

Klasyfikacja: M 40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Pływanie			T1	Rower			T2	Bieg			Czas		
						B 0.95km	B 1.9km	Poz		K 40km	L 90km	Poz		A 13.731km	A 21.097km	Poz	Czas netto 113.248km	Czas łączy 113.248km	Różn
1	SARAPUK Krzysztof	845	ATC-CARGO TEAM	M 40-49	1	00:16:19	00:33:50	41	00:02:40	01:05:01	02:27:05	9	00:01:50	00:54:45	01:25:22	4	04:30:47.55	04:30:47.55	
2	POKORSKI Marek	534	REDKNEE	M 40-49	2	00:16:17	00:33:07	29	00:02:35	01:04:26	02:24:01	3	00:01:47	01:00:34	01:33:22	25	04:34:52.45	04:34:52.45	+00:04:04 (1.5%)
3	DROGORÓB Marcin	742	KUJAWSKO-POMORSKIE.PL	M 40-49	3	00:16:48	00:34:34	49	00:03:36	01:04:55	02:25:51	5	00:01:51	00:56:30	01:29:17	14	04:35:09.30	04:35:09.30	+00:04:21 (1.6%)
4	POLANSKI Tomasz	773	B4SPORT	M 40-49	4	00:17:25	00:34:37	50	00:02:40	01:10:31	02:37:01	40	00:01:50	00:52:08	01:21:17	1	04:37:25.45	04:37:25.45	+00:06:37 (2.4%)
5	DEMBIŃSKI Marek	798	W TRI TEAM	M 40-49	5	00:13:41	00:27:41	4	00:03:04	02:08:36			01:00:40	01:33:35	26	04:38:56.85	04:38:56.85	+00:08:09 (2.9%)	
6	BONIKOWSKI Jakub	781	TRISPACE	M 40-49	6	00:15:32	00:32:04	22	00:02:33	01:05:31	02:26:28	8	00:03:00	01:03:52	01:38:08	43	04:42:13.65	04:42:13.65	+00:11:26 (4.1%)
7	WILIŃSKI Tomasz	594	LABOSPORT TEAM	M 40-49	7	00:17:53	00:36:34	85	00:03:02	01:08:02	02:32:41	18	00:01:53	00:59:39	01:32:57	22	04:47:07.10	04:47:07.10	+00:16:19 (5.7%)
8	WRZOCHALSKI Robert	673	TRIDEA TEAM	M 40-49	8	00:18:06	00:36:28	82	00:03:50	01:07:25	02:30:29	11	00:01:56	01:03:22	01:38:13	44	04:50:56.95	04:50:56.95	+00:20:09 (6.9%)
9	HAWROT Sylwester	511	CROWN GOLENIÓW	M 40-49	9	00:15:34	00:31:11	15	00:02:57	01:10:17	02:43:32	75	00:01:39	00:58:42	01:32:13	20	04:51:32.65	04:51:32.65	+00:20:45 (7.1%)
10	TUROWIEC Adam	779	UAM TRIATHLON POZNAŃ	M 40-49	10	00:14:30	00:29:59	12	00:03:10	01:07:47	02:33:57	23	00:02:25	01:07:06	01:43:32	76	04:53:03.95	04:53:03.95	+00:22:16 (7.6%)
11	GOŁEMBIEWSKI Marek	502	MUKS PIĘTNASKA BYDGOSZCZ / B4SPORT	M 40-49	11	00:17:39	00:36:11	78	00:04:05	01:11:08	02:38:21	47	00:01:56	01:01:08	01:34:39	29	04:55:12.20	04:55:12.20	+00:24:24 (8.3%)
12	TYSZKA Dariusz	630		M 40-49	12	00:20:16	00:41:21	163	00:03:13	01:08:43	02:33:07	21	00:02:09	01:02:51	01:36:21	37	04:56:11.95	04:56:11.95	+00:25:24 (8.6%)
13	OLSZEWSKI Łukasz	603	WWW.KOSZULKISPORTOWE.COM	M 40-49	13	00:15:37	00:31:54	20	00:02:15	01:10:41	02:39:16	49	00:01:34	01:05:27	01:41:59	66	04:56:58.55	04:56:58.55	+00:26:11 (8.8%)
14	HEŁMECKI Rafał	671		M 40-49	14	00:18:07	00:37:10	101	00:03:40	01:10:33	02:36:05	35	00:02:10	01:05:32	01:41:40	62	05:00:45.05	05:00:45.05	+00:29:57 (10.0%)
