



TORTURA LESZNO

B4SPORT

Organizator: Transformers Trening & Dieta
Data: 2022-09-11
Miejsce: Leszno
Dystans: 5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: 12:00

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	PODRZYCKI Arkadiusz	293	SAP	M-Open	4	SAP	00:27:07.75	00:27:07.75		5:25	11.1 (100%)
2	LIS Paweł	316	EKIPA AMITY	M-Open	10	Ekipa Amity	00:29:45.70	00:29:45.70	+00:02:37 (8.8%)	5:57	10.1 (91.0%)
3	MRÓZ Norbert	241	FITNESSTEAM	M-Open	48		00:35:01.10	00:35:01.10	+00:07:53 (22.5%)	7:00	8.6 (77.5%)
4	RATAJCZAK Piotr	313	SAP	M-Open	57	SAP	00:36:16.50	00:36:16.50	+00:09:08 (25.2%)	7:15	8.3 (74.8%)
5	SZKUDLARCZYK Szymon	503		M-Open	62		00:36:43.90	00:36:43.90	+00:09:36 (26.1%)	7:20	8.2 (73.9%)
6	WOJCIECHOWSKI Karol	502	IG: KAROL_WOJCIECHOWSKII ZAPRASZAM SERDECZNIE	M-Open	65		00:36:58.55	00:36:58.55	+00:09:50 (26.6%)	7:23	8.1 (73.0%)
7	BOROWSKI Maciej	500	BIEGOWE DZIKI OCR	M-Open	78	Biegowe Dziki OCR	00:38:07.35	00:38:07.35	+00:10:59 (28.8%)	7:37	7.9 (71.2%)
8	MAJEK Mateusz	512		M-Open	82		00:38:18.05	00:38:18.05	+00:11:10 (29.2%)	7:39	7.8 (70.3%)
9	POPIELA Sebastian	299	OPTYK BARTKOWIAK TEAM	M-Open	91		00:38:59.15	00:38:59.15	+00:11:51 (30.4%)	7:47	7.7 (69.4%)
10	ZADWORNY Adrian	501		M-Open	92		00:39:07.25	00:39:07.25	+00:11:59 (30.7%)	7:49	7.7 (69.4%)
11	DWORAK Mateusz	58		M-Open	96		00:39:36.35	00:39:36.35	+00:12:28 (31.5%)	7:55	7.6 (68.5%)
12	BUDASZ Kamil	514		M-Open	100		00:40:17.35	00:40:17.35	+00:13:09 (32.7%)	8:03	7.4 (66.7%)
13	MUSZYŃSKI Maciej	519		M-Open	107		00:41:06.50	00:41:06.50	+00:13:58 (34.0%)	8:13	7.3 (65.8%)
14	JAŃCZAK Sebastian	116		M-Open	120		00:41:53.90	00:41:53.90	+00:14:46 (35.3%)	8:22	7.2 (64.9%)

