

# TRIADA POWIATU DRAWSKIEGO - NORDIC WALKING 7,5KM, 5.5KM, 5KM

B4SPORT  
INTELLIGENTNE ZAWODY SPORTOWE

**Event:** VII Bieg Rybaka  
**Organiser:** Powiat Drawski  
**Date:** 2024-09-07  
**Place:** Drawsko Pomorskie, Świerzyna, Czaplinek  
**Distance:** 5 km



Classification: All

Place	Participant	Number	Club	Category	MCat	Etap 1	Etap 2	Etap 3	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1	<b>POŁUBIAK Paweł</b>	<b>192</b>	NW CZŁAPSKI TEAM	M OPEN	1	00:51:25.00	00:35:34.00	00:31:14.00	<b>01:58:13.00</b>	<b>01:58:30.00</b>		6:34	9.1 (100%)
2	<b>WOJTCZAK Urszula</b>	<b>153</b>	EL TORO	K OPEN	1	00:54:32.00	00:37:16.00	00:32:25.00	<b>02:04:13.00</b>	<b>02:04:24.00</b>	+00:06:00 (4.8%)	6:54	8.7 (95.6%)
3	<b>LENARTOWICZ Stanisław</b>	<b>181</b>		M OPEN	2	01:09:31.00	00:40:18.00	00:38:10.00	<b>02:27:59.00</b>	<b>02:28:18.00</b>	+00:29:46 (20.1%)	8:13	7.3 (80.2%)
4	<b>HRYBOWICZ Joanna</b>	<b>5</b>	RUNDORFINA	K OPEN	2	01:06:07.00	00:45:14.00	00:39:21.00	<b>02:30:42.00</b>	<b>02:31:01.00</b>	+00:32:29 (21.6%)	8:22	7.2 (79.1%)
5	<b>WITCZAK Dorota</b>	<b>128</b>	BŁYSKAWICE N.W TEAM KALISZ POMORSKI	K OPEN	3	01:06:01.00	00:45:36.00	00:39:27.00	<b>02:31:04.00</b>	<b>02:31:27.00</b>	+00:32:51 (21.7%)	8:23	7.1 (78.0%)
6	<b>ILCZYSZYN Magdalena</b>	<b>172</b>	BŁYSKAWICE N.W TEAM	K OPEN	4	01:11:59.00	00:48:52.00	00:40:43.00	<b>02:41:34.00</b>	<b>02:42:03.00</b>	+00:43:21 (26.8%)	8:58	6.7 (73.6%)
7	<b>ZIARNIK Danuta</b>	<b>131</b>	BŁYSKAWICE N.W TEAM KALISZ POMORSKI	K OPEN	5	01:12:35.00	00:49:16.00	00:44:30.00	<b>02:46:21.00</b>	<b>02:46:48.00</b>	+00:48:08 (28.9%)	9:14	6.5 (71.4%)
8	<b>ZAKRZEWSKA Krystyna</b>	<b>130</b>	RUNDORFINA	K OPEN	6	01:18:11.00	00:50:17.00	00:42:17.00	<b>02:50:45.00</b>	<b>02:51:09.00</b>	+00:52:32 (30.8%)	9:29	6.3 (69.2%)
9	<b>RAŚ Katarzyna</b>	<b>196</b>	BŁYSKAWICE N.W TEAM KALISZ POMORSKI	K OPEN	7	01:20:39.00	00:54:30.00	00:47:15.00	<b>03:02:24.00</b>	<b>03:02:53.00</b>	+01:04:11 (35.2%)	10:08	5.9 (64.8%)
	<b>MAZUR Milena</b>	<b>106</b>	RUNDORFINA CZAPLINEK	K OPEN		00:00:00.00 DNF	00:00:00.00 DNF	00:39:16.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>ZAWADZKI Krzysztof</b>	<b>132</b>		M OPEN		00:00:00.00 DNF	00:39:40.00 DNF	00:00:00.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KACZOR Sławomir</b>	<b>100</b>		M OPEN		00:00:00.00 DNF	00:40:18.00 DNF	00:00:00.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KNITTER Monika</b>	<b>101</b>	NADLEŚNICTWO POLANÓW	K OPEN		00:00:00.00 DNF	00:40:28.00 DNF	00:00:00.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Place	Participant	Number	Club	Category	MCat	Etap 1	Etap 2	Etap 3	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
	<b>NOWAKOWSKI Arkadiusz</b>	<b>110</b>		M OPEN		00:00:00.00 DNF	00:42:16.00 DNF	00:00:00.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>NASTALSKA Katarzyna</b>	<b>107</b>		K OPEN		00:00:00.00 DNF	00:43:07.00 DNF	00:00:00.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>STASIELUK Sylwia</b>	<b>123</b>		K OPEN		00:00:00.00 DNF	00:44:45.00 DNF	00:00:00.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>DOPIERAŁA Tomek</b>	<b>94</b>	HARDCORE PUNK	M OPEN		00:00:00.00 DNF	00:45:07.00 DNF	00:00:00.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>DOPIERAŁA Cezary</b>	<b>95</b>	HARDCORE PUNK	M OPEN		00:00:00.00 DNF	00:45:07.00 DNF	00:00:00.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>DERKACZ Renata</b>	<b>167</b>	BŁYSKAWICE N.W TEAM KALISZ POMORSKI	K OPEN		00:00:00.00 DNF	00:00:00.00 DNF	00:47:13.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>ROMANOWICZ Piotr</b>	<b>197</b>	RUNGRYF GRYFICE	M OPEN		00:48:15.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>DYBOWSKI Cezary</b>	<b>134</b>		M OPEN		00:00:00.00 DNF	00:48:21.00 DNF	00:00:00.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>ROKOSZ Jolanta</b>	<b>119</b>		K OPEN		00:00:00.00 DNF	00:50:31.00 DNF	00:00:00.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>ROŚKOWSKA Ewa</b>	<b>120</b>		K OPEN		00:00:00.00 DNF	00:51:31.00 DNF	00:00:00.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>ROŚKOWSKI Tadeusz</b>	<b>121</b>		M OPEN		00:00:00.00 DNF	00:52:44.00 DNF	00:00:00.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KERDIKOSZWILI Zaza</b>	<b>136</b>		M OPEN		00:00:00.00 DNF	00:52:47.00 DNF	00:00:00.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>NOWAK Jakub</b>	<b>135</b>		M OPEN		00:00:00.00 DNF	00:52:48.00 DNF	00:00:00.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>ROJEWSKA Ewa</b>	<b>117</b>		K OPEN		00:00:00.00 DNF	00:53:06.00 DNF	00:00:00.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>DYBOWSKA Agnieszka</b>	<b>133</b>		K OPEN		00:00:00.00 DNF	00:53:27.00 DNF	00:00:00.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>NOWAKOWSKI Paweł</b>	<b>109</b>		M OPEN		00:00:00.00 DNF	00:53:27.00 DNF	00:00:00.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KŁUNDUKOWSKA Paulina</b>	<b>177</b>	POZYTYWNI Z PASJĄ	K OPEN		00:54:05.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>PONIECKA Elwira</b>	<b>194</b>	BŁYSKAWICE N.W. TEAM KALISZ POMORSKI	K OPEN		00:00:00.00 DNF	00:54:30.00 DNF	00:00:00.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KIELING Mariusz</b>	<b>176</b>	GULKS BARWICE	M OPEN		00:55:17.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>PROBOLA Grzegorz</b>	<b>195</b>		M OPEN		00:58:35.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>WOŹNIAK Iwona</b>	<b>154</b>	RUNGRYF GRYFICE	K OPEN		00:59:54.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>BELICA Krzysztof</b>	<b>162</b>	POŁCZYŃ BIEGA	M OPEN		01:00:37.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KRANC Anna</b>	<b>179</b>	BŁYSKAWICE N.W TEAM	K OPEN		01:03:09.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

