

# TROPEM WILCZYM BIEG PAMIĘCI ŻOŁNIERZY WYKLĘTYCH - 10 KM

B4SPORT  
INTELEGENTE ZAWODY SPORTOWE

**Wydarzenie:** TROPEM WILCZYM BIEG PAMIĘCI ŻOŁNIERZY WYKLĘTYCH  
**Organizator:** Fundacja Wolność i Demokracja, KTKKF, Fundacja Herkules All Sports  
**Data:** 2020-03-01  
**Miejsce:** Koszalin  
**Dystans:** 10 km



Klasyfikacja: Wszyscy

Punkt pomiarowy: 8,3 km

Msc	Zawodnik	Numer	Klub	Kategoria	Lap 1.6km	Lap 3.3km	Lap 4.9km	Lap 6.6km	Lap 8.3km
1	BRAUN Grzegorz	168	DRACZYŃSKI RUNNING TEAM	M18-29	00:05:18	00:10:42	00:16:06	00:21:32	00:26:57
2	GAWRON Piotr	190	ULKS TALEX BORZYTUCHOM	M18-29	00:05:38	00:11:35	00:17:35	00:23:38	00:29:47
3	HUBERT Łukasz	207	TKKF KOSZALIN	M30-39	00:05:38	00:11:35	00:17:40	00:23:48	00:30:02
4	SIADAK Arkadiusz	303		M40-49	00:05:58	00:11:58	00:18:08	00:24:17	00:30:39
5	ZABORSKI Ryszard	340	TKKF KOSZALIN	M40-49	00:05:55	00:11:56	00:18:03	00:24:17	00:30:39
6	ŁUKASZEWSKI Sebastian	249	STARGARDZKI ZWIĄZEK WETERANÓW LEKKIEJ ATLETYKI	M40-49	00:05:57	00:12:07	00:18:23	00:24:38	00:30:51
7	RYBACZEK Sebastian	350	JW 1223	M40-49	00:05:58	00:12:06	00:18:22	00:24:38	00:30:53
8	ROSZKOWSKI Damian	294	BAGNA IZBICKIE	M30-39	00:06:00	00:12:12	00:18:27	00:24:44	00:30:57
9	MACKOJĆ Krzysztof	255	EL-MACKOJĆ	M40-49	00:06:00	00:12:12	00:18:29	00:24:54	00:31:17
10	RYKIEL Michał	301	DĄBROWSKI TEAM	M30-39	00:05:55	00:12:10	00:18:28	00:24:54	00:31:18
11	RUDNIKOWSKI Maciej	297	BIEGUZDROWISKOWY.PL / DARŁOWSKIE CHARTY	M40-49	00:05:58	00:12:19	00:18:42	00:25:10	00:31:39
12	PICK Tomasz	283	SKSG KORONA SZCZECIN	M50-59	00:06:10	00:12:37	00:19:10	00:25:42	00:31:58
13	SITOWSKI Marcin	305	HOMOSAPIE	M18-29	00:06:23	00:12:50	00:19:21	00:25:50	00:32:14
14	WOJCIECHOWICZ Jacek	334	WWW.STUDIOTANCAPASJA.PL	M40-49	00:06:16	00:12:56	00:19:40	00:26:27	00:33:09
15	WALCZAK Paweł	52		M30-39	00:05:54	00:12:11	00:18:57	00:26:51	00:33:18
16	LEWANDOWSKI Jacek	248	TAPETY KOSZALIN MONIUSZKI	M40-49	00:06:23	00:13:02	00:19:46	00:26:33	00:33:21
17	BIEDRZYCKI Krzysztof	165		M40-49	00:06:26	00:13:08	00:19:49	00:26:36	00:33:26
18	BURDA Robert	170	KOSPEL	M40-49	00:06:38	00:13:22	00:20:08	00:26:59	00:33:42
19	GIERLACH Jacek	192	STOPA SŁUPSK	M30-39	00:06:11	00:12:55	00:19:51	00:26:55	00:34:07