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15	KLECHA Paweł	153		M-Open	137		00:43:30.00	00:43:30.00	+00:16:22 (37.6%)	8:42	6.9 (62.2%)
16	KOMORNICKI Krzysztof	137		M-Open	139		00:43:32.10	00:43:32.10	+00:16:24 (37.7%)	8:42	6.9 (62.2%)
17	KLECHA Karol	152	FF	M-Open	141		00:43:36.00	00:43:36.00	+00:16:28 (37.8%)	8:43	6.9 (62.2%)
18	MATUSZAK Adam	220		M-Open	142		00:43:47.75	00:43:47.75	+00:16:40 (38.1%)	8:45	6.9 (62.2%)
19	MATUSZAK Agnieszka	221		K-Open	18		00:44:01.40	00:44:01.40	+00:16:53 (38.4%)	8:48	6.8 (61.3%)
20	ANTKOWIAK Hubert	5	FITNESS FACTORY	M-Open	145		00:44:02.40	00:44:02.40	+00:16:54 (38.4%)	8:48	6.8 (61.3%)
21	KARPIŃSKI Paweł	138	FDW PASZE	M-Open	156		00:44:56.60	00:44:56.60	+00:17:48 (39.6%)	8:59	6.7 (60.4%)
22	DOPIERALSKI Dariusz	68	FERMY WOŹNIAK	M-Open	157		00:45:02.40	00:45:02.40	+00:17:54 (39.8%)	9:00	6.7 (60.4%)
23	KOKOT Krzysztof	157		M-Open	168		00:45:58.80	00:45:58.80	+00:18:51 (41.0%)	9:11	6.5 (58.6%)
24	MAJEK Mateusz	498		M-Open	174		00:46:36.65	00:46:36.65	+00:19:28 (41.8%)	9:19	6.4 (57.7%)
25	SZMYT Robert	370	EKIPA AMITY	M-Open	190	Ekipa Amity	00:49:04.05	00:49:04.05	+00:21:56 (44.7%)	9:48	6.1 (55.0%)
26	SZMYT Magdalena	369	EKIPA AMITY	K-Open	51	Ekipa Amity	00:49:53.00	00:49:53.00	+00:22:45 (45.6%)	9:58	6 (54.1%)
27	SZYMKOWIAK Mirek	376	EKIPA AMITY	M-Open	197	Ekipa Amity	00:50:30.10	00:50:30.10	+00:23:22 (46.3%)	10:06	5.9 (53.2%)
28	JASICZEK Jakub	119	EKIPA AMITY	M-Open	198	Ekipa Amity	00:50:31.95	00:50:31.95	+00:23:24 (46.3%)	10:06	5.9 (53.2%)
29	JAKUBOWSKI Michał	505		M-Open	203		00:51:13.30	00:51:13.30	+00:24:05 (47.0%)	10:14	5.9 (53.2%)
30	SADOWSKI Dariusz	328		M-Open	222		00:54:08.00	00:54:08.00	+00:27:00 (49.9%)	10:49	5.5 (49.5%)
31	GOLEBIOWSKA Małgorzata	85	RUN TEAM RYDZYNA	K-Open	75		00:54:38.30	00:54:38.30	+00:27:30 (50.3%)	10:55	5.5 (49.5%)
32	TOBÓŁKA Maciej	395	TEAM TRANSFORMERS	M-Open	229		00:54:48.75	00:54:48.75	+00:27:41 (50.5%)	10:57	5.5 (49.5%)
33	CHUDZIŃSKI Patryk	516		M-Open	233		00:55:14.05	00:55:14.05	+00:28:06 (50.9%)	11:02	5.4 (48.6%)
34	CUDAJEWICZ Grzegorz	46	FITNESSTEAM	M-Open	239		00:56:05.20	00:56:05.20	+00:28:57 (51.6%)	11:13	5.3 (47.7%)
35	SADOWSKI Wiktor	327		M-Open	242		00:56:17.85	00:56:17.85	+00:29:10 (51.8%)	11:15	5.3 (47.7%)
36	SADOWSKA Agnieszka	326	FITNESSTEAM	K-Open	86		00:56:21.70	00:56:21.70	+00:29:13 (51.9%)	11:16	5.3 (47.7%)
37	MRÓZ Joanna	240	FITNESTEAM	K-Open	87		00:56:22.55	00:56:22.55	+00:29:14 (51.9%)	11:16	5.3 (47.7%)

