



Wydarzenie: Leszczyński Festiwal Sportu
Organizator: Stowarzyszenie „Transformersi”
Data: 2023-09-09
Miejsce: Leszno
Dystans: 5 km

TORTURA LESZNO

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

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INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	KALININ Jarosław	890	EX TEAM	M OPEN	1	Ex Team	00:23:57.20	00:23:57.20		4:47	12.5 (100%)
2	ILIV Andrzej	518		M OPEN	2		00:24:16.70	00:24:16.70	+00:00:19 (1.3%)	4:51	12.4 (99.2%)
3	SIEKIERSKI Paweł	760	DYNAMIC STRONG GNIEZNO	M OPEN	3	Dynamic Strong Gniezno	00:24:33.00	00:24:33.00	+00:00:35 (2.4%)	4:54	12.2 (97.6%)
4	JUSZKIEWICZ Dominik	903	WATAHA	M OPEN	4	WATAHA	00:25:51.30	00:25:51.30	+00:01:54 (7.4%)	5:10	11.6 (92.8%)
5	IDCZAK Piotr	808	DYNAMIC STRONG GNIEZNO	M OPEN	5	Dynamic Strong Gniezno	00:26:06.20	00:26:06.20	+00:02:09 (8.2%)	5:13	11.5 (92.0%)
6	MAJCHRZAK Andrzej	551	DRUŻYNA WU.	M OPEN	6	Drużyna Wu.	00:27:36.50	00:27:36.50	+00:03:39 (13.2%)	5:31	10.9 (87.2%)
7	BORCZYŃSKI Łukasz	669	GOOD FOOD SP. Z O.O.	M OPEN	7		00:28:08.85	00:28:08.85	+00:04:11 (14.9%)	5:37	10.7 (85.6%)
8	BUJAK Grzegorz	683		M OPEN	8		00:28:25.35	00:28:25.35	+00:04:28 (15.7%)	5:41	10.6 (84.8%)
9	PRZYSTUPA Emil	593	CNS NOWA SÓL	M OPEN	9	CNS Nowa Sól	00:29:16.15	00:29:16.15	+00:05:18 (18.2%)	5:51	10.3 (82.4%)
10	GAWOR Mateusz	895	EX TEAM	M OPEN	10	Ex Team	00:29:36.30	00:29:36.30	+00:05:39 (19.1%)	5:55	10.1 (80.8%)
11	KUBACIK Rafał	525	SOLLVER TEAM	M OPEN	11	SOLLVER Team	00:29:37.00	00:29:37.00	+00:05:39 (19.1%)	5:55	10.1 (80.8%)
12	NAGLAK Hubert	501	WATAHA	M OPEN	12	WATAHA	00:29:40.95	00:29:40.95	+00:05:43 (19.3%)	5:56	10.1 (80.8%)
13	USTRZYCKI Przemysław	899	DRUŻYNA WU	M OPEN	13	Drużyna Wu.	00:30:30.20	00:30:30.20	+00:06:33 (21.5%)	6:06	9.8 (78.4%)
14	ADAMIAK Igor	706		M OPEN	14		00:30:30.65	00:30:30.65	+00:06:33 (21.5%)	6:06	9.8 (78.4%)
15	ANKLEWICZ Mateusz	908		M OPEN	15		00:30:33.25	00:30:33.25	+00:06:36 (21.6%)	6:06	9.8 (78.4%)
16	OGONOWSKI Patryk	886	PC DOKTOR	M OPEN	16		00:30:35.20	00:30:35.20	+00:06:38 (21.7%)	6:07	9.8 (78.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
17	WALEŃSKI Marcin	682	DRUŻYNA WU.	M OPEN	17	Drużyna Wu.	00:30:41.85	00:30:41.85	+00:06:44 (22.0%)	6:08	9.8 (78.4%)
18	NOWAI Jakub	667		M OPEN	18		00:30:43.95	00:30:43.95	+00:06:46 (22.1%)	6:08	9.8 (78.4%)
19	MAJCHRZAK Jakub	553	DRUŻYNA WU.	M OPEN	19	Drużyna Wu.	00:30:47.30	00:30:47.30	+00:06:50 (22.2%)	6:09	9.7 (77.6%)
20	KLUCZYŃSKI Kamil	770	GONZO TEAM	M OPEN	20		00:30:56.65	00:30:56.65	+00:06:59 (22.6%)	6:11	9.7 (77.6%)
21	JEZIORSKI Marcin	907	RAJSPORT ACTIVE	M OPEN	21		00:31:07.35	00:31:07.35	+00:07:10 (23.0%)	6:13	9.6 (76.8%)
22	ŻUKOWSKI Karol	834		M OPEN	22	KOOPERACJA MIĘDZY ZIELONOGÓRSKIM ELEMENTEM A WROCŁAWSKIM MARGINESEM	00:31:08.35	00:31:08.35	+00:07:11 (23.1%)	6:13	9.6 (76.8%)
23	PRUCHNIK Patryk	566		M OPEN	23		00:31:09.60	00:31:09.60	+00:07:12 (23.1%)	6:13	9.6 (76.8%)
24	SOLARSKI Błażej	675		M OPEN	24		00:31:16.30	00:31:16.30	+00:07:19 (23.4%)	6:15	9.6 (76.8%)
25	JARÓZEK Dominik	601	TEAM WOŹNIAK	M OPEN	25		00:32:11.65	00:32:11.65	+00:08:14 (25.6%)	6:26	9.3 (74.4%)
26	JUŚKOWIAK Mikołaj	776		M OPEN	26		00:32:33.10	00:32:33.10	+00:08:35 (26.4%)	6:30	9.2 (73.6%)
27	BŁACHOWIAK Mariusz	556	AMBIT RACING TEAM/MARATON LESZNO	M OPEN	27		00:32:38.10	00:32:38.10	+00:08:40 (26.6%)	6:31	9.2 (73.6%)
28	SAJNÓG Leszek	580	#BIEGAJ LESZNO	M OPEN	28		00:32:53.60	00:32:53.60	+00:08:56 (27.2%)	6:34	9.1 (72.8%)
29	NOWAK Maciej	674		M OPEN	29		00:32:56.65	00:32:56.65	+00:08:59 (27.3%)	6:35	9.1 (72.8%)
30	GRUDZIŃSKI Tomasz	662		M OPEN	30		00:33:21.30	00:33:21.30	+00:09:24 (28.2%)	6:40	9 (72.0%)
31	WALEŃSKI Michał	564	DRUŻYNA WU.	M OPEN	31	Drużyna Wu.	00:33:25.45	00:33:25.45	+00:09:28 (28.3%)	6:41	9 (72.0%)
32	GRUETZMACHER Katarzyna	884		K OPEN	1		00:33:46.30	00:33:46.30	+00:09:49 (29.1%)	6:45	8.9 (71.2%)
33	MACHI Łukasz	581	ORLA KORZEŃSKO	M OPEN	32		00:34:00.10	00:34:00.10	+00:10:02 (29.6%)	6:48	8.8 (70.4%)
34	ZAGACKI Karol	898	M-FIT RAWICZ /KK SERVICE	M OPEN	33		00:34:12.20	00:34:12.20	+00:10:14 (30.0%)	6:50	8.8 (70.4%)
35	POKLEPA Dawid	849	CNS NOWA SÓL	M OPEN	34	CNS Nowa Sól	00:34:16.75	00:34:16.75	+00:10:19 (30.1%)	6:51	8.8 (70.4%)
36	WOLNIAK Szymon	701		M OPEN	35		00:35:12.05	00:35:12.05	+00:11:14 (32.0%)	7:02	8.5 (68.0%)
37	KOWALSKI Mateusz	647	DIRTY SPARROWS	M OPEN	36	Dirty Sparrows	00:35:31.80	00:35:31.80	+00:11:34 (32.6%)	7:06	8.4 (67.2%)
38	RATAJCZAK Robert	782	WERNER KENKEL SPORT TEAM	M OPEN	37	WERNER KENKEL SPORT TEAM	00:35:37.90	00:35:37.90	+00:11:40 (32.8%)	7:07	8.4 (67.2%)
39	RYCHLEWSKI Michał	630	DIRTY SPARROWS	M OPEN	38	Dirty Sparrows	00:35:43.50	00:35:43.50	+00:11:46 (33.0%)	7:08	8.4 (67.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5km	brutto 5km			
40	KLIKOWICZ Iwona	569	CNS NOWA SÓL	K OPEN	2	CNS Nowa Sól	00:35:43.60	00:35:43.60	+00:11:46 (33.0%)	7:08	8.4 (67.2%)
