



Organizator: Transformers Trening & Dieta
Data: 2022-09-11
Miejsce: Leszno
Dystans: 5 km

TORTURA LESZNO

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	WÓJCIK Adam	436	EX TEAM	M-Open	1	Ex Team	00:22:42.95	00:22:42.95		4:32	13.2 (100%)
2	ILIV Andrzej	107		M-Open	2		00:23:24.95	00:23:24.95	+00:00:42 (3.0%)	4:40	12.8 (97.0%)
3	KOŁOSZUK Marcin	76	MISS FIT	M-Open	3	Miss Fit	00:24:13.50	00:24:13.50	+00:01:30 (6.2%)	4:50	12.4 (93.9%)
4	PODRZYCKI Arkadiusz	293	SAP	M-Open	4	SAP	00:27:07.75	00:27:07.75	+00:04:24 (16.3%)	5:25	11.1 (84.1%)
5	MAJCHRZAK Andrzej	205	DRUŻYNA WU.	M-Open	5	Drużyna Wu.	00:27:09.30	00:27:09.30	+00:04:26 (16.3%)	5:25	11 (83.3%)
6	NAGLAK Hubert	246	HELL'S GYM OCR PĘPOWO	M-Open	6		00:27:47.85	00:27:47.85	+00:05:04 (18.3%)	5:33	10.8 (81.8%)
7	TROCKI Patryk	398	DIRTY SPARROWS	M-Open	7	Dirty Sparrows	00:27:53.00	00:27:53.00	+00:05:10 (18.5%)	5:34	10.8 (81.8%)
8	SOB Art	351	MROWINO RUN	M-Open	8		00:28:31.15	00:28:31.15	+00:05:48 (20.3%)	5:42	10.5 (79.5%)
9	POWAŻNY Marek	301	OCR GYM WROCŁAW	M-Open	9	OCR GYM WROCŁAW	00:28:58.15	00:28:58.15	+00:06:15 (21.6%)	5:47	10.4 (78.8%)
10	LIS Paweł	316	EKIPA AMITY	M-Open	10	Ekipa Amity	00:29:45.70	00:29:45.70	+00:07:02 (23.7%)	5:57	10.1 (76.5%)
11	SAJNÓG Leszek	330	BIEGAJ LESZNO	M-Open	11	Biegaj Leszno	00:30:04.15	00:30:04.15	+00:07:21 (24.5%)	6:00	10 (75.8%)
12	PRUCHNIK Patryk	302	ORLA KORZEŃSKO	M-Open	12	Orla Korzeńsko	00:30:32.95	00:30:32.95	+00:07:50 (25.6%)	6:06	9.8 (74.2%)
13	MAJCHRZAK Jakub	206	DRUŻYNA WU.	M-Open	13	Drużyna Wu.	00:30:41.45	00:30:41.45	+00:07:58 (26.0%)	6:08	9.8 (74.2%)
14	URBAŃSKI Dawid	411		M-Open	14		00:30:51.10	00:30:51.10	+00:08:08 (26.4%)	6:10	9.7 (73.5%)

						Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1				
15	OGONOWSKI Patryk	508		M-Open	15		00:31:14.05	00:31:14.05	+00:08:31 (27.3%)	6:14 9.6 (72.7%)
16	ŻYTO Grzegorz	459	OCR GYM WROCŁAW	M-Open	16	OCR GYM WROCŁAW	00:31:25.00	00:31:25.00	+00:08:42 (27.7%)	6:17 9.5 (72.0%)
17	SOLARSKI Błażej	357	MACII STACJA DEMONTAŻU POJAZDÓW	M-Open	17		00:31:27.35	00:31:27.35	+00:08:44 (27.8%)	6:17 9.5 (72.0%)
18	WALEŃSKI Michał	413	DRUŻYNA WU.	M-Open	18	Drużyna Wu.	00:31:44.15	00:31:44.15	+00:09:01 (28.4%)	6:20 9.5 (72.0%)
19	RATAJSZCZAK Dominik	315		M-Open	19		00:31:47.75	00:31:47.75	+00:09:04 (28.6%)	6:21 9.4 (71.2%)
20	NOWAK Jakub	253		M-Open	20		00:31:50.20	00:31:50.20	+00:09:07 (28.6%)	6:22 9.4 (71.2%)
21	FLIGER Łukasz	66		M-Open	21		00:31:57.55	00:31:57.55	+00:09:14 (28.9%)	6:23 9.4 (71.2%)
22	SCHULZ Mateusz	336	RUNBACZYN	M-Open	22	RUNbaczyn	00:31:57.70	00:31:57.70	+00:09:14 (28.9%)	6:23 9.4 (71.2%)
23	NOWAK Maciej	256	MACII STACJA DEMONTAŻU POJAZDÓW	M-Open	23		00:31:59.75	00:31:59.75	+00:09:16 (29.0%)	6:23 9.4 (71.2%)
24	BORCZYŃSKI Łukasz	21	GOOD FOOD PRODUCTS	M-Open	24		00:32:04.45	00:32:04.45	+00:09:21 (29.2%)	6:24 9.4 (71.2%)
25	TABAKA Wiesław	385		M-Open	25		00:32:05.20	00:32:05.20	+00:09:22 (29.2%)	6:25 9.4 (71.2%)
26	BŁACHOWIAK Mariusz	523		M-Open	26		00:32:31.85	00:32:31.85	+00:09:48 (30.2%)	6:30 9.2 (69.7%)
27	MACHI Łukasz	195	ORLA KORZENSKO	M-Open	27		00:32:41.15	00:32:41.15	+00:09:58 (30.5%)	6:32 9.2 (69.7%)
28	POKLEPA Dawid	295	CNS NOWA SÓL	M-Open	28	CNS Nowa Sól	00:32:46.45	00:32:46.45	+00:10:03 (30.7%)	6:33 9.2 (69.7%)
29	DĄBEK Patryk	50	ŚWIRY	M-Open	29		00:32:50.60	00:32:50.60	+00:10:07 (30.8%)	6:34 9.1 (68.9%)
30	ŚMIGŁAK Łukasz	380	DIRTY SPARROWS	M-Open	30	Dirty Sparrows	00:32:52.95	00:32:52.95	+00:10:10 (30.9%)	6:34 9.1 (68.9%)
31	GAŁACH Łukasz	75		M-Open	31		00:32:53.55	00:32:53.55	+00:10:10 (30.9%)	6:34 9.1 (68.9%)
32	ŻYNDUL Krystian	458	KRIS-BUD-MONT	M-Open	32		00:32:55.75	00:32:55.75	+00:10:12 (31.0%)	6:35 9.1 (68.9%)
33	KLUPŚ Konrad	155	PROINVEST	M-Open	33	PROINVEST	00:33:02.65	00:33:02.65	+00:10:19 (31.3%)	6:36 9.1 (68.9%)
34	NENKAŁA Mateusz	247		M-Open	34		00:33:06.35	00:33:06.35	+00:10:23 (31.4%)	6:37 9.1 (68.9%)
35	RATAJCZAK Robert	314		M-Open	35		00:33:14.05	00:33:14.05	+00:10:31 (31.6%)	6:38 9 (68.2%)
36	PIĘTA Michał	288		M-Open	36	PYRY I KARTOFLE	00:33:31.95	00:33:31.95	+00:10:49 (32.3%)	6:42 9 (68.2%)
