



TROPEM WILCZYM BIEG PAMIĘCI ŻOŁNIERZY WYKLĘTYCH - 10KM

B4SPORT

Event: Tropem Wilczym Bieg Pamięci Żołnierzy Wyklętych
Organiser: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Date: 2019-03-03
Place: Koszalin
Distance: 10 km



Classification: M60-69

Place	Participant	Number	Club	Category	MCat	Start All 0.04km	Start All 1.6km	Start All 3.3km	Start All 4.9km	Start All 6.6km	Start All 8.3km	Net time 10km	Gap	Pace min/km	Pace km/h
1	BIEDRZYCKI Andrzej	319	WYGAN	M60-69	1	00:00:09	00:06:40	00:13:09	00:19:37	00:26:04	00:32:32	00:38:48.27		3:52	15.5 (100%)
2	STACHOWIAK Ryszard	276		M60-69	2	00:00:14	00:07:33	00:15:20	00:23:14	00:31:17	00:39:28	00:47:31.04	+00:08:42 (18.3%)	4:45	12.6 (81.3%)
3	OSOBNIAK Ryszard	246	NIEZRZESZONY	M60-69	3	00:00:24	00:08:34	00:16:47	00:25:04	00:33:30	00:41:57	00:50:22.00	+00:11:33 (23.0%)	5:02	11.9 (76.8%)
4	JUSZCZAK Krzysztof	186		M60-69	4	00:00:29	00:09:07	00:17:56	00:27:06	00:36:22	00:45:47	00:55:21.11	+00:16:32 (29.9%)	5:32	10.8 (69.7%)
5	KARNICKI Zygmunt	190	TKKF KOSZALIN	M60-69	5	00:00:14	00:08:36	00:17:41	00:27:02	00:36:43	00:46:27	00:56:01.28	+00:17:13 (30.7%)	5:36	10.7 (69.0%)
6	HELLER Zdzisław	172	NIEZRZESZONY	M60-69	6	00:00:24	00:10:06	00:20:15	00:30:31	00:40:38	00:50:52	01:01:15.87	+00:22:27 (36.7%)	6:07	9.8 (63.2%)

Total 6 results.