



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

ETAPOWA TRIADA ZIMOWA
Fundacja Kocham Góry
2020-01-04
Krościenko nad Dunajcem
16 km

TRIADA ULTRA GORCE

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 16km	Czas brutto 16km	Różn	Tempo min/km	Tempo km/h
1	PLACKO Martin	1	SLOVAK ULTRA TRAIL TEAM	M40-49	1	01:26:58.15	01:27:00.75		5:26	11 (100%)
2	WOJNAROWSKI Piotr	170		M40-49	2	01:27:25.55	01:27:26.30	+00:00:25 (0.5%)	5:27	11 (100%)
3	SZELAĞ Sławomir	151	LISY PUSTYNI	M40-49	3	01:33:29.15	01:33:33.30	+00:06:32 (7.0%)	5:50	10.3 (93.6%)
4	JACHYMIAK Robert	50	SPECJALISTYCZNY GABINET REHABILITACJI DZIECI	M40-49	4	01:37:15.50	01:37:15.85	+00:10:15 (10.5%)	6:04	9.9 (90.0%)
5	SZCZEPANIAK Witold	166		M40-49	5	01:37:34.90	01:37:35.25	+00:10:34 (10.8%)	6:05	9.8 (89.1%)
6	WARWAS Radosław	163		M40-49	6	01:42:02.20	01:42:10.95	+00:15:10 (14.8%)	6:22	9.4 (85.5%)
7	BORÓWKA Ryszard	11		M40-49	7	01:42:18.60	01:42:24.75	+00:15:24 (15.0%)	6:23	9.4 (85.5%)
8	LATAK Michał	90	JACEKBIEGA RUNNING TEAM	M40-49	8	01:43:22.80	01:43:24.50	+00:16:23 (15.9%)	6:27	9.3 (84.5%)
9	MACH Olek	94	ATLANTIC	M40-49	9	01:43:42.40	01:43:46.40	+00:16:45 (16.2%)	6:28	9.3 (84.5%)
10	WÓJCICKI Darek	173	CSC ADVENTURE ACADEMY	M40-49	10	01:44:13.55	01:44:18.30	+00:17:17 (16.6%)	6:30	9.2 (83.6%)
11	NIEDŹWIADEK Piotr	108	#ADAMCZERWIŃSKITEAM	M40-49	11	01:44:31.70	01:44:34.20	+00:17:33 (16.8%)	6:32	9.2 (83.6%)
12	BUCHŁA Marcin	13		M40-49	12	01:46:10.70	01:46:10.70	+00:19:09 (18.1%)	6:38	9 (81.8%)
13	CZUWAJ Andrzej	22		M40-49	13	01:45:47.45	01:46:21.90	+00:19:21 (18.2%)	6:36	9.1 (82.7%)
14	CZAJKOWSKI Wojtek	20	ADIDAS RUNNERS WARSAW	M40-49	14	01:46:45.35	01:46:52.50	+00:19:51 (18.6%)	6:40	9 (81.8%)
15	ŁUKOMSKI Maciej	93	SZAKALE BAŁUT	M40-49	15	01:47:40.05	01:47:40.05	+00:20:39 (19.2%)	6:43	8.9 (80.9%)
16	BONIKOWSKI Tomasz	9		M40-49	16	01:47:53.90	01:48:09.25	+00:21:08 (19.5%)	6:44	8.9 (80.9%)
17	GLEISNER Tomasz	34	EKIPA Z TARNOWA	M40-49	17	01:48:56.10	01:48:57.80	+00:21:57 (20.1%)	6:48	8.8 (80.0%)
18	KUSIAK Marcin	85	CREATIVE BOCHNIA BIEGA TEAM	M40-49	18	01:49:16.35	01:49:19.00	+00:22:18 (20.4%)	6:49	8.8 (80.0%)
19	PIKUL Piotr	121		M40-49	19	01:49:50.15	01:49:53.45	+00:22:52 (20.8%)	6:51	8.7 (79.1%)
20	BURMAN Michał	14	KB GEPARD	M40-49	20	01:50:26.10	01:50:36.55	+00:23:35 (21.3%)	6:54	8.7 (79.1%)
21	ROGOŹ Radosław	130	#ULTRATRACK	M40-49	21	01:51:25.65	01:51:33.35	+00:24:32 (22.0%)	6:57	8.6 (78.2%)
22	BŁĘDOWSKI Mariusz	8	AAC FORD AUTO STYL WŁOCŁAWEK TEAM	M40-49	22	01:53:57.60	01:54:21.20	+00:27:20 (23.9%)	7:07	8.4 (76.4%)
23	JACHYMEK Bartłomiej	49	JACEKBIEGA RUNNING TEAM	M40-49	23	01:56:02.20	01:56:06.65	+00:29:05 (25.1%)	7:15	8.3 (75.5%)
24	OKOŃ Łukasz	112		M40-49	24	01:56:31.35	01:56:39.55	+00:29:38 (25.4%)	7:16	8.2 (74.5%)
25	GRUBICH Damian	41	PARKRUN GRUDZIĄDZ	M40-49	25	01:56:33.50	01:56:52.20	+00:29:51 (25.5%)	7:17	8.2 (74.5%)
