



TROPEM WILCZYM BIEG PAMIĘCI ŻOŁNIERZY WYKLĘTYCH - 10KM

B4SPORT

Wydarzenie: Tropem Wilczym Bieg Pamięci Żołnierzy Wyklętych
Organizator: Fundacja Wolność i Demokracja; Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2018-03-04
Miejsce: Koszalin
Dystans: 10 km

 **HERKULES**
www.herkules.org.pl

Klasyfikacja: Wszyscy

Punkt pomiarowy: 8,3 km

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Start_All 1.6km	Start_All 3.3km	Start_All 4.9km	Start_All 6.6km	Start_All 8.3km
1	BRAUN Grzegorz	18	RUNGRYF GRYFICE	M-18	00:00:01	00:05:31	00:11:27	00:17:28	00:23:26	00:29:20
2	KĘPKA Adrian	391	DECATHLON KOSZALIN	M-18	00:00:01	00:05:51	00:11:44	00:17:37	00:23:30	00:29:26
3	ORZECHOWSKI Kamil	135	TKKF KOSZALIN	M-30	00:00:02	00:05:54	00:11:50	00:17:52	00:23:57	00:30:03
4	JAROSZ Wiesław	302	JW. 1223/BLOG KOSZALIN	M-40	00:00:00	00:05:53	00:11:51	00:17:54	00:23:59	00:30:06
5	KARCZ Artur	77		M-30	00:00:01	00:05:51	00:11:50	00:17:56	00:24:03	00:30:11
6	ZABORSKI Ryszard	218	TKKF KOSZALIN-ORKIESTRA WOJSKOWA	M-40	00:00:01	00:05:52	00:11:54	00:18:15	00:24:42	00:31:12
7	SIADAK Arkadiusz	166		M-30	00:00:01	00:06:04	00:12:20	00:18:46	00:25:13	00:31:41
8	RUDNIKOWSKI Maciej	160	BIEGUZDROWISKOWY.PL	M-40	00:00:03	00:06:07	00:12:29	00:18:54	00:25:13	00:31:44
9	ŻMUDA Tomasz	227	CW FANZA KOŁOBRZEG	M-40	00:00:01	00:06:10	00:12:33	00:19:00	00:25:29	00:32:00
10	GOLIŃSKI Łukasz	48	K.B. SPRINT ŚWIDWIN	M-30	00:00:01	00:06:15	00:12:37	00:19:09	00:25:34	00:32:04
11	KAMIŃSKI Jakub	234	RUNGRYF GRYFICE	M-18	00:00:03	00:06:13	00:12:37	00:19:12	00:25:46	00:32:30
12	DURMAN Dawid	40		M-18	00:00:03	00:06:13	00:12:38	00:19:15	00:25:54	00:32:46
13	PERLIK Tomasz	141		M-18	00:00:01	00:06:09	00:12:42	00:19:25	00:26:12	00:33:02
14	BURDA Robert	20	KOSPEL	M-40	00:00:02	00:06:27	00:13:04	00:19:47	00:26:25	00:33:02
15	WOJCIECHOWICZ Jacek	213	WWW.STUDIOTANCAPASJA.PL	M-40	00:00:03	00:06:26	00:13:03	00:19:45	00:26:24	00:33:02
16	SZKOŁUDA Miłosz	400	DECATHLON KOSZALIN	M-18	00:00:02	00:06:24	00:12:52	00:19:34	00:26:21	00:33:09
17	CZAPLIŃSKI Jacek	30	TAGER KOSZALIN	M-30	00:00:03	00:06:24	00:12:52	00:19:34	00:26:20	00:33:09
18	BIEDRZYCKI Andrzej	14	OSP STARY BOREK	M-60	00:00:01	00:06:27	00:13:05	00:19:50	00:26:34	00:33:19
19	BIEDRZYCKI Krzysztof	12	CW FANZA KOŁOBRZEG	M-40	00:00:01	00:06:28	00:13:06	00:19:51	00:26:34	00:33:19
20	WILCZEWSKI Krzysztof	209		M-30	00:00:03	00:06:40	00:13:23	00:20:07	00:26:47	00:33:21
21	KRUKOWSKI Błażej	96		M-30	00:00:03	00:06:40	00:13:24	00:20:11	00:26:53	00:33:38
22	ZWOLIŃSKI Jan	226	TKKF KOSZALIN	M-50	00:00:03	00:06:40	00:13:23	00:20:07	00:26:53	00:33:44
23	SMAGOWSKI Wojtek	171	K.B. SPRINT ŚWIDWIN	M-40	00:00:02	00:06:26	00:13:07	00:19:59	00:26:54	00:33:52
24	MOKSA Dariusz	126		M-18	00:00:02	00:06:22	00:12:55	00:19:42	00:26:46	00:33:54
