00:53:12.10	00:55:26.60	5:19	11.3
197	MUCHARSKI JACEK	2306	PROPOINT	CHORZOW	POL	M-20	44	M 167	00:22:34	00:31:22	00:54:54.90	00:55:27.15	5:29	10.9
198	KOZŁOWSKI MARIUSZ	2281		OPOLE	POL	M-40	36	M 168	00:23:19	00:32:18	00:54:43.75	00:55:28.15	5:28	11
199	SIMKA ŁUKASZ	2100	PROMILKI	41-500	POL	M-30	75	M 169	00:23:19	00:32:19	00:54:33.50	00:55:28.60	5:27	11
200	PIETRUCHA-TOMA EWA	2434		BYTOM	POL	K-50	1	K 31	00:22:24	00:31:31	00:54:34.95	00:55:33.45	5:27	11
201	MAZALIK JADWIGA	2091		PYSKOWICE	POL	K-30	13	K 32	00:22:22	00:31:33	00:54:39.30	00:55:34.00	5:28	11
202	HEINCE ŁUKASZ	2290	PROPOINT	RUDA ŚLĄSKA	POL	M-20	45	M 170	00:24:21	00:32:47	00:55:02.35	00:55:37.65	5:30	10.9
203	KOSMACZEWSKA ANNA	2010	ETISOFT RUNNING TEAM	GLIWICE	POL	K-30	14	K 33	00:23:29	00:32:39	00:55:28.15	00:55:50.20	5:32	10.8
204	MATSUDA TAKURA	2327	TAKENAKA	GLIWICE	POL	M-30	79	M 171	00:22:58	00:32:03	00:55:37.35	00:55:52.60	5:33	10.8
205	ZIELIŃSKI KAMIL	2551		RUPA ŚLĄSKA	POL	M-20	38	M 172	00:22:17	00:31:01	00:53:38.80	00:55:55.40	5:21	11.2
206	SIERADZKA AGNIESZKA	2057	BIEGAJ Z TRENERAMI	GLIWICE	POL	K-30	17	K 34		00:33:29	00:55:56.60	00:55:56.60	5:35	10.7
207	PALUS PIOTR	2231		GLIWICE SOŚNICA	POL	M-30	83	M 173	00:22:41	00:31:46	00:55:52.25	00:55:56.90	5:35	10.7
208	DYBAŁA ADAM	2406		GLIWICE	POL	M-20	43	M 174	00:22:12	00:31:24	00:54:53.75	00:55:57.65	5:29	10.9
209	OSHIMBE MASAAKI	2328	TAKENAKA	GLIWICE	POL	M-40	38	M 175	00:23:03	00:32:15	00:55:40.35	00:55:59.10	5:34	10.8
210	KOZŁOWSKI ANDRZEJ JERZY	2238		ZABRZE	POL	M-50	11	M 176	00:22:00	00:31:10	00:54:44.85	00:56:01.45	5:28	11
211	ŁAJSZCZAK - GAJDA DOROTA	2174		GLIWICE	POL	K-40	8	K 35	00:22:19	00:31:19	00:54:01.40	00:56:01.45	5:24	11.1
212	MICHALAK AGNIESZKA	2515		SOSNOWIEC	POL	K-30	16	K 36	00:22:37	00:31:53	00:55:46.85	00:56:02.20	5:34	10.8
213	JEŻEWSKI ADAM	2201	ETISOFT RUNNING TEAM	GLIWICE	POL	M-30	82	M 177	00:23:06	00:32:32	00:55:50.90	00:56:13.45	5:35	10.7

GLIWICKA DYCHA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.3km	6km	Netto	Brutto	min/km	km/h
214	PIOTROWSKA MAŁGORZATA	2131		ZABRZE	POL	K-20	11	K 37	00:23:00	00:32:02	00:55:21.95	00:56:15.30	5:32	10.8
215	DOMBEK PAWEŁ	2171	ISTA BIEGAMY	POZNOWICE	POL	M-20	40	M 178	00:22:55	00:31:45	00:54:15.65	00:56:18.30	5:25	11.1
216	SIRKO ZBIGNIEW	2048		GLIWICE	POL	M-50	12	M 179	00:22:44	00:31:56	00:55:15.95	00:56:18.40	5:31	10.9
217	HAJDUKIEWICZ MICHAŁ	2502	CERTUM	GLIWICE	POL	M-20	46	M 180	00:21:59	00:31:52	00:56:18.15	00:56:23.50	5:37	10.7
218	WIĘCŁAW GRZEGORZ	2531		GLIWICE	POL	M-30	86	M 181	00:24:39	00:33:54	00:56:08.40	00:56:27.85	5:36	10.7
219	TROSKO ADAM	2027		GLIWICE	POL	M-30	76	M 182	00:21:43	00:30:42	00:54:40.35	00:56:41.15	5:28	11
220	MICHALSKI ROBERT	2014	HETMAN TARNOWSKIE GÓRY	TARNOWSKIE GÓRY	POL	M-30	88	M 183	00:24:05	00:33:23	00:56:22.60	00:56:42.15	5:38	10.6
221	GARBACZ DAMIAN	2374	FP RUNNING TEAM	SOŚNICOWICE	POL	M-30	89	M 184	00:22:57	00:32:08	00:56:28.20	00:56:45.80	5:38	10.6
222	LESZKIEWICZ KRZYSZTOF	2517	ELZAB ACTIVE TEAM	KNURÓW	POL	M-30	78	M 185	00:23:19	00:32:31	00:55:04.30	00:56:50.40	5:30	10.9
223	ZIELONKA DAWID	2239		RUDA ŚLĄSKA	POL	M-20	47	M 186	00:24:00	00:33:29	00:56:23.25	00:56:50.50	5:38	10.6
224	MUSKIETORZ KATARZYNA	2033		MIKOŁÓW	POL	K-20	15	K 38	00:24:00	00:33:29	00:56:23.30	00:56:50.50	5:38	10.6
225	BAUC BARTŁOMIEJ	2083		KATOWICE	POL	M-30	85	M 187	00:22:59	00:32:16	00:55:59.60	00:56:52.45	5:36	10.7
226	MIERZEJEWSKI JACEK	2199	AMATOR	RUDY	POL	M-40	39	M 188	00:23:25	00:32:36	00:55:47.00	00:57:07.95	5:34	10.8
227	STANISZ MICHAŁ	2068		GLIWICE	POL	M-30	87	M 189	00:23:25	00:32:35	00:56:16.50	00:57:09.35	5:37	10.7
228	SAMOL GRZEGORZ	2046		GLIWICE	POL	M-50	13	M 190	00:23:06	00:32:23	00:56:03.75	00:57:09.65	5:36	10.7
229	KOWALIK TOMASZ	2320		CZĘSTOCHOWA	POL	M-30	90	M 191	00:23:39	00:32:48	00:56:46.05	00:57:12.30	5:40	10.6
230	JAWOREK DARIUSZ	2538	OTK RZEŹNIK		POL	M-40	41	M 192	00:23:13	00:32:30	00:56:17.60	00:57:14.55	5:37	10.7
231	TARNOWSKA EDYTA	2151		GLIWICE	POL	K-20	16	K 39	00:23:01	00:32:28	00:56:54.85	00:57:18.65	5:41	10.5