15	BUDZIŁO Adam	559	PTT DELTA	M 40-49	15	00:17:26	00:36:10	77	00:03:35	01:09:36	02:38:33	48	00:01:50	01:05:52	01:41:47	63	05:01:55.95	05:01:55.95	+00:31:08 (10.3%)
16	GNIOT Jacek	588	WOJSKOWE ZAKŁADY UZBROJENIA S.A.	M 40-49	16	00:19:53	00:41:35	167	00:02:46	01:09:49	02:33:21	22	00:02:36	01:04:05	01:42:13	69	05:02:31.15	05:02:31.15	+00:31:43 (10.5%)
17	JANKOWSKI Tomasz	622	TRISPACE	M 40-49	17	00:17:04	00:35:51	72	00:03:02	01:11:15	02:39:35	51	00:01:52	01:08:55	01:42:25	71	05:02:45.65	05:02:45.65	+00:31:58 (10.6%)
18	JABŁOŃSKI Marcin	535		M 40-49	18	00:17:43	00:36:56	93	00:02:45	01:11:46	02:45:13	82	00:02:18	01:03:46	01:36:30	38	05:03:42.30	05:03:42.30	+00:32:54 (10.8%)
19	GÓRNY Wojciech	743	TRISPACE	M 40-49	19	00:17:11	00:35:17	63	00:02:44	01:20:32	02:52:18	130	00:02:39	00:58:43	01:31:04	17	05:04:02.90	05:04:02.90	+00:33:15 (10.9%)

Pozycja	Nazwisko i Imię	Numer startowy	Nazwa zespołu	Kategoria	Wiek	Pływanie			Czas łączny	Rower			Czas łączny	Bieg			Czas łączny	% (długość trasy)	
						0:00	0:30	0:59		0:00	0:30	0:59		0:00	0:30	0:59			
20	KAPUSNIAK Tomasz	642	TAK DLA TRANSPLANTACJI	M 40-49	20	00:18:05	00:37:05	98	00:03:25	01:08:46	02:38:15	46	00:02:49	01:11:25	01:48:16	107	05:09:50.90	05:09:50.90	+00:39:03 (12.6%)
21	MRÓZ Tomasz	532	BRAK	M 40-49	21	00:18:38	00:38:35	119	00:02:58	01:11:56	02:42:35	72	00:02:23	01:08:09	01:44:55	85	05:11:26.10	05:11:26.10	+00:40:38 (13.1%)
22	GAJEWSKI Jarosław	780	TRI SPORT AUTEX	M 40-49	22	00:18:18	00:37:03	97	00:05:24	01:13:42	02:46:18	88	00:03:39	01:03:30	01:39:15	48	05:11:39.20	05:11:39.20	+00:40:51 (13.1%)
23	SOBCZAK Marcin	593	TRISPACE	M 40-49	23	00:18:50	00:38:34	118	00:03:52	02:12:32			01:12:56	01:49:05	115	05:12:45.75	05:12:45.75	+00:41:58 (13.4%)	
24	RYBKOWSKI Grzegorz	567	WTP	M 40-49	24	00:22:40	00:46:21	220	00:04:22	01:09:04	02:35:03	28	00:04:34	01:04:47	01:43:26	75	05:13:46.45	05:13:46.45	+00:42:58 (13.7%)
25	IGNACZAK Piotr	735	TRISPACE	M 40-49	25	00:19:39	00:39:27	140	00:04:19	01:14:20	02:44:41	81	00:02:38	01:06:57	01:43:25	74	05:14:30.10	05:14:30.10	+00:43:42 (13.9%)
26	PTAK Dariusz	793		M 40-49	26	00:19:28	00:39:19	139	00:04:10	01:13:19	02:43:55	78	00:03:20	01:08:22	01:46:47	98	05:17:31.80	05:17:31.80	+00:46:44 (14.7%)
27	ŚWIDERSKI Jacek	726	ALWAYS WILD TEAM	M 40-49	27	00:16:20	00:33:36	39	00:05:23	01:14:58	02:48:20	104	00:03:15	01:08:22	01:47:51	104	05:18:25.95	05:18:25.95	+00:47:38 (15.0%)
28	CYBULSKI Konrad	624	HTF CELIRONMAN/AMZ- KUTNO S.A.	M 40-49	28	00:19:04	00:39:00	131	00:04:22	01:15:45	02:51:08	126	00:03:20	01:04:55	01:40:44	58	05:18:34.85	05:18:34.85	+00:47:47 (15.0%)