20	SZYSZKA Konrad	322	WIECZORNE BIEGANIE W SZCZECINIE	M40-49	00:06:31	00:13:28	00:20:30	00:27:30	00:34:31
21	NOWICKI Michał	274	KB WYGAN	M30-39	00:06:52	00:13:40	00:20:32	00:27:31	00:34:36
22	KAWKA Adrian	223		M30-39	00:06:15	00:13:17	00:20:23	00:27:33	00:34:41
23	WIECZOREK Łukasz	332	CSSP KOSZALIN	M30-39	00:06:38	00:13:37	00:20:34	00:27:38	00:34:42
24	CHABOWSKI Wojciech	174	PROFESJONALNI AMATORZY	M18-29	00:06:11	00:13:20	00:20:41	00:27:44	00:34:43
25	KOZIEŁ Adam	236	PROFESJONALNI AMATORZY	M18-29	00:06:25	00:13:19	00:20:27	00:27:42	00:34:56
26	PLUTA Kamil	4		M18-29	00:06:46	00:13:52	00:20:57	00:28:02	00:35:12
27	ZWOLIŃSKI Jan	346	TKKF KOSZALIN	M50-59	00:06:45	00:13:46	00:20:52	00:28:04	00:35:13

Msc	Zawodnik	Numer	Klub	Kategoria	Lap 1.6km	Lap 3.3km	Lap 4.9km	Lap 6.6km	Lap 8.3km
28	<b>KOZIEŁ Paweł</b>	<b>235</b>	PROFESJONALNI AMATORZY	M40-49	00:06:38	00:13:45	00:20:58	00:28:09	00:35:25
29	<b>BARANOWSKI Piotr</b>	<b>162</b>		M40-49	00:06:51	00:13:50	00:20:57	00:28:09	00:35:28
30	<b>KONKEL Agnieszka</b>	<b>228</b>		K30-39	00:06:58	00:14:03	00:21:00	00:28:16	00:35:32
31	<b>URBAŃSKI Tomasz</b>	<b>327</b>		M40-49	00:07:07	00:14:09	00:21:23	00:28:35	00:35:49
32	<b>RUBASZNIK Radosław</b>	<b>296</b>		M30-39	00:06:43	00:13:51	00:21:04	00:28:29	00:35:51
33	<b>GÓRNY Norbert</b>	<b>196</b>	CSSP KOSZALIN	M40-49	00:06:50	00:14:02	00:21:20	00:28:38	00:36:00
34	<b>ZATOŃ Olga</b>	<b>342</b>		K30-39	00:06:55	00:14:03	00:21:23	00:28:41	00:36:05
35	<b>KUCAL Paweł</b>	<b>243</b>		M40-49	00:07:07	00:14:11	00:21:24	00:28:45	00:36:10
36	<b>MAZUR Tomasz</b>	<b>259</b>	I LO SZCZECINEK	M40-49	00:06:50	00:14:01	00:21:22	00:28:44	00:36:11
37	<b>RACISZ Mateusz</b>	<b>289</b>	KAMIEŃ RYMAŃSKI	M18-29	00:06:18	00:13:17	00:21:03	00:28:43	00:36:24
38	<b>NOWAK Paweł</b>	<b>272</b>	TRIPAKA PRZECHLEWO	M40-49	00:07:14	00:14:25	00:21:44	00:29:04	00:36:26
39	<b>PASIEKA Agnieszka</b>	<b>280</b>		K30-39	00:07:14	00:14:28	00:21:50	00:29:11	00:36:39
40	<b>MŁYNARCZYK Zbyszek</b>	<b>266</b>	CPSP USTKA	M30-39	00:07:10	00:14:27	00:21:48	00:29:13	00:36:44
41	<b>ŻUREK Mateusz</b>	<b>348</b>		M30-39	00:06:48	00:13:58	00:21:24	00:28:57	00:36:47
42	<b>JANKOWSKI Piotr</b>	<b>163</b>		M40-49	00:07:18	00:14:39	00:22:11	00:29:43	00:37:13