232	SADŁEK ROBERT	2221		ŻERNICA	POL	M-30	81	M 193	00:22:25	00:31:39	00:55:44.25	00:57:22.60	5:34	10.8
233	KOWALSKI KRZYSZTOF	2016		GLIWICE	POL	M-20	42	M 194	00:22:07	00:31:18	00:54:32.30	00:57:33.25	5:27	11
234	SZOT WOJCIECH	2000	WORD KATOWICE	GLIWICE	POL	M-30	84	M 195	00:23:25	00:32:40	00:55:57.30	00:57:33.65	5:35	10.7
235	HERDUŚ LUCYNA	2237		JASTRZĘBIE ZDRÓJ	POL	K-30	18	K 40	00:23:16	00:32:21	00:55:58.25	00:57:34.95	5:35	10.7
236	STOLARCZYK ALEKSANDRA	2465	RUNTEAM PAWŁOWICE	PAWŁOWICE	POL	K-30	15	K 41	00:23:34	00:32:40	00:55:34.95	00:57:37.30	5:33	10.8
237	MAJEWSKA-LUDWIG KATARZYNA	2152	4M	PŁAWNIOWICE	POL	K-30	20	K 42	00:23:22	00:32:40	00:56:39.50	00:57:38.05	5:40	10.6
238	MALINOWSKI ŁUKASZ	2358		GLIWICE	POL	M-40	40	M 196	00:23:08	00:32:22	00:55:49.60	00:57:44.85	5:34	10.7
239	MILISZKIEWICZ ADAM	2189		GLIWICE	POL	M-30	94	M 197	00:23:23	00:32:55	00:57:24.65	00:57:46.05	5:44	10.4
240	BEMŚ EMILIA	2185		GLIWICE	POL	K-20	12	K 43	00:24:04	00:33:11	00:56:06.10	00:57:50.85	5:36	10.7
241	GLAPIAK ALEKSANDRA	2311		ZABRZE	POL	K-30	21	K 44	00:23:40	00:33:08	00:57:02.80	00:57:51.05	5:42	10.5
242	PUTOWSKA NATALIA	2180		GLIWICE	POL	K-20	13	K 45	00:24:03	00:33:10	00:56:06.95	00:57:52.10	5:36	10.7
243	SZWIEC SANDRA	2099	ORNONTOWICE BIEGA	ORNONTOWICE	POL	K-30	19	K 46	00:23:46	00:32:57	00:55:59.40	00:57:52.45	5:35	10.7
244	JASIŃSKI TOMASZ	2410		GLIWICE	POL	M-40	42	M 198	00:23:03	00:32:33	00:56:34.90	00:57:56.75	5:39	10.6
245	GILLNER KLAUDIA	2035		GLIWICE	POL	K-20	14	K 47	00:23:25	00:32:40	00:56:22.75	00:57:59.10	5:38	10.6
246	DMOCHOWSKI ARTUR	2441		BYTOM	POL	M-30	80	M 199	00:23:53	00:32:52	00:55:38.40	00:58:00.45	5:33	10.8
247	MICHALSKA NATALIA	2182	ABM	GLIWICE	POL	K-18	2	K 48	00:23:06	00:32:37	00:56:36.65	00:58:03.95	5:39	10.6
248	FRANIELCZYK MARTA	2499		GLIWICE	POL	K-30	24	K 49		00:33:46	00:58:08.60	00:58:08.60	5:48	10.3
249	MIŚKIEWICZ LUCYNA	2341		ZAWIERCIE	POL	K-50	2	K 50	00:24:03	00:33:32	00:57:12.25	00:58:13.00	5:43	10.5
250	WANDEL EWA	2092		WILKASY	POL	K-20	19	K 51	00:23:55	00:33:23	00:57:50.20	00:58:25.00	5:47	10.4
251	BORYCKA JÓZEF	2198		TARNOWSKIE GÓRY	POL	M-60	5	M 200	00:23:39	00:33:01	00:56:52.80	00:58:26.10	5:41	10.5
252	OŻÓG CLAUDIA	680		WARSAW	POL	K-20	20	K 52	00:23:01	00:32:58	00:58:10.95	00:58:33.45	5:49	10.3
253	PAWLAS SEWERYN	2532			POL	M-30	91	M 201	00:24:14	00:33:35	00:57:02.25	00:58:34.15	5:42	10.5
254	MOCHNACZ PATRYK	2402		JASTRZĘBIE-ZDRÓJ	POL	M-30	98	M 202	00:22:29	00:32:14	00:58:03.50	00:58:40.15	5:48	10.3
255	ORYSZCZAK ŁUKASZ	2366		GLIWICE	POL	M-30	93	M 203	00:23:44	00:33:13	00:57:24.20	00:58:42.80	5:44	10.5
256	STALMACH LESZEK	2361	WKB META LUBLINIEC	LUBLINIEC	POL	M-50	14	M 204	00:23:03	00:32:40	00:56:54.45	00:58:45.05	5:41	10.5
257	ŚMIGIEL MAGDALENA	2192		GLIWICE	POL	K-20	18	K 53	00:22:57	00:33:08	00:57:40.05	00:58:45.05	5:46	10.4
258	GÓRA MAREK	2159		TARNOWSKIE GÓRY	POL	M-50	17	M 205	00:23:30	00:33:25	00:58:35.90	00:58:45.95	5:51	10.2
259	TARTANUS-ORYSZCZAK MARTA	2365		GLIWICE	POL	K-30	22	K 54	00:23:39	00:33:07	00:57:30.65	00:58:49.15	5:45	10.4
260	ZABRZEWSKI ADAM	2388		GLIWICE	POL	M-30	97	M 206	00:22:45	00:32:27	00:57:57.70	00:58:49.35	5:47	10.4
261	BRYLIŃSKI RYSZARD	2294	NIEZRZESZONY	ZABRZE	POL	M-50	15	M 207	00:23:54	00:33:12	00:57:09.90	00:58:52.40	5:43	10.5
262	IWAN ANITA	2545		ZIEMIĘCICE	POL	K-20	17	K 55	00:24:02	00:33:28	00:57:27.65	00:58:52.55	5:44	10.4
263	KRAJEWSKI ADAM	2471	OASIS SPORT TEAM	GLIWICE	POL	M-30	95	M 208	00:22:52	00:32:19	00:57:24.75	00:58:53.05	5:44	10.4
264	MYŚLAK MARIUSZ	2527			POL	M-40	46	M 209	00:23:42	00:33:37	00:58:37.65	00:58:54.45	5:51	10.2
265	TURCZYN MATEUSZ	2143	HIRSCHVOGEL	GLIWICE	POL	M-20	50	M 210	00:24:26	00:33:45	00:57:21.50	00:58:55.80	5:44	10.5
266	WOJTOWICZ KAROLINA	2325		GLIWICE	POL	K-30	26	K 56	00:23:35	00:33:12	00:58:16.80	00:58:57.55	5:49	10.3
267	WIAZANIA MAREK	2364		GLIWICE	POL	M-40	43	M 211	00:24:18	00:33:52	00:56:39.45	00:59:00.70	5:39	10.6
268	MICEK MACIEJ	2062		GLIWICE	POL	M-20	48	M 212	00:24:10	00:33:26	00:56:50.85	00:59:00.95	5:41	10.6