29	WALL Adam	686		M 40-49	29	00:21:24	00:43:15	190	00:05:10	01:13:51	02:41:16	64	00:03:07	01:09:45	01:47:45	103	05:20:33.05	05:20:33.05	+00:49:45 (15.5%)
30	LANECKI Artur	727		M 40-49	30	00:16:15	00:33:09	30	00:06:03	01:13:46	02:48:48	106	00:05:08	01:10:30	01:53:31	137	05:26:39.35	05:26:39.35	+00:55:51 (17.1%)
31	SKWIERCZYNSKI Darek	678		M 40-49	31	00:22:56	00:47:55	227	00:03:55	01:16:29	02:47:21	95	00:03:32	01:08:12	01:44:20	82	05:27:03.25	05:27:03.25	+00:56:15 (17.2%)
32	PLESS Wojciech	729	PIAST ŁASIN	M 40-49	32	00:21:36	00:44:54	214	00:04:49	01:15:09	02:48:19	103	00:03:13	01:09:11	01:46:46	97	05:28:01.75	05:28:01.75	+00:57:14 (17.4%)
33	KAZUBOWSKI Jacek	633	45PLUS	M 40-49	33	00:21:44	00:45:16	215	00:04:34	01:18:10	02:53:53	138	00:03:26	01:07:05	01:43:32	77	05:30:41.10	05:30:41.10	+00:59:53 (18.1%)
34	TYMIŃSKI Dariusz	649	NIGHTRUNNERS PŁOCK	M 40-49	34	00:20:44	00:42:48	176	00:04:55	01:15:02	02:48:13	102	00:02:55	01:07:47	01:52:32	133	05:31:23.50	05:31:23.50	+01:00:35 (18.3%)
35	FAVEEUW David	724		M 40-49	35	00:19:11	00:39:41	145	00:04:52	01:21:20	02:59:05	172	00:02:48	01:07:20	01:45:12	87	05:31:38.65	05:31:38.65	+01:00:51 (18.3%)
36	KRUK Rafał	583	BIEGAJ W NIEMCZU.PL	M 40-49	36	00:24:01	00:48:10	229	00:05:31	01:17:16	02:52:54	134	00:04:03	01:06:12	01:42:09	68	05:32:47.75	05:32:47.75	+01:02:00 (18.6%)
37	PANGOWSKI Piotr	770		M 40-49	37	00:18:42	00:38:42	124	00:05:22	01:15:38	02:55:06	148	00:02:55	01:12:40	01:52:02	128	05:34:07.15	05:34:07.15	+01:03:19 (19.0%)
38	LUDWINIAK Bogdan	670	HURTINEX TEAM	M 40-49	38	00:19:29	00:39:41	146	00:05:14	01:15:30	02:49:32	110	00:02:51	01:16:09	01:58:24	162	05:35:42.45	05:35:42.45	+01:04:54 (19.3%)
39	STRYKOWSKI Piotr	861		M 40-49	39	00:19:44	00:39:37	144	00:04:49	01:20:16	02:57:53	164	00:02:32	01:12:33	01:52:03	129	05:36:54.05	05:36:54.05	+01:06:06 (19.6%)
40	ZBORALSKI Michał	621		M 40-49	40	00:19:08	00:38:50	127	00:04:54	01:14:50	02:50:48	118	00:02:35	01:17:18	02:01:57	182	05:39:04.95	05:39:04.95	+01:08:17 (20.1%)
41	OSTROMEŃCKI Waldemar	659		M 40-49	41	00:20:02	00:40:16	154	00:05:57	01:16:14	02:50:54	122	00:04:27	01:15:34	01:57:37	154	05:39:11.25	05:39:11.25	+01:08:23 (20.2%)
42	KLIMKIEWICZ Dariusz	796	BBB TRI	M 40-49	42	00:21:18	00:43:06	186	00:04:10	01:15:42	02:52:17	129	00:03:28	01:16:15	01:58:36	164	05:41:37.65	05:41:37.65	+01:10:50 (20.7%)
43	BYZDRA Krzysztof	730	BYZDRA TEAM	M 40-49	43	00:20:14	00:42:53	178	00:05:01	01:17:33	02:54:41	144	00:02:35	01:12:51	01:56:37	150	05:41:47.30	05:41:47.30	+01:10:59 (20.8%)