25	BARAŃSKI Bogusław	9	MLUKS TRZEBIATÓW	M-60	00:00:00	00:06:24	00:13:13	00:20:13	00:27:11	00:34:13
26	ZUKAL Piotr	225		M-40	00:00:05	00:06:48	00:13:38	00:20:30	00:27:25	00:34:19
27	WICHER Krzysztof	206	ADWOKATURA	M-30	00:00:03	00:06:31	00:13:14	00:20:11	00:27:22	00:34:37
28	STEBELSKI Jasiak	176		M-30	00:00:08	00:06:48	00:13:39	00:20:36	00:27:35	00:34:37

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Start_All 1.6km	Start_All 3.3km	Start_All 4.9km	Start_All 6.6km	Start_All 8.3km
29	SOMINKA Paweł	173	BAŁTYK-TRANS-SPEDITION	M-30	00:00:03	00:06:33	00:13:24	00:20:26	00:27:33	00:34:42
30	BARANOWSKI Piotr	8		M-40	00:00:01	00:06:53	00:13:49	00:20:53	00:27:52	00:34:44
31	STEFANOWICZ Paweł	178	ORLEN RUNNING TEAM	M-40	00:00:02	00:06:12	00:13:03	00:20:13	00:27:37	00:34:49
32	PRZEWŁOCKI Michał	149	TKKF KOSZALIN	M-30	00:00:03	00:06:36	00:13:21	00:20:16	00:27:28	00:35:01
33	LESZCZYŃSKI Marcin	106	MARIANÓWEK	M-40	00:00:05	00:06:43	00:13:45	00:20:50	00:28:02	00:35:01
34	NOWAKOWSKI Rafał	133		M-40	00:00:03	00:06:42	00:13:46	00:20:52	00:28:03	00:35:11
35	URBAŃSKI Tomasz	195		M-40	00:00:04	00:07:03	00:14:06	00:21:05	00:28:10	00:35:14
36	SKONECZNY Kacper	169	KONTRA DARŁOWO	M-18	00:00:05	00:06:48	00:13:44	00:20:48	00:28:02	00:35:21
37	MŁYNARCZYK Zbigniew	124	CENTRALNY POLIGON SIŁ POWIETRZNYCH USTKA	M-30	00:00:01	00:06:38	00:13:32	00:20:41	00:28:01	00:35:25
38	PRZYBYCIEŃ Łukasz	150		M-18	00:00:05	00:06:48	00:13:45	00:20:48	00:28:12	00:35:32
39	TROŚNIAK Piotr	235		M-40	00:00:07	00:06:55	00:13:59	00:21:04	00:28:19	00:35:33
40	KONKEL Agnieszka	84		K-30	00:00:07	00:07:01	00:14:01	00:21:07	00:28:20	00:35:35
41	RUDZIŃSKI Radosław	162	TRYGŁAW TYCHOWO	M-30	00:00:03	00:06:42	00:13:54	00:21:13	00:28:31	00:36:01
42	CHUDY Henryk	27	KS OLSZEWSKI SYNOWIE	M-60	00:00:03	00:06:57	00:14:07	00:21:27	00:28:49	00:36:14
43	KADEJ Szymon	75		M-18	00:00:05	00:06:49	00:13:49	00:21:01	00:28:34	00:36:15
44	MAJCHRZAK Łukasz	111	CENTRALNY POLIGON SIŁ POWIETRZNYCH USTKA	M-18	00:00:01	00:06:50	00:13:59	00:21:20	00:28:53	00:36:25
45	ŁOPIŃSKI Piotr	108	FSD	M-30	00:00:09	00:07:18	00:14:39	00:21:57	00:29:15	00:36:36
46	JANKOWSKI Piotr	66		M-40	00:00:07	00:07:11	00:14:26	00:21:52	00:29:19	00:36:45
47	PĘKAŁA Piotr	230		M-40	00:00:10	00:07:38	00:14:57	00:22:09	00:29:26	00:36:45
48	CIEKLIŃSKI Jacek	28		M-30	00:00:18	00:07:25	00:14:36	00:22:02	00:29:35	00:36:47
49	PASIEKA Agnieszka	138	K.B. SPRINT ŚWIDWIN / 21 BLT	K-30	00:00:14	00:07:36	00:14:54	00:22:14	00:29:35	00:36:59
50	KAŻMIERZCAK Robert	306		M-40	00:00:07	00:07:28	00:14:49	00:22:16	00:29:44	00:37:05
51	CHOŁUJ Jarosław	24	ROZBIEGANY KOSZALIN	M-40	00:00:08	00:07:28	00:14:51	00:22:14	00:29:43	00:37:07
52	PICK Tomasz	142	DEAF KOSZALIN	M-40	00:00:08	00:07:34	00:14:59	00:22:28	00:29:49	00:37:11
