



TROPEM WILCZYM BIEG PAMIĘCI ŻOŁNIERZY WYKLĘTYCH - 10KM

B4SPORT

Wydarzenie: Tropem Wilczym Bieg Pamięci Żołnierzy Wyklętych
Organizator: Fundacja Wolność i Demokracja; Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2018-03-04
Miejsce: Koszalin
Dystans: 10 km

HERKULES
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Klasyfikacja: M-50

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start All 1.6km	Start All 3.3km	Start All 4.9km	Start All 6.6km	Start All 8.3km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	ZWOLIŃSKI Jan	226	TKKF KOSZALIN	M-50	1	00:00:03	00:06:40	00:13:23	00:20:07	00:26:53	00:33:44	00:40:22.35	00:40:25.90		4:02	14.9 (100%)
2	GAŁECKI Jacek	43	KARLINO BIEGAJ!	M-50	2	00:00:05	00:07:10	00:14:57	00:23:05	00:31:42	00:40:07	00:47:49.85	00:47:55.60	+00:07:27 (15.6%)	4:47	12.5 (83.9%)
3	WALERIAŃCZYK Roman	199	GMINA KOŁOBRZEG	M-50	3	00:00:10	00:07:40	00:15:29	00:23:30	00:31:43	00:39:55	00:47:54.60	00:48:04.80	+00:07:32 (15.7%)	4:47	12.5 (83.9%)
4	ALABA Jerzy	1		M-50	4	00:00:10	00:08:07	00:16:10	00:24:07	00:32:10	00:40:12	00:47:59.60	00:48:09.80	+00:07:37 (15.9%)	4:47	12.5 (83.9%)
5	SKOWYRSKI Janusz	170	TKKF KOSZALIN	M-50	5	00:00:08	00:07:39	00:15:31	00:23:50	00:32:13	00:40:33	00:48:34.00	00:48:42.80	+00:08:11 (16.9%)	4:51	12.4 (83.2%)
6	NAPIERAŁA Bogumił	354	KORA KOSZALIN	M-50	6	00:00:13	00:08:18	00:16:21	00:24:33	00:32:55	00:41:22	00:49:24.95	00:49:38.15	+00:09:02 (18.3%)	4:56	12.1 (81.2%)
7	ŚWIETLIK Tomasz	193		M-50	7	00:00:13	00:08:18	00:16:31	00:24:56	00:33:17	00:41:47	00:50:13.35	00:50:26.55	+00:09:51 (19.6%)	5:01	11.9 (79.9%)
8	WOLAŃSKI Mariusz	214		M-50	8	00:00:10	00:08:23	00:17:06	00:26:52	00:35:51	00:44:48	00:53:27.40	00:53:38.20	+00:13:05 (24.5%)	5:20	11.2 (75.2%)
9	MAŁYSZEWICZ Andrzej	115		M-50	9	00:00:17	00:08:54	00:17:35	00:26:22	00:35:37	00:45:10	00:54:33.10	00:54:50.40	+00:14:10 (26.0%)	5:27	11 (73.8%)
10	WILIŃSKI Marek	210	K.B. SPRINT ŚWIDWIN	M-50	10	00:00:20	00:08:51	00:17:45	00:27:00	00:36:16	00:45:26	00:54:35.05	00:54:55.25	+00:14:12 (26.0%)	5:27	11 (73.8%)
11	JANUSZEWSKI Jacek	67	17 WOG KOSZALIN	M-50	11	00:00:16	00:08:10	00:16:44	00:25:44	00:35:12	00:44:49	00:54:36.60	00:54:53.15	+00:14:14 (26.1%)	5:27	11 (73.8%)
12	SZAFIRSKI Marek	183	CAMINO SŁUPSK	M-50	12	00:00:14	00:08:43	00:17:56	00:27:17	00:36:46	00:46:23	00:55:50.80	00:56:05.05	+00:15:28 (27.7%)	5:35	10.7 (71.8%)
13	BANASIK Wiesław	5	MORSY NA KOKSIE	M-50	13	00:00:16	00:09:00	00:18:18	00:27:34	00:37:03	00:46:34	00:56:01.20	00:56:17.90	+00:15:38 (27.9%)	5:36	10.7 (71.8%)
14	HNATOWSKI Artur	57	SZYBKIESTOPY	M-50	14	00:00:14	00:08:46	00:17:59	00:27:47	00:38:15	00:48:43	00:59:17.70	00:59:32.65	+00:18:55 (31.9%)	5:55	10.1 (67.8%)

Znaleziono 14 wynik(ów)