



# TROPEM WILCZYM BIEG PAMIĘCI ŻOŁNIERZY WYKLĘTYCH - 10KM

B4SPORT

**Wydarzenie:** Tropem Wilczym Bieg Pamięci Żołnierzy Wyklętych  
**Organizator:** Fundacja Wolność i Demokracja; Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej  
**Data:** 2018-03-04  
**Miejsce:** Koszalin  
**Dystans:** 10 km

 **HERKULES**  
[www.herkules.org.pl](http://www.herkules.org.pl)

Klasyfikacja: M-Open

Punkt pomiarowy: 8,3 km

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Start_All 1.6km	Start_All 3.3km	Start_All 4.9km	Start_All 6.6km	Start_All 8.3km
1	BRAUN Grzegorz	18	RUNGRYF GRYFICE	M-18	00:00:01	00:05:31	00:11:27	00:17:28	00:23:26	00:29:20
2	KĘPKA Adrian	391	DECATHLON KOSZALIN	M-18	00:00:01	00:05:51	00:11:44	00:17:37	00:23:30	00:29:26
3	ORZECZOWSKI Kamil	135	TKKF KOSZALIN	M-30	00:00:02	00:05:54	00:11:50	00:17:52	00:23:57	00:30:03
4	JAROSZ Wiesław	302	JW. 1223/BLOG KOSZALIN	M-40	00:00:00	00:05:53	00:11:51	00:17:54	00:23:59	00:30:06
5	KARCZ Artur	77		M-30	00:00:01	00:05:51	00:11:50	00:17:56	00:24:03	00:30:11
6	ZABORSKI Ryszard	218	TKKF KOSZALIN-ORKIESTRA WOJSKOWA	M-40	00:00:01	00:05:52	00:11:54	00:18:15	00:24:42	00:31:12
7	SIADAK Arkadiusz	166		M-30	00:00:01	00:06:04	00:12:20	00:18:46	00:25:13	00:31:41
8	RUDNIKOWSKI Maciej	160	BIEGUZDROWISKOWY.PL	M-40	00:00:03	00:06:07	00:12:29	00:18:54	00:25:13	00:31:44
9	ŻMUDA Tomasz	227	CW FANZA KOŁOBRZEG	M-40	00:00:01	00:06:10	00:12:33	00:19:00	00:25:29	00:32:00
10	GOLIŃSKI Łukasz	48	K.B. SPRINT ŚWIDWIN	M-30	00:00:01	00:06:15	00:12:37	00:19:09	00:25:34	00:32:04
11	KAMIŃSKI Jakub	234	RUNGRYF GRYFICE	M-18	00:00:03	00:06:13	00:12:37	00:19:12	00:25:46	00:32:30
12	DURMAN Dawid	40		M-18	00:00:03	00:06:13	00:12:38	00:19:15	00:25:54	00:32:46
13	PERLIK Tomasz	141		M-18	00:00:01	00:06:09	00:12:42	00:19:25	00:26:12	00:33:02
14	BURDA Robert	20	KOSPEL	M-40	00:00:02	00:06:27	00:13:04	00:19:47	00:26:25	00:33:02
15	WOJCIECHOWICZ Jacek	213	WWW.STUDIOTANCAPASJA.PL	M-40	00:00:03	00:06:26	00:13:03	00:19:45	00:26:24	00:33:02
16	SZKOŁUDA Miłosz	400	DECATHLON KOSZALIN	M-18	00:00:02	00:06:24	00:12:52	00:19:34	00:26:21	00:33:09
17	CZAPLIŃSKI Jacek	30	TAGER KOSZALIN	M-30	00:00:03	00:06:24	00:12:52	00:19:34	00:26:20	00:33:09
18	BIEDRZYCKI Andrzej	14	OSP STARY BOREK	M-60	00:00:01	00:06:27	00:13:05	00:19:50	00:26:34	00:33:19
19	BIEDRZYCKI Krzysztof	12	CW FANZA KOŁOBRZEG	M-40	00:00:01	00:06:28	00:13:06	00:19:51	00:26:34	00:33:19