43	<b>WOŁYNIEC Szymon</b>	<b>335</b>	WIECZORNE BIEGANIE W SZCZECINIE	M18-29	00:06:45	00:14:14	00:21:54	00:29:34	00:37:30
44	<b>JARZYNA Roman</b>	<b>212</b>	SZWLA STARGARD	M50-59	00:07:18	00:14:52	00:22:27	00:30:04	00:37:41
45	<b>SMOCZYŃSKI Marek</b>	<b>309</b>	MBC TEAM	M30-39	00:07:27	00:14:54	00:22:23	00:30:07	00:37:53
46	<b>KWIETNIEWSKI Daniel</b>	<b>246</b>		M40-49	00:07:11	00:14:35	00:22:18	00:30:07	00:37:57
47	<b>HAŁKA Justyna</b>	<b>201</b>	TRUCHT ŁOBEZ	K40-49	00:07:20	00:14:55	00:22:37	00:30:19	00:38:00
48	<b>BUDZIŃSKI Paweł</b>	<b>169</b>	TAGER SPORT / DRUŻYNA SZPIKU	M40-49	00:07:23	00:14:54	00:22:30	00:30:18	00:38:01
49	<b>GRACZYK Paweł</b>	<b>198</b>	KAMIEŃ RYMAŃSKI	M30-39	00:06:59	00:14:30	00:22:13	00:30:06	00:38:11
50	<b>CHABOWSKA Karolina</b>	<b>172</b>	KB WYGAN	K30-39	00:07:22	00:14:55	00:22:38	00:30:24	00:38:14
51	<b>IWANIEC Dariusz</b>	<b>209</b>	TKKF KOSZALIN	M40-49	00:07:18	00:14:59	00:22:42	00:30:27	00:38:17
52	<b>OLSZAR Grzegorz</b>	<b>277</b>	DARŁOWSKIE CHARTY	M30-39	00:07:17	00:14:49	00:22:27	00:30:20	00:38:24
53	<b>MYSZYŃSKI Paweł</b>	<b>269</b>	SP5 KOŁOBRZEG	M40-49	00:07:21	00:15:00	00:22:47	00:30:35	00:38:30
54	<b>KRAWCZUK Szymon</b>	<b>238</b>	DARŁOWSKIE CHARTY	M40-49	00:07:32	00:15:20	00:23:05	00:30:52	00:38:39
55	<b>KOZAK Grzegorz</b>	<b>234</b>	FPP	M40-49	00:07:42	00:15:25	00:23:08	00:30:56	00:38:43
56	<b>KIELAR Łukasz</b>	<b>227</b>		M40-49	00:07:36	00:15:12	00:22:59	00:30:49	00:38:44
57	<b>PILAREK Ireneusz</b>	<b>285</b>		M40-49	00:07:23	00:14:56	00:22:37	00:30:36	00:38:45
58	<b>WILKOWSKI Krzysztof</b>	<b>333</b>	FOR-REST-RUN KOSZALIN	M40-49	00:07:36	00:15:09	00:22:59	00:30:49	00:38:45
59	<b>KORMAN Kamil</b>	<b>231</b>		M18-29	00:07:35	00:15:26	00:23:11	00:30:59	00:38:46
60	<b>KRZEWIŃSKA Małgorzata</b>	<b>240</b>	TKKF KOSZALIN	K60+	00:07:36	00:15:23	00:23:10	00:30:58	00:38:47
61	<b>SITARCZYK Damian</b>	<b>304</b>		M30-39	00:08:06	00:15:44	00:23:26	00:31:18	00:38:59
62	<b>REDLIŃKI Piotr</b>	<b>291</b>		M30-39	00:07:17	00:15:04	00:23:06	00:31:01	00:39:02
63	<b>PĘKAŁA Piotr</b>	<b>282</b>	SP MANOWO	M40-49	00:08:20	00:16:03	00:23:48	00:31:31	00:39:05
64	<b>ZAWILSKI Robert</b>	<b>343</b>		M30-39	00:08:04	00:16:03	00:24:06	00:31:45	00:39:11