53	KOSECKA Katarzyna	86	KB WYGAN	K-30	00:00:06	00:07:15	00:14:44	00:22:21	00:29:51	00:37:28
54	WOŁOWIEC Przemek	215		M-40	00:00:07	00:07:33	00:15:02	00:22:27	00:30:01	00:37:37
55	SZUBERT Marcin	187	KOŁOBRZEG BIEGA	M-40	00:00:05	00:07:37	00:15:04	00:22:41	00:30:13	00:37:38
56	NOWICKI Michał	250	KB WYGAN	M-30	00:00:07	00:07:20	00:14:48	00:22:21	00:29:59	00:37:39
57	CHABOWSKA Karolina	249	KB WYGAN	K-30	00:00:07	00:07:20	00:14:48	00:22:21	00:30:00	00:37:40
58	KUŁAKOWSKI Dawid	100	TKKF KOSZALIN	M-40	00:00:07	00:07:30	00:15:03	00:22:34	00:30:09	00:37:41
59	IWANIEC Dariusz	62	TKKF KOSZALIN	M-40	00:00:06	00:07:31	00:15:04	00:22:34	00:30:10	00:37:42
60	KOCZOROWSKI Paweł	83	POLNI WOJOWNICY USTKA	M-40	00:00:03	00:06:37	00:13:54	00:21:42	00:29:45	00:37:54
61	JARZYNA Roman	70	SZWLA STARGARD	M-40	00:00:07	00:07:16	00:14:46	00:22:23	00:30:05	00:37:56
62	ZIENOWICZ Michał	224		M-18	00:00:12	00:07:26	00:14:52	00:22:20	00:30:04	00:38:01
63	WIECZOREK Łukasz	207	CSSP KOSZALIN	M-18	00:00:01	00:06:58	00:14:26	00:22:18	00:30:12	00:38:07
64	MUCHA Krzysztof	127	KOSZALIN	M-40	00:00:05	00:07:17	00:15:04	00:22:46	00:30:24	00:38:07
65	BIEDRZYCKI Adam	13	CW FANZA KOŁOBRZEG	M-30	00:00:06	00:08:07	00:15:55	00:23:29	00:30:50	00:38:08
66	SOROKA Piotr	174	ROZBIEGANY KOSZALIN	M-40	00:00:11	00:07:28	00:14:52	00:22:34	00:30:14	00:38:08
67	RYTTEL Marcin	165		M-30	00:00:06	00:07:14	00:14:52	00:22:34	00:30:18	00:38:09
68	STORCZYK-RAK Agnieszka	180		K-30	00:00:05	00:07:18	00:14:51	00:22:30	00:30:18	00:38:12
69	WILKOWSKI Krzysztof	211		M-30	00:00:09	00:07:39	00:14:58	00:22:36	00:30:26	00:38:23
70	GOŁDYN Marek	49	TKKF KOSZALIN	M-30	00:00:10	00:07:48	00:15:23	00:23:05	00:30:47	00:38:25
71	SZABLA Ewelina	182	TKKF KOSZALIN	K-30	00:00:07	00:07:30	00:15:05	00:22:44	00:30:35	00:38:26
72	CHODOR Martyna	22	TKKF KOSZALIN	K-30	00:00:08	00:07:50	00:15:26	00:23:06	00:30:49	00:38:27
73	CHOŁUJ Karol	25	MONOLITH LIFE TEAM	M-30	00:00:09	00:07:28	00:15:03	00:22:50	00:30:42	00:38:36

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Start_All 1.6km	Start_All 3.3km	Start_All 4.9km	Start_All 6.6km	Start_All 8.3km
74	SZYMAŃSKI Piotr	191	CSSP KOSZALIN	M-40	00:00:17	00:07:56	00:15:22	00:23:06	00:30:52	00:38:41
75	KWIDZIŃSKI Michał	102		M-30	00:00:16	00:07:33	00:14:48	00:22:10	00:30:12	00:38:45
76	URBAŃSKI Arkadiusz	196		M-40	00:00:12	00:07:52	00:15:28	00:23:14	00:30:58	00:38:47
77	WINKEL Łukasz	212		M-40	00:00:11	00:07:54	00:15:39	00:23:20	00:31:09	00:38:59
78	KRACZKOWSKI Przemysław	93		M-30	00:00:12	00:07:52	00:15:38	00:23:25	00:31:14	00:39:00
79	MALINOWSKI Mariusz	113		M-30	00:00:10	00:07:30	00:15:14	00:23:03	00:31:07	00:39:10
80	PUŚCIAN Krzysztof	152	SZKOŁA PODSTAWOWA W MANOWIE	M-40	00:00:08	00:07:40	00:15:15	00:23:07	00:31:16	00:39:11
81	KOŹMIŃSKI Patryk	92		M-30	00:00:07	00:07:33	00:15:21	00:23:14	00:31:12	00:39:12