20	WILCZEWSKI Krzysztof	209		M-30	00:00:03	00:06:40	00:13:23	00:20:07	00:26:47	00:33:21
21	KRUKOWSKI Błażej	96		M-30	00:00:03	00:06:40	00:13:24	00:20:11	00:26:53	00:33:38
22	ZWOLIŃSKI Jan	226	TKKF KOSZALIN	M-50	00:00:03	00:06:40	00:13:23	00:20:07	00:26:53	00:33:44
23	SMAGOWSKI Wojtek	171	K.B. SPRINT ŚWIDWIN	M-40	00:00:02	00:06:26	00:13:07	00:19:59	00:26:54	00:33:52
24	MOKSA Dariusz	126		M-18	00:00:02	00:06:22	00:12:55	00:19:42	00:26:46	00:33:54
25	BARAŃSKI Bogusław	9	MLUKS TRZEBIATÓW	M-60	00:00:00	00:06:24	00:13:13	00:20:13	00:27:11	00:34:13
26	ZUKAL Piotr	225		M-40	00:00:05	00:06:48	00:13:38	00:20:30	00:27:25	00:34:19
27	WICHER Krzysztof	206	ADWOKATURA	M-30	00:00:03	00:06:31	00:13:14	00:20:11	00:27:22	00:34:37
28	STEBELSKI Jasiek	176		M-30	00:00:08	00:06:48	00:13:39	00:20:36	00:27:35	00:34:37

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Start_All 1.6km	Start_All 3.3km	Start_All 4.9km	Start_All 6.6km	Start_All 8.3km
29	<b>SOMINKA Paweł</b>	<b>173</b>	BAŁTYK-TRANS-SPEDITION	M-30	00:00:03	00:06:33	00:13:24	00:20:26	00:27:33	00:34:42
30	<b>BARANOWSKI Piotr</b>	<b>8</b>		M-40	00:00:01	00:06:53	00:13:49	00:20:53	00:27:52	00:34:44
31	<b>STEFANOWICZ Paweł</b>	<b>178</b>	ORLEN RUNNING TEAM	M-40	00:00:02	00:06:12	00:13:03	00:20:13	00:27:37	00:34:49
32	<b>PRZEWŁOCKI Michał</b>	<b>149</b>	TKKF KOSZALIN	M-30	00:00:03	00:06:36	00:13:21	00:20:16	00:27:28	00:35:01
33	<b>LESZCZYŃSKI Marcin</b>	<b>106</b>	MARIANÓWEK	M-40	00:00:05	00:06:43	00:13:45	00:20:50	00:28:02	00:35:01
34	<b>NOWAKOWSKI Rafał</b>	<b>133</b>		M-40	00:00:03	00:06:42	00:13:46	00:20:52	00:28:03	00:35:11
35	<b>URBAŃSKI Tomasz</b>	<b>195</b>		M-40	00:00:04	00:07:03	00:14:06	00:21:05	00:28:10	00:35:14
36	<b>SKONECZNY Kacper</b>	<b>169</b>	KONTRA DARŁOWO	M-18	00:00:05	00:06:48	00:13:44	00:20:48	00:28:02	00:35:21
37	<b>MŁYNARCZYK Zbigniew</b>	<b>124</b>	CENTRALNY POLIGON SIŁ POWIETRZNYCH USTKA	M-30	00:00:01	00:06:38	00:13:32	00:20:41	00:28:01	00:35:25
38	<b>PRZYBYCIEŃ Łukasz</b>	<b>150</b>		M-18	00:00:05	00:06:48	00:13:45	00:20:48	00:28:12	00:35:32
39	<b>TROŚNIAK Piotr</b>	<b>235</b>		M-40	00:00:07	00:06:55	00:13:59	00:21:04	00:28:19	00:35:33
40	<b>RUDZIŃSKI Radosław</b>	<b>162</b>	TRYGŁAW TYCHOWO	M-30	00:00:03	00:06:42	00:13:54	00:21:13	00:28:31	00:36:01
41	<b>CHUDY Henryk</b>	<b>27</b>	KS OLSZEWSKI SYNOWIE	M-60	00:00:03	00:06:57	00:14:07	00:21:27	00:28:49	00:36:14