65	<b>ZIELIŃSKI Maciej</b>	<b>344</b>	KAMIEŃ RYMAŃSKI	M18-29	00:06:37	00:14:09	00:22:25	00:30:54	00:39:17
66	<b>MACIEJEWICZ Piotr</b>	<b>254</b>	KAMIEŃ RYMAŃSKI	M18-29	00:07:01	00:14:30	00:22:41	00:30:55	00:39:18
67	<b>CZYŻYKOWSKI Łukasz</b>	<b>180</b>		M30-39	00:07:49	00:15:34	00:23:25	00:31:19	00:39:23
68	<b>ŁUSZCZEWSKI Krzysztof</b>	<b>251</b>	ŻYTANIA TEAM	M40-49	00:07:27	00:15:12	00:23:13	00:31:18	00:39:24
69	<b>CHUDZIK Zbigniew</b>	<b>176</b>	TKKF KOSZALIN	M50-59	00:07:45	00:15:38	00:23:29	00:31:24	00:39:25
70	<b>GLEWICZ Sylwia</b>	<b>193</b>		K30-39	00:07:52	00:15:40	00:23:34	00:31:31	00:39:30
71	<b>STACHOWIAK Ryszard</b>	<b>312</b>		M60-69	00:07:32	00:15:25	00:23:26	00:31:31	00:39:33
72	<b>DERLIŃSKI Adam</b>	<b>183</b>	TORNADO KOSZALIN	M40-49	00:07:15	00:15:00	00:23:00	00:31:12	00:39:34

Msc	Zawodnik	Numer	Klub	Kategoria	Lap 1.6km	Lap 3.3km	Lap 4.9km	Lap 6.6km	Lap 8.3km
73	<b>BIAŁECKA Paula</b>	<b>164</b>	TGK	K30-39	00:07:26	00:15:14	00:23:15	00:31:34	00:39:51
74	<b>SKOWYRSKI Janusz</b>	<b>306</b>	TKKF KOSZALIN	M50-59	00:07:33	00:15:20	00:23:30	00:31:43	00:39:53
75	<b>RÓG Michał</b>	<b>295</b>	8PPLOT	M40-49	00:07:52	00:15:40	00:23:39	00:31:43	00:39:53
76	<b>BURDZIK Michał</b>	<b>171</b>	MBFAN	M18-29	00:07:06	00:14:56	00:23:08	00:31:37	00:40:12
77	<b>SMOCZYŃSKA Emilia</b>	<b>308</b>	MBC TEAM	K30-39	00:07:26	00:15:20	00:23:29	00:31:55	00:40:24
78	<b>RAŚ Mateusz</b>	<b>130</b>	JW1223	M18-29	00:07:51	00:15:56	00:24:03	00:32:15	00:40:30
79	<b>SZKOPEK Krzysztof</b>	<b>318</b>		M50-59	00:07:30	00:15:31	00:23:46	00:32:09	00:40:36
80	<b>ROGOWSKI Jan</b>	<b>292</b>	BBL MIKOŁAJKI	M50-59	00:08:01	00:16:06	00:24:12	00:32:25	00:40:38
81	<b>GOLUBSKI Cezary</b>	<b>195</b>	KAMIEŃ RYMAŃSKI	M18-29	00:07:24	00:15:28	00:23:55	00:32:19	00:40:39
82	<b>GALICKI Robert</b>	<b>189</b>	BOBOLICKIE BRACTWO BIEGOWE	M40-49	00:08:25	00:16:51	00:24:54	00:32:47	00:40:39
83	<b>RUTKOWSKI Artur</b>	<b>299</b>	RUNKING	M30-39	00:07:36	00:15:28	00:23:39	00:32:08	00:40:40
84	<b>MONGIAŁO Marcin</b>	<b>268</b>	FAST FEET K-LIN	M40-49	00:08:11	00:16:15	00:24:29	00:32:42	00:40:50
85	<b>KAŻMIERCZAK Agnieszka</b>	<b>225</b>	PROFESJONALNI AMATORZYPROFESJONALNI AMATORZY	K40-49	00:07:32	00:15:38	00:23:57	00:32:22	00:40:53
