



TROPEM WILCZYM BIEG PAMIĘCI ŻOŁNIERZY WYKLĘTYCH - 10KM

B4SPORT

Event: Tropem Wilczym Bieg Pamięci Żołnierzy Wyklętych
Organiser: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Date: 2019-03-03
Place: Koszalin
Distance: 10 km



Classification: M18-29

Place	Participant	Number	Club	Category	MCat	Start All						Net time 10km	Gap	Pace min/km	Pace km/h
						0.04km	1.6km	3.3km	4.9km	6.6km	8.3km				
1	BRAUN Grzegorz	138	RUNGRYF GRYFICE	M18-29	1	00:00:08	00:05:41	00:11:22	00:17:03	00:22:42	00:28:21	00:33:54.10		3:23	17.7 (100%)
2	CEJKO Dawid	141	BALTIC SEALS	M18-29	2	00:00:09	00:06:23	00:12:48	00:19:23	00:25:55	00:32:26	00:38:33.68	+00:04:39 (12.1%)	3:51	15.6 (88.1%)
3	DURMAN Dawid	156		M18-29	3	00:00:09	00:06:20	00:12:43	00:19:13	00:25:54	00:32:41	00:38:54.50	+00:05:00 (12.9%)	3:53	15.4 (87.0%)
4	SITOWSKI Marcin	272	HOMOSAPIE	M18-29	4	00:00:11	00:06:44	00:13:31	00:20:27	00:27:31	00:34:38	00:41:33.46	+00:07:39 (18.4%)	4:09	14.4 (81.4%)
5	MOKSA Dariusz	230		M18-29	5	00:00:10	00:06:28	00:13:38	00:21:03	00:28:23	00:35:47	00:43:02.34	+00:09:08 (21.2%)	4:18	13.9 (78.5%)
6	WIECZOREK Łukasz	296	CSSP KOSZALIN	M18-29	6	00:00:14	00:07:20	00:14:34	00:21:49	00:29:23	00:36:45	00:43:37.84	+00:09:43 (22.3%)	4:21	13.8 (78.0%)
7	HOREGLAD Paweł	174	SPEEDY GONZALES	M18-29	7	00:00:21	00:07:34	00:14:52	00:22:17	00:29:55	00:37:11	00:44:48.11	+00:10:54 (24.3%)	4:28	13.4 (75.7%)
8	KOZIEŁ Adam	205		M18-29	8	00:00:18	00:07:48	00:15:44	00:23:59	00:32:14	00:40:36	00:48:45.80	+00:14:51 (30.5%)	4:52	12.3 (69.5%)
9	RUTKOWSKI Artur	266	KOSZALIŃSKI RANKING BIEGACZY	M18-29	9	00:00:18	00:08:11	00:15:58	00:24:04	00:32:24	00:40:48	00:48:54.21	+00:15:00 (30.7%)	4:53	12.3 (69.5%)
10	CHABOWSKI Wojciech	142		M18-29	10	00:00:18	00:07:29	00:15:28	00:23:59	00:32:26	00:41:04	00:49:05.87	+00:15:11 (31.0%)	4:54	12.2 (68.9%)
11	MIELEWCZYK Radosław	65	KAMIEŃ RYMAŃSKI	M18-29	11	00:00:16	00:08:53	00:17:23	00:25:54	00:34:45	00:43:15	00:51:31.12	+00:17:37 (34.2%)	5:09	11.6 (65.5%)
12	KLUCZKOWSKI Jakub	295	ZHP KOSZALIN	M18-29	12	00:00:27	00:09:17	00:17:58	00:26:33	00:35:22	00:44:05	00:52:37.26	+00:18:43 (35.6%)	5:15	11.4 (64.4%)
13	WAŚOWSKI Robert	293	BIURO PODRÓŻY PARADISE TOUR	M18-29	13	00:00:27	00:09:10	00:18:05	00:26:55	00:35:50	00:44:42	00:53:09.03	+00:19:14 (36.2%)	5:18	11.3 (63.8%)
14	GÓRSKI Michał	39		M18-29	14	00:00:20	00:09:30	00:19:17	00:29:11	00:39:16	00:49:20	00:58:55.51	+00:25:01 (42.5%)	5:53	10.2 (57.6%)

Place	Participant	Number	Club	Category	MCat	Start_All 0.04km	Start_All 1.6km	Start_All 3.3km	Start_All 4.9km	Start_All 6.6km	Start_All 8.3km	Net time 10km	Gap	Pace min/km	Pace km/h
15	SOBCZAK Paweł	275		M18-29	15	00:00:10	00:08:26	00:18:01	00:28:10	00:38:53	00:49:56	01:00:59.98	+00:27:05 (44.4%)	6:05	9.8 (55.4%)

Total 15 results.