82	WALOCHA Krzysztof	200		M-30	00:00:10	00:07:55	00:15:40	00:23:27	00:31:19	00:39:14
83	MICERSKI Tomasz	119	TKKF KOSZALIN	M-40	00:00:08	00:07:29	00:15:12	00:23:15	00:31:17	00:39:27
84	ŻUKOWSKI Cezary	229	CZAREK W BIEGU	M-30	00:00:06	00:07:28	00:15:13	00:23:17	00:31:22	00:39:28
85	KRZEWIŃSKA Małgorzata	97	TKKF KOSZALIN	K-50	00:00:04	00:07:43	00:15:35	00:23:35	00:31:35	00:39:32
86	KOZIEŁ Paweł	90	WICHER RĄBINO	M-30	00:00:07	00:07:38	00:15:29	00:23:27	00:31:32	00:39:32
87	RASZPLA Radosław	155		M-40	00:00:10	00:07:30	00:15:16	00:23:16	00:31:24	00:39:32
88	POWARZYŃSKI Krzysztof	148	17 WOG KOSZALIN	M-40	00:00:10	00:07:32	00:15:16	00:23:13	00:31:24	00:39:40
89	KWIETNIEWSKI Daniel	103		M-30	00:00:12	00:07:48	00:15:32	00:23:30	00:31:33	00:39:43
90	WYGANOWSKI Andrzej	217	WYGAN	M-70+	00:00:07	00:07:52	00:15:53	00:23:54	00:31:49	00:39:48
91	DUDZIK Frytarda	39	GIPO TEAM	K-30	00:00:09	00:07:33	00:15:25	00:23:36	00:31:44	00:39:50
92	MISZCZYK Jan	123	ROZBIEGANY KOSZALIN	M-30	00:00:08	00:07:15	00:15:12	00:23:12	00:31:31	00:39:54
93	WALERIAŃCZYK Roman	199	GMINA KOŁOBRZEG	M-50	00:00:10	00:07:40	00:15:29	00:23:30	00:31:43	00:39:55
94	MILEWSKI Tomasz	122		M-30	00:00:17	00:08:14	00:16:10	00:24:00	00:32:03	00:39:59
95	ZIELIŃSKI Grzegorz	221		M-60	00:00:04	00:07:30	00:15:29	00:23:32	00:31:46	00:40:02
96	KUZAN Sławek	101		M-18	00:00:20	00:08:17	00:16:13	00:24:05	00:32:06	00:40:05
97	OTTO Michał	136		M-30	00:00:05	00:07:16	00:15:05	00:23:13	00:31:34	00:40:06
98	GAŁECKI Jacek	43	KARLINO BIEGAJ!	M-50	00:00:05	00:07:10	00:14:57	00:23:05	00:31:42	00:40:07
99	SIKORSKI Adam	353	SIKORROWO	M-30	00:00:05	00:07:30	00:15:21	00:23:17	00:31:35	00:40:09
100	ALABA Jerzy	1		M-50	00:00:10	00:08:07	00:16:10	00:24:07	00:32:10	00:40:12
101	CYBULSKI Robert	29	MTS HAMER MIASTKO	M-40	00:00:16	00:07:48	00:15:39	00:23:44	00:31:58	00:40:13
102	SZUBERT Agnieszka	186	KOŁOBRZEG BIEGA	K-30	00:00:04	00:07:43	00:15:38	00:23:54	00:32:04	00:40:15
103	MEJER Aleksandra	118		K-18	00:00:03	00:07:33	00:15:32	00:23:40	00:32:00	00:40:19
104	KOZIK Przemysław	71	PARKRUN ŚWIDWIN	M-30	00:00:03	00:07:34	00:15:15	00:23:26	00:31:50	00:40:33
105	SKOWYRSKI Janusz	170	TKKF KOSZALIN	M-50	00:00:08	00:07:39	00:15:31	00:23:50	00:32:13	00:40:33
106	KASPROWICZ Małgorzata	78	STOPA SŁUPSK	K-30	00:00:09	00:07:53	00:15:58	00:24:13	00:32:27	00:40:38
107	ANTKOWIAK Sebastian	2	DB - ACTIVE	M-40	00:00:11	00:07:55	00:15:45	00:23:52	00:32:12	00:40:38
108	KONKEL Łukasz	85		M-30	00:00:10	00:07:57	00:15:59	00:24:07	00:32:22	00:40:42
109	KUBIŚ Paweł	98	APTEKARZE	M-30	00:00:08	00:08:17	00:16:33	00:24:52	00:32:58	00:40:57
110	DROZDOWSKI Marcin	36	MORPOL	M-18	00:00:16	00:07:58	00:16:04	00:24:19	00:32:35	00:41:00
111	RUDNIK Tomasz	159		M-30	00:00:18	00:08:16	00:16:10	00:24:20	00:32:36	00:41:02
