

# TROPEM WILCZYM BIEG PAMIĘCI ŻOŁNIERZY WYKLĘTYCH - 1963 M

B4SPORT  
INTELEGENE ZAWODY SPORTOWE

**Wydarzenie:** TROPEM WILCZYM BIEG PAMIĘCI ŻOŁNIERZY WYKLĘTYCH  
**Organizator:** Fundacja Wolność i Demokracja, KTKKF, Fundacja Herkules All Sports  
**Data:** 2020-03-01  
**Miejsce:** Koszalin  
**Dystans:** 1.963 km



Klasyfikacja: M-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lap 0.3km	Czas netto 1.963km	Różn	Tempo min/km	Tempo km/h
1	KASZUBIAK Klaudiusz	44		M40+	1	00:01:34	<b>00:07:04.30</b>		3:36	16.6 (100%)
2	MUSIAŁ Krzysztof	349	8PPLOT/TKKF KOSZALIN	M40+	2	00:01:33	<b>00:07:17.55</b>	+00:00:13 (3.0%)	3:42	16.1 (97.0%)
3	KORMAN Kamil	57		M18-39	1	00:01:34	<b>00:07:28.80</b>	+00:00:24 (5.5%)	3:49	15.7 (94.6%)
4	LEBIODA Wojciech	42		M14-17	1	00:01:31	<b>00:07:29.20</b>	+00:00:24 (5.5%)	3:49	15.7 (94.6%)
5	SZULC Arek	160	MARYCZ.CO	M40+	3	00:01:38	<b>00:07:31.60</b>	+00:00:27 (6.0%)	3:50	15.6 (94.0%)
6	BIENKOWSKI Tomasz	13	IQ CONSULTING	M18-39	2	00:01:35	<b>00:07:35.75</b>	+00:00:31 (6.9%)	3:52	15.5 (93.4%)
7	SOSNOWSKI Tomasz	122	FPP FUNCTIONAL POLISH PERFORMANCE	M18-39	3	00:01:36	<b>00:07:51.15</b>	+00:00:46 (9.9%)	4:00	15 (90.4%)
8	KUŁAKOWSKI Dawid	70	TKKF KOSZALIN	M40+	4	00:01:39	<b>00:07:56.40</b>	+00:00:52 (10.9%)	4:03	14.8 (89.2%)
9	WEBER Paweł	142	FPP	M18-39	4	00:01:38	<b>00:08:06.20</b>	+00:01:01 (12.7%)	4:07	14.5 (87.3%)
10	WIKTOROWSKI Maciej	147	TAGER SPORT	M40+	5	00:01:40	<b>00:08:24.95</b>	+00:01:20 (16.0%)	4:17	14 (84.3%)
11	NOSAL Mariusz	95		M18-39	5	00:01:40	<b>00:08:25.70</b>	+00:01:21 (16.1%)	4:18	13.9 (83.7%)
12	LASZKIEWICZ Waldemar	73		M40+	6	00:01:46	<b>00:08:33.35</b>	+00:01:29 (17.3%)	4:22	13.7 (82.5%)
13	RADZIMSKI Marcel	109		M14-17	2	00:01:34	<b>00:08:35.90</b>	+00:01:31 (17.8%)	4:23	13.7 (82.5%)
14	TROJAK Jakub	140	WILKI KOSZALIN	M1-13	1	00:01:51	<b>00:08:42.00</b>	+00:01:37 (18.7%)	4:26	13.5 (81.3%)
15	BARTHA Adrian	5		M18-39	7	00:01:45	<b>00:08:49.15</b>	+00:01:44 (19.8%)	4:30	13.3 (80.1%)
16	SZCZEPAŃSKI Mariusz	131	21 BLT ŚWIDWIN	M18-39	6	00:01:44	<b>00:08:47.95</b>	+00:01:43 (19.6%)	4:29	13.4 (80.7%)
17	KOS Alan	59	SP5KOŁOBRZEG	M1-13	2	00:01:52	<b>00:09:15.85</b>	+00:02:11 (23.7%)	4:43	12.7 (76.5%)
18	KAMECKI Marcel	41	SP5KOŁOBRZEG	M1-13	3	00:01:52	<b>00:09:20.75</b>	+00:02:16 (24.3%)	4:45	12.6 (75.9%)