41	GAŁACH Łukasz	656		M OPEN	39		00:35:52.10	00:35:52.10	+00:11:54 (33.2%)	7:10	8.4 (67.2%)
42	MENDYKA Artur	795	ŚWIRY	M OPEN	40	ŚWIRY	00:35:56.20	00:35:56.20	+00:11:58 (33.3%)	7:11	8.3 (66.4%)
43	NĘDZA Sebastian	779	WERNER KENKEL SPORT TEAM	M OPEN	41	WERNER KENKEL SPORT TEAM	00:36:25.50	00:36:25.50	+00:12:28 (34.2%)	7:17	8.2 (65.6%)
44	ZIELIŃSKI Waldemar	752	CNS NOWA SÓL	M OPEN	42	CNS Nowa Sól	00:36:32.65	00:36:32.65	+00:12:35 (34.5%)	7:18	8.2 (65.6%)
45	BIERNACZYK Marcin	912		M OPEN	43		00:36:38.20	00:36:38.20	+00:12:40 (34.6%)	7:19	8.2 (65.6%)
46	MILASZWESKI Michał	859		M OPEN	44		00:36:53.95	00:36:53.95	+00:12:56 (35.1%)	7:22	8.1 (64.8%)
47	WOJCIECHOWSKI Kamil	856		M OPEN	45		00:36:56.20	00:36:56.20	+00:12:58 (35.2%)	7:23	8.1 (64.8%)
48	URBAŃSKI Dawid	806		M OPEN	46		00:37:09.40	00:37:09.40	+00:13:12 (35.5%)	7:25	8.1 (64.8%)
49	SERWATKA Mateusz	729		M OPEN	47		00:37:22.60	00:37:22.60	+00:13:25 (35.9%)	7:28	8 (64.0%)
50	SKOWRONEK Jędrzej	866	OSP ŁĘKA OPATOWSKA	M OPEN	48		00:37:31.70	00:37:31.70	+00:13:34 (36.2%)	7:30	8 (64.0%)
51	ŚMIGLAK Łukasz	635	DIRTY SPARROWS	M OPEN	49	Dirty Sparrows	00:37:40.35	00:37:40.35	+00:13:43 (36.4%)	7:32	8 (64.0%)
52	JUSZKIEWICZ Oliwia	904	WATAHA	K OPEN	3	WATAHA	00:37:45.15	00:37:45.15	+00:13:47 (36.6%)	7:33	7.9 (63.2%)
53	ZIOŁO Krzysztof	591	DIRTY SPARROWS	M OPEN	50	Dirty Sparrows	00:37:54.35	00:37:54.35	+00:13:57 (36.8%)	7:34	7.9 (63.2%)
54	JARCZEWSKI Łukasz	655		M OPEN	51		00:38:14.50	00:38:14.50	+00:14:17 (37.4%)	7:38	7.8 (62.4%)
55	MIERNIK Przemysław	504	CROSS FIRMUS	M OPEN	52		00:38:21.40	00:38:21.40	+00:14:24 (37.6%)	7:40	7.8 (62.4%)
56	CELARY Grzegorz	906	PROINVEST	M OPEN	53		00:39:18.65	00:39:18.65	+00:15:21 (39.1%)	7:51	7.6 (60.8%)
57	STACHYRA Joanna	793	ŚWIRY	K OPEN	4	ŚWIRY	00:39:21.95	00:39:21.95	+00:15:24 (39.2%)	7:52	7.6 (60.8%)
58	DĄBEK Patryk	794	ŚWIRY	M OPEN	54	ŚWIRY	00:39:22.60	00:39:22.60	+00:15:25 (39.2%)	7:52	7.6 (60.8%)
59	ROSA Maciej	817	SOKÓŁ WŁOSZAKOWICE	M OPEN	55		00:40:03.70	00:40:03.70	+00:16:06 (40.2%)	8:00	7.5 (60.0%)
60	KRUG Sebastian	632	DIRTY SPARROWS	M OPEN	56	Dirty Sparrows	00:40:14.35	00:40:14.35	+00:16:17 (40.5%)	8:02	7.5 (60.0%)
61	LAWER Piotr	540	SOLLVER TEAM	M OPEN	57	SOLLVER Team	00:40:15.60	00:40:15.60	+00:16:18 (40.5%)	8:03	7.5 (60.0%)
62	PRZYBYLSKI Eryk	744	SPPOPRAWA	M OPEN	58	SPPoprawa	00:40:21.70	00:40:21.70	+00:16:24 (40.7%)	8:04	7.4 (59.2%)
63	ŁUBIŃSKI Maciej	854		M OPEN	59		00:40:32.05	00:40:32.05	+00:16:34 (40.9%)	8:06	7.4 (59.2%)
64	BOROWSKI Maciej	505	BIEGOWE DZIKI OCR	M OPEN	60	Biegowe Dzikie OCR	00:40:42.15	00:40:42.15	+00:16:44 (41.2%)	8:08	7.4 (59.2%)

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65	TWARDY Damian	705		M OPEN	61		00:40:43.75	00:40:43.75	+00:16:46 (41.2%)	8:08	7.4 (59.2%)
66	ŁUCZAK Ariel	786	WERNER KENKEL SPORT TEAM	M OPEN	62	WERNER KENKEL SPORT TEAM	00:40:44.50	00:40:44.50	+00:16:47 (41.2%)	8:08	7.4 (59.2%)
67	SKOWRON Szymon	803	SPPOPRAWA	M OPEN	63	SPPoprawa	00:40:53.35	00:40:53.35	+00:16:56 (41.4%)	8:10	7.3 (58.4%)
68	MUSZYŃSKI Maciej	654		M OPEN	64		00:41:12.30	00:41:12.30	+00:17:15 (41.9%)	8:14	7.3 (58.4%)
69	FRĄCZAK Dariusz	567		M OPEN	65		00:41:12.75	00:41:12.75	+00:17:15 (41.9%)	8:14	7.3 (58.4%)
70	MAJCHRZAK Agnieszka	847	DRUŻYNA WU.	K OPEN	5	Drużyna Wu.	00:41:19.50	00:41:19.50	+00:17:22 (42.0%)	8:15	7.3 (58.4%)
71	CHUDZINSKI Maciej	860		M OPEN	66		00:41:26.50	00:41:26.50	+00:17:29 (42.2%)	8:17	7.2 (57.6%)
72	ŚMIGŁAK Katarzyna	634	DIRTY SPARROWS	K OPEN	6	Dirty Sparrows	00:41:28.20	00:41:28.20	+00:17:30 (42.2%)	8:17	7.2 (57.6%)
73	WYRWAŁ Tomasz	664		M OPEN	67		00:41:31.40	00:41:31.40	+00:17:34 (42.3%)	8:18	7.2 (57.6%)
74	PŁUCIENNIK Tomasz	829	KOOPERACJA MIĘDZY ZIELONOGÓRSKIM ELEMENTEM A WROCŁAWSKIM MARGINESEM	M OPEN	68	KOOPERACJA MIĘDZY ZIELONOGÓRSKIM ELEMENTEM A WROCŁAWSKIM MARGINESEM	00:41:45.50	00:41:45.50	+00:17:48 (42.6%)	8:21	7.2 (57.6%)
75	SLIEPOV Oleksii	838	TEAM SPIRIT	M OPEN	69	Team Spirit Nowa Sól	00:41:48.70	00:41:48.70	+00:17:51 (42.7%)	8:21	7.2 (57.6%)
76	TURECKI Dominik	812		M OPEN	70		00:41:56.20	00:41:56.20	+00:17:58 (42.9%)	8:23	7.2 (57.6%)
77	KASPROWIAK Paweł	905	PROINVEST RAWICZ	M OPEN	71		00:41:57.55	00:41:57.55	+00:18:00 (42.9%)	8:23	7.2 (57.6%)
78	SZPRUTA Robert	550		M OPEN	72		00:42:01.20	00:42:01.20	+00:18:03 (43.0%)	8:24	7.1 (56.8%)
79	SMOLIŃSKI Arkadiusz	846	RAMIRENT	M OPEN	73	RAMIRENT	00:42:09.80	00:42:09.80	+00:18:12 (43.2%)	8:25	7.1 (56.8%)
80	SOBIESZCZAŃSKI Przemysław	610	RAMIRENT	M OPEN	74	RAMIRENT	00:42:14.35	00:42:14.35	+00:18:17 (43.3%)	8:26	7.1 (56.8%)
81	CHOJNACKI Damian	784	WERNER KENKEL SPORT TEAM	M OPEN	75	WERNER KENKEL SPORT TEAM	00:42:23.40	00:42:23.40	+00:18:26 (43.5%)	8:28	7.1 (56.8%)
82	SOWA Maciej	537	SOLLVER TEAM	M OPEN	76	SOLLVER Team	00:42:29.30	00:42:29.30	+00:18:32 (43.6%)	8:29	7.1 (56.8%)
83	KARCZYŃSKI Tomasz	517		M OPEN	77		00:42:37.15	00:42:37.15	+00:18:39 (43.8%)	8:31	7 (56.0%)
