

# TROPEM WILCZYM BIEG PAMIĘCI ŻOŁNIERZY WYKLĘTYCH - 10 KM

B4SPORT  
INTELEGENTE ZAWODY SPORTOWE

**Wydarzenie:** TROPEM WILCZYM BIEG PAMIĘCI ŻOŁNIERZY WYKLĘTYCH  
**Organizator:** Fundacja Wolność i Demokracja, KTKKF, Fundacja Herkules All Sports  
**Data:** 2020-03-01  
**Miejsce:** Koszalin  
**Dystans:** 10 km



Klasyfikacja: M-Open

Punkt pomiarowy: 6,6 km

Msc	Zawodnik	Numer	Klub	Kategoria	Lap 1.6km	Lap 3.3km	Lap 4.9km	Lap 6.6km
1	<b>BRAUN Grzegorz</b>	<b>168</b>	DRACZYŃSKI RUNNING TEAM	M18-29	00:05:18	00:10:42	00:16:06	00:21:32
2	<b>GAWRON Piotr</b>	<b>190</b>	ULKS TALEX BORZYTUCHOM	M18-29	00:05:38	00:11:35	00:17:35	00:23:38
3	<b>HUBERT Łukasz</b>	<b>207</b>	TKKF KOSZALIN	M30-39	00:05:38	00:11:35	00:17:40	00:23:48
4	<b>SIADAK Arkadiusz</b>	<b>303</b>		M40-49	00:05:58	00:11:58	00:18:08	00:24:17
5	<b>ZABORSKI Ryszard</b>	<b>340</b>	TKKF KOSZALIN	M40-49	00:05:55	00:11:56	00:18:03	00:24:17
6	<b>ŁUKASZEWSKI Sebastian</b>	<b>249</b>	STARGARDZKI ZWIĄZEK WETERANÓW LEKKIEJ ATLETYKI	M40-49	00:05:57	00:12:07	00:18:23	00:24:38
7	<b>RYBACZEK Sebastian</b>	<b>350</b>	JW 1223	M40-49	00:05:58	00:12:06	00:18:22	00:24:38
8	<b>ROSZKOWSKI Damian</b>	<b>294</b>	BAGNA IZBICKIE	M30-39	00:06:00	00:12:12	00:18:27	00:24:44
9	<b>RYKIEL Michał</b>	<b>301</b>	DĄBROWSKI TEAM	M30-39	00:05:55	00:12:10	00:18:28	00:24:54
10	<b>MACKOJĆ Krzysztof</b>	<b>255</b>	EL-MACKOJĆ	M40-49	00:06:00	00:12:12	00:18:29	00:24:54
11	<b>RUDNIKOWSKI Maciej</b>	<b>297</b>	BIEGUZDROWISKOWY.PL / DARŁOWSKIE CHARTY	M40-49	00:05:58	00:12:19	00:18:42	00:25:10
12	<b>PICK Tomasz</b>	<b>283</b>	SKSG KORONA SZCZECIN	M50-59	00:06:10	00:12:37	00:19:10	00:25:42
13	<b>SITOWSKI Marcin</b>	<b>305</b>	HOMOSAPIE	M18-29	00:06:23	00:12:50	00:19:21	00:25:50
14	<b>WOJCIECHOWICZ Jacek</b>	<b>334</b>	WWW.STUDIOTANCAPASJA.PL	M40-49	00:06:16	00:12:56	00:19:40	00:26:27
15	<b>LEWANDOWSKI Jacek</b>	<b>248</b>	TAPETY KOSZALIN MONIUSZKI	M40-49	00:06:23	00:13:02	00:19:46	00:26:33
16	<b>BIEDRZYCKI Krzysztof</b>	<b>165</b>		M40-49	00:06:26	00:13:08	00:19:49	00:26:36
17	<b>WALCZAK Paweł</b>	<b>52</b>		M30-39	00:05:54	00:12:11	00:18:57	00:26:51
