



TROPEM WILCZYM BIEG PAMIĘCI ŻOŁNIERZY WYKLĘTYCH - 1963M

B4SPORT

Event: Bieg Pamięci Żołnierzy Wyklętych - Koszalin
Organiser: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej, Fundacja Herkules All Sports
Date: 2021-08-15
Place: Koszalin
Distance: 1.963 km



Classification: M-OPEN

Place	Participant	Number	Club	Category	MCat	Lap1 1km	Net time 1.963km	Gap	Pace min/km	Pace km/h
1	SOSNOWSKI Tomasz	38	FPP	M18-39	1	00:03:17	00:06:58.45		3:32	16.9 (100%)
2	KISIEL Marcin	16	FENIKS SWIDWIN	M40+	1	00:03:27	00:07:26.30	+00:00:27 (6.2%)	3:47	15.8 (93.5%)
3	WEBER Paweł	44		M18-39	2	00:03:33	00:07:35.65	+00:00:37 (8.2%)	3:51	15.5 (91.7%)
4	POMORSKI Łukasz	36	CSSP KOSZALIN	M18-39	3	00:03:51	00:07:57.70	+00:00:59 (12.4%)	4:02	14.8 (87.6%)
5	BIJAK Bartłomiej	1	KS PENTATHLON	M13	1	00:03:52	00:08:04.85	+00:01:06 (13.7%)	4:06	14.6 (86.4%)
6	CZYŻYKOWSKI Łukasz	6	CSSP KOSZALIN	M18-39	4	00:04:13	00:08:31.95	+00:01:33 (18.3%)	4:20	13.8 (81.7%)
7	GONTARZ Wojciech	9		M18-39	5	00:04:08	00:08:41.80	+00:01:43 (19.8%)	4:25	13.6 (80.5%)
8	OSTROWSKI Jacek	33	14ZBOT 142BLP	M18-39	6	00:04:19	00:08:49.30	+00:01:50 (20.9%)	4:29	13.4 (79.3%)
9	ZIELIŃSKI Jakub	50		M14-17	1	00:04:18	00:09:08.00	+00:02:09 (23.6%)	4:39	12.9 (76.3%)
10	SUDER-MAKSYMOWICZ Feliks	40	UKS SOKÓŁ	M13	2	00:04:35	00:09:36.20	+00:02:37 (27.4%)	4:53	12.3 (72.8%)
11	KAJKOWSKI Rafał	14	CENTRUM SZKOLENIA SIŁ POWIETRZNYCH KOSZALIN	M40+	2	00:04:38	00:09:46.90	+00:02:48 (28.7%)	4:58	12.1 (71.6%)
12	SUDER-MAKSYMOWICZ Filip	39		M13	3	00:04:57	00:09:58.40	+00:02:59 (30.1%)	5:04	11.8 (69.8%)
13	GŁOWACKI Włodzimierz	8		M40+	3	00:04:53	00:10:03.90	+00:03:05 (30.7%)	5:07	11.7 (69.2%)
14	KOZAK Filip	21		M13	4	00:05:04	00:10:37.95	+00:03:39 (34.4%)	5:24	11.1 (65.7%)
15	OLCZYKOWSKI Bartosz	32	UZDROWISKO DĄBK	M40+	4	00:05:18	00:10:38.65	+00:03:40 (34.5%)	5:25	11.1 (65.7%)
16	MAMROCHA Mirosław	24	MIROSŁAW MAMROCHA	M40+	5	00:05:18	00:10:51.60	+00:03:53 (35.8%)	5:31	10.9 (64.5%)
17	ZIMNICKI Maciej	51	INDYWIDUALNIE	M40+	6	00:05:16	00:11:26.75	+00:04:28 (39.1%)	5:49	10.3 (60.9%)
18	KOPEĆ Gracjan	18		M13	5	00:05:05	00:11:36.95	+00:04:38 (40.0%)	5:54	10.2 (60.4%)
19	KOPEĆ Krzysztof	58		M40+	7	00:05:15	00:11:37.15	+00:04:38 (40.0%)	5:55	10.1 (59.8%)
20	SZWED Krzysztof	43		M14-17	2	00:05:00	00:11:40.80	+00:04:42 (40.3%)	5:56	10.1 (59.8%)
21	POLAN Ignacy	35		M13	6	00:05:19	00:11:41.40	+00:04:42 (40.3%)	5:57	10.1 (59.8%)
22	POLAN Jarosław	34		M40+	8	00:05:48	00:12:08.00	+00:05:09 (42.5%)	6:10	9.7 (57.4%)
23	MAŚLANY Sławomir	27		M40+	9	00:05:50	00:12:18.75	+00:05:20 (43.4%)	6:15	9.6 (56.8%)
24	INGRAM Grzegorz	10	MIWO PRASZKA	M18-39	7	00:06:28	00:12:48.75	+00:05:50 (45.6%)	6:31	9.2 (54.4%)
25	ZIELIŃSKI Piotr	49		M40+	10	00:05:46	00:12:50.25	+00:05:51 (45.7%)	6:32	9.2 (54.4%)
26	KOWALCZYK Konrad	20		M13	7	00:06:06	00:14:00.80	+00:07:02 (50.2%)	7:07	8.4 (49.7%)

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27	MRUGALSKI Damian	54		M18-39	8	00:07:00	00:14:21.10	+00:07:22 (51.4%)	7:18	8.2 (48.5%)
28	SZCZEPAŃSKI Krzysztof	42	KRZYSZTOF SZCZEPAŃSKI	M18-39	9	00:07:17	00:15:04.70	+00:08:06 (53.7%)	7:40	7.8 (46.2%)
29	INGRAM Dawid	11	MIWO PRASZKA	M13	8	00:12:49		+	12:49	4.7 (27.8%)
30	MICHALAK Damian	28	DAMIAN MICHALAK	M18-39	10	00:13:17		+	13:17	4.5 (26.6%)
DNC	ŻMUDA Tomasz	52		M40+						(0.0%)

Total 31 results.