

# TRIATHLON KRYNICA 2019 1/4

B4SPORT  
WIELKOPOLSKI ZWIĄZEK SPORTOWY

**Wydarzenie:**  
**Organizator:**

TRIATHLON KRYNICA 2019  
Fundacja Silni Ciałem Niezlomni Duchem, Sportevo  
Triathlon Team, Urząd Miasta Krynica Morska  
2019-09-01  
Krynica Morska  
56.7 km

**Data:**  
**Miejsce:**  
**Dystans:**



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Pływanie		Rower		Bieg		Czas				
						Pływanie 0.95km	Poz	T1	Rower 45km	Poz	T2	Bieg 10.55km	Poz	Czas netto 56.7km	Czas łączy 56.7km	Różn
1	<b>GRODZKI Marek</b>	<b>107</b>	CTS - CZAJA TRAINING SYSTEM	M-40	1	<b>00:16:07</b>	7	00:01:24	<b>01:07:54</b>	1	00:01:08	<b>00:41:26</b>	2	<b>02:07:59.00</b>	<b>02:07:59.00</b>	
2	<b>KALINOWSKI Krzysztof , KĘPKA Marcin , JANCZAK Sławomir</b>	<b>147</b>	DREAM TRI TEAM	Sztafety	1	<b>00:15:09</b>	2	00:01:04	<b>01:08:09</b>	2	00:00:36	<b>00:44:23</b>	5	<b>02:09:21.00</b>	<b>02:09:21.00</b>	+00:01:22 (1.1%)
3	<b>MISZEWSKI Krzysztof</b>	<b>118</b>	CTS - CZAJA TRAINING SYSTEM / DREAM TRI TEAM	M-30	1	<b>00:18:23</b>	14	00:01:18	<b>01:09:37</b>	3	00:01:00	<b>00:40:03</b>	1	<b>02:10:21.31</b>	<b>02:10:21.31</b>	+00:02:22 (1.8%)
4	<b>LEWANDOWSKI Maciej</b>	<b>116</b>	TRIDEA TEAM	M-30	2	<b>00:15:13</b>	3	00:01:10	<b>01:12:11</b>	4	00:00:58	<b>00:44:51</b>	7	<b>02:14:23.35</b>	<b>02:14:23.35</b>	+00:06:24 (4.8%)
5	<b>SARAPUK Krzysztof</b>	<b>130</b>	ATC-CARGO TEAM	M-40	2	<b>00:17:41</b>	10	00:01:37	<b>01:14:39</b>	6	00:01:12	<b>00:43:05</b>	3	<b>02:18:14.14</b>	<b>02:18:14.14</b>	+00:10:15 (7.4%)
6	<b>PIETRASIK Przemysław</b>	<b>123</b>		M-30	3	<b>00:17:45</b>	11	00:01:25	<b>01:17:18</b>	7	00:01:03	<b>00:45:11</b>	8	<b>02:22:42.55</b>	<b>02:22:42.55</b>	+00:14:43 (10.3%)
7	<b>MARZEC Mieszko</b>	<b>117</b>	AQUASTACJAGDAŃSK	M-40	3	<b>00:16:39</b>	9	00:01:36	<b>01:18:27</b>	10	00:01:11	<b>00:46:11</b>	10	<b>02:24:04.94</b>	<b>02:24:04.94</b>	+00:16:05 (11.2%)
8	<b>DOBOSIK Damian</b>	<b>154</b>	3ATHLETE	M-30	4	<b>00:20:26</b>	19	00:02:05	<b>01:17:21</b>	8	00:01:00	<b>00:43:37</b>	4	<b>02:24:29.93</b>	<b>02:24:29.93</b>	+00:16:30 (11.4%)
9	<b>KAMIŃSKI Tomasz</b>	<b>112</b>	KOWALEWO BIEGA	M-30	5	<b>00:17:54</b>	13	00:01:35	<b>01:18:17</b>	9	00:01:10	<b>00:45:58</b>	9	<b>02:24:54.81</b>	<b>02:24:54.81</b>	+00:16:55 (11.7%)
10	<b>SYPNIEWSKA-LEWANDOWSKA Aleksandra</b>	<b>136</b>	TRIDEA	K-30	1	<b>00:16:01</b>	6	00:01:31	<b>01:21:43</b>	15	00:01:11	<b>00:44:33</b>	6	<b>02:24:59.58</b>	<b>02:24:59.58</b>	+00:17:00 (11.7%)
11	<b>WALKO Krzysztof , ŁOPACIŃSKI Tomasz , DRAWC Mieczysław</b>	<b>151</b>	ŻONY ZOSTAŁY W DOMU A MY SIĘ BAWIMY	Sztafety	2	<b>00:15:54</b>	5	00:00:52	<b>01:22:50</b>	16	00:00:46	<b>00:46:13</b>	11	<b>02:26:35.59</b>	<b>02:26:35.59</b>	+00:18:36 (12.7%)