86	<b>TREDER Marian</b>	<b>325</b>	TEAM TREDER	M50-59	00:07:33	00:15:25	00:23:40	00:32:11	00:40:53
87	<b>ŚWIETLIK Tomasz</b>	<b>324</b>	LEO TEAM	M60-69	00:08:08	00:16:16	00:24:31	00:32:46	00:40:53
88	<b>ANTKOWIAK Sebastian</b>	<b>161</b>	DB - ACTIVE	M40-49	00:07:26	00:15:26	00:23:51	00:32:19	00:40:54
89	<b>DĄBROWSKA Alicja</b>	<b>181</b>	TKKF KOSZALIN	K50-59	00:08:05	00:16:17	00:24:33	00:32:48	00:40:55
90	<b>MACIĄG Piotr</b>	<b>252</b>	HOMOSAPIE	M40-49	00:07:54	00:15:59	00:24:15	00:32:35	00:40:55
91	<b>GAŚECKA Agata</b>	<b>29</b>		K18-29	00:08:18	00:16:25	00:24:38	00:32:55	00:41:00
92	<b>HAINCE Paweł</b>	<b>199</b>		M40-49	00:07:49	00:15:50	00:23:59	00:32:29	00:41:05
93	<b>DRULIK-HOŁUB Marta</b>	<b>186</b>	TORNADO KOSZALIN	K40-49	00:07:52	00:15:55	00:24:09	00:32:43	00:41:07
94	<b>JOCHYM Mariusz</b>	<b>216</b>	WATAHA	M30-39	00:07:57	00:15:53	00:24:07	00:32:35	00:41:08
95	<b>WYGANOWSKI Andrzej</b>	<b>339</b>	KB WYGAN	M70+	00:08:05	00:16:20	00:24:38	00:32:54	00:41:10
96	<b>MICHALCZYK Kamil</b>	<b>261</b>	KOSZALIN	M30-39	00:07:52	00:15:48	00:24:02	00:32:31	00:41:10
97	<b>PAJOR Tomasz</b>	<b>279</b>	HOMOSAPIE	M40-49	00:07:54	00:15:59	00:24:16	00:32:40	00:41:12
98	<b>KRASIŃSKI Witold</b>	<b>237</b>		M40-49	00:07:57	00:15:53	00:24:07	00:32:36	00:41:16
99	<b>DĘBSKI Damian</b>	<b>184</b>		M30-39	00:08:04	00:16:03	00:24:06	00:32:33	00:41:16
100	<b>JABŁOŃSKI Arkadiusz</b>	<b>210</b>	JW 1223	M30-39	00:07:41	00:15:39	00:23:45	00:32:26	00:41:18
101	<b>BUREK Marcin</b>	<b>49</b>		M30-39	00:07:44	00:15:54	00:24:11	00:32:37	00:41:24
102	<b>GIEDROWICZ Aleksandra</b>	<b>191</b>		K30-39	00:07:28	00:15:39	00:24:06	00:32:45	00:41:26
103	<b>KACZMAREK Łukasz</b>	<b>218</b>	WOJOWNICY WÓDY	M30-39	00:08:15	00:16:36	00:25:07	00:33:38	00:41:35
104	<b>HOREGLAD Paweł</b>	<b>206</b>	SPEEDY GONZALES	M18-29	00:07:56	00:15:58	00:24:16	00:32:50	00:41:35
105	<b>IHNATOWICZ Łukasz</b>	<b>208</b>	WOLNY ŚLEDŹ	M30-39	00:08:04	00:16:20	00:24:48	00:33:16	00:41:36
106	<b>BOJANOWSKI Michał</b>	<b>351</b>	KOŁOBRZESKI KLUB MORSÓW	M40-49	00:07:53	00:16:05	00:24:39	00:33:20	00:41:40
107	<b>NEUBAUER Łukasz</b>	<b>271</b>		M40-49	00:07:41	00:15:48	00:24:12	00:32:59	00:41:53
108	<b>DOBOSZ Robert</b>	<b>25</b>		M18-29	00:08:23	00:16:43	00:25:00	00:33:31	00:41:58