37	KLEJEWSKI Przemysław	154		M-Open	37		00:33:34.00	00:33:34.00	+00:10:51 (32.3%)	6:42 8.9 (67.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
38	WALEŃSKI Marcin	414	DRUŻYNA WU.	M-Open	38	Drużyna Wu.	00:33:43.90	00:33:43.90	+00:11:00 (32.7%)	6:44	8.9 (67.4%)
39	KUBACIK Rafał	173	SOLLVER TEAM	M-Open	39	Sollver Team	00:33:45.25	00:33:45.25	+00:11:02 (32.7%)	6:45	8.9 (67.4%)
40	OKONIEWSKI Marcin	262		M-Open	40		00:34:21.45	00:34:21.45	+00:11:38 (33.9%)	6:52	8.7 (65.9%)
41	ZAGACKI Karol	440	M-FIT RAWICZ	M-Open	41	M-FIT RAWICZ	00:34:25.45	00:34:25.45	+00:11:42 (34.0%)	6:53	8.7 (65.9%)
42	JAKUBCZYK Adam	110	TEAM TRANSFORMERS	M-Open	42		00:34:26.70	00:34:26.70	+00:11:43 (34.1%)	6:53	8.7 (65.9%)
43	CELARY Grzegorz	32	PROINVEST	M-Open	43	PROINVEST	00:34:31.60	00:34:31.60	+00:11:48 (34.2%)	6:54	8.7 (65.9%)
44	ZAJĄC Jarosław	441		M-Open	44		00:34:46.40	00:34:46.40	+00:12:03 (34.7%)	6:57	8.6 (65.2%)
45	ZIOŁO Krzysztof	455	DIRTY SPARROWS	M-Open	45	Dirty Sparrows	00:34:49.05	00:34:49.05	+00:12:06 (34.8%)	6:57	8.6 (65.2%)
46	GORYNIA Hubert	86		M-Open	46		00:34:51.70	00:34:51.70	+00:12:08 (34.8%)	6:58	8.6 (65.2%)
47	SZŁĘZAK Mateusz	368	KGHM SW1 S-5	M-Open	47		00:34:53.95	00:34:53.95	+00:12:11 (34.9%)	6:58	8.6 (65.2%)
48	MRÓZ Norbert	241	FITNESSTEAM	M-Open	48		00:35:01.10	00:35:01.10	+00:12:18 (35.1%)	7:00	8.6 (65.2%)
49	MIELCARZ Tomasz	231	BIEGOWE DZIKI OCR	M-Open	49	Biegowe Dzikie OCR	00:35:09.20	00:35:09.20	+00:12:26 (35.4%)	7:01	8.5 (64.4%)
50	ZAJĄC Karol	443		M-Open	50		00:35:10.55	00:35:10.55	+00:12:27 (35.4%)	7:02	8.5 (64.4%)
51	RABIEGA Michał	310	PROINVEST	M-Open	51	PROINVEST	00:35:11.35	00:35:11.35	+00:12:28 (35.4%)	7:02	8.5 (64.4%)
52	ADAMIAK Igor	1	OCR GYM WROCŁAW	M-Open	52	OCR GYM WROCŁAW	00:35:18.25	00:35:18.25	+00:12:35 (35.7%)	7:03	8.5 (64.4%)
53	SOBAŃSKI Paweł	352	PROINVEST	M-Open	53	PROINVEST	00:35:20.45	00:35:20.45	+00:12:37 (35.7%)	7:04	8.5 (64.4%)
54	POLKOWSKI Fabian	297		M-Open	54		00:35:45.00	00:35:45.00	+00:13:02 (36.5%)	7:09	8.4 (63.6%)
55	RYBARCZYK Jakub	324	DRUŻYNA WU.	M-Open	55	Drużyna Wu.	00:35:58.30	00:35:58.30	+00:13:15 (36.9%)	7:11	8.3 (62.9%)
56	PAUL Jaroslaw	278	RUNBACZYN	M-Open	56	RUNbaczyn	00:36:03.00	00:36:03.00	+00:13:20 (37.0%)	7:12	8.3 (62.9%)
57	RATAJCZAK Piotr	313	SAP	M-Open	57	SAP	00:36:16.50	00:36:16.50	+00:13:33 (37.4%)	7:15	8.3 (62.9%)
58	WOJCIECHOWSKI Kamil	421	WARRIOR TEAM	M-Open	58		00:36:20.60	00:36:20.60	+00:13:37 (37.5%)	7:16	8.3 (62.9%)
59	MATUSZEWSKI Roman	222	OŻGOŁY	M-Open	59		00:36:32.90	00:36:32.90	+00:13:49 (37.8%)	7:18	8.2 (62.1%)
60	KACZMAREK Mateusz	128	BIEGAJ LESZNO	M-Open	60		00:36:41.35	00:36:41.35	+00:13:58 (38.1%)	7:20	8.2 (62.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
61	MARZĘTA Mateusz	217	ORLA KORZEŃSKO	M-Open	61		00:36:43.15	00:36:43.15	+00:14:00 (38.1%)	7:20	8.2 (62.1%)
62	SZKUDLARCZYK Szymon	503		M-Open	62		00:36:43.90	00:36:43.90	+00:14:00 (38.2%)	7:20	8.2 (62.1%)
63	KOPACZYK Michał	159		M-Open	63		00:36:44.00	00:36:44.00	+00:14:01 (38.2%)	7:20	8.2 (62.1%)
64	DOPIERAŁSKI Dariusz	55		M-Open	64		00:36:49.05	00:36:49.05	+00:14:06 (38.3%)	7:21	8.1 (61.4%)
65	WOJCIECHOWSKI Karol	502	IG: KAROL_WOJCIECHOWSKII ZAPRASZAM SERDECZNIE	M-Open	65		00:36:58.55	00:36:58.55	+00:14:15 (38.6%)	7:23	8.1 (61.4%)
66	MENDYKA Artur	227		M-Open	66		00:37:04.50	00:37:04.50	+00:14:21 (38.7%)	7:24	8.1 (61.4%)
67	FRĄTCZAK Dariusz	70		M-Open	67		00:37:09.55	00:37:09.55	+00:14:26 (38.9%)	7:25	8.1 (61.4%)
68	DRATWIAK Dominik	56	PROINVEST	M-Open	68	PROINVEST	00:37:17.10	00:37:17.10	+00:14:34 (39.1%)	7:27	8 (60.6%)
69	WOJNICKI Wojciech	424	DIRTY SPARROWS	M-Open	69	Dirty Sparrows	00:37:23.15	00:37:23.15	+00:14:40 (39.2%)	7:28	8 (60.6%)
70	CHUDZINSKI Maciej	38	PONYXOX	M-Open	70		00:37:34.35	00:37:34.35	+00:14:51 (39.5%)	7:30	8 (60.6%)
71	ALEKSANDER Łukasz	3	AKADEMIA TAEKWON DO IN NAE	M-Open	71	Akademia Taekwon-do IN NAE	00:37:34.90	00:37:34.90	+00:14:51 (39.6%)	7:30	8 (60.6%)
72	KOMORNICKI Krzysiek	158	IRON STUDIO	M-Open	72		00:37:38.40	00:37:38.40	+00:14:55 (39.6%)	7:31	8 (60.6%)
73	TRUBIŁOWICZ Mateusz	399	BIEGOWE DZIKI OCR	M-Open	73	Biegowe Dzikie OCR	00:37:58.55	00:37:58.55	+00:15:15 (40.2%)	7:35	7.9 (59.8%)
