



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

ETAPOWA TRIADA ZIMOWA
Fundacja Kocham Góry
2020-01-04
Krościenko nad Dunajcem
16 km

TRIADA INTRO GORCE

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M30-39

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 16km	Czas brutto 16km	Różn	Tempo min/km	Tempo km/h
1	GABRYŚ Rafał	447	KAWIK RUNNING TEAM	M30-39	1	01:28:01.40	01:28:03.25		5:30	10.9 (100%)
2	DUDZIK Łukasz	439	GÓRAL BIEGA	M30-39	2	01:31:05.20	01:31:07.20	+00:03:03 (3.4%)	5:41	10.5 (96.3%)
3	SZCZEPANIAK Damian	615	KAMIENICA	M30-39	3	01:36:56.85	01:36:58.25	+00:08:55 (9.2%)	6:03	9.9 (90.8%)
4	BATORYNA Aleksander	406	UNIwersytet Ekonomiczny w Katowicach	M30-39	4	01:37:24.65	01:37:26.10	+00:09:22 (9.6%)	6:05	9.9 (90.8%)
5	BRENDZOWSKI Adam	420	SOLINATEAM / RUNONLINE.PL TEAM	M30-39	5	01:40:53.90	01:41:12.00	+00:13:08 (13.0%)	6:18	9.5 (87.2%)
6	BROL Piotr	423	ENDURANCE TEAM	M30-39	6	01:43:29.05	01:43:31.00	+00:15:27 (14.9%)	6:28	9.3 (85.3%)
7	OCHYRA Konrad	545	SOLINA TEAM	M30-39	7	01:43:42.30	01:43:59.65	+00:15:56 (15.3%)	6:28	9.3 (85.3%)
8	ROMANOWSKI Łukasz	584	HUSARIA RACE TEAM	M30-39	8	01:47:46.75	01:47:50.50	+00:19:47 (18.3%)	6:44	8.9 (81.7%)
9	PIECZONKA Rafal	558	SPARTAN TREINING GROUP TARNÓW	M30-39	9	01:48:34.90	01:48:45.95	+00:20:42 (19.0%)	6:47	8.8 (80.7%)
10	REICHEL Marcin	579		M30-39	10	01:52:36.00	01:52:42.45	+00:24:39 (21.9%)	7:02	8.5 (78.0%)
11	KOPIEĆ Kamil	492	JAJA NA BOK	M30-39	11	01:52:35.10	01:52:42.50	+00:24:39 (21.9%)	7:02	8.5 (78.0%)
12	KUBIESA-CRO Jakub	506		M30-39	12	01:54:09.15	01:54:23.45	+00:26:20 (23.0%)	7:08	8.4 (77.1%)
13	KEMPKA Marcin	495	RAJSPOrT ACTIVE	M30-39	13	01:56:20.70	01:56:30.20	+00:28:26 (24.4%)	7:16	8.3 (76.1%)
14	KOZŁOWSKI Bartosz	501	THE THRULERS	M30-39	14	01:56:32.35	01:56:37.70	+00:28:34 (24.5%)	7:17	8.2 (75.2%)
15	MŁYNARCZYK Krzysztof	536	ANDRYCHÓW RUNNING	M30-39	15	01:56:43.40	01:57:11.00	+00:29:07 (24.9%)	7:17	8.2 (75.2%)
16	KLOCEK Konrad	663		M30-39	16	01:57:16.60	01:57:37.45	+00:29:34 (25.1%)	7:19	8.2 (75.2%)
17	SURUS Artur	614		M30-39	17	01:59:35.10	02:00:08.70	+00:32:05 (26.7%)	7:28	8 (73.4%)
18	DEPTUŚ Bartłomiej	435		M30-39	18	02:05:51.95	02:06:19.40	+00:38:16 (30.3%)	7:52	7.6 (69.7%)
19	LEWCZUK Norbert	515	BIEGACZE POMAGACZE/ ELITE RUNNERS	M30-39	19	02:09:09.85	02:09:48.05	+00:41:44 (32.2%)	8:04	7.4 (67.9%)
20	SKRZYŃSKI Rafał	603	RUNONLINE.PL	M30-39	20	02:09:18.40	02:09:53.65	+00:41:50 (32.2%)	8:04	7.4 (67.9%)
21	GAWRYS Bartek	451	ENDURANCE TEAM	M30-39	21	02:14:18.40	02:14:31.00	+00:46:27 (34.5%)	8:23	7.1 (65.1%)
22	PAWEŁCZYK Kacper	554	K.S. CELIRONMAN S.A.	M30-39	22	02:14:10.95	02:14:54.50	+00:46:51 (34.7%)	8:23	7.2 (66.1%)
23	KOPEĆ Sebastian	490		M30-39	23	02:15:54.90	02:16:07.00	+00:48:03 (35.3%)	8:29	7.1 (65.1%)
24	OSTROWSKI Łukasz	549		M30-39	24	02:16:08.25	02:16:35.10	+00:48:31 (35.5%)	8:30	7.1 (65.1%)
25	HANUSIAK Leszek	461	HUSARIA RACE TEAM	M30-39	25	02:19:44.30	02:20:30.55	+00:52:27 (37.3%)	8:44	6.9 (63.3%)
26	BEDNARZ Franciszek	409		M30-39	26	02:27:14.40	02:28:12.70	+01:00:09 (40.6%)	9:12	6.5 (59.6%)
27	WÓJCIK Łukasz	646	OLEJ RUNNING TEAM / CELIRONMAN	M30-39	27	02:28:32.95	02:29:17.10	+01:01:13 (41.0%)	9:17	6.5 (59.6%)
28	LUDWA Michał	516	TARNOWSKI KLUB SPORTOWY SHINKYOKUSHIN KARATE	M30-39	28	02:30:21.85	02:30:21.85	+01:02:18 (41.4%)	9:23	6.4 (58.7%)
29	JAGIEŁA Tomasz	469	BAKOMAT TEAM	M30-39	29	02:31:10.95	02:31:24.45	+01:03:21 (41.8%)	9:26	6.3 (57.8%)