109	<b>KAWA Marcin</b>	<b>15</b>		M30-39	00:07:49	00:15:46	00:24:18	00:33:05	00:41:59
110	<b>ALABA Jerzy</b>	<b>153</b>		M60-69	00:08:57	00:17:01	00:25:04	00:33:33	00:42:02
111	<b>MONGIAŁO Aleksandra</b>	<b>267</b>	FAST FEET K-LIN	K30-39	00:08:15	00:16:36	00:25:08	00:33:39	00:42:07
112	<b>CHABOWSKI Dawid</b>	<b>173</b>		M40-49	00:07:56	00:16:08	00:24:33	00:33:13	00:42:07
113	<b>OSOBNIAK Ryszard</b>	<b>278</b>	1956	M60-69	00:08:14	00:16:35	00:25:07	00:33:39	00:42:18
114	<b>JUSZCZAK Krzysztof</b>	<b>217</b>		M60-69	00:08:05	00:16:14	00:24:40	00:33:25	00:42:20
115	<b>CZAPLA Paulina</b>	<b>178</b>		K30-39	00:08:10	00:16:32	00:25:01	00:33:40	00:42:21
116	<b>HARASIMOWICZ Michał</b>	<b>202</b>	12. BBSP	M30-39	00:07:49	00:16:07	00:24:44	00:33:30	00:42:22
117	<b>GOLEC Anna</b>	<b>194</b>		K40-49	00:08:06	00:16:33	00:25:08	00:33:46	00:42:24

Msc	Zawodnik	Numer	Klub	Kategoria	Lap 1.6km	Lap 3.3km	Lap 4.9km	Lap 6.6km	Lap 8.3km
118	KONKEL Łukasz	229		M40-49	00:08:26	00:16:54	00:25:29	00:33:58	00:42:27
119	MICHALSKI Jakub	262		M40-49	00:08:48	00:17:26	00:26:01	00:34:24	00:42:32
120	SZCZYPEK Arkadiusz	317	FUNDACJA ZASTOPIJ	M30-39	00:07:55	00:16:16	00:24:48	00:33:40	00:42:39
121	PAWŁOWSKI Grzegorz	62	GAMMAX	M40-49	00:07:43	00:15:56	00:24:35	00:33:32	00:42:48
122	ZAKUTYŃSKA- KOWALCZYK Karolina	68		K40-49	00:08:15	00:16:40	00:25:15	00:34:05	00:43:05
123	PUŚCIAN Krzysztof	288	SP MANOWO	M40-49	00:08:26	00:16:53	00:25:40	00:34:25	00:43:07
124	HAŁAJKO Magdalena	200		K30-39	00:08:13	00:16:36	00:25:25	00:34:16	00:43:10
125	SŁOMSKA Dorota	307		K30-39	00:08:16	00:16:40	00:25:16	00:34:08	00:43:11
126	SZYMAŃSKI Patryk	321	1987	M30-39	00:07:59	00:16:04	00:24:50	00:34:01	00:43:17
127	KAMINSKI Tomasz	219	WODNA SŁUŻBA RATOWNICZA	M40-49	00:08:15	00:16:31	00:25:21	00:34:26	00:43:18
128	SZYSZKOWSKI Tomasz	323	FOR-REST-RUN KOSZALIN	M30-39	00:08:30	00:17:11	00:26:02	00:34:55	00:43:49
129	SUCHANOWSKI Zygmunt	315	RESPECT LOTYŃ	M50-59	00:07:56	00:16:35	00:25:34	00:34:50	00:44:07
130	USTJANOWSKA Katarzyna	328		K30-39	00:08:37	00:17:15	00:26:00	00:35:07	00:44:21
131	SOBOLEWSKI Marcin	310	1983	M30-39	00:08:13	00:16:46	00:25:44	00:35:03	00:44:27