						□ Pływanie	T1	□ Rower	T2	□ Bieg	GAP		
12	<b>SWINIARSKI Jarosław</b>	<b>135</b>	TRIDEA	M-60+	1	<b>00:22:55</b> 33	00:02:56	<b>01:14:26</b> 5	00:01:28	<b>00:49:44</b> 16	<b>02:31:29.77</b>	<b>02:31:29.77</b>	+00:23:30 (15.5%)
13	<b>DOMAGAŁA Marek</b>	<b>103</b>	SMARUJ NA TRENING	M-40	4	<b>00:17:50</b> 12	00:01:42	<b>01:20:01</b> 14	00:01:46	<b>00:51:08</b> 17	<b>02:32:27.50</b>	<b>02:32:27.50</b>	+00:24:28 (16.1%)
14	<b>PIEKARSKI Marek</b>	<b>153</b>	RESTAURACJA KINGFU	M-40	5	<b>00:22:52</b> 32	00:02:29	<b>01:20:01</b> 13	00:01:24	<b>00:48:41</b> 12	<b>02:35:27.34</b>	<b>02:35:27.34</b>	+00:27:28 (17.7%)
15	<b>ORSZTYNOWICZ Tomasz , TROCH Maciej , GAŚSIOROWSKI Michał</b>	<b>149</b>	SANTANDER BANK POLSKA PÓŁNOCNY TEAM	Sztafety	3	<b>00:20:45</b> 20	00:01:01	<b>01:25:26</b> 23	00:00:39	<b>00:49:13</b> 14	<b>02:37:04.34</b>	<b>02:37:04.34</b>	+00:29:05 (18.5%)
16	<b>MARIANOWSKA Aleksandra , ZAMKOWSKI Artur , MARIANOWSKI Krzysztof</b>	<b>148</b>	KWIDZYN BIEGA	Sztafety	4	<b>00:19:33</b> 16	00:01:00	<b>01:28:20</b> 27	00:00:41	<b>00:48:55</b> 13	<b>02:38:29.81</b>	<b>02:38:29.81</b>	+00:30:30 (19.3%)
17	<b>ROZIŃSKI Przemysław</b>	<b>146</b>	CROSSELITE	M-30	6	<b>00:21:45</b> 29	00:01:56	<b>01:18:56</b> 12	00:01:47	<b>00:55:10</b> 27	<b>02:39:34.70</b>	<b>02:39:34.70</b>	+00:31:35 (19.8%)
18	<b>HARASIMIUK-GRODZKA Małgorzata</b>	<b>109</b>	CTS CZAJA TRAININIG SYSTEM	K-40	1	<b>00:20:57</b> 21	00:01:24	<b>01:23:41</b> 19	00:01:28	<b>00:54:11</b> 25	<b>02:41:41.57</b>	<b>02:41:41.57</b>	+00:33:42 (20.8%)
19	<b>KLEIN Łukasz</b>	<b>113</b>		M-18	1	<b>00:28:05</b> 47	00:01:46	<b>01:18:51</b> 11	00:01:28	<b>00:51:35</b> 18	<b>02:41:45.95</b>	<b>02:41:45.95</b>	+00:33:46 (20.9%)
20	<b>WAWRZYNIAK Paweł</b>	<b>142</b>		M-18	2	<b>00:12:50</b> 1	00:02:50	<b>01:34:52</b> 37	00:01:32	<b>00:53:20</b> 21	<b>02:45:24.37</b>	<b>02:45:24.37</b>	+00:37:25 (22.6%)
