



TROPEM WILCZYM BIEG PAMIĘCI ŻOŁNIERZY WYKLĘTYCH - 1963M

B4SPORT

Event: Tropem Wilczym Bieg Pamięci Żołnierzy Wyklętych
Organiser: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Date: 2019-03-03
Place: Koszalin
Distance: 1.963 km



Classification: All

Place	Participant	Number	Club	Category	MCat	Start_All 0.3km	Net time 1.963km	Gap	Pace min/km	Pace km/h
1	LEBIODA Wojciech	51		M14-17	1	00:01:08	00:06:50.72		3:29	17.2 (100%)
2	BESZTERDA Jakub	5	BĄŁTYK KOSZALIN	M14-17	2	00:01:08	00:07:05.13	+00:00:14 (3.4%)	3:36	16.6 (96.5%)
3	BIĘNKOWSKI Tomasz	135		M18-39	1	00:01:09	00:07:28.01	+00:00:37 (8.3%)	3:48	15.8 (91.9%)
4	LIPSKI Michał	54		M18-39	2	00:01:15	00:07:35.14	+00:00:44 (9.8%)	3:52	15.5 (90.1%)
5	KUŁAKOWSKI Dawid	48	TKKF KOSZALIN	M40+	1	00:01:15	00:07:35.49	+00:00:44 (9.8%)	3:52	15.5 (90.1%)
6	RAGAN Alan	91		M14-17	3	00:01:16	00:07:35.81	+00:00:45 (9.9%)	3:52	15.5 (90.1%)
7	JARECKI Konrad	34		M14-17	4	00:01:07	00:07:46.27	+00:00:55 (11.9%)	3:57	15.1 (87.8%)
8	WEBER Paweł	117	ENERGON	M18-39	3	00:01:15	00:07:49.67	+00:00:58 (12.6%)	3:59	15 (87.2%)
9	BOBER Jakub	9		M18-39	4	00:01:13	00:07:51.28	+00:01:00 (12.9%)	4:00	15 (87.2%)
10	RADZIMSKI Marcel	90		M14-17	5	00:01:20	00:08:30.01	+00:01:39 (19.5%)	4:20	13.8 (80.2%)
11	BARTHA Adrian	2		M18-39	5	00:01:29	00:08:30.23	+00:01:39 (19.5%)	4:20	13.8 (80.2%)
12	WIECHOWSKA Zuzanna	118	SZKOŁA PODSTAWOWA NR 5 KOSZALIN	K13	1	00:01:22	00:08:34.07	+00:01:43 (20.1%)	4:22	13.7 (79.7%)
13	GREMBLEWSKI Dariusz	80	KAMIEŃ RYMAŃSKI	M40+	2	00:01:16	00:08:47.78	+00:01:57 (22.2%)	4:29	13.4 (77.9%)
14	WRÓBLEWSKI Mateusz	119		M14-17	6	00:01:38	00:08:55.10	+00:02:04 (23.2%)	4:32	13.2 (76.7%)
15	ZATORSKI Aleksander	122	SZKOŁA PODSTAWOWA NR 5 KOŁOBRZEG	M13	1	00:01:31	00:08:56.18	+00:02:05 (23.4%)	4:33	13.2 (76.7%)
16	CZERNIAWSKI Lech	24	BIEGAMY NA WSZELKI WYPADEK	M18-39	6	00:01:40	00:08:56.39	+00:02:05 (23.4%)	4:33	13.1 (76.2%)
17	BARANEK Aleksandra	1	MIEJSKI KLUB PŁYWACKI SZCZECINEK	K14-17	1	00:01:22	00:08:56.44	+00:02:05 (23.4%)	4:33	13.1 (76.2%)
18	SOMINKA Marcin	104		M14-17	7	00:01:12	00:08:56.75	+00:02:06 (23.5%)	4:33	13.1 (76.2%)
19	PILAREK Adrian	84		M13	2	00:01:25	00:09:03.58	+00:02:12 (24.4%)	4:37	13 (75.6%)
20	BIELEC Kacper	129		M14-17	8	00:01:09	00:09:11.57	+00:02:20 (25.5%)	4:41	12.8 (74.4%)
21	OSTROWSKI Jacek	79	START	M18-39	7	00:01:36	00:09:12.05	+00:02:21 (25.6%)	4:41	12.8 (74.4%)
22	WĄSIK Jakub	116		M13	3	00:01:17	00:09:13.03	+00:02:22 (25.7%)	4:42	12.8 (74.4%)
23	URBANIAK Szymon	288	CSSP KOSZALIN	M18-39	8	00:01:39	00:09:13.03	+00:02:22 (25.7%)	4:42	12.8 (74.4%)
24	KAZIMIERCZAK Leszek	193	CSSP KOSZALIN	M18-39	9	00:01:40	00:09:13.23	+00:02:22 (25.8%)	4:42	12.7 (73.8%)
25	KUBIAK Monika	47		K18-39	1	00:01:25	00:09:20.35	+00:02:29 (26.7%)	4:46	12.6 (73.3%)
26	LEWANDOWSKA Julia	53		K14-17	2	00:01:23	00:09:21.80	+00:02:31 (26.9%)	4:46	12.6 (73.3%)