112	LENARTOWICZ Tomasz	104	GWARDIA KOSZALIN	M-30	00:00:16	00:08:12	00:16:07	00:24:29	00:32:53	00:41:04
113	JADCZAK Tomasz	64		M-30	00:00:12	00:08:16	00:16:27	00:24:42	00:33:06	00:41:16
114	DUDZIAK Piotr	38	FOR-REST-RUN KOSZALIN	M-40	00:00:08	00:07:56	00:16:23	00:24:52	00:33:09	00:41:19
115	CHODOR Izabela	23	TKKF KOSZALIN	K-30	00:00:09	00:08:06	00:16:24	00:24:50	00:33:08	00:41:20
116	NAPIERAŁA Bogumił	354	KORA KOSZALIN	M-50	00:00:13	00:08:18	00:16:21	00:24:33	00:32:55	00:41:22
117	STRELCZUK Mariusz	181		M-40	00:00:03	00:07:23	00:15:35	00:24:02	00:32:43	00:41:27
118	ORŁOWSKI Maciej	240		M-30	00:00:12	00:08:16	00:16:35	00:25:04	00:33:26	00:41:27

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119	WOJTANOWSKI Michał	330		M-30	00:00:19	00:09:09	00:17:56	00:26:15	00:34:05	00:41:27
120	WLAŻ Lucjan	321	ALIGANCKO	M-40	00:00:22	00:08:52	00:17:32	00:25:42	00:33:43	00:41:44
121	ŚWIETLIK Tomasz	193		M-50	00:00:13	00:08:18	00:16:31	00:24:56	00:33:17	00:41:47
122	PUCEK Grzegorz	151		M-18	00:00:08	00:07:53	00:16:04	00:24:33	00:33:08	00:41:52
123	HUDASZEK Grzegorz	61	PARKRUN ŚWIDWIN	M-30	00:00:20	00:08:22	00:16:29	00:25:06	00:33:29	00:41:52
124	SZULC Szymon	188	SZULC RUNNERS TEAM	M-30	00:00:12	00:08:13	00:16:29	00:24:48	00:33:28	00:42:06
125	MYSZYŃSKI Paweł	130	SP5KOŁOBRZEG	M-30	00:00:05	00:07:45	00:15:57	00:24:44	00:33:31	00:42:08
126	STOKROCKI Wojciech	179		M-30	00:00:18	00:08:32	00:17:00	00:25:23	00:33:42	00:42:08
127	HRYCAJ Tomasz	58		M-30	00:00:11	00:07:58	00:16:11	00:24:48	00:33:24	00:42:11
128	SZCZYGIELSKI Michał	184	KOŁOBRZEG MARATON TEAM	M-30	00:00:07	00:08:21	00:16:51	00:25:15	00:33:47	00:42:14
129	GALICKI Robert	42		M-40	00:00:14	00:08:33	00:17:10	00:25:32	00:33:47	00:42:15
130	RUTKOWSKI Artur	163		M-18	00:00:02	00:07:19	00:15:18	00:23:52	00:32:53	00:42:22
131	DĄBROWSKA Alicja	32	TKKF KOSZALIN	K-50	00:00:05	00:08:20	00:16:53	00:25:28	00:34:05	00:42:27
132	LESISZ Michał	105		M-40	00:00:17	00:08:20	00:16:48	00:25:21	00:33:56	00:42:30
133	KAŻMIERCZAK Agnieszka	80	PARKRUN ŚWIDWIN	K-40	00:00:06	00:08:09	00:16:39	00:25:20	00:33:59	00:42:37
134	ZIENCINA Marcin	223		M-30	00:00:13	00:08:00	00:16:22	00:24:59	00:33:51	00:42:40
135	GRABOWSKA-LESISZ Aneta	50		K-40	00:00:16	00:08:04	00:16:31	00:25:10	00:33:54	00:42:45
136	JABŁOŃSKI Arkadiusz	63	JW1223	M-30	00:00:14	00:07:50	00:15:59	00:24:36	00:33:32	00:42:53
137	PODSIADŁO Marcin	146		M-40	00:00:05	00:07:56	00:16:21	00:25:07	00:33:58	00:42:54
138	NIEDBAŁA Konrad	132		M-40	00:00:14	00:08:37	00:17:13	00:25:45	00:34:26	00:43:01
139	SOBOLEWSKI Marcin	172		M-30	00:00:19	00:08:22	00:16:48	00:25:18	00:34:09	00:43:12
140	KOZŁOWIECKI Waldemar	91	TKKF KOSZALIN	M-60	00:00:09	00:08:14	00:16:49	00:25:24	00:34:11	00:43:17
141	SZNYTER Sabina	233	DECATHLON KOSZALIN	K-18	00:00:05	00:08:31	00:17:16	00:26:03	00:34:49	00:43:26