42	<b>KADEJ Szymon</b>	<b>75</b>		M-18	00:00:05	00:06:49	00:13:49	00:21:01	00:28:34	00:36:15
43	<b>MAJCHRZAK Łukasz</b>	<b>111</b>	CENTRALNY POLIGON SIŁ POWIETRZNYCH USTKA	M-18	00:00:01	00:06:50	00:13:59	00:21:20	00:28:53	00:36:25
44	<b>ŁOPIŃSKI Piotr</b>	<b>108</b>	FSD	M-30	00:00:09	00:07:18	00:14:39	00:21:57	00:29:15	00:36:36
45	<b>JANKOWSKI Piotr</b>	<b>66</b>		M-40	00:00:07	00:07:11	00:14:26	00:21:52	00:29:19	00:36:45
46	<b>PĘKAŁA Piotr</b>	<b>230</b>		M-40	00:00:10	00:07:38	00:14:57	00:22:09	00:29:26	00:36:45
47	<b>CIEKLIŃSKI Jacek</b>	<b>28</b>		M-30	00:00:18	00:07:25	00:14:36	00:22:02	00:29:35	00:36:47
48	<b>KAŻMIERZCAK Robert</b>	<b>306</b>		M-40	00:00:07	00:07:28	00:14:49	00:22:16	00:29:44	00:37:05
49	<b>CHOŁUJ Jarosław</b>	<b>24</b>	ROZBIEGANY KOSZALIN	M-40	00:00:08	00:07:28	00:14:51	00:22:14	00:29:43	00:37:07
50	<b>PICK Tomasz</b>	<b>142</b>	DEAF KOSZALIN	M-40	00:00:08	00:07:34	00:14:59	00:22:28	00:29:49	00:37:11
51	<b>WOŁOWIEC Przemek</b>	<b>215</b>		M-40	00:00:07	00:07:33	00:15:02	00:22:27	00:30:01	00:37:37
52	<b>SZUBERT Marcin</b>	<b>187</b>	KOŁOBRZEG BIEGA	M-40	00:00:05	00:07:37	00:15:04	00:22:41	00:30:13	00:37:38
53	<b>NOWICKI Michał</b>	<b>250</b>	KB WYGAN	M-30	00:00:07	00:07:20	00:14:48	00:22:21	00:29:59	00:37:39
54	<b>KUŁAKOWSKI Dawid</b>	<b>100</b>	TKKF KOSZALIN	M-40	00:00:07	00:07:30	00:15:03	00:22:34	00:30:09	00:37:41
55	<b>IWANIEC Dariusz</b>	<b>62</b>	TKKF KOSZALIN	M-40	00:00:06	00:07:31	00:15:04	00:22:34	00:30:10	00:37:42
56	<b>KOCZOROWSKI Paweł</b>	<b>83</b>	POLNI WOJOWNICY USTKA	M-40	00:00:03	00:06:37	00:13:54	00:21:42	00:29:45	00:37:54
57	<b>JARZYNA Roman</b>	<b>70</b>	SZWLA STARGARD	M-40	00:00:07	00:07:16	00:14:46	00:22:23	00:30:05	00:37:56
58	<b>ZIENOWICZ Michał</b>	<b>224</b>		M-18	00:00:12	00:07:26	00:14:52	00:22:20	00:30:04	00:38:01
59	<b>WIECZOREK Łukasz</b>	<b>207</b>	CSSP KOSZALIN	M-18	00:00:01	00:06:58	00:14:26	00:22:18	00:30:12	00:38:07
60	<b>MUCHA Krzysztof</b>	<b>127</b>	KOSZALIN	M-40	00:00:05	00:07:17	00:15:04	00:22:46	00:30:24	00:38:07
61	<b>BIEDRZYCKI Adam</b>	<b>13</b>	CW FANZA KOŁOBRZEG	M-30	00:00:06	00:08:07	00:15:55	00:23:29	00:30:50	00:38:08
62	<b>SOROKA Piotr</b>	<b>174</b>	ROZBIEGANY KOSZALIN	M-40	00:00:11	00:07:28	00:14:52	00:22:34	00:30:14	00:38:08
63	<b>RYTTEL Marcin</b>	<b>165</b>		M-30	00:00:06	00:07:14	00:14:52	00:22:34	00:30:18	00:38:09
64	<b>WILKOWSKI Krzysztof</b>	<b>211</b>		M-30	00:00:09	00:07:39	00:14:58	00:22:36	00:30:26	00:38:23