74	KOSUT Adam	484	SHOOTBOXER MOSINA	M-Open	74		00:38:01.40	00:38:01.40	+00:15:18 (40.3%)	7:36	7.9 (59.8%)
75	PRZYŁĘCKI Karol	308		M-Open	75	TOYOTA TEAM LESZNO	00:38:02.20	00:38:02.20	+00:15:19 (40.3%)	7:36	7.9 (59.8%)
76	MACIOSZCZYK Szymon	201	SHOOTBOXER	M-Open	76		00:38:04.50	00:38:04.50	+00:15:21 (40.3%)	7:36	7.9 (59.8%)
77	KWARTA Paweł	181		M-Open	77		00:38:06.30	00:38:06.30	+00:15:23 (40.4%)	7:37	7.9 (59.8%)
78	BOROWSKI Maciej	500	BIEGOWE DZIKI OCR	M-Open	78	Biegowe Dzikie OCR	00:38:07.35	00:38:07.35	+00:15:24 (40.4%)	7:37	7.9 (59.8%)
79	BAKOWSKI Błażej	13	MÜLLER TEAM	M-Open	79		00:38:09.35	00:38:09.35	+00:15:26 (40.5%)	7:37	7.9 (59.8%)
80	KASPROWIAK Oskar	143	POMYXOX	M-Open	80		00:38:13.20	00:38:13.20	+00:15:30 (40.6%)	7:38	7.8 (59.1%)
80	MILASZEWSKI Michał	236	PONYXOX	M-Open	80		00:38:13.20	00:38:13.20	+00:15:30 (40.6%)	7:38	7.8 (59.1%)
82	MAJEK Mateusz	512		M-Open	82		00:38:18.05	00:38:18.05	+00:15:35 (40.7%)	7:39	7.8 (59.1%)
83	ŚWIDZIŃSKI Marcin	384	TRANSFORMERS	M-Open	83		00:38:19.25	00:38:19.25	+00:15:36 (40.7%)	7:39	7.8 (59.1%)

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Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1				
84	SOBECKI Igor	477		M-Open	84		00:38:21.45	00:38:21.45	+00:15:38 (40.8%)	7:40 7.8 (59.1%)
84	GAJEWSKI Tomasz	73	LEGNICA POKONUJE PRZESZKODY	M-Open	84		00:38:21.45	00:38:21.45	+00:15:38 (40.8%)	7:40 7.8 (59.1%)
86	RYCHLEWSKI Michał	325	DIRTY SPARROWS	M-Open	86	Dirty Sparrows	00:38:37.25	00:38:37.25	+00:15:54 (41.2%)	7:43 7.8 (59.1%)
87	SOBIERAJ Radosław	353	POLSKA	M-Open	87	Akademia Taekwon-do IN NAE	00:38:40.55	00:38:40.55	+00:15:57 (41.3%)	7:44 7.8 (59.1%)
88	LUDWICZAK Jędrzej	189	RUNBACZYN	M-Open	88	RUNbaczyn	00:38:51.75	00:38:51.75	+00:16:08 (41.5%)	7:46 7.7 (58.3%)
89	BOSSY Kuba	26	RUNBACZYN	M-Open	89	RUNbaczyn	00:38:51.90	00:38:51.90	+00:16:08 (41.6%)	7:46 7.7 (58.3%)
90	MAĆKOWSKI Hubert	203	RUNBACZYN	M-Open	90	RUNbaczyn	00:38:56.60	00:38:56.60	+00:16:13 (41.7%)	7:47 7.7 (58.3%)
91	POPIELA Sebastian	299	OPTYK BARTKOWIAK TEAM	M-Open	91		00:38:59.15	00:38:59.15	+00:16:16 (41.7%)	7:47 7.7 (58.3%)
92	ZADWORNY Adrian	501		M-Open	92		00:39:07.25	00:39:07.25	+00:16:24 (41.9%)	7:49 7.7 (58.3%)
93	TEREMETS Yevhenii	391	GOOD FOOD PRODUCTS	M-Open	93		00:39:22.15	00:39:22.15	+00:16:39 (42.3%)	7:52 7.6 (57.6%)
94	YAKOVENKO Viktor	439	GOOD FOOD PRODUCTS	M-Open	94		00:39:22.75	00:39:22.75	+00:16:39 (42.3%)	7:52 7.6 (57.6%)
95	WRÓBLEWSKI Patryk	437	TYTKA FIT	M-Open	95		00:39:29.75	00:39:29.75	+00:16:46 (42.5%)	7:53 7.6 (57.6%)
96	DWORAK Mateusz	58		M-Open	96		00:39:36.35	00:39:36.35	+00:16:53 (42.6%)	7:55 7.6 (57.6%)
97	JÓSKA Paweł	120	AKADEMIA TAEKWON-DO IN NAE	M-Open	97	Akademia Taekwon-do IN NAE	00:39:44.10	00:39:44.10	+00:17:01 (42.8%)	7:56 7.6 (57.6%)
98	ŚWIĄTEK Bronisław	383	SAMOTNY WILK	M-Open	98		00:40:10.70	00:40:10.70	+00:17:27 (43.5%)	8:02 7.5 (56.8%)
99	URBAŃSKI Adam	412		M-Open	99	TOYOTA TEAM LESZNO	00:40:11.30	00:40:11.30	+00:17:28 (43.5%)	8:02 7.5 (56.8%)
100	BUDASZ Kamil	514		M-Open	100		00:40:17.35	00:40:17.35	+00:17:34 (43.6%)	8:03 7.4 (56.1%)
101	FEDOSIEIEV Dmitro	64		M-Open	101	Zaruba	00:40:18.00	00:40:18.00	+00:17:35 (43.6%)	8:03 7.4 (56.1%)
102	JARCZEWSKI Łukasz	117		M-Open	102		00:40:27.65	00:40:27.65	+00:17:44 (43.9%)	8:05 7.4 (56.1%)
103	FLORCZAK Mateusz	67	HWPO	M-Open	103	HWPO	00:40:30.00	00:40:30.00	+00:17:47 (43.9%)	8:06 7.4 (56.1%)
104	BORECKI Marcin	22		M-Open	104	TOYOTA TEAM LESZNO	00:40:56.15	00:40:56.15	+00:18:13 (44.5%)	8:11 7.3 (55.3%)
105	SKORCZYK Bartosz	345		M-Open	105		00:40:59.30	00:40:59.30	+00:18:16 (44.6%)	8:11 7.3 (55.3%)
106	OLEJNIK Maciej	265		M-Open	106		00:41:04.60	00:41:04.60	+00:18:21 (44.7%)	8:12 7.3 (55.3%)

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107	MUSZYŃSKI Maciej	519		M-Open	107		00:41:06.50	00:41:06.50	+00:18:23 (44.7%)	8:13	7.3 (55.3%)
108	SPYCHAŁA Jacek	358	DIRTY SPARROWS	M-Open	108	Dirty Sparrows	00:41:06.80	00:41:06.80	+00:18:23 (44.7%)	8:13	7.3 (55.3%)
109	PIÓRKO Piotr	289	C&C PARTNERS	M-Open	109	C&C Partners	00:41:10.55	00:41:10.55	+00:18:27 (44.8%)	8:14	7.3 (55.3%)