21	<b>TUSZYŃSKI Mateusz</b>	<b>141</b>	PMW	M-18	3	<b>00:16:33</b> 8	00:02:58	<b>01:29:28</b> 30	00:01:11	<b>00:55:59</b> 28	<b>02:46:09.45</b>	<b>02:46:09.45</b>	+00:38:10 (23.0%)
22	<b>PROKOPCZUK Dariusz</b>	<b>124</b>	NAJMOWICZ TRIATHLON	M-30	7	<b>00:21:09</b> 23	00:01:56	<b>01:25:15</b> 22	00:01:04	<b>00:56:50</b> 30	<b>02:46:14.53</b>	<b>02:46:14.53</b>	+00:38:15 (23.0%)
23	<b>PICHLAK Piotr</b>	<b>122</b>	SPORTEVO	M-50	1	<b>00:23:05</b> 34	00:01:46	<b>01:27:37</b> 26	00:01:32	<b>00:53:34</b> 22	<b>02:47:34.97</b>	<b>02:47:34.97</b>	+00:39:35 (23.6%)
24	<b>KUC Krzysztof</b>	<b>114</b>		M-30	8	<b>00:24:33</b> 41	00:01:18	<b>01:24:20</b> 20	00:02:31	<b>00:56:23</b> 29	<b>02:49:05.68</b>	<b>02:49:05.68</b>	+00:41:06 (24.3%)
25	<b>JARON Andrzej</b>	<b>110</b>		M-18	4	<b>00:20:16</b> 18	00:02:27	<b>01:35:23</b> 40	00:01:37	<b>00:49:26</b> 15	<b>02:49:09.73</b>	<b>02:49:09.73</b>	+00:41:10 (24.3%)
26	<b>RAMOS Marcin</b>	<b>126</b>		M-30	9	<b>00:22:38</b> 31	00:02:41	<b>01:27:15</b> 24	00:02:37	<b>00:53:59</b> 24	<b>02:49:10.54</b>	<b>02:49:10.54</b>	+00:41:11 (24.3%)
27	<b>SIDORYK Aleksandra , WALCZAK Dariusz , PONIATOWSKA Aleksandra</b>	<b>150</b>	OLUSIE&DARIO TEAM	Sztafety	5	<b>00:21:24</b> 26	00:01:12	<b>01:23:21</b> 18	00:00:42	<b>01:02:44</b> 40	<b>02:49:23.31</b>	<b>02:49:23.31</b>	+00:41:24 (24.4%)
28	<b>LEO Michał</b>	<b>115</b>		M-50	2	<b>00:24:26</b> 40	00:01:25	<b>01:29:22</b> 29	00:01:48	<b>00:52:29</b> 20	<b>02:49:30.37</b>	<b>02:49:30.37</b>	+00:41:31 (24.5%)
29	<b>OLSZEWSKI Michał</b>	<b>120</b>		M-30	10	<b>00:19:06</b> 15	00:02:21	<b>01:29:30</b> 31	00:01:39	<b>00:56:56</b> 31	<b>02:49:32.26</b>	<b>02:49:32.26</b>	+00:41:33 (24.5%)
30	<b>BYZDRA Krzysztof</b>	<b>100</b>	BBL GDAŃSK	M-40	6	<b>00:21:32</b> 28	00:01:29	<b>01:29:20</b> 28	00:01:14	<b>00:57:32</b> 34	<b>02:51:07.55</b>	<b>02:51:07.55</b>	+00:43:08 (25.2%)