84	BUDYNEK Mateusz	830	KOOPERACJA MIĘDZY ZIELONOGÓRSKIM ELEMENTEM A WROCŁAWSKIM MARGINESEM	M OPEN	78	KOOPERACJA MIĘDZY ZIELONOGÓRSKIM ELEMENTEM A WROCŁAWSKIM MARGINESEM	00:42:37.50	00:42:37.50	+00:18:40 (43.8%)	8:31	7 (56.0%)
85	PTAK Marcin	826		M OPEN	79		00:42:39.15	00:42:39.15	+00:18:41 (43.8%)	8:31	7 (56.0%)

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86	KUBACIK Mikołaj	527	SOLLVER TEAM	M OPEN	80	SOLLVER Team	00:42:39.20	00:42:39.20	+00:18:41 (43.8%)	8:31	7 (56.0%)
87	KAŁMUCZAK Wojciech	614		M OPEN	81		00:42:41.35	00:42:41.35	+00:18:44 (43.9%)	8:32	7 (56.0%)
88	KOKOT Krzysztof	576	AMATORS TM	M OPEN	82		00:43:18.15	00:43:18.15	+00:19:20 (44.7%)	8:39	6.9 (55.2%)
89	SITARZ Mateusz	618		M OPEN	83		00:43:25.60	00:43:25.60	+00:19:28 (44.8%)	8:41	6.9 (55.2%)
90	SMACKI Dawid	547	SOLLVER TEAM	M OPEN	84	SOLLVER Team	00:43:27.60	00:43:27.60	+00:19:30 (44.9%)	8:41	6.9 (55.2%)
91	JAKUBOWSKI Michał	778		M OPEN	85		00:43:33.40	00:43:33.40	+00:19:36 (45.0%)	8:42	6.9 (55.2%)
92	FURSZPANIAK Michał	631	DIRTY SPARROWS	M OPEN	86		00:43:34.00	00:43:34.00	+00:19:36 (45.0%)	8:42	6.9 (55.2%)
93	KWARTA Paweł	875		M OPEN	87		00:43:42.80	00:43:42.80	+00:19:45 (45.2%)	8:44	6.9 (55.2%)
94	PALUCH Dominik	695	WOŹNIAKTEAM	M OPEN	88	Woźniak Team	00:43:49.60	00:43:49.60	+00:19:52 (45.3%)	8:45	6.8 (54.4%)
95	POPIOŁEK Martyna	666		K OPEN	7		00:44:00.40	00:44:00.40	+00:20:03 (45.6%)	8:48	6.8 (54.4%)
96	CISZAK Mateusz	677		M OPEN	89		00:44:24.65	00:44:24.65	+00:20:27 (46.1%)	8:52	6.8 (54.4%)
97	NIEMCZYK Franciszek	853		M OPEN	90		00:44:47.35	00:44:47.35	+00:20:50 (46.5%)	8:57	6.7 (53.6%)
98	KOWALSKI Patryk	707		M OPEN	91		00:44:52.80	00:44:52.80	+00:20:55 (46.6%)	8:58	6.7 (53.6%)
99	KĘSKIEWICZ Kamil	869	SUDECCY TRANSFORMERSI	M OPEN	92		00:45:03.15	00:45:03.15	+00:21:05 (46.8%)	9:00	6.7 (53.6%)
100	KEMPA Denis	787	WERNER KENKEL SPORT TEAM	M OPEN	93	WERNER KENKEL SPORT TEAM	00:45:03.40	00:45:03.40	+00:21:06 (46.8%)	9:00	6.7 (53.6%)
101	POPRAWA Wojciech	754	SPPOPRAWA	M OPEN	94	SPPoprawa	00:45:08.20	00:45:08.20	+00:21:10 (46.9%)	9:01	6.6 (52.8%)
102	PIASECKI Maciej	681	TRANSFORMERS KOŚCIAN	M OPEN	95	Transformers Kościan	00:45:17.35	00:45:17.35	+00:21:20 (47.1%)	9:03	6.6 (52.8%)
103	BŁACHOWIAK Fabian	557	KLS	M OPEN	96		00:45:18.45	00:45:18.45	+00:21:21 (47.1%)	9:03	6.6 (52.8%)
104	BAGIŃSKI Krzysztof	649		M OPEN	97		00:45:20.60	00:45:20.60	+00:21:23 (47.2%)	9:04	6.6 (52.8%)
105	KLUPŚ Piotr	745	SPPOPRAWA	M OPEN	98	SPPoprawa	00:45:28.90	00:45:28.90	+00:21:31 (47.3%)	9:05	6.6 (52.8%)
106	TYCZYŃSKI Tristan	900		M OPEN	99		00:45:45.60	00:45:45.60	+00:21:48 (47.7%)	9:09	6.6 (52.8%)
107	FICEK Tomasz	515	F-TEAM	M OPEN	100		00:45:49.55	00:45:49.55	+00:21:52 (47.7%)	9:09	6.5 (52.0%)
108	WASIOŁKA Szymon	775	ORZEL LIPNO	M OPEN	101		00:45:50.60	00:45:50.60	+00:21:53 (47.7%)	9:10	6.5 (52.0%)
109	MAŁECKA Dorota	574	CMS NOWA SÓL	K OPEN	8	CNS Nowa Sól	00:45:57.20	00:45:57.20	+00:21:59 (47.9%)	9:11	6.5 (52.0%)
110	MOICZEK Natalia	734	DIRTY SPARROWS	K OPEN	9	Dirty Sparrows	00:45:58.35	00:45:58.35	+00:22:01 (47.9%)	9:11	6.5 (52.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
111	DUDZIAK Paweł	840		M OPEN	102		00:45:58.50	00:45:58.50	+00:22:01 (47.9%)	9:11	6.5 (52.0%)
112	OFFERT Eryk	756	JTCNW	M OPEN	103		00:46:05.60	00:46:05.60	+00:22:08 (48.0%)	9:13	6.5 (52.0%)
113	WAWRYCZ Adrian	555	WARSZTAT ARNI	M OPEN	104		00:46:09.80	00:46:09.80	+00:22:12 (48.1%)	9:13	6.5 (52.0%)
114	MISIAK Dominik	780	WERNER KENKEL SPORT TEAM	M OPEN	105	WERNER KENKEL SPORT TEAM	00:46:18.60	00:46:18.60	+00:22:21 (48.3%)	9:15	6.5 (52.0%)
115	KORKUS Mateusz	545	SOLLVER TEAM	M OPEN	106	SOLLVER Team	00:46:27.70	00:46:27.70	+00:22:30 (48.4%)	9:17	6.5 (52.0%)
116	GUBAŃSKI Jeremiasz	678		M OPEN	107		00:46:31.45	00:46:31.45	+00:22:34 (48.5%)	9:18	6.4 (51.2%)
117	OKONIEWSKI Marcin	506		M OPEN	108		00:46:36.10	00:46:36.10	+00:22:38 (48.6%)	9:19	6.4 (51.2%)
118	GAJEWSKI Filip	797	LEGNICA POKONUJE PRZESZKODY	M OPEN	109		00:46:47.50	00:46:47.50	+00:22:50 (48.8%)	9:21	6.4 (51.2%)
119	KLUCZYŃSKI Michał	661		M OPEN	110		00:46:50.40	00:46:50.40	+00:22:53 (48.9%)	9:22	6.4 (51.2%)
120	MACELUCH Krzysztof	621		M OPEN	111		00:46:52.45	00:46:52.45	+00:22:55 (48.9%)	9:22	6.4 (51.2%)
121	JANOWICZ Klaudia	617		K OPEN	10		00:46:52.90	00:46:52.90	+00:22:55 (48.9%)	9:22	6.4 (51.2%)
122	DURBAJŁO Kamil	889		M OPEN	112		00:46:54.50	00:46:54.50	+00:22:57 (48.9%)	9:22	6.4 (51.2%)
123	ZAGACKI Piotr	587	M-FIT RAWICZ / KK SERVICE	M OPEN	113		00:47:01.05	00:47:01.05	+00:23:03 (49.1%)	9:24	6.4 (51.2%)
124	ZIMNA Katarzyna	901		K OPEN	11		00:47:01.45	00:47:01.45	+00:23:04 (49.1%)	9:24	6.4 (51.2%)
125	KUBACIK Maksymilian	528	SOLLVER TEAM	M OPEN	114	SOLLVER Team	00:47:04.00	00:47:04.00	+00:23:06 (49.1%)	9:24	6.4 (51.2%)
126	MANTURA Katarzyna	835		K OPEN	12		00:47:08.50	00:47:08.50	+00:23:11 (49.2%)	9:25	6.4 (51.2%)
127	FERENS Piotr	731	DIRTY SPARROWS	M OPEN	115	Dirty Sparrows	00:47:12.10	00:47:12.10	+00:23:14 (49.3%)	9:26	6.4 (51.2%)
