



TRIADA ULTRA NOCNE PIENINY

B4SPORT

Wydarzenie: ETAPOWA TRIADA ZIMOWA
Organizator: Fundacja Kocham Góry
Data: 2020-01-04
Miejsce: Krościenko nad Dunajcem
Dystans: 11 km

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: M40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	5km	Czas netto 11km	Czas brutto 11km	Różn	Tempo min/km	Tempo km/h
1	PLACKO Martin	1	SLOVAK ULTRA TRAIL TEAM	M40-49	1	00:25:27	00:51:11.00	00:51:12.65		4:39	12.9 (100%)
2	WOJNAROWSKI Piotr	170		M40-49	2	00:26:40	00:55:43.40	00:55:44.50	+00:04:31 (8.1%)	5:03	11.8 (91.5%)
3	SZELĄG Sławomir	151	LISY PUSTYNI	M40-49	3	00:28:20	00:57:57.90	00:58:00.15	+00:06:47 (11.7%)	5:16	11.4 (88.4%)
4	JACHYMIAK Robert	50	SPECJALISTYCZNY GABINET REHABILITACJI DZIECI	M40-49	4	00:28:13	00:58:27.45	00:58:27.95	+00:07:15 (12.4%)	5:18	11.3 (87.6%)
5	SZCZEPANIAK Witold	166		M40-49	5	00:31:04	01:02:19.65	01:02:20.05	+00:11:07 (17.8%)	5:40	10.6 (82.2%)
6	WARWAS Radosław	163		M40-49	6	00:31:09	01:02:16.00	01:02:24.90	+00:11:12 (18.0%)	5:39	10.6 (82.2%)
7	BUCHLA Marcin	13		M40-49	7	00:31:15	01:02:35.70	01:02:41.05	+00:11:28 (18.3%)	5:41	10.5 (81.4%)
8	ŁUKOMSKI Maciej	93	SZAKALE BAŁUT	M40-49	8	00:31:05	01:03:26.60	01:03:30.10	+00:12:17 (19.4%)	5:46	10.4 (80.6%)
9	BORÓWKA Ryszard	11		M40-49	9	00:31:19	01:03:45.15	01:03:45.15	+00:12:32 (19.7%)	5:47	10.4 (80.6%)
10	NIEDŹWIADEK Piotr	108	#ADAMCZERWIŃSKITEAM	M40-49	10	00:31:53	01:03:46.00	01:04:13.05	+00:13:00 (20.3%)	5:47	10.4 (80.6%)
11	MACH Olek	94	ATLANTIC	M40-49	11	00:30:52	01:04:13.05	01:04:15.10	+00:13:02 (20.3%)	5:50	10.3 (79.8%)
12	GLEISNER Tomasz	34	EKIPA Z TARNOWA	M40-49	12	00:31:08	01:04:58.55	01:05:01.45	+00:13:48 (21.2%)	5:54	10.2 (79.1%)
13	WÓJCICKI Darek	173	CSC ADVENTURE ACADEMY	M40-49	13	00:32:32	01:05:26.00	01:05:32.00	+00:14:19 (21.9%)	5:56	10.1 (78.3%)
14	CZUWAJ Andrzej	22		M40-49	14	00:31:49	01:05:08.35	01:05:38.35	+00:14:25 (22.0%)	5:55	10.1 (78.3%)
15	LATAK Michał	90	JACEKBIEGA RUNNING TEAM	M40-49	15	00:32:51	01:05:49.30	01:05:56.75	+00:14:44 (22.3%)	5:59	10 (77.5%)
16	BURMAN Michał	14	KB GEPARD	M40-49	16	00:33:15	01:05:51.00	01:05:58.95	+00:14:46 (22.4%)	5:59	10 (77.5%)
17	PIKUL Piotr	121		M40-49	17	00:32:44	01:06:15.55	01:06:20.65	+00:15:08 (22.8%)	6:01	10 (77.5%)
18	KUSIAK Marcin	85	CREATIVE BOCHNIA BIEGA TEAM	M40-49	18	00:33:00	01:06:33.85	01:06:38.90	+00:15:26 (23.2%)	6:03	9.9 (76.7%)
19	BONIKOWSKI Tomasz	9		M40-49	19	00:33:02	01:06:43.70	01:06:55.75	+00:15:43 (23.5%)	6:03	9.9 (76.7%)
20	ZDUNEK Michał	176	EUROSOFT TEAM / WKURW_TEAM	M40-49	20	00:33:22	01:08:54.25	01:09:03.85	+00:17:51 (25.9%)	6:15	9.6 (74.4%)
21	GRUBICH Damian	41	PARKRUN GRUDZIĄDZ	M40-49	21	00:32:52	01:09:10.95	01:09:40.30	+00:18:27 (26.5%)	6:17	9.5 (73.6%)
22	JACHYMEK Bartłomiej	49	JACEKBIEGA RUNNING TEAM	M40-49	22	00:34:06	01:10:19.25	01:10:26.10	+00:19:13 (27.3%)	6:23	9.4 (72.9%)
23	ROGÓŻ Radosław	130	#ULTRATRACK	M40-49	23	00:35:13	01:10:18.40	01:10:42.85	+00:19:30 (27.6%)	6:23	9.4 (72.9%)
24	CHOLEWA Zbigniew	18	LISY PUSTYNI	M40-49	24	00:34:19	01:11:58.95	01:12:15.60	+00:21:02 (29.1%)	6:32	9.2 (71.3%)
25	ZYGMUNT Paweł	183		M40-49	25	00:34:20	01:12:51.20	01:12:55.30	+00:21:42 (29.8%)	6:37	9.1 (70.5%)
26	CZAJKOWSKI Wojtek	20	ADIDAS RUNNERS WARSAW	M40-49	26	00:35:49	01:13:14.95	01:13:26.15	+00:22:13 (30.3%)	6:39	9 (69.8%)
27	BŁĘDOWSKI Mariusz	8	AAC FORD AUTO STYL WŁOCLAWEK TEAM	M40-49	27	00:35:33	01:13:26.35	01:13:35.05	+00:22:22 (30.4%)	6:40	9 (69.8%)
28	DŁUŹNIEWSKI Jacek	25	SBRT BIELSKO-BIAŁA	M40-49	28	00:38:12	01:13:26.00	01:13:59.55	+00:22:46 (30.8%)	6:40	9 (69.8%)
29	OKOŃ Łukasz	112		M40-49	29	00:36:35	01:13:59.90	01:14:08.75	+00:22:56 (30.9%)	6:43	8.9 (69.0%)

