



TORTURA LESZNO

B4SPORT

Organizator: Transformers Trening & Dieta
Data: 2022-09-11
Miejsce: Leszno
Dystans: 5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: 12:00

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Drużyna 1 | Czas netto 5km | Czas brutto 5km | Różn | Tempo min/km | Tempo km/h |
|-----|----------------------------|------------|---|-----------|------|-------------------|--------------------|--------------------|-------------------|--------------|--------------|
| 1 | PODRZYCKI Arkadiusz | 293 | SAP | M-Open | 4 | SAP | 00:27:07.75 | 00:27:07.75 | | 5:25 | 11.1 (100%) |
| 2 | LIS Paweł | 316 | EKIPA AMITY | M-Open | 10 | Ekipa Amity | 00:29:45.70 | 00:29:45.70 | +00:02:37 (8.8%) | 5:57 | 10.1 (91.0%) |
| 3 | MRÓZ Norbert | 241 | FITNESSTEAM | M-Open | 48 | | 00:35:01.10 | 00:35:01.10 | +00:07:53 (22.5%) | 7:00 | 8.6 (77.5%) |
| 4 | RATAJCZAK Piotr | 313 | SAP | M-Open | 57 | SAP | 00:36:16.50 | 00:36:16.50 | +00:09:08 (25.2%) | 7:15 | 8.3 (74.8%) |
| 5 | SZKUDLARCZYK Szymon | 503 | | M-Open | 62 | | 00:36:43.90 | 00:36:43.90 | +00:09:36 (26.1%) | 7:20 | 8.2 (73.9%) |
| 6 | WOJCIECHOWSKI Karol | 502 | IG: KAROL_WOJCIECHOWSKII ZAPRASZAM SERDECZNIE | M-Open | 65 | | 00:36:58.55 | 00:36:58.55 | +00:09:50 (26.6%) | 7:23 | 8.1 (73.0%) |
| 7 | BOROWSKI Maciej | 500 | BIEGOWE DZIKI OCR | M-Open | 78 | Biegowe Dziki OCR | 00:38:07.35 | 00:38:07.35 | +00:10:59 (28.8%) | 7:37 | 7.9 (71.2%) |
| 8 | MAJEK Mateusz | 512 | | M-Open | 82 | | 00:38:18.05 | 00:38:18.05 | +00:11:10 (29.2%) | 7:39 | 7.8 (70.3%) |
| 9 | POPIELA Sebastian | 299 | OPTYK BARTKOWIAK TEAM | M-Open | 91 | | 00:38:59.15 | 00:38:59.15 | +00:11:51 (30.4%) | 7:47 | 7.7 (69.4%) |
| 10 | ZADWORNÝ Adrian | 501 | | M-Open | 92 | | 00:39:07.25 | 00:39:07.25 | +00:11:59 (30.7%) | 7:49 | 7.7 (69.4%) |
| 11 | DWORAK Mateusz | 58 | | M-Open | 96 | | 00:39:36.35 | 00:39:36.35 | +00:12:28 (31.5%) | 7:55 | 7.6 (68.5%) |
| 12 | BUDASZ Kamil | 514 | | M-Open | 100 | | 00:40:17.35 | 00:40:17.35 | +00:13:09 (32.7%) | 8:03 | 7.4 (66.7%) |
| 13 | MUSZYŃSKI Maciej | 519 | | M-Open | 107 | | 00:41:06.50 | 00:41:06.50 | +00:13:58 (34.0%) | 8:13 | 7.3 (65.8%) |
| 14 | JAŃCZAK Sebastian | 116 | | M-Open | 120 | | 00:41:53.90 | 00:41:53.90 | +00:14:46 (35.3%) | 8:22 | 7.2 (64.9%) |