19	ZIELIŃSKI Jacek	157	CSSP	M40+	7	00:02:05	<b>00:09:14.45</b>	+00:02:10 (23.5%)	4:42	12.7 (76.5%)
20	PILAREK Adrian	102		M14-17	3	00:01:52	<b>00:09:27.05</b>	+00:02:22 (25.2%)	4:49	12.4 (74.7%)
21	OLEJNICZAK Alex	98	SP5KOŁOBRZEG	M1-13	4	00:01:56	<b>00:09:43.55</b>	+00:02:39 (27.3%)	4:57	12.1 (72.9%)
22	OSTROWSKI Jacek	99		M18-39	8	00:02:07	<b>00:09:39.45</b>	+00:02:35 (26.8%)	4:55	12.2 (73.5%)
23	BODO Rafał	14	ZOZKOSZ KOSZALIN	M18-39	9	00:02:15	<b>00:09:45.05</b>	+00:02:40 (27.5%)	4:58	12.1 (72.9%)
24	STECURA Bartosz	124		M1-13	5	00:01:41	<b>00:09:52.20</b>	+00:02:47 (28.4%)	5:02	11.9 (71.7%)
25	POMORSKI Łukasz	105	CSSP	M18-39	10	00:02:18	<b>00:09:49.25</b>	+00:02:44 (28.0%)	5:00	12 (72.3%)
26	JONCA Jakub	36		M14-17	4	00:01:31	<b>00:09:58.50</b>	+00:02:54 (29.1%)	5:05	11.8 (71.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lap 0.3km	Czas		Tempo min/km	Tempo km/h
							netto 1.963km	Różn		
27	ZIELIŃSKI Jakub	156		M14-17	5	00:01:53	<b>00:10:20.20</b>	+00:03:15 (31.6%)	5:16	11.4 (68.7%)
28	ŚWIACZYŃSKI Iwo	137		M1-13	7	00:01:55	<b>00:10:25.35</b>	+00:03:21 (32.1%)	5:18	11.3 (68.1%)
29	NIEDŹWIEDŹ Adrian	93		M1-13	6	00:02:03	<b>00:10:24.90</b>	+00:03:20 (32.1%)	5:18	11.3 (68.1%)
30	KAWKA Kacper	46		M1-13	8	00:02:07	<b>00:10:26.60</b>	+00:03:22 (32.3%)	5:19	11.3 (68.1%)
31	HOŁUB Oliwier	35	TORNADO KOSZALIN	M1-13	9	00:02:09	<b>00:10:28.00</b>	+00:03:23 (32.4%)	5:20	11.2 (67.5%)
32	BARTHA Tomasz	6	SP 5 KOŁOBRZEG	M1-13	10	00:02:08	<b>00:10:28.10</b>	+00:03:23 (32.4%)	5:20	11.2 (67.5%)
33	SZWEDA Mateusz	134	WATAHA	M18-39	11	00:02:29	<b>00:10:44.00</b>	+00:03:39 (34.1%)	5:28	11 (66.3%)
34	CHAMERA Tomasz	17	WATAHA	M40+	8	00:02:30	<b>00:10:44.80</b>	+00:03:40 (34.2%)	5:29	10.9 (65.7%)
35	KĘDZIERA Izidor	50		M40+	9	00:02:18	<b>00:10:57.40</b>	+00:03:53 (35.5%)	5:35	10.7 (64.5%)
36	KOWALCZYK Łukasz	61		M1-13	11	00:01:52	<b>00:11:02.80</b>	+00:03:58 (36.0%)	5:37	10.7 (64.5%)
37	KIEDOS Dariusz	51	JW1223	M18-39	12	00:02:30	<b>00:11:08.70</b>	+00:04:04 (36.5%)	5:41	10.5 (63.3%)
38	MALISZEWSKI Łukasz	79	FUNDACJA ZASTOPIJ	M18-39	13	00:02:33	<b>00:11:11.45</b>	+00:04:07 (36.8%)	5:42	10.5 (63.3%)
39	SUMIŃSKI Dawid	128		M18-39	14	00:02:13	<b>00:11:20.25</b>	+00:04:15 (37.6%)	5:46	10.4 (62.7%)