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30	KOZA Robert	72	CARBON RACING TEAM	M40-49	30	00:36:09	01:14:30.60	01:14:46.05	+00:23:33 (31.5%)	6:46	8.9 (69.0%)
31	WAROWNY Piotr	162	BIEGUSIEM.PL	M40-49	31	00:34:43	01:14:52.95	01:14:56.60	+00:23:43 (31.7%)	6:48	8.8 (68.2%)
32	ZUB Arkadiusz	181	GRUPA BIEGOWA BEZ GRANIC	M40-49	32	00:38:30	01:15:31.45	01:15:34.65	+00:24:22 (32.2%)	6:51	8.7 (67.4%)
33	BIEL Tomasz	7		M40-49	33	00:40:07	01:18:37.70	01:18:49.85	+00:27:37 (35.0%)	7:08	8.4 (65.1%)
34	KUBAT Daniel	82	BMS	M40-49	34	00:39:35	01:18:21.05	01:19:04.05	+00:27:51 (35.2%)	7:07	8.4 (65.1%)
35	WOŹNICA Rafał	168		M40-49	35	00:38:52	01:18:51.05	01:19:24.85	+00:28:12 (35.5%)	7:10	8.4 (65.1%)
36	GRZYWINSKI Bartosz	42		M40-49	36	00:39:42	01:18:58.35	01:19:38.55	+00:28:25 (35.7%)	7:10	8.4 (65.1%)
37	PODGÓRSKI Dominik	124	PRORUNNING PROMOTION	M40-49	37	00:37:02	01:20:08.80	01:20:33.75	+00:29:21 (36.4%)	7:17	8.2 (63.6%)
38	SKRZYPCZAK Hubert	140	RUNNINGPOWERPLAY	M40-49	38	00:40:55	01:20:17.55	01:20:36.35	+00:29:23 (36.5%)	7:18	8.2 (63.6%)
39	KLATKA Michał	66	BBL TOMASZÓWW MAZOWIECKI	M40-49	39	00:38:07	01:20:51.30	01:21:02.95	+00:29:50 (36.8%)	7:21	8.2 (63.6%)
40	SZCZYGIELSKI Tomek	150	BIEGUSIEM.PL	M40-49	40	00:38:15	01:21:07.65	01:21:11.45	+00:29:58 (36.9%)	7:22	8.1 (62.8%)
41	SAMBORSKI Bartosz	137	WKURW_TEAM	M40-49	41	00:41:23	01:20:46.55	01:21:32.30	+00:30:19 (37.2%)	7:20	8.2 (63.6%)
42	KOWALCZYK Paweł	71	KĘCKIE HARPAGANY	M40-49	42	00:40:48	01:22:43.85	01:22:44.80	+00:31:32 (38.1%)	7:31	8 (62.0%)
43	OSTAPIŃSKI Wojtek	115	OSTRESROKI	M40-49	43	00:42:08	01:23:07.45	01:23:30.20	+00:32:17 (38.7%)	7:33	7.9 (61.2%)
44	GUZOWSKI Jacek	47	MCT	M40-49	44	00:40:56	01:24:01.55	01:24:07.50	+00:32:54 (39.1%)	7:38	7.9 (61.2%)
45	NOWAK Krzysztof	110		M40-49	45	00:41:06	01:23:52.15	01:24:07.65	+00:32:55 (39.1%)	7:37	7.9 (61.2%)
46	BALCERZAK Mariusz	3		M40-49	46	00:41:02	01:24:10.45	01:24:37.40	+00:33:24 (39.5%)	7:39	7.8 (60.5%)
47	WALCZAK Dariusz	161	OLKUSZBIEGA.PL	M40-49	47	00:41:21	01:24:19.50	01:24:39.25	+00:33:26 (39.5%)	7:40	7.8 (60.5%)
48	OLSZEWSKI Jacek	113	KACYK TEAM	M40-49	48	00:42:14	01:24:56.40	01:25:26.80	+00:34:14 (40.1%)	7:43	7.8 (60.5%)
49	MICHALSKI Ryszard	102	WWW.SENSORYBEAUTY.PL	M40-49	49	00:43:26	01:29:43.00	01:29:56.10	+00:38:43 (43.1%)	8:09	7.4 (57.4%)
50	GUŹDZIOŁ Jarek	44	TBKM WILK SOLEC KUJAWSKI	M40-49	50	00:44:35	01:31:30.85	01:32:03.00	+00:40:50 (44.4%)	8:19	7.2 (55.8%)
51	GOMOLIŃSKI Sławomir	38		M40-49	51	00:45:37	01:32:49.85	01:33:00.40	+00:41:47 (44.9%)	8:26	7.1 (55.0%)
52	KOBYLIŃSKI Piotr	188	WKURW_TEAM	M40-49	52	00:51:17	01:42:51.60	01:43:17.85	+00:52:05 (50.4%)	9:21	6.4 (49.6%)

Znaleziono 52 wynik(ów)