110	MICHALSKI Mateusz	474		M-Open	110		00:41:14.25	00:41:14.25	+00:18:31 (44.9%)	8:14	7.3 (55.3%)
111	JABŁOŃSKI Hubert	109	KS FUTSAL POWIAT PILSKI	M-Open	111		00:41:19.40	00:41:19.40	+00:18:36 (45.0%)	8:15	7.3 (55.3%)
112	TURKIEWICZ Jarosław	401		M-Open	112		00:41:20.50	00:41:20.50	+00:18:37 (45.1%)	8:16	7.3 (55.3%)
113	LIS Alan	187		M-Open	113	TOYOTA TEAM LESZNO	00:41:25.70	00:41:25.70	+00:18:42 (45.2%)	8:17	7.2 (54.5%)
114	SKRZYPCZAK Przemysław	348	RUNBACZYN	M-Open	114	RUNbaczyn	00:41:33.35	00:41:33.35	+00:18:50 (45.3%)	8:18	7.2 (54.5%)
115	ZAJĄC Aleksander	442		M-Open	115		00:41:34.60	00:41:34.60	+00:18:51 (45.4%)	8:18	7.2 (54.5%)
116	KOSEK Mateusz	161	SPINKO LESZNO	M-Open	116	Spinko Leszno	00:41:41.45	00:41:41.45	+00:18:58 (45.5%)	8:20	7.2 (54.5%)
117	HOFFMANN Zbigniew	101	SPINKO LESZNO	M-Open	117	Spinko Leszno	00:41:41.75	00:41:41.75	+00:18:58 (45.5%)	8:20	7.2 (54.5%)
118	APANOWICZ Dawid	6	PROINVEST	M-Open	118	PROINVEST	00:41:48.55	00:41:48.55	+00:19:05 (45.7%)	8:21	7.2 (54.5%)
119	MATUSZEWSKI Jakub	223	C&C PARTNERS	M-Open	119	C&C Partners	00:41:51.05	00:41:51.05	+00:19:08 (45.7%)	8:22	7.2 (54.5%)
120	JAŃCZAK Sebastian	116		M-Open	120		00:41:53.90	00:41:53.90	+00:19:10 (45.8%)	8:22	7.2 (54.5%)
121	MIERNIK Przemysław	232	CROSS FIRMUS	M-Open	121		00:41:58.50	00:41:58.50	+00:19:15 (45.9%)	8:23	7.1 (53.8%)
122	KRZEMIEN Śławomir	172	OCR GYM WROCŁAW	M-Open	122	OCR GYM WROCŁAW	00:42:04.50	00:42:04.50	+00:19:21 (46.0%)	8:24	7.1 (53.8%)
123	MARCINIAK Łukasz	214		M-Open	123		00:42:11.80	00:42:11.80	+00:19:28 (46.2%)	8:26	7.1 (53.8%)
124	BUGIEL Marcin	30		M-Open	124		00:42:28.20	00:42:28.20	+00:19:45 (46.5%)	8:29	7.1 (53.8%)
125	SZPRUTA Robert	371		M-Open	125		00:42:36.15	00:42:36.15	+00:19:53 (46.7%)	8:31	7 (53.0%)
126	SITARZ Mateusz	342		M-Open	126		00:42:41.30	00:42:41.30	+00:19:58 (46.8%)	8:32	7 (53.0%)
127	BOROŃ Wojciech	23		M-Open	127	BEWU	00:42:42.95	00:42:42.95	+00:20:00 (46.8%)	8:32	7 (53.0%)
128	JANISZEWSKI Paweł	111	BEWU	M-Open	128	BEWU	00:42:45.70	00:42:45.70	+00:20:02 (46.9%)	8:33	7 (53.0%)
129	JANISZEWSKI Jędrzej	112		M-Open	129	BEWU	00:42:46.85	00:42:46.85	+00:20:03 (46.9%)	8:33	7 (53.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
130	GARBARCZYK Paweł	77		M-Open	130	TOYOTA TEAM LESZNO	00:42:56.40	00:42:56.40	+00:20:13 (47.1%)	8:35	7 (53.0%)
131	KACHEL Łukasz	124	LP&PERL	M-Open	131	LP&PERL&MG	00:43:03.60	00:43:03.60	+00:20:20 (47.2%)	8:36	7 (53.0%)
132	POLASZEWSKI Leszek	296	LP&PERL&MG	M-Open	132	LP&PERL&MG	00:43:03.70	00:43:03.70	+00:20:20 (47.2%)	8:36	7 (53.0%)
133	GUMULA Mateusz	97	LP&PERL&MG	M-Open	133	LP&PERL&MG	00:43:03.85	00:43:03.85	+00:20:20 (47.3%)	8:36	7 (53.0%)
134	FRYDRYCH Andrzej	71		M-Open	134		00:43:16.90	00:43:16.90	+00:20:33 (47.5%)	8:39	6.9 (52.3%)
135	BARTOSZ Gracjan	12		M-Open	135		00:43:17.95	00:43:17.95	+00:20:35 (47.5%)	8:39	6.9 (52.3%)
136	BARTKOWIAK Szymon	11		M-Open	136	C&C Partners	00:43:27.35	00:43:27.35	+00:20:44 (47.7%)	8:41	6.9 (52.3%)
137	KLECHA Paweł	153		M-Open	137		00:43:30.00	00:43:30.00	+00:20:47 (47.8%)	8:42	6.9 (52.3%)
138	GRABOWSKI Kamil	89	DIRTY SPARROWS	M-Open	138		00:43:31.10	00:43:31.10	+00:20:48 (47.8%)	8:42	6.9 (52.3%)
139	KOMORNICKI Krzysztof	137		M-Open	139		00:43:32.10	00:43:32.10	+00:20:49 (47.8%)	8:42	6.9 (52.3%)
140	WOŹNIAK Adam	479	WOŹNIAK TEAM	M-Open	140	Wozniak Team	00:43:33.40	00:43:33.40	+00:20:50 (47.8%)	8:42	6.9 (52.3%)
141	KLECHA Karol	152	FF	M-Open	141		00:43:36.00	00:43:36.00	+00:20:53 (47.9%)	8:43	6.9 (52.3%)
142	MATUSZAK Adam	220		M-Open	142		00:43:47.75	00:43:47.75	+00:21:04 (48.1%)	8:45	6.9 (52.3%)
143	KAMIŃSKI Stanisław	134		M-Open	143		00:43:52.80	00:43:52.80	+00:21:09 (48.2%)	8:46	6.8 (51.5%)
144	SCHULZ Łukasz	337	RUNBACZYN	M-Open	144	RUNbaczyn	00:43:57.20	00:43:57.20	+00:21:14 (48.3%)	8:47	6.8 (51.5%)
145	ANTKOWIAK Hubert	5	FITNESS FACTORY	M-Open	145		00:44:02.40	00:44:02.40	+00:21:19 (48.4%)	8:48	6.8 (51.5%)
146	NOWAK Patryk	250	PBO DEWELOPER	M-Open	146		00:44:10.35	00:44:10.35	+00:21:27 (48.6%)	8:50	6.8 (51.5%)
147	SZYMANOWSKI Igor	373	GOOD FOOD PRODUCTS	M-Open	147		00:44:15.20	00:44:15.20	+00:21:32 (48.7%)	8:51	6.8 (51.5%)