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	<b>PIETRZYK Anna</b>	<b>190</b>	CBL KALISZ POMORSKI	K OPEN		01:05:06.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>WÓJCIK Julian</b>	<b>155</b>	SKL STARGARD	M OPEN		01:05:48.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>NAUMIAK Magdalena</b>	<b>186</b>	CBL KALISZ POMORSKI	K OPEN		01:06:49.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>SYMENOWICZ Małgorzata</b>	<b>148</b>	CBL KALISZ POMORSKI	K OPEN		01:07:27.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>GRZYBOWSKA Emila</b>	<b>171</b>	CBL KALISZ POMORSKI	K OPEN		01:08:04.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>FURMAN Bożena</b>	<b>170</b>	BŁYSKAWICE N.W TEAM KALISZ POMORSKI	K OPEN		01:08:28.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>MAŃKOWSKA Ania</b>	<b>184</b>	CBL KALISZ POM	K OPEN		01:09:59.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>OBUCHOWICZ Mariola</b>	<b>188</b>	RUNDORFINA	K OPEN		01:10:27.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>POMAGALSKA Barbara</b>	<b>193</b>	CBL KALISZ POMORSKI	K OPEN		01:12:47.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>SKUPIEŃ Monika</b>	<b>200</b>	CBL KALISZ POMORSKI	K OPEN		01:12:52.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>FAJGER Agnieszka</b>	<b>169</b>	CBL KALISZ POMORSKI	K OPEN		01:13:08.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>DĄBROWSKA Marzena</b>	<b>166</b>	CBL KALISZ POMORSKI	K OPEN		01:16:00.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>SMOLIŃSKA Iwona</b>	<b>15</b>	ABEK	K OPEN		01:19:14.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>CCC Ccc</b>	<b>64</b>		K OPEN		01:19:22.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>LEWANDOWSKA Kaśka</b>	<b>182</b>		K OPEN		01:20:31.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>JAKIMIEC Tadeusz</b>	<b>173</b>	KLUB SPORTOWY HUSARIA SZCZECINEK	M OPEN		00:51:05.00 DNF	00:00:00.00 DNF	00:30:46.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>STODULSKA Bogumiła</b>	<b>124</b>	BŁYSKAWICE N.W TEAM KALISZ POMORSKI	K OPEN		01:28:15.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>EFFENBERG-NAWROT Renata</b>	<b>168</b>	CBL KALISZ POMORSKI	K OPEN		01:28:18.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>BANASIAK Aneta</b>	<b>161</b>	CBL KALISZ POMORSKI	K OPEN		01:28:18.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>MROZICKI Andrzej</b>	<b>185</b>	POKÓJ NA ŚWIECIE	M OPEN		00:59:23.00 DNF	00:00:00.00 DNF	00:35:52.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>WAWRZONKOWSKA Justyna</b>	<b>151</b>	TADZIKAONY	K OPEN		01:05:34.00 DNF	00:00:00.00 DNF	00:38:10.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>PODGÓRSKA Agata</b>	<b>191</b>	KLUB SPORTOWY HUSARIA SZCZECINEK	K OPEN		01:05:02.00 DNF	00:00:00.00 DNF	00:42:17.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KARCZ Ryszard</b>	<b>175</b>	CBL KALISZ POMORSKI	M OPEN		01:02:12.00 DNF	00:00:00.00 DNF	00:45:30.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