18	<b>GIERLACH Jacek</b>	<b>192</b>	STOPA SŁUPSK	M30-39	00:06:11	00:12:55	00:19:51	00:26:55
19	<b>BURDA Robert</b>	<b>170</b>	KOSPEL	M40-49	00:06:38	00:13:22	00:20:08	00:26:59
20	<b>SZYSZKA Konrad</b>	<b>322</b>	WIECZORNE BIEGANIE W SZCZECINIE	M40-49	00:06:31	00:13:28	00:20:30	00:27:30
21	<b>NOWICKI Michał</b>	<b>274</b>	KB WYGAN	M30-39	00:06:52	00:13:40	00:20:32	00:27:31
22	<b>KAWKA Adrian</b>	<b>223</b>		M30-39	00:06:15	00:13:17	00:20:23	00:27:33
23	<b>WIECZOREK Łukasz</b>	<b>332</b>	CSSP KOSZALIN	M30-39	00:06:38	00:13:37	00:20:34	00:27:38
24	<b>KOZIEŁ Adam</b>	<b>236</b>	PROFESJONALNI AMATORZY	M18-29	00:06:25	00:13:19	00:20:27	00:27:42
25	<b>CHABOWSKI Wojciech</b>	<b>174</b>	PROFESJONALNI AMATORZY	M18-29	00:06:11	00:13:20	00:20:41	00:27:44
26	<b>PLUTA Kamil</b>	<b>4</b>		M18-29	00:06:46	00:13:52	00:20:57	00:28:02
27	<b>ZWOLIŃSKI Jan</b>	<b>346</b>	TKKF KOSZALIN	M50-59	00:06:45	00:13:46	00:20:52	00:28:04

Msc	Zawodnik	Numer	Klub	Kategoria	Lap 1.6km	Lap 3.3km	Lap 4.9km	Lap 6.6km
28	<b>KOZIEŁ Paweł</b>	<b>235</b>	PROFESJONALNI AMATORZY	M40-49	00:06:38	00:13:45	00:20:58	00:28:09
29	<b>BARANOWSKI Piotr</b>	<b>162</b>		M40-49	00:06:51	00:13:50	00:20:57	00:28:09
30	<b>RUBASZNIK Radosław</b>	<b>296</b>		M30-39	00:06:43	00:13:51	00:21:04	00:28:29
31	<b>URBAŃSKI Tomasz</b>	<b>327</b>		M40-49	00:07:07	00:14:09	00:21:23	00:28:35
32	<b>GÓRNY Norbert</b>	<b>196</b>	CSSP KOSZALIN	M40-49	00:06:50	00:14:02	00:21:20	00:28:38
33	<b>RACISZ Mateusz</b>	<b>289</b>	KAMIEŃ RYMAŃSKI	M18-29	00:06:18	00:13:17	00:21:03	00:28:43
34	<b>MAZUR Tomasz</b>	<b>259</b>	I LO SZCZECINEK	M40-49	00:06:50	00:14:01	00:21:22	00:28:44
35	<b>KUCAL Paweł</b>	<b>243</b>		M40-49	00:07:07	00:14:11	00:21:24	00:28:45
36	<b>ŻUREK Mateusz</b>	<b>348</b>		M30-39	00:06:48	00:13:58	00:21:24	00:28:57
37	<b>NOWAK Paweł</b>	<b>272</b>	TRIPAKA PRZECHLEWO	M40-49	00:07:14	00:14:25	00:21:44	00:29:04
38	<b>MŁYNARCZYK Zbyszek</b>	<b>266</b>	CPSP USTKA	M30-39	00:07:10	00:14:27	00:21:48	00:29:13
39	<b>WOŁYNIEC Szymon</b>	<b>335</b>	WIECZORNE BIEGANIE W SZCZECINIE	M18-29	00:06:45	00:14:14	00:21:54	00:29:34