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38	CUDAJEWICZ Anna	45	FITNESSTEAM	K-Open	88		00:56:24.10	00:56:24.10	+00:29:16 (51.9%)	11:16	5.3 (47.7%)
39	ŁOŚ-KRAWCZYK Magdalena	191	FITNESSTEAM	K-Open	92		00:56:39.65	00:56:39.65	+00:29:31 (52.1%)	11:19	5.3 (47.7%)
40	BODAK Agnieszka	19	FITNESSTEAM	K-Open	95		00:57:10.10	00:57:10.10	+00:30:02 (52.5%)	11:26	5.2 (46.8%)
41	CHODZIŃSKI Rafał	35	MÜLLER TEAM	M-Open	249		00:57:27.15	00:57:27.15	+00:30:19 (52.8%)	11:29	5.2 (46.8%)
42	BODAK Piotr	20	FITNESSTEAM	M-Open	250		00:57:45.60	00:57:45.60	+00:30:37 (53.0%)	11:33	5.2 (46.8%)
43	STACHOWIAK Małgorzata	359	FITNESSTEAM	K-Open	98		00:57:47.85	00:57:47.85	+00:30:40 (53.1%)	11:33	5.2 (46.8%)
44	KRAWCZYK Fabian	168	FITNESSTEAM	M-Open	257		00:58:54.85	00:58:54.85	+00:31:47 (54.0%)	11:46	5.1 (45.9%)
45	TARNAWSKI Maciej	389		M-Open	258		00:59:07.05	00:59:07.05	+00:31:59 (54.1%)	11:49	5.1 (45.9%)
46	KAPCIUK Wojciech	517		M-Open	261		01:00:28.70	01:00:28.70	+00:33:20 (55.1%)	12:05	5 (45.0%)
47	GRUSZKA Marcin	93		M-Open	262		01:00:36.70	01:00:36.70	+00:33:28 (55.2%)	12:07	5 (45.0%)
48	BRDYS Agata	27		K-Open	110	Glizdeczki	01:00:59.90	01:00:59.90	+00:33:52 (55.5%)	12:11	4.9 (44.1%)
49	GRUSZKA Agata	92		K-Open	111	Glizdeczki	01:01:24.50	01:01:24.50	+00:34:16 (55.8%)	12:16	4.9 (44.1%)
50	CZUBAK Karolina	47		K-Open	112	Glizdeczki	01:01:24.75	01:01:24.75	+00:34:17 (55.8%)	12:16	4.9 (44.1%)
51	GRUSZKA Marta	91		K-Open	113	Glizdeczki	01:01:29.85	01:01:29.85	+00:34:22 (55.9%)	12:17	4.9 (44.1%)
52	MARYNIAK Dorota	216		K-Open	114		01:01:31.70	01:01:31.70	+00:34:23 (55.9%)	12:18	4.9 (44.1%)
53	TARNAWSKI Bartosz	390		M-Open	265		01:02:19.80	01:02:19.80	+00:35:12 (56.5%)	12:27	4.8 (43.2%)
54	OLSZÓWKA Dawid	266	BELONA	M-Open	286	Belona	01:40:03.70	01:40:03.70	+01:12:55 (72.9%)	20:00	3 (27.0%)
55	SAWICKA Monika	335	BELONA	K-Open	132	Belona	01:41:00.50	01:41:00.50	+01:13:52 (73.1%)	20:12	3 (27.0%)
56	GRZEŚKÓW Joasia	95	BELONA	K-Open	133		01:41:01.20	01:41:01.20	+01:13:53 (73.1%)	20:12	3 (27.0%)
57	ZAKRZEWSKA Anna	446	BELONA	K-Open	134	Belona	01:41:01.85	01:41:01.85	+01:13:54 (73.1%)	20:12	3 (27.0%)
58	KOWALSKA Ewa	165	BELONA	K-Open	135		01:41:01.90	01:41:01.90	+01:13:54 (73.1%)	20:12	3 (27.0%)
59	MACIEJEWSKA Grażyna	197	BELONA TEAM	K-Open	136		01:41:02.00	01:41:02.00	+01:13:54 (73.1%)	20:12	3 (27.0%)
60	GĄSIOREK Małgorzata	80		K-Open	137	Belona	01:41:02.95	01:41:02.95	+01:13:55 (73.2%)	20:12	3 (27.0%)

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61	DYBA Wojciech	59		M-Open	287	Belona	01:41:04.90	01:41:04.90	+01:13:57 (73.2%)	20:12	3 (27.0%)
62	MACIEJEWSKI Rafał	199	BELONA TEAM	M-Open	288		01:41:09.20	01:41:09.20	+01:14:01 (73.2%)	20:13	3 (27.0%)

Znaleziono 62 wynik(ów)