Place	Participant	Number	Club	Category	MCat	Start		Net time	Gap	Pace min/km	Pace km/h
						All	0.3km				
27	CZYŻYKOWSKI Łukasz	148		M18-39	10	00:01:40	00:09:23.26	+00:02:32 (27.1%)	4:47	12.5 (72.7%)	
28	KAMECKI Marcel	40	SZKOŁA PODSTAWOWA NR 5 KOŁOBRZEG	M13	4	00:01:34	00:09:25.89	+00:02:35 (27.4%)	4:48	12.5 (72.7%)	
29	OLEJNICZAK Alex	77	SZKOŁA PODSTAWOWA NR 5 KOŁOBRZEG	M13	5	00:01:30	00:09:26.79	+00:02:36 (27.5%)	4:49	12.4 (72.1%)	
30	ŚWIACZYŃSKI Iwo	109		M13	6	00:01:22	00:09:38.12	+00:02:47 (29.0%)	4:54	12.2 (70.9%)	
31	POMORSKI Łukasz	87	CSSP KOSZALIN	M18-39	11	00:01:42	00:09:38.18	+00:02:47 (29.0%)	4:54	12.2 (70.9%)	
32	BIELSKI Łukasz	6	CSSP KOSZALIN	M18-39	12	00:01:44	00:09:39.37	+00:02:48 (29.1%)	4:55	12.2 (70.9%)	
33	CYWIŃSKA Julia	20	ULKS BARWICE	K13	2	00:01:30	00:09:39.50	+00:02:48 (29.1%)	4:55	12.2 (70.9%)	
34	MYSZYŃSKA Emilka	71	SZKOŁA PODSTAWOWA NR 5 KOŁOBRZEG	K13	3	00:01:29	00:09:47.18	+00:02:56 (30.1%)	4:59	12 (69.8%)	
35	MUCHA Maja	68		K13	4	00:01:49	00:09:49.75	+00:02:59 (30.4%)	5:01	12 (69.8%)	
36	KOS Alan	44	SZKOŁA PODSTAWOWA NR 5 KOŁOBRZEG	M13	7	00:01:26	00:09:50.52	+00:02:59 (30.4%)	5:01	11.9 (69.2%)	
37	MUCHA Dawid	69		M13	8	00:01:49	00:09:52.63	+00:03:01 (30.7%)	5:02	11.9 (69.2%)	
38	ZIELIŃSKI Jakub	125	SP 10 KOSZALIN	M14-17	9	00:01:32	00:09:57.01	+00:03:06 (31.2%)	5:04	11.8 (68.6%)	
39	PAWŁOWSKA Urszula	81		K18-39	2	00:01:33	00:09:58.25	+00:03:07 (31.3%)	5:05	11.8 (68.6%)	
40	GŁOWACKI Włodzimierz	26		M40+	3	00:01:35	00:10:08.88	+00:03:18 (32.5%)	5:10	11.6 (67.4%)	
41	ZŁOTOWICZ Tomasz	128	PREPS	M18-39	13	00:01:47	00:10:10.13	+00:03:19 (32.7%)	5:11	11.6 (67.4%)	
42	ZIMNOWŁOCKI Mariusz	127	DEAF KOSZALIN	M18-39	14	00:01:49	00:10:24.61	+00:03:33 (34.2%)	5:18	11.3 (65.7%)	
43	RUCHWA Szymon	97	SP18	M14-17	10	00:01:28	00:10:26.57	+00:03:35 (34.4%)	5:19	11.3 (65.7%)	
44	SOBALA Anna	103		K18-39	3	00:01:44	00:10:29.24	+00:03:38 (34.7%)	5:20	11.2 (65.1%)	
45	POPOWICZ Julia	88		K14-17	3	00:01:38	00:10:29.76	+00:03:39 (34.8%)	5:21	11.2 (65.1%)	
46	BARTHA Tomasz	3	SZKOŁA PODSTAWOWA NR 5 KOŁOBRZEG	M13	9	00:01:47	00:10:30.88	+00:03:40 (34.9%)	5:21	11.2 (65.1%)	
47	NAGŁA Daria	73		K13	5	00:01:39	00:10:34.44	+00:03:43 (35.3%)	5:23	11.1 (64.5%)	