65	<b>GOŁDYN Marek</b>	<b>49</b>	TKKF KOSZALIN	M-30	00:00:10	00:07:48	00:15:23	00:23:05	00:30:47	00:38:25
66	<b>CHOŁUJ Karol</b>	<b>25</b>	MONOLITH LIFE TEAM	M-30	00:00:09	00:07:28	00:15:03	00:22:50	00:30:42	00:38:36
67	<b>SZYMAŃSKI Piotr</b>	<b>191</b>	CSSP KOSZALIN	M-40	00:00:17	00:07:56	00:15:22	00:23:06	00:30:52	00:38:41
68	<b>KWIDZIŃSKI Michał</b>	<b>102</b>		M-30	00:00:16	00:07:33	00:14:48	00:22:10	00:30:12	00:38:45
69	<b>URBAŃSKI Arkadiusz</b>	<b>196</b>		M-40	00:00:12	00:07:52	00:15:28	00:23:14	00:30:58	00:38:47
70	<b>WINKEL Łukasz</b>	<b>212</b>		M-40	00:00:11	00:07:54	00:15:39	00:23:20	00:31:09	00:38:59
71	<b>KRACZKOWSKI Przemysław</b>	<b>93</b>		M-30	00:00:12	00:07:52	00:15:38	00:23:25	00:31:14	00:39:00
72	<b>MALINOWSKI Mariusz</b>	<b>113</b>		M-30	00:00:10	00:07:30	00:15:14	00:23:03	00:31:07	00:39:10
73	<b>PUŚCIAN Krzysztof</b>	<b>152</b>	SZKOŁA PODSTAWOWA W MANOWIE	M-40	00:00:08	00:07:40	00:15:15	00:23:07	00:31:16	00:39:11

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Start_All 1.6km	Start_All 3.3km	Start_All 4.9km	Start_All 6.6km	Start_All 8.3km
74	<b>KOŹMIŃSKI Patryk</b>	<b>92</b>		M-30	00:00:07	00:07:33	00:15:21	00:23:14	00:31:12	00:39:12
75	<b>WALOCHA Krzysztof</b>	<b>200</b>		M-30	00:00:10	00:07:55	00:15:40	00:23:27	00:31:19	00:39:14
76	<b>MICERSKI Tomasz</b>	<b>119</b>	TKKF KOSZALIN	M-40	00:00:08	00:07:29	00:15:12	00:23:15	00:31:17	00:39:27
77	<b>ŻUKOWSKI Cezary</b>	<b>229</b>	CZAREK W BIEGU	M-30	00:00:06	00:07:28	00:15:13	00:23:17	00:31:22	00:39:28
78	<b>KOZIEŁ Paweł</b>	<b>90</b>	WICHER RĄBINO	M-30	00:00:07	00:07:38	00:15:29	00:23:27	00:31:32	00:39:32
79	<b>RASZPLA Radosław</b>	<b>155</b>		M-40	00:00:10	00:07:30	00:15:16	00:23:16	00:31:24	00:39:32
80	<b>POWARZYŃSKI Krzysztof</b>	<b>148</b>	17 WOG KOSZALIN	M-40	00:00:10	00:07:32	00:15:16	00:23:13	00:31:24	00:39:40
81	<b>KWIETNIEWSKI Daniel</b>	<b>103</b>		M-30	00:00:12	00:07:48	00:15:32	00:23:30	00:31:33	00:39:43
82	<b>WYGANOWSKI Andrzej</b>	<b>217</b>	WYGAN	M-70+	00:00:07	00:07:52	00:15:53	00:23:54	00:31:49	00:39:48
83	<b>MISZCZYK Jan</b>	<b>123</b>	ROZBIEGANY KOSZALIN	M-30	00:00:08	00:07:15	00:15:12	00:23:12	00:31:31	00:39:54
84	<b>WALERIAŃCZYK Roman</b>	<b>199</b>	GMINA KOŁOBRZEG	M-50	00:00:10	00:07:40	00:15:29	00:23:30	00:31:43	00:39:55
85	<b>MILEWSKI Tomasz</b>	<b>122</b>		M-30	00:00:17	00:08:14	00:16:10	00:24:00	00:32:03	00:39:59
