



Organizator: Transformers Trening & Dieta
Data: 2022-09-11
Miejsce: Leszno
Dystans: 5 km

TORTURA LESZNO

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	TABAKA Natalia	386		K-Open	1		00:32:05.50	00:32:05.50		6:25	9.4 (100%)
2	GREUTZINEHER Katarzyna	506	CROSS TRAINING PĘPOWO	K-Open	2	Cross Taining Pępowo	00:32:34.85	00:32:34.85	+00:00:29 (1.5%)	6:30	9.2 (97.9%)
3	JUSZKIEWICZ Oliwia	493	RAJSPOORT ACTIVE	K-Open	3		00:33:47.65	00:33:47.65	+00:01:42 (5.0%)	6:45	8.9 (94.7%)
4	OWSIANY Anna	268	AVENGERS	K-Open	4	Avengers	00:34:38.00	00:34:38.00	+00:02:32 (7.3%)	6:55	8.7 (92.6%)
5	MAŃCZAK Joanna	213	DRUŻYNA WU.	K-Open	5	Drużyna Wu.	00:36:18.55	00:36:18.55	+00:04:13 (11.6%)	7:15	8.3 (88.3%)
6	KOSOWSKA Aleksandra	491	TRANSFORMERS	K-Open	6	Transformers Kościan	00:38:02.60	00:38:02.60	+00:05:57 (15.6%)	7:36	7.9 (84.0%)
7	PRUSKO Paulina	303	OCR GYM WROCŁAW	K-Open	7		00:38:27.70	00:38:27.70	+00:06:22 (16.6%)	7:41	7.8 (83.0%)
8	MAJCHRZAK Agnieszka	204	DRUŻYNA WU.	K-Open	8	Drużyna Wu.	00:38:42.30	00:38:42.30	+00:06:36 (17.1%)	7:44	7.8 (83.0%)
9	MIGDALCZYK Natalia	520		K-Open	9		00:39:59.50	00:39:59.50	+00:07:54 (19.8%)	7:59	7.5 (79.8%)
10	BAJON Anna	7		K-Open	10		00:40:41.60	00:40:41.60	+00:08:36 (21.1%)	8:08	7.4 (78.7%)
11	ŚMIGŁAK Kasia	381	DIRTY SPARROWS	K-Open	11	Dirty Sparrows	00:41:02.30	00:41:02.30	+00:08:56 (21.8%)	8:12	7.3 (77.7%)
12	POWAŻNA Barbara	300	OCR GYM WROCŁAW	K-Open	12	OCR GYM WROCŁAW	00:41:43.00	00:41:43.00	+00:09:37 (23.1%)	8:20	7.2 (76.6%)
13	RATAJCZAK Honorata	312		K-Open	13	Drużyna Wu.	00:42:05.35	00:42:05.35	+00:09:59 (23.8%)	8:25	7.1 (75.5%)
14	MATECKA Natalia	219		K-Open	14		00:42:39.20	00:42:39.20	+00:10:33 (24.8%)	8:31	7 (74.5%)

							Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1					
15	ZIOŁO Ewa	456	DIRTY SPARROWS	K-Open	15	Dirty Sparrows	00:42:51.00	00:42:51.00	+00:10:45 (25.1%)	8:34	7 (74.5%)
16	SOFINSKA Iwona	356		K-Open	16		00:43:16.60	00:43:16.60	+00:11:11 (25.8%)	8:39	6.9 (73.4%)
17	KNOZOWSKA Bożena	156	ŚWIRY	K-Open	17		00:43:59.30	00:43:59.30	+00:11:53 (27.0%)	8:47	6.8 (72.3%)
18	MATUSZAK Agnieszka	221		K-Open	18		00:44:01.40	00:44:01.40	+00:11:55 (27.1%)	8:48	6.8 (72.3%)
19	STACHYRA Joanna	360	ŚWIRY	K-Open	19		00:44:09.10	00:44:09.10	+00:12:03 (27.3%)	8:49	6.8 (72.3%)