48	SEEWALD Julia	101	ZAKWAS	K13	6	00:01:45	00:10:36.77	+00:03:46 (35.5%)	5:25	11.1 (64.5%)	
49	ZIĘBA Oliwia	126		K13	7	00:01:25	00:10:37.47	+00:03:46 (35.6%)	5:25	11.1 (64.5%)	
50	RATKOWSKA Katarzyna	93		K14-17	4	00:01:27	00:10:39.03	+00:03:48 (35.7%)	5:26	11 (64.0%)	
51	FRANKOWSKI Karol	25		M18-39	15	00:02:05	00:10:43.37	+00:03:52 (36.2%)	5:28	11 (64.0%)	
52	MICHALCZYK Małgorzata	62	JW1223	K18-39	4	00:01:57	00:10:44.18	+00:03:53 (36.2%)	5:28	11 (64.0%)	
53	YAKUBOVSKA Kateryna	42		K13	8	00:01:20	00:10:44.71	+00:03:53 (36.3%)	5:28	11 (64.0%)	
54	SUDER-MAKSYMOWICZ Monika	108		K18-39	5	00:01:44	00:10:50.28	+00:03:59 (36.8%)	5:31	10.9 (63.4%)	
55	RYBARCZYK Miłosz	98		M13	10	00:01:48	00:10:56.73	+00:04:06 (37.5%)	5:35	10.7 (62.2%)	
56	RAJKOWSKA Wiktoria	92		K13	9	00:01:35	00:10:57.59	+00:04:06 (37.5%)	5:35	10.7 (62.2%)	
57	GÓRAL Julia	28		K13	10	00:01:40	00:10:58.75	+00:04:08 (37.7%)	5:36	10.7 (62.2%)	
58	CZACHOWSKI Szymon	21		M13	11	00:01:21	00:10:58.82	+00:04:08 (37.7%)	5:36	10.7 (62.2%)	
59	RYBARCZYK Robert	100		M40+	4	00:01:49	00:11:00.09	+00:04:09 (37.8%)	5:37	10.7 (62.2%)	
60	RYBARCZYK Joanna	99		K40+	1	00:01:51	00:11:02.40	+00:04:11 (38.0%)	5:37	10.7 (62.2%)	
61	LEMAŃCZYK Andrzej	215	CSSP KOSZALIN	M18-39	16	00:02:09	00:11:04.66	+00:04:13 (38.2%)	5:39	10.6 (61.6%)	
62	CHORUŻY Zdzisław	16	STOWARZYSZENIE GROT	M40+	5	00:01:53	00:11:06.96	+00:04:16 (38.4%)	5:40	10.6 (61.6%)	
63	CHORUŻY Julia	18	STOWARZYSZENIE GROT	K13	11	00:01:54	00:11:07.18	+00:04:16 (38.4%)	5:40	10.6 (61.6%)	
64	MOSAKOWSKI Emilian	67		M13	12	00:01:48	00:11:12.95	+00:04:22 (39.0%)	5:43	10.5 (61.0%)	
65	NIEDŹWIEDŹ Adrian	74		M13	13	00:01:39	00:11:16.75	+00:04:26 (39.3%)	5:45	10.4 (60.5%)	
66	SUDER-MAKSYMOWICZ Filip	107	SP USTRONIE MORSKIE	M13	14	00:01:45	00:11:22.74	+00:04:32 (39.8%)	5:48	10.3 (59.9%)	
67	SZATKIEWCZ Weronika	130		K13	12	00:01:37	00:11:22.91	+00:04:32 (39.9%)	5:48	10.3 (59.9%)	
68	TRYBUŁA Michelle	113		K13	13	00:01:34	00:11:23.16	+00:04:32 (39.9%)	5:48	10.3 (59.9%)	
69	SMAGOWSKI Kacper	102		M13	15	00:01:47	00:11:23.67	+00:04:32 (39.9%)	5:48	10.3 (59.9%)	
70	PRZEWOŹNIAK Anna	89		K13	14	00:01:39	00:11:27.09	+00:04:36 (40.2%)	5:50	10.3 (59.9%)	

