

**KOLBUSZOWA - PUCHAR POLSKI NORDIC WALKING 2018 - 21.1 KM**

Organizator: Polska Federacja Nordic Walking

Data: 2018-06-02

Miejsce: Kolbuszowa

Dystans: 21.1 km

**Wyniki dla punktu pomiaru: 0.37 km**

Klasyfikacja wg czasów netto.

**KOLBUSZOWA - PUCHAR POLSKI NORDIC WALKING 2018 - 21.1 KM, OPEN**

| M-ce | Nazwisko i imię          | Nr  | Klub                                               | M-scowość           | Kraj | Kat.   | Żół. kartki | Czer. kartki | 8.6km    | 11.1km   | 13.6km   | 16.1km   | 18.6km   |
|------|--------------------------|-----|----------------------------------------------------|---------------------|------|--------|-------------|--------------|----------|----------|----------|----------|----------|
| 1    | MICHAŁEC MARCIN          | 388 | KKB MOSIR KROSNO                                   | KROSNO              | POL  | M30-39 |             |              | 00:53:35 | 01:09:03 | 01:24:28 | 01:40:07 | 01:55:33 |
| 2    | KORDOWSKI PIOTR          | 519 |                                                    | KRAKOW              | POL  | M40-49 |             |              | 00:56:10 | 01:13:18 | 01:30:17 | 01:47:05 | 02:03:54 |
| 3    | ROSAK MARCIN             | 539 | RUNNERSKI.PL/ GREEN TEAM ZIELONA GÓRA              | ZIELONA GÓRA        | POL  | M40-49 |             |              | 00:55:25 | 01:11:23 | 01:27:20 | 01:43:25 | 01:59:29 |
| 4    | SZEREMETA GRZEGORZ       | 550 | CIDRY LOTAJOM                                      | RADZIONKÓW          | POL  | M40-49 |             |              | 00:56:37 | 01:13:38 | 01:30:58 | 01:48:57 | 02:07:31 |
| 5    | MAKOWSKI JAN             | 527 | RYBNICKI KLUB NORDIC WALKING                       | RYBNIK              | POL  | M50-59 |             |              | 01:00:49 | 01:19:15 | 01:37:58 | 01:56:48 | 02:16:15 |
| 6    | BARCZYK BOGDAN           | 503 | VIKING NORDIC TEAM CZĘSTOCHOWA                     | CZĘSTOCHOWA         | POL  | M50-59 |             |              | 00:59:00 | 01:16:57 | 01:35:24 | 01:54:33 | 02:13:57 |
| 7    | PUSZKIEL LESZEK          | 537 | GREEN TEAM ZIELONA GÓRA                            | ZIELONA GÓRA        | POL  | M60+   |             |              | 00:59:21 | 01:17:20 | 01:35:15 | 01:53:06 | 02:11:10 |
| 8    | PIETRZYK JAROSŁAW        | 535 | VIKING NORDIC TEAM CZĘSTOCHOWA                     | CZĘSTOCHOWA         | POL  | M30-39 |             |              | 00:59:45 | 01:17:12 | 01:34:31 | 01:51:44 | 02:09:41 |
| 9    | SZARSZUNOWICZ MARIUSZ    | 548 | KS METRACO POLKOWICE                               | PASŁĘK              | POL  | M40-49 |             |              | 00:59:01 | 01:17:22 | 01:35:36 | 01:54:06 | 02:12:47 |
| 10   | SŁUPIANEK PAWEŁ          | 543 | LECZYMY DURŚ                                       | KATOWICE            | POL  | M30-39 |             |              | 00:57:43 | 01:15:05 | 01:32:15 | 01:50:05 | 02:08:30 |
| 11   | WOJTOWICZ TOMASZ         | 230 | NWPL/FNWT                                          | WIDACZ              | POL  | M18-29 |             |              | 00:58:11 | 01:15:20 | 01:32:54 | 01:51:05 | 02:10:41 |
| 12   | WITCZUK ŁUKASZ           | 334 | NWPL / LUKI TEAM                                   | SIEDLCE             | POL  | M30-39 |             |              | 00:58:11 | 01:15:20 | 01:32:53 | 01:51:03 | 02:10:42 |
