



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

ETAPOWA TRIADA ZIMOWA
Fundacja Kocham Góry
2020-01-05
Krościenko nad Dunajcem
60 km

TRIADA ULTRA ŁĄCZNIE

B4SPORT

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: K Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Gorce	Nocne Pieniny	Beskid Sadecki	Czas netto 60km	Czas brutto 60km	Różn	Tempo min/km	Tempo km/h
1	SZABŁOWSKA Iwona	149	STRASZYN ULTRA TEAM	K30-39	1	01:42:47.00	00:59:57.00	03:51:56.00	06:34:30.00	06:34:40.00		6:34	9.1 (100%)
2	GOMOLIŃSKA Danuta	37	GUMISIE	K40-49	1	01:41:54.00	01:04:03.00	03:52:58.00	06:38:28.00	06:38:55.00	+00:04:15 (1.1%)	6:38	9 (98.9%)
3	KRAWCZAK Paulina	78	BIEGUSIEM.PL	K30-39	2	01:48:02.00	01:02:24.00	04:01:59.00	06:52:20.00	06:52:25.00	+00:17:45 (4.3%)	6:52	8.7 (95.6%)
4	KSYTA Martyna	81	KW KRAKÓW	K30-39	3	01:52:25.00	01:07:39.00	04:14:23.00	07:14:08.00	07:14:27.00	+00:39:47 (9.2%)	7:14	8.3 (91.2%)
5	KRYSKA Eliza	79	NUTREND BIEGA	K40-49	2	01:55:17.00	01:08:47.00	04:25:12.00	07:28:52.00	07:29:16.00	+00:54:36 (12.2%)	7:28	8 (87.9%)
6	ŁĘCKA Agnieszka	187	JACEKBIEGA RUNNING TEAM	K30-39	4	01:54:09.00	01:10:43.00	04:27:36.00	07:32:11.00	07:32:28.00	+00:57:48 (12.8%)	7:32	8 (87.9%)
7	KASKA-ŁOBODOWSKA Ewelina	61	RACEFIGHTER GOSIR DĘBE WIELKIE	K30-39	5	01:56:40.00	01:10:39.00	04:40:13.00	07:47:13.00	07:47:32.00	+01:12:52 (15.6%)	7:47	7.7 (84.6%)
8	PLACKOVA Gabriela	99	SLOVAK ULTRA TRAIL	K40-49	3	01:57:44.00	01:07:57.00	04:45:52.00	07:51:21.00	07:51:33.00	+01:16:53 (16.3%)	7:51	7.6 (83.5%)
9	ZATORSKA-RADLIŃSKA Katarzyna	174	RPD	K30-39	6	01:58:24.00	01:11:54.00	04:43:26.00	07:53:22.00	07:53:44.00	+01:19:04 (16.7%)	7:53	7.6 (83.5%)
10	BEDNARZ Marta	191		K30-39	7	02:03:14.00	01:14:12.00	04:39:53.00	07:56:41.00	07:57:19.00	+01:22:39 (17.3%)	7:56	7.6 (83.5%)
11	KUROWSKA Monika	84	ATLANTIC	K40-49	4	02:04:51.00	01:15:05.00	04:46:57.00	08:06:29.00	08:06:53.00	+01:32:13 (18.9%)	8:06	7.4 (81.3%)
12	ROŻNIATA Iwona	132	SNG WILD DUCKS	K40-49	5	02:06:03.00	01:15:31.00	04:47:28.00	08:08:18.00	08:09:02.00	+01:34:22 (19.3%)	8:08	7.4 (81.3%)
13	RACZYŁŁO Maja	127		K16-29	1	02:14:16.00	01:19:06.00	04:44:55.00	08:16:58.00	08:18:17.00	+01:43:37 (20.8%)	8:16	7.2 (79.1%)
14	ŻEBROWSKA Jolanta	185	POTRENUJEMY? / CHEMIK NOXY PUŁAWY / UMCS BIEGA	K50-59	1	02:07:36.00	01:18:14.00	04:53:20.00	08:18:58.00	08:19:10.00	+01:44:30 (20.9%)	8:18	7.2 (79.1%)
15	BASTER Aleksandra	5		K16-29	2	02:12:50.00	01:22:49.00	04:46:00.00	08:20:50.00	08:21:39.00	+01:46:59 (21.3%)	8:20	7.2 (79.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Gorce	Nocne Pieniny	Beskid Sądecki	Czas netto 60km	Czas brutto 60km	Różn	Tempo min/km	Tempo km/h
16	STACHURA Beata	145	ATLANTIC	K40-49	6	01:58:28.00	01:15:52.00	05:07:20.00	08:21:13.00	08:21:40.00	+01:47:00 (21.3%)	8:21	7.2 (79.1%)
17	GOLON Marlena	36	RUN PASJA	K40-49	7	02:12:14.00	01:24:08.00	05:00:15.00	08:36:07.00	08:36:37.00	+02:01:57 (23.6%)	8:36	7 (76.9%)