269	JANOSZEK ROBERT	2178	ISTA BIEGAMY	POGÓRZE	POL	M-20	49	M 213	00:23:04	00:32:39	00:57:07.00	00:59:12.20	5:42	10.5
270	STRYSIK-KRĘŻEL IWONA	2291	PROPOINT	GLIWICE	POL	K-30	28	K 57	00:24:07	00:33:52	00:58:51.25	00:59:15.20	5:53	10.2

GLIWICKA DYCHA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.3km	6km	Netto	Brutto	min/km	km/h
271	BEHOUNEK MAŁGORZATA	2452	TG SOKÓŁ ZAKOPANE	ZAKOPANE	POL	K-50	3	K 58	00:23:53	00:33:40	00:58:42.15	00:59:21.55	5:52	10.2
272	KUBICA BOŻENA	2090	ORNONTOWICE BIEGA	ORNONTOWICE	POL	K-40	9	K 59	00:24:13	00:33:38	00:57:28.35	00:59:21.75	5:44	10.4
273	CZENCZEK MAGDALENA	2011	ETISOFT RUNNING TEAM	GLIWICE	POL	K-30	29	K 60	00:23:54	00:34:01	00:59:04.05	00:59:26.55	5:54	10.2
274	CICHY AGNIESZKA	2386		RUDA ŚLĄSKA	POL	K-30	23	K 61	00:23:59	00:33:25	00:57:38.45	00:59:29.20	5:45	10.4
275	DRABEK AGNIESZKA	2317		KATOWICE	POL	K-30	27	K 62	00:24:01	00:33:38	00:58:26.65	00:59:30.85	5:50	10.3
276	GIERADA MATEUSZ	2355	NIGHT RUNNERS GLIWICE	GLIWICE	POL	M-20	53	M 214	00:29:05	00:37:59	00:59:19.10	00:59:33.95	5:55	10.1
277	PANENKA MACIEJ	2015	FIS-SST TEAM	NIEBOROWICE	POL	M-40	44	M 215	00:24:19	00:33:49	00:57:25.40	00:59:37.25	5:44	10.4
278	NIEMIEC SŁAWEK	2207	INTERGRAFIK POLAND	GLIWICE	POL	M-30	92	M 216	00:23:13	00:32:35	00:57:18.70	00:59:45.45	5:43	10.5
279	KLEMCZAK SZYMON	2478	AQUASENSE.PL	GLIWICE	POL	M-18	3	M 217	00:24:43	00:34:54	00:58:51.30	00:59:45.45	5:53	10.2
280	ŻUREK NELA	2276	HIRERIGHT RUNNING TEAM	KATOWICE	POL	K-20	21	K 63	00:24:03	00:33:31	00:58:11.25	00:59:50.45	5:49	10.3
281	PAWLUS - DUSIK BEATA	2337		BRZUŚNIK	POL	K-30	25	K 64	00:24:41	00:34:04	00:58:09.45	00:59:51.40	5:49	10.3
282	GRZESICZEK PIOTR	2267	HIRERIGHT RUNNING TEAM	KATOWICE	POL	M-20	51	M 218	00:24:00	00:33:35	00:58:15.65	00:59:56.60	5:49	10.3
283	KOSIAK MACIEJ	2359		GLIWICE	POL	M-40	45	M 219	00:24:30	00:33:55	00:58:02.70	00:59:57.20	5:48	10.3
284	ZAREMBA TADEUSZ	2024		GLIWICE	POL	M-60	6	M 220	00:24:39	00:34:25	00:58:31.25	01:00:01.15	5:51	10.3
285	SKORUPA MAGDALENA	2344		PRZEGĘDZA	POL	K-20	22	K 65	00:24:07	00:33:41	00:58:12.25	01:00:02.90	5:49	10.3
286	OLIMSKI FABIAN	2226	SOKÓŁ KNURÓW	KNURÓW	POL	M-40	48	M 221	00:24:40	00:34:43	00:59:26.05	01:00:07.80	5:56	10.1
287	SKRABA KRZYSZTOF	2511	SZCZYGŁOWICE AMATOR	KNURÓW	POL	M-30	101	M 222	00:24:39	00:34:42	00:59:26.85	01:00:08.15	5:56	10.1
288	PROCEK MARCIN	2145		GLIWICE	POL	M-40	47	M 223	00:23:06	00:32:48	00:58:47.35	01:00:14.05	5:52	10.2
289	MARCZYK DARIUSZ	2393		GLIWICE	POL	M-30	96	M 224	00:24:22	00:33:54	00:57:56.65	01:00:15.90	5:47	10.4
290	JASIKOWSKI ŁUKASZ	2429	KONIUCHY	GLIWICE	POL	M-20	52	M 225	00:24:38	00:34:09	00:58:26.55	01:00:16.75	5:50	10.3
291	KUWIK KLAUDIA	2293	PROPOINT	GLIWICE	POL	K-20	28	K 66	00:24:55	00:34:55	00:59:46.00	01:00:17.10	5:58	10
292	SMOLIŃSKA ILONA	2343		KNURÓW	POL	K-40	10	K 67	00:24:07	00:33:41	00:58:29.85	01:00:20.25	5:51	10.3
293	BOCHNAK ALEKSANDRA	2156		GLIWICE	POL	K-20	27	K 68	00:24:27	00:34:29	00:59:42.45	01:00:21.35	5:58	10
294	CZERWIŃSKA ANNA	2508		GLIWICE	POL	K-30	35	K 69	00:25:11	00:35:08	01:00:05.40	01:00:27.90	6:00	10
295	BUKSIŃSKA IWONA	2501		ZABRZE	POL	K-40	11	K 70	00:23:43	00:33:45	00:59:33.75	01:00:30.15	5:57	10.1
296	LUKOSZEK WERONIKA	2034	STEP-DANCE	GLIWICE	POL	K-20	25	K 71	00:24:29	00:34:14	00:58:29.15	01:00:30.45	5:50	10.3
297	MULARCZYK TERESA	2301	BIEGNIJ LOLA, BIEGNIJ	LIBIĄŻ	POL	K-60	1	K 72	00:24:14	00:34:00	00:59:52.60	01:00:32.80	5:59	10
298	KOMANDER MARCIN	2319		GLIWICE	POL	M-50	16	M 226	00:23:41	00:33:19	00:58:27.25	01:00:36.05	5:50	10.3
299	BALCER WERONIKA	2318		GLIWICE	POL	K-20	24	K 73	00:23:43	00:33:18	00:58:26.60	01:00:36.15	5:50	10.3
300	KRZOS DOMINIKA	2436		ZABRZE	POL	K-20	23	K 74	00:24:24	00:33:51	00:58:20.15	01:00:40.75	5:50	10.3
301	KRZOS PIOTR	2439		ZABRZE	POL	M-30	99	M 227	00:24:22	00:33:49	00:58:20.00	01:00:42.20	5:50	10.3
302	POLAK MAŁGORZATA	2096	OPEL ACTIVE TEAM	RUDA ŚLĄSKA	POL	K-40	12	K 75	00:24:07	00:34:07	00:59:36.75	01:00:43.75	5:57	10.1