20	SKOMSKA Lena	343		K-Open	20		00:44:35.80	00:44:35.80	+00:12:30 (28.0%)	8:55	6.7 (71.3%)
21	SOBOLEWSKA Katarzyna	354		K-Open	21		00:44:42.50	00:44:42.50	+00:12:37 (28.2%)	8:56	6.7 (71.3%)
22	GÓRECKA Sylwia	87	ŚWIRY	K-Open	22	ŚWIRY	00:44:46.10	00:44:46.10	+00:12:40 (28.3%)	8:57	6.7 (71.3%)
23	KIJAS Magdalena	149		K-Open	23		00:44:47.70	00:44:47.70	+00:12:42 (28.4%)	8:57	6.7 (71.3%)
24	ZIMNA Katarzyna	515	CROSS TRAINING PĘPOWO	K-Open	24	Cross Taining Pępowo	00:44:50.35	00:44:50.35	+00:12:44 (28.4%)	8:58	6.7 (71.3%)
25	DŁUGOSZ Marlena	507		K-Open	25		00:45:08.40	00:45:08.40	+00:13:02 (28.9%)	9:01	6.6 (70.2%)
26	PERZ Iwona	284	WOŹNIAK TEAM	K-Open	26		00:45:15.75	00:45:15.75	+00:13:10 (29.1%)	9:03	6.6 (70.2%)
27	WOLNA Kamila	432	WOŹNIAK TEAM	K-Open	27	Wozniak Team	00:45:16.05	00:45:16.05	+00:13:10 (29.1%)	9:03	6.6 (70.2%)
28	ROZWALKA Kasia	317	DRAGON GYM&SQUASH	K-Open	28		00:45:35.15	00:45:35.15	+00:13:29 (29.6%)	9:07	6.6 (70.2%)
29	WILCZKOWIAK Karolina	418		K-Open	29		00:45:44.55	00:45:44.55	+00:13:39 (29.8%)	9:08	6.6 (70.2%)
30	SZAJDA Adrianna	509	CROSS TRAINING PĘPOWO	K-Open	30		00:45:48.45	00:45:48.45	+00:13:42 (29.9%)	9:09	6.6 (70.2%)
31	GLEŃ Agnieszka	81	SOLLVER TEAM	K-Open	31	Sollver Team	00:45:54.40	00:45:54.40	+00:13:48 (30.1%)	9:10	6.5 (69.1%)
32	MAJOREK Kasia	210		K-Open	32		00:46:00.45	00:46:00.45	+00:13:54 (30.2%)	9:12	6.5 (69.1%)
33	WITKIEWICZ Katarzyna	419		K-Open	33		00:46:00.50	00:46:00.50	+00:13:55 (30.2%)	9:12	6.5 (69.1%)
34	WOZNIAK Oliwia	435	FLYING FLOWER BY MARINA LAIKINA	K-Open	34		00:46:31.60	00:46:31.60	+00:14:26 (31.0%)	9:18	6.4 (68.1%)
35	KARAKOLIS Anna	136	CNS NOWA SÓL	K-Open	35	CNS Nowa Sól	00:46:36.30	00:46:36.30	+00:14:30 (31.1%)	9:19	6.4 (68.1%)
36	POKLEPA Karolina	294	CNS	K-Open	36	CNS Nowa Sól	00:46:37.70	00:46:37.70	+00:14:32 (31.2%)	9:19	6.4 (68.1%)
37	WOŚ Kinga	434		K-Open	37		00:46:53.65	00:46:53.65	+00:14:48 (31.6%)	9:22	6.4 (68.1%)

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Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1					
38	SUSŁA Aneta	363		K-Open	38	Akademia Taekwon-do IN NAE	00:47:00.55	00:47:00.55	+00:14:55 (31.7%)	9:24	6.4 (68.1%)
39	JANOWICZ Paulina	472	BIEGAJ LESZNO	K-Open	39		00:47:26.45	00:47:26.45	+00:15:20 (32.4%)	9:29	6.3 (67.0%)