86	<b>ZIELIŃSKI Grzegorz</b>	<b>221</b>		M-60	00:00:04	00:07:30	00:15:29	00:23:32	00:31:46	00:40:02
87	<b>KUZAN Sławek</b>	<b>101</b>		M-18	00:00:20	00:08:17	00:16:13	00:24:05	00:32:06	00:40:05
88	<b>OTTO Michał</b>	<b>136</b>		M-30	00:00:05	00:07:16	00:15:05	00:23:13	00:31:34	00:40:06
89	<b>GAŁECKI Jacek</b>	<b>43</b>	KARLINO BIEGAJ!	M-50	00:00:05	00:07:10	00:14:57	00:23:05	00:31:42	00:40:07
90	<b>SIKORSKI Adam</b>	<b>353</b>	SIKORROWO	M-30	00:00:05	00:07:30	00:15:21	00:23:17	00:31:35	00:40:09
91	<b>ALABA Jerzy</b>	<b>1</b>		M-50	00:00:10	00:08:07	00:16:10	00:24:07	00:32:10	00:40:12
92	<b>CYBULSKI Robert</b>	<b>29</b>	MTS HAMER MIASTKO	M-40	00:00:16	00:07:48	00:15:39	00:23:44	00:31:58	00:40:13
93	<b>KOZIK Przemysław</b>	<b>71</b>	PARKRUN ŚWIDWIN	M-30	00:00:03	00:07:34	00:15:15	00:23:26	00:31:50	00:40:33
94	<b>SKOWYRSKI Janusz</b>	<b>170</b>	TKKF KOSZALIN	M-50	00:00:08	00:07:39	00:15:31	00:23:50	00:32:13	00:40:33
95	<b>ANTKOWIAK Sebastian</b>	<b>2</b>	DB - ACTIVE	M-40	00:00:11	00:07:55	00:15:45	00:23:52	00:32:12	00:40:38
96	<b>KONKEL Łukasz</b>	<b>85</b>		M-30	00:00:10	00:07:57	00:15:59	00:24:07	00:32:22	00:40:42
97	<b>KUBIŚ Paweł</b>	<b>98</b>	APTEKARZE	M-30	00:00:08	00:08:17	00:16:33	00:24:52	00:32:58	00:40:57
98	<b>DROZDOWSKI Marcin</b>	<b>36</b>	MORPOL	M-18	00:00:16	00:07:58	00:16:04	00:24:19	00:32:35	00:41:00
99	<b>RUDNIK Tomasz</b>	<b>159</b>		M-30	00:00:18	00:08:16	00:16:10	00:24:20	00:32:36	00:41:02
100	<b>LENARTOWICZ Tomasz</b>	<b>104</b>	GWARDIA KOSZALIN	M-30	00:00:16	00:08:12	00:16:07	00:24:29	00:32:53	00:41:04
101	<b>JADCZAK Tomasz</b>	<b>64</b>		M-30	00:00:12	00:08:16	00:16:27	00:24:42	00:33:06	00:41:16
102	<b>DUDZIAK Piotr</b>	<b>38</b>	FOR-REST-RUN KOSZALIN	M-40	00:00:08	00:07:56	00:16:23	00:24:52	00:33:09	00:41:19
103	<b>NAPIERAŁA Bogumił</b>	<b>354</b>	KORA KOSZALIN	M-50	00:00:13	00:08:18	00:16:21	00:24:33	00:32:55	00:41:22
104	<b>STRELCZUK Mariusz</b>	<b>181</b>		M-40	00:00:03	00:07:23	00:15:35	00:24:02	00:32:43	00:41:27
105	<b>ORŁOWSKI Maciej</b>	<b>240</b>		M-30	00:00:12	00:08:16	00:16:35	00:25:04	00:33:26	00:41:27
106	<b>WOJTANOWSKI Michał</b>	<b>330</b>		M-30	00:00:19	00:09:09	00:17:56	00:26:15	00:34:05	00:41:27
107	<b>WLAŻ Lucjan</b>	<b>321</b>	ALIGANCKO	M-40	00:00:22	00:08:52	00:17:32	00:25:42	00:33:43	00:41:44
108	<b>ŚWIETLIK Tomasz</b>	<b>193</b>		M-50	00:00:13	00:08:18	00:16:31	00:24:56	00:33:17	00:41:47