303	PAWLETA MICHAŁ	2112	NIGHT RUNNERS GLIWICE	GLIWICE	POL	M-40	50	M 228	00:25:45	00:35:35	01:00:07.90	01:00:43.75	6:00	10
304	NOSAL ANNA	2469	ORZEŁ BIAŁY S.A.	ŚIWĘTOCHŁOWICE	POL	K-30	30	K 76	00:24:01	00:34:01	00:59:18.65	01:00:46.90	5:55	10.1
305	URBAN DARIUSZ	2005		GLIWICE	POL	M-40	53	M 229	00:24:08	00:34:31	01:00:40.40	01:00:47.10	6:04	9.9
306	MATYSIEWICZ PIOTR	2079	INTER PROJEKT SA	ZABRZE	POL	M-30	100	M 230	00:24:44	00:34:22	00:58:25.05	01:00:49.05	5:50	10.3
307	OKOŃ MONIKA	2107		KNURÓW	POL	K-30	34	K 77	00:24:53	00:34:38	00:59:55.30	01:00:52.85	5:59	10
308	ORZECHOWSKA NATALIA	2534		OPOLE	POL	K-30	40	K 78	00:25:02	00:35:10	01:00:21.65	01:00:53.75	6:02	9.9
309	HOLETZKE KRZYSZTOF	2158		PYSKOWICE	POL	M-30	102	M 231	00:24:59	00:34:50	00:59:38.25	01:00:56.60	5:57	10.1
310	MIŚKIEWICZ ANDRZEJ	2342		ZAWIERCIE	POL	M-50	19	M 232	00:24:29	00:34:43	01:00:04.80	01:01:06.25	6:00	10
311	MIECZNIKOWSKI AGNIESZKA	2162		KATOWICE	POL	K-40	15	K 79	00:24:19	00:34:28	01:00:00.25	01:01:06.65	6:00	10
312	MAZURCZAK DIANA	2247		OPOLE	POL	K-20	30	K 80	00:24:58	00:35:01	00:59:58.70	01:01:08.40	5:59	10
313	WYCIŚLIK WIOLETA	2168		GLIWICE	POL	K-30	32	K 81	00:25:12	00:34:53	00:59:33.75	01:01:09.45	5:57	10.1
314	BRZÓZKA PATRYCJA	2490		GLIWICE	POL	K-20	26	K 82	00:24:52	00:34:32	00:59:02.30	01:01:12.00	5:54	10.2
315	RAPCIA RAFAŁ	2153		ZAWIERCIE	POL	M-30	107	M 233	00:25:23	00:35:05	01:00:39.70	01:01:15.45	6:04	9.9
316	GWIOŹDZIK SŁAWEK	2350	ATO	KATOWICE	POL	M-50	18	M 234	00:25:14	00:35:10	00:59:48.85	01:01:22.65	5:58	10
317	CEPUCHOWICZ SYLWIA	2127	W POGONI ZA DUCHEM	KATOWICE	POL	K-40	13	K 83	00:25:27	00:35:26	00:59:55.60	01:01:25.30	5:59	10
318	LATA BEATA	2128		SIEMIANOWICE ŚLĄSKIE	POL	K-40	14	K 84	00:25:27	00:35:26	00:59:55.75	01:01:25.70	5:59	10
319	BUGLA AGNIESZKA	2229	ZABIEGANE NAUCZYCIELKI	KUŹNIA NIEBOROWSKA	POL	K-30	31	K 85	00:25:02	00:35:05	00:59:33.10	01:01:26.65	5:57	10.1
320	PAŚNIK JACEK	2523		ŁÓDŹ	POL	M-20	57	M 235	00:24:30	00:34:24	01:00:49.55	01:01:27.35	6:05	9.9
321	KIJANKA DAMIAN	2082	HIRSCHVOGEL	GLIWICE	POL	M-20	54	M 236	00:24:50	00:34:55	00:59:55.80	01:01:28.55	5:59	10
322	GONTARZ KAROLINA	2268	HIRERIGHT RUNNING TEAM	KATOWICE	POL	K-30	33	K 86	00:25:20	00:35:12	00:59:54.80	01:01:28.80	5:59	10
323	SIKORSKA KATARZYNA	2133		GLIWICE	POL	K-30	37	K 87	00:24:37	00:34:44	01:00:15.70	01:01:30.25	6:01	10
324	KOLASIŃSKA MONIKA	2075		GLIWICE	POL	K-20	29	K 88	00:24:31	00:34:31	00:59:46.40	01:01:39.65	5:58	10
325	WOLANIN PATRYCJA	2440		GLIWICE	POL	K-20	32	K 89	00:25:45	00:35:43	01:00:43.70	01:01:43.05	6:04	9.9
326	PIENIAK KAROLINA	2078		GLIWICE	POL	K-20	35	K 90	00:25:46	00:36:02	01:01:07.95	01:01:46.10	6:06	9.8
327	FOREMSKI PAWEŁ	2126	BETANIA	GLIWICE	POL	M-30	104	M 237	00:24:52	00:35:08	01:00:06.10	01:01:49.40	6:00	10

GLIWICKA DYCHA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.3km	6km	Netto	Brutto	min/km	km/h
328	ZEIDLER ALEKSANDER	2289		ZABRZE	POL	M-40	54	M 238	00:25:45	00:35:56	01:01:25.90	01:01:51.25	6:08	9.8
329	WIELAWIŃSKA HALINA	2542		GLIWICE	POL	K-30	41	K 91	00:24:45	00:34:49	01:00:23.70	01:01:53.75	6:02	9.9
330	SKWARA KATARZYNA	2095	HIRSCHVOGEL	ZABRZE	POL	K-30	42	K 92	00:24:53	00:34:57	01:00:29.50	01:01:58.90	6:02	9.9
331	ORZAŻEWSKA ELŻBIETA	2104		SOŚNICOWICE	POL	K-50	4	K 93	00:24:39	00:34:34	01:00:18.85	01:02:00.35	6:01	9.9
332	KOENIGSHAUS ANNA	2060		ZABRZE	POL	K-30	38	K 94	00:25:17	00:35:19	01:00:19.05	01:02:06.40	6:01	9.9
333	LEŚNIAK MARCIN	2368	SEKCJA BIEGOWA FAMILIA	BIERUŃ	POL	M-30	103	M 239	00:25:34	00:35:01	01:00:01.55	01:02:06.85	6:00	10
334	GRZYŚKA KATARZYNA	2340		ZABRZE	POL	K-30	39	K 95	00:24:33	00:34:37	01:00:19.65	01:02:10.35	6:02	9.9
335	ŻURAWIECKA ANNA	2474		GLIWICE	POL	K-20	31	K 96	00:25:04	00:35:05	01:00:19.85	01:02:10.35	6:02	9.9
336	KOCJAN LUKASZ	2217	EZUNIVERSE	DĄBROWA GÓRNICZA	POL	M-40	49	M 240	00:25:16	00:35:27	00:59:52.25	01:02:11.00	5:59	10
337	BEDNORZ ROMAN	2433	NAPĘDZANI PROCENTEM	KOZŁÓW	POL	M-30	105	M 241	00:25:03	00:35:04	01:00:19.65	01:02:11.55	6:02	9.9
338	DRZEJA ZBIGNIEW	2506		GLIWICE	POL	M-40	51	M 242	00:25:07	00:35:03	01:00:14.80	01:02:13.20	6:01	10