128	PAWLICKI Mateusz	546	SOLLVER TEAM	M OPEN	116	SOLLVER Team	00:47:17.05	00:47:17.05	+00:23:19 (49.3%)	9:27	6.3 (50.4%)
129	SOBIESZCZAŃSKA Mirosława	611	RAMIRENT	K OPEN	13	RAMIRENT	00:47:21.85	00:47:21.85	+00:23:24 (49.4%)	9:28	6.3 (50.4%)
130	IGNACIK Mirosław	554		M OPEN	117		00:47:32.85	00:47:32.85	+00:23:35 (49.6%)	9:30	6.3 (50.4%)
131	WOJTECKI Łukasz	688		M OPEN	118		00:47:33.75	00:47:33.75	+00:23:36 (49.6%)	9:30	6.3 (50.4%)
132	SIŁACZ Hubert	733	DIRTY SPARROWS	M OPEN	119		00:47:34.35	00:47:34.35	+00:23:37 (49.6%)	9:30	6.3 (50.4%)
133	SKOPIŃSKI Kacper	676		M OPEN	120		00:47:35.95	00:47:35.95	+00:23:38 (49.7%)	9:31	6.3 (50.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
134	KORECKA Joanna	832		K OPEN	14	KOOPERACJA MIĘDZY ZIELONOGÓRSKIM ELEMENTEM A WROCŁAWSKIM MARGINESEM	00:47:38.05	00:47:38.05	+00:23:40 (49.7%)	9:31	6.3 (50.4%)
135	MĘDLUK Klaudia	588	CNS NOWA SÓL	K OPEN	15	CNS Nowa Sól	00:47:53.25	00:47:53.25	+00:23:56 (50.0%)	9:34	6.3 (50.4%)
136	POKLEPA Karolina	570	CNS	K OPEN	16	CNS Nowa Sól	00:48:18.55	00:48:18.55	+00:24:21 (50.4%)	9:39	6.2 (49.6%)
137	GLEŃ Agnieszka	524	SOLLVER TEAM	K OPEN	17	SOLLVER Team	00:48:20.90	00:48:20.90	+00:24:23 (50.5%)	9:40	6.2 (49.6%)
138	KARAKOLIS Anna	572	CNS NOWA SÓL	K OPEN	18		00:48:28.05	00:48:28.05	+00:24:30 (50.6%)	9:41	6.2 (49.6%)
139	BUDZYŃSKA Agnieszka	534	SOLLVER TEAM	K OPEN	19	SOLLVER Team	00:48:34.30	00:48:34.30	+00:24:37 (50.7%)	9:42	6.2 (49.6%)
140	JASKÓŁA Karol	764	DIRTY SPARROWS	M OPEN	121	Dirty Sparrows	00:48:37.95	00:48:37.95	+00:24:40 (50.7%)	9:43	6.2 (49.6%)
141	ZIOŁO Ewa	641	DIRTY SPARROWS	K OPEN	20	Dirty Sparrows	00:48:41.65	00:48:41.65	+00:24:44 (50.8%)	9:44	6.2 (49.6%)
142	JARMURCZYK Jakub	763	DIRTY SPARROWS	M OPEN	122	Dirty Sparrows	00:48:42.05	00:48:42.05	+00:24:44 (50.8%)	9:44	6.2 (49.6%)
143	LUDWIŃSKA Agnieszka	732	DIRTY SPARROWS	K OPEN	21	Dirty Sparrows	00:48:44.90	00:48:44.90	+00:24:47 (50.9%)	9:44	6.2 (49.6%)
144	RYPIEŃ Szymon	781	WERNER KENKEL SPORT TEAM	M OPEN	123	WERNER KENKEL SPORT TEAM	00:48:45.75	00:48:45.75	+00:24:48 (50.9%)	9:45	6.2 (49.6%)
145	ZAMELSKI Bartosz	796	SPPOPRAWA	M OPEN	124	SPPoprawa	00:48:53.25	00:48:53.25	+00:24:56 (51.0%)	9:46	6.1 (48.8%)
146	FIJAŁKOWSKI Jakub	615		M OPEN	125		00:48:57.10	00:48:57.10	+00:24:59 (51.1%)	9:47	6.1 (48.8%)
147	PIETRUSZEWSKA Anna	629		K OPEN	22		00:48:57.25	00:48:57.25	+00:25:00 (51.1%)	9:47	6.1 (48.8%)
148	PŁOCIENICZAK Jacek	616		M OPEN	126		00:48:59.40	00:48:59.40	+00:25:02 (51.1%)	9:47	6.1 (48.8%)
149	ŁAKOMIEC Maciej	522		M OPEN	127		00:49:01.20	00:49:01.20	+00:25:03 (51.1%)	9:48	6.1 (48.8%)
150	MATUSZEWSKI Maciej	605		M OPEN	128		00:49:05.70	00:49:05.70	+00:25:08 (51.2%)	9:49	6.1 (48.8%)
151	GRODZKI Maciej	680		M OPEN	129		00:49:11.90	00:49:11.90	+00:25:14 (51.3%)	9:50	6.1 (48.8%)
152	JASIŃSKI Sławomir	523		M OPEN	130		00:49:37.35	00:49:37.35	+00:25:40 (51.7%)	9:55	6 (48.0%)
153	PASZKOWIAK Marek	548	SOLLVER TEAM	M OPEN	131	SOLLVER Team	00:49:43.20	00:49:43.20	+00:25:45 (51.8%)	9:56	6 (48.0%)
154	SADOWSKI Dariusz	639		M OPEN	132		00:50:03.10	00:50:03.10	+00:26:05 (52.1%)	10:00	6 (48.0%)
155	JUŚKOWIAK Natalia	759		K OPEN	23		00:50:13.80	00:50:13.80	+00:26:16 (52.3%)	10:02	6 (48.0%)
156	NOWAK Przemysław	761		M OPEN	133		00:50:14.30	00:50:14.30	+00:26:17 (52.3%)	10:02	6 (48.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
157	FANKANOWSKI Maciej	658		M OPEN	134	Dragons	00:50:42.55	00:50:42.55	+00:26:45 (52.8%)	10:08	5.9 (47.2%)
158	PERZ Iwona	598	WOŹNIAK TEAM	K OPEN	24		00:50:43.55	00:50:43.55	+00:26:46 (52.8%)	10:08	5.9 (47.2%)
159	WOLNY Piotr	597	WOŹNIAK TEAM	M OPEN	135	Woźniak Team	00:50:44.90	00:50:44.90	+00:26:47 (52.8%)	10:08	5.9 (47.2%)
160	BŁAŻEJCZYK Mariusz	595	WOŹNIAK TEAM	M OPEN	136	Woźniak Team	00:50:45.70	00:50:45.70	+00:26:48 (52.8%)	10:09	5.9 (47.2%)
161	WOLNA Kamila	596	WOŹNIAK TEAM	K OPEN	25	Woźniak Team	00:50:46.00	00:50:46.00	+00:26:48 (52.8%)	10:09	5.9 (47.2%)
162	SOBIK Mariusz	599	WOŹNIAK TEAM	M OPEN	137		00:50:47.25	00:50:47.25	+00:26:50 (52.8%)	10:09	5.9 (47.2%)
163	DEMSKI Kamil	788	WERNER KENKEL SPORT TEAM	M OPEN	138	WERNER KENKEL SPORT TEAM	00:50:51.05	00:50:51.05	+00:26:53 (52.9%)	10:10	5.9 (47.2%)
164	MAJOREK Katarzyna	824		K OPEN	26		00:51:00.35	00:51:00.35	+00:27:03 (53.0%)	10:12	5.9 (47.2%)
165	WITKIEWICZ Katarzyna	825		K OPEN	27		00:51:00.85	00:51:00.85	+00:27:03 (53.0%)	10:12	5.9 (47.2%)
166	MYSZYŃSKI Tomasz	636	DIRTY SPARROWS	M OPEN	139	Dirty Sparrows	00:51:03.55	00:51:03.55	+00:27:06 (53.1%)	10:12	5.9 (47.2%)
167	KOSZELAK Wiktor	911		M OPEN	140	DETONATORS	00:51:11.85	00:51:11.85	+00:27:14 (53.2%)	10:14	5.9 (47.2%)
168	JANISZEWSKI Jędrzej	910		M OPEN	141	DETONATORS	00:51:11.90	00:51:11.90	+00:27:14 (53.2%)	10:14	5.9 (47.2%)
169	MARCINIAK Piotr	626	RATAJSKIE KOXY	M OPEN	142		00:51:21.95	00:51:21.95	+00:27:24 (53.4%)	10:16	5.8 (46.4%)
170	KNOZOWSKA Bożena	792	ŚWIRY	K OPEN	28	ŚWIRY	00:51:25.80	00:51:25.80	+00:27:28 (53.4%)	10:17	5.8 (46.4%)