| 13   | ŚWISŁOCKI BOGDAN         | 551 | FACE NORDIC WALKING TEAM                           | MIKOSZEWO           | POL  | M50-59 |             |              | 01:00:48 | 01:18:52 | 01:37:28 | 01:57:27 | 02:17:14 |
| 14   | DEPKA PRADZYŃSKI OLGIERD | 507 | BIEGAMYRAZEM.PL                                    | GDYNIA              | POL  | M60+   |             |              | 00:55:25 | 01:11:47 | 01:28:49 | 01:46:08 | 02:03:33 |
| 15   | WAWRZYŃIAK ŁUKASZ        | 552 | KS METRACO POLKOWICE                               | WALIM               | POL  | M30-39 |             |              | 00:59:09 | 01:16:12 | 01:32:52 | 01:49:51 | 02:07:06 |
| 16   | MARCZAK KRZYSZTOF        | 529 | NWPL/NW BEŁCHATÓW                                  | BEŁCHATÓW           | POL  | M60+   |             |              | 01:01:00 | 01:18:54 | 01:37:06 | 01:55:46 | 02:14:40 |
| 17   | KRZANOWSKI BARTŁOMIEJ    | 523 | SAMOTNI WĘDROWCY                                   | WĘGLÓWKA            | POL  | M40-49 |             |              | 01:03:39 | 01:22:44 | 01:41:57 | 02:01:32 | 02:21:20 |
| 18   | WARECKI ROMAN            | 558 | LUBLIN ZNORDIC                                     | TRAWNIKI            | POL  | M50-59 |             |              | 01:01:49 | 01:20:48 | 01:40:26 | 02:00:29 | 02:21:02 |
| 19   | ŻAMOJCIN MAREK           | 557 | NORDICLUB SZCZECIN                                 | SZCZECIN            | POL  | M50-59 |             |              | 01:04:35 | 01:23:59 | 01:43:22 | 02:03:04 | 02:23:09 |
| 20   | SZCZĘBAK JACEK           | 549 | UNIA MIAST                                         | TARNÓW              | POL  | M40-49 |             |              | 01:04:35 | 01:23:40 | 01:43:10 | 02:02:50 | 02:22:48 |
| 21   | KRZANOWSKI GRZEGORZ      | 522 | FACE NORDIC WALKING TEAM / JAROSŁAWSKIE WŁÓCZYKIJE | JAROSŁAW            | POL  | M30-39 |             |              | 01:03:43 | 01:23:32 | 01:43:56 | 02:05:14 | 02:27:51 |
| 22   | BUŁAKOWSKI BOHDAN        | 505 | PASJA NORDIC WALKING                               | WARSZAWA            | POL  | M60+   |             |              | 01:01:21 | 01:19:24 | 01:37:57 | 01:56:32 | 02:15:13 |
| 23   | MARONDEL KATARZYNA       | 530 | SILESIA NORDIC TEAM                                | BYTOM               | POL  | K30-39 |             |              | 01:05:33 | 01:25:24 | 01:45:33 | 02:06:05 | 02:27:14 |
| 24   | KOWALSKI MAREK           | 520 | UNIA MIAST                                         | STRZEBIŃ            | POL  | M50-59 |             |              | 01:02:32 | 01:20:56 | 01:39:35 | 01:58:21 | 02:17:13 |
| 25   | REJMAN DOROTA            | 500 | FACE NORDIC WALKING TEAM/UKS SIEDLESZCZANY         | TARNOBRZEG          | POL  | K30-39 |             |              | 01:04:16 | 01:23:36 | 01:43:03 | 02:02:50 | 02:22:40 |
| 26   | KOŁACZ JAKUB             | 517 |                                                    | SOCHACZEW           | POL  | M30-39 |             |              | 01:07:34 | 01:27:14 | 01:48:15 | 02:10:02 | 02:33:06 |
| 27   | KOŁODZIEJ JOANNA         | 518 |                                                    | RUDA ŚLĄSKI         | POL  | K50-59 |             |              | 01:03:45 | 01:22:15 | 01:40:50 | 01:59:07 | 02:17:37 |