142	CINCIO Robert	389	TKKF TRIATHLON KOSZALIN	M-40	00:00:09	00:07:41	00:16:01	00:24:46	00:33:57	00:43:27
143	KAZIMIEROWICZ Radosław	79	VTT KOSZALIN	M-30	00:00:15	00:08:46	00:17:31	00:26:11	00:34:46	00:43:33
144	DUBACKI Kazimierz Stanisław	37	NIGHT RUNNERS SŁUPSK	M-40	00:00:09	00:08:27	00:17:12	00:26:01	00:34:52	00:43:39
145	KOTULSKI Piotr	87	KLUB BIEGACZY JYSK	M-40	00:00:12	00:08:18	00:16:53	00:25:38	00:34:35	00:43:42
146	GAWĘDA Emil	44		M-30	00:00:12	00:08:46	00:17:41	00:26:36	00:35:27	00:43:52
147	LICHACY Marcel	107		M-30	00:00:13	00:08:45	00:17:40	00:26:35	00:35:26	00:43:52
148	KOWALCZYK Piotr	88		M-30	00:00:13	00:08:15	00:16:55	00:25:46	00:34:51	00:44:03
149	BORYS Justyna	16		K-30	00:00:09	00:08:32	00:17:07	00:25:57	00:34:57	00:44:06
150	WRÓBLEWSKA Marta	216	WILKI KOSZALIN	K-40	00:00:16	00:08:36	00:17:32	00:26:14	00:35:10	00:44:12
151	GOLEC Ania	47		K-40	00:00:14	00:08:47	00:17:32	00:26:21	00:35:17	00:44:18
152	ZAKUTYŃSKA-KOWALCZYK Karolina	219		K-40	00:00:18	00:08:43	00:17:36	00:26:24	00:35:21	00:44:21
153	DOMAGAŁA Sławomir	35	KORYUKAN ŚWIDWIN	M-40	00:00:18	00:08:52	00:17:42	00:26:48	00:35:32	00:44:23
154	JAROSZEWSKI Daniel	69	ROZBIEGANY KOSZALIN	M-30	00:00:11	00:08:19	00:16:55	00:25:42	00:34:37	00:44:30
155	KAŻMIERCZAK Leszek	231	CSSP KOSZALIN	M-30	00:00:16	00:08:44	00:17:38	00:26:34	00:35:32	00:44:31
156	KACZMAREK Łukasz	73	WOJOWNICY WÓDY	M-30	00:00:20	00:08:29	00:17:23	00:26:35	00:35:44	00:44:36
157	MACIĄG Piotr	109		M-30	00:00:21	00:09:10	00:18:16	00:27:20	00:36:21	00:44:39
158	GRĄBCZEWSKI Rafał	52	JW1223	M-30	00:00:14	00:08:56	00:17:50	00:26:45	00:35:38	00:44:43
159	BORYSIEWICZ Joanna	17		K-30	00:00:08	00:08:46	00:17:41	00:26:39	00:35:42	00:44:45
160	WOLAŃSKI Mariusz	214		M-50	00:00:10	00:08:23	00:17:06	00:26:52	00:35:51	00:44:48
161	JANUSZEWSKI Jacek	67	17 WOG KOSZALIN	M-50	00:00:16	00:08:10	00:16:44	00:25:44	00:35:12	00:44:49
162	KRÓL Marcin	95		M-40	00:00:05	00:07:42	00:16:16	00:25:21	00:34:54	00:44:50

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Start_All 1.6km	Start_All 3.3km	Start_All 4.9km	Start_All 6.6km	Start_All 8.3km
163	TOMCZYK Leszek	194	JW1223	M-40	00:00:05	00:08:07	00:16:52	00:25:57	00:35:20	00:44:52
164	MILASZEWSKI Przemysław	238		M-30	00:00:20	00:08:29	00:17:23	00:26:36	00:35:44	00:44:59
165	WĘCŁAWIAK Marek	204		M-40	00:00:14	00:08:47	00:17:42	00:26:42	00:35:52	00:45:03
166	MAŁYSZEWICZ Andrzej	115		M-50	00:00:17	00:08:54	00:17:35	00:26:22	00:35:37	00:45:10
167	PODLASEK Stanisław	145		M-18	00:00:05	00:07:43	00:16:23	00:25:34	00:35:25	00:45:15
168	MUSIK Adam	128		M-18	00:00:20	00:08:50	00:17:29	00:26:30	00:35:41	00:45:17
169	WICENS Jacek	205	JW1223	M-30	00:00:15	00:08:58	00:17:57	00:27:03	00:36:15	00:45:25
170	MACIĄG Paweł	110		M-30	00:00:22	00:09:10	00:18:15	00:27:22	00:36:24	00:45:25