109	<b>PUCEK Grzegorz</b>	<b>151</b>		M-18	00:00:08	00:07:53	00:16:04	00:24:33	00:33:08	00:41:52
110	<b>HUDASZEK Grzegorz</b>	<b>61</b>	PARKRUN ŚWIDWIN	M-30	00:00:20	00:08:22	00:16:29	00:25:06	00:33:29	00:41:52
111	<b>SZULC Szymon</b>	<b>188</b>	SZULC RUNNERS TEAM	M-30	00:00:12	00:08:13	00:16:29	00:24:48	00:33:28	00:42:06
112	<b>MYSZYŃSKI Paweł</b>	<b>130</b>	SP5KOŁOBRZEG	M-30	00:00:05	00:07:45	00:15:57	00:24:44	00:33:31	00:42:08
113	<b>STOKROCKI Wojciech</b>	<b>179</b>		M-30	00:00:18	00:08:32	00:17:00	00:25:23	00:33:42	00:42:08
114	<b>HRYCAJ Tomasz</b>	<b>58</b>		M-30	00:00:11	00:07:58	00:16:11	00:24:48	00:33:24	00:42:11
115	<b>SZCZYGIELSKI Michał</b>	<b>184</b>	KOŁOBRZEG MARATON TEAM	M-30	00:00:07	00:08:21	00:16:51	00:25:15	00:33:47	00:42:14
116	<b>GALICKI Robert</b>	<b>42</b>		M-40	00:00:14	00:08:33	00:17:10	00:25:32	00:33:47	00:42:15
117	<b>RUTKOWSKI Artur</b>	<b>163</b>		M-18	00:00:02	00:07:19	00:15:18	00:23:52	00:32:53	00:42:22
118	<b>LESISZ Michał</b>	<b>105</b>		M-40	00:00:17	00:08:20	00:16:48	00:25:21	00:33:56	00:42:30

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Start_All 1.6km	Start_All 3.3km	Start_All 4.9km	Start_All 6.6km	Start_All 8.3km
119	ZIENCINA Marcin	223		M-30	00:00:13	00:08:00	00:16:22	00:24:59	00:33:51	00:42:40
120	JABŁOŃSKI Arkadiusz	63	JW1223	M-30	00:00:14	00:07:50	00:15:59	00:24:36	00:33:32	00:42:53
121	PODSIADŁO Marcin	146		M-40	00:00:05	00:07:56	00:16:21	00:25:07	00:33:58	00:42:54
122	NIEDBAŁA Konrad	132		M-40	00:00:14	00:08:37	00:17:13	00:25:45	00:34:26	00:43:01
123	SOBOLEWSKI Marcin	172		M-30	00:00:19	00:08:22	00:16:48	00:25:18	00:34:09	00:43:12
124	KOZŁOWIECKI Waldemar	91	TKKF KOSZALIN	M-60	00:00:09	00:08:14	00:16:49	00:25:24	00:34:11	00:43:17
125	CINCIO Robert	389	TKKF TRIATHLON KOSZALIN	M-40	00:00:09	00:07:41	00:16:01	00:24:46	00:33:57	00:43:27
126	KAZIMIEROWICZ Radosław	79	VTT KOSZALIN	M-30	00:00:15	00:08:46	00:17:31	00:26:11	00:34:46	00:43:33
127	DUBACKI Kazimierz Stanisław	37	NIGHT RUNNERS SŁUPSK	M-40	00:00:09	00:08:27	00:17:12	00:26:01	00:34:52	00:43:39
128	KOTULSKI Piotr	87	KLUB BIEGACZY JYSK	M-40	00:00:12	00:08:18	00:16:53	00:25:38	00:34:35	00:43:42
129	GAWĘDA Emil	44		M-30	00:00:12	00:08:46	00:17:41	00:26:36	00:35:27	00:43:52
130	LICHACY Marcel	107		M-30	00:00:13	00:08:45	00:17:40	00:26:35	00:35:26	00:43:52
131	KOWALCZYK Piotr	88		M-30	00:00:13	00:08:15	00:16:55	00:25:46	00:34:51	00:44:03