40	<b>JANKOWSKI Piotr</b>	<b>163</b>		M40-49	00:07:18	00:14:39	00:22:11	00:29:43
41	<b>JARZYNA Roman</b>	<b>212</b>	SZWLA STARGARD	M50-59	00:07:18	00:14:52	00:22:27	00:30:04
42	<b>GRACZYK Paweł</b>	<b>198</b>	KAMIEŃ RYMAŃSKI	M30-39	00:06:59	00:14:30	00:22:13	00:30:06
43	<b>SMOCZYŃSKI Marek</b>	<b>309</b>	MBC TEAM	M30-39	00:07:27	00:14:54	00:22:23	00:30:07
44	<b>KWIETNIEWSKI Daniel</b>	<b>246</b>		M40-49	00:07:11	00:14:35	00:22:18	00:30:07
45	<b>BUDZIŃSKI Paweł</b>	<b>169</b>	TAGER SPORT / DRUŻYNA SZPIKU	M40-49	00:07:23	00:14:54	00:22:30	00:30:18
46	<b>OLSZAR Grzegorz</b>	<b>277</b>	DARŁOWSKIE CHARTY	M30-39	00:07:17	00:14:49	00:22:27	00:30:20
47	<b>IWANIEC Dariusz</b>	<b>209</b>	TKKF KOSZALIN	M40-49	00:07:18	00:14:59	00:22:42	00:30:27
48	<b>MYSZYŃSKI Paweł</b>	<b>269</b>	SP5 KOŁOBRZEG	M40-49	00:07:21	00:15:00	00:22:47	00:30:35
49	<b>PILAREK Ireneusz</b>	<b>285</b>		M40-49	00:07:23	00:14:56	00:22:37	00:30:36
50	<b>WILKOWSKI Krzysztof</b>	<b>333</b>	FOR-REST-RUN KOSZALIN	M40-49	00:07:36	00:15:09	00:22:59	00:30:49
51	<b>KIELAR Łukasz</b>	<b>227</b>		M40-49	00:07:36	00:15:12	00:22:59	00:30:49
52	<b>KRAWCZUK Szymon</b>	<b>238</b>	DARŁOWSKIE CHARTY	M40-49	00:07:32	00:15:20	00:23:05	00:30:52
53	<b>ZIELIŃSKI Maciej</b>	<b>344</b>	KAMIEŃ RYMAŃSKI	M18-29	00:06:37	00:14:09	00:22:25	00:30:54
54	<b>MACIEJEWICZ Piotr</b>	<b>254</b>	KAMIEŃ RYMAŃSKI	M18-29	00:07:01	00:14:30	00:22:41	00:30:55
55	<b>KOZAK Grzegorz</b>	<b>234</b>	FPP	M40-49	00:07:42	00:15:25	00:23:08	00:30:56
56	<b>KORMAN Kamil</b>	<b>231</b>		M18-29	00:07:35	00:15:26	00:23:11	00:30:59
57	<b>REDLICKI Piotr</b>	<b>291</b>		M30-39	00:07:17	00:15:04	00:23:06	00:31:01
58	<b>DERLIŃSKI Adam</b>	<b>183</b>	TORNADO KOSZALIN	M40-49	00:07:15	00:15:00	00:23:00	00:31:12
59	<b>ŁUSZCZEWSKI Krzysztof</b>	<b>251</b>	ŻYTANIA TEAM	M40-49	00:07:27	00:15:12	00:23:13	00:31:18
60	<b>SITARCZYK Damian</b>	<b>304</b>		M30-39	00:08:06	00:15:44	00:23:26	00:31:18
61	<b>CZYŻYKOWSKI Łukasz</b>	<b>180</b>		M30-39	00:07:49	00:15:34	00:23:25	00:31:19
62	<b>CHUDZIK Zbigniew</b>	<b>176</b>	TKKF KOSZALIN	M50-59	00:07:45	00:15:38	00:23:29	00:31:24