18	ŚLIŻ Sylwia	192		K30-39	8	02:14:58.00	01:18:13.00	05:07:00.00	08:39:51.00	08:40:11.00	+02:05:31 (24.1%)	8:39	6.9 (75.8%)
19	KWIATKOWSKA Renata	87	KB OŻARÓW MAZOWIECKI BIEGA	K50-59	2	02:15:47.00	01:24:41.00	05:02:07.00	08:42:03.00	08:42:35.00	+02:07:55 (24.5%)	8:42	6.9 (75.8%)
20	BURKIEWICZ-ŚLIWA Bernadetta	189		K30-39	9	02:14:20.00	01:29:59.00	05:09:33.00	08:48:25.00	08:53:52.00	+02:19:12 (26.1%)	8:48	6.8 (74.7%)
21	OSTAPIŃSKA Magda	114	OSTRESROKI	K40-49	8	02:13:21.00	01:23:30.00	05:17:28.00	08:53:34.00	08:54:19.00	+02:19:39 (26.1%)	8:53	6.7 (73.6%)
22	SZMECHTIG-GAUDEN Ewa	153	PODGÓRZ TORUŃ	K40-49	9	02:11:46.00	01:21:57.00	05:21:48.00	08:53:55.00	08:55:31.00	+02:20:51 (26.3%)	8:53	6.7 (73.6%)
23	WALCZAK Agnieszka	160	PKO BANK POLSKI SA	K40-49	10	02:14:51.00	01:24:39.00	05:25:06.00	09:03:54.00	09:04:36.00	+02:29:56 (27.5%)	9:03	6.6 (72.5%)
24	KICZIŃSKA Izabela	63	DRUŻYNA SZPIKU	K40-49	11	02:15:57.00	01:26:30.00	05:31:09.00	09:13:10.00	09:13:36.00	+02:38:56 (28.7%)	9:13	6.5 (71.4%)
25	TATARCZYK Patrycja	156	SBRT	K16-29	3	02:22:35.00	01:32:32.00	05:20:23.00	09:14:34.00	09:15:30.00	+02:40:50 (29.0%)	9:14	6.5 (71.4%)
26	KAWA Barbara	62	MARATOŃCZYK DĘBICA	K30-39	10	02:24:17.00	01:33:49.00	05:22:32.00	09:19:38.00	09:20:38.00	+02:45:58 (29.6%)	9:19	6.4 (70.3%)
27	ŁOPATKIEWICZ Beata	91		K50-59	3	02:31:03.00	01:24:19.00	05:25:41.00	09:20:51.00	09:21:03.00	+02:46:23 (29.7%)	9:20	6.4 (70.3%)
28	SZYMANKIEWICZ Kalina	154		K40-49	12	02:37:09.00	01:23:15.00	05:29:15.00	09:28:02.00	09:29:39.00	+02:54:59 (30.7%)	9:28	6.3 (69.2%)
29	DĘBSKA Marta	23		K16-29	4	02:30:24.00	01:31:29.00	05:30:08.00	09:30:36.00	09:32:01.00	+02:57:21 (31.0%)	9:30	6.3 (69.2%)
30	GOKIERT-SKRENTNA Justyna	35		K40-49	13	02:32:21.00	01:25:19.00	05:35:45.00	09:32:25.00	09:33:25.00	+02:58:45 (31.2%)	9:32	6.3 (69.2%)
31	JĘSIEK-BARABASZ Agnieszka	54	STACHOWSCY TEAM	K40-49	14	02:35:44.00	01:28:21.00	05:35:45.00	09:38:49.00	09:39:50.00	+03:05:10 (31.9%)	9:38	6.2 (68.1%)
32	PAŃCZUK-FIGURA Irmína	116	UMCS BIEGA	K40-49	15	02:31:27.00	01:35:14.00	05:36:05.00	09:41:42.00	09:42:46.00	+03:08:06 (32.3%)	9:41	6.2 (68.1%)
33	KUSZTAŁ Justyna	86	KS ESKADRA KRAKÓW	K40-49	16	02:31:27.00	01:35:40.00	05:36:05.00	09:42:10.00	09:43:12.00	+03:08:32 (32.3%)	9:42	6.2 (68.1%)
34	RAFAŁ Eliza	129		K30-39	11	02:25:22.00	01:37:49.00	05:44:53.00	09:47:06.00	09:48:04.00	+03:13:24 (32.9%)	9:47	6.1 (67.0%)
35	KADYKAŁO Natalia	58	NIE W SZCZEPIONKĘ TEAM	K16-29	5	02:45:36.00	01:40:40.00	05:30:12.00	09:55:01.00	09:56:28.00	+03:21:48 (33.8%)	9:55	6.1 (67.0%)
36	MŁODECKA Sylwia	104	VIRTUAL RUNNER CLUB	K40-49	17	02:37:33.00	01:40:50.00	05:38:14.00	09:55:03.00	09:56:37.00	+03:21:57 (33.8%)	9:55	6 (65.9%)
37	NIESPODZIANA Anna	109	ROGOZIŃSKI KLUB BIEGACZA	K30-39	12	02:38:13.00	01:29:22.00	05:50:51.00	09:57:02.00	09:58:26.00	+03:23:46 (34.1%)	9:57	6 (65.9%)