171	WILIŃSKI Marek	210	K.B. SPRINT ŚWIDWIN	M-50	00:00:20	00:08:51	00:17:45	00:27:00	00:36:16	00:45:26
172	PAJOR Tomek	137		M-40	00:00:21	00:09:11	00:18:17	00:27:22	00:36:25	00:45:27
173	GUTOWSKI Sebastian	53	GUCIOR-RUN	M-40	00:00:18	00:08:53	00:17:47	00:27:02	00:36:18	00:45:28
174	KĘPKA Mirosław	81	K.B. SPRINT ŚWIDWIN	M-40	00:00:20	00:08:51	00:17:47	00:27:00	00:36:18	00:45:36
175	RYCHLIŃSKI Damian	164		M-30	00:00:17	00:08:45	00:17:30	00:26:50	00:36:21	00:45:37
176	STALUSZKA Dariusz	175	PARKRUN ŚWIDWIN	M-40	00:00:15	00:08:51	00:17:49	00:26:58	00:36:20	00:45:39
177	SKIBA Artur	168	ŚWIDWIŃSKIE STOWARZYSZENIE LOTNICTWA REKREACYJNEGO	M-40	00:00:16	00:08:50	00:17:49	00:26:58	00:36:20	00:45:40
178	BORUC Barbara	15	PARKRUN SZCZECINEK	K-40	00:00:18	00:09:04	00:18:16	00:27:25	00:36:42	00:46:00
179	WAJDA Waldemar	198	BORNE BIEGA	M-40	00:00:21	00:09:02	00:18:14	00:27:13	00:36:31	00:46:02
180	MICHALAK Szczepan	120		M-30	00:00:21	00:09:02	00:18:14	00:27:13	00:36:31	00:46:03
181	MALINOWSKA-BURDA Aleksandra	112		K-18	00:00:10	00:08:37	00:17:49	00:27:05	00:36:36	00:46:06
182	PIETRZAK Mariola	143	BABECZKI KOSZALIN	K-50	00:00:13	00:08:54	00:18:03	00:27:15	00:36:44	00:46:19
183	SZAFIRSKI Marek	183	CAMINO SŁUPSK	M-50	00:00:14	00:08:43	00:17:56	00:27:17	00:36:46	00:46:23
184	HANC Michał	55	HAJALE 16	M-30	00:00:18	00:09:10	00:18:29	00:27:41	00:37:01	00:46:26
185	BANASIK Wiesław	5	MORSY NA KOKSIE	M-50	00:00:16	00:09:00	00:18:18	00:27:34	00:37:03	00:46:34
186	KULAWIŃSKI Marek	99		M-40	00:00:23	00:09:13	00:18:25	00:27:43	00:37:10	00:46:39
187	RASZPLA Ilona	154		K-40	00:00:11	00:08:44	00:17:59	00:27:26	00:37:02	00:46:42
188	SZEWCZYK Paulina	185		K-18	00:00:07	00:08:36	00:17:57	00:27:40	00:37:04	00:46:44
189	CZUB Maciej	31		M-18	00:00:06	00:08:36	00:17:57	00:27:41	00:37:05	00:46:45
190	RADECKI Jacek	153		M-40	00:00:12	00:08:59	00:18:14	00:27:39	00:37:18	00:46:57
191	ZIELIŃSKI Andrzej	324		M-40	00:00:21	00:09:11	00:18:28	00:27:56	00:37:18	00:47:00
192	HRYCIÓW Paweł	59	JW1223	M-30	00:00:16	00:08:56	00:17:59	00:27:34	00:37:25	00:47:09
193	BASIAK Krystian	10	JW1223	M-30	00:00:15	00:08:57	00:18:03	00:27:35	00:37:27	00:47:11
194	BURSZTA Marta	21	KARLINO BIEGAJ!	K-18	00:00:13	00:08:51	00:18:13	00:27:36	00:37:39	00:47:32
195	SZULC Adam	190	SZULC RUNNERS TEAM	M-30	00:00:11	00:08:44	00:18:10	00:27:58	00:37:42	00:47:33
196	WIĘCKOWSKI Maciej	208	KARLINO BIEGAJ!	M-30	00:00:12	00:08:52	00:18:14	00:27:35	00:37:40	00:47:33
197	BONIECKA Dominika	232		K-18	00:00:22	00:09:11	00:18:24	00:27:52	00:37:45	00:47:42
198	WACHHOLZ Beata	197	KB BRYZA POSTOMINO	K-40	00:00:16	00:09:17	00:18:50	00:28:25	00:38:01	00:47:50
199	KOWALCZYK Maciej	89		M-40	00:00:20	00:09:34	00:19:01	00:28:38	00:38:17	00:47:51
200	PERIŻOK-KOWALCZYK Magdalena	140		K-40	00:00:20	00:09:34	00:19:01	00:28:38	00:38:17	00:47:51
