



TORTURA LESZNO 2021

B4SPORT

Organizator: Transformers Trening & Dieta
Data: 2021-09-12
Miejsce: Leszno
Dystans: 5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: 11:30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	WOJTYSZYN Wojciech	420	EX TEAM	M-Open	1	Ex Team	00:21:49.25	00:21:49.25		4:21	13.8 (100%)
2	WÓJCIK Adam	421	EX TEAM	M-Open	2	Ex Team	00:22:51.75	00:22:51.75	+00:01:02 (4.6%)	4:34	13.1 (94.9%)
3	KOŁOSZUK Marcin	122	4 PUŁK PRZECIWLOTNICZY	M-Open	3		00:23:46.60	00:23:46.60	+00:01:57 (8.2%)	4:45	12.6 (91.3%)
4	BOŃCZEK Michał	23		M-Open	10		00:26:36.75	00:26:36.75	+00:04:47 (18.0%)	5:19	11.3 (81.9%)
5	DZIUBAŁKA Adrian	52	GYM MŁYN	M-Open	16	Gym Młyn	00:27:49.15	00:27:49.15	+00:05:59 (21.6%)	5:33	10.8 (78.3%)
6	KOTARSKI Sebastian	133	ZG RUDNA	M-Open	18		00:28:00.05	00:28:00.05	+00:06:10 (22.1%)	5:36	10.7 (77.5%)
7	MAJCHRZAK Andrzej	174	DRUŻYNA "WU"	M-Open	20	DRUŻYNA "WU"	00:28:15.35	00:28:15.35	+00:06:26 (22.8%)	5:39	10.6 (76.8%)
8	JARÓŻEK Dominik	86	MUKS SZOK BOJANOWO	M-Open	22		00:28:59.05	00:28:59.05	+00:07:09 (24.7%)	5:47	10.4 (75.4%)
9	GAŁĄZKA Angelika	65	12 WBOT	K-Open	2		00:31:32.95	00:31:32.95	+00:09:43 (30.8%)	6:18	9.5 (68.8%)
10	DZIUBAŁKA Mateusz	53	GYM MŁYN	M-Open	42	Gym Młyn	00:31:48.45	00:31:48.45	+00:09:59 (31.4%)	6:21	9.4 (68.1%)
11	WALEŃSKI Michał	325	DRUŻYNA "WU"	M-Open	43	DRUŻYNA "WU"	00:31:55.00	00:31:55.00	+00:10:05 (31.6%)	6:23	9.4 (68.1%)
12	NOWAK Jakub	218		M-Open	47		00:32:36.65	00:32:36.65	+00:10:47 (33.1%)	6:31	9.2 (66.7%)
13	MACIOSZCZYK Łukasz	169	CSWL	M-Open	52		00:33:03.95	00:33:03.95	+00:11:14 (34.0%)	6:36	9.1 (65.9%)
14	GIEZEK Dominik	324	DRUŻYNA "WU"	M-Open	60	DRUŻYNA "WU"	00:33:53.50	00:33:53.50	+00:12:04 (35.6%)	6:46	8.9 (64.5%)
15	SAJNÓG Leszek	272		M-Open	61		00:33:54.75	00:33:54.75	+00:12:05 (35.7%)	6:46	8.8 (63.8%)
16	BACHORSKI Sławomir	8		M-Open	68		00:34:22.30	00:34:22.30	+00:12:33 (36.5%)	6:52	8.7 (63.0%)
17	ZYGMANOWSKI Piotr	364		M-Open	72		00:34:54.60	00:34:54.60	+00:13:05 (37.5%)	6:58	8.6 (62.3%)
18	MAJCHRZAK Jakub	175	DRUŻYNA "WU"	M-Open	76	DRUŻYNA "WU"	00:35:53.95	00:35:53.95	+00:14:04 (39.2%)	7:10	8.4 (60.9%)