132	DOMAGAŁA Sławomir	35	KORYUKAN ŚWIDWIN	M-40	00:00:18	00:08:52	00:17:42	00:26:48	00:35:32	00:44:23
133	JAROSZEWSKI Daniel	69	ROZBIEGANY KOSZALIN	M-30	00:00:11	00:08:19	00:16:55	00:25:42	00:34:37	00:44:30
134	KAŻMIERCZAK Leszek	231	CSSP KOSZALIN	M-30	00:00:16	00:08:44	00:17:38	00:26:34	00:35:32	00:44:31
135	KACZMAREK Łukasz	73	WOJOWNICY WÓDY	M-30	00:00:20	00:08:29	00:17:23	00:26:35	00:35:44	00:44:36
136	MACIĄG Piotr	109		M-30	00:00:21	00:09:10	00:18:16	00:27:20	00:36:21	00:44:39
137	GRĄBCZEWSKI Rafał	52	JW1223	M-30	00:00:14	00:08:56	00:17:50	00:26:45	00:35:38	00:44:43
138	WOLAŃSKI Mariusz	214		M-50	00:00:10	00:08:23	00:17:06	00:26:52	00:35:51	00:44:48
139	JANUSZEWSKI Jacek	67	17 WOG KOSZALIN	M-50	00:00:16	00:08:10	00:16:44	00:25:44	00:35:12	00:44:49
140	KRÓL Marcin	95		M-40	00:00:05	00:07:42	00:16:16	00:25:21	00:34:54	00:44:50
141	TOMCZYK Leszek	194	JW1223	M-40	00:00:05	00:08:07	00:16:52	00:25:57	00:35:20	00:44:52
142	MILASZEWSKI Przemysław	238		M-30	00:00:20	00:08:29	00:17:23	00:26:36	00:35:44	00:44:59
143	WĘCŁAWIAK Marek	204		M-40	00:00:14	00:08:47	00:17:42	00:26:42	00:35:52	00:45:03
144	MAŁYSZEWICZ Andrzej	115		M-50	00:00:17	00:08:54	00:17:35	00:26:22	00:35:37	00:45:10
145	PODLASEK Stanisław	145		M-18	00:00:05	00:07:43	00:16:23	00:25:34	00:35:25	00:45:15
146	MUSIK Adam	128		M-18	00:00:20	00:08:50	00:17:29	00:26:30	00:35:41	00:45:17
147	WICENS Jacek	205	JW1223	M-30	00:00:15	00:08:58	00:17:57	00:27:03	00:36:15	00:45:25
148	MACIĄG Paweł	110		M-30	00:00:22	00:09:10	00:18:15	00:27:22	00:36:24	00:45:25
149	WILIŃSKI Marek	210	K.B. SPRINT ŚWIDWIN	M-50	00:00:20	00:08:51	00:17:45	00:27:00	00:36:16	00:45:26
150	PAJOR Tomek	137		M-40	00:00:21	00:09:11	00:18:17	00:27:22	00:36:25	00:45:27
151	GUTOWSKI Sebastian	53	GUCIOR-RUN	M-40	00:00:18	00:08:53	00:17:47	00:27:02	00:36:18	00:45:28
152	KĘPKA Mirosław	81	K.B. SPRINT ŚWIDWIN	M-40	00:00:20	00:08:51	00:17:47	00:27:00	00:36:18	00:45:36
153	RYCHLIŃSKI Damian	164		M-30	00:00:17	00:08:45	00:17:30	00:26:50	00:36:21	00:45:37
154	STALUSZKA Dariusz	175	PARKRUN ŚWIDWIN	M-40	00:00:15	00:08:51	00:17:49	00:26:58	00:36:20	00:45:39
155	SKIBA Artur	168	ŚWIDWIŃSKIE STOWARZYSZENIE LOTNICTWA REKREACYJNEGO	M-40	00:00:16	00:08:50	00:17:49	00:26:58	00:36:20	00:45:40
156	WAJDA Waldemar	198	BORNE BIEGA	M-40	00:00:21	00:09:02	00:18:14	00:27:13	00:36:31	00:46:02
157	MICHALAK Szczepan	120		M-30	00:00:21	00:09:02	00:18:14	00:27:13	00:36:31	00:46:03