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38	RUSEK Jolanta	134	ZABIEGANI MIELEC	K16-29	6	02:24:18.00	01:33:56.00	06:02:50.00	10:00:05.00	10:01:04.00	+03:26:24 (34.3%)	10:00	6 (65.9%)
39	SOŁTYSIAK Natalia	143		K30-39	13	02:41:23.00	01:30:06.00	05:50:57.00	10:00:50.00	10:02:26.00	+03:27:46 (34.5%)	10:00	6 (65.9%)
40	BLIŻNIEWSKA Katarzyna	133	SNG WILD DUCKS	K40-49	18	02:34:45.00	01:32:04.00	05:57:42.00	10:03:41.00	10:04:31.00	+03:29:51 (34.7%)	10:03	6 (65.9%)
41	JOZEFIAK Marta	56		K16-29	7	02:32:13.00	01:45:32.00	05:56:30.00	10:12:31.00	10:14:15.00	+03:39:35 (35.7%)	10:12	5.9 (64.8%)
42	PASEK Magdalena	117	SRTG NIEPOŁOMICE	K16-29	8	02:30:28.00	01:45:07.00	06:01:47.00	10:16:06.00	10:17:22.00	+03:42:42 (36.1%)	10:16	5.8 (63.7%)
43	OCHNIO Ewa	111		K40-49	19	02:52:36.00	01:39:16.00	05:48:37.00	10:19:19.00	10:20:29.00	+03:45:49 (36.4%)	10:19	5.8 (63.7%)
44	JACHÓŁKOWSKA Małgorzata	48		K16-29	9	02:47:47.00	01:40:17.00	05:57:42.00	10:24:44.00	10:25:46.00	+03:51:06 (36.9%)	10:24	5.8 (63.7%)
45	KISZKIS Elżbieta	65		K40-49	20	02:57:01.00	01:45:44.00	06:41:33.00	11:23:11.00	11:24:18.00	+04:49:38 (42.3%)	11:23	5.3 (58.2%)
	CHLEWICKA Magdalena	15	ZABIEGANI CZĘSTOCHOWA	K30-39		02:43:28.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	DNF	DNF		-	- (0.0%)
	KOZŁOWSKA Karolina	74		K16-29		03:05:50.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	DNF	DNF		-	- (0.0%)
	STUPIŃSKA Monika	147	WKURW TEAM	K30-39		02:50:18.00 DNF	01:43:18.00 DNF	00:00:00.00 DNF	DNF	DNF		-	- (0.0%)
	KALBARCZYK Izabella	59		K40-49		03:12:45.00 DNF	01:54:03.00 DNF	00:00:00.00 DNF	DNF	DNF		-	- (0.0%)
	NAWROT Katarzyna	105	SRTG NIEPOŁOMICE	K30-39		03:16:15.00 DNF	02:02:00.00 DNF	00:00:00.00 DNF	DNF	DNF		-	- (0.0%)

Znaleziono 50 wynik(ów)