



TRENING SYLWESTROWY 2020

B4SPORT

Event: Trening Sylwestrowy 2020
Organiser: Rowerowa Brzoza
Date: 2020-12-31
Place: Brzoza
Distance: 10 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Classification: K-30

Place	Participant	Number	Club	Category	MCat	Drużyna	Klub	Start time	Split 3.2km	Split 6.5km	Split 9.9km	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
1	TOMCZYK Agata	4		K-30	1	Polonia Bydgoszcz SLA	Polonia Bydgoszcz SLA	00:00:05	00:14:20	00:28:58	00:43:35	00:43:43.25	00:43:48.25		4:22	13.7 (100%)
2	JAGODZIŃSKA Magdalena	116		K-30	2	Bydgoskie Okonie	Bydgoskie Okonie	00:00:07	00:14:29	00:29:13	00:43:48	00:43:56.35	00:44:04.10	+00:00:13 (0.5%)	4:23	13.7 (100%)
3	WASILEWSKA Martyna	33		K-30	3		AMS Triathlon	00:00:18	00:14:15	00:29:44	00:45:28	00:45:37.75	00:45:56.35	+00:01:54 (4.2%)	4:33	13.2 (96.4%)
4	WASILEWSKA Agata	31		K-30	4	AMS Triathlon	AMS Triathlon	00:00:17	00:15:41	00:31:53	00:47:54	00:48:03.85	00:48:21.35	+00:04:20 (9.0%)	4:48	12.5 (91.2%)
5	BIERNAT Magdalena	7		K-30	5		TG SOKÓŁ GNIEWKOWO	00:00:20	00:16:20	00:33:23	00:50:36	00:50:46.70	00:51:07.15	+00:07:03 (13.9%)	5:04	11.8 (86.1%)
6	FULARA Nadia	47		K-30	6			00:03:17	00:16:49	00:33:55	00:51:28	00:51:40.40	00:54:58.30	+00:07:57 (15.4%)	5:10	11.6 (84.7%)
7	ŻYŁA Magdalena	23		K-30	7			00:18:04	00:17:35	00:35:19	00:52:35	00:52:44.00	01:10:48.35	+00:09:00 (17.1%)	5:16	11.4 (83.2%)
8	KRUBER Karolina	164		K-30	8		TEAMOCHAL	00:18:04	00:17:34	00:35:18	00:52:44	00:52:54.30	01:10:58.45	+00:09:11 (17.4%)	5:17	11.3 (82.5%)
9	GROBELNA Monika	72		K-30	9		G Team	00:01:13	00:18:13	00:36:07	00:54:58	00:55:08.15	00:56:21.90	+00:11:24 (20.7%)	5:30	10.9 (79.6%)
10	CZYŻEWSKA Justyna	16		K-30	10			00:00:22	00:18:05	00:36:36	00:55:10	00:55:25.50	00:55:48.25	+00:11:42 (21.1%)	5:32	10.8 (78.8%)
11	DROZDOWSKA Paulina	104		K-30	11			00:00:14	00:18:08	00:36:38	00:55:29	00:55:39.10	00:55:53.75	+00:11:55 (21.4%)	5:33	10.8 (78.8%)
12	RÓŻYCZKA Joanna	67		K-30	12			00:00:35	00:18:29	00:36:53	00:55:33	00:55:47.30	00:56:22.70	+00:12:04 (21.6%)	5:34	10.8 (78.8%)
13	DRÓŻDŻ Małgosia	5		K-30	13			00:00:13	00:19:54	00:39:26	00:58:25	00:58:35.40	00:58:49.25	+00:14:52 (25.4%)	5:51	10.2 (74.5%)
14	OLSZEWSKA Beata	45		K-30	14			00:00:20	00:20:09	00:39:42	00:58:54	00:59:10.35	00:59:30.85	+00:15:27 (26.1%)	5:55	10.1 (73.7%)
15	NADRAJKOWSKA Joanna	80		K-30	15		Dzikie Kuny	00:00:20	00:20:09	00:39:40	00:59:03	00:59:14.40	00:59:35.15	+00:15:31 (26.2%)	5:55	10.1 (73.7%)

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16	CHROBAK Małgorzata	133		K-30	16			00:00:21	00:19:59	00:39:35	00:59:11	00:59:22.65	00:59:44.30	+00:15:39 (26.4%)	5:56	10.1 (73.7%)
17	BŁAŻEK Kasia	68		K-30	17			00:00:35	00:19:47	00:39:24	00:59:19	00:59:28.45	01:00:03.55	+00:15:45 (26.5%)	5:56	10.1 (73.7%)
18	PISKORSKA Marta	43		K-30	18			00:00:10	00:21:26	00:42:21	01:03:27	01:03:37.75	01:03:47.95	+00:19:54 (31.3%)	6:21	9.4 (68.6%)
19	SZWARC Agnieszka	124		K-30	19		Aktywne Lniano	00:00:06	00:22:44	00:47:14	01:11:09	01:11:23.85	01:11:29.90	+00:27:40 (38.8%)	7:08	8.4 (61.3%)
20	OTREBSKA Agata	145		K-30	20			00:00:13	00:22:31	00:47:15	01:11:47	01:11:59.85	01:12:13.75	+00:28:16 (39.3%)	7:11	8.3 (60.6%)
DNC	LEWICKA Dagmara	152		K-30				00:00:42	00:20:41			00:21:01.90	00:21:44.00		0:00	28.5 (208.0%)

Total 21 results.