158	SZAFIRSKI Marek	183	CAMINO SŁUPSK	M-50	00:00:14	00:08:43	00:17:56	00:27:17	00:36:46	00:46:23
159	HANC Michał	55	HAJALE 16	M-30	00:00:18	00:09:10	00:18:29	00:27:41	00:37:01	00:46:26
160	BANASIK Wiesław	5	MORSY NA KOKSIE	M-50	00:00:16	00:09:00	00:18:18	00:27:34	00:37:03	00:46:34
161	KULAWIŃSKI Marek	99		M-40	00:00:23	00:09:13	00:18:25	00:27:43	00:37:10	00:46:39
162	CZUB Maciej	31		M-18	00:00:06	00:08:36	00:17:57	00:27:41	00:37:05	00:46:45
163	RADECKI Jacek	153		M-40	00:00:12	00:08:59	00:18:14	00:27:39	00:37:18	00:46:57

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Start_All 1.6km	Start_All 3.3km	Start_All 4.9km	Start_All 6.6km	Start_All 8.3km
164	<b>ZIELIŃSKI Andrzej</b>	<b>324</b>		M-40	00:00:21	00:09:11	00:18:28	00:27:56	00:37:18	00:47:00
165	<b>HRYCIÓW Paweł</b>	<b>59</b>	JW1223	M-30	00:00:16	00:08:56	00:17:59	00:27:34	00:37:25	00:47:09
166	<b>BASIAK Krystian</b>	<b>10</b>	JW1223	M-30	00:00:15	00:08:57	00:18:03	00:27:35	00:37:27	00:47:11
167	<b>SZULC Adam</b>	<b>190</b>	SZULC RUNNERS TEAM	M-30	00:00:11	00:08:44	00:18:10	00:27:58	00:37:42	00:47:33
168	<b>WIĘCKOWSKI Maciej</b>	<b>208</b>	KARLINO BIEGAJ!	M-30	00:00:12	00:08:52	00:18:14	00:27:35	00:37:40	00:47:33
169	<b>KOWALCZYK Maciej</b>	<b>89</b>		M-40	00:00:20	00:09:34	00:19:01	00:28:38	00:38:17	00:47:51
170	<b>KACZMAREK Zenon</b>	<b>74</b>	KOŁOBRZESKI LUB MORSÓW KOŁOBRZEG	M-70+	00:00:16	00:09:24	00:19:00	00:28:35	00:38:23	00:48:17
171	<b>HNATOWSKI Artur</b>	<b>57</b>	SZYBKIESTOPY	M-50	00:00:14	00:08:46	00:17:59	00:27:47	00:38:15	00:48:43
172	<b>ZIELIŃSKI Jarosław</b>	<b>222</b>	AMATOR	M-40	00:00:13	00:08:48	00:18:25	00:28:34	00:39:10	00:49:42
173	<b>KRASIŃSKI Witold</b>	<b>94</b>	JW1223	M-40	00:00:11	00:09:05	00:18:35	00:27:53	00:38:24	00:49:57
174	<b>KAMIŃSKI Tomasz</b>	<b>76</b>	JW 1223, TKKF KOSZALIN	M-40	00:00:10	00:09:06	00:18:37	00:27:54	00:38:25	00:49:58
175	<b>FALTYNOWSKI Dariusz</b>	<b>41</b>	JW1223	M-30	00:00:14	00:09:40	00:19:21	00:29:13	00:39:30	00:50:12
176	<b>HELLER Zdzisław</b>	<b>56</b>	NIEZRZESZONY	M-60	00:00:14	00:09:17	00:19:25	00:30:04	00:40:49	00:51:25
177	<b>JĘDRZEJEWSKI Krzysztof</b>	<b>72</b>		M-30	00:00:11	00:09:02	00:19:47	00:30:37	00:41:16	00:52:30
178	<b>PIETRZYCKI Adrian</b>	<b>144</b>		M-40	00:00:20	00:10:07	00:20:29	00:31:12	00:42:02	00:52:33
179	<b>GAWLIK Artur</b>	<b>45</b>	BIEGNIJMY.PL	M-30	00:00:11	00:09:07	00:26:08	00:37:13	00:48:24	00:59:23

Znaleziono 179 wynik(ów)