148	GRZEGORCZYK Maciej	94	MÜLLER TEAM	M-Open	148		00:44:16.40	00:44:16.40	+00:21:33 (48.7%)	8:51	6.8 (51.5%)
149	BOROWIAK Adam	24	HWPO	M-Open	149	HWPO	00:44:20.65	00:44:20.65	+00:21:37 (48.8%)	8:52	6.8 (51.5%)
150	GNACIŃSKI Radosław	83	RUNBACZYN	M-Open	150	RUNbaczyn	00:44:22.90	00:44:22.90	+00:21:39 (48.8%)	8:52	6.8 (51.5%)
151	KACHNIC Robert	125	RUNBACZYN	M-Open	151	RUNbaczyn	00:44:30.50	00:44:30.50	+00:21:47 (49.0%)	8:54	6.7 (50.8%)
152	SOCHACKI Jarosław	355	RUNBACZYN	M-Open	152		00:44:39.55	00:44:39.55	+00:21:56 (49.1%)	8:55	6.7 (50.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
153	BŁACHOWIAK Fabian	522		M-Open	153		00:44:46.50	00:44:46.50	+00:22:03 (49.3%)	8:57	6.7 (50.8%)
154	GUBAŃSKI Jeremiasz	96	MACII STACJA DEMONTAŻU POJAZDÓW	M-Open	154		00:44:52.35	00:44:52.35	+00:22:09 (49.4%)	8:58	6.7 (50.8%)
155	IGNACIK Mirek	105		M-Open	155		00:44:52.90	00:44:52.90	+00:22:09 (49.4%)	8:58	6.7 (50.8%)
156	KARPIŃSKI Paweł	138	FDW PASZE	M-Open	156		00:44:56.60	00:44:56.60	+00:22:13 (49.5%)	8:59	6.7 (50.8%)
157	DOPIERALSKI Dariusz	68	FERMY WOŹNIAK	M-Open	157		00:45:02.40	00:45:02.40	+00:22:19 (49.6%)	9:00	6.7 (50.8%)
158	KIJAS Grzegorz	150		M-Open	158		00:45:04.10	00:45:04.10	+00:22:21 (49.6%)	9:00	6.7 (50.8%)
159	WOLNY Piotr	433	WOZNIAK TEAM	M-Open	159	Wozniak Team	00:45:15.70	00:45:15.70	+00:22:32 (49.8%)	9:03	6.6 (50.0%)
160	ZARZYCKI Jakub	450		M-Open	160		00:45:17.20	00:45:17.20	+00:22:34 (49.8%)	9:03	6.6 (50.0%)
161	DOPIERAŁA Tomasz	461	WOŹNIAK TEAM	M-Open	161	Wozniak Team	00:45:25.10	00:45:25.10	+00:22:42 (50.0%)	9:05	6.6 (50.0%)
162	NOWAK Adrian	249	PBO DEWELOPER	M-Open	162		00:45:29.35	00:45:29.35	+00:22:46 (50.1%)	9:05	6.6 (50.0%)
163	KASPROWIAK Paweł	142		M-Open	163		00:45:30.10	00:45:30.10	+00:22:47 (50.1%)	9:06	6.6 (50.0%)
164	KAPUŚCIŃSKI Adrian	135	GOOD FOOD PRODUCTS	M-Open	164		00:45:33.60	00:45:33.60	+00:22:50 (50.1%)	9:06	6.6 (50.0%)
165	JARÓŻEK Dominik	118		M-Open	165		00:45:34.20	00:45:34.20	+00:22:51 (50.2%)	9:06	6.6 (50.0%)
166	ZARWAŃSKI Piotr	449	DRAGON GYM	M-Open	166		00:45:51.65	00:45:51.65	+00:23:08 (50.5%)	9:10	6.5 (49.2%)
167	PIECHOTA Adam	286	INSTAL SERWIS	M-Open	167		00:45:58.00	00:45:58.00	+00:23:15 (50.6%)	9:11	6.5 (49.2%)
168	KOKOT Krzysztof	157		M-Open	168		00:45:58.80	00:45:58.80	+00:23:15 (50.6%)	9:11	6.5 (49.2%)
169	HAMOT Lukasz	98		M-Open	169		00:46:01.50	00:46:01.50	+00:23:18 (50.6%)	9:12	6.5 (49.2%)
170	KUBACIK Maksymilian	175	SOLLVER TEAM	M-Open	170	Sollver Team	00:46:13.25	00:46:13.25	+00:23:30 (50.9%)	9:14	6.5 (49.2%)
171	KĘSKIEWICZ Kamil	148	SUDECCY TRANSFORMERSI	M-Open	171		00:46:20.15	00:46:20.15	+00:23:37 (51.0%)	9:16	6.5 (49.2%)
172	CIEŚLIK Marcin	44		M-Open	172		00:46:31.80	00:46:31.80	+00:23:48 (51.2%)	9:18	6.4 (48.5%)
173	DOMAGALSKI Jakub	53		M-Open	173		00:46:35.60	00:46:35.60	+00:23:52 (51.2%)	9:19	6.4 (48.5%)
174	MAJEK Mateusz	498		M-Open	174		00:46:36.65	00:46:36.65	+00:23:53 (51.3%)	9:19	6.4 (48.5%)
175	NOWAK Damian	258	FLYING FLOWER BY MARINA LAIKINA	M-Open	175		00:46:45.25	00:46:45.25	+00:24:02 (51.4%)	9:21	6.4 (48.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
176	DOMAGALSKI Damian	54		M-Open	176		00:46:49.95	00:46:49.95	+00:24:07 (51.5%)	9:21	6.4 (48.5%)
177	WRÓBLEWSKI Przemysław	438		M-Open	177	TOYOTA TEAM LESZNO	00:46:51.20	00:46:51.20	+00:24:08 (51.5%)	9:22	6.4 (48.5%)
178	DANEK Mariusz	49		M-Open	178		00:47:00.70	00:47:00.70	+00:24:17 (51.7%)	9:24	6.4 (48.5%)
179	URBANOWICZ Jarek	408		M-Open	179		00:47:23.20	00:47:23.20	+00:24:40 (52.1%)	9:28	6.3 (47.7%)
180	KILAN Adrian	473		M-Open	180		00:47:29.90	00:47:29.90	+00:24:46 (52.2%)	9:29	6.3 (47.7%)
181	MISIAK Tobiasz	238	VILLAGE_DAY_SPA	M-Open	181		00:47:33.75	00:47:33.75	+00:24:50 (52.2%)	9:30	6.3 (47.7%)
182	KURASIAK Sławek	492		M-Open	182		00:47:52.95	00:47:52.95	+00:25:10 (52.6%)	9:34	6.3 (47.7%)
183	KASPROWIAK Kuba	144	POMYXOX	M-Open	183		00:47:53.80	00:47:53.80	+00:25:10 (52.6%)	9:34	6.3 (47.7%)
184	DUDEK Franek	495	TEAM TRANSFORMERS KOŚCIAN	M-Open	184	Transformers Kościan	00:48:17.55	00:48:17.55	+00:25:34 (53.0%)	9:39	6.2 (47.0%)
185	KWADRANS Piotr	180	OCR GYM WROCŁAW	M-Open	185	OCR GYM WROCŁAW	00:48:23.45	00:48:23.45	+00:25:40 (53.1%)	9:40	6.2 (47.0%)