63	<b>STACHOWIAK Ryszard</b>	<b>312</b>		M60-69	00:07:32	00:15:25	00:23:26	00:31:31
64	<b>PĘKAŁA Piotr</b>	<b>282</b>	SP MANOWO	M40-49	00:08:20	00:16:03	00:23:48	00:31:31
65	<b>BURDZIK Michał</b>	<b>171</b>	MBFAN	M18-29	00:07:06	00:14:56	00:23:08	00:31:37
66	<b>SKOWYRSKI Janusz</b>	<b>306</b>	TKKF KOSZALIN	M50-59	00:07:33	00:15:20	00:23:30	00:31:43
67	<b>RÓG Michał</b>	<b>295</b>	8PPLOT	M40-49	00:07:52	00:15:40	00:23:39	00:31:43
68	<b>ZAWILSKI Robert</b>	<b>343</b>		M30-39	00:08:04	00:16:03	00:24:06	00:31:45
69	<b>RUTKOWSKI Artur</b>	<b>299</b>	RUNKING	M30-39	00:07:36	00:15:28	00:23:39	00:32:08
70	<b>SZKOPEK Krzysztof</b>	<b>318</b>		M50-59	00:07:30	00:15:31	00:23:46	00:32:09
71	<b>TREDER Marian</b>	<b>325</b>	TEAM TREDER	M50-59	00:07:33	00:15:25	00:23:40	00:32:11
72	<b>RAŚ Mateusz</b>	<b>130</b>	JW1223	M18-29	00:07:51	00:15:56	00:24:03	00:32:15

Msc	Zawodnik	Numer	Klub	Kategoria	Lap 1.6km	Lap 3.3km	Lap 4.9km	Lap 6.6km
73	<b>GOLUBSKI Cezary</b>	<b>195</b>	KAMIENŃ RYMAŃSKI	M18-29	00:07:24	00:15:28	00:23:55	00:32:19
74	<b>ANTKOWIAK Sebastian</b>	<b>161</b>	DB - ACTIVE	M40-49	00:07:26	00:15:26	00:23:51	00:32:19
75	<b>ROGOWSKI Jan</b>	<b>292</b>	BBL MIKOŁAJKI	M50-59	00:08:01	00:16:06	00:24:12	00:32:25
76	<b>JABŁOŃSKI Arkadiusz</b>	<b>210</b>	JW 1223	M30-39	00:07:41	00:15:39	00:23:45	00:32:26
77	<b>HAINCE Paweł</b>	<b>199</b>		M40-49	00:07:49	00:15:50	00:23:59	00:32:29
78	<b>MICHALCZYK Kamil</b>	<b>261</b>	KOSZALIN	M30-39	00:07:52	00:15:48	00:24:02	00:32:31
79	<b>DĘBSKI Damian</b>	<b>184</b>		M30-39	00:08:04	00:16:03	00:24:06	00:32:33
80	<b>MACIĄG Piotr</b>	<b>252</b>	HOMOSAPIE	M40-49	00:07:54	00:15:59	00:24:15	00:32:35
81	<b>JOCHYM Mariusz</b>	<b>216</b>	WATAHA	M30-39	00:07:57	00:15:53	00:24:07	00:32:35
82	<b>KRASIŃSKI Witold</b>	<b>237</b>		M40-49	00:07:57	00:15:53	00:24:07	00:32:36
83	<b>BUREK Marcin</b>	<b>49</b>		M30-39	00:07:44	00:15:54	00:24:11	00:32:37
84	<b>PAJOR Tomasz</b>	<b>279</b>	HOMOSAPIE	M40-49	00:07:54	00:15:59	00:24:16	00:32:40
85	<b>MONGIAŁO Marcin</b>	<b>268</b>	FAST FEET K-LIN	M40-49	00:08:11	00:16:15	00:24:29	00:32:42
