

# TRIADA ULTRA GORCE

B4SPORT



**Wydarzenie:** ETAPOWA TRIADA ZIMOWA  
**Organizator:** Fundacja Kocham Góry  
**Data:** 2020-01-04  
**Miejsce:** Krościenko nad Dunajcem  
**Dystans:** 16 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 16km	Czas brutto 16km	Różn	Tempo min/km	Tempo km/h
1	<b>GOMOLIŃSKA Danuta</b>	<b>37</b>	GUMISIE	K40-49	1	<b>01:41:41.65</b>	<b>01:41:54.90</b>		6:21	9.4 (100%)
2	<b>KRYSKA Eliza</b>	<b>79</b>	NUTREND BIEGA	K40-49	2	<b>01:55:11.00</b>	<b>01:55:17.60</b>	+00:13:22 (11.6%)	7:11	8.3 (88.3%)
3	<b>PLACKOVA Gabriela</b>	<b>99</b>	SLOVAK ULTRA TRAIL	K40-49	3	<b>01:57:41.30</b>	<b>01:57:44.10</b>	+00:15:49 (13.4%)	7:21	8.2 (87.2%)
4	<b>STACHURA Beata</b>	<b>145</b>	ATLANTIC	K40-49	4	<b>01:58:21.10</b>	<b>01:58:28.35</b>	+00:16:33 (14.0%)	7:23	8.1 (86.2%)
5	<b>KUROWSKA Monika</b>	<b>84</b>	ATLANTIC	K40-49	5	<b>02:04:46.45</b>	<b>02:04:51.90</b>	+00:22:57 (18.4%)	7:47	7.7 (81.9%)
6	<b>ROŻNIATA Iwona</b>	<b>132</b>	SNG WILD DUCKS	K40-49	6	<b>02:05:44.40</b>	<b>02:06:03.90</b>	+00:24:09 (19.2%)	7:51	7.6 (80.9%)
7	<b>SZMECHTIG-GAUDEN Ewa</b>	<b>153</b>	PODGÓRZ TORUŃ	K40-49	7	<b>02:11:04.40</b>	<b>02:11:46.85</b>	+00:29:51 (22.7%)	8:11	7.3 (77.7%)
8	<b>GOLON Marlena</b>	<b>36</b>	RUN PASJA	K40-49	8	<b>02:12:04.40</b>	<b>02:12:14.90</b>	+00:30:20 (22.9%)	8:15	7.3 (77.7%)
9	<b>OSTAPIŃSKA Magda</b>	<b>114</b>	OSTRESROKI	K40-49	9	<b>02:13:12.90</b>	<b>02:13:21.85</b>	+00:31:26 (23.6%)	8:19	7.2 (76.6%)
10	<b>WALCZAK Agnieszka</b>	<b>160</b>	PKO BANK POLSKI SA	K40-49	10	<b>02:14:40.70</b>	<b>02:14:51.45</b>	+00:32:56 (24.4%)	8:25	7.1 (75.5%)
11	<b>KICZIŃSKA Izabela</b>	<b>63</b>	DRUŻYNA SZPIKU	K40-49	11	<b>02:15:55.20</b>	<b>02:15:57.50</b>	+00:34:02 (25.0%)	8:29	7.1 (75.5%)
12	<b>KUSZTAL Justyna</b>	<b>86</b>	KS ESKADRA KRAKÓW	K40-49	12	<b>02:30:57.00</b>	<b>02:31:27.05</b>	+00:49:32 (32.7%)	9:26	6.4 (68.1%)
13	<b>PAŃCZUK-FIGURA Irmína</b>	<b>116</b>	UMCS BIEGA	K40-49	13	<b>02:30:56.15</b>	<b>02:31:27.25</b>	+00:49:32 (32.7%)	9:26	6.4 (68.1%)
14	<b>GOKIERT-SKRENTNA Justyna</b>	<b>35</b>		K40-49	14	<b>02:31:52.45</b>	<b>02:32:21.40</b>	+00:50:26 (33.1%)	9:29	6.3 (67.0%)
15	<b>BLIŻNIEWSKA Katarzyna</b>	<b>133</b>	SNG WILD DUCKS	K40-49	15	<b>02:34:27.85</b>	<b>02:34:45.45</b>	+00:52:50 (34.1%)	9:39	6.2 (66.0%)
16	<b>JĘSIEK-BARABASZ Agnieszka</b>	<b>54</b>	STACHOWSCY TEAM	K40-49	16	<b>02:35:15.50</b>	<b>02:35:44.65</b>	+00:53:49 (34.6%)	9:42	6.2 (66.0%)
17	<b>SZYMANKIEWICZ Kalina</b>	<b>154</b>		K40-49	17	<b>02:36:29.80</b>	<b>02:37:09.10</b>	+00:55:14 (35.1%)	9:46	6.1 (64.9%)
18	<b>MŁODECKA Sylwia</b>	<b>104</b>	VIRTUAL RUNNER CLUB	K40-49	18	<b>02:36:55.45</b>	<b>02:37:33.50</b>	+00:55:38 (35.3%)	9:48	6.1 (64.9%)
19	<b>OCHNIO Ewa</b>	<b>111</b>		K40-49	19	<b>02:52:18.10</b>	<b>02:52:36.00</b>	+01:10:41 (41.0%)	10:46	5.6 (59.6%)
20	<b>KISZKIS Elżbieta</b>	<b>65</b>		K40-49	20	<b>02:56:11.90</b>	<b>02:57:01.05</b>	+01:15:06 (42.4%)	11:00	5.4 (57.4%)
21	<b>KALBARCZYK Izabella</b>	<b>59</b>		K40-49	21	<b>03:12:09.60</b>	<b>03:12:45.50</b>	+01:30:50 (47.1%)	12:00	5 (53.2%)

Znaleziono 21 wynik(ów)