186	ZALEWSKI Sebastian	447		M-Open	186		00:48:24.40	00:48:24.40	+00:25:41 (53.1%)	9:40	6.2 (47.0%)
187	WOJCIECHOWSKI Paweł	423	C&C PARTNERS	M-Open	187	C&C Partners	00:48:32.85	00:48:32.85	+00:25:49 (53.2%)	9:42	6.2 (47.0%)
188	WOJCIECHOWSKI Radosław	422	MÜLLER TEAM	M-Open	188		00:48:40.45	00:48:40.45	+00:25:57 (53.3%)	9:44	6.2 (47.0%)
189	ŚLATAŁA Mikołaj	379		M-Open	189	PYRY I KARTOFLE	00:48:49.65	00:48:49.65	+00:26:06 (53.5%)	9:45	6.1 (46.2%)
190	SZMYT Robert	370	EKIPA AMITY	M-Open	190	Ekipa Amity	00:49:04.05	00:49:04.05	+00:26:21 (53.7%)	9:48	6.1 (46.2%)
191	SZCZEPANIAK Adrian	366	GOOD FOOD PRODUCTS	M-Open	191		00:49:16.85	00:49:16.85	+00:26:33 (53.9%)	9:51	6.1 (46.2%)
192	MAĆKOWIAK Marcin	480	WOŹNIAK TEAM	M-Open	192		00:49:21.50	00:49:21.50	+00:26:38 (54.0%)	9:52	6.1 (46.2%)
193	HUTSULIAK Andrii	104	GOOD FOOD PRODUCTS	M-Open	193		00:49:34.30	00:49:34.30	+00:26:51 (54.2%)	9:54	6.1 (46.2%)
194	URBANOWICZ Krystian	409		M-Open	194		00:49:37.40	00:49:37.40	+00:26:54 (54.2%)	9:55	6 (45.5%)
195	MARCINIAK Karol	215		M-Open	195	TOYOTA TEAM LESZNO	00:49:52.75	00:49:52.75	+00:27:09 (54.5%)	9:58	6 (45.5%)
196	SZYMCZAK Damian	375		M-Open	196	TOYOTA TEAM LESZNO	00:49:53.75	00:49:53.75	+00:27:10 (54.5%)	9:58	6 (45.5%)
197	SZYMKOWIAK Mirek	376	EKIPA AMITY	M-Open	197	Ekipa Amity	00:50:30.10	00:50:30.10	+00:27:47 (55.0%)	10:06	5.9 (44.7%)
198	JASICZEK Jakub	119	EKIPA AMITY	M-Open	198	Ekipa Amity	00:50:31.95	00:50:31.95	+00:27:49 (55.0%)	10:06	5.9 (44.7%)

						Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1				
199	TYCZYŃSKI Tristan	403		M-Open	199		00:50:34.05	00:50:34.05	+00:27:51 (55.1%)	10:06 5.9 (44.7%)
200	KACZMAREK Jan	129		M-Open	200		00:50:51.10	00:50:51.10	+00:28:08 (55.3%)	10:10 5.9 (44.7%)
201	SZADZIUL Dawid	365	MORDOR TEAM	M-Open	201		00:50:59.20	00:50:59.20	+00:28:16 (55.4%)	10:11 5.9 (44.7%)
202	SINIECKI Krzysztof	341		M-Open	202		00:51:03.90	00:51:03.90	+00:28:20 (55.5%)	10:12 5.9 (44.7%)
203	JAKUBOWSKI Michał	505		M-Open	203		00:51:13.30	00:51:13.30	+00:28:30 (55.7%)	10:14 5.9 (44.7%)
204	TOJA Adrian	396	VILLAGE_DAY_SPA	M-Open	204		00:51:37.20	00:51:37.20	+00:28:54 (56.0%)	10:19 5.8 (43.9%)
205	PRZESZŁO Zdzisław	304	SOLLVER TEMA	M-Open	205	Sollver Team	00:51:47.25	00:51:47.25	+00:29:04 (56.1%)	10:21 5.8 (43.9%)
206	BIEDALAK Krzysztof	15		M-Open	206		00:51:53.90	00:51:53.90	+00:29:10 (56.2%)	10:22 5.8 (43.9%)
207	BUDZYNSKI Łukasz	29		M-Open	207		00:51:57.25	00:51:57.25	+00:29:14 (56.3%)	10:23 5.8 (43.9%)
208	PALCZYŃSKI Rafał	275	VILLA_DAY_SPA	M-Open	208		00:52:39.35	00:52:39.35	+00:29:56 (56.9%)	10:31 5.7 (43.2%)
209	ŁYŻWA Stanisław	194		M-Open	209		00:52:51.55	00:52:51.55	+00:30:08 (57.0%)	10:34 5.7 (43.2%)
210	SKROBAŁA Marek	346		M-Open	210		00:53:07.35	00:53:07.35	+00:30:24 (57.2%)	10:37 5.6 (42.4%)
211	LECH Adrian	184	MORDOR TEAM	M-Open	211		00:53:14.45	00:53:14.45	+00:30:31 (57.3%)	10:38 5.6 (42.4%)
212	ZASADA Kamil	451	MORDOR TEAM	M-Open	212		00:53:15.80	00:53:15.80	+00:30:32 (57.4%)	10:39 5.6 (42.4%)
213	KRAWCZYK Adrian	170		M-Open	213		00:53:18.00	00:53:18.00	+00:30:35 (57.4%)	10:39 5.6 (42.4%)
214	SIEBNER Dawid	338	C&C PARTNERS	M-Open	214	C&C Partners	00:53:24.10	00:53:24.10	+00:30:41 (57.5%)	10:40 5.6 (42.4%)
215	MYSZYNSKI Tomasz	244	DIRTY SPARROWS	M-Open	215	Dirty Sparrows	00:53:24.55	00:53:24.55	+00:30:41 (57.5%)	10:40 5.6 (42.4%)
216	SAMARZEWSKI Marek	334	TRANSFORMERS	M-Open	216		00:53:28.10	00:53:28.10	+00:30:45 (57.5%)	10:41 5.6 (42.4%)
217	SZADZIUL Sebastian	364	MORDOR TEAM	M-Open	217		00:53:31.20	00:53:31.20	+00:30:48 (57.6%)	10:42 5.6 (42.4%)
218	SAMCZUK Jakub	467		M-Open	218		00:53:38.65	00:53:38.65	+00:30:55 (57.7%)	10:43 5.6 (42.4%)
219	MAĆKOWIAK Piotr	202	FLYING FLOWER BY MARINA LAIKINA	M-Open	219		00:53:44.85	00:53:44.85	+00:31:01 (57.7%)	10:44 5.6 (42.4%)
220	NOWAK Przemysław	257	VILLAGE_DAY_SPA	M-Open	220		00:53:47.75	00:53:47.75	+00:31:04 (57.8%)	10:45 5.6 (42.4%)
221	ŚWITAŁA Dawid	471		M-Open	221		00:53:49.40	00:53:49.40	+00:31:06 (57.8%)	10:45 5.6 (42.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