339	DREJA KATARZYNA	2505	OPEL ACTIVE TEAM	GLIWICE	POL	K-30	36	K 97	00:25:08	00:35:03	01:00:14.80	01:02:13.20	6:01	10
340	ZGRZYBŁOWSKA WERONIKA	2423		GLIWICE	POL	K-30	45	K 98	00:25:54	00:35:53	01:01:06.50	01:02:13.50	6:06	9.8
341	PIETRZYK MAŁGORZATA	2273		GLINICA	POL	K-20	34	K 99	00:26:00	00:36:26	01:01:03.90	01:02:13.75	6:06	9.8
342	SZULC JOANNA	2038		ORNONTOWICE	POL	K-18	3	K 100	00:26:15	00:36:26	01:01:46.85	01:02:14.85	6:10	9.7
343	GROBORZ GRZEGORZ	2059		ZABRZE	POL	M-40	52	M 243	00:25:17	00:35:19	01:00:28.20	01:02:15.35	6:02	9.9
344	MACIĄGA MARCIN	2458		PIEKARY ŚLĄSKIE	POL	M-20	55	M 244	00:25:16	00:34:53	00:59:59.65	01:02:19.65	5:59	10
345	PAWEŁEK BARBARA	2148		ZABRZE	POL	K-30	43	K 101	00:25:31	00:35:34	01:00:31.50	01:02:20.90	6:03	9.9
346	KARWAT JAREK	2196	EZUNIVERSE	RYBNIK	POL	M-30	106	M 245	00:25:24	00:35:35	01:00:20.20	01:02:30.85	6:02	9.9
347	BINASIK AGNIESZKA	2101		KATOWICE	POL	K-40	16	K 102	00:25:55	00:35:48	01:00:50.25	01:02:33.85	6:05	9.9
348	PACZKOWSKI JACEK	2220		ZABRZE	POL	M-40	55	M 246	00:24:47	00:35:03	01:01:28.10	01:02:43.20	6:08	9.8
349	SALAMON DAWID	2259	FILIPOWE KILOMETRY WALCZYMY Z AUTYZMEM	CZERWIONKA-LESZCZYNY	POL	M-30	109	M 247	00:24:46	00:34:34	01:01:08.65	01:02:44.55	6:06	9.8
350	DROZD KRZYSZTOF	2113		GLIWICE	POL	M-20	58	M 248	00:24:55	00:34:54	01:01:22.20	01:02:48.10	6:08	9.8
351	KRYŃ AGNIESZKA	2404	TRIATHLON X-TEAM	DĄBROWA GÓRNICZA	POL	K-30	44	K 103	00:25:10	00:35:01	01:00:59.10	01:02:50.90	6:05	9.8
352	GIBAS WOJCIECH	2270	HIRERIGHT RUNNING TEAM	KATOWICE	POL	M-30	110	M 249	00:25:53	00:36:01	01:01:22.45	01:02:56.45	6:08	9.8
353	RATKA DAWID	2109		WYRY	POL	M-20	59	M 250	00:25:19	00:35:24	01:01:29.40	01:02:57.45	6:08	9.8
354	MORMUL WITOLD	2061	SUPER FAJNY KLUB	WROCŁAW	POL	M-20	56	M 251	00:24:45	00:34:54	01:00:18.50	01:03:00.25	6:01	9.9
355	TWAROWSKA CELINA	2377	ETISOFT RUNNING TEAM	ZABRZE	POL	K-30	48	K 104	00:25:40	00:36:20	01:02:24.90	01:03:07.10	6:14	9.6
356	RUSIELEWICZ AGNIESZKA	2486		GLIWICE	POL	K-20	33	K 105	00:25:44	00:35:40	01:00:54.70	01:03:14.70	6:05	9.9
357	MARKOWICZ PIOTR	2485		GLIWICE	POL	M-30	108	M 252	00:25:44	00:35:41	01:00:55.20	01:03:14.75	6:05	9.8
358	ŁASZOWSKA EWA	2464	OPEL ACTIVE TEAM	GLIWICE	POL	K-30	47	K 106	00:24:52	00:35:09	01:02:18.50	01:03:24.15	6:13	9.6
359	KOBUSIŃSKA JAGODA	2390	PKO SILESIA RUNNING TEAM	ZABRZE	POL	K-40	17	K 107	00:24:52	00:35:09	01:01:53.70	01:03:24.70	6:11	9.7
360	WAYDOWICZ PRZEMYSŁAW	2139	PKO SILESIA RUNNING TEAM	TARNOWSKIE GÓRY	POL	M-30	111	M 253	00:24:52	00:35:09	01:01:54.00	01:03:24.85	6:11	9.7
361	ANTOS ANGELIKA	2123	HIRSCHVOGEL	TYCHY	POL	K-20	36	K 108	00:25:14	00:35:28	01:02:14.20	01:03:48.85	6:13	9.6
362	BATORYNA ALEKSANDER	2548		BĘDZIN	POL	M-30	117	M 254	00:38:44	00:45:40	01:03:53.15	01:03:55.15	6:23	9.4
363	BIEŃKOWSKA JUSTYNA	2188		PYSKOWICE	POL	K-30	46	K 109	00:25:01	00:35:16	01:02:06.50	01:04:06.25	6:12	9.7
364	SOBOLEWSKA STEFANIA	2347		GLIWICE	POL	K-40	18	K 110	00:26:03	00:36:24	01:02:15.65	01:04:10.20	6:13	9.6
365	PORWOLIK BOŻENA	2450		RADZIONKOW	POL	K-40	19	K 111	00:25:13	00:35:39	01:02:27.55	01:04:17.15	6:14	9.6
366	SIKORA ANNA	2208		KNURÓW	POL	K-20	37	K 112	00:26:30	00:37:01	01:03:21.35	01:04:23.35	6:20	9.5
367	KUKUCZKA EWA	2146		GLIWICE	POL	K-30	55	K 113	00:25:05	00:35:38	01:03:15.95	01:04:25.05	6:19	9.5
368	MUSZALSKA BOŻENA	2415		BYTOM	POL	K-30	56	K 114	00:26:10	00:36:46	01:03:44.75	01:04:25.05	6:22	9.4
369	KOPEĆ-WÓJCIK MONIKA	2138		KNURÓW	POL	K-20	38	K 115	00:26:29	00:37:01	01:03:23.05	01:04:25.05	6:20	9.5
370	JACH WOJCIECH	2179		TARNOWSKIE GÓRY	POL	M-40	56	M 255	00:25:43	00:36:33	01:02:35.75	01:04:28.20	6:15	9.6
371	JACHYMIAK DAMIAN	2385		BUKOWNO	POL	M-30	115	M 256	00:26:03	00:36:30	01:03:23.90	01:04:28.35	6:20	9.5
372	WITAŁA RAFAŁ	2025		GLIWICE	POL	M-30	112	M 257	00:26:07	00:36:47	01:02:34.80	01:04:35.85	6:15	9.6
373	DWORNICZAK IWONA	2219		SIEMIANOWICE SL.	POL	K-50	5	K 116	00:25:10	00:35:40	01:02:45.15	01:04:35.95	6:16	9.6
374	ZAJDEL DARIUSZ	2093		ZAWADZKIE	POL	M-50	20	M 258	00:27:02	00:37:09	01:02:38.50	01:04:35.95	6:15	9.6