40	ŚLATAŁA Emilia	378		K-Open	40	PYRY I KARTOFLE	00:47:43.85	00:47:43.85	+00:15:38 (32.8%)	9:32	6.3 (67.0%)
41	NYCZKA Marta	260	TRANSFORMERS KOŚCIAN	K-Open	41		00:47:50.50	00:47:50.50	+00:15:45 (32.9%)	9:34	6.3 (67.0%)
42	KURASIAK Ewelina	178		K-Open	42		00:47:55.10	00:47:55.10	+00:15:49 (33.0%)	9:35	6.3 (67.0%)
43	NYCZKA Magdalena	496		K-Open	43	Transformers Kościan	00:48:15.20	00:48:15.20	+00:16:09 (33.5%)	9:39	6.2 (66.0%)
44	TERESINSKA Klaudia	392		K-Open	44		00:48:22.00	00:48:22.00	+00:16:16 (33.6%)	9:40	6.2 (66.0%)
45	PABISEK Izabela	271		K-Open	45		00:48:24.60	00:48:24.60	+00:16:19 (33.7%)	9:40	6.2 (66.0%)
46	KOWALCZYK Oliwia	164		K-Open	46	TOYOTA TEAM LESZNO	00:48:49.15	00:48:49.15	+00:16:43 (34.3%)	9:45	6.1 (64.9%)
47	LECIEJEWSKA Paulina	185		K-Open	47		00:48:59.40	00:48:59.40	+00:16:53 (34.5%)	9:47	6.1 (64.9%)
48	CELARY Kamila	34		K-Open	48	PYRY I KARTOFLE	00:49:00.70	00:49:00.70	+00:16:55 (34.5%)	9:48	6.1 (64.9%)
49	DUDZIAK Kinga	57	TRANSFORMERS KOŚCIAN	K-Open	49		00:49:49.70	00:49:49.70	+00:17:44 (35.6%)	9:57	6 (63.8%)
50	NOWAK Izabela	254	TRANSFORMERS KOŚCIAN	K-Open	50		00:49:50.05	00:49:50.05	+00:17:44 (35.6%)	9:58	6 (63.8%)
51	SZMYT Magdalena	369	EKIPA AMITY	K-Open	51	Ekipa Amity	00:49:53.00	00:49:53.00	+00:17:47 (35.7%)	9:58	6 (63.8%)
52	IRADZKA Jagoda	108		K-Open	52	TOYOTA TEAM LESZNO	00:49:58.30	00:49:58.30	+00:17:52 (35.8%)	9:59	6 (63.8%)
53	PERA Ewa	282		K-Open	53	Wymiatacze	00:50:55.70	00:50:55.70	+00:18:50 (37.0%)	10:11	5.9 (62.8%)
54	URBAŃSKA Sandra	410	TRANSFORMERS KOŚCIAN	K-Open	54		00:51:27.90	00:51:27.90	+00:19:22 (37.6%)	10:17	5.8 (61.7%)
55	MOSTOWSKA-NOWAK Elżbieta	239	BABCIE BIEGAJĄ	K-Open	55		00:51:29.05	00:51:29.05	+00:19:23 (37.7%)	10:17	5.8 (61.7%)
56	ADAMKIEWICZ Katarzyna	2		K-Open	56		00:51:37.55	00:51:37.55	+00:19:32 (37.8%)	10:19	5.8 (61.7%)
57	WAWRZYŃSKA Donata	415	TOYOTA TEAM LESZNO	K-Open	57	TOYOTA TEAM LESZNO	00:51:40.05	00:51:40.05	+00:19:34 (37.9%)	10:20	5.8 (61.7%)
58	BINIASZ Weronika	16		K-Open	58		00:51:43.85	00:51:43.85	+00:19:38 (38.0%)	10:20	5.8 (61.7%)
59	PALACZ Romualda	489	TRANSFORMERS KOŚCIAN	K-Open	59	Transformers Kościan	00:52:37.60	00:52:37.60	+00:20:32 (39.0%)	10:31	5.7 (60.6%)
60	SAKOWICZ Kinga	331	MISS FIT	K-Open	60	Miss Fit	00:52:57.80	00:52:57.80	+00:20:52 (39.4%)	10:35	5.7 (60.6%)