222	SADOWSKI Dariusz	328		M-Open	222		00:54:08.00	00:54:08.00	+00:31:25 (58.0%)	10:49	5.5 (41.7%)
223	TOKA Arkadiusz	521	MORDOR TEAM	M-Open	223		00:54:18.35	00:54:18.35	+00:31:35 (58.2%)	10:51	5.5 (41.7%)
224	PIETRZAK Marcin	287	GOOD FOOD PRODUCTS	M-Open	224		00:54:19.15	00:54:19.15	+00:31:36 (58.2%)	10:51	5.5 (41.7%)
225	MYSZYNSKI Maciej	245	DIRTY SPARROWS	M-Open	225	Dirty Sparrows	00:54:32.65	00:54:32.65	+00:31:49 (58.4%)	10:54	5.5 (41.7%)
226	ŁUPICKI Andrzej	511		M-Open	226		00:54:42.95	00:54:42.95	+00:32:00 (58.5%)	10:56	5.5 (41.7%)
227	ŁUKOWIAK Adam	481	TRANSFORMERS KOŚCIAN	M-Open	227	Transformers Kościan	00:54:46.25	00:54:46.25	+00:32:03 (58.5%)	10:57	5.5 (41.7%)
228	DZIENKOWSKI Przemysław	62		M-Open	228		00:54:47.90	00:54:47.90	+00:32:04 (58.5%)	10:57	5.5 (41.7%)
229	TOBÓŁKA Maciej	395	TEAM TRANSFORMERS	M-Open	229		00:54:48.75	00:54:48.75	+00:32:05 (58.6%)	10:57	5.5 (41.7%)
230	JANOWICZ Karol	115		M-Open	230		00:54:48.80	00:54:48.80	+00:32:05 (58.6%)	10:57	5.5 (41.7%)
231	SAMCZUK Dariusz	465		M-Open	231		00:54:51.90	00:54:51.90	+00:32:08 (58.6%)	10:58	5.5 (41.7%)
232	ŁUPICKI Andrzej Marek	193	DINOZAURY ATAKUJĄ	M-Open	232		00:54:55.50	00:54:55.50	+00:32:12 (58.6%)	10:59	5.5 (41.7%)
233	CHUDZIŃSKI Patryk	516		M-Open	233		00:55:14.05	00:55:14.05	+00:32:31 (58.9%)	11:02	5.4 (40.9%)
234	TADYSZAK Piotr	388		M-Open	234		00:55:15.60	00:55:15.60	+00:32:32 (58.9%)	11:03	5.4 (40.9%)
235	MALEPSZY Paweł	212	AVENGERS	M-Open	235	Avengers	00:55:21.60	00:55:21.60	+00:32:38 (59.0%)	11:04	5.4 (40.9%)
236	KASPRZAK Hieronim	494	TRANSFORMERS KOŚCIAN	M-Open	236	Transformers Kościan	00:55:39.35	00:55:39.35	+00:32:56 (59.2%)	11:07	5.4 (40.9%)
237	NOWICKI Krzysztof	259		M-Open	237	TOYOTA TEAM LESZNO	00:55:44.70	00:55:44.70	+00:33:01 (59.3%)	11:08	5.4 (40.9%)
238	MACIEJEWSKI Marcin	198		M-Open	238	Wymiatacze	00:55:58.60	00:55:58.60	+00:33:15 (59.4%)	11:11	5.4 (40.9%)
239	CUDAJEWICZ Grzegorz	46	FITNESSTEAM	M-Open	239		00:56:05.20	00:56:05.20	+00:33:22 (59.5%)	11:13	5.3 (40.2%)
240	POCZEKAJ Przemysław	292		M-Open	240	TOYOTA TEAM LESZNO	00:56:07.30	00:56:07.30	+00:33:24 (59.5%)	11:13	5.3 (40.2%)
241	WOJTKOWIAK Rafał	428	TEMPUS	M-Open	241		00:56:17.65	00:56:17.65	+00:33:34 (59.6%)	11:15	5.3 (40.2%)
242	SADOWSKI Wiktor	327		M-Open	242		00:56:17.85	00:56:17.85	+00:33:34 (59.7%)	11:15	5.3 (40.2%)
243	LEŚNIEWICZ Piotr	186	TEMPUS	M-Open	243		00:56:20.85	00:56:20.85	+00:33:37 (59.7%)	11:16	5.3 (40.2%)
244	KAŻMIERSKI Martyn	145		M-Open	244		00:56:32.40	00:56:32.40	+00:33:49 (59.8%)	11:18	5.3 (40.2%)

							Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1					
245	SAMCZUK Darek	466		M-Open	245		00:56:36.45	00:56:36.45	+00:33:53 (59.9%)	11:19	5.3 (40.2%)
246	CIDYŁO Mariusz	469		M-Open	246		00:56:36.55	00:56:36.55	+00:33:53 (59.9%)	11:19	5.3 (40.2%)
247	GRZYB Hubert	470		M-Open	247		00:56:57.65	00:56:57.65	+00:34:14 (60.1%)	11:23	5.3 (40.2%)
248	CHUDY Mateusz	37		M-Open	248	PYRY I KARTOFLE	00:57:23.40	00:57:23.40	+00:34:40 (60.4%)	11:28	5.2 (39.4%)
249	CHODZIŃSKI Rafał	35	MÜLLER TEAM	M-Open	249		00:57:27.15	00:57:27.15	+00:34:44 (60.5%)	11:29	5.2 (39.4%)
250	BODAK Piotr	20	FITNESSTEAM	M-Open	250		00:57:45.60	00:57:45.60	+00:35:02 (60.7%)	11:33	5.2 (39.4%)
251	TERESINSKI Jarosław	393		M-Open	251		00:58:25.25	00:58:25.25	+00:35:42 (61.1%)	11:41	5.1 (38.6%)
252	OZGOWICZ Kamil	270	CNS NOWA SÓL	M-Open	252	CNS Nowa Sól	00:58:39.40	00:58:39.40	+00:35:56 (61.3%)	11:43	5.1 (38.6%)
253	UFNIAK Radosław	406		M-Open	253	TOYOTA TEAM LESZNO	00:58:41.85	00:58:41.85	+00:35:58 (61.3%)	11:44	5.1 (38.6%)
254	RABURSKI Ernest	311		M-Open	254	TOYOTA TEAM LESZNO	00:58:43.00	00:58:43.00	+00:36:00 (61.3%)	11:44	5.1 (38.6%)
255	PAKULSKI Hubert	274	GOOD FOOD PRODUCTS	M-Open	255		00:58:45.10	00:58:45.10	+00:36:02 (61.3%)	11:45	5.1 (38.6%)
256	DYCZKOWSKI Jakub	60		M-Open	256	TOYOTA TEAM LESZNO	00:58:45.55	00:58:45.55	+00:36:02 (61.3%)	11:45	5.1 (38.6%)
257	KRAWCZYK Fabian	168	FITNESSTEAM	M-Open	257		00:58:54.85	00:58:54.85	+00:36:11 (61.4%)	11:46	5.1 (38.6%)
258	TARNAWSKI Maciej	389		M-Open	258		00:59:07.05	00:59:07.05	+00:36:24 (61.6%)	11:49	5.1 (38.6%)