86	<b>ŚWIETLIK Tomasz</b>	<b>324</b>	LEO TEAM	M60-69	00:08:08	00:16:16	00:24:31	00:32:46
87	<b>GALICKI Robert</b>	<b>189</b>	BOBOLICKIE BRACTWO BIEGOWE	M40-49	00:08:25	00:16:51	00:24:54	00:32:47
88	<b>HOREGLAD Paweł</b>	<b>206</b>	SPEEDY GONZALES	M18-29	00:07:56	00:15:58	00:24:16	00:32:50
89	<b>WYGANOWSKI Andrzej</b>	<b>339</b>	KB WYGAN	M70+	00:08:05	00:16:20	00:24:38	00:32:54
90	<b>NEUBAUER Łukasz</b>	<b>271</b>		M40-49	00:07:41	00:15:48	00:24:12	00:32:59
91	<b>KAWA Marcin</b>	<b>15</b>		M30-39	00:07:49	00:15:46	00:24:18	00:33:05
92	<b>CHABOWSKI Dawid</b>	<b>173</b>		M40-49	00:07:56	00:16:08	00:24:33	00:33:13
93	<b>IHNATOWICZ Łukasz</b>	<b>208</b>	WOLNY ŚLEDŹ	M30-39	00:08:04	00:16:20	00:24:48	00:33:16
94	<b>BOJANOWSKI Michał</b>	<b>351</b>	KOŁOBRZESKI KLUB MORSÓW	M40-49	00:07:53	00:16:05	00:24:39	00:33:20
95	<b>JUSZCZAK Krzysztof</b>	<b>217</b>		M60-69	00:08:05	00:16:14	00:24:40	00:33:25
96	<b>HARASIMOWICZ Michał</b>	<b>202</b>	12. BBSP	M30-39	00:07:49	00:16:07	00:24:44	00:33:30
97	<b>DOBOSZ Robert</b>	<b>25</b>		M18-29	00:08:23	00:16:43	00:25:00	00:33:31
98	<b>PAWŁOWSKI Grzegorz</b>	<b>62</b>	GAMMAX	M40-49	00:07:43	00:15:56	00:24:35	00:33:32
99	<b>ALABA Jerzy</b>	<b>153</b>		M60-69	00:08:57	00:17:01	00:25:04	00:33:33
100	<b>KACZMAREK Łukasz</b>	<b>218</b>	WOJOWNICY WÓDY	M30-39	00:08:15	00:16:36	00:25:07	00:33:38
101	<b>OSOBNIAK Ryszard</b>	<b>278</b>	1956	M60-69	00:08:14	00:16:35	00:25:07	00:33:39
102	<b>SZCZYPEK Arkadiusz</b>	<b>317</b>	FUNDACJA ZASTOPIJ	M30-39	00:07:55	00:16:16	00:24:48	00:33:40
103	<b>KONKEL Łukasz</b>	<b>229</b>		M40-49	00:08:26	00:16:54	00:25:29	00:33:58
104	<b>SZYMAŃSKI Patryk</b>	<b>321</b>	1987	M30-39	00:07:59	00:16:04	00:24:50	00:34:01
105	<b>MICHALSKI Jakub</b>	<b>262</b>		M40-49	00:08:48	00:17:26	00:26:01	00:34:24
106	<b>PUŚCIAN Krzysztof</b>	<b>288</b>	SP MANOWO	M40-49	00:08:26	00:16:53	00:25:40	00:34:25
107	<b>KAMINSKI Tomasz</b>	<b>219</b>	WODNA SŁUŻBA RATOWNICZA	M40-49	00:08:15	00:16:31	00:25:21	00:34:26
108	<b>SUCHANOWSKI Zygmunt</b>	<b>315</b>	RESPECT LOTYŃ	M50-59	00:07:56	00:16:35	00:25:34	00:34:50
109	<b>SZYSZKOWSKI Tomasz</b>	<b>323</b>	FOR-REST-RUN KOSZALIN	M30-39	00:08:30	00:17:11	00:26:02	00:34:55