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61	PETLUSZEWSKA Karolina	285	MISS FIT	K-Open	61		00:52:57.95	00:52:57.95	+00:20:52 (39.4%)	10:35 5.7 (60.6%)
62	NOWAK Anna	252	DIRTY SPARROWS	K-Open	62		00:53:02.25	00:53:02.25	+00:20:56 (39.5%)	10:36 5.7 (60.6%)
63	SKROBAŁA Natalia	347		K-Open	63		00:53:07.40	00:53:07.40	+00:21:01 (39.6%)	10:37 5.6 (59.6%)
64	ZASADA Aleksandra	452	MORDOR TEAM	K-Open	64		00:53:15.90	00:53:15.90	+00:21:10 (39.8%)	10:39 5.6 (59.6%)
65	ŁAKOMSKA Paulina	190	C&C PARTNERS	K-Open	65	C&C Partners	00:53:16.90	00:53:16.90	+00:21:11 (39.8%)	10:39 5.6 (59.6%)
66	KRAWCZYK Agnieszka	169	MISS FIT	K-Open	66	Miss Fit	00:53:17.30	00:53:17.30	+00:21:11 (39.8%)	10:39 5.6 (59.6%)
67	KORZH Svitlana	160	DIRTY SPARROWS	K-Open	67	Dirty Sparrows	00:53:21.00	00:53:21.00	+00:21:15 (39.8%)	10:40 5.6 (59.6%)
68	DEMBIŃSKA Ewelina	51	C&C PARTNERS	K-Open	68	C&C Partners	00:53:22.25	00:53:22.25	+00:21:16 (39.9%)	10:40 5.6 (59.6%)
69	PALACZ Julia	482	TRANSFORMERS KOŚCIAN	K-Open	69	Transformers Kościan	00:53:24.70	00:53:24.70	+00:21:19 (39.9%)	10:40 5.6 (59.6%)
70	KUCHARSKA Ewa	177		K-Open	70		00:53:41.20	00:53:41.20	+00:21:35 (40.2%)	10:44 5.6 (59.6%)
71	SAJBURA Magdalena	329		K-Open	71		00:53:43.05	00:53:43.05	+00:21:37 (40.3%)	10:44 5.6 (59.6%)
72	CIEŚLIK Magdalena	43	MISSFIT	K-Open	72	Miss Fit	00:53:53.05	00:53:53.05	+00:21:47 (40.4%)	10:46 5.6 (59.6%)
73	DZIENKOWSKA Joanna	61		K-Open	73		00:54:01.40	00:54:01.40	+00:21:55 (40.6%)	10:48 5.6 (59.6%)
74	JUŚKOWIAK Natalia	123		K-Open	74		00:54:19.40	00:54:19.40	+00:22:13 (40.9%)	10:51 5.5 (58.5%)
75	GOLEBIEWSKA Małgorzata	85	RUN TEAM RYDZYNA	K-Open	75		00:54:38.30	00:54:38.30	+00:22:32 (41.3%)	10:55 5.5 (58.5%)
76	FURMAŃCZAK Danuta	72		K-Open	76	TOYOTA TEAM LESZNO	00:54:46.75	00:54:46.75	+00:22:41 (41.4%)	10:57 5.5 (58.5%)
77	KACZMAREK Magdalena	130		K-Open	77		00:54:58.40	00:54:58.40	+00:22:52 (41.6%)	10:59 5.5 (58.5%)
78	KACZMAREK Agata	131		K-Open	78		00:55:01.35	00:55:01.35	+00:22:55 (41.7%)	11:00 5.5 (58.5%)
79	TADYSZAK Barbara	387		K-Open	79		00:55:12.80	00:55:12.80	+00:23:07 (41.9%)	11:02 5.4 (57.4%)
80	MALEPSZA Monika	211	AVENGERS	K-Open	80	Avengers	00:55:20.95	00:55:20.95	+00:23:15 (42.0%)	11:04 5.4 (57.4%)
81	MIERZEJEWSKA Laura	233	TOYOTA LESZNO TEAM	K-Open	81	TOYOTA TEAM LESZNO	00:55:47.40	00:55:47.40	+00:23:41 (42.5%)	11:09 5.4 (57.4%)