132	KASPRZYK Bogdan	222	KM PSP KOSZALIN	M40-49	00:08:03	00:16:48	00:25:50	00:35:11	00:44:40
133	KULAWIŃSKI Marek	244		M40-49	00:09:02	00:18:05	00:27:02	00:35:56	00:45:00
134	JAKÓBCZAK Dariusz	211		M50-59	00:09:06	00:18:12	00:27:10	00:36:04	00:45:03
135	MITUNIEWICZ Adrian	265		M30-39	00:09:00	00:18:07	00:27:06	00:36:02	00:45:09
136	CHRUŚLAK Dawid	175		M30-39	00:08:30	00:17:33	00:26:41	00:35:59	00:45:27
137	MICHALUK Amadeusz	263	KAMIEŃ RYMAŃSKI	M18-29	00:08:25	00:17:11	00:26:20	00:36:52	00:45:43
138	JASIENIECKI Piotr	213	KP ZEFIR WYSZEWO	M50-59	00:09:08	00:18:06	00:27:23	00:36:36	00:45:58
139	KĘSIK Michał	226	ZDARTE PODESZWY	M40-49	00:08:59	00:18:13	00:27:27	00:36:57	00:46:02
140	SUCHODOLSKA Aleksandra	316		K30-39	00:09:08	00:18:18	00:27:32	00:36:59	00:46:04
141	ROMANOWICZ Monika	293	DZIKIE ŻÓŁWIE	K30-39	00:08:48	00:18:03	00:27:28	00:36:59	00:46:04
142	SZUDERA Kamila	320		K30-39	00:08:59	00:18:15	00:27:33	00:36:51	00:46:08
143	CIECHAŃSKI Michał	177	1979	M40-49	00:08:58	00:18:13	00:27:28	00:37:01	00:46:14
144	KARNICKI Zygmunt	221	TKKF KOSZALIN	M60-69	00:08:29	00:17:35	00:27:03	00:36:38	00:46:28
145	MAJ Agnieszka	256		K40-49	00:08:59	00:18:11	00:27:33	00:36:57	00:46:28
146	WOLF Beata	9	TKKF KOSZALIN	K40-49	00:08:39	00:18:13	00:27:45	00:37:15	00:46:42
147	HELLER Zdzisław	205	HERMARATONOW.PL	M60-69	00:09:02	00:18:29	00:27:53	00:37:17	00:46:48
148	BORYS Justyna	167	JEDWABIŚCI	K30-39	00:09:10	00:18:35	00:28:00	00:37:24	00:46:55
149	NOWAK Ania	273	JEDWABIŚCI	K40-49	00:09:10	00:18:35	00:27:59	00:37:24	00:46:55
150	PISKÓRZ Justyna	286		K30-39	00:09:24	00:18:36	00:28:09	00:37:52	00:47:19
151	WESOŁOWSKI Łukasz	331	KOSZALIN	M30-39	00:08:46	00:18:21	00:28:07	00:37:59	00:47:45
152	SADOWSKA Justyna	302		K30-39	00:08:46	00:18:21	00:28:08	00:38:00	00:47:46
153	MICHALAK Michał	260	KAMIEŃ RYMAŃSKI	M18-29	00:08:19	00:17:45	00:27:58	00:38:12	00:47:59
154	SZMYT Marcin	319		M30-39	00:08:21	00:17:11	00:27:31	00:38:02	00:48:06
155	POŁOCZAŃSKI Piotr	287	SZWAGRY BIEGAJĄ	M30-39	00:08:21	00:17:10	00:27:30	00:38:02	00:48:06
156	PIETRZYK Rafał	284		M30-39	00:08:51	00:18:15	00:28:01	00:38:01	00:48:11
157	MALINOWSKA-BURDA Aleksandra	257		K30-39	00:08:53	00:18:24	00:28:16	00:38:16	00:48:19
158	DORAWA-ZIOMEK Anna	185	DZIKIE ŻÓŁWIE	K30-39	00:09:54	00:19:56	00:29:56	00:39:15	00:48:46