| 28   | RACŁAWSKI JAN            | 538 | AMATOR                                             | SKARBIMIERZ OSIEDLE | POL  | M60+   |             |              | 01:05:09 | 01:24:54 | 01:44:49 | 02:05:23 | 02:26:50 |
| 29   | RAKOWIECKI ZBIGNIEW      | 499 |                                                    | GDĄŃSK              | POL  | M50-59 |             |              | 01:04:43 | 01:24:34 | 01:44:44 | 02:05:13 | 02:25:42 |
| 30   | NIEDŹWIECKA KATARZYNA    | 532 | FACE NORDIC WALKING TEAM                           | BRANIEWO            | POL  | K40-49 |             |              | 01:04:20 | 01:22:50 | 01:41:32 | 02:00:31 | 02:19:48 |
| 31   | SPYCHAŁA MARZENA         | 545 | WESOŁY BORSUK TEAM                                 | BIAŁA               | POL  | K40-49 |             |              | 01:04:20 | 01:22:52 | 01:41:34 | 02:00:19 | 02:19:11 |
| 32   | SMUS DAMIAN              | 544 | EPOKA NORDICA ŁÓDŹ                                 | SOCHACZEW           | POL  | M18-29 |             |              | 01:06:54 | 01:26:05 | 01:45:57 | 02:06:09 | 02:26:53 |
| 33   | KRYSZCZUK KRZYSZTOF      | 521 | NOWI SIEDLCE/NW WSCHÓD                             | SIEDLCE             | POL  | M50-59 |             |              | 01:05:34 | 01:25:10 | 01:45:41 | 02:06:37 | 02:28:24 |
| 34   | WESOŁOWSKI WOJCIECH      | 377 | MUSZKIETEROWIE                                     | GNIEZNO             |      | M60+   |             |              | 01:03:52 | 01:22:39 | 01:41:53 | 02:01:27 | 02:21:15 |
| 35   | STEFANICKI MAREK         | 546 | WŁÓCZYKIJE SWINOUJŚCIE                             | ŚWINOUJŚCIE         | POL  | M60+   |             |              | 01:03:51 | 01:22:38 | 01:41:52 | 02:01:26 | 02:21:14 |
| 36   | KANIEWSKA BEATA          | 514 | VIKING NORDIC TEAM CZĘSTOCHOWA                     | CZĘSTOCHOWA         | POL  | K40-49 |             |              | 01:07:45 | 01:27:50 | 01:48:00 | 02:08:12 | 02:28:55 |
| 37   | MARCINKOWSKI WOJCIECH    | 528 | UNIA MIAST                                         | LUBLINIEC           | POL  | M40-49 |             |              | 01:11:24 | 01:32:10 | 01:54:26 | 02:16:55 | 02:38:34 |
| 38   | DUDEK EDWARD             | 508 | KS METRACO POLKOWICE                               | GŁOGÓW              | POL  | M60+   |             |              | 01:05:12 | 01:25:41 | 01:46:46 | 02:08:44 | 02:31:08 |
| 39   | JANOSZKA IRENA           | 512 | CIDRY LOTAJOM                                      | RADZIONKÓW          | POL  | K50-59 |             |              | 01:05:20 | 01:24:43 | 01:44:10 | 02:03:55 | 02:23:52 |
| 40   | WIŚNIEWSKI ROMAN         | 553 |                                                    | TWARDORZECZKA       | POL  | M60+   |             |              | 01:09:30 | 01:30:58 | 01:52:47 | 02:14:57 | 02:37:26 |
| 41   | STĘPIEŃ LUCYNA           | 547 | KS METRACO POLKOWICE                               | LUBIN               | POL  | K60+   |             |              | 01:06:23 | 01:25:58 | 01:45:34 | 02:05:07 | 02:24:48 |
| 42   | KUSAJ TOMASZ             | 524 | OSP ZAWADA                                         | DĘBICA              | POL  | M50-59 |             |              | 01:09:31 | 01:29:39 | 01:49:54 | 02:10:29 | 02:32:14 |