259	KALISKI Darek	133		M-Open	259	TOYOTA TEAM LESZNO	00:59:57.00	00:59:57.00	+00:37:14 (62.1%)	11:59	5 (37.9%)
260	CHUDZIŃSKI Marek	39	SOLLVER TEAM	M-Open	260	Sollver Team	01:00:21.05	01:00:21.05	+00:37:38 (62.4%)	12:04	5 (37.9%)
261	KAPCIUK Wojciech	517		M-Open	261		01:00:28.70	01:00:28.70	+00:37:45 (62.4%)	12:05	5 (37.9%)
262	GRUSZKA Marcin	93		M-Open	262		01:00:36.70	01:00:36.70	+00:37:53 (62.5%)	12:07	5 (37.9%)
263	JANKOWIAK Tomasz	114		M-Open	263		01:01:36.60	01:01:36.60	+00:38:53 (63.1%)	12:19	4.9 (37.1%)
264	PARUS Łukasz	277		M-Open	264		01:01:48.10	01:01:48.10	+00:39:05 (63.2%)	12:21	4.9 (37.1%)
265	TARNAWSKI Bartosz	390		M-Open	265		01:02:19.80	01:02:19.80	+00:39:36 (63.6%)	12:27	4.8 (36.4%)
266	PACYNA Marcin	513	DRAGONS WROCŁAW	M-Open	266		01:03:11.35	01:03:11.35	+00:40:28 (64.1%)	12:38	4.7 (35.6%)
267	KACPRZAK Marek	127		M-Open	267		01:04:07.00	01:04:07.00	+00:41:24 (64.6%)	12:49	4.7 (35.6%)

							Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1					
268	KACPRZAK Krzysztof	126	WRZEŚNIA	M-Open	268	Września	01:04:07.20	01:04:07.20	+00:41:24 (64.6%)	12:49	4.7 (35.6%)
269	MAJEWSKI Kacper	207		M-Open	269		01:05:01.45	01:05:01.45	+00:42:18 (65.1%)	13:00	4.6 (34.8%)
270	MAJEWSKI Kamil	208		M-Open	270		01:05:37.20	01:05:37.20	+00:42:54 (65.4%)	13:07	4.6 (34.8%)
271	JUŚKOWIAK Marek	122		M-Open	271		01:06:49.70	01:06:49.70	+00:44:06 (66.0%)	13:21	4.5 (34.1%)
272	WOJTKOWIAK Wojciech	429	MISS FIT	M-Open	272	Miss Fit	01:10:23.40	01:10:23.40	+00:47:40 (67.7%)	14:04	4.3 (32.6%)
273	NIKOLISZYN Piotr	248	MISS FIT	M-Open	273	Miss Fit	01:11:56.35	01:11:56.35	+00:49:13 (68.4%)	14:23	4.2 (31.8%)
274	URBAN Patryk	407	MISSFIT	M-Open	274		01:12:05.65	01:12:05.65	+00:49:22 (68.5%)	14:25	4.2 (31.8%)
275	PŁÓCIENICZAK Witold	290	RUN TEAM RYDZYNA	M-Open	275		01:14:14.60	01:14:14.60	+00:51:31 (69.4%)	14:50	4 (30.3%)
276	RUDZIEWICZ Mariusz	320	RUN TEAM RYDZYNA	M-Open	276	RunTeam Rydzyna	01:13:02.40	01:14:19.90	+00:51:36 (69.4%)	14:36	4.1 (31.1%)
277	RUDOWSKI Jakub	319	INALFA	M-Open	277	Inalfa	01:14:33.65	01:14:33.65	+00:51:50 (69.5%)	14:54	4 (30.3%)
278	WOJNICZ Mateusz	425	INALFA	M-Open	278		01:14:34.35	01:14:34.35	+00:51:51 (69.5%)	14:54	4 (30.3%)
279	WRZESIŃSKI Miłosz	460		M-Open	279	Inalfa	01:14:34.70	01:14:34.70	+00:51:51 (69.5%)	14:54	4 (30.3%)
280	BORCZUCH Jakub	486		M-Open	280	Inalfa	01:14:36.20	01:14:36.20	+00:51:53 (69.6%)	14:55	4 (30.3%)
281	ŻUR Daniel	485		M-Open	281		01:14:01.95	01:15:34.95	+00:52:52 (69.9%)	14:48	4.1 (31.1%)
282	RUDZIEWICZ Jakub	322		M-Open	282	RunTeam Rydzyna	01:18:07.60	01:18:07.60	+00:55:24 (70.9%)	15:37	3.8 (28.8%)
283	GLEŃ Piotr	82	SOLLVER TEAM	M-Open	283	Sollver Team	01:19:08.60	01:19:08.60	+00:56:25 (71.3%)	15:49	3.8 (28.8%)
284	SKOPIŃSKI Marian	344	SOLLVER TEAM	M-Open	284	Sollver Team	01:19:27.05	01:19:27.05	+00:56:44 (71.4%)	15:53	3.8 (28.8%)
285	ZAJĄCZKOWSKI Bartosz	4	SOLLVER TEAM	M-Open	285	Sollver Team	01:19:57.00	01:19:57.00	+00:57:14 (71.6%)	15:59	3.8 (28.8%)
286	OLSZÓWKA Dawid	266	BELONA	M-Open	286	Belona	01:40:03.70	01:40:03.70	+01:17:20 (77.3%)	20:00	3 (22.7%)
287	DYBA Wojciech	59		M-Open	287	Belona	01:41:04.90	01:41:04.90	+01:18:21 (77.5%)	20:12	3 (22.7%)
288	MACIEJEWSKI Rafał	199	BELONA TEAM	M-Open	288		01:41:09.20	01:41:09.20	+01:18:26 (77.5%)	20:13	3 (22.7%)
289	KUBACIK Mikołaj	174	SOLLVER TEAM	M-Open	289	Sollver Team					(0.0%)
290	HENSEL Michał	99		M-Open	290	Wymiatacze					(0.0%)
291	WŁODAREK Michał	420		M-Open	291						(0.0%)
292	ŚWIADEK Tomasz	382		M-Open	292						(0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
293	RUTKOWSKI Arek	323	DIRTY SPARROWS	M-Open	293	Dirty Sparrows					(0.0%)
294	PALCZYŃSKI Marcin	276	VILLA_DAY_SPA	M-Open	294						(0.0%)
295	MUSZYŃSKI Bartosz	243	NOWOSOLSKA GRUPA BIEGOWA	M-Open	295						(0.0%)
296	ZAJDEL Dominik	444	SOLLVER TEAM	M-Open	296	Sollver Team					(0.0%)
297	PRZYBYLSKI Eryk	306		M-Open	297						(0.0%)
298	FIJALKOWSKI Jakub	65		M-Open	298	C&C Partners					(0.0%)
299	POMYKAŁA Michał	298	TEMPUS	M-Open	299						(0.0%)
300	NOWAK Jakub	251		M-Open	300						(0.0%)
301	IGNASZAK Tomasz	106		M-Open	301						(0.0%)

Znaleziono 301 wynik(ów)