110	<b>SOBOLEWSKI Marcin</b>	<b>310</b>	1983	M30-39	00:08:13	00:16:46	00:25:44	00:35:03
111	<b>KASPRZYK Bogdan</b>	<b>222</b>	KM PSP KOSZALIN	M40-49	00:08:03	00:16:48	00:25:50	00:35:11
112	<b>KULAWIŃSKI Marek</b>	<b>244</b>		M40-49	00:09:02	00:18:05	00:27:02	00:35:56
113	<b>CHRUŚLAK Dawid</b>	<b>175</b>		M30-39	00:08:30	00:17:33	00:26:41	00:35:59
114	<b>MITUNIEWICZ Adrian</b>	<b>265</b>		M30-39	00:09:00	00:18:07	00:27:06	00:36:02
115	<b>JAKÓBCZAK Dariusz</b>	<b>211</b>		M50-59	00:09:06	00:18:12	00:27:10	00:36:04
116	<b>JASIENIECKI Piotr</b>	<b>213</b>	KP ZEFIR WYSZEWO	M50-59	00:09:08	00:18:06	00:27:23	00:36:36
117	<b>KARNICKI Zygmunt</b>	<b>221</b>	TKKF KOSZALIN	M60-69	00:08:29	00:17:35	00:27:03	00:36:38

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118	<b>MICHALUK Amadeusz</b>	<b>263</b>	KAMIEŃ RYMAŃSKI	M18-29	00:08:25	00:17:11	00:26:20	00:36:52
119	<b>KĘSIK Michał</b>	<b>226</b>	ZDARTE PODESZWY	M40-49	00:08:59	00:18:13	00:27:27	00:36:57
120	<b>CIECHAŃSKI Michał</b>	<b>177</b>	1979	M40-49	00:08:58	00:18:13	00:27:28	00:37:01
121	<b>HELLER Zdzisław</b>	<b>205</b>	HERMARATONOW.PL	M60-69	00:09:02	00:18:29	00:27:53	00:37:17
122	<b>WESOŁOWSKI Łukasz</b>	<b>331</b>	KOSZALIN	M30-39	00:08:46	00:18:21	00:28:07	00:37:59
123	<b>PIETRZYK Rafał</b>	<b>284</b>		M30-39	00:08:51	00:18:15	00:28:01	00:38:01
124	<b>SZMYT Marcin</b>	<b>319</b>		M30-39	00:08:21	00:17:11	00:27:31	00:38:02
125	<b>POŁOCZAŃSKI Piotr</b>	<b>287</b>	SZWAGRY BIEGAJĄ	M30-39	00:08:21	00:17:10	00:27:30	00:38:02
126	<b>MICHALAK Michał</b>	<b>260</b>	KAMIEŃ RYMAŃSKI	M18-29	00:08:19	00:17:45	00:27:58	00:38:12
127	<b>MARTYNIUK Michał</b>	<b>258</b>		M18-29	00:09:25	00:19:00	00:29:15	00:39:50
128	<b>KAPCIO Michał</b>	<b>220</b>	KAMIEŃ RYMAŃSKI	M18-29	00:08:01	00:19:35	00:30:21	00:40:51
129	<b>HARASYM Daniel</b>	<b>203</b>	FUNDACJA ZASTOPIJ	M40-49	00:09:33	00:19:30	00:29:58	00:41:01
130	<b>OLCZYKOWSKI Bartosz</b>	<b>275</b>		M40-49	00:10:11	00:20:54	00:32:03	00:43:27
131	<b>RYHANYCZ Paweł</b>	<b>300</b>		M40-49	00:10:30	00:21:53	00:33:28	00:45:18

Znaleziono 131 wynik(ów)