40	SUMIŃSKI Alan	129		M1-13	12	00:02:08	<b>00:11:21.65</b>	+00:04:17 (37.8%)	5:47	10.3 (62.0%)
41	BIELEC Kacper	11		M14-17	6	00:02:07	<b>00:11:24.95</b>	+00:04:20 (38.1%)	5:49	10.3 (62.0%)
42	GRUDZIŃSKI Arkadiusz	33	PIORUN KOSZALIN	M40+	10	00:02:15	<b>00:11:28.70</b>	+00:04:24 (38.4%)	5:51	10.2 (61.4%)
43	STECURA Przemysław	123		M18-39	15	00:02:16	<b>00:11:33.30</b>	+00:04:29 (38.8%)	5:53	10.2 (61.4%)
44	KOWALCZYK Krzysztof	60		M40+	11	00:02:27	<b>00:11:34.20</b>	+00:04:29 (38.9%)	5:54	10.2 (61.4%)
45	ZATORSKI Aleksander	154	SP5KOŁBRZEG	M14-17	7	00:02:25	<b>00:11:38.80</b>	+00:04:34 (39.3%)	5:56	10.1 (60.8%)
46	GŁOWACKI Włodzimierz	31		M40+	12	00:02:22	<b>00:11:41.80</b>	+00:04:37 (39.5%)	5:58	10.1 (60.8%)
47	BIEGAŃSKI Artur	10	CSSP KOSZALIN	M40+	13	00:02:50	<b>00:11:54.60</b>	+00:04:50 (40.6%)	6:04	9.9 (59.6%)
48	KAJKOWSKI Rafał	39	CENTRUM SZKOLENIA SIŁ POWIETRZNYCH KOSZALIN	M40+	14	00:02:50	<b>00:11:55.10</b>	+00:04:50 (40.7%)	6:04	9.9 (59.6%)
49	NADOLNY Krzysztof	92		M18-39	16	00:02:40	<b>00:12:01.70</b>	+00:04:57 (41.2%)	6:08	9.8 (59.0%)
50	SZMYT Hubert	133		M1-13	13	00:02:28	<b>00:12:14.45</b>	+00:05:10 (42.2%)	6:14	9.6 (57.8%)
51	CHORUŻY Zdzisław	24	STOWARZYSZENIE GROT	M40+	15	00:02:29	<b>00:12:20.15</b>	+00:05:15 (42.7%)	6:17	9.5 (57.2%)
52	KWIATKOWSKI Maciej	72	SP5KOŁOBRZEG	M1-13	14	00:02:16	<b>00:12:21.55</b>	+00:05:17 (42.8%)	6:18	9.5 (57.2%)
53	RYBARCZYK Robert	116		M40+	16	00:02:55	<b>00:12:26.35</b>	+00:05:22 (43.1%)	6:20	9.5 (57.2%)
54	RYBARCZYK Miłosz	115		M1-13	15	00:02:56	<b>00:12:26.95</b>	+00:05:22 (43.2%)	6:21	9.4 (56.6%)
55	MAKOWSKI Maksymilian	78		M1-13	16	00:02:27	<b>00:12:31.55</b>	+00:05:27 (43.5%)	6:23	9.4 (56.6%)
56	TESKA Filip	138	TKKF KOSZALIN	M1-13	17	00:02:40	<b>00:12:39.25</b>	+00:05:34 (44.1%)	6:27	9.3 (56.0%)
57	TESKA Bartosz	139	TKKF KOSZALIN	M40+	17	00:02:41	<b>00:12:40.40</b>	+00:05:36 (44.2%)	6:28	9.3 (56.0%)
58	CHILLA Franciszek	20		M1-13	18	00:02:36	<b>00:12:45.85</b>	+00:05:41 (44.6%)	6:30	9.2 (55.4%)
59	ZIELIŃSKI Piotr	155		M40+	18	00:02:42	<b>00:13:11.45</b>	+00:06:07 (46.4%)	6:43	8.9 (53.6%)
60	SKOWRON Adam	117	TATA I SPÓŁKA	M40+	19	00:02:41	<b>00:13:33.80</b>	+00:06:29 (47.9%)	6:54	8.7 (52.4%)
61	SUDER-MAKSYMOWICZ Filip	127	KMKL SZTORM KOŁOBRZEG	M1-13	19	00:03:10	<b>00:13:35.60</b>	+00:06:31 (48.0%)	6:56	8.6 (51.8%)