						□ Pływanie	T1	□ Rower	T2	□ Bieg	C.A.P.		
31	<b>ROJEWSKI Maciej</b>	<b>128</b>	LOTOS RUNNING TEAM	M-30	11	<b>00:23:13</b> 35	00:02:58	<b>01:24:28</b> 21	00:01:34	<b>01:00:25</b> 38	<b>02:52:38.35</b>	<b>02:52:38.35</b>	+00:44:39 (25.9%)
32	<b>ŻAK Jarosław</b>	<b>145</b>	KAJÓJ I JAJEK TEAM	M-30	12	<b>00:21:12</b> 24	00:01:39	<b>01:31:58</b> 34	00:01:14	<b>00:57:12</b> 33	<b>02:53:15.61</b>	<b>02:53:15.61</b>	+00:45:16 (26.1%)
33	<b>WODYŃSKI Wojciech</b>	<b>143</b>	KUŹNIA TRIATHLONU	M-40	7	<b>00:19:57</b> 17	00:01:41	<b>01:27:31</b> 25	00:01:14	<b>01:05:03</b> 42	<b>02:55:26.34</b>	<b>02:55:26.34</b>	+00:47:27 (27.0%)
34	<b>TRUSIAK Mateusz</b>	<b>140</b>	TOYOTA KAWISBIKE TEAM MTB SŁUPSK	M-18	5	<b>00:27:53</b> 46	00:01:38	<b>01:23:01</b> 17	00:01:38	<b>01:01:45</b> 39	<b>02:55:55.94</b>	<b>02:55:55.94</b>	+00:47:56 (27.3%)
35	<b>REDZIMSKI Jakub</b>	<b>127</b>		M-18	6	<b>00:25:33</b> 43	00:01:18	<b>01:35:15</b> 38	00:02:31	<b>00:52:13</b> 19	<b>02:56:50.21</b>	<b>02:56:50.21</b>	+00:48:51 (27.6%)
36	<b>DUŻYŃSKA Agata</b>	<b>104</b>	SPORTEVO	K-30	2	<b>00:21:29</b> 27	00:02:00	<b>01:34:27</b> 35	00:01:44	<b>00:58:08</b> 36	<b>02:57:48.74</b>	<b>02:57:48.74</b>	+00:49:49 (28.0%)
37	<b>GRZESZCZYK Bartosz</b>	<b>108</b>	TRENINGIBIEGOWE.PL	M-30	13	<b>00:27:32</b> 45	00:02:19	<b>01:31:52</b> 33	00:02:44	<b>00:53:59</b> 23	<b>02:58:26.25</b>	<b>02:58:26.25</b>	+00:50:27 (28.3%)
38	<b>CIEŚNIK Karolina</b>	<b>102</b>		K-18	1	<b>00:15:35</b> 4	00:02:58	<b>01:42:25</b> 45	00:01:30	<b>00:57:35</b> 35	<b>03:00:03.16</b>	<b>03:00:03.16</b>	+00:52:04 (28.9%)
39	<b>WOJCIECHÓW Damian</b>	<b>144</b>		M-18	7	<b>00:23:58</b> 38	00:01:53	<b>01:31:37</b> 32	00:01:09	<b>01:06:17</b> 44	<b>03:04:54.96</b>	<b>03:04:54.96</b>	+00:56:55 (30.8%)
40	<b>SKRYPOCZKA Piotr</b>	<b>131</b>	KLUB MIŁOŚNIKÓW PRZYGÓD	M-18	8	<b>00:21:18</b> 25	00:02:43	<b>01:40:05</b> 44	00:01:37	<b>00:59:22</b> 37	<b>03:05:05.54</b>	<b>03:05:05.54</b>	+00:57:06 (30.9%)
41	<b>SZYMKOWIAK Dariusz</b>	<b>138</b>		M-60+	2	<b>00:21:57</b> 30	00:01:54	<b>01:34:38</b> 36	00:02:12	<b>01:04:39</b> 41	<b>03:05:20.18</b>	<b>03:05:20.18</b>	+00:57:21 (30.9%)
42	<b>RYNIEWICZ Piotr</b>	<b>129</b>		M-18	9	<b>00:24:53</b> 42	00:01:58	<b>01:42:56</b> 46	00:02:05	<b>00:55:03</b> 26	<b>03:06:55.59</b>	<b>03:06:55.59</b>	+00:58:56 (31.5%)
43	<b>STANKIEWICZ Katarzyna</b>	<b>134</b>	BIEGA ZIE	K-50	1	<b>00:21:00</b> 22	00:02:53	<b>01:39:21</b> 42	00:01:43	<b>01:05:59</b> 43	<b>03:10:56.02</b>	<b>03:10:56.02</b>	+01:02:57 (33.0%)
44	<b>TEGI Maciej</b>	<b>139</b>		M-30	14	<b>00:23:21</b> 36	00:01:30	<b>01:39:38</b> 43	00:01:23	<b>01:08:44</b> 45	<b>03:14:36.28</b>	<b>03:14:36.28</b>	+01:06:37 (34.2%)
45	<b>KAŁACH Jerzy</b>	<b>111</b>	KKB PAP	M-50	3	<b>00:27:14</b> 44	00:01:37	<b>01:48:40</b> 47	00:01:29	<b>00:56:57</b> 32	<b>03:15:57.63</b>	<b>03:15:57.63</b>	+01:07:58 (34.7%)
46	<b>CIECIERSKI Paweł</b>	<b>101</b>		M-30	15	<b>00:24:14</b> 39	00:01:37	<b>01:37:42</b> 41	00:01:59	<b>01:13:23</b> 46	<b>03:18:55.02</b>	<b>03:18:55.02</b>	+01:10:56 (35.7%)
47	<b>STANISZEWSKI Jacek</b>	<b>133</b>		M-50	4	<b>00:23:28</b> 37	00:01:23	<b>01:35:22</b> 39	00:02:11	<b>01:17:34</b> 47	<b>03:19:58.87</b>	<b>03:19:58.87</b>	+01:11:59 (36.0%)

Znaleziono 47 wynik(ów)