**KOLBUSZOWA - PUCHAR POLSKI NORDIC WALKING 2018 - 21.1 KM, OPEN c.d.**

| M-ce | Nazwisko i imię       | Nr  | Klub                                                           | M-scowość      | Kraj | Kat.   | Żół. kartki | Czer. kartki | 8.6km    | 11.1km   | 13.6km   | 16.1km   | 18.6km   |
|------|-----------------------|-----|----------------------------------------------------------------|----------------|------|--------|-------------|--------------|----------|----------|----------|----------|----------|
| 43   | MAZUR KRZYSZTOF       | 531 | EKIPA Z TARNOWA                                                | TARNÓW         | POL  | M40-49 |             |              | 01:08:37 | 01:29:07 | 01:49:52 | 02:11:05 | 02:32:55 |
| 44   | BADECKI RYSZARD       | 501 | KS METRACO POLKOWICE                                           | NIESZCZYCE     | POL  | M50-59 |             |              | 01:05:11 | 01:24:37 | 01:44:07 | 02:03:28 | 02:23:32 |
| 45   | LIGEZA JANUSZ         | 526 |                                                                | TYCHY          | POL  | M50-59 |             |              | 01:04:51 | 01:24:39 | 01:44:43 | 02:05:04 | 02:25:34 |
| 46   | GERLE-KOTULA ANNA     | 510 | UNIA MIAST                                                     | KATOWICE       | POL  | K30-39 |             |              | 01:12:18 | 01:33:43 | 01:55:14 | 02:16:56 | 02:38:45 |
| 47   | KABAŁA MARZENA        | 513 | BIEGAMYRAZEM.PL                                                | GDYNIA         | POL  | K40-49 |             |              | 01:09:54 | 01:30:13 | 01:51:36 | 02:13:45 | 02:36:00 |
| 48   | KUŹMA ELŻBIETA        | 525 | KLUB NW 'WŁÓCZYKIJE'                                           | LEŻAJSK        | POL  | K50-59 |             |              | 01:10:10 | 01:30:50 | 01:51:54 | 02:13:01 | 02:34:25 |
| 49   | OLSZAŃSKA KRYSZYNA    | 534 | SEKCJA NW KLUBU BIAŁA BIEGA/TKKF                               | BIAŁA PODLASKA | POL  | K60+   |             |              | 01:10:14 | 01:31:57 | 01:54:57 | 02:36:23 | 03:01:25 |
| 50   | POSTEK DANUTA         | 536 | MARSZ PO ZDROWIE                                               | POZNAŃ         | POL  | K50-59 |             |              | 01:12:04 | 01:33:37 | 01:55:39 | 02:18:19 | 02:41:30 |
| 51   | BOCZAR BEATA          | 560 | GREEN TEAM                                                     | ZIELONA GÓRA   | POL  | K50-59 |             |              | 01:06:54 | 01:26:29 | 01:46:16 | 02:05:56 | 02:25:44 |
| 52   | KARASIEWICZ IRENA     | 516 | FACE NORDIC WALKING TEAM                                       | BRANIEWO       | POL  | K50-59 |             |              | 01:08:27 | 01:28:38 | 01:48:43 | 02:09:01 | 02:29:34 |
| 53   | ZAWADZKA MARIA        | 556 | KS METRACO POLKOWICE                                           | LUBIN          | POL  | K60+   |             |              | 01:13:45 | 01:35:31 | 01:57:40 | 02:19:54 | 02:42:30 |
| 54   | BARCZYK JOLANTA       | 504 | VIKING NORDIC TEAM CZĘSTOCHOWA                                 | CZĘSTOCHOWA    | POL  | K50-59 |             |              | 01:10:49 | 01:31:46 | 01:52:58 | 02:14:25 | 02:35:53 |
| 55   | BARAN MAREK           | 502 | KLUBSPORTU.PL                                                  | RZESZÓW        | POL  | M40-49 |             |              | 01:12:45 | 01:34:48 | 01:57:38 | 02:20:59 | 02:45:19 |
| 56   | WITKOWSKA MARIA       | 372 | UNIA MIAST                                                     | KATOWICE       |      | K60+   |             |              | 01:08:32 | 01:28:49 | 01:49:47 | 02:10:25 | 02:31:17 |
| 57   | KARASIEWICZ IWONA     | 515 | NORDICLUB SZCZECIN                                             | WARSZAWA       | POL  | K30-39 |             |              | 01:17:45 | 01:40:36 | 02:04:07 | 02:28:37 | 02:53:14 |
| 58   | ROZMUS JOLANTA        | 540 | FACE NORDIC WALKING TEAM                                       | GDYNIA         | POL  | K60+   |             |              | 01:16:04 | 01:39:33 | 02:03:19 | 02:27:16 | 02:50:38 |
| 59   | CHRAPEK URSZULA       | 559 | KS RUDZICA                                                     | RUDZICA        | POL  | K30-39 |             |              | 01:19:59 | 01:44:18 | 02:09:50 | 02:35:35 | 03:02:15 |
| 60   | ZUZDA JOLANTA GRAŻYNA | 555 |                                                                | BIĄŁYSTOK      | POL  | K60+   |             |              | 01:15:08 | 01:36:25 | 01:58:05 | 02:19:19 | 02:41:32 |
| 61   | SERAFIN ANNA          | 541 | UKS SIEDLESZCZANY NORDIC WALKING/<br>FORSE NORDIC WALKING TEAM | GORZYCE        | POL  | K30-39 |             |              | 01:20:01 | 01:44:20 | 02:09:51 | 02:35:56 | 03:02:28 |

**KOLBUSZOWA - PUCHAR POLSKI NORDIC WALKING 2018 - 21.1 KM, M18-29**

| M-ce | Nazwisko i imię  | Nr  | Klub               | M-scowość | Kraj | Kat.   | Żół. kartki | Czer. kartki | 8.6km    | 11.1km   | 13.6km   | 16.1km   | 18.6km   |
|------|------------------|-----|--------------------|-----------|------|--------|-------------|--------------|----------|----------|----------|----------|----------|
| 1    | WOJTOWICZ TOMASZ | 230 | NWPL/FNWT          | WIDACZ    | POL  | M18-29 |             |              | 00:58:11 | 01:15:20 | 01:32:54 | 01:51:05 | 02:10:41 |
| 2    | SMUS DAMIAN      | 544 | EPOKA NORDICA ŁÓDŹ | SOCHACZEW | POL  | M18-29 |             |              | 01:06:54 | 01:26:05 | 01:45:57 | 02:06:09 | 02:26:53 |