375	RODAK AGNIESZKA	2349	W POGONI ZA DUCHEM	DĄBROWA GÓRNICZA	POL	K-30	50	K 117	00:25:17	00:35:42	01:02:45.50	01:04:41.10	6:16	9.6
376	SKRZYPEK MARTA	2191		CIĘCINA	POL	K-30	53	K 118	00:25:11	00:35:04	01:03:02.25	01:04:43.35	6:18	9.5
377	KOMHR ANNA	2541		GLIWICE	POL	K-30	51	K 119	00:26:07	00:36:40	01:02:49.30	01:04:47.50	6:16	9.6
378	MALEŃKA JOLANTA	2448		GLIWICE	POL	K-30	57	K 120	00:24:57	00:35:42	01:03:48.00	01:04:51.45	6:22	9.4
379	SZOŁTYSIK MARTA	2453		RADZIONKÓW	POL	K-30	54	K 121	00:25:51	00:36:38	01:03:05.60	01:04:52.45	6:18	9.5
380	KOTOWSKI PIOTR	2426		GLIWICE	POL	M-40	58	M 259	00:25:51	00:36:28	01:03:26.35	01:04:55.30	6:20	9.5
381	BOROWIAK MATEUSZ	2286	SEKCJA BIEGOWA FAMILIA	GLIWICE	POL	M-30	113	M 260	00:26:28	00:37:04	01:02:34.90	01:04:58.30	6:15	9.6
382	GĄSIOREK ŁUKASZ	2288	SEKCJA BIEGOWA FAMILIA	GLIWICE	POL	M-20	60	M 261	00:26:30	00:37:06	01:02:36.75	01:04:58.45	6:15	9.6
383	ŻELEZNY TOMASZ	2249		GLIWICE	POL	M-30	114	M 262	00:26:46	00:37:15	01:03:06.65	01:04:59.05	6:18	9.5

GLIWICKA DYCHA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.3km	6km	Netto	Brutto	min/km	km/h
384	BARANOWSKA EWA	2252	SEKCJA BIEGOWA FAMILIA	BYTOM	POL	K-30	49	K 122	00:25:15	00:35:53	01:02:34.95	01:04:59.95	6:15	9.6
385	GILEWSKI FRANCISZEK	2509	BIEGAM Z SERCEM	GLIWICE	POL	M-70	1	M 263	00:25:38	00:36:23	01:03:07.80	01:05:00.95	6:18	9.5
386	DUDEK MATEUSZ	2394	FLUOR SA.	RYBNIK	POL	M-20	61	M 264	00:27:20	00:38:46	01:03:13.40	01:05:07.95	6:19	9.5
387	PROCEK KATARZYNA	2144		GLIWICE	POL	K-40	20	K 123	00:25:24	00:36:16	01:03:42.70	01:05:09.90	6:22	9.4
388	PANKIEWICZ KATARZYNA	2260	GRUPACMYKI	GLIWICE	POL	K-40	21	K 124	00:25:39	00:36:18	01:04:07.40	01:05:14.30	6:24	9.4
389	OKOŃ ELŻBIETA	2058		GIERAŁTOWICE	POL	K-30	59	K 125	00:25:21	00:36:28	01:04:18.15	01:05:15.25	6:25	9.3
390	HOLETZKE DOROTA	2425		PYSKOWICE	POL	K-30	58	K 126	00:25:21	00:36:23	01:04:08.25	01:05:20.40	6:24	9.4
391	KEMPKA IZABELA	2373		JAWORZNO	POL	K-20	40	K 127	00:26:16	00:36:59	01:04:02.60	01:05:25.40	6:24	9.4
392	ZIMNY JOANNA	2022		GLIWICE	POL	K-30	52	K 128	00:26:34	00:36:40	01:02:51.85	01:05:31.30	6:17	9.5
393	NIEMIEC RAFAŁ	2261	INTERGRAFIK POLSKA	ZABRZE	POL	M-40	57	M 265	00:24:46	00:35:37	01:03:05.25	01:05:32.45	6:18	9.5
394	PE MAGDALENA	2411		GLIWICE	POL	K-30	63	K 129	00:26:05	00:37:16	01:05:14.80	01:05:44.15	6:31	9.2
395	SKOWRON MIROSŁAWA	2209		BYTOM	POL	K-40	22	K 130	00:25:54	00:36:45	01:04:23.05	01:05:44.25	6:26	9.3
396	MACIEJCZYK MARCIN	2244	FAMILIA	GLIWICE	POL	M-30	116	M 266	00:25:36	00:36:15	01:03:43.30	01:05:47.80	6:22	9.4
397	GORAJ-ZAJĄC ALEKSANDRA	2537	NIGHT RUNNER	GLIWICE	POL	K-40	23	K 131	00:26:40	00:37:34	01:05:56.35	01:06:05.45	6:35	9.1
398	BARTKOWSKA MONIKA	2253		GLIWICE	POL	K-30	62	K 132	00:27:06	00:38:06	01:04:57.15	01:06:05.55	6:29	9.2
399	GÓRA GRAŻYNA	2026		GLIWICE	POL	K-30	65	K 133	00:25:43	00:36:46	01:06:03.85	01:06:11.90	6:36	9.1
400	BOJEŚ MARCIN	2310	EZUNIVERSE	BIELSKO-BIAŁA	POL	M-20	62	M 267	00:27:03	00:37:53	01:04:00.35	01:06:16.35	6:24	9.4
401	SZYDŁAK IWONA	2242	OASIS SPORT TEAM	GLIWICE	POL	K-30	61	K 134	00:25:16	00:36:30	01:04:49.35	01:06:16.90	6:28	9.3
402	RUŁKA MARTA	2072		TRZEBINIA	POL	K-20	41	K 135	00:26:37	00:37:03	01:04:20.00	01:06:26.15	6:26	9.3
403	PŁACHTA MAREK	2076	INTER PROJEKT SA	RUDA ŚLĄSKA	POL	M-40	60	M 268	00:26:02	00:37:01	01:05:33.10	01:06:26.25	6:33	9.2
404	WÓJCIK RAFAŁ	2331	SEKCJA BIEGOWA FAMILIA	ZABRZE	POL	M-30	118	M 269	00:25:18	00:35:54	01:04:02.70	01:06:27.85	6:24	9.4
405	KUBICA MICHAŁ	2479		GLIWICE	POL	M-20	63	M 270	00:28:15	00:39:18	01:05:10.30	01:06:40.50	6:31	9.2
406	NIESLER MAGDALENA	2419	NIGHT RUNNERS GLIWICE	GLIWICE	POL	K-30	64	K 136	00:26:24	00:37:31	01:05:34.35	01:06:41.25	6:33	9.1
407	DUDZICZ ANNA	2065		GLIWICE	POL	K-50	6	K 137	00:26:42	00:37:16	01:05:16.95	01:06:42.25	6:31	9.2
408	LATOS EWA	2077	NIGHT RUNNERS GLIWICE	GLIWICE	POL	K-30	60	K 138	00:27:21	00:38:24	01:04:29.65	01:06:54.50	6:27	9.3
409	BĄCZEK PATRYCJA	2324		GLIWICE	POL	K-20	39	K 139	00:26:16	00:36:57	01:04:00.20	01:06:57.25	6:24	9.4