171	KNOZOWSKI Jacek	836	ŚWIRY	M OPEN	143	ŚWIRY	00:51:26.65	00:51:26.65	+00:27:29 (53.4%)	10:17	5.8 (46.4%)
172	KUBIAK Kacper	882		M OPEN	144		00:51:29.90	00:51:29.90	+00:27:32 (53.5%)	10:17	5.8 (46.4%)
173	SAMCZUK Jakub	768	BANANY	M OPEN	145	Banany	00:51:40.60	00:51:40.60	+00:27:43 (53.6%)	10:20	5.8 (46.4%)
174	MULLLER Patryk	750	BANANY	M OPEN	146		00:51:41.65	00:51:41.65	+00:27:44 (53.7%)	10:20	5.8 (46.4%)
175	KIJAS Magdalena	651		K OPEN	29		00:51:58.55	00:51:58.55	+00:28:01 (53.9%)	10:23	5.8 (46.4%)
176	KIJAS Grzegorz	652		M OPEN	147		00:51:58.60	00:51:58.60	+00:28:01 (53.9%)	10:23	5.8 (46.4%)
177	SAMCZUK Dariusz	751	BANANY	M OPEN	148	Banany	00:52:02.00	00:52:02.00	+00:28:04 (54.0%)	10:24	5.8 (46.4%)
178	CIDYŁO Mariusz	749	BANANY	M OPEN	149	Banany	00:52:02.50	00:52:02.50	+00:28:05 (54.0%)	10:24	5.8 (46.4%)
179	SKORUPIŃSKA Joanna	697		K OPEN	30		00:52:05.45	00:52:05.45	+00:28:08 (54.0%)	10:25	5.8 (46.4%)
180	MARCINIAK Anna	715		K OPEN	31		00:52:11.20	00:52:11.20	+00:28:13 (54.1%)	10:26	5.7 (45.6%)
181	SZTURO Joanna	699		K OPEN	32		00:52:12.00	00:52:12.00	+00:28:14 (54.1%)	10:26	5.7 (45.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
182	RUMIŃSKI Aleks	746	SPPOPRAWA	M OPEN	150	SPPoprawa	00:52:13.25	00:52:13.25	+00:28:16 (54.1%)	10:26	5.7 (45.6%)
182	BILIŃSKI Paweł	753	SPPOPRAWA	M OPEN	150	SPPoprawa	00:52:13.25	00:52:13.25	+00:28:16 (54.1%)	10:26	5.7 (45.6%)
184	PIEPRZYK Mikołaj	747	SPPOPRAWA	M OPEN	152	SPPoprawa	00:52:13.45	00:52:13.45	+00:28:16 (54.1%)	10:26	5.7 (45.6%)
185	DYBOWSKI Rafał	606		M OPEN	153	RAMIRENT	00:52:21.70	00:52:21.70	+00:28:24 (54.3%)	10:28	5.7 (45.6%)
186	WALKOWIAK Adam	940		M OPEN	154	RAMIRENT	00:52:23.85	00:52:23.85	+00:28:26 (54.3%)	10:28	5.7 (45.6%)
187	GÓRECKI Tomasz	607		M OPEN	155		00:52:24.60	00:52:24.60	+00:28:27 (54.3%)	10:28	5.7 (45.6%)
188	SZADEJ Piotr	560		M OPEN	156		00:52:26.40	00:52:26.40	+00:28:29 (54.3%)	10:29	5.7 (45.6%)
189	BUDZYŃSKI Wojciech	539	SOLLVER TEAM	M OPEN	157	SOLLVER Team	00:52:29.00	00:52:29.00	+00:28:31 (54.4%)	10:29	5.7 (45.6%)
190	JANKOWIAK Szymon	805		M OPEN	158		00:52:35.95	00:52:35.95	+00:28:38 (54.5%)	10:31	5.7 (45.6%)
191	TURKIEWICZ Jarosław	804		M OPEN	159		00:52:39.30	00:52:39.30	+00:28:42 (54.5%)	10:31	5.7 (45.6%)
192	SUSZEK Mateusz	703	LEGNICA POKONUJE PRZESZKODY	M OPEN	160		00:52:41.35	00:52:41.35	+00:28:44 (54.5%)	10:32	5.7 (45.6%)
193	BĄK Piotr	708	LEGNICA POKONUJE PRZESZKODY	M OPEN	161	Legnica Pokonuje Przeszkody	00:52:44.10	00:52:44.10	+00:28:46 (54.6%)	10:32	5.7 (45.6%)
194	PATUREJ Wiktor	562		M OPEN	162		00:52:45.95	00:52:45.95	+00:28:48 (54.6%)	10:33	5.7 (45.6%)
195	SZADEJ Dominika	561		K OPEN	33		00:52:52.05	00:52:52.05	+00:28:54 (54.7%)	10:34	5.7 (45.6%)
196	DYMALSKI Jacek	809		M OPEN	163		00:52:54.65	00:52:54.65	+00:28:57 (54.7%)	10:34	5.7 (45.6%)
197	SUCHARSKI Mariusz	627	RATAJSKIE KOXY	M OPEN	164		00:52:57.05	00:52:57.05	+00:28:59 (54.8%)	10:35	5.7 (45.6%)
198	GERLICH Olga	625	RATAJSKIE KOXY	K OPEN	34		00:52:57.95	00:52:57.95	+00:29:00 (54.8%)	10:35	5.7 (45.6%)
199	ZAJDEL Tomasz	585	SOLLVER TEAM	M OPEN	165	SOLLVER Team	00:53:07.35	00:53:07.35	+00:29:10 (54.9%)	10:37	5.6 (44.8%)
200	TULISZKA Arkadiusz	696		M OPEN	166		00:53:08.60	00:53:08.60	+00:29:11 (54.9%)	10:37	5.6 (44.8%)
201	LURC Robert	594		M OPEN	167		00:53:13.25	00:53:13.25	+00:29:16 (55.0%)	10:38	5.6 (44.8%)
202	NOWAK Natalia	887		K OPEN	35		00:53:23.80	00:53:23.80	+00:29:26 (55.1%)	10:40	5.6 (44.8%)
203	MACIEJASZ Amelia	888		K OPEN	36		00:53:23.95	00:53:23.95	+00:29:26 (55.1%)	10:40	5.6 (44.8%)
204	PŁÓCIENNICZAK Adam	563		M OPEN	168		00:53:24.45	00:53:24.45	+00:29:27 (55.1%)	10:40	5.6 (44.8%)
205	KĘSKIEWICZ Kordian			M OPEN	169		00:53:39.00	00:53:39.00	+00:29:41 (55.4%)	10:43	5.6 (44.8%)
206	WALKOWIAK Adam	940		M OPEN	170	RAMIRENT	00:53:40.00	00:53:40.00	+00:29:42 (55.4%)	10:44	5.6 (44.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
207	ZUBKOWSKI Marcin	837	TEAM SPIRIT NOWA SÓL	M OPEN	171	Team Spirit Nowa Sól	00:53:52.60	00:53:52.60	+00:29:55 (55.5%)	10:46	5.6 (44.8%)
208	JAKUBIAK Patrycja	727		K OPEN	37		00:54:03.40	00:54:03.40	+00:30:06 (55.7%)	10:48	5.6 (44.8%)
209	ŁUPICKI Andrzej Marek	584	OSIECZNA BIEGA	M OPEN	172		00:54:15.25	00:54:15.25	+00:30:18 (55.8%)	10:51	5.5 (44.0%)
209	TYCZYŃSKI Tristan	845		M OPEN	172		00:54:15.25	00:54:15.25	+00:30:18 (55.8%)	10:51	5.5 (44.0%)
211	GLEŃ Piotr	526	SOLLVER TEAM	M OPEN	174	SOLLVER Team	00:54:26.25	00:54:26.25	+00:30:29 (56.0%)	10:53	5.5 (44.0%)
212	PRZESZŁO Zdzisław	533	SOLLVER TEAM	M OPEN	175	SOLLVER Team	00:54:27.95	00:54:27.95	+00:30:30 (56.0%)	10:53	5.5 (44.0%)
213	WAWRZYNIAK Iga	702	LEGNICA POKONUJE PRZESZKODY	K OPEN	38	Legnica Pokonuje Przeszkody	00:54:30.00	00:54:30.00	+00:30:32 (56.0%)	10:54	5.5 (44.0%)
214	KRASOWSKI Przemysław	544	SOLLVER TEAM	M OPEN	176	SOLLVER Team	00:54:37.90	00:54:37.90	+00:30:40 (56.2%)	10:55	5.5 (44.0%)