**KOLBUSZOWA - PUCHAR POLSKI NORDIC WALKING 2018 - 21.1 KM, K30-39**

| M-ce | Nazwisko i imię    | Nr  | Klub                                                           | M-scowość  | Kraj | Kat.   | Żół. kartki | Czer. kartki | 8.6km    | 11.1km   | 13.6km   | 16.1km   | 18.6km   |
|------|--------------------|-----|----------------------------------------------------------------|------------|------|--------|-------------|--------------|----------|----------|----------|----------|----------|
| 1    | MARONDEL KATARZYNA | 530 | SILESIA NORDIC TEAM                                            | BYTOM      | POL  | K30-39 |             |              | 01:05:33 | 01:25:24 | 01:45:33 | 02:06:05 | 02:27:14 |
| 2    | REJMAN DOROTA      | 500 | FACE NORDIC WALKING TEAM/UKS<br>SIEDLESZCZANY                  | TARNOBRZEG | POL  | K30-39 |             |              | 01:04:16 | 01:23:36 | 01:43:03 | 02:02:50 | 02:22:40 |
| 3    | GERLE-KOTULA ANNA  | 510 | UNIA MIAST                                                     | KATOWICE   | POL  | K30-39 |             |              | 01:12:18 | 01:33:43 | 01:55:14 | 02:16:56 | 02:38:45 |
| 4    | KARASIEWICZ IWONA  | 515 | NORDICLUB SZCZECIN                                             | WARSZAWA   | POL  | K30-39 |             |              | 01:17:45 | 01:40:36 | 02:04:07 | 02:28:37 | 02:53:14 |
| 5    | CHRAPEK URSZULA    | 559 | KS RUDZICA                                                     | RUDZICA    | POL  | K30-39 |             |              | 01:19:59 | 01:44:18 | 02:09:50 | 02:35:35 | 03:02:15 |
| 6    | SERAFIN ANNA       | 541 | UKS SIEDLESZCZANY NORDIC WALKING/<br>FORSE NORDIC WALKING TEAM | GORZYCE    | POL  | K30-39 |             |              | 01:20:01 | 01:44:20 | 02:09:51 | 02:35:56 | 03:02:28 |

**KOLBUSZOWA - PUCHAR POLSKI NORDIC WALKING 2018 - 21.1 KM, M30-39**

| M-ce | Nazwisko i imię     | Nr  | Klub                                                  | M-scowość   | Kraj | Kat.   | Żół. kartki | Czer. kartki | 8.6km    | 11.1km   | 13.6km   | 16.1km   | 18.6km   |
|------|---------------------|-----|-------------------------------------------------------|-------------|------|--------|-------------|--------------|----------|----------|----------|----------|----------|
| 1    | MICHALEC MARCIN     | 388 | KKB MOSIR KROSNO                                      | KROSNO      |      | M30-39 |             |              | 00:53:35 | 01:09:03 | 01:24:28 | 01:40:07 | 01:55:33 |
| 2    | PIETRZYK JAROSŁAW   | 535 | VIKING NORDIC TEAM CZĘSTOCHOWA                        | CZĘSTOCHOWA | POL  | M30-39 |             |              | 00:59:45 | 01:17:12 | 01:34:31 | 01:51:44 | 02:09:41 |
| 3    | SŁUPIANEK PAWEŁ     | 543 | LECZYMY DURŚ                                          | KATOWICE    | POL  | M30-39 |             |              | 00:57:43 | 01:15:05 | 01:32:15 | 01:50:05 | 02:08:30 |
| 4    | WITCZUK ŁUKASZ      | 334 | NWPL / LUKI TEAM                                      | SIEDLCE     | POL  | M30-39 |             |              | 00:58:11 | 01:15:20 | 01:32:53 | 01:51:03 | 02:10:42 |
| 5    | WAWRZYŃIAK ŁUKASZ   | 552 | KS METRACO POLKOWICE                                  | WALIM       | POL  | M30-39 |             |              | 00:59:09 | 01:16:12 | 01:32:52 | 01:49:51 | 02:07:06 |
| 6    | KRZANOWSKI GRZEGORZ | 522 | FACE NORDIC WALKING TEAM /<br>JAROSŁAWSKIE WŁÓCZYKIJE | JAROSŁAW    | POL  | M30-39 |             |              | 01:03:43 | 01:23:32 | 01:43:56 | 02:05:14 | 02:27:51 |
| 7    | KOŁACZ JAKUB        | 517 |                                                       | SOCHACZEW   | POL  | M30-39 |             |              | 01:07:34 | 01:27:14 | 01:48:15 | 02:10:02 | 02:33:06 |

**KOLBUSZOWA - PUCHAR POLSKI NORDIC WALKING 2018 - 21.1 KM, K40-49**

| M-ce | Nazwisko i imię       | Nr  | Klub                           | M-scowość   | Kraj | Kat.   | Żół. kartki | Czer. kartki | 8.6km    | 11.1km   | 13.6km   | 16.1km   | 18.6km   |
|------|-----------------------|-----|--------------------------------|-------------|------|--------|-------------|--------------|----------|----------|----------|----------|----------|
| 1    | SPYCHAŁA MARZENA      | 545 | WESOŁY BORSUK TEAM             | BIAŁA       | POL  | K40-49 |             |              | 01:04:20 | 01:22:52 | 01:41:34 | 02:00:19 | 02:19:11 |
| 2    | NIEDŹWIECKA KATARZYNA | 532 | FACE NORDIC WALKING TEAM       | BRANIEWO    | POL  | K40-49 |             |              | 01:04:20 | 01:22:50 | 01:41:32 | 02:00:31 | 02:19:48 |
| 3    | KANIEWSKA BEATA       | 514 | VIKING NORDIC TEAM CZĘSTOCHOWA | CZĘSTOCHOWA | POL  | K40-49 |             |              | 01:07:45 | 01:27:50 | 01:48:00 | 02:08:12 | 02:28:55 |
| 4    | KABAŁA MARZENA        | 513 | BIEGAMYRAZEM.PL                | GDYNIA      | POL  | K40-49 |             |              | 01:09:54 | 01:30:13 | 01:51:36 | 02:13:45 | 02:36:00 |