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|-----|-------------------------------|------------|-------------------|-----------|------|-------------|--------------------|--------------------|-------------------|--------------|-------------|
| 15 | KLECHA Paweł | 153 | | M-Open | 137 | | 00:43:30.00 | 00:43:30.00 | +00:16:22 (37.6%) | 8:42 | 6.9 (62.2%) |
| 16 | KOMORNICKI Krzysztof | 137 | | M-Open | 139 | | 00:43:32.10 | 00:43:32.10 | +00:16:24 (37.7%) | 8:42 | 6.9 (62.2%) |
| 17 | KLECHA Karol | 152 | FF | M-Open | 141 | | 00:43:36.00 | 00:43:36.00 | +00:16:28 (37.8%) | 8:43 | 6.9 (62.2%) |
| 18 | MATUSZAK Adam | 220 | | M-Open | 142 | | 00:43:47.75 | 00:43:47.75 | +00:16:40 (38.1%) | 8:45 | 6.9 (62.2%) |
| 19 | MATUSZAK Agnieszka | 221 | | K-Open | 18 | | 00:44:01.40 | 00:44:01.40 | +00:16:53 (38.4%) | 8:48 | 6.8 (61.3%) |
| 20 | ANTKOWIAK Hubert | 5 | FITNESS FACTORY | M-Open | 145 | | 00:44:02.40 | 00:44:02.40 | +00:16:54 (38.4%) | 8:48 | 6.8 (61.3%) |
| 21 | KARPIŃSKI Paweł | 138 | FDW PASZE | M-Open | 156 | | 00:44:56.60 | 00:44:56.60 | +00:17:48 (39.6%) | 8:59 | 6.7 (60.4%) |
| 22 | DOPIERALSKI Dariusz | 68 | FERMY WOŹNIAK | M-Open | 157 | | 00:45:02.40 | 00:45:02.40 | +00:17:54 (39.8%) | 9:00 | 6.7 (60.4%) |
| 23 | KOKOT Krzysztof | 157 | | M-Open | 168 | | 00:45:58.80 | 00:45:58.80 | +00:18:51 (41.0%) | 9:11 | 6.5 (58.6%) |
| 24 | MAJEK Mateusz | 498 | | M-Open | 174 | | 00:46:36.65 | 00:46:36.65 | +00:19:28 (41.8%) | 9:19 | 6.4 (57.7%) |
| 25 | SZMYT Robert | 370 | EKIPA AMITY | M-Open | 190 | Ekipa Amity | 00:49:04.05 | 00:49:04.05 | +00:21:56 (44.7%) | 9:48 | 6.1 (55.0%) |
| 26 | SZMYT Magdalena | 369 | EKIPA AMITY | K-Open | 51 | Ekipa Amity | 00:49:53.00 | 00:49:53.00 | +00:22:45 (45.6%) | 9:58 | 6 (54.1%) |
| 27 | SZYMKOWIAK Mirek | 376 | EKIPA AMITY | M-Open | 197 | Ekipa Amity | 00:50:30.10 | 00:50:30.10 | +00:23:22 (46.3%) | 10:06 | 5.9 (53.2%) |
| 28 | JASICZEK Jakub | 119 | EKIPA AMITY | M-Open | 198 | Ekipa Amity | 00:50:31.95 | 00:50:31.95 | +00:23:24 (46.3%) | 10:06 | 5.9 (53.2%) |
| 29 | JAKUBOWSKI Michał | 505 | | M-Open | 203 | | 00:51:13.30 | 00:51:13.30 | +00:24:05 (47.0%) | 10:14 | 5.9 (53.2%) |
| 30 | SADOWSKI Dariusz | 328 | | M-Open | 222 | | 00:54:08.00 | 00:54:08.00 | +00:27:00 (49.9%) | 10:49 | 5.5 (49.5%) |
| 31 | GOLEBIOWSKA Małgorzata | 85 | RUN TEAM RYDZYNA | K-Open | 75 | | 00:54:38.30 | 00:54:38.30 | +00:27:30 (50.3%) | 10:55 | 5.5 (49.5%) |
| 32 | TOBÓŁKA Maciej | 395 | TEAM TRANSFORMERS | M-Open | 229 | | 00:54:48.75 | 00:54:48.75 | +00:27:41 (50.5%) | 10:57 | 5.5 (49.5%) |
| 33 | CHUDZIŃSKI Patryk | 516 | | M-Open | 233 | | 00:55:14.05 | 00:55:14.05 | +00:28:06 (50.9%) | 11:02 | 5.4 (48.6%) |
| 34 | CUDAJEWICZ Grzegorz | 46 | FITNESSTEAM | M-Open | 239 | | 00:56:05.20 | 00:56:05.20 | +00:28:57 (51.6%) | 11:13 | 5.3 (47.7%) |
| 35 | SADOWSKI Wiktor | 327 | | M-Open | 242 | | 00:56:17.85 | 00:56:17.85 | +00:29:10 (51.8%) | 11:15 | 5.3 (47.7%) |
| 36 | SADOWSKA Agnieszka | 326 | FITNESSTEAM | K-Open | 86 | | 00:56:21.70 | 00:56:21.70 | +00:29:13 (51.9%) | 11:16 | 5.3 (47.7%) |
| 37 | MRÓZ Joanna | 240 | FITNESTEAM | K-Open | 87 | | 00:56:22.55 | 00:56:22.55 | +00:29:14 (51.9%) | 11:16 | 5.3 (47.7%) |