82	RÓŻAŃSKA Anna	318		K-Open	82	TOYOTA TEAM LESZNO	00:56:08.65	00:56:08.65	+00:24:03 (42.8%)	11:13 5.3 (56.4%)
83	PACZEŚNA Paula	273	TEMPUS	K-Open	83		00:56:19.35	00:56:19.35	+00:24:13 (43.0%)	11:15 5.3 (56.4%)

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84	WOJTKOWIAK Zofia	427	TEMPUS	K-Open	84		00:56:19.85	00:56:19.85	+00:24:14 (43.0%)	11:15 5.3 (56.4%)
85	WOJTKOWIAK Aleksandra	426	TEMPUS	K-Open	85		00:56:21.50	00:56:21.50	+00:24:16 (43.1%)	11:16 5.3 (56.4%)
86	SADOWSKA Agnieszka	326	FITNESSTEAM	K-Open	86		00:56:21.70	00:56:21.70	+00:24:16 (43.1%)	11:16 5.3 (56.4%)
87	MRÓZ Joanna	240	FITNESTEAM	K-Open	87		00:56:22.55	00:56:22.55	+00:24:17 (43.1%)	11:16 5.3 (56.4%)
88	CUDAJEWICZ Anna	45	FITNESSTEAM	K-Open	88		00:56:24.10	00:56:24.10	+00:24:18 (43.1%)	11:16 5.3 (56.4%)
89	CHROSTOWSKA Monika	36	MISS FIT	K-Open	89		00:56:29.45	00:56:29.45	+00:24:23 (43.2%)	11:17 5.3 (56.4%)
90	SAMCZUK Iwona	468		K-Open	90		00:56:36.25	00:56:36.25	+00:24:30 (43.3%)	11:19 5.3 (56.4%)
91	SAMARZEWSKA Monika	333	TRANSFORMERS	K-Open	91		00:56:38.75	00:56:38.75	+00:24:33 (43.3%)	11:19 5.3 (56.4%)
92	ŁOŚ-KRAWCZYK Magdalena	191	FITNESSTEAM	K-Open	92		00:56:39.65	00:56:39.65	+00:24:34 (43.4%)	11:19 5.3 (56.4%)
93	SMEKTAŁA Małgorzata	350	TOYOTA TEAM LESZNO	K-Open	93	TOYOTA TEAM LESZNO	00:56:58.35	00:56:58.35	+00:24:52 (43.7%)	11:23 5.3 (56.4%)
94	CELARY Dominika	31	PROINVEST	K-Open	94	PROINVEST	00:56:59.05	00:56:59.05	+00:24:53 (43.7%)	11:23 5.3 (56.4%)
95	BODAK Agnieszka	19	FITNESSTEAM	K-Open	95		00:57:10.10	00:57:10.10	+00:25:04 (43.9%)	11:26 5.2 (55.3%)
96	CELARY Ewelina	33		K-Open	96	PYRY I KARTOFLE	00:57:16.10	00:57:16.10	+00:25:10 (44.0%)	11:27 5.2 (55.3%)
97	HOLLSTEIN Katarzyna	102	MISS FIT	K-Open	97	Miss Fit	00:57:24.80	00:57:24.80	+00:25:19 (44.1%)	11:28 5.2 (55.3%)
98	STACHOWIAK Małgorzata	359	FITTNESSTEAM	K-Open	98		00:57:47.85	00:57:47.85	+00:25:42 (44.5%)	11:33 5.2 (55.3%)
99	GARDYNSKA Kamila	78	CNS NOWA SÓL	K-Open	99		00:58:38.35	00:58:38.35	+00:26:32 (45.3%)	11:43 5.1 (54.3%)
100	STASZAK Małgorzata	361	CNS NOWA SÓL	K-Open	100	CNS Nowa Sól	00:58:38.95	00:58:38.95	+00:26:33 (45.3%)	11:43 5.1 (54.3%)
101	MIECZNIK Tatiana	229		K-Open	101	TOYOTA TEAM LESZNO	00:59:18.30	00:59:18.30	+00:27:12 (45.9%)	11:51 5.1 (54.3%)