44	GOZDOWSKI Paweł	783		M 40-49	44	00:25:12	00:53:44	248	00:07:00	01:18:38	02:54:42	145	00:04:54	01:05:15	01:42:02	67	05:42:22.40	05:42:22.40	+01:11:34 (20.9%)
45	SZELIŃSKI Adam	596	OPP SZCZECIN	M 40-49	45	00:17:39	00:36:32	83	00:05:16	01:13:41	02:52:47	133	00:03:08	01:21:16	02:06:46	210	05:44:29.45	05:44:29.45	+01:13:41 (21.4%)
46	FILIPEK Piotr	513		M 40-49	46	00:17:49	00:36:50	91	00:04:13	01:19:04	03:00:47	177	00:02:42	01:16:30	02:01:08	180	05:45:40.50	05:45:40.50	+01:14:52 (21.7%)
47	TUBAJA Albert	658	KABEL TEAM	M 40-49	47	00:17:43	00:37:09	100	00:04:24	01:14:06	02:47:15	93	00:03:27	01:26:55	02:13:29	225	05:45:44.70	05:45:44.70	+01:14:57 (21.7%)

				Pływanie			P1	Rower			P2	Bieg			SUMA				
48	<b>MIELCAREK Tomasz</b>	<b>792</b>		M 40-49	48	00:18:36	<b>00:38:32</b>	117	00:05:57	01:15:16	<b>02:54:39</b>	<b>143</b>	00:05:55	01:16:03	<b>02:00:51</b>	<b>177</b>	<b>05:45:54.10</b>	<b>05:45:54.10</b>	+01:15:06 (21.7%)
49	<b>ZEGARSKI Arkadiusz</b>	<b>526</b>		M 40-49	49	00:19:17	<b>00:39:09</b>	135	00:03:47	01:16:55	<b>02:55:17</b>	<b>149</b>	00:02:59	01:19:31	<b>02:05:05</b>	<b>203</b>	<b>05:46:17.55</b>	<b>05:46:17.55</b>	+01:15:30 (21.8%)
50	<b>BRZOSTEK Krzysztof</b>	<b>620</b>	WHITE RIVER	M 40-49	50	00:23:56	<b>00:50:16</b>	237	00:06:24	01:11:35	<b>02:44:00</b>	<b>79</b>	00:04:13	01:20:29	<b>02:02:07</b>	<b>184</b>	<b>05:47:00.15</b>	<b>05:47:00.15</b>	+01:16:12 (22.0%)
51	<b>CZECHOWSKI Wiesław</b>	<b>707</b>		M 40-49	51	00:20:48	<b>00:42:41</b>	174	00:05:57	01:20:45	<b>03:04:16</b>	<b>189</b>	00:06:14	01:11:04	<b>01:50:33</b>	<b>122</b>	<b>05:49:41.65</b>	<b>05:49:41.65</b>	+01:18:54 (22.6%)
52	<b>GARBOWSKI Tomasz</b>	<b>728</b>	FEMAT	M 40-49	52	00:21:27	<b>00:44:10</b>	204	00:06:03	01:17:58	<b>02:54:56</b>	<b>146</b>	00:04:17	01:16:37	<b>02:02:12</b>	<b>185</b>	<b>05:51:38.50</b>	<b>05:51:38.50</b>	+01:20:50 (23.0%)
53	<b>LASSAK Bartosz</b>	<b>625</b>		M 40-49	53	00:21:25	<b>00:43:53</b>	199	00:06:08	01:16:45	<b>02:56:42</b>	<b>157</b>	00:03:34	01:18:18	<b>02:02:35</b>	<b>187</b>	<b>05:52:52.10</b>	<b>05:52:52.10</b>	+01:22:04 (23.3%)
54	<b>STASIEWSKI Mariusz</b>	<b>561</b>	TRISPACE	M 40-49	54	00:18:13	<b>00:36:40</b>	88	00:04:21	01:22:01	<b>03:05:04</b>	<b>192</b>	00:02:24	01:20:06	<b>02:04:30</b>	<b>197</b>	<b>05:52:59.70</b>	<b>05:52:59.70</b>	+01:22:12 (23.3%)
55	<b>MAKOWSKI Sławomir</b>	<b>510</b>	RUN BYDGOSZCZ	M 40-49	55	00:23:37	<b>00:48:23</b>	230	00:07:29	01:19:46	<b>02:59:12</b>	<b>173</b>	00:05:29	01:13:38	<b>01:56:18</b>	<b>147</b>	<b>05:56:51.20</b>	<b>05:56:51.20</b>	+01:26:03 (24.1%)