62	KONSEK Jakub	54		M1-13	20	00:02:21	<b>00:13:38.00</b>	+00:06:33 (48.1%)	6:57	8.6 (51.8%)
63	SMOLIŃSKI Kornel	118		M1-13	21	00:02:13	<b>00:13:40.80</b>	+00:06:36 (48.3%)	6:58	8.6 (51.8%)
64	DUŚKO Igor	27	SZKOŁA NR 18 KOSZALIN	M1-13	22	00:02:42	<b>00:13:50.20</b>	+00:06:45 (48.9%)	7:03	8.5 (51.2%)
65	ŚCIEPŁEK Mateusz	136	FUNDACJA ZASTOPIJ	M18-39	17	00:02:39	<b>00:14:09.65</b>	+00:07:05 (50.1%)	7:13	8.3 (50.0%)
66	OLCZYKOWSKI Bartosz	97		M40+	20	00:02:52	<b>00:14:23.85</b>	+00:07:19 (50.9%)	7:20	8.2 (49.4%)
67	WESOŁOWSKI Krzysztof	145	KOSZALIN	M14-17	8	00:02:53	<b>00:14:29.60</b>	+00:07:25 (51.2%)	7:23	8.1 (48.8%)
68	KOPEĆ Gracjan	55		M1-13	23	00:02:51	<b>00:14:30.40</b>	+00:07:26 (51.3%)	7:23	8.1 (48.8%)
69	KOPEĆ Krzysztof	56		M40+	21	00:02:52	<b>00:14:30.50</b>	+00:07:26 (51.3%)	7:24	8.1 (48.8%)
70	ZATOŃ Marcelin	152		M1-13	24	00:02:42	<b>00:14:37.05</b>	+00:07:32 (51.6%)	7:27	8 (48.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lap 0.3km	Czas		Tempo min/km	Tempo km/h
							netto 1.963km	Różn		
71	<b>MAMROCHA Mirosław</b>	<b>81</b>		M40+	22	00:02:37	<b>00:14:46.85</b>	+00:07:42 (52.2%)	7:32	8 (48.2%)
72	<b>ROGULSKI Romuald</b>	<b>337</b>		M40+	23	00:02:34	<b>00:15:08.00</b>	+00:08:03 (53.3%)	7:43	7.8 (47.0%)
73	<b>RÓG Wiktor</b>	<b>113</b>	HAPPYDAYS	M1-13	25	00:03:10	<b>00:15:11.80</b>	+00:08:07 (53.5%)	7:45	7.7 (46.4%)
74	<b>WALO Zbigniew</b>	<b>141</b>		M40+	24	00:03:15	<b>00:15:26.35</b>	+00:08:22 (54.2%)	7:52	7.6 (45.8%)
75	<b>POZIOMKOWSKI Marian</b>	<b>107</b>	STOWARZYSZENIE GROT	M18-39	18	00:03:08	<b>00:15:32.50</b>	+00:08:28 (54.5%)	7:56	7.6 (45.8%)
76	<b>MAŚLANY Sławomir</b>	<b>84</b>		M40+	25	00:02:50	<b>00:15:58.40</b>	+00:08:54 (55.7%)	8:08	7.4 (44.6%)
77	<b>BARTHA Paweł</b>	<b>7</b>	SP 5 KOŁOBRZEG	M1-13	26	00:02:48	<b>00:16:26.80</b>	+00:09:22 (57.0%)	8:23	7.2 (43.4%)
78	<b>POLAN Ignacy</b>	<b>104</b>		M1-13	27	00:02:50	<b>00:17:34.45</b>	+00:10:30 (59.8%)	8:58	6.7 (40.4%)
79	<b>POLAN Jarosław</b>	<b>103</b>		M40+	26		<b>00:17:45.00</b>	+00:10:40 (60.2%)	9:03	6.6 (39.8%)
80	<b>KULAWIŃSKI Mikołaj</b>	<b>69</b>		M1-13	28	00:03:44	<b>00:19:29.50</b>	+00:12:25 (63.7%)	9:56	6 (36.1%)
81	<b>SOBIERAJSKI Bartosz</b>	<b>121</b>	CSSP	M18-39	19					(0.0%)
82	<b>BIELSKI Łukasz</b>	<b>12</b>	CSSP	M18-39	20					(0.0%)

Znaleziono 82 wynik(ów)