215	ROSIŃSKA Natalia	773		K OPEN	39		00:54:57.20	00:54:57.20	+00:30:59 (56.4%)	10:59	5.5 (44.0%)
216	ŚWIĄTEK Bronisław	510		M OPEN	177		00:55:01.80	00:55:01.80	+00:31:04 (56.5%)	11:00	5.5 (44.0%)
217	ZWIERZCHOWSKA Joanna	844	ZWIERZAK TEAM	K OPEN	40		00:55:02.40	00:55:02.40	+00:31:05 (56.5%)	11:00	5.5 (44.0%)
218	BORÓWKA Robert	730		M OPEN	178		00:55:06.70	00:55:06.70	+00:31:09 (56.5%)	11:01	5.4 (43.2%)
219	KAŹMIERSKI Piotr	653	TRANSFORMERS	M OPEN	179		00:55:13.70	00:55:13.70	+00:31:16 (56.6%)	11:02	5.4 (43.2%)
220	RATAJCZAK Aleksandra	801	DRAGON GYM	K OPEN	41		00:55:16.95	00:55:16.95	+00:31:19 (56.7%)	11:03	5.4 (43.2%)
221	WIŚNIEWSKI Jakub	774		M OPEN	180		00:55:28.65	00:55:28.65	+00:31:31 (56.8%)	11:05	5.4 (43.2%)
222	SZYMANOWSKI Igor	672	GOOD FOOD SP. Z O.O.	M OPEN	181		00:55:31.50	00:55:31.50	+00:31:34 (56.9%)	11:06	5.4 (43.2%)
223	PRZYBYLSKA Paulina	698		K OPEN	42		00:55:32.05	00:55:32.05	+00:31:34 (56.9%)	11:06	5.4 (43.2%)
224	BĄCZYK Janusz	728	PRZYJACIELE TEAM	M OPEN	182		00:55:40.25	00:55:40.25	+00:31:43 (57.0%)	11:08	5.4 (43.2%)
225	WRÓBLEWSKA Katarzyna	536	SOLLVER TEAM	K OPEN	43	SOLLVER Team	00:55:42.05	00:55:42.05	+00:31:44 (57.0%)	11:08	5.4 (43.2%)
226	SAWICKI Zbigniew	839	TEAM SPIRIT NOWA SÓL	M OPEN	183	Team Spirit Nowa Sól	00:55:48.40	00:55:48.40	+00:31:51 (57.1%)	11:09	5.4 (43.2%)
227	ZAJDENC Aleksandra	668		K OPEN	44	Dragons	00:55:52.10	00:55:52.10	+00:31:54 (57.1%)	11:10	5.4 (43.2%)
228	GADZIŃSKI Robert	663		M OPEN	184		00:55:55.55	00:55:55.55	+00:31:58 (57.2%)	11:11	5.4 (43.2%)
229	DZIENKOWSKA Joanna	520	LOCO SPORT	K OPEN	45		00:56:54.60	00:56:54.60	+00:32:57 (57.9%)	11:22	5.3 (42.4%)
230	MACIEJEWSKA Olga	685	FC BRODZIAKI	K OPEN	46	FC Brodziaki	00:57:19.05	00:57:19.05	+00:33:21 (58.2%)	11:27	5.2 (41.6%)
231	MATUSZEWSKI Jakub	689	FC BRODZIAKI	M OPEN	185	FC Brodziaki	00:57:21.85	00:57:21.85	+00:33:24 (58.2%)	11:28	5.2 (41.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
232	BRODZIAK Kacper	686	FC BRODZIAKI	M OPEN	186	FC Brodziaki	00:57:21.90	00:57:21.90	+00:33:24 (58.2%)	11:28	5.2 (41.6%)
233	BUKSIŃSKA Martyna	684	FC BRODZIAKI	K OPEN	47	FC Brodziaki	00:57:22.05	00:57:22.05	+00:33:24 (58.2%)	11:28	5.2 (41.6%)
234	ŁYŻWA Stanisław	590		M OPEN	187		00:57:24.10	00:57:24.10	+00:33:26 (58.3%)	11:28	5.2 (41.6%)
235	CEPENDA Marta	717	LEGNICA POKONUJE PRZESZKODY	K OPEN	48	Legnica Pokonuje Przeszkody	00:57:50.45	00:57:50.45	+00:33:53 (58.6%)	11:34	5.2 (41.6%)
236	PODGÓRSKA Sylwia	833		K OPEN	49		00:58:27.35	00:58:27.35	+00:34:30 (59.0%)	11:41	5.1 (40.8%)
237	DZIEŃKOWSKI Przemysław	521		M OPEN	188		00:58:31.00	00:58:31.00	+00:34:33 (59.1%)	11:42	5.1 (40.8%)
238	BUDZYŃSKI Łukasz	519		M OPEN	189		00:58:31.10	00:58:31.10	+00:34:33 (59.1%)	11:42	5.1 (40.8%)
239	TADYSZAK Piotr	508		M OPEN	190		00:58:31.35	00:58:31.35	+00:34:34 (59.1%)	11:42	5.1 (40.8%)
240	TADYSZAK Barbara	509		K OPEN	50		00:58:31.40	00:58:31.40	+00:34:34 (59.1%)	11:42	5.1 (40.8%)
241	MACIEJEWSKA Żaneta	851		K OPEN	51		00:58:31.55	00:58:31.55	+00:34:34 (59.1%)	11:42	5.1 (40.8%)
242	NOWICKI Mikołaj	748	SPPOPRAWA	M OPEN	191	SPPoprawa	00:58:49.85	00:58:49.85	+00:34:52 (59.3%)	11:45	5.1 (40.8%)
243	PIECHOTA Adam	716	INSTAL SERWIS	M OPEN	192		00:58:54.20	00:58:54.20	+00:34:57 (59.3%)	11:46	5.1 (40.8%)
244	SEWERYN Grzegorz	643	AKTYWNA TRZYNASTKA	M OPEN	193	FDW Pasze	00:58:54.85	00:58:54.85	+00:34:57 (59.3%)	11:46	5.1 (40.8%)
245	MAKOWSKI Mariusz	896		M OPEN	194		00:58:57.80	00:58:57.80	+00:35:00 (59.4%)	11:47	5.1 (40.8%)
246	KARPIŃSKI Paweł	645	FDW PASZE	M OPEN	195		00:59:05.35	00:59:05.35	+00:35:08 (59.5%)	11:49	5.1 (40.8%)
247	KARPIŃSKA Emilia	644	FDW PASZE	K OPEN	52		00:59:06.50	00:59:06.50	+00:35:09 (59.5%)	11:49	5.1 (40.8%)
248	KONARKOWSKA Tetyana	885		K OPEN	53		00:59:16.10	00:59:16.10	+00:35:18 (59.6%)	11:51	5.1 (40.8%)
249	NYNYK Andrii	725		M OPEN	196		00:59:16.75	00:59:16.75	+00:35:19 (59.6%)	11:51	5.1 (40.8%)
249	KASPRZAK Kacper	790	SPPOPRAWA	M OPEN	196	SPPoprawa	00:59:16.75	00:59:16.75	+00:35:19 (59.6%)	11:51	5.1 (40.8%)
251	MORAŚ Kasia	582	CNS NOWA SÓL	K OPEN	54		00:59:20.15	00:59:20.15	+00:35:22 (59.6%)	11:52	5.1 (40.8%)
252	PŁUCIENNIK Juliusz	831	KOOPERACJA MIĘDZY ZIELONOGÓRSKIM ELEMENTEM A WROCŁAWSKIM MARGINESEM	M OPEN	198	KOOPERACJA MIĘDZY ZIELONOGÓRSKIM ELEMENTEM A WROCŁAWSKIM MARGINESEM	00:59:41.95	00:59:41.95	+00:35:44 (59.9%)	11:56	5 (40.0%)
253	KRAWCZYK Damian	810		M OPEN	199		01:00:19.30	01:00:19.30	+00:36:22 (60.3%)	12:03	5 (40.0%)
254	WAWRZUSISZYN Rafał	665		M OPEN	200		01:00:19.35	01:00:19.35	+00:36:22 (60.3%)	12:03	5 (40.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
255	NÓŻKA Damian	811		M OPEN	201		01:00:20.40	01:00:20.40	+00:36:23 (60.3%)	12:04	5 (40.0%)
256	BRILL Tobiasz	897	PEKHO	M OPEN	202		01:00:25.10	01:00:25.10	+00:36:27 (60.4%)	12:05	5 (40.0%)
257	ANDRYNOWSKI Piotr	909		M OPEN	203		01:00:38.60	01:00:38.60	+00:36:41 (60.5%)	12:07	4.9 (39.2%)
258	ANDRYNOWSKI Adam	843		M OPEN	204		01:00:44.00	01:00:44.00	+00:36:46 (60.6%)	12:08	4.9 (39.2%)