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	<b>ROMANÓW Małgorzata</b>	<b>198</b>	RUNDORFINA	K OPEN		01:10:18.00 DNF	00:00:00.00 DNF	00:41:15.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>ROMANÓW Mariusz</b>	<b>199</b>	RUNDORFINA	M OPEN		01:14:48.00 DNF	00:00:00.00 DNF	00:41:13.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>ŚLEDŹ Magdalena</b>	<b>150</b>	KLUB SPORTOWY HUSARIA SZCZECINEK	K OPEN		01:16:06.00 DNF	00:00:00.00 DNF	00:41:13.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>SZYLAK Katarzyna</b>	<b>149</b>	KLUB SPORTOWY HUSARIA SZCZECINEK	K OPEN		01:16:05.00 DNF	00:00:00.00 DNF	00:41:15.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>SYDOR Magdalena</b>	<b>147</b>	CBL KALISZ POMORSKI	K OPEN		01:15:14.00 DNF	00:00:00.00 DNF	00:47:15.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KOWALSKA Grażyna</b>	<b>178</b>	BŁYSKAWICE N.W TEAM KALISZ POMORSKI	K OPEN		01:20:41.00 DNF	00:00:00.00 DNF	00:43:51.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>PAJOR Romualda</b>	<b>189</b>	STOWARZYSZENIE NASZA ŚWIERCZYNA	K OPEN		01:20:31.00 DNF	00:00:00.00 DNF	00:44:22.00 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Total 66 results.