102	PEREŁKOWICZ Marta	283		K-Open	102		00:59:24.10	00:59:24.10	+00:27:18 (46.0%)	11:52 5.1 (54.3%)
103	SZTUROMSKA Aldona	372		K-Open	103		00:59:24.25	00:59:24.25	+00:27:18 (46.0%)	11:52 5.1 (54.3%)
104	KWAŚNIEWSKA Barbara	182	SOLLVER TEAM	K-Open	104	Sollver Team	00:59:27.00	00:59:27.00	+00:27:21 (46.0%)	11:53 5 (53.2%)
105	GRAJNERT Paulina	90	TOYOTA TEAM LESZNO	K-Open	105	TOYOTA TEAM LESZNO	00:59:54.30	00:59:54.30	+00:27:48 (46.4%)	11:58 5 (53.2%)
106	TISHYK Yuliia	394		K-Open	106	TOYOTA TEAM LESZNO	00:59:57.25	00:59:57.25	+00:27:51 (46.5%)	11:59 5 (53.2%)

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107	FRANKA Magdalena	69	TOYOTA LESZNO TEAM	K-Open	107	TOYOTA TEAM LESZNO	01:00:00.30	01:00:00.30	+00:27:54 (46.5%)	12:00	5 (53.2%)
108	MISIAK Aleksandra	237		K-Open	108	TOYOTA TEAM LESZNO	01:00:01.90	01:00:01.90	+00:27:56 (46.5%)	12:00	5 (53.2%)
109	WALENCIAK Marta	100		K-Open	109	TOYOTA TEAM LESZNO	01:00:03.25	01:00:03.25	+00:27:57 (46.6%)	12:00	5 (53.2%)
110	BRDYS Agata	27		K-Open	110	Glizdeczki	01:00:59.90	01:00:59.90	+00:28:54 (47.4%)	12:11	4.9 (52.1%)
111	GRUSZKA Agata	92		K-Open	111	Glizdeczki	01:01:24.50	01:01:24.50	+00:29:19 (47.7%)	12:16	4.9 (52.1%)
112	CZUBAK Karolina	47		K-Open	112	Glizdeczki	01:01:24.75	01:01:24.75	+00:29:19 (47.7%)	12:16	4.9 (52.1%)
113	GRUSZKA Marta	91		K-Open	113	Glizdeczki	01:01:29.85	01:01:29.85	+00:29:24 (47.8%)	12:17	4.9 (52.1%)
114	MARYNIAK Dorota	216		K-Open	114		01:01:31.70	01:01:31.70	+00:29:26 (47.8%)	12:18	4.9 (52.1%)
115	KALINOWICZ Anna	132	MISS FIT	K-Open	115		01:02:41.95	01:02:41.95	+00:30:36 (48.8%)	12:32	4.8 (51.1%)
116	ZAJDENC Aleksandra	445	DRAGONS WROCŁAW	K-Open	116		01:03:05.05	01:03:05.05	+00:30:59 (49.1%)	12:37	4.8 (51.1%)
117	JUŚKOWIAK Agnieszka	121	VILLAGE_DAY_SPA	K-Open	117		01:06:50.00	01:06:50.00	+00:34:44 (52.0%)	13:22	4.5 (47.9%)
118	KOWALCZYK Brygida	162	VILLAGE_DAY_SPA	K-Open	118		01:08:08.60	01:08:08.60	+00:36:03 (52.9%)	13:37	4.4 (46.8%)
119	MASŁOWSKA Nicol	218	VILLAGE_DAY_SPA	K-Open	119		01:08:47.10	01:08:47.10	+00:36:41 (53.3%)	13:45	4.4 (46.8%)
120	WOJTKOWIAK-SCHMIDT Agnieszka	431	MISS FIT	K-Open	120	Miss Fit	01:10:23.70	01:10:23.70	+00:38:18 (54.4%)	14:04	4.3 (45.7%)
121	TYSZKIEWICZ Agnieszka	404	MISS FIT	K-Open	121	Miss Fit	01:11:04.05	01:11:04.05	+00:38:58 (54.8%)	14:12	4.2 (44.7%)