26	ZDUNEK Michał	176	EUROSOFT TEAM / WKURW_TEAM	M40-49	26	01:57:47.45	01:58:04.95	+00:31:04 (26.3%)	7:21	8.2 (74.5%)
27	DŁUŹNIEWSKI Jacek	25	SBRT BIELSKO-BIAŁA	M40-49	27	01:58:41.20	01:59:27.05	+00:32:26 (27.2%)	7:25	8.1 (73.6%)
28	ZYGMUNT Paweł	183		M40-49	28	01:59:24.20	01:59:30.35	+00:32:29 (27.2%)	7:27	8 (72.7%)
29	CHOLEWA Zbigniew	18	LISY PUSTYNI	M40-49	29	02:00:12.55	02:00:21.20	+00:33:20 (27.7%)	7:30	8 (72.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 16km	Czas brutto 16km	Różn	Tempo min/km	Tempo km/h
30	KLATKA Michał	66	BBL TOMASZÓWW MAZOWIECKI	M40-49	30	02:01:02.30	02:01:08.20	+00:34:07 (28.2%)	7:33	7.9 (71.8%)
31	GRZYWINSKI Bartosz	42		M40-49	31	02:05:01.95	02:05:48.50	+00:38:47 (30.8%)	7:48	7.7 (70.0%)
32	PODGÓRSKI Dominik	124	PRORUNNING PROMOTION	M40-49	32	02:05:49.65	02:06:31.70	+00:39:30 (31.2%)	7:51	7.6 (69.1%)
33	KOZA Robert	72	CARBON RACING TEAM	M40-49	33	02:06:02.60	02:07:06.60	+00:40:05 (31.5%)	7:52	7.6 (69.1%)
34	BIEL Tomasz	7		M40-49	34	02:06:45.45	02:07:34.00	+00:40:33 (31.8%)	7:55	7.6 (69.1%)
35	ZUB Arkadiusz	181	GRUPA BIEGOWA BEZ GRANIC	M40-49	35	02:08:21.95	02:08:24.25	+00:41:23 (32.2%)	8:01	7.5 (68.2%)
36	NOWAK Krzysztof	110		M40-49	36	02:08:35.50	02:08:45.00	+00:41:44 (32.4%)	8:02	7.5 (68.2%)
37	WOŹNICA Rafał	168		M40-49	37	02:09:05.05	02:09:30.25	+00:42:29 (32.8%)	8:04	7.4 (67.3%)
38	WAROWNY Piotr	162	BIEGUSIEM.PL	M40-49	38	02:10:00.35	02:10:02.30	+00:43:01 (33.1%)	8:07	7.4 (67.3%)
39	KUBAT Daniel	82	BMS	M40-49	39	02:11:15.50	02:11:56.55	+00:44:55 (34.1%)	8:12	7.3 (66.4%)
40	SAMBORSKI Bartosz	137	WKURW_TEAM	M40-49	40	02:11:02.75	02:12:04.70	+00:45:03 (34.1%)	8:11	7.3 (66.4%)
41	SKRZYPCZAK Hubert	140	RUNNINGPOWERPLAY	M40-49	41	02:11:27.10	02:12:13.10	+00:45:12 (34.2%)	8:12	7.3 (66.4%)
42	OSTAPIŃSKI Wojtek	115	OSTRESROKI	M40-49	42	02:13:13.35	02:13:21.85	+00:46:21 (34.8%)	8:19	7.2 (65.5%)
43	MICHALSKI Ryszard	102	WWW.SENSORYBEAUTY.PL	M40-49	43	02:14:23.90	02:14:51.00	+00:47:50 (35.5%)	8:24	7.1 (64.5%)
44	WALCZAK Dariusz	161	OLKUSZBIEGA.PL	M40-49	44	02:14:41.65	02:14:51.50	+00:47:50 (35.5%)	8:25	7.1 (64.5%)
45	OLSZEWSKI Jacek	113	KACYK TEAM	M40-49	45	02:17:22.25	02:18:10.20	+00:51:09 (37.0%)	8:35	7 (63.6%)
46	SZCZYGIELSKI Tomek	150	BIEGUSIEM.PL	M40-49	46	02:18:02.35	02:18:25.15	+00:51:24 (37.1%)	8:37	7 (63.6%)
47	GUZOWSKI Jacek	47	MCT	M40-49	47	02:17:40.75	02:18:27.75	+00:51:27 (37.2%)	8:36	7 (63.6%)
48	BALCERZAK Mariusz	3		M40-49	48	02:18:57.20	02:19:46.90	+00:52:46 (37.8%)	8:41	6.9 (62.7%)
49	GOMOLIŃSKI Sławomir	38		M40-49	49	02:22:28.50	02:22:41.70	+00:55:40 (39.0%)	8:54	6.7 (60.9%)
50	KOWALCZYK Paweł	71	KĘCKIE HARPAGANY	M40-49	50	02:25:55.60	02:25:56.15	+00:58:55 (40.4%)	9:07	6.6 (60.0%)
51	KOBYLIŃSKI Piotr	188	WKURW_TEAM	M40-49	51	02:49:38.90	02:50:17.85	+01:23:17 (48.9%)	10:36	5.7 (51.8%)
52	GUŹDZIOŁ Jarek	44	TBKM WILK SOLEC KUJAWSKI	M40-49	52	02:50:41.65	02:51:41.25	+01:24:40 (49.3%)	10:40	5.6 (50.9%)

Znaleziono 52 wynik(ów)