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| 38 | CUDAJEWICZ Anna | 45 | FITNESSTEAM | K-Open | 88 | | 00:56:24.10 | 00:56:24.10 | +00:29:16 (51.9%) | 11:16 | 5.3 (47.7%) |
| 39 | ŁOŚ-KRAWCZYK Magdalena | 191 | FITNESSTEAM | K-Open | 92 | | 00:56:39.65 | 00:56:39.65 | +00:29:31 (52.1%) | 11:19 | 5.3 (47.7%) |
| 40 | BODAK Agnieszka | 19 | FITNESSTEAM | K-Open | 95 | | 00:57:10.10 | 00:57:10.10 | +00:30:02 (52.5%) | 11:26 | 5.2 (46.8%) |
| 41 | CHODZIŃSKI Rafał | 35 | MÜLLER TEAM | M-Open | 249 | | 00:57:27.15 | 00:57:27.15 | +00:30:19 (52.8%) | 11:29 | 5.2 (46.8%) |
| 42 | BODAK Piotr | 20 | FITNESSTEAM | M-Open | 250 | | 00:57:45.60 | 00:57:45.60 | +00:30:37 (53.0%) | 11:33 | 5.2 (46.8%) |
| 43 | STACHOWIAK Małgorzata | 359 | FITNESSTEAM | K-Open | 98 | | 00:57:47.85 | 00:57:47.85 | +00:30:40 (53.1%) | 11:33 | 5.2 (46.8%) |
| 44 | KRAWCZYK Fabian | 168 | FITNESSTEAM | M-Open | 257 | | 00:58:54.85 | 00:58:54.85 | +00:31:47 (54.0%) | 11:46 | 5.1 (45.9%) |
| 45 | TARNAWSKI Maciej | 389 | | M-Open | 258 | | 00:59:07.05 | 00:59:07.05 | +00:31:59 (54.1%) | 11:49 | 5.1 (45.9%) |
| 46 | KAPCIUK Wojciech | 517 | | M-Open | 261 | | 01:00:28.70 | 01:00:28.70 | +00:33:20 (55.1%) | 12:05 | 5 (45.0%) |
| 47 | GRUSZKA Marcin | 93 | | M-Open | 262 | | 01:00:36.70 | 01:00:36.70 | +00:33:28 (55.2%) | 12:07 | 5 (45.0%) |
| 48 | BRDYS Agata | 27 | | K-Open | 110 | Glizdeczki | 01:00:59.90 | 01:00:59.90 | +00:33:52 (55.5%) | 12:11 | 4.9 (44.1%) |
| 49 | GRUSZKA Agata | 92 | | K-Open | 111 | Glizdeczki | 01:01:24.50 | 01:01:24.50 | +00:34:16 (55.8%) | 12:16 | 4.9 (44.1%) |
| 50 | CZUBAK Karolina | 47 | | K-Open | 112 | Glizdeczki | 01:01:24.75 | 01:01:24.75 | +00:34:17 (55.8%) | 12:16 | 4.9 (44.1%) |
| 51 | GRUSZKA Marta | 91 | | K-Open | 113 | Glizdeczki | 01:01:29.85 | 01:01:29.85 | +00:34:22 (55.9%) | 12:17 | 4.9 (44.1%) |
| 52 | MARYNIAK Dorota | 216 | | K-Open | 114 | | 01:01:31.70 | 01:01:31.70 | +00:34:23 (55.9%) | 12:18 | 4.9 (44.1%) |
| 53 | TARNAWSKI Bartosz | 390 | | M-Open | 265 | | 01:02:19.80 | 01:02:19.80 | +00:35:12 (56.5%) | 12:27 | 4.8 (43.2%) |
| 54 | OLSZÓWKA Dawid | 266 | BELONA | M-Open | 286 | Belona | 01:40:03.70 | 01:40:03.70 | +01:12:55 (72.9%) | 20:00 | 3 (27.0%) |
| 55 | SAWICKA Monika | 335 | BELONA | K-Open | 132 | Belona | 01:41:00.50 | 01:41:00.50 | +01:13:52 (73.1%) | 20:12 | 3 (27.0%) |
| 56 | GRZEŚKÓW Joasia | 95 | BELONA | K-Open | 133 | | 01:41:01.20 | 01:41:01.20 | +01:13:53 (73.1%) | 20:12 | 3 (27.0%) |
| 57 | ZAKRZEWSKA Anna | 446 | BELONA | K-Open | 134 | Belona | 01:41:01.85 | 01:41:01.85 | +01:13:54 (73.1%) | 20:12 | 3 (27.0%) |
| 58 | KOWALSKA Ewa | 165 | BELONA | K-Open | 135 | | 01:41:01.90 | 01:41:01.90 | +01:13:54 (73.1%) | 20:12 | 3 (27.0%) |
| 59 | MACIEJEWSKA Grażyna | 197 | BELONA TEAM | K-Open | 136 | | 01:41:02.00 | 01:41:02.00 | +01:13:54 (73.1%) | 20:12 | 3 (27.0%) |
| 60 | GĄSIOREK Małgorzata | 80 | | K-Open | 137 | Belona | 01:41:02.95 | 01:41:02.95 | +01:13:55 (73.2%) | 20:12 | 3 (27.0%) |

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|-----|--------------------------|------------|-------------|-----------|------|-----------|--------------------|--------------------|----------------------|--------------|------------|
| 61 | DYBA Wojciech | 59 | | M-Open | 287 | Belona | 01:41:04.90 | 01:41:04.90 | +01:13:57 (73.2%) | 20:12 | 3 (27.0%) |
| 62 | MACIEJEWSKI Rafał | 199 | BELONA TEAM | M-Open | 288 | | 01:41:09.20 | 01:41:09.20 | +01:14:01 (73.2%) | 20:13 | 3 (27.0%) |

Znaleziono 62 wynik(ów)