



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

ETAPOWA TRIADA ZIMOWA
Fundacja Kocham Góry
2020-01-04
Krościenko nad Dunajcem
11 km

TRIADA ULTRA NOCNE PIENINY

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K30-39

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	5km	Czas netto 11km	Czas brutto 11km	Różn	Tempo min/km	Tempo km/h
1	SZABŁOWSKA Iwona	149	STRASZYN ULTRA TEAM	K30-39	1	00:29:23	00:59:54.00	00:59:57.80		5:26	11 (100%)
2	KRAWCZAK Paulina	78	BIEGUSIEM.PL	K30-39	2	00:30:52	01:02:22.00	01:02:24.55	+00:02:26 (3.9%)	5:40	10.6 (96.4%)
3	KSYTA Martyna	81	KW KRAKÓW	K30-39	3	00:33:20	01:07:30.80	01:07:39.80	+00:07:42 (11.4%)	6:08	9.8 (89.1%)
4	KASKA-ŁOBODOWSKA Ewelina	61	RACEFIGHTER GOSIR DĘBE WIELKIE	K30-39	4	00:33:55	01:10:34.50	01:10:39.05	+00:10:41 (15.1%)	6:25	9.4 (85.5%)
5	ŁĘCKA Agnieszka	187	JACEKBIEGA RUNNING TEAM	K30-39	5	00:35:12	01:10:36.30	01:10:43.45	+00:10:45 (15.2%)	6:25	9.3 (84.5%)
6	ZATORSKA-RADLIŃSKA Katarzyna	174	RPD	K30-39	6	00:34:18	01:11:39.70	01:11:54.40	+00:11:56 (16.6%)	6:30	9.2 (83.6%)
7	BEDNARZ Marta	191		K30-39	7	00:37:21	01:13:57.85	01:14:12.85	+00:14:15 (19.2%)	6:43	8.9 (80.9%)
8	ŚLIŻ Sylwia	192		K30-39	8	00:38:13	01:18:10.70	01:18:13.75	+00:18:15 (23.3%)	7:06	8.4 (76.4%)
9	NIESPODZIANA Anna	109	ROGOZIŃSKI KLUB BIEGACZA	K30-39	9	00:43:32	01:28:57.25	01:29:22.65	+00:29:24 (32.9%)	8:05	7.4 (67.3%)
10	BURKIEWICZ-ŚLIWA Bernadetta	189		K30-39	10	00:44:12	01:29:18.30	01:29:59.90	+00:30:02 (33.4%)	8:07	7.4 (67.3%)
11	SOŁTYSIAK Natalia	143		K30-39	11	00:43:55	01:29:31.15	01:30:06.75	+00:30:08 (33.5%)	8:08	7.4 (67.3%)
12	KAWA Barbara	62	MARATOŃCZYK DĘBICA	K30-39	12	00:47:45	01:33:22.00	01:33:49.95	+00:33:52 (36.1%)	8:29	7.1 (64.5%)
13	RAFAŁ Eliza	129		K30-39	13	00:47:49	01:37:17.45	01:37:49.90	+00:37:52 (38.7%)	8:50	6.8 (61.8%)
14	STUPIŃSKA Monika	147	WKURW TEAM	K30-39	14	00:51:20	01:42:53.95	01:43:18.40	+00:43:20 (42.0%)	9:21	6.4 (58.2%)
15	NAWROT Katarzyna	105	SRTG NIEPOŁOMICE	K30-39	15	00:58:01	02:01:28.55	02:02:00.25	+01:02:02 (50.9%)	11:02	5.4 (49.1%)

Znaleziono 15 wynik(ów)