**KOLBUSZOWA - PUCHAR POLSKI NORDIC WALKING 2018 - 21.1 KM, M40-49**

| M-ce | Nazwisko i imię       | Nr  | Klub                                  | M-scowość    | Kraj | Kat.   | Żół. kartki | Czer. kartki | 8.6km    | 11.1km   | 13.6km   | 16.1km   | 18.6km   |
|------|-----------------------|-----|---------------------------------------|--------------|------|--------|-------------|--------------|----------|----------|----------|----------|----------|
| 1    | ROSAK MARCIN          | 539 | RUNNERSKI.PL/ GREEN TEAM ZIELONA GÓRA | ZIELONA GÓRA | POL  | M40-49 |             |              | 00:55:25 | 01:11:23 | 01:27:20 | 01:43:25 | 01:59:29 |
| 2    | KORDOWSKI PIOTR       | 519 |                                       | KRAKOW       | POL  | M40-49 |             |              | 00:56:10 | 01:13:18 | 01:30:17 | 01:47:05 | 02:03:54 |
| 3    | SZEREMETA GRZEGORZ    | 550 | CIDRY LOTAJOM                         | RADZIONKÓW   | POL  | M40-49 |             |              | 00:56:37 | 01:13:38 | 01:30:58 | 01:48:57 | 02:07:31 |
| 4    | SZARSZUNOWICZ MARIUSZ | 548 | KS METRACO POLKOWICE                  | PASŁĘK       | POL  | M40-49 |             |              | 00:59:01 | 01:17:22 | 01:35:36 | 01:54:06 | 02:12:47 |
| 5    | KRZANOWSKI BARTŁOMIEJ | 523 | SAMOTNI WĘDROWCY                      | WĘGLÓWKA     | POL  | M40-49 |             |              | 01:03:39 | 01:22:44 | 01:41:57 | 02:01:32 | 02:21:20 |
| 6    | SZCZEBAK JACEK        | 549 | UNIA MIAST                            | TARNÓW       | POL  | M40-49 |             |              | 01:04:35 | 01:23:40 | 01:43:10 | 02:02:50 | 02:22:48 |
| 7    | MARCINKOWSKI WOJCIECH | 528 | UNIA MIAST                            | LUBLINIEC    | POL  | M40-49 |             |              | 01:11:24 | 01:32:10 | 01:54:26 | 02:16:55 | 02:38:34 |
| 8    | MAZUR KRZYSZTOF       | 531 | EKIPA Z TARNOWA                       | TARNÓW       | POL  | M40-49 |             |              | 01:08:37 | 01:29:07 | 01:49:52 | 02:11:05 | 02:32:55 |
| 9    | BARAN MAREK           | 502 | KLUBSPORTU.PL                         | RZESZÓW      | POL  | M40-49 |             |              | 01:12:45 | 01:34:48 | 01:57:38 | 02:20:59 | 02:45:19 |

**KOLBUSZOWA - PUCHAR POLSKI NORDIC WALKING 2018 - 21.1 KM, K50-59**

| M-ce | Nazwisko i imię   | Nr  | Klub                           | M-scowość    | Kraj | Kat.   | Żół. kartki | Czer. kartki | 8.6km    | 11.1km   | 13.6km   | 16.1km   | 18.6km   |
|------|-------------------|-----|--------------------------------|--------------|------|--------|-------------|--------------|----------|----------|----------|----------|----------|
| 1    | KOŁODZIEJ JOANNA  | 518 |                                | RUDA ŚLĄSKI  | POL  | K50-59 |             |              | 01:03:45 | 01:22:15 | 01:40:50 | 01:59:07 | 02:17:37 |
| 2    | JANOSZKA IRENA    | 512 | CIDRY LOTAJOM                  | RADZIONKÓW   | POL  | K50-59 |             |              | 01:05:20 | 01:24:43 | 01:44:10 | 02:03:55 | 02:23:52 |
| 3    | KUŹMA ELŻBIETA    | 525 | KLUB NW 'WŁÓCZYKJE'            | LEŻAJSK      | POL  | K50-59 |             |              | 01:10:10 | 01:30:50 | 01:51:54 | 02:13:01 | 02:34:25 |
| 4    | POSTEK DANUTA     | 536 | MARSZ PO ZDROWIE               | POZNAŃ       | POL  | K50-59 |             |              | 01:12:04 | 01:33:37 | 01:55:39 | 02:18:19 | 02:41:30 |
| 5    | BOCZAR BEATA      | 560 | GREEN TEAM                     | ZIELONA GÓRA | POL  | K50-59 |             |              | 01:06:54 | 01:26:29 | 01:46:16 | 02:05:56 | 02:25:44 |
| 6    | KARASIEWICZ IRENA | 516 | FACE NORDIC WALKING TEAM       | BRANIEWO     | POL  | K50-59 |             |              | 01:08:27 | 01:28:38 | 01:48:43 | 02:09:01 | 02:29:34 |
| 7    | BARCZYK JOLANTA   | 504 | VIKING NORDIC TEAM CZĘSTOCHOWA | CZĘSTOCHOWA  | POL  | K50-59 |             |              | 01:10:49 | 01:31:46 | 01:52:58 | 02:14:25 | 02:35:53 |