122	BENDKOWSKA Sylwia	14		K-Open	122	Miss Fit	01:11:04.10	01:11:04.10	+00:38:58 (54.8%)	14:12	4.2 (44.7%)
123	KOWALCZYK Kamila	163	MISS FIT	K-Open	123	Miss Fit	01:11:12.05	01:11:12.05	+00:39:06 (54.9%)	14:14	4.2 (44.7%)
124	MAJKUSIAK Paulina	209	MISS FIT	K-Open	124	Miss Fit	01:11:57.00	01:11:57.00	+00:39:51 (55.4%)	14:23	4.2 (44.7%)
125	ZIĘBA Beata	454	MISSFIT	K-Open	125	Miss Fit	01:12:05.65	01:12:05.65	+00:40:00 (55.5%)	14:25	4.2 (44.7%)
126	PŁÓCIENICZAK Sylwia	291	RUN TEAM RYDZYNA	K-Open	126		01:13:49.45	01:13:49.45	+00:41:43 (56.5%)	14:45	4.1 (43.6%)
127	PRZYBYLSKA Anna	305		K-Open	127		01:14:13.20	01:14:13.20	+00:42:07 (56.8%)	14:50	4 (42.6%)
127	RUDZIEWICZ Małgorzata	321	TUNTEAM RYDZYNA	K-Open	127	RunTeam Rydzyna	01:14:13.20	01:14:13.20	+00:42:07 (56.8%)	14:50	4 (42.6%)
129	ŻUR Ewa	457		K-Open	129		01:13:03.90	01:14:32.30	+00:42:26 (56.9%)	14:36	4.1 (43.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
130	SZOCIŃSKA Lidia	524	INALFA	K-Open	130	Inalfa	01:14:34.90	01:14:34.90	+00:42:29 (57.0%)	14:54	4 (42.6%)
131	OLSZEWSKA Anna	462		K-Open	131	Inalfa	01:14:36.30	01:14:36.30	+00:42:30 (57.0%)	14:55	4 (42.6%)
132	SAWICKA Monika	335	BELONA	K-Open	132	Belona	01:41:00.50	01:41:00.50	+01:08:55 (68.2%)	20:12	3 (31.9%)
133	GRZEŚKÓW Joasia	95	BELONA	K-Open	133		01:41:01.20	01:41:01.20	+01:08:55 (68.2%)	20:12	3 (31.9%)
134	ZAKRZEWSKA Anna	446	BELONA	K-Open	134	Belona	01:41:01.85	01:41:01.85	+01:08:56 (68.2%)	20:12	3 (31.9%)
135	KOWALSKA Ewa	165	BELONA	K-Open	135		01:41:01.90	01:41:01.90	+01:08:56 (68.2%)	20:12	3 (31.9%)
136	MACIEJEWSKA Grażyna	197	BELONA TEAM	K-Open	136		01:41:02.00	01:41:02.00	+01:08:56 (68.2%)	20:12	3 (31.9%)
137	GĄSIOREK Małgorzata	80		K-Open	137	Belona	01:41:02.95	01:41:02.95	+01:08:57 (68.2%)	20:12	3 (31.9%)
138	PAZOŁA Martyna	281	SOLLVER TEAM	K-Open	138	Sollver Team					(0.0%)
139	CZUBIŃSKA Katarzyna	48	CNS NOWA SÓL	K-Open	139	CNS Nowa Sól					(0.0%)
140	OBODZIŃSKA Agnieszka	261	CNS NOWA SÓL	K-Open	140	CNS Nowa Sól					(0.0%)
141	OZGOWICZ Sylwia	269	CNS NOWA SÓL	K-Open	141	CNS Nowa Sól					(0.0%)
142	STEFANIAK-CHUDZIŃSKA Weronika	362	SOLLVER TEAM	K-Open	142	Sollver Team					(0.0%)
143	MUSZYŃSKA Dorota	242	NOWOSOLSKA GRUPA BIEGOWA	K-Open	143						(0.0%)

Znaleziono 143 wynik(ów)