410	ŚWIDER TOMASZ	2222	BYTOM	BYTOM	POL	M-40	59	M 271	00:28:26	00:40:24	01:05:15.90	01:06:59.20	6:31	9.2
411	JUROWICZ DAMIAN	2447		KATOWICE	POL	M-20	64	M 272	00:26:42	00:37:43	01:05:33.70	01:07:01.70	6:33	9.2
412	PORADA TOMASZ	2312		RUDA ŚLĄSKA	POL	M-30	119	M 273	00:27:18	00:38:04	01:05:10.75	01:07:06.95	6:31	9.2
413	BRODIUK NORBERT	2001	SBRT ,NIGHT RUNNERS GLIWICE	GLIWICE	POL	M-40	62	M 274	00:26:54	00:38:01	01:06:41.30	01:07:17.85	6:40	9
414	SMUDA GRZEGORZ	2110	AKMB PĘDZIWIATR GLIWICE	GLIWICE	POL	M-30	120	M 275	00:27:23	00:38:10	01:05:29.35	01:07:18.45	6:32	9.2
415	MALEC MAREK	2391		GLIWICE	POL	M-20	65	M 276	00:25:38	00:37:07	01:05:51.85	01:07:25.50	6:35	9.1
416	BREGUŁA ANNA	2322		GLIWICE	POL	K-40	24	K 140	00:25:04	00:35:35	01:05:58.90	01:07:27.25	6:35	9.1
417	STACHOWIAK JANUSZ	2169		TARNOWSKIE GÓRY	POL	M-60	7	M 277	00:26:24	00:37:24	01:05:56.65	01:07:36.80	6:35	9.1
418	SOWA IRENEUSZ	2098	SOWA TEAM OPOLE	OPOLE	POL	M-40	61	M 278	00:26:30	00:37:43	01:06:27.90	01:07:53.20	6:38	9
419	STEPEL GRZEGORZ	2214		GLIWICE	POL	M-40	63	M 279	00:26:55	00:38:33	01:07:17.45	01:08:07.50	6:43	8.9
420	KOZACZKIEWICZ HELENA	2028	FC KNURÓW - COMBAT 56	KNURÓW	POL	K-60	2	K 141	00:27:00	00:38:20	01:07:29.05	01:08:10.15	6:44	8.9
421	MICHALIK NATALIA	2088		GLIWICE	POL	K-20	43	K 142	00:25:20	00:36:47	01:06:38.85	01:08:25.15	6:39	9
422	JOOSTBERENS ALEKSANDRA	2392	FLUOR SA	PYSKOWICE	POL	K-20	42	K 143	00:27:20	00:38:46	01:06:36.50	01:08:31.45	6:39	9
423	LEWANDOWSKA-STACHOWIAK JUSTYNA	2183		ZABRZE	POL	K-40	26	K 144	00:26:52	00:38:10	01:07:02.50	01:08:37.75	6:42	9
424	WNĘK AGNIESZKA	2248		PRZYBĘDZA	POL	K-30	66	K 145	00:26:44	00:38:11	01:06:59.60	01:08:41.25	6:42	9
425	DZIEMIAŃCZUK MONIKA	2316		GLIWICE	POL	K-40	25	K 146	00:27:19	00:38:36	01:06:35.10	01:09:06.30	6:39	9
426	KLIKS KAZIMIERZ	2071		ZABRZE	POL	M-50	21	M 280	00:27:30	00:38:40	01:07:17.70	01:09:30.35	6:43	8.9
427	KAŹMIERCZAK-TKACZ EWA	2395	BBL GŁUCHOŁAZY	GŁUCHOŁAZY	POL	K-40	30	K 147	00:28:06	00:39:45	01:09:22.30	01:09:44.65	6:56	8.6
428	TRZASKALIK ALEKSANDRA	2120		GLIWICE	POL	K-20	44	K 148	00:28:46	00:39:54	01:07:44.90	01:09:55.95	6:46	8.9
429	WILCZYŃSKA-KOGUT ALEKSANDRA	2336	NIGHT RUNNERS GLIWICE	GLIWICE	POL	K-30	67	K 149	00:27:32	00:38:47	01:08:04.80	01:09:56.05	6:48	8.8
430	PAJĄK ALEKSANDRA	2345		GLIWICE	POL	K-40	33	K 150	00:27:22	00:39:07	01:10:06.60	01:10:11.65	7:00	8.6
431	CHOMIAK AGATA	2530		GLIWICE	POL	K-40	32	K 151	00:27:37	00:39:24	01:10:06.30	01:10:11.85	7:00	8.6
432	STRUG MAŁGORZATA	2489		GLIWICE	POL	K-40	27	K 152	00:27:31	00:38:56	01:07:55.20	01:10:13.60	6:47	8.8
433	STRUG MARIUSZ	2482		GLIWICE	POL	M-40	64	M 281	00:27:32	00:38:56	01:07:56.80	01:10:14.60	6:47	8.8
434	JANOSZKA IZABELA	2125	HIRSCHVOGEL	ŚWIBIE	POL	K-20	45	K 153	00:26:21	00:37:59	01:08:45.60	01:10:15.00	6:52	8.7
435	KACZKIEWICZ AGNIESZKA	2002	NIGHT RUNNERS GLIWICE	GLIWICE	POL	K-40	29	K 154	00:28:21	00:39:54	01:09:21.95	01:10:25.50	6:56	8.6
436	DZIEKAN KASIA	2197	ANTONTEAM	KĘDZIERZYN-KOŹLE	POL	K-30	68	K 155	00:28:54	00:40:29	01:08:53.55	01:10:34.20	6:53	8.7
437	CIESLAK PAWEL	2438		GLIWICE	POL	M-30	121	M 282	00:28:23	00:39:55	01:08:58.65	01:10:52.50	6:53	8.7
438	SZKAMRUK MAŁGORZATA	2254		GLIWICE	POL	K-30	69	K 156	00:27:44	00:39:12	01:09:33.15	01:10:58.95	6:57	8.6
439	PĘKALA ANNA	2163		ZABRZE	POL	K-40	28	K 157	00:27:20	00:38:48	01:09:09.30	01:10:59.00	6:55	8.7
440	STANISZ MAŁGORZATA	2067		GLIWICE	POL	K-30	70	K 158	00:28:03	00:39:41	01:10:06.95	01:11:00.75	7:00	8.6

GLIWICKA DYCHA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.3km	6km	Netto	Brutto	min/km	km/h
441	MALISZEWSKI JAKUB	2379	NAPĘDZANI PROCENTEM	GLIWICE	POL	M-30	122	M 283	00:29:12	00:40:43	01:09:22.70	01:11:18.05	6:56	8.6
442	MALISZEWSKI BOGUSŁAW	2381	NAPĘDZANI PROCENTEM	GLIWICE	POL	M-60	8	M 284	00:29:13	00:40:44	01:09:23.55	01:11:18.20	6:56	8.6
443	LEWICKI KRZYSZTOF	97	NIGHT RUNNERS GLIWICE	GLIWICE	POL	M-30	123	M 285	00:28:24	00:40:01	01:10:19.40	01:11:22.95	7:01	8.5