159	MITUNIEWICZ Renata	264		K50-59	00:09:22	00:18:59	00:29:03	00:39:02	00:49:21
160	TREJDER Maria	326	BAJADERKI KOSZALIN	K40-49	00:09:45	00:19:33	00:29:32	00:39:35	00:49:39
161	RADOMSKA Katarzyna	290		K18-29	00:08:26	00:18:03	00:28:19	00:38:57	00:49:44
162	BORKOWSKA Alicja	166		K40-49	00:09:43	00:19:33	00:29:35	00:39:51	00:50:18

Msc	Zawodnik	Numer	Klub	Kategoria	Lap 1.6km	Lap 3.3km	Lap 4.9km	Lap 6.6km	Lap 8.3km
162	<b>KSIĄŻEK Teresa</b>	<b>241</b>	1960	K60+	00:09:41	00:19:32	00:29:34	00:39:49	00:50:18
164	<b>MARTYNIUK Michał</b>	<b>258</b>		M18-29	00:09:25	00:19:00	00:29:15	00:39:50	00:50:32
165	<b>WACHHOLZ Beata</b>	<b>329</b>	KB BRYZA POSTOMINO	K50-59	00:09:37	00:19:36	00:29:49	00:40:12	00:50:49
166	<b>KOPEĆ Magdalena</b>	<b>230</b>		K40-49	00:09:47	00:19:56	00:30:09	00:40:40	00:51:05
167	<b>JEWUŁA Agata</b>	<b>215</b>	DRUŻYNA SZPIKU	K30-39	00:09:47	00:19:56	00:30:09	00:40:40	00:51:05
168	<b>NEUBAUER Adrianna</b>	<b>270</b>		K40-49	00:09:56	00:20:07	00:30:14	00:40:45	00:51:36
169	<b>ŻERAŃSKA Iwona</b>	<b>47</b>		K18-29	00:10:05	00:20:13	00:30:31	00:41:01	00:51:50
170	<b>ROGUCKA-KOPIJ Klaudia</b>	<b>48</b>		K18-29	00:10:06	00:20:13	00:30:31	00:41:01	00:51:51
171	<b>ZAKOŚCIELNA Katarzyna</b>	<b>341</b>	DZIKIE ŻÓŁWIE	K30-39	00:09:55	00:19:57	00:29:57	00:40:38	00:51:54
172	<b>HARASYM Daniel</b>	<b>203</b>	FUNDACJA ZASTOPUJ	M40-49	00:09:33	00:19:30	00:29:58	00:41:01	00:51:58
173	<b>KRAWCZUK Aleksandra</b>	<b>239</b>		K30-39	00:09:59	00:20:10	00:30:31	00:41:10	00:51:59
174	<b>KAPCIO Michał</b>	<b>220</b>	KAMIEŃ RYMAŃSKI	M18-29	00:08:01	00:19:35	00:30:21	00:40:51	00:52:07
175	<b>STRUSIŃSKA Paulina</b>	<b>314</b>		K18-29	00:09:46	00:20:16	00:31:40	00:43:11	00:54:51
176	<b>OLCZYKOWSKI Bartosz</b>	<b>275</b>		M40-49	00:10:11	00:20:54	00:32:03	00:43:27	00:55:15
177	<b>PEŁKA Iwona</b>	<b>281</b>		K50-59	00:10:51	00:21:47	00:32:51	00:44:15	00:55:25
178	<b>RYHANYCZ Paweł</b>	<b>300</b>		M40-49	00:10:30	00:21:53	00:33:28	00:45:18	00:57:31
179	<b>HEDDERGOTT Katarzyna</b>	<b>204</b>		K40-49	00:10:30	00:21:53	00:33:28	00:45:18	00:57:31
180	<b>GRABSKA Natalia</b>	<b>197</b>		K18-29	00:10:25	00:21:55	00:33:42	00:46:11	00:58:38

Znaleziono 180 wynik(ów)