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30	ADAMSKI Jakub	662	OŚRODEK TWÓRCZEJ INTERWENCJI	M30-39	30	02:32:05.25	02:33:00.45	+01:04:57 (42.5%)	9:30	6.3 (57.8%)
31	DĄBROWSKI Marek	437	TRANSPOREON	M30-39	31	02:40:55.95	02:41:53.20	+01:13:49 (45.6%)	10:03	6 (55.0%)
32	STERNIK Daniel	611	NAJWIĘKSZA ARMIA ŚWIATA	M30-39	32	02:44:27.75	02:44:44.00	+01:16:40 (46.5%)	10:16	5.8 (53.2%)
33	KONIEC Mariusz	486	CARBON OCR RACING TEAM	M30-39	33	02:44:44.85	02:45:09.15	+01:17:05 (46.7%)	10:17	5.8 (53.2%)
34	BIAŁEK Mariusz	413	ENDURANCE TEAM	M30-39	34	02:48:07.15	02:48:21.75	+01:20:18 (47.7%)	10:30	5.7 (52.3%)
35	BAR Przemek	405	ENDURANCE TEAM	M30-39	35	02:48:13.70	02:48:58.30	+01:20:55 (47.9%)	10:30	5.7 (52.3%)
36	PRZYBYLSKI Michał	570	TRANSPOREON	M30-39	36	02:54:10.60	02:55:04.70	+01:27:01 (49.7%)	10:53	5.5 (50.5%)
37	BEZKOROWAJNY Mateusz	412	NOKIA	M30-39	37	02:54:54.70	02:55:52.70	+01:27:49 (49.9%)	10:55	5.5 (50.5%)
38	ZBROSZCZYK Damian	585	CARBON OCR RACING TEAM	M30-39	38	02:57:51.60	02:58:15.35	+01:30:12 (50.6%)	11:07	5.4 (49.5%)
39	ŁĘPICKI Mateusz	521	LEMON TEAM	M30-39	39	03:05:36.25	03:06:10.95	+01:38:07 (52.7%)	11:36	5.2 (47.7%)
40	KOTULA Jakub	498		M30-39	40	03:14:27.55	03:15:10.75	+01:47:07 (54.9%)	12:09	4.9 (45.0%)
41	SITEK Szymon	620	ZABIEGANI CZĘSTOCHOWA	M30-39	41	03:30:00.00	03:30:00.00	+02:01:56 (58.1%)	13:07	4.6 (42.2%)
41	RADYK Jakub	440	PRZEMYSKI KLUB BIEGACZA	M30-39	41	03:30:00.00	03:30:00.00	+02:01:56 (58.1%)	13:07	4.6 (42.2%)

Znaleziono 42 wynik(ów)