56	<b>LIZIK Radosław</b>	<b>763</b>	NOVO NORDISK	M 40-49	56	00:20:36	<b>00:42:10</b>	170	00:06:27	01:19:36	<b>02:57:19</b>	<b>160</b>	00:04:26	01:23:06	<b>02:10:07</b>	<b>220</b>	<b>06:00:29.65</b>	<b>06:00:29.65</b>	+01:29:42 (24.9%)
57	<b>CIRSON Marek</b>	<b>723</b>		M 40-49	57	00:20:56	<b>00:44:30</b>	209	00:08:15	01:19:33	<b>02:56:21</b>	<b>155</b>	00:06:29	01:17:51	<b>02:06:28</b>	<b>207</b>	<b>06:02:03.25</b>	<b>06:02:03.25</b>	+01:31:15 (25.2%)
58	<b>ZUBEK Rafał</b>	<b>600</b>	PTT DELTA	M 40-49	58	00:21:32	<b>00:43:21</b>	194	00:05:54	01:24:20	<b>03:10:52</b>	<b>212</b>	00:03:19	01:21:18	<b>02:05:02</b>	<b>202</b>	<b>06:08:28.15</b>	<b>06:08:28.15</b>	+01:37:40 (26.5%)
59	<b>KNOBLOCH Tomasz</b>	<b>778</b>		M 40-49	59	00:16:10	<b>00:32:44</b>	26	00:03:31	01:30:39	<b>03:19:15</b>	<b>219</b>	00:02:58	01:25:37	<b>02:13:34</b>	<b>226</b>	<b>06:12:02.75</b>	<b>06:12:02.75</b>	+01:41:15 (27.2%)
60	<b>ANDRZEJEWSKI Bartosz</b>	<b>507</b>		M 40-49	60	00:18:45	<b>00:38:00</b>	109	00:07:46	01:22:36	<b>03:05:54</b>	<b>197</b>	00:06:08	01:25:30	<b>02:16:27</b>	<b>231</b>	<b>06:14:15.65</b>	<b>06:14:15.65</b>	+01:43:28 (27.6%)
61	<b>RZENTKOWSKI Grzegorz</b>	<b>787</b>		M 40-49	61	00:24:29	<b>00:51:15</b>	242	00:05:13	01:25:25	<b>03:17:21</b>	<b>218</b>	00:02:55	01:20:38	<b>02:05:01</b>	<b>201</b>	<b>06:21:45.10</b>	<b>06:21:45.10</b>	+01:50:57 (29.1%)
62	<b>GRABOWSKI Michał</b>	<b>577</b>		M 40-49	62	00:19:15	<b>00:39:42</b>	148	00:06:00	01:22:58	<b>03:14:15</b>	<b>214</b>	00:07:29	01:33:53	<b>02:24:58</b>	<b>242</b>	<b>06:32:24.65</b>	<b>06:32:24.65</b>	+02:01:37 (31.0%)
63	<b>GACKOWSKI Artur</b>	<b>576</b>	OD JUTRA NIE BIEGAM	M 40-49	63	00:19:11	<b>00:39:37</b>	143	00:05:34	01:19:32	<b>03:29:22</b>	<b>231</b>	00:01:45	01:26:49	<b>02:18:51</b>	<b>233</b>	<b>06:35:09.20</b>	<b>06:35:09.20</b>	+02:04:21 (31.5%)
64	<b>BINKOWSKI Fafik</b>	<b>790</b>	BOGMAR OSTROMECKO	M 40-49	64	00:22:38	<b>00:46:30</b>	221	00:08:08	01:23:07	<b>03:05:01</b>	<b>191</b>	00:06:27	01:26:29	<b>02:29:08</b>	<b>249</b>	<b>06:35:14.95</b>	<b>06:35:14.95</b>	+02:04:27 (31.5%)
65	<b>KNIFE David</b>	<b>685</b>		M 40-49	65	00:18:35	<b>00:38:12</b>	112	00:05:52	01:31:08	<b>03:42:52</b>	<b>241</b>	00:10:30	01:34:01	<b>02:28:08</b>	<b>248</b>	<b>07:05:34.15</b>	<b>07:05:34.15</b>	+02:34:46 (36.4%)
	<b>LEWANDOWSKI Robert</b>	<b>679</b>	BIEGAM Z RADOŚCI	M 40-49		00:20:45	<b>00:42:54</b>	179	00:05:26	01:47:30							<b>DNF</b>	<b>DNF</b>	
	<b>BLOKOWSKI Piotr</b>	<b>739</b>	AGROLOK SPORT TEAM	M 40-49		00:19:07	<b>00:38:42</b>	123	00:03:34								<b>DNF</b>	<b>DNF</b>	

Znaleziono 67 wynik(ów)