19	BŁASZCZYK Adam	19	GYM MŁYN	M-Open	82		00:36:34.75	00:36:34.75	+00:14:45 (40.3%)	7:18	8.2 (59.4%)
20	RATAJCZAK Robert	256		M-Open	84		00:36:47.55	00:36:47.55	+00:14:58 (40.7%)	7:21	8.2 (59.4%)
21	FLIGER Łukasz	57		M-Open	87		00:37:12.60	00:37:12.60	+00:15:23 (41.4%)	7:26	8.1 (58.7%)
22	BROCKI Remigiusz	27		M-Open	93		00:37:45.90	00:37:45.90	+00:15:56 (42.2%)	7:33	7.9 (57.2%)
23	RATAJCZAK Honorata	261	GYM MŁYN	K-Open	11		00:39:06.70	00:39:06.70	+00:17:17 (44.2%)	7:49	7.7 (55.8%)
24	MAŃCZAK Joanna	180	GYM MŁYN	K-Open	12	Gym Młyn	00:39:20.00	00:39:20.00	+00:17:30 (44.5%)	7:52	7.6 (55.1%)
25	MAJCHRZAK Agnieszka	173	DRUŻYNA "WU"	K-Open	13	DRUŻYNA "WU"	00:39:22.15	00:39:22.15	+00:17:32 (44.6%)	7:52	7.6 (55.1%)
26	KLEJEWSKI Przemysław	117		M-Open	112		00:39:31.95	00:39:31.95	+00:17:42 (44.8%)	7:54	7.6 (55.1%)
27	TOMCZYK Radosław	317		M-Open	116		00:39:46.65	00:39:46.65	+00:17:57 (45.1%)	7:57	7.5 (54.3%)
28	RYBARCZYK Jakub	268	GYM MŁYN	M-Open	119	Gym Młyn	00:39:59.05	00:39:59.05	+00:18:09 (45.4%)	7:59	7.5 (54.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
29	PITROWSKI Jerzy	241	SPARTA SŁAWA	M-Open	122		00:40:39.95	00:40:39.95	+00:18:50 (46.3%)	8:07	7.4 (53.6%)
30	SMOROWIŃSKI Dawid	284	POWERGYM	M-Open	133		00:41:31.95	00:41:31.95	+00:19:42 (47.5%)	8:18	7.2 (52.2%)
31	CHYŁA Tomasz	36		M-Open	135		00:41:39.55	00:41:39.55	+00:19:50 (47.6%)	8:19	7.2 (52.2%)
32	CHYŁA Piotr	35		M-Open	136		00:41:39.60	00:41:39.60	+00:19:50 (47.6%)	8:19	7.2 (52.2%)
33	ŚLĘZAK Mikołaj	309		M-Open	138		00:41:45.55	00:41:45.55	+00:19:56 (47.7%)	8:21	7.2 (52.2%)
34	SMOROWIŃSKI Sebastian	285	POWERGYM	M-Open	141		00:42:05.00	00:42:05.00	+00:20:15 (48.1%)	8:25	7.1 (51.4%)
35	LASIK Bartłomiej	158		M-Open	143		00:43:01.25	00:43:01.25	+00:21:12 (49.3%)	8:36	7 (50.7%)
36	DERLATKO Marek	41		M-Open	144		00:43:01.35	00:43:01.35	+00:21:12 (49.3%)	8:36	7 (50.7%)
36	MILCZAREK Marek	201		M-Open	144		00:43:01.35	00:43:01.35	+00:21:12 (49.3%)	8:36	7 (50.7%)
38	KULCZAK Paweł	147		M-Open	156		00:44:43.85	00:44:43.85	+00:22:54 (51.2%)	8:56	6.7 (48.6%)
39	SOBECKA Hanna	286	GYM MŁYN	K-Open	22	Gym Młyn	00:45:12.85	00:45:12.85	+00:23:23 (51.7%)	9:02	6.6 (47.8%)