**KOLBUSZOWA - PUCHAR POLSKI NORDIC WALKING 2018 - 21.1 KM, M50-59**

| M-ce | Nazwisko i imię     | Nr  | Klub                           | M-scowość   | Kraj | Kat.   | Żół. kartki | Czer. kartki | 8.6km    | 11.1km   | 13.6km   | 16.1km   | 18.6km   |
|------|---------------------|-----|--------------------------------|-------------|------|--------|-------------|--------------|----------|----------|----------|----------|----------|
| 1    | MAKOWSKI JAN        | 527 | RYBNICKI KLUB NORDIC WALKING   | RYBNIK      | POL  | M50-59 |             |              | 01:00:49 | 01:19:15 | 01:37:58 | 01:56:48 | 02:16:15 |
| 2    | BARCZYK BOGDAN      | 503 | VIKING NORDIC TEAM CZĘSTOCHOWA | CZĘSTOCHOWA | POL  | M50-59 |             |              | 00:59:00 | 01:16:57 | 01:35:24 | 01:54:33 | 02:13:57 |
| 3    | ŚWISŁOCKI BOGDAN    | 551 | FACE NORDIC WALKING TEAM       | MIKOSZEWO   | POL  | M50-59 |             |              | 01:00:48 | 01:18:52 | 01:37:28 | 01:57:27 | 02:17:14 |
| 4    | WARECKI ROMAN       | 558 | LUBLIN ZNORDIC                 | TRAWNIKI    | POL  | M50-59 |             |              | 01:01:49 | 01:20:48 | 01:40:26 | 02:00:29 | 02:21:02 |
| 5    | ŻAMOJCIN MAREK      | 557 | NORDICLUB SZCZECIN             | SZCZECIN    | POL  | M50-59 |             |              | 01:04:35 | 01:23:59 | 01:43:22 | 02:03:04 | 02:23:09 |
| 6    | KOWALSKI MAREK      | 520 | UNIA MIAST                     | STRZEBIŃ    | POL  | M50-59 |             |              | 01:02:32 | 01:20:56 | 01:39:35 | 01:58:21 | 02:17:13 |
| 7    | RAKOWIECKI ZBIGNIEW | 499 |                                | GDAŃSK      | POL  | M50-59 |             |              | 01:04:43 | 01:24:34 | 01:44:44 | 02:05:13 | 02:25:42 |
| 8    | KRYSZCZUK KRZYSZTOF | 521 | NOWI SIEDLCE/NW WSCHÓD         | SIEDLCE     | POL  | M50-59 |             |              | 01:05:34 | 01:25:10 | 01:45:41 | 02:06:37 | 02:28:24 |
| 9    | KUSAJ TOMASZ        | 524 | OSP ZAWADA                     | DĘBICA      | POL  | M50-59 |             |              | 01:09:31 | 01:29:39 | 01:49:54 | 02:10:29 | 02:32:14 |
| 10   | LIGĘŻA JANUSZ       | 526 |                                | TYCHY       | POL  | M50-59 |             |              | 01:04:51 | 01:24:39 | 01:44:43 | 02:05:04 | 02:25:34 |
| 11   | BADECKI RYSZARD     | 501 | KS METRACO POLKOWICE           | NIESZCZYCE  | POL  | M50-59 |             |              | 01:05:11 | 01:24:37 | 01:44:07 | 02:03:28 | 02:23:32 |