201	KACZMAREK Zenon	74	KOŁOBRZESKI LUB MORSÓW KOŁOBRZEG	M-70+	00:00:16	00:09:24	00:19:00	00:28:35	00:38:23	00:48:17
202	MAZUREK Barbara	117	BABECZKI KOSZALIN	K-30	00:00:14	00:08:54	00:18:08	00:27:44	00:38:26	00:48:25
203	BACHTIAK Joanna	4	AMATOR	K-30	00:00:12	00:09:10	00:18:31	00:28:13	00:38:14	00:48:32
204	NAWROCKA Anna	131		K-18	00:00:14	00:09:39	00:19:07	00:28:50	00:38:40	00:48:41
205	HNATOWSKI Artur	57	SZYBKIESTOPY	M-50	00:00:14	00:08:46	00:17:59	00:27:47	00:38:15	00:48:43
206	STACHURSKA Agnieszka	422	BWM KOŁOBRZEG	K-30	00:00:17	00:09:35	00:19:16	00:29:02	00:38:58	00:48:44
207	RUDNICKA Mariola	158		K-40	00:00:17	00:09:14	00:18:42	00:28:21	00:38:33	00:49:09

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Start_All 1.6km	Start_All 3.3km	Start_All 4.9km	Start_All 6.6km	Start_All 8.3km
208	KROCZYŃSKA Kinga	419	BWM KOŁOBRZEG	K-30	00:00:18	00:09:34	00:19:18	00:29:01	00:38:59	00:49:09
209	GZELA Olga	54	ROZBIEGANY KOSZALIN	K-30	00:00:14	00:09:06	00:18:43	00:28:30	00:38:55	00:49:25
210	ZIELIŃSKI Jarosław	222	AMATOR	M-40	00:00:13	00:08:48	00:18:25	00:28:34	00:39:10	00:49:42
211	ZATORSKA Milena	220	SP5KOŁOBRZEG	K-40	00:00:16	00:09:17	00:19:02	00:29:00	00:39:15	00:49:46
212	MARKOWSKA Iwona	116	KARLINO BIEGAJ!	K-40	00:00:04	00:08:49	00:18:47	00:29:01	00:39:22	00:49:53
213	KRASIŃSKI Witold	94	JW1223	M-40	00:00:11	00:09:05	00:18:35	00:27:53	00:38:24	00:49:57
214	KAMIŃSKI Tomasz	76	JW 1223, TKKF KOSZALIN	M-40	00:00:10	00:09:06	00:18:37	00:27:54	00:38:25	00:49:58
215	BACHORSKA Dorota	3		K-40	00:00:21	00:09:42	00:19:29	00:29:33	00:39:44	00:50:02
216	DĄBROWSKA Agnieszka	33	RUN DMB	K-30	00:00:09	00:09:02	00:18:52	00:29:04	00:39:28	00:50:12
217	FALTYNOWSKI Dariusz	41	JW1223	M-30	00:00:14	00:09:40	00:19:21	00:29:13	00:39:30	00:50:12
218	HELLER Zdzisław	56	NIEZRZESZONY	M-60	00:00:14	00:09:17	00:19:25	00:30:04	00:40:49	00:51:25
219	BEDNARZ Katarzyna	11		K-40	00:00:18	00:09:42	00:20:01	00:30:32	00:41:09	00:51:59
220	JĘDRZEJSKI Krzysztof	72		M-30	00:00:11	00:09:02	00:19:47	00:30:37	00:41:16	00:52:30
221	PIETRZYCKI Adrian	144		M-40	00:00:20	00:10:07	00:20:29	00:31:12	00:42:02	00:52:33
222	STEFANOWICZ Jola	177		K-30	00:00:20	00:10:07	00:20:29	00:31:12	00:42:01	00:52:34
223	JANCZYSZYN Dorota	65		K-30	00:00:14	00:09:51	00:20:38	00:31:30	00:42:28	00:53:14
224	WEISS-SZULC Barbara	203		K-40	00:00:14	00:09:52	00:20:40	00:31:30	00:42:27	00:53:15
DQ	KOZŁOWIECKA Małgorzata	239		K-50	DQ	00:09:56 DQ	00:20:27 DQ	00:31:38 DQ	00:42:43 DQ	00:53:54 DQ
226	PEŁKA Iwona	139		K-50	00:00:18	00:10:46	00:21:52	00:33:14	00:44:32	00:56:09
227	MAŁYSZEWICZ Teresa	114		K-50	00:00:18	00:10:35	00:21:49	00:33:23	00:45:02	00:56:42
228	GAWLIK Artur	45	BIEGNIJMY.PL	M-30	00:00:11	00:09:07	00:26:08	00:37:13	00:48:24	00:59:23

Znaleziono 228 wynik(ów)