40	KASIŃSKI Marcin	422	SWG GOSTYŃ	M-Open	160		00:45:16.35	00:45:16.35	+00:23:27 (51.8%)	9:03	6.6 (47.8%)
41	WOJTKOWIAK Rafał	343		M-Open	162	Team Transformers	00:45:30.55	00:45:30.55	+00:23:41 (52.1%)	9:06	6.6 (47.8%)
42	SZYMAŃSKA Julia	306	GYM MŁYN	K-Open	23	Gym Młyn	00:45:47.10	00:45:47.10	+00:23:57 (52.3%)	9:09	6.6 (47.8%)
43	SZAFRANIAK Maciej	299		M-Open	165		00:46:11.40	00:46:11.40	+00:24:22 (52.8%)	9:14	6.5 (47.1%)
44	PŁÓCIENNIK Katarzyna	242	GYM MŁYN	K-Open	27	Gym Młyn	00:46:13.65	00:46:13.65	+00:24:24 (52.8%)	9:14	6.5 (47.1%)
45	WIESZCZECZYŃSKI Paweł	334		M-Open	173		00:46:43.35	00:46:43.35	+00:24:54 (53.3%)	9:20	6.4 (46.4%)
46	PUDLISZEWSKA Katarzyna	252		K-Open	30		00:47:09.20	00:47:09.20	+00:25:19 (53.7%)	9:25	6.4 (46.4%)
47	SINIECKI Krzysztof	277	SPAWACZE	M-Open	175		00:47:27.95	00:47:27.95	+00:25:38 (54.0%)	9:29	6.3 (45.7%)
48	GRUSZKA Arek	74		M-Open	192		00:50:02.35	00:50:02.35	+00:28:13 (56.4%)	10:00	6 (43.5%)
49	ROSIK Jagoda	266		K-Open	41		00:50:02.45	00:50:02.45	+00:28:13 (56.4%)	10:00	6 (43.5%)
50	ELMINOWSKI Tomasz	54		M-Open	193		00:50:03.70	00:50:03.70	+00:28:14 (56.4%)	10:00	6 (43.5%)
51	WALENCIAK Krzysztof	400		M-Open	194		00:50:05.50	00:50:05.50	+00:28:16 (56.4%)	10:01	6 (43.5%)
52	KOCZOROWSKI Filip	408	TRANSFORMERS	M-Open	195		00:50:09.50	00:50:09.50	+00:28:20 (56.5%)	10:01	6 (43.5%)
53	BARTLEWICZ Łukasz	11	STALLAS	M-Open	197		00:50:16.20	00:50:16.20	+00:28:26 (56.6%)	10:03	6 (43.5%)
54	NGUYEN VAN Sandra	379	NEWLIFEGYMSŁAWĘCICE	K-Open	43	Team Transformers	00:50:47.90	00:50:47.90	+00:28:58 (57.0%)	10:09	5.9 (42.8%)
55	SZYMANEK Tomasz	304		M-Open	205		00:51:06.95	00:51:06.95	+00:29:17 (57.3%)	10:13	5.9 (42.8%)
56	MATUSZEWSKI Łukasz	189		M-Open	206		00:51:23.85	00:51:23.85	+00:29:34 (57.5%)	10:16	5.8 (42.0%)
57	KOŁCZ Mariusz	121		M-Open	211	Team Transformers	00:52:08.15	00:52:08.15	+00:30:18 (58.1%)	10:25	5.8 (42.0%)
58	CYPRYAN Krzysztof	38	GYM MŁYN	M-Open	217	Gym Młyn	00:52:27.55	00:52:27.55	+00:30:38 (58.4%)	10:29	5.7 (41.3%)
59	BINIASZ Weronika	18		K-Open	47		00:52:43.60	00:52:43.60	+00:30:54 (58.6%)	10:32	5.7 (41.3%)
60	LEŚNIEWICZ Piotr	160		M-Open	264	Team Transformers					(0.0%)

Znaleziono 60 wynik(ów)