**KOLBUSZOWA - PUCHAR POLSKI NORDIC WALKING 2018 - 21.1 KM, K60+**

| M-ce | Nazwisko i imię    | Nr  | Klub                             | M-scowość      | Kraj | Kat. | Żół. kartki | Czer. kartki | 8.6km    | 11.1km   | 13.6km   | 16.1km   | 18.6km   |
|------|--------------------|-----|----------------------------------|----------------|------|------|-------------|--------------|----------|----------|----------|----------|----------|
| 1    | STĘPIEŃ LUCYNA     | 547 | KS METRACO POLKOWICE             | LUBIN          | POL  | K60+ |             |              | 01:06:23 | 01:25:58 | 01:45:34 | 02:05:07 | 02:24:48 |
| 2    | OLSZAŃSKA KRYSZYNA | 534 | SEKCJA NW KLUBU BIAŁA BIEGA/TKKF | BIAŁA PODLASKA | POL  | K60+ |             |              | 01:10:14 | 01:31:57 | 01:54:57 | 02:36:23 | 03:01:25 |
| 3    | ZAWADZKA MARIA     | 556 | KS METRACO POLKOWICE             | LUBIN          | POL  | K60+ |             |              | 01:13:45 | 01:35:31 | 01:57:40 | 02:19:54 | 02:42:30 |

**KOLBUSZOWA - PUCHAR POLSKI NORDIC WALKING 2018 - 21.1 KM, K60+ c.d.**

| M-ce | Nazwisko i imię       | Nr  | Klub                     | M-scowość | Kraj | Kat. | Żół. kartki | Czer. kartki | 8.6km    | 11.1km   | 13.6km   | 16.1km   | 18.6km   |
|------|-----------------------|-----|--------------------------|-----------|------|------|-------------|--------------|----------|----------|----------|----------|----------|
| 4    | WITKOWSKA MARIA       | 372 | UNIA MIAST               | KATOWICE  |      | K60+ |             |              | 01:08:32 | 01:28:49 | 01:49:47 | 02:10:25 | 02:31:17 |
| 5    | ROZMUS JOLANTA        | 540 | FACE NORDIC WALKING TEAM | GDYNIA    | POL  | K60+ |             |              | 01:16:04 | 01:39:33 | 02:03:19 | 02:27:16 | 02:50:38 |
| 6    | ZUZDA JOLANTA GRAŻYNA | 555 |                          | BIAŁYSTOK | POL  | K60+ |             |              | 01:15:08 | 01:36:25 | 01:58:05 | 02:19:19 | 02:41:32 |

**KOLBUSZOWA - PUCHAR POLSKI NORDIC WALKING 2018 - 21.1 KM, M60+**

| M-ce | Nazwisko i imię          | Nr  | Klub                    | M-scowość           | Kraj | Kat. | Żół. kartki | Czer. kartki | 8.6km    | 11.1km   | 13.6km   | 16.1km   | 18.6km   |
|------|--------------------------|-----|-------------------------|---------------------|------|------|-------------|--------------|----------|----------|----------|----------|----------|
| 1    | PUSZKIEL LESZEK          | 537 | GREEN TEAM ZIELONA GÓRA | ZIELONA GÓRA        | POL  | M60+ |             |              | 00:59:21 | 01:17:20 | 01:35:15 | 01:53:06 | 02:11:10 |
| 2    | DEPKA PRADZYŃSKI OLGIERD | 507 | BIEGAMYRAZEM.PL         | GDYNIA              | POL  | M60+ |             |              | 00:55:25 | 01:11:47 | 01:28:49 | 01:46:08 | 02:03:33 |
| 3    | MARCZAK KRZYSZTOF        | 529 | NWPL/NW BEŁCHATÓW       | BEŁCHATÓW           | POL  | M60+ |             |              | 01:01:00 | 01:18:54 | 01:37:06 | 01:55:46 | 02:14:40 |
| 4    | BUŁAKOWSKI BOHDAN        | 505 | PASJA NORDIC WALKING    | WARSZAWA            | POL  | M60+ |             |              | 01:01:21 | 01:19:24 | 01:37:57 | 01:56:32 | 02:15:13 |
| 5    | RACŁAWSKI JAN            | 538 | AMATOR                  | SKARBIMIERZ OSIEDLE | POL  | M60+ |             |              | 01:05:09 | 01:24:54 | 01:44:49 | 02:05:23 | 02:26:50 |
| 6    | STEFANICKI MAREK         | 546 | WŁÓCZYKIJE SWINOUJŚCIE  | ŚWINOUJŚCIE         | POL  | M60+ |             |              | 01:03:51 | 01:22:38 | 01:41:52 | 02:01:26 | 02:21:14 |
| 7    | WESOŁOWSKI WOJCIECH      | 377 | MUSZKIETEROWIE          | GNIEZNO             |      | M60+ |             |              | 01:03:52 | 01:22:39 | 01:41:53 | 02:01:27 | 02:21:15 |
| 8    | DUDEK EDWARD             | 508 | KS METRACO POLKOWICE    | GŁOGÓW              | POL  | M60+ |             |              | 01:05:12 | 01:25:41 | 01:46:46 | 02:08:44 | 02:31:08 |
| 9    | WIŚNIEWSKI ROMAN         | 553 |                         | TWARDORZECZKA       | POL  | M60+ |             |              | 01:09:30 | 01:30:58 | 01:52:47 | 02:14:57 | 02:37:26 |