444	POLAKOWICZ ALEKSANDRA	2129		CHORZÓW	POL	K-40	34	K 159	00:28:00	00:39:55	01:10:10.25	01:11:40.95	7:01	8.6
445	KOCHANEK ALEKSANDRA	2203		GLIWICE	POL	K-40	31	K 160	00:28:01	00:39:25	01:09:24.35	01:11:52.70	6:56	8.6
446	OCHMAN AGNIESZKA	2451		BYTOM	POL	K-40	35	K 161	00:28:07	00:40:05	01:10:15.40	01:11:59.60	7:01	8.5
447	PIERNIKARCZYK MIRELA	2444		PRZEZCHLEBIE	POL	K-30	71	K 162	00:29:20	00:41:18	01:10:58.30	01:12:17.55	7:05	8.5
448	KONOPACKA KRYSTYNA	2119		GLIWICE	POL	K-60	3	K 163	00:29:03	00:40:58	01:11:54.15	01:12:27.00	7:11	8.3
449	GĄTEK GERARD	2549		CZĘSTOCHOWA		M-70	2	M 286	00:28:37	00:40:21	01:10:58.75	01:12:48.75	7:05	8.5
450	PYREK MAREK	2314	TOROS DE ESPANA	LARYSZÓW	POL	M-30	125	M 287	00:29:29	00:41:40	01:12:04.15	01:13:00.20	7:12	8.3
451	NOWIŃSKI KAMIL	2284	SEKCJA BIEGOWA FAMILIA	GLIWICE	POL	M-30	124	M 288	00:31:33	00:44:51	01:11:24.25	01:13:48.25	7:08	8.4
452	ZIOŁKOWSKA BARBARA	2223	ŚWIĘTOCHŁOWICE	ŚWIĘTOCHŁOWICE	POL	K-30	72	K 164	00:28:27	00:40:25	01:12:09.60	01:13:52.95	7:12	8.3
453	ZARODA MAGDALENA	2287		GLIWICE	POL	K-30	73	K 165	00:29:35	00:41:36	01:13:20.45	01:13:53.00	7:20	8.2
454	TISZBIEREK GABRIELA	2118		BARGŁÓWKA	POL	K-40	36	K 166	00:29:04	00:41:11	01:12:13.50	01:13:55.85	7:13	8.3
455	TISZBIEREK HENRYK	2117	NIGHT RUNNERS GLIWICE	BARGŁÓWKA	POL	M-40	65	M 289	00:29:04	00:41:11	01:12:13.80	01:13:55.95	7:13	8.3
456	PRUCHNIK SŁAWEK	2051	JAZZY	GLIWICE	POL	M-20	66	M 290	00:29:16	00:42:57	01:13:49.40	01:14:48.45	7:22	8.1
457	JURETKO ADAM	2535		CHORZÓW	POL	M-40	66	M 291	00:29:33	00:41:56	01:13:24.60	01:15:02.10	7:20	8.2
458	KUT KRZYSZTOF	2031		GLIWICE	POL	M-30	126	M 292	00:30:01	00:42:32	01:14:00.65	01:15:02.70	7:24	8.1
459	VEGA ZUMETA BRYGIDA	2408	NIGHT RUNNERS GLIWICE	GLIWICE	POL	K-30	74	K 167	00:30:11	00:42:38	01:15:07.15	01:16:09.55	7:30	8
460	UEMURA YOSHIHIKO	2334	TAKENAKA	GLIWICE	POL	M-50	22	M 293	00:31:12	00:43:33	01:16:01.40	01:16:19.95	7:36	7.9
461	GORZKOWSKA MAŁGORZATA	2111		SOSNOWIEC	POL	K-20	46	K 168	00:29:59	00:42:02	01:14:10.40	01:16:21.70	7:25	8.1
462	KAMIŃSKI WOJCIECH	2477	INTERPROJEKT	GLIWICE	POL	M-20	67	M 294	00:30:05	00:42:12	01:14:15.20	01:16:40.55	7:25	8.1
463	KOSTRO RAFAŁ	2285	SEKCJA BIEGOWA FAMILIA	GLIWICE	POL	M-30	127	M 295	00:31:35	00:44:53	01:15:34.20	01:17:56.50	7:33	7.9
464	CUDZIK WALDEMAR	2463		CZĘSTOCHOWA	POL	M-50	23	M 296	00:52:11		01:16:35.70	01:18:03.95	7:39	7.8
465	ROSPONDEK AGATA	2472		CZĘSTOCHOWA	POL	K-30	75	K 169	00:52:10		01:16:36.35	01:18:04.95	7:39	7.8
466	FRĄC ELŻBIETA	2206	NIGHT RUNNERS GLIWICE	GLIWICE	POL	K-40	37	K 170	00:30:04	00:43:21	01:16:29.20	01:18:20.85	7:38	7.8
467	MARCZAK MARTA	2510		GLIWICE	POL	K-30	76	K 171	00:31:37	00:44:45	01:17:53.60	01:20:09.60	7:47	7.7
468	JÓZEFCZYK KATARZYNA	2167	ISTA BIEGAMY	LEWIN BRZESKI	POL	K-30	77	K 172	00:30:22	00:46:22	01:18:56.80	01:21:00.25	7:53	7.6
469	KULIG MACIEJ	2504	CERTUM		POL	M-30	128	M 297	00:31:31	00:45:13	01:21:17.75	01:21:23.75	8:07	7.4
470	GROSS MAGDALENA	2413	UNISONO / FIS-SST TEAM	BYTOM	POL	K-18	4	K 173	00:31:36	00:45:44	01:20:06.40	01:22:24.45	8:00	7.5
471	DOLIŃSKI DANIEL	2414	UNISONO / FIS-SST TEAM	BYTOM	POL	M-20	68	M 298	00:31:35	00:45:43	01:20:05.90	01:22:24.70	8:00	7.5
472	JUSZCZAK EWA	2049		GLIWICE	POL	K-50	7	K 174	00:32:54	00:48:53	01:22:24.25	01:23:18.65	8:14	7.3
473	JUSZCZAK - WIŚNIEWSKA AGATA	2435	NIGHT RUNNERS GLIWICE	GLIWICE	POL	K-30	78	K 175	00:32:54	00:48:55	01:24:38.55	01:25:33.05	8:27	7.1
474	CIESZYŃSKA JOLANTA	2225	SEKCJA BIEGOWA FAMILIA	GLIWICE	POL	K-50	8	K 176	00:36:57	00:52:20	01:26:38.15	01:27:10.70	8:39	6.9
475	CYBULSKA WERONIKA	2184		GLIWICE	POL	K-20	47	K 177	00:54:40	01:03:46	01:28:28.80	01:30:15.30	8:50	6.8
476	SKUPIEŃ PIOTR	2526		GLIWICE	POL	M-40	67	M 299	00:53:51	01:03:37	01:30:19.05	01:30:56.55	9:01	6.6
477	WIERCIŃSKI ŁUKASZ	2473		GLIWICE	POL	M-60	9	M 300	00:57:51		01:43:58.20	01:44:03.45	10:23	5.8
478	OLEJNIK MARCIN	2302	PROPOINT	GOŁUSZOWICE	POL	M-20	69	M 301	00:48:26	01:14:52	01:52:26.45	01:53:01.80	11:14	5.3
	STASIERSKI MACIEJ	2279		KATOWICE	POL	M-30			00:42:53 DNF	DNF	DNF	DNF	-	-