



# TROPEM WILCZYM BIEG PAMIĘCI ŻOŁNIERZY WYKLĘTYCH - 10KM

B4SPORT

**Wydarzenie:** Tropem Wilczym Bieg Pamięci Żołnierzy Wyklętych  
**Organizator:** Fundacja Wolność i Demokracja; Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej  
**Data:** 2018-03-04  
**Miejsce:** Koszalin  
**Dystans:** 10 km



Klasyfikacja: K-40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start All 1.6km	Start All 3.3km	Start All 4.9km	Start All 6.6km	Start All 8.3km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	<b>KAŹMIERCZAK Agnieszka</b>	<b>80</b>	PARKRUN ŚWIDWIN	K-40	1	00:00:06	00:08:09	00:16:39	00:25:20	00:33:59	00:42:37	<b>00:51:21.45</b>	<b>00:51:27.95</b>		5:08	11.7 (100%)
2	<b>GRABOWSKA-LESISZ Aneta</b>	<b>50</b>		K-40	2	00:00:16	00:08:04	00:16:31	00:25:10	00:33:54	00:42:45	<b>00:51:24.60</b>	<b>00:51:41.00</b>	+00:00:03 (0.1%)	5:08	11.7 (100%)
3	<b>GOLEC Ania</b>	<b>47</b>		K-40	3	00:00:14	00:08:47	00:17:32	00:26:21	00:35:17	00:44:18	<b>00:52:59.05</b>	<b>00:53:13.15</b>	+00:01:37 (3.1%)	5:17	11.3 (96.6%)
4	<b>WRÓBLEWSKA Marta</b>	<b>216</b>	WILKI KOSZALIN	K-40	4	00:00:16	00:08:36	00:17:32	00:26:14	00:35:10	00:44:12	<b>00:53:01.25</b>	<b>00:53:17.55</b>	+00:01:39 (3.1%)	5:18	11.3 (96.6%)
5	<b>ZAKUTYŃSKA-KOWALCZYK Karolina</b>	<b>219</b>		K-40	5	00:00:18	00:08:43	00:17:36	00:26:24	00:35:21	00:44:21	<b>00:53:05.50</b>	<b>00:53:23.85</b>	+00:01:44 (3.3%)	5:18	11.3 (96.6%)
6	<b>BORUC Barbara</b>	<b>15</b>	PARKRUN SZCZECINEK	K-40	6	00:00:18	00:09:04	00:18:16	00:27:25	00:36:42	00:46:00	<b>00:55:09.85</b>	<b>00:55:28.35</b>	+00:03:48 (6.9%)	5:31	10.9 (93.2%)
7	<b>RASZPLA Ilona</b>	<b>154</b>		K-40	7	00:00:11	00:08:44	00:17:59	00:27:26	00:37:02	00:46:42	<b>00:56:12.70</b>	<b>00:56:23.70</b>	+00:04:51 (8.6%)	5:37	10.7 (91.5%)
8	<b>WACHHOLZ Beata</b>	<b>197</b>	KB BRYZA POSTOMINO	K-40	8	00:00:16	00:09:17	00:18:50	00:28:25	00:38:01	00:47:50	<b>00:57:19.25</b>	<b>00:57:35.85</b>	+00:05:57 (10.4%)	5:43	10.5 (89.7%)
9	<b>PERIŻOK-KOWALCZYK Magdalena</b>	<b>140</b>		K-40	9	00:00:20	00:09:34	00:19:01	00:28:38	00:38:17	00:47:51	<b>00:57:29.65</b>	<b>00:57:49.95</b>	+00:06:08 (10.7%)	5:44	10.4 (88.9%)
10	<b>RUDNICKA Mariola</b>	<b>158</b>		K-40	10	00:00:17	00:09:14	00:18:42	00:28:21	00:38:33	00:49:09	<b>00:59:33.30</b>	<b>00:59:50.30</b>	+00:08:11 (13.8%)	5:57	10.1 (86.3%)
11	<b>BACHORSKA Dorota</b>	<b>3</b>		K-40	11	00:00:21	00:09:42	00:19:29	00:29:33	00:39:44	00:50:02	<b>00:59:49.95</b>	<b>01:00:11.65</b>	+00:08:28 (14.2%)	5:59	10 (85.5%)
12	<b>MARKOWSKA Iwona</b>	<b>116</b>	KARLINO BIEGAJ!	K-40	12	00:00:04	00:08:49	00:18:47	00:29:01	00:39:22	00:49:53	<b>00:59:53.90</b>	<b>00:59:58.80</b>	+00:08:32 (14.3%)	5:59	10 (85.5%)
13	<b>ZATORSKA Milena</b>	<b>220</b>	SP5KOŁOBRZEG	K-40	13	00:00:16	00:09:17	00:19:02	00:29:00	00:39:15	00:49:46	<b>00:59:57.50</b>	<b>01:00:14.00</b>	+00:08:36 (14.3%)	5:59	10 (85.5%)

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14	<b>BEDNARZ Katarzyna</b>	<b>11</b>		K-40	14	00:00:18	00:09:42	00:20:01	00:30:32	00:41:09	00:51:59	<b>01:02:46.30</b>	<b>01:03:04.30</b>	+00:11:24 (18.2%)	6:16	9.6 (82.1%)
15	<b>WEISS-SZULC Barbara</b>	<b>203</b>		K-40	15	00:00:14	00:09:52	00:20:40	00:31:30	00:42:27	00:53:15	<b>01:04:13.55</b>	<b>01:04:28.50</b>	+00:12:52 (20.0%)	6:25	9.3 (79.5%)

Znaleziono 15 wynik(ów)