259	ZAJDEL Dominik	530	SOLLVER TEAM	M OPEN	205	SOLLVER Team	01:01:26.35	01:01:26.35	+00:37:29 (61.0%)	12:17	4.9 (39.2%)
260	MUSZYŃSKA NOWAK Anna	637	DIRTY SPARROWS	K OPEN	55	Dirty Sparrows	01:01:44.10	01:01:44.10	+00:37:46 (61.2%)	12:20	4.9 (39.2%)
261	MICHALAK Krzysztof	713		M OPEN	206		01:01:44.75	01:01:44.75	+00:37:47 (61.2%)	12:20	4.9 (39.2%)
262	STELMACH Radosław	769	SPPOPRAWA	M OPEN	207	SPPoprawa	01:01:45.35	01:01:45.35	+00:37:48 (61.2%)	12:21	4.9 (39.2%)
263	WACHOWIAK Daniel	710		M OPEN	208		01:01:45.55	01:01:45.55	+00:37:48 (61.2%)	12:21	4.9 (39.2%)
264	BARWICKI Tomasz	718	LEGNICA POKONUJE PRZESZKODY	M OPEN	209	Legnica Pokonuje Przeszkody	01:01:49.25	01:01:49.25	+00:37:52 (61.3%)	12:21	4.9 (39.2%)
265	MARCINKOWSKI Sergiusz	785	WERNER KENKEL SPORT TEAM	M OPEN	210	WERNER KENKEL SPORT TEAM	01:01:49.30	01:01:49.30	+00:37:52 (61.3%)	12:21	4.9 (39.2%)
266	HYBSZ Julia	807		K OPEN	56		01:01:50.30	01:01:50.30	+00:37:53 (61.3%)	12:22	4.9 (39.2%)
267	KOZANECKA Magdalena	709		K OPEN	57		01:02:14.10	01:02:14.10	+00:38:16 (61.5%)	12:26	4.8 (38.4%)
268	BOLEWSKI Andrzej	712		M OPEN	211		01:02:15.15	01:02:15.15	+00:38:17 (61.5%)	12:27	4.8 (38.4%)
269	DROŻAK Jakub	711		M OPEN	212		01:02:21.90	01:02:21.90	+00:38:24 (61.6%)	12:28	4.8 (38.4%)
270	MILEWSKI Piotr	714		M OPEN	213		01:02:22.35	01:02:22.35	+00:38:25 (61.6%)	12:28	4.8 (38.4%)
271	ROKITA Radoslaw	902	LEGNICA POKONUJE PRZESZKODY	M OPEN	214	Legnica Pokonuje Przeszkody	01:02:26.05	01:02:26.05	+00:38:28 (61.6%)	12:29	4.8 (38.4%)
272	KASPROWIAK Oskar	861		M OPEN	215		01:03:13.45	01:03:13.45	+00:39:16 (62.1%)	12:38	4.7 (37.6%)
273	KASPROWIAK Jakub	862		M OPEN	216		01:03:15.45	01:03:15.45	+00:39:18 (62.1%)	12:39	4.7 (37.6%)
274	TOMKOWIAK Ola	864		K OPEN	58		01:03:15.75	01:03:15.75	+00:39:18 (62.1%)	12:39	4.7 (37.6%)
275	KONOPKA Wiktoria	863		K OPEN	59		01:03:26.65	01:03:26.65	+00:39:29 (62.2%)	12:41	4.7 (37.6%)
276	KASPROWIAK Paweł	858		M OPEN	217		01:03:26.95	01:03:26.95	+00:39:29 (62.2%)	12:41	4.7 (37.6%)
277	BIEDALAK Krzysztof	700		M OPEN	218		01:03:34.15	01:03:34.15	+00:39:36 (62.3%)	12:42	4.7 (37.6%)
278	BUKOWSKI Tobiasz	694	GOOD FOOD PRODUCTS	M OPEN	219	Waflarze	01:03:36.65	01:03:36.65	+00:39:39 (62.3%)	12:43	4.7 (37.6%)
279	WUJEK Tobiasz	687		M OPEN	220		01:03:38.15	01:03:38.15	+00:39:40 (62.4%)	12:43	4.7 (37.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
280	FOLTYNIEWICZ Alina	646		K OPEN	60		01:03:46.20	01:03:46.20	+00:39:49 (62.4%)	12:45	4.7 (37.6%)
281	DOPIERSKI Dariusz	642		M OPEN	221		01:03:46.75	01:03:46.75	+00:39:49 (62.4%)	12:45	4.7 (37.6%)
282	DZIEŻYC Tomasz	648	CNS NOWA SÓL	M OPEN	222	CNS Nowa Sól	01:03:57.75	01:03:57.75	+00:40:00 (62.6%)	12:47	4.7 (37.6%)
283	KLUPŚ Jakub	802	KK SERVICE	M OPEN	223		01:04:02.50	01:04:02.50	+00:40:05 (62.6%)	12:48	4.7 (37.6%)
284	STAWICKI Bartosz	623	RAMIRENT	M OPEN	224	RAMIRENT	01:04:39.15	01:04:39.15	+00:40:41 (63.0%)	12:55	4.6 (36.8%)
285	WOJTKOWIAK Zofia	800		K OPEN	61		01:05:53.35	01:05:53.35	+00:41:56 (63.6%)	13:10	4.6 (36.8%)
286	PACZEŚNA Paula	799		K OPEN	62		01:05:55.50	01:05:55.50	+00:41:58 (63.7%)	13:11	4.6 (36.8%)
287	WOJTKOWIAK Aleksandra	798		K OPEN	63		01:06:03.20	01:06:03.20	+00:42:06 (63.7%)	13:12	4.5 (36.0%)
288	PŁÓCINICZAK Filip	883		M OPEN	225		01:06:40.95	01:06:40.95	+00:42:43 (64.1%)	13:20	4.5 (36.0%)
289	KAŁUCKI Maciej	868		M OPEN	226		01:06:57.05	01:06:57.05	+00:42:59 (64.2%)	13:23	4.5 (36.0%)
290	PUDLISZEWSKI Hubert	650		M OPEN	227		01:06:57.60	01:06:57.60	+00:43:00 (64.2%)	13:23	4.5 (36.0%)
291	LEKOWSKI Mateusz	679		M OPEN	228		01:07:03.45	01:07:03.45	+00:43:06 (64.3%)	13:24	4.5 (36.0%)
292	KAROLAK Marcin	719		M OPEN	229		01:07:07.50	01:07:07.50	+00:43:10 (64.3%)	13:25	4.5 (36.0%)
293	TRUDZIŃSKI Maciej	671	GOOD FOOD SP. Z O.O.	M OPEN	230		01:07:19.10	01:07:19.10	+00:43:21 (64.4%)	13:27	4.5 (36.0%)
294	RASZYK Mateusz	722		M OPEN	231		01:07:19.30	01:07:19.30	+00:43:22 (64.4%)	13:27	4.5 (36.0%)
295	KAPUŚCIŃSKI Adrian	673	GOOD FOOD SP. Z O.O.	M OPEN	232		01:07:38.00	01:07:38.00	+00:43:40 (64.6%)	13:31	4.4 (35.2%)
296	DOLCZEWSKI Rafał	789	WERNER KENKEL SPORT TEAM	M OPEN	233	WERNER KENKEL SPORT TEAM	01:08:08.50	01:08:08.50	+00:44:11 (64.8%)	13:37	4.4 (35.2%)
297	KAROLAK Paweł	721		M OPEN	234		01:08:35.60	01:08:35.60	+00:44:38 (65.1%)	13:43	4.4 (35.2%)
298	WALCZAK Jakub	720		M OPEN	235		01:08:38.20	01:08:38.20	+00:44:41 (65.1%)	13:43	4.4 (35.2%)
299	GARDYŃSKA Kamila	592	CNS NOWA SÓL	K OPEN	64	CNS Nowa Sól	01:09:29.70	01:09:29.70	+00:45:32 (65.5%)	13:53	4.3 (34.4%)
300	OBODZIŃSKA Agnieszka	568	CNS	K OPEN	65		01:09:35.20	01:09:35.20	+00:45:38 (65.6%)	13:55	4.3 (34.4%)
301	OSUCH Grażyna	573	CNS	K OPEN	66	CNS Nowa Sól	01:09:35.85	01:09:35.85	+00:45:38 (65.6%)	13:55	4.3 (34.4%)
302	OCHOCKI Bartosz	670	GOOD FOOD SP. Z O.O.	M OPEN	236		01:09:37.50	01:09:37.50	+00:45:40 (65.6%)	13:55	4.3 (34.4%)