Place	Participant	Number	Club	Category	MCat	Start	Net	Gap	Pace	Pace
						All	time			
						0.3km	1.963km		min/km	km/h
71	MONGIAŁO Maja	66	SZKOŁA PODSTAWOWA NR 7 KOSZALIN	K13	15	00:01:50	00:11:36.06	+00:04:45 (41.0%)	5:55	10.1 (58.7%)
72	PIECYCHNA Agata	83		K40+	2	00:01:52	00:11:39.44	+00:04:48 (41.3%)	5:56	10.1 (58.7%)
73	KOWALCZYK Maciej	46		M40+	6	00:01:57	00:11:41.07	+00:04:50 (41.4%)	5:57	10.1 (58.7%)
74	KOWALCZYK Marcel	45		M13	16	00:01:58	00:11:41.79	+00:04:51 (41.5%)	5:58	10.1 (58.7%)
75	PERIŻOK-KOWALCZYK Magdalena	82		K40+	3	00:01:59	00:11:41.98	+00:04:51 (41.5%)	5:58	10.1 (58.7%)
76	BUDNIK Katarzyna	12		K18-39	6	00:02:10	00:11:42.03	+00:04:51 (41.5%)	5:58	10.1 (58.7%)
77	BOBER Sebastian	8		M40+	7	00:02:10	00:11:43.04	+00:04:52 (41.6%)	5:58	10 (58.1%)
78	ZBLEWSKA Wiktoria	123		K13	16	00:01:39	00:11:47.21	+00:04:56 (41.9%)	6:00	10 (58.1%)
79	HEJNOWSKA Natalia	30		K13	17	00:01:40	00:11:48.04	+00:04:57 (42.0%)	6:01	10 (58.1%)
80	TESKA Filip	111		M13	17	00:02:06	00:11:49.19	+00:04:58 (42.1%)	6:01	10 (58.1%)
81	TESKA Bartosz	112		M40+	8	00:02:05	00:11:49.20	+00:04:58 (42.1%)	6:01	10 (58.1%)
82	MYSZYŃSKA Natalia	72	SZKOŁA PODSTAWOWA NR 5 KOŁOBRZEG	K14-17	5	00:01:33	00:11:57.27	+00:05:06 (42.7%)	6:05	9.8 (57.0%)
83	MUCHA Anna	70		K40+	4	00:01:50	00:12:11.73	+00:05:21 (43.9%)	6:13	9.6 (55.8%)
84	MAZURKIEWICZ Julia	61		K13	18	00:01:40	00:12:11.93	+00:05:21 (43.9%)	6:13	9.6 (55.8%)
85	CHILLA Zofia	14		K13	19	00:01:58	00:12:12.58	+00:05:21 (43.9%)	6:13	9.6 (55.8%)
86	ZIELIŃSKI Piotr	124		M40+	9	00:02:00	00:12:15.71	+00:05:24 (44.2%)	6:15	9.6 (55.8%)
87	DUSKO Igor	114		M13	18	00:01:48	00:12:16.02	+00:05:25 (44.2%)	6:15	9.6 (55.8%)
88	KUCZYŃSKA Dorota	254		K40+	5	00:01:51	00:12:16.44	+00:05:25 (44.2%)	6:16	9.6 (55.8%)
89	KARNICKI Artur	41		M40+	10	00:02:05	00:12:17.38	+00:05:26 (44.3%)	6:16	9.6 (55.8%)
90	STRUKIEL Wiktor	105	PRZEDSZKOLE NR 13, GRUPA JEZYKI	M13	19	00:02:10	00:12:24.98	+00:05:34 (44.9%)	6:20	9.5 (55.2%)
91	CHILLA Danuta	13		K18-39	7	00:02:01	00:12:25.91	+00:05:35 (44.9%)	6:20	9.5 (55.2%)
92	CHILLA Franciszek	15		M13	20	00:02:01	00:12:26.84	+00:05:36 (45.0%)	6:20	9.5 (55.2%)
93	USTASZEWSKI Aleksander	115	ZAKWAS	M13	21	00:02:02	00:12:34.79	+00:05:44 (45.6%)	6:24	9.4 (54.7%)
94	MICHALSKA Anna	63		K13	20	00:02:06	00:12:43.12	+00:05:52 (46.2%)	6:29	9.2 (53.5%)
95	MICHALSKA Monika	64		K40+	6	00:02:06	00:12:43.41	+00:05:52 (46.2%)	6:29	9.2 (53.5%)
