



TROPEM WILCZYM BIEG PAMIĘCI ŻOŁNIERZY WYKLĘTYCH - 10KM

B4SPORT

Wydarzenie: Tropem Wilczym Bieg Pamięci Żołnierzy Wyklętych
Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2019-03-03
Miejsce: Koszalin
Dystans: 10 km



Klasyfikacja: M50-59

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All 0.04km	Start_All 1.6km	Start_All 3.3km	Start_All 4.9km	Start_All 6.6km	Start_All 8.3km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	ZWOLIŃSKI Jan	314	TKKF KOSZALIN	M50-59	1	00:00:09	00:06:23	00:12:51	00:19:26	00:26:05	00:32:50	00:39:26.23		3:56	15.2 (100%)
2	GRZESIK Eugeniusz	167	TKKF KOSZALIN	M50-59	2	00:00:09	00:06:24	00:13:06	00:19:49	00:26:43	00:33:42	00:40:22.97	+00:00:56 (2.3%)	4:02	14.9 (98.0%)
3	ZACHARSKI Jerzy	307		M50-59	3	00:00:18	00:08:03	00:15:55	00:23:57	00:32:06	00:40:16	00:48:11.93	+00:08:45 (18.2%)	4:49	12.5 (82.2%)
4	ŚWIETLIK Tomasz	285	LEO-TEAM	M50-59	4	00:00:19	00:08:34	00:16:47	00:25:02	00:33:16	00:41:31	00:49:38.25	+00:10:12 (20.5%)	4:57	12.1 (79.6%)
5	KISIELIŃSKI Igor	195	TKKF KOSZALIN	M50-59	5	00:00:16	00:08:19	00:16:25	00:24:26	00:32:53	00:41:41	00:50:06.95	+00:10:40 (21.3%)	5:00	12 (78.9%)
6	SKOWYRSKI Janusz	273	TKKF KOSZALIN	M50-59	6	00:00:15	00:08:06	00:16:23	00:25:04	00:33:40	00:42:13	00:50:34.46	+00:11:08 (22.0%)	5:03	11.9 (78.3%)
7	NESTOR Petro	238		M50-59	7	00:00:15	00:08:20	00:16:33	00:25:03	00:33:49	00:42:35	00:51:10.05	+00:11:43 (22.9%)	5:07	11.7 (77.0%)
8	GAŁECKI Jacek	163	TEAM MATEUSZ POLSKI	M50-59	8	00:00:17	00:08:37	00:16:59	00:25:57	00:34:47	00:44:09	00:52:45.25	+00:13:19 (25.2%)	5:16	11.4 (75.0%)
9	SZAFIRSKI Marek	279	CAMINO SŁUPSK	M50-59	9	00:00:23	00:09:09	00:18:25	00:27:56	00:37:22	00:47:01	00:56:38.82	+00:17:12 (30.4%)	5:39	10.6 (69.7%)
10	HNATOWSKI Artur	173	LOVELASYDĄBK	M50-59	10	00:00:26	00:09:11	00:18:27	00:28:12	00:38:25	00:48:31	00:58:06.11	+00:18:39 (32.1%)	5:48	10.3 (67.8%)
11	TRZEŚNIEWSKI Zbigniew	287		M50-59	11	00:00:27	00:10:31	00:20:44	00:31:10	00:41:34	00:52:11	01:02:55.17	+00:23:28 (37.3%)	6:17	9.5 (62.5%)

Znaleziono 11 wynik(ów)