303	ŚLIPEK Teresa	579	CNS NOWA SÓL	K OPEN	67	CNS Nowa Sól	01:09:38.45	01:09:38.45	+00:45:41 (65.6%)	13:55	4.3 (34.4%)
304	OZGOWICZ Sylwia	577	CNS	K OPEN	68	CNS Nowa Sól	01:09:39.05	01:09:39.05	+00:45:41 (65.6%)	13:55	4.3 (34.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5km	brutto 5km			
305	OZGOWICZ Kamil	578	CNS	M OPEN	237	CNS Nowa Sól	01:09:40.45	01:09:40.45	+00:45:43 (65.6%)	13:56	4.3 (34.4%)
306	BOBER Marta	571	CNS NOWA SÓL	K OPEN	69	CNS Nowa Sól	01:09:51.25	01:09:51.25	+00:45:54 (65.7%)	13:58	4.3 (34.4%)
307	MUSZYŃSKI Bartosz	583	NOWOSOLSKA GRUPA BIEGOWA	M OPEN	238		01:09:53.50	01:09:53.50	+00:45:56 (65.7%)	13:58	4.3 (34.4%)
308	BINEK Szymon	723		M OPEN	239		01:09:58.45	01:09:58.45	+00:46:01 (65.8%)	13:59	4.3 (34.4%)
309	DĘBSKI Adrian	758	SPPOPRAWA	M OPEN	240	SPPoprawa	01:10:35.35	01:10:35.35	+00:46:38 (66.1%)	14:07	4.3 (34.4%)
310	GRUSZCZYK Elwira	575	CNS NOWA SÓL	K OPEN	70	CNS Nowa Sól	01:11:01.30	01:11:01.30	+00:47:04 (66.3%)	14:12	4.2 (33.6%)
311	PONDEL Barbara	628	CNS	K OPEN	71	CNS Nowa Sól	01:11:02.20	01:11:02.20	+00:47:05 (66.3%)	14:12	4.2 (33.6%)
312	HOFA Kamila	692	GOOD FOOD PRODUCTS	K OPEN	72	Waflarze	01:11:59.20	01:11:59.20	+00:48:02 (66.7%)	14:23	4.2 (33.6%)
313	ZANDECKA Patrycja	693	GOOD FOOD PRODUCTS	K OPEN	73	Waflarze	01:11:59.30	01:11:59.30	+00:48:02 (66.7%)	14:23	4.2 (33.6%)
313	KLIMASZYK Marta	691	GOOD FOOD PRODUCTS	K OPEN	73	Waflarze	01:11:59.30	01:11:59.30	+00:48:02 (66.7%)	14:23	4.2 (33.6%)
315	OWCZAREK Błażej	558		M OPEN	241	SOLLVER Team	01:14:25.90	01:14:25.90	+00:50:28 (67.8%)	14:53	4 (32.0%)
316	WACHOWIAK Patrycja	559		K OPEN	75	SOLLVER Team	01:14:25.95	01:14:25.95	+00:50:28 (67.8%)	14:53	4 (32.0%)
317	PAWLICKA Anna	542	SOLLVER TEAM	K OPEN	76	SOLLVER Team	01:14:26.05	01:14:26.05	+00:50:28 (67.8%)	14:53	4 (32.0%)
318	PAZOŁA Martyna	529	SOLLVER TEAM	K OPEN	77	SOLLVER Team	01:14:32.05	01:14:32.05	+00:50:34 (67.9%)	14:54	4 (32.0%)
319	SOWA Marta	543	SOLLVER TEAM	K OPEN	78	SOLLVER Team	01:14:32.90	01:14:32.90	+00:50:35 (67.9%)	14:54	4 (32.0%)
320	BŁĄŻEJEWSKA Weronika	640		K OPEN	79		01:14:53.30	01:14:53.30	+00:50:56 (68.0%)	14:58	4 (32.0%)
321	SADOWSKI Wiktor	638		M OPEN	242		01:14:54.20	01:14:54.20	+00:50:57 (68.0%)	14:58	4 (32.0%)
322	DZIEDZIC Kamila	541	SOLLVER TEAM	K OPEN	80	SOLLVER Team	01:15:02.00	01:15:02.00	+00:51:04 (68.1%)	15:00	4 (32.0%)
323	SZŁAPKA Anna	757	DRAGON GYM	K OPEN	81		01:15:30.35	01:15:30.35	+00:51:33 (68.3%)	15:06	4 (32.0%)
324	CIEŚLA Wiktoria	765	DRAGON GYM	K OPEN	82		01:15:36.00	01:15:36.00	+00:51:38 (68.3%)	15:07	4 (32.0%)
325	MAZUR Dawid	762		M OPEN	243		01:16:03.50	01:16:03.50	+00:52:06 (68.5%)	15:12	3.9 (31.2%)
326	RATAJCZAK Aleksander	755	DRAGON GYM	M OPEN	244		01:16:05.05	01:16:05.05	+00:52:07 (68.5%)	15:13	3.9 (31.2%)
327	DOBROŚ Justyna	532	SOLLVER TEAM	K OPEN	83	SOLLVER Team	01:16:14.35	01:16:14.35	+00:52:17 (68.6%)	15:14	3.9 (31.2%)
328	SKOPIŃSKI Marian	531	SOLLVER TEAM	M OPEN	245	SOLLVER Team	01:16:21.70	01:16:21.70	+00:52:24 (68.6%)	15:16	3.9 (31.2%)
329	SINIECKI Marcin	766	DRAGON GYM	M OPEN	246		01:16:54.90	01:16:54.90	+00:52:57 (68.9%)	15:22	3.9 (31.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
330	TARNAWSKI Maciej	503		M OPEN	247		01:17:59.25	01:17:59.25	+00:54:02 (69.3%)	15:35	3.8 (30.4%)
331	TARNAWSKI Bartosz	502		M OPEN	248		01:18:00.90	01:18:00.90	+00:54:03 (69.3%)	15:36	3.8 (30.4%)
332	DYBA Wojciech	690	BELONA	M OPEN	249	Belona	01:22:05.30	01:22:05.30	+00:58:08 (70.8%)	16:25	3.7 (29.6%)
333	ZAKRZEWSKA Anna	514	BELONA	K OPEN	84	Belona	01:22:48.55	01:22:48.55	+00:58:51 (71.1%)	16:33	3.6 (28.8%)
334	MACIEJEWSKI Rafał	513	BELONA	M OPEN	250		01:22:48.60	01:22:48.60	+00:58:51 (71.1%)	16:33	3.6 (28.8%)
335	MACIEJEWSKA Grażyna	512	BELONA	K OPEN	85		01:22:49.10	01:22:49.10	+00:58:51 (71.1%)	16:33	3.6 (28.8%)
336	BOCHARNIKOWA Nadiia	818		K OPEN	86	Lespın	01:26:53.70	01:26:53.70	+01:02:56 (72.4%)	17:22	3.5 (28.0%)
337	ŻABICKA Estera	822		K OPEN	87	Lespın	01:27:15.00	01:27:15.00	+01:03:17 (72.5%)	17:27	3.4 (27.2%)
338	STRAUCHMAN Małgorzata	820	LESPIN	K OPEN	88	Lespın	01:27:20.10	01:27:20.10	+01:03:22 (72.6%)	17:28	3.4 (27.2%)
339	GRSZENDORF Iza	814		K OPEN	89		01:27:22.50	01:27:22.50	+01:03:25 (72.6%)	17:28	3.4 (27.2%)
340	OSOWSKA Honorata	816	LESPIN	K OPEN	90	Lespın	01:27:22.60	01:27:22.60	+01:03:25 (72.6%)	17:28	3.4 (27.2%)
341	MROZKOWIAK Jolanta	819	LESPIN	K OPEN	91	Lespın	01:27:23.05	01:27:23.05	+01:03:25 (72.6%)	17:28	3.4 (27.2%)
342	BIERNAT Beata	823	LESPIN	K OPEN	92	Lespın	01:27:29.85	01:27:29.85	+01:03:32 (72.6%)	17:29	3.4 (27.2%)
343	PŁÓCIENICZAK Sylwia	813	LESPIN	K OPEN	93	Lespın	01:27:39.45	01:27:39.45	+01:03:42 (72.7%)	17:31	3.4 (27.2%)
344	NOWAK Barbara	821	LESPIN	K OPEN	94	Lespın	01:27:45.75	01:27:45.75	+01:03:48 (72.7%)	17:33	3.4 (27.2%)
345	KRAUZE Sandra	815		K OPEN	95	Lespın	01:27:55.80	01:27:55.80	+01:03:58 (72.8%)	17:35	3.4 (27.2%)
346	SZKUDLARCZYK Szymon	841	FC STRZYŻEWICE	M OPEN	251						(0.0%)

Znaleziono 346 wynik(ów)