96	MAŚLANY Sławomir	59		M40+	11	00:02:19	00:13:11.25	+00:06:20 (48.1%)	6:43	8.9 (51.7%)
97	POLAN Jarosław	85		M40+	12	00:01:53	00:13:20.82	+00:06:30 (48.7%)	6:48	8.8 (51.2%)
98	POLAN Ignacy	86		M13	22	00:02:16	00:13:22.20	+00:06:31 (48.8%)	6:49	8.8 (51.2%)
99	KORZENIOWSKA Aleksandra	43	SZKOŁA PODSTAWOWA NR 5 KOŁOBRZEG	K13	21	00:02:04	00:13:25.51	+00:06:34 (49.0%)	6:51	8.8 (51.2%)
100	KWIATKOWSKA Julia	50	SZKOŁA PODSTAWOWA NR 5 KOŁOBRZEG	K13	22	00:02:04	00:13:27.39	+00:06:36 (49.1%)	6:51	8.7 (50.6%)
101	ROKOSZ Oliwia	96	DOUGLAS KOSZALIN	K18-39	8	00:02:19	00:13:33.75	+00:06:43 (49.5%)	6:55	8.7 (50.6%)
102	ROKOSZ Oliwier	94	AP BAŁTYK KOSZALIN	M13	23	00:02:20	00:13:35.54	+00:06:44 (49.6%)	6:56	8.6 (50.0%)
103	NOSAL Martyna	75	MIEJSKI KLUB PŁYWACKI W SZCZECINEK	K13	23	00:02:16	00:13:40.01	+00:06:49 (49.9%)	6:58	8.6 (50.0%)
104	NOSAL Anna	76		K18-39	9	00:02:17	00:13:41.93	+00:06:51 (50.0%)	6:59	8.6 (50.0%)
105	CHORUŻY Karolina	17	STOWARZYSZENIE GROT	K18-39	10	00:02:15	00:13:42.76	+00:06:52 (50.1%)	6:59	8.6 (50.0%)
106	CZERNIAWSKI Marek	23	BIEGAMY NA WSZELKI WYPADEK	M40+	13	00:02:20	00:13:50.78	+00:07:00 (50.6%)	7:03	8.5 (49.4%)
107	CZERNIAWSKA Jolanta	22	BIEGAMY NA WSZELKI WYPADEK	K40+	7	00:02:19	00:13:50.86	+00:07:00 (50.6%)	7:03	8.5 (49.4%)
108	LESISZ Aleksandra	52		K13	24	00:02:08	00:14:15.72	+00:07:25 (52.0%)	7:16	8.2 (47.7%)
109	BODO Anastazja	11	SP 3 KOSZALIN	K13	25	00:02:23	00:14:51.62	+00:08:00 (53.9%)	7:35	7.9 (45.9%)
110	BODO Rafał	10		M18-39	17	00:02:22	00:14:51.67	+00:08:00 (53.9%)	7:34	7.9 (45.9%)
111	MAZUREK Hanna	60	ROZBIEGANY KOSZALIN	K14-17	6	00:02:33	00:15:38.38	+00:08:47 (56.2%)	7:58	7.5 (43.6%)
112	ROKOSZ Dominika	95	KING DANCE	K13	26	00:02:59	00:16:00.43	+00:09:09 (57.2%)	8:10	7.3 (42.4%)
113	JAGŁA Rafał	31	RADMOR TAXI	M18-39	18	00:02:06	00:16:15.79	+00:09:25 (57.9%)	8:17	7.2 (41.9%)
114	BARTNIK Marian	4	TKKF KOSZALIN	M40+	14	00:03:08	00:17:39.65	+00:10:48 (61.2%)	9:00	6.7 (39.0%)

Place	Participant	Number	Club	Category	MCat	Start	All	Net	Gap	Pace	Pace
						0.3km	1.963km	time			
115	BŁASZCZYK Mateusz	7		M13	24	00:02:32		00:17:55.59	+00:11:04 (61.8%)	9:08	6.6 (38.4%)
116	MAKOWSKA Monika	58		K18-39	11	00:02:32		00:17:56.45	+00:11:05 (61.8%)	9:08	6.6 (38.4%)
117	STRUKIEL Zuzanna	106	PRZEDSZKOLE NR 13, GRUPA PSZCZÓŁKI	K13	27	00:02:55		00:18:01.08	+00:11:10 (62.0%)